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JULY 2019

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REFRACT

Your ticket to the center
of the glass art world

By Michelle Bufano, Executive Director of Chihuly Garden and Glass

Several things may come to mind when you think of Seattle - drinking coffee, eating smoked salmon, or checking out the skyline 520-feet in the air from the Space Needle's observation deck - but what you might not realize is it's also the country's most renowned center for glass art.



More than 700 glass artists at all stages of their careers live in Washington and more than 100 glass studios have made their home here. For the first time ever, we're inviting you to check out what makes Seattle's glass community so special.

From October 17-20, we are hosting "Refract: The Seattle Glass Experience" in partnership with Visit Seattle. This inaugural event will bring together artists and arts organizations alike to celebrate and showcase creative uses of glass at parties, open studios, exhibitions, tours, demos and more.

The festivities will kick off at Chihuly Garden and Glass, an Exhibition offering a comprehensive look at the work and inspirations of artist Dale Chihuly. The opening night party - "Gather" - will feature live music, glassblowing demonstrations

from local artists in a retrofitted 1967 Airstream, light bites and drinks. It will also give guests the opportunity to learn more about what's happening at Refract 2019.

Seattle Glassblowing Studio will offer guests the chance to talk with artists and watch them work during a series of demonstrations all weekend. They will also put on the Bell Street Art Market, which will feature work from independent artists from all around the Pacific Northwest. It's a wonderful way to discover new talent and take home a piece of original art.

More than 50 artists and organizations will host events and activities throughout the weekend, too. Join a guided tour to see a collection of work from Lino Tagliapietra, a world-renowned master

of glass who became an apprentice glassblower at age 11. Visit Traver Gallery to explore a new exhibition from John Kiley and Dante Marioni, two of Seattle's most celebrated glass artists. Get hands-on lessons, explore the art of working with neon, and check out artist studios and exhibits from Everett and Bellevue, to Seattle and Tacoma. There will be something for everyone, whether you are a longtime glass collector or someone who is curious and wants to learn more about the magic of glass. We'd love to see you there!

For more information, visit refractseattle.org.



REFRACT

CHIHULY
GARDEN AND GLASS

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Lyle Lovett

Talented Texas gentleman
is a music legend.

By Kathryn Drury Wagner

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ELIZABETH KREUTZ

JULY 2019

86 Waterways of The Great Land

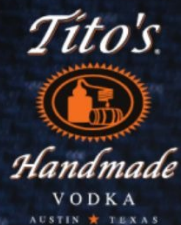
Alaska waters provide transportation,
recreation and beauty.

By Tricia Brown

120 Beachfront Fun

Sand, surf and more in Los Angeles
and Orange counties.

By Cheryl Murfin



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ON THE COVER

Musician Lyle Lovett is beloved for his unique style and sound.

Photo by Michael Wilson.

Volume 43, No. 7

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“My Best 10 gives you that intrinsic motivation, and it also teaches you the confidence to just be yourself.”



Photos: Arlene Chambers



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10 WEEKS TO YOUR BEST YOU!

After completing the My Best 10 program two years ago, I felt as if I'd jump-started my body's engine with a complete overhaul and new fuel. The program came at a point in my life where I was ready for a restart. My mother had passed away, my kids were growing and leaving home, and I felt I could finally focus on my own needs.

CREATING SUSTAINABLE SUCCESS

I was determined that the program fit into my life, rather than changing my life to accommodate the program. I wanted a program that I could realistically follow after the 10 weeks were over, not just get results and then slide backwards. And that was a huge part of my success. I was able to take what I learned during the program and apply it in a way that's sustainable for me.

TIME FOR ME

As a woman, when you've got a family at home, you're always thinking about the house and the family – what's for dinner, is the laundry done, is there petrol in the car – the list just goes on. I'd start my session with PRO Personal Trainer Maurice Agol and I would just go, not thinking about anything else but only what he put in front of me. My session flew by and I'd be exhausted. Personal training is the one thing I continued after the program was over. I recommend hiring a trainer as a way of giving something back to yourself. Maurice is just brilliant. Best trainer I've ever had.

Everything in health is a tradeoff, but with My Best 10, I never felt restricted or deprived of anything. It was all very educational. My PRO Registered Dietitian Lynne Williams showed me how to still enjoy food and wine by making smarter choices and being good to myself. If you really embrace the My Best 10 program, you'll get back what you give.

I think every woman, at least once in her lifetime, should do something that's just for herself, whether it's painting a picture, going on a holiday, or taking a day off when she doesn't do anything else. It can be something small, but it has to be something that you just do for yourself. My Best 10 taught me the value of that.

STAYING MOTIVATED

What keeps me motivated is the thought that I want to manage how I age. I want to grow old, but I don't want to be old. When I did My Best 10, I had high cholesterol, high blood pressure, and high blood sugar levels. I had always been slim but then, all of a sudden, I was overweight. I know that some of these changes were a result of going through menopause. However, I didn't want that to be an excuse as to why these conditions remained. I want to stay healthy as I get older, and enjoy being active with my grandkids one day.

Whereas some people need extrinsic recognition and accountability, I gained the intrinsic motivation to want to be healthy while going through the program. I learned how to put myself first. My Best 10 helped me reduce stress, make better nutritional choices, and gain new skills at dealing with life. This year, I'm going back to school and starting a new career path at the age of 52. I'm looking forward to a new phase in my life. And I'm looking forward to maintaining my health, if not getting better.

That's what MB10 does for you. It gives you that intrinsic motivation, and it also teaches you the confidence to just be yourself. It meets you where you are – and then takes you to the next level.



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John Austin Roberts, Owner
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WELCOME»



GARY MILLER / GETTY IMAGES



Brad Tilden,
Chief Executive
Officer

IN TUNE WITH TRADITION

» For a lot of us, traditions are a part of growing up. They're gently passed along to us as infants, by those who came before us—not consciously, but just as part of family life. If you live in Portland, chances are good that your kids were dressed in Timbers kits before their first birthday, and learned the names of the Timbers players along with new words like “Mom” and “Dad.” For sure, similar customs are true for Cubs families, and Warriors families and, of course, Seahawks families.

My wife, Danielle, and I have three daughters. One of the many traditions we infused into our kids was a love for Lyle Lovett. I think we started listening to Lyle in the early '90s. A radio station in Seattle—The Mountain, 103.7—played his music all the time. We became hooked. Much of Lyle's music has a swifty, upbeat nature that pulled us in. It's the sort of music that you sing along with,

and that your kids dance to.

So, we started going to concerts and buying CDs (I know, I'm dating myself!). One of the first CDs we bought was “Lyle Lovett and His Large Band.” I recommend it. Our daughter Jacquie—who, when she was young, had an affection for misunderstanding and mispronouncing words and names in ways that made sense to her—would often tell us to turn on the “Lyett Lovett” music.

July is outdoor-concert season, and many of us think music is at its best when performed outdoors, under the sun or the stars. We started seeing Lyle on Pier 62/63 in Seattle in the mid-1990s. When Alaska started flying to Boston in 2002, Danielle and the girls surprised me with a Father's Day gift to see Lyle Lovett and His Large Band, and Bonnie Raitt, at FleetBoston Pavilion. Since, we've seen Lyle at Chateau Ste. Michelle Winery in the Seattle

» WELCOME

area, and in Bend and Sisters, Oregon. We're fans.

But why? Well, first, his music is really interesting. It's unlike any other music I've ever heard, and it's difficult to categorize. It might be country, blues, gospel or swing, or it might be a ballad, with Lyle singing solo and playing his guitar. In his Large Band tours, he brings together not just piano, drums and bass, but also horns, saxophone, steel guitar, cello and gospel singers, including the one and only Francine Reed. The result is just fantastic. It must be a real skill to write and arrange music for all of these talents and all of these different musical styles without a template to follow.

But what also pulls you in with Lyle is who he is. He interacts with his audience, and by the end of the show there's always a real chemistry between him and the crowd. He's got a keen sense of observation, and he has a measured way of letting you know that he has a true sense of what your community is all about.

I remember that at Lyle's Chateau Ste. Michelle concert last year it happened to be raining, which somehow added to the magic of the evening. The band played a great show, and the audience was totally into it. Near the end, I was struck by how much time Lyle spent introducing his band and telling us something about each of them and their backgrounds, and how long they had been together—15 or 20 years in many cases. You could tell how much he admired them and enjoyed being around them.

Lyle Lovett and His Large Band are playing 49 shows this summer—throughout the United States, with many on the West Coast. I hope you get the chance to see them.

Traditions are important. Whether it's music, sports, camping or some other activity that your family enjoys, I hope you keep your traditions alive this summer. And if you're traveling, we'll look forward to helping you get there.

Thank you for flying with us. ✈

» BIENVENIDO



Brad Tilden,
Jefe Ejecutivo

EN ARMONÍA CON LA TRADICIÓN

» Para muchos de nosotros, las tradiciones forman una parte muy importante de nuestro crecimiento. Cuando somos niños, estas las transmiten con cuidado quienes llegaron antes que nosotros, no de forma consciente, sino simplemente porque forman parte de la convivencia familiar. Si vive en Portland, es posible que lo hayan vestido con el uniforme de los Timbers antes de su primer cumpleaños y que haya aprendido los nombres de los jugadores de los Timbers junto con otras palabras como “mamá” o “papá”. Seguramente esto también sucede en las familias que son fanáticas de los Cubs, de los Warriors y, por supuesto, de los Seahawks.

Mi esposa, Danielle, y yo tenemos tres hijas. Una de las tantas tradiciones que hemos inculcado a nuestras hijas es el gusto por Lyle Lovett. Creo que

comenzamos a escuchar a Lyle a principios de la década de los noventa. Una estación de radio matutina en Seattle (The Mountain, 103.7) transmitía su música a toda hora. Nos encantó. Mucha de su música tiene una naturaleza vibrante, alegre y contagiosa que fue lo que nos atrajo. Es el tipo de música que puedes cantar y que tus hijos pueden bailar.

Así que empezamos asistiendo a conciertos y comprando sus CDs (Lo sé, con esto, probablemente sabrán mi edad). Uno de los primeros CDs que compramos fue “Lyle Lovett y Su Banda Large”. Se los recomiendo. Nuestra hija Jacquie, quién de pequeña tenía una afición para entender y pronunciar las palabras y nombres en formas que tenían sentido para ella, a menudo nos pedía que pusiéramos la música de “Lyett Lovett”.

El mes de julio es la temporada de conciertos al aire libre, y muchos pensamos que la música está en su mejor expresión cuando se toca al aire libre, bajo el sol o bajo las estrellas. Comenzamos a ver a Lyle en Pier 62/63 en Seattle a mediados de la década de los noventa. Alaska comenzó a volar a Boston en 2002, y Danielle y las niñas me sorprendieron con un regalo del Día del Padre para ver a Lyle y su Large Band junto a Bonnie Raitt en el FleetBoston Pavilion poco después. Desde entonces, lo hemos visto en Chateau Ste. Michelle en Seattle y en Bend y en Sisters en Oregón. Somos sus fans.

Pero, ¿cuál es el motivo? Bueno, en primer lugar, su música es realmente interesante. Es distinta a cualquier otro tipo de música que haya escuchado antes, y es difícil de clasificar. Podría ser estilo country, blues, espiritual,

swing, o simplemente podría ser él con su guitarra cantando una balada. En las giras de su Large Band, combina no solo el piano, la batería y el bajo, sino también las trompetas, el saxofón, la guitarra de cuerdas, el violonchelo y cantantes de góspel, incluyendo a la inigualable Francine Reed. El resultado es simplemente fantástico. Es un verdadero talento el poder escribir y hacer los arreglos musicales para todos estos talentosos artistas con diferentes estilos musicales sin un modelo específico a seguir.

Pero lo que más te atrae a Lyle es él como persona. Interactúa con su público, y al final de la presentación, siempre hay una química real entre él y su público. Tiene un gran sentido de observación y una forma mesurada de hacerte saber que tiene un verdadero sentido de lo importante que es tu comunidad.

Recuerdo que estuvo lloviendo en el concierto de Lyle en el Chateau Ste. Michelle el año pasado, lo que de alguna forma agregó una magia muy especial a la noche. Realizaron una gran presentación, y el público estaba totalmente fascinado. Cerca del final, me sorprendió el tiempo que Lyle tomó presentando a cada uno de los miembros de su banda y contándonos acerca su trayectoria, así como el tiempo que han estado juntos (15 o 20 años en la mayoría de los casos). Era evidente lo mucho que los admiraba y cuanto disfrutaba trabajar con ellos.

Lyle Lovett y Su Banda Large va a realizar 49 presentaciones este verano a lo largo de los Estados Unidos, y muchas de ellas serán en la Costa Oeste. Ojalá tenga la oportunidad de verlos.

Las tradiciones son importantes. Ya sea la música, el deporte, ir de campamento o alguna otra actividad que su familia disfrute, espero que mantenga sus tradiciones vivas este verano. Y si está volando, esperamos ayudarlo a llegar a su destino.

Gracias por volar con nosotros. ✈



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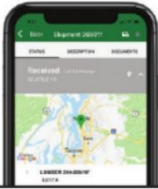
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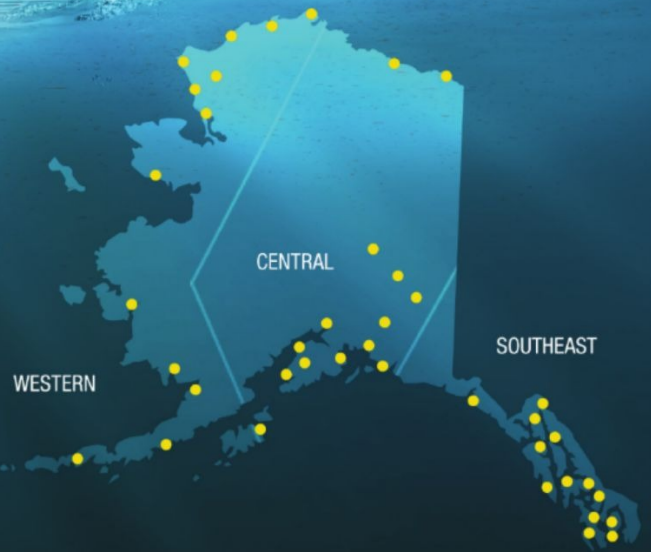


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IN THE KNOW»

WHAT'S NEW: A PERFECT 12

» Awards are generally better by the dozen. That's why Alaska Airlines is grateful to our employees, as well as to our guests who, for the 12th consecutive year, ranked the airline "Highest in Customer Satisfaction Among Traditional Carriers in North America," as reported in the J.D. Power 2019 North America Airline Satisfaction Study, released in late May.

"Staying on top of the industry for a dozen years is a stunning accomplishment," said Alaska Airlines CEO Brad Tilden, upon learning of this year's result. "We don't do what we do to win awards, but it is extremely satisfying to receive validation that hard work and a focus on guests is recognized by those that we're serving."

Last year, Alaska set a goal to break past an overall score of 800 in 2019. And we did so, scoring 801, up 26 points from our industry-leading score in 2018. The average 2019 score for traditional carriers was 763 points.



The J.D. Power study measured the satisfaction of business and leisure travelers who flew a major North American airline between March 2018 and March 2019. To determine overall scores, J.D. Power used a satisfaction index to rate the airlines based on seven factors (the scores are weighted by importance, and combined).

Alaska improved its score over last year's in each part of the study's assessment, taking the top spot in six of seven categories, including

for cost and fees; aircraft; boarding, deplaning and baggage; flight crew; check-in; and reservation experiences.

Widely recognized as a mark of service excellence, the J.D. Power award is evidence that Alaska's efforts to give guests more of what they're looking for is paying off.

For additional information about Alaska Airlines' award-winning service and the J.D. Power 2019 awards, visit alaskaair.com and jdpower.com/awards.

TAKING TOYS AIRBORNE

» Alaska is getting, well, **animated** about its newest special-edition aircraft, which features art work relating to Disney and Pixar's film *Toy Story 4*.

The *Toy Story 4*-themed aircraft, the second Alaska Airlines livery to feature Pixar's characters, is decked out with toys from the *Toy Story 4* world. It features beloved characters—plus one new character—from the *Toy Story* franchise. The aircraft was revealed to guests at Seattle-Tacoma International Airport by Alaska's Chief Football Officer, Russell Wilson.

"Many of us have grown up following the iconic *Toy Story* films," says Natalie Bowman, Alaska Airlines' managing director of brand marketing and advertising. "And we're happy to take the toys to new heights,



sharing the playful, heartwarming imagery with travelers across our coast-to-coast network—and beyond."

The familiar characters Woody, Buzz Lightyear and Bo Peep span the fuselage, while new toy Forky appears on the winglets, sparking smiles on guests peering out the windows of the aircraft. Guests boarding the aircraft will also see a *Toy Story 4* logo.

"We've seen Woody and the rest of the toys in a lot of unexpected places over the years. ... But how many people can say they've seen them at 35,000 feet?" said *Toy Story 4* producers Mark Nielsen and Jonas Rivera in a statement.

The *Toy Story 4*-themed 737-800 is now flying throughout Alaska's route network. Sporting larger-than-life images of the toys, the aircraft will visit fans throughout the U.S. via transcontinental routes and flights to Hawai'i. ✈

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A NURTURING SPIRIT

Flight Attendant Ava McWilliams Ellington is a Legend of Customer Service

» Whenever she gets the chance, San Diego-based flight attendant Ava McWilliams Ellington cooks for her co-workers.

"It's amazing how one pot will feed so many," says Ellington, a 30-year Alaska employee, explaining that she loves cooking and serving her homemade dishes to everyone from the front desk to the flight deck.

Ellington, who started her flight attendant career in Seattle and also spent time based in Los Angeles, is known for making kind gestures to guests, as well—such as decorating a rare unclaimed Signature Fruit and Cheese Platter onboard and serving it up as a birthday cake.

"She is so imaginative and has such a big heart," says fellow San Diego flight attendant Ricky Martinez, who has sampled Ellington's cooking firsthand. "Her chicken enchiladas are the best, and her gumbo isn't bad, either!"

Prior to winning her 2019 Legend Award, Ellington earned a 2018 Award of Excellence from the airline for "setting the highest standards of professionalism, dedication to customer service and teamwork." She treats every flight as a window of opportunity to make a positive difference: "I try to make at least some connection with every passenger, and I have a finite time to do so," she says. "I still feel nervous excitement before each flight. It's like I'm backstage before a performance, thinking, 'Here comes my audience—it's *showtime!*'"

With her skill at reading people's needs and providing excellent inflight service, this veteran crewmember is a natural at mentoring younger employees. She also supports colleagues as co-chair of the Association of Flight Attendants' Employee Assistance Program in San Diego.

Ellington says she far prefers helping and encouraging co-workers to talking about herself: "I feel like I'm here to be there for others—to prop them up, to watch them fly." —Ben Raker



Ava McWilliams Ellington.

QUESTIONS & ANSWERS

What do you like most about your job?

Every flight is a chance to touch people's lives and to have them touch mine.

What advice do you have for new hires?

When days are longer and flights are bumpier, I remind them to think of how proud they felt when they were chosen to fly. This job is an honor and a privilege.

What was a memorable day at work?

When I met my husband, Alaska Captain

Gary Duke Ellington. He popped his head out of the flight deck, and I was *gone!*

What's on your travel to-do list?

My mom has always wanted to go to Hawai'i. I'd like to take her there and to see the place through her eyes.

What do you pack when you travel?

My 6-inch electric skillet. I can use it to have a gathering or to cook for myself. Cooking is my happy place.

KUDOS FROM AVA'S CO-WORKERS

"Ava is constantly thinking about how to put a smile on everyone's face. Her humor is part of what makes her memorable. She makes sure people leave the plane happy." —Kristina R., Flight Attendant, San Diego

"Ava truly cares about how our passengers are treated during each and every flight. She is kind, caring and helpful." —Prett G., Captain, Los Angeles

"She's just a great flight attendant, a great friend, and I love flying with her. She is

amazing to our passengers." —Kathy M., Flight Attendant, San Diego

"She's fun, spontaneous and a pleasure to be around. She makes passengers and crew alike feel completely comfortable." —Rod M., Flight Attendant, Los Angeles

"Ava is efficient, charming, witty and beautiful. Customers want to be her friend; flight attendants want to be like her and learn from her." —Jayneanne G., Flight Attendant, San Diego

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KIND AND CARING

Customer Service Agent Melissa Van Bouchaute is a Horizon Air Pathfinder

» When a huge snowstorm temporarily closed the Redmond/Bend, Oregon, airport one winter, Melissa Van Bouchaute went in on her day off to shovel snow so flights could get out on time the next morning. “Our equipment was all snowed up against the building,” she says. “Another co-worker and I both live close to the airport, so we came in and shoveled everything out alongside the terminal.” She adds with a chuckle, “I like the workout aspects of my job.”

A Central Oregon-based Horizon customer service agent since 2006, Van Bouchaute does everything from checking people in to assisting wheelchair users, boarding flights, loading luggage, cleaning planes, deicing planes and directing aircraft at the gate. In addition, she is a team captain whom other CSAs can turn to for help, and she handles personnel duties such as scheduling and payroll.

“I love my job,” she says. “I love the many varied roles. Every day is different. Our team members all care about each other and our guests. I’ve always loved that at Horizon and Alaska we have the flexibility to go above and beyond for guests. For instance, if someone comes in who thought they booked the 6 A.M. flight but they actually booked a 6 P.M. flight, we have the ability to help.”

Every day, Van Bouchaute seeks to be kind and to uplift other people. Just a few weeks ago, an older guest’s daughter sent the CSA a thank-you note and raspberry tarts for making check-in so pleasant and easy.

Van Bouchaute, who previously had strong customer-relations experience in food service, began thinking about an airline career because her mother-in-law was a flight attendant. “I became really interested in the flights and planes and everything. I really like being around this amazing powerful thing that flies in the air, and I like helping guests. I’m so grateful I got a job at Horizon. I feel it’s the best airline company to work for.” —Michele Andrus Dill



Melissa Van Bouchaute.

QUESTIONS & ANSWERS

What means success on the job for you?

Everyone being safe—co-workers and guests. Getting our guests to their destinations on time, or even early. And making people’s days. You never know what someone is going through, so I always just strive to be kind and nice, to smile and be cheery, and to make their day better.

What is most important to you?

My husband and our two kids, and our extended family. My job gives me the flexibility to be there for my kids when they come home from school.

What do you like to do outside of work?

I love to boat. We have a wakeboarding boat, and we go out on a lake in our area. I also love gardening and softball. I pitched for my high school team, and now I’m a volunteer helping to coach my daughter’s team. And I still play, myself, as an outfielder on a women’s team.

What do you take with you on a trip?

I like to go to sunny, warm places, so I take my shorts and flip-flops. We’ve been to places such as Mexico and New Orleans, and we visit family in San Diego a lot.

PRAISE FOR MELISSA

“After more than a dozen years at Horizon, and at a time when earning the loyalty of our guests is more important than ever, Melissa stands out for the amazing rapport she’s built with the Redmond team and with many of our guests.

She is particularly appreciated during irregular operations, as she has a knack for handling difficult guest interactions, prioritizing multiple tasks, and rolling up

her sleeves to do whatever needs to be done to serve our guests and our team. During Snowmageddon a couple of years ago, she came in without hesitation to clear snow over many backbreaking hours. Her ability to make the best of any situation and to light up the front counter with a smile her co-workers describe as infectious brings out the best in the entire team.” —Diana S., Horizon Vice President of Customer Service, Seattle



HORIZON AIR EMPLOYEES such as Melissa Van Bouchaute are the reason for our service excellence. Join us in creating an airline people love. Visit horizonair.jobs.



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SCIENCE ON THE MOVE

Pacific Science Center brings science to Northwest schools

By Lora Shinn

» **Kindergartners at Hilltop Elementary School,** south of Seattle, use flashlights and mirrors to study how light bends and moves, while fifth graders help operate a vehicle that is similar to the Mars rover.

Such hands-on experiences are part of Pacific Science Center's Science On Wheels program, which brings creative science lessons to schools across the Northwest. Pacific Science Center (PacSci), located at Seattle Center, has been helping to inspire students and fuel a passion for discovery, experimentation and critical thinking since its founding at the 1962 Seattle World's Fair. Currently, PacSci features a variety of virtual and augmented reality programs in which guests can experience innovative and emerging technologies.

During the past 40 years, Science On Wheels has reached an estimated 3.1 million students across the Northwest with its interactive workshops, live stage shows and portable exhibit sets. Today, the mobile science program entertains and educates about 100,000 students, including 55,000 low-income students, annually throughout Washington, Oregon and Idaho.

This type of program is made possible with the help of sponsors such as Alaska Airlines, which is partnering with PacSci to help 3,800 Highline Public Schools students from low-income families experience Science On Wheels and also attend field trips to the science center.

"We are grateful for the support of Alaska Airlines to expand our reach into the Highline Public Schools and to inspire the next generation of curious students," says Will Daugherty, Pacific Science Center president and CEO.

Alaska made it possible for Science On Wheels to visit Hilltop Elementary, where about 600 students took part in various science activities. The program helps instill "a sense of wonder in regards to science," says Corbin Busby, Hilltop's assistant principal. "It gives our students a hands-on experience with scientific ideas that are frequently out of reach in traditional classrooms."

Science On Wheels began in the mid-1970s, at a time when some school districts couldn't afford to bus students to PacSci for field trips. Instead, PacSci administrators developed the mobile program, with educators and

items such as natural-history exhibits, glittering rocks and microscopes being transported to the schools by van. During a typical morning schoolwide assembly, program instructors might use foam blocks to build a replica of the St. Louis Gateway Arch, and the school's library or gym might be transformed into a science museum, with exhibits that spark curiosity and boost critical-thinking skills.

Diana Birkett Rakow, vice president of external relations at Alaska, says the airline is excited to help Highline Public Schools students experience science.

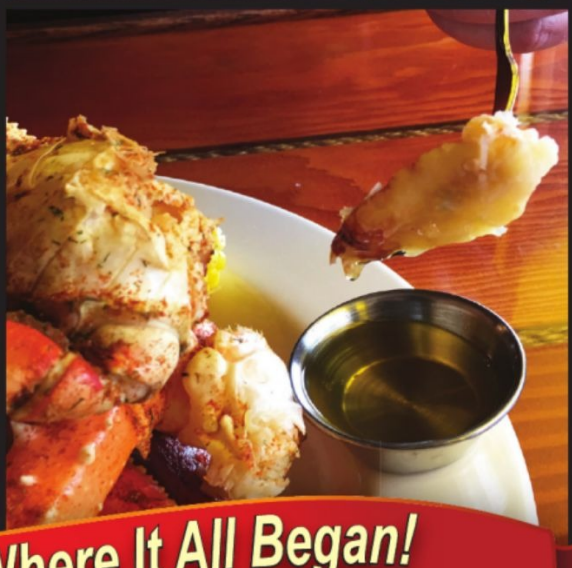
"The Pacific Science Center inspires us by sharing a love of learning and exploration with kids who might not otherwise have a chance to explore the solar system or conduct experiments," Birkett Rakow says. "The airline is driven to help young people connect with their curious, creative, critically thinking selves so they can succeed in whatever path in life they choose." ✈

» **Highline Public Schools students from White Center Heights Elementary School** pose with faculty and parents during a Pacific Science Center field trip that was made possible by support from Alaska Airlines.



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» **It's summertime, and the sipping is easy** with Alaska Airlines' latest menu of new and continuing inflight drink offerings. Alaska works hard to include refreshing beverage selections—and, as with our food menu, seasonal rotations—that provide variety and highlight the West Coast vibe of our brewery, winery and other beverage partners. Whether you're seeking beer, wine, spirits or a nonalcoholic option, we have choices to satisfy your summertime thirst. Toast the season with one of the following, or choose from our full selection of beverages, listed on your seatback card.

BEERS

Available on most flights in First Class,
and for purchase in the Main Cabin:

■ **Lagunitas Sumpin' Easy Ale:** It's right there in the name of our newest beer option: easy. And it might be a no-brainer to choose this smoothly crafted ale from Sonoma County-based Lagunitas Brewing Company. With malts that drive its velvety feel, and Ekuanot hops that lend it notes of stone fruit, Sumpin' Easy is designed to taste like biting into a freshly picked peach.

■ **Fremont Lush IPA:** This India pale ale's flavors are described as "reminiscent of lime, mango and guava"—perfect for the sunny season. Lush has earned international awards as well as kudos from local beer lovers in Fremont Brewing's hometown, Seattle.

■ **Session Premium Lager:** Ah, the light-bodied lager—crisp, cool and refreshing. Brewed in Hood River, Oregon, Session Premium Lager is a popular take on the classic style, with a smooth maltiness and a mellow yet flavorful hop profile. The winner of numerous gold medals at competitions, this craft lager is equally at home at a backyard barbecue.

■ **Alaskan White Ale:** Starting with water drawn from glaciers outside Juneau, Alaskan Brewing Company has an almost unfair advantage when it comes to making freshly satisfying beers. This light-bodied ale, inspired by Belgian *witbier*, is slightly sweet, with the added zest of coriander and orange peel.



WINES

Available on most flights
in First Class:

■ **Sokol Blosser Evolution Lucky No. 9 White Blend:** Based in the Dundee Hills of Oregon's famed Willamette Valley, second-generation winemaker Alex Sokol Blosser crafts this blend that is approachable and easy-drinking despite its underlying complexity. This sophisticated white incorporates nine different grape varieties, producing a result that is "spicy and floral on the nose, lush and tropical on the palate, and has a soft and round sweetness that is tempered by a burst of citrus."

■ **Sokol Blosser Evolution Big Time Red:** Intentionally bold, Evolution Big Time Red is billed as a "versatile, accessible and exceptionally drinkable wine that goes great with anything." This red blend combines the flavors of Sangiovese, Montepulciano and Syrah grapes, and it even includes some of the winery's Lucky No. 9 White Blend as a "secret ingredient."



Additional wines, available on most flights
for purchase in the Main Cabin:

- Canoe Ridge Vineyard Exploration Cabernet Sauvignon • Stone Valley California White Blend • La Marca Prosecco

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Trishia Stern, MEd

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A WONDERLAND OF AUDIOBOOKS

» As Alice grows taller and taller, and contemplates the near disappearance of her feet, the soft voice of Scarlett Johansson slides easily from the role of narrator to that of Alice pondering her experiences in Wonderland. As Johansson performs the story, she brings a whimsical quality to each of the characters, from the White Rabbit to the Mad Hatter, in Lewis Carroll's *Alice's Adventures in Wonderland*.

Similarly, actor Nick Offerman reads Mark Twain's *The Adventures of Tom Sawyer* with a rolling, down-home kind of voice that brings a sense of authenticity to life on the Mississippi.

Both of these classic adventures, uniquely narrated by celebrities, are available on the Audible channel of Alaska Airlines' Beyond Entertainment. In a new agreement with Audible, the airline is offering guests a chance to stream for free more than 30 audiobooks.

"Fans love Audible content for its incredible ability to engage and transport them," says Helena Verellen, SVP, business development, at Audible. "Our customers enjoy listening while they travel, and we are thrilled to bring Alaska guests an array of immersive entertainment."

That meant selecting books that guests would be able to complete in the course of a single flight—less than five hours in run length. Audible was also looking for a variety of content interests, as well as works that have received a user rating of at least 4.0, on a scale of 5.0, from Audible's member listeners.

Whether Alaska guests are looking for escape, entertainment, education or relaxation, the Audible channel presents a number of genres and titles from which to choose:

■ **Mindfulness and Meditation:** Howard Fast's *The Art of Zen Meditation* and Matthew Sockolov's *Practicing Mindfulness*.

■ **Kids and Teens:** Jack London's *The Call of the Wild* and Pam Muñoz Ryan's *Riding Freedom*.

■ **Nonfiction:** *Man's Search for Meaning* by

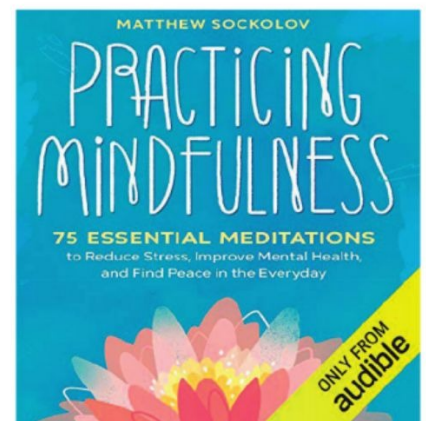
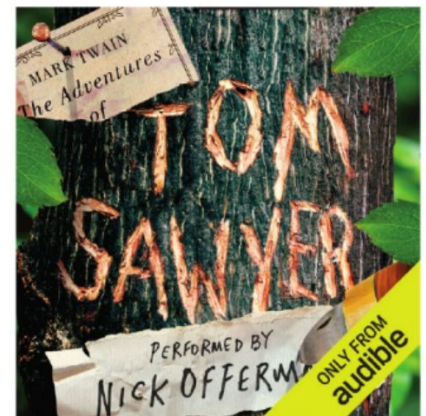


Viktor E. Frankl and *Henry VIII* by Abigail Archer.

Other book genres available include mysteries and thrillers; sci-fi and fantasy; romance; and travel and adventure.

In many cases, the content is exclusive to Audible. For instance, while there are numerous audiobooks about Alice, Audible sought out Johansson—who has voiced characters in films such as *The Jungle Book* and *Her*—for a fresh take on the classic, and for a little star power. Audible also sought out Offerman to perform Tom Sawyer. Offerman is a self-proclaimed "Twainiac," who has also lent his voice to *A Connecticut Yankee in King Arthur's Court* for Audible. Some titles are performed by the book's author.

Streaming an audiobook while in flight works the same as streaming movies and TV programs on Beyond Entertainment. Sign in to the Gogo Entertainment app, and go to the



» Alaska Airlines has added a range of Audible audiobooks to its Beyond Entertainment service, free to enjoy while in flight.

Audible audiobook channel. There, you'll find title covers with brief descriptions of the books. Just click to launch streaming.

Try as many as you like. If you don't finish a book, look for the option to sign up for a free 30-day Audible trial membership, and listen to the rest of the book in your car or at home.

Alaska Mileage Plan members who sign up for a 30-day free trial and become a paying member will earn 750 Mileage Plan miles. Go to audible.com/alaska to claim the offer.

Verellen says Audible now has more than 450,000 audiobook titles, in 38 languages. Beyond Entertainment will maintain a rotating carousel of Audible titles.

Adventure, mystery or meditation, you're invited to try them all. —Paul Frichtl

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THE FEED»



A Candytopia staff member enjoys the “We Play” room.

A CANDY LAND

» If you’ve ever dreamed of being in a confectionery wonderland containing fantastical animals made of candy and a swimming pool filled with 300,000 foam marshmallows, you could be in for a treat. Jackie Sorkin, a candy artist, created *Candytopia* to be a dream world, where everyone is invited to feel the joy of acting like a kid.

Separate but nearly identical versions of the immersive installation are showing simultaneously in Atlanta through July 28, in Dallas through July 31, and in Houston through Sept. 29. Guests can explore more than a dozen different spaces, such as the “Under the Sea” room filled with sea creatures made from candy, including a shark sculpture made with 20,000 pieces—from blue and white gummy bears to black

licorice to pink lemonade belts. In the “Art Gallery,” you can find candy re-creations of famous masterpieces, such as Vincent van Gogh’s *The Starry Night* made with 13,000 pieces of candy, including green apple sour belts and blue Tuberoos.

Candy samples, such as Trolli Twisted Sour Brite gummies, are available throughout *Candytopia*. For more information, visit candytopia.com. —Jessica Lin



LAWRENCE CHIARELLI, Sales Director at tech start up. BS, Bloomsburg Univ. Interests: golf, running, travel

BREAKING UP WITH ONLINE DATING

Technology has made dating more complicated and impersonal.

HIRING A MATCHMAKER MIGHT BE THE SMARTEST INVESTMENT

YOU COULD MAKE IN YOUR PERSONAL LIFE.

PING MA, Owner of RollingPing Custom Cakes. MS, Columbia Univ. Interests: travel, wine, jogging

At first, Larry Chiarelli, director at a tech start up, thought he was doing all he needed. Sign up on multiple dating websites. Meet lots of women. Eventually, the right one would come along – except she never did. So he decided to bring in the professionals and hired It's Just Lunch. It's Just Lunch's matchmakers got to know him and his preferences. They selected his dates, arranged schedules, and even made the restaurant reservations. Dating became stress-free and fun. Larry was a practical guy and didn't believe in love-at-first-sight... until IJL introduced him to Ping.

Dating life before joining It's Just Lunch?

Lawrence: Chaotic! I was meeting a lot of women but not the right women for me. Online dating was time consuming and stressful. I needed someone to relieve me of the dating busy work so I could get some breathing room. I needed to slow things down to speed them up. It's Just Lunch fit that criteria perfectly.

Why join It's Just Lunch?

Ping: I fly frequently for both work and fun. When I saw It's Just Lunch in the airline magazine, it was as if the matchmaker was talking to me! One day after a particularly long flight and wanting to snuggle with someone and watch a movie, I decided it couldn't hurt to give it a try.

Most enjoyable part of the It's Just Lunch process?

L: Having someone doing all the work to select and schedule a date. It was like I had my own personal dating concierge to take care of all the details. All I had to do was be on time for my date and be myself. It really was a stress-free experience.

What was it like working with the It's Just Lunch matchmakers?

L: Easy and convenient. The company I was working for was going through a merger so I was away from home quite a bit. I'd finish my day and there would be a message from my matchmaker telling me about my

next match. I'd call back, get the details and run through my availability. The next thing I knew I was in front of an interesting woman having a great conversation.

Do you have any advice for singles who want to meet that special someone?

L: I tell my clients an analogy all the time: Would you rather drive across the country in a Toyota Corolla or a BMW 5 series? They always say the 5 series. You get what you pay for. Investing in yourself and your future with someone special means investing in the right matchmaking service. For me that was It's Just Lunch.

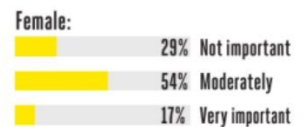
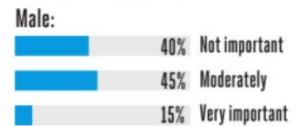
P: Invest in your own happiness, it is always worth it.

The success of It's Just Lunch is built on creating high quality matches in low pressure situations. In 28 years, they've set up millions of first dates. Make meeting someone special a priority. **Get in touch at 800-858-6526 or www.itsjustlunch.com.**

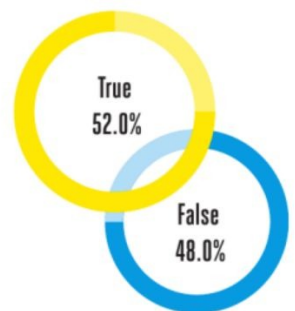


THE POLITICS OF DATING

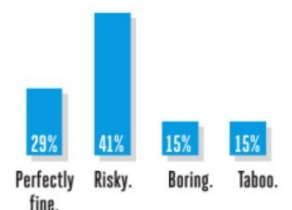
How important is a person's political party affiliation when deciding to go on a date with him/ her?



I could casually date someone who didn't have the same political beliefs as me, but in the long term it probably won't work out:

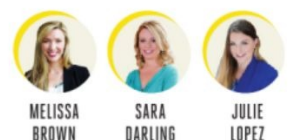


Talking politics on the first date is:



Source: IJL Survey

It's Just Lunch Matchmakers:



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DATING FOR BUSY PROFESSIONALS

UPLIFTING SHOW IN MILWAUKEE

» At the Milwaukee Air & Water Show, July 27–28, attendees can see the sky painted with jet streams, hear the roar of jet engines and feel thunderous vibrations as the U.S. Air Force Thunderbirds Air Demonstration Squadron (right) soars above Milwaukee. The Thunderbirds performances are the marquee displays at the show, which began in 2004 and draws more than 400,000 people each year.

The weekend features more than 15 military and civilian performances. Military demonstrations include the Air Force's F-35A Lightning II Demonstration Team, which is debuting a program that showcases their jets' speed, and the Army's Golden Knights parachute team, known for its remarkable skydiving jumps.

Civilian highlights include the Muskego Water Bugs water-ski team, performing incredible feats of water acrobatics with

members as young as 9, and the John Klatt Airshows, which feature an aircraft inspired by a classic 1929 Taperwing Waco performing snap rolls, spins and barrel rolls.

For more information, visit mkeairwatershow.com.

—Peyton Burnstead



» THE FEED
THE MIX



FROM TOP: U.S. AIR FORCE THUNDERBIRDS AIR DEMONSTRATION SQUADRON; BOB MCCLLENAN

WINE, MUSIC AND MORE

» With musical performers such as Grammy Award winner Seal and more than 60 events, the 14th-annual Festival Napa Valley is a premier celebration of arts, education and, of course, wine. The festival, July 12–21, is held at more than 20 venues in the area, showcasing the full grapevines and warm, dry weather that come with summer in the Northern California wine region.


Specific events include Taste of Napa, July 13, during which guests can explore the Vista Collina Resort to sample food and wine crafted by more than 70 local wineries, restaurants and artisans.

The festival also features several free concerts, including a performance on July 14 by the Yellowjackets—a two-time Grammy Award-winning jazz fusion band—and the Bouchaine Young Artist Series, featuring musicians such as percussionist Mitya Nilov on July 16.

To honor the 50th anniversary of the Apollo 11 mission, the festival is hosting space-themed events, such as the Festival Orchestra Napa playing the *Star Wars: A New Hope* score during a showing of the film on July 18. Visit festivalnapavalley.org for more. —Peyton Burnstead

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COOL FILMS IN SAN FRANCISCO



In *The Substitute*, directed by Ana Rodríguez León, a man fights for his identity after meeting a doppelgänger determined to take his place. In the film, as in life, individual expression is crucial, and this is exactly what the San Francisco Frozen Film Festival, July 17–21, aims to foster. The event, in its 13th year, is playing about 60 films in the Mission District.

The festival is devoted to showcasing the work of filmmakers from underserved communities and features movies by artists from around the world. Genres range from dramatic shorts to feature-length comedies, and from adventure movies to animated films. This year's festival emphasizes work with LGBTQ+ themes, as well as films with an environmental focus.

Other titles include Alejandra López's *La Capa Azul*, about a child saving his grandfather in Hurricane Maria.

The film festival's name comes from San Francisco's typically cool summer weather. Visit frozenfilmfestival.com for more information. —Jessica Lin

CELEBRATING SALMON

» The roughly 150 million wild king, sockeye and coho salmon caught annually by commercial-fishing operations in Alaska represent more than 70% of the global wild commercial harvest of such salmon. Each year, festivals, art shows and other events celebrate salmon and all they mean to Alaska. Now, add "Alaskans and Salmon," at the Anchorage Museum through Jan. 19, 2020, to the list. The multimedia exhibit examines how salmon are a way of life in Alaska, from commercial, subsistence and sport fishing to processing,

preserving and eating.

Displays include video clips of Alaska fishermen discussing the impact of salmon; an installation about a river-restoration project that strives for clean waters; and pictures and information on the salmon life cycle. The exhibit is

presented in conjunction with The Salmon Project, using images, videos and quotes from Salmon Life, a storytelling initiative that celebrates salmon. Visit anchagemuseum.org/exhibits/alaskans-and-salmon for more information. —Suzi Kang



WOVEN HISTORY

» Women in Gee's Bend, Alabama, have been making colorful quilts since the late 1800s. Initially, these blankets were stitched out of recycled clothes, fabrics and textiles simply to provide warmth in the winter. But by the mid-1900s, after the federal

government sold tracts of a former cotton plantation to African Americans whose families had been working the land for generations, the women began selling quilts to turn a profit. Today, women in the small, remote African American community in western Alabama still make these works of art.

More than a dozen of these quilts are on display as the centerpiece of "Souls Grown Deep: Artists of the African American South," at the Philadelphia Museum of Art through Sept. 2. Overall, the exhibit features 25 works created by 18 African American artists in the American South between the 1920s and 2005. Pieces include quilts, abstract paintings and found-object sculptures. A highlight is Mary Lee Bendolph's 2005 *Blocks, Strips, Strings, and Half Squares*, pictured.

Visit philamuseum.org for more information. —Suzi Kang

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PROUD PAPAS

» **Every July, a group of stocky, bearded men** gather in Key West, Florida, to celebrate the larger-than-life legacy of Ernest Hemingway. They come wearing khaki hunting outfits and white wool sweaters, despite the heat. They travel from across the world to compete in the annual Hemingway Look-Alike Contest, in which around 150 contestants vie to be crowned Papa by a panel of former winners.

The contest, now in its 39th year, is held in Sloppy Joe's Bar (said to be one of Hemingway's favorite watering holes while he lived and wrote in Key West in the 1930s) and is part of the Hemingway Days festival, July 16–21. The festival is a celebration of the Nobel Prize-winning author's life and includes poetry and prose readings, a short-story competition, a "Running of the Bulls" on the 120th anniversary of Hemingway's July 21 birthday (the bulls are made out of wood and other materials), a marlin-fishing tournament, a paddleboard race, a street fair and an arm-wrestling competition.

For more information, visit fla-keys.com/hemingway-days. —Gabriel Moseley



LET FREEDOM RING

» **Since its unveiling in 2013**, America's Freedom Bell has been rung at Pearl Harbor, Arlington National Cemetery, the flight deck of the USS *Midway*, the beaches of Normandy, France, and at ceremonies across the United States. It's been

rung by more than 5 million people to honor a family member or friend who served or is serving in the armed forces, according to

Richard Rovsek, founder of The Spirit of Liberty Foundation, which created the bell.

The bell was forged on June 6, 2013—the 69th anniversary of D-Day—from 330 pounds of bronze and 10 pounds of steel salvaged from the World Trade Center.

The Freedom Bell is housed at the Veterans Museum at Balboa Park in San Diego, where it can be rung daily, though it may travel for major ceremonial days.

The week of July 4, SOLF will launch America's Freedom Bell and America's Patriots Honor Roll, a virtual monument to the 56 million people who have served in the armed forces since 1776. Visit spiritoflibertyfoundation.org. —Gabriel Moseley



WOWING ART

» **The Pow! Wow!** Long Beach International Mural Festival gets its striking name from comic books, which often use onomatopoeia and exclamations to describe action. At the festival, "Pow!" is meant to signify the murals' impact on viewers, while "Wow!" is meant to represent the viewers' reactions. Together, "Pow! Wow!" captures the spirit of an event that brings more than 100 mural artists to Long Beach, California, July 21–28.

Throughout the festival, members of the public can watch artists paint murals—ranging from bright cartoons to geometric patterns—around the city. The only requirement is that all the art must be family-friendly. In addition, radio station KCRW is presenting a "Summer Nights" music show hosted by local DJs, on July 27.

Pow! Wow! Long Beach is part of an international mural festival series that started in Honolulu in 2010, with a goal to "beautify cities and create accessible artwork," says Jeff Gress, one of the directors of the Pow! Wow! series. The festival has been held in cities such as Seoul, South Korea, and Washington, D.C., and this year marks the fifth summer the event has been in Long Beach.

Visit powwowlongbeach.com for more information. —Suzi Kang

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NOTEWORTHY PERFORMANCES

■ *The Music of Nashville* takes audiences on a 60-year journey through country music, featuring songs from Hank Williams and Patsy Cline to Keith Urban and Miranda Lambert. The show was created by renowned musical producer Mark Oliverius, who has worked with artists such as Mickey Gilley and Pam Tillis. Performances are held at two Nashville venues—the Texas Troubadour Theatre and the Nashville Palace—through 2020. The show features songs such as *Stand By Your Man*, *Jolene* and *Boot Scootin' Boogie* played by a house band assembled by Oliverius.

Singer Aly Jordan (below), who was born in North Carolina but has lived up and down the East Coast, says the cast has become her Nashville family. That's fitting because the show prides itself on providing family-friendly entertainment. For more, visit themusicofnashville.com. —Suzi Kang



Poet Thiahera Nurse reads at a previous Books Beneath the Bridge event.

SUMMER READINGS

» On Monday evenings this summer, Books Beneath the Bridge attendees can take in views of the Manhattan skyline as dynamic writers read their works aloud. Authors such as poet Jenny Xie, a 2017 finalist of the National Book Award, and Hugh Ryan, who writes primarily about queer culture in publications including *The New York Times*, are among the writers participating in the series, July 8–Aug. 12. The event is held at the Pier 1 Granite Prospect in Brooklyn Bridge Park along the East River in New York City.

"It's a great opportunity to enjoy literature and the summer outdoors at the same time," says Nancy Webster, executive director of the event. Audience members are invited to bring their own picnics, or purchase food such as pizza and ice cream from various vendors in the park.

Attendees can interact with authors at question-and-answer sessions and book signings. Each week is hosted by a local independent bookstore, including Greenlight Bookstore. For more information, visit brooklynbridgepark.org/event-series/books-beneath-the-bridge. —Suzi Kang

A WONDERFUL EXHIBIT

» In the early 1900s, a farmer was plowing his field in the foothills of the Tuxtla Mountains in Veracruz, Mexico, when he discovered a small, rounded stone statue. The statue portrayed a man wearing a bird costume, complete with wings, bird legs and a half-mask of a heron's bill. It was also covered in strange glyphs. The Tuxtla Statuette, at right, enabled anthropologists to decipher epi-Olmec writing, from a Central American civilization that predated the Maya. The beautiful, roughly 6.5-inch statue, carved out of jadeite diopside, is

dated 162 and displays one of only a dozen examples of epi-Olmec texts discovered so far.

Visitors can see the Tuxtla Statuette alongside hundreds of other rarely displayed artifacts in the National Museum of Natural History's "Objects of Wonder" exhibit in Washington, D.C., open until 2021. The exhibit examines how the National Museum of Natural History collection enhances our understanding of nature and human culture. Objects also include a 250-pound lapis lazuli gemstone known as the "Blue Flame." For more information, visit naturalhistory.si.edu. —Gabriel Moseley



MAKE YOUR LIFE A WORK OF ART

It takes more than courage to be a band nerd breakout. It takes hard work, grit and a mentor. Under the tutelage of Rich Brown and other Theatre Arts professors, alumna Rashawn Nadine Scott spent her college days mastering the craft of comedy, acting and singing. It paid off when she landed in Chicago on the Second City's Mainstage, and then on to LA and roles on Empire and Comedy Central's Southside. Proof that close relationships with professors can set the stage for success.



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Photo courtesy of Todd Rosenberg and The Second City

INSPIRING HOOPS IN SEATTLE

By Jacob Uitti

» Seattle native and 19-year NBA veteran

Jamal Crawford grew up with a basketball in his hands. By the time he was 8 years old, he says, he was already hitting reverse layups while other kids struggled with the basics.

Yet the sport that shaped Crawford's life might not have done so had it not been for an experience he had in a professional-amateur league in Seattle. To this day, the pro-am—now led by Crawford and called The Crowsover—allows Seattle-area fans to see top talent up close. Slated to run this year on select dates from July 6 through August 25, the league's competition series, held at Royal Brougham Pavilion at Seattle Pacific University, pits teams against one another in a set of games that culminate in playoffs and a championship final. While the teams are mostly composed of former standout high school and college players, pros such as NBA All-Stars Chris Paul and Kevin Durant have participated in the past (pros play individual games when available). This means that amateurs get to play with and against some of basketball's top stars—as Crawford first did in 1996, at age 16.

"I played against pros and had success," Crawford remembers. "That gave me confidence that I could play at a high level."

Crawford, now 39, closed out his 2019 professional season with the Phoenix Suns by scoring 51 points in the final game, coming off the bench. In doing so, the 6'5" shooting guard became the oldest NBA player to score more than 50 in a game (surpassing Michael Jordan, who scored more than 50 at age 38). It's just one of the highlights in a distinguished NBA career that has seen Crawford play 1,326 games for eight teams, make 2,220 three-point field goals, score 19,414 career points and win the Sixth Man of the Year Award three times.

Amid all of this success, Crawford has always remembered his Northwest roots. He won a state championship with Seattle's Rainier

» NBA veteran **Jamal Crawford** (right) runs *The Crowsover*, a pro-am that brings high-level play and basketball stars to Seattle. At the 2018 pro-am, Crawford shared a smile with NBA legend **Bill Russell** (seated).



Beach High School in 1998, and today he sees The Crowsover as one way to give back to his hometown community. (He also participates in other community activities and has provided experiences and resources through his philanthropic foundation.) In 2004, Crawford took over running the pro-am from Doug Christie, another former Seattle-area standout who had a lengthy NBA career.

"When it came time to take over the league, I said I would be honored to do so," Crawford recalls. "I knew what it meant to me and how important it was to the area."

Seattle lost its NBA team, the SuperSonics, in 2008, but local passion for the sport remains high. And The Crowsover, which does not charge for tickets, helps to fill a local need to see high-level competition and inspire area youths (who may even have a chance to play, as Crawford did in 1996).

"Some kids in the area have never seen NBA basketball in person," Crawford says. "They have only seen it in videogames and on ESPN's SportsCenter. I think seeing guys such as [NBA All-Stars] Kyrie Irving and Paul George up close and for free is important."

Crawford remembers one day in 2014 when Los Angeles Lakers legend Kobe Bryant stopped by the pro-am. Bryant, in town for an annual softball game run by then Seattle Seahawks player Richard Sherman, came to The Crowsover and ended up staying longer than anyone expected (to view the competition from the sidelines).

"Kobe delayed his plane and brought his whole family over to watch," Crawford says. "I give him kudos for that."

The opportunity for fans to see Crawford and other professionals play is certainly noteworthy. But the annual competition series isn't about him or any other single player, Crawford says. Rather, it's about sharing in the love of the game as a community and remembering to keep basketball thriving in the Emerald City for years to come.

"It's important that we continue to keep pushing this forward," Crawford says. "Seattle is special and Washington is special because we all support each other. We need to support the next generation, too."

Learn more at thecrowsoverproam.com and jamalcrawford.com. ✈

MILE-HIGH SUMMER FUN

Exploring Denver's natural beauty and downtown renaissance

By Ted Alan Stedman

» The traditional call to “Play ball” rings out from loudspeakers in Denver's Coors Field, and soon, we hear the first crack of the bat. The Mile High City's thin air carries that quintessential sound of summer throughout the ballpark, as I join 50,000 fans to cheer on our beloved hometown Colorado Rockies. Located in Lower Downtown Denver (LoDo to locals), a few blocks from the park-lined South Platte River, Coors Field is the highest-altitude ballpark in the majors. Our thin air has a tendency to lead to a lot of home runs.

This is a passionate sports town where a professional team is always in season. A few minutes from Coors Field is the Pepsi Center, home of the NBA's Denver Nuggets and the NHL's Colorado Avalanche. On the edge of downtown, the Broncos Stadium at Mile High is where the NFL's Denver Broncos play.

However, sports are only part of the Denver scene. Over the past 25 years, the city has experienced a major renaissance. Arrive downtown from Denver International Airport on the city's airport light-rail train and you'll see for



» The renovated Denver Union Station, above, has become a major attraction. Coors Field, below, is home to MLB's Colorado Rockies.

yourself. Launched in 2016, the A Line whisks travelers 23 miles to the recently restored Denver Union Station, a beautiful 1914 Beaux Arts building with an expansive Great Hall and various restaurants, bars and fine retailers. A favorite stop is the Mercantile Dining & Provision, which features farm-to-table fare by Alex Seidel, the 2018 James Beard Award winner for

Best Chef: Southwest. On a hot summer day, try the housemade frozen desserts at the station's Milkbox Ice Creamery. Visitors unaccustomed to Denver's thin air can take bicycle pedicabs, horse-drawn carriages or free MallRide shuttles as they explore the city.

Near Union Station lies one of the nation's premier pedestrian districts, the open-air 16th Street Mall. Designed by the late renowned architect I.M. Pei, the 1.25-mile corridor buzzes with outdoor cafes, bars, restaurants, galleries and engaging public spaces. You can catch a lively mix of street performers, and if you're musically inclined, take a seat at any of





the five whimsically painted pianos that are meant for public use. Nearby is historical Larimer Square, one of Denver's oldest neighborhoods. Founded during the gold rush days of the 1850s, the lively neighborhood still has buildings that date back to the 1870s and is home to restaurants, clubs, bars and shops.



The city has also become a major art destination, thanks to the Denver Art Museum, a visually stunning building with 9,000 shimmering titanium exterior panels and angular architecture resembling a gigantic ship's prow. The museum's permanent collection has more than 70,000 individual works, ranging from African mask art to Chinese bronzes and Old Master Renaissance paintings. On exhibit through August 25 is "Serious Play: Design in Midcentury America," which explores the concept of playfulness in postwar American design as a catalyst for innovation.

East of downtown is Denver's City Park, a 330-acre leafy urban oasis that is home to the Denver Museum of Nature & Science and the Denver Zoo. The museum houses about 4.5 million items, including exhibits focusing on dinosaurs, gems and minerals.

There are also plenty of hands-on programs for kids. The 80-acre zoo includes features such as "Predator Ridge," an expansive exhibit representing an African savanna, which includes animals such as lions, spotted hyenas and wild dogs in separate habitats.

Denver is near to many wonderful outdoor settings. A must-see is Red Rocks Amphitheatre, one of the world's most scenic outdoor concert venues, which has hosted bands ranging from The Beatles to Daft Punk during its 78-year history. You can also tour the 816-acre Red Rocks Park, which has dramatic rock formations and spectacular views. ✈

Ted Alan Stedman writes from Denver.

Alaska Airlines (alaskaair.com) offers daily direct service between Seattle (SEA) and Denver (DEN).

» Popular Denver destinations include the 16th Street Mall, top left; the Denver Art Museum, top right; the Milkbox Ice Creamery, above; and Red Rocks Amphitheatre, right.





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SEASIDE IN SITKA

By Eric Lucas

» Few places embrace as broad an expanse of history and culture in a half-day walk as Sitka, which was Alaska's Russian capital from 1808 to 1867. The sights here reflect three disparate cultures—Tlingit, Russian and American—and thousands of years of human civilization.

Start at the so-called Castle Hill (Baranof Castle State Historic Site), a 60-foot-tall rise with vistas of Sitka Sound, the city of Sitka, the 3,354-foot-tall summit of Mount Verstovia east of the city and—to the northwest—the iconic dormant volcanic cone of Mount Edgecumbe. This Castle Hill vantage historically held Tlingit and then Russian fortifications, and it was where the United States officially took possession of Alaska in October 1867, after the U.S. agreed to purchase the land from Russia earlier that year.

Just a few blocks east of Castle Hill is St. Michael's Orthodox Cathedral, a green-domed Russian Orthodox church in the center of a downtown traffic island. The cathedral holds one of the Western Hemisphere's finest sets of 19th century Russian Orthodox icons—paintings adorned with gold and silver—including the famed work known as the "Sitka Madonna" (sometimes out on tour) and depictions of the archangels Michael and Gabriel.

A couple of blocks farther along is the Russian Bishop's House, built between 1841 and 1843 and now part of Sitka National Historical Park. The cheery-yellow clapboard structure is built with hand-shaped spruce logs—a cutaway wall inside reveals artful construction. Historically a center of cultural and educational activities, the house is now a museum.



» Clockwise from top left: An aerial view of Sitka. St. Michael's Orthodox Cathedral. Sitka National Historical Park's distinctive totem trail.

Continuing east on Lincoln Street brings you to a pair of standout local attractions. The Sheldon Jackson Museum occupies an octagonal concrete building that holds a priceless collection of historical artifacts from Indigenous Alaskan cultures,

gathered by the building's namesake, a late-1800s Presbyterian minister. Nearby, the compact Sitka Sound Science Center offers a chance to learn about the area's rich maritime ecosystem. See and feel organisms such as anemones and urchins in the touch tank.

Another few hundred yards down Lincoln Street is the Sitka National Historical Park Visitor Center, which provides a brief introduction to a nearby wonder: a winding woodland path whose spruces, hemlocks and cedars shelter historical as well as modern Tlingit and Haida totem poles. Originally established more than 100 years ago (and modified over time), the totem collection is one of the most memorable in the United States.

The park also contains the outflow of the Indian River—known for its summertime salmon runs. When the river surges with pink salmon, there is no better place to marvel at the bounty of Sitka Sound and at the cultures that have thrived beside it for thousands of years. ✈

■ Fly Alaska Airlines to Sitka (SIT) from Seattle (SEA), Juneau (JNU) and Ketchikan (KTN). Visit alaskaair.com to learn more and book tickets.

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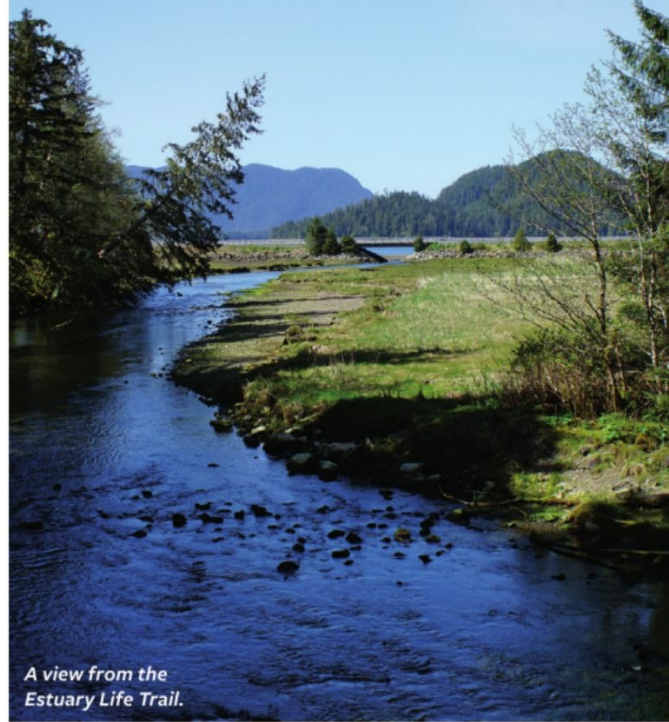


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A boardwalk section of the Forest and Muskeg Trail.



A view from the Estuary Life Trail.

A WILD ALASKA WALK

By Eric Lucas

» **Tongass National Forest**, the largest national forest in the United States, encompasses most of Southeast Alaska's Panhandle. The part of this great maritime rainforest that borders life-rich Sitka Sound is a particularly exquisite area for observing wildlife and marveling at the breadth and diversity of nature.

At Starrigavan Recreation Area, located within the forest and 7 miles north of Sitka, you'll find excellent paths to experience woods, bogs and wetlands. Start on the quarter-mile-long Estuary Life Trail, a boardwalk path whose first stop is a bird-viewing shelter made of local timbers. The site affords a vantage of the sedge and hair grass tidal shores where migratory waterfowl and other avian species flock. Watch for ducks, geese, eagles, blue herons, scoters, kingfishers, ravens and gulls galore.

Continuing on the trail, look for coastal wildflowers that bloom here in late spring and summer, such as chocolate lily, wild geranium,

yarrow and yellow paintbrush. At the end of the boardwalk, cross a footbridge over Starrigavan Creek to the Forest and Muskeg Trail, a gravel path heading uphill. This moderately steep three-quarter-mile trail climbs 150 feet through western hemlocks before emerging at another boardwalk that crosses a level area of muskeg. One of Southeast Alaska's quintessen-

tial landscape types, muskeg is a bogland characterized in Starrigavan by deep moss, stunted lodgepole pines, and shrubs such as Labrador tea and bog laurel.

Observant hikers may find crowberry and cloudberry plants here, as well as impressive carnivorous sundews. Shooting stars, bog orchids and pond lilies add more color to the scene.

Hikers should stay on the boardwalk—not only is the landscape delicate; bog holes can be treacherous.

The trail heads downhill on the return to Halibut Point Road. You'll cross Starrigavan Creek on a bridge that offers a great opportunity to look for whales, otters and sea lions in

Sitka Sound, plus eagles and coastal brown bears feeding on the creek's salmon in late summer (visit the national forest's website for tips about staying safe in bear country).

"Starrigavan" is derived from the Russian for "old harbor"—a nod to Russian settlers' past use of the area. Although the center of human activity shifted to Sitka long ago, the cove still shelters an amazing array of plant and animal life—as evidenced on this coastal hike. ✕

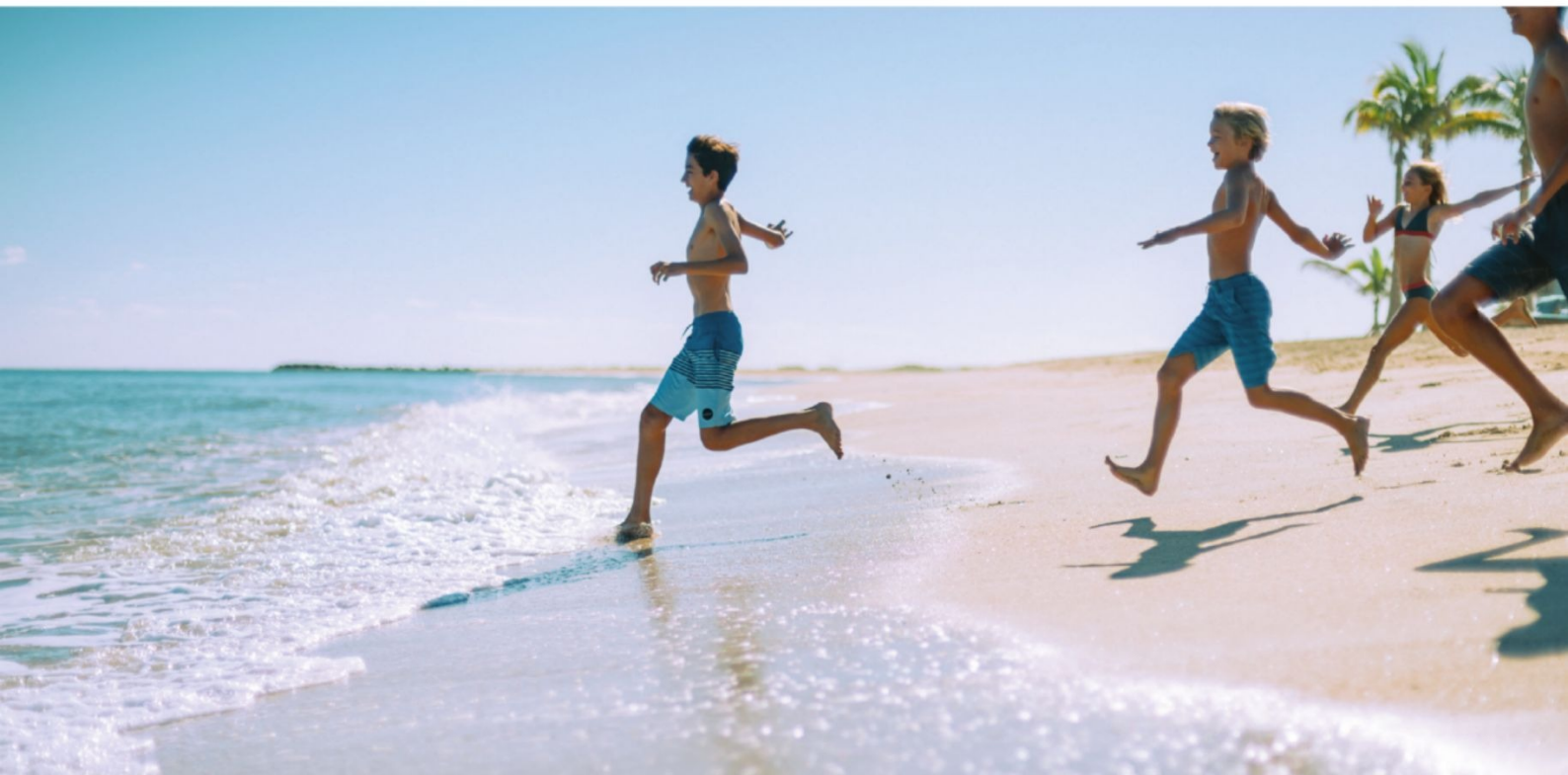


Carnivorous sundews.

MORE OUTDOORS IN THE AREA

- **Kayaking in Sitka Sound** provides access to sheltered inlets and coves.
- **Sightseeing boat tours** depart Sitka by the dozen on some summer days. Whales are common (mostly humpbacks, with the occasional grays or orcas); other wildlife includes sea otters, harbor seals, Steller's sea lions, bald eagles, marbled murrelets and puffins.
- **Bicycling in Sitka** is pleasant, in part due to fairly light traffic. Ask at the Sitka Visitor Information Center for information on bike tours and rentals. —E.L.

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COASTAL CLAMBAKES

By Megan Hill

» Summer on the West Coast is all about outdoor dining, and the clambake is a particularly treasured tradition. The concept is simple, says celebrity chef Brian Malarkey, who owns several West Coast restaurants and is a judge on the Food Network show *Guy's Grocery Games*. "A clambake is an abundance of seafood, all cooked together, that invites good friends to gather to feast on the bounty of the ocean," he says.

Summer clambakes take place all over United States coasts. On the Pacific Coast, clambakes might involve regional clams, oysters, shrimp, crab and fish. While the general concept is beloved, there's no single way to structure a clambake—each cook does things a little differently. "We have the opportunity to break all the rules and make it our own. If you want to serve things up with avocado toast and some California wine, you can," Malarkey says.

Malarkey says he gets a pot of saltwater boiling and starts with the largest item first, adding clams, mussels, shrimp, spot prawns and crab along with potatoes, sausage, corn, butter, garlic and fresh herbs. He roasts oysters on open coals with herb butter, to add to the top of the meal when it's served. "Once everything is cooked, you dump it all on the table and start feasting," he says.



» **Celebrity chef Brian Malarkey, above, enjoys a savory clambake—a coastal tradition that can also be enjoyed at The Crab Pot in Seattle, below.**

In Seattle, chef Nick Novello serves a dish called the Pacific Clambake Feast at the waterfront restaurant The Crab Pot. He steams Manila clams, oysters, mussels, shrimp, salmon skewers and Dungeness crab with corn and potatoes, all flavored with the restaurant's house seasoning mix. The restaurant provides diners with mallets and bibs, and pours all the seafood onto the table.

"The quintessential clambake is something that's shareable," Novello says. It's a bit messy to enjoy, which forces diners to put their cellphones away and talk to each other. Novello says he loves seeing diners connect over the seafood feast, especially in an age where communal dinners are losing out to smartphone screens. That sense of sharing is perhaps the single most important element of any true clambake.

"Clambakes are made to be simple—simple food, simple cooking style, simple presentation. It doesn't get much easier than throwing the seafood in a pot, and that's what clambakes are all about—bringing people together without all the stress," Malarkey says. "Just keep things casual and have fun with friends." ✈





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THINKING OUTSIDE THE BOTTLE

By Danielle Centoni

» Forget lugging glass containers to your next picnic, or popping an entire bottle of bubbly just for one or two servings. Premium-beverage makers are thinking outside the bottle and pouring their efforts into boxes and cans.

"Cans are lightweight, easy-to-open, easy-to-recycle, single-serve options that can keep up with this mobile and adventurous lifestyle that our customers want," says Alexis Beechen, CEO and co-founder of The Drop Wine, a can-only wine company that sources solely from a family-owned California winery.

Known for highly quaffable canned wines, including a crisp rosé, The Drop made waves last summer for the cans themselves. Why? The company found a way to make them resealable. "There's a mechanism that allows the can to slide open and shut, and it really does stay closed," says Beechen. "You can tip it over and throw it back in your bag. It also allows the wine to stay fresh for 24 hours."

Bandit Wines, founded in 2003 by celebrated West Coast winemakers Joel Gott and Charles Bieler, is perhaps the granddaddy of resealable, portable, quality-driven wines, offering its seven California- and Washington-grown varietals in 1-liter and 500-milliliter recyclable Tetra Pak cartons, made of paperboard, aluminum and polyethylene. "Tetra Pak packaging is more suitable for active lifestyles and exploration," says Bieler, known for being a

pioneer of the dry rosé movement 20 years ago. "Joel Gott and I are both wine lovers and explorers, and Tetra Pak allows us to enjoy both hobbies at once. We leave the corkscrews at home and love that the wine stays fresh and sealed all along the trail."

Producers and consumers love that boxes and cans are as recyclable as glass. "Tetra Pak is made from renewable resources, and it can hold more wine than a standard bottle," says Bieler. Plus, boxes and cans use less energy to produce, package and transport, he says.

What could be more sustainable than that? Beverages on tap, actually. "Keeping the wine in a keg on site is a lot more ecologically and

economically efficient than bottles," says Thomas Monroe, co-owner and winemaker of acclaimed Division Winemaking Company and Oui! Wine Bar at Southeast Wine Collective in Portland, where four taps flow with boutique Oregon wines, such as Gamay Noir Rosé, for glass, carafe and growler refills. And that savings gets passed along to consumers.

"There's a growing segment of the next generation who are definitely less inclined to buy a \$35 bottle of wine to hang out with friends," says Monroe. "Wine on tap makes it a lower price of entry," he says, which adds to the accessibility and approachability of a growing array of wines. ✈



Bandit Wines produces wines in eco-friendly cartons.

WINES TO TRY

■ Bandit Pinot Grigio:

Fresh and bright with tart apple, lemon and pear notes and a crisp finish (\$5 for one 500-milliliter Tetra Pak; banditwines.com).

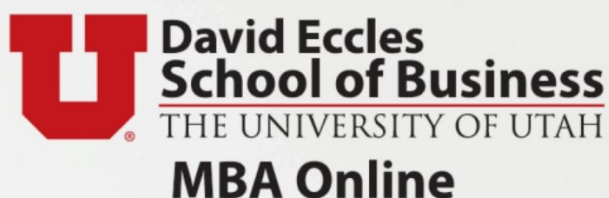
■ Division Winemaking Company Division-Villages 2018 "Béton" Cabernet Franc:

Notes of violets and black pepper with juicy plums (\$34 for a 1-liter growler; sewinecollective.com).

■ The Drop Resealable Rosé: Dry and refreshing with a hint of minerality and a slight effervescence (\$36 for six 375-milliliter cans; thedropwine.com).

—D.C.





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FAMILY-TRAVEL PODCASTS

By Jessica Lin

» For those planning a family vacation to a specific location, or simply seeking general family-travel tips, podcasts can provide valuable insights and helpful hints. Not only are podcasts generally free, they are easy to download and simply a click away via your smartphone. The following are five travel podcasts, and another focused on the aviation industry, that offer useful information from frequent travelers who can help you and your family enjoy the best trip possible.

- **Family Travel Radio:** Inspired to share the gift of traveling with his own family and to help other parents do the same, podcast host Aaron Schlein says that travel can change people's lives for the better and make a positive impact on the world. Tune in and meet family-travel experts who will excite and educate you about how family vacations open up a world of possibilities.

- **The Jetsetting Family Travel Podcast:** Rodrigo and Jessica Sanchez, the parents of Santiago, 6, and Nora, 3, are co-hosts of this travel podcast, which talks about their travels and also includes expert interviews. With their four core values of family, freedom, learning and sharing, the Sanchezes focus on ways to enjoy traveling full-time. A new episode is released every week or two, with the topics ranging from unique adventures for families, with members of all ages, to exploring Mexico and finding ways to balance sightseeing and work while traveling.

- **Miles to Go:** Recently celebrating its one-year anniversary, *Miles to Go* is a travel podcast hosted by Ed Pizza, a self-styled "road warrior and family traveler." The half-hour episodes offer trip-planning advice that informs families how to travel inexpensively by



» Clockwise, from top left: Podcasters offering information for family travel include Kimberly Tate and Tamara Gruber; Rick Steves; Aaron Schlein, pictured with his family; and Ed Pizza.

using credit card points and reward miles to book their dream vacations. Pizza also provides inside scoops on new planes and flight routes. Popular episodes include "Day One Inside Disneyland's *Star Wars: Galaxy's Edge*."

- **Rick Steves:** One of America's leading authorities on European travel, Steves hosts four different podcasts: *Travel with Rick Steves*, *Rick Steves' Europe Video*, *Rick Steves' Audio Tours* and *Rick Steves' Travel Talks*. The *Travel with Rick Steves* podcasts are created from his weekly radio show and feature interviews with travel experts, followed by comments and questions from listeners. The vast collection of episodes hosted by Steves, while not specifically oriented to family travel, provides travel information and tips useful for anyone who is planning a trip.

- **Vacation Mavens:** Co-hosted by Kimberly Tate, founder of the Stuffed Suitcase website, and Tamara Gruber, founder of the We3Travel website, *Vacation Mavens* is a family-travel

podcast that offers destination suggestions, family-travel tips, and ideas for parenting on the go. Each week, the co-hosts are joined by experts who discuss topics such as traveling on a budget, packing lists for families and more. ✈

TALKING FLIGHT:

Retired pilot Mike Swanigan, who flew for Alaska Airlines for 36 years, offers an insider's view of the airline industry with his podcast *Talking Flight*. Swanigan shares insightful stories and conversations with guests who have included airline pilots and engineers, and Alaska Airlines CEO Brad Tilden.



MIKE SWANIGAN: INGRID BARRETTINE

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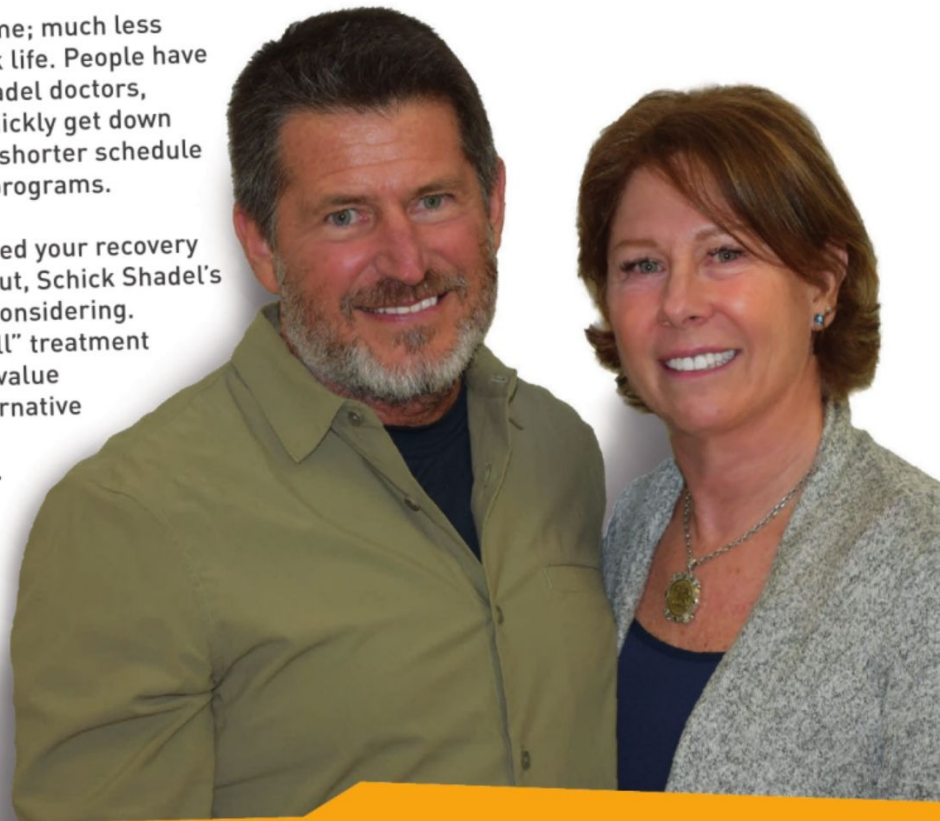
For thirty years Carefrontations, our intervention and transport practice, has guided those in difficult situations dealing with diverse dysfunctions to reach the turning point of accepting help and creating hope for change in their lives. Schick Shadel Hospital has been the right match for many of our clients who entered treatment to begin their wellness journey.

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STYLING IN SEATTLE

From flannel shirts to pencil skirts

By Suzi Kang

» Residents of the **Emerald City** have a special style: a distinctive mix of comfort, practicality and flair, with an eye to the future and a nod to the past. Visitors can get a sense of this aesthetic in “Seattle Style: Fashion/Function,” at the Museum of History & Industry through October 14, and by shopping the city’s homegrown brands.



» THE FEED LOOKS

The **flannel shirt**, possibly the most quintessential Seattle clothing article, just gets better over time. You could even argue that flannels are best after being worn for two generations. Find one at a thrift store, such as **Lifelong Thrift**, which works to help individuals living with HIV and other chronic diseases (lifelongthrift.com).



Founded by designer Louie Gong, a member of the Nooksack Indian Tribe, **Eighth Generation** is located in Seattle’s Pike Place Market. The **Salish Pattern Silk Scarf**, which he calls a “collaboration with his ancestors,” features a textile pattern indigenous to the Seattle area (\$48; eighthgeneration.com).



Freeman’s Lady Freeman rain jacket is designed to keep the wearer dry with a waterproof, breathable, two-ply outer layer, and comes in a vivid Dijon color that can brighten gray days (\$325; freemanseattle.com).

Girlfriend Collective focuses on ethical fashion, with an emphasis on resource/waste management and transparency in its production practices. The company uses recycled water bottles to make its four-way-stretch, breathable, super-soft **Compressive High Rise Leggings**, which come in a range of eye-catching colors (\$68; girlfriend.com).



Designer **Luly Yang** incorporates a modern West Coast approach in her designs, including in the upcoming stylish Alaska Airlines uniforms—and in the **Stretch Leather Pencil Skirt**, which is fit for the office and happy hour alike (\$980; lulyyang.com).



TomboyX produces swimwear, undergarments and other clothing designed to suit all body types and genders, and includes attractive gender-neutral styles. The company’s **Swim Boy Shorts** have a snug waistband designed to stay put, are made of breathable material to make summer activities a breeze, and come in a variety of lengths (\$55; tomboyx.com).

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GEAR TO GO GREENER

Technologies for a more sustainable lifestyle

By Sherry Fisher

» Our modern lives often revolve around technology, and the benefits of our devices come with some costs in terms of materials used and energy consumed. Yet technologies can also help people live more sustainably, by reducing energy use and by encouraging Earth-friendly behaviors. No gadget can save the world, of course, but the following items may help eco-conscious consumers make choices that lessen their impacts, while having a bit of fun, as well.

GoSun Sport: This solar oven features parabolic reflectors and a vacuum tube that concentrate and seal in heat to bake, roast, fry or steam two-person meals using the power of the sun. In full light, the inner chamber is designed to reach temperatures up to 550 F—yet the outside stays cool to the touch. The oven even cooks on cold or low-light days, and a fold-up design makes it convenient to carry (\$249 for oven; \$359 for Pro Pak that includes additional accessories; gosun.co).



Force of Nature Starter Kit: This kit helps you avoid harmful chemical cleaners by making an EPA-registered alternative. The device functions by electrolyzing water with capsules that contain vinegar and salt. The kit's spray bottle is reusable; the capsules are recyclable (\$89.99 with five starter capsules; forceofnatureclean.com).



Belkin Wemo Insight Smart Plug: Sync this Wi-Fi-enabled device to your smartphone or tablet to manage your home electronics—and track their performance—wherever you go. The accompanying app lets you monitor power consumption and costs to become a more mindful energy user (\$49.99; belkin.com).



Click and Grow Smart Garden 3: Add green to your home by growing plants with this device that automates indoor gardening. Using NASA-inspired “Smart Soil,” the system releases nutrients gradually and ensures that roots have oxygen and space to grow. An LED lamp on an adjustable arm provides light in timed cycles, and a water tank holds enough for about three weeks of gradual watering (\$99.95 with three basil capsules; other sizes available; clickandgrow.com).



Grosche Terra Recycled French Press: This human-powered technology made with recycled materials lets you steep and press coffee or tea quickly without using paper filters or energy (beyond what may be used to heat water). With your purchase, Grosche donates to a safe-drinking-water project (\$19.99; grosche.ca).

GREEN HOME GEAR

■ **Bee's Wrap:** Made with sustainably sourced materials, including beeswax, these reusable food wraps seal to a bowl or a piece of food using the heat of your hands (\$18 for assorted-size three-pack; beeswrap.com).

■ **Earth Junky Reusable Produce Bags:** Avoid using plastic bags and instead shop for fruits and veggies with these washable mesh/muslin options (\$19.95 for assortment; earthjunky.com).

■ **Klean Kanteen Stainless Steel Straws:** These reusable, washable alternatives to single-use plastic straws have silicone tips for easy sipping (\$9.95 for set of four; kleankanteen.com).



John Schweiker

TITLE: Account Executive

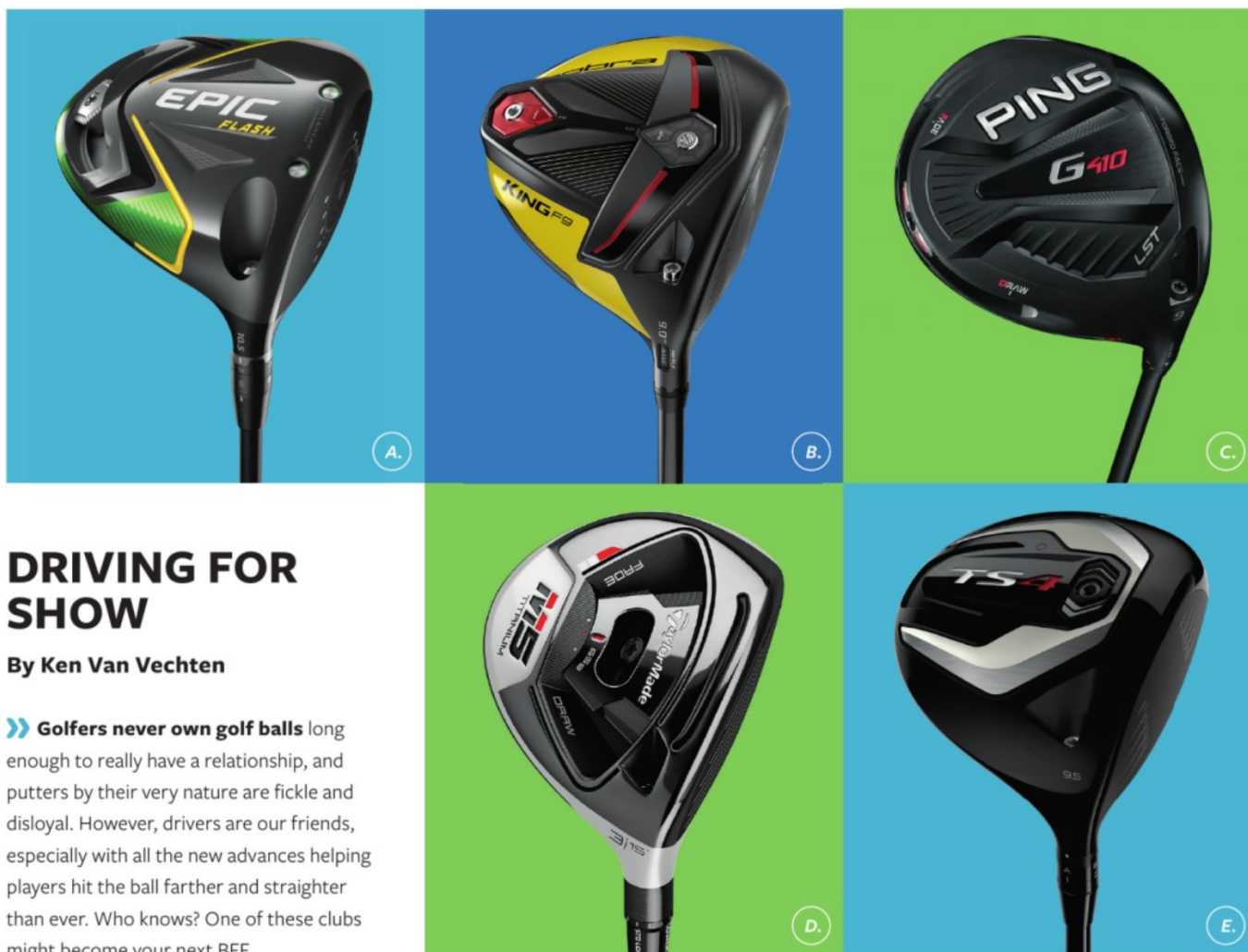
LOCATION: Anchorage, Alaska

DATE HIRED: June 12, 1984

NOTES: A 2016 Presidential Award winner. Active in the Big Brothers Big Sisters of Alaska. Big Brother to 2nd Lieutenant Pedro Peña, USAF, since he was 8 years old. Lives happily with his wife Nancy and their cats, Princess and Abby.

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DRIVING FOR SHOW

By Ken Van Vechten

» Golfers never own golf balls long enough to really have a relationship, and putters by their very nature are fickle and disloyal. However, drivers are our friends, especially with all the new advances helping players hit the ball farther and straighter than ever. Who knows? One of these clubs might become your next BFF.

A. Callaway Golf Epic Flash

Callaway threw the technological kitchen sink at the Epic Flash. The driver's Flash Face and Jailbreak technology push the envelope on ball speed and face stability, and a new carbon fabric on the club's crown allows for better weight distribution and improved forgiveness. Toss in weight and hosel adjustability, and the result is, well, epic. (The Sub Zero version is available for lower-handicap players.) \$529.99 MSRP.

B. Cobra Golf King F9 Speedback

Cobra has responded to the challenge of finding more speed by softening the profile of the

driver's leading edge. It also raised the back portions of the club and added crown and sole features to reduce aerodynamic drag, hence the name "Speedback." The driver sports a larger, carbon crown, and efficiency is enhanced by a thinner, geometrically revamped face to optimize launch and spin. \$449 MSRP.

C. Ping Golf G410 LST

Ping's LST is the newest member of the G410 driver family and is targeted at higher-swing-speed players who want to knock down spin while benefiting from the forgiveness attributes of the other models. The slightly more compact head sits a tad open—a

setup position and visual often favored by better players—and features the G410 Plus' moveable weight and the Trajectory Tuning 2.0 system that allow a broader range of loft, lie and weighting variations. \$540 MSRP.

D. TaylorMade Golf M5 and M6

In 2018, golfers were introduced to Twist Face technology, which corrects spin on off-center hits. For 2019, a speed-injected version was released, supporting a thinner face, and significantly increasing speed and forgiveness around the perimeter of the club face. Each model is available in two versions, with the M5 offering a tad smaller "tour" configuration

and the M6, a draw-biased version. \$499.99–\$549.99 MSRP.

E. Titleist TS4 Driver

Coming on the heels of the successful fall launch of the TS2 and TS3 drivers, Titleist has now released a third beast in the TS kingdom, the TS4. While most players slot into the first two versions, with the TS3 generally pairing best with lower-handicap players, the TS4 is for those who tend to impart excessive distance-robbing spin at impact. The TS4 knocks that spin rate down and matches it with an adjusted center of gravity that results in a more piercing trajectory. \$550 MSRP. ✕

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POWER TO THE PEOPLE

The latest Mazda3 takes “zoom-zoom” in a new, human-centered direction

By Bengt Halvorson

» For well over a decade, the “zoom-zoom” sentiment has been Mazda’s focus. While an emphasis on sportiness has earned the brand a loyal following among driving enthusiasts, the strategy sometimes meant sacrificing comfort in the process. The 2019 Mazda3, starting at just under \$22,000, is the manufacturer’s first vehicle to be engineered and developed with a new kind of human-centered approach. Basically, it’s been reconceived around comfort and ease of use every step of the way, from the engine’s tune to the way that buttons press and knobs twist.

The Mazda3 is a compact-car lineup that offers all-wheel drive, so it’s one of the best picks for snowy conditions if you don’t want an SUV. The i-Activ AWD system uses several inputs (even vertical loads on the wheels, to sense when the vehicle is pointing up or downhill) to help anticipate where more traction is needed.



■ Free spirit

While the Mazda3 sedan has a lean, formal look and classic proportions, the Mazda3 hatchback is the stylish standout of the lineup. With a completely different “free spirit Kodo design theme,” as Mazda calls it, the hatchback sheds nearly all body creases and character lines, and features unusually thick rear pillars and a rounded back.

■ Hip design

Mazda’s engineers and researchers focused on providing the right support at the pelvis, where human balance is rooted, and reconstructed the driving position as a result. That means you can enjoy a curvy road without making the in-cabin experience feel topsy-turvy.

■ Cohesive cabin

Practically everything inside matches, from the stitching and trims across the door panels and dash to the font on the gauges, controls and screen functions. The motif goes so far

as to assure the same kind of tactile-feedback “click” for sound-system controls as for climate controls.

■ Sound effects

The noises you hear (or don’t) are critical to making the Mazda3’s cabin more pleasant. Its sound system has bass and midrange speakers higher up to build a strong sound stage. Meanwhile, more noise insulation down low and up front helps soak up road noise and engine noise. The sound pressure level of the cabin in decibels (with the sound system off, of course) is the same at 75 mph in the new version as it was at 60 mph in the former Mazda3.

■ Zoom large

Mazda3 offers a relatively big 2.5-liter Skyactiv-G engine, making 186 horsepower and 186 lb-ft of torque, with fuel-saving cylinder-deactivation technology that can, in some cases, run the engine on just two of the four cylinders. ✕

■ Stay focused

The vivid new 8.8-inch, wide-format infotainment screen that sits atop the dash, angled slightly toward the driver, isn’t a touch screen because Mazda believes they’re distracting. Instead, you make menu selections via a Commander Controller (below) that can be pressed, twisted or tilted. In top-trim versions of the Mazda3, there’s a head-up display that projects info onto the windshield, with a focal point that’s 7.5 feet ahead, designed to help reduce eye fatigue.



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COFFEE WITH A CAUSE

HOW DUTCH BROS IS GIVING MILLENNIALS A NEW WAY TO GIVE BACK

With bumping music, smiling baristas and a menu boasting more than 100,000 drink combinations, it's easy to write Dutch Bros Coffee off as a millennial's caffeine dream. But the drive-thru coffee company expanding across the West is doing more than serving up sweet drinks.

"We really want to change the face of philanthropy," said Travis Boersma, co-founder of Dutch Bros. "We're constantly looking for ways to give younger generations a platform to make a difference."

Dutch Bros has built its culture on a foundation of giving back. It holds four company-wide fundraising events each year, as well as dozens of local fundraisers at its more than 340 locations across seven states. In 2018 alone, Dutch Bros and its customers raised more than \$3 million for local and national non-profits.

**"WE REALLY WANT TO CHANGE
THE FACE OF PHILANTHROPY"**

TRAVIS BOERSMA, CO-FOUNDER OF DUTCH BROS

As the company continues its expansion, the culture of giving is only growing. It's beginning new community initiatives in Brazil, El Salvador and Colombia where its beans are grown, and continuing to explore ways to tap into the causes important to its customer base.

"Our latest partnership is with the Life is Beautiful music and art festival," said Boersma. "In addition to infusing more than \$30 million into Las Vegas' local economy, Life is Beautiful has partnered with non-profits like Life Under the Wheel, which gives music lovers facing life-threatening diagnoses the chance to have a festival experience. We believe opening these opportunities to our customers will really spark their passion for helping."

It's that passion Dutch Bros is dedicated to fueling now and as it grows. With more than 10,000 employees and an enthusiastic fan base, leaders are confident the culture will continue to translate into making a real difference.

"Millennials get a bad rap," said Boersma. "A lot of our employees are young and they blow me away every day. They're so passionate about helping other people and making their world a kick ass place to live."



LYLE LOVETT

*Celebrated Singer/Songwriter
Is Authentic Texas On *and* Off Stage*

An encore is in the offing, and Lyle Lovett pauses on a small stage in Portland, Oregon. He has a few people to thank in his Large Band, and the crowd hoots its appreciation. Lovett raises his right arm and turns to bassist Viktor Krauss, to fiddle player Luke Bulla, to vocalist Francine Reed.

In his gentle way of speaking, Lovett—wearing glasses and a dark, slim-fitting suit—calls out each of the other musicians. Cello player John Hagen, drummer Russ Kunkel. The band members look almost uncomfortable with the spotlight, bowing their heads, letting small smiles spread across their faces. It seems they'd prefer to just get back to

playing—as many of them have done for decades.

No one appreciates that long connection more than Lovett. Many in this group have played together for so many years they're like family, yet after 14 albums and thousands of tour concerts, they can still impress and even surprise each other.

Lovett begins plucking his Collings guitar, but he still has someone else to thank. "We'll leave you with a song [from a musician] anybody who's from Texas, or anybody who's ever tried to write a song, admires and considers a hero." The song is *White Freightliner Blues* by Townes Van Zandt, a musical idol and inspiration for Lovett. He strums

By KATHRYN DRURY WAGNER



MICHAEL WILSON

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the opening chords; the fiddle and percussion join in; and through the course of the country classic, each band member lifts up one last brief solo. Lovett takes a step back for each one, visibly relishing the performance.

"When the musicians improvise solos, it makes the songs feel alive," Lovett notes in a recent interview. "Anything is possible; anything can happen. We're creating something that hasn't been done before."

Yet after two hours on stage, it is still Lovett who stands large as the driving force. He's made his name creating music that's not easily defined—a mix of country, jazz, blues, gospel. It's soulful and fun, unpretentious and witty. At times, clever songwriting has pushed Lovett into the realm of pop. And since releasing his eponymously titled debut album in 1986, Lovett has become something of a national treasure. He's won four Grammy Awards, and was honored with the Americana Music Association's inaugural Lifetime Achievement Trailblazer Award in 2007. In 2011, he was named the Texas State Musician.

For all his success, Lovett is at heart a Texas gentleman who draws fans from across the country. And from community stages to massive arenas, he seems to be as comfortable on stage as he is on his beloved Texas family ranchland.

A True Texan

Texas was once covered by a prehistoric shallow body of warm water: the Western Interior Seaway. The state is drier now, but Texas retains that sense of the oceanic—vast and timeless and impenetrable. Texas feels essential; it's a good place to be from.

You don't have to tell this to Lovett. A fourth-generation Texan

who was born and raised an only child in Houston, he now lives in Klein, a small town just a bit to the north. His family roots there go back to the 1840s, and the town is in fact named after his great-great-grandfather, Adam Klein, an immigrant from Germany.

Lovett earned degrees in journalism and German from Texas A&M University, and he clearly enjoys playing with language. At the college paper, *The Battalion*, his regular beat was the Bryan City Council in Brazos County, Texas. "It was fascinating," he recalls. "The cast of characters, and the issues that were important. How many curb cuts could the new McDonald's have? It could get pretty heated." Though he went from college into performing, he's retained the observational skills and mindset endemic to professional journalists.

Lovett performs more than 100 shows a year, from hometown Houston to this show in London in March.



A Natural Storyteller

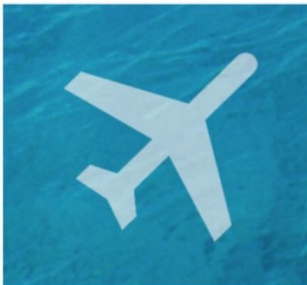
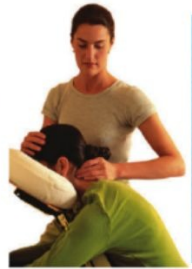
If you call upon a classical Greek muse, you'll likely get a whimsical female figure providing inspiration. For Lovett, who grew up listening to his parents' large record collection, muses arrived as craggy guys who looked like they'd been up all night: Townes Van Zandt, Ray Charles, and singer/songwriter and 2007 Texas Poet Laureate Steven Fromholz.

Lovett's songs feature memorable lyrics that are by turns saucy, wistful, romantic, ironic and downright strange. Classics such as *If I Had a Boat, I Married Her Because She Looks Like You, What Do You Do/The Glory of Love, Wild Women Don't Get the Blues, Cowboy Man* and *Don't Touch My Hat* are little sketches of thoughts, written by a natural storyteller who enjoys a jab or twist.

Take the detail and emotional shift of *She's No Lady*, for instance:

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"And even though she loves the smell of French perfume. And even though she walks around in high-heel shoes, all I know is I'm the one who pays her price," the lyrics go, before delivering the punch: "Man, she's no lady—she's my wife."

Then there's Texas. "You say you're not from Texas. Man, as if I couldn't tell," goes his song *That's Right (You're Not From Texas)*. "You think you pull your boots on right and wear your hat so well."

But rather than continue down an exclusionary path, the song turns.

You may not be from here, "But Texas wants you anyway."

That's true Lyle Lovett—a welcoming spirit, poking a little fun or adding a change-up along the way, like making the late switch to a cheeseburger in *Here I Am*.

"Writing songs is part of my daily guitar playing," Lovett says. "I can't imagine a day not sitting down and noodling around on my guitar. I make up songs about something that is on my mind. I don't always know where the ideas come from, but I'm grateful they show up."

Gentleman of the Road

This summer, Lyle Lovett and His Large Band is touring extensively, working its way down the West Coast in July and then across the country. To finish the tour, the band is dotting the Lone Star State (August 14–19), playing Sugar Land, Austin, Fort Worth, Dallas and San Antonio.

The Large Band encompasses as many as 14 people, including long-time collaborators such as cellist John Hagen, guitarist Ray Herndon and blues singer Francine Reed. Lovett also tours with his acoustic

ON THE SIDE: HORSEPOWER

Whether he's in a barn or in a garage, Lyle Lovett is passionate about riding things that go fast:

Horsin' Around

"I grew up riding Western horses in a Western culture," says Lovett. He has long been involved in the professional breeding and showing of reining horses. Reining is a Western riding competition, done in a show arena, where a rider demonstrates ability to control a horse through a series of moves, such as spins and stops.

His Ride: Lovett competes with Smart And Shiny, a quarter horse



stallion. The horse is also a popular stud, having sired reining competitors, including Shiny Workboots and Shiny Enterprise.

Fun Fact: During a Make-A-Wish fundraiser, Lovett rode with William Shatner and jewelry designer David Yurman.

Check It Out: Lovett's song *Which Way Does That Old Pony Run*, from the 1989 album, "Lyle Lovett and His Large Band."



Revving Up

Lovett's love of motorcycles goes back to his youth. "I grew up out in the country, out on the family farm, and we always had horses around, but in junior high I got interested in off-road motorcycling."

Lovett began competing in motocross in the early 1970s. "It's a culture and activity I've been involved with since I was 11," he says, "and some of my oldest friends are still from those days of riding." These days, it's road bikes.

First Ride: 1969 Honda Z50

Favorite Bike: Custom 2009 Ducati Monster

Fun Fact: "My summer job in high school was working at the cool dirt bike shop in Houston," Lovett recalls. It was called Cycle Shack. In 1999, he purchased the shop, renaming it Lyle Lovett Motorsports. He has since sold the business.

Check It Out: Lovett's song *The Road to Ensenada*, from his 1996 album of the same name. —K.D.W.



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SALT VISIT **LAKE**



Lovett likes to photograph music venues such as the Mount Baker Theatre in Bellingham, Washington.

group and in a duo. Of the various performance arrangements, he says: "It really is fun to put yourself in different situations. The people I've worked with have stuck with me for so long and have their own careers working outside of what they do with me, so I'm lucky they take time off to be with me.

"Usually, it's eight to 12 weeks as a tour with the Large Band. And these choices that might seem to

be artistic—and can become artistic choices—they are actually economic choices. We have key dates that allow us to sustain the Large Band and other times of the year when we are playing smaller venues, and we can scale back."

Despite its size, the Large Band is cohesive. "The longer you've known someone and gotten to play with them, there's a lot of unspoken communication and musical communication," says Lovett. "When I hear a musical conversation between Ray [Herndon] on stage left and our fiddle player [Luke Bulla], when I

hear the way they are thinking, it's that thought that is delightful to me."

When Lovett is touring in a duo, such as on the 26-city tour he completed earlier this year with John Hiatt, Lovett says, "I get to work with another songwriter I admire. John and I sit on stage, and we talk,

and we take turns playing. I feel like I'm in the audience half the time because I get to ask questions to a songwriter. I hope I'm asking questions that maybe the audience is also thinking about."

Playing 100 gigs a year, "you do get into a rhythm," Lovett says. "I work with real pros who are great at their jobs, and there's not a bigger privilege than to work with people who are really talented at what they do, whether that's the musicians on stage or the people working offstage. It makes it as easy as it can be."

As he roams the country, Lovett,

A KIND HEART

In January, Lyle Lovett and John Hiatt (at right) headlined a show at the Sisters High School auditorium in Sisters, Oregon (Alaska Airlines was a sponsor). The Sisters Starry Nights event this year raised \$75,000 for the Sisters Schools Foundation, funding classroom activities including music, art, drama, science, math, technology, sports, foreign language and more.

Lovett's other charitable work has supported a diverse range of causes, including serving as the 2013 national spokesperson for Ride for Kids, a series of motorcycle events that benefit the Pediatric Brain Tumor Foundation; busking



on behalf of The University of Texas MD Anderson Cancer Center in 2015; and playing a benefit concert for Hurricane Harvey relief in 2017.

Lovett is also a supporter of Waterkeeper Alliance and Tennessee Riverkeeper, nonprofit organizations that work to protect swimmable, drinkable, fishable waterways. Growing up, "we had well water and it tasted delicious," he says. "Clean water is important. Taking care of our planet is an immense responsibility.

The urge to care for our planet is somewhere inside everyone. We might have to remind each other and talk about it. But it is taking care of ourselves." —K.D.W.



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who is an accomplished photographer, captures images of the beautiful old theaters he visits. He has an affection for these structures, for the gold paint and velvet seats and polished wood, the places where vaudeville performers once entertained or early movies were screened. “I am in awe of the amount of effort that people put in with restoration, wanting to create a space, wanting to see something artistic,” he says. He also plays larger concert venues, such as Carnegie Hall in New York and the Kauffman Center for the Performing Arts in Kansas City.

“I’m happy playing any place that people show up,” he says.

All the World's a Stage

Lovett is obviously a man of many talents, and he is so well-known as a singer/songwriter, it’s easy to forget his accomplishments as an actor. He’s appeared in movies such as *Bastard Out of Carolina*, *Ready to Wear* and *The Player*. Acting, he says, “is like being in a different band.” Because of his busy touring schedule, he doesn’t pursue acting the way an actor would.

“I don’t have time to audition or anything,” he says. “I only act when someone has had too much to drink and decides I’d be a good fit for a part.”

In a modern take on *Much Ado About Nothing*, directed by Ben Donenberg in Los Angeles at the Kirk Douglas Theater in 2010, Lovett played Balthasar, a role that also allowed him to sing.

No matter the project, Lovett says, his approach to acting is from a fan’s point of view, with a sense of awe for the people and the process. “I’ve gotten to walk onto sets with actors I’m a fan of,” he says.

Doing What He Loves

This November, Lovett will be recording a new album—his first since 2012’s “Release Me.” It will be on record label Verve, and he hopes to have it ready by early 2020. One thing seems certain: He’ll keep touring, much to the delight of his fans.

“I think the guy is a genius,” says Brad Tilden, chairman and chief executive officer of Alaska Air Group. He’s seen Lovett perform live at least 10 times, and his daughters know most of the lyrics to Lovett’s songs.

Tilden says he is awed by the range and variety of Lovett’s work. “Is it gospel, is it swing, is it the blues? It’s country but doesn’t feel that much like country. Texas country and four or five more styles, I think. It’s one thing for a singer to perform their songs. It’s another thing to write for every part in the orchestra, the acoustic guitar, the cello. Where does he get all that? A lot of musicians on the radio sound like each other, but no one else sounds like Lyle Lovett.”

It’s that kind of devotion that keeps Lovett going. He is appreciative of the support of his fans, and he remains steadfastly motivated by their support.

“I’m 61 years old. I started playing as a summer job in 1976 when I was 18 years old, and my first album came out in 1986 when I was 28,” Lovett says. “I would never have imagined then that I’d get to do what I love to do. I’m so grateful to those folks who continue to show up and let me be with my friends. The older I get, the more of a privilege it is.” ✕

Kathryn Drury Wagner is a frequent contributor to Alaska Beyond.



LOCATION

The Danzante Bay resort community in Loreto, Mexico, offers outstanding scenery and water activities.



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Since she was a child, Isabel, a Los Angeles-based physician, has dreamed of having a home with custom touches built for her. She's finally making her dream a reality at Danzante Bay, a resort community in Loreto, Mexico, where her villa will be completed in March 2020.

The home sits on a corner lot, with views of the first hole of the award-winning TPC Danzante Bay golf course, and of the Sea of Cortés and the Sierra de la Giganta range. It was this setting that attracted her to Danzante Bay. "I like the quietness, simplicity and natural beauty," says Isabel, who plans to vacation here a few months each year.

Her villa is designed to make the most of its location. "This area of Baja California Sur is a unique blend of coast, desert and mountains, and the homes reflect this in their architecture," says project architect Kevin B. Howard. Flagstone sourced from the region was used on exterior columns and walls. The stone evokes the natural gradations of brown, gray and tan in the local mountains. Cream-colored limestone

floors throughout the living spaces are reminiscent of the area's desert sand.

Large expanses of glass bring in natural light, creating a sense of openness and providing views from just about every room in the house. In the meditation room—a custom addition—two walls of windows look out over a garden, a pool and spa, and the ocean. "The meditation room really helps me commune with nature," Isabel says.

A covered terrace spans the length of the house and has several distinct spaces, including a small covered porch off the master bedroom, a main covered sitting area with a built-in limestone fireplace, and an outdoor-kitchen area with a barbecue. "The terrace was extended to include outdoor living areas, a reflection of the traditional Baja spirit of enjoying shaded canopies," Howard says.

From the terrace, a stone path leads



COURTESY DANZANTE BAY (2)

to a private outdoor shower and bath. "The outdoor shower was a selling point," says Isabel. "[My private] pool is right there, so you can take a shower after going for a swim. It's a really nice feature."

"The site on which a home is located brings criteria to the design process such as climate, views, vegetation and topography," says Howard. "These factors become very important in the design of the home. The surrounding area, community and culture also need to be considered to ensure that a home's design is appropriate to its natural and cultural context."

Following are a few more examples of ways architects, designers and homeowners have sought to reflect a sense of place, adding to each property's appeal.

This villa at Danzante Bay is designed to make the most of its unique setting, which features desert, sea and mountain views.

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The appealing interiors at Nexus Seattle are complemented by a novel exterior design. Cubes are set at different angles to represent the merging of ideas and street grids from different parts of the city.

EMBRACING SMART DESIGN IN SEATTLE

With their kids grown, and a big house in a suburban area to maintain, Hilary, an executive assistant, and Ian, a software engineer, wanted to explore the idea of small-scale, big-city living. They bought a one-bedroom, one-bathroom condo at Nexus Seattle, a 41-story condominium tower in downtown Seattle that will be ready for occupancy at the end of 2019. They'll initially use the condo on weekends while they decide if city living is right for them. "I'm attached to my home, but it's time for a change," says Hilary. "We're relatively young, and retirement isn't on the horizon. It's a good time to figure out what we really want."

Nexus Seattle is in a northeastern part of downtown that's being marketed as "East Village," part of an area known as the Denny Triangle. Located approximately at the intersection—or nexus—of Seattle's Capitol Hill, Belltown and South Lake Union neighborhoods, "the up-and-coming East Village is a gateway to all these different neighborhoods," says Rachael Bauer, an interior designer and senior associate with Weber Thompson, the project architecture and design firm. "We incorporated that idea into the building itself," she says. "If you were to look up at the Nexus tower, you would see that the building comprises a series of cubes set at different angles. These represent



the merging of ideas and street grids from different parts of Seattle."

For Hilary and her husband, another of Nexus' selling points was the integration of home-automation and smart-device technologies—a nod to Seattle's tech industry and urban lifestyle. "My husband is a techie, so everything in our current house is programmed," says Hilary. "At Nexus, it's already built in, which was really appealing."

For example, a smart thermostat will allow the couple to program, monitor and control their temperature settings through a smartphone app, while a smart-lock home-entry system will let them remotely control access to the unit. They also have the option to install home-automation systems that control lighting and entertainment, and they can book onsite yoga classes through a virtual concierge. Even windows can get a tech upgrade with programmable, remote-controlled motorized shades that provide privacy.

And while Hilary and Ian don't cur-

rently own an electric car, they wanted the option, so they had an electric port added to their parking spot. Seattle is one of the leading metro areas for electric vehicles, according to data from the International Council on Clean Transportation.

"If you think of the area Nexus is in, Amazon is a few blocks away," says Hilary. "It would seem odd not to do these things, since the area is so technology-oriented."

The home's tech ethos extends to the kitchen, a streamlined space replete with sleek, high-tech Fulgor Milano appliances. A minimalist sliding range hood sits flush with cabinetry when not in use. The induction cooktop is designed to cook faster and be more responsive than a regular electric range.

The kitchen design is perfect for a new pared-down city lifestyle, Hilary says. "We're cooking less, and we prepare simpler meals because we're not feeding kids. We don't need space for a ton of food or all the pots and pans. The design appeals to that ease."

EXPANSIVE VIEW IN PORTLAND

Debra and her husband, Corbin, owners of an automotive-repair facility, moved into their new two-bedroom, 2.5-bath condo at the 153-unit Vista North Pearl Condominiums in Portland, Oregon's Pearl District last November. The couple had been living in another condo complex but were drawn to Vista North Pearl's open floor plans and large balconies. "We lived in a lovely building, but we didn't have the patio space we really wanted," says Debra. "We're originally from South Florida, and we enjoy being outdoors, so our new condo gives us that outdoor space."

At Vista North Pearl, their 285-square-foot covered deck spans the length of the unit and is accessible via a set of sliding glass doors off the living room. Thanks to a large overhang, the couple has been able to leave the sliders open even on the rainiest of days. An outdoor gas



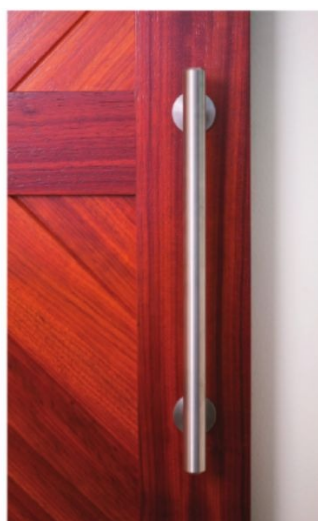
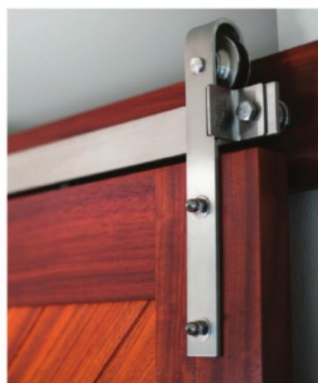
An open floor plan and a large balcony attracted a Portland couple to Vista North Pearl.

SETH GARDNER

heat lamp keeps things toasty year-round. Maison Inc. Senior Designer Heather Raab grouped furnishings together to create two cozy nooks on either end of the long balcony. On one end, a tan woven-wicker loveseat and chairs form a snug conversation area. On the other end, a bistro set with a table and two chairs creates an ideal spot for morning coffee.

The east-facing balcony offers views of

Mount Hood, Mount St. Helens and Mount Adams in the distance, as well as views of the Willamette River and The Fields Park next to the condo. "When you look out, you see the river and this really green patch of grass at this amazing park," says Raab. "You also have views of various older Portland buildings that are kind of crusty and cool-looking. There's so much to take in."



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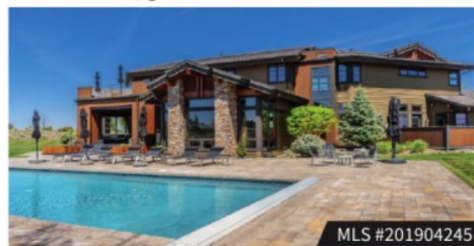
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LOCATION INSPIRATION

A neutral palette of tans, beiges, creams and whites visually connects the open-concept kitchen, dining and living rooms. Raab brought in rustic-modern furnishings and accessories in similar shades for visual harmony. For instance, a weathered-oak media cabinet with honeycomb-patterned doors marries contemporary lines and interesting texture.

The decor also features Debra's contemporary-art collection. In the master bedroom, for instance, a modern landscape by Oregon artist Tom Hardy is set against black-and-white, cheetah-pattern-evoking wall-paper from Brunschwig & Fils. "The combination really works," says Raab. "It's so much more layered and warmer than what is typically done."

CONTEMPORARY CABIN IN WHITEFISH

A home evoking a ski cabin, but with a modern, airy design, drew Gordon, the CEO of a Southern California medical-device-distribution company, and his wife, Deena, a homemaker, to The Quarry in northwestern Montana. They purchased a vacation home there in April and expect it to be completed by November. The 102-unit Quarry development is convenient to downtown Whitefish, Whitefish Lake and Whitefish Mountain Resort. The homes are reminiscent of classic A-frame ski cabins, but with an updated aesthetic that combines wood, slate and natural colors with concrete and glass elements, including two-story, floor-to-ceiling windows in the great room of Gordon and Deena's home, providing a mountain view.

Their cabin is ideal for family getaways with the couple's preteens, Josh and Sienna, and extended-family members, says Gordon, who fell in love with Montana while visiting as a young adult and has returned often. "The majesty of Montana—the mountains, the lakes, the



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LOCATION INSPIRATION



RENDERING COURTESY THE QUARRY

Windows create a bright, airy feeling in a modern take on a traditional ski cabin at The Quarry in Whitefish, Montana.

forests—there's always been a desire to own something here that made sense for our family," he says. "We wanted something modern that still fit the area's landscape, had lots of windows and a deck, encouraged you to go outdoors, and was close to recreation."

Another key factor was the small footprint of the cabin, reducing maintenance needs and utility bills, Gordon says. The three-bedroom, 3.5-bath home has an open-concept design to make the most of its 1,457 square feet. One of the bedrooms might become a recreation room/guest room, and the home also includes a large storage space that will hold everything from bikes to skis, Gordon says.

Some cabins at The Quarry are just 869 square feet. "We are seeing that many people don't prefer a big house anymore," says The Quarry developer Sean Averill, "so we wanted to design a smaller, modern footprint that brings in as much of the natural surroundings and light as possible."

As many homeowners have found, simply looking outside can provide inspiration for creating living spaces in harmony with your locale. From colors and textures to floor plan features that make the most of the setting, there are myriad ways to design and decorate properties that feel at home in their surroundings. ✈

Jenny Quill writes frequently about real estate.

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THE WONDERS OF ALASKA'S RIVERS AND COASTAL PASSAGES

BY TRICIA BROWN

The Yukon, Susitna and Tanana rivers. The Kuskokwim, Kobuk, Koyukuk and Copper. The Anvik, Noatak, Naknek and Alsek. And saltwater slices such as Southeast Alaska's Inside Passage, and Cook Inlet, which stretches to Anchorage. The very names of Alaska's waterways evoke legend, wildness and adventure. The biggest and best-known are resource-rich transportation corridors with prized recreational destinations, while their smaller tributaries mark paths inland to additional wilderness wonders. The state's great waterways wend through dramatically varied zones, including high Arctic terrain, rainforests, coastal inlets and flood plains. From ancient history to the 21st century, rivers and other waterways have sustained and transported Alaska's residents, ranging from Indigenous peoples to ambitious pioneers to modern arrivals seeking fresh beginnings—drawing prospectors and dreamers ever upstream.

Within a land area twice the size of Texas, Alaska tallies 17,050 miles of public roads, but 365,000 miles of river—3,210 miles of which are part of the National Wild and Scenic Rivers System. The product of a 1968 act of Congress, this system ensures protection for certain rivers—notable for scenery, ecological significance or other attributes—to remain in “free-flowing condition.” Alaska has 25 rivers designated as “wild and scenic.” And many more rivers in the state remain untamed by dams and obstructions.

Without the challenges of such barriers, wild salmon freely return to spawn in the streams where they hatched, sometimes swimming hundreds of miles to upstream tributaries. Adventure-seeking travelers fly to remote national parklands for guided floats. Tugboats move barges on waterways—along the coast and



WATERWAYS OF THE GREAT LAND



The Yukon River carves broad, braided channels near the town of Circle, Alaska.

PATRICK J. ENDRES / DESIGN PICS /
GETTY IMAGES

inland—to serve remote towns and villages that are otherwise inaccessible for deliveries such as building supplies and heavy equipment. And frozen rivers often serve as winter roads.

The following is a look at some of the unbound waterways of Alaska that provide passage, nourish the people and their land, and inspire dreams.

THE YUKON RIVER

The first time I stepped onto the frozen Yukon River, my legs trembled, and I clawed at my friend's arm, certain the ice couldn't take my weight. He just laughed and told me to look closer. Where wind had whipped the snow away, spidery white lines extended through more than 3 feet of thick ice.

"You could drive a pickup on this," my friend assured me. Indeed you could—and local villagers (along with some others) *do*, under certain conditions, use stretches of the river as a winter highway. Although travel on the frozen Yukon should only be undertaken with full knowledge of the risks, pickups and snow machines are common on the ice in winter, linking villages where no other roads exist.

Ranked among the top-five longest rivers in North America, the spectacular Yukon gathers headwaters near the border of Canada's Yukon territory and British Columbia. It trends north and then northwest into Alaska before turning and trending southwest overall within Alaska, bisecting the state in a broadly undulating ribbon. The Yukon measures about 1,320 miles in length within Alaska, but that's only two-thirds of the river's total length; the other third lies in Canada.

The Yukon's size, beauty and power demand superlatives. More than 100 smaller rivers and streams lie within the Yukon River Basin, feeding the river's volume and power as it snakes toward its western end at the Bering Sea. Today, as in centuries past, Athabascan and Yup'ik villagers along the great river benefit from this rich source of food and important means of passage.

A river of multiple personalities, the Yukon sometimes rolls between canyon walls or tall banks. Sometimes it's wide and braided, with multiple channels amid shifting gravel or sand islands. River users who haul freight, fish commercially or simply paddle the Yukon might find reason to annually update their personal maps of the navigable routes. At times, the river creates huge loops while consuming and dropping soil, and altering its own channel. In these cases, the powerful river will often punch out a new path and pinch off a loop entirely. The river remnants that are left behind become "oxbow lakes" that look, from the air, like massive horseshoes or parentheses.

The E.L. Patton Bridge, named for a former pipeline executive and commonly called the Yukon River Bridge, is the only bridge that spans the mighty waterway within Alaska. The bridge opened in 1975 on what was then a private pipeline construction corridor. Located near Milepost 56 on the Dalton Highway, about 135 miles northwest of Fairbanks and a few miles south of the Arctic Circle, the bridge supports the road as well as a portion of the Trans-Alaska Pipeline. Nearby is a small visitors center and a viewing platform.

The highway and its bridge offer one of only three road-access points to the Yukon River. One of the other



Humpback whales are often seen in Frederick Sound and other Inside Passage waters.

access points lies where the Steese Highway dead-ends at the Yukon River in the tiny community of Circle, 155 miles northeast of Fairbanks. The road also meets the river in the town of Eagle, near the Canadian border.

THE INSIDE PASSAGE

The towns of the Alaska Panhandle—a broad region of islands, mountains and saltwater, also known as Southeast Alaska—aren't connected by roads. To get from my starting point in Juneau to the town of Hoonah—about 30 miles as the raven flies—I took a ride on the MV *LeConte*, a ferry that is part of the Alaska Marine Highway System. It added several hours to my trip to do this rather than hop on a small plane. No matter. I had cell service, a novel, access to an onboard restaurant and, best of all, matchless views of Inside Passage waters outside the windows. Sea otters rolled and groomed as they bobbed, and the occasional seal popped up for a look around. An approaching tugboat towed two floating homes, while floatplanes buzzed overhead. And as forested islands slowly slid by, I was comforted that the captain of the 235-foot vessel knew this waterway like I know the streets of home. After spending several days in the Hoonah area, I boarded the ferry again, ready to return the way I had come.

Despite what its name suggests, the Inside Passage isn't a single, easily recognized channel along a well-



More AK Waterways

Copper River: Wild Alaska salmon is almost universally outstanding, but the Copper River's outflow at Prince

A fisherman nets a Copper River salmon.



William Sound has the earliest commercial-fishing season and is thought to yield some of the tastiest fish. That belief spawned the First Fish marketing campaign that has created huge demand for Copper River chinooks (kings), sockeyes (reds) and cohos (silvers) far beyond Alaska. Within 24 hours of this year's May 16 commercial-fishing opening in

the city of Cordova, Alaska, about 18,000 pounds of fish were rushed south on an early-morning Alaska Airlines flight to Seattle—and from there to destinations around the country. This year, as in years past, the airline hosted a red-carpet welcome in Seattle to celebrate the arrival of the first catch from the Copper River.

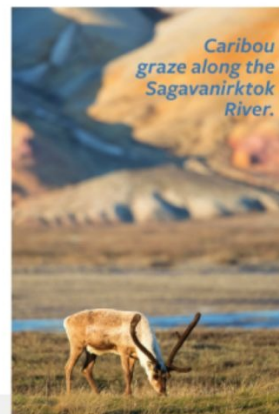
Kuskokwim River: The muscular "Kusko" moves soil like a bulldozer, carving cutbanks and depositing sediment elsewhere. The volume of water discharged at the river's mouth in Southwest Alaska makes it one of the largest in the country. After the annual winter freeze-up, villagers along the river's 724 miles can drive by truck, snow machine or dog team to the hub city of Bethel. Ice fishing and mushing are favorite winter activities along the Kusko. In summer,

local salmon-fishing families work hard where the river meets the sea. Barges deliver freight to river villages.

Kvichak River: Navigable for its entire 50 miles, the Kvichak (que-JACK) River flows into Bristol Bay, north of the Alaska Peninsula. To save time and fuel, commercial fishing boats often use the river for a short-cut between Bristol Bay and Cook Inlet (in both directions). Outbound from Cook Inlet, boats are loaded onto trucks and carried overland through mountains. Then they are offloaded into Lake Iliamna, which feeds the river and eventually the bay. And the Kvichak also has its own abundant sockeye run. Small planes carry recreational anglers from Anchorage about 245 miles southwest to the village of Igiugig, where there is Kvichak River access and sportfishing.

Sagavanirktok River: Pronounced sag-uh-ven-ERK-tock and nicknamed "the Sag," this river trends north toward the Arctic Ocean from the Continental Divide in the Brooks Range. The Trans-Alaska Pipeline and remote stretches of the Dalton Highway parallel the Sag for many miles. Seasonal fly/drive tours from Fairbanks to Deadhorse offer opportunities for viewing tundra flora, migrating caribou and Arctic birdlife. —T.B.

Caribou graze along the Sagavanirktok River.



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The tributaries of the Susitna River are sportfishing destinations, right. Mahay's Jet Boat Adventures navigate white-water near Devil's Canyon, below.



defined coast. In Alaska, it's more like an elongated region—about 500 miles long and 100 miles wide—a convoluted network of sometimes swift and often dangerous interisland channels that are subject to tides. Technically, the Inside Passage begins in Washington state, follows the coast of British Columbia between the mainland and Vancouver Island, and eventually re-enters the United States at Dixon Entrance, the strait where the passage crosses into Alaska.

That's where marking the main route gets dicier. Dozens of complex island groups splinter the waterway in Alaska, creating a challenge faced by navigators from the earliest Alaska Native paddlers to the captains of today's massive cruise ships. The safest routes have been memorized or mapped for centuries. Branches of the Inside Passage connect waterside communities, including Ketchikan, Wrangell, Petersburg, Sitka, Juneau, Gustavus and Skagway.

For late-19th century Klondike Gold Rush stampeders, the Inside Passage was the quickest way to reach Canada's gold fields. Tens of thousands of adventurers embarked on crowded ships in Seattle or San Francisco, bound for Skagway, the town on the Alaska Panhandle that provided the best access to the gold. From there, prospectors journeyed into Canada on foot and by boat. Heading home, most of the prospectors would return to

the Inside Passage, typically as poorer rather than richer people.

Today, the Inside Passage is among the busiest of Alaska's waterways. Cruise ships, ferries and pleasure boats share the waters with commercial purse-seiners and drift gillnetters harvesting salmon and herring. Locals in smaller skiffs go fishing or picnicking at favorite beaches. In almost any local town—from Ketchikan to Wrangell to Petersburg to Juneau—you can arrange day trips for glacier viewing, whale-watching, sportfishing or just-for-fun boating. And state-run ferries, operating as routinely as a bus line, move passengers, and their vehicles, from town to town along this grand marine highway.

SUSITNA RIVER

Anchorage-area anglers and other outdoorspeople need only head north a few hours to find their bliss: The Susitna River drainage is a drive-in, fly-in, boat-in playground with a menu of river choices.

Named by Athabascan ancestors in this region, the Susitna ("sandy river") flows for 313 miles from a glacier of the same name. At its southern end, within 30 miles of Anchorage (as the crow flies), the Susitna River enters Cook Inlet. The river's glacial origins release cold and silt-laden water. Suspended "rock flour" in the water is created when glaciers advance and retreat, reducing rock into a fine powder that's carried in meltwater. So the Susitna's main stem is not recommended for swimmers. Migrating fish don't linger in the sediment-rich water, either, but they do swim upstream to return to the Susitna's clear-water tributaries to complete their life cycles.

The Susitna and its tributaries are home to the five major salmon species (sockeye/red, pink, coho/silver, chinook/king and chum), as well as rainbow trout, Dolly Varden and grayling. Based on available data, the

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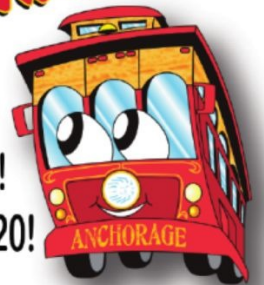
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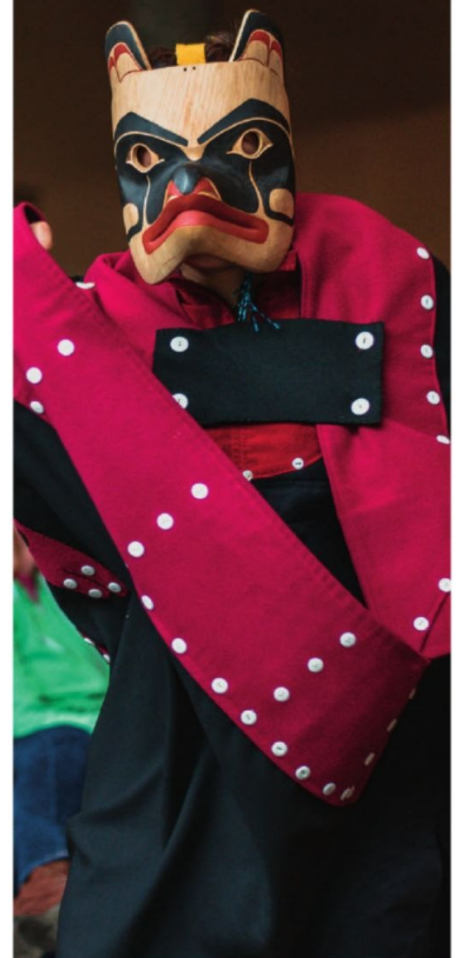


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state's sportfishing managers set the opening and closing dates for fishing each species. Protecting the watershed's king salmon fishery has been especially challenging through a decade of low returns, and the Alaska Department of Fish and Game has announced closures to king fishing in the Susitna drainage. (Prospective anglers should check ahead at the department's website, adfg.alaska.gov.)

About 115 miles north of Anchorage, the village of Talkeetna is a tourism destination that benefits from its proximity to the shallow, braided Susitna and two major rivers that feed it here: the Talkeetna and the Chulitna. The area at the gravelly confluence of the three rivers also delivers sensational views of Denali, North America's tallest mountain, and other peaks in the Alaska Range, which adds to the charm of the town. To get to Talkeetna from Anchorage, visitors drive nearly 99 miles on the

Parks Highway and then follow a 14-mile spur road to its end. Or they take a ride on the Alaska Railroad.

Once in Talkeetna, you can hire a fishing guide, or arrange for fly-in fishing with a bush pilot. Also, the local, family-owned Mahay's Jet Boat Adventures operates a fleet of Plexiglas-enclosed vessels that zip across the Susitna like skipping stones. The company takes adventure-oriented passengers through a section of

In this aerial shot, the stern-wheeler Discovery III follows the Chena River toward its confluence with the silty Tanana River.

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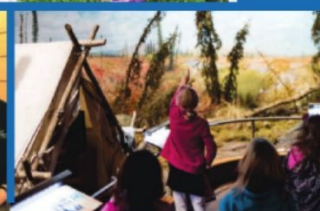
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About 30 smaller waterways in Alaska's Interior feed the 659-mile-long Tanana (TAN-uh-nah), which flows past the south edge of Fairbanks and then trends northwest for about 130 miles to where it drains into the Yukon River near the village of Tanana. The river's name translates from the Koyukon Athabascan language to "trail river." Alaska Natives in this region used the Tanana as a transportation corridor, crafting birch-bark canoes for fishing or hunting, hauling furs and transporting wood. That was before the arrival in the area of wood-plank boats, and then the aluminum skiffs and outboards that are now the area's predominant summer and fall means of transportation. In winter, snow machines pulling freight sleds do the trick on the Tanana's thick ice. A few hardy folks still run dog teams on the river's winter trails.

The Native village of Tanana, near the confluence of the Tanana and Yukon rivers, was for centuries the gathering spot for Athabascans who canoed or walked to trade at Nuchalawoyya ("where the two rivers meet"), which is now also the name of a biennial trading festival. In summers, Athabascan families typically leave their villages for "fish camp," where they catch, cut, smoke and/or dry fish for provisions.

Each spring, attention turns (in person and by webcam) to where the Tanana River passes the village of

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Nenana. For decades, the Nenana Ice Classic association has sold tickets around the world to take guesses on what month, date, hour and minute the river ice will begin moving. Cynics might find this “breakup” merely as exciting as watching ice melt, but to locals it signifies the widely welcomed coming of spring—and it can be more fun if you’ve placed a bet on exactly when the Tanana’s ice will move. A tall wooden tripod is installed on the frozen river about 300 feet offshore. When the ice thins enough to shift or tip the tripod, an alarm triggers, and the clock stops on the official winning time. This year, an Anchorage woman, who bought her ticket at a grocery store, was the sole winner, collecting \$311,652 for her guess that the tripod would move at 12:21 A.M. local time on April 14 (the earliest breakup on record).

Once the Tanana and other local rivers are ice-free, it’s time for the Binkley family of Fairbanks to launch their popular riverboat cruises, as they have for five generations. At the confluence of the Chena and Tanana rivers, outside Fairbanks, passengers aboard the *Discovery III* are invited to peer down at the “wedding of the rivers.” Where the clearer Chena meets the milky, silt-infused Tanana, the waters swirl like black coffee mixing with cream.

It’s one of many sights that inspire awe along Alaska’s signature waterways. ✕

Tricia Brown is a journalist, editor and children’s book author based in Anchorage. Learn more about visiting Alaska at travelalaska.com.

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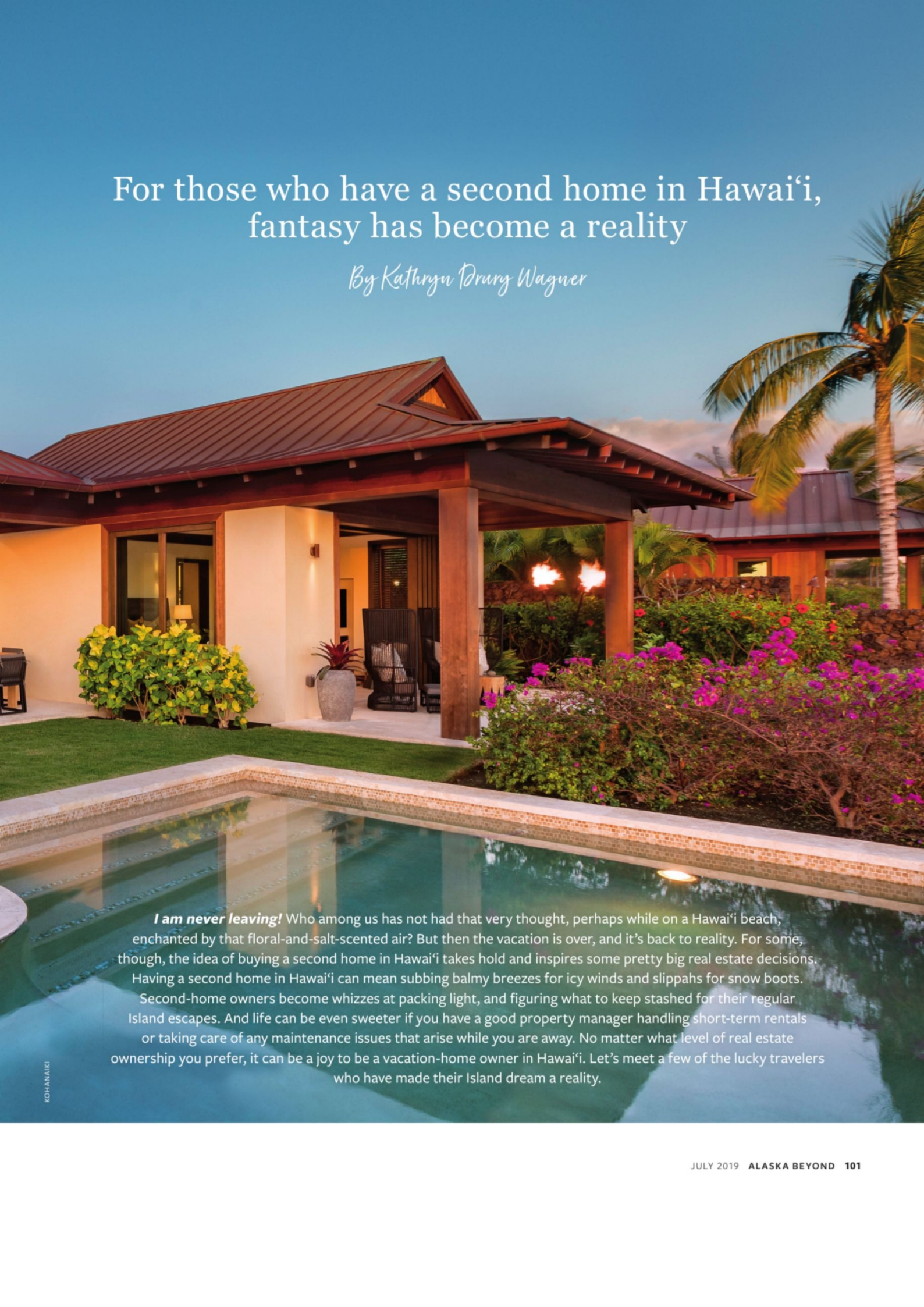
Living *the* Dream



Owners of Hawai'i second homes, such as this residence in Hawai'i Island's Kohanāiki community, can relax amid backyard spas and balmy breezes.

For those who have a second home in Hawai'i, fantasy has become a reality

By Kathryn Drury Wagner



I am never leaving! Who among us has not had that very thought, perhaps while on a Hawai'i beach, enchanted by that floral-and-salt-scented air? But then the vacation is over, and it's back to reality. For some, though, the idea of buying a second home in Hawai'i takes hold and inspires some pretty big real estate decisions. Having a second home in Hawai'i can mean subbing balmy breezes for icy winds and slippahs for snow boots. Second-home owners become whizzes at packing light, and figuring what to keep stashed for their regular Island escapes. And life can be even sweeter if you have a good property manager handling short-term rentals or taking care of any maintenance issues that arise while you are away. No matter what level of real estate ownership you prefer, it can be a joy to be a vacation-home owner in Hawai'i. Let's meet a few of the lucky travelers who have made their Island dream a reality.



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Cultural Surroundings

Kohanaiki community, Kailua-Kona, Hawai'i Island

Located halfway between Kona International Airport and the town of Kailua-Kona on Hawai'i Island, Kohanaiki is on shoreline property that was once a retreat for Hawaiian royalty. Cultural preservation sites at Kohanaiki include *ahu*, or shrines or landmarks made with lava rocks.

"There are a lot of cultural artifacts that are significant there," says Randy, who with his wife, Denise, purchased at Kohanaiki in 2016.

"There are old donkey stalls, for example, and a garden with historical Hawaiian plants." These cultural aspects, he says, "enrich the experience of being part of the community."

The couple just moved from Alaska to Washington state after retiring. Both are Million Milers with Alaska Airlines and make frequent visits to the Islands.

When looking for a second home, they focused on Hawai'i Island due to the wonderful scuba diving available off the Kona Coast, which has remarkable water clarity. Denise and Randy have been visiting Hawai'i since the 1980s.

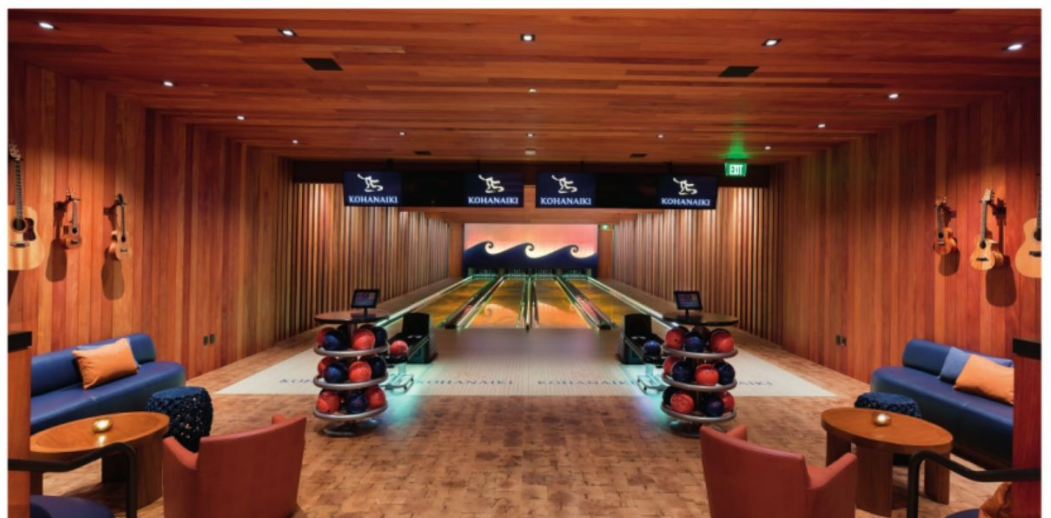


"We did a lot of flying back and forth," says Randy. "It might be 15 degrees and snow in Anchorage, and you get off the plane [in Hawai'i], and there's the scent of plumeria. That's a pleasant change."

Now that they are retired, they can spend even more time in their second home, and be closer to a grandson in Hawai'i.

They especially love the jaw-dropping clubhouse at Kohanaiki, which boasts 67,000 square feet, including a four-lane bowling alley, a cigar lounge, a library featuring rare Hawaiian texts, a

The coastal Kohanaiki community on Hawai'i Island features spectacular views, snorkeling spots and a bowling alley.





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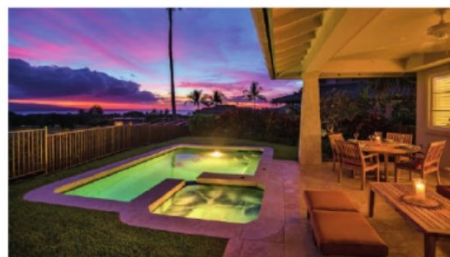


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Kā'anapali Golf Estates homes feature roomy courtyards and enjoyable outdoor spaces.



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Gracious Luxury

Kā'anapali Golf Estates, Lahaina, Maui

When it came time to build a second home, Canadian couple Karen and Blair were thinking tropical ... very tropical. Working with Wailea Realty and JDL Construction, which specialize in high-end homes, they created a spectacular abode in the Kā'anapali Golf Estates community.

They chose this location in a gated community because they wanted peace of mind, and they were also drawn by the consistently great weather, beaches, golf and water sports that are found in West Maui.

Their home is close to four luxury resorts, all offering restaurant options, “which is really

convenient when you want to go out to dinner with friends,” notes Karen.

The town of Lahaina is nearby, too—a favorite place to bring their visitors for strolls through the art galleries and shops.

Karen and Blair’s 4,827-square-foot home has four bedrooms, a custom-designed walk-in wine room, and Italian porcelain throughout.

And then there’s the show-stopping feature: powered Fleetwood doors open up onto a 70-foot saltwater pool with spectacular views of the ocean.

“The walls open up 32 feet wide,” explains Blair. “We have an interior courtyard that has a similar open setting. The house opens up both ways.”

And yes, it’s always warm enough to enjoy the breeze coming in. Which is why five months of the year, you’ll find the couple enjoying Maui.

So, what’s the first thing they do whenever they fly in? Karen laughs. “We open a bottle of wine and jump in the pool!”

Blessed Abode

In Hawai‘i, new homes or offices are often blessed by a Hawaiian *kahu* or *kahuna* (a spiritual leader). It’s believed to bring good energy to a space, setting intentions and clearing out old negativity. Karen and Blair took part in this tradition, inviting their adult children to come out for a special ceremony.

—K.D.W.



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Residents at the Timbers Kaua'i Ocean Club & Residences can soak in ocean views and modern designs.



Barefoot Sophistication

Timbers Kaua'i Ocean Club & Residences, Lihue, Kaua'i

Don and Jenora's love for Kaua'i runs deep. They previously had owned a vacation condo at an older island property, but fell in love with Timbers Kaua'i Ocean Club & Residences as their second-home destination.

The new, casually elegant residence perfectly fits the needs of this Illinois-based couple, who wanted room for a multigenerational family. As grandparents and great-grandparents, they particularly liked amenities such as a separate 'ohana (family) pool with a beach entry and water features.

The Maliula-model home design features two- to three-bedroom oceanfront condos, with no less than three *lānai* and sliding doors to let in the ocean breeze.

"Our two-bedroom suits our lifestyle perfectly," says Jenora. "It's just the right space. Ours overlooks the lagoon, the mountains and the



ocean. We can see the freighters coming in and out of the harbor, watch the sailboats and sunsets." The couple also like the location; Timbers Kaua'i is only a 5-minute drive from Lihue Airport, and there's even a private road leading from the airport to the property.

"At our age, we're looking for a place that is near a grocery store, a hospital, a church, and here, everything we need is within a few miles of our condo," says Don. "Fifteen to 20 steps from our unit, there's a gym."

As they enjoy their new second home, the globe-trotting couple look forward to hosting frequent visits from family.



Stylish and Efficient

Ward Village, Honolulu, O'ahu

Busy California professional Lisa grew up in Hawai'i and still has family on O'ahu. "I have stayed at relatives' homes for 20-plus years," she explains. "And I reached the point where I was like, 'It's time to look at real estate.'"

She wanted to find a place close to her family for her second home. Ward Village, in the bustling area of Ward/Kaka'ako, was in the early stages of development, and the Ae'o Tower was a perfect fit for her. "I chose a condo over a single-family home for ease of maintenance," says Lisa, who got keys this past January.

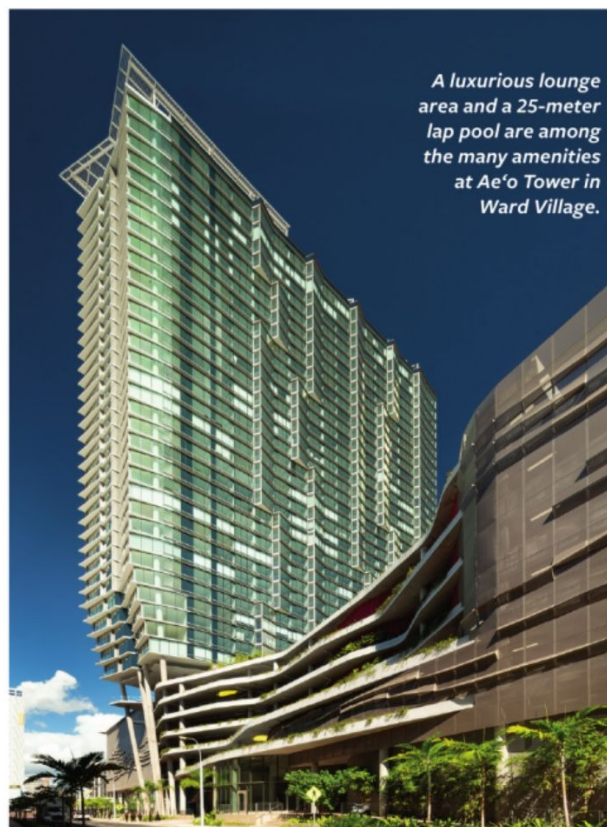
Since the condominiums were yet to be built when she purchased, she notes, "I had to look at the mock-up, so it was a leap of faith." She's been very happy with her decision, she says.

Ward Village's location in Honolulu "allows for spectacular views of the ocean and mountains, and is within walking distance of the beach, stores and restaurants," Lisa says, adding that there's a large Whole Foods Market underneath her building.

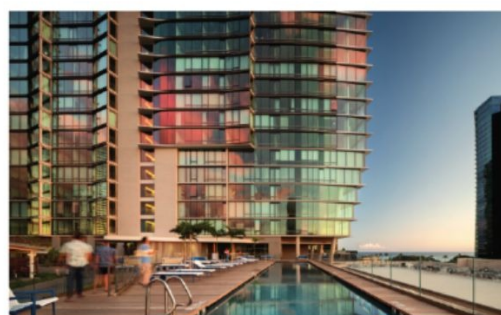
She also loves the amenities at Ae'o, which include two pools, a full-size gym, a sauna and steamrooms, and a community theater and a dining room for entertaining and small parties.

Now that she's settled into her vacation home, Lisa flies out to enjoy it once a month for a few days, as well as for a few weeks in the summer. For her, "It's all about family first, and now, I have a place to entertain family."

—K.D.W.



A luxurious lounge area and a 25-meter lap pool are among the many amenities at Ae'o Tower in Ward Village.



A Savvy Investment

PiliMai at Po'ipū, Kaua'i

After moving to the West Coast about 10 years ago, Susan discovered a new avocation. With Hawai'i only a five-and-a-half-hour flight away, she found herself jetting off to the Islands two to three times a year. She explored all four main islands, concluding with Kaua'i.

"I was like, 'Oh my gosh, this is the most beautiful island!' When I got there, my heart was there," she says. "I just love that they protect the land and keep the natural beauty alive and thriving. The community is so engaged."

New on the Market

Hale Ka Lae, from Avalon Development, is located in the Hawai'i Kai neighborhood on O'ahu's east side, close to beaches, a marina and grocery shopping. The 10-story building features two-, three- and four-bedroom condominiums, on a 4-acre complex, with amenities such as a pool, screening room and Paw Spa Dog Grooming Center.



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Visitors to the PiliMai residences can admire the property's plantation-style design and can enjoy water sports and other activities nearby.

Three years ago, she talked with her financial adviser about acquiring a home in Hawai'i as an investment, and she purchased a condominium at PiliMai, on Kaua'i's South Shore. "PiliMai was a brand-new complex, which is very rare on Kaua'i," she says. Construction began in 2014, and the property features nods to Hawai'i's plantation era, with spacious lānai and Bahama shutters.

Inside, kitchens boast Shaker cabinetry and granite countertops, and Susan also loves that she is a mere 10-minute walk from the beach.

"It's quiet, serene," says Susan, who visits several times a year, for 10 days or so, and uses a property manager to handle short-term rentals when she is not in residence. When on Kaua'i, she loves to take visiting friends on a catamaran

trip with Captain Andy's to explore the Nā Pali coastline, or to take guests on long hikes on the rugged Nā Pali trail.

"Kaua'i is a very casual island," Susan muses. "They have such nice restaurants, but you can walk into a five-star restaurant with sand on you, and you'll still get seated." Her favorite, hands down, is Beach House in Po'ipū. "The views are unreal," says Susan. "You are sitting out on the water, basically. And the food is great."

When the time came to purchase a second investment property, she considered Turks and Caicos, but wound up buying again at PiliMai. "My first place faces the mountains; my second has ocean views. On Kaua'i, you can't go wrong, no matter what. Even at the airport, it's so pretty, you want to take pictures."



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Hōlua Kai at Keauhou,
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On the leeward coast of Hawai'i Island, Hōlua Kai offers luxury homes in a gated community.

"He raced around the island, and we fell in love with it. There are so many different climates and beautiful areas. If you get tired of one area, just go for a drive and experience something different."

Drake works as a chiropractic sports physician for triathletes and other high-performance athletes in Oregon, while Becky manages her own vacation-cottage-rental company. Together, the couple have owned vacation rentals in Oregon.

These days Becky flies out to Hawai'i Island about once a month, enjoying five to nine days at a time, while her husband spends nine days there about every three months.

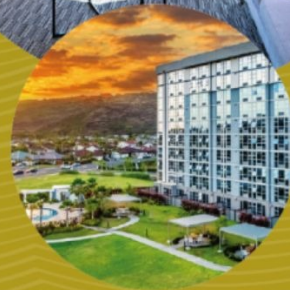
Both are smitten with their new oceanfront Hōlua Kai location on the leeward coast of the island. The gated community has 40 new luxury homes by Brookfield Residential. Their home can be a four-bedroom

FROM LEFT: HŌLUA KAI; ANDY STENZ / THE IMAGE GROUP

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(if the den is used), with three bathrooms, and a loft where kids can play and sleep.

"There is enough space to bring all our adult children, and the home will be a good size as we start having grandchildren join us," Becky says.

The nearby recreational options are also a big plus. "We can walk to two different farmers markets and the bay, where we can kayak, canoe, fish, snorkel and paddleboard. There are pickleball and tennis courts next to our neighborhood. And we are biking distance to town."

They also love watching the manta rays swim and picking up poke from the Poke Shack. "We are very active and enjoy all the opportunities around us," she says.

"We joined the Keauhou Canoe club and enjoy going out paddling with them a couple mornings a week," says Becky. "We also like walking through the art galleries in Holualoa and Hawi." From pickleball to biking to watching the sunset

The artfully landscaped Luana Garden Villas grounds include manicured lawns, pools and palms.



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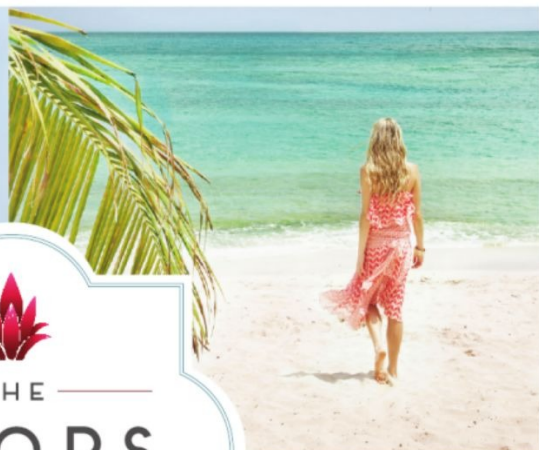
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Insider Picks: Hawai'i Island

Becky flies to Hawai'i Island about once a month. Here are some of her favorite activities.

Breakfast of champions:

Biking into Kailua-Kona and eating at Daylight Mind Coffee Company.

Beach: Enjoying soft white sands and crystal waters at Kua Bay, also known as Manini-ʻowali Beach.

from their lānai, the couple says they “never run out of things to do and explore.”

Sweet Anticipation

Luana Garden Villas,
Kā'anapali, Maui

For Angela, a long search for a second home was over when her hotel room happened to have the right view: It overlooked the future site of Luana Garden Villas, at Honua Kai Resort & Spa in West Maui. She and her husband jumped at the opportunity, becoming early purchasers at Luana. Construction on their home should be done this fall. Their villa has more than 2,000 square feet, with three bedrooms and a spacious lānai with an outdoor kitchen. Another big plus: an attached private garage, which the couple will find handy for storing water-sports equipment.

Luana Garden Villas will sur-

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BEACH TREASURES

Some of the best area jewels and hidden gems in Los Angeles and Orange counties' beachfront communities By Cheryl Murfin



We meet at dusk to form a circle near the roiling waves on California's Venice Beach. I am with a dozen women, some of whom live as near as two blocks and as far as 6,000 miles. We have gathered in a circle to watch the sun set red and glowing on the horizon and, more importantly, to greet the new moon.

As the sliver of the heavenly body rises in the sky above, each woman in the New Moon Circle shares an aspect of her life story—a thought, a feeling, an experi-

ence, a dream or a hope. It's a simple ceremony, but one that can have a big impact on participants, explains Julien Elizabeth, yoga instructor, wellness coach and our circle facilitator. "Women have been gathering to empower each other and share wisdom throughout history," Elizabeth says of the hour-long beach meeting. "Such gatherings provide a safe space for us to see each other, feel supported and be heard."

After we talk and share a little of ourselves with each other, we end our circle with hugs.



The Santa Monica Pier, above, is one of the area's most iconic attractions. A skateboarder, above right, performs a trick at the Venice Beach Skatepark.



The coastline along Los Angeles and Orange counties is packed with communities that are havens for personal growth, spirituality and just plain pampering. It's also a top location for surfing, sunbathing and other beach activities. Whether you are interested in surfing the wave breaks, meditating on the warm sand or enjoying a massage in a spa, there is something for everyone along this 100-plus-mile length of beach and waves. The following—aligned from north to south—are some of the area's most unique beach-centric cities.

Malibu

The rock outcroppings, beaches, and mix of shops and restaurants help make this famous enclave a must-see location. The city's section of the Pacific Coast Highway runs by protected lands, several quiet and romantic beaches, and a number of locations you might recognize from the movies.

Case in point is Neptune's Net. Opened in 1956, the seafood restaurant has great food, wonderful views

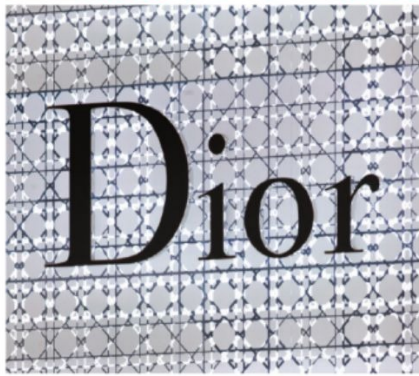
and its share of movie credits, including being featured in *Iron Man 3*, *The Fast and the Furious* and *Point Break*.

Southeast is El Matador State Beach, one of the area's best beaches, with majestic rock formations and well-known wave breaks. Not far away is cliff-lined Point Dume State Beach. Hike up a trail to the top of a coastal bluff for great views that include Santa Monica Bay and the North Malibu coast.

Continuing south along the coast, you arrive at Paradise Cove. The well-known Paradise Cove Beach Cafe has seating on the beach and offers great views and a laid-back atmosphere that Jimmy Buffett would admire.

AREA JEWELS: Visit acclaimed surfing centers [Malibu Surfrider Beach](#) and [Zuma Beach](#), known for their famous surf breaks. Both areas offer surfing environments for every skill level.

HIDDEN GEM: The [Adamson House and Malibu Lagoon Museum](#) was built in 1929 and is known as the "Taj Mahal of Tile" for its use of vintage locally produced ceramic tiles.



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Santa Monica

The Santa Monica Pier, which anchors Santa Monica Beach, is one of the Los Angeles area's most iconic locations, in part because of the old-fashioned rides, attractions and games of Pacific Park, the area's only pier with an amusement park. The pier also happens to be the end of the world-famous highway Route 66. A black-and-white road sign on the pier marks the general location where the highway ends.

Near Santa Monica Beach is one of Los Angeles County's best walk-only shopping areas, Third Street Promenade. Some buskers here will sing arias, while others belt out country music ballads in front of several blocks of boutique shops and brand-name stores.

AREA JEWEL: The **Westside Comedy Theater**, located a few blocks north of the pier, is home to the Mission Improvable comedy troupe. The theater also showcases regional and national comedians.

HIDDEN GEM: A few blocks northeast of the pier, on Ocean Avenue, is the **Camera Obscura Art Lab**, a Santa Monica-run art center where you enter the body of a cameralike structure for a fascinating 360-degree view of the beach and surrounding city. The live image is created by light from outside passing through a hole in the ceiling and then through a camera lens and being projected onto a 4-foot disc positioned on a table in the middle of the darkened room.

PERSONAL CARE: **The Now** spa offers a variety of massage and wellness therapies designed to recharge your energy and spirit. The spa offers treatments ranging from a Swedish-inspired massage to the traditional

Chinese-medicine technique *gua sha*, and crystal healing. This place is a sanctuary from the bustling city.

Venice

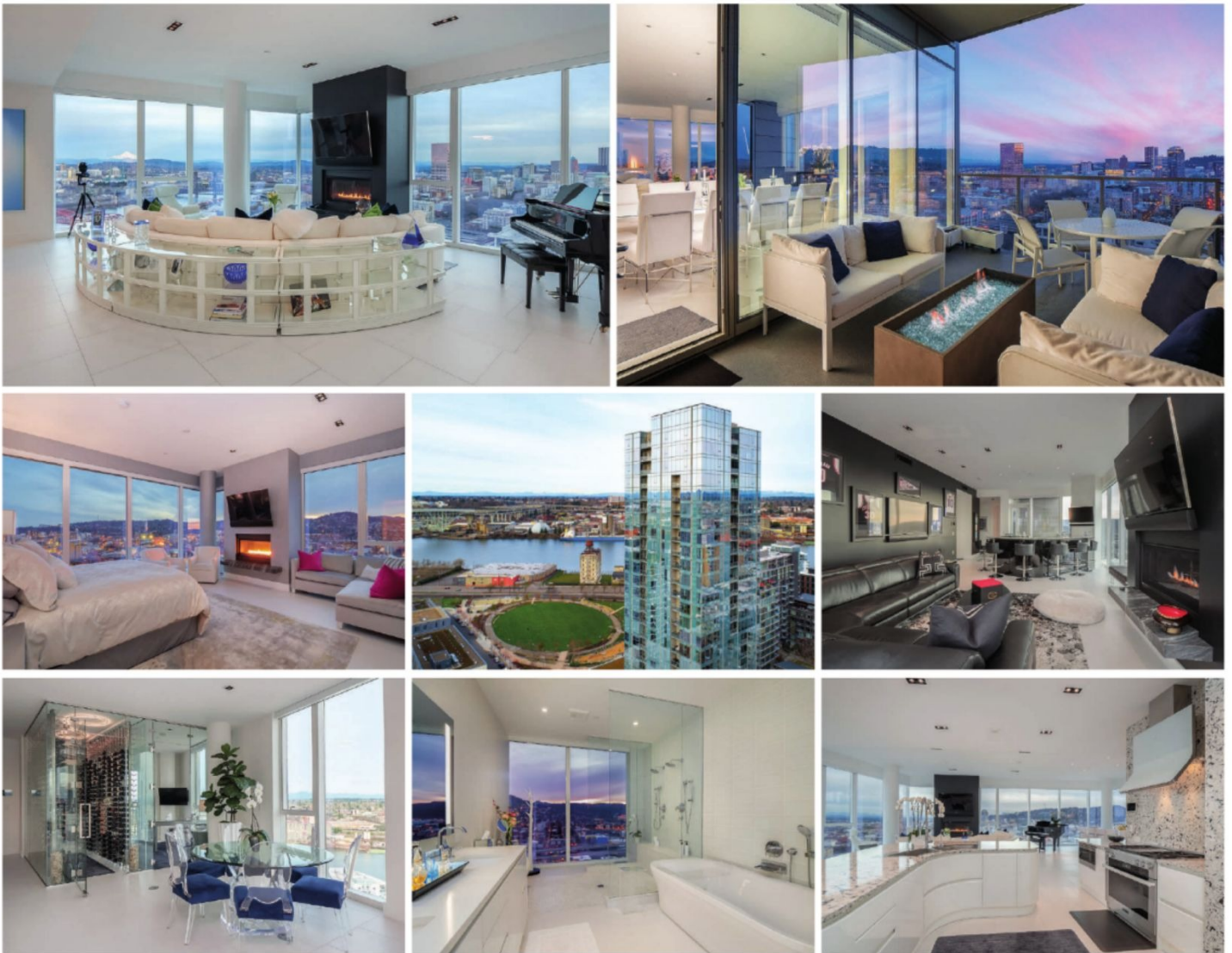
One of the Los Angeles region's most entertaining beach promenades is the Venice Beach Boardwalk. You can see a wide range of dancing roller skaters, tumblers, street artists and solo performers all along this paved path. Even rock bands have been known to play right on the walkway. The path ambles by kitschy shops with every sort of beach fare.

Some of the region's best public basketball courts are on Venice Beach, including courts featured in the hit film *White Men Can't Jump*.

Malibu's Point Dume State Beach, above, offers spectacular views of the region's coastline. The Marvin Braude Bike Trail runs through a number of Los Angeles County beach towns, including Santa Monica, right.



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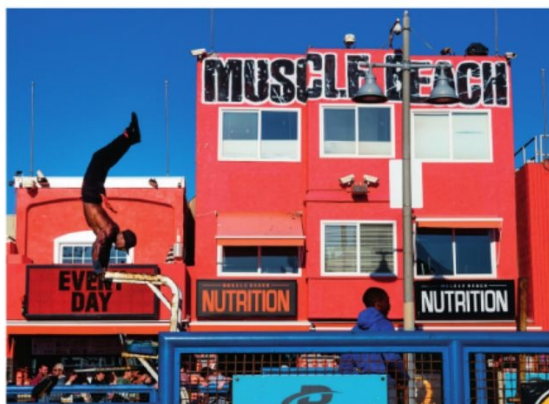
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Huntington Beach, right, is the site of the annual U.S. Open of Surfing, held July 27–August 4 this year. Venice is home to Muscle Beach, below, where people work out next to the Venice Beach Boardwalk.



The neighborhood is also the home of Muscle Beach Venice, where you can watch people working out at the open-air Muscle Beach Gym, located next to the Venice Beach Boardwalk. The Venice Beach Skatepark also draws big crowds almost every day



as amateurs and pros flip, grind and carve through the park's bowls.

A few blocks east of the beach is the Abbot-Kinney district, offering high-end clothing shops, art and jewelry boutiques, and upscale dining options.

AREA JEWEL: Don't miss [The Del Monte Speakeasy](#), a basement bar

that opened in 1915, and survived Prohibition. It's now the bottom level of the [Townhouse Venice](#) bar. Both bars offer fabulous cocktails. **HIDDEN GEM:** The [Mosaic Tile House](#) is one of those places you have to see to believe. The house is covered in an intricate mosaic of tiles and found objects. Make an appointment to visit the home and its husband-and-wife artist team.

PERSONAL CARE: It's close to the truth that there's a yoga studio or astrologist on every corner in Venice. Right now, private instructors are in vogue. One of the area's best is [Julien Elizabeth](#), the facilitator of our women's circle. Her one-on-one yoga and astrology sessions are draws with yoga lovers and passionate stargazers.

Long Beach

Best known as a busy urban harbor, Long Beach offers its fair share of sand-n-sun activities.

Here, you can catch a Catalina Express fast boat to Santa Catalina Island, a picturesque getaway, located 20 miles offshore. The harbor is also home to the RMS *Queen Mary*, a

retired ocean liner that is now a hotel, with restaurants, an events center and a museum. Take a step back in time and tour the ship, one of the great luxury ocean liners from 1936 to 1967.

AREA JEWEL: Long Beach's award-winning [Aquarium of the Pacific](#) has 12,000 animals in more than 100 exhibits. It also has the Lorieket Forest bird sanctuary and several marine animal petting areas.

HIDDEN GEM: Located in the middle of Alamitos Bay on the Long Beach waterfront, [Naples Island](#) is made up of three tiny islands separated by canals. It's a great place to explore, watch boats or take kids into the gentle waves at Mother's Beach.

PERSONAL CARE: Allow sound frequencies to lull your body into a meditative state, which can calm the mind. It's just one of the therapies offered at [Sacred Roots Holistic Healing Center](#).

Huntington Beach

With almost 10 miles of sandy beaches to explore, Huntington Beach has earned many accolades,



Newport Beach's protected Marina Park is perfect for family kayaking.

including being named America's best beach by *Time* magazine in 2015. The local pier also is one of the longest in the state, at 1,850 feet.

Still, the star of the show here is surfing. Huntington's trademarked nickname says it all: "Surf City USA" is home to the U.S. Open of Surfing (July 27-August 4 this year) and the Huntington Beach International Surfing Museum.

AREA JEWEL: Take a free bird-watching walk around the 1,300-acre **Bolsa Chica Ecological Reserve** at the northern tip of Huntington Beach, along the Pacific Coast Highway.

HIDDEN GEM: **Huntington Harbour**, to the north of Huntington Beach, is composed of five tiny islands that are bounded by a network of navigable channels and the surrounding land. Enjoy paddling the waters in a kayak, or simply head to the beachfront for a meal or a drink.

PERSONAL CARE: For a luxurious seaside experience, take a spa day at the Balinese-inspired **Pasea Hotel & Spa**. After one of the many spa treatments, go to the hotel's rooftop **Tanner's Treehouse** lounge for cocktails and sea views.

Newport Beach

Experienced surfers are drawn to Newport Beach's West Jetty View Park, at the southern tip of Balboa Peninsula, to ride "The Wedge," an area where the tide breaks against the town's jetty, creating mammoth waves that can reach 30 feet tall.

Those who have small children or just want to avoid high waves should consider visiting Marina Park on the protected harbor side of the peninsula, which is popular with stand-up paddleboarders, kayakers and other water enthusiasts. Besides access to calm waters, the park has play areas for kids.

You also can stroll the Newport Beach Boardwalk and enjoy the beautiful sites along the Balboa Peninsula.

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A volunteer is posed to match a figure in the artwork *Empire Clocks* for this season's production of the Pageant of the Masters in Laguna Beach.

AREA JEWEL: Corona del Mar is a luxurious local neighborhood, with cottages, restaurants, shopping and a fun nightlife scene. There are two fantastic beaches nearby, **Corona del Mar State Beach** and **Little Corona del Mar Beach**, which are favorites of divers and swimmers.

HIDDEN GEM: Newport Beach's 14-acre **Civic Center Park** features a rotating collection of art installations, including 10 new works. The art includes *Slices of Heaven*, a colorful sculpture of stacked orange slices, by artist Craig Gray.

PERSONAL CARE: Newport's **The Spa at Pelican Hill** is a highly rated spa that offers a wide assortment of services. The 80-minute **Global Traditions Massage** will send you to another world.

Laguna Beach

This community, located about halfway between Los Angeles and San Diego, had its star turn as the setting for the popular reality TV program *Laguna Beach: The Real Orange County*, which ran from 2004

to 2006. The city remains one of Southern California's quintessential beach towns, with plenty of soft-sand beaches, sea caves and tide pools to explore. The area's topography, with rock outcroppings and hidden coves, creates an exciting beachcombing environment.

The community is as famous for its artist colony as it is for its beautiful beaches and surfing breaks. Laguna has more than 100 art galleries and excellent museums, such as the Laguna Art Museum, which features art by California artists, including Ann Hills, Peter Krasnow and Helen Lundeborg.

For nearly a century, the community has presented the *Pageant of the Masters*, held July 7–August 31 this year. The event takes place at

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the Irvine Bowl, where some of the world's greatest paintings are brought to life in tableaux vivants, in which the pictures are re-created on stage using costumed volunteers, highly detailed sets and music.

This year's theme is "The Time Machine" and includes art by Dalí, da Vinci and Vermeer. You can also attend the Festival of Arts Fine Art Show, July 5–August 31, where 140 artists will display their works.

AREA JEWEL: The 53rd annual **Sawdust Art & Craft Festival** will be held through September 1 of this year. Wander sawdust-covered paths that meander through a quaint artists village and you'll find endless arts, crafts and artist-led classes.

HIDDEN GEM: **Thousand Steps Beach** may sound intimidating, but the stairway from Laguna Beach's Ninth Avenue and Pacific Coast Highway down to the beach is really only about 220 steps.

On the beach, there are volleyball courts and other attractions, and at low tide you can explore tide pools and sea caves. (Be sure to follow all safety precautions when visiting sea caves and other beach areas.)

PERSONAL CARE: Examine your spiritual side through tarot readings and other mystical pathways at Laguna Beach's **Chakra Shack**. You are bound to find a gift among the store's expansive collection of gems, stones and spirit-focused items. ✕

Cheryl Murfin writes from Venice, California.

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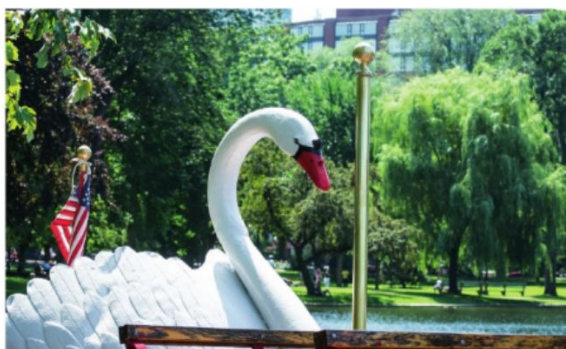
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HISTORIC BOSTON

Touring Beantown's many exciting sites

By Katherine Nichols



» As the sun rises on an early summer morning, I begin my run through Boston Common. Dating back to 1634 and once used by local families as a cow pasture, the 50-acre oasis is one of the oldest city parks in the United States. As I stride downhill, past dogs chasing tennis balls on the grass, I begin my favorite loop along the Charles River, the busy waterway between Boston and the city of Cambridge.

Soon, I run by the Swan Boats on the pond in the Public Garden, where more than 80 species of plants are cultivated. Across the street, I pass Victorian-style brick homes in historical Beacon Hill. Window boxes overflow with petunias in various hues of pink and purple, sprinkled with cascading greenery.

The Arthur Fiedler Footbridge leads me over Storrow Drive onto the Esplanade, a narrow strip of land along the Charles River. I can see a woman bending herself into methodical yoga poses on the wooden dock that extends out into the water. Her dog sprawls by her side, and an empty Adirondack chair stands nearby, in case she needs a rest.

Next to the running and biking path a few feet from the riv-

NEAR & FAR»



CLOCKWISE FROM TOP LEFT OF FACING PAGE: SEAN PAVONE / SHUTTERSTOCK.COM; TRAVELVIEW / SHUTTERSTOCK.COM; CDRIN / SHUTTERSTOCK.COM; EUNICE HARRIS / GETTY IMAGES

er's edge, geese saunter and honk along grassy stretches. Eight-person crew boats glide past; their oars pierce the water surface with a rhythmic click. A turn north takes me across the Harvard Bridge, which is 364.4 Smoots long, give or take an ear. In 1958, a Massachusetts Institute of Technology (MIT) fraternity counted how many times 5-foot, 7-inch pledge Oliver R. Smoot would have to be measured lying down on the bridge to cover the distance between Boston and Cambridge. The bridge is even painted with "Smoot marks" to record the feat. The Cambridge side hums with energy as students and professors from MIT, located along the Charles River, bustle about on bicycles.

One of the highlights of my route is being able to look back and view my journey across two bridges and several miles. Sunlight dances off the water and illuminates Boston, with its mix of historical brick buildings and modern skyscrapers. The Citgo sign shines brightly in the distance. The advertisement marks mile 25 to anyone who has run the Boston Marathon.

My legs find a rhythm along the Dr. Paul Dudley White Bike Path under the steel ribbed arches of the Longfellow Bridge. The

roar and vibrations above me signal the passing of the MTBA Red Line subway train. I can return to Boston on this bridge, but I choose to extend the loop to the Charles River Dam Road and run past the Museum of Science before heading back to Boston Common.

I've long enjoyed running through Boston, with its historical locations, beautiful sites and world-famous universities. While I can run this route in an hour, this is an area that you should explore at a leisurely pace. Whether I'm running or walking area streets, I am always left with a renewed affection for this unique place.

Things to see and do

Getting around Boston is simple, with the help of the Boston subway system, and if

» Clockwise from upper left of opposite page: Some of the Boston area's iconic locations include the Old State House in the city center; the statue of John Harvard at Harvard University in Cambridge; the picturesque Weeks Bridge across the Charles River; and the Swan Boats in Boston's Public Garden.



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you want to go outside the city, trains run regularly to the suburbs.

I like to start every day with a visit to Tatte Bakery & Cafe. With 12 locations in and around Boston, this is the place for breakfast, including extraordinary croissants, muffins and puff pastries.

Boston is known as a center of the American Revolution, and one of the best ways to explore this aspect of the city is to tour along the Freedom Trail, a 2.5-mile walk that connects 16 nationally significant historical sites. You can follow a professional guide (often dressed in period costume) or listen to an audio guide purchased from the Freedom Trail shop.

Landmarks include the Granary Burying Ground, where John Hancock, Paul Revere and many other notable Americans have been laid to rest. A few blocks to the east is the Old South Meeting House, a museum and a National Historic Landmark, which marks the place where the Boston Tea Party began on December 16, 1773, with a debate about the tea tax. Negotiations failed, and members of the Sons of Liberty dumped 342 chests of tea into the harbor in protest later that night.

Other stops include the Old State House, one of the colonies' most important public buildings prior to the revolution, and the Paul Revere House, which was owned by the famous patriot from



1770 to 1800. Another popular attraction is the Old North Church & Historic Site, where two lanterns in the steeple signaled the approach of the British troops by sea. The phrase, "One if by land, two if by sea" was made famous by Henry Wadsworth Longfellow in his poem *Paul Revere's Ride*.

Boston is also a city of art and culture. Topping the list of must-sees is the Museum of Fine Arts (MFA), which is known for its spectacular rotating exhibits. Leading the way this summer are the exhibits "Toulouse-Lautrec and the Stars of Paris," through August 4, and "Georgie Friedman: Fragments of Antarctica," through September 16. For lunch, visit the New American Cafe, in the museum's courtyard beneath the 42-foot-tall lime-colored blown-glass icicle sculpture by Dale Chihuly.

A few blocks away is the Isabella Stewart Gardner Museum, a fascinating art museum founded by Gardner in 1903. She began

» Concerts in the Isabella Stewart Gardner Museum courtyard are a popular summer activity.

» Bates Hall, right, at the Central Branch of the Boston Public Library, is known for its sunken ceiling panels and Romanesque architecture. The Tatte Bakery & Cafe, far right, offers excellent breakfasts and tasty baked treats.





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DID YOU KNOW?

Singing the Neil Diamond song *Sweet Caroline* in the middle of the eighth inning of a Red Sox game at legendary Fenway Park is a quintessential Boston activity. It's even better when Diamond himself shows up on occasion to lead the crowd in the sing-along.

to collect rare books and manuscripts in 1878. She later acquired precious art, including Vermeer's *The Concert*, a Rembrandt self-portrait, and Titian's *Rape of Europa*. The museum includes an amazing courtyard, decorated with Roman, Byzantine, Gothic and Renaissance details. The courtyard is the site of a series of popular summer concerts.

In 1990, thieves disguised as police officers stole 13 classic works, including paintings by Degas, Manet, Rembrandt and Vermeer, from the museum. Collectively, the pieces are valued at \$500 million, making it the single most expensive unsolved art theft in history. The thieves cut several

paintings from their frames, which still hang empty in the museum. This symbolic reminder, and a \$10 million reward, foster hope for the return of the works.

Another artistic setting is the Boston Public Library's Central Library in Copley Square. The building opened in 1895 and has a number of wonderful architectural touches, including a magnificent lobby, with marble walls and floors, and a grand staircase of echailon marble, embedded with fossils. Murals by painters Pierre Puvis de Chavannes, Edwin Austin Abbey and John Singer Sargent are displayed on various floors. Be sure to visit Bates Hall, with its distinctive green lamps, which you may remember from a scene in the Academy Award-winning film *Spotlight*.

The Boston area is home to 35 institutions of higher learning,



AT A GLANCE

Hidden gems:

- The Harvard Museum of Natural History, above and right, has a collection of more than 4,000 glass flowers.
- The Boston Athenaeum is a private library, art museum and cultural center dating back to 1807.
- The John F. Kennedy Presidential Library and Museum is located on Columbia Point, next to the University of Massachusetts campus.



was the setting for the 11-year TV series *Cheers*.

... Lover of literature:

Walden Pond, near the town of Concord, is where Henry David Thoreau wrote *Walden*. Other Concord authors include Louisa May Alcott, Ralph Waldo Emerson and Nathaniel Hawthorne.

Getaway destination:

The islands of Martha's Vineyard and Nantucket, south of Cape Cod, offer boating, fishing, beaches and a vibrant local food scene.

What's in a name? Boston earned the nickname Beantown in Colonial times, when the dish of baked beans cooked in molasses became a popular food with sailors and traders visiting the city.

Where to go if you're a ...

... Foodie: No. 9 Park features dishes from award-winning chef Barbara Lynch.

... History buff: The Longfellow House in Cambridge served as George Washington's headquarters during the siege of Boston, 1775–1776. It would later be the home of poet Henry Wadsworth Longfellow.

... 1980s pop culture lover: The Cheers Bar on Beacon Hill

Key moments in history:

- Paul Revere's midnight ride, between Boston and Lexington, took place on April 18–19, 1775.

- On April 19, 1775, on Concord's North Bridge, militia-men fired at the British for the first time. Known as "The Shot Heard Round the World," the event signified the opening battle of the Revolutionary War. —K.N.



The Ray and Maria Stata Center on the MIT campus.



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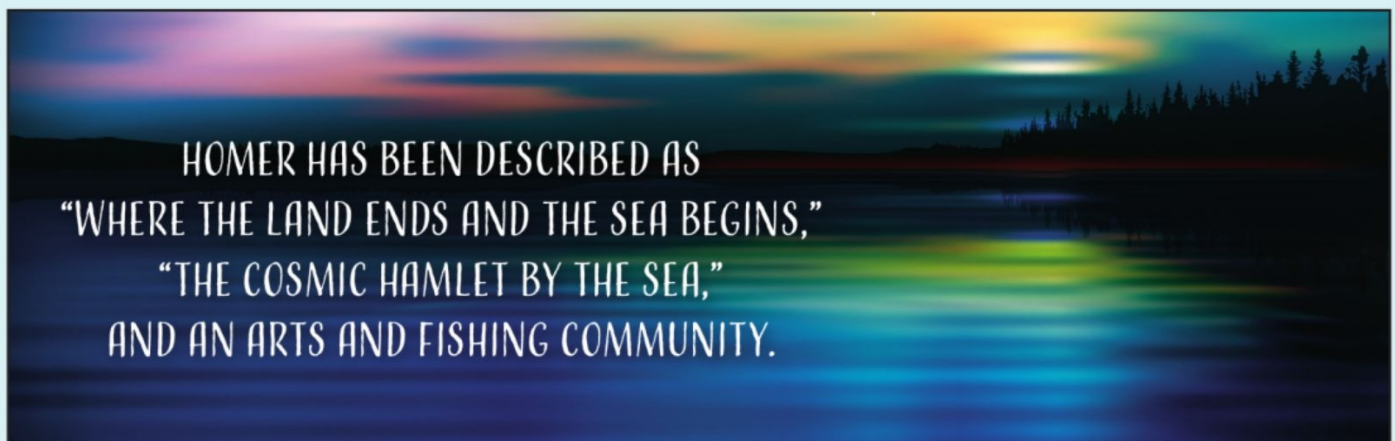
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including some of the most prestigious universities in the country, making higher education an important part of the region's culture.

Many campuses offer guided tours. Harvard's one-hour tour centers on the history of the campus. You can stroll through Harvard Yard and rub the foot of the statue of university founder John Harvard. Other highlights include exploring the Widener Library, home to 17 million volumes; touring Harvard Stadium, one of the nation's oldest concrete structures; and visiting the Weld Boathouse, a famous local landmark and the center of Harvard's rowing history.

On the MIT campus, a main attraction is the fascinating architecture on display. The most famous building is the Ray and Maria Stata Center, which was designed by Frank Gehry and has a bending, whim-

sical look. Other architectural marvels include the nondenominational chapel in the shape of a brick cylinder, by Finnish architect Eero Saarinen, and the Maclaurin Buildings—especially the Romanesque columns and dome of Building 10—by William Welles Bosworth.

The large urban campus of Boston University is located along the Charles River to the north of Fenway Park, the home of Major League Baseball's Boston Red Sox. To the south of Fenway is the 73-acre urban campus of Northeastern University. And the main campus of Boston College is located in the leafy suburb of Newton to the west of downtown Boston. All campuses are easily accessible by public transportation.

When it comes to dining, many will seek the authentic Italian food found in Boston's North End; and yes, the line for

even one cannoli at Mike's Pastry is worth it. However, Boston's real specialty is seafood. I like to visit the Seaport District on Boston's waterfront and stop at Row 34 restaurant, which has an industrial-chic decor, a fun vibe and sumptuous oysters and lobster rolls.

Boston is a city that always has more to offer. A simple jog along the Charles River always reconnects me with the city's soul, and sparks fresh ideas about what to explore next. ✈

Former Boston resident Katherine Nichols writes from both coasts and Hawai'i.

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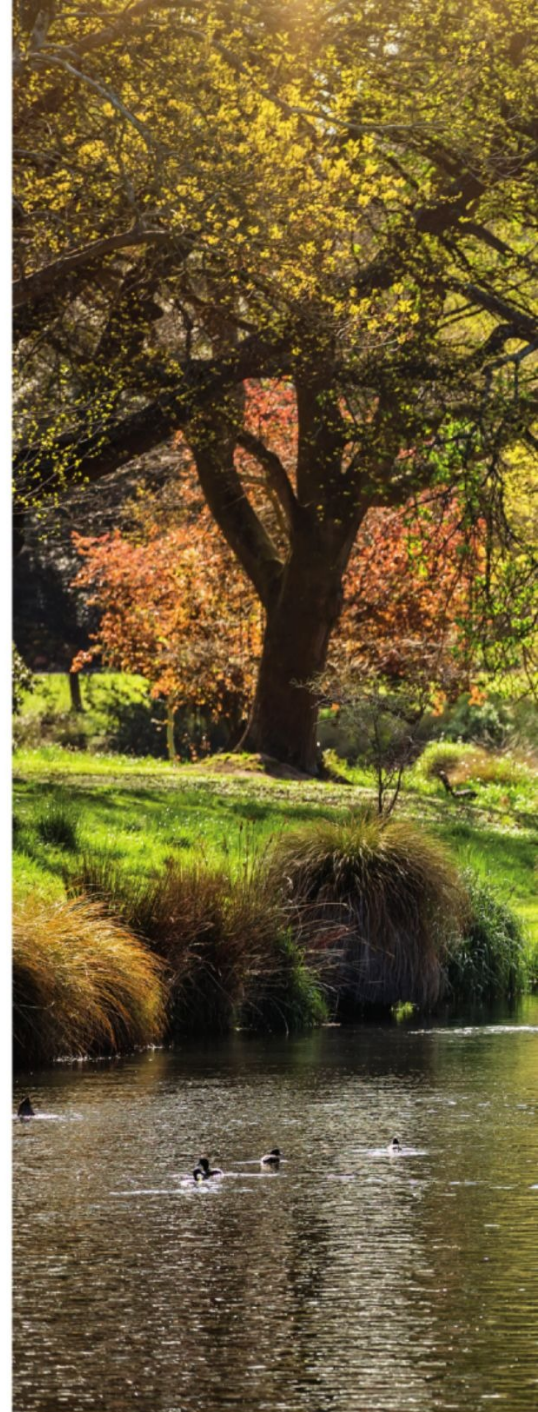
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SOUTH ISLAND SOJOURN

Urban explorations and outdoor activities in vibrant Christchurch

By Jill K. Robinson

» **My kayak paddle** makes almost no sound as it gently stirs the Avon River's surface early on a Saturday morning, and the mere touch seems to give life to images in the glassy water. Before many of Christchurch's residents are awake and outdoors, I'm gliding past the woodlands and weeping-willow-lined banks of Hagley Park and the Christchurch Botanic Gardens—where I am the only human audience to the quacks of a family of ducks as they forage along the riverbank.

The gardens are rich with the scent of roses, and the heavy nodding heads of hydrangeas and dahlias beckon beyond the herbaceous border flowers. As

slow-moving insects land on the water, the mirrorlike surface is broken by fish eager for a quick meal. Taking a break from paddling, I drag my fingers in the water and let the sun warm my face and arms while I scout the grassy banks of the river for an optimal nap spot where I can return once my adventure is over. With the exception of the occasional sounds of street traffic in the distance, it's easy to pretend that my bucolic adventure is far away from an urban center.

I started my morning with a quality flat white (an espresso drink with micro-foam) at the green-and-white-striped Antigua Boat Sheds, on the bank of the

» *Clockwise from left: Visitors to Christchurch can walk among roses at the Christchurch Botanic Gardens, take a boating tour on the Avon River, or rent watercraft from the Antigua Boat Sheds.*



Avon River. The Boat Sheds began offering canoe and rowing-skiff excursions just 26 years after the city's founding in 1856. Today, visitors can rent canoes, kayaks, paddleboats, rowing skiffs and even bikes at the sheds. Those who want to take a quick trip to Edwardian times can also take punting tours in flat-bottomed watercraft. The river has been a source of life and sustenance for the people of Ngāi Tahu for nearly a century. The original name of the river was Ōtākaro, and the waters have long been abundant with fish.

As the morning progresses, people walk and run along the riverside paths, and families begin excursions and picnics. Fingers point at garden flowers; children bend from the waist for a long sniff; and cameras are poised to record outdoor moments. Where I once felt I was the only one on the water, I'm now joined by weekend boaters out to enjoy the good weather and lush space in the middle of town.

As one of the oldest established cities in New Zealand, Christchurch is known for heritage buildings and the traditions





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of English settlers. But the modern city also is a hub of arts, culture and food, where creativity, innovation and urban regeneration thrive alongside the traditional English style. The city is also a gateway to outdoor activities, with proximity to hiking and cycling trails, surf breaks, vineyards, ski runs, star-gazing and hot springs.

Urban adventure

Christchurch's Innovation Precinct is a central city hub of entrepreneurs and future-focused businesses. It's also called the Salt District, an acronym for its bordering streets and a name that is intended to reflect the area's gritty character. The district has evolved from its beginnings in 2012 to become a spotlight for creative tech businesses and startups, as well as a hip mix of bars, shops and restaurants.

» Situated along the Avon River, The Terrace, below, features many bars and restaurants. Burgers at C1 Espresso are served in pneumatic-tube canisters, bottom.



Foodies flock to Little High, which offers a collection of family-owned restaurants under one roof, and C1 Espresso, where pneumatic tubes deliver curly fries and sliders. The Smash Palace, another local favorite, is a bus turned bar with plenty of craft beer on tap.

A popular new mixed-use development in central Christchurch, The Terrace, is located along the Avon River and is home to a number of bars and restaurants. Cocktail bar Kong features modern twists



AT A GLANCE

Popular attractions:

- The Christchurch Art Gallery Te Puna o Waiwhetū holds an impressive collection of works by New Zealand (including Māori) and international artists, and hosts exhibitions, such as “Wheriko—Brilliant!” (above), through Feb. 16, 2020.
- The Dance-O-Mat is an outdoor dance floor with a coin-operated laundry machine turned jukebox.
- He Tāngata cultural center showcases Māori hospitality and culture, with food and performances.

Lesser-known attractions:

- The International Antarctic Centre is an interactive museum highlighting the remote continent.
- View exotic flowers such as spider orchids at the 286-acre Travis Wetland Nature Heritage Park.
- Adrenalin Forest is an adventure park with an aerial obstacle course and ziplines.

Where to go first if you're a ...

... **History buff:** The Victoria Clock Tower was a monu-

ment to mark Queen Victoria's diamond jubilee in 1897.

... **Romantic:** The Christchurch Gondola whisks you to the top of the Port Hills, with a spectacular 360-degree view.

... **Family:** The New Zealand-themed Willowbank Wildlife Reserve has guaranteed kiwi viewing, and 15 kea, including one named Harley-Quinn.

... **Lover of pop culture:** See a live performance at the restored Edwardian-era Isaac Theatre Royal.

Distinctive dish:

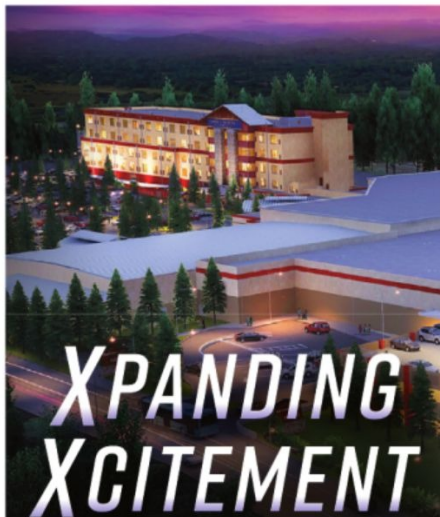
Dumpling spots are popping up in Christchurch. Places to try include Shanghai Street Dumplings, Pot Sticker Dumpling Bar or The China Kitchen.

Classic drink:

Christchurch is a craft-beer destination. Order a pint at Cassels & Sons Brewing Co., Two Thumb Brewing Co. and Volstead Trading Company.

What to take home:

Handcarved greenstone objects, mānuka honey or New Zealand wine. —J.K.R.



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on traditional cocktails. Find a seat at Fat Eddie's for quality live jazz performances. Swanky bar Botanic has open decks with views of the river and the Bridge of Remembrance, a memorial to those who lost their lives in the two world wars and in other conflicts in Asia.

I love to view the colorful array of Christchurch street art by taking a tour led by Watch This Space, a local urban arts trust. I can gaze upon towering murals such as huge smiles with red lips by French artist Tilt, or a family of elephants by New Zealand artist Owen Dippie. Works from internationally acclaimed muralists and New Zealand artists, such as D Side and Kell Sunshine, are featured throughout the Central Business District and outlying areas. The streetscape of vibrant masterpieces created on city walls began in 2011, and the city's emergence as a street-art capital has helped establish it as a thriving pop-culture destination. Christchurch even landed a spot in Lonely Planet's 2017 *Street Art* guidebook. If you don't have time

for an organized tour, check the Watch This Space New Zealand online map for street-art murals near you. The name of the artist, creation date and story behind each artwork are detailed, and one of my favorite city games is to read up and see how many murals I can find in a day.

Exploring the environs

Christchurch's location makes it easy to add adventures, whether just outside the city or more far-flung. The Port Hills, about 6 miles south of Christchurch, are a playground for locals and visitors alike, with plenty of trails for hikes that end in

» Stargazers float in hot pools at Tekapo Springs, right. The Port Hills offer hiking trails with splendid scenery, below.



beautiful views, as well as a world-class mountain-bike park, the Christchurch Adventure Park.

The seaside village of Lyttelton, about 8 miles southeast of Christchurch, has evolved into a bustling destination filled with great cafes, independent shops and an exciting music scene. Sip a cup of joe at the Lyttelton Coffee Company, a local roastery in a 1920s heritage building with a great view of the harbor from its back deck. Find your favorite craft brew at Eruption Brewing, where the beers are distinguished by the best of South Island ingredients. The Dark Lava Stout, for

instance, is brewed with coffee beans roasted across the road, and uses barley, oats and hops grown in the Canterbury region, of which Christchurch is the largest city. Make a date to hang out at Wunderbar, which hosts live music with a regular array of local artists, such as Aldous Harding and Marlon Williams, who have become household names.

Sumner, a coastal suburb about 9 miles southeast of Christchurch, is a charming town with small cafes and palm trees. It's also renowned for its beaches, making it an ideal spot to take surfing lessons or rent a board. Learn to Surf offers rental gear, as well as lessons and tours.

Bright wines, big skies

North Canterbury and Canterbury, the wine region stretching nearly 125 miles along the island's eastern coast, is an ideal area to discover New Zealand wines. This relatively new winegrowing region is gaining fame for its aromatic, cool-climate wines, and nearly all its wineries are a short drive from Christchurch. The Waipara Valley, a hidden treasure of the wine industry 35 miles north of Christchurch, has become one of New Zealand's



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leading food and wine destinations, with a growing reputation for an organic-food movement and award-winning wines, in particular Pinot Noir. Stop by wineries—Black Estate Wines, Pegasus Bay and Greystone Wines are some of my favorites—to taste the influences that climate and soil have on the local wines.

Winter-sports lovers (remember, New Zealand's winter months are opposite those in the Northern Hemisphere) get great snow days at Mount Hutt, about 70 miles west of Christchurch. The wide-open terrain with spectacular views caters to all levels of skiers, and kids 10 and under ski free, which gives families a break on their lift-ticket budget. Even nonskiers can enjoy this spot in the Southern Alps with a scenic lift pass for views over the Canterbury Plains.

Night-sky adventures abound about 150 miles west of Christchurch. Visitors can join a night-sky tour with Earth & Sky at the impressive University of Canterbury Mount John Observatory, located on the approximately 1,600-square-mile Aoraki Mackenzie International Dark Sky Reserve. Or for something a little different, go with Tekapo Star Gazing, which blends a guided night-sky tour with a float in the hot pools of Tekapo Springs, where you can also soak in the stars of the Southern Hemisphere. The billions of stars are reminiscent of the many blooms and other stellar attractions found around the Garden City. ✈

Jill K. Robinson writes from the San Francisco Bay Area.

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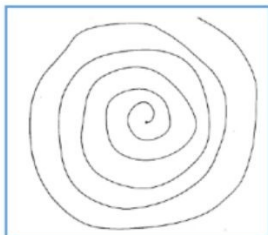
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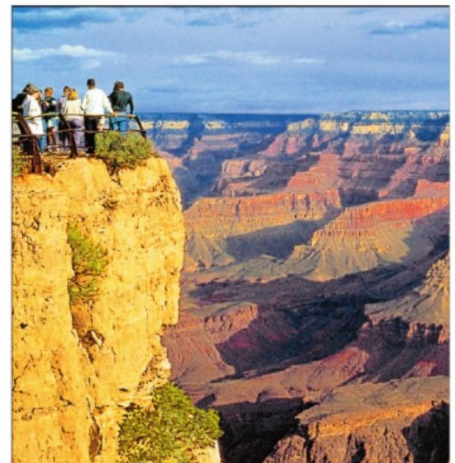
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DIG DEEP INTO OLYMPIA

Washington state's capital city offers capital recreation

By Speedy the Geoduck (aka Breanne Johnston)

» **Waves lap my legs** at The Evergreen State College beach in Olympia as I stand on smooth rocks and watch moon jellies slowly drifting by. I breathe in the salty air and then devote a moment of silence to honoring the Indigenous peoples who have been caretakers of the Olympia area for thousands of years.

The pebbly beach—located along Puget Sound's protected Eld Inlet and reached via a network of forested trails through campus—is open to the public to enjoy, and visitors can even bring their own kayaks and paddleboards to launch here. Officially named Evergreen Beach, it is also called Geoduck Beach, perhaps partly in tribute to the college mascot: Speedy the Geoduck (pronounced gooeyduck).

When I became an Evergreen student four years ago, I was eagerly anticipating new experiences and ways of thinking. At the beginning of my junior year, I applied to embody Speedy and was fortunate enough to get the

job—not only because of my passion for the school, but also possibly because I am able to ride a unicycle while wearing a costume that is 7 feet tall and features a green iridescent fabric shell and high-top sneakers.

In the early 1970s, Evergreen's founding faculty chose the geoduck as the college's mascot because geoducks—large burrowing clams—are native to the region, and have characteristics such as versatility, nonaggression and permanence, as well as the ability to dig deep, a quality valued in the classroom and in athletics. The mascot also complements Evergreen's Latin motto, "Omnia Extares!," which the college translates as, "Let it all hang out!"

Speedy the Geoduck is a mascot that gets a chuckle at the national level, but we Greeners don't mind. We like standing out from the crowd. We embrace the humor.

Over the past two years, I've loved spreading school spirit on campus, at local high schools and around Olympia,

» **Speedy the Geoduck visits the beautiful rotunda of the Washington State Capitol.**

SOME OLYMPIA FAVORITES



Carving Studio and Fiber Arts Studio (evergreen.edu): Associated with The Evergreen State College Longhouse, the carving and weaving spaces host public tours and workshops showcasing Indigenous arts. (The Fiber Arts Studio entrance, above, pays tribute to partnership between Salish and Māori artists.)

Gallery Boom (galleryboom.com): You can purchase unique local art at this gallery, a space shared by more than 140 South Sound artists.

Hands On Children's Museum (hocm.org): Enjoy 150-plus exhibits, from Arts & Parts Studio to Outdoor Discovery Center.

New Moon Cooperative Cafe (newmooncoop.com): The worker-owned cooperative has great breakfast items.

Octapas Cafe (octapascafe.com): Enjoy delicious tapas and craft cocktails, as well as shows in the performance space.

Orca Books (orcabooks.com): This large independent bookstore has a great selection of new and used books, and consigned reads.

Performing Arts (experienceolympia.com): Options range from the Olympia Family Theater to the Olympia Symphony Orchestra, to Harlequin Productions.

Sand Man Tugboat (tugsandman.org): The nearly 60-foot-long 1910 vessel is open for public tours most weekends.

Sofie's Scoops (sofiesscoops.com): The shop (right) serves housemade gelato in numerous flavors every day, including dairy-free options.

Tugboat Annie's (tugboatannies.com): This great restaurant on Budd Inlet also offers seasonal kayak rentals, with break-fast-and-kayak specials on weekends. —B.J.



Washington state's capital city. Legislators and aides have broken into childlike giggles at the sight of Speedy. They've paused on their way to committee meetings to pose with the mascot for photos (we call them "shellfies"). A walking geoduck is not something people see every day, and pockets of community connection are created at various sites around the city as people from different backgrounds and ages come together to share a laugh, and to hug, high-five or dance with Speedy. The geoduck mascot brightens everyone's day, makes them feel special, and leaves them feeling a little happier and also a little more connected as Olympians.

The capital city is a patchwork of students, families and state employees, and I've enjoyed being part of this diverse and energetic community even when I have not been portraying Speedy. As a regular resident, I have often taken an



Intercity Transit Bus to downtown Olympia, about 6 miles southeast of the Evergreen campus, to enjoy the Olympia Farmers Market, a community gathering place with more than 100 vendors. On a recent visit, a local trio performed jazz classics as I made my way through aisles of farmers and artisans. A rainbow of produce welcomed me at a local farm stand, where I selected carrots from baskets overflowing with herbs and root vegetables.

Next I hopped aboard Intercity Transit's free Dash shuttle, a quick and convenient way to reach the Washington State Capitol building, about a mile to the south. The 486-acre Capitol Campus includes landscape design by the Olmsted Brothers. Vivid rhododendrons (the coast rhododendron is the state flower) frame the Legislative Building, which was completed in 1928. The 287-foot-tall building is described as the tallest masonry domed building in North America.



I climbed the 42 steps to the building's entrance, which symbolize that Washington was the 42nd state to join the nation. Inside, I took a free tour, whose guide pointed out features such as the head of George Washington embossed on many doorknobs, and the 5-ton ornate, bronze, Tiffany & Co. chandelier suspended in the rotunda.

The Capitol Campus includes many additional historical buildings, as well as monuments and public art. Green spaces on the campus range from Sylvester Park to Marathon Park to Heritage Park. The Heritage Park Fountain has water jets that kids love to run through.

After visiting the campus, I leisurely walked back north to meet up with a friend at the food-truck cluster downtown on the corner of Fourth Avenue and Plum Street. Venezuela-themed Arepa Latin Street Food is always my go-to. I savored *patacón con carne*—a lovely meal of fresh vegetables and shredded beef served atop savory fried plantain. My friend got a shawarma sandwich—chicken and pickled vegetables in a pita—from Nineveh Assyrian.

I ended my day by heading west to cross the Olympia-Yashiro Friendship Bridge—named in honor of Olympia's sister city Yashiro (now part of Kato), Japan. The bridge spans Budd Inlet, and a soft splash drew my attention. I looked down to see seals playing in the water. I admired the elegant curves of their sleek bodies as they submerged in search of food.



Strolling northwest about a half-mile, I came to a green space featuring the *Park of the Seven Oars* installation, with seven upright steel oars, that pays tribute to the region's Indigenous history and pioneer history, and relationship to the water.

From this spot I could also see, to the north, snowcapped Olympic Mountains glowing amid a sunset sky of deepening orange and pink. To the southeast, the setting sun lit the Capitol. And in the distance to the east, iconic Mount

Rainier lent majesty to the scene.

As I took in the beauty visible from the Olympia area, I felt grateful for the opportunity to attend college here, and for my wonderful two years of being Evergreen's mascot. My time as Speedy has given me insights into creative ways to bring together members of a community and has reminded me of the importance of connection. As I move forward with my dream of becoming a middle school history teacher, I will carry with me the silly, outgoing and uniting energy of Speedy. ✕

Breanne Johnston graduated from The Evergreen State College in mid-June.

» **Facing page:**
Boats on Budd Inlet.
This page from top:
The Heritage Park Fountain, near the Capitol Campus.
The colorful Olympia Farmers Market.

THE EVERGREEN STATE COLLEGE FIGHT SONG

Go, Geoducks, go.
Through the mud and the sand,
let's go.
Siphon high, squirt it out,
swivel all about,
let it all hang out.
Go, Geoducks, go.
Stretch your necks when the tide
is low.
Siphon high, squirt it out,
swivel all about,
let it all hang out.

—Words & music by Malcolm Stilson, 1971



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EXPLORING A VOLCANIC LANDSCAPE

» **We're walking on pieces of Mount St. Helens.** A 5.1 magnitude earthquake at 8:32 A.M. on May 18, 1980, accompanied a landslide on the north face of the mountain that sent 3.7 billion cubic yards of rocky debris—traveling up to 150 mph—rumbling away.

One of the largest landslides in recorded Earth history, it impacted 23 square miles. This debris avalanche, along with a massive blast of rock, ash and hot gases that resulted when the landslide released pent-up pressure in the volcano, even thundered up and over what is now called Johnston Ridge. The avalanche and eruption deposited rocks that are now part of the Boundary Trail, including the section our four-person tour group is hiking near the Johnston Ridge Observatory. From this broad, open part of the nearly 55-mile trail, we can see a panorama that includes, about 5 miles from here, the crater that resulted when the slide removed more than 1,300 feet of the mountaintop. The volcano, today peaking at an elevation of about 8,330 feet after further rim crumbling, still wears a fringed shawl of snow during our visit and gleams under a sweep of sunshine.

We're hiking with our Evergreen Escapes guide, Martin, who drove today's group (visiting from the New York City, Calgary and Puget Sound areas) 150 miles south from Seattle to the 110,000-acre Mount St. Helens National Volcanic Monument, created in 1982. He points out a glacier cradling a lava dome in the crater. The glacier formed with snow and insulating rocks shed from, and shaded by, the steep crater walls. "Two of Earth's most dynamic forces—fire and ice—right beside each other," notes Martin, who was a 2000 graduate of Earth-friendly The Evergreen State College in Olympia.

From Martin, and from excellent films, exhibits and a presentation by Ranger Terry at the seasonally open observatory, we learn about more aspects of the volcano's eruption, including the mudflows created when pyroclastic flows melted snow and ice, and the vol-

canic ash that turned day into seeming night in parts of Washington state and then circled the Earth in less than 15 days.

North of the trail, we can see mountainsides scattered with downed trees that were snapped like toothpicks during the eruption. But we also see flourishing flora indicative of the gradual recovery taking place. The landscape began this rebound within days of the eruption, starting with steps as simple as northern pocket gophers bringing seeds and soil to the surface while excavating burrows. Early plant colonizers included nitrogen-fixing red alder and prairie lupine, and elks' droppings also helped fertilize plant growth.

After our hike near Johnston Ridge, we head to another part of the volcanic monument, Coldwater Lake, which formed when the St. Helens debris avalanche dammed up Coldwater Creek. We have a water view as Martin unfolds a tablecloth over a picnic table and lays out a delicious lunch of roasted-turkey-breast strips, salads and cookies. A short post-meal stroll along a lakeside boardwalk provides additional views of Mount St. Helens before we hike part of the nearby 2.4-mile-loop Hummocks Trail.

Bordered by vegetation such as ferns, alders, hemlocks and Douglas firs, the trail opens up at various spots where we can see hummocks—rocky mounds, some towering about 100 feet near the trail—comprising chunks of Mount St. Helens deposited here by the debris avalanche. Periodically, we also see pools of water that formed in depressions between the hummocks and that now offer habitat for aquatic life such as frogs and salamanders.

The Mount St. Helens adventure also features several stops, varying by day/group, on the way to the national monument. Our tour included the intriguing North Fork Survivors/Bigfoot Country gift shop, with lots of Sasquatch items. For more information: fs.usda.gov, evergreenescapes.com, visitmtsthelens.com. —M. Dill



DANIELLE D. HUGHSON / GETTY IMAGES



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» HERE & NOW SEATTLE

CALENDAR

■ In conjunction with the exhibit **"Destination Moon: The Apollo 11 Mission,"** through Sept. 2 at **The Museum of Flight**, the museum is hosting a **"Lunar Block Party,"** July 19–21. The party celebrates the 50th anniversary of the first moon landing, and includes special events and live music. **Laine Hardy**, winner in May of Season 17 of *American Idol*, is performing July 20, along with all of the top-10 *Idol* finalists. Alaska Airlines is a sponsor of the exhibition's showing at the museum (museumofflight.org).

■ **Pike Place Market's inaugural evening "PM: Producers Market" series**—with music, food, drinks and sunsets—takes place the last Thursday of each month, 5:30–8:30 p.m., through September at the MarketFront Pavilion (pikeplacemarket.org).

■ **"Translations: An Exploration of Glass by Northwest Native Carvers and Weavers,"** featuring 39 works, is on view through Nov. 10 at the **Museum of Glass** in Tacoma (museumofglass.org).

■ The Seattle Art Museum's waterfront **Olympic Sculpture Park** has a new installation, **Regina Silveira: Octopus Wrap**, on view through March 8, 2020. The piece by Brazilian artist Silveira adorns the walls of the park's PACCAR Pavilion in a tire-track pattern evoking the arms of an octopus, and is designed to question our perception of reality (seattleartmuseum.org).

■ Dance lessons—from zydeco to swing to tango to salsa—are

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offered Tuesday and Thursday evenings during the “**Dancing til Dusk**” series at various Seattle parks, July 11–Aug. 22 (danceforjoy.biz/dancingtildusk).

■ **The Bellevue Arts Museum Arts Fair**, July 26–28, at The Bellevue Collection’s Bellevue Square and at the Bellevue Arts Museum, spotlights 300-plus artists, along with museum exhibits; a Sound & Movement Stage; kids’ activities, including a BAMboozle Stage with local music and dance for kids; and more (bellevuearts.org/fair).

■ **The Umoja Fest Africatown Heritage Festival & Parade**, featuring live music, a basketball tournament, a cultural fashion show, children’s activities, food and a vendor marketplace, will be Aug. 2–4 at Judkins Park (umojafestnw.com).

■ Enjoy family-friendly **Concerts at the Mural** (shown below) featuring Northwest indie artists, Aug. 2, 9, 16 and 23 at Seattle Center (seattlecenter.com). Alaska Airlines is a sponsor of Seattle Center. ✈



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A SUMMER OF SASQUATCH

The furry creature has a busy schedule of events

By Susan G. Hauser

» As an Oregon native, one of the things I have always been most proud of is that the Pacific Northwest is considered the official Home of Bigfoot. Or so I thought. ...

Last summer, while in Minnesota on vacation, I chanced upon a large sign heralding the “Home of Bigfoot” in the tiny (pop. 380) town of Remer. You can imagine my consternation. I was so upset that I almost refused to buy anything at any of their several Bigfoot souvenir shops. (In the end, I was unable to resist that cool “Bigfoot Stole My Beer” T-shirt.)

Since then, I have undergone a paradigm shift of the paranormal kind. While Oregonians and Washingtonians think of themselves as the center of the Sasquatch world, filling the summer calendar with annual Bigfoot festivals and events (read on for those), it turns out

that Bigfoot festivals are occurring in just about every state in the union.

In fact, according to the Bigfoot Field Researchers Organization (BFRO), evidence of Bigfoot has been discovered in every U.S. state except Hawai'i. Based on the BFRO's findings, the Travel Channel in March issued a report on “The 8 Best Places to See Bigfoot Right Now.” I was crushed to see that Oregon came in seventh, after Washington, which was first, followed by California, Pennsylvania, Michigan, New York and Ohio. Texas came in eighth.

For an explanation, I contacted Oregon's resident Bigfootologist, Cliff Barackman, the star of Animal Planet's *Finding Bigfoot* TV series, which ended in May of last year after 12 seasons. Barackman, who lives in the town of Sandy, east of Portland and in the foothills of Mount Hood, is scheduled to open the North American Bigfoot Center this month in the nearby town of Boring (which now is anything but). This year Barackman will be a featured speaker at 20 Bigfoot festivals and conferences all over the country.

A former grade-school teacher, Barackman put my worried mind at ease and assured me that Bigfoot lurks in local forests. “The thing started here,” he asserted of the Bigfoot sightings. Pacific Northwesterners can lay claim to the origin of the term “Sasquatch” (an

OREGON

TRACK DATA

Length: 19.5"
Width (ball): 6"
Width (heel): 4.5"
Step Length: UNKNOWN

Two footprints were found in a trackway consisting of 5 footprints. Most of the prints were in pairs, some with one and one. Some footprints did not have tracks, if any detail. But the footprints were arranged in a line, suggesting a trail of a nearby human.

The footprints told the owners of a nearby business about the tracks, and they and the business went to look at the prints. They gave a printed one, a printed one, and a printed one to the business.

While casting the print, the couple's dog, a dingo-shepherd mix, was terrified of something nearby.

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Year: 1974
Date: 10/10/74
Co./State: OREGON, OR
Location: BULLHEAD
Found by: OREGONIAN
Cast by: OREGONIAN

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Anglicized version of a word from the Sts'ailes First Nations peoples of British Columbia for the hirsute giant, which first appeared in a magazine article in the 1920s). The term "Bigfoot" was coined in a 1958 *Humboldt Times* article after a man in Humboldt County, California, made a plaster cast of a huge footprint. Barackman says that because of the abundance of habitat in our region, Bigfoot is definitely more prevalent in the Pacific Northwest than in many other parts of the country.

Reassured that the ape-man is in this region, I'm ready to enjoy a Bigfoot-filled summer. The tall furry fellow is unlikely to make an appearance at any of the local festivals, cruises, conferences or races that celebrate his (possible) existence. However, as they say in Bigfoot circles, you never know. ... At least you're likely to score a terrific Bigfoot souvenir, T-shirt or race medal, or a tastefully chainsaw-carved Bigfoot statue that may be the perfect fit for your rumpus room.

Start your summer of Sasquatch with a Columbia Gorge Bigfoot Adventure Cruise in a covered jetboat. The cruise leaves downtown Portland daily through September 30 for a seven-hour roundtrip tour of the Columbia River Gorge. You will have a guide and be supplied with headphones that play Barackman's recorded commentary on Bigfoot.

To get deep into the shy giant's country, join one of a series of endurance road races in the foothills of Southwest Washington. The Bigfoot 200 is a 200-mile run that begins at Mount St. Helens on August 9 and continues through a section of the Cascade Range before concluding in the town of Randle on August 13. The runners, who travel each day to reach an organized base camp, may be too exhausted to hear nocturnal Bigfoot noises, which are reputed to include low chirping, loud howling, shrill whistling and noisy banging of branches against tree trunks. Race organizers also offer 100-kilometer, 40-mile and 20-mile runs.

Barackman and James "Bobo" Fay, his *Finding Bigfoot* co-star, will be featured guest speakers at the Oregon Bigfoot Conference, which is part of the third-annual Oregon Bigfoot Festival, Saturday, August 17, at Glenn



» Clockwise from top left of opposite page: Cliff Barackman is shown at the North American Bigfoot Center, scheduled to open this month. The Columbia Gorge Bigfoot Adventure Cruise runs daily through September 30. The community of Willow Creek, California, is celebrating its 59th-annual Bigfoot Daze festival and parade on August 31. Bigfoot-track casts, such as this cast made in Oregon in 1986, will be on display at Barackman's Bigfoot center.

Otto Community Park in Troutdale, Oregon.

About 100 miles south of the Oregon border, in the small California town of Willow Creek, the 59th-annual Bigfoot Daze will be celebrated on August 31, with a parade and festival. This year's parade theme is "Bigfoot Goes to Hollywood." Willow Creek, which calls itself the "Bigfoot Capital of the World," is near the site where in 1967 Roger Patterson and Bob Gimlin made the famous one-minute film of Bigfoot walking through a wooded area. The film is thought to be the most convincing proof to date of the creature's existence.

This fall, the Bigfoot Bash at Logtoberfest will be held Saturday, October 5, in Home Valley, on the Columbia River, about 6 miles northeast of Stevenson, Washington. The event is held in Skamania County, which is serious about protecting the animal. The county even passed a law in 1969 prohibiting the killing of a Sasquatch.

Barackman says he really did find the elusive creature ... once. He tells of looking through a thermal imager at something moving about 70 yards away. "I was thinking, 'Is this a Bigfoot or a person?' Whatever this was, it was navigating a wooded hillside in the night, walking with a strange gait, without a light at 2 in the morning. I just couldn't wrap my head around it. And I was there looking for one!"

As they say, you never know. ... ✕

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ENOLOGY EDUCATORS

Oregon wineries offer edifying programs

By Kerry Newberry

» **Wine country weekends delight** with scenic country roads, hillside tasting rooms and stunning vineyard views. And now there's even more reason for wine enthusiasts to head to the Willamette Valley, thanks to an exciting array of educational programs that range from year-round vineyard walks and in-depth cellar tours to formal seminars that cover topics such as the importance of oxygen in winemaking, to chef-led sessions on food and wine pairings.

Adelsheim Vineyard, just outside of Newberg, offers a regular Saturday Seminar series that runs each year from June through November 9. The one-hour classes run the gamut, from deep dives into the history and terroir of specific Willamette Valley AVAs (American Viticultural Areas) to special topics that explore the impact a changing climate has on winegrowing. "We established the series to offer wine enthusiasts something new and creative as they look for ways to expand their knowledge," says Elizabeth Clark, associate director of education and experience.

Dundee's **Argyle Winery**, one of the state's leading sparkling wine houses, offers an interactive Masters of Sparkling Class. "The sparkling wine process is truly complex and is much easier to comprehend once it's seen," says winemaker Nate Klostermann. The class takes guests behind the scenes for a rare experience



» **Above: Sokol Blosser Winery's Farm & Forage experience shows how food pairs with wine. Argyle Winery, left, offers the Masters of Sparkling Class.**

guests to see coveted bottles that date from Argyle's first vintage in 1987 to the present. After the tour, guests can enjoy a flight of sparkling wines.

Food lovers will appreciate **Sokol Blosser Winery's** Farm & Forage experience, which is offered Thursday through Sunday. Each week, winery executive chef Henry Kibit forages on the 128-acre Dayton winery property for wild mushrooms, stinging nettles, fiddlehead ferns, sheep's sorrel and other wild edibles to create seasonally driven bites to pair with estate wines. He supplements the menu with ingredients sourced from local farms.

Expect creativity and delicate layers of flavor for this moveable feast. Recent highlights include salt-roasted watermelon radish with Oregon black truffles and other delicacies. Dishes have also included local chanterelle mushrooms and *Belper Knolle* (cheese seasoned with garlic and coated with pepper).

"The food really has endless possibilities," says Kibit. Even better, it pairs perfectly with Sokol Blosser's exceptional Pinot Noir. ✕

MORE WINERIES WITH EDUCATIONAL WALKS AND PROGRAMS

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- **Winter's Hill Estate:** The Dayton winery offers guided vineyard walks each day, by appointment, with a picnic lunch provided by Dundee's Red Hills Market.
- **Saffron Fields Vineyard:** Tour the Yamhill estate, with vineyard and gardens, followed by a tasting of current releases.

- **Rex Hill:** In-depth vineyard and barrel-cellar tours at this Newberg winery are followed by tastings of wines paired with cheese and homemade *gougères*, a savory French pastry.

- **Stoller Family Estate:** The Dayton estate is one of the world's first LEED Gold certified winemaking facilities and barrel rooms. You can tour the site and learn about soils, clones and varieties. —K.N.

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MOLLY OF DENALI

New PBS Kids series shows the power of representation

By Princess Daazhrai Johnson

» When I was a young girl, traditional Alaska Native foods, such as dry salmon strips and moose-head soup, were my favorites. Yet I remember being shamed by other kids at school for the things I ate. The message my friends, family and I got through various forms of media was that we should all be eating bologna sandwiches, Twinkies and other processed foods. Those foods were acceptable, familiar, “normal.” Fish-head soup was “weird.”

These were the memories that replayed in 2016, when I learned WGBH in Boston was working on a pilot for a PBS Kids series called *Molly of Denali*, which premieres July 15.

My heart nearly leapt out of my chest. An animated



» Princess Daazhrai Johnson, top right, is a creative producer and writer for *Molly of Denali*, a new PBS Kids series starring an Alaska Native girl, above, who lives with her family in the fictional village of Qyah.

children’s series with a strong, kind and adventurous Alaska Native girl as the lead character? My first thought was: Yes, please. Sign me up! My second thought was: Finally!

As an Alaska Native (Neets’aii Gwich’in) mother of two young boys, and as someone passionate about representation in film, television and education, I feel blessed to have joined such a creative team of people who are just as eager as I am to bring *Molly of Denali* to life. The series is a wonderful opportunity for us as Alaska Native educators, writers, producers and actors to help create a show that reflects who we are in a positive and respectful manner.

Growing up in the 1980s, I rarely saw people who looked like me represented in pop culture. Depictions of Indigenous people were often the sort of stereotypical images that Hollywood had presented to the world through the old “Cowboy and Indian” movies. I longed to see images and stories to which I could relate.

In fact, the negative images I saw in films, mascots, news

and other outlets led to feelings of self-doubt and low self-esteem as a teen. As a young adult, I learned more about the impact these negative images have on public perception of Indigenous people. I was drawn to the entertainment industry in the hopes of changing the negative portrayal by creating opportunities for us to tell our own stories. *Molly of Denali* presents such an opportunity.

To develop the show, WGBH visited Alaska and partnered with the Alaska Native community, forming an Alaska Native Working Group, comprised of Dewey Hoffman, Rochelle Adams, Luke Titus and Adeline Raboff. This group helped to shape the characters and the fictional village of Qyah (meaning “village” in the Dena’ina language), where the animated series is set. The group also inspired many of the stories. In one episode, Molly catches her first fish, and, as is customary, she gifts it to her grandfather. Alaska Native values are imbued throughout the series.

Shortly after the first meeting, a job posting went out for

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the creative producer position. I immediately applied with a heartfelt email explaining why this work meant so much to me, and here we are. Now, the show has had more than 15 Alaska Native/First Nations actors voicing characters, eight Alaska Native scriptwriters (myself included), one Alaska Native producer working on short live-action pieces, one Alaska Native production assistant and three Native interns. We also have six Alaska Native language advisers, along with a handful of additional advisers who have been brought in to work on individual stories. On our education side, we have Alaska Native advisers to assist with the development of classroom lessons that coincide with the show. In addition, the theme song for the series is performed by Phillip Blanchett and Karina Moeller of Pamyua—



» The Alaska Native Working Group, top right, collaborated with PBS Kids and WGBH to develop authentic storylines and experiences, such as navigating Alaska forests by map, right, and building a dog sled in a workshop class at school, far right.



an Indigenous world music group from Alaska—with fiddle music by Gwich'in fiddler Brennan Firth.

Kids everywhere will relate to Molly. She is curious, innovative, silly, kind, full of humor—and she is not afraid to make mistakes, because she is surrounded by family and friends who support her growth and development. Her community is healthy and welcoming, and everyone takes care of one another. Basically, Qyah is representative of the beautiful state of Alaska that we call home.

This spring, I was reviewing an episode when my 8-year-old pointed to a scene that featured *muktuk*, a traditional Alaska Native meal of whale blubber and skin. “Mom!” he said. “That’s my favorite, and she’s holding that *ulu* (knife) you have!” Joy filled my heart, and

tears filled my eyes. I remembered being shamed by other children in school for this kind of food, but here was my son, seeing his life being represented in a positive light. He was filled with excitement and celebration. That moment of recognition and pride in him reminded me that media are powerful; representation is essential; and *Molly of Denali* is helping to bring about a long-awaited change. ✕

Princess Daazhrai Johnson is a creative producer and writer for Molly of Denali. Among additional roles, she has been a member of the SAG-AFTRA National Native Americans Committee since 2007. She lives in Fairbanks.

For more on Molly of Denali, visit pbskids.org/molly.



ABOUT MOLLY OF DENALI

» *Molly of Denali* premieres nationwide on July 15 on PBS stations, the 24/7 PBS Kids channel and PBS Kids digital platforms.

The show is the first nationally distributed children’s series to feature a Native American lead character.

The series is grounded in a curriculum focused on Informational Text, a foundational aspect

of literacy education. This means that in every episode, Molly interacts with a variety of texts used to convey information—such as books, maps, charts, Indigenous knowledge from elders and her own vlog. —P.D.J.



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» **AutoCamp at Russian River** has finely appointed Airstream trailers and safari tents, left, and a Midcentury Modern-style clubhouse, below.

GLAMOROUS CAMPING IN THE GOLDEN STATE

By Jill K. Robinson

» A short distance from the Russian River, in Sonoma County, the evening light filters through a grove of redwoods. Majestic trees stretch into the sky above me, almost too far to see where they end in the fading twilight. They dampen ambient sound while I warm my feet at a campfire. After a day of hiking, my muscles ache, but it's the pleasant soreness that comes from activity—the souvenir of a day well spent.

As the daylight dims, other hikers return, shedding their packs and heading to the campfire. Everyone speaks in hushed tones beneath the redwoods, almost as if we're all at a church instead of at a campground.

This is no ordinary campground. I'm staying at **AutoCamp at Russian River**, a collection of elegantly furnished Airstream campers and canvas tents arrayed around a clubhouse designed in a Midcentury Modern style. The property, which is located about 20 miles northwest of Santa Rosa, and a short walk from the town of Guerneville, attracts a variety of guests—ranging from nearby city dwellers to travelers from other countries—all yearning to get closer to nature without skimping on creature comforts. As part of the trend toward glamorous camping, or glamping, AutoCamp's

Russian River site is one of various locations around California where guests can stay in well-appointed campers, tent structures or other rustic-yet-luxurious accommodations. Purist outdoorspeople might say that glamping isn't really camping—and that may be just fine. The fact is that these luxury options with various styles and amenities are drawing more people outdoors to relax and unwind at their own pace, trading in a rope-slung tarp for—in some cases—a shelter with a microwave and a flat-screen TV, or possibly its own bathroom.

At the AutoCamp in Sonoma's wine country, as well as at the company's other California sites—in Santa Barbara and near Yosemite National Park—campers experience the joys of the outdoors, taking advantage of the Golden State's generally good weather and spectacular landscapes. Yet with amenities such as plush bedding, spa-inspired bathrooms, on-site shops with snacks and wines, and indoor and outdoor firepit lounges, nobody has to worry about comfort or even how to set up a tent.



AutoCamp at Russian River is within walking distance of the river's swimming and canoeing, and is near vineyards, restaurants and bars. It even has Wi-Fi throughout the main property.

AutoCamp Downtown Santa Barbara is located a mile north of the town's center, next to a park, and offers beach-cruiser bikes for the 3-mile ride to the coast. **AutoCamp Yosemite**, located just outside the national park, has cabins, tents and Airstream suites. Its two-story clubhouse and daily shuttle access to the park via the Yosemite Area Regional Transportation System (YARTS) make the property an alluring basecamp possibility.

AutoCamp isn't the only glamping option near Yosemite National Park. This year, the **Tenaya Lodge at Yosemite** resort added upscale, two-bedroom Explorer Cabins. These accommodations are Wi-Fi enabled, come with



» From top: Costanoa offers a recreation-rich setting and comfortable beds (inset). El Capitan Canyon has cabins, tents and yurts. The Trailer Pond at Alta Colina is a unique vineyard-side relaxation locale.



grab-and-go breakfasts, and offer access to the resort's spa, pools, game room and other high-end amenities.

At **Sequoia High Sierra Camp**, canvas tent cabins are tucked into a red fir forest. The property, which requires a 1-mile hike from a parking lot to access, has epic views of Kings Canyon National Park. Three daily meals are included: a breakfast buffet, a pack-your-own lunch and a casually elegant dinner at the central lodge's dining pavilion.

Safari-style canvas tents are an option at the resort **Ventana Big Sur**. "Glampsite" accommodations here include daily housekeeping that

will tidy the premium linens and stock wood bundles at your fire pit while you're out exploring nearby trails. The Bath House features posh touches such as teak-enclosed showers, marble vanities and heated floors. You can also gain access to resort amenities during your stay.

Costanoa, north of Santa Cruz, is another near-coast destination with glamping, plus access to "eco-adventure resort" amenities. The tent bungalows come in four different configurations, giving singles, couples and families choices. Comfort stations throughout the grounds include hot showers, heated concrete floors, a 24-hour dry sauna and an

outdoor fireplace. Nearby recreation ranges from hiking to biking to horseback riding to kayaking along the wildlife-filled coast.

At **El Capitan Canyon**, yurts, safari tents and cabins are available along a seasonal creek 20 miles up the coast from Santa Barbara. Guests can hike the canyon, explore the beach and surrounding area trails, or just relax.

For another type of environment, try the **Trailer Pond at Alta Colina**, a lovely locale that includes a small water feature surrounded by the grapevines of Alta Colina Vineyard. Enjoy wine-tasting and floating on the pond during



your laid-back stay in a vintage trailer. It's one of the few places I know where you can camp out and enjoy your host's estate varietal wines (Rhône-style reds are a specialty). What better way to celebrate chic California camping than to savor the fruits of the local landscape? ✕

Jill K. Robinson writes from Northern California.



MORE CALIFORNIA GLAMPING

- **Getaway**, a company specializing in off-grid tiny cabins, is booking at its new LA Outpost, about 80 miles east of Los Angeles, near the town of Big Bear.
- Near the NorCal town of Mendocino, **Mendocino Grove** has luxurious platform tents among coastal redwoods.
- **Safari West**, a Sonoma County preserve with exotic animals, offers luxury safari tents with private decks. —J.K.R.

PHOTOS COURTESY OF THE RESPECTIVE COMPANIES

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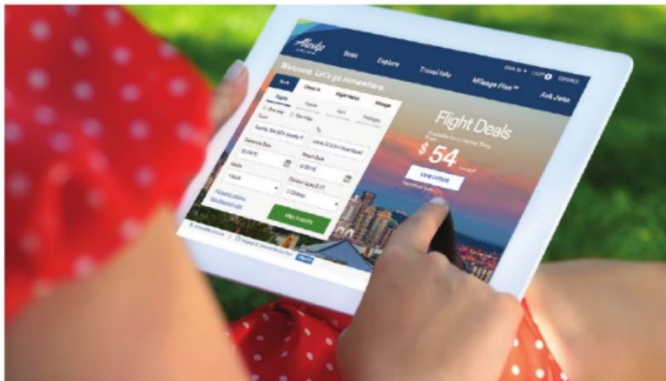


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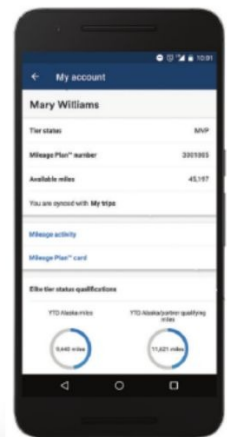
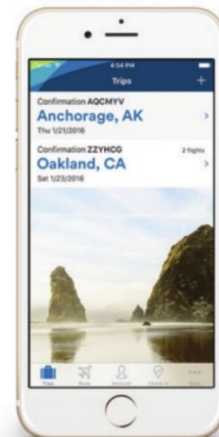
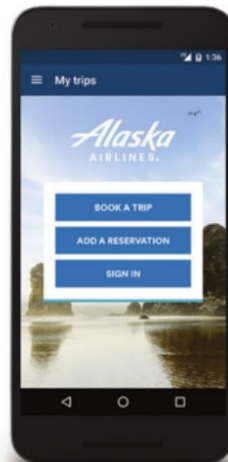


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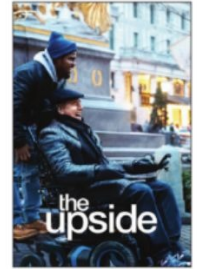
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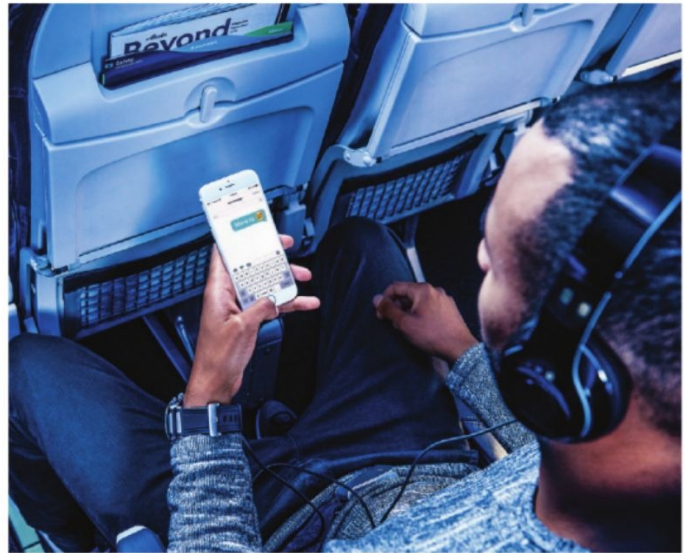
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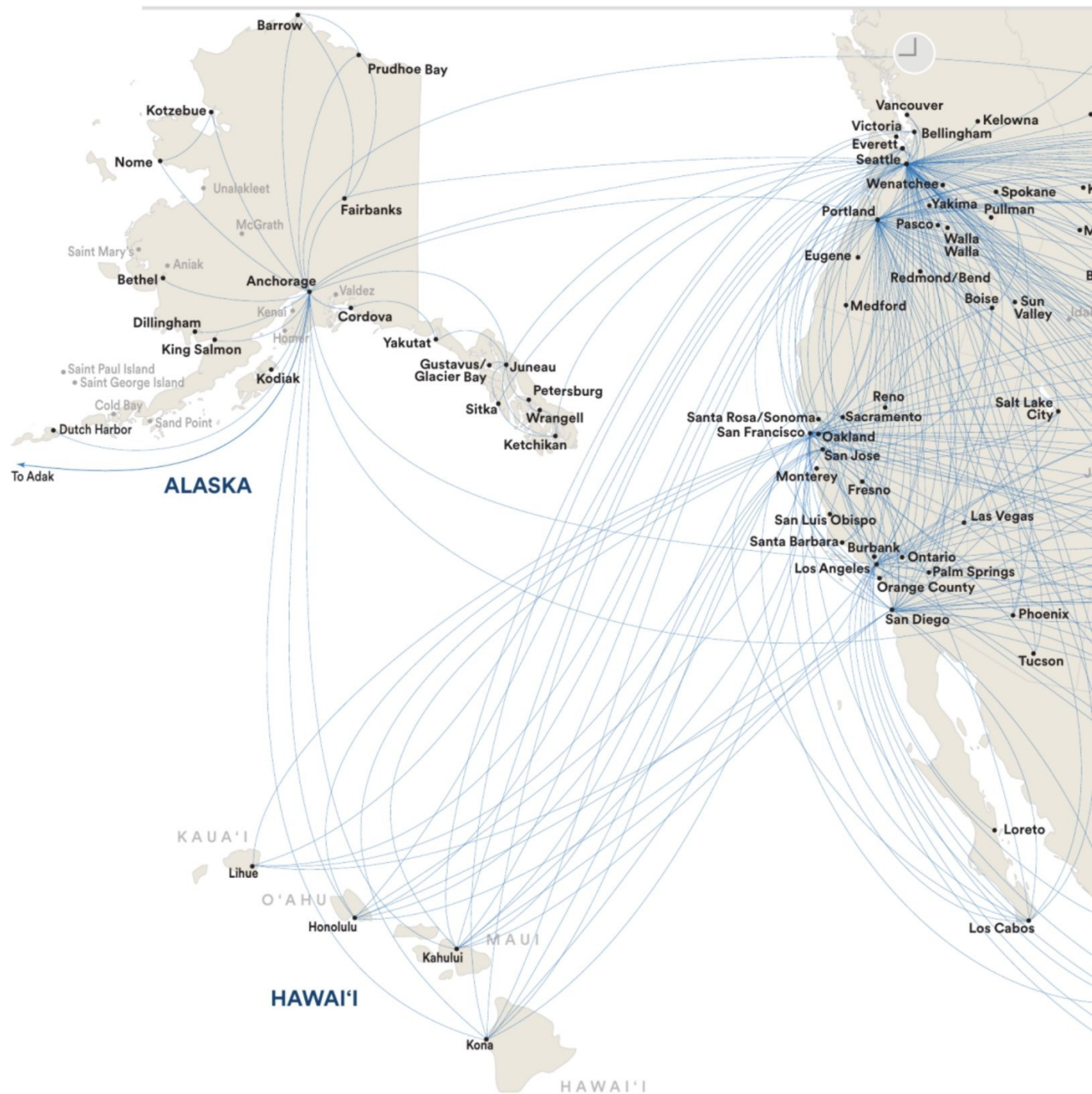
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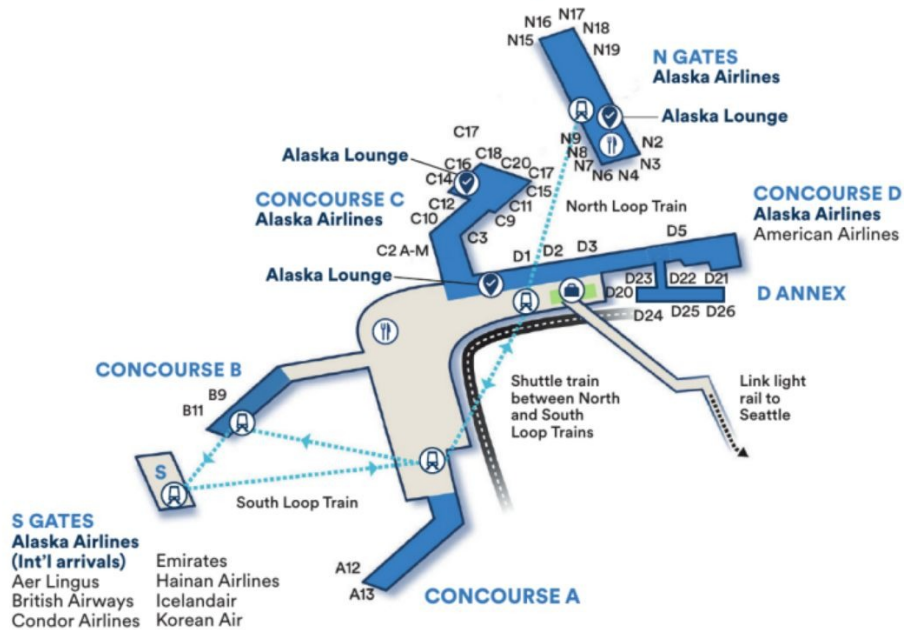
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The Concourse C train stop is closed. When connecting with N Gates, use the D Concourse train stop.

Tip:

Our new Alaska Lounge is open in the C Concourse.



PDX Portland International Airport



Tip:

Heads up: We fly out of more than one terminal at SFO, please check your boarding pass to ensure you arrive at the correct gate.

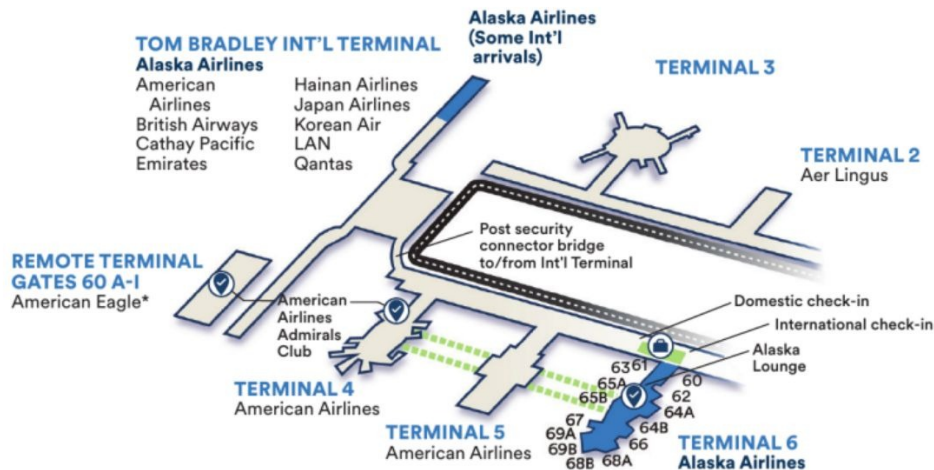
SFO San Francisco International Airport

Tip:

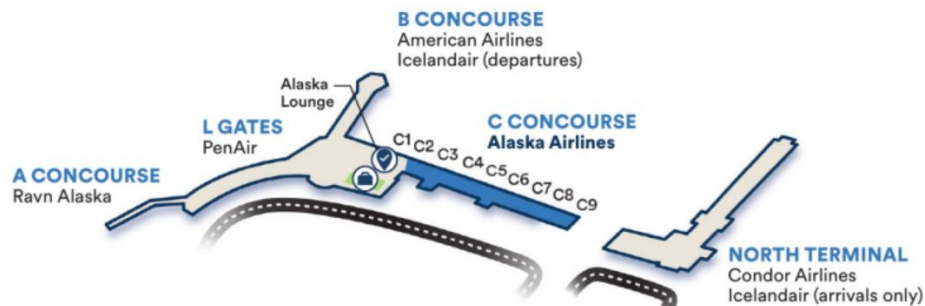
Alaska Lounge members have access to the Cathay Pacific Lounge at SFO when traveling on Alaska.



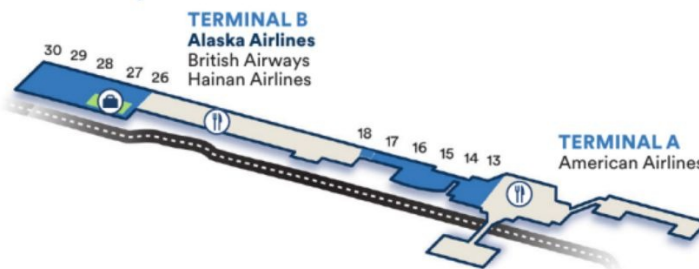
LAX Los Angeles International Airport



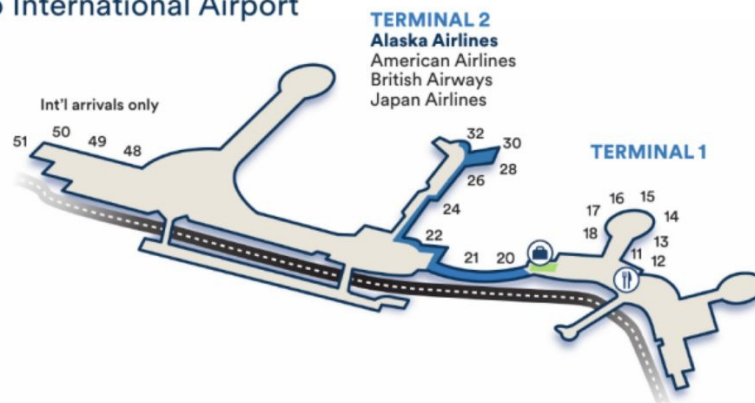
ANC Anchorage International Airport



SJC San Jose Mineta Airport



SAN San Diego International Airport



NEW

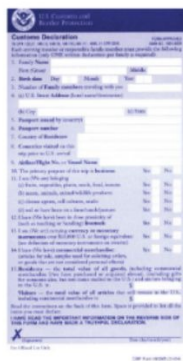
Alaska Airlines has moved all SAN operations to Terminal 2 East. Alaska now occupies Gates 20, 21, 22, 24, 26 and 28, with Gates 30 and 32 available as alternates.

Customs and immigration

Please use all capital letters with blue or black ink.

Por favor use letra mayúscula en tinta azul o negra.

Global Entry is a U.S. Customs & Border Protection program that offers expedited customs entry with no processing lines, no paper-work, TSA Pre✓® eligibility and access to expedited entry in other countries. Apply at www.cbp.gov.



Customs and Immigration forms are distributed by flight attendants during your flight. Prior to landing, complete all forms that pertain to you, following the tips below. Completed forms are presented immediately upon entering the International Arrivals building.

TO THE UNITED STATES PASSPORT CONTROL KIOSKS

Automated Passport Control kiosks expedite the entry process. Eligible travelers scan their passport, take a photograph and answer a series of questions at the kiosk. Once complete, present the printed receipt from the kiosk to a Customs Officer.

Helpful tips

- Only citizens or nationals of the U.S., Canada or Visa Waiver Program countries are eligible to use the kiosk.
- Customs declaration forms are unnecessary.
- Kiosks available in Los Angeles (LAX), Portland (PDX), San Diego (SAN), San Francisco (SFO) and Seattle (SEA).

U.S. CUSTOMS DECLARATION

All travelers to cities without Passport Control kiosks must complete this form.

Helpful tips

- One form per person or one per family (family defines those in the same household who are related by blood, marriage, domestic relationship, or adoption).
- Lines 5, 6—If not using a passport, leave these lines blank.
- Line 9—Enter “AS” for Alaska Airlines
- Sign at the “X.”

INTERNATIONAL TRAVEL TIPS TO MEXICO

- All travelers must complete a Mexico Customs Declaration form; one per traveler or family with same address.
- All travelers, except for citizens of Mexico, must complete the FMM; one per traveler or family.

TO COSTA RICA

- All travelers must complete a Customs Declaration form; one per traveler or family.
- All travelers must complete an Immigrations Form; one per person.
- Costa Rica requires a \$29 departure tax for each traveler. For tickets purchased before June 1, 2016, pay fee prior to check-in with Alaska Airlines at the service centers in terminal check-in area. The fee is included in the price of tickets purchased after June 1, 2016.

Las formas de Aduana y Migración son distribuidas por los sobrecargos durante el vuelo. Antes del aterrizaje en su destino final complete las formas correspondientes usando las indicaciones que se proporcionan a continuación. Las formas completas serán presentadas en la Terminal Internacional.

QUIOSCOS DE CONTROL DE PASAPORTES

Kioscos automatizados de control de pasaportes acelerar el proceso de entrada y se encuentran en muchas ciudades servidas por Alaska Airlines. los viajeros elegibles escanear el pasaporte, tomar una fotografía y contestar una serie de preguntas en el quiosco. Una vez completa, presentar el recibo impreso en el quiosco a un oficial de aduanas.

Datos de ayuda

- Sólo los ciudadanos o nacionales de los países del Programa de Exención de Estados Unidos, Canadá o Visa son elegibles para utilizar el quiosco.
- Formularios de declaración de aduanas son innecesarias.
- Kioscos disponibles en Los Ángeles (LAX), Portland (PDX), San Diego (SAN), San Francisco (SFO) y Seattle (SEA).

DECLARACION DE ADUANA

Los viajeros a ciudades sin quioscos de control de pasaportes deben completar este formulario.

Datos de ayuda

- Una forma por persona o por familia con la misma dirección.
- Línea 5, 6—Si no tiene pasaporte, deje esta sección en blanco.
- Línea 9—Use “AS” para Alaska Airlines.
- Firme en la “X.”

CONSEJOS DE VIAJE INTERNACIONALES A MEXICO

- Todos los viajeros deben completar un formulario de declaración de aduanas México; uno por cada viajero o familia con la misma dirección.
- Todos los viajeros, excepto para los ciudadanos de México, deben completar la FMM; uno por cada viajero o familia.

A COSTA RICA

- Todos los viajeros deben completar un formulario de declaración de aduanas; uno por cada viajero o familia.
- Todos los viajeros deben completar un formulario de Inmigración; una por persona
- Costa Rica requiere un impuesto de salida de \$29 para cada viajero. Para los boletos comprados tarde del 1 junio, 2016, pagar la cuota antes de check-in con Alaska Airlines en los centros de servicio en el área de registro de entrada en el terminal. La tarifa está incluido en el precio de los boletos comprados el 1 de junio 2016.

Your safety and comfort

SEATS

- Seat belts must be fastened whenever the “FASTEN SEAT BELT” sign is on. Keep your seat belt fastened at all other times when seated, in case of rough air.
- Seatbacks and tray tables must be in the upright, locked position during taxi, takeoff and landing.
- Seat-belt extenders are not allowed in exit rows. They can tangle and obstruct access to exit doors.

CARRY-ONS

- All carry-on bags must be placed under a seat or in an overhead bin for takeoff and landing.
- Prior to takeoff and landing, service items provided by our inflight team must be picked up.

LAVATORY

- Guests are requested to use the lavatory in their assigned cabin.

PETS

- Pets must remain in carrier for entire flight. Carrier must be stowed for taxi, takeoff and landing.

CREW AND GUEST SAFETY

- Under federal law, no person may assault, threaten, intimidate or interfere with crew members in the performance of their duties aboard an aircraft. Penalties for crew interference include fines up to \$11,000, imprisonment or both. An incident report may be filed with the FAA regarding a guest's behavior.
- We respect the privacy and well-being of our guests and employees. We do not tolerate inappropriate verbal, digital or physical conduct of any kind, including sexual harassment, invasive photography, and assault. Please report unwelcome behavior to an employee immediately. Any crime committed onboard is considered a federal offense.

TRAVELING WITH INFANTS AND CHILDREN

- To be used onboard, your child-restraint system must conform to all applicable federal motor vehicle-safety conditions, and the restraint must be certified for use in motor vehicles and aircraft with an FAA-approval sticker.
- Some restrictions for child-restraint systems apply based on seat locations and flight numbers. Visit <http://bit.ly/InfantTravel> for details.

ALCOHOL AND TOBACCO

- Alcohol may not be consumed aboard an aircraft unless it has been provided by a flight attendant. No alcohol may be served to any person who appears to be intoxicated, or who is under 21 years of age.
- Guests are expected to drink responsibly and behave in a safe and respectful manner at all times.
- Smoking, chewing tobacco and electronic cigarette use are not permitted on any Alaska Airlines flight.

DEVICES

- During taxi, takeoff and landing, larger electronic devices, such as laptops, must be stowed.
- Cellphones may be used while the boarding door is open until advised by your flight attendant that cell service must be turned off. Upon landing, your flight attendant will advise when cell service can be enabled.
- During flight, electronic voice communications of any kind (e.g., cell, FaceTime, Skype) are prohibited.
- Headphones must be worn when using electronic devices such as personal music players, Inflight Entertainment Tablets, handheld games, etc.

OTHER PROHIBITED ITEMS

- We prohibit the use of items that do not meet FAA Regulations or Company regulations. This includes the use of seat-belt extensions not provided by Alaska Airlines, devices that restrict the recline of seats, self-heating meals or beverages, air filters placed on overhead vents and personal air-purifying devices.

USING YOUR DEVICES

We know use of your electronic devices is important, and we've adjusted our procedures to give you more time with those devices.

Allowed on the ground and in the air

- Laptops (must be stowed for taxi/takeoff/landing)
- Tablets/smartphones (Airplane Mode after door closure)
- Wireless mouse/keyboard
- e-readers
- Media/CD/DVD players
- Noise-canceling and Bluetooth headphones
- Cellphones (prior to door closure only)

Not allowed during flight

- Voice calls of any kind, including VoIP
- Devices with cell service enabled
- AM/FM radios or TVs
- Personal air purifiers
- Remote-control toys
- Electronic cigarettes

The Federal Aviation Administration (FAA) and Alaska Airlines have set these rules and regulations to assure your safety and comfort.

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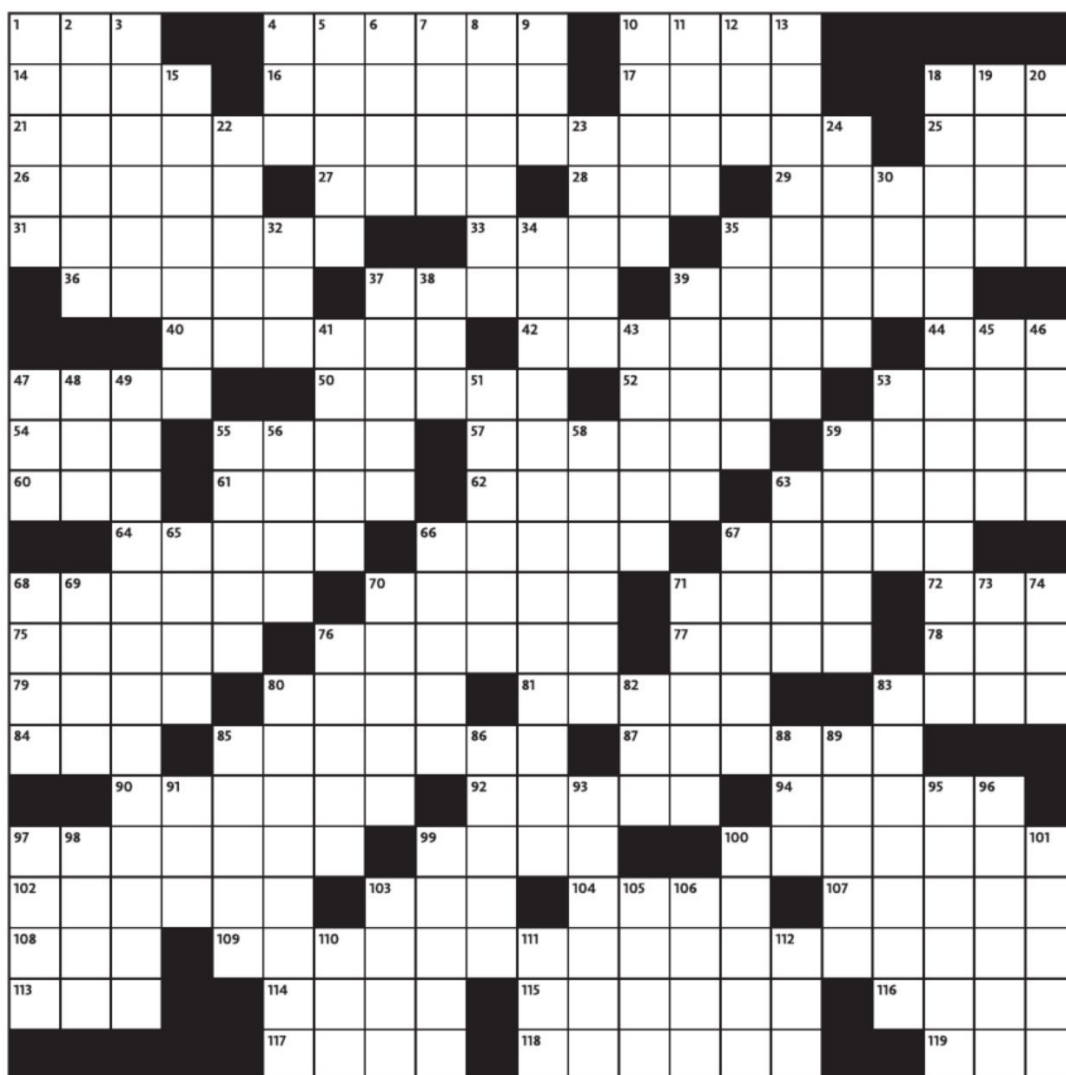
En Español:
800.858.5525
From Mexico:
001.800.252.7522

Alaska Airlines
Vacations:
844.762.0087
vacations.alaska-air.com

SACK OUT

ACROSS

- 1 Gorilla
- 4 Boot reinforcement
- 10 Salve
- 14 Chip's cartoon pal
- 16 Unmask
- 17 Sandwich cookie
- 18 *Exodus* character
- 21 The Tokens tune, with "The"
- 25 Sun. follower
- 26 From Cork
- 27 Bigfoot's kin
- 28 Conveyed
- 29 Nab
- 31 Crowd in around
- 33 Mix
- 35 Smudge maker
- 36 Perry's secretary
- 37 Certain print, shortly
- 39 Sana resident
- 40 "Mama" Cass ____
- 42 Sneaks away
- 44 Knows how
- 47 Spasms
- 50 Skin on the head
- 52 Corrosive liquid
- 53 Masculine
- 54 Spanish year
- 55 Athlete-training org.
- 57 Singer Kitt
- 59 Actor Sal ____
- 60 Veldt antelope
- 61 Baseball's Mondesi
- 62 Expel
- 63 Traveled by bus
- 64 Herman's Hermits surname
- 66 Mowed row
- 67 Rock bottom
- 68 Adjust
- 70 ____ Vice
- 71 Pantry items
- 72 Shade spreader
- 75 Milk farm
- 76 Fabled lumberjack
- 77 ____ Legal?
- 78 Tire input
- 79 Fish eaters
- 80 *Mona* ____
- 81 Roof type
- 83 Little rascals
- 84 Egg quaff
- 85 Southwestern saloon
- 87 Common phrases
- 90 Disgraces
- 92 Flabbergast
- 94 ____ corgi
- 97 Plans
- 99 Cain's sibling
- 100 Tranquilizes
- 102 Looked slyly
- 103 Before now
- 104 Chess term
- 107 Immobile
- 108 Byron product



- 109 1951 Gene Nelson musical
- 113 Vim
- 114 Chicken pen
- 115 Inspire wrath in
- 116 Peddle
- 117 ____-slapper (joke)
- 118 Worshipper
- 119 Ike's initials

DOWN

- 1 Impromptu
- 2 Matched
- 3 Mumford of *Lone Star*
- 4 ____ Aviv
- 5 Wild daisy
- 6 Duel weapon
- 7 Native Egyptian
- 8 Pitch in
- 9 Stroke gently
- 10 Foolish error
- 11 Moistureless
- 12 Relay portion
- 13 ____ Ali
- 15 Preserves (fodder)
- 18 Cherished desire
- 19 Red bloom
- 20 Prelim. part
- 22 Turtle house
- 23 Mishmashes
- 24 Llano's lack
- 30 Bolted
- 32 *Me and My* ____
- 34 Day/Raitt film
- 35 Old photo color
- 37 Homegrown
- 38 Give-go link
- 39 Pleasure craft
- 41 Edition
- 43 ____-22
- 45 Nautical position
- 46 Lighting gas
- 47 Chasing game
- 48 Lodging
- 49 Insomniac's remedy?

- 51 Elbowroom
- 53 Skirt length
- 55 Satire
- 56 Rational
- 58 Site for rods and cones
- 59 Among
- 63 Hindu princess
- 65 Belongs to us
- 66 Biblical peak
- 67 Child of Japanese immigrants
- 68 "... ____ of thieves"
- 69 Tropical tuber
- 70 Vital things
- 71 Diacritical mark
- 73 Mouth rim
- 74 ____ *Doubtfire*
- 76 Twining plant stems
- 80 Defeated incumbent
- 82 Show ____
- 83 Staten and Coney
- 85 Desert transport
- 86 Powerful person

- 88 Promise to repay
- 89 The press
- 91 Ship's pronoun
- 93 Marzipan nut
- 95 Brooded
- 96 Royal messenger
- 97 Pig's food
- 98 Relinquish
- 99 Yawning
- 100 Twill fabric
- 101 Mode
- 103 ____ vera
- 105 Hendrix hairdo
- 106 Aspen lift
- 110 Chaney of chillers
- 111 Positive response
- 112 Above, to a bard

SOLUTION ON PAGE 187.

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LADDERGRAM

First, write the word that fits the first definition into space 1. Then drop one letter and rearrange the remaining letters to form the answer to definition 2. Drop one more letter, rearrange and get the answer to definition 3. Put the first dropped letter into the box to the left of space 1 and the other dropped letter into the box next to space 3. When you have correctly solved the puzzle, the dropped letters on the left and right, when read down, will spell out related words.

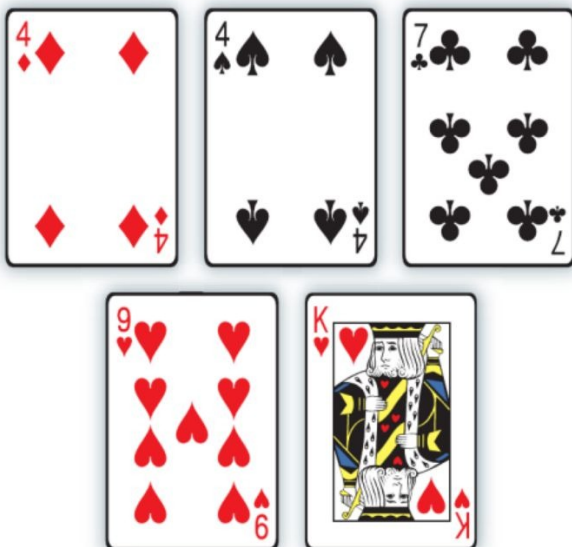
1.	2.	3.	
4.	5.	6.	
7.	8.	9.	
10.	11.	12.	
13.	14.	15.	
16.	17.	18.	
19.	20.	21.	

DEFINITIONS

- Commended highly
- Tarantula, for one
- Haughtiness
- Give moral advice
- Inexpensive
- Flowing outer garment
- Three-legged chair
- Capital of Norway
- Musical tone after fa
- 1800s English naturalist
- Depicted in a sketch
- Mend, as socks
- Traveled via ship
- Utopian
- Guide the way
- Horror-film creature
- Minister's delivery
- code
- Reacted to shocking news
- Summoned, as in a hotel lobby
- Copied

CARD SENSE

Five playing cards were shuffled and put in a pile, one on top of another. Using the clues, can you identify each card's position in the pile?



- A four is somewhere above both hearts.
- The spade is somewhere below the seven.
- The club is somewhere below the nine.
- The two black cards are not adjacent.

ANAGRAM MAZE

The diagram contains 36 words, 21 of which are anagrams of other everyday words. Start at the top arrow and anagram OWNS. While solving, move up, down, right or left to the only adjacent word that can be anagrammed. Continue until you arrive at the bottom arrow. There is only one path through the maze.

1 HEAR	2 ARID	3 RIPE	4 VANE	5 MALT	6 OWNS
7 ACME	8 LUCK	9 LESS	10 FAST	11 NUTS	12 NEWT
13 WHAT	14 DROP	15 MUCH	16 MINK	17 CELL	18 HOOT
19 GRIT	20 BEAU	21 RELY	22 CAPE	23 RAPS	24 AFAR
25 HAVE	26 TINY	27 MAZE	28 MAKE	29 DIET	30 WOOL
31 CARS	32 DOES	33 NEWS	34 KNEE	35 COAL	36 KNOW

SOLUTIONS ON PAGE 187.

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Complete each sudoku grid by placing a number in each box so that each row, column and small nine-box square contains the numbers one to nine exactly once. **Solutions on page 187.**

DIFFICULTY: **EASY**

8			6	2			1	9
		9			8	3		
7	1		4			2		
5					2	6	4	
4			1		5			3
	8	1	3					2
		6			9		3	5
		4	8			1		
3	2			5	1			6

DIFFICULTY: **MEDIUM**

		9	3				5	
6			9	5	1			
5		1				9		2
		7			2		6	5
	6			4			7	
4	1		7			2		
1		2				6		7
			2	8	5			9
	9				7	5		

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CROSSWORD ON PAGE 180.



SUDOKU ON PAGE 184.

DIFFICULTY: EASY

8	4	3	6	2	7	5	1	9
2	6	9	5	1	8	3	7	4
7	1	5	4	9	3	2	6	8
5	3	7	9	8	2	6	4	1
4	9	2	1	6	5	7	8	3
6	8	1	3	7	4	9	5	2
1	7	6	2	4	9	8	3	5
9	5	4	8	3	6	1	2	7
3	2	8	7	5	1	4	9	6

DIFFICULTY: MEDIUM

8	7	9	3	2	4	1	5	6
6	2	4	9	5	1	7	3	8
5	3	1	8	7	6	9	4	2
9	8	7	1	3	2	4	6	5
2	6	3	5	4	9	8	7	1
4	1	5	7	6	8	2	9	3
1	5	2	4	9	3	6	8	7
7	4	6	2	8	5	3	1	9
3	9	8	6	1	7	5	2	4

BRAIN BOOSTER PUZZLES ON PAGE 182.

LADDERGRAM

A	1. PRAISED	2. SPIDER	3. PRIDES	S
R	4. PREACH	5. CHEAP	6. CAPE	H
T	7. STOOL	8. OSLO	9. SOL	O
I	10. DARWIN	11. DRAWN	12. DARN	W
S	13. SAILED	14. IDEAL	15. LEAD	I
T	16. MONSTER	17. SERMON	18. MORSE	N
S	19. GASPED	20. PAGED	21. APED	G

CARD SENSE

The top card is not the nine or king of hearts (clue 1), four of spades (clue 2), or seven of clubs (clue 3); it is the four of diamonds. The nine of hearts is somewhere above the seven of clubs (clue 3), which is somewhere above the four of spades (clue 2). By clue 4, a red card is between the seven of clubs and the four of spades, so the nine of hearts is second from the top, the seven of clubs is third, the king of hearts is fourth, and the four of spades is fifth. In summary from top to bottom: four of diamonds, nine of hearts, seven of clubs, king of hearts, four of spades.

ANAGRAM MAZE

The path through the maze, with just one anagram given for each, is: 6. snow; 12. went; 11. stun; 10. fats; 4. nave; 3. pier; 2. raid; 1. hare; 7. came; 13. thaw; 14. prod; 15. chum; 21. lyre; 22. pace; 23. spar; 29. tied; 35. cola; 34. keen; 33. sewn; 32. dose; 31. scar.

1	2	3	4		6
7			10	11	12
13	14	15			
		21	22	23	
				29	
31	32	33	34	35	

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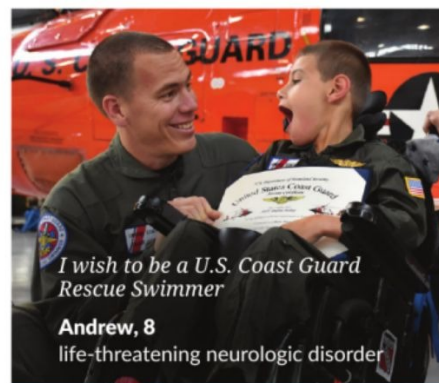


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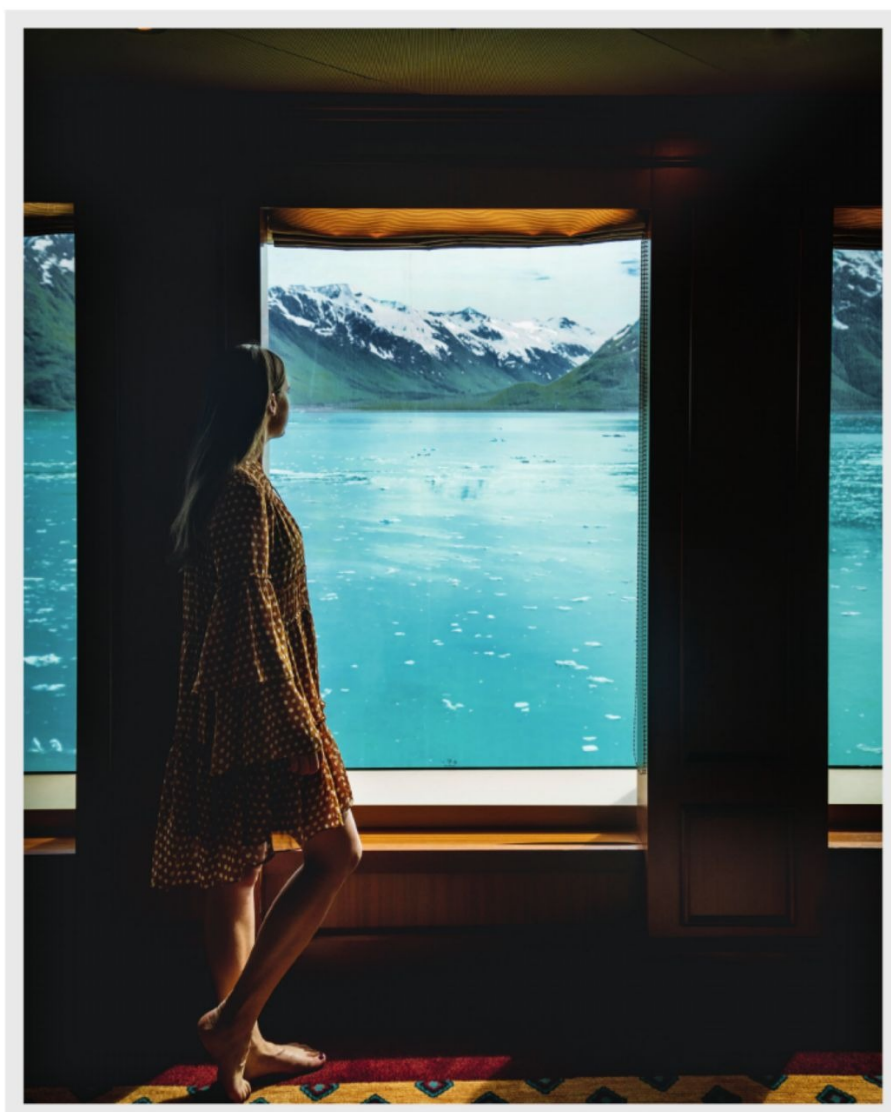
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