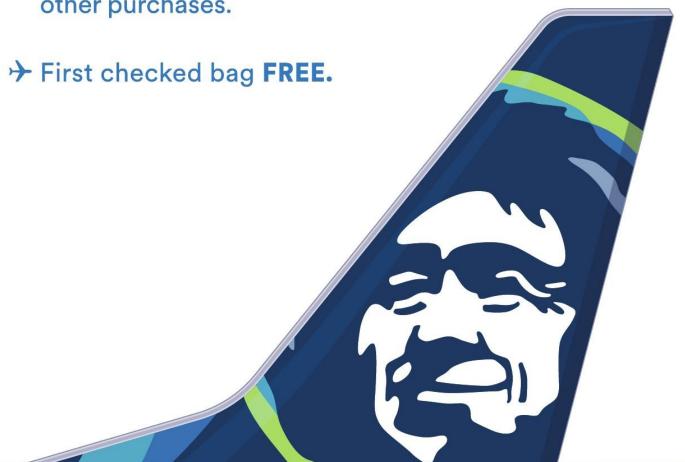




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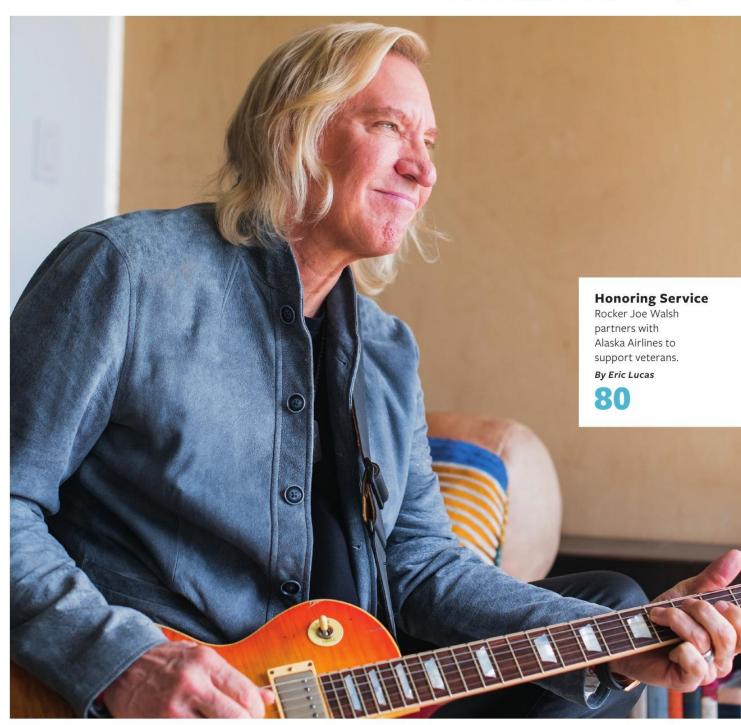
The entertainment options at Northern Quest keep getting bigger. M&D, a movie and dinner restaurant, features eight screens with theater food and drink service. Windfall, our new Kalispel retail store, offers the biggest names in outdoor lifestyle gear, home goods and more. Kids Quest can be your sitter for the night. And of course, you'll still find your favorite slots and table games in our 24/7 casino. All just five minutes from Spokane International.







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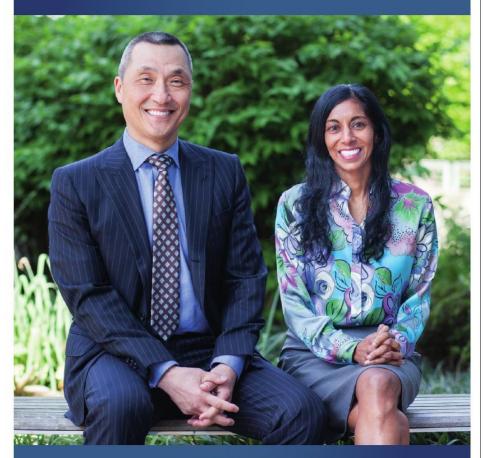
#### ON THE COVER

Joe Walsh with Alaska Airlines employees Elisabeth Smith and Tom Allen.

Photo by Ingrid Barrentine.

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#### Volume 42, No. 11

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Alaska Beyond Magazine (ISSN 0199-0586), the monthly inflight magazine of Alaska Airlines, is published by Paradigm Communications Group, at 2701 First Avenue, Suite 250, Seattle, WA 98121. Copyright ©2018 by Paradigm Communications Group, all rights reserved. No part of this magazine may be reproduced without permission of the publisher. Subscriptions: \$65 in the U.S.; \$70 elsewhere. Single-copy price: \$8. Photocopy of individual articles: \$3.50. Publisher assumes no responsibility for return of unsolicited manuscripts or art. Printed in the U.S. A. Postmaster: Send address changes to Alaska Beyond Magazine, 2701 First Avenue, PALASE RUGUE SUITE 250, Seattle, WA 98121-1123.







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#### **10 WEEKS TO YOUR BEST YOU!**

I've always had a long-distance relationship with nutrition and exercise. I coasted along like this for a long time. In 2009, I realized a dream and launched a Leadership and Team Development Consulting business with the tag line, "Where goals become reality." This succinctly captured my vision to help others realize their potential. 2009 turned out to be a big year with other positive changes: I also adopted a daughter from China and became engaged to Jim, my long-time partner. Jim was into fitness and was an excellent cook, so through him I began to develop healthier habits. Life was amazing.

Fast forward to 2012. Within an eight-month period, a family member's home burned to the ground, my mother was diagnosed with Alzheimer's and Jim died unexpectedly. My response was to pour myself into work and family. My poor health habits came roaring back.

Fast forward again to 2017. My body told me in no uncertain terms that I wouldn't be able to maintain this hectic lifestyle. I decided I needed to apply my tag line to my health and begin to turn my health goals into reality.

I was drawn to My Best 10 because of the structure, accountability, and holistic approach. From the first conversation, the program coordinator, to my weekly meetings with my PRO Registered Dietitian and my PRO personal training sessions, I was impressed with their knowledge and collaborative approach. They wanted me to succeed as much as I did. I was able to commit to the program more easily because I knew they were fully invested in my success.

That said, there were challenges I needed to overcome during the program. First was my schedule. Being the solo parent for my daughter, coupled with running the business and business travel, I wasn't sure how I was going to fit everything in. The My Best 10 team all worked with me to make it happen.

Second, 21 days into My Best 10, I had some heavy stress and downed two glasses of wine. Thankfully, Amanda's support got me back on track.

As I concluded the program, I achieved all my goals. The most important metric though was my overall health. I can say that I've never felt healthier, as the follow-up tests can attest. My experience was transformative and enriching, and I couldn't have done it without the My Best 10 team at PRO Club. I see the positive effects on my daughter through how we eat, as well as myself. I now am fully "walking the talk" of my business—where dreams become reality.

I ended up not only hitting the weight loss goal of losing 20 pounds in 10 weeks, but I lost another 10 pounds on top of that – and I've left it off ever since!

Thank you, My Best 10!

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## **WELCOME**<sub>»</sub>





Brad Tilden, Chief Executive Officer



Constance von Muehlen, Chief Operating Officer, Horizon Air

#### **HEROES AMONG US**

)) As a captain and Black Hawk pilot in the U.S. Army, Constance von Muehlen commanded an Apache Air Cavalry Troop. Today, she leads the Horizon Air team as Chief Operating Officer. Constance is a fantastic leader, focused on safety, service, respect and providing opportunities for others, especially

veterans, to succeed. —Brad Tilden

At 7 years old, I saw a helicopter take off and decided I wanted to pilot those amazing machines! I am grateful that, with a lot of determination, support and luck—including an ROTC scholarship—my dream came true. Flying for the U.S. Army taught me the power of working together, that serving is as essential as leading and—perhaps most importantly—that each person brings a unique value to the team. I am extremely proud to be among those at Alaska Airlines and Horizon Air who have served our country.

Chances are, the airplane you are flying on today is flown by a veteran and maintained by a

veteran, or perhaps you're seated next to a veteran. In fact, if you happen to be on one of our Honor Flights, which transport veterans to memorials in Washington, D.C., this time of year, you're with a whole plane full of veterans!

Or, you may be a veteran yourself, in which case, I thank you for your service, the sacrifices that you and your family have made, and your unwavering commitment to our country.

Veterans and members of the military represent a growing number among our employee teams at Alaska Airlines and Horizon Air, as well as a large portion of our guests. Many of the cities we serve (Seattle, San Diego, Anchorage and Washington, D.C., to name a few) represent some of the largest military communities in the United States. And others (Spokane, Boise and Sacramento) are home base to many members of the Reserves and the National Guard, and their families.

As you might imagine, team members with military experience bring a wealth of skills needed for running an airline. Those trained in

#### >> WELCOME

the military display strengths such as a focus on process, strong teamwork, and the ability to set clear objectives and be resourceful. These skills are very transferable to our commercial-aviation world, as well, whether for the obvious roles—such as pilots and technicians—or for the less obvious—such as leading diverse teams in airport operations.

At Alaska and Horizon, we benefit from these skills, and we are also a great fit for transitioning service members. We have among us folks who have flown or maintained just about every military aircraft known, from the F-15, V-22 and A-10 to the U-2, C-17, UH-60, CH-53 and more. Our station operations and leadership teams have many who were previously either on active duty or in the Reserves. Recognizing this great fit, as well as the need, we support programs that assist service members in their transition to civilian life. Some of those programs include:

■ Pilot Pathways Rotor Transition Program, where Horizon Air

helps pilots transition from a helicopter license to an airplane pilot license, enabling them to join our flight operations team.

- Hiring Our Heroes, which provides corporate fellowship opportunities allowing service members to experience the civilian workforce.
- Camo2Commerce, which provides a pathway for military aircraft technicians to gain an FAA Airframe and Powerplant license so they can gain employment as a civilian aircraft maintainer.

You can learn more about our support of military and veterans programs on page 21, and within our profile of Joe Walsh on page 80.

Alaska Airlines and Horizon Air are great places to work. Our processdriven, team-oriented work is familiar to veterans, and to the many transitioning service members launching their civilian careers with us.

Thank you for helping us salute those who serve, and thanks for flying with us. - Constance von Muehlen

#### >> BIENVENIDO



Brad Tilden, Jefe Ejecutivo



Constance von Muehlen, Directora de Operaciones. Horizon Air

#### HÉROES ENTRE NOSOTROS

Como oficial y piloto del helicóptero Black Hawk en el Ejército de los EE. UU., Constance von Muehlen comandó una tropa de caballería aérea de helicópteros Apache. Actualmente dirige el equipo de Horizon Air como directora de operaciones. Constance es una líder inclusiva, enfocada en la seguridad, el servicio, el respeto, y en proporcionar oportunidades para que otros tengan éxito, especialmente los veteranos. —Brad Tilden

A los siete años de edad, vi despegar un helicóptero iy decidí que quería pilotar esas increíbles máquinas! Con mucha determinación, apoyo y suerte—incluyendo una beca del Cuerpo de Entrenamiento para Oficiales de la Reserva (Reserve Officers' Training Corps, ROTC)—estoy agradecido de que ese sueño se haya convertido en realidad. Volar para el Ejército de los Estados Unidos me enseñó el valor del trabajo en equipo, que servir es tan importante como liderar yquizás lo más importante—que cada persona aporta un valor especial al

equipo. Estoy muy orgullosa de contarme entre quienes trabajan para Alaska Airlines y Horizon Air y que han servido a nuestro país.

Cabe la posibilidad de que el avión en que usted esté volando sea pilotado por un veterano y mantenido por un veterano, o quizás en el asiento de al lado se encuentre un veterano. (De hecho, si usted está en uno de nuestros Honor Flights, que son vuelos organizados por la organización Honor Flight Network, y que transportan a los veteranos a los monumentos en Washington, D.C., en esta época del año, justed está dentro de un avión lleno de veteranos!).

O bien, usted mismo puede ser un veterano, en cuyo caso le agradezco su servicio, su sacrificio y el de su familia, y su inquebrantable compromiso con nuestro país.

Los veteranos y los miembros de las fuerzas armadas representan un número creciente en nuestros equipos de empleados en Alaska Airlines y Horizon Air, y constituyen un segmento importante de nuestros clientes.

Muchas de las ciudades a donde volamos (Seattle, San Diego, Anchorage, Washington, D.C., por nombrar algunas) representan algunas de las comunidades militares más grandes de los EE. UU., y otras (Spokane, Boise y Sacramento) son lugares donde residen muchos miembros de las Reservas o de la Guardia Nacional y sus familias.

Como se pueden imaginar, los miembros de los equipos con experiencia militar aportan una gran cantidad de habilidades que se transfieren a la administración de una aerolínea. Aquellos entrenados en las fuerzas armadas muestran fortalezas tales como enfoque en el proceso, un sólido trabajo en equipo, el establecimiento de objetivos claros y el ser ingeniosos. Estas habilidades también son muy transferibles a nuestro mundo, ya sea para lo obvio-como pilotos y técnicos—o para lo menos obvio, como los que lideran equipos diversos en operaciones aeroportuarias.

En Alaska y Horizon, nos beneficiamos de estas habilidades, y también

somos un gran complemento para los miembros de las Fuerzas Armadas que hacen la transición a la vida civil. Tenemos entre nosotros personas que han volado o realizado mantenimiento a casi todos los aviones militares conocidos, desde el F-15, V-22 y A-10 hasta el U-2, C-17, UH-60, CH-53 y otros más. Nuestros equipos de operaciones en las estaciones y de liderazgo cuentan con muchas personas que anteriormente estaban en el servicio activo o en las Reservas. Reconociendo este gran complemento, al igual que la necesidad, apoyamos programas que ayudan a los miembros de las Fuerzas Armadas en su transición a la vida civil, incluyendo:

- Programa de transición desde ala rotatoria, mediante el cual Horizon Air, ayuda a los pilotos de helicópteros en la transición para obtener su licencia como pilotos de avión para luego incorporarse a nuestro equipo de operaciones de vuelo.
- Hiring Our Heroes (Contratando a nuestros héroes), un programa que ofrece oportunidades de compañerismo corporativo que permite a los miembros de las Fuerzas Armadas experimentar la fuerza laboral civil.
- Camo2Commerce, que proporciona una opción para que los técnicos de aeronaves militares obtengan una licencia A&P (fuselaje y planta motriz) de la FAA, para luego obtener empleo como operarios de mantenimiento de aeronaves civiles.

Si están interesados, pueden conocer más sobre nuestros programas militares en la página 21. Alaska Airlines y Horizon Air son excelentes lugares para trabajar. Nuestro trabajo orientado al proceso y al equipo es familiar para los veteranos, así como para los muchos miembros de las Fuerzas Armadas en transición que están iniciando sus carreras civiles con nosotros.

Gracias por ayudarnos a honrar este mes a aquellos que nos sirven, y gracias por volar con nosotros.

-Constance von Muehlen



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## IN THE KNOW,

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Topics such as these are featured among the free videos now available (on most aircraft) via airline partnerships with media providers Eater, LinkedIn Learning and Houzz. The videos can be streamed via Alaska Beyond Entertainment on devices or seatback entertainment systems.

Eater, the acclaimed online foodie phenomenon, dishes up knowledge on all things foodrelated. Its dedicated staff members explore the latest trends and best places to eat nationwide. Delivered in Eater's lively and authoritative style, the videos available inflight include reports from some of America's leading kitchens, interviews with restaurateurs, product tests of kitchen gadgets and approachable advice on



EATER





cooking dishes with distinctive ingredients.

LinkedIn Learning, the career-development arm of the leading professionally focused social network, brings practical tutorials and expert advice for enhancing on-the-job abilities.

Houzz curates content from its collections related to design, decorating and remodeling.

In total, Alaska Beyond Entertainment offers more than 500 titles, with plans to expand partnerships with major media brands. Stream content on a personal device after downloading the Gogo Entertainment App (loadplayer.com). Inflight, visit AlaskaWiFi.com to get started.





#### **BEING THE BEST**

The people have spoken. Recently, Alaska was named Best Airline for 2018 in two prominent travel-industry reports—by the readers of Condé Nast Traveler magazine and by the users of the travel website Kayak.

The recognition by Condé Nast Traveler as Best U.S. Airline in the publication's 2018 Readers' Choice Awards is based on the feedback of more than 429,000 respondents to a survey rating recent travel experiences. The magazine asked readers to assess airlines based on a number of criteria and highlighted respondents' praise for Alaska's reliability, friendly staff, appealing beverage options and comfortable seats.

The 2018 Best Airline badge from Kayak is based on reviews by travelers who chose Alaska as No. 1 in the U.S. and Canada. User reviews placed Alaska first for best boarding, best comfort, best crew, best entertainment and best food—a clean sweep of the assessment's subcategories.

The recent awards add to the set of honors Alaska won earlier in 2018—including accolades from Travel + Leisure magazine and Alaska's 11th consecutive J.D. Power award for being "#1 in Customer Satisfaction among Traditional Carriers in North America." Visit alaskaair.com.

#### **NEW HANGAR IN ANCHORAGE**

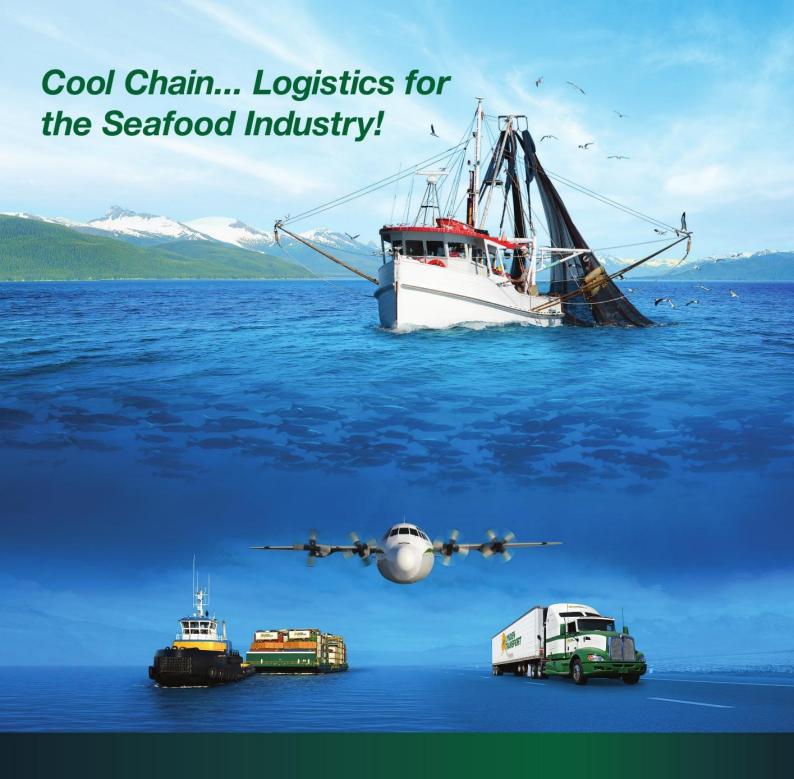
)) If you've flown into or out of Ted Stevens Anchorage International Airport recently, you may have seen a new blue structure on the skyline east of the terminal.

Alaska's 105,000-square-foot Maintenance & Engineering facility opens this month with more than twice the space of the airline's old Anchorage hangar. The new structure allows crews to work on two of the company's largest planes side by side. The building is LEED-certified (for Leadership in Energy and Environmental Design) and houses the airline's Alaska Regional Headquarters.

"We're excited to move into our new home," says Marilyn Romano, regional vice president for the state



of Alaska. "Alaska Airlines plays such a vital role in the state. The improvements we're making will allow us to better serve the communities we fly to." Learn more at alaskaair.com. \*





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#### **PEOPLE BEHIND THE SPIRIT**

#### SERVING WITH PRIDE

Seattle-based Line Aircraft Technician Ernie Henderson is a Legend of Customer Service

>>> Some of the technical skills that Ernie Henderson uses to help keep Alaska Airlines airplanes flying safely are abilities he first began to develop in Vietnam, working on helicopters as a U.S. Army technician during the war.

Today, one of the roles Henderson is most proud of—outside of his day-to-day duties checking and repairing aircraft—is helping to honor fallen service members being flown to their final resting places. Henderson is part of the Fallen Soldier Program, an effort built on the initiative of Alaska Maintenance & Engineering employees to pay last respects through ceremonial protocols and the use of carts customized by program volunteers for transporting the soldiers. Henderson is involved with loading or unloading caskets onto planes and sits with accompanying military personnel or family members—sometimes for hours—as they wait to make connections between flights.

"It means a lot to us to make sure the fallen soldier, as well as the family, is treated with the respect he or she deserves," Henderson says.

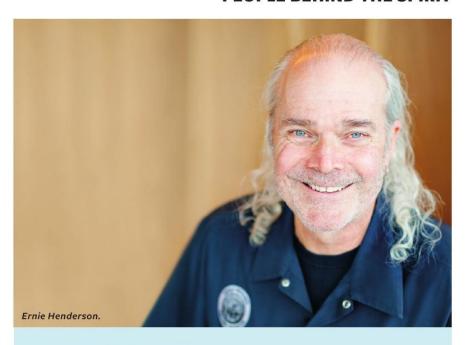
During his 38-year career with Alaska, Henderson has served the company with dedication. After Vietnam, he returned to Los Angeles and then worked his way north to Alaska, where he took a job with the airline. He moved to Seattle in 1982 and has been in the area since, though he now lives part time in Spokane.

A typical day for Henderson includes making repairs, walking around aircraft, performing checks and ensuring that planes are ready to fly.

"We always want to make it safe, like our own families are onboard," Henderson says.

Adjectives that colleagues use to describe him include generous, trustworthy and meticulous. Speaking for himself, Henderson is more modest. "I don't feel like a legend," he says. "I just like what I do, and I take pride in my work."

—Ben Raker



#### **QUESTIONS & ANSWERS**

What do you like most about your job? I love working on the aircraft and the people I work with and for. They're all family to me—brothers and sisters. ... I couldn't ask for more.

What is a good day on the job for you? I don't know that any one day has stood out. They're all good days. As long as we get airplanes out safely, it's a good day. I like to make sure we've provided flyers a safe means to get where they'd like to go.

Where have you enjoyed traveling? Anywhere in the state of Alaska. My wife is an Alaska Airlines flight attendant, and sometimes I go along on a trip.

What do you take with you on a trip? I take my Bible with me. And, in general, I probably overpack.

What keeps you busy outside work? Grandchildren keep me busy when I'm in Seattle. I enjoy spending time with them.

#### **KUDOS FROM ERNIE'S CO-WORKERS**

"Ernie is very caring, compassionate, driven and focused on what he does. ... He will make sure the job is done right the first time." —Kim H., Line Aircraft Technician, Seattle

"Ernie is always helpful and willing to go the extra mile for fellow employees, has a great attitude and is a pleasure to work with. This man exemplifies the spirit that makes Alaska the great company that it is." —Michael C., Line Aircraft Technician, Las Vegas "He has always been a hard worker and is very conscientious. He'll take time to sit down and make sure you're comfortable with everything you do. ... He always wants to do everything the right way, and he never cuts corners." —Steve T., Lead Line Aircraft Technician, Seattle

"He's genuine. He's not someone who's going to give you a false impression. What you see is what you get, and what you get is a good guy." —Stuart D., Line Aircraft Technician, Seattle



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#### PEOPLE BEHIND THE SPIRIT

#### **SUPPLYING EXCELLENCE**

Senior Aircraft Appearance Specialist John Letson is a Legend of Customer Service

)) If you ever wonder how something on an Alaska Airlines flight got there (seatback cards, paper towels, restroom soaps, the inflight magazine you're reading) or how a plane was cleaned so quickly after the previous flight, it's likely that Senior Aircraft Appearance Specialist John Letson had something to do with it.

"I deal with anything supplywise that goes on the airplane," says Letson, a 33-year Alaska employee based in the Seattle area. Letson's job also includes overseeing relationships with contractors who clean the planes, helping develop protocols for cleaning and cabin appearance, and assisting with station openings.

Due to Letson's depth of experience and interactions with many departments and business partners, his phone often rings with calls from people with questions—and he prides himself on timely responses. He has a reputation for answering even while on vacation.

"My boss tells me not to answer, but it's hard to do that," Letson says. "Everyone I work with knows that whenever they need something, they can ask me."

Before his career with Alaska, Letson was in the Air Force, working in aircraft refueling. Raised in upstate New York, he was stationed first in New Jersey and then in Alaska during the Vietnam War era.

After his military term ended, Letson made his way to Seattle and eventually began his career with Alaska, cleaning planes. He later became a trainer and rose to his current position, which he has held for more than 11 years.

Although Letson now has varied responsibilities, he still takes particular pride in providing guests with a safe, clean airplane. And he is known to help a cleaning crew when needed.

"It's where I started out," he says. "I don't have a problem jumping in and rolling up my sleeves." -Ben Raker



#### **QUESTIONS & ANSWERS**

How do you measure success at work? When the group I work with understands its job, and planes go out clean and safe, I can go home and have a restful night.

What do you do outside of work? My partner (life partner and business partner) and I have an antiques business. We often take road trips to find antiques.

What is your favorite place to travel? I've been wowed by every place. There has never been a place I wouldn't go back to. But I like going places I've never been.

What do you take with you on a trip? A phone charger. I take a lot of pictures.

#### What else should people know?

The group I work with doesn't get a lot of accolades. It's not the easiest job to get an airplane clean in a matter of minutes. So I always do my best to make sure they get acknowledged and have what they need.

#### KUDOS FROM JOHN'S CO-WORKERS

"We want guests to come onto our airplanes and go, 'Wow, this is an amazing aircraft!' That happens because of John. John always gets the job done. I meanbig or small—no matter what you ask of him, he is there 100 percent." —Jean H., Manager, Resource Planning, Seattle

"Nowadays you rarely get to work with such a caring person who is so dedicated and accountable. He's the best, and he made my job easier." - Chris C., Manager, Supply Chain Logistics (retired), Seattle

"John comes forward with solutions; he helps people problem-solve; and he makes sure that they're set up for success." -Ben C., Director, Operational Support, Seattle

"John is always willing to pitch in and do whatever is necessary to accomplish the mission. He travels constantly and works all hours of the day and night to share his unique knowledge and to help our stations and service providers be successful." -Robert S., Flight Attendant, Seattle



ALASKA AIRLINES EMPLOYEES such as John Letson are the reason for our service excellence. Join us in creating an airline people love. Visit careers.alaskaair.com.



#### >> IN THE KNOW COMMUNITY

#### HELPING VETERANS AND THEIR FAMILIES

Alaska works with Fisher House and others to support those who serve

#### By Jacob Uitti

>> The best medicine for a soldier or veteran who is wounded, injured or ill often is to be surrounded by a loving family. However, long stays in a hotel are expensive, and airfares for family members to visit their ailing loved ones may be prohibitive.

That's where the Fisher House Foundation, Alaska Airlines and the Hero Miles program enter the picture. Since the inception of the foundation in 1990, Fisher House has built nearly 80 hotel-like residences on military bases and near military hospitals. The facilities allow families of veterans and soldiers to stay for free and be close to their loved ones and help them heal.

In 2005, Alaska joined the Hero Miles program, which collects donated frequent-flyer miles from airline customers and gives the miles to the Fisher House Foundation to help soldiers, veterans and military families travel to medical facilities and stay at a Fisher House. So far, Alaska customers have donated more than 85 million Hero Miles to the Fisher House Foundation.

"We believe families often are the best medicine during the most difficult times," says Tish Stropes, vice president of strategic initiatives for Maryland-based Fisher House. "We want to ensure that the family members don't have to bear the burden of lodging and travel costs when their loved ones are wounded, injured or ill. When you have family by your side, the healing process happens much faster. We're incredibly grateful to everyone at Alaska for their support."

Alaska's work with Fisher House is part of the airline's commitment to supporting current and former members of the U.S. armed forces.

In 2011, a group of Alaska employees created the Fallen Soldier Program, which ensures that the remains of soldiers who have made the ultimate sacrifice are transported in a respectful and honorable manner.

In 2015, civilianjobs.com honored Alaska for its outstanding veteran-hiring practices. A year later, Alaska recieved the prestigious Secretary of Defense Employer Support Freedom Award for the high percentage of veterans hired and promoted within the company. Also in 2016, Alaska



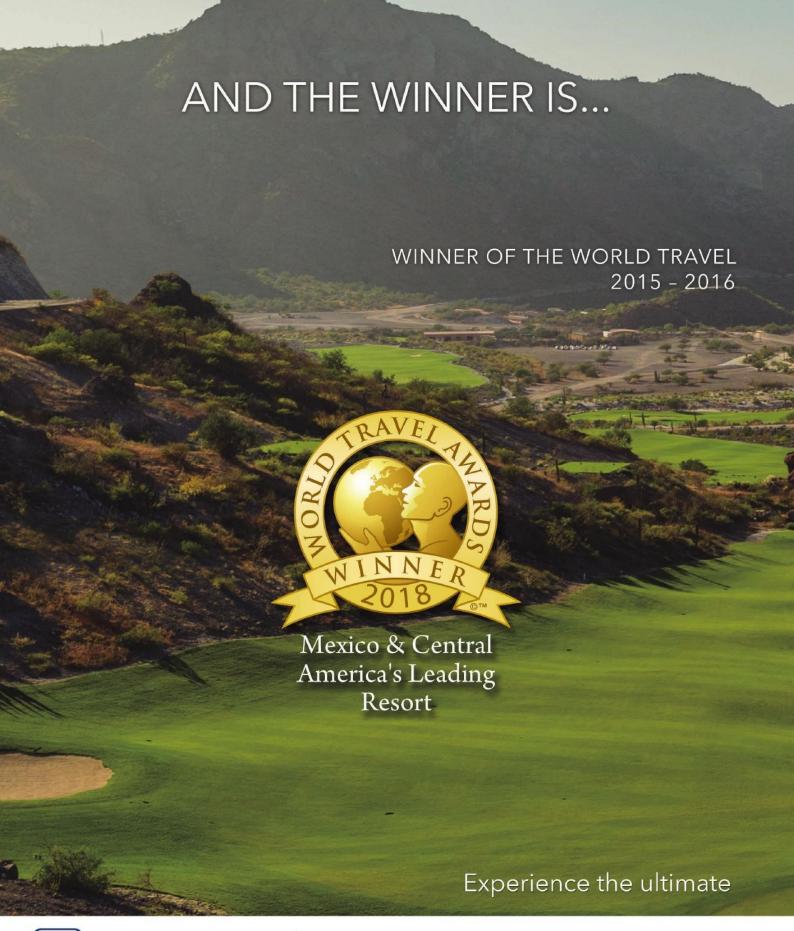
custom-painted a Boeing 737-900ER to honor the men and women of the armed forces and their families.

In addition, Alaska is proud to work with the Honor Flight Network, offering Honor Flights for veterans, allowing them to visit U.S. war memorials free of charge. To date, Alaska has organized 31 honor flights, helping about 1,500 World War II, Korean War and Vietnam War veterans to fly to Washington, D.C. Alaska also offers priority boarding and flight discounts for active-duty service members.

"Alaska is proud to honor every person who has served in the U.S. military, especially our employees," says Shaunta Hyde, Alaska's managing director of community relations. "We salute their courage and sacrifice."

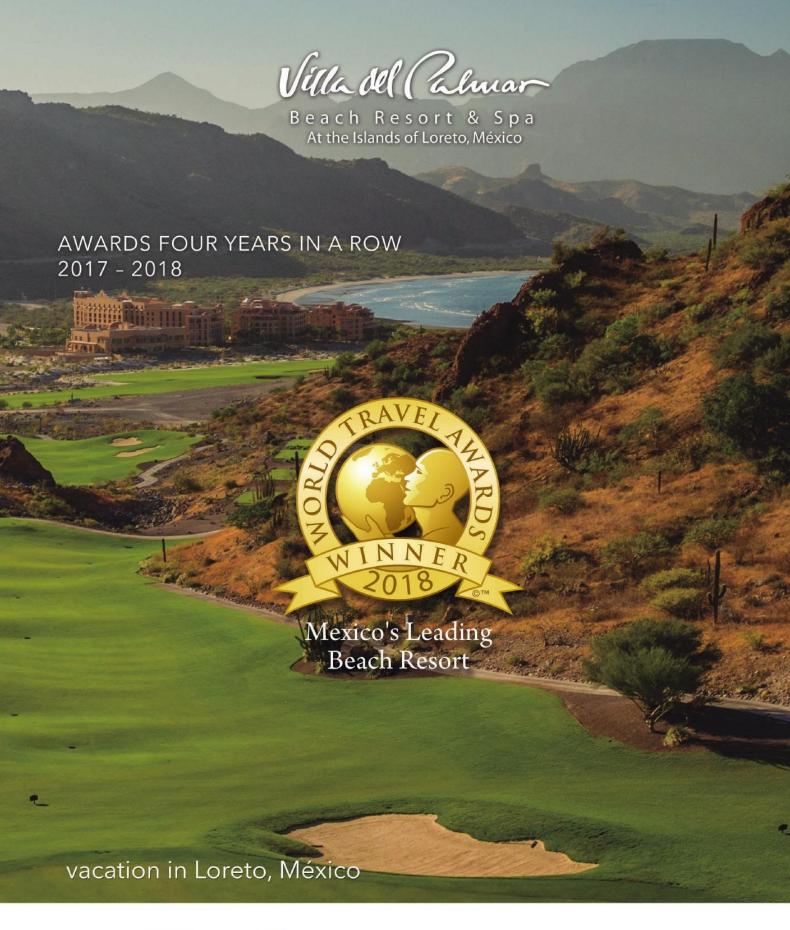
Alaska is proud to work with the Fisher House Foundation to help family members travel to be with wounded, injured or ill soldiers and veterans.

Alaska donates miles to the Fisher House Foundation and eight other charities through the Alaska Charity Miles program. Mileage Plan members who would like to donate miles to one of these causes can go to donationsalaskaair.com and click on the Charity Miles program tab at the top of the page.





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## **JEFFREY**LOST 55 POUNDS

#### NOT JUST A WEIGHT LOSS PROGRAM

I had been through a few weight loss programs before. However, until 20/20 LifeStyles, I wasn't committed to making a lifestyle change. Somewhere during the program, it became clear to me that this was not yet another diet. I realized that you just have to decide you're going to live a different lifestyle. You can't keep doing the same things and expect different results.

#### SIMPLE CHANGES MAKE A DIFFERENCE

The accountability, counseling, and nutritional guidance during 20/20 LifeStyles assisted me in losing weight and I gained the knowledge I needed to make healthy changes.



I had an interesting journey into 20/20 LifeStyles. I had always jogged for exercise and when some colleagues at work signed up for the Seattle Half Marathon in 2005, I joined in. When I finished with a 2:43:31 time, I thought it was pretty cool and decided to do the Mercer Island Half the next year.

Somehow, during one of my training runs, I tore the soft tissue in my left hip. Although that ended my running, it didn't end my eating habits and I gained weight.

So, in 2007, I signed up for 20/20 LifeStyles to not only lose weight, but to also learn how to exercise differently.

#### **HOW I BECAME MOTIVATED**

It was great to have a trainer to walk me through the paces of how to stay fit without running. I picked up cycling and, toward the end of the program, I did my first of 11 STPs (Seattle to Portland bike rides).

#### BECOMING AN ATHLETE

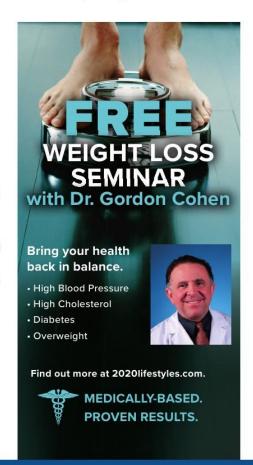
Somewhere along the line, I discovered that I enjoyed cycling and taking on athletic endeavors. After losing weight, I was in a

position where I could actually do these things. I started doing CrossFit at PRO Club and loved the training mentality of competing with myself. I felt so good that I signed up for the Arizona Rock n' Roll Half Marathon. Next, I signed up for the Augusta Half Ironman. Of course, those races are like potato chips – you can't do just one! So I signed up for the Half Ironman in Hawaii and started training with PRO Club Triathlon Coach Kimberly. Over the past year and a half, since training with Kimberly, I've completed a full Ironman and four Half Ironmans.

#### THE SECRET TO MY SUCCESS

Somewhere on this journey, I shifted from exercising to stay fit to becoming an athlete. For me, exercising just for fitness is hard, but training to become a better athlete is much easier. It's all about competing with myself and improving my athletic abilities.

One of the best tips I can give someone starting the 20/20 LifeStyles program is just stick to the plan. It's not complicated. Don't negotiate or cheat. Do what you're told and you'll be successful.



#### WINTER IS COMING

>> This month, we're bundling up, pulling our snow-sports gear out of storage and getting ready for chillier temperatures—as well as some beautiful, fresh powder.

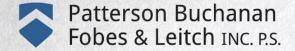
To help greet the season, we've asked Alaska employees for winter-travel tips and about their favorite places to ski, snowboard, snowshoe, sled or just cozy up by a fire. The following are some of their suggestions for making the most of the season.

- "One of my favorite places is Mt. Bachelor, near Redmond/Bend, Oregon. The skiing is great-and it's even better when you're on a budget that flying with Alaska to Mt. Bachelor grants you a free same-day lift ticket and free ski or snowboard rentals [with a qualifying boarding pass]." — James S., Engineering Co-op (trainee), Seattle. See "Peak Season," starting on page 92, to read more about resort partners that have ski-free offers and other programs for Alaska flyers. For details, visit alaskaair.com/ski.
- "We usually just snowboard right here in the Boise, Idaho, area (at Bogus Basin), but sometimes we need a getaway. A couple of my favorite places to travel during the winter are Sun Valley, Idaho, and Denver, Colorado. Two winter-travel tips I follow are: 'Always be prepared for anything' and 'Protect your gear!'" - Jessica C., Reservations Sales Agent, Boise
- "If you're looking for amazing skiing and snowboarding, and a beautiful landscape, check out Steamboat Springs, Colorado! It features its amazing 'Champagne Powder' and vast terrain at the ski resort, plus a delightful mountain town and relaxing natural hot springs to boot. It's my favorite winter getaway." -Megan B., Flight Attendant, Denver
- "Looking for an adventure? Do you like to ski or snowmobile? How about flying to Bozeman, Montana? There are terrific ski areas nearby. One example: Big Sky Resort has assorted



outdoor activities in addition to skiing and boarding, such as ziplining and snowshoeing." -Amanda M., Customer Service Agent, Seattle

- "If you're in Montana and looking for another excellent ski experience, seek out Showdown Montana, about 60 miles southeast of Great Falls. It's a smaller ski hill (billed as the oldest ski area in the state), and the operators know what they're doing. You'll love the gorgeous powder and friendly staff." -Ryan Q., Customer Services Agent, Great Falls
- "About a 120-mile drive east from Seattle, or about 20 miles northwest of Wenatchee, is the charming town of Leavenworth, Washington. During the winter, I like to head to this Bavarianthemed village. There are tasty restaurants in town, as well as nearby Nordic and Alpine ski areas." - Megan K., Flight Attendant, Seattle
- "My favorite winter adventure is going to the Ice Castles in Midway, Utah, less than 50 miles from Salt Lake City, to explore the manmade ice castles and enjoy awesome entertainment, such as on-site performances involving fire. Visit the castles after a long, fun day at nearby Soldier Hollow Nordic Center, doing snow tubing, cross-country skiing or snowshoeing." - Andres L., Customer Service Agent/Passenger Service Agent, Salt Lake City
- "From Chicago, I love going to Wisconsin's Apostle Islands area. The cross-country skiing and snowshoeing opportunities are basically endless. In the latter part of winter, weather permitting, you may be able to walk on Lake Superior to visit ice caves. [Follow precautions and check ahead at nps.gov/apis for details about conditions and closures.]" — Odette B., Customer Service Agent, Chicago ⊀



## A Great Man who will be missed

Patterson Buchanan Fobes & Leitch, Inc., P.S. wishes to honor and acknowledge Michael Patterson upon his passing after a courageous fight with cancer. We also want to express our deepest sympathies to his family.

As an attorney, Mike had a well-deserved reputation as a relentless advocate for clients. Over his 44 years of practice, Mike was a formidable litigator with a strong presence in the courtroom, whether before judge or jury. He looked forward to the courtroom and respected the role of litigation in concluding disputes as well as his responsibility to ably represent clients in that arena.

As a mentor, Mike encouraged each of us as reliable and unflinching advocates. In 2007, when our Firm was founded, Mike's determination and vision provided a strong foundation for our long-term success. Our Firm grew over the years but his call for quality and support for advocacy never lessened.

All of us at Patterson Buchanan Fobes and Leitch, Inc., P.S. will continue to represent our clients in Mike's tradition. We shall miss our partner, mentor and friend but we shall honor what he has always inspired in us.



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#### >> IN THE KNOW AIRPORT AMENITIES





>>> Fiji Airways' Premier Lounge is an open space with dedicated areas focused on relaxation, local and international cuisine and beverage options, and a nanny service for kids.

#### SOUTH PACIFIC STYLE

Fiji Airways' new Premier Lounge aims to please

>>> The captivating lushness of South Pacific islands can be hard to leave behind, but Fiji Airways' new state-of-the-art business-class lounge enchants guests with one more tropical experience as they pass through Nadi International Airport.

Guests entering the new Fiji Airways Premier Lounge are greeted by warm smiles, open spaces and a live-greenery wall. Overhead, a constellation of stars on the ceiling recall the Fijian summer and winter skies. The lounge is designed to be a first of its kind for the region, with special features that include chef-inspired menus, baristas, a luxury spa, nanny service and an exclusive Fiji Bean Cart.

The 200-seat facility offers a world-class lounge experience with a dedicated family area, a quiet zone and a media room that doubles as a private meeting space. The children's room, called Lailai Land, employs a fully qualified Fijian nanny—an offering Fiji resorts are famous for. With a nanny available to look after the kids, parents can relax in the lounge, and the glass-paneled children's playroom is visible from the family area.

For food and refreshments, the lounge features a full-service kitchen and buffet offering local and international cuisine, as well as a dining area, a barista and a bar. While the buffet features a colorful array of light fare that includes local fruits and sweet treats, it offers more substantial hot dishes, as well.

A barista provides fresh coffee and espresso drinks in the morning, and exclusive Fiji Airways signature cocktails are served in the evening, along with a selection of award-winning wines and local and international beers. Soft drinks are available throughout the day from a self-service bar.

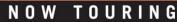
Fiji Airways also offers a unique Fijian twist on the food-truck trend. Food carts are an iconic part of Fijian life. They sell sweet and savory snacks at markets and bus terminals throughout the country. The Fiji Bean Cart in the lounge gives guests an opportunity to sample a variety of local delicacies.

Guests needing to catch up on work will appreciate the lounge's Business Centre, equipped with a number of desks. Charging stations and data ports are located throughout the facility.

If relaxation is more of a priority, guests also have access to a pay-for-use spa that offers express treatments for those who want a last touch of luxury on their trip to the South Pacific. \*







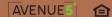
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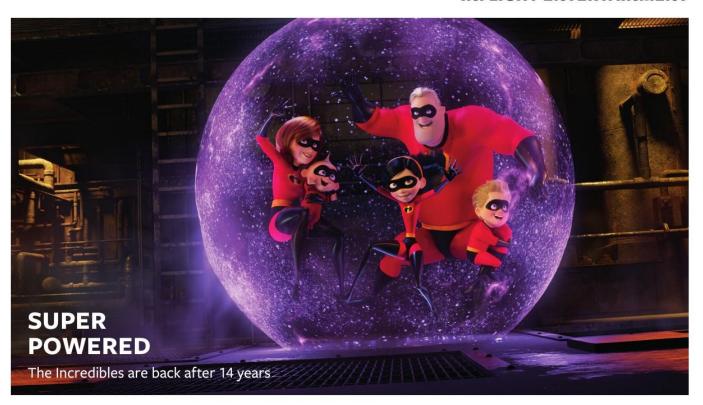






#### >> IN THE KNOW

#### INFLIGHT ENTERTAINMENT



)) It's not a stretch to say that audiences have missed their favorite family of Supers over the last 14 years. This past summer, fans dashed to see Disney•Pixar's Incredibles 2, the seguel to the Oscar-winning Best Animated Feature The Incredibles, making Incredibles 2 the No. 1 animated film of all time.

So why have the Parrs—Helen, Bob, Violet, Dash and Jack-Jack-become the "dahlings" of animated film? Writer/director Brad Bird says it's not the family's extraordinary abilities that have fueled the franchise's success so much as the family's relatability. "I think that people see themselves in these characters, and that's why they fell for them the way they did. The Incredibles and now Incredibles 2 are really stories about a family," Bird says.

The Parrs' powers were carefully cultivated to define each character as both a Super and a family member. "We played with traditional archetypes—the strong father figure and the multitasking mother," Bird says, "but in the end, we found that most of us can relate to all of the characters in some way. We've all been that impatient 10-year-old or the insecure teenager. We've all felt like we're shouldering an impossible load between home and work or school, and we've all felt like we're being pulled in too many directions."

In Incredibles 2, Helen (voice of Holly Hunter) is called on to bring Supers back, while Bob (Craig T. Nelson) navigates the day-to-day heroics of "normal" life at home with Violet (Sarah Vowell), Dash (Huck Milner) and baby Jack-Jack. Their mission is derailed when a new villain emerges with a brilliant and dangerous

plot. But the Parrs don't shy away from a challenge, especially with Frozone (Samuel L. Jackson) by their side.

The seguel strikes a balance between adventure and the more ordinary aspects of family life. "It's a dance between the mundane and the fantastic," Bird explains. "Helen might take a call in the middle of battling the bad guys to help her kid find his shoes. Or Violet might use her power of invisibility when she is feeling totally humiliated. Audiences see that and think, 'Yeah, I'd do that, too."

Incredibles 2 provides more screen time for everyone's favorite Super baby, Jack-Jack, who is discovering a multitude of superpowers. Well-versed in gibberish, with a penchant for throwing food, Jack-Jack may seem like a typical toddler, but he just may be the most powerful Parr in the household. He responds to the word no by bursting into flames, projecting bolts of electricity or turning into a demon baby—raising the bar for tantrumthrowing toddlers everywhere.

Incredibles 2 has just been released digitally, on Movies Anywhere and 4K Ultra HD™, and will be available on Blu-ray™ November 6. Hours of never-before-seen bonus material showcase the beloved Parr family, as well as the family of filmmakers who bring the characters to life. The releases also include the all-new mini-movie Auntie Edna, as well as filmmaker commentary, deleted scenes, the theatrical short Bao, and much more.

Incredibles 2 is now available inflight on Alaska Beyond Entertainment. Look for it on your own device at AlaskaWiFi.com, or rent a tablet onboard. X



## Three Holiday Getaways.

Washington's most cosmopolitan destination— The Bellevue Collection—is also its merriest this time of year.

It's the most wonderful time of the year at The Bellevue Collection, where the shopping, dining and holiday magic are sure to put you in the spirit. Between Bellevue Square, Bellevue Place, and Lincoln Square, you'll find 200 stores and a Dining District with 50+ restaurants and nightlife adventures to ensure a jolly good time. No matter who joins you on your holiday getaway, the memories you make at The Bellevue Collection will have you wanting to return again and again.



Experience the region's most festive holiday scene—Snowflake Lane, a complimentary nightly parade of toy drummers, dancers, beautiful lights and falling snow. From Nov. 23 – Dec. 24 at 7 pm. Visit snowflakelane.com

## FESTIVE FAMILY

STAY Satisfy everyone in your brood at the Hyatt Regency Bellevue, which boasts spacious rooms, an indoor pool, and fantastic restaurants on-site (don't miss the decadent breakfast options at Eques).

SHOP & SAVOR Grab some stocking stuffers at confectioner Lolli & Pops (taste-test anything you'd like before buying), then take the kids to the LEGO store for a themed advent calendar to help them count down the days until Christmas. Take a break from browsing the shops with a fun and flavorful bubble tea at the uber-popular Happy Lemon or Mi Tea. When the gang's ready to eat, the Lincoln South Food Hall is a great bet—with seven delicious choices, everyone will find something that satisfies.

GET IN THE SPIRIT An annual

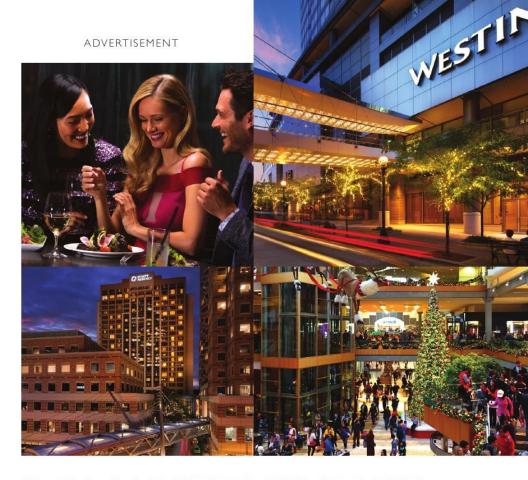
tradition, Snowflake Lane, is a magical nightly parade with snowfall and even Santa comes to town! Visit him in his new home in the Snowflake Lane Factory in Bellevue Square Center Court.

#### GIRLS GETAWAY

STAY A speakeasy-style bar and a lobby that turns into a nighttime hot spot keep things fun and energetic at the colorful **W Bellevue**, but when you're ready to relax, chill on the cozy window seat in your lakehouse-inspired room.

SHOP & SAVOR With unique stores you won't see elsewhere along with tried-and-true favorites, The Bellevue Collection will help you check everything off your list. Pick up stylish jackets for the kids at UNIQLO, sports apparel for the guys at Seattle Team Shop and the cutest workout wear for your gal pals (or yourself!) at Fabletics. Take a midday break for Dungeness crab and a glass of Chenin Blanc at Taylor Shellfish Oyster Bar or enjoy happy hour sushi rolls at Japonessa.

GET IN THE SPIRIT Go into the holiday season feeling your best with a blowout at Drybar and a new cheeky party outfit from British fashion brand Ted Baker London. Then watch the Snowflake Lane festivities from the windowside seating at local institution Duke's Seafood & Chowder or Cactus, where Southwestern-inspired dishes, like butternut squash enchiladas, are the perfect warm pick-me-up on a cold winter's day.



## ROMANTIC ESCAPE

STAY For a just-the-two-of-us weekend, The Westin Bellevue welcomes you with sophisticated styling, spa-like bathrooms, dreamy beds and Truce Spa, where the Couples Journey is a luxe shared experience you'll both delight in.

SHOP & SAVOR Kickstart your day at Woods Coffee with a bold brew to get you going. Since it's the season for sparkle, visit Tiffany & Co., Blue Nile and Ben Bridge Jeweler to find that something with the perfect shine. Even bigger indulgences await at the Tesla showroom, conveniently in front of the entrance to Nordstrom. For lunch, local favorite Moksha Indian Cuisine serves

authentic Indian cuisine in an ethereal space, while the new, sky-high **Ascend Prime Steak & Sushi** on the 31st floor is ideal for a romantic dinner with amazing views.

GET IN THE SPIRIT Become the holiday party 'Hosts with the Most' with a beautiful table centerpiece from Z Gallerie, along with some head-turning accessories—perhaps a punchy pocket square from Suitsupply or a glittery clutch from kate spade new york. Then feel like kids again in Bellevue Downtown Park as you hold hands while gliding across the area's only outdoor ice-skating rink.



Scan this code with your smartphone or QR code reader for stay & play packages at Hyatt Regency Bellevue, The Westin Bellevue and W Bellevue.

The Bellevue Collection is located in downtown Bellevue, WA, just minutes from Seattle.

Visit bellevuecollection.com







## ON POINT,



#### THE FRESHNESS OF PHO

This Vietnamese soup classic offers lessons about letting ingredients shine

#### By Tom Douglas



>> There was never a soup I truly loved until I discovered Vietnamese pho (pronounced "fuh") at Saigon Restaurant in Seattle's Pike Place Market. This was in the late 1970s to early 1980s, and, as I recall it, the owner and her family had emigrated from South Vietnam following the war. They had left with nothing but their determination to survive. After arriving in Seattle, they founded one of the city's first Vietnamese restaurants in a tiny space, originally with 10 counter seats and a few tables. I learned many tricks sitting at that counter over the years, and to this day, my favorite seat in any restaurant is still one where I can eye the kitchen. Even though Saigon Restaurant eventually closed after years of service, it offered lasting lessons that have benefited me ever since.

While many of this classic hole-in-the-wall's menu items—such as the pungent fish-sauce caramel-ginger chicken and the crispy chả giò (fried spring rolls)were new sensations for me when I first tried them, nothing consumed me like the simplicity and freshness of the pho bo—a beef noodle soup.

For context, my soup repertoire at the time consisted of many pureed options, such as spinach and potato, creamy mushroom, and tangy tomato. My mother made chicken noodle soup that was tasty (if dutifully seasoned), and it did melt in your mouth, but it relied on a lengthy period of stewing aimed at melding ingredients' flavors together rather than accentuating their subtleties and freshness.

The revelation of pho to me was the ability to compose a soup, with all the ingredients cooked only by the heat of the simmering fragrant broth poured over the top. At Saigon Restaurant, the brothwhich as I remember was redolent with Saigon

#### >> ON POINT

#### **FRESH TAKES**

cinnamon, coriander seed, black cardamom and charred ginger—was awesome on its own, but it was only half the story. This steamy goodness was ladled over a mound of thin, hot rice noodles, slivers of sweet yellow onion, sprigs of cilantro, shaved raw beef and fatty, well-cooked beef brisket. Finally, as if the freshness level weren't already enough, you could stir in crunchy mung bean sprouts, spicy slivers of jalapeño, savory green leaves of Thai basil, and a tart lime squeeze for a penetrating depth of flavor—one that I had never encountered in a soup before.

Tasting my first pho literally changed how I approached cooking everything, not just soup. Overcooking is often the death knell of fresh herbs, garlic and ginger, and thanks to my early experiences with pho, I learned not to do it!

There are unlimited combinations (and even North and South Vietnam variations) when you're making pho or using a composed-soup technique in your kitchen. Yet there are some basics, too. To start, make a clean, bright broth by simmering the bones you have for stock—not boiling them. Chicken stock generally takes no longer than one hour to cook, whereas beef stock can take four to eight hours.

A typical pho recipe I make goes like this: In a warmed bowl, add hot cooked rice noodles or wheat noodles, then layer on slivers of bok choy, chopped scallions, cilantro sprigs, a bit of grated ginger, a splash of fish sauce and a few thin slices of Serrano chile pepper. For the protein, I take two peeled raw shrimp (per person) split lengthwise, plus three or four thin slices of Chinese barbecue pork, and parade these on top of everything else. Then I ladle 1 to 1.5 cups of the still-simmering stock over the top. Voilà, I have a composed soup!

Serving ingredients on the side that diners can add—such as Thai basil, cilantro and crispy shredded carrots—is a great way to produce

textures and aromas that enhance your soup immensely.

Don't be shy: Get creative with your combinations. Vegetable variations are easy with a charred onion and shoyu broth. Or, for something richer in body and similar to a Japanese ramen soup, try a version with soft-cooked egg and braised pork belly.

My last tip is that soup is not just for lunch and dinner. When my daughter was younger, I had a regular routine of dropping her off at school in the morning and then heading to Seattle's Chinatown–International District for a steamy bowl of pho to start my workday in a most succulent way. Today, local restaurants such as Phở Số 1 and Phở Bắc are good options for pho early in the day.

Enjoy! And, cheers! ⊀

James Beard Award-winning chef Tom Douglas owns 16 restaurants and eateries in Seattle.



For many years, I was self-conscious about my smile. Previous dental work was not done correctly which resulted in uneven front teeth and mismatched teeth shades. I live in Juneau, Alaska's state capital. It is about a 2.5-hour plane ride to see Dr. Hu in Anchorage, and I must say that it is well worth the travel to see him. I searched all over the web for a cosmetic dentist, even expanding my search to the Contiguous US, and Dr. Hu's experience, award-winning work, and credentials stood out like no other. When I met him, I could feel his professionalism, kindness and compassion. His approach was to try to be as minimally invasive as possible and to partner with a well-known national dental lab, Macstudio by MicroDental, to rejuvenate my smile. With a customized wax-up, smile catalog selection, and natural-looking dental restorations, their work as a team was meticulous, giving me the smile that I wanted. As a winner of the Macstudio Model search, I was flown to San Francisco for a professional photo shoot. The entire experience has brought me joy and left me with unforgettable memories. — Theila Tullbright



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#### FAMILY FUN IN SAN FRANCISCO

From giants to science, from rowboats to ice-skating rinks

#### By Bridget Veltri



From left: A young fan interacts with the San Francisco Giants' mascot, Lou Seal. Visitors explore the California Academy of Sciences.

#### >> The stadium was erupting with cheers

for the home team as we made our way to Guest Services at AT&T Park. This was my friend's firstever San Francisco Giants ballgame, and we wanted to get her a certificate saying so. She was 3 years old, and Guest Services prints an official acknowledgment for children attending their first game.

It was a perfect sunny day for baseball, and my little guest was engaged for all nine innings. She watched the action on the field and the fans in the stands as she clutched her new prized possession, "Lou Seal," a stuffed-animal version of the San Francisco Giants' mascot. She seemed in awe of the whole experience, especially after she got to run the bases (along with other children whose guardians were willing to wait in line after the game).

At dinner that evening, she sat in her pink booster seat at the table, casually holding half of a squished peanut butter sandwich in her hand as we recapped the events of the day. In a tired but cheerful voice,

she observed: "B, they didn't really look like giants to me. They looked like people."

A baseball game is one of the many San Francisco activities that offer fun for adults and children alike. Family-friendly staples include a visit to Pier 39 to see bellowing California sea lions lounging on a dock and to explore the Aquarium of the Bay, home to more than 20,000 marine animals. Also in the Fisherman's Wharf neighborhood, the Musée Mécanique's coinoperated arcade games of the past entertain the youth of the present, while at Madame Tussauds, kids marvel at wax figures representing celebrities such as Steve Jobs and Beyoncé.

At the San Francisco Zoo & Gardens, youngsters can view animals ranging from lions to koalas, and also enjoy a playground with features such as a faux iceberg to slide down. An excursion to the California Academy of Sciences includes a rainforest, a planetarium, and an aquarium that's home to Claude, an albino alligator. Another great Bay Area attraction,

#### )) ON POINT

#### VIEW

the Exploratorium, fosters learning through experiences such as hands-on science fun.

Although I don't have children of my own yet, I work with kids during the day at a non-profit youth center, babysit, and spend time with friends who have families, so children seem to surround me. In addition to taking them to tried-and-true attractions, I like to provide experiences that are a bit outside the traditional box. These include activities such as climbing the steps to Coit Tower while trying to spot the legendary parrots of Telegraph Hill; rowing a boat on Stow Lake in Golden Gate Park; and watching locals catch crabs off Pier 7. Even navigating the city is an adventure for a child. Cable cars, buses, ferries, and elevated and subway trains can thrill kids.

Youngsters have also loved going with me to get a sundae at Ghirardelli Square or a piece of pie at the Toy Boat Dessert Cafe, where children can ride a mechanical horse while waiting

for their treat. And on one occasion, after the trio of children I was babysitting had spent time climbing, sliding and running around at the Moscone Recreation Center playground, I took them to the Palace of Fine Arts, an ornate structure built for the 1915 Panama-Pacific International Exposition. The kids enjoyed playing on the lovely grounds, which are also beloved for picnics. The site is a gorgeous backdrop for family photos, as well. After our visit, we topped off the day by crossing the street to Crissy Field to dig our toes into the sand by San Francisco Bay.

Recently I took my new baseball buddy— who is already looking forward to the upcoming season, starting this spring—to the Japanese Tea Garden to see the koi, the bamboo and the dwarf trees. The highlight of the excursion for my 3-year-old companion was conquering the steep, highly arched, pedestrian drum bridge. People on the other side, who were waiting

to cross, cheered when we reached the top.

Of course, an especially enchanting time for kids, and adults, in San Francisco is the holiday season. San Franciscans adorn their bay windows with lights. The cable cars are decorated. There is a boat parade in the bay. Gingerbread creations are exhibited at hotels such as The Westin St. Francis and the Fairmont. Macy's holiday window displays include dogs and cats up for adoption. Union Square showcases a Christmas tree and menorah. And temporary ice-skating rinks appear, including the Safeway Holiday Ice Rink in Union Square, presented by Alaska Airlines.

But whatever the season, San Francisco has much magic to offer its residents and visitors—whether young or older. And depending on the time of year, you just might see a giant. \*\*

Bridget Veltri is a San Francisco-based freelance writer and blogger.



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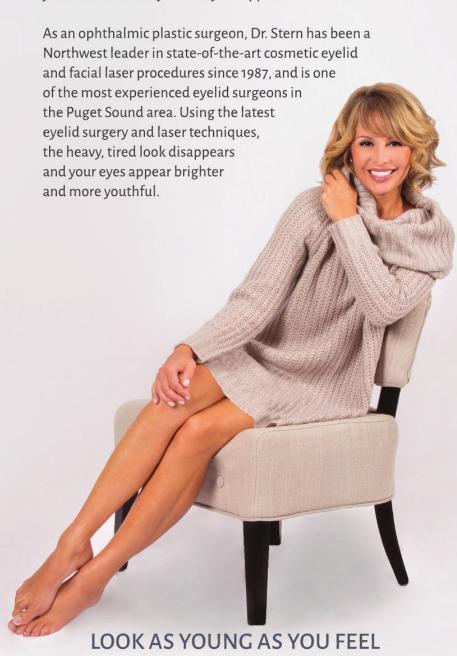
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# >> ON POINT SAVVY TRAVELER



## **AIRPORT EASE**

Tips for a smoother trip

#### By Johnny Jet

Whenever my mother-in-law travels with me and my wife, I hear her tell her friends when we've reached the destination that traveling with Johnny Jet is a joy, and everything is seamless and comfortable. Nothing like brownie points. Since I fly so much (a few times a week on average), I've really learned how to prepare for an enjoyable trip. Here's how I do it:



The most important advice I can give is also the simplest: Allow extra time. Show up to the airport earlier than you think you should. You would be surprised how many travelers don't follow this advice, and end up getting frustrated at the airport. Not to mention, when you rush, there's a higher likelihood you'll forget things at security or at the gate.

If I'm driving to the airport, before heading out, I determine where I'm going to park or where to return the rental car. If I've rented a car off of airport property, I return the car the night before my flight, which saves me money and simplifies my journey the next day. For a really effortless experience, I take a reliable luxury car service such as Blacklane or a ride share such as Uber or Lyft to the airport.

When I travel alone, I usually don't check bags, because I don't have to show up early to check them or wait for them after my flight, and it gives me the flexibility to quickly change plans if needed. When I do check bags, I look for curbside check-in, which usually has a shorter wait than the airport counter.

For clearing security, my family has TSA Precheck, offered by the TSA, and Clear,

offered by a private company. TSA Precheck lines are generally quicker than regular ones because travelers don't have to take their liquids or laptops out, or remove their jackets or shoes. If you travel internationally, get Global Entry, which allows expedited clearance for preapproved, low-risk travelers upon arrival in the United States, at select airports. Global Entry comes with TSA Precheck, and the application fee is just \$15 more.

With Clear, upon arriving at security in participating airports, members simply find a Clear kiosk where they scan their fingerprints, eyes and a boarding pass, and are escorted to the front of the identity checkpoint lines before advancing to the conveyor belt to complete TSA screening.

I usually wear the same clothes every time I travel, because I know they won't trigger metal detectors and cause me to be stopped for secondary screening. Since I expect to be walking a lot, I wear comfortable shoes. I also dress in layers, since airports and airplanes can be inconsistent temperature-wise.

I love to spend time with my family in a plush airport lounge while traveling. A lounge

offers food and drinks, a quiet place to work, and agents to help change our tickets if there are any weather delays or other hiccups. Alaska has lounges in Anchorage (ANC), Los Angeles (LAX), New York (JFK), Portland (PDX) and three in Seattle (SEA).

If an airport doesn't have a lounge, I walk around to discover if it offers anything unique. For instance, the Charles M. Schulz – Sonoma County Airport features *Peanuts* comic strips. If an airport area is crowded, I walk to a gate that is vacant to work, but I always set my phone's alarm to make sure I don't miss my flight. When I travel with my son, I find out if the airport has a kids' area. Some airports, such as Chicago O'Hare (ORD), have amazing spaces where tykes can run off their energy.

As you can see, preplanning can help you have a comfortable experience, and it's worth it for an enjoyable beginning or finale to your trip. Here's to smooth travels! 

⊀

Johnny Jet is a Los Angeles-based travel expert who visits 20 countries each year. Read more of his travel tips at johnnyjet.com.



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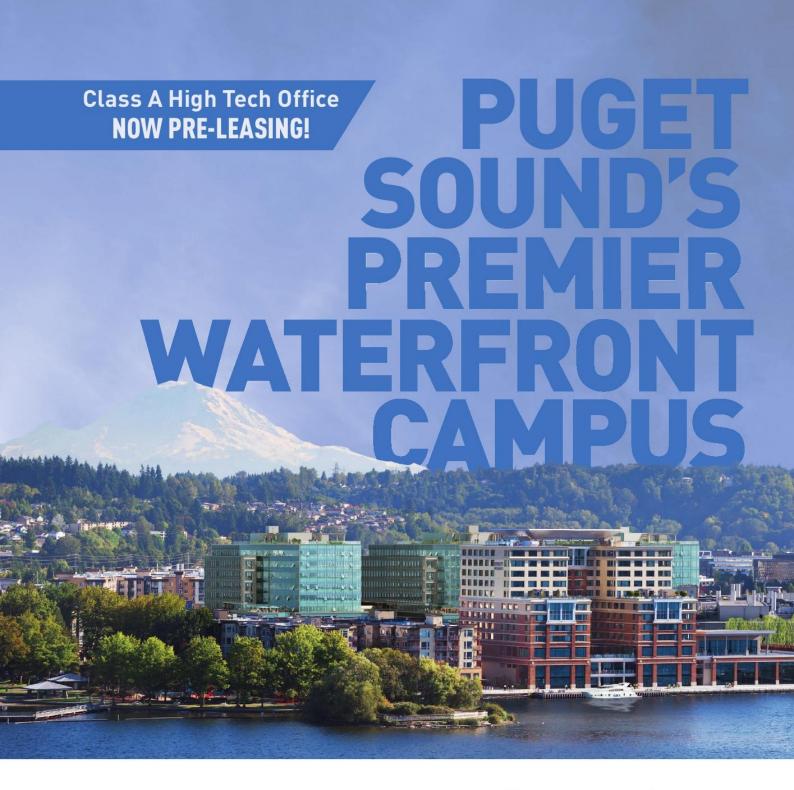






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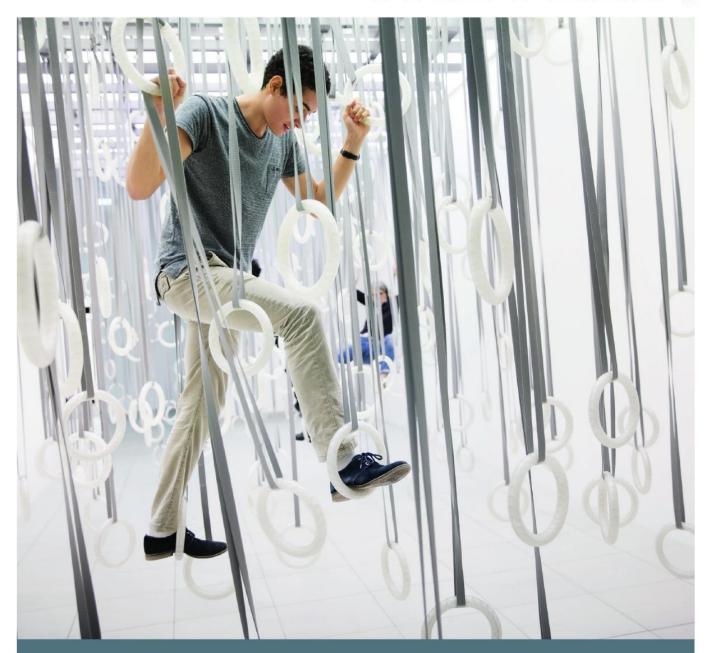
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# THE FEED,



# MOVING OBJECTS

>>> In "William Forsythe: Choreographic Objects," visitors are expected to move— whether it's crossing a room on gymnastics rings or navigating a maze with swinging pendulums

The interactive exhibit is at the Institute of Contemporary Art/Boston through

Feb. 21. It features installations designed by Forsythe—a renowned choreographer, who has spent most of his career in classical ballet—that encourage guests to explore the body's physical capabilities and examine the intentions and expressions behind each movement. (Safety information is posted in the exhibit.)

In *The Fact of Matter* (2009) (shown above), gymnastics rings hung at various heights challenge visitors to move across the

space using only the rings. In *Nowhere and Everywhere at the Same Time, No. 3* (2015), visitors must maneuver among 80 hanging pendulums, all programmed to swing separately. Video installations and other participatory pieces are also part of the exhibit.

This is the first comprehensive exhibition of Forsythe's work in the United States, and it coincides with his Boston Ballet residency.

Visit icaboston.org for more information.

— Cassie Kang





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#### SELFIE DISCOVERY

The roots of selfies date back 40,000 years. At least, that's the assertion made by the creators of the Museum of Selfies, which opened on Hollywood Boulevard in LA in October after previously showing as a pop-up installation in Glendale, California. And while Merriam-Webster defines selfie as a photo of oneself taken on a digital camera, the act of capturing an image of oneself and displaying it on a wall—be that wall inside a cave, on a social media site or inside a museum—has been part of human culture for millennia.

Museumgoers can explore the history and art behind selfies at interactive exhibits such as a timeline that charts humans' path to selfies—from cave drawings through the invention of the smartphone. An optical-illusion bathroom exhibit, such as the one shown below, plays off the fact that selfies are often taken in front of a bathroom mirror, and a three-piece sculpture asks visitors to consider how selfies influence their interactions with art. Of course, taking selfies in the museum is encouraged.

For more, visit museumofselfies.com. —Raelynn Sheridan





# A MODERN HOME FOR MODERN ART

#### )) Modern art has a new modern space to call home.

Glenstone Museum, in Potomac, Maryland, less than 15 miles northwest of Washington, D.C., has opened an expansion featuring an additional 50,000 square feet of indoor exhibition space, 130 acres of restored landscape and a water court.

The focal point of the expansion project is the Pavilions, which are a series of blocklike buildings emerging from grassy slopes. Focused on natural light, the complex (shown above), designed by Thomas Phifer and Partners, features expansive windows and skylights, with glass-walled galleries overlooking the peaceful surface of the water court feature. The Pavilions include 11 rooms where art is on view and feature the work of artists such as Charles Ray, Brice Marden, Michael Heizer and Pipilotti Rist, who all use various mediums.

The expanded landscape, designed in collaboration with PWP Landscape Architecture, allows visitors to walk through meadows and woodlands to see outdoor sculptures while enjoying the serenity of nature.

The expansion also features a bookstore and two cafes. Admission is free, and museum visits must be scheduled in advance.

Visit glenstone.org for more information. —Sophia Scheer

#### JEWELRY THAT CONNECTS THE WORLD

■ The Nawanagar ruby necklace was crafted by European jewelry maker Cartier in 1937 for the Maharaja (great king) of Nawanagar in India, where male rulers wore sparkling jewelry during ceremonial events. After Indian independence in 1947, Cartier reacquired the necklace, pictured right, and it was later worn by New York socialite Gloria Guinness in the 1960s.

Curators at the Fine Arts Museums of San Francisco's Legion of Honor museum have made the necklace one of the centerpieces of "East Meets West: Jewels of the Maharajas from the Al Thani Collection," Nov. 3–Feb. 24,

2019, because the necklace exemplifies the material exchanges between the East and the West.

The exhibition features more than 150 precious objects from the Mughal Dynasty (which ruled India from 1526 until British control) through the British Raj, as well as contemporary jewelry. Other pieces on display include the Idol's Eye, a 70.2-carat blue diamond (1848). Visit legionofhonor.famsf.org/east-meets-west for more. —Raelynn Sheridan



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# >> THE FEED THE MIX

#### THE MATCH

#### >> Phil Mickelson and Tiger

**Woods,** two of golf's biggest names over the past 20 years, are facing off in a Nov. 23 competition, with the winner taking home \$9 million.

The pay-per-view televised event features Woods and Mickelson playing a winner-take-all 18-hole match at Shadow Creek Golf Course in Las Vegas on the Friday following Thanksgiving.

With each golfer wearing a mic, viewers can hear the players' interactions, and the format allows for Woods and Mickelson to make side bets with their own money.

Challenges throughout the round are expected to include "longest

drive," "closest to the pin" and "longest putt made." The players are donating the money won from the challenges to the charities of their choice, while the \$9 million goes directly to the winner.

Mickelson has said that the match is an opportunity to bring golf to the masses.

Oddsmakers have named Woods—who won for the first time in five years at the PGA Tour's Tour Championship in September—an early favorite.

Mickelson even joked that with Woods swinging so well, Mickelson wanted a stroke a side.

The round is being shown via Turner Broadcasting's B/R Live platform, and through AT&T's DirecTV and U-verse systems.



This event is not without precedent: In 1988, Jack Nicklaus organized a pay-per-view team golf competition, but it was not well received. Mickelson and Woods are betting that their head-to-head match offers a more compelling dynamic. —Jeff Bond



### WORD SEARCH THEME: THE HUGHES MARINO EXPERIENCE

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During The Day of the Dog's Wiener Dog Race, 50 dachshund hounds bound, ears flapping, 30 feet to the finish line. The race is one of the ways that The Day of the Dog event, Nov. 17 and 18 in Scottsdale, Arizona, celebrates the bonds between

The event includes dog-care resources, races and competitions such as a 40-foot Running of the Bulls race that rewards the fastest bulldog, and a Puppy Stampede in which everyone wins. Because of cuteness.

The Day of the Dog also features puppyyoga sessions; pet-supply vendors; redcarpet photo ops; on-site veterinarians who can answer questions; and a 100-foot pool to host diving, retrieving and jumping competitions.

The event is family-friendly, and responsible pet ownership is advised. For more, visit thedayofthedog.com. —*Raelynn Sheridan* 

# COMEDY IN CALIFORNIA

More than 100

people and their pups.

comedians are participating in the stand-up competition at the Palm Springs International Comedy Festival. The event, Nov.

9-11 and 16-18 at

Hotel Zoso, also



features nightly performances by comedians including Judy Tenuta, who has had specials on networks such as HBO, Lifetime and Showtime. In addition, the festival is honoring Emmy and Grammy winner Kathy Griffin as Comedian of the Year, and is awarding the director, producers and cast of the movie Book Club with the Stanley Kramer Mad World Comedy Award.

Visit palmspringscomedyfest.com for more information. —*Pooja Galgali* 

# CALLING ALL FILM BUFFS

>>> From skiing to water sports, the Lake Tahoe region offers an abundance of outdoor opportunities, and a quest for adventure is one of the focuses of the Tahoe Film Fest, Dec. 6–9.

The event will screen more than 25 films—documentaries and features—showcasing grand adventure, and important environmental and humanitarian efforts.

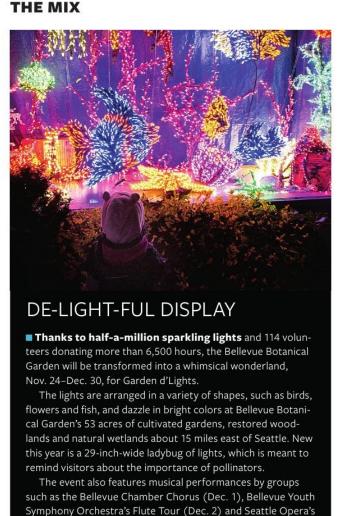
For example, Michael and Jeff Zimbalist's Momentum Generation, pictured at right, is a documentary about a group of surfers who lived together in the 1980s on O'ahu's North Shore and went on to become some of the most influential surfers in the world. Musician Michael

Franti's Stay Human documents Franti's journey around the globe, connecting through story and song with local people in remote places. The Push chronicles humanitarian Grant Korgan's journey to the South Pole as an athlete with spinal cord injury.

Visit tahoefilmfest.org for more information. —*Raelynn Sheridan* 



## >> THE FEED



Garden d'Lights entry is from 4:30 p.m. to 9 p.m. nightly. For more information, visit bellevuebotanical.org.

—Pooja Galgali

#### A MANE EVENT

When Fernando Cardenas, pictured below, was a boy in the late 1980s, his family moved from Colombia to North Carolina, where he grew up watching and dreaming about riding in the Jump for the Children Horse Show benefiting Duke Children's Hospital. Last year, after recovering from a broken leg months before the competition, Cardenas, who also works as an equine veterinarian, won the Grand Prix jumping event at the horse show, which is a United States Equestrian Federation AA Premier nationally rated competition.

This year, Cardenas is returning to defend his title, where he is one of more than 1,200 riders competing at the Gov. James B. Hunt Jr. Horse Complex in Raleigh, North Carolina, Nov. 7–11 and 14–18.

The show, which began in 1984 and has raised more than \$2.1 million for Duke Children's, features jumper and hunter events, in which riders and horses compete over fences and on the flat. For more information, visit jumpforthechildren.org. —Pooja Galgali





The Youth Opera Project (Dec. 4).

#### **SPREADING HOLIDAY CHEER IN SANTA BARBARA**

>>> Every holiday season, cities across Europe host traditional night markets, with people gathering to mingle and shop. Now, Santa Barbara, California, is hosting such a market with the hopes of spreading the holiday spirit in a part of the Santa Barbara area that's been affected by weather events.

The inaugural Santa Barbara Night Market, being held in a former Macy's store on downtown's historical State Street Plaza, Nov. 23–Dec. 29, features artisans, craftspeople and organic-produce farmers selling products ranging from ceramics to candles to flowers.

Lights, inflatable holiday decorations, live carol singers, a DJ playing holiday music, Santa Claus and snow-making machines create a festive holiday atmosphere. There's also a children's play area, chef demonstrations and live music. At a Christmas wish tree, guests can leave gifts, along with corresponding wishes, for people in need.

The market is open Thursdays through Sundays from 4 P.M. to 10 P.M. For more information, visit santabarbaranightmarket.com. — Cassie Kang



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DAY 1

>> We sailed near El Arco (The Arch), which is a natural rock formation where the Sea of Cortés meets the Pacific Ocean.



Ruthie Ridley, left, and Kachét
Jackson-Henderson are
fashion-forward friends who
inspire with their photography,
lifestyle expertise, and love for
all things bright and fun. They
traveled to Los Cabos, Mexico,
as part of Alaska's #WeekendWanderer series. For more
#WeekendWanderer posts,
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# **CAPTIVATING LOS CABOS**

#### >>> We embarked on our girls' weekend

with a luxury sailing day with Cabo Adventures and spent four hours exploring the aquamarine waters off the southern tip of Mexico's Baja California Peninsula. We sailed along Lover's Beach to El Arco (The Arch), passing a sea lion colony, and we swam, snorkeled and paddleboarded at Santa Maria Beach on the Sea of Cortés. Then our captain lifted the sails, and we caught some wind. The excursion offered the perfect blend of relaxation and adventure, and it was the ideal way to begin our weekend.

We followed up our sailing trip with a rejuvenating day at Cactus Spa at the Sheraton Grand Los Cabos Hacienda del Mar. The facilities were stocked with towels, comfy slippers

and the most luxurious robes we'd ever worn. We got massages and then sipped refreshing drinks as we rotated among the hot tub, icecold bath and steam room.

We enjoyed exploring Los Cabos, and found that Cabo San Lucas offers a lively scene of bars, restaurants and music. Of note, The Office restaurant has beachfront seating with live music—and the coconut shrimp cannot be missed. Neither can the margaritas!

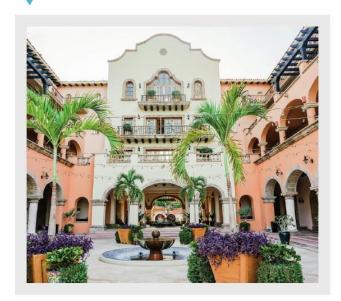
For a more laid-back vibe, we traveled about 20 miles northeast to San José del Cabo.

Los Cabos is a great girls' getaway. Whether a bachelorette trip, a moms retreat or just a fun weekend, there are many ways to make it your own. Happy adventuring!

#### THE FEED

#### **#WEEKENDWANDERER**

#### DAY 2



We stayed at the Sheraton Grand Los Cabos Hacienda del Mar, which is a stunning Mexican colonial seaside resort.



After massages, we rested in the comfiest chairs at Cactus Spa at the Sheraton Grand. So. Needed.

#### DAY 3



🙎 In San José del Cabo, we ate at Taqueria Rossy, a local hot spot that serves some of the best tacos we've ever had.



Colorful flags gave vibrancy to streets in the Cabo region. Between visiting shops, we often stopped to take in the scene.

#### THE HEART OF UTAH

Salt Lake City offers natural beauty and urban excitement

#### By Mary Brown Malouf

by breathtaking natural beauty. With a population of about 1 million people, the community is nestled in the high-elevation Salt Lake Valley, between two mountain ranges: the Wasatch Range to the east and the Oquirrh Mountains to the west. To the northwest is the Great Salt Lake, a popular stop for flocks of migrating birds. A great way to experience this landscape is to drive out to Antelope Island, near the lake's southern shore. On the island's rocky hills, you can see herds of bison, bighorn sheep and pronghorns grazing on tall grass.

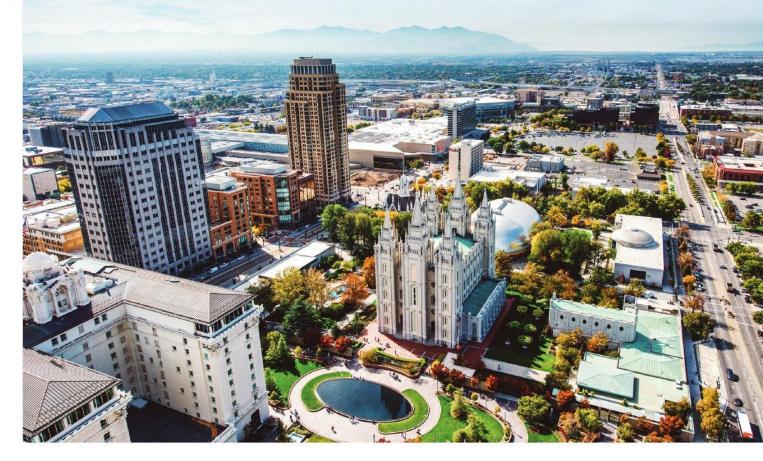
Looking south from the island, you can see the vibrant landscape of the Wasatch Front, which includes Salt Lake City, about 20 miles southeast. It was the first major settlement in Utah, and it remains the heart of the state.

The pioneers of The Church of Jesus Christ of Latter-day Saints settled here in 1847, and soon laid out a street system that includes wide boulevards and long blocks. The plan included a city center featuring the church's impressive 223-foot-tall

Salt Lake Temple. A tour of the city often starts with a stroll through the 35-acre Temple Square, which has lovely gardens and two visitor centers. You can admire the temple itself from the outside—only certain members of the church are allowed to enter the sacred space. Anyone, however, can tour The Salt Lake City Tabernacle, located just to the west of the temple. Completed in 1867, the tabernacle is known for its excellent acoustics. On Thursday evenings, you can hear The Tabernacle Choir at Temple Square rehearse, and an organ recital is performed there every day at noon.

A few blocks south of Temple Square is the city's business center, which includes the city library. The building was designed by notable architect Moshe Safdie to be an information center, with stores, a coffee shop and a rooftop garden with beehives—a fitting addition, given that Utah is known as the Beehive State, in recognition of attributes such as industry, perseverence and thrift shown by the state's early settlers.

The city is home to various excellent museums, including The



#### )) THE FEED WHEN IN SALT LAKE CITY

Leonardo museum, a hands-on facility that features science, technology and art. On the University of Utah campus, in the northeast edge of the city, The Utah Museum of Fine Arts has a collection of about 20,000 items, including works by European masters such as Flemish Baroque painter Anthony Van Dyck and contemporary Abstract Expressionists such as American Helen Frankenthaler. Another campus museum, the Natural History Museum of Utah, is located about a mile farther east in the Wasatch foothills. Visitors can explore the state's geology and prehistoric cultures, and a large collection of dinosaur fossils.

In recent years, Salt Lake City has solidified its reputation as a great place for top-quality restaurants, concerts, nightlife and craft cocktails. If you like seafood, stop by Current Fish & Oyster, located in a refurbished warehouse. The restaurant serves outstanding dishes, such as fish stew and wild-caught Pacific black cod.

Next door is its sibling establishment, Undercurrent, one of the best cocktail bars in town. In fact, several top restaurants have sister bars and bistros, including sushi favorite Takashi, whose owners also have Post Office Place, and The Copper Onion, whose owners opened the bistro Copper Common a few doors down and the Copper Kitchen in southeast Salt Lake City.

Dessert lovers will want to visit Les Madeleines Patisserie & Cafe, across the street from the library. Owner Romina Rasmussen was one of the first chefs in the United States to make kouign-amann, a delicious crunchy pastry that originated in Brittany. Utah is also home to some of the best chocolatiers found anywhere. Two of Salt Lake City's most renowned are The Chocolate Conspiracy and Hatch Family Chocolates, both known for their quality treats. For a large selection of Utah's best chocolates, drop by downtown's Caputo's Market & Deli.

A variety of concert venues showcase talent from across the country and the world. One of the most popular is The Depot, which hosts local and touring bands throughout the month, including the metal band Ministry, which is performing on November 23. The Eccles Theater features traveling productions, musical acts and events. The hit Broadway musical Come

From Away is on stage November 6-11, and the band Air Supply performs November 16. Visit nowplayingutah.com for the latest information on entertainment in the Salt Lake City area.

With the arrival of November, ski season is just around the corner. Local residents can choose from nine ski resorts, including world-famous Park City Mountain Resort, that are within an hour of town. For a fun outdoor excursion, take the 15-mile drive up Millcreek Canyon Road on the east side of the city to visit Log Haven, considered one of Utah's most romantic restaurants. The cozy cabin restaurant is open year-round and is the perfect place to enjoy the season's early snowfalls. ⊀

>>> Temple Square, facing page, is located in downtown Salt Lake City. Bison graze on Antelope Island, above. The Copper Onion restaurant offers a variety of dishes, including sautéed mushrooms, at right. The Chocolate Conspiracy, far right, is one of the city's top chocolate shops.







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#### >> THE FEED

#### **OUT & ABOUT NEW ORLEANS**







>>> On a walk in the French Quarter, visitors can enjoy historic architecture, great street music and landmarks such as St. Louis Cathedral.

# FRENCH QUARTER RAMBLE

By Eric Lucas

The street block I'm walking, I find a famous busker, the bucket drummer Peter Rabbit, wowing onlookers with arena-quality percussion using paint buckets, cans and the walls behind him. The strains of a saxophone solo drift from a side street; the scents of rémoulade and gardenia compete with mint julep and chicory coffee; and barkers for bars and clubs promise unparalleled experiences as passersby peer inside. All this in one evening, on one block, on what is surely one of America's most famous nightlife streets.

I grew up in New Orleans, and walking the streets in and near the French Quarter was a favorite teenage pastime. I recommend starting at Canal Street, a major boulevard whose broad expanse heightens the contrast when you enter the narrow 18th century confines of the French Quarter—where the architecture features numerous wrought-iron balconies and has colonial Spanish as well as French influences. Follow Bourbon Street one block in from Canal, and two doors down on Iberville, and you'll likely find long lines, signifying the popularity of the po'boy sandwiches and other seafood at Acme Oyster House.

Five blocks farther into the quarter, on St. Peter Street, is Preservation Hall, the small yet famous music space, housed behind a very unassuming facade, where veteran performers deliver succinct shows with songs such as *St. James Infirmary*, a quintessential jazz/blues tune, and that old chestnut *When the Saints Go Marching In*.

Keep going southeast on St. Peter Street and then head northeast a block on Chartres to reach Jackson Square, in front of St. Louis Cathedral. Here at the square, in the afternoon and early evening, you will often find buskers (often the same musicians who later head to jobs at local clubs) skillfully performing jazz standards. They are complemented by fortunetellers, chalk painters, jugglers and voodoo-doll vendors, all aiming to improve your outlook on life, for a modest contribution.

Rounding Jackson Square brings you to the French Market, a charming warren of shops and cafes selling everything from alligator fritters to Zatarain's Crawfish, Shrimp & Crab Boil seasoning mix. After a light, late meal—such as filé gumbo or jambalaya or crawfish étouffée—you can retrace your steps along Decatur to the venerable Cafe du Monde, with its marble tables, where you will find some of the best chicory coffee and beignets anywhere. Strolling back toward Canal along Decatur, if you're lucky, you'll happen on a bar with a local singer belting out "Got my mojo working, but it just don't work on you."

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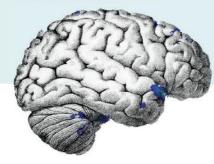
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### >> THE FEED

#### **OUT & ABOUT NEW ORLEANS**







A trip to New Orleans can be enhanced by excursions such as swamp tours, left; fishing expeditions, top; or tours of the Tabasco company's land on Avery Island, above.

### TO THE BAYOU AND BEYOND

By Brad Japhe

Orleans' downtown can keep you occupied for days of dining, dancing and listening to good music. Yet a trip out of town, on a variety of tours, adds additional Louisiana flavor. The surrounding area offers adventures among coastal waters, swamps and islands that are dense with wildlife and thick with cultural—as well as some culinary—lore. The following are examples of near–New Orleans excursions run by experienced outfitters.

If you want to catch a glimpse of a gator, a good bet is to book a swamp tour with Cajun Encounters Tour Co. This locally run company, which has been in business since 1997, will pick you up at your downtown hotel or meet you just outside Honey Island Swamp (about 35 miles northeast of town) for a two-hour flat-bottomed boat ride through the expansive cypress-forested bayou terrain. While seeking out impressive reptiles, you will also have a

chance to encounter wildlife such as herons and wild hogs, and the exotic flora of the distinctive bayou biome. If you're seeking added excitement, reserve a ride on a night cruise and—with the aid of lights—see what's lurking deep in the shadows.

For a more hands-on experience, go fishing with Salty Dog Charters. Embark from Campo's Marina, which is about 30 miles southeast of downtown (transportation from downtown is available; alternatively, you can book accommodations nearby) and spend a day catching redfish, speckled trout, flounder and more—depending on the season—in the marshes and along the Gulf Coast. The outfitter partners with a number of New Orleans' big-name chefs, who can cook up your catch in the evening for a dinner that you reeled in.

"I don't think a trip to Louisiana is complete without going out into nature," says Salty Dog Charters owner and captain Markham Dickson. "You gotta go fishing. It's part of who we are."

Another way to spice up a New Orleans trip is to tour with Tabasco. At the five-generation-family-run company's home on Avery Island, about 2.5 hours west of town, visitors can take tours of the factory or the surrounding Jungle Gardens natural area; visit the company's museum; and/or try Cajun food made with the company's well-known peppery product.

"Avery Island is a mysterious and beautiful place that's been home to the famed hot sauce since its creation 150 years ago," says Ralph Brennan, a legendary New Orleans restaurateur who sings the praises of the Tabasco tours. "You can learn about the local heirloom pepper fields, historic salt mine and marshaging facility. A visit solidifies the importance of the iconic sauce and its role in kitchens across the world."

# AND LEWIS SAID TO CLARK: "YUM"



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# **FUN WITH FONDUE**

#### **By Naomi Tomky**

#### >> Three pots of bubbling hot cheese,

piles of baguette bread, and a lavish spread of cured meats, pickles and roasted vegetables greeted the 45 guests at Tia Keenan's house in New York City on Christmas Eve last year. The author of the new book Melt, Stretch, & Sizzle: The Art of Cooking Cheese turned to fondue to make entertaining easy for her and customizable for guests.

Modern fondue dates back to at least the 18th century, and was popularized in the United States in the mid-1900s. Despite its historical roots, fondue is prized by Keenan for its characteristics of a modern dish: It's easy to adapt to dietary restrictions (by varying the ingredients in the hot pot and the foods dipped inside); it offers a "wow" factor; and it isn't too much work to prepare.

In the age of shared plates and communal dining, a revamped version of the cheese dip has found a welcoming home in bars, too. At The Beehive in San Francisco, partner Arnold Eric Wong offers fondue because it matches the Mad Men vibe of the '60s-themed bar. He also wants to make sure he improves upon the classic dish.

"I think anything can be made cooler," says Wong, adding that the foods he grew up with—including fondue—were valued because they were new to American eaters, but they



weren't necessarily high-quality at the time. "We have a huge opportunity to reshape the perception and execution of fondue," he says of their elegantly sized versions, which replace the kirschwasser, cherry brandy, used in traditional fondue with other types of alcohol that impart interesting flavors. For instance, The Beehive's aged-cheddar fondue incorporates piquillo pepper and a touch of mezcal.

A similar retro concept inspired the Punch House in Chicago to add fondue to its menu. The company was searching for a dish that matched the communal nature of their punchbowl cocktail service and the '70s-inspired decor. "We needed a food identity," says

partner and director of hospitality Will Duncan. By using high-quality ingredients such as vegetable tempura to dip in the cheese fondue, Punch House appeals to a wide crowd, young and old, whether they're out for the night or enjoying a snack before heading to a music show at Thalia Hall upstairs.

In the beginning, fondue rose to popularity because the shared dish implied a carefree attitude, and the European roots seemed to give hosts cosmopolitan cachet. Today, it's more about refining and enjoying the oldfashioned notion of friends coming together over a bowl of melted cheese—whether at a trendy bar or a holiday house party. \*

#### ALPINE CHEESE FONDUE

By Tia Keenan. Serves four.

#### Ingredients:

- 1 pound Gruyere cheese, shredded
- 1 pound Emmenthal cheese, shredded
- 1 tablespoon cornstarch
- 1 clove garlic
- 2 cups dry white wine
- 2 ounces cream cheese, softened ½ teaspoon nutmeg, freshly grated
- Toasted bread cubes, cornichons and apple slices, for serving

Toss the shredded cheeses with cornstarch.

Rub garlic clove along the inside of a fondue pot or a heavy-

bottomed medium saucepan. Add white wine, and bring to a simmer over medium-low heat. While whisking, add a small handful of the shredded cheese. Continue adding cheese one handful at a time, whisking continuously and adding more cheese once the previous handful is fully incorporated. Whisk in softened cream cheese and nutmeg.

Serve immediately, in the warm pot, with plenty of toasted bread cubes, cornichons and apple slices.

This recipe can be found in Keenan's 2016 book, The Art of the Cheese Plate: Pairings, Recipes, Style, Attitude.







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# GAMAY, OLD WORLD AND NEW

By Kerry Newberry

November each year, enthusiastic vintners from the French region of Beaujolais release a red wine, *Beaujolais Nouveau*, just weeks after harvest. The wine is also shipped in advance so that around the world, wine drinkers can enjoy what is considered *the* celebration of the end of fall harvest season, with festivals, parties and fireworks.

The term Beaujolais refers to wines made from Gamay grapes only in the Beaujolais region in central France near Lyon, while elsewhere, wines made with the same grape varietal are simply referred to as Gamay (much like the locational differentiation between Champagne and other sparkling wines). Beaujolais Nouveau in particular goes through a quick fermentation process before being bottled very young—hence nouveau, or new. The wine is known for being fruity and light.

Gamay grapes are also used in the Beaujolais area to create more complex, traditionally aged wines—known as *Cru Beaujolais*, produced in the 10 Beaujolais appellations that are home to some of the world's most prestigious vineyards.

Oregon winemakers, inspired by Cru Beaujolais, are also producing delicious Gamay wines, which have been compared to the state's most popular red, Pinot Noir. "Gamay has everything found in a good Pinot Noir great acidity, ripe cherry flavors and a wonderful earthiness," says Thomas Houseman, winemaker of Anne Amie Vineyards in Carlton, southwest of Portland.

Houseman crafts his Gamay in a style similar to Cru Beaujolais, resulting in a richer and earthier wine than the Nouveau style. An avid forager, he likes to pair the wine with wild mushrooms he finds in the forests around the Willamette Valley. And as the holiday season approaches, he recommends the red as a



perfect match for turkey feasts. "For those who don't eat meat, it also pairs well with butternut squash and sweet potatoes," he says.

At Portland's SE Wine Collective, Kate
Norris, co-founder and owner of the member
winery Division Winemaking Company, has
championed Gamay since working harvests
in the Beaujolais and Loire regions of France.
"Not only does [Gamay's] fruity, peppery,
earthy nature pair well with everything, it's a
wine that easily pleases most wine drinkers in a
crowd," she says. In collaboration with Division
Winemaking co-founder Thomas Monroe,

Norris makes five different styles of wine from the grape, and has created a club devoted to Gamay. "I love how interesting and accessible Gamay can be," she says.

On November 15 at 5 P.M.—just hours after midnight, Beaujolais time—Norris and other local winemakers will raise a glass to their kindred spirits in France, and uncork bottles of Oregon Gamay at their urban winery, along with their favorite Beaujolais Nouveaus. "The event is a great way for people to learn about the past, present and future of Nouveau, and to join the celebration of the first released wine of the vintage," Norris says. \*\*

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## SKI RESORT CHIC

By Raelynn Sheridan

**))** If your winter plans involve hitting the slopes, you'll après-ciate these versatile, attractive and easy-to-pack items that will help you enjoy your ski-village vacation in style.

With an emphasis on mountain culture and outdoor living, Topo Designs keeps its pieces simple, modern and functional. The company's reversible cropped Sherpa Jacket has fleece on one side and smooth tech fabric on the other side, and will keep you warm and on trend in your after-ski outfit (\$149; topodesigns.com).

Outdoor Research, founded by an adventurer and physicist, focuses on durability and technology for outdoor apparel. The Men's Skyward II Jacket is made with waterproof, flexible, lightweight and breathable AscentShell tech fabric, so wearers feel comfortable on and off the slopes (\$350; outdoorresearch.com).

THE FEED

The Camino Glove by Dakine features a water-repellent treatment on the glove's exterior as well as a waterproof insert. The Caminos also include a pair of the company's touchscreen-friendly Storm Liner fleece gloves, which can be worn alone or inside the Camino's outer shell (\$45; dakine.com).



Make a fashion statement on the mountain with **Burton's Gore-Tex 3L Kimmy Bib Pant,** which is available in a selection of bold colors. The lightweight bib provides waterproof protection from the snow, as well as stretch paneling for mobility (\$419.95; burton.com).



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#### THANKSGIVING **FAVORITES**

#### By Jacob Uitti

>> Since the Plymouth harvest celebration

in 1621, Thanksgiving has come to mean eating a great meal, playing games and spending time with family and friends. The day's traditions have expanded in recent years to include watching parades, and dressing up like a turkey and running races. The following are some of the nation's top Thanksgiving activities.





Thanksgiving Day Parades: Philadelphia's Gimbels Department Store, which closed in 1987, is generally credited with organizing the first Thanksgiving Day Parade, in 1920. Since then, the parade tradition has spread across the country, with nearly every major city having its own parade on turkey day. Now in its 98th year, the Philadelphia parade remains a city favorite, with marching bands, choirs, elaborate floats and a variety of balloons that include Bugs Bunny. Popular parades are also found in Houston, Chicago and, of course, New York City, home of the Macy's Thanksgiving Day Parade, which includes balloons such as Charlie Brown, above, and is broadcast on TV, drawing an audience of about 24 million people in 2017.

2 History-Related Meals: The 1621 celebration in Plymouth may not have been the first thanksgiving in America. Some historians maintain the first celebration may have happened earlier in other settlements in various places along the East Coast, including at the Berkeley Plantation, 30 miles west of the Jamestown Settlement in Williamsburg, Virginia. Visitors to Williamsburg can enjoy the town's annual three-day Foods & Feasts of Colonial Virginia, Nov. 22-24 (visitwilliamsburg.com).

The celebration we know best took place in Plymouth, Massachusetts, when 53 pilgrims who had survived the ocean journey and a harsh winter celebrated their first harvest. The City of Plymouth hosts a celebration of Thanksgiving, Nov. 16-18, including pilgrim tours and a concert on Friday, Nov. 16, and a parade on Saturday, Nov. 17. On Thanksgiving Day, Nov. 22, you can eat turkey and stuffing on the 17th century Plimoth Plantation (which uses the original spelling), one of the homes of the earliest pilgrims (plimoth.org).



3 Turkey Trots: There are estimated to be more than 1,000 Thanksgiving Day races across the country, enjoyed by runners and walkers of various ages and skill levels. Participants are often encouraged to wear costumes, with many donning turkey outfits and others dressed as pilgrims or other characters. The popular turkey trots usually measure between 1 and 5 miles, with some reaching 8 or 10 miles. Among the country's best races is the grandfather of them all,

The Buffalo Niagara YMCA Turkey Trot, in Buffalo, New York. Launched in 1896, the run is considered one of the oldest continually held running events in the nation. Other top races include the Dallas YMCA Turkey Trot, which set a Guinness World Record in 2011 by having the largest gathering of people (661) dressed as turkeys. \*



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A SMART HOME FOR TRAVELERS

Technology for staying connected while you're away By Charlie White

>>> Vacations are meant for relaxing, and a variety of recent innovations are now available to give you more peace of mind and control of your home's functions while you're on the move. Using products such as the following—which you control with mere taps on a smartphone or tablet—you can automate, monitor and change the settings of devices back home while you are on a trip, or even just away for the day.



Rachio 3 Smart Sprinkler Controller: When the weather changes, so does your yard's hydration needs. This smart system recognizes the forecast and waters your lawn accordingly, while also giving you control from your smartphone to keep your yard green without wasting water and money (\$229.99; rachio.com).



August Smart Lock Pro + Connect: Instead of leaving spare keys under a doormat, you can lock and unlock your door remotely using this handy product. Installed on the inside of a door with a compatible deadbolt, August allows you to use your key normally, but also lets you use the associated app to unlock for friends and family. Can't recall if you locked up? The app tells you that, too (\$279; august.com).



#### Belkin Wemo Mini Smart Plug:

With Wemo connected to your home Wi-Fi, you can remotely turn on or off any device that uses an outlet. Set on/off schedules; check energy use (and cut cost); and turn on a device to suggest someone is home. Wemo also pairs with Amazon Alexa and other smarthome systems (\$34.99/plug; multiplug packs available; belkin.com).



PetSafe Smart Feed: Make life easy for a dogsitter, or someone checking in on your cat, with this Wi-Fi-connected device that releases food on a timer or at a smartphone's command. While not recommended as a sole petfood source during your vacation, it can be used when you're away for the day, and sticks to schedule if Wi-Fi fails (\$185; petsafe.net).



Ring Video Doorbell: This combo doorbell/camera lets you know when packages arrive and enables you to see and speak via smart device with anyone at your door. With motion-activated sensors and high-def video, Ring lets you monitor your entryway remotely and answer without coming to the door (\$99.99; other security devices also available; ring.com).

#### MORE SMART TECH

- Chamberlain MyQ Smart Garage Hub: Check if you closed your garage and control your door remotely (\$79.99 for hub that works with most garage openers made after 1993; options available; chamberlain.com).
- Honeywell Wi-Fi Water Leak and Freeze Detector: Place this near pipes and it gives you (or a neighbor or a friend) early warning about detected drips or freezing conditions (\$79.99; honeywellhome.com).
- Nest Protect smoke alarm: The Nest alarm not only sounds within the house, but it also alerts you by phone, in case you need to call for a response from afar (\$119; nest.com).



## DATING. UNPLUGGED!

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MAKE FINDING SOMEONE EASIER, SO WHY DOES IT FEEL LIKE SUCH A CHORE?

With a career that took up a lot of What was working with a his time and energy, online dating had begun to feel like Rick Swanson's second job. He spent hours filtering through online dating profiles but time after time, the spark just wasn't there. That's when Rick saw an ad for It's Just Lunch (IJL) in an airline magazine and decided to give matchmaking a try.

Today, Rick credits It's Just Lunch with introducing him to the love of his life, Kristina.

#### Life before It's Just Lunch?

Kristina: I just found the whole online dating thing completely unmanageable and daunting. I wanted someone who knew me to "fix me up" and when a friend suggested IJL, I did some research and found it to be the right "match" for me.

## matchmaker like?

Rick: The interview process was really valuable. Sandra, my matchmaker, was genuinely interested in learning about me. She really wanted to understand what I was looking for in a woman, what I found attractive, what I found interesting, what intrigued me. We talked about my work, my outside interests, etc. When someone is leading you through the process, it makes you think. Sandra got me to reflect honestly on what I was looking for.

#### Best part of the IJL experience?

K: It was super easy because IJL arranged the dates. All I had to do was get ready and meet at the restaurant. And unlike online dating, I felt that my dates were interested in meeting quality people, not one-night stands. Your matchmaker calls you up with a match and then gives you the details of the date. All you have to do is show up and have fun!

#### What makes you two a great match?

K: He's comfortable in his own skin. He loves the fact that I am confident! I can just be who I am, and I've never felt so at ease with anyone else.

#### Advice for singles considering IJL?

R: Dating is a real challenge in our fast paced, always connected, and frequently impersonal world. Having a real person on your side, helping to find the right partner is a huge plus.

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# DATING

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Men are 1.5X more likely to "friend" someone within one week of a first date.

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3/4

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44%

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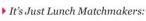
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## COLLEGE BASKETBALL SCORES WITH EARLY TOURNAMENTS

By Craig Hill

**>>) While November 6** is the official beginning of the NCAA Division I men's college basketball season, some of the first major action will come with a flurry of tournaments starting around the Thanksgiving holiday and continuing into December.

This year, there are more than 50 early-season tournaments (often described as multi-team events, or MTEs). Like college football's bowl games, these tournaments have long been a part of the sport. The events allow teams and their fans a late-fall getaway, often to exotic locations such as Hawai'i, the Bahamas and the Virgin Islands.

More importantly, the tournaments allow teams to improve by playing as many as three extra games during the season against quality opponents.

"The tournaments are good-quality experiences for the teams, even if they don't win," says Dave Odom, chairman of the Maui Invitational and former Wake Forest and University

of South Carolina coach. "There's going to be a really good team at our tournament that goes 0-3, but they're going to go home with a lot of good information about who they are. And I bet that team ends up making a big impact."

In recent decades, the number of MTEs has grown to the point where casual fans might find it challenging to keep track. The following are a few of the tournaments that are worth a basketball fan's focus.

Maui Jim Maui Invitational Tournament,
Nov. 19–21, ESPN Networks: Since taking
over as the Maui Invitational chairman in 2009,
Odom has had a simple approach to picking
the field. "We want the best field possible,"
Odom says. "Every team has a chance to win."

That's the case this season, he says, with a field that includes the University of Arizona, Auburn, Duke, Gonzaga, University of Illinois, Iowa State, San Diego State and Xavier. Auburn, Duke and Gonzaga have been ranked in

the top 10 on some preseason college basketball polls.

#### ■ NIT Season Tip-Off, Nov. 21 and 23,

**ESPN2:** The NIT, which is best-known for its postseason tournament, also runs this early-season bracketed event being held at the Barclays Center in Brooklyn, New York, this November. The tournament features a lineup that includes Kansas, Louisville, Marquette and Tennessee, teams that are known for making deep runs in postseason tournaments.

■ Las Vegas Invitational, Nov. 22–23, FS1 and FOX: Participating teams Michigan State, North Carolina, Texas and UCLA have a combined 49 appearances in the NCAA Tournament Final Four. Few would be surprised if that number grows in 2019. Keep an eye on Tar Heels forward Nassir Little, a Freshman of the Year candidate who'll likely play in the NBA very soon. ⊀









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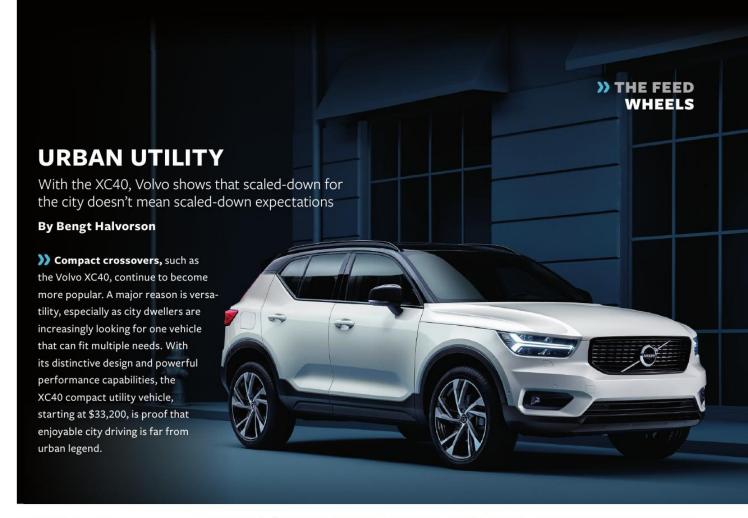
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During a few days of test-driving on city and country roads, I found punchy performance from the XC40's 2.0-liter turbocharged four-cylinder engine, which makes 248 horsepower and 258 lb-ft of torque, with a quick-reacting eight-speed automatic transmission. The equipped R-Design model I tested included firm shock-and-spring tuning and had great handling. But the softer rides in other XC40 models might actually be better options for drivers who primarily stay in town.

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The XC40's front seats deliver on one thing that's often missing in compact models: lots of adjustable features—including four-way lumbar support and heated seats-that make for true roadtrip comfort. The rest of the interior maximizes storage space and includes welcome modern touches, such as convenient charge ports; a flat, grippy wireless-charging pad for smartphones; and Volvo's Sensus Connect touch-screen navigation and entertainment system.







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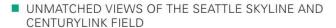




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## **ROCKER JOE WALSH** PARTNERS WITH ALASKA AND ITS EMPLOYEES IN **SUPPORT OF VETERANS**

BY ERIC LUCAS

# HONORING **SERVICE**

#### One day a superstar carrying a guitar walked into a hospital.

It wasn't just any hospital, nor was it just any run-of-the-mill rock star. Joe Walsh is a Rock & Roll Hall of Famer, and a member of one of the biggest American bands of all time, the Eagles. And a few years ago he was visiting Walter Reed National Military Medical Center, the leading health-care institution for military service members and their families in the United States.

After stopping for personal chats with intensivecare patients resting after surgery, Walsh headed into the Prosthetic Orthotic Service section, where a couple dozen young men and women-soldiers, sailors, flyers—were adjusting to artificial arms and legs; lifting weights; and learning to walk, write and conduct daily life.

"We send these guys away to fight in distant corners of the globe, and so many come back broken. But they were all very upbeat, ready to go on with life," Walsh recalls.

Naturally, song broke out. Walsh's initial plan was to provide guitar-playing tips to the veterans, including one young soldier who wanted to learn to finger chords with his new prosthetic hand. The

afternoon evolved into a sing-along, not that all the young men knew exactly who their visitor was. As Walsh launched into Hotel California, the Eagles song that stands above all others, one vet exclaimed, "My dad used to play that!"

Hotel California, one of rock's premier anthems, is an epic that stretches to nearly 7 minutes, still provokes debates about its meaning, and concludes with a famous two-guitar coda cooked up by Don Felder and Walsh that has been named by Guitar World magazine the No. 8 best guitar solo ever. The album it appeared on is the third-best-selling American LP of all time, at 26 million copies.

That album and song were recorded more than 40 years ago, in 1976.

Yet, at 70, Joe Walsh is as dynamic, present and relevant as ever. And in addition to touring with the Eagles and continuing solo work on the side, he has added a new page to his resume: supporter of American veterans and veterans groups.

As co-founder and star of VetsAid, an annual concert that raises funds for veterans-support agencies, Walsh is fulfilling a personal mission born in long-ago family tragedy and bolstered by friendships with figures as diverse as Willie

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Nelson, Eric Clapton, brother-in-law Ringo Starr and U.S. Senator Tammy Duckworth. The first VetsAid event, held last fall in Fairfax, Virginia, raised more than \$360,000 for vets groups around the country. This year's concert, sponsored by Alaska Airlines, will take place at the Tacoma Dome, south of Seattle, on November 11, with Eagles co-founder Don Henley joining Walsh and James Taylor on stage (vetsaid.org). Proceeds from the concert will be distributed to a roster of national as well as local and regional veterans groups.

"No matter what you think of all the wars-like them or hate them-we all need to love the soldiers," Walsh declares. "I've been wanting to do something for a long time. Seeing as rock 'n' roll is what I do best, this is the least I can do for those who served and continue to serve our country."

Walsh dates his interest in supporting veterans and their families to a traumatic childhood event, his father's death. A flight instructor for the U.S. Air Force, Robert Newton Fidler died in a training crash on Okinawa in 1949, when Walsh was just 20 months old.

"That term 'flight instructor' back in those days really also meant 'test pilot.' It was the dawn of the jet age," Walsh says. "One day he didn't come back, and that was that. I never got to know my father."

While there are many national organizations supporting veterans, Walsh decided to direct some of the VetsAid proceeds to smaller groups that receive little notice or funding. Last year, concert earnings went to a retreat center for combat veterans, a support group for San Francisco-area veterans, two groups that help the children and families of fallen military members, a veterans horse-therapy program, and a transitional-housing program for veterans, among others.

"We started hearing about all these small groups, in small towns, that serve veterans but have almost no budget,"

Joe Walsh with Alaska Airlines employees Tom Allen and Elisabeth Smith, who continue to serve with the U.S. Air Force.



Unlike many veterans, Tom Allen was well into adult life when he joined the military, signing up for the Air Force as a member of the Washington state Air National Guard at the age of 37. It was a move he had long thought about, as his father had also been an Air Force member. Coincidentally, the same year Allen joined the military, 2011, is the year he joined Alaska Airlines, where he is now Manager, Hangar Line Maintenance in Seattleand one of the two Alaska employee vets pictured on this month's cover with rock star Joe Walsh.

Elisabeth Smith, the other Alaska Airlines veteran on the cover, is an LAbased First Officer whose military background is also in the Air Force. Smith began flying C-17 cargo planes at McChord Air Force Base, near Tacoma, in 1999; after many years as an aircraft commander on C-17s, she is now a reservist at March Air Reserve Base, marking 20 years in the U.S. Armed Forces. Smith began flying for Alaska in 2005.

Both Smith and Allen credit their military background for boosting their aviation careers. Allen was hired by Alaska after attending a Hiring Our Heroes event in Tacoma. where the airline's recruiters took note of his college degree in aviation technologies and his Airframe & Powerplant certifications.

Smith says her background was instrumental in her transition to commercial aviation. "My extensive flight training and experience with the Air Force have made me a better pilot for Alaska Airlines," she says. "Managing military duty, family life and a career at Alaska Airlines can be challenging, but also extremely fulfilling."

For his part, Allen says the relationship between veterans and companies such as Alaska Airlines is mutually beneficial. As a member of the airline's Fallen Soldier program and its Military Employee Resource Group, as well as the Camo2Commerce transition-assistance group at Joint Base Lewis-McChord, Allen takes great pride in his work and his ability to help other veterans and their families.

"One of the best ways we can help our veterans as a community and a company is to recognize the incredible training and skill that they possess," Allen observes. "Recognizing the special skills of the military member and finding locations within the Alaska Airlines family, like I was able to do, makes us a much better place."

The airline values the two-way benefits that flow from employing veterans.

"A military background is a great fit for us," says Megan Gimmestad, recruiting outreach manager. "Just like an airline, the military has an operational focus, and we seek veterans because they bring that to our operations."

Both Allen and Smith expressed their appreciation for the work Joe Walsh is doing to benefit veterans groups. "You cannot spend any time talking to Joe without realizing how much he loves the military and each and every veteran," Allen says.

Veterans interested in working for Alaska Airlines are invited to visit careers. alaskaair.com. -E.L.



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Groups benefiting from the support of VetsAid include (clockwise from right): Warrior Herd's summer camp for Gold Star kids; Equinox Ranch and Team Rubicon; the Run for the Fallen's Hearts of Our Heroes Camp for Gold Star kids; and the Right Turn for Yuma Veterans program.







Walsh explains. "Suppose you're a group of veterans in Arkansas who want to sponsor a race to bring vets together and call attention to their circumstances. Where do you find the money for T-shirts and permits?" VetsAid provided a grant to the Arkansas Run for the Fallen last year.

"We send these men and women away to fight our wars, and a lot of them come back needing help they cannot find. That's just not right," says Walsh, whose social consciousness was developed in the Vietnam War era. "Somebody should do something. That's what we decided."

Walsh realizes "doing something" is easier when you're a celebrity—in fact, he enjoys the chance to leverage his status. "When somebody tells me something I wrote or sang helped them—that's the best reward."

Rock star is a term carrying so much linguistic impact, it has become a broadband description: You might pick up a magazine and find someone labeled a "rock star chef." But Walsh is a true, five-star, longtime rock 'n' roll superstar, having been atop the charts for almost a half-century. He's performed with legends

## JOE WALSH & FRIENDS PRESENT VETSAID 2018

This year's VetsAid benefit concert takes place on Sunday, November 11, at the Tacoma Dome, south of Seattle. Founder Joe Walsh will be joined on stage by Don Henley of the Eagles, as well as singer/songwriters James Taylor and Chris Stapleton, and sister band Haim. Tickets start at \$25, and donations to VetsAid can be made at VetsAid.org. Sponsors include Alaska Airlines and Boeing.

Following is a list of some of the 2018 grant recipients for VetsAid.

Operation Mend provides advanced medical treatment, as well as comprehensive psychologicalhealth support—at no cost—for post-9/11–era service members, veterans and their families.

- Hire Heroes USA empowers U.S. military members, veterans and military spouses to succeed in the civilian workforce.
- Warrior Canine Connection enlists recovering warriors in a therapeutic mission of learning to train service dogs for fellow vets.
- Tragedy Assistance
  Program for Survivors
  (T.A.P.S.) offers compassionate care to those grieving the loss of a loved one who died while serving or as a result of service.
- Semper Fi Fund provides resources and support for post-9/11 combat wounded, critically ill and catastrophically injured members of the U.S. Armed Forces and their families.
- Children of Fallen
  Patriots Foundation awards

- college scholarships and educational counseling to military children who lost a parent in the line of duty.
- works one-on-one with troops, veterans and military family members to help navigate the maze of services, programs and assistance available.
- Midwest Shelter for Homeless Veterans provides housing, supportive services and community outreach to help homeless and at-risk veterans and their families achieve self-sufficiency.
- Sentinels of Freedom Scholarship Foundation helps injured and severely wounded post-9/11 veterans become productive and self-sufficient members of their civilian communities.

## **U.S. VETERANS**

#### 18.6 MILLION

Total military veterans.

#### 4.0 MILLION

Veterans with a service-connected disability.

#### 6.1 MILLION

Largest veteran cohort: Vietnam-era.

#### 40,000

Homeless veterans.

#### 8.6 PERCENT

1.6 million veterans are women.

#### 9.2 PERCENT

Highest percentage of local population being veterans: Alaska.

Sources: National Center for Veterans Analysis and Statistics, 2016; U.S. Department of Housing and Urban Development (HUD).

ranging from Bruce Springsteen and Paul McCartney to Dave Grohl and Zac Brown. His Gallic-centurion looks and still-flowing blond locks fit the role to a T. His clean, evocative guitar-playing style is often praised by other guitar stars.

He seems happily bemused by the whole thing.

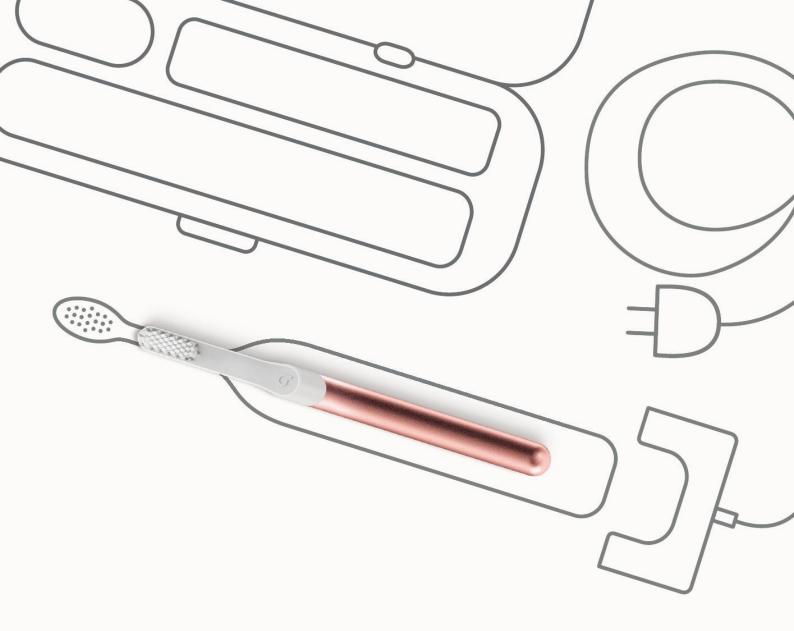
"You know, that glorious life you see when we're up on stage for 2.5 hours, it's not real," he observes. "The rest of the day, the other 21.5 hours, we go home and lead normal lives like everyone else—walking the dog, going to the grocery store, filling the car with gas." He thinks a minute, grins. "Loading the dishwasher."

Meeting with me in a roomy suite at the W Los Angeles-West Beverly Hills, Walsh has requested fruit, a plate of cookies and a pitcher of iced tea. His wife, Marjorie Bach, has refined the request to "healthy" cookies. His "entourage" for the interview is his stepson Christian Q, also a VetsAid co-founder; neither father nor son draws compensation from the group. Tennis shoes and athletic slacks are the attire for both.

Not much rock star octane? Walsh disdains the whole notion: He actually wrote one of his most famous solo songs, Rocky Mountain Way, while mowing the lawn in his backyard in Colorado. He is a self-described "ordinary, average guy" (he titled one solo album just that), born in Kansas, raised in New Jersey and educated in Ohio. "My friends are all boring/ And so am I," declare the lyrics from the album's title track.

Yet his personal backstory includes many not-so-boring escapades. He was a rock star at a young age as lead guitarist for Ohio rock band James Gang (remem-





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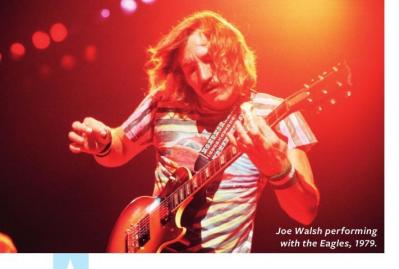
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## **JOE WALSH**

LIFETIME AIR MILES: "Probably to Mars and back."

FAVORITE ARTISTS: Ray Charles, B.B. King.

FAVORITE MUSIC: Samuel Barber's Adagio for Strings.

FAVORITE SONG: One Day at a Time.

MEANING OF LIFE: "Do something that makes a difference." —E.L.

ber Funk #49?). On tour in Europe with The Who, he became buddies with drummer Keith Moon, whose exploits are notorious. Back in the States, Walsh

became a compadre of comedian John Belushi—Walsh has a cameo as the prison inmate who starts a riot in *The Blues Brothers*. One time, at a Benihana restaurant, Walsh says, Belushi decided to grab the knives and take over chef duties. "That was messy," he recalls, wryly.

Walsh is co-writer of a famous ode to high living, *Life in the Fast Lane*. And he's the author of one of rock's most famous lyrics: "My Maserati does 185," a deceptively simple, deadpan piece of irony from *Life's Been Good* that all by itself can turn up more than a million hits on a Google search.

Walsh in fact had—and still has—a Maserati. "I don't drive 185, though."

The song is actually a sendup of the rock star lifestyle, and in 1994 Walsh hung up his high-life spurs. He got clean and sober, and in October, he and Marjorie received a humanitarian award from Facing Addiction with NCADD (National Council on Alcoholism and Drug Dependence) for decades of work supporting addiction recovery. He credits recovery support groups for his sober life, along with simple good fortune.

"So many of my friends died before they hit bottom," he says. "I just happened to hit bottom before I died."

It was hard to return to the rock 'n' roll business without vodka and cocaine,



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Walsh recalls.

The Eagles are currently touring the country and Walsh is enjoying it. "Playing in front of all those people clean and sober, it wasn't comfortable at first. But I'm having fun now. And I'm happy to be an example of a sober rock star."

The fellowship model for dealing with personal trauma is something Walsh believes can transfer easily from addiction recovery to veterans support.

"When I walk in a room to spend time with a bunch of people who are just like me, then I'm in a club where I belong, and that's the beginning of healing. Wouldn't it be great if every veteran in the country had just such a group?

"If you're alone, you isolate. That empowers your mind to focus on the negative. But when you're together, you get out of the negative. There are all these little pockets of help for veterans, like some nonprofit softball league that brings vets together twice a week in some small farm town in the Midwest," Walsh says. "That's who we want to help. We can give them a grant to buy bats and balls, you know?"

This year's concert at the Tacoma

Dome promises to be a much bigger event
than last year's—with a capacity of
23,000, the dome is one of the biggest
music venues in the United States that is
not actually a sports-specific stadium.
And Walsh promises that it will be far

Joe Walsh on stage at VetsAid 2017.

more than just a gathering of rock fans.

"We're not 20,000 strangers in an arena. We're all friends who just haven't met before." ⊀

Eric Lucas writes from his home in Washington's San Juan Islands.



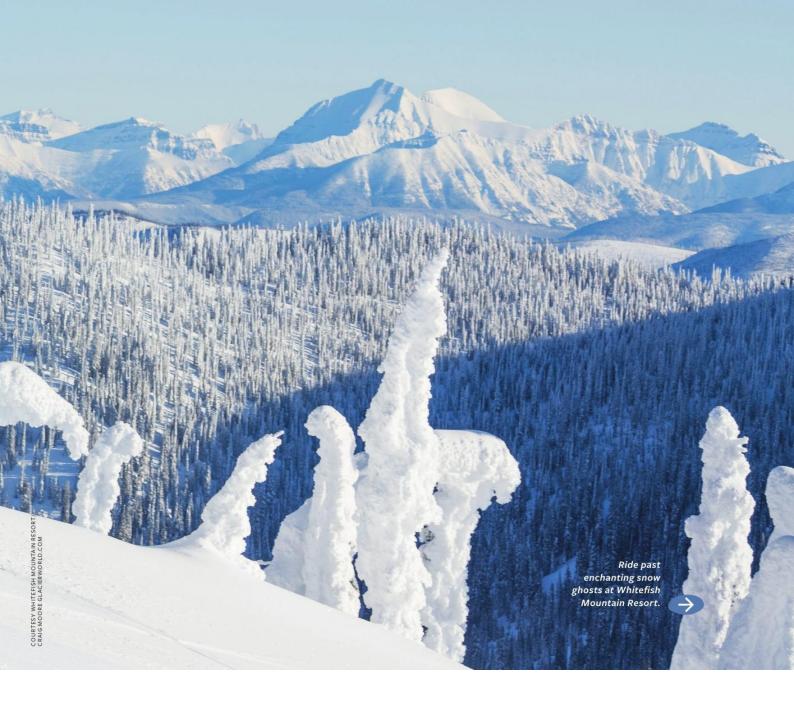






# SEASONY

BY TED ALVAREZ



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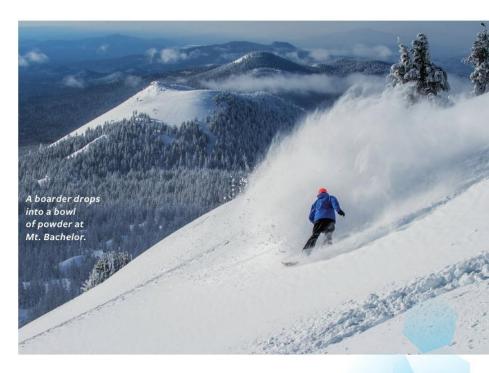
l'm cruising through kneetopping fluff on Montana's Whitefish Mountain Resort, chasing after my guide, Riley Polumbus. She arcs graceful telemark turns over Volkswagen Beetle-size snow piles between trees that flank the runs Kodiak and Hollywood on the North Side. As Riley finds fresh powder and seesaws between ghostly Douglas firs spackled in snow, I think about how Riley and I can keep this mountain all to ourselves.

But that's unlikely. Skiers across the country are discovering Whitefish. Despite its modest-on-paper dimensions—2,353 feet of vertical, 3,000 acres—the mountain skis huge. For two years in a row, Whitefish has logged 400-plus-inch snowfall seasons. And the resort, in the Northern Rocky Mountains, is about 500 miles from the ocean—plenty of space for Pacific howlers to dry and drop light powder.

More than 350,000 people visited Whitefish last season, but during two days of open-to-close skiing, I cruise through acres of powder wonderland for 10 minutes at a time without seeing another soul. I even feel like the lone out-of-towner on a mountain of locals. Some holler at Riley to ask about her dogs; others promise to catch up later over a pint.

Those pints happen in inviting downtown Whitefish, where we visit the cozy Bonsai Brewing Project, a craft microbrewery that makes excellent beers (try the belly-warming Due North India Red Ale or the Sheriff John Brown, with notes of toffee) and hosts weekly events such as trivia.

For dinner, we head less than a mile south to Abruzzo Italian Kitchen, which offers delicious dishes such as



grilled octopus, and carbonara pizza. Riley says maybe tomorrow we'll eat at Cafe Kandahar, located in the resort's mountain village. At Cafe Kandahar, which opens for the season in mid December, Andy Blanton, a James Beard Award-nominated chef, serves thoughtfully constructed cuisine with French and Northwest influences.

I guess I shouldn't be surprised that a world-class ski resort also offers world-class dining.

 Access Whitefish Mountain Resort in Whitefish, Montana, from the gateway airport Kalispell/Glacier Park (FCA).

#### MT. BACHELOR, GREGON

I am skiing on a volcano.

Of course, there is plenty else to note about Mt. Bachelor: the expanses of powder in the gullies that radiate from the summit. The patchy sun making nearby Tumalo Mountain and the Three Sisters volcanoes glow. The knowledge that when my thighs start to ache, I'll have my choice of approximately two dozen craft breweries in Bend, less than 25 miles to the east.

But all I can think is: I'm skiing on a dang volcano. Mt. Bachelor stands at 9,065 feet, and in-the-know skiers and riders have flocked to its stratovolcanic flanks since 1958 to enjoy its 450-plus annual inches of dry snow.

Summit Express whisks me to the top, where I can explore any aspect of the mountain. That's right: Mt. Bachelor offers 360 degrees of terrain off its summit. Encircling the mountain is a mellow cat track, so getting lost is virtually impossible, and returning to the base areas is a cinch.

At first, clouds hover and winds gust, so I knock GS turns on the treeless East Side blues such as Healy and lift-hugging Beverly Hills.

But then the sun peeks out, and I find ankle-deep fluff in the vast fields below.

Plenty of the mountain's terrain is fairly moderate, even from the top. Beginners and intermediate skiers can stick to the front, while on powder days, experts will want to drop into Land of Plenty, a double-black that stretches the mountain's entire 3,365 feet of vertical.



But it's not all endless, treeless bowls of powder. The nearly two-yearold Cloudchaser lift leads to 635 protected acres of intermediate glades and meadows. Sunrise Express is perfect for tykes and beginners. And the mountain also operates the unique Carrousel Chair, which is free and accesses a gentle slope—it's meant to encourage and inspire new skiers.

Bachelor has one of the longest seasons in the Northwest, often extending to May and June. That means on a sunny late-spring day, you can experience the multisport charms of Bend and the surrounding area.

For instance, ski Mt. Bachelor in the morning and raft the tumbling Deschutes River in the afternoon. Or opt to mountain-bike on the Bend area's more than 270 miles of singletrack, or golf at one of the area's more than two dozen courses, including the four courses at Sunriver Resort, about 20 miles southeast of Mt. Bachelor.

Either way, you may want to end your day at Bend's Crux Fermentation Project, where there are many fantastic beers to choose from. Order a tasting sampler and a plate of outstanding chicken wings, and sit in the outdoor seating area, where you can enjoy a bonfire and broad views of the Cascade volcano chain. Friendly locals are more than happy to talk up the latest and greatest Bend has to offer.

· Access Mt. Bachelor in Bend, Oregon, from the gateway airport Redmond/Bend (RDM).

#### SUN VALLEY, IDAHO

My dad stands tall in tight parallel, his skis in such control that he seems like he's on a track. He basically looks like he's skied through one of the classic 1930s posters in the Sun Valley Lodge before busting out of the frame to own the hill.



"I've always wanted to ski here, but it's better than I imagined," he says before kicking off the summit to chain a half-dozen uninterrupted, beautifully smooth turns down Bald Mountain's famously perfect pitch.

It hasn't snowed in a few days, but it doesn't matter, because Sun Valley's world-famous grooming operation keeps Christmas Ridge an immaculate strip of corduroy. We rocket toward the treeline and connect to the gully of the Canyon trail to take the entire mountain in one perfect, blue-run gulp.

"Having trouble keeping up with your old man?" He laughs, jumping straight onto the speedy quad.

"Heck, no," I lie, feeling deep relief arrive when the chair hits the back of my knees.

The glorious day continues like this, with us sessioning classics such as Picabo's Street, Janss Pass, River Run

and Warm Springs Face. While basking in the sun on the deck at the Warm Springs Day Lodge, we marvel at our completion of Limelight, which might be the most perfect groomer ever.

Sun Valley's charm is that it can match the fancy amenities-spas, shopping, fine dining-of any resort. And yet a low-key vibe permeates the long, sunny days.

Dad and I find that vibe at the renovated Sun Valley Inn, where welcoming fireplaces and light-filled rooms offer views of Dollar Mountain, which features great beginner trails as well as a terrain park with 76 rails.

In Ketchum, the upscale world cuisine of Town Square Tavern is about three blocks away from the creative Southeast Asian street food at Rickshaw, where Vietnamese caramel pork ribs and Chiang Mai curry noodles evoke the other side of the

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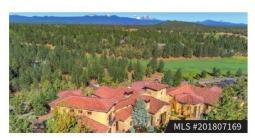
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world. Eating ribs and contemplating how to link pitch-perfect groomers all day tomorrow, I think about how much I want to come back to Sun Valley. But my dad is a step ahead.

"Yeah, I think I could live here." · Access Sun Valley in Sun Valley, Idaho, from the gateway airport Sun Valley/ Hailey (SUN).

#### SQUAM VALLEY/ALPINE MEADOWS, CALIFORNIA

#### This California resort is a tale of two mountains.

At Squaw Valley, the technical bowls off of Headwall Express draw the steep-and-deep crowd, with the Sun and Siberia bowls attracting powder seekers and those hoping to see daredevils jump the Palisades cliffs that crown the resort.

On the front side, grab a piece of Olympic history on the KT-22 Express lift to access the consistent grade of the G.S. Bowl and Women's Downhill. (Squaw hosted the 1960 Olympics and is home to a subsequent line of champions-including Julia Mancuso, a four-time Olympic medalist-who shred the Lake Tahoe region's more than 450 inches of annual snowfall.)

Adjacent to Squaw and connected by highway (and eventually a planned gondola) lies sister resort Alpine Meadows, a low-key local favorite. Novices and intermediates enjoy the Roundhouse Express and Yellow Chair, offering access to excellent groomers. And the mountain's wide-open meadows provide a chance for intermediates to experience bowl-skiing runs with bailouts to blues and easy blacks.

Meanwhile, runs such as Estelle Bowl and Sherwood Cliffs delight experts, and powder hounds can't go wrong in the open zones of lift-served Alpine, Wolverine and Beaver bowls. Mogul fans should hit Scott Chair and Scott Chute for more than 1,000 feet of teeth-rattling bumps.

Abutting the shores of Lake Tahoe's northwest side in California, the resort also offers access to an array of dining and nightlife options—there are even casinos on the Nevada side. You might follow the lifties into Truckee for beers at Mellow Fellow Gastropub, or for live

#### Fly Alaska. Ski Free.

Alaska Airlines guests receive complimentary offers such as lift tickets and group lessons at the airline's 12 partner resorts. In addition to Whitefish Mountain Resort, Mt. Bachelor, Sun Valley, Squaw Valley/Alpine Meadows and Steamboat, Alaska has teamed up with the following resorts:

Alyeska Resort: A beautiful 1,610-acre setting, averaging 669 annual inches of snowfall. Access Alyeska in Girdwood, Alaska, from the gateway airport Anchorage

Big White Ski Resort: Bountiful snow across 7,355 acres, featuring 118 trails and 2,550 feet of vertical. Access Big White in Kelowna, British Columbia, from Kelowna (YLW).

Marmot Basin: Three terrain parks and 91 runs on 1,720 acres of groomers, bowls and glades. Access Marmot Basin in Jasper, Alberta, from Edmonton (YEG).

Red Lodge Mountain: A variety of terrain on 1,635 acres with 69 runs. Access Red Lodge Mountain in Red Lodge, Montana, from Billings (BIL).

Red Mountain Resort: On 4,200 acres, ski 110 trails that run 2,919 feet of vertical. Access Red Mountain in Rossland, British Columbia, from Spokane

#### Schweitzer Mountain Resort:

Bowls, tree skiing and stunning views of Lake Pend Oreille on 2,900 acres. Access Schweitzer in Sandpoint, Idaho, from Spokane (GEG).

Snowbasin Resort: Bowls, groomers and powder runs on nearly 3,000 skiable acres stretching nearly 3,000 vertical feet.

Access Snowbasin in Huntsville, Utah, from Salt Lake City (SLC).

Learn more at alaskaair.com/ski.



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Don't stay out too late, though: The hills beckon.

• Access Squaw Valley/Alpine Meadows in California from the gateway airport Reno/Tahoe (RNO).

#### STEAMBOAT, COLORADO

champagne powder. It's a kind of snow that's so light, dry and effervescent it's a calling card for skiing in Steamboat Springs, where winter storms wrung out by the Sierra Nevada and the Great Basin drop sparkling powder too gossamer to even form a snowball. Sometimes the snow falls 3 to 4 feet at a time over Steamboat, a ski resort so connected to this phenomenon that it has trademarked the term "Champagne Powder."

Steamboat lies in the middle of the Pacific storm track east of Utah's Wasatch Range, and the resort regularly approaches 400-inch seasons. A combination of snow quality, snow depth and the resort's uncrowded slopes translates into a better-than-average chance that, at Steamboat, you can notch one of the best powder days of your life.

The resort's six peaks, the highest of which is the 10,568-foot Mount Werner, contain expansive aspen groves and offer wide views of the Yampa Valley stretching to the horizon.

Only 14 percent of Steamboat is classified as appropriate for beginners, but Sunshine Express, Elkhead Express and Burgess Creek will entertain novices while the adventurous tackle other parts of the mountain.

Steamboat offers perhaps the finest tree skiing in Colorado, and for arboreal connoisseurs, two runs alone are worth the trip: Closets and Shadows. I'm visiting Steamboat on a glorious February day, after an overnight foot of fresh yields to morning flurries and solid visibility. First chair, I go to the top of Sundown Express, where 2,000 vertical feet of uninterrupted powder on Closets and Shadows awaits.

The runs are evenly matched, and 'Boat locals love arguing which is better. Truth is, you can't lose: Shadows starts with an offering of deep powder pockets nestled between dark firs before opening up to Steamboat's storied glades of aspen. Rip down the fall line of Closets, and you'll jet through open pine timber into a perfect meadow of powder.

Afterward, point yourself toward the mellow hump of Storm Peak to find

steep tree chutes covered with fresh powder. On Storm Peak, Steamboat offers sessionable bowls, and on Morningside Park, you'll find steep chutes and technical tree skiing.

But during my visit, I only have eyes and skis for Closets and Shadows. I return to the well for four straight hours—no eating, no drinking, no stopping—until, knees aching, I know

it's time for a snack and a Fat Tire beer at the T-Bar. Then, before heading to Steamboat Springs, which has everything from Western-wear boutiques to haute cuisine, I detour 7 miles north of town to the privately run Strawberry Park Hot Springs. The pools bubble up and steam at a muscle-soothing 104 degrees, and watching all the snow collecting on surrounding firs, I know this is the second-best way to experience champagne powder.

• Access Steamboat in Steamboat Springs, Colorado, from the gateway airport Steamboat Springs/Hayden (HDN).

#### PARK CITY MOUNTAIN RESORT. UTAH

When you think of Park City,

you might picture the glitzy boutiques now populating the brick and clapboard buildings that went up during the 19th century silver boom. Or you might think about the top-shelf whiskey crafted at High West Distillery. Or the Sundance Film Festival that brings Hollywood's elites to the Utah town every winter to honor trendsetting films.



But here's what you might not know: Park City Mountain Resort offers one of the largest areas of lift-accessed ski terrain in the United States. More than 40 lifts connect the merged Canyons and Park City resorts, with 330-plus runs and a whopping 13 bowls filling 7,300 acres of skiing paradise. The Quicksilver Gondola connects all that famously dry and deep Wasatch powder, ensuring easy access to Park City's seemingly endless terrain.



About that terrain: It's so varied that skiers and riders can find their bliss on either side. Beginners and those with young children stick to the fast four-seater lifts and consistent corduroy of Park City's new High Meadow Park beginner area, while intermediate skiers cruise long blue groomers such as Crowning Glory, Serenity and Rhapsody unfurling from the Dreamscape, Day Break and Peak 5 chairs. Experts tackle the chutes and

cliffs reached by Ninety-Nine 90 Express or double-black runs and bowls spinning off adjacent Murdock Peak and the Super Condor Express.

The greens and blues of the King Con Express and Bonanza Express lifts lead to offshoots of blues and blacks below—a perfect option for novice-to-intermediate skiers looking to scale up. Jupiter Peak and the attendant Jupiter and McConkey's Express lifts rise above, where a spread of

double-black chutes, glades and cliffs offer a world-class extreme challenge. And all but the very best skiers will shiver at the steep pitch on 6 Bells.

Dining options both fancy and casual abound in town, and an ideal lunch stop is the outdoor deck of the Silver Star Cafe for burgers and pizzas. For après, head to Wasatch Brewery, one of Utah's first microbreweries and home to beers such as the First One Down winter ale. It's the perfect way to toast your adventure.

• Access Park City Mountain Resort in Park City, Utah, from the gateway airport Salt Lake City (SLC). Alaska's ski-free offer is not applicable to Park City Mountain Resort. ⊀

Ted Alvarez perfects his ski turns and his turns of phrase in Seattle.







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experience or sip a pint at a microbrewery.

A historic silver mining town, Park City has an authentic, western charm. Its historic Main Street is lined by colorful Victorian-style buildings, many of which are listed on the National Register of Historic Places. The city boasts awardwinning restaurants, vibrant galleries, eclectic boutique shops, unique bars and saloons, and a history museum.

and premier ski resorts; Deer Valley

served by 62 lifts and 441 trails.

Resort is one of the top-rated resorts in

the world and, Park City Mountain has

the largest lift-served terrain in the U.S. Together, they offer 9,300 skiable acres,

■ There are plentiful off-slope activities to enjoy and partake, including

- snowmobiling, dog sledding, Nordic skiing, tubing, snowshoeing, hot air ballooning, bobsledding, ice skating and snow biking.
- Park City, a host venue for the Salt Lake 2002 Olympic Winter Games, continues that legacy today at the Utah Olympic Park which hosts multiple world-class events. Park City will host the 2019 FIS Freestyle, Snowboarding and Freeski World Championships, running from February 1-10, 2019.
- Visitors leaving home in the morning can be slopeside in the afternoon. Plenty of drive options are available from Salt Lake City International Airport and Park City's free, city-wide bus system makes getting around easy and convenient.









## THE ULTIMATE BASECAMP

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- Salt Lake's transformation over the past decade, with billions of dollars invested in redevelopment of downtown, has created a new type of vibrant and action-packed "basecamp." Scores of new restaurants and bars featuring locally crafted beers and spirits

have opened in just the past few years.

- Alta, Brighton, Snowbird and Solitude are true bucket list resorts for skiers and snowboarders. To make it as simple as possible, the Ski City Super Pass gives direct-to-lift access at the four resorts and their combined 7,000 acres of skiing, discounts on equipment purchases, and free transportation to and from Salt Lake City.
- Salt Lake offers 17,000 hotel rooms throughout the valley, professional sports teams and cultural events galore. Because downtown Salt Lake also acts as a bustling business center, hotel rates are even lower Thursday through Sunday, the most popular travel days for skiers and snowboarders alike.

SKI & BOARD

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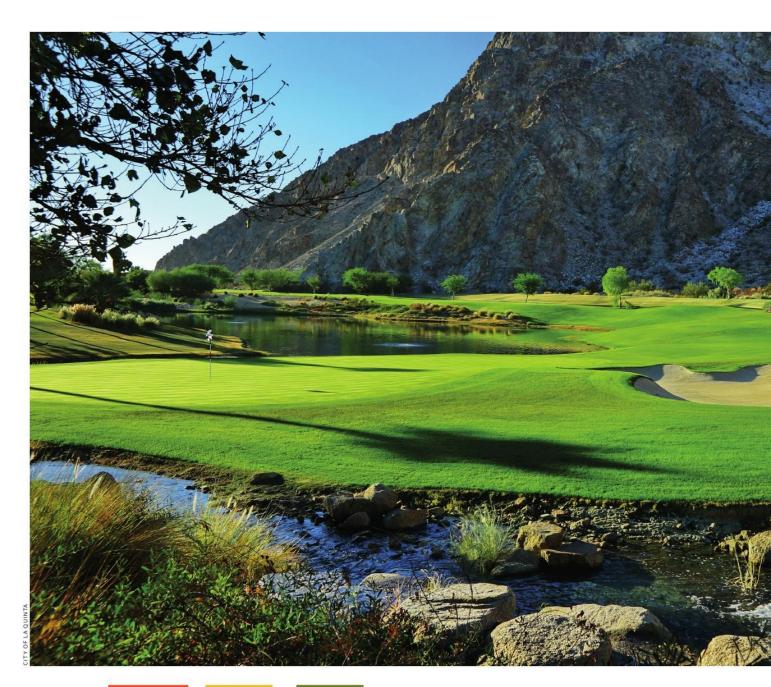
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Palm Springs-area golf courses are both challenging and enjoyable

BY JUDD SPICER

I always consider it an ominous sign to birdie the first hole, especially on a championship track such as SilverRock Resort in La Quinta, California. Playing to a 10 handicap, I know the numbers don't lie—I'm only good for so many birdies in a given week, let alone a given round. If past equals prologue, chances are that a birdie on the first means it may well be the lone birdie of that day.

Since I opted for a combination of blue and white tees, at about 6,000 yards, the benign par-4 first hole played as a shorty, yet despite the runway of turf to the left, I faded a drive to the fairway bunker deep on the right side. The ball settled in the middle of the bunker, and just 80 yards from the flag, so I hit my best 60degree in months, sticking the approach to about 6 feet.

"He's in the red!" my pal and playing partner Rob bellowed after a confident stroke carded me an opening "3," though I shook my head in self-deprecating silence, knowing that the burly, broad and bunker-laden Arnold Palmer-designed grounds were sure to humble me eventually.

Every time I play the 200-plus-acre desert spread of SilverRock, the bold yardage carded from the tips catches my eye peripherally, and I'm boggled by how scratch players can take on this test from nearly 7,300





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yards-a tally that represents a "shortened" card, since SilverRock enjoyed a latter-nine revamp in late 2017 to accommodate the planned construction of two hotels and a conference center on this premier desert site by the Santa Rosa Mountains, with construction expected to start early next year. Back in 2010, when SilverRock played to a shade under 7,600 yards as the longest course in the Coachella Valley, Bubba Watson shot a still-standing course-record 62 during the PGA Tour's Bob Hope Classic (now the CareerBuilder Challenge at PGA West). "How is that kind of score even fathomable?" I ask myself every time I see Watson's signed scorecard in the pro shop.

Any chance at Watson's record (hah!) is erased after an unseemly double bogey on the par-5 12th before I hack around to a second "7" on the par-5 14th.

At the home hole—a 344-yard, drivable par-4, reminiscent of the famed riskreward, bunker-heavy 10th at The Riviera Country Club in Los Angeles—I take a 5-iron from the box to navigate around mid-fairway bunkering from the blue tee at 282 yards.

"That's in the landing area," Rob says

before he opts for the big stick and tries to drive the green.

I've got 90 yards in, so I try the same 60-degree that served me so well on the opening hole ... and stick the wedge into the mud. A brief walk of disgrace ensues as I slump half the distance to the green, regroup, and with the same club in hand catch the ball perfectly with an open-faced pitch.

The ball bounds once, then again, and finds the hole. Bookend birdies. I silently scratch my beard. Rob laughs. It's been another fun day of Coachella Valley golf.

I get to enjoy golf in the valley as much as I want because, like others who have come to the desert for winter sunshine, I was taken in by the Greater Palm Springs area's warm embrace ... and decided to never leave. Tired of swinging a wedge in my living room during subzero months, I realized that the opportunity to stroll some of the country's most manicured fairways during a 70-degree day in February was simply a lure too great for this driven golfer to ignore.

Sunshine reaches across the 100plus-course golf oasis about 300 days a year, and primo public plays such as

## AREA ATTRACTIONS

- Tennis enthusiasts come to the Palm Springs region for the BNP Paribas Open (bnpparibasopen. com), being held March 4-17 next year, at the impeccable Indian Wells Tennis Garden.
- At Joshua Tree National Park (nps.gov/jotr), discover internationally renowned hiking, with a host of trail options across nearly 793,000 acres that include two desert ecosystems.
- At The Living Desert Zoo and Gardens (livingdesert.org) in Palm Desert, see animals indigenous to deserts across the world, and even feed giraffes.
- Palm Springs' annual Modernism Week (modernismweek. com), Feb. 14-24 next year, celebrates the desert's signature Midcentury Modern architecture with an extensive lineup of tours, films, parties and lectures.
- Take in the valley from a different vantage with a ride on the Palm Springs Aerial Tramway (pstramway.com), where an approximately 10-minute journey of more than 2.5 miles in a rotating tramcar takes you to Mount San Jacinto State Park, known for its scenery and 50-plus miles of hiking trails.
- Learn about aerial military achievements at the Palm Springs Air Museum (palmspringsairmuseum.org), which displays more than 50 aircraft, and also offers flight experiences.
- A permanent collection of works by artists such as Warhol, Calder, Chagall, Lichtenstein and Native artists, at the Palm Springs Art Museum (psmuseum.org) complements workshops, classes and temporary exhibitions such as "Unsettled," which through April 30 showcases the work of more than 75 artists who live or work in the "Greater West." -J.S.



SilverRock, Indian Wells Golf Resort and Classic Club, with their tree-lined fairways and framed mountain backdrops, are as attractive to the eye as a tuft of ryegrass is to the clubface.

## INDIAN WELLS GOLF RESORT

Perhaps it was Little Richard's Long Tall Sally, which my colleague Matty had recently been playing, that put the idea in my head to go for distance from the tee box on the shotmaker's par-5 fourth on the Celebrity Course at Indian Wells Golf Resort.

My brain apparently listened to my open stance and firm right-hand grip setup, and I hit a cresting cut over the mid-fairway bunker on the right-hand side of the 501-yarder, which I was playing at 456 yards from the yellow tees.

## PLACES TO STAY

## Agua Caliente Casino Resort Spa

(hotwatercasino.com), in Rancho Mirage, offers high-end accommodations, a full casino floor with a live-poker room, spa services, an active pool scene and entertainment, including a new nightclub, Club Mezz.

• Desert Oasis by
Welk Resorts Palm
Springs (welkresorts.
com/palmsprings), in
Cathedral City, offers
outstanding views of the
San Jacinto Mountains,
complementing accommodations that include beautiful and spacious villas, with
full kitchens, dining rooms

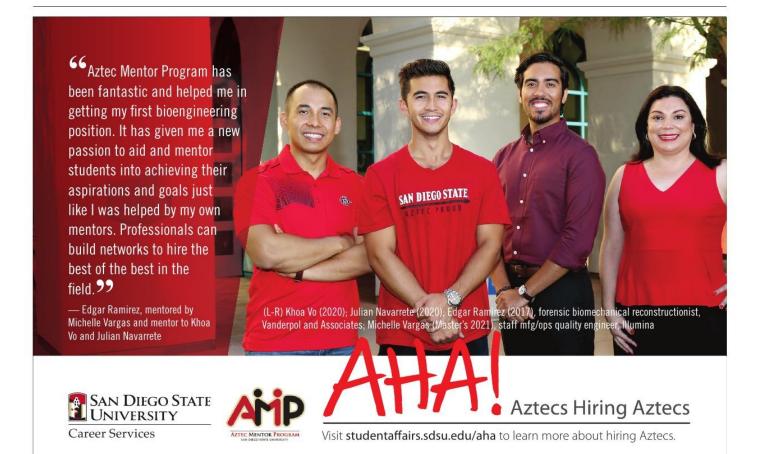
and living areas. The appealing lodgings, along with amenities such as a treelined 18-hole golf course, two pools, a spa, and a recreation area with many activities, have made the resort a popular choice.

At the recently renovated DoubleTree by
 Hilton Golf Resort Palm
 Springs (shown below; doubletree3.hilton.com), at the foot of the San Jacinto Mountains, amenities include patios or balconies



for all rooms, plus a spa; an Olympic-size pool, with a large sundeck; the new Polanco Kitchen restaurant and Mira Bar; and 27 holes of championship golf. Views of both the golf course and the mountains are spectacular from the pool and various rooms.

• The November 2017 debut of the **Kimpton Rowan Hotel Palm Springs** (rowanpalmsprings.com) made an instant favorable impression, with guests raving about the pairing of Midcentury Modern design and contemporary furnishings. The rooftop, with its pool and bar, has become a Palm Springs hot spot. —*J.S.* 





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"Taking the shortcut!" Matty offered, as my ball traveled the ensuing downslope past the bunkering and cut off two-thirds of the "S-shaped" hole.

Known as the "Beauty" to Indian Wells Golf Resort's "Beastly" sister track, the Players Course, the Clive Clark-designed Celebrity is a multicolored mesh of playability and comely mountain surrounds. Host to the Skins Game before the event was discontinued after 2008, and also featured, in 2011, in the Golf Channel's Big Break Indian Wells, the course spreads like a water- and flower-laden park that just happens to have 18 holes along the way.

Like SilverRock, Celebrity is among the Coachella Valley's premier public plays, though both tests require focus so that golfers don't get distracted by the scenery. To wit: I'm left with just a lofted iron to the attractive putting surface ... which is

#### MORE GOLF OPTIONS

- The Big Rock Golf Course at Indian Springs (thebigrockgolf.com) in Indio has player-friendly grounds with excellent greens and mountain views.
- Desert Willow Golf Resort (desertwillow.com) in Palm Desert is among the finest municipal facilities on the West Coast. Designed by Michael Hurdzan and Dana Fry (working with PGA Tour multi-winner John Cook), the manicured desert layout routes across the Firecliff and Mountain View courses.
- The first U.S. design from six-time major-championship winner Nick Faldo, Marriott's Shadow Ridge Golf Club (golfshadowridge.com) in Palm Desert pairs bunkering inspired by Australia's sandbelt courses with generous, resort-style fairways and a host of outstanding tests on green approaches. Shadow Ridge is also an Audubon Cooperative Sanctuary-certified course.
- Home to two of the courses for the PGA Tour's annual CareerBuilder Challenge (Jan. 16-20, 2019; careerbuilderchallenge. com), the Audubon Cooperative Sanctuarycertified PGA West and La Quinta Resort & Club (laquintaresort.com) sport five prime public resort plays across a nine-course portfolio, and have hosted numerous pro tournaments, earning a reputation as "The Western Home of Golf in America." Taking on Pete Dye's Stadium Course and the Jack Nicklaus Tournament Course, both at PGA West, gives eager amateurs a crack at tests endeavored by the world's best players come Tour time.
- For snowbirds or desert guests looking to dust off the clubs before a day of play at a championship course, a round at inviting, par-70 **Woodhaven Country Club** (woodhavencc.com) in Palm Desert proves a perfect way to dial in lofted irons and wedges. *J.S.*







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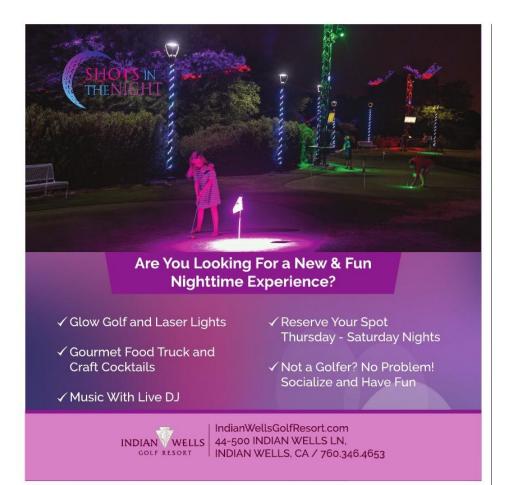
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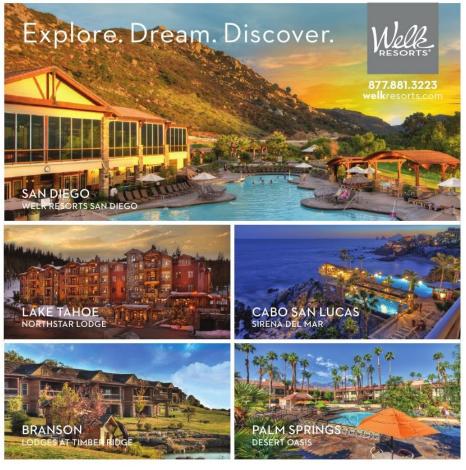
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an island green flanked by three

Pumping a respectable 7-iron to the front of the island, my approach finds turf on multiple bounds before lazily plunking into the wet hazard. My ensuing fourth shot (penalty considered) also finds the drink before an ugly snowman is slapped on the scorecard.

This is the essence of what Clark's design can do to you: draw you in with generous room to navigate from the tee before attractive stimuli around greens—flowing creeks, manicured sand, eye-popping flower beds—all get under your lid, and a lack of focus sees a birdie chance bound away.

## CLASSIC CLUB

I have a driver in my hand as I walk to the tee box, even though my internal monologue is screaming "5-wood!"

Classic Club, a Palmer design in Palm Desert, was built with the PGA Tour in mind—these superb publicaccess grounds were also part of the former Hope Classic, hosting the pros from 2006 through 2008.

With a canvas of water features and more than 5,000 plantings across 7,322 yards of play, Classic's grandeur is stunning in the desert, in both setting and expanse. Situated confidently on the north side of Interstate 10, the course is matched in stature by its 63,000square-foot, Tuscan-inspired clubhouse. And complementing the clubhouse and the course design is Classic's certification as an Audubon Cooperative Sanctuary, with wildlife such as great blue herons, pelicans and roadrunners sighted across the grounds.

These grounds also offer a collection of risk-reward par-4s, which

blend nicely in design with muscular par-3s and with par-5s that present excellent opportunities to get on the greens in regulation.

On the par-4, 443-yard, doglegright third, which I'm playing from the white tee at 377 yards, my stroll to the box is preceded by my pal Dave's studied fade, as he aims at the directional bunkers to the left of the landing area and casually steers his ball to the short grass. "A hole that fits my flight path," he says with a smile while bending down for his tee.

For me, I just can't take my eyes off the water right, toward which the ample fairway slightly curves. Playing 5-wood can keep me short of being wet, though still leave about 180 yards to the putting surface, a challenge augmented by the elevated

Halfway through my downswing, I rue the driver decision, as my ball seems almost magnetized toward the hazard. But that's what this

#### RETAIL

• The new **Grit Development** (gritpalmsprings.com) in the heart of downtown Palm Springs is part of a long-anticipated revitalization project launched in response to traveler interest in downtown recreation and a growing population of full-time desert residents. This centerpiece of shopping, dining and retail includes H&M, Free People, Kiehl's, Tommy Bahama's Marlin Bar, a Lolli & Pops candy store, and restaurants such as Il Corso, with Stout Burgers & Beers expected to open later this year. Mid-valley, the indoor/outdoor The River at Rancho Mirage (theriverrm.com) shopping complex is always popular for dining and shopping, plus moviegoing at the refreshed Century Theatres. —J.S.





## Architecture by Nature - Course Design by Arnold Palmer

SilverRock Resort's Arnold Palmer Classic Course, a former home course of the Bob Hope Classic 2008-2011, is a Golfer's Paradise. Are you up to the CHALLENGE?

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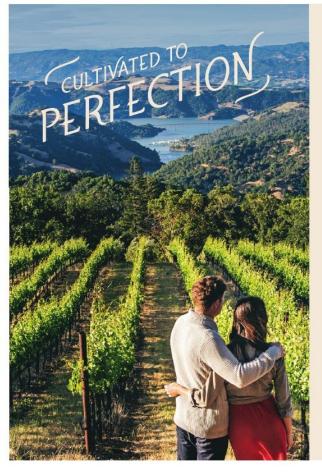






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course does—forces players to truly commit to a line and club selection.

Six holes later, Classic's tophandicap hole arrives in the form of the 595-yard par-5 ninth, which bends to the right before sporting a creek-guarded, raised putting surface.

I GRAB AN 8-IRON,
TAKING THE CREEK
ENTIRELY OUT OF PLAY
AS I GO PIN-SEEKING.

Working to be more decisive since my blunder on the third (though I did avoid bogey there), I pound a drive safely down the inviting left side, punch my way down the fairway and find myself about 155 yards away from the back pin.

The creek has gotten my goat before, but mainly because of waffling over club choices. This time, I grab an 8-iron, taking the creek entirely out of play as I go pinseeking. "Finish," I actually say aloud in my through swing, and as my ball grabs the back collar.

From the fringe, an easy lag putt to within 2 feet leads to a "That's good," from Dave. Par in hand, I make the turn to the back nine with a confident swagger. ⊀

Writer Judd Spicer enjoys sunshine, golf and other activities in the Greater Palm Springs area. For more information on golf and other activities and attractions in the region, go to visitgreaterpalmsprings.com.

Alaska Airlines (alaskaair.com) serves Palm Springs via New York, Portland, San Francisco and Seattle.



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# THE WISH LIST

Unique gift ideas for the special people in your life this holiday season

## BY LARA HALLOCK



## ADVENTURE TIME

- 1. Outdoor enthusiasts can show their love for national parks while keeping their feet dry in **Pendleton's National Park Chelsea Rain Boots,** shown in Glacier Park White (\$110; pendleton-usa.com).
- 2. The Weekender Bag by Great Useful Stuff has two hooks that can easily hang on a hotel closet rod, and opens vertically to reveal three large shelflike compartments for clothing or shoes, and two mesh pockets for accessories. The bag also has an easy-access pocket for passports and other travel documents (\$70; greatusefulstuff.com).
- 3. Camp or lounge in style with Urban Billy's North-woods Rustic Folding Chair, made with premium reclaimed barn wood from the Midwest. The lightweight chair includes a carry strap for easy portability (\$80; urbanbilly.com).
- 4. The fashionable **Venue headphones by Skullcandy** connect wirelessly and provide noise-cancellation technology, which can be paused at the press of a button so you can hear announcements from the flight crew (\$179.99; skullcandy.com).

- 5. The **NodPod sleep mask** is weighted with microbeads, designed to provide gentle pressure and a calming effect while blocking out light. It's a great accessory for overnight flights (\$25; nodpod.com).
- 6. Combining the strengths of earplugs and earbuds, the Etymotic Research HD5 noise-isolating earphones feature earplug-style foam in-ear inserts that surround wired earphone speakers. They also come in a compact zipper pouch that is easy to slip into a carry-on (\$64.95; etymotic.com).
- 7. The versatile Peppa Blazer by Untuckit comes in plaid—a perfect combination of classic and modern—and you can easily dress it up or down. It's made of quality wool that is warm and lightweight, making it ideal for long flights (\$185; untuckit.com).
- Nivobarefoot is well-known for shoes designed to mimic the feeling of walking barefoot. The company's Primus Lite shoes, for men and women, are lightweight, with ultrathin soles that allow the shoes to be rolled up to easily fit in a suitcase (\$130; vivobarefoot.com).



























5

2.

## THE GREAT INDOORS

1. Flower Pot Tea Company provides herbal teas with flowers that, once water is added, seem to blossom in your teapot or cup, making for an aesthetically delightful teatime (from \$8.99; flowerpottea.com).

2. Gift recipients can nourish their hands while breathing in scents of Hawai'i with Sea Salt & Lavender Shea Butter Hand & Body Crème by Ali'i Kula Lavender, a Mauibased farm that grows 45 varieties of lavender (\$20; aliikulalavender.com).

3. The opportunity to restore and refresh is always appreciated. A gift certificate to a local spa—such as Olympus Spa in the Puget Sound region-can be used for a day of relaxation (prices vary; olympusspa.com).

4. The sleek **Sonos One** speaker has Amazon's Alexa built in and connects wirelessly with other Sonos speakers to provide a seamless in-home audio experience (\$199; sonos.com).

5. Alaska Mint's Big Four Medallion with Double Gold Relief features some of Alaska's most famous animals-the caribou, Dall sheep, grizzly bear and bull mooseand is minted in fine silver with gold relief on both sides (\$124.99; alaskamint.com).

6. Surprise your loved one with a customizable quilt made from T-shirts you've gathered over the years. Project Repat quilts can memorialize places you've been together or other special events (from \$74.99; projectrepat.com).

/. Each candle by Homesick Candles is crafted to aromatically evoke the location that inspired it. For instance, the Washington state candle incorporates notes of rain, Earl Grey tea, cedar, patchouli and rhododendron (\$34.95; homesickcandles.com).

8. Each **Igloo Cap by** Oomingmak Musk Ox Producers is knit by hand with 80 percent qiviut (the soft underwool from the Arctic musk ox) by Alaskan Natives from remote coastal villages (\$195; qiviut.com).

9. Wine aficionados can enjoy a well-aerated glass in seconds with a pour through the TRIbella wine aerator (\$40; tribellawine.com).



## MORE IDEAS

Insulated Swig Combo Coolers can be used in two ways: Slip a cold can or bottle inside to keep it cool for up to 12 hours, or pour in a hot beverage and use it with the slideclosure lid to keep it warm for up to nine hours. The Combo Coolers come in an array of bright colors (\$25.95; swiglife.com).

Stationery from Wild Ink Press, designed and created inside the letterpress studio, features unique, modern prints. The company's selection of boxed notes includes a kilim tapestry-inspired set (\$15/set of six; wildinkpress.com).

The new AtGames Blast! plug-and-play game systems include classic videogames such as Pac-Man and Space Invaders. You could give it to your sibling, for instance, and relive a decades-old rivalry (from \$19.99; atgames.net).













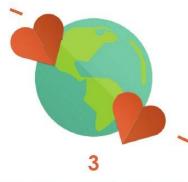
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# HE WISH LIST











## **GOURMET DELIGHTS**

- 1. Chukar Cherries specializes in authentic Northwest gifts made from locally grown cherries. The Happy Holidays Gift Basket contains a variety of chocolate-covered dried cherries paired with Cherry Pecan Caramel Corn (\$99.95; chukar.com).
- 2. Heaven's Door Spirits is a line of whiskeys developed in collaboration with Bob Dylan and renowned craft distillers and blenders (\$49.99–\$79.99; heavensdoor.com).
- 3. Give the delectable gift of Honolulu Cookie Company's handmade and hand-dipped shortbread cookies (prices vary; honolulucookie.com).
- 4. Fran's Chocolates, a Seattle-favorite chocolatier,

crafts mouthwatering confections, many of which are organic, such as **Gray and Smoked Salt Caramels** (from \$15.50; frans.com).

- 5. Artisanal Alaska fisheries provide seafood such as Alaska red king crab from the Bering Sea for **Norton Sound Seafood Products' gift packs** (\$239.99-\$369.99; nortonsoundseafood.com).
- 6. Taku Smokeries' wooden gift box, decorated with artwork by Ketchikan, Alaskabased artist Ray Troll, presents a fillet of wild-caught Alaska alderwood-smoked salmon (from \$19.99; takustore.com).
- 7. **10th & M Seafoods** offers packages such as the **Alaska Seafood Combo**, which includes Alaska king crab legs

- and claws, and salmon and halibut (prices vary; 10thandmseafoods.com).
- 8. Give a taste of Colorado with the Colorado Gift Box by Cured. Each box features produce made in the state, such as James Ranch Belford cheese and Jojo's Pueblo Pepper Sriracha (\$100; curedboulder.com).
- 9. Alaska Sausage and Seafood's Hatcher Pass gift basket includes wild Alaska smoked salmon and halibut, and Alaska sausage made with reindeer meat (from \$79.99; aksausage.com).
- 10. The Chocolate Spectrum produces artisanal chocolates crafted by people with autism or who have other special needs (from \$5; thechocolatespectrum.com).









# THE WISH LIST









## GIFTS THAT GIVE

1. Make-A-Wish Foundation of America donations help fulfill the wishes of kids such as Carmel, above, who wanted to "ride horsies in the mountains" and was able to spend time with her family at a dude ranch in Oregon (wish.org).

2. A charity gift card to
TisBest Philanthropy will
give your loved one the opportunity to choose which
nonprofit to give to, out of
more than 1.5 million options
(tisbest.org).

3. Miles donated to the Alaska Airlines Charity Miles Pool support travel used by charities such as Medical Teams International, The Nature Conservancy and the National Forest Foundation (alaskaair.com/content/mileage-plan/use-miles/share-gift-miles/donate-miles).

4. Each handblown votive in glassybaby's holiday collection benefits the company's white light fund, a nonprofit that will donate \$1 million this year to help cancer patients with basic needs (\$50-\$75; glassybaby.com).





5. Put some "coal" in your giftee's stocking—charcoal soap from The Adventure Project, which provides Kenyans and Tanzanians with cleaner-burning stoves (\$20; theadventureproject.org).

AKE-A-WISH PHOTO BY





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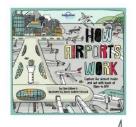
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## J.

## LIT FOR LITTLE ONES

1. 50 Cities of the U.S.A., written by Gabrielle Balkan and illustrated by Sol Linero, describes various cities, with a one-day itinerary in each (\$30; quartoknows.com/ wide-eyed-editions).

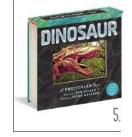
2. Every June 20–22 in Fairbanks, the Alaska Goldpanners play baseball games that begin at 10:30 p.m., in daylight. Learn trivia like this in *The United States of Sports*, by the editors of *Sports Illustrated Kids*, which guides readers state by state

with fun facts and illustrations (\$24.99; sikids.com).

3. Imagine, a poem by 21st United States Poet Laureate Juan Felipe Herrera about his life and dreams, beautifully illustrated by 2015 Caldecott honoree Lauren Castillo, inspires kids to achieve challenging things (\$16.99; candlewick.com).

4. In How Airports Work, written by Clive Gifford and illustrated by James Gulliver Hancock, various aspects of airports are explained through illustrations and

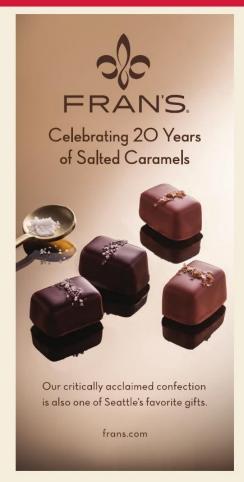
descriptions including foldout spreads on planes, control towers and more (\$18.99; lonelyplanetkids. com).



5. Kids can see images of dinosaurs that seem to move in the integrated-photography book *Dinosaur*, created by Dan Kainen and written by Kathy Wollard. The visually driven book includes information on eight prehistoric animals, including the triceratops and stegosaurus (\$25.95; workman.com).

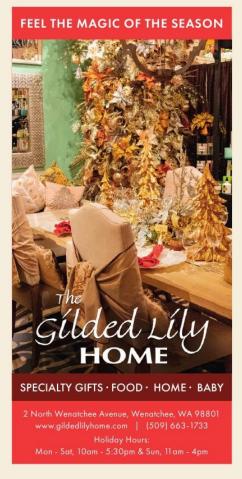


## Holiday Gift Guide











VISITORS TO THE ALOHA STATE SEEK THAT ONE-OF-A-KIND KEEPSAKE or gift to remind them of their experiences on the Islands, whether with a shirt designed on Moloka'i, Kona coffee to brew at home on cold mornings, or an 'ukulele they built themselves on O'ahu. The following are some of the ways to make your adventure in Hawai'i even more special and to discover gifts that will help you cherish your trip to paradise long after you've returned home.

Kanaï

HAWAI'I IS THE ONLY STATE IN THE UNION where the cacao tree grows, and Kaua'i, the oldest and most northern of the Hawaiian Islands, is one of the best places to see where chocolate comes from and how it's made.

Outside of the town of Kapa'a, on the island's east coast, is Lydgate Farms (lydgatefarms.com), a fifth-generation family operation that began growing cacao trees about 15 years ago. The farm offers a three-hour "branch-to-bar" tour of its 46-acre farm. The tour begins with a tasting of seasonal fruits grown on the farm, which, depending on the season, may include rambutan, mountain apples or water-

melon radishes, to name a few. Later, tour guides cut open ripe cacao pods for you to taste, and, at the end of the tour, everyone gets to sample dark chocolate.

Various chocolate products, as well as honey and vanilla, are available in the farm's gift shop. The Aloha Tasting Package comes with three different chocolate bars, a jar of Kaua'i palm blossom honey, and one whole vanilla bean.

Kaua'i is an island full of entrepreneurs making special products, including the delicious jams and preserves available at Monkeypod Jam cafe (monkeypodjam. com), a little place in the town of Lāwa'i, near the southern tip of Kaua'i.

Owner Aletha Thomas, a former schoolteacher, works with more than 25 Kaua'i farmers to create 55 seasonal preserves that range from spiced-tomato jam to Meyer lemon curd to jaboticaba jelly. She makes her jams, jellies and marmalades by

hand, cooking them in wide copper jam pots to heat the fruits quickly and capture the freshest, brightest flavors. She creates sauerkraut, salsas and chocolate sauces, too.

Less than a mile away from Monkeypod is Machine Machine (machinemachineapparel.com), a clothing shop where everything is made right in the store. Owner Shannon Hiramoto cuts and sews her unique garments at the shop, while her father, a retired firefighter, runs a printmaking studio (Goofy Foot Prints) there, as well.

Shannon Hiramoto's knit maxi and mini dresses are customer favorites: they are designed not to wrinkle, and

> the silhouettes and fits are flattering, making them appealing travel clothing.

Visitors who enjoy strolling among stores will like The Shops at Kukui'ula (theshopsatkukuiula.com) in Kōloa, home to dozens of boutiques, art galleries and award-winning restaurants, including the local brand Mālie Organics (malie.com).



Lydgate Farms' chocolate tours include tasting cacao from a ripe pod, above, and information on the chocolate-making process, right.





Oahu: Ala Moana Center • Outrigger Waikiki Beach Resort • Hilton Hawaiian Village Royal Hawaiian Hotel • Kahala Hotel & Resort Maui: Shops at Wailea • Whalers Village Big Island: Kings' Shops Kauai: St. Regis Princeville • Grand Hyatt Kauai Resort • Shops at Kukui'ula

toririchard.com





The all-natural line of organic beauty products is found in luxury spas across the state. Some of its best-sellers include mango nectar shampoo and conditioner, both infused with green tea leaf extract; a plumeria body gloss with macadamia nut

butter and beeswax; and hibiscus beauty oil, made with jojoba and avocado oils.

In the town of Kīlauea, near Kaua'i's northern coast, is the shop Hunter Gatherer (huntergathererhawaii.com), a handsome lifestyle store in a beautiful setting that is full of interesting curated items ranging from surfboards to handcrafted jewelry to hammered Damascus steel knives with turquoise inlays. An eclectic mix to be sure.

(O'ahu

A FEW YEARS AGO, Kō Hana Distillers (kohanarum.com), located in the central O'ahu community of Kunia, started producing Hawaiian rhum agricole, a type of rum based on a French Caribbean method that uses fresh sugarcane juice for fermentation. The rum was a success, and today the Kō Hana farm is a popular destination.

On the 45-minute tour of the farm and distillery, you learn how Hawaiian sugarcane is distilled into Kō Hana brand rum, popular with local bartenders and mixologists. The best part of the tour, though, is at the end, where you're led to a tasting room—transformed from an old plantation general store—to sample the sugarcane juice and the rum.

As soon as I taste the freshly pressed cane juice, made from the native varieties of sugarcane, I realize this rum is special. Next, I taste Kō Hana's premium white and aged rums and realize I need a bottle of handcrafted spirit to take home with me.

The Kokoleka is your best beta premium distillate made entirely from cacao, sugarcane and honey, all grown in Hawai'i. It's what Kō Hana brand manager and noted local bartender Kyle Reutner refers to as "grass-to-glass."

In addition to Kō Hana's rum offerings, O'ahu is full of gifts and keepsakes. The most populous of the Hawaiian Islands, O'ahu boasts some of the best shopping locations in the state, including Honolulu's Ala Moana Center (alamoanacenter.com), described as the world's largest open-air shopping center, with 2.4 million square feet of retail space. Among the center's retailers is Tori Richard (toririchard. com). Since 1953, the apparel-maker has used the beauty of Hawai'i to inspire its elegant lines of clothing. Na Hoku jewelry (nahoku.com) is

another center favorite, which has been crafting jewelry inspired by Hawai'i since 1924. You can buy octopus pendants with Tahitian pearls, diamond-studded palm tree rings and bracelets that resemble waterfalls. The company also has stores on all of the major Hawaiian Islands.

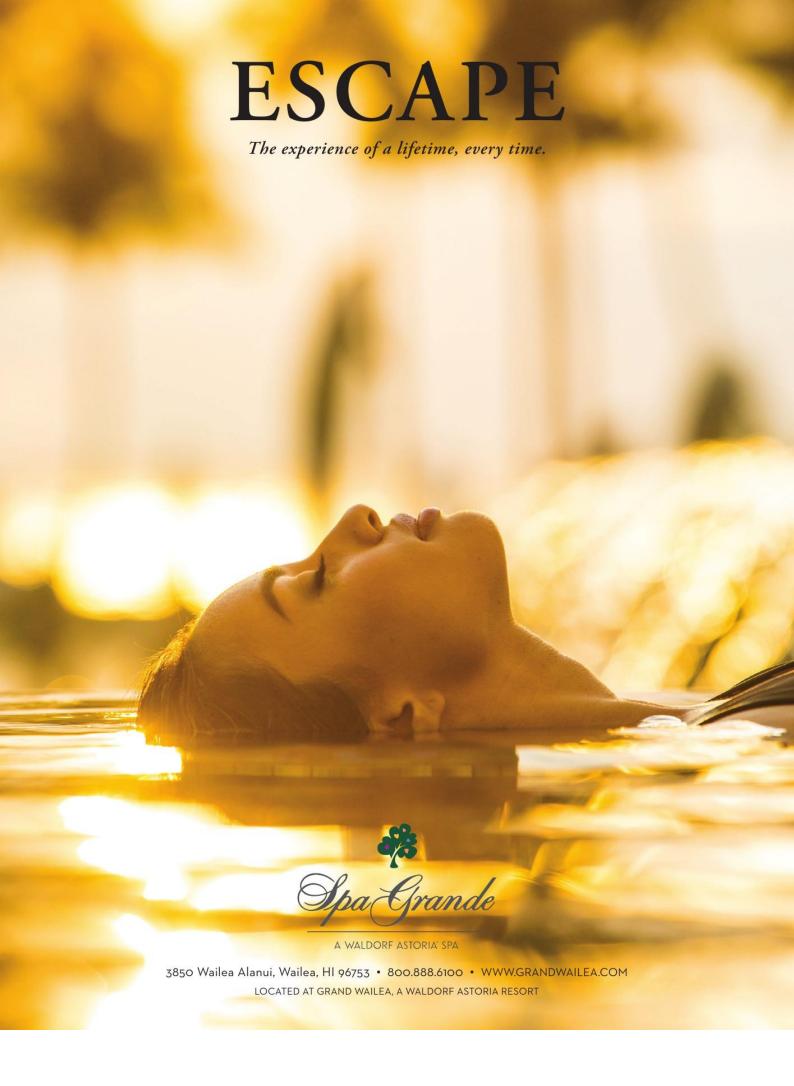
Also in Honolulu is the newly renovated International Market Place (shopinternationalmarketplace.com), with 345,000 square feet of retail space that includes 90 restaurants and boutiques, many of them unique to the center, and anchored by the upscale Saks Fifth Avenue store.

In the heart of Waikīkī is the Royal Hawaiian Center (royalhawaiiancenter.com), which has 110 shops and restaurants. The expansive shopping center's offerings range from high-end fashion to surf shops. The newest shopping complex to open in Honolulu is South Shore Market at Ward Village, which has more than a dozen locally



Kō Hana Distillers gives tours of the O'ahu facility, below, and offers tastings of its rum made from sugarcane juice, left.







Honolulu 'ukulele maker KoAloha. above, offers factory tours. Lanikai Bath and Body, right, creates soaps from local ingredients. The International Market Place, far right, has 90 shops and restaurants.





owned boutiques that sell distinctive items. One example is Kealopiko (kealopiko.com), based on Moloka'i Island. The company offers a culturally conscious line of clothing and accessories. Kealopiko's designs highlight Hawai'i's native species, including the noio (Hawaiian sea bird). Every item, from aloha shirts to clutches, comes with a tag explaining the design and its historical and cultural significance. It's an education in Hawaiian culture with every purchase.

'Ukulele fans will enjoy a tour at KoAloha (koaloha.com), an 'ukulele manufacturer based in Honolulu. The family-run company uses a lot of koa wood for its instruments, which, according to 'ukulele experts and enthusiasts, produces a vibrant sound that has excellent projection. KoAloha crafts concert, soprano and tenor models that can cost up to \$1,000. The company offers free tours about how they build 'ukuleles, which start at 1 p.m. on weekdays. The shop also offers a special two-hour workshop during which you can build your own KoAloha 'ukulele. Also on the island is Waikele Premium Outlets (premiumoutlets.com/outlet/ waikele), a shopping center about 15 miles west of Honolulu in the town of Waipahu. It boasts more than 50 designer shops including Coach, Michael Kors and Tory Burch.

On the windward side of O'ahu, Kailua has become a hub for local goods. Take home locally crafted soaps, lotions and body butters from Lanikai Bath and Body (lanikaibathandbody.com), which uses Hawaiian ingredients, including papaya, sea kelp and macadamia nuts. Back home, the scents of coconut, pineapple and Kamuela rose will transport you back to Hawai'i.

Across the street is the Kailua outpost of Fighting Eel (fightingeel.com), whose line of casual resort fashion is versatile enough to wear with flip-flops or heels. The store carries about 15 other locally designed lines of merchandise, including the stylish sunglasses of Mohala Eyewear (mohalaeyewear.com).

A few blocks northwest of Fighting Eel is Olive Boutique and Oliver Men's Shop (oliveandoliverhawaii.com), neighboring stores run by the husband-and-wife team Parker Moosman and Ali McMahon. The shops carry beach-chic items such as tropical-print jumpers, shorts and canvas pouches, with a style that is surf-inspired.

On Oʻahu's North Shore, visit the North Shore Soap Factory (northshoresoapfactory.com), which is housed in a former sugar mill. The company makes handcrafted skin care products that use local ingredients, such as tangerines, ginger root, sugar and honey. You can book a behind-the-scenes tour of the factory, but reservations need to be made 24 hours in advance. Afterward, take home some bars of scented soap and the store's line of bath salts and lip balms.

Mani



NOT OFTEN DOES A BUSINESS road sign cause me to make a quick stop. However, when I saw a wooden board with a picture of a bright red strawberry on it, beside the two-lane Kula Highway in Upcountry Maui, I quickly turned into the gravel parking area at the most picturesque produce stand I have ever seen.

Kula Country Farms (kulacountryfarmsmaui.com), a 55-acre farm, runs the fruit and vegetable stand, which sits on a bluff with sweeping views of central Maui's vast farmlands and, in the distance, the island's western coastline. Here, in this breathtaking location, I find fresh produce from Kula Country Farms and about a dozen others in the area.

On display are sweet onions, broccoli, tomatoes, *lilikoʻi* (passion fruit), persimmons, figs, and, yes, strawberries, when in season. In fact, between February and May, the farm opens its strawberry patch to visitors, who can harvest a basketful of their own berries.

The farm offers a variety of activities, ranging from a flower U-pick area to live music performances. The stand sells packable items that make perfect gifts for co-workers and family back home—including the popular strawberry jam, raw local honey and Kula onion barbecue sauce.

Maui also has a diverse range of shopping centers scattered around the island, from the Maui Mall (mauimall. com) in Kahului, a favorite of locals, to Whalers Village (whalersvillage.com) in historic Lahaina, with its mix of local and national stores. The Lahaina mall offers free lessons in lei making, dancing the hula and playing the 'ukulele. The Outlets

of Maui (outletsofmaui.com), which is described as the world's only oceanfront outlet mall, is on Front Street in Lahaina and has dozens of top brands, including Calvin Klein, Le Creuset, Lucky Brand, Coach and Maui Jim.

Front Street is also the location of one of the four Maui Hands galleries (mauihands.com), which sell the works of 300 local artists and artisans. The artwork ranges from paintings to pottery, and from glass art to jewelry. Other Maui Hands locations include the Kaʻanapali Art Gallery at the Hyatt Regency, and galleries in Makawao and Pāʻia.

Another notable Maui shopping complex is The Shops at Wailea (theshopsatwailea.com), with more than 60 restaurants and boutiques, including Blue Ginger (blueginger. com), an apparel store that sells a full line of clothing with Hawaiian patterns and styles. The bold blue of the ginger flower is the line's signature hue. The shopping area also has live performances by local musicians, and free lessons in 'ukulele playing and

coconut-frond weaving.

Smaller neighborhoods on Maui also have much to offer. Four miles east of Kahului is the charming community of Pā'ia, a former sugarcane plantation town that now has a variety of art galleries and shopping boutiques. Nuage Bleu (nuagebleu.com) offers a selection of casual clothing, handmade soaps and locally crafted jewelry. Some Maui-



Kula Country Farms, top, offers fresh produce, including strawberries. Nuage Bleu, above, sells colorful Maui-made clothing and other items. Hot Island Glass, below, creates distinctive glass art.

made favorites on sale

include hand-painted clutches by Annie Fischer,
Tahitian pearl necklaces by Ella May and stylish
children's clothing by Bitty Bambu.

About 7 miles southeast of Pā'ia is the cowboy town of Makawao, which also is a thriving art community with glassblowers, wood-carvers, painters and sculptors. Hot Island Glass (hotislandglass.com) was one of the island's first hot-glass facilities, with owners and noted artists Chris Richards and Chris Lowry creating stunning works in the gallery. Every one-of-a-kind piece, from translucent jellyfish suspended in crystal-clear glass to jewel-toned starfish, is meticulously made by hand.

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## Hawai'i Island

FOR MOST OF US, coffee is used to help get our day going. In Hawai'i, particularly in the Kona District of Hawai'i Island, coffee is something very unique and special. The beans grown on the slopes of Hualālai are at a high altitude in rich volcanic soil and often shrouded in clouds. These factors combine to create a coffee that is sought after by java fans around the world.

There are hundreds of coffee

farms in Kona, reaching from Hōlualoa to Kealakekua, and many offer tours. A top choice is Greenwell Farms (greenwellfarms.com), a family-run operation in Kealakekua that has been in business since 1850. Even today, coffee cherries on the 90-acre farm are still picked by hand.

Greenwell offers free tours throughout the day that include a walk through the entire process, from growing coffee plants to roasting beans. After the tour, you can sample up to



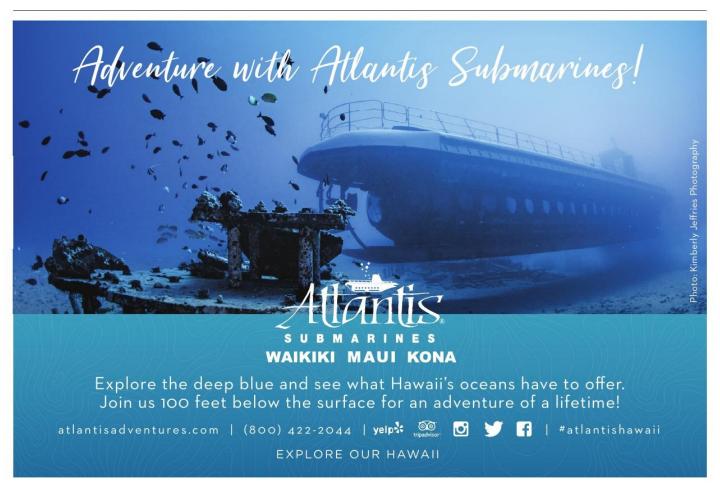
10 varieties of the beloved bean—including Jeni K, a varietal with notes of tropical fruit, vanilla and chocolate, and a macadamia-flavored coffee—all of which are available for purchase.

Coffee-farm-related items are only the beginning of gifts you'll find here on Hawai'i Island.

On the Kohala Coast is Kings' Shops (kingsshops.com) at the Waikoloa Beach Resort, which

has an outlet for Noa Noa Hawaiʻi (noanoahawaii.com), a Honolulu-based retailer with three shops on Oʻahu, but only this one shop on any neighboring island. The specialty boutique sells one-of-a-kind items, from hand-batiked natural fabrics to jewelry to ceremonial masks from Polynesia.

Nearby is Queens' MarketPlace (queensmarketplace.net), whose Hawaiian Quilt Collection (hawaiian-quilts.com) stocks a wide selection of hand-quilted bags, blankets and



pillow covers, in patterns inspired by island flora, such as anthurium and hibiscus. You can even buy quilt kits for under \$30, which come with everything you need, including fabrics and a how-to booklet.

About 5 miles north of Queens' MarketPlace is The Shops at Mauna Lani (shopsatmaunalani.com). The shopping center at the Mauna Lani resort

has stores selling items that range from exclusive art to surfboards and swimwear.

A popular local jewelry company is Hawaii Titanium Rings (hawaiititaniumrings.com), which specializes in distinctive handmade rings made with exotic woods, gems, stones and titanium and inspired by the Hawaiian culture. You can visit the original showroom in the Kona Inn Shopping Village in downtown Kailua-Kona. The jewelry is also sold in select



shops throughout Hawaii and in locations on the mainland.

On the eastern side of the island is Hilo, a quiet town that is built around a crescentshaped bay and has restaurants, museums, art galleries, boutiques and a bustling farmers market.

The town also boasts the flagship shop of Sig Zane Designs (sigzanedesigns.com),

filled with his prints that are inspired by Hawaiian culture.

The shop sells aloha shirts designed with palapalai, an indigenous fern native to Hawai'i; and button-down dresses with a variety of island-based patterns. Recently, the Zane family opened Palikū Surf, a shop with surfboards, board shorts, graphic tees and wetsuits.

About 2 miles southeast of Sig Zane is Big Island Candies (bigislandcandies.com), the perfect place for tasty gifts. The





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company was founded in 1977 and is best-known for its chocolate-dipped shortbread cookies. The candies are handmade with local ingredients. You can even watch the candies and cookies being made from a window in the retail shop.

Big Island Candies also makes lemon brownies, macadamia biscotti, chocolate-covered Kona coffee beans and pineapple *manju* (a delicious Japanese baked cake).

About 40 miles northwest of Hilo, near the Hāmākua Coast in Pa'auilo, is the Hawaiian Vanilla Company (hawaiianvanilla.com), one of the first commercial vanilla farms in the United States. Tours of the familyowned farm include either lemonade or iced tea and dessert, all of which feature the farm's vanilla—and then look for gifts in its shop, where everything is handmade.

The vanilla extract is popular, and the shop also sells spice rubs, salad dressings, teas and beauty products made with local vanilla.

FROM LYDGATE FARMS' luscious chocolates on Kaua'i to KoAloha's 'ukuleles on O'ahu to the Islandsinspired designs of Sig Zane's line of clothing from Hawai'i Island, The Aloha State is a place where you can find something special that speaks to you. And, best of all, every time you see your memento, you'll be reminded of how much you hope to return soon to the Aloha State.

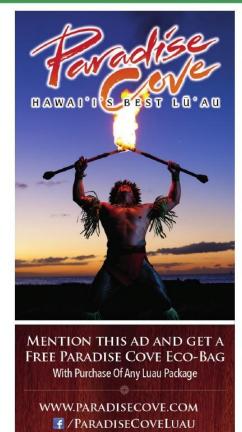
Catherine Toth Fox writes and shops from Honolulu.

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## Island ACTIVITIES







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## HISTORIC PHILADELPHIA

Exploring the birthplace of the country

## By Samantha Drake

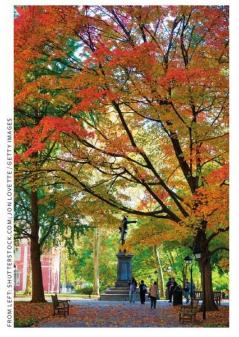
**During an evening out** with a friend, I take a stroll through Philadelphia's expansive history.

We walk along cobblestone streets in the Old City, just a few blocks from Independence Hall. As we stroll along, I ponder that this area is where Philadelphia's favorite statesman, Benjamin Franklin, lived and worked.

We arrive at the Museum of the American Revolution, which opened in 2017.

Tucked into a corner of Philly's historical center, the museum offers close-up views of a vast collection of Colonial artifacts, from muskets to teapots.

For me, the museum's highlights include boarding a replica of a privateer ship and learning how the vessels were deployed to attack British ships. Probably my favorite part was viewing a wall of









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>>> Children pose at The Museum of the American Revolution, above. The image of actor Sylvester Stallone, below, decorates a glass at the National Mechanics restaurant.

photographs of people who were born during the Revolutionary era and lived into the age of photography. It helps me realize that the Revolutionary War wasn't that long ago.

The museum's star attraction, George Washington's war tent, is the subject of a short and absorbing film about the practical and symbolic roles that the portable military headquarters played.



Next, we walk about a block to dinner at National Mechanics, an Old City fixture in a building that was built in 1837 to house the Mechanics National Bank. Booths made of

repurposed church pews add to the historical atmosphere at the high-ceilinged restaurant and bar that features brick walls and hardwood floors.

Pint glasses depicting the faces of Philly notables are a National Mechanics trademark, and we glance at the glassware on nearby tables to see whose faces we can identify.

Visitors might recognize Edgar Allan Poe and Rocky star Sylvester Stallone. However, they may have trouble placing former district attorney Lynne Abraham or former Philadelphia Mayor John Street.

Emerging from the restaurant, we decide to make the most of our evening in the city with one last stop. We visit a rooftop bar at The Logan hotel on Benja-

## >> NEAR & FAR PHILADELPHIA

## AT A GLANCE

#### Hidden gems

The Dream Garden: One of the city's most beautiful works of art isn't in a museum or gallery. The Dream Garden, at right, is in the lobby of the Curtis Building at Sixth and Walnut streets. The mural is a mosaic of hundreds of thousands of pieces of glass, and is the only collaboration between artist Maxfield Parrish and glassmaker Louis Comfort Tiffany.

Outdoor mural art: Murals are being used to transform public spaces across Philadelphia. Mural Arts Philadelphia offers trolley and walking tours to showcase the outdoor art pieces and the mural-making process.

Mütter Museum: The museum houses a unique collection of anatomical specimens, models and medical instruments, including the tallest skeleton on display in North America and an exhibit on 19th century conjoined twins Chang and Eng.

### Where to go first if you're a ...

...Family: Many attractions and activities in the city are family-friendly, and the Please Touch Museum specifically caters to kids under age 8, with interactive exhibits and programs designed to be fun and foster creativity.

...Foodie: Venture off Philadelphia's Center City grid and explore the cuisine of the city's diverse neighborhoods. A great start is East Passyunk Avenue in the East Passyunk section of the city, which was recently named by Food & Wine magazine as one of the "10 Best Foodie Streets in America"

... History buff: The Benjamin Franklin Museum takes an in-depth look at the man who was an integral part of founding and shaping the nation. The museum explores Franklin's life and accomplishments as an inventor, scientist, businessman and diplomat.

...Romantic: Take a photo in front of the famous LOVE sculpture by Robert Indiana. The artwork, which has stood in John F.



Kennedy Plaza, better known as Love Park, since 1976, returned earlier this year, following maintenance to the sculpture and the park.

Lover of literature: Edgar Allan Poe lived in Philadelphia from 1838 to 1844, a productive literary period when he wrote several of his best Gothic horror stories, including Fall of the House of Usher and The Murders in the Rue Morgue. Tour the Edgar Allan Poe National Historic Site, located in one of the homes he stayed in while living in the city.

### Distinctive dish and where to get it:

Philadelphia has long been known for its cheesesteaks. The best-known cheesesteak makers, Pat's King of Steaks and Geno's Steaks, are conveniently located across the street from each other on East Passyunk Avenue. In addition, sample a cheesesteak at one of Tony Luke's multiple locations, Steve's Prince of Steaks, and Jim's Steaks on South Street.

What to take home: The Independence Square Museum Store is the place to buy revolutionary gifts, such as reproductions of the Declaration of Independence and the Constitution of the United States. Philadelphia is also still giddy over its first Super Bowl win. Take home an Eagles hat or T-shirt in support of the team and underdogs everywhere.

#### What's in a name?

The name "Philadelphia" comes from the city's Quaker founder, William Penn, who named it using the Greek words philos, meaning "loving," and adelphos, meaning "brother." That's also where Philly got its most enduring nickname, "The City of Brotherly Love." -S.D.



>> NEAR & FAR PHILADELPHIA

Independence Hall, one of the park's top attractions. It was within Independence Hall that the Declaration of Independence and the U.S. Constitution were signed. Highlights include George Washington's Rising Sun chair—so-called because of the sun carved into the chair's back—where the future president sat in the Assembly Room, which looks much like it did during the 1787 Constitutional Convention.

Across Chestnut Street from Independence Hall is the Liberty Bell Center.
Visitors can examine the iconic bell's crack and learn how the bell became an anti-slavery symbol of liberty following the Civil War as it toured the country in an effort to help unite a divided nation.

Just to the east of the park is Christ Church Burial Ground, where Benjamin Franklin and four other signers of the Declaration of Independence are buried. A

>>> The National Constitution Center, located within the Independence National Historical Park, tells the history of the U.S. Constitution, and includes an original copy of the document.

min Franklin Parkway, for a nightcap and a look at the stars. We slip into comfortable seats on the outdoor deck.

In addition, we enjoy the bar's stunning views of the city, where the past and present intertwine effortlessly. Feeling especially appreciative of the layers of history we've experienced during the evening, we raise our glasses to our own Philadelphia moment in time.

## **Touring Philadelphia**

The City of Brotherly Love is best-known for Independence National Historical Park. The green space offers a variety of sites related to the birth of the nation, ranging from the National Constitution Center, a museum dedicated to the history and meaning of the U.S. Constitution, to

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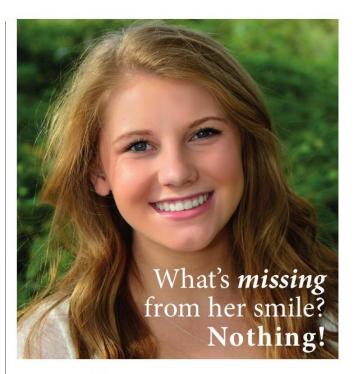












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also heard implants could be painful, took many visits and over 6 months to heal, and were expensive. Then she met with Dr. Shawn Keller. With many options offered, treatment was made affordable with a payment plan. Jordan wanted to improve the look of the rest of her smile and with Dr. Shawn's advanced sedation, she had the implant placed and cosmetic rejuvenation done at one visit, all while she slept peacefully. Thanks to the stem cell therapy used during the procedure, she had no discomfort and her beautiful smile was completed in the same day. Now Jordan is proud to smile with the peace of mind that her healthy new teeth will last a lifetime.

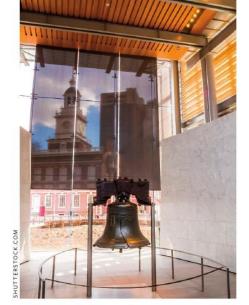
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The Liberty Bell, a symbol of American freedom, is on display at the Independence National Historical Park's Liberty Bell Center.

few blocks farther east of the park you'll find the Betsy Ross House, where the seamstress lived when she created the first American flag.

To experience the vibrant modern side of Philadelphia, travel south several

>> NEAR & FAR PHILADELPHIA

blocks to South Street, a center for the city's nightlife. The neighborhood offers a mix of restaurants and bars, including the Brauhaus Schmitz German beer hall and Milkboy South Street, a cafe with live music. You can also browse 400 shops and boutiques, see a show at a performance venue and tour art galleries, or simply stroll through the eclectic area.

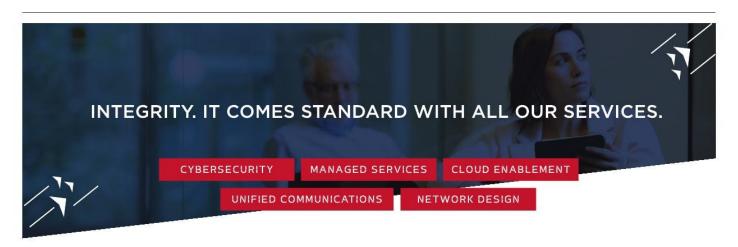
South Street's Magic Gardens is definitely worth a visit. The indoor and outdoor space showcases the work of local artist Isaiah Zagar. His mosaic creations use everyday objects such as bicycle spokes, bottles and pieces of ceramic to create folk art.

Another area attraction is Headhouse Square. The neighborhood has a variety of stores and hosts a year-round farmers market on Sundays, as well as various seasonal festivals.

About 3 miles northwest of Headhouse Square, near the Schuylkill River, is the Benjamin Franklin Parkway. Modeled after the Champs-Élysées in Paris, the wide, art-adorned boulevard runs for 1 mile, from City Hall to the Philadelphia Museum of Art near Fairmount Park.

Begin exploring the parkway by touring City Hall, one of the largest municipal buildings in the United States. It is an ornate wonder with many sculptures, including a statue of William Penn, the founder of Philadelphia in 1682.

On and near the parkway are museums, parks and other attractions. One of my favorite stops is the Franklin Institute. The Pennsylvania museum honors Franklin, one of the nation's first scientists, and is dedicated to creating a passion for science and technology. Interactive exhibits include "SportsZone!," which explores





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# >> NEAR & FAR PHILADELPHIA

# DID YOU

Outside of Paris, Philadelphia reportedly has more

Impressionist paintings than any other city in the world. Its art museums house hundreds of masterpieces, including Monet's Japanese Foot-



at the Philadelphia Museum of Art. The Barnes Foundation alone has about 400 Impressionist works, including Cézanne's The Large Bathers.

bridge and

the Water

Lily Pool,

Giverny, and

Van Gogh's

Sunflowers,

at left, both

health, material science, mechanics and motion; and "Sir Isaac's Loft," where falling objects, chain reactions and optical illusions demonstrate Isaac Newton's principles of physics. Continuing northwest along the parkway brings you to the Barnes Foundation, a treasure trove of French Impressionist, as well as Post-Impressionist, art, including an amazing 181 Renoirs, 69 Cézannes and 59 Matisses. Nearby is the Rodin Museum, which houses one of the largest collections of Auguste Rodin sculptures outside

At the north end of the parkway is the Philadel-

phia Museum of Art, with more than 240,000 works, including collections of Renaissance, Impressionist and Modern art. The museum's paintings include Claude Monet's *Poplars, End of Autumn* 

of France.

and Pablo Picasso's Three Musicians.

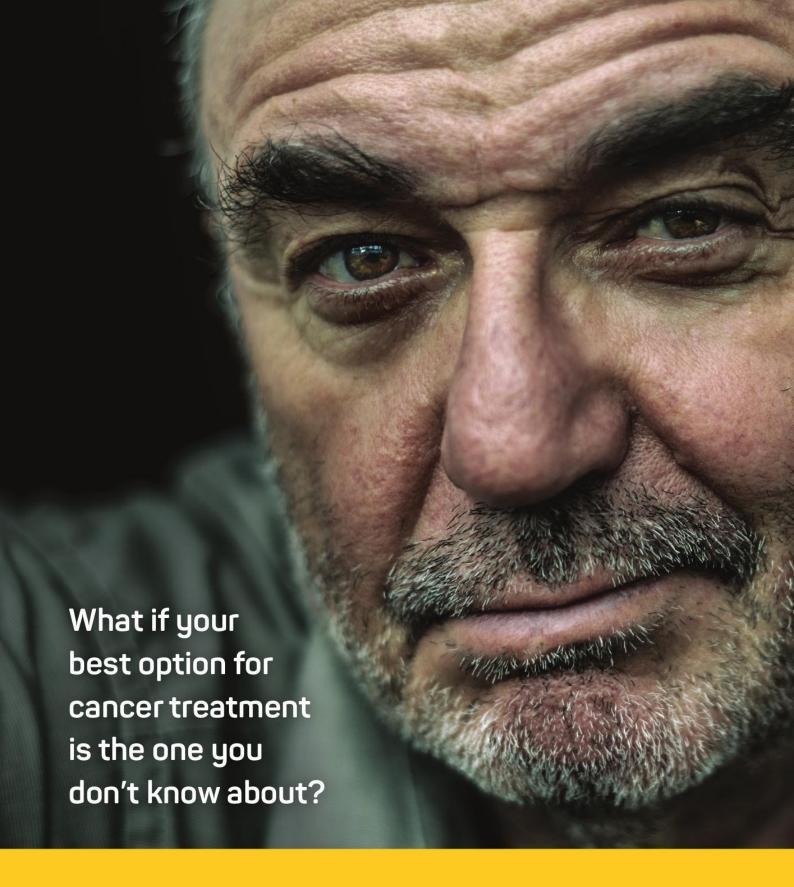
However, one of the city's most famous artworks is actually in a grassy area to the right of the art museum's steps, where a life-size statue of actor Sylvester Stallone playing the role of boxer Rocky Balboa stands. Stallone donated the statue, which was a prop for the film Rocky III. The location was immortalized in 1976's original Rocky film, in which the character runs up the steps of the art museum on his morning run and raises his arms triumphantly. Fans of the movie regularly pose for pictures next to the statue and then make their own run up the steps.

The museum is adjacent to a 2,000-acre section of the vast Fairmount Park system that runs along the banks of the Schuylkill River, where you can hike, jog and picnic.

If you enjoy rowing, you'll want to visit Boathouse Row, a line of 19th century







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# >> NEAR & FAR PHILADELPHIA

boathouses along the river to the north of the museum.

The houses are managed by local rowing clubs, which hold competitions throughout the year, including May's Jefferson Dad Vail Regatta, one of the largest collegiate regattas in the country, with more than 100 schools from the U.S. and Canada competing.

#### Lodging

When looking for a place to stay, check out Wyndham Philadelphia Historic District. While the hotel has an unusual name, the facility is located within blocks of downtown's most popular historic attractions. It offers a rooftop pool and fantastic views of the city. Nearby are plenty of nightlife options, including Cooperage Wine & Whiskey Bar. There is also Bleu Martini, for Asian-fusion food, martinis and dancing.

For a taste of Colonial charm, go to The Morris House Hotel, which is designated a National Historic Landmark. The original private residence was built in 1787. Today, it is a renovated boutique hotel that retains much of its original 18th century ambiance. Relax in the lounge, enjoy a meal in the M Restaurant and tour the courtyard garden.

#### Dining

Philadelphia's acclaimed dining scene has many excellent options, including Talula's Garden, a farm-to-table restaurant launched by local culinary luminaries Stephen Starr and Aimee Olexy. Dinner entrees change with the seasons. This fall has included a maple-mustard-glazed pork belly and roasted Rohan duck breast with buckwheat crepes of duck confit and brie.

For the complete Philadelphia experience, stop for lunch at Reading

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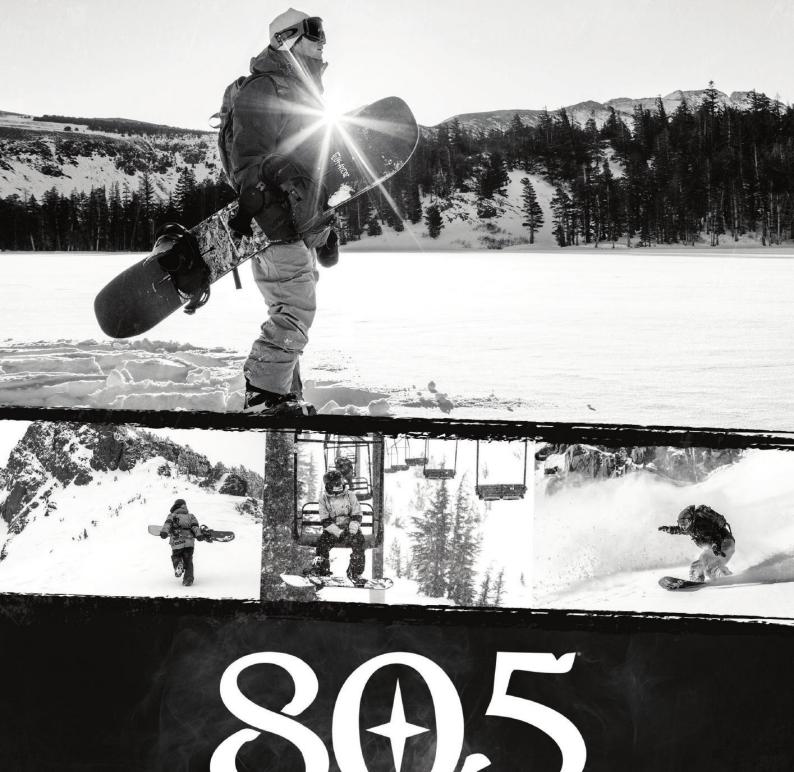












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#### >> NEAR & FAR **PHILADELPHIA**

Terminal Market, one of the oldest and largest public markets in the country. The market features a wide variety of produce, meats, seafood, cheeses, baked goods and sweets. There are also merchants selling housewares, gifts and other items.

Market restaurants offer everything from corn dogs to oysters. Try the Dutch Eating Place to sample Pennsylvania Dutch fare such as pork and sauerkraut. Then head over to local-favorite Termini Brothers for something sweet, such as biscotti or cannoli

#### Other Attractions

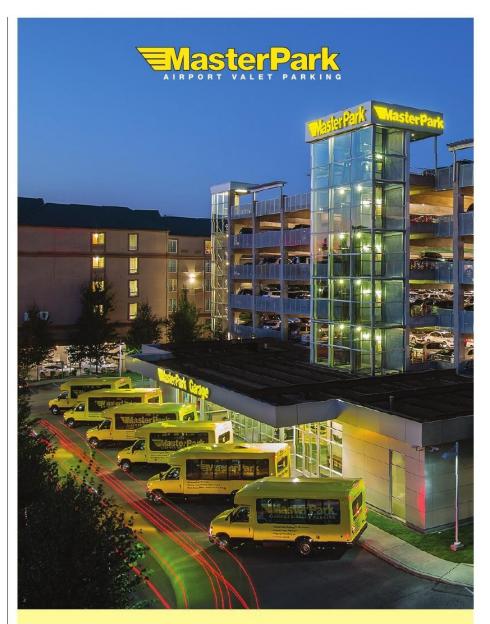
As the founding president and CEO of Visit Philadelphia, Meryl Levitz tells visitors that Philadelphia is a very walkable city, and should be explored on foot. Levitz advises walking across town on Spruce Street, strolling the cobblestone streets in the Historic District and hiking along the Schuylkill River Trail in northwest Philadelphia.

Another favorite area to explore is Penn's Landing, the city's Delaware River waterfront. The area offers food vendors, beer gardens and the Independence Seaport Museum, home to the cruiser Olympia, which was launched in 1892, and the submarine Becuna, which saw action in World War II.

I plan to take Levitz's advice and walk down to the waterfront for another experience spotlighting Philadelphia's cultural heritage.

Samantha Drake writes from Philadelphia.

Alaska Airlines (alaskaair.com) offers daily flights to Philadelphia (PHL) from Los Angeles (LAX), Portland (PDX), San Francisco (SFO) and Seattle (SEA).



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### **FANTASTIC FIJI**

From bountiful marine life to authentic culture

#### By Chaney Kwak

>>> "Nuku means sand in Fijian," says Misi, "and wai means water." And the cay called Nukutawai is exactly that: a crescent of sugarlike sand that emerges from the Pacific Ocean during low tide, south of the Fiji island of Viti Levu.

Misi, a guide affiliated with the Royal Davui Island Resort Fiji, lets our small group off the speedboat when we arrive at the cay. He says he can be reached from the mobile phone that he's leaving behind along with some spring water and fruit. Soon the boat becomes just a fleck, and I can live out my castaway fantasy—for an hour, anyway.

Fiji is easier than ever to reach. And having served as the backdrop for shows such as *Survivor* and *The Bachelorette*, this archipelago of sunsteeped beaches and resplendent reefs has been attracting more and more visitors from the United States. Still, only about a third of the 330-some islands that make up this Melanesian nation are permanently inhabited. Add secluded islets and sandy cays to the mix, and Fiji just might be the perfect place for peace and quiet—the ultimate luxury in our era of constant connectivity.

Frigatebirds and other winged creatures fly overhead. It takes me less than half a minute to sprint from one end of the cay to the other. Not that anyone's looking at a stopwatch. Time means very little here.

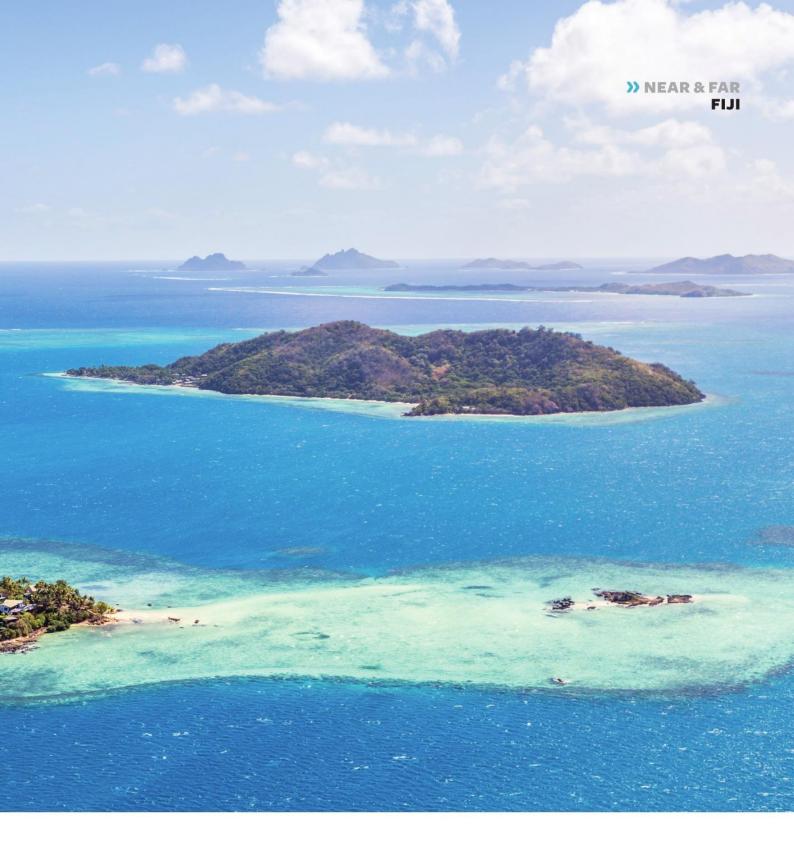
A lot more action awaits when I glide into the shallow, mirrorlike water. Fiji has some of the world's best-preserved coral reefs, home to marine creatures. Swimming above a lively coral garden, I spot countless colorful fishes—some as small as fingernails, others as big as a forearm—darting in and out of these intricate natural mazes. Clownfish, Māori wrasses, butterflyfish ... I recognize some; others zip by too quickly to identify them.

After my swim, I stand knee-deep in the water, watching as the sea continues to recede, and a smaller cay surfaces a few feet away. I wade around in the temperate water.



Soon, Misi pulls up to the island. "Ready?" he asks. Reluctantly, I board the boat, and when I look back, the tiny cays have blended into the flat horizon, disappearing as if the experience had all been a dream.

The boat takes us back to Royal Davui, a 16-villa retreat on a 10-acre private island. Each villa offers



>>> Fiji is known for its secluded islands, resplendent reefs and crystal-clear water. views of the ocean from a private sun deck, plunge pool, and private dining deck, where visitors can enjoy local ingredients in traditional dishes such as *rourou* soup, made with taro leaves and coconut cream.

Royal Davui is green in two senses of the word: For one, it's lush with tropical foliage, including a giant 150-year-old banyan tree that spreads its branches over the land. The resort also has an eye on sustainability. It was built in 2004 without the removal of any existing old-growth trees, and it avoids single-use plastic such as straws.

At dusk, owls, flycatchers and fruit bats herbivores that feast on the juice of ripe fruit

# NONSTOP TO FIJI? DUNES AND LAGOONS?

Fly Fiji Airways and earn Alaska miles.







such as mangoes-perch on giant banyan branches that crisscross in the darkening sky.

And at daybreak, I wake up in time to catch the sunrise. I fold open the French doors that divide the living room from the balcony of my villa, and suddenly it's as though I'm in a treehouse. Waves lap at the rocks below. The star-studded cobalt sky turns purple, then pink, then baby blue before the sun finally appears.

An island, like the coral reefs that surround it, is a dynamic entity. An entire beach can be moved or created after a tropical storm; the knotty mangroves breathe air and filter salt from seawater. I'm content to marvel at nature for hours.

Visitors come from all around the world to unwind in Fiji, and there are many resorts that offer amazing experiences. At Likuliku Lagoon Resort on Malolo Island, honeymooners spend days luxuriating in overwater bungalows with glass floor panels. Vomo Island Fiji, thanks to its 2015 renovation that updated mod-tropical villas with a dash of minimalism, proves you can have a holiday with your kids without compromising grown-up tastes. And at the InterContinental Fiji Golf Resort & Spa on Fiji's main island of Viti Levu—where Fiji's capital, Suva, and main international gateway, Nadi, are located—you can parasail 300 feet above sea level.

The next day, I return to Viti Levu to visit the

InterContinental Fiji and meet up with marine biologist Makelesi Nalasi. From a long stretch of sand on the resort's property, Nalasi, who grew up on the island, is leading our group on excursions to help conserve the coral reefs.

In the water, I travel alongside Nalasi, who is swimming with a bowl of broken live coral bits and stops at a makeshift nursery. It looks like Christmas lights strung between boulders, but instead of lightbulbs, these ropes have lifeforms growing on them.

"Untwist, like so," Nalasi says while demonstrating by untwisting a portion of the rope, "and push the [coral] piece in."

Likuliku Lagoon Resort, above, features overwater bungalows. Visitors to the Sigatoka Municipal Market, below, can find a wide variety of fresh local produce.



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It's a lot harder than it sounds, especially while holding my breath underwater. But after a while, it becomes routine. These fragments will grow on the ropes until they become large and sturdy enough to be grafted onto dead reefs, and will serve as anchoring points for the beginning of new coral colonies.

This is just a small gesture, I know. But it raises awareness among those who participate. Plus, it's a lot of fun to get involved in the aquatic landscape.

Fiji also offers opportunities to learn about the archipelago's produce and culture. On the southern coast of the island of Viti Levu, the town of Sigatoka (pronounced "sing-a-toka") is a commercial hub of just under 10,000 people. Buses and trucks transport people to the town from the surrounding valley of the same name, a fertile farmland dubbed Fiji's salad bowl.

The local farmers run stalls in the Sigatoka Municipal Market, selling colorful eggplant varieties, hairy taro roots and cauliflowers. Tomatoes pile up in cairnlike formations, each mound with a



price tag handwritten on cardboard. In one stall, run by a Fijian family, you can buy mussels, while yet another sells masalas and curry powders prepared in small satchels.

Reflecting Fiji's demographics, the market is a mix of ethnicities. More than half of Fiji's population consists of iTaukei, or indigenous Fijians who descend from the original Melanesian and Polynesian settlers. During British rule in the late 19th



#### AT A GLANCE

#### Popular islands:

- Fiji's main island, **Viti Levu**, features the capital of Suva and the southern Coral Coast with nearly 50 miles of whitesand beaches, as well as the opportunity to view colorful marine wildlife (above).
- Just west of Viti Levu, the **Mamanuca Islands** offer warm turquoise sea and colorful coral reefs, and served as the location for scenes of the film *Cast Away* and the TV show *Survivor: Fiji.*
- The **Yasawa Islands** are a chain of 20 lush islands that make up Fiji's western border, with volcanic peaks, sparkling blue lagoons and many resorts.

#### Lesser-known islands:

- A world-famous diving spot, the Great Astrolabe Reef surrounds the nature-rich island of **Kadavu** in southern Fiii
- **Beqa Island,** just south of Viti Levu, is known for its traditional fire walkers.
- The **Lau Islands**, in the eastern part of the Fiji archipelago, offer a unique mix of Melanesian and Polynesian customs.

Distinctive dish: Kokoda, Fijian ceviche rich with coconut milk, is a must-have at celebrations. If you can't attend a wedding and taste it, head to Tu's Place in Nadi.

Classic drink: Kava, a unique beverage made with the plant of the same name, is shared as part of welcome ceremonies in many communities and at most resorts.

#### **Best local expression:**

"Bula!" is hello, and you'll hear it often during your trip.

**Best time of day:** In the early-morning hours, you can enjoy beautiful views and gentle sunlight.

#### What to take home:

Brilliantly dyed fabrics, wooden turtle-motif bowls, and Pure Fiji cosmetics with tropical scents such as frangipani and guava.

#### Local music/dance style:

Beating of the traditional lali drum accompanies the meke, storytelling through dramatic dancing and song.

—С.K.



Xava, a drink made with the ground root of the kava plant, is an integral aspect of Fijian social ceremonies.

century, Hindi and Tamil speakers also arrived in Fiji, and have continued to preserve their cultures while now living mostly in urban environments.

After visiting the market, I stroll this orderly town, where bakers and tailors have shops inside

weather-beaten Art Deco buildings from the last century.

I'm smitten with Sigatoka's leisurely pace of life. Not that it's behind the times, though. The latest additions to the town are proud "Free Wi-Fi Zone" signs—some set up under shady palm trees.

The approximately 75-mile Sigatoka

River runs through town and also connects the farming communities in the valley. The Sigatoka River Safari promises to show authentic rural life in a village, so I board its jetboat alongside other visitors.

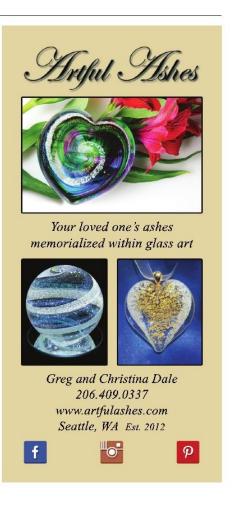
"Rule No. 1: Always wave back," says the captain as he revs up the engine. "They will be offended if you don't return the gesture."

And to my surprise, every person we pass—kids, the elderly and everyone in between—waves at our boat as they cool off, wash horses or carry sacks on their heads in the river.

This kind of welcome is unexpected, especially when children start shouting "Bula," or "Hello," at the top of their lungs.

After an hour, we arrive in Sautabu, a village of around 50 households. As in





every traditional Fijian village, the impressive heart of the community is the bure—a wood-and-straw hut—where the chief lives and greets visitors. The attractive building stands at the end of the neat town square lined with cement homes, and we're ushered there to be officially greeted.

Pause, for a second, and imagine a group of people visiting your town. Would you drop your work to welcome them? I remain ambivalent about the nature of this gathering, torn between wanting a glimpse of village life and feeling like an intruder. Then again, in Fiji, a formal welcome is always in order when visitors from other villages arrive. We just happen to be from places much farther than the next island.

Our captain speaks on our behalf in Fijian. As we're asked, we each say our

name, our hometown, and what we do, to be greeted with a hearty "Bula" from the chief and his family.

Soon two men pour sun-dried roots of a plant that belongs to the pepper family, pounded into a fine powder, into a cloth bag and strain water through it. Kava, a unique drink, is an important part of the social ritual in Fiji, and the village men and the visitors take turns drinking this latte-colored, almost tealike beverage. The drink tastes earthy, and is believed to enhance relaxation.

Next to the community center, I fall into a serious game of peekaboo with a girl who looks to be no more than 3 years old. We're outdoing one another in who can make bigger, more outrageous expressions and gestures, and another kid comes to join us, then another. Next thing I know, a dozen children are following me

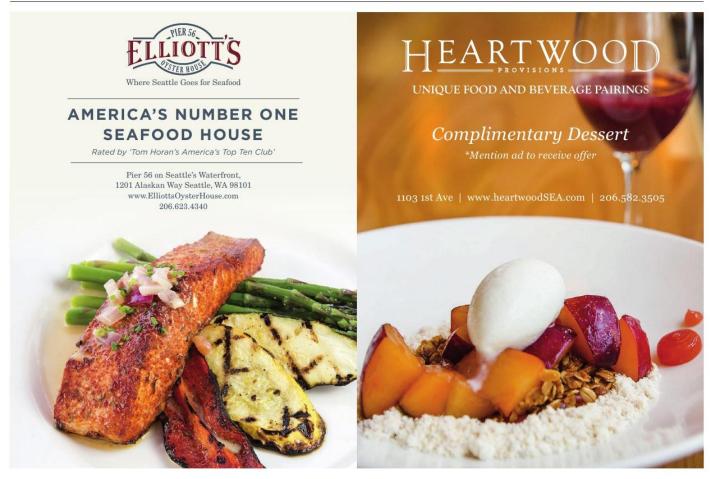
to where the boat awaits. The kids want me to learn their names, including Inosi, Anarieta, Osea, Junior, Raijeli.

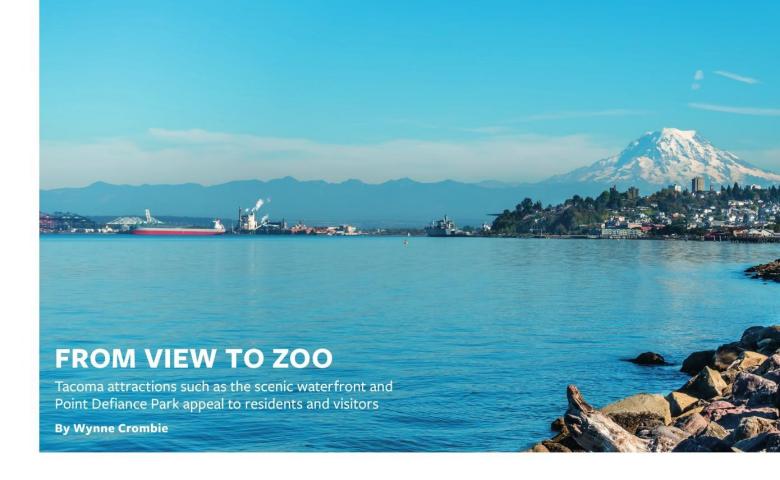
They must have seen plenty of other international visitors, but they seem excited nonetheless to goof around with this stranger, another reminder of the country's welcoming environment.

A shy girl who had been hanging back pushes something into my hand. I unfurl my palm to find a tiny candy, warm and sticky, that she must have been saving for a long time: a parting gift for the road. \*\*

Chaney Kwak is a San Francisco Bay Area-based writer.

Earn or redeem Mileage Plan miles when you visit Fiji on Alaska Global Partners airline Fiji Airways. For information or to join Mileage Plan, see alaskaair.com.





#### >> Sea and mountain views dazzle me as

I head south from the Point Ruston development, near Tacoma's Point Defiance Park, to stroll the Ruston Way waterfront trail. The 2.5-mile paved coastal path between Point Ruston and the Tahoma Salt Marsh is a superb place to walk, take photos or relax on a bench. In the distance to the northwest, I can see the Olympic Mountains, while to the southeast, Mount Rainier serves as Tacoma's backdrop. On the east side of the trail, Commencement Bay, part of Puget Sound, provides a seascape with freighters, ferries and sailboats. A seal even pokes up its head for a minute. To the north lie two emerald isles: Vashon and Maury.

I find music in the lapping of the tide as it gently flows over the rocky shore of the bay, and I find joy in this scenic break from everyday demands. I'm greeted by folks chatting beneath hanging baskets of flowers, while families laugh together at picnic tables along the way.

I blink as a canopied four-passenger bicycle passes me. The double surrey (and other options, including tandems) can be rented seasonally from Wheel Fun Rentals at Point Ruston.

The path also passes various restaurants, including The Lobster Shop, at about the

midway point, where I meet several friends. We have our choice of dining on the deck or inside by a picture window. It's a little breezy, so we select the window table, and enjoy a bay view that complements entrees ranging from more than a dozen lobster dishes to choices such as tender pan-seared Alaska weathervane scallops and rich clam fettuccine.

Commencement Bay, about 30 miles southwest of Seattle, was so named in 1841 by U.S. Navy officer Charles Wilkes, who began a survey of Puget Sound in this bay. Commercial ventures such as timber, mining, shipping and railroad transportation followed. Over the past several decades, however, restoration and revitalization of this once largely industrial waterfront has taken place, including development of the Ruston Way trail. Now this area is a place where residents and visitors enjoy recreation featuring a panorama that's dramatic and compelling whether the weather is wonderfully sunny or dreamily overcast. Last year, Travel + Leisure cited the marvelous view in naming Ruston Way the most romantic destination in Washington state.

When I return to the northern end of the path, I further explore Point Ruston, once the site of a copper smelter but now a "millennial"

village" of apartments, condos, shops, restaurants, bars and a movie theater. The village almost feels like a movie set. Parents and kids stroll with ice cream cones, and I discover that the Ice Cream Social shop has delectable flavors such as Salted Caramel, and Cookies and Cream. This winter, Point Ruston attractions will include an ice-skating rink, November 14 to February 3.

Next year, Metro Parks Tacoma expects to complete a seamless connection from the gorgeous Ruston Way shoreline trail to Point Defiance Park, providing easy access to existing park trails such as the route to Owen Beach. A key part of the new path linking Point Ruston





and Point Defiance Park will be a pedestrian/ bike bridge, which will also offer views of Puget Sound, the Olympic Mountains and Mount Rainier. At pebbly Owen Beach, visitors can enjoy waterfront picnic shelters with grills. In addition, kayaks and motorboats can be rented seasonally from The Point Defiance Marina near the beach

Point Defiance Park, with 760 acres, and waterfront on three sides, is also home to Point Defiance Zoo & Aquarium, which showcases more than 590 different animal species. In September, it opened a new Pacific Seas Aquarium, which includes the 280,000-gallon "Baja Bay," where hammerhead sharks, eagle rays, soldierfish and sea turtles glide through the water. Other habitats in the Pacific Seas Aquarium spotlight creatures such as jellyfish, anemones and a giant Pacific octopus.

The aquarium has had a special place in my heart since childhood, when I came to see my hero Dub-Dub (1938-1972), the star seal. Nowadays, I can amble from the "Arctic Tundra" to the "Asian Forest Sanctuary," and in the future, I hope to participate in the hourlong "Eye-to-Eye Shark Dive."

Participants are lowered, in a sturdy cage, into 75-degree water, to see real sharks-more

# HERE&NOW»



#### ARTS EXPERIENCES

>> The glassblowers have just returned from lunch when my friends and I enter the Hot Shop (shown above) at the Museum of Glass (museumofglass.org), along another section of revitalized Tacoma waterfront, the Thea Foss Waterway and the Foss Waterway Esplanade in downtown Tacoma. Thea Foss was the founder of a large tugboat company in the late 1800s, and she is said to have been at least part of the inspiration for the Tugboat Annie stories and movie.

The tiered seating in the Hot Shop accommodates around 200 people. We watch, fascinated, as the glassblowers "gather" molten glass, from a 2,100degree furnace, onto the ends of their blowpipes, and use techniques such as rolling, turning, torching and, of course, blowing, to achieve the desired forms.

Seattle artist David Walters, who has worked with world-renowned glass artists such as Italy's Lino Tagliapietra and Tacoma native Dale Chihuly, will be in the Hot Shop Nov. 23-25. The museum also regularly offers workshops for visitors to make their own glass creations, and presents exhibitions featuring 20th and 21st century glass art by famous and up-and-coming artists.

Some of the many additional attractions in Tacoma's vibrant arts scene include the following:

Tacoma Arts Live (tacomaartslive. org): This nonprofit performing-arts organization manages four venues: The Tacoma Armory (1909), The Pantages (1918), the Rialto Theater (1918) and the

Theater on the Square (1993). Year-round performances range from live theater productions to operas, from pop music to symphonies, from ballets to holiday concerts.

#### Glassworks at the Hotel Murano

(murano.com): Named

for the famous Murano glassblowing island in Italy, the hotel displays a curated collection of contemporary glass art from the Northwest and around the world, including notable pieces in the



hotel lobby (such as shown above); docent-led tours for a modest fee are available with advance scheduling.

Tacoma Art Museum (tacomaartmuseum.org): The museum emphasizes art and artists from the West, including an extensive collection of art by Dale Chihuly. Exhibitions include "Sun, Shadows, Stone: The Photography of Terry Toedtemeier," through Feb. 17. Toedtemeier (1947-2008) was an Oregon photographer known for his landscape images.

## **Tacoma Glassblowing Studio**

(tacomaglassblowing.com): Expert glassblowers will lead you in an hourlong "Glassblowing Experience" to create your own piece of glass art to treasure. Private lessons, four-hour workshops and fourweek classes are also available. - W.C.

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#### >> HERE & NOW **SEATTLE**

than a dozen—swim by. The "divers" are provided with masks and mouthpieces for surfacesupplied air, and with drysuits that seal out water, so aquatic explorers can wear their own clothes underneath.

Special events at the zoo/aquarium include Zoolights, featuring more than 700,000 twinkling lights, with many displays in animal shapes, taking place November 23-January 6 this year.

Another attraction I enjoy at Point Defiance Park is the Fort Nisqually Living History Museum, based on the Hudson's Bay Company's 1800s trading post. Two of the original buildings, the Factor's House and the Granary, were

relocated to the park from the original fort site. I enter the two historical structures and then step inside replicas of a trade store, a blacksmith shop, a house for laborers, a demonstration kitchen and a kitchen garden.

At least one costumed volunteer is onsite every day to provide information, while themed living-history events take place approximately once a month. I'm fortunate to be visiting when costumed reenactors are demonstrating basketmaking, woodworking and blacksmithing. The reenactors take questions, so I ask the blacksmith, whose craft looks challenging, "Do you ever burn yourself?"

"Not yet!" he replies.

After my Fort Nisqually Museum visit, as I'm leisurely walking through Point Defiance Park at the end of my Tacoma adventures, I happen to meet a friendly local named John, who tells me he has biked from his home in the Point Ruston community to pedal Point Defiance Park trails. He dismounts to walk his bike so he can chat with me, and he seems to have the perfect take on the Ruston-area waterfront experience. "It's the best place in the world to observe how humans and nature intertwine," he says. "And it's a wonderful alternative to 

Wynne Crombie grew up in Tacoma.

#### SOME TACOMA-AREA FAVORITES



#### **Bluebeard Coffee Roasters**

(bluebeardcoffee.com): The roastery and cafe focuses on quality beans from Latin America and East Africa, roasted with a "perfect medium" style.

Chambers Bay Golf Course (chambersbaygolf.com): This links-style public course, which hosted the 2015 U.S. Open and will host the 2021 U.S. Amateur Four-Ball Championship, is expected to reopen this March

Harbor Lights (anthonys.com): The iconic waterfront restaurant is known for its breathtaking view and fresh seafood, including a 3-pound bucket of steamed clams.

after putting-greens resurfacing.

Katie Downs Waterfront Tavern & Eatery (katiedowns. com): The bay-view restaurant offers everything from gourmet pizza and burgers to fresh seafood, plus Northwest brews, wines and spirits.

#### La Paloma Artisan Market (pointruston.com/artisanmarket): The lively market, Friday evenings, mid-June to

late October, is expected to return next year.

LeMay-America's Car Museum (americascarmuseum. org): The 165,000-square-foot



museum typically has 300 cars, trucks and motorcycles on display. The exhibit "Heroes of Bavaria-75 years of BMW Motorsports" (shown above) is on view into May 2019.

Purpose Boutique (purposeboutique.com): The socially minded boutique touts a fun,

personalized styling experience, featuring products from companies with missions that include "helping survivors of injustice."

#### Stadium High School

(tacomaschools.org): Called the "Magic Castle," the building opened as a high school in 1906. Scenes from the 1999 movie 10 Things I Hate about You were filmed here. The school is a closed campus during the school day but can be viewed from the sidewalk.

Tacoma Dome (tacomadome. org): This impressive space-530 feet in diameter and 152 feet tall—hosts premier events ranging from sports competitions to concerts. Justin Timberlake is performing Nov. 12 and 13.

Tacoma Rainiers (tacomarainiers.com): The Seattle Mariners' Triple-A affiliate draws enthusiastic fans to Cheney Stadium during baseball season. The first 2019 home game will be April 9.

#### **Tacoma Union Station**

(gsa.gov/historic-buildings/ tacoma-union-station-tacomawa): Completed in 1911, the station is known for its beautiful Beaux-Arts architecture and tall central dome. It is now a federal courthouse.

Tickled Pink (www.tickledpinkretail.com): Tickled Pink's Point Ruston location opened in July and offers stylish accessories such as scarves and hats.

#### **Washington State History**

Museum (washingtonhistory. org): Interactive exhibits, hightech displays and artifacts tell the story of the state from past to present. The exhibit "Two Centuries of Glass," on view through Feb. 10, features everyday glass used over the past 200



years, including Depression-era glass, glass tools for exploration and industry, decorative glass, and art glass.

For more information on Tacoma-area attractions and activities, see traveltacoma. com. -W.C.



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#### **HOLIDAY TRADITIONS**

By Michele Andrus Dill

>> Since 1975, Pacific Northwest Ballet (pnb. org) has been delighting audiences with The Nutcracker, which has become an annual holiday favorite. Over the years, the ballet company has staged three different versions, each mesmerizing audiences in its own way.

The current production, which premiered in 2015, is known for its colorful combination of dancing, costumes, design and staging. The production features George Balanchine's long-acclaimed choreography for The Nutcracker. The costume and scenic designs were created by famed children's author Ian Falconer. The production was staged by three nationally known dancers-Judith Fugate, Peter Boal and Garielle Whittle, all of whom danced with New York City Ballet. After retiring from New York City Ballet in 2005, Boal became the artistic director of Pacific Northwest Ballet.

From the jeweled headpiece for the prancing Peacock dancer to the 760 fabric petals for the skirts of the graceful Flowers (shown above), to the magnificent Winter Star glass

art by Dale Chihuly in the "snow" scene, the production is visually vibrant. Alaska Airlines is the title sponsor of PNB's production of The Nutcracker, Nov. 23-Dec. 28 this year.

Another local holiday tradition is A Christmas Carol, being produced by ACT Theatre (acttheatre.org) for the 43rd year. Ebenezer Scrooge's transformational journey will be staged Nov. 23-Dec. 28. The production is being directed by ACT artistic director emeritus Kurt Beattie, who says: "A Christmas Carol is one of the greatest stories ever told. It moves me every year, and it reminds me of how essential human love and kindness are to civilization. ..."

At iconic Seattle Center, Winterfest (seattlecenter.com/ winterfest) celebrates its 32nd year, Nov. 23-Jan. 6, with decorations (as shown at right), a model-train village, ice sculpting, carolers, comedians, magicians



#### >> HERE & NOW **SEATTLE**

and other performers. Alaska Airlines is a sponsor of Winterfest and Seattle Center.

In Bellevue, east of Seattle, the Kemper Freeman Family and The Bellevue Collection shopping/dining/entertainment destination present Snowflake Lane (snowflakelane.com) for the 14th year. The nightly 20-minute show and parade, Nov. 23-Dec. 24, features falling snow, jingle belle dancers, toy drummers, snow princesses, lights, floats (as shown below), sing-alongs and the arrival of Santa. Also in



Bellevue, enjoy the Bellevue Downtown Ice Rink, presented by Alaska Airlines Mileage Plan, Nov. 23-Jan. 13 (bellevueicerink.com).

The Argosy Cruises Christmas Ship Festi-

val, a tradition since 1949, features lights-adorned boats that cruise to numerous waterfront communities, with choirs performing onboard, Nov. 23-Dec. 23. Festival sponsors include Alaska Airlines (argosycruises.com/argosy-cruises/ christmas-ship-festival).



#### GO TO: Leavenworth

Enjoy activities such as snowshoeing, skiing, sledding, tubing, sleigh rides, dogsledding and snowmobiling this winter in the Leavenworth area (leavenworth.org), about 120 miles east of Seattle. In addition, special events include the Bavarian-style Christkindlmarkt, Nov. 23-25, for holiday shopping, crafts, festivities and a lantern parade, and the Christmas Lighting Festival, Nov. 30, Dec. 1-2, 7-9, and 14-16, featuring more than half-a-million lights, musical performances, costumed characters and roasted chestnuts.

#### >> HERE & NOW **SEATTLE**

#### CALENDAR



The Seattle International Comedy Competition, featuring comedians from various parts of the world, takes place Nov. 1-25 at 18 venues throughout the Puget Sound region (seattlecomedycompetition.org).

On Veterans Day, Nov. 11, free entrance for day use is offered at all of Washington's 125 state parks (parks.state.wa.us) and also at national parks such as Mount Rainier National Park and Olympic National Park (nps.gov).

TEDxSeattle 2018, with a theme of "Tall Order," focusing on significant and potentially unreachable challenges, is taking place Nov. 17 at Seattle Center (tedxseattle.com).

Pay a holiday visit to Mr. and Mrs. Darcy of Jane Austen fame via the play Miss Bennet: Christmas at Pemberley (shown above), Nov. 21-Dec. 29, at Taproot Theatre Company. The comic revisiting of a Pride and Prejudice locale was written by the nationally known Lauren Gunderson and Margot Melcon (taproottheatre.org).



Thanksgiving walks/runs, all but one on Nov. 22, include Beat the Bird in Bellevue (shoesnfeet.com); the Hopelink Turkey Trot in Kirkland, Nov. 18 (hopelink.org/turkeytrot-2018); the Seattle Turkey Trot in the Ballard neighborhood (seattleturkeytrot.org); and the Tacoma City Turkey Trot in the city's Proctor District (tacomacityturkeytrot.com).

Take a night ride on the hand-carved horses and two chariots of Woodland Park Zoo's carousel, which turned 100 this year, during WildLights, Nov. 23-Jan. 5. The holiday display features more than 600,000 lights (zoo.org).

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# >> HERE & NOW SEATTLE



The outfield at the Seattle Mariners' **Safeco Field** will be turned into a giant light maze (as shown above), with falling snow, for **Enchant Christmas**, Nov. 23–Dec. 30. The infield will have an ice-skating trail; live music will be performed in The 'Pen; and the concourse will host an artisans market (enchantchristmas.com).

Himalayan handicrafts will be available for purchase at the Sakya Monastery of Tibetan Buddhism in Seattle, Dec. 2. Tibetan tea will be served, and a noon guided tour of the Shrine Room, which includes a triple-life-size golden Buddha statue, will be available (sakya.org).

The **Seattle Jewish Chorale**, marking its 10th anniversary this year, will present a "**Spice & Light: A Sephardic Chanukah Celebration**" concert, Dec. 9 (seattlejewishchorale.org).

The Seattle Men's Chorus will perform its "Jingle All the Way" concert, Dec. 9, and 16, 20, 21 and 23 at Benaroya Hall in Seattle, as well as Dec. 8 at the Rialto Theater in Tacoma and Dec. 15 at the Everett Civic Auditorium (seattlechoruses.org). Alaska Airlines is a sponsor of the Seattle Men's Chorus and Seattle Women's Chorus.

The Washington State Jewish Historical Society has launched the interactive digital Washington Jewish Museum, with the premiere exhibit "Agents of Change: 20 Remarkable Jewish Women of Washington State." The exhibit features nationally recognized women such as Sue Bird, Carrie Brownstein, Suzi LeVine and Nancy Pearl (wsjhs.org).

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# THE LASTING HERITAGE OF PORTLAND'S CHINATOWN

The historical neighborhood remains a center of the Asian community

By Susan G. Hauser

)) In the late 1800s, Portland's Chinatown was one of the country's largest such enclaves. It was a bustling whirlwind of activity, full of businesses, shops and restaurants.

"The Chinese helped establish Portland," explains Jacqueline Peterson-Loomis, executive director of the Portland Chinatown Museum. The 9,600-square-foot museum, which opened in June, is already a gathering place to enjoy visual and performing arts and to delve into the local Chinese community's history, which dates from before Portland's 1851 founding.

The museum's permanent exhibit, "Beyond the

#### >> HERE & NOW

#### **PORTLAND**

Gate: A Tale of Portland's Historic Chinatowns," will open December 15. The exhibit is curated by Peterson-Loomis and Assistant Director Jennifer Fang, and is designed by Carey Wong, a well-known Seattle set designer. Wong grew up in Portland, visiting Chinatown often with his family to shop and dine.

The exhibit emphasizes the cultural contributions of one of Portland's first immigrant populations. Vignettes re-create Chinese organizations and businesses, including a dry-goods store that was active in the community until the 1930s.

The displayed equipment looks pristine; family members had kept the items in storage for nearly 90 years.

"The museum is located in what remains of Portland's Chinatown—a very small footprint of what the community used to be at its height," says Wong.

Originally in the heart of downtown, the Chinatown District shifted north to the Old Town area in the early 1900s.

Today, the 440-acre historic district, known as New Chinatown, sits on the western bank of the Willamette River and extends north from West Burnside Street to Union Station, with Northwest Broadway Avenue being its western border. It also includes parts of what used to be known as Japantown.

The New Chinatown area remains an important center for the Asian community, even though many Asian residents have left the district and moved to other parts of the city in recent decades.

Other Asian centers include Southeast Portland, particularly the area near Southeast 82nd Avenue and Southeast Division Street, a neighborhood known as the Jade District. In addition to myriad restaurants, the district is home to the Fubonn Shopping Center, Oregon's largest Asian shopping mall.

In New Chinatown, the iconic 38-foot-tall Chinatown Gate was built in 1986, with two guardian lions keeping watch at the Fourth Avenue/Burnside Street entrance to the district. There are also dozens of red-and-gold ornamental streetlights throughout the district, and certain streets are occasionally

closed to vehicles for lion dances and various community celebrations.

While New Chinatown is unlikely to return to the size and scope of its heyday, the area is seeing revitalization, with ongoing redevelopment that includes the history museum, new hotels and a vibrant restaurant scene.

The Red Robe Tea House & Cafe is next to the museum and is one of the newer restaurants in the neighborhood. Pearl Zhang and her husband, Raymond Liu, opened the highly rated Red Robe Tea House & Cafe in 2011



>> The Chinatown Gate, left, at the entrance to Portland's Chinatown, stands 38 feet tall. A tea serving from the Red Robe Tea House & Cafe, above, a popular Chinatown restaurant. The Lan Su Chinese Garden. below, is one of the district's largest draws.

because, as Zhang notes, "Chinatown was the best place to start a business."

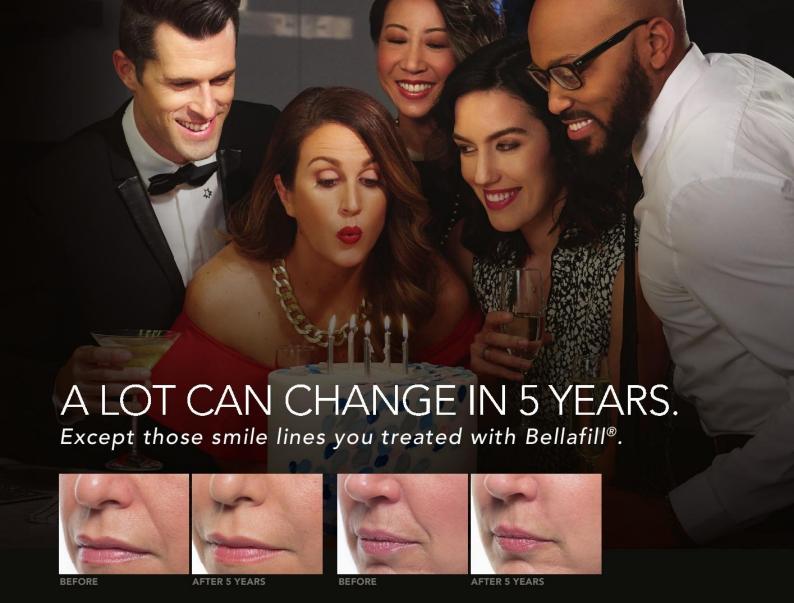
The cafe joins the ranks of restaurants such as Chen's Good Taste, The Republic Cafe and Golden Horse Seafood. Longtime local favorite Hung Far Low first opened its doors in 1928 and then relocated in 2005. However, its iconic sign, which was restored in 2010, remains a neighborhood landmark.

One of the neighborhood's biggest draws is the Lan Su Chinese Garden on Northwest Everett Street. The 40,000-square-foot garden was built in 2000 in partnership with Portland's sister city, Suzhou, China.

More than 60 artisans from Suzhou labored for months to build this exquisite retreat from urban life. The walled garden, filling an entire city block in Chinatown, is meant to represent a wealthy family's estate during the Ming Dynasty (1368-1644). The garden features a lake, meandering pathways, bridges, pavilions, a two-story tower housing a teahouse, and more than 500 Oregon-grown plant and tree species, most of which are indigenous to China. It is a relaxing and tranquil setting.

Sitting on a stone wall next to the lake, I gaze at the water's reflection of colorful leaves. The garden is the perfect place to contemplate the lasting heritage of Portland's Chinatown.





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### **GETTING AWAY** TO THE DALLES

Exploring the cozy town along the Columbia River

#### By Eileen Garvin

>> Nestled along the banks of the windkissed Columbia River, The Dalles is a charming community that offers a fun and easy weekend getaway.

The town of about 16,000, located 80 miles east of Portland, is a great place from which to explore the Columbia River Gorge National Scenic Area, with its spectacular basalt formations and breathtaking views.

You can also learn about the region's cultural history and enjoy the town's budding food and drink scene. The following are some of the top activities in the area.

A fall or winter driving tour of the area around The Dalles offers an abundance of scenery. While parts of the Historic Columbia River Highway are closed for renovation, you can travel about 15 miles west from The Dalles up to the Rowena Crest Viewpoint, where you will see, from a basalt bluff, dramatic views of the Columbia River and the surrounding land-

scape. Other places to visit include Celilo Park, located about 15 miles east of The Dalles on the banks of the river. The popular park is a great location for a picnic and offers access to the water. In warm weather, the park is usually crowded with windsurfers, who use the green space as a launching site onto the river to enjoy the prevailing winds.

On the Washington side of the Columbia River, visit the Columbia Hills Historical State Park, located about 9 miles northeast of The Dalles. The park has more than 3,600 acres and includes a variety of hiking trails and climbing rocks, including Horsethief Butte, a popular stop for climbers of all skill levels.

About 25 miles east of the Dalles on the Washington side is the Maryhill Museum of Art, an amazing facility perched above the Columbia River. The Beaux-Arts style building was built by entrepreneur and businessman Samuel Hill and sits on a bluff, with spectacular views of the area.

The museum is open through November 15 and then closes until March. Be sure to explore Maryhill's Auguste Rodin sculpture collection; the collection of art, photographs and artifacts from North American Native Tribes; and exotic chess sets from around the world. Also worth



The Rowena Crest Viewpoint, top, on the Historic Columbia River Highway, offers spectacular views of the Columbia River Gorge. The route of the river through the gorge is depicted in black glass on the floor of the Columbia Gorge Discovery Center & Museum's River Gallery.



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# >> HERE & NOW PORTLAND

a visit is the nearby Stonehenge Memorial, a replica of the prehistoric monument in Wiltshire, England. About a mile west of the museum is the Maryhill Winery, owned by Craig and Vicki Leuthold. The winery offers excellent vintages, breathtaking views and four bocce ball courts. Stop by November 17–25, except Thanksgiving, to try Maryhill's fall releases.

Attractions in The Dalles itself include the Columbia Gorge Discovery Center & Museum, where you can learn about the rich natural history that earned this region a National Scenic Area designation in 1986. The museum has a series of permanent exhibits on subjects such as the Ice Age, local Native American Tribes and the Lewis and Clark Expedition, which passed through the area.

The museum also presents rotating special exhibits and events. This month, Darryl Lloyd, author of *Ever Wild: A Lifetime on Mount Adams*, will speak on November 2, and the Columbia River Indian Autumn Gathering will be held on November 10, with workshops and many activities.

Also, every Saturday and Sunday in the fall and winter, the center features a Raptor Interpretive Program, in which visitors can see live birds of prey, including eagles, owls, a hawk and a kestrel.

Drop by Nichols Art Glass to see the elegant, intricate glass fish made by artist Andy Nichols, or try making your own glass creations during a class in the gallery's studio. Just in time for the holidays, Nichols and his staff will help visitors create their own lovely ornaments. Glass-blowing sessions begin the Friday after Thanksgiving.

The Dalles area is also a burgeoning wine center, with multiple wineries and vineyards. One of the best places to try local wines is at the Sunshine Mill Artisan Plaza & Winery, home to the Quenett and Copa Di Vino brands. The former flour mill, which dates back more than 130 years, is owned by James and Molli



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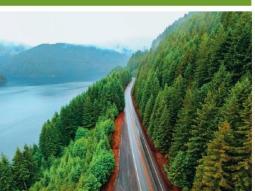
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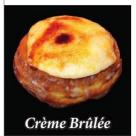
Come out for a Wine Country Thanksgiving, November 23rd through November 25th, where hundreds of wineries offer special tastings, food pairings, and live music. Each unique experience will inspire new family traditions to enjoy for years to come. Learn more about the Willamette Valley at TRAVEL oregonwinecountry.org. OREGON







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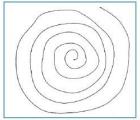
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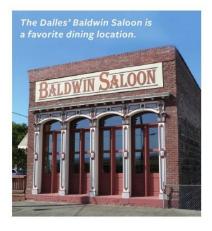


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#### >> HERE & NOW **PORTLAND**

Martin, who first started making wine in 2002. The brightly painted belts and chutes of the mill create a fun atmosphere for wine-tasting and enjoying a light lunch. If you prefer beer, drop by Sedition Brewing Company and Freebridge Brewing.

At the east end of town is The Dalles Lock and Dam, one of 14 dams on the 1,243-mile Columbia River and one of the 10 largest hydropower dams in the United States. The park and trails near The Dalles Dam offer places to spot the



brilliant white heads of bald eagles roosting in adjacent trees. In winter, eagles are drawn to the secluded area next to the dam to feed on river shad. Each January, the dam visitor center, which is closed in winter, reopens on weekends to hosts special eagle-watching events for viewing the birds of prey as they swoop and feed.

At dinnertime, drop by the Baldwin Saloon. First opened in 1876 as a watering hole for river and railroad workers, the establishment serves a menu of fresh and eclectic dishes that range from seafood and steaks to vegan fettuccine. And you can stay the night at Celilo Inn, a hotel perched on a hill just east of town.

The inn offers a free glass of local wine at check-in and has stunning views of Mount Hood, The Dalles Bridge and the dam. Enjoying the wine and the vista outside the hotel is a great way to end a Columbia Gorge getaway. X





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**>>> Children and parents** loft kites high above the mile-long expanse of golden sand at Carmel River State Beach. Other visitors picnic along the banks of a tranquil freshwater lagoon near the mouth of the Carmel River. Beachgoers have assembled driftwood here and there into playful sculptures that dot the beach.

Carmel River State Beach, which is part of the California State Parks system, faces lovely Carmel Bay, and is characterized by carefully protected coastal charm. My wife, Georgina, and I live just north of here, in the city of Carmel-by-the-Sea. We stroll hand in hand along the beach, admiring the rippling water rolling in. Due to strong tides, this area isn't recommended for wading or swimming, but



we follow a winding trail to the lagoon, which provides sanctuary for many species of birds. Wetland reeds help to harbor resident ducks, egrets and brown pelicans. There are also swallows, herons and northern harriers.

We continue to the top of a packed-sand hill, where we take in sweeping views of the gleaming sea. To the south, Monastery Beach, which is also part of the state park, is popular with scuba divers. Inland, visitors enjoy dining, golfing, wine-tasting and horseback riding in Carmel Valley, which the river has carved out through oak-and-chaparral-covered hills.

A trip to Carmel River State Beach is one of several favorite excursions that remind us of the range of experiences available near our home base in Monterey County—an area with abundant natural beauty and intriguing history.

Several miles north of the beach, we explore the lovingly preserved historical houses of Pacific Grove, a city of about 16,000 people, adjacent to the city of Monterey. Hundreds of Pacific Grove buildings predate World War II, and a half-dozen are listed on the National Register of Historic Places. Many gingerbreadstyle houses built in the late 19th and early 20th centuries have been converted to bedand-breakfast inns, cozy cafes and shops, such as the three side-by-side Marita's stores that sell men's and women's clothes, shoes and

>>> Monterey County highlights include Carmel River State Beach, above; The Hart Mansion, below; a jellyfish exhibit at Monterey Bay Aquarium, right; and monarch butterflies that visit Pacific Grove, bottom right.

locally crafted accessories from 1890s wooden Victorian storefronts on Lighthouse Avenue.

The avenue's other delights include The Hart Mansion, an 1893 white-and-blue Victorian property to observe from the street, and the butter-yellow Gosby House Inn, an architectural wonder built between 1886 and 1888, and listed on the National Register of Historic Places. An early 20th century building on Lighthouse Avenue houses the Pacific Grove Art Center, a nonprofit cooperative with 17 resident art studios and frequently changing gallery exhibits of original works by local artists.

From the corner of Lighthouse Avenue and Forest Avenue, Georgina and I turn northeast on Forest for a self-guided historical-houses walking tour, which takes us downhill about three blocks toward the Monterey Bay Coastal Recreation Trail. Some of the heritage buildings on Forest feature small signs that identify the original owner and year of construction. One green-shingled Victorian is identified with "Amanda McElroy 1880." Also sharing this part of the avenue, which has more than a dozen





past-meets-present private homes, are "Margaret Porter 1891" and "Mrs. S. A. Virgin 1888."

We reach the Monterey Bay Coastal Recreation Trail and take it north a tenth of a mile to Pacific Grove's Lovers Point Park, which has grassy areas and sandy beaches. Then we stroll southeast about 2.5 miles along the trail to bustling Fisherman's Wharf in the city of Monterey. The route takes us past repurposed buildings containing the shops and restaurants of Cannery Row. Many sights along this stretch are familiar to fans of HBO's Big Little Lies series, parts of which were shot in this area. Cannery Row is also, of course, the setting of John Steinbeck's 1945 novel of the same name.

Perhaps the biggest star along Cannery Row is the Monterey Bay Aquarium, constructed in the mid-1980s on the site of the 1916 Hovden

Cannery building. With family-friendly interactive exhibits, massive glass tanks for close-up looks at aquatic wonders—leopard sharks and seven-gill sharks, dazzling tropical fish, translucent jellyfish, a kelp forest and more—this acclaimed nonprofit aquarium is the place to dive into all things oceanic.

I've seen squadrons of happy schoolchildren every time I've visited, and adults find the aquarium appealing, too. Favorite exhibits include a virtual "Mission to the Deep," with its 360-degree video presentation of robotic dives in Monterey Canyon, where ocean waters are nearly 12,000 feet deep, and "Tentacles," an ongoing exhibition of living squid, cuttlefish and octopuses. It's a fine place to wrap up our seaside explorations of the Monterey area. ⊀

David Armstrong writes from Monterey County.

#### **ALSO OF NOTE**

Big Sur/Highway 1 (bigsurcalifornia.org): One of the most iconic drives in America runs south about 30 miles from the city of Monterey on Highway 1, past redwoods, beaches and cliffs to rustic restaurants and shops in the Big Sur Village area. It continues nearly 70 miles more to the historic Hearst Castle.

Sections of the route reopened this year after repairs and are still undergoing maintenance. For updates, visit the website above.

**Munras and Alvarado** streets (seemonterey.com): These downtown Monterey streets are a hub of attractions that include the 1920s Golden State Theatre, a venue for touring music and comedy headliners; a year-round Tuesdayevening market; and Fieldwork Brewing Co.'s craft-beer garden.

**Pacific Grove butterflies** (cityofpacificgrove.org/visiting/ monarch-butterfly-sanctuary): Migrating monarch butterflies are protected in the city-owned Monarch Butterfly Sanctuary. Tours are available when monarchs cluster (Oct.-Feb.). -D.A.



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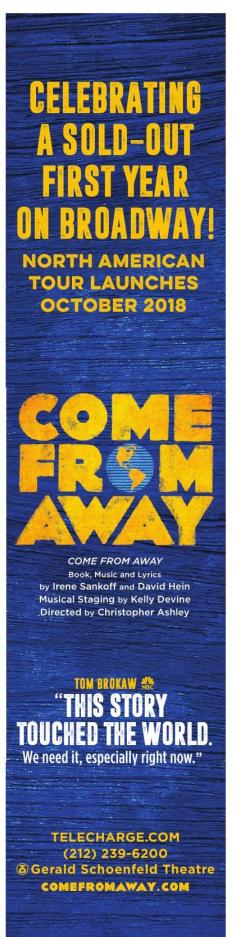




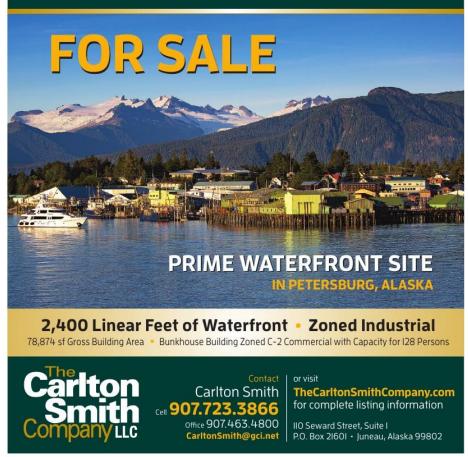












#### **ALASKA**



## **WILD RIDES**

Sled dog adventures showcase the best of Alaska's winters

**By Eric Lucas** 

Many visitors sampling sled dog excursions in Alaska ride up front, bundled in fleece and blankets, while the kennel operator drives the sled. But on my trip with Just Short of Magic, I'll be doing the driving while business owner Eleanor Wirts rides up front.

First, a tutorial. Wirts has me drive with her standing behind me, so I can get a feel for what it's like to command a sled pulled by a powerful team of dogs. She says the command "Gee" tells the dogs to go right and "Haw" tells them to go left. Though the dogs know the trail, these commands are helpful, Wirts explains, and mushers have been using them for centuries.

Then we talk about the brake. "We never let the dogs just run full speed. We want to keep the pace at about 8 to 10 miles per hour—a nice, steady trot," she says. A drag mat helps keep the team under control, but the sled also has a clawlike brake that will stop the team

completely when I stand on it.

"I think you're ready," Wirts says. "Now just try to have as much fun as the dogs."

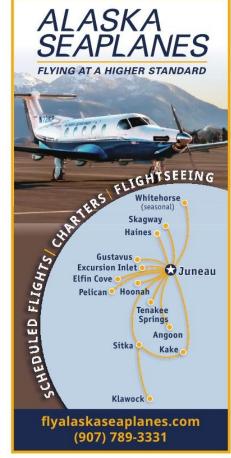
We cruise along a well-groomed 8-foot-wide trail in the Two Rivers area about 25 miles east of Fairbanks, through birch and spruce woods glistening in the winter sun. The sense of exhilaration transmitted from dogs to driver (that's me) is boosted by the crisp air, the bright light and the sibilant sound of the sled runners on the dry snow.

Dogs such as the eight-member team in front of me have been running for generations, helping to transport people and supplies on sleds in circumpolar regions. Snowclad woodlands are thus the most common venue for Alaska visitors to enjoy the sled dog existence.

"Life has been enhanced by these dogs around the world, and when you look at Alaska's recognition of dogsledding, official and informal—especially among indigenous











peoples—there's really no place that embraces it more," says Chas St. George, chief operations officer of the Iditarod Trail Committee, which sponsors the famous sled dog event and one of the world's highest-profile races.

Sled dogs are certainly omnipresent in Alaska, and not just during major races. In winter, recreational paths may have mushers running almost any day, and the distinctive yipping of dogs getting ready to run is a common soundtrack in most places. It's hard to know for sure how many sled dogs there are in the state, but industry leaders estimate there might be a thousand sled dog kennels. Figure at least a dozen dogs per kennel, and you've got many thousands of dogs.

Ways to enjoy sled dog adventures include helicopter tours to glaciers, where visitors are pulled by sled dog teams across fields of ice; and mushing schools, which offer an inside look at the sled dog lifestyle. Some kennels, such as Lisbet Norris' Arctic Dog Adventure Co., even host summer hikes, during which visitors explore boreal forests on foot while

tethered to a trotting Siberian husky.

"There's no better way to enjoy the outdoors, especially in winter," says St. George, an avid practitioner of skijoring, a sport in which participants on skis are pulled by either a horse, vehicle or dog.

I agree that dogsledding is about as fine an outdoor experience as one can have. The dogs are delightful, with a clear affection for three key things in the world: people, running and salmon, which has been their mainstay food for centuries. When you meet dogs in the kennel, at first you think their people-centered enthusiasm is No. 1-an impression quickly dispelled when they are harnessed to the sled, and you set out running.

When the Just Short of Magic team and I pull back into the dog yard about an hour after leaving, I think I'm more out of breath than the dogs. Before the team is unharnessed, I visit each dog to say thanks for the adventure. "Fantastic job," I declare.

Their nodding heads and wagging tails seem to say: Great, let's go again. \*

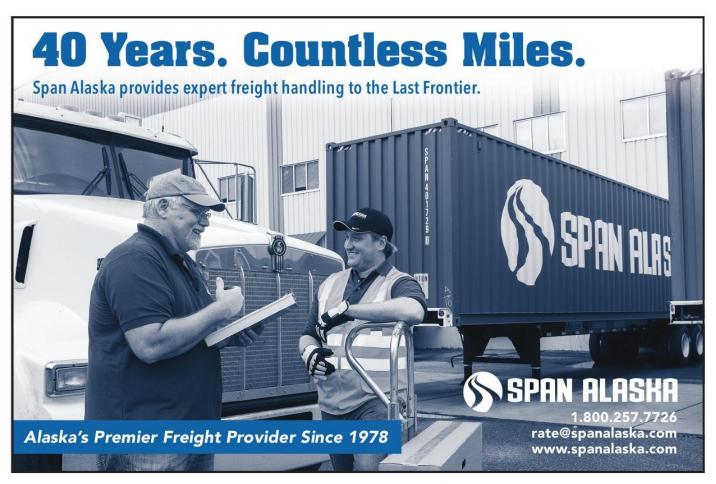
#### · Alaska Mushing School,

Wasilla: Mushers in the Mat-Su Valley north of Anchorage offer classic sled dog rides as well as drive-yoursled, half-day and full-day adventures (alaskamushingschool.com).

- Arctic Dog Adventure Co.,
- Fairbanks: Summer hikes keep dogs ready for winter overnight excursions into the White Mountains. Guests stay in cabins at Tolovana Hot Springs (arcticdogco.com).
- Just Short of Magic, Fairbanks: In addition to mushing-school and half- and one-hour sled dog sessions, this kennel has a Yurt B&B (justshortofmagic.com).
- Salmon Berry Travel & Tours,

Anchorage: Visitors are transported to Talkeetna, where they drive sleds through boreal forests with views of Denali (salmonberrytours.com).

Visit travelalaska.com/things-to-do/ winter-activities/dog-sled-tours.aspx for more ideas. —E.L.







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# Flyer guide

Your overview of the Alaska experience.

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# **Everything Alaska**

## A look at all we offer.

Start every trip at alaskaair.com.



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- Check out our weekly flight deals
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- Check in from your phone
- No more paper—access mobile boarding pass and Alaska Lounge membership card
- Access Mileage Plan information
- Pre-reserve meals







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Lounge members enjoy access to our seven lounges in Seattle, Portland, Los Angeles, New York-JFK and Anchorage, and more than 60 affiliated lounges worldwide. Warm pancakes at breakfast, and soups, salads and snacks are available throughout the day, plus a fully stocked bar and Starbucks® coffee. Get more details at alaskaair.com/lounge.



B737-900/900ER

Range: up to 2,720 miles Seats: 178 B737-800

Range: 2,920 miles Seats: 159 B737-700

Range: 2,985 miles Seats: 124 B737-700F (freighter)

Range: 2,985 miles Capacity: 9-10 cargo containers You'll find Boeing's new Space Bins, offering 48% more stowage space, on our 737-900ER aircraft.

# Regional fleet.



#### Bombardier Q400

Range: 1,114 miles Seats: 76 Operated by Horizon Air



#### Embraer E175

Range: 2,150 miles Seats: 76 Operated by Horizon Air and SkyWest Airlines

## Airbus fleet.



Airbus A319

Range: 2,986 miles Seats: 119 Airbus A320

Range: 2,855 miles Seats: 146-149 Airbus A321neo

Range: 3,072 miles Seats: 185

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#### HIT MOVIES ON ALASKA BEYOND ENTERTAINMENT:











Deadpool 2

A Wrinkle in Time

Cars 3

#### **NEWLY ADDED TITLES:**

- A Wrinkle in Time
- Tag
- Deadpool
- Deadpool 2
- Cars 3
- Ocean's Eleven
- Incredibles 2
- Napoleon Dynamite
- Juno
- Better Off Dead

- Say Anything ...
- The Lord of the Rings: The Fellowship of the Ring
- The Lord of the Rings:
   The Two Towers
- The Lord of the Rings:
   The Return of the King
- No Reservations
- Waitress
- Rampage

- Life of the Party
- · Ready Player One
- Tomb Raider (2018)
- Isle of Dogs
- 2001: A Space Odyssey
- The Color Purple
- The Avengers
- The Secret Garden
- The Devil Wears Prada
- Where the Wild Things Are









For a complete movie/TV program listing, go to AlaskaWiFi.com while inflight.

## Like our tunes?

#### TAKE A LOOK AT THIS MONTH'S BOARDING MUSIC PLAYLIST:

Artist Song Artist Song Turin Brakes Wait I'm With Her Ain't That Fine Steven A. Clark Not You Luluc Matt and Kim Glad I Tried (Isom Innis Remix) Delicate Steve Nightlife Harvest Moon On the Level Mree Mac DeMarco Twisted Pine I Don't Feel Like Dancin' Luluc Heist Ásgeir I Know You Know White Denim Magazin Kyle Craft Exile Rag The xx Replica Glen Hansard Roll On Slow Vanessa Carlton Call Your Girlfriend Joshua Hyslop Say It Again TORRES Greener Stretch The Weepies Simple Life Kidswaste Time

# Plus, check out our featured Sub Pop album of the month: Mass Gothic I've Tortured You Long Enough

I've Tortured You Long Enough is husband/wife duo Noel Heroux and Jessica Zambri's second album, a record packed with the tension, chaos and beauty of a fluid and cathartic two-way conversation. In a universe increasingly threatening our abilities to work on communication and coexistence, this creative union is not only inspired but important.



# You're now cleared for text-off.

Never miss a thing when you can text for free using Wi-Fi. Text your friends from your smartphone using iMessage, Facebook Messenger and WhatsApp. Please keep in mind:

- Free texting is for text-based messages only. Photos and video are not supported.
- Both you and your recipient must have one of the compatible apps.
- Free texting is available only on flights with Gogo or Viasat Inflight Internet.

Inflight, go to AlaskaWiFi.com to get started.



## Go online.

Inflight internet is available on all of our Airbus, Boeing and Embraer 175 aircraft, when flying over the continental U.S., Canada and parts of Alaska.

#### TIPS FOR MAKING THE MOST OF INFLIGHT WI-FI:

It's great to be able to stay connected while you fly, but inflight Wi-Fi is different from the Wi-Fi you may be used to.

- Work smarter. Use webmail instead of Outlook to check your inbox. You never know what large files might be lurking in there.
- Wait to send that TPS report. Large attachments can slow things down: avoid sending while in air.
- Bookmark or favorite AlaskaWiFi.com to quickly access inflight internet.
- Huh? Live Help is available on flights within the coverage area. FAQs are at your fingertips on all flights.

# Rent one of our premium entertainment tablets.

On coast-to-coast and Hawai'i flights, you can rent one of our inflight entertainment tablets featuring the newest movies onboard, plus recent hits. Each tablet is preloaded with 25 to 30 movies (depending on the month), plus TV shows, Xbox games and music. Tablets are free in First Class, and available to rent for \$10.

Tablets are not offered on aircraft with seatback screens.



#### NEW MOVIES ON THE TABLET:



The Meg\*



The Equalizer 2\*



Mamma Mia! Here We Go Again\*



Ant-Man and the Wasp\*



Jurassic World

<sup>\*</sup> Available on the tablet only.

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All MVP Gold benefits, plus:

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- 125% bonus miles and more

<sup>\*</sup>Miles flown on PenAir and Ravn do not count toward elite status qualification.







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- 32,500 bonus miles offer when you apply through an employee.
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7,500 miles	701 to 1,400 miles	Los Angeles-Portland
10,000 miles	1,401 to 2,100 miles	Portland-St. Louis
12,500 miles	More than 2,101 miles	New York-Seattle

<sup>\*</sup> Plus taxes and fees from \$5.60 each way. Award availability and pricing may vary.

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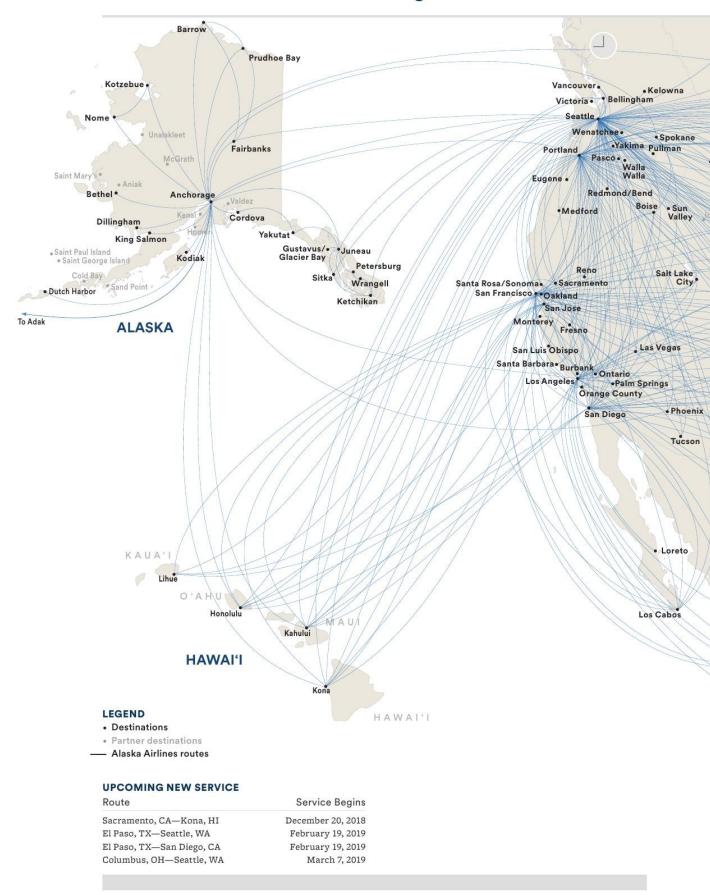


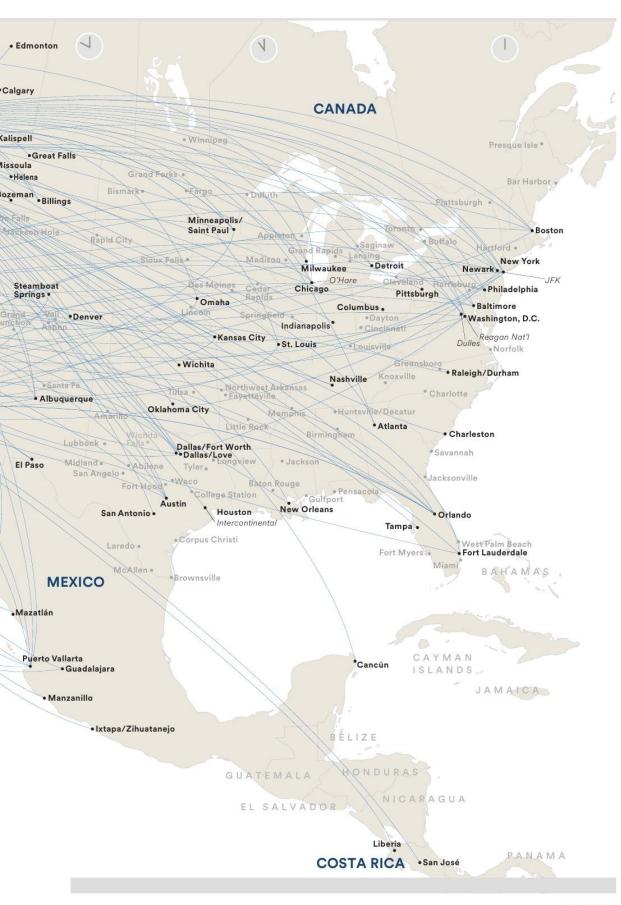
**Dubai, UAE** *Emirates* 

FLYER GUIDE

# Where we fly

# 115+ destinations and counting.





Some Alaska Airlines service operated by Horizon Air or SkyWest Airlines.

Some routes shown operate seasonally.

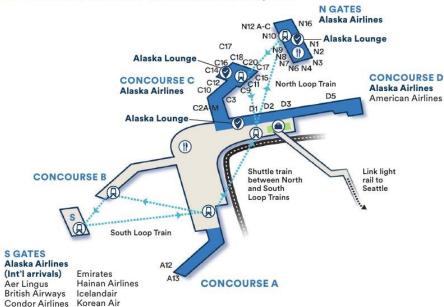
# **Airport terminal maps**

## SEA Seattle/Tacoma International Airport

Tip:
Connecting to
an Alaska Global
Partner? You'll
need to take the
shuttle train to
the South Loop
Train to get to
the S gates.

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drinks, Wi-Fi and
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## **PDX** Portland International Airport

#### CONCOURSE D Alaska Airlines (Int'l arrivals) Condor Airlines Icelandair CONCOURSEC C5 Alaska Airlines Alaska American Airlines Lounge **CONCOURSE A CONCOURSE B Alaska Airlines** Alaska Airlines PenAir (Seattle Shuttle) MAX light rail to Portland

#### 1 Tip:

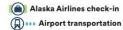
Heads up: We fly out of more than one terminal at SFO, please check your boarding pass to ensure you arrive at the correct gate.

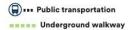
#### Tip:

Alaska Lounge members have access to the Cathay Pacific Lounge at SFO when traveling on Alaska.





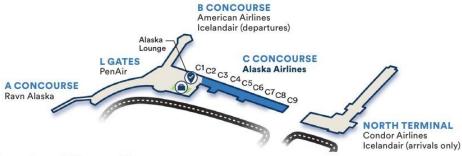




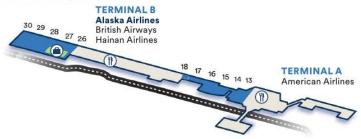
# LAX Los Angeles International Airport



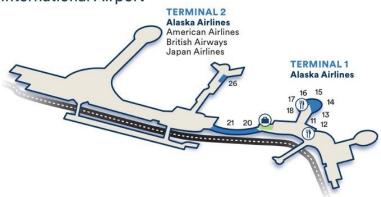
# **ANC** Anchorage International Airport



# SJC San Jose Mineta Airport



## SAN San Diego International Airport



# **Customs and immigration**

Please use all capital letters with blue or black ink.

Por favor use letra mayúscula en tinta azul o negra.

Global Entry is a
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Border Protection
program that
offers expedited
customs entry
with no processing
lines, no paperwork, TSA Preè
eligibility and
access to
expedited entry
in other countries.
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Customs and Immigration forms are distributed by flight attendants during your flight. Prior to landing, complete all forms that pertain to you, following the tips below. Completed forms are presented immediately upon entering the International Arrivals building. Las formas de Aduana y Migración son distribuidas por los sobrecargos durante el vuelo. Antes del aterrizaje en su destino final complete las formas correspondientes usando las indicaciones que se porporcionan a continuación. Las formas completas seran presentadas en la Terminal Internacional.

#### TO THE UNITED STATES

PASSPORT CONTROL KIOSKS

Automated Passport Control kiosks expedite the entry process. Eligible travelers scan their passport, take a photograph and answer a series of questions at the kiosk. Once complete, present the printed receipt from the kiosk to a Customs Officer.

#### Helpful tips

- Only citizens or nationals of the U.S., Canada or Visa Waiver Program countries are eligible to use the kiosk
- · Customs declaration forms are unnecessary.
- Kiosks available in Los Angeles (LAX), Portland (PDX), San Diego (SAN), San Francisco (SFO) and Seattle (SEA).

#### U.S. CUSTOMS DECLARATION

All travelers to cities without Passport Control kiosks must complete this form.

#### **Helpful tips**

- One form per person or one per family (family defines those in the same household who are related by blood, marriage, domestic relationship, or adoption).
- Lines 5, 6—If not using a passport, leave these lines blank.
- Line 9-Enter "AS" for Alaska Airlines
- · Sign at the "X."

#### QUIOSCOS DE CONTROL DE PASAPORTES

Kioscos automatizados de control de pasaportes acelerar el proceso de entrada y se encuentran en muchas ciudades servidas por Alaska Airlines. los viajeros elegibles escanear el pasaporte, tomar una fotografía y contestar una serie de preguntas en el quiosco. Una vez completa, presentar el recibo impreso en el quiosco a un oficial de aduanas.

#### Datos de ayuda

- Sólo los ciudadanos o nacionales de los países del Programa de Exención de Estados Unidos, Canadá o Visa son elegibles para utilizar el quiosco.
- Formularios de declaración de aduanas son innecesarias.
- Kioscos disponibles en Los Ángeles (LAX),
   Portland (PDX), San Diego (SAN), San Francisco (SFO) y Seattle (SEA).

#### **DECLARACION DE ADUANA**

Los viajeros a ciudades sin quioscos de control de pasaportes deben completar este formulario.

#### Datos de ayuda

- Una forma por persona o por familia con la misma dirección.
- Línea 5, 6—Si no tiene pasaporte, deje esta sección en blanco.
- Línea 9—Use "AS" para Alaska Airlines.
- Firme en la "X."

#### INTERNATIONAL TRAVEL TIPS

TO MEXICO

- All travelers must complete a Mexico Customs Declaration form; one per traveler or family with same address.
- All travelers, except for citizens of Mexico, must complete the FMM; one per traveler or family.

#### TO COSTA RICA

- All travelers must complete a Customs Declaration form; one per traveler or family.
- All travelers must complete an Immigrations Form; one per person.
- Costa Rica requires a \$29 departure tax for each traveler. For tickets purchased before June 1, 2016, pay fee prior to check-in with Alaska Airlines at the service centers in terminal check-in area.
   The fee is included in the price of tickets purchased after June 1, 2016.

#### **CONSEJOS DE VIAJE INTERNACIONALES**

**A MEXICO** 

- Todos los viajeros deben completar un formulario de declaración de aduanas México; uno por cada viajero o familia con la misma dirección.
- Todos los viajeros, excepto para los ciudadanos de México, deben completar la FMM; uno por cada viajero o familia.

#### A COSTA RICA

- Todos los viajeros deben completar un formulario de declaración de aduanas; uno por cada viajero o familia.
- Todos los viajeros deben completar un formulario de Inmigración; una por persona
- Costa Rica requiere un impuesto de salida de \$29 para cada viajero. Para los boletos comprados tarde del 1 junio, 2016, pagar la cuota antes de check-in con Alaska Airlines en los centros de servicio en el área de registro de entrada en el terminal. La tarifa está incluido en el precio de los boletos comprados el 1 de junio 2016.

# Your safety and comfort

#### SEATS

- Seat belts must be fastened whenever the "FASTEN SEAT BELT" sign is on. Keep your seat belt fastened at all other times when seated, in case of rough air.
- Seatbacks and tray tables must be in the upright, locked position during taxi, takeoff and landing.
- Seat-belt extenders are not allowed in exit rows.
   They can tangle and obstruct access to exit doors.

#### **CARRY-ONS**

- All carry-on bags must be placed under a seat or in an overhead bin for takeoff and landing.
- Prior to takeoff and landing, service items provided by our inflight team must be picked up.

#### LAVATORY

 Guests are requested to use the lavatory in their assigned cabin.

#### **PETS**

Pets must remain in carrier for entire flight.
 Carrier must be stowed for taxi, takeoff and landing.

#### **CREW AND GUEST SAFETY**

- Under federal law, no person may assault, threaten, intimidate or interfere with crew members in the performance of their duties aboard an aircraft. Penalties for crew interference include fines up to \$11,000, imprisonment or both. An incident report may be filed with the FAA regarding a guest's behavior.
- We respect the privacy and well-being of our guests and employees. We do not tolerate inappropriate verbal, digital or physical conduct of any kind, including sexual harassment, invasive photography, and assault. Please report unwelcome behavior to an employee immediately. Any crime committed onboard is considered a federal offense.

#### TRAVELING WITH INFANTS AND CHILDREN

- To be used onboard, your child-restraint system must conform to all applicable federal motor vehicle-safety conditions, and the restraint must be certified for use in motor vehicles and aircraft with an FAA-approval sticker.
- Some restrictions for child-restraint systems apply based on seat locations and flight numbers.
   Visit http://bit.ly/InfantTravel for details.

#### ALCOHOL AND TOBACCO

- Alcohol may not be consumed aboard an aircraft unless it has been provided by a flight attendant.
   No alcohol may be served to any person who appears to be intoxicated, or who is under 21 years of age.
- Guests are expected to drink responsibly and behave in a safe and respectful manner at all times.
- Smoking, chewing tobacco and electronic cigarette use are not permitted on any Alaska Airlines flight.

#### **DEVICES**

- During taxi, takeoff and landing, larger electronic devices, such as laptops, must be stowed.
- Cellphones may be used while the boarding door is open until advised by your flight attendant that cell service must be turned off. Upon landing, your flight attendant will advise when cell service can be enabled.
- During flight, electronic voice communications of any kind (e.g., cell, FaceTime, Skype) are prohibited.
- Headphones must be worn when using electronic devices such as personal music players, Inflight Entertainment Tablets, handheld games, etc.

#### OTHER PROHIBITED ITEMS

 We prohibit the use of items that do not meet FAA Regulations or Company regulations. This includes the use of seat-belt extensions not provided by Alaska Airlines, devices that restrict the recline of seats, self-heating meals or beverages, air filters placed on overhead vents and personal air-purifying devices. The Federal
Aviation
Administration
(FAA) and
Alaska Airlines
have set these
rules and
regulations to
assure your safety
and comfort.

#### **CONTACT US**

Customer care: 800.654.5669 (Mileage Plan, Customer Care)

Toll-free reservations: Within the U.S. and Canada: 800.ALASKAAIR (800.252.7522) (TTY 800.682.2221) alaskaair.com

En Español: 800.858.5525 From Mexico: 001.800.252.7522

Alaska Airlines Vacations: 844.762.0087 vacations.alaskaair.com

### USING YOUR DEVICES

We know use of your electronic devices is important, and we've adjusted our procedures to give you more time with those devices.

#### Allowed on the ground and in the air

- Laptops (must be stowed for taxi/ takeoff/landing)
- Tablets/smartphones (Airplane Mode after door closure)
- · Wireless mouse/keyboard
- · e-readers
- Media/CD/DVD players
- Noise-canceling and Bluetooth headphones
- · Cellphones (prior to door closure only)

#### Not allowed during flight

- Voice calls of any kind, including VoIP
- Devices with cell service enabled
- AM/FM radios or TVs
- Personal air purifiers
- · Remote-control toys
- Electronic cigarettes

### LET'S PARTY

#### >> GAMES **CROSSWORD**

36

22

26

34

60

55

61

83

100

54

#### ACROSS

1 Stampede stimulus

23

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- 55 Xerxes' realm
- 56 Powerful one
- 57 Ocean eagles
- 59 "Sure!"
- 61 Burger unit
- 62 Get a move on Musical rattler
- 65 By unknown means
- Fete for Stockholm butchers?
- Examined by touch
- 74 Elevated
- Fitness facility
- 78 Incipient oak
- 79 Tabloids
- 82 Isinglass
- Type of hickory 83 85
- Go over 87 Fft
- Fraternity letter 89
- 90 Revolted
- 91
- Cowboy's accessory
- Bengali social? 93 Young falcon
- Finger sign
- Cattle calls 99
- 100 Trojan War figure
- 101 Sprite
- 102 Papal bull, e.g.
- 104 Lincoln and Vigoda
- 106 Custard dessert 108 Actress Virna
- 109 Culture substance
- 110 At the end
- 114 Part of Iberia
- 116 Excess
- Mason's gala? 117
- 120 Bemoaning
- Narrow inlet

- 122 Change
- 123 Organic compound 124 Toot

96

101

120

124

- 125 Hosp. areas
- 126 Desires
- 127 Western bunch

#### DOWN

- 1 Deal
- 2 Money premium
- Canceled, at Canaveral
- Iraq neighbor
- 5 Jaywalker's bane
- Tops
- Swag
- Scroll closets 8
- Can opener
- Haifa natives 10
- 11 Serve
- 12 Frank
- 13 Antiquity
- 14 Picture puzzle
- 15 Even once

- 16 Blowout at the auto plant?
- Supplement

  - 30
  - Tight
  - Polytheist

  - 34

  - 37

  - 39
  - Path
  - Exile isle 41
  - 42 Reddish dyes
  - 44 Urban problem
  - She walks
  - Scold 47
  - 48 "Wow!"
  - 54 Hodgepodge

- Soak to soften
- Botanical pore
- Comic Dangerfield
- 32

20

52

24

32

40

67

- Negative link
- It's beyond your control
- Thing
- Themes
- Mower's path
- Japanese portal

- 50 Turn off

58 Coll., e.g.

21

25

30

69

89

109

104

105

33

58

80

93

103

99

87

108

92

121

125

86

97

102

107

53

74

122

126

- 60 Sole protector
  - Confronted
  - Health org. 64
  - Wild, wild West 66
  - Sail extensions

  - Diminishes 68
  - 69 Lumber source
  - Peaks 70 71 Indian Zoroastrians
  - Containing vinegar Valentine's Day
  - celebration?
  - 75 Carpenter in space
  - 76 Stroll 77 Close
  - 80 Nongrads may get it

  - 83 Window-shopper's buy
  - 84 They measure work
  - 86 Spun
  - 88 Steamy Sega competitor, shortly

94 Whit

123

127

110

- 95 Nonreactive
- Rich pastry 98
- 102 Extent
- 103 Moreno and Hayworth

112

113

- 104 Go-between
- 105 Concert groups 107 Occupation
- Iowa campus site 109 110 Wheel's wheels
- 111 Graph feature
- D.C. Solons 112
- 113 Pedigree diagram 114 Sp. misters
- 115 Little dog
- 116 '60s do 118 It'll never fly

119 Tourist's guide



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#### **LADDERGRAM**

First, write the word that fits the first definition into space 1. Then drop one letter and rearrange the remaining letters to form the answer to definition 2. Drop one more letter, rearrange and get the answer to definition 3. Put the first dropped letter into the box to the left of space 1 and the other dropped letter into the box next to space 3. When you have correctly solved the puzzle, the dropped letters on the left and right, when read down, will spell out related words.

1.	2.	3.	
4.	5.	6.	1
7.	8.	9.	+
10.	11.	12.	
13.	14.	15.	1
16.	17.	18.	_
19.	20.	21.	
22.	23.	24.	-

#### DEFINITIONS

- 1. Old MacDonald, for one
- 2. Picture holder
- 3. Foal's mama
- 4. Restaurant course
- 5. Come in
- 6. Adolescent
- 7. Kramer's neighbor
- 8. Gives meaning to (a word)

- 9. Evil people
- 10. U.S. national bird
- 11. Lighthearted joy
- 12. Hairstyling product
- 13. Dallas citizens
- 14. Poker stakes
- 15. Rational
- 16. Feels sorry for
- 17. III will

- 18. Dance movement
- 19. Intended (to)
- 20. Domesticate
- 21. Dined on a pastry
- 22. Fred's dancing partner
- 23. Govern as a king
- 24. Broad smile

#### **CARD SENSE**

Five playing cards were shuffled and put in a pile, one on top of another. Using the clues, can you identify each card's position in the pile?











- 1. A queen is somewhere below both clubs.
- 2. The heart is somewhere above both queens.
- 3. The red cards are not adjacent.
- 4. The diamond is somewhere above the five.

#### **ANAGRAM MAZE**

The diagram contains 36 words, 21 of which are anagrams of other everyday words. Start at the top arrow and anagram SACK. While solving, move up, down, right or left to the only adjacent word that can be an grammed. Continue until you arrive at the bottom arrow. There is only one path through the maze.

1	2	3	4	5	6
SACK	WHIP	SILO	WHEN	HEAR	HEAT
7	8	9	10	11	12
M U S H	FADE	ADDS	CALL	ZINC	COAL
13	14	15	16	17	18
CUED	PODS	PRAY	APSE	RING	NAIL
<b>19</b>	20	21	<b>22</b>	23	24
SUNS	PALM	WARY	WOES	TWIN	WISE
<b>25</b> LEND	26 REAL	<b>27</b> COPY	28 WOOL	<b>29</b> FANG	30 TOOK
31	32	33	34	35	36
POPS	STUD	PASS	BANE	RUNT	RACE

**SOLUTIONS ON PAGE 211.** 

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Complete each sudoku grid by placing a number in each box so that each row, column and small nine-box square contains the numbers one to nine exactly once. Solutions on page 210.

DIFFICULTY: EASY

DIFFICULTY: MFDIUM	

3		6			2		7	8
	9		7			4		6
					3		1	2
	4			6	7			5
6		2		5		3		8
5			8	2			6	
8	5		9					
1		7			4		5	2
	2		1			6		7

4			6	9			5	
1	8	5				6		
			7			4	1	
5				2	3			
	2	8				5	3	
			5	1				6
	5	1			9			
		3				9	7	5
	4			5	6			5 3

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#### **CROSSWORD ON PAGE 204.**

P	A	N	1	c		A	B	A	C	1		A	c	E		R	E	F	E	R
A	G	0	R	A		c	0	R	E	s		٧	A	L		E	٧	0	K	E
c	1	G	A	R	5	M	0	K	E	R		A	N	D		В	E	R	E	т
т	0	0	N		т	E	т	S		A	R	T	D		c	U	R	D		
				Р	0	S	Υ		N	E	0	L	T	т	н	s		F	Е	E
S	т	R	Е	A	м			н	0	L	D		D	1	E		s	T	N	s
w	0	0	L	G	A	т	н	E	R	T	N	G		c	A	R	P	Е	т	s
A	R	U	В	A		R	A	N		s	E	E	P		P	E	R	s	1	A
т	1	T	A	N		E	R	N	S		Υ	E	A	н		P	A	т	т	Y
н	1	E			м	A	R	A	c	A			s	0	M	E	w	A	Y	s
			S	w	E	D	1	s	н	M	E	A	т	В	A	L	L			
P	A	L	P	A	T	E	D			A	L	P	1	N	E			s	P	A
A	c	0	R	N		R	A	G	S		M	1	c	A		P	E	C	A	N
R	E	٧	1	E	w		N	E	w	T		c	н	1		A	R	0	S	E
s	T	E	Т	S	0	N		D	A	R	J	E	E	L	I	N	G	т	E	A
E	Υ	A	s		v	E	E		M	0	0	S			N	E	s	T	0	R
E	L	F		R	E	s	c	R	1	P	T		A	В	E	S				
		F	L	A	N		L	1	S	1		A	G	A	R		L	A	S	Т
s	P	A	1	N		F	A	Т		c	E	M	E	N	Т	M	1	X	E	R
R	U	1	N	G		R	1	A		A	M	E	N	D		A	M	1	N	E
						0														

SUDOKU ON PAGE 209.

DIFFICULTY: EASY

3	1	6	5	4	2	8	7	9
2	9	5	7	1	8	4	3	6
7	8	4	6	9	3	5	1	2
9	4	8	3	6	7	1	2	5
6	7	2	4	5	1	3	9	8
5	3	1	8	2	9	7	6	4
8	5	3	9	7	6	2	4	1
1	6	7	2	8	4	9	5	3
4	2	9	1	3	5	6	8	7

DIFFICULTY: MEDIUM

4	7	2	6	9	1	3	5	8
1	8	5	4	3	2	6	9	7
6	3	9	7	8	5	4	1	2
5	1	6	8	2	3	7	4	9
7	2	8	9	6	4	5	3	1
3	9	4	5	1	7	8	2	6
8	5	1	3	7	9	2	6	4
2	6	3	1	4	8	9	7	5
9	4	7	2	5	6	1	8	3

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BRAIN BOOSTER PUZZLES ON PAGE 206.

#### LADDERGRAM

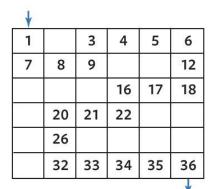
R	1. FARMER	2. FRAME	MARE	F
E	4. ENTREE	5. ENTER	6. TEEN	R
L	7. SEINFELD	8. DEFINES	9. FIENDS	Е
Α	10. EAGLE	11. GLEE	12. GEL	Е
X	13. TEXANS	14. ANTES	15. SANE	Т
1	16. PITIES	17. SPITE	18. STEP	T
N	19. MEANT	20. <sub>TAME</sub>	21. ATE	М
G	GINGER	23. REIGN	24. GRIN	Е

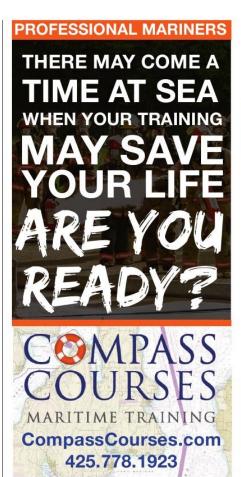
#### **CARD SENSE**

The bottom card is not the ace of clubs or queen of clubs (clue 1) five of hearts (clue 2), or king of diamonds (clue 4); it is the queen of spades. The king of diamonds is somewhere above the five of hearts (clue 4), which is somewhere above the queen of clubs (clue 2). By clue 3, there's a black card between the king of diamonds and the five of hearts, so the king of diamonds is on top, the ace of clubs is second from the top, the five of hearts is third, and the queen of clubs is fourth. In summary, from top to bottom: king of diamonds, ace of clubs, five of hearts, queen of clubs, queen of spades.

#### **ANAGRAM MAZE**

The path through the maze, with just one anagram given for each, is 1. cask; 7. hums; 8. deaf; 9. dads; 3. oils; 4. hewn; 5. hare; 6. hate; 12. cola; 18. lain; 17. grin; 16. peas; 22. owes; 21. awry; 20. lamp; 26. earl; 32. dust; 33. saps; 34. bean; 35. turn; 36. care.







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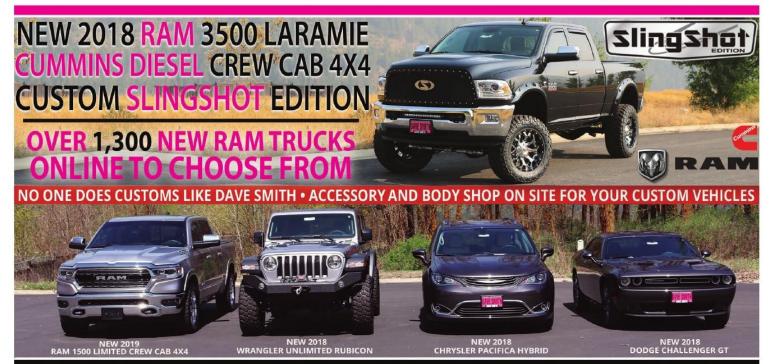








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