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Alaska BEYOND»

MAGAZINE NOVEMBER 2017

LET IT SNOW

Top resorts for
winter fun

PAGE 94

WISH LIST

Celebrating the
season of giving

PAGE 104

A close-up portrait of actor John Lithgow. He is resting his chin on his right hand, looking directly at the camera with a slight smile. He is wearing a dark suit jacket over a dark shirt. A gold watch is visible on his left wrist, and a gold ring is on his right hand.

JOHN LITHGOW

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John Lithgow

A fearless and prolific performer, this longtime supporter of the arts is on a white-hot streak.

By Kathryn Drury Wagner

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MARK DAVIS / CBS VIA GETTY IMAGES

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Gear, gadgets and other holiday gift ideas for good girls and boys.

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The Green Lake neighborhood has captured our hearts.

By Stephen Merlino

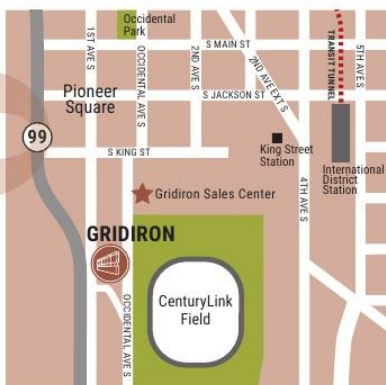
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ON THE COVER

Award-winning actor John
Lithgow is on a roll.

Photo by Robert Zuckerman.

Volume 41, No. 11

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MARY LOST 15 LBS & 10 YEARS IN 10 WEEKS

It wasn't until halfway through the My Best 10 program when I realized that I'm much more effective, and available for my family, when I take care of myself.

Before the program, I was in a bit of a slump. My friend, and workout partner, had moved away, so my motivation to exercise just wasn't there. My body felt "soft." When I got up in the morning and looked in the mirror, I didn't recognize who was looking back at me.

When I read about the My Best 10 program, I knew it was exactly what I needed – and it surpassed my expectations.

I had expected to work hard and lose weight. What I hadn't expected was that the lessons I'd learned during the program would become even more important two years later.

After successfully completing the program and losing 15 pounds, I felt better than ever. However, sometimes, old habits are hard to break. When my weight began to slowly creep back up, I knew it was time to take control again. I have the philosophy that obstacles are not an issue. I simply identify them and climb on over. Challenges keep it interesting and give me a sense of victory.

So I returned to what I'd learned through My Best 10 – protein shakes, lean protein

and no cheating. After I lost four pounds in the first week, I knew I was back on track. Personal training had been a key to my success in the program. My trainer provided the accountability I needed to get to my workouts and made me want to work hard. She always had something positive to say about my progress. And, most importantly, she made me feel good about myself again. If someone had told me a year ago that I'd be able to deadlift 145 pounds, I'd have called them insane. But today, I can do it. I'm happier, healthier, more comfortable in my own skin – and in the best shape of my life!

A major improvement in my life after My Best 10 is my energy level. Before the program, it was difficult to get going in the mornings. I felt tired even after getting eight hours of sleep. Now, I get up easily and sometimes even get a workout before the kids go to school. It's amazing how much better I feel now!

I'm a huge fan of MB10! This was the greatest gift I've ever given myself!

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WELCOME»



HERE WE GROW



Brad Tilden,
Chief Executive
Officer

» **Andrew Harrison**, our chief commercial officer, talks about something that is near and dear to his heart—growth. While he’s growing his family, we’re also growing here at Alaska, adding more places to fly, especially for our guests in California. Enjoy. —Brad Tilden



Andrew Harrison,
Chief Commercial
Officer

Growth. It’s a word that can be applied to all aspects of life. Growth is about increasing in size, becoming stronger and adding to what you have. My wife and I have eight children (including one newborn), and I can attest that growth comes with a lot of sleepless nights. It often means that challenges have to be overcome, new frontiers explored and, yes, some discomfort dealt with along the way—which, if you are like me, you prefer to avoid! Admittedly, however, growth is well worth the journey.

Alaska Airlines is no exception to this. As many of you no doubt know, Alaska Airlines has operated in the Pacific Northwest for more than 80 years, originating flights predominantly from Alaska, Washington and Oregon. To be sure, we now fly all over the nation from the

Pacific Northwest, including the East Coast and Hawai‘i, but we had always served primarily those who call the Pacific Northwest home. If you take just the past 10 years, Alaska Airlines has grown out of the Pacific Northwest by nearly 70 percent, adding 64 routes. But, just like life, where the newborn becomes a toddler and the senior heads off to college or to their first “real” job, growth is essential. None of these things are achieved without it.

Last August, Virgin America celebrated its 10-year anniversary, and this December, we’ll mark the first full year since Alaska and Virgin America joined forces. The question has often come up in conversation as to why this marriage occurred, and the answer is really quite simple—to enable growth.

We at Alaska Airlines have known for some time that if we wanted to continue to grow, we would need to branch out farther than our hometown. Virgin America has spent 10 hard-fought years growing California, from the airline’s original fleet of only two aircraft, serving just three cities, to 68 aircraft serving

» WELCOME

31 cities. With this growth, the airline was able to acquire critical airport infrastructure and route authorities (such as slots in New York, and gates in San Francisco and Los Angeles) to serve very large and important routes.

Alaska Airlines has served California for nearly 40 years and, even prior to the merger, had 175 flights a day. With Alaska and Virgin America joining forces, we now have a foundation for steady and measured growth. It's true we've announced a lot of new routes out of California since the acquisition (27 to be exact), but this was to help round out key routes to provide utility for Californians, which Virgin America has done an amazing job of starting.

The real excitement here is that whether you live in the Pacific Northwest, California or one of the many other cities we serve, Alaska's growth is all about you and your travels. Some of the exciting things to accompany this growth have already been delivered, or will be delivered in the coming months, as follows:

- A modern, warm and welcoming vibe on our aircraft, including onboard music, mood lighting, new uniforms, and surprising new food and beverage offerings.

- New satellite Wi-Fi on our Boeing and Airbus fleets.

- Free Movies and Free Chat™ (which you can enjoy once you've read this magazine).

- Greater opportunity for upgrades for our elite members as we add more premium seating on our Airbus fleet.

- Alaska Mileage Plan is the country's top-ranked frequent-flyer program, and it will continue to get better with our new expanded network and new global partners. And because it is miles-based, you will never be penalized for finding that great low fare.

As you can see, our growth has already begun to deliver great benefits for our guests, and there's more to look forward to. If this is your first flight with us, we're glad to be able to host you today. If it's your 1,000th, it's great to see you again! —Andrew Harrison

» BIENVENIDO



Brad Tilden,
Jefe Ejecutivo

SEGUIMOS CRECIENDO

» **Andrew Harrison, nuestro director comercial, habla sobre algo muy querido y cercano a su corazón: el crecimiento. Mientras su familia continúa creciendo, nosotros también seguimos creciendo en Alaska, añadiendo más lugares para viajar, en especialmente para nuestros pasajeros en California. Espero lo disfruten.**

—Brad Tilden



Andrew Harrison,
Director Comercial

Crecimiento. Es una palabra que se puede aplicar a todos los aspectos de la vida. El crecimiento implica aumentar de tamaño, volverse más fuerte y sumar a lo que ya tenemos. Mi esposa y yo tenemos ocho hijos (incluyendo un recién nacido), y puedo dar fe de que el crecimiento viene con muchas noches sin dormir. A menudo significa que habrá desafíos por superar, nuevas fronteras por explorar y sí, algunas molestias en el proceso (algo que, si usted es como yo, preferirá evitar). Sin embargo, hay que reconocer que el crecimiento bien vale la pena.

Alaska Airlines no es la excepción. Como sin duda muchos de ustedes saben, Alaska Airlines ha operado en el noroeste del Pacífico durante más de 80 años, mayormente vuelos con origen desde Alaska, Washington y Oregon. Desde luego, volamos por todo el país, desde el noroeste del Pacífico incluyendo la Costa Este y

Hawái, pero principalmente siempre hemos mantenido el servicio para los que llaman al noroeste del Pacífico su hogar. Si damos un vistazo a los últimos 10 años, Alaska Airlines ha crecido desde el noroeste del Pacífico casi un 70 por ciento y agregó 64 rutas. Pero al igual que en la vida, cuando el recién nacido se convierte en un niño pequeño, el mayor se va a la universidad o busca su primer trabajo "real", todo es algo que requiere crecimiento. Ninguna de estas cosas se logra sin crecimiento.

El pasado agosto se celebró el 10.º aniversario de Virgin America, y en diciembre se cumplirá el primer año desde que Alaska y Virgin America unieron sus fuerzas. En las conversaciones siempre surge la pregunta sobre por qué se produjo esa unión, y la respuesta es bastante simple en realidad: para permitir el crecimiento.

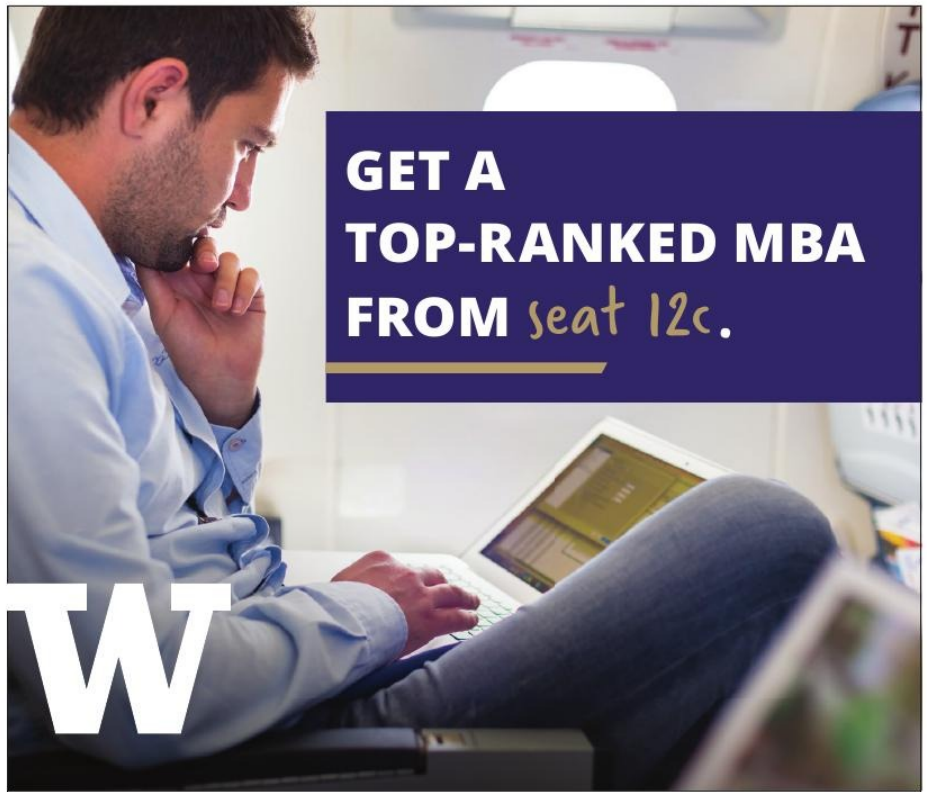
Alaska Airlines ha sabido desde hace tiempo que para continuar creciendo, necesitaríamos expandirnos más allá de nuestra ciudad natal. Virgin America ha dedicado 10 años de esfuerzo a crecer en California, desde su flota original de solo dos aviones y servicios a solo tres ciudades hasta tener 68 aviones y servicios a 31 ciudades. Con este crecimiento, la aerolínea pudo adquirir infraestructura crucial en aeropuertos y autoridades de ruta.

Alaska Airlines ha prestado servicio en California por casi 40 años. Con la unión de esfuerzos entre Alaska y Virgin America, ahora tenemos una base que nos permite un crecimiento estable y medido. Es verdad que anunciamos muchas rutas nuevas desde California a partir de la adquisición (27, para ser exactos), pero esto fue solo para ayudar a completar las rutas clave y brindar servicios a los californianos con los que Virgin America ha hecho un excelente trabajo desde el principio.

La verdadera emoción aquí es que, ya sea que viva en el noroeste del Pacífico, en California o en una de las muchas ciudades en las que brindamos servicio, el crecimiento de Alaska tiene que ver con usted y sus viajes. Algunas de las cosas interesantes que acompañan este crecimiento y que ya se presentaron, o que se presentarán en los próximos meses, son las siguientes:

- Una atmósfera moderna, cálida y acogedora en nuestros aviones, que incluye música a bordo, iluminación ambiental, uniformes nuevos, y sorprendentes opciones de alimentos y bebidas nuevas.
- Nueva Wi-Fi satelital en nuestras flotas Boeing y Airbus.
- Películas gratis y Chat gratis (que podrá disfrutar después de que termine de leer esta revista).
- Mayor oportunidad de ascensos de categoría para nuestros miembros de Elite a medida que agregamos más asientos premium en nuestra flota Airbus.
- Mileage Plan es el programa de viajero frecuente mejor calificado del país, y continuará mejorando con nuestra nueva y amplia red y aerolíneas asociadas globales. Y como está basado en millas, nunca será penalizado por encontrar esa tarifa muy baja.

Así que, como puede ver, nuestro crecimiento ya comenzó a ofrecer grandes beneficios a nuestros pasajeros, y hay mucho más por venir a medida que seguimos creciendo. Si este es su primer vuelo con nosotros, nos complace poder recibirlo el día de hoy. Si este es su vuelo n.º 1,000, es un placer volver a verlo! —Andrew Harrison



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IN THE KNOW»

WHAT'S NEW: MORE TOP MARKS FOR MILEAGE PLAN

» If you're an elite traveler on Alaska Airlines, you're pretty happy, according to a study that recently named Alaska Mileage Plan the best airline elite-status program in the country. That's the assessment of The Points Guy, a well-regarded travel website that looked at how six major airline programs compared for top frequent flyers.

One key factor, according to the study: Alaska, unlike its competitors, still rewards flyers with miles based on distance flown rather than dollars spent. Members also love Alaska's free upgrade certificates and the fact that MVP Gold and Gold 75K members get change fees and cancellation fees waived.

The study compared benefits at four elite-status levels. Alaska ranked first at three levels—for the MVP and MVP Gold programs (MVP Gold won in two categories). The Points Guy also declared Alaska the overall winner as the carrier that “provides the best combined benefits to its elite members.” Learn more at thepointsguy.com/guide/the-best-airline-elite-status-programs.



ONE GIANTS STEP

Alaska Airlines became the official airline of baseball's San Francisco Giants this fall. In doing so, the airline extended a partnership built by Virgin America and reinforced Alaska's commitment to the Bay Area. To celebrate a seven-year agreement, Alaska unveiled the design of a Giants-themed



Airbus 321, which will be operated by Virgin America starting in early 2018. Other features of the partnership will include:

- Alaska inflight Giants offers.
- Special vacation packages for Giants fans through the program Giants Vacations presented by Alaska Airlines.
- Alaska as the presenting partner for the Giant Race running-race events, which benefit community groups in Scottsdale, Sacramento, San Jose and San Francisco.
- An annual Alaska Airlines Day at AT&T Park that continues a two-for-one flight-voucher event for fans.
- The launch of a seasonal, twice-daily flight from San Francisco to Phoenix for Giants fans to attend spring training in 2018.
- Collaborations on community initiatives in the San Francisco Bay Area.

CONVERTED FREIGHTER IS ONE OF A KIND

» Lifting off from Seattle earlier this fall, with goods bound for the state of Alaska, a converted Boeing 737-700 aircraft launched a new chapter for Alaska Air Cargo. The aircraft is the world's first

freighter and five 737-400 combi aircraft that carried both passengers and cargo. Alaska retired this fleet in October.

Initially, the fleet of all-freight aircraft will primarily serve the state of Alaska and provide regular, scheduled service to 17 communities across the state. Now independent of the passenger operation, Alaska Air Cargo will provide more scheduled freight service than any other carrier in the state, and connect freight customers to 100 destinations across Alaska Airlines' route network.

“With an all-freight fleet, our cargo business is now a stand-alone operation, allowing us to better focus on the needs of our cargo customers,” says Wayne Newton, vice president of airport operations and customer service.

Learn more at newsroom.alaskaair.com.



Boeing 737-700 to be converted from a passenger plane to a freighter.

Alaska Air Group expects to have two more converted 737-700 freighters by the end of the year. Its new fleet of three all-cargo freighters will at that point be able to carry 15 percent more capacity overall. Until recently, Alaska operated one 737-400

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Technical Data Management Analyst Christina Brunn is a Legend of Customer Service

» If you ask Virgin America teammates what Christina “CeeBee” Brunn does, you may hear 50 different answers, none of which describe her main job. Brunn is a technical data management analyst in Technical Operations, and she works on regulatory compliance. But her energy, can-do attitude and strong work ethic help make the entire company a special place to work.

One of Virgin America’s founding teammates, Brunn has been with the company for 11 years. In 2006, when the U.S. Department of Transportation denied the airline’s initial application to begin service, Brunn helped organize the “let VA fly” campaign, in which teammates took to the streets of San Francisco to interact with people and get signatures to petition the DOT.

Today, Brunn continues to step up. Whether she’s checking in teammates at events, serving as a bartender at socials, being a mic runner for meetings or even washing dishes, no job is too big or small.

During her years at Virgin America, Brunn has been instrumental in supporting Virgin America’s annual employee Refresh conference. She has also been involved in the new-teammate orientation, Red Carpet.

Teammates often turn to Brunn with questions. If she doesn’t have answers, she helps find the people who do. For her, it’s all about connecting: “I like meeting everyone and hearing their experiences,” she says.

Recently, Brunn was chosen to be a “culture champion” to help build Alaska Air Group’s combined culture. She also helped with Momentum, an event series in which Virgin America teammates came together with colleagues at Alaska and Horizon to discuss Alaska’s culture and leadership.

For living and breathing Alaska Air Group values, Christina Brunn is a true Legend. ✈



Christina “CeeBee” Brunn.

QUESTIONS & ANSWERS

What do you like most about working in the airline industry?

I like the adventure of different possibilities! I love getting to travel to new places and experience new things.

What is your favorite part of your job?

All of it! I love the Virgin America culture. Even though it’s work, it’s just fun!

What is a successful day at work for you?

Every day is a great day. It really is a great place to work. I like representing a culture that I really care about.

What’s in your bag when you travel?

Earbuds, mints, a scarf (because it has many uses), hand sanitizer, a reusable water bottle, my phone.

KUDOS FROM CHRISTINA’S TEAMMATES

“I met CeeBee in 2006, on my first day on the job. When I entered the doors of Virgin America headquarters, the first person to greet me was an energetic, friendly teammate named CeeBee, with the greeting, ‘Hi, I’m CeeBee. Who are you? What do you do?’ and, of course, ‘Have you hydrated?’ She instantly made me feel at home.”

—Deb M., Managing Director of Corporate Learning, Virgin America, San Francisco

“I can’t think of anyone more deserving. So many congratulations to you, CeeBee—you are the best!”

—Kai G., Senior Schedule Planning Analyst, Alaska Airlines, Seattle

“Job well done! You have always excelled at everything you do for the company and your family. Not only do you invest in yourself, but you invest energy in our company, and we thank you.”

—Karen S., Airworthiness Directive Analyst, Virgin America, San Francisco

“You bring life to every room that you enter and make the work and guest experience more enjoyable and impactful through all that you do. I’m grateful to have been working with you in recent years. You are a shining example of what we all aim to be.”

—Robert H., Manager, Agency Distribution, Virgin America, San Francisco



EACH YEAR, Alaska Airlines recognizes employees, such as Virgin America’s Christina Brunn, as Legends of Customer Service. It is Alaska’s highest honor.



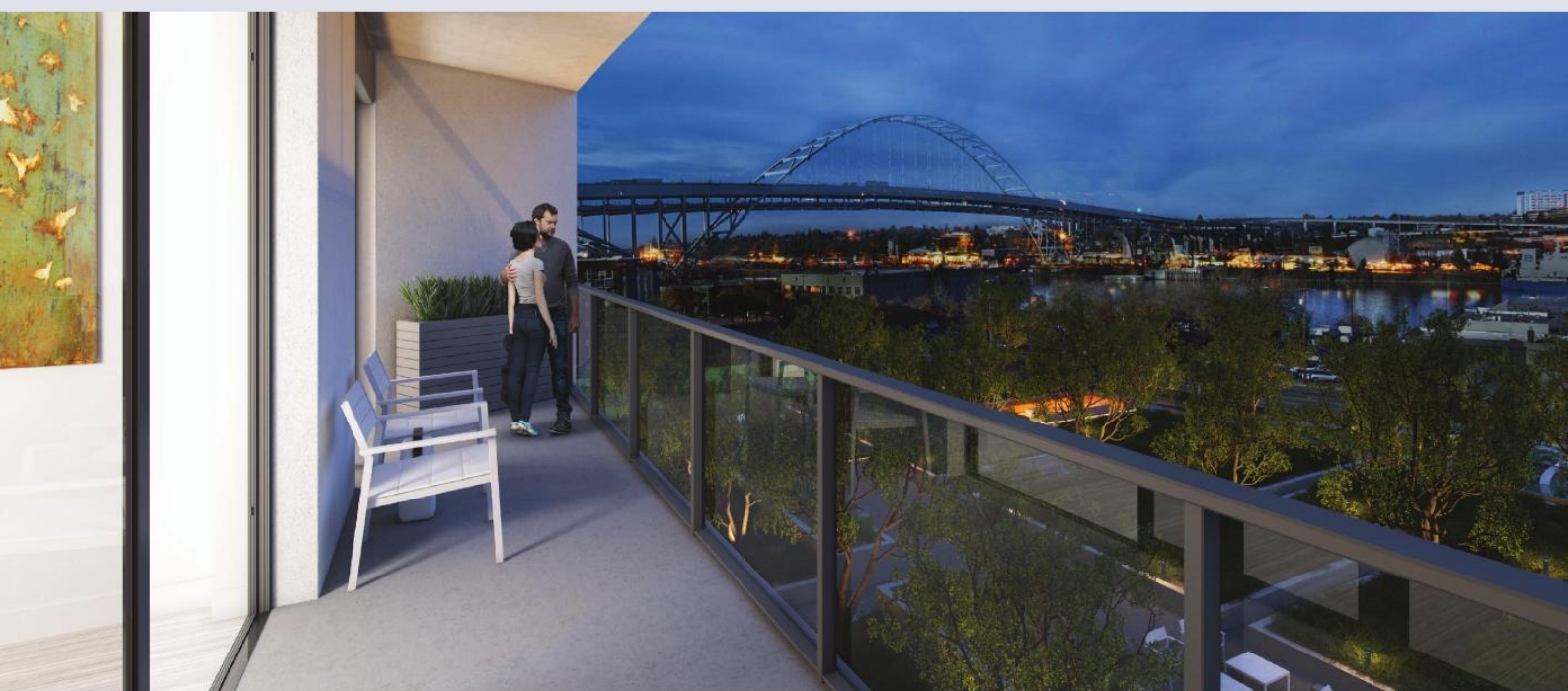
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VISTA
CONDOMINIUMS

TEAM SOCIAL

By Caitlin Goettler

» **Social media never sleeps**, and neither does Alaska Airlines. Whether it's assisting a guest with a mileage request or responding to inquiries about a storm on the East Coast, Alaska Airlines social care is a 24/7 operation. It's a team of 12 people, with rotating shifts, responding to hundreds of inquiries throughout the day and night—all in 140 characters or less, and all in a social media minute.

Gabe Oronia is a customer care representative who has worked on the social care team for three years. While his primary responsibility is to assist guests on Alaska's social media channels, he also assists customers via phone from the airline's Seattle-based call center.

If you're a frequent flyer, chances are you've had a conversation with Oronia or other members of the team. They're the people behind the tweet responding to you about the status of your flight, commenting on your Instagram photo, or wishing you a nice trip on Facebook.

"It's such a fun job," Oronia says. "I love the interaction we have with people and how we're able to build relationships with them."

Quick customer service

Social media has provided a way for airlines to quickly address customer-service needs. Alaska has embraced the changes, using social media as an extension of its customer care program. You can still call the Alaska Airlines customer care team, but if it's after-hours or you're, say, on an airplane, you can reach a customer or social care representative as your needs arise.

According to Conversocial's Airline Benchmark Report, the average social media response time across the airline industry is 1 hour, 5 minutes. While Alaska aims to respond within 15 minutes, its actual average response time is just 2 minutes, 34 seconds.



"Social allows us to be truly 'in-the-moment' with our guests and to help solve travel-related issues when they happen, as they happen," says Michael Roy, social care program lead.

But speed isn't everything. From the start, Alaska placed a heavy emphasis on using real people to have real conversations. "We discourage quoting company policies and procedures verbatim," Roy says. "Instead, we encourage our people to communicate like they would with a friend. We empower our team members to share using their own words when crafting their responses."

When it comes to creating that personal connection, it's the little things that count. Every tweet or comment is signed with the responding agent's first name. Some agents, like Oronia, take the time to write down a guest's name when assisting with an issue, so they can make the conversation more personal and friendly.

"The result has been fun," Roy says. "Some of our followers have taken a liking to our social care team members, each of whom have different interests and insights to share."

» **Alaska's social care team enjoys a team-building excursion at a Seattle Mariners game at Safeco Field.**

A juggling act

Travel can be stressful, and even though Alaska Airlines has worked hard to make the travel experience hassle free, things like weather and air traffic can cause unavoidable delays. Explaining this within the confines of a tweet can sometimes be difficult.

"I just try to think of how I would feel in that situation," Oronia says. "I do my best to explain, to be understanding and to take care of them."

In these irregular-operation situations, agents may have to juggle multiple issues at once. While Oronia is waiting for Central Baggage Service to locate a guest's bag, he may also be checking the status of a flight for another guest, while also helping another with their Alaska Mileage Plan account.

The toughest part of the job, Oronia says, is when circumstances don't allow him to help. "We all feel that personal connection to our guests, so when they're hurting, we're hurting."

Since January, the social care team has nearly doubled in size. "As social continues to mature and our airline continues to expand," Roy says, "we'll grow right along with it." ✈

» IN SEPTEMBER, ALASKA WON an international 2017 SimpliFlying Award, which celebrates airline social customer care on social media.

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» *Residency students study vocals and music production in a professional studio environment established by rap artists Macklemore and Ryan Lewis.*

INTO THE BEAT

By Caitlin Goettler

» **The W Seattle Sound Suite** is a hip-hop artist's dream: chic leather couches, professional sound-recording equipment and floor-to-ceiling windows that overlook Seattle's skyline. It's easy to picture Grammy-winning artists like Macklemore recording their next big hits in this space. Yet the beats coming out of the suite recently, sounding like something streaming on Spotify, were coming from students in the Residency program, recording their first professional tracks.

The Residency program—started in 2015 by Macklemore and Ryan Lewis, along with Arts Corps and the Museum of Pop Culture (MoPOP)—provides a high-value arts-instruction program for the area's underserved youth.

"There are so many talented young people that just need opportunity and confidence," says Ben Secord, the Residency's program director. Secord also serves as Macklemore and Ryan Lewis' director of philanthropy and community engagement.

For one month each summer, the Residency

is like a full-time job. Students meet Monday through Friday, 10 A.M. to 4 P.M., for intensive instruction on two tracks: vocals and production. The vocal track focuses on lyricism, rhyme structure and delivery. Production covers media literacy, beat-making and song construction. Youths are then separated into song groups, where vocal artists and production artists collaborate to create original content.

The program culminates with the young artists recording their tracks and then performing on stage at MoPOP. Upon successful completion of the program, students receive a \$500 stipend, and continue to meet monthly for six months for further instruction.

One of those young artists is Ivanna Garza, 16. Though naturally inclined toward music, Garza says she was a bit hesitant about producing and performing hip-hop. Now, after three years in the program, she says she's found her passion and a network of support to help her pursue that passion.

Ralph Redmond, 19, participated in the

Residency program in 2016 and this year has returned as the program's intern. "I started rapping at a very young age," he says. "I'm passionate about rapping and want to learn as much as I can."

As an intern, he is not only furthering his own music instruction and professional development, but he's also becoming a mentor.

The professional teaching artists at the Residency have deep roots in the Seattle music industry, which has allowed the Residency to provide high-quality music instruction and pipelines to internships.

Alaska Airlines' support of the Residency is part of the company's ongoing commitment to youth and education. In October, working with Macklemore, the airline sent Garza, Redmond and the other 43 young artists in this year's Residency program to Phoenix to see Macklemore perform live.

"Seeing an artist who started when he was just 14 and seeing his level of professionalism makes a lasting impression," Secord says. ✈

"I turned 50 this year and I've never felt better!"

BETTER NOW THAN EVER BEFORE!

Through my mid-20s, I lead a very active life, which included being a varsity track athlete for the University of Alabama. After joining the corporate world, my once-active lifestyle was slowly replaced with a more sedentary one. I began noticing physical issues, like knee and hip pain, which prevented me from biking or simply taking walks with my family. I felt lethargic, tired, unmotivated and overall unhappy with myself. I lacked energy and drive. While I still continued to exercise, my body simply didn't respond the way it used to. I never felt I had a serious weight issue, but I wasn't happy with what I saw in the mirror. Deep down, I knew I could be as good, if not better, than when I was an athlete in college.

Having this belief, I went to my primary care physician who advised me that while I wasn't above average, I was still in the "acceptable range" for someone my age and that I should just accept it and "act my age." Upon hearing this, I knew I needed to make some changes. The first thing I did was to look for another doctor. I wanted to find someone who would look at me as an individual and not a statistic.

After reading an article by Dr. Upton, I decided to attend the free Anti-Aging Seminar at PRO Sports Club. Within the first 10 minutes, I knew that the program was for me. As I sat with Dr. Upton, he listened when I told him that I wanted to be in the best shape of my life at 50. He was quick not to place a set of expectations which was too high, but told me that I could certainly improve my health and fitness considerably. Together we built a plan and my journey began.

The biggest area I was looking to improve was my overall energy. I knew that if it increased, I could push through my other issues. While it didn't happen overnight (it took about six months), I finally started seeing and feeling the benefits of the program.

PRO Sports Club is a very unique place. It has a whole eco-system to help you improve. For me, it starts the minute I check-in. I'm always greeted with a smile and some encouraging words. When I visit the Anti-Aging Center, I'm constantly encouraged and inspired by the entire staff. I also take advantage of other club programs such as personal training and meeting with a dietitian.

While signing up for the Anti-Aging program was the best thing I could have done, partnering with my trainer was the second best thing I did. She has embraced my personal mission, pushes me hard and holds me accountable. My dietitian worked with me to help jumpstart my nutrition. I always walk away feeling like I have an entire team that's dedicated to me and my goals.

I've been most pleased with my workout results. Dr. Upton had said the program would be a benefit, but I had no idea how well my body would respond. This has provided me with so much positive reinforcement and motivation to keep going. This spring, I'll be competing in both the Masters (50+) and Open Emerald Cup Bodybuilding competition.

I attribute my success to placing myself in a positive and supportive environment where I wasn't placed on some Bell Curve and told to simply conform. The program didn't try to force me to "just act my age." Rather, it challenged me to redefine my age.

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Dr. Upton, the Medical Director of the Anti-Aging Center at PRO Sports Club, has been practicing medicine for over 17 years. He became inspired by anti-aging through this extensive experience with preventative medicine.

HITTING THE SLOPES

Travel smart and find special offers on snow-sport vacations

By Shannon Johnson

» When it comes to skiing and snowboarding, Alaska Airlines has you covered, with flights to some of the most pristine destinations in the West. But before you can enjoy the rush of gliding past the aspen trees of Colorado's Steamboat Springs or the feeling of being on top of the world at Alaska's Alyeska Resort, you have to get there. Here are tips to streamline your planning and your travel to the slopes.

Plan ahead for great deals. Alaska flies to many popular snow-sport destinations with resorts that offer great discounts. Show your boarding pass to ski free at places such as Mammoth Mountain (California), Steamboat Resort (Colorado), Sun Valley Resort (Idaho), Mt. Bachelor (Oregon) and more. Book your trip and see more details at alaskaair.com/ski.

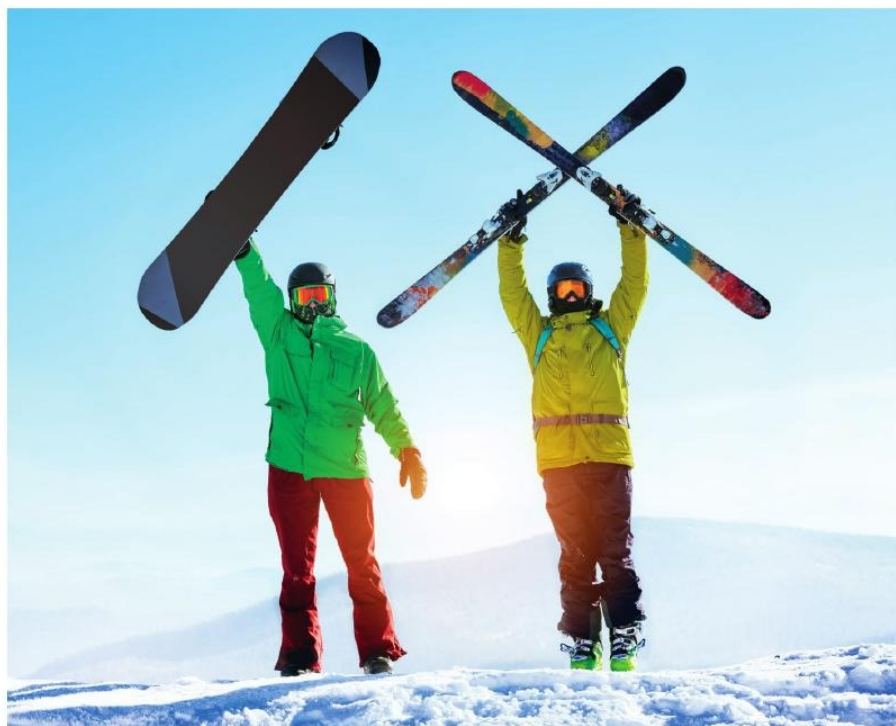
Promotions vary by individual resorts. Check with your destination resort before you go, to ensure that offers are current.

Use the right ski-and-snowboard bag.

Before you pack, make sure you are using an appropriately sized bag. When you fly Alaska, your ski and snowboard equipment may exceed 62 linear inches, but should be no more than 115 linear inches if you want to avoid the oversize-bag fee. Most skis and snowboards are under that limit, so look for cases that fit for height, but aren't excessively long.

Also, decide whether you want to invest in a wheeled ski-and-snowboard bag. With a non-wheeled bag, you may save money on your luggage and get an extra workout, but you'll roll more comfortably through airports and resort parking lots with a pricier wheeled bag.

Pack your bag appropriately. It's easy to overpack for a ski trip, but remember that



overweight fees apply when your bag weighs more than 50 pounds. If you find yourself just over that mark at the airport, try adjusting the gear from one bag to another. One way to lighten the load is to carry on your ski boots and jacket. For details, visit alaskaair.com/content/travel-info/baggage/special-baggage.

Technology is your friend. Alaska Airlines is committed to making travel easier through technology. Use Alaska's award-winning mobile app (downloadable at alaskaair.com/content/mobile/mobile-apps) to check in for your flight, change seats and preorder your favorite snack. You can also save time at the airport by printing your own luggage tags at home.

Know what to expect. Especially when you travel with large equipment bags, allow yourself plenty of time at the airport. You should arrive at least two hours before a domestic departure and check your bags at least 40 minutes before-hand. Upon arrival, most ski-and-snowboard bags will be delivered to the oversize-bag pickup area. If you're not sure where to go, check with airport staff.

Have fun! Once you make it to the slopes, enjoy the ride and don't forget to share your photos with us using #iFlyAlaska. ✈

Shannon Johnson is the Social Media Manager for Alaska Airlines. Shannon previously worked in the ski-and-snowboard industry.

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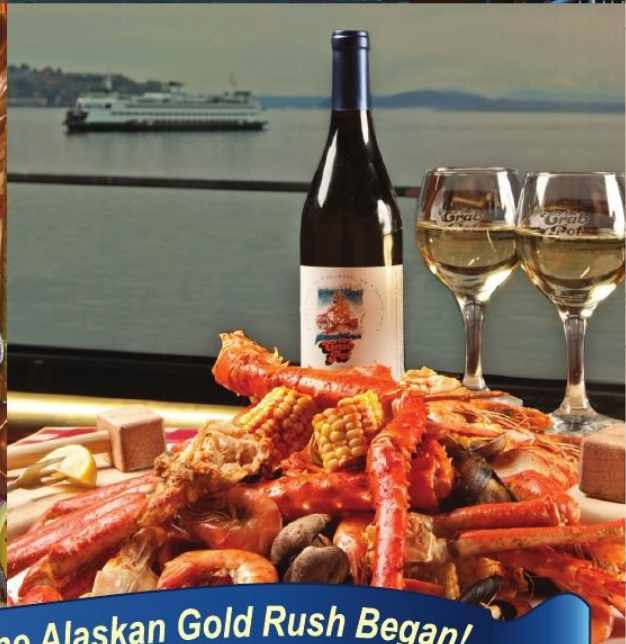
Alaska Airlines is now making it even easier to fly your sports gear to fun places. Most sporting equipment that exceeds our normal checked-baggage weight and dimensions now flies for \$25.

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THE LONG HAUL

» **Hauling cargo has long been a mainstay** of Alaska Airlines' operations, especially in the state of Alaska—anything and everything goes. Above, a tour bus bound for Nome is loaded into the belly of a Golden Nugget L-382 Hercules freighter in the mid-1960s. Villages scattered across the state still depend on Alaska Airlines Cargo to transport supplies as basic as milk coming in, and as perishable as fresh seafood heading out across the country. While the Herc is long gone from the fleet, Alaska recently elevated its freight game with the addition of its first Boeing 737-700 passenger jet converted to a dedicated freighter; two more are expected by the end of the year. See page 17 for more on Alaska's cargo expansion. ✈



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TALKING TURKEY

Recommendations for Thanksgiving Day success

By Tom Douglas



» **It's all about the gravy!** Everything I do for my Thanksgiving dinner revolves around achieving silky, soul-satisfying, divine *graaaavy*. You can revel in your perfect Yukon Gold mashed potatoes; your earthy prune-and-hearth-bread stuffing; your moist, succulent turkey or whatever your family's favorite dish may be, but without some drippings-laced gravy to tie it all together, you might as well call for takeout.

I don't pretend to know the only way to accomplish gravy perfection, but I do have a tried-and-true way that I don't mind sharing. I would encourage you to be brave, have confidence, and by all means, try out your gravy on a humble chicken dinner weeks before you attempt it on Thanksgiving Day. As with many recipes, it's often more about getting to your goal than the specific ingredients—some components are crucial, but others can be customized to your taste. So, if you happen to hate sage, use thyme. If gluten is a problem for you, try corn or potato starch to thicken your pot of gold. You may end up with something different from my version, but if you use great ingredients and the following technique, it should be just as good.

First, I make a stock out of turkey trimmings, including wings, necks and giblets—but not the liver! Make the stock by browning these pieces in a pan in the oven, using rendered turkey fat from the neck cavity. Add a mirepoix of diced onions, celery, carrots, herbs and a fresh bay leaf. Give all this a hard sear. Then, deglaze your pan with a hearty pour of red wine, scraping all the browned bits from the pan and pouring the mix into a stockpot. Now add chicken stock, not water, to cover the trimmings; this way, you double the richness. A tip: I love the roasty flavor of coffee beans, so I add a sachet of 24 beans to aromatize my stock. Cook everything for an hour, then strain it through cheesecloth to get rid of everything but the broth.

Now to the recipient of your gravy—the bird! My preference is a 15- to 18-pound organic free-range turkey, or about 1 pound per person.

Thinly slice one large yellow onion and layer the slices in your roasting pan. Cover the slices with 3 sprigs of sage, 5 or 6 cloves of garlic, 6 tablespoons of butter and several heavy grinds of fresh black pepper.

» ON POINT FRESH TAKES

Lightly stuff the bird with more aromatics, such as orange wedges, quartered shallots, a few garlic cloves, a couple sage sprigs and 24 more coffee beans (no sachet). Place the turkey atop the onions and sage and pop it all in the oven at 350 F. Roast until juices run clear when you poke a thigh with a skewer (or when a meat thermometer in the inner thigh or breast reads 165 F). While you cook, baste the turkey with pan drippings—every 20 minutes or so, until done. In the end, all of your onions should be golden to dark brown. Pull the gobbler out and put it on your serving platter to rest for at least 45 minutes while you finish the gravy.

This is the exciting part. Put the roasting pan full of drippings on top of a burner at medium heat. You want to dry up the juices and other “stuff” to almost a paste. The fat will separate—and that’s OK. Add approximately 6 tablespoons of flour and stir it into the paste to make a roux. Cook this for a few minutes, while

*In cooking this meal
for family and friends,
you carry on a proud
tradition hundreds of years
in the making.*

stirring. The roux should become mahogany or darker. Next, take a cup of the rich, strained stock and stir it into your paste. Add another cup, and another, being careful to whisk out lumps each time. Once the mix is as thin as maple syrup, stop adding liquid. Let the pan simmer over medium-low heat until it reduces. You can add more stock or red wine if it gets too thick. Keep up a gentle stir. Now is a good time for the chef to pour a glass of something delicious while pondering life, family and gravy.

I like gravy a bit thick. Others prefer it brothier. Also, some like strained gravy—and straining is easy. For my taste, if the onions and other fixings haven’t already melted in, I would smooth the gravy with an electric hand blender. Don’t forget to taste the result, and season with salt and pepper to your liking.

One of the treats of being Thanksgiving chef is basking in the glow of your efforts. In cooking this meal for family and friends, you carry on a proud tradition hundreds of years in the making. Your commitment to The Gravy—and everything else—represents the love and care you feel for your guests.

Cheers—and Happy Thanksgiving! ✈

James Beard Award-winning chef Tom Douglas owns Tom Douglas Seattle Kitchen, a group of 23 food-based businesses. He partners with Alaska to bring his iconic flavors to the inflight experience.



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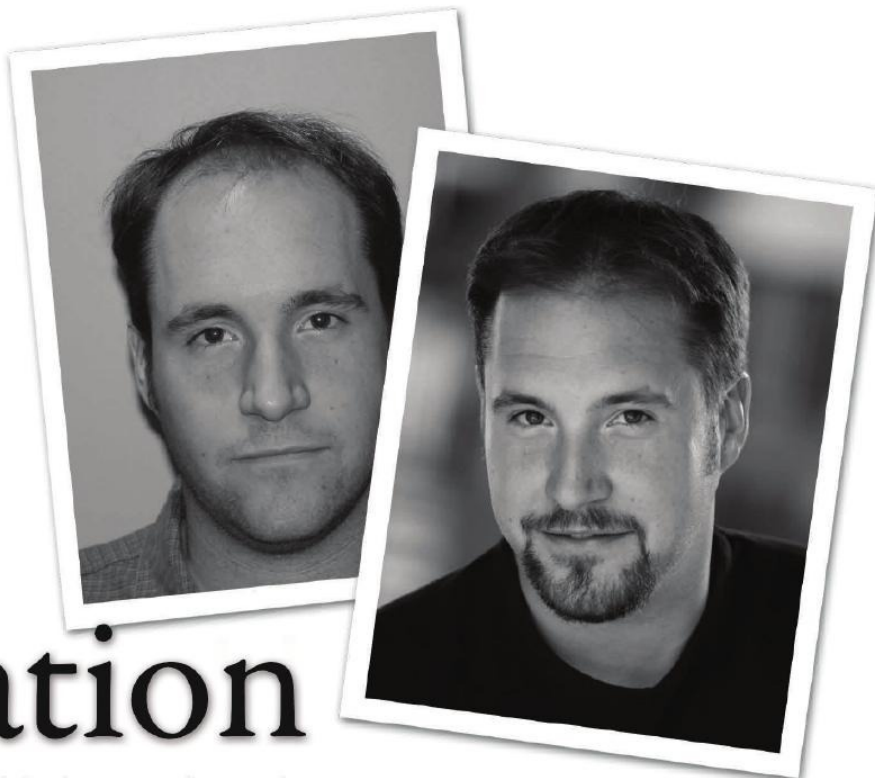
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Brian O. Goertz M.D.
Founder of Hair Transplant Seattle

Patients meet directly with Dr. Goertz who takes a very holistic approach to caring for his patients. He counsels each individual on appropriate diet and supplements not only for their "hair health" but also for their general well-being and longevity.

Today there are still many misconceptions about hair transplantation, the results that can be achieved and the process by which the procedure is performed. With Dr. Goertz those misconceptions are gone; people will only know you've had a hair transplant if you tell them.

"It is important for today's patients to understand that the results that can be achieved can look completely natural and amazing when done properly," says Dr. Goertz. But patients should not be

fooled with promises of new machines or instruments doing hair transplants. "The instruments are developed to aid the doctor," says Dr. Goertz. "Ultimately, natural results are achieved by the surgeon who has the surgical and aesthetic skill to create results that are completely natural." When a hair transplant can pass the scrutiny of a hair stylist, you know you have a great hair transplant. "Dr. Goertz has an eye for artistry in making it look natural, which is why I refer my clients to him," says David Cheung, master designer and owner of MARGIDAVID SALON in Seattle.

"My goal is to be sure that my work is completely natural and undetectable," says Dr. Goertz. "I recently had a physician come to me because a mutual patient finally revealed to him that he'd had a hair transplant. When that physician realized that he couldn't detect the transplanted hairs, he decided to come in for his hair transplant. It is a great compliment when a physician chooses me as the hair transplant surgeon for themselves and their patients."

Hair transplantation is not just for men. Many women also experience hair loss or are born with a high hairline that can be treated with hair transplantation. As difficult as it is for men to lose their hair, women often suffer in silence experiencing emotional pain. After all, society tells us that women are not supposed to lose their hair. Hair transplantation can make

a dramatic change in a woman's life. In some cases, hair transplantation is even appropriate for children with areas of hair loss caused by trauma, burns or radiation treatment. Hair transplantation can also be performed for eyebrows, sideburns, mustaches and beards.



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MIXING TRAVEL WITH TRADITION

The recipe for a perfect Thanksgiving weekend

By Bridget Veltri



» **Travel has always been** a part of my Thanksgiving tradition—in fact, I can't remember ever spending a Thanksgiving at home.

As a kid, flying from Reno to Los Angeles to see extended family during Thanksgiving meant I got to get out of school early (what kid doesn't love that?) and get out of town. In college, when I flew from California to Utah to join family members at my godmother's house, I enjoyed seeing at the airport fellow university students sporting sweatshirts of their respective institutions of higher learning—all of us bound for "homier" surroundings.

Now, as a grown woman on her own, I prize more than ever visiting loved ones who live far away and the chance to combine the traditions of my favorite holiday with the fun of traveling, my favorite activity. I've been to more than 35 countries, and have cherished every trip, particularly experiencing other

cultures. I cherish my domestic holiday getaways just as much, treasuring what is familiar and dear to me.

Thanksgiving has always been a holiday that resonates with me. The traditional food comforts my soul, and loved ones coming together warms my heart. Fond childhood memories include staying in my pajamas as long as I could on Thanksgiving morning, joining my grandfather to eat fresh-picked tangerines from my great-aunt's tree, and gathering with everyone to watch the Macy's Thanksgiving Day Parade on TV. I still look forward to the parade, but now I'm also peeling potatoes or prepping the table settings in an effort to "adult" and contribute. (However, I still stay in my pajamas until the last possible second.)

Also treasured in my memory bank is how we included Mickey Mouse in our family circle during our LA Thanksgivings. We always carved out a day for Disneyland and exploring a little bit of the City of Angels.

» ON POINT VIEW

Another beloved recollection relates to my first Thanksgiving in Utah, when I was 20. I rendezvoused with other family members at the Salt Lake City airport on Wednesday. My godmother and her sons picked us up and took us to their home in Ogden, about 40 miles north, for the night. Then, early the next morning, turkey and trimmings in an ice chest, we drove to a rental house in Island Park, Idaho, southwest of Yellowstone's West Entrance, for our feast. When we set out on Friday to explore the park, we discovered the entrance was closed to vehicles and the snow tours weren't yet running, so we made the most of the weekend by talking and laughing in our huge holiday house in the forest. We soaked in the hot tub, and we listened, from our deck, to wolves howling.

More Ogden Thanksgivings came and went, providing football, friends, full tummies and fond memories. And last year, we ignored lingering leftovers and headed south for Moab,

Utah, and Arches National Park (this time we checked in advance to make sure it was open).

That was the beginning of my greater appreciation for America's National Park System. At Arches—named for its 2,000-plus stone arches—the spectacular red rocks, glowing in the sun, helped me realize the beauty within my own country's borders. We visited various lookout sites, such as Delicate Arch, the largest freestanding arch in the park, with a 46-foot-tall, 32-foot-wide "window," and Devils Garden, where to me, the formations all seemed heavenly, even the unique obelisk called Dark Angel.

When my great-grandparents came to the U.S. from Italy, they eventually settled in Utah, so I'd been coming to The Beehive State my entire life. I'd seen the rugged Wasatch Range, sampled spirits at Park City's High West Distillery, wandered through Ogden's spectacular Christmas Village, and taken a picture in front of Salt Lake City's historic Fortunato Anselmo

house, where my grandmother grew up in the early 1900s. She was the daughter of Fortunato Anselmo, Italy's honorary vice consul for Salt Lake City. But it wasn't until last year that I learned Utah is home to five national parks. It was information that blew my well-traveled mind. This was a state I'd visited almost every year of my life—often at a time when we focus on gratitude—yet I had not recognized what an epically beautiful place Utah is, full of natural travel treasures that people from all over the world come to see.

I'm proud that my family has roots in such a lovely place, and I'm thrilled that I can spend time there with loved ones. This Thanksgiving, after the pies are packed away, we will be bound for Bryce and Zion national parks, and I'm already feeling thankful. ✈

Bridget Veltri is a San Francisco-based freelance writer and blogger.



The advertisement features a festive winter theme with a glowing, stylized Christmas tree in the background. In the foreground, a cartoon duck wearing a winter hat is relaxing in a hot tub. To the right, the text 'Day Pass Sale!' is written in a large, elegant script. Below this, the dates 'Nov 17th thru Dec 4th' and the offer 'Buy 10 & Save \$100' are displayed. A list of services is provided, including Hydrotherapy Pools & Saunas, Far Infrared Heated Rooms, Massages & Body Wraps, Organic Facials, Body Scrub & Moisturizing, and Full Nail Services & Waxing. At the bottom, there are three small images: a hot tub with colorful lights, a person receiving a massage, and a person in a spa setting. The Olympus Spa logo is in the bottom left corner, and the contact information 'Lynnwood 425.697.3000 | Tacoma 253.588.3355 | www.OlympusSpa.com' is in the bottom right.

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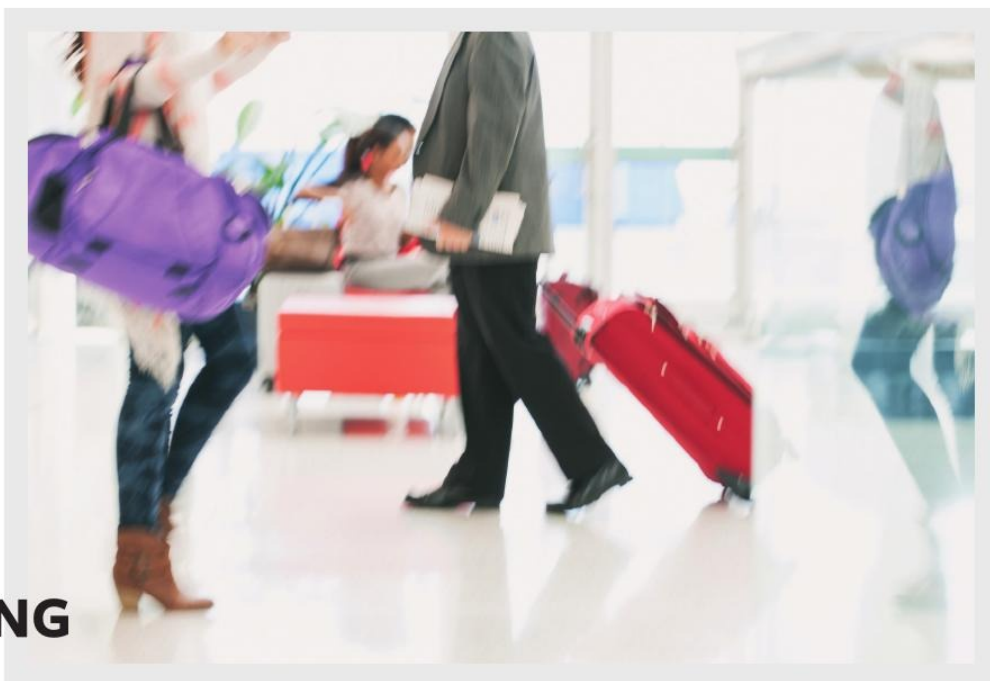


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THANKSGIVING TRAVEL TIPS

By Johnny Jet



» **It's November**, so hopefully you've already purchased your Thanksgiving flights. If you haven't, don't fret; I usually wait until the last minute, too. This means that I have some tips to help save you money.

And if you were a good boy or girl and bought your tickets early, then listen up. I have some tips to help make your trip a little smoother!

Be flexible when buying tickets

Without a doubt, the key to finding cheap Thanksgiving flights (or any flights, for that matter) is to be as flexible as possible. For instance, I have a hunch you want to depart the Wednesday before Thanksgiving and return on Sunday after. Am I right? Instead, try departing a day earlier and returning a day later.

Another money-saving trick is to be flexible with locations. For example, if flying to San Francisco (SFO), widen your flight search to Oakland (OAK), about 30 miles east, and San Jose (SJC), about 30 miles southeast, as well. Almost all major U.S. cities have a selection of nearby airports, so check to see whether driving a little farther can save you a lot.

Pack your patience

Seasoned business travelers sometimes get annoyed when they see infrequent travelers slowing down security lines by not being prepared (i.e., not knowing the 3-1-1 liquids rule—less than 3-ounce containers of liquid, in one clear, quart-size bag, and one bag per traveler—or not removing the metal from their pockets). I used to feel this way, too, but then I realized that not everyone is as lucky as I am to

travel for a living, and the rules can be daunting to a first-timer. And being impatient doesn't get you through the line any faster. That's why I arrive to the airport early and chill.

Pro tip: Always wait for your belongings to go into the X-ray machine before going through the metal detectors, as it's always good to keep an eye on your valuables.

Get Clear for speedy security

One way to get through security quickly is to sign up for Clear (clearme.com). You can usually do it in any airport where Clear is available, and Clear often has promotions; otherwise, it's \$15 a month. Once you pass a three-step screening process, all you do is tap your finger or scan your eyes to verify that you are you, and then you get escorted to the front of physical security lines. It usually allows you to speed through these initial lines in five minutes or less. It's even better if you get TSA Precheck. ✈

Johnny Jet is a Los Angeles-based travel expert who visits 20 countries each year. Read more of his travel tips at johnnyjet.com.

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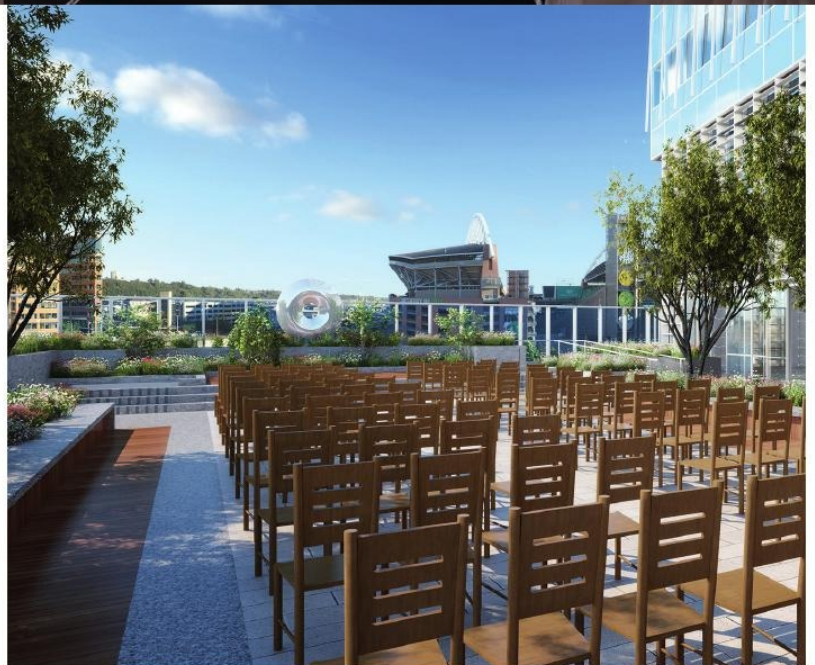


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THE FEED»



STREET LIGHTS

» Thirteen glowing pianos dangle from support beams outside a 17-story building in San Francisco's Central Market area. Made almost entirely of chicken-wire glass, each piano contains lights that pulsate in sync with a recording playing on 90.9 FM. The recording is of music that opera singer Enrico Caruso performed in San Francisco the night before the 1906 earthquake.

The piano installation, *Caruso's Dream* by artists Brian Goggin and Dorka Keehn, is one of 35 light installations viewable during the fifth

Illuminate SF Festival of Light, Nov. 23–Jan. 1, 2018. Many of the installations are permanent, but the winter festival is unique in its guided tours and other events, such as the Exploratorium's After Dark: Glow on Dec. 7, showcasing more than 650 interactive exhibits.

Festivalgoers should be on the lookout for artist Eric Staller, who will be cruising around in *Lightmobile*, pictured. The mobile artwork features 1,659 lamps that cycle through 20 different light patterns on a Volkswagen Beetle. For more, visit illuminatesf.com. —Avalon Ashley

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HAPPY YOGA

» Why can't meditation also be a celebration? The creators of The Color Run, a popular race in which runners are covered in colorful powder paint, think it should be.

During a traveling, multicity yoga experience, called Soul Pose, the party animals are the downward-facing dogs, swans and butterflies that participants form in yoga postures. Upbeat music, an experienced, local and fun instructor, colorful lights and confetti liven up the all-level daytime, sunset or black-light yoga sessions. Participants can decorate their bodies, faces and complimentary mats with reflective paint for full effect under the black light. After a successful inaugural year in 2016, Soul Pose—dubbed the “Happiest Yoga on the Planet”—is continuing to visit cities across the United States. Upcoming Soul Pose yoga events will be in Rochester, New York, on Nov. 11; Los Angeles on Nov. 19; Boise, Idaho, on Dec. 2; and Portland, Oregon, on Dec. 9. For more information, visit soulpose.com.

—Margo Vansynghe



IT'S A MODEL WORLD

There are 6,000 windows, 33 yellow cabs and 47 pizzas in miniature New York City. The bite-size Big Apple is a small part of Gulliver's Gate, a new attraction, open year-round, in which attendees enter a city-block-long

model of the world in Manhattan's Times Square. The installation, created by artists from around the globe, includes sections depicting Europe, Russia, Asia, Latin America and the Middle East. The Loch Ness Monster swims through murky Scottish waters; Spider-Man swings from the Brooklyn Bridge; and The Beatles stroll across Abbey Road. You can even find a miniature Alaska Airlines jet in the installation's airport.

Each model was created in its respective part of the world by local model makers and then transported to New York, where it was assembled into one installation. The Europe section, for instance, was built in Rimini, Italy, by 31 model makers over 137 days.

Gulliver's Gate, named for *Gulliver's Travels*, the 1726 book by Jonathan Swift, also provides an interactive experience. Prior to embarking on a self-guided tour, visitors are given a key that can be used to bring different parts of the displays to life. For example, put the key into a lock in front of the Royal Albert Hall in London and a mini version of Adele will sing. Or find the keyhole for Mount Olympus in Greece, and Zeus' face will appear among storm clouds and lightning. For more information, visit gulliversgate.com. —Avalon Ashley

FILMS WORTH FREEZING FOR

Arctic Superstar, a documentary following SlinCraze, a Norwegian Sámi music artist who raps in his indigenous language, will be one of more than 100 original “films worth freezing for” showing at the 17th Anchorage International Film Festival, Dec. 1–10. SlinCraze will perform with Alaska hip-hop artists during the AIFF opening weekend. The festival, aiming to inspire imaginations, will screen features such as the Canadian and Mexican film *The Drawer Boy*, shorts and other works from 25 countries. Visit anchoragefilmfestival.org for more information. —Kristen Gustafson



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A BOTANICAL GARDEN THAT'S GROWN

» A shaded allée of live oaks marks the new Garden Gateway that is part of the San Antonio Botanical Garden's 8-acre expansion, which was unveiled in October. The two-year renovation was motivated by the desire to provide more space for visitors of all generations to connect with nature and experience firsthand the importance of sustainable living.

Other prominent new features at the now 38-acre site include the Halsell Welcome Building, the H-E-B Discovery Center, and the Culinary Garden and outdoor CHEF (Culinary Health Education for Families) Teaching Kitchen. The discovery center features class-

rooms and the Mays Family Display Garden, which emphasizes local biodiversity by showcasing different types of plants that grow in Texas—from banana trees to colorful bougainvillea. CHEF hosts professional-chef-led cooking classes geared toward families, as well as many healthy-living classes including yoga and mindfulness meditation.

Opening in March 2018, the Family Adventure Garden will be a play and learning space where families can explore vegetation from an urban backyard to the Texas Hill Country to the South Texas Plains. For more information, visit sabot.org. —Kristen Gustafson

» THE SITE OF the San Antonio Botanical Garden was originally a limestone quarry dating back to at least the 1870s. The garden opened in 1980.



JAZZ LANDS IN SAN DIEGO

In 1917, the first-ever jazz recording, which was made by the Original Dixieland Jazz Band, helped spread the music style across the country. That's why this year's 38th-annual San Diego Jazz Fest celebrates 100 years of jazz, as more than 30 bands, such as Sue Palmer and Her Motel Swing Orchestra, shown above, bring traditional jazz, Dixieland, ragtime, swing and rockabilly to the Town & Country Resort and Convention Center, Nov. 22–26. For more information, visit sdjazzfest.org.

—Kristen Gustafson

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AN ARTIST'S SCULPTING

Edgar Degas (1834–1917) is perhaps best known for colorful and dynamic paintings of ballet dancers. But the French artist was also a prolific sculptor in wax and plaster, despite only ever displaying one such sculpture, *Little Dancer, Aged Fourteen*, in his lifetime. The majority of these figurines were not intended for public viewership because the artist thought of them largely as informal studies, a focus on the process rather than the final product. Now, that artistic process is being celebrated as 72 bronze casts of Degas' sculptures, along with 17 of his paintings and drawings, make up the exhibit "Taking Shape: Degas as Sculptor." It's at the Norton Simon Museum in Pasadena, California, Nov. 10–April 9, 2018.

Regarded as one of the founders of the



» **Edgar Degas' *Seated Woman Wiping Her Left Side* is one of 72 bronze casts that will be displayed in "Taking Shape."**

Impressionist movement, Degas often experimented with the finish of his pictures. The sketch-aesthetic of Impressionist art was intended to evoke the spontaneity of the artist's response to nature. Bronzes such as *Seated Woman Wiping Her Left Side*, shown above, display Degas' fascination with gesture and movement as the bather dries her back. Visit nortonsimon.org for more information.

—Kristen Gustafson



ALL ABOARD

» **Dave Horner has sold houses** since 1976. Mini, snap-together houses tucked between cardboard trees and foam rocks lining model train tracks. Horner is one of about 70 vendors who will be at the Greenberg's Great Train & Toy Show at the Shriners Auditorium in Wilmington, Massachusetts, Nov. 18–19. The event, less than 20 miles north of Boston, welcomes scale modelers, collectors, vendors, railway buffs and those who are just curious. Some displayed models are up to 2,000 square feet and 60 feet long, with as many as 10 trains operating simultaneously. The sets can take more than a year to build. The show also features free workshops and seminars that range from how to properly wire a model train set to the world of 3-D printing. For more information, visit greenbergshows.com. —Avalon Ashley

HAWAI'I HOOPS

In an early season matchup in 1982, tiny Chaminade University of Honolulu beat the country's top-ranked college basketball team, the University of Virginia, 77–72. That upset, one of the biggest in college basketball history, helped create an appetite for regular big-time college hoops action in the Islands and eventually paved the way for the Maui Jim Maui Invitational, which has been held at the Lahaina Civic Center since 1987. The 2017 tournament, Nov. 20–22, will feature the University of California, Berkeley; Louisiana State University; Virginia Commonwealth University; Marquette University; the University of Michigan; the University of Notre Dame; Wichita State University and Chaminade. Since the 2010–11 season, Michigan, Notre Dame, VCU and Wichita State rank among the top 30 nationally in wins. For more information, visit mauiinvitational.com. —Madeline Sargent



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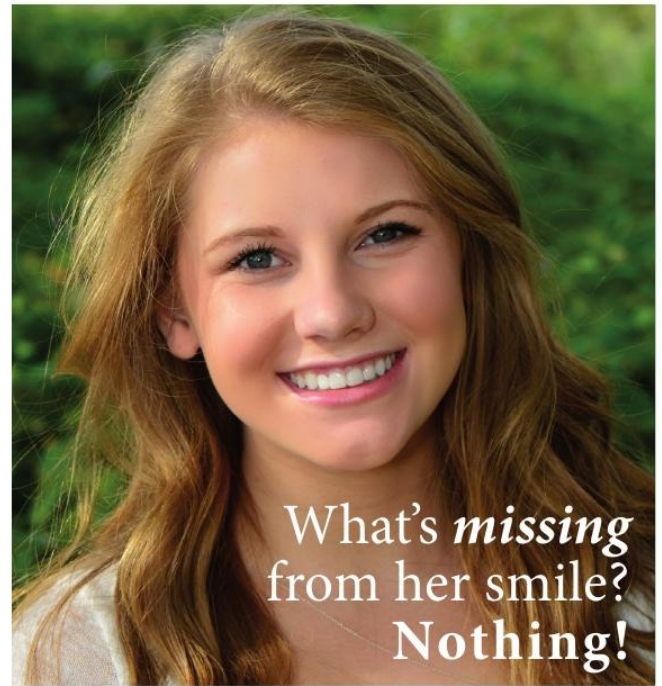
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Jordan's Story

Jordan had been self-conscious about her smile. She knew she wanted to replace her missing tooth and that dental implants were an option.

Then she learned about Dr. Shawn Keller, the first dentist in Washington to offer CeraRoot metal-free implants. These ceramic zirconia implants are 100% metal-free and are as strong as they are beautiful. She was hesitant, having seen traditional implants with dark lines at the gum that did not look natural. She also heard implants could be painful, took many visits and over 6 months to heal, and were expensive. Then she met with Dr. Shawn Keller. With many options offered, treatment was made affordable with a payment plan. Jordan wanted to improve the look of the rest of her smile and with Dr. Shawn's advanced sedation, she had the implant placed and cosmetic rejuvenation done at one visit, all while she slept peacefully. Thanks to the stem cell therapy used during the procedure, she had no discomfort and her beautiful smile was completed in the same day. Now Jordan is proud to smile with the peace of mind that her healthy new teeth will last a lifetime.



"Dr. Keller changed my life!"

- Jordan

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BUILDING HISTORY

» **Chicago has long** pushed building design to new heights. It's home to the Willis Tower, which was the world's tallest building until 1998, and the Jeanne Gang-designed Aqua Tower, a high-rise with balconies resembling rippling water. Now, at the Chicago Architecture Biennial, through Jan. 7, 2018, more than 140 architects and artists are displaying work while celebrating innovation in their field. The theme of the second-ever biennial is "Make New History."

The main exhibit at the Chicago Cultural Center features models, prototypes and facades by architects from more than 20 countries. Firms represented include Lisbon, Portugal-based Aires Mateus, which conceptualized the headquarters for Energias de Portugal, and Barcelona, Spain-based Barozzi Veiga, which envisioned the triangular-topped Philharmonic Hall in Szczecin, Poland. Some biennial events



will be at other venues, including the DePaul Art Museum and the Hyde Park Art Center.

The biennial allows visitors to take part in a global discussion about the future of architecture through forums on topics such as building material and civic histories. For more information, visit chicagoarchitecturebiennial.org.

—Kristen Gustafson

» **More than 140 architects and artists** are displaying work at the Chicago Architecture Biennial. The main exhibition, above, is at the Chicago Cultural Center.



SPEND THE HOLIDAYS AT PEMBERLEY

The year is 1815. Snow blankets England. Three of Mary Bennet's sisters have been married, and her whole family is home for Christmas. Set two years after the events of Jane Austen's novel *Pride and Prejudice*, the play *Miss Bennet: Christmas at Pemberley* gives shy Mary Bennet a chance to break out of her middle-sister slump and charm audiences. It's making its Southeastern debut at Theatrical Outfit in Atlanta, Nov. 30–Dec. 24.

Lauren Gunderson, who co-wrote the play with Margot Melcon in 2016, says that Mary's intelligence and sharp wit make her a heroine for modern women. In composing the play, the writers shared a curiosity for where Austen's original characters find themselves after *Pride and Prejudice* and a love for Mary as the blunt but sweet middle

sister. As America's most produced playwright in 2017, according to *American Theatre*, Gunderson enjoys writing historical plays featuring strong women. Melcon is the program executive for promoting culture at the Zellerbach Family Foundation in San Francisco.

A postperformance panel discussion on Dec. 9 will talk about the show's themes, and after the Dec. 15 show, representatives of the creative team will discuss the work behind the scenes. For more, visit theatricaloutfit.org/shows/miss-bennet-christmas-at-pemberley. —Avalon Ashley

SHARING STORIES

Philadelphia is home to more than 1.5 million people, many of whom have a story worth sharing.

That's the message behind the 16th-annual First Person Arts Festival, a showcase of stories, comedy and theater performed by well-known artists and community members alike.

From Nov. 5 to 18, the multitenue event features headliners such as Margaret Cho, a San Francisco stand-up comedian who takes on social and political issues. Meanwhile, in the Grand Slam, everyday people who qualified via prior story slams compete to be the "Best Storyteller in Philadelphia."

For those who can't attend local events or the annual festival, the First Person Arts organization also has a year-round blog, and a podcast that provides stories from live events, as well as stories recorded and submitted by listeners.

Visit firstpersonarts.org for more information. —Avalon Ashley

IT'S JUST LUNCH
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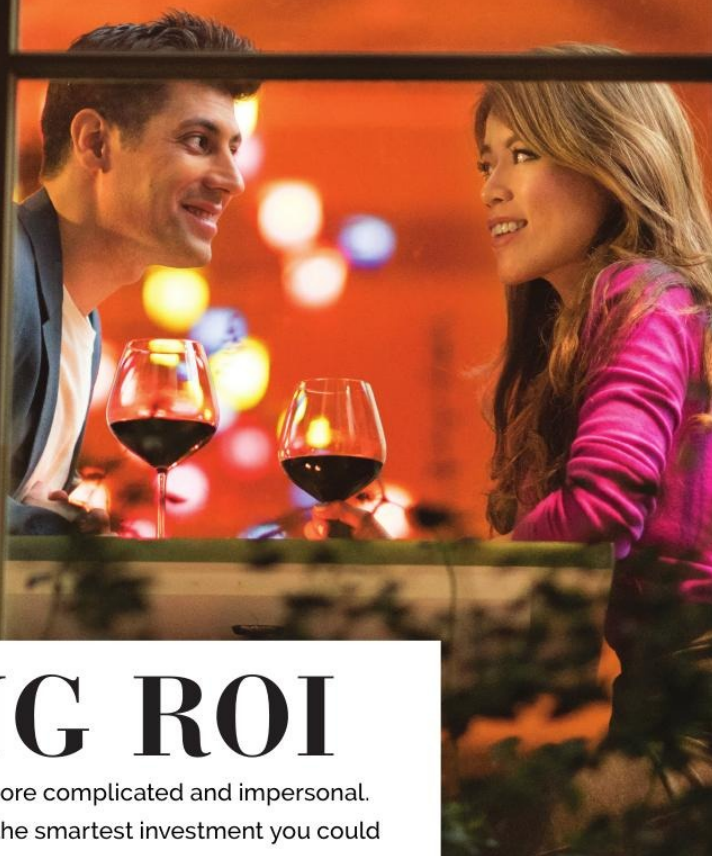
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Owner of RollingPing:
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EDUC: MS, Columbia Univ

INTERESTS: Travel, wine,
jogging with dog



DATING ROI

Technology has made dating more complicated and impersonal. Hiring a matchmaker might be the smartest investment you could make in your personal life. ▶

➔ At first, Larry Chiarelli, director at a tech start up, thought he was doing all he needed. Sign up on multiple dating websites. Meet lots of women. Eventually, the right one would come along – except she never did. So he decided to bring in the professionals and hired It's Just Lunch. IJL's matchmakers got to know him and his preferences. They selected his dates, arranged schedules, and even made the restaurant reservations. Dating became stress-free and fun. Larry was a practical guy and didn't believe in love-at-first-sight, but that was until IJL introduced him to Ping.

What was your dating life like before joining It's Just Lunch?

Lawrence: Chaotic! I was meeting a lot of women but not the right women for me. Online dating was time consuming and stressful. I needed someone to relieve me of the dating busy work so I could feel some breathing room. I needed to slow things down to speed them up. It's Just Lunch fit that criteria perfectly for me.

Why did you decide to join It's Just Lunch?

Ping: I fly frequently for work and for

fun, and when I saw It's Just Lunch in the airline magazine, it was as if the matchmaker was talking to me! One day after a particularly long flight and wanting to snuggle with someone and watch a movie, I decided it couldn't hurt to give it a try.

What did you enjoy most about the It's Just Lunch process?

L: Having someone doing all the work to select and schedule a date. It was like I had my own personal dating concierge to take care of all the details. All I had to do was be on time for my date and be myself. It really was a stress-free experience.

What was it like working with the It's Just Lunch matchmakers?

L: Easy and convenient. At the time the company I was working for was going through a merger so I was away from home quite a bit in all day meetings. I'd finish my day and there would be a voicemail from my matchmaker telling me about my next match. I'd call back, get the details and run through my availability. The next thing I knew I was in front of an interesting woman having a great conversation.

Do you have any advice for singles who want to meet that special someone?

L: I tell my clients an analogy all the time: *Would you rather drive across the country in a Toyota Corolla or a BMW 5 series?* They always say the 5 series. You get what you pay for and to me the juice was definitely worth the squeeze with IJL. Investing in yourself and your future with someone special means investing in the right matchmaking service. For me that was It's Just Lunch.

P: Invest in your own happiness, it is always worth it.

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2/3

Of singles prefer to date someone who works in another industry.

56%

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THE COURAGE TO TRY

By Buddy Levy

» When singer-songwriter Mandy Harvey took the stage to audition for *America's Got Talent* on June 6, 2017, her expectations were modest. Standing shoeless in front of judges that included the notoriously critical and blunt Simon Cowell, Harvey strummed her *ukulele* and sang an original song, called *Try*. As her lilting, mellifluous and angelic voice filled the packed auditorium, the judges' mouths opened wide with awe, and soon the audience was cheering in a standing ovation, their hands waving. After the song's conclusion, Cowell reached over and hit the show's Golden Buzzer, sending thousands of glittering strips of golden confetti cascading down on Harvey.

"Honestly, at the time," says Harvey of that Golden Buzzer moment, "I wasn't even sure what it meant!"

What it meant was that with one press of a button, Cowell had sent Harvey straight through to the live rounds of one of America's most popular competition shows, and that her performance would win the hearts of millions of people around the world. To date, the YouTube recording of her audition has more than 23 million views. Facebook views of the recording have topped an astounding 175 million.

Incidentally—Mandy Harvey happens to be completely deaf. She sings without shoes so she can feel the tempo, the beat, the rhythm in her feet through vibrations in the floor.

Born with a connective tissue disorder that gradually eroded her hearing, she nonetheless loved and explored music early in life. She sang in church choirs, with her dad, and in school choirs. She played any instrument she could.

Harvey enrolled as a music-education major at Colorado State University at age 18 (in 2007). At age 19, her residual hearing had declined to the point that she was legally deaf, and she was effectively dropped from the program. A few months later, Harvey was completely deaf. Despondent and horribly depressed, she believed that music would no longer be a part of her life. She stopped singing and remained in a deep depression for about a year. Her musical dreams seemed to have ended.

But Harvey's father, a tremendous supporter, convinced her to learn the singing part of the song *Come Home* by OneRepublic. He talked her into singing it while he played guitar. When he started crying, Harvey assumed it was



because she sounded terrible. As it turned out, he was crying tears of joy. Harvey still sounded like an angel, and her pitch was near-perfect.

Before Harvey's audition for *America's Got Talent*, Simon Cowell asked her what she would be singing. She told him that she'd written a song called *Try*. Then, as her voice quavered with nerves, she explained that after she lost her hearing, she had given up, but she wanted to do more with her life than just give up. She wanted to *try*.

Try she has, and she's succeeded. It hasn't been easy. Initially, during her return to music, she was afflicted with such stage fright that she would become ill before she performed. But through time, practice, perseverance and receptive audiences, she broke through the anxiety. She learned to trust her pitch and feel the vibrations of her

» Because she cannot hear, singer-songwriter Mandy Harvey removes her shoes during her performances—as she did here for her finalist performance on *America's Got Talent*. By doing this, she can feel the music's vibrations through the floor.

accompaniments—drums, bass, piano and saxophone—in her chest cavity, on her skin, through her feet. She discovered that music could not only be heard; it could also be felt.

For *America's Got Talent* Harvey sang all original songs, and made it through to the last night and the final five competitors. It was a big night for Harvey, and although she didn't win the competition, she was triumphant in myriad ways.

"On that last night," she says, "I had the tremendous honor of being introduced by Academy Award winner Marlee Matlin, whom I've looked up to for years. She's an amazing advocate for the deaf community. We plan to work together to break down the stigma of what it looks like to be deaf—to change the perception. Just because you have a difference doesn't mean you are broken. You are just as important as anybody else."

Harvey also got to perform a duet with music legend Shania Twain, and the entire experience has catapulted Harvey into the national, even global, spotlight. It's a spotlight she plans to use to make a difference.

"I don't care about money or fame," she says. "I want to use my platform to see how many people's lives I can positively affect. I want to bring awareness to things that matter, like invisible disabilities. I want to play 'ukulele festivals in different countries, and volunteer, visiting schools in the middle of nowhere. As long as what I'm doing is significant. Sometimes the most impactful things you can do involve people whom most would ignore."

The multitalented Harvey is not only a singer and uke player; she also plays guitar and piano; performs sign language while she sings; is an inspirational speaker; and recently published a book, *Sensing the Rhythm: Finding My Voice in a World Without Sound*. She describes the book as "Me in a small binding ... a collection of life lessons—of my small victories, my moments of fear, my moments of doubt, the things that I've learned every bumpy step of the way."

Harvey's message in her lyrics, her talks and her book is to encourage other people. It's a message that is both simple and profound: "If you get knocked down, you have to choose to get up off the floor. You have to be willing to allow your life to change."

The response to Harvey's message, conveyed on



Golden confetti dropped after Mandy Harvey's inspiring audition on *America's Got Talent*.

America's Got Talent and in her book, has been remarkable. "I am ecstatic," she says. "And so grateful, because all of these people are sending me messages about their own lives and telling me how I've affected their lives. What an amazing thing to be a part of, working together to strip away a barrier: the idea that we are all struggling alone. No, everyone is struggling ... and we're going to talk about it, and we're going to make a difference. All of us are struggling in one way or another. Why can't we hold each other's hand and lift each other up?"

Harvey is all about lifting people up. "My goal for my concerts in the future is to make them a lot more inclusive," she says, "to involve sign language, closed captioning, interpreters; to include visual stimulation that marries the themes of the song with the audience and allows them a way in, regardless of their background or history or disability, and allows them to enjoy the

experience. I don't know exactly how I'm going to do it yet, but I'm making a commitment to do it. I want to be just one of many artists who adopt that behavior so that it becomes the industry standard."

Life is seemingly moving at light speed for Mandy Harvey, and she understands the reality that her gift—the ability to play music and sing so well even though she can't hear—might be fleeting, might be temporary. That realization is reflected in the lyrics of her song *This Time*, which she sang in the finals of *America's Got Talent*:

*"I'm second guessing, but I'm trying,
Before it all disappears.
Seconds turn into minutes,
Wasting time instead of living,
Please, don't stand in my way,
'Cause I am running. ..."*

"There's no guarantee that tomorrow I'm going to be able to figure this out," says Harvey. "But if I wake up one day and can't figure it out anymore, I want to be able to say that I've done as much as I possibly could. I've got momentum, and I'm running. And I need to run as far as I can, while I can."

Mandy Harvey, who lives in Florida, will be performing soon across the country, with events in California, Oregon and Washington state in early 2018. For a full schedule and more information, visit mandyharveymusic.com. ✕



TOP TO BOTTOM: AGT / NBC; LISA SCHWINGHAMMER

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CONNECTING SIGHT AND SOUND

Pico Music + Sound helps clients tell their story

By Jeff Bond

» Have you ever wondered who wrote the show tune behind one of the commercials for the Amazon Prime service or the jingle that plays before a movie is shown on the Alaska Beyond Entertainment system on your flight?

The answer is the creative folks at Pico Music + Sound (picosound.tv), a company that produces the sound for documentaries, commercials, corporate films and videogames.

Led by Seattle natives Ellis Hawes and Lucas Field, Pico boasts an impressive client list that ranges from Adidas to Alaska Airlines, from Skittles to Whole Foods.

"No matter what we are working on, it's about making the piece sing for the client," Hawes says. "We think of it as storytelling, and what are the best sounds that would complement what the client is trying to say?"

That was the case for one of their favorite assignments: writing a Broadway-style tune for the launch of Amazon Prime, a special online service that offers free shipping and exclusive access to music and content. The result was a rousing musical number that includes a chorus, walking boxes, dancers and flying drones.

"We were given the script and made five different versions of the song," Hawes says. "The version chosen was written by Lucas. Amazon CEO Jeff Bezos thought it was funny, and the song pretty much stayed the same through the entire process."

The 6-foot, 10-inch Hawes comes from a well-known Seattle basketball family. His father, Steve Hawes, starred for the University of Washington in the late 1960s and early 1970s, before spending 10 seasons in the NBA. Ellis' cousin, Spencer Hawes, also played at Washington and has played 10 seasons in the NBA. While Ellis played the sport in high school



and one year in college, he was more focused on exploring his creative side through the lens of music and sound.

Serendipity struck in 2006 when some friends needed help with the music for a training video. Hawes found that putting music together with images just came naturally. "I was able to feel the way music works with pictures and videos," Hawes says. "I found that I really liked finding the right sounds to help immerse the viewer in what is on the screen."

Hawes realized he could parlay creating music and sound for commercials into a business, and launched Pico Music + Sound. Pico means "small" in Latin. Ironically, it is the towering Hawes' nickname, which he was given as a young boy in Venice, Italy, where he lived while his father played for a European basketball team for a year.

His big break came in 2010 when Pico was hired to create the music for a Bank of the West advertising campaign. Later that year, he enlisted Field, a longtime acquaintance who was also in the Seattle music scene, to help with a second bank commercial. The two

» Lucas Field, left, and Ellis Hawes, right, lead the team behind Pico Music + Sound, a company that creates the sounds you hear in commercials, documentaries and videogames.

found they worked well together, and Field joined the company. Pico quickly connected with Seattle's advertising industry, leading to more work. In 2014, Field moved to Los Angeles, allowing the company to expand into Southern California.

Today, Hawes anchors the Seattle business and Field runs the Los Angeles office. While Hawes is the executive producer and Field is the creative director, their positions and responsibilities overlap, with both working in the creative field and helping to develop the music and sounds for their clients.

They are planning to continue focusing on television programs, commercials, videogames and the new field of virtual reality.

"It's still amazing to me every day that we get to make a living doing what we do," Hawes says. "I get to work on music. It's very fun and for me, pretty much a dream come true." ✈

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DAY 1

» The Mississippi River flows through Minneapolis under spans such as the Third Avenue Bridge.



Photographer and Portland, Oregon, native Thomas Guy brings the best of Portland to life. With an Instagram feed full of local hot spots, epic views and incredible adventures, it's easy to see why he has more than 100,000 followers. Guy posted from Minneapolis, Minnesota, as part of Alaska Airlines' #WeekendWanderer series. For more #WeekendWanderer posts, be sure to follow @alaskaair on Instagram.

blog.alaskaair.com

MINNEAPOLIS' MODERN CHARM

» On my first day in Minneapolis, I woke up early for a walk along the Stone Arch Bridge. This is where morning commuters zip across the Mississippi River on a bike-and-pedestrian path. On one side was a bright glowing sunrise, and on the other was a sweeping blue view of downtown Minneapolis, where 19th century brick factories stand next to glass skyscrapers. It's a fascinating juxtaposition, a modern city that's unafraid to show its manufacturing roots. That's part of the charm of this Midwest jewel, the beloved Mill City.

My wife and I spent the rest of our weekend exploring that charm in different Minneapolis neighborhoods. We loved the rustic tones and beautiful natural light at Spyhouse Coffee Roasting Co. in northeast Minneapolis. We

were inspired by the lush greenery and gorgeous Craftsman-style homes in the Riverfront area. We fueled up at The Bachelor Farmer Cafe in the North Loop neighborhood. The cafe has a bright interior and a buzzing energy, and the coffee is also well-crafted and top-notch. We savored local brews and craft cocktails in the chic but Midwest-rustic atmosphere at Blackbird on Nicollet Avenue.

One of my favorite parts of the weekend was exploring Minneapolis' green spaces. We took a short canoe ride in the serene Lake of the Isles Park and walked in Minnehaha Regional Park, where we discovered the 53-foot Minnehaha Falls. Seeing a large waterfall so close to the city reminded me of Oregon and made me feel right at home.

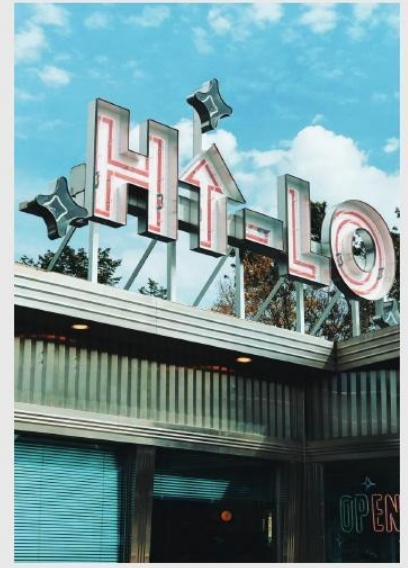
DAY 2



⚡ The foam drawing on my latte at Alma was almost too perfect to sip. But I'm glad I did, because the coffee was as delicious as the rest of my brunch at this University Avenue locale.

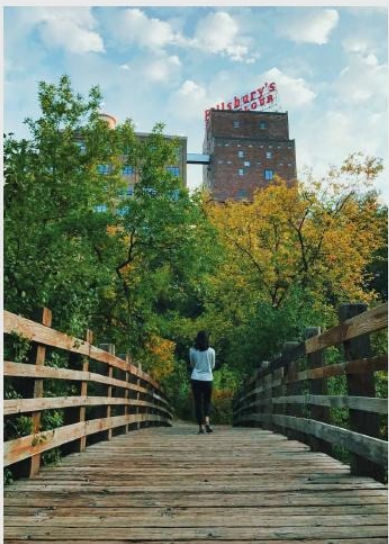


⚡ One of the nicest things about Minneapolis is all of the green space and water. It was great to get out of the bustle and see Minnehaha Falls in Minnehaha Regional Park.



⚡ In Longfellow, we ate at Hi-Lo Diner, which offers a unique take on Midwest dishes. I had a curried-shrimp doughnut, eggs Benedict and deep-fried spicy cheese curds.

DAY 3



⚡ The Mill City is so much greener than I expected. Industrial buildings behind changing leaves in the Riverfront area created a kind of urban wonderland. What a perfect place for a stroll.



⚡ The Hewing Hotel's rooftop features a small heated pool, and cocktail and food service. The views are great, and so is the hotel's neighborhood, the North Loop. New boutiques and charming cafes are just steps away.



EXPLORING THE CITY OF OAKS

Raleigh, North Carolina, offers a rich cultural experience

By Jane Porter

» **Fall is my favorite time** of year to show visitors the cultural sites in Raleigh, North Carolina's capital. There's no shortage of parks and captivating museums to enjoy in the City of Oaks, so named for the many oak trees that line city streets.

Raleigh has become a burgeoning arts center, with its crown jewel being the North Carolina Museum of Art. Located northwest of downtown, the museum is known for its large

permanent collection, which ranges from 6,000-year-old Egyptian ceramic art to modern and contemporary works by Anselm Kiefer and Frank Stella. It also has a gallery dedicated to the works of Auguste Rodin. Next to the museum is the 164-acre Ann and Jim Goodnight Museum Park. One of the largest in the country, the museum park offers public art installations, jogging and biking trails, and an outdoor theater.



» Clockwise from far left: Replicas of the Wright Brothers' airplanes are currently on display at the North Carolina Museum of History. Pullen Park is a family favorite. The North Carolina Museum of Art is one of Raleigh's crown jewels.

of History, which is currently displaying reproductions of the Wright Brothers' first plane, the 1903 Wright Flyer, and the 1911 Wright Glider. The planes are on loan through the summer of 2018 from the Wright Brothers National Memorial Visitor Center outside Kitty Hawk. The museum also has an exhibit that traces 14,000 years of North Carolina history.

A few blocks southeast of the Capitol is the Marbles Kids Museum, featuring an IMAX theater and playful hands-on exhibits, including a kids' garden and a miniature city. ✂

BASKETBALL RIVALRY

The Greater Raleigh area is home to one of the most famous rivalries in college basketball: University of North Carolina at Chapel Hill versus Duke University in Durham. The schools, which are only about 10 miles apart, face off this season on February 8, in Chapel Hill, and March 3, in Durham.

District. It is featuring the exhibit "And Then the Sun Swallowed Me," an installation that depicts the power of a supernova, by Durham-based artist Heather Gordon, which is on display through February 4, 2018.

About a block north of the Capitol is the North Carolina Museum of Natural Sciences, which features exhibits of snakes, butterflies, a two-toed sloth and other live animals. The museum's collection of whale skeletons is among the nation's largest, and it displays one of the most complete *Acrocantosaur* dinosaur skeletons ever found.

Next door is the North Carolina Museum

In western Raleigh, you'll find Pullen Park, a family-friendly place with a historical carousel, a miniature train ride and a Kiddie Boats ride. In addition, there is an aquatic center, an arts center and the Theatre In The Park.

The city's downtown is home to a marvelous group of museums clustered around the North Carolina State Capitol, including the Contemporary Art Museum (CAM Raleigh) to the west of the Capitol, in the city's Warehouse



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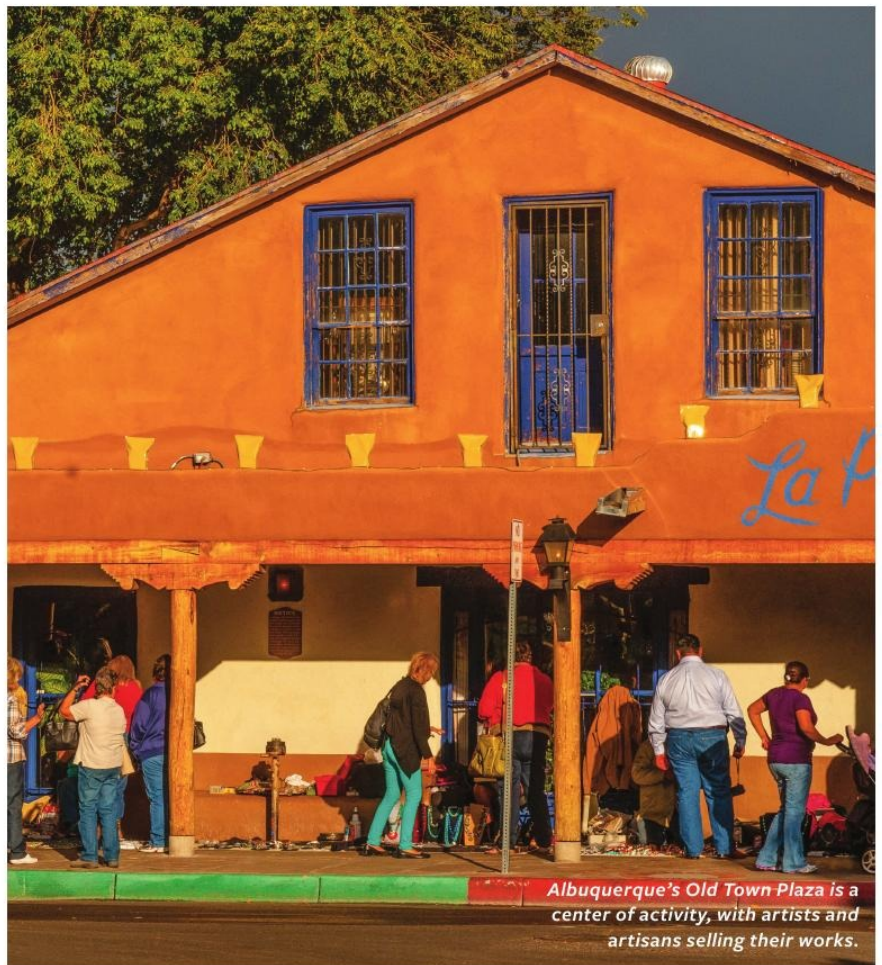
A COOL TIME IN OLD TOWN

By David Armstrong

» Each time I visit Albuquerque, I'm charmed by this high-desert city just west of the Sandia Mountains. Albuquerque, which has a population of about 545,000, is a car-friendly town, and yet it is winningly walkable in some areas. One prime place for going about on foot is Old Town, where the Spanish founded the city in 1706 near the banks of the Rio Grande.

I began a recent walk at Old Town Plaza at San Felipe de Neri Church, a historic Catholic site established the year Albuquerque was founded (though the church that survives today was built in 1793). I admired the building's deep, vaulted interior, and from the outside I raised my eyes to the church's landmark bell towers. Every Christmas Eve, Old Town hosts a serene luminaria display of lit paper-bag lanterns. In the warmer months, it has a lively Summertime Concerts in Old Town series.

Next I set off around the 10-block area of heritage buildings near Old Town Plaza. My first stop, the Albuquerque Museum, delighted me with its outdoor sculpture garden; collections of Native American, Spanish and Mexican cultural artifacts; and the "Common Ground: Art in New Mexico" series of works by leading



New Mexico artists—including one of my favorites, the painter Georgia O'Keeffe.

Twenty-first century Albuquerque makes a tongue-in-cheek appearance in the San Felipe Street shop The Candy Lady, which sells 100-gram bags of blue "Breaking Bad Candy," an edible sugar-crystal prop originally commissioned by the producers of TV's *Breaking Bad*.

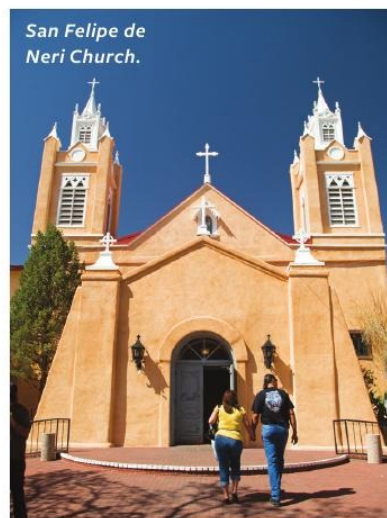
Old Town's Turquoise Museum shows off gorgeous polished gems, and turquoise and silver jewelry, in attractive displays. It's one of the main cultural institutions in Old Town, which also boasts art galleries, shops and restaurants. The popular restaurant La Placita Dining Rooms serves tasty, stick-to-the-ribs enchiladas and other comfort food. I stopped by Church Street Cafe for hot, fried-dough *sopapillas* drizzled with honey, and a bowl of *posole*: thick corn soup with pork and deeply delicious New Mexico green chile peppers. This

ALSO IN ALBUQUERQUE

Along with centuries-old attractions, Albuquerque has a few newer ones. Here are several:

- **Breaking Bad RV Tours:** Take a three-hour filming-location tour aboard a recreational vehicle. To learn more, visit breakingbadrvtours.com.
- **Craft Beers:** Crafty local suds abound in ABQ's Downtown Brewery District. Got to visitalbuquerque.org/things-to-do/wine-culinary to learn more.
- **Route 66/Central Avenue Signage:** Retro-cool neon signs gleam along this historic roadway. See visitalbuquerque.org/albuquerque/route-66.

meal hit the spot after my jaunt through the historically and culturally rich section that is Albuquerque's Old Town. ✈





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STROLLING IN SANTA FE

By David Armstrong

» **Walking is one of the great** urban pleasures, and Santa Fe, the 407-year-old city about 60 miles northeast of Albuquerque, is one of the best places I know to take a walk. History, art, architecture, food, drink and retail therapy take on tactile, up-close and personal qualities when you explore Santa Fe on foot.

The city offers many walking tours led by local experts (see santafe.org for ideas). My own recent visits have been built around DIY walks, self-guided perambulations in which I focus on things I most want to see and do. With its distinctive and varied attractions, Santa Fe has plenty for just about anyone to individualize a walk suited to personal interests.

Canyon Road is one place I never miss. This narrow, sloping route has dozens of art galleries and one-of-a-kind shops that sell clothing, jewelry and antiques. I start at the foot of

Canyon Road, at the intersection with Paseo de Peralta, and take a slow walk (less than a mile) up the canyon. On one recent Canyon Road excursion, my wife bought silver-and-pearl earrings, and then the two of us had an elegant dinner of Southwestern cuisine at The Compound Restaurant.

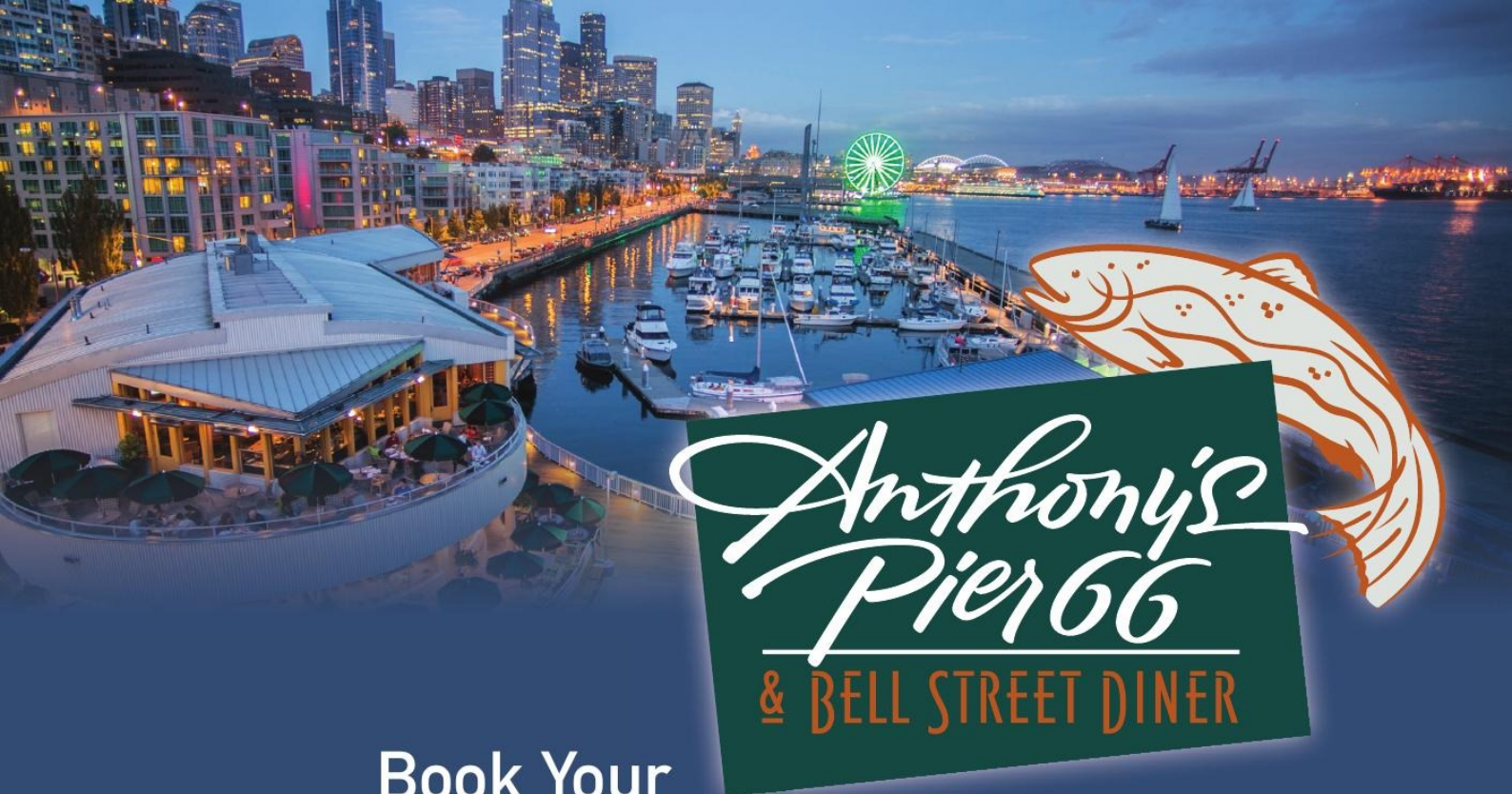
On Christmas Eve, Canyon Road hosts a well-attended public walk past hundreds of *farolitos*—luminous paper-bag lanterns (sometimes called luminarias) lit with candles and placed around and atop the town's famed adobe structures.

I also like walking via Paseo de Peralta from downtown to the Railyard (about 1 mile). The Railyard combines a vintage train station and repurposed warehouses with modern additions such as Site Santa Fe, a large contemporary art space. Walking is really the way to see the

Railyard, whether you're sampling green chile peppers and blue corn at the farmers market or popping into Second Street Brewery to sample hoppy local microbrews.

Santa Fe's 17th century downtown square ("the Plaza") is fringed with centuries-old adobe and wood buildings, and graced by artisans—many Native American—selling jewelry, pottery and woven baskets. I always check out the Palace of the Governors museum for its history exhibits. From there, it's an easy walk to anywhere downtown in this city of close to 83,000. On a walk in the city's clear, crisp mountain air, Santa Fe positively glows. ✈

» **In the holiday season, adobe structures along Canyon Road are lit with luminarias, above left. Exploring shops and galleries along Canyon Road, above, is also popular.**

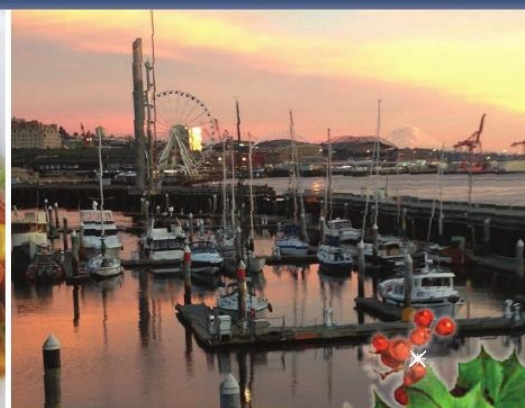
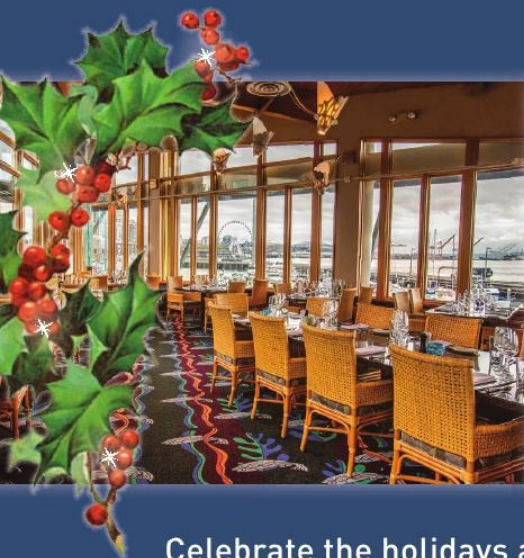


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SWEET AS PIE

By Naomi Tomky

» Few desserts occupy such a celebrated spot on the table as the Thanksgiving pie. Baking instructor and author of *Art of the Pie*, Kate McDermott, reassures nervous cooks: “If you are most comfortable buying pie dough, do it. Nobody is going to refuse to eat it.” And if you do roll your own, don’t overthink it—or overwork the dough. And “stop before you think you’re done, and don’t forget to turn on the oven,” she says.

When it comes to the crust—what gives most new bakers the willies—she reminds us to keep everything as cold as possible: the butter, the flour, even our hands (“hold ice cubes” before handling the dough, she suggests).

Rachael Coyle, owner of Seattle’s Coyle’s Bakeshop, takes keeping things cold one step further, suggesting that home cooks look to the practices of a commercial kitchen. For instance, she and her team make everything ahead of time and freeze it. She says you can roll your dough into an aluminum pie pan, wrap it with cellophane and freeze it (stacked, if you’re making more than one) up to two weeks

CRAFTING CRANBERRY PIE

“People don’t do it too often, but it’s a nice fall-time, going-into-the-winter alternative to sour-cherry pie,” says Kate McDermott, a baking instructor and cookbook author. “[Cranberry pie] has that same ‘wow factor,’ and it’s really pretty. It doesn’t take too many ingredients at all: cranberries, sugar, maybe a little Cointreau, a tiny bit of salt, a squeeze of lemon, and cornstarch to thicken it—just a couple teaspoons because there is so much natural pectin in cranberries.”

Find the recipe in McDermott’s *Art of the Pie: A Practical Guide to Home-made Crusts, Fillings, and Life* (2016, W.W. Norton/The Countryman Press).



Kate McDermott's
cranberry pie.

ahead to buy yourself time in the kitchen on the day of.

Options for filling a pie stoke endless enthusiasm in both Coyle and McDermott. Coyle keeps her pies fairly traditional, with minor tweaks: adding a bit of dark chocolate to cut the sweetness of pecan, using fresh winter luxury pie pumpkins to make her own filling and adding pear to her apple pie filling for better texture (she also suggests adding herbs such as thyme). McDermott gets a bit more playful, crossing courses of the meal with her

cranberry pie and replacing evaporated milk in her pumpkin filling with light coconut milk.

McDermott also has a few last-minute reminders: “Put [the filled pie pan] on a pre-heated sheet pan to avoid a soggy bottom,” she says, and fill a fruit pie only up to about a half-inch below the rim to keep it from bubbling over. But most importantly, she returns to her initial advice about people’s willingness to eat dessert in almost any form: “If things go wrong, turn it into a lasagna pan, and you’ll have an amazing crumble.” ✂

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AMERICAN AS APPLE BRANDY

By Brad Japhe

» **Thanksgiving is a celebration** of tradition. At the dinner table, this arrives in the form of all the familiar fixings. Close your eyes, and you'll easily envision that oversize plate of sliced poultry, mashed potatoes and gravy. What's filling your glass, however, isn't nearly as obvious. It should be. For there exists an underappreciated drink that's as American as the holiday itself: American apple brandy. Applejack—as the spirit is sometimes called—predates American whiskey, with origins that stretch to the 17th century. A recent uptick in popularity suggests that modern craft drinkers are now willing to revisit apple brandy's past.

Around the time of the Revolutionary War, it was common for colonial households to

produce applejack—that's because apples were a very abundant crop, says Lisa Laird Dunn of **Laird & Company** in Scobeyville, New Jersey. Her ancestors shared the family recipe with General George Washington in the early 1760s, she says. “[They] also supplied Continental troops with applejack. It was America's first and original spirit.” Back then, homemade apple brandy was the result of jacking—a process in which fermented apple juice was left outside to freeze in winter, removing excess water and concentrating the alcohol.

Today, commercial brands such as Laird's use modern distillation techniques to produce a much cleaner liquid, typically aged in oak barrels to soften its edges. It forms a sensible

substitution for whiskey in classic cocktails, from the Old Fashioned to the Sour. It also pairs effortlessly alongside the flavors of fall—nutmeg, walnuts and cinnamon spice are common tasting notes. For her personal sipping, Laird Dunn combines her brandy with mulled cider, and tops it with allspice, cloves and club soda.

In the San Francisco Bay Area, **St. George Spirits** offers its California Reserve Apple Brandy. Time in the barrel allows for a slight baking-spice aroma, but this juice is all about the fruit. “It's like taking a snapshot of the way an amazing piece of fruit smells and tastes at the peak of ripeness, and then locking it away for later,” explains master distiller Lance Winters.

Older than the country that birthed it and steeped in history, American apple brandy has a future that seems every bit as sweet. ✕

» **GEORGE WASHINGTON** produced small amounts of apple brandy from the orchards on his Mount Vernon estate in 1798 and 1799, according to estate ledgers.



Jake Sirianni's viral rap video landed him his dream internship on *The Tonight Show Starring Jimmy Fallon*.

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SNOWBOARDING IN STYLE

By Berne Broudy

» An equipment upgrade can not only boost performance, it can boost your fun meter a notch, as well. Suit up and hit the slopes with these new styles, designed to help you find your flow on the snow.



By shifting the bulk of the **K2 Simple Pleasures snowboard's** volume from the tip and tail to underfoot, and by creating a cambered midsection and a slight rocker in the tip and tail, K2 has designed a board to help surf the slopes with more control than ever (\$650, k2snowboarding.com).

Tired of sitting down to strap in? With **Burton's Step On system**, you don't have to. The strapless Step On Binding easily locks directly to compatible boots, with three simple and secure connection points. The heat-moldable **Photon Step On Boots** are midstiff, with twist-to-tighten laces to help give a precise fit (\$250 binding, \$400 boots, burton.com).



Selectively placed insulation, layered waterproof fabric, full breathability and targeted venting make the relaxed-fit **Helly Hansen Sogn Jacket** and **Bib Shell Pant** great for every day on the hills. Pockets on the high-collar jacket give easy access to a goggle chamois or other items. The durable pants' suspenders and waist adjust to your body type (\$350 each, hellyhansen.com).



The **Julbo Titan Goggle** has the company's award-winning reactive photochromic lens that changes from darker to lighter with ambient light to help you see better in varying conditions. The Titan's XL minimalist frame maximizes your field of vision (\$200, julbo.com).



Designed for more protection with less volume, according to **Bern**, the company's **Heist Helmet** has a rugged top-shell mated to a thin lower shell, which is molded directly to a liquid-foam helmet body. Bern adds energy-absorbing ribs and reinforced vents to disperse shock. The seamless liner is designed for comfort (\$140, bernunlimited.com).



The cozy, waterproof and good-looking full-leather **Phantom Glove** by **Dakine** is insulated with 70 grams of PrimaLoft, then lined with 200 grams of buttery, high-pile fleece, over a breathable, waterproof Gore-Tex insert. The gloves' zippered cuffs make the Phantom easy to get on and off, and also help keep snow out (\$100, dakine.com). ✈

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*TOTE Maritime was awarded the top spot in the 2017
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Box Jumps, which involve jumping onto a wooden box from the floor, are an increasingly popular high-intensity interval training exercise.

MAKING AN IMPACT

By Olivia Sullivan

» I breathlessly count down the final moments of our 30-second rest period before my sister, Katrina, and I quite literally jump back into our high-intensity interval training (HIIT). We take on a rigorous plyometric lineup, which includes 45 seconds of sprinting, squat jumps and high skips, with a brief stop to rest between each exercise.

HIIT is considered a highly effective way to burn fat and boost cardiovascular endurance. It is part of the latest trend in the workout world: high-impact aerobics, which are estimated to be part of the exercise programs of more than 21 million people last year, according to a report by the Sports & Fitness Industry

Association. This type of exercise refers to a workout in which both feet are off the ground at some point during the movement, usually in the form of jumping. It ranges from the Zumba dancing exercise, popular in 180 countries, to the intense and ever-changing workouts associated with the CrossFit movement.

HIIT increases the intensity of a workout by stressing the body. With appropriate consideration for individual abilities and joint safety, the sudden movements help build muscle and may play a role in helping participants maintain bone strength and density.

High-impact aerobics, such as HIIT, have become popular because the short and intense

exercises fit into today's busy schedules. High-impact aerobics also don't necessarily require any weights or other gym equipment (although it may be helpful to invest in cushioned cross-training shoes and a yoga mat).

You can introduce high-impact aerobics into your usual workout routine. Or you can add a timed sequence of HIIT exercises, such as skipping rope, box jumping or a few sets of burpees, followed by short rest periods, if needed.

By adding high-impact aerobics to a routine, you can increase your workout efficiency, strengthen muscles and build endurance while adding a fun boost to your usual regimen. ✈

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REDEFINING THE MIDDLE

The midsize Honda Accord and Toyota Camry have become a lot more interesting

By Bengt Halvorson

» For decades, the Toyota Camry and Honda Accord have been among the best-selling passenger cars in the United States. But as many practical families have moved from sedans to crossovers, benchmark sedans such as Camry and Accord have had to respond. That's why the

2018 iterations of these best-sellers have been revamped, resulting in sportier driving and more style. Here are three standout features in each nameplate that illustrate how these redesigns are helping to redefine the midsize sedan.



First at 10

The Accord is the first sedan from a mainstream brand to get a 10-speed automatic transmission. Honda went for 10 because it creates a wide span of gear ratios—allowing quick starts from stoplights and ultrarelated economical freeway cruising.



Honda Accord (starting at \$23,570)



Hands-free entertainment

At first glance, you might miss that small stylized *N* on the dash ahead of the front passenger's left knee. But tap your smartphone there to pair it with the hands-free calling and infotainment system, and you won't overlook those Near Field Communication (NFC) features for long.



Easy to gauge

The gauge cluster is refreshingly simple—large round analog dials directly ahead of the driver. And in some versions, traditional gauges are supplemented by a transparent head-up display (HUD) that is projected onto the windshield in a clean and easy-to-read digital form that includes navigation.



Power Preserved

After improving the performance of its base four-cylinder and hybrid models, Toyota could have followed the trend and eliminated its V-6 models. But the brand is hoping the powerful engine will attract buyers seeking more vroom.



Toyota Camry (starting at \$23,495)



Beautiful on the inside

Curious if anything has really changed in the Camry? Look inside for an indication.

Sure, the outside is sportier too, but this once-vanilla sedan can now be had with a red-leather interior. Gone are the days when your only options seemed to be gray and beige.



Sounds great

The nine-speaker, 800-watt JBL system would be right at home in an expensive luxury car.

And with Clari-Fi processing capabilities—which help make digital music via MP3s or streaming services sound better—the speakers are configured for the media we use in the car today. ✈

JOHN LITHGOW

A FEARLESS AND PROLIFIC PERFORMER,
THIS LONGTIME SUPPORTER OF THE ARTS
IS ON A WHITE-HOT STREAK

BY KATHRYN DRURY WAGNER

► **SEPARATED AT BIRTH?** True, John Lithgow is 6 foot 4 and I'm 5 foot 2. He's won six Emmy Awards. I once won a raffle! And we were both born in Rochester, New York, which made speaking to one of my favorite actors an especially delightful and meaningful conversation for me. By a twist of fate, he happened to be in Rochester at the time of our interview, as he was filming an indie movie there. In truth, Lithgow's family moved quite a bit when he was a child, but I wasn't the only one excited to discover Lithgow had at least been Flower City born. The local paper, the *Democrat and Chronicle*, sassed, "Take that, Syracuse."

"I've been enjoying seeing the area," said Lithgow, who has a well-deserved reputation as one of America's finest thespians. He





KIRK MCKOY / LOS ANGELES TIMES / CONTOUR BY GETTY IMAGES

listed a few field trips he'd taken, including visits to the George Eastman Museum, on the estate of the founder of Eastman Kodak and home to the world's oldest film archives. While in western New York doing his shoot, Lithgow also witnessed some of the city's less exciting attractions, such as the Big M supermarket parking lot. I used to bag groceries at Big M! See? Separated at birth.

PROFESSIONAL CHAMELEON

Having just won a prime-time Emmy for his portrayal of British Prime Minister Winston Churchill, Lithgow is riding a high note this fall. On the Netflix drama *The Crown*, he nails the accent, posture and quirky mannerisms of the British prime minister. Churchill was only 5 foot 6, so the fact that Lithgow can inhabit him so convincingly is a testament to the actor's powers of transformation.

Lithgow started acting as a young child, and in the ensuing decades he played roles from the uptight preacher blocking Kevin Bacon's good times in *Footloose* to a transgender ex-football player in *The World According to Garp*. His range is remarkable: This is a man who can carry a movie about Sasquatch (*Harry and the Hendersons*); scare the pants off viewers as the Trinity Killer on *Dexter*; and score a Tony Award from a play set entirely in a locker room (*The Changing Room*). Oh, and he's still found time to publish 11 best-selling children's books, including *I'm a Manatee*.

You're a manatee?

"I'm a character man," he says. "People come after me for the damndest roles. I have hardly any experience playing anyone ordinary. That's when it would get novel."



*In his portrayal of Prime Minister Winston Churchill in **The Crown**, American Lithgow even won over his British castmates. Below, he accepts the Emmy Award for Outstanding Supporting Actor.*

His IMDb biography lists both “Often plays villains or mentally unstable characters” and “Often plays fathers and family men.” It’s a contradiction he can trace back to his early days as a theater rat. His mother, Sarah Jane, was a former actress; his father, Arthur, was an artistic director who founded two major Shakespeare festivals in the 1950s and ’60s.

“My first acting work was with

him,” says Lithgow, who explains that in Shakespeare repertory, an acting troupe is expected to perform multiple plays in rotation. “You play the different roles each night in succession, and it’s a point of honor how differently you play each character.” Steeped in the Bard’s comedies, tragedies and histories, young John had enough rich fodder to nourish a lifetime of characters.

These days, this actor divides his time between New York City and Los Angeles, and says his recent jaunt to the town of his birth was a happy accident. “I picked [the role] before I knew it would be filming in Rochester. It’s a wonderful script about older people meeting and falling in love, and you don’t see that in big-budget movies.” The as-yet-unannounced-name film also stars Blythe Danner, a dear friend of

BACK WHEN ... ▼

HE ORIGINALLY THOUGHT HE’D BECOME A VISUAL ARTIST, AND STILL PAINTS.

HE DID A FIGHT SCENE WITH SYLVESTER STALLONE, FOR THE FILM *CLIFFHANGER*.





The *Daddy's Home 2* lineup of comic stars includes, from left, Mel Gibson, Mark Wahlberg, Will Ferrell and Lithgow.

LITHGOW A-GO-GO

John Lithgow is a very busy working actor, but here are a few highlights. Can you match the character to the production?

CHARACTER	PRODUCTION
Doug Strutt	<i>Harry and the Hendersons</i>
Jerry Whitaker	<i>The World According to Garp</i>
Larry Henderson	<i>Shrek</i>
Sam Burns	<i>Beatriz at Dinner</i>
Lord Farquaad	<i>Trial & Error</i>
Roberta Muldoon	<i>How I Met Your Mother</i>
George Henderson	<i>Terms of Endearment</i>

See page 84 for answers.

his, “and it’s two huge parts for us.” Doing indie film, versus a large Hollywood movie, he says, is “like two different professions.”

THE GOOFBALL DAD

In November, audiences will see Lithgow in one of those large Hollywood flicks, *Daddy's Home 2*, a sequel in which he plays the over-affectionate father of Will Ferrell—and it sounds like making the movie was a hoot.

“Sean Anders, the director, and John Morris, the co-writer, they had established a very successful template from the first movie, and the partnership of Will Ferrell’s and Mark Wahlberg’s characters, and it just went exponential from there,” says Lithgow. “It goes gang-busters.”

He says shooting the movie was hilarious. “Everyone knew what was funny about their role

and just went with it.”

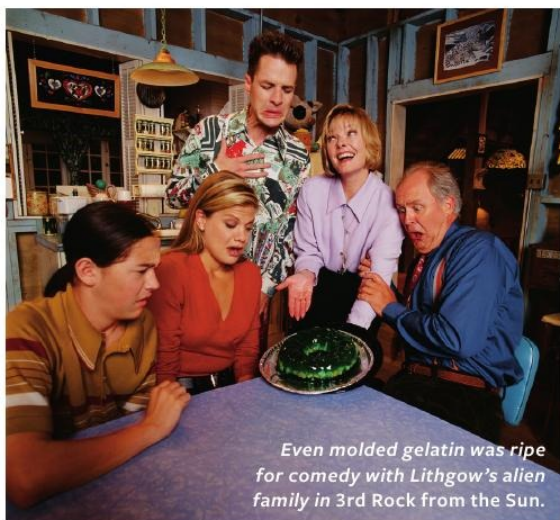
As in the original, the sequel plays off the concept of how disparate views on parenting can clash. When you ask Lithgow—who is in real life a father of three and now a grandfather—to reflect on his own style of raising children, he says: “I don’t think anyone thinks of themselves as a good father. You always tend to dwell on your failings. But I was a fun father. I was always playing with them. I was a goofball. My wife is a tough cookie, so we were a good combination.”

His wife, Mary Yeager, is a professor of history at UCLA, and her hours were more stable than those of her actor husband, who often had to travel for work. The family got lucky during the period the kids were in secondary school, because Lithgow was cast on the TV series *3rd Rock From the Sun*. “I had banker’s hours, and was home on time,” he recalls fondly. “I even made most meals in the evening.”

3rd Rock not only availed the family of delicious suppers, but it also brought Lithgow one of his favorite and most decorated roles. The beloved sitcom revolved around four aliens who are sent to Earth to study humans. Their crackpot behavior as they attempt to blend in with Earthlings drove the laughs—and no one did ludicrous better than Lithgow. As a pompous alien high commander turned physics professor, Dr. Dick Solomon, he won numerous awards, including three Emmy Awards for Outstanding Lead Actor in a Comedy Series.

He’ll embody another funny

HE VOICED YODA IN RADIO ADAPTATIONS OF *THE EMPIRE STRIKES BACK* AND *RETURN OF THE JEDI*. HE CAN DO A SPOT-ON IMPRESSION OF THE MUPPET GROVER.



Even molded gelatin was ripe for comedy with Lithgow's alien family in *3rd Rock from the Sun*.

father figure when *Pitch Perfect 3* opens on December 22. He plays dad to actress Rebel Wilson's character, and when asked if he'll bust out some a cappella tunes for the music-driven threequel, he says, "I do. I can't say more, but I will say that when I sing or dance, it's almost always to comic effect."

Wait, didn't he win a Tony for Best Performance by a Leading Actor in a Musical?

"I did indeed," he acknowledges. That would be for *Sweet Smell of Success* in 2002, "which I was a little embarrassed about because everyone else in the category was an actual singer," he says. "Let's just say that as a singer, I'm a very good actor."

LIFELONG ARTISTIC ACHIEVEMENT


He must have been a pretty good student, too, as he attended Harvard University and graduated magna cum laude before going to the London Academy of Music and Dramatic Art on a Fulbright scholarship. Despite growing up in an acting family, he'd gone to Harvard with no intention of pursuing drama, and nevertheless got drawn into the theater scene on campus.

"I had a wonderful time at Harvard, because they leave you to your own devices," he says. "I wasn't in a conservatory setting, but I must have spent two-thirds of my waking hours doing extracurricular activities relating to the theater, putting on plays and building sets."

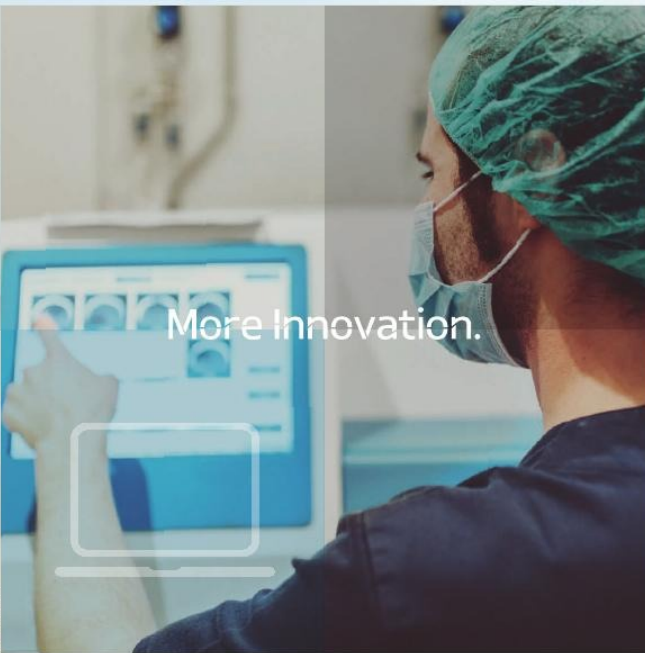
Years after graduation, the

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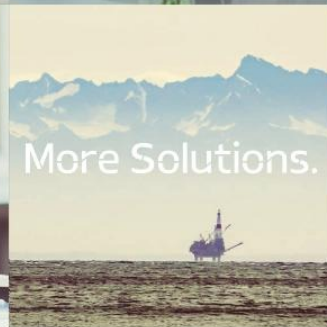
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HE WAS PART OF HARVARD'S 1960S CREATIVE BOOM. HE'S CLASS OF 1967; STOCKARD CHANNING AND TERRENCE MALICK WERE CLASS OF '65; AND FAMOUS ROOMMATES TOMMY LEE JONES AND AL GORE WERE CLASS OF '69.

esteemed actor was invited to become part of the Harvard Board of Overseers. They hadn't had an artist on the board in a while, he notes, and he wound up pitching the idea of a spring arts series, kind of a mini Edinburgh International Festival.

The result was Arts First, an annual springtime festival of student and faculty creativity now in its 25th year. "We turn about 15 buildings into performance spaces, and thousands of people perform, and thousands of people come to watch for free. I go back every single year. It's my pride and joy,"

he says. "I'm proud that it even exists."

He also had the idea for the Harvard Arts Medal, established in 1995 to honor a Harvard or Radcliffe grad who has contributed significantly to the artistic community. Recipients have included luminaries such as Frank Gehry, Bonnie Raitt, Yo-Yo Ma and John Updike, but for 2017, in honor of the festival's anniversary, Harvard insisted on granting the award to the medal's founder.

"The arts always play an incredible role in people's daily lives, much



*Harvard University
this year recognized
alumnus Lithgow for his
support of the arts.*

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more than people realize," Lithgow muses. His one-man stage show, *John Lithgow: Stories by Heart*, taps on this very theme. It begins previews in New York on December 21, and opens to the public January 11.

**AS A CHILD, HE WAS
BABYSAT BY CORETTA
SCOTT, LATER CORETTA
SCOTT KING.**

"It's about how stories are so important to our lives," he says. "I'm talking about stories as art. This is how we express ourselves. We cannot live without them. We ignore that at our own peril."

IN THE UNLIKELY EVENT that someone had never seen any of his work, what would John Lithgow pick to show them? What from his remarkable career is most representative?

"The six years of *3rd Rock*," he says. "It's so exuberant. There's so much variety. The four aliens are trying to be good humans. They try everything to get it right. But they never do."

That sensation—trying so hard to be a good person, and still falling short—can be a universal one, especially to those of us who are parents.

Yet one gets the feeling John Lithgow has done a pretty good job of being a human. ✕

Kathryn Drury Wagner is an editor and writer based in Los Angeles.

ANSWER KEY FOR PAGE 81: Doug Strutt, *Beatriz at Dinner* • Jerry Whitaker, *How I Met Your Mother* • Larry Henderson, *Trial & Error* • Sam Burns, *Terms of Endearment* • Lord Farquaad, *Shrek* • Roberta Muldoon, *The World According to Garp* • George Henderson, *Harry and the Hendersons*.

MORE DADDIES. MORE PROBLEMS.



WILL FERRELL MARK WAHLBERG JOHN LITHGOW MEL GIBSON

DADDY'S HOME 2



BASED ON CHARACTERS
CREATED BY BRIAN BURNS

WRITTEN BY SEAN ANDERS & JOHN MORRIS


DIRECTED BY SEAN ANDERS



NOVEMBER
DaddysHomeMovie.com

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ROUND-THE-CLOCK UTAH



No matter the season, there's a lot going on in Utah. When the open road calls, head out on the Road to Mighty®, a great American road trip that connects The Mighty 5® national parks with 43 state parks, seven national monuments, five national forests, two national recreation areas, one national historic site and vast, open landscapes of uncommon beauty with no designation save for "Utah." These numbers fail to capture the distinctive culture and dining across our vibrant cities and welcoming rural settings. Come winter, we celebrate More Mountain Time™ on The Greatest Snow on Earth®.

We call this collection of trademarked Utah experiences Life Elevated®. You're bound to call it your new favorite place to visit.

For first-time visitors, Arches, Bryce, Canyonlands, Capitol Reef and Zion national parks of southern Utah are often the starting lineup for a Utah vacation. Beyond The Mighty 5 exists such a wealth of outdoor recreation and cultural experiences that you won't want to limit your visit to the national parks. Enhance your visit to Utah's southeastern national parks with a scenic road trip through Moab, the ancestral cliff dwellings of Cedar Mesa and Hovenweep National Monument or the stunning rock formations of Natural Bridges National Monument and the one-of-a-kind Monument Valley Navajo Tribal Park.

In the center of the state, Capitol Reef's fractured red rock landscape rises up alongside Boulder Mountain, Grand Staircase-Escalante National Monument and the San Rafael Swell. In the southwest, Bryce Canyon and Zion anchor Kodachrome Basin and Snow Canyon state parks, Cedar Breaks National Monument and the fascinating Great Basin Desert.

And all of these lists only scratch the surface. You could easily spend two weeks in each area, especially once you factor in overnights to experience stargazing under pristine (and internationally certified) dark skies.

When the snow falls, it's time to get on Mountain Time. Utah is home to 14 ski resorts, with 10 iconic slopes located less than an hour's drive from Salt Lake City International Airport. This easy access results in more on-the-mountain time than any other U.S. ski destination. In short, more time on the slopes, more time with family and friends, and more time to squeeze in winter activities off the slopes, such as downtown strolling, cross-country skiing, arts and cultural offerings or cannonballs in the hot tub. Whether you head for the mountains and stay slopeside or set up base camp in the valley, you'll have access to the accommodations, dining and nightlife of Northern Utah's Wasatch Front. And it's all a convenient flight from more than 95 destinations worldwide.



Salt Lake City is Utah's capital city and a vital urban economic center in the western United States. Combining the amenities of a major metropolitan area with the friendliness of a picturesque mountain town, Salt Lake is an ideal location for your next vacation, family gathering, meeting or convention.

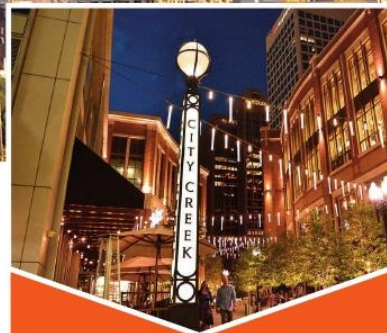
A beautiful, vibrant and safe destination, Salt Lake combines unparalleled access to plentiful natural recreation, a bustling economy, dynamic nightlife, remarkable history, warm hospitality and Utah's Greatest Snow on Earth®.

Salt Lake is comprised of multiple cultures, lifestyles and religions providing a rich and celebrated diversity that astonishes many first-time visitors. Events, activities and festivals highlighting these many groups demonstrate the wonders of all that the "Crossroads of the West" has to offer. Throughout the year, locals and visitors alike enjoy a lengthy list of multi-cultural and multi-

ethnic events and activities. These include Pioneer Days, featuring one of the largest and oldest parades in the nation, one of the West's largest Pride Festivals, plus the Salt Lake Greek Festival and numerous Cinco de Mayo and Pacific Island celebrations, among many others.

Salt Lake is an ideal location for your next vacation.

You are never far from your next great Salt Lake dining experience as an extensive array of popular restaurants and cafes await you for your dining and imbibing pleasure. From great All-American classics to delectable options from every corner of the world, you will find exactly what your taste buds are craving for breakfast, lunch or dinner. Make sure to eat hearty and keep up your energy because Salt Lake boasts a vibrant nightlife scene with nightclubs, sports bars, piano bars, pubs and martini bars — plenty of options and choices to keep you up long after the sun goes down.



5 MUST DO THINGS WHEN YOU VISIT

1. Discover City Creek Center, the sparkling retail centerpiece of downtown Salt Lake.
2. Visit the Natural History Museum of Utah on the University of Utah campus.
3. Tour Temple Square, the most historically significant attraction in Salt Lake City.
4. Check out The Depot, one of Salt Lake's best live music hot spots located in a part of the Union Pacific Train Station.
5. Catch a live performance at 2,500-seat Eccles Theater.

GETTING THERE



ARRIVE AT SLC



DRIVE 7 MILES | 10 MINS

SALT LAKE

VISITSALTLAKE.COM



PARK CITY

Park City is the thriving home to two world-class resorts: Deer Valley, a ski-only resort and one of the top-rated resorts in the world, and Park City Mountain, boasting the largest amount of lift-served terrain in the U.S.

Less than 35 miles from Salt Lake City International Airport, bustling Park City is a famous silver mining town with plenty of authentic western charm. Historic Main Street is lined with multiple award-winning restaurants, vibrant galleries, boutique shops, a history museum and a number of lively bars and saloons.

Numerous other activities are easily available off the slopes and include snowmobiling, dog sledding, Nordic skiing, tubing, snowshoeing, hot air ballooning, ice skating and bobsledding.

Park City was a host venue for the Salt Lake City 2002 Olympic Winter Games and the Olympic legacy has continued since then at Utah Olympic Park. The park is open to the public and visitors can watch elite

athletes from around the world while they train, view World Cup-level events, visit two complimentary museums — the Alf Engen Ski Museum, where you can experience the thrill of virtual rides, and the George Eccles Salt Lake 2002 Olympic Winter Games Museum, with interactive displays and equipment exhibits — or experience a bracing ride in a bobsled down the very same track used by the athletes during the Winter Olympics.

**Your best
mountain
getaway is
right here in
Park City.**

With an impressive variety of lodging options for every budget ranging from customary hotels, luxury 5-star ski-in/ski-out accommodations, comfortable condos and deluxe private vacation homes, Park City has just the right spot for everyone to rest and relax after a full day of outstanding outdoor recreation. Your best mountain getaway is right here in Park City. Come enjoy adventurous winter time fun, indoors or out, with all this beautiful area has to offer visitors.



5 MUST DO THINGS WHEN YOU VISIT

1. Ski both resorts and experience a combined total of 9,300 acres blanketed with The Greatest Snow on Earth®.
2. Choose off-slope activities like dog sledding, snowmobiling, hot air ballooning, snowshoeing and more.
3. Take a High West Distillery tour, the world's only ski-in whiskey distillery.
4. Discover Utah Olympic Park and its intriguing museums and bobsled track.
5. Keep up your style and get your shop on along Historic Main Street or at Tanger Outlet Mall.

GETTING THERE



ARRIVE AT SLC



DRIVE 30 MILES | 35 MINS

park  city
YES. ALL THAT.

VISITPARKCITY.COM



LOGAN

Nestled between two iconic mountain ranges and just 90 minutes from Salt Lake City, the city of Logan offers the ideal winter getaway, where we do winter right.

You'll find a taste of small-town America in Logan, with great restaurants, inviting hotels and cozy bed-and-breakfast properties where you can curl up by the fireplace and relax. In less than 10 minutes, find yourself in Uinta-Wasatch-Cache National Forest enjoying The Greatest Snow on Earth®.

Skip the crowds and commercialization of mega-resorts and revel in skiing and snowboarding at Beaver Mountain Ski Resort. Only 40 minutes from Logan, Beaver Mountain offers four lifts, a comfortable lodge, affordable ticket prices, excellent instructors and snow straight from heaven. Cherry Peak, a quick 30 minutes from Logan, opened last winter as Utah's newest ski and snowboard resort, boasting a 580-foot long family-friendly tubing hill with a moving sidewalk transporting you to the top and

offering tube rentals.

To really get out and explore, start with an overnight stay at nearby Beaver Creek Lodge and rent snowmobiles to ride nearly 300 miles of groomed trails. Rated among the top snowmobiling destinations in the country, we are proudly ranked as the best in Utah.

You'll find a taste of small-town America in Logan.

Just walk out your door and start snowmobiling for a thrilling winter experience in one of Mother Nature's most beautiful settings.

There are a variety of live performances ranging from Broadway shows to concerts and other entertainment to enliven your evenings. Catch a classic film screening at downtown Logan's newly restored circa-1924 Utah Theatre. Find a wide variety of Utah State University sports events options including basketball, hockey and gymnastics.

No matter what activity you crave, you'll love the spectacular beauty and peaceful solitude that are hallmarks of the area. Come join us in Logan, where we do winter right.



5 MUST DO THINGS WHEN YOU VISIT

1. Take a horse-drawn sleigh or wagon ride through a 600-head elk herd at Hardware Ranch.
2. Give your taste buds a thrill on the self-guided Cache Valley Foodie Trek.
3. Take in a live performance or classic film at a Logan theater.
4. Snowshoe, cross-country or downhill ski, bird watch and ice fish just 10 minutes from Logan.
5. Cruise nearly 300 miles of groomed snowmobile trails.

GETTING THERE



ARRIVE AT SLC



DRIVE 83 MILES | 1 HR 30 MINS



EXPLORELOGAN.COM

BEAVER MOUNTAIN & GARDEN CITY

With 400 annual inches of The Greatest Snow on Earth® and smaller crowds, the skiing and riding conditions are hard to beat at Beaver Mountain. Affordable and family-friendly, it is perfect for all abilities. The convenient day lodge has excellent dining options — ask about their street tacos! The full-service rental and retail shop has all the latest gear to ensure your time spent cruising the aspen-gilded slopes of “The Beav” is a day well spent.

Beaver’s 53 runs offer a great balance of beginner (35%), intermediate (40%) and advanced (25%), and a 1,700-foot vertical drop. With 828 snowy acres, Beaver Mountain provides a down-to-earth experience focused purely on the skiing and riding. Situated in Northern Utah’s Logan Canyon, Beaver is located just south of Idaho’s state line and 13 miles west of Garden City and Bear Lake.

Nicknamed the “Caribbean of the Rockies,” Garden City rests on the shores

**Time spent
cruising the aspen-
gilded slopes of
“The Beav” will be
a day well spent.**

of Bear Lake. Expedia’s Viewfinder blog recently named it the most beautiful town in Utah. Lodging choices include a variety of condominiums and vacation-rental homes. Cody’s Gastro Garage, opened last summer, is Garden City’s newest restaurant and features gourmet burgers and quesadillas. Enjoy tasty Mexican food at Cafe Sabor or a delicious steak at the Bear Trapper.

Bear Lake Valley boasts world-class snowmobiling with hundreds of miles of uncrowded and fence-free trails. Bear Lake Funtime and Epic Recreation can provide all your equipment needs, from cross-country skis to snowmobiles. Be sure to be on the lookout for wintering elk and moose on your Bear Lake Valley explorations. Guide services for every activity can provide reliable insider information to create your best and most memorable visit to Garden City.



5 MUST DO THINGS WHEN YOU VISIT

- 1.** Ride more than 350 miles of groomed snowmobile trails with wide-open play areas.
- 2.** Get to the snow-blanketed area known as “The Sinks” off Logan Canyon Road for snow tubing and sledding.
- 3.** Cross-country ski on trails and pathways, including Bear Lake Golf Course.
- 4.** Jig for trout on Bear Lake — the catch is worth the effort.
- 5.** Immerse yourself in a simulated wagon trail ride at the Oregon Trail Center.

GETTING THERE



ARRIVE AT SLC



DRIVE 126 MILES | 2 HRS 40 MINS

GARDEN CITY
Where Families Play!

BEARLAKE.ORG

MOAB

Visit the only destination in Utah where you can experience two of The Mighty 5® National Parks from one convenient, scenic and inspiring location.

Moab's year-round access to thousands of square miles of amazing red rock landscapes, three scenic and expansive byways, and the cool waters of the Colorado River have made it one of the most sought-after outdoor recreation destinations in all of the American Southwest.

Experience a stunning and lovely sunrise over the towering depths of Canyonlands National Park and then follow it up with a gorgeous and sublime sunset in the stimulating red rock landscape of Arches National Park.

Moab has some of the best mountain biking found anywhere on the planet. Both the Porcupine Rim and Slickrock trails are on the top of the list of incredible rides which have made Moab famous worldwide and each are the most spectacular and challenging

mountain bike rides available anywhere. Moab also offers more than 100 trails suitable for mountain bikers of any experience level, so bring your own bike for as easy or tough of a ride as you prefer. You can always take advantage of renting one of the latest mountain bike models from one of Moab's available bike shops or outdoor outfitters.

While you are out exploring and enjoying the area's gorgeously unique, beautifully varied and impressively energizing scenery, you must be sure to allow for time to relax, recharge and refresh and experience Moab's friendly

small-town hospitality. Our fantastic selection of comfortable lodging options, scenic private or BLM campgrounds, numerous restaurants, interesting shops and fascinating museums will make planning the perfect family vacation in Moab so easy!

Moab has some of the best mountain biking found anywhere on the planet.



5 MUST DO THINGS WHEN YOU VISIT

1. Play in the world's largest concentration of sandstone arches in Arches National Park.
2. Explore vast Canyonlands National Park, Utah's largest national park.
3. Take your best shot at one of the world's most scenic vistas in Dead Horse Point State Park.
4. Enjoy a family-oriented whitewater trip on the Colorado River in the Fisher Towers section or have a wilder time in Westwater or Cataract Canyons.
5. Visit the nearby La Sal Mountains, Utah's second tallest mountain range.

GETTING THERE



ARRIVE AT SLC



DRIVE 238 MILES | 3 HRS 45 MINS



DISCOVERMOAB.COM



NAVAJO NATION

The Navajo Nation exists in a remote and isolated portion of Utah, retaining much of its traditional ways of life. Its landscape and topography contains some of the world's most beautiful, rugged sandstone cliffs and towering rock formations.

The Navajo presence in the area extends back hundreds of years. Their history is intertwined with early Spanish and Mexican incursions, providing rich stories and fascinating sites for exploration. The Navajo people and their ancestors the Anasazi ('ancient ones') resided in the region and visitors find it an ideal location to retrace history and step back in time. View the Anasazi through the striking images of the Butler Wash Petroglyph Panel, found along the San Juan River as it flows downstream.

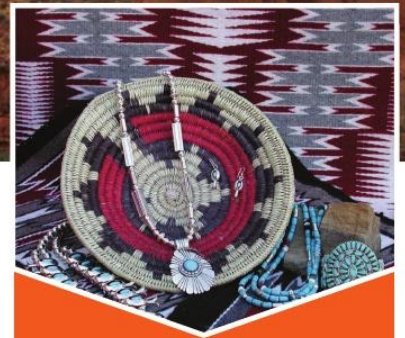
Enjoy running, hiking or biking on select Monument Valley Navajo Tribal Park trails or participate in a Navajo-sponsored seasonal marathon within the Rainbow Bridge National

The Navajo presence in the area extends back hundreds of years.

Monument. Take part in the Balloon Festival held each December at Monument Valley. Guided tours for photographers can easily be arranged helping you discover the full potential of this spectacular landscape.

Don't miss a Four Corners Monument visit, a tribal park area where you can stand in four places at one time. The impressive granite and brass marker replaced the 1912 original and displays the designation of each of the four states in each corner.

Most importantly, the Navajo Nation is a haven for their culture and art. Navajo cultural pride and artwork can be cultivated and admired during tribal fairs where Navajo artisans display their beautiful and intricate rugs, baskets, turquoise and silver jewelry and pottery. Surrounded by the four sacred mountains representing each directional position, Navajo traditional teachings, language and values remain strong and vibrant in this unique and historic area.



5 MUST DO THINGS WHEN YOU VISIT

1. Experience the scenic beauty and history of Navajoland national and tribal parks.
2. Learn about Navajo culture at Navajo museums and historic areas and sites.
3. Hike, walk, and run in designated areas of Navajoland.
4. Choose from an impressive variety of crafts and artwork directly from Navajo Artisans.
5. Have a comfortable stay at the Hogan Bed and Breakfast.

GETTING THERE



ARRIVE AT SLC



DRIVE 388 MILES | 6 HRS 37 MINS



DISCOVERNAVAJO.COM

BRYCE CANYON

Bryce Canyon Country is home to Bryce Canyon National Park, two scenic byways, one All-American Road, three state parks and Grand Staircase-Escalante National Monument.

Bryce Canyon National Park is open year-round with excellent services and amenities making for an incredible stay. With a blanket of white snow on a veritable forest of orange spires, there is something magical about being in Bryce in winter. Fewer visitors allows you easier access to groomed snowshoe and cross-country ski trails, plenty of ice skating fun and memorable horse-drawn sleigh rides.

Enjoy the breathtaking scenery along the scenic byways. Utah's Patchwork Parkway National Scenic Byway and All-American Road: Scenic Byway 12 offer exquisite vistas that change from alpine forests to red rocks and finally, to the area's unique sandstone formations. Bryce Canyon and Capitol Reef National Parks, each along Scenic Byway 12, serve as impressive

Enjoy the breathtaking scenery along the scenic byways.

bookends for a byway with an incredible story that unfolds all along the way.

Enjoy Bryce Canyon Country's tasty culinary scene and select from diverse offerings such as Dutch oven cook-out dinners, delicious home-style meals and delectable farm-to-table experiences.

Garfield County is also known as Bryce Canyon Country, spanning 5,200-square miles with less than 5,000 full-time residents. Offering numerous day trips, we want people to see less and do more. All our visitors are encouraged to embrace our tagline, *Take Your Time*. Visitors often remark there is so much to see, do and experience they wish they had planned to stay longer. The fantastic variety of activities, events, festivals and experiences can entice, satisfy and excite all Bryce Canyon Country travelers seeking fun things to see, do, taste and enjoy.



5 MUST DO THINGS WHEN YOU VISIT

1. Hike along a multitude of orange-spired hoodoos in Bryce Canyon National Park.
2. Ride by horseback where Butch Cassidy traveled, or in the sandstone of Grand Staircase-Escalante National Monument.
3. Explore miles of Utah's Patchwork Parkway National Scenic Byway and All-American Road: Scenic Byway 12.
4. Use a guide or outfitter to explore America's best wilderness, slot canyons and incredible trails.
5. Discover three state parks offering outdoor experiences not available anywhere else in the U.S.

GETTING THERE



ARRIVE AT SLC



DRIVE 274 MILES | 4 HRS



BRYCECANYONCOUNTRY.COM



Let

It

'Tis the season for fresh flakes, epic steeps, glistening glades and rolling cruisers. With the Champagne Powder at Steamboat, the sheer scale at Park City, enchanting snow ghosts at Whitefish, the wide-open peak at Mt. Bachelor and seemingly limitless terrain at Squaw Valley, see why skiing in the West really is the best. ●●

Snow



*Steamboat's snow
is so dry and fluffy,
it's celebrated as
Champagne Powder.*



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good old days.*

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MOUNTAIN RESORT

WHITEFISH, MONTANA

Partially Located on National Forest Lands  Photo © GlacierWorld.com

Steamboat

By Dan Leeth

The first time I skied Steamboat, I was on cross-country gear. I had been following the Hogan Park Trail, a route through the forest behind the Steamboat Resort. After 7 miles of breaking trail through untouched snow, I reached the top of Mount Werner and entered the resort area. Ahead of me lay a 3,668-foot vertical drop to the base. And that's where I discovered it: the trademark Champagne Powder blanketing Steamboat's slopes. I floated through the deep, dry snow, stringing together exhilarating turns, even on cross-country gear and tired legs. It was everything I'd spent my climb hoping to find, and it's why, these days, I ride the lifts and descend on downhill skis to maximize my time on the snow.

Steamboat Resort features 165 ski trails on 2,965 acres, the bulk of which is about evenly divided between intermediate and advanced terrain—but there are still plenty of gentle slopes for those who want to take it easy. And on the resort's edges, glistening stands of aspen offer some of the finest glade skiing I've found in Colorado.

In this ranching region, snowfall is measured by how many wooden rails of fencing are buried under the white—the resort sees about 336 inches per year.

Off the slopes, Steamboat Springs visitors can soothe skiing muscles in geothermal hot springs. Old Town Hot Springs downtown offers a splash-and-soak facility popular with kids, while north of town, Strawberry Park Hot Springs provides guests the opportunity to take relaxing dips in a forested, creek-side setting.

For those who crave untouched slopes, Steamboat Powdercats accesses miles of untracked fluff on nearby



A skier catches air above the Park City slopes.

Buffalo Pass via snowcat. And, of course, there's cross-country skiing. The Steamboat Ski Touring Center has groomed trails near town, and east of town the Routt National Forest contains designated areas for cross-country skiing and snowshoeing. One of those trails ends at the top of Mount Werner and the Steamboat Resort, where, just as it did on my first time up, the famous Champagne Powder beckons.

Fly to the Slopes

Alaska Airlines serves more top terrain in the West, including:

- Alyeska Resort
- Mammoth Mountain
- Schweitzer Mountain Resort
- Sun Valley Resort
- Whistler Blackcomb

For more information about traveling to these and other resorts, visit alaskaair.com.

Park City

By Paul Frichtl

Thank goodness for guides. As I scan the hills above Park City, it quickly becomes apparent that three days of skiing here will be a gargantuan undertaking.

The 2015 combining of Canyons and Park City Mountain Resort in Utah created Park City Mountain, which has the country's largest total of skiable terrain—7,300 acres. From Murdock Peak on the Canyons end to Jupiter Peak rising behind the historic Park City village, there are 6 miles of aspen, spruce and pine-covered ridges and seemingly endless chutes, bowls and glades. Go south to Bald Mountain and you've added a separately owned ski area, Deer Valley Resort, to a long weekend of mountain fun—creating a close-to-heaven arc spanning some 13 miles.

OK, one slope at a time.

My daughter, Kristin, and I meet our guide, Taylor, at the Canyons Village

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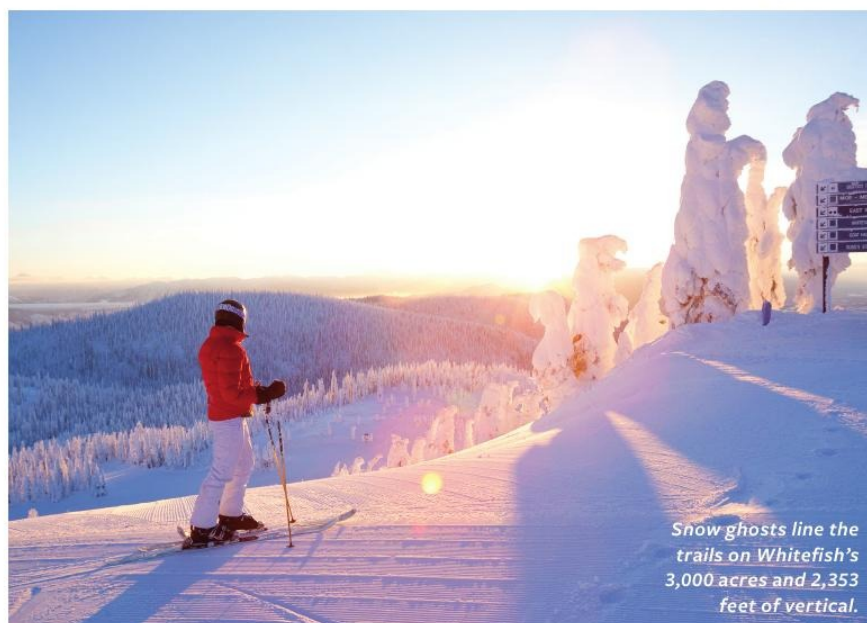


center, adjacent to the plush ski-in/ski-out Hyatt Centric hotel. We follow Taylor closely, game for whatever Canyons has. We ride the Dreamcatcher and Tombstone Express lifts, dropping off the main runs—enjoying broad fields of moguls and sinuous tracks through the trees. Lift time lets us breathe and learn about a \$50 million expansion under Vail Resorts, as well as the backstory on Park City as a silver-mining camp and host to the 2002 Winter Olympic Games.

Day Two we start at the far southern edge of Park City, uploading on the Town Lift and heading up to McConkey's and over to Thaynes Canyon for fast cruising. That evening, we experience old Park City, settled as a silver-mining town in the 1860s. Victorian-era and Queen Anne buildings now harbor boutique shops, galleries and restaurants, all full of music. The energetic Riverhorse on Main serves up a delicious menu ranging from wild game accented with huckleberries to Alaska halibut. We leave as the Ten O'Clock Whistle sounds, and the young woman handing us our coats says that means the town's miners are accounted for, and it's time for all good children, like herself, to go home.

In the morning, it's Deer Valley: 2,026 acres over six mountains. Once the resort sells the last of a modest daily quota of old-school paper lift tickets, that's it. Twenty-one lifts and no crowds. And, unapologetically, still no snowboarders—so my daughter spends the day shopping with her ski-averse mother while I drop through the sweet glades and chutes of Anchor Trees, Quincy Knoll and Hawkeye.

Exhausted but smiling, I join my family in town for après and dinner. As the Ten O'Clock Whistle wails, we make our way home—via the High West Distillery and a signature double rye cocktail called Guts, Glory & God. It's an awesome nightcap to our Park City adventure. I'll have another, thanks.



Snow ghosts line the trails on Whitefish's 3,000 acres and 2,353 feet of vertical.

Whitefish

By Ted Alvarez

I sometimes play a game with fellow Seattle skiers in which we imagine where we might relocate if our powder-skiing compulsion gets critical. We go through the usual suspects but then hesitate. That's when it becomes a game of chicken, each skier hoping the other won't say aloud one of the best-kept secrets of the Northwest: Whitefish Mountain Resort.

The skiing in Whitefish, Montana, is so supernatural, it'll make you believe in ghosts—snow ghosts, specifically. Winter storms stuffed with powder gust into Whitefish, spackling massive firs and spruce in a shaggy coat of snow.

Using these frozen phantoms as spirit guides on the mountain's 3,000 acres and 2,353 feet of vert could be eerie—if I wasn't so busy whooping through knee-deep powder on world-class groomers such as Big Ravine and Inspiration. The wide-spaced trees of the Gray's Golf Course run feel like a parcel of powder-coated wilderness heaven airlifted to the edge of Glacier National Park.

About that park: On a clear day, don't miss long-distance views into Glacier's toothy interior from Chair 1. From the top of the chair, Hellroaring Basin offers short, difficult chutes for the brave, and the North Bowl Face is full of spectacular steep trees. From Chair 7, cruise on Whitefish's North Side.

Expect Whitefish's deep solitude to persist. It's still lift-line-free and off the grid, even though people are starting to notice its charms, and the town is upping its gourmet fare to match. For example, at the Tupelo Grille, Chef Cecilie Andersson offers upscale Cajun and Creole food (hits include the shrimp and grits and étouffée).

In addition to spiritual skiing and great cuisine, Whitefish lingers in the mind during all those ski-town conversations because it's such a welcoming place where anyone can make friends over beers. Having a Moose Drool and wings at The Bierstube doesn't feel like après—it feels like going home.



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Let
It
Snow

Bachelor

By Nancy Bouchard

Sun glints off Mt. Bachelor's sparkling powder as the pall that had temporarily shadowed the mountain evaporates into blue-sky optimism. I'd risen before dawn for first chair, and then bootpacked for 20 minutes to reach the true summit.

Below my ski tips, Mt. Bachelor's famous 360-degree bowl spreads like a vast white sea punctuated by black fins of volcanic rock. I've always wanted to drop in between the Pinnacles, Bachelor's rocky sentinels that guard one of the steepest chutes on the mountain, and I've spent the year skiing steeps—Niseko in Japan, Courmayeur in Italy and Chamonix in France. I'm ready.

With a big gulp, I punch off. For a moment, I'm flying, only air under my skis. I settle back on the snow, as soft and welcoming as a down pillow. I want to laugh, but I have to keep my mouth shut to avoid inhaling powder

that sprays with every turn. I've skied more than 1,000 days on Mt. Bachelor, and every one has been an adventure.

"Batchy" is a mountain you can grow up and old with. It's in Bend's backyard (my three daughters ski five days a week), yet midweek, you'll hardly find lift lines. The 4,318-acre ski area, which makes it one of the top-10 largest in the United States, offers sufficient challenges for everyone from beginners to experts—2014 Olympian Laurenne Ross trained here. The kids will want to run laps on the famous Dilly Dally Alley—a winding trail that snakes through the trees above the Sunrise Lift. Fast skiers will hang out on the Outback and Northwest sections. The Northwest Chair serves some of the best steep tree skiing on the mountain, while Cloudchaser, which opened in 2016, accesses hundreds of acres of low-angled glades.

In addition to the terrain, it's the

views that keep me coming back. Riding the Pine Marten Chair, see the craggy volcanic crater of Broken Top and views of the Three Sisters, Mount Washington and Mount Jefferson. From the summit of Bachelor, which is a dormant volcano, I feel like I'm on top of the world.

Bachelor's lodges include Pine Marten, an architectural wonder that sits at 7,775 feet on the 9,065-foot mountain. In the lodge, you'll find one of Oregon's highest restaurants, Scapolos Cafe, serving gourmet food and a wide selection of local brews on tap.

Despite Oregon's reputation for rain, Mt. Bachelor often gets light, dry snow—and plenty of it. With an average of more than 450 inches annually, the mountain is known for big-powder days. All that snow makes Mt. Bachelor's season one of the Northwest's longest, usually starting in November by Thanksgiving and lasting well into May.



Squaw Valley

By Bill Fink

Soaring off a small jump, I land with my snowboard in a waist-deep snowdrift with a quiet “poof.” I’ve stopped in a clearing off the trails underneath the Granite Chief ski lift at Squaw Valley on

Lake Tahoe’s northwest side. Deep in The Chief zone, I’ve been enjoying a nearly private playground of narrow paths winding between trees, rocks and untouched snow. The only sounds I hear are the drip-drip-drip from icicles hanging in trees, and a faint “yee-haw” from

skiers on the other side of the ridge. Peeking through a break in the branches, I plot out my course, ready to discover yet another route at this captivating California resort.

Across Squaw Valley and its partner mountain, Alpine Meadows, there’s plenty of terrain for everyone, now conveniently labeled into 14 “zones” to help identify what’s just right for you,

from my quiet retreat in The Chief to the advanced steepes and moguls of KT-22. There’s also the rolling blue intermediate runs of the popular Shirley and Snow King zones, as well as the beginner zones of SnoVentures and Big Blue.

Squaw alone has 29 lifts and 3,600 acres of skiing on 170 trails, along with plenty of off-piste action. Add in Alpine’s 13 lifts and 100 trails across 2,400 acres, and you have a wide world of adventures that can truly take years to fully explore.

Fortunately, a lot of snow leads to a long season—record-setting snowfall last year meant Squaw Valley stayed open for skiing past July 4. Offseason investments in additional snowmaking capabilities and new snow grooming and clearing equipment mean the resort is ready for another great winter, no matter what Mother Nature has in store. ✈

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The Wish List

By Caitlin King

From travel-friendly gear and new tech gadgets to gifts that keep giving and lifestyle items, here are some ideas for the holidays this year.

TRAVEL GEAR

1. The Here One Wireless Smart Earbuds are designed for premium audio, noise cancellation and voice amplification for calls, and the earbuds make a stellar stocking stuffer (\$299.99; hereplus.me).
2. The Bigger Carry-On by Away has two compartments to ease the packing process, along with a scratch-resistant outer shell with a built-in battery for on-the-go ability to charge USB devices (\$245; awaytravel.com).
3. Uphill Designs' Divide Exploration Pack is a packing solution for the stylish backpacker. Crafted of waxed cotton canvas, this carryall features gear loops and deep pockets for easy access (\$365; uphilldesigns.com).
4. Gift a favorite snapshot, engraved on Artifact Uprising's wooden memory box. It's a thoughtful way to showcase shared travel memories (\$95; artifactuprising.com).
5. Grand Trunks' Tech Throw Travel Blanket is insulated for extra warmth, and fits into a compact bag for easy packing (\$89.99; grandtrunk.com).
6. The classic Danner Women's Mountain Light Boots have on-screen style cred, thanks to Reese Witherspoon, who sported them in the feature film *Wild* (\$360; danner.com).
7. Functional and fashionable, the ExOfficio Leshan Jacket can take an adventurer through a variety of climates (\$200; exofficio.com).





1.



2.



3.



4.

TECH & TOYS

1. The Sonos Playbase Wireless Speaker has a minimal style that easily integrates into a room, and is designed for clear, powerful sound. Along with streaming music from various devices, this speaker connects to your TV, making the Sonos a versatile addition to home theaters. Add a subwoofer to experience high-impact theater sound (\$699; sonos.com).

2. For the Snapchat-savvy on your list, Snapchat Spectacles record videos in 10-second increments and capture up to 30 seconds of perspective. The stylish glasses, which come in three colors, start recording at the press of a button and light up to notify others when they are on (\$129.99; spectacles.com).

3. Kids can pretend to combat the paranormal with the Playmobil Ghostbusters Ecto-1 vehicle with action lights and sound effects. This playset includes *Ghostbusters* film characters Winston Zeddemore and Janine Melnitz; for ages 6 and up (\$44.99; playmobil.us).

4. All aboard! The Fisher-Price Thomas & Friends Super Station includes a multisystem trackset with three levels of play, more than 35 feet of track and storage for 100 engines. Kids ages 3 and up can play with *Thomas & Friends* engine characters Thomas, Percy, James and Harold. The set is customizable so it can fit in most spaces (\$100; fisher-price.mattel.com).

5. With its natural look and a top that doubles as a shelf, the 40" Class Serif 4K UHD TV was created by Samsung and the Paris-based design duo Ronan & Erwan Bouroullec to blend seamlessly into home decor (\$1,499.99; samsung.com).

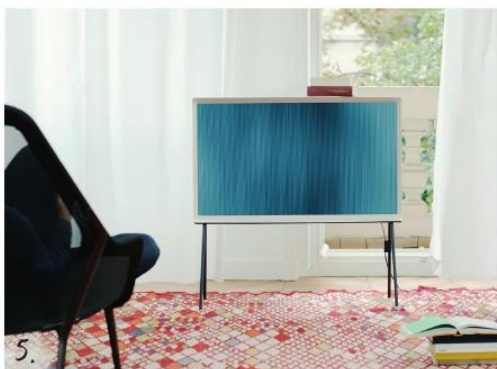
6. The Sphero R2-D2 App-Enabled Droid allows your *Star Wars* fan to bring R2-D2 to life. The 17 cm-tall droid can be controlled with an app that is compatible with iOS and Android, and has integrated speakers that make R2-D2's signature beeping sounds. You can also connect it with other Sphero *Star Wars* app droids, such as BB-8 (\$179.99; sphero.com).

More ideas:

Play anywhere with the Nintendo Switch, the latest on-the-go console that allows gamers to instantly transition from at-home play to hand-held mode. Up to eight players (with controllers) can be linked to one system, or you can link your system with a friend's for competitive remote play (\$299.99; nintendo.com).

Teenagers can be tricky to please, so this year, show them how cool you actually are. Benjamin Hair Care Temporary Hair Color comes in shades such as Cry Baby Blue, Peachy Keen Peach and Lovey Dovey Pink that are sure to turn heads—and will fade completely after three to six washes (\$28; moody-girls.com).

Specifically designed to boost the game of that golfer in your life, the Arccos 360 fully automatic performance-tracking system features 14 sensors—one for every club in a set—and automatically records and analyzes every shot to help identify a player's strengths and weaknesses (\$249.99; arccosgolf.com).



5.



6.

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2.

GIVING & EXPERIENCES

1. The Outdoor Odysseys 3 Day Wine Tasting & Kayaking tour includes guided kayaking excursions in Washington state's San Juan Islands and tastings of award-winning wines (\$749; outdoorodysseys.com).

2. Grant a child's wish through a donation to the Make-A-Wish Foundation of America giving programs. The gift of an experience makes a priceless present (makeawish.org).

3. Glassybaby donates 10 percent of every sale to the glassybaby white light fund, which supports a variety of nonprofits. For instance,

proceeds from each Wings candle vessel benefit Angel Flight Northeast and Angel Flight West, which provide free emergency air transportation (\$50; glassybaby.com).

4. The Olympus Spa, a female-only spa with locations near Seattle, is a great place for those in need of rejuvenation. Treat a loved one to a spa day, relaxing massage or moisturizing skin-care package (varying prices; olympusspa.com).

5. Explore the Everglades National Park with Tour the Glades in search of one of the area's most unique residents, the Florida manatee (varying prices; tourtheglades.com).

6. Donate frequent-flyer miles with the Alaska Airlines Charity Miles Pool to support a variety of charitable organizations, from Medical Teams International to The Nature Conservancy (alaskaair.com).

7. Cascade Kiteboarding offers an exciting introduction to the four-line inflatable kite in the Hood River area of Oregon (varying prices; cascadekiteboarding.com).

More ideas: Charity Gift Cards from TisBest allow your giftee to choose up to three charities that their gift can benefit, out of more than 300 options (tisbest.org).



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The Wish List



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The Wish List



DELICACIES

1. The Pineapple Wrap Box Ultimate Collection from Honolulu Cookie Company includes 16 shortbread cookies in a variety of Hawaiian-inspired flavors (\$15.95; honolulucookie.com).

2. Amouage Jubilation 25 for Women, available at Parfumerie Nasreen, is a sophisticated scent with top notes such as lemon, rose and ylang-ylang (\$325; parfumerienasreen.com).

3. Handmade using organic Mediterranean-inspired ingredients, Paul and Pippa Biscuits come in unique flavors such as cocoa with salt flakes (\$9.99; marxpantry.com).

4. Fran's Chocolates' Ultimate Indulgence Truffles & Caramels Gift Set will put a smile on anyone's face (\$110; frans.com).

5. The Alaska Mint handmade sterling silver wildflower necklace, with satin finish, is reminiscent of a daisy, which blooms profusely in Alaska during the summer (\$174.99; alaskamint.com).

6. The African Blackwood and Koa Ring, by Kailua-Kona-based Hawaii Titanium Rings, is made with aerospace-grade titanium (\$402.50; hawaii-titaniumrings.com).

7. The Alaskan Jewelry Gold Quartz Bracelet, available at 5th Avenue Jewelers, features rectangular gold quartz links that encircle the wrist (\$3,685; akdiamondco.com).

8. Make a statement with Na Hoku's White Gold Ring with White Akoya Pearl and Channel Set Diamonds, detailed with 0.36 carats of diamonds (\$1,099; nahoku.com).

9. A Northwest specialty, Chukar Cherries Chocolate Cheers gourmet gift basket includes honey pecans and truffle cherries (\$39.95; chukar.com).

10. For a taste of Spain, the Puremiel Organic Raw Honey is made by bees native to the Cadiz region, and available at St. Louis-based Straub's (\$12.99; straubs.com).

11. The Winc monthly wine club includes a selection of more than 100 styles of wine, from Cabernets to lesser-known orange wines (starting at \$13 per bottle; winc.com).

More ideas:

10th and M Seafood's 5 lbs.—Jumbo Alaskan Golden King Crab Legs & Claws delivers a taste of Alaska (\$189.95; 10thandmseafoods.com).

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The Wish List



LIFESTYLE

1. For that special puppy or dog lover in your life, Blue Dog Bakery offers a selection of treats, made with all-natural, high-quality ingredients such as nonfat milk. The Doggie Paws biscuits come in the company's flagship molasses and peanut butter flavor (10-oz. box, \$3.39; bluedogbakery.com).

2. The chambray Maraska dress by Untuckit is a chic addition to any woman's

closet. Designed with sleek lines and functional pockets, the dress can be styled with a scarf and leggings on cool days, and worn comfortably all year (\$118; untuckit.com).

3. For the passionate cook, the Finex Cast Iron Skillet is an attractive take on the classic item and a versatile cooking tool your gift recipient will want to pass down for generations (\$125; finexusa.com). >>>



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Traveling with an electric toothbrush can be, quite literally, a buzzkill. Named one of *Time Magazine's Best Inventions of 2016*, quip changes that. Sleek and budget-friendly, quip (from \$25) runs 3 months on a single battery – so you can cleanse the memory of carting around a clunky charger. There is also a nifty travel case, which, thanks to a suction strip, doubles as a mirror

mount. The vibrating bristles feature a two-minute timer, and pulse every 30 seconds signaling when to switch between quadrants of the mouth. Sign up for a subscription service (from \$5), and every three months you'll get a fresh brush-head, toothpaste refills (including a travel-sized option), and a charged battery. Stay fresh, at home and on the go.

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The Wish List



4. With a built-in battery, slim design, and a toothbrush holder that doubles as a case, Quip's vibrating toothbrush is perfect for traveling. It also comes in an array of attractive color options (from \$25; getquip.com).

5. Gift Tree's Select Charcuterie and Gourmet Cheese Hamper, with smoked salmon, Spanish charcuterie and artisanal cheeses, is likely to leave the savory-loving crowd swooning—and comes in an attractive basket (\$199.95; gifttree.com).

6. Public Sunglasses touts using ethically and sustainably gathered wood for its stylish frames, which are paired with polarized lenses (\$119, publicsunglasses.com). >>>



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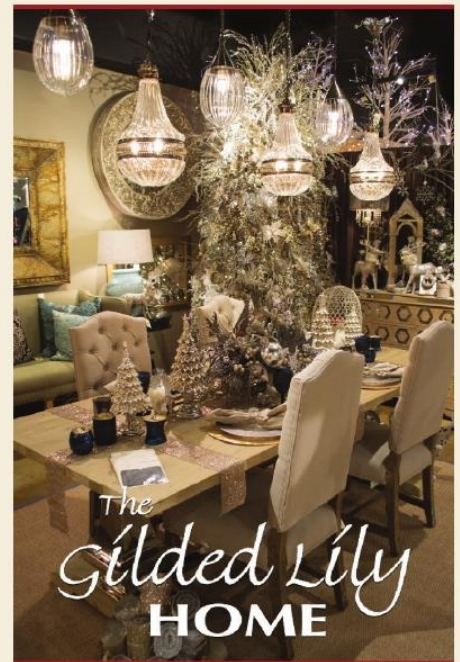
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The Wish List



7. Dip and drizzle chocolate with Good Cooking's Chocolate Melting Pot (\$24.99; mygoodcooking.com).

8. A classic, cozy gift, Pendleton Blankets are crafted from high-quality wool (\$89.50 and up; madeinoregon.com).

9. The TRibella aerator conveniently aerates wine in a single pour (\$40; tribellawine.com).

More ideas:

The Shippu Santoku Knife, available at Seattle Cutlery, is ideal for prepping a variety of foods (\$200; seacut.com).

Oomingmak Musk Ox Producers Co-operative creates hand-knit Qiviut scarves (\$295; qiviut.com). ✈



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landscapes, has long
been a popular area for
filmmakers as well as
celebrity visitors.*



FILMED IN PALM SPRINGS

Exploring interesting
movie and TV sites
BY BARBARA BECKLEY

Ann Greer points to the place

where two Vietnam-era fighter jets were lined up on the tarmac a few months earlier. “This is the spot!” says the public relations liaison for the Palm Springs Air Museum. “William Shatner, Christopher Lloyd and Katrina Bowden were chatting next to a fancy convertible positioned between the jets.”

I imagine how fun it must have been to watch the filming of this scene in May for the new movie *Senior Moment*, a romantic comedy starring Shatner as a retired NASA test pilot who speeds around in a vintage convertible with his best friend, played by Lloyd, until the car is impounded and Shatner’s character plots to get it back. And what fun it will be to watch for the air-museum tarmac scene when the movie is released, expected to be this spring.

Senior Moment takes place in Palm Springs “because the producer [Gina Goff] has a home here,” Greer explains. “She loved this spot at the air museum with the iconic Palm Springs International Airport air traffic control tower [visible from the museum’s tarmac] and the San Jacinto Mountains in the background. Viewers will instantly know this is Palm Springs.”

The museum is one of the many movie and TV locations in the Greater Palm Springs/Coachella Valley area. Footage has been shot at sites ranging from the Riviera Palm Springs featured in *Palm Springs Weekend* (1963) and the exotic concrete-domed Elrod



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House seen in *Diamonds Are Forever* (1971) to a foliage-shielded home used in *Oceans Eleven* (2001); the Painted Canyon, filmed for last year's *Ben-Hur*; and La Quinta Resort, used for this year's *The Bachelorette*.

"Producers and celebrities have flocked here since the early 1930s, attracted by the constant sunshine and the diversity of landscapes, from desert to snowy peaks and vintage architecture," says Michelle Rodriguez, film liaison for the Greater Palm Springs Convention and Visitors Bureau.

For an entertainment buff like me, the Palm Springs Air Museum is the opening act of a star-struck two days in which I explore filming locations that also have great recreational appeal.

After viewing the *Senior Moment* tarmac site, I tour other fascinating exhibits at the air museum, which showcases 59 military aircraft, from World War II through Vietnam, with related exhibits and activities. Visitors can even walk through a sturdy four-engine B-17 Flying Fortress, from WWII. This was the type of aircraft that my uncle flew during the war, and I'm thrilled to be inside it, imagining his bravery and military service, and that of countless others.

Windmills Play a Role

"Lady Gaga was on a motorcycle—in there," notes Randy Buckmaster, manager/tour guide of Palm Springs Windmill Tours.

Above right: Visitors can tour a B-17 Flying Fortress at the Palm Springs Air Museum. Below: The San Geronio Pass Wind Resource Area has appeared in numerous films.



LEONID SEREBRENNIKOV / ALAMY STOCK PHOTO

ADDITIONAL ATTRACTIONS

Here are a few more of Greater Palm Springs' excellent attractions.

Cabot's Pueblo Museum, Desert Hot Springs (cabotsmuseum.org): Marvel at this 5,000-square-foot, 35-room pueblo constructed by hand from adobe bricks and reclaimed materials. Tours and special artisan events.

Palm Springs Aerial Tramway, Palm Springs (pstramway.com): Get sky-high views of the Coachella Valley as you ascend to 8,516 feet to reach the Mountain Station in one of the world's largest rotating tram cars. Visit the new Tramway History Museum to learn how the tram was constructed.

Palm Springs Art Museum, Palm Springs (psmuseum.org): Sophisticated collection of art includes works by artists such as Marc Chagall, Pablo Picasso, Andy Warhol, Roy Lichtenstein, Alexander Calder and Ansel Adams. New exhibits include "Kinesthesia: Latin American Kinetic Art, 1954–1969," through Jan. 15.

Palm Springs International Film Festival, Palm Springs and Cathedral City (psfilmfest.org): More than 150 films, from 60-plus countries. New and already celebrated works, Jan. 2–15.

Sunnylands Center & Gardens, Rancho Mirage (sunnylands.org):

Enjoy a variety of free public programs, guided garden walks and changing exhibitions.

The Living Desert Zoo & Gardens, Palm Desert (livingdesert.org): In addition to seeing animals ranging from giraffes to Amur leopards and Arabian oryx, walk inside an aviary and feed the



THE LIVING DESERT

birds at the new "Lorikeets: Winged Wonders" exhibit.

Thousand Palms Oasis Preserve in the

20,000-plus-acre Coachella Valley Preserve System (coachellavalleypreserve.org): Step back in time inside the rustic three-room Palm House, built out of palm logs in the 1930s beside a beautiful natural oasis. Free guided nature hikes on select days. —B.B.

Giraffes are among the many animals visitors can see at The Living Desert Zoo & Gardens.



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I peer inside the small Jalisco Tires shop that our tour group of 16 has stopped to see on the way to the San Geronio Pass Wind Resource Area northwest of Palm Springs. Buckmaster tells us how in April, on a tour just like ours, visitors saw Lady Gaga film a scene for her Warner Bros. remake of *A Star Is Born*. It's expected out sometime in 2018.

Scenes from a number of movies have been filmed at and near the San Geronio site, one of the nation's first wind-energy complexes. It opened in the early 1980s and comprises approximately 40 different wind farms, with a total of 2,100-plus towering turbines. The most memorable scene for me was Tom Cruise's harrowing helicopter performance in the 2006 *Mission Impossible III*. Our group continues to the visitor center veranda to see the cluster of windmills where the filming took place as blades whirled in the wind.

Our guide next drives us past hundreds of wind turbines, and we stop and get out at several spots, as he explains the technology of turning wind into electricity. Constant innovations



are making the machines taller, the blades longer, and the rotation slower for greater efficiency, Buckmaster tells us. This means there are fewer of the short windmills we saw Tom Cruise drive past in 1988's *Rain Man*, and that more of the modern versions were used in this year's *The Space Between Us*, about a human born on Mars.

Oasis on Screen

In 2015, Bravo's *Top Chef* contestants cooked on solar-powered stoves in the desert. Now I'm at that exact spot—Coyote Flats—a canyon at the base of the Little San Bernardino Mountains northeast of Palm Springs. The Season 13 episode was arranged by Desert Adventures Red Jeep Tours and featured the San Andreas Fault

Left: Desert Adventures Red Jeep Tours took *Top Chef* contestants to a location featured in a *San Andreas* Fault Tour. Above: The Cabazon Dinosaurs roadside attraction was part of the film Pee-wee's Big Adventure.

SWINGING INTO ACTION

Here are a few of the 100-plus golf courses in the Greater Palm Springs area:

Classic Club in Palm Desert (classicclubgolf.com): Designed by Arnold Palmer, this 18-hole, 7,322-yard championship course is famous for rolling terrain and wide landing areas, and also has 30 acres of water features and 14 bridges.

Indian Wells Golf Resort (indianwellsgolfresort.com): Players enjoy distinctly different play on two courses comprising 36 championship holes. Both courses offer

gorgeous mountain views and stunning water features.

SilverRock Resort in La Quinta (silverrock.org): Sporting a redesigned back nine—including four holes with new greens and fairway modifications, and a new par-3 11th hole—this 18-hole, 7,239-yard championship course is more challenging than ever. Players are thrilled by the massive bunkers, the various water features and the backdrop of the Santa Rosa Mountains.

The Stadium Course at PGA West in La Quinta (laquintaresort.com): Play

the host course for the PGA Tour's CareerBuilder Challenge, a Pro-Am tournament that will be Jan. 17–21 next year. The course is famed for being one of the most challenging courses in the country. It plays 7,300 yards from the back tees, and has the highest stroke (76.1) and slope (150) rating of the six PGA West courses. Adrenaline rushes are the norm at its two finishing



Indian Wells Golf Resort.

holes: the island-green 17th, nicknamed "Alcatraz," and the menacing water-lined 18th.

—B.B.



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I recognize the landscape even before our guide, Mitchell Cazier, shows us where the cooking stations were arranged, and walks us about 200 feet to the second filming site, Starlight Canyon, where the Quick-fire Challenge took place.

Cazier led the *Top Chef* tour. The contestants, he says, were surprised by the richness of the desert. Just like on the show, our tour starts at the edge of an unexpectedly lush natural oasis, with streams of fresh water bubbling from ground shaded by vivid green California fan palms.

The palms are clustered here because their shallow roots need the water being pushed to the surface by the movement of the North American and Pacific tectonic plates, according to our guide. The palm oasis is an indication that we're in



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NEW DOWNTOWN

The chic West Elm furniture store anchors the exciting **Palm Springs Downtown Redevelopment Project** (visitpalmssprings.com), by Grit Development, which will feature 600,000 square feet of retail, restaurant and hotel space, including Kimpton The Rowan Palm Springs; 30,000 square feet of office space; and 120 residential units in the heart of downtown Palm Springs. Blaze Pizza, which opened in March, is one of the development's planned dining spots, which are scheduled to also include the Il Corso high-end Italian restaurant (expected in December) and Stout Burgers & Beers (expected in early 2018). On the retail side in upcoming months, look for notable major-brand apparel shops, as well as shops such as Kiehl's body products and Starbucks Reserve Bar. —B.B.

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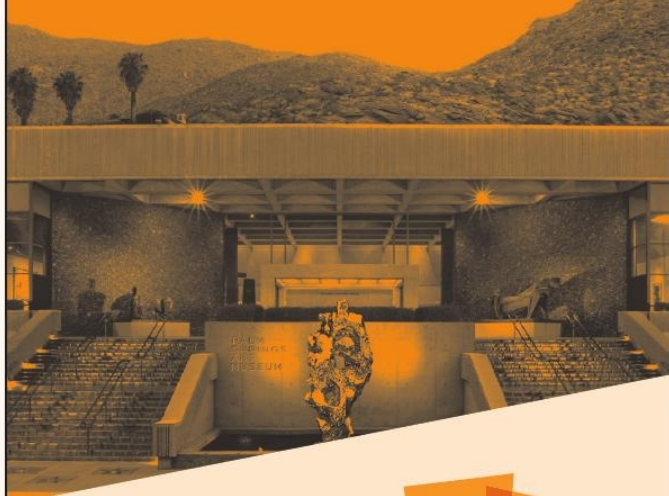
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Coachella Valley

the San Andreas Fault Zone—1.5 miles wide in the section we're visiting, he says.

After touring a re-created village evoking what life was like for the Cahuilla people who lived in this area, we walk along the floor of a narrow slot canyon caused by the shifting continental plates. Its vertical cliffs rise about 50 feet.

Jurassic Classic

The next day, I can't wait to relive the wacky dinosaur scene from the 1985 movie *Pee-wee's Big Adventure*. The scene was filmed at the Cabazon Dinosaurs roadside attraction, west of Palm Springs in Cabazon. I snap a shot of the 150-foot-long apatosaurus statue that Pee-wee Herman and the waitress ran around in the film.

Next, I enter Mr. Rex's Dinosaur Adventure, an indoor-outdoor complex, where I'm surrounded by dozens of authentic-looking dino replicas, some life size. Dinos from triceratops to the landmark *Tyrannosaurus rex* lurk in the garden. I climb the winding staircase inside the towering *T. rex* to the interior of his cavernous head, where I view the desert past his daggerlike teeth.

It's been fun to experience a movie site in such an unexpected place, and it reminds me that Greater Palm Springs always has something new and exciting to discover. ✈

Barbara Beckley writes from Alhambra, California, and her second home in Palm Springs. For more recreation information, see visitgreaterpalmsprings.com.

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QUINTESSENTIAL CULINARY SAN FRANCISCO

Places to savor the flavor of the city

BY CHRISTINE DELSOL

Approaching the Ferry Building at the foot of Market Street, I see the sunrise glow of oranges, the deep purple of eggplants, the shy blush of peaches, and the rich reds of tomatoes, peppers and pomegranates—all displayed on tables arrayed like a flouncy skirt around the gray sandstone landmark building. It's farmers market day outside the Ferry Building Marketplace (ferrybuildingmarketplace.com).

The Ferry Plaza Farmers Market (cuesa.org) sets up outside the Ferry Building on Tuesdays, Thursdays and Saturdays year-round, drawing people from all over Northern California. About 100 vendors truck in their produce, flowers, breads, pastries and prepared foods (knishes, Lebanese street food, tamales and more) for shoppers to enjoy on the spot or to take home. Produce in season in November and December ranges from avocados, cherimoyas and pears to asparagus, beets and cardoons, according to helpful Seasonality Charts on the market's website.

In addition, local chefs give free cooking demonstrations under the white tents in front of the Ferry Building. Upcoming events include a demonstration by Derek Castro, co-owner of SōW Juice, which offers made-to-order fresh juice from organic ingredients (November 25); a baking tribute to pioneer baker Flo Braker (December 2); and a demonstration by chef Joshua Seibert of Nick's Cove Restaurant and Oyster Bar, which focuses on fresh local seafood, dairy and produce (December 9).

Inside the Ferry Building Marketplace, with its restored three-story brick arches and steel-framed skylight, about 50 businesses—artisanal-food shops, wine shops, grocery stores, housewares shops, bookstores, restaurants and cafes—are open daily. I always head for Acme Bread Company (which works closely with farmers on grain varieties for its organic flour), but I never fail to also be enticed by wheels of cheese, sinful sweets, and novelties such as edible insects.

The Ferry Building, which served San Francisco Bay's "freeway of ferries" from 1898 to the mid-1950s, has become a major attraction since its revival as a marketplace in 2003. Located 2 miles southeast of Pier 45, along the waterfront Embarcadero Promenade, the building is also a ferry terminal again, now serving boats going to destinations ranging from Oakland to Marin County and Vallejo.



HOBERMAN COLLECTION / ALAMY STOCK PHOTO



The Ferry Plaza Farmers Market, left, offers a variety of fresh produce and artisanal foods. San Francisco's Ferry Building, below, is home to the farmers market, as well as to world-class shops and restaurants.



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The Ferry Building is one of many places where locals and visitors can explore San Francisco's rich traditions and the varied ways that history has influenced Bay Area cuisine. These sites include Fisherman's Wharf, North Beach, the Financial District, Chinatown, Nob Hill, Civic Center and the Mission District.

San Francisco's Fisherman's Wharf is famous for its excellent seafood, including Dungeness crab.

Fisherman's Wharf

Living near Fisherman's Wharf (visitfishermanswharf.com) in the 1980s, I spent extra time here during the local Dungeness crab season—generally November through June—attracted by vendors selling crab cocktails in paper cups, from their steam carts. Sometimes I would pick out a whole crab and watch it being cracked and wrapped in paper for my walk home. Tender and slightly sweet, it was some of the freshest, most delicious crab I've ever had. Besides Dungeness crab, you can buy seafood such as rock crab, shrimp, calamari and lobster, and clam chowder is sold in sourdough bowls.

For a white-tablecloth dinner with a view of the fishing fleet, spring for **Alioto's Restaurant** (alios.com), which began life in 1925 as Sicilian immigrant Nunzio Alioto's first fish stall. **Scoma's Restaurant** (scomas.com) offers the same type of quality and ambiance. It opened in 1965, when brothers Al and Joe Scoma bought a little coffee shop on the wharf.

More Fisherman's Wharf-area options: **Boudin Bakery** (boudinbakery.com) has been credited with helping to give rise to public demand for San Francisco's uniquely tangy sourdough bread. The bakery still uses the same starter dough that Isidore Boudin (scion of a French baking family) cultivated in 1849 from a starter used by gold miners.

Just a few blocks west of Fisherman's Wharf, **Ghirardelli Square** (ghirardelli.com) was the site of Ghirardelli Chocolates' original factory, which was built in 1893. The company began as



RON NIEBRUGGE / ALAMY STOCK PHOTO

a confectionary shop in 1852 and likely produced the city's first premium chocolate. This site became a shopping center in 1962. Today, you can visit boutiques and restaurants, or indulge your sweet tooth and view some vintage factory equipment at The Original Ghirardelli Ice Cream and Chocolate Shop.

More Neighborhood Dining

NOB HILL

- The **Tonga Room & Hurricane Bar** at the Fairmont San Francisco Hotel (tongaroom.com) is a beloved landmark. Enjoy happy hour and sit near the "lagoon" swimming pool, where you can hear a live band play on a floating barge after 8 P.M.
- Don't let the modest **Swan Oyster Depot** (swanoysterdepot.us) fool you. This counter with 18 stools has been one of the city's finest seafood restaurants since 1912.

CIVIC CENTER

- An icon of California cuisine, **Zuni Cafe** (zunicafe.com) helped launch the California-cuisine movement, with its focus on fresh and simple meals cooked to perfection. Try the roast chicken.
- The **San Francisco Cooking School** (sfcooking.com) on Van Ness Avenue, near City Hall, offers classes for aspiring chefs and home cooks.

MISSION DISTRICT

- **La Taqueria** (facebook.com/lataqsf) is widely considered the home of San Francisco's finest burrito, offering extra meat and then crisping the shell on a griddle. The James Beard Foundation named it a 2017 American Classics award winner. The foundation's blog deemed La Taqueria's burritos "deeply satisfying and unlike anything else in San Francisco."
- **Taqueria El Farolito** (facebook.com/taqueria-el-farolito-169779226391606), a close neighbor to La Taqueria, offers a more traditional overstuffed and tightly wrapped Mission-style burrito. —C.D.



A live band on a floating barge entertains patrons at the Tonga Room & Hurricane Bar.

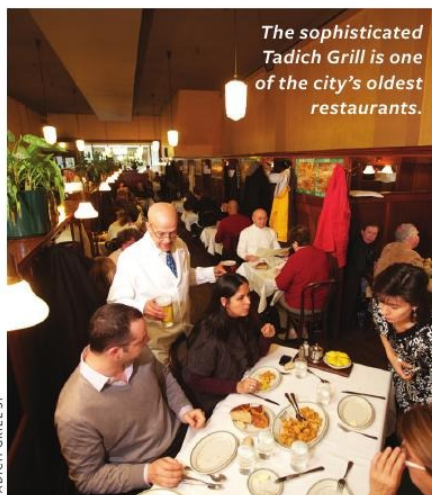
FAIRMONT SAN FRANCISCO

North Beach

With its kitschy figurines, cash registers and phone number painted on the window as “Garfield 13786,” the **Liguria Bakery** appears frozen in time. One of North Beach’s oldest businesses, it harks back to the neighborhood’s roots as an enclave of Italian immigrants at the turn of the 20th century.

Established in 1911, cash-only Liguria eschews checks, credit cards and websites. But, oh, the focaccia—the bakery’s only product—is fluffy, moist and savory. It is available with toppings such as pizza (tomato sauce and green onions), rosemary and eight others. It is made from a recipe brought from Genoa, and it’s baked in a brick oven as old as the business itself.

The bakery is now run by the third generation of the founding Soracco family. Though theoretically open until 2 p.m., Tuesday through Saturday, it will close early if the focaccia runs out. So it’s best to get there before noon, and be prepared to wait in line.



TADICH GRILL SF

Another North Beach option: **Molinari Delicatessen** (molinarisalame.com), founded in 1896, makes a seemingly infinite variety of sandwiches, and still maintains its own Italian salami and sausage factory, in a more industrial part of the city.

Financial District

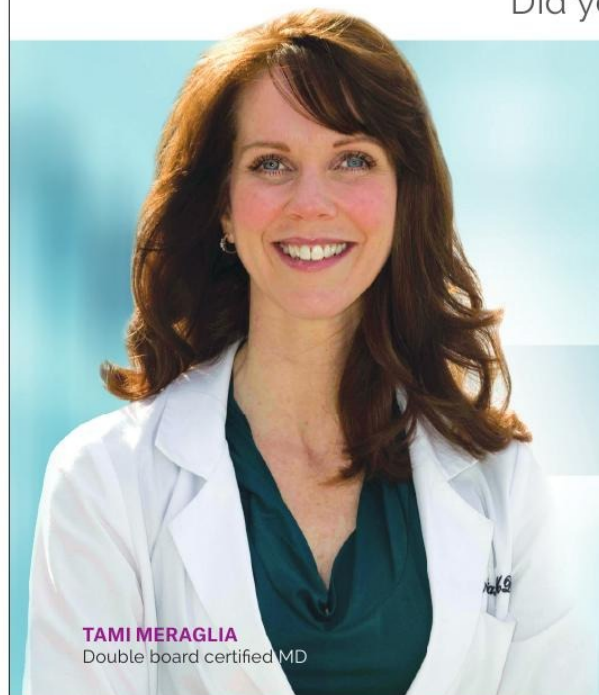
My favorite photo of my mother shows her on a San Francisco sidewalk during a night out on the town in the late 1940s, all Lauren Bacall—sophisticated in padded shoulders, peep-toed pumps, and soft, wavy hair. I picture her heading to a place

such as **Tadich Grill** (tadichgrill.com), whose white-jacketed waiters serve guests ensconced in wood-paneled booths or flanking a long counter.

Believed to be San Francisco’s (some say California’s) oldest restaurant, this guardian of tradition originated with a waterfront coffee tent manned by three Croatian immigrants in 1849,

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at the height of Gold Rush fever. The business evolved into a restaurant over the decades and eventually settled on California Street in 1967, where today it is dwarfed by office towers. Notable Tadich Grill devotees have ranged from Ethiopian Emperor Haile Selassie to Cary Grant, Joe Montana to Francis Ford Coppola.

Tadich quickly became known for its Hangtown Fry—a cross between an omelet and a frittata, filled with oysters and bacon—

San Francisco's Chinatown is known for its restaurants and many shops that are full of fascinating items.

which Tadich brought from the gold fields to the masses.

Though Hangtown Fry is still one of the house's popular specialties, it has since been eclipsed by dishes such as cioppino, oysters Rockefeller and Dungeness crab. The waiters, known as much for their long tenures as for their brisk service, continue to be a marvel here, exuding superiority and deference all at once.

Near the Financial District: About three blocks west of Tadich Grill is the **Boulevard** restaurant (boulevardrestaurant.com). Chef Nancy Oakes helped transform the notion of American cuisine by applying French flair to regional food. The restaurant, housed in one of the city's oldest buildings, is also known for its romantic setting and glorious views of the Bay Bridge.

Chinatown

The sleek facade and simple sign at **Red Blossom Tea Company** (redblossomtea.com) promised respite from the crowded sidewalks and narrow streets in one of the world's largest Chinatowns outside of Asia. First settled by Chinese immigrants in



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RED BLOSSOM TEA COMPANY

1848, Chinatown's 24 square blocks are one of San Francisco's most popular visitor attractions. Inside Red Blossom's serene interior of blond wood and low serving tables, employee Felice provided a relaxed, informative presentation for our three-tea flight—green, oolong and white—served as a sort of meditation.

This former apothecary and tea shop, founded by Chiem Luong in the 1970s, has been remodeled by his children, Alice

The Red Blossom Tea Company serves fine teas from small farms in China and Taiwan, using traditional Chinese methods.

and Peter Luong, who renamed the shop to reflect the current focus on tea.

Though I'm a lifelong tea drinker, our tasting offered some surprises. Contrary to English tradition, the Chinese don't use boiling water. In fact, white and green teas are best steeped warm, and quality whole-

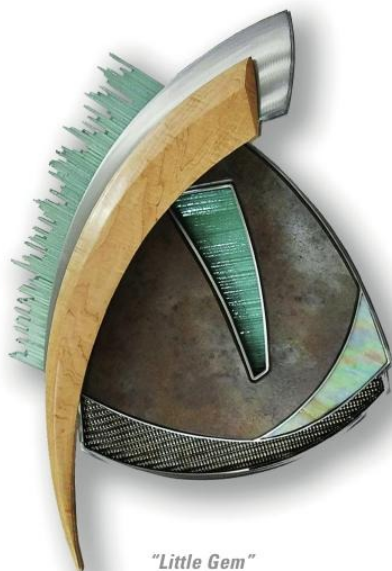
leaf teas grow stronger and more complex with repeated brews. Like wine, fine tea is flavored by its terroir. Plus, slurping is encouraged—it helps release the complex flavors.

Also in Chinatown: The Golden Gate Fortune Cookie Factory (56 Ross Alley; no website) lets visitors watch as workers pull little disks of dough from a conveyor belt and fold them around the fortunes. The fresh, crisp, melt-on-your-tongue morsels are far better than the typical Chinese-takeout variety. ✈

Christine Delsol enjoys all kinds of marvelous food in the Bay Area.

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A man wearing a red jacket and a green beanie is looking out at the ocean at sunset. The sun is low on the horizon, creating a warm, golden glow. The man is standing on a ship, with the ship's structure visible on the left. The background shows the ocean and distant mountains.

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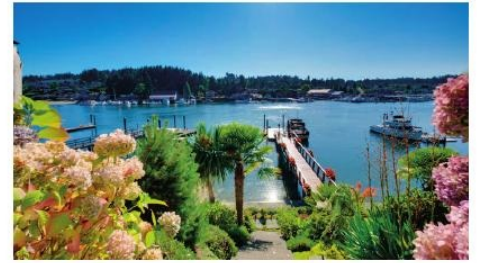
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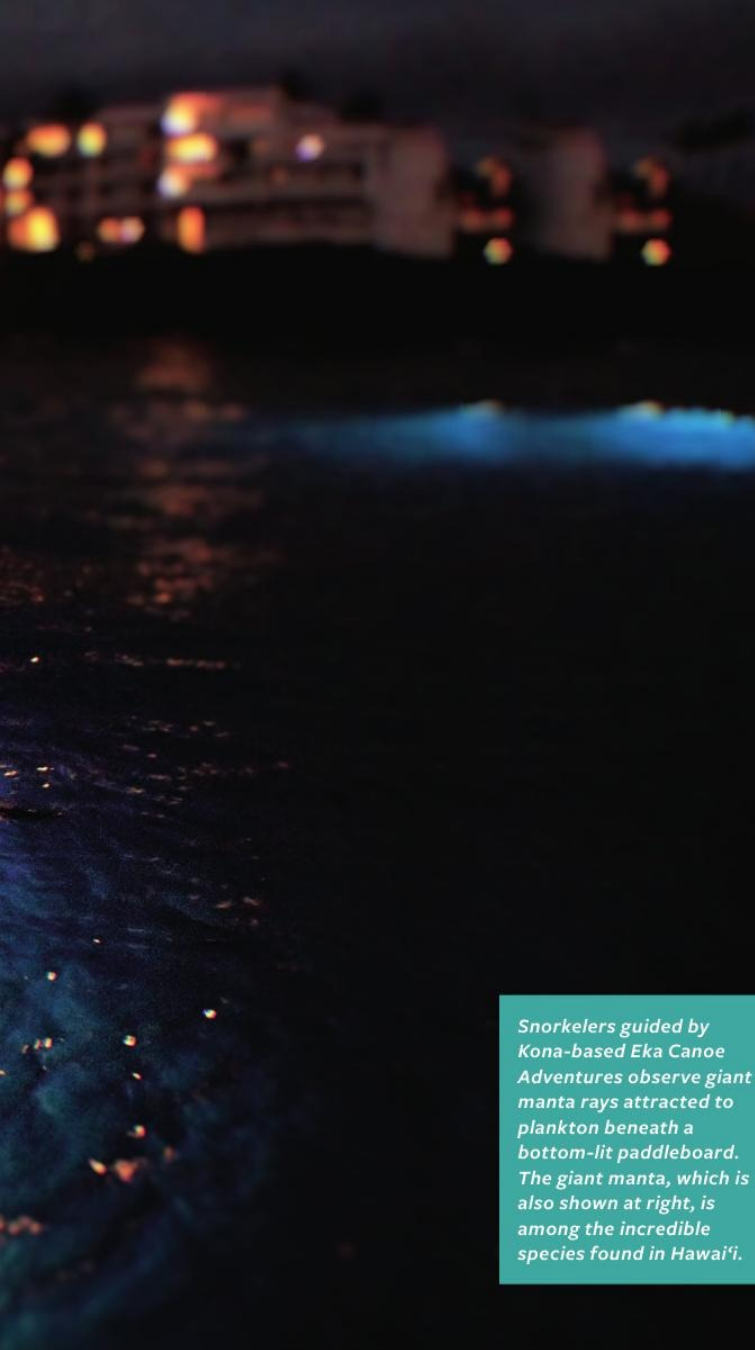
HAWAII AQUATIC ADVENTURES

AMAZING ENCOUNTERS WITH THE ISLANDS' DENIZENS OF THE DEEP

By Ben Davidson

It was well past sunset on the Kona Coast of Hawai'i Island, and I was about to head out for a wildlife encounter of a lifetime: a nighttime snorkeling session with giant manta rays. I was excited, but a bit nervous. Swimming in the open ocean, in the dark, with massive sea creatures? What in the world was I doing?

Close relatives of other rays and sharks, mantas are gape-mouthed fish that can grow to be more than 20 feet from wingtip to wingtip, weigh more than 2,000 pounds and live for more than 50 years. Unlike stingrays, mantas are considered harmless. They fly through the sea like stealth fighters—quietly, speedily and seemingly effortlessly—feeding on plankton as they roam tropical waters. Even when you view mantas from shore (which you can also do from the Kona Coast), it's a wonder to watch them revel in their ocean



Snorkelers guided by Kona-based Eka Canoe Adventures observe giant manta rays attracted to plankton beneath a bottom-lit paddleboard. The giant manta, which is also shown at right, is among the incredible species found in Hawai'i.

world. I suspected that swimming with them—even at a respectful, nonintrusive distance—would be taking the experience to a whole other level ... which it most certainly did.

Snorkeling among manta rays near Hawai'i Island is unquestionably a rare opportunity. Yet it's far from the only exceptional sea excursion available to guests and residents in the Hawaiian Islands. From a snorkeling trip exploring a "turtle town" off of Maui, to cruising Kaua'i's north shore, to seeking out sea life around O'ahu, the Islands have many additional experiences for marine adventurers. This wealth of options, combined with qualified and knowledgeable outfitters—who help keep experiences informative, safety-conscious and respectful of wildlife—puts the Aloha State squarely among the world's premier places for amazing aquatic encounters.



HAWAII ISLAND WITH THE RAYS

From the marina at Keauhou Bay, our group of six snorkelers, and two local guides from **Eka Canoe Adventures** (ekacanoeadventures.com), climbed aboard the 40-foot *Wa'a Kini Kini*, a traditional double-hulled outrigger canoe. We paddled out into the harbor's ink-dark waters for a nighttime excursion into the unknown with some of the most beautiful and serene creatures in the Pacific Ocean. There was just enough ambient light on the bay for us to navigate. Honestly, it felt just a little bit spooky out there, but there were no screeching violins or sudden movements in the water (a la *Jaws*)—just the quiet lapping of the waves against our boat.

As we slipped away from shore, we passed some larger night-snorkeling groups in powerboats and paddled a short distance to our observation position in the middle of the bay.

After donning a light wetsuit top, snorkel and mask, I jumped in and followed the guides' instructions to lie prone and hang on to a large surfboard equipped with bottom lights. There was one crucial rule: "Don't touch the mantas." Like many other marine creatures, these enormous-yet-sensitive organisms are curiously comfortable around humans, but their skin is very sensitive and can be damaged if touched. Our outfitter made it clear not to touch or harass the mantas.

It didn't take long before Keauhou's resident rays emerged from the darkness below us, zooming directly at us, attracted to the meal of plankton drawn to our surfboard's lights. With amazing grace and agility, the rays somersaulted like acrobats beneath us, passing mere inches from our snorkeling masks before plunging back toward the bottom of the bay. This action was repeated over and over during our hourlong session in the water.

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HAWAII AQUATIC ADVENTURES

MORE AQUATIC ADVENTURES: HAWAII ISLAND

• **Coral Reef Snorkel Adventures** (coralreefsnorkeladventures.com), on the Kailua-Kona Coast, offers small-group dolphin swims that often include manta sightings and, in winter, whales.



Snorkelers explore Kealahou Bay with Ali'i Ocean Tours.

• **Ali'i Ocean Tours** (aliioceantours.com) carries small groups aboard the 38-foot cruiser *Hoku 'Elima* for snorkel tours in Kealahou Bay and dolphin tours on the Kailua-Kona Coast.



Majestic honu, or green sea turtles, are often found off the coast of Maui. Although you should always keep a respectful distance from sea turtles, there is a chance that they will approach you.

It was thrilling, surprising and a bit otherworldly—and I loved every minute of this wild-life encounter on the Kona Coast.

MAUI'S TURTLE TOWN

Ever since that Hawai'i Island manta ray encounter, I've had the undersea-nature bug and a persistent desire for more aquatic eco-adventures in the Islands.

On a recent visit to Maui, I joined **Maui Kayak Adventures** (mauikayakadventures.com) for a three-hour kayaking and snorkeling trip to Mākena Bay's "Turtle Town," where gentle *honu*—green sea turtles—thrive in a set

of vibrant reefs, complete with "cleaning stations" where the turtles congregate to allow fish to clean the algae off their shells and flippers.

Setting off in light morning winds from a pretty, tree-shaded beach at Makena Landing Park—south of the town of Kihei and the Wailea resort area—we paddled our sit-on-top kayaks for about 30 minutes before stopping to jump off and snorkel above a cave-riddled reef filled with a rainbow of tropical fish. We found butterflyfish, parrotfish, wrasses, convict tangs, damselfish, trumpetfish and—my favorites—delicate and colorful Moorish idols and angelfish. Here and there, moray eels poked their heads out of rock crevices, and beautiful cauliflower coral caught the diffuse rays of light filtering in from above.

The highlight of our paddle trip was a snorkel stop above a cleaning area where tangs, wrasses and other fish hung out and waited for turtles to pull up and have their shells cleaned. My guide called it the "car wash of the underwater reef world," and indeed we saw a dozen or so turtles getting their shells "detailed" here.

Having arrived by kayak, we enjoyed watching this unusual activity in peaceful solitude, making it an even more memorable experience on the water.



A green sea turtle being cleaned by brilliantly colored tropical fish is an impressive sight.



Kailua-Kona

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Kealakekua Bay

The Island of
HAWAII

HAWAII AQUATIC ADVENTURES

.....

MORE AQUATIC ADVENTURES: MAUI

• **Hawaiian Paddle Sports** (hawaiianpaddlesports.com) offers unique ways to whale-watch for the whole family, including by kayak, stand-up paddleboard (SUP) and outrigger canoe tours.

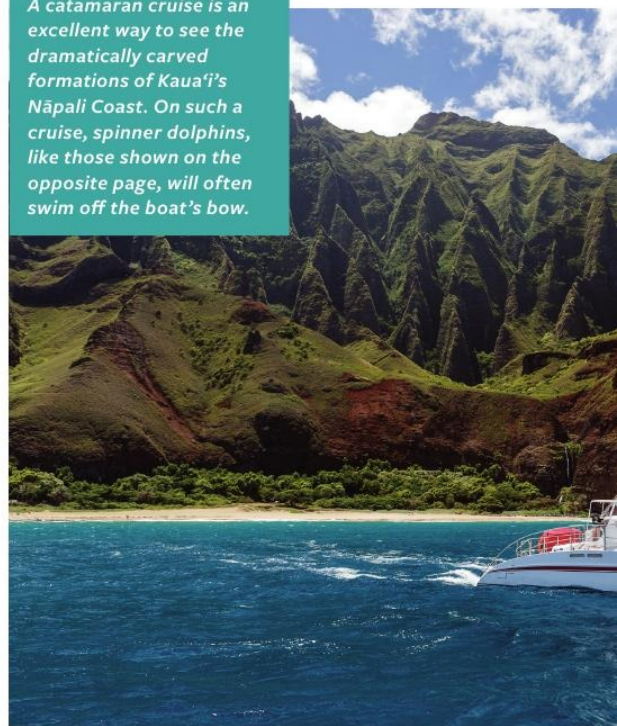
Humpback whales can be seen near Maui from roughly November through May.



• Photographers will love the sunrise whale-watching excursions operated by the nonprofit **Pacific Whale Foundation** (pacwhale.com). You can capture the first whale sighting of the day as the sun rises over the dormant Haleakalā volcano. Morning is also the calmest time of day on the ocean. The tour includes underwater hydrophones to hear whale songs. It departs at 6:30 A.M. from the historic Lahaina Harbor.

.....

A catamaran cruise is an excellent way to see the dramatically carved formations of Kaua'i's Nāpali Coast. On such a cruise, spinner dolphins, like those shown on the opposite page, will often swim off the boat's bow.



A KAUAI NATURE SHOW

Glorious, verdant Kaua'i is the oldest and smallest of Hawai'i's major islands, and it's a paradise for aquatic adventurers.

Some of the island's best spots to snorkel and see reef-fish communities among coral formations include Lawai Beach, on the splendid south shore (a small strip of beach frequented by turtles, near the Beach House restaurant), and scenic Kē'e and Tunnels beaches, on the north shore, with their reef-sheltered areas that are excellent for snorkeling when conditions allow it.

At the popular south-shore destination Po'ipū Beach, snorkelers and swimmers commonly see green sea turtles floating lazily by. Endangered Hawaiian monk seals haul up on the beach's sandy shore for daytime snoozes. Volunteer monitors here and in other parts of Kaua'i keep a careful eye on these rare and protected marine mammals.

The beautiful stretch of Kaua'i's northwestern wilderness coastline known as the Nāpali Coast offers ample opportunity to see dolphins, whales and reef fish for visitors on sailing, snorkeling and all-day kayaking adventures.



Eager to experience the Nāpali Coast by sea, I hopped aboard **Capt. Andy's** (napali.com) classic 55-foot sailing catamaran, which headed west and then north from tiny Port Allen (itself about a 25-minute drive from Po'ipū). We spent more than five hours cruising the open ocean, admiring the up-to-4,000-foot cliffs of the Nāpali Coast and panoramic views that spread from Kē'e Beach southwest to Polihale State Park.

While this scenery was hard to beat, the highlights of the cruise for me were spinner dolphins playfully chasing the bow wake, migratory North Pacific humpback whales breaching in the distance and a remarkable open-ocean snorkeling session along the way.

One tip: Don't forget the motion-sickness medication or ginger chews for this open-ocean adventure—they may make all the difference in your enjoyment of this unique destination.



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HAWAII AQUATIC ADVENTURES

MORE AQUATIC ADVENTURES: KAUAI

• Sea turtles, dolphins and—seasonally—whales are often spotted on the Nāpali Coast cruises operated by **Kauai Sea Tours** (kauaiseatours.com). This company has a variety of catamaran trips to choose from, including sunset dinner adventures, cruise-and-snorkel voyages and more. It also offers rafting expeditions along Kauai's famously craggy coast, with options for beach landings, cultural tours and snorkeling in areas rich with fish.



Kayak Kauai's "Blue Lagoon" trip features river and bay paddling.

• **Kayak Kauai** (kayakkauai.com) has a "Blue Lagoon" excursion that starts with a paddle up and then back down the calm, lushly vegetated Hanalei River. This is followed by additional paddling along the beautiful shores of nearby Hanalei Bay, as well as an excellent midday snorkeling session.

SETTING SIGHTS ON O'AHU

What to do next? High on my bucket list: a shark encounter off O'ahu. This is a thrill-filled—but carefully orchestrated—way to observe sharks, those fascinating, often-misunderstood and threatened creatures.

I plan to check out the eco-tours of **Hawaii Shark Encounters** (hawaiiisharkencounters.com) aboard the "shark vessel" *Kainani*, which departs from the Hale'iwa Harbor on O'ahu's North Shore. This outfit aims to educate guests about the current state of the ocean's ecosystem and the plight of sharks in Hawai'i and worldwide. The company allows you to swim with the sharks ... within the safety of a shark cage. Motoring to about 3 miles from shore, you shark-watch from a metal cage equipped with Plexiglas windows. Galapagos and sandbar sharks are commonly seen and seem very curious and completely unafraid—they come very close to the shark cage.

LEFT, TOR JOHNSON, COURTESY KAYAK KAUAI; OPPOSITE PAGE, HAWAII SHARK ENCOUNTERS

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O'ahu-based Hawaii Shark Encounters allows guests to see sharks up close, from within a metal cage with a Plexiglas-lined window.

Also on my list: snorkeling in Hanauma Bay Nature Preserve, which is famously rich with sea life. Native Hawaiians have enjoyed this bay for thousands of years. The area gets its name from the Hawaiian words *hana*, which can mean “bay” when used in a place name, and *uma*, which means “curved.” The bay’s parking lot often fills up early in the day, but you can book a 4.5-hour shuttle-and-snorkel trip with **Hanauma Bay Tours** (hanaumabaytours.com) that includes roundtrip Waikīkī transportation, gear rental and instruction.

What else? There are many options. After O’ahu, another trip I’d make is a return to Maui for a snorkeling adventure at Molokini, an ancient submerged volcanic crater several miles offshore. The crystal-clear waters of this marine sanctuary offer a dazzling 120 to 180 feet of visibility and are filled with dozens of species of fish, making it a top choice for snorkeling and diving excursions.

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HAWAII AQUATIC ADVENTURES

MORE AQUATIC ADVENTURES: O'AHU

• Based at Wai'anae Harbor on O'ahu's west side, **Wild Side Specialty Tours** (sailhawaii.com) offers small-group swims with dolphins and sea turtles, plus whale-watching.



WILD SIDE SPECIALTY TOURS

Swimming with dolphins with
Wild Side Specialty Tours.

• **Atlantis Adventures** (atlantisadventures.com) offers submarine tours departing from Waikiki (and from Kona on Hawai'i Island and Lahaina on Maui). The company's Majestic by Atlantis Cruises include sunset voyages, seasonal whale-watching and more, launched from Waikiki.

I can't wait to get on the plane for more aquatic adventures in my favorite paradise on Earth: the exquisite Islands of Hawai'i.

Ben Davidson is a California-based writer and photographer who travels frequently to Hawai'i. ✈

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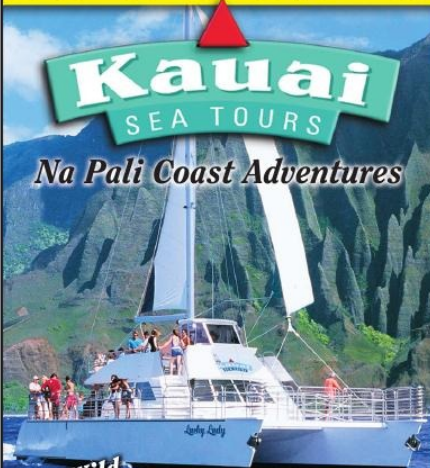
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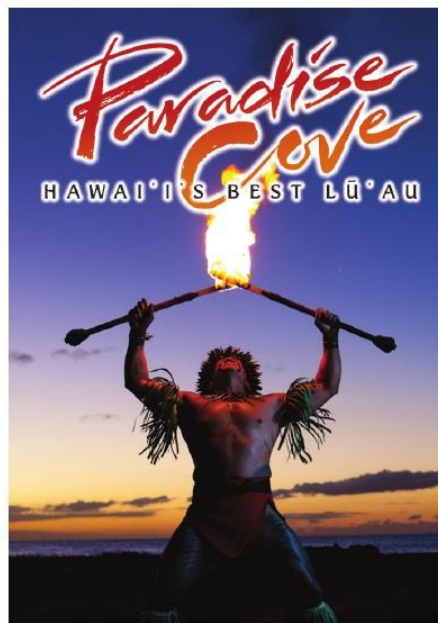
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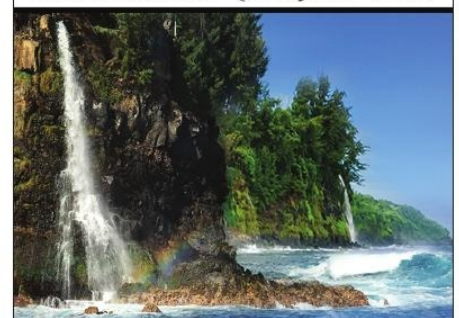
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FINDING FUN IN LA LA LAND

The City of Angels offers entertainment for everyone

By Cheryl Murfin

» As darkness falls, a quiet street in Venice, California, is set suddenly aglow, as if a group of fireflies were swarming on a summer night. Illuminated by cellphone lights, several people walk from street to alley, following instructions sent to them just hours before: The entrance is from the alleyway behind the house ... Enter through an open green garage door!

“Is this it?” I whisper to my friend, Joe, as I notice a door. “Nope, not it,” I answer myself. Glancing left, we see the fireflies disappearing two doors down and follow the glow.

For comedy lovers across Los Angeles, finding out the “secret” location for the next *Don’t Tell Comedy* show is half the fun. Will the directions lead to someone’s living room? An artist’s backyard? A rock-climbing gym? Will you see a newbie or a headlining comic?

Starting at \$10 for a ticket—plus bringing your own food and drinks—it doesn’t cost much to find out.

“When you go to a [mainstream] comedy club, you pay a ticket price plus a two-drink minimum,” says *Don’t Tell Comedy* founder Kyle Kazanjian-Amory, better known as Kyle KA. “But with *Don’t Tell*, you bring your own.”

He adds that the setting makes for a unique comedy experience that “feels like more of a community.”

New spins on traditional attractions, such as *Don’t Tell*, are a big part of why Los Angeles is one of the entertainment capitals of the world.

While many other cities may claim the “entertainment capital” title, the



slogan was reportedly first coined here in recognition of Hollywood’s movie, TV and radio studios. Today, the LA area abounds with leisure-time activities, from amusement parks to top-flight museums.

In a place that seems to live and breathe entertainment, it’s hard to know where to begin. So as relative newcomers here, Joe and I set out to discover LA the old-fashioned way: we asked the locals. The following is their advice.

Laugh It Up

LA is a city blessed with many of the finest comedy clubs in the country, where many of Hollywood’s brightest stars have found success, including Jim Carrey, Jay Leno and Robin Williams, to name a few.

For belly laughs, be sure to visit West Hollywood’s historic venues The Hollywood Improv, on Melrose Avenue, and The Comedy Store and the Laugh Factory, within a few blocks of one another on the

NEAR & FAR»



» Clockwise from far left: Comedian Sarah Tiana performs at a Don't Tell Comedy show held at Cliffs of Id climbing gym. The Walt Disney Concert Hall is a Los Angeles icon. The Comedy Store is one of the city's top locations to enjoy live comedy.

CLOCKWISE FROM LEFT, DON'T TELL COMEDY: OLEG KOZISHAKOV / GETTY IMAGES; BARRY M. WINKER / GETTY IMAGES

1.5-mile section of Sunset Boulevard known as The Sunset Strip. The Hollywood area and sections of Sunset Boulevard are to LA entertainment what New York's Broadway district is to theater and musicals.

Top-notch improv and sketch comedy can be found onstage at the Upright Citizens Brigade Theatre, which has venues on Sunset Boulevard and a short distance away on Franklin Avenue.

Music Centers

When Joe and I saw singers Melissa Etheridge and Blondie at The Greek Theatre in 2015, we knew we'd be seeing two shining stars.

However, we saw three: The historic theater, located in beautiful Griffith Park, is itself a gem worth experiencing, both for its outstanding sound and sightlines, and for its being situated within the city's largest public park.



[I GROW]

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Kids find harvesting their own crops at school very fun and rewarding. As the first seeds begin to sprout and micro-greens start bulking up, students can nourish their minds and their tummies, on the success of their endeavor. The educational benefits to growing in the classroom can be great. It is an exciting and hands on experience for students that will teach them not only about the science of plant growth, but also the responsibility and care it takes to establish and maintain a healthy garden.

Easy-to-grow crops such as beans, lettuce, and herbs are a great starting point for any classroom and age group. For great results, Super Sprouter® brand propagation plugs is where to start. Super Sprouter® also offers a complete propagation kit that includes a growing tray, clear humidity dome, warming mat and an 18 inch T5 fluorescent grow light. These items are key to a successful start! Once sprouts mature they can be transferred and grown in containers on a windowsill or under a larger grow light such as the popular Sun System® brand lighting fixtures.

Another way to begin growing in the classroom is with cloning! Cloning is a fascinating and educational activity in which new plants are grown from cuttings off of existing plants. The Super Sprouter® Aqua Clone® system is the ideal tool to get started. It's as simple as taking a cutting from an established plant - tomatoes, geraniums, peppers and basil work great for this - and inserting them into the Aqua Clone's® neoprene discs. Plug it in and let the hydroponic, deep water cloning system work its magic! After several days, roots will have developed and the cuttings will be ready to be transferred to their new homes where they can continue to grow into beautiful, mature plants. There are endless possibilities with Sunlight Supply® products!

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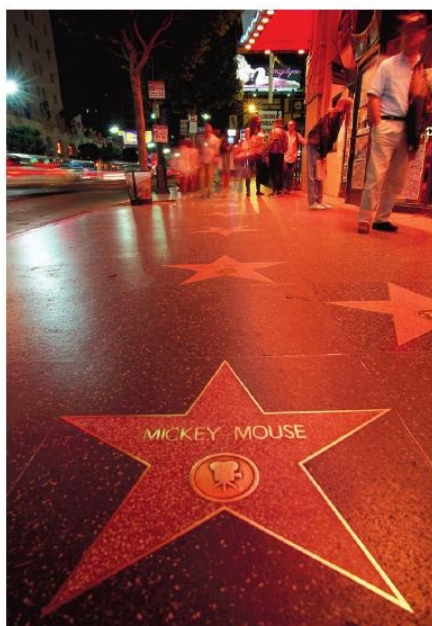
INNOVATING SINCE 1995

Southwest of Griffith, musical concerts remain a mainstay at the Hollywood Bowl amphitheater, which opened in 1922. In West LA, the go-to venue is The Forum, in Inglewood. Lady Gaga recently played The Forum, with my 53-year-old partner rocking in the mosh pit. We both got the T-shirts to prove it. For a more symphonic experience, the 14-year-old Walt Disney Concert Hall in downtown LA will amaze. The building itself, designed by architect Frank Gehry, is well worth a visit.

LA is also home to numerous smaller, more intimate live-music settings. Step into the 60-year-old Troubadour club in West Hollywood and you might find yourself listening to the next Elton John, James Taylor or Coldplay. Those famous musicians and countless others played here early in their careers. The club continues to debut new musicians, while also hosting guest appearances by some of the music industry's biggest stars.

The Sunset Strip is packed with legendary entertainment venues, including The Roxy Theatre. Founded by music producers who were tired of seeing their clients mistreated by other venues, The Roxy has hosted an eclectic list of musical and comedy stars that includes Ariana Grande, Bob Marley and The Wailers, Peter Gabriel, Prince, David Letterman, Arsenio Hall and U2.

Two blocks east of The Roxy, you'll find Whisky a Go Go, which opened in 1964 and became a center for the city's early rock scene, hosting acts such as The Doors, Janis Joplin and many others. Another block east on Sunset is The Viper Room. Styled to look like a 1920s Harlem jazz lounge, The Viper is a favorite location for underground cult bands and well-established performers. Some well-



» Outdoor movie nights at the Hollywood Forever Cemetery, above, attract hundreds of movie fans from May through October. The Hollywood Walk of Fame boasts more than 2,600 terrazzo and brass stars along Hollywood Boulevard and Vine Street.

Angeles (and Hollywood, in particular) for many decades, and also the title of last year's cinematic homage to the community. In a place famous for its movie industry, unique settings in which to experience great cinema abound.

On Saturdays and occasionally Sundays, from May through October, large crowds gather for Cinespia outdoor movie nights in the Hollywood Forever Cemetery, a famous landmark and the final resting place for many of Hollywood's greatest stars. The cemetery is well worth a tour in itself. From November through April, Cinespia shows classic films at historic movie houses around LA.

Just a mile northwest of the cemetery, on Sunset Boulevard, the famous Arclight Cinema's Cinerama Dome has been designated a Historic-Cultural Monument for its significance, including being one of three theaters in the world that show films using the three-projector format. A mile west of the Arclight, on the Hollywood Walk of Fame, is the TCL Chinese Theatre, one of the great locations for red-carpet, big-studio premieres. When the stars aren't strutting, or having

known acts that have graced its stage in the past include Johnny Cash, Tom Petty and The Heartbreakers, and Pearl Jam.

Among the many other nightspots of note in the city are El Rey Theatre, The Mint (open since 1937), and the music and comedy house Largo at the Coronet.

Screen Time

Where you see a film matters in a city like La La Land—a nickname used for Los

» DID YOU KNOW? The first Academy Awards ceremony was held in 1929 at the Hollywood Roosevelt Hotel. An estimated 270 people attended the private dinner in which 15 statuettes were awarded. The epic World War I film *Wings* was named Outstanding Picture. The 2017 Academy Award for Best Picture went to the film *Moonlight*.

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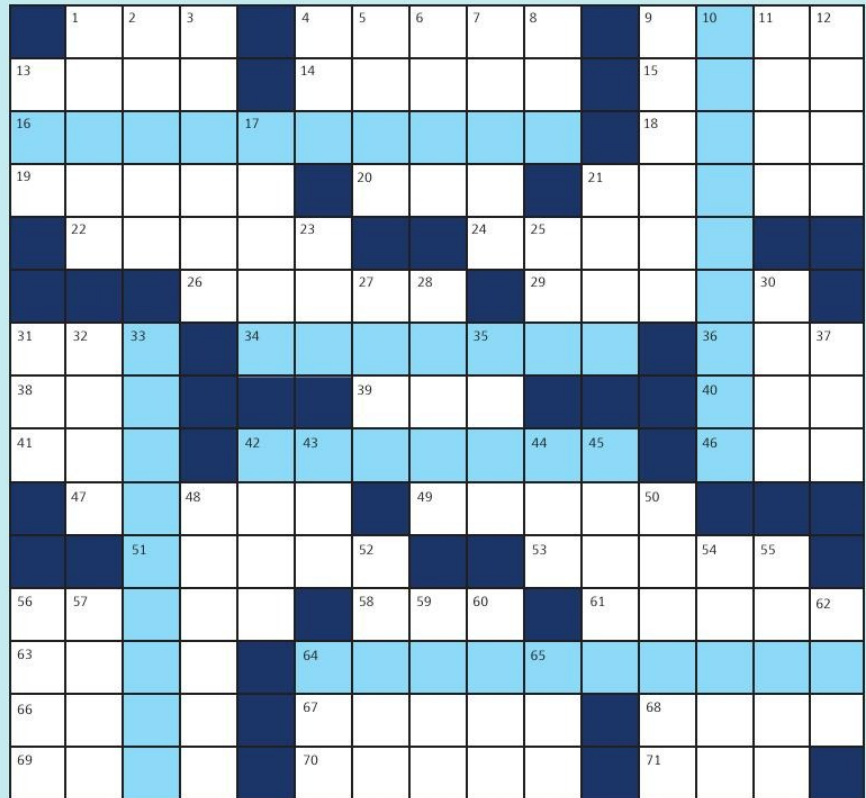
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Across

1. Aged
4. You might break into one
9. Caffeine, e.g.
13. One female deer
14. National Zoo sight
15. ___ of passage
16. Skanska office since 1972 (City, St)
18. Kitchen appliance
19. Bert's best bud
20. Racing swimwear brand
21. Really bad at
22. Mails
24. Of better quality
26. Oozes
29. Famed Argentine player
31. Genre for Kendrick Lamar
34. Skanska office since 1946 (City)
36. Crawling plant
38. "What?"
39. Baby's bleat
40. Daniel ___ Kim of Lost
41. Plastic ___ Band
42. Skanska off. Location in the Bay Area
46. Tolkien tree creature
47. Certain Wyoming mountain
49. Rancor
51. Famous hurler Ryan
53. Swarms
56. Say cheese
58. Settle the bill
61. Hotmail competitor
63. Move to the runway
64. "Heavenly" Skanska office locale (City)
66. Military br.
67. The same
68. Ask of a hand or an ear?
69. Stun
70. Feel it in the air
71. Airport guard grp.

Down

1. Smells
2. SNL's Michaels
3. Takes out of a can?
4. Place to relax
5. Desire
6. Former MLB player Chavez
7. Decorate
8. Sticky stuff
9. Quadcopters, e.g.
10. Skanska office location since 1919 (City)
11. W. Tx. Sch.
12. Might accompany a lady
13. Copy
17. They're bad if buried
21. Slurpee competitor
23. Observe
25. Set list shorthand for a Rubber Soul staple?
27. Chess piece
28. Fill a task force
30. He was Great or Terrible
31. P, to Socrates
32. Bee, Em or Beru
33. Skanska office in the sun (City, St)
35. Kind of street
37. But
42. One and only
43. Funny Gasteyer
44. Painting, e.g.
45. Like a vegan cookie recipe
48. A toast
50. Liquefy again
52. Home to S. Claus
54. Boys
55. Tuscan city
56. Earpiece?
57. Corn flour
59. N ___ Nancy
60. Tibetan bovinds
62. Deadhead's trip?
64. Notes to follow sols
65. Maiden-name preceder?



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imprints of their hands and feet immortalized in concrete in the front of the theater, regular folks can enjoy TCL's plush seats.

For art-house fare, the nonprofit Cinefamily in the Fairfax neighborhood and various Laemmle theaters in the area show independent movies. Film aficionados will also like the New Beverly Cinema in the La Brea neighborhood. It is owned by director Quentin Tarantino, who shows 16- and 35-millimeter films, many from his vast private collection.

Literary Locations

There are a lot of reasons for avid readers to visit The Last Bookstore in downtown LA, not the least of which is its vast inventory of books, with many priced at \$1. The bookstore offers everything from author readings to pop-up dinners. But the real draw may be the quirky store's magical second-floor Labyrinth, which the *Los Angeles Times* described as a "porthole into an alternative universe." It's a place where many books have been used to make art pieces inside the store.

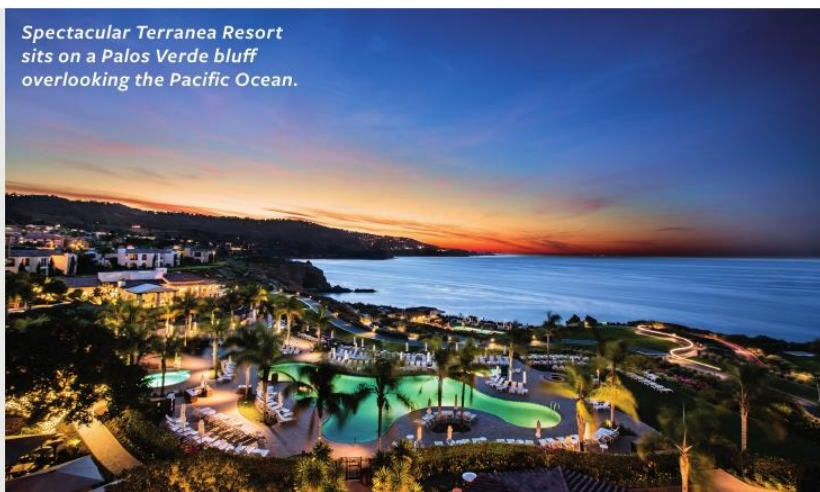
Save time for a trip to Mystery Pier



The Last Bookstore.

Books on Sunset Strip, where even the location is a bit of a mystery. The front door of the cottage that houses the store is tucked away down a short passageway, behind a nondescript storefront on the boulevard. But walk through that door and you'll find yourself surrounded by beautifully preserved first-edition contemporary and antiquarian books from

Spectacular Terranea Resort sits on a Palos Verde bluff overlooking the Pacific Ocean.



STAY AND PLAY

DINING

With more than 8,000 restaurants in Los Angeles, you can find any type of fine fare you might want. The following restaurants rise above the fray, appearing on recent "best" lists, including those from *LA Eater*, *LA Weekly* and *Thrillist*.

Catch LA: Yes, it's a New York restaurant replicated in the West, but you can't beat the view, ambiance and attention to romantic detail in this rooftop restaurant where the focus is, obviously, all things seafood. Love ceviche, sashimi and other fish dishes? This is the spot.

Here's Looking at You: The name has nothing to do with the menu at this popular Koreatown hot spot, but doesn't it make you curious? A fascinating mix of flavors from around the world is only part of what makes this 50-seat restaurant a standout. It also mixes some excellent movie-inspired drinks.

Bestia: The downtown Italian restaurant is known as much for its modern interior design (those chandeliers are actually made of meat hooks) as its house-made charcuterie and made-from-scratch pastas and pizzas.

LODGING

The Los Angeles area offers many great hotels. The following are a few that offer unique experiences.

Terranea Resort: One of Southern California's most luxurious resorts sits on bluffs above the Pacific Ocean and is less than 20 miles from the Los Angeles airport.

Between the nine-hole golf course and other outdoor-recreation options, the spa, and the restaurants, you may never want to leave (terranea.com).

The Queen Mary: For a very different kind of lodging experience, travel to the Long Beach dock where this legendary 1930s British ocean liner is now a floating hotel. The ship has various restaurants, including Sir Winston's Restaurant & Lounge (named after former British Prime Minister Winston Churchill). Ask for one of the suites or a water-view stateroom (queenmary.com).

The Hollywood Roosevelt: This famous hotel has been a favorite of Hollywood royalty since it opened in 1927. Enjoy its gaming lounge with a vintage bowling alley and look for the David Hockney mural painted on the bottom of the Tropicana pool (thehollywoodroosevelt.com).

LIGHTS, CAMERA, ACTION!

To get tickets to more than 50 popular TV shows taped in the Los Angeles area, such as *America's Got Talent*, *Dancing with the Stars* and *The Price Is Right*, go online to on-camera-audiences.com. You can also visit the websites for top shows, including the following:

Ellen: ellentv.com/tickets.

Jimmy Kimmel Live!: jkltickets.com.

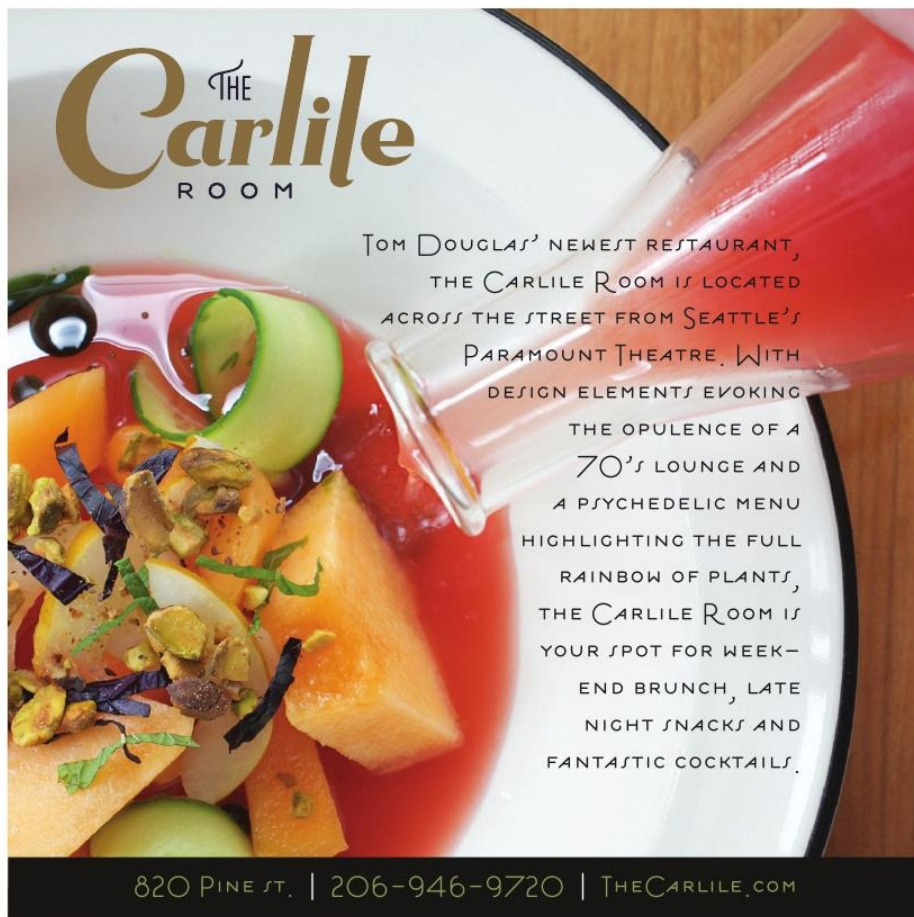
Conan: teamcoco.com/tickets.

The Late Late Show with James

Corden: <https://1iota.com/show/439/the-late-late-show-with-james-corden>.

Jeopardy!: jeopardy.com/show-tickets.

—C.M.



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around the world. Many celebrities are customers, including Pierce Brosnan, Daniel Craig, Johnny Depp and Jude Law.

City of Art and Science

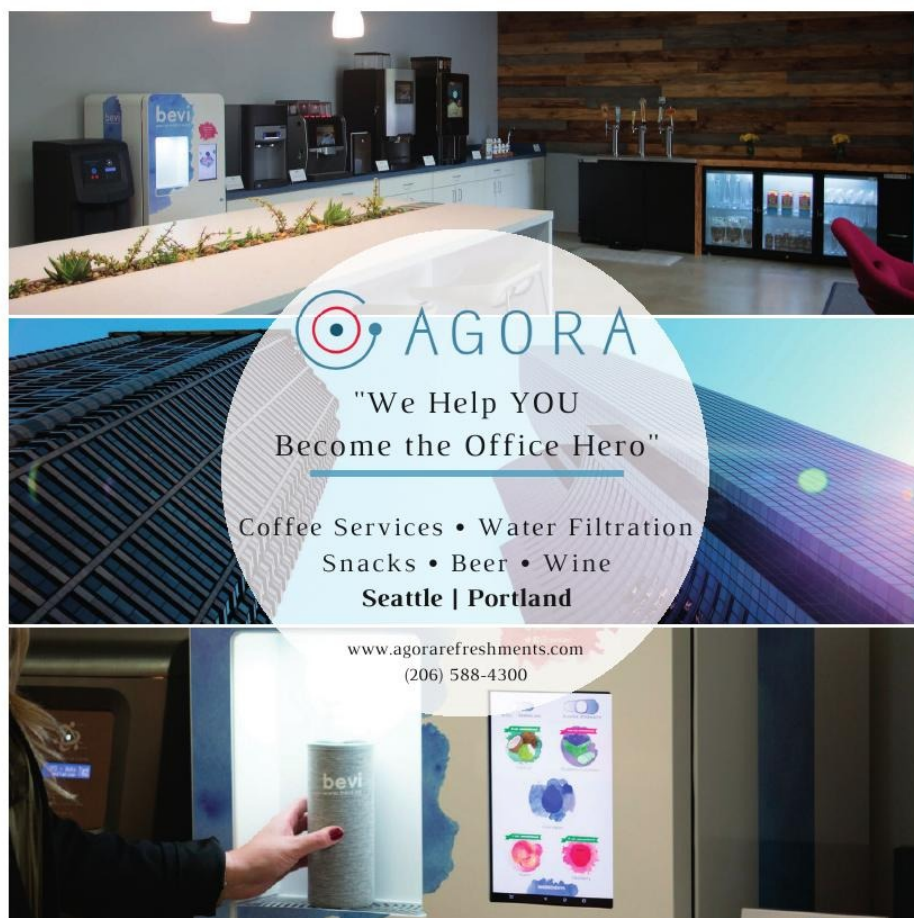
LA seems to have a world-class museum for every art genre and historic era. One of the best is The Museum of Contemporary Art, Los Angeles (MOCA), located in downtown LA. It features a collection of modern and contemporary art that was mostly created from 1940 to the present. A second is the Los Angeles County Museum of Art (LACMA), on Wilshire Boulevard. One of the largest art museums in the western United States, it has more than 135,000 items in its permanent collection.

However, my personal favorites are the Getty Center and the Getty Villa, both free facilities housing thousands of pieces of artwork from the J. Paul Getty Collection. The Center, with its famous white buildings, sits above West LA with panoramic views of the area and Santa Monica Bay. The art is world-class and the grounds are spectacular.

The more intimate Getty Villa, located in a beautiful setting on a bluff above Pacific Palisades, is home to a large collection of ancient art and sculptures that date from the Stone Age to the Roman Empire.

LA itself is an ever-changing canvas for street and mural artists. Some of the best can be found in Venice Beach and in the Downtown Arts District. While in the Arts District, visit The Container Yard, a former mochi rice-cake factory that has been reinvented as an arts and retail space and is home to spectacular paintings and murals.

Science buffs will enjoy the California Science Center, which offers



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spectacular exhibits and permanent displays. Be sure to see the space shuttle *Endeavor* and learn the fascinating story of how engineers got the shuttle to the museum through the tight streets of LA.

All of LA is a stage

With so many performers and production professionals in one region, it makes sense that LA would have outstanding theater. The Hollywood Pantages Theatre is among the best bets for top Broadway musical productions. The Geffen Playhouse in Westwood is known for newly commissioned and classic works.

The Mark Taper Forum is known for more controversial works meant to “provoke conversations.” And the Kirk Douglas Theatre in Culver City often presents world premiere productions. For wonderfully intimate stage experiences, try the

Sacred Fools Theatre Company and Theater Asylum in Hollywood.

Mickey and movies

Despite being adults, Joe and I still find Disneyland (and Disney California Adventure Park right next door) to be fabulous fun. Like most locals, we enjoy Disneyland and the region’s other theme parks (Knott’s Berry Farm, Six Flags Magic Mountain and Universal Studios) in the off-season to beat the crowds. It’s best to visit the parks on Mondays through Thursdays from November to March, avoiding holidays.

Universal Studios Hollywood has the theme park and its behind-the-scenes studio tour. Visitors to the tour will see Bruce, the mechanical shark; feel an earthquake; and be part of the King Kong 360 3-D experience. Our favorite studio

tour is at the Warner Brothers lot, which includes Stage 48: Script to Screen, where you can ride brooms over Hogwarts from the “Harry Potter” film series and be filmed sitting on a set from the *Friends* TV show. Sony Pictures (formerly MGM Studios) and Paramount Pictures also offer tours of their lots, filled with famous artifacts and plenty of thrills.

Leaving the Warner Brothers tour, we marvel at the array of entertainment available in the LA area. No other place we’ve been has its mix of amazing, quirky and unexpected attractions. ✕

Cheryl Murfin writes from Los Angeles.

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TOKYO TREASURES

Discovering delights, new and old, in anticipation of the Olympics

By Chaney Kwak

» To take in Tokyo's energy, watch Shibuya Crossing. So iconic is this intersection that the 2020 Summer Olympics organizers featured it as the opening shot of the film reel introducing the city. The video clip, debuted during the Rio games' closing ceremony last year, kicks off with an aerial shot of the interchange where 10 lanes of traffic converge and, by some estimates, up to 2,500 pedestrians cross at each walk signal. And the crossing is no less impressive in person.

I join the evening rush as office workers in suits, fashionistas carrying shopping bags and tourists toting cameras congregate and disperse. All around, neon signs and jumbotron screens try to outdo one another. Department stores, restaurant complexes and office-filled skyscrapers line the packed sidewalks. Shibuya encapsulates many visitors' perceptions of Tokyo. The towering skyscrapers, the LED-lit thoroughfares and the sheer density make the message clear: This city of 9 million people (about 38 million if you count the greater metropolitan area) is always open for business.

Spread over 845 square miles, the Japanese capital is a world unto itself, containing everything from giant high-rises to minuscule Zen gardens, from traditional Shinto shrines and temples to restaurants partly staffed by robots. For the novice visitor to Japan, Tokyo is not only the primary gateway but also a must-see attraction. For repeat visitors, it's a city that keeps on reinventing itself and unfolding new surprises.

The Shibuya district certainly has

plenty of those surprises. In a city with no shortage of department stores, the chain Tokyu Hands stands out with its idiosyncratic goodies. I duck into the Shibuya branch, a multi-floor funhouse of things I never knew I wanted until now, from beauty masks colored like Kabuki (classical Japanese drama) makeup to Mount Fuji-shaped ice-cube makers; elegant origami paper to thimble-size bottles of Japanese whisky. One floor has outlandish

wigs, which inexplicably give way to a rug section; another floor has a random assortment of gorgeous stationery and earthquake-preparation kits.

Shibuya, like every other ward in the city, is chock-full of other Japanese quirks: You can sip coffee while petting kittens at the popular chain Cat Cafe Mocha or watch goats at Sakuragaoka Cafe, or slurp ramen at a busy 24-hour counter (see sidebar on p. 163).





» Clockwise from left: Tokyo's skyline is bright, with skyscrapers and modern buildings; a statue of Tokyo's most famous dog, Hachikō, stands outside Shibuya Station; during each walk cycle, more than 2,500 people pass Shibuya Crossing.

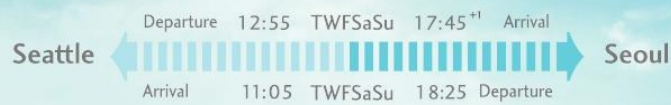
Even in this supercharged place of modernity, an old piece of Tokyo remains. A bronze statue outside Shibuya Station marks where Hachikō—arguably Japan's most famous dog and the inspiration for the Hollywood film *Hachi: A Dog's Tale*, starring Richard Gere—waited for his master for 10 years after the professor's death in 1925. This popular site is a reminder of Tokyo's yesteryear, when this was a simple town square where a lone

dog could linger without traffic issues.

Much of that old Tokyo is alive and transforming. Walking about a mile from the famous Shibuya intersection takes me to Tomigaya, a mellow residential enclave within the Shibuya district that has seen an influx of cool shops and cafes in the past five years, all the while keeping its low-rise silhouette of two-story homes. Scattered about the compact neighborhood are hip establishments ready for the



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Instagram set. You may find Ahiru Store, an intimate wine bar and restaurant serving smoked shishito pepper over seared

beef; chunks of octopus tossed in with avocado salad; or a selection of other items that strike the fancy of the brother-and-sister proprietors. Or you can buy fresh calla lilies at Pivoine, a florist that doubles as a cafe. Fuglen, an offshoot of an Oslo-based roaster, serves cocktails and coffee to a hip crowd while they lounge on the space's signature mid-century Nordic furniture.

"About 10 percent of my customers are foreigners," Tomoyuki Kamiya tells me in his lifestyle boutique, Archivando. "But that's changing." An interior architect in his past life, the trim man in his 50s sought out Tomigaya for his boutique. In his shop, he mixes flea-market finds from abroad with textiles and jewelry by Japanese artisans. In many ways, his shop is quintessentially Tokyo: firmly grounded in Japan and influenced by international sensibilities—all beautifully timeless.

Gearing Up for the Olympics

On each visit to Tokyo, I return to the 45th floor of the Tokyo Metropolitan Government Building. A hive of more than 166,000 government workers, this 1990 landmark by the Pritzker Prize-winning architect Kenzō Tange contains two observation decks (one on each wing) that offer free panoramic views from approximately 660 feet above ground.

When I look out at the numerous skyscrapers spreading out in every direction, it's hard to imagine this city before such density. The catalyst for Tokyo's development was the 1964 Summer Olympics, when the Japanese capital became the first Asian city to host the international event. In addition to the prestige, the Olympics brought new expressways,

» Visitors enjoy expansive views of the city from the 45th floor of the Tokyo Metropolitan Government Building.



subway lines and other infrastructure that are still in use today.

Also from that era are architecturally ambitious sporting venues, many of which you can make out in the distance from the building's observation decks. For instance, Yoyogi National Gymnasium, also designed by Tange, is a futuristic statement with striking curves that has weathered the tests of time and changing tastes. The boom years following the Olympics transformed Tokyo into the hypermodern city as we know it.

Curiously, though, on every prior visit, I have seen more or less the same panorama. I've only known Japan since 2003, and as intriguing as it is, the country has seemed relatively unchanged to me—a fact backed up by economic data. The recession that began in the late 1990s has cast a shadow for nearly two decades now, and the world's third-largest economy in terms of GDP has actually been shrinking.

Now, with the Olympics returning to the city in 2020, Tokyo is gearing up for another jumpstart. Less than 2 miles from the Metropolitan Government Building, dozens of cranes perform a choreographed dance as they replace the 1958-built National Stadium with a 68,000-seat arena. New construction is nothing new

ALONG THE YAMANOTE LINE

Glimpse the city's ordinary and extraordinary sights on the Yamanote Line, a circular railway that strings together 29 main stations around Tokyo.

Here are a few major stops and their main attractions.

- **Shinjuku:** The world's busiest station, with access to business districts and shopping.
- **Harajuku:** Youthful street fashion and the Shinto complex of Meiji Shrine.
- **Shibuya:** Department stores and shopping, and the iconic intersection.
- **Meguro:** Tranquil canal lined with cafes and design shops.
- **Akihabara:** Gleaming electronics shops and comic stores.
- **Ueno:** Numerous museums, such as the Tokyo National Museum.
- **Sugamo:** A quaint town center dubbed Grannies' Harajuku, popular with elderly shoppers. —C.K.

in any world-class city, but Tokyo's many architectural projects now have a shared purpose, with a finish line of 2020.

But even in the midst of the cacophony of change, it's easy to take breaks. Kitty-corner from the stadium in the making,

» In the manicured 144-acre Shinjuku Gyoen National Garden, visitors can walk among more than 20,000 trees.



ZOOMAR GMBH / ALAMY STOCK PHOTO

I walk into the wide-open space of Shinjuku Gyoen National Garden. The 144-acre grounds were once part of a vast space that entertained aristocrats, but became an imperial botanical garden

in the late 1800s, used for carrying out agricultural experiments. After being destroyed during the World War II air raids, the grounds reopened in 1949 as a national public park. An affordable bento

picnic of inari sushi and soba noodles from a nearby convenience store in hand, I stroll the pathways that wind among more than 20,000 trees, looking for a picnic spot. With impeccably manicured gardens themed according to Japanese, French and English traditions, the park is a reflection of Tokyo's resilience as well as its willingness to embrace outside influences.

The most dramatic changes before the 2020 Olympics may be taking place around Tokyo Bay, 6 miles southeast of Shinjuku. For a seaside city, Tokyo can feel landlocked, many of its shores set aside for industrial use. But the bay's many landfill islands have long been the nation's grounds for other uses.

The ambitious 217-acre Umi-no-Mori, or Sea Forest, for instance, is sprouting on soil made of compost and public-park

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» The Odaiba waterfront boasts views of the Rainbow Bridge and skyline, along with a Statue of Liberty replica.

SEAN PAVONE / ALAMY STOCK PHOTO

with various cultural and leisure venues that range from a sandy beach to a complex of malls. From here visitors can enjoy views of the colorfully lit Rainbow Bridge and the city's skyline behind it, including the Fuji TV Building, which resembles a chemical-compound model. A newly unveiled 65-foot Gundam statue, modeled after an anime robot character, is proof that the city never shies away from a bit of humor.

For a bit of traditional relaxation, I decide to warm up at Odaiba Tokyo Ooedo-Onsen Monogatari, a complex of gender-segregated *rotenburo* (indoor and outdoor baths) on the island. All bathers are welcome—excluding those with tattoos—and expected to strip down to their birthday suits and jump into the hot spring water, pumped from 4,500 feet under the city. I've always found my

prunings. Many of the planted trees are mere seedlings and shrubbery for now, but in 2020 the landscaping project is expected to wow spectators as they cheer

for Olympic rowing, sailing, equestrian and mountain-biking events.

For now, the main draw on the bay is Odaiba, an approximately 1,000-acre area

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North American prudishness at odds with communal bathing, but when in Japan, you do owe it to yourself to do as the Japanese do, and scrub, soak and emerge rejuvenated from the bathing ritual. If you're traveling with a member of the opposite sex, you can meet up inside the food court, inspired by traditional bazaars, and sample yakitori skewers, udon noodles and other dishes.

Toasty and refreshed, I stroll along the elevated walkways of Odaiba Kaihin Koen, a public park on the bay. It's a bit kitschy, with a

Top Attractions

■ **Sensō-ji Temple** is Tokyo's oldest temple, and among the city's most visited places of worship.

■ **Tokyo National Museum** contains the world's foremost collection of Japanese paintings, ceramics and swords.

■ **Omotesandō**, a boulevard lined with high-end boutiques, features buildings by star architects such as Toyo Ito.

■ **Tokyo Tower**, a colorful structure inspired by the Eiffel Tower, offers views and souvenirs.

■ **The Imperial Palace**, the stately home of the Japanese royal family, opens its manicured **East Gardens** to the public daily.

■ **Ryōgoku Kokugikan**, Japan's largest sumo stadium, hosts a free museum as well as live matches.

■ **Kabukiza Theatre**, built in 1889, hosts traditional Kabuki stage plays. Explore the surrounding Ginza neighborhood, home of galleries, high-end restaurants and shopping. —C.K.

» NEAR & FAR TOKYO

Ramen Reference

Many ramen restaurants have guests pay for their meals in advance on a vending machine, and old-school machines only display Japanese texts. Here are a few common items you can match and order.

Ramen types:

Shoyu ramen (醤油ラーメン), with soy sauce.

Shio ramen (塩ラーメン), salt and veggie broth.

Miso ramen (味噌ラーメン), miso-based broth.

Tonkotsu ramen (豚骨ラーメン), pork broth.

Tonkotsu gyokai ramen (豚骨魚介ラーメン), pork and fish stock.

Side dishes:

Gyoza (餃子), pan-fried dumplings.

Chahan (チャーハン), fried rice.
—C.K.

replica *Statue of Liberty*, but look past that and the city's skyline behind is undeniably beautiful. At sundown, the low-slung wooden boats floating in the bay light up lanterns seemingly as bright as the skyscrapers. Without a doubt, Tokyo is in for many changes as it gears up for 2020. But sights like these are timeless. ✈

Chaney Kwak is a San Francisco-based writer.

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SEATTLE

GREEN LAKE

Lovely and lively, yet also restful

By Stephen Merlino

» **My heart is in a box** at the bottom of Green Lake. I put it there. It's a trick I learned from a Norwegian ogre who hid his own heart from do-gooding knights who disagreed with his lifestyle. Safeguarding his heart so that enemies couldn't stick swords in it made him nearly invincible.

Of course, I had no enemies to speak of, unless maybe the hobgoblins of writer's block and procrastination. But those foes had been drowned in the rising tide of interesting voices that fill my fantasy-genre novels. So I placed my heart in the lake, north of downtown Seattle, not to protect this vital organ, but rather to center it in a place of peace.

I find myself drawn to Green Lake Park every day. Near its north shore, I write at Chocolati, where the rich European-style drinking chocolate is a muse that rivals any inspiration the ancient Greeks might have had. When I tire of sitting, I walk the paved 2.8-mile path around the lake and dictate a chapter. Or I run the path and listen to audiobooks, or swim in the park's indoor pool. In summer, I float in the lake on an inflatable raft, or set up a hammock on a grassy spot and read.

My wife says she can hear my heart in my chest, and that sinking it in the lake is a delusion born of writing too much fantasy fiction. She's practical that way.

So I explain that placing my heart in Green Lake is a metaphor for the enchantment I feel there. I remind her of the time we moved to the other side of the city for a year—how I kept driving back to Green Lake Park for R&R, even though it was far out of my way, and there were parks nearer our new house.

"So it speaks to the power of intentional landscape design," she said, putting on her University of Washington associate professor of architecture hat. "And I suppose it *is* like magic, because the built environment affects us profoundly in ways we can't explain."

She notes that Green Lake's magic is no more accidental than that of Central Park, because the Green Lake design came from the Olmsted Brothers firm that evolved from the company founded by famed Central Park designer Frederick Law Olmsted.

That tickles me. That a soggy West Coast logging town had the audacity to approach the celebrated Olmsteds. But in 1903, Seattle was flush from the Klondike Gold Rush, and the result was a climate of hubris and means, with leaders clamoring to "Let Us Make a Beautiful City of Seattle" (as the *Seattle P-I* newspaper put it at the time), by going with the best that money could buy. And, actually, it must have seemed a field day for

» **Top: Green Lake** is one of Seattle's most popular parks, with recreation such as swimming and paddlesports. **Below: Chocolati, near the lake's north shore,** serves items such as delicious European-style drinking chocolate.



HERE & NOW »



Frederick's son John Charles Olmsted, because Seattle was still young and replete with pristine lands for parks. The firm surveyed the lands, proposed a visionary system, and 34 years later, Seattle had a full 37 Olmsted parks.

But, interestingly, Green Lake Park was not a park space that was easy to bring about. Even most locals don't know that it almost didn't happen. When John Charles saw the lake, its 3-mile shore had already been homesteaded, and the city balked at buying 3 miles of waterfront lots. The Olmsted solution? Lower the water by 4 feet, which the city subsequently extended to 7 feet, and—voilà!—a 100-acre ring of “new” waterfront emerged. Add a contoured shoreline, sprinkle in an artificial island, tree-dotted hills and generous paths, and the spell is cast.

I fell to the park's charm in high school, when I rowed for Green Lake Crew—an illustrious junior team sponsored by Seattle Parks and Recreation—and discovered my indifference to rowing and my love for running. The crew shellhouse sits on the site of the once-great 1950s Aqua Theater, built to host musical follies.

Some of my childhood music heroes, such as Led Zeppelin, played there, as did Bob Hope

A FEW GREEN LAKE–AREA FAVORITES

■ **74th St. Ale House** (seattlealehouses.com/74th): This cozy neighborhood alehouse, about a half-mile west of Green Lake Park, is in the Greenwood area, which we Green Lakers consider part of our locale. The alehouse features 22 seasonally rotating taps of Northwest and imported ales.

■ **Greenlake Bar & Grill** (greenlake-barandgrill.com): Classic American food in a comfortable brick storefront with big windows and lots of light. Great salads and grill food, plus an array of local microbrews. Serves brunch on weekends.

■ **Greenlake Boathouse** (greenlakeboats.com): First-come, first-served seasonal rentals of canoes, kayaks, rowboats, pedalboats, sailboats, standup paddleboards, water bikes and water hammocks; also has a cafe, with snacks and beach supplies.

■ **Green Lake Gobble & Mashed Potato Munch Off** (promotionevents.com/tg/default.htm): Preregister for this top local Thanksgiving event, Nov. 19, with 10K and 5K run/walks, a kids dash, a beer garden, and a mashed-potato-eating contest.



■ **Nell's** (nellsrestaurant.com): Fine dining on the east side of Green Lake. Acclaimed chef/owner Philip Mihalski crafts European-inspired New American cuisine with quality Northwest seasonal ingredients.

■ **Spud Fish & Chip** (spudgreenlake.com): A Seattle classic since 1940, with hand-cut, hand-battered Alaska cod. Dine at one of the few tables, or take your food across the street to a picnic table at the lake.

■ **Woodland Park Zoo** (zoo.org): A world-class zoo, with more than 1,000 animals—including a baby giraffe, a snow leopard cub, a baby gorilla, and a Sumatran orangutan that arrived this summer—set in Woodland Park on a hill southwest of Green Lake. Visit on Nov. 18 between 10 A.M. and 2 P.M. to see the annual “Turkey Toss,” when carnivores gorge on fully prepared turkeys. —S.M.

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and the Grateful Dead. Structural damage appeared in 1969, so the city dismantled all but a spur of the place, which now offers a water view or good stair running.

Green Lake Park's brick bathhouse fared better. Built in the late 1920s as a swimmers' changing facility, the building is celebrating its 90th anniversary this year. It was reborn as the Bathhouse Theater in the 1970s, and is now home to Seattle Public Theater. I've seen a magical Coney Island-style *Comedy of Errors* and a "cowboy" *Macbeth* at the Bathhouse. *The Flight Before Xmas* will be on stage December 1–24, in rotation with *Christmastown: A Holiday Noir*, December 8–24. Three more plays—*Vanishing Point*, *Ironbound* and *Hand to God*—are coming next year.

I'm not the only one under Green Lake's spell. It's one of the busiest parks in the state, with millions of visitors a year. This past summer, I took a panoramic shot, just to bottle the light against Seattle's coming winter. In the photo, I see scores of people splashing, diving, wading and floating. Canoers, kayakers, paddleboarders and sailboaters ply the lake's sparkling middle. Sunbathers and picnickers speckle the surrounding grass. Runners and walkers claim the perimeter.

It's always like that. People are just drawn here. I suspect if city workers ever drain Green Lake, they'll find thousands of boxes like mine. ✕

Stephen Merlino is an award-winning fantasy writer. His latest novel—a sequel to his first book, The Jack of Souls—is scheduled to be released the end of this month.



EXTRAORDINARY NUTCRACKER

By Michele Andrus Dill

» Stunning costumes and scenery complement spectacular choreography and Tchaikovsky's beloved score in **George Balanchine's *The Nutcracker***, being performed Nov. 24–Dec. 28 during Pacific Northwest Ballet's 45th season (pnb.org). Alaska Airlines is the title sponsor of the production and a sponsor of Seattle Center, where the ballet is being staged at McCaw Hall.

This year marks the 125th anniversary of the first *Nutcracker* performance, in St. Petersburg, Russia, in 1892. That premiere performance got mixed reviews, but the PNB version that debuted in 2015 has been a rousing success with youngsters and adults alike.

Sequins sparkle during the Snowflakes' waltz. Angels in gold satin costumes seem to float across the stage around the Sugar Plum Fairy. Flamenco dancers leap and twirl in ruffled skirts (shown above). It all reflects the whimsical approach of children's-book-author/illustrator/costume-and-set-designer Ian Falconer, of *Olivia*-series fame. The production also includes a 3.5-minute overture video that takes audiences on a 3-D flight through New England woods to the Stahlbaum home.

Pacific Northwest Ballet's 45th season also showcases "**Her Story**," Nov. 3–12; a tour de force ***Swan Lake***, Feb. 2–11; "**Director's Choice**," March 16–25, including a world premiere choreographed by Ezra Thomson, with details to be announced; ***Snow White***, March 18–24, featuring students of the Pacific Northwest Ballet School; and "**Emergence**," April 13–22. The season concludes with "**Love &**



Ballet," June 1–10, which spotlights four contemporary hits.

ALSO UPCOMING AT SEATTLE CENTER:

The Government Inspector: A witty comedy about bureaucracy and buffoonery in a small Russian village; through Nov. 19, Seattle Shakespeare Company (seattleshakespeare.org).

Howl's Moving Castle, a New Musical: Features magic, adventure and the power of transformation, based on the acclaimed fantasy novel; Nov. 29–Dec. 30, Book-It Repertory Theatre (book-it.org).

The Humans: A family's Thanksgiving

dinner is humorous, heartbreaking and hopeful in this Tony-winning play; Nov. 17–Dec. 17, Seattle Repertory Theatre (seattlerep.org).

Mr. Popper's Penguins (left): Extraordinary Antarctic penguins sing, dance and delight audiences in this adaptation—complete with puppetry—



of the beloved book; Nov. 9–Dec. 31, Seattle Children's Theatre (sct.org).



GO TO: A CHRISTMAS TREE FARM

» The many options include Trinity Tree Farm (trinitytreefarm.com), in Issaquah, east of Seattle, where you can select and cut your own Douglas, noble, grand, Nordmann or Fraser fir, or choose from pre-cut trees, from the day after Thanksgiving until trees are sold out. Related activities at the farm, which is celebrating its 35th anniversary, include daily train rides for kids; a 1955 fire engine for photos; photos with Santa on select dates; and bonfires, complimentary cocoa and a food court on weekends. Find some of the many more choose-and-cut farms on the Puget Sound Christmas Tree Association website, pscta.org.

WINTER WONDERLAND

By Ted Alvarez

» World-class snow-sports shops dot Seattle neighborhoods, even though annual snowfall in the city typically wouldn't power a skid down a molehill, much less a bunny hill. So why are there so many purveyors of winter-recreation gear? Look around at our region's mountains, friends: The Cascades and Olympics are some of the snowiest places on Earth. Puget Sound-area locals and visitors are dazzled by the diamond-white stuff on nearby slopes.

From November to March, Western Washington becomes a paradise for alpine skiing, cross-country skiing, sledding, tubing, snowshoeing and more—if you know where to look. Here are a few ideas on where to go. Be sure

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to check days/hours of operation, permits/pass information, road status and weather conditions, and, of course, always be sure to dress appropriately for winter fun.

Skiing: Crystal Mountain Resort—Despite being the largest ski resort in Washington, Crystal, located near Mount Rainier National Park, remains something of a local's treasure, with 2,600 skiable acres and 3,100 feet of vertical a scant two hours from downtown Seattle. Quicksilver's groomers are perfect for beginners, and the chutes of Northway contain enduring steep classics for experts, but Forest Queen's runs will keep everyone happy. Best of all, the upgraded lifts and gondola (the only one in Washington) make lift lines almost nonexistent (crystallmountainresort.com).

Also great: *Most snow:* Mt. Baker Ski Area (mtbaker.us). *Touted terrain park:* Stevens Pass (stevenspass.com). *Cool cross-country:*

The Summit at Snoqualmie (summitat snoqualmie.com).

Snowshoeing: Hurricane Ridge—Hurricane Ridge offers snowshoers a wander through Olympic National Park's premier hall of winter wonders. Pacific storms cake the peaks with snow so thick that trees bend and transform into whorled frost giants, with black ravens *quorking* on their hunched shoulders. Snowshoes can be rented at the Hurricane Ridge Visitor Center.

Beginners can stroll into nearby meadows and low-level ridgelines, while experts can trek 6 miles (roundtrip) to the summit of Hurricane Hill, where the 360-degree view stretches to area mountains, plus across the chilly Strait of Juan de Fuca to Canada (nps.gov/olym).

Hurricane Ridge.

BRAD MITCHELL / ALAMY STOCK PHOTO



Also great: *Closest:* The Summit at Snoqualmie ski area (summitat snoqualmie.com), about an hour east of Seattle, as well as ranger-led excursions, leaving from the U.S. Forest Service Snoqualmie Pass Visitor Center, to Commonwealth Basin (reservations required, expected to be available starting early December; www.fs.usda.gov/detail/okawen/recreation/?cid=fseprd489116). *High elevation:* Paradise at

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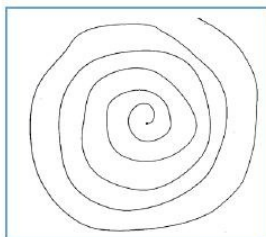
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Mount Rainier National Park (nps.gov/mora/playyourvisit/paradise.htm).

Sledding/Tubing: Hyak Sno-Park—

Looking for convenient, bring-your-own-sliding-device fun for your family? Consider Hyak Sno-Park, which is managed by Lake Easton State Park, and is located at the top of Snoqualmie Pass, southeast of The Summit at Snoqualmie ski area. The Hyak trails get groomed five times a week, and safe snow-play areas for families are complemented by (very welcome) heated restrooms.

People have fun using simple plastic



sleds or rubber tubes, which can make for Ferrarilike runs on these quicksilver hills, where no sledding device with metal parts is allowed (parks.state.wa.us/647/Snow-Play-Sno-Parks).

Also great: Rope-tow tubing: Sun-

cadia Resort in Cle Elum, about 80 miles east of Seattle. The resort also offers snowshoeing, cross-country skiing, sleigh rides, ice-skating and winter fly-fishing (destinationhotels.com/suncadia-resort/activities/winter-recreation). **Dogsledding:** Northwest Dogsled Adventures, with rides leaving from the Fish Lake/Lake Wenatchee Sno-Park, west of the Bavarian-themed town of Leavenworth, which is worth a visit in and of itself (northwest-dogsledadventuresllc.com). **Sleigh rides:** Icicle Outfitters and Guides in the Leavenworth area (icicleoutfitters.com). ✈

Ted Alvarez writes from the Seattle area.

CALENDAR



■ The exhibit “**Glasnost & Goodwill: Citizen Diplomacy in the Northwest**,” through Jan. 21, 2018, at the Washington State History Museum in Tacoma, south of Seattle, features photos, artifacts, rare videos and oral histories to explore how citizen diplomacy contributed to the thawing of the Cold War. For instance, Puget Sound-area resident and globally renowned climber Jim Whittaker led the Mount Everest International Peace Climb in 1990—the first time mountaineers from the U.S., Soviet Union and China roped together to climb a mountain (flags shown above), according to the museum. Sponsors of the exhibit include the nonprofit Alaska Airlines Foundation (washingtonghistory.org).

■ One of the country’s largest veterans celebrations, the **Veterans Parade & Observance**, will take place Nov. 11 in Auburn, south of Seattle. Now in its 52nd year, the parade features nearly 6,000 participants, including military vehicles, veterans units, honor guards, high school marching bands, and more (auburnwa.gov/vetsday).

■ Taste samples from more than 100 exhibitors at the **Northwest Chocolate Festival**, Nov. 11–12 at the Smith Cove Cruise Terminal at Pier 91 north of downtown Seattle (nwchocolate.com).

■ **Theater Schmeater**, celebrating its 25th birthday, will perform **The Twilight Zone: Live!**, Nov. 17–Dec. 16, a live-play version of

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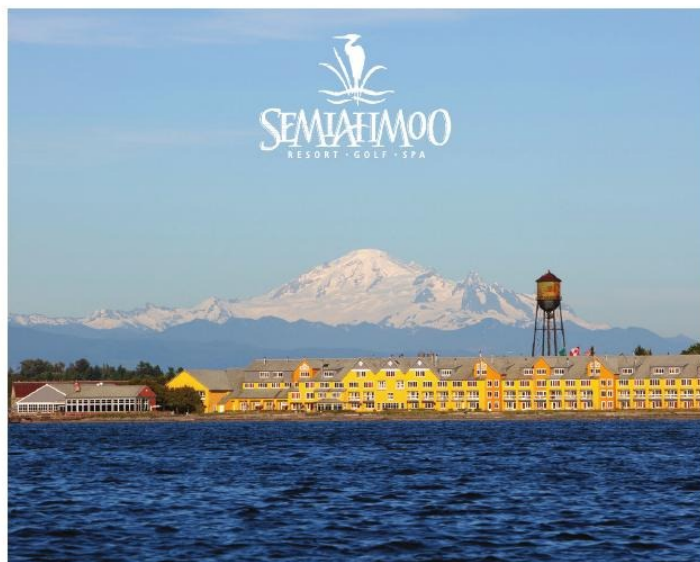
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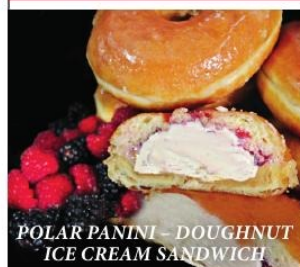
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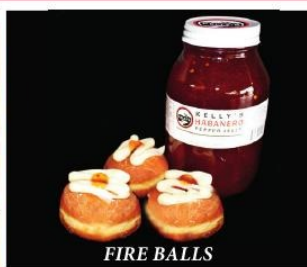
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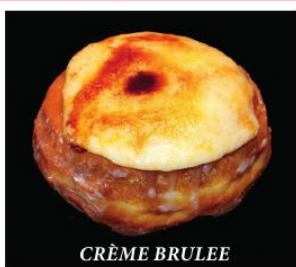
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several episodes of Rod Serling's classic TV series (schmee.org).

■ For more than half a century, between 1930 and 2005, photographer Al Smith (1916–2008) chronicled African-American life in Seattle. More than 150 photos from his unique collection will be on display in “**Seattle on the Spot: The Photographs of Al Smith**,” Nov. 18, 2017–June 17, 2018, at the **Museum of History & Industry**. The exhibit includes six thematic sections, ranging from “Smith’s Darkroom” to an



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immersive “Nightclub” to “Neighborhood/Community,” featuring Smith’s extraordinary photos of the Central District, where he was born and raised his family (mohai.org).

■ **StoryBook Theater**, celebrating its 20th season of original musicals geared to kids ages 3–10 and their families, will perform **The Elves & The Toymakers**, focused on the spirit of giving, various dates and venues, between Dec. 2 and 19. Audience members get to sing, dance and respond to questions (storybooktheater.org).

■ The **Seattle Men’s Chorus** will perform “**A Sassy Brassy Holiday**,” Dec. 10–23, followed by “**Not in Our Town**,” April 7–8, a concert in collaboration with the **Seattle Women’s Chorus**, which is celebrating its 15th concert season. Sponsors of both choruses’ 2017–18 seasons include Alaska Airlines (seattlechoruses.org).

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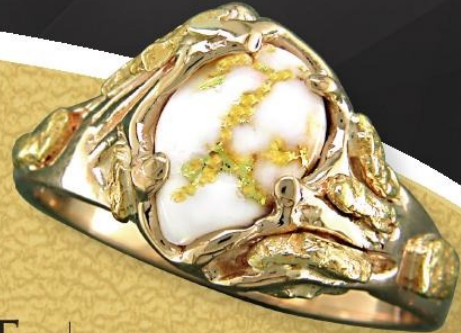
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ANCHORAGE'S GREAT INDOORS

Alaska's biggest urban center shines in the dark of winter

By Ken Marsh



» The air was crisp but not overly cold—about 18 degrees Fahrenheit—and the sidewalks glittered with frost. It was dinnertime in downtown Anchorage, and as I walked arm in arm with my wife, Polly, I wondered if any place in the world could smell more delicious than West Fifth Avenue on a clear November night.

The breeze was seasoned with the smell of choice steaks—marinated, spiced and perfectly seared—mixing with seafood delicacies such as Parmesan-encrusted halibut with lemon butter, baked Kodiak scallops snuggled on cheesy pasta beds and tender king crab fished from the depths of Norton Sound. All around us, diners, shoppers and showgoers decked in warm coats and winter hats

hustled past in pairs and groups, talking and laughing beneath a hodgepodge of streetlights, stoplights, and neon signs flashing in reds, greens and blues.

It was Thursday, “date night” for us, and as Polly and I walked along, we considered the many ways we might spend a winter evening in Anchorage. We could enjoy time at the Anchorage Museum, studying paintings in the “Art of the North” galleries and exploring the Alaska Native history exhibits. If last-minute seats were available, we could catch some live theater or music at the Alaska Center for the Performing Arts. Or, we could browse the street-front shops and galleries, maybe slip into the Anchorage 5th Avenue Mall, in search of Christmas gifts for family and friends.

But first we had to eat.

I tried to picture in my mind all the restaurants, cafes and pubs we’ve visited in Anchorage over the years, places such as Club Paris Restaurant, the cozy, dimly lit Anchorage classic famous for its thick filet mignons; contemporary Ginger, with its tangy, innovative Pacific Rim cuisine; Simon & Seafort’s Saloon & Grill, the local seafood standard popular also for its Key lime pie and a bar stocked with an inspired collection of scotches; and Humpy’s Great Alaskan Alehouse, renowned for its halibut tacos.

There were many other places, too, that would be warm and welcoming on a chilly winter night, all serving good food, wine and beer. But it was Polly’s yen for lively atmosphere, open spaces and a particular dessert of bread pudding that drew us off the sidewalk and into the Glacier BrewHouse restaurant. There, seated in the high-ceilinged dining room next to the stone hearth and flickering fire, we could plan our evening over alder-grilled salmon followed by dessert for her and a pint of the rich, house-brewed oatmeal stout for me.

Alaska is rightly celebrated for its iconic wildness (picture Denali sparkling snow-white against cold, blue skies; windswept tundra outposts where sled dogs howl; great, silent forests coursed by snaking



Performances of *The Nutcracker* at the Alaska Center for the Performing Arts begin November 24.

ivers). Yet away from the rawness of the far-flung reaches, Anchorage's great indoors promise vistas of their own. Dining, culture, and shopping flourish in Alaska's biggest metropolis, a city whose allure shines brightly from November through March.

Home to about 300,000, Anchorage is hospitable in all seasons, but it takes special pride in its appeal as a winter destination. As the days grow short—the sun here breaks the horizon for only five hours, 28 minutes on the December 21 winter solstice—the lights flash on, flooding streets and trails. At the same time that life's pace slows, hotel rates and airfares dip into off-season mode, and day or night, much awaits to see and do.

The Alaska Center for the Performing Arts, the PAC, as it's called around town, opened its doors in 1988, enhancing local

culture and lending fresh energy to Anchorage winter nights. Hosting a range of entertainment options—from traveling Broadway musicals to locally written and produced plays, from city-based orchestras and choral groups to world-renowned singers, comedians, lecturers and more—the PAC is always on a roll. In November and December, the PAC will show several performances of *The Nutcracker*, and *A Christmas Carol* will begin a two-week run on December 15.

Located adjacent to Town Square Park between Fifth and Sixth avenues, smack in the heart of downtown, the multistory PAC is just a pleasant winter stroll from several hotels. Locals planning to see a show often make an evening of it by stopping first for dinner or drinks at places such as the Pangea Restaurant & Lounge, known for creative

Winter Events in Anchorage

■ First Friday: A Day of Art

Local galleries, restaurants and shops host the works of individual artists. The walk gets going after 5 P.M.; anchorage.net/event/first-friday/36242/.

■ Fur Rendezvous

Sometimes called the Mardi Gras of the North, the Fur Rondy is Alaska's premier winter celebration. In 2018, the day-and-night citywide party

runs from Feb. 23 to March 4. Events include the Open World Championship Sled Dog Race and Snowshoe Softball; furrondy.net.

■ GCI Great Alaska Shootout

NCAA Division I men's and women's college basketball teams will meet at the 40th-annual playing of the tournament, Nov. 21–25. It's held at the Alaska Airlines Center, and Alaska Airlines is a sponsor of the event; goseawolves.com. —K.M.



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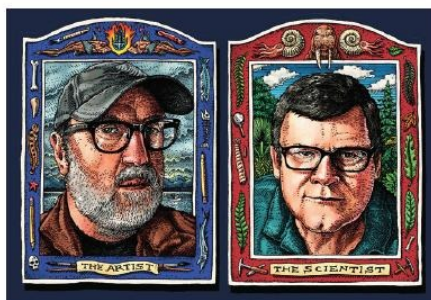
Portage Glacier



cuisine from around the world, or Williaw, which specializes in American fare and craft cocktails. Both are a snowball's throw from the PAC's front doors.

A few blocks east on Sixth, toward the Chugach Mountains, the Anchorage Museum closes at 6 P.M., but on Fridays from October to April it offers after-hours programs that include films, lectures and dance performances until 9 P.M. The museum highlights Alaska history and Native culture in photographs, paintings and 3-D multimedia exhibits. The "Cruisin' the Fossil Coastline" exhibition, open into September 2018, focuses on Alaska fossils with artist Ray Troll and paleontologist Kirk

» *The Anchorage Museum's "Cruisin' the Fossil Coastline" chronicles artist Ray Troll and paleontologist Kirk Johnson's time searching for fossils on the North American coast.*



Johnson, director of the Smithsonian Institution National Museum of Natural History.

After dinner that Thursday night, Polly and I stepped outside Glacier BrewHouse, zipping our coats against the chill. Beyond the streetlights, a full moon silhouetted the snaggletooth crags of the Chugach. We'd decided to visit some shops and then round out the evening at Kaladi Brothers on Sixth for locally roasted coffee. There, huddled close at a window booth, we could raise our mugs in a toast to Anchorage, where winter nights have a unique way of warming hearts. ✈

Ken Marsh writes from Anchorage.

FIVE WINTER RESTAURANT FAVORITES

● **Southside Bistro**—Order the wood-fired nachos with housemade chips or the Bistro Burger for excellent casual eating at great prices. Formal entrees range from Black Tiger Prawns & Scallops to Scandinavian Duck. Save room for Southside's unique, vibrant desserts; southsidebistro.com.

● **Moose's Tooth Pub & Pizzeria**—Located in Midtown, Anchorage's most famous pizza place promises excellent pies,

salads and house-brewed beers in a festive atmosphere; moosestooth.net.

● **Bear Tooth Theatrepub**—Have a house-brewed beer and a plate of good food while watching a show at this Moose's Tooth sister establishment in the Spenard neighborhood; beartooththeatre.net.

● **Kincaid Grill**—Wonderful eating in a laid-back atmosphere, just a short drive from

Ted Stevens Anchorage International Airport. Choose from a menu of fine fresh seafood, specialty meats and handcrafted desserts; kincaidgrill.com.

● **Fiori D'Italia**—This local secret, hidden in the heart of the Spenard neighborhood, has great pizza in a quiet, low-key setting; feriorak.com.

● For more Anchorage eateries, see anchorage.net/things-to-do/restaurants/. —K.M.



Southside Bistro's Travis and Amanda Haugen, and Jens Nannestad.



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SAN JOSE BY BIKE

By Bill Fink

» It's sunny and 75 degrees—perfect California weather, with just a hint of a breeze—as I pedal around downtown San Jose. The city's wide, flat streets are conducive to riding, with generous bike lanes and city blocks long enough (and parking scarce enough) to make cycling a great choice for touring the San Jose metro area that anchors the southern end of Silicon Valley.

I'm riding a big blue bike, borrowed as part of the Ford GoBike bike-share program that launched in San Jose in July, with Alaska Airlines as its Founding Partner. The program allows riders to check out one of more than 300 bikes from 33 bike racks around town and ride it for up to 30 minutes before depositing it at another rack (see below for more details). It's a quick and easy way to traverse the city, to tour a few spots during the day, to commute to the train station, or to go to the downtown arena for a concert or San Jose Sharks hockey game. Using these bikes provides an inexpensive, fun and healthy way to navigate. The bikes are fairly sturdy beach cruisers, but they have smooth-shifting gears that are more than flexible enough to get around on San Jose's predominantly level streets. On my trip, I explore city sites ranging from art attractions to a riverside park.

San Jose is rich with street murals and public art. The SoFA District (South of First Area) has the highest concentration of street art, along with quirky galleries. I set my bike in a rack near an abstract floral



wall mural and another painting depicting a Spanish princess. Then I poke my head into a few shops, vowing to return for the neighborhood's festive First Friday events. Afterward, I grab another bike to cruise a few blocks to the San Jose Museum of Art to tour the venue's exhibition space, which hosts modern and contemporary art and includes works ranging from traditional painting to new media.

San Jose is the gateway to Silicon Valley, and I pedal next to one of the city's main showpieces of science and technology—The Tech Museum of Innovation. I dock my bike again and soon switch from cycling to flying in a virtual-reality machine in the museum. I also walk the floors with groups of kids exploring interactive exhibits about robotics and bioengineering, and I wonder which of them might become their generation's billionaire tech CEOs.

Keeping with an educational theme, I bike to San Jose State University to walk its lush green grounds dotted with statues. The campus is filled with cool architecture, including the angular, art-filled Dr. Martin

» *The bike-share program Ford GoBike, which counts Alaska Airlines as its Founding Partner, launched in San Jose in July. It provides a convenient, low-cost, healthy way to see the many sites of the Silicon Valley city.*

BIKE-SHARE DETAILS

The Bay Area's Ford GoBike program has several pass options. Prices are \$3 for a Single Ride (for 30 minutes of ride time, app required); \$9.95 for a Day Pass (unlimited 30-minute trips within a 24-hour period); and \$19.95 for a 3-Day Pass (unlimited 30-minute trips within a 72-hour period). Keeping a bike out of stations longer than 30 minutes costs \$3 more per 15 additional minutes with these passes. There is also a \$149 Annual Membership, with unlimited 45-minute trips. Visit fordgobike.com/pricing.



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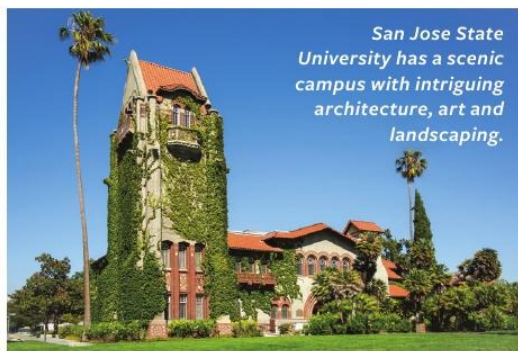


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San Jose State University has a scenic campus with intriguing architecture, art and landscaping.

Luther King Jr. Library (a collaboration of the university and the city's public library system).

All this touring is hunger-making, so I grab lunch inside the artisanal food court at the lively San Pedro Square Market, where I buy a bowl of poke tuna, rice and veggies to power my pedaling without getting too weighed down. The free wireless access inside enables me to post some photos of my ongoing tour.

I conclude with a pleasant pedal through Guadalupe River Park, recalling the days when Silicon Valley was



primarily farmlands intersected by woody wilderness.

I pop out of the park to finish my tour in San Jose's Japantown, checking out a few local shops—filled with traditional Japanese goods and other intriguing items—before reluctantly wrapping up my two-wheeled tour of the city and docking the shared bike one last time.

For a list of bike-share stations in San Jose and other Bay Area locations, or for more information about the program and its free app, visit fordgobike.com. ✈

Bill Fink writes from the east side of San Francisco Bay.

» **The San Jose Museum of Art features modern and contemporary art, with a strength in new media.**



SPORTS IN SAN JOSE

San Jose is making a case for itself as a powerhouse of pro sports in Northern California (alongside neighboring San Francisco and Oakland), with several franchises drawing crowds—and battling for championships.

Walking the downtown streets, it's quickly apparent from the many window signs that San Jose is "Sharks Territory," the home of perennial ice hockey playoff team the **San Jose Sharks**, who play in SAP Center at San Jose (aka "The Shark Tank"). Outside of the arena, downtown San Jose transforms into a hockey party before, during and after games, with specials in bars and restaurants all night. Anchored by a veteran core of players, plus several younger ones, the Sharks hope to make a run this season rivaling the one that took them to the Stanley Cup Finals in 2016. Alaska Airlines is a sponsor of the San Jose Sharks.

San Jose also enthusiastically supports its Major League Soccer team, the **San Jose Earthquakes**, who play in Avaya Stadium. With a fanbase that includes supporters of all ages, this franchise may well be the face of future sports in the city.



In 2014, football's **San Francisco 49ers** team moved from its longtime home in windswept Candlestick Park to Levi's Stadium in Santa Clara, just north of San Jose (though the team name still credits San Francisco). The stadium is also the home of the **Pac-12 Football Championship Game**, held this year on December 1.

From spring to early fall, the **San Jose Giants** baseball team showcases minor-league talent in its Single A franchise. Here, players battle their way to the big leagues, hoping to mirror the success of major-league stars Madison Bumgarner and Buster Posey, who both launched pro careers in San Jose. —B.F.

» **Tomas Hertl, above, plays center for the San Jose Sharks, who are regular playoff contenders. Chris Wondolowski, left, of the San Jose Earthquakes, is also among the city's stars.**

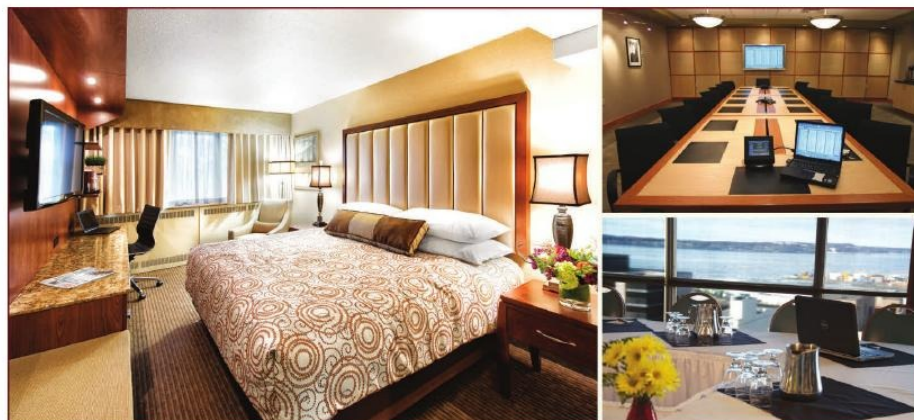
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FOLLOWING THE PDX ALE TRAIL

By Alex Pulaski

» The Lucky Labrador Brewing

Company's flagship brewpub on Portland's Eastside resides in a converted warehouse, with rough-hewn wooden floors and huge fir beams overhead.

I pass the usual assortment of beer lovers and their companions on the dog-friendly establishment's patio: a husky wrestling with a ball, a golden retriever sprawled on the floor, a terrier in its owner's arms. The number and



» Clockwise from top: Cascade Brewing opens a keg of Citrus Sunrise beer on Tap It Tuesday. Co-founder of Gigantic Brewing Van Havig, center, has a beer with some customers. Griksen Brewing makes its own 32-ounce cans of brew. Lucky Labrador Brewing runs a dog-friendly tavern.



variety of dogs are augmented by the annual Dogtoberfest celebration, a fundraising dog wash that the brewery's co-founders, Gary Geist and Alex Stiles, started in 1995 to mark their one-year business anniversary.

Just a decade earlier, in 1985, Oregon law had changed to allow beer companies to sell directly to the public at their breweries. That decision cleared the way for brewpubs and for suds-loving Portland to become one of the nation's leading craft-beer cities.

Today, the Rose City is home to more than 100 craft breweries. In fact, there are so many choices, it's a challenge for beer drinkers to decide where to go.

To help guide inquisitive beer aficionados, branding strategist and mapmaker Sean Egusa co-founded the city's first ale-trail map in 2016. The Lucky Labrador is among the very small group of 16 stops on the Eastside PDX Ale Trail (pdxaletrails.com), which outlines a 3-mile



journey through this section of Portland. Egusa, who also helped launch an ale-trail map for Bend, Oregon, felt it was important that Portland's beer brethren get some publicity.

"The breweries are the basic economic engines of these neighborhoods," says Egusa, who plans next summer to release new trail maps in other parts of Portland and develop an app to make the ale trails mobile-friendly.

With the help of a designated driver and Uber, I visit the trail stops over three separate outings. I find that each of the breweries has a

distinct character, in terms of neighborhood feel, overall vibe and, of course, what is being poured.

The Lucky Labrador, for example, favors the hoppy India pale ale style of beers—often bearing canine names such as Wag IPA, Double Dog IPA and Longtail IPA. You won't find a TV set or a pool table here, but you might see, as I did, toddlers in strollers alongside their parents.

"We're modeled after a British pub," Geist says. "You have to come here and talk."

North of Lucky Labrador on Southeast Belmont Street, I experience a distinctly different beer style at the Cascade Brewing Barrel House, which serves sour beers from a brick warehouse fronted by a huge patio.

On Tuesday evenings, Kevin Martin, the brewery's lead blender, holds court for weekly releases of sour beers that pack an acidic

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punch and have been oak-barrel aged for up to a couple of years. With their fruit influences and carbonation, the beers can taste a little like sparkling cider. Cascade offers delicate berry flavors in its Framblanc and a rich, powerful taste in its Bourbonic Plague.

Other trail stops—Base Camp, Mt. Tabor, Green Dragon (which changed its name since the map was printed to Rogue Eastside Pub & Pilot Brewery) and McMenamins Barley Mill Pub—are within a few blocks.

In Southeast Portland, master brewer Van Havig co-founded Gigantic Brewing Company. With its red picnic tables set in front of a metal warehouse, it's got a very working-class feel that suits Havig just fine. Gigantic's beers range from the standard Gigantic IPA (gin-barrel aged) and MarionBerry Tart (kettle-soured with marionberry fruit).

Near the trail's southern edge, I find Hopworks Urban Brewery with its ample patio

space and rows of bicycle frames suspended over the bar. I also stop by tiny Grixsen Brewing Co., which is planning a spring expansion at the western edge of busy Southeast Division Street. With a spin and an audible whir, Grixsen will preserve its beers in a giant "crowler," or can of beer, if you are on the go.

To complete my trail experience, I ask for Grixsen's India pale ale to be placed in such a can. There's nothing like capturing a memory, all 32 ounces of it, to savor later. ✈

BRUCE FORSTER, COURTESY: PORTLAND JAPANESE GARDEN



The Portland Japanese Garden's new Cultural Village is the centerpiece of a recent \$33.5 million expansion.

A GARDEN FOR ALL SEASONS

By Susan G. Hauser

» Fans of the Portland Japanese

Garden's legendary fall foliage are in for a pleasant surprise this year.

Once called "the most beautiful and authentic Japanese garden in the world outside of Japan" by Nobuo Matsunaga, the former

Japanese ambassador to the United States, the garden is celebrating a \$33.5 million expansion and reconfiguration of its entrance and grounds that has enhanced the garden's usefulness and beauty.

Tokyo architect Kengo Kuma has added four elegant new buildings to the garden, which sits in the West Hills above Portland, near the International Rose Test Garden. Visitors will first encounter a new Welcome Center near the parking lot. After following a graceful path

from the parking area, they will come to a courtyard, where cedar buildings with green, living roofs showcase local and natural materials that fit into the surroundings.

The space, dubbed the Cultural Village, features the Jordan Schnitzer Japanese Arts Learning Center, which houses the Calvin and Mayho Tanabe Gallery, a space used to display changing Japanese art exhibits. There is also the Garden House, the site of horticultural workshops. The third building is the Umami



This Japanese maple in the Strolling Pond Garden is known for the beauty of its fall foliage.

Cafe, where tea and snacks are served amid beautiful views of the area.

Visitors entering the garden first see the new cafe, which is built to be a calming, quiet place. Part of the structure is cantilevered over the edge of a hillside next to the path leading into the Cultural Village. The effect brings to mind a mountain chalet. At the west end of the

Cultural Village is a medieval-style wall constructed from blocks of Eastern Oregon granite with traditional Japanese hand tools.

Leaving the courtyard and the new buildings, the path leads to the original five distinctive gardens that have long attracted visitors from around the world. Other tranquil paths meander through the garden spaces, winding

» HERE & NOW PORTLAND

up and down hills carpeted with trees, plants and flowers. The paths cross bridges over ponds, where you can see large and colorful koi below the water's surface. A favorite site is the Heavenly Falls streaming down mossy basalt rocks in the Strolling Pond Garden.

In early November, one of the most popular sites is in the Strolling Pond Garden, which was designed to highlight the beauty of each season. There you'll find a Japanese maple, whose fall foliage is so vibrantly crimson and orange that it is often photographed as an artful frame of the Moon Bridge nearby.

Be sure to walk behind the Flat Garden's Pavilion Gallery to see a panoramic view of downtown Portland, graced by snowy Mount Hood in the distance.

When the colorful autumn leaves disappear from the trees, the Portland Japanese Garden remains a tranquil and beautiful place to enjoy a late-fall or winter walk. ✈



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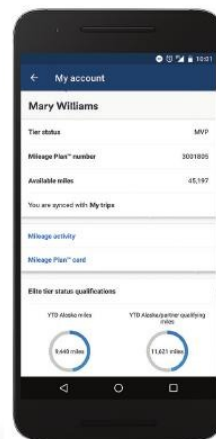


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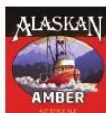


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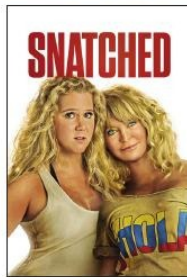
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Artist

Angel Snow
Joshua Radin
Jon Bryant
Callum Beattie
Current Swell
TWINKIDS
Haley Reinhart
Stu Larsen
WILD

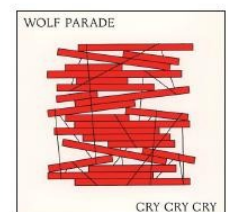
Song

Photographs
Here Comes the Sun
Light
We Are Stars
Like I Fight For You
Overdressed
The Letter
Chicago Song
American Love

Plus, check out our featured Sub Pop album of the month

Wolf Parade
Cry Cry Cry

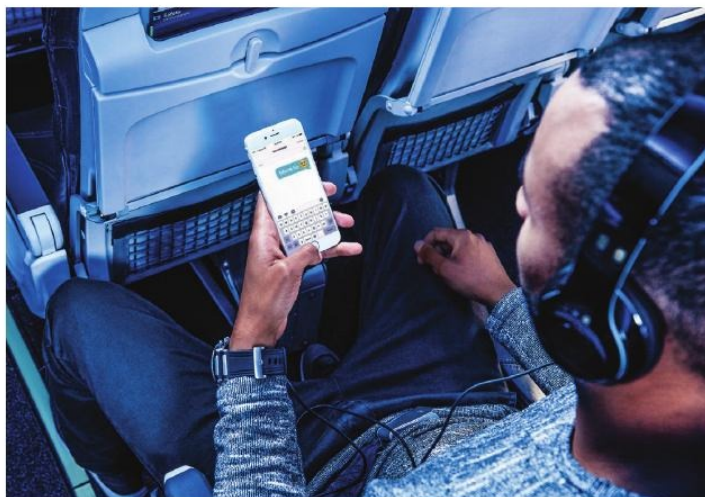
The soaring choruses, rousing anthems, sprawling guitars and chaotic keys that make up Wolf Parade are on proud display over the course of Cry Cry Cry, the band’s thunderous first album in seven years.



Stay connected with Free Chat™.

Never miss a thing. Free Chat allows you to send messages to friends and family from your smartphone using iMessage, Facebook Messenger and WhatsApp. Please keep in mind:

- Free Chat is designed for text-based messages only. Photos, video and SMS are not supported.
- Both you and your recipient must have one of the compatible apps.
- Free Chat is only available on flights with Gogo® Inflight Internet.



Go online.

Gogo® Inflight Internet is available on all of our Boeing 737 and Embraer 175 aircraft, excluding five half cargo/half passenger aircraft.

- Inflight Internet is not available on flights to/from Hawai'i or when flying over Latin America.
- In the air or on the ground, visit alaskaair.com or gogoair.com to view flexible pricing options.

TIPS FOR MAKING THE MOST OF INFLIGHT WI-FI:

It's great to be able to stay connected while you fly, but inflight Wi-Fi is different from the Wi-Fi you may be used to.

- Work smarter. Use webmail instead of Outlook to check your inbox. You never know what large files might be lurking in there.
- Wait to send that TPS report. Large attachments can slow things down: avoid sending while in air.
- Bookmark or favorite the Gogo in-air page—airborne.gogoinflight.com—in your browser.
- Huh? Gogo Live Help is available on flights within the Gogo coverage area. FAQs are at your fingertips on all flights.

Rent one of our premium entertainment tablets.

On most flights over 3.5 hours, you can rent one of our inflight entertainment tablets featuring the newest movies onboard, plus recent hits. Each tablet is preloaded with 25 to 30 movies (depending on the month), plus TV shows, Xbox games, music and digital magazines.

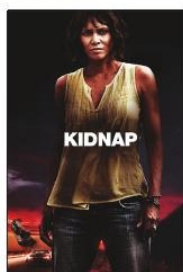
Tablets are free in First Class, and available to rent for \$8-\$10, depending on flight length.



NEW MOVIES ON THE TABLET:



Wonder Woman



Kidnap



Girls Trip



War for the Planet of the Apes



Despicable Me 3

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Welcome to a world of rewards.

Earn miles on hotel stays, car rentals, and everyday purchases, too.



See the world and earn miles doing it.

Earn or redeem miles on every Alaska flight and flights to more than 900 destinations worldwide with our airline partners.

AIRFRANCE

American Airlines

BRITISH AIRWAYS

CATHAY PACIFIC

Alaska
GLOBAL PARTNERS

Condor

Emirates

FIJI
AIRWAYS

FINNAIR

HAINAN
AIRLINES
Chartered Experience

ICELANDAIR

JAL
JAPAN AIRLINES

KLM

KOREAN AIR

LATAM
AIRLINES

PenAir
THE SPIRIT OF ALASKA

QANTAS

Ravn
ALASKA

SINGAPORE
AIRLINES

Virgin
america

The more you fly, the richer the rewards.

Partner miles flown also count toward elite status qualification.*

MVP

(20,000 miles flown on Alaska)

- Priority check-in
- Two free checked bags
- Eligible for complimentary First Class upgrades
- 50% bonus miles and more

MVP GOLD

(40,000 miles flown on Alaska)

All MVP® benefits, plus:

- Waived ticket change fees on Alaska
- Four annual guest upgrades
- 100% bonus miles and more

MVP GOLD 75K

(75,000 miles flown on Alaska)

All MVP Gold benefits, plus:

- Complimentary inflight entertainment player
- Four Alaska® Lounge day passes
- 125% bonus miles and more

*Miles flown on PenAir and Ravn do not count toward elite status qualification.



LONDON, ENGLAND



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Limited-time offer: Buy 1 ticket, get 1 for just the taxes and fees with Alaska's Famous Companion Fare™ offer.

• **30,000 bonus miles** after qualifying purchases.

• **Free checked bag** for up to six people on the same reservation.

Learn about all card benefits at alaskaair.com. The benefits above apply to Visa Signature® accounts only and different benefits apply to

Platinum Plus® accounts. Card type is determined by creditworthiness.

Cardholder perk: There's no limit to the number of miles you can earn.

Apply at AlaskaOffer.com or ask your flight attendant.

For information about rates, fees, other costs and benefits associated with the use of this card or to apply, visit the website referenced above. The Visa Signature® card benefits described herein are subject to certain restrictions, limitations and exclusions. This credit card program is issued and administered by Bank of America, N.A. Visa Signature is a registered trademark of Visa International Service Association, and is used by the issuer pursuant to license from Visa U.S.A. Inc. Platinum Plus is a registered trademark of Bank of America Corporation.

Big adventures for fewer miles. NEW

You can now book nonrefundable one-way award travel within the continental United States and Canada starting at just 5,000 miles.*

New starting price*	Previous starting price*	Distance each way	Sample routes
5,000 miles	7,500 miles	Less than 700 miles (intrastate)	San Jose–Orange County
5,000 miles	12,500 miles	Less than 700 miles	Seattle–San Francisco
7,500 miles	12,500 miles	701 to 1,400 miles	Los Angeles–Portland
10,000 miles	12,500 miles	1,401 to 2,100 miles	Portland–St. Louis
12,500 miles	12,500 miles	More than 2,101 miles	New York–Seattle

* Plus taxes and fees from \$5.60 each way. Award availability and pricing may vary.

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Join today and start getting rewarded. alaskaair.com/mileageplan

Mileage Plan gives you the world

Earn and redeem your Alaska Airlines miles to more than 900 destinations worldwide.

Find tips on how to earn and use miles on our global partners at blog.alaskaair.com/mileage-plan.



Explore more with Mileage Plan.



Paris, France
British Airways



Reykjavik, Iceland
Icelandair



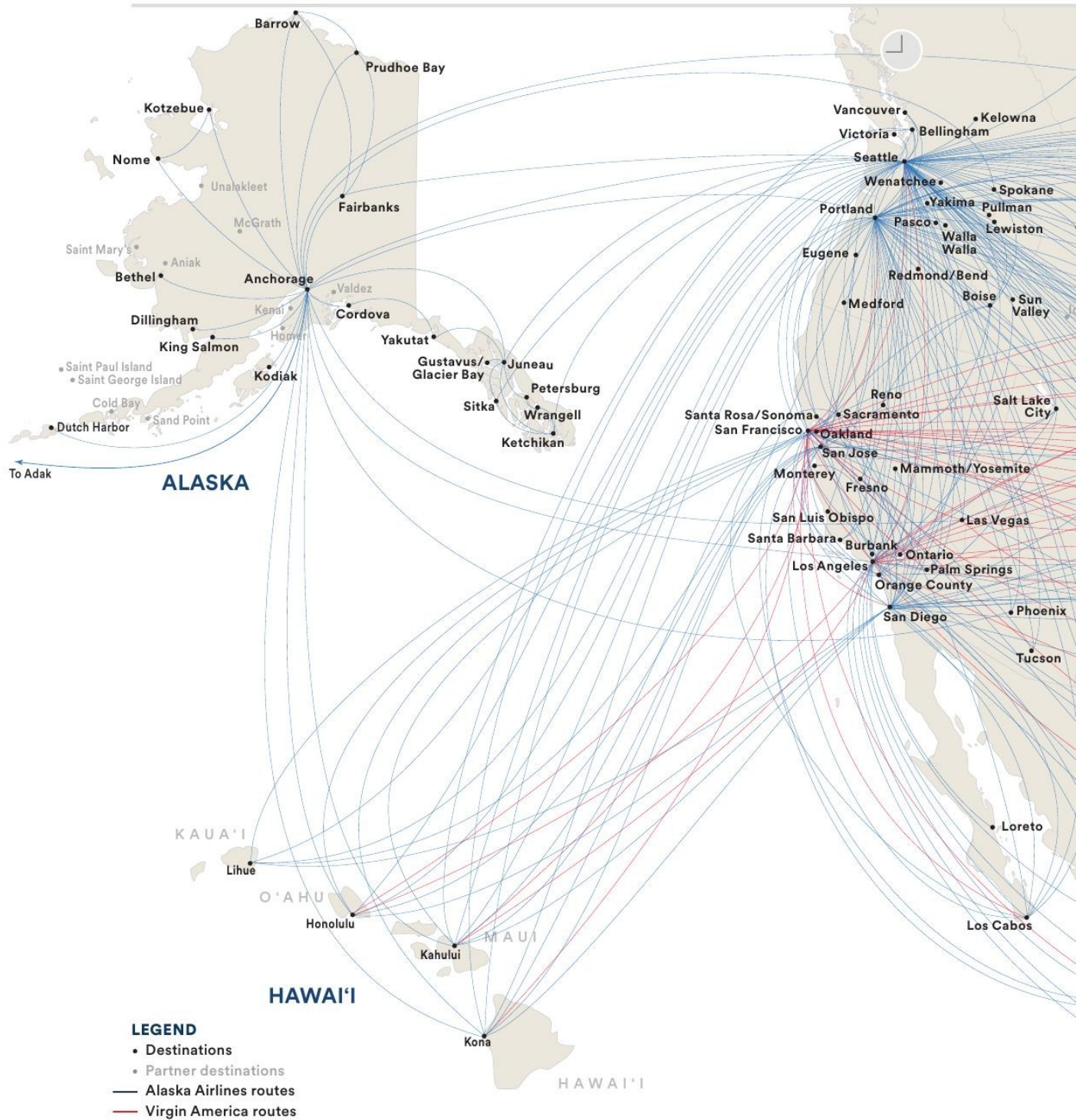
Singapore
Singapore Airlines



Sydney, Australia
Qantas

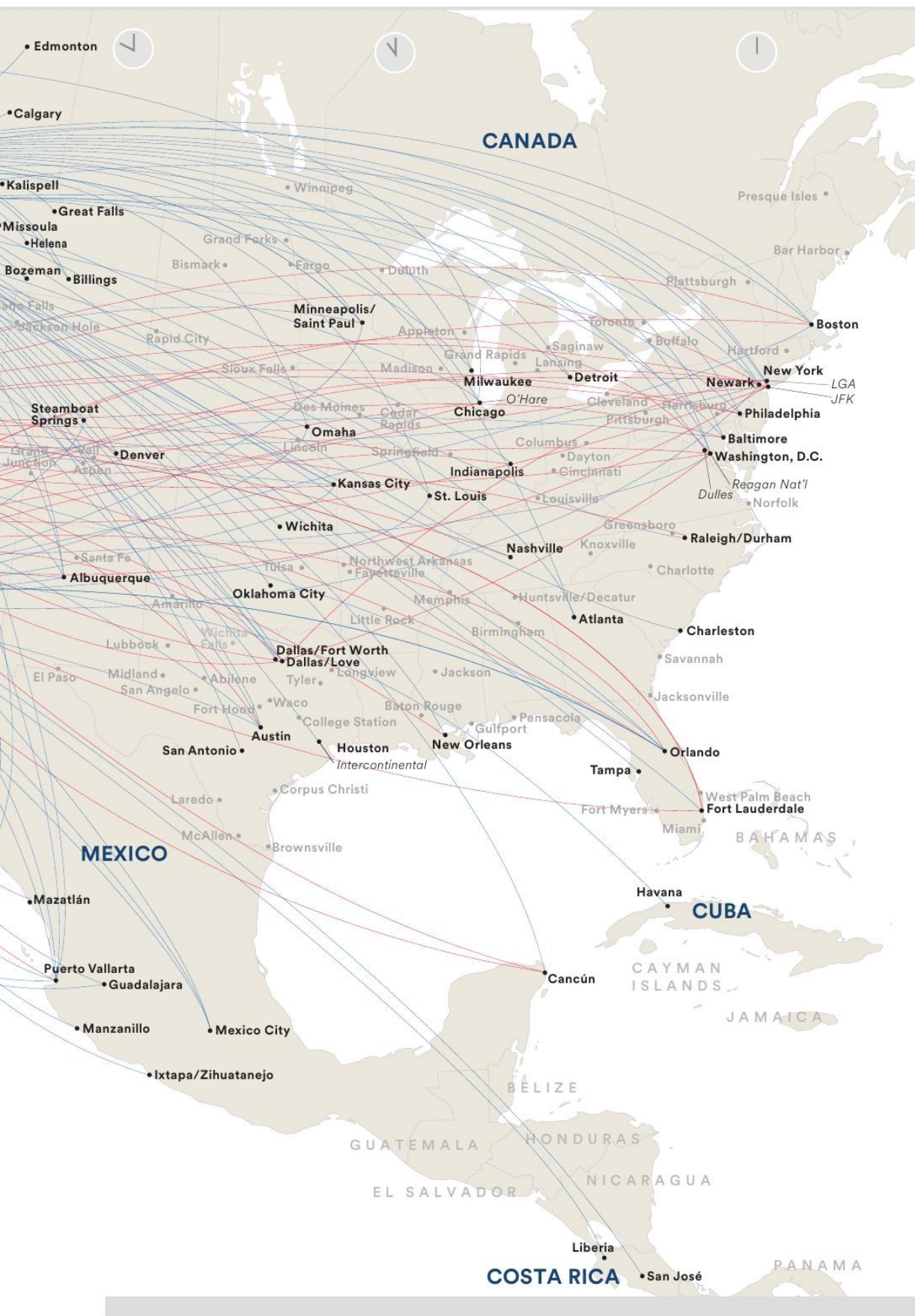
Where we fly

115+ destinations and counting.



UPCOMING NEW SERVICE

Route	Service Begins
Portland, OR—New York Kennedy (JFK)	November 6
San Diego, CA—Mexico City, MEX	November 6
San Diego, CA—Minneapolis, MN	November 18
San Francisco, CA—Kona, HI	December 14
San Diego, CA—Kansas City, MO	December 15
San Diego, CA—St. Louis, MO	December 15



Some Alaska Airlines service operated by Virgin America, Horizon Air or SkyWest Airlines.

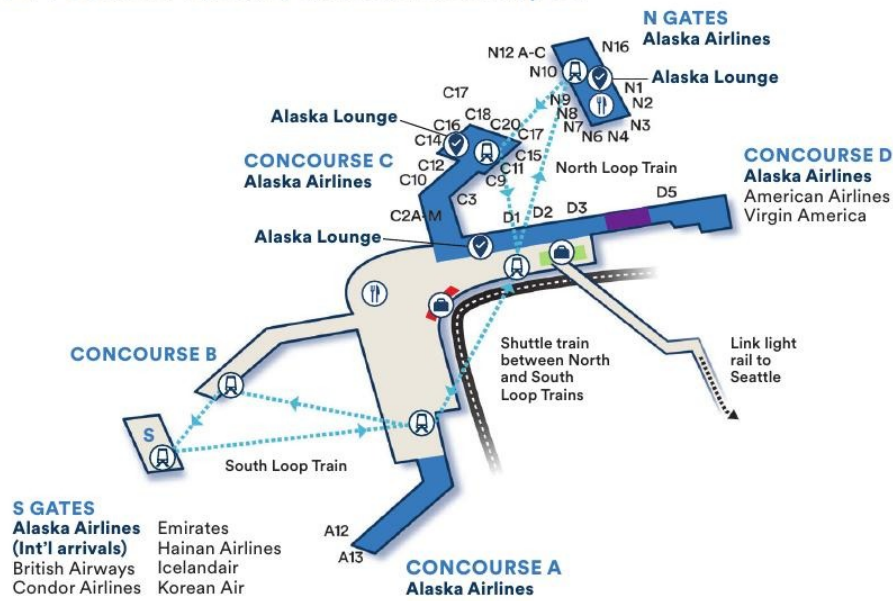
Some routes shown operate seasonally.

Airport terminal maps

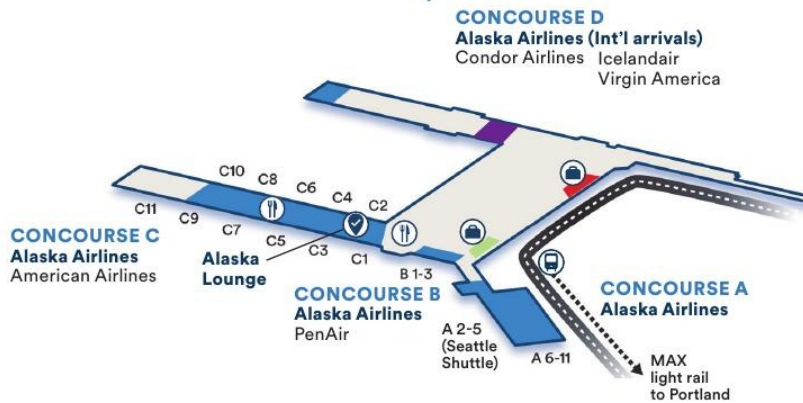
SEA Seattle/Tacoma International Airport

Tip: Connecting to an Alaska Global Partner? You'll need to take the shuttle train to the South Loop Train to get to the S gates.

Tip: Our new Alaska Lounge opened in the C Concourse: Raise your "preflight" game. We have complimentary food, premium drinks, Wi-Fi and great views.



PDX Portland International Airport



SFO San Francisco International Airport

Tip: Alaska Lounge members have access to the Cathay Pacific Lounge at SFO when traveling on Alaska.

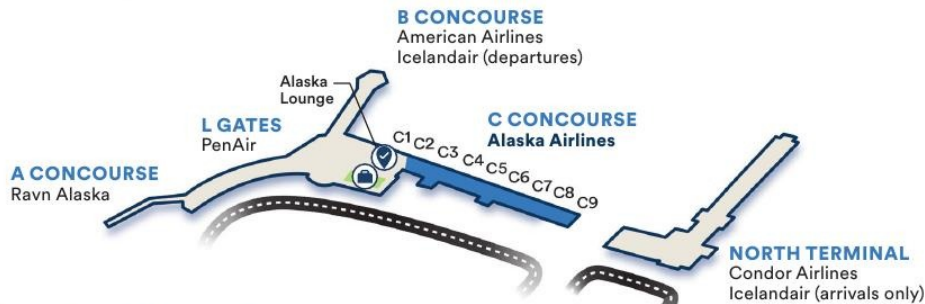


LAX Los Angeles International Airport

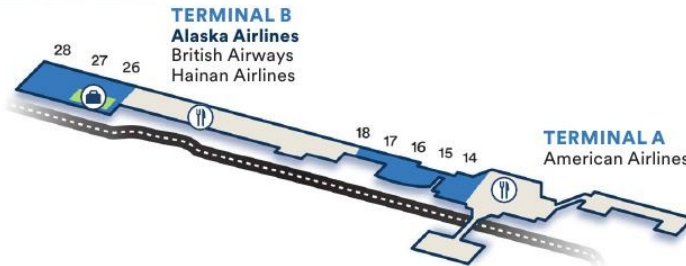


Tip:
Virgin America has moved to Terminal 6. Virgin America Loft has closed: Please visit the Alaska Lounge at Terminal 6.

ANC Anchorage International Airport



SJC San Jose Mineta Airport



SAN San Diego International Airport



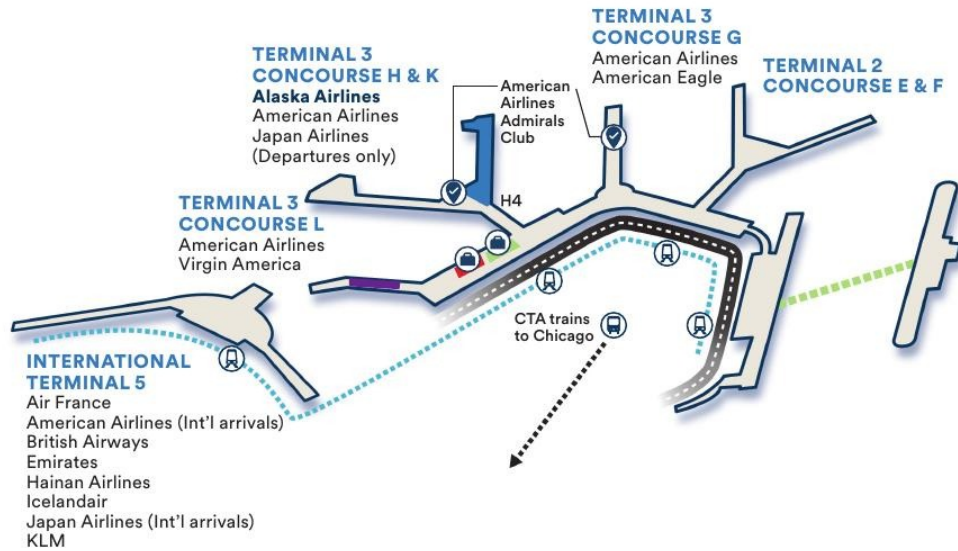
Global Airline Partner terminal maps

ORD Chicago O'Hare International Airport

American Airlines 

From Chicago, American Airlines serves 122 destinations in 11 countries, with convenient connections to Europe from the West Coast.

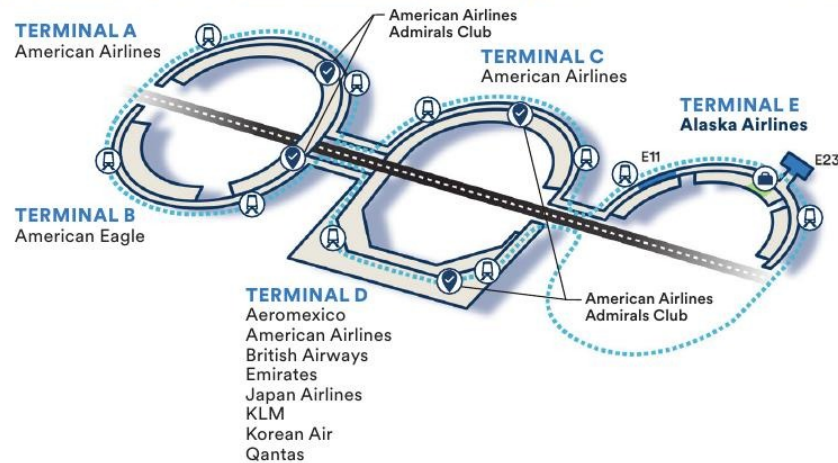
Tip: Alaska Lounge members receive access to most American Airlines Admirals Clubs when traveling on Alaska or American.



DFW Dallas/Fort Worth International Airport

American Airlines 

Headquartered in Dallas, American serves 197 destinations in 29 countries including Latin America, the Caribbean and Europe from DFW.

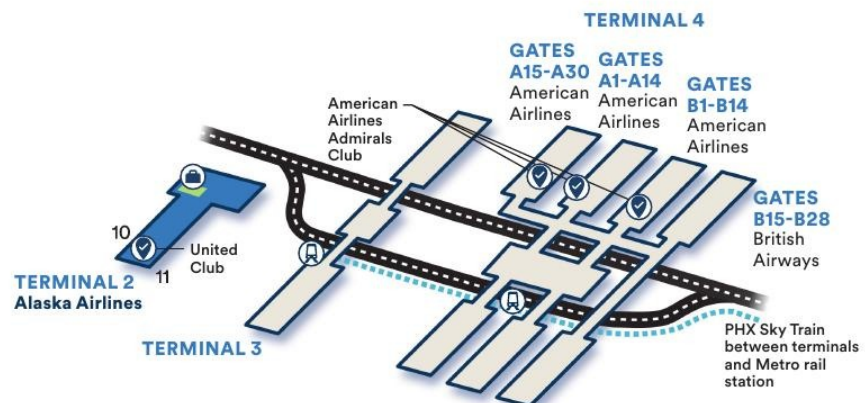


PHX Phoenix Sky Harbor International Airport

American Airlines 

From Phoenix, American flies to 81 cities with over 300 flights.

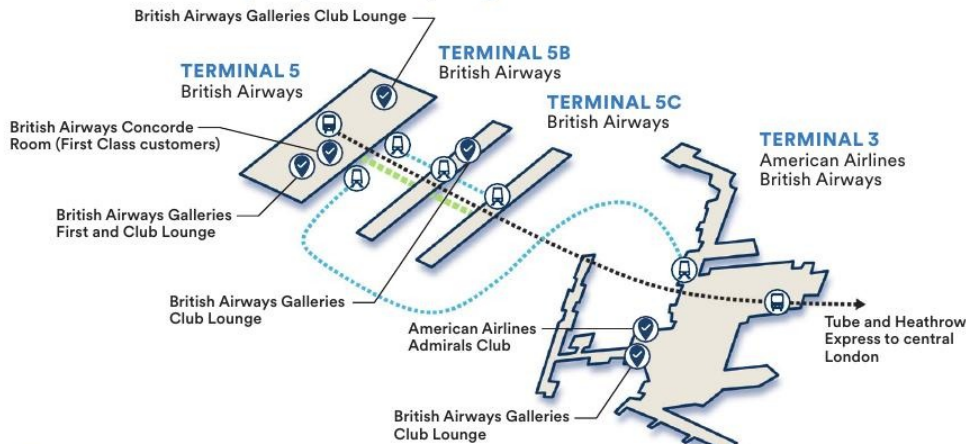
Tip: Alaska Lounge members have access to the United Club across from gate 10 at Sky Harbor when flying on Alaska.



Legend:



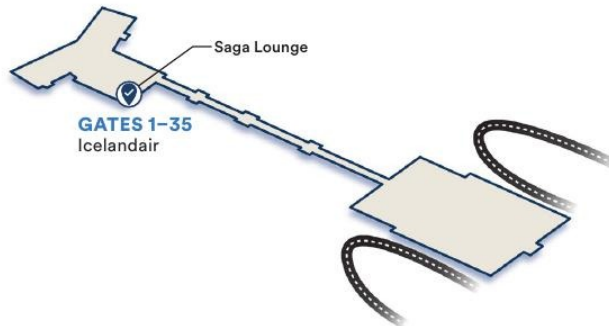
LHR Heathrow Airport, London, England



British Airways' London hub offers convenient connections from the West Coast to cities throughout Europe.

Tip:
MVP Gold & MVP Gold 75K members receive complimentary access to British Airways' Galleries Club Lounge in Terminal 5.

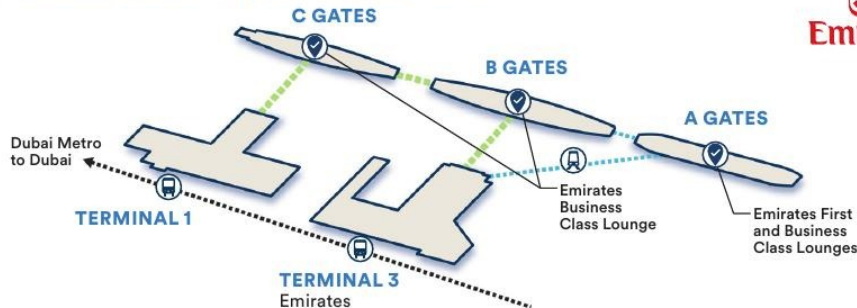
KEF Keflavík International Airport, Reykjavík, Iceland



Tip:
MVP Gold and MVP Gold 75K members receive complimentary access to Icelandair's Saga Lounge.

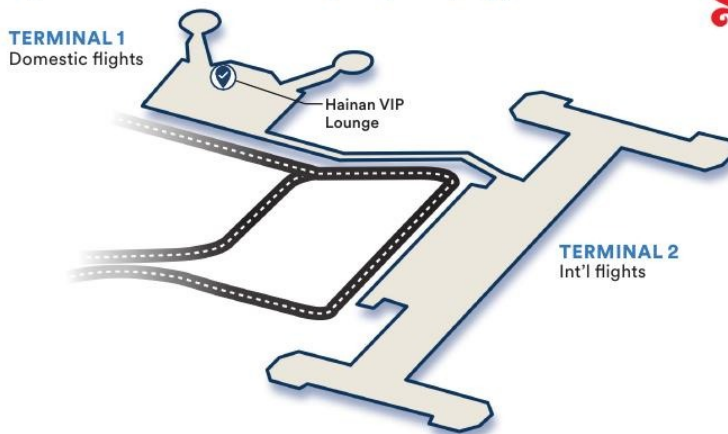
Icelandair's Reykjavík hub makes for easy connections to the airline's 20+ destinations throughout Europe. Icelandair offers free stopovers in Iceland.

DXB Dubai International Airport, Dubai, UAE



Emirates' Dubai hub offers connections to 100+ destinations on 6 continents, all featuring the airline's world-class service.

PEK Beijing Capital International Airport, Beijing, China



Tip:
MVP Gold and MVP Gold 75K members receive complimentary access to Hainan's VIP Lounge.


With gateways in Seattle and San Jose, earn miles traveling to Beijing, Shanghai and to other destinations throughout China.

Customs and immigration

Please use all capital letters with blue or black ink.

Por favor use letra mayúscula en tinta azul o negra.

Global Entry is a U.S. Customs & Border Protection program that offers expedited customs entry with no processing lines, no paperwork, TSA Pre✓® eligibility and access to expedited entry in other countries. Apply at www.cbp.gov.



Customs and Immigration forms are distributed by flight attendants during your flight. Prior to landing, complete all forms that pertain to you, following the tips below. Completed forms are presented immediately upon entering the International Arrivals building.

TO THE UNITED STATES PASSPORT CONTROL KIOSKS

Automated Passport Control kiosks expedite the entry process. Eligible travelers scan their passport, take a photograph and answer a series of questions at the kiosk. Once complete, present the printed receipt from the kiosk to a Customs Officer.

Helpful tips

- Only citizens or nationals of the U.S., Canada or Visa Waiver Program countries are eligible to use the kiosk.
- Customs declaration forms are unnecessary.
- Kiosks available in Los Angeles (LAX), Portland (PDX), San Diego (SAN), San Francisco (SFO) and Seattle (SEA).

U.S. CUSTOMS DECLARATION

All travelers to cities without Passport Control kiosks must complete this form.

Helpful tips

- One form per person or one per family (family defines those in the same household who are related by blood, marriage, domestic relationship, or adoption).
- Lines 5, 6—If not using a passport, leave these lines blank.
- Line 9—Enter “AS” for Alaska Airlines
- Sign at the “X.”

INTERNATIONAL TRAVEL TIPS TO MEXICO

- All travelers must complete a Mexico Customs Declaration form; one per traveler or family with same address.
- All travelers, except for citizens of Mexico, must complete the FMM; one per traveler or family.

TO COSTA RICA

- All travelers must complete a Customs Declaration form; one per traveler or family.
- All travelers must complete an Immigrations Form; one per person.
- Costa Rica requires a \$29 departure tax for each traveler. For tickets purchased before June 1, 2016, pay fee prior to check-in with Alaska Airlines at the service centers in terminal check-in area. The fee is included in the price of tickets purchased after June 1, 2016.

Las formas de Aduana y Migración son distribuidas por los sobrecargos durante el vuelo. Antes del aterrizaje en su destino final complete las formas correspondientes usando las indicaciones que se proporcionan a continuación. Las formas completas serán presentadas en la Terminal Internacional.

QUIOSCOS DE CONTROL DE PASAPORTES

Kioscos automatizados de control de pasaportes acelerar el proceso de entrada y se encuentran en muchas ciudades servidas por Alaska Airlines. los viajeros elegibles escanear el pasaporte, tomar una fotografía y contestar una serie de preguntas en el quiosco. Una vez completa, presentar el recibo impreso en el quiosco a un oficial de aduanas.

Datos de ayuda

- Sólo los ciudadanos o nacionales de los países del Programa de Exención de Estados Unidos, Canadá o Visa son elegibles para utilizar el quiosco.
- Formularios de declaración de aduanas son innecesarias.
- Kioscos disponibles en Los Ángeles (LAX), Portland (PDX), San Diego (SAN), San Francisco (SFO) y Seattle (SEA).

DECLARACION DE ADUANA

Los viajeros a ciudades sin quioscos de control de pasaportes deben completar este formulario.

Datos de ayuda

- Una forma por persona o por familia con la misma dirección.
- Línea 5, 6—Si no tiene pasaporte, deje esta sección en blanco.
- Línea 9—Use “AS” para Alaska Airlines.
- Firme en la “X.”

CONSEJOS DE VIAJE INTERNACIONALES A MEXICO

- Todos los viajeros deben completar un formulario de declaración de aduanas México; uno por cada viajero o familia con la misma dirección.
- Todos los viajeros, excepto para los ciudadanos de México, deben completar la FMM; uno por cada viajero o familia.

A COSTA RICA

- Todos los viajeros deben completar un formulario de declaración de aduanas; uno por cada viajero o familia.
- Todos los viajeros deben completar un formulario de Inmigración; uno por persona
- Costa Rica requiere un impuesto de salida de \$29 para cada viajero. Para los boletos comprados tarde del 1 junio, 2016, pagar la cuota antes de check-in con Alaska Airlines en los centros de servicio en el área de registro de entrada en el terminal. La tarifa está incluido en el precio de los boletos comprados el 1 de junio 2016.

Your safety and comfort

SEATS

- Your seat belt must be fastened whenever the “FASTEN SEAT BELT” sign is illuminated. Keep your seat belt fastened at all other times in case of undetectable clear-air turbulence.
- Seatbacks and tray tables must be in the upright, locked position during taxi, takeoff and landing.
- Child-restraint devices must bear the FAA approval sticker.
- Seat-belt extension use is not allowed in exit rows for the safety of all passengers due to the possibility of entanglement by the extensions.

CARRY-ONS

- All carry-on baggage must be stowed under a seat or in an enclosed overhead bin upon boarding and prior to landing, as directed.
- Please use caution when opening an overhead bin, as items may have shifted.
- Prior to takeoff and landing, service items provided by Alaska Airlines must be picked up or properly stowed under the seat in front of you, in carry-on luggage that is properly stowed or in an overhead bin.

LAVATORY

- Customers are requested to use the lavatory in their assigned cabin and are required to do so on inbound international flights; exceptions may be made for customers with special needs.

CREW SAFETY

- Interference with crew members’ (including flight attendants’) duties is a violation of federal law. Under federal law, no person may assault, threaten, intimidate or interfere with crew members in the performance of their duties aboard an aircraft under operation. Penalties for crew interference include fines up to \$11,000, imprisonment or both. An incident report may be filed with the FAA regarding a customer’s behavior.

PETS

- Pets must remain in carrier for entire flight. Carrier must be stowed for taxi, takeoff and landing.

USING YOUR DEVICES

We know use of your electronic devices is important, and we’ve adjusted our procedures to give you more time with those devices.

Allowed on the ground and in the air

- Laptops (must be stowed for taxi/takeoff/landing)
- Tablets/smartphones (Airplane Mode after door closure)
- Wireless mouse/keyboard
- e-readers
- Media/CD/DVD players
- Noise-canceling and Bluetooth headphones
- Cellphones (prior to door closure only)

TRAVELING WITH INFANTS AND CHILDREN

- To be used onboard, your child-restraint system must conform to all applicable federal motor vehicle safety conditions and the restraint must be certified for use in motor vehicles and aircraft.
- Some restrictions for child-restraint systems apply based on seat locations and flight numbers. Visit <http://bit.ly/InfantTravel> for details.

DEVICES

- During taxi, takeoff and landing, portable electronic devices and headphones may be used. Larger electronic devices such as laptops must be stowed during taxi, takeoff and landing.
- Cellphones may be used while the boarding door is open until advised by your flight attendant that cell service must be turned off. Upon landing, your flight attendant will advise when cell service can be enabled.
- During flight, electronic voice communications of any kind (e.g., cell/VoIP calls) are prohibited.
- Headphones must be worn when using electronic devices such as personal music players, Inflight Entertainment Tablets, etc.

ALCOHOL AND TOBACCO

- Alcohol may not be consumed aboard an aircraft unless it has been provided by a flight attendant. No alcohol may be served to any person who appears to be intoxicated, or who is under 21 years of age.
- Smoking, chewing tobacco and electronic cigarette use are not permitted on any Alaska Airlines flight.

OTHER PROHIBITED ITEMS

- Alaska Airlines prohibits the use of items that do not meet FAA Regulations or Company regulations. This includes the use of seat-belt extensions not provided by Alaska Airlines, devices that restrict the recline of seats, self-heating meals or beverages, air filters placed on overhead vents and personal air-purifying devices.

Not allowed during flight

- Voice calls of any kind, including VoIP
- Devices with cell service enabled
- AM/FM radios or TVs
- Personal air purifiers
- Remote-control toys
- Electronic cigarettes

The Federal Aviation Administration (FAA) and Alaska Airlines have set these rules and regulations to assure your safety and comfort.

CONTACT US

Customer care:
800.654.5669
(Mileage Plan,
Customer Care)

Toll-free
reservations:
Within the U.S.
and Canada:
800.ALASKAAIR
(800.252.7522)
(TTY 800.682.2221)
alaskaair.com

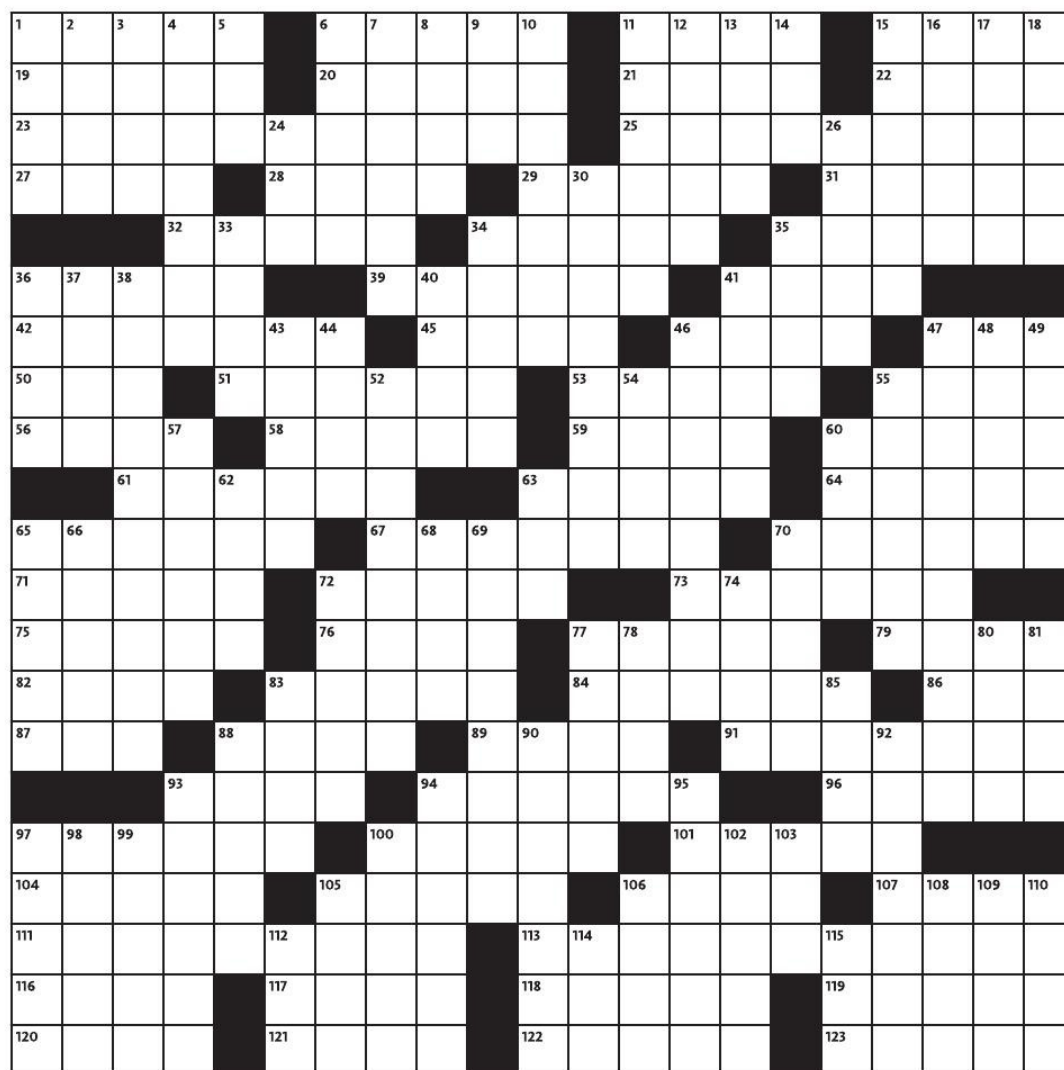
En Español:
800.858.5525
From Mexico:
001.800.252.7522

Alaska Airlines
Vacations:
844.762.0087
vacations.alaska-air.com

WRITE ON!

ACROSS

- 1 From now
6 Uncle Miltie
11 Riches' forerunner
15 Served perfectly
19 Isle be seeing you?
20 Once more
21 Big hair
22 Nautical force
23 It may refer to a footnote
25 Hateful, as a letter
27 Petition
28 Increased
29 *Adam Bede* novelist
31 Name on tractors
32 Raise a glass
34 Art repro
35 Speaks with pride
36 Too pricey
39 Composed
41 Mr. Sagan
42 Evergreen conifer
45 Chap
46 Big-house occupants
47 Cornfield call
50 *Exodus* hero
51 Ill-fated
53 Condition
55 Rake
56 Tableland
58 Style of dress
59 Stable female
60 Smithy's furnace
61 Similes and such
63 Bundled, as cotton
64 Tempted
65 Singing bunch
67 Despots
70 Bishops' caps
71 Leader
72 Groovy pattern
73 Conditions
75 Accumulate
76 Stern
77 Golfer's gripper
79 Expectorated
82 Garrison
83 Anachronistic
84 In the phone book
86 Sapporo sash
87 Give it a go
88 They pester girls
89 Microphone holder
91 Bedecked
93 Trunk growth
94 Dance in three
96 Actor McDowall
97 Pour gently
100 Suffering from ennui
101 Vamoose!
104 In the midst of
105 Electrical connectors
106 Ms. Garr
107 Basics
111 Lowercase
113 Character recommendation
116 Gymnast Korbust



- 117 Viva voce exam
118 Get the lead out?
119 Crest
120 *Hud* star
121 Minus
122 Skinned
123 Stationed

DOWN

- 1 Door fastener
2 Hebrew month
3 Slangy refusal
4 Person holding cribnotes
5 Hear here
6 Supports
7 Plumed waders
8 Sortie
9 Sass
10 Came in
11 Plunder
12 Going on
13 Pluck
14 Mayday signal
15 Temper with heat
16 Ann and May
17 Turn outward
18 Bits of force
24 Abundance
26 Stenches
30 Referee's assistant
33 Commentator's page
34 Stick-in-the-mud
35 Scourge
36 Hustle
37 London flat's locale?
38 Missive-related
40 First place?
41 Managed
43 Afternoon TV fare
44 Only
46 Pats lightly
47 Communicate by mail
48 Brace's bit
49 Gardener's nemesis
52 Lady of the house
54 Cease

- 55 1 and 66
57 Take into custody
60 Dart
62 Yours and mine
63 Rotten
65 Ocean vessel
66 Wit
68 Positive votes
69 Unusual individual
70 Paired
72 Cafeteria stack
74 Cheerio!
77 Sky sight
78 Cocktail garnish
80 Retired
81 Neat as a pin
83 Column
85 Mrs. Copperfield
88 Bell sounds
90 Round dance
92 Bucharest's country
93 Instruction book
94 Some mushrooms
95 Fly out of Africa

- 97 Friend of Pythias
98 Author Zola
99 Cuban drum
100 Gauchos' tools
102 Wept
103 Cup edge
105 Remedy
106 Romanov honcho
108 Bridge offers
109 Confine
110 Snow vehicle
112 Mountain pass
114 Part of B.C.E.
115 Sphere

SOLUTION ON PAGE 214.

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At Muckleshoot Casino, the sky's the limit with your choice of more than 3,100 gaming machines, over 100 table games and new ways to win Free Play instantly! Plus, you'll feel like you're in first class with delectable dining options and the largest smoke-free gaming area in the state!

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IT'S ALL ABOUT YOU

Limit one Free Play redemption per guest per month. Not to be combined with other publications, promotional offerings and holidays. Must be or become a Players Club member to participate. Membership is free! Offer expires December 14, 2017. Free Play may not be available on all machines. For Free Play limitations, rules and details, see Players Club. Promotions are subject to change without notice. Management reserves all rights.

» GAMES BRAIN BOOSTERS

LADDERGRAM

First, write the word that fits the first definition into space 1. Then drop one letter and rearrange the remaining letters to form the answer to definition 2. Drop one more letter, rearrange, and get the answer to definition 3. Put the first dropped letter into the box to the left of space 1 and the other dropped letter into the box next to space 3. When you have correctly solved the puzzle, the dropped letters on the left and right, when read down, will spell out related words.

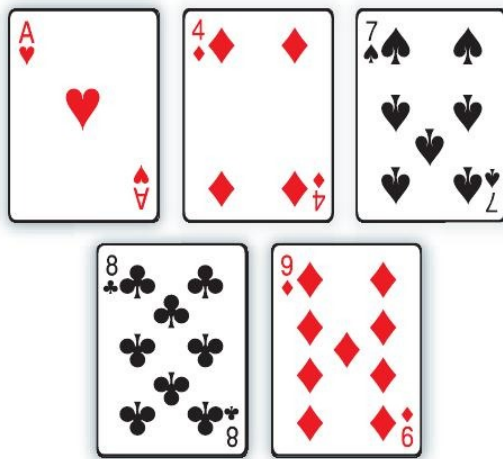
1.	2.	3.	
4.	5.	6.	
7.	8.	9.	
10.	11.	12.	
13.	14.	15.	
16.	17.	18.	
19.	20.	21.	

DEFINITIONS

- | | | |
|---------------------|----------------------------------|---------------------------|
| 1. Cried mournfully | 9. Burrowing animal | 16. Prevent |
| 2. Ultimate goal | 10. Very unusual, as an accident | 17. Put on the payroll |
| 3. Was untruthful | 11. Be scared of | 18. Assemblage of buffalo |
| 4. Annoy | 12. Exist | 19. Least light |
| 5. Pulsate | 13. Salary boost | 20. Smudge on a window |
| 6. The two of them | 14. Indian garment | 21. Dance on ice |
| 7. Egg dish | 15. Gentleman's title | |
| 8. Roadside inn | | |

CARD SENSE

Five playing cards were shuffled and put in a pile, one on top of another. Using the clues, can you identify each card's position in the pile?



- The seven of spades and the eight of clubs aren't adjacent.
- The nine of diamonds is immediately above the four of diamonds.
- The seven of spades is somewhere between the ace of hearts and the eight of clubs.
- The eight of clubs isn't on top.

ANAGRAM MAZE

The diagram contains 36 words, 21 of which are anagrams of other everyday words. Start at the top arrow and anagram FACE. While solving, move up, down, right, or left to the only adjacent word that can be anagrammed. Continue until you arrive at the bottom arrow.

1 LIST	2 KNEE	3 RELY	4 MUCH	5 BEAU	6 FACE
7 FEET	8 LESS	9 LILY	10 DROP	11 DOES	12 DIET
13 ARID	14 HEAR	15 RIPE	16 CELL	17 MALT	18 MINK
19 TINY	20 MAZE	21 VANE	22 FAST	23 RAPS	24 SOON
25 HOOT	26 HAVE	27 MAKE	28 AFAR	29 CAPE	30 WOOL
31 LIFE	32 ACME	33 WHAT	34 NUTS	35 NEWT	36 FOUL

SOLUTIONS ON PAGE 215.

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Complete each sudoku grid by placing a number in each box so that each row, column and small nine-box square contains the numbers one to nine exactly once. **Solutions on page 214.**

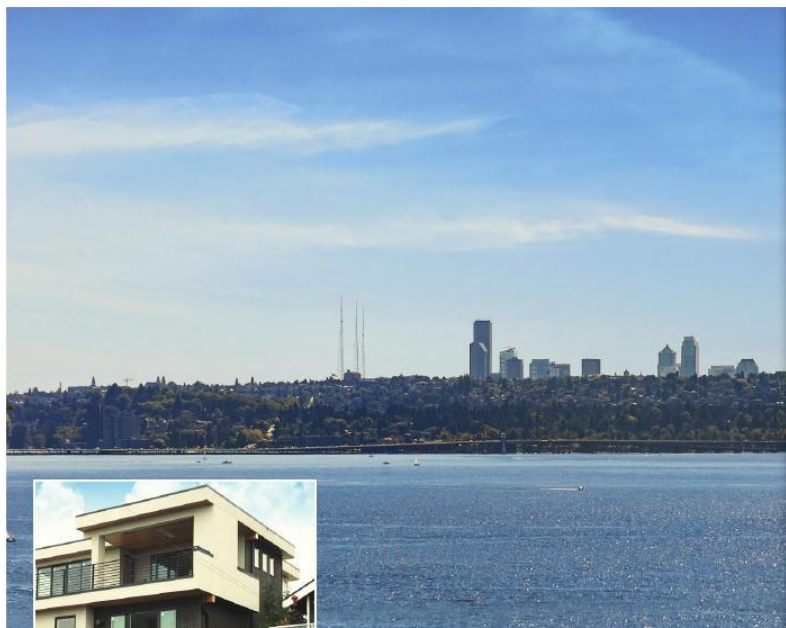
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	8			3	5		1	4
7						3		
3			1	7		2		9
			7		9	8	4	
4				6				5
	6	9	5		4			
6		7		5	3			2
		2						3
5	9		8	4			7	

DIFFICULTY: **MEDIUM**

	4		8			9	7	
9		8		5	3			
6					2		8	
		4		2		1		
8			1		4			7
		5		6		8		
	8		3					6
			2	8		3		4
	3	2			1		9	

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SUDOKU ON PAGE 213.

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9	8	6	2	3	5	7	1	4
7	2	1	4	9	6	3	5	8
3	5	4	1	7	8	2	6	9
1	3	5	7	2	9	8	4	6
4	7	8	3	6	1	9	2	5
2	6	9	5	8	4	1	3	7
6	1	7	9	5	3	4	8	2
8	4	2	6	1	7	5	9	3
5	9	3	8	4	2	6	7	1

DIFFICULTY: **MEDIUM**

2	4	3	8	1	6	9	7	5
9	7	8	4	5	3	6	2	1
6	5	1	9	7	2	4	8	3
7	6	4	5	2	8	1	3	9
8	2	9	1	3	4	5	6	7
3	1	5	7	6	9	8	4	2
4	8	7	3	9	5	2	1	6
1	9	6	2	8	7	3	5	4
5	3	2	6	4	1	7	9	8

CROSSWORD ON PAGE 208.

H	E	N	C	E	B	E	R	L	E	R	A	G	S	A	C	E	D
A	L	O	H	A	A	G	A	I	N	A	F	R	O	N	A	V	E
S	P	E	R	S	C	R	I	P	T	P	O	I	S	O	N	P	E
P	L	E	A	E	K	E	D	E	L	I	O	T	D	E	E	R	E
T	O	A	S	T	P	R	I	N	T	B	O	A	S	T	S		
S	T	E	E	P	S	E	R	E	N	E	C	A	R	L			
C	Y	P	R	E	S	S	D	U	D	E	C	O	N	S	C	A	W
A	R	I	D	O	O	M	E	D	S	H	A	P	E	R	O	U	E
M	E	S	A	A	L	I	N	E	M	A	R	E	F	O	R	G	E
T	R	O	P	E	S	B	A	L	E	D	L	U	R	E	D		
C	H	O	R	U	S	T	Y	R	A	N	T	S	M	I	T	E	R
R	U	L	E	R	T	R	E	A	D	S	T	A	T	E	S		
A	M	A	S	S	R	E	A	R	C	L	E	A	T	S	P	A	T
F	O	R	T	P	A	S	S	E	L	I	S	T	E	D	O	B	I
T	R	Y	B	O	Y	S	B	O	O	M	A	D	O	R	N	E	D
M	O	S	S	M	I	N	U	E	T	R	O	D	D	Y			
D	E	C	A	N	T	B	O	R	E	D	S	C	R	A	M		
A	M	O	N	G	C	O	R	D	S	T	E	R	I	A	B	C	S
M	I	N	U	S	C	U	L	E	T	E	S	T	I	M	O	N	I
O	L	G	A	O	R	A	L	E	R	A	S	E	R	I	D	G	E
N	E	A	L	L	E	S	S	P	A	R	E	D	B	A	S	E	D

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BRAIN BOOSTER PUZZLES ON PAGE 210.

LADDERGRAM

W	1. WAILED	2. IDEAL	3. LIED	A
E	4. BOTHER	5. THROB	6. BOTH	R
E	7. OMELET	8. MOTEL	9. MOLE	T
K	10. FREAK	11. FEAR	12. ARE	F
E	13. RAISE	14. SARI	15. SIR	A
N	16. HINDER	17. HIRED	18. HERD	I
D	19. DARKEST	20. STREAK	21. SKATE	R

CARD SENSE

The nine of diamonds is directly above the four of diamonds (clue 2). The seven of spades and eight of clubs aren't adjacent (clue 1) and the ace of hearts isn't between them (clue 3), so the nine of diamonds and the four of diamonds are between the seven of spades and the eight of clubs. By clue 3, either the ace of hearts or the eight of clubs is on top of the pile. The eight of clubs isn't on top (clue 4); the ace of hearts is on top. The seven of spades, then, is second from the top, the nine of diamonds is third, the four of diamonds is fourth from the top, and the eight of clubs is on the bottom. In summary, from top to bottom: ace of hearts, seven of spades, nine of diamonds, four of diamonds, and eight of clubs.

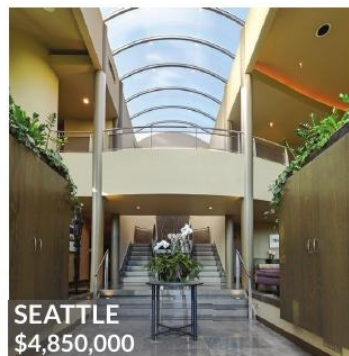
ANAGRAM MAZE

The path through the maze, with just one anagram given for each, is: 6. cafe; 12. tied; 11. dose; 10. prod; 4. chum; 3. lyre; 2. keen; 1. silt; 7. fete; 13. raid; 14. hare; 15. pier; 21. nave; 22. fats; 23. spar; 29. pace; 35. went; 34. stun; 33. thaw; 32. came; 31. file.

1	2	3	4		6
7			10	11	12
13	14	15			
		21	22	23	
				29	
31	32	33	34	35	



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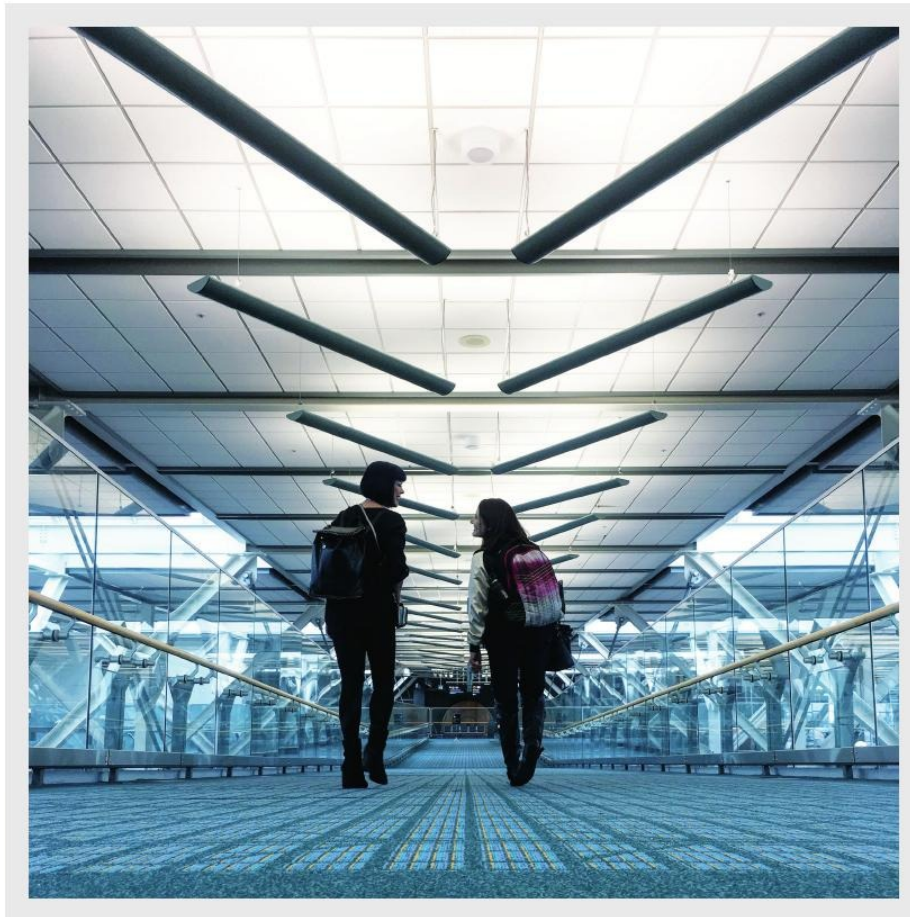
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