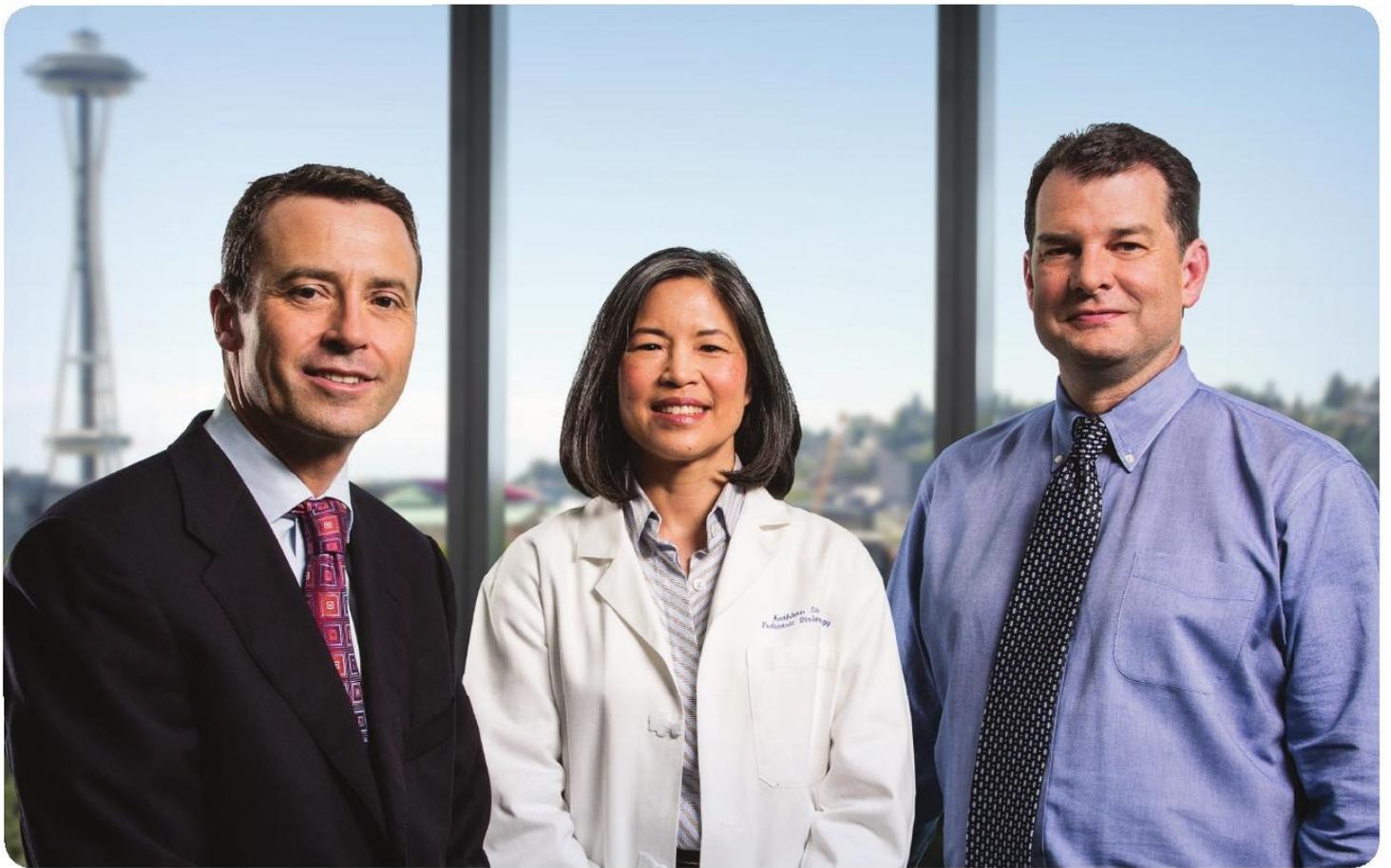


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Sun and fun in Santa Barbara, page 64.

FEATURES



14 A TOUR THROUGH HISTORIC PORTLAND
Landmark attractions in the City of Roses.

29 IDAHO
32 Recreational Gems.
47 Wine Time in Idaho.
52 Impressive Idaho.

64 COASTAL CHARM
Santa Barbara is known as 'The American Riviera.'

76 GOING MOBILE
These games are apps to please.



Mobile apps, page 76.

DEPARTMENTS

5 UP FRONT
A message from Chief Executive Officer Brad Tilden.

7 THE REGION

- World-premiere dances.
- Silver State Sesquicentennial.
- Festival for wine and food lovers.
- News & Notes.
- Inaugural Tree City Comic Con.
- History by candlelight.
- Talked About.
- Savor the San Juans.
- Indie-games exhibit.

86 CROSSWORD

89 WELCOME ABOARD
Flight information, Mileage Plan frequent-flier program, vacation packages, route maps and more.

96 AIR TIME
Transformative experiences.

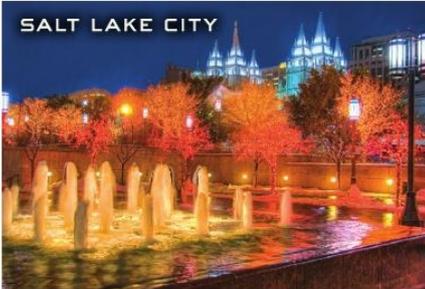
Cover: A fly-fisherman enjoys scenic surroundings at Silver Creek in the Sun Valley area. Photo by Steve Bly / Idaho Stock Images.

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Brad Tilden

Taking One for the Team



Our employees give to so many worthwhile causes in the communities where we fly. Below, Joe Sprague, Alaska Airlines' senior VP of communications and external relations, tells how one of our Seattle airport employees takes giving to heart. —Brad Tilden, CEO

The Seahawks are my team. I've been a fan since Jim Zorn threw a pass to Efen Herrera—the placekicker!—in a game in 1979. So when I went out to the airport this past February for our special 12th Fan Airlift to the big game, I didn't think anyone could match my level of enthusiasm. I was wrong. Alaska Airlines employee Shelley Pauls, a supervisor at Sea-Tac Airport, was bursting with energy as she coordinated all the details of this unique flight. Balloons, a photo booth dedicated to quarterback Russell Wilson, a 12th Man flag that she had everyone sign ... she was "in the zone" as she worked to ensure our guests had a memorable departure that morning.

It turns out that Shelley loves to organize. More specifically, she loves to organize people to help great causes—whether they are Seahawks-related or events such as the Relay For Life at Sea-Tac Airport. The Relay For Life, which she has supported the last three years, is an incredibly inspiring opportunity to create awareness about cancer risk, and to raise money to fight the disease.

For this year's event, held in May, Shelley not only got her own airport co-workers to run and walk laps at the airport in the name of fighting cancer, but she inspired other employees within our company, as well. And she doubled the previous year's fundraising! In all, Alaska Airlines had nine teams at Sea-Tac, including pilots, flight attendants, airport employees and more. Together, they raised \$46,000 for the American Cancer Society, more than any other airline. In fact, our pilots who participated were the largest single-team donor, raising more than \$16,000.

Besides Shelley's efforts for Relay For Life, she and her husband, Dwight, volunteer with Habitat for Humanity and are currently

helping to build homes in their community of Federal Way, Washington. She also volunteers at Reach Out, a homeless shelter, and at Feed My Starving Children, a nonprofit organization that packages meals and sends them to malnourished children overseas.

As you can see, Shelley has a knack for inspiring others—although she's quick to deny that, saying, "I'm just the noisy one who gets everyone together." She's equally fast to stress that there are many others at Alaska Airlines making similar efforts in their communities.

One of our leadership principles at Alaska is "Giving Back." It encourages employees to personally invest in the communities we serve. And, boy, do they! Like Shelley, many of our people

participate in—and organize—charity walks, climbs, bike rides and runs; nonprofit auctions; and other areas of community outreach. From the Portland Rose Festival to the Torchlight Parade at Seafair in Seattle, from the Alaska State Fair to the San Diego Food Bank's blues festival—and many smaller efforts—Alaska employees are doing a lot to boost the communities where we live, work and fly.

Our people often directly support the company's targeted corporate-giving partners—including the American Cancer Society, Fred Hutchinson Cancer Research Center, Boys & Girls Clubs, and

many, many others—for which we are privileged to provide complimentary air travel and other financial support. Recent gifts highlight our increasing emphasis on youth and education, including the Seattle Museum of Flight's soon-to-be-constructed Alaska Airlines Aerospace Education Center; Port Jobs, an organization supporting education and career planning for entry-level workers at Sea-Tac Airport; and an upcoming effort to support Alaska Native youth from rural parts of our namesake state.

Focusing on giving back to the communities we serve is important to us, and we are fortunate to have employees such as Shelley leading the way. Many thanks to all of our employees for what they do. And thank you for flying with us today.

—Joe Sprague, Senior VP of Communications and External Relations



Shelley Pauls (right), with fellow Relay For Life volunteers (from left) Maria Riley and Mary Shaffer.

Fight Aging NOW

Jan, age 70



Photos: Gerald Pope

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Dr. Upton, the Medical Director of the Anti-Aging Center at PRO Sports Club, has been practicing medicine for over 17 years. He became inspired by anti-aging through this extensive experience with preventative medicine.



LIFE ASKED ME TO DANCE. I ACCEPTED!

You might say I was sitting on the sidelines. After all, I had been a widow for 30 years. I devoted myself to managing family assets and sharing in the lives of my family, which included six great-grandchildren.

But being a good steward didn't include time for personal love and joy. Still, I lived a life of hope. Somewhere inside me I had expectations of good things to come. I had watched my friends benefit from programs at PRO Sports Club. At age 70, I decided I wanted to make a positive change too. I knew that while some of the keys to staying younger are entrenched in the mind, the physical changes are just as important. So I pursued a change in my weight, eating habits, exercise, and skin (to avoid the horrible brown spots and alligator skin typical of older people).

Another one of my goals was to get off synthetic estrogen, which has been known to cause cancer. I learned, through the Anti-Aging Center at PRO Sports Club, that I could lead a full and healthy life by adding all the hormones that my blood test showed me being deficient like testosterone, progesterone, thyroid, and vitamin D. My body came back to life. Hormone balancing woke me up. My weight is down, my muscles are toned, and my brain is ready to tease back when flirted with. I relish

my fitness because it has made such a difference. Thanks to my outstanding trainer, I can engage in activities and not hurt myself with strained muscles and injuries. Not only am I vibrantly aware of the joy of living in the moment, but I also appreciate life to the fullest.

And now here's the kicker! Four months into the program, my life turned upside down! I attended a ball auction and met the love of my life. The theme of the ball was, "The Stars Are All Aligned" and boy, they were for me! There's no way you can make that kind of thing happen at will. Frankly, I believe this gentleman and I found each other in the middle of room filled with 800 other people because the Anti-Aging program set me free to live life fully. My attorney says, "You're a 70-year-old going on 30." That pretty well sums it up! I used to read paperback novels and now I am one. I recently retired, so if you want me, you'll find me on the golf course, fly fishing on the river, or dancing all night with the love of my life. I want to assure you that I'm dancing all night and loving it!

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PORTLAND, OR

World-premiere dances

Each fall, Portland's Northwest Dance Project presents the "New Now Wow!" program of world-premiere contemporary dances.

This year's program, on stage Oct. 23-25, will feature premieres by Czech-born choreographer Jiří Pokorný, who previously has created works for the Nederlands Dans Theater; acclaimed Vietnamese choreographer Minh Tran, who immigrated to the U.S. in



1980; and award-winning Chinese choreographer Yin Yue, who moved to New York in the mid-2000s.

Northwest Dance Project's 2014-15 season will also include "Louder Than Words" and "Summer Splendors." Contact: 503-828-8285; nwdanceproject.org. —Nick Thomas

NEVADA

Silver State Sesquicentennial

Nevada celebrates 150th anniversary of statehood with special events



President Abraham Lincoln signed legislation on Oct. 31, 1864, to make Nevada the 36th state. Rich in Native history, natural resources, cultural attractions, and recreation ranging from outdoor adventures to gaming, the state has become one of the world's top travel destinations, and it is celebrating its sesquicentennial with many special events. Visit nevada150.org for more information on the below items, and for additional activities:

- In the capital city of Carson City (approximately 35 miles from Reno), take the Ghost Walk on Oct. 18; listen to the Nevada 150 Concert, Oct. 26, featuring music composed in honor of Nevada's history; and on Oct. 31, watch reenactment of the Morse Code transmission of the Nevada State Constitution to

President Lincoln for his signature. On Nov. 1, the Carson City Nevada Day Parade is scheduled to begin with a hot-air-balloon launch.

In addition, visitors can take self-guided tours of the Capitol (shown above), which was constructed in 1870 with materials such as Nevada sandstone, and is known for its silver-colored dome.

- In Reno, Classix Two, Oct. 11, 12 and 14, features the first full orchestral and choral arrangement of the state song, Home Means Nevada, commissioned and performed by the Reno Philharmonic.
- In Las Vegas, Oct. 31 events include a Nevada Day Parade and Old Nevada Days at Tule Springs. (Alaska Airlines, 800-ALASKAAIR, alaskaair.com, will provide new service between Las Vegas and Mammoth Lakes, California, Jan. 15–April 6, 2015.)



Did you know? The first major silver discovery in U.S. history, the Comstock Lode, was in Nevada in 1859. Northern Nevada is known for its black fire opals. Las Vegas has more hotel rooms than any other place on Earth. And Bugs Siegel named his casino "The Flamingo" for the long legs of his showgirl sweetheart, Virginia Hill.

—Source: nevada150.org

I Thought I Was on Top of the World

I'd been drinking to excess for years. Being in radio and on the road with rock acts, from Hendrix to Zeppelin, The Beach Boys to Bad Company, cocaine and other things also entered the picture. Oh sure, I thought

I was just fine, but several acquaintances saw it differently. There was an unwelcome intervention where a little group of friends cornered me and demanded that I get treatment. I thought, "Are you kidding? I'm no weak, simpering alcoholic or addict. I just like to drink." The group demanded I go to Schick Shadel Hospital in Seattle, which has a unique ten-day medical treatment that halts addictions. "OK, fine," I said. In ten days, these guys will get off my back and I can drink again, socially of course. Ten days later, I walked out of Schick Shadel Hospital to never have another drink. My habit, the urges, desire and the mixed-up rationale had simply gone, vanished; I was sober, happy and healed. So, may I tell you the rest of the story?

Mr. Charles Shadel of Seattle once said, "Something just isn't right. People are addicted to alcohol. It's wrecking lives. They want to quit, but they can't. Churches, rehab centers, counselors all try to help, but the craving seems impossible to extinguish. Soon, they're right back into drinking

or the drugs. We must be doing something wrong!" He joined with Doctors Lemere and Voegtlin in search of a solution.

It was clear from their studies that the conscious portion of the brain, the portion you're using as you read this, once addicted, lacks the power to erase the overpowering urge of dependency. These latent cravings simply become overwhelming. The doctors concluded, "To truly halt the habit, we must employ a more powerful portion of the brain, the subconscious" — And they did! Their stunning achievement created a medical treatment that has been proven to be very successful. Logically you're asking, "What is it they do?" The answer is that two powerful but painless medical innovations were combined to take away the cravings.

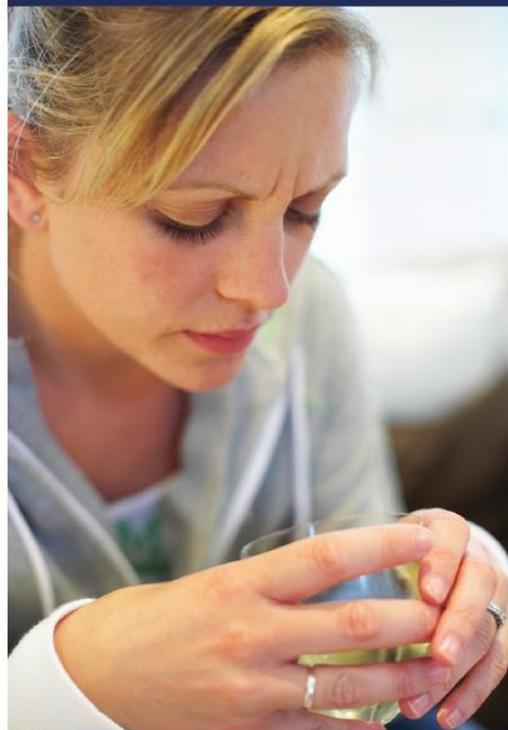
First, they developed a powerful "Counter Conditioning" methodology that "trains" the patient to hate the sight, smell, taste and thought of using the addictive substance.

Photo of Pat O'Day, Seattle radio personality, celebrating the completion of Seattle's Columbia Tower with a broadcast in 1984. (Photo courtesy of Dennis Law)

Second, the doctors introduced a medically administered minimal sedation interview, which is designed to get at the individualized substance abuse triggers for each patient. Schick Shadel's program restores the original wonderful person and gives them a new life in just 10 days. This success is enjoyed by more than 65,000 former patients, including myself!

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|------------------|------------------|
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| CAPABILITY | PERFORMANCE |
| COMPARE FORD | REAR VIEW CAMERA |
| DEPENDABILITY | SUPER DUTY |
| FORD DEALER | SYNC |
| F SERIES | TORQUE |
| HARD WORKING | TRUCK |
| HAUL | VERSATILE |
| LEADERSHIP | |

P	P	I	H	S	R	E	D	A	E	L	G	F	D	E
H	Y	K	G	I	T	S	J	M	M	C	N	O	E	L
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X	T	U	T	V	Q	D	P	Q	A	H	R	D	N	A
T	S	Y	D	X	I	A	X	O	U	O	O	E	D	S
R	T	X	R	R	R	A	L	Y	M	E	W	A	A	R
U	N	B	O	E	E	Y	C	N	Y	S	D	L	B	E
C	Q	I	F	H	A	P	H	B	R	N	R	E	I	V
K	I	O	T	P	P	A	U	P	F	X	A	R	L	D
M	R	N	L	O	U	R	M	S	U	Z	H	U	I	G
D	I	F	I	L	C	A	P	A	B	I	L	I	T	Y
V	D	A	U	F	S	E	R	I	E	S	I	G	Y	Y
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Eighty California wineries and 40 chefs from across the country will be participating in the **Big Sur Food and Wine Festival**, Nov. 6–9. The festival will include tastings; winemakers' dinners; the **Wine and Swine** event, featuring wines that pair well with pork dishes; the **Magical Mystery Tour**, an exploration of area homes and properties; and **Hiking with Stemware**, with a post-hike dinner.

An auction of wine-related experiences, such as private dinners, and personalized trips to wineries in Napa, Sonoma County and Santa Barbara, will raise money for education, health, safety and arts causes in the Big Sur area.

Located in Monterey County, on California's central coast, the Big

Sur area is famous for scenery that ranges from ocean surf to redwood forests. Festival attendees may want to visit sites such as the 1889 **Point Sur Lighthouse**; **Pfeiffer Big Sur State Park**, home to some of the county's oldest redwood groves; and **Los Padres National Forest**, which has about 300 miles of rugged hiking trails.

Contact: 831-667-0800, bigsur-foodandwine.org; and seemonterey.com. —*LaVendrick Smith*

DID YOU KNOW? The Beach Boys sang about Big Sur on their album "Holland," and the Red Hot Chili Peppers commemorated the area in their single *Road Trippin'*. Elizabeth Taylor and Richard Burton's classic film *The Sandpiper* was filmed in Big Sur. —*Source: seemonterey.com*

BOISE, ID

Inaugural Tree City Comic Con

Idaho State University professor Jeff Meldrum, the author of *Sasquatch: Legend Meets Science*, is among the speakers scheduled for the inaugural Tree City Comic Con, Oct. 17–18 in Boise. Also expected to attend the festival, and to participate in Q&A sessions, autograph signings and photo ops, are celebrities such as **John Rhys-Davies**, the Welsh actor who played Gimli, the red-bearded dwarf, in *The Lord of the Rings* trilogy; "bionic man"



Lee Majors and "bionic woman" Lindsay Wagner; Nichelle Nichols, best known for her *Star Trek* role as Uhura; Mark Sheppard, Crowley on TV's *Supernatural*; George Lazenby, an early James Bond; and actors from the 1960s *Addams Family* TV show and films, such as **Felix Silla**, who played Cousin Itt. The Comic Con will also include **costume contests, makeup workshops** and **skits**, such as a comedic 30-minute condensation of the first six *Star Wars* films. Contact: 208-919-1752; treecitycomiccon.com. —*Anna Harmon*

news & notes

Try out the paper-airplane launcher and the Hoverport in the exhibit "Take Flight," on view through mid-November at the **ScienceWorks Hands-On Museum** in Ashland, OR (science-works-museum.org).



▲ **Create Spokane Arts Month** takes place throughout October, with open studios, workshops and a costume ball (createspokane.com).

The **Seattle Beckett Fest** culminates with events such as **First Love**, a reading by Book-It Repertory Theatre, Oct. 10;

An Evening of Beckett-Inspired Music and Comedy, Oct. 17; and Sound Theatre Company's "5 by Beckett," Oct. 30 and Nov. 1–9 (seattlebeckettfest.org).

Pike Brewing Co. in Seattle is celebrating its 25th anniversary on Oct. 17, with special beers and the **2nd World's Shortest Non-Motorized Uphill Parade**—like the 1989 one (pikebrewing.com).

▼ The **15th Annual Mushroom, Wine & Beer Festival** will take place Nov. 7–16 throughout Mendocino County, CA, with mushroom-themed excursions, seminars, dinners and a cook-off (visitmendocino.com/mushroom-wine-and-beer-festival).



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GREAT FALLS, MT

History by candlelight

As visitors take a nighttime candlelit walk through the 7,000-square-foot exhibit hall at the **Lewis and Clark National Historic Trail Interpretive Center** in late October and early November, living-history actors will present scenes related to the Corps of Discovery.

The theme of this year's "Voices in the Shadows" program, Oct. 24–25 and Oct. 31–Nov. 1, is the Lewis and Clark Expedition's 1806 return trip to St. Louis, Missouri. During this part of the journey, the expedition members sometimes divided into several smaller groups. For instance, at one time **Sergeant Patrick Gass** had command of six men while Lewis, Clark and others explored elsewhere. Gass is one of the historical figures visi-



DID YOU KNOW? After Captains Lewis and Clark, interpreter **George Drouillard** was the highest-paid member of the Corps of Discovery, according to lewis-clark.org.

tors will encounter during "Voices." **George Drouillard**, whose skills as a woodsman, hunter and translator made him particularly valuable, is another interesting Corps of Discovery member being portrayed. Advance registration is required for "Voices," and tour participants are encouraged to bring canned goods for a local food bank.

The Lewis and Clark Interpretive Center, managed by the U.S. Forest Service, tells the entire story of the expedition and also hosts special events such as the **Central Montana Astronomy Society's fall stargazing parties**.
 Contact: 406-727-8733; fs.usda.gov/attmain/lcnf/specialplaces.
 —Nick Thomas

talked about

SEATTLE, WA

Enjoy a three-course dinner for \$30 at more than 160 Puget Sound-area restaurants participating in **Seattle Restaurant Week**, Oct. 19–23 and 26–30 (seattlerestaurantweek.com).

AROUND THE ROUTE SYSTEM

National Hispanic Heritage Month is being commemorated Sept. 15–Oct. 15 (hispanicheritagemoth.gov), and **Alaska Airlines** (alaskaair.com) is celebrating 25 years of serving Mexico.

BEND, OR

Tetherow Golf Club has announced that it is the first U.S. golf course to offer a fleet of **GolfBoards**—stable, 15-inch-wide, battery-powered boards with bag mounts—as a fun alternative to carts; signed waivers are required (tetherow.com).



SAN JUAN ISLANDS, WA

Savor the San Juans



The San Juan Islands, near Bellingham, Washington, are known for their natural beauty, and also for their fresh, locally grown/locally raised food products, and farm-to-table dining. In fact, the San Juans have been called "the gourmet archipelago."



During **Savor the San Juans—A Month-long Medley of Food, Farms & Art**, taking place in October, visitors can enjoy events such as harvest festivals, farm tours, farmers markets, farm dinners and Artstock. For **Bite of San Juan Islands**, Oct. 26, local chefs will team up with farmers and food producers to craft delicious bite-size samples made from island ingredients such as oysters, salmon, apples and pears. Contact: 888-468-3701; visitsanjuans.com/savor. —Kyle Jensen

SEATTLE, WA

Indie games

Museumgoers can play up to 20 unique video-games, created by small, independent companies, while exploring the exhibit "**Indie Game Revolution**" at the



EMP Museum at Seattle Center. The exhibit, opening Nov. 8 and expected to run for two years, will include not-yet-released titles.

Showcased games range from **Galak-Z: The Dimensional**, a sci-fi action game featuring Newtonian physics, to **Never Alone** (above), about Nuna, an Iñupiat girl who embarks on an Arctic quest with her fox companion.

The exhibit spotlights games and developers from across the globe. Every two months, **new games will be rotated into the exhibit**.

Contact: 206-770-2700; empmuseum.org.
 —Anna Harmon

PRIOR: 'VOICES IN THE SHADOWS' CAST MEMBERS. OFFICIAL U.S. FOREST SERVICE PHOTO; NEVER ALONE. UPPER ONE GAMES; FRIDAY HARBOR ON SAN JUAN ISLAND. PHOTO BY MARK GARDNER; DOE BAE GARDEN. COURTESY SAN JUAN ISLANDS VISITORS BUREAU; GOLFEER, COURTESY GOLFBROAD

LEFT: Built in 1909, the Seward Hotel was designed by William Christmas Knighton, the first known Oregon architect to use Viennese-influenced Early Modern and modified Arts and Crafts styles in his design. The sentinels adorning the roofline inspired the name of the Sentinel hotel, which now occupies the renovated building.

COURTESY SENTINEL



RIGHT: One of two flames that help illuminate the entrance to the Mark Building at the Portland Art Museum.

2-2.

COURTESY PORTLAND ART MUSEUM



RECORDED MARCH 6TH 1869.

A TOUR THROUGH HISTORIC PORTLAND

· BY JEFF WALLACH ·



When my wife, Renee, and I decide to flip a coin to determine whether we should begin our historic tour of Portland, Oregon, with a visit to the downtown art museum or the Oregon Historical Society museum, we're doing more than just choosing between two great historic attractions. We're re-enacting a pivotal event in the history of our hometown: the moment when, in 1845, Asa Lovejoy and Francis Pettygrove let a coin toss determine whether this city on the banks of the Willamette River would be named Portland or New Boston. Most Oregonians know the tale, but what they might not know is that the winner was decided by whoever had the most heads out of three flips. Pettygrove won, and the coin they tossed is on view in the lobby of the Oregon Historical Society museum, located along downtown's shady park blocks.

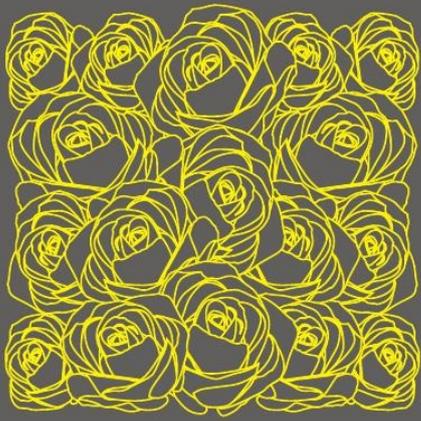


ABOVE: Henry Lewis Pittock, who traveled by wagon train from Pennsylvania to Oregon at the age of 19, became a newspaper editor, publisher, and wood and paper magnate.

LEFT: The Portland Penny, used in a coin-flipping contest to determine the city's name, is on display at the Oregon Historical Society museum.

	LOTS
COURT HOUSE	50
PUBLIC HOUSE	132
MARKET SQUARES	179
PUBLIC HOUSES	160
	12,948
(COUCH'S AD)	80
FEMALE ACADEMY	205
SISTERS OF CHARITY	151
METHODIST CHURCH	25
CATHOLIC CHURCH	17
PRESBYTERIAN CHURCH	47
CONGREGATIONAL CHURCH	70
UNITARIAN CHURCH	210
EPISCOPALIAN CHURCH	30
	56
MASONS	150
ODD FELLOWS	150
BRICK CISTERNS	0
WOODEN CISTERNS	0
STONE MONUMENTS	+

Note.
In recording this map reference in all respects is had to the map adopted by the Common Council of the City of Portland now on file at the office of the Clerk of the



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TOP AND LOWER LEFT, COURTESY PORTLAND ART MUSEUM



Renee wins our coin toss (three heads to zero!), and her first choice is to go see some paintings. The Portland Art Museum will be one of a handful of historic attractions we tour this year. In addition, a visit from my mom provides the perfect excuse to check out some of the city's other great landmarks, which people have been enjoying since not long after Oregon achieved statehood in 1859.



The Portland Art Museum (top) has an impressive permanent collection that ranges from this Japanese apothecary jar (c. 1670s) to European oil paintings and sculptures (right).

Started in 1892, the Portland Art Museum is the oldest in the Pacific Northwest and seventh-oldest in the United States—and speaking of old, the permanent collection stretches back as far as the classical Greeks and Romans. In fact, the collection began with the purchase of 100 plaster statues from the Greek and Roman eras, for \$10,000, when the museum was housed in the Public Library at Southwest Seventh and Stark. Today, a wide-ranging collection enhanced by temporary exhibits winds through the main building, designed by iconic Portland architect Pietro Beluschi, and the renovated Mark Building (formerly a Masonic temple) designed by Frederick Fritsch.

We begin our own tour with a review of the impressive permanent collection, which includes a sculpture courtyard, paintings from 17th century European mas-

ters, early Italian Renaissance art, a Chinese collection, silverworks and a rotating photo exhibit.

At Renee's suggestion, we pretend we're in one of the European cities we've viewed in some of the paintings, and we reward ourselves between sessions with a glass of local Elk Cove Pinot Gris in nearby Director Park, an outdoor plaza in the heart of downtown.

Then we head back to the museum to wander happily through a temporary exhibit featuring works from Paris' Tuileries Garden. Upcoming temporary exhibits scheduled for this fall and winter include "Blue Sky"—40 years of photography from local Blue Sky Gallery, featuring 120 works that demonstrate the gallery's contribution to establishing photography as a fine art; Native American ceramics and beaded bags, glass works, paintings, and other art from the Arlene



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COURTESY PITTOCK MANSION



COURTESY OMSI

ranging from chemistry and food science to physics and technology (omsi.edu).

Fort Vancouver: This national historic site is located on the north side of the Columbia River in Vancouver, Washington. More than 2.5 million artifacts document such topics as indigenous peoples, the Hudson’s Bay Company and the World War II-era Kaiser Shipyards.

For many future Oregonians, the fort was their last stop along the Oregon Trail (nps.gov/fova/index.htm).



Additional Portland Attractions

International Rose Test Garden: Located in Washington Park, the garden serves as a testing ground for new rose varieties and has awarded gold medals to the best creations since 1919, including the light pink “Bloomfield Abundance” (1919) and the orange/red “Reba McEntire” (2000) (portlandoregon.gov/parks/finder).



SHUTTERSTOCK.COM (2)

Museum of Contemporary Craft: Founded in 1937, the museum is the oldest continuously running craft institution in the country. Current exhibits include British ceramics (museumofcontemporarycraft.org).

Pittock Mansion (above), Sentinel hotel (left) and the Oregon Historical Society museum (below) all embody the fascinating history of Portland.



COURTESY SENTINEL

and Harold Schnitzer Collection and Legacy; Italian fashion from World War II to the present; and masterpieces from the École des Beaux-Arts in Paris.

Following a few cool, quiet afternoon hours in the museum and a detour through historic Pioneer Courthouse Square (fondly called “Portland’s living room”), Renee and I retreat via a 10-minute walk to our accommodations at the Sentinel hotel, which has some pretty significant history of its own. The oldest part of the current hotel, and now its east wing, was constructed in 1909 as the Seward Hotel. The architect, William Christmas Knighton, was the first known Oregon architect to employ Viennese-



COURTESY OHS

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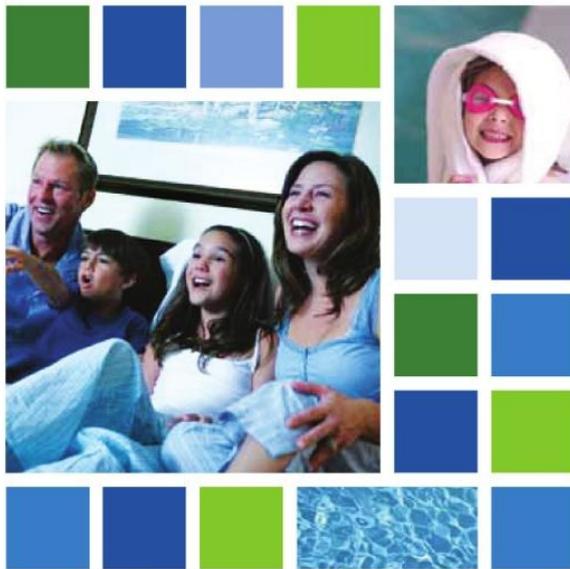
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influenced Early Modern and modified Arts and Crafts styles.

The Seward became the Governor Hotel in 1932, then a residential hotel, then home to the Atiyeh Bros. carpet store for a few decades before being renovated into a new Governor Hotel in 1992—which added the adjacent Elks Lodge (now the Sentinel's west wing), considered one of the top Italian Renaissance-style structures in the country.

The west wing is now home to hotel ballrooms encompassing the impressive original ceilings and Renaissance-style frescoes that caricature early Elks board members. The adjacent Jake's Grill boasts the original tile floors and stained-glass dome from the building, and a Starbucks now fills public spaces with the scent of roasted coffee.

The hotel, named for the sculptural sentinels that can still be seen along the roofline on the exterior of the building, was reopened in March, following a \$6 million renovation, under the astute management of Provenance Hotels.

After breakfast the next morning, Renee and I stroll down to the Oregon Historical Society museum (the society was founded in 1898). The star attraction here, to those who want to learn how hip and forward-thinking Oregonians have



COURTESY OHS

The star attraction at the Oregon Historical Society museum is the permanent "Oregon My Oregon" exhibit, which tells the story of the state from the time of its earliest inhabitants to the present era.

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been for centuries, is the permanent “Oregon My Oregon” exhibit. This award-winning display tells the story of our state from the earliest inhabitants to the arrival of Europeans and into the present era. Highlights include an old-timey black-and-white promotional film titled *Wild, Wonderful Rivers*, showing both work and play on the Columbia and other Oregon waterways. You can also see a vintage teardrop trailer that suggests the destination nature of our fine state, while installations on street kids and the homeless depict another side of the state’s history.

Even the hallway to the restrooms is packed with information on weather, geology, photos of Celilo Falls (covered by water after completion of a Columbia River dam) and more—as if there’s just so much to say about Oregon that it overflowed the exhibit spaces; in fact, the historical society’s collections include some 85,000 artifacts.

Other artifacts include a Trail Blazers uniform, a headboard from Bracie’s Roaring Twenties Nightclub, a sailboard, a longhorn steer statue that in 1890 was outside the Cattlemen Hotel at Fifth and Washington, and one of our favorites—a postwar soda fountain with tableside jukeboxes. When Renee keys in a few of the letter/number combos, a screen located above the soda fountain shows videos on topics ranging from fish to urban growth to Native American casinos. The soda fountain menus provide information on people quoted in the videos.

Also on display are items relating to a Japanese submarine firing on Fort Stevens at the mouth of the Columbia River in 1942—who knew there were such attacks during World War II?—and one of the most entertaining items of all: the sign created by Oregon Governor Tom McCall in 1971, for placement at the Oregon/California border, which reads: “Come visit us again and again. But for heaven’s sake, don’t come here to live.”

Renee and I happened to enter the exhibit through the exit, so we were treated to Oregon history as a retrospective starting with recent historical artifacts and carrying us back through time past items from Nike, TriMet, timber, mining, cov-





MICHAEL DURHAM / OREGON ZOO



SHERVIN HESS / OREGON ZOO

From flamingos to sea otters, the Oregon Zoo includes 1,955 animals representing 232 species.

ered wagons, wars, fur trappers, the reconstruction of a Hudson's Bay ship from 1811, Lewis and Clark, and ending with Nez Perce moccasins. Upcoming temporary exhibits at the museum include "Plastics Unwrapped," which explores how our culture was influenced by this man-made material, and "Place: Framing the Oregon Landscape," a collection of photographic works by 10 contemporary landscape photographers.

When my mother comes to town for a visit, we take the opportunity to check out two other major Portland attractions with unique histories. Back in 1882, a Portland pharmacist named Richard Knight gained a reputation for sheltering animals that wide-ranging sailors had acquired on their travels and eventually brought to Portland. Knight tried to sell them to the city, writing, "They are gentle, easily cared for, and cost but a trifle to keep, and knowing they would prove a great source of attraction to the city park [I] would like an offer for them before sending elsewhere." In response, the city offered to provide cages rather than money, and Knight provided one grizzly bear for free. The grizzly was installed in City Park (now Washing-



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PROVENANCE
HOTELS

ton Park) in 1888, and the Oregon Zoo was born. Animals began to gather as if for Noah, with the first Asian elephant arriving in 1953, penguins in 1962, and a steady stream ever since.

My mom and I walk as much of the zoo as we can. The current 64-acre operation focuses on sustainable practices, education and conservation. Five major exhibits with 23 specialized areas—such as Amur Cats, Cascade Crest, Black Bear Ridge and Predators of the Serengeti—sprawl across lovely acreage in the west hills. We drop in on Lance and Morgan, African slender-nosed crocodiles with slightly alarming

In addition to ample displays of a dizzying array of creatures, the zoo offers camps, classes and programs, including Zoo Snooze, in which visitors can spend the night in classrooms not too far from the habitats of nocturnal tigers and bats.

smiles; chimps Chloe, Jackson, Delilah and Leah, who seem more interested in grooming and hairstyling than visitors; and wild dogs Wally, Widdle and Wooster. We're not sure how many of the 1,955 animals representing 232 species we see, but even the most recent arrivals look content in the Red Ape Reserve, where orangutans and gibbons provide a lesson to other city dwellers on how to get along together.

In addition to ample displays of a dizzying array of creatures, the zoo offers camps, classes and programs, including "Zoo Snooze," in which visitors can spend the night in classrooms not too far from the habitats of nocturnal tigers and bats, and can enjoy all sorts of after-hours tours



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and hands-on activities. (Mom turns down my invitation to sleep in the zoo overnight.)

In 1979, the Oregon Zoo became the first in the nation to hold a summer concert series. Since then, thousands of people have heard performers ranging from Huey Lewis to Lucinda Williams, and have noticed that perhaps elephants love to dance. My mom and I muse that appropriate future concerts might include the Stray Cats, Steppenwolf, John Cougar Mellencamp and Buffalo Springfield. The summer concert series typically runs through September each year.

Since my mother has always wanted to visit France, her trip seems an opportune time to take her to Portland's French Renaissance-style chateau, the Pittock Mansion, built in 1914. Designed by Edward Foulkes for industrialist (and former owner of *The Oregonian* newspaper) Henry Pittock and his wife, Georgiana, it featured such newfangled contrivances as a central vacuum system, intercoms and rubber kitchen tiles. The 16,000-square-foot house incorporates Turkish, English and French elements in various period rooms, though it was built by Oregon craftsmen and artisans with regional materials. Ongoing exhibits include displays of decorative art glass, works by early Oregon artists, tile and more. The house and grounds stretch across 46 acres and offer superlative views of downtown Portland and Mount Hood. Except for some holidays and the month of January, daily tours are available.

Mom and I each proclaim different favorites from the tour—mine is the tiny, richly decorated Turkish smoking room. I also admire the English-style library, lined with books and set with a fine, inlaid card table replete with a mid-game poker hand. She adores the French-style music room with huge windows overlooking downtown and the Cascades. When our tour guide asks if anyone plays the piano, a young man shyly raises his hand and then entertains us on the 19th century Steinway, floating



COURTESY PITTOCK MANSION

Built in 1914, the French Renaissance-style Pittock Mansion and its grounds stretch across 46 acres.

ragtime notes through the entire house.

During our visit, the Arts and Crafts-style Gate Lodge (home to the groundskeeper and his family from 1920 to 1955) is also open for the day. Although the Gate Lodge and Pittock Mansion are not available for overnight stays, Mom jokes that the lodge would be the perfect place to stay during her next trip to Portland. I agree. And based on our own history together, Renee and I would get along just fine in one of the mansion's suites. ■

Writer Jeff Wallach enjoys living in the City of Roses.

Alaska Airlines (800-ALASKAAIR; alaskaair.com) flies daily to Portland, including new service between Los Cabos and Portland starting November 3, and between Puerto Vallarta and Portland starting November 4. For more information on Portland-area activities and attractions, go to travelportland.com.

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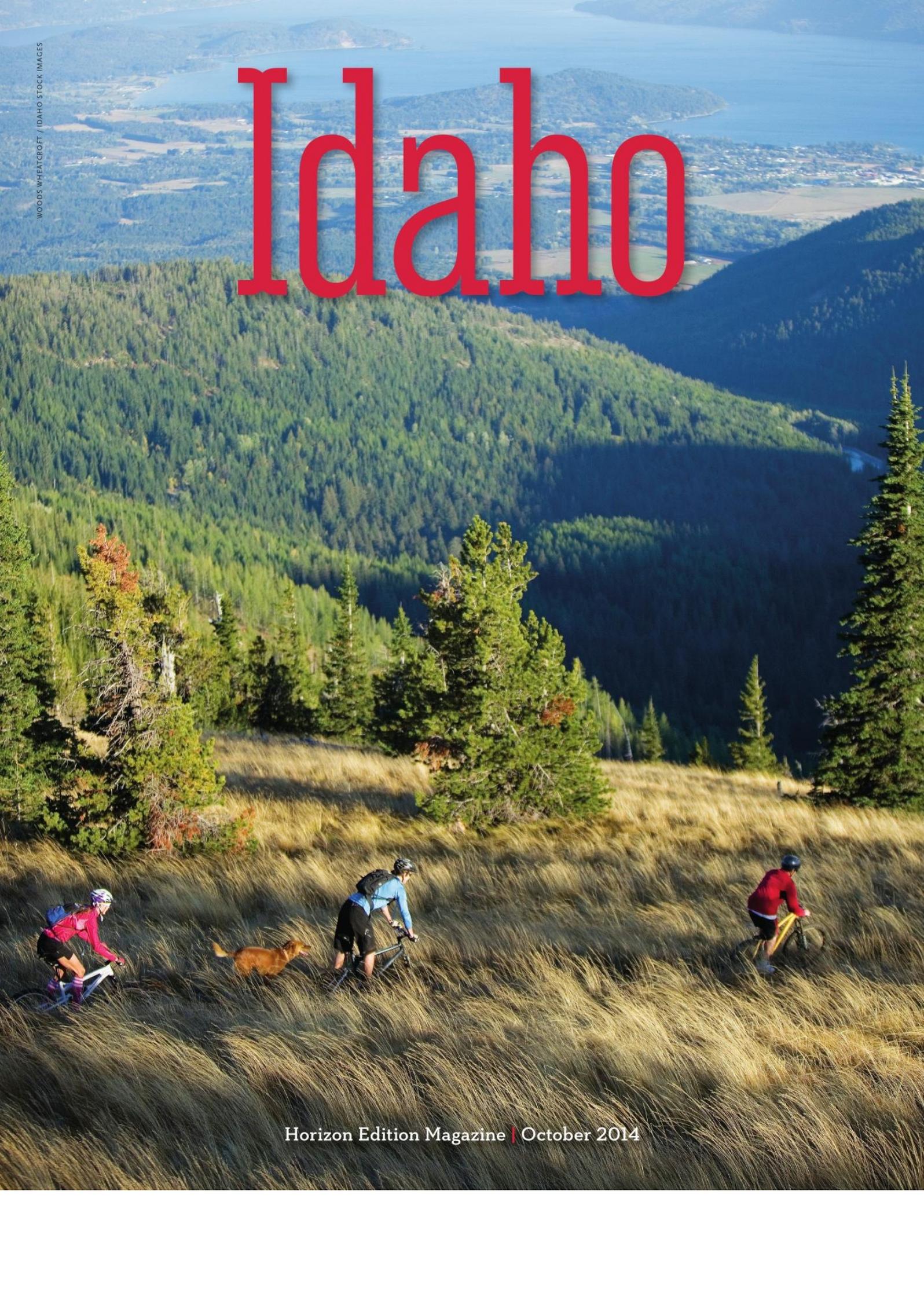
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Sawing away at energy use.

Pictured above (left to right):
Scott Sheppard, Corporate Process Improvement Manager, Stimson Lumber Company
Sharmon Schmitt, Regional Account Executive, Avista Utilities
Jon Stevens, Plant Manager, St. Maries Facility, Stimson Lumber Company
Doug Thompson, Corporate Engineer, Stimson Lumber Company
Levi Westra, Commercial/Industrial Engineer, Avista Utilities

Stimson Lumber Company is one of the oldest continuously operating integrated wood products companies in the United States. With roots dating back to the 1850s, the company remains a family-owned business—a fact that allows it to be more agile in decision-making. It has resulted in an internal culture ever willing to adopt changes to improve operations, including ways to cut energy demands, which is why they maintain a close working relationship with Avista.

Stimson currently owns over 500,000 acres of timberland and six sawmills in Oregon and Idaho. At the company's mill in St. Maries, Idaho, Corporate Project Manager Doug Thompson and his engineering team develop energy-saving ideas to share with other Stimson-owned facilities. "The St. Maries mill is being used for a pilot program," says Thompson. "We're taking a look at each area

of the mill to see where we can best save energy."

With Avista's help over the last few years, Thompson's team has reduced the mill's energy use by 1.3 million kilowatt hours of electricity—about 15 percent of their annual energy costs. Stimson also received \$143,083 in incentives through Avista to complete its energy-saving upgrades.

One project Thompson and his team completed with Avista's help involved increasing the energy efficiency of their industrial air compressors. The compressors are used to pipe pressurized air throughout the mill, where it can be tapped to run cylinders, actuators, air wands and other equipment. Two compressors were being run at 100 percent capacity continuously throughout the day.

"We didn't need that much air," says Doug, "so we added a variable speed drive [also known as a variable frequency drive or VFD] to one of the compressors."

Now, the VFD compressor runs by itself at only 30-50 percent capacity when the mill's demand for air pressure is low. When demand reaches 80 percent, the VFD shuts off and lets the second compressor kick on at 100 percent. The VFD comes back on only to supplement pressure over 100 percent.

Another collaborative project with Avista involved reducing dust emitted by the saw mill's chip blower—a pneumatic system that uses high-pressure air to propel wood chips and sawdust along pipes to huge storage bins. (These byproducts are later sold and shipped to make other products.)



One energy-saving idea was to simply replace the mill's 200-hp pneumatic chip blower with a 15-hp conveyor.

Typically, capturing particulates would require a filtering system called a bag house, which would use more energy and cost upwards of \$170,000. Instead, the team came up with the

Thompson's team has reduced the mill's energy use by 1.3 million kilowatt hours of electricity—about 15 percent of their annual energy costs.

idea of replacing the 200-hp chip blower with a 15-hp conveyor. This also let them eliminate a 7.5-hp chip feeder used to keep the blower from clogging.

Not only did Stimson lower their energy use, they no longer spent \$6,000 a year rebuilding the chip feeder motor. And with no need for pipes, the conveyor eliminated the cost of replacing pipe elbows worn out by the friction of moving chips.

As a bonus, they also were able to get rid of the noisy cyclone system attached to the byproduct storage bins. Previously necessary to disperse air pressure from the blower pipe, the cone-shaped device would get tiny wood chips inside it, rattling everything including the mill's neighbors. Worse, when the storage bins clogged, the cyclone would quickly fill with wood chips or sawdust that backed up into the blower pipe and shut down the entire operation.

"We used to have 55 to 60 employees waiting up to two hours for the pipe to be cleared," says Plant Manager Scott Shepard. "With the new conveyor system, that's no longer a problem."

Not all of the mill's energy-saving projects were industry specific. Doug and his team partnered with Avista on three lighting projects, as well.

They replaced T12 fluorescents and halides with high-output T5s and LEDs. They also added occupancy sensors throughout the plant.

The new lighting not only lowered energy costs, it reduced fire hazards,

as the older halide lights would often get hot and blow up, says Thompson. Stimson's insurance carrier used to require the lights to be shut off part of each day to let them cool down.

Thanks to increased illumination, worker safety greatly improved—and so did something Thompson's team didn't predict: employee morale.

"With brighter lights inside the mill, everybody could see what they were doing better," says Thompson, "and it kind of brightened the mood."

Of course, increased productivity would make any business smile. And helping companies save on energy brightens Avista's mood, too.

Avista gives rebates and incentives for energy-efficiency upgrades to many types of businesses and organizations, from retail stores and restaurants to manufacturing plants and municipalities. The energy company's goal is to better manage the region's growing energy needs by promoting ways for its large customers to use less. Those that have participated so far have not only saved energy, but have enjoyed increased productivity and safety and lowered their maintenance costs. Avista thinks it's energy well spent.

(For more, visit avistautilities.com/bizrebates)

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Clearwater River

RECREATIONAL GEMS

By Buddy Levy



Boise



COURTESY SUN VALLEY

Beer foam tickles my upper lip as I savor Spoon Tongue light ale, whose subtly sweet grainy/grassy flavor lingers on my tongue. I lean back in my stool at Highlands Hollow Brewhouse and watch the early-afternoon sun turn the nearby Boise Foothills a light blond, the same color as the ale I'm enjoying. ➤➤ Highlands Hollow is one of the nine breweries on the Boise Ale Trail, which I'm experiencing for the first time. As an Idaho native, I've been exploring and adventuring throughout the Gem State for decades, yet I continually discover new recreational possibilities to complement longtime favorites such as Coeur d'Alene's superb golfing, the Lewiston area's excellent fishing and jetboating, and Sun Valley's famous skiing. I feel fortunate to live in a state whose recreational treasures attract people from across the globe. ➤➤

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Lake Coeur d'Alene



This page: 10 Barrel Brewing Co. is one of the nine breweries along the Boise Ale Trail, which officially opened last year. Overall, Idaho now has more than 20 breweries. Opposite page, bottom: The Coeur d'Alene Resort offers golfers spectacular views of Lake Coeur d'Alene.

The Boise Ale Trail

I was elated but not surprised to discover the Boise Ale Trail, which comprises nine craft breweries within about 10 miles of each other. After all, the tradition of brewing in Boise dates back to the 1860s, when young German immigrants began making beer for new Idaho settlements and mining camps. One of these pioneers, John Lemp, who opened Lemp's Brewery on Boise's Main Street in 1863, became known as the Beer Baron of Boise, and was elected mayor in the mid-1870s, according to the city's Department of Arts & History.

Prohibition pushed brewing to the bottom of the commerce barrel, and it was slow to return to the City of Trees, but in just the last couple of years, the number of breweries in the Boise area has jumped from a handful to about a dozen, and the number of breweries in Idaho has surged to more than 20. The Boise Ale Trail, which officially opened last year, reflects a return to the region's storied brewing roots, and is also part of the locavore movement—it encourages people to “drink local,” says Mike Thomas, a beer lover and entrepreneur who was the catalyst for the trail. “Boise's brew culture is a terrific combination of camaraderie, competition and collaboration,” he says.

Mike and his friend Stacy Connelly (who started a network of beer lovers called Boise Beer Buddies) agreed to show my wife, Camie, and me around the trail, with Mike as our designated driver. They met us in the lobby of our



lodgings, the stylish, boutique Hotel 43, for an afternoon tour of three of the breweries on the trail: Highlands Hollow Brewhouse, 10 Barrel Brewing Co. and Crooked Fence Brewing. For visitors without local family and friends to do the driving, Stacy suggests touring via ReCab, whose taxis run on recycled frying oil. The cost of touring the above three breweries by cab would likely start at about \$30 before tips.

The first stop on our tour, Highlands Hollow, is about two miles from Hotel 43 and on the road to Bogus Basin Mountain Recreation Area, which makes the brewery a popular refreshment spot for skiers, cyclists and hikers. Old ski lift chairs adorn the outside entrance, while inside, an open fireplace and high ceilings framed by exposed timbers give “The Hollow” an après-ski feel. We were greeted by brewmaster Chris Compton, who offered a sampling of pours, including the signature Hippy Shake, whose full-bodied, big-hop flavor made me an instant fan.

Now Camie and I are sharing a chicken Caesar salad as we enjoy the Spoon Tongue light ale (named for the original master brewer’s dog, which had a long, spoon-shaped tongue), and the sweet and malty Lone Pine golden ale.

We’d love to linger, but it’s time to get our passports stamped and head to our next stop. Getting a stamp from each brewery in the Boise Ale Trail program will let us benefit from special offers.

Our next stop is 10 Barrel, a roomy space with exposed industrial ductwork. A collection of gleaming aluminum brewing barrels serves as a centerpiece for the large room.

The brewery’s name stems from its founding with a 10-barrel system—which produces about 1,000 barrels a year, or about 4,770 pints a week.



Shore Lodge/McCall: The historic, recently remodeled Shore Lodge on Payette Lake, in the fun-filled mountain town of McCall, is just 110 miles north of Boise. Amenities at Shore Lodge include a spa, a fitness center, a movie theater, fine dining, a marina, a private beach, a year-round outdoor pool and hot tub, and access to the Whitetail Club golf course. The resort also provides complimentary shuttle service to Brundage Mountain Resort. The scenic McCall area offers recreation such as winter downhill skiing (at three ski areas), Nordic skiing, snowshoeing and tubing, and spring-to-fall kayaking, boating, bicycling, golfing and hiking.

Those barrels feature more than 20 varieties. My favorite turns out to be the Sinistor Black Ale, one of the brewery’s flagships. Its deep-black color looks intimidating, but the ale is surprisingly light, with delicious chocolate notes and a smooth finish.

We end our tour at the Crooked Fence Brewing Co. Barrelhouse in the Boise suburb of Garden City. Crooked Fence cans some of its beers, because cans act like miniature kegs, keeping beer fresh longer than bottles, and cans are more portable and less expensive than glass bottles, says Marketing Director Kelly Knopp.

The decor at Crooked Fence is comfortable Old West rustic, and the brews come in options ranging from Aviator Raspberry Blonde to Sins of Our Fathers Imperial Stout. We like both varieties, and also find the delicious, crisp Rusty Nail Pale Ale—which has essences of citrus and caramel—to be a memorable brew.

After a great afternoon of beer tasting, we look forward to a future visit to Boise to get our passports stamped at the other six breweries—maybe as soon as this January, when we can also take a winter-wonderland stroll of the Boise River Greenbelt trail and watch the Broadway in Boise presentation of *Camelot* at Boise State University’s Velma V. Morrison Center for the Performing Arts. Broadway in Boise sponsors include Alaska Airlines.

Coeur d’Alene

I tee my ball up and wipe the sweat from my palms as I eye the daunting 14th green—The Coeur d’Alene Resort’s





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I stare at the green, which today is 167 yards away. Wind whips from the east, raising white-caps in the Lake Coeur d'Alene waters surrounding the green, and yanking the flag sideways. As if the water barrier weren't enough, the hole is also guarded by a giant sand trap to the right.

Camie, my cart driver and cheering section, urges me on: "Knock it right on there," she says with misplaced confidence. I visualize a perfect stroke, take two practice swings, then rear back and give the ball a ride, aiming at the left edge of the green to account for the stiff breeze. As I finish my follow-through, I know instantly that I didn't get all of it.

Blurp. The ball lands five yards short of the green, drowning in the lake.

I tee up another and, somehow, make a clean enough cut to get this one onto dry land. Not on the green, but at least it's in the trap. Camie and I board the *Putter*, a Honduran-mahogany water taxi, complete with a uniformed captain, to get to the green. I manage to hack out of the sand, two-putt, and take my triple bogey. I smile as I move on to the next hole, knowing it could have been worse.

While No. 14 is justly famous, the entire golf course is exceptional. The 6,803-yard, par-71 layout, usually open April 1 to the third week in October each year, provides a view of the lake from nearly every hole, and while I try to keep the ball in bounds, Camie remarks on the petunias, junipers and geraniums lining the fairways. The undulating, picturesque layout turns out to be much more memorable than my final score.

Camie and I are enjoying a mini-getaway in Coeur d'Alene, a thriving community at the north end of the 25-mile-long lake. Over the years, our family has canoed, kayaked, water-skied, wakeboarded, fished and swum in the bracing, natural waters fed by the Coeur d'Alene and St. Joe rivers. This weekend, Camie and I have come for a day of golf and an evening of relaxation on a two-hour sunset dinner cruise, which Lake Coeur d'Alene Cruises offers between early May and mid-September. The company also has special events such as the Holiday Light



Lewiston sits at the confluence of the Clearwater and Snake rivers.

Show Journey to the North Pole, and eagle-watching and Fourth of July cruises.

Around 7 P.M., we head to the resort dock to board the 107-foot *Mish-an-Nock*, a double-decker with an indoor bar and buffet on the first deck, and outdoor dining and lake

viewing on the top deck. The crew casts off at 7:30, and we cruise past the city-owned, 135-acre Tubbs Hill Park, which has several miles of hiking trails, and then glide by the golf course, where post-round diners are enjoying the lake view from the outside patio. Then we cross the lake to skirt the northwestern shoreline, with a brilliant sunset gleaming

through the trees. We dine on fresh, grilled salmon and thin slices of prime rib, sipping local wines as a light lake breeze cools us.

When we return to the dock, the lights of the resort sparkle like gemstones, reminding us to come back this winter for the spectacular light show, along with adventures organized by area outfitters, such as sleigh rides, snowshoeing, snowmobiling and snowcat skiing.



Sandpoint: Located on spectacular Lake Pend Oreille, Sandpoint is only 45 miles north of Coeur d'Alene, and is the gateway to Schweitzer Mountain, which has some of the best skiing and boarding in northern Idaho, with 2,900 acres, 2,400 vertical feet and 92 runs, including the Stomping Grounds Terrain Park. Approximately 300 annual inches of snowfall ensures powder runs. Nordic skiers and snowmobilers will also find plenty of terrain; sleigh rides are available at a Sandpoint guest ranch; and summer recreationists enjoy activities such as biking, hiking, golfing and horseback riding.

Lewiston

Blackberry brambles and sumac line the Clearwater River about 11 miles upstream from Lewiston as I wade

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COURTESY CIRCLING RAVEN GOLF CLUB



Circling Raven Golf Club: Another top-rated course is Circling Raven, part of the Coeur d'Alene Casino Resort Hotel in Worley, less than 25 miles from Coeur d'Alene, and only about 40 miles from the Spokane airport. The 7,189-yard, par-72 course was created amid a unique blend of wetlands, grasslands and woodlands, and meanders through 620 acres, with only 100 representing cultivated ground, notes the Idaho Golf Trail website (visitidaho.org/golf), which provides information and booking for 14 notable courses.

across smooth river stones, casting again and again with a hypnotic rhythm. This is one of my favorite places to fly-fish for fall steelhead. Anglers remember that glorious moment of the strike: the flash of color, the splash at the surface and the sure sharp tug of a big fish on the line, and I keep casting, visualizing that moment. Maybe this cast, or the next. Maybe tomorrow. But I keep coming back, year after year, season after season, always believing that the next cast will be the one.

Since we live in Moscow, within a 35-minute drive of the Lewis-Clark Valley, our family visits the Lewiston area frequently, drawn by the scenery and the activities, and by the region's history. Lewis and Clark passed through here in October 1805 as they paddled canoes from the Clearwater to the Snake River on their way to the Pacific.

Each year, some 20,000 to 40,000 steelhead—seagoing rainbow trout—travel nearly 500 miles back to spawning grounds and hatcheries in the Clearwater River Basin. The fall steelhead-fishing season runs August 1 through December 31. I prefer to wade for the fish, fly-casting streamers to dark pools, pocket water and fast-moving riffles. But the most popular approach is by jetboat; outfitters run over-

Moscow: Located about 30 miles north of Lewiston, Moscow is home to the University of Idaho, and also has unique attractions such as the Palouse-Clearwater Environmental Institute's Nature Center. You can walk trails to view native wetlands, and kids can borrow bikes and helmets, compliments of Bikes for Tikes, to ride an exhilarating dirt "pump track" loop. Children and adults alike enjoy biking (or walking, or in-line skating) the Latah Trail, which can be accessed less than 2 miles from the nature center. The paved, nonmotorized, 12-mile path runs from Moscow to Troy, with sweeping views of the rolling Palouse farmland and interpretive signage about the Palouse Prairie.



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Nez Perce National Historical Park: The park's Spalding Visitor Center, 11 miles east of Lewiston, showcases Nez Perce artifacts, exhibits and multimedia presentations, along with providing ranger-led educational programs. Members of the Lewis and Clark Expedition spent significant time among the Nez Perce, according to the National Park Service, which notes that the Nez Perce provided the Corps of Discovery with assistance such as food, directions and guides.

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Camie prefers the jetboat sightseeing tours of Hells Canyon—the deepest river gorge in North America, with the Seven Devils Mountains towering more than 8,000 feet above the Snake River. She loves the feeling of speeding upriver with the wind in her hair, her face splashed by the spray of rapids. On our last trip, we saw ancient petroglyphs and pictographs, a herd of bighorn sheep, and deer, ospreys, ducks and chukar partridges.

Sun Valley

The snow feels like refrigerated butter beneath my skis, firm yet forgiving as I carve long turns, smooth extended arcs, down the freshly groomed run called Christin's Silver, on Sun Valley's Seattle Ridge side. Evergreens flash past in my peripheral vision, and my legs burn as I come to a stop at the bottom. I laugh giddily; I can never get enough turns on Bald Mountain.

I had the good fortune to grow up in world-renowned Sun Valley. Established in 1936 by W. Averell Harriman, chairman of the Union Pacific Railroad, Sun Valley was the first destination ski resort in North America, and it installed the world's first chairlifts, built on Dollar and Proctor mountains. The ski lifts' designs were inspired by Ecuadorian banana-loading machinery.



Sun Valley, with its varied terrain and incredible vistas, continues to be one of the world's top ski resorts.

Since those early days, Sun Valley has transformed into a year-round recreational hub, but still remains one of the country's premier destinations for skiing and snowboarding, typically available from Thanksgiving Day to mid-April. The area has produced Olympic medalists Christin Cooper, Picabo Street and, most recently, Kaitlyn Farrington, who won the gold medal in the women's halfpipe competition at the 2014 Winter Olympics in Sochi, Russia. Each of these women now has a ski run named after her on Bald Mountain: Christin's Silver, Pica-

bo's Street and Kaitlyn's Bowl. It's fun to find these runs on the mountain and fly down them in honor of their namesakes' accomplishments.

Bald Mountain ("Baldy" to locals) has 3,400 feet of thigh-scorching terrain, with a bit of everything: perfectly groomed cruiser runs, bowls, and super-steep mogul runs for bump rats. It has undergone

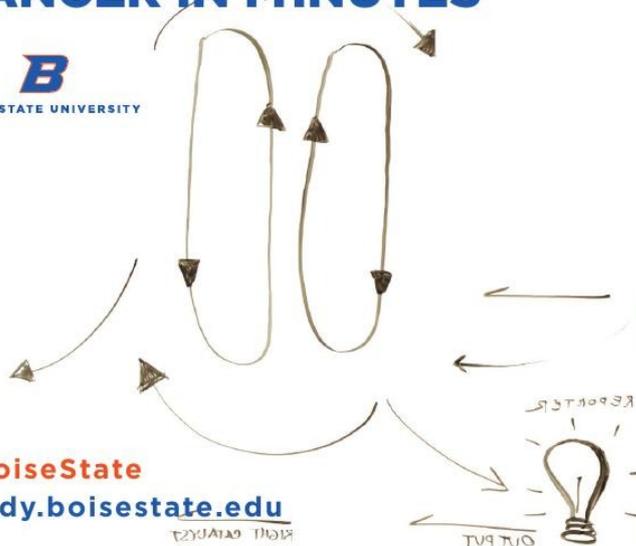


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Southeastern Idaho/Pioneer Country: Visitors to this part of the state, accessible from the Sun Valley, Boise and Salt Lake City air gateways, enjoy outstanding recreation on three large lakes; 12 beautiful golf courses, including one with wagon ruts from Oregon Trail pioneers; two national forests; two state parks; and more than 1,000 miles of trails for mountain bikes or motorized ATVs. This area also boasts several hot springs, and winter sports such as skiing, snowshoeing, snowmobiling and ice fishing.

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dramatic improvements since I raced with Christin Cooper on the Sun Valley Ski Team back in the 1970s. Extensive snow-making equipment now guarantees rideable snowpack even in light snow years, with an impressive 535 snow guns ensuring that nearly 80 percent of the groomable terrain is buffed to fine corduroy all season long. Bring sunblock—bluebird skies and brilliant sunshine are pretty much assured the majority of the ski season. The place deserves its name.

Dollar Mountain, Sun Valley's second lift-served mountain, is just a mile away from Baldy. Dollar is near Sun Valley Village on Elkhorn Road, accessible by an efficient, free Mountain Rides bus service. In the early days, Dollar was considered the beginner hill, and it's still a great place for families, young children and skiers/boarders not yet ready to take on the bigger Bald Mountain. But now Dollar is also where skiers and boarders go for huge air and high speeds at three terrain parks with



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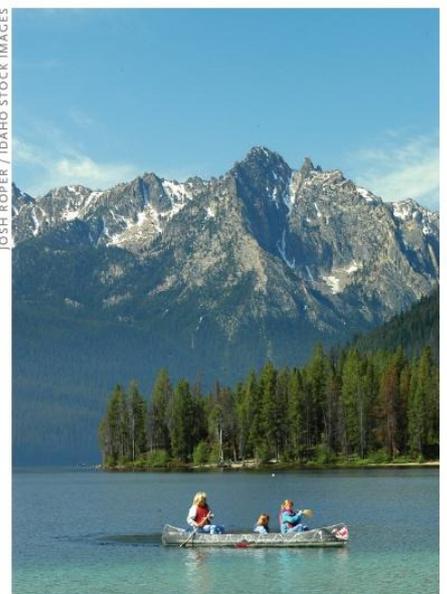
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Stanley: About 60 miles north of Sun Valley, Stanley is tucked into the foothills of the jagged Sawtooth Mountains. Fur trappers of the Hudson's Bay Company came to the Stanley Basin area in the 1820s. Nowadays, many people arrive to play, such as cross-country skiing, snowmobiling, whitewater rafting, fishing, hiking and horseback riding. Nearby mountain lakes include Redfish, Alturas and Pettit; two mining ghost towns are in the area; and trail rides offer visitors the flavor of the Old West.

76 rails and a family-friendly cross course. Dollar's 600-foot-long, 22-foot-tall Super-pipe helped Kaitlyn Farrington hone her Olympic-level skills.

As Idahoans know, and visitors discover, Idaho's nickname is appropriate: the Gem State. From craft-beer tasting to world-class snowboarding, there are recreational gems everywhere across this varied and diverse landscape. ■

Buddy Levy is the author or co-author of numerous books, including Geronimo, River of Darkness and Conquistador.

Alaska Airlines (800-ALASKAAIR, alaskaair.com) flies daily to Boise, Lewiston/Clarkston, Moscow/Pullman, Sun Valley (seasonally), and Spokane, Washington, gateway to Coeur d'Alene and Sandpoint. For more information on Idaho recreation, go to visitidaho.org.

Idaho Events

Boise and McCall Areas

"Arp, Miró, Calder," Boise, through Jan. 11; 208-345-8330; boiseartmuseum.org.

Idaho Horror Film Festival, Boise, Oct. 16–18; 208-283-7065; idahohorrorfilmfestival.org.

Winter Wonderland, Caldwell, Nov. 21–Jan. 16; 208-459-7493; caldwellchamber.org.

50th-Anniversary Winter Carnival, McCall, Jan. 30–Feb. 8; 800-260-5130; mccallchamber.org.

Gene Harris Jazz Festival, Boise, April 1–2; 208-426-3099; geneharris.org.

Coeur d'Alene/Sandpoint Area

I Remember Christmas—A Christmas Revue, Nov. 28–Dec. 21; 866-835-3025; cdchristmas.com.

Sandpoint Winter Carnival, Feb. 13–22; 208-263-2161; sandpointwintercarnival.com.

Ketchum–Sun Valley Area

Sun Valley Jazz Jamboree, Oct. 15–19; 877-478-5277; sunvalleyjazz.com.

Crosstoberfest (beer fest and cyclocross bike race), Oct. 17–18; 208-721-1220; crosstoberfestidaho.com.

Peter and the Starcatcher, Dec. 18–Jan. 3; 208-578-9122; sunvalleycenter.org.

Sun Valley Nordic Festival, Jan. 30–Feb. 7; 208-578-0061; nordictownusa.com.

Lewiston Area

Young Frankenstein, Oct. 30–Nov. 16; 208-746-3401; lctheatre.org.

Clearwater Snake Steelhead Derby, Nov. 22–29; 509-758-7712; lcvalleychamber.org.

Winter Spirit, Nov. 22–Jan. 2; 208-750-4571; winterspirit.com.

Moscow Area

The Mousetrap, Oct. 10–12 & 16–19; 509-332-8406; pullmancivictheatre.org.

Washington Idaho Symphony (based in Moscow), 2014–15 season, including *La Tragédie de Carmen*, Jan. 24–25; 509-332-3408; washingtonidahosymphony.org.

Lionel Hampton Jazz Festival, Feb. 25–28; 208-885-5900; uidaho.edu/jazzfest.

—Carly Andersen

STANLEY
TRAILHEAD to IDAHO ADVENTURE

the
Ups & Downs
of Stanley, Idaho
2015

Erik Leidecker

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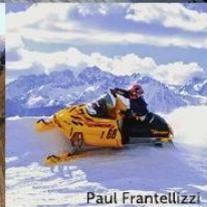
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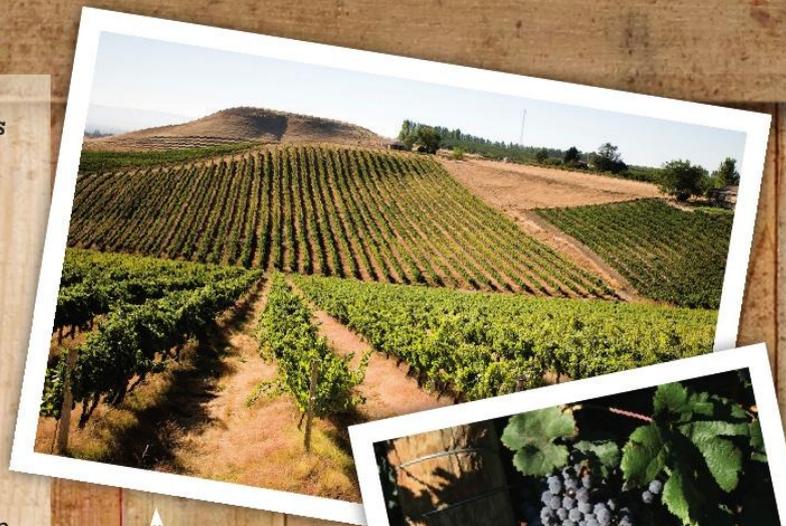
You'll like what you find in Nampa

In the heart of Idaho's Wine Country, there's always something happening in Nampa!

Located in Southwest Idaho, Nampa is a short distance from skiing, rafting and fishing. The second largest city in Idaho, Nampa is located less than 20 miles west of Boise, Idaho's capital city. Blessed with a moderate climate, Nampa is the perfect base camp for your Idaho adventure. Spend the night or better yet, enjoy a week. There's always something to discover in Nampa.

"Comfort Food Reinvented" at Brick 29 in Downtown Nampa where they prepare locally-grown foods with out-of-this-world flavors. Brick 29 blends unique foods, flavors and preparation techniques for adventurous delights. They pride themselves in utilizing our local farmers and vendors.

Experience an era gone by at the Warhawk Air Museum. The museum preserves the American experience of WWII during the 1940s and the American experience of the Cold War Era of the 1950s and 1960s, emphasizing Korean and Vietnam wars. Thousands of personal collections and stories have been donated and put on display along with airplanes and equipment from each era. Visit nampa.com.



Sunnyslope
Wine Trail



Brick 29,
Downtown Nampa



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Museum, Nampa

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in Idaho Wine Country

The City of Caldwell: Gateway to the Sunnyslope Wine Trail

Minutes away from Boise, Sunnyslope produces some of the best wines in the country.

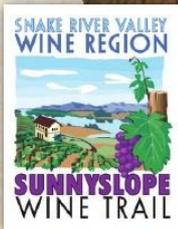
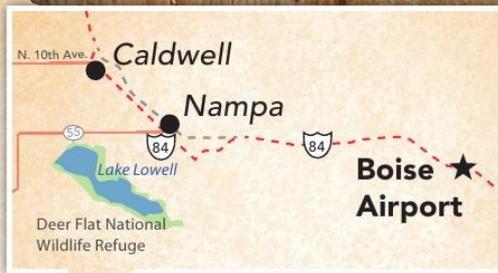
Nestled in the heart of the Snake River Valley AVA, Caldwell provides guests and residents alike the opportunity to experience beautiful orchards, magnificent mountain ranges, acres of vineyards and more than 140 crops grown locally. Both the Snake River and Boise River wind through this valley creating the Scenic Snake River Byway which spans more than 50 miles and provides camping, fishing and the Deer Flat National Wildlife Refuge.

The Sunnyslope Wine Trail nestled along the Snake River in a picturesque setting is only a short drive from Caldwell. Featuring some of the Northwest's finest wineries and wines, the Sunnyslope Wine trail is a premier wine destination. Spend the day tasting wines and enjoying the breathtaking views of the Owyhee Mountain range and the Snake River.

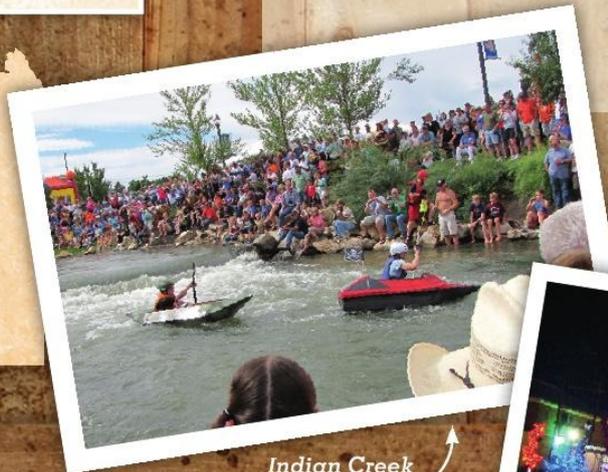
History buffs will find Caldwell has a fascinating mix of Western cowboy and railway history, in a setting of stately Idaho homes. Our cowboy heritage lends itself to one of the best PBR rodeos in the country.



Caldwell Night Rodeo, mid-August

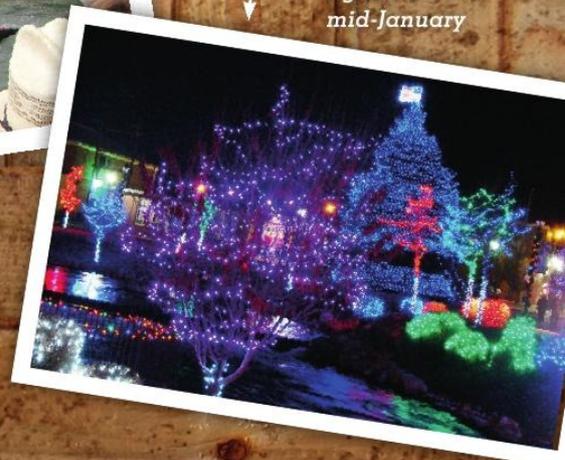


Caldwell
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Nampa



Indian Creek Festival, mid-September

Winter Wonderland, with 500,000 holiday lights, Nov. 21 - mid-January



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Wine Time in Idaho



Looking like liquid gold, with delightful flavors of peach, apricot and honeydew melon, and a long, rich, fruity finish, the 2012 Snake River Valley Special Harvest Riesling, produced by Idaho's Ste. Chapelle Winery, won a silver medal this year in the prestigious San Francisco Chronicle Wine Competition, described as "the largest competition of American wines in the world." ➔ It was the latest in a long line of accolades for Ste. Chapelle, whose 1976 founding marked the return of commercial viticulture to Idaho. Just a few decades later, the state now boasts more than 50 wineries, together producing more than 20 varieties of red wine, from Bordeaux blends to Zinfandels, and nearly 15 varieties of white wine, from Chardonnays to Viogniers, and even Brut and sparkling wines.



PHOTOS COURTESY: IDAHO WINE COMMISSION

Based on the earliest known report, wine vines were first planted in Idaho in 1864, when European Royal Muscadine grapes were cultivated in Lewiston. The state's wine industry was soon booming, and was nationally acclaimed until Prohibition, according to the Idaho Wine Commission.

With the reemergence of the state's

wine industry, savvy connoisseurs have been purchasing numerous notable Idaho wines, yet for the most part, the state's viticultural offerings have remained relatively unknown.

Now a playful new online video, *Idaho: More Than Just Wine!* (idahowines.org), produced by the Idaho Wine Commission, is introducing the state's wines to thousands of

Nearly 2,500 tons of grapes were harvested in Idaho last year, with more than 160,000 cases of wine produced.

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consumers across the globe. The tongue-in-cheek video features a potato farmer and a river-rafting outfitter, both played by actors, who bemoan the fact that their businesses are overshadowed by the state's wine industry.

"I know that millions of people come to Idaho from all over the world every single day to experience our wine, but I just want people to know that Idaho has more to offer than just wine," explains the owner of the river-rafting company. The potato farmer laments that everywhere he goes—New York, Chicago, France, Iowa, Northern California—people assume that because he's from Idaho, he makes wine. "Contrary to popular belief, not every single Idahoan works in a vineyard or a winery," he says.

Almost everyone knows Idaho is famous for potatoes and outdoor adventures, says Moya Shatz Dolsby, executive director of the Idaho Wine Commission. By good-naturedly spoofing that fact, the video is generating a lot of interest in Idaho wine, she says.

The fertile, well-draining soil—largely the result of ancient volcanic sediment—in much of Idaho makes the state ideal for growing excellent wine grapes, she explains. Nearly 2,500 tons of grapes were harvested last year, with more than 160,000 cases of wine produced.

In 2007, the federal government established the 8,000-square-mile Snake River Valley American Viticultural Area, primarily located in southwestern Idaho, and encompassing towns such as Boise, Caldwell and Nampa. Wine is also being produced in northern Idaho and southeastern Idaho, and two more Idaho AVAs are under consideration, one in the Lewis-Clark Valley, which includes the Lewiston area, the other in the Eagle area, about 10 miles northwest of Boise, according to the wine commission. The Eagle appellation would be a sub-AVA of the Snake River Valley AVA.

Learn more about Idaho wines and wineries by visiting idahowines.org. ■

Alaska Airlines (800-ALASKAAIR, alaskaair.com) flies to Boise, Lewiston/Clarkston, Moscow/Pullman, Sun Valley and Spokane, gateways to Idaho wine touring.

Holiday Wine Pairing

Idaho wines can be a great way to impress guests by introducing them to something delicious and new, or to enliven your own meals. Below are a few suggestions.

Halloween

Ste. Chapelle Winery's 2012 Snake River Valley Special Harvest Riesling (Caldwell, ID; stechapelle.com): This is a perfect adult accompaniment to many types of candy, including chocolate-covered caramels (such as Rolos), Jolly Ranchers and candy corn, says Maurine Johnson, winemaker at Idaho's leading winery, whose name and tasting-room design were inspired by the Gothic Sainte-Chapelle chapel in Paris.

"This Riesling is fresh and fruity, and just sweet enough to complement most desserts and candy, but balanced, with crisp acidity," Johnson says. "It also offers layered notes of peach and nectarine, with a hint of green apple."

Sawtooth Winery's 2013 Classic Fly Series Cinsault Rosé (Nampa, ID; sawtoothwinery.com): Winemaker Meredith Smith made up her own batch of melted caramel and



apples to taste-test several possible pairings from Sawtooth Winery, which was founded in 1987 on scenic pastureland. The oak in the Chardonnay overpowered the caramel apples; the Riesling had too much fruit; the Pinot Gris tasted sour against the apple; and the Skyline Red blend was too tannic for a good match, she reports.

The elegant Cinsault Rosé, a drier style of rosé, with a smooth finish, was the clear winner, Smith says. "With a caramel apple, this rosé had just the right amount of acidity to complement the tartness of the apple and the long sweet notes of caramel."



Sawtooth Winery
Winemaker
Meredith Smith.

Thanksgiving

Koenig Vineyards' 2011 Williamson Vineyard Viognier (Caldwell, ID; koenigvineyards.com): Greg Koenig—co-proprietor, with his brother, Andy, of a winery and distillery near the area where their mother's family homesteaded and made wine during the Great Depression—says the

LEFT: COURTESY STE. CHAPELLE WINERY; RIGHT: CYNTHI PETERSON

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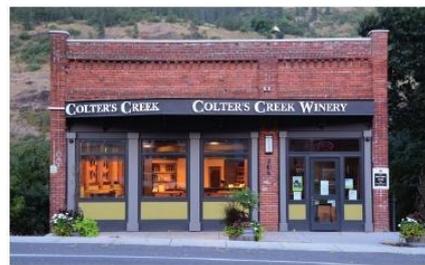
winery's Viognier is what he serves at his own Thanksgiving dinners. The Viognier grape thrives in the Snake River Valley's high-desert climate, which is similar to the grape's ancestral home in France's Rhône Valley, he says, and the 2011 vintage was crafted from wonderfully balanced grapes with great acidity and lush tropical flavors.

"The white peach and apricot aromas typical of Viognier pair really well with the savory flavors and herbs found in traditional turkey and stuffing recipes," comments Koenig. "We also love the way the richness of a full-bodied Viognier can stand up to the wide flavor profiles of this iconic American tradition."



Moscow and coming across an overgrown yet lovely vineyard for sale. The restored vineyard now produces 15 grape varieties.

"The cool growing season of 2011 allowed the grapes to dangle on the vine for a long time, intensifying flavors in our 2011 Cabernet Franc," Melissa says. "Cabernet Franc is a versatile red, lighter in body than Cabernet Sauvignon, but full of earthy tones and spice. It would pair well with mild cheeses, including cow and goat soft cheeses, and could hold up to beef or lamb, but is subtle enough to complement the herbs and browned fats of a roasted Hanukkah chicken." (Hanukkah will be December 16–24 this year.)



Bitner Vineyards' 2012 Late Harvest Riesling

(Caldwell, ID; bitnervineyards.com): In 1981, Ron and Mary Bitner planted what are now some of the oldest Riesling and Chardonnay vineyard blocks in Idaho. The quality of their grapes is reflected in wines such as the 2012 Late Harvest Riesling, which Ron says pairs well with "Thanksgiving spices, pumpkin pie, pecan pie and ice cream."

"This wine has dynamite banana aromas in the nose and nice fruit flavors throughout—it's well-balanced, with a great finish, and not cloyingly sweet," says the winemaker, who is the Rocky Mountain representative on the WineAmerica board of directors.

Christmas

Clearwater Canyon Cellars' 2012 Umiker Vineyard Merlot (Lewiston, ID; clearwatercanyoncellars.com): Founded in 2004, and originally making a single red blend—in a garage in the Lewiston Orchards neighborhood—Clearwater Canyon now produces several varieties each year from a commercial facility owned by Karl and Coco Umiker.



The dark-red Merlot is a superb match for a ham that is the centerpiece of a Christmas dinner, Coco says.

"The rich velvety tannins of this Idaho Merlot balance well with the rich texture and savory flavors of ham. The aromas of sage, toasted hazelnuts and blackberry pie complement smoked hams or hams served with artisanal mustards. And glazed hams tend to accentuate the aromas of crème brûlée and flavors of chocolate and espresso found in this wine."

Hanukkah

Colter's Creek Winery and Vineyard's 2011 Estate Vineyard Cabernet Franc (Juliaetta, ID; colterscreek.com): In 2007, husband and wife Mike Pearson and Melissa Sanborn founded their winery along the beautiful Potlatch River after taking a side path on a drive home to

Idaho Wine Regions

The **southwest wine region**, which includes part of the Snake River Valley AVA, has new wineries such as Annabelle Winery and Potter Wines, and also several wineries being supported by their location in the University of Idaho Agribusiness Incubator in Caldwell.

The region also boasts the **Sunnyslope Wine Trail** (sunnyslopewinetrail.com), which includes 13 vaunted establishments, such as Ste. Chapelle Winery, Hat Ranch Winery, Hells Canyon Winery and Zhoo Zhoo Wines, Koenig Vineyards, Sawtooth Winery, and Bitner Vineyards.

This year Bitner became the first Idaho vineyard to earn LIVE—Low Input Viticulture and Enology—certification from the Oregon-based, nonprofit LIVE certifying organization.

The state's **northern wine region**, from the Lewiston area to the Sandpoint area, includes wineries and/or vineyards such as Clearwater Canyon Cellars, Colter's Creek Winery and Vineyard, and Pend d'Oreille Winery.

The **southeast wine region**, from approximately Hammett east to Driggs and north to

Ketchum/Sun Valley, includes wineries/vineyards such as Cold Springs Winery, Snyder Winery, and Frenchman's Gulch Winery.

Some Idaho wineries ship their wines directly to customers in other states where laws allow receipt.

Wine lovers can also enjoy special events (idahowines.org/events) such as **Sippin' in the City**, Nov. 6 in Boise; the **Annual Fall Barrel Tasting in Southern Idaho**, Nov. 28–29; and the **Ste. Chapelle summer concert series** in Caldwell.

IDAHO'S LEADING VARIETIES

	
WHITES	REDS
Chardonnay	Cabernet Sauvignon
Riesling	Syrah
Viognier	Merlot
	Malbec
	Tempranillo

TOP LEFT: BRENT CHEFFINGS; CENTER LEFT: RON BITNER; TOP RIGHT: COURTESY COLTER'S CREEK WINERY AND VINEYARD; BOTTOM RIGHT: COURTESY IDAHO WINE COMMISSION

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IMPRESSIVE IDAHO

From attractions to athletes, the state
boasts many claims to fame



Did you know that Idaho has the most miles—more than 3,100—of navigable whitewater in the Lower 48 states?

Did you know that Walt Disney got married in Lewiston, Idaho? His bride, Lillian Bounds, was born in Spalding, Idaho, in February 1899 and grew up in Lapwai. She met Walt after moving to Los Angeles, where her sister lived, and getting a job at his small cartoon studio. She and Walt were married in 1925.



Walt and Lillian.

Did you know that the Idaho state seal is the only state seal that was designed by a woman? In 1891, a design

by Emma Edwards Green, who had attended art school in New York before joining relatives in Boise, won \$100 from the state in a nationwide competition to determine the seal's design. In 1957, the design was updated (shown above) but remains largely the same as Green's artwork.



You probably do already know that Idaho is the country's top potato-producing state, with more than 14 billion pounds produced a year, according to the National Potato Council, but as you can see, the state has many more claims to fame. Below are some additional interesting and little-known facts about the Gem State. For more fascinating facts, go to visitidaho.org.

Fun Facts: First and Top 10

The world's first alpine skiing chairlift was installed in 1936 in Sun Valley, which was also North America's first destination ski resort.

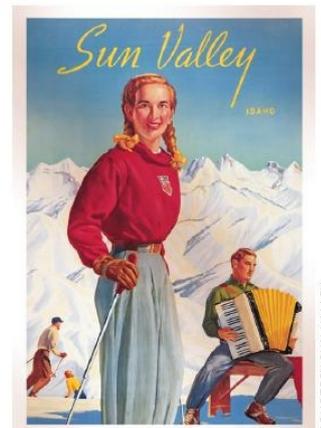
The reactor prototype for the **first nuclear-powered submarine,** the USS *Nautilus*, was built and tested in the Idaho desert on the Snake River Plain near Arco.

Boise is the **third-largest city in the Northwest states** of Washington, Oregon, Idaho and Montana, with a population of 214,237, according to the 2013 U.S. Census estimate.

Idaho has the **third-most acres (4,522,506) of wilderness area** in the country, after Alaska and California, according to wilderness.net.

Idaho is **third in hop production** in the U.S. (hop shown at left).

Idaho is **third in cheese produc-**



COURTESY SUN VALLEY



tion, and fourth in milk production in the U.S., and also fourth in number of dairy cows (about 565,000).

Northern Idaho's Silver Valley was once one of the top 10 mining districts in the world. Since 1884, the valley has produced more than 1 billion ounces of silver. Today, the Silver Valley is a popular mountain-recreation destination, home to Lookout Pass Ski & Recreation Area and Silver Mountain Resort. The world's longest people-carrying single-stage gondola—3.1 miles—is at Silver Mountain Resort.

Fun Facts: Trivia

➤➤ Between 1863 (when Abraham Lincoln signed the bill making Idaho a territory) and statehood (27 years later), **16 governors were commissioned for Idaho Territory**; four of them never set foot in Idaho.

➤➤ Idaho boasts **72 types of precious and semiprecious stones**, some of which can be found nowhere else in the world, making "the Gem State" an apt nickname. In addition, one of the largest diamonds found in the United States was discovered in the McCall area. It was nearly 20 carats.



➤➤ **Butch Cassidy** robbed the bank in Montpelier, Idaho, on August 13, 1896. He got away with \$7,165, allegedly to hire a lawyer for his partner, Matt Warner, who was awaiting trial for murder in Ogden, Utah.

➤➤ The **Bear Lake Monster**, first reported to a newspaper in 1868, is said to inhabit Bear Lake on the Idaho/Utah border. One witness described the serpentlike monster as no less than 90 feet in length. To this day there are still those who refuse to fish at night on the lake.

➤➤ The **Scott ski pole**, which helped revolutionize skiing, was invented in 1958 by Ketchum–Sun Valley's Ed Scott. The tapered aluminum pole replaced the traditional bamboo-and-steel pole.

➤➤ The **Pulaski**, a mattock-ax tool used in firefighting, was invented in Idaho in the early 1900s, and named for U.S. Forest Service employee Edward Pulaski, who played a key role in developing it.

➤➤ Highway 12 follows the **Lewis and Clark Trail** along the Lochsa (pronounced lock-saw) and Clearwater rivers until they merge with the Snake and continue their journey to the Pacific.

Fun Facts: Star Attractions

Bruneau Dunes State

Park, near Mountain Home, about 65 miles south of Boise, has the largest single-structure sand dune—rising 470 feet above the desert floor—in North America. You can ride the park's dunes via rented sandboards, fish for bluegill in the park's lakes, and view the night sky from the park's observatory.



Bruneau Dunes.

Early astronauts trained at **Craters of the Moon National Monument & Preserve**, which contains part of the largest and most recent volcanic rift zone in the Lower 48 states. The 600-plus-square-mile Great Rift system, approximately 50 to 60 miles long, began to occur about 15,000 years ago when rifts opened in the earth to emit lava flows.

The **Frank Church–River of No Return Wilderness** is the second-largest wilderness area in the contiguous United States. Located within the Salmon River Mountains, it contains 2.3 million acres of rugged, unspoiled backcountry, with the famous Salmon River at its heart, and more than 3,000 miles of trails.



Craters of the Moon.

Hells Canyon is the **deepest river gorge in North America**, with a depth of about 8,000 feet—deeper than the Grand Canyon. The 650,000-plus-acre Hells Canyon National Recreation Area is known for its world-class river running, and many other activities, such as hiking and horseback riding.

The **Oregon Trail** passes through southern Idaho. Original wagon-wheel ruts can still be seen in some of the state's more rugged terrain. Interpretive sites include Bonneville Point, about 20 miles southeast of Boise, and the Milner Site, about 10 miles west of Burley.



Oregon Trail.

The **425-mile Salmon River** is the contiguous United States' longest free-flowing river that originates and flows within a single state. The river is renowned for its world-class whitewater rafting.



This WINTER, pick up the *Pace*



Keg-pull, Winter Carnival



Ski Schweitzer Mountain Resort



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Experience the wonder of winter

Fall into Winter ... for a vacation to remember!

This year, **experience the beauty of the seasons** in one of the Northwest's undiscovered destinations. **Sandpoint, Idaho**, is a truly remarkable place for its natural beauty – with an authentic, small-town pace that never fails to charm visitors.

Set amid three mighty frontal ranges of the Rocky Mountains, on the shores of magnificent Lake Pend Oreille, each September and October the landscapes around Sandpoint **explode in**

color as the tamarack and birch forests turn bright yellow. When the snows begin to fall in November and December they usher in a new season of beauty - along with **amazing downhill skiing and snowboarding** at Schweitzer Mountain, the Inland Northwest's largest ski resort.

And the town itself is chock-full of fine

dining, luxurious lodging, eclectic shopping and an overflowing calendar of **events**. Whether you choose to spend your day in active outdoor pursuits, enjoying an art or cultural event, or simply in quiet relaxation, Sandpoint can strike the right note for you.

See complete calendars and visitor information at VisitSandpoint.com ... and make plans now for a fall or winter visit at a truly beautiful pace.



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Shoshone Falls, on the Snake River near Twin Falls, cascades 212 feet—more than Niagara Falls.

The **Morley Nelson Snake River Birds of Prey National Conservation Area**, about 20 miles south of Boise, is home to the largest

concentration of nesting raptors—about 800 pairs—in North America. The site attracts thousands of visitors each year to observe these marvelous birds.

The **Peregrine Fund's Boise-based World Center for Birds of Prey**, celebrating its 30th anniversary this year, is the headquarters for the organization's projects to

conserve birds of prey worldwide. The center (not affiliated with the Morley Nelson Snake River Birds of Prey National Conservation Area) played a key role in saving the peregrine falcon from near extinction and is currently breeding critically endangered California condors. An interpretive center is open to visitors.



The Peregrine Fund's World Center for Birds of Prey.

Fun Facts: Towns

Arco was the first U.S. town lit by atomic energy, in July 1955.

Ashton held one of the first dogsled races in the United States, in March 1917.

Athol is home to Silverwood, billed as the Pacific Northwest's largest theme park.

Elk River is home to the largest tree in Idaho: the Idaho Champion Western Red Cedar. The tree is more than 3,000 years old, has a diameter of 18 feet and stands 177 feet tall.

Fossils of a predecessor of modern horses have been discovered in the 3.5 million-year-old **Hagerman Fossil Beds** near the town of Hagerman. A mounted skeleton of a "Hagerman horse," which was a horse-zebra mix, is on view at the visitor center at

Hagerman Fossil Beds National Monument.

Idaho City was known as the "Queen of the Gold Camps" during the gold strikes of the 1800s.

Kellogg is home to the famous Crystal Gold Mine, which was worked during the 1880s and now offers guided tours.



A skeleton of the 'Hagerman Horse.'

Lava Hot Springs was a sacred gathering place for the Bannock and Shoshone Indians.

Riggins and **Salmon** are world-renowned for their whitewater rafting.

Twin Falls was the site of Evel Knievel's 1974 attempt to jump across the Snake River Canyon on a motorcycle. The ramp that launched him can still be seen from Perrine Bridge.

Famous Idahoans Celebrities

Gutzon Borglum, the sculptor of the Mount Rushmore National Memorial in South Dakota, was born near Bear Lake in 1867.

Edgar Rice Burroughs, creator of the Tarzan stories, was a part-time resident of Pocatello. It is rumored that he wrote the first drafts of *Tarzan of the Apes* while running a stationery store in Pocatello.

Vardis Fisher, born in Annis, wrote or edited more than 30 books, such as *Children of God* (winner of the 1939 Harper Prize), *Tale of Valor* and *Mountain Man*.

Legendary jazz pianist **Gene Harris** retired to Boise in 1977 and often performed at a hotel there before going back on tour in the early 1980s. He was instrumental in founding the Gene Harris Jazz Festival, which has been held annually in Boise since 1998. The 2015 festival will be April 1–2.

Famous author **Ernest Hemingway** arrived in Sun Valley in 1939 and is buried in Ketchum, where he died in 1961.

Actor **Aaron Paul** of the hit series *Breaking Bad* was born and raised in Idaho. He is a graduate of Boise's Centennial High School.

Poet **Ezra Pound**, widely acknowledged for his role in revitalizing poetry in the early 20th century, according to poetryfoundation.org, was born in Hailey in 1885.

Musician **Paul Revere** was raised in Boise. At



Aaron Paul.



Ernest Hemingway.



Ezra Pound.

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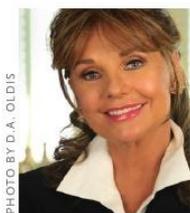
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Dawn Wells.

age 19, he joined a band that later came to be known as Paul Revere and the Raiders.

Dawn Wells, best known as Mary Ann on the TV show *Gilligan's Island*, grew up visiting her father's summer ranch in Driggs, in the Teton Valley. The area remains one of her favorite spots, and for several years she ran a film actors' boot camp in Driggs.

Olympic Gold Medal Athletes



Kristin Armstrong.

Two-time Olympic gold medal cyclist **Kristin Armstrong** lives in Boise, where she helped design the Kristin Armstrong Trail, a 0.6-mile bike trail for children that opened in Boise Hills Park this year. Armstrong is also co-owner of the Boise-based bicycle-components company K-Edge.

Idaho State University graduate **Stacy Dragila** won the first gold medal in women's pole vaulting, at the 2000 Summer Olympics.

Kaitlyn Farrington, who won the gold medal in the women's halfpipe at the 2014 Winter Olympics, grew up on a ranch in the Sun Valley area, and enhanced her snowboarding skills at Sun Valley Resort.



Kaitlyn Farrington.

In 1948, **Gretchen Fraser** became the first American to win an Olympic gold medal in alpine ski racing. Fraser was born and raised in Washington but moved to Sun Valley after participating in the prestigious Harriman Cup international race in 1938.

Bill Johnson, who learned how to ski at the Bogus Basin Ski Resort just outside of Boise, became the first American to win a World Cup downhill event, in 1984, and that same year became the first American male to win an Olympic gold medal in alpine ski racing.

Dan O'Brien, who attended and trained at the University of Idaho in Moscow, won the gold medal for the decathlon in the 1996 Olympics, where he also earned the title of the World's Greatest Athlete.

Picabo Street, who won a gold medal in the Super G at the 1998 Olympics (and had also won silver in the 1994 Olympic downhill), learned how to ski in her hometown of Sun Valley.

Other Notable Athletes

Power hitter **Harmon Killebrew**, born in Payette, played baseball for the Washington Senators, the Minnesota Twins and the Kansas City Royals. By the time he retired in 1975, he had hit more home runs—573—than any right-handed hitter in the American League. He was inducted into the National Baseball Hall of Fame in 1984.



Sandpoint High School graduate **Jerry Kramer**, now a resident of the Boise area, played right guard for the Green Bay Packers when the team won the first two Super Bowls, in 1967 and 1968.

Vernon Law, from Meridian, won the 1960 Cy Young Award while pitching for the Pittsburgh Pirates.

Pro Rodeo Hall-of-Famer **Dee Pickett**, who had been quarterback of the Boise State Broncos during the 1976 and 1977 seasons, earned the Pro Rodeo All Around and Team Roping world-champion titles in 1984.



Dee Pickett.

Three-time Kentucky Derby-winning jockey **Gary Stevens**, from Caldwell, played the part of jockey George Woolf in the movie *Seabiscuit*. Stevens has also won the Preakness and the Belmont three times.



Gary Stevens.

Innovators

Joe Albertson was the founder of the Albertsons grocery store chain in 1939 and opened his first store in Boise. He was born in Oklahoma, and his family moved to Caldwell when he was 3. He later attended the College of Idaho.

At age 14, **Philo T. Farnsworth** came up with a brilliant idea for a cathode-ray tube, which would later lead to television. His family had come to Rigby in the early 1900s, when he was 11. He was inducted into the National Inventors Hall of Fame in 1984. (His great-nephew, College of Idaho graduate Christopher Farnsworth, is the author of *The President's Vampire* novel series.)

Barbara Morgan, known as the "Teacher of the Next Frontier," was an elementary-school teacher in McCall prior to becoming a NASA astronaut. Morgan has logged more than 305 hours in space, complet-



Barbara Morgan.



COURTESY SACAJAWEA CENTER

Statue at the Sacajawea Interpretive, Cultural & Educational Center near the town of Salmon.

ing her first space flight in 2007 as a mission specialist on the crew of STS-118, an assembly mission to the International Space Station.

Sacajawea was born in the late 1700s in what is now Eastern Idaho. She was the Shoshone Indian guide and interpreter for the Lewis and Clark Expedition, and played a key role in the expedition's success.

J.R. Simplot was sometimes known as the "French Fry King." He moved to Idaho during his teens and founded what is now one of the world's largest privately owned businesses. Based in Boise, J.R. Simplot Company is also one of the world's largest frozen-potato processors and one of the nation's largest beef-cattle producers, and serves as a major agricultural-fertilizer manufacturer.

Political Leaders

Cecil Andrus served as Idaho's governor longer than anyone else in state history: January 1971–January 1977 and January 1987–January 1995. He was also U.S. Secretary of the Interior

during the Carter administration. In public life, he has been noted for his environmentalist views.

Ezra Taft Benson, born in Whitney, served as the U.S. Secretary of Agriculture for eight years under the Eisenhower administration. He subsequently became the 13th president of The Church of Jesus Christ of Latter-day Saints.

William E. Borah, known as the "Lion of Idaho," was elected to the U.S. Senate in 1907 and became known as one of its most powerful members, serving until his death in 1940. Mount Borah (Idaho's highest point), Borah High School (Boise) and Borah Elementary School (Coeur d'Alene) were all named in his memory.

The Frank Church–River of No Return Wilderness is named after **Frank F. Church**, who served in the U.S. Senate from January

The Frank Church–River of No Return Wilderness.



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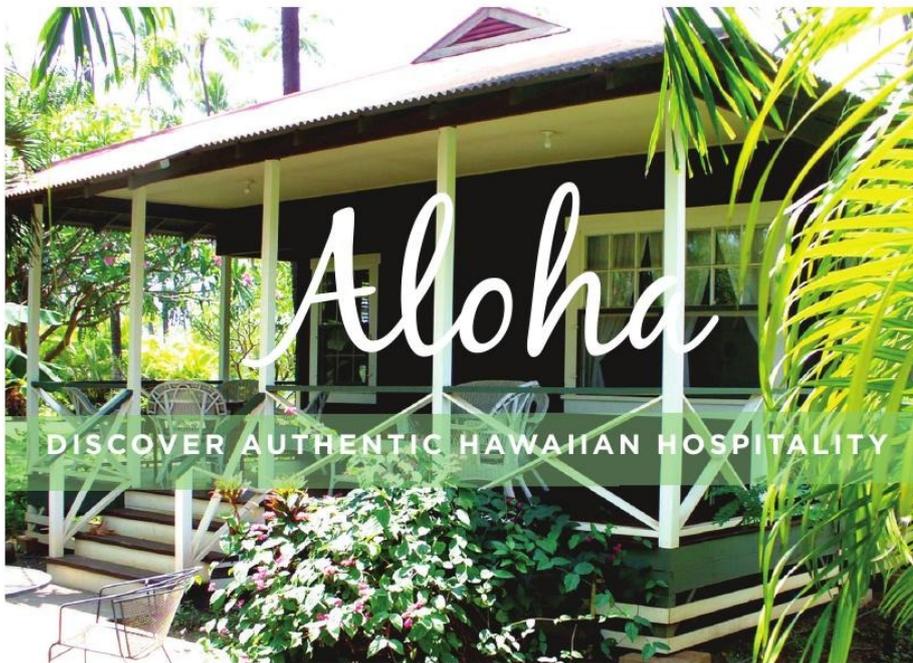
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1957 to January 1981. He played a major role in passage of legislation creating the National Wilderness Preservation System in 1964, according to the U.S. Forest Service. He was also appointed as the U.S. delegate to the 21st General Assembly of the United Nations.

Fred Dubois, a well-known delegate and senator from Idaho in the late 1800s and early 1900s, was later appointed by President Calvin Coolidge to serve, 1924–1930, on the International Joint Commission created to prevent and resolve disputes regarding the use of the boundary waters between the United States and Canada. ■

The information in this story and its sidebars is courtesy the State of Idaho; for more information: visitidaho.org and commerce.idaho.gov.

Business Advantages

Idaho's economy is flourishing, according to the Idaho Department of



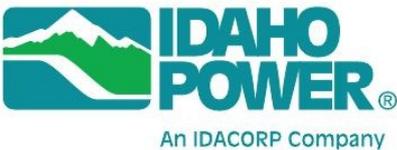
Commerce, with the state's balanced budget, predictable tax structure and business incentives all contributing to business confidence.

Kiplinger listed Idaho as **No. 6** on a list of 10 states likely to see the fastest job growth this year, citing the state's high-tech and energy sectors; stronger construction, manufacturing and information-tech industries; and brisk hiring in education and health services.

Also this year, Thumbtack.com (a Web-based business marketplace) and the Ewing Marion Kauffman Foundation released the results of a **Small Business Friendliness Survey**, based on responses from businesses in each state. Idaho was **one of the four friendliest states nationwide for small businesses. The Gem State got an A+ overall**, with an A+ in eight categories, ranging from ease of starting a business to regulations and tax code. Idaho had the highest share of entrepreneurs in the country who derived their primary form of income *(Continued on page 62)*



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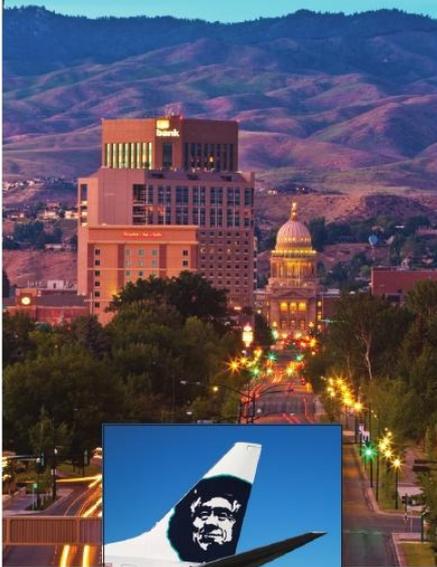
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- Increasing productivity and safety
- Reducing maintenance costs
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(Continued from page 60) from their business, and the state had the second-highest share of startups in the country.

Idaho also was ranked in the **top 10 states for business climate** in the U.S. Chamber of Commerce Foundation's "Enterprising States 2014" report. Idaho was No. 3 for small-business lending and No. 3 for cost of living. Below are just a few examples of the many ways Idaho is a good place to do business.



Business Assistance:

Workforce consultants and analysts from the Idaho Department of Labor work closely with business owners and others to determine employers' needs and connect businesses with a high-quality workforce. The department also creates specific employee-training programs to help new businesses. In addition, the state offers **Workforce Development Training Reimbursements and New Job Tax Credits**.

Idaho businesses also benefit from incentives such as the state's **Tax Reimbursement Incentive, Idaho Opportunity Fund, 3% Investment Tax Credit, Property Tax Exemption, Production Sales Tax Exemption, sales-tax rebate program, and a variety of grants**, including infrastructure-improvement grants and STEP (State Trade and Export Promotion) Grants to support Idaho businesses looking to expand into international markets through exports. And the Department of Commerce's **Idaho Procurement Technical Assistance Center** helps companies with their efforts to secure government contracts.

Other incentives are available in individual municipalities, such as tax increment financing and industrial revenue bonding. And through the state, grants of up to \$350,000 are available to help communities expand their infrastructure to accommodate new or expanded commercial or industrial facilities.



Education:

Idaho has four **four-year state universities/colleges** (Boise State University, Idaho State University, Lewis-Clark State College and University of Idaho) and four

two-year colleges (College of Southern Idaho, College of Western Idaho, Eastern Idaho Technical College and North Idaho College). There are also more than 20 private universities and colleges, as well as many professional-technical training centers.



Energy:

Electricity costs in Idaho are **second-lowest in the country**, according to the Idaho Department of Commerce, in part because of the state's 17 hydroelectric power plants. Nearly 80 percent of Idaho's electricity comes from renewable-energy resources; 58 percent of that 80 percent comes from hydroelectric, with the rest generated from wind and geothermal sources, according to the state Commerce Department. A significant number of downtown buildings in Boise, including the State Capitol building, parts of Boise State University and many government office buildings, are heated with geothermal energy.



Health Care:

Idaho has **more than 50 licensed hospitals**, including two major medical centers in Boise: Saint Alphonsus and St. Luke's. Both medical centers maintain and/or are part of a network of regional care centers.



Quality of Life:

With more than 82,000 square miles, Idaho is a land of rugged mountains and vast open spaces, offering **just about every kind of recreation imaginable**, while its cities boast numerous cultural activities, from museums, ballet and symphony to the Idaho Shakespeare Festival. And in addition to the low cost of living, Idaho's crime rate is the lowest in the West and the third-lowest among states nationwide, according to FBI statistics.

For More Information: Idaho Department of Commerce, 208-334-2470 or 800-842-5858, commerce.idaho.gov; Idaho Economic Development Association, ieda.biz; Idaho Department of Labor, 208-332-3570, labor.idaho.gov; Gem State Prospector, gemstateprospector.com.

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Bearmouth Legacy Ranch

Drummond | \$17,500,000

8,500sf luxury lodge with 5,000sf of multi-level outdoor living space, guest house, two chalets, two hunting cabins, multiple outbuildings. 8,200 acres nestled on the Clark Fork River, indoor/outdoor shooting ranges. 18-hole frisbee golf course.



Rehbein Ranch

32526 McLeod Road Arlee | \$9,200,000

1,720+/- acre ranch nestled in the Mission Valley. 680 irrigated/1,000 pasture acres, gravel pit, custom 6,900sf log home, orchard, pond, hunting area. Top hay producer in area.



Hidden Valley Ranch

848 Sweathouse Creek Road Victor | \$6,950,000

4 Bed, 7 Bath, 9,700sf luxury lodge w/superior craftsmanship throughout. Available with 62-250 acre ranch, nestled in the Bitterroot Mountains



Private Missoula Vineyard

2761 Contour Road Missoula | \$4,950,000

Over 9,000sf in ultimate quality and design. 5 bed/+bonuses, 7 bath, exquisite features and finishes, spacious courtyard. Private 10.5 acres, 1 acre organic vineyard. Minutes to downtown and university.



Sapphire Ridge Ranch

2062 Hawks Peak Drive, Florence \$1,800,900 - \$3,950,000

9 parcels ranging from 12-24 acres and one gorgeous 5,676sf custom home. Total of 151+acres private land on both sides. True western living with all modern amenities. Acreage options.



Unlimited Applications

11330 Moccasin Lane Frenchtown | \$5,500,000

Rare opportunity to purchase 160 acres of unzoned land near Missoula. Commercial, farm/ranch, or subdivision. 154 irrigated acres, outbuildings. Easy highway access.



Custom Home on 3.8 Acres

2932 Starlight Drive Missoula | \$2,630,000

Custom 7,500sf luxury home, with exceptional details throughout, spacious master, gourmet kitchen and multiple decks. Guest house, sport court, indoor pool and sauna room. Rare 3.8 park-like city acres with amazing views.



Custom Log Home

3146 Pattee Canyon Rd, Missoula \$1,300,000-\$1,500,000

Custom 5 bed/4 bath log home on up to 24 acres, amazing master, mountain views, floor to ceiling windows, wrap around deck, oversized shop w/indoor basketball court. Acreage options available.



Burr Creek Ranch

Victor | \$259,000-\$1,300,000

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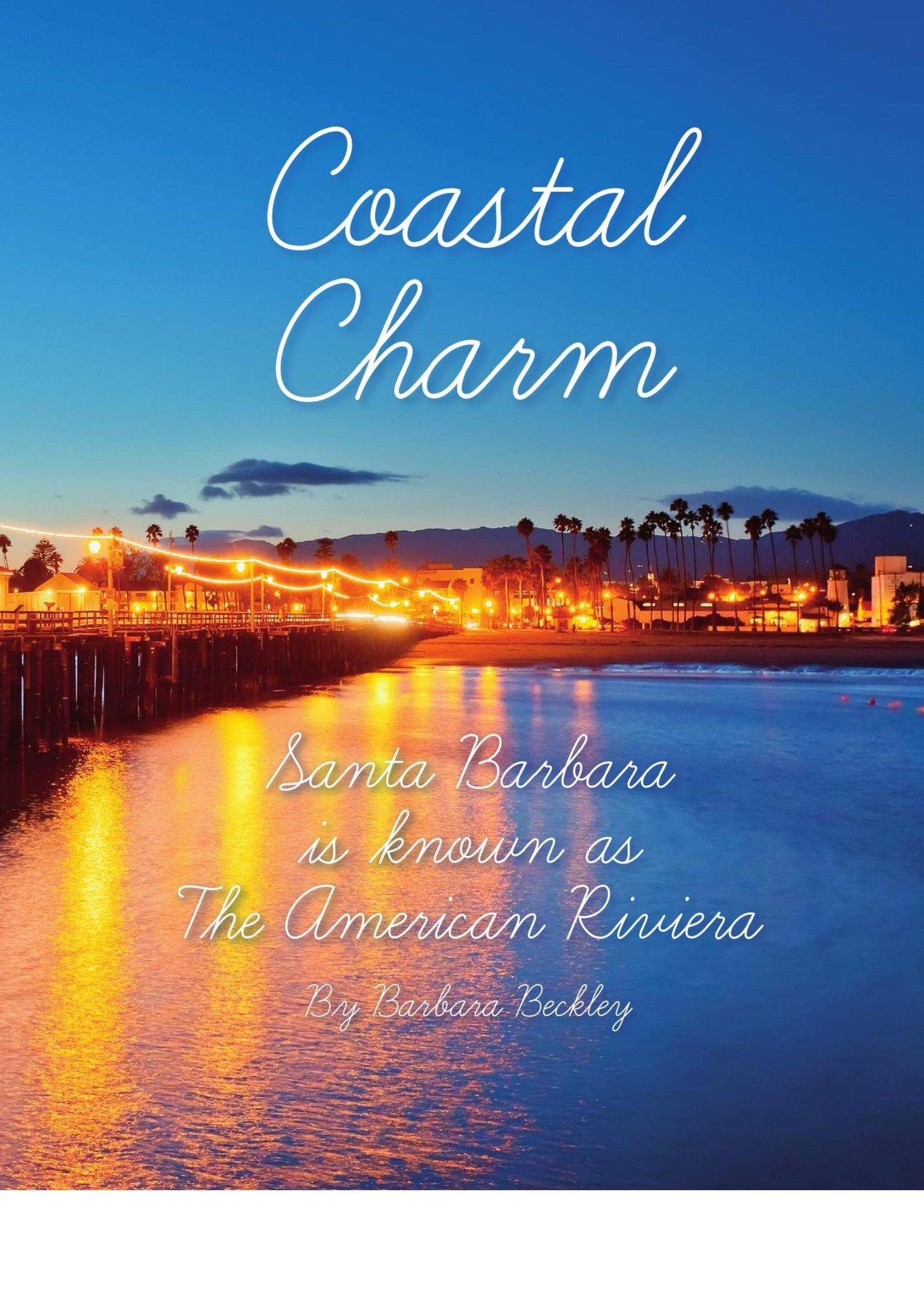
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When completed in 1872, Stearns Wharf became the longest deep-water wharf between San Pedro and San Francisco. Today it is home to a variety of shops and restaurants.

A night photograph of a coastal town, likely Santa Barbara, with warm lights reflecting on the water. The scene features a pier on the left, a beach in the middle ground, and a row of palm trees and buildings in the background under a dark blue sky. The lights from the buildings and the pier create a golden glow on the water's surface.

Coastal Charm

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By Barbara Beckley



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"You're doing great!"

says Nathan Weber, my instructor with Santa Barbara

Fitness Tours. His supportive words are music to my ears as I float on the mirrorlike waters of Santa Barbara Harbor. I'm balanced on my knees on a stand-up paddleboard (SUP), and this first position of my 90-minute SUP lesson/tour is easy. "Now," Weber adds, "stand up." Summoning my childhood ballerina balance, I raise my hips—up, up, up—then lift the paddle. Woo hoo! Standing tall and proud, I'm thrilled. It's sort of like walking on water—only I'm standing in place, easily balancing the board beneath my feet. I give Weber a high-five, dip my paddle into the shining sea and take off. I feel as cool as every paddleboarder looks—gliding smoothly across the harbor with blue sky above and Santa Barbara's beautiful red tile roofs gleaming on the shore behind me.

Water World

Santa Barbara Fitness Tours specializes in prearranged SUP lessons and tours for individuals, families and groups. This morning it's just Weber and me. He leads me on a wonderful 2-mile coastal adventure. We begin by gliding around the yachts docked in the sizable Santa Barbara Harbor, then under four small bridges low enough that I need to bow my head slightly, and past the rocky breakwater, where I spot seals and sea lions lazing on the rocks, and cormorants and pelicans diving for fish.

Then it's out to sea. Paddling across the channel toward Stearns Wharf, I gleefully ride the



SHIRLEY KILPATRICK / ALAMY



JAY SINCLAIR (2)



From water sports to beautiful vineyards and an abundance of museums and art galleries, Santa Barbara has something for everyone.



JAY SINCLAIR

Catch of the day: Fresh seafood is on the menu at many of Santa Barbara's fine restaurants.

small wakes from passing sailboats.

"Now it's time to make a hairpin turn," Weber says, as we round the tip of the wharf. I turn the paddle "backward" (just as he showed me early on), paddle one stroke and—voila! I make a 180-degree turn. We paddle under the wharf and it's smooth sailing

until—whoops—I'm back in shallow water, making an unplanned dismount. I wobble and splash down into the surf, ruining my perfect stand-up record—but not my enthusiasm. "All the more reason to do it again," Weber says with a smile. I agree.

Since I live in Los Angeles, I enjoy visiting Santa Barbara for a weekend or longer whenever I can—and not just for the paddleboarding. My SUP excursion is just one of the many activities that attract me and countless visitors to the American Riviera, which basks between emerald hills and the sparkling sea, two hours north of Los Angeles.

Awesome surfing is another water sport. Since the 1960s, the region has been a destination for hanging ten at legendary surf breaks such as Rincon, The Ranch and Jalama. Kayaking, boating and sunbathing along a bevy of spectacular beaches add to the big splashy fun. Add in the charms of a renowned wine-and-food scene, fine art and myriad attractions, and this sunny city has something for just about everyone.

Wine & Dine

I finish my SUP lesson at 11:30 A.M.—perfect timing to savor the foodie side of the city. With seasonal organic produce grown in nearby fields, fish fresh from the sea and more than 175 wineries throughout Santa Barbara County, I'm in epicurean heaven.

Walking back across the beach to my harbor-view room at the new Hotel Milo (renamed in May from Hotel Oceana and beautifully renovated in 2012), I change clothes and pick up a copy of the Santa Barbara Urban Wine Trail at the front desk. The trail is a self-guided map to the city's 25 wineries and tasting rooms, published by the wineries and tasting rooms themselves. It's a fun and easy way to taste-test the region's acclaimed Pinot Noir, Chardonnay, Syrah,

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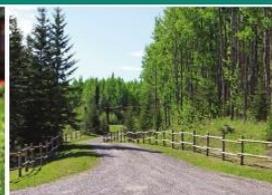
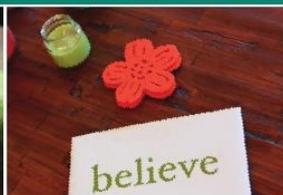
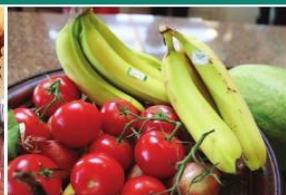
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Sauvignon Blanc and 40 other varietals on foot without leaving downtown. Many of the tasting rooms are within steps of each other. One, the Deep Sea wine-tasting room, pouring blended and estate-bottled Conway Family Wines, is on Stearns Wharf, with 360-degree views—among the best wine-tasting views I've ever seen.

At the Sanford Winery & Vineyards Santa Barbara tasting room in historic La Arcada Plaza—my first stop on the Urban Wine Trail during this current visit—lead hospitality associate Eileen Medina-Jordan explains: "We bring Santa Barbara's great wine regions to you." The historic area runs along tree-lined State Street and forms the heart of Santa Barbara's charming downtown, with beautifully restored 19th century and early 20th century buildings filled with enticing shops, restaurants, theaters, museums and wineries.

I'm sitting on a cushy swivel stool at the Sanford tasting bar. Frank Sinatra croons in the background, and upholstered sofas and wood shelves lined with wine bottles create a sophisticated, residential ambiance. It's clear that guests are expected to take their time savoring Sanford's award-winning small-production wines.

I sniff, swirl and sip my way through a flight of six wines, including a citrusy Chardonnay; a light, crisp 2012 Pinot Noir—Vin Gris; a velvety 2010 Pinot Noir (which received 90 points from *Wine Spectator* magazine); and a single-vineyard La Rincónada Pinot Noir with a berry finish.

From Sanford, I enjoy a short walk to three tasting rooms clustered around the courtyard of the Wine Cask restaurant. The Wine Cask is considered a landmark for wine-and-food pairings, and I'm thrilled that friends have asked me to join them for lunch. I'm early, so I check out the adjacent wine-tasting offerings: rich Pinot Noirs and Chardonnays at the Au Bon Climat Tasting Room & Jim Clendenen Wine Library, luscious Rhône varietals at the Margerum Wine Company, and full-bodied Bordeaux blends at the Grassini Family Vineyards and Winery.

The wine-tasting continues at the Wine Cask. The waiter recommends and pours a splash of two different wines—a Viognier

from Jaffurs Wine Cellars and a Curran Grenache Rosé from D'Alfonso-Curran Wines—to pair with my Santorini salad (amazingly fresh-tasting chicken drizzled with olive oil, paired with butter lettuce, avocado and toasted pine nuts). The Viognier is deliciously bold, fruity and slightly sweet. But the bone-dry, slightly spicy Grenache Rosé is a perfect fit.

Scarlett Begonia, also in the downtown historic district, is another favorite local restaurant for fine wines and creative cuisine—think dragon tongue beans, black raspberries and wild local seafood. Even the ketchup is housemade.

Taking a day trip to Santa Barbara's wine country is another delightful way to savor the fruit of the vines. The Santa Barbara Vintners' Association has free self-guided wine maps, and tour operators and limousine charters offer guided wine tours. The vineyards begin to appear about 45 minutes outside downtown.

Art About Town

With more than 60 museums and galleries in Santa Barbara, culture lovers of all types can find their match. The choices range from the avant-garde Museum of Contemporary Art Santa Barbara to the



JAY SINCLAIR

Carriage and Western Art Museum to the Santa Barbara Museum of Natural History and the interactive Santa Barbara Maritime Museum.

At the Santa Barbara Museum of Art, which I visit the next day, more than 28,000 works of art form a collection of a magnitude and quality rare for such a small city. The museum's stellar works are visible even before you enter. The 1932 *Portrait of Mexico Today*, by Mexican muralist David Alfaro

The courtyard for the Wine Cask, a restaurant that is noted for wine-and-food pairings.

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Siqueiros, is on the front terrace for all to see and enjoy.

"We're extremely fortunate to have gifts from area residents that give our museum a quality of art usually not available to a museum of our size," Eik Kahng, the assistant director and chief curator, explains as we walk through the galleries past quintessential ballerinas by Degas and *Portrait of a Young Girl* by Berthe Morisot, sister-in-law of Manet. "You can feel the energy and see how her work was deeply affected by Manet," Kahng notes.

French Impressionism is the museum's tour de force. The permanent collection and the "Degas to Chagall" continuing exhibit (on loan from the Armand Hammer Foundation through 2014 and probably beyond) combine to create a breathtaking experience. I ooh and aah over a Paris street scene by Gustave Caillebotte, a stunning landscape by Camille Corot, the *Pont Saint-*

Michel by Matisse and *Charing Cross Bridge* by Monet.

Then I spot a Monet that looks amazingly like Santa Barbara. It's not. But its singular look-alike quality, Kahng says, makes *Villas in Bordighera* (painted by the artist in 1884 in Italy) one of the museum's most memorable works.

You could say the same about Santa Barbara. Every time I visit the American Riviera, I'm delighted by the bounty of new and varied experiences—which make for a most memorable destination. ■

Writer Barbara Beckley lives in Southern California.

Alaska Airlines (800-ALASKAAIR; alaskaair.com) flies daily to Santa Barbara. To book an Alaska Airlines Vacations package to Santa Barbara, go to alaskaair.com/vacations or call 800-468-2248.

More Great Outdoor Activities

Whale watching—From gray to blue, whales of many species cruise in Santa Barbara's waters. From February to May, gray whale sightings are frequent, and you may see humpback and minke whales. **Condor Express** (condorexpress.com) offers daily, year-round whale-watching cruises.

Golf—Tee off on championship courses, including the Robert Trent Jones Jr.—designed course at **Rancho San Marcos** (rsm1804.com); dual world-class courses at the **Alisal Guest Ranch**, which also has excellent horseback riding (alisal.com); and the oceanfront **Sandpiper Golf Club** course (sandpiper.com).

Birding—Watch some of the 494 bird species



(sbcobirding.com) at viewing areas, including the **Santa Barbara Harbor, Andree Clark Bird Refuge, Mission Canyon, the Goleta Devereaux Slough and the Carpinteria Creek & Salt Marsh Preserve** (carpinteria.ucnrs.org).



Beachside Bike/Segway—Pick up a bicycle or four-wheel surrey at one of the rental shops on

lower State Street on the waterfront, or have bikes delivered to your hotel via **Wheel Fun Rentals** (wheel-funrentals.com). Take a Segway tour with **Segway of Santa Barbara** (segway-ofsb.com). Miles of beach and downtown bike paths make for freewheeling fun.

Gardens—Stop and smell the flowers at the 78-acre **Santa Barbara Botanic Garden** (sbbg.org) in woodsy Mission Canyon; **Ganna Walska Lotusland** (lotusland.org), featuring rare and exotic plants at a beautifully manicured manor; and the **Santa Barbara Orchid Estate** (sborchid.com), one of the world's foremost orchid collections.





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Cultural Activities

Red Tile Walking Tour—See the best of the city's architecture on this self-guided tour encompassing 12 blocks, 22 historic adobes and 17 other significant structures. Download the tour map at santabarbaraca.com.



Mission Santa Barbara—Experience Early California history at the "Queen of the Missions," founded in 1786, the 10th of California's 21 Spanish missions. Take a docent- or self-led tour through the antique-filled museum, church, gardens and cemetery. Perhaps attend a Sunday mass (santabarbaramission.org).

Film Tours—From *The Graduate* to *Sideways* to *It's Complicated*, the Santa Barbara area is a hot ticket for moviemaking. Download self-guided film-tour itineraries, the *Sideways* map, the Star Sleeps list of resorts where the rich and famous have stayed, and movie trivia at sbfilmstour.com.

Culinary Finds

Farmers Markets—Sample the seasonal bounty from local growers at the weekly **Santa Barbara Certified Farmers Market** (sbfarmersmarket.org), offered at various locations throughout the county. Take a foodie stroll with the chef of **Wine Cask** (winecask.com) or **Bouchon** (bouchonsantabarbara.com) at the Tuesday location on State Street downtown, followed by dinner and wine.

Brew Trek—Savor handcrafted brews, from crisp ales to smooth stouts, at eight area microbreweries. Several, including the **Santa Barbara Brewing Co.** (sbbrewco.com) and **The Brew House** (sbbrew-house.com), double as restaurants, while others, such as the **Telegraph Brewing Company** (telegraphbrewing.com) and **Figueria Mountain Brewing Co.** ([BIKER. SAILOR. TRAVELER.
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Off the Beaten Path

The Salt Cave—Soak up the good vibes of salt by relaxing in the amber glow of Santa Barbara's unique underground Salt Cave, crafted from tons of ancient Himalayan salt crystals (saltcavesb.com).

The Funk Zone—Once an industrial hub, this hip neighborhood is now a go-to spot for art galleries, wine-tasting bars, restaurants and microbreweries (funkzone.net).

SoCo (South of Cota)—Discover Santa Barbara's bohemian side a few blocks east of State Street and south of Cota Street.

Muddy Waters Cafe caffeinates by day and showcases local musicians and artist by night. **Art from Scrap** (exploreecology.org/art-from-scrap-santa-barbara.php) includes the AFS gallery, with rotating exhibits and art workshops. Or visit **Carr Vineyards & Winery** (carrwinery.com) for libations.

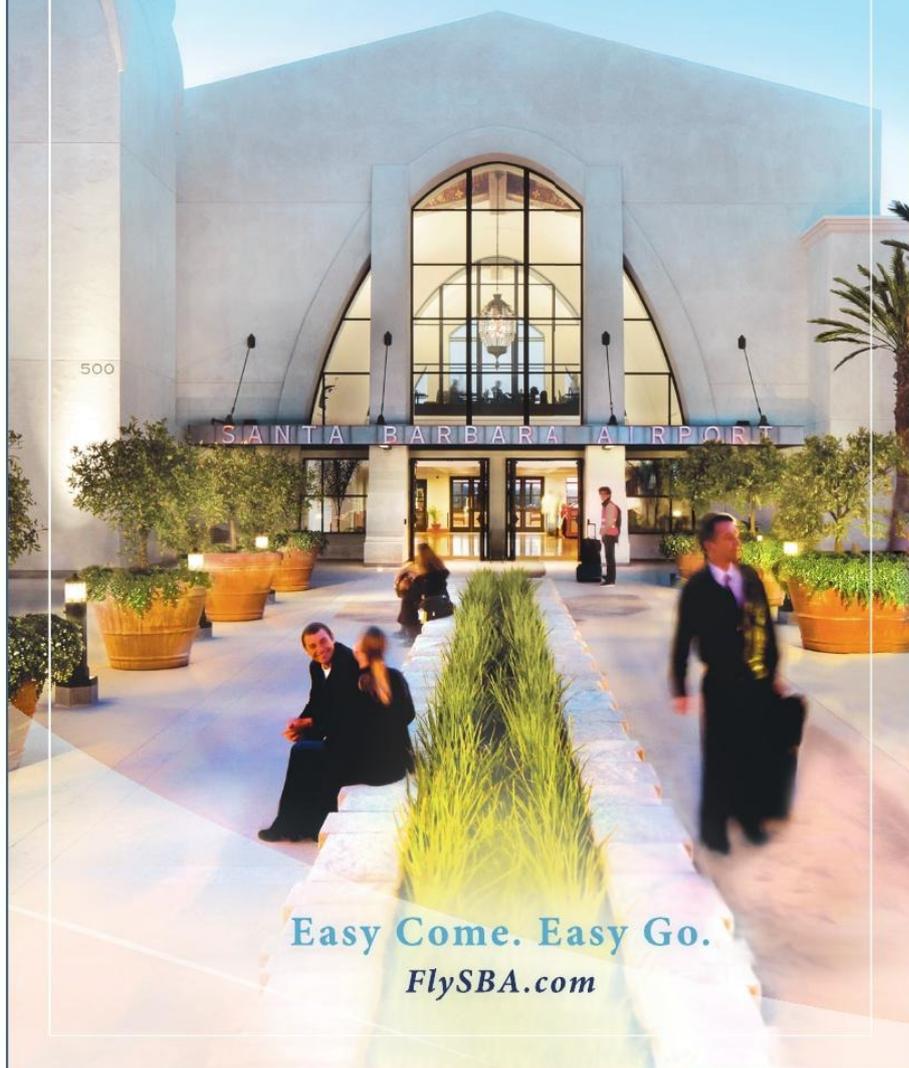
Goleta—View thousands of monarch butterflies from late October through mid-February at the **Goleta Butterfly Grove** (goletabutterflygrove.com), about 10 miles west of Santa Barbara. Ride the miniature railroad at the **South Coast Railroad Museum** (goletadepot.org). Visit **Rancho La Patera** and the **Stow House**, built in 1873, for a glimpse into the area's prosperous past (stowhouse.com).

Carpinteria—See marine life along the shores of this town 12 miles east of Santa Barbara. The **Carpinteria State Beach** (parks.ca.gov) tide pools are alive with sea stars, anemones and octopuses. From December through May, watch seals caring for their pups at the **Carpinteria Harbor Seal Preserve** (carpinteria.ca.us). —B.B.

SANTA BARBARA AIRPORT

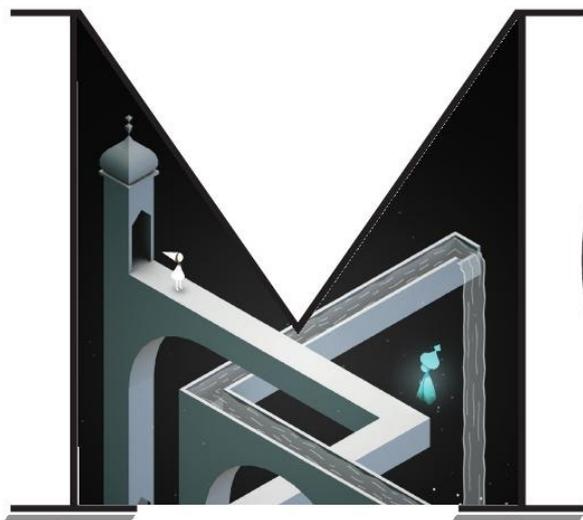
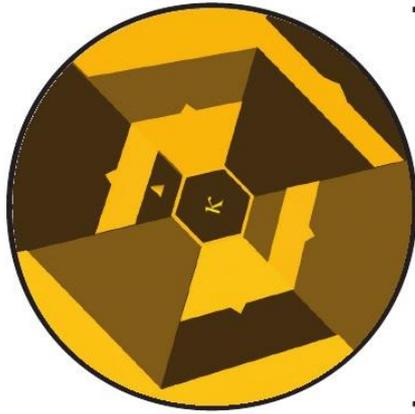


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G O I N O



THESE GAMES ARE APPS TO PLEASE



By Gianni Truzzi

My fingers swipe and tilt the screen of my mobile device as I leap chasms, solve puzzles and race against a clock in a succession of challenging games. What fun! But it's all for your benefit, as I try newly available apps for smartphones and tablets.

While exploring these games for iOS (iPhone and iPad), Android and Windows Phone devices, I learned what to avoid. To start, a free game is seldom truly free. Such games often invite you to make purchases, something to be aware of, especially when children play. Also, too much solicitation gets in the way of fun, and I'm likely to delete games that remind me too often to play them.

More welcome, however, is the now-common practice of sharing results on social media, as well as multiplayer modes where you can join others through the network, even for the simplest of games.

Here's the best of what I found. >>

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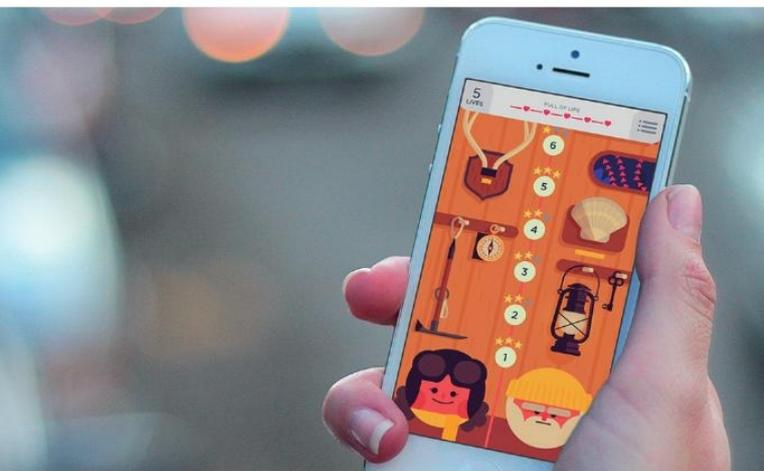
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Andy Bunn, PhD, Director
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Squaring Connections

Simplicity is nice, but sometimes you want more. That's clearly what inspired **TwoDots** (Betaworks, free: iOS, Android), the follow-up to the stylish and absorbing game *Dots*. The sequel to the tile-matching game maintains the sleek, modern design of the original, in which a grid of brightly colored dots on a white screen invites you to connect like-colored ones, clear the grid and score points.

Forming squares grants a bonus by zapping all dots of the same color, the key to achieving high scores. My eyes soon learned to spot strategies for creating squares, as I moved from one session to the next.

Whereas *Dots* is a race against the clock, *TwoDots* demands you clear certain colors within a limited number of moves. Success advances you to the next level, where interesting twists await. The less furious pace of play allows you to think through its novel challenges.

For comparable Windows Phone apps, check out **Dots Connecting** or **DCD - Dots Connecting the Dots**.

Use Your Words

The brainteaser game **Red Herring** (Blue Ox Technologies Ltd., free: iOS, Android, Windows

Phone) offers word mysteries to be solved by finding the clues that don't fit. From a hodgepodge of possibilities, you drag words

into columns that match, but some words don't belong anywhere. When the game identifies column names for you, such as "Utensils," it's easy to know where fork and spoon fit, but the game becomes vexing fun when column names aren't shown and you're left to figure out where the odd words go, or if they belong anywhere at all.

This amusement is effective, and while the hardest of its three levels of difficulty can be daunting, I found the easiest a good way to engage a friend's 6-year-old child whose energy would have otherwise wandered into boredom. If the initial set of free puzzles isn't enough, you can purchase another set of 50 puzzles for 99 cents.

An earlier word-puzzle game from the same company, **7 Little Words**, is free for Windows Phone, iOS and Android. In this game, clues help you build mystery words from their out-of-sequence syllables, a task that offers lots of challenges.

Beauty and Brains

It's rare that a mobile app makes me want to grab strangers and show it to them, but the lush elegance of **Monument Valley** (ustwo, \$3.99: iOS, Android) stirred that degree of enthusiasm. In addition to providing engaging and innovative puzzles, its visual design makes the game a work of art.

The goal is simple—you help the girl, Ida, travel through colorful, strangely built monuments of a lost civilization—but the experience is astounding. The puzzles in the 10 levels of journey are inspired by the drawings of M.C. Escher, in which tricks of perspective can render the impossible. Ida travels in the most unlikely ways, on horizontal and vertical surfaces alike, bridging gaps in her path through the most improbable means. A clever turn or change in viewing angle may reveal an unexpected connection, leading to more surprises.



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Its gentle visuals, inspired not only by Escher but also by Japanese prints, encourage a Zen-like focus to match. With varied levels to solve, *Monument Valley* provides some solid time of enchanting, playful discovery.

Origami Inspiration

While most platform games usually involve a single character running and jumping, *Kiwanuka* (CMA Megacorp, \$1.99; iOS, Android)

works with a crowd. In each of these puzzles, refugees must get from asteroid to asteroid to free the next member of their tribe from a crystal prison. To traverse the gaps, you help these characters form human chains to scramble across each other and climb between the asteroids. A wrong or improperly timed move sends them into the oblivion of space, soon to be revived for another try.

The challenge grows as you proceed, with forbid-

den zones and hazards that block your way, and I was drawn in enough to play through its final level. What makes *Kiwanuka* distinctive, however, is a crisp and colorful visual style. Its London-based developers cite the geometric folds of origami as their inspiration, and the game invites the same kind of deliberate concentration required by the art of paper folding. The thumping techno music sound track intends the same reverie, but, admittedly, I had to turn off the sound.

Going for Gold

There is treasure in *Leo's Fortune* (1337 & Senri, \$4.99; iOS, Android), but it's not just the gold coins that furry blue Leo scoops up on the booby-trapped trail. Value can also be found in the richly conceived and drawn animations that keep you watching as you play.

In this side-scrolling game, Leo is a blue, mustachioed and angry furball, but I warmed up to him as he glided, jumped, inflated and



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bounced to retrieve his lost treasure across broken roads, spike-filled mines and ruined cities. Getting past the hazards requires some thinking, good timing and more than a few tries, but it's challenging without being discouraging.

For Windows Phone and iOS devices, the similar and very popular side-scroller *BADLAND* (Frogmind, \$3.99) is newly available. Here, a forest creature must negotiate devilish traps and threats in its sidelong journey. The game immersed me in its rich, atmospheric world, with a look that evokes Japanese animator Hayao Miyazaki's film *Spirited Away*.

Tiny Adventuring

The humorous point-and-touch games made by Czech indie studio Amanita Design are more than just pretty to look at; they are quirky and draw you in with what feels like a pleasant



COURTESY AMANITA DESIGN

smile. The studio's latest release, *Botanicula* (\$4.99; iOS), is no different.

In the brightly inviting adventure game, the ordinary becomes odd on a small scale, as five little botanical friends explore their tree to save it from life-draining parasites. This diverse world of tiny creatures is discovered through encounter and experiment, rewarding you for



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COURTESY AMANITA DESIGN

creativity. It's a slow-paced game that's best when shared, as I did with a helpful high-school-age friend whose urgent swipes of my iPad screen evinced a fascination with the puzzles. A version for Android devices will be released later this year.

Owners of mobile devices can get their dose of Amanita Design, too, with the recent re-release of the studio's earlier game **Machinarium** (\$4.99: iOS, Android, Windows Phone). The same winsome play is found in this adventure of a small robot going through a mechanized city to rescue his beloved from robot bullies.

Do the Twitch

I tend to shy away from any game whose medium-level setting is called "Futile," but the fast-paced **Impossible** (Acceleroto, \$1.99: iOS, Android) is too stylish and fun to stay away from. As if on a roller coaster at dusk, you speed and rotate on the surface of an airborne tube, and work (by tilting the device or using thumb controls) to avoid the action-halting vertical plates that rise from it.

An arcade-style "twitch game," **Impossible** requires fast reaction and inspires amped-up agitation, which I felt even at the



COURTESY ACCELEROTO

lowest "Simple" level. Those with better reflexes will find adrenaline bliss in Unpos-

sible's midlevel and "Ultra" modes.

For Windows Phone devices, **Super Polygon** (Dangling Concepts, free) can provide as much twitch. In this new lookalike of the **Super Hexagon** game long popular on iOS and Android, you keep your triangle that orbits the center polygon from hitting the closing-in walls of a spinning concentric maze. Although the graphics are more primitive than in **Impossible**, the game can be even more hypnotic.

Driving Action

Keeping to the road isn't enough for today's driving-game enthusiast, and **Asphalt 8: Airborne** (Gameloft, free: iOS, Android, Windows Phone) obliges by letting your speedster leave the ground to perform mid-air tricks, with realistic 3-D action.

The throttle is always on full as your car zooms and drifts around the track, competing with eight other cars to take first place. Your driving skills earn power-boosting nitro and unlock more glamorous cars from a total of 61 choices, ranging from a Dodge Dart GT to a Lykan Hypersport, as you gain



COURTESY GAMELOFT

experience across nine seasons of racing.

It's the game's cheeky novelties, such as a racing mode in which you tag your competitors with a delayed neutralizer, that help make it memorable. Ramps, including some shaped to induce an acrobatic barrel roll, provide the game's signature moves. Players can purchase upgrades for speed, acceleration, handling and nitro, but I didn't find the occasional reminders too insistent or distracting. To get the most adrenaline from this race, you won't want to take your eyes off of the road.

Smashing Science

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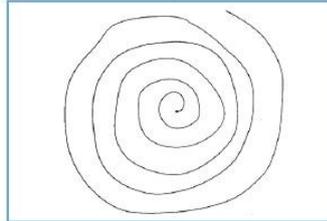
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from playing this game, which is based loosely on the mechanics of particle physics. In *iON Bond* (Smiling Bag, \$0.99: iOS, Android), the principles of electrical charge define this set of strategy challenges.



Inside a collider, positive and negative charges of particles smash those of the same class, and your task is to clear the field of them all. Particles move when you form bonds between them that attract or repel each other according to their charge (opposite charges attract, like charges repel). It's not easy; the particles aren't always paired (some are fixed in position or have no charge at all), and your particles must absorb enough neutrinos along the way for bonus points to advance to the next level. Pools of dark matter, which block the forming of bonds and destroy particles, provide tricky hazards.

Keeping the game fun always takes precedence over the more mysterious rules of quantum physics, but *iON Bond* provides smashing excitement for iOS and Android devices, while introducing essential ideas that might stimulate more curiosity about the physical world.

No Limits

In real life, there is seldom a single correct answer; several may work. That's the idea behind *The Ingenious Machine* (Sc0tt Games, \$0.99: iOS, Android, Windows Phone), a whimsical, physics-based game in which you concoct creative solutions.

The goal is to make a dropped ball at one end turn on a light at the other. You choose from a collection of wacky gadgets, such as conveyor belts, gears, weights and dynamite, to build the Rube Goldberg path



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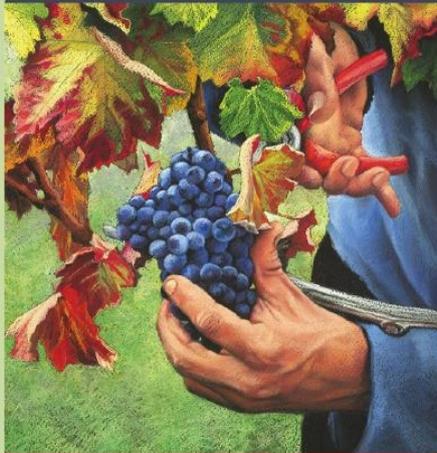
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GOT YOUR PASSPORT?

A C R O S S

- 1 Inclined walkway
- 5 Treasure holder, sometimes
- 10 Where to do the rite thing
- 15 Miles off
- 19 Captain's direction
- 20 Was without a choice
- 21 Green
- 22 It has bark but no bite
- 23 Outlaws
- 24 Turn out
- 25 Mountain climber's hazard
- 26 Aesop racer
- 27 Eastern city
- 30 Tennyson heroine
- 31 Skoal, e.g.
- 32 Fern spot
- 33 Spirited gatherings
- 35 Ship's pronoun
- 38 Tropical roots
- 41 Take down a peg
- 42 Black cuckoos
- 46 Influence
- 49 Grog ingredient
- 51 "La ____ Vita"
- 55 Northwestern city
- 57 Crack a book
- 59 Greet
- 60 Jordan's capital
- 61 Cassis-flavored aperitif
- 62 Thingamabob
- 63 Muslim holy man
- 64 Student, regularly
- 66 Exonerates
- 69 Some opera passages
- 71 ____ carte
- 73 Genetic letters
- 74 Sermon subject
- 75 Candy assortment
- 79 Caress
- 82 Long derrick
- 87 Brainchild
- 88 Quotes
- 90 Frank's ex
- 92 Bill addendum
- 93 Singe
- 94 Youth
- 95 Southern city
- 98 Agra's land
- 100 Cul-de-____
- 101 First act
- 102 Shocking fish
- 103 Lady's man
- 105 Slightest
- 107 Language suffix
- 109 Protects the king
- 113 Living thing
- 116 Pants
- 121 Christmastide
- 122 Western city
- 127 Essential point
- 128 Thunderhead
- 129 Dunne or Worth
- 130 Aim
- 131 Turner of films

1	2	3	4		5	6	7	8	9		10	11	12	13	14		15	16	17	18
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121						122		123	124					125	126					
127						128					129						130			
131						132					133						134			
135						136					137						138			

- 132 Excited
- 133 Motto
- 134 Coffee servers
- 135 Benevolent brotherhood
- 136 Blanches
- 137 Fifth canonical hour
- 138 Greek walkway

D O W N

- 1 Capital of Morocco
- 2 San Antonio mission
- 3 Wise guys?
- 4 Gnats, e.g.
- 5 "Mask" actress
- 6 Laborer
- 7 Scandinavian tales
- 8 Szymie
- 9 First-rate
- 10 Reply
- 11 Frilly
- 12 Beginner
- 13 Affirms
- 14 Stunk
- 15 Midwestern city
- 16 Swiss coin
- 17 High home
- 18 Hollow grasses
- 28 UFO crew
- 29 Thalia's sister
- 34 Help out
- 36 Turn left!
- 37 Nigerian people
- 39 Type of iris
- 40 Egyptian canal
- 42 Latin I verb
- 43 Seward Peninsula port
- 44 Doctrines
- 45 Buzz off!
- 47 Bank window letters
- 48 Viscount's superior
- 50 Half a '60s group
- 52 Flees
- 53 Ta ta, darling!
- 54 Shade givers
- 56 "Paper Moon" girl
- 58 Day of "Pillow Talk"
- 62 Alum
- 65 Put in office
- 67 Cupid
- 68 ____ Arbor

- 70 Emcee's speech
- 72 Sign of spring
- 75 Enthusiastic agreement
- 76 Yemen seaport
- 77 Fermented beverage
- 78 Southwestern city
- 79 Property divider
- 80 ____ duck
- 81 Fifty-fifty
- 83 Hibernia
- 84 Brim
- 85 Shroud
- 86 Epochs
- 89 Common duck
- 91 Pulitzer-winning novelist
- 95 Cleveland Indian
- AI ____
- 96 Maker of eyeglasses
- 97 EMT destinations
- 99 Languish
- 104 Baggage handler
- 106 Bears
- 108 Big head
- 109 Period
- 110 Of hearing

- 111 Crept (off)
- 112 Healing drug
- 114 Elaine ____ of "Taxi"
- 115 Gather
- 117 Hundred-eyed giant
- 118 Derisive sound
- 119 Clavichord kin
- 120 Chip dip
- 123 Seethe
- 124 Tempt
- 125 "Picnic" playwright
- 126 Charges

Solution on page 88.



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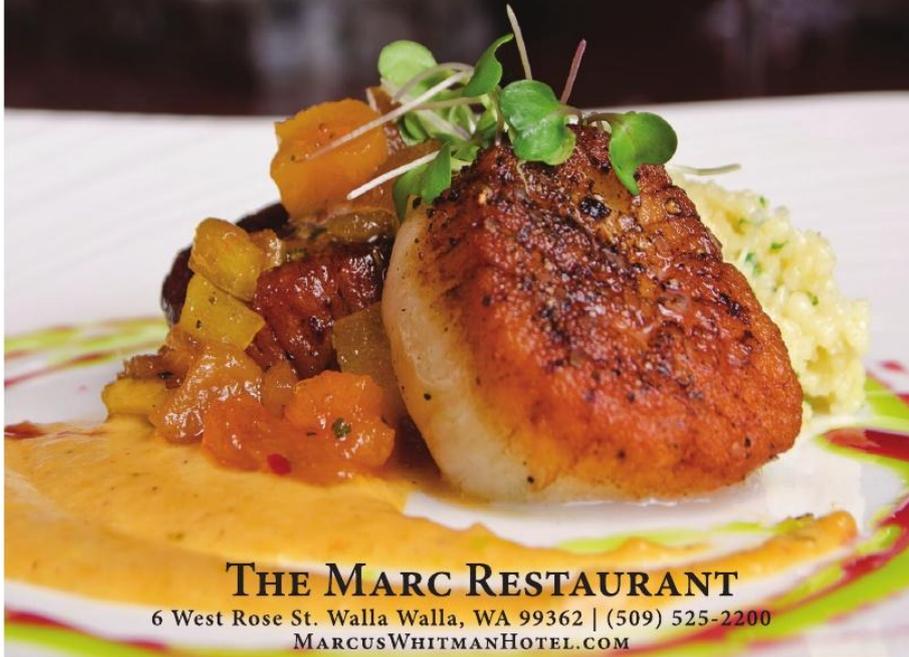


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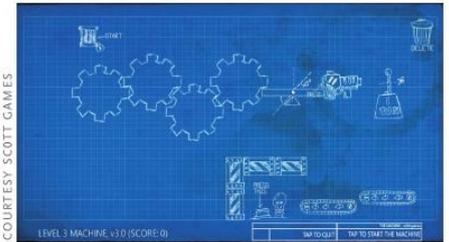
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COURTESY SCOTT GAMES

that will make that happen. Whatever you construct is up to you, although more complexity earns points for style. There are 25 different levels to solve, providing hours of head-scratching play.

That open-ended quality gives this mobile game a different feel from most. At first, I felt a little lost, struggling to guess the expected course that most puzzle games rigidly demand. But as the roughly scratched animations and blueprint backdrop suggest, the only limitations are physics and your imagination, a point of view I quickly embraced.

WHILE NEARLY ALL of these games provide hot features such as multiplayer mode, I learned that the fundamentals of an engaging challenge—creativity, thinking and surprise—remain the same. That constancy reassures when fun is just a quick download away. ■

All iOS apps are available through iTunes at itunes.apple.com. All Android apps are available through Google Play at play.google.com. All Windows Phone apps are available through the Microsoft Windows Phone Store at windowsphone.com.

Gianni Truzzi is a Seattle-based writer.

Puzzle on page 86.

R	A	M	P	C	H	E	S	T	A	L	T	A	R	A	F	A	R			
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We know why you travel. It's not just to get somewhere. It's to learn, to explore and experience new things. It's to see the world from a fresh perspective. Not just to pass time, but to live life fully. We feel the same way. That's why we put time and attention into dozens of different aspects of your flight. Throughout this section, and your flight, you'll experience things we've designed to make your trip better, richer and easier.



TABLE OF CONTENTS

A2	Onboard Amenities
A3	For Your Safety
A3	alaskaair.com
A3	Mileage Plan™

A4–A6	Route Maps
A7	Customs and Immigration Forms
A7	Airport Gate Location Maps

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- Sun Liquor Gin
- Sun Liquor Rum
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Liquor \$6 USD

- The Glenlivet
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- Tazo® Wild Sweet Orange herbal infusion (caffeine-free)



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- Apple Juice
- Cranberry Juice

Sodas & Mixers:

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- Coke Zero
- Diet Coke
- Sprite
- Sprite Zero
- Seagram's Ginger Ale, Seltzer & Tonic
- Sparkling Water
- Bloody Mary Mix
- Athena Bottled Water



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Our 76-seat Bombardier Q400 is among the quietest and most environmentally friendly commercial aircraft in the skies today. It burns 30–40 percent less fuel and produces 30–40 percent lower emissions than similar-capacity jet aircraft. It also burns less fuel per passenger than an average car. Outside, the neighborhood-friendly Q400 is 10 decibels quieter than a similar-size jet. Inside, thanks to its sophisticated Active Noise and Vibration Suppression system, it's also as quiet as the interior of a jet.

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Buckle Up. Please fasten your seat belt whenever the seat belt sign is illuminated. We ask that you keep your seat belt fastened throughout the flight whenever you are seated in case of undetectable clear-air turbulence.

Seat backs and tray tables must be in the upright, locked position during taxi, takeoff and landing.

All carry-on baggage, including laptop computers, must be stowed under a seat or in an enclosed overhead bin upon boarding and prior to landing, as directed.

Pets must remain in their carrier for the entire flight. The carrier must be stowed under a seat for taxi, takeoff and landing.

USING YOUR DEVICES

Flight attendants will advise of any portable electronic device restrictions on the ground or in the air. Please observe our portable electronic device policies:

Allowed on the Ground and in the Air



- › Laptops (must be stowed for taxi/takeoff/landing)
- › Tablets/smartphones (Airplane Mode after door closure)
- › Wireless mouse/keyboard
- › e-readers
- › Media/CD/DVD player
- › Noise-cancelling headphones
- › Cell phones (prior to door closure only)

Not Allowed During Flight



- › Voice calls of any kind, including VoIP
- › Devices with cell service enabled
- › AM/FM radios or TVs
- › Personal air purifiers
- › Remote-control toys
- › Electronic cigarettes

IT'S THE LAW

Interference with crew members' (including flight attendants') duties is a violation of federal law. Under the law, no person may assault, threaten, intimidate or interfere with crew members in the performance of their duties.

Smoking is not permitted on any Horizon Air flight.

Child-restraint devices must bear the FAA approval sticker.

Seat-belt extension use is not allowed in exit rows for the safety of all passengers due to the possibility of entanglement by the extensions.

Horizon Air prohibits the use of items that do not meet Federal Aviation Regulations or Company regulations, including the use of seat-belt extensions not provided by Horizon Air.

UPON LANDING

Please remain seated until the plane comes to a complete stop and the seat belt sign has been turned off.

Use caution when opening an overhead bin, as items may have shifted during flight.

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U.S., HAWAI'I AND MEXICO

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On routes that require a connection to one of our partners, we strive to ensure a smooth transition, which includes the ease of purchasing your ticket with just one call or a visit to alaskaair.com, taking care of your bag transfer, and providing assistance at any stage of your journey should you have questions.

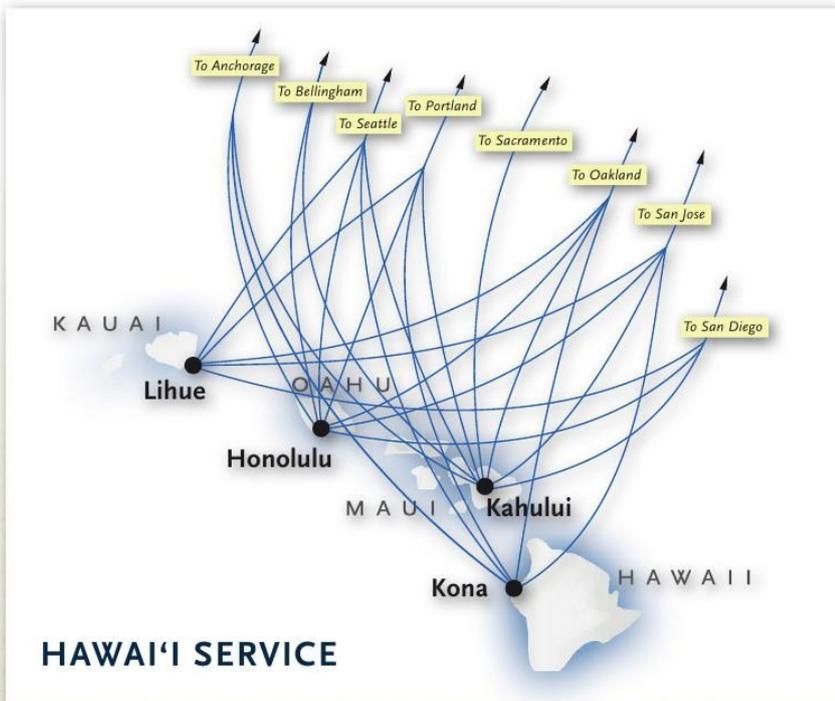
What's more, all our codeshare partners are also Mileage Plan partners, allowing generous opportunities to earn Bonus Miles. And with reciprocal elite-status benefits, you can enjoy several enhancements to your journey. Learn more at alaskaair.com.

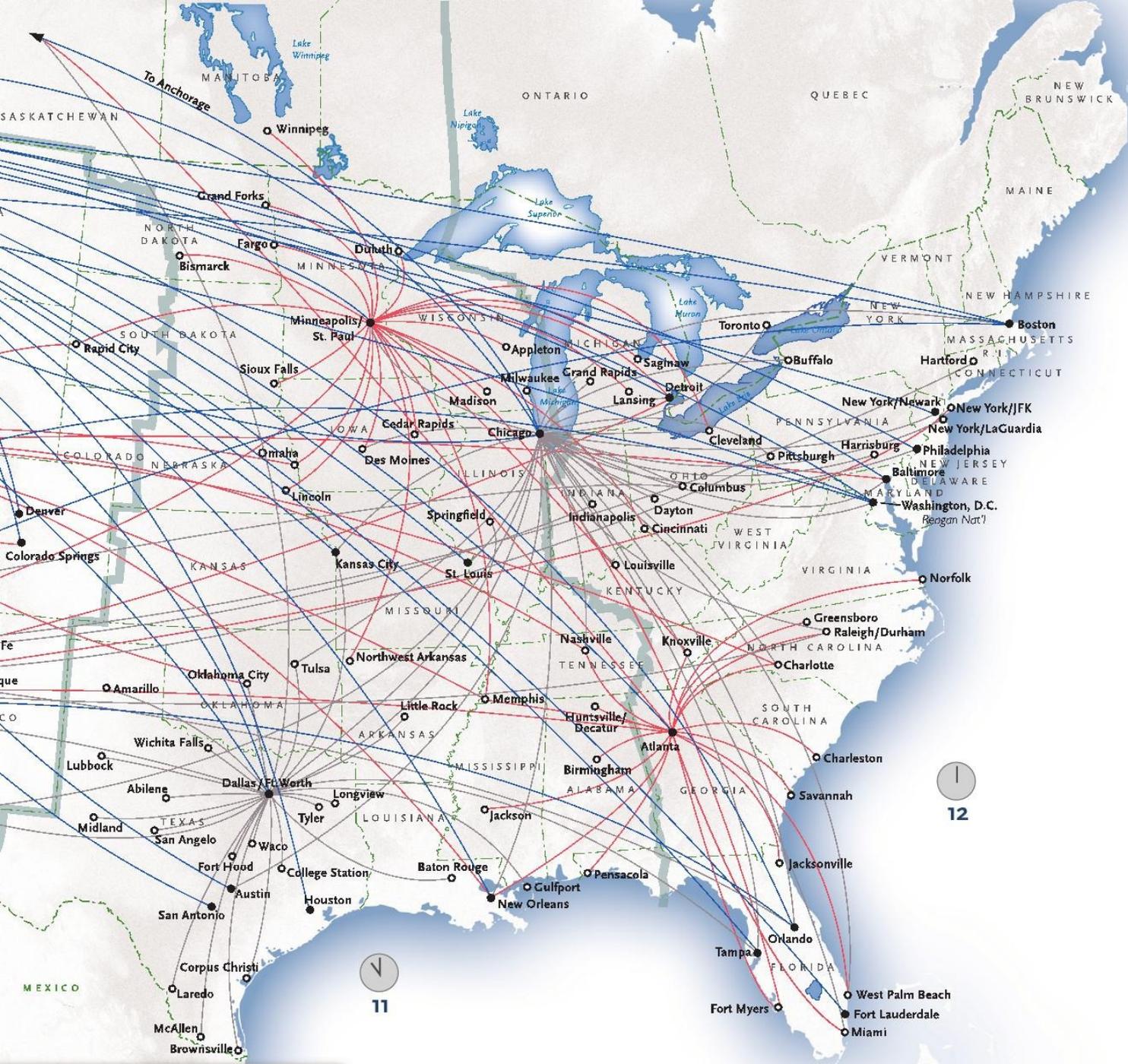
LEGEND

Routes served by:

-  Alaska Airlines
-  American Airlines
-  DELTA

Some Alaska Airlines service operated by Horizon Air or SkyWest Airlines.
Some routes shown operate seasonally.





U.S. MILEAGE

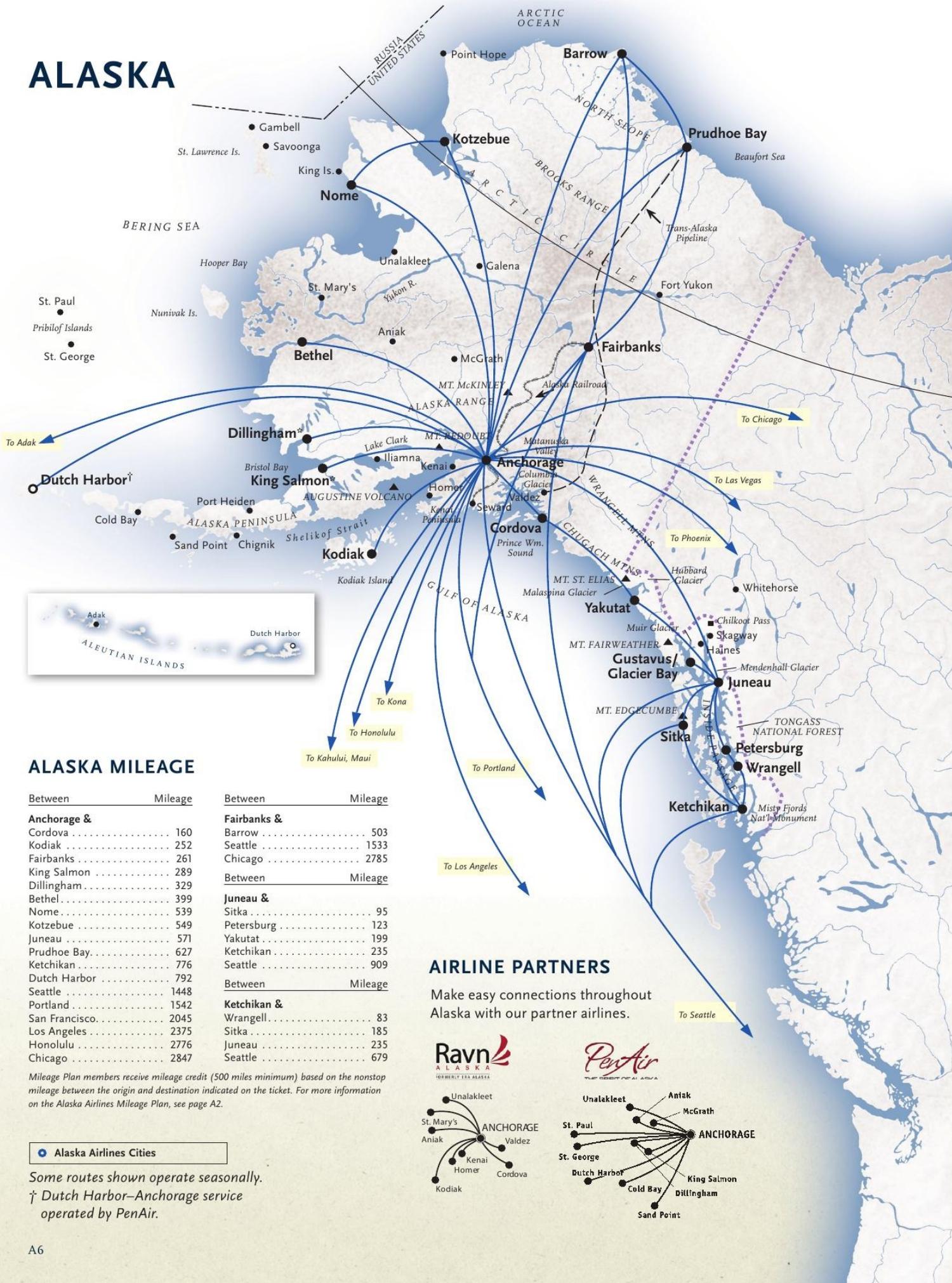
Between	Mileage
Seattle &	
Boston	2496
Denver	1024
Honolulu	2677
Los Angeles (LAX)	954
Fort Lauderdale	2697
New York City/Newark	2401
Phoenix	1106
San Diego	1050
San Francisco	678
Washington, D.C.	2306
Between	Mileage
Portland &	
Los Angeles (LAX)	834
Phoenix	1009
San Diego	933
San Francisco	550

Mileage Plan members receive mileage credit (500 miles minimum) based on the nonstop mileage between the origin and destination indicated on the ticket.

UPCOMING NEW SERVICE

Route	Service Begins
Portland–Los Cabos	November 3, 2014
Portland–Puerto Vallarta	November 4, 2014
Seattle–Cancún	November 6, 2014
Las Vegas–Mammoth	January 15, 2015

ALASKA



ALASKA MILEAGE

Between	Mileage	Between	Mileage
Anchorage &		Fairbanks &	
Cordova	160	Barrow	503
Kodiak	252	Seattle	1533
Fairbanks	261	Chicago	2785
King Salmon	289		
Dillingham	329	Between	Mileage
Bethel	399	Juneau &	
Nome	539	Sitka	95
Kotzebue	549	Petersburg	123
Juneau	571	Yakutat	199
Prudhoe Bay	627	Ketchikan	235
Ketchikan	776	Seattle	909
Dutch Harbor	792		
Seattle	1448	Between	Mileage
Portland	1542	Ketchikan &	
San Francisco	2045	Wrangell	83
Los Angeles	2375	Sitka	185
Honolulu	2776	Juneau	235
Chicago	2847	Seattle	679

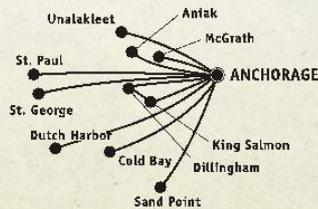
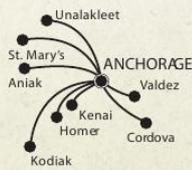
Mileage Plan members receive mileage credit (500 miles minimum) based on the nonstop mileage between the origin and destination indicated on the ticket. For more information on the Alaska Airlines Mileage Plan, see page A2.

● Alaska Airlines Cities

Some routes shown operate seasonally.
 † Dutch Harbor–Anchorage service operated by PenAir.

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CUSTOMS AND IMMIGRATION

Customs and Immigration forms are distributed by flight attendants during your flight. Prior to landing, complete all forms that pertain to you, following the tips below.

Las formas de Aduana y Migración son distribuidas por los sobrecargos durante el vuelo. Antes del aterrizaje en su destino final complete las formas correspondientes usando las indicaciones que se proporcionan a continuación.

TO THE UNITED STATES

U.S. CUSTOMS DECLARATION

Who must complete this form?

All travelers

Helpful tips

- One form per person or one per family (family defines those in the same household who are related by blood, marriage, domestic relationship, or adoption)
- Lines 5, 6 — If not using a passport, leave these lines blank
- Line 9 — Enter "AS" for Alaska Airlines
- Sign at the "X"



DECLARACION DE ADUANA

¿Quién debe completar esta forma?

Todos los pasajeros

Datos de ayuda

- Una forma por persona o por familia con la misma dirección
- Línea 5, 6 — Si no tiene pasaporte, deje esta sección en blanco
- Línea 9 — Use "AS" para Alaska Airlines
- Firme en la "X"

DECLARACION DE ADUANA

¿Quién debe completar esta forma?

Todos los pasajeros

Datos de ayuda

- Una forma por persona o por familia con la misma dirección
- Sección 6 — No es necesario declarar sus medicamentos de uso personal

FMM

Who must complete this form?

All travelers except citizens of Mexico

¿Quién debe completar esta forma?

Todos los viajeros, excepto los ciudadanos de México



FEM FOR MEXICAN NATIONALS

Who must complete this form?

Citizens of Mexico

FEM PARA MEXICANOS

¿Quién debe completar esta forma?

Ciudadanos de México (Aun siendo residentes permanentes de EE.UU.)

Datos de ayuda

- Complete una forma por persona. No olvide firmarla.
- Seleccione la opción "Entrada a México".
- En la línea 5 escriba el tipo y número del documento que usara como identificación.



TO MEXICO

MEXICO CUSTOMS DECLARATION

Who must complete this form?

All travelers

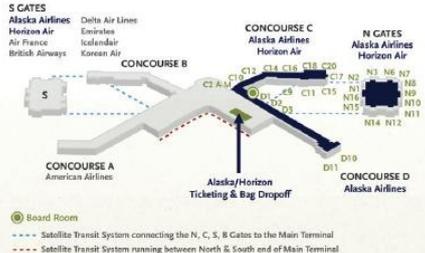
Helpful tips

- One form per person or one per family with same address
- Section 6 — It is not necessary to declare medicine for your personal use



AIRPORT GATE LOCATION MAPS

Seattle/Tacoma International Airport (SEA)



Portland International Airport (PDX)



Los Angeles International Airport (LAX)



San Francisco International Airport (SFO)



Transformative Experiences

Grandma's costume shop offered the gift of metamorphosis | BY MELISSA HART

Towers of cardboard boxes tilt in my mother's garage, labeled with marker: "Cleopatra," "Knight," "Flapper," "Miss Piggy." ■ I wrestle them down, pulling out crumpled masks, beaded tunics, gorilla outfits. I'm mentally transported to my grandmother's costume shop, which operated for 30 years in the California coastal town of Monterey.

My gaze lingers on a photo of Ribbon-Cutting Day, taken in the 1950s. My grandmother, Marilyn Hellman, stands full-skirted at the shop's door with her co-owner, Dale, a tap-dancing veteran of MGM musicals. They're thin and grinning 30-somethings, unaware that their business—Theater Dance Showcase—will support the imaginations of thousands of actors and dancers over three decades.

During Grandma's childhood years, she traveled with parents who were circus performers turned vaudevillians. She gained an appreciation for the theatrical, the dramatic, the alchemy of adopting a new persona. After she became a housewife, she craved creative outlets. She agreed to sew costumes for a play being staged at Monterey's Wharf Theater. I see her striding along the boardwalk to the theater, past the chowder hawkers, with her sewing kit under one arm, bolts of fabric under the other. The tap of her high heels punctuates the cries of seagulls and barking sea lions. She enters the auditorium and meets Dale, who is standing on the stage. He executes a graceful step. She mimics it.

"Can you dance?" he asks her, and just like that she becomes a chorus girl in addition to a costumer for *Guys and Dolls*.

Soon after, she opened the shop on Lighthouse Avenue, filling half of the modest building's first floor with display cases and long racks of her handcrafted costumes. Dale used the other half of the ground floor, teaching tap, jazz, modern dance and ballet to students in a studio lined with mirrors. My mother helped with costume rentals, took dance classes and performed with Dale's four-girl troupe throughout Monterey. "I danced for the USO and the county fair," she tells me, "in a pink fringed leotard and a matching pink cap. My mother made our costumes."

If Marilyn didn't have what you wanted, she'd custom-sew it. A shopping center manager called her once, frantic. "I need Smurf outfits right away—a male and a female for promotional purposes."

My grandmother answered calmly. "What's a Smurf?" She made both costumes over the weekend, from scratch.

In October, customers lined up four deep for the dressing rooms to decide what to become for Halloween. At Christmas, they rented Santa Claus suits and Victorian-caroler costumes, extending the magic of the holidays into their adulthood.

Whenever I visited Grandma, I made my way to the corridor of costumes hung chronologically from caveman to space alien. I chose several outfits and sneaked into the empty dance studio. In front of the mirrors, I tried out Guinevere, Marie Antoinette and Chewbacca, a costume I completed with tap shoes. This is what Theater Dance Showcase offered: the gift of metamorphosis.

Construction hummed near the ocean as new buildings went up that would transform Monterey into a world-class destination, with acclaimed hotels and restaurants, and an aquarium. Big-box stores opened with \$5 hula skirts and plastic superhero capes. My grandmother, in her 60s, noted the transition. She began donating her costumes to theater groups, and she persuaded Dale to sell their business. He would devote himself to watercolor painting, and she would devote herself to her grandkids.



I called her up frequently when I was in high school. "Grandma, I need a sailor dress for my part in *Anything Goes*." "Grandma, I landed a role as the ingenue in *Harvey*—got anything in red?" And every time, a box soon arrived to nurture my own transformation from awkward adolescent to assured actress.

Although my grandmother has passed away, her costumes live on in various theaters, while my mother has saved several boxes of apparel too worn for professional use.

From Grandma, I learned that taking on new roles is an opportunity to use your imagination, to express your creativity, to explore different aspects of your personality, to learn more about yourself. It's a gift I'm now passing on to my young daughter.

On this visit to Mom's garage, I pull out Cleopatra's dress and a faux-laurel crown. I place the wreath on my daughter's head. I don the gorilla suit. We peer into a mirror and nod—Egyptian princess and mother gorilla. Inspired, we begin to play.

Melissa Hart is the author of *Wild Within: How Rescuing Owls Inspired a Family* (Lyons, 2014).

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