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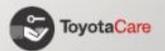
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**Cover:** An eco-adventurer enjoys a Sonoma Canopy Tours zipline in Sonoma County, California. Photo by Emily Blake.

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Glenn Johnson

## Waste Not



*You wouldn't expect an executive VP and general counsel to sift through trash on the job, but that's the case with Keith Loveless, as he relates below. It's all in a day's work as he aims to further reduce Alaska Airlines and Horizon Air's environmental footprint.*

—Glenn Johnson, Horizon Air President and Alaska Air Group EVP

A few years back, I was waist deep in waste, sorting through a garbage bin at one of our airports after the trash had been taken off the airplanes. Half-eaten meals, crumpled napkins, wads of newspapers and sticky soda cups. As I waded and sniffed and sorted, I knew we had to do more about all the trash that we, as airlines, send to landfills. Diving into trash bins is one of the most fun parts of my job as executive sponsor of our sustainability program at Alaska Airlines.

In 2004, we made a strategic decision to be *the* industry leader in environmental stewardship. The reasons are simple: Our employees expect it. Our customers in the beautiful locations where we fly expect it. And it's the right thing to do.

Sustainability is about more than being green, though. Being sustainable is also about treating people right by providing a safe work environment and seeking diversity in our hiring of employees and suppliers. And it is about creating a successful business so we can assure good-paying jobs and fully fund pensions. Thinking long term and integrating sustainable practices and policies throughout our business helps us become more efficient. Being efficient lowers our costs so that, among other things, we can offer you low fares, pay our people well and support worthwhile organizations in the communities we serve.

But in recognition of Earth Day last month, I want to focus here on our environmental efforts and the four areas where we have the greatest impacts: emissions from aircraft and vehicles; waste; energy use in our buildings; and consumption of materials. Our 2013 Sustainability Report, which we released last month, establishes ambitious 2020 goals to reduce our negative impacts. I'm very proud of the progress we've made.

With our new aircraft fleet and aerodynamic improvements, and by flying more efficiently, we've reduced our emissions and fuel consumption by more than 31 percent over the past 10 years (measured by flying you and each of your fellow passengers one

mile). These improvements led the International Council on Clean Transportation to rank Alaska as the most fuel-efficient domestic airline in 2013. We've committed to reducing our fuel consumption (and associated emissions) by another 20 percent by 2020 (measured again by flying each of our passengers one mile).

On the ground, we're making improvements to reduce the emissions from our vehicle fleet by switching to electric vehicles. In 2012, we purchased more than 200 new pieces of electric ground-support equipment for our Sea-Tac Airport operation, and we introduced two solar-powered units last year.

I'm especially proud of our inflight recycling program. Alaska and Horizon are the only airlines that recycle on every domestic flight. Through the efforts of our flight attendants, kitchens and catering staff, we've cut the amount of waste sent to landfills by more than half per passenger since 2010. And we're committed to reducing it by 70 percent by 2020.

To supplement our new environmental commitments, we're partnering this month with The Nature Conservancy to support a conservation project in one of the areas we serve. Vote for one of six projects on the Alaska Airlines Facebook page, and we'll support the one with the most "likes."

In this way, you can join our efforts to help our planet. And if you'd like to know more about our sustainability programs, our full report is at [alaskaair.com/sustainability](http://alaskaair.com/sustainability). Thanks for doing your part, and thanks for flying with us today.

—Keith Loveless

### 4 WAYS YOU CAN HELP US

- ▶ **Pack light.** If every one of our passengers packed just 2 pounds less, we'd reduce our carbon dioxide emissions by the equivalent of burning 32 railcars' worth of coal.
- ▶ **Download our mobile app** on [alaskaair.com](http://alaskaair.com) to eliminate paper boarding passes.
- ▶ **Pack an empty water bottle** and fill it up after passing through security to save disposable bottles.
- ▶ **Separate your recyclables**—bottles, cans, paper and cups—from your trash before handing them to your flight attendant.

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[1] Lease details

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MAMMOTH, CA

Mammoth Motocross

Many of the up-and-coming stars in the sport of motocross are expected to compete in the 2014 Monster Energy Mammoth Motocross, June 20-29. The oldest continually running motocross event in the United States will be held outside the resort community of Mammoth Lakes, California, and will include racing, activities and entertainment. Race categories include men and women, with separate races for



professional and amateur riders, and all competitors are divided into categories based on age and engine size. There will also be an American Motorcyclist Association's Women's Motocross Series race on Sunday, June 29. Other events will include live music, pit bike races and various family activities. Contact: 760-934-0605; mammothmotocross.com.

—Zachary Stringham

CLOCKWISE: COURTESY MAMMOTH MOTOCROSS; COURTESY OMSI (2)

PORTLAND, OR

Dinosaurs roar to life at OMSI

Exhibit details the connection between dinosaurs and birds



Experience lifelike dinosaurs, complete with skin, feathers, sounds and movements at the Oregon Museum of Science and Industry (OMSI), May 23–September 2.

The traveling exhibit “Dinosaurs Unearthed” will feature 15 animatronic versions of the mighty lizards presented alongside bone-cast skeletons and actual fossils.

Focusing on the evolution of ancient dinosaurs into modern-day birds, the exhibit helps explain the similarities between the reptiles and their modern avian descendants. It offers surprising new insights into the largest creatures to ever exist on Earth, including evidence that the menacing *Tyrannosaurus rex*—pictured above—was likely covered in fine down until adulthood.

Each re-created dinosaur features hand-painted skin and is designed using the most up-to-date

scientific information. Even the sounds made by the mechanized models are based on the latest research on these mighty beasts, which roamed the planet between about 230 million and 66 million years ago.

Each of the models can perform up to eight different movements, with designs that allow eyes to blink, jaws to open and tails to swing. The “Stegosaurus Make Me Move” interactive dinosaur lets those visiting the exhibit use a control console to direct the giant herbivore’s eyes, mouth, neck, arms, lungs and tail.

The exhibit also includes various hands-on activities, including a simulated “dig site,” where aspiring paleontologists of all ages can experience the thrill of discovery as they search for dinosaur fossils. Contact: 800-955-6674; omsi.edu/upcoming-exhibits. —Joshua Stollenmaier



**Did you know?** Dinosaurs such as the *Omeisaurus*, pictured at left, roamed parts of Asia long before the Himalayan mountain range was formed.

# I THOUGHT I WAS ON TOP OF THE WORLD

By Pat O'Day

**My career** had been spent in radio and rock and roll. I ran the No. 1 radio station in Seattle and on the air when I also started the world's largest rock-and-roll concert company. On this day I was broadcasting my show from the top of Seattle's new skyscraper, the Columbia Tower. I mean, what could be wrong? Well, several things.

**I'd been drinking** to excess for years. Being on the road with our rock acts, from Hendrix to Zeppelin, The Beach Boys to Bad Company, cocaine and other things also entered the picture. Oh sure, I thought I was just fine, but several acquaintances saw it differently. There was an unwelcome intervention where a little group of friends cornered me and demanded that I get treatment. "Are you kidding?" I thought. I'm no weak, simpering alcoholic or addict. I just like to drink.

**The group demanded** I go to Schick Shadel Hospital in Seattle, which has a unique ten-day medical treatment that halts addictions. "OK, fine." I said, "Ten days, these guys will get off my back and I can drink again, socially of course."

**Ten days later** I walked out of Schick Shadel Hospital to never, ever, have another drink or any bad substance. My habit, the urges, the desire and the mixed-up rationale had simply gone, vanished; I was sober, happy and healed. **So, may I tell you the rest of the story?**

**Mr. Charles Shadel** of Seattle once said, "Something just isn't right. People are addicted to alcohol. It's wrecking lives. They know they should quit, and they want to, but they can't. Churches, rehab centers, counselors all try to help, but the craving seems impossible to extinguish. Soon, they're right back into drinking or the drugs. Shadel said, "We must be doing something wrong!"



Photo of Pat O'Day, Seattle radio personality, celebrating the completion of Seattle's Columbia Tower with a broadcast in 1984. (Photo courtesy of Dennis Law)

**He joined with Doctors Lemere and Voegtlin** in search of a solution. It was clear from their studies that the conscious portion of the brain, the portion you're using as you read this, once addicted, lacks the power to erase overpowering urges of dependency. Those latent cravings simply become overwhelming. So they concluded, "To truly halt the habit, we must employ a more powerful portion of the brain, the subconscious." **And they did!** Their stunning achievement created a medical treatment that is proven to be very successful. **Logically, you're asking, "What is it they do?"** The answer is two powerful but painless medical innovations were combined to erase patients' habits.

**First**, they developed a powerful "Counter Conditioning" method that brings the patient to hate the sight, smell, taste and thoughts of using the addictive substance, be it alcohol or drugs. Further medication isn't required to maintain this protective shield.

**Second**, the doctors introduced medically administered deep sleep therapy. The cleansing of the patient's low self-esteem, guilt, regrets and other emotional burdens are critical to long-term mental health.

Understand that Schick Shadel's approach contends these habits are not the fault of the patient. We live in a world of intoxicants and many people are genetically unprotected from their addictive impact. Such vulnerability is passed from parents to kids, generation to generation.

**Following these two treatments**, patients can leave the hospital after just 10 days, free from cravings, guilt and destructive habits. The original wonderful individual returns. This success is enjoyed by many thousands of former patients including myself. It's now been 27 sober, happy, healthy years for me. It took no willpower; they simply erased my addictions.

**So may I say to you**, "Your life on this earth is so very short. You needn't let intoxicants control or wreck it, when eliminating the problem is so quick and easy at world-famous Schick Shadel Hospital."

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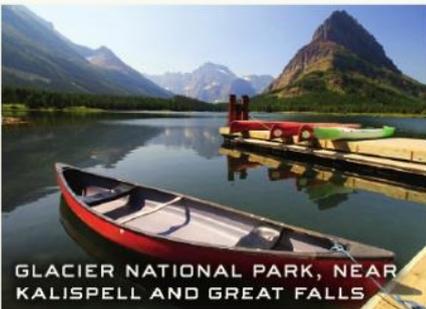
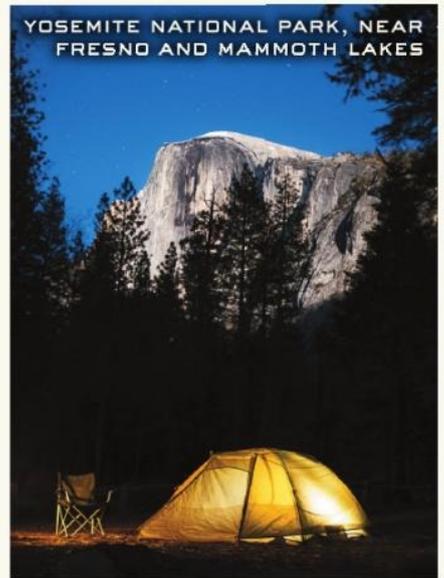
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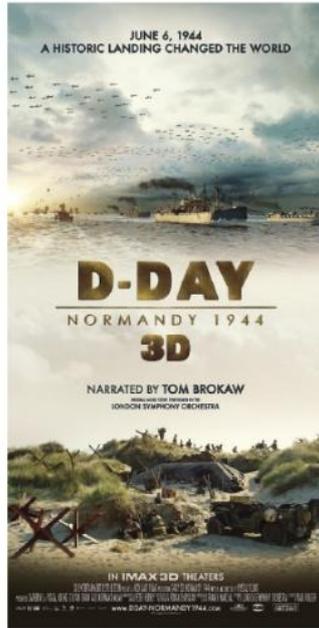
SEATTLE, WA

New D-Day film

Many historians refer to June 6, 1944, as the most significant day of the 20th century, when the Allied forces turned the tide of World War II by prevailing against German forces on the beaches of Normandy, France.

In honor of the 70th anniversary of the event, the IMAX film *D-Day 3D: Normandy 1944* (dday-normandy1944.com), narrated by Tom Brokaw, tells the story of the operation, code-named Overlord, with numerous engaging visual effects, including sand animation, CGI, pop-up-book graphics, photos, film footage and reenactments.

The film's U.S. premiere public showing took place at Seattle's Pacific Science Center, where the



film will be on view through September 1.

Brokaw has said he was drawn to the film because it presents D-Day in a new way that "gives such clarity to one of the most important events in the history of mankind."

Writer/director/producer Pascal Vuong says the film, which is suitable for family audiences, pays tribute to the sea, ground and air forces, and to civilians who were key to the operation's success. As the last witnesses of the war pass on, we

must remember and be grateful for those who gave so much, including their lives, for our liberty, he says. Contact: 206-443-2001; pacificscience-center.org. —Michele Andrus Dill

SUN VALLEY, ID

Wellness Festival



Renowned long-distance swimmer Diana Nyad, shown above, and best-selling author Kris Carr will be the keynote speakers at the 17th-annual Sun Valley Wellness Festival, May 22–26. Expected to attract about 1,500 attendees, the five-day event focuses on inspiring positive change and general wellness with presentations by a variety of speakers.

Nyad, 64, is best known for swimming the 110

miles from Cuba to Florida last September, becoming the first person to complete the swim without using a shark cage. Nyad's keynote address, "Find a Way," scheduled for the evening of May 23, will focus on how to overcome obstacles and achieve dreams.

Carr, a cancer survivor, will share her humorous and inspirational message on living with the disease in her address "Crazy, Sexy Wellness," scheduled for the evening of May 25. Some of the event's other speakers include spiritual teacher Panache Desai, relationship expert Arielle Ford, and author and parenting expert Kim John Payne.

Headquartered at the Sun Valley Inn, the festival will include more than 30 presentations on topics ranging from financial wellness to personal transformation through creativity.

Yoga and other movement classes will be offered to promote physical health, and there will be a Children's Wellness Festival. A Wellness Expo will feature health and wellness-related products and services. Contact: 208-726-2777; sunvalley-wellness.org. —Madison Cavell



■ Nearly 20 wineries in Lake Chelan, WA, will offer visitors samples of their next vintages at the Barrel Tasting, May 17-18 (lakechelanwinevalley.com).



▲ The 107th-annual Portland Rose Festival, for which Alaska Airlines is a premier sponsor, will be held May 18-June 15. The festival features numerous events, including the popular Grand Floral Parade on June 7 (rosefestival.org).

■ The Bigfork Whitewater Festival, in Bigfork, MT, May 24-25, features whitewater kayaking and rafting competitions, and stand-up paddleboarding, as well as a triathlon (bigforkwhitewaterfestival.com).

■ Enjoy music, performances and the works of more than 150 artists at the 29th-annual ArtFest, May 30-June 1, in Spokane, WA (northwestmuseum.org).

■ Vancouver, B.C.'s Bard on the Beach will celebrate its 25th-anniversary season in Vanier Park this summer with productions such as *A Midsummer Night's Dream*, June 11-Sept. 20, and *The Tempest*, June 12-Sept. 18 (bardonthebeach.org).

BOTTOM: JULIE MILLIGAN; TOP: COURTESY PACIFIC SCIENCE CENTER

COURTESY PORTLAND ROSE FESTIVAL FOUNDATION



**3rd**

**Trent Hightower  
Hood River, Oregon**

A windsurfer goes inverted in the Columbia River Gorge.

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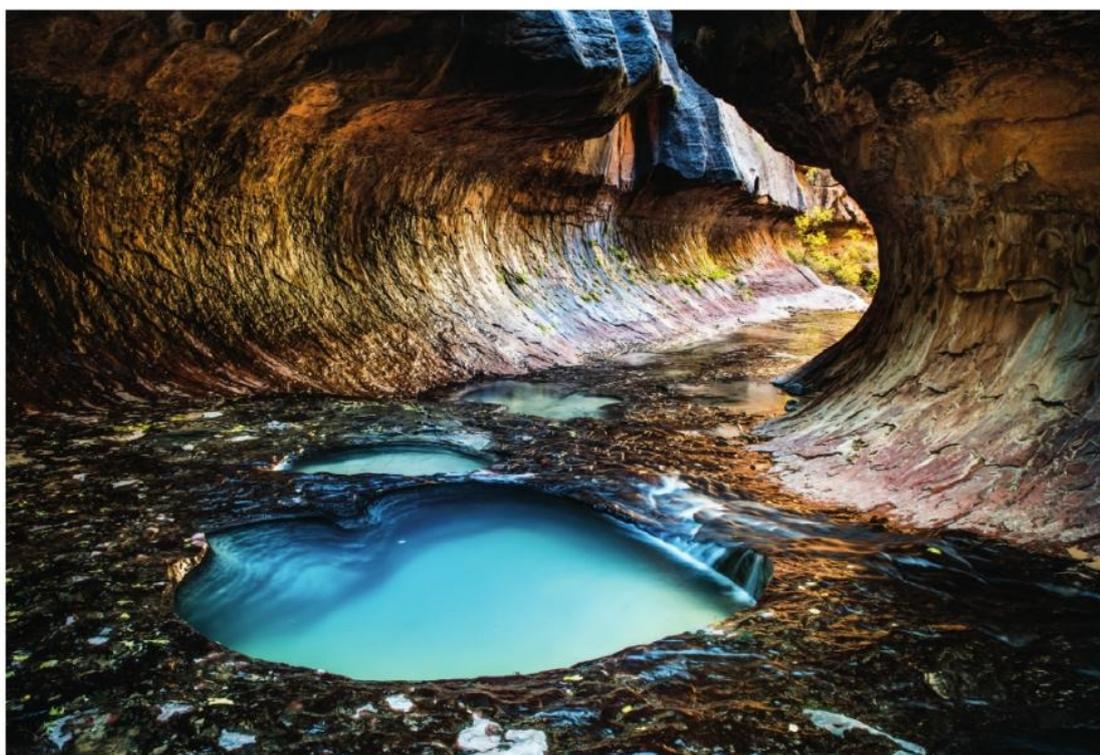


**2nd**

**Eric Lew  
San Francisco, California**

Quiet pools glow in a canyon of Utah's Zion National Park.

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# SHOWCASE 2014

**Congratulations** to the prizewinners and finalists in our 22nd-annual *Alaska Airlines* and *Horizon Edition Magazines* Photo Contest. Our art directors, editors and staff reviewed more than 1,500 entries to reach our selection of 10 finalists, which range from Columbia River Gorge sailing action to Alaska wildlife and spectacular landscapes. This year's reader photos explore the Alaska Airlines route system in ways that inspire travel and celebrate the joys of discovery.

## 1st

**James Parsons**  
Bend, Oregon

A dramatic sunset settles over Central Oregon's Smith Rock State Park.

**PRIZE:** Two first-class tickets to any destination served by Alaska Airlines, including Alaska, the Lower 48 states, Canada, Mexico and Hawai'i.

**Jared Carlson**  
Spokane, Washington

A climber descends a moulin in Mendenhall Glacier, near Juneau, Alaska.



**Tom Alvarez**  
Boise, Idaho

Monarch butterflies cluster on a branch at the Monarch Grove Butterfly Sanctuary in Pacific Grove, California.



**Sheryl Loesch**  
Winter Garden, Florida

A Maui sunset illuminates a lone tree at water's edge.



**SHOWCASE** 2014  
FINALISTS



**Kerry Howard**  
Juneau, Alaska

A black bear grazes on berries near Juneau.

**William Anderson Jr.**  
Anchorage, Alaska

A team of dogs runs the Iditarod Trail Sled Dog Race in the light of their musher's headlamp.

**Khanh Tran**  
Portland, Oregon

A northern pygmy owl perches atop a mullein stalk during a winter snowfall near Chesaw, Washington.



**Anh Doan**  
San Jose, California

Dusk descends on a serene Pacific inlet near Davenport, California.



This page: A spiral staircase is one of the fun elements of the Sonoma Canopy Tours course. Above right: Kayakers learn about the Russian River Estuary during a Water-Treks EcoTours excursion.



COURTESY: WATERTREKS ECOTOURS

# ECO ADVENTURES

## in Sonoma County

BY MATT VILLANO

Most visitors to Sonoma County know about the Russian River in the context of its eponymous wine appellation; vineyards on both sides of the river produce some of the best Pinot Noir grapes in the country. But the second-largest river in the greater San Francisco Bay Area is also an important habitat for fish and other animals, such as eagles, hawks, otters, seals and sea lions. The area has a rich history, as well: Experts believe that Native American groups have lived on the river's banks for the better part of the last 15,000 years.

My kayaking guide, Suki Waters, particularly understands and appreciates the area's importance. Through

her company, WaterTreks EcoTours, based in the town of Jenner, she runs four-hour excursions that circle part of the Russian River Estuary.

An approximately three-mile-long section of the estuary is protected as the Russian River State Marine Recreational Management Area, while the westernmost section at the mouth of the river is protected as the Russian River State Marine Conservation Area. The estuary is the entryway for chinook salmon, coho salmon and steelhead heading to spawning grounds upriver, and also is an important nursery for salmon before they enter the ocean.

WaterTreks EcoTours adventures in the estuary include kayaking, hiking, wildlife watching and local history: Waters' Native American grandmother was Kashia Pomo and Miwok. "People come here to experience the nature

### Additional Eco-Options

Here are just a few more of the many eco-explorations available in Sonoma County:

The 805-acre Armstrong Redwoods State Natural Reserve, located just outside of Guerneville, is home to one of the largest tracts of old-growth red-

woods in the county. It has self-guided nature trails of varying distances, including a wheelchair-accessible trail ([parks.ca.gov/?page\\_id=450](http://parks.ca.gov/?page_id=450)

and [stewardscr.org](http://stewardscr.org)). Bodega Head, part of Sonoma Coast State Park, is excellent for wildlife watching. Bird lovers can look for wandering tattlers

and red knots, while whale enthusiasts can spot gray whales just offshore March through May ([parks.ca.gov/?page\\_id=451](http://parks.ca.gov/?page_id=451)

COURTESY: SONOMA COUNTY PARKS (2)



Hermit thrushes and black-tailed deer are among the animals visitors might see at Spring Lake Regional Park.

that surrounds us," Waters tells me, adding that every booking helps fund a program that gives children from local urban school districts the opportunity to explore nature. "For me, for my family, this nature is home," she says.

Waters and I go out on a weekend morning. After a brief safety lesson near the boathouse, we paddle our kayaks around the eastern tip of Penny Island, a low-lying, 29-acre landmass roughly in the center of the river. Waters explains that before the state bought the island many years ago, the parcel was part of her family's dairy farm. She says her ancestors farmed the area for almost 100 years.

We land our boats and hike onto the island itself, with my guide noting wild grasses such as sedge and tule that her grandmother used to weave baskets. She also shows me the now-ramshackle building where her ancestors milked cows. Today

and bodegabay.com).  
The 1.8-mile Laguna de Santa Rosa Trail winds through a 30,000-acre freshwater wetland—the Laguna de Santa Rosa—

that has been recognized internationally for its ecological importance. The area includes riparian forest, oak woodland, marshes and vernal

pools. It is home to bird species ranging from bald eagles to hummingbirds, and is a stopover for migrating birds such as the common yellow-

throat, Swainson's thrush and Bullock's oriole traveling the Pacific Flyway. It also shelters mammals such as bobcats, badgers, river otters and

mink ([lagunadesantarosa.org](http://lagunadesantarosa.org) and [parks.sonoma-county.ca.gov/Get\\_Outdoors/Parks/Laguna\\_de\\_Santa\\_Rosa\\_Trail.aspx](http://parks.sonoma-county.ca.gov/Get_Outdoors/Parks/Laguna_de_Santa_Rosa_Trail.aspx)).  
—M.V.

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## Wine-related experiences

Sonoma County offers a variety of experiences for visitors who like to interperse outdoor activities with wine-tasting. Below are just a few of the choices:

**Hike & Taste in the Vineyards** at Kunde Family Estate in Kenwood. Sonoma Valley resident Bill Myers leads participants on a hike through the 1,850-acre Kunde Family Estate, educating guests about sustainable growing and pouring samples of the winery's seasonal offerings (billanddavehikes.com and kunde.com/hiking-program).

**Open Air Jeep Tours' Sippin' Adventure.** This alfresco "cowboy limo" tour typically features three to four wineries in either Sonoma County or Napa Valley (jeeptours.com).

**Organic Farms Bike Tour,** from Wine Country Bikes in Healdsburg. Taylor

Lampson, owner of Meadow Song Farm in Sebastopol, leads visitors on a daylong bike ride/ecology immersion through the Dry Creek Valley (as shown in the photo below). Along the way, he covers everything from organic and biodynamic farming prac-



COURTESY: WINE COUNTRY BIKES

tices that help preserve the watershed to trout runs and swallow murmurations. The tour usually includes two or three different wineries (winecountrybikes.com/one-day-bike-tours/index.asp).

**Russian River Vineyards Tour,** from Segway of Healdsburg. On this two-hour tour, visitors steer Segways from Healdsburg into the Russian River growing area, stopping at two wineries (segwayofhealdsburg.com).

### Wine Road Northern Sonoma County.

This association of wineries and lodgings in the Alexander, Dry Creek and Russian River valleys lists on its website wineries that offer tours, and also has a concierge service that can help you put together a self-tour itinerary, including lodging. The website also lists companies that offer guided multiwinery tours, ranging from limo and van tours to horse-drawn carriage tours (wineroad.com).

In addition to Sonoma County, acclaimed North Coast AVA wine regions include **Napa County** (napavintners.com), **Mendocino County** (mendowine.com) and **Lake County** (lakecountywineries.org).

—M.V.



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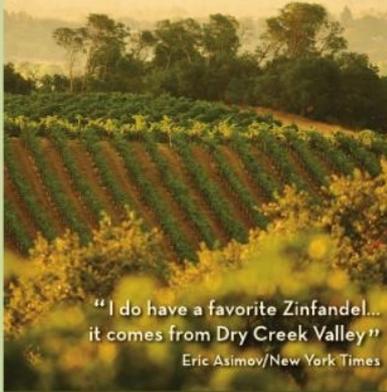


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it contains some small sparrow nests.

Returning to the kayaks, we paddle the estuary for another hour, enjoying views ranging from sparsely vegetated brown hills to dense stands of cypress and redwoods. The landscape also includes groupings of alders, willows and Pacific wax myrtles, as well as coyote brush, California coffeeberry and sticky monkeyflower. As we approach coastal dunes, we see mudflats and eelgrass, along with plants such as European beachgrass, yellow sand verbena, sea rocket, beach morning glory and beach primrose.

We land the kayaks to hike over the dunes to the ocean at Goat Rock Beach. Waters identifies red fox tracks in the sand. She also points out a sea stack in the ocean farther south. Called Arched Rock, it had a cameo in the 1985 film *The Goonies*.

*Because of natural attractions such as the Russian River Estuary, Sonoma County is an outstanding place to enhance environmental awareness while enjoying nature-based tours.*

Before we return to Jenner, we kayak to a site just inside the mouth of the Russian River, probably 100 yards from the surging surf of the Pacific. Here, behind the protection of a sandbar that fully or partially closes off the estuary from the ocean, we raft up in calm water and observe, from a respectful distance, members of a huge resident harbor seal colony sunning themselves on a nearby beach.

Waters tells me the estuary is where the seals give birth each spring, and this area is where the pups spend their first few months of life. She adds that researchers estimate there are more than 400 animals in this group, and explains that because the spot is such an important colony, it is critical that visitors and residents keep their distance from the seals.

About halfway through her marine-biology lesson, I have the odd feeling some-

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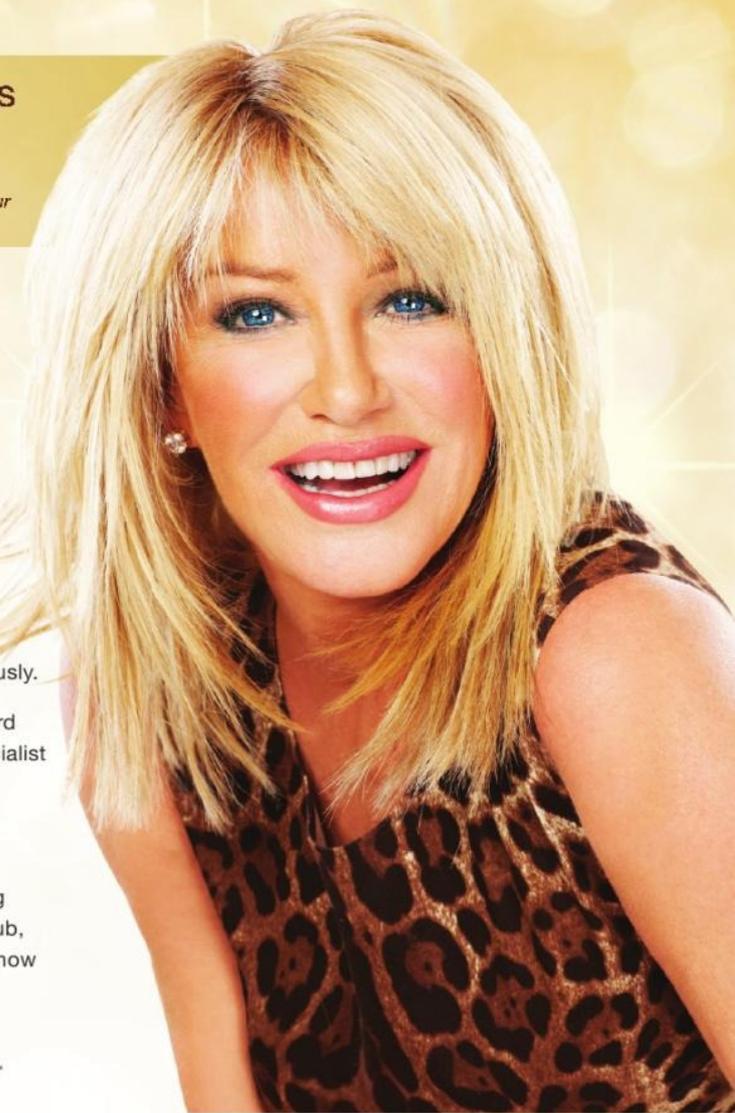
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thing is watching me. As I turn around, I spot a round, mottled head with two big black eyes bobbing in the current at my stern: an adult seal. The critter follows us for about a quarter mile east back to the launch site, then swims away to rejoin its friends. I am honored the animal finds me so interesting.

Because of natural attractions such as the estuary, Sonoma County is an outstanding place to enhance environmental awareness. Diversity is what makes the county such a great place for eco-adventures, notes Michele Luna, executive director of Stewards of the Coast and Redwoods, an environmental and interpretive organization that collaborates with California State Parks on a variety of initiatives. "We have old-growth forests, ocean coasts, river valleys, mountain vistas and more. It gives you the opportunity to see and do so much in a finite period of time."

Inspired by my estuary adventure, I line up two more eco-adventures in the following weeks: a ziplining tour among coast redwoods and a nature-based scavenger hunt with my kids.

## Ziplining amid redwoods

Zippering through a coast redwood forest, 200 feet above a peaceful ravine bordered by sword ferns, sorrel and trillium, I think this is what it must feel like to be a flying squirrel.

I'm zooming from tree to tree at around 25 mph and finding the experience exhilarating, terrifying, breathtaking and educational. Our group of eight is led by two guides from Sonoma Canopy Tours, based in the town of Occidental. Owned and operated by the Alliance Redwoods Christian Conference Grounds, Sonoma Canopy Tours offers a unique course amid giant redwoods, with seven lines, two swaying rope bridges and a spiral wooden staircase.

After debuting in 2010, the 2.5-hour tour soon became one of the most popular adventures in the county, probably because of its mix of adrenaline, eco-education and philanthropy—for every zipline excursion

*Continued on page 88*



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# SEATTLE

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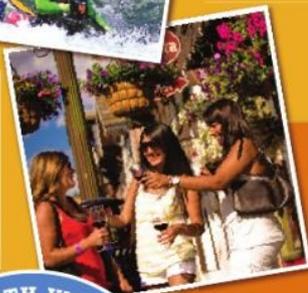
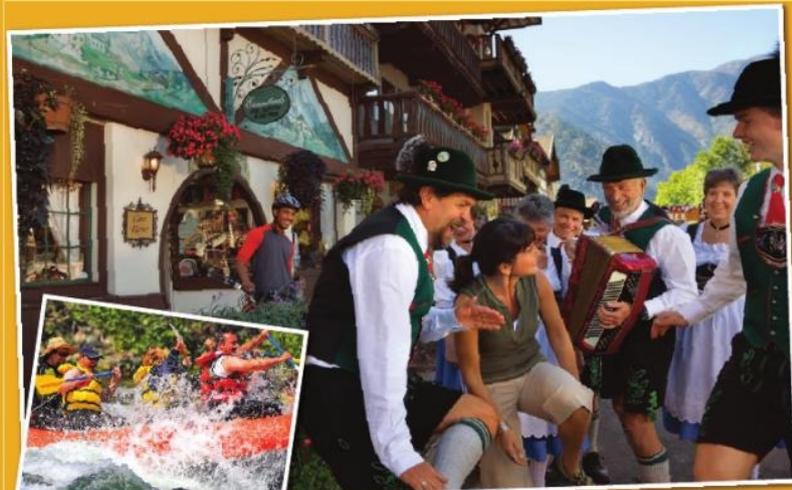
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Recreation for the young and young at heart in Seattle and beyond.  
*By Lora Shinn*

**S25 PRIME LOCATIONS**  
Hotel 1000, Inn at the Market and The Westin Seattle offer access to key attractions.  
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**S35 DYNAMIC DISHES**  
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**S46 ITINERARY**  
Fun things to see and do in the Puget Sound area.

*The Space Needle and the Pacific Science Center's Sonic Bloom art installation (which uses solar power to demonstrate sustainability) are among the attractions at Seattle Center. Photo by Stefano Politi Markovina / AWL Images Ltd.*

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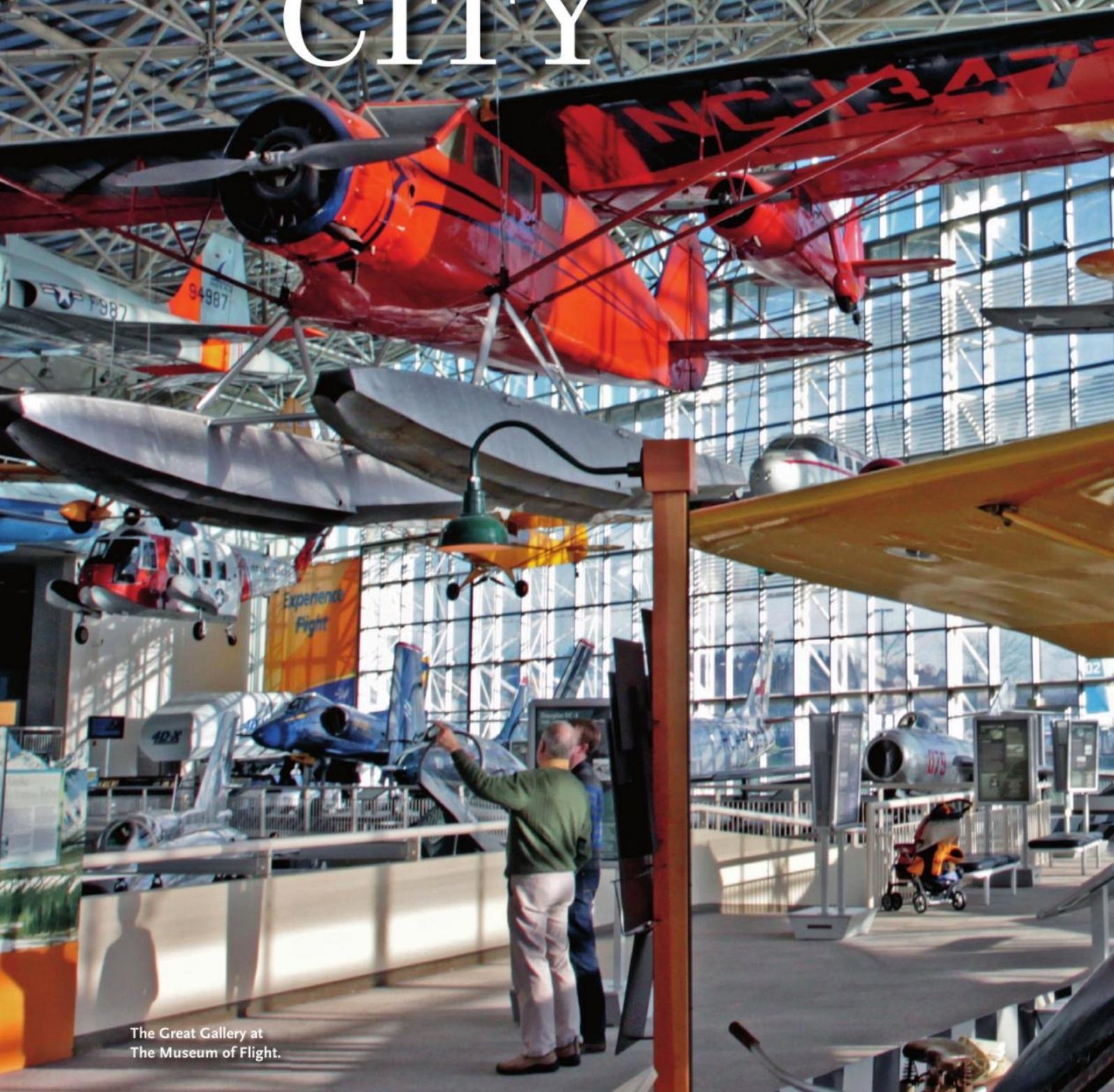
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# *Exploring* the EMERALD CITY



The Great Gallery at  
The Museum of Flight.

Recreation for  
the young and young  
at heart in Seattle  
and beyond

*By Lora Shinn*



**“Hey, Mom, you gotta check this out,”** my 14-year-old daughter, Isabelle, calls to me. She’s the first member of our group to climb aboard **The Museum of Flight’s** 120-foot-long Space Shuttle Trainer, a full-size wooden replica of the space shuttle’s fuselage, including the crew cabin and flight deck. For 30 years, NASA astronauts used this very trainer to prepare for missions. My 8-year-old son, Emmett, nervously eyes a rocket booster replica. “Are you sure this doesn’t actually go into space?” he asks me. The trainer is just that realistic looking.

He takes a deep breath and scrambles up the steps. I follow, trailed by my friend Haley and her three children: a preschooler, a kindergartner and a second-grader. When we’ve all gathered in the 60-foot-long payload bay, we linger in this piece of history—this place where astronauts once stood. We know there’s still enough room for the 30-something couple in line behind us to come aboard, along with the two baby boomers and their adult son.

“I feel so small,” Emmett says. I nod my head in agreement. The trainer is huge, and its top is open, giving us an impressive view not only of the



Clockwise from top: A family visit to the Olympic Sculpture Park (the Space Needle is in the background). A flower vendor at Pike Place Market. The Seattle Great Wheel and Miners Landing on the waterfront.



rocket booster hanging above our heads (it was used to boost satellites to higher orbits), but also of a 120-foot-long Milky Way wall mural that contributes to the sense that we are tiny entities in the vastness of space.

Eight-year-old Charlotte accompanies Emmett down the black metal flooring of the payload bay to the glassed-in crew compartment, and they peer through the air lock into the area where seven astronauts practiced living in cramped quarters. A panel of switches, dials and buttons makes a big impression. The kids say the only appropriate thing at a moment like this: "Whooooah, cool."

The trainer is the centerpiece of the Charles Simonyi Space Gallery, one of the six main galleries at The Museum of Flight, which is located just seven miles south of downtown Seattle. In The Museum of Flight's Great Gallery, the kids pretend to battle while seated in the cockpit of an SR-71A Blackbird reconnaissance plane, handily managing the controls and flip switches. "A fleet of planes is flying toward us," my daughter says, and it's true. More than 20 brightly colored spy planes, fighter jets and airliners hang in the air above and before us, suspended by giant cables from the six-story-tall, glass-and-steel ceiling.

We move toward the Kid's Flight Zone, where our children jump into a hot-air balloon basket, pretend to surf air currents in a hang glider's harness, and use foot pedals and a control stick to see what it's like to steer a biplane.

Ready for a bigger challenge, Isabelle takes the controls of an F-15 Eagle simulator in the Great Gallery. Rolling and looping, she dodges enemy aircraft in a dogfight. "That was so fun," she says. "This museum makes me want to fly a plane, not just ride in one."

"Sounds like something another girl once felt," I say, leading her to a shiny, 1935 Lockheed Model 10-E, the same model Amelia Earhart flew. A goal of the museum is to inspire more girls to participate in aviation and science, and its exhibits and special programs frequently spotlight female aviators.

One of the things I love about living in the Seattle area is that inspiration takes flight at many attractions enjoyed by everyone, from grandparents to grandkids, that showcase the region's nature, history, dreams and achievements. Seattle is nicknamed The Emerald City, and like that capital city in the great land of Oz, it is a place of splendor, magic and



From top: The International Fountain at Seattle Center. A banded orange butterfly from Pacific Science Center's Tropical Butterfly House. An instrument sculpture at the EMP Museum.

delight. Below are more ideas for attractions that appeal to all ages.

### Downtown: Great Wheel, Fur Seals, Market Deals

We start the morning in high spirits, at 175 feet in the air, on board **The Seattle Great Wheel** at Pier 57/Miners Landing along Seattle's waterfront. This Ferris wheel, the tallest observation wheel on the West Coast, offers a seagull's-eye view of downtown Seattle to the east and

the Olympic Mountains to the west.

"I'll climb those one day," Emmett gestures toward the picturesque snowcapped peaks in the distance.

"The Olympics—sure. Or, how about that one?" I point south, toward Mount Rainier, in the Cascade Range. "Oh, yeah," he agrees. "That one, too."



**Did You Know?**  
The smallest artifact in The Museum of Flight collection is a carved white elephant, 1/16th of an inch tall, carried into space by astronaut Michael Collins on the 1969 Apollo 11 mission, when humans first set foot on the moon.



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As the climate-controlled, wheelchair-accessible gondola circles three times, Emmett, Isabelle and I also count ships plying Elliott Bay, and we look across the water to the West Seattle peninsula, where settlers arrived in 1851; they subsequently founded the village that became Seattle. Then we look below to Pier 57, where the steamship *Portland*, bearing “a ton of gold,” docked in 1897, launching the Klondike Gold Rush.

We make plans to return to the pier on the next holiday, because spectacular LED light shows take place on the wheel for special occasions.

After today’s ride, a two-minute stroll north brings us to the **Seattle Aquarium**, where the first exhibit is “Window on Washington Waters.” We stand close to the 20-foot-tall, 40-foot-wide viewing window as a scuba diver, wearing a Seahawks jersey over his wet-suit, waves to us. Young coho salmon and wolf eels weave around him as he feeds them krill and shrimp. Other tank residents—there are nearly 800, all indigenous to Puget Sound—swim above rock formations, sea urchins and anemones.

Moving farther into the aquarium, which harbors about 350 total species, we pet mottled sea stars, and watch staff hand-feed a 3-year-old giant Pacific octopus.

My favorite exhibit has always been “The Underwater Dome,” where it feels like you’re in the middle of an upside-down glass bowl surrounded by seawater. Circling us are spiny dogfish, also known as dogfish sharks, and otherworldly looking sturgeon.

Outdoors in the “Marine Mammals” area—which showcases sea otters, river otters, fur seals and harbor seals—Commander, a sleek, black fur seal, glides by us, while in another exhibit, a sea otter lounges, floating on its back with paws folded on its furry chest.

“He’d be an adorable pet,” I say.

“Except for that whole stinky-fish-diet problem,” Isabelle reminds me.



Visitors watch a diver in the “Window on Washington Waters” exhibit at the Seattle Aquarium.

**Did You Know?** You can view live camera footage of the aquarium’s harbor seals, sea otters, giant Pacific octopuses and hermit crab, named Marshawn Pinch (currently it’s his off-season, but live coverage is expected to resume this fall).

From the aquarium, it’s a short (but heart-pounding) hike up about 140 steps to **Pike Place Market**. This year-round market is a don’t-miss for visitors, yet it’s also regularly frequented by locals. Each outing offers something fresh: new seasonal produce, new performers, new stalls, new craft items.

In the market’s Lower Post Alley, the uneven cobblestones beneath our feet bring to mind the year 1907, when the market was founded. I imagine I hear the clack-clack of horses’ hooves—until “Ew, gross! Ew, cool!” interrupts my reverie. Emmett points to



**COMING UP**  
The **U.S. Open** will be played in the Pacific Northwest for the first time when the tournament comes to the links-style Chambers Bay Golf Course, near Tacoma, June 15–21,

2015. Tickets for the general public will be available beginning June 9, 2014 ([usopen.com](http://usopen.com)).

Customers can watch Starbucks’ top-line **Reserve brand**—comprising single-origin

varieties—being roasted at the company’s new roastery/coffee shop scheduled to open this fall in the Capitol Hill neighborhood, just east of downtown Seattle ([starbucks.com](http://starbucks.com)).

The **Washington State Convention Center**, which celebrated its 25th anniversary in 2013, is completing a \$21 million refurbishment this year ([wscc.com](http://wscc.com)).



the Market Theater Gum Wall, a favorite attraction for young and old. The wall is plastered with already-been-chewed gum. “Can I add mine?” Isabelle says. A crooked grin sneaks across her face. I nod, and she pushes a blue bubblegum dab into the wall.

Thankfully, Pike Place Market offers more than ABC gum art. The market is a feast for all five senses: The shouts of market fishmongers mingle with the chords of guitar-strumming buskers. The rich scents of saffron and cinnamon emanate from a spice shop. Flowers and farm-fresh produce burst like visual fireworks from

Above: Breathtaking Snoqualmie Falls, which is higher than Niagara Falls. Below: The new stingray touch tank at Point Defiance Zoo & Aquarium.



stalls. Customers try on artisan jewelry, hug hand-crafted stuffed animals, wind up walking toys and curl their fingers around cups of Starbucks coffee. Local growers hand out sweet samples of organic cherries, peaches and apples.

My kids and I frequently call to each other, “Hey, look at this!”

### Seattle Center: Museums and More

Like an irrepressible toddler, water leaps and jumps from the 283 water shooters of Seattle Center’s **International Fountain**. Children and adults alike creep toward the structure, gambling that they can dodge away before getting soaked by jets such as the “Super Shooters,” which skyrocket up to 120 feet. A child screams in delight, and I recognize the sound. It’s my son. Water drips from his shirt and shorts, and from his grinning face.

After Emmett dries off, he uses his imagination at the **Seattle Children’s Museum**, located in the Armory building on the 74-acre Seattle Center campus.

**Did You Know?**  
Native peoples used the Snoqualmie Falls area as a seasonal meeting place.

Emmett has loved the museum since his toddler years. Today, he pretends to shop for groceries from kid-size shelves, removes his shoes to pad through part of a home modeled after a traditional home in Kobe, Japan (Seattle’s sister city), and creates a theatrical play in the velvet-curtained theater, setting off thunder

with the push of a button. (Other interesting Puget Sound-area museums for kids include Children’s Museum of Tacoma and KidsQuest Children’s Museum in Bellevue.)

Isabelle meets us by the museum when she finishes this morning’s session of her weeklong drama camp at **Seattle Children’s Theatre**, a world-renowned professional theater company, based at Seattle Center, that during the summer season also presents student productions. These performances, starring actors ranging from fourth-graders to 21-year-olds, include upcoming plays such as *Singin’ in the Rain Jr.*, *The Snow Queen* and *Macbeth*, and ticket prices are just \$10. The theater will celebrate its 40th anniversary during the 2014–15 season.

The three of us walk over to the **EMP Museum**, a celebration of music, science fiction and pop culture. We gaze in awe at the two-story tower of 500 guitars, saxes and keyboards near the entry before moving to the Sound Lab, where Isabelle jams on a guitar with Bo Diddley, practices vocals with other pro musicians and remixes Annie Lennox.



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In the “Icons of Science Fiction” exhibit, we discover a special-effects interactive. I throw on a blue robe, and the kids create a video composite of me in a common sci-fi setting: a space galaxy. They “attack” me with tiny plastic dinosaurs while I’m standing in front of the camera, and I do my best to look scared. Thanks to the wonders of modern technology, the dinos appear life-size when combined with my image on the monitor.

For a different sort of wonder, we enter **Chihuly Garden and Glass**, featuring the magnificent glass art of Puget Sound–area native Dale Chihuly. It’s best for kids past the grab-for-it stage. We ask the front desk for the Kid’s Guide, which has activi-

ties such as matching photos with exhibits, and a place where budding artists can draw. In the Glass Forest, we’re entranced by pink and blue neon pods and stems that illuminate a nighttime landscape. We spot glass octopuses and manta rays in the Sealife Room, and in the Chandeliers gallery, we walk under glass chandeliers that for us evoke tornados as they spiral down from the ceiling. Another suspended sculpture, a 100-foot-long yellow, orange and red piece, captivates us in the atriumlike Glasshouse.

In the lovely exterior Garden, forms such as blue spires and purple spheres glow next to ferns, nurse logs and floral plantings that change seasonally. Our attention is also captured by pieces such as the amethyst-colored *Viola Crystal Tower*, named after Chihuly’s mother. “It looks like rock candy,” my daughter says.

**The Space Needle** stands watch over the

Glasshouse and the Garden. “Let’s go up,” my son says. Although we live in the Seattle area, we enjoy being swept off our feet every few years, and the Needle is an only-in-Seattle experience. We board a gold capsule-like elevator that will convey us to the top of the 605-foot Space Needle in 43 seconds.

“My ears are popping!” Emmett says as we go up. We step out onto the Observation Deck, at 520 feet above the ground, and are dazzled by the glow of afternoon sun behind Puget Sound and the Olympic Mountains. We circle the outside deck to enjoy views—sometimes via free-use telescopes and binoculars—of Mount Rainier, downtown Seattle and lively north-end neighborhoods.

“Hey, the science museum!” Emmett points. Just below us, we see the white arches of the **Pacific Science Center**. “You two want to go?” I ask. I get two enthusiastic “yes!” responses, so we return the next day to explore the science museum.

At the Tropical Butterfly House, hundreds of delicate creatures flutter overhead—and onto Isabelle, perhaps mistaking her yellow shirt for a banana. At Professor



# COAST

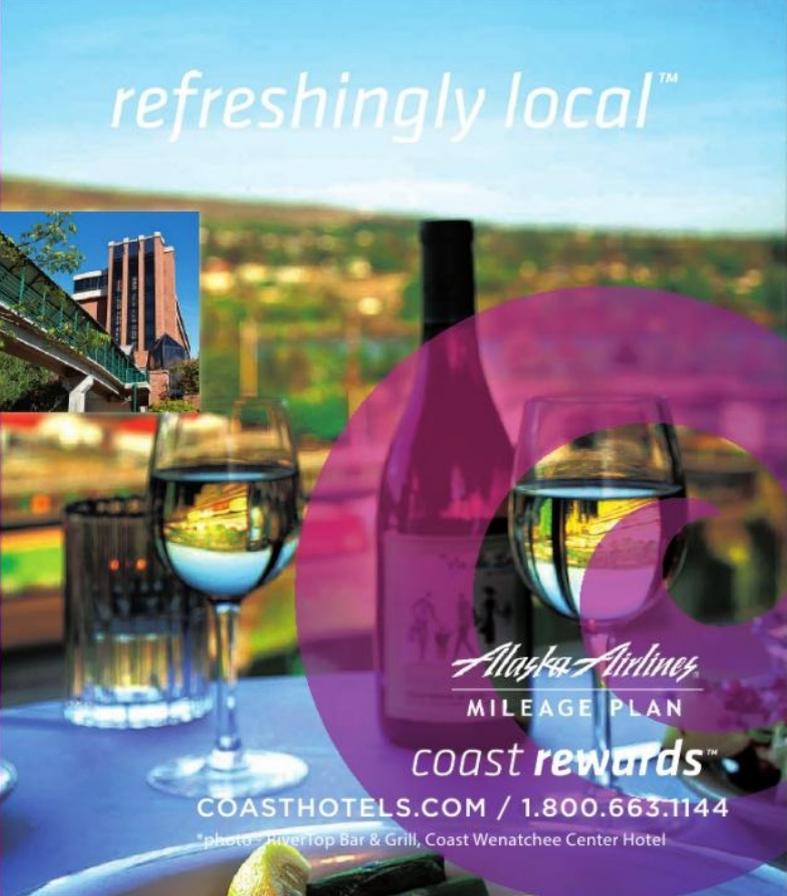
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Photo by Long Bach Nguyen

Wellbody's Academy of Health & Wellness, we learn about covering a sneeze in the Germnasium. (Spoiler alert: The lesson involves a kids-and-grandkids-love-it "ah-choo" and surprise water spray.)

Upon exiting the science center, we notice *Sonic Bloom*, a collection of steel flowers up to 33 feet tall, with solar-paneled centers. The art project was installed last year by Seattle City Light. The flowers gather light in the daytime, then glow pink, orange and green at night, and they give me the opportunity to discuss sustainable energy options with the kids.

### Puget Sound Area: Natural Attractions

About 40 miles south of Seattle, we enter Tacoma's 765-acre **Point Defiance Park** to visit Point Defiance Zoo & Aquarium's South Pacific Aquarium exhibit, which opened a stingray touch tank last year. Cautiously, we reach into the tank to stroke yellow and Atlantic rays. They feel smooth yet squishy, like firm gelatin. Three-foot-long sharks will join the tank in June.

Next we walk down a few steps to a giant lagoon, populated by creatures such as tangs and triggerfish. A toddler walks up to the glass as a blue-and-green fish swims by. "Big like me!" the little girl shouts, and she's right. Fred, a 65-pound humphead wrasse, is roughly toddler-size, or maybe a little bigger.

Also new at the aquarium are the Eye-to-Eye Shark Dives, introduced in October. Noncertified divers ages 8 and up can do a cage dive, with air supplied from the surface, in the 240,000-gallon South Pacific Aquarium, which is home to more than 15 sharks. Certified scuba divers can swim among the sharks, one of which is a 9-foot-long lemon shark that volunteers have nicknamed Liz—like Liz Lemon, of 30 *Rock* fame.

A Puget Sound-area exploration wouldn't be complete without an all-natural experience. Emmett and I meet my friend Haley and her daughter, Charlotte, at **Snoqualmie Falls Park**, about 30 miles east of Seattle. The falls plunge 270 feet over the cliff face—making them about 100 feet taller than Niagara's famous cascades. The park completed significant renovations last fall, and it's our first time here since the upgrades. The children stroll along new ADA-compli-

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ant walkways featuring native plants such as salal and red-flowering currant. Interpretive signs provide insight into nature, history, culture and hydropower related to the falls. We head down a steep, switchbacking, six-tenths-of-a-mile gravel trail toward the base of the cataract. Many Douglas fir trunks along the trail stand above ferns and are covered with moss. "It's like the Ewok Village," I comment to Emmett. "Yeah, it's Endor," he says.

The trail leads to the new Lower Park, whose wooden viewing deck is just 900 feet from where the falls meet the Snoqualmie River, creating a fine mist. The Lower Park also has river access for kayaks, as well as a small beach and restrooms.

On the way back up, Emmett and Charlotte spot something afoot in the woods. "Deer!" Emmett whispers. At first, we adults don't see it, but then we spot the dark-brown eyes, staring quietly back at us while the black-tailed deer stands motionless. A truly magical moment, indeed. **S**

*Writer Lora Shinn lives in the Seattle area. For more information on attractions and activities, see websites such as [visitseattle.org](http://visitseattle.org), [visitbellevuewashington.com](http://visitbellevuewashington.com), [explorekirkland.com](http://explorekirkland.com), [seattlesouthside.com](http://seattlesouthside.com) and [traveltacoma.com](http://traveltacoma.com).*

*Alaska Airlines (800-ALASKAAIR; [alaskaair.com](http://alaskaair.com)) flies daily to Seattle. Mileage Plan members can earn double miles between eight cities and Seattle, June 1–December 31, and on Fairbanks–Seattle and Juneau–Seattle flights, June 1–September 1. Visit the website for details.*



## From Historic Cars to Big Cats

A roundup of great attractions, including the LeMay Museum and Woodland Park Zoo

**W**hen the original Ford Mustang was introduced 50 years ago, demand was so great, one dealership had 15 customers bid on the same car. The winning bidder was so afraid the car would be sold out from under him before his check cleared, he spent the night in the vehicle, according to Ford's online history.

The company's new model—which was selected as the pace car for the 1964 Indianapolis 500 and also appeared in the 1964 James Bond movie *Goldfinger*—soon became an icon of the American road.

The golden anniversary of the Mustang will be celebrated June 14 through December 31 in the exhibit "**Masters of Mustang**" at LeMay—America's Car Museum in Tacoma, about 30 miles south of downtown Seattle. The museum, which

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**The Fremont Troll** ([fremont.com/troll](http://fremont.com/troll)), in the Fremont neighborhood north of downtown Seattle, is one of the city's most beloved sculptures. The 18-foot-tall big guy—holding a Volkswagen—lurks under the north end of the Aurora Bridge. The troll is also included in The Fremont Tour, a combination of quirky public art and improvisational street theater, May 25–October 26 ([thefremonttour.com](http://thefremonttour.com)).



**The Frye Art Museum** ([fryemuseum.org](http://fryemuseum.org)) has an impressive collection of 19th and 20th century American, German and French paintings. The exhibit “Isamu Noguchi and Qi Baishi: Beijing 1930” is on view through May 25. Admission to the museum is free.

design achievements over the past 50 years. Cars such as the early-model Mustang shown on the facing page will be on display.

LeMay will also be spotlighting **Route 66**, in the “Dream of the Mother Road” exhibit, beginning May 3, with cars such as a 1932 Chevrolet Huckster wagon and a 1953 Chevrolet Corvette being rotated through the exhibit over the next 18 to 24 months.

In addition, the 165,000-square-foot museum presents many special events, and has a core group of cars that are typically on view, ranging from a 1906 Cadillac Model M and a 1930 Packard Eight to a 1963 Studebaker Avanti #1001 and the 1994 George

Barris Kustom Flintmobile created for *The Flintstones* movie.

The museum is one of the many attractions in the Puget Sound area. Below are some additional ideas for exploring the region.

**Alki Beach Park** ([seattle.gov/parks](http://seattle.gov/parks)) is a 2.5-mile stretch of sandy beach in West Seattle that includes a monument to the arrival at this beach of the first white settlers in what came to be called Seattle. Seattle Parks and Recreation also oversees **Jimi Hendrix Park** near the Northwest African American Museum in the Central District;

opened in 2012 next to the Tacoma Dome, explores how the automobile has played a distinctive role in American society and the American experience.

The Mustang exhibit will include the story of the individuals who developed the model by anticipating what young buyers would want, and will also present cultural and

(LEFT TO RIGHT) JULIE QUARRY / ALAMY; KIRK MASTIN / AURORA PHOTOS

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**Hing Hay Park** (with a Grand Pavilion constructed in Taipei) in the Chinatown-International District; **Oxbow Park** (home to the historic *Hat 'n' Boots* sculptures—a 44-foot-wide cowboy hat and 22-foot-tall boots) in Georgetown; and **Tilikum Place** (with a lifesize 1912 statue of Chief Seattle, the city's namesake), just a few blocks from Seattle Center.

**The Bellevue Arts Museum** ([bellevuearts.org](http://bellevuearts.org)) emphasizes the work of Northwest artists, as well as spotlighting artists in other parts of the globe. "Folding Paper: The Infinite Possibilities of Origami," featuring more than 140 works, from 45 master folders

worldwide, will be on display May 16–September 21.

**Bellevue Botanical Garden** ([bellevuebotanical.org](http://bellevuebotanical.org)) is a 53-acre jewel with plants ranging from fuchsias to ferns, and specialty gardens such as an award-winning waterwise garden.

**Burke-Gilman Trail** ([seattle.gov/parks/burke-gilman/bgtrail.htm](http://seattle.gov/parks/burke-gilman/bgtrail.htm) and [kingcounty.gov/](http://kingcounty.gov/)



RANDY WELLS

[recreation/parks/trails/regionaltrailssystem](#)) runs more than 18 miles from Shilshole Bay in Seattle to the city of Bothell, where the trail connects with the **Sammamish River Trail**.

**The 1917 Hiram M. Chittenden Locks** ([seattle.gov/tour/locks.htm](http://seattle.gov/tour/locks.htm)) allow boat passage between freshwater and saltwater. You can watch boats go through the locks year-round. July–September are the best months to see salmon swimming up the fish ladder.

**The Chocolate Box Tour de Chocolate** ([sschocolatebox.com](http://sschocolatebox.com)) educates participants about chocolate, and includes a tour of Theo Chocolate's organic-chocolate factory, plus the opportunity to make your own chocolate bar.

**The 7.5-acre Dunn Gardens** ([dunngardens.org](http://dunngardens.org)), in northwest Seattle's Broadview neighborhood, was designed by the Olmsted Brothers, who completed their work in 1916. The shade-dappled woodland gardens and lush perennial borders are open for guided tours, by reservation, select days and times, April–July and September–October.

**Emerald Downs Racetrack** ([emeralddowns.com](http://emeralddowns.com)) provides the opportunity to watch exciting thoroughbred racing through September 28. The premier event is the Longacres Mile, August 24 this year.

**Emerald Water Anglers** ([emeraldwateranglers.com](http://emeraldwateranglers.com)) guides fly-fishing trips, for novices to experts, on Washington rivers such as the Snoqualmie, Yakima and Skagit, and on Puget Sound.

**Foss Waterway Seaport and Thea's Park** ([fosswaterwayseaport.org](http://fosswaterwayseaport.org)) commemorate the history of the Tacoma waterfront, including the accomplishments of late-19th century pioneer Thea Foss. The **Tacoma Maritime Fest** ([maritimefest.org](http://maritimefest.org)) will take place at the seaport and park, September 20 and 21, with boat tours, seminars, a boat-building competition and a shipping container kids can paint.

**The Future of Flight Aviation Center & Boeing Tour** ([futureofflight.org](http://futureofflight.org)) not only lets you take a tour of the jet-assembly plant, but also participate in interactive activities such as virtually designing and testing a jet.

**The Bill & Melinda Gates Foundation Visitor Center** ([gatesvc.org](http://gatesvc.org)), across from Seattle

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**Mercer Slough Nature Park** (ci.bellevue.wa.us/parks\_intro.htm), along Lake Washington in Bellevue, has land trails and a water trail, an environmental-education center, a blueberry farm, guided nature walks and canoe tours. Bellevue also has a **new zip tour** (bellevueziptour.com).

Center, features exhibits that tell the stories of work being done to improve people's lives. Many exhibits are interactive, such as one in which you can lift a 16-pound water bucket and think about what it would be like to carry water to your home each day. The visitor center also suggests actions each person can take to make a difference. Special events are held throughout the year. Admission is free.

**Harbor WildWatch** (harborwildwatch.org), in Gig Harbor, southwest of Seattle, provides environmental education and seeks to inspire stewardship of Puget Sound via interpretive programs such as Get Your Feet Wet, Explore the Beach and Pier into the Night.

**The Living Computer Museum** (livingcomputermuseum.org), south of downtown, is dedicated to the history of the computer and computing milestones. The displays include many that people can interact with, including playing vintage computer games such as *Donkey Kong* and *Pong*.

**Marina Park** (kirklandwa.gov), on the shore of Lake Washington in Kirkland, has amenities such as a beach, a dock, a boat launch, a fishing area, a pavilion where live music is performed, and public art. It's one of the nearly 50 sites overseen by Kirkland Parks & Community Services, including nearby **Peter Kirk Park**, whose amenities include a heated outdoor seasonal pool.

**Marymoor Park** (kingcounty.gov/recreation/parks), along the Sammamish River near Redmond, has amenities such as birding trails, tennis courts, a velodrome, an airfield for flying remote-controlled model aircraft, a climbing rock, a concert venue and the early-1900s Clise Mansion.

**Mount Rainier National Park** (visitrainier.com) and the surrounding area feature activities such as hiking, biking, fishing, horseback riding, mountaineering and scenic drives. Other nationally designated sites include **Klondike Gold Rush National Historical Park—Seattle Unit**, **Mount St. Helens National Volcanic Monument**, the **North Cascades National Park Service Complex** and **Olympic National Park** (see nps.gov for more information).

**The Museum of Glass** (museumofglass.org) in downtown Tacoma focuses on contemporary glass art, with top glassblowing artists

from around the world demonstrating their expertise in the museum's Hot Shop. The exhibit "Coastal Alchemy" continues through January 18. An exhibit about the Irish glass-art industry is on view through September 1.

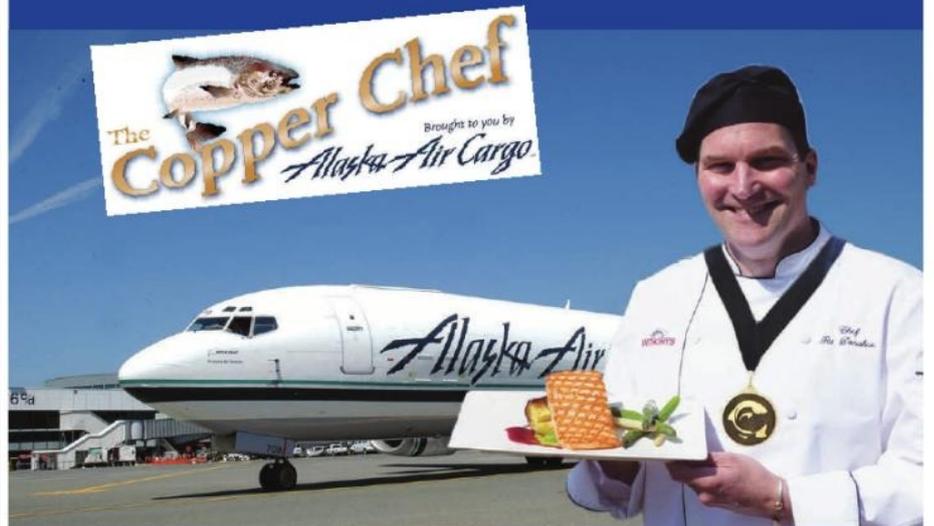
**The Museum of History and Industry** (mohai.org), located at Lake Union Park, highlights the history of the Northwest, with more than 4 million intriguing objects in its permanent collection. The traveling show "Chocolate: The Exhibition" will be at the museum June 14–September 28. The Lake Union area also includes **The Center for Wooden Boats**, **The Electric Boat Company**, **Northwest Outdoor Center** (kayak and SUP

rentals/classes), shops and restaurants, such as celebrated local chef Tom Douglas' **Cuoco**.

**Nightlife** (visitseattle.org): The numerous options include the **88 Keys Dueling Piano and Sports Bar**; **The Barrel Thief** wine and whiskey bar; the **Cowgirls Inc.** dance saloon; **The Crocodile** live-music venue; **The Parlor Bellevue** billiards and comedy club; **The Triple Door**, for live music; and **Unexpected Productions'** theatresports and improv.

**Tours of Pike Place Market** offered by various companies include a **history-themed tour** (publicmarketttours.com), the **Market Ghost Tour** (seattleghost.com); **Savor Seattle Food Tours** (savorseattlefoodtours.com), **Seattle Bites**

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**Ride the Ducks of Seattle** ([ridetheducksofseattle.com](http://ridetheducksofseattle.com)) features tours of Seattle by land and water in WWII amphibious landing craft, with sites including Pioneer Square, Gas Works Park (added to the National Register of Historic Places last year) and the *Sleepless in Seattle* floating home.

**The San Juan Islands** ([visitsanjuans.com](http://visitsanjuans.com)), about 80 miles north of Seattle, provide a relaxing, scenic getaway option—with recreation ranging from whale-watching and kayaking to cycling and hiking—that can be reached via a drive/state ferry, or the Victoria Clipper or Kenmore Air.

**The Seattle Pinball Museum** ([facebook.com/pages/Seattle-Pinball-Museum/131237786915560](https://facebook.com/pages/Seattle-Pinball-Museum/131237786915560)), in the Chinatown—International District, features about 50 machines dating from the 1960s to 2014. Museum visitors are allowed to play all of them.

**The Seattle Art Museum** ([seattleartmuseum.org](http://seattleartmuseum.org)) includes the main downtown Seattle location and the **Asian Art Museum** in Volunteer Park east of downtown, in addition to the outdoor **Olympic Sculpture Park**. “Miró: The Experience of Seeing” is on display at the downtown location through May 26. At the Asian Art Museum, “Deco Japan: Shaping Art and Culture, 1920–1945” will be on display May 10–October 19. At the Olympic Sculpture Park, installation of a major new addition is expected to be completed by the end of May. Titled *Echo* (2011), shown at right, the 46-foot-tall figurative sculpture by renowned Spanish artist Jaume Plensa depicts the mountain nymph from Greek mythology.



SEATTLE ART MUSEUM; BARNEY A. EBSWORTH COLLECTION © J. JAUME PLENSA; PHOTO: JAMES ERWIN

**Smith Tower** ([smithtower.com](http://smithtower.com)), completed in 1914, is one of Seattle’s most famous buildings. The Observation Deck on the 35th floor of the structure is open to the public and provides a view of many landmarks.

**Bill Speidel’s Underground Tour** ([undergroundtour.com](http://undergroundtour.com)) is a walking tour combining history and humor. Visitors learn about late-19th century life in Pioneer Square—the city’s first central business district—and see subterranean storefronts that were near sea level before civic leaders raised the street as part of rebuilding after the 1889 Great Seattle Fire. A sister tour, the **SubSeattle Tour** ([subseattletour.com](http://subseattletour.com)), *Continued on page S45*

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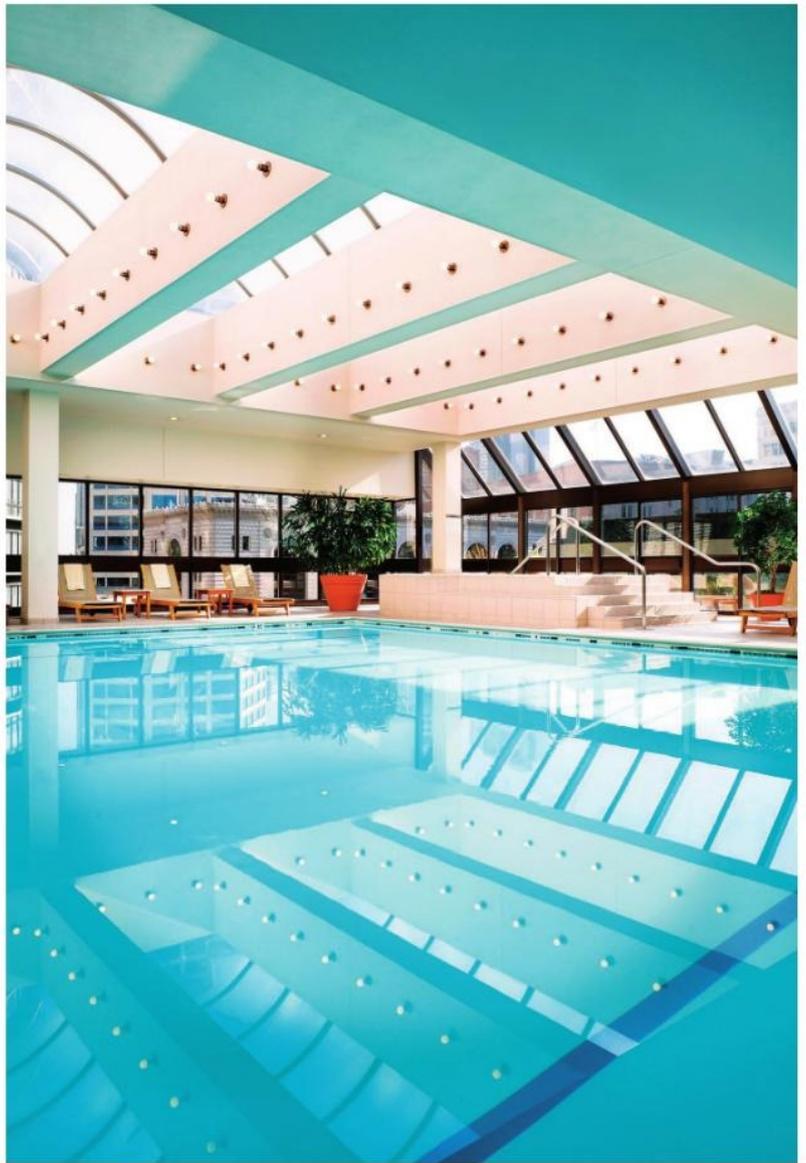
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Below: The relaxing lobby at Hotel 1000. Right: The indoor pool and whirlpool at The Westin Seattle.



All three are in downtown Seattle's retail/entertainment/business district, and less than a mile from attractions such as the Seattle Art Museum, Benaroya Hall, The 5th Avenue Theatre, The Paramount Theatre and the Washington State Convention Center.

Hotel 1000, a boutique hotel that recently introduced a new spa menu and an attractively priced \$15 to \$35 per day Pop-up Office option, is also just 3.5 blocks from historic Pioneer Square, and two blocks from the Seattle waterfront and the ferry terminal. Inn at the Market, a boutique hotel remodeled this year as it prepares to celebrate its 30th anniversary in 2015, is a serene oasis amid the bustle of famous Pike Place Market, and it is also near the waterfront. The Westin Seattle, which completed a remodel last year, is about a block from Westlake Center, where you can shop, dine and board the Seattle Center Monorail to be transported almost to the foot of the Space Needle.

**HOTEL 1000,**  
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**hotel1000seattle.com**

In the inviting lobby of the luxury hotel, a front desk greeter named Chelsea is offering guests complimentary sparkling wine or cider as they check in. "What a nice way to start our anniversary-celebration weekend," my husband, Michael, comments. Chelsea

**Also Notable:**  
**Studio 1000 lounge,**  
**with a gas firepit, and**  
**the Library, with a gas**  
**fireplace, where compli-**  
**mentary A.M. coffee and**  
**tea are served.**

also explains that the fitness room/dry sauna are open 24/7 and that the VoIP phone calls from the guestrooms are free to any place in the world. "Plus, there's free high-speed wireless Internet access throughout the hotel," she says.

We knew the contemporary property had a lot of high-tech attributes, including two golf simulators in a space known as The Golf Club, and we're discovering it has notable high-touch features, as well. We sip our "welcome" drinks while relaxing on a plush cocoa-colored lobby couch and admiring the space's warm zebra-wood paneling, fresh flower arrangements and glass-bamboo sculpture by Seattle glass artist J.P. Canlis.

In our guestroom, whose decor includes soothing hues of gold and green, the high-tech/high-touch combination continues. The Do Not

(LEFT) COURTESY: HOTEL 1000; (RIGHT) COURTESY: THE WESTIN SEATTLE

Disturb and Housekeeping alerts are electronic. The screen of the flat-screen TV greets us by name. An electronic shade provides privacy in the bathroom, which includes a freestanding two-person soaking tub—with a rubber ducky perched on the rim.

After freshening up, we slide into a booth at BOKA restaurant + bar for our anniversary dinner. The restaurant's menu is globally and seasonally inspired, and sourced by West Coast providers focused on sustainability. The wine list pays tribute to Northwest appellations, along with some noteworthy selections from France and Italy.

Entertained by lighting that moves through a rainbow of colors in the hip space, we savor courses such as juicy, slightly smoky, certified-organic pork belly from Skagit River Ranch in Sedro-Woolley, Washington, and succulent braised lamb shank from Cattail Creek Lamb in Junction City, Oregon. Each dish is delicious and innovative. For instance, the lamb shank is served with organic cacao jus from Seattle's Theo Chocolate.

The next morning we play one of the golf simulators, selecting Australia's Royal Melbourne Golf Club from a list of more than 50 global choices. Sadly, I'm no better on a virtual course than a real one, but we have a good time, and while I'm trying to sink my

***A weekday Pop-up Office with use of a large desk (bring your own devices) in Hotel 1000's meeting space, with snacks and drinks, plus valet parking and lunch if desired, is a popular option.***

putts, Michael enjoys gourmet BOKA snacks such as grilled flatbread, ahi tuna *poke* and truffle fries.

Too many strokes per hole can give a gal some aches and pains, so I'm glad we booked a post-round couple's massage from the tranquil Spaahh's new menu. "Your muscles are really tight," my therapist, Holly, murmurs as she rubs in Icelandic Moonflower oil created by the Red Flower company. "Yes, I needed this," I whisper. I don't hear a word from Michael. I think he must have fallen asleep while therapist Jamie worked on releasing the tension in his back.

After our treatment, a Spaahh staff member invites us to lounge in the relaxation room because the hotel has something special for us. "Happy anniversary!" she calls as she brings in red velvet cheesecake, topped with brûléed figs and white chocolate. "Everyone gets a little treat if we



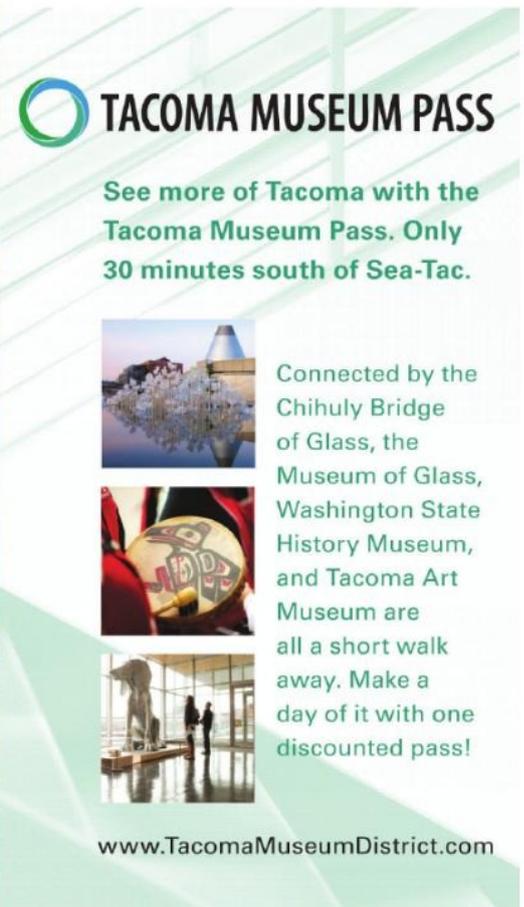
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know it's a special occasion. Would you also like complimentary champagne?"

Michael and I feel truly feted as we savor the rich cheesecake, feeding each other as we did at our wedding reception. "Yet another special Hotel 1000 touch," I enthuse, as we exchange delectable bites.

Rates start at \$249; 120 rooms (all with robes and slippers); Puget Sound-view rooms available; complimentary business center; 9,100 sq. ft. of meeting space; TripAdvisor 2014 GreenLeaders recognition; member of Preferred Hotels & Resorts and part of the Personal Luxury Resorts & Hotels portfolio.

**INN AT THE MARKET, 86 Pine St., 800-446-4484; innatthemarket.com**

"Talk about a view." Michael spreads his arms wide in front of our room's picture windows as if ready to embrace the scene before him, which includes barges, tugboats and ferries on Puget Sound; the red Public Market sign; the Seattle Aquarium; The Seattle Great Wheel; the tops of the Seahawks' and Mariners' stadiums; and the snow-swathed Olympic Mountains.

From our eighth-floor west-facing room and from the fifth-floor garden deck—open to all guests—the view is one of the best in the city. The seascape alone would make us delighted with our lodgings, and it's complemented by the hotel's renovation, which includes new custom furniture, such as reclaimed-wood work desks; custom-woven carpets; and Italian-tile bathrooms with walk-in showers

and vessel sinks. New windows are designed to better showcase the views, which for interior rooms feature a charming courtyard with a fountain and benches. Guestroom remodels are scheduled to be completed this month, and the rest of the hotel by February.

The goal of the remodel is "modern ambiance and gracious style" that evokes the natural colors and light of the Northwest, such as hazelnut, cerulean blue and amber. The overall effect is airy and peaceful. The soundproofing must be good, too,

**Also Notable:**  
Guests can purchase a \$15 day pass to Seattle Athletic Club, and in-room massages can be arranged.



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since within our room we hear nary a sound from the market activity surrounding the inn. "This place is a find," Michael says.

The pleasure of exploring the market finally lures us from our window. We taste local produce, and wander into shops such as The Spanish Table, Oriental Mart, Saffron Spice and Bavarian Meats. On a street corner, a bearded guitarist simultaneously strums the strings, plays the harmonica and keeps a hula hoop going. Then he balances the guitar on his head and plays the instrument's neck while singing what he introduces as "the saddest blues song you ever heard."

"Oh, no ... broccoli ... for dinner ... again. ..." he mourns soulfully.

We like broccoli, and wouldn't mind it for dinner, but it originated in the Eastern Mediterranean and Asia Minor, according to an Internet search, and our plans tonight are to travel to France by way of Cafe Campagne, one of the three market restaurants where you can charge your meal to your Inn at the Market room.

The cozy, Parisian cafe-like restaurant has a four-page wine list, with selections from top European wine regions as well as the Northwest. The mineral water is Saint Geron, from France's Auvergne region.

We start our meal with hearty but not heavy carrot soup; firm yet tender calamari sautéed in olive oil, garlic, parsley, capers and lemon; and crisp market greens. My marvelous main course is a juicy pan-roasted hanger steak with sautéed spinach and pommes frites, and Michael graciously parts with a sample of his moist, pan-roasted chicken. We make plans to return and try the signature cassoulet.

As we're lazing in the hotel lobby the next morning—viewing artwork by Northwest masters Guy Anderson and Kenneth Callahan, and working up the willpower to depart—we see General Manager David Watkins and express our pleasure at the inn's ambiance and location.

"Yes, guests tell us they can go to an exhibit at the Seattle Art Museum, shop at the market's specialty stores, come back and have dinner at Cafe Campagne, and feel like they've been around the world," he agrees.

Rates start at \$285; 76 rooms (all with robes and slippers), plus Beecher's Loft adja-

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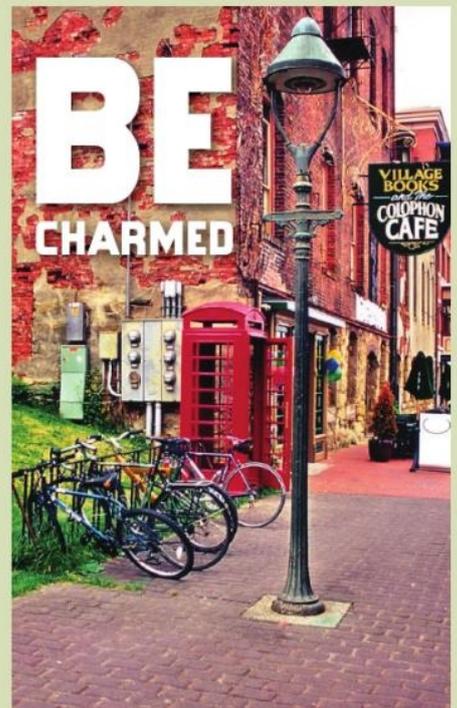
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cent to the hotel; complimentary morning coffee/tea/hot chocolate service; free local calls; complimentary Wi-Fi throughout the hotel; complimentary business center; 1,400 sq. ft. of meeting space; various sustainability practices.

**THE WESTIN SEATTLE, 1900 Fifth Ave., 888-627-8513; westinseattle.com**

Stencil-like words projected onto the bronze-colored carpet near the concierge desk at the Westin invite us to “Play Well.” Near the hotel’s Relish restaurant, which opened last year as part of an extensive remodel of the two-tower property, we see the phrase “Eat Well.”

“Work Well,” “Feel Well” and “Move Well” are projected near the row of front desks, while words near the elevator encourage us to “Sleep Well.”

The Westin prides itself on supporting healthy lives, with the overarching goal that guests “Be Well.”

Michael and I start with “Feel Well,” our spirits immediately lifted by our high-floor guestroom with its view of Puget Sound and the Olympic Mountains, the Space Needle, and the Seattle Monorail zooming by on the track below.

The Heavenly Bed in our accommodations—whose renovation included nature-inspired hues designed to create a balance of energy and calm—promises that we will sleep well.

I sit in the ergonomic chair at the long desk to review a guest-services booklet that describes room-service options such as “Super Foods Rx dishes.”

Inspired by the wellness idea, Michael suggests we work out before dinner in the two fitness studios. One has a large array of equipment (plus cold neck towels); the other, weights, mats and balls. Then we enjoy a swim through the silky-smooth water of the heated indoor pool and a soak in the nearby whirlpool.

We play well before dinner by challenging each other with trivia questions in the large lobby, whose picture windows provide people-watching entertainment. Guests

with laptops and smartphones take advantage of the complimentary lobby Internet access or chat at the long lobby bar.

Michael and I also have a great view of pedestrian traffic from our seats at Relish, where we order a mix of healthy and indulgent dishes: fresh tossed greens and crispy calamari; charred Brussels sprouts and sweet potato fries; grilled steelhead salmon and the Relish Signature Burger, topped with onion rings, bacon and Beecher’s peppercorn cheese.

We sleep so well in the Heavenly Bed that

we’re startled when the alarm goes off. “They’re going to have to kick me out,” announces Michael as he slinks back under the sheets.

I cajole him into getting up because before our stay we arranged to rent from the hotel, for just \$5 each, New Balance shirts, shorts, socks and shoes (we get to

keep the socks), which were waiting for us in our room when we arrived.

“Come on—three-mile power walk to and from the Olympic Sculpture Park and Myrtle Edwards Park—the concierge gave us a map,” I remind my spouse.

Within a few blocks of the hotel, we’re in our outdoor-exercise groove. “This is invigorating. This is a great way to spend a morning,” Michael remarks as we boost cardio fitness amid views of Elliott Bay and works of contemporary art.

When we return the map to the concierge, she’s full of positive reinforcement. “Here’s two towels and bottled waters, and an encouraging pat on the back—way to go!” she says. During this stay at the Westin, we’re doing very well, indeed.

*Rates start at \$189; 891 rooms (all with slippers, most with robes); in-room spa treatments available; fee-based business center (free boarding pass printing); 47,500 sq. ft. of meeting space; green practices and initiatives recognized by the Green Key and iStayGreen programs; part of Starwood Hotels & Resorts. S*

*Michele Andrus Dill is the senior editor of Alaska Airlines Magazine.*

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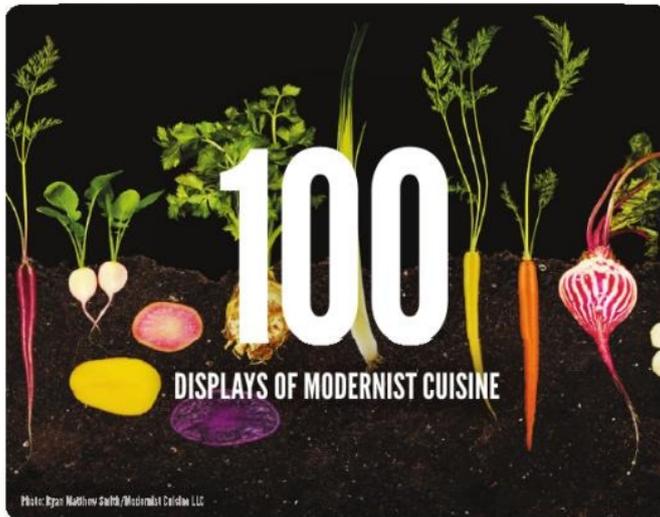
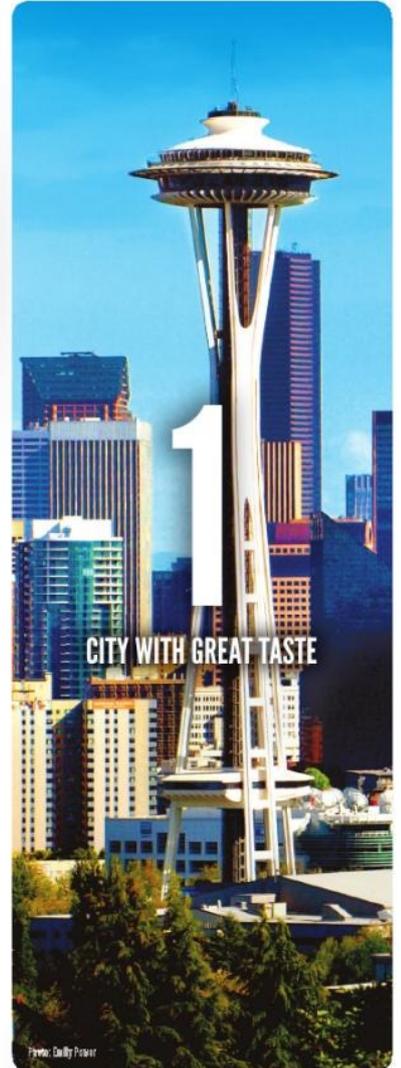
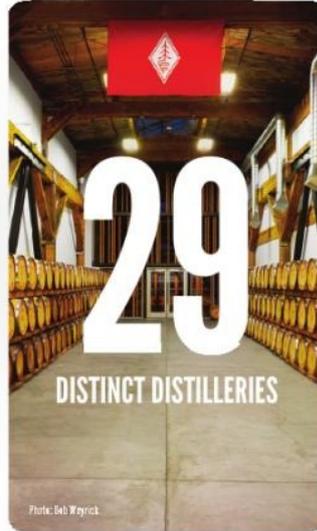
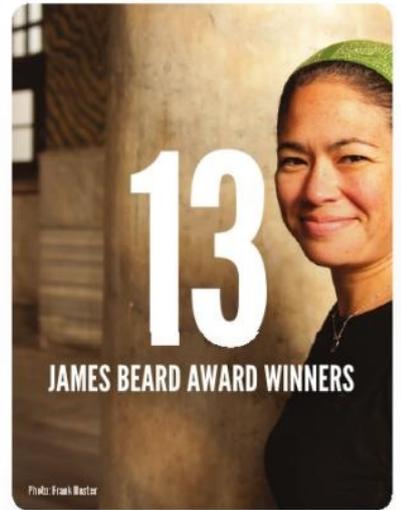
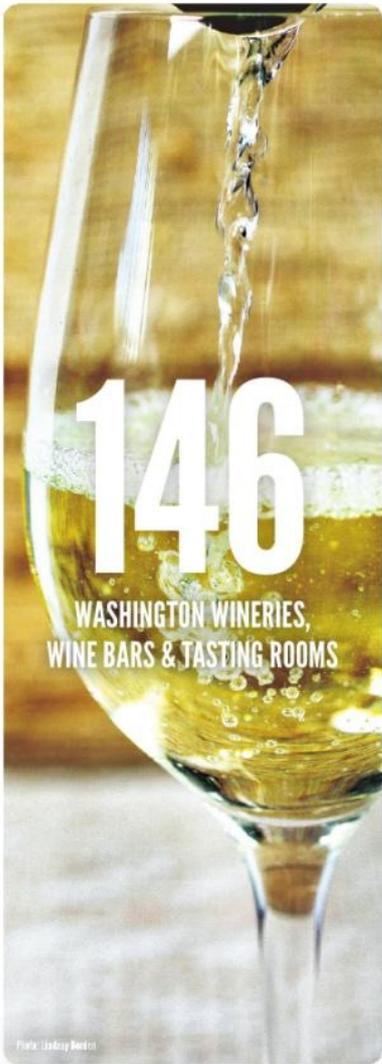


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Diners enjoy a meal at Miller's Guild.

RINA JORDAN

# DYNAMIC DISHES

BY PAUL CLARKE

**Seattle is known** for culinary creativity, and the region's dynamic food scene continues to grow and develop. From highly anticipated downtown debuts to intriguing options in other neighborhoods, here are four restaurants worth adding to your Seattle-area itinerary.



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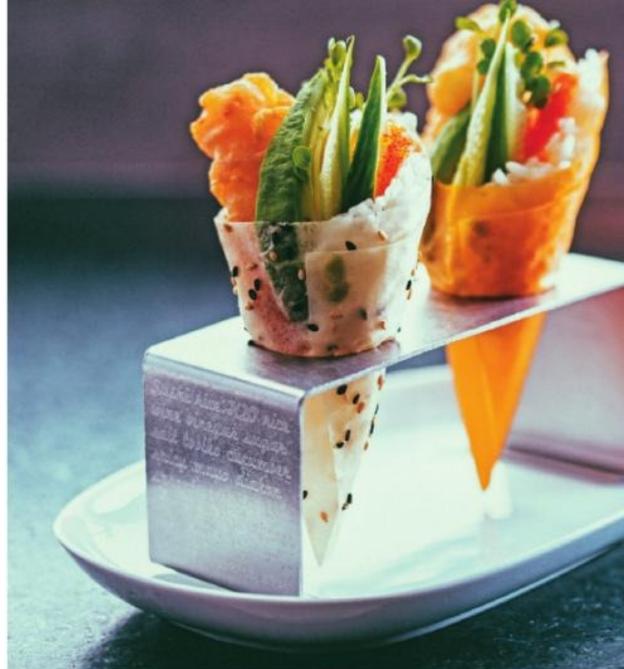
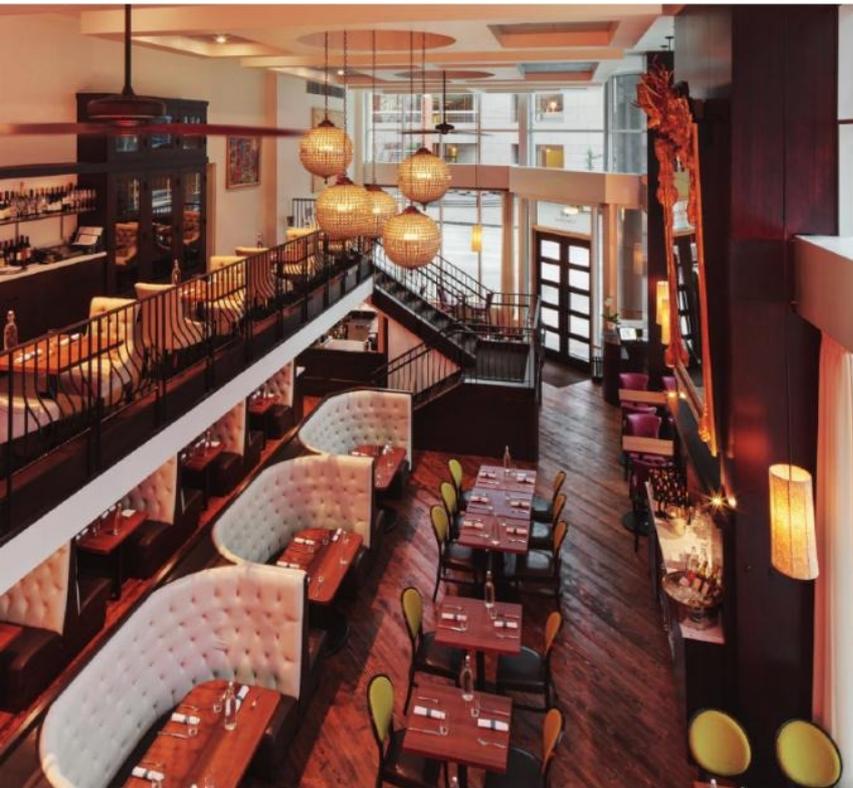


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Above: Creative sushi cones from Joey Kitchen. Left: The appealing dining room at Loulay. Below: Bone-in rib-eye with asparagus from Woodman Lodge Steakhouse & Saloon.

**MILLER'S GUILD, 612 Stewart St., 206-443-3663; millersguild.com**

It's a crisp evening in downtown Seattle as a sunny spring day turns to night, but we're warmed by the blazing Inferno at Miller's Guild. The nine-foot-long wood-fired grill is not only the focal point of the restaurant—guests can sit at a 16-foot-long maple counter to enjoy the display—but it's also at the heart of the nose-to-tail menu offered by James Beard Award-winning chef/partner Jason Wilson, whose Crush restaurant in Seattle will celebrate its 10th anniversary next year.

Wilson's cuisine is enhanced by selections from a wine list that is as global as it is formidable—not surprising, considering that renowned sommelier Jake Kosseff is the managing partner in the restaurant.

Since the restaurant's December debut in Hotel Max, Miller's Guild has attracted a steady stream of locals and out-of-town visitors to sample the steaks, chops and seafood arrayed above the Inferno's glowing coals on a system of crank wheel-adjusted grills, along with meats and vegetables braised in covered metal dishes nestled amid the hot cinders.

The restaurant's rustic-modern decor reflects the kitchen's reliance on wood, as—surprisingly—does the bar menu. Created by Alex Negranza and Bex Karnofski, it includes drinks featuring products from local distilleries—gin, vodka and other spirits—that have been oak-aged in-house, the barrels on display above the bar.

My wife, Leonora, and I settle in at the counter to watch the kitchen team as we start with cocktails. I order a Golden Age—a mixture of cask-aged gin with robust Italian vermouth and a bitter French aperitif—while Leonora sips a Haymaker's Punch, with rum and a tart ginger-apple shrub.

From the dinner-menu choices, we see that even appetizers and vegetable courses find their way to the massive grill, and we start with coal-roasted beets that are balanced with the fresh flavors of dill, mint and horseradish cream. We also share a salad of shaved kale—bearing the crispness and smoke of a brief encounter with the grill—that is enriched with merguez sausage, hazelnuts and currants, and brightened with lemon and mint.

Miller's Guild also has plenty of vegetable options,



(CLOCKWISE FROM TOP LEFT): SPIKE MAYFORD; COURTESY: JOEY KITCHEN; RINA JORDAN

but the restaurant is particularly well-gearred for carnivores—the whipped lardo that accompanies a plate of focaccia even brings the bread course into the scheme—and we discover the chef’s mastery of meat with the arrival of our entrees. My smoky, tender, 75-day dry-aged prime New York steak, sourced from California’s Niman Ranch, is accented with bright spices

**Also Notable:**  
Offers 75-day dry-aged prime Niman Ranch bone-in rib-eye service for two.

and accompanied by housemade “motoraioli,” featuring drippings from meat and veggies on the grill. Leonora’s savory beef short ribs from Niman Ranch are played against a preparation of horseradish and tart yuzu. For accompaniments, the earth-

iness of roasted and smoked maitake mushrooms is complemented by a puree of sweet onion and a *sous vide* soft-cooked egg. A decadently rich side of Gruyère mashed potatoes is another noteworthy option.

The mighty flavor tones of the entrees have a foil in the delicate and sometimes playful dessert menu, with options including a “Snickers Bar” of chocolate cake and salted caramel mousse, and a PB&J bread pudding prepared with a housemade doughnut, raspberry sauce and vanilla ice cream.

The food at Miller’s Guild is big and bold—the kind of flavor muscle that’s a welcome addition to

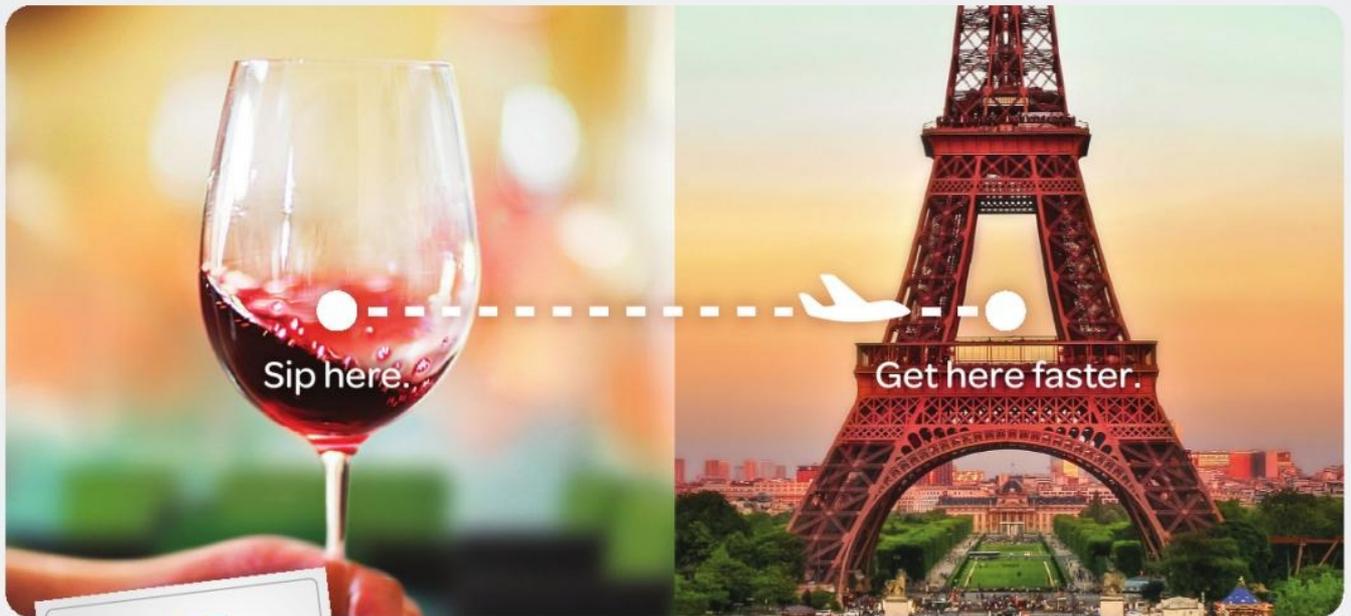
Seattle’s restaurant culture. In the summer, outdoor-patio dining is available, for those seeking a breeze or sun-generated warmth.

**LOULAY KITCHEN & BAR, 600 Union St., 206-402-4588; thechefinthehat.com/loulay**

Tuesdays are typically a slower night for restaurants, but when we step into the dining room at Loulay, the restaurant’s energy makes it feel like the week has fast-forwarded to Friday.

Since opening in December at the Sheraton Seattle Hotel, Loulay has brought the flavor of small-town France to downtown Seattle. Named for Saint Hilaire de Loulay, the hometown of chef-owner Thierry Rautureau, Loulay is a lively and expansive space that combines culture and comfort. An enormous chandelier hangs from the 25-foot-high ceiling; a massive 11-by-7 gilded mirror adorns one wall; and it seems like Rautureau’s signature fedora can be seen all around the dining room as he moves among the tables, greeting guests both longtime and new.

There are plenty of the former—Rautureau, a James Beard Award winner, is a Seattle institution, with his now-closed restaurant Rover’s having served guests for a quarter century, and his other venture, the bistro-style Luc, remaining a local favorite. With



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the downtown debut of Loulay, he is adding another layer to his already impressive fan base.

Leonora and I take our seats on a curving white-leather banquette and sip a Waitsburg Cellars' lively Chenin Blanc, from southeastern Washington, as we consider the extensive menu, filled with dishes designed for sharing. We embark with a plate of oysters, served with a classic mignonette and two inspired variations: The first is prepared with ruby pomegranate seeds, and the second has Vietnamese flourish, with fish sauce, tomato and a flash of chile heat. We follow the oysters with a grilled-endive salad in which the sweetness of caramelized apple is countered by the tart tang of a mustard-thyme vinaigrette.

For the second course, we opt for the simplicity of seared white polenta that's given depth with wild mushrooms and a vegetable demi-glace, plus a snap of salty richness via a Parmesan crisp. Our other second-course selection is tender pappardelle supporting a luscious mixture of braised rabbit, trumpet mushrooms, cipollini onions and bitter mustard greens.

I switch gears to a floral Loire Valley Cabernet Franc in preparation for my main course, a dish of duck served three ways: slices of seared breast, leg confit and savory duck sausage. The duck is accompa-

*Rautureau is called "the Chef in the Hat" because his wife and co-owner, Kathleen, gave him a fedora for Christmas many years ago. When Rautureau entered Rover's with the fedora on, a diner said, "Look, it's the chef in the hat."*

nied by a demi-glace enriched by a cassis puree, and a side of flageolet beans.

Leonora's albacore tuna is a lesson in the artistry of nuances—the delicately flavored fish served with celery-root puree and the gentle umami nudge of miso nage.

The dessert menu provides plenty of opportunities to indulge, including a warm pear tart Tatin with buttermilk ice cream or a crème caramel with toasted meringue and streusel, but during one of his pauses at our table, Rautureau tells us about a personal favorite, and that's what we order.

The Chef's Hot Chocolate is a deep and rich cup of simple chocolate, served with a slender stick of toasted brioche. The chef instructs us to spread salted butter on the brioche and then dip the brioche into the drink—comfortable, yet indulgent, and a summary of the Loulay experience in a single dish.



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**WOODMAN LODGE STEAKHOUSE & SALOON, 38601 SE King St., Snoqualmie, 425-888-4441; woodmanlodge.com**

The scenic Snoqualmie Valley, in the Cascade Range foothills east of Seattle, is a popular recreation destination, with golf courses, hiking trails, a spectacular waterfall and even a train museum.

Located in a 1902 building in the heart of the city of Snoqualmie, about 30 miles east of Seattle, Woodman Lodge pays tribute to the pioneers who helped settle this valley, laying railroad tracks through the mountains, mining coal, constructing power plants and harvesting timber for the growing community. At the time the restaurant's building was constructed, Snoqualmie was one of the world's most productive timber regions, and the lodge was built to house a fraternal order of woodmen.

Photos of early lodge members—with handlebar moustaches, and holding axes while dressed in early 1900s lumberjack finery—adorn the restaurant's walls, and the period decor is reinforced by the hammered-tin ceiling and assorted mounts of wildlife taxidermy, ranging from a chinook salmon on one wall to a grizzly that keeps watch over an upstairs dining room.

The restaurant blends upscale neighborhood lounge with destination steakhouse, and a menu featuring steaks, ribs and Northwest seafood such as Alaska sea

scallops also regularly includes wild game. Given the number of diners here on a busy Friday night, it's clear the menu is well-received.

We start with a steakhouse classic: a wedge salad, made from a half head of romaine lettuce that's flash-charred on the grill, drizzled with blue cheese and strewn with crunchy bacon.

Leonora considers the porcini-crustured half chicken with sautéed wild mush-

**Also Notable:**  
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PROVENANCE  
HOTELS

rooms before deciding on beef. Her prime rib, tender and silky, arrives with spicy horseradish and a fragrant mound of rosemary fries.

I've followed the waiter's recommendation and opted for the evening's wild-game special: a rack of mustard-crusting wild boar. The robust spice of the seasoning balances the lean earthiness of the meat, and the accompanying glass of St. Supéry Cabernet, one of the many wine choices, provides an additional flourish of flavor.

Having started our meal with a classic steakhouse salad, we finish it in a similar comfort-food manner—with a dark and rich molten chocolate cake.

**JOEY KITCHEN AT UNIVERSITY VILLAGE, 2603 NE 46th St., 206-527-6188; [joeyrestaurants.com/kitchen-at-university-village](http://joeyrestaurants.com/kitchen-at-university-village)**

The University Village shopping center, in the University District north of downtown Seattle, has long been a gathering place for Seattle-area residents, and the center's recent expansion—which includes the opening of Joey Kitchen—has further bolstered University Village's appeal.

Restaurants owned by the Vancouver, British Columbia-based Joey Restaurant Group are

**Also Notable:**  
 Joey Restaurants Executive Chef Chris Mills has twice presented dinners at the James Beard House.

longtime staples of upscale casual dining in cities such as Calgary and Edmonton, Alberta, and Vancouver, B.C., and Joey Kitchen—one of three Joey sites in the Puget Sound region—is the designated "test kitchen" for the Seattle-area locations and for the Los Angeles restaurant opening in 2016.

Joey Kitchen features dishes that are under development before being introduced to a wider audience, giving diners an early opportunity to taste the restaurant's newest creations and offer feedback.

A large, open kitchen occupies one end of the restaurant's clublike space,

with line chefs working grills and stations in view of the dining room. At one end of the line, a sushi chef cuts morsels of fresh fish.

Leonora and I sit at a bistro table near the sushi station (there is also a separate dining room), and she sips a Pimm's Cup sweetened with limoncello and vodka, and fizzed with ginger ale, while I have a glass of Precept Wine's Columbia Valley Cloud Cap Pinot Gris. It's served on tap as part of the restaurant's Barrel Fresh program, which includes red and white wines by the glass from a special keg system designed to ensure freshness.

The menu is a mix of casual classics—burgers, steaks, sandwiches and pastas—and fare that takes a range of creative and often international directions. We start with tender gyoza filled with minced pork and vegetables, enlivened by hot mustard, with satisfying depth from soy broth. The wonderful test-kitchen starter of tuna tataki comprises seared ahi, sliced and served atop a nest of julienned carrot and green papaya, and drizzled with a tart yuzu dressing, with accompanying avocado slices, cubes of mango and slivers of serrano chiles.

A duck-prosciutto sandwich comes with the gentle sweetness of teriyaki sauce—a sweetness echoed by the sandwich's fruit-nut bread. The saltiness of the prosciutto underscores the duck's savory elements.

We take another international turn with an aromatic dish of Indian butter chicken. The cubes of tender chicken swim in a rich, red tomato broth dotted with a dollop of yogurt, and the dish is served with fragrant rice cooked with almonds and currants, as well as a slice of grilled naan.

Apple pie and chocolate soufflé are among the dessert options, but the sunny weather outside encourages us to order the key lime pie—the fruit's tangy brightness piercing through the indulgent spoonfuls of vanilla whipped cream. **S**

*Writer Paul Clarke lives in Seattle.*





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Continued from page S22 is done by bus and provides a look at “offbeat neighborhoods and sights.”

**Stadium tours of CenturyLink Field, home of the Seahawks and Sounders FC** (centurylinkfield.com/tour-centurylink-field), and **Safeco Field, home of the Mariners** (seattle.mariners.mlb.com/sea/ballpark/safeco\_field\_tours.jsp), provide a behind-the-scenes look.

**U.S.S. Turner Joy** (ussturnerjoy.org) on the Bremerton waterfront, west of Seattle, is a Vietnam War-era destroyer maintained as a museum. Visitors can explore almost the entire ship.

**The University of Washington** (washington.edu/discover/visit), north of downtown, was the site of the 1909 Alaska-Yukon-Pacific Exposition. University performing-arts events and museums are open to the public, including the **Burke Museum of Natural History & Culture** (burkemuseum.org). Founded in 1885, the Burke Museum is Washington’s oldest; its collection includes more than 15 million specimens and artifacts. Through October

26, the museum is presenting “Imagine That: Surprising Stories and Amazing Objects from the Burke Museum.” The university’s **Waterfront Activities Center** rents canoes and rowboats to the general public for paddling Lake Washington and Washington Park Arboretum waterways.

**The Washington State History Museum** (washingtonhistory.org) in Tacoma, with roots going back to 1891, has excellent living-history exhibits that bring the past to life. The permanent “Great Hall of Washington History” features many interactive displays, such as a video journey down the Columbia River and a computer station where you can learn Native words.

**The Wing Luke Museum of the Asian Pacific American Experience** (wingluke.org), a National Park Service “affiliated area,” gives visitors the opportunity to view spaces such as the kitchen and Mahjong room in the historic 1910 hotel where many immigrants first found shelter in America. The museum, located in the heart of Seattle’s Chinatown-International District, also offers guided walking tours, such as the **Touch of Chinatown**

**Tour** and the **Songs of Willow Frost Tour**, based on Jamie Ford’s newest novel. Current exhibits include “Grit: Asian Pacific Pioneers Across the Northwest,” through October 19.

**Woodinville Wine Country** (woodinville-winecountry.com), northeast of downtown Seattle, is home to more than 100 wineries and tasting rooms. A self-tour map is available, and so are guided tours. Special events in Woodinville Wine Country include the **Chateau Ste. Michelle Summer Concert Series** (ste-michelle.com), featuring big-name artists, and the **Celebrate Woodinville Summer Event Series** (celebratewoodinville.com), including concerts. Other attractions include the **Adventura Aerial Adventure Park** (climbing course, aerial trekking, at-height obstacle course; adventuraplay.com); **Redhook Brewery tours** (redhook.com/breweries/woodinville-brewery); and **Woodinville Lavender** (with seasonal U-cut opportunities; woodinvillelavender.com).

—Michele Andrus Dill & Madison Cavell



RYAN HAWK / WOODLAND PARK ZOO

**Woodland Park Zoo** (zoo.org), in Seattle’s Green Lake neighborhood, presents about 1,000 individual animals representing more than 300 species from around the world. The zoo is opening a new cheetah exhibit with two female cheetahs, May 1, while three jaguars (shown above) that celebrated their first birthday in March will be on display until they go to new zoo homes. The zoo’s four new Asian small-clawed otter pups, born in January, have joined their parents and four older brothers (named Sherman, Thomas, Chancellor and Maxwell in honor of the Super Bowl-winning Seahawks lineup) on view in the Bamboo Forest Reserve. **Zoo-Tunes concerts** take place June through August each year.

## SHOP LEARN PLAY

(REPEAT)



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Alaska Airlines flight attendants perform a dance during a past Torchlight Parade.

## Alaska Airlines Seafair Torchlight Parade

The Alaska Airlines Seafair Torchlight Parade will be a signature event during the 65th-annual Seafair celebration this year. Taking place July 26, the parade will include giant balloons, clowns, equestrian units, pirates and bands, along with drill teams representing local communities.

The parade will start at 7:30 P.M. at Seattle Center and march a 2.5-mile route along Fourth Avenue to the Pioneer Square neighborhood. Related events on July 26 will include FanFest, with float displays, entertainment, booths and free vendor samples at Seattle Center from noon to 6 P.M., and the 8K and 5K Torchlight Run at 6:30 P.M. along the parade route.

The Seafair summer celebration also includes events such as the Seafair Pirates Landing at Alki Beach; a triathlon; a milk-carton derby; an SUP competition; the Miss Seafair Scholarship Program for Women Coronation; Fleet Week, with its Parade of Ships, July 30–August 3; and Seafair Weekend, August 1–3, with exciting hydroplane racing and an air show featuring the U.S. Navy Blue Angels. Contact: 206-728-0123; seafair.com. —Michele Andrus Dill

## BURGEONING SPORTS TOWN

Sports fans will find a variety of options in the Emerald City. The following is a look at Seattle's leading professional sports teams. —Jeff Bond

### Seattle Mariners (mariners.com)

The Mariners made one of the biggest splashes in Major League Baseball this off-season by signing All-Star second baseman Robinson Canó, above, who will join Cy Young Award-winning pitcher Felix Hernandez in leading a young and talented roster.



### Seattle Sounders FC (soundersfc.com)

Superstars Clint Dempsey, left, and Obafemi Martins, who both joined the team in 2013, are expected to create plenty of excitement and help the Sounders make a run at qualifying for the MLS playoffs for the sixth consecutive year in 2014.



### Seattle Seahawks (seahawks.com)

Following their 2014 Super Bowl victory, the world champion Seattle Seahawks hope to contend for a second Super Bowl ring in the upcoming season. While free-agent departures have cost the team important players, safety Earl Thomas and cornerback Richard Sherman are expected to anchor one of the NFL's best defensive squads, and quarterback Russell Wilson, left, will lead a potent offense that includes running back Marshawn Lynch and wide receiver Percy Harvin.



### Seattle Storm (wnba.com/storm)

Star Lauren Jackson will be out for the season, leaving veteran point guard Sue Bird, left, to lead a Storm team ready to rebound from a 17-17 season in 2013. The Storm added scoring ability and veteran presence by acquiring All-Star forward Crystal Langhorne from the Washington Mystics. Langhorne should add strong post play during Jackson's absence. The Storm's home opener will be May 16 against Los Angeles.



### Seattle Reign FC (reignfc.com)

With a retooled roster and a healthy Hope Solo, left, as goal-tender, Reign FC is considered one of the National Women's Soccer League's most improved teams. The Reign's roster includes U.S. National Soccer Team members Stephanie Cox, Sydney Leroux, Megan Rapinoe and Solo, as well as Scottish National Team star Kim Little.

## ROOM WITH A VIEW

For one of the best public viewing areas west of the Mississippi, visit the **Sky View Observatory** on the 73rd floor of the Columbia Center, downtown Seattle's tallest building. Located nearly 1,000 feet above the ground, the observatory offers a 360-degree panoramic vista that not only includes Bellevue, Seattle and Puget Sound, but also offers views of the Cascade Range, Olympic Mountains, and such peaks as Mount Baker and Mount Rainier. Contact: 206-386-5564; skyviewobservatory.com.



The P51-D Mustang at the Flying Heritage Collection.

## WORLD WAR II HISTORY

*Have you ever wondered what a P51-D Mustang or an M-41 Medium Sherman Tank looks like up close? The Flying Heritage Collection at Everett's Paine Field will give you the chance to view these famous World War II machines. The collection, owned by Microsoft co-founder Paul Allen, focuses on technology from the 1930s and '40s. It includes 22 combat aircraft, three tanks and many other rare World War II artifacts such as a V-2 Rocket. Contact: 206-342-4242; flyingheritage.com.*

## Northwest Art

The Tacoma Art Museum, which celebrates its 80th anniversary in 2015, presents "A Punch of Color: Fifty Years of Painting by Camille Patha," the first retrospective of the Seattle artist's work since 1979. The exhibit showcases her bright and colorful gestural abstraction style, which will be on display through May 25.

Another special Northwest exhibit at the museum this year is "Photographic Presence and Contemporary Indians: Matika Wilbur's Project 562," which runs May 15–October 5. This work-in-progress is a collection of photographic images of contemporary American Indians by the Seattle-area artist Wilbur, a member of the Swinomish and Tulalip tribes. Her goal is to photograph members of all 562 federally recognized tribes in the United States.

The Tacoma Art Museum, located about 30 miles south of Seattle, includes a permanent collection of more than 4,400 works in a broad range of aesthetic media—from Northwest artist Dale Chihuly's glass collection to Kenjiro Nomura's works depicting Japanese-American internment during World War II, as well as paintings by European masters Degas and Renoir.



A photograph of Stephen Yellowtail of the Crow Tribe by Matika Wilbur.



Camille Patha's *The Juicier the Berry*.

In November, the museum is scheduled to open a new 16,000-square-foot wing. The sustainable and energy-efficient structure will house the Haub Family Collection of Western American Art—about 280 works by artists such as George Catlin and Georgia O'Keeffe—as well as an interactive gallery, sculpture hall and visitor orientation room. Contact: 253-272-4258; tacomaartmuseum.org. —Jordan Ilarde

(CLOCKWISE FROM TOP RIGHT) JOHN M. DIBBS; COURTESY, FLYING HERITAGE COLLECTION; COURTESY, MATIKA WILBUR; COURTESY, CAMILLE PATHA

  
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## SHOPPING

The Puget Sound area has excellent destinations for finding exactly what you need. Below are a few examples:

**The Bellevue Collection**, in the city of Bellevue, about 10 miles east of Seattle, features 250 shops, two luxury hotels, more than 25 sit-down restaurants, a 16-screen cinema, a bowling alley and a billiards parlor/comedy club. Some recent store openings at The Bellevue Collection include the world's only Farinaz Taghavi store; the United States' first Ivivva store; and Washington state's first Intermix, Max Mara and OroGold stores. New restaurants include Kaisho and Cactus; [bellevuecollection.com](http://bellevuecollection.com).

At **The Bravern**, also in Bellevue, Gucci is scheduled to open an 8,000-square-foot location in July; Moncler is scheduled to open mid-summer; and Hermès is planning to expand to 9,300 square feet in spring 2015. The Bravern offers about a dozen shops, including the Northwest's only Neiman Marcus, along with a gym and top restaurants such as John Howie Steak; [thebravern.com](http://thebravern.com).

At the open-air **University Village**, in the University District, north of downtown Seattle, five additional floors of free parking make it even easier to shop at the 100-plus retailers, including 10 new stores and four new restaurants. The shopping center is the only Seattle location for the new stores Bluemercury, Scotch & Soda, Calypso St. Barth, Nike Running and Hot Mama; [uvillage.com](http://uvillage.com).

Enjoy shopping before or after your flight at **The Shops at Sea-Tac**, which include nearly 50 eating establishments, such as Anthony's, and about 30 acclaimed retailers, such as ExOffice; [seatacshops.com](http://seatacshops.com).

## ACCLAIMED FILM FESTIVAL

An African Pictures program, a Films4Families series, a Midnight Adrenaline series and a short-film challenge with the theme "Seattle, I Love You" will be highlights of the Seattle International Film Festival as it celebrates its 40th year of bringing extraordinary films from around the world to the Emerald City. • More than 270 feature films and 160 short films from more than 80 countries will be shown at this year's festival (May 15–June 8), whose sponsors include Alaska Airlines. Festival attendance of more than 150,000 makes SIFF one of the best-attended film festivals in the United States. Contact: 206-464-5830; [siff.net](http://siff.net).



## CALENDAR

**Teatro ZinZanni: circus/comedy/cabaret dinner theater.** Celebrating its 16th season in Seattle, the theater presents *On the Air*—a trip back to the Golden Age of radio that includes acrobats and music—through June 1. 206-802-0015; [zinzanni.com/seattle](http://zinzanni.com/seattle).

**Nordic Heritage Museum**, Ballard neighborhood: The exhibit "Danish Modern: Design for Living" features unique Danish furnishings from the 1950s and 1960s,

May 16–Aug. 31. 206-789-5707; [nordicmuseum.org](http://nordicmuseum.org).

**Northwest Trek Wildlife Park**, Eatonville: This 725-acre, 200-plus animal park is open year-round and offers popular tram tours. The park's annual Slug Fest will be June 21–22. 360-832-6117; [nwtrek.org](http://nwtrek.org).

**Northwest Folklife Festival**, Seattle Center, May 23–26: Enjoy cultural events, music, dance, film, author readings and lectures.

This year's event includes a celebration of India. 206-684-7300; [nwfolklife.org/festival](http://nwfolklife.org/festival).

**Town Hall:** Upcoming events include "A Reading with Anne Carson," May 13; "An Evening with Rebecca Solnit," June 5; "The Lake Union Civic Orchestra performs Beethoven, Liebermann & Chagnard," June 13; "Mary Mackenzie: *Pierrot Lunaire* & New Works," June 24. 206-652-4255; [townhall-seattle.org](http://townhall-seattle.org).

**Skagit Tours, from Seattle City Light:** Enjoy a boat tour on spectacular Diablo Lake in North Cascades National Park, 135 miles northeast of Seattle, Thursdays through Mondays, July 3–Sept. 15. Tours include lunch featuring organic and locally sourced ingredients. Other Skagit Tours include North Cascades Explorer Tours and historic Newhalem Walking Tours, all on select dates. 360-854-2589; [skagittours.com](http://skagittours.com).

## CALENDAR

**Bite of Seattle**, Seattle Center, July 18–20: The event, for which Alaska Airlines is a sponsor, includes a weekend filled with gourmet delights from Puget Sound-area restaurants. 425-295-3262; biteofseattle.com.

**Pacific Northwest Scottish Highland Games and Clan Gathering** at the Enumclaw Expo Center, July 26–27. The event features Celtic arts, athletic competitions, combat exhibitions, traditional music and more. 206-522-2541; sshga.org.

**Seattle Beckett Festival**: From August through November, nearly 20 theater companies around Seattle will celebrate Samuel Beckett by producing his plays, performing readings of his works, screening his films and more. seattlebeckettfest.org.

**Bumbershoot: Arts in the Great Northwest**, Seattle Center, Aug. 30–Sept. 1: Billed as North America's largest urban arts festival, with music, theater, dance, visual arts, film and comedy. 206-673-5060; bumbershoot.org.

**Washington State Fair**, Puyallup, Sept. 5–21: The fair features rides, food, livestock exhibits, concerts and a professional rodeo. 253-845-1771; thefair.com.

**Seattle Children's Theatre**, Seattle Center. The theater features *Art Dog*, through May 18; The 2014-15 Season includes *The Garden of Rikki Tikki Tavi*, Sept. 25–Nov. 9; *Dick Whittington and His Cat*, Nov. 13–Dec. 21; *Mwindo*, Jan. 22–Feb. 15; *Goodnight Moon*, Mar. 5–Apr. 19; *Robin Hood*, Apr. 16–May 17. 206-441-3322; sct.org.

**General Theater**: ACT, *The Price* by Arthur Miller, May 30–June 22 (acttheatre.org). Book-It Repertory Theatre, *The Amazing Adventures of Kavalier & Clay*, June 7–July 13 (book-it.org). The 5th Avenue Theatre, *The Gershwins' Porgy and Bess*, June 11–29 (5thavenue.org). Paramount Theatre, *Once*, May 27–June 8 (stgprepresents.org). Seattle Gilbert & Sullivan Society, *The Mikado*, July 11–26 (pattersong.org). Seattle Repertory Theatre, *Who's Afraid of Virginia Woolf?*, through May 18 (seattlerep.org). Seattle Shakespeare Company, *Twelfth Night*, Oct. 21–Nov. 16 (seattle-shakespeare.org). Taproot Theatre, *Diana of Dobson's*, May 16–June 14 (taproottheatre.org). Village Theatre, *Funny Girl*, May 15–July 6 (villagetheatre.org).

**Additional Performing Arts**: Kirkland Performance Center, stand-up comedian and scientist Tim Lee performs, June 28 (kpcenter.org). Pacific Northwest Ballet, *Giselle*, May 30–June 8 (pnb.org). Seattle Opera (50th anniversary), *Don Giovanni*, Oct. 18–Nov. 1 (seattleopera.org). Seattle Symphony, "Morlot Conducts Mozart," May 15 and 17; Ravel's *Daphnis et Chloé*, June 5 and 7 (seattlesymphony.org). Theatre at Meydenbauer Center, Bellevue Jazz Festival, May 30–31 (meydenbauer.com).

For more information on Seattle-area recreation, ranging from the arts to outdoor activities such as golfing the Chambers Bay course (site of the 2015 U.S. Open) and hiking in local wilderness areas, please go to visitseattle.org.

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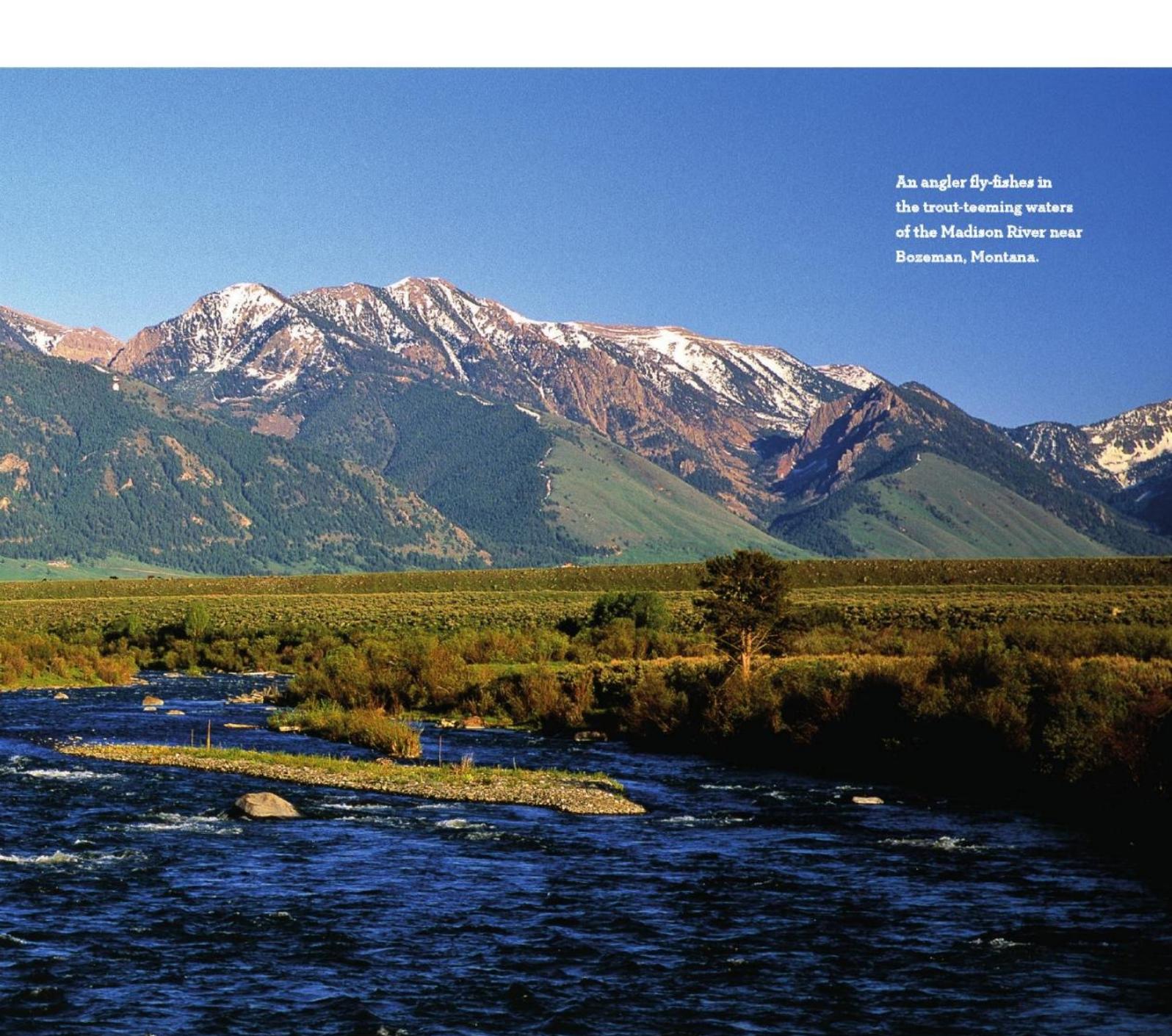
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# GREAT IN MONTANA CATCHES





An angler fly-fishes in the trout-teeming waters of the Madison River near Bozeman, Montana.

## FLY-FISHING IN BIG SKY COUNTRY

By Keith McCafferty

They swarm like dust motes in shafts of sunlight: tens and then hundreds and soon thousands of wings beating inches above the current of the Madison River. These caddisflies, giving the appearance of small moths with their tent-shaped wings, are in the midst of their annual emergence from the underwater pupal stage to adult, in what is called the Mother's Day Hatch.

Drawn by the fluttering insects, the trout begin to rise—just a few at first. Quick circles form and disappear on the mirror of the water like the intermittent patter of raindrops that harkens a downpour. I strip line from the fly reel, make the cast and wait. When the imitation fly I had tied from elk hair floats down the current and disappears in a swirl, I raise the rod to feel the pull of a trout on the line.

Those of us who fish live for such moments as when the trout takes the fly, when it leaps, showing its bulk, when it winks like a coin as you lead it into shallow water. I have caught and released three already, rainbow trout that flashed violet, ruby and silver sheens as I slipped the hooks from their mouths and let them dart back into the depths of the



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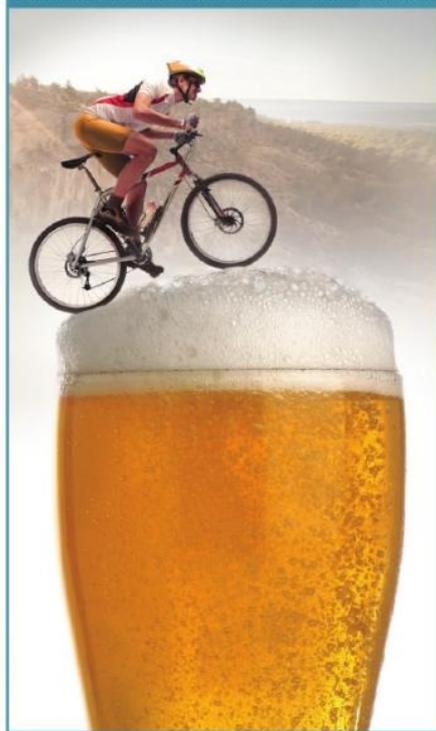
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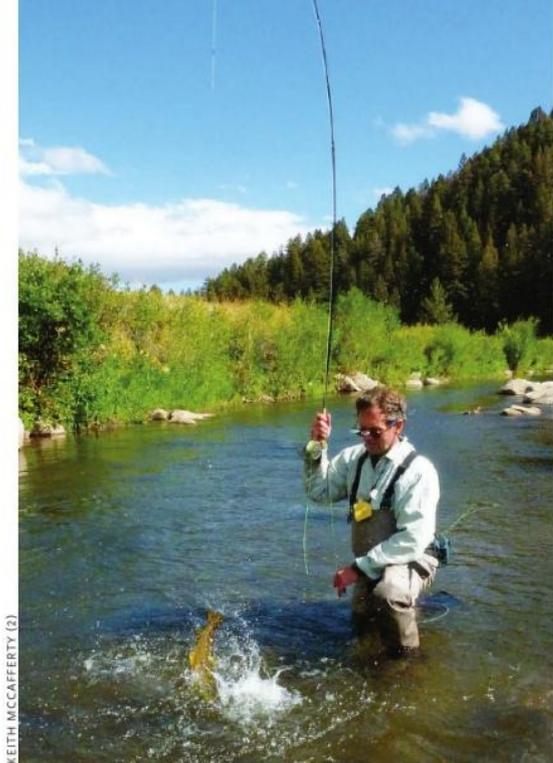
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KEITH MCCAFFERTY (2)



THOMAS MCCAFFERTY

Clockwise from top left: Kevin McCafferty, the author's brother, catches a trout on Rock Creek. Kevin (left) and his son, Brandon McCafferty (right), prepare to net a fish along the Missouri River. The author displays a rainbow trout he caught on the Madison River.

river. Sometimes there is a fourth moment in fishing, equally memorable, and which I experience this time when I apply too much pressure and the monofilament leader snaps like a cobweb.

I wade to the bank and take a seat, consoling myself with the thought that a trout lost is still a moment caught. This hollow feeling in the chest that is the counterpoint to the elation one feels upon netting a big fish—if only to release it a few moments later—remains an essential touchstone in the sport. Or so I've been telling myself during the 30 years I've lived in Montana, where there are so many opportunities to rise fish to the fly.

My adoptive state—it was my late father who suggested I move to Montana, having known a trout bum when he raised one—is home to hundreds of

ivers and streams, nearly 500 miles of which are designated as blue-ribbon trout fisheries. Three of these rivers hold a special place in my heart: the Madison, the first river I fished in Montana and to which I return every May for the caddisfly hatch; Rock Creek, a hidden gem that tumbles with effervescent vigor through tall timber west of the Continental Divide; and the Missouri River, known to trout anglers around the world as the "Mighty Mo."

### The 50-Mile Riffle

The Madison River, which is formed by the junction of the Firehole and Gibbon rivers in Yellowstone National Park, is often referred to as a 50-mile riffle in the most popular stretch between Quake and Ennis lakes. With an estimated 5,000 trout per mile along this stretch, you can rest assured that nearly every rock large enough to create a pocket of soft water in which a trout can rest its fins is an excellent place to drift a fly. Coaxing a trout to take it is another matter, for such a rich fishery draws many anglers, raising the piscatorial IQ among fish that have felt the sting of a hook before.

My advice for those fishing here for the first time is to hire a guide for a day—the cost runs about \$450 for two anglers—and pick the guide's brain about fly selection and techniques while floating the river in his or her drift boat. Wade fishing is more difficult than casting from a boat platform, but gives you the satisfaction of outwitting a very worthy adversary while standing in its own medium. Rainbow and brown trout average between 13 and 15 inches long in the Madison, with many reaching about 20 inches and the occasional leviathan that makes you wish you

had a bigger rod. I've hooked fish in the Madison that made my legs shake, but nothing to compare with the brown trout that a fellow angler found on the riverbank near the Reynolds Pass Bridge last September, and which had apparently died of old age. The trout measured 38 inches from nose to tail and was estimated by Montana Fish, Wildlife and Parks biologists to have had a live weight of 34 to 36 pounds.

Drop by the Fly Shop at Galloup's Slide Inn to take a gander at the wall-mounted beast, dubbed the "Megasaurus Dino Brown." It may make you consider buying one of Galloup's giant articulated streamer flies—I've had the most luck with the one called the Zoo Cougar (don't ask)—to try to hook some history of your own.

### Reunion at Rock Creek

Thirty-odd years ago, four friends who lived in different corners of the country made a pact. Each July, they would travel to Montana, where they would pitch a tent, fish and renew their friendship around the catalyst of fire. I was one of those young men. Like the others, I now have sparser hair and much has changed in our lives since then, including our plan for a day on the river. Where once we cast from dawn until well past dark, we are now more likely to rise with the sun to a cup of cowboy coffee, fish at

## The Essentials

### Licenses

Fishing licenses, valid from March 1 to the end of the following February, can be purchased at most fly shops or sporting-goods stores, or online at [fwp.mt.gov/fishing/license](http://fwp.mt.gov/fishing/license). Nonresident licenses are \$15 for two consecutive days, \$43.50 for 10 days or \$60 for the season; all are subject to a \$10 conservation charge.

### Regulations

Many anglers practice catch-and-release, which was reportedly pioneered on Montana waters, but fishing regulations can be complex. For example, some sections of the Madison River can be fished from a boat, while other sections can only be floated through. In those sections, you have to get out of the boat and wade in the water to fish. There are catch-and-release sections of rivers, and others with size, number and species limits. Study the pamphlet that comes with the purchase of your license before making a cast.

Keep in mind that some car rental companies discourage customers renting vehicles for off-road travel, while others offer four-wheel-drive vehicles for such excursions. Check with the rental company before heading out on your trip. Much of the fishing on the Madison and Missouri rivers can be reached by traveling on paved roads. However, to reach the upper reaches of Rock Creek requires traveling on a gravel road.

### Gear

Five- and six-weight 9-foot fly rods are standard equipment for fishing these rivers. A four-weight rod can be a lot of fun, especially on smaller rivers such as Rock Creek. You'll need breathable waders and boots with studded soles in

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order to avoid slipping. I'm not ashamed to admit that I use both an inflatable wading belt and a wading staff for insurance while negotiating tricky currents.

### Lines, leaders and flies

A weight-forward dry fly line matched to the rod weight is all you'll need for Rock Creek and most fishing on the Madison River. A second reel or extra spool with a sinking tip or sinking shooting head comes in handy for fishing streamer patterns on the big water of the Missouri.

Anglers might want to buy a selection of 9-foot knotless monofilament leaders in 3X, 4X and 5X tippet size, and extra tipped spools in those sizes. For finicky trout, fluorocarbon leader tippets, which are invisible in water, can make the difference between a trout rising to your fly or flipping you the fin.

Carry at least two fly boxes, one for smaller wet flies, nymphs and dry patterns, and one for weighted stonefly nymphs and streamers. There are literally thousands of fly patterns, some more productive in certain waters. Local fly shop owners and employees are your best source of information.



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### Fly shops and guide services

**Madison River:** Two of the best fly shops with guide services specializing in fishing the Madison River are the Fly Shop at Gallup's Slide Inn near the Earthquake Lake outlet on U.S. 287 (slideinn.com; 406-682-4804) and The Madison River Fishing Company in Ennis (mrfc.com; 800-227-7127). The closest major airport is Bozeman Yellowstone International Airport, about 30 miles from the Madison's Bear Trap Canyon.

**Missouri River:** Both The Trout Shop (thetroutshop.com; 800-337-8528) and Headhunters Fly Shop (headhunters-flyshop.com; 877-379-3597) offer guide services and are located in Craig, midway between Helena and Great Falls. The best stretches of the river are about 40 miles from the Helena Regional Airport and Great Falls International Airport.

**Rock Creek:** Rock Creek Fisherman's Mercantile (rcmerc.com; 406-825-6440), located on Rock Creek Road, 22 miles east of Missoula, is the only fly shop dedicated to all things Rock Creek. For guide services, John Perry's Montana Fly Fishing Outfitters (johnperryflyfishing.com; 406-370-9183) will pick you up at the Missoula International Airport, drive you to their lodge and then take you on a memorable float. —K.M.



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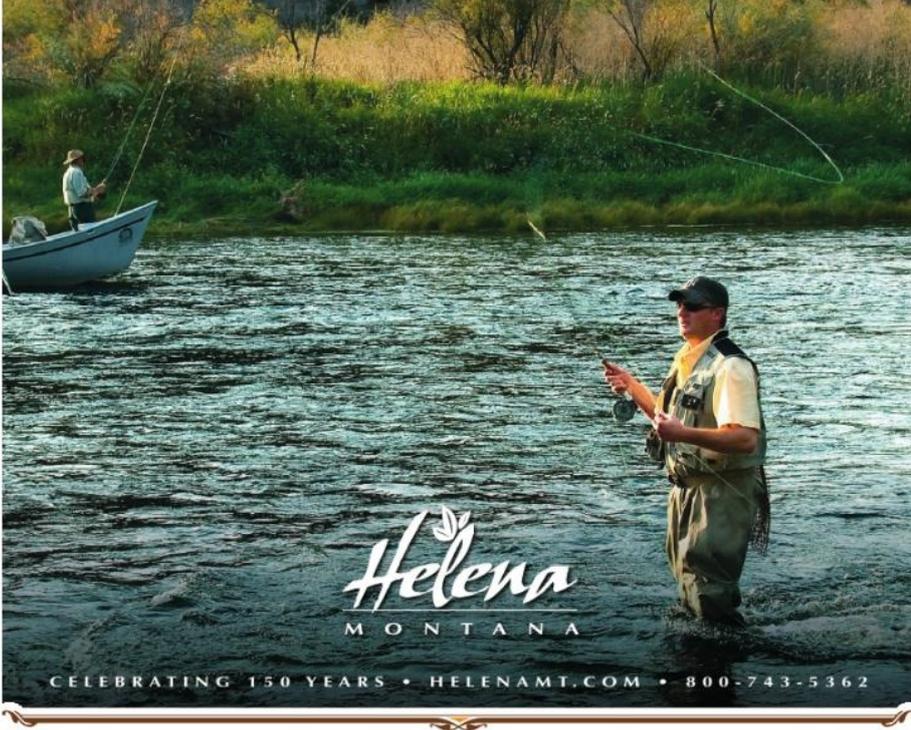
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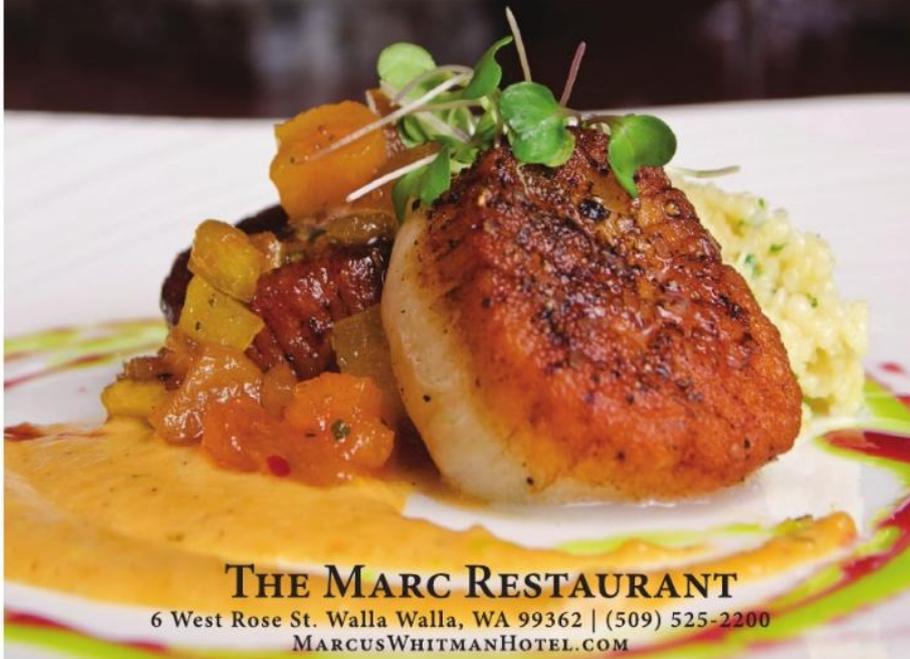


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our leisure, and then, after elk steaks cooked on campfire coals, toast the river good-night with a cup of bourbon and another log onto the fire.

One thing that hasn't changed is the choice of river. Rock Creek is among Montana's westernmost blue-ribbon fisheries, and is close enough to Missoula for anglers to stay in a hotel. However, the waterway's allure is its intimacy. Unlike the open valley of the Madison, Rock Creek cuts through a heavily forested mountain canyon where your nearest neighbors include deer, black bear and bighorn sheep. Accessed by a mainly gravel road, Rock Creek offers secluded riverbank camping and, not incidentally, one of the heaviest hatches of giant aquatic stoneflies. Also known as salmonflies, these pterodactyl-style bugs bring every trout in the river to the surface to binge on the large insects.

Most of our fishing is done while wading in the river. In fact, Rock Creek is closed to float fishing after July 1. However, the salmonfly hatch coincides with the spring runoff, and in high water you'll do better from a boat. The river is not for neophyte oarsmen. You'll catch more trout and stay safe in the process by hiring a guide. I highly recommend John Perry's Montana Fly Fishing Outfitters.

I've caught brown trout in Rock Creek that had been feasting on salmonflies for hours but had room for just one more. Luckily, it turned out to be the imitation I tied at the picnic table the day before.

### The Mighty Mo

How do you introduce America's greatest trout river? A good place to start is with the Missouri River Canyon, little changed from the terrain that awed Meriwether Lewis and William Clark during the Corps of Discovery's ascent of the Missouri River more than 200 years ago.

"The hills and river cliffs which we passed today exhibit a most romantic appearance. The bluffs rise to a height from 200 to 300 feet and in most places nearly perpendicular," wrote Lewis in his journal in May of 1805, as the expedition passed the White Cliffs area of the Upper Missouri River. Just like expedition members before them, visitors can see bighorn sheep finding footholds on the cliff's rocky face, peli-

While Mom  
Was  
Looking For  
Eagles

BY THE MCCALLISTERS



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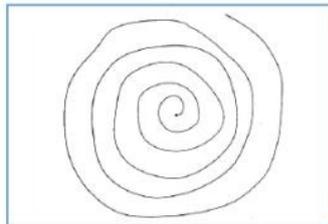
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cans floating down the current like white battleships, and bald eagles so numerous as to scarcely merit mention. The Missouri also holds up to 6,000 brown and rainbow trout per mile on the 48-mile-long stretch from Holter Dam to the town of Cascade. Larger fish populations are found nearer to the dam, where one out of every three trout measures 18 inches or larger.

My mother lives across the river from a bench that marks the location where the Lewis and Clark expedition camped on July 18, 1805—about a mile downstream from the mouth of the Dearborn River, one of the Missouri's major tributaries. It was while fishing this stretch of water that I experienced another of the moments that anglers live for. This time, the monofilament leader didn't break, and after a long battle, the tired brown trout wavered in the thin water at my boots; it was thick-shouldered, with the jutting jaw of the male and a sprinkling of dime-size blue-and-crimson circles on its sides. His teeth brought blood to my fingers as I worked out the hook and let him slip from my hand. Six pounds, I thought, as he finned at my feet, recovering strength. Maybe 7. I'd been fishing for just such a trout all my life.

Above me, purple clouds were limned in gold, while the surface of the river glittered in the slanted light. In a few minutes, the polish would fade from the current, its mercurial song would slide into the bass notes, and any trace of human intrusion would be erased. It would be the same river that the Corps of Discovery explorers listened to as they fell asleep more than 200 years before. I looked down, but the trout was gone. "Thanks for the suggestion, Dad," I said. ■

*Keith McCafferty is the award-winning survival editor of Field & Stream. His latest novel in his fly-fishing detective series set in Montana's Madison Valley, Dead Man's Fancy, is available from Viking/Penguin Press.*

Alaska Airlines (800-ALASKAAIR; [alaskaair.com](http://alaskaair.com)) flies daily to Bozeman, gateway to the Madison River; Great Falls and Helena, gateways to the Missouri River; and Missoula, gateway to Rock Creek. Alaska Airlines also serves Billings and Kalispell, which offer access to other great fishing destinations in Montana.



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## Three Rivers, Season by Season

Fishing in Montana is like fishing anywhere: It isn't where you go; it's when you go where. There is fine fishing on the **Madison River** year-round. However, the best fishing usually begins in early May, when the caddisflies emerge—usually around Mother's Day. The fishing declines once the midelevation snowmelt colors the river. Fishing usually picks back up by the third week of June, just in time for trout to find the giant salmonflies. The most consistent fishing month is July, with prolific caddisfly and mayfly hatches. Trout turn their attention to terrestrials—ants and grasshoppers—in August, and good fishing runs right on through October. Winter fishing also can be good, especially in the downriver reaches of the Bear Trap Canyon.

**Rock Creek** is a river for the angler with cabin fever, with hatches of March brown mayflies and Squala stoneflies in April, and very good early season streamer fishing in May. Montana's most spectacular salmonfly hatch takes place during the May runoff and lasts through June. Caddisflies and smaller mayflies predominate in July. In low-water years, the fishing declines in August, due to heat. Fly fishers will find better luck with cooler fall temperatures. Keep in mind that Rock Creek is wade-fishing only after July 1.

Thanks to the cold-water release from Holter Reservoir, the **Missouri River** maintains a more or less constant water temperature, encouraging the proliferation of aquatic insects, which are responsible for the phenomenal growth rate of the indigenous trout. As a result, I've had fantastic fishing every week of the year, with two of my best days in recent memory being this past Christmas and New Year's Day. The Mighty Mo is a "match the hatch" kind of river, in which dry fly aficionados need to use the right seasonal flies. Although trout are big, the insects they eat are often no larger than gnats. But in the fall, try pulsing the feather of an outsized streamer fly through deeper holes, and hang on. You may make a fishing moment of your own. —K.M.

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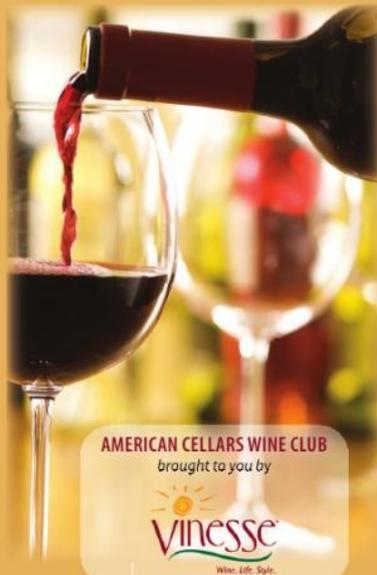
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*Continued from page 24*

booked, the company donates a dollar to fund outdoor experiences for at-risk young people.

As we fly from platform to platform, following lead guide Joel Miller, he explains how coast redwoods—which occur naturally just one place on Earth, near the Pacific coast from Southern Oregon to Central California—may grow in shared root systems called fairy rings, and how the high tannin content of their wood contributes to the trees' resistance to fire and insect infestations.

We also learn that the world's tallest living tree is a 379-plus-foot coast redwood—nicknamed Hyperion and estimated to be 700 to 800 years old—which is growing in a park in Northern California. Various trees in the zipline tour may be more than 100 years old.

The oldest documented coast redwood is about 2,520 years old, and the fossil record shows that relatives of modern coast redwoods existed at least as far back as the Jurassic period.

"These trees are as much a part of local history as anything else," Miller says. "If they could talk, they'd tell us some pretty amazing stories."

This zipline experience is giving me fodder for some great dinner-table stories. The 300-foot-long third line over the ravine is the highest, while the fifth line is 800 feet long, allowing me to fly for the better part of a minute. The line is so long, I have to scrunch my body into a cannonball position to gain enough momentum to make it all the way across.

When we've completed the final line, the guides help us rappel more than 50 feet from the final platform to the ground. As I descend, I pay close attention to the folds in the bark of the tree, and it strikes me that this redwood likely has stood here through two world wars, the Great Depression, dozens of presidents and much, much more.

After my ziplining experience, I see the coast redwood as a living monument to the importance of caring for the environment. Only a fraction remains of the original ancient redwood forests that were flourishing in coastal areas long before the United States and California were named.

CALIFORNIA'S UNDISCOVERED EDEN:

# A Perfect Weekend in Mendocino County

BY BRENDAN MCGUIGAN

The change is palpable as I cross the Mendocino County line on Highway 128. The sky is clearer. The sun seems brighter. The smells of spring fill the air. The gently curving road winds through pastoral countryside where sheep graze on lush green grass, past vineyard-covered hills, and the natural beauty is interrupted only by the occasional picturesque 1920s barn.

It may seem like it came straight from the pages of a storybook, but Mendocino County has plenty to offer the modern traveler – something made apparent as I pull into my first stop in the heart of the Anderson Valley wine region: **The Madrones**. This Mediterranean-style compound boasts some of the most luxurious accommodations in the region. Spread out over several acres, the estate setting has four separate tasting rooms, a wood-fired restaurant, nine unique estate guest quarters, a gathering room for workshops and private celebrations, a bocce ball court, and manicured English gardens. The Madrones and its artisan partners have created the Anderson Valley definition of an Italian “Agriturismo,” a destination that offers a slice of localized country living with a focus on the region’s wine, food and arts.

My guest quarters are the height of luxury design, with two bedrooms, a Euro-styled kitchenette, and an incredible view of the adjacent vineyard. I could spend the rest of the day here, but the vineyards remind me that I’m in one of the world’s best winemaking regions, and there’s an enormous bounty out there just waiting to be tasted.

**Lula Cellars** has come highly recommended, and when I arrive at the tasting room, I’m greeted by winemaker Jeff Hansen, a seasoned wine industry veteran. Focusing on pinot noir, zinfandel, pinot gris, dry gewürztraminer and rosé, Lula Cellars produces wines entirely from vineyards in Mendocino County.

The Anderson Valley, which many compare to the Napa Valley of 40 years ago, is known for its pinot noir, and Lula Cellars’ offerings don’t disappoint. The pinot noir is reflective of the terroir of the vineyard – it displays raspberry and pepper notes that fade to a delicious mineral finish. Jeff explains that the goal of Lula Cellars is simple: to produce quality, world class wines, and to offer them at reasonable prices by

selling directly to consumers. As I leave the tasting room to return to my suite for the evening, a newly purchased case of Lula Cellars wine in my trunk, I find myself grateful for his philosophy.

The next day I head for the Pacific Ocean, passing through the Navarro River Redwoods State Park, where some of the tallest trees in the world tower overhead. My next destination is the **Brewery Gulch Inn**: an intimate, luxurious seaside gem.

Perched high on a bluff top overlooking Smuggler’s Cove and the Pacific Ocean, the Brewery Gulch Inn is a unique bed-and-breakfast property that reigns cathedral-like over the dramatic Mendocino coast. Constructed in 2001 from 150-year old redwood, this architectural masterpiece boasts a 15-foot cathedral ceiling in the Great Room, complete with a stunning, four-sided glass-and-steel fireplace. The inn is also home to 10 romantic rooms with all the modern amenities, three extraordinary acres of wooded glens, wetland ponds, and blooming rhododendrons. The inn’s executive chef will tempt your taste buds with an extensive array of culinary offerings, from a complimentary cooked-to-order breakfast to an innovative dinner buffet, both of which focus on locally-sourced, organic ingredients. I’m in absolute heaven, and it’s only an early dinner reservation that coaxes me away from the crackling fire in the Great Room.

Dinner is at **Mendo Bistro**, a contemporary American Bistro located in The Union Lumber Company Store, an historic building in the heart of downtown Fort Bragg. Chef/Owner Nicholas Petti prepares all menu items in-house, including various pastas, and is committed to serving local ingredients and the freshest local seafood. Throughout the year he showcases the local bounty of the area, including mushrooms and Dungeness crab, by featuring seasonal tast-

ing menus and special menu items, and the fun, lively atmosphere welcomes people of all ages.

After one of the most enjoyable meals of my life, I head downstairs for a quick drink at Chef Petti’s Barbelow. The cocktails are innovative and fresh, and the atmosphere is as hip as any upscale Bay Area bar. I have an 8pm show to get to, though, so I add Barbelow to my list of must-revisit destinations, and head back towards Mendocino.

When I arrive at the **Mendocino Theatre Company**, one of the country’s oldest regional theatres, I’m immediately drawn to the lobby bar, stocked with locally crafted spirits and sweet and savory treats. I’m allowed to bring my cocktail into the theatre, which comfortably seats 82, resulting in a good view for any ticket holder. The professionalism of the production is exceptional and impressively polished. The theatre performs six plays over ten months of the year, three nights a week, with selected Sunday matinees. And with refreshing and entertaining selections from Pulitzer-Prize winning classics to contemporary comedies, I look forward to returning often.

The performance is a reminder that world-class theatre can be found in the most unlikely of places – although given Mendocino’s reputation as an artist’s haven, perhaps it shouldn’t be surprising – and a remarkable capstone to a magical weekend. As I lay in my cozy bed at the Brewery Gulch Inn, I find myself thinking that this was a once-in-a-lifetime trip. Except it wasn’t. Mendocino County is an Eden just a few short hours from home, and I’ll be back again and again.

*For more information on planning a vacation, go to [www.visitmendocino.com](http://www.visitmendocino.com), visit their offices at 345 N. Franklin St. in Fort Bragg, or request a visitor guide from **Visit Mendocino County** at 707.964.9010*

## Mendocino County Resources

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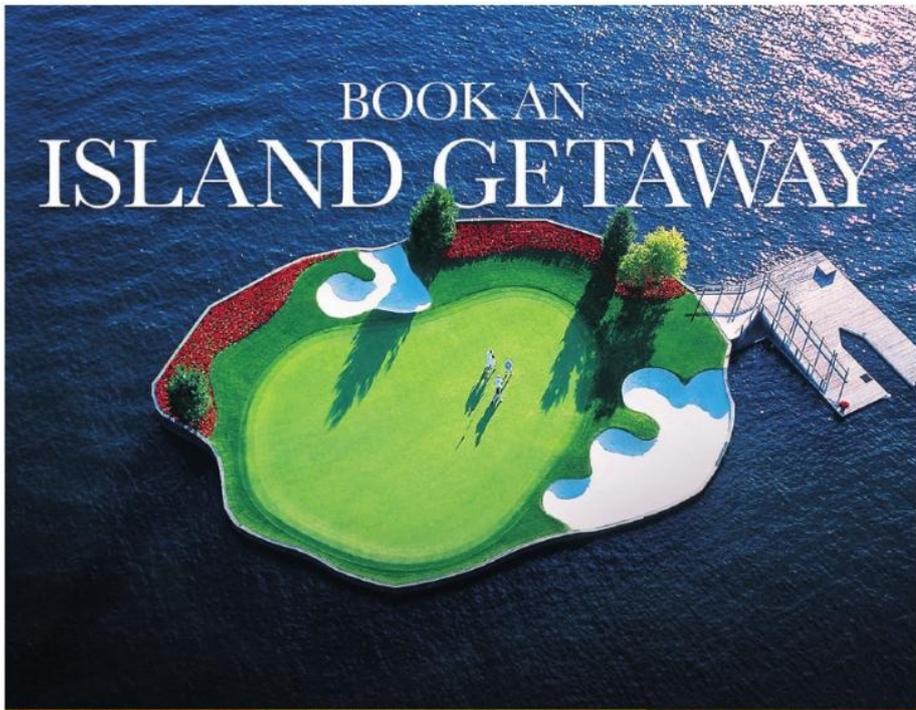
[www.mendobistro.com](http://www.mendobistro.com)  
707.964.4974

### MENDOCINO THEATRE COMPANY

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Puzzle on page 92.

S	C	A	T	G	L	E	E	C	E	C	I	L	K	I	T	E	S
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T	A	L	K	S	W	A	D	E	R	D	E	E	R	K	E	E	L

I realize that it's up to us to make sure that the trees growing today are around for centuries more.

## Unique scavenger hunt

While the zipline is about being in the air, the eco-tour at Spring Lake Regional Park in Santa Rosa is about nature at ground level. During an adventure known as a “quest,” visitors use a special pamphlet to guide them on a journey through a mostly undeveloped area of the 320-acre park, which also offers swimming, fishing and non-motorized boating.

The pamphlet includes clues about flora and fauna that lead participants on different paths through the forest. Along the way, the explorers identify particular plants and animals, answer riddles and learn about local culture.

Kristina Stanton, park program assistant for the county's Environmental Discovery Center at the lake, says the free, family-friendly scavenger hunt encourages participants to take away only insights from their explorations. In most scavenger hunts, it's all about finding and taking things, but in the park quest, the focus is finding out about things in nature, and taking only notes, she says.

I embark on the quest with my daughters, ages 4 and 2. At various stops along the way, we learn the difference between moss and lichen (among other things, moss is leafier and wetter, while lichen involves a symbiotic relationship between fungi and algae); create a sound map of bird vocalizations within earshot; and sketch in the pamphlet an outcropping of volcanic rock called rhyolite, an indication of volcanic activity in this area 3 million to 10 million years ago.

We also get a lesson in the history of the park (the 72-acre lake was created in 1963 as a flood-control reservoir for the city of Santa Rosa), and a course in identifying poison oak—a curriculum that leaves both girls chanting: “Leaves of three; let them be!”

Over the course of the two-hour endeavor, the girls' favorite clues are the poems—such as the one below, which leads

to a short discourse on the difference between native and non-native blackberries: Natives have leaves with three lobes; non-natives have leaves with five lobes.

*Go back out the way you came*

*Back up the path; it looks the same!*

*Veer left, take the lower trail lined with berries.*

*Notice how their leaf type varies.*

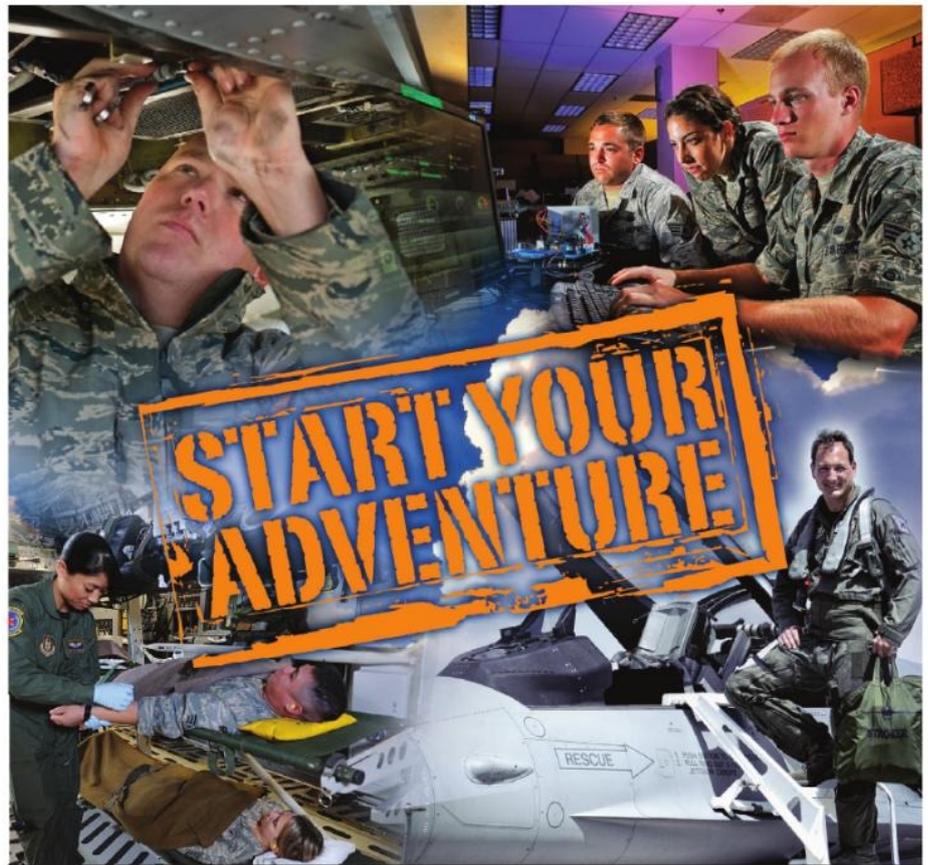
The poem engenders a discussion with the girls about the importance of preventing non-native plants from being introduced to our ecosystems. One of my daughters suggests pulling the plants out on our own; instead, I propose that we volunteer with a local organization to help get rid of them.

The final clue on our pamphlet leads us back to the Environmental Discovery Center, where we can sign a guestbook and adorn our pamphlet with a green leaf stamp. When we've done our stamp, the girls shriek and jump up and down with glee, a sign of satisfaction and accomplishment. For them, the quest is all about the prize. For me, it is all about the knowledge we gained along the way. Even though my daughters are young, the quest is a great way to begin laying a foundation for appreciating and being good stewards of the natural world.

Sometimes the best way to appreciate nature is to kayak around an estuary or zip from one redwood tree to another. Other times, you can get an outstanding perspective from ground level. ■

*Matt Villano is a freelance writer and editor in the Sonoma County town of Healdsburg.*

*Alaska Airlines (800-ALASKAAIR; alaskaair.com) flies daily to Santa Rosa and has a "Wine Flies Free" program; see the website for details. For information on visiting Sonoma County, go to sonomacounty.com.*



The Air Force Reserve offers its members a variety of part-time job opportunities with full-time benefits including tuition assistance and low-cost health insurance. For specific part-time jobs, you may be eligible for a signing bonus of up to \$20,000.

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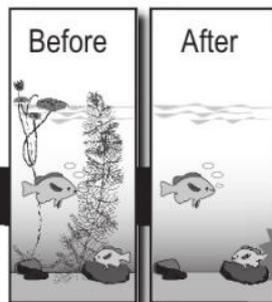
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## AMERICANA

### A C R O S S

- 1 Shoo!
- 5 Mirth
- 9 De Mille of film
- 14 Writes a bad check
- 19 Small locomotive
- 20 Stroll
- 21 Fancy
- 22 Sun-dried brick
- 23 Former New York waterway
- 25 Quaking tree
- 26 Change crews
- 27 Frank's ex
- 28 Public
- 29 Chandelier pendant
- 30 Express grief
- 31 Repair shoes, in a way
- 33 Climb
- 35 Highlander
- 37 Rooming house
- 39 Vigilant
- 41 "\_\_\_ Rigby"
- 46 Bet
- 49 Ships' waves
- 51 Corridor
- 53 Spar
- 54 Repents of
- 55 Coastal recess
- 56 Canvas covers
- 58 Math symbol
- 59 Shirt parts
- 60 Reporter Lane
- 61 A woodwind
- 62 Slathered
- 63 Rose Bowl's host city
- 65 Deceive
- 66 \_\_\_ sergeant
- 67 Nevertheless
- 69 Still on the shelf
- 71 Engendered
- 75 Cockatoo's crest
- 77 Home of Pikes Peak
- 82 Chief
- 83 Japanese seasoning
- 84 Burden
- 85 By Jove!
- 86 Incense
- 87 Yield respectfully
- 88 In the thick of
- 89 Declare, in cards
- 90 Water source
- 91 Fling
- 92 Nonsense
- 94 Takes a bus
- 95 Enhance, as a deal
- 97 Ruhr valley city
- 99 Fissure
- 101 Coarse file
- 103 Bulrushes
- 105 Evaluate
- 109 Sitting room
- 113 Molecule parts
- 115 Kithara
- 117 Edge
- 118 Get the better of
- 119 Snob
- 120 1950 John Wayne film

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18				
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122														124						125	
126								127												128	129

- 122 Rubberneck
- 123 Proverb
- 124 Land measure
- 125 Brook
- 126 Gabs
- 127 Crane, e.g.
- 128 Sylvan creature
- 129 Ship's stabilizer

### D O W N

- 1 Vilify
- 2 Road bend
- 3 Pseudonym
- 4 Tiger's prop
- 5 Wine source
- 6 Single
- 7 "Dynasty" actress
- 8 Spitchcock
- 9 1920's jazz dance
- 10 Less complicated
- 11 Mugs
- 12 List entries
- 13 Author Deighton
- 14 Martial art
- 15 Footnote word

- 16 Ponderous volume
- 17 Israeli Abba \_\_\_
- 18 Dispatched
- 24 Hue
- 29 Stake
- 30 Laze
- 32 Ukrainian seaport
- 34 Solidifies
- 36 Animation frames
- 38 Fainted
- 40 Flung
- 42 Relating to bees
- 43 Actor Nick \_\_\_
- 44 More ancient
- 45 High-pitched
- 46 Stole, e.g.
- 47 Atmosphere
- 48 Jewels
- 50 Of birds
- 52 Mimic
- 55 Witty
- 57 Concerning
- 58 Round painting
- 62 Selected
- 64 Prevent

- 65 Pickling solution
- 66 Treats
- 68 Suppress
- 70 Scalawag
- 71 Scratches
- 72 Restore
- 73 Bird of prey
- 74 Actress Jergens
- 76 Where the Civil War began
- 78 Gives back
- 79 Mellowed
- 80 Broad valley
- 81 Track numbers
- 83 Mal de \_\_\_
- 84 Frankie or Cleo
- 87 Demands payment
- 91 Learn
- 93 Fam. members
- 94 Stair part
- 96 Metaphors, e.g.
- 98 Underling
- 100 More capacious
- 102 Bamboo eater
- 104 Cleave

- 106 Bert's pal
- 107 Move sideways
- 108 Sniff
- 109 Pillar
- 110 Actor's org.
- 111 Genuine
- 112 Lie in wait
- 114 Amphibian
- 116 Time past
- 119 Cutting tool
- 120 Cool, dude!
- 121 Boat for twos

Solution on page 90.

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# Proudly Operated By Horizon Air

Horizon Air operates its flights on behalf of sister carrier Alaska Airlines—but ultimately, of course, our aim is to please our shared customers. We want to make your travel memorably easy and enjoyable, whether you're flying across the state ... or across the country. This



*Taking pleasure in continuing to serve you:  
Angela Marshall,  
Administrative Supervisor  
in Portland, Oregon.*

involves going well beyond the essentials of ensuring safe, reliable transportation. For example, on regional flights operated by Horizon Air, we offer you a refreshing glass of Northwest wine or microbrew at no additional charge. And our highly skilled and committed employees truly go the extra mile in taking care of you. It's our people who bring our longtime motto to life: "It's our privilege to serve you."

We're delighted to have you as our guest today, and we look forward to seeing you again.

Glenn Johnson,  
President

## FEATURES

- Onboard Amenities ..... A2
- For Your Safety ..... A3
- alaskaair.com ..... A3
- Mileage Plan™ ..... A3
- Route Maps ..... A4-6
- Customs and Immigration Forms ..... A7
- Airport Gate Location Maps ..... A7

# ONBOARD AMENITIES

## SNACKS & BEVERAGES Available for purchase on select flights

The card in your seatback pocket displays all of our food and beverage options. Purchases require a credit or debit card.



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- Sun Liquor Gin
- Sun Liquor Rum
- Liquor \$6 USD**
- The Glenlivet
- Crown Royal



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Apple Juice  
Cranberry Juice
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Coke Zero  
Diet Coke  
Sprite  
Sprite Zero  
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Sparkling Water  
Bloody Mary Mix  
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Club Soda



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*Individuals must be 21 years of age or older to consume alcoholic beverages. Only alcohol served by our flight attendants may be consumed on board. Some limitations are placed on the service of alcohol. Government warning: According to the Surgeon General, women should not drink alcoholic beverages during pregnancy. Consumption of alcoholic beverages impairs your ability to drive a car or operate machinery, and may cause health problems.*

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Please take a moment to review the following information to ensure that everyone on board the plane has a safe and comfortable trip

### PLEASE TAKE YOUR SEAT

**Buckle Up.** Please fasten your seat belt whenever the seat belt sign is illuminated. We ask that you keep your seat belt fastened throughout the flight whenever you are seated in case of undetectable clear-air turbulence.

**Seat backs and tray tables** must be in the upright, locked position during taxi, takeoff and landing.

**All carry-on baggage**, including laptop computers, must be stowed under a seat or in an enclosed overhead bin upon boarding and prior to landing, as directed.

**Pets** must remain in their carrier for the entire flight. The carrier must be stowed under a seat for taxi, takeoff and landing.

### USING YOUR DEVICES

**Flight attendants will advise** of any portable electronic device restrictions on the ground or in the air. Please observe our portable electronic device policies:

#### Allowed on the Ground and in the Air



- › Laptops (must be stowed for taxi/takeoff/landing)
- › Tablets/smartphones (Airplane Mode after door closure)
- › Wireless mouse/keyboard
- › e-readers
- › Media/CD/DVD player
- › Noise-cancelling headphones
- › Cell phones (prior to door closure only)

#### Not Allowed During Flight



- › Voice calls of any kind, including VoIP
- › Devices with cell service enabled
- › AM/FM radios or TVs
- › Personal air purifiers
- › Remote-control toys
- › Electronic cigarettes

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**Interference with crew members'** (including flight attendants') duties is a violation of federal law. Under the law, no person may assault, threaten, intimidate or interfere with crew members in the performance of their duties.

**Smoking** is not permitted on any Horizon Air flight.

**Child-restraint devices** must bear the FAA approval sticker.

**Seat-belt extension use** is not allowed in exit rows for the safety of all passengers due to the possibility of entanglement by the extensions.

Horizon Air prohibits the use of items that do not meet Federal Aviation Regulations or Company regulations, including the use of seat-belt extensions not provided by Horizon Air.

### UPON LANDING

**Please remain seated** until the plane comes to a complete stop and the seat belt sign has been turned off.

**Use caution** when opening an overhead bin, as items may have shifted during flight.

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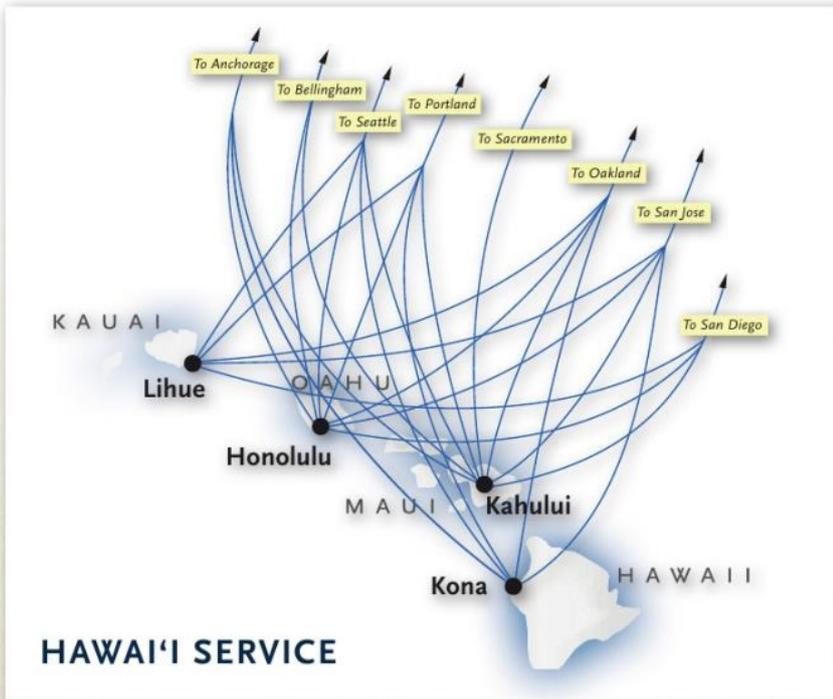
What's more, all our codeshare partners are also Mileage Plan partners, allowing generous opportunities to earn Bonus Miles. And with reciprocal elite-status benefits, you can enjoy several enhancements to your journey. Learn more at [alaskaair.com](http://alaskaair.com).

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-  Alaska Airlines
-  American Airlines
-  DELTA

Some Alaska Airlines service operated by Horizon Air or SkyWest Airlines.  
Some routes shown operate seasonally.





### U.S. MILEAGE

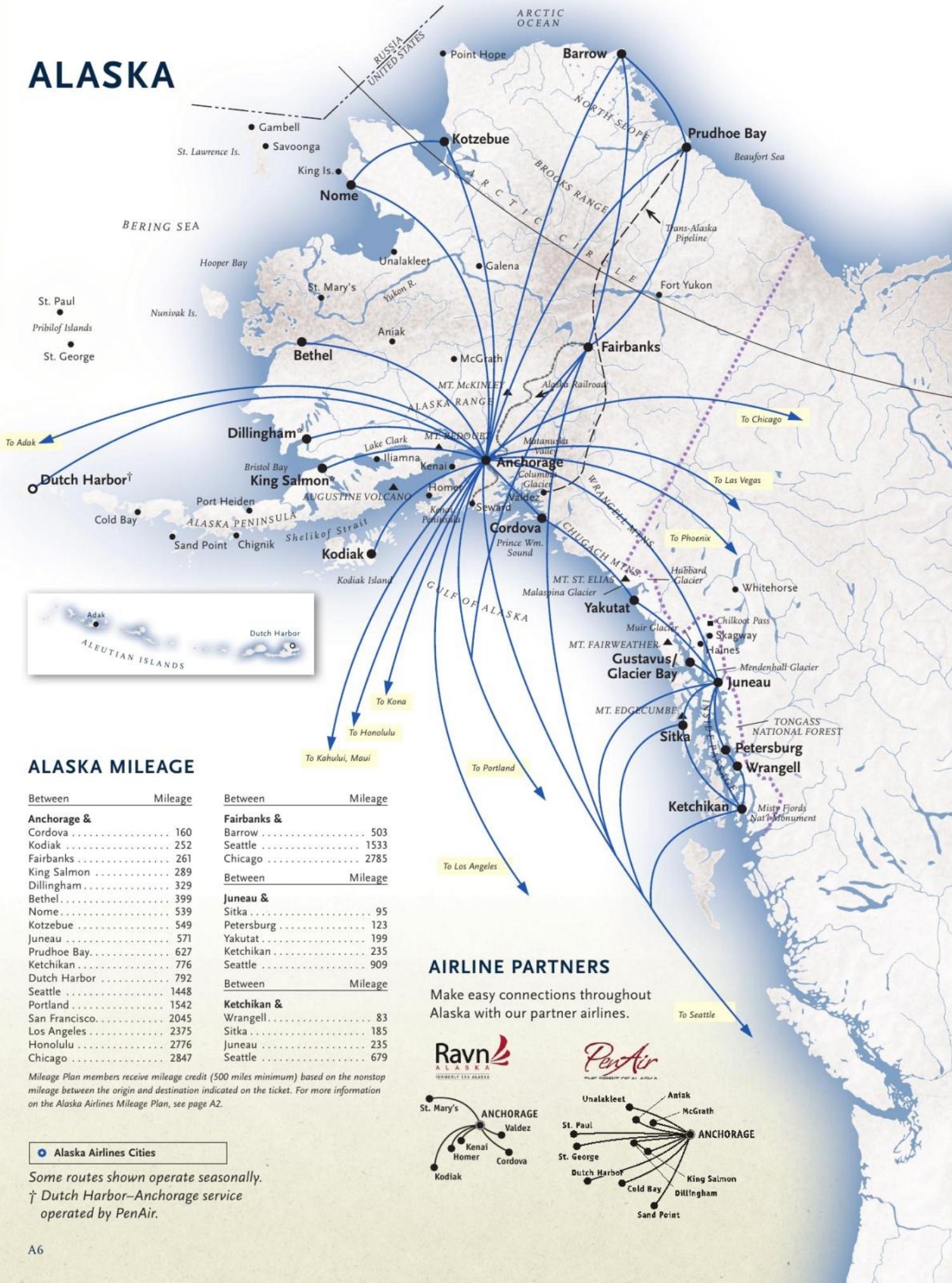
Between	Mileage
<b>Seattle &amp;</b>	
Boston	2496
Denver	1024
Honolulu	2677
Los Angeles (LAX)	954
Fort Lauderdale	2697
New York City/Newark	2401
Phoenix	1106
San Diego	1050
San Francisco	678
Washington, D.C.	2306
<b>Portland &amp;</b>	
Los Angeles (LAX)	834
Phoenix	1009
San Diego	933
San Francisco	550

Mileage Plan members receive mileage credit (500 miles minimum) based on the nonstop mileage between the origin and destination indicated on the ticket.

### UPCOMING NEW SERVICE

Route	Service Begins
Salt Lake City–Portland	June 9, 2014
Portland–Kali spell	June 9, 2014
Salt Lake City–San Diego	June 10, 2014
Salt Lake City–Los Angeles	June 11, 2014
Seattle–New Orleans	June 12, 2014
Salt Lake City–San Jose	June 12, 2014
Salt Lake City–Boise	June 16, 2014
Salt Lake City–Las Vegas	June 16, 2014
Salt Lake City–San Francisco	June 18, 2014
Seattle–Tampa	June 20, 2014
Seattle–Detroit	September 4, 2014
Seattle–Baltimore	September 2, 2014
Seattle–Albuquerque	September 18, 2014
Seattle–Cancun	November 6, 2014

# ALASKA



## ALASKA MILEAGE

Between	Mileage
<b>Anchorage &amp;</b>	
Cordova	160
Kodiak	252
Fairbanks	261
King Salmon	289
Dillingham	329
Bethel	399
Nome	539
Kotzebue	549
Juneau	571
Prudhoe Bay	627
Ketchikan	776
Dutch Harbor	792
Seattle	1448
Portland	1542
San Francisco	2045
Los Angeles	2375
Honolulu	2776
Chicago	2847

Between	Mileage
<b>Fairbanks &amp;</b>	
Barrow	503
Seattle	1533
Chicago	2785
<b>Juneau &amp;</b>	
Sitka	95
Petersburg	123
Yakutat	199
Ketchikan	235
Seattle	909
<b>Ketchikan &amp;</b>	
Wrangell	83
Sitka	185
Juneau	235
Seattle	679

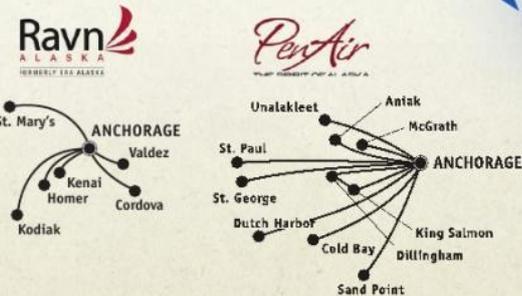
Mileage Plan members receive mileage credit (500 miles minimum) based on the nonstop mileage between the origin and destination indicated on the ticket. For more information on the Alaska Airlines Mileage Plan, see page A2.

● Alaska Airlines Cities

Some routes shown operate seasonally.  
 † Dutch Harbor–Anchorage service operated by PenAir.

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Make easy connections throughout Alaska with our partner airlines.



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**Customs and Immigration forms** are distributed by flight attendants during your flight. Prior to landing, complete all forms that pertain to you, following the tips below.

**Las formas de Aduana y Migración** son distribuidas por los sobrecargos durante el vuelo. Antes del aterrizaje en su destino final complete las formas correspondientes usando las indicaciones que se proporcionan a continuación.

## TO THE UNITED STATES

### U.S. CUSTOMS DECLARATION

*Who must complete this form?*

All travelers

#### Helpful tips

- One form per person or one per family with same address
- Lines 5, 6 — If not using a passport, leave these lines blank
- Line 9 — Enter "AS" for Alaska Airlines
- Sign at the "X"



### DECLARACION DE ADUANA

*¿Quién debe completar esta forma?*

Todos los pasajeros

#### Datos de ayuda

- Una forma por persona o por familia con la misma dirección
- Línea 5, 6 — Si no tiene pasaporte, deje esta sección en blanco
- Línea 9 — Use "AS" para Alaska Airlines
- Firme en la "X"

### DECLARACION DE ADUANA

*¿Quién debe completar esta forma?*

Todos los pasajeros

#### Datos de ayuda

- Una forma por persona o por familia con la misma dirección
- Sección 6 — No es necesario declarar sus medicamentos de uso personal

### FMM

*Who must complete this form?*

All travelers except citizens of Mexico

*¿Quién debe completar esta forma?*

Todos los viajeros, excepto los ciudadanos de México



## TO MEXICO

### MEXICO CUSTOMS DECLARATION

*Who must complete this form?*

All travelers

#### Helpful tips

- One form per person or one per family with same address
- Section 6 — It is not necessary to declare medicine for your personal use



### FEM FOR MEXICAN NATIONALS

*Who must complete this form?*

Citizens of Mexico

### FEM PARA MEXICANOS

*¿Quién debe completar esta forma?*

Ciudadanos de México (Aun siendo residentes permanentes de EE.UU.)

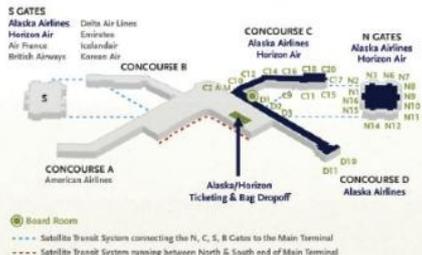
#### Datos de ayuda

- Complete una forma por persona. No olvide firmarla.
- Seleccione la opción "Entrada a México".
- En la línea 5 escriba el tipo y número del documento que usara como identificación.



# AIRPORT GATE LOCATION MAPS

## Seattle/Tacoma International Airport (SEA)



## Portland International Airport (PDX)



## Los Angeles International Airport (LAX)



## San Francisco International Airport (SFO)



# Backstage with the Bard

*The wonder and unpredictability of live theater* | BY JOHN KELLY

When people find out I worked two seasons at the Oregon Shakespeare Festival in Ashland—first as a sound operator, then as a lighting technician—we often end up talking about the mosaic of talented individuals required to present a show. It requires prop designers, lighting technicians, musicians, sound-effects artists, actors, stage managers and countless others to weave a magical tapestry for theatergoers.

Creating this magic can be frustrating, frightening, exhilarating, hilarious, maddening and ultimately wonderful. Those who ask about my experience want to know, “How in the world does it all come together to work so beautifully?”

My answer is usually succinct and to the point: with good planning and good luck.

I worked for the festival not long after I graduated from college, in the mid-1980s, and OSF has changed and grown a lot since then, but the heart of the operation is the same: mounting the shows and keeping their energy going through up to 100 or more performances. I was continually amazed by the artistry and professionalism maintained throughout a play’s run. I also learned that despite the best planning and preparation, no two performances were exactly alike. And something unexpected could always arise to make things particularly interesting.

One memory stands out as representative of live theater at its best ... and most unpredictable. I was in charge of sound in OSF’s smallest theater for Mark Medoff’s *The Majestic Kid*, about a young man battling over land rights in the modern West and yearning for some help from the cowboy heroes of yore.

“Stand by, sound cue 24,” Peggy, our stage manager, announced in the control booth. “Sound cue 24, standing by,” I said, enjoying the show, but finding that after multiple viewings, the twang and sagebrush were becoming a bit much.

“Stand by, light cue 56,” she called over to Mike, our intrepid lighting tech and everyman for the festival. “That’s a roger. Light cue 56, standin’ by,” he said, leaning back in his chair with his feet kicked up next to the control board.

“It’s a pretty good audience tonight,” I said, trying to pass the

time with some idle chat. “Yep,” Mike agreed. He always did jump right in there to help keep the conversation going.

“Sound cue 24 ... go,” Peggy commanded. I pushed the play button, and Sons of the Pioneers, a group that included Roy Rogers, began crooning about tumblin’ tumbleweeds.

“Light cue 56, go.”

Mike pulled down the bar on the light board, and the stage glowed in a Southwestern sunset.

“How about some trivia?” I ventured. Peggy and Mike looked at me as if I’d offered them a plate of okra. “No, really,” I pushed on. “I’ll start. Name Superman’s home at the North Pole.”

“The Holiday Inn,” Mike offered, and Peggy chuckled.

“That’s close. It’s Fortress of Solitude.”

“Gee, it was right on the tip of my tongue, John. ...”

“I’ve got one,” Peggy said. “Name the ... what in the world?” She leaned forward, looking intently through the control booth window at the stage. Mike got up to peer down at the stage, and laughed in his Alan Alda-esque cackle. “What are they doing?”

I pressed up against the window for a better view. In the current scene, there should have been only two actors. Now there appeared to be an extra set of performers. An elderly couple had gotten out of their seats in the front row and were walking across the stage—between the actors—and heading for the back exit.

As they were leaving the stage, the gentleman paused to ask an actor, getting ready to enter stage left, where the bathrooms

were. The performer, holding a prop shotgun and standing about 6-foot-3, kindly tipped his Stetson and told the gentleman to go around the corner to his right. Now to the credit of the actors still on stage—playing Aaron Weiss, the young disillusioned idealist, and his alter ego, the Laredo Kid—they didn’t miss a beat.

Laredo: Oh, Pard, I really don’t understand this here movie script. There’s just too many bad guys!

Aaron: I know, Laredo. We can’t even see ‘em comin’. ...

The magic of live theater crystallized for me that day. I realized that, sometimes, the wonder of theater lies in how cast, crew and audience embrace the unexpected.

*John Kelly still attends OSF whenever he can.*



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