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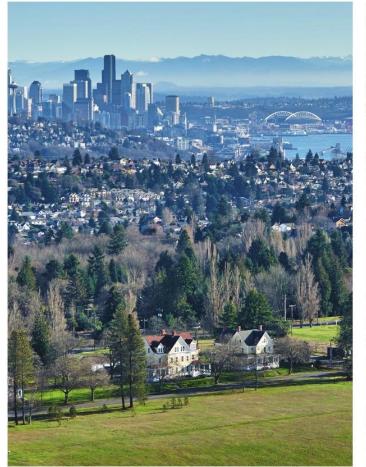
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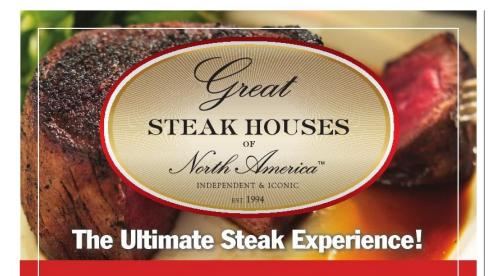
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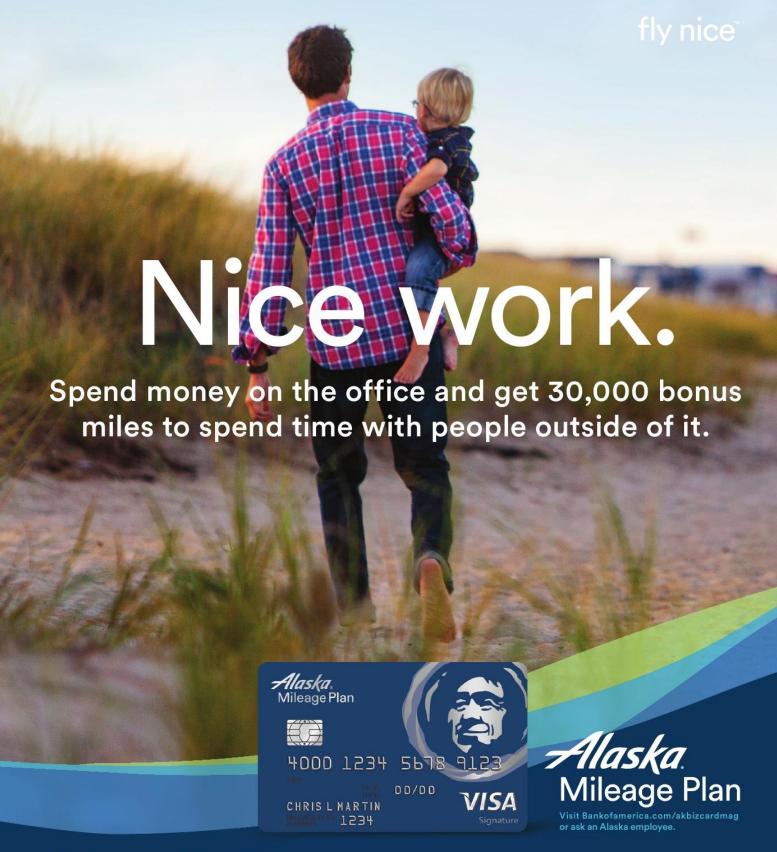
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#### **Spirit of Alaska**

#### Saluting our heroes

This month, I've invited Constance von Muehlen, our managing director of maintenance and a former U.S. Army Black Hawk pilot, to tell you how our company is saluting our country's heroes. —*Brad Tilden* 



Brad Tilden, Chief Executive Officer

As I think back on my good fortune, having benefited from a college education through an ROTC scholarship, followed by the privilege of serving in the U.S. Army as an aviation officer, I am humbled. As a young officer, I had the chance to fly UH-60 Black Hawk helicopters, graduate from Maintenance Test Pilot training, and serve in Northern Iraq's Kurdish no-fly zone during the first Gulf War—all life-changing opportunities that have shaped my personal and professional development.

The training and experience I received in the Army, as an officer and helicopter pilot, built the leadership foundation and professional expertise that I use today, every day. I learned the importance of teamwork, perseverance, focusing on the mission, supporting my team and other lessons that shaped the kind of leader I am. Most importantly, I learned that caring for my troops, and caring for their training, development and well-being, were critical to the success of our endeavors. These are also hallmarks of Alaska Airlines.

It strikes me that a common core value—caring—underlies both my service in the military and my

career at Alaska Airlines. Starting on page 42, you will find stories of how Alaska Airlines and our employees care to make a difference in the lives of those who serve and have served. We recognize that no person's service goes without sacrificealbeit to very different degrees-and that it is important for us as a company to do all that we can to thank members of the U.S. Armed Forces and their families. I've had the privilege of putting my military background to work as co-chair of Alaska's Military Employee Group—a group of employee volunteers working to connect Alaska Airlines and Horizon Air to the military community. Our role includes recruiting veterans and helping them transition into our team. Today, nearly 12 percent of our workforce are veterans or currently serve in the Reserves or Guard.

And we're working to do more. From our Fallen Soldier Team, who ensure respectful transfer to a final resting place, to the Honor Flight Network that provides veterans of World War II, as well as of the Korean and Vietnam wars, with an opportunity to visit Washington, D.C.'s monuments, to partnering with Hiring Our Heroes and

Camo2Commerce to help transition service members into civilian jobs, we are working every day to honor our country's heroes.

I encourage you to join us in any way you can and salute those who serve. Thanks for flying with us.

—Constance von Muehlen



Brian Bowden, Kevin Kruse and Brett Megran have been instrumental in Alaska's Fallen Soldier Program as well as in the concept and production of the airline's "Honoring Those Who Serve" aircraft livery.



Constance von Muehlen, Managing Director of Maintenance



Brad Tilden, Jefe Ejecutivo

#### **Spirit of Alaska**

#### Homenaje a nuestros héroes

Este mes, invité a Constance von Muehlen, nuestra directora general de mantenimiento y ex-piloto de Black Hawk del Ejército de los Estados Unidos, para que les cuente cómo nuestra compañía rinde homenaje a los héroes de nuestro país. —*Brad Tilden* 



Constance von Muehlen, Directora General de Mantenimiento.

Al pensar en mi buena suerte, de haberme beneficiado con la oportunidad de lograr una educación universitaria mediante una beca a través del Cuerpo de Entrenamiento para Oficiales de Reserva (Reserve Officer Training Corps, ROTC), seguida del privilegio de servir en el Ejército de los Estados Unidos como oficial de aviación, me siento honrada. Durante mis años como una joven oficial, tuve la oportunidad de volar helicópteros Black Hawk UH-60, graduarme como piloto de pruebas de mantenimiento, servir en la zona de exclusión aérea de la región de Kurdistán al norte de Irak durante la primera Guerra del Golfo... todas fueron oportunidades que me cambiaron la vida y que han dado forma a mi desarrollo personal y profesional.

El entrenamiento y experiencia que recibí en el Ejército como oficial y piloto de helicópteros construyeron las bases de liderazgo y experiencia profesional que utilizo actualmente, todos los días. Aprendí la importancia del trabajo en equipo, la perseverancia, el enfoque en la misión, apoyar a mi equipo y otras lecciones que marcaron la clase de líder que soy. Pero lo más importante, aprendí que cuidar a mi tropa y preocuparme por su aprendizaje, desarrollo y bienestar eran factores críticos para el éxito de nuestras tareas. Estas también son marcas distintivas de Alaska Airlines.

Me doy cuenta de que detrás de mi servicio en el Ejército y mi carrera en Alaska Airlines, existe un valor común: cuidar y servir. Lo que encontrará en las próximas páginas son historias de cómo Alaska Airlines y nuestros empleados se preocupan por marcar la diferencia en la vida de quienes sirven y han servido a este país. Estamos conscientes de que no hay persona que haya servido sin haber hecho un gran sacrificio, en grados muy diferentes, y de lo importante que es para nosotros como compañía hacer todo lo posible para agradecerles y agradecer a sus familias. He tenido el privilegio de

aplicar en el trabajo mi experiencia militar como co-directora del Empleados del Grupo Militar de Alaska (Alaska's Military Employee Group), un grupo de empleados voluntarios que trabajan para conectar Alaska Airlines y Horizon Air con la comunidad militar. Nuestra función incluye reclutar veteranos de guerra y ayudarlos a integrarse a nuestro equipo. Hoy, casi el 12 % de nuestra fuerza laboral son veteranos o personas que actualmente sirven en la Reserva o en la Guardia.

Y estamos trabajando para lograr más. Desde nuestro Equipo de Soldados Caídos (Fallen Soldier Team), quienes aseguran un traslado respetuoso a su lugar de descanso final, a la Red de Vuelos de Honor (Honor Flight Network) que proporciona a los veteranos de la Segunda Guerra Mundial, así como



Brian Bowden, Kevin Kruse y Brett Megran ayudaron a crear el avion "En honor a quienes sirven."

de las guerras de Corea y Vietnam, con la oportunidad de visitar Washington D.C., a la colaboración también con Hiring Our Heroes y Camo2Commerce para ayudar en la transición de miembros de servicio a trabajos civiles, trabajamos todos los días para honrar a los héroes de nuestro país.

Le invito a que se una a nosotros de la manera que pueda y rinda homenaje a quienes sirven al país. Gracias por volar con nosotros.

—Constance von Muehlen





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I've always been active. I would jog on a daily basis, take gymnastics, work with a personal trainer and exercise on a semi-regular basis. But after having my daughter, taking on more responsibility at work, and with all the other things that go on in life, there never seemed to be enough time. Exercise dropped to the bottom of my priority list. When I could no longer fit into my clothes, it became a daily reminder of how out of shape I'd become. And even when I tried to exercise, I knew there was something missing because I couldn't seem to get back to my original size.

I'd never been on a diet so I wasn't sure how to begin one. I not only wanted to learn how to eat right, but I wanted to continue good habits as I got older. So when I learned that there was a program specifically for women who needed a pick-me-up and it included beauty, nutrition and mentoring, I knew it was for me.

The workouts were exactly what I had expected. I was fortunate to have my sessions split between two trainers. Each offered a different approach. One was more structured, while the other designed workouts which were more creative and challenged my body in different ways.

My dietitian was amazing! She answered every question I had and continuously offered suggestions and tips on managing cravings and how to handle various scenarios. This felt like a key piece to my overall success.

I'm most happy that many of the practices I learned during the program seem to be sticking months later. Having had to coordinate schedules with my husband to do the program allowed me to successfully integrate exercise (for him and myself) back into my schedule. It also showed me that I can make time to exercise while maintaining my regular lifestyle. Also, sticking to an easily sustainable eating regimen has worked wonders.

One of the best parts of the program was the pampering. Having an executive locker with a robe, slippers, great spa products, surprise gifts and more was a pleasurable, guilty indulgence. Many times I'd relax with a cup of tea after working out. It felt like a daily spa session.

I lost about 20 pounds and gained two percent muscle mass. I fit into my clothes – but now I have toned arms, which I've never had in my life. The makeover and photo session was the icing on the cake! When I saw myself in the photos, I was amazed. Who knew?

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# The Art of Hair Restoration

Artistry is what you get when you see Dr. Brian Goertz. As a board certified hair transplant surgeon and the founder of Hair Transplant Seattle, he takes great pride in his artistry of creating natural hairlines, achieving amazingly natural results and helping his patients regain the appearance they've been looking for.



Brian O. Goertz M.D. Founder of Hair Transplant Seattle

Patients meet directly with Dr. Goertz who takes a very holistic approach to caring for his patients. He counsels each individual on appropriate diet and supplements not only for their "hair health" but also for their general well-being and longevity.

Today there are still many misconceptions about hair transplantation, the results that can be achieved and the process by which the procedure is performed. With Dr. Goertz those misconceptions are gone; people will only know you've had a hair transplant if you tell them.

"It is important for today's patients to understand that the results that can be achieved can look completely natural and amazing when done properly," says Dr. Goertz. But patients should not be fooled with promises of new machines or instruments doing hair transplants. "The instruments are developed to aid the doctor," says Dr. Goertz. "Ultimately, natural results are achieved by the surgeon who has the surgical and aesthetic skill to create results that are completely natural." When a hair transplant can pass the scrutiny of a hair stylist, you know you have a great hair transplant. "Dr. Goertz has an eye for artistry in making it look natural, which is why I refer my clients to him," says David Cheung, master designer and owner of MARGIDAVID SALON in Seattle.

"My goal is to be sure that my work is completely natural and undetectable," says Dr. Goertz. "I recently had a physician come to me because a mutual patient finally revealed to him that he'd had a hair transplant. When that physician realized that he couldn't detect the transplanted hairs, he decided to come in for his hair transplant. It is a great compliment when a physician chooses me as the hair transplant surgeon for themselves and their patients."

Hair transplantation is not just for men. Many women also experience hair loss or are born with a high hairline that can be treated with hair transplantation. As difficult as it is for men to lose their hair, women often suffer in silence experiencing emotional pain. After all, society tells us that women are not supposed to lose their hair. Hair transplantation can make

a dramatic change in a woman's life. In some cases, hair transplantation is even appropriate for children with areas of hair loss caused by trauma, burns or radiation treatment. Hair transplantation can also be performed for eyebrows, sideburns, mustaches and beards.



Eyebrow Transplantation Before & After

Whether you are a man, woman or child, Dr. Goertz is dedicated to creating results that are so natural that the only way someone will know you have had a transplant done is if you tell them.

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#### What's new



#### We're headed to Cuba

Alaska's historic new flights to Havana, Cuba, will start on January 5, 2017, and are available for sale on alaskaair.com. The daily nonstop flight from Los Angeles is among the first regularly scheduled commercial flights to the island country in more than 50 years, and is the only nonstop flight to Cuba from the U.S. West Coast. The flights will offer convenient connections to Seattle and Anchorage. The route remains subject to approval by Cuban aviation authorities.

Traveling to Cuba still requires advance planning. The U.S. government does not currently allow U.S. citizens or travelers flying on U.S. airlines to visit Cuba strictly for tourism. Traveler objectives must fall into one of 12 approved categories, including family visits, educational activities and public performances or exhibitions. More details on visiting Cuba can be found at alaskaair.com/cuba.

#### Designs finalized for Sea-Tac's North Satellite

The Port of Seattle and Alaska Airlines have finalized designs for the upgrade of Sea-Tac's North Satellite, and construction is set to begin early next year. The final designs, unanimously approved by the port commission, will add eight new gates, extensive new dining and shopping options, and a rooftop Alaska Airlines Lounge that will offer spectacular views of the Olympic Mountains. Work will be completed in two phases, the first of which will be finished in 2019, with the full facility upgrade opening in 2021.

"Through the partnership with the Port of Seattle on the North Satellite Expansion Project, we will be able to deliver a signature Alaska experience for flyers in a space that epitomizes our energetic brand," says Andrew Harrison, executive vice president and chief commercial officer.





#### Introducing: Premium Class

Work has begun in preparation for the introduction of Premium Class—a new section of Alaska's main cabin featuring more room and some added perks. As the airline gets ready for the official launch of Premium Class in January, some customers might find themselves lucky enough to be seated in

Premium Class already. Alaska has begun removing seats from its 737-800 aircraft to make way for 4 more inches of legroom in the first few rows of the main cabin. As each aircraft is refitted, new headrests are being installed to give a visual cue that the aircraft has been upgraded. Once the new option is formally launched in January, customers with Premium Class reservations will enjoy not only added legroom but also complimentary beer, wine and cocktails, an upgraded snack, and priority boarding. More information on Premium Class will be available at alaskaair.com as the official launch nears.



#### The people behind the spirit

## Leading by example

#### DESIGNATED TRAINER LEAD RESERVATION AGENT EILEEN FLOCK

What customers remember most about Eileen Flock may be her voice. It smiles. The assistance she provides to customers over the phone, and to the employees she trains, is outstanding, but her smile is ever-present, on her face and in her voice.

After a recent Boston to Seattle flight was delayed at Logan Airport, a customer called the airline for assistance. "I am grateful that I was connected to Eileen," the customer wrote. "Her voice was not simply friendly, but immediately helpful, as though she was glad I called. It made me feel appreciated. She addressed my concerns and offered comfort. All of this was conveyed through the tone of her voice—upbeat, interested and warmly professional.

"I wanted to be sure you knew the difference someone like Eileen makes," the customer concluded.

Eileen's supervisors already knew she possessed the kind of caring attitude and customer-forward approach that they wanted other employees to emulate. And that's why she's a designated trainer for other agents at the airline's Phoenix reservations center.

"On the phone, you can hear the care in her voice," says Jeff Butler, vice president of airport operations and customer service. "She handles difficult situations and resolves conflicts with remarkable patience and admirable tact."

Eileen says she holds herself accountable and expects no less from her peer group and her leaders. As the team coach working with the reservation leads, she takes pride in leading by example, using resourcefulness to make decisions that improve the experience for customers, as well as for her co-workers and trainees.

Eileen joined Alaska Airlines in 1998 as a customer service agent in Oakland. Five years later, she joined the reservation team, bringing her extensive ticket-counter experience with her to Phoenix reservations. Co-workers there praise her patience and optimism. She welcomes change and tends to thrive on the challenge to assist others through the change-management process. When there are agents struggling in a particular area, Eileen is someone they can count on to help out. She is extremely giving of her time and willing to do whatever it takes to complete a task.

As a child, Eileen dreamed of being a teacher, and now it's rewarding to be able to share her knowledge, she says. "I enjoy talking to customers and assisting them with their travel plans. And I very much enjoy sharing my knowledge of the job with co-workers to make their day easier."

"It's a privilege to work with Eileen," says Delia Bird, a reservation sales agent in Phoenix. "She is so caring and a delight to be around; I have learned so much from her, and I hope in due time to reach the same level of excellence she has now!"



Each year,
Alaska Airlines
recognizes
employees,
such as
Designated Trainer
Lead Reservation
Agent Eileen
Flock, as Legends
of Customer
Service, the
airline's highest
honor.

#### Volunteer spirit

#### PACK THE PLANE

Alaska's annual holiday food drive, "Pack the Plane," kicks off this month with employees around the system collecting food and funds to support food banks across the United States and Canada. In 2015, employees raised more than \$73,500 and donated 5,800 pounds of food to 30 food banks—enough food to fill a



Passing for dollars.

record 14 cargo planes. Each year, employees plan

creative events to raise funds. Last year, Anchorage cargo employees organized a football-throwing contest in which employees donated \$1 per throw. "I continue to be inspired by the generosity of Alaska and Horizon employees," says Lawrie Elliott-Wilson, programs and events specialist and event organizer. "We

have beat the previous year's total every year."

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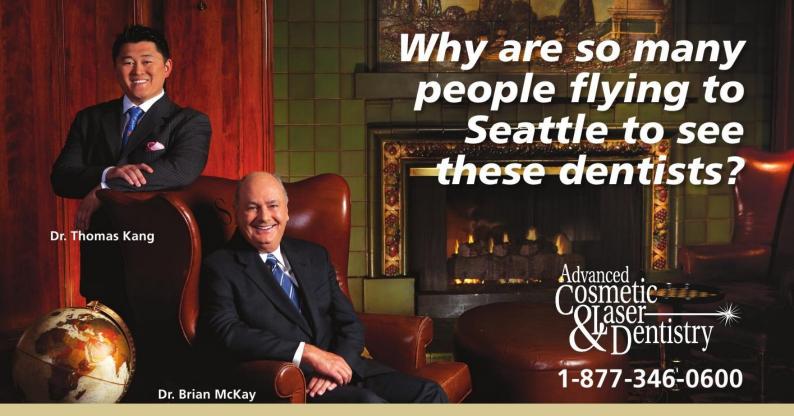




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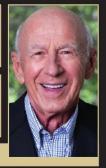
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#### **JOURNAL**



SEATTLE, WA

#### **A Holiday Classic**

'Tis the season for Pacific Northwest Ballet's holiday centerpiece production of *George Balanchine's The Nutcracker*. This is PNB's second year using the classic Balanchine choreography. The vibrant sets and costumes of author-illustrator Ian Falconer will also return for a second year, with new dancers gracing the holiday scenes. Viewers can look forward to additions to the highly praised accompanying video animation that debuted at last year's overture. Performances will run November 25 through December 28 at McCaw Hall. Alaska Airlines is the title sponsor of the production. To learn more, call 206-441-2424 or visit pnb.org. —*Jeevika Verma* 



Seattle Center Winterfest, Nov. 25–Dec. 31; ice-sculpting, music, dance, the Winterfest Ice Rink and more. Alaska Airlines is a sponsor of Seattle Center Winterfest. Visit seattlecenter.com/winterfest.

#### Inside a Northwest Nutcracker with Artistic Director Peter Boal

Alaska Beyond: How is Pacific Northwest Ballet's Nutcracker production special for Seattle?

Peter Boal: The Nutcracker is usually set in Europe, and we wanted the story to be set in the U.S., so that it's a little closer to home. Also, there are almost 100 local children from the PNB School in every show—so the performance does feel homegrown.

AB: What's a favorite moment?

PB: The Christmas tree grows
beside Clara; you eventually see

her in front of a 42-foot-tall tree. That is a monumental moment, and it feels very Pacific Northwest, as a towering pine grows next to a little girl.

AB: What fun feature can viewers watch for?

PB: Look closely, and one of the dancers in the second act is dressed in Seahawks colors, and the central couple is in [University of Washington] Huskies colors. It's a coincidence, but I like that it's in there! — Jeevika Verma



◄ Frank Stella's sculpture K.81 Combo (K.37 and K.43) Large Size (2009) was created as a response to a sonata by Domenico Scarlatti.



Le Nain, The Resting Horseman (c. 1640), oil on canvas.



Pablo Picasso, Long-Haired Young Girl (1945), 6th and final state, lithograph.



Roy Lichtenstein, Bull III (1973) from the Bull Profile Series; lithograph, screenprint and line-cut on paper.

CALIFORNIA

#### **Art in the Golden State**

California museums are exceptional places to see art exhibitions, and the current season has many highlights.

On display November 5–February 26 at the de Young in San Francisco, "Frank Stella: A Retrospective" celebrates the artist's vibrant painting and sculpting career with a showing of 50 works. Call 415-750-3600 or visit deyoung.famsf.org.

"The Brothers Le Nain: Painters of 17th-Century France," showing through January 29 at the Legion of Honor in San Francisco, consists of 43 paintings by the three Le Nain brothers. Call 415-750-3600; visit legionofhonor.famsf.org.

The Norton Simon Museum, in

Pasadena, is featuring nearly 100 postwar Picasso prints in "States of Mind: Picasso Lithographs 1945–1960," through February 13. Highlights include the famous *Long-Haired Young Girl* lithograph series. Call 626-449-6840; visit nortonsimon.org.

Visitors to the Skirball Cultural Center exhibition "Pop for the People: Roy Lichtenstein in L.A.," on display through March 12, can view more than 70 of the Pop Art icon's works, including Bull III, shown at right, or they can walk through a life-size re-creation of Lichtenstein's Bedroom at Arles painting (based on its Van Gogh namesake series). Call 310-440-4500; visit skirball.org. —Kaitlynn Mann





SAN FRANCISCO, CA

#### Lights by the Bay

Art will light the nights during the fourth-annual **Illuminate San Francisco Festival of Light**, Thanksgiving Day through New Year's Day. This citywide event featuring light-focused installations will span 12 neighborhoods, a park and four museums.

Installations of interest will include Language of the Birds, a "flock" of illuminated objects that resemble books in flight (shown above), and The Bay Lights, the brilliant 1.8-mile, 25,000-light moving display by artist Leo Villareal that became a permanent fixture of the Bay Bridge's west span this year.

Highlighted festival events will include a stargazing party in The Presidio, artist talks and various tours with artist appearances. Visit illuminates f.com to learn more. — Kaitlynn Mann

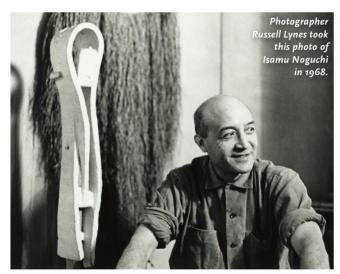
WASHINGTON, DC

#### Modern and Timeless

Isamu Noguchi, widely considered one of the most innovative sculptors of the 20th century, frequently blended themes from ancient culture with highly contemporary elements. His Akari light sculptures, for example, combine traditional Japanese lanterns and the modern technology he applied to light them.

These Akari lights are among more than 70 objects displayed in "Isamu Noguchi, Archaic/Modern," at the Smithsonian American Art Museum, November 11—March 19. This exhibition also includes Noguchi design plans and patents, fountains, and monolithic basalt sculptures. Both an artist and an inventor, Noguchi used various materials—including stone, polished metals, plastic and electrical components—to create groundbreaking works. Pieces in the exhibition include the 1928 sculpture *Leda* and the 1967 sculpture *Grey Sun*, a gift from the artist to the Smithsonian American Art Museum. To learn more, visit americanart.si.edu.

-Janel Crouch



HOUSTON, TX

#### Visions of an Artist

French artist Hilaire-Germain-Edgar Degas was famous, in part, for his paintings of figures (such as ballet dancers and horse jockeys) that suggested events and motion frozen in time. These works, among more than 200 pieces in total, are featured in "Degas: A New Vision," showing through January 16 at the Museum of Fine Arts, Houston. The exhibition is touted as the most comprehensive retrospective of the artist in 30 years, and spans the late 19th and early 20th centuries. With art in various media—including drawings, monotypes, photography and sculptures—the Houston showing will be the exhibition's only U.S. appearance.

Labeled by many as an Impressionist, Degas himself eschewed the title. According to MFAH director and exhibition curator Gary Tinterow, the artist had a point: "Impressionism is a fleeting glimpse of a beautiful landscape; Degas provides a fleeting glimpse of the true essence of human life."

Call 713-639-7300 or visit mfah.org. —*Matthew Gulick* 



Edgar Degas, Racehorses in a Landscape (1894), pastel on paper.



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## MEGAN LOST 120LBS.

"One of my goals was to ski again, but I'd never felt strong enough to try it out. Since completing the program, skiing has become a passion!"



I've struggled with my weight my entire life. While I was lucky not to have any serious weight-related, medical issues, I began to experience back pain. After I threw my back out for the second time in three months, I knew it was time to do something about it. So I went to visit my doctor

to get a true sense of my health. I was handed a copy of 20/20 Lifestyles Metabolic Cure by Mark Dedomenico, M.D. and we talked about the 20/20 LifeStyles program.

At first, I was skeptical as I'd never had much luck with weight loss programs. The book sat on my shelf for about two weeks. When I finally started reading it, I was pleasantly surprised. The testimonials reflected the personal struggles and patterns I'd experienced in my own life. It also explained the science behind gaining weight and what prevents us from losing it. It was both enlightening and comforting to finally have someone explain my struggles with weight loss and the steps I could take to actually combat those issues.

I agonized a bit with committing to the full 20/20 LifeStyles program because it seemed very demanding, but I realized the structure of the program and the multifaceted approach would be the best thing to keep me motivated on my weight loss journey.

I was never physically active and dealt with chronic back pain for years, so I was a bit scared to push myself physically. Luckily, I was paired up with a wonderful personal trainer. She pushed me to work hard, but was also sensitive to my physical concerns. I've seen myself get stronger and stronger, and have gained back the independence that I feared was lost.

One of my goals was to ski again, but I'd never felt strong enough to try it out. Since completing the program, skiing has become a passion! Last winter, my husband and I skied every weekend and even planned vacations around the sport.

2020lifestyles.com 425.861.6258



For the first time in my life, I'm in the healthy range for my weight and body fat percentage. I've also lost dozens of inches across my entire body and my blood pressure has dropped significantly. Plus, I no longer have that chronic back pain.

This isn't just a temporary diet designed to make you drop the weight as fast as possible. The program focuses on all aspects of one's lifestyle in order to help them make the necessary changes to go forward with their lives and continue to be healthy. I now have a clear understanding of what it takes to be healthy and I don't fear gaining the weight back. I feel confident with the knowledge I've gained and no longer feel like a victim of circumstance. For the first time in my life, I feel like I'm in control of my health.

#### TIPS FROM MEGAN

Keep your focus on what you'll be gaining rather than what you're giving up. One of the reasons it took me so long to feel ready to lose weight was because I dwelled on all the things I'd be giving up – which really boiled down to time and unhealthy foods and drinks. Once you realize that what you gain is exceedingly more important, it's hard to rationalize siding with alcohol and ice cream over health and fitness. Staying focused on my slimmer, healthier and fitter self – and all of the inherent benefits – kept me motivated.

Give yourself challenging, yet realistic goals, and make yourself accountable to attaining them. In the past, I had unrealistic goals which inevitably led to frustration and failure. Having realistic goals, where you're actually tracking, quantifying, and holding yourself accountable, makes it much easier to stay on track.

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ago to help people
struggling with obesityrelated metabolic
disorders such as high



University of Alaska Anchorage star Sekou "Suki" Wiggs had 98 points in the 2015 GCI Great Alaska Shootout, a tournament record. He plays again this year.

#### HOLIDAY HOOPS IN ANCHORAGE

For many Anchorage residents, the Thanksgiving holiday would be incomplete without the annual **GCI Great Alaska Shootout**. At this 12-team college basketball tournament, the University of Alaska Anchorage men's and women's teams will host 10 Division 1 teams from around the country. Games will be played November 22–26 at the UAA's Alaska Airlines Center.

The tournament is in its 39th year and its fifth year of national TV coverage on CBS Sports Network. For viewers in the arena, Thanksgiving dishes will be available for purchase, along with the venue's customary fare. Enhancing the holiday theme, the arena will host live entertainment and giveaways on tournament days. Call 907-786-1250 or visit goseawolves.com. —*Kaitlynn Mann* 

SEATTLE, WA

#### **Emerald City Eating**

From the salmon-centered potlatches of Northwest tribes to futuristic offerings of the 1962 World's Fair, food has long been a focus in the Emerald City. Visitors to the Museum of History & Industry can delve into Seattle's culinary past and present in "Edible City: A Delicious Journey," November 19-September 10, 2017. Museumgoers will learn about Seattle's favorite ingredients, famed restaurants and food history. Displays include a 1930s efficiency kitchen salvaged from a downtown hotel and a coffee cart from Monorail Espresso, a trailblazer in Seattle's caffeine culture. Visitors can also participate in food tastings from local vendors. Call 206-324-1126 or visit mohai.org. —Jaime Archer

#### CALENDAR

Through Feb. 26, "By the People: Designing a Better America," 60 collaborative designs from communities around the United States; Cooper Hewitt, Smithsonian Design Museum, New York, NY; 212-849-8400; cooperhewitt.org

Nov. 25–27, Wine Country Thanksgiving, wine-tastings, food, music and more; 150-plus venues, Willamette Valley, OR; willamettewines.com/ event/wine-countrythanksgiving

Nov. 25—April 23, "Jurassic World: The Exhibition," an immersive experience with dinosaur simulations inspired by the film; The Franklin Institute, Philadelphia, PA; fi.edu/ exhibit/jurassic-world

Dec. 1–4, Art Basel in Miami Beach, an art fair that showcases more than 250 galleries from 29 countries; Miami Beach Convention Center and nearby parks, Miami Beach, FL; artbasel.com/ miami-beach

Dec. 2–11, Anchorage International Film Festival, Alaska-made and international features, documentaries, animations, shorts; multiple venues, Anchorage, AK; anchoragefilmfestival.org

PHILADELPHIA, PA

#### ¡Viva el Arte!

Known for its own award-winning public murals,
Philadelphia makes a fitting
host city for a landmark
exhibition of Modernist
Mexican art that includes a
strong focus on the mural
form. In a special collaboration
with Mexico City's Museo del
Palacio de Bellas Artes, the
Philadelphia Museum of Art is
hosting "Paint the Revolution:
Mexican Modernism, 1910—
1950" through January 8, 2017.
This large-scale exhibition tells

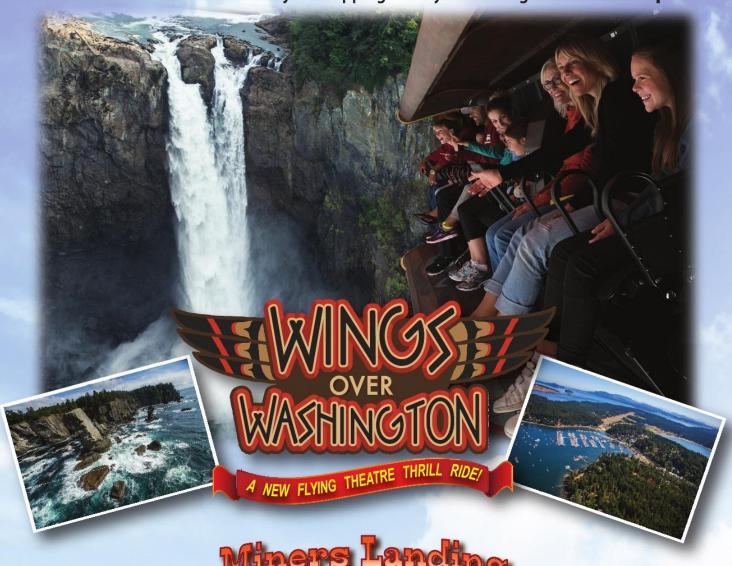
of Mexico's history in the period between the Mexican Revolution and the aftermath of World War II, and allows museumgoers to witness the artistic forces that fueled the transformation of art in Mexico in the 20th century. Featuring works by artists such as Frida Kahlo, Diego Rivera and Rufino Tamayo, the show includes paintings, books, broadsheets and other masterpieces from various U.S. and Mexican mural collections. Call 215-763-8100 or visit philamuseum.org for more information. —Jeevika Verma



Diego Rivera, Dance in Tehuantepec (1928), oil on canvas.

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SPOTLIGHT

#### Renewing an Apple Cup Rivalry

Former quarterbacks vie for winemaking glory BY BUDDY LEVY

**ON NOVEMBER 21,** four days before the annual Apple Cup football game between the University of Washington Huskies and Washington State University Cougars, former star college quarterbacks **Drew Bledsoe** and **Damon Huard** will renew a competition of their own.

The two friends and winemakers will be throwing down their finest vintages and exchanging a little smack talk with friends and fans at their second-annual Apple Cup Gourmet Rivalry Dinner, to be held at Daniel's Broiler in Bellevue, Washington.

Bledsoe, who played for the Cougars from 1990 to 1993, will be pouring a 2013 Cabernet Sauvignon from his **Doubleback Winery**, based in his hometown of Walla Walla in Eastern Washington. Huard, who played for the Huskies from 1991 to 1995, will counter with his own 2013 Cabernet Sauvignon from his **Passing Time Winery**, based in Woodinville, near Seattle. They will bring a spirited sense of competition, camaraderie and one-upmanship to the event.

The NFL's first overall draft pick in 1993 for the New England Patriots, Bledsoe played 14 years as a pro. However, he maintains that the 1992 Apple Cup, famously called the Snow Bowl in Pullman, remains his favorite football game.

"We beat the Huskies 42–23," Bledsoe says. "All Damon could do was watch from the sidelines—he was backup to [quarterback] Mark Brunell."

Huard played 12 seasons in the NFL, including a few years as backup to Miami Dolphins Hall of Fame

quarterback Dan Marino, who later became a partner in Passing Time. "Danny introduced me to wines," Huard says. "We'd go down in his cellar, and I'd see all these wines from my home state of Washington. I had no idea our state produced such amazing wines! Marino helped me refine my palate."

Bledsoe and Huard both played for the Patriots in 2001. While Bledsoe was injured that season and lost his starting job to Tom Brady, the team did go on to win the Super Bowl. Bledsoe remembers that he and Huard would spend a lot of time that season talking about wine, even sketching potential wine label designs in their Patriots playbooks.

After retiring, both Bledsoe and Huard came back to Washington and started wineries. Bledsoe launched Doubleback in 2007. Huard began Passing Time in 2011.

When it comes to wine quality, the two rivals may have to settle for a tie. Doubleback's 2013 Cabernet Sauvignon scored 95 points (out of 100) from Robert Parker's *Wine Advocate*. Passing Time's 2013 Horse Heaven Hills Cabernet Sauvignon garnered a score of 96 from Parker. With an insignificant one-point difference, both Bledsoe and Huard agree that when it comes to wine, there needn't be a winner.

Now, when it comes to this year's Apple Cup, that's a different story. "The Cougars are going to *destroy* the Dawgs," boasts Bledsoe.

Counters Huard: "The Cougars were supposed to win last year and we saw how that turned out. Enough said!"



Passing Time 2013 Cabernet Sauvignon.



Doubleback 2013 Cabernet Sauvignon.



Dating can be fun and invigorating – from that instant attraction you feel the first time you meet to jumping in the car for an impromptu weekend getaway. Unfortunately, it can take a lot of work to get to that stage of dating.

rom spending hours sorting through online profiles looking for a good match to trying to connect via pokes, winks and email, dating can suddenly feel like a full-time job. Wouldn't it be nice if you could just fast forward to the fun part of dating? That's exactly what Desireé and Michael Schlitt say It's Just Lunch, a dating service for busy professionals, did for them. The matchmakers at It's Just Lunch took the time to learn what they were looking for in a partner and then delivered.

#### With so many dating options out there, why did you choose It's Just Lunch?

It travel a lot for work, so I'd read about It's Just Lunch in airline magazines, and then I ran into a friend who was attending the wedding of an attorney in town who'd met her husband through IJL — the fact that those two events happened so close together, I thought I should call them. At the end of my work day I didn't want to come home and go look at profiles online. I felt like it was a waste of my time.

#### What would you tell a friend who was apprehensive about investing the money on IJL?

M: I'd ask, "Are you looking for a relationship

or not?" With online dating you never know who's on the other side of the line. IJL had better quality people who were interesting. It truly was an experience that was tailored for me.

#### Tell us about your first date with one another.

D: I never went on lunch dates because I was always busy at work so I met Michael after work at a downtown restaurant. The conversation just flowed. I was attracted to him from the start. I remember it turned into dinner.

#### What was your favorite part about dating through IJL?

I met my husband, so I guess I would say that! It's Just Lunch — it's just a lot of fun. I remember I'd get off a plane and have a voicemail from the matchmaker saying she had a potential date for me. With online dating, you can go back and forth and waste a month with someone and not really get to know them. With IJL, you go meet your match and if you like them, you see them again, and if you don't, you're done.

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#### 1 IN 3

Singles think talking politics on a first date is a bad idea.

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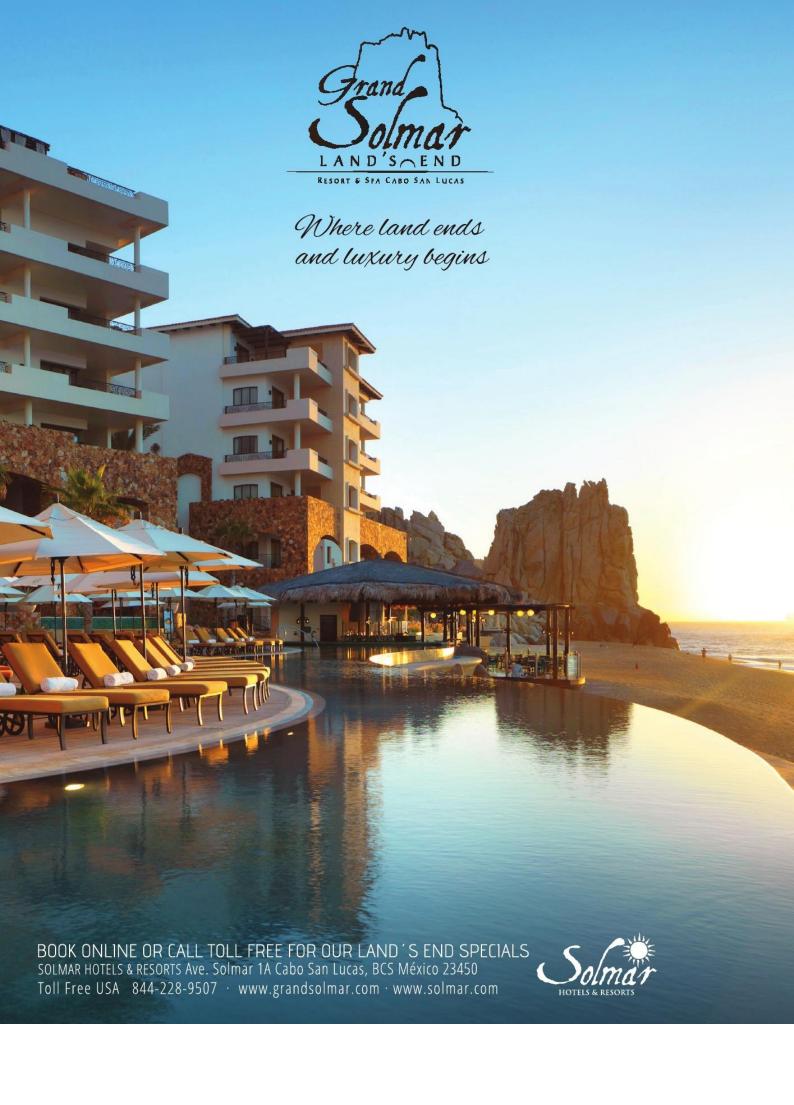
It's Just Lunch Matchmakers











CFAR

#### **Pet Paraphernalia**

Innovative holiday gifts for furry friends BY MEAGAN WEHE

From a GPS/activity tracker to reflective vests to discreet wastebag dispensers, the creative options for dogs and other pets this holiday season are numerous. Adding some of this new gear to a pet's daily routine is sure to make that pet a leader of the pack.



Petcube Camera A wide-angle video camera with a built-in light toy allows owners to interact with pets remotely, via an app (petcube.com; \$149).



#### **Whistle GPS Pet Tracker**

This rechargeable device attaches to a collar and allows you to check on your pet's location (and track activity over time) with a simple mobile app (whistle.com; \$79.95).

#### Other Pet Products:

Catit Senses 2.0 Digger This inventive food dish discourages overeating by making cats dig treats from small tubes (catit.com; \$14.99).

#### Doggles

Eye protection for dogs who stick their heads out of car windows or ride sidecar (woof.doggles.com; \$12—\$24.99).

FroliCat Pounce An electronic mouse races around a track, ducking in and out of cover—and can keep felines occupied for hours (frolicat.com; \$27.95).

Rings Game A toy for birds to manipulate rings onto pegs in response to voice instructions (drsfostersmith.com; \$29.99 for large toy).

#### **Ware Chew Toy Dental Workout Kit**

Woven willow toys keep pet rodents and rabbits stimulated and promote oral hygiene (drsfostersmith.com; \$5.99).



Loop This durable waste-bag dispenser with a loop on each end fits on a leash or other accessory (loft312.com/ new-products; \$18).



Pawz Dog Boots Paw protection—against dirt, snow and more—comes in various sizes and colors with these multiple-use, biodegradable, natural rubber booties (pawzdogboots.com; \$14—\$20 for a pack of 12).

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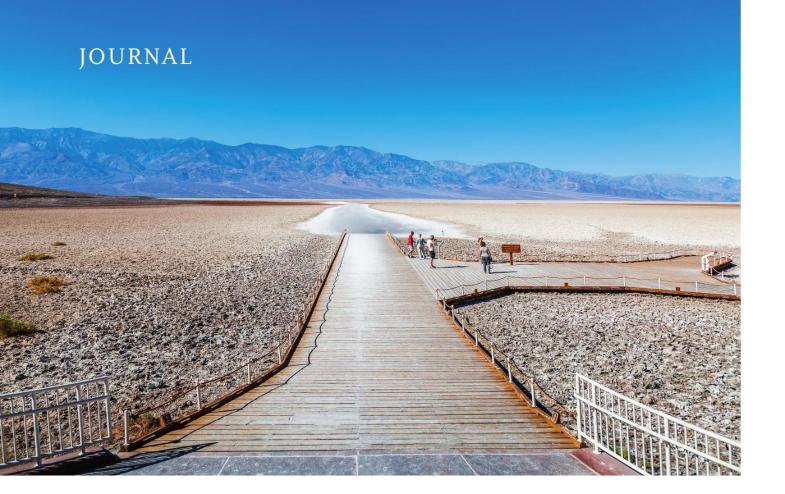






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HIKING HIGHLIGHT

# **Death Valley in Winter**

Late fall through early spring brings delightful conditions to this famed desert area, accessed via Las Vegas or California BY PETER POTTERFIELD

#### SITUATED NEAR THE BORDER

between California and Nevada, **Death Valley National Park** is the largest national park in the Lower 48 states. It stretches for 150 miles between the Panamint and Amargosa mountain ranges. Much of this huge park is remote, and without water, roads or services of any kind. Fortunately, some of Death Valley's best hikes are close to accommodations and other **visitor services at Furnace Creek**, which is about two hours from the Las Vegas airport.

The must-do hike for every park visitor is **Badwater Basin**, 17 miles south of Furnace Creek on Badwater Road. Amble out from the Badwater Basin parking lot on boardwalk trails into an otherworldly expanse. (Trails are raised because rain can make a salty lake form near the parking lot.) Where the boardwalks end, walk out on the salt

flats of this fascinating moonscape, which includes the lowest point in North America, 282 feet below sea level. This is more an exploratory stroll than a defined hike. Most people venture about a mile.

For a longer hike, try the popular Golden Canyon–Gower Gulch Loop, a stunning 4 miles through Death Valley badlands. From Furnace Creek, drive 2 miles south on Badwater Road to the Golden Canyon parking area and hike up Golden Canyon between walls of red mudstone to the Red Cathedral formation. Hike out of the canyon at the 1-mile point, below the spire of Manly Beacon. Enjoy the best views from the hike's high point before descending into Gower Gulch. Follow the trail downhill past old borax mines, then exit the canyon (veer right at the dry falls) and cross the desert back to the Golden Canyon parking lot.

#### FOLLOW A PERENNIAL STREAM in

America's driest national park by hiking the 1-mile boardwalk loop along the Salt Creek Interpretive Trail, 13 miles northwest of Furnace Creek on Highway 190. Keep your eyes peeled for the rare Salt Creek pupfish, a species found here only.

# **Day-Hiking Death Valley National Park**

Badwater Basin: Easy nature stroll, 1 to 2 miles, no elevation gain. Golden Canyon—Gower Gulch: Moderate hike, 4 miles, 450-foot elevation gain. Details: The best time to hike in these areas is November through March. Hiking permits are not required. Always use caution and bring water on desert hikes. Information: Death Valley National Park; 760-786-3200; nps.gov/deva/planyourvisit/hiking.htm.



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BOOKS

# Flavors for the Season

Recipe collections to tempt your appetite BY JEEVIKA VERMA

This fall, new cookbooks are giving readers options to satisfy culinary cravings—and to inspire new foodie passions. Pies, soups, regional specialties of all sorts—name the type of food, and there's probably a recent release about it.

The following titles explore various methods of cooking and suggest innovative ways to rejuvenate recipes. Many incorporate locally sourced ingredients and celebrate flavors of particular parts of the country. These cookbooks make excellent gifts and give readers the chance to prepare stunning meals for loved ones this holiday season.



By Kate McDermott; The Countryman Press Pie enthusiasts will appreciate award-winning baker and workshop teacher McDermott's easy-as-pie methods—for rolling dough, making great glazes and perfecting fillings that suit either a sweet tooth or a savory one.

#### **BIG AMERICAN COOKBOOK**

By Mario Batali; Grand Central Life & Style Best-selling author-chef Batali honors the American melting pot by sharing 250 of his favorite recipes from across the country.

#### **BIG FOOD BIG LOVE**

By Heather L. Earnhardt; Sasquatch Books Earnhardt, founder of Seattle's The Wandering Goose restaurant, shares stories and recipes from the South—and infuses them with a Northwest flair.

#### **EVERYTHING I WANT TO EAT**

By Jessica Koslow; Abrams
The award-winning chef of the
popular Los Angeles restaurant
Sqirl, Koslow presents her
signature aesthetic with healthconscious and delicious recipes
that stimulate the senses.

#### **HOMESTEAD KITCHEN**

By Eve and Eivin Kilcher; Pam Krauss Books/Avery Home cooks can celebrate, connect to and live off the land using hearty homestead recipes from the costars of the Discovery Channel's hit show Alaska: The Last Frontier.

#### LARK

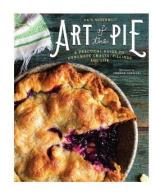
By John Sundstrom; Sasquatch Books In this homage to the Pacific Northwest (a significant update of an earlier edition), Sundstrom presents signature artisanal recipes from his acclaimed restaurant Lark and divides them by what he considers the "culinary seasons": Mist, Evergreen and Bounty.

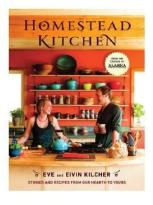
#### MY TWO SOUTHS

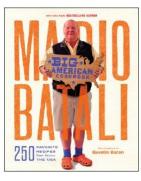
By Asha Gomez; Running Press With dishes such as Cardamom Cornbread and Puffy Ginger Hoecakes, Gomez explores the intersection of cuisines from South India (her birthplace) and Atlanta (home of her popular restaurants).

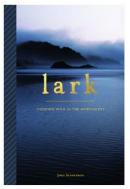
#### **TASTE & TECHNIQUE**

By Naomi Pomeroy; Ten Speed Press Self-taught, award-winning chef Pomeroy, from Portland, brings a masterful pleasure of cooking to home kitchens by using elaborate building-block recipes.

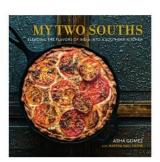


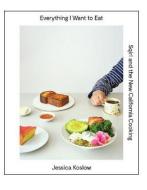


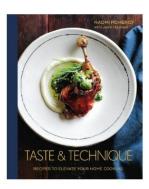












## **HEALTH-CONSCIOUS COOKBOOKS**

- ▶ A Modern Way to Cook By Anna Jones; Ten Speed Press. Vegetarian recipes categorized by prep time.
- ▶ Clean Soups By Rebecca Katz with Mat Edelson; Ten Speed Press. The cleansing-soup toolkit for the home kitchen.
- ▶ The Forest Feast Gatherings By Erin Gleeson; Abrams. Simple, charming and unique vegetarian feasts for guests.
- The Healing Kitchen By Holly Bellebuono; Roost Books. Herb-infused recipes for healing and health.
- Nutrition Stripped By McKel Hill; William Morrow. Simple recipes for whole-food meals.
- ▶ Oh She Glows Every Day By Angela Liddon; Avery. Delicious plant-based recipes for people on the go.



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IN PROFILE

# **Purveyors of Fun**

The McMenamin brothers tap Northwest spirit with innovative pub-centered venues BY KATHRYN TRUE

wintry day in the Pacific Northwest might find patrons of the Anderson School—an Art Deco junior high turned charismatic campus of delights that opened last fall northeast of Seattle—floating in the indoor heated pool at the palm tree—studded North Shore Lagoon, or cozying up for a house-distilled whiskey in The Shed, a convivial cabin bar aglow with firelight. The Anderson School campus, which is the flagship Washington state venue of innovative pub-and-community-space developers Mike and Brian McMenamin, has six bars and restaurants, a hotel, a brewery, a movie theater and a garden. It is emblematic of the multifaceted, history-conscious, entertaining destinations the brothers have created around the Northwest.

When the McMenamins started resuscitating old bars in Portland, Oregon, in the early 1980s, they had no idea that they were embarking on a lifelong odyssey. Inspired by the family-friendly feel of European pubs, the brothers hoped to generate a similar vibe in their hometown. A search for bargains led to the purchase of aging businesses such as the neighborhood watering hole that became McMenamins Tavern and Pool in Northwest Portland. Although the site needed renovation, regulars still gathered there to spin yarns about ancestors who had warmed the same barstools since 1909.

These tales opened a portal to the past that is now a pillar of the McMenamins company philosophy. The brothers were struck by how much their patrons' stories strengthened a sense of community, and they made it their job to celebrate the history at the heart of each location they opened. Today, three full-time historians and dozens of artists are among the 2,500 McMenamins employees responsible for honoring and maintaining community spirit at 54 venues—46 in Oregon and eight in Washington state.

The inimitable McMenamins style has been described as a blend of funky Deadhead iconography, tarot-card chic, steampunk whimsy and fairytale-cottage comfort. Whatever you call it, it's clear that the brothers at the helm have a sense of humor. Each of their venues has, in every nook and cranny, paintings with fun, quirky facts about the people responsible for the original culture of the



place. When embarking on a new venture, the McMenamins call together their troupe of historians and artists, along with every local they can muster, to collect memories of a venue's heyday.

"The stories start rolling, and everyone gets excited—it's really pretty electric," says Mike McMenamin.

Next up to receive the McMenamins touch is the Elks Lodge in Tacoma. On the National Register of Historic Places, the 1915-era Renaissance Revival—style building is a neglected beauty with a staircase modeled after Rome's famous Spanish Steps. Mike can't wait to sip a glass of McMenamins Black Rabbit Red wine at the backstage bar they have planned for the site. Both brothers particularly enjoy the small, secreted-away places within their buildings—where intimacy encourages connection and drives what Mike calls "the epitome of what we do."

One of Brian McMenamin's favorite such spots is the Principal's Office Bar at Anderson School. The actual former domain of the principal, it's a cozy gathering place today: "You get in there and you have to talk to the person next to you," Brian says. "There's no TV ... you must practice the art of conversation. At the end of the day, that's what it's all about." Learn more at mcmenamins.com.

# **McMenamins Trivia**

- → Favorite dusty find: 1918 Armistice Day posters in a boarded-up basement of the Olympic Club in Centralia, WA.
- → Toast-worthy: The brothers helped pass the 1985 Oregon brewpub bill that helped spark the Northwest craft-beer boom.
- → McMenamins devotees: Fans who have visited every McMenamins location are called Cosmic Tripsters.
- → Distinctive drinks: The McMenamins company produces its own beer, wine, cider, spirits and coffee. —*K.T.*



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Alaska Airlines supports and honors past and present members of the U.S. Armed Forces

By Craig Hill



Alaska Airlines' new
"Honoring Those Who Serve"
aircraft was unveiled last month.

Photo: Marian A. Lockhart / The Boeing Company

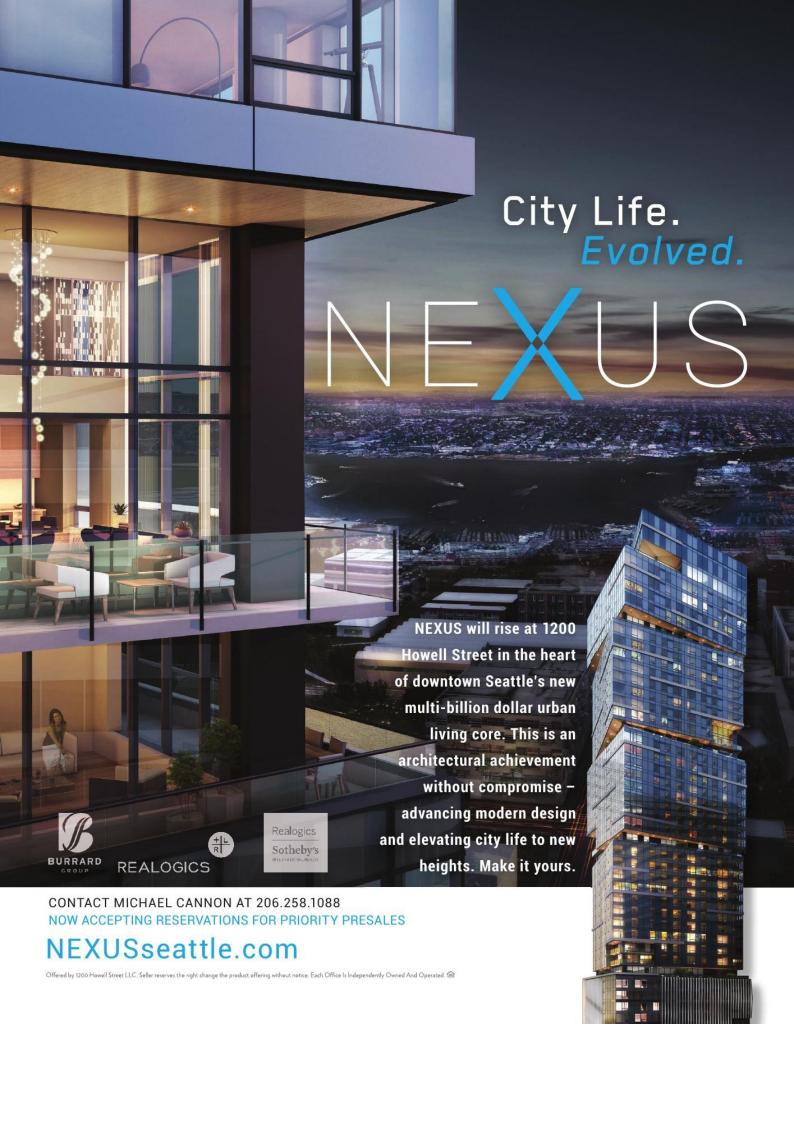
When Ashley Hence decided it was time to transition from the U.S. Army to civilian life, some of her friends urged her to reconsider. "They told me how hard it was going to be to get a job," Hence says. "They said it would be better for me to re-enlist and stay in the military until I retire."

The 32-year-old equipment-repair specialist, who joined the Army in 2013, knew the change wouldn't be easy, but she and her husband, DaMarcus, are expecting a baby daughter in

January, and re-enlisting would have meant moving to Germany from Joint Base Lewis-McChord in Western Washington, she says. DaMarcus would have had to quit his job.

While visiting JBLM's education center earlier this year, Hence learned of a program that would make it easier to find her next job. She signed up for Camo2Commerce, a project of the nonprofit Pacific Mountain Workforce Development Council and other entities that helps service members transition to civilian jobs.





"It builds your confidence by helping you understand that there are options out there," says Hence, who has an MBA in human resource management.

She applied to the program, and six companies requested an interview with her for 12-week fellowships they were offering in conjunction with Camo2Commerce. She was selected by Alaska Airlines' human resources department.

"The program was amazing and a great experience," Hence says. "I



was able to see how the business operates and how meetings were juggled along with day-to-day duties. I was able to network around the company and assist with many HR functions."

Even before her fellowship ended in early October, Alaska Airlines offered her a full-time job in its customer care department.

The fellowship "was an opportunity to get my foot in the door, and learn more about the company," Hence says. "My husband and I are thankful and blessed that there was an opportunity right out of the military, and that we don't have to deal with uncertainty."

Alaska Airlines has brought in eight Camo2Commerce fellows this year, says Sonia Alvarado, the airline's labor manager for the maintenance and engineering division. She is also co-chair of Alaska's Military Employee Group, which supports transition-

# **Military-Appreciation Aircraft**



An inspirational "symbol in the sky" honoring U.S. military members and their families took flight last month when Alaska Airlines unveiled a new Boeing 737-900ER whose livery evokes

"remembrance, pride and appreciation."

The aircraft, N265AK, has a patriotic livery with "Honoring Those Who Serve" painted along the fuselage. The design, shown above, includes a quote inspired by Calvin Coolidge: "No person was ever honored for what they received. Honor has been the reward for what they gave."

The special-livery project was conceived by a group of Alaska employees who wanted to do something significant to show support for the military community, says Maintenance and Engineering Project Manager Brian Loesch, who helped to coordinate the rollout of the new livery. They presented the idea to Alaska's leadership, who wholeheartedly embraced it.

"The military-appreciation aircraft represents the underlying drive that Alaska employees have to support each other and our military community," says mechanic and Seattle Line Maintenance Trainer Brett Megran.

"It's our way of saying thank you," notes mechanic Kevin Kruse, also a Seattle Line Maintenance Trainer. "Because we're an airline, we can do this in a big and unique way."

Delivered October 17, the aircraft is flying to destinations throughout the country.

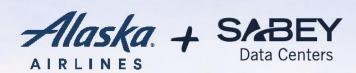
The military-appreciation livery is part of the Alaska Airlines Salutes program, which brings under its umbrella many support activities and represents "our deep commitment to our military communities," says Constance von Muehlen, Alaska's Military Employee Group co-chair, and managing director of Airframe, Engine and Component Maintenance.

At the core of Alaska Airlines Salutes is the Fallen Soldier Program, which was created to ensure that soldiers who made the ultimate sacrifice receive a homecoming marked with the utmost respect. The program was initiated by Alaska mechanics, who researched military protocols and built customized carts, with American-flag curtains and military insignias, devoted to honoring fallen soldiers and used only for respectfully transporting their remains at airports. Special arrangements are also made for the military escort and any family members who may be flying with the fallen. The employee group has now provided carts to six airports-Anchorage, Seattle, Portland, Los Angeles, San Diego and Washington, D.C.—with more being planned, and the carts are available for use by

Last year, when Alaska Customer Service Agent Denise Snow announced in an Anchorage boarding area that the outgoing flight would carry the ashes of a fallen soldier, and then paid tribute to him by singing the national anthem, a passenger recorded the tribute and shared it on Facebook, where in less than a week it had 142,000 views and more than 4,000 shares. Snow also sings to veterans for Honor Flight departures, at times even coming in on her days off to do so.

As part of Alaska Airlines Salutes, the airline supports multiple organizations, ranging from the American Red Cross to Veterans Resource Centers of America.

Seatback cards on the military-appreciation aircraft tell more about the new aircraft and express appreciation for the sacrifices made by all actively serving, veteran and fallen service members and their families. -M. Dill



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ing service members, current service members and veterans via career development, education, networking and community outreach.

"We have a large number of employees who are either currently serving or are veterans, and we are very proud of that," Alvarado says. "It's important to help transition service members into the civilian sector. They bring a huge amount of leadership skill and a variety of specific career skills. We value what they bring to the workplace."

Those with military service tend to be exceptionally adaptable, Alvarado adds. "Their ability to adapt and lead successfully in an environment they are not always familiar with is something you typically don't see in the civilian world."

Camo2Commerce is one of the many programs around the country that are making a difference by providing employment opportunities, support and recognition for those who are serving or who have served our country. Below are some additional examples.

# USO Northwest

A cookie can put a smile on the face of an airman almost as easily as it can delight a child.

Perhaps that's why the cookiedecorating booth is usually the most popular attraction at the Oregon Air National Guard's annual family holiday party. "Who doesn't love to decorate a Christmas cookie and then eat it?" says Jean Allen, who planned the holiday parties before retiring from the Air Force as a chief master sergeant in January. "My sons [twins now serving in the Air Force] still love it, and they are 25."

Allen, who served 32 years with a Portland-based Guard unit, says group events with games and activities for children are vital for military families. "In the service, any opportunity that you have to actually be

# Alaska Airlines Supports and Honors Military

Recipient of the U.S. government's prestigious Employer Support Freedom Award

Fifteen days or so a month, Alaska Airlines First Officer Caleb Haley, based in Anchorage, flies passengers aboard a 737 to destinations ranging from Barrow, Alaska, to New Orleans. Seven to eight days a month, he serves his country as Major Caleb "Slick" Haley in the U.S. Air Force

Reserve, where his duties at Joint Base Elmendorf-Richardson, about 15 miles northeast of the Anchorage airport, include "strapping an F-22 onto my body" and piloting the jet in Basic Fighter Maneu-

vers (aka dogfighting) training sorties.

He says his immediate supervisor "has been fantastic supporting my highly dynamic schedule" and adds, "what an amazing honor it is that both Alaska and the Air Force Reserve let me work my dream job of flying the 737 while serving our great nation in the world's greatest air dominance fighter, the F-22 Raptor."

Alaska Airlines Cargo Operations Supervisor Paul Miller oversees cargo in Anchorage ranging from boxes of salmon to vehicle-engine parts during a typical workweek of four 10-hour days, but every month he also spends a three- to

four-day weekend serving in the Army National Guard as a staff sergeant with areas of responsibility such as leading a squad to ensure that mission objectives are carried out; helping to ensure that equalopportunity requirements are followed; and serving as an adviser on Army Retention Program matters.

Like Haley, he appreciates Alaska Airlines' scheduling that allows him to fulfill his Guard duties and serve his country.

"Our schedule at Alaska Airlines is flexible. Our schedule at the Guard is different every month, but we get it three months in advance," he says. "When I have a drill [with the Guard], I have to report at 1800 [6 P.M.] to Elmendorf-Richardson. I bring my uniform with me so I can change into it before I leave the airport, so when I get to my unit I can just jump in to do what needs to be done."

This year, Haley, who has been with Alaska Airlines for 18 months and in the Air Force Reserve for about four years, and Miller, who has been with Alaska Airlines since 1995 and in the Army National Guard for almost 15 years, both nominated Alaska Airlines for the U.S. government's highest recognition given to employers for their support of employees who serve in the Guard and Reserve.

Alaska Airlines was one of just 15 honorees—chosen from more than 2,400

> nominations—to receive the award this year.

> Almost half of the U.S. military is composed of the Guard and Reserve. The Secretary of Defense Employer **Support Freedom Award**

recognizes employers that provide the most outstanding support for members of the military who are combining employment and service to their country.

Companies must be nominated for the award by their own employees who are Guard or Reserve personnel, or their families. "I have been working for the company for 20 years,

> and I have seen how they treat people in uniform—they treat them with respect," Miller wrote in his nomination.

In Haley's nomination, he noted: "Alaska Airlines actively recruits, promotes and retains veterans in all areas of the

company and is continually striving to increase veteran employee rates. For example, veteran/active military new hire rates went from 6 percent in 2012 to 15 percent in 2014."

He also said, "It is so humbling that such a great company makes it a point to support me and, ultimately, our great nation."

Marilyn Romano, Regional Vice President, Alaska, who attended the August ceremony at the Pentagon to receive the honor, says: "It is humbling to be nominated by employees to receive the 2016 Freedom Award. Our commitment to those who serve our country is longstanding, and we are proud to call many Guard and Reserve members Alaska Airlines employees. Accepting the award at the Pentagon from Secretary of Defense Ash Carter on behalf of our company and all our employees was an honor."





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together as a family with other military members, and enjoy your time, and be recognized, is a really big deal," Allen says. "It is difficult to do what service men and women do these days without the support of their families. With our military folks deploying a lot, it is very stressful. This is an opportunity for them to come together and really enjoy being together and being out at the base without being there just to say goodbye when they are deploying."

Allen says USO Northwest, which is celebrating its 50th anniversary this year, helps to make those celebrations possible. USO Northwest is one of the regional divisions of the United Service Organizations, a congressionally chartered, private, nonprofit entity with more than 180 locations worldwide. The Northwest division, whose partners include Alaska Airlines, serves more than 650,000 military members and their families annually, including those deploying overseas and returning home; wounded warriors and their families; and families of the fallen.

For instance, USO Northwest provides free meals; care packages; concerts; and centers offering The USO Northwest facility at Sea-Tac Airport serves thousands of traveling military members.

numerous services at the Portland and Seattle-Tacoma airports, and at Joint Base Lewis-McChord. The airport centers serve thousands of military members traveling for or between assignments, including active-duty, Reserve and Guard members. Family members, disabled veterans and retirees may also use the centers in various cases.

Last year USO Northwest opened an improved and expanded 7,500square-foot center-complete with spaces ranging from game rooms and a larger kitchen to an internet cafe, a laundry room and bunkrooms-at Sea-Tac Airport, thanks in part to support from Alaska Air Group employees. The employees not only donated all the items for the facility's kitchen, volunteered their time to help clean and set up various parts of the center, and created a welcome display, they even created and installed protective diamondshaped metal plates for the entryway ramp and baggage-room walls, as well as a custom mount for a U.S. Navy bell.

Below are just a few of the ways Alaska Airlines recognizes and supports those with military affiliations

# **Employment**

- ★ Alaska Air Group employs more than 1,400 people who have served or are serving our country.
- $\star$  It has recruiting partnerships with entities such
- as Camo2Commerce and Military Mojo, and participates in the Secretary of Defense Corporate
  Fellows Program.
- \* Alaska's Military Employee Group supports current and future military and veteran employees, including supporting career development, promoting education, providing networking opportunities and engaging in community outreach.
- ★ In 2015, Alaska was honored as one of the Most Valuable Employers for Military by Civilianjobs.com.

## Recognition

- ★ The Fallen Soldier Program honors those who have made the ultimate sacrifice for their country, including respectfully transporting remains at airports.
- ★ Partners with the **Honor Flight Network**, which transports veterans to Washington, D.C., to visit memorials. The airline has provided 10 Honor Flights, transporting 600 WWII, Korean War and Vietnam War veterans, since 2014.
- \* Provides a travel credit to the Washington State Fallen Heroes Project that allows banners, memorializing those who have given the ultimate sacrifice to America, to be flown to parades and events for display.

## Support

- ★ Supports organizations such as the American Red Cross, Fisher House, Nisei Veterans Memorial Center, Paralyzed Veterans of America, Purple Heart Anglers, United Service Organizations (USO) and Veterans Resource Centers of America.
- ★ Encourages customers and employees to donate Hero Miles, allowing injured or ill service members to be reunited with loved ones. Around 7.6 million Hero Miles were donated in 2015. —M.D.



Regional VP Marilyn Romano and First Officer Caleb Haley accept the Freedom Award on behalf of Alaska Airlines.

Airline employees continue to support the center by volunteering in the reception area, making meals, and helping with flight arrangements, including for families of fallen soldiers.

Another USO Northwest program, Helping Hands, is designed to assist with funding for morale-building activities for the military and their families, such as the Oregon Air National Guard's family holiday party. According to the USO Northwest website, it is the only USO in the world offering the Helping Hands program.

"Without those [Helping Hands] funds, we wouldn't be able to offer nearly as many activities as we do," Allen says. "It's so important for supporting and embracing the members of the military. And we are very thankful for that."

# Honor Flight Network

Bill Baker has lived 93 years' worth of weekends, and he knows exactly which one was the best. In late September, Baker traveled from Seattle to the U.S. capital on Alaska Airlines, which participates in the Honor Flight Network, including regional hubs such as Puget Sound Honor Flight, which arranged Baker's trip.

The mission of the nonprofit Honor Flight Network is "to transport America's veterans to Washington, D.C., to visit those memorials dedicated to honor the service and sacrifices of themselves and their friends."

The World War II Memorial plaza is oval-shaped, with granite columns representing each U.S. state and territory at the time of the war. Arches at the north and south represent the Atlantic and Pacific oceans. Baker made sure to enter the memorial twice, once through each



Bill Baker visits the WWII Memorial in Washington, D.C., thanks to an Honor Flight from Seattle on Alaska Airlines.



# Pearl Harbor 75th-Anniversary Commemoration

Raymond Chavez, age 104, is the oldest living military service member who was in Honolulu when Pearl Harbor was attacked on December 7, 1941. He was on a small boat sweeping Pearl

Harbor for enemy mines in the predawn hours of December 7 when the Navy sailors spotted a Japanese mini-sub trying to sneak into the harbor. They called for a bigger ship, which eventually located and sank the invader.

When Chavez's shift ended at 6 A.M., he went home to sleep. He was subsequently awakened by his wife, who saw black smoke billowing up from the harbor. He immediately returned to the site and was assigned to resume sweeping for mines amid the horrific scene.

He cried over the devastation and loss of life—"I'm not ashamed to admit it," he told a Navy-related magazine in October as he

recounted his experience.

Next month, in partnership with the nonprofit Spirit of Liberty Foundation, Alaska Airlines will fly the veteran, who lives in the San Diego area, to Honolulu for the 75th Pearl Harbor Commemoration. With a theme of "Honoring the Past, Inspiring the Future," the event,

whose sponsors include Alaska Airlines, will take place December 1–11.

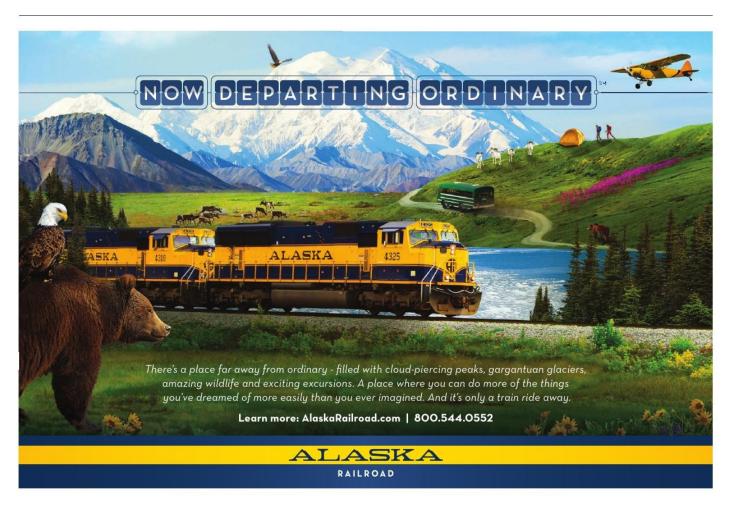
It will include opportunities to visit historic sites, such as the World War II Valor in the Pacific National Monument, as well as memorial ceremonies, tribute ceremonies for survivors of the attack and for World War II veterans, military-band performances, films on Waikīkī Beach and many other events.

Also, on December 6, the Freedom Bell Opening Ceremony will welcome the **Spirit of**  Liberty Foundation's America's Freedom Bell to Pearl Harbor at the USS Bowfin Submarine Museum & Park. Following the morning ceremony, and through December 10, during park hours, anyone may ring the Freedom Bell in memory of someone who has served.

The bell, cast on June 6, 2013, the 69th anniversary of D-Day, contains metal from the 9/11 twin towers. The official emblem of each Armed Forces branch circles the bell in the order of their founding. The bell's lip has 50 stars, representing the nation. The Freedom Bell has been traveling the country for numerous events, and more than 3 million people have seen and rung the bell so far to honor members of the U.S. military and say thank you.

For additional information about the Spirit of Liberty Foundation and the Freedom Bell, visit spiritoflibertyfoundation.com.

For a complete schedule of the Pearl Harbor commemorative events, go to pearlharbor75thanniversary.com. —M.D.



arch, because as a Navy gunner's mate third class he served on both oceans, from 1942–45. The veteran, who grew up in California in the 1930s, says he was abandoned as a teenager, but his fortunes changed when he saw one of those iconic "Uncle Sam Wants You" posters.

"I can't explain the euphoria that encompassed my body when I saw that, because I thought I could have a warm, dry bed and three meals per day for the first time in a number of years," Baker says. He also felt it would give him the opportunity to see the world. "I didn't think of it as war at the time," he says. It wasn't long before he realized he was putting his life on the line to defend his country and its allies, and that it was a vital effort to protect the world from Hitler's regime.

After leaving the military on Thanksgiving Day, 1945, Baker went

on to work in a paper mill, and he volunteered as an instructor for disabled swimmers. He still plays golf, works Friday nights busing tables at an Italian restaurant in the Puget Sound area—because it keeps him young, he says—and is already planning his 100th birthday party.

But it wasn't until he visited the World War II Memorial this year that the full impact of his military service really set in. He cried as he remembered his World War II days and the people he served alongside. Other visitors to the memorial approached him to thank him for his service.

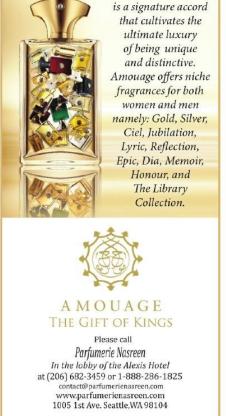
"It was the first time I actually felt like a hero," Baker says. "It was the most memorable weekend of my entire life. I can't say enough about how much this meant to me."

Craig Hill writes for The News Tribune in Tacoma.



Alaska Airlines Customer Service Agent Denise Snow sings the national anthem in tribute to veterans departing on a Last Frontier Honor Flight from Anchorage to Washington, D.C., last year. Airmen in the Alaska Air National Guard's 249th Airlift Squadron, above, were also at the airport, connecting with and assisting the veterans.





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Two of the nine already under contract. Call today. Construction commenced in April of 2016.







Left: Mammoth
Mountain's peak
reaches 11,053 feet,
and yearly snow totals
occasionally top 600
inches. Below:
Following a major
merger orchestrated by
Vail Resorts, Park City
is now a 7,300-acre
megamountain.

# MAMMOTH MOUNTAIN

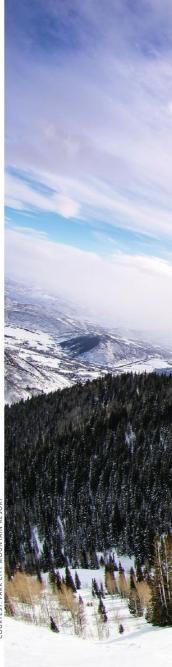
Free refills. That's all I could think about the last time I skied Mammoth. I was in the middle of a storm so huge that, as I did laps on the steeps of Chair 22, my own tracks were almost completely covered by the time I rode the lift again. I hit thighdeep pillows and got a mouthful of snowy contrails made by my friend, and still the flakes kept coming. I can't remember the final stats, but I do know that for this hill, it was nothing new. A few years back, one front unloaded 12.5 feet in just four days, and yearly totals occasionally top 600 inches.

Of course, all the stats associated with Mammoth are appropriately huge: 3,500 acres of terrain, 28 lifts, and an II,053-foot-high summit that has views all the way to Yosemite National Park. I don't know the fighting weights of the Base Camp Cafe's breakfast burritos, but they're impressive, too.

Mammoth's season is often California's longest, stretching from November to Memorial Day and beyond. Last season Mammoth was open on Independence Day. Many of the runs on this volcanic peak are spread out at or above tree line, so they're as wide open as football fields (or else rock-lined and elevator-shaft tight). Mammoth was one of the first resorts to embrace terrain parks 20 years ago, and now the so-called Unbound grooming crew sets 13 parks, four halfpipes and 100-plus jibs every season. This year, for the first time, the crew will mold jumps and platforms in the massive, hike-accessed Hemlocks Ridge area—creating a unique sidecountry freeride flow. Even better, at the base of Hemlocks sits Outpost BBQ, a hut that offers the perfect resting place, especially under the bright spring sunshine.

Experts can have a field day at Mammoth in claustrophobic funnels such as Hangman's Hollow or on the knee-deep steeps of Climax or Cornice Bowl. When the summit lifts shut down due to rough weather, the Avalanche Chutes off Chair 22 are just as hairy (and the visibility tends to be better).

If you'd rather cruise, Road Runner is great on a clear day: It's a 3-mile superhighway that winds along the perimeter of the mountain with the jagged Minaret peaks as a backdrop. Solitude and Stump Alley are broad and forgiving, and mellow White Bark Ridge often holds powder when the rest of the hill is



tracked to ribbons. Just learning to ski or ride? The runs near the base areas are the way to go, and their names are the giveaway (Sesame Street, School Yard, Wonderland Playground).

The ski area is part of the Mountain Collective, a single pass that's good for two days each at 14 destinations, including Alta/Snowbird and Squaw Valley. And from Los Angeles, you can hop on a morning flight and make turns by noon. Meaning maybe, just maybe, you can play out the ultimate California dream: surf at sunrise, ski until sunset. —*E.S.* 

# PARK CITY

I've skied Canyons Resort, where each drainage—from the glades of Ninety-Nine 90 to the dozens of open steep lines off Super Condor Express—has character and conditions of its own. And I've skied Park City—the 40-plus-degree chutes off Jupiter Peak, the cruisers flanking PayDay Express, all rising up from one of the most charming Old West Main Streets in all of skidom. But after \$50 million in infrastructure upgrades—including a



six-pack express chair and the 500-seat on-mountain restaurant, Miners Camp—and a major merger orchestrated by Vail Resorts, the formerly independent ski areas have become one, linked by the Quicksilver Gondola. The new Park City is a 7,300-acre, 41-lift winter carnival.

The conundrum is obvious: How do you carve up this megamountain? You could stick to the Park City side for a day, cruising the dozen intermediate lines that fan from the top of the six-person King Con Express and finishing with laps on the classic Town lift. The next morning, you could get lost and found on the Canyons side, which has multiple north-facing slopes that keep Utah's superlight snow cool and dry for days after storms. You could, as some locals do, park at the Canyons Village base, take the shuttle to Park City, and end your tour back at your car. Or do the opposite so that you're well-situated for *après* in town after the bullwheels stop spinning.

ery, the first ski-in, ski-out distillery in the country. And, no, it won't loosen your belt for the six-course, sleigh-in Scandinavian dinner at the Viking Yurt. But it will capture, in undeniable stats, just how epic this new resort is. —*E.S.* 

# **SQUAW VALLEY**

→ I've gone to Squaw Valley in California and skied a single lift from bell to bell without getting antsy—which says a lot about how varied terrain, prodigious snowfall and challenging runs come together at Lake Tahoe.

That chair, KT-22, which rises 2,000 vertical feet straight up from the lively crowd sharing pitchers at Le Chamois to its 8,070-foot summit, is consistently named one of the best in North America. The chair serves just one of Squaw's nine distinct zones—14, if



Whichever strategy you choose, be sure to get the EpicMix app for your phone—it works at all Vail Resorts and lets you track vertical feet and lifts ridden, post photos, set goals, race on designated courses, check the weather, and even get live wait times for chairlifts across the mountain. No, it won't turn your GS skis into powder boards. No, it won't let you skip the wait to drink cocktails called Dead Man's Boots and Horse's Neck at High West Distill-

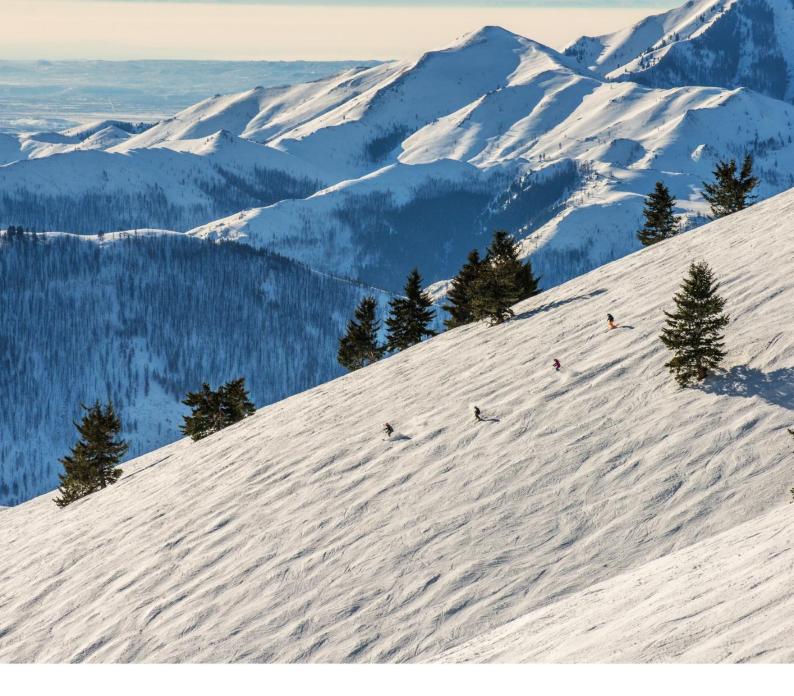
you include easygoing fraternal twin Alpine Meadows. The pair of hills share Tahoe views, ownership and lift tickets (with a 2-plus-mile gondola in the works to connect them).

Yes, ski film stars such as Scot Schmidt and Shane McConkey made their names on the cliffs here, but areas such as Squaw's Big Blue—with six lifts and more than a dozen mellow runs—and Lakeview at Alpine (100 percent intermediate) are



Left: Squaw Valley is a great family destination, with views of Lake Tahoe and ample mellow terrain.

Above: Turning 80 this season, Sun Valley is the birthplace of the American ski resort and is famed for its long and continuous runs.



just the right speed for young families. Even better? At Squaw, some diversions—a hot tub, an ice-skating rink and a museum dedicated to the 1960 Winter Games—are at the top of the mountain and accessible by tram. And in March 2017 more records could be forged, as Squaw is hosting World Cup races for the first time in nearly 50 years, with the likes of recent gold medalist Mikaela Shiffrin set to carve down the same historic course. —*E.S.* 

# **SUN VALLEY**

→ Sun Valley, which turns 80 this season, is nothing short of the birthplace of the American ski vacation. The Idaho resort is home to the world's

first chairlift, a technological leap (supposedly inspired by a Central American banana conveyor) that in 1936 transformed the skiing industry. The lift also created the idea of a winter destination resort, attracting celebs from Marilyn Monroe to Clark Gable to Ernest Hemingway—who wrote part of *For Whom the Bell Tolls* while hunkered down in the Sun Valley Lodge for a few months.

Though stars continue to visit, and the lodge underwent a major transformation last year (renovated, expanded rooms; 20,000-square-foot spa; revamped six-lane bowling alley), the feeling here is actually more Gore-Tex than glitz. Plus, no matter where you turn—especially if you're wandering among the black-and-white photos hung in the lodge hallways—you sense the joy of history.

# -THE-UNBEATEN PATH

It will find you when you're ready.







But the vibe is just one thing that makes Sun Valley—where the sky is blue 280 days a year—stand apart from many other North American resorts. Bald Mountain has a relentless pitch, with angles as perfectly consistent as algebraic graphs, and much of the mountain is smoothed into corduroy that's as neat as a buzz cut. On Warm Springs Face you can carve 3,000 feet of textbook GS turns. In fact, locals here wait for the lifts to open so they can score untracked groomers rather than fresh powder—which, on some days, might leave snow for you in areas such as Christmas Bowl or Exhibition, with its Mini Cooper—sized moguls.

If you'd rather ski trees, Sun Valley has partnered with the Healthy Forests Initiative, clearing trees and brush to nearly double the resort's gladed terrain.

If you want a behind-the-scenes look at operations, enter one of the resort's new weekly contests: You might be able to spend two hours helping ski patrol prep the mountain, or take a ride while a groomer bulldozes the slopes for the next morning. It's a chance to see how Sun Valley's immaculate reputation is formed day after day. —*E.S.* 

# STEAMBOAT / CRESTED BUTTE

→ Steamboat Springs and Crested Butte stand as picturesque ideals of the Colorado mountain town, mostly untouched by the march of progress. One is an immensely livable microcity that still has cattle drives on its fringes. The other is a remote

bastion of the "Last Great Colorado Ski Town," with a dash of extreme-sports modernity. But the heart of each place is the mountains—imposing peaks hiding slopes everyone should experience.

Steamboat Springs' Mount Werner has some of the lightest and driest snow in the United States. The resort even trademarked it with the name "Champagne Powder," and you truly can feel the difference when levitating through the evergreen copses and aspen groves,

and floating through tree runs such as Shadows.

Crested Butte, in addition to offering plenty of family-friendly terrain, is the birthplace of extreme freeskiing, and I've been left shaking in my Scarpas here more than once. Stopped too long at the lip of a run perhaps too big for me to chew back then, I was helped by a local pro who took pity and pointed out my line, offering pointers and whooping encouragement as I learned to dig my edges into what looked like a sheer face. At the bottom, the pro gave me a quick fist bump and disappeared over the lip of a boulder. I never caught his name, but that's just the kind of place Crested Butte is. —T.A.



Top left: Steamboat's snow is so light, the resort has trademarked it as "Champagne Powder."

Top right: Whitefish's snow coats the trees and the slopes with deep powder. Bottom: Crested Butte is known as the "Last Great Colorado Ski Town."

# WHITEFISH

→ A friend once told me that Montana is like Colorado, but with no people. It's more than that: Toss in a bit of Alaska or Canada's wild frontiers, plus the Pacific Northwest's wet-and-woolly gran-



Ranked #3 for service, #5 for value and #10 for overall satisfaction by SKI Magazine readers.

In the ski industry exceptional service and value pricing do not typically go hand-in-hand ...and then there's Whitefish.









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WHITEFISH, MONTANA

Partially Located on National Forest Lands 🍱 Photo © Noah Clayton







deur, and you're a bit closer. Triple it when winter comes, blanketing mountains such as Whitefish with oodles of crisp, dry snow and few people you have to share it with.

Somehow, in our overconnected 2016, this neighborhood mountain with world-class skiing remains relatively undiscovered, with zero lines clogging the Big Mountain Express to empty, wide groomers such as Inspiration.

Roll off Whitefish's frozen shoulders to its back and you'll find the steeps and chutes of the Hellroaring area. Careful or you'll lose yourself among the snow ghosts: tall pines crusted and bent with thick snow and rime ice. Leaning out of the gloom, they don't look like ghosts to me so much as giants caught in the middle of an epic shaving-cream fight.

They get that way because of Whitefish's mixing

bowl of heavy snow, wind and fog. Some people say Whitefish stays off radar because of that fog. Swap visibility and other skiers for the opportunity to go thigh-deep in a crowd of arboreal apparitions? I'll make that trade every time.

The deal is sweetened by Whitefish's low-key Western vibe, with lovely bars such as the Bierstube and the Great Northern Brewing Company. By day two, everybody seems to know your name. —T.A.

Alyeska provides views of Turnagain Arm and the Chugach peaks from its diverse terrain on 1,610 skiable acres. There are also many good options for post-ski beverages.

# **ALYESKA**

→ Every ski movie worth its powder has a segment about heli-skiing in Alaska, and it's no wonder: The scale and rugged majesty of the mountains here dwarf anything in the Lower 48.

But you can still experience what it's like to roostertail through terrain fit for Warren Miller without the chopper—just come to Alyeska, where the runs look over the waters of Turnagain Arm and the snowcaps of the Chugach peaks. In fact, it's where clients of Chugach Powder Guides, a heli operation in the base town of Girdwood, go when the choppers are socked in.

Years ago I was grounded for two days because of



The day starts a lot easier when you wake up in our spacious room just minutes from *Disneyland* Resort. It gets Majestic with breakfast and a free Dream Machine Shuttle just down the hall. That's the bright-eyed way to vacation with the family.



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TahoeResortHotel.com 800 988 9850



a huge winter storm—and as I took it out on Alyeska's 1,610 acres, I hardly missed the chopper. I rode up the Aerial Tram and did a few rounds on Christmas Chute, a 50-degree, 1,000-vertical-foot flume, where the snow hit midthigh. The snow on the next north-facing chute, New Year's, was even deeper. I made sweeping GS turns through the Upper and Lower bowls, then raced laps on Trapline. Alyeska isn't a massive area, but it has massive variety, from low-angle groomers to hike-only lines.

It's also simple to pick your level and ski the whole day without having to hopscotch all over the hill. Stick with the newly upgraded Ted's Express and Glacier Bowl Express—now high-speed lifts—for blues, and run circles around the Bear Cub Quad at the base to get your ski legs. If you're looking for some of the longest sustained steeps in the country, the North Face area drops 2,500 feet.

No matter what, be prepared for precipitation. Alyeska sits on the cusp of the northernmost rain forest in North America, which means that something falls from the sky at least a few times a week; sometimes, the snow accumulation at the top is more than three times what it is at the base, some 3,200 feet below.

Last year, a whopping 824 inches of snow sifted down, which opened up expert couloirs Slo Boy I, Slo Boy 2 and Fast Boy for the first time in several years. If this season comes anywhere close, it's a sure bet that everyone will be celebrating at the new Bore Tide Deli & Bar—think exposed beams, river rock, awesome views and themed cocktails. And the *après* of champions: corn dog bites. —*E.S.* 

When 95 feet of snow came down in the 1998–99 winter, Mount Baker set the unofficial world record for most snowfall in a season.

# MOUNT BAKER

→ Ullr is the Old Norse god of winter, a flowy-bearded stepson of Thor with a bow, who tromps around on snowshoes or skis, depending on the rune stone. It seems to me he lives on Mount Baker in Washington state. He has to. It's one of the snowiest places on Earth: 95 feet of snow fell in the winter of 1998–99, enough to set an unofficial world record. Resort employees tried to design snow-melting machines, and when those failed to stem Ullr's gift, the mountain shut down because it had too much snow.

On Baker powder days, you can feel the winter god: He's spewing spray continued on page 74







• Brian Head

FROM SALT LAKE CITY INTERNATIONAL AIRPORT Driving time: 4 hours Distance: 249 miles

FROM LAS VEGAS INTERNATIONAL AIRPORT Driving time: 3 hours Distance: 180 miles





## **BRIAN HEAD**

Brian Head Resort is the "Highest Resort Town" in the U.S. with a base elevation of 9,800 feet and a peak elevation of 11,300 feet. Located within Dixie National Forest, it is the closest ski resort to southern Utah's national parks. Zion and Bryce Canyon are within a 60-minute drive and Cedar Breaks National Monument literally surrounds the resort. Covering over 650 acres, Brian Head has two connected mountains, Giant Steps and Navajo, offering 71 runs and 8 chair lifts. The ski area is home to spectacular scenery and a laid-back atmosphere.

Cedar City's historic downtown district features quaint local shops, an array of cuisines, galleries and an old-time soda fountain.

Other areas to visit

winter getaway.

Available lodgings

include full-service hotels, cozy cabins, lodges, cottages, vacation homes, B&Bs and even luxury yurts.

# Where the Mighty Five® meets the Greatest Snow on Earth®.

are Frontier Homestead and Old Iron Town.

Enjoy a variety of "red rock adventures" in Utah's national parks such as hiking, biking, cross-country skiing and snowshoeing, without the summer crowds.

Combined with the Brian Head ski experience, it makes for one awesome

Family-friendly attractions include two tubing hills, mini zip line and night skiing. Short lift lines and affordable rates (\$38 mid-week, \$59 weekends) make Brian Head Resort a great choice for your winter getaway. For information visit visitcedarcity.com







FROM SALT LAKE CITY INTERNATIONAL AIRPORT Driving time: 3 hours 45 minutes Distance: 238 miles





## MOAB

Moab does not hibernate in winter so include extra days for exploring the region in combination with your Utah ski vacation.

Visitors from around the world come to experience sunrises over the towering depths of Canyonlands National Park and viewing sunsets in the red rock landscape of Arches National Park. Take advantage of visiting two of Utah's five national parks while staying in one convenient location.

Experience many of the same summer activities Moab is famous for, including hiking in Arches and Canyonlands National Parks and the best mountain biking on the planet on a network of more than 100 biking trails. Enjoy Moab's resort town hospitality with its great selection of lodging, shops, galleries

a light jacket. Take advantage by capturing the splendor of the Moab area and nearby national parks and bring home extraordinary images to share.

# Photographic opportunities are amazing in winter.

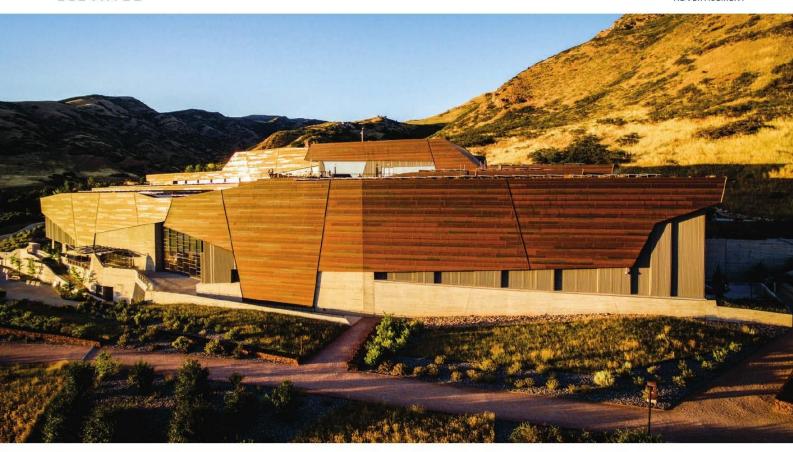
and restaurants, with fewer crowds and terrific off-season rates.

Photographic opportunities are amazing in winter.
Often, a light dusting of snow adds spectacular highlights to the red rocks and then is gone in 24-hours, when you can hike and bike the trails in

Plentiful places to stay include condos, hotels, guesthouses, ranches and resorts, easily matching your needs and budget and making Moab the perfect base for exploring the region and its seasonal activities.

For information visit discovermoab.com







FROM SALT LAKE CITY INTERNATIONAL AIRPORT Driving time: 22 minutes
Distance: 10 miles





# NATURAL HISTORY MUSEUM OF UTAH

The Natural History
Museum of Utah will open
minds to the wonders of
Utah's remarkable
geology, landscapes
and ancient past—and
presents a diverse array of
dinosaurs. Ten permanent
exhibits, including the
Past Worlds gallery,
display more than a dozen
new dinosaur species only
found in Utah, as well as
the world's largest horned
dinosaurs display.

Nestled in the Wasatch Mountain Range foothills, in the Rio Tinto Center on the University of Utah campus, the Museum is positioned on a series of terraces following the hillside contours. Sited along the Bonneville Shoreline Trail, a popular hiking and mountain biking location, the building itself is an

visitors enjoy stunning views of Salt Lake Valley, Great Salt Lake, the Great Basin and the Wasatch Mountains. Learn about Utah's exciting paleontological

# Learn about recently discovered dinosaur species.

architectural marvel.

Climb the Museum's main staircase (or take an elevator) to emerge in the lobby area—named the Canyon. Three-stories high and featuring a collections-wall displaying more than 500 objects, the Canyon is a central public and gathering space. From this area

discoveries, explore diverse ecosystems, see beautiful gems and minerals from Utah and beyond, view preserved artifacts from the state's prehistoric peoples and hear stories told by today's native nations who call Utah home. For information visit nhmu.utah.edu







FROM SALT LAKE CITY INTERNATIONAL AIRPORT Driving time: 35 minutes Distance: 35 miles





#### **OGDEN**

From the fun to the downright funky, Ogden, Utah, is anything but your typical mountain town. Known as Utah's best kept secret, Ogden is home to three of Utah's premier resorts: Powder Mountain, Snowbasin Resort and Nordic Valley, all enjoying 450 inches of powdery snow each season. After a full day of skiing enjoy the notoriously independent culture found downtown especially on Historic 25th Street, featuring eclectic shopping and a vibrant nightlife district.

For those seeking to step back in time, head to upper Ogden Valley and experience Utah's oldest continuously operating bar, the Shooting Star Saloon. Established in 1789, this saloon survived the prohibition era. While there be sure to ask your

and luxury day lodges.

Nordic Valley is a quiet mountain perfect for beginners. Their Ski & Board School is a topvalue learning center with 500 acres of terrain.

#### Ogden is Utah's best kept secret.

server about the bar's colorful history.

Powder Mountain Resort's 8,200 skiable acres has some of the world's best cat skiing, making it a powder-hound's paradise. Snowbasin Resort offers 3,000 acres of varied ski terrain, two high-speed gondolas Famously affordable, Ogden has great winter deals. Ski a full day at all three resorts for \$145 when you stay 2+ nights at a participating hotel. Ski free for a day at Snowbasin Resort when flying to SLC on Alaska Airlines (restrictions apply). For information visit skiogden.com





• Salt Lake City
• Park City

UTAH

FROM SALT LAKE CITY INTERNATIONAL AIRPORT Driving time: 35 minutes
Distance: 30 miles



park 🍇 city

#### **PARK CITY**

Park City, Utah's historic charming town, is home to two spectacular ski resorts.

Park City Mountain Resort boasts the largest ski terrain in the U.S., and Deer Valley Resort is America's top-rated ski resort based on unparalleled guest services, on-mountain epicurean excellence and snow grooming standards. Numerous providers offer transfer services to Park City from the airport. Once in Park City, visitors can take advantage of free, city-wide transportation to easily get around town. Plus, many of the area's lodging accommodations

offer complimentary shuttles during your stay.

With a combination of silver mining history, its Historic Main Street and a beautiful alpine setting, visitors can select from suites and condos located slopeside or nestled in town.

The Sundance Film Festival graces Park City for ten days every January and the 2002

### Utah's historic town is home to two spectacular ski resorts.

experience activities on and off the slopes. From snowshoeing to hot air ballooning, and snowmobiling to fly-fishing, there is something for everyone.

Lodging options include luxury hotels such as Stein Eriksen Lodge, Montage Deer Valley and the Waldorf Astoria. Or Winter Olympics host legacy is ever-present with attractions found at Utah Olympic Park, where athletes train year-round. Summer and fall are spectacular with an array of activities like mountain biking, hiking, outdoor concerts and festivals. For information visit *VisitParkCity.com* 







UTAH

FROM SALT LAKE CITY INTERNATIONAL AIRPORT Driving time: 40 minutes (to Ski City Resorts)
Distance: 35 miles (to Ski City Resorts)





#### SALT LAKE – AMERICA'S SKI CITY

Salt Lake, also known as Ski City, is home to four world-class resorts within a quick 40-minute drive from Salt Lake City International Airport: Alta, Brighton, Snowbird and Solitude. Have fun exploring each of these famed resorts from the convenience of the ultimate urban "base camp" in Ski City.

Ski City is just minutes from the airport and offers a winter vacation unique in North America, combining amenities and attractions of an exciting urban center with worldclass skiing and boarding featuring Utah's "Greatest Snow on Earth®." Salt Lake boasts hundreds of hotel options, thousands of restaurants, a lively nightlife featuring eclectic bars and an exploding music scene, and all of the arts and culture you Cottonwood Resorts, whichever days they want. Including free transportation via Utah Transit Authority's Ski Bus and light rail, renting a car is optional, not a necessity.

### There are many ski towns but only one Ski City.

expect from a capital city.

Salt Lake is nestled at the foot of the towering Wasatch Range, where endless skiing and riding is just 30 minutes away. The Ski City Super Pass offers great value and flexibility for lift tickets, allowing skiers and riders to enjoy any of the four Only in Ski City can you ski or ride all day and play in Salt Lake's urban setting all night. World-class skiing combined with world-class dining, nightlife, arts and more make for the ultimate winter vacation.

For information visit skicity.com



Whistler Blackcomb is a huge resort with 8,171 skiable acres of terrain that ranges from corduroy cruisers to steep open bowls. from page 67 down your collar while you chain floating turns through snow up to your goggles on Gabl's; he's sucking you into creamy, house-size pillows while you seesaw through Sticky Trees. Is he angry at you for profaning his most sacred house? Nah: He's a trickster, and a shredder, too.

Baker almost always finishes near the top of resort snow totals in the country, but locals keep

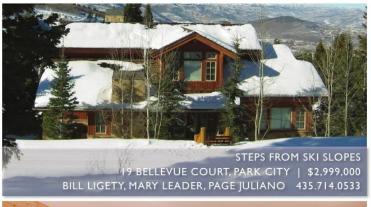
their fingers crossed that another record year is coming soon. They just have to wait for the right La Niña to blow into this smallish resort of astonishing diversity, coating its 1,000 skiable acres of trees, chutes, steeps and legendary sidecountry runs. This, friends, is a La Niña year.

"Everyone has high hopes for this season," says Leif Whittaker, a climbing ranger, Baker local and son of Everest summiteer Jim Whittaker. "But whenever anyone says, 'It's a good year,' they inevitably drift off and remember whatever crazy thing they saw or did in the record year. It's that legendary."

Few people come to Baker for the *après* in the nearby rain forest hamlet of Glacier, Washington (population 211). But the town's Wake 'n Bakery's breakfast burritos, Chair 9's cocktails and pizza, and Graham's beer and burgers are better than they have any right to be.

Instead, people come for the snow. And they get more of it here than anywhere else, thank Ullr. —*T.A.* 











VIEWS AND STEPS TO DEER VALLEY® SKI RUN 7948 RED TAIL COURT, PARK CITY | \$11,750,000 PATTI WELLS AND MARK JACOBSON 435,901,4300

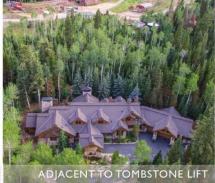
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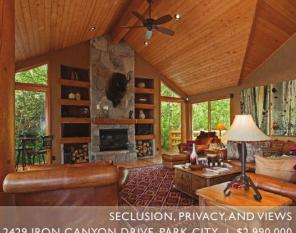
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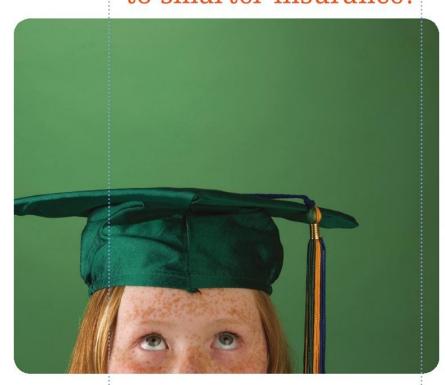
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#### **WESTERN SLOPES**

#### WHISTLER BLACKCOMB

→ With 8,171 acres, Whistler Blackcomb is an exercise in superlatives: the
most massive resort in North America
that also sports some of the prettiest
views and most exciting nightlife. Pro
snowboarder Mercedes Nicoll moved to
Whistler from Toronto when she was 12
and went on to compete in the Olympics
here in 2010, placing sixth in the halfpipe competition to hometown roars.

"I didn't realize how wild the crowd was until my friend Torah [Bright], who won those games, came up to me and said, 'I love it when you drop in—the crowd goes wild,'" Nicoll says. "Coming home, I always appreciate driving the Sea to Sky Highway on my way back to my beautiful backyard. I have been traveling all over the world competing and have yet to find a place that offers both an amazing pedestrian village and easy access to two huge mountains—it's usually one or the other, never both."

West Bowl, Glacier Bowl, Christmas Trees—recommending a run on Whistler results in a long list of challenging terrain. But almost anyone can ski the green-and-blue-hued Peak to Creek, a 7-mile corduroy python uncoiling from the top of Whistler to the mountain's base. It's maybe the ultimate cruiser, equally suited to slack-jawed sightseers and speed demons chomping big turns. On Blackcomb, the experts might want to head to the aesthetic steeps and challenge of Spanky's Ladder, a short bootpack from the Glacier Express quad.

But skiing on the mountain is at most half the Whistler experience. Dance in your ski boots all night at the Garibaldi Lift Co. or Dusty's Bar & BBQ. Eat fish pulled from the nearby Pacific at Sushi Village. Mountains this big inevitably get called soulless, but Whistler Blackcomb



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#### **WESTERN SLOPES**

ducks even that charge. "I moved here in '97, and it still felt local, but it grew super fast," pro freeskier Stan Rey says. "But you still get that local feel—it's just busier. It's still a fun vibe, a good place to make friends and a good town to be a part of. I haven't found a place like it."

-T.A.

#### MOUNT BACHELOR

There are bigger volcanoes in the world than Mount Bachelor—heck, there are bigger volcanoes in Oregon—but there aren't any others that allow you to pick a line and ski 360 degrees off the top of it. "We get access to the full-cone experience," says Garrett Handke, a Bend resident and guide at Oregon Ski Guides. "In good conditions, the big wind builds big features off the top, really playful terrain. It makes it really unique."

At 9,065 feet, Batch's high altitude results in fluffy, light powder. Blower days really mean blasting down the wide flanks of the peak, coating yourself head to toe in air-light powder that falls off in a dog shake at the bottom.

The steeps and trees of the West Bowls are legendary, but the 2,000-foot drop of Sparks Lake run, off the Northwest Express, is the best way to dig yourself a heaping scoop of Bachelor's 460 inches of snow a year. —T.A.

Evelyn Spence and Ted Alvarez write from Seattle.

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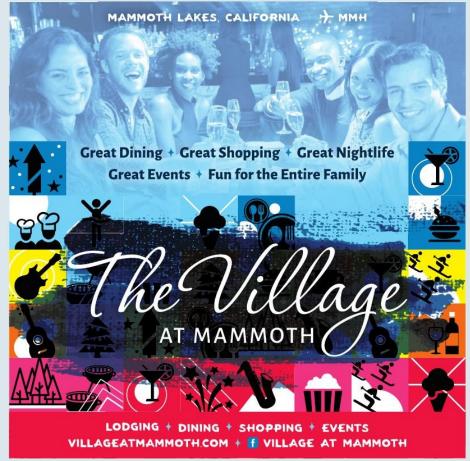




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# LEFT, ANDY'S JAZZ CLUB; RIGHT, TODD ROSENBERG

### AUTUMN ADVENTURES

#### Distinctive fall destinations

Have you ever wanted to hear some cool jazz in Chicago, or learn to line dance in Austin? How about visiting Boston to relive some of the events that led to the Revolutionary War, or stop in the Big Apple to see the latest Broadway hit or experience the filming of your favorite TV show? Fall getaways offer great opportunities to visit some of the nation's most dynamic destinations. The following are a few of our favorite places to visit in four cities that are known for their exciting year-round attractions.





#### Exploring the Windy City By Toni Lapp

Chicago is a city that demands your participation. From its bold architecture to its music, theater and arts scene, the Windy City draws visitors to its myriad cultural attractions.

The Second City Theater: For native Chicagoans, Second City is a local treasure. Home to one of the nation's most famous troupes, the comedy club has been a creative center and a showcase for talent since 1959. Some of its many celebrity alums include Saturday Night Live former cast members John Belushi, Gilda Radner, Bill Murray and Tina Fey, as well as The Late Show host Stephen Colbert. Its performances also are famous for the improvisational nature of the comedy.

Andy's Jazz Club & Restaurant: Chicago is a live-music center for all genres, including jazz. On a recent evening at the venerable Andy's Jazz Club & Restaurant in the River North neighborhood, a five-piece brass band took the stage, one moment offering Dixieland-style jazz, the next featuring a vocalist rapping off hip-hop lyrics, and then transitioning to reggae-inspired tunes.

Andy's Restaurant features such dishes as Bourbon Glazed New York Strip Steak and Great Lakes Whitefish & Mango Salsa.

Millennium Park: Another way to experience Chicago is through its public art. Since the dedication of the Pablo Picasso sculpture in Daley Plaza in 1967, many more works have been installed through the public funding of art projects. The

Above left: Trumpet Summit, composed of band leader Marques Carroll (left), Victor Garcia (center) and Corey Wilkes (right) performs at Andy's Jazz Club & Restaurant. Above right: The well-known Second City Theater has helped launch the careers of many famous comedians.



place to start is Millennium Park, a showcase of architectural attractions, including Anish Kapoor's sculpture *Cloud Gate*, known fondly as The Bean.

The eye-catching structure is shaped like a large bean that is covered in mirrorlike steel plates that reflect their surroundings, including the stately buildings along Michigan Avenue. Crowds are drawn to approach and view their own reflections on the installation's surface. And once you've captured the requisite selfie, many other attractions within the park await, including the nearby Crown Fountain, Jay Pritzker Pavilion and the McCormick Tribune Ice Rink.

Art Institute of Chicago: From Millennium Park, you can stroll to the Art Institute of Chicago over the Nichols Bridgeway, a 625-foot pedestrian bridge that was designed by architect Renzo Piano. Accessible from the southwest corner of the park, the structure arches to a height of 60 feet as it approaches the museum's third-floor entrance into the Modern Wing. Here, you can recharge in the Terzo Piano, a sleek restaurant space with inventive cuisine, or explore the museum with its 300,000 works of art spanning the ages.

The Signature Lounge: The perfect way to end a

day of sightseeing is to take in the Chicago skyline, itself a work of art. The Signature Lounge on the 96th floor of the John Hancock Center offers expansive views of Lake Michigan and the city through floor-to-ceiling windows. But make time to check out the *Lucent* sculpture in the lobby. A suspended orb of twinkling lights, set between a mirrored ceiling and a black granite pool below, commands visitors' attention.

#### The Music of Austin

#### Lara Douglass

There are many reasons to visit the Texas state capital, including barbecue, swimming holes, sunny days and the highest urban bat population in the world, to name a few. However, step off the plane and it won't take long to understand why Austin has been called the "Live Music Capital of the World."

Austin is home to more than 200 music venues, thousands of musicians, and plenty of music-centric art, including life-size statues of Stevie Ray Vaughan and Willie Nelson. Even the one-terminal Austin-Bergstrom International Airport offers live music on weekdays at various locations.

For those looking to cool down between shows,

Cloud Gate, a mirrorlike sculpture that is also known as The Bean, is one of the most unique and interesting art displays at Chicago's Millennium Park.



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Right: The band Sleater-Kinney performs at Stubbs Bar-B-Q in Austin. Below: People enjoy the waters of Barton Springs, a naturalspring-fed pool located in south Austin's Zilker Metropolitan Park.



drop by Barton Springs, a 3-acre spring-fed pool at Zilker Metropolitan Park in south Austin, where the water stays about 70 degrees year-round.

**Stubb's Bar-B-Q:** For music lovers, this venue on Red River Street is a must-visit. It's arguable whether Stubb's is more famous for its menu or its nightly

shows of top talent, who have ranged from M83 to Muddy Waters. Either way, visitors are likely to leave satisfied. On Sundays, Stubb's also hosts a gospel brunch with music and a buffet stocked with grits and catfish.

ACL Live at the Moody Theater: The Austin City Limits broadcast has been a part of the PBS lineup for more than 40 years. The show's filming studio is downtown at Austin's Moody Theater on West Second Street, where the audience can

watch local and touring acts record live sets.

For something to eat, visit Lambert's Downtown Barbecue, located across the street, which serves delicious comfort food. The savory pulled-pork Frito pie topped with goat cheese is worth the stop alone.

The White Horse: This is the place to catch live local acts, learn to two-step with millenials and enjoy whiskey on tap. Located on Austin's buzzing East Side, The White Horse also offers an outdoor patio complete with a taco trailer.

Lucky visitors may even meet the bar's namesake white horse, Tex, at the hitching post outside or on the dance floor, where he's been known to walk into the bar with his owner, Sam Olivo—Austin's Sixth Street Cowboy—in the saddle.

The Continental Club: Usually sporting hot rods parked out front along South Congress Avenue, the iconic Continental Club has been showcasing rock, jazz, blues and country acts nightly since 1955.

Recent performances have included gospel and soul singer Leon Bridges and the legendary Robert Plant.

For a more intimate show, or for a rousing game of pingpong, visit the discreet Continental Gallery upstairs. South Congress Avenue is also lined with great dining options, from mainstays, such as Guero's Taco Bar (which also provides live music in its outdoor courtyard), to the new and trendy, such as Otoko, a 12-seat upscale Japanese restaurant located in the South Congress Hotel.

Elephant Room: A subterranean jazz bar in the heart of downtown Austin on Congress Avenue, the venue features small shows and is a perfect place to relax with friends. Venture upstairs to Swift's Attic for inventive small-dish meals, or go down the street to Second Bar + Kitchen for New American fare.





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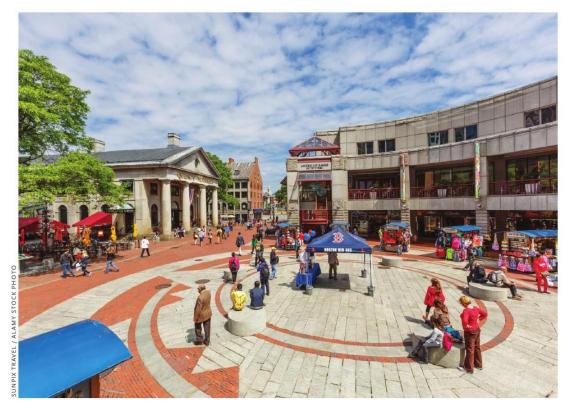
Private tenant lounge





Right: Historic Faneuil Hall Marketplace, in the heart of Boston, is a famous gathering place that offers many shops and restaurants.

Below: Visitors can re-create the Boston
Tea Party by throwing replica tea bundles into the city's harbor.



#### **Historic Bean Town**

#### By Andrew Waite

Boston is home to a lot of American firsts: the first subway system, the first public beach, even the first Dunkin' Donuts (founded outside of Boston in the town of Quincy in 1950). What else would you expect from a city that played a pivotal role in the American Revolution? Below are some ways to experience Boston, a city steeped in American history.

The Path to Freedom: Take a walk on The Freedom Trail, a 2.5-mile painted red line that winds its way through the streets of Boston to some of the most important sites in American history.

Start in Boston Common, which was established



in 1634 and is the oldest public park in the country. At Faneuil Hall, listen for echoes of the town meetings and public forums that have been held there since 1741. Near Faneuil Hall, Quincy Market is a historic brick plaza and indoor market with great shopping and restaurants. While there, eat at Durgin Park, which opened in 1742 and advertises that it serves history in addition to clam chowder, prime rib and other New England classics. Visit the home of Paul Revere, whose famous ride in 1775 helped warn colonists about the imminent British invasion.

While much of the Freedom Trail is in downtown Boston, it also extends over the Charles River with a walk to Charleston, where the Bunker Hill Monument marks the first major battle of the Revolutionary War. The walk also offers a great view of the Boston skyline.

America's Most Famous Rock: While the piece of granite itself might underwhelm, the history and the symbolism of Plymouth Rock, overlooking Plymouth Harbor about 40 miles south of Boston, is undeniable. It marks one of the sites where Europeans first made their home in New England. It also is close to the site where many historians believe the first Thanksgiving was celebrated.

Join a Tea Party: Tour leaders at the Boston Tea Party Ships & Museum guide visitors through the re-enactment of the 1773 Boston Tea Party. Visitors can portray angry colonists protesting against the Tea Act and then take part in dumping (replica)

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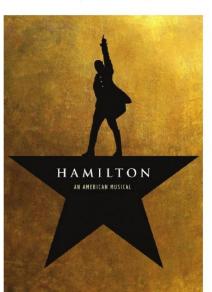
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Some of the *Today* show co-hosts include (from left) Matt Lauer, Hoda Kotb, Savannah Guthrie and Willie Geist.
Below: *Hamilton, An American Musical* is one of the most popular shows on Broadway.



bundles of tea into Boston Harbor from aboard historically restored ships.

Historic Books: Especially in autumn, when the New England foliage bursts with red, orange and yellow, it's easy to see how Walden Pond inspired



Henry David Thoreau, who lived there from July 1845 to September 1847. Later, head to Copley Plaza to read Thoreau and other great writers at the Boston Public Library, with its ornate Bates Hall reading room that has rows of lamps with green lantern shades.

Cheering on the Team: Even sports in Boston have a historical feel. The city's beloved football team is named

the Patriots, after all. And Fenway Park, home of the Boston Red Sox, opened in 1912, making it the oldest actively used ballpark in Major League Baseball.

#### All the World's a Stage in New York

By Janene Mascarella

Everyone knows that the Big Apple is the place to be if you've ever wanted to sit in the audience of the latest Broadway blockbusters. However, it is also the place to catch upcoming episodes of many of your favorite TV shows. From Broadway to broadcast television, The City That Never Sleeps is full of entertainment options.

TV Time: If you want to be part of the studio audience for some of television's most popular shows, it may take some planning, but it can be done. Visit nycgo.com for an extensive list and explanations on how to get tickets, including show requirements and filming schedules for *The Daily Show with Trevor Noah*, *The Dr. Oz Show, Good Morning America*, *The Late Show with Stephen Colbert, Live with Kelly, Saturday Night Live, The Tonight Show Starring Jimmy Fallon* and many more.

For instance, the *Today* show, NBC's morning news and lifestyle program, broadcasts from the ground floor of the famed 30 Rockefeller Plaza building, and the show's cast can be seen through windows of the studio at the corner of West 48th Street and Rockefeller Plaza.

Fans can also gather outside on the plaza to watch (and to be seen on camera). *Today*'s hosts and guests often venture outside to the plaza and meet with fans during the show. No tickets are necessary. While you're in the area, drop by Del Frisco's Grille New York (the sister restaurant to Sullivan's Steakhouse in Anchorage). The restaurant offers a variety of great meals, including cheesesteak eggrolls and prime cheeseburgers.

A Chance to See the Best: For "impossible-to-

### One of Broadway's most anticipated new plays is A Bronx Tale: The Musical. Famed actor Robert De Niro is making his Broadway directorial debut with the production.

find" and discount tickets to the top Broadway shows, ranging from *Aladdin* to the perennially sold-out *Hamilton*, try securing one of the few tickets available through an online lottery system.

"Just try Googling the show's name and 'online lottery' to find it," says travel blogger Jeanne Marie Hoffman of LeChicGeek.com. "You don't have to decide whether or not to attend until you are accepted."

Hamilton's digital lottery (hamiltonbroadway. com) is offered for all performances except Wednesday matinees. The times to enter the lottery vary depending on the time of the performance, so check the website. It's worth a try.

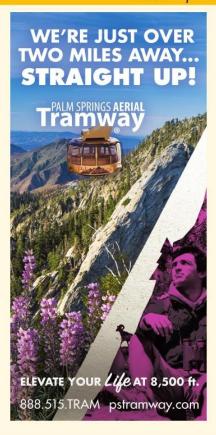
**De Niro Does Broadway:** One of the season's most anticipated new plays is *A Bronx Tale: The* 

Musical. Famed actor Robert De Niro is making his Broadway directorial debut with the production, which is based on a one-man play, as well as a popular movie that De Niro starred in and directed. The musical, which is set on the streets of the Bronx in the 1960s and features an original doo-wop score, will open at the Longacre Theatre on December 1. Performance previews begin Thursday, November 3.

For the complete New York De Niro experience, have dinner at one of the actor's renowned Manhattan restaurants, such as NoBu or the Tribeca Grill.

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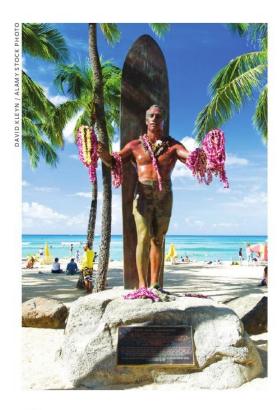
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iving in New Jersey, Anthony Quintano and his wife, Kim, became obsessed with Hawai'i while watching the TV series *Lost*. They booked their 2006 honeymoon on O'ahu and visited the Islands frequently after that.

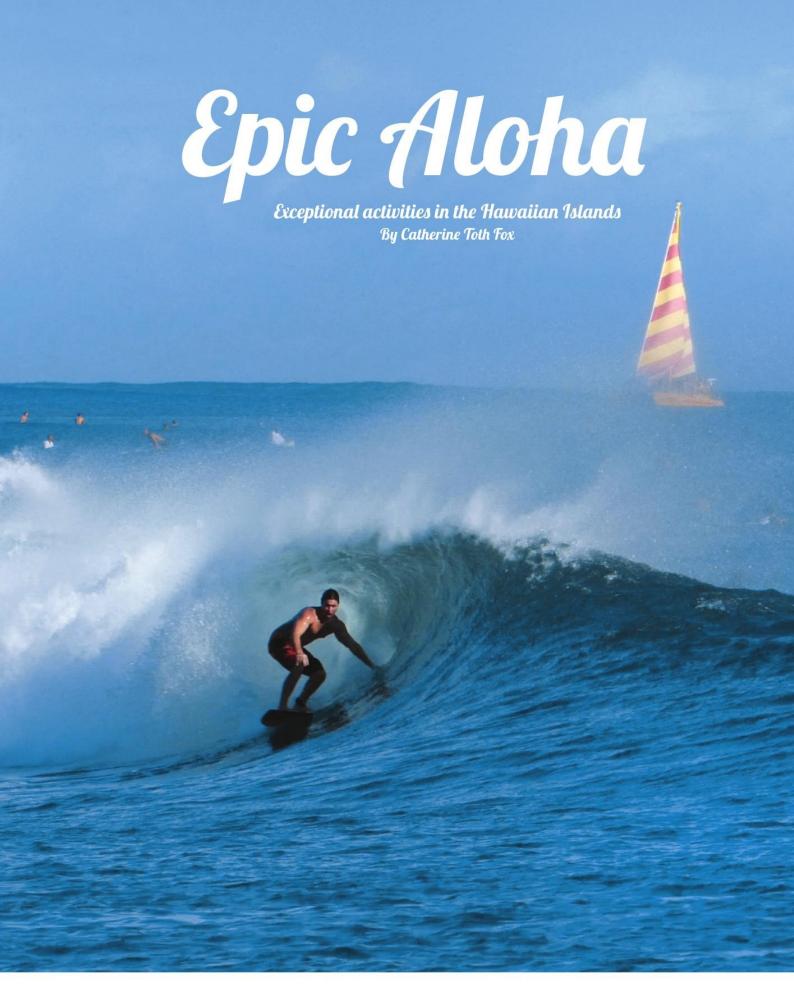
And, though Quintano had followed the sport of surfing since he was a teenager growing up in New York City, it wasn't until more recently, when he saw mesmerizing images by photographer Clark Little—taken from inside breaking waves—that Quintano became focused on getting a closer look at the fabled surf in the Islands.

In February, Quintano not only witnessed massive winter waves at Waimea Bay, he got to watch the historic 2016 Quiksilver in Memory of Eddie Aikau Big Wave Invitational (aka "The Eddie"), a prestigious big-wave surf meet. The contest, which is named after a North Shore lifeguard and surfing legend, has only been held nine times in 31 years because waves have to reach a wave-face height of 40 feet for the event to proceed.

"Seeing the huge surf on the North Shore is just awe-inspiring," Quintano says. "I don't know any other way to explain it: Witnessing The Eddie was one of the Top 10 moments of my life."

Catching waves is a classic Hawai'i activity, and learning to surf is particularly popular at O'ahu's Waikīkī Beach (right), where a statue (above) honors surfing legend Duke Kahanamoku.







Attending the famed surfing tournament is just one example of a moment sure to make many travelers' life lists. With a rich history, diverse culture and the kind of natural beauty writers have long waxed poetic about, the Aloha State offers a variety of attractions that can be found nowhere else. Kayaking coastlines featured in numerous films? Catching a wave where longboard legend and Olympic swimmer Duke Kahanamoku surfed? Sipping a glass of Syrah made from grapes grown on the slopes of Maui's Haleakalā volcano, in a cottage built for the last reigning king of Hawai'i? Check,

check and check. Among the must-try activities across the Hawaiian Islands are experiences ranging from natural to adventure-oriented to culinary to historical.

#### O'ahu

"Stand up, stand up, stand up!"

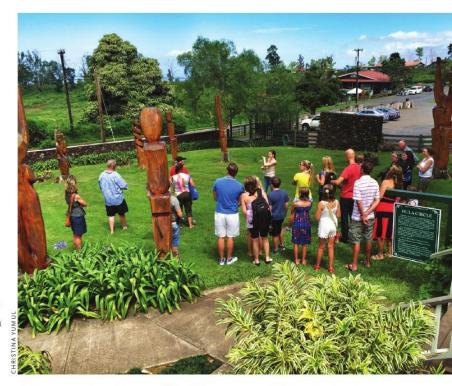
It's the mantra of the beach boys at Kūhiō Beach, who have been helping people learn to surf in the rolling waves of Waikīkī for decades. Wearing bright tank tops



Molokini, located off South Maui, is a volcanic crater remnant with excellent snorkeling and diving.

and warm smiles, these perpetually tanned surf instructors work out of a smattering of concession stands on the beach that rent and sell a variety of ocean gear.

The beach boys know Waikīkī. Many of them have surfed here their entire lives. They share their stories



Guests of MauiWine can visit the historic winery's Hula Circle.

about south shore swells that have delivered long rides all the way to shore and celebrities—Cameron Diaz, Justin Timberlake, Evangeline Lilly, even champion pro surfer Kelly Slater—who have been spotted in the area.

Then, of course, there's the history and the scenery of this place. Waik $\bar{\imath}$ k $\bar{\imath}$  is where the sport flourished, where Hawaiian royalty played, where icons such as Duke Kahanamoku rode waves. Its views are iconic, with a spectacular vantage point for sunsets over the Pacific.

"Surfing is completely invigorating and soul-boosting," says Cynthia Derosier, 51, who started surfing in the area 19 years ago. "Waikīkī has some of the smoothest rides. And what a great view!"

Ten years ago, Derosier founded the nonprofit organization Surfrider Spirit Sessions, which introduces at-risk youth to surfing at Canoes, a popular Waikīkī surf break noted for wide, friendly waves.

Hawaiians have long known how to immerse themselves in nature in a way that is harmonious, Derosier says. "If you really want to experience Hawai'i, you need to connect to it. Let go of your ego and get ready to paddle hard, fall hard a lot, get tired and catch some stoke."

If catching waves isn't your favored form of "stoke" or awesomeness—watching those waves still may be. There's no better place to **gawk at monstrous surf** than on O'ahu's fabled North Shore. The months of November through February generally bring big, glassy, barreling surf to this area, which boasts 7 miles of world-class

# Kailua-Kona @zakshelhamer I've been blown away by just how wild this land feels. #LetHawaiiHappen #VisitislandofHawaii Kealakekua Bay



#### Epic Aloha

surf breaks and a roster of high-level surfers who flock here to conquer them. Waves can sometimes swell up to 30 feet or taller, making for spectacular surf that's best experienced from a distance. (Leave surfing to the pros when these North Shore waves come pounding!) 'Ehukai Beach offers front-row seats to the famous—and treacherous—surf break Pipeline. Sunset Beach, with its expansive sandy dunes, has lots of space to spread out to watch the surf off the

point. And Waimea Bay, considered the birthplace of big-wave surfing in Hawaiʻi, is where you want to be for the biggest swells, as waves can reach upward of 40 feet—a sight that makes many observers gasp out loud.

"Every wave was just jawdropping," says Quintano, who camped overnight at the bay



Waimea Canyon on Kaua'i has a spectacular hike to Waipo'o Falls.

to see The Eddie the following day. "My adrenaline was pumping as the morning continued. Every time a surfer caught a wave, the crowd would collectively cheer. It was like being on a roller coaster."

Once you get your fill of the ocean, it could be time to tackle a trail. While the hike to the summit of the Diamond Head crater rim is one of the most popular trails on Oʻahu, the trek to the top of Koko Crater in southeastern Oʻahu has arguably better views—and involves a tougher workout.

The hike follows an old railway track that was used to haul supplies to World

Several outfitters offer guided kayaking trips along the beautiful Nāpali Coast of Kaua'i.

War II military bunkers on the top of the large volcanic tuff cone. To reach the 1,028-foot-high summit at Kohelepelepe peak, which overlooks nearby Hanauma Bay, hikers need to climb 1,048 steps (most often railroad ties).

It takes 20 minutes to an hour, depending on your ability and whether you jog or walk. You'll feel the burn on this trail—so it's best to go in the early morning or late afternoon when the sun isn't

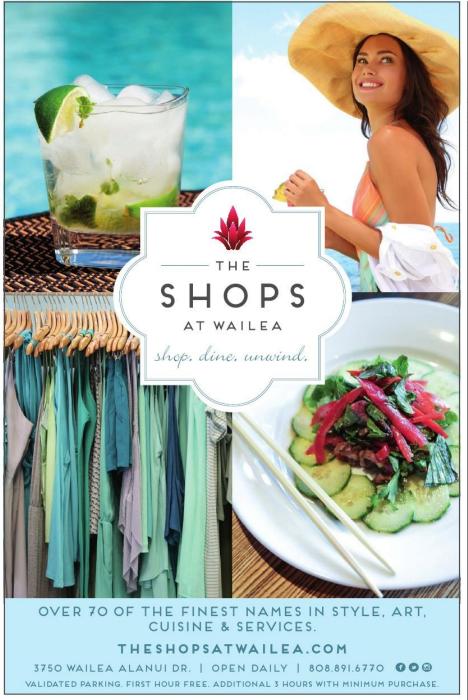
directly overhead. The reward is an unobstructed view of a large section of the island, from Diamond Head to the southwest, and to Makapu'u, the next tall headland to the northeast.



#### Maui, Moloka'i, Lāna'i

It felt more like Sonoma County than Upcountry Maui. But here we were, walking through rows of Syrah grape clusters in a vineyard on the slopes of Haleakalā volcano.









This moment was part of the trip my friend and I took to explore MauiWine, a 40-year-old winery at historic Ulupalakua Ranch. The 23-acre vineyard (restricted to tours) is located about a mile away from the tasting room (which is public), and both have good views of the Pacific, with the isles of Kahoʻolawe, Molokini and Lānaʻi in the distance.

MauiWine is the Valley Isle's only winery, as well as the state's oldest. While the winery is best known for its signature pineapple wine—made from fresh-cut Maui-grown pineapples—it also grows six varieties of grapes and produces a variety of wines, including a velvety Malbec and a juicy rosé that bursts with flavor.

The tasting room offers complimentary wine-tastings daily at an 18-foot-long bar crafted from a single piece of solid mango wood in the King's Cottage, a structure built in the late 1800s for visits by King Kalākaua, the last reigning king of Hawai'i. The grounds feature historic buildings that were once part of the famously lavish Rose Ranch, where a whaling captain spared no expense making this his home in the 1850s.

The seasonal "A Rare Vineyard Experience" offering at MauiWine is pricey—at a cost of \$850 minimum, booked in advance with extremely limited availablity—but it's also an experience unlike anything else in Hawai'i. The exclusive, customized, guided tour is capped by a tasting of specially selected estate wines at sunset in one of the most distinctive vineyards in the world.

As an alternative or associated experience, you can take an aerial tour from Blue Hawaiian Helicopters for a bird's-eye

#### Epic Aloha

#### Guides on Hawai'i Island offer trips to night-dive with manta rays.

view of West Maui and Haleakalā, with a stop at a landing site at Ulupalakua Ranch. On this tour, you can sip a winery creation and take in the stunning views.

While you're at the vineyard, you might become curious about a crescentshaped islet visible off the South Maui coast. And you might be inspired to take a boat trip to Molokini, a partially submerged and eroding volcanic crater located about 3 miles out to sea from the Wailea-Mākena area. The uninhabited land and its shoal constitute a marine preserve that has become a popular visitor destination for scuba diving and snorkeling. The reef and waters at Molokini are home to about 250 species of fish, many endemic to the Islands. You may see yellow tang, Moorish idol, parrotfish, bluefin trevally, red pencil urchins and the occasional reef shark and moray eel.

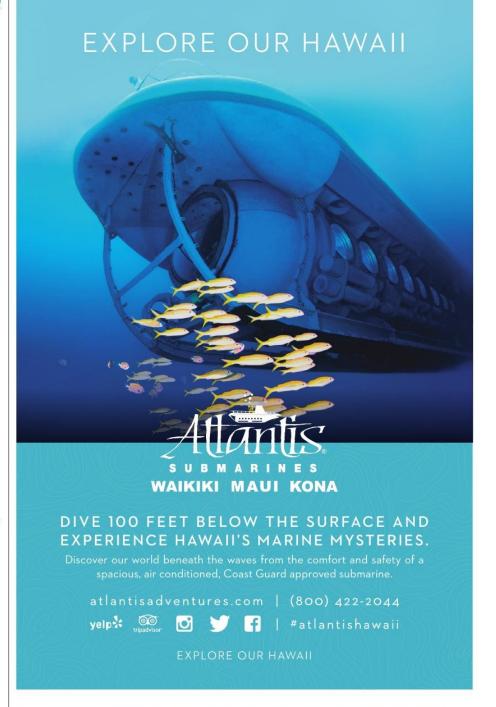
There are several outfitters with boats that can take you to Molokini. A five-hour trip on the *Four Winds II* catamaran starts in the morning and includes two hours of snorkeling and food.

Turning to Maui's upland attractions, many visitors consider it essential to see the sunrise—or sunset—from atop

Haleakalā, the massive shield volcano that rises 10,023 feet above sea level and gives shape to much of Maui. Although visitors enjoy many other "Upcountry" attractions on the slopes of the volcano—and the low temperatures and high altitudes at the summit mean that it is not for everyone—the fact remains that watching from the top as a day begins or ends is easily one of the most popular visitor experiences on the Valley Isle.

The sunrise spectacle is so popular that Haleakalā National Park limits the tours that go to the summit at dawn.

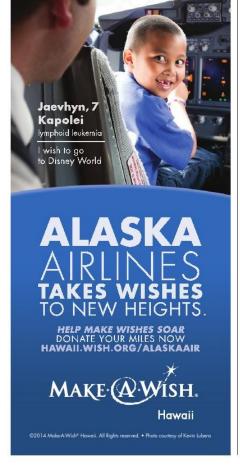
Sunset can be an even better time to visit, when the crowd is far smaller. (And really, the park is enjoyable any time of the day.)











#### Epic Aloha

It takes about 2.5 hours to drive to the summit from Kahului (or up to 3.5 hours from West Maui), and wise visitors allow extra time since the sun doesn't wait for you to reach the summit. The upper section of road winds through almost 40 miles of hairpin turns with no coffee shops—or gas stations—in sight. Sunrise can be as early as 5:30 а.м. in the summer months; meaning that you may need to be on the road by 2 A.M. to catch it. You might want to check on cloud cover ahead of time, too. Also, even if there is balmy weather in Wailea, expect the temperature to be about 20 degrees lower at the visitor's center at 9,740 feet above sea level. Most visitors to Hawai'i don't think of packing jackets and wool socks.



Lava Ocean Tours now offers unforgettable trips to see lava flow into the ocean off Hawai'i Island.

That aside, the trip is worth the early wake-up call and extra layers. While you're waiting for the sun's first rays, the summit is one of the best places to stargaze on Maui (though there are certainly other low-light areas). Quickly, though, the star-filled sky will fade as the sun rises, lighting up the often-shifting clouds and landscape in vivid colors and infusing the world with daylight. It's as

breathtaking as it is memorable and an experience you'll likely always remember.

Another unforgettable activity is to venture to Moloka'i, the small island northwest of Maui. There is a lot more to this Maui County isle than you might expect. Moloka'i offers gorgeous hiking trails, uncrowded white-sand beaches and a real sense of old Hawai'i.

It also has an 8o-year-old bakery that serves fresh bread nightly from a walk-up window. Visit Kanemitsu Bakery, in Kaunakakai town, to experience the baked goodness this place has been offering for years. Most locals line up around 7 P.M., when the bread finishes baking, to order fresh loaves unadorned, or filled with butter, jelly, cinnamon or cream cheese.



Shelly Kawamoto, from Oʻahu, visited Molokaʻi—and Kanemitsu Bakery—for the first time this summer. She and her husband shared a loaf filled with strawberry and cream cheese, the bakery's most popular option. "It was delicious, and I would definitely go back," she says.

The same might be said of Moloka'i and for those who have yet to experience the island, it is worth considering.

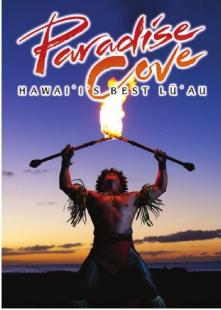
#### Kaua'i

Kayaking along Kauaʻi's renowned Nāpali Coast had been on Justin Cruz's bucket

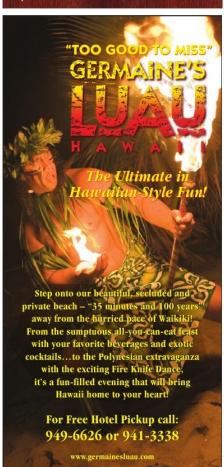




### Island ACTIVITIES











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#### Epic Aloha

list for years. This past summer, the 42-year-old Oʻahu resident made the trip.

"There are views of the mountains and sea caves that you can only experience from the water," Cruz says. "Ocean waves crashing into lava-formed caves, waterfalls that gush right into the ocean—kayaking gives you a [great] perspective on what the Nāpali Coast is all about."

The Nāpali Coast is one of the most famous Hawai'i shorelines, with emerald-green cliffs and cascading waterfalls along the gorgeous 17-mile coastline.

Several outfitters offer guided trips—recommended for safety—by kayak.
Kauai Sea Tours offers catamaran and ocean raft tours just offshore. And Blue Hawaiian Helicopters has tours with excellent views of the gorgeous coastline.

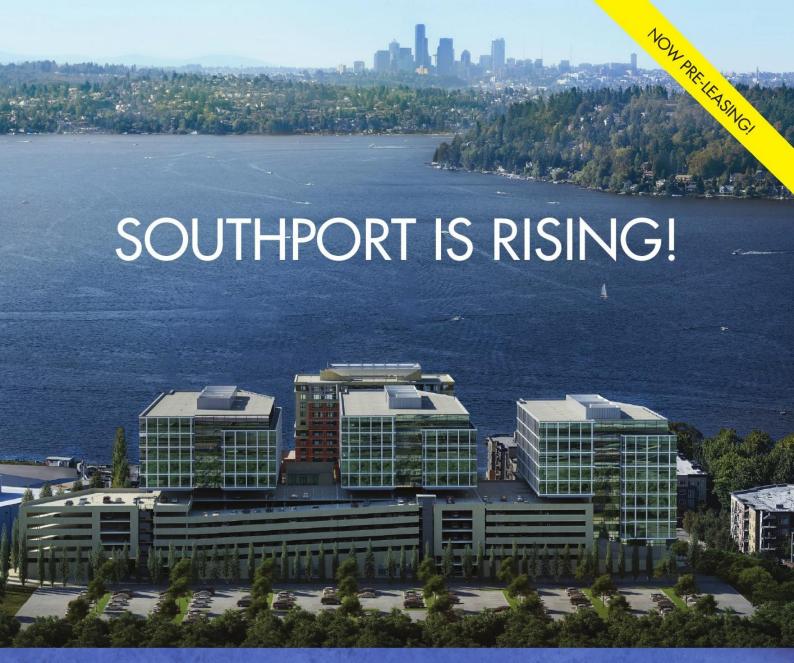
"Kaua'i is filled with so much to discover and learn about Hawaiian culture and yourself," says Cruz, who spent hours sitting on Kalalau Beach every night just staring at the star-filled skies. "I reconnected with nature after living such a city lifestyle. When you leave, you have a deep appreciation and yearning to return."

An easier and less strenuous way to see the unique natural beauty of Kaua'i is visiting Waimea Canyon, accessed from the island's southwest side.

Described as the "Grand Canyon of the Pacific," the canyon is quite a sight to behold. It is an impressive 14 miles long, I mile wide and more than 3,600 feet deep. Its buttes, rugged crags and deep valley gorges are simply stunning.

The main road, Waimea Canyon Drive, leads you to a lookout where you can gaze at the natural masterpiece of the canyon. In the distance you'll see 800-foot Waipo'o Falls and maybe a *koa'e kea* (white-tailed tropicbird) soaring overhead.

Follow the road to Kōke'e State Park, which spreads over 4,345 acres on a plateau as high as 4,200 feet above sea level. This park features 45 miles of hiking trails through varied terrain, from lush native forests to rugged ridges.

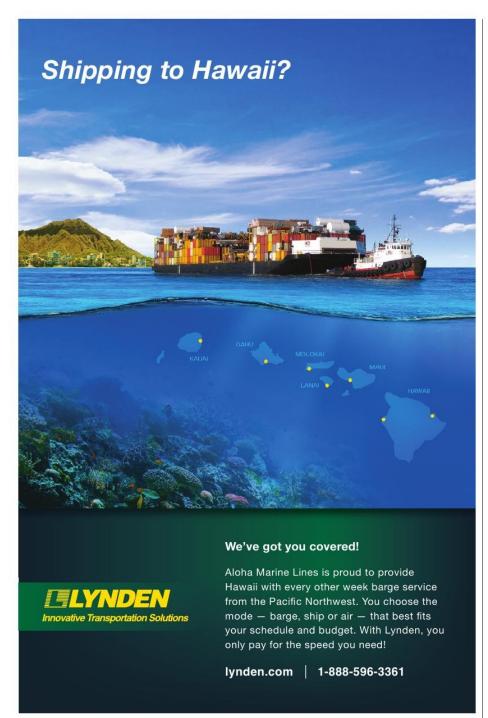


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#### Epic Aloha

Some of these trails lead to views of Waimea Canyon, others to views of the Nāpali Coast.

On one recent visit, I hiked the 2-mile Waipo'o Falls Trail, which offers a different view of the canyon from the lookout. The trail starts as a fairly well-worn path through native koa trees and plants. Less than a mile in, it splits, with one path leading to the canyon trail (take that trail) and another to a cliff viewpoint.

After traversing the canyon rim through lush forests and along exposed ridgelines, the trail opens up to a sweeping 180-degree view of the canyon, with the striking colors of amber dirt, olive vegetation and the bluest of skies.

The trail continues to the top of Waipo'o Falls, and this cascade plunges to the canyon floor below, ending at a swimming hole you can access via a different trail. The trip to the top of the falls is a fairly easy hike that provides an excellent experience of Waimea Canyon.

For an exceptional side adventure from Kaua'i, try booking a day trip to Ni'ihau, the privately owned island to the west that outsiders can visit only on very limited helicopter tours.

Two years ago, Honolulu resident Christine Strobel took a helicopter ride to Ni'ihau with some friends. She figured this mostly deserted island, owned by the Sinclair/Robinson family since 1864, would look much like the other islands do—just less developed.

She was right. Yet the experience of spending a few hours on a remote white-sand beach impressed her and was anything but ordinary. She and her friends searched for tiny spiral shells, walked the secluded beach and swam out from the beautiful coastline, with Hawaiian monk seals frolicking nearby. Ni'ihau Helicopters offers exclusive visits to the island, with half-day tours at \$385 per person.

Although there are many things to see in Hawai'i that are more accessible, this trip could be a worthy goal for someone trying to "see it all" in the Islands.
"If you're looking for something truly
unique and have an appreciation for that,
you'll love it," Strobel says.

#### Hawai'i Island

For the first time in three years, lava from Kīlauea, one of the world's most active volcanoes, has reached the Pacific Ocean, creating new land and dazzling guests of Hawai'i Island with a show like no other.

Visitors from around the world are now looking for lava at Hawai'i Volcanoes National Park. They are booking boat trips, hiring helicopters or simply hiking in to witness the spectacle.

The longtime local guide company Hawai'i Forest & Trail has relaunched its guided lava hike, a fairly strenuous 10-mile trek over uneven volcanic terrain to the flow. The cost of this trip—which hasn't been available for several years—ranges, depending on pickup location.

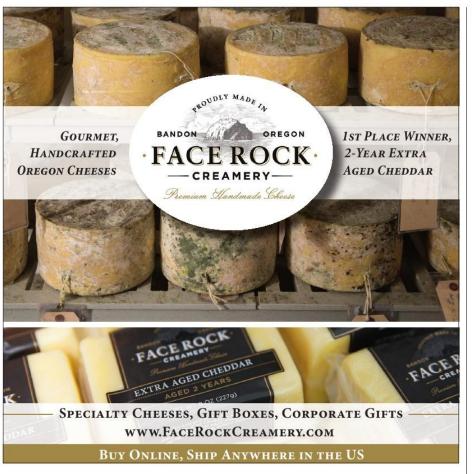
Lava Ocean Tours offers unique views of the lava flow via a boat ride to the current eruption site. You get a front-row seat to the 2,000-degree molten rock oozing across the desolate landscape and falling into the ocean, expelling plumes of steam and gas into the sky.

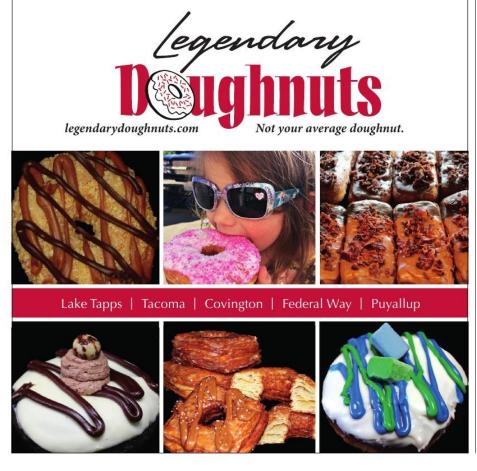
While seeing lava at night is a magical experience, Hawai'i Island has many other top attractions. A **night dive with** manta rays in Keauhou Bay, just south of Kailua-Kona, may be equally exhilarating, as you get to swim with some of the largest fish in the sea. Fair Wind Cruises offers a night-snorkeling trip with rays that the Travel Channel has called one of the "Top 10 things to do in your lifetime."

The tour starts at Keauhou Pier, just after sunset. A five-minute boat ride takes visitors about 75 yards offshore where the gentle giants congregate, lured by plankton attracted by the floodlights that illuminate the ocean fronting Keauhou Bay.

I took this exceptional adventure recently with a friend. We put on our snorkel gear and fins and jumped into







#### Epic Aloha

the ocean, then we swam with the group to a float outfitted with lights and waited for the rays to appear.

They did—some with wingspans reaching up to 20 feet.

At one point, a relatively small ray floated under me, spinning and twirling so gracefully I forgot I was in the wild ocean at night. It was an unforgettable experience to be that close to this majestic creature as it performed an underwater ballet, seemingly just for us.

Hawai'i Island has at least one more can't-miss night adventure, which doesn't require wet suits or floodlights.

Stargaze from high on Maunakea, and experience some of the best conditions for astral observation anywhere. At nearly 14,000 feet above sea level, Maunakea is the highest peak in the state. There is hardly any light pollution; the air is dry and still; and the nights aren't overly cold. (Though, as with Haleakalā, the high-altitude environment here isn't for everyone, and great stargazing can also be found in the island's major towns and at resorts.)

I've been there recently—watching the stars from a site near the observatory at 9,200 feet, checking off another of my Hawai'i must-dos. Wearing a sweatshirt, with a scarf wrapped tightly around my neck, I stood in awe of the abundant night sky spread out before me. I didn't even need to peer through a telescope to observe what was so obvious: With beauty so mesmerizing, it is easy to see why Hawai'i is a place for dreamers, as well as doers.

Catherine Toth Fox writes from Honolulu.

Alaska Airlines offers daily service to Oʻahu (Honolulu), Maui, Kauaʻi and Kona/ Hawaiʻi Island. For flight reservations, go to alaskaair.com or call 800-ALASKAAIR. To book a complete Alaska Airlines Vacations package to Hawaiʻi, go to alaskaair. com/vacations or call 844-276-5297.

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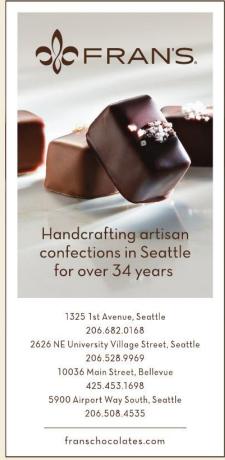
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#### **HOLIDAY GIFT GUIDE**



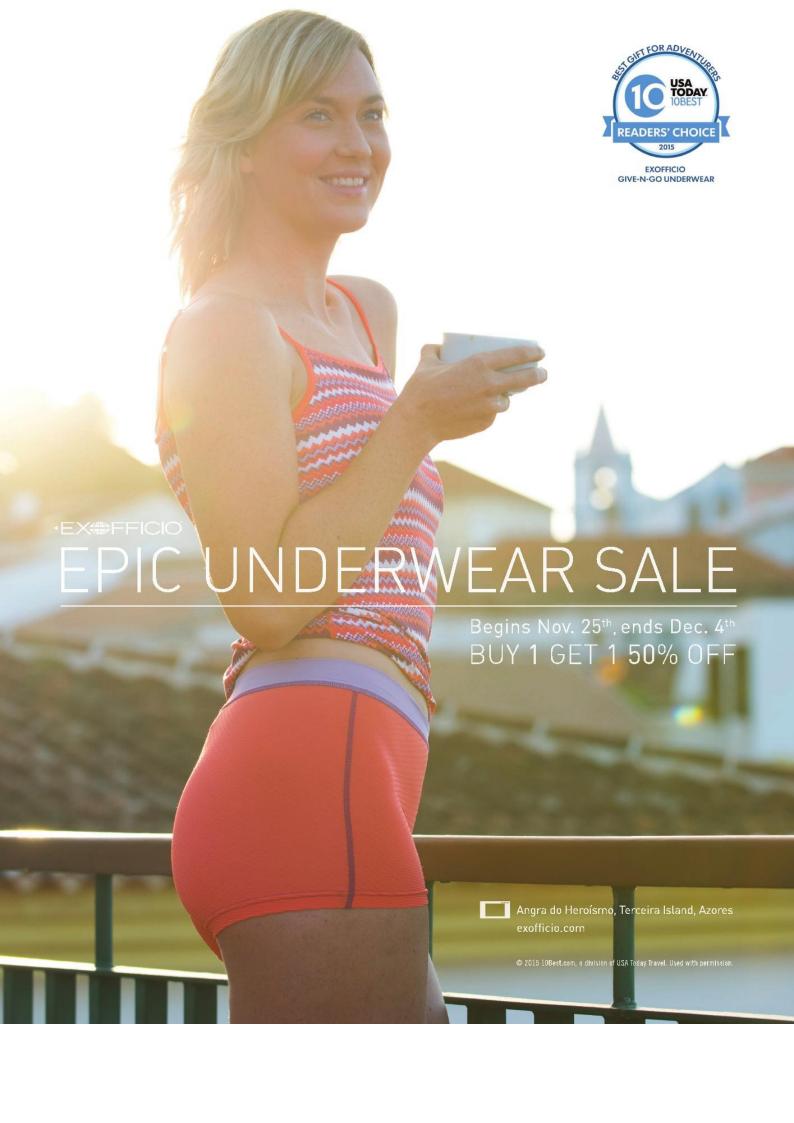




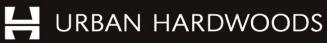












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# THE Wish LIST

### BY CAITLIN KING

Holiday time is the joyous season that helps us prioritize shared moments with loved ones and set aside more trivial distractions. Spending time with friends and family, whether down the street or across the country, tends to be the highlight for both children and adults, year after year. And gifts are often a warm expression of our appreciation for important people in our lives. The key is to give something that perfectly suits each unique recipient on your list.

We've rounded up a selection of wonderful items, from toys for the young and young-at-heart to travel gear for that jetsetter in your life, to items for the home to spice up daily living. Of course, there's more to the holiday season than presents. Our "Giving & Experiences" section highlights gifts that benefit in more ways than one. This year, give them something they will love. Read on for our favorite gift ideas to share with your nearest and dearest.







## The Wish List TECH & TOYS

1. Buqu makes charging fun with fashionable, playful and functional charging devices such as the Piña Power Bank, which actually smells like a pineapple (\$19.99; mybuqu.com).

2. BoseBuild Speaker Cube engages kids with a DIY kit that allows them to build a high-performance Bose-quality speaker (\$149; build.bose.com).

3. Square Jellyfish Jelly Grip Car Vent Mount is compatible with smartphones and mounts on the car's vent to help drivers navigate safely (\$18.95; squarejellyfish.com).

4. Arckit Go Colours, a set that includes more than 170 pieces, can inspire young builders as they learn about building techniques (\$59.95; barnesandnoble.com).

**5. Palomar Galileo Telescope**, designed by
Odoardo Fioravanti, boasts
the same dimensions and
focal length as the original
400-year-old model (\$384.75;
palomarweb.com).

**6. Xbox One S** is a sleek, slim gaming system with 2TB of storage and four times the resolution of standard HD for an enhanced gaming experience (\$299; xbox.com).

7. Fisher-Price Imaginext Ultra T-Rex comes with sound effects and voice recognition that bring it to life. Light-up spikes and eyes, two launching arms plus a projectile claw make this toy of an ancient creature even more realistic (\$95; fisher-price.com).

8. Moleskine Smart
Writing Set is a technological upgrade to the
classic notebook, digitalizing handwritten notes as
you write them. Set includes
a smart pen, paper tablet
and accompanying app
(\$199; moleskine.com).

9. Playmobil Porsche 911 Carrera S—because who doesn't want to own a Porsche. The set includes accessories such as a show wall, two figures, rear spoiler, front apron and eight rims (\$44.99; playmobil.us).

10. Razor Jr. Lil' E's extra stability of three wheels and push-to-go throttle makes it a user-friendly electric-powered scooter (\$59; razor.com).





8.













### The Wish List

### TRAVEL GEAR

1. Farer Carter GMT watch features dual time and date, plus a domed sapphire-coated, scratch-resistant mineral crystal glass and a stylish black matte two-tone dial, ideal for the continental traveler (\$525; farer.com).

### 2. ExOfficio Give-N-Go Sport Mesh Boxer Brief is

quick-drying, extra lightweight and odor-resistant for the minimalist packer, whether climbing Everest or hiking the Pacific Crest Trail (\$30; exofficio.com).

**3. The Isle Inflatable Megalodon** is a 15' large spin on the classic SUP, and can support 5–7 riders at once for a fun and friendly day on the water (\$1,845; islesurfandsup.com).

## **4. Public V7 city bike**, made for the design-

conscious commuter, is a lightweight, smooth ride with 7 speeds to tackle almost any hill (\$549; publicbikes.com).

**5. Line Skis Mordecai** skis, designed and illustrated by professional freeskier Eric Pollard, have an early rise in the tips and tails for a

seemingly effortless ride (\$799.95; evo.com).

**6. Full Tilt Plush 4 Ski Boots** are designed for the intermediate to advanced skier, delivering a roomier fit with Focused Intuition liners that mold to your feet for all-day comfort (\$349.95; evo.com).

7. Ferdinand's Lady Prosperity Bag in raw,

vegetable-tanned leather is tailored to the dimensions of a paper grocery bag, perfect for carrying market finds and souvenirs (\$325; ferdinands.co).



keeps dress shirts wrinklefree in transit (\$210; mooreandgiles.com).









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### The Wish List

### GIVING & EXPERIENCES

handmade items—from bronze jewelry cast in Kabul to vibrantly colored baskets

1. Far & Wide Collective's

to vibrantly colored baskets hand woven in Kenya—support artisans in post-conflict and emerging countries (farandwidecollective.com).

- **2. Camfed** is a nonprofit whose donations help to empower and educate girls in impoverished communities (camfed.org).
- 3. Fred Hutchinson
  Cancer Research Center
  donations help scientists
  conduct research to
  discover breakthrough
  treatments for, and improve
  prevention of, cancer
  (fredhutch.org).
- 4. Alaska Airlines Charity Miles Program allows you to donate miles to support reputable organizations such as Hero Miles, which provides transportation to wounded and ill military members and their loved ones (learn more at alaskaair.com).

Make-A-Wish Foundation of America donations help create cherished memories for children diagnosed with life-threatening conditions (wish.org).

5. North Cascade's Heli Ski three-day excursion offers a minimum of 21 runs in untracked powder in the 300,000-acre permit area in the Okanogan-Wenatchee National Forest (\$3,200; heli-ski.com).

6. Abercrombie & Kent's guided tours feature daily rides to explore natural parks and game reserves, from Kenya to Tanzania, including the Serengeti National Park and the Masai Mara National Reserve (\$9,295; abercrombiekent.com).

7. Backroads
Provence Bike Tours
offer the opportunity
to bike from Avignon
through fragrant
lavender fields in
Provence (\$4,398—
\$4,698 per person;
backroads.com).

The Museum of Flight in Seattle offers six levels of membership that grant exclusive access to new exhibits, members-only events and special discounts (\$75–\$1,000; museumofflight.org).



7.







4.



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### The Wish List **SWEETS & SPARKLES**

- 1. Blue Nile's fine jewelry -such as the eye-catching Riviera Pavé Sapphire Eternity Ring in 18K white gold—can be delivered directly to your door (\$550; bluenile.com).
- 2. Parfumerie Nasreen's Hauts Bijoux, by House of Sillage, comes in an elegant, limited-edition bottle covered in more than 250 Swarovski crystals. Inspired by the splendor of the magnificent sea turtle, this sweet and tropical fragrance sparkles with succulent notes of grapefruit and mango, paired with the enchantments of the rare karo karounde blossom (\$1,210; parfumerienasreen.
- 3. Rosanna Ladies Choice collection includes ornamental dishes that can brighten your day with motivating messages such as "The time is now" and "Do what you love" (\$20; rosannainc.com).
- 4. Seattle Chocolates offers sweets that show your Seattle spirit, from a Space Needle filled with chocolate truffles to former Seahawks running back Marshawn Lynch's new Beast Mode 3-Pack Chocolate Bar Gift Set (seattlechocolates.com; itsugar.com).

- 5. Barbela Design's **Diamond Mayfair** Bracelet is studded with delicate diamonds, for that special someone who loves a little sparkle (\$670; barbeladesign.com).
- 6. Honolulu Cookie **Company Pineapple** Ornaments are tasty selections of dipped goodies for personalizing the tree (\$4.95 each; honolulucookie.com).
- 7. Valerie Confections' box of Pansy Petits Fours is a stylish and delicious surprise (\$65; deananddeluca.com).
- 8. Hawaii Titanium Rings handcrafts luxury items that you can wear every day, such as the Fire Koa Wood Titanium Ring (\$287.50; hawaiititaniumrings.com).
- 9. Kris Nations Tiny State Pride Necklaces are available in outlines of every state (\$48; krisnations. com).
- 10. Fran's Chocolates are gifts anyone will be happy to unwrap, from delectable Smoked Salt Caramels to melt-inyour-cup dark hot chocolate (franschocolates.com).
- 11. Na Hoku's Yellow Gold Waterfall Diamond Pendant with Opal Inlay and Diamonds embodies Island style (\$2,599; nahoku.com).





10.





7.







## The Wish List DOMESTIC BLISS

- 1. Chukar Cherries offers a selection of treats, from chocolates and cakes to the colorful Berry & Pistachio Big Daddy Jar. Each is hand packed by the family-owned company in Prosser, Washington (Big Daddy Jar, \$49.95; chukar.com).
- 2. Inagreen Eco Fir Tree Reversible Throw, crafted with 75 percent recycled cotton in a festive fir tree print, is as stylish and cozy as it is eco-friendly (\$175; inagreen.com). Face Rock Creamery's The Taste of Bandon Gift Box set includes six classic aged cheeses, all-beef sausage and tangy Inglehoffer hot mustard by Beaverton Foods (\$54; facerock-creamery.com).
- **Seattle Cutlery's Sha Ra Ku Mono Large Oriental** knife, by industrial designer Komin Yamada, has finely cut black squares on the handle that offer a stylish touch—while the high molybdenum-vanadium steel blade is long-lasting and easy to sharpen (\$119; seacut.com).







- **3. Moscow Mule Mugs**, available at Silver Superstore, are crafted from solid copper, and are a festive way to cheer the holidays (\$23.95 each; silversuperstore.com).
- **4. Castillo de Canena Smoked Arbequina Extra Virgin Olive Oil** boasts the unique cold-infused flavors of oak and wood smoke—a great gift for the aspiring chef (\$29.75; castillodecanena.com).

**NextDesk Terra 2s** provides the benefits of a standing desk in style. NextDesk custom-builds its adjustable desks to fit each space, and desks are available in a variety of sizes and colors (\$1,697; nextdesks.com).

**Happy Plugs White Carrara Marble Sound Piece** is a mod, streamlined sound unit with a changeable front. It is an attractive speaker that can liven up any dinner party (\$199; happyplugs.com).



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events, including: the Magic Season Ice Arena; holiday performances at the Meydenbauer Center Theatre; Snowflake Lane; KidsQuest Children's Museum's Gingerbread Lane; and Garden D'lights at Bellevue Botanical Garden. Many Bellevue hotels offer special holiday rates and packages too! For more information, go to: visitbellevuewashington.com/hotels.

#### 1 KidsQuest Children's Museum

Bring the whole family to play at KidsQuest, a hands-on, interactive children's museum! KidsQuest encourages learning through play with an emphasis on science and art. The museum offers over 650 programs and events throughout the year, including Gingerbread Workshops November 25-26. Look out for KidsQuest's new home in downtown Bellevue opening Jan., 2017! kidsquestmuseum.org

#### 2 The Bellevue Collection

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Snowflake Lane at The Bellevue Collection November 25 – December 31

Every night, the streets at The Bellevue Collection are filled with live toy soldier drummers and dancing snow characters, music, glittering lights and falling snow! This magical evening performance is a delight for the entire family. **SnowflakeLane.com** 

### 3 Hyatt Regency Bellevue

There's plenty of holiday cheer inside and outside Hyatt Regency Bellevue's doors — for yourself and the kids too! Book their Shop & Stay Holiday package and enjoy a \$50 gift certificate at The Bellevue Collection, guest room internet, and a 2 pm late check-out. It's good not to be home. Visit bellevue.regency.hyatt.com and use offer code MAGIC for more details.

4 Meydenbauer Center Theatre
Create a holiday tradition by attending
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**5. Urban Hardwoods** sources reclaimed wood for its one-of-a-kind side tables and coffee tables, which will impress visitors every time (\$840–\$3,965; urbanhardwoods.com).



6. BarkBox Peanut Butter
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7. Salumi, founded by Armandino Batali, the father of Chef Mario Batali, is a Seattle-based salami specialist shop that hand packs artisan meats in flavors such as hot soppressata, oregano and smoked paprika (salumicuredmeats.com).

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**Posters** are a creative, relaxing outlet for adults and kids, and can double as wall decorations once complete (\$5; fivebelow.com).



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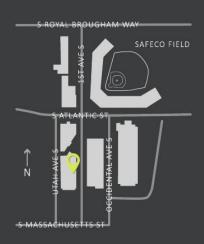




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**Milk Frother** creates rich, creamy frothed milk for homemade cappuccinos and lattes (\$79.99; kuissential.com).

**10. Ebbets Field Flannels'** vintage baseball caps and authentic, limited-production flannel jerseys will announce "Super Fan" status (\$36–\$195; ebbets.com).





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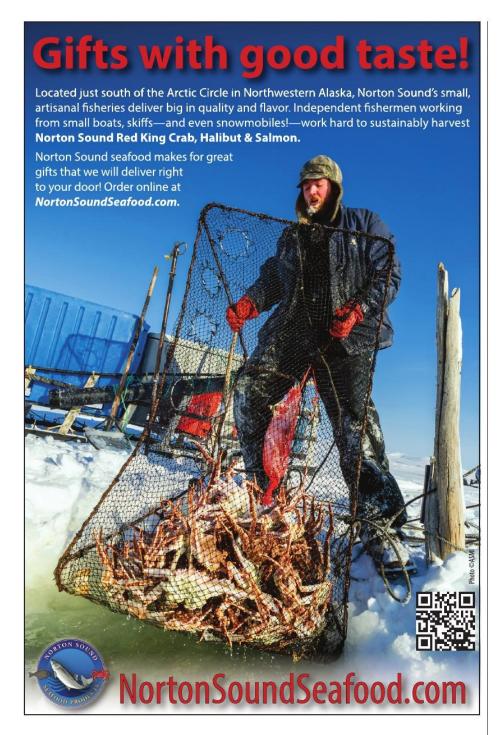
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12. Tribella wine aerator is a three-stream device that artfully aerates as you pour so you can toast with ready-to-sip wine (\$39.95; tribellawine.com).

Gene Juarez Salons & Spas provide an array of relaxing body, nail care and hair services. Gift certificates can help treat your loved ones to an indulgent day at the spa (genejuarez.com).

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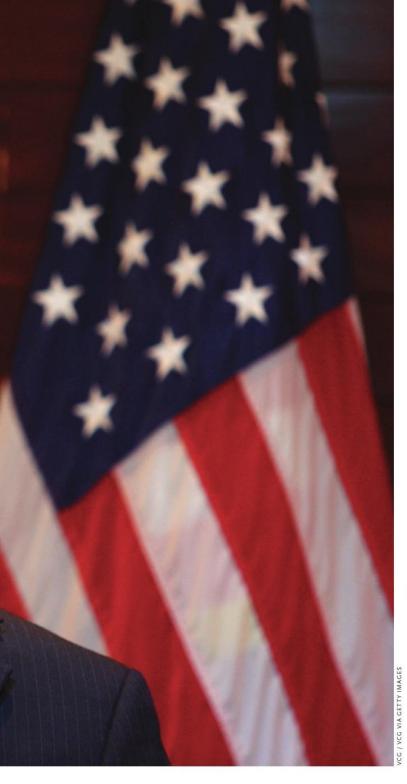


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## An American Success Story

Former U.S. Ambassador Gary Locke reflects on his remarkable life | **By Karen West** 



Gary Locke speaks to the media during his farewell press conference as ambassador to China in 2014. Locke has had a brilliant political career that has included the ambassadorship, two terms as Governor of Washington state and two years as Secretary of the U.S. Department of Commerce.

t was a simple act that was seen around the world. Gary Locke, Washington state's former governor and President Barack Obama's new ambassador to China, walked up to the Starbucks stand at Seattle-Tacoma International Airport in the summer of 2011 and ordered drinks for himself and his family while they waited to board a flight to China.

Little did the backpack-wearing Locke know that his purchase would soon make him a hero to the working-class Chinese people. Another traveler snapped his picture at the coffee stand, and the image quickly went viral, propelling Locke to star status in China even before his plane took off.

What was normal for Locke in Seattle was apparently unheard of in China, where even low-level government officials have chauffeurs and travel with an entourage of dutiful assistants who carry their briefcases and luggage, and even hold umbrellas over their heads to shield them from the rain.

About 12 hours later, as Locke, his wife, Mona, and their three children headed down the Beijing Capital International Airport escalator with their bags in tow, they were treated like celebrities.

It wasn't just because Locke was making his debut as the first Chinese American to be named U.S. Ambassador to China, although that certainly played a role, or that he was the former governor of Washington state, or that he had served as U.S. Commerce Secretary in the Obama Administration. It was because of his no-nonsense style, wearing a backpack, buying his own coffee, flying economy class and carrying his own luggage.

### Humble ambassador

Locke's low-key and unassuming ways earned him instant goodwill among millions of Chinese. And since he stepped down as ambassador in 2014, his down-to-earth, approachable manner has continued to serve him well as the 66-year-old runs his own global consulting firm and acts as a senior adviser to the law firm Davis Wright Tremaine in Seattle.

A self-described policy wonk, Locke is a political buff and a number cruncher who has a track record of streamlining government programs to do more with less. He has made his mark as a longtime influential leader and policymaker in education, employment, trade, health care, human rights, immigration reform, privacy and the environment.

"I've been blessed to achieve the many positions I've had," Locke says from his downtown Seattle office. "But deep down, I'm still just a kid from Rainier Valley."

Two things he knows for sure: He no longer has political aspirations, and he doesn't plan to retire anytime soon, even though he has already lived the American Dream—achieving more than most people would in two lifetimes.

"Gary is one of the most accomplished, yet humble, public servants I've ever known," says longtime friend Roger Nyhus, who

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served as communications director when Locke was governor. "Gary relishes helping people by solving complex public-policy issues and business problems."

### Catching the political bug

The son of Chinese immigrants, Locke spent his first five years in the Yesler Terrace public-housing project in Seattle. His family then moved to the Beacon Hill area of South Seattle, where his 90-year-old mother still lives. As a teenager, he worked in his parents' grocery store, he was an Eagle Scout, and he sang in the choir at Franklin High School.

Locke had no interest in politics and admits that he had no concept of state government until after he returned home from Yale University, where he studied political science, and Boston University, where he earned a law degree. He went on to work as a King County deputy prosecutor.

He eventually became interested in politics while campaigning for local Democratic candidates, including former Seattle City Councilman and Mayor Norm Rice and former City Councilwoman Delores Sibonga.

In 1982, Locke decided to run for the Washington House of Representatives in the 37th District, which covers much of South





Clockwise from top left: In 2011, Locke visits his father's birthplace in southern China. Activist Chen Guangcheng talks with Locke after taking refuge in the U.S. Embassy in 2012. While Locke's wife, Mona, looks on, he speaks to the Senate Foreign Relations Committee in 2011 during his confirmation hearing to become ambassador to China.

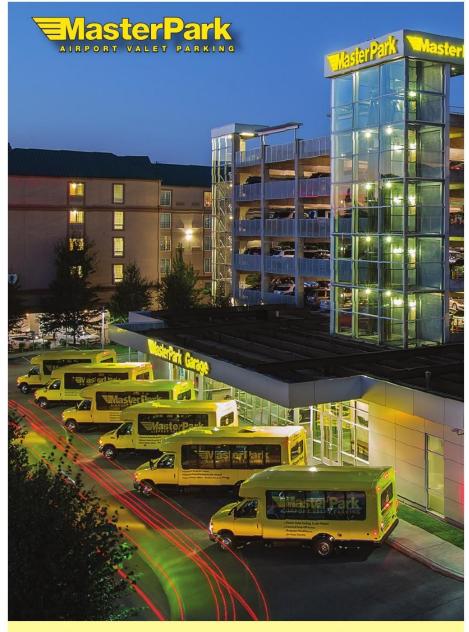
Seattle. The inexperienced politician won in a landslide.

"Nobody knew me, but I doorbelled constantly," Locke recalls. "My dad made our yard signs, and we had \$15 salmon-bake fundraisers. I got bit by dogs and lost a lot of weight that year."

Locke quickly rose through the legislative ranks, and after II years in the Legislature, he was elected King County Executive. Two years later, in 1996, he became the nation's first Chinese American to be elected governor of a state, and he served two terms as Washington's chief executive.

One of Nyhus' fondest memories as communications director for Governor Locke was when Nyhus organized an economic-development visit to Westport, a blue-collar fishing town on the Pacific Coast. It was Nyhus' hometown, and he and the governor had just passed through his old neighborhood when Locke asked where Nyhus' mother lived. Locke ordered the state trooper to turn around and said, "Let's surprise your mom."

"As we pulled up to my mom's house, he jumped out of the state patrol car, ran up the steps and rang the doorbell, leaving me behind him," Nyhus recalls. "I'll never forget the wide-eyed, amazed look on my mom's face when she opened the door to a smiling Governor Locke."



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Despite Locke's charisma and charm in public, Nyhus says Locke was always a shy person who "recharges in quiet reflection." "Unlike many current and former politicians, Gary doesn't seek the limelight. He's all substance, not flash."

One of Locke's legacies as governor was convincing Boeing, with the help of close advisers and substantial tax breaks, to build its new 787 commercial jet in Everett, Washington.

"Unlike many current and former politicians, Gary doesn't seek the limelight. He's all substance, not flash."

The aerospace company had previously put the state on notice that it was going to conduct a global search to find the best location for the new plane's production facility, and that it very well might be outside Washington.

"We launched a campaign called Action Washington that proved to Boeing decision-makers that Washington was the best place to build its new jet," Nyhus recalls.

President Obama cited the 787 success when he tapped Locke in 2009 to serve as the nation's first Chinese American to be named Secretary of the U.S. Department of Commerce.

As commerce secretary, Locke worked on implementing plans to help the country's economy recover from the worst recession in more than 80 years by creating jobs and working with companies to export their made-in-America goods and services. He also inherited several troubled federal programs, many of which he turned around, including the 2010 U.S. Census, which was plagued by operational and fiscal problems.

"One of his signature accomplishments was fixing the U.S. Census and bringing it in on time and 20 percent under budget," Nyhus says.

After just two years in the position, Locke made history again in 2011 by becoming the first Chinese American to serve as U.S. ambassador to China.

### **Ambassador to China**

The China position had special meaning for Locke and his wife, because of their background. Locke's father was from China and his mother from Hong Kong.

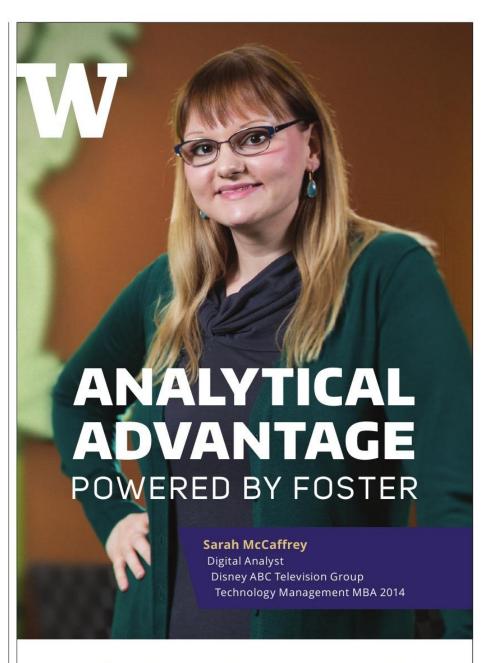
Mona Locke's father, California businessman Larry Lee, was a member of a once-prominent Shanghai family. However, he had to flee the country after the Communist Revolution in 1949.

Over the years, Locke and his family had made several emotional trips to his ancestral village in the Taishan region of Guangdong Province in southern China, where his father's 100-year-old brick home still stands.

On a 1997 trade mission, during his first term as governor, Locke, his wife, and her father visited the large home in Shanghai that was once owned by Lee's family. Later, Locke met with his extended family in Hong Kong, and they embarked on a trip to visit his father's village.

"My mother and father and brothers and sisters and their spouses joined Mona and me as we took a hydrofoil from Hong Kong past Macao and up the Pearl River, and went back to the family village where my mom and dad had not been back in 50 years."

After his father died, Locke and extended family members reunited again in 2011 to make a memorial journey to his father's home and conduct traditional rites to honor his ancestors. "My children saw the house where my father and great-grandfather were born and where my mom and dad got married," Locke says of his family's time in China while



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### **Gary Locke**

he was ambassador. "It was a great experience for our children to discover the China of their grandfather and ancestors."

While living in Beijing, Locke's kids, now 19, 17 and 11, picked up the language, but Locke says he never did master his Mandarin classes. He found it difficult, especially because he grew up in a household where Cantonese was the predominant dialect.

### Greater cooperation

When Locke took over as ambassador to China, relations with the U.S. were stable but vulnerable.

> "It was a great experience for our children to discover the China of their grandfather and ancestors."

He says there are a lot more areas of cooperation today between the two governments, including on scientific, academic, and even military issues, and fighting piracy off the coast of Africa.

The two sides are also working together on natural disaster relief coordination and striving to pressure North Korea to stop its development of a nuclear weapon.

There remain, however, many tough issues separating the two superpowers, including cybersecurity, theft of intellectual property, and territorial disputes between China and its neighbors.

In 2012, Locke was involved in a highly publicized incident when the visually impaired Chinese activist Chen Guangcheng was allowed to take refuge in the U.S. Embassy.

Following tense negotiations, Chen, who had been under house arrest before fleeing to the U.S. Embassy, was allowed to come to the United States. The incident affected relations between the U.S. and the Chinese government. However, Locke emphasizes



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### **Gary Locke**

that the Chinese and American governments are working together on many

"The areas of common interest and cooperation far exceed the areas of disagreement, especially in the area of economics," Locke says. "China is America's largest export destination outside of North America and is Washington state's largest export market."

Joseph Borich, a former U.S. consul general to China who has known Locke

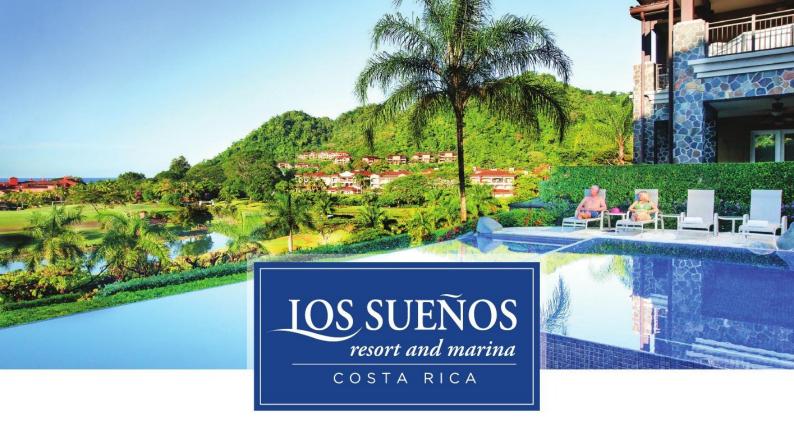
Locke says the areas of common interest and cooperation far exceed the areas of disagreement between China and the U.S.

for nearly 20 years, says the former Washington governor is viewed as one of the most influential ambassadors to China, with a keen ability to cut through bureaucratic inertia, and even outright opposition, to get things accomplished.

One of Locke's most important contributions to strengthening U.S.—China relations was to shorten the interview wait time for Chinese citizens seeking American visas from three months to three days.

Borich says Locke strengthened "people-to-people programs [between the United States and China], which are essential to mutual understanding and trust."

He says Locke knew better than any other U.S. official involved with China that successful bilateral relationships between powerful countries "begin in the kitchens and living rooms of the people of each country. Gary understood this and acted on his beliefs."



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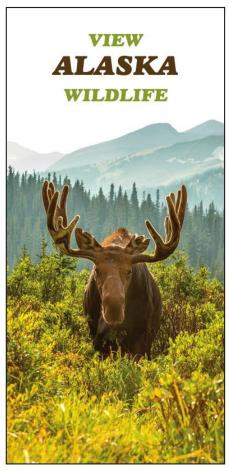
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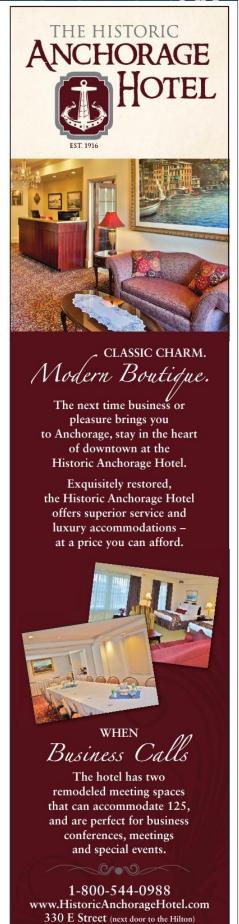
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### Health icon

Even though Locke doesn't seek the limelight, it has followed him throughout his career, even during private workouts with a personal trainer in China.

What started out as Locke learning how to do a strength-training exercise called planking—which requires you to rigidly suspend yourself off the ground by only your toes and forearms—landed him on the cover of China's edition of *Men's Health* magazine. Planking even became a new fitness craze that continues to be popular with many Chinese people.

and it all started with Gary," Nicholson says of China's new planking phenomenon. "He's a true role model for people looking to find health and balance in their lives, and encouraging others to be better."

### Ready for home

In the summer of 2013, Locke and his family decided they would return to Seattle so that the kids could resume their education in their hometown.

Locke announced in November of that year that he would step down from the ambassadorship, and he joined his family in the Puget Sound area a few months later.

Since then, he's been busy building up his consulting business and, more recently, exploring workforce-training efforts with local businesses and nonprofits to promote

## Locke is viewed as one of the most influential ambassadors to China, with a keen ability to cut through bureaucratic inertia.

Locke was looking for a trainer to help him get in shape shortly after arriving in China and heard about Tony Nicholson, a fitness expert in Beijing who has lived in China for 12 years.

"It was a huge honor for me to even meet Gary because he was, and still is, regarded as a major celebrity in China," Nicholson says of training Locke while he was ambassador. "We started planking in our sessions for one minute at a time. When Gary achieved five minutes, he tried for 10 minutes. In each session, we would increase the time for each plank."

Locke's personal best was a 51-minute plank. Those exercise sessions turned into a "planking" workout movement that swept the country, were featured in the magazine and resulted in China's first "Planking World Cup" competition.

Locke's planking legacy continues. This year, a new record was set in the plank of eight hours and one minute.

"This is a mind-blowing achievement,

local hiring. While his planking days have been curtailed by arthritis in his back, Locke maintains a youthful look and adventurous spirit. He's even becoming something of a media personality. Locke's efforts to spotlight China's pollution problems have landed him a role in a National Geographic documentary, *Years of Living Dangerously*, which also features the actress Sigourney Weaver. This past summer, Locke flew to New York, where Weaver interviewed him about China's air pollution and its health risks. The program began airing on October 30.

Despite his emotional ties to China and his political career in Washington, D.C., Locke says he's happy to be back in the Pacific Northwest and enjoying the next chapter in his life.

"China gave our family an appreciation of our freedoms, quality of life and clean air in America," Locke says. "Here, there is a real sense of community. This is home."

Karen West writes from Seattle.





The Greater Palm Springs area has extraordinary, varied attractions any time of the year

BY KATHRYN DRURY WAGNER

### It was one of those impossibly perfect days

in Palm Springs that I savored long afterward. My husband and I began the day by enjoying exquisite omelettes on the patio at the French-inspired restaurant Farm and exploring footpaths in Palm Canyon. Later, we cooled off with a milkshake made with a Palm Springs specialty—locally sourced dates-and browsed the racks at a vintage shop. We ended the day with a soak in the hot tub of our private courtyard patio at the boutique hotel where we stayed, The Andalusian Court.

As the day came to an end, I couldn't decide which was nicer: the outdoors, where a full moon was our companion, or indoors, where a portrait of Lucille Ball kept watch over us in our little villa. This particular bungalow was a favorite of Lucy's, according to the hotel. After experiencing the beautiful setting, I could see why the family would have relished staying here.

In California's Greater Palm Springs area-which encompasses nine cities-toptier activities and attractions are available year-round at sun-warmed outdoor spaces, as well as within cool, luxurious and architecturally distinctive interiors. In short, life is equally enchanting inside and out.

### MUSEUMS AND FESTIVALS

Pleasantly air-conditioned, the Palm Springs Art Museum boasts the kind of

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vast, sophisticated collection one expects to encounter in much larger cities. It has works by Pablo Picasso, Andy Warhol, Alexander Calder, Ansel Adams and many others. It also has a strong collection of classic Western and Native American art.

Through February 20, the exhibition "Go West! Art of the American Frontier" is featuring works by artists such as George Catlin, Albert Bierstadt and Charles Russell.

Entrance to the museum is free on Thursdays from 4 to 9 P.M.—timing that is conveniently tied to **VillageFest**, a Thursday-evening outdoor event with artists,

**Top:** The greens at Indian Wells Golf Resort are among the highlights of the Greater Palm Springs golf scene. **Above:** The Palm Springs Aerial Tramway lifts riders to an elevation of 8,516 feet and to many amenities found at the summit.

street performers, food vendors and more. During VillageFest, Palm Canyon Drive in downtown Palm Springs is closed to cars, and the city has one heck of a street party. Many of the shops along the road stay open late, and the restaurants are hopping, too.

Palm Desert has its own branch of the Palm Springs Art Museum, **The Galen**,

### UP, UP AND AWAY

The Palm Springs Aerial Tramway debuted in 1963 and is undergoing a face-lift in late 2016, so look for new restaurant concepts at the summit. The tramway offers rotating cars and a breathtaking 2.5-mile climb up the cliffs of Chino Canyon. Learn more at pstramway.com. —K.D.W.

with permanent and temporary exhibits of sculpture, painting, photography and new media. Visitors can explore the 4-acre Faye Sarkowsky Sculpture Garden, which surrounds The Galen, with pieces by modern masters set into the landscape.

At the Palm Springs Air Museum, aircraft from World War II, the Korean War and the Vietnam War—with many planes in flyable condition—are proudly displayed in air-conditioned hangars and outdoor spaces.

The museum is also the site of the Props & Hops Craft Beer Festival on November 19. Breweries from all over California will serve up suds. There are also vintage aircraft flybys during the festival. The museum is adjacent to, and makes use of, a runway at Palm Springs International Airport, so it is a perfect venue for the event.



### **HIKES**

For more outdoor adventure, try one of the 100 hiking trails in the Coachella Valley.

While we were visiting the area, my husband and I explored a tiny fraction of the Indian Canyons—made up of the Andreas, Murray and Palm canyons—on the Agua Caliente Band of Cahuilla Indians Reservation in Palm Springs. We loved seeing the California fan palm trees lining

the streams; these trees are true icons of the desert. Another option is the Palm Springs Art Museum Trail, a short hike that starts near the museum and climbs to great views of the Coachella Valley. For other trail ideas, visit hikingingps.com. When hiking on trails in the area, remember to hydrate.

### **SPAS**

Speaking of hydration, once a hike is over,

you can soak out the kinks in nearby hot springs. The city of **Desert Hot Springs** is built on top of a hot mineral water aquifer, making this a bubbly destination, in quite a literal way. Take in the healing waters at an impressive variety of spas—from Moroccan and Tuscan to tantric.

The Greater Palm Springs area also offers a variety of other spa attractions, including The Well Spa at Miramonte Resort, which has garnered a number of "Top Spa" awards, and the Azure Spa at the Riviera Palm Springs, which offers only-in-SoCal delights such as the "Get Toned" Cactus Body Wrap.

### **GOLF**

Some of the top golf resorts in the world are found in Greater Palm Springs, so the greens are a huge draw, whether you're interested in playing, watching or both.













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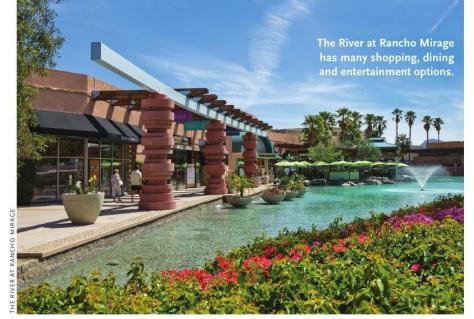
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Golf legend Phil Mickelson is the ambassador for the CareerBuilder Challenge tournament, January 18–22. He'll participate in several events for this long-running tournament, which has raised more than \$57 million for Eisenhower Medical Center and other local charities since it began in 1960 (as the Palm Springs Golf Classic). The tournament and its associated pro-am events are played at the La Quinta Country Club, and at The Stadium Course and Jack Nicklaus Tournament Course at PGA West.

Top women golfers will compete in the ANA Inspiration tournament at Mission Hills Country Club in Rancho Mirage, March 27–April 2. Founded in 1972, this is

the first major of the annual LPGA Tour.

Public courses in Greater Palm Springs are particularly notable. Among these, the Classic Club in Palm Desert, designed by the late Arnold Palmer, has won accolades for water features, rolling terrain and picturesque scenery that help it live up to its name. Indian Wells Golf Resort features two 18-hole layouts with dramatic mountain backdrops: the Celebrity Course and Players Course. SilverRock Resort, owned by the city of La Quinta, is a challenging 7,578 yards that stretches over 200 acres.

### SHOPPING

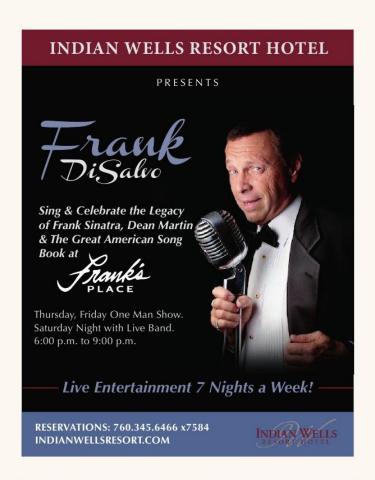
All nine cities in the Greater Palm Springs area have excellent boutiques, with a vast selection of decor, accessories, apparel, gifts, art and vintage options.

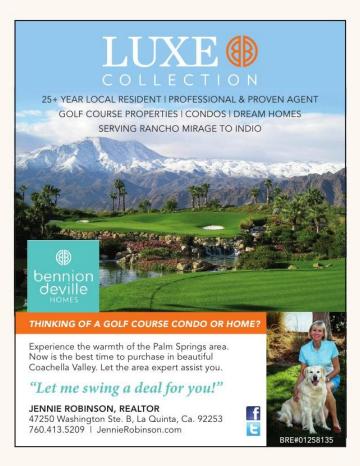
You'll find dozens of stores and many shopping, dining and entertainment oppor-

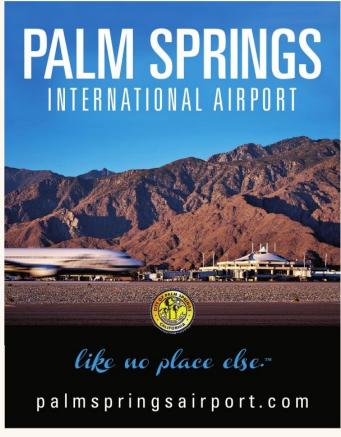


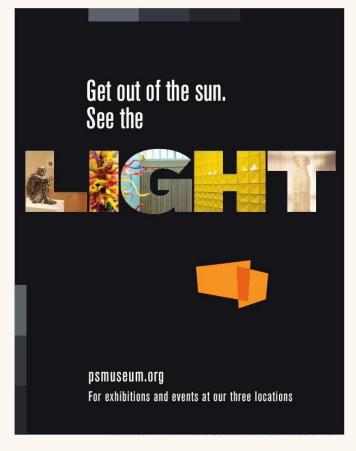


# Greater Palm Springs - OUT N' ABOUT













#### **DESERT MODERNISM**

In the 1900s, architects working in the Coachella Valley were influenced by the light and landscape of the California desert, and they created new ways of approaching their work. Soon, Desert Modernism was born. Masters of this genre are celebrated in grand fashion during **Modernism Week**, which will be held in Palm Springs February 16–26. Visitors can enjoy more than 250 events honoring midcentury architecture and design, including the Modernism Show and Sale, home and garden tours, films, lectures and parties. —*K.D.W.* 

tunities at **The River at Rancho Mirage** and **Westfield Palm Desert**. Another don't-miss: the flagship **Trina Turk** store, launched by the California-chic pioneer, in Palm Springs.

#### TRAVELING WITH KIDS

Sure, there are martinis and pool parties, but Palm Springs is also family-friendly.

The new Renova Rink at The River will be open for outdoor ice-skating, November 22–January 8. You can also go on safari at The Living Desert Zoo and Gardens, in Palm Desert. And children, as well as adults, can marvel at the creative architecture of Cabot's Pueblo Museum, in Desert Hot Springs. This Hopi-inspired pueblo structure was handbuilt from materials found in the desert by artist-adventurer-activist Cabot Yerxa, who traveled in Mexico, Alaska, Cuba and Europe before settling in California.

Yerxa captures the spirit of the area well. He had vision. He explored. And he enjoyed adventures, inside and out.

Kathryn Drury Wagner is a Los Angelesbased writer and editor.

Alaska Airlines offers daily service to the Palm Springs area. For reservations, call 800-ALASKAAIR or visit alaskaair.com. Go to visitgreaterpalmsprings.com to learn more about the area.

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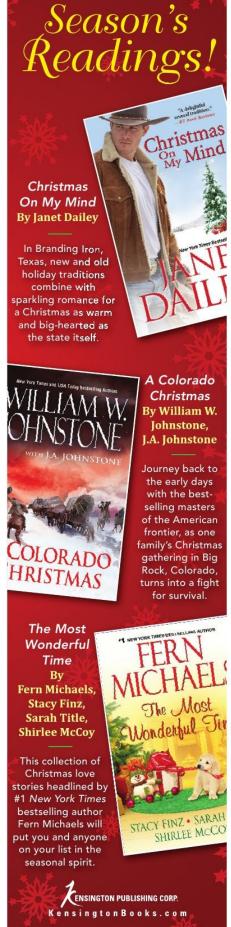
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# Rejuvenate in Palm Springs

By Barbara Beckley

I SINK INTO A CHAISE LONGUE and stretch out in pure relaxation. Warm sun on my skin. A sparkling pool before me, beckoning me to take a dip. Shady palm trees above. A tropical drink in my hand. Life doesn't get much better than this.

In a land where water bubbles up naturally from the desert sands, sunshine and swimming pools have defined the Greater Palm Springs getaway ever since the Agua Caliente Band of Cahuilla Indians put up the first commercial bathhouse in 1871.

Movie stars began lounging poolside in the 1920s, and by the '60s there were more than 2,000 pools in the city of Palm Springs alone. Today, Greater Palm Springs boasts about 50,000 pools, which is more pools per capita than anywhere in the country—and perhaps the world—according to the Greater Palm Springs Convention and Visitors Bureau.

So whether you prefer poolside sophistication, big splashy family fun, pool-party exuberance or retro relaxation—come on in—the water's fine.

The world at your feet—that's how you'll feel luxuriating by the Vista Pool at The Ritz-Carlton, Rancho Mirage, perched high in the Santa Rosa Mountains. The adults-only pool is at the edge of a bluff with sweeping Coachella Valley views. Cabanas, cocktails and cuisine add to the serenity.

"Where's the pool party?" you ask. Kick back and have a good time poolside at Hard Rock Hotel Palm Springs with its rock-star vibe. Book a cabana with private food and drinks available.

At the Ace Hotel Palm Springs, the Swim Club pool pulsates to a rhythmic beat with weekend DJs, talented pool-bar mixologists and themed events.

For family fun, head to the Omni Rancho Las Palmas Resort & Spa and its on-site water park, Splashtopia. Play in the large splash pool, the 425-foot lazy river, two 100-foot waterslides, a sandy beach, a cliffside hot tub, and water-play kids' zones with fountains and sprinklers.

Reboot your health and wellness at the recently renovated Two Bunch Palms

Left: The Azure Hotel Pool at the Omni Rancho Las Palmas Resort & Spa allows for quiet relaxation. Below: Hyatt Regency Indian Wells cabanas with chaise lounges, bottled water and fruit are great for a romantic getaway.

Resort and Spa in Desert Hot Springs. Soak to your heart's content in The Grotto, where natural hot mineral water bubbles from underground aquifers into two treeshaded lagoons: one at 104 degrees and one at 96 degrees. This has long been a retreat for Hollywood stars and VIPs.

Sumptuous cabanas on raised lawns with lush landscaping make the adults-only Oasis Pool at the Hyatt Regency Indian Wells Resort & Spa a couple's dream come true. Each cabana has it all: chaise longues, side tables, a fridge, a ceiling fan, remotecontrolled TV, bottled water, a fruit bowl and a dedicated attendant.

So you love retro celebrity glamour and architecture? The piano-shaped pool at Frank Sinatra's Twin Palms pad in the Palm Springs Movie Colony neighborhood is as good as it gets. Rent the four-bedroom, seven-bath estate for a vacation. Then bask in the glory of the legendary parties that played out in this midcentury stunner, designed for Sinatra in 1947 by architecture icon E. Stewart Williams.

Barbara Beckley writes from Alhambra, California.



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# **Education Innovations**

By Elizabeth M. Economou

In San Antonio, Texas, the Anne Frank Inspire Academy, a K-10 public charter school, is turning the idea of a classroom learning space on its head—with the aim of nurturing creativity and helping students reach their potential. ■ A capacious plaza with floor-to-ceiling windows is central to the building, which was designed by Minneapolis-based school-planning firm Fielding Nair International.

Within the plaza, students circulate in open spaces to work on projects. The indoor area connects to the external landscape, which features a treehouse, a butterfly garden, a pond and a farm shed. And variably sized learning spaces serve the many ways in which students with differing learning styles process information—from large-group lectures, from small-group peer interactions and from one-on-one instruction.

For decades, architect and futurist Prakash Nair, the president of FNI, has been spearheading efforts to remake schools in ways that maximize comfort and flexibility for students and teachers. "Research [tells us that] a personalized education model [will] maximize student achievement," Nair says. Traditional classroom layouts are based on the erroneous assumption that efficient content delivery from the teacher out to the class is the same as effective learning, he says, noting that the transformation of learning spaces is essential to providing more varied educational approaches.

Redefining physical learning spaces is just one way that the field of education is falling in line with current understandings of the ways students learn. The shift to a model that involves more projects and problem-solving—especially in the subjects of math and science—is another recent evolution that is expected to continue.

Other changes include innovations in uses of technology and improvements in the efforts to train qualified teachers.

Across the U.S., educators are drawing on new ways of thinking to bring fresh approaches to their work. As they retool for the future, they are also preparing students to thrive in an evolving global economy.

#### Mighty Math and a Need to Improve

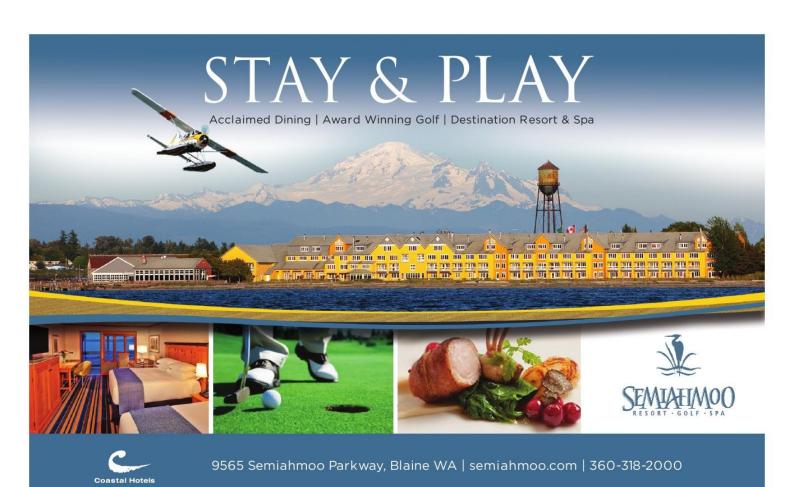
"More than any other subject, math is rigor, distilled," writes Amanda Ripley in her best-selling 2013 book *The Smartest Kids in the World* (Simon & Schuster). Another important point from Ripley: Math skills tend to predict future earnings.

Sadly, it's no secret that many American teens regard math as they do curfews and chaperones. Correspondingly, they rank

The Anne Frank Inspire Academy, in San Antonio, Texas, has innovative learning spaces that include a large indoor plaza (above left) and an elaborate treehouse (above right).

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#### **EDUCATION**

behind their peers in places such as Shanghai, Singapore and Liechtenstein. And math is not the only core subject area in which the United States ranks average or lower, according to the most recent Programme for International Student Assessment. U.S. teens ranked No. 27 in math, No. 20 in science and No. 17 in reading.

There has been little change in these scores since 2003. And the PISA study found the U.S. spending more than \$115,000 per student and performing at the same level as students in Slovakia, which spends around \$53,000 (USD) per student. There is clearly room for improvement.

#### A Problem-Solving Approach

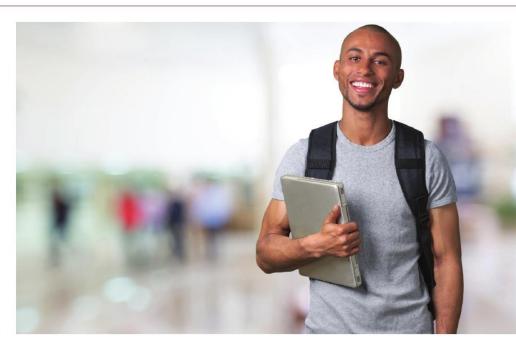
Change is underway in Wendy Rose Aaron's classroom at Oregon State University in Corvallis, where Aaron works as an assistant professor of mathematics education. Her work with current and future teachers is informed by experiences observing, analyzing and designing effective K–12 classroom instruction, specifically in math.

"Instead of students sitting quietly while the teacher delivers information, they [should be] interacting with their peers and using what they know to formulate and solve problems," Aaron says.

Aaron sees a need to make instruction more relevant and engaging to diverse types of students. She notes that the delivery method of the past has deterred certain groups—including girls and students of color—from succeeding in math classes. Boys are awarded inside and outside the classroom for speed and accuracy, whereas girls are awarded for being thoughtful in their approach to solving problems, Aaron says. The shift toward more interactive problem-solving could help shift the balance for students.

#### **Making Learning Relevant**

One way that U.S. educators are working to improve attitudes and capabilities for the future is trying to make subjects more relevant to more students. Part of this involves meeting students where their



"Teachers need to look at the structure of the things that are captivating the time and attention of children and use it as a model for classroom application of content."

interests already lie—including looking at video games for inspiration—and connecting materials to the fast-paced world that students face.

"Students will not be motivated to do worksheets and lessons from a book when they are so geared toward instant gratification and stimulation," explains Deborah Nieding, who chairs the Department of Teacher Education at Gonzaga University, in Spokane, Washington. "Teachers need to look at the structure of the things that are captivating the time and attention of children and use it as a model for classroom application of content. ... Students stay focused on a video game much longer than a math worksheet."

Video games help children learn persistence, Nieding notes. "When children play video games, they are failing more than they are succeeding. But they don't see it as failure; instead they are motivated to keep trying. That in itself is a great message: to keep trying different strategies to determine what works. This helps develop critical thinking and problem-solving abilities."

#### **Teaching the Teachers**

Helping instructors develop new skills is another area of focus for the future. San Diego State University is one of the schools working to prepare the way for educators.

"There is already a strong push from the federal government to fund math education, and more generally STEM (science, technology, engineering and math), especially for women and minority groups," says Luke Duesbery, an associate professor of education and the director of SDSU's Center for Teaching Critical Thinking and Creativity.

Duesbery says that SDSU provides a foundation of research-supported teaching techniques. One effective approach is the Socratic Seminar, in which college students who plan on becoming teachers are required to read source material about a controversial issue and then discuss and debate it in large groups. The idea is that these future teachers might one day use the same approach in their classrooms.

Teachers also need to be ready for technology. Projecting ahead 20 or 30 years from now, Duesbery is convinced the class-

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#### **EDUCATION**

room of the future will exist exclusively in cyberspace. "Knowledge is there and easily accessible. The modern classroom will help students find and organize [information] and think deeply about important issues—no desks will be needed," he says.

Aaron concurs: "There surely will be an increase in online offerings as technology advances and virtual interactions are more integrated into our lives."

"The classroom of tomorrow will be fluid so long as teaching continues to evolve."

She also strikes a note of caution: "I hope these offerings will support learners to interact with each other and not reproduce the delivery methods from traditional classrooms."

#### **Evolving Classes and Classrooms**

There is some debate about what parts of traditional education will be carried forward. The lecture-drill-and-test classroom model, a remnant of the Industrial Revolution, has its share of critics, who argue that it has been obsolete for years. Originally created to educate a large workforce with basic skills, the teaching model no longer delivers the skills students need to compete in a global economy, according to those who oppose it.

Susanna Cerasuolo sees things a little differently. Cerasuolo is the founder of CollegeMapper.com, a website with free services to help low-income students get into—and through—college.

"Lectures and group discussions have been central to pedagogy for more than 2,000 years. We always need to evolve with our times in terms of what we are teaching—the skills and materials that are relevant—but delivering that content need not be a case of reinventing the wheel just so we feel current," she says.

## Buying a Home First-time Homebuyer Tips

#### By Rose Marie David

Buying a home is the single biggest purchase most people will ever make. For a first-time homebuyer, the process can be confusing or even intimidating. However, there are steps homebuyers can take before they start looking for their dream home to provide confidence and ensure a smooth process for the big purchase.

If you've made the decision to purchase a home, congrats! By following these tips to prepare before you even start to look for your home-you should have a good experience and smooth process.

#### Tip #1: Meet with a loan officer

An important first step in buying a home is to talk to a knowledgeable Loan Officer who can explain financing options and help you establish your target and maximum purchase price. At HomeStreet, we have nearly 500 Loan Officers in the Western United States and Hawaii who can help you. Working with one you trust is important.

#### Tip #2: Check your credit report

Finding an inaccuracy on your credit report is one of the worst things that can happen during the loan approval process. Review your credit report for accuracy before applying. You are eligible for a free copy of your credit report every year from each of the three credit bureaus to help with your review. You can access these at www.annualcreditreport.com.

Check it to see if all the account information is current and

accurate. If you identify any issues, your Loan Officer can inform you of steps to take to resolve them before you start the loan application. Going into the application process knowing that your credit history is accurate and you've taken the correct steps to resolve any issues will help expedite the process, resulting in a smoother transaction.

Also, avoid acquiring new debt 3-6 months before buying a home. This can impact your credit profile and your ability to qualify for the type of home you want.

#### Tip #3: Ask for referrals

Rather than choosing an agent randomly, ask friends or people you know for a recommendation of an agent they are familiar with your market. The right fit—one that you trust and with whom you enjoy working—is an important part of the purchase. When you meet with the real estate agent the first time, make sure he or she understands what type of house you're looking for, and "interview" him or her for the job. Starting off the process with the right real estate agent will save you time later because switching agents during your home search could result in complications and delays.

#### Tip #4: **Educate** yourself

Even if you think you know enough about the home-buying process to get started, more information could prove invaluable. For instance, you may learn of down payment

assistance or other programs to help buyers like you. Ask your loan officer for recommendations of educational resources - a good Loan Officer will be happy to direct you. They'll also be able to give you an idea of what to expect from start to finish, so you won't encounter surprises along the way.

#### Tip #5: Have all your documents ready

For the loan application, several common documents will be required, and having these ready before the process starts will save time. It's what we call the "2-2-2 Rule," meaning that to start, you will need to have two most recent pay stubs from all borrowers, the last two years of tax returns including attachments like W-2s, and two months of all the pages from your financial statements from your banking and investment accounts.

If you are working with an expert Loan Officer and following these tips, you are now in the best position possible to begin looking for your dream home. Happy house hunting!



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#### **EDUCATION**

Encouraging students to harness technology is helping to push the traditional classroom into the 21st century, Cerasuolo says. But modern machines can also present new challenges (including cheating and surveillance).

Oregon State's Aaron feels that classes should reflect the demands of the outside world. "As technology permeates our lives, it should also permeate our classrooms," she says. "It's much more important [now] that students know computer programming."

There is, of course, some wariness around kids using screens too much. The American Academy of Pediatrics website's "Media and Children" guidelines note that "it is important for kids to spend time on outdoor play, reading, hobbies, and using their imaginations in free play." These guidelines do not oppose the use of high-quality educational media, but do note the benefitsespecially at home—of children's media experiences being balanced with nonelectronic formats.

At SDSU, Duesbery advocates phasing in technology as classrooms evolve. "Clearly, our teacher-education programs will continue to emphasize modern technologies, but with caution," he says. "Too often, educators adopt new technologies without the necessary infrastructure to maintain the innovation."

#### Moving Online

Online content delivery has its benefits. Steven Guttentag, the president and co-founder of Connections Education, a provider of virtual education based in Baltimore, Maryland, says he started the company in 2001 to leverage technology to improve learning. "My co-founders and I saw K-12 virtual schooling as holding the promise to provide personalized, data-driven education."

Connections Education has grown from 200 to 65,000 students, who are currently learning via 37 full-time virtual and blended public and private schools in 26 states. The company's growth reflects the growing interest in alternative forms of schooling, Guttentag says.

Online education comes in a variety of shapes and sizes. Beyond full-time virtual schools, there are online courses as well as blended schools where students learn online inside brick-and-mortar buildings.

"Many students are turning to online schools because the traditional classroom is not the best fit for their learning style," he says. Online content delivery can be highly individualized.

Guttentag also notes that virtual online learning is aligning more and more with the needs of the global economy. "Companies all over the world are switching to remote workforces," he says. "Students enrolled in virtual schools have an advantage, because they have experience working remotely."

#### Into the Future

New technologies, closer examinations of content delivery, deeper pedagogical knowledge, and heightened awareness about how spaces influence learning will continue to shape learning in the future.

As Guttentag points out, students are already taking laptops to art museums and historical sites to complete lessons. They are conducting science experiments in the real world and are using mobile devices to manage service-learning projects. Such tech-enhanced, real world—based projects are supported in the classroom by forward-thinking teachers who can facilitate students' explorations.

To be sure, the classroom of tomorrow will be fluid—a work in progress—so long as teaching continues to evolve.

"The future of education is active, social and productive," Guttentag says. "It will meet the needs of the digital natives who are demanding creative, technology-driven new ways to learn."

Elizabeth M. Economou, a former staff business writer at CNBC, writes about health care, real estate and education.



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# Feeling the burn despite the chill by ANDREA THOMAS

**People watchers, take note.** This time of year brings out a rare type: the outdoor winter exerciser. People who fall within this category appear to effortlessly maintain the joy of their summer fitness sessions, jogging through snowy streets.

Happily, those of us whose outdoor workouts tend to taper off along with the daylight and the thermometer readings can enter an indoor world of energizing movement and climate control. In studios, health clubs and even online in your own home, taking fitness classes can help you maintain or augment your exercise routine.

Fitness classes are especially winter-friendly. They eliminate outdoor risks such as poor visibility and hazardous weather conditions. These classes also deliver key benefits, including built-in community, highly effective formats, motivating music and skilled instructors, explains Sandy Todd Webster, editor-in-chief at IDEA Health & Fitness Association (formerly the International Dance-Exercise Association) and the IDEA FitnessConnect online class directory. Plus, indoor workouts offer an opportunity to wear tank tops and shorts, a fashion statement akin to laughing in the face of the frosty season.



Best of all, you'll likely have a good time in class, says Jessica Matthews, senior adviser for health and fitness education for the American Council on Exercise. "Hands down, one of the most commonly cited reasons people choose to attend group fitness classes time and time again is because of the fun factor. Group fitness classes prove that the old saying 'no pain, no gain,' couldn't be further from the truth."

Even if you enjoy your outdoor winter workouts, swapping a couple of rainy rides or runs each week for classes can increase your fitness. If you love to hike, for example, improving balance and core strength through yoga or Pilates classes will make you more fit to take on those trails. With some classes tailored to specific groups, such as triathletes or surfers, you can also meet new training partners and discover an activity you'll incorporate throughout the year.

Before trying a class for the first time, be sure it's appropriate for your body and fitness level. Consider observing part of the class or watching a video online before trying it, and check in with your health-care provider and the instructor about any concerns. When visiting a new gym or studio, allow extra time to fill out paperwork and get oriented to the space. It's normal for an activity to feel awkward and unfamiliar at first, so try a class several times before deciding whether to continue.

When you look at a gym's or studio's class schedule, you'll discover dozens of classes; at least one is sure to be a fitness fit. Here we highlight some top picks for this winter, including a couple classes that I sampled.



ABOVE If you want to learn Bollywood moves while getting fit, Bombay Jam is a fun choice.

LEFT Orangetheory's wearable technology and high-intensity interval training can help gear up your exercise routine.



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#### A new fitness theory

The fast-growing franchise Orangetheory Fitness incorporates wearable technology and high-intensity interval training, two of the top three fitness trends named in the "Worldwide Survey of Fitness Trends for 2016" by the American College of Sports Medicine (ACSM). Participants wear heart-rate monitors for the 60-minute workout combining cardio intervals with weight training, TRX (Total Body Resistance Exercise) suspension and body-weight exercises. Each participant's tailored, color-coded effort level displays on a screen throughout the class, while he or she exercises at his or her own pace and intensity, aiming to log 12 to 20 minutes in the "orange zone" to achieve after-burn, an increased

#### Keeping Pace in Winter

With the schedule and motivation disruptions the winter season brings, it's important to strategize your exercise. Preparation is key.

- Dedicate a few minutes at the start of each week to schedule classes, and enter them in your calendar. Take time each night to pack clothing and equipment for the next day's workout.
- If a class allows you to register and pay in advance, do it. This will help increase your commitment, especially at places that charge no-show fees or won't refund late cancellations.
- Choose a place and time convenient to your location and schedule. Sandy Todd Webster, editor-in-chief at IDEA Health & Fitness Association, recommends an early time slot. "Get up and get it done first thing in the morning," she says. "Before you even fully wake up, you will be moving, and then you will be finished."
- Find a buddy to boost your accountability and ease feelings of hesitancy about a new class.
- If you're visiting or hosting loved ones, start a tradition of exercising together. Some classes, especially dance fitness and yoga, offer family formats. —A.T.

metabolic rate where you burn calories 24–36 hours after class. Orangetheory Fitness claims class participants burn an estimated average of 900 calories. It's an intense workout sup-

ported by music, motivating coaching and encouragement from warmup to cooldown.

Find a class: orangetheoryfitness.com

#### **Everybody dance**

With Zumba's popularity and TV hits such as *Dancing with the Stars*, dance fitness is making its way into its brightest spotlight since Jazzercise ruled in the 1980s. Newer formats transform exercise studios into high-energy dance floors. Classes such as Cize Live, Groov3 and U-Jam Fitness break down hip-hop moves, while Bollywood-style Indian dance takes center stage in BollyX and Bombay Jam classes.

In a dance fitness class you'll get a cardio workout to a DJ-mixed playlist in a high-energy, partylike atmosphere. Classes emphasize easy-to-follow choreography so no dance background is required, and the moves can be modified to reduce impact and intensity. Bonus: With a change of outfit, those moves can migrate from gym to club.

**ABOVE** Corepower Yoga offers lively yoga-hybrid fitness classes. **BELOW** Challenging barre

workouts are available at

Pure Barre.

pirelast

Find a class: beachbodylive.com, groove3.com, ujamfitness.com, bollyx.com, bombayjam.com

#### Yoga reimagined

More than 5,000 years after yoga originated in India, its popularity shows no signs of slowing. Payal Kadakia, CEO of ClassPass, a company that sells passes providing membership access to multiple clubs, says, "We typically see it as the most popular category in winter year after year."

The "Yoga in America Study," conducted by *Yoga Journal* and Yoga Alliance, counted 36.7 million American yoga practitioners in 2016, almost double what the annual survey found in 2012. ACSM also named yoga among its top 10 trends this year.

More traditional practitioners may bristle at the notion of yoga as a "fitness trend," and the practice encompasses much more than its physical postures.



Rowing exercises are gaining popularity. They provide for low-impact cardio and strength training.

Still, many Americans have discovered yoga as an exercise activity and enjoy practicing it to increase strength, balance and flexibility.

Some studios are responding with fitness-yoga hybrids, such as Yoga Sculpt by CorePower Yoga, a class that adds light weights, cardio intervals and upbeat music to yoga sequences. At CorePower Yoga, between the considerable challenge and the 95-degree Fahrenheit studio, I found the class was more physically focused and more

interactive than in the *vinyāsa* flow style of yoga I usually practice.

Float to the opposite end of the yoga-hybrid spectrum to find aqua yoga, a gentle style practiced in 85 to 95 F water. Students use the pool's floor, walls and edge for added assistance and resistance in postures. Water minimizes weight-bearing for joints, making aqua yoga comfortable and often safer for people





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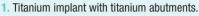


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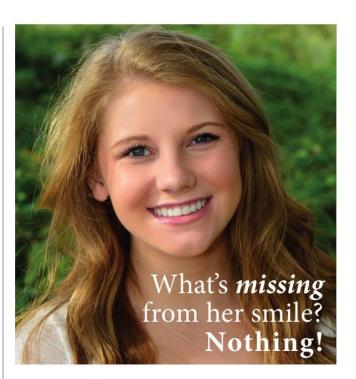












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also heard implants could be painful, took many visits and over 6 months to heal, and were expensive. Then she met with Dr. Shawn Keller. With many options offered, treatment was made affordable with a payment plan. Jordan wanted to improve the look of the rest of her smile and with Dr. Shawn's advanced sedation, she had the implant placed and cosmetic rejuvenation done at one visit, all while she slept peacefully. Thanks to the stem cell therapy used during the procedure, she had no discomfort and her beautiful smile was completed in the same day. Now Jordan is proud to smile with the peace of mind that her healthy new teeth will last a lifetime.

> "Dr. Keller changed my life!" - Jordan

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with injuries and special conditions. "It makes yoga accessible for everyone," says Camella Nair, founder of Aqua Kriya Yoga. "Even experienced yoga people are finding advantages to their own personal yoga practice in the water, as they can really feel the isometric action of the pose much more than on land."

Find a class: corepoweryoga.com, aquakriyayoga.com

## Giving the Buti to ordinary workouts

The name Buti isn't a play on the identical-sounding nickname for the gluteus maximus, but rather an Indian Marathi word meaning "the cure for something hidden or kept secret." One thing it can be the cure for is repetitive, one-dimensional workouts. Buti Yoga classes blend postures and breathing techniques with spiraling belly dance—style movements, tribal dance and plyometrics. The result? An inimitable experience designed for cardio, core training, strength, balance and flexibility, all in one class.

Some of the moves in Buti felt strange to me at first, but in a room of welcoming women of all ages, and high-energy tribal and hip-hop music providing the soundtrack, I soon forgot any selfconsciousness. The class engaged me physically and mentally as I learned dance movements and yoga posture variations I'd never imagined. While most live Buti Yoga classes are womenonly, some encourage men to participate, and online versions are available for all genders to practice. In both live and online Buti classes, the challenging sequences are paired with an emphasis on personal empowerment, body positivity and building community.

Find a class: butiyoga.com

#### Setting the barre higher

Barre's popularity, traditionally with women, is due to its body-strengthening,

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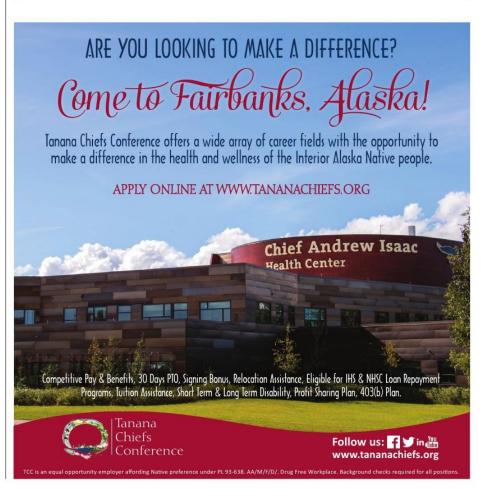
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-lengthening and -sculpting mix of ballet, yoga, Pilates and fitness movements. What more could a class include, you ask? Cardio, and wider appeal to men. Now two barre fitness companies are filling those gaps.

Pure Barre's new Platform class incorporates a small square step for heart-rateraising, large-muscle-movement intervals to complement its signature focused micromovements. Another brand, barre3, includes men and women in its online streaming classes to introduce both genders to the workout's challenges and

# More Spaces to Move

Not long ago, exercisers purchased a membership at one health club to take an array of group fitness classes. Today, boutique studios such as Soul-Cycle and CrossFit specialize in one format, challenging the traditional gym model.

The ClassPass service sells subscriptions allowing users to sign up for classes at any participating studio in its network. Subscribers can exercise at discounted rates compared to what they would directly pay the studio.

With the growth of technology, more brick-and-mortar health clubs, including Pop Pilates (blogilates.com) and Crunch Gym (crunchlive.com), now upload online versions of their live classes. Other classes, such as those at Daily Burn (dailyburn. com), Fitness Blender (fitnessblender.com) and YogaGlo (yogaglo.com) can be accessed only online. Monthly subscriptions for online classes cost much less on average than location-based memberships. While less interactive than live classes, they boast unparalleled convenience, allowing you to take your favorite class anytime.

—A.T.

results. The strategy appears a success: In September, Nicole Johnson, Olympian Michael Phelps' fiancée, posted an Instagram photo of the couple posing after a live barre3 class. And Atlanta Hawks forward Kent Bazemore, who regularly takes live classes taught by his fiancée, Samantha Serpe, wrote in a blog post, "Barre3 works muscles you can't even touch in the weight room, and it has targeted my core in a way no other workout ever has."

Find a class: purebarre.com, barre3.com

#### Row, row, row your way fit

Once relegated to a gym's low-traffic area, rowing machines now claim their rightful space front and center in the studio. According to data from ClassPass, the number of indoor rowing classes more than doubled from 2015 to 2016.

A rower's rhythmic, power-driven back-and-forth motion delivers a low-impact cardio challenge, while at the same time the machine adds resistance to challenge upper-body, lower-body and core muscles. "Rowing can burn as many calories per minute as a fast-paced run," Matthews says. It takes a little time to learn the correct rowing technique, so look for a beginner-friendly class or ask your instructor for assistance.

You can wrap your hands around rowing-machine oars in classes such as Indo-Row, where the group is divided into two teams for partner drills, intervals and a simulated race to the finish.

ShockWave, a class offered at Equinox and 24 Hour Fitness clubs, mixes highintensity rowing intervals with strengthtraining exercises in a circuit format.

Find a class: indorow.com, shockwaveworkouts.com, equinox.com ▲

Andrea Thomas, M.S., is a Bay Area college kinesiology professor, ACSM-certified exercise physiologist, group fitness instructor and registered yoga teacher.

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# Dazzling Zürich

Touring one of the world's most vital cities

By Donna Stonecipher

I'm sitting on a riverboat cruising along the Limmat River, which cuts through the middle of Zürich, considered among the world's most livable cities. Looking ahead, I'm surprised to see people swimming in the river. In my experience, it's rare to see people swimming in a city's main waterway. ■ However, I soon learn that Zürich's water is so clean that it's not uncommon to see many of the city's 400,000 residents swimming in the river, and enjoying one of the more than two dozen public baths that can be found along the Limmat, or taking a dip in Lake Zürich at the southern edge of the city.

The cleanliness of the city's waterway is only one of the exceptional aspects of Zürich. This year, Switzerland's largest city was named the world's most sustainable city, which is perhaps not surprising in a country known for its efficiency and precision. Zürich also is ranked as one of the wealthiest, as well as one of the most expensive, cities in the world.

A bevy of swans gathers in the clear aquamarine waters of the Limmat River, which flows through the middle of Zürich.

The petite proportions of the historic city center belie the fact that it is home to some of the most powerful banks in the world.

#### Crystal-clear water

I've come to Zürich for the weekend to see friends and explore the local art museums, but soon find myself fascinated by the city's crystal-clear water.

Carved by glaciers during the last ice age, the land where Zürich is located rises from the banks of the Limmat River on both the east and west sides in a series of forested hills. This rise away from the river acts like a graduated pedestal showcasing the city's architecture, including the spires of its

many churches, which appear to rise above the Limmat.

From one of these churches, the Grossmünster, Ulrich Zwingli led the Swiss arm of the Protestant Reformation in 1518. Local lore holds that it was Zwingli who instilled in the Swiss their legendary thrift and industriousness. I learn this fact at the Swiss National Museum, next to the main train station, where I have started my day.

I also learn about the town's patron saints, Felix and Regula, and that its traditional 13 guilds were inaugurated in the 1300s. The guilds, which were organized to set standards in various industries and ensure competition, remain an economic force today and are part of the city's spring holiday of Sechseläuten, which is held on the third Monday in April.

While bands play, members of the guilds parade in costume—and often on horseback—through the city to celebrate the end of winter. Many of the grand guild houses in Zürich's medieval Old Town have been converted into restaurants.

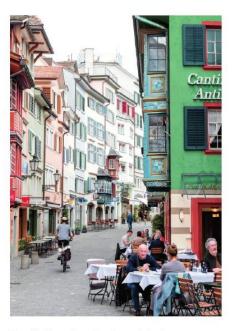
I soon find myself walking through the winding and narrow boutiquelined pedestrian lanes of Old Town on Zürich's east bank. I am enchanted by the many small parks I find as I walk—green spaces with benches and, almost everywhere, working fountains.

The gentle splashing of the water in the fountains constitutes the soundtrack of much of the city. And not only do Zürich's 1,200 fountains work, but the water flowing out of them is clear and fresh.

#### The Dada movement

This year marks the 100th anniversary of Dada, a major art movement that formed in Zürich in 1916.

Dada had its roots in many art movements, including the rejection of the bour-



Small sidewalk cafes abound in the narrow streets of Zürich's Old Town.

geois cultural and intellectual conformity of the late 19th and early 20th centuries.

GERMANY

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However, the tragedy of World War I

played a major role in the movement's development, which

embraced absurdity and a sense of irrationality. In Old Town, I visit
Cabaret Voltaire, the legendary cafe where a group of artists created the movement.
The cabaret continues to produce shows that are in the spirit of Dada.

After taking a look through its excellent bookshop and having tea in the upstairs cafe, it's time for lunch. I take a tram to the neighborhood of Seefeld.

Zürich is wonderfully compact, and it seldom takes more than 20 minutes to get anywhere on one of its reliable blue trams.

#### Transforming an industrial center

While Zürich has a long history, this is a city that embraces change. It has successfully converted various factories and industrial spaces into other cultural uses,

including Mühle Tiefenbrunnen, a large factory that housed a former brewery—and still has a working flour mill—and is where I'm meeting my friend Michael for lunch.

The popular restaurant Blaue Ente is known for listing the sources of its meals' ingredients, and for an excellent Wiener schnitzel. I enjoy an artichoke risotto with tomatoes, and then Michael gives me a quick tour of the brickwork complex, which now houses restaurants, shops, offices and a theater. The mill still produces a coarse flour, and a section of the facility has been turned into a museum, with some of the mill's historic machinery on display.

Later that day, I travel to the opposite end of the city for an afternoon in trendy Zürich West, another former industrial area that has been repurposed and now boasts art galleries, theaters, shops and restaurants.

One of the most striking conversions is the Markthalle, a food-lover's paradise built into the enclosed tall stone arches of a working train viaduct. Nestled into the archways are shops selling Swiss and Italian food delicacies, as well as clothing, furniture and other items. Across the street from the Markthalle is yet another repurposing project, the former Löwenbräu brewery, which



#### **Dada Birthplace**

The Dada art movement was founded in Zürich, with additional centers in New York and Berlin. Using mainly nontraditional materials, artists made "unreasonable," playful and absurdist art for what they saw was an absurd and unreasonable world.





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Left: The Markthalle is a retail space cleverly built under a working railroad bridge. Above: Zürich has about 1,200 fountains with famously fresh water.

now houses a dozen art galleries. In the Hauser and Wirth Gallery, I find a temporary exhibit by one of my favorite artists, Kurt Schwitters, who was a key figure in the Dada movement. His collages include bits of tram tickets, advertising copy, and other paper ephemera. Following Schwitters, an exciting new exhibition of paintings by Chinese artist Zhang Enli will be on display through December 23.

After the museum, I walk across the Limmat River on a pedestrian bridge and look down to again see swimmers floating along the river's current. Suddenly, a young man, who was standing next to me, jumps from the bridge and plunges into the river. The water looks so inviting that I wish I could join him, but I am meeting my friend Diana to see a play at the Schiffbau, a Zürich West theater that was converted from a shipbuilding hall. The play is a version of the classic tragedy *Antigone* by Sophocles, updated by a Turkish author to reflect the power structures in modern Europe.

The next day, I start by touring the Kunsthaus, home to Zürich's most prestigious art collection. The museum's works



The Kunsthaus has one of Switzerland's most important art collections.

#### WHEN YOU GO

#### Lodging

Florhof Hotel: Located close to the Kunsthaus, Zürich's best art museum, the charming hotel has wonderful rooms, a helpful staff and a lovely garden that is perfect for relaxing after a day exploring the city.

Kindli Hotel: Set on a cobbled lane in the eastern part of Old Town, the historic hotel is a warm, welcoming retreat that is full of local character. Breakfast is served in the beautiful wood-paneled Kindli Restaurant.

The Park Hyatt: The sleek, modern hotel is located just south of the city's financial center at Paradeplatz, and not far from the Bahnhofstrasse shopping street. It offers a sumptuous escape from the busy city. The hotel also boasts a popular bar and restaurant, Parkhuus.

#### Dining

**LaSalle Restaurant:** Renowned for its steak tartare, the large, bustling restaurant in the Schiffbau, a former shipbuilding factory, is a great place for meat-lovers.



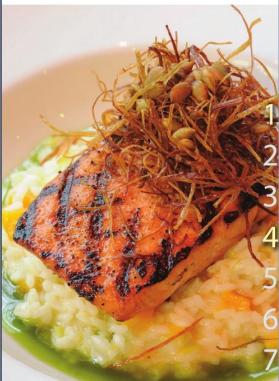
Restaurant Blaue Ente: Located in the Mühle Tiefenbrunnen, this longtime Zürich favorite serves Swiss and Mediterranean dishes made with fresh and locally sourced ingredients.

Hiltl Restaurant: Listed in the Guinness Book of World Records as the oldest vegetarian restaurant in the world, Hiltl is located near the main train station and is perfect for a lunch after shopping the Bahnhofstrasse.

—D.S.



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#### Zürich

#### 10 THINGS TO DO IN ZÜRICH

**Cruise on local waters:** Small boats and larger ferries offer cruises on Lake Zürich.

Tour art museums: Zürich takes art seriously, and its museums and galleries are wonderful, including the Kunsthaus.

Take a chocolate tour: Visit Zürich's smaller confectionaries and sample their excellent Swiss chocolates.

Relax in Lindenhof: This little park above Old Town offers stunning views of the east side of Zürich.

Go swimming: In the summer, follow the locals into the clean aquamarine waters of Limmat River and Lake Zürich.

Shop on Bahnhofstrasse: The city's best-known shopping street offers both high-end boutiques and more affordable shops.

Try raclette: The Swiss version of fondue includes melted cheese served with potatoes, dried meats and vegetables.

**Experience Mühlerama:** Learn how flour is still made at this mill with traditional equipment.

Admire Sigmar Polke's church windows: Polke, a German artist, was commissioned to create stained-glass windows for Zürich's most important church, the Grossmünster.

**Study a language:** The Swiss have four official languages: German, French, Italian and Romansh, which is a Latinbased language.

Visit James Joyce's grave: The Irish Modernist writer died in Zürich and is buried in the Fluntern Cemetery, near the zoo.

—D.S.



The historic Grossmünster Church draws many visitors to admire its stained-glass windows, created by artist Sigmar Polke.

range from Renaissance paintings to contemporary sculptures. Swiss artists are abundantly represented, and I especially enjoy the paintings by Heinrich Füssli—who is known in English as Henry Fuseli—which are full of pale, swooning maidens and wood sprites.

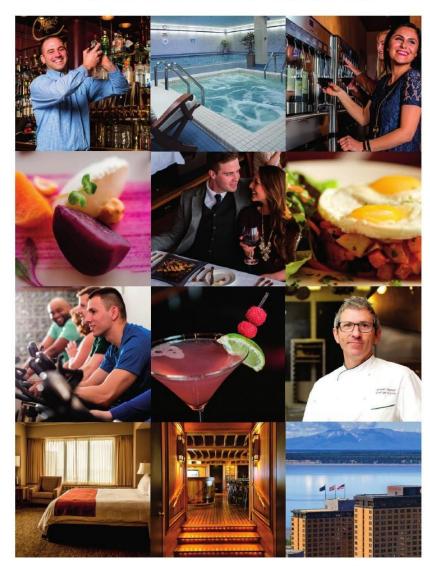
Ready for a picnic lunch, I stop at a store and pick up a crisp baguette sandwich, stuffed with Gruyère cheese, and some sea-salt chocolate. Then, it's off to the Museum Rietberg, which holds Zürich's Far East and African collections. The museum sits in a lush park on the west shore of Lake Zürich. After admiring the excellent collection of Indian miniature paintings, I walk up to the highest point in the park to see a stunning view of the lake, including the snowy Alps in the distance.

Also on my agenda is to visit a tiny, but impressive, clock museum in the basement of the Beyer watch store on Bahnhofstrasse, Zürich's high-end shopping area. There are Chinese fire clocks, candle clocks, automaton clocks and tiny clocks concealed inside glass cherries—but no cuckoo clocks.

I ask the docent why, and he answers that cuckoo clocks actually originated from the Black Forest in Germany. Swiss watches, renowned the world over, got their start in Calvinist Geneva, where displays of wealth were frowned upon; people stopped wearing jewelry, and their



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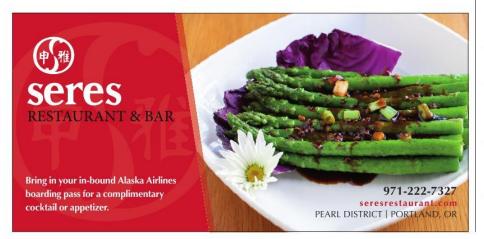
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#### Zürich



Swimming in the Limmat River and nearby Lake Zürich are popular pastimes in this region of Switzerland.

creative energy poured into watchmaking.

That evening, Diana and I take the train to Winterthur, a neighboring town that was once the center of the region's railroads and heavy industries. Here, too, many of the former industrial buildings have been converted to cultural uses. The arts also are flourishing here. There are no fewer than 16 museums in this city of 100,000.

We are going to the Fotomuseum Winterthur for a fundraising event. I admire how the clean Modernist lines and compact architecture of the former textile factory building complement the photographs on display. The director of the Fotomuseum says that many of the museums that have opened in the town are based on the collections of local entrepreneurs.

On my last morning in Zürich, I decide to give in to the allure of the sparkling waters of Lake Zürich. I walk to one of the many swimming stations located along the lakeshore and, after donning a bathing suit and storing my clothes in a locker, I plunge into the cold aquamarine lake. Inspired by the bracing lake water and a view of the snow-dusted Alps in the distance, I feel utterly refreshed.

Donna Stonecipher writes from Berlin.

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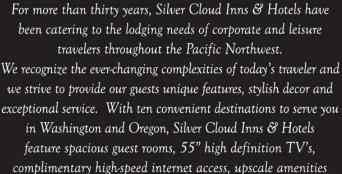


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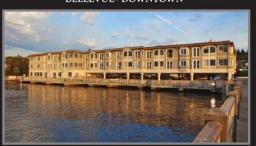
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# Sporting a Bargain

By Bengt Halvorson

Nothing speaks to how dramatically compact utility vehicles have changed over the years quite like comparing the sleek 2017 Kia Sportage to earlier models of the same vehicle. • For instance, the first-generation 1995 Sportage was, for all intents and purposes, a rear-wheel-drive-based mini-truck with all the design attention of a milk crate. It was a trusty workhorse with decent offroading abilities

for those seeking outdoor adventure on the weekends, though it had a very basic cabin, a busy ride, and little attention to noise and vibration. For many people, it was simply too rough around the edges to be considered as an everyday vehicle.

Today's Sportage, on the other hand, hits that sweet spot better than most other vehicles in this size class, because in addition to the base layer of ruggedness and utility-vehicle versatility, it has the image down pat. It's the kind of vehicle you could drive to a restaurant with valet parking and not feel out of place or take it out in the wilderness without looking too posh.

Kia as a brand has followed a similar trajectory. While it has always been valuefocused, Kia has risen from very humble roots to become a carmaker with a thoughtful lineup of products that are stylish and sporty, and always seem to pack in a few more features for the money compared to most rival models.

The brand has also gone through some major course corrections and growth spurts over the years. Beginning with a trial run in Portland, Oregon, in 1994, Kia sold a limited lineup of Mazda-based vehicles. In 1998, Hyundai Motor Company acquired a majority stake in Kia Motors. Ever since then, the two brands have been cousins, sharing some supply-chain sources and vehicle-development work, and the basic platforms that underpin these brands' vehicles, but for the most part relying on different assembly plants. The Sportage is quite closely related to the Hyundai Tucson, for instance, but you might not know

it at a quick glance; and the two use a different lineup of engines as well as quite different features and cabin appointments.

Ten years ago, Kia made another move that changed the company's course for the better: It hired Peter Schreyer, then best known for his design work on the original Audi TT and for forging Audi's sportier design direction that started in the late 1990s, as its chief design officer. Schreyer completely redesigned Kia's vehicles, giving them a sporty, European-influenced flavor that continues with the 2017 Sportage.

The latest version gets a little more international flair and originality, thanks to a design that was conceived in Frankfurt, Germany, at Kia's European design studio. The look was then modified with input from designers in California and South Korea. Compared to the 2016 model year, the new version starts with the same athletic stance and curved window glass around the rear doors, then adds more heavily sculpted sides. The wheels are also pushed out to the corners. The result is a SUV that looks more visually grounded.

From any direction the Sportage is refreshingly different—or, to some eyes, maybe a bit too different from the front, with the top-level SX model boasting a complex design of fog lamps, high-set headlights and an aggressive blacked-out honeycomb grille that would fit on a high-performance rally car.

Cabin appointments tend to be darker, more upright, and a mix of fun and formal.



The Kia Sportage continues a design evolution that has given the SUV a more sophisticated look and feel, especially from the driver's seat.



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#### AUTOS

Those who have owned Volkswagen products in the past will notice the similarities, as Kia has clearly benchmarked the German automaker, among other brands, on the overall design style. But then Kia goes one better with some of the details, including excellent trims and soft-touch surfaces nearly everywhere you might rest your hands. The latest Sportage continues an ongoing design evolution that has made each successive model feel a little more sophisticated from the driver's seat, including a dramatic reduction in the level of noise and vibration that can be felt in the cabin. All versions of the Sportage come with a Driver Mode Select system, which includes Normal, Sport and Eco modes. The varying selections affect the shift points, the sharpness of accelerator response and the feel of the steering, among other things. And sporty SX models, such as the one I drove, also receive firmer suspension settings, as well as steering-wheel paddle shifters that give you easier manual control of the shifts when you want.

The Sportage isn't nearly as spacious inside as some models in this size class-the Honda CR-V is one that's cavernous inside by comparison—but this is a model that should meet most expectations. In the Sportage, as with other similar crossover utility wagons, you'll find the seats to be slightly higher, and easier to get into, than those in sedans. The seats themselves in the latest Sportage have been improved, as well, to include longer thigh bolsters and better back support. Rear seats aren't altogether wide enough to fit three across, but the rear seatbacks fold forward far enough to provide a fully flat cargo floor that is good for some of the more cumbersome parcels from the big-box (or appliance) store.

Compact crossover vehicles the size of the Sportage have become the go-to replacements for sedans because they're easier to park and offer better outward visibility—in addition to those cargo-



space advantages. And if you're unfazed by sitting a few inches higher than you might in a sedan, you'll find that the Sportage SX Turbo, the top-of-the-line version I tested, drives like a quick, refined sport sedan.

The performance delivered by the 240-horsepower, 2.0-liter turbocharged engine in the SX Turbo is exceptionally swift, smooth and strong across a wide range of conditions. All Sportage models have a relatively smooth-shifting six-speed automatic transmission, though the more affordable LX and EX versions of the Sportage go with a 181-hp, 2.4-liter engine that's still plenty perky but tuned more for optimal fuel efficiency.

The Sportage, as is expected from this type of vehicle, offers a sophisticated all-wheel-drive system as an option. It is designed not just to help with traction in slippery conditions but also to aid handling and make the Sportage feel more stable on everyday hills and in corners.

Even though the Sportage isn't the sort of vehicle you'd take to scramble over boulders, ford streams or thrash through the backwoods, buyers will still find that it has more baked-in trail capabilities than a sedan. It has relatively short overhangs, which are good for ruts and steep uphills. And with its AWD system, it's deft enough to traverse rougher routes to the campsites or trailheads. AWD models also get nearly a half-inch of extra ground clearance, nudging it to nearly 7 inches to help out with deep snow.

One issue for the Sportage SX Turbo I drove was its gas mileage—just 20 mpg



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#### **AUTOS**

in the city, 23 mpg on the highway, according to the official Environmental Protection Agency ratings. That's the consequence of this model's vaultlike build, body structure and curb weight of around 4,000 pounds.

Kia has long excelled at offering a good value; it's somehow able to pack in more features than its rivals for essentially the same sticker price. Top SX Turbo models, like the one I drove, sell for \$34,895 and include a sunroof, strong bi-xenon headlamps with high-beam assist, power-folding side mirrors, and heated and ventilated front seats with power adjustability for the driver and passenger. It also has a heated steering wheel, rear air-conditioning vents, dual-zone automatic climate control, a power tailgate and a suite of safety systems.

The SX Turbo also upgrades the model's computer interface with a larger 8-inch touch screen and full onboard navigation capability that's nicely integrated and could save you from spending more on smartphone data. And across the model line, the Sportage is the first Kia to offer the brand's latest UVO3 infotainment system, which has a rearview camera system and is fully compatible with Apple CarPlay and Android Auto. It also offers a series of vehicle-integrated smartphone apps that you can use to find the car, tap into its diagnostics or enhance its navigation system.

Kia's lineup of vehicles continues to grow in style and substance. In addition to the Sportage, Kia already offers the boxy, more affordable Soul, with its lower, easy-loading layout. It also has the Niro, which is sized between the two models and will arrive early next year, boasting a hybrid powertrain that should achieve close to 50 mpg.

The look of Kia's line has certainly changed in the last two decades, but this is a brand that still delivers a bargain.

Bengt Halvorson is an independent automotive journalist writing from Portland.

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Puzzle on page 202.

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**Challenge Seattle** www.challengeseattle.com

**Compass Courses Maritime Training** www.compasscourses.com

Foster School of Business-University of Washington www.foster.washington.edu/emba

#### **HEALTH & BEAUTY**

**20|20 Lifestyles** www.2020lifestyles.com

Advanced Cosmetic & Laser Dentistry

Algone Interventional Pain Clinic—Alaska www.aipcak.com

Arctic Chiropractic www.arcticchiropractic.com

Capo by the Sea www.capobythesea.com

**Desert Regional Medical Center** www.desertregional.com

Dr. Tami Meraglia www.seattlestemcellcenter.net

Eisenhower Executive Physical Program www.emc.org/wellness

Fred Hutchinson Cancer Research www.fredhutch.org

Hair Transplant Seattle www.hairtransplantseattle.com

Larson Family Medicine www.larsonmedicalaesthetics.com

My Best 10 www.mybest10.com Olympus Spa www.olympusspa.com

Smiles by Design www.shawnkellerdds.com

The Spa at Pro Sports Club

Swedish Radiosurgery Center—Essential

www.swedish.org/essentialtremor

**Tredway Spine Institute** www.tredwayspineinstitute.com

The Waldorf Center for Plastic Surgery www.waldorfcenter.com

#### TRAVEL IDEAS

Alaska Railroad www.alaskarailroad.com

Caravan Tours www.caravan.com

Greater Palm Springs www.visitgreaterpalmsprings.com

MasterPark www.masterparking.com

Palm Springs International Airport www.palmspringsairport.com

Seattle-Tacoma International Airport www.seatacshops.com

ShuttlePark2 www.shuttlepark2.com

Sun Valley Resort www.sunvalley.com

Visit Anchorage www.anchorage.net

Visit Bellevue www.visitbellevuewashington.com

Waterfall Resort www.waterfallresort.com

Brian Head Resort

www.discovermoab.com

Natural History Museum of Utah www.nhmu.utah.edu

Ogden www.skiogden.com

Park City

www.visitparkcity.com

Salt Lake—Ski City www.skicity.com

#### EUGENE/SPRINGFIELD, OREGON

**Eugene Cascades & Coast** www.eugenecascadescoastsports.org/mvp

#### THINGS TO SEE & DO

A Gallery Fine Art www.agalleryfineart.com

K1 Speed Indoor Kart Racing www.k1speed.com

Modernism Week www.modernismweek.com

North Olympic Discovery Marathon www.nodm.com

Palm Springs Aerial Tramway www.pstramway.com

Palm Springs Air Museum www.palmspringsairmuseum.org

Palm Springs Art Museum www.psmuseum.org

Palm Springs Modernism Show www.fall.palmspringsmodernism.com

Village at Mammoth www.villageatmammoth.com

#### **CULINARY CORNER**

10th and M Seafoods www.1othandmseafoods.com

**Chukar Cherries** www.chukar.com

Face Rock Creamery www.facerockcreamery.com

Fran's Chocolates www.franschocolates.com

Legendary Doughnuts www.legendarydoughnuts.com

Norton Sound Seafood www.nortonsoundseafood.com

Kensington Books www.kensingtonbooks.com

#### WINE & WINERIES

Natalie's Estate Winery www.nataliesestatewinery.com

#### **HOME & GARDEN**

The Gilded Lily www.gildedlilyhome.com

McKinnon Furniture www.mckinnonfurniture.com

**Sunlight Supply** www.sunlightsupply.com

**Urban Hardwoods** www.urbanhardwoods.com

#### SHOPPING

Alaska Mint www.alaskamint.com

**ExOfficio** www.exofficio.com

Farinaz Taghari www.farinaz.com

Fred Meyer Jewelers www.fredmeyerjewelers.com

Seattle Cutlery www.seacut.com

Silver Superstore LLC www.silversuperstore.com

South Coast Plaza www.southcoastplaza.com

Square Jellyfish www.squarejellyfish.com

Timepieces International www.timepiecesusa.com

#### **GIFT IDEAS**

Oomingmak Musk Ox www.qiviut.com

Seattle Chocolates www.seattlechocolates.com

Read our digital edition at www.alaskaairlinesmagazine.com

# Flyer guide

Your overview of the Alaska experience.

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# **Everything Alaska**

# A look at all we offer for you.

Sign up for the Insider Newsletter to receive great travel deals and information.

# Start every trip at alaskaair.com.

- · Always find our lowest fares, guaranteed
- · Check out our weekly flight deals
- Plan your whole trip with hotel, car and vacation packages
- Manage your Mileage Plan<sup>™</sup> account and use miles
- · Check-in, print boarding passes and baggage tags



# Our app keeps you mobile on any device.

Several mobile options to keep you moving when you're on the go: iPhone, Android, Windows Phone and our mobile website at m.alaskaair.com.

- · Find and book flights
- · Check in from your phone
- · No more paper—use your mobile boarding pass
- Access Mileage Plan information
- Pre-reserve meals







#### MOBILE DEALS CLUB

Text ALASKA to 44227 to receive text alerts on our deals and offers. Message and data rates may apply. Maximum of four messages per month. Text HELP to 44227 for help. Text STOP to 44227 to opt out. Terms and Conditions at http://bit.ly/21HWKs3.



# The Alaska lounge is your sanctuary.

Enjoy access to our five lounges, in Seattle, Los Angeles, Portland and Anchorage, and more than 60 affiliated lounges worldwide. Warm pancakes at breakfast, and soups, salads and snacks are available throughout the day, plus a fully stocked bar and Starbucks® coffee. Visit us on alaskaair.com/lounge.

### Join the conversation online.

Come chat with us—and your fellow flyers—online. Tag your journey with #iFlyAlaska so we can all share in your adventures. Have a question? Ask away. Our Social Care Team is available 24/7 on Facebook and Twitter.







Visit our blog: blog.alaskaair.com.





#### B737-900/900ER

Number in fleet: 64 Range: up to 2,720 miles Seats: 181

#### B737-800

Number in fleet: 61 Range: 2,920 miles Seats: 163

#### B737-700

Number in fleet: 12 Range: 2,985 miles Seats: 124

#### B737-400

Number in fleet: 10 Range: 2,000 miles Seats: 144

#### B737-400C ("combi")

Number in fleet: 5 Range: 2,000 miles Seats: 72, plus 4 cargo containers

#### B737-400F (freighter)

Number in fleet: 1 Range: 2,000 miles Capacity: 9–10 cargo containers

# Alaska's regional fleet.



#### **Bombardier Q400**

Number in fleet: 52 Range: 1,114 miles Seats: 76 Operated by Horizon Air



#### Embraer 175

Number in fleet: 15 Range: 2,150 miles Seats: 76

#### Bombardier CRJ-700 (not pictured)

Number in fleet: 2 Range: 1,378 miles Seats: 70

Embraer 175 & CRJ-700 operated by SkyWest Airlines

Alaska has begun replacing its CRJ-700s with E175 jets that feature a more spacious cabin, First Class and Wi-Fi. All CRJs will be retired in November.

### A su servicio

Alaska Airlines tiene el orgullo de ser la compañía de bandera extranjera más grande que presta servicios con destino a México. Por eso, hemos asumido el compromiso de cumplir nuestra promesa de proporcionar a nuestros apreciados clientes hispanohablantes una experiencia excepcional que, a la vez, sea segura, confiable y llegue a ellos con un servicio genuino y atento. Para atenderle mejor, nuestros productos y servicios se encuentran disponibles en español a través de:

- Centros de atención telefónica de Reservaciones y de Atención al Cliente
- Quioscos de registro del aeropuerto

- alaskaair.com/español
- El editorial mensual del director ejecutivo que se encuentra al inicio de esta revista
- Información sobre las salas de conexión en la página A10
- Información sobre formularios aduaneros e inmigratorios en la página A11

Asimismo, en el aeropuerto o una vez a bordo, nuestros empleados hispanohablantes con gusto le brindarán ayuda. Simplemente diríjase a nuestros empleados sonrientes y cordiales que llevan nuestras exclusivas identificaciones con la leyenda.

# Tell us how we're doing.

### Visit alaskalistens.com.

Free to access inflight.

# Our bag guarantee.

#### Delivered in 20 mins or less.

If we miss the mark, see an agent for a voucher.

Terms apply. See bit.ly/BagGuarantee for details.

# **Enjoy a drink**

# Refreshing selections, for free or for purchase.

#### **COMPLIMENTARY BEVERAGES**

The menu card in your seatback pocket displays all our food and beverage options.



# Sodas Coca-Cola Coke Zero Diet Coke Sprite Sprite Zero Seagram's Ginger Ale Seagram's Seltzer Seagram's Tonic



**Coffee**Proudly serving Starbucks®
Pike Place® Roast

#### Other

Bottled Water
Orange Juice
Tomato Juice
Cranberry Juice
Apple Juice
Our special blend of Passion, Orange and Guava
(on flights to Hawai'i)
Bloody Mary Mix
Tazo® Awake® black tea
Tazo® Sweet Orange hot herbal tea (caffeine-free)



#### **PREMIUM WINE**

Canoe Ridge USD \$7 Exploration Red Blend

Canoe Ridge USD \$7 Exploration Pinot Gris



#### BEEF

Premium Beer USD \$7

Alaskan Amber Alaskan Icy Bay IPA Corona (to/from Mexico) Kona Longboard Island Lager (to/from Hawaiʻi)

Imperial (to/from Costa Rica)



#### Domestic Beer USD \$6

Miller Lite Budweiser

#### LIQUOR



Craft USD \$7
Sun Liquor Vodka
Sun Liquor Gin
Sun Liquor Rum
Crater Lake Hazelnut
Espresso Vodka

# Classic USD \$7 Sauza Tequila

Dewar's White Label Scotch Jack Daniel's Black Label Crown Royal Courvoisier Cognac Baileys Irish Cream

### First Class

Customers seated in First Class are always treated to our special brand of customer service. Enjoy our distinctive menus, a dedicated flight attendant, a convenient lavatory and a complimentary Inflight Entertainment Tablet on most flights longer than 3.5 hours.



#### Browne Family Vineyards Generations Collection Chardonnay

Washington

Sweet oak and vanilla aromatics develop into a full silky body, with flavors of Asian pear, crème brûlée and pineapple.

#### Browne Family Vineyards Generations Collection Red Blend

Washington

Big, dark-berry fruit flavors with blackberry and toasty notes and a round, velvety finish.

Beverage service may vary due to time of day and flight-segment time limitations. Items limited and based on availability. Individuals must be 21 years or older to consume alcoholic beverages. Government warning: According to the Surgeon General, women should not drink alcoholic beverage during pregnancy. Consumption of alcoholic beverages impairs your ability to drive a car or operate machinery, and may cause health problems. Pike Place is a registered trademark of The Pike Place Market PDA, used under license.

# Watch movies and TV

# Laugh, cry, or both—all on your own device.

# Power up your device with the latest hits.

Nearly every flight offers Alaska Beyond Entertainment, our streaming entertainment system that features free episodes from your favorite TV networks—like HGTV—as well as new discoveries, including new musicians on Seattle's independent record label, Sub Pop. Pay-per-view movies and TV shows start at \$1.99.

#### **FEATURED FREE-CONTENT PARTNERS**









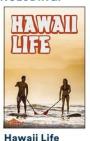


PLUS, THREE NEW PARTNERS



#### **NEARLY 90 FREE TITLES, INCLUDING:**







Giada's Holiday Handbook

Sub Pop Featured Album GOAT; Requiem

# How to get started:

See the Amenities card in your seatback pocket or get instructions at loadplayer.com.

**Tiny House, Big Living** 

#### MORE THAN 70 PAY-PER-VIEW MOVIES, INCLUDING:



Independence Day: Resurgence PG-13; 2:00



X-Men: Apocalypse PG-13; 1:36



The Huntsman: Winter's War PG-13; 1:54



The Nice Guys R: 1:56

# Rent a preloaded tablet and get watching.

On longer flights, you can rent an Inflight Entertainment Tablet that includes more than 30 hit movies and 20 TV shows—including new movies you can't get anywhere else. Also enjoy music, Xbox games and digital magazines.

Most titles available with English subtitles.

#### TOP MOVIES AVAILABLE ON THE TABLET:



The Legend of Tarzan PG; 1:30



The Light Between Oceans PG-13; 2:13



Absolutely Fabulous: The Movie R (ed); 1:31



The Secret Life of Pets G; 1:27

Tablets are free in First Class, and available to rent for \$8-\$10, depending on flight length.

# Go online

Gogo® Inflight Internet is available on nearly all our 737s and E175s, including all aircraft flying transcontinental routes.

Enjoy free access to alaskaair.com.

In the air or on the ground, visit gogoair.com for flexible pricing options.

\* Gogo Inflight Internet is not available on flights to/from Hawai'i or when aircraft are flying over Latin America—including Mexico.

# Alaska Airlines Mileage Plan™

### Welcome to a world of rewards.



See the world and earn miles doing it.

Earn or redeem miles on every Alaska flight and flights to more than 800 destinations worldwide with our 17 airline partners.

Earn miles on hotel stays, car rentals, and everyday purchases, too.







































The more you fly, the richer the rewards.

Partner miles flown also count toward elite status qualification.

#### MVP

(20,000 miles flown on Alaska)

- · Priority check-in
- · Two free checked bags
- Complimentary upgrades
- 50% bonus miles and more

#### **MVP** GOLD

(40,000 miles flown on Alaska)

All MVP® benefits, plus:

- Waived ticket change fees on Alaska
- Four annual guest upgrades
- 100% bonus miles and more

### **MVP GOLD 75K**

(75,000 miles flown on Alaska)

All MVP Gold benefits, plus:

- Complimentary inflight entertainment player
- · Four Board Room day passes
- 125% bonus miles and more

<sup>\*</sup>Miles flown on PenAir and Ravn do not count toward elite status qualification.







## Carry the card for even more rewards.

Get 30,000 bonus miles after qualifying purchases with the Alaska Airlines Visa Signature® card. Enjoy added benefits like:

- · Annual companion fare offer—because traveling is more fun with a friend
- Free checked bag for up to six people on the same reservation

Learn about all card benefits at alaskaair.com. The benefits above apply to Visa Signature® accounts only and different benefits apply to Platinum Plus® accounts. Card type is determined by creditworthiness.

#### Apply at mynewalaskacard.com or ask your flight attendant.

For information about rates, fees, other costs and benefits associated with the use of this card or to apply, visit the website referenced above. The Visa Signature® card benefits described herein are subject to certain restrictions, limitations and exclusions. This credit card program is issued and administered by Bank of America, N.A. Visa Signature is a registered trademark of Visa International Service Association, and is used by the issuer pursuant to license from Visa U.S.A. Inc. Platinum Plus is a registered trademark of Bank of America Corporation.



"Highest in Customer Satisfaction with Airline Loyalty Rewards Programs, three years in a row."

to providing you the best rewards program in the industry.

Alaska Airlines received the highest numerical score in the J.D. Power 2014-2016 Airline Loyalty Rewards Program Satisfaction Report. 2016 Report based on 3,073 total responses evaluating 7 programs, and measures the experience and perceptions of members who were surveyed March 2015. Your experiences may vary. Visit jdpower.com.

# Join today and start getting rewarded.

# alaskaair.com/mileageplan.

Mileage Plan conditions of membership apply; visit alaskaair.com/memberterms.

We're committed

Cardholder

There's no limit

to the number

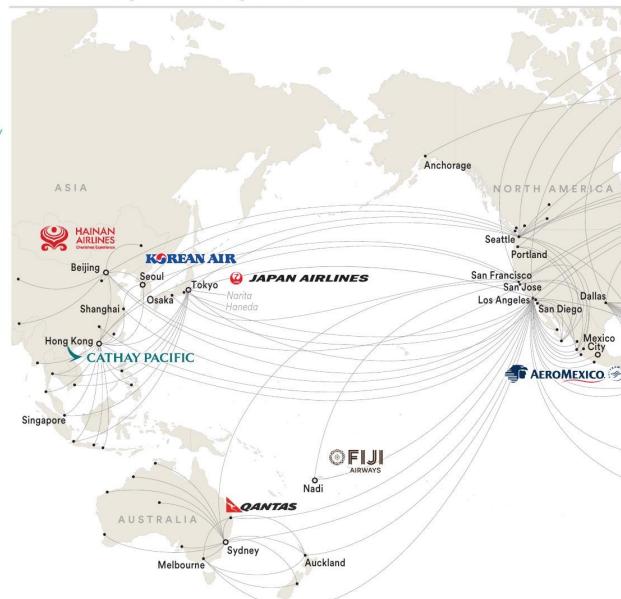
of miles you can earn.

perk:

# Mileage Plan gives you the world

# Earn and redeem your Alaska Airlines miles on any of our 17 partners.

Find tips on how to earn and use miles on our global partners at blog.alaskaair.com/ mileage-plan.



# Explore more with Mileage Plan.







Reykjavík, Iceland Icelandair









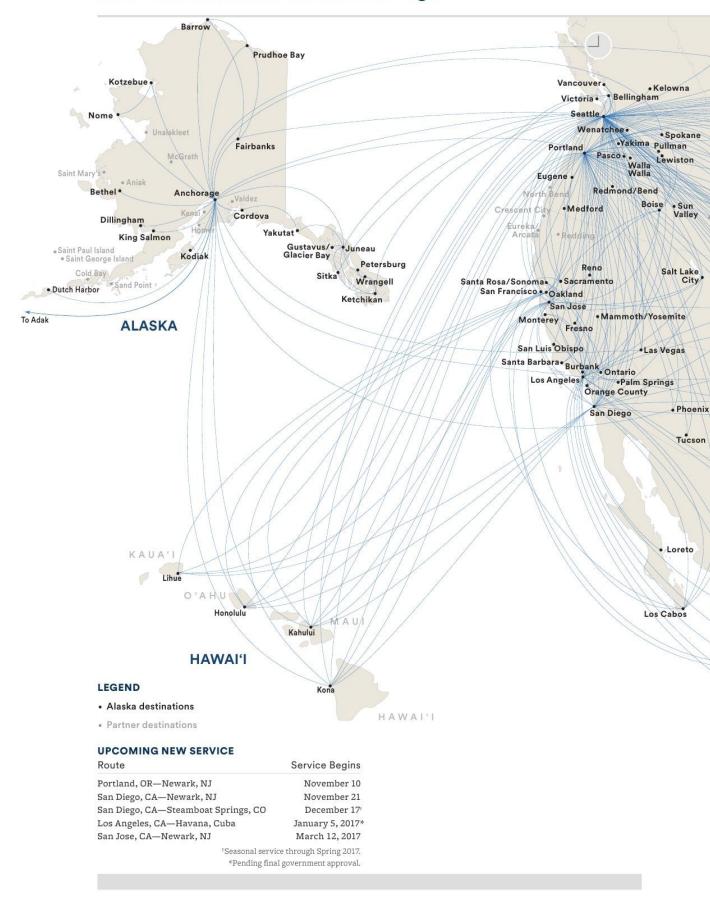


Dubai, UAE Emirates

Hainan Airlines

# Where we fly

# 100+ destinations and counting.





Some Alaska Airlines service operated by Horizon Air or SkyWest Airlines.

Some routes shown operate seasonally.

#### Airport of the Month



#### Austin-Bergstrom International Airport

Location: Austin, TX Airport code: AUS Served since: 2009 Daily flights: 2 Cities served: 2

Portland and Seattle.

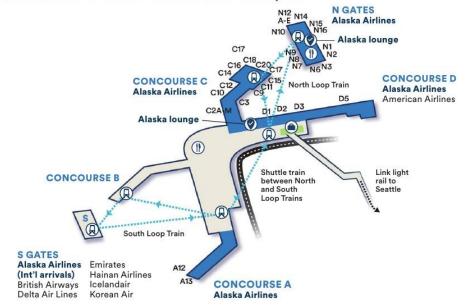
Notable: The selfproclaimed "Live Music Capital of the World" is also the state capital.

Insider info: The legendary Salt Lick Bar-B-Que has an outpost at the airport, just past the central TSA checkpoint.

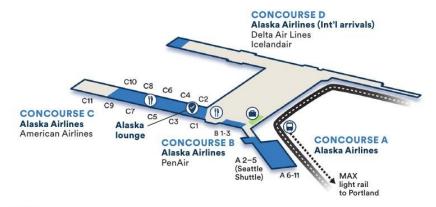
# **Airport terminal maps**

### SEA Seattle/Tacoma International Airport

Tip:
Connecting to
an Alaska Global
Partner? You'll
need to take the
shuttle train to
the South Loop
Train to get to
the S gates.



# **PDX** Portland International Airport



### SFO San Francisco International Airport

CONCOURSE D GATES 50-59 American Airlines American Airlines Admirals Club TERMINAL 1 **CONCOURSE C GATES 40-48** Delta Air Lines BART trains to American Airlines 0 Cathay Pacific INT'L TERMINAL Lounge GATES A1-A12 Alaska Airlines **Emirates** Aeromexico Japan Airlines Air France **British Airways** Korean Air Cathay Pacific Qantas

1 Tip:
Alaska lounge members have access to the Cathay Pacific Lounge at SFO when traveling on Alaska.



# LAX Los Angeles International Airport



### **ANC** Anchorage International Airport



# **Global Airline Partner terminal maps**

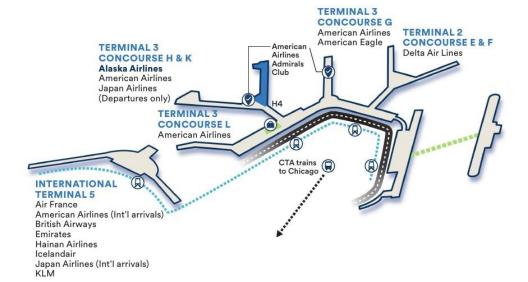
#### ORD Chicago O'Hare International Airport

**American Airlines** 

From Chicago, American Airlines serves 122 destinations in 11 countries, with convenient connections to Europe from the West Coast.

#### Tip:

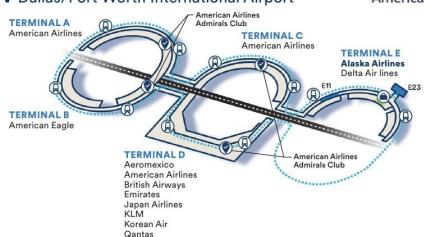
Alaska lounge members receive access to most **American Airlines Admirals Clubs** when traveling on Alaska or American.



# **DFW** Dallas/Fort Worth International Airport

American Airlines

Headquartered in Dallas, American serves 197 destinations in 29 countries including Latin America, the Caribbean and Europe from DFW.



# PHX Phoenix Sky Harbor International Airport

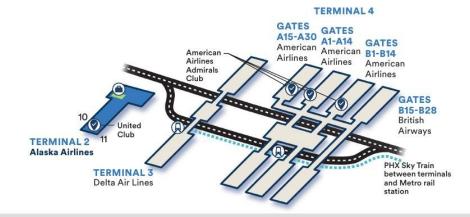
American Airlines

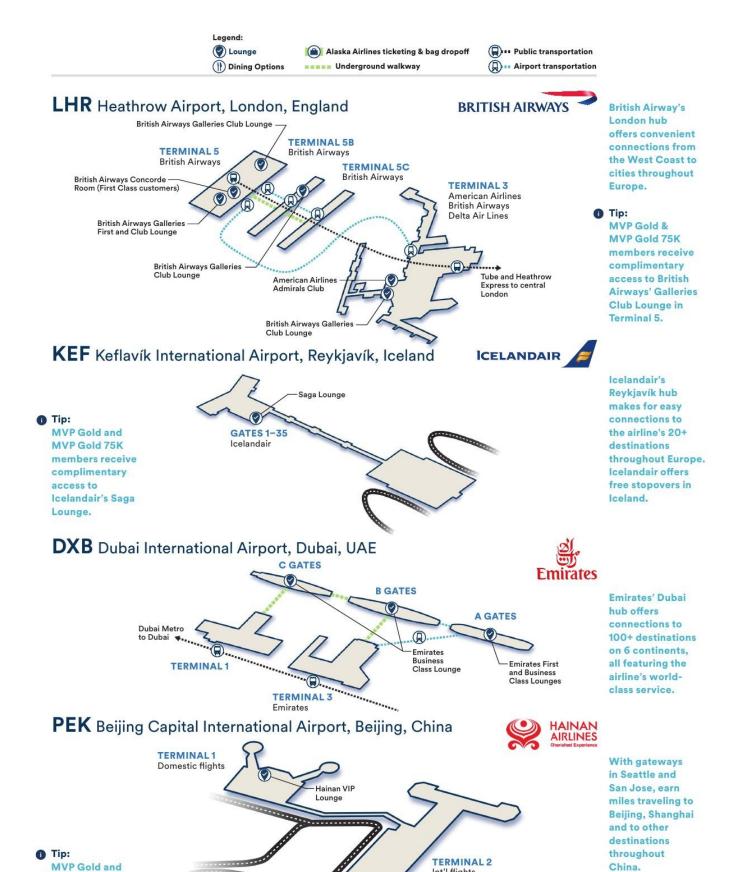


From Phoenix, American flies to 81 cities with over 300 flights.

#### Tip:

Alaska lounge members have access to the **United Club** across from gate 10 at Sky Harbor when flying on Alaska.





Int'l flights

MVP Gold 75K members receive complimentary access to Hainan's VIP Lounge.

China.

# **Customs and immigration**

Please use all capital letters with blue or black ink.

Por favor use letra mayúscula en tinta azul o negra.

Global Entry is a U.S. Customs & Border Protection program that offers expedited customs entry with no processing lines, no paperwork, TSA Preè eligibility and access to expedited entry in other countries. Apply at www. cbp.gov.



Customs and Immigration forms are distributed by flight attendants during your flight. Prior to landing, complete all forms that pertain to you, following the tips below. Completed forms are presented immediately upon entering the International Arrivals building. Las formas de Aduana y Migración son distribuidas por los sobrecargos durante el vuelo. Antes del aterrizaje en su destino final complete las formas correspondientes usando las indicaciones que se porporcionan a continuación. Las formas completas seran presentadas en la Terminal Internacional.

#### TO THE UNITED STATES

PASSPORT CONTROL KIOSKS

Automated Passport Control kiosks expedite the entry process. Eligible travelers scan their passport, take a photograph and answer a series of questions at the kiosk. Once complete, present the printed receipt from the kiosk to a Customs Officer.

#### **Helpful tips**

- Only citizens or nationals of the U.S., Canada or Visa Waiver Program countries are eligible to use the kiosk.
- · Customs declaration forms are unnecessary.
- Kiosks available in Los Angeles (LAX), Portland (PDX), San Diego (SAN), San Francisco (SFO) and Seattle (SEA).

#### U.S. CUSTOMS DECLARATION

All travelers to cities without Passport Control kiosks must complete this form.

#### Helpful tips

- One form per person or one per family (family defines those in the same household who are related by blood, marriage, domestic relationship, or adoption).
- Lines 5, 6—If not using a passport, leave these lines blank.
- Line 9—Enter "AS" for Alaska Airlines
- Sign at the "X."

INTERNATIONAL TRAVEL TIPS
TO MEXICO

- All travelers must complete a Mexico Customs Declaration form; one per traveler or family with same address.
- All travelers, except for citizens of Mexico, must complete the FMM; one per traveler or family.

#### TO COSTA RICA

- All travelers must complete a Customs Declaration form; one per traveler or family.
- All travelers must complete an Immigrations Form; one per person.
- Costa Rica requires a \$29 departure tax for each traveler. For tickets purchased before June 1, 2016, pay fee prior to check-in with Alaska Airlines at the service centers in terminal check-in area.
   The fee is included in the price of tickets purchased after June 1, 2016.

#### QUIOSCOS DE CONTROL DE PASAPORTES

Kioscos automatizados de control de pasaportes acelerar el proceso de entrada y se encuentran en muchas ciudades servidas por Alaska Airlines. los viajeros elegibles escanear el pasaporte, tomar una fotografía y contestar una serie de preguntas en el quiosco. Una vez completa, presentar el recibo impreso en el quiosco a un oficial de aduanas.

#### Datos de ayuda

- Sólo los ciudadanos o nacionales de los países del Programa de Exención de Estados Unidos, Canadá o Visa son elegibles para utilizar el quiosco.
- Formularios de declaración de aduanas son innecesarias.
- Kioscos disponibles en Los Ángeles (LAX),
   Portland (PDX), San Diego (SAN), San Francisco (SFO) y Seattle (SEA).

#### DECLARACION DE ADUANA

Los viajeros a ciudades sin quioscos de control de pasaportes deben completar este formulario.

#### Datos de ayuda

- Una forma por persona o por familia con la misma dirección.
- Línea 5, 6—Si no tiene pasaporte, deje esta sección en blanco.
- Línea 9—Use "AS" para Alaska Airlines.
- Firme en la "X."

#### **CONSEJOS DE VIAJE INTERNACIONALES**

A MEXICO

- Todos los viajeros deben completar un formulario de declaración de aduanas México; uno por cada viajero o familia con la misma dirección.
- Todos los viajeros, excepto para los ciudadanos de México, deben completar la FMM; uno por cada viajero o familia.

#### A COSTA RICA

- Todos los viajeros deben completar un formulario de declaración de aduanas; uno por cada viajero o familia.
- Todos los viajeros deben completar un formulario de Inmigración; una por persona
- Costa Rica requiere un impuesto de salida de \$29 para cada viajero. Para los boletos comprados tarde del 1 junio, 2016, pagar la cuota antes de check-in con Alaska Airlines en los centros de servicio en el área de registro de entrada en el terminal. La tarifa está incluido en el precio de los boletos comprados el 1 de junio 2016.

# Your safety and comfort

#### SEATS

- Your seat belt must be fastened whenever the "FASTEN SEAT BELT" sign is illuminated. Keep your seat belt fastened at all other times in case of undetectable clear-air turbulence.
- Seatbacks and tray tables must be in the upright, locked position during taxi, takeoff and landing.
- Child-restraint devices must bear the FAA approval sticker.
- Seat-belt extension use is not allowed in exit rows for the safety of all passengers due to the possibility of entanglement by the extensions.

#### **CARRY-ONS**

- All carry-on baggage must be stowed under a seat or in an enclosed overhead bin upon boarding and prior to landing, as directed.
- Please use caution when opening an overhead bin, as items may have shifted.
- Prior to takeoff and landing, service items provided by Alaska Airlines must be picked up or properly stowed under the seat in front of you, in carry-on luggage that is properly stowed or in an overhead bin.

#### LAVATORY

 Customers are requested to use the lavatory in their assigned cabin and are required to do so on inbound international flights; exceptions may be made for customers with special needs.

#### **CREW SAFETY**

• Interference with crew members' (including flight attendants') duties is a violation of federal law. Under federal law, no person may assault, threaten, intimidate or interfere with crew members in the performance of their duties aboard an aircraft under operation. Penalties for crew interference include fines up to \$11,000, imprisonment or both. An incident report may be filed with the FAA regarding a customer's behavior.

#### DEVICES

- During taxi, takeoff and landing, portable electronic devices and headphones may be used.
   Larger electronic devices such as laptops must be stowed during taxi, takeoff and landing.
- Cellphones may be used while the boarding door is open until advised by your flight attendant that cell service must be turned off. Upon landing, your flight attendant will advise when cell service can be enabled.
- During flight, electronic voice communications of any kind (e.g., cell/VoIP calls) are prohibited.
- Headphones must be worn when using electronic devices such as personal music players, Inflight Entertainment Tablets, etc.

#### PETS

 Pets must remain in carrier for entire flight.
 Carrier must be stowed for taxi, takeoff and landing.

#### **ALCOHOL AND TOBACCO**

- Alcohol may not be consumed aboard an aircraft unless it has been provided by a flight attendant.
   No alcohol may be served to any person who appears to be intoxicated, or who is under 21 years of age.
- Smoking, chewing tobacco and electronic cigarette use are not permitted on any Alaska Airlines flight.

#### OTHER PROHIBITED ITEMS

 Alaska Airlines prohibits the use of items that do not meet FAA Regulations or Company regulations. This includes the use of seat-belt extensions not provided by Alaska Airlines, devices that restrict the recline of seats, self-heating meals or beverages, air filters placed on overhead vents and personal airpurifying devices. The Federal
Aviation
Administration
(FAA) and
Alaska Airlines
have set these
rules and
regulations to
assure your safety
and comfort.

#### **CONTACT US**

Customer care: 800.654.5669 (Mileage Plan, Web Support, Customer Care)

Toll-free reservations: Within the U.S. and Canada: 800.ALASKAAIR (800.252.7522) (TTY 800.682.2221) alaskaair.com

En Español: 800.858.5525 From Mexico: 001.800.252.7522

Alaska Airlines Vacations: 844.276.5297 vacations.alaskaair.com.

#### **USING YOUR DEVICES**

We know use of your electronic devices is important, and we've adjusted our procedures to give you more time with those devices.

#### Allowed on the ground and in the air

- Laptops (must be stowed for taxi/takeoff/landing)
- Tablets/smartphones (Airplane Mode after door closure)
- Wireless mouse/keyboard
- e-readers
- Media/CD/DVD players
- Noise-canceling headphones
- Cellphones (prior to door closure only)

#### Not allowed during flight

- · Voice calls of any kind, including VoIP
- Devices with cell service enabled
- · AM/FM radios or TVs
- Personal air purifiers
- Remote-control toys
- Electronic cigarettes



Complete each sudoku grid by placing a number in each box so that each row, column and small nine-box square contains the numbers one to nine exactly once. Solutions are on page 180.

Difficulty: Easy

	36	6	7	5		2		3
	5				6	8		
1		3	4		9		6	
4	6	8	9	7				
				8	5	6	7	4
	7		5		3	4		1
		9	1				5	
5		4		6	7	9		

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Difficu	ıιy.	. IVI	eu	IU	п

5					6	7	3	
		7	4		5		6	
	8	6		9				2
7					1	4		
	5			6			7	
		9	7					5
1				4		6	2	
	6		5		2	3		
	7	4	6					8



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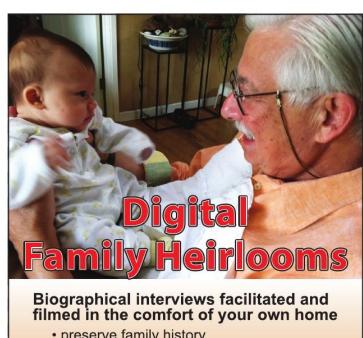


- salmon
- shrimp
- · king crab
- scallops
- · smoked salmon
- prawns
- arctic strips
- halibut



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# WORD GAMES

### Name Game

5 9	OSS Cop's round	1	2	3	4			F	1	1-	1			_	_		_				_	_
5 9	Cop's round	100						5	6	7	8			9	10	11			12	13	14	15
5 9		1		100	103			(49)	5550	100	1000			30	1200	500)			Since .	70000	1972512	0.000
9	Project	16		<del>                                     </del>		17		18	-	<u> </u>		4	19					20	_	+	1	+-
	Computer key	1.0				l"		10	1				1,2					20				
12	100			<u> </u>					-										₩		-	+
	Hey, you!	21						22	1				23				24					
	Koran deity																					
18	Strike site				25		26				27	28					29					
19	Field																					
20	Pith helmet	30	31	32		33				34						35						
21	Say cheese		1																			
		36		1	37				38			2				39			-	40	41	42
	Wildcat	130	1		3,				30											40	7.	72
	Zeppo's moles?	_																				—
25	Kind of appearance	43	1					44	1						45			1		46		
27	Send a card, perhaps																			1		
29	Biblical mountain	47					48					800		49					50			
30	NASCAR stat								1										1			
		51		1		52					53	54	55					56	1			+
33	Mr. Morrison	1							1		33	-						,,,				
34	Vatican work	_		-				_	_					-					₩	₩		₩
35	Enrobed		57		58						59							60				
36	Dodged																					
	"F" on a quiz			61						62							63		1			
							l															
39	Restoration	64	65						66							67			T	T	68	
43	Pine substance																					
44	Corporate division	69	-		-			70		-	-	-	$\vdash$	71	72					73	-	74
45	Isn't wrong?	69						70		1				/1	/2					13		/4
46	Sky altar				<u> </u>				1	L										<b>—</b>		₩
		75					76							77					78			1
47	Show surprise			l							95								1			
48	Allot	79				80					-13	81	82					83	1			1
49	Undo a dele																					
50	Lose ground	84	<u> </u>	<del>                                     </del>	85	<u> </u>					86						87		+-	+	<del> </del>	+-
	Somme time	104	1		05						00						0,					
																		L			<u> </u>	₩
32	Elliott tries to strike it				88					89						90				91		
	rich?											10 10										
56	Bakery items	92	93	94					95						96				97			
57	Enlist																					
59	Burger topper	98		1				99		<b>-</b>			100	101				102	+	103	104	105
	Practical	1	1					5.50	1											.03		
		***		-				***		-			108					109	₩	+		-
		106	1					107	1				108					109				
62	Different take																	20				
63	Test drive	110	1					111	1				112						113			
64	Bistros																		1			
	Keats and Yeats				•															•		
	Smarts	000000					72															
	Plain people		Low ti				- 1	2 H	air goo				49	Worn	out					asting t		r
70	Folk-song hero observed?	102	Chop	pers			1	13 G	o at it				50	Gowr	n fabrio	2			<b>83</b> U	pper h	ouse	
	Against			m rule	r		1	4 Bu	iena _	_!			52	Grind					<b>85</b> Pa			
	Stable dweller			d shel				15 Cd						Whee						ehind t	he tim	165
					-,-,-				early G	ater la	calc			Faste	200						c. tiil	
	Common ground?		Fancy		12120				0.50	u (C) 10	Calc									oy		27024
	Grad		3.	al editi	on				ssen					Ms. S						obe Br	yant, e	.g.
78	Umpire's call	110	Legal	paper			2	0 D	espot				56		symbo	I		9	90 Se	ettle		
79	Gem wts.	111	Remo	te			2	4 Kr	nack				58	Wate	rfowl			9	92 R	ipened		
80	Marseille milk	112	Pond	pad			2	6 Lil	ke a we	et hen			62	Grabl	oed					lew Yor		
81	Gave over			s and b	ears				ame M				63	Source						anadia		
83	Malice		J.JCK.	- u.iu L					ome to				64		es a te	nt						
		DO																		he was		wgiri
84	Tot tenders	DOW		GS - 80					lt featu		gaessen.		65		ed inst		τ			hip trip		
86	Deck	1	re	elief			3	<b>2</b> Jo	rdaniar	n king'	s skit?		66	Desse	ert win	е			97 W	/aiting	room	call
87	Was inclined	2	Lumb	er tree			3	4 Lc	st pign	nent			67	He-m	an			9	99 Li	ummox	(	
	Uncomplicated		Liston					5 W	Charles and the Control				68	Give	a little					ilkworr		
	Stout kin								rty mi	yture			70	Oxey								
			Soaps													-14				/WII ar	ca	
	Legged it		Ms. B						el ove						's oppo			10	<b>04</b> Ta	ickle		
91	USNA grad	6	Irish c	ounty			4	<b>0</b> M	ichael's	s stick:	?		72	Stick	in the	tridge		10	05 0	wns		
	Game room	7	Lodge	:			4	11 Th	ne Little	Mern	naid		74	Requi	ires							
	Surgical tool		Mater					2 Ex						100	ight-ye	ars		Se	ידוווכ	ON ON	PAGE	180
92			utcl							rtor of	ftor				y hote					J.4. O N	···	
92 95		0	Whar	e the -	ction	2																
92 95 96	Showroom display			e the a		S				<ul><li>44 Meal starter, often</li><li>45 Sun god</li></ul>					-	į.			Per	111	/Pr	<b>B2</b>
92 95 96		10	Secur	e the a ity pro : letter	blem	S	4		ın god	rter, or	ten		80	Head	-					11 © 201		



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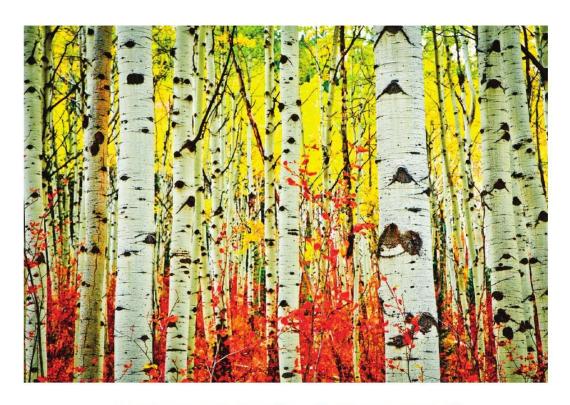




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