

Alaska BEYOND »

MAGAZINE JULY 2018

DAVE MATTHEWS

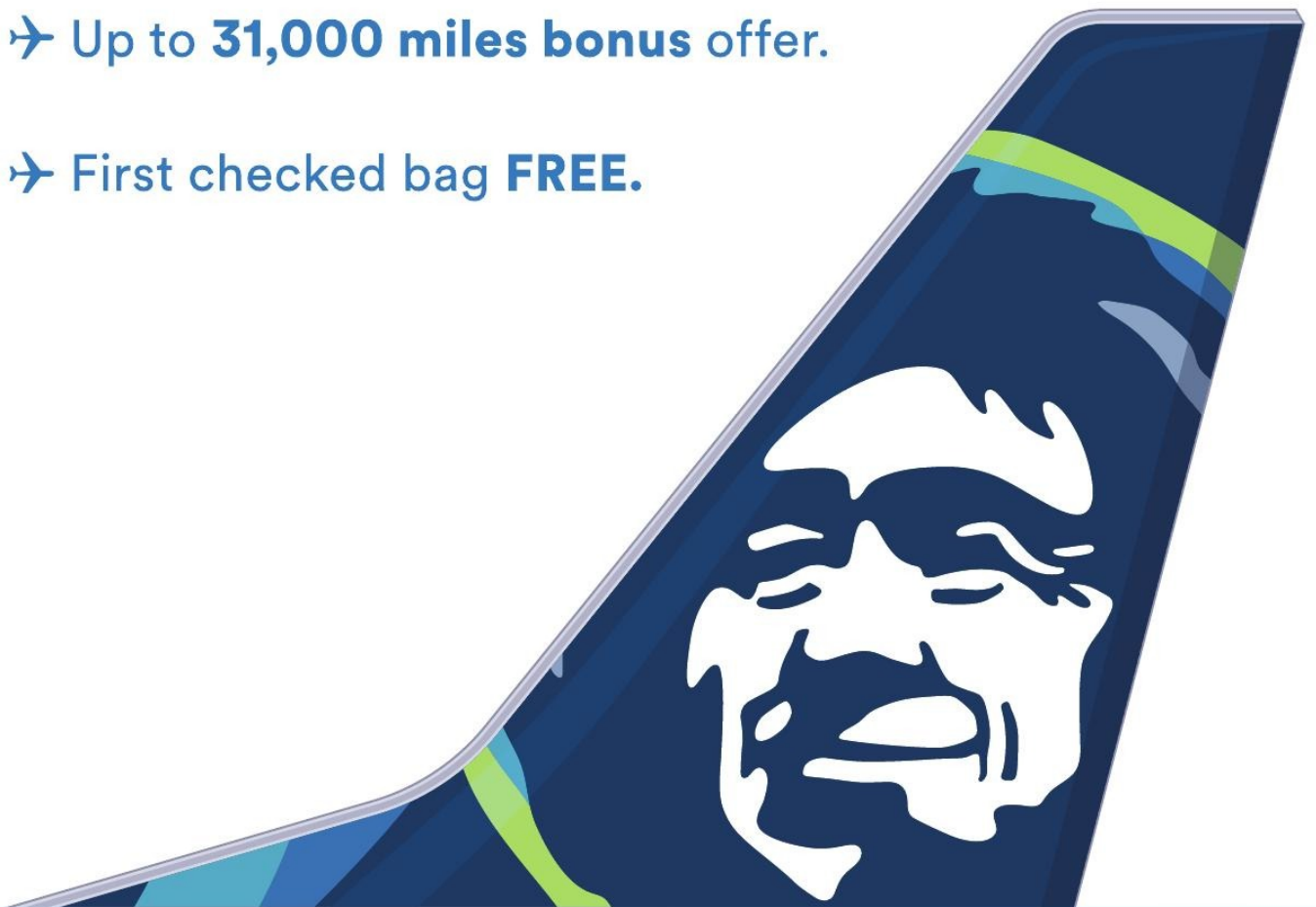
YESTERDAY, TODAY AND "COME TOMORROW"

NATIVE VOICES
Alaska artists with
unique perspectives
PAGE 90

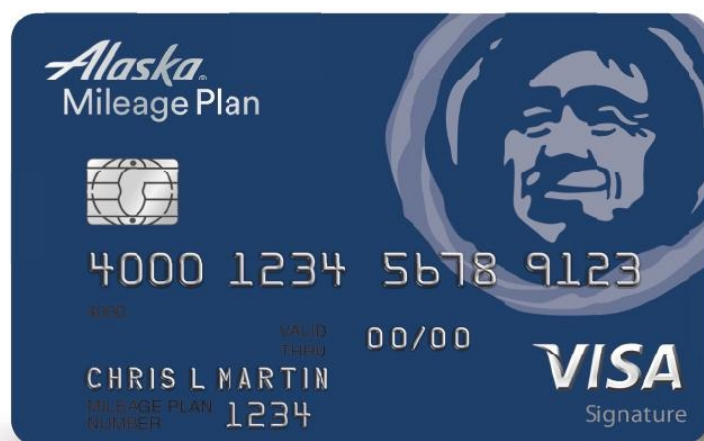
BRILLIANT BEIJING
China's capital, from the
Great Wall to the Bird's Nest
PAGE 142

FLY TWO-FOR-ONE? OH HELLO, ALASKA.

- ✈ **Buy one ticket, get one** for just taxes & fees, after qualifying purchases.
- ✈ **3x miles** on Alaska Airlines purchases; **1 mile** for every dollar spent on all other purchases.
- ✈ Up to **31,000 miles bonus** offer.
- ✈ First checked bag **FREE**.



Buy One ✈ ticket ✈ Get One for just the taxes & fees



Introductory Offer

To apply, visit
AlaskaOffer.com

Alaska
AIRLINES

The benefits described herein are subject to certain restrictions, limitations and exclusions. For more information about rates, fees, other costs and benefits of this credit card, or to apply, visit AlaskaOffer.com and refer to the disclosures accompanying the application. This credit card program is issued and administered by Bank of America, N.A. Visa and Visa Signature are registered trademarks of Visa International Service Association and are used by the issuer pursuant to license from Visa U.S.A., Inc. ©2018 Bank of America Corporation



Kirk Currey
Equipment
Sales Rep.
Anchorage Branch



Deryl Box
Equipment
Sales Rep.
Fairbanks branch

Volvo A40G and A45G Artic Haulers; Fairbanks, Alaska



Anchorage, Alaska

907.563.3822

800.478.3822

Fairbanks, Alaska

907.455.9600

Juneau, Alaska

907.780.4030

888.399.4030

Ketchikan, Alaska

907.247.2228

877.847.2228

Heavy-duty equipment requires heavy-duty commitment. That means a product you can depend on. A dealer you can rely on. A commitment to helping you do what you do - better. Volvo does it by pushing the boundaries of engineering, performance, and technology. We do it by helping you get the job done.



Construction Machinery Industrial, LLC

PUSH BOUNDARIES.

Volvo Construction Equipment



You'll be back
on the ground
shortly.

Hopefully,
you'll make
better use of
it this time.



NORTHERNQUEST.COM | 877.871.6772 | SPOKANE, WA



WE'LL HELP **YOU**
FIND A PLACE TO **LAND.**

Find your agent at [remax.com](https://www.remax.com)

©2018 RE/MAX, LLC. All rights reserved. Each office is independently owned and operated. 18_300186

INSIDE»

Dave Matthews

Music, family and love guide a stellar rock career.

By Andrew Waite

80



JULY 2018

99 New in LA

Distilleries, boutique shops and more.

By Matt Jaffe

150 Here & Now: Seattle

West Seattle: Parks, beaches and water activities.

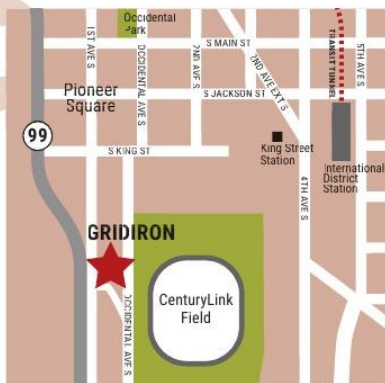
By Linnea Westerlind



New Condos In Seattle's Pioneer Square MOVE IN NOW!

GRAND OPENING! CALL TODAY TO SCHEDULE A TOUR!

Gridiron: Well-positioned next door to the future Stadium Plaza park on the Seattle Waterfront and in Seattle's Pioneer Square, home to iconic heritage architecture, a vibrant arts culture, and excellent restaurants and shopping. Sheathed in glass, atop the historic Seattle Plumbing Building, the brand new Gridiron condos are built with 21st century concrete and steel construction. Designed with clean lines and high-end finishes, these homes complement their historic setting. Exclusive amenities include a rooftop deck, fitness room, wine storage and elegant entertainment spaces with stunning views of Seattle's skyline and Elliott Bay! Garage parking and bike storage available. Call for details.



Prices subject to change without notice.

Gridiron: Well-positioned next door to the future Stadium Plaza park on the Seattle Waterfront and in Seattle's Pioneer Square, home to iconic heritage architecture, a vibrant arts culture, and excellent restaurants and shopping. Sheathed in glass, atop the historic Seattle Plumbing Building, the brand new Gridiron condos are built with 21st century concrete and steel construction. Designed with clean lines and high-end finishes, these homes complement their historic setting. Exclusive amenities include a rooftop deck, fitness room, wine storage and elegant entertainment spaces with stunning views of Seattle's skyline and Elliott Bay! Garage parking and bike storage available. Call for details.



**DANIELS
REAL ESTATE**

"Always Exceptional, Never Ordinary"

GRIDIRON

590 FIRST AVENUE

GRIDIRON CONDOS.COM

FROM THE LOW **\$600,000s**

Visit us at 590 1st Ave S

Seattle, WA 98104

Models Open Daily 11-5

206.258.8315

erik mehr
& ASSOCIATES





47 *The Mix* Director Naima Ramos-Chapman at BlackStar Film Festival.



150 *Seattle* Getting out on the water.

WELCOME

- 11 A message from
CEO Brad Tilden.

IN THE KNOW

- 15 **What's New**
The latest from
Alaska Airlines.
- 19 **People Behind the Spirit**
Sherrie Fleming and
Scott Forbes.
- 25 **Community**
Remembering the fallen.

- 27 **Crew Tips**
Music for travelers.

- 29 **Inflight Entertainment**
Love over hate in *Big Sonia*.

- 31 **Partner Product Review**
Hainan Airlines' Business
Class and its new HNA Club.

- 33 **Old School**
Alaska Airlines' Friendship
Flight to the Soviet Union.

ON POINT

- 37 **Fresh Takes**, Tom Douglas
41 **View**, Bridget Veltri
43 **Savvy Traveler**, Johnny Jet

THE FEED

- 47 The Mix
57 In Focus
58 #WeekendWanderer
62 When in Los Cabos
65 Out & About Baltimore
69 Plates & Pours
73 Looks
75 Finds
77 In Play
79 Wheels

NEAR & FAR

- 134 **City of Fountains**
Kansas City culture shines
with art, jazz and barbecue.
- 142 **Brilliant Beijing**
From the Great Wall to
a next-gen stadium.

HERE & NOW

- 150 Seattle
158 California
162 Portland
168 Alaska

FEATURES

- 90 Native Voices: Alaska artists
infuse their works with
unique perspectives.
- 99 New in LA: Distilleries,
boutique shops and soccer.
- 108 Resort Living: Vacation
properties that let owners
relax.

HAWAII

- 120 Home Getaways: The
Islands lifestyle.

FLYER GUIDE

- 177 **Alaska Airlines
Flyer Guide**
Travel tips, air safety, flight
information, Mileage Plan,
route maps, vacations and
more.
- 196 Games
204 #iFlyAlaska

ON THE COVER

Singer-songwriter Dave
Matthews.

Photo: Brantley Gutierrez.

Volume 42, No. 7

Publisher Mimi K. Kirsch

Editor-in-Chief Paul Frichtl

Senior Editor Michele Andrus Dill

Associate Editors Jeff Bond, Ben Raker,
Andrew Waite

Assistant Editor Lara Hallock

Interim Assistant Editor Lora Shinn

Editorial Interns Megan Campbell, Dannie Ray,
Sophia Scheer, Kaylee Strachan, Michaela Ware

Contributors David Armstrong, Sandra A. Berry,
Kate Calamusa, Ben Davidson, Tom Douglas,
Bengt Halvorsen, Craig Hill, Tiffany Hill, Matt Jaffe,
Brad Japhe, Johnny Jet, Eva Leonard, Marc Lester,
Madeline Lu, M. Scott Moon, Alex Pulaski,
Jenny Quill, Naomi Tomky, Jacob Utti,
Margo Vansynghel, Ken Van Vechten, Bridget Veltri,
Linnea Westerlind, Allyson Wilson

Art Directors Margaret Elson, Nancy O'Connell

Associate Art Director Ellen Ordóñez

Production Director Paul Frichtl

Advertising Production Manager Theresa Santucci

Design & Production Specialist Rosie Gaynor

CEO Edward B. Kirsch

Accounting Manager Holly L. Genest

Advertising Data Wrangler Liz Borovik

Office Coordinator Courtney Evans

Coordinator for Alaska Airlines Elliott Pesut

SALES OFFICES

2701 First Avenue, Suite 250, Seattle, WA 98121;
206-441-5871; fax 206-448-6939
email sales@paradigmccg.com

Advertising Director: Kenneth J. Krass, ext. 11

Western Washington/Eastern Washington/
Florida/Canada: Becca Conversano, ext. 21

Western Washington/Illinois:
Stephany Angelacos, ext. 13

Oregon/Idaho/Montana/Colorado/Utah/Michigan:
Clay M. Schurman, ext. 33

California/Arizona/Nevada/New Mexico/Texas:
Yael Kallin, ext. 27

Alaska: Duane Epton, 3705 Arctic Blvd., #452,
Anchorage, AK 99503; 907-561-2450,
fax 907-344-7262

East Coast/Mexico: Kenneth J. Krass, ext. 11

Hawai'i: Debbie Anderson, 808-739-2200,
fax 808-739-2201



alaskabeyondmagazine.com

Alaska Beyond Magazine (ISSN 0199-0586), the monthly
inflight magazine of Alaska Airlines, is published by
Paradigm Communications Group, at 2701 First Avenue,
Suite 250, Seattle, WA 98121. Copyright ©2018 by Paradigm
Communications Group, all rights reserved. No part of this
magazine may be reproduced without permission of the
publisher. Subscriptions: \$65 in the U.S.; \$70 elsewhere.
Single-copy price: \$8. Photocopy of individual articles:
\$3.50. Publisher assumes no responsibility for
return of unsolicited manuscripts or art. Printed
in the U.S.A. Postmaster: Send address changes
to Alaska Beyond Magazine, 2701 First Avenue,
Suite 250, Seattle, WA 98121-1123.



Manny's

mannyssteakhouse.com

MINNEAPOLIS, MN
612.339.9900

PROPRIETORS: Phil Roberts, Peter Mihajlov
& Kevin Kuester

Grill 225

grill225.com

CHARLESTON, SC
843.266.4222

PROPRIETOR: Nick Palassis
EXECUTIVE CHEF: Demetre Castanas

**Benjamin Steak House
+ Benjamin Prime**

benjaminsteakhouse.com

NEW YORK, NY
212.338.0818

PROPRIETORS: Benjamin Prelvukaj &
Benjamin Sinanaj

**McKendrick's
Steak House**

mckendricks.com

ATLANTA, GA
770.818.6346

PROPRIETORS: Claudia & Doug McKendrick
CHEF: Tom Minchella

Malone's

malonesrestaurant.com

LEXINGTON, KY
859.335.6500

PROPRIETORS: Brian McCarty & Bruce Drake

Metropolitan Grill

themetropolitangrill.com

SEATTLE, WA
206.624.3287

PROPRIETOR: Ron Cohn

**RingSide
Steakhouse**

RingSideSteakhouse.com

PORTLAND, OR
503.223.1513

PROPRIETORS: Jan, Scott & Craig Peterson

**St. Elmo
Steak House**

stelmos.com

INDIANAPOLIS, IN
317.635.0636

PROPRIETORS: Steve Huse & Craig Huse

Elway's

www.elways.com

DENVER, CO
303.399.5353

PROPRIETORS: John Elway & Jennifer Wiard

Great
STEAK HOUSES
OF
North America™
INDEPENDENT & ICONIC
EST. 1994

The Ultimate Steak Experience!

INDEPENDENTLY OWNED & OPERATED
www.GreatSteakofNA.com



"For the first time, I began losing weight and keeping it off. No more roller-coaster dieting."

Photos: Arlene Chambers



**Be your best.
Feel strong & vibrant.
Awaken ageless beauty.**

Step into our time machine and roll back the years with our step-by-step rejuvenation program. Together with our experts, you will look and feel your best in just 10 weeks.

**MY
Best
10™**

**Get started today!
Call 1.877.497.6210
mybest10.com**

10 WEEKS TO YOUR BEST YOU!

As the mother of two wonderful, teenage children, I lead a full life. I love traveling, watching the UW Huskies, family dinners, and nights out with my fiancé and friends. I also enjoy gardening and walking my dog. Although I maintained a healthy diet, my workouts were sporadic and I struggled to lose weight.

After learning about My Best 10, I felt that it was a program where I could actually succeed because it is so comprehensive. With the nutritional guidance, personal training, emotional support, along with the spa and beauty pampering, I felt like the program was put together just for me. I'd be able to lose the weight I wanted, feel good, and have a sustainable plan going forward.

The program exceeded my expectations. In particular, the personal training became a game-changer for my weight loss. The three-days-a-week commitment and comprehensive workouts kept me motivated and on track. My trainer and I set weight loss goals and six-days-a-week workout goals, as well as creating workouts I could do on my own.

I also learned a lot about how to pair foods from my registered dietitian. Although I felt I already knew a lot about nutrition, there were some key things that I wasn't doing which turned out to be instrumental to my weight loss and future meal-planning.

In the third week of the program, I began shedding weight. I realized that, in the past, I'd always been on a roller coaster, alternating between gaining and losing the same 5-10 pounds. For the first time, I began losing weight and learning how to maintain the weight loss.

The advice I would give anyone starting out in the program is not to get discouraged if you don't see an immediate weight loss. I was initially worried that I didn't see any changes with the hard work I was putting in but, sure enough, at just about the three-week mark, I began losing weight fast. The other piece of advice I'd share is to take full advantage of everything My Best 10 has to offer – the full spa access at all times, a personal locker, and recipes on how to prepare meals for every stage of the program, to mention just a few.

My Best 10 has now become a way of life. It taught me that if I apply what I learned from my caring registered dietitian and personal trainer, I can achieve my long-term goals. I now have the tools and resources I need. Thank you, My Best 10!

LET YOUR BUSINESS WORK FOR YOUR WEEKENDS.

Earn miles on business spending.
Use them on vacation taking.



Alaska
Mileage Plan

Business card benefits:

30,000 bonus miles | Free checked bag | Annual companion fare offer

Visit Bankofamerica.com/akbizcardmag
or ask an Alaska employee.

The Visa Business Card benefits described herein are subject to certain restrictions, limitations and exclusions. For more information about the rates, fees, costs and benefits of this credit card, visit bankofamerica.com/akbizcardmag and refer to disclosures accompanying application. This credit card program is issued and administered by Bank of America, N.A. Visa and Visa Signature are a registered trademark of Visa International Service Association, and is used by the issuer pursuant to license from Visa U.S.A., Inc. ©2018 Bank of America Corporation. ARQLRC3G

WELCOME»



Kennie Luu.



Brad Tilden,
Chief Executive
Officer

ONE OF THE BEST: KENNIE LUU

» Chances are, if you've flown through Seattle, you've seen and may even know Kennie Luu. He's the guy with the smile a mile wide. His English is a little broken, but his heart is pure gold. If you need something, he wants to help you.

Let me tell you more about Kennie. His given first name is Khang, and he was born in Vietnam. His father was a university professor, and his mother raised him and his four brothers. In 1983, the family made the difficult decision to flee their homeland, which had come under communist rule. Assisted by The Salvation Army, the family spent three months in a refugee camp in Thailand before traveling to the United States. Aside from some clothing and a pair of shoes, Kennie left behind all that he had known, in search of a better life. He was 16 years old and recalls that his family didn't even have a dollar in their pockets.

Kennie's family flew to San Francisco and then boarded a second flight to Seattle, where an aunt had offered them a temporary place to stay. Sometimes, it's the little things one remembers: Kennie recalls asking a flight attendant for 7UP on that

flight, and he and his brothers enjoyed their first taste of America—with all the refills they wanted!

Kennie and his family moved into an apartment in Seattle's Central District. His father and mother, who each spoke three languages, got jobs and began to educate their boys. Eventually they were able to afford a home in West Seattle. Kennie and his brothers settled into their new lives in America.

After graduating from high school, Kennie learned to operate a printing press at a nearby community college. That led to his first job at Alaska Airlines, in our graphics resources department, in 1991. He moved to the Seattle ticket counter in 2004, and has been there ever since.

In all, Kennie has been with Alaska Airlines for 26 years. He has near perfect attendance and works diligently. He allows himself a vacation once a year—often to the Bahamas or Hawai'i. Kennie's brother David, and sister-in-law Mihee, also work for Alaska.

By now you're wondering why I'm telling you about Kennie. Each year, Alaska recognizes the best of the best of our people with the Customer

» WELCOME

Service Legend Award—the highest honor an employee can receive. Kennie was selected with 14 others for recognition in 2018. Our Legends are the top quarter of 1 percent of all the people who have ever worked for our airline.

Today, Kennie has two sons of his own, who both have attended college. One works in music production, and the other is studying architecture at the University of Washington.

English is very natural for Kennie's kids, but not for Kennie himself. In fact, at one time he doubted that he'd make it at Alaska, because English is not his first language. But where words fail him, his smile and humor more than make up for it. He's a customer favorite and is

often called upon to translate for guests who need an interpreter. He says he does sometimes have people scratching their heads because they don't fully understand him—like the time he asked a group of flight attendants if they were going to Albuquerque, and they thought he said, "Would you like a cookie?"

Kennie's story reminds me that we shouldn't take anything for granted. I don't talk about this often, but I have a small airplane that I keep in a small hangar at Boeing Field. In that hangar is a large American flag. Each time I fly, I look at the flag, and I think of the incredible liberties and opportunities that our great country, with all of its faults, provides to each of us.

Kennie Luu, for me, is a fantastic reminder of these things. America is a much better place because we have opened our arms and welcomed people such as Kennie Luu and his family into the fold.

Congratulations, Kennie. I'm glad your family came to America; I'm incredibly grateful that you became a member of our team; and I'm happy that you're here today, brightening people's days and encouraging all of us to be our best.

Each month we profile one or more of our Legends in this magazine. Turn to pages 19 and 23 for two Legend profiles this month.

» BIENVENIDO



Brad Tilden,
Jefe Ejecutivo

UNO DE LOS MEJORES: KENNIE LUU

» **Es muy probable** que si ha volado vía Seattle, haya visto y tal vez conozca a Kennie Luu. Kennie es el hombre con la sonrisa que abarca una milla. Su inglés tiene un poco de acento, pero su corazón es de oro puro. Si alguien necesita algo, él sin duda lo ayudará.

Permítame contarle algo más acerca de Kennie. Su nombre de pila es Khang y nació en Vietnam. Su padre fue un profesor universitario y su madre lo crio a él y a sus cuatro hermanos. En 1983, su familia tomó la difícil decisión de abandonar su tierra natal que se había unido al régimen comunista. Con la ayuda del Ejército de Salvación, pasaron tres meses en un campo para refugiados en Tailandia antes de viajar a los Estados Unidos. Salvo algo de ropa y un par de zapatos, Kennie dejó atrás todo lo que conocía, en busca de una vida mejor. Él tenía solo 16 años y recuerda que su familia no tenía ni un dólar en los bolsillos.

La familia de Kennie voló primero a San Francisco y luego abordaron un segundo avión hasta Seattle, donde una tía les había ofrecido un lugar para quedarse temporalmente. A veces son esas pequeñas cosas las que uno recuerda. Kennie recuerda que le pidió un 7UP a una de las sobrecargos durante el vuelo. Él y sus hermanos disfrutaron del primer sabor de Estados Unidos

iy además podían repetir las veces que quisieran!

Kennie y su familia se mudaron a un apartamento en el Central District de Seattle. Su padre y su madre, que hablaban tres idiomas, consiguieron trabajo y comenzaron a brindarles una educación a sus hijos. Con el tiempo, pudieron comprar una casa en West Seattle. Kennie y sus hermanos se adaptaron rápidamente a su nueva vida en Estados Unidos.

Luego de graduarse de la escuela secundaria, Kennie aprendió a operar la imprenta en la universidad de una comunidad cercana. Eso lo ayudó a conseguir su primer trabajo con Alaska Airlines, en nuestro Departamento de Diseño Gráfico en 1991. En el 2004, decidió continuar aprendiendo y optó por moverse al mostrador en Seattle, donde trabaja desde entonces.

En total, hace 26 años que Kennie trabaja para Alaska Airlines. Tiene una asistencia casi perfecta y además trabaja muchísimo. Toma vacaciones una vez al año, a menudo en Bahamas o Hawái. El hermano de Kennie, David, y su cuñada, Mihee, también son empleados de Alaska.

A estas alturas, usted debe preguntarse por qué le cuento tanto sobre Kennie. La razón es esta: cada año, Alaska reconoce a lo mejor de lo mejor de nuestra gente, otorgando el premio a la Leyenda de Servicio al Cliente (Customer Service Legend

Award), el más alto honor que un empleado puede recibir. Kennie fue elegido junto a otras 14 personas para recibir este reconocimiento en 2018. Nuestras leyendas son el mejor cuarto del 1 por ciento de todas las personas que han trabajado en nuestra aerolínea.

Kennie tiene dos hijos que han asistido a la universidad. Uno trabaja en producción musical, y el otro estudia arquitectura en la Universidad de Washington.

El inglés es natural para sus hijos, pero no para Kennie. De hecho, en un momento dudó de que pudiera irle bien en Alaska dado que el inglés no es su lengua materna. Pero cuando el idioma no lo acompaña, su sonrisa y buen humor lo compensan con creces. Es uno de los preferidos de los clientes y a menudo lo llaman para que actúe de traductor con clientes que necesitan un intérprete. Dice que a veces la gente parece confundida porque no lo entienden totalmente, como la vez en que les pregunto a un grupo de auxiliares de vuelo si iban a Albuquerque, y ellos pensaron que les había preguntado si querían un panqueque.

La historia de Kennie me recuerda que nunca debemos tomar nada por hecho. No hablo de esto con frecuencia, pero tengo un pequeño avión que guardo en un pequeño hangar en el Boeing Field. En ese hangar hay una enorme bandera de Estados Unidos. Cada vez que vuelo, miro la bandera y pienso en las increíbles libertades y oportunidades que nuestro gran país, con todos sus defectos, nos ofrece.

Kennie Luu es un ejemplo fantástico de estas cosas. Los Estados Unidos es un lugar mucho mejor porque hemos abierto nuestros brazos y hemos recibido en nuestro seno a personas como Kennie Luu y su familia.

Kennie, me alegra que tu familia haya venido a los Estados Unidos, siento una enorme gratitud porque seas parte de nuestro equipo, y me alegra que estés hoy aquí, alegrándole el día a la gente y lentándonos a todos a dar lo mejor. ✈

W



We asked prospective Foster Executive MBA students to share a little bit about themselves and their priorities. Their responses said a lot—not just about them, but also about what makes our program unique. A Foster EMBA offers:

- A dynamic, collaborative learning environment.
- Enhanced leadership and strategic thinking skills.
- Flexible scheduling, meeting once a month in Seattle.
- Connections to a robust professional network.

So if you're thinking what we're thinking, it's time we meet.

DID A LIGHTBULB JUST GO OFF?

Learn more at foster.uw.edu/EMBA

For information on all of our work-compatible MBA programs, visit foster.uw.edu/fostermba

FOSTER
SCHOOL OF
BUSINESS
UNIVERSITY of WASHINGTON

Vegan, pescatarian or carnivore?



We've got you covered.

Seastar Restaurant & Raw Bar

Featuring elevated options for everyone.



205 108th Ave NE, Bellevue, WA 98004 * 425-456-0010 * seastarrestaurant.com



IN THE KNOW»

WHAT'S NEW: ALASKA TAKES IT TO 11

» **Eleven straight years.** That's now the length of Alaska's ranking as the "Highest in Customer Satisfaction Among Traditional Carriers in North America," as reported in the J.D. Power 2018 North America Airline Satisfaction Study, released in late May.

"To earn this award for 11 years is a fantastic tribute to our people, especially as we worked to integrate two airlines," said Alaska Airlines CEO Brad Tilden, upon learning of this year's award.

The study measures the satisfaction of business and leisure travelers who flew a major North American carrier between April 2017 and March 2018. Alaska ranked highest among traditional airlines, with an overall score of 775 (the segment average was 741). Alaska also scored highest of any traditional airline across five categories, including aircraft; cost and fees; boarding/deplaning/baggage; flight crew; and check-in.

Over the last year, Alaska invested in updates to the guest experience, including completing the rollout of Premium Class on most of its Boeing fleet. Guests flying Premium Class

receive more legroom, early boarding, and a complimentary snack and drinks. In the past year, Alaska Airlines also added 15 spacious, three-class-cabin E175s to its Horizon Air fleet.

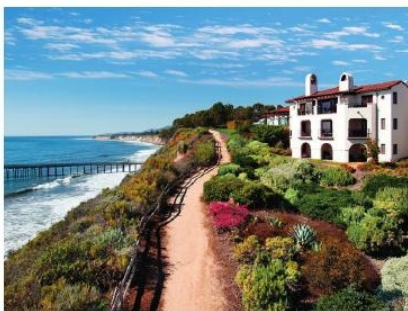
Alaska continues to make investments in its guests' experiences, with the addition of high-speed satellite connectivity; more free movies and TV content; new First Class and Main Cabin menu items; new craft beers and local wine selections; and, expected later this summer, new Alaska Lounge experiences that include on-site baristas.

"Ranking No. 1 in this study is a fantastic reminder that we are moving in the right direction," said Tilden.

For additional J.D. Power 2018 award information, visit jdpower.com/awards.



INTRODUCING MILEAGE PLAN HOTELS



» **Alaska's award-winning Mileage Plan** has become even more rewarding for members, thanks to an expanded partnership with hotel-booking site Rocketmiles.

The ability to redeem miles for hotel stays was one of the most requested features

among Mileage Plan members, and the introduction of Mileage Plan Hotels makes that possible. Members can choose to pay for hotel stays using money, miles or a combination of money and miles—all on one platform.

Additionally, members earn between 500 and 10,000 Mileage Plan miles per night when paying money for hotel stays through the Mileage Plan Hotels platform.

Mileage Plan Hotels provides members with more than 400,000 properties worldwide to choose from, including brand-name hotels, boutique properties, resorts and more.

To learn more about the program, or to use your Alaska miles for hotel stays now, visit mileageplanhotels.com.

STRAWLESS IN SEATTLE ... AND BEYOND

Alaska Airlines and the environmental nonprofit Lonely Whale recently announced the airline's initiative to replace single-use plastic stir straws and citrus picks with sustainable alternatives in the airline's airport lounges, and on all flights, starting July 16. The program is the first of its kind among U.S. airlines and is part of Alaska's broader effort to reduce per-passenger inflight waste to landfills by 70 percent by 2020.

Plastic straws are a special concern because most cannot be recycled and have impacts on birds and marine life. The straws will be replaced with Forest Stewardship Council-certified white-birch stir sticks. The picks will be replaced with a more-sustainable bamboo alternative. Nonplastic, marine-friendly straws will be made available to guests with special needs and upon request.

Since 2010, Alaska Airlines has reduced passenger waste to landfills by 54 percent. Flight attendants have collected 12,000 tons of recyclables, about the same weight as 244 Boeing 737-900ERs. Visit alaskaair.com/sustainability.



Shipping to Alaska or Hawaii?



We've got you covered!

Lynden can ship your freight to Southeast, Central and Western Alaska, and Hawaii. We're proud to offer reliable barge service to port communities throughout Alaska and the Hawaiian Islands. Wherever you need to ship, your goods will arrive safely and on schedule. You can rely on Lynden to create innovative solutions to your transportation challenges.

LYNDEN
Innovative Transportation Solutions

lynden.com | 1-888-596-3361

SIGNATURE BLUES

» A little color goes a long way, and Alaska's new signature onboard experience starts with a flash of blue.

Teammates at Virgin America have long known the impact of mood lighting, having used a red color scheme to help define that airline's unique brand over the last decade.

While the Boeing Sky Interior that's been featured on Alaska's recent deliveries of new aircraft has included a pale-blue lighting scheme, Alaska has moved to a signature look of its own, outfitting its newest iteration of interiors with a more intense six-setting lighting scheme that flight attendants can change at different stages of a flight, from boarding to food service to deplaning.

"Our main focus when designing our new lighting scenes was to create a comfortable and enjoyable environment for our guests," says Ashley Sharpe, manager of onboard guest products. "Data showed us that the colors we selected are best for creating a genuine, caring environment that is true to the Alaska brand."

The new color scheme is actually a matter of science, a journey that began in January 2012, when Alaska took delivery of its first 737-800 equipped with the Boeing Sky Interior.



"For the first time, we were able to introduce LED lights into the 737, as well as color capability," says Matthew Coder, Alaska's manager of inflight experience. "The new lighting architecture was designed specifically to enhance the interior look of the cabin, while simultaneously meeting the physiological needs of our guests and crew."

Alaska consulted industry experts, including a lighting scientist. The team analyzed the aircraft interior at different times of day to determine how the look and feel of the cabin changes with different outside ambient light. They then overlaid the Alaska brand lens to determine which colors worked best.

The colors easiest on people's eyes are those

that resemble natural light from the sun, Sharpe explains. Even when color is used to accent aircraft interiors, certain levels of natural coloring are blended in. At night, warmer colors are used with lower light intensities.

Lighting designers also took safety considerations into account, such as using lower light levels for takeoff and landing.

"Our goal is to create a comfortable experience for the many different flyers we have," Sharpe says. "Those who want to relax can, while those who are preparing for a business meeting can arrive energized and refreshed."

Alaska plans to outfit all of its Boeing, Airbus and Embraer aircraft with the blue mood-lighting scheme by late 2019.



EASY BOARDING

» On July 18, Alaska introduces a group boarding procedure aimed at simplifying the process. The procedure identifies which of five groups you belong to, and you'll simply approach the gate when your group is called and continue to your confirmed, assigned seat.

First, you'll see changes to the boarding-pass design, including larger fonts and a more streamlined presentation. Your gate number, boarding time and boarding group will be shown prominently on your boarding pass, as well as on your Alaska mobile app.

Gate announcements for boarding also will be more streamlined, and group-boarding

video displays will let you know when it's your group's time to board. Boarding begins 30 to 35 minutes before departure, starting with the preboarding of guests who need special services, families with children under age 2, active-duty military and First Class guests. Group boarding will then proceed as follows:

- A**— Million Milers, Alaska Mileage Plan MVP Gold 75K and MVP Gold status elites.
- B**— Alaska Mileage Plan MVPs, Premium Class.
- C**— Remaining guests seated in the back half of the aircraft.
- D**— Remaining guests seated in the front half of the aircraft. Easy as ABC, and D. ✈

THUNDER
SPRING
RESIDENCES

REFINED, BRIGHT, & INVITING SPACES INSIDE & OUT.
LOCATED IN THE HEART OF *LEGENDARY* **SUN VALLEY, IDAHO** | tsresidences.com

SUZANNE WILLIAMS | 208-720-3951

suzanne@sunvalleyrealestate.com

SALES OFFICE | 208-928-4618

SUN VALLEY REAL ESTATE, LLC / CHRISTIE'S



A POSITIVE FORCE

Sherrie Fleming, Trainer/Lead for Passenger Record Support, is a Legend of Customer Service

» **Finding solutions** might be what Sherrie Fleming does best. In her job as a trainer and lead for the Seattle-based Passenger Record Support department, where she has been employed most of her 28-year Alaska career, she is often found working compassionately with guests to smooth out issues before their flights, or preparing other agents to do so.

“We always want systems to work by themselves, but if there’s a hiccup, it’s our job to fix it and make sure everything is perfect before customers check in and fly,” Fleming says.

An experienced go-to leader who has been known to suggest useful process improvements to upper management, Fleming is also well-known for helping co-workers in need.

“I can’t turn my back if there’s a problem,” Fleming says. “We have a supportive team, and everybody feels the same way.”

Fleming—who is the mother of four adult children, as well as a grandmother—has earned the nickname “Mama Sherr” at work, for her tirelessly caring and helpful approach.

“Sherrie is clear with her directions and easily picks up on co-workers who might be in distress, to quickly come to their aid,” says Fleming’s direct supervisor, Alixx Pidding.

Outside of work, Fleming volunteers for solutions-oriented causes. Efforts to seek a cure and better treatments for cancer are especially close to her heart, she says, partly due to cancer’s past impacts on her relatives. Fleming and her family participate annually in the 3K walk option at the event Run of Hope Seattle, which raises money for pediatric brain tumor research.

Whether she’s helping co-workers, guests, family members or others in the greater community, Fleming enjoys making a difference in people’s lives.

“I do care,” Fleming says. “And caring is an important thing.” —Ben Raker



Sherrie Fleming.

QUESTIONS & ANSWERS

What do you enjoy about your job?

I love my job because it is challenging—there are a lot of tasks that we handle. I love Alaska Airlines and the people I work with, too. There is a true family feel. We take the time to know each other.

Where do you like to travel?

I’ve been many places over my years with Alaska. My favorite trip was to Prague with my husband, son and son’s friend. We stayed on an old riverboat docked where you could see the city and Prague Castle.

What do you pack when you travel?

I keep it simple. A lot of people overpack. I’m not one to carry a lot of things. First, I’ll always check a bag. In my carry-on, I’ll have an extra set of clothes, pajamas, my passport, Alaska Airlines credit card and cash.

What else should people know?

Last year, my husband and I bought a farm. When not leading trainings, I’m working from home in Ellensburg, in Eastern Washington. We have nine chickens, a miniature mule and five sheep. I’m looking for cows.

KUDOS FROM SHERRIE’S CO-WORKERS

“She is remarkable. The genuine care and concern she has for co-workers and guests is very inspiring.” —Trudy D., Manager, Customer Care, Seattle

“Sherrie is the ultimate professional at work. She holds a wealth of knowledge and is warm and kind to everyone.” —Linda L., Lead Reservations Sales Agent, Seattle

“I frequently hear Sherrie handling calls, and I enjoy hearing the smile in her voice

with each and every conversation. She has such a positive attitude that spreads throughout the department.”

—Gail M., Director, Call Center Planning & Technology, Reservations, Seattle

“Sherrie is dependable, efficient and kindhearted. The diligence and dedication she demonstrates makes me want to be a better person every day.”

—Hollie G., Lead Reservations Sales Agent, Seattle



EACH YEAR, Alaska Airlines recognizes employees, such as Sherrie Fleming, as Legends of Customer Service. It is the airline’s highest honor.

VISIT FOR A WEEK OR ...IN THE ISLANDS OF



Villa del Palmar Beach Resort & Spa At the Islands of Loreto, México

UNLIMITED GOLF & ADVENTURE

\$276 per person, per night, based on double occupancy

Booking window: Now to July 31, 2018

Travel window: Now to December 20, 2018

Promo Code: **ASJUL18**

Includes:

Three nights stay in a Deluxe Studio Suite with continental breakfast

\$25 USD Sabila Spa certificate plus access to spa wet areas

\$500 USD resort credit

Choose: Unlimited golf with cart or one of the following

One island or ATV tour, two-hour kayaking or paddleboarding excursion, pedicure and manicure

VILLADELPALMARLORETO.COM | 800.790.4187



STAY FOR A LIFETIME

LORETO, BAJA MÉXICO



OWNERSHIP STARTING FROM BELOW \$300,000 USD

Beauty has a home. Yours. The way the home conforms to your lifestyle, seamlessly combining indoor and outdoor spaces. The way the property is enveloped by the rugged Sierra Giganta mountains, accented by the emerald greens of TPC Danzante Bay golf course meandering below. And the way the Islands of Loreto stand like sentries protecting your own private sanctuary. Own the beauty. Now selling home sites, single-family estates and fractional condominiums. Property Preview Vacation Package from \$999 (based on double occupancy).

Seller reserves the right to change the product offering without notice.



Realogics | Sotheby's
INTERNATIONAL REALTY

BAJAHOME.COM | 844.622.0799

NA HOKU®

Hawaii's Finest Jewelers Since 1924



Horizon Pendant
with Lapis Inlay and
Pavé Diamonds

An incomparable collection of Hawaiian and Island lifestyle jewelry

OAHU • MAUI • KAUAI • BIG ISLAND OF HAWAII • NCL PRIDE OF AMERICA

BOSTON • CHICAGO • DALLAS • DENVER • LAS VEGAS • MIAMI • NEW YORK
ORLANDO • PHILADELPHIA • PLEASANTON • PORTLAND • ROSEVILLE • SAN DIEGO
SAN FRANCISCO • SAN JOSE • SEATTLE • WASHINGTON, D.C.

NaHoku.com • Toll Free: (844) 4NA-HOKU



CAPTAIN KINDNESS

Seattle-based Captain Scott Forbes is a Legend of Customer Service

» **Scott Forbes often brings tacos back** for airport desk workers after venturing to town on layovers in Puerto Vallarta, a destination he flies to regularly. This small kindness is just one of the gestures that has endeared the 33-year Alaska Airlines veteran pilot to people around the Alaska route system.

Captain Forbes also often makes a point of asking flight attendants to bring to the flight deck children or adults who seem like they are nervous about flying. Reassuring them, he says, is one way he can make a positive impact through his position.

"I've always thought that if you can change one person's life, even if just for a few minutes, you could change the world," Forbes says. "I try to change someone's life and make the world a better place each and every day."

Forbes, who is now a father and grandfather, spent his childhood south of Seattle. He recalls dreaming of flying one of the Alaska planes he saw overhead. "There's only ever been one company I wanted to work for," he says. (And his son, Kyle, is now a dispatcher for Alaska.)

Forbes got his first job piloting in the state of Alaska, working for Era Aviation (a precursor to today's Ravn Alaska). He then flew for Arctic Circle Air, as a bush pilot based in Fort Yukon, northeast of Fairbanks. Forbes says that the challenges of this type of flying helped him develop skills he's used since making the jump to flying Alaska's bigger planes in 1985.

Today, Forbes is a conscientious mentor for younger pilots. He provides bits of friendly advice to first officers who fly with him, such as to stay aware of one's surroundings with a plane in the gate area.

It's just one more way Forbes feels he can pay back the tremendous opportunity he feels he has had flying for Alaska.

"I'm the luckiest guy in the world," he says.

—Ben Raker



Scott Forbes.

QUESTIONS & ANSWERS

What do you enjoy about your job?

It's a job that demands a lot of you, to stay proficient and technically sound. I love flying. I love the people. And I can still learn something new every day, even after 33 years.

How do you measure success?

A good takeoff; a good announcement; a good, safe flight; a good landing.

Where is a favorite destination?

Probably Puerto Vallarta. I fly there a lot.

What do you pack when you travel?

I always take along my tennis shoes, just in case somebody wants to hit a tennis ball around with me.

What is something that people might not know about you?

I climb stairs. A lot of times, I'll do 80 to 100 flights of stairs in a day.

What are some words you live by?

Make today the best day of your life. Tomorrow is the second-best day.

KUDOS FROM SCOTT'S CO-WORKERS

"Scott is exceptional at all forms of customer service. Everyone knows and loves Scott, from other employees to passengers, to hotel receptionists and van drivers all over Alaska's entire system. It seems like he's on a first-name basis with everyone."

—Brian H., 737 Fleet Captain, Seattle

"Scott's a great guy. He's always very caring. He always takes care of his crew the best a captain can take care of a crew."

—Garin T., Base Chief Pilot, Seattle

"Scott is a funny, positive guy who connects with crews and passengers alike. He has been giving announcements from the cabin since long before this was common. Everybody loves working with him."

—Kristin H., Captain, Seattle

"I've always enjoyed flying with Scott. He's the kind of guy you want to fly with. He always brings humor and a fantastic attitude. He's the salt of the earth."

—George B., Captain, Seattle



EACH YEAR, Alaska Airlines recognizes employees, such as Scott Forbes, as Legends of Customer Service. It is the airline's highest honor.



BRIAN

LOST 72 POUNDS



My son is the primary reason I joined 20/20 LifeStyles. When he was born, I wanted to be around for a long time to watch him grow up and, more importantly, I wanted to be a role model so he'd learn healthy habits. I also just wanted to feel better and healthier so I can keep up with him and all the activities he'll want to pursue in the future.

I've struggled with my weight my entire life. By my mid-30s, I was starting to battle the health effects of being overweight. I was on medication for high blood pressure and acid reflux, and had started to notice new issues with cholesterol levels. I knew my diet was unhealthy but, no matter how many times I resolved to change my ways, it just wouldn't stick. I might exercise more, but wasn't taking the steps to improve my diet. I saw that my poor eating habits were impacting my wife's eating choices too. Something had to change.

When I began the 20/20 LifeStyles program and started learning about proper nutrition, it was eye-opening! I discovered that even the "healthy" fruit

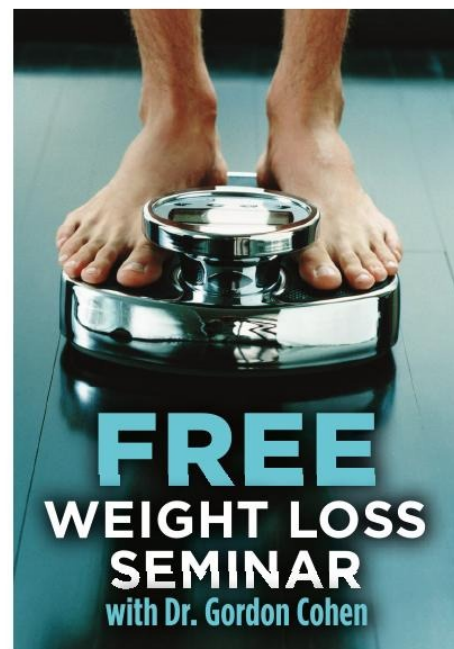
smoothies I'd been making for breakfast were having the opposite effect. I learned so many little tips and tricks, but what stood out the most for me was the theme of mindfulness. By just stopping for a moment to think about what I was eating and, more importantly, why I was eating it, has changed my view on food forever. I no longer snack mindlessly. I make each meal count. If it's "on plan," then I want the right fuel to get me through to my next meal or carry me through an activity. If it's "off plan," then it needs to be delicious. I won't waste calories on comfort food like pizza unless it's a pizza I'll really enjoy, and even those moments have become fewer and fleeting. I don't overindulge. It's all about being present and mindful, choosing what I eat and not letting the food choose me.

My personal trainer was also a huge part of my success. When I was younger, I despised running and couldn't string together two miles without a lot of motivation. Once I got into shape, exercise became fun! Now, I routinely run 5-6 miles, three or four times a week. I recently completed the Seattle Half Marathon in 2

hours and 20 minutes, far exceeding my own expectations! I used to make excuses for not exercising. Now, I look forward to working out, hitting the workout room or running on the road six days a week. I also swim, cross-train and plan to get back into hiking and yoga, as well as try skiing for the first time next winter and kayaking over the summer. I'm also trying Pilates for the first time.

Exercise is great for busting stress and staying in shape, but exercise alone won't fix the problem. You have to have diet and exercise in harmony. Even now, I see my trainer and dietitian regularly to get my diet dialed-in to support my level of activity.

Biggest changes? I could list so many, but what I love the most is that I have more energy, feel so much more confident, and love wearing clothes from stores I couldn't have set foot in before. It's a lifestyle change, not a diet. I'll be working on my lifestyle for the rest of my life. At least now, I have the tools to get it right most of the time.



Bring your health back in balance.

- High Blood Pressure
- High Cholesterol
- Diabetes
- Overweight



Find out more at 2020lifestyles.com.



**MEDICALLY-BASED.
PROVEN RESULTS.**

Start losing today at 2020lifestyles.com

(425) 861-6258

4455 148th Avenue NE, Bellevue, WA

REMEMBERING THE FALLEN

Alaska employees honor those who made the ultimate sacrifice

By Craig Hill

» In early 2011, Alaska Airlines mechanic

Brian Bowden heard a message over his radio at Seattle-Tacoma International Airport. A fallen soldier en route to his final resting place was about to be offloaded from a plane, should any workers wish to pay their respects.

Bowden, an eight-year Air Force staff sergeant veteran, joined other Alaska employees to watch the process in solemn silence. The moment spurred Bowden and his co-workers to discuss creating a special protocol to be used when Alaska transported fallen soldiers.

A group of 10 Alaska employees talked about the idea with airline officials, who enthusiastically agreed, and the Fallen Soldier Program was born.

The interested Alaska employees contacted Joint Base Lewis-McChord in Tacoma, Washington to learn the proper protocol for handling fallen soldiers, including that the soldier should be last to board the plane and the first to be removed, as a sign of respect.

The team learned the proper way to position the casket and drape the flag. And the process was also enhanced for the military representative accompanying the fallen soldier.

One of the most visible elements of the program involves the Fallen Soldier Carts, used only to transport fallen soldiers. Alaska employees create the large carts, which are blue, with red carpeting. They also have American flag curtains and emblems for each branch of the military.

Each year a new Fallen Soldier Cart is placed at an additional airport around the country. There are carts in Anchorage, Dallas, Honolulu, Los Angeles, Portland, San Diego, San Francisco, Seattle and Washington, D.C., with Phoenix scheduled to join the list next year. The carts are stored and maintained by



Alaska, but they are actually delivered to each applicable airport authority. Any airline transporting fallen soldiers is permitted to use the carts.

This year's cart was delivered to San Francisco International Airport. The carts are too large to fit inside Alaska Airlines planes, so, where possible, the carts are driven from Seattle to their destination, with an escort supplied by the Patriot Guard Riders, a non-profit group of motorcyclists dedicated to honoring fallen heroes and their families.

The Fallen Soldier Program has also developed a network of volunteers, military officials, veterans, firefighters and police officers who attend the solemn ceremonies to pay their respects and to help with the soldier's transportation process.

Alaska Airlines employees were asked to volunteer their time to assist with the program. Bowden acknowledges that initially, he was nervous that the program might not get enough support from fellow employees. He posted a volunteer sign-up sheet at Alaska's Seattle line maintenance office.

When he checked the next day, the sheet had about 100 volunteers. He had similar

» In May, the newest Fallen Soldier Cart—specially designed to handle the remains of fallen soldiers when leaving or arriving at an airport—was brought by truck from Seattle to San Francisco International Airport.

results with a sheet at Alaska's main hangar. Alaska CEO Brad Tilden was among those who had signed the sheet at the hangar to volunteer their time, Bowden says.

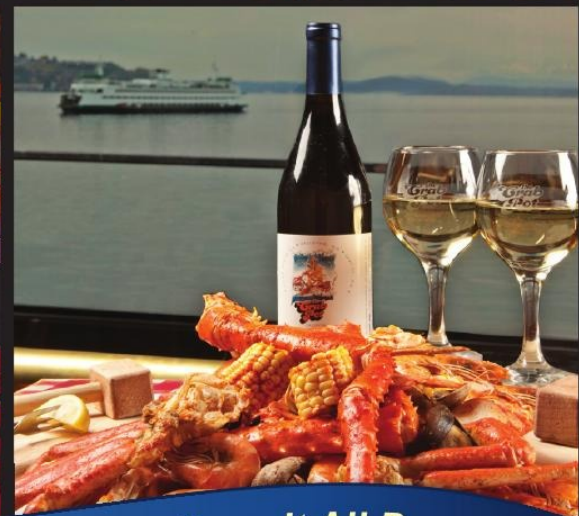
The program has continued to grow since 2011. Today, the Fallen Soldier Program has more than 1,000 volunteers, with more employees joining every year. Alaska also has a Boeing 737-900ER painted red, white and blue with the words "Honoring Those Who Serve" emblazoned on the fuselage.

Sometimes, during the ceremonies, Bowden peeks up at the plane and airport windows and sees passengers standing solemnly and parents explaining the scene to their children.

"People ask, 'Why are we doing this?'" Bowden says. "The answer is simple: Freedom isn't free. It comes at a high price. It's the least we can do to give these heroes one final service on their way home." ✈

Miners Landing

EAT ♦ SHOP ♦ DISCOVER



Miners Landing: The Historic Pier Where It All Began!

- ♦ Northwest Dining
- ♦ Wings Over Washington
- ♦ Seattle Great Wheel
- ♦ Gifts & Apparel
- ♦ Waterfront Arcade
- ♦ Vintage Carousel

Pier 57 Seattle's Historic Waterfront

1301 Alaskan Way, Seattle, WA - MinersLanding.com

The Crab Pot - 206.624.1890 | The Fisherman's - 206.623.3500

SeattleGreatWheel.com | WingsOverWa.com

MUSIC FOR TRAVELERS

» From cities with blockbuster festivals

to destinations with thriving music scenes, the options for traveling music fans are widely varied and endlessly appealing. We asked Alaska employees about their favorite venues and fests, and about their go-to locales for finding music on a trip. The following is a sampler of their suggestions.

■ “I love flying to **New Orleans** and taking advantage of all of the fantastic live music. My favorite place to go is Preservation Hall, in the French Quarter. This spot has hosted some of the great jazz players of our time and continues to set the bar high.” —*Megan B., Customer Service Agent, Las Vegas*

■ “In **Seattle**, the independent radio station KEXP has free in-studio performances by a variety of musical artists. The station offers first-come, first-served tickets starting 90 minutes before shows. Check the online events calendar to see who’s playing.” —*Kevin D., Manager of Reliability Programs, Seattle*

■ “If it’s your first time visiting **Nashville**, by all means visit Broadway. And if you want to hear great, live, original music—often by up-and-coming artists—try the Whiskey Jam events on Mondays and Thursdays at Winner’s Bar & Grill, or the Revival 615 shows at Tin Roof on Tuesdays.” —*Thomas P., First Officer, Seattle*

■ “My choice: House Without A Key at the Halekulani hotel in **Waikiki** for an evening under the stars. Watching the sunset while sipping a tropical drink and listening to live music [makes this] my favorite place. Enjoy the ocean breeze and watch graceful hula dancing.” —*Audra R., Reservations Sales Agent, Phoenix*

■ “Heading to **Denver**? Make sure to check out Red Rocks Amphitheatre, one of the most amazing music venues in the U.S. Enjoy awe-

some views and acoustics. Bring extra water, plenty of sunscreen, and comfortable shoes to climb stairs at a mile-high elevation.” —*Sean T., Customer Care Representative, Seattle*

■ “The Disney singalongs at the Castro Theatre in **San Francisco** are super fun! They do showings of *The Little Mermaid*, *Beauty and the Beast*, *Frozen* and more. The lyrics are at the bottom of the screen, and people sing their hearts out. There’s usually a costume contest, too.” —*Sylvia K., Senior Pricing Analyst, Seattle*

■ “Experiencing a musical on Broadway in **New York** should be on everyone’s bucket list. Find the TKTS booth in Times Square. It offers same-day Broadway show tickets at up to 50 percent off full-price tickets.” —*Timothy C., Flight Attendant, Los Angeles*

■ “Fly on Global Partner Icelandair to the Iceland Airwaves festival, November 7–10 this year, in **Reykjavík**. I attended the festival and was blown away by the passion of the artists and the crowds. In the hip-hop venue one night, artist after artist brought the house down with Icelandic lyrics and heart-pounding beats.” —*Lane P., Partner Marketing & Loyalty Analytics Manager, Seattle*

■ “In **Detroit**, the Motown Museum/Hitsville U.S.A. is necessary if you want to become familiar with the music that Detroit is most famous for. Another highlight is Baker’s Keyboard Lounge. The bar there resembles a piano keyboard. Glancing around and taking in the sounds and sights takes you back to a different era.” —*Timothy G., Flight Attendant, Seattle*

■ “Even if I’m not attending Austin City Limits Music Festival (Oct. 5–7 and 12–14 this year), I can’t recommend **Austin**, Texas, enough! The combination of amazing venues, food and city atmosphere is hard to beat.” —*Christopher B., Manager, System Cargo, Portland*

MORE MUSICAL-TRAVEL TIPS

- “Many cities have bike-rental stations, and **biking to shows** allows you to skip traffic. I also use **concert apps** to find out what shows are in town and get last-minute deals.” —*Jeanne J., Director, Customer Experience & Design, Seattle*
- “Sometimes it’s about roaming streets and **leaving yourself open** to the possibility of stumbling onto music. Stop and witness live music in whatever form it takes on your travels.” —*Khai J., Flight Attendant, Portland*



ONE BUTTON DOES IT ALL!

Toothbrush.
Concert tickets.
Helicopter ride.

We're happy
to help you
with
Everything.



OUT OF THE ORDINARY HOTELS

STAY PINEAPPLE

SEATTLE, PORTLAND, SAN FRANCISCO, SAN DIEGO,
CHICAGO, BOSTON, (NEW YORK COMING SOON) & GROWING

STAYPINEAPPLE.COM

LOVE OVER HATE

Now airing on Alaska Beyond Entertainment: *Big Sonia*

By Jacob Uitti

» Talking about the Holocaust is difficult, especially if you've lived through it. Yet, that's precisely what 92-year-old survivor Sonia Warshawski does every day. She talks with people about the details of her time in concentration camps and being freed. It's one of the many remarkable aspects of her vibrant daily life, which includes running a small tailor shop in Kansas City, Kansas, and, more recently, advocating her message of "love over hate" to the U.S. Congress.

It was seven years ago that Sonia's granddaughter, Seattle-based filmmaker Leah Warshawski, began making a movie about Sonia's life. "At that time," Leah recalls, "we wanted to make a short film about a little old lady in this tailor shop in the bottom of a failing mall." Time was ticking, Leah notes, and she wanted to document her grandmother's story before it was too late. But it was during one of the first days of filming that Leah realized *Big Sonia* was meant for bigger things than the short documentary Leah had envisioned.

One morning, speaking with 13- and 14-year-old middle school students, Sonia shared her story in honest detail. She described beatings she endured from guards, and she recounted the traumatic day she watched as her mother walked to the gas chamber. Nevertheless, Sonia told the students, she holds no hatred for the people responsible. Instead, she chooses a life filled with love.

"The kids broke down that day," Leah says. "Sonia made them think about their own families. Kids in different cliques were willing to be vulnerable with each other and talk about some really hard stuff."

It was her message of "love over hate" that Sonia took to prisons to share with inmates and later to the halls of Congress itself. In April,

on the 73rd anniversary of Sonia's liberation from the camp, Leah and Sonia attended a screening of *Big Sonia* with members of the Senate and House of Representatives.

"We had a bipartisan turnout," remembers Leah. "Sonia got to stand up in front of members of Congress and talk about her message, which is as important today as ever."

Beth Barrett, artistic director for the Seattle International Film Festival, also believes Sonia's message should be shared with audiences of all ages. As part of a new initiative between SIFF and Alaska Airlines to highlight locally made independent films, Barrett chose to feature *Big Sonia* on SIFF's onboard movie channel. "Big Sonia is such a moving film," Barrett says. "Many people may not have access to a film like it or to a festival like SIFF. Now they can see these movies by just getting on a plane."

SIFF, which showcases films from around

» Sonia Warshawski is a tailor and activist, and the subject of a documentary about a caring soul.

the world, is one of the largest festivals of its kind in the United States. And the organization has worked with Alaska Airlines for more than 40 years to present the annual three-week event. Recently, that partnership has grown.

"We thought we should be present in more places than just Seattle," explains Barrett. "And to know that the hometown film festival has the support of the hometown airline is so valuable. It's gratifying to be able to introduce people from around the world to the talent in Seattle."

Look for *Big Sonia* and a selection of other SIFF-presented films and shorts on Alaska Beyond Entertainment this month. Simply connect to the onboard Wi-Fi network and go to AlaskaWiFi.com to get started. ✈





A LOT CAN CHANGE IN 5 YEARS.
Except those smile lines you treated with Bellafill®.



BEFORE



AFTER 5 YEARS



BEFORE



AFTER 5 YEARS

RESTORE YOUR LOOK.
RESTORE YOUR CONFIDENCE
with Larson Medical Aesthetics

bellafill®

Now time is on your side.



Margaret L. Larson
ARNP, MSN, FNP-C
Top US Bellafill Injector

CALL TODAY for your
personal consultation and
to find out about our
Bellafill® special offers!

206.274.0815

SEVERAL CONVENIENT LOCATIONS IN
THE GREATER SEATTLE AREA

larsonmedicaesthetics.com

IMPORTANT SAFETY INFORMATION

Bellafill® is indicated for the correction of nasolabial folds and moderate to severe, atrophic, disastable facial acne scars on the cheek in patients over the age of 21 years. Patients who have had a positive reaction to the Bellafill® Skin Test, have a history of severe allergies, have known bovine collagen allergies, are allergic to lidocaine, have bleeding disorders or are prone to thick scar formation and/or excessive scarring should not receive Bellafill®. The safety of Bellafill® for use during pregnancy, breastfeeding, or in patients under 21 has not been established. You may experience temporary swelling, redness, pain, bruising, lumps/bumps, itching, and discoloration at the treatment site. These side effects are usually transient and typically resolve within 1-7 days. You may experience lumps/bumps/papules that may occur more than one month after injection and that may persist. Less common side effects include rash and itching more than 48 hours after treatment, persistent swelling or redness, lumps/bumps, acne, and increased sensitivity at treatment sites. Infrequently, granulomas may occur and may be treated by your licensed physician provider. Be sure to call your licensed provider immediately if you notice any unusual skin reactions around the treatment area. Based on the 5-year Post-Approval Study on nasolabial folds with 1,008 patients, long-term safety of Bellafill® for up to 5 years has been established.

Toll-free call (U.S. & Canada): 844-Bellafill (844-235-5234). Local calls: 858-550-9999. International calls: ++ 858-550-9999.

© 2018 Suneva Medical, Inc. SM2725REV00



» *Elegant, attentive service defines Business Class on Hainan Airlines flights and in its new Beijing HNA Club lounge.*

COMFORT AND STYLE TO CHINA

Hainan Airlines excels with its Business Class service and new lounge

» **If a trip to China is in your future,** Hainan Airlines invites you to travel in comfort and style with its Business Class service, and experience the elegance of its new flagship lounge at Beijing Capital International Airport.

Hainan operates nonstop flights from Seattle to Beijing and Shanghai, and from San Jose, California, to Beijing. Hainan also flies from Los Angeles to Changsha, Hunan Province, and all of Hainan's North American routes are flown by Boeing 787 Dreamliners.

Business Class

Comfort greets you immediately upon boarding one of the 787-9 Dreamliner aircraft, and as you settle into your Business Class seat, flight attendants introduce themselves and begin a warm and courteous conversation.

The airline's latest layout for Business Class features 30 seats in a 1-2-1 herringbone configuration. Each spacious seat features pitch of up to 74 inches and can reach a length of 78 inches when fully reclined to 180 degrees. The variable-adjustment modes allow guests to recline or sit up at any angle.

The seat's exterior casing can be extended

to suit privacy needs, and all seats contain four storage spaces so that passengers are never more than an arm's length away from their belongings, as well as providing amenities such as power outlets. The onboard entertainment system is loaded with movies, TV shows and music, and Bose QuietComfort noise-canceling headphones enhance your entertainment experience, as well as privacy.

With onboard Wi-Fi service, each passenger can enjoy internet browsing, e-mailing, social media updating, and listening to the latest news and information from around the world.

Extravagant dining, from welcoming snacks to innovative full-course gourmet meals, have been designed by Michelin-starred chefs, and are served with the modern grace and expertise of top restaurants.

For personal comfort, Hainan provides Bvlgari amenity kits, including "Tea" series skin-care products. And when it's time to catch up on some sleep, Hainan offers a personalized turn-down service featuring a high-quality pure-cotton mattress pad with sheet, fluffy quilt and full-size pillow, accompanied by cotton pajamas in a traditional Chinese design.

Hainan Club

On the ground, Hainan provides a parallel level of comfort and service. While in Beijing, Alaska Mileage Plan members traveling on a Business Class ticket can enjoy Hainan's new HNA Club at Beijing Capital International Airport.

The new facility is a sleekly modern combination of Western and classic Oriental design. The aesthetic is open and light, with a peaceful elegance, inviting guests to a comfortable retreat from the busy airport.

The expansive space has more than a dozen different areas, ranging from private VIP rooms to a casual, open lounge. The leisure hall has a living roomlike design and features a reading room that provides a quiet space amid wood and plush furnishings, as well as a tea-ceremony display area, showers and even a place to nap.

Chinese and Western snacks are provided throughout the day, as is Nespresso coffee. In this calming space, you'll feel less like you are a traveler at one of the busiest transportation hubs in the world, and more as if you have entered a five-star hotel with dedicated professional services aimed specifically at making your journey more comfortable. —Paul Frichtl

|||
S P I R E

SPIRESEATTLE.COM



LIVE INSPIRED

An ambitious partnership of art and architecture is rising
at the intersection of Seattle's legacy and its unbridled future.

Tall and slender, SPIRE is both light and space expressed through landmark design,
uncompromising specifications, panoramic vistas and a collection of curated amenities.

The center point of urban attractions and natural environments —
it is quintessentially, Seattle. Make it yours in 2020.

PHOTOS: ALASKA AIRLINES ARCHIVES



FRIENDSHIP FLIGHT

» **Thirty years ago**, Alaska Airlines took a group of 82 guests on one of the most unique flights in company history, the “Friendship Flight” from Nome, Alaska, to Provideniya, a city in the Soviet Union’s Far East region.

The historic flight was the first to cross the Bering Sea after more than 40 years of U.S.–Soviet Cold War tensions, and it reunited Native families that had been separated since 1948, when Soviet leader Joseph Stalin closed the border.

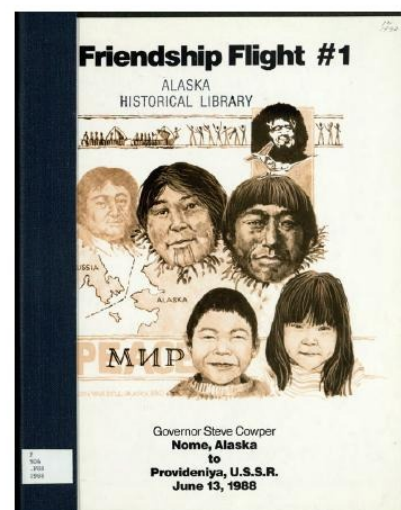
On June 13, 1988, Alaska Captain Steve Day and the late Captain Terry Smith flew the Boeing 737-200 full of reporters, dignitaries and other VIPs on the 230-mile journey in just about 45 minutes.

“The most important passengers among the 82 aboard, however, were a group of Eskimo people on their way to

reunite with relatives they hadn’t seen or talked to since 1948,” wrote Robert Serling in the book, *Character & Characters: The Spirit of Alaska Airlines*. “These Eskimos from Northwest Alaska were the real center of attention when the plane landed in Provideniya, where they were met by a cheering delegation of their Siberian brothers.”

The entire visit lasted just one day; the flight returning to Nome later that evening. But the short visit generated a huge amount of national media attention.

The trip also sparked Alaska CEO Bruce Kennedy’s idea of creating regularly scheduled service to Russia. In 1991, Alaska Airlines began flying between Anchorage and Khabarovsk and Magadan in the Russian Far East. Alaska served Russia for about 10 years. —*Dianne McGinness*



Class A High Tech Office NOW PRE-LEASING!

SEATTLE'S PREMIER WATERFRONT CAMPUS



683,000 sq. ft. of Class A office space across three buildings

Located on the scenic shores of Lake Washington

Next to sprawling 57-acre waterfront park

Luxury housing, shops & restaurants

15 minutes from Sea-Tac Airport, 20 minutes from Bellevue
and 25 minutes from downtown Seattle



SOUTHPORT
ON LAKE WASHINGTON

www.southport.life

LEASING CONTACTS: Dwight Newell | Nick Carkonen | Scotta Ashcraft +1 206 292 6000

CBRE

HYATT REGENCY LAKE WASHINGTON

Now open at Seattle's Southport



AAA 4-Diamond award winner

Best of 425 Wedding Venue award winner

347 luxurious guestrooms & suites with lake, mountain and Seattle skyline views

Grand Ballroom with capacity for up to 1,000

14 meeting rooms totaling 44,000+ sq. ft.

Water's Table A Lakeside Kitchen + Bar, seating for up to 240 — **Best of 425** award winner for Outdoor Dining, Romantic Dinner and Cocktails

24-hour Market

Spa, saltwater pool & 3,400 sq. ft. gym

4 Green Key-rated for sustainability efforts



HYATT REGENCY®

LAKE WASHINGTON
AT SEATTLE'S SOUTHPORT

hyattregencylakewashington.com

+1 425 203 1234





FREDRIC STERN, MD

TheSternCenter.com

(425) 455-9100

Creating Natural Appearing
Beauty *through* the Art of
Laser Cosmetic Surgery

Over 21 years of private
practice in the Seattle area

Laser Eyelid Surgery
Endoscopic Brow & Forehead Lift
S-Lift ♦ Laser Assisted Liposuction
Skin Tyte™ ♦ CelluSmooth™ for Cellulite
ATGRAFT™ Fat Transfer ♦ Laser Peels
Hair Restoration ♦ Facial Injections & Fillers
Personalized Stem Cell Skin Care Products
Photorejuvenation ♦ Laser Hair Removal
Forever Young BBL™ ♦ Aesthetic Skin Care
Laser Tattoo Removal ♦ Microblading

Someone you know has had a little work done

If they saw Dr. Fredric Stern you'll never know

Dr. Fredric Stern is the Northwest leader in laser and microsurgical techniques and is on the cutting edge of the latest treatments to naturally restore your youthful appearance, with minimal downtime.

Whether your goal is to eliminate wrinkles, repair sun damaged skin, lose a few inches around the waist or hips, restore your hairline through microsurgical hair transplantation, or repair and regenerate your skin with a skin care product made from your own stem cells' growth factors, Dr. Fredric Stern and The Stern Center can help transform your goals into reality.



LOOK AS YOUNG AS YOU FEEL

Schedule a consultation with Dr. Stern to learn more about both surgical and non-surgical procedures to improve your appearance.



SUMMERTIME SALADS

Fresh ingredients inspire harmonious, romantic meals in the sunny season

By Tom Douglas



» There is a refrain from Kenny Chesney's song *Summertime* that transports me to my grill, not in a low-and-slow barbecue kind of way, but in a more romantic, "Let's have a date-night dinner" kind of way: "It's a smile, it's a kiss, it's a sip of wine, it's summertime. ..."

From my perspective, the perfect romantic dinner to make for your sweetie this time of year is a bountiful, vegetable-laden, fresh-from-the-garden and right-off-the-grill salad. And, yes, such a creation often combines quite well with a smile, kiss, wine and summertime.

The ingredient possibilities are practically endless. Yet, just as I look forward to hearing

favorite songs that remind me of the season, I also eagerly anticipate seeing certain dependably excellent summertime farmers market offerings—fresh peaches, tomatoes and other seasonal wonders.

Unlike the ingredients for solid everyday dishes—such as roast chicken and meatloaf—the perfect peach is available for only a few weeks every year. Before using this summertime gem, try a slice at the market for flavor and ripeness. Almost any fruit stand will be happy to give you a sample. At home, give the peaches a quick 15-second blanch in boiling water and set them on the counter to cool for

» ON POINT FRESH TAKES

a few seconds before peeling and slicing them into chunky wedges. We are *not* cooking them here—just making it a little easier to get their peels off. Pair the peeled wedges with a salty cheese (such as a grated pecorino) and spicy leaves of arugula. Add a squeeze of lemon, crunchy sea salt and a drizzle of extra-virgin olive oil. This is a great salad base to combine with charcoal-grilled scallops, shrimp, squid or all three.

Another favorite entree salad of mine—one which can be made for two people or 20—is a Tuscan *panzanella*. Tomato season and good bread are the drivers for this beauty. The base salad relies on torn chunks of nicely grilled, crusty country bread. Add shreds of radicchio, leaves of fresh fragrant basil, bits of silky buffalo mozzarella, pitted kalamata olives, wedges of vine-ripened tomatoes, toasted pine nuts and curly bits of green endive. Take some additional basil (chopped this time),

whirl it into a mustard vinaigrette, and then generously douse the entire salad with it. Grate a delicious Parmigiano-Reggiano over the top, and you are ready to add the protein of your choice. I love serving a large group panzanella on a large welled platter, garnishing the finished salad with charred rare slices cut from a thick, juicy porterhouse beefsteak. Slices of grilled portobello mushrooms work well for a vegetarian option.

There are times when the farmers market is so full of summer's bounty that you won't know where to begin. Use this dilemma to your advantage and buy it all! These most-bountiful times are perfect for making chop-chop salad. Slice, dice, blanch or do whatever you would normally need to do with each ingredient. Then toss it all into a large bowl with chopped romaine lettuce, shredded iceberg, cubed cheese and fresh-plucked soft herbs such as tarragon, mint and chives. All you need at this

point is a tasty vinegar, high-quality olive oil, squeeze of lemon, salt and freshly ground pepper. If you desire a protein, this would be a good time to use up leftover cold chicken or cubes of salami from the fridge. Garbanzo beans would also do the trick.

There's another song that embodies the season for me—and brings to mind the romantic symphony of a summertime salad. As James "Jimmy" Seals and Darrell "Dash" Crofts sang in their 1972 classic *Summer Breeze*: "See the smile a-waitin' in the kitchen, food cookin' and the plates for two. / Feel the arms that reach out to hold me, in the evening when the day is through. ..." Summer salads make me feel fine. Cheers! ✈

James Beard Award-winning chef Tom Douglas owns 16 restaurants and eateries in Seattle. He partners with Alaska Airlines to bring his iconic flavors to Alaska's guest experiences.

vayalife.com



Eat Better, Drynk Better!

Enjoy your favourite meal and beverages fresh with
Vaya Tyffyn & Vaya Drynk, the revolutionary lunchbox and bottle.

Gulper Lid <--



Cups for Sharing <--



BPA-free <--



Replaceable Partitions <--



> 12 Hours Hot
(18 Hours Cold)



> Sipper Lid

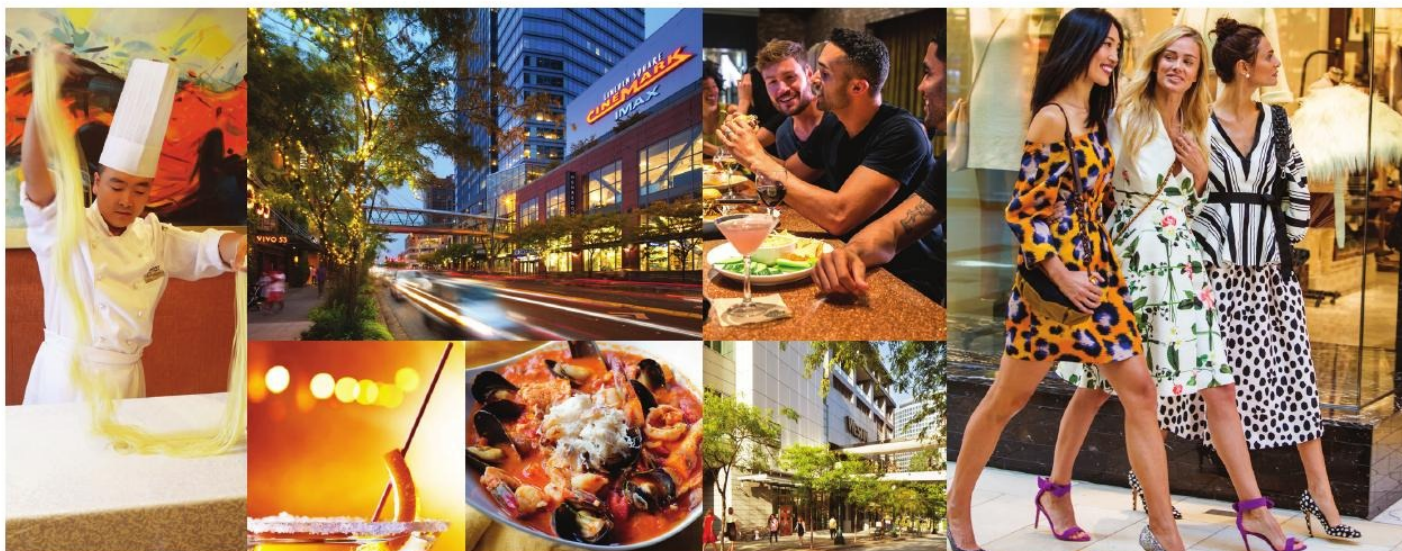


> Keeps Food Fresh



> Stainless Steel Containers

Buy now at vayalife.com. More designs and sizes available



The Collection Shops. Eats. Sips. Mingles. & Plays.

Getaway and explore more of what you want, with over 200 shops, the region's largest Dining District with over 50 restaurants, including the new **Ascend Prime Steak & Sushi** + three luxury hotels. All in One Place—
The Bellevue Collection.

bellevuecollection.com



Come to shop, and plan to stay. Scan this code with your smartphone camera or QR code reader for shop and stay packages at Hyatt Regency Bellevue, The Westin Bellevue, and W Bellevue.

THE BELLEVUE COLLECTION

BELLEVUE SQUARE • BELLEVUE PLACE • LINCOLN SQUARE

575 Bellevue Square, Bellevue, WA 98004

Located between NE 4th and NE 8th on Bellevue Way.

Just minutes from downtown Seattle in Bellevue, Washington. 425-454-8096



THE BELLEVUE
COLLECTION™

The perfect pairing...

...Washington's best steak and
a cellar full of Washington's best wines.



JOHN HOWIE STEAK

11111 NE 8th St #125, Bellevue, WA 98004

425-440-0880

johnhowiesteak.com



A SENSE OF SAN FRANCISCO

By Bridget Veltri



» **The slow, low, drone of foghorns** both calms and charms me. I hear San Francisco in them. Particularly in the summer, and especially in August, which we San Franciscans have dubbed “Fogust.” I love starting my day with the announcement that fog is rolling in. The foghorns on the Golden Gate Bridge go off like an alarm clock in the morning, announcing the new day to a drowsy city still wrapped in its famous gray blanket.

San Francisco is more than a city you see. It’s a place you feel, with all five of your senses, and, if you’re like me, your soul.

Outside on my patio, if the wind is right, I also **hear** San Francisco in the sea lions, hauled out on the Pier 39 dock, barking at whoever will listen. And in my studio, if all is quiet, I hear San Francisco in the low humming of the nearby cable car tracks, and the occasional clanging of the cars’ bells as the cars buzz back and forth between the wharf and downtown.

I **taste** San Francisco in anything locally sourced or from farm to table. I savor it in



good sourdough bread, and in treats from Ghirardelli or Dandelion Chocolate. I taste it in dim sum, and Dungeness crab, and in the city’s signature Italian-American specialty, cioppino.

I **see** San Francisco in landmarks such as Lombard Street’s twists and turns, and the Painted Ladies Victorian homes. I see it in the city’s bridges and buildings, and in the lives unfolding behind the bay windows.

I **smell** San Francisco in the salty sea air, and in the urban mugginess as I head underground to BART (Bay Area Rapid Transit).

I don’t **touch** San Francisco so much as it touches me. I feel it in the ache in my legs after

» **Clockwise from top: Fog and salty sea air at the Golden Gate Bridge; delicious cioppino; and the Painted Ladies.**

charging a hill, and in the foggy mist. I feel it when the bus is overcrowded, and in the surge of energy I get when walking the streets.

Most of all, San Francisco touches my heart every morning, before I’m really awake, when foghorns remind me where I am. ✈

Bridget Veltri is a San Francisco-based freelance writer and blogger.

The Art of Hair Restoration



Artistry is what you get when you see Dr. Brian Goertz. As a board certified hair transplant surgeon and the founder of Hair Transplant Seattle, he takes great pride in his artistry of creating natural hairlines, achieving amazingly natural results and helping his patients regain the appearance they've been looking for.



Brian O. Goertz M.D.
Founder of Hair Transplant Seattle

Patients meet directly with Dr. Goertz who takes a very holistic approach to caring for his patients. He counsels each individual on appropriate diet and supplements not only for their "hair health" but also for their general well-being and longevity.

Today there are still many misconceptions about hair transplantation, the results that can be achieved and the process by which the procedure is performed. With Dr. Goertz those misconceptions are gone; people will only know you've had a hair transplant if you tell them.

"It is important for today's patients to understand that the results that can be achieved can look completely natural and amazing when done properly," says Dr. Goertz. But patients should not be

fooled with promises of new machines or instruments doing hair transplants. "The instruments are developed to aid the doctor," says Dr. Goertz. "Ultimately, natural results are achieved by the surgeon who has the surgical and aesthetic skill to create results that are completely natural." When a hair transplant can pass the scrutiny of a hair stylist, you know you have a great hair transplant. "Dr. Goertz has an eye for artistry in making it look natural, which is why I refer my clients to him," says David Cheung, master designer and owner of MARGIDAVID SALON in Seattle.

"My goal is to be sure that my work is completely natural and undetectable," says Dr. Goertz. "I recently had a physician come to me because a mutual patient finally revealed to him that he'd had a hair transplant. When that physician realized that he couldn't detect the transplanted hairs, he decided to come in for his hair transplant. It is a great compliment when a physician chooses me as the hair transplant surgeon for themselves and their patients."

Hair transplantation is not just for men. Many women also experience hair loss or are born with a high hairline that can be treated with hair transplantation. As difficult as it is for men to lose their hair, women often suffer in silence experiencing emotional pain. After all, society tells us that women are not supposed to lose their hair. Hair transplantation can make

a dramatic change in a woman's life. In some cases, hair transplantation is even appropriate for children with areas of hair loss caused by trauma, burns or radiation treatment. Hair transplantation can also be performed for eyebrows, sideburns, mustaches and beards.



Eyebrow Transplantation
Before & After

Whether you are a man, woman or child, Dr. Goertz is dedicated to creating results that are so natural that the only way someone will know you have had a transplant done is if you tell them.

Visit www.HairTransplantSeattle.com
or Call 1-888-642-4247

11007 Slater Avenue NE
Kirkland, WA 98033

Hair Transplant Seattle



CARRY ON AND KEEP CALM

Packing a lighter bag for summer travel

By Johnny Jet

» When I first started traveling, I was one of those people who lugged around a monster suitcase and packed everything but the kitchen sink. Then I observed business travelers cruising in and out of airports with a small bag. I realized I was packing all wrong.

I now fit everything necessary into a carry-on suitcase—even when going on a multiweek trip around the world. Summer's warm weather is on your side, of course, as you can leave bulky coats at home (not to mention the kitchen sink). Here's what to bring on your next summer excursion:

■ **Vacation Basics.** Pack for a week, in a minimalist way. For example, 3–5 shirts, a few pairs of shorts, underwear, socks and something dressy. At your destination, wash clothes at a laundromat or in the hotel tub using travel-size detergent packets. For easy-to-match apparel, stick to a palette of three colors. Say, green, navy and white. Packing cubes maximize space and organize clothes. Then, wear your bulkiest, weightiest item—a sweater, for instance—onto the plane.

■ **All-Weather Wear.** Yes, bring a sweater, even if you're flying to Hawai'i or Tahiti; air conditioning can be surprisingly cold. To protect against sudden afternoon rainstorms, pack a lightweight rain poncho or an umbrella that fits in

a back pocket. You'll save money and aggravation—I once had to buy an umbrella on the street, and the printed design ran.

■ **Summer Musts.** My picks include 30 SPF or higher sunscreen, a sun hat and a lip balm with SPF. Bring two pairs of sunglasses, in case one breaks. If you get stuck in a touristy area without a pair, you'll pay too much for those knockoff Ray-Bans.

■ **Double-Duty Supplies.** As multifunctional travel accessories, plastic bags can do everything from compressing clothing to storing wet bathing suits to holding sandy shoes. Other double-duty items include a thin, lightweight duffel bag—use it as a vacation day bag, then as a carry-



on for toting home tchotchkes, while checking your original carry-on bag. And as a reader suggested on my website, hair conditioner can double as shaving cream.

■ **Less Kidstuff.** On our last trip to Hawai'i, we didn't pack sandcastle-building toys for our son. Instead, we asked the beachguard and hotel whether toys had been (intentionally) left behind by other families. We left those same toys behind for other family travelers. Also, services such as babierge.com or babysaway.com rent cribs, playpens and other bulky kid-wrangling devices, and deliver directly to your hotel.

■ **Emergency Essentials.** In my carry-on, I take ready snacks such as almonds, energy or nutrition bars, and beef jerky. My mini-medicine kit includes pain relievers, antihistamines, eye drops, sinus medicine, a thermometer and stomach medicines. A change of clothes—easily accessible during the flight—is also key, I've realized since becoming a dad ... and a few messy trips. But now that I'm packing smarter, I'm always ready for surprising situations. ✈

Johnny Jet is a Los Angeles-based travel expert who visits 20 countries each year. Read more of his travel tips at johnnyjet.com.



EMBASSY SUITES NOW OPEN

Proud Hotel Partner of the Seattle Seahawks



EMBASSY SUITES by HILTON™

Seattle Downtown Pioneer Square

- 282 SUITES INCLUDING 5 VEGAS-STYLE PENTHOUSE SUITES
- 7,224 SQ. FT. BALLROOM AND OUTDOOR WEDDING DECK
- 12,072 SQ. FT. MEETING SPACE
- SPECTACULAR CITY AND PUGET SOUND VIEWS
- LARGE ATHLETIC FACILITY WITH SWIMMING POOL
- HOME OF ICONIC 13 COINS 24-HOUR DINING
- ADJACENT TO LIGHT RAIL AND KING STREET STATION

FOR BOOKING INFORMATION

CONTACT SEAPS-SALESADM@HILTON.COM OR 206-859-4400





Proud Hotel Partner of the Seattle Seahawks

KING ST. BALLROOM & PERCH NOW OPEN



- UNMATCHED VIEWS OF THE SEATTLE SKYLINE AND CENTURYLINK FIELD
- SEATS UP TO 500 FOR SIT-DOWN EVENTS
- FLOOR-TO-CEILING WINDOWS PROVIDE NATURALLY LIT BALLROOM WITH MORE THAN 7,000 SQ. FT. OF SPACE
- 15' CEILINGS ADORNED WITH BEVELED GLASS CHANDELIERS WARM THE INTERIOR
- SPECTACULAR OUTDOOR WEDDING AND EVENTS DECK WITH EXPANSIVE LANDSCAPING AND DEDICATED BAR
- EASY AND PLENTIFUL PARKING
- ADJACENT TO THE EMBASSY SUITES HOTEL AND SOUND TRANSIT STATIONS

FOR BOOKING INFORMATION
CONTACT SEAPS-SALESADM@HILTON.COM OR 206-859-4400



MUSEUM
OF
POP
CULTURE

MoPOP

LIKE NO OTHER MUSEUM ON EARTH

FROM MARVEL SUPER
HEROES TO SEATTLE'S
PUNK ROCK ROOTS,
THIS IS WHERE POP
CULTURE LIVES.

AT SEATTLE CENTER

TICKETS AT [MoPOP.org](https://www.mopop.org)

THE FEED»

RISING STARS

» **Organizers of the** BlackStar Film Festival in Philadelphia consider the event to be a vanguard of new voices and emerging directors. That tradition will continue at the seventh-annual festival, Aug. 2–5, with work being shown by filmmakers such as Nijla Mu'min, Darius Clark Monroe and Naima Ramos-Chapman, who all have been noted as ascending talents.

The festival focuses on global voices of the African diaspora and other marginalized groups, and film topics will span from the black aesthetic to African American activism.

Films that will be shown include Sam Pollard's documentary *Maynard*—about Atlanta's first black mayor, Maynard Jackson Jr.—and Mariama Diallo's short horror film *Hair Wolf*. For more information, visit blackstarfest.org.
—Megan Campbell



Director Naima Ramos-Chapman will return to the BlackStar Film Festival.



Dave Kolesky

POSITION: Account Executive

LOCATION: Anchorage, Alaska

DATE HIRED: January 6, 1986

NOTES: Indispensable 32-year industry veteran often requested by larger accounts. Spends spare time skiing, hiking, biking and giving his time to various local charities. Founder of the Eagle River Boys & Girls Club. Proclaims himself undisputed 8-ball club champ.

Matson's people are more than Alaska shipping experts. They are part of what makes our community unique. Visit [Matson.com](https://www.matson.com)

Matson®

SYNTAX IN THE CITY

» **Recite your original poems** within a ring of daisies. Watch a literary-cabaret performance. And clack away on a typewriter, pictured below, to add your voice to a collaborative poem at The New York City Poetry Festival, July 28 and 29 on Governors Island.

This eighth-annual literary meeting welcomes 250 professional poets, including headliners such as Nico Tortorella, who acts in the comedy series *Younger* and who wrote the poetry book *all of it is you*.

This year's gathering features events such as the Poetry Film Festival, which pairs filmmakers and poets in a collaborative re-shaping of their verse into short films. The Youth Poetry Festival includes teen poetry workshops, an island scavenger hunt and readings. The Pastoral Classroom, which offers outdoor education for adults, includes salon-style classes taught by area literature professors. Visit newyorkcity-poetryfestival.com for more. —*Michaela Ware*



AVOCADO ART

Adventure through California's state fruit, the avocado, from skin to seeded center, in "The Cado," opening late summer for three months at San Diego's Liberty Station. This pop-up art experience, encompassing 6,700 square feet, features seven interactive installations in 16 shipping containers designed to make guests feel as though they are inside an avocado before they emerge into an actual grove.

The exhibit tells the story of the California fruit, beginning with the Ripe Room, which is lined with materials meant to look and feel like avocado skin. The exhibit also features audio of musician Jason Mraz, who owns Southern California's Mraz Family Farms, discussing the process that takes an avocado from tree to toast. For more information, visit thecado.co. —*Michaela Ware*



NORTHERN LIGHTS SHOW

» **In 1979, photographer**

Dave Parkhurst moved to Alaska and became more familiar with the northern lights. He set out to photograph the phenomenon that occurs when solar particles smash into atoms and molecules in the Earth's atmosphere, but he was told it would be a challenge to properly capture the beauty of the lights on film.

More than 100 rolls of film later, Parkhurst's hours of patience paid off, and he caught *Cordova Red Aurora* on film on

February 5, 1981. Now, Parkhurst takes more than 20,000 photographs of aurora borealis each year, and his work is featured in the *Aurora—Alaska's Great Northern Lights* film at the Alaska Center for the Performing Arts in Anchorage through Sept. 1.

Playing every hour, the movie is a digital showcase of Parkhurst's photographs of the purple, green and red colors that dance in the night sky.

Visit thealaskacollection.com for more. —*Megan Campbell*

Everything tastes a bit better when
created with respect and intention.



Image below courtesy of Willamette Valley Vineyards

CONFIDENTLY ROOTED IN ITS LAND, HISTORY AND GOOD FORTUNE.

A little over fifty years ago, a generation of visionaries reclaimed tumble-down orchards and overgrown hillsides to plant Pinot noir and other cool-climate grapes, including America's first Pinot gris. These fearless pioneers intended to put the Willamette Valley on the international map, and they succeeded.



Oregon Wine Country produces award winning wine, and while the number of wineries continues to grow, Willamette Valley winemakers haven't lost their personal, handcrafted approach, or their desire to do things a little differently.

Many winemakers in the Willamette Valley practice sustainable winegrowing rooted in their respect for the land and desire to see future generations continue the winemaking tradition.

Nearly half of all Willamette Valley vineyards are certified sustainable, making this valley one of the most sustainable wine regions in the world.

Learn a little bit about Willamette Valley winemaking history and plan a visit today. oregonwinecountry.org

OUR WINES FLY FREE

It's easy to take a taste of Oregon wine country home with you with Oregon Wines Fly Free. Create your own custom case of wine or take home one from any winery and check it for free on your returning domestic Alaska Airlines flight. Learn more at oregonwinecountry.org/wine-resources



CERTIFIED SUSTAINABLE

With 48% of Oregon vineyards certified sustainable and many more farming this way, Oregon wine is not just among the best in the world, but among the best for the world.

BIODYNAMIC

Oregon's Willamette Valley has more BioDynamic acres under vine than any other American Viticulture Area (AVA).

DCI DETERMINES CORPS' STRENGTHS

» **Ten-hour rehearsals**, 20,000 miles of travel and more than a month on the road: No, this isn't a rock star's schedule; it's a typical summer for teenage Drum Corps International (DCI) participants.

Every year, students ages 15 to 21 compete in DCI, which culminates with the World Championships in Indianapolis. This year's event will be Aug. 9–11 at the Indiana Convention Center and Lucas Oil Stadium.

Throughout the summer, nearly 50 drum corps compete in more than 100 events to make it to the World Championship Finals, Aug. 11, where the top 12 teams compete for the title.

Drum corps are marching ensembles of up to 150 brass musicians, percussionists and dance performers. Unlike marching bands, drum corps don't contain woodwind instruments. The corps are judged on three main criteria: music (brass and percussion), visual (drill, marching technique, color guard) and general effect (uniformity, show-design creativity and innovation).

DCI encourages core values such as teamwork and collaboration, visionary leadership and dedication. For more information, visit dci.org. —Dannie Ray



AN EXHIBIT THAT'S NOT SO ELEMENTARY

» **In Arthur Conan Doyle's** 1890 novel *The Sign of the Four*, fictional detective Sherlock Holmes uses fingerprinting as a crime-solving tool before it was used by actual detectives. By 1901, Scotland Yard had adopted the technique in real-life crime solving.

"The International Exhibition of Sherlock Holmes," at the Houston Museum of Natural Science through September, celebrates advancements in crime solving that arose thanks in part to the fictional detective.

Museumgoers travel back to Holmes' London and employ innovations such as

handwriting analysis, fingerprinting and ballistics to solve a fictional crime as they move through the exhibit. Visitors can also play games such as If the Shoe Fits, in which they match footprints in sand to shoes on a wheel.

The exhibit includes original manuscripts of stories written by Conan Doyle, as well as period artifacts, such as magnifying glasses and other tools that Holmes would have used to solve crimes in his day.

For more, visit hmns.org/exhibits/special-exhibitions/the-international-exhibition-of-sherlock-holmes. —Megan Campbell



» **"The International Exhibition of Sherlock Holmes"** features games such as *If the Shoe Fits*.

**9 OUT OF 10 DISABILITIES ARE CAUSED BY ILLNESS,
NOT ACCIDENTS. DISABILITY INSURANCE COMPANIES
OFTEN DENY LEGITIMATE CLAIMS.**



Long-Term Disability (LTD), Life, and Accidental Death and Dismemberment (AD&D) insurance can be a smart move to help manage risk and security for you and your family. What happens if you need those benefits and your insurance company denies your claim or refuses to pay?

Roy Law is the only Pacific Northwest law firm solely dedicated to resolving Long-Term Disability (LTD), Life, and Accidental Death and Dismemberment (AD&D) claim denials. Roy Law represents employees who obtained policies through their employee benefit plans, as well as individuals who purchased policies directly from disability insurance carriers. Roy Law's attorneys are well-versed in the Employee Retirement Income Security Act (ERISA) and other state and federal laws governing disability insurance disputes.

Roy Law offers free case evaluations to all prospective clients.



WA, OR, AK, HI, MT, ID, CA, AZ, NV

Roy Law's attorneys are licensed in WA and OR and we affiliate with local counsel when representing clients in other jurisdictions.

Chris Roy, Owner



1000 SW Broadway, Ste. 1740, Portland, OR 97205
877.695.0680 | RoyLawLLC.com



IT'S ALL FAIR GAMES AND MORE

At the 165th California State Fair, sports events alone range from motocross to thoroughbred racing to a cornhole tournament.

The event, which is at the Cal Expo Fairgrounds in Sacramento, July 13–29, also offers attractions such as rides, musical concerts, exhibits, livestock shows, fireworks shows, eating contests and a beer fest.

With so much entertainment, the fair is a place to celebrate the riches that the Golden State has to offer in agriculture, technology, and the diversity of its people and traditions.

Exhibits include “California Authors,” at which fans can meet California writers such as children’s author Ronald Javor and mystery novelist M.L. Hamilton. Another exhibit is “Whale Tail,” which focuses on the conservation of marine environments.

Bands such as Kool & the Gang and Sugar Ray will play free concerts. For more information, visit castatefair.org. —Kaylee Strachan



Studio Art

» At the center of

the Denver Art Museum’s new interactive “3-D Studio” is artist Pam Fortner’s steel sculpture *Create & Collaborate*, resembling a tree with bare limbs. Guests are given a piece of paper that they can draw

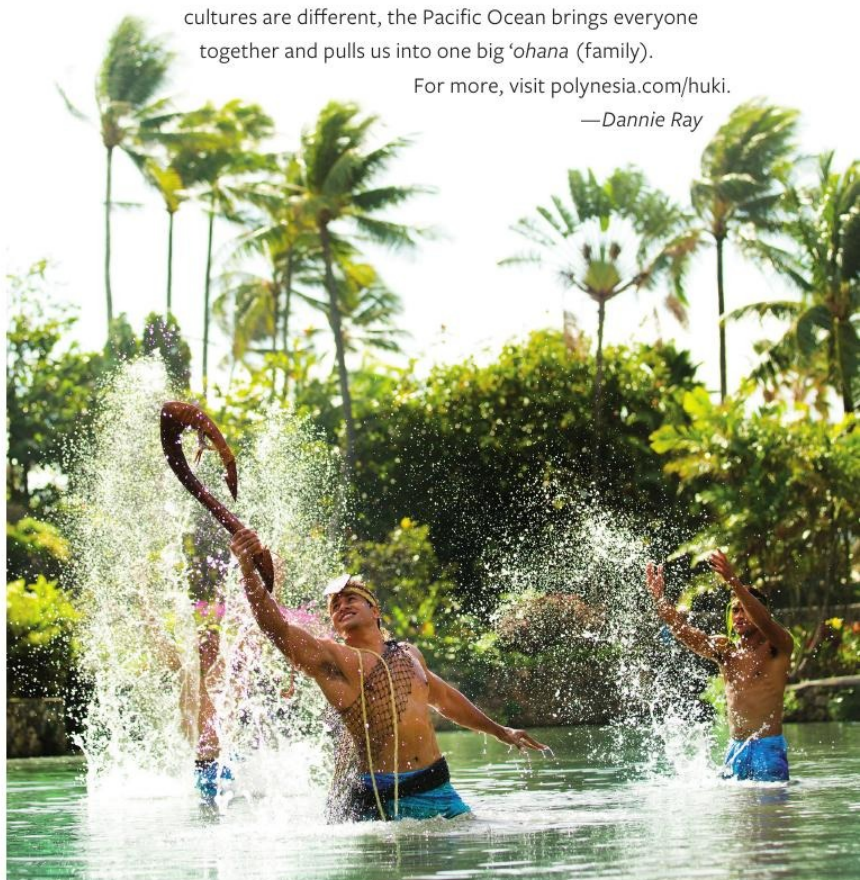
HAWAI‘I WATER SHOW WITH A HOOK

» **Moana fans rejoice:** *Huki*, a new water show opening in August at the Polynesian Cultural Center on O‘ahu, will showcase the story of Maui, a Polynesian demigod, who is also a central character in the popular 2016 Disney film. In Hawaiian, *huki* means “to pull,” so this performance will feature dancers, singers and actors narrating the story of Maui “pulling up” the Islands from the ocean with his famous fishhook, pictured below. The show will consist of storied vignettes about Maui and other Polynesian icons such as Hamana Kalili, who lost his three middle fingers on his right hand while working at a sugar mill. The legend goes that children would mimic the way his hand looked, and, thus, the *shaka*, or “hang loose” sign, was born.

The ultimate message *Huki* will convey is that while Polynesian islands and cultures are different, the Pacific Ocean brings everyone together and pulls us into one big ‘*ohana*’ (family).

For more, visit polynesia.com/huki.

—Dannie Ray



on and shape into whatever form they want. The papers are added to the sculpture, creating the look of leaves.

This collaborative art piece is part of the interactive experience visitors can expect at the studio, which is open through Sept. 2.

Other features include artist

demonstrations on weekends, and the Wound in Wire and Purely Paper stations, where guests can create their own sculptures out of paper and wire. All supplies are free, and guests are welcome to take their creations home.

Visit denverartmuseum.org for more information. —Megan Campbell

» THE FEED THE MIX



CHEERS FOR OREGON BEERS

» In 1985, Brian and Mike McMenamain successfully lobbied the Oregon State Legislature to pass a bill allowing citizens to make and sell their own beer. Since then, the McMenamains have become some of the most influential craft brewers in the state, and now the McMenamain family joins the 31st-annual Oregon Brewers Festival (OBF)

as ceremonial grand marshals, leading the opening parade and tapping the first keg.

This year's OBF, which is expected to draw more than 70,000 attendees, takes place July 26–29 at Tom McCall Waterfront Park in Portland and features 80 brewers from 10 states, as well as from the Netherlands and Mexico. Beers brewed specifically for the event include GoodLife Brewing Company's Long Acronym (a dry-hopped, Oregon-wine-barrel-aged mixed-culture India Pale Lager), and Storm-Breaker Brewing's Guava Man IPA (a West Coast Hazy IPA with guava).

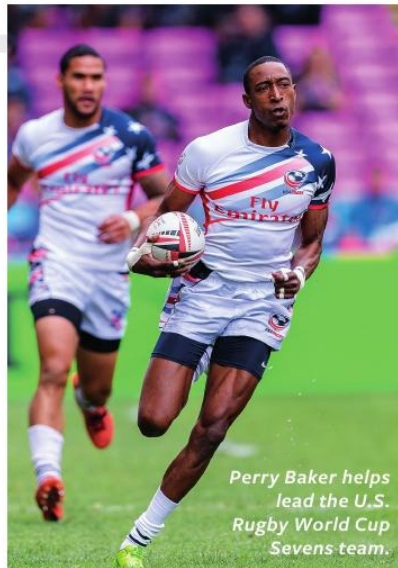
The festival also features live musical performances by acts such as the Jon Stickley Trio and Sol Seed, a parade, food vendors providing cuisine from gyros to fondue, and handcrafted sodas. For more information, visit oregonbrewfest.com. —Dannie Ray

BAY AREA HOSTS RUGBY WORLD CUP

» After scoring the most tries in the 2016–17 World Rugby Sevens Series, Perry Baker was named the 2017 World Rugby Men's Sevens Player of the Year. Baker's rise, the introduction of rugby sevens at the Olympics in 2016 and interest at the youth level are helping to make rugby sevens one of the fastest-growing sports in the United States, according to World Rugby.

The sport's popularity is expected to grow when, for the first time ever, the U.S. hosts the Rugby World Cup Sevens, July 20–22 at San Francisco's AT&T Park. In the seventh edition of the Rugby World Cup Sevens, 16 women's and 24 men's teams will compete for championship titles. This year also marks the first time that the World Cup, which occurs roughly every four years, is featuring a knockout-style, single-elimination bracket format instead of pool play.

Rugby sevens is a variant of rugby with teams of seven players—instead of 15—and games with 7-minute halves—instead of 40-minute halves.



Perry Baker helps lead the U.S. Rugby World Cup Sevens team.

Nearly 30 countries—including the reigning champions from New Zealand, who won both the men's and women's titles at the most recent World Cup in 2013—are represented in these games. Both the U.S. men's and women's teams are expected to be top contenders.

For more information, visit rwcsevens.com.

—Kaylee Strachan

A NEW BOSTON MARKET

Two and a half years ago, the site of the Boston area's new Bow Market was an empty storage building. Now it's a bustling market-



place in Somerville's Union Square, north of Boston across the Charles River, and is home to nearly 20 vendors selling food, art and other goods.

The market is expected to reach its full capacity of 30 vendors by the end of the summer.

Permanent shops include 9000 Things, which sells art, accessories and home goods; Make & Mend, which sells gently used art supplies; and kmoe, which sells leather products, lights and art. The market also hosts temporary food vendors and pop-up shops.

More than half of the shops in the market are owned by women; 30 percent are owned by people of color; and nearly 15 percent are owned by people who identify as non-cisgender.

Guests can relax in the marketplace's courtyard, which is shaded by large locust trees and has seating along a granite wall.

For more information, visit bowmarketsomerville.com. —Kaylee Strachan



\$899^{MSRP} | 6 MINUTES
PER DAY

CAPILLUS. USE IT OR LOSE IT.

IF HAIR LOSS RUNS IN YOUR FAMILY, CHANCES ARE YOU MIGHT NEED CAPILLUS.

FOR USE BY MEN & WOMEN

The physician-recommended cap that's **clinically proven** to regrow hair discreetly under a hat is now available for men and women in a more comfortable, flexible fitting design. No need to endure the embarrassment of astronaut-type helmets or Cinderella-style headband gadgets. Capillus laser therapy caps prevent progression of hair loss and regrow thinning hair in those with hereditary hair loss in a dignified manner.

Manufactured in the USA, Capillus laser therapy is FDA-CLEARED and has no known adverse side-effects, so you can

use it with confidence.† Nothing tops it for convenience. **Just wear for 6 minutes daily and start seeing results within 4-6 months.**

Unlike laser comb type devices, Capillus lasers require no effort from the user - making it a preferred choice of doctors worldwide.† Our Capillus laser caps start at a very affordable price of \$899 for the Capillus82 - an incredible value for the amount of lasers (comb devices are priced as much as 4x the amount per laser) - and range up to our premier clinical strength device available through select hair restoration physicians.

Capillus laser therapy works through the process of photobiomodulation. Just like plants convert light energy to produce oxygen from carbon dioxide, cells on the scalp convert light energy from lasers into chemical energy to restore normal function in hair follicles. If caught on time, photobiomodulation can reverse the process of hair loss in people with androgenetic alopecia by restoring cellular function at the cellular level of the hair follicle, restoring the hair follicle.

DON'T WAIT UNTIL IT IS TOO LATE.
VISIT US ONLINE TO LEARN MORE AT
WWW.CAPILLUS.COM



PREVENTS HAIR LOSS & REGROWS THINNING HAIR
CLINICALLY PROVEN | FDA-CLEARED | PHYSICIAN RECOMMENDED
NOW, WITH NEW MORE COMFORTABLE AND FLEXIBLE FIT

ORDER TODAY AT WWW.CAPILLUS.COM
CALL TODAY 1 (888) 959-5383



\$125 CAPILLUS.COM EXCLUSIVE
STORE
REWARDS
WITH PURCHASE

Use Code **AB125** on checkout at www.capillus.com with any purchase of a Capillus laser therapy cap. Some restrictions may apply. Rewards good for use on future purchases at www.capillus.com. Offer expires July 31, 2018, 11:59PM PST

CAPILLUS, LLC - 1715 NW 82 AVE, MIAMI, FL 33126, USA +1 786 888-6249 - THE CAPILLUS NAME & LOGO ARE REGISTERED TRADEMARKS OF CAPILLUS, LLC. PATENT PENDING. ALL RIGHTS RESERVED. CAPILLUS272 PRO, CAPILLUS272 OFFICEPRO, CAPILLUS82, AND CAPILLUS202 ARE INTENDED FOR THE PROMOTION OF HAIR GROWTH IN FEMALES WITH ANDROGENIC ALOPECIA WHO HAVE LUDWIG-SAVIN CLASSIFICATIONS I - II, AND IN MALES WITH ANDROGENIC ALOPECIA WHO HAVE NORWOOD HAMILTON CLASSIFICATIONS IIA-V; AND BOTH GENDERS HAVING FITZPATRICK CLASSIFICATION OF SKIN PHOTOTYPES I TO IV.† MANUFACTURED IN USA FROM FOREIGN-SOURCE RAW MATERIALS. FOR DETAILS ON SATISFACTION GUARANTEE, VISIT WWW.CAPILLUS.COM/ SATISFACTION-GUARANTEE/ * MANY PHYSICIANS INDICATE BETTER PATIENT COMPLIANCE WITH CAPILLUS LASER CAPS COMPARED TO OTHER DEVICES. MSRP SHOWN IS FOR THE CAPILLUS82 MODEL.



**[Your business
is our business.]**

As a west coast bank with 97 years of history, we understand the unique needs of local businesses. We believe there's honesty in a handshake and that local decision making is vital to you and your company. From small business banking to commercial lending, we treat every customer like they're our only customer.

Commercial Lending

Small Business Lending

Commercial Real Estate

[HomeStreet] Bank®

[Homestreet.com/business](https://homestreet.com/business) 888.518.3090



COOKING AT THE WATER'S EDGE

Acclaimed chef Blaine Wetzel finds inspiration in Pacific Northwest ingredients

By Margo Vansynghel

» **Wielding a blue washcloth**, a filleting knife and his undivided attention, chef Blaine Wetzel cleans a halibut lying on the counter in his kitchen. The 30-pound, 3-foot-long fish arrived at Wetzel's restaurant, The Willows Inn, mere hours earlier, straight from a nearby beach where members of the Lummi Nation delivered their catch. The restaurant is nestled toward the north end of Lummi Island, near Bellingham and about a 110-mile drive-and-ferry trip from Seattle.

"We have the most amazing fish in the world," Wetzel says. He walks outside and opens the wooden doors to his smokehouse, checking on the batch of mussels he'll serve with cooked sunflower roots that evening.

If he's not in the kitchen or smokehouse, you can often find him in his garden, gathering produce, or in the woods, looking for fiddle-head ferns, sorrel, elderflower and other ingredients that Lummi Island supplies naturally.

Since Wetzel started cooking at the 100-year-old inn and restaurant in 2010, and reopened it as a haute cuisine establishment in 2012, the island—accessible only by ferry, private boat or floatplane, and home to fewer than a thousand people—has become a destination for foodies from all over the world. The Willows Inn topped the Opinionated About Dining Top 100+ U.S. Restaurants list (an online weighted ranking that accounts for reviewers' experience levels) both this year and last, and Wetzel has earned multiple James Beard Foundation Awards for his work at the restaurant, including being named Best Chef Northwest in 2015.

A Washington native born in Olympia, Wetzel shows humility despite the attention. "I'm not necessarily the best cook," he says. "Lummi just has incredible ingredients."



Chef Blaine Wetzel.

Wetzel is a man of few words, measuring his sentences like his dishes: He removes all excess, takes his time. "The taste of the vegetables has kept me here," he says, gazing out at the water near his 30-seat restaurant.

It's a long way from the first kitchen he worked in, at a steakhouse in Iowa, at age 14. After high school, he cooked in the kitchen of The Phoenician, a luxurious Arizona resort. This proved a springboard to increasingly prestigious restaurants, such as the Michelin-starred restaurants Alex at the Wynn Las Vegas, Vendôme in Germany and Noma in Copenhagen. At Noma he climbed the ranks from intern to become a chef de partie, and he saw the establishment named Best Restaurant in the World in 2010.

Wetzel eventually decided to move back home to Washington state, which he says allowed him to take a break from Noma's intense pace and be closer to family. Through Craigslist, he learned of The Willows Inn, which had a position open: "From across the world, I

found this job as a chef in a cute but rundown mom-and-pop B&B. I thought I'd look for a real job once I got there."

Without having been to Lummi Island, he arrived there with a U-Haul truck filled with possessions. He immediately fell in love with the scenic surroundings. Just a few months later, *The New York Times* named The Willows Inn one of 10 "Restaurants Worth a Plane Ride."

"In 2011, it was sold out every night," Wetzel says. Shortly after Wetzel bought the inn (with the help of investment partners), renovated it, and expanded the menu to a 20-course experience, *Food & Wine* magazine listed him as one of the Best New Chefs of 2012. The restaurant has continued to impress ever since.

His recipe for success, Wetzel says, is to let the ingredients speak. "The chef's job is to elevate the natural flavors—so that, when you eat asparagus here, it's the best you ever had. This process is what's exciting to me."

Learn more about Wetzel and his restaurant at willows-inn.com. ✂

DAY 1

» Home to fewer than 9,000 people, Sitka is a gorgeous coastal community set against a mountainous backdrop in Southeast Alaska.



From cityscapes to epic crepes, Madeline Lu isn't afraid to bring her own flavor to her photo feed, and she's always looking for her next adventure. Lu and her family traveled from the San Francisco Bay Area to Sitka, Alaska, as part of Alaska Airlines' #WeekendWanderer series. For more #WeekendWanderer posts, be sure to follow @alaskaair on Instagram.

blog.alaskaair.com

SCENIC SITKA

» Flying into Sitka, Alaska, my family and I could not keep our eyes away from the windows. Beautiful mountain peaks poked out of the clouds, and then the scenic area was spread out before us. Sitka is situated between the sea and the mountains, and when the sky is clear, you can see the snowcapped top of Mount Edgecumbe, a dormant volcano that rises more than 3,200 feet above sea level.

Only accessible by sea or air, Sitka is rugged and wild, and for us, it was the perfect escape from the busy bustle and tech-packed world of San Francisco. During our three-day stay, we were delighted by the strong sense of community we found. The locals were very friendly, helpful and open, and they made an extra effort to make us feel welcome.

We visited the Sitka National Historical Park, which is lined with towering spruce and hemlock and home to Tlingit and Haida

totem poles, some of which date back more than 100 years.

We also visited Fortress of the Bear, a local rescue center for orphaned grizzly bear cubs and injured bears. The facility is currently home to bears such as Killisnoo, named after the island where he was found as a cub in 2007.

We kayaked along Sitka's shores and saw kelp forests, sea stars, jellyfish, eagles and many other creatures. We heard that a group kayaking a few days prior even encountered whales during their journey—how lucky!

While hiking, we picked sweet and juicy wild salmonberries, which we had never before seen or tasted. The kids had so much fun collecting (and eating) these delicious treats.

For more fresh tastes, we enjoyed salmon and crab caught in nearby waters.

All in all, it was such a beautiful weekend, giving us a small sampling of wild Alaska.

DAY 2



⌵ Inhabited and wild islands dot the aquamarine waters of Sitka Sound, about 95 miles southwest of Juneau.



⌵ Tlingit and Haida totem poles stand amid spruce and hemlock trees in Sitka National Historical Park.

DAY 3



⌵ On kayaks, the kids and I enjoyed the impeccable views and loved seeing colorful sea stars, blue sea urchins and other marine life.



⌵ My kids got to sit in the airplane captain's and first officer's seats. The kids even made a "welcome aboard" announcement.

OUR LEGACY CONTINUES

Introducing a new concept in oceanfront luxury and comfort.
Resorts, Golf & Real Estate



DESIGNED BY



GREGNORMAN
GOLF COURSE DESIGN



Rancho San Lucas
LOS CABOS



NORMAN ESTATES

AT RANCHO SAN LUCAS

FOR RESERVATIONS CALL
1.800.344.3349

WWW.RANCHOSANLUCAS.COM | WWW.SOLMAR.COM

Grand Solmar

AT RANCHO SAN LUCAS
RESORT GOLF & SPA

Preferred
RESIDENCES



EXPLORING THE TIP OF BAJA

Los Cabos offers adventure and relaxation

By Sandra A. Berry

» Located at the southern tip of the Baja Peninsula of Mexico, where the Sea of Cortés and the Pacific Ocean meet, Los Cabos is a stunning vacation destination with pristine beaches, magnificent sunrises and sunsets, and more activities than one can experience in a month's stay.

The main vacation area of Los Cabos, which means *the capes*, includes the bustling community of Cabo San Lucas and the smaller, low-key mission town of San José del Cabo to the east, as well as the 20-mile corridor in between, where many resorts are located.

Good times to visit Cabo are in July and the early fall, when the local communities take on a slower pace, following the busy winter tourism season (November–April).

The early summer and early fall seasons are great times to take advantage of lower hotel prices, smaller crowds and an abundance of amazing outdoor activities.

More than a dozen golf courses are located in the area, and water sports such as kayaking, sailing, parasailing, snorkeling and flyboarding



» THE FEED WHEN IN CABO SAN LUCAS

abound. The region is also famous for its sport fishing. While the whales are generally gone during this time, visitors can still see rays, dolphins, marlin, swordfish and sea turtles, among other wildlife, in area waters.

San José del Cabo is known for its historical mission and its thriving artist community. Many of the city's galleries, including the Arte Gallery and the Casa Dahlia Gallery, feature some excellent works by local artists.

In Cabo San Lucas, take a glass-bottom water taxi to Lover's Beach to see the iconic landmark El Arco, a rock formation in the shape of an arch, located at Land's End. However, visitors should be careful of the area's strong currents. For a closer look at the countryside, join Cabo Adventures for an Outback and Camel Ride Safari, which takes participants on a tour of the local landscape and a camel ride through the desert and on area beaches.

To pamper yourself, enjoy a trip to the Sea Spa at Grand Solmar Land's End Resort, where you can relax, rejuvenate and enjoy a



» **Clockwise from top left:**
The rock formation El Arco at Land's End; a snorkeler jumps into the Sea of Cortés; a balloon seller in the main plaza of San José del Cabo; mobula rays gather in the waters near Cabo San Lucas.

massage in one of the spa's *cabañas*.

Cabo San Lucas also has an amazing array of outstanding restaurants and nightclubs. The one-time secluded fishing village now boasts award-winning chefs serving the freshest ingredients at restaurants such as Sunset MonaLisa, with its outstanding view of El Arco.

Other top-notch restaurants include Café des Artistes Los Cabos at JW Marriott Resort; Fat Tuna, a three-level restaurant set in the heart of downtown Cabo San Lucas; and Pitahayas Restaurant, located right on the beach at the Sheraton Resort, a dining spot with a view that has wowed guests for more than two decades.

In addition to many restaurants serving Mexican fare, such as Pancho's Restaurant and Tequila Bar and María Corona, there is also Romeo & Julieta, which has been serving distinctive Italian dishes for more than 30 years. You can also try Chin's, which offers premier Chinese, Cantonese and Sichuan dishes, and Nick-san for Japanese cuisine.

When it comes to nightclubs, Sammy Hagar's Cabo Wabo is one of many clubs that helped put Los Cabos on the nightlife map. Some of the places to visit include El Squid Roe, The Giggling Marlin, Mandala and Pink Kitty. There are also a variety of Latin dance clubs, piano bars and party cruise boats.

Of course, you can simply put on your sunscreen and find a sandy beach to enjoy. Los Cabos is the perfect place for that, too. ✈



MY SCHICK STORY:

The journey to sobriety is different for everyone. I remember clearly the day I chose to quit drinking; to FEEL life; to be unapologetically me and fearless in the face of all this life has to offer.

I knew what I had to do, just not how to do it. I tried many times on my own with limited success, always wondering why it didn't work. It was my problem and no one else could help me – I had to do it for myself.

At Schick Shadel Hospital, I discovered the reasons and the science that explained why drinking was a problem for me. After seven years of sobriety, my heart is grateful. I am here to watch my son grow up and to be OK in this world of highs and lows. I now fill my soul with live music and the best of friends. I live, love, laugh, and dance like no one is watching.

I like me better when I don't drink.
Cheers to life!

– Karen



SCHICK SHADEL
HOSPITAL

**FEEL GREAT AGAIN IN JUST 10 DAYS!
CALL 1-800-CRAVING OR 206-244-8100**

DBHR Certification #17 1638 00

Washington State Hospital Licensed for Chemical Dependency • HALC.FS 60238024





Baltimore's Inner Harbor bustles with popular restaurants, a lively brick promenade and attractions such as the USS Constellation.

ALONG THE INNER HARBOR

By Eva Leonard

» Baltimore exudes a zest for life, one vividly cheered in native son John Waters' hit film *Hairspray* and its later musical adaptations. Thriving over the centuries as a seaport and center for shipbuilding and oyster canning, Baltimore's Inner Harbor also played a key role in the War of 1812. Today the Inner Harbor is the nexus of a compact cluster of attractions that celebrate its salty seaside history.

Start a few blocks from the waterfront, at Oriole Park at Camden Yards, home of baseball's Baltimore Orioles. Beginning near the Babe Ruth statue at the ballpark's northeast corner, 60 baseballs painted on the sidewalk lead to the Babe Ruth Birthplace and Museum, on Emory Street. Find artifacts such as a childhood hymnal that features Ruth's inscription: "world's worst singer, world's best pitcher."

From the museum, head northeast to the Kimpton Hotel Monaco Baltimore Inner Harbor, on North Charles Street, to admire the two sculptural figures atop the entrance. On the left is the Roman god Mercury; the other figure is thought to represent the progress of industry. Stop to appreciate the marble and stained-glass interiors of the hotel's Beaux Arts building, constructed in 1906 as the headquarters of the B&O Railroad. Refuel at the building's B&O American Brasserie.

Head south toward the harbor and walk along Light Street to the Maryland Science Center, where dinosaur exhibits, an Imax theater and a planetarium engage guests. From there, you can stroll harborside in either direction on the redbrick Inner Harbor promenade. Heading north, visit the Baltimore Visitor Center to get your bearings, peruse travel info and perhaps charge your phone.

Near the visitor center, you can board historic ships, such as the sloop-of-war USS *Constellation* and the submarine USS *Torsk*.

Many additional attractions are found along the harbor. With close to 20,000 animals (850 species), the National Aquarium is a must. The nearby restaurant Phillips Seafood serves its take on the iconic Maryland crabcake, using a traditional recipe. Across East Pratt Street is the Reginald F. Lewis Museum of Maryland African American History & Culture, which honors African American communities and luminaries. Right near the museum is the Little Italy neighborhood, where you can top off your city walk with a fresh cannoli or espresso. ✈

MORE IN BALTIMORE: From the Inner Harbor, visitors can take the Baltimore Water Taxi to destinations such as the Fell's Point neighborhood—with its 18th and 19th century architecture, hip shops and restaurants—or to Fort McHenry National Monument and Historic Shrine, the War of 1812 site immortalized in *The Star-Spangled Banner*. —E.L.

HOME SWEET HOME LOANS

Ally C.
Member-owner

Home loan help from
application to close —
that's just how we roll.
Schedule time with a
personal mortgage advisor.

becu.org/appointment

B|E|C|U

Federally insured by NCUA





PONY TRAILS

By Eva Leonard

» **Assateague Island National Seashore**, a parkland about 170 miles southeast of Baltimore, is home to a protected population of wild horses (sometimes called Assateague ponies) that have inhabited the island since the 1600s. Local legend says that their equine ancestors arrived on Spanish ships that wrecked off Virginia, but in fact, they were kept here illicitly by colonists dodging livestock taxes. Some 80 to 100 horses roam the island's north end freely, if at times somewhat surreptitiously. To glimpse them can evoke a thrill of connection to the wild, along with a deep awe and a sense of tranquility. (Note: Always keep a respectful distance.)

Flanked by the Chincoteague Bay to the west and the Atlantic Ocean to the east, Assateague Island is 37 miles long and only 1.5 miles across at its widest point. The island is bisected by the Maryland-Virginia border, and Route 611 crosses Maryland's Verrazano Bridge to reach the national seashore's northern entrance.

In addition to pony spotters, the park draws avid kayakers, bikers and campers, among others. With bike and kayak rentals available within the park, visitors have the options of hiking, driving, boating or biking paved trails within this coastal parkland. The area is also popular for fishing, clamming and crabbing.

Seeking out the equine wonders can be an adventure. Trekking sections of Assateague Island beaches and

following the hoofprints that meander through the sand conjures images of the animals galloping along the shores. This ratchets up the excitement to see them.

While the ponies are not always at the beaches, other areas can provide opportunities to view them. A stroll along the wooden walkway off Old Ferry Landing might reveal the ponies grazing peacefully in the marshlands in the distance. The horses' coloring ranges from brown-and-white to solid chestnut. They can often be found standing silent and still, save for an occasional snort, a vigorous flick of the tail or a shake of the mane.

Learn more at nps.gov/asis/index.htm. ✈

» *Assateague Island is famous for its wild horses, above, as well as for recreational opportunities that include biking coastal trails such as the one shown below.*

ALSO OF NOTE:

Just under 9 miles from Assateague Island National Seashore, the town of Berlin, Maryland, is a charming roadside stop. Highlights are Rayne's Reef, an old-fashioned diner and soda fountain, and the Atlantic Hotel (est. 1895), which houses a restaurant boasting more than 100 years of fine dining. —E.L.



Living on the edge in Cloud City

(Find out how we can take you there, too.)

SABEY
Data Centers

Low latency access to one of the world's most connected populations. Give your apps proximity to the Seattle - Portland market, as well as trans-pacific cable landing stations.

With dozens of carrier partners, easy access to carrier hotels and cloud on-ramps, Sabey makes connection easy.

Email alaska@sabey.com for more information.

— SCALABLE, SECURE SOLUTIONS FROM THE WEST COAST TO THE EAST —



Seattle WA - 1.3 Million SF



Quincy WA - 400K SF



E Wenatchee WA - 430K SF



Ashburn VA - 900K SF



Manhattan NY - 1 Million SF



Check out *Intergate.Quincy*, our newest Central Washington data center!



THE QUICK PICNIC

By Naomi Tomky

» One of the most pleasant ways to experience a destination's scenery, cuisine and culture is to bring local food—whether picked up at a restaurant or deli—to a park, and savor an outdoor meal.

In his home country of Australia, Louis Tikaram, now chef at Southeast Asian-themed restaurant **E.P. & L.P.** in Los Angeles, would bring vendor or street-stand food to a beach or park. Now, he does the same with the companionship of his wife and daughter, taking advantage of LA's sunshine—and tacos.

His pick? Culver City's **Tito's Tacos**, "a really iconic taco stand with hard-shell tacos," he says. "Take it to Culver City Park for a hike and views." Vistas at the LA-area park span from Hollywood to the Pacific Ocean.

Picnicking is a more relaxing way to eat, says Kimberley Lovato, author of *Unique Eats & Eateries of San Francisco*. She enjoys grabbing food during Presidio Picnic, a weekly San Francisco event with 25 food trucks, taking place at the Presidio's Main Parade Ground.

But Lovato also likes deli food for her picnics—such as big sandwiches easy to transport in a backpack. **Lucca Delicatessen** is one of her favorite places to pick up "old-school Italian" food, including sandwiches, salads, sliced meats, cheese and bread. She enjoys bringing Lucca's food to Crissy Field, a park in the Presidio offering picnic benches and sandy beaches, along with views of the iconic Golden Gate Bridge.

Portability of picnic fare is key, according to Paula Forbes, author of *The Austin Cookbook*. That's why her town's signature barbecue works well. "It's easy to just pick up," she says of barbecue, as quick to-go food. She recommends brisket, sausage and ribs from Austin's **Terry Black's Barbecue**, which she describes as "good, solid Texas barbecue." She takes ribs to Auditorium Shores, a downtown Austin park located on Lady Bird Lake.

Foods that taste good at room temperature or cold (such as fried chicken) are on Forbes' picnic list, as well as fresh foods like coleslaw. ✈

PACK THE BASKET

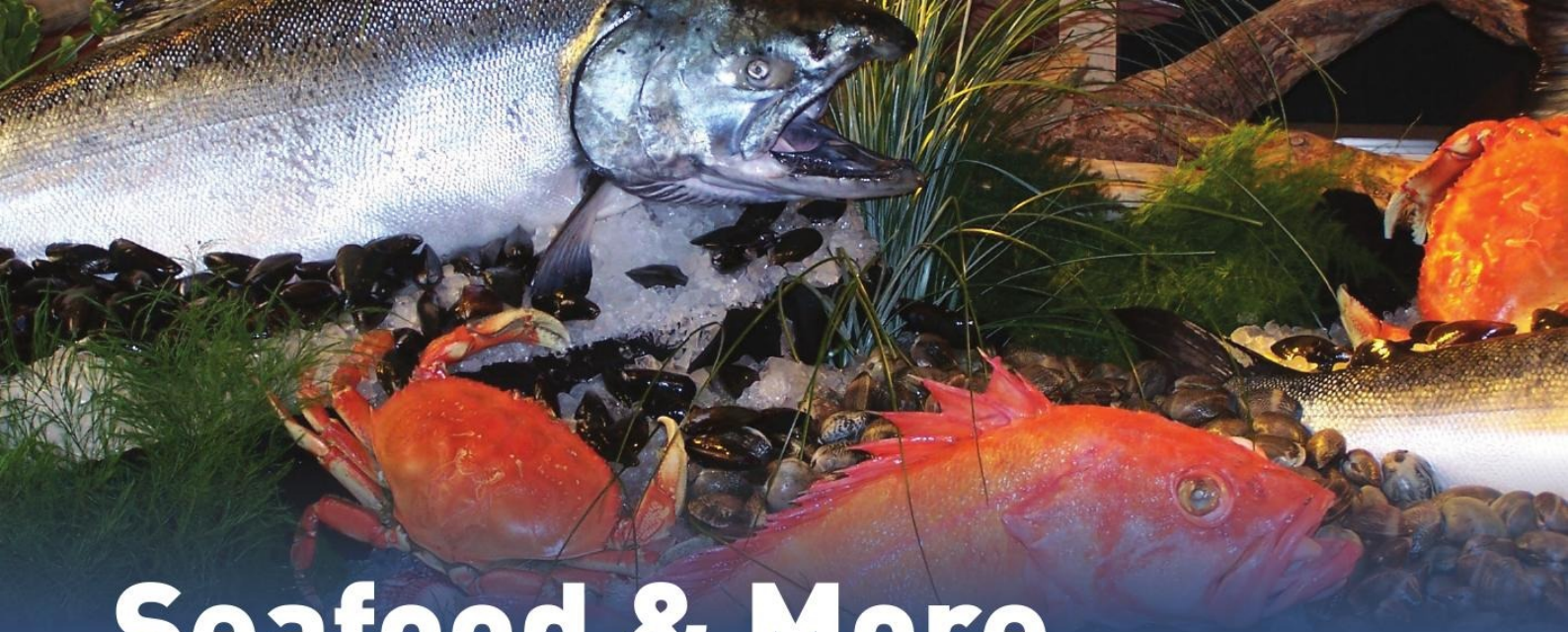
Picnic picks for parks or hikes, courtesy of Joel Klemenhagen, co-owner of The Shambles, a Seattle butcher shop/pub that opened in January:

- Fresh fruit such as berries; grapes also hold up well in the summer heat.
- Pickled salads, such as bean or cucumber salad.
- Firm, aged cheeses such as P'tit Basque, Manchego or aged goat Gouda.
- Artisanal salamis from Portland's Chop or Seattle's Salt Blade.
- A baguette.

U.S Food and Drug Administration

notes: Enjoy hot foods within two hours if food is stored between 40 and 90 degrees Fahrenheit, and within one hour if outdoor temps are above 90 degrees.





Seafood & More Directly to Your Door!

ANTHONY'S[®]
— DIRECT —

Perfect for summer barbecues, parties,
special occasion gatherings or gifts!

Enjoy Anthony's seasonal seafood specialties
as well as signature spices, coffee and
apparel shipped from our own Anthony's
Seafood Company directly back to you or your
recipient anywhere in the continental U.S.

**PLACE YOUR ANTHONY'S SEAFOOD
DIRECT ORDER TODAY!**

www.shop.anthonys.com

or call (425) 455-0732

Monday - Friday 7AM-3PM PST





CRAFT IN A CAN

By Brad Japhe

» **Canned beer**—traditionally light, crisp and easy-drinking—has been a longtime beverage of choice for backyard picnics and barbecues. These canned beers may contain relatively lower alcohol by volume (ABV), in comparison to other beers. Although big-name breweries have long ruled canned options, craft brewers are changing the game. Translation: You're going to need a bigger cooler. Here's how to fill it.

Pilsners remind you that a beer can still taste like, well, beer, while also slaking your thirst for well-crafted lager during warm weather. Prague put this practice on the map with **Pilsner Urquell** (4.4% ABV) in 1842. Now available in a four-pack of 16-ounce cans, the liquid pairs with bratwurst, artisan cheeses or salty fare such as chips and dip.

Other options include Almanac Beer Company's **Craft Pilsner** (4.8% ABV) and Trumer

Brauerei's **Trumer Pils** (4.8% ABV).

Kölsch is a German-inspired alternative, with a similar malt profile, but more effervescent and lighter-bodied, according to Steve Altimari, brewmaster at **High Water Brewing** in Stockton, California. "They're extremely easy to sip on, when the temperatures start creeping upward," he says of Kölsch beers.

He cans **Cucumber Kolsch** (5.4% ABV), a specialty ale brewed with actual cucumber and mint. At first whiff, you might think you're popping open a tin of spa water, but on the tongue there's a hint of hops, faintly floral and delicately bitter.

Those seeking something a touch more tropical might turn to a beer from Hawai'i. Relief from the heat comes in the form of **Longboard Island Lager** (4.6% ABV) by **Kona Brewing Company**, the Aloha State's popular brewery. The slightly citrusy and entirely

quaffable beer is now available in aluminum alongside the brand's equally invigorating **Big Wave Golden Ale** (4.4% ABV).

Bitter-forward pale ales aren't typically considered light summer beers, but Bend, Oregon-based **Deschutes Brewery** is providing even the most dedicated of hopheads with a crafty workaround. **Pacific Wonderland** (5.5% ABV) is a bright brew, dry-hopped with Mandarin Bavaria, containing orange, mango and pineapple notes.

The only missing ingredients? A good group of friends, and a lot of ice. Your summer just got a whole lot cooler. 🍹

NOTE: Alcoholic beverages can be dehydrating, no matter the ABV. Drink responsibly, and observe any laws regarding open containers at beaches and parks.

Downtown Bellevue

BRAND NEW APARTMENTS

Just one block north of Bellevue Square, Lincoln Square and surrounding shopping, restaurants and nightlife. Infused with modern sophistication: quartz counters • stainless steel appliances • private decks • garage parking • air conditioning • rooftop terrace • 24-hour fitness center. Lux living at its best in Bellevue.

By Continental Properties LLC



1000 100TH AVE NE
BELLEVUE, WA 98004
Call today!
425.646.1100

RentAtLux.com



AIR CONDITIONED!

BELLEVUE LUX. WALKABLE LUX. LIVE LUX.



COOKOUT COUTURE

Alluring summer fashions for dining alfresco

By Kate Calamusa

» **Sun-dappled days**, icy lemonade and the feel of freshly mown grass between your toes: The month of July practically begs for long, laid-back lunches enjoyed en plein air. Show up for your next barbecue or picnic in styles perfect for chilling.



Create a little buzz with these **Cicada Earrings** on an upcoming summer outing—whether day or night. Hand-made in the Brooklyn studio of jeweler Erica Weiner, the lightweight brass earrings dangle from gold wires, and add a cheery, bright touch to any ensemble (\$35; ericaweiner.com).



These darling **Kids Glitter Fruit Authentic** tennies from Southern California-based Vans are berry good. The brand's classic low-top style is combined with a textile upper, and sturdy rubber outsoles are designed so little ones can run and romp all summer long (\$40; vans.com).



Easygoing, effortless and ethereal, this sleeveless fit-and-flare **Anouk Eyelet Dress** from San Francisco's Amour Vert will keep you looking cool on a hot summer's day; made from 100 percent organic cotton and finished with a sweet tie at the waist (\$198; amourvert.com).



Stock all your essentials—from lip gloss to a light snack—in the **Summer Picnic Bag** sold by Misha & Puff, which takes design cues from the classic picnic basket. This handwoven rattan handbag comes with a long cross-body strap and an interior lining of soft cotton (\$98; shop.misha-and-puff.com).



This button-down **Ice Cream Sandwich Shirt** for men embraces summer with short sleeves, stretch-cotton fabrication and an awesome ice cream-sandwich print; order the shirt from Public Art Apparel's website (\$79.50; publicartapparel.com).



Have it made in the shades with these unisex **Ontario Skate** sunglasses from family-run brand Proof Eyewear of Boise, Idaho. With wood frames hand-crafted from Canadian maple skateboard decks, the sunglasses feature polarized lenses and a water-resistant seal (\$115; iwantproof.com).

WELCOME

COMFORT MEETS WELLNESS



HOTEL BELLEVUE

AN **URBAN RETREAT** AT BELLEVUE CLUB

thehotelbellevue.com

WATERPROOF FOR WATER PLAY

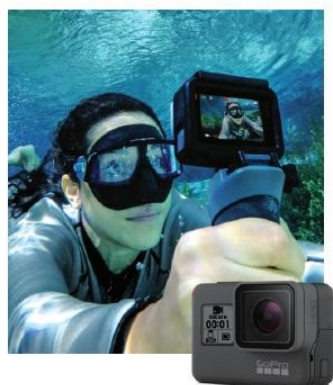
Gear designed to be fun while wet

By Megan Campbell

» Summer has arrived, and with it the desire to get in, on or at least near the water is becoming nearly irresistible. Make a splash this season with equipment and technology created for a day of aquatic fun at the beach, poolside or out on the water.



LifeProof Frē: Lightweight, yet rugged, this phone case was designed to prevent water reaching your device, even when submerged to 2 meters (6.6 feet) for up to an hour. Your phone retains all functions with the case on, which makes texts from the shore or underwater selfies that much easier (\$49.99–\$119.99, depending on phone model; lifeproof.com).



GoPro Hero: This GoPro model is lightweight, with a touch screen to view cool shots in real time. Made to accompany you on many types of adventures, this camera can record photos and videos at depths up to 33 feet. Add a floating hand grip accessory for extra security shooting underwater (camera: \$199.99; hand grip: \$29.99; shop.gopro.com).



Ultimate Ears Wonderboom Speaker: Crisp sound and bass beats blast from this compact Bluetooth-equipped speaker that can float right beside you on the water. With a rounded design that emits 360-degree sound, and a durable rubber/mesh body, it can turn your time by the pool, or at the beach, into a party (\$99.99; ultimatedeals.com).



Finis Duo Underwater MP3 Player: This device's two-piece headphones clip to goggle straps and allow you to hear audio clearly underwater. Duo uses a bone-conduction technology that vibrates your temples to transfer sound directly to the inner ear. Preload songs, podcasts and more to enjoy while swimming laps (\$139.99; finiswim.com).



Matador Droplet XL Dry Bag: This lightweight sack stuffs into an accompanying teardrop-shaped silicone case with a carabiner clip. The bag unfolds to 20 liters and works to contain already-damp items or to protect dry ones from getting wet. Not intended for full submersion (\$39.99; 3-liter "wet bag" version also available for \$14.99; matadorup.com).

MORE BEACH GEAR

Bearz Outdoor Blanket:

This lightweight blanket comes with an easy-to-carry bag and is useful for sitting on wet sand or protecting belongings from dripping swimsuits (\$19.99; bearzoutdoor.com).

Skog Å Kust ToteSåk: This stylish, waterproof tote is great for carrying towels, swimsuits and refreshments to and from the beach (\$69.95; skogakust.com).

Vansky Floatable Waterproof Phone Case: Designed to keep your phone sealed but functional underwater, this floating case features an integrated armband and a waterproof headphone port (\$9.99; vanskytek.com).

The Leader in Implant & Cosmetic Dentistry



Dr Shawn Keller DDS

Dentists from around the country come to train with Dr. Shawn Keller, inventor of **SAME DAY NEW SMILE™**. With **stem cell** therapy and **3D imaging**, healing is ultra fast and you can have your new smile on the same day!

→ A Closer Look at Metal Free Implants



1. Titanium implant with titanium abutments.
2. Titanium implant with zirconia abutments.
3. **CERAROOT** Zirconia implant.

Traditional metal implants often show through the gums giving you that grey displeasing appearance. In today's health conscious world, people are more mindful about what they put in their body, and there are valid concerns about metal implants.



Solution: Zirconia metal-free implants are white, strong and beautiful. They are undetectable and blend perfectly with any smile. **100% biocompatibility** is one reason Dr. Shawn offers a lifetime guarantee. This is why people are flying to Washington for the future of implant dentistry.

→ Replacement of ALL teeth on 4 implants in 24 hours!

Say goodbye to loose dentures and failing dental work and enjoy your life again!



Upper or lower non-removable bridge on just 4 metal-free ceramic implants (*greatly reducing cost*).

You will not only avoid the expensive painful failing dental work that comes as many of us age, but enjoy a beautiful new lifelong smile that can make you look and feel over 10 years younger. Dr. Shawn Keller uses his fountain of youth stem cell technology that creates a face-lift effect making most patients look about 10 years younger. Visit our website to see for yourself.



Jordan's Story

Jordan had been self-conscious about her smile. She knew she wanted to replace her missing tooth and that dental implants were an option.

Then she learned about Dr. Shawn Keller, the first dentist in Washington to offer CeraRoot metal-free implants. These ceramic zirconia implants are 100% metal-free and are as strong as they are beautiful. She was hesitant, having seen traditional implants with dark lines at the gum that did not look natural. She also heard implants could be painful, took many visits and over 6 months to heal, and were expensive. Then she met with Dr. Shawn Keller. With many options offered, treatment was made affordable with a payment plan. Jordan wanted to improve the look of the rest of her smile and with Dr. Shawn's advanced sedation, she had the implant placed and cosmetic rejuvenation done at one visit, all while she slept peacefully. Thanks to the stem cell therapy used during the procedure, she had no discomfort and her beautiful smile was completed in the same day. Now Jordan is proud to smile with the peace of mind that her healthy new teeth will last a lifetime.



"Dr. Keller changed my life!"
- Jordan

Call today for a free consultation or attend our free seminars and learn more about all our amazing services we offer:

Same Day New Smile • Prettau Bridge • TMJ Veneers • Sedation Dentistry • Laser Dentistry
Fountain of Youth Dentures • General Dentistry

AS SEEN IN CBS eye new Day KOMO 4 K5

SHAWN KELLER
SMILES BY DESIGN

shawnkellerdds.com
425.558.1515



The All-City Cycles Cosmic Stallion is a popular example of a gravel bike.

THE SWISS ARMY KNIFE OF BIKES

By Ken Van Vechten

» **Cyclists seeking the efficient ride** of a road bike with the hardworking stability of a mountain bike should take a look at one of the hottest bike trends in the cycling industry—the gravel bike.

This form of two-wheeled transportation does the work of many types of bikes. Many companies call them “all-road bikes,” and that’s a great way to think of them. A “gravel bike” sounds edgy, but the name just means that if the surface upon which you are rolling isn’t baby-skin smooth, your eyes aren’t going to rattle out of their sockets.

Gravel bikes are very popular right now, says Michael Austin, owner of Allegro Cyclery in Walla Walla, Washington, a growing cycling center. “They are great all-purpose bikes. People like the idea of having a comfortable performance bike that they can ride on trails, bike paths, gravel roads and pavement.”

Think of a gravel bike as an endurance road bike that allows riders the ability to fit anything from standard road tires to wider, treaded off-road tires on the same bike frame, using different wheelsets, of course. The brakes will

be disc and the handlebars will drop (curve) because, well, it’s still a maneuverable road bike.

With rare exceptions, there is no suspension system as there is with mountain bikes, though some models have vibration-absorbing components. The stability on rough surfaces is the result of the beefier tires and the design of the frame—in a nutshell, the angles of the various tubes of endurance-style bikes aren’t as acute as those of racing bikes, and you ride in a slightly more upright position.

Gravel bike models, such as All-City Cycles Cosmic Stallion, Jamis Renegade and Specialized Diverge, may not be built for black diamond downhill routes at Mt. Bachelor, Oregon, but you can spend Saturday rolling out a fast-road 50-miler with the local bike club and Sunday churning along a rough road, or trail, in the nearest national forest.

The bike may be a paradigm shift.

“They’re the Swiss army knife of bikes because they can do so many things,” says Thad “T.J.” Jordan, owner of the Hub Cyclery in Bend. “For us, it is the fastest-growing segment. They are here to stay.” ✂



IF YOU'RE A BUSINESS LEADER, YOU NEED US ON YOUR SIDE.

For too long, corporate real estate brokers have had conflicting interests, representing both sides of lease and purchase negotiations.

NO MORE.

We're Hughes Marino, and we're changing the way corporate real estate is done. That's because our brokers only represent tenants and buyers—never landlords. Think of us as the special forces of the commercial real estate world.

WE'RE DIFFERENT.

Recognized nationally by *Fortune*, *Entrepreneur* and *Inc.*—and ranked the #1 Best Place to Work in multiple major cities, it's clear we're challenging the status quo in an industry ripe for disruption.

AND WE'D LOVE TO TALK.

Find out how our award-winning company can help your business thrive—all with an unprecedented 100% guarantee of service and results.

HUGHES MARINO

1.844.662.6635 | hughesmarino.com



RE-MODELS

Vehicle badges return with revamping

By Bengt Halvorson

» **Call them the comeback kids.** This year and next, several well-respected nameplates of the past are being made again. But don't expect these new vehicles to simply rehash their old versions. Instead, the reproductions of these popular models serve as good pivot points for brands as they move toward the future. Here's a quick look at three such examples.

» Ford Ranger

From the 1980s well into the 2000s, Ford's compact Ranger pickups were perennial top sellers. Then, as buyers looked to larger trucks, Ford opted to end the Ranger's run in 2011. For 2019, the Ranger's back, and it is aimed toward outdoor enthusiasts. It's still a step smaller than the F-150, but it's a much larger truck than the Ranger used to be. All versions get a 2.3-liter EcoBoost (turbocharged) four-cylinder engine and 10-speed automatic transmission. FX4 off-road versions have a Terrain Management System to help drivers traverse whatever is part of that weekend adventure.



» Mitsubishi Eclipse Cross

In their heyday in the 1990s, Mitsubishi's Eclipse Coupe and Convertible were sporty two-doors. Those namesakes share little in common with the new Eclipse Cross, a tall, rugged compact crossover vehicle. Like cousins, however, Eclipses past and present share a resemblance in the form of flashy styling, which, in itself, is a strong signal that the brand is embracing more exciting exteriors.



» Toyota Supra

In part by collaborating with BMW on engine technology, Toyota has developed a Supra that's completely unique from the model Toyota discontinued in the United States 20 years ago. Toyota hasn't yet revealed the production Supra, but it has provided a preview with the Toyota GR Supra Racing Concept, shown above. Expect a six-cylinder car, rear-wheel drive and versions that are equipped for the racetrack. ✈

DAVE MATTHEWS

MUSIC, FAMILY AND
LOVE GUIDE A STELLAR
ROCK CAREER

BY ANDREW WAITE

DAVE MATTHEWS NEEDED A RIDE.

It was July 2013 on a country road in Hershey, Pennsylvania, and Matthews had a flat tire—on his bicycle. The Dave Matthews Band was scheduled to play a concert at Hersheypark Stadium in just a few hours. Though Matthews usually carries his cellphone when he rides, he didn't have it. His plan had been to go only a short distance to meet a buddy at a local hotel.

"But I missed him somehow," Matthews says.

He recalled the experience over coffee on a recent May morning in Seattle, where he lives with his wife, twin 16-year-old daughters and 11-year-old son, whom Matthews had just dropped off at school. Later that month, the Grammy Award-winning Dave Matthews Band embarked on another summer tour, and in June it released "Come Tomorrow," its ninth studio album. But sipping his drip

coffee, Matthews, 51, looked the part of soccer dad—navy-blue hoodie, suede Hush Puppies, about two weeks' worth of stubble flecked with patches of white.

He explained that after failing to find his friend in Pennsylvania, he decided to take advantage of being on his bicycle. "They have these trails back around there, so I went riding," he says. "And that's when I got a flat, right at the bottom of the hill."

In the context of Matthews' life, this bump in the road was fairly insignificant. He ponders such things on a sort of cosmic scale, where human history is barely a speck in the course of the universe. Matthews has a proclivity for such musings, unspooling tangents of wisdom that clearly are the seeds of his lyrics.

"I always think about the farthest star that we can see with the naked eye, and how the light we see left that star about the same time that the first

RODRIGO SIMAS



BANDING TOGETHER

From playing benefit concerts to helping direct funds of the Dave Matthews Band's Bama Works Fund; from donating his personal time to making financial contributions for community programs, school fundraisers or global awareness issues, Dave Matthews regularly gives back. Here are five organizations for which Matthews has special passion:

Arts Corps: Works to address the race and income-based opportunity gaps in access to arts education by igniting the creative power of young people through culturally engaging learning experiences (artscorps.org).

Farm Aid: Helps to build a system of agriculture that values family farmers, good food, soil and water, and strong communities. An annual concert, at which Matthews typically plays, celebrates farmers, eaters and music coming together for change (farmaid.org).

Innocence Project: Exonerates the wrongly convicted through DNA testing, and reforms the criminal justice system to prevent future injustices (innocenceproject.org).

The Jane Goodall Institute: Promotes understanding and protection of great apes and their habitat, and builds on the legacy of founder Dr. Jane Goodall to inspire individual action to help animals, other people and to protect the world (janegoodall.org).

The Wilderness Society: Conserves and protects wildlands (wilderness.org). —A.W.



Tim Reynolds and Dave Matthews performing at Farm Aid 2017.

people crossed the Bering Strait," he says. "When I think of that, I think no matter how loud a noise I make—or anyone makes—it doesn't amount to anything unless we somehow manage to stay here that long."

Inconsequential or not, about 30,000 people were expecting to hear the Dave Matthews Band make some noise that night in Hershey. The frontman needed to get back to the stadium. "I realized that at least 90 percent of the people driving past were going to my show. So I thought, if I just take my helmet off and stand out in the street, the first car will stop."

Matthews was right. Though it was the second car that had a bike rack. "I just put my bike on the back, and that couple took me to the gig." In return, Matthews gave the couple front-row seats and thanked them publicly during the show.

The story of the rock star hitching a ride to his own concert took off. But for Matthews, it was no big deal, just an example of people helping people.

"If you help people, they will appreciate it," Matthews says. "Generally, I think that's pretty safe ground. We tend to be good."

Matthews abides by that collaborative spirit. Whether it's inviting musicians to play with him, working with charities to champion causes, or entertaining thousands of strangers, Matthews believes in the good that arises from people coming together. And whether dealing with a flat tire on his bike, tending to his children's happiness or contemplating the health of the planet, Matthews puts his trust in others, turning to music, family and love as his guiding stars.

THE ROAD TO STARDOM

Dave Matthews grew up on three continents. He was born in Johannesburg, South Africa, in 1967; moved to

New York state two years later when his father, a physicist, got a job at IBM; moved to Cambridge, England, in the early 1970s; moved back to New York state; returned to South Africa in 1980 after his father died of cancer in 1977; and in 1986 finally settled with his family in Charlottesville, Virginia, where his parents had lived before his birth.

It was in Charlottesville that Matthews—a skinny 19-year-old playing open mic nights and working at Miller's Downtown restaurant on the city's brick-lined mall—got serious about music. He worked up the courage to ask drummer Carter Beauford and saxophonist LeRoi Moore, both already established musicians, to collaborate on a demo. Matthews wrote the lyrics, but he wanted help with the music. By and large, this is still the songwriting model the group uses, with band members collaborating to compose the music and Matthews working solo on the lyrics.

The trio began rehearsing in Beauford's mother's basement, and quickly realized they needed more instruments to round out their sound. They enlisted 16-year-old bassist Stefan Lessard and classically trained fiddle player Boyd Tinsley (who left the band this year). In 1991, the group officially became the Dave Matthews Band, a name created spur-of-the-moment when a booking agent asked what they were called.

Since then, guitarist Tim Reynolds, trumpeter Rashawn Ross, and saxophonist Jeff Coffin, who stepped in when LeRoi Moore died in 2008, have been added as permanent members—and over the years, the band has collaborated with many other musicians, including Buddy Strong, who is playing keyboard during the 2018 tour, and singer-songwriter Brandi Carlile, who harmonizes with



While the Dave Matthews Band typically tops new-release charts, it's the live shows, such as in Austin, above, that drive fan enthusiasm.

Matthews on “Come Tomorrow.”

The band’s unique blending of rock, pop, jazz, rhythm, funk and world music—as much a result of Matthews’ international travels as the band members’ varied musical backgrounds—quickly earned acclaim in the Charlottesville club scene. Soon, the Dave Matthews Band was playing clubs throughout Virginia, North Carolina and South Carolina, traveling to gigs in a red van. Eventually, they began playing amphitheaters and stadiums across the country, pulling up to venues in a caravan of tour buses.

“It happened in a gradual but fairly aggressive gradient, but we didn’t go from playing clubs to playing stadiums in a day,” Matthews says.

An important component in the band’s ascent was the fact that fans were allowed to tape live shows,

making audience members active participants in the publicity effort. Like fingerprints, no two “Dave” shows are the same, and recordings helped spread word of the band’s energy and artistry, creating a community and following often compared to that surrounding The Grateful Dead.

Nearly 30 years later, the band is still known for its showmanship. Concerts are heavy on improvisation and last almost three hours. Set lists rotate on a nightly basis. Matthews dances at center stage. Beauford blows gum bubbles behind his drum kit. Lessard races fingers up and down the frets of his bass. Meanwhile, the crowd sings along, chants for songs and cheers at anything Matthews utters between numbers.

The Dave Matthews Band is currently on tour, with upcoming stops at venues including the Les Schwab

Amphitheater in Bend, Oregon, on August 28; the Gorge Amphitheater in George, Washington, August 31–September 2; and the Hollywood Bowl in Los Angeles on September 10.

Live shows have always been a kind of testing ground for the band’s material, with songs being tweaked and rewritten after being played in front of audiences. Case in point, the musical group played versions of songs such as *Idea of You* and *Can’t Stop* for more than a decade before releasing studio cuts on “Come Tomorrow.”

Of their performances, Matthews says: “Even if it’s the same song, we don’t tend to play it the same. There’s an element of chaos that’s always been there—it’s just how we play together. There’s always an openness, and we’re all connected, so hopefully that connects to the audience.”

WINNER 2017 ALASKA SAFE TRUCK FLEET OF THE YEAR!

MILLIONS OF MILES.
THOUSANDS OF ROADS.
HUNDREDS OF TOWNS.
FOUR SEASONS.
ONE GOAL.

Safety.

Span Alaska was just awarded 2017 Alaska Safe Truck Fleet of the Year by the Alaska Trucking Association. Span also won the Industrial Award for most improved and the Safe Truck Fleet Award for most improved.

At Span Alaska, we take safety seriously and continuously strive to improve our standards and procedures. Because nothing is more important than our people and the people we serve.





Eco villages bring global issues and actions to DMB concert venues.

The numbers certainly indicate a connection. In nearly 30 years, the band has sold more than 20 million tickets, and it is consistently one of the highest-grossing touring acts each year. It's also the first group in history to have seven consecutive studio albums debut at No. 1 on the *Billboard* 200, including "Come Tomorrow."

Nikki Van Noy, author of the 2011 book *So Much to Say: Dave Matthews Band 20 Years on the Road*, has seen the band perform more than 100 times. Prior to her first concert, in 1996, she was skeptical. Then, two minutes into it, Van Noy says, she understood why so many people loved the band.

"It was like the music created its

own separate universe," she says. "Everything else simultaneously drops away, and the music is just so immersive, and you're there. There is something so powerful and special about the alchemy of the band. There is this connection between them, and you can almost feel it lifting you up when you are watching."

AT HOME IN SEATTLE

If Matthews has to fill out a form that asks for his occupation, he writes "musician."

"Because you'd have to be [a jerk] to write rock star," he says. Though, when he's with his family in Seattle, he could just as easily write "stay-at-home dad."

Matthews and his family live in a quiet neighborhood in the northern part of the city. He has lived in the same place since 2001, when he moved with his now-wife Ashley Harper, who came to Seattle to study naturopathy. Around town, Matthews can be seen parking his Volvo, shopping for groceries and drinking coffee at neighborhood cafes.

"I'm very much at home in

Seattle," he says. "People don't stop and say hello to me, so that gives me a certain amount of freedom. It's a quality that has made living here a comfortable, simple existence."

His mornings are spent cooking eggs for his kids and driving them to school. His afternoons and evenings are spent helping with homework and eating dinner with his family. That is, if his twin girls aren't too busy.

"They like me a lot when they have time for me. But they're finding the world, so their minds are opening up; they're facing their fears. They've got so much to do, and all I can do is try to make it as comfortable as possible," Matthews says.

Matthews understands struggle. In addition to losing his father when he was about the age his son is now, Matthews lost his older sister in 1994, and his friend and bandmate Moore, whose 2008 death was due to complications from an ATV accident. As a result, Matthews' lyrics frequently deal with themes of living in the moment and celebrating the day.

But lately, especially when he considers his role as a father, Matthews says he's been thinking a lot more about the future.

"It's a worrying future, because there is the knowledge we have,

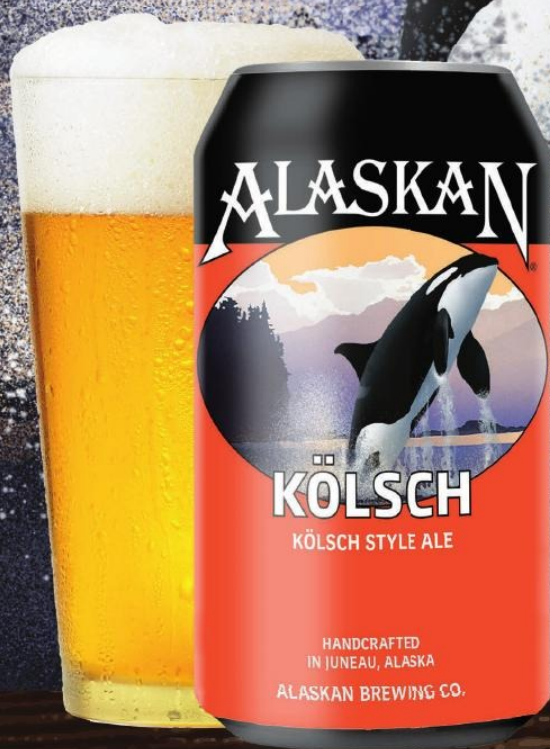


COME TOMORROW

To make the "Come Tomorrow" album, the Dave Matthews Band returned to the familiar. It created its ninth studio album in cities where it has recorded previously—Seattle, Los Angeles and Charlottesville, Virginia—and with producers it had recorded with in the past. "Come Tomorrow" represents more than a decade of work—featuring songs such as *Can't Stop* and *Idea of You*, which debuted live 12 years ago, as well as new material, such as *When I'm Weary* and *She*. Other tracks include *Samurai Cop (Oh Joy Begin)* and *Come Tomorrow*—on which Matthews harmonizes with Brandi Carlile—and it features recorded performances of late saxophonist LeRoi Moore.

"It's sort of like an old folk record," Dave Matthews says. "There's lust, there's love and there's loss of love—all those things in a contemporary record." —A.W.

NOW SERVING ON BOARD



A beautiful golden ale with European hop flavor that plays perfectly with a soft malted sweetness for easy drinking enjoyment, no matter where your adventure takes you.

Brewed and Bottled in Juneau, Alaska
alaskanbeer.com

ALASKAN
BREWING CO.

which tells us how we should look after the planet and look after each other, and that gives us hope. Then there is also the greed ... and that side doesn't look at the future," he says. "But then I look at my kids, and I think there is hope in them, you know? They are bright, hardworking, industrious, thoughtful."

Matthews says there's a lyric on the new album that goes, "All the boys and girls will sing, 'Come tomorrow, we get everything. / So as long as we survive today, come tomorrow, we're going to find a way.'"

"It's cynical and hopeful at the same time," Matthews says, "because you have to first believe that we can survive today."

ONE SWEET WORLD

That concern for the world is a big part of why Matthews devotes much of his philanthropic energy to the environment. Among other volunteer positions, Matthews has served on The Wilderness Society's board

since 2009. To support the organization, which is focused on protecting wilderness areas, Matthews has raised money and posted on social media. He's helped set up "eco villages" at his concerts, where people can learn about environmental issues. But it's Matthews' work behind the scenes that impresses Jamie Williams, The Wilderness Society's president.

"He's an incredibly humble person, and he's so gracious and approachable," Williams says. "He's also incredibly articulate on conservation. It's not just a cause for him; this is something that is deep within him."

In addition to supporting environmental work, Matthews and the Dave Matthews Band's Bama Works Fund have raised more than \$40 million since the fund was established in 1999 to help causes that range from Alzheimer's research to homelessness to hunger relief to youth orchestras. But when asked about his philanthropy, Matthews, perhaps unsurprisingly, deflects the credit.

"There are lots of great organizations full of people who are helping," he says. "I feel like any charity [work] I do is all on the backs of the people who spend their lives doing it."

THESE DAYS CONTINUE

Matthews has spent most of his adult life playing in a rock band. If he were to stop playing music, he says he has plenty of other paths he could

pursue, like devoting more time to acting—he has a background in community theater and has appeared in movies such as *I Now Pronounce You Chuck & Larry*. He could focus on growing his Dreaming Tree Wines label based in California. Or, he says, he could just relax and sit cross-legged in front of a lake somewhere.

But for now, Matthews is on the road playing music for fans who are as enthusiastic as ever.

"I still like storytelling. ... I still like playing for people who want to hear me play. But I don't want to be doing it if it's not purely for the love of doing it."

At that 2013 concert in Pennsylvania, and many since, the band closed with *Two Step*, an anthem about everlasting love. "Do you believe that we might last 1,000 years or more?" Matthews sang.

The band's fans are always part of the show—a 40-something couple in the front row who have seen Matthews 100 times; a wide-eyed college kid discovering his first Dave show.

"Celebrate we will, for life is short but sweet for certain," the chorus goes, the Dave Matthews Band faithful reliably belting out backup.

"We're climbing two by two," Matthews sings with the crowd. "To be sure these days continue." ✖

Associate Editor Andrew Waite has seen Dave Matthews in concert more than 30 times.

WHAT SONG, WHAT ALBUM

SONG	ALBUM
<i>Bartender</i>	"Under the Table and Dreaming" (1994)
<i>Crush</i>	"Crash" (1996)
<i>Why I Am</i>	"Before These Crowded Streets" (1998)
<i>Sweet</i>	"Everyday" (2001)
<i>Ants Marching</i>	"Busted Stuff" (2002)
<i>When the World Ends</i>	"Stand Up" (2005)
<i>Two Step</i>	"Big Whiskey and the GrooGrux King" (2009)
<i>Dreamgirl</i>	"Away from the World" (2012)

ANSWERS: ANTS MARCHING: "UNDER THE TABLE AND DREAMING"; TWO STEP: "CRASH"; CRUSH: "BEFORE THESE CROWDED STREETS"; WHEN THE WORLD ENDS: "EVERYDAY"; BARTENDER: "BUSTED STUFF"; DREAMGIRL: "STAND UP"; WHY I AM: "BIG WHISKEY AND THE GROOGRUX KING"; SWEET: "AWAY FROM THE WORLD."



GREG GERVAIS, CO-FOUNDER OF COPPER BASIN CONSTRUCTION, WITH **SUE BALDWIN**, AVISTA ACCOUNT EXECUTIVE

Natural gas benefits builders and tenants.

Local developers are installing natural gas in their multifamily projects, as this clean, economical fuel adds value to their buildings. The cost for them to do so is also making financial sense now that one regional energy provider, Avista, is providing builders and developers with cash incentives.

Avista generates approximately half of its electricity from hydropower. And while the company embraces renewables such as wind and solar, these are considered intermittent energy resources (i.e., the wind does not always blow, especially in extreme cold temperatures when demand for electricity is at its peak). About 35% of the utility's diverse resource mix comes from natural gas, which provides reliable and affordable energy for many of its customers.

"As demand for energy grows, we're always looking for ways to increase energy efficiency," explains Avista Account Executive Sue Baldwin. "To help meet this demand, we burn natural gas in combustion turbines to generate electricity. However, when gas is converted to electricity and sent over power lines to our customers, nearly half of that energy produced is lost. That's why delivering it directly to a home for heating is much more efficient than using electricity."

And that's also why Avista is offering incentives to assist developers in bringing this plentiful and versatile fuel to multifamily projects. Avista's program provides up to \$3,500 per unit for installation of either space heating, hot water, or a combination of both (capped at 100% of the incremental cost to install natural gas). Available in

Avista's Washington and Idaho service territory through 2018, the incentive is for construction projects with five or more units per building.

One of the developers to take advantage of Avista's program is Greg Gervais, co-founder of Copper Basin

Construction. The Hayden Lake, Idaho-based company specializes in commercial and residential land development and is today one of the Inland Northwest's largest multifamily builders.

**Developers can
get up to \$3,500
per unit to install
natural gas.**

According to Gervais, installing gas heat requires additional framing (such as soffits for ductwork), along with multiple stages of sheetrocking and added fire prevention between floors.

Gervais installed natural gas in his latest project, the sophisticated 728 apartments in downtown Coeur d'Alene, Idaho. Gervais explained that he is after high-caliber tenants who want some of the amenities they would enjoy with a house. A natural gas furnace lets him provide space heating and central air without unsightly wall heaters and window cooling units. Natural gas also supplies faster and more even heat throughout the apartment.



"We recognize there is a greater cost and additional effort to install natural gas, but the quality of the building is so much better," says Gervais. "And with Avista's help to offset some of those costs, it's definitely worth it."

Another development company that has partnered with Avista is Diamond Rock Construction in Spokane Valley. Diamond Rock has been building quality Spokane-area homes for over 20 years. The company also develops unique multifamily dwellings, one of its latest being Bella Tess, an upper-end apartment complex in the Valley, near the scenic Spokane River and Centennial Trail.

According to Baldwin, Diamond Rock is the area's first developer to successfully determine how to make three-story buildings pencil out using Avista's incentive.

"We had to feel good about bridging the financial gap ourselves," says Diamond Rock President Dennis Crapo. "Avista's incentive program certainly helped with that."

Diamond Rock chose natural gas heating for Bella Tess because it fits the company's environmentally-conscious vision for the property (even the center of the club house has a 15-foot tree growing under a skylight). According to Crapo, the Bella Tess property is Green Globe certified—a nationally recognized, green-rating assessment program that promotes adopting sustainability goals with construction projects.

Crapo listed several things that contribute to Green Globe status, including quality of the windows, thickness of the walls, amount of insulation and other improvements. A high-efficiency natural gas furnace also contributes, as does its integral central air.

"In addition to the energy-efficiency benefits, natural gas is also a plus for our tenants," said Crapo. "Once people experience the comfort that natural gas provides—especially during our cold winter months—they'll begin to expect it in other apartment buildings."

Natural gas space heating is just one of the ways developers are taking advantage of Avista's incentive. Baker Construction & Development, Inc. of Spokane found natural gas hot water to be a perfect solution for its latest 61-unit/214-bedroom apartment building, 940 North.

The company has been an industry leader in the western U.S. for seven decades. Their new 940 North building in Spokane serves as premier student housing primarily for Gonzaga University.

According to V.P. of Construction Lucas Holmquist, the luxurious 3- and 4-bedroom floor plans are designed much like a traditional college dorm, where student tenants share the apartment's main living spaces.

"For that reason alone, it made sense to install a central natural gas water heater system instead of individual electric water heaters," says Holmquist.

Most students take showers early in the morning before classes, he explained. The endless supply of hot water keeps roommates happy because the last one out of bed doesn't end up with a cold shower.

"The building's owner also benefits," he says. "This natural gas solution means fewer maintenance costs and a longer life cycle for the system. It's better for the environment, too."



LUCAS HOLMQUIST, V.P. OF CONSTRUCTION,
BAKER CONSTRUCTION & DEVELOPMENT, INC.

Developers interested in the incentive program should contact Avista early in the process. "We want to help as much as we can," says Baldwin, "and avoid engineers and architects having to redesign their plans to accommodate a different system."

To date, participating developers have installed nearly 2,000 gas-heated multifamily units.

"That converts to more than 7,000,000 kilowatt-hours of energy savings," said Baldwin.

To learn more about Avista's Multifamily Natural Gas Incentive Program, contact Sue Baldwin at 208-769-1340, or sue.baldwin@avistacorp.com



DENNIS CRAPO, DIAMOND ROCK PRESIDENT



NATIVE



ALASKA ARTISTS INFUSE THEIR WORKS WITH UNIQUE PERSPECTIVES

BY MARC LESTER



ARTIST COLLEEN FIRMIN THOMAS SAYS her Athabascan heritage informs her evocative, multimedia creations. How it does that, though, is more difficult for her to pinpoint. Expressing her roots and individual perspective—in ways that include using porcupine quills and other uncommon materials in her art—is something she lets happen organically.

“It’s so natural, I don’t think about it,” Firmin Thomas says. “It’s me. It’s in there every day, no matter what I do.”

Across Alaska, artists are challenging preconceived notions about Alaska Native art. Some follow a path that adapts and builds on recognizable forms of previous generations. For others, statements about connecting to tradition are delivered in more conceptual and personal ways.

Julie Decker, director of the Anchorage Museum, views the works of Native artists as points within an array of individuality as vast as Alaska. How viewers consider these works should honor that, she says: “There’s a movement away from the binary way of looking at indigenous work, as ‘traditional’ or ‘contemporary.’”

For Rico Lanáat Worl, based in Juneau, the influence of his Tlingit and Athabascan lineage is strong, and it’s apparent in the graphic art he creates. “My culture has carried me and uplifted me,” he said, in a recent presentation he gave in Alaska. Yet, in the same presentation, he mentioned other factors that guide his work, including pop culture, his education and family.

Fine artist and graphic designer Holly Mititquq Nordlum has artistic tradition literally inked into her being, in the form of traditional tattoos. She creates a variety of forms of art, tattoos others, and works with youths on art initiatives.

Mask carver Drew Michael says he has long hoped his work would be considered in a broad context. “One of the things I said at the start of my career was that I want to be known as a great artist who happens to be Alaska Native,” he says.

These artists have all found unique ways to share their culture. Drawing on diverse backgrounds and communicating their distinct creative visions, they compel viewers of their works to consider the broad possibilities of Alaska Native art.

THIS PAGE, CLOCKWISE FROM TOP: DREW MICHAEL, MASK DETAIL; LUMAR EQUILUX, HOLLY MITITQUQ NORDLUM, MURAL DETAIL; CARIBOU AND RAVEN; RICO LANÁAT WORL, BASKETBALL DESIGN; COLLEEN FIRMIN THOMAS, PAINTING DETAIL, AT THE CENTER

VOICES

Carving his own path

Last summer, Drew Michael worked along a Southwest Alaska shoreline near the village of Quinhagak with a trowel and bucket in hand. A volunteer on an archaeological dig, he says he felt the energy of the people who had lived in that area for hundreds of years.

After days of work, he touched the brow line of a mask as he unearthed it from the soil. It was a dreamlike moment for an artist who had carved masks since he was a teen, a powerful cultural contact literally at his fingertips.

“That mask presented itself to me,” Michael says. “I felt like I stepped out of my life for a second.”

Though he was in the midst of a multi-year break from creating masks—to explore other artistic interests—the dig motivated him to return to this art form.

Michael was born in Bethel and traces his heritage to Yup’ik and Iñupiaq people. But because he was adopted and raised by non-Native parents in the Anchorage suburb of Eagle River, he felt separated from those cultures during his youth.

His adoptive parents helped bridge that divide. When he was 13, they enrolled him in a class with master carvers. That experience stoked a passion for studying and creating masks that continues today at his studio in Anchorage’s Mountain View neighborhood.

Beginning primarily with kiln-dried basswood, Michael carves masks and other works that reflect traditional Yup’ik



The work Dream Mask (2017), left, made with basswood, acrylic, feathers and other materials, is an example of creative uses of materials by artist Drew Michael, below.



designs as well as his own perspective. He draws inspiration from historical events, spiritual influences and his own experiences, and he brings ideas to life with acrylic and oil paints, stains, metals and other materials. The smoothly hewn texture he leaves on wood with his hand-carving tools is a signature of his works.

Michael deepens his cultural understanding by studying ethnographic books and talking with Alaska Native elders. His journey has also involved finding the confidence to know when to disregard criticism—even from artists he respects.

“We all have different ways of expressing, and I didn’t want to copy or to mimic anybody else’s work,” Michael says. “I needed to find my own voice.”

His distinctive masks are frequently shown in Alaska galleries and museums. In 2016, he was invited to contribute to an exhibit at France’s Boulogne-sur-Mer Museum. It was the first exhibition of entirely Alaska Native contemporary art in Europe, according to the respected Alaskan artist Perry Eaton, a friend of Michael’s, who helped organize the effort.

On a recent spring day, sketches hung over Michael’s workbench, a plan for a mask of mirrors and circles that he would

HOLLY MITITQUQ NORDLUM CREATES ART AND CONNECTS PEOPLE TO SOURCES OF CULTURAL PRIDE.

soon begin. Another large mask was already in progress nearby. It will find a home in the Bering Strait School District, which plans to display it at Native youth events in the region.

On the surface of the table under the mask, Michael has written a mantra that guides his art and life: “I’m protecting and activating our culture.”



Holly Mititquq Nordlum stands in front of her mural Caribou and Raven. Located on the exterior of Anchorage’s largest public library, this work depicts a Dena’ina tale about the two animals.

For Michael, following this mantra means each piece he creates is a reflection of his heritage, exploring that heritage’s influence on his identity and expressing that heritage each day.

“It all starts with the mask,” he says.

Inked in pride

Holly Mititquq Nordlum spent much of her childhood at her family’s remote cabin in the Northwest Arctic Borough of Alaska. Her parents were competitive dog mushers who trained on the tundra. From the cabin, the Iñupiaq village of Kotzebue was a sparkle on the horizon 35 miles away.

The solitude was tough.

“I knew when I was very young it wasn’t for me,” Nordlum says.

Having now lived in Anchorage, the state’s largest city, for 25 years, Nordlum creates her own multimedia and design artwork—and has also made an art of making connections. She connects Alaska Native schoolchildren to sources of cultural pride, Anchorage to indigenous populations and Inuit people across the circumpolar north to their ancestors.

This summer, one of her metalwork designs is scheduled to be installed along a wall next to a Midtown Anchorage bus stop. It tells the story of a creek that once

flowed nearby. On the exterior of the city's largest public library, another metal mural illustrates a Dena'ina tale about a caribou and a raven.

Set in the busy city of about 300,000, both murals are reminders of Southcentral Alaska's original inhabitants. Though Nordlum isn't a member of the Dena'ina Athabascan population (her parents are Iñupiaq and Norwegian), she believes honoring the area's indigenous people is one way Anchorage can be unique.

"What makes it special is that it's the biggest Native village in Alaska," she says. "It should be celebrated everywhere."

While Nordlum's public art reaches a broad audience, her work in Anchorage schools delivers art face-to-face. Her participation in Project Ki'L ("kul'uh") fosters a culturally inclusive atmosphere and encourages academic success for Alaska Native and American Indian youths.

"I go into different schools, and teach an art class and talk about being Native, and what that means today, and how to be proud of it," she says.

Nordlum calls it the most exhausting and fulfilling work she does. Some kids recall her message long after classes. "And

even if we didn't connect on a cultural level, they remember my face," she says.

In 2015, Nordlum began collaborating with Maya Sialuk Jacobsen, an Inuit artist from Greenland, to research and lead discussions about traditional tattoos. Historically, women used sinew thread and dye created from soot to create lines and dots on their faces, often on their chins. Nordlum says that, in part, the tattoos marked milestones and accomplishments in women's lives.

Three years ago, Jacobsen traveled to Anchorage to create a skin-stitch tattoo of



The painting At the Center, above, makes use of porcupine quills and other media. Such materials are hallmarks of works by Colleen Firmin Thomas, below. A detail from The First Cut Tooth Is the Deepest, left, shows materials in relief.

this sort on Nordlum's arm. Jacobsen then trained Nordlum and two other Alaskan women to tattoo others by hand in this traditional way. She also tattooed Nordlum's chin.

Media coverage of the artists' project, Tupik Mi, opened a floodgate of interest. In the time Nordlum has been tattooing Inuit women, she has seen how the process has a cathartic and healing power for the subjects. That's why she does it.

"It can be very emotional connecting to your ancestors," she says. "I knew this work could bring something positive."

Nordlum is facilitating connections among artists from Greenland, Canada and Alaska by organizing an art festival at



DEAR
FUTURE,
WE HOPE
YOU NEVER
KNOW
WE WERE
HERE.



You may hear stories or see photographs, but when you look at Alaska, we hope you wonder if anyone has ever been here before. Knowing who we are is what we leave behind, we created the Denali Zero Landfill Project to reduce the waste generated at Denali National Park and Preserve. And we have. In partnership with the Denali Education Center and Doyon/Aramark Joint Venture, and with support from Subaru of America, the National Parks Conservation Association and the Denali community, the park has increased waste diversion by 50%. We love you, Future. Enjoy the scenery.

Visit www.Denali.org/zerolandfill for more information about our progress.



the Inuit Circumpolar Council General Assembly, being held this month in Utqiagvik, Alaska (formerly Barrow).

Artists from three disciplines—ulu knife making, trim design (of clothing) and tattooing—will attend, to share and learn from one another. The logistics are complex, but for Nordlum the challenge of organizing this event is one more installment in her art of personal connection.

“When you get artists together, they thrive,” she says.

Quill power

Colleen Firmin Thomas sees each of her paintings as alive—possibly in part because many of her materials are biological.

Firmin Thomas uses porcupine quills, sinew, fur and sometimes human hair to create three-dimensional elements in her abstract works of acrylic paint on paper and canvas. The results range from subtle textures to sharp lines of relief.

Her first piece in this style recalled the top of her mother’s sewing table in the family cabin near the village of Fort Yukon. While her father trapped for furs, her mom beaded slippers, gloves and barrettes with traditional Athabascan designs. Firmin Thomas used to watch her mother work.

The materials Firmin Thomas uses today reference those formative times in



Works designed by Rico Lanáat Worl, left, include skateboard decks and basketballs, above, that make use of the distinctive formline design style.

her life. “These all tell a story,” she says of the elements she incorporates into her art.

Now living in Fairbanks, Firmin Thomas works in her home studio, where she juggles creating art with caring for her two young children. They sometimes watch from the next room just as she watched her mother. She often alternates among three or four pieces in progress.

“It gives me time to step back and not get too consumed by one piece,” she says.

Her piece *The First Cut Tooth Is the Deepest* incorporates paper to add texture to the canvas. Raised rings encircle printed words from John Steinbeck’s novella *The Red Pony*. Porcupine quills jut toward the viewer, inviting close inspection.



SUMMER SPECIAL!

We know that air travel can be a trying experience. MasterPark's 4 Valet Parking locations and MPark Self-Parking provide SeaTac Airport's premier parking service. 24-hour shuttles provide the shortest time from your vehicle to airline departure gates. Avoid the high cost of airport terminal parking, MasterPark is the fast, easy, safe and reliable choice. Please visit masterparking.com

MasterPark

VALID JULY 2018 ONLY!

Valid at all MasterPark Parking Locations. Must present coupon to receive discounted rate. Offer not valid in conjunction with any other offer.

- LOT A 18220 International Blvd.
- LOT B 2907 South 170th St.
- LOT C 16025 International Blvd.
- Garage 16826 International Blvd.

10%
OFF
Valid thru
July 31,
2018
Code #2135

MasterPark

AUGUST 2018

Starting August 1st, 2018. Valid at all MasterPark Parking Locations. Must present coupon to receive discounted rate. Offer not valid in conjunction with any other offer.

- LOT A 18220 International Blvd.
- LOT B 2907 South 170th St.
- LOT C 16025 International Blvd.
- Garage 16826 International Blvd.

25%
OFF
Valid thru
Sept. 30,
2018
Code #2131

Try MasterPark's New **MPark** Self Park Location. \$9.95 per day for long term and discount parking. For more information visit mparkseatac.com



Firmin Thomas earned a 2018 project grant from the Rasmuson Foundation, based in Anchorage. It will support her goal of creating 20 new pieces for a 2019 exhibition in Homer. She'll continue developing her work in a similar style, making use of quills that people give her and animal bones provided by her father.

In spite of the skill she employs, Firmin Thomas maintains a modest and exploratory approach to her art. "I feel like all of it is an experiment," she says.

Formline and function

When Rico Lanáat Worl returned to Alaska from college at the University of Pennsylvania, he was motivated to contribute in some way to his Tlingit culture and family, which had given him strength and confidence for many years.

Worl, who also has Athabascan heritage, earned his college degree in anthropology and often pondered how important it was to promote his Native identity. Deciding how to do that was a challenge for him.

In Juneau, while considering law school, he took up skateboarding. He painted a skateboard deck in a form-line design, a style traditional to Tlingit culture with a distinctive use of bold, curvilinear shapes often found on carving and regalia in Southeast Alaska. Worl's work caught the attention of friends and family. Several wanted decks of their own.

"The whole business started from me just painting my clan crest on my longboard," he says.

Today the Juneau-based Trickster Company that he co-founded with his sister, Crystal, blends Tlingit form-line with fashion, jewelry, sporting goods and more. With their works now sold around Alaska and with plans to expand to other states, Worl

is surprised and thrilled by the momentum.

Getting to this point required navigating two significant turning points. The first was allowing his original skateboard decks to be manufactured in order to reduce costs. Before that, he priced each board like it was a hand-painted work of art—because it was.

“They weren’t really accessible,” Worl says of the individualized works. He had a goal of having more youths find connection to cultural pride in everyday items. By allowing them to be manufactured, he increased the production efficiency and drove down the price enough to make the skateboards more widely available.

The second moment arrived when Worl hand-designed a deck of playing cards, with a crowdfunding campaign. The \$7 packs took off, and he was soon having thousands of them produced.

“That may have been the point where I realized the niche for the art—the design work that I do—was bigger than just my friends and family,” he says. “It was clear there was a demand.”

As Worl considers how to expand his product line, he takes joy in the fact that some of Juneau’s thousands of annual visitors will return to their homes around the globe with authentically made pieces of Tlingit culture from his store in town.

When he hears about how his works—filled with pride in cultural roots and personal creativity—are being spread to the world, it “makes up for the hard parts of running a business,” he says. “I love those stories.” ✕

Marc Lester is a multimedia journalist for the Anchorage Daily News.

We’ve got your back ...and your neck ...and your brain.



**Dr. Kyle Kim &
Dr. Jayashree Srinivasan**
Brain and Spine Surgeons



**SEATTLE
NEUROSURGERY**

COMPASSIONATE CARE & LEADING-EDGE TECHNOLOGY



First Hill, Seattle | 206.623.0922 | SeattleNeuro.com



Brush better.

Traveling with an electric toothbrush can be, quite literally, a buzzkill. quip, named one of *TIME's Best Inventions*, changes that. Sleek and budget-friendly, quip (from \$25) runs 3 months on a single battery — so you can cleanse the memory of carting around a clunky charger. There is also a nifty travel case, which, thanks to a suction strip, doubles as a mirror mount. The sonic vibrating bristles feature

a two-minute timer that pulse every 30 seconds, signaling when to switch between quadrants of the mouth. As the *first subscription electric toothbrush accepted by the American Dental Association*, you can sign up for refills (from \$5) delivered every three months — you'll get a fresh brush head, toothpaste (including a travel-sized option), and a charged battery. Stay fresh, at home and on the go.

BRUSHES FROM \$25

FIRST REFILL FREE* AT [GETQUIP.COM/ALASKA](https://getquip.com/alaska)



Bristles vibrate
for two minutes



Designed to travel with
no charger or wires



Brush heads delivered
every 3 months

*Valid once per user for refills up to \$10. Offer ends 10/30/18. See link for full terms and conditions.

NEW IN LA

*Distilleries, boutique shops
and the LAFC pro-soccer team*

By Matt Jaffe

Lost Spirits Distillery in downtown Los Angeles' Arts District defies easy categorization. Imagine that Tesla co-founder Elon Musk and film director Wes Anderson decided to go into business with Captain Jack Sparrow from *Pirates of the Caribbean* and Jack Daniel, himself, to produce premium whiskeys and rums.

This is my first exploration of the Arts District's growing distillery community, and I don't know what to expect as I enter a doorway brightly painted with a mural of the Queen of Hearts. Her eyes are moving back and forth in the animated mural, scanning the street in front of the otherwise nondescript early-1900s building.

Inside Lost Spirits, a pair of cooing, robotic topiary dinosaurs (they like their chins rubbed) stand guard on pilasters within the dark, almost spooky confines. Bryan Davis, the co-owner and visionary behind Lost Spirits, greets me and starts the tour that every visitor receives. He leads me into a dimly lit room bedecked with tropical plants and dangling ship's rigging, then pours a small sample of the distillery's Navy Style Rum.

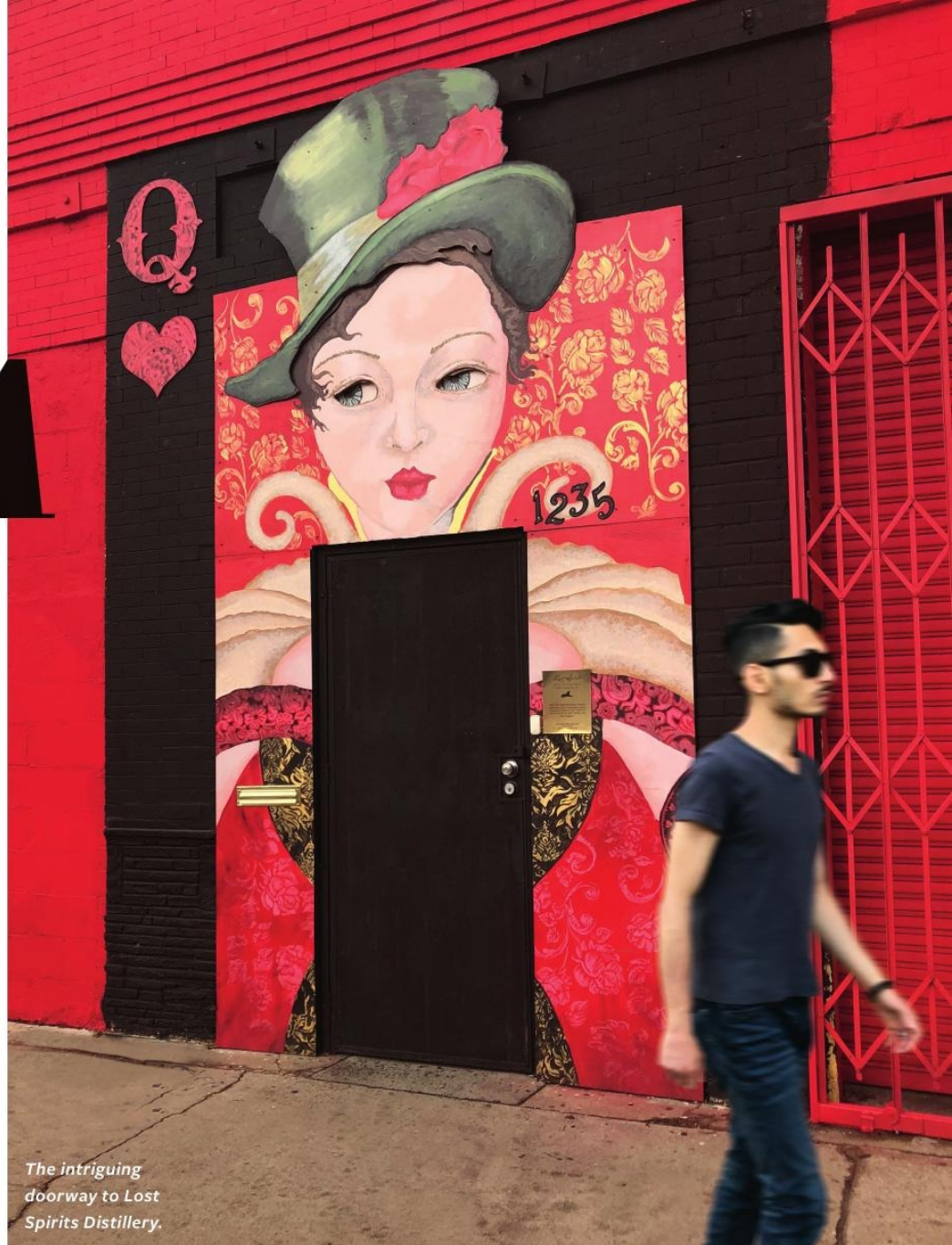
I take a sip. The rum is intense and oaky, with hints of licorice and citrus, and a nice kick. It warms the soul as Davis, who founded and operates the

distillery with his girlfriend and business partner, Joanne Haruta, explains the Lost Spirits philosophy. It's not just a distillery; it's an adventure. Davis sought to craft an immersive experience that melds taste and sensation.

"We made sure to create a rum [the Navy Style Rum] that matched the flavor profile of what we imagined the stuff they were drinking in *Pirates of the Caribbean* might taste like—if you could reach into the movie and grab a bottle," he says. "The rich flavor profile includes notes of boat tar and cannon smoke. Then we decided

that it would be a good idea to create a room where you could drink the rum in the terroir that it naturally comes from."

Lost Spirits, founded in 2010, moved to Los Angeles from Northern California in 2016 and began its public tours in 2017. It's one of the many new attractions in LA, where projects such as the Row DTLA development are drawing appreciative shoppers and diners, and where Major League Soccer's new Los Angeles Football Club is playing its inaugural season to the cheers of enthusiastic fans.



*The intriguing
doorway to Lost
Spirits Distillery.*

DISTILLERY ADVENTURE

After boarding a barge—yes, a barge—ornamented with four winged sphinxes at Lost Spirits, Davis and I drift into blackness, riding along a river (actually a 3-foot-deep water tank used to cool the still; Davis declines to reveal how long it is, because “part of the fun is that you can’t tell how far you’ve actually traveled”). I hear sound effects: Crickets chirp; birds warble; and thunder rumbles in the distance.

We disembark at the inner sanctum of the distillery, home to the copper stills and tanks where the whiskey and rum are made. The vats are empty right now, but Davis says that during fermentation they bubble and fizz and churn, like cauldrons in a mad scientist’s lair. Davis has a bit of the mad scientist about him, as well, and delights in describing the epic microbial war between bacteria and yeast for control of the planet, as well as the role of alcohol in the rise of civilization.

Even the copper stills are exotic at Lost Spirits Distillery. Co-founder Bryan Davis, right, says he wanted Lost Spirits to be not just a distillery, but also an adventure.

But there’s serious method to the madness. Davis leads me through a pair of wooden double doors and into a brightly lit room, where boxy white machines, an electrical cabinet and stainless steel barrels are connected by tubes and hoses. This is the THEA One Reactor. THEA stands for Targeted Hyper-Esterification Aging—a term Davis tongue-in-cheek contrived so that he could use the name Thea, because the Titan goddess Thea (often spelled Theia), is the mother of the deities of the sun, moon and dawn. In plain English, he explains, the system replicates and accelerates the traditional barrel-aging process. It can produce a chemical signature comparable to that of spirits that have aged for 20 years or more.

“The entire process lasts six days; then we rest on the seventh,” he says. “That’s my favorite line of the tour, by the way.”

If the process Davis describes is a kind of time machine, so is the tour itself. Caught up in the illusion, I’ve lost track of both space and time as we enter a small room where the walls are painted with a slightly maniacal-looking cat, a seahorse and several fish with human faces. Here we board a floating carousel—with high-backed benches and a two-seat seahorse—and circle slowly in total darkness to

emerge and disembark in the tasting room for the distillery’s whiskeys. It’s a library inspired by the classic science fiction film *The Island of Dr. Moreau*. The decorations include a first edition of the H.G. Wells novel, a very realistic dragon’s skull that Davis fabricated, and a strange carving of a headhunter holding a head that he apparently just hunted. “When I saw it, I knew I had to have it,” says Davis mischievously.

Even with a headhunter in the room, it’s all very civilized as we sit down at a wood dining-room table, where Davis pours a sample of Crying of the Puma, a peated malt whiskey named after a chapter in *The Island of Dr. Moreau*. The whiskey is sweet on the nose, and tastes of caramel and peat before a lingering finish of smoke.

Another Lost Spirits whiskey, Sayers of the Law, scored an impressive 94 points in *Jim Murray’s Whisky Bible 2018*, with Crying of the Puma just a bit behind. Not ones to rest on their laurels, however, Davis and Haruta are always looking to improve on their spirits, as well as enhance the distillery tour. In August, they expect to add a botanical garden with fruiting trees from the Amazon. “So we can make brandy out of fruit that you’ve never heard of,” Davis says.



After the tour, while I wait for my ride-share, I think about how the Arts District has become a hub of the city's growing spirits scene, thanks to its comparatively affordable industrial spaces and to state regulations expanding privileges for craft distillers that took effect in 2016. Including Lost Spirits, there are now at least four distilleries open for tastings within just over a mile of each other in the district.

At Greenbar Distillery, which states that when it was founded in 2004 it became the first distillery in Los Angeles since Prohibition, you not only can take tours and taste spirits such as the bright, bold organic City Bright Gin—whose flavors reflect the Los Angeles melting pot, with Asian, Mexican and Middle Eastern ingredients—but also take classes in making the perfect cocktail. The other two distilleries are The Spirit Guild, best-known for its classic, balanced clementine-based Astral Pacific Gin, and Our/Los Angeles, which produces smooth, slightly fruity vodka from organic wheat.

ROW DTLA

A few days after visiting Lost Spirits, I'm back downtown to check out Row DTLA, a major adaptive-reuse project under development at the former LA Terminal Market, a century-old complex that was once the center of the city's wholesale-produce business. Row DTLA—named for long rows of buildings dating to the early 1900s, and for downtown LA—encompasses six giant warehouse buildings across 32 acres, with nearly 2 million square feet of interior space for retail, dining and offices.

That's a lot of square footage to fill, and Row DTLA, whose first stage opened in 2017, will continue to evolve for years to come as more and more tenants arrive. But as I emerge from the 10-story parking garage, where vertical gardens cascade down the side from a rooftop garden, Row DTLA is already plenty busy.

I follow the crowd to Smorgasburg LA,



Grilled lobster, below, from Lobsterdamus is among the food options at the Smorgasburg Sunday market, left, at Row DTLA. Below: The development attracts everyone from hipsters to families.



a Sunday market held in the 7th Street Produce Market. The open expanse between buildings is packed with food stands, yet what I'm most reminded of is a market in Europe. The early-1900s buildings have a certain Old World grandeur about them, and the market's setting feels like a piazza.

However, the scene is pure LA, with a mix of downtown LA hipster couples and families from elsewhere in the city, all drawn here for fun and a remarkable

range of food offerings. A youth band from the Maqueos Music Academy plays traditional Oaxacan music as visitors search for open tables on which to set plates of mesquite-grilled lobster or flavorful *arepas* (Venezuelan and Colombian grilled maize, sort of pancakelike, and filled with ingredients such as avocado and plantains).

Before having lunch, I decide to stroll Row DTLA's adjacent streets, where design and clothing boutiques have opened in

DATING CONNECTIONS

It's Just Lunch Clients ➔

RICK SWANSON
Technology
Partner
EDUC: MS,
Computer
Science, VA
Tech
INTERESTS:
Cooking,
travel, tech

KRISTINA KERN
Founder,
Stella*s
PopKern
EDUC: BBA,
UKY
INTERESTS:
Travel, skiing,
food

DATING. UNPLUGGED!

CLICK, TAP, SWIPE, REPEAT. IT'S ALL SO... IMPERSONAL. ONLINE DATING WAS SUPPOSED TO MAKE FINDING SOMEONE EASIER, SO WHY DOES IT FEEL LIKE SUCH A CHORE?

▶ With a career that took up a lot of his time and energy, online dating had begun to feel like Rick Swanson's second job. He spent hours filtering through online dating profiles but time after time, the spark just wasn't there. That's when Rick saw an ad for It's Just Lunch (IJL) in an airline magazine and decided to give matchmaking a try.

Today, Rick credits It's Just Lunch with introducing him to the love of his life, Kristina.

Life before It's Just Lunch?

Kristina: I just found the whole online dating thing completely unmanageable and daunting. I wanted someone who knew me to "fix me up" and when a friend suggested IJL, I did some research and found it to be the right "match" for me.

It's Just Lunch Matchmakers:



MELISSA BROWN



SARA DARLING



JULIE LOPEZ

What was working with a matchmaker like?

Rick: The interview process was really valuable. Sandra, my matchmaker, was genuinely interested in learning about me. She really wanted to understand what I was looking for in a woman, what I found attractive, what I found interesting, what intrigued me. We talked about my work, my outside interests, etc. When someone is leading you through the process, it makes you think. Sandra got me to reflect honestly on what I was looking for.

Best part of the IJL experience?

K: It was super easy because IJL arranged the dates. All I had to do was get ready and meet at the restaurant. And unlike online dating, I felt that my dates were interested in meeting quality people, not one-night stands. Your matchmaker calls you up with a

match and then gives you the details of the date. All you have to do is show up and have fun!

What makes you two a great match?

K: He's comfortable in his own skin. He loves the fact that I am confident! I can just be who I am, and I've never felt so at ease with anyone else.

Advice for singles considering IJL?

R: Dating is a real challenge in our fast paced, always connected, and frequently impersonal world. Having a real person on your side, helping to find the right partner is a huge plus.

The success of It's Just Lunch is built on creating high quality matches in low pressure situations. **In 26 years, they've set up millions of first dates. Get in touch at 800-858-6526 or itsjustlunch.com.**

"Finding a match takes a lot of work – but let it be my job. Then you can go have the fun." —Melissa Brown

800.858.6526 • ItsJustLunch.com
26 years of changing lives

DATING TRENDS

16%

Of singles know immediately if they want to see a first date again.

1.5X

Men are 1.5X more likely to "friend" someone within one week of a first date.

3/4

Of singles love getting a text after a good first date.

44%

Of singles wait until after a first date to do online research on their potential partner.

#1

Personalized matchmaking service in the world.



IT'S JUST LUNCH®

the ground-floor spaces. The spirit of the ocean and surfing infuses Banks Journal, a men's clothing designer that chose Row DTLA for the company's first brick-and-mortar store, which opened in February.

Surfboards are lined up against one wall of the spare white space, which is washed by sunlight that pours through the floor-to-ceiling windows. An intricate art installation made of 1,000 linear feet of light-colored ash and poplar, somewhat reminiscent of a breaking wave, hangs from the ceiling. A sales associate explains that the piece was inspired by traditional Japanese woodworking techniques, and that the Banks Journal brand itself reflects its founders' Japanese and Australian backgrounds.

I select a black hoodie—at 30 percent off—then walk over to tokyobike. Like Banks Journal, it has a gallerylike feel, the better to show off the rich colors of the single- and multispeed city bicycles. Which I immediately covet. It's easy to imagine hopping on one of these bikes for a Tour de DTLA.

LOS ANGELES FC

More than an hour before the start of the Los Angeles Football Club's inaugural home-game match at the Banc of California Stadium, the house already is rocking. On one side of the stadium, the LAFC supporters group 3252—named for the precise number of seats in this rooting section—is chanting, singing, banging drums and waving flags in a nonstop show of devotion to the city's newest sports team.

The main concourse is thronged with fans browsing popular food options such as Seoul Sausage and Bludso's Bar & Que, while beverages include a collection of Southern California's leading craft beers.

The \$350 million stadium, located in 160-acre Exposition Park, is both intimate and grand, with the closest rows just 12 feet from the pitch. Translucent canopies provide relief from the sun and give the stadium a futuristic look. The stadium also embraces its downtown setting, with the city's skyline visible through a gap between the canopies. In addition, I

can see the peristyle of the Los Angeles Memorial Coliseum. The coliseum and the new soccer stadium will be among the sites hosting events for the 2028 Olympics in LA.

And it wouldn't be LA without a touch of celebrity. The LAFC ownership group includes actor Will Ferrell, soccer icon Mia Hamm, baseball star and LA-area native Nomar Garciaparra (Hamm's husband), and Basketball Hall of Famer and Los Angeles Lakers President of Basketball Operations Magic Johnson.

During pre-game ceremonies, Ferrell takes the field with a shaheen falcon named Olly perched on his arm. She's part of a squadron of these raptors serving as team symbols, which will share duties performing a unique pre-game ritual throughout the season. Olly takes flight and circles the stadium several times, swooping and diving majestically as the crowd chants her name.

The game itself is a grind-it-out affair that has less drama ... until LAFC defender Laurent Ciman's free kick in



Fans cheer, above and left, during Los Angeles Football Club's inaugural season, as the team plays a home game in its handsome new stadium.



A guest at the Institute of Contemporary Art, Los Angeles views a piece on display in the exhibit "This Brush for Hire: Norm Laich & Many Other Artists."

ALSO NEW IN LA

RECENTLY OPENED

Institute of Contemporary Art, Los Angeles (theicala.org): An unconventional museum, ICA LA is a *kunsthalle*, a German word for an art institution without permanent collections that stages changing exhibitions. Formerly the Santa Monica Museum of Art, it reopened last fall as the Institute of Contemporary Art, Los Angeles, in a renovated Arts District garment warehouse. The new downtown location gives the museum a chance to connect with a more diverse audience. ICA LA focuses on contemporary art, and its inventive shows include "This Brush for Hire: Norm Laich & Many Other Artists," on view through Sept. 2. The exhibit features paintings, signage and graphic installations by the LA-based Laich, who has collaborated with such leading artists as Ed Ruscha.

Wende Museum of the Cold War (wendemuseum.org): This fascinating Culver City museum, which reopened last fall in a renovated 1949 National Guard Armory, preserves artifacts such as politically inspired paintings, vintage radios, and even a few pieces of the Berlin Wall, from the Soviet Union and other Eastern Bloc countries. The Wende's exhibits—including the current "Socialist Flower Power: Soviet Hippie Culture," through Aug. 26—are designed to enlighten and illuminate, and you get a revealing glimpse into both the politics and everyday life of the nations on the other side of the Iron Curtain that you likely won't find anywhere else.

ON THEIR WAY

Academy Museum of Motion Pictures (academymuseum.org): The long-anticipated museum is scheduled for a 2019 opening in a Renzo Piano–designed building. Dedicated to the art and science of movies, the museum will include a 1,000-seat theater.

Lucas Museum of Narrative Art (lucasmuseum.org): More than 100,000 pieces, including works from film director George Lucas' private art collection, will go on display starting in 2022. Narrative art is art that tells a story. The museum will include categories ranging from the art of cinema to digital art to paintings by masters such as Renoir and Degas. —M.J.

REGINA ZAMARIPPA / LAS FOTOS PROJECT;
ART: DANIEL JOSEPH MARTINEZ, DIVINE VIOLENCE, 2007



\$275

ENJOY 4 DAYS AND 3 NIGHTS
IN CARLSBAD, CALIFORNIA
Located within beautiful
San Diego County

CALL 800.933.1310 or marbrisaoffers.com/alaska



EXPLORE THE COAST
REDISCOVER YOURSELF

This advertising material is being used for the purpose of soliciting sales of timeshare interests in California.



Hilton Grand Vacations Club
MARBRISA
CARLSBAD

OPENING A WINDOW TO THE WORLD

SEATTLE | BAINBRIDGE ISLAND | KIRKLAND | ISSAQUAH | MADISON PARK

Realogics
Sotheby's
INTERNATIONAL REALTY



OLYMPIC PENINSULA, WA

Legacy Waterfront Estate offering a rare opportunity to live in the private 125-acre enclave of Sequim Bay Point. This 4112 sq. ft. 4 bedroom 4-bath home on 5 acres is one of only 14 home sites in the association. Timeless elegance combined w/casual comfort, featuring a wine cellar, game room, library, Master Retreat, 2 fireplaces, vaulted ceilings, 2-tiered deck & breathtaking mountain & water views from nearly every room. Association amenities include 2 tennis courts, 3 docks, indoor saltwater pool, trails & private access to miles of beaches.

Offered at \$2,395,000 | MLS#1272388

www.sequimbaywaterfronthome.com

Sue Eller | 360.797.3081 | sue.eller@rsir.com



BAINBRIDGE ISLAND, WA

Idyllic island retreat in prime waterfront location with unobstructed views of pristine Blakely Harbor and Seattle skyline. Designed around historic elements from many Seattle landmarks, this 6,176-sq. ft. estate is truly exceptional!

\$3,950,000 | MLS #1302849

Dennis Paige | 206.920.3824 | dennispaige.com



WOODINVILLE, WA

This 4,840-sq. ft. luxury home captures the essence of Pacific NW living. A spectacular masterpiece in a gated, serene neighborhood at Nolan Woods, site of the 2005 Seattle Street of Dreams by premier builder Redman/CJ Design. Nolan Woods is conveniently located minutes from downtown Woodinville, wineries and shopping. www.StarLalario.com

\$1,888,950 | MLS# 1298591

Star Lalario, Realtor, ASP, CRS, SRES | 206.719.0335



GUEMES ISLAND, WA

A waterfront estate of incomparable beauty. Perfectly situated between the thriving global cities of Seattle & Vancouver B.C., this 20+ acre gated compound awaits its next stewards. Pool, tennis court, 800-ft of beach.

\$2,500,000 | Property ID 3BD215

Scott Wasner | 206.910.1410 | www.cityyorescape.com



CAMANO ISLAND, WA

Discover this unparalleled Mid-Century design with walls of glass and wood, set on 10 acres overlooking Puget Sound and Mount Baker. 333 feet of waterfront.

\$1,348,000 | MLS# 1284545

Kathy Madsen | 206.953.1421

Mary Nelson | 206.669.5146



OLYMPIC PENINSULA, WA

Panoramic vistas of the Olympic Mountains and sweeping views of the Strait, Vancouver Island & the San Juans are featured in this 3,504 sq. ft. 3-bedroom 3.5-bath home on 2.4 acres. Discerning buyers will appreciate the versatile floor plan & meticulous attention to detail. Outdoor amenities include deck, fire pit & back patio. Tranquil & private, yet only minutes to town.

\$795,000 | MLS # 1253167

Sue Eller | 360.797.3081 | sue.eller@rsir.com |

www.portangelesviewhome.com



ANACORTES, WA

Luxury Northwest Contemporary Waterfront.

Extraordinary finishes in this sophisticated 7,265-sq. ft. home, set above Puget Sound and Washington Park—the gateway to the San Juan Islands. 2404 Washington Court, Anacortes 98221

\$6,000,000 | MLS# 1294964

Cindy Cyr | 425.985.7920

Mary Nelson | 206.669.5146



YAKIMA, WA

Admired for its historical grandeur and lovingly nicknamed "The Hamptons House on the Hill," Stonebridge is a unique luxury home and lifestyle opportunity. More than 11,000-sq. ft., 6 bedrooms, 5 baths, bunkhouse, pool. Wineries, orchards, fly-fishing, skiing, chic eateries... Family compound, second home, company retreat... Opportunity knocks!

\$1,850,000 | MLS# 1254228

Laura Halliday | 206.399.5842 | laurahalliday.com

E Laura.Halliday@RSIR.com

LOCAL EXPERTS | GLOBAL REACH

VIEW MORE HOMES ONLINE AT RSIR.COM | 206.448.5752



Each Office Is Independently Owned and Operated. Seller reserves the right to change the product offering without notice.

ALASKA MINT

FAMILY OWNED AND OPERATED FOR 27 YEARS



429 W. 4th Avenue, Anchorage, Alaska 99501
(907) 278-8414 • 1-800-770-6468
www.AlaskaMint.com

LA BEACHES

Complementing new attractions are three great beach options:

El Matador State Beach (www.parks.ca.gov/?page_id=633): One of the three Malibu pocket beaches in R.H. Meyer Memorial State Beach, secluded El Matador is as pretty as it gets on the Southern California coast.



Santa Monica State Beach (smgov.net/beach): This classic city beach stretches for more than 3 miles and offers one of the broadest expanses of sand on the LA County coast.

Westward Beach/Point Dume (beaches.lacounty.gov/point-dume-beach): Even locals often miss this long stretch just southeast of iconic Zuma Beach and hidden from Pacific Coast Highway in Malibu. A short trail leads from the beach to the top of Point Dume, a prime spot for wildflowers and whale watching. —M.J.

extra time squirts past Seattle Sounders goalkeeper Stefan Frei for the first goal in stadium history, giving LAFC the win. Talk about a Hollywood ending. ✈

Matt Jaffe lives in the LA region. For more information on recreation in the Los Angeles area, see discover-losangeles.com.

Alaska Airlines (alaskaair.com) flies daily to Los Angeles.

EVERY BODY WELCOME.



UNTUCKit 

SHIRTS DESIGNED TO
BE WORN UNTUCKED

untuckit.com

Resort Living

Vacation properties that let owners relax ||| By Jenny Quill



Danzante Bay owners enjoy a private beach in Loreto, Mexico.

DANZANTE BAY



In February, David and Kris, who live in southwestern Washington, had an amazing weeklong vacation at Danzante Bay in Loreto, Mexico. They fell in love with the quaint Baja town and its stunning environs—the Sea of Cortés to the east and the Sierra de la Giganta range to the west. They went whale-watching, visited a 300-plus-year-old Spanish mission and dined at a secluded beach restaurant.

“We were really impressed with the setting and amenities,” David says. “I like something that’s different from my primary location, a place that you look forward to going to, not just another city.”

David and Kris decided a week in Mexico

wasn’t enough. With siblings, they bought a 2,900-square-foot villa in the 741-acre Danzante Bay development.

“For us, it’s time to enjoy a slower pace in a quieter setting,” David says.

Colorado residents Mike and Sandy also purchased a resort home after being charmed by a destination. For them, Indian Wells, California, checked all the right boxes: great golf courses, a warm climate, top-notch shopping and dining, and proximity to beach towns along the California coast.

“We fell in love with Indian Wells and the Palm Desert area,” says Mike, a real estate investor who purchased a 3,500-square-foot



THE LOOKOUT
A LAKESIDE VILLAGE

Said no one
ever again.

With resort-like amenities right outside your cottage door and a million activities and adventures around the corner, the only thing anyone will complain about is having to leave.

Come to relax. Come to explore.
Come home to The Lookout at Lake Chelan.

chelanlookout.com | 855.557.6714



Vacation Rentals



Home Sales



PROMONTORY CLUB

house in the upscale Toscana Country Club in 2007. “The other big advantage is that we can be in Newport Beach or any of the beach towns in two hours. We really like the idea that you can go for weekend trips, see the ocean and hang out, and get this nice, warm climate.”



From top: The Beach House brings a tropical feel to the Promontory Club in Utah.

Toscana Country Club in California is home to two Jack Nicklaus Signature Golf Courses.

In purchasing second homes, these two couples are part of a significant segment of the home-buying population. Approximately 721,000 vacation-home purchases were made in 2016, accounting for about 12 percent of all existing and new-home transactions, according to the National Association of Realtors 2017 Investment & Vacation Home Buyer’s Survey. About a quarter of those second homes were purchased in resort areas,

which typically offer great amenities and helpful services within developments located in vacation destinations.

Whether you aspire to live the lake life, or you think the road to happiness is a golf-cart path, here are some reasons resort-property owners feel right at home in their second homes.

Amenities Abound at Resort Properties

Toscana Country Club has just about every nicety you could imagine, with two Jack Nicklaus Signature Golf Courses, the Bill Harmon Performance Center for golf instruction, a spa, two restaurants, group exercise classes, tennis and pickleball courts, and an outdoor pool on 640 acres.

“I lovingly call it Camp Toscana,” says Mike. “We have one car but two golf carts, because my wife is going to a Pilates or yoga class; I’m going golfing; and we were having more scheduling conflicts with the golf cart than the car.”

At Danzante Bay, the new Rees Jones–designed TPC Danzante Bay golf course, winding through beach, cliff and canyon holes, gets top billing among the development’s impressive list of amenities. The 18-hole course, which was completed in December 2017, is earning rave reviews, especially for its signature 17th hole, which is perched above the Sea of Cortés.

Also chief among Danzante Bay’s features is access to the well-appointed Villa del Palmar Beach



Scenic bike trails line
The Lookout at Lake Chelan

Facilities at the Promontory Club in Park City, Utah, were designed with the region's four-season lifestyle in mind. In winter, homeowners can take a 15-minute shuttle ride to the club's private ski-in, ski-out Alpine Lodge at Deer Valley, one of the top-rated ski resorts in the country. Here, the club

Resort & Spa at the Islands of Loreto. Just a golf cart's drive away from the residences, the resort's six swimming pools, three restaurants and full-service spa await homeowners. There's also a private beach club with a full bar, grills, entertaining space and an event lawn. A private mooring area, recreation center and retail shops are planned for the future.

"I like the resort community because it has recreational facilities; the golf course is exceptional; and there are great restaurants," says David. "Everything you need is right there in front of you."

concierge and ski valet have owners' skis, boots and poles at the ready.

Promontory outfitter Sean Smith, a former Olympian, skis with members and can also be found at the club's Outfitters Cabin, where he organizes tours and helps owners select the right gear for outdoor adventures.

Come summer, the Promontory's Beach House site is the place to be. Part lake, part pool, the facility features a sandy beach, 2.5-acre lake, an infinity-edge pool, cabanas and a beachside cafe.

Homeowners also enjoy Promontory's prestigious golfing. "We have two of the top-rated golf

SUN VALLEY LUXURY LIVING



Riverfront Estate | 5 BD, 5.5 BA | Private 1.1 Acre Lot | 6 Blocks to Ketchum Core
LEED Certified Gold | www.220BussElle.com | \$6,495,000



Katherine Rixon & Rob Cronin
Keller Williams Sun Valley Southern Idaho
208.622.7722 www.rixonandcronin.com
KELLER WILLIAMS
Luxury
INTERNATIONAL

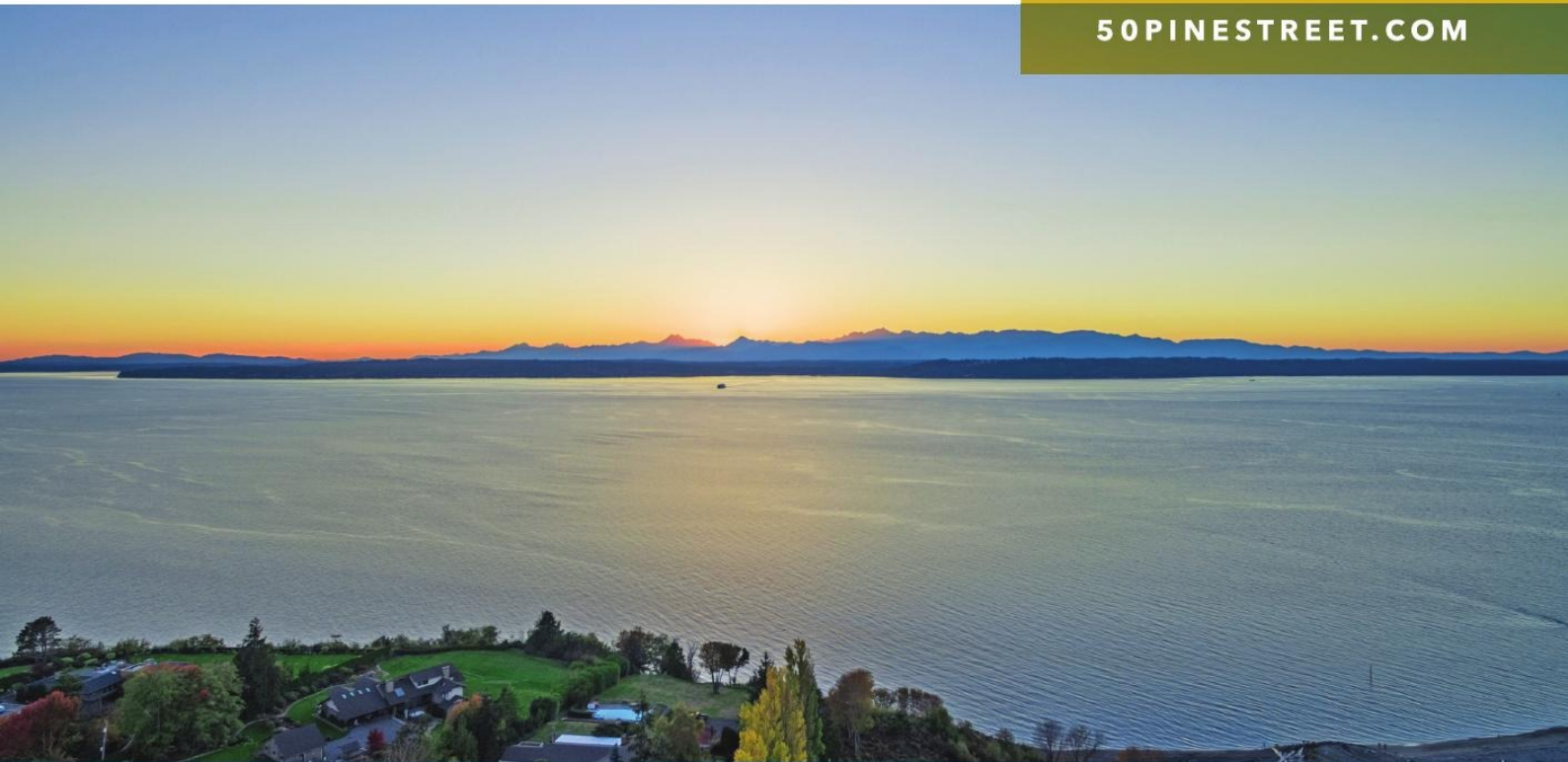
EDMONDS HAS A NEW HIGH POINT



50 PINE STREET

EDMONDS HAS A NEW HIGH POINT

50PINESTREET.COM



NEW CONSTRUCTION | EPIC VIEWS | LOCK & LEAVE LIFESTYLE

Releasing Late Summer • Completion September 2018
1 and 2 Bedroom Condominium Homes
From \$400,000's – \$1,000,000+

50 Pine Street is perfectly located on the bluff above Edmonds Marina, within minutes from the vibrant beach community of Edmonds.

Stunning views reveal the deep blue waters of Puget Sound and the snow-covered peaks of the Olympic Mountains and Mount Baker.

Only 20 minutes outside of Seattle by car or catch the Sounder Train for a scenic relaxing trip to the city.

68 thoughtful floor plans, parking and upgraded finishes meet amenities, including rooftop deck, exercise facility, patio with outdoor fire pit, and residents lounge.



If you would like more information or to be kept apprised of our progress, please register at:

50PineStreet.com
nancy@50pinestreet.com


Windermere
REAL ESTATE

WINDERMERE REAL ESTATE / NORTH, INC.

REPRESENTED BY:

Nancy Marsh

(425) 478-3549 nancy@50pinestreet.com

Tanya Foster

(206) 579-6575 tanya@50pinestreet.com



In our continuing effort to improve the design and function of our homes, we reserve the right to modify or change plans, specifications, and features without notice. Square footages are approximate. Images are for illustrative purposes only and may differ from the actual home and views.

courses in the state here at Promontory,” says Steve, a public affairs consultant who bought a 2,900-square-foot Promontory Club villa with his wife, Terry, in 2016. “The Nicklaus Painted Valley Golf Course, which we live on, is pretty spectacular, as are the clubhouses.” The course is renowned for its links-style layout through high-altitude valleys.

At Rancho San Lucas, an 834-acre resort community being developed about 20 miles northwest of downtown Cabo San Lucas, Mexico, homeowners can relax at the beachside pools, bars and breezy cabanas, and savor gourmet cuisine at the luxury hotel Grand Solmar at Rancho San Lucas Resort Golf & Spa.

“We have the ability to take advantage of all of the hotel amenities, but we don’t feel like we’re smackdab in the middle of it all,” says Lisa, who owns a planned 5,500-square-foot Rancho San Lucas estate with her husband, Pat.

On-site offerings including a 15-acre lake and 15

miles of biking are expected to open by the first quarter of 2019, while a Greg Norman-designed golf course is set to be inaugurated in summer/fall 2019.

At The Lookout at Lake Chelan in north-central Washington, it’s all about enjoying the picturesque setting. The community has a lakefront cove where residents can dip their toes in the water, sit lakeside or venture out on a kayak. There’s also the Lookout Marina, with 70 slips available for use by owners and guests. A community pool, hiking and biking trails, parks, sports courts and access to a neighboring winery are other amenities.



ARTIST RENDERING

The Rancho San Lucas resort community offers luxury real estate near Cabo San Lucas, Mexico.

TRUTH OR DARING

With fashion, food & film, Pacific Place makes it easy to be daring. And that’s the truth.

OVER 50 SHOPS AND RESTAURANTS –
DIN TAI FUNG
KATE SPADE NEW YORK
GORDON BIERSCHE
BARNEYS NEW YORK
AMC PACIFIC PLACE 11
TIFFANY & CO.
LULULEMON
TROPHY CUPCAKES
J.CREW
PIKE PLACE CHOWDER
COACH

Stop by our Concierge desk, show your room key or passport to receive a treat & Pacific Place special savings pass.



PACIFIC PLACE

6th AVENUE & PINE STREET IN THE HEART OF SEATTLE • PACIFICPLACESEATTLE.COM



Southwest Washington's Newest **55+** Community



New Move-In Ready Homes Available

- ✓ Private Gated Community for Ages 55+
- ✓ 20 minutes from Award-winning PDX Airport
- ✓ 5 minutes from Legacy Salmon Creek Medical Center, Shopping and Restaurants
- ✓ Top Quality Finishes include Granite Counters, Stainless Steel Appliances and Full-Tile Roll-in Showers
- ✓ Single Level and Master on Main Floor Plans

NEW HOMES STARTING

— *Low* \$300Ks —



Jennifer Short
Community Manager
Ph: (360) 597-8854
jennifer@ginnrealtygroup.com



**BOULEVARD
HOMES NW**

A GINN COMPANY

GPS for Model

17710 NE 17th Ave
Ridgefield, WA 98642

Open Weekly:
Thurs-Sun, Noon-5pm



For Move-In Specials Visit: www.WhippleCreekVillage.com



EXCEPTIONAL
HOMES *by John L. Scott*

Real
Estate

LIVE YOUR
Luxury

JOHN L. SCOTT KNOWS LUXURY

Our Certified Luxury Home Specialists have exceptional training and tools to help you find the Exceptional Home of your dreams.

Contact your
John L. Scott agent today.

Learn more: www.exceptionalhomesjls.com

FOUNDING MEMBER
**LUXURY
PORTFOLIO**
INTERNATIONAL

Work Less, Live More

Owners say turnkey living is one of the major perks of residing in a resort community. Depending on where you buy, you can have much of your regular upkeep—including landscaping, housekeeping and pool/hottub maintenance—managed by property staff.

At Rancho San Lucas, for example, estate owners have access to a full property-management menu that can be customized to suit their needs—everything from home repair to plant watering.

“They provide landscaping, housekeeping and grocery services. You just call ahead and tell them what you want,” says Lisa. “We own another property, a lake house. If we’re not there, it’s not getting taken care of. When we show up, it doesn’t feel like we’re on vacation. We have to clean it up, get it ready to go, and then we can start having fun. Having turnkey service offers incredible peace of mind and value retention for your property.”

Second Homes That Pay for Themselves

Property-rental programs can make owning a second home more affordable while eliminating the hassle of renting the home yourself.

There are more than 50 homes in The Lookout’s Cottage Rental program, with an on-site hospitality team that for a fee handles bookings, housekeeping and property upkeep when owners aren’t using their homes. For Pete and Janice, who live north of Seattle, the ability to rent their 2,900-square-foot home made buying at The Lookout feasible.

“With the rental program, we could easily afford a house that cost nearly double [our budget] in terms



Providing over 100 years of Real Estate experience
in the Los Cabos area.

- › Experienced buyers representatives for all resort communities ◀
- › Real knowledge about the local real estate market ◀
- › Ethical, professional, dedicated and responsive team service ◀
- › Strong online international platform ◀
- › Residential and commercial ◀

Where dreams and reality
become one...
Destination living


Windermere
REAL ESTATE

www.windermereoscabos.com
(624) 131-3330 *Local* • 855-877-2226 *Toll Free*

KRITSONISLINDOR



LAKE SAMMAMISH WATERFRONT
MLS# 1284016 | Offered at \$12,988,000



JOHN KRITSONIS
206.498.0288
Johnk@windermere.com



KARL LINDOR
206.890.8227
Karl@windermere.com

3D HOME TOUR & VIDEO
KRITSONISLINDOR.COM


Windermere
REAL ESTATE



Whether you're seeking a special event for your team, something fun with visiting family, or you're aspiring to "cook like a pro," Tom Douglas' Hot Stove Society has it all. From **Lunch Club**: an hour-long daytime class during your lunch break, to **Food Lovers Weekend**: a 3-day themed foodie extravaganza, or a one-night **Dumpling Workshop**, you'll find your dream class here.

www.hotstovesociety.com
2000 4th Ave., Seattle, WA 98121
206-436-0383



of build-out cost," says Pete. "It let us afford a house that perfectly aligned with what we wanted."

Bookings of their home have increased over the last three years, with about 50 nights booked the first year and 100 or so nights the second year, Pete says. This summer, the house is completely booked.

"The renters are paying almost all of the house's operational costs."

Shared Ownership

Timeshares can make a vacation getaway more affordable while decreasing the burden of property management and upkeep. With timeshares, you're buying the right to use the property, and owners are allotted a certain amount of time.

Timeshares can also give you a chance to ease into an area. Lisa and her husband, Pat, first visited Cabo San Lucas in 2012, staying with friends at their timeshare at Playa Grande Resort.

Smitten by the experience, Lisa and Pat bought a timeshare, and then they expanded their commitment a year later.

"Every year after that, we expanded our commitment even further," she says. "We ended up with a total of three full weeks there and found ourselves going four or five times a year. So we really started talking about looking at more of a permanent property down there."

Be it beachside, lakeside or slope-side, a vacation home is more than just a getaway; it's a place to recharge and relax, gather with family or enjoy retirement. Ultimately, a second home offers the promise of a life lived on vacation, and what could be better than that? ✈

Jenny Quill writes from Connecticut.

explore
northwest portland
Come sleep with us!

For special rates use promo code: **ALASKA**

northrupstation.com
800-224-1180
portland's unique boutique hotel
Surrounded by dining and shopping!
2025 nw northrup • portland oregon

f t i

OUTDOOR DINING ESSENTIALS

TAKE IT OUTSIDE

The *Gilded Lily* HOME

A must-see when visiting beautiful North Central Washington.

Monday - Saturday, 10am - 5:30pm
2 North Wenatchee Avenue, Wenatchee, WA 98801
509.663.1733 www.gildedlilyhome.com

SPECIALTY GIFTS • FOOD • HOME • BABY

AIR CONDITIONED!

Brand New Apartments Downtown Kirkland



A BREEZE FROM THE LAKE



In the heart of Kirkland's Park Lane pedestrian oasis. Two blocks from sparkling Lake Washington. Vibrantly designed living spaces with **air conditioning**, modern tonal finishes, quartz counters and view decks. Resident 24-hour fitness center, community terrace with BBQs and active neighborhood scene. Viva la Voda!



207 PARK LANE
KIRKLAND, WA 98033
Mon-Fri 9AM-7PM, Sat-Sun 9AM-6PM
CALL TODAY! 833-398-5277
RENTVODA.COM



By Continental Properties LLC



3 Bedrooms
2.5 Baths
Water Views
8-Car Parking
2 View Decks
Central A/C
Motor-Shades
Speakers In/Out

THIS PORTAGE BAY MASTERPIECE is among Seattle's finest homes

In 2015, DeForest Architects & McKinstry Construction created this modern residential work of art over-looking Portage Bay. An expansive wall of windows, high ceilings & thick steel columns frame jaw-dropping views of the active waterway across to the University of Washington. High quality design & surfaces offer easy living in stylish luxury. Great room, auto-gated, secure parking for 8+ cars including 4+ garage bays & large shop space. 3112 Fuhrman Ave E, Seattle, WA 98102

MLS# 1294622 | Offered at \$3,900,000



GARY EVERIST
206-979-2814
garyev@windermere.com



Windermere
REAL ESTATE



KYLE ROSE
206-617-6050
kylerose@windermere.com

Windermere Real Estate/Greenwood
garyandkyle.com | 311 N 85th St, Seattle, WA 98103

A couple is seen from behind, sitting on the edge of a rectangular swimming pool. The man is wearing a white shirt and the woman is wearing a blue dress. They are looking out at a lush tropical garden with various plants, including a prominent palm tree. The scene is viewed through a large glass opening from an interior space. On the left, a portion of a tan armchair is visible. The floor in the foreground has a light-colored, textured tile pattern.

Hawai'i Home Getaways

For those who love visiting the Islands, a second home in Hawai'i may be a great way to enjoy this paradise • *By Tiffany Hill*



*With its gorgeous scenery,
great weather and wide
variety of housing choices,
Hawai'i is a thriving
second-home market.*

Jacquelyn and Leroy McChesney first visited Hawai'i in 1983 for a special occasion.

The California couple had decided to elope to the Garden Island and get married at the fern grotto at Smith's Kauai.

"We spent two nights in what is now the Marriott in Kalapakī Bay and then went backpacking up the Nāpali Coast," Jacquelyn McChesney says. "It was the absolute best way to start our lives together."

The rugged, natural beauty of the island, with its emerald cliffs and roaring waterfalls, kept the McChesneys coming back to Kaua'i. After decades of staying in hotels and several vacation rentals, the couple wanted a place of their own.

In 2016, they purchased a two-bedroom condominium at PiliMai at Po'ipū, a luxury resort community located near Po'ipū Beach on the island's famed south shore. They decorated the condo with local art and furnishings and visit there about five times a year. The rest of the time they rent it out. "It feels like coming home," McChesney says of visiting their condo in Kaua'i. "For both of us, we get off the plane and just exhale."

The McChesneys aren't alone in wanting to own a part of paradise. In fact, according to the State of Hawai'i Data Book, U.S. mainlanders purchased 23 percent of Hawai'i's condominiums and single-family homes in 2016 (the latest year for which data has been published).

Homeownership has a special appeal for many visitors from the continental United States and around the world. More than 9 million people visited the Hawaiian Islands in 2017 to enjoy attractions that include world-class beaches, water adventures, beautiful sunsets, vibrant cultures, laid-back lifestyles and farm-fresh foods.

And with more residential developments in the future, including an estimated 20 new condominium projects that are expected to dot the Honolulu skyline alone in the coming years, the level of sales to non-Hawai'i residents is only expected to continue. Offering beautiful locations and the best amenities, projects on all the major islands make it convenient to own a condo or a single-family home. And the purchase of a second home may be a good investment for asset diversification.



"Ming Fling" Valerie Dress.

Oahu: Ala Moana Center • Outrigger Waikiki Beach Resort • Hilton Hawaiian Village
Royal Hawaiian Hotel • Kahala Hotel & Resort **Maui:** Shops at Wailea • Whalers Village
Big Island: Kings' Shops **Kauai:** St. Regis Princeville • Grand Hyatt Kauai Resort • Shops at Kukui'ula

toririchard.com



TORI RICHARD
HONOLULU



Sunset moments, above, are one reason the Islands attract so many vacation-home buyers. PiliMai at Po'ipū, below, is one of Kaua'i's newest condo developments.

A Deep Connection

Egen Moe says it is common for buyers of second homes in Hawai'i to mention the region's allure.

A resident of O'ahu, Moe has been working in the local real estate industry since 1995 and is the senior vice president of Brookfield Residential Hawai'i, a real estate company with listings on all of Hawai'i's major islands.

He says most people who purchase a second home in the Islands do so because something

special happened there, giving them a connection to a specific place. "There was a magical moment with a sunset," Moe says. "Or maybe they proposed to their wife at a certain place 20 years ago or their kids love that island the most."

He adds that O'ahu is the island with the most real estate transactions by out-of-state buyers, followed by Maui, Hawai'i Island and Kaua'i. However, he says that much of this order in interest has to do with housing supply, which is highest on O'ahu and Maui.

According to Moe, there are three main categories of people purchasing homes in Hawai'i: Those who live in the Islands full-time, part-timers such as the McChesneys, and those buying property as an investment. "The emotional and/or financial motivation for each one of those groups is a little different," he notes.

The condo lifestyle was perfect for the McChesneys, who decided that they didn't want to worry about the upkeep of a single-family home.

After looking at probably 40 different properties, they toured units at PiliMai at Po'ipū, adjacent to the Kiahuna Golf Club on the island's south shore, and knew immediately they had found their place.

PiliMai is one of Kaua'i's newest developments.



FROM TOP: TOR JOHNSON / HAWAII TOURISM AUTHORITY; PILIMAI



Discover our elegantly packaged premium shortbread cookies.
Indulge in Aloha with island-inspired flavors like Pineapple, Mango, Kona Coffee, and much more!

OAHU

Ala Moana Center
Hilton Hawaiian Village
Hyatt Regency Waikiki
International Market Place
OHANA® Waikiki Malia by Outrigger®

Outrigger Waikiki Beach Resort
Royal Hawaiian Center
Sand Island Retail Store
Waikiki Beach Marriott
Waikiki Beach Walk®

MAUI

Front Street
The Shops at Wailea
Whalers Village

LAS VEGAS

The LINQ Promenade
Grand Canal Shoppes at
The Venetian | The Palazzo

GUAM

Micronesia Mall
The Plaza Shopping Center

For the Very Best, Look for the Pineapple Shape®
honolulucookie.com     1-866-333-5800

The pineapple shape of the cookie is a federally registered trademark of the Honolulu Cookie Company. ©2018 Honolulu Cookie Company. All Rights Reserved.

Construction began on the site in 2014. Today, the property includes luxury townhomes and condominiums, a pool, a spa, recreational facilities and plenty of green spaces. The McChesneys' condo is all on one level, with an attached garage and air conditioning. "That's important for older people," Jacquelyn McChesney says, laughing.

The couple loves the laid-back, no-worries approach to life. Jacquelyn says she and her husband, Leroy, also have immersed themselves in the local history and culture. The couple believe it is very important to respect the local culture, including the language and Hawaiian customs.

They also enjoy spending time on Kaua'i's Wailuā and Hanalei rivers. "I stand-up paddleboard, and my husband kayaks," Jacquelyn says. "We also do a lot of hiking."

Two years after purchasing their Kaua'i condo, the California couple is getting ready to move to Kaua'i permanently. She says they are planning to move to Hawai'i after Leroy retires next year. They will live full-time at their place in PiliMai, and rent out their home in central California. "We decided we wanted to eventually have Hawai'i be our full-time home," says Jacquelyn McChesney. "It was the realization of our love for Kaua'i."

A Home Away from Home

For Lindsay Davenport, it was Hawai'i Island that cast a spell on her and her future husband. The former World No. 1 female tennis player married her fiancé, Jon Leach—a former All-American tennis player at USC—on the island 15 years ago.

"We took our first vacation [together] to the Big Island in 2000," Davenport says. "We live in California, and we picked Hawai'i to be able to relax. It was one of those places we both loved immediately. In the next few years, we went to Kaua'i, Maui and O'ahu, but there was something special about the Big Island. We ended up getting married there a couple years later, in April 2003."

The couple, who have four children, ages 11, 9, 6 and 4, were visiting Hawai'i Island multiple times per year. However, Davenport says it had become challenging to go on vacations with the kids and all the packing. It would be easier if they had a place where they could store their sports equipment, clothes and other items, instead of carrying it all with them.

As a former professional tennis player who traveled the world, Davenport says she spent much of her youth on the road, and she wanted a different experience for her children.

Kohanaiki, a private luxury community on Hawai'i Island's Kona coast, offers a variety of homes for sale. You can also buy lots and build your own dream house.



KOHANAIKI



NEW LUXURY HOMES IN HAWAII

the best places to call home



ISLAND OF HAWAII
KAMILO AT MAUNA LANI
Single-Family & Paired Homes
Golf Course & Mountain Views
3-4 Bedrooms, Up to 3.5 Baths
From \$900K's to \$2M



ISLAND OF HAWAII
HŌLUA KAI AT KEAUHOU
Single-Family Detached Homes
Oceanfront Community
3-4 Bedrooms, Up to 3.5 Baths
From \$800K's to \$2M



ISLAND OF KAUA'I
PILIMAI AT PO'IPŪ
Townhomes & Condominiums
Ocean, Golf & Mountain Views
2-4 Bedrooms, Up to 3.5 Baths
From \$700K's to \$900K's

CALL OR VISIT US TODAY

888.997.4054

BROOKFIELDHAWAII.COM/REVEAL

Image: KaMilo at Mauna Lani Makani Plan



The information provided herein is not intended to be and does not constitute an offer or solicitation to sell and shall not be used in any state where prohibited by law or where registration requirements have not been met. Equal Housing Opportunity. Model photography is for illustrative purposes only. All square footages are approximate. All renderings, floor plans and maps are artists' conceptions. Seller reserves the right to modify or change floor plans, included features, specifications, finishes, pricing, incentives and availability without prior notice. © 2018 Brookfield Residential Hawaii.



Luxury communities, such as Hawai'i Island's Kohanaiki, above and right, offer a variety of activities and special amenities for members.



"I wanted a home base. Even though you go to the same place time and time again, there's new things to do, and I feel like each time the kids are exposed to something different. They love it."

The family spent about four years searching for the perfect place. They looked at resort properties, ranches and neighborhoods on the west side of Hawai'i Island, but nothing felt quite right.

Finally, a friend recommended they check out Kohanaiki. They originally wanted to build their own home, but with the distance and their busy schedules, it made more sense to buy an available furnished four-bedroom home. Davenport says that when they heard about the house, they decided it was fate.

"When we saw it, we were like, 'Yes, this is it; we've been waiting for this for years,'" she says.

So, in 2014, Davenport and Leach purchased their single-family home at Kohanaiki, a 450-acre private-club community that opened in 2011. Located on the Kona coast, the community has homeowners who include professional athletes, Hollywood celebrities and business executives.

"It feels like a true second home," says Davenport, adding that they fly to Hawai'i Island eight to 10 times each year. "It is a vacation, yes, but we're excited to see our friends—people who have become like family to us."

Davenport's own family likes being active during their visits. "We get pretty adventurous," she says. "My older two kids have done pretty much everything on the island. Their favorite thing is biking around with my husband and finding

waterfalls. They have the best time."

Davenport's home in Kohanaiki means the family's vacations are hassle-free. The community is known for its first-rate amenities, including a \$65 million clubhouse, which features a wine cellar, a brewery, a bowling alley, a theater, a spa and more. There's also an 18-hole Rees Jones-designed golf course and members-only beach access. Davenport says she feels Kohanaiki is a family-friendly, kid-oriented place. "It's somewhere they can ride their bikes and explore on their own," she says.

Davenport and Leach like the area so much, they've talked about moving to Hawai'i Island. "Our jobs keep us in Southern California, so we can't live in Hawai'i full-time yet, but that's the ultimate goal," she says.

In the meantime, they plan to spend more time on the island. "We've been trying to take off a big chunk and go there for three months," Davenport says. "We just love the lifestyle there."

The Joys of Maui

Family is one of the main reasons Jayne and Peter Schipperijn have found a second home in Maui.

The Southeast Texas couple started visiting the island when their children were in grade school, and they liked it so much, they kept coming back.

"It became our favorite vacation place," says Jayne Schipperijn. "Our children have such great memories there."

In 2013, the Schipperijns purchased a two-bedroom condominium at Honua Kai Resort & Spa, along renowned Kā'anapali Beach—an area that



Honua Kai Resort & Spa, on Maui's Kā'anapali Beach, features a 3-acre aquatic playground with waterfalls and waterslides.

is one of the most popular vacation spots on the island.

Fast-forward five years, and the Schipperijns now own two condos at Honua Kai and a third, soon-to-be-built townhome at Luana Garden Villas, a new luxury development next door.

Not only does the couple visit Maui three to four times a year, often with their two children, who are now adults, but also the condos have turned into a side business for the couple.

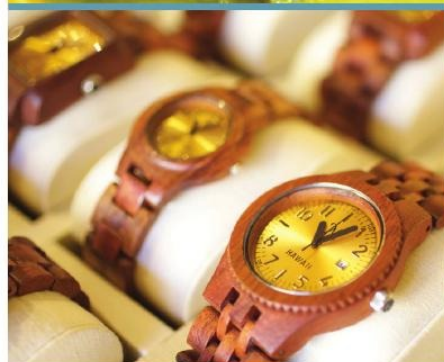
"To me, it's the ideal situation. We own these properties, and we rent them out so we can cover most of our day-to-day costs," Jayne Schipperijn says of the Honua Kai condos. "When we want to go on vacation, they are there."

Maui's unique environment never ceases to amaze the Schipperijns. The two have backgrounds in geology: Jayne is a retired petroleum geologist and Peter still works for an energy company.

"When I look out at the mountains, I see an ancient shield volcano," she says, adding that they enjoy driving out to the lava fields in south Maui. "We find the whole aspect of the Hawaiian Islands so compelling."

She says that Honua Kai is a family-centric community that attracted her and Peter. The resort features a 3-acre aquatic playground with pools, waterfalls and a waterslide; communal barbecue areas; and units that range from studios to three-bedroom suites. "We felt Kā'anapali Beach is all about families," she says. "Buying property there is

LEFT TO RIGHT: HONUA KAI RESORT & SPA; LUANA GARDEN VILLAS



TOMMY BAHAMA
 QUIKSILVER
 POIPU SURF
 MARTIN & MACARTHUR
 RUTH'S CHRIS STEAK HOUSE
 MERRIMAN'S FISH HOUSE
 EATING HOUSE 1849
 BY ROY YAMAGUCHI
 TR CANTINA & MARGARITA BAR
 LIVING FOODS GOURMET
 MARKET, CAFE & JUICE BAR
 LAPPERT'S HAWAII ICE CREAM & COFFEE
 UNCLE'S SHAVE ICE
 SKYLINE ECO-ADVENTURES
 LATITUDES FINE ART GALLERY
 SCOTT HANFT PHOTOGRAPHY GALLERY
 ...AND MANY MORE!

The Shops at Kukui'ula™

2829 ALA KALANIKAUMAKA, PO'IPU, KAUAI
 808.742.9545 • THESHOPSATKUKUIULA.COM

KAUA'I CULINARY MARKET • Wednesdays 3:30pm - 6pm
 "KANIKAPILA" LIVE MUSIC • Fridays 6:30pm - 8:30pm

business for us, but our hearts are also in it, as well.”

While many of the occupants of Honua Kai are part-time owners or vacationers, the couple say unit owners stay connected via an online forum. The resort also offers weekly owners’ meetings. “It’s a neighborly community,” Jayne Schipperijn says. “Everyone says, ‘Hi, how’s the beach today?’”

The Honua Kai resort was first built in 2009, with a second building opening in 2010. The Schipperijns decided to buy two furnished Honua Kai condos. For their future condo in Luana Garden Villas, they decided to choose a larger unit.

“With Luana, we’ll have a garage, so we’re thinking about getting a car and bicycles so we’ll be able to have a more permanent home environment,” Jayne Schipperijn says.

The couple always look forward to visiting their home away from home. “My blood pressure goes down when I’m there,” she says. “Everything slows down, I find it so relaxing and calming.”



Meeting a Variety of Needs

When it comes to condominium development, the top island remains O’ahu, the most populous of the main islands. One of the largest new developments is Ward Village, which has opened two condo towers, with three more on the way. The village’s new Anaha tower has really turned heads.

Walk or drive to the intersection of Kamake’e and Auahi streets in the Honolulu neighborhood of Kaka’ako and you’ll see people looking skyward.

A rendering of Luana Garden Villas, the latest development at Honua Kai Resort & Spa, which is scheduled to open in 2019.

**CLEAN
POWER,
CLEAN
OCEAN.**

Atlantis
SUBMARINES
WAIKIKI MAUI KONA

It's electric! Our battery powered submarines emit no pollutants and help to preserve the marine habitats we love sharing with guests.

atlantisadventures.com | (800) 422-2044 | | #atlantishawaii

EXPLORE OUR HAWAII

Photo: Kimberly Jeffries Photography

Hawaii Titanium Rings



*Nature's finest elements combined
to create the perfect ring.*



Call for locations 808-756-1173

www.HawaiiTitaniumRings.com

BUYING A SECOND HOME IN HAWAII

Buying a home in the Islands can be a rewarding experience. However, as with all real estate transactions, it's important to know the market and how you plan to use the property. Egen Moe, the senior vice president of Brookfield Residential Hawai'i, offers the following advice for those considering buying into Hawai'i real estate.

Consider the type of property you want to buy: Deciding between a condo, townhome or single-family home is crucial. Also decide how much space you will need. "Second-home owners don't need a lot of personal items. In particular, since the last recession, downsizing was really important to a lot of families. People are asking themselves whether they really need a 5,000-square-foot home if a 2,200-square-foot model will do."

Determine if the property is for investment purposes or if you'll live there part-time: Depending on finances, choose whether to purchase a new property or a pre-owned home. You will also need to decide if you'll rent out your home when you're not in the Islands. "Many people rent out their homes until they are ready to live there full-time or, perhaps, sell in the future." —T.H.

They're gazing at the swimming pool of Anaha, a 38-story luxury condominium tower completed in 2017. The glass-bottom infinity pool is located 75 feet above the ground and extends 15 feet out from the building. It is the first pool of its kind in Hawai'i. "The pool literally stops traffic, both pedestrian and vehicle traffic," says Davie Felipe, general manager of the Anaha tower. "People are looking up constantly when they come to this intersection."



Botanical Gardens

Explore Hawai'i's finest collection of rare and native plants, flowers, and wildlife



Cultural Activities

Discover authentic archaeological sites; learn Hawaiian crafts, games, and more



Waterfall

Visit the heart of the Valley and swim at Waihi Falls



[f](https://www.facebook.com/waimeavalley) [@waimeavalley](https://twitter.com/waimeavalley)
[@waimeavalleyoahu](https://www.instagram.com/waimeavalleyoahu)

waimeavalley.net

Call: (808) 638-7766

WHERE HAWAII COMES ALIVE

For second-home buyers, condos can be very appealing, even if they don't have suspended infinity pools hanging over the street. A condo can mean greater affordability, easier upkeep and more on-site amenities.

Felipe, who has worked in the Hawai'i hospitality industry for 21 years and has managed four different properties, says buyers want prime locations and top amenities. "The location is everything, of course, and buyers tell us that," Felipe says. "But I'll tell you a big appeal is also the service and the staff."

The 317-unit Anaha tower, which opened last fall, boasts 50 employees. Felipe says that before opening, the staff underwent an intensive five-week hospitality training program on ways to assist the owners. The building has a host of state-of-the-art amenities, which include



The breathtaking rooftop infinity pool at the Anaha tower in Honolulu extends 15 feet out from the building's edge.

HONOLUA
SURF CO
THE PINT
& CORK
LOUIS
VUITTON
RUTH'S CHRIS
STEAK HOUSE
GUCCI
SAND PEOPLE
LONGHI'S
WAILEA
PRADA
ISLAND GOURMET
MARKETS
MARTIN &
MACARTHUR
NA HOKU
KI'I
GALLERIES
CHEESEBURGER
GRILLE & TAP ROOM

AND MANY MORE...

3750 WAILEA ALANUI DR.
OPEN DAILY 808.891.6770

THE
SHOPS
AT WAILEA

shop. dine. unwind.

OVER 70 OF THE FINEST NAMES IN STYLE, ART, CUISINE & SERVICES.

[THESHOPSATWAILEA.COM](http://theshopsatwailea.com)

VALIDATED PARKING. FIRST HOUR FREE. ADDITIONAL 3 HOURS WITH MINIMUM PURCHASE. FREE WI-FI



Paradise Helicopters

**HAWAI'I'S MOST UNIQUE
LANDINGS ADVENTURES & CHARTER EXPERIENCES**

855-646-8629 | www.paradisecopters.com

Departing from Kona, Hilo, Lāna'i, Ko Olina, and the North Shore of O'ahu

TOP OF THE WORLD CARE

We manage the Samuel Simmonds Memorial Hospital, the only critical access hospital and Level IV trauma center within the North Slope of Alaska.

OUR JOINT COMMISSION ACCREDITED hospital services begin in Barrow and reach throughout the region.

POSITIONS AVAILABLE include medical staff, nursing, and administrative professionals. We offer highly competitive compensation and benefits, relocation allowance, subsidized housing, and we are an Indian Health Service loan repayment site.

ASNA
ARCTIC SLOPE NATIVE ASSOCIATION

ARCTIC SLOPE NATIVE ASSOCIATION Headquartered in Barrow, Alaska
hr@arcticslope.org e-mail / 1 888 525 7764 toll-free / 907 852 9204 direct

private dining rooms, a sand volleyball court, a wellness center, a dog park, a putting green and more.

Each morning, the kitchen staff serves complimentary coffee from 7 A.M. to 10 A.M. in the building's community room, where about 70 regulars start their day.

Race Randle, a senior vice president of the Howard Hughes Corporation, which is developing Ward Village, moved his family to Anaha from O'ahu's North Shore last fall after the building opened. He says he was attracted to the prime location. The move has improved his work-life balance and given him more time with his family.

"At Anaha, I rarely drive because it has everything we need," says Randle, whose office is in Ward Village. "There's a Whole Foods Market, shops, restaurants, a movie theater and playgrounds. Even some of O'ahu's best surf breaks are all within walking distance."

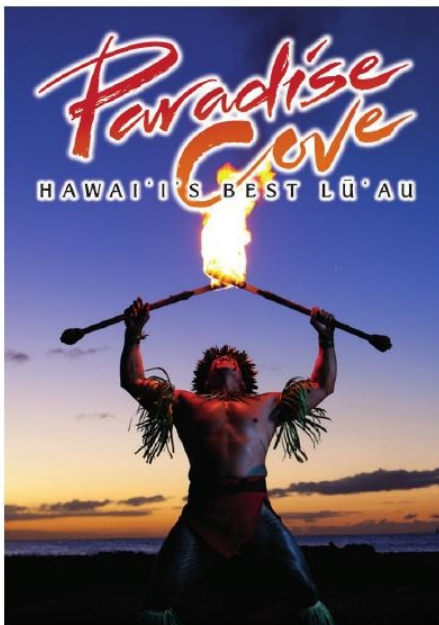
Randle also appreciates the service and amenities. "The service level and the welcoming staff make Anaha feel like home," he says.

When it comes to second homes, Hawai'i offers a unique appeal and an array of choices that will help you find the right place in paradise. You may like it so much you'll want to move to the Islands permanently. ✈

Tiffany Hill, based in Honolulu, specializes in travel, culture and business writing.

Alaska Airlines offers daily service to O'ahu, Maui, Kaua'i and Hawai'i Island (Kona). For information on flights, visit alaskaair.com. Book a complete Alaska Airlines vacation package to Hawai'i at alaskaair.com/vacations.

Island ACTIVITIES



HAWAII'S BEST LŪ'AU

MENTION THIS AD AND GET A
FREE PARADISE COVE ECO-BAG
With Purchase Of Any Luau Package

WWW.PARADISECOVE.COM

f /PARADISECOVELUAU

For reservations and additional information,
please call 800-775-2683 or 808-842-5911

MovePets.com

Global Pet Transportation and Relocation

- International Pet Relocation Experts
- Military & DOD PCS Moves
- Hawaii, Guam, Australia, New Zealand
- Worldwide Door to Door Services
- Coast to Coast Ground Transport

Your Pet's Travel Agent



info@MovePets.com
Veteran Owned Business

E Komo Mai! (welcome!)

Free Farm Admission with
Mention of this Ad (Exp 9.30.18)



Alii Kula Lavender

Visit our Kula farm

Open daily 9am - 4pm

Tours at 9:30am, 10:30am, 11:30am,

1:00pm and 2:30pm

\$12.00 per person + tax

(save \$2 with advance reservation)

1100 Waipoli Road, Kula, Hawaii 96790

Call 808.878.3004 or email

aklreservations@aklmaui.com

ONLINE ORDERS

15% OFF

USE PROMO CODE:
BEYOND15
EXPIRES 9.30.18

Visit us and shop online at www.aklmaui.com
AKL is a proud member of 1% For the Planet



FARMERS, RANCHERS, FISHERMEN AND COUNTRY HOME OWNERS NEED AN AGRICULTURAL LOAN?

Purchase open land, operating loans, line of
credit, equipment purchase, truck or automobile
purchase, livestock purchase, refinance a
mortgage or an agreement of sale.

Both the Federal Land Bank Association of Hawaii,
FLCA and Hawaii Production Credit Association
can custom design a loan to meet your needs.

We Offer: Long term loans, short term loans,
competitive interest rate programs, flexible
repayment schedules, excellent loan servicing
options, and many more. We also have programs
for Young, Beginning, Small and Minority Farmers

CALL ONE OF OUR LOAN OFFICERS AT:

OAHU OFFICE: 99-860 Iwaena St., Suite A, Aiea, HI 96701
Ph: 808 836-8009 • Fax: 808 836-8610 • www.hawaiiifarmcredit.com

HILLO OFFICE: 988 Kinaole St., Hilo, HI 96720
Ph: 808 836-8009 • Fax: 808 961-5494
From: Neighbor Islands, Toll Free 1 800 894-4996



FCS of Hawaii, ACA is part of the Farm Credit System, a nationwide system of leading
agricultural financial institutions which started in 1917. FCS of Hawaii, ACA has been doing
business in Hawaii since 1966 through its subsidiary the Federal Land Bank
Association of Hawaii, FLCA. The FCS of Hawaii, ACA is not a Federal Agency
of the Federal Government. Registered with Nationwide Mortgage Licensing
System (NMLS ID# 613610).

**"TOO GOOD TO MISS"
GERMAINE'S
LUAU
HAWAII**

*The Ultimate in
Hawaiian-Style Fun!*

Step onto our beautiful, secluded and
private beach - "35 minutes and 100 years"
away from the hurried pace of Waikiki!
From the sumptuous all-you-can-eat feast
with your favorite beverages and exotic
cocktails...to the Polynesian extravaganza
with the exciting Fire Knife Dance,
it's a fun-filled evening that will bring
Hawaii home to your heart!

**For Free Hotel Pickup call:
949-6626 or 941-3338**

www.germainesluau.com

3RD ANNUAL
**HAWAII ISLAND
FESTIVAL OF BIRDS**
SEPT 14-17, 2018
KAILUA-KONA
i'iwi © Jack Jeffrey Photography

**2018 FESTIVAL THEME
BACK FROM THE BRINK:
Hawaii's Battle Against Extinction**

Guided Field Trips and Nature Excursions

- Film Festival
- Bird Fair
- Lectures
- Educational Booths
- Arts & Crafts
- Workshops

FOLLOW US HAWAII ISLAND FESTIVAL OF BIRDS

DETAILS AND REGISTRATION COMING SOON:
BIRDFESTHAWAII.ORG

DISCOVERING THE CITY OF FOUNTAINS

Kansas City culture shines with art, jazz and barbecue

By Allyson Wilson

» Whenever friends and family visit Kansas City, I always ask one very important question: “Want to grab some barbecue?” As far as I’m concerned, no trip to KC is complete without trying the tender, juicy and hickory-smoked goodness that is local barbecue.

In KC, barbecue isn’t just something you eat; it’s a way of life that’s deeply ingrained in the city’s history and culture. After all, the cattle and hog business helped put Kansas City on the map. The

city’s stockyard was one of the largest in the nation, hitting its zenith in the 1920s.

I tell visitors, usually over a plate of delicious, sauce-coated, crispy tips of smoked brisket—known as burnt ends—about how Kansas City has Henry Perry to thank for our focus on the smoky meats. Perry, called the “Father of Kansas City barbecue,” is the first recorded barbecue restaurateur in the city. He inspired many others to try their hand at the cooking style and helped define KC’s famous



NEAR & FAR»

barbecue profile, which generally includes patting down the meats with a sweet and spicy dry rub. Then the meats are smoked low and slow (often for many hours) while being basted with a tangy tomato-and-molasses-based sauce.

Today, Perry is celebrated in Kansas City's Barbecue Hall of Fame (which celebrates barbecue's pioneers), and his influence can be tasted all over the area, including at Arthur Bryant's Barbeque, whose original owners are said to have worked under Perry himself. Celebrities, including Harrison Ford, Steven Spielberg, and former presidents Jimmy Carter, Bill Clinton, Barack Obama and Harry S. Truman, have enjoyed Bryant's succulent and flavorful ribs, covered in the signature tangy burnt-orange-colored sauce.

With more than 100 barbecue restaurants in this city, figuring out where to partake in it's specialty can be challenging. For those new to 'cue, I typically suggest KC Barbecue Tours. The bus-guided excursion offers passengers the chance to visit well-known barbecue locations and a few hidden gems, such as LC's Bar-B-Q.

National-list-topping barbecue is served at Joe's Kansas City Bar-B-Que and at Q39, as well as at newer restaurants such as Slap's BBQ. There are even vegetarian and vegan versions of barbecue, so everyone can savor this treat.

One of the best ways to experience barbecue is at the American Royal World Series of Barbecue, September 13–16 this year at the Kansas Speedway. A staple since 1980, the competition includes more

DID YOU KNOW?

Kansas City goes by many handles, but it's best known as the "City of Fountains." To date, KC is home to more than 200 breathtaking public and private fountains, including the iconic and most-photographed J.C. Nichols Memorial Fountain, shown at left.



than 400 barbecue teams from seven countries, and it attracts more than 50,000 people, who come from far and wide to try the barbecue and enjoy a variety of activities, including live music and a car show.

All That Jazz

Jazz might have been born in New Orleans, but locals are fond of saying that it grew up in Kansas City, with influences from blues and ragtime. The city was home to musical legends such as Charlie Parker and Big Joe Turner, and the city's nightclubs helped launch the careers of Count Basie and Andy Kirk.

Jazz still thrives in the city, with more

» The J.C. Nichols Memorial Fountain, opposite page, is one of the city's most popular waterworks. Kansas City is known for its distinctive barbecue, which is served at such famous locations as Arthur Bryant's Barbeque, above. Green Lady Lounge, below, is one of more than 40 live jazz places you will find in Kansas City.





SPECIALIZING IN MINIMALLY INVASIVE SPINAL SURGERY & COMPLEX SCOLIOSIS DEFORMITY SURGERY

Comprehensive Treatment for a
Spectrum of Spine Disorders:

Anterior Cervical Discectomy and Fusion • Artificial Discs
Scoliosis Deformity Correction • Spinal Cord Tumors • Spondylolisthesis
Lumbar Spinal Stenosis • Sacroilitis • Tethered Cord Syndrome



We accept most public and private insurance plans, as well as self-pay
Please contact us with questions or to schedule an appointment at [206.623.1334](tel:206.623.1334)

DR. TRENT L. TREDWAY

Board Certified Neurosurgeon
Fellowship Trained | 12+ Years Academic & Private Practice Neurosurgery
Top Doctor, Seattle Magazine 2013

TredwaySpineInstitute.com • 206-623-1334 | Seattle • Poulsbo • Puyallup



than 40 nightclubs around the metropolitan area offering live shows of vibrant blues and jazz. For spellbinding sounds and a jazz-club atmosphere, be sure to visit The Majestic Restaurant, Green Lady Lounge and The Phoenix.

You can visit the original center of the local jazz scene at the 18th & Vine Historic District. The area is home to the American Jazz Museum, which keeps the spirit of the music alive through exhibits and collections. The museum also hosts top acts at the Blue Room Jazz Club four nights a week, with free performances on Mondays and Thursdays. Check out jam sessions on Mondays and Indigo Hour performances on Fridays, both at 5 P.M. Concerts this month include The Band Oasis on July 6 and the jazz ensemble Pablo Sanhueza and the KC Latin Jazz All-Stars on July 26, in the Blue Room.

Located in the same building as the jazz museum is the Negro Leagues Baseball Museum, which uses artifacts dating from the late 1800s, film exhibits and multimedia displays to chronicle the league's history, its brightest stars and its impact on baseball.

Family Fun

About 2 miles southeast of the jazz museum is Union Station. Built in 1914, the 850,000-square-foot limestone structure is hailed as an architectural gem known for its Beaux-Arts design, its 95-foot-tall

grand hall ceiling adorned with ornate acorn rosettes, its marble floors and its massive chandeliers.

Today, Union Station is still an Amtrak train station. However, it also houses exhibits on Kansas City history and various award-winning attractions that invite visitors to embark on a journey of discovery. The facility offers hands-on experiments at Science City, stargazing at the Arvin Gottlieb Planetarium and watching summer blockbusters on the 53-foot-tall, 80-foot-wide screen at the Regnier Extreme Screen Theatre.

» Visitors enjoy a close-up look at the penguins, left, inside the Helberg Penguin Plaza at the Kansas City Zoo. Union Station, above, is a working train station and home to historical and science exhibits, a planetarium and the Regnier Extreme Screen Theatre.

Other Activities Around KC

■ **The City Market** in the River Market Neighborhood has shops, restaurants and groceries that are open all week long and year-round. On the weekends, a farmers market, right, is held within the City Market, where you'll find produce, flowers, food and artisanal crafts at more than 150 vendor stalls.

■ **The National Museum of Toys and Miniatures** showcases more than 72,000 toys and the world's largest collections of fine-scale miniatures.



■ **The National WWI Museum and Memorial** examines the Great War through pictures, art, film, artifacts and the stories of troops who were part of the war effort. Be sure to take a selfie atop the Liberty Memorial Tower, an iconic KC landmark that honors those who served in WWI. —A.W.

Adventuring In Alaska Or The Pacific Northwest? We've Got You Covered.

AirCare Membership protects you and members of your household from the unexpected costs of air transport during a medical emergency. Enjoy your travels with peace of mind.

Vacation membership available.

Learn more: airliftnw.org/Alaska

AIRLIFT 
NORTHWEST®

Airlift Northwest is a not-for-profit service of UW Medicine

*Membership covers flights in our service areas of Alaska and Washington, or from our reciprocal partners with bases in Nevada, Idaho, Oregon, and Montana.
All aviation services, pilots and mechanics are provided by Air Methods Corporation and Aero Air, LLC.*

 **camts**
Commission on Accreditation of Medical Transport Systems

It also features exhibits from groups such as the Smithsonian Institution, including “Dinosaurs Revealed: A Journey Across America,” which will be on display at Union Station July 3–January 4. Visitors will come face-to-face with 26 life-size animatronic dinosaurs, walk through replicas of North American dinosaur dig sites and see how volcanoes work.

Just to the southeast of Union Station is Crown Center, a popular spot for youngsters. Inside Legoland Discovery Center, children can use their imaginations to create structures, art and race cars. They can also rescue a princess and become Merlin’s new apprentice.

Crown Center has more family fun at the Sea Life Aquarium, where you can learn about the breathtaking world beneath the oceans, as well as touch a horseshoe crab and a sea star.

The center’s Coterie Theatre offers a variety of productions. This summer the celebrated theater presents *Goosebumps: The Musical* (through August 5), based on the kids’ books. And every Friday night through August 3, Crown Center Square will feature free music and a film.

About 3 miles south of Crown Center is The Nelson-Atkins Museum of Art, a free-admission gallery that boasts works such as Claude Monet’s *Water Lilies*, Thomas Hart Benton’s *Persephone* and

» **The installation *Shuttlecocks* is one of the most famous works at Kansas City’s Nelson-Atkins Museum of Art.**



BILL GRANT/ALAMY STOCK PHOTO

Dorothea Lange’s *Migrant Mother* in the permanent collection. The art museum also features the Donald J. Hall Sculpture Park, which encompasses the surrounding grounds and houses pieces such as *The Thinker* by Auguste Rodin, *Rumi* by Mark di Suvero, and the iconic *Shuttlecocks* by Claes Oldenburg and Coosje van Bruggen, which depicts a larger-than-life game of badminton.

On the east side of town, you’ll find the city’s largest green space, Swope Park. Nestled within its 1,805 acres is the Kansas City Zoo, where you can marvel at animals such as caracals, orangutans and Matschie’s tree kangaroos, to name a few.

The park’s stunning Starlight Theatre is touted as one of the nation’s best

Dining

■ **Columbus Park Ramen Shop** (columbusparkramenshop.com): Housed in a converted garage, the ramen shop is known for its



flavor-packed bowls of slurp-worthy ramen and its awesome musical playlists. Just follow the golden “ramen” arrow to the restaurant.

■ **Stock Hill** (stockhillkc.com): The stars of this reimagined steakhouse are the wood-fire-grilled steaks, which can be enhanced with your choice of rubs, sauces and aging methods. The fine decor sets the mood for a wonderful meal. Just make sure to leave room for the Meyer lemon tart. —A.W.



Lodging

■ **The Fontaine** (thefontainehotel.com): Located in the fashionable heart of Country Club Plaza, this sophisticated hotel, left, offers a slice of affordable luxury. Amenities such as a rooftop pool and lounge, a gourmet restaurant, and views of the shopping district may mean you’ll never want to leave.

■ **Hotel Phillips** (hotelphillips.com): Want a lodging experience brimming with Gatsby-era opulence? Opt for this local favorite. The boutique hotel marries modern finishes with original Art Deco details and features three dining options: Tavernonna, P.S. Speakeasy and the Kilo Charlie coffee bar. —A.W.

explore
GLACIERS

view
WILDLIFE

experience
ADVENTURE

taste
CUISINE

discover
HISTORY

TRAVELJUNEAU.COM/GO

888.586.2201



ALASKA SEAPLANES

FLYING AT A HIGHER STANDARD



SCHEDULED FLIGHTS | CHARTERS | FLIGHTSEEING
www.flyalaskaseaplanes.com • (907) 789-3331



JUNEAU

is Alaska's capital city, one of the most scenic in the country.

Called the "Gateway to the Glaciers,"

Juneau offers access to many spectacular glaciers by air, land and water. Visitors may also enjoy fishing, hiking or a walking tour of Juneau's scenic downtown and waterfront.

We are Nature's Fish Store
From our Dock to Your Door



SHIPS
ANYWHERE
IN THE U.S.

Send the very best **wild Alaska seafood** from our dock to your door. Choose from premium wild Alaska king crab, halibut, king salmon, sockeye salmon, smoked salmon and caviar.

Visit our store in Juneau

To order call: 1.800.582.5122 or go to
www.takustore.com

JUNEAU ALASKA'S MUST SEE ATTRACTION
ONE OF THE WORLD'S GREAT FJORDS

TRACY ARM

ADVENTURE BOUND ALASKA

TRACY ARM

Alaska's largest icebergs and more

ADVENTURE BOUND

BOARD: 7:45 A.M. RETURN: 6:00 P.M.

CAPTAIN COOK

BOARD: 7:30 A.M. RETURN: 5:45 P.M.

TRACY ARM, FLIGHTSEEING, CITY TOURS,
WHALE WATCHING, GLACIER ADVENTURES BY
BOAT, HELICOPTER, VAN OR DOG SLED


Office across from Goldbelt Hotel
at 76 Egan Drive

RESERVATIONS:

907-586-8687 • 1-800-820-2628

P.O. Box 23013, Juneau, AK, 99802
adventureboundalaska1@gmail.com

JUNEAU'S TOP ATTRACTION




Goldbelt MOUNT ROBERTS TRAMWAY

See It All! Do It All! Above It All!

Authentic Alaska Native culture
Fine arts & gifts
Alpine hiking, wildlife viewing
Complimentary award winning film
Fresh local seafood and more

TRAM PASSES VALID ALL DAY!


MOUNTROBERTSTRAMWAY.COM
907-463-3412



MEET IN JUNEAU
TRAVELJUNEAU.COM/MEETINGS
888-586-2201




WORK + ADVENTURE

Trust Land Office


BUY YOUR OWN PIECE OF ALASKA

Camp, fish, hunt, build and play on your own land. Start a business, invest your money, or create a personal getaway.



- Land available through immediate sale and annual auctions
- Multiple locations throughout Alaska
- Alaska residency is not required
- In-house financing available
- No credit check required

Revenue generated from Trust Land Office sales supports the mission of the Alaska Mental Health Trust Authority which serves as a catalyst for change and improvement in Alaska's mental health continuum of care.

Like Us on  **@AlaskaTrustLandOfficeLandSales**

View available properties
mhtrustland.org | 907.269.8658

» NEAR & FAR KANSAS CITY



Fans enjoy a Kansas City Royals game at Kauffman Stadium.

outdoor venues. It will offer shows throughout the summer, including performers Styx and Joan Jett on July 10; comedians Cedric the Entertainer, Eddie Griffin, D.L. Hughley and George Lopez on July 13; and the musical *Hairspray*, July 27–August 2.

About 10 miles northeast of downtown is the Worlds of Fun amusement park, with more than 100 rides, including the Patriot, an inverted roller coaster that rolls and loops at 65 mph. Admission to the amusement park includes access to the connected Oceans of Fun water park, with rides and activities.

Another rite of summer here is attending a Kansas City Royals MLB game at Kauffman Stadium. There's something about the stadium's stunning design, friendly Royals fans, craft beers and special ballpark food, such as maple-bacon macaroni and cheese, or the KC Boss dog, which is topped with macaroni and cheese, bacon bits, barbecue sauce and parsley. These elements combine to make the games a special experience and a great way to cap off a trip to Kansas City. ✈

Allyson Wilson writes from Kansas City.

Alaska Airlines offers regular service to Kansas City, Missouri. For more information, visit alaskaair.com.

BRILLIANT BEIJING

From a Ming-era wall to a next-gen stadium
By David Armstrong

» I have visited Beijing eight or nine times, drawn by the Chinese city's layered, fascinating fusion of the ancient and the modern. I'm hard-pressed to play favorites with the northern capital city's historical sites (which number more than 7,000 in all), but I'll say this: Few experiences can top the Great Wall of China.

On a recent trip, I returned to the popular, partially restored Badaling stretch of the Great Wall—built during the Ming Dynasty (1368 to 1644)—which affords great views and is located about 50 miles outside Beijing. The Great Wall began as individual fortifications in Northern China and Southern Mongolia, which were then joined over the following centuries. The bulwark is now an estimated 13,170 miles long, including stone walls, natural defensive barriers and trenches.

Badaling exemplifies the city's appeal; Beijing was a center of Chinese arts, power and culture during the Ming and Qing dynasties (1644–1912), and left behind spectacular places of interest for visitors, who can also enjoy contemporary Beijing's vibrant cultural attractions.

On the wall's winding, paved walkway, I passed a group of smiling young Chinese soldiers posing for selfies. Steep, handrail-equipped sections of walkway and uneven pavement in places required a “climb” here and there. But I noticed many families visiting the Great Wall that day; assuming that children are up for a mildly challenging walk, it's a family-friendly place.

The path is studded with stone towers and notched with lookouts and historic battle stations. I took in the wall's serpentine twists along ridge-tops, and the rugged, hilly landscape below. I lingered in admiration of the sheer ambition of the builders of a past age, as the happy chatter of visitors surrounded me.

I took a car and driver that day, but the city's public transportation system is excellent for reaching a destination. Metropolitan Beijing is enormous, with 21.5 million residents, and sights dispersed around the metropolitan area. One of the

better methods for getting around is by Beijing Subway, as the metro serves the city with 21 lines. The trains are punctual, clean and safe, with announcements in Mandarin and English. Cycling is another good method of transportation, especially in good weather. (Beijing has cold, dry winters and hot, humid summers.) Much of the urban area is flat, with well-marked bicycle lanes.

In the city center, an iconic site is Tiananmen Square, built in 1651 and enlarged to four times its original size in 1958. One of the world's largest city squares, Tiananmen is surrounded by sights new and old, including museums, a performance center and an ancient palace complex.

To Tiananmen Square's west are the massive marble columns and pink granite base of the Great Hall of the People, where the National People's Congress convenes in an 10,000-seat auditorium.



» Clockwise from top: Badaling section of the Great Wall of China, the Forbidden City and the National Centre for the Performing Arts.



Just a bit farther west is the modern National Centre for the Performing Arts, a home to everything from traditional Chinese opera to an international theater festival. The center's eye-popping ellipsoidal dome is made of glass and titanium, and is surrounded by an artificial lake.

East of the square, the National Museum of China features six floors, 48 exhibition halls and more than 1 million permanent objects, ranging from paleolithic pieces to contemporary exhibitions focused on Chinese modern fine art.

Tiananmen's northern edge leads to perhaps modern China's most famous visage—the revolutionary leader Mao Zedong's large official portrait. The portrait marks an entrance to the Forbidden City, so named as it was once a “forbidden” destination for most subjects of imperial China—in fact, only the emperor could wander freely throughout the palace complex.

Today, this UNESCO World Heritage site is open to visitors, and contains more than 100 colorful buildings, halls, courtyards, a temple, an imperial garden and one of China's largest wooden structures, The Hall of Supreme Harmony. Precious jewels, porcelain, jade and silks, embroidery and scrolls are among the thousands of museum artifacts exhibited, and include some of the 3,000 pieces of imperial tableware.

Outside the Forbidden City's walls are the an-

cient, mazelike *hutong* neighborhoods. A hutong is an alleyway or narrow lane amid traditional Chinese courtyard residences; the meaning has expanded to include the neighborhood itself. The preserved low-rise buildings give an evocative taste of Old Beijing. On my strolls I typically pass dozens of closely bunched, single-story shops selling all manner of worldly goods: water chestnuts, melons, eggplants, radishes and cabbages, shoes, sweaters, dried medicinal herbs, and one of my local favorites: slightly sweet, chewy hot pork buns.

On a Beijing trip three years ago, a local guide took me on a scheduled home visit with a hospitable hutong family: mother, father and grown daughter. The family couldn't have been more gracious. They enjoy welcoming people from all over to their home, the father said to my guide, who interpreted. In the homey living room, the mother poured a pot of steaming tea into tiny cups and laid out dishes of almonds, plump tangerine sections and small, sweet cookies.

It was perhaps the simplest meal I've had in Beijing, and one of the most satisfying. Official relations between China and America may sometimes be fraught, but when you connect in a person-to-person way, it's a very different world.

After more chatting and eating, I departed through the courtyard, with its well-tended ginkgo tree, and returned to the street. I listened to the



NONSTOP TO CHINA? OOLONG OR GREEN TEA?

Fly Hainan Airlines and
earn Alaska miles.

Alaska
AIRLINES



HAINAN
AIRLINES



soft whirr of passing bicycles and the scratching of a broom made of bound, bare twigs in the hands of a woman sweeping the sidewalk. On a nearby street, a tourist family, complete with excited children, rode by in a passing rickshaw.

North of the Forbidden City, the Bell Tower and Drum Tower are two-story brick-and-stone buildings, and from the 13th century to the early 20th century, the towers' drums and bells were used to mark time. Even now, a large traditional drum and enormous old bell are sounded at regular intervals. When the 23-foot-tall, 63-ton copper bell is struck, its deep tones resonate and linger.

The Temple of Heaven is a complex of



LODGING

■ Shangri-La's China World Hotel:

This five-star hotel offers a lobby filled with Ming-era artwork and rooms lit with Bohemian crystal chandeliers.

■ The Opposite House:

A 99-room, art-filled boutique hotel with a large central courtyard, and emerald-hued modernist exterior in trendy Sanlitun.

■ Vue Hotel Houhai Beijing:

A slate-gray state-owned hotel building has been transformed into a contemporary hotel with landscaped gardens, with some rooms offering views of Houhai Lake and the greenery of Houhai Park.

DINING

■ Dali Courtyard Restaurant:

Situated off a charming *hutong* courtyard, Dali features seasonal alfresco dining and a menu with the chile-spiced food of Yunnan province in southwest China.

■ Jing Yaa Tang:

Located inside The Opposite House, this restaurant has a well-regarded Beijing roast duck and a number of regional Chinese dishes.

■ TRB Forbidden City:

Modern, French-influenced international food in a courtyard *hutong* building. One of the best restaurant views in town, when the Forbidden City walls and moat are illuminated at night. —D.A.



» Clockwise from top: A typical hutong neighborhood; the Bird's Nest stadium; Temple of Heaven.



handsome centuries-old Chinese temples, once reserved for Ming and Qing dynasty emperors, and now a public park. Even larger than the Forbidden City, the 675-acre Temple of Heaven makes liberal use of gleaming white marble and cypress tree-softened, extensive grounds.

In Beijing's northwest, a pleasant 40-minute ride on a long, flat-bottomed boat down the Changhe River takes visitors past the former summer home of China's royal family. The riverboat calls at the Beijing Zoo, then ends its journey at the magnificent 18th-century Beijing

Summer Palace, which this year celebrates its 20th year as a UNESCO World Heritage site. The complex contains 100 pagodas, pavilions, promenades and traditional halls, set amid a lush backdrop of woods, hills and landscaped gardens.

At the Summer Palace, weeping willows reach down to the surface of Kunming Lake. Long ago, the imperial family escaped the heat of summer here; the cooling breezes found on a warm afternoon are still instantly refreshing. Walking along the open-sided Long Corridor affords lovely views of pavilions, arched stone bridges and other soothing sights.

Vaulting from past to present to future and back again is a common experience in Beijing, and part of the fun. Beijing will be

LONG WEEKEND IN BEIJING

DAY ONE

■ Visit **Tiananmen Square's** expansive public plaza in the heart of Beijing. The colonnaded mausoleum of Mao Zedong displays Mao's embalmed remains. Free admission. No cameras. Expect long lines.

■ Plan a path through the **Forbidden City**, former home of China's emperors and filled with 980 buildings.

■ Try a nightcap and finger food at **Centro at Kerry Hotel**. Enjoy cocktails, DJs and dancing into the wee hours.

DAY TWO

■ **The Great Wall at Badaling** is Beijing's nearest point of access to the monumental wall, which winds over ridges.

■ On the way back to Beijing, visit the **Ming Tombs**, featuring the splendors of the Ming Dynasty.

■ Dine at **Celestial Court**, St. Regis Hotel. Elegant decor, with fine-dining Cantonese cuisine with seasonal seafood and vegetarian dishes.

DAY THREE

■ Walk **Sanlitun Road**, graced with trees and embassies, in the Sanlitun area.

■ Window shop for the latest designer clothing in **Taikoo Li Sanlitun**, which also offers art galleries, a theater and more than 60 dining spots.

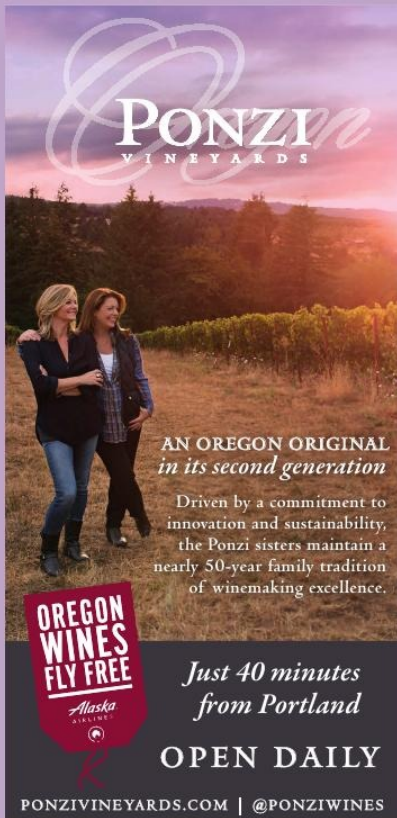
■ Evening on Sanlitun Road's east side ("**Bar Street**"): Pick a bar or cafe that looks appealing. Some have DJs and live music, while most have food. —D.A.



the first city to host the Olympic Games in both seasons; the city plans to follow up its highly successful 2008 Summer Olympic Games by welcoming the 2022 Winter Olympic Games. That may sound a long way off, but the approach of the Winter Olympics is prompting updates to much of the 2,800-acre Olympic Park, more than half of which is covered by forest.

For architectural eye candy, the two prime structures in Olympic Park are the metallic, interlaced Chinese National Stadium, also known as the Bird's Nest,

PACIFIC NORTHWEST WINES



PONZI
VINEYARDS

AN OREGON ORIGINAL
in its second generation


Driven by a commitment to innovation and sustainability, the Ponzi sisters maintain a nearly 50-year family tradition of winemaking excellence.

OREGON WINES FLY FREE
Alaska Airlines

Just 40 minutes
from Portland

OPEN DAILY

PONZIVINEYARDS.COM | @PONZIWINES




tribella
Aeration made beautiful

#1
Wine
Gift

Now back
in stock!

www.tribellawine.com



3 WINERY
OF THE
YEAR
HONORS

Maryhill
WINERY

MARYHILLWINERY.COM
TWO LOCATIONS • OPEN DAILY
GOLDENDALE & SPOKANE, WA



THE VIEW WILL FLOOR YOU

A GLASS FLOOR. NOW REVOLVING.

Enjoy thrills on an entirely new level! Venture out
onto an all-glass floor 500' above the city.

Seattle's "must see" is now a "must do!"

FOR ONLINE TICKETS, TIMES & MORE [SPACENEEDLE.COM](https://www.spaceneedle.com)



SPACE NEEDLE

which will host the opening and closing ceremonies, and the blue-hued National Aquatics Centre, which resembles a cube of water (right down to the bubbles) and is the future home of curling competitions.

Visitors can't enter the buildings while they're being renovated, but it's perfectly fine to walk around the ample Olympic Park and eyeball these elegant structures. As I did, ready your phone or camera, and take advantage of some superb photography opportunities. ✈

David Armstrong is a journalist and author in California.

Earn or redeem Mileage Plan miles when visiting Beijing on Alaska Global Partner airline Hainan Airlines. For more information or to join Mileage Plan, go to alaskaair.com/content/mileage-plan.

INSIDER TIPS

Seattle native Gary Locke lived and worked in Beijing as the U.S. ambassador to China from 2011 to 2014, after serving two terms as governor of Washington state from 1997 to 2005. Here's his Beijing to-do list:

■ Walk inside the opera house—the **National Centre for the Performing Arts**. It's an incredible building, so great with the translucent ceilings and the water all around it. It's right by Tiananmen Square and assorted historical sites, such as the Forbidden City, which people should see.

■ For great Peking duck, I like the **Duck de Chine** restaurant. It's located in a former factory in a development called 1949: The Hidden City, in the hip Sanlitun neighborhood, which is full of restau-

rants and nightlife. The "1949" refers to the Chinese Revolution of that year. Duck de Chine's Peking duck is tender, moist and crispy-skinned. We lived in Sanlitun, near Ritan Park, where the embassies are located. Sanlitun also has interesting traditional *hutong* alleyways. You can travel through the hutongs by foot, or you can ride a bike, or be taken around in a rickshaw on a tour.

■ The **798 Art Zone** is interesting. It's a whole bunch of old factories that have been converted into art galleries, restaurants and cafes. It has great outdoor street sculptures, and artist studios and galleries with very avant-garde work. I like the big outdoor sculptures of three red dinosaurs in cages. It's fun to go to the 798 Art Zone, and see the energy, inventiveness and dynamism of modern China. —D.A.

TILlicum EXCURSION

One-of-a-kind island experience!



DISCOVER. EXPLORE. PLAY.

Tickets available at
ArgosyCruises.com

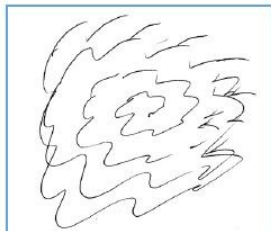


Your friend with a boat!

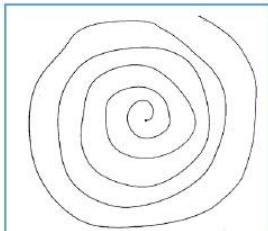
Does Your Hand Shake When You...

Drink a glass of water? Write a note? Dial a phone number?

If so, you may have a condition known as essential tremor. Our team at the Swedish Radiosurgery Center has successfully treated hundreds of patients over the past five years — using Gamma Knife, a nonsurgical, FDA-approved approach to treat essential tremor.



DRAWING SAMPLE BEFORE TREATMENT



DRAWING SAMPLE AFTER TREATMENT

Learn more about essential tremor and find out if Gamma Knife treatment is right for you.

1-206-320-7187 www.swedish.org/essentialtremor
Seattle, Washington, USA



SWEDISH

Extraordinary care. Extraordinary caring.™

Join the smart shoppers and experienced travelers who have chosen Caravan since 1952



California Coast \$1595

8-Day Fully Guided Tour

From SF to LA with Yosemite.

California: Caravan Tour Itinerary



Day 1, 2
Golden Gate Bridge



Day 3
Bridalveil Fall



Day 4
Big Sur

Day 1. Your Tour begins with a relaxing two night stay in San Francisco.

Day 2. Visit Muir Woods National Monument, and Sonoma Wine Country.

Day 3. Explore Yosemite National Park. Overnight in the Yosemite area.

Day 4. Visit Monterey. See dramatic vistas on the Big Sur. Overnight on Monterey Bay.

Day 5. Spot seals resting along ocean beach. Enjoy a visit to Hearst Castle.

Day 6. Visit the historic Santa Barbara Mission. Enjoy Santa Monica Pier. Two nights in LA.

Day 7. Explore famous Hollywood attractions.

Day 8. You return with wonderful memories.

See Detailed Itinerary at Caravan.com

Choose an Affordable Tour + tax & fees

Guatemala with Tikal	10 days	\$1295
Costa Rica	8 days	\$1195
Panama Canal Tour	8 days	\$1195
Nova Scotia, P.E.I.	10 days	\$1395
Canadian Rockies	9 days	\$1695
Grand Canyon, Zion	8 days	\$1495
California Coast	8 days	\$1595
Mount Rushmore	8 days	\$1395
New England, Follage	8 days	\$1395

“Brilliant, Affordable Pricing”

—Arthur Frommer, Travel Editor

FREE Brochure
(800) CARAVAN, Caravan.com

caravan
Guided Tours Since 1952



Grounded in traditional values

exceptional people, extraordinary care



**NORTON SOUND
HEALTH CORPORATION**

Come share your passion for healthcare with the people of Alaska's Bering Strait Region!

NOW HIRING: Physicians, Physician Assistant/Nurse Practitioner, RNs (ER, AC, & OB), Director of Nursing - LTC, Speech-Lang. Pathologist, and Occupational Therapist

- Competitive Wages
- Hiring Bonuses
- Generous Benefits
- Loan Repayment Eligibility

VISIT: www.nortonsoundhealth.org

APPLY NOW

877.538.3142

CONTACT ROSE MARIE:
recruiter@nshcorp.org

NSHC is an equal opportunity employer affording Native preference under PL93-638. AA/M/F/D. We are a Drug Free Workplace and background checks are required for all positions.



SEATTLE

WEST SEATTLE

Parks, beaches and water activities

By Linnea Westerlind

» **We live here!** My husband and I, and our friends, have adopted this as our motto—something we say to each other as a reflection of gratitude on evenings when we’re gathered at Lincoln Park for a casual barbecue. Our kids enjoy the park’s 4.6 miles of walking paths, and then climb a hillside, just enough out of sight to provide them with the thrill of freedom as we adults grill hot dogs and watch the sunset.

On warm summer evenings, it isn’t unusual for someone to strip down to a bathing suit, and suddenly half the group is running into 50-degree Puget Sound water for a dip. Or we might go over to the park’s heated saltwater Colman

Pool. Its public-swim hours usually include a family swim on Fridays, Saturdays and Sundays from 5 to 7 p.m.

Growing up with parents who loved the outdoors, I’ve always been drawn to parks. Lincoln Park, in particular, captured my heart as a child when my family would drive 45 minutes from our home in another part of the Puget Sound area to picnic in the 100-plus-acre urban park. When I moved to West Seattle more than a decade ago with my soon-to-be husband, the park became my weekly getaway. Now, with three kids of our own, places such as Lincoln Park have come to embody what I love about my

» **The Alki Point Lighthouse is an iconic West Seattle site.**

A FEW WEST SEATTLE FAVORITES:

- **Click! Design That Fits** (clickdesignthatfits.com): This well-curated shop has great gift ideas and locally made products.
- **Easy Street Records and Cafe** (easystreetonline.com): Last year the Travel Channel named Easy Street (shown at right) one of “8 Must-Visit American Record Stores,” noting the “massive” stock of new



and used records, along with live in-store shows. National and local bands periodically perform at the store, which is celebrating its 30th anniversary. Food, drinks and listening stations are available at the adjacent cafe.

- **Husky Deli** (huskydeli.com): A family-run deli since 1932, it serves delicious housemade ice cream, as well as tasty sandwiches that make it a popular lunchtime spot.

To page 153

HERE & NOW»

neighborhood: room for kids to explore, captivating views, public shoreline, green open spaces and a gathering place for a community of people who value these things as much as I do.

West Seattle played a key role in Seattle's pioneer history. In 1851, the Denny and Boren families disembarked on Alki Beach, an area long known to the Duwamish tribe in this spectacular part of the world. As a 21st century resident, I love laying out a blanket on a sandy section of Alki Beach Park and enjoying a relaxed summer evening with a sunset view of Bainbridge Island and the Olympic Mountains. Around me, there's a festive atmosphere, with kids splashing in the water, competitive beach volleyball games in full swing, and people walking, biking and inline skating on the paved waterfront path.

To visit West Seattle, I suggest taking the King County Water Taxi from downtown Seattle. After you step off the boat at Seacrest Park, you may want to make Marination ma kai's outdoor patio, steps from the dock, your first stop, for a beer and delicious Hawaiian-Korean food. Also nearby is Moondrop Coffee & Tea, serving organic, shade-grown and fair-trade coffee, as well as bubble tea, juices, smoothies, and food such as bagel sandwiches.

After you fuel up, you can rent a bike next door at Alki Kayak Tours & Adventure Center and cycle about 2 miles to the sandy part of Alki Beach Park to take in the summer scene, or join a guided kayak tour of Elliott Bay (advance reservations required), where you may spot bald eagles or harbor seals. Standup-paddleboard rentals are available, too, as are SUP and kayaking lessons. Also, beyond the main beach area is Alki Point, where U.S. Coast Guard Auxiliary volunteers typically offer seasonal tours on Sunday afternoons of the still-active Alki Point Lighthouse, which began operating in 1913. And fishing enthusiasts can book a guided trip with Emerald Water Anglers, based in West Seattle, to fish West Seattle and other Puget Sound-area waterways.

In addition, it's about 5 miles from Seacrest Park south to Lincoln Park, and King County runs shuttle/bus service from the Seacrest Park parking lot that can take you near Lincoln Park.

Places such as Alki Beach and Lincoln Park are mini escapes from city life, with people of all ages and backgrounds flocking to these attractions for summer play. Whether you're lucky enough to live here or lucky enough to spend a day here, perhaps I'll see you on the West Seattle waterfront this summer. ✕

Linnea Westerlind is the author of Discovering Seattle Parks: A Local's Guide (Mountaineers Books 2017).

The Art on Our Walls

» As one of Seattle's oldest neighborhoods, West Seattle enjoys nods to its history. A fun way to explore the neighborhood—and its past—is a self-guided tour of the historical Murals of West Seattle. These giant pieces of art add color and interest to the sides of many buildings throughout the Alaska Junction commercial district.

The Murals of West Seattle were conceived by Earl Cruzen, a longtime West Seattle resident who died in 2017 at the age of 96. He admired the historical murals in other coastal Northwest towns and wanted to bring the concept to blank building walls in his neighborhood. The project launched in 1988, continued through 1993, and featured 11 original murals by different artists; 10 of the originals remain, including the below:

West Seattle Ferries depicts the steam-powered ferries that more than 100 years ago transported people to downtown Seattle in a ride that took 8 minutes and cost 5 cents. (The mural is located off S.W. Alaska St. in the parking lot near California Ave. S.W.)

The Junction (below) shows how this part of West Seattle got its name—as one of several depots for a streetcar system



that ran in West Seattle through the 1930s. (Located off California Ave. S.W. in the bank parking lot near S.W. Edmunds St.)

The First Duwamish Bridge beautifully depicts a wooden 1902 structure that once connected Seattle to West Seattle. (Located off 44th Ave. S.W. in the parking lot near S.W. Edmunds St.)

Hi-Yu Parade celebrates a beloved annual parade (officially called the West Seattle Grand Parade) dating to 1935. The parade, taking place July 21 this year, travels down California Ave. S.W. "Hi-Yu" can connote a big party or celebration in Chinook jargon, according to various sources. The parade includes everything from pirates and clowns to floats and marching bands. (Located at 4412 California Ave. S.W.)

The Old Mud Hole is a fun illustration of the swimming option that existed before Lincoln Park's saltwater Colman Pool was built in 1941. (Located off 44th Ave. S.W. in the parking lot near S.W. Oregon St.) —L.W.



Where Seattle Goes for Seafood

AMERICA'S NUMBER ONE SEAFOOD HOUSE

Rated by 'Tom Horan's America's Top Ten Club'

Pier 56 on Seattle's Waterfront,
1201 Alaskan Way Seattle, WA 98101
www.ElliottsOysterHouse.com
206.623.4340



HEARTWOOD

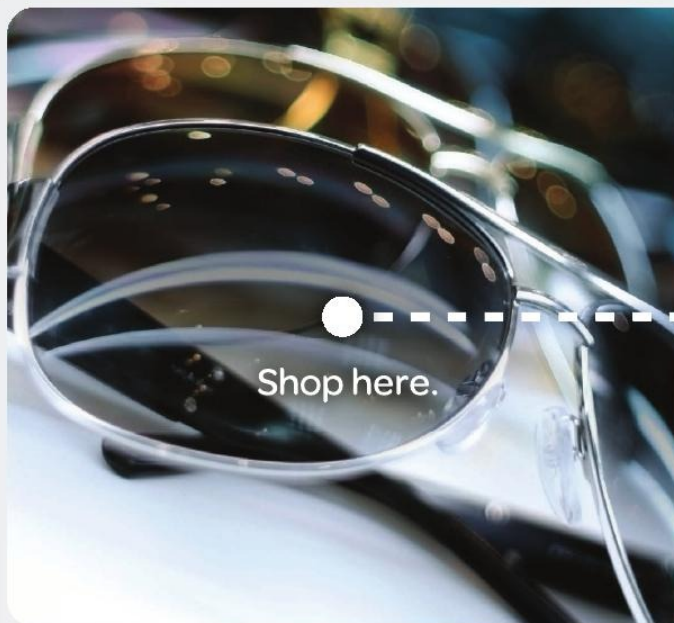
PROVISIONS

UNIQUE FOOD AND BEVERAGE PAIRINGS

Complimentary Dessert

**Mention ad to receive offer*

1103 1st Ave | www.heartwoodSEA.com | 206.582.3505



Shop here.



Get here faster.

The Merchants at Sea-Tac invite you to get to the airport early and relax. Enjoy a variety of shops, restaurants and live music to help start your trip off right!
Eat, Shop, on the fly.

eat & shop on the fly
in every concourse

- **Salvadorean Bakery** (thesalvadoreanbakery.com): This bakery, on the cusp of the budding White Center neighborhood, is one of the several restaurants and shops selling excellent ethnic food.

- **SPF30: Sub Pop's 30th Anniversary** (subpop.com): The acclaimed Seattle independent record label will celebrate in West Seattle Aug. 11 at Alki Beach, including free live entertainment.

- **West Seattle Farmers Market** (seattlefarmersmarkets.org/markets/west-seattle): On Sundays (10 A.M. to 2 P.M., year-round),



the area around California Ave. S.W. and S.W. Alaska is closed to traffic so that the farmers market can showcase delicious goods, such as fresh produce, cheeses and ciders, from 60-plus vendors.

- **West Seattle Grand Parade** (thewestseattleparade.com): This kid-friendly 1.4-mile community parade has been a West Seattle tradition since 1935. Taking place this year on July 21 at 11 A.M., it travels south on California Ave. S.W., beginning at S.W. Lander St.

- **West Seattle Summer Fest** (wsjunction.org/summerfest): Enjoy one of the neighborhood's biggest celebrations, July 13–15 this year, with food options, live music and family activities. —L.W.

MARCHING AND MORE

» **Watch more than 100 parade attractions**—from floats to pirates, from drill teams to dancers, from clowns to equestrian teams—during the **Alaska Airlines Seafair Torchlight Parade**, starting at 7:30 P.M. on July 28. The 2.5-mile parade route goes from Seattle Center down Fourth Avenue to South Washington Street. Popular marching groups include the Alaska Airlines Flight Attendant Drill Team, shown during a prior year above.

The Seafair summer festival features around 75 total events throughout the Puget Sound region, including the Milk Carton Derby race, July 14, and the 31st Annual Seafair Powwow, July 20–22. Seafair culminates August 3–5 with Seafair Weekend, including U.S. Navy Blue Angels air shows over Lake Washington, hydroplane races, wakeboarding demonstrations, and a Kids Zone with inflatables and games. Alaska Airlines is a presenting sponsor of Seafair. For more information on Seafair events, visit seafair.com.



Ethnic Fest

» **Celebrate cultures from around the world** at Ethnic Fest (ethnicfest.org), July 28–29 at Wright Park in Tacoma, about 35 miles south of Seattle.

The festival will include performers such as Seattle Reggae singer Alex Duncan, Portland-based indie-rock band Mbrascatu, and Juliana & Pava, a vocal ensemble, founded by Russian singer Juliana Svetlitchnaia, that performs Russian folk songs. Attendees can also enjoy activities presented by the Asia Pacific Cultural



Center, such as the dance performance shown at left, as well as food and arts-and-crafts vendors. Activities for kids include creating their own maracas, playing Chinese rattle drums, coloring pictures of world flags, participat-

ing in family singalongs, and playing in a Kids Zone that has games such as Giant Jenga. Festivalgoers can also enjoy Wright Park attractions such as the Sprayground, a pond, horseshoe pits and W.W. Seymour Botanical Conservatory.



GO TO: Carnation

A half-size steam train (left), a carousel, a flying-pumpkin ride, a farmyard and rides on real ponies are among the 25 attractions designed to delight children this summer at Remlinger Farms' Country Fair Fun Park in Carnation (remlingerfarms.com). Carnation is a scenic rural community about 30 miles east of downtown Seattle. In addition, U-pick raspberries are expected to be available at the farm in July (or buy berries from the Farm Market).



OUT ON THE WATER

By Michele Andrus Dill

» **Orcas are coming!** The cry from several already-launched members of our kayaking group spurs the rest of us to speedily enter the water at a cove on the west side of San Juan Island, about 110 miles north of Seattle. We've come from around the Puget Sound area, and even from other parts of the country, for three hours of coastal paddling on a Sea Quest Kayak Expeditions tour (sea-quest-kayak.com).

With the safety orientation completed, some of our 10-member group are still on shore, chatting as we get to know each other. But now we all dash to the Salish Sea. My husband, Michael, and I paddle vigorously, and

are just in time to see the slap of a pectoral fin as several orcas glide leisurely by to the west. The whales are in sight for several minutes, and we comment in hushed voices until they're well past, then everyone lets loose. "Wow! Awesome! Unbelievable! It's amazing to see orcas from a kayak at water level!"

Our guide grins and bows as if to say, "Glad to be of service," before leading us south to sights that include porpoises, sea lions, bald eagles and kelp forests, all backdropped by views of Canada's Vancouver Island and Washington's rugged Olympic Mountains.

The Puget Sound region, set amid ocean, lake and river waters, is famous for its aquatic adventures. Following are just a few more of the many options for summer fun (be sure

to respect all marine-life viewing and distance guidelines and rules).

Fishing: From salmon and steelhead to cutthroat trout, angling experiences can be arranged with guide services such as allwashingtonfishing.com, allstarfishing.com, emeraldwateranglers.com, gethookednw.com, outerislandx.com and seattlesalmoncharters.com. For information on where and when to fish, see wdfw.wa.gov (be sure to follow all licensing and fishing regulations).

Paddling: Enjoy a scenic setting from a kayak, SUP, canoe or rowboat provided by sources such as canoe-kayak.com (rentals and lessons), mossbay.co (rentals), northwestpaddlesurfers.com (rentals and lessons), nwoc.com (rentals and lessons), [SNOHOMISH COUNTY
WASHINGTON](http://olympicout-</p>
</div>
<div data-bbox=)

FLYING HERITAGE & COMBAT ARMOR MUSEUM

2018 EVENT SCHEDULE

MAY 19	PAINE FIELD AVIATION DAY
MAY 26	TANKFEST NORTHWEST
JUNE 23	PACIFIC THEATER DAY
JULY 21	FHCAM SKYFAIR
AUG 25	EUROPEAN THEATER DAY
SEPT 22	TANKTOBERFEST
OCT 06	MONSTER BASH
DEC 01	TANKS GIVING



THE WORLD'S FINEST VINTAGE PLANE AND TANK MUSEUM
LEARN MORE AT FLYINGHERITAGE.COM | LOCATED ON PAINE FIELD IN EVERETT, WA

Snohomish.org | 888-338-0976

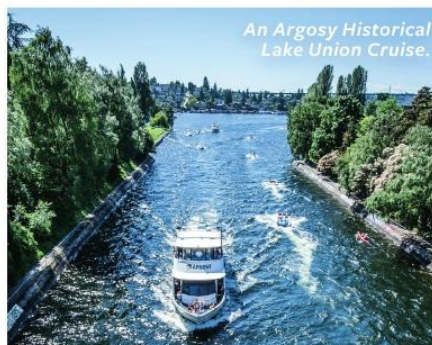
doorcenter.com (rentals and lessons), sup-yogaseattle.com (lessons), surfballard.com (rentals and lessons), thunderbirdsup.com (rentals and lessons) and washington.edu/ima/waterfront (rentals).

Nature-Themed Cruises: With options ranging from kayaks to motorboats, excursions to see wildlife are available from companies such as ballardkayak.com, clippervacations.com, island-adventures.com, kayakalki.com, kayaknisqually.com, outdoorodysseys.com, pugetsoundexpress.com and sanjuansafaris.com.

Sailing: Set sail on Puget Sound with companies such as Let's Go Sailing (sailingseattle.com) or Windworks Sailing & Powerboating Club (windworkssailing.com).

Sightseeing Cruises: Tour operators include Argosy Cruises (argosycruises.com), which offers six different cruises: Harbor Cruise, Locks Cruise, Lake Washington Cruise,

Wine Tastings on Lake Union Cruise, Historical Cruise on Lake Union, and the Tillicum Excursion, which includes a beach to stroll, a Native storytelling show and a buffet meal with alder-fire-roasted fish. Waterways Cruises



and Events (waterwayscruises.com) also offers various cruises.

Washington State Ferries: From downtown Seattle, it's just a 35-minute trip west to

Bainbridge Island, and just an hour west to Bremerton. Kitsap Transit also provides service to Bremerton, via an approximately 30-minute fast ferry. Both Bainbridge and Bremerton, considered part of the Kitsap Peninsula, offer museums, restaurants and shops within walking distance of the ferry terminal. Bainbridge also has wine-tasting rooms, while Bremerton has a fun fountain park and tours of the USS *Turner Joy* naval ship (wsdot.wa.gov/ferries and kitsaptransit.com).

Watersports: Zoom across Lake Washington or another local body of water in a motorboat, on a wakeboard, or aboard a Jet Ski. Rental resources include invertsports.com/seattle and waterfrontadventures.com.

Wooden Boat Experiences: At The Center for Wooden Boats (cwv.org), board a historical vessel for a Sunday Public Sail on various dates; rent a classic wooden rowboat or sailboat; or take a class. ✈

LEFT: COURTESY SEA QUEST KAYAK TOURS; RIGHT: COURTESY ARGOSY CRUISES



JOIN US FOR A BEER

FIVE SEATTLE LOCATIONS
20 ROTATING ELYSIAN BREWED BEERS ON TAP
CELEBRATING 22 YEARS OF LOCAL CRAFT BEER

ELYSIANBREWING.COM    **@ELYSIANBREWING**

CAPITOL HILL
1221 E PIKE ST
TANGLETOWN
2106 N 55TH ST
BAR
1516 2ND AVE
FIELDS
542 1ST AVE S
TAPROOM
5410 AIRPORT WAY S



TASTE EXPLORE DISCOVER

the Seattle Chocolate Factory Tour
this summer.



TOURS AVAILABLE MONDAY - SATURDAY 10a-3p
Reserve at experiencechocolate.co or call 425.264.2705
1180 Andover Park West, Tukwila WA 98188
#experiencechocolate

- SEATTLE'S WORLD FAMOUS -
EMERALD CITY GUITARS
- Est. 1996 -

NEW • USED • VINTAGE • BUY • SELL • TRADE • REPAIR
www.emeraldcityguitars.com
206.882.0231

JAMES BEARD AWARD WINNING
& CERTIFIED ORGANIC RESTAURANTS

agr & dolce
Southern Italian Cuisine
Fremont | 206.547.9707

tilth
New American Cuisine
Wallingford | 206.633.0801

Maria Hines | catering

FOR INFORMATION ABOUT CATERING
catering@tilthrestaurant.com

MARIAHINESRESTAURANTS.COM

» HERE & NOW
SEATTLE

CALENDAR



■ Goats compete in events such as foot races, obstacle courses, musical chairs and best costume (shown above) during the **Goatalympics**, July 14 at the Evergreen State Fairgrounds in Monroe, about 35 miles northeast of Seattle. Goatalympics are organized by New Moon Farm Goat Rescue & Sanctuary (goatalympics.org).

■ Performances representing cultures from across the globe are featured at **Dragon Fest**, July 14–15 in Seattle's Chinatown–International District.

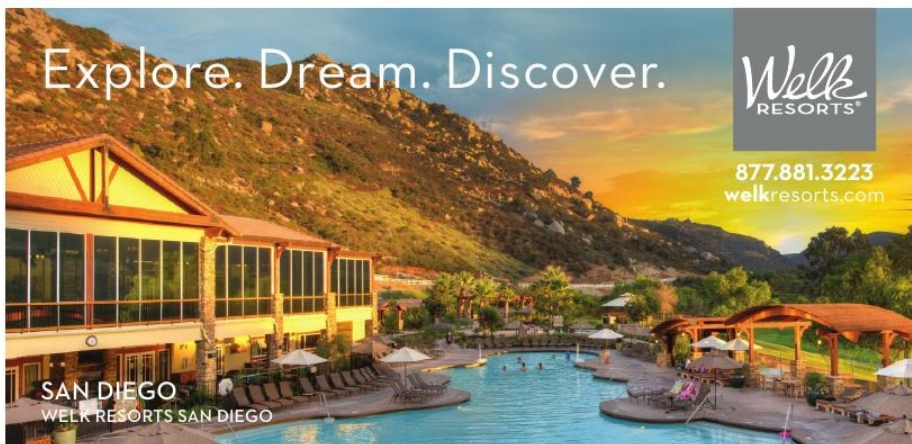


The festival also includes the Dragon Dance (shown) and Lion Dance, traditional Korean drumming, martial-arts demonstrations, and vendors along a food walk (cidbia.org/events/dragonfest).

■ More than two dozen prestigious performers are taking the stage at the **Olympic Music Festival**, July 14–15 and Aug. 11–Sept. 9, at Fort Worden State Park in Port Townsend, on the Olympic Peninsula, about 50 miles northwest of Seattle (olympicmusicfestival.org).

■ View artwork from galleries representing 34 cities in 10 countries, including France, Sweden, England and Japan, during the **Seattle Art Fair**, Aug. 2–5 at CenturyLink Field Event Center in Seattle. The fair will include presentations and performances (seattleartfair.com). ✈

FROM TOP: COURTESY OF JULIE AUSTIN / ANY PET PHOTOGRAPHY; CHAM BUNPHOATH



Explore. Dream. Discover.

Welk
RESORTS™

877.881.3223
welkresorts.com

SAN DIEGO
WELK RESORTS SAN DIEGO



LAKE TAHOE
NORTHSTAR LODGE



CABO SAN LUCAS
SIRENA DEL MAR



BRANSON
LODGES AT TIMBEN RIDGE



PALM SPRINGS
DESERT OASIS

SHUTTLEPARK?

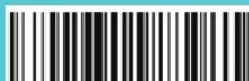
SeaTac Airport Parking

www.shuttlepark2.com



Summer
SALE

25%
OFF



C017220644

3610 S. 158th St. Tukwila, WA 98188 - 206.242.5432

Park & lock your own car. 24-hour shuttle service.

Secure & convenient location. Professional Drivers.

*Coupon expires 9/30/18. May not be combined with other discounts.

Must present coupon to receive rate. Tax and fees not included. \$13.50 regular rate.

**CELEBRATING
A SOLD-OUT
FIRST YEAR
ON BROADWAY!**

**NORTH AMERICAN
TOUR LAUNCHES
OCTOBER 2018**

COME FROM AWAY

COME FROM AWAY

Book, Music and Lyrics

by Irene Sankoff and David Hein

Musical Staging by Kelly Devine

Directed by Christopher Ashley

TOM BROKAW 

**"THIS STORY
TOUCHED THE WORLD.
We need it, especially right now."**

TELECHARGE.COM

(212) 239-6200

 Gerald Schoenfeld Theatre

COMEFROMAWAY.COM

WHERE THE CITY MEETS THE SEA

Exploring nature along the shores of San Francisco

By Ben Davidson

» I was hiking on a cliffside trail in San Francisco's rugged Lands End area, on the city's northwest coast. Looking out to the ocean, I could hardly believe my eyes. Just offshore, west of the Golden Gate Bridge, two humpback whales simultaneously breached the surface before splashing down with a mighty spray.

It was a fleeting—but unforgettable—sight. A few minutes later, the whales breached again, and then again. This raw nature show seemed almost surreal, especially considering I was in a bustling city with nearly a million inhabitants—inside city limits—and filled with homes, buildings and skyscrapers.

On this hike and others, I have discovered some of the great secrets of San Francisco: easy escape routes to nature, by which you can exit the city scene and almost instantly be strolling a beautiful beach, hiking a quiet coastal trail, and possibly observing marine mammals and birds that frequent nearby fish-rich waters.

As the co-founder of a San Francisco nature-walking company, I've been able to combine my passion for the outdoors with my love for the city, and I've explored routes where nature is just down a path or around a city corner.

The trails and footpaths of Lands End, located within the Golden Gate National Recreation Area, are very popular on the weekend. I love walking these trails during the week when crowds are lighter. Around every turn I'm treated to world-class views of the Marin Headlands and the Golden Gate Bridge. These trails access a rugged, surf-lashed coastline, renowned for its natural and remote feel, as well as for its abundant wildlife.

Start with a visit to the small but informative Lands End Lookout Visitor Center. Here, interactive displays and books reveal the rich natural and human history of the Lands End area, including its roots as a Yelamu Ohlone Native American fishing village and its legacy as one of San Francisco's most popular entertainment



areas—historically, for the (no longer operating) Sutro Baths and Playland amusement park at Ocean Beach.

Before hiking the trails of Lands End, observe Point Lobos and the grand archway of Seal Rocks just offshore. Check out the Sutro Baths ruins, then climb to Sutro Heights Park to gaze upon broad Ocean Beach and vistas that stretch on clear days about 13 miles south to Pacifica and about 27 miles west to the Farallon Islands.

Head out on Lands End's El Camino Del Mar Trail past stands of Monterey cypresses and through narrow stretches of thick vegetation to the Legion of Honor art museum and scenic Eagle Point before looping back on the Coastal Trail. Look down at the jagged coastal rocks for sea lions, and scan the sea for pods of dolphins. Keep an eye out for whale-watching boats near the Golden Gate, and you might see the spout of a migrating gray whale (usually in winter or spring) or a humpback whale (in summer).



» Clockwise from top left: Stands of Monterey cypresses on the El Camino Del Mar Trail in Lands End; The Warming Hut store and cafe at Crissy Field; the trail to the beach at Fort Funston.



If you're a bird-watcher, bring along binoculars, as more than 250 species of birds have been spotted along this path, including Brandt's cormorant and Anna's hummingbird. Carefully make the steep descent to Mile Rock Beach for a taste of Northern California's unspoiled coastline and an exploration of Lands End's famous rock labyrinth, perched above the northern end of the beach. See nps.gov/goga/planyourvisit/landsend.htm for more information.

I also enjoy a bridge-and-beach jaunt at the north edge of town, taking in Fort Point and Marshall's Beach. (Note: Check nps.gov/goga in advance for trail detours and alerts.) When possible, I begin my walk at the Warming Hut store and cafe at Crissy Field in the Presidio. I follow the shoreline esplanade to Fort Point, a Civil War-era military site with a dramatic location just under the Golden Gate Bridge. When the fort is open, be sure to explore the extensive exhibits about its history, which include Spanish and Civil War-era cannons. Before leaving the fort, climb to its top level to take in stunning bay and bridge views.

Across the street from the Warming Hut, you'll find a stairway that provides access to the

Presidio Promenade and the Golden Gate Bridge Welcome Center, where you'll get classic views of one of the world's great landmarks.

Follow the Bay Trail underneath the bridge and then uphill to take in panoramic views from a high bluff overlooking Golden Gate Strait. Then descend the steps of the 0.7-mile-long Batteries to Bluffs Trail to pristine Marshall's Beach, a great spot for a break and photo ops of the rocky coast and the Golden Gate Bridge.

MORE HIKES, IN MARIN COUNTY

- Walkers and bird-watchers will love the short, easygoing trail around Rodeo Lagoon in the Fort Cronkhite area at the heart of the Marin Headlands. Leave time to enjoy the ocean at Rodeo Beach.
- Visit Muir Woods National Monument to stroll among the old-growth redwood groves. Note that visitors here are now required to have reservations for bus shuttles and parking. Check ahead at gomuirwoods.com.
- From the Tennessee Valley Trailhead follow the 1.7-mile hike-and-mountain-bike valley route to Tennessee Cove. Other trails climb the sides of the valley for ocean and bay views. —B.D.

Loop back on the Batteries to Bluffs Trail to the California Coastal Trail (which briefly follows the shoulder of Lincoln Boulevard) to return to the bridge. From here, consider a walk on the iconic 1.7-mile span across to the Marin Headlands. Learn more at presidio.gov.

At Fort Funston, in the southwestern Pacific-side corner of the city, a steep, sandy trail takes you from the clifftop to a beach that is popular with the dog-walking set. This area can provide you with a great sense of solitude. Look out to sea for a chance to see pods of bay porpoises, as well as gray and humpback whales during their migration seasons.

Stroll the beach in late afternoon, communing with nature, and then return to the clifftop to soak up the sunset views of the Pacific. With the city at your back, you can't help but be in awe of the mighty wind-and-wave-creased Pacific Ocean spreading out before you like an infinite carpet. Visit nps.gov/goga/planyourvisit/fortfunston.htm. ✈

Ben Davidson is the co-founder of Coastal Walkers, a guide company specializing in San Francisco and Marin County nature walks.



explore FAIRBANKS ALASKA

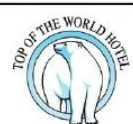
Order your free Visitors Guide on
Fairbanks, Denali, Interior & Arctic Alaska.

1-800-327-5774 • www.explorefairbanks.com

Visitor information at 101 Dunkel Street in Downtown Fairbanks

RELAX • EXPERIENCE • ENJOY

Tundra Tours Inc. invites you to relax at the new Top of the World Hotel, to experience the Arctic on a Summer Day Tour and to enjoy the hotel's restaurant Niġġivikput "our place to eat".



TUNDRA TOURS INC.

800.478.8520

TUNDRA TOURS INC.COM

3060 EBEN HOPSON ST.

BARROW, AK



UNIVERSITY OF ALASKA
MUSEUM OF THE NORTH

**DISCOVER
BIG THINGS**

Open year-round
on the UAF Campus.

www.uaf.edu/museum • 907.474.7505

UAF
UNIVERSITY OF
ALASKA
FAIRBANKS

An AA/EQ employer and educational institution

ARE YOU LOOKING TO MAKE A DIFFERENCE?

Come to Fairbanks, Alaska!

Tanana Chiefs Conference offers a wide array of career fields with the opportunity to make a difference in the health and wellness of the Interior Alaska Native people.



APPLY ONLINE AT WWW.TANANACHIEFS.ORG

Competitive Pay & Benefits, 30 Days PTO, Signing Bonus, Relocation Assistance, Eligible for IHS & NHSC Loan Repayment Programs, Tuition Assistance, Short Term & Long Term Disability, Profit Sharing Plan, 403(b) Plan.



Tanana
Chiefs
Conference

Follow us: [f](#) [t](#) [in](#) [You Tube](#)
www.tananachiefs.org

TCC is an equal opportunity employer affording Native preference under PL 93-638. AA/M/F/D/. Drug Free Workplace. Background checks required for all positions.

Be inspired by the light of the Aurora Borealis.

Renew your energy under the
midnight sun. Experience the
warmth of Fairbanks—*Alaska's
Golden Heart*—and the gateway to
Denali, Interior and Arctic Alaska.



Lavelle's BISTRO
Fairbanks, Alaska



Wine Spectator's "Best of Award of Excellence"

*"You've waited 100 years
for food this good!"*

575 1st Avenue in the Marriott SpringHill Suites
Reservations: 907-450-0555



M O R R I S T H O M P S O N

Cultural and Visitors Center

FREE!



View free amazing displays
about Interior Alaska.

Free cultural and
natural history films.

Your 1st stop for free
visitor information.



"Best presentation of Alaska
I've ever seen and I live here!"



Take a family
portrait dressed
in traditional
Athabascan
clothing.



Make your own
porcupine quill
earrings with an
Alaska Native artist.



Experience Alaska Native art,
music, stories & dance.

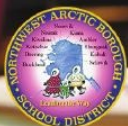
101 Dunkel Street in Fairbanks • 907.459.3700
morristhompsoncenter.org

Open 7 days a week year-round
Summer: 8am-9pm • Winter: 8am-5pm

GROW. EXPLORE. INSPIRE.

Now Hiring Teachers In
Northwest Arctic Alaska

Apply Today at: nwarctic.org/apply



NORTHWEST ARCTIC BOROUGH
SCHOOL DISTRICT





Kids play in the sand north of Pacific City.

SEASIDE SOJOURN

Exploring Oregon's Northern Coast

By Alex Pulaski

» **Some of the country's** most magnificent coastal areas are only about 80 miles or more west of Portland.

A stretch of wide beaches and rocky headlands has made the northern Oregon coast a playground for Portland residents and knowledgeable visitors for more than a century.

The following three towns are among my family's favorite Portland getaways during the summer. From outdoor adventures in Pacific City to family fun on Cannon Beach to historical places in Astoria, this coastal area is full of exciting attractions that beckon to be explored.

Pacific City

The seaside town of Pacific City, located about 90 miles southwest of Portland, has about 1,000 people and is an easy getaway from everyday life.

The laid-back community is a place where deer bound across the road and up a hillside, and geese honk as they pass overhead, noisily signaling their presence. A lone cyclist passes me one morning with his surfboard tucked under one arm. Like most of the traffic here, he's headed to one place: the beach.

Pacific City's beach is where you'll find one of the Oregon Coast's two monoliths named Haystack Rock. While Cannon Beach's formation gets more publicity, Pacific City's 340-foot

landmark is actually taller (by about 100 feet), but it is a little farther off the coast, so it can appear smaller. Both rocks are sanctuaries for birds and other wildlife.

My wife, Mica, and I, with our 12-year-old daughter and her friend, check in to the spectacular new Headlands Coastal Lodge & Spa and then visit with Matt Goodwin, one of the lodge's adventure coaches. That is Goodwin's actual job title, and we quickly discover that we need such a guide to help us decide among all the possibilities. Should we surf the waves in front of scenic Haystack Rock? Kayak the nearby Nestucca River? Dig for clams? Fish from a dory? Hop on a bike? These are just some of the many possibilities in this town where outdoor adventures abound.

With two youngsters along, we elect to start with a tide pool exploration. We find barnacles crowding a rock archway; magenta and orange sea stars clinging to boulders; and bright-purple sea urchins huddling along with green sea anemones. "One of my favorite things is coming out here and seeing a hidden world," Goodwin says as we comb the tide pools.

Over a weekend we also cycle to a nearby park and hike sand dunes. We cruise through local waterways in a pedal kayak and stand-up paddleboard along the Nestucca River, where we see an osprey and bald eagle tangle over airspace while northern flickers and red-winged blackbirds trill from the banks.

Headlands' developers Mary Jones and Jeff Schons have been working on projects in Pacific City for the past three decades. They

originally planned the lodge as the romantic destination it is. However, they also noticed all the area cars were laden with kayaks and surfboards. "We realized this needed to be a place for active people," Jones says.

Our family detours from our explorations with a satisfying visit to the Grateful Bread Bakery in town, which is known for its many tasty baked items, including my personal favorite: a blueberry-white chocolate scone.

Other food and drink locations include the Pelican Brewing Company, with an amazing beachfront brewpub at the north end of town, and the Headlands' on-site Meridian restaurant, which offers inspired dishes such as black rockfish and grilled cauliflower, and incredible ocean views.

For Mica and me, the Headlands spa's massages mark the blissful end of our visit. Adventure never felt so relaxing.

Cannon Beach

About 70 miles north of Pacific City is Cannon Beach, which owes part of its fame to the aforementioned sea stack that dominates the town's main beach.

Every summer, this rock is home to a few dozen tufted puffins—pelagic seabirds that nurture a single egg until it hatches in July. The stubby-winged birds attract big crowds, especially for the Great Cannon Beach Puffin Watch, planned for July 1–4 this year, which affords a great chance to see the birds flying about.

The town itself is delightful. It is home to taffy shops, bookstores, an olive oil tasting room, brewpubs, wine-tasting rooms and art galleries. The whimsy and bright colors at DragonFire Gallery, in particular, caught my family's interest. The colorful gallery focuses on paintings, ceramics, glass and metal art made by Northwest artists.



» From top: Iconic Haystack Rock at Cannon Beach is a commanding sight along the Oregon coast. A local favorite is the quaint Cannon Beach Hardware and Public House, which combines a hardware store with a bar, serving beer, wine and light meals.

Floating Homes Portland .com



NEW CONSTRUCTION

Outside slip on the Mutlunomah Channel. Upscale gated Rocky Pointe Marina. High end finishes. 2 Master bedrooms, 2.5 baths. 1,341 sf. \$379,000 MLS# 18009983



FLOATING DUPLEX

Outside slip ownership on the Columbia in N. Portland. Tastefully updated, meticulously maintained. Each unit has 2 bedrooms, 2 baths, & 2 parking. 2,521sf. \$599,000 MLS# 18583497



CONTEMPORARY CUSTOM

Show stopper ceilings and dual master suites. Outside slip ownership in exclusive gated moorage with 2 car garage. Sweeping Columbia River views. 2 bedrooms, 2 baths. 1,465sf. \$619,000 MLS#18056473



Amy Sedgwick,
Realtor
Oregon Realty
971-280-2355

Amy@FloatingHomesPortland.com

OREGON REALTY CO.
EXPERIENCE MATTERS



CONNECTING BUYERS AND SELLERS GLOBALLY

Consistently ranked as the #1 Broker in the Pacific Northwest, and #26 in the world, Terrie's experience and expertise are unmatched. Terrie's vast network and knowledge of markets allow her to assist clients in relocation, buying, selling, negotiating, and finding the right realtor in any part of the world. A true Pacific Northwest native, Terrie has an incredible network and know-how that she puts right to work for her clients.

Terrie Cox
— WORLD RANKED BROKER —

#1 Broker in Pacific Northwest since 2017
#5 Broker in the United States since 2017

O: 360.699.5100
M: 360.607.4100
terrie@terriecox.net
USA-Relocate.com

RE/MAX
EQUITY GROUP

— LICENSED IN WASHINGTON AND OREGON —



HOOD RIVER
Cherry Company

The World's Sweetest
Tree Ripened Cherries

800-709-4722 | info@HRCherryCompany.com | HRCherryCompany.com



» **Astoria's Buoy Beer Company**, above, features craft beers and views of the city's waterfront along the Columbia River. The breathtaking view, above right, from the top of the Astoria Column, is a popular city attraction. Visitors can also launch balsa-wood gliders from the column's observation deck.

Cannon Beach's local dining options range from the tasty Nutella-stuffed crepes at Crêpe Neptune to the three-plus-hour multicourse dinner experiences presented by Bob Neroni and Lenore Emery-Neroni at EVOO Cannon Beach Cooking School.

We take a short hike through Ecola State Park, enjoying the incredible coastal views of Crescent Beach. Later, we borrow a couple of beach cruiser bikes from the Stephanie Inn, our romantic base for the weekend, which allows kids, age 12 and older. We cycle past Haystack Rock and the many beachgoers playing in the sand, flying kites and wading in the surf.



Back at the Stephanie Inn, we enjoy a dinner of asparagus soup, Dungeness crab-stuffed sole and strawberry-rhubarb tarts.

In the early evening, Mica and I take glasses of Pinot Gris outside onto the hotel balcony, prop our feet up and relax before a thrilling sunset. The moment is captured by our single expression of satisfaction, said in unison—"Ahhhh."

Astoria

About 25 miles north of Cannon Beach, we come to the mouth of the mighty Columbia River and the historic city of Astoria.

It was about 6 miles southwest of here that the Lewis and Clark

Expedition wintered in 1805–06 in Fort Clatsop.

Astoria itself was first known for fur trading, beginning when John Jacob Astor (the source of the name Astoria) set up the Pacific Fur Trading Company in the area in 1811. The fur trade was replaced by fishing, and by the late 1800s, Astoria was considered the "Salmon Canning Capital of the World."

Today, the town's history is embraced with gusto, including by costumed park rangers, who each summer re-enact the Lewis and Clark Expedition's experiences at the Lewis and Clark National Historical Park, which includes a

Following Oregon's Coastal Food Trail

» From line-caught salmon and halibut at Ecola Seafoods Restaurant & Market in Cannon Beach to a dipped waffle cone brimming with caramel-toffee crunch ice cream at the Tillamook Creamery, Oregon's coastal communities offer a variety of world-class foods.

You can enjoy the bounty of the Oregon Coast along the new North Coast Food Trail, which debuted in April. The self-guided food trail includes stops at breweries, farms, wineries and much more. For information on locations, visit northcoastfoodtrail.com.

» HERE & NOW PORTLAND



**Tillamook Creamery's
delicious ice cream cones.**

The food trail website also offers information on special events that will be happening throughout the summer at some of the more than 60 participating locations and restaurants along the coast.

Visitors can tour local farms, including Tillamook's Brickyard Farms; attend a cooking school, such as the Culinary Center in Lincoln City, and the EVOO Cannon Beach Cooking School; and peruse

farmers markets in Lincoln City (Sundays), Neskowin (Saturdays), Pacific City (Sundays), Tillamook (Saturdays), Manzanita (Friday evenings) and Cannon Beach (Tuesdays). You can catch your own dinner through charter fishing and crabbing services at Kelly's Brighton Marina and fishing charters with Garibaldi Charters, Pacific City Dory Charters and Soggi-G Ocean Charters.

This summer also marks the opening of the remodeled Tillamook Creamery Visitors Center in Tillamook. The facility opened in June and offers improved viewing of factory operations, expanded retail space and a larger ice cream counter. —A.P.

replica of Fort Clatsop.

We also visit the Astoria Column, a 125-foot tower located on a hill above the town. The column tells the local history in murals that spiral up its exterior. With our balsa-wood gliders—purchased from the column's gift shop—my family climbs to the observation deck, which offers spectacular views of the countryside and the Columbia River. We follow local custom and launch our gliders into the wind.

On the city's waterfront, we visit the Columbia River Maritime Museum, which recounts lives lost and fortunes found in local waters. One exhibit is "Crossing the Bar: Perilous Passage," which tells the history of navigating the

mouth of the Columbia River, one of the world's most dangerous bar crossings. You can also enjoy a craft beer at the waterfront's Buoy Beer Company, where, through a glass floor cutout, we watch sea lions under the pier.

From our room at the waterfront's boutique Cannery Pier Hotel & Spa—built on the site of an 1897 salmon cannery—we watch various ships pass by our window and under the nearby Astoria-Megler Bridge. This calming show is an appropriate way to end our latest coastal adventure, which has created many new summer memories. ✈

Alex Pulaski writes about Oregon from his home in Portland.

**WE'RE
OUTSIDERS**

WE DON'T NEED PERMISSION TO CHANGE THE WORLD

nau.com/outside

nau® | PORTLAND NW 11TH AND EVERETT
SEATTLE REI FLAGSHIP / 222 YALE AVE.

LeCHON

YOUR PASSPORT TO THE
CUISINE OF SOUTH AMERICA

PORTLAND, OREGON

DINNER STARTING AT 5PM

for reservations and info:
503.219.9000 | lechonpdx.com

113 SW Naito Parkway, Portland OR 97204

YOUR GATEWAY TO ALASKAN ARTS, CULTURE & THE GREAT OUTDOORS



Great
COFFEES
from around the
GLOBE

7206 N. Tongass HWY
KETCHIKAN, ALASKA 99901

TGCBC.COM



OUTFITTING THE ALASKA EXPERIENCE SINCE 1898



Shop A Piece Of History
IN HISTORIC DOWNTOWN KETCHIKAN, ALASKA, USA

The latest, greatest rugged clothing, footwear & outdoor gear



TONGASS TRADING CO.

tongasstrading.com



SEE MORE THAN **100 SPECIES**
OF MIGRATING BIRDS

THE ROADS LESS TRAVELED

Running is a way of life in Alaska

By M. Scott Moon

» The sun has been up since 4:40 A.M. and is only now starting to burn off fog and billowy clouds blanketing the surrounding mountain peaks. It's just before 7 A.M. on a July morning in Alaska's Copper River Delta near Cordova, and the air is crisp, almost cold—perfect weather for a long run.

A school bus had dropped me and two dozen other King Salmon Marathon participants 26 miles from town, and now it's up to us to run back on sparsely traveled gravel and paved sections of the Copper River Highway. Thankfully, I'm ready for adventure, which is at the core of many of Alaska's best running races.

Alaskans run through the bitter-cold dark and under the midnight summer sun. We run under the northern lights and over steep mountains. In one race—during the Fur Rondy in March—we even run the streets of Anchorage with domesticated reindeer. Sometimes it seems like we will run through just about anything for a flashy T-shirt, kitschy medal or epic story.

"We have such a variety up here," says Gary Pohl, president of Running Club North in Fairbanks. "The main thing is that [runners] get out and do it year-round. People learn that you can run in cold weather with the right gear and with the right mindset, and there's no problem until it gets really extreme." The club has about 350 members and supports

a vibrant running culture in Fairbanks. "It's a social thing as well as a physical fitness thing," Pohl says.

Personally, I like the shirts and the medals, but I love the adventure and the new experiences. During the Hatcher Pass Marathon, about 60 miles northeast of Anchorage, I witnessed the grandeur of the Talkeetna Mountains. During the Equinox Marathon, one of my favorites, I had a passport

to the golden autumn colors in Fairbanks. During my hometown Kenai River Marathon, part of the adventure is meeting runners who have come from afar to experience the beauty I see every day.

The King Salmon Marathon, which is the longest of five distance options that make up the Alaska Salmon Runs event, is one of the most scenic races I've run. The Chugach Mountains and Chugach National Forest are to

» In the King Salmon Marathon, runners race through Alaska's Copper River Delta area near Cordova.



JORDAN WATSON; FACING PAGE FROM LEFT: COPPER RIVER SALMON JAM; JOEL KRAHN

the north, while to the south is the broad expanse of the Copper River Delta. I cross bridges over the braided branches of the Copper River and run past fields of magenta-colored fireweed blossoms. The mountain views seem to change with nearly every step, unveiling unexpected glaciers tucked between green slopes. Along the way, I pluck salmonberries and blueberries from bushes.

The AK Salmon Runs, like many races, are affiliated with a community festival. Copper River Salmon Jam, which is July 13–14 this year and is sponsored by Alaska Airlines, is a celebration with music, art and, of course,



salmon—succulent Copper River salmon seared on cast-iron grills.

The race finishes under an arch of balloons and a cloudless sky. The sun isn't even halfway through its own marathon 18-hour July day, and there is still plenty of time to explore the festival. I'm happy to have a new shirt, another medal and, most of all, epic memories of a beautiful Alaska place. ✕

M. Scott Moon lives in Kenai, Alaska, and has run in more than two dozen different races in the state.



Off to the Races in Alaska

■ **Mount Marathon Race (shown above):** A grueling run up a mountain—this year's event is sold out, but you can start training now for 2019; Seward; July 4 (mmr.seward.com).

■ **Gold Discovery Run:** Race through historic mining territory, starting at the Kinross Fort Knox Gold Mine; Fairbanks; July 22 (runningclubnorth.org/gold-discovery).

■ **Wildlife Rescue Run & Walk:** Take in the views of Resurrection Bay and keep an eye out for marine life; Seward; July 28 (alaskasealife.org).

■ **Aukeman Triathlon:** Swim in Auke Lake, bike to Mendenhall Glacier and complete a trail run; Juneau; Aug. 4 (aukeman.weebly.com).

■ **Cirque Series:** A 5.9-mile loop up a mountain and then back down to sea level; Alyeska Resort; Aug. 5 (cirqueseries.com/alyeska).

■ **Anchorage RunFest:** Participate in a 49K, marathon, half marathon, 5K, mile or a kids' 2K; Aug. 18–19 (anchorageunfest.org).

■ **Run Wild:** Put on a superhero or animal-themed costume for a summer

run—5K or 1K—through Girdwood Nordic ski trails; Aug. 19 (littlebearsplayhouse.com/support/fundraisers).

■ **Labor Day 5K:** Spend the holiday running a 5K, among other Labor Day events; Fairbanks; Sept. 3 (www.runningclubnorth.org).

■ **5K Costume Run:** Get in the Halloween spirit and put a costume on early for this race in Nikiski; Oct. 20 (northpenrec.com).

■ **Full Moon Run:** A 4-mile fun run in the night guided by the light of the moon; Fairbanks; Oct. 24 (www.runningclubnorth.org).

■ **Turkey Trot:** A Thanksgiving-themed, family-friendly run of about 5K; Ketchikan; Nov. 10 (kgbak.us/703/races-runs).

■ **Heart of Darkness Snow Shoe Race:** Trade running shoes for snowshoes on this hilly 3K or 6K adventure; Fairbanks; Dec. 8 (www.runningclubnorth.org).

■ **Northern Lights Resolution Run:** Race into the New Year with lights and music during this nearly 5K run; Anchorage; Dec. 31 (skinnyraven.com/event/northern-lights-resolution-run). —Kaylee Strachan

TRUE ADVENTURES
IN A PLACE
YOU'LL NEVER FORGET

VISIT
anchorage
ALASKA
VisitAnchorage.net

Glen Alps

REGISTERED NURSE CASE MANAGER OPPORTUNITY

Sign-on Bonus | Relocation Assistance

SCF Recruitment
888-700-6966
SCFHRRecruiters@southcentralfoundation.com
southcentralfoundation.com

Southcentral
Foundation



Alaska Native People Shaping Health Care



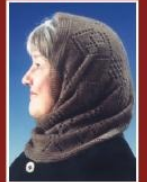
QIVIUT

ALASKAN HANDKNITS

*A unique gift of
wearable masterpieces.*

by Musk Ox
Producers' Cooperative

604 H Street, Dept. AAR
Anchorage, Alaska 99501



OOMINGMAK

1-888-360-9665 • www.qiviut.com



PRINCESS LODGES

come back new™

2 for 1
rates on select
Rail Tours*

*Restrictions
apply.

princesslodges.com • 800.426.0500

COPPER RIVER • DENALI • FAIRBANKS • KENAI • MT. MCKINLEY

ANCHORAGE MARKET & FESTIVAL

A DOWNTOWN SUMMERFEST

UNIQUE ALASKAN MADE GIFTS
FREE ADMISSION
SHOPPING • ALASKAN FOOD
FAMILY FRIENDLY FUN
VENDOR OPPORTUNITIES AVAILABLE

ENJOY
200+
VENDORS

ALASKA'S LARGEST OPEN AIR MARKET!

www.AnchorageMarkets.com



**KODIAK
BROWN BEAR
CENTER**

KODIAK ISLAND • ALASKA

**A BEAR EXPERIENCE
LIKE NO OTHER**

1-877-335-BEAR (2327)
www.kodiakbearcenter.com
www.facebook.com/KodiakBrownBearCenter



**10TH AND M
SEAFOODS**
...serving Alaskans
since 1943


A TASTE OF ALASKA

We offer the finest quality king crab, halibut, salmon, scallops, and shrimp, harvested from pristine ice-cold Alaska waters.

Use code **AKFLY** for an additional \$5 savings.

Order online at **10thandMseafoods.com** or call **1.800.770.2722**.

ENJOY BIRD WATCHING,
WHALE WATCHING,
AND LOOK FOR OTHER
ALASKA WILDLIFE,
INCLUDING MOOSE, DALL
SHEEP AND MORE!



1-800-PAIN FREE

WWW.ARCTICCHIROPRACTIC.COM



ARCTIC CHIROPRACTIC

REHABILITATION AND PHYSICAL THERAPY

ALASKAN OWNED & OPERATED

Back Pain? Neck Pain? Muscle Stiffness? Headaches?
In need of Rehab and Therapy? We can help!

VISIT US AT THESE LOCATIONS:

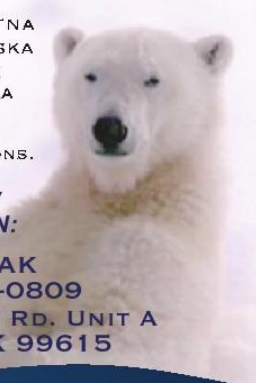
- | | | |
|---------------------|---------------|------------|
| • ANCHORAGE MIDTOWN | • EAGLE RIVER | • PALMER |
| • ANCHORAGE SOUTH | • FAIRBANKS | • SITKA |
| • BARROW | • JUNEAU | • SOLDOTNA |
| • BETHEL | • KETCHIKAN | • UNALASKA |
| • DELTA JUNCTION | • KODIAK | • VALDEZ |
| • DILLINGHAM | • KOTZEBUE | • WASILLA |
| • DUTCH HARBOR | • NOME | |

• = BOARD LICENSED PHYSICAL THERAPIST AT THESE LOCATIONS.

PROUD TO ANNOUNCE OUR NEW PHYSICAL THERAPY LOCATIONS IN:

PALMER
907-746-7842
1734 PROSPECT DRIVE
PALMER, AK 99645

KODIAK
907-512-0809
2975 MILL BAY RD. UNIT A
KODIAK, AK 99615



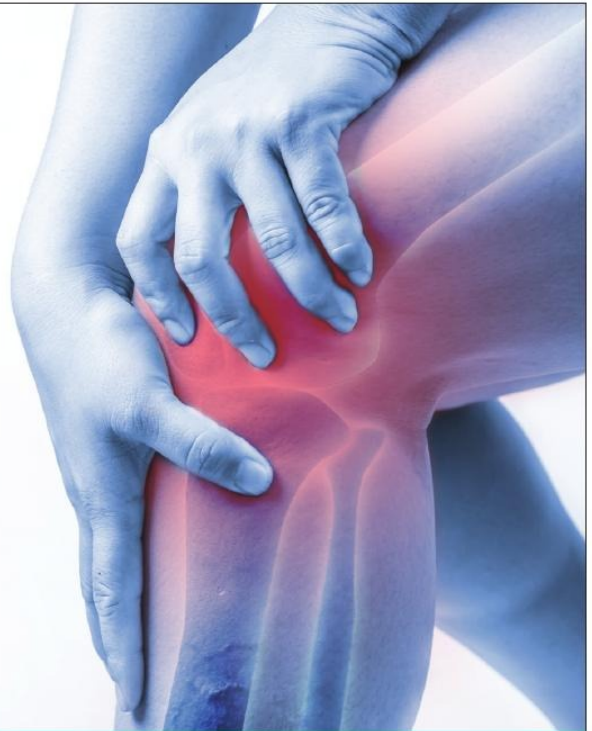
Life Is Good When You're Pain FREE!

CHIROPRACTIC • MASSAGE • REHAB • PHYSICAL

Knee Pain?

Regenexx® Procedures are the world's most advanced stem cell and blood platelet procedures for treating orthopedic injuries, arthritis and other degenerative conditions.

Experience the Regenexx® difference and avoid costly surgery, medications, and downtime.



907.373.9460 | algonealaska.com



Taste the Finest Gourmet Sausage with Reindeer, and Wild Alaskan Smoked Salmon



Shop our retail store

2914 Arctic Blvd., Anchorage, Alaska

www.alaskasausage.com



11
Great Alaskan
gift package



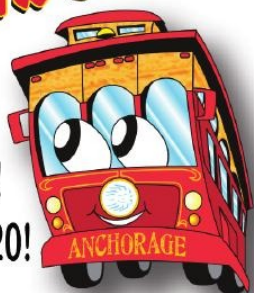
- All Alaskan Gift Packages
- USA Shipping Available





All Aboard!

It's fun!
It's 1 hour!
It's only \$20!



Step aboard Anchorage Trolley and enjoy a 15 mile tour through Alaska's largest city. Relax while a lively, informative, Alaskan guide shares history, family stories and explores Anchorage's past and present.

Tours frequently leaving
from the corner of 4th and F St.

907-276-5603

AnchorageTrolley.com



THE NORTHERN-MOST COMMERCIAL FISHERY IN THE BERING SEA NORTON SOUND RED KING CRAB

NOME & ST. LAWRENCE ISLAND HALIBUT • OCEAN-CAUGHT NORTON SOUND SALMON



Chef Farley
Anchorage Alehouse



nortonsoundseafood.com

Come celebrate the hard work of Norton Sound fishermen at the Anchorage Alehouse. Enjoy premium red king crab, salmon and halibut, pulled from the frozen waters off the coast of Nome, Alaska, and surrounding communities.



alaskaalehouse.com

2830 C Street • Anchorage, AK



*Welcome to
Anchorage,
Alaska!*

**Start Your
Adventure
With Us!**
RIDE THE BUS.

**ROUTE
40
AIRPORT**

ARRIVES EVERY 15 MINUTES*

At Ted Stevens Anchorage International Airport, catch the bus outside doors 2 & 8. \$2 cash upon boarding the bus or download the mTicket app. Service until 2:00 a.m. on weekdays. 20 minutes to downtown!

BUY YOUR BUS PASS, VIEW MAPS, SCHEDULES, & MORE!

PEOPLEMOVER.ORG | 907-343-6543

**15 minute service offered on weekdays from 6:00 a.m. to 7:40 p.m.*



ALASKA NATIVE
HERITAGE CENTER

SUMMER OF PERFORMANCE ART

*Take Care of Others You
Cannot Live Without Them*



Summer of Performance Art with
interactive presentations and
demonstrating Alaska Native artists

- Learn about Alaska Native values and traditions
- Tour life-size Native village sites
- Download the ANHC App available on the AppStore
- There is always something new to discover

OPEN DAILY: MAY 13 —
MID-SEPTEMBER 2018
WINTER SCHEDULE ONLINE
WWW.ALASKANATIVE.NET



A nonprofit organization



alaskanative.net

OROCAL
THE NATURAL GOLD COMPANY



*Wear your own
piece of Alaska*



**5TH
AVENUE
JEWELERS**
EST. 1967

907-258-3635 • 888-983-2052
345 W. 5th Ave. Anchorage, AK 99501
akdiamondco.com



Trust
Land Office

OWN A PIECE OF ALASKA

*Camp, fish, hunt, build and play on your own land. Start a business,
invest your money, or create a personal getaway.*



- Land available through immediate sale and yearly auctions
- Choose from locations throughout Alaska
- Waterfront, road access and remote land available
- Alaska residency is not required
- In-house financing available
- No credit check required

Revenue generated from Trust Land Office sales supports the mission of the Alaska Mental Health Trust Authority which serves as a catalyst for change and improvement in Alaska's mental health continuum of care.

View available properties
mhtrustland.org | 907.269.8658

Like Us on **@AlaskaTrustLandOfficeLandSales**

A career you love in a place you'll love

Explore a new career path and
discover job opportunities in:

- Medical/Dental
- Behavioral Health
- Pharmacy
- Finance
- Administration

Learn more about these
and additional positions
at searchc.org/jobs



 **SEARHC**
SOUTHEAST ALASKA REGIONAL HEALTH CONSORTIUM

"If you don't know furs, know your furrier" **DAVID GREEN** Master Furrier

"Alaska's Most Recommended Furrier Since 1922"



Proud Supporters of the Iditarod

Monday thru Saturday
9:30 am to 6 pm
Free Parking
East of Store

DAVID GREEN
www.davidgreenfurs.com

Downtown Anchorage
Between
"A" & "B" Streets
on West 4th Ave
907.277.9595

Flyer guide

Your overview of the Alaska experience.

TABLE OF CONTENTS

178 Everything Alaska

alaskaair.com
Our 5-star mobile app
Alaska Lounge
Alaska's fleet

180 The Alaska experience

181 Beverages

First Class wines

182 Alaska Beyond Entertainment

Movies and TV on your own device
Go online
Rent a preloaded tablet

184 Mileage Plan

Welcome to a world of rewards

186 Global Partners

Travel the world with our airline partners

188 Where we fly

115+ destinations and counting

190 U.S. airport terminal maps

192 Global Airline Partner terminal maps

194 Customs and immigration

195 Your safety and comfort

Contact us



Everything Alaska

A look at all we offer.

Start every trip at alaskaair.com.

Sign up for the Insider Newsletter to receive great travel deals and information.

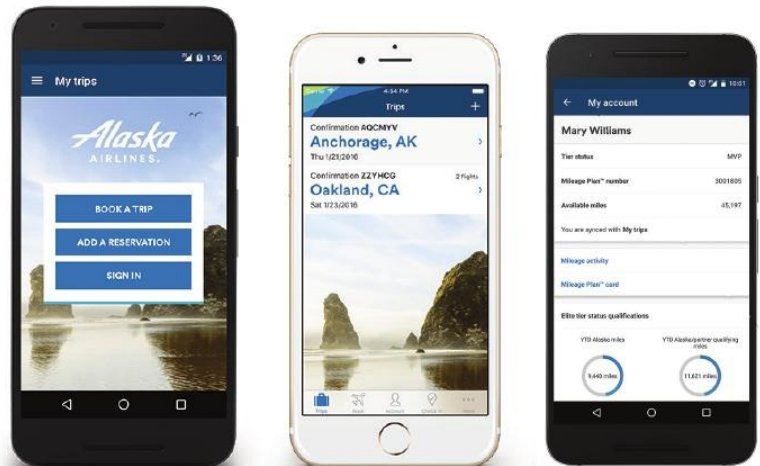


- Always find our lowest fares, guaranteed
- Check out our weekly flight deals
- Plan your whole trip with hotel, car and vacation packages
- Manage your Mileage Plan™ account and use miles
- Check in, print boarding passes and baggage tags

Our app keeps you mobile on any device.

We have several mobile options to keep you moving when you're on the go: iPhone, Android and our mobile website at m.alaskaair.com.

- Find and book flights
- Check in from your phone
- No more paper—access mobile boarding pass and Alaska Lounge membership card
- Access Mileage Plan information
- Pre-reserve meals



The Alaska Lounge is your sanctuary.



Lounge members enjoy access to our seven lounges in Seattle, Portland, Los Angeles, New York–JFK and Anchorage, and more than 60 affiliated lounges worldwide. Warm pancakes at breakfast, and soups, salads and snacks are available throughout the day, plus a fully stocked bar and Starbucks® coffee. Get more details at alaskaair.com/lounge.

Boeing 737 fleet.



B737-900/900ER

Range: up to 2,720 miles
Seats: 178

B737-800

Range: 2,920 miles
Seats: 159

B737-700

Range: 2,985 miles
Seats: 124

B737-700F (freighter)

Range: 2,985 miles
Capacity: 9–10 cargo
containers

You'll find Boeing's new Space Bins, offering 48% more stowage space, on our 737-900ER aircraft.

Regional fleet.



Bombardier CRJ-900

Range: 1,114 miles
Seats: 76
Operated by Horizon Air



Embraer E175

Range: 2,150 miles
Seats: 76
Operated by Horizon Air
and SkyWest Airlines

Airbus fleet.



Airbus A319

Range: 2,986 miles
Seats: 119

Airbus A320

Range: 2,855 miles
Seats: 146–149

Airbus A321neo

Range: 3,072 miles
Seats: 185

Tell us how we're doing.

Visit alaskalistsens.com.

Free to access in flight.

Our bag guarantee.

Delivered in 20 mins or less.

If we miss the mark, see an agent for a voucher.

Terms apply. See bit.ly/BagGuarantee for details.

The Alaska experience

Enjoy the journey.

Our three travel classes all feature great perks

What can you expect aboard an Alaska Airlines flight? You'll find a variety of comfortable seating choices and a tasty selection of food and drinks. We have power outlets to keep you charged, Wi-Fi to keep you connected, and entertainment options to captivate you. And as always, our warm, friendly flight crew is ready to help you however they can.



First Class

Choose First Class for spacious seating, plentiful food and beverage choices, and our dedicated flight attendants.

- ✓ Luxury at an affordable price
- ✓ Priority access for check-in and security lines
- ✓ Power outlets at every seat, on most aircraft
- ✓ Two bags checked free



Premium Class

More space, more perks and early boarding: Treat yourself to our Premium Class experience on your next flight.

- ✓ 4" more legroom than Main Cabin seats
- ✓ Board early and get settled
- ✓ Drinks are on us
- ✓ Power outlets that are easy to access



Main Cabin

Enjoy our Main Cabin seats with a complimentary snack and beverages.

- ✓ Power outlets at every seat, on most aircraft
- ✓ Over 200 free movies and TV shows on Alaska Beyond Entertainment
- ✓ Fresh West Coast meals for purchase
- ✓ Award-winning service

Enjoy a drink

Refreshing selections, for free or for purchase.

COMPLIMENTARY BEVERAGES



Sodas

Coca-Cola
Coke Zero
Diet Coke
Sprite
Sprite Zero
Seagram's Ginger Ale
Seagram's Seltzer
Seagram's Tonic



Coffee

Proudly serving Starbucks®
Pike Place® Roast

Other

Bottled Water
Orange Juice
Tomato Juice
Cranberry Juice
Apple Juice
Our special blend of Passion, Orange and Guava
(on flights to Hawai'i)
Bloody Mary Mix
Tazo® Awake® black tea
Tazo® Sweet Orange hot herbal tea (caffeine-free)

The menu card
in your seatback
pocket displays
all our food and
beverage options.

PREMIUM WINE



Canoe Ridge \$7.50

Vineyard

The Exploration
Cabernet Sauvignon

Canoe Ridge \$7.50

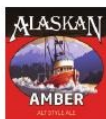
Vineyards

The Exploration
Chardonnay

La Marca \$8.50

Prosecco

All prices in U.S. dollars.



BEER

Premium Beer \$7.50

Alaskan Amber
Ballast Point Sculpin IPA
Kona Longboard Island
Lager (to/from Hawai'i)
Modelo Especial (to/from Mexico)
Imperial (to/from Costa Rica)



Domestic Beer \$7.50

Miller Lite
Budweiser

LIQUOR

Spirits \$7.50

Baileys Irish Cream
Crater Lake Hazelnut
Espresso Vodka
Crown Royal
Cruzan Aged Rum

Dewar's White Label Scotch
Jack Daniel's Black Label
Sauza Tequila
Tanqueray London Dry Gin
Tito's Handmade Vodka
Woodford Reserve Bourbon

First Class Wines

Featured wines this month.



Chateau Ste. Michelle Mimi Chardonnay

Washington, Horse Heaven

With a lightly oaked, elegant style, the wine offers apple and pear fruit character with bright natural acidity.



Chateau Ste. Michelle Indian Wells Red Blend

Washington, Columbia Valley

This wine reflects the rich, round powerful style of Washington fruit, highlighting seven varietals.

Beverage service may vary due to time of day and flight-segment time limitations. Items limited and based on availability. Individuals must be 21 years or older to consume alcoholic beverages. Government warning: According to the Surgeon General, women should not drink alcoholic beverages during pregnancy. Consumption of alcoholic beverages impairs your ability to drive a car or operate machinery, and may cause health problems. Pike Place is a registered trademark of The Pike Place Market PDA, used under license.

Movies, TV, Wi-Fi and more.

The choice is yours.

Get Started:

The "Movies & Wi-Fi" card in your seatback pocket has instructions on how to watch.

Kick back with over 200 free movies and TV shows.

Nearly every flight offers Alaska Beyond Entertainment, our streaming entertainment system that features hit movies and episodes from your favorite TV networks—like HGTV and Food Network—as well as new discoveries, including new musicians on Seattle's independent record label, Sub Pop.



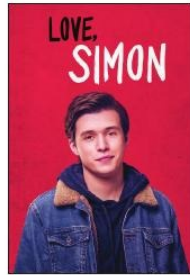
Download the app:

You'll need the Gogo Entertainment App to watch movies. Get it now at loadplayer.com.

HIT MOVIES ON ALASKA BEYOND ENTERTAINMENT:



Dunkirk



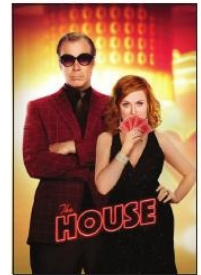
Love, Simon



Maze Runner: The Death Cure



Star Wars: The Last Jedi



The House

HERE'S A PEEK AT THE MOVIES RECENTLY ADDED TO OUR ALASKA BEYOND ENTERTAINMENT LINEUP:

- The Post
- Father Figures
- Ferdinand
- The Greatest Showman
- Geostorm
- Moana
- Big Hero 6
- Beauty and the Beast (2017)
- Tangled
- Mulan
- Inside Out
- Bullitt
- Piper
- Day and Night
- Partly Cloudy
- Sanjay's Super Team
- Presto
- La Luna
- Lifted
- Jack-Jack Attack
- Boundin'
- For the Birds
- The Pixar Story
- The Incredibles
- Murder on the Orient Express
- Three Billboards Outside of Ebbing, Missouri
- Blade Runner 2049
- Shape of Water
- Justice League
- Toy Story
- The Lion King
- The Good Dinosaur
- Gravity
- Happy Feet
- Batkid Begins

For a complete movie/TV program listing, go to AlaskaWiFi.com while in flight.



Like our tunes?

Take a look at this month's boarding music playlist:

Artist	Song
Manchester Orchestra	<i>The Sunshine</i>
Xavier Rudd	<i>Walk Away</i>
Real Estate	<i>Darling</i>
William Fitzsimmons	<i>Learning to Fly</i>
Iron & Wine	<i>Right for Sky</i>
Damien Jurado	<i>Percy Faith</i>
Yuno	<i>No Going Back</i>
Doyle Bramhall II	<i>Rich Man</i>
Milo Greene	<i>Move</i>
Damien Jurado	<i>Allocate</i>
La Luz	<i>Walking into the Sun</i>
The Outdoor Type	<i>Rumination</i>
Andreas Moe	<i>Ocean (Take the Dive)</i>

Plus, check out our featured Sub Pop album of the month:

Father John Misty
God's Favorite Customer

Josh Tillman's fourth Father John Misty LP, *God's Favorite Customer*, reflects on the "experience of being caught between the vertigo of heartbreak and the manic throes of freedom."

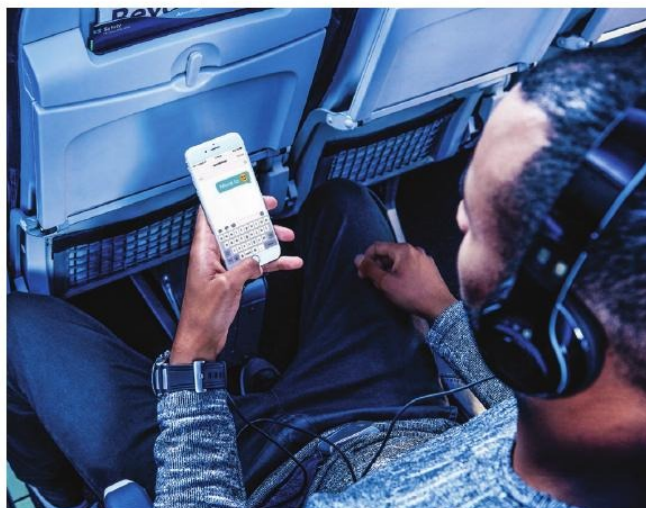


You're now cleared for text-off.

Never miss a thing when you can text for free using Wi-Fi. Text your friends from your smartphone using iMessage, Facebook Messenger and WhatsApp. Please keep in mind:

- Free texting is for text-based messages only. Photos and video are not supported.
- Both you and your recipient must have one of the compatible apps.
- Free texting is available only on flights with Gogo or Viasat Inflight Internet.

Inflight, go to AlaskaWiFi.com to get started.



Go online.

Inflight Internet is available on all of our Airbus, Boeing and Embraer 175 aircraft, when flying over the continental U.S., Canada and parts of Alaska. Internet is also available on flights to Hawaii operated by Airbus aircraft.

TIPS FOR MAKING THE MOST OF INFLIGHT WI-FI:

It's great to be able to stay connected while you fly, but inflight Wi-Fi is different from the Wi-Fi you may be used to.

- Work smarter. Use webmail instead of Outlook to check your inbox. You never know what large files might be lurking in there.
- Wait to send that TPS report. Large attachments can slow things down: avoid sending while in air.
- Bookmark or favorite AlaskaWiFi.com to quickly access inflight internet.
- Huh? Live Help is available on flights within the coverage area. FAQs are at your fingertips on all flights.

Rent one of our premium entertainment tablets.

On most flights over 3.5 hours, you can rent one of our inflight entertainment tablets featuring the newest movies onboard, plus recent hits. Each tablet is preloaded with 25 to 30 movies (depending on the month), plus TV shows, Xbox games, music and digital magazines.

Tablets are free in First Class, and available to rent for \$8-\$10, depending on flight length.



NEW MOVIES ON THE TABLET:



Black Panther



Game Night



Isle of Dogs



Pacific Rim

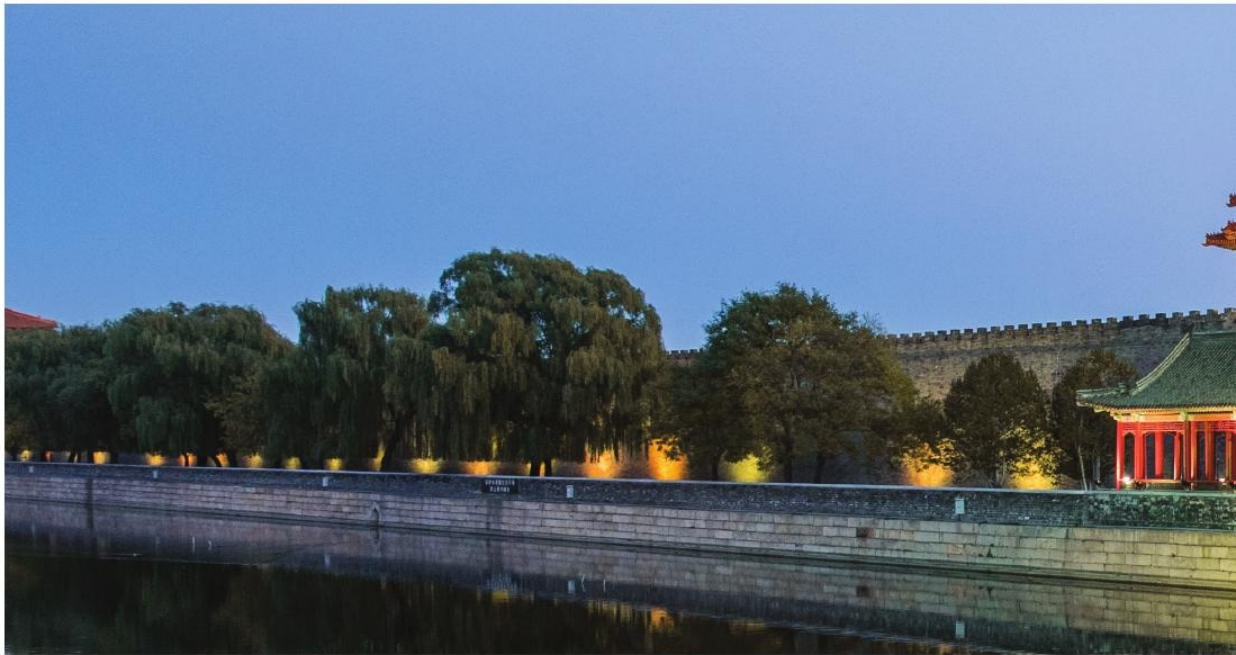


Tomb Raider

Alaska Airlines Mileage Plan™

Welcome to a world of rewards.

Earn miles on hotel stays, car rentals, and everyday purchases, too.



See the world and earn miles doing it.

Earn or redeem miles on every Alaska flight and flights to more than 900 destinations worldwide with our airline partners.



The more you fly, the richer the rewards.

Partner miles flown also count toward elite status qualification.*

MVP

(20,000 miles flown on Alaska)

- Priority check-in
- Two free checked bags
- Eligible for complimentary First Class upgrades
- 50% bonus miles and more

MVP GOLD

(40,000 miles flown on Alaska)

- All MVP® benefits, plus:
- Waived ticket change fees on Alaska
 - Four annual guest upgrades
 - 100% bonus miles and more

MVP GOLD 75K

(75,000 miles flown on Alaska)

- All MVP Gold benefits, plus:
- Complimentary inflight entertainment player
 - Four Alaska® Lounge day passes
 - 125% bonus miles and more

*Miles flown on PenAir and Ravn do not count toward elite status qualification.



BEIJING
HAINAN AIRLINES



Carry the card for even more rewards.

Introductory offer: Buy 1 ticket, get 1 for just the taxes and fees with Alaska's Famous Companion Fare™ offer.

- **Up to 31,000 bonus miles** after qualifying purchases.
- **Free checked bag** for you and up to six other passengers on the same reservation.

Cardholder perk: There's no limit to the number of miles you can earn.

Apply at [AlaskaOffer.com](https://alaskaoffer.com) or ask your flight attendant.

The benefits described herein are subject to certain restrictions, limitations and exclusions. For more information about rates, fees, other costs and benefits of this credit card, or to apply, visit [AlaskaOffer.com](https://alaskaoffer.com) and refer to disclosures accompanying the application. This credit card program is issued and administered by Bank of America, N.A. Visa and Visa Signature are registered trademarks of Visa International Service Association and are used by the issuer pursuant to license from Visa U.S.A., Inc. ©2018 Bank of America Corporation

Big adventures using your miles.

Book one-way award travel within the continental United States and Canada starting at just 5,000 miles.*

Starting price*	Distance each way	Sample routes
5,000 miles	Less than 700 miles (intrastate)	San Jose–Orange County
5,000 miles	Less than 700 miles	Seattle–San Francisco
7,500 miles	701 to 1,400 miles	Los Angeles–Portland
10,000 miles	1,401 to 2,100 miles	Portland–St. Louis
12,500 miles	More than 2,101 miles	New York–Seattle

* Plus taxes and fees from \$5.60 each way. Award availability and pricing may vary.

Visit alaskaair.com to explore all the ways to use miles.

Join today and start getting rewarded. alaskaair.com/mileageplan

Mileage Plan gives you the world

Earn and redeem your Alaska Airlines miles to more than 900 destinations worldwide.

Find tips on how to earn and use miles on our global partners at blog.alaskaair.com/mileage-plan.



Explore more with Mileage Plan.



Beijing
Hainan Airlines



London
British Airways



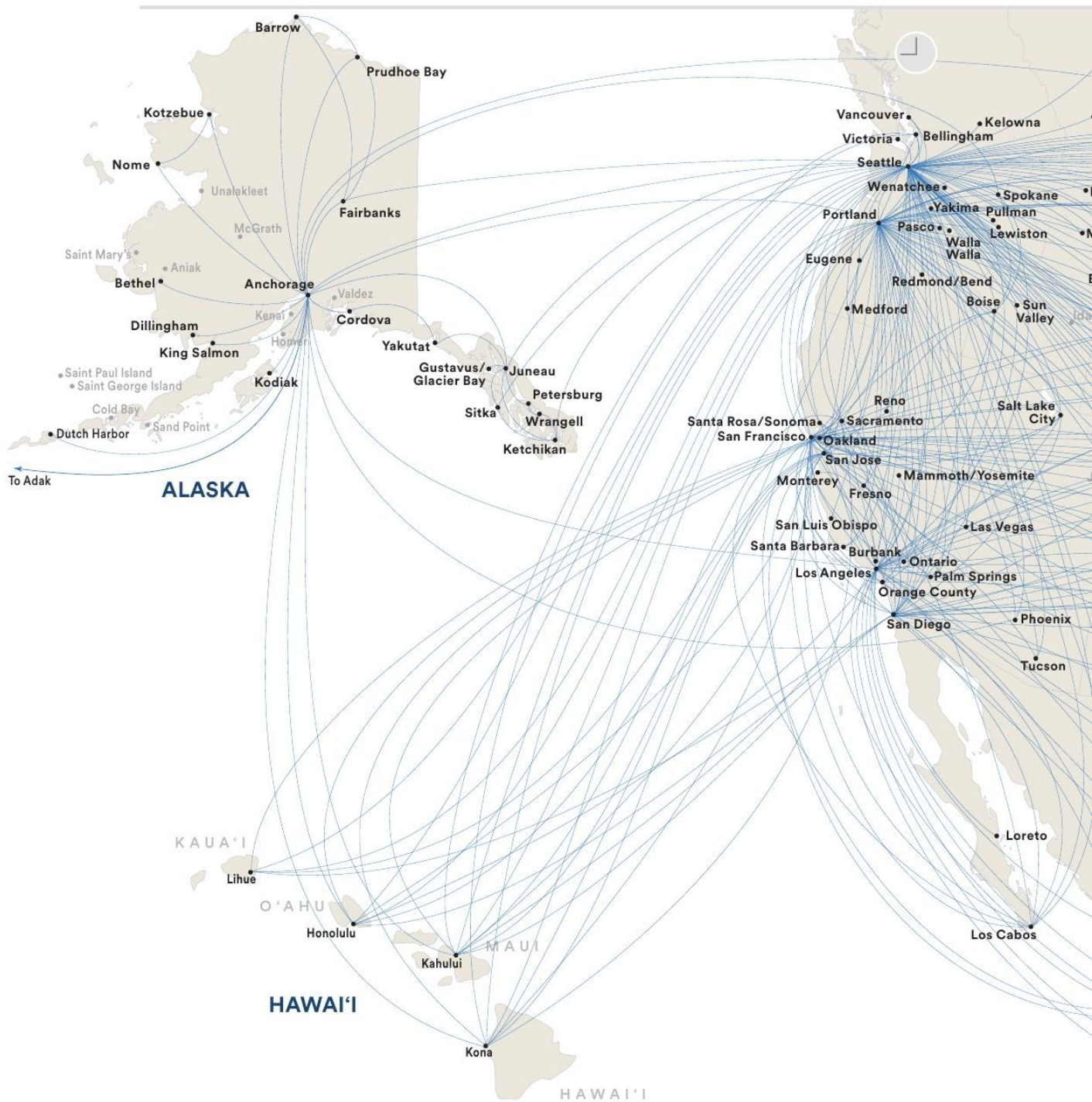
Singapore
Singapore Airlines



Copenhagen
Finnair

Where we fly

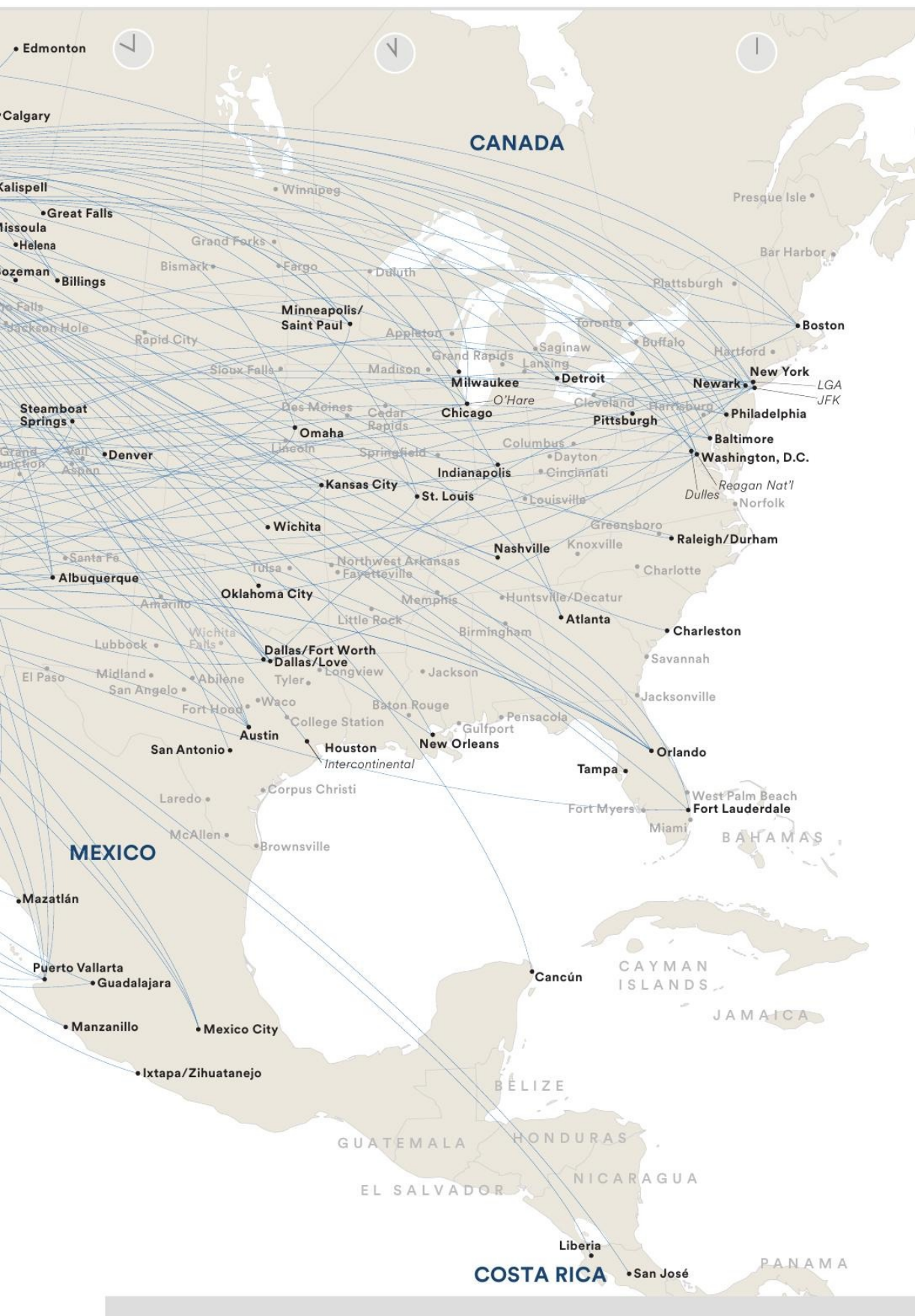
115+ destinations and counting.



- LEGEND**
- Destinations
 - Partner destinations
 - Alaska Airlines routes

UPCOMING NEW SERVICE

Route	Service Begins
Seattle, WA—Pittsburgh, PA	September 6, 2018
San Diego, CA—Spokane, WA	October 1, 2018
Sacramento, CA—Kona, HI	December 20, 2018



Some Alaska Airlines service operated by Horizon Air or SkyWest Airlines.

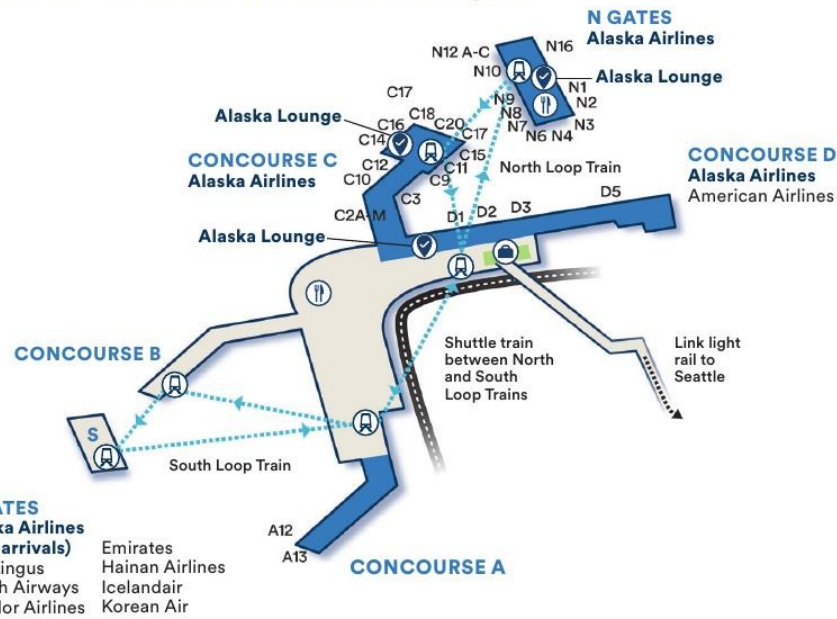
Some routes shown operate seasonally.

Airport terminal maps

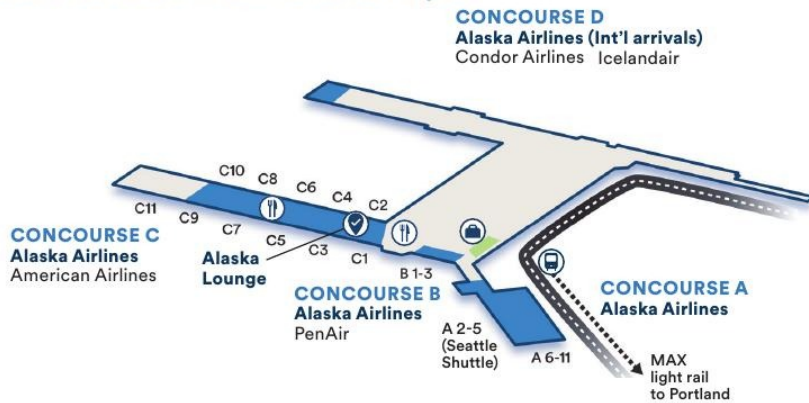
SEA Seattle/Tacoma International Airport

Tip: Connecting to an Alaska Global Partner? You'll need to take the shuttle train to the South Loop Train to get to the S gates.

Tip: Our new Alaska Lounge opened in the C Concourse: Raise your "preflight" game. We have complimentary food, premium drinks, Wi-Fi and great views.



PDX Portland International Airport



Tip: Head's up: We fly out of more than one terminal at SFO, please check your boarding pass to ensure you arrive at the correct gate.

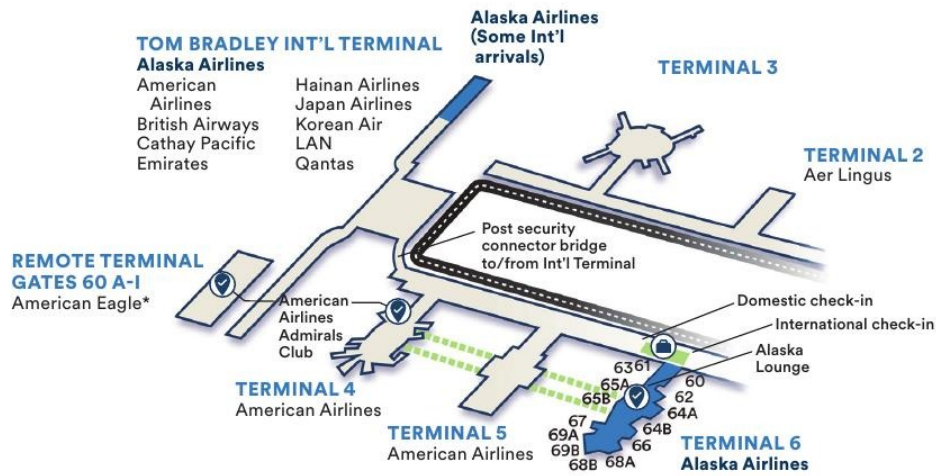
Tip: Alaska Lounge members have access to the Cathay Pacific Lounge at SFO when traveling on Alaska.

SFO San Francisco International Airport

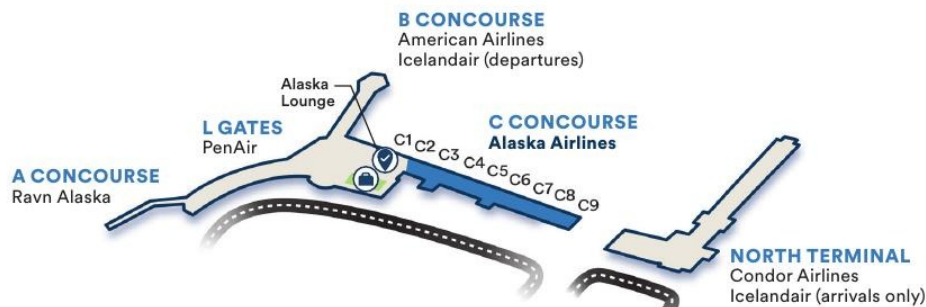


Legend: Lounge Alaska Airlines check-in Public transportation
 Dining Options Airport transportation Underground walkway

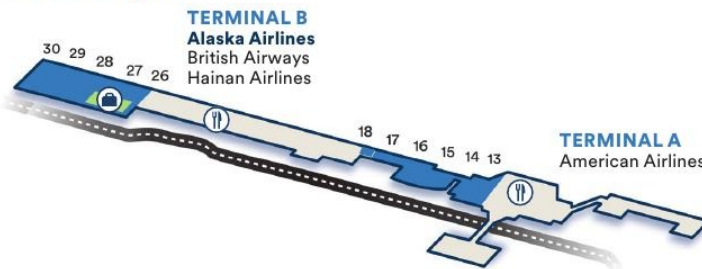
LAX Los Angeles International Airport



ANC Anchorage International Airport



SJC San Jose Mineta Airport



SAN San Diego International Airport



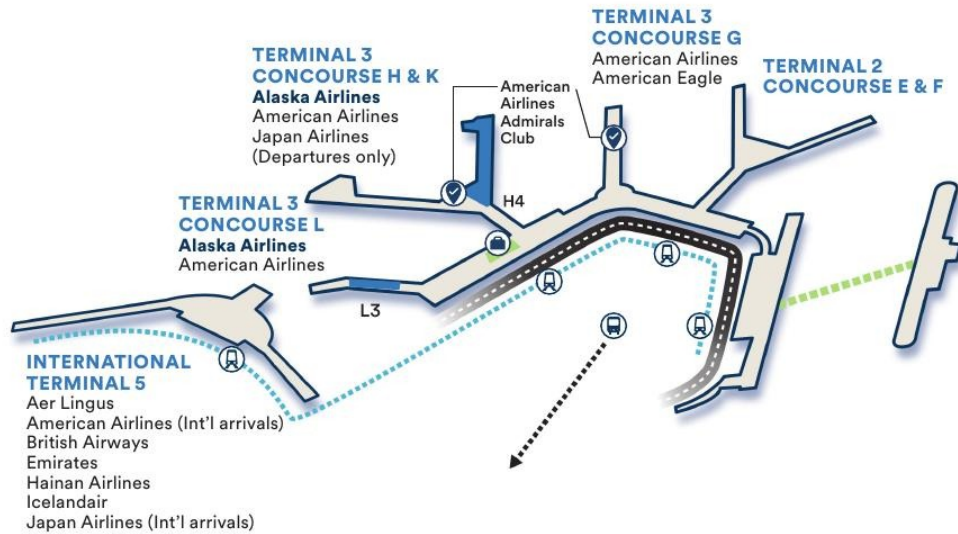
Global Airline Partner terminal maps

ORD Chicago O'Hare International Airport

American Airlines 

From Chicago, American Airlines serves 122 destinations in 11 countries, with convenient connections to Europe from the West Coast.

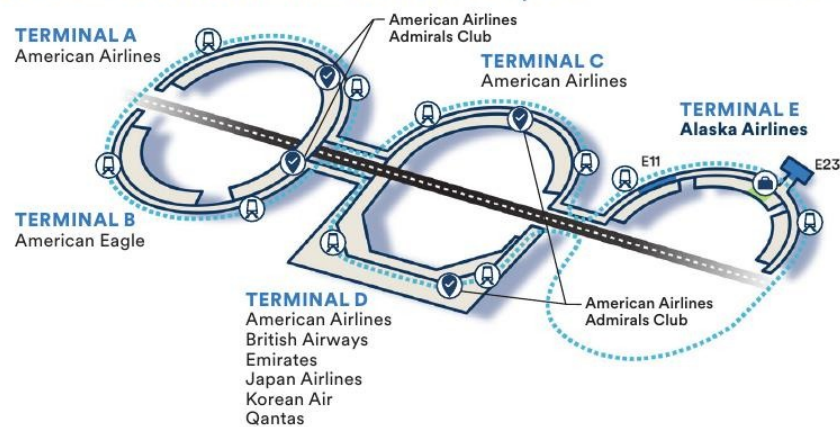
Tip: Alaska Lounge members receive access to most American Airlines Admirals Clubs when traveling on Alaska or American.



DFW Dallas/Fort Worth International Airport

American Airlines 

Headquartered in Dallas, American serves 197 destinations in 29 countries including Latin America, the Caribbean and Europe from DFW.

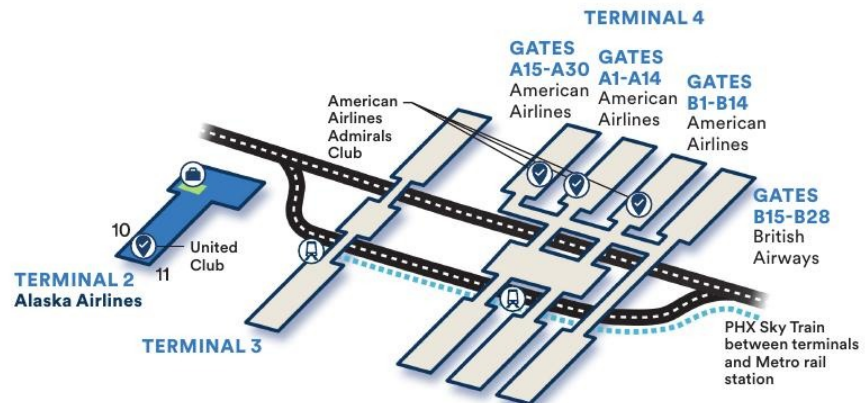


PHX Phoenix Sky Harbor International Airport

American Airlines 

From Phoenix, American flies to 81 cities with over 300 flights.

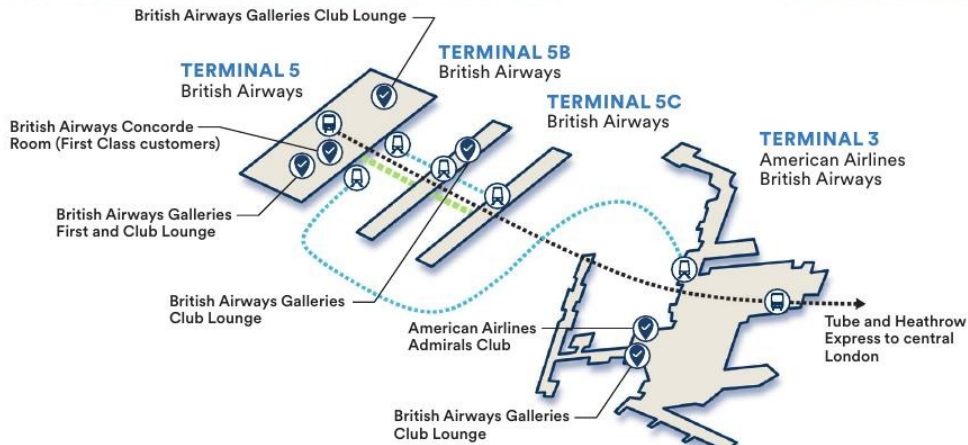
Tip: Alaska Lounge members have access to the United Club across from gate 10 at Sky Harbor when flying on Alaska.



Legend: Lounge Alaska Airlines check-in Public transportation
 Dining Options Airport transportation Underground walkway

LHR Heathrow Airport, London, England

BRITISH AIRWAYS

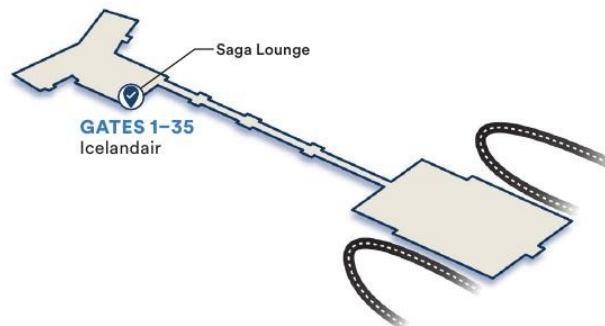


British Airways' London hub offers convenient connections from the West Coast to cities throughout Europe.

Tip: MVP Gold & MVP Gold 75K members receive complimentary access to British Airways' Galleries Club Lounge in Terminal 5.

KEF Keflavík International Airport, Reykjavík, Iceland

ICELANDAIR

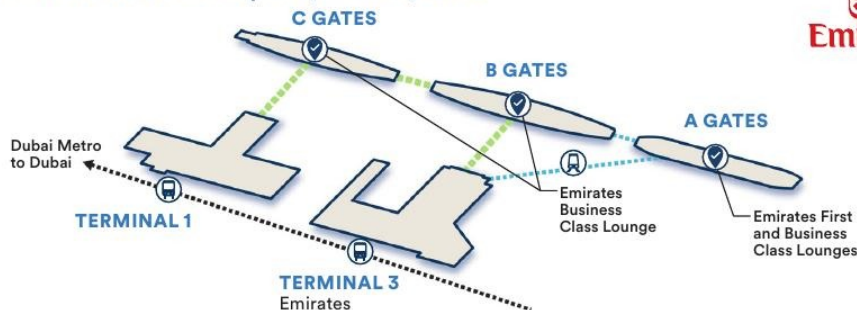


Tip: MVP Gold and MVP Gold 75K members receive complimentary access to Icelandair's Saga Lounge.

Icelandair's Reykjavík hub makes for easy connections to the airline's 20+ destinations throughout Europe. Icelandair offers free stopovers in Iceland.

DXB Dubai International Airport, Dubai, UAE

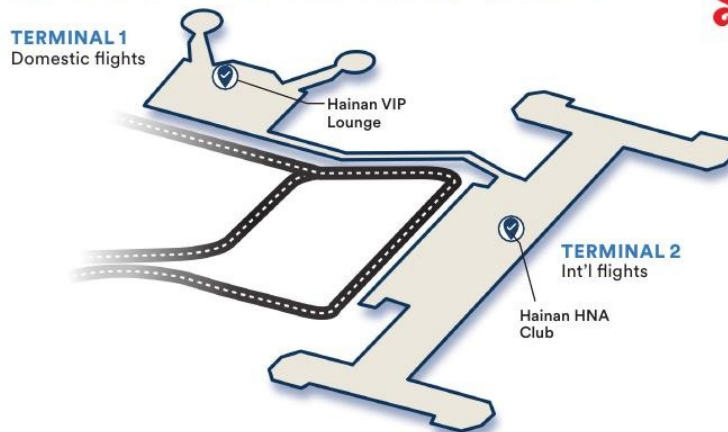
Emirates



Emirates' Dubai hub offers connections to 100+ destinations on 6 continents, all featuring the airline's world-class service.

PEK Beijing Capital International Airport, Beijing, China

HAINAN AIRLINES
Cherished Experience



Tip: MVP Gold and MVP Gold 75K members receive complimentary access to Hainan's lounges.

With gateways in Seattle and San Jose, earn miles traveling to Beijing, Shanghai and to other destinations throughout China.

Customs and immigration

Please use all capital letters with blue or black ink.

Por favor use letra mayúscula en tinta azul o negra.

Global Entry is a U.S. Customs & Border Protection program that offers expedited customs entry with no processing lines, no paperwork, TSA Pre✓® eligibility and access to expedited entry in other countries. Apply at www.cbp.gov.



Customs and Immigration forms are distributed by flight attendants during your flight. Prior to landing, complete all forms that pertain to you, following the tips below. Completed forms are presented immediately upon entering the International Arrivals building.

TO THE UNITED STATES PASSPORT CONTROL KIOSKS

Automated Passport Control kiosks expedite the entry process. Eligible travelers scan their passport, take a photograph and answer a series of questions at the kiosk. Once complete, present the printed receipt from the kiosk to a Customs Officer.

Helpful tips

- Only citizens or nationals of the U.S., Canada or Visa Waiver Program countries are eligible to use the kiosk.
- Customs declaration forms are unnecessary.
- Kiosks available in Los Angeles (LAX), Portland (PDX), San Diego (SAN), San Francisco (SFO) and Seattle (SEA).

U.S. CUSTOMS DECLARATION

All travelers to cities without Passport Control kiosks must complete this form.

Helpful tips

- One form per person or one per family (family defines those in the same household who are related by blood, marriage, domestic relationship, or adoption).
- Lines 5, 6—If not using a passport, leave these lines blank.
- Line 9—Enter “AS” for Alaska Airlines
- Sign at the “X.”

INTERNATIONAL TRAVEL TIPS TO MEXICO

- All travelers must complete a Mexico Customs Declaration form; one per traveler or family with same address.
- All travelers, except for citizens of Mexico, must complete the FMM; one per traveler or family.

TO COSTA RICA

- All travelers must complete a Customs Declaration form; one per traveler or family.
- All travelers must complete an Immigrations Form; one per person.
- Costa Rica requires a \$29 departure tax for each traveler. For tickets purchased before June 1, 2016, pay fee prior to check-in with Alaska Airlines at the service centers in terminal check-in area. The fee is included in the price of tickets purchased after June 1, 2016.

Las formas de Aduana y Migración son distribuidas por los sobrecargos durante el vuelo. Antes del aterrizaje en su destino final complete las formas correspondientes usando las indicaciones que se proporcionan a continuación. Las formas completas serán presentadas en la Terminal Internacional.

QUIOSCOS DE CONTROL DE PASAPORTES

Kioscos automatizados de control de pasaportes acelerar el proceso de entrada y se encuentran en muchas ciudades servidas por Alaska Airlines. los viajeros elegibles escanear el pasaporte, tomar una fotografía y contestar una serie de preguntas en el quiosco. Una vez completa, presentar el recibo impreso en el quiosco a un oficial de aduanas.

Datos de ayuda

- Sólo los ciudadanos o nacionales de los países del Programa de Exención de Estados Unidos, Canadá o Visa son elegibles para utilizar el quiosco.
- Formularios de declaración de aduanas son innecesarias.
- Kioscos disponibles en Los Ángeles (LAX), Portland (PDX), San Diego (SAN), San Francisco (SFO) y Seattle (SEA).

DECLARACION DE ADUANA

Los viajeros a ciudades sin quioscos de control de pasaportes deben completar este formulario.

Datos de ayuda

- Una forma por persona o por familia con la misma dirección.
- Línea 5, 6—Si no tiene pasaporte, deje esta sección en blanco.
- Línea 9—Use “AS” para Alaska Airlines.
- Firme en la “X.”

CONSEJOS DE VIAJE INTERNACIONALES A MEXICO

- Todos los viajeros deben completar un formulario de declaración de aduanas México; uno por cada viajero o familia con la misma dirección.
- Todos los viajeros, excepto para los ciudadanos de México, deben completar la FMM; uno por cada viajero o familia.

A COSTA RICA

- Todos los viajeros deben completar un formulario de declaración de aduanas; uno por cada viajero o familia.
- Todos los viajeros deben completar un formulario de Inmigración; una por persona
- Costa Rica requiere un impuesto de salida de \$29 para cada viajero. Para los boletos comprados tarde del 1 junio, 2016, pagar la cuota antes de check-in con Alaska Airlines en los centros de servicio en el área de registro de entrada en el terminal. La tarifa está incluido en el precio de los boletos comprados el 1 de junio 2016.

Your safety and comfort

SEATS

- Seat belts must be fastened whenever the “FASTEN SEAT BELT” sign is on. Keep your seat belt fastened at all other times when seated, in case of rough air.
- Seatbacks and tray tables must be in the upright, locked position during taxi, takeoff and landing.
- Seat-belt extenders are not allowed in exit rows. They can tangle and obstruct access to exit doors.

CARRY-ONS

- All carry-on bags must be placed under a seat or in an overhead bin for takeoff and landing.
- Prior to takeoff and landing, service items provided by our inflight team must be picked up.

LAVATORY

- Guests are requested to use the lavatory in their assigned cabin.

PETS

- Pets must remain in carrier for entire flight. Carrier must be stowed for taxi, takeoff and landing.

CREW AND GUEST SAFETY

- Under federal law, no person may assault, threaten, intimidate or interfere with crew members in the performance of their duties aboard an aircraft. Penalties for crew interference include fines up to \$11,000, imprisonment or both. An incident report may be filed with the FAA regarding a guest's behavior.
- We respect the privacy and well-being of our guests and employees. We do not tolerate inappropriate verbal, digital or physical conduct of any kind, including sexual harassment, invasive photography, and assault. Please report unwelcome behavior to an employee immediately. Any crime committed onboard is considered a federal offense.

USING YOUR DEVICES

We know use of your electronic devices is important, and we've adjusted our procedures to give you more time with those devices.

Allowed on the ground and in the air

- Laptops (must be stowed for taxi/takeoff/landing)
- Tablets/smartphones (Airplane Mode after door closure)
- Wireless mouse/keyboard
- e-readers
- Media/CD/DVD players
- Noise-canceling and Bluetooth headphones
- Cellphones (prior to door closure only)

TRAVELING WITH INFANTS AND CHILDREN

- To be used onboard, your child-restraint system must conform to all applicable federal motor vehicle-safety conditions, and the restraint must be certified for use in motor vehicles and aircraft with an FAA-approval sticker.
- Some restrictions for child-restraint systems apply based on seat locations and flight numbers. Visit <http://bit.ly/InfantTravel> for details.

ALCOHOL AND TOBACCO

- Alcohol may not be consumed aboard an aircraft unless it has been provided by a flight attendant. No alcohol may be served to any person who appears to be intoxicated, or who is under 21 years of age.
- Guests are expected to drink responsibly and behave in a safe and respectful manner at all times.
- Smoking, chewing tobacco and electronic cigarette use are not permitted on any Alaska Airlines flight.

DEVICES

- During taxi, takeoff and landing, larger electronic devices, such as laptops, must be stowed.
- Cellphones may be used while the boarding door is open until advised by your flight attendant that cell service must be turned off. Upon landing, your flight attendant will advise when cell service can be enabled.
- During flight, electronic voice communications of any kind (e.g., cell, FaceTime, Skype) are prohibited.
- Headphones must be worn when using electronic devices such as personal music players, Inflight Entertainment Tablets, handheld games, etc.

OTHER PROHIBITED ITEMS

- We prohibit the use of items that do not meet FAA Regulations or Company regulations. This includes the use of seat-belt extensions not provided by Alaska Airlines, devices that restrict the recline of seats, self-heating meals or beverages, air filters placed on overhead vents and personal air-purifying devices.

Not allowed during flight

- Voice calls of any kind, including VoIP
- Devices with cell service enabled
- AM/FM radios or TVs
- Personal air purifiers
- Remote-control toys
- Electronic cigarettes

The Federal Aviation Administration (FAA) and Alaska Airlines have set these rules and regulations to assure your safety and comfort.

CONTACT US

Customer care:
800.654.5669
(Mileage Plan, Customer Care)

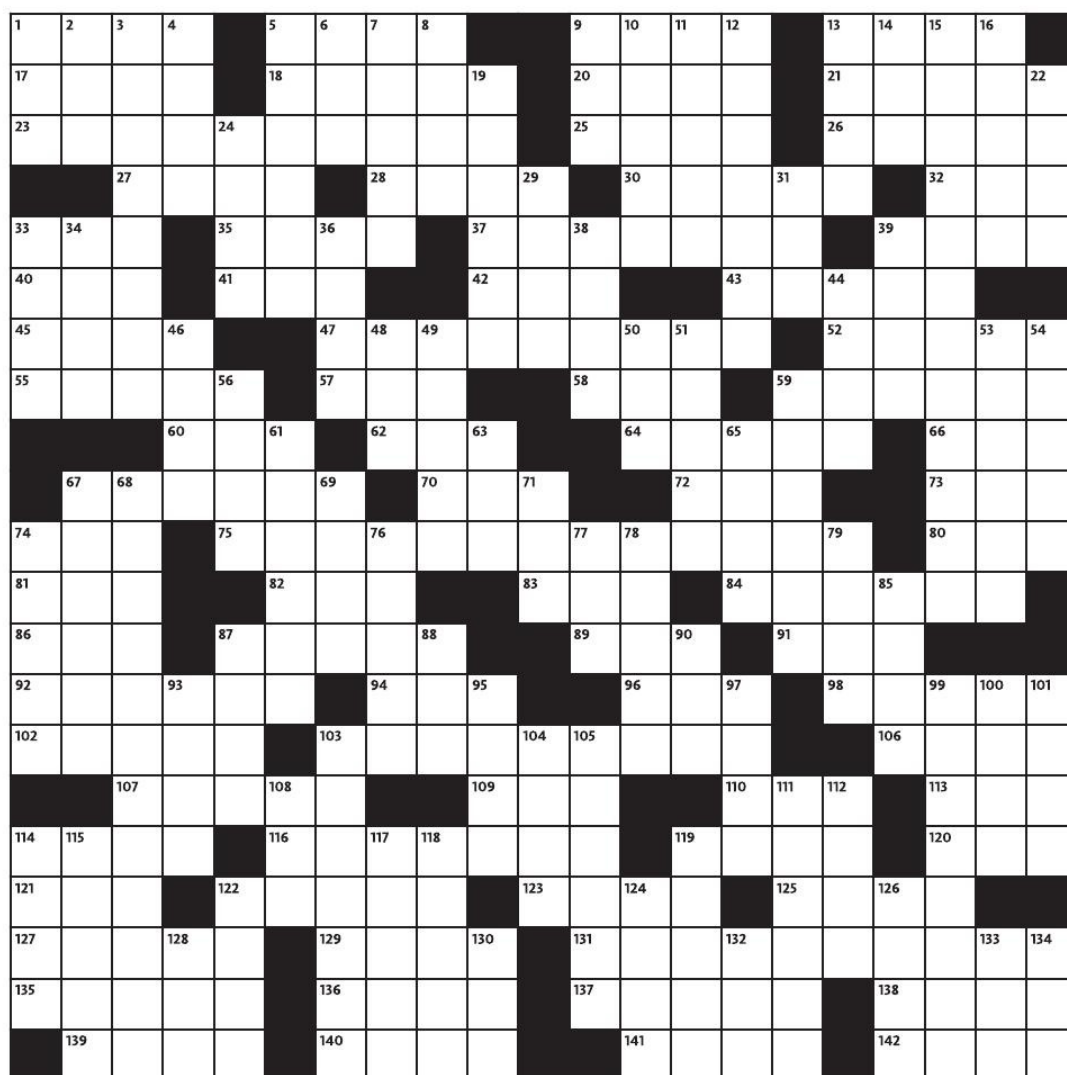
Toll-free reservations:
Within the U.S. and Canada:
800.ALASKAAIR
(800.252.7522)
(TTY 800.682.2221)
alaskaair.com

En Español:
800.858.5525
From Mexico:
001.800.252.7522

Alaska Airlines Vacations:
844.762.0087
vacations.alaska-air.com

ACROSS

- 1 Kind of 5 Across
 5 Tasty pome
 9 Tie securely
 13 Flat hats
 17 Big plot
 18 Vampire
 20 Rose's beloved
 21 Healing succulents
 23 Robin Hood's squeeze
 25 Thomas or Horace
 26 Alice's husband
 27 Spare
 28 Flush
 30 Tender chicken
 32 Fabrication
 33 Youth gp.
 35 Trial tape
 37 More chancy
 39 Pair
 40 Actor Holm
 41 Assam silkworm
 42 Exist
 43 Billiard shot
 45 Azerbaijan's capital
 47 Wahlberg's alias
 52 Comes close
 55 Fort ____
 57 Adherent's ending
 58 Give-go link
 59 Sitting duck
 60 Romanian currency
 62 Funny couple
 64 Nagpur nurses
 66 Actress Hagen
 67 Izmir, once
 70 Wee battery
 72 It fits in a lock
 73 Sundial reading
 74 It may be split
 75 AKA Norma Jean Baker
 80 Embarrassed
 81 Bruin legend
 82 Playwright Jonson
 83 Be hip to
 84 Gold coins
 86 Early bird?
 87 Sylvan clearing
 89 Density designation
 91 Dactyl
 92 Malicious sort
 94 "Like" suffix
 96 Fore's partner
 98 Epics
 102 Alluring woman
 103 Rod Stewart hit
 106 Brace
 107 Wipe clean
 109 Prince Valiant's son
 110 Pressure meas.
 113 Wind dir.
 114 Aware of
 116 August birthstone
 119 Plays the ponies
 120 Intl. trade group
 121 Beaver's pride
 122 Regularly



- 123 Observe
 125 ____ Bator
 127 Climbing tool
 129 Romance lang.
 131 Peter Pan portrayer
 135 Desire strongly
 136 Granny
 137 Censor
 138 Office brief
 139 First place?
 140 Increased
 141 Track loops
 142 Kennel cries

DOWN

- 1 Loud thud
 2 Andean tuber
 3 Colombo's milieu
 4 Turn over
 5 Smoothing machine
 6 Auricle
 7 Barcelona buddy
 8 Iranian cash
 9 Felon's flight
 10 Toward the rear
 11 Biblical mount
 12 Nag
 13 Alpine lake
 14 In that way
 15 Irish-society member
 16 Photograph tint
 19 Arctic jacket
 22 Garden structure
 24 Constructed
 29 Sinewy
 31 Openings
 33 Lettuce variety
 34 German region
 36 Ms. Rogers
 38 Conductor's intro?
 39 Go-getter
 44 Gene components
 46 Hard to look at
 48 Took courses
 49 Of the kidney
 50 ____ glance
 51 Cellulose material

- 53 Binds again
 54 Dignified
 56 Seed
 59 Larynx's site
 61 Incompetent
 63 Utter
 65 Bern's river
 67 Composer Prokofiev
 68 Expert on Samoa
 69 Scope
 71 Addition word
 74 Verses
 76 Tibet neighbor
 77 Former orbiter
 78 Old alphabet
 79 Personality parts
 85 Jump
 87 Ms. Hecht
 88 U.K. country
 90 Scent ____ Woman
 93 Infamous emperor
 95 "Jeepers!"
 97 Class
 99 Chinese drink

- 100 Of best quality
 101 Blueprint detail
 103 Assembly
 104 Smooth things
 105 Bury
 108 Lotion letters
 111 Tree leftovers
 112 Cuba, por ejemplo
 114 Pindaric
 115 Shell liner
 117 Pave anew
 118 Absurd
 119 Kentucky college
 122 Farm team?
 124 Exaggerated
 126 Major employer?
 128 Blvd.
 130 Bar code?
 132 Informal assent
 133 Little rascal
 134 Refusals

SOLUTION ON PAGE 202.

PennyPress®

© 2018 PENNY PUBLICATIONS, LLC
VISIT PENNYDELLPUZZLES.COM



\$500,000+ TOURNAMENT

\$15,000 PRELIMINARY TOURNAMENTS:

EVERY THURSDAY IN JULY | AUGUST 2 & 9

- FREE Registration: 5pm – 7pm | Tournament: 6pm
- Must be a Players Club member to participate
- Top 20 players from each preliminary tournament will advance to qualifiers
- 1st place wins \$5,000 CASH
- All participants receive \$20 Free Play*

\$50,000 QUALIFIERS:

SATURDAY, AUGUST 18

\$220,000 FINALS:

SATURDAY, AUGUST 25

Visit muckleshootcasino.com for details.



*Free Play will be awarded onto player account within 24 hours after the completion of the tournament. Promotions are subject to change without notice. Must be a Players Club member to participate. Free Play may not be available on all machines. Points are not earned on Free Play. For Free Play limitations, rules and details, see Players Club. Management reserves all rights.

THE BIGGEST & BEST IN THE NORTHWEST

20 minutes from SEA-TAC International Airport
I-5 South to WA 18 East • Auburn Way Enumclaw Exit



2402 Auburn Way South, Auburn WA 98002
800-804-4944 | muckleshootcasino.com



IT'S ALL ABOUT YOU



\$10 IN FREE PLAY

Code: PUBAKFP718

Present your airline ticket stub (paper or electronic) or bring this ad to the Players Club for your Free Play offer!



Limit one Free Play redemption per guest per month. Not to be combined with other publications, promotional offerings and holidays. Must be or become a Players Club member to participate. Membership is free! Offer expires July 31, 2018. Free Play may not be available on all machines. For Free Play limitations, rules and details, see Players Club. Promotions are subject to change without notice. Management reserves all rights.

LADDERGRAM

First, write the word that fits the first definition into space 1. Then drop one letter and rearrange the remaining letters to form the answer to definition 2. Drop one more letter, rearrange and get the answer to definition 3. Put the first dropped letter into the box to the left of space 1 and the other dropped letter into the box next to space 3. When you have correctly solved the puzzle, the dropped letters on the left and right, when read down, will spell out related words.

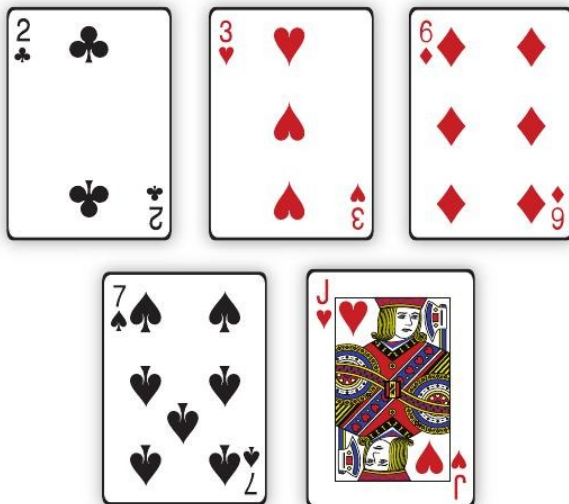
1.	2.	3.	
4.	5.	6.	
7.	8.	9.	
10.	11.	12.	
13.	14.	15.	
16.	17.	18.	
19.	20.	21.	

DEFINITIONS

- | | | |
|---------------------|-------------------------------|------------------------------|
| 1. Steal | 9. Decompose | 15. Vibrant hue |
| 2. Pilot, basically | 10. Wall-to-wall rug | 16. Gave a cost to |
| 3. Make angry | 11. Come to a point gradually | 17. Group of lions |
| 4. Egg dish | 12. Harvest (a crop) | 18. Sign of faulty plumbing |
| 5. Traveler's inn | 13. ___ Island, Connecticut | 19. Popular casino card game |
| 6. Lose plumage | neighbor | 20. Thick cord |
| 7. Main artery | 14. Assemblage of buffalo | 21. "The Raven" writer |
| 8. Poi source | | |

CARD SENSE

Five playing cards were shuffled and put in a pile, one on top of another. Using the clues, can you identify each card's position in the pile?



- The six is somewhere below both hearts.
- The club is somewhere above the seven.
- The three is somewhere below the spade.
- The black cards are not adjacent.

ANAGRAM MAZE

The diagram contains 36 words, 19 of which are anagrams of other everyday words. Start at the top arrow and anagram POTS. While solving, move up, down, right or left to the only adjacent word that can be anagrammed. Continue until you arrive at the bottom arrow. There is only one path through the maze.

1 JIVE	2 WHIM	3 FOIL	4 POTS	5 BALE	6 BURY
7 NUMB	8 CUFF	9 OMIT	10 PILL	11 OOZE	12 LAKE
13 COLA	14 MODE	15 LEAN	16 IDLE	17 DENT	18 NEWT
19 MAID	20 FAIL	21 DULL	22 PLAN	23 QUIZ	24 CUBS
25 KEEP	26 YELP	27 SPAR	28 SIRE	29 PRIG	30 FOUR
31 HEAR	32 RIOT	33 REAM	34 TYPE	35 PANS	36 WAIT

SOLUTIONS ON PAGE 203.

2018 PENNY PRESS, INC. ©
PENNYDELLPUZZLES.COM

PennyPress®

CONNECT WITH OUR ADVERTISERS

» AlaskaBeyondMagazine.com/Ads

ACCOMMODATIONS

GRAND SOLMAR LAND'S END
RESORT & SPA
www.grandsolmar.com

HILTON GRAND VACATIONS CLUB
AT MARBRISA
marbrisaoffers.com/Alaska

HOTEL BELLEVUE
www.thehotelbellevue.com

INN @ NORTHRUP STATION
www.northrupstation.com

PINEAPPLE HOSPITALITY
www.staypineapple.com

PRINCESS LODGES
www.princesslodges.com

TOP OF THE WORLD HOTEL
www.tundratoursinc.com

VILLA DEL PALMAR LORETO
www.villadelpalmarloreto.com

WELK RESORTS
www.welkresorts.com

CASINOS

MUCKLESHOOT CASINO
www.muckleshootcasino.com

NORTHERN QUEST RESORT &
CASINO
www.northernquest.com

RESTAURANTS

ANCHORAGE ALEHOUSE
www.alaskaalehouse.com

ANTHONY'S RESTAURANTS
www.anthonys.com

THE CRAB POT SEATTLE
www.thecrabpotseattle.com

ELLIOTT'S OYSTER HOUSE
www.elliottsoysterhouse.com

JOHN HOWIE STEAK
www.johnhowiesteak.com

LAVELLE'S BISTRO
www.lavellesbistro.com

LECHON
www.lechonpdx.com

MARIA HINES RESTAURANTS
www.mariahinesrestaurants.com

METROPOLITAN GRILL
www.themetropolitangrill.com

PEARL BAR AND DINING
www.pearlbellevue.com

SEASTAR RESTAURANT
AND RAW BAR
www.seastarrestaurant.com

TOM DOUGLAS RESTAURANTS
www.tomdouglas.com

TRANSPORTATION

DAVE SMITH MOTORS
www.davesmith.com

LYNDEN, INC.
www.lynden.com

MATSON
www.matson.com

SPAN ALASKA
www.spanalaska.com

BUSINESS SERVICES

AVISTA
www.avistautilities.com/bizrates

CONSTRUCTION MACHINERY
www.cmiak.com

NU FLOW ALASKA
www.nuflowalaska.com

SABEY DATA CENTER PROPERTIES
www.sabey.com

T-MOBILE
www.t-mobile.com

LEGAL SERVICES

ROY LAW
www.roylawllc.com

FINANCIAL SERVICES

ALASKA AIRLINES VISA
BUSINESS CARD
www.bankofamerica.com/
akbizcardmag

ALASKA AIRLINES VISA
SIGNATURE CARD
www.alaskaoffer.com

BECU
www.becu.org

HOMESTREET BANK
www.homestreet.com

RECRUITING

NORTHWEST ARCTIC BOROUGH
SCHOOL DISTRICT
www.nwarctic.org/apply

NORTON SOUND HEALTH
CORPORATION
www.nortonsoundhealth.org

SAMUEL SIMMONDS
MEMORIAL HOSPITAL
www.arcticslope.org

SOUTHCENTRAL FOUNDATION
www.southcentralfoundation.com

SOUTHEAST ALASKA REGIONAL
HEALTH CONSORTIUM (SEARHC)
www.searhc.org

TANANA CHIEFS CONFERENCE
www.tananachiefs.org

PERSONAL ENRICHMENT

IT'S JUST LUNCH
www.itsjustlunch.com

HAWAII

ALI'I KULA LAVENDER
www.aliikulalavender.com

ATLANTIS ADVENTURES
www.atlantisadventures.com

BROOKFIELD HOMES HAWAII
www.brookfieldhawaii.com

FARM CREDIT SERVICES OF
HAWAII, ACA
www.hawaiiifarmcredit.com

GERMAINE'S LU'AU
www.germainesluau.com

HAWAII ISLAND FESTIVAL
OF BIRDS
www.birdfesthawaii.org

HAWAII TITANIUM RINGS
www.hawaiiititaniumrings.com

HONOLULU COOKIE COMPANY
www.honolulucookie.com

ISLAND PET MOVERS
www.islandpetmovers.com

NA HOKU
www.nahoku.com

PARADISE COVE LU'AU
www.paradisecove.com

PARADISE HELICOPTERS
www.paradisecopters.com

THE SHOPS AT KUKUI'ULA
www.theshopsatkukuiula.com

THE SHOPS AT WAILEA
www.theshopsatwailea.com

TORI RICHARD
www.toririchard.com

WAIMEA VALLEY
www.waimeavalley.net

REAL ESTATE

50 PINE STREET
www.50pinestreet.com

ALASKA MENTAL HEALTH
LAND TRUST
www.mhtrustland.org

DANZANTE BAY AT THE ISLANDS
OF LORETO
www.bajahome.com

FLOATING HOMES PORTLAND
www.floatinghomesportland.com

GRIDIRON
www.gridironcondos.com

HUGHES MARINO, INC.
www.hughesmarino.com

JOHN L. SCOTT—BELLEVUE
www.exceptionalhomesjls.com

LOOKOUT @ LAKE CHELAN
www.chelanlookout.com

LUX APARTMENTS
rentatlux.com

RANCHO SAN LUCAS
www.ranchosanlucas.com

RE/MAX PACIFIC NORTHWEST
www.remax.com

REALOGICS SOTHEBY'S
INTERNATIONAL REALTY
www.rsir.com

SOUTHPORT ON
LAKE WASHINGTON
www.southport.life

SPIRE SEATTLE
SpireSeattle.com

SUN VALLEY, IDAHO
LUXURY LIVING
www.rixonandcronin.com

TERRIE COX, PC
www.usa-relocate.com

CONNECT WITH OUR ADVERTISERS

» AlaskaBeyondMagazine.com/Ads

REAL ESTATE

THUNDER SPRING
www.tsresidences.com

VODA KIRKLAND
www.rentvoda.com

WHIPPLE CREEK VILLAGE
www.whipplecreekvillage.hasson.com

WINDERMERE—GARY EVERIST
www.garyandkyle.com

WINDERMERE—KRITSONIS
AND LINDOR
www.kritsonislindor.com

WINDERMERE—KYLE ROSE
www.garyandkyle.com

WINDERMERE LOS CABOS
www.windermereoscabos.com

EDUCATION

COMPASS COURSES
MARITIME TRAINING
www.compasscourses.com

DENALI EDUCATION CENTER
www.denali.org/zerolandfill

FOSTER SCHOOL OF BUSINESS—
UNIVERSITY OF WASHINGTON
www.foster.washington.edu/emba

HEALTH & BEAUTY

20|20 LIFESTYLES
www.2020lifestyles.com

AIRLIFT NORTHWEST
www.airliftnw.org/alaska

ALGONE ALASKA
www.algonealaska.com

ARCTIC CHIROPRACTIC
www.arcticchiropractic.com

CAPILLUS
www.capillus.com

HAIR TRANSPLANT SEATTLE
www.hairtransplantseattle.com

LARSON FAMILY MEDICINE
www.larsonmedicalaesthetics.com

MY BEST 10
www.mybest10.com

SCHICK SHADEL HOSPITAL
www.schickshadel.com

SEATTLE NEUROSURGERY
www.seattleneuro.com

SMILES BY DESIGN
www.shawnkellerdds.com

STERN CENTER FOR
AESTHETIC SURGERY
www.sternctr.com

SWEDISH RADIOSURGERY
CENTER—ESSENTIAL TREMOR
www.swedish.org/essentialtremor

TREDWAY SPINE INSTITUTE
www.tredwayspineinstitute.com

TRAVEL IDEAS

ALASKA RAILROAD
www.alaskarailroad.com

ANCHORAGE CITY TROLLEY
www.alaskatrolley.com

ANCHORAGE PEOPLE MOVER
www.peoplemover.org

CARAVAN TOURS
www.caravan.com

EXPLORE FAIRBANKS, ALASKA
www.explorefairbanks.com

KETCHIKAN VISITORS BUREAU
www.visit-ketchikan.com

MASTERPARK
www.masterparking.com

MORRIS THOMPSON CULTURAL &
VISITORS CENTER
www.morrishompsoncenter.org

SEATTLE-TACOMA
INTERNATIONAL AIRPORT
www.seatacshops.com

SHUTTLEPARK2
www.shuttlepark2.com

TRAVEL JUNEAU
www.traveljuneau.com

VISIT ANCHORAGE
www.anchorage.net

WILLAMETTE VALLEY VISITORS
ASSOCIATION
www.oregonwinecountry.org

THINGS TO SEE & DO

ADVENTURE BOUND ALASKA
www.adventureboundalaska.com

ALASKA NATIVE HERITAGE CENTER
www.alaskanative.net

ALASKA SEAPLANES
www.flyalaskaseaplanes.com

ANCHORAGE MARKETS
www.anchoragemarkets.com

ARGOSY CRUISES
www.argosycruises.com

COME FROM AWAY
www.comefromaway.com

FLYING HERITAGE COLLECTION
www.flyingheritage.com

K1 SPEED INDOOR KART RACING
www.k1speed.com

KODIAK BROWN BEAR CENTER
www.kodiakbearcenter.com

MOPOP
www.mopop.org

MOUNT ROBERTS TRAMWAY
www.mountrobertstramway.com

SPACE NEEDLE
www.spaceneedle.com

UNIVERSITY OF ALASKA MUSEUM
OF THE NORTH—FAIRBANKS
www.uaf.edu/museum

CULINARY CORNER

10TH AND M SEAFOODS
www.10thandmseafoods.com

ALASKA SAUSAGE & SEAFOOD
www.alaskasausage.com

THE GREEN COFFEE BEAN COMPANY
www.tgcbc.com

HOOD RIVER CHERRY COMPANY
www.hrcherrycompany.com

TAKU SMOKERIES
www.takustore.com

BREWERIES

ALASKAN BREWING COMPANY
www.alaskanbeer.com

ELYSIAN BREWING COMPANY
www.elysianbrewing.com

WINE & WINERIES

MARYHILL WINERY
www.maryhillwinery.com

PONZI VINEYARDS
www.ponziwines.com

TRiBella
www.tribellawine.com

HOME & GARDEN

THE GILDED LILY
www.gildedlilyhome.com

GOOD IDEAS

ARTFUL ASHES
www.artfulashes.com

SHOPPING

ALASKA MINT
www.alaskamint.com

THE BELLEVUE COLLECTION
www.bellevuecollection.com

DAVID GREEN MASTER FURRIER
www.davidgreenfurs.com

EMERALD CITY GUITARS
www.emeraldcityguitars.com

NAU
www.nau.com/outsidiers

PACIFIC PLACE
www.pacificplaceseattle.com

QUIP NYC, INC.
www.getquip.com/alaska

SITKA FUR GALLERY
www.akfurs.com

TONGASS TRADING COMPANY
www.tongasstrading.com

UNTUCKIT
www.untuckit.com

VAYA
www.vayalife.com

GIFT IDEAS

OOMINGMAK MUSK OX
www.qiviut.com

SEATTLE CHOCOLATES
www.seattlechocolates.com

» READ OUR DIGITAL EDITION AT ALASKABEYONDMAGAZINE.COM

Complete each sudoku grid by placing a number in each box so that each row, column and small nine-box square contains the numbers one to nine exactly once. **Solutions on page 202.**

DIFFICULTY: **EASY**

2			8			4		
	5			9	4	7		3
	7		6				9	
4	1				6	3	5	
5			4		1			7
	8	6	3				4	1
	3				7		2	
9		7	5	6			3	
		1			2			8

DIFFICULTY: **MEDIUM**

					1		5	4
4	5			2				
1		2	3	4				
6			2		3	5		
	3	7				8	6	
		5	8		6			9
				5	2	9		6
				6			7	3
8	6		4					

COPYRIGHT © 2018 PENNY PUBLICATIONS, LLC. VISIT PENNYDELLPUZZLES.COM

PennyPress®

WORLD CLASS SELECTION

Natural Cross Mink Parka
With Hood

Trimmed In Blue Fox And Silver Fox

EXCLUSIVELY AT



CHECK US OUT ONLINE
SitkaFurGallery.com

KETCHIKAN | 312 Mission St. | 907.225.3877
SITKA | 108 Lincoln St. | 907.747.8870



100% ELECTRIC

GOING GREEN HAS NEVER BEEN THIS FUN


LOCATIONS NATIONWIDE WWW.K1SPEED.COM f i t @ y t s

PROFESSIONAL MARINERS



THERE MAY COME A
TIME AT SEA
WHEN YOUR TRAINING
**MAY SAVE
YOUR LIFE**
**ARE YOU
READY?**

**COMPASS
COURSES**
MARITIME TRAINING
CompassCourses.com
425.778.1923

Artful Ashes



*Your loved one's ashes
memorialized within glass art*

Greg and Christina Dale
206.409.0337
www.artfulashes.com
Seattle, WA Est. 2012

f
i
p

CROSSWORD ON PAGE 196.

B	O	S	C	P	E	A	R	L	A	S	H	T	A	M	S			
A	C	R	E	L	A	M	I	A	A	B	I	E	A	L	O	E	S	
M	A	I	D	M	A	R	I	A	N	M	A	N	N	R	A	L	P	H
L	E	A	N	G	L	O	W	C	A	P	O	N	L	I	E			
B	S	A	D	E	M	O	R	I	S	K	I	E	R	D	Y	A	D	
I	A	N	E	R	I	A	R	E	C	A	R	O	M					
B	A	K	U	M	A	R	K	Y	M	A	R	K	N	E	A	R	S	
B	R	A	G	G	I	T	E	I	T	A	T	A	R	G	E	T		
L	E	U	E	N	S	A	A	Y	A	H	S	U	T	A				
S	M	Y	R	N	A	A	A	A	O	A	R	I	I					
P	E	A	M	A	R	I	L	Y	N	M	O	N	R	O	E	R	E	D
O	R	R	B	E	N	D	I	G	E	A	G	L	E	S				
E	G	G	L	A	D	E	R	H	O	T	O	E						
M	E	A	N	I	E	I	N	E	A	F	T	S	A	G	A	S		
S	T	R	E	N	M	A	G	G	I	E	M	A	Y	P	R	O	P	
E	R	A	S	E	A	R	N	P	S	I	E	N	E					
O	N	T	O	P	E	R	I	D	O	T	B	E	T	S	E	E	C	
D	A	M	O	F	T	E	N	N	O	T	E	U	L	A	N			
I	C	E	A	X	I	T	A	L	M	A	R	Y	M	A	R	T	I	N
C	R	A	V	E	N	A	N	A	B	L	E	E	P	M	E	M	O	
E	D	E	N	G	R	E	W	L	A	P	S	Y	A	P	S			

SUDOKU ON PAGE 201.

DIFFICULTY: EASY

2	6	9	8	7	3	4	1	5
1	5	8	2	9	4	7	6	3
3	7	4	6	1	5	8	9	2
4	1	2	7	8	6	3	5	9
5	9	3	4	2	1	6	8	7
7	8	6	3	5	9	2	4	1
8	3	5	1	4	7	9	2	6
9	2	7	5	6	8	1	3	4
6	4	1	9	3	2	5	7	8

DIFFICULTY: MEDIUM

3	9	6	7	8	1	2	5	4
4	5	8	6	2	9	7	3	1
1	7	2	3	4	5	6	9	8
6	8	4	2	9	3	5	1	7
9	3	7	5	1	4	8	6	2
2	1	5	8	7	6	3	4	9
7	4	3	1	5	2	9	8	6
5	2	1	9	6	8	4	7	3
8	6	9	4	3	7	1	2	5

PennyPress®
2018 PENNY PUBLICATIONS, LLC ©
VISIT PENNYDELLPUZZLES.COM

LADDERGRAM

P	1. PILFER	2. FLIER	3. RILE	F
E	4. OMELET	5. MOTEL	6. MOLT	E
A	7. AORTA	8. TARO	9. ROT	A
C	10. CARPET	11. TAPER	12. REAP	T
O	13. RHODE	14. HERD	15. RED	H
C	16. PRICED	17. PRIDE	18. DRIP	E
K	19. POKER	20. ROPE	21. POE	R

CARD SENSE

The bottom card is not the three or jack of hearts (clue 1), two of clubs (clue 2), or seven of spades (clue 3); it is the six of diamonds. The seven of spades is somewhere below the two of clubs (clue 2) and somewhere above the three of hearts (clue 3). By clue 4, a red card is between the two of clubs and the seven of spades, so the two of clubs is on top, the jack of hearts is second from the top, the seven of spades is third, and the three of hearts is fourth. In summary, from top to bottom: two of clubs, jack of hearts, seven of spades, three of hearts, six of diamonds.

ANAGRAM MAZE

The path through the maze, with only one anagram given for each, is 4. stop; 5. able; 6. ruby; 12. leak; 18. went; 17. tend; 16. lied; 15. lane; 14. dome; 13. coal; 19. amid; 25. peek; 31. hare; 32. trio; 33. mare; 27. raps; 28. rise; 29. grip; 35. snap.

			4	5	6
					12
13	14	15	16	17	18
19					
25		27	28	29	
31	32	33		35	

NOW DEPARTING ORDINARY

Now Offering Complete Travel Packages. Boring Not Included.

Whatever is on your Alaska dream list - Denali National Park, glacier viewing, the famed wildlife, rafting - we'll handle your rail travel, lodging, excursions and activities between the moment you arrive in Alaska to the time you leave. Simply select the Alaska travel package that's perfect for you.

— Browse travel packages at AlaskaRailroad.com/TravelPlanning —
or call 800.544.0552

ALASKA
RAILROAD

NU FLOW
RELINING REPAIR RENEW

INDUSTRIAL RESIDENTIAL COMMERCIAL

Fix Your Pipes From The Inside
Half The Cost Of Pipe Replacement!

BEFORE AFTER Epoxy coatings

BEFORE AFTER Structural Liners

3" Water Main Before & After Epoxy Coated **Epoxy Lined 2" - 6" Waste Drain Lines** **4" Cast Iron Before & After Epoxy Lined**

Why Replace? Our patented technology creates a new pipe within the original pipe restoring it to a "better than new" condition for a long-term solution - without digging or tearing up walls, ceilings or floors. 50-year life expectancy. Certified Green Technologies, NSF 61 & UL Classified.

Used in host pipes consisting of copper, clay, concrete metal, iron, clay, concrete, metal, iron, steel, PVC, and fiberglass. Pipe diameter applications range from 1/2" to 12". Applicable use in the following piping systems, in any infrastructure, in every market sector:

- Potable hot and cold drinking water lines
- Potable water distribution mains
- Industrial pressure applications
- Compressed air systems
- Process pipes
- Hydronic systems (air & water) Heating and cooling lines
- Fire suppression sprinkler systems
- Natural gas and petroleum product lines
- Electrical conduit
- Collection, Hold and Transfer (CHT) systems in maritime vessels
- Water & distribution mains
- Storm drains
- Rain and roof leaders
- Drain & sewer lines
- Vertical & vent stacks
- Industrial pressure applications
- Repair broken pipes

www.nuflowalaska.com
phone: (907) 677-2145 fax: (907) 677-2566
info@nuflowalaska.com

www.nuflowsp.com
phone: (808) 426-7924 fax: (808) 518-4555
info@nuflowsp.com

#IFLYALASKA



» **“O‘ahu is more than just pretty beaches!”** says Instagram user Chelsea Denning (@familybeachtravel), seen here with son Reef. “My husband, Mike, and I lived on the North Shore before we had kids, so we love coming back and showing the kids our old stomping grounds near Kahuku. What a beautiful trip down memory lane.”

Tag your journey with #iFlyAlaska so we all can share in your adventures.



/AlaskaAirlines



@AlaskaAir



@AlaskaAir

Visit our blog: blog.alaskaair.com.



WORLD'S LARGEST CHRYSLER DODGE JEEP RAM DEALER



210 NORTH DIVISION, KELLOGG, IDAHO • DAVESMITH.COM • 800-635-8000

NEW RAM 3500 LARAMIE CREW CAB 4X4 SLINGSHOT EDITION

OVER 1,000 NEW RAM TRUCKS
ONLINE TO CHOOSE FROM



NO ONE DOES CUSTOMS LIKE DAVE SMITH • ACCESSORY AND BODY SHOP ON SITE FOR YOUR CUSTOM VEHICLES



NEW 2019
RAM 1500 LIMITED CREW CAB 4X4

NEW 2018
WRANGLER UNLIMITED RUBICON

NEW 2018
CHRYSLER PACIFICA HYBRID

NEW 2018
DODGE CHALLENGER GT

NORTHWEST'S LARGEST GM DEALER SINCE 1994



NEW 2018 CHEVROLET SILVERADO 2500 DURAMAX DIESEL LTZ CREW CAB 4X4 SLINGSHOT EDITION

OVER 650 NEW GM TRUCKS
ONLINE TO CHOOSE FROM



NEW GMC SIERRA 2500 DURAMAX
DIESEL SLT CREW CAB 4X4

NEW CHEVROLET CORVETTE Z06

NEW BUICK CASCADA SPORT

DAVE SMITH DAVESMITHS.COM • 800-635-8000 • 210 NORTH DIVISION STREET, KELLOGG, ID

STATE DEFINITION OF HASSLE FREE BUYING IS THE CUSTOMER'S CHOICE TO BUY WITHOUT THE HASSLE OF NEGOTIATING.

CALLING & TEXTING INCLUDED WHEN YOU TRAVEL TO CANADA AND MEXICO

Because we give you more, not charge you more.



Find out more about international coverage at T-Mobile.com/travel

ARE YOU WITH US?™

T-Mobile®

1-800-T-MOBILE T-Mobile.com

Limited-time offer; subject to change. **T-Mobile ONE General Terms:** Capable device required for some features. U.S. roaming and on-network data allotments differ: includes 200MB roaming. Unlimited talk & text features for direct communications between 2 people; others (e.g., conference & chat lines, etc.) may cost extra. Unlimited high-speed data U.S. only. In Canada/Mexico, up to 5GB high-speed data then unlimited at up to 128kbps. T-Mobile ONE not available for hotspots and some other data-first devices. For the small fraction of customers using >50GB/mo., primary data usage must be on smartphone or tablet. **Stateside Int'l Talk:** Calls must originate on T-Mobile's U.S. network or in Canada/Mexico. Rates and included countries vary and may change. **Coverage** not available in some areas; we are not responsible for our partners' networks. **Network Management:** Service may be **slowed, suspended, terminated, or restricted** for misuse, abnormal use, interference with our network or ability to provide quality service to other users, or significant roaming. See T-Mobile.com/OpenInternet for data management details. **Not for extended international use; you must reside in the U.S. and primary usage must occur on our network.** Device must register on our network before international use. **See Terms and Conditions (including arbitration provision)** at www.T-Mobile.com for additional information. T-Mobile and the magenta color are registered trademarks of Deutsche Telekom AG. © 2018 T-Mobile USA, Inc.