

Alaska BEYOND

HORIZON EDITION MAGAZINE OCTOBER 2017

IDAHO

FAMILY FUN, CRAFT DRINKS
AND BUSINESS BENEFITS

PORTLAND SURPRISES

Little-known Rose City
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ANGLING FOR ADVENTURE

Steelhead rivers of
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Publisher **Mimi K. Kirsch**
Editor-in-chief **Paul Frichtl**
Editor **Michele Andrus Dill**
Associate Editors **Jeff Bond, Ben Raker, Andrew Waite**
Assistant Editor **Lara Douglass**
Editorial Interns **Leah Allen, Avalon Ashley, Kristen Gustafson, Kacie Kaufman, Olivia Madewell**
Contributors **Jean Arthur, Wyatt Curtiss, Jim Gullo, Adriana Janovich, Buddy Levy, Dana Rebmann, Terry W. Sheely**
Art Director **Nancy O'Connell**
Production Director **Paul Frichtl**
Advertising Production Manager **Theresa Santucci**
Design & Production Specialist **Ellen Ordóñez**

CEO **Edward B. Kirsch**
Accounting Manager **Holly L. Genest**
Advertising Data Wrangler **Liz Borovik**
Office Coordinator **Courtney Evans**

SALES OFFICES

2701 First Avenue, Suite 250, Seattle, WA 98121;
206-441-5871; email sales@paradigmcom.com;
fax 206-448-6939

Advertising Director: **Kenneth J. Krass, ext. 11**

Western Washington/Eastern Washington/
Florida/Canada: **Becca Conversano, ext. 21**

Western Washington/Illinois:
Stephany Angelacos, ext. 13

Oregon/Idaho/Montana/Colorado/Utah/Michigan:
Clay M. Schurman, ext. 33

California/Arizona/Nevada/New Mexico/Texas:
Yael Kallin, ext. 27

Alaska: **Duane Epton, 3705 Arctic Blvd., #452, Anchorage, AK 99503; 907-561-2450, fax 907-344-7262**

East Coast/Mexico: **Kenneth J. Krass, ext. 11**

Hawaii: **Debbie Anderson, 808-739-2200, fax 808-739-2201**



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PLEASE REUSE AND RECYCLE



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ON THE COVER: Fall colors on the Big Wood River in the Sun Valley area.

Photo by Kirk Anderson / Idaho Stock Images.

YUM AND YUMMER.

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Alaska
AIRLINES

WELCOME»

‘OHANA MEANS FAMILY

» **How has an airline named Alaska made a name for itself in Hawai‘i?** Believe it or not, this month we celebrate 10 years of serving the Islands. Ben Minicucci, our president and chief operating officer, looks back and ahead.

—Brad Tilden

The first time I visited Hawai‘i, I was blown away. The endless sunshine, white sandy beaches and bike routes that can take you from the reef up 10,000 feet to the summit of Haleakalā. The Islands have always been special to me. But, as I’ve visited over the years, I’ve come to realize that Hawai‘i is not just about beautiful scenery. It’s about a connectedness with the earth and a feeling of spirituality that emanates from this special place. It’s also about people. The ease of smiles. Folks being truly nice to one another. It’s what Hawai‘i calls *‘ohana*, or being treated like family.

With the addition of Virgin America, we now have 20,000 employees at Alaska Airlines, which makes it more important than ever to continue to nurture our small-company feel. We’re lucky to have some pretty amazing employees at our airports in Hawai‘i who are everyday ambassadors of *‘ohana*. Employees like Stephanie Jimenez Alvarez.

Stephanie was working at the airport in Honolulu when two guests and their very young infant traveling to the mainland found

themselves stuck. Our flight was delayed, and they were rerouted to another airline. After the other airline canceled, they came back, and we rebooked them on our evening flight. They were all set to go, except that they had used up all their baby supplies in the wait. That’s when Stephanie did something remarkable. She took down a shopping list and the guests’ phone number and went out to purchase formula, diapers, clothing and supplies for the baby for their trip home. When she returned to the airport, sheer emotion took over when the family saw what she had done. It was a moment that I am sure our guests and Stephanie will not soon forget.

Our frontline employees deliver great service every day, but more importantly, they live our values to their core—Own Safety, Do the Right Thing, Be Kindhearted, Deliver Performance and Be Remarkable. It’s when things don’t go as planned that our folks truly bring our values to life. Stephanie is proof of that.

As Alaska Airlines celebrates 10 years of flying to Hawai‘i this month, I can’t help but reflect on how far our company has come and how we now feel at home in the Islands. I believe it’s because our core values are quite in sync with many Hawaiian cultural values: There is *pono* (do the right thing), *ho‘okipa* (generous hospitality), *aloha* (love, compassion and kindness) and, as I’ve mentioned, *‘ohana* (family).

When we complete our merger with Virgin America next year, Alaska will have up to 30 nonstop flights a day to Hawai‘i from 10 major West Coast cities, more than any other airline. And we’re proudly supporting events and organizations that do good—groups like Aloha United Way, Make-A-Wish Hawaii, Boys & Girls Club of Hawaii and many more.

Thanks for reading and, as always, thanks for flying Alaska. I hope that whether you are traveling to Honolulu or Helena, Maui or Milwaukee, our team of caring employees at Alaska Airlines make you feel like part of our *‘ohana*. *Mahalo!* —Ben Minicucci



Brad Tilden,
Chief Executive
Officer



Ben Minicucci,
President and Chief
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Photos: Gerald Pope



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MARY LOST 15 LBS & 10 YEARS IN 10 WEEKS

It wasn't until halfway through the My Best 10 program when I realized that I'm much more effective, and available for my family, when I take care of myself.

Before the program, I was in a bit of a slump. My friend, and workout partner, had moved away, so my motivation to exercise just wasn't there. My body felt "soft." When I got up in the morning and looked in the mirror, I didn't recognize who was looking back at me.

When I read about the My Best 10 program, I knew it was exactly what I needed – and it surpassed my expectations.

I had expected to work hard and lose weight. What I hadn't expected was that the lessons I'd learned during the program would become even more important two years later.

After successfully completing the program and losing 15 pounds, I felt better than ever. However, sometimes, old habits are hard to break. When my weight began to slowly creep back up, I knew it was time to take control again. I have the philosophy that obstacles are not an issue. I simply identify them and climb on over. Challenges keep it interesting and give me a sense of victory.

So I returned to what I'd learned through My Best 10 – protein shakes, lean protein

and no cheating. After I lost four pounds in the first week, I knew I was back on track. Personal training had been a key to my success in the program. My trainer provided the accountability I needed to get to my workouts and made me want to work hard. She always had something positive to say about my progress. And, most importantly, she made me feel good about myself again. If someone had told me a year ago that I'd be able to deadlift 145 pounds, I'd have called them insane. But today, I can do it. I'm happier, healthier, more comfortable in my own skin – and in the best shape of my life!

A major improvement in my life after My Best 10 is my energy level. Before the program, it was difficult to get going in the mornings. I felt tired even after getting eight hours of sleep. Now, I get up easily and sometimes even get a workout before the kids go to school. It's amazing how much better I feel now!

I'm a huge fan of MB10! This was the greatest gift I've ever given myself!

THREADING THE CELESTIAL NEEDLE

By Wyatt Curtiss

» There's nothing Alaska Airlines pilots like more than a challenge. So putting a 737 in the path of the Great American Eclipse on August 21 wasn't really a question of if, but a matter of how.

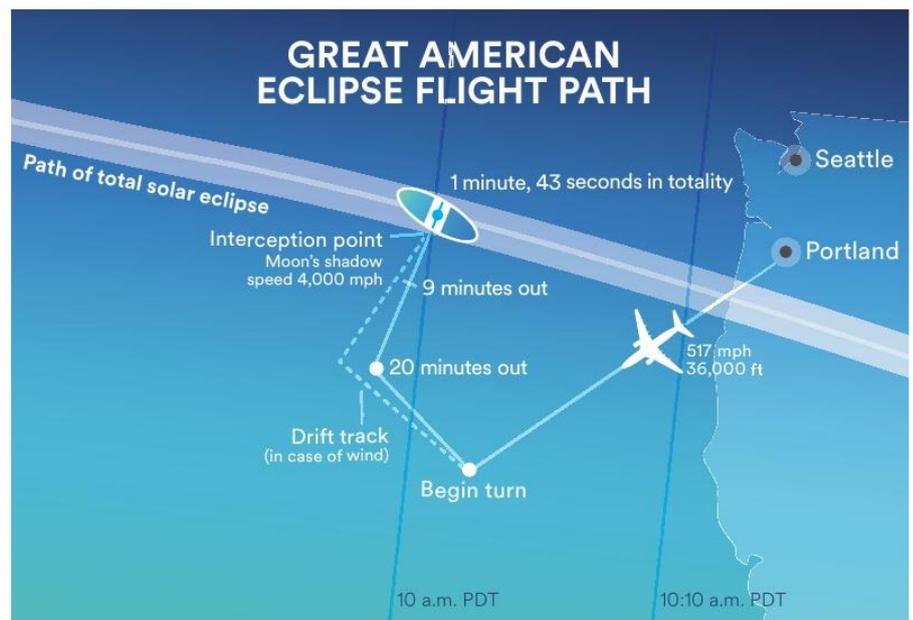
Total solar eclipses aren't rare—they come around every 16 months or so. Being lucky enough to get in the path of the moon's shadow as it races across the Earth is the hard part. Die-hard eclipse chasers, called "umbraphiles," go to dramatic lengths, planning years in advance, whether that means scaling a mountain, chartering an Arctic voyage ... or charting a complicated flight path.

It's the kind of challenge that takes a team of astronomers and aviators to crack. Enter Alaska 737 Fleet Captain Brian Holm, Alaska Airlines Captain (and eclipse-project pilot) Hal Andersen, and astronomer Glenn Schneider. Both Holm and Andersen have decades of experience in the cockpit. Schneider is an astronomer at the University of Arizona's Steward Observatory and one of the world's most notable umbraphiles. In 1992, Schneider even developed his own software to calculate flight waypoints for viewing total solar eclipses.

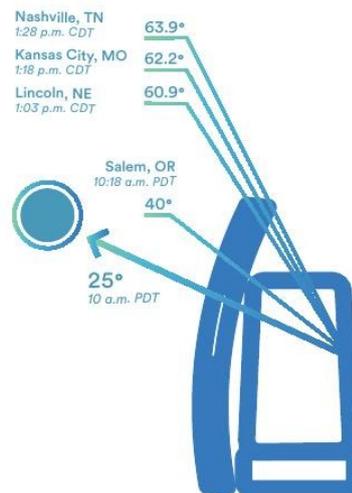
Together, the team worked on a celestial mechanics math problem that goes something like this: A plane leaves Portland, Oregon, flying 500 mph to catch a solar eclipse as the moon's shadow decelerates from infinity in the instant it touches the Earth to approximately 2,400 mph as it approaches the coast of Oregon. Where in space and time does the plane need to be to get the ultimate eclipse experience?

Plotting the route

The first problem was determining where the plane needed to be to make the eclipse visible to guests. The flight would have to catch the eclipse with the sun low in the sky for guests to



Viewing Angles of Totality



see the celestial mechanics at work. The flight needed to catch the sun at an angle of less than 30 degrees above the horizon.

The flight would also need to perfectly time its run across the eclipse's path, putting totality directly in guests' line of sight.

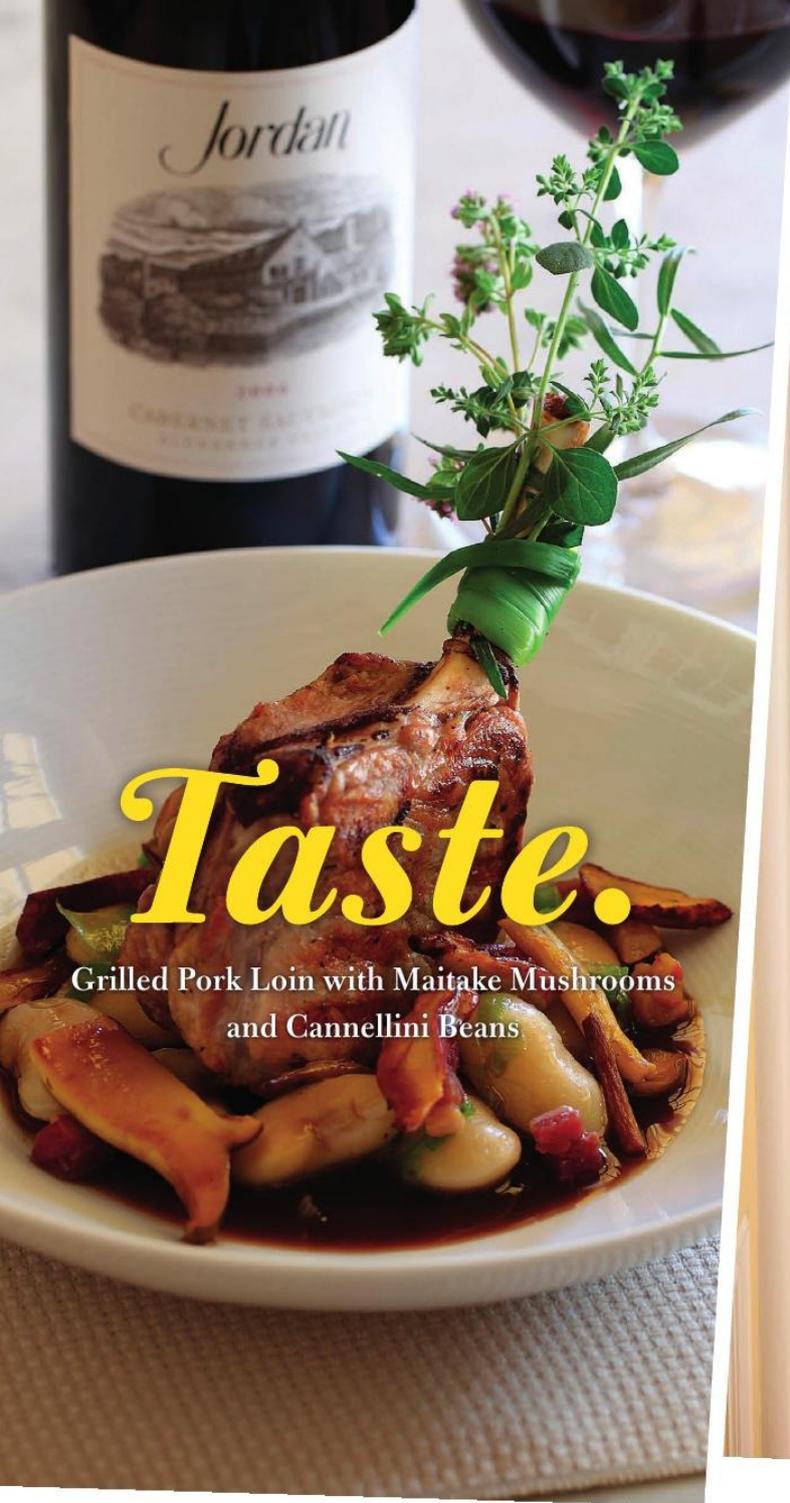
By feeding his program variables, including the required viewing angle, estimated aircraft speed, cruising altitude, anticipated wind speeds and more, Schneider calculated three key waypoints and the precise time to hit each. To catch the eclipse at the perfect place and time, Andersen and Holm would have to fly out

» For viewing an eclipse from an aircraft seat, angles are everything. To get the best view, Alaska flew about 1,000 miles off the coast of Oregon.

of Portland to a point a couple of hours off the West Coast—a five-hour roundtrip.

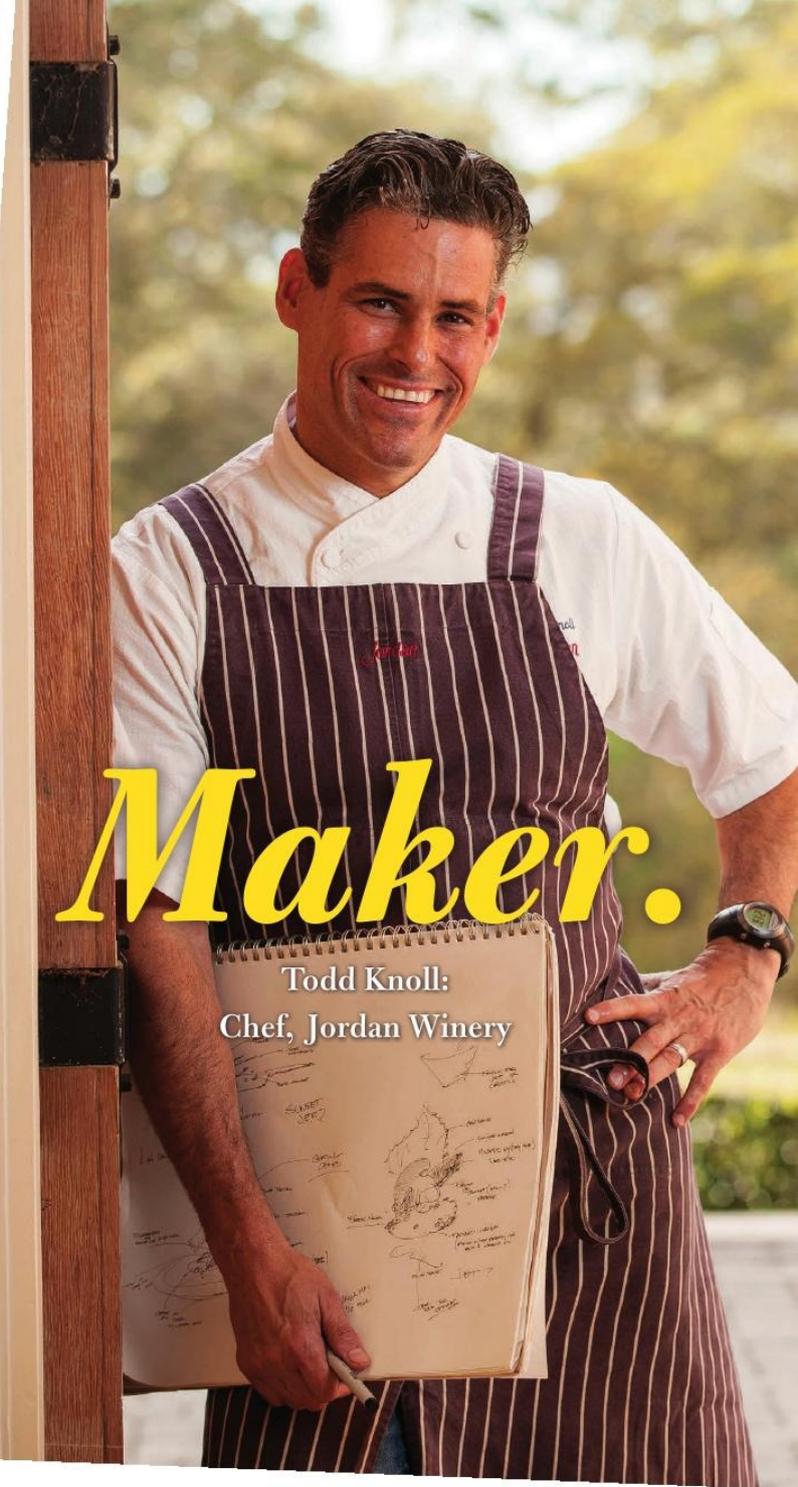
Catching the shadow

From the festive mood on the flight, you'd never guess at the months of emails, charts, calculations and contingency plans that went into transforming the flight from a wild idea into a workable plan. Cheers erupted the moment the flight lifted off. When the fasten seatbelt sign went dark, the party in the cabin began. Behind the closed doors of the flight deck, the pilots dealt with a steady stream of wind calculations, course corrections and air-traffic communications to ensure the flight caught the big moment. When the time came, Andersen got on the PA to sing a few bars of *The Final Countdown*. Seasoned umbraphiles and first-timers alike pressed their noses to the windows for a 103-second glimpse of totality—a celestial moment with only the thinnest of atmosphere between the passengers and a phenomenon that's been both feared and celebrated throughout human history. ■



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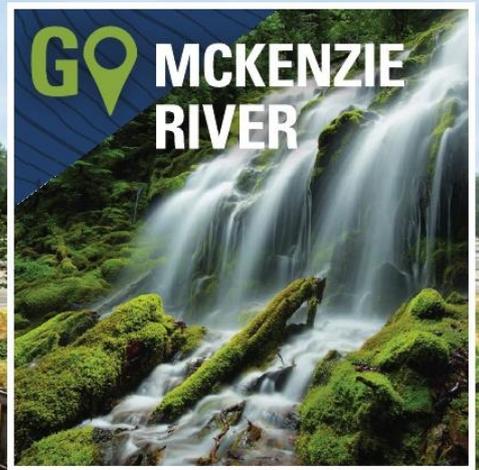
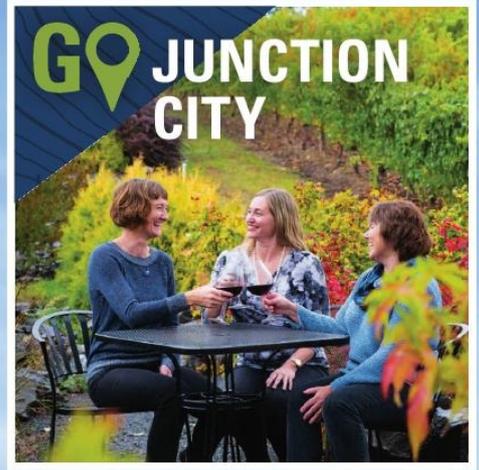


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BELLINGHAM, WA

COAST SALISH CULTURE

» At the touch of a button, you can hear the voice of a Lummi teenager speaking her tribe's language: "New'ileng ne schaleche." (Welcome, my friends and relatives.)

She and 10 other students recorded a series of words and phrases in the Lummi language, which can be heard at audio stations in the new permanent "People of the Sea and Cedar" exhibit in the Lightcatcher building at the Whatcom Museum in Bellingham, Washington.

The students' contributions add to the museum's showcase of historical and contemporary Coast Salish perspectives.

Two years ago, the museum sought feedback from visitors through in-person surveys to gauge their experiences and determine what else they wanted to see from the museum. The most requested exhibit, at 43 percent, was one on Native Americans. At the time, the museum had a modest Coast Salish exhibit, but it was outdated and only open twice a year. It was time for a change.

A year after the survey, the museum began developing a permanent Coast Salish exhibit, in collaboration with tribes such as the Lummi Nation and the Nooksack Indian Tribe.

The 2,316-square-foot exhibit features videos of a contemporary Nooksack totem carver and a Lummi basket weaver, plus a rotating display of physical pieces, such as cedar hats, blankets, clothing, handmade tools, and a cedar canoe that hangs from the ceiling.

Visitors can explore through the exhibit on their own or attend a docent-led tour to learn more about specific artifacts and local tribes. In addition, interactive experiences encourage learning. Exhibitgoers can deconstruct a miniature cedar-plank house, or "cook" with a bentwood box, which is made by wetting wood, then bending the sides and letting it harden into a box shape.

The gallery tells an important story, says Christina Claassen, marketing and public relations manager for the Whatcom Museum, which is also a Smithsonian Affiliate. "This is a unique opportunity to share this information," she says. To learn more, see whatcommuseum.org. —Leah Allen



» Historical photos, clockwise from top: A Northwest Coast Native woman; a Quinault girl wears shell ornaments; Lummi elders gather to re-emphasize treaty rights, circa 1914.

CLOCKWISE FROM TOP: KISER PHOTO CO.; WHATCOM MUSEUM #19462427; QUINULT GIRL WITH SHELL ORNAMENTS, EDWARD S. CURTIS COLLECTION, LIBRARY OF CONGRESS LC-USZ62-108497; LUMMI ELDERS; COLLECTION OF THE ONEY ESTHER (JOHNNEE) FIDELLE, PHOTO BY LESLIE CORBETT, WHATCOM MUSEUM #389

[I GROW]

fall through
spring



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PORTLAND, OR RETRO RECREATION

» **Thousands of gamers** will join forces against antagonists such as *Pac-Man* ghosts, *Space Invaders*, Bowser and Wario at the **Portland Retro Gaming Expo**, Oct. 20–22, at the Oregon Convention Center. Everyone from serious collectors to first-time gamers can enjoy the playful atmosphere of the event.

At the expo's 30,000-square-foot **Retrocade** area, which features games provided by local arcades and collectors, visitors can play *Super Mario Bros.*, *Sonic the Hedgehog* and hundreds more vintage games on consoles such as the Super Nintendo and Sega Genesis. The Retrocade also has full-size arcade cabinets, as well as a number of Portland's nearly 750 pinball machines (the most of any city in the nation, according to pinballmap.com).

The expo includes the **Classic Tetris World Championship**, Oct. 21–22, which draws participants from around the world. While the *Tetris* competitions are intense, the community built through it is even stronger than the rivalries.



Visitors play a range of arcade games at last year's Portland Retro Gaming Expo.

Throughout the expo floor, vendors sell art ranging from paintings to prints to works in the most popular medium: Perler beads. The melted-bead art lends itself particularly well to the pixelated appearance of many videogame characters. In addition to art, visitors may pass Mario, Link or Mega Man at the expo, since many attendees dress up as part of the festival's cosplay contest. Entrants even have a chance to act in character on the stage.

Panelists from the gaming industry will share interesting anecdotes and information

on gaming history and pop culture. This year's expo highlights the 40th anniversary of the Atari 2600, and several artists and programmers who worked with the Atari company—including Steve Hendricks, a key designer of the original Atari game-box artwork—will participate in the panels. Hendricks also created the 2017 Portland Retro Gaming Expo poster, which is in the style of Atari game boxes and incorporates the famous Portland White Stag sign. For more information: retrogamingexpo.com. —*Olivia Madewell*

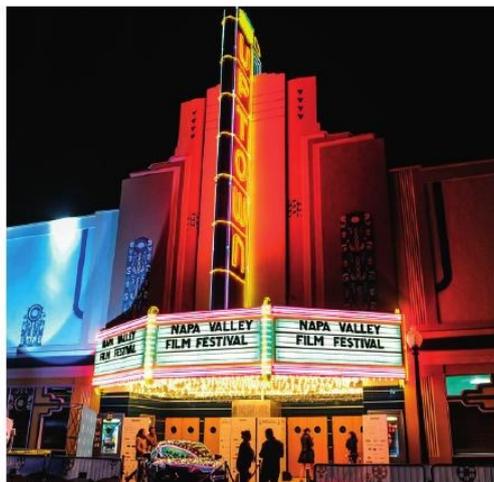
AROUND NAPA/SONOMA, CA WINE COUNTRY CINEMA

» **The Napa Valley/Sonoma County** area is renowned for its wine and culinary scene. But in recent years, the region increasingly has offered spectacular scenes of a different type, through noteworthy film festivals.

The **Napa Valley Film Festival (NVFF)**, Nov. 8–12, will showcase more than 300 filmmakers and 100-plus films, such as *The House of Tomorrow*—starring Ellen Burstyn, Asa Butterfield and Nick Offerman.

The coming-of-age film about a teen's quest to get through high school is based on the 2010 book of the same name by Peter Bognanni.

In addition, the NVFF is partnering with Oakland-based production company Ivy Hill Entertainment to produce live music with regional artists, while more than 50 chefs and more than 150 wineries will be



present for the festival's culinary and wine events and demonstrations (nvff.org).

Other notable film festivals include the **Alexander Valley Film Festival**, Oct. 19–22 this year, which focuses on emerging talent from around the world, with emphasis on categories such as indie hits and diversity within film. The festival, which includes a student-film competition, takes place largely in Healdsburg and Cloverdale, with a few additional locations around northern Sonoma County (avfilmsociety.org).

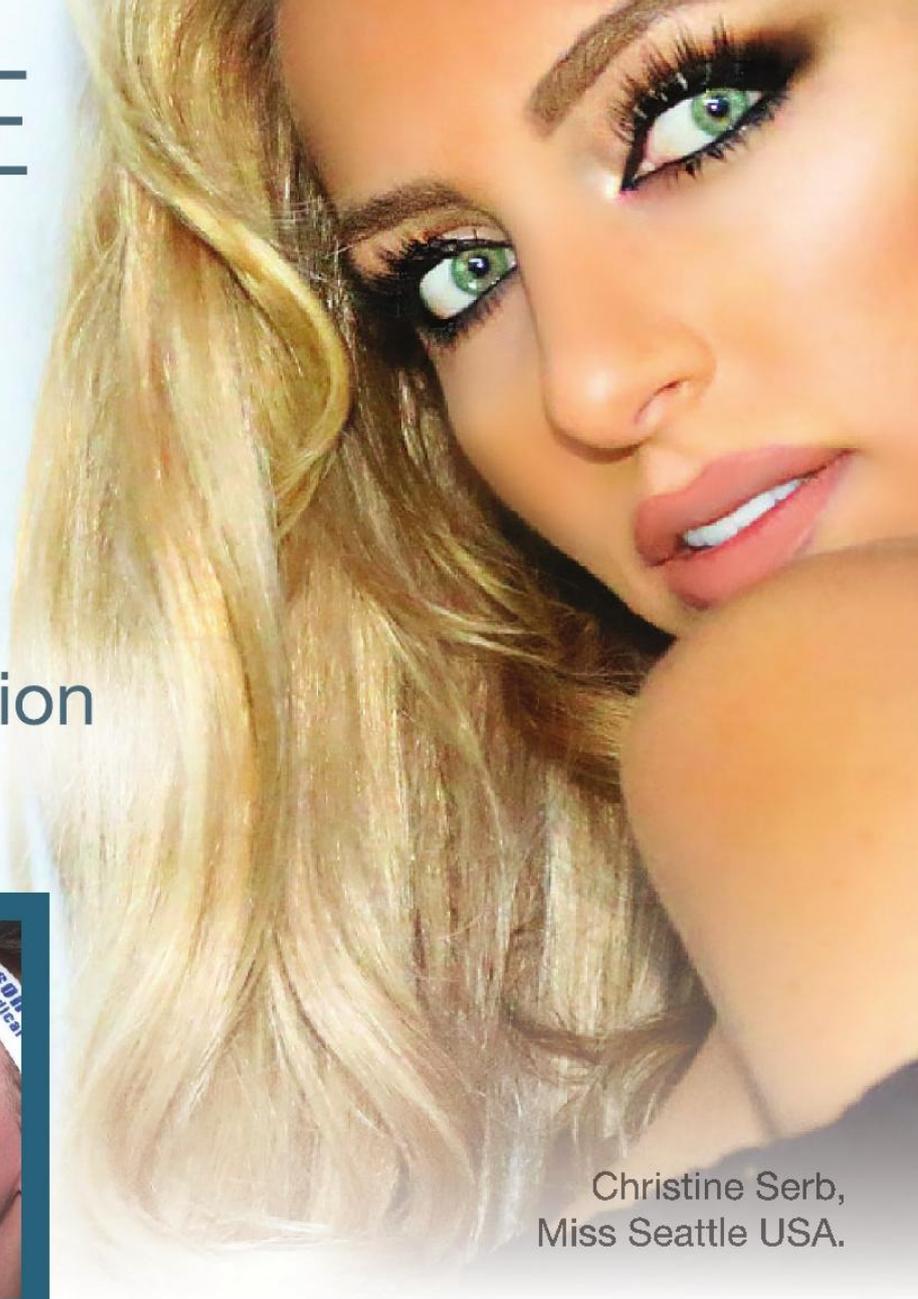
March 21–25, 2018, the **Sonoma International Film Festival** will spotlight more than 100 selected films, including indepen-

dent features, documentaries, world cinema and a variety of shorts, all shown at venues within walking distance of the Sonoma Plaza in downtown Sonoma. The festival will also offer food from local artisans and wine from the region's vintners (sonomafilmfest.org).

—*Lara Douglass*

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Before



After

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CANNON BEACH, OR STORMY STUDIOS

» **Watch artists** working on clay sculptures before they are cast in bronze, and see painters adding layers to unfinished canvases during the **Cannon Beach Stormy Weather Arts Festival**, Nov. 3–5. Located in one of “The 100 Best Small Art Towns in America,” as described by author John Villani in his book of the same name, the festival features visual and performance artists, with an array of activities.

Visitors can peruse each of the town’s 12 participating art galleries, some of which will include guest-artist appearances. For instance, Georgia Gerber, famous for her *Rachel the Piggy Bank* sculpture at Seattle’s Pike Place Market, will be at the Northwest by Northwest Gallery on Friday and Saturday.

On Saturday, the **Dancing in the Rain**



Fashion Show will showcase local and national designers. In addition, bands, including Heels to the Hardwood, an Americana band that hails from Seattle, will perform at five different venues around town.

Sunday will feature the **Brews, Blues & Barbecues** event. Cannon Beach’s three brewpubs each will craft a special-edition beer for the event, and the beers will be available for visitors to sample. For more information: cannonbeach.org. —Kacie Kaufman



■ Visitors can listen to ghostly tales told by costumed professional storyteller Karen Haas on the **Northwest Railway Museum’s Halloween Train**, which carries passengers roundtrip between **Snoqualmie** and **North Bend**, east of Seattle, Oct. 21–22 and 28–29. Additional activities, such as cider pressing, will take place at the museum’s Train Shed Exhibit Building in Snoqualmie (trainmuseum.org).

■ Enjoy performances by musicians from around the country, such as the Portland-based rock band Tango Alpha Tango, during the **Off Beat Music Festival**, Nov. 2–4 in **Reno, Nevada** (offbeatreno.com).

■ Visitors will have the opportunity to view artwork by a selection of



nearly 20 Montana artists, such as abstract painter Pamela Caughey, whose 2016 piece *Divide* is shown here, during the **Artists Along the Bitterroot Studio Tour**, Nov. 3–5, in **Hamilton, Montana** (artistsalong-thebitterroot.com).

■ Sample a selection of more than 150 ciders and beers, by more than 75 producers, at the **McKenzie Cider & Craft Beer Festival**, Nov. 10–11, in **Springfield, Oregon**. The festival will include live music, as well as workshops on tasting and homebrewing (mccbf.com).

AROUND BIG SUR, CA BIG SUR CELEBRATION

» **Attracting people** from around the globe to California’s Big Sur region to sample outstanding wines and food prepared by master chefs, the **Big Sur Food & Wine Festival** will take place Nov. 2–5 this year. Many of the events will be near Pfeiffer Big Sur State Park, about 30 miles south of Monterey and accessible via the Pfeiffer Canyon Bridge, which is expected to reopen by mid-October.

Thursday is the festival’s **Opening Night**, hosted at the newly opened Ventana Big Sur, an Alila Resort, as well as the **Magical Mystery Tour**, which will be hosted on private properties that are revealed throughout the tour.

On Friday, three-time James Beard Award



winner Rajat Parr, who is the wine-maker for Domaine de la Côte in Lompoc, California, will speak on a panel exploring American sparkling wines. In addition, the **Pinot Walkabout** will provide wines from 20 wineries and food from five chefs. During the Friday night **Sommelier Dinner**, dishes will be crafted to

complement sommelier-selected wines, with samples of cuvées so rare that tasting them is a once-in-a-lifetime opportunity, says Elsa Rivera, CFO and events director of the festival.

Saturday, attendees can enjoy events such as **Hiking with Stemware** on the scenic Rancho Rico property, with a post-hike lunch. For more information: bigsurfoodandwine.org.

—Leah Allen

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BOZEMAN, MT

GOLDEN AFTERNOONS AND FALL FLYERS

By Jean Arthur



» As I stand on the crest of Bridger Ridge at Bridger Bowl Ski Area, less than 20 miles north of Bozeman, Montana, a feathered traveler appears from the north, a few hundred feet away. In no time, the golden eagle cruises 50 feet above me, its gold eyes shining in the afternoon sun.

Each autumn, this ancient highway in the sky draws up to 1,800 golden eagles and hundreds of other raptors heading south for the winter, with peak viewing times in October. The migration path for golden eagles from nesting sites in western Canada and Alaska to wintering grounds in Wyoming, Colorado, New Mexico, Texas and even northern Mexico follows the Rocky Mountains for up to 2,000 miles. Golden eagles may fly 100 to 200 miles or more a day.

I am one of about a dozen birders with binoculars who are watching the magnificent birds, with 6-foot wingspans, ride rising afternoon air currents above 9,000-foot peaks. Thermal updrafts caused by warm Gallatin Valley air, which is less dense than cooler mountain air, may often rise high in the troposphere.

“The No. 1 reason the birds fly over the Rockies’ Bridger Mountains is the consistent updrafts,” explains Steve Hoffman, who retired last year as executive director of Montana Audubon to lead a new venture, Merlin Birding Tours. “You have these high mountains, and the winds rise up over the peaks, creating good lift for the birds.”

He explains that golden eagles weigh 8 to 14 pounds and cannot easily stay aloft without flapping their wings, unless they ride the rising air currents that lift them over and along the mountaintops. When the winds allow it, the eagles can catch the updrafts by coasting directly along the cliffs, without needing to flap their wings, Hoffman says. In fact, “birds along Rocky Mountain ridgetops can average 25 to 30 miles per hour without flapping their wings,” he says.

I’m impressed. The raptor that has flown overhead is looking right into my eyes. For a moment, I believe it considers me potential prey. Then, without a blink, without a flap of feather, the apex predator drifts upward and southward on the thermally powered current.

After several years of watching the elegant and powerful golden eagles from the ridge, I consider it my favorite bird. Hoffman’s too. “I really like to watch when the golden eagles

dive after prey,” he says. “I’ve seen a parent eagle train or play [a game] with one of its youngsters. The parent picks up a pine cone and soars up with its offspring, then drops the pine cone, tempting the young bird to practice diving and catching. They are powerful birds and really know how to make a living in the sky.”

It’s just an approximately 2-mile hike from the ski area’s base lodge to the crest of Bridger Ridge for optimal raptor viewing. Visitors can also explore the woods near the ski lodges and see birds such as red-tailed hawks and kestrels. In addition, a new birding trail opened last year at Missouri Headwaters State Park near Three Forks, about 35 miles northwest of Bozeman. The **Trident-Peregrine Birding Trail**, with interpretive signs, benches and picnic tables, showcases riparian habitats, dramatic limestone cliffs, and unique viewing of nesting peregrine falcons.

FUN FACTS

- A golden eagle can see a rabbit up to 2 miles away. Golden eagles have better color vision than people do.
- Golden eagles are named for the golden feathers around the backs of their necks.

● Your best chance for seeing golden eagles in the Bridger Bowl area is on fall afternoons. Depending on when you’re there and weather conditions, you might see one bird flying by every 2 to 3 minutes. On hikes, wear dull colors that won’t distract raptors, and

be prepared for inclement weather; pack water and snacks for hiking; wear weather-sturdy hiking boots; and carry bear spray.

● Sacajawea Audubon has a new **“Birding Hotspots of the Gallatin Valley”** pamphlet (sacajaweaaudubon.org). —J.A.



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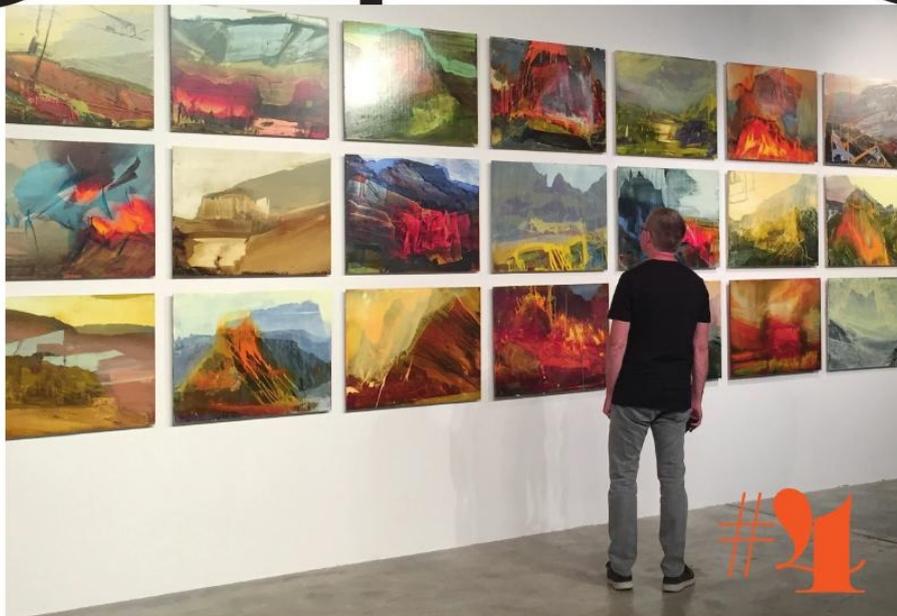
DAVE EGGLESTON



CARLY DIAZ

I ASKED
PORTLAND
TO...

SURPRISE



BY JIM GULLO



» I knew that the day would go great

when my 7-year-old son, Henry, blurted out, “Look, Dad! A saber-toothed groundhog!” I had promised him some surprises in Portland, and after he saw the life-size model of a fuzzy plastic rodent—with authentic-looking mounted plastic tusks to match—in a store/museum that is as peculiar as its name promises, Henry was ready for anything.

I thought I knew most of Portland’s oddities (anyone else remember the coin-operated 24 Hour Church of Elvis, which had several different incarnations from roughly 1985 to 2013?). But a new discovery for me was The Freakybuttrue Peculiarium and Museum, a brick-and-mortar embodiment of the beloved “Keep Portland Weird” motto that has characterized the Rose City for many years.

I had stumbled upon the Peculiarium while perusing the “145 Square Miles of Surprises” page (travelportland.com/145/surprise-me) on the Travel Portland website, which is the online portal for the city’s convention and visitors bureau. The surprises page offers a rotating selection of suggestions for things to do, eat, experience and explore in the bustling Oregon city. A dozen suggestions are posted, and when the page is refreshed, a dozen more come up, offering instant inspiration for an impromptu journey to some of the many great attractions Portland offers.

Thus equipped with possibilities, and an endless willingness to be surprised, Henry and I set forth on our own personalized journey.

ME ... AND IT DID!

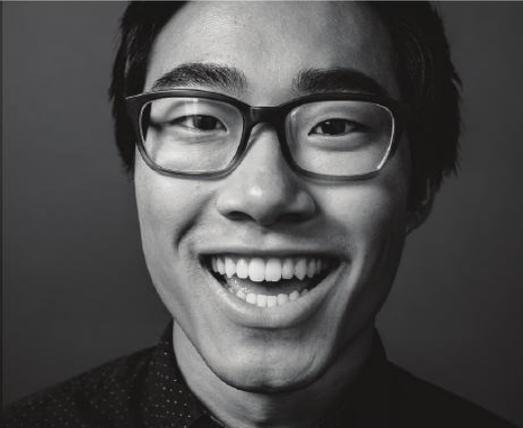


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#1 The Freakybuttrue Peculiarium

The first surprise was this shop—a hybrid quirky museum and novelty-item store—in northwest Portland. The Peculiarium (peculiarium.com, and try saying that fast after spinning around in a circle three times) was filled with cool oddities to peruse, buy or pose alongside for selfies.

The fuzzy saber-toothed groundhog piqued Henry's interest, but he wasn't as sanguine about the Zombie Brain multimedia installation, a red-curtained room with creepy hanging things and a video playing a loop of, well, zombie thoughts. In fact, he wouldn't go near it.

The 7-foot model of Bigfoot with flowers on its shoulders made him laugh, and he couldn't stop grabbing a retro ray-blaster toy that lit up and made authentic futuristic sounds, a plastic bottle of Dog Slobber Hand Sanitizer, and black-framed, spring-loaded eye-popping glasses that he lobbied hard to buy.

"Only if you come inside the Zombie Brain with me," I offered. No deal.

Other artifacts included a safe that reportedly belonged to Al Capone and a towering model of Krampus, the frightening European ghoul—Saint Nicholas' dark counterpart—who, legend says, spirits away bad children on Christmas Eve. Henry would have nothing to do with Krampus, but a plaque explaining the legend was informative, and we both felt that we had learned a few things—such as to be good at Christmas.

#2 180 Xurros & Xocolata

We may not do zombies, but Henry and I share an abiding love for baked goods and hot chocolate. Across the Willamette River on Northeast Broadway we found 180 Xurros & Xocolata (180pdx.com), a Portland shop dedicated to sweet, delicate fried *xurro* snacks from Spain (also known as *churros* to Mexican food lovers, although the Spanish versions are lighter and typically shaped in a circle). Chefs José Chesa, David Martin and Cristina Baéz named the shop for the 180-degree Celsius temperature of the cooking oil in which the street xurros of



Spain are fried—the xurros are delicate rings of ridged dough that are served on clever wooden racks. Imagine crispy, light doughnuts dredged in cinnamon sugar. Chocolate xurros are also available, as are *xuixos*—balls of fried dough—and delightful, bite-size stuffed *xurro rellenos* that are filled with delicacies such as *dolce de leche*, Catalan cream or a chocolate cream that Henry dispatched with startling efficiency. From behind a brushed-steel counter, visitors can watch these treats emerge from a bubbling cauldron of oil.

However, you'd be missing half the experience if you didn't taste the second part of the store's namesake specialties.



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“This is amazing,” Henry gasped after the first sip from a demitasse cup of hot, fragrant liquid chocolate made by Cocanú—a Portland favorite. Thick and dark, it had a deep, rich, velvety chocolate flavor only lightly sweetened with sugar and with a trace of saltiness that made it perfect for both drinking and for dunking the xurros. If we could have figured out how to do both simultaneously, we would have.

Besides offering such unique treats, the store conducts promotions every month in which a guest chef offers a xurro filling, with proceeds from the sale of that item going to a charity of the chef’s choosing. The specialty xurro when we were there was a bean paste filling by chef Peter Cho of Han Oak. This October, the restaurant will enjoy contributions from Greg Denton of Ox and SuperBite.

#3

Schoolhouse Electric & Supply Co.

On another day, while Henry was in school, I went to the warehouse district in northwest Portland. I was looking for Schoolhouse Electric & Supply Co. (schoolhouse.com), a unique home-decor, furnishings and design business that was created by former real estate developer Brian Faherty in 2003 after he came upon a treasure trove of long-forgotten cast-iron and glass-shade molds that he carefully restored.

The shades became the inspiration for his first products, a line of light fixtures with the same schoolhouse vintage look. Hence the name of the business that followed for Faherty and his crew of artists, designers and fabricators who create and gather home-decor items that are sold online and in retail spaces in Portland and New York City.

The Portland store is a revelation for anyone who has driven quickly through this neighborhood and wondered what was behind the imposing brick walls of



DAVE EGGLESTON

the industrial buildings. Located in a century-old former industrial space, the interior has been transformed into a handsome, cavernous showroom that is built for browsing.

I was instantly taken with retro metal-frame twin beds painted in bright colors, as well as with the gorgeous round Schoolhouse Kennedy Clocks that are manufactured on-site. Beautifully patterned bed linens in 300-thread-count cotton spoke to me, as did a large selection of hanging light fixtures that had a vintage appearance and would look awfully good hanging from my or Henry’s bedroom ceiling. The next time we upgrade the look of our home, Schoolhouse Electric will be at the top of our list.

#4

Disjecta Contemporary Art Center

By visiting some of Portland’s surprises, I was not only discovering hidden retail, restaurant and museum gems, but also exploring areas of Portland that had escaped my usual routines.

Such was the case with the Disjecta Contemporary Art Center (disjecta.org) in the Kenton neighborhood of north Portland. The Yellow MAX Light Rail line

delivered me to the Kenton/North Denver Avenue stop, and the arts center was the building across the street with a long modernist mural painted on the side.

Inside is an equally cool gallery space with tall white walls. It's used for a variety of shows and events throughout the year, including concerts and art exhibits. One upcoming installation, "Cloud of Petals," combines video, virtual reality and performance to investigate impermanence in a digital culture.

Outside the arts center, the Kenton neighborhood centered on North Denver Avenue is a fun, bustling collection of stores, including a neighborhood meat market and gathering places such as the Cup & Saucer Cafe for breakfast and Cultured Caveman, a gluten-free, Paleo-diet eatery with dishes such as zoodles

(zucchini noodles) and meatballs. An annual street fair is held in May.

#5 Hoyt Arboretum

Of the many gardens and attractions in Portland's Washington Park, in the hills on the west side of the city, I had forgotten about the splendid Hoyt Arboretum. I hightailed it there to have a look and walk on the 12 miles of hiking trails the arboretum offers. Hoyt, and adjacent Forest Park, provide prime habitat for some of the world's most magnificent trees.

One of the best features of the arboretum's website (hoytarboretum.org) is a planning tab that recommends trails to take and specific trees to seek out depending on the season. I visited in time to see



the blooming of the splendid Shirofugen cherry trees that burst into blossom in the spring along the Wildwood and Hawthorn trails. Located among beautiful dogwoods, redbuds and a Judas tree, the cherry trees create a serene atmosphere.

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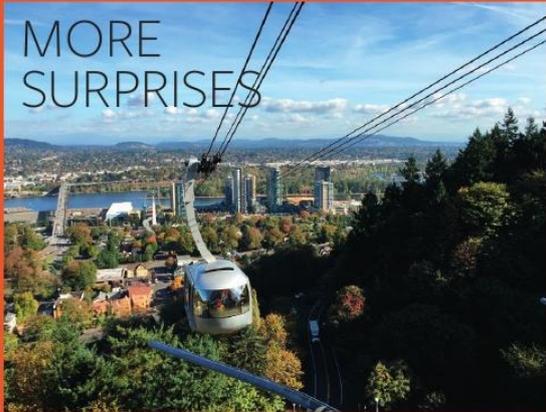

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In October, look for fragrant white five-petal flowers to bloom on the Franklin tree (named for Benjamin Franklin), a late bloomer that shows its colors until first frost in the fall. The tree is located on the Wildwood Trail.

I REALIZED that it's actually not so surprising that Portland offers these many curiosities and interesting venues. The city is, after all, a cultural destination known for many diverse areas. What is surprising is how much fun it is to find new things in the Rose City and add them to one's personal list of favorites. ■

Jim Gullo writes from the Portland area. Alaska Airlines (alaskaair.com) offers daily service to Portland. For more on the region, please go to travelportland.com.



• HK Cafe, in the Jade District, for authentic Chinese food and dim sum; hkcafeportland.com.

• Rocky Butte, for hiking trails and sunset views from a dormant cinder cone in Joseph Wood Hill Park; travelportland.com/directory/rocky-butte.

• Portland Aerial Tram, to float above the city from South Waterfront to Marquam Hill in a gondola car; gobytram.com.

• Tabor Tavern, a welcoming neighborhood bar/restaurant that stands out in a town with lots of friendly eateries; tabortavern.com.

• Guardian Games, the self-described "Nerdopolis" in east Portland, filled with games of all kinds; ggportland.com. —J.G.



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> IT'S TIME TO SEE FOR YOURSELF.

» Our daughter, Logan, 13, and son, Hunter, 9, sprinted toward the main entrance of 11.5-acre Zoo Boise in Julia Davis Park. My wife, Camie, and I jogged behind, trying to keep up. I was toting a backpack loaded with lunch provisions from the nearby Basque Market—specialty hams and olives and cheeses and chocolates—which we planned to enjoy as a picnic at one of the park ponds after the zoo. We'd struck a couple of family compromises (aka bribes): We'd take the kids to the zoo and have a picnic in the park if they agreed to afterward go with us to the Boise Art Museum, also located within the park's magnificent and varied 90 acres.

Once we were through the zoo gates, Camie suggested we go clockwise to see as much as we could before lunch. We stopped at the Small Animal Kingdom, a unique indoor rainforest housing animals such as spider monkeys and a sloth.

Next up was the Zoo Farm, where the kids got to feed goats, llamas and sheep. Farther on, we saw the striped hyena slinking along through tall grasses. Nearby was the popular penguin exhibit. The birds' waddling and swimming caused both of our kids to laugh hysterically.

To my surprise, the kids' favorite exhibit was the African Schoolhouse in the African Plains exhibit. It was a life-size replica of a real Kenya schoolhouse, and offered tremendous views of Zoo Boise's magnificent lions.

After taking in the aviaries and primate house, we headed out of the zoo to the shade of a giant weeping willow tree and a restful

view of a pond to feast on our Basque food.

It was less than a 10-minute stroll northwest to the Boise Art Museum. Along the way, we stopped at the *Julia Davis Memorial*, a life-size bronze statue depicting pioneer woman Julia Davis, for whom the park is named, in a long, flowing dress, holding an apple-filled bucket and offering one of the lovely orbs to a barefoot little girl. Julia is known

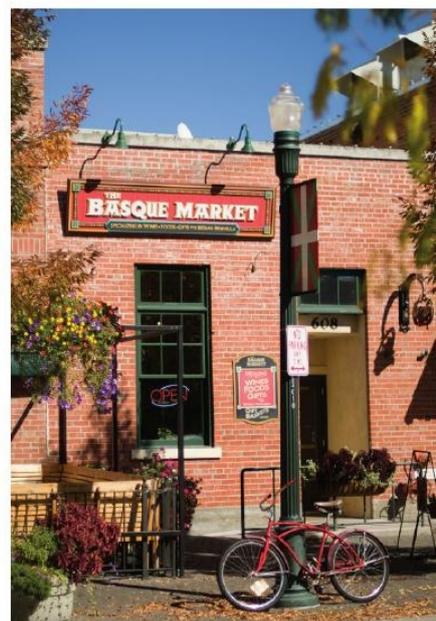


to have aided Oregon Trail travelers as they rested along the Boise River, tired from their scorching journey across the high desert.

At the art museum, we were impressed by the wide range of cultural periods, styles and art movements. The museum hosts around 15 art exhibitions annually, and the 3,800-item permanent collection includes more than 650 works by Northwest artists such as Rick Bartow, whose work, from sculptures to paintings, was influenced by his Native American heritage and international travels, and Lucinda Parker, whose pieces are often bold, intriguing abstracts inspired by nature and geometry. The kids departed the museum a little more enthusiastic



• Zoo Boise, top, and the *Julia Davis Memorial* sculpture, above, are two of the popular attractions in Julia Davis Park. Right: The Basque Market carries items ranging from specialty hams and shepherders bread to paella and *pintxos* (tapas).



about art. Today, about a dozen years after that first visit, they are among the thousands of fans of the museum, which is celebrating its 80th anniversary this year.

For more than two decades, our family has spent numerous vacations in our home state of Idaho, because of its incredible variety. Although the kids are now grown—Logan, 26, and Hunter, 22—we continue to vacation together in the Gem State when-

ever possible. As families across the country, and even the world, are discovering, Idaho provides memories that will last long after the suitcases have been unpacked. Here are just a few of our many fun experiences:

Sun Valley Area

“Hunter! Slow down, there’s a cat track up ahead!” Hunter, 15 at the time, either couldn’t hear me beneath his helmet or chose not to, and I watched him soar into a blur of white snow and blue sky. I followed, catching a bit of air

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myself, and when I landed, I saw him sliding sideways down the Warm Springs Run on Sun Valley's Bald Mountain. He skidded to a stop, and I skied up to him, picking up his goggles and a pole—their scatter called a “mini yard sale” in snow-sports parlance. His grin beamed huge. “I FLEW!” He was still laughing when Camie and Logan skied up to us.

Some of my all-time-favorite family vacations have been in Sun Valley, a premier year-round destination resort. Having grown up here in the 1970s before moving north to Moscow, Idaho, for college, I take pride in my knowledge of the mountains, and it is deeply fulfilling to lead the family around the place of my youth. On Baldy, the many quad chairlifts allow us to all ride together and talk about the runs we've just made, the amazing views of the Pioneer Mountains, and the long, shadowy Big Wood River as it winds down valley, south through the little towns of Hailey and Bellevue.

“Let's hit Dollar tomorrow,” Hunter said. Dollar, the resort's “second” mountain, had recently added an impressive terrain park, with rails and jumps. (Dollar offerings have subsequently been expanded even more, including with a 22-foot superpipe and a family cross course.)

“OK,” I agreed, “but only if we put in a full day today, including skiing in the afternoon on some of my favorite runs.” I specified, in particular, Flying Squirrel and Picabo's Street (named for local alpine-racing legend and 1998 Olympic gold medalist Picabo Street) on the Warm Springs side, and Christmas Ridge and the

Seattle Ridge area for long, easy, groomed runs. Everyone agreed, and we spent the day exploring as many of Baldy's 2,054 acres as our legs could handle.

As for other activities, well, even though we're all adults now, we still like to lace up the ice skates and cruise around Sun Valley's Outdoor Ice Rink, gliding to the soothing music playing through the big speakers. To rejuvenate our sore ski muscles, a family soak in one of the heated outdoor pools (the Lodge Pool or the Inn Pool) is mandatory. Steam rises into the evening sky as we luxuriate neck-deep in the restorative waters. It's lovely to just hang out and talk to each other without cellphones or devices—just us, recollecting the day's adventures and planning what we'll do tomorrow. Maybe a lesson? Sun Valley has one of the oldest snowsports schools in the country, with group, private and specialty lessons (free-ride, all-mountain and race-training) available. For indoor fun, Sun Valley Lodge has a retro '50s bowling alley and a game room.

Some of our best family memories have also included winter sleigh rides, summer horseback rides, golf (kids love the tricky



18-hole Sawtooth Putting Course at the Sun Valley Club clubhouse), and watching world-class skaters and fireworks during the summer Sun Valley On Ice Shows. There's also terrific mountain biking, hiking and fly-fishing. So bring energy and an adventurous spirit for this family vacation.

McCall Area

I couldn't believe what I was seeing. Hunter, 18, was doing a headstand ... on a stand-up paddleboard (SUP) while floating on the Upper North Fork of the Payette River. He held the headstand for about 10 seconds, then his feet swayed, the board wobbled, and he fell, splashing into the refreshing water. Next to him, Logan and a friend struck yoga poses such as downward-facing dog and warrior on their stable,

• Horseback riding on Sun Valley's Dollar Mountain is a fun family activity. Below: The McCall area is one of the many Idaho regions with great river rafting.

12-foot-long boards in the slow-moving water we were paddling.

We'd rented the SUP, and a few sit-on-top kayaks from Backwoods Adventures, and headed out from the North Beach Boat Ramp, at the top end of Payette Lake, about 10 miles from McCall. Camie and I cruised alongside in kayaks, and I pointed out wildlife as we wound around tight bends, the shores dense with willows and shrubs. Two deer grazed quietly in the thicket, and an osprey perched atop a giant cottonwood, poised to strike the trout-filled water.

It was peaceful and quiet on the gentle tributary, which was part of a designated “nonmotorized zone.” At a flat, sandy beach, we stopped to eat our pre-packed lunch of turkey-and-avocado sandwiches, then found a rope swing on our way back to North Beach and watched the kids do tricks—flips and 360s—into the green, mirror-smooth water.

We've vacationed in the McCall area many times, including recreating near another gorgeous body





IDAHO FAMILY FUN

of water, Lake Cascade, which has great fishing, camping and boating. The lake is south of the town of Donnelly, which is home to the well-maintained Gold Fork Hot Springs facility, with six pools of different temperatures, and even heated sidewalks around the pools.

In winter, we enjoy ice-skating at the Manchester Ice and Event Centre (which is open year-round) in downtown McCall, and attending the McCall Winter Carnival, which features elaborate snow sculptures. We've seen sphinxes and dragons and leaping dolphins, all literally frozen in mid-air. Winter 2018 festival dates are January 26–February 4.

Terrific skiing is available at McCall's main mountain, Brundage, and also at Tamarack Resort south of Donnelly. For night skiing, we like the quaint Little Ski Hill, in the McCall area. A T-bar accesses six ski runs and a terrain park.

Sandpoint Area

Although historically it has been easier to get the kids to go downhill than uphill, they do like Nordic skiing, which provides both. For many years we've been going as a family—and often with our closest friends, John, Melissa and their daughter, Annie—to Schweitzer Mountain Resort, near Sandpoint in the Idaho Panhandle. Schweitzer has an amazing mix of alpine skiing and Nordic skiing, and an awesome ski-in, ski-out village that accesses it all. The 32 kilometers (nearly 20 miles) of immaculately groomed Nordic trails can be reached within five minutes of either the Selkirk Lodge or White Pine Lodge, and the trails are as varied as your group.

Logan prefers the easy 3-mile roundtrip Picnic Point out-and-back, with gently rolling ups and downs, and a modest elevation gain of just 320 feet. It's great for scenic views of the Selkirk and Cabinet mountains, and of Lake Pend Oreille. If we're feeling ambitious and strong, we continue past Picnic Point on the Overland Trail Loop, adding 2

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miles by returning to Schweitzer Village by means of a cat track.

The kids have always loved Schweitzer Mountain, and as they've grown, the options have, too, from snow tubing and snowshoeing to fat-tire snowbiking, which you can do right alongside the Nordic trails. Bikes are available for rent at the Ski & Ride Center, and it's a blast: mountain biking on snow.

Coeur d'Alene Area

About 45 miles south of Sandpoint lies the vibrant city of Coeur d'Alene, featuring year-round recreation on and around 25-mile-long Lake Coeur d'Alene. We've water-skied, kayaked, wakeboarded and fished here, but one of the

most memorable activities we do as a family is watch the bald eagles during their winter stop-over between November and February.

We pack plenty of food and hot chocolate, and we spend the day driving to several designated viewing spots, with our binoculars and cameras ready. Watching an eagle leap from a towering evergreen, dive, and snatch, with its powerful talons, a kokanee from beneath the water's surface is a wondrous sight.

Our favorite spots are Mineral Ridge boat ramp and Higgins Point, both just about 15 minutes from town. One day we counted more than 80 of our national bird. We've been told 20 to 30

eagles is a typical daily spotting average, but we've heard reports of people seeing more than 200 in a single day.

Lewiston Area

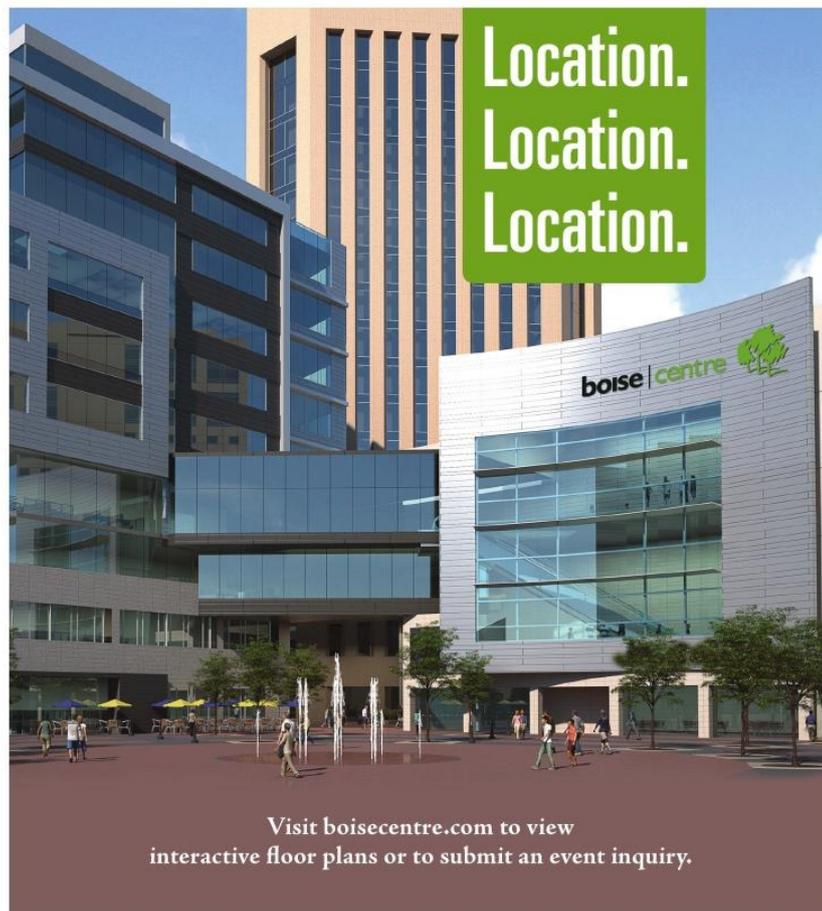
Because we live in the Panhandle, we don't have to go very far for exciting short family getaways. Upstream from Lewiston, the Clearwater River, as it runs from Dworshak Dam near Orofino, boasts some of the most productive steelhead fishing in the United States.

Though the Clearwater is most famous for steelhead (seagoing rainbow trout) and for the fact that Lewis and Clark came down this river in the fall of 1805, there are cutthroat trout and rainbows,

as well, catchable from shore at public access points between Lewiston and Dworshak Dam (see idfg.idaho.gov for fishing information and regulations).

The town of Lewiston itself is a gateway to Hells Canyon National Recreation Area, boasting North America's deepest river gorge—more than 8,000 feet from the canyon's tallest mountain to river level. From Lewiston, Hells Canyon is accessible by jetboats powering up the Snake River for guided excursions.

One of our favorite long-weekend family excursions is to Lewis-Clark Resort/Kamiah Clearwater KOA on Highway 12 near Kamiah, Idaho, about 65 miles east of Lewiston. In 1805,



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IDAHO
FAMILY FUN

Sacagawea helped lead Lewis and Clark through this rugged region. We stay in one of the eight rustic log cabins surrounded by giant poplars. Wild-blackberry picking is fun in late summer and early fall.

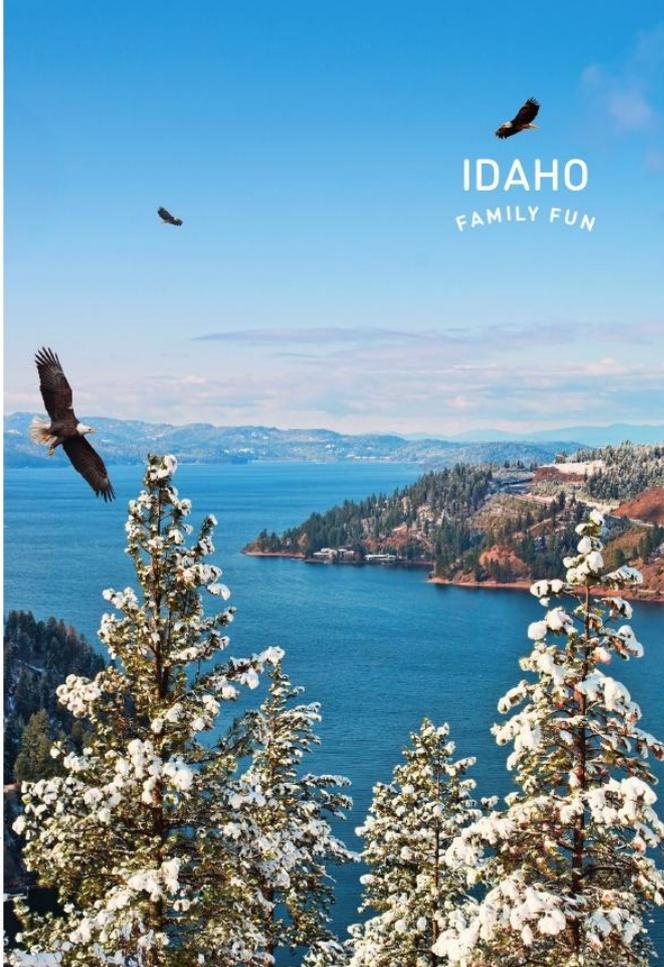
Idaho is about 500 miles from top to bottom, and over the years our family has tried to explore as much of it as we can. The state is so vast and varied that I suspect—and hope—that we'll still be adventuring and vacationing here, with our grandkids, in the years to come, enjoying our longtime family favorites and also finding something new over that next mountain, or around that next river bend. ■

Buddy Levy is a freelance writer from Idaho. He is the author (with Erik Weihenmayer) of No Barriers: A Blind Man's Journey to Kayak the Grand Canyon, which was published earlier this year. For more information on recreation in Idaho, see visitidaho.org.

Alaska Airlines (alaskaair.com) provides service to Boise, Lewiston and Sun Valley, Idaho, and to Pullman, Washington, gateway to Moscow, Idaho, as well as service to Spokane, Washington, gateway to North Idaho towns such as Coeur d'Alene and Sandpoint.

• Right: Bald eagles fly over Lake Coeur d'Alene. The lake is a winter stopover for the majestic raptors.

CHARLES HOLLERTZ / ALAMY STOCK PHOTO



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Raising A GLASS

SAVORING IDAHO'S TOAST-WORTHY CRAFT BEVERAGES

By Adriana Janovich

» The roll-top door is up, letting in a light breeze, along with plenty of sunshine—perfect weather for an afternoon sip. I've arrived at **Up North Distillery**, in the Idaho Panhandle town of Post Falls, before the regular afternoon rush, so I have the place almost entirely to myself.

I first visited this pint-size tasting room shortly after it opened a couple of years ago and

was immediately enamored with its signature sweet-and-spicy take on a Moscow mule cocktail. Made with the boutique distillery's own Unaged Honey Spirits—unaged meaning it went straight from the still to the bottle—along with pineapple juice, lime, and freshly muddled ginger and jalapeño, Sweet Heat packs a refreshing punch. Just what I wanted on this sunny afternoon.

Because it's been a while since my last visit, I decide to get reacquainted with the menu via judicious sampling of two side-by-side flights of Up North's specialties: spirits distilled from honey and fresh-pressed apple cider, not grain. By itself, with no ingredients added, the unaged, colorless Honey Spirits drink seems similar to vodka. Next: the light, amber-hued Barrel Finished

Honey Spirits, aged for about a year or two in new charred-oak bourbon barrels from Kentucky. It has subtle hints of vanilla, and caramel and oak tones. After that: the Barrel Reserve Honey Spirits, aged for two to three years in new bourbon barrels, and the smoothest and richest of the trio. With hints of full-bodied oak and vanilla, it's definitely the one for bourbon lovers like me.

The three spirits in the second flight start with another colorless unaged option: Apple Brandy straight from the still. It's followed by Barrel-Aged Apple Brandy, which rested for three years in American white oak barrels. The last glass contains Big Kid Cider. An unaged combination of apple brandy and fresh-pressed cider, the Big Kid is a sweeter, richer, heavier sip than the other two apple options.

It turns out that my two favorites—the Barrel Reserve Honey Spirits and the Barrel-Aged Apple Brandy—are the two most expensive bottles, at nearly \$36 and \$41 each. When I mention this to the bartender, he offers a consolation: If you buy a bottle, you get \$3 off your bar tab.

The honey and apple spirits at locally owned and operated Up North Distillery (upnorthdistillery.com) are just a few of the many options Idaho offers spirit, wine and beer aficionados. From the Panhandle to the state capital of Boise, the Gem State is an appealing destination for travelers seeking out craft beverages. The state's distilling, beer and wine industries are all burgeoning, says Idaho Tourism Manager Diane Norton.

"Studies show that travelers love trying local food and drink, which is why we're so excited by the growth we're seeing in these beverage industries in Idaho," Norton says. "Promotional efforts like Idaho Craft Beer Month in April and the new Idaho Wines Fly Free program with Alaska Airlines help further the message that we've got a good thing going on here."

Wines fly free on domestic flights from Boise and Lewiston

for travelers who are members of the Alaska Airlines Mileage Plan (alaskaair.com/wine and visitidaho.org/idaho-wines-fly-free). And there are many wines to choose from, with more than 50 wineries in the state, according to the Idaho Wine Commission.

The Gem State is also home to 50-plus craft breweries, and ranks 10th in the U.S. for breweries per capita, according to the Brewers Association, a national organization for small and independent craft brewers.

"Idaho has a thriving craft-beer industry that many people may not be tapped into yet," says Sheila Francis, executive director of Idaho Brewers United, which was established in 2012 to give Idaho breweries "a collective voice in promoting the craft-beer industry." The organization held its first Idaho Craft Beer Month in April 2017 in collaboration with Idaho Tourism, and planning for April 2018 is already in the works.

"Research shows that the availability of quality craft beers influences where people choose to visit, so we see that as a great opportunity to capitalize on the craft-brew industry already booming in Idaho," notes Norton. "We're excited to expand the reach of Idaho craft beer and put our state on the map as the next great craft-beer destination."

Idaho's distilling industry has grown, too, from only three distillers around the turn of the century to 14 today.

The industry is still in its infancy, says Ken Wyatt, president of the Idaho Distillers Association, which was organized last year. "In Idaho, locally made craft spirits



• Facing page: Idaho is increasingly becoming known for its craft beers. This page: Up North Distillery is part of the state's growing distilling sector.

have grown since the late 1990s from 0 percent of the Idaho market to around 5 percent today," Wyatt says. "This should double in the next decade."

Here's a look at a few of the notable and interesting beverage producers thriving in the Gem State:

That's the Spirit

Bardenay (bardenay.com) was at the forefront of the Idaho spirits movement. The company combines its distilling operations with full-service restaurants and bars. In fact, it bills itself as "the nation's first restaurant distillery." Today, Bardenay locations include Boise, Coeur d'Alene and Eagle.

All three establishments fea-

ture spacious dining areas with high ceilings and wood beams. The patio at the Coeur d'Alene location, which makes vodka, is particularly appealing: It has red and yellow shade sails and overlooks a pond.

The downtown Boise location, which in 2000 became the first Bardenay restaurant to open—serving its first drink about four months after the company received its distillery license—produces unaged ginger and unaged amber rum, and is aging dark rum and rye whiskey. Bardenay's Eagle perch, about 10 miles northwest of Boise, makes gin, lemon vodka, and strawberry and banana liqueurs.

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Bardenay's current creations at all three locations. Enjoy the spirits in drinks mixed on-site—such as Basil Instinct, with Bardenay Gin, Patron Citronge, fresh basil, and sweet-and-sour and margarita mixes, or try the Cantaloupe Cooler, with Bardenay Vodka, watermelon liqueur, peach nectar, and fresh lime and orange juices.

Food entrees include char-broiled trout and fettuccine Alfredo, as well as an array of burgers, sandwiches, satays, soups and salads. Shareables include calamari, bruschetta and smoked-trout spread with pita bread.

At **8 Feathers** (8feathersdistillery.com), founded in 2013 in Boise, the focus is all on drinks. Its name pays tribute to the town of Eagle, where the founders—two couples (who co-own the business with two additional partners)—live, and also pays homage to the Chinese view of the number eight, which is associated with wealth and prosperity. The small-batch distillery emphasizes premium whiskeys made from Idaho grains, corn in particular. Look for the Night Owl blended whiskey, which features two spirits aged in different kinds of barrels.

The Vanilla Bean whiskey is infused with Madagascar bourbon vanilla beans, while Real Idaho Bourbon begins with a traditional sour mash, with Idaho corn, Idaho triticale, and malted barley. 8 Feathers is also in the process of distilling Gem State Cherry Whiskey, made with berries from Emmett, Idaho, and expected to be available this month.

The tasting room is open only on Saturdays, from noon to 5 P.M., so plan accordingly. 8 Feathers

also offers two-day classes on distilling. A minimum of four students is required for the distillery to book a class.

44° North (44northvodka.com), which distills its spirits in the Eastern Idaho town of Rigby, doesn't have a tasting room, but its popular vodkas are available at various local restaurants and retailers, and I'm particularly intrigued by its Mountain Huckleberry Vodka. The huckleberry is the state fruit of Idaho, and in addition to containing that local ingredient, the vodka is distilled from two varieties of Idaho-grown potatoes.



• Above: Payette Brewing Company offers numerous notable varieties. Left and below: Warfield Distillery & Brewery, which has a restaurant with a rooftop deck, uses many Idaho ingredients in its spirits and beers.

At **Shore Lodge** (shorelodge.com), on Payette Lake in McCall, Idaho, the Mountain Huckleberry Vodka combines with huckleberries and lime to make the Huckletini. And at **Fork** restaurant (boisefork.com) in downtown Boise, you can enjoy 44° North's Sunnyslope Nectarine Vodka in the Raspberry Clove libation, which also includes housemade clove-rosemary simple syrup, local wild black raspberry syrup, lime, a splash of soda and a pinch of spices. Also in Boise, **Bacon** restaurant (baconboise.com) combines Sunnyslope Nectarine



Vodka with fresh-squeezed orange juice and ginger beer for the Brando beverage.

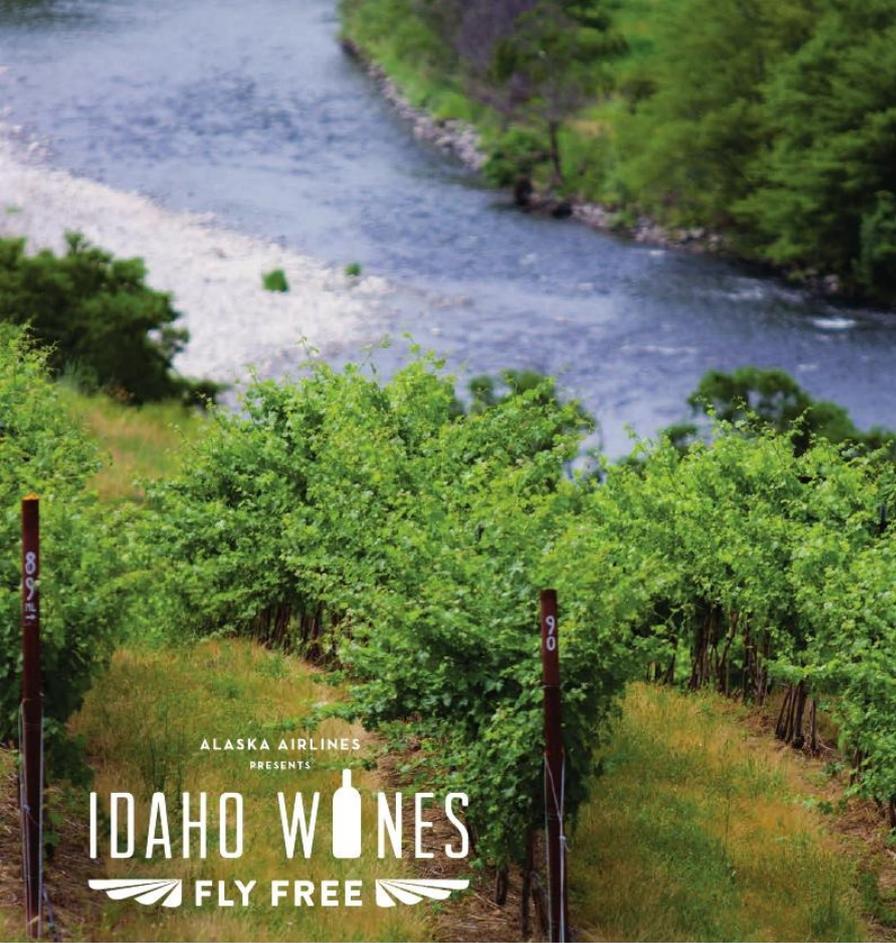
One of the reasons the 44° North brand is so popular, especially in the Gem State, says co-founder Ken Wyatt, is the distillery's commitment to quality Idaho ingredients. For instance, in addition to using fruit such as nectarines and huckleberries from Idaho, as well as Idaho potatoes, in its spirits, 44° North uses grain from south-central Idaho in its Magic Valley Wheat Vodka.



"Most vodkas are produced from ingredients that are trucked in or blended with alcohols made in the Midwest," he says. "Our products are grown, fermented and distilled in Idaho."

Beer-y Good

Warfield Distillery & Brewery (warfelddistillery.com), in the picturesque town of Ketchum, by Sun Valley Resort, is a rarity: making both spirits and beer. Spirits such as No Return Gin and Mayday Vodka come off the still, while whiskey and apple brandy



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THE NORTHWEST *Discovery* DESTINATION





• Above and left: Ste. Chapelle Winery has been producing acclaimed wines in Idaho since the 1970s. The winery also hosts special events.

are in barrels, aging. On the beer side, there's a Lucky 7 IPA—that's Idaho Pale Ale—as well as Thorny Thistle Scottish Ale, Toothy Grin British Bitter, Miner's Canary Stout, and more.

Warfield's philosophy is simple: "Put good in, get good out." So it uses organic malt and whole-leaf hops; Idaho corn, wheat and barley; and native organic botanicals, such as Douglas fir tips, sage, juniper and orris root.

Warfield's restaurant serves thoughtfully sourced Pacific Northwest fare, from Idaho potatoes with fry sauce (a tangy dip with mayonnaise, ketchup and spices) to house-smoked Idaho trout with asparagus and a poached egg. Also on the menu are items such as a grass-fed-beef burger; pasta with braised elk; pork loin with vanilla-pickled rhubarb; and the popular duck "drumettes," with a sweet chile glaze, cilantro yogurt, cabbage and lime.

Warfield's building is a local landmark. It's anchored a key corner of downtown Ketchum for almost 65 years and has housed a number of restaurants. You can have a sip in the spacious dining room, which offers a hint of the Old West with its exposed-red-brick walls, antique built-in safe behind the bar and well-worn wood floors. But I like the outdoor rooftop deck, open year-round, weather permitting, and complete with a firepit and a stunning view of Sun Valley Resort's Bald Mountain.

Laughing Dog Brewing (laughingdogbrewing.com) in Ponderay, near Sandpoint on the north end of Lake Pend Oreille, bills itself as making "fetchingly

good beer," and that canine theme is present throughout its taproom. My sampler of eight beers is served in a wooden dog-bone-shaped tray. Laughing Dog also serves snacks such as buffalo wings, corn dogs, fries and mini pizzas.

Everyone but me seems to have a dog in tow. In fact, the tables pushed together in the center of the room are for a group of about a dozen pets and their people. That's right: There's a dog's birthday party going on in the middle of the room. And the yellow Labrador that appears on the brewery's logo, and on all of its beer labels, is Ben, the owners' family pet. Laughing Dog, one of the 40-plus stops on the **Inland Northwest Ale Trail** (inlandnwaletrail.com), is known for its award-winning IPA and Huckleberry Cream Ale, among other brews.

Payette Brewing Company (payettebrewing.com) in downtown Boise, a stone's throw from the Boise Greenbelt and Boise River, is also dog-friendly. Established in 2010, the brewery moved to its current downtown location in summer 2016. The new taproom partners with local food trucks for food offerings, and posts a schedule online well in advance (payettebrewing.com/food-trucks). There are 20 taps,



with a variety of IPAs, lagers and sours. The Rustler IPA, Blood Orange Rustler IPA, Recoil IPA, Mutton Buster Brown Ale and Pistolero Porter are among the year-round options, complementing a host of seasonal beers, as well as a series of sours, barrel-aged beers and imperial IPAs. I think the fruity sour beers are among the most interesting—for instance, a sour ale with guava and hibiscus; another with blackberry and peach; still another with cherry and nectarine; and, expected later this year, red currant and cranberry.

Wine Time

In Caldwell, about 30 miles west of Boise, **Scoria Vineyards** (scoriavineyards.com) specializes in red varietals. Taste Cabernet Sauvignon and Petit Verdot in a contemporary atmosphere with sweeping views of the rugged Owyhee Mountains. The terroir includes steep-sided volcanic

craters and vents covered in thin soils of windblown sand and loess, which are peppered with dark, volcanic scoria rock—from which the winery takes its name.

The sand and loess contribute to the very porous, well-drained nature of the vineyard land, allowing roots to easily take hold down to the shallow volcanic bedrock. Sandy soils retain little water, so the winery's vines are naturally stressed and often bear less fruit, but the grapes the vines do produce are very high in quality.

Scoria—one of Idaho's many new up-and-coming wineries—is owned and operated by a fourth-generation Snake River Valley farmer who's branching out of mint farming and into wine grapes. The tasting room opened to the public this year and is open Fridays, Saturdays and Sundays from April through November. The young winery has five offerings so far, including a 2014 Cabernet Sauvignon

IDAHO
TOAST-WORTHY



SHEPPARD FRUIT WINES

• Sheppard Fruit Wines, celebrating its 10th anniversary, uses locally and regionally sourced fruit and berries.

and a 2015 Austrian-style dry Riesling.

Ste. Chapelle Winery (stechapelle.com), Idaho's largest and oldest continuous-running winery, was founded in 1975 in Emmett, then moved a few years later to its current location in

Caldwell. Since then, it's become a premier destination winery known for its lovely views of vineyards and the Boise Foothills, and its award-winning wines. It's home to a popular summer concert series and is also a popular site for weddings. In autumn, it hosts its monthly Winery After Hours event, featuring local musicians. Admission is \$10, and that includes your first glass of wine. On October 27, Spencer Batt, an Idaho singer and songwriter,

specializing in rock and soulful-sounding Americana, is scheduled to take the stage.

Ste. Chapelle derives its name from the famous medieval Gothic chapel in Paris. The Idaho winery, located in the fertile Snake River Valley—known for its volcanic soils, long warm days and crisp nights—produces two dozen wines. They're divided into four series: Chateau, Snake River Valley, Panoramic and Treasure Valley. The second two are almost

IDAHO WINES FLY FREE

Alaska Airlines Mileage Plan members can check their first case of appropriately packaged wine free on Alaska domestic flights from Boise and Lewiston. See alaskaair.com/wine and visitidaho.org/idaho-wines-fly-free for details.



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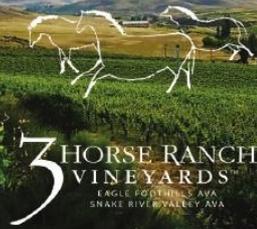
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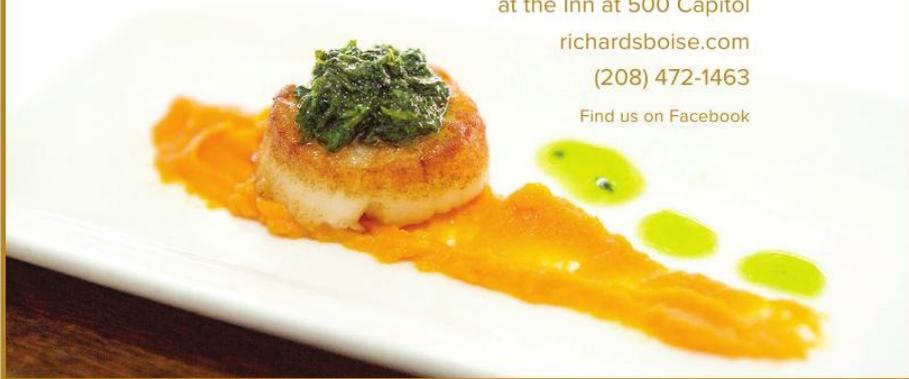
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exclusive to the tasting room and offer some of the best of the wine region. My favorite, the Panoramic Series, comprises eight wines: one white, the Panoramic Idaho Block 16 Chardonnay; six reds, such as Malbec and Petit Verdot; and an ice wine, made from Riesling grapes and featuring intense flavors of honey, orange, peaches and apricots.

In the Panhandle city of Lewiston, just east of the Washington state border, **Clearwater Canyon Cellars** (clearwatercanyoncellars.com) makes red wines— ranging from Petite Sirah and Carmenère to Malbec and Merlot— and also offers white wines. It specializes in grapes grown in the Lewis-Clark Valley, which received American Viticultural Area (AVA) designation last year.

Popular wines include the 2014 Coco's Reserve Cabernet Sauvignon, which has a bouquet of dried cranberries, cedar and leather, and is made of 75 percent Cabernet Sauvignon as well as small amounts of Syrah, Cabernet Franc, Malbec and Merlot. Established in 2004, Clearwater is open for tastings on Friday and Saturday afternoons.

In the town of Harrison, on the southeastern side of Lake Coeur d'Alene, **Sheppard Fruit Wines** (sheppardfruitwines.com), established in 2007, is open for tastings seasonally, from May 1 to early October. It specializes, as its name suggests, in wines made from fruit and berries: cranberry, huckleberry, elderberry, raspberry, rhubarb and pear. Fruit and berries are sourced locally and regionally, and the wines are medium-dry, not cloyingly sweet. The winery is run by the husband-and-wife team of Jim and Julie Sheppard, who like to joke, "No grapes were harmed in the making of this wine." ■

Adriana Janovich lives in the Inland Northwest. For more information on wine, beer and spirits in the Gem State, see visitidaho.org.



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BUSINESS Benefits

COMPANIES THRIVE IN IDAHO

» When Joe Albertson and two business partners opened a grocery store in Boise in 1939, Albertson used \$5,000 in savings and a \$7,500 loan from his wife's aunt to launch his dream of creating a first-class operation. By the end of 1941, the business had expanded to three stores and had annual sales of more than \$1 million.

The entrepreneur (1906–1993), who had studied business at the College of Idaho and worked for another grocery company before starting his own, was known for enhancing the shopping experience with innovations such as an automatic doughnut machine, one of the country's first in-store magazine racks, an in-store bakery creating items from scratch, and fresh store-made ice cream.

Today, the business he founded operates as Albertsons Companies, and has more than 2,300 stores in 35 states and the District of Columbia. It has acquired numerous other brands, including Safeway. This past summer, *Forbes* listed it No. 3, with sales of \$59.7 billion for fiscal 2016, among America's Largest Private Companies.

Albertsons Cos., whose main headquarters remains in Boise, continues to look for ways to

differentiate itself, such as announcing in May that it was the first major U.S. grocer to carry Fair Trade Certified scallops. That same month, it also publicized its plans to enhance digital capabilities and offerings.

Even as a giant food-and-drug retailer, Albertson Cos. values its Idaho roots. Last fall, it announced that relocation to its Boise campus of pharmacy-support and other corporate positions would result in 300 new jobs in Boise (for an estimated total of nearly 800)—resulting in an estimated \$38 million in tax revenue to the state. The expansion was aided by a state Tax Reimbursement Incentive (TRI) award of 30 percent annually for 15 years.

In a statement celebrating the expansion, Idaho Governor C.L. "Butch" Otter noted that Albertsons had given him one of his first jobs, as a stock boy, at its original Boise location. Albertsons Cos.' expansion "is the type of expansion that the Tax Reimbursement Incentive was designed for, and I couldn't be happier that it is being used by an Idaho company with a rich history in our great state," he said.

The TRI program, which became effective via state legislation



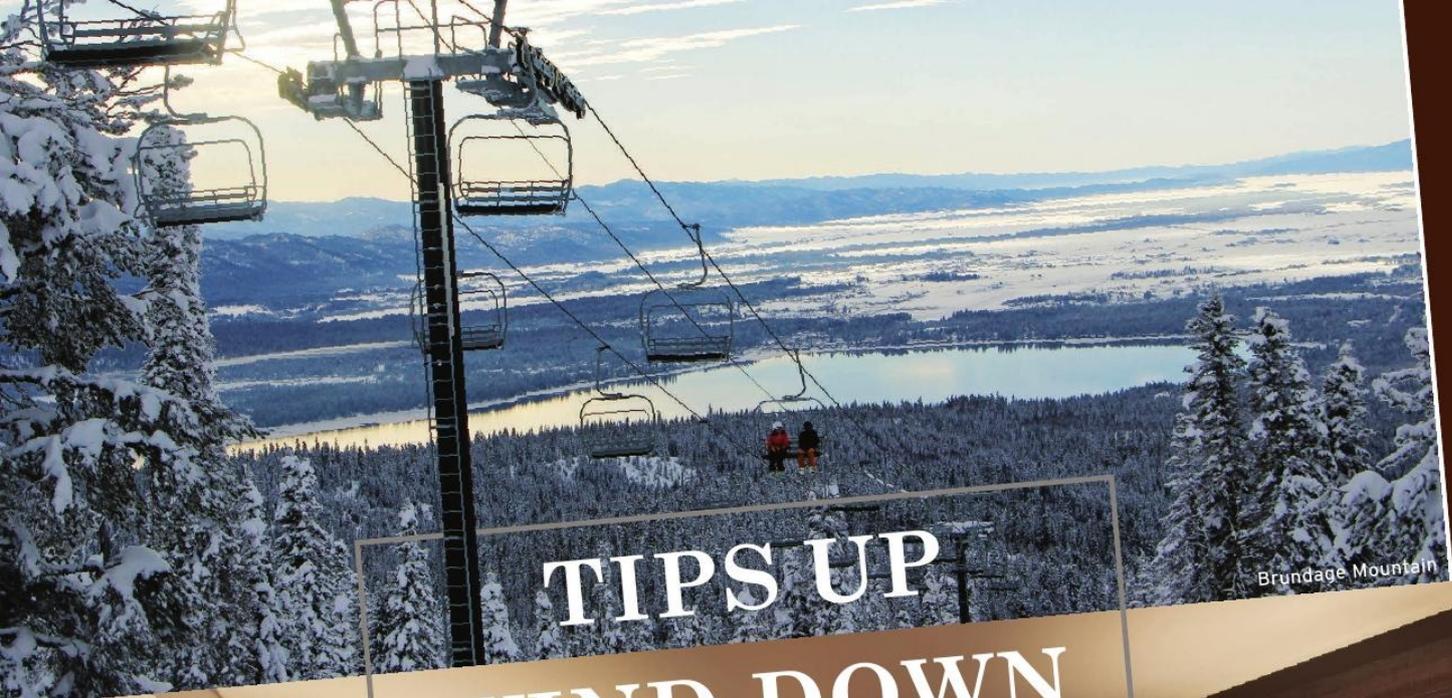
- The grocery business that Joe Albertson, left, began with one Boise store in 1939 is now among the country's largest private companies.

in July 2014, is available for companies that meet minimum job-creation criteria. Companies can receive a tax credit of up to 30 percent on income, payroll and sales taxes each year for up to 15 years.

"As Albertsons Companies looked to how to best develop the team at each of our three corporate offices [the other two are in California and Arizona], we were proud that our growth over the last few years was going to result in our bringing new jobs to Idaho," said Andrew J. Scoggin, Albertsons executive vice president of human resources, labor relations, public affairs and government affairs, in making the announcement. "Our team is proud to call Boise home."

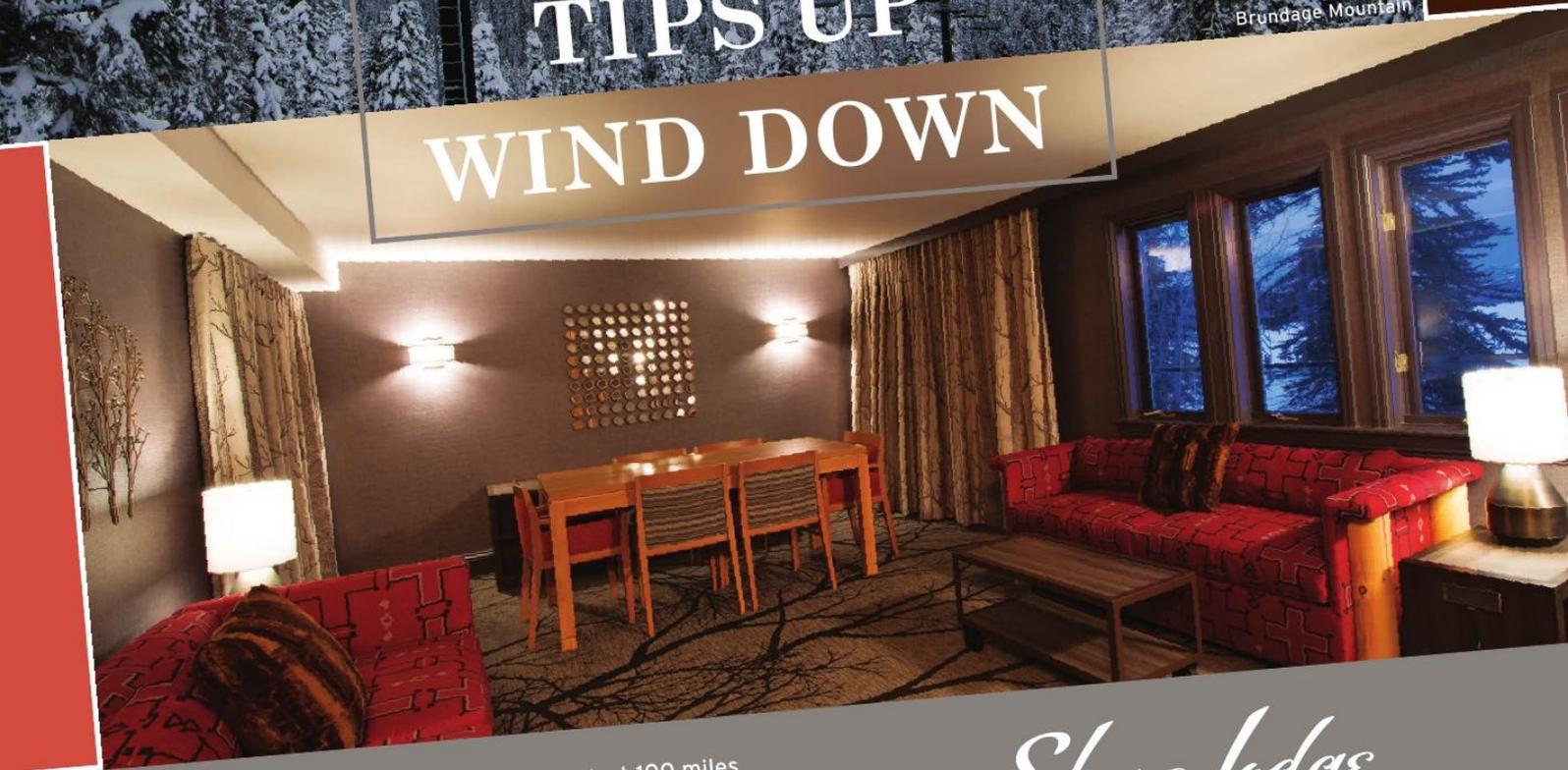
Another company expanding in Idaho is Toronto-based **McCain Foods Limited**, which is an international producer of frozen foods and is described as the world's largest manufacturer of frozen potato products. In May, its McCain Foods USA division announced it would expand production capacity for frozen french fries in Burley, about 170 miles southeast of Boise.

The company, which has had a facility in Burley since 1997, plans to invest more than \$200 million and create more than 180 new jobs to expand its state-of-the-art production facility. Another approximately 200 jobs are expected to be indirectly created from the expansion, according to state leaders.



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MCCAIN FOODS (2)

• Above and left: Toronto-based McCain Foods Limited, an international producer of frozen foods, is expanding production capacity for frozen french fries in Burley, Idaho. Right: Takashi Suzuki, CEO of Sakae Casting. The Tokyo-based company chose Idaho Falls for its first U.S. location.



COURTESY SAKAE CASTING

“In 2016, we reviewed all of our North America sites and narrowed the potential for expansion to a handful that could best help us meet the growing demand for McCain products,” said Jeff DeLapp, regional president, North America, in making the announce-

ment. “In the end, we chose Burley due to its proximity to quality potatoes, availability of skilled workforce, and strong community- and state-level support.”

State and local performance-based incentives—such as a 30 percent state Tax Reimbursement

Incentive credit for up to 15 years and Cassia County/City of Burley Urban Renewal District designation, allowing the project to use a portion of its property taxes to help pay for project-development costs—are expected to total around \$18 million. The McCain expansion is expected to enhance state GDP by about \$560 million over a 20-year period, according to state officials. The expanded facility is expected to be operational in summer 2018.

For **Sakae Casting**, a business based in Tokyo, Japan, the city of Idaho Falls was the ideal site to launch the company’s first U.S. location, which celebrated its grand opening in April. Sakae makes aluminum-casting products and cooling plates used in semiconductors and industrial high-power electronic devices. Being in Idaho allows the company to work directly with experts in research and manufacturing at Idaho National Laboratory, which is based in Idaho Falls, and at the University of Idaho, which has an educational center in Idaho Falls in addition to a main campus in Moscow.

Sakae Casting President and CEO Takashi Suzuki cited Eastern Idaho’s strong science, research and education sectors in a statement celebrating the grand opening of the first U.S. office, which is initially employing four, with more jobs likely as the company expands its business, he said.

Jan Rogers, CEO of Regional Economic Development for Eastern Idaho, initially made contact with Sakae representatives when they were visiting Idaho Falls last year as part of a sister city program between Idaho Falls and Tokai village, in eastern Japan’s Ibaraki prefecture. Rogers and leaders from the Idaho Depart-

IDAHO ACCOLADES

No. 1: Best-Run City in America—Nampa. Boise was No. 3 (July 2017, WalletHub).

No. 1: Job Growth in the Nation, January 2016 to January 2017 (March 2017, Idaho Department of Labor).

No. 1: Top-performing economy among U.S. states, over the 12 months ending March 31, 2017, with a 9.7 percent increase in economic health (August 2017, Bloomberg piece crediting source data from Bloomberg Economic Evaluation of the States).

No. 2: Tech-Sector Employment Percent Change—6.3 percent, 2014 to 2015 (March 2016, CompTIA, the Computing Technology Industry Association). The state then experienced a 1.8 percent gain 2015 to 2016.

No. 3: Best States for Business (February 2017, 24/7 Wall St.) and **No. 3 in Business Friendliness** (July 2017, CNBC).

No. 7: U.S. Cities Sustainable Development Goals Index 2017 performance—Boise MSA (Sustainable Development Solutions Network, a Global Initiative for the United Nations). In addition to the No. 7

overall ranking, the Boise MSA was No. 1 in Peace, Justice and Strong Institutions, and No. 2 in Affordable and Clean Energy and in Decent Work and Economic Growth.

No. 7: Hottest (Worldwide) Travel Destinations of 2017 (December 2016, *Vogue*).

No. 11: States Adding the Most Jobs Since the Great Recession (January 2017, 24/7 Wall St.).

No. 12: Best Places to Live in U.S., 2017—Boise Metro Area (February 2017, *U.S. News & World Report*).

—Source: Idaho Department of Commerce

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ment of Commerce and from SelectUSA, a U.S. Department of Commerce program, worked together to secure Sakae's first location. The company has said it chose Idaho in part due to ease of doing business in the state.

"This project showcases Idaho's ability to attract important foreign direct-investment opportunities, and we are excited to be a part of Sakae Casting's growth," said Megan Ronk, director of the Idaho Department of Commerce.

The Gem State is attracting and bolstering a diverse spectrum of companies because of business-friendliness that extends from ease of connecting with government and community leaders to financial incentives that foster success.

Below are a few examples provided by the Idaho Department of Commerce that indicate ways the state is a good place to do business:

Business Assistance

Workforce consultants and analysts from the Idaho Department of Labor work closely with business owners and others to determine employers' needs and connect businesses with a high-quality workforce. The department also creates specific employee-training programs to help new businesses. In addition, the state offers Workforce Development Training reimbursements and New Job Tax Credits.

Idaho businesses also benefit from incentives, from a variety of state sources, such as the Tax Reimbursement Incentive, Idaho Opportunity Fund, 3% Investment Tax Credit, Property Tax Exemption, Production Sales Tax Exemption, sales-tax rebate program, and a variety of grants, including infrastructure-improvement grants and STEP (State Trade Expansion Program) Grants to support Idaho businesses looking to expand into international markets through exports.

Other incentives are available in municipalities, such as tax increment

financing and industrial revenue bonding. And throughout the state, grants of up to \$500,000 are available to help communities expand their infrastructure to accommodate new or expanded commercial or industrial facilities.

Education

Idaho has four 4-year state universities/colleges (Boise State University, Idaho State University, Lewis-Clark State College, and University of Idaho) and four 2-year colleges (College of Southern Idaho, College of Western Idaho, College of Eastern Idaho and North Idaho College). There are also more than 20 private universities and colleges, as well as many professional-technical training centers.

And construction is taking place on the proposed Idaho College of Osteopathic Medicine, a private-public partnership. The approximately 94,000-square-foot facility will be located at, but separate from, the Idaho State University Health Science Center campus in Meridian. The new college is expected to open in fall 2018.

Electricity

Electricity costs in Idaho are among the lowest in the country, according to the Idaho Depart-

ment of Commerce, in part because of the state's numerous hydroelectric power plants. Nearly 80 percent of Idaho's electricity comes from renewable-energy resources; 58 percent of that 80 percent comes from hydroelectric, with the rest generated from sources such as geothermal and wind, according to the Idaho Department of Commerce.

A significant number of downtown buildings in Boise, including the State Capitol Building, parts of Boise State University and many government office buildings, are heated with geothermal energy.

Health Care

Idaho has more than 50 licensed hospitals, including two major medical centers in Boise: Saint Alphonsus and St. Luke's. Both medical centers maintain and/or are part of a network of regional care centers.

In January, Idaho was ranked the second-best state in the country for employer-provided group health insurance, based on premium costs, according to a survey by United Benefit Advisors. Single people in Idaho paid \$415 a month on average last year, according to UBA, while families paid an average of \$989 a month.



IDAHO STOCK IMAGES

• Electricity costs in Idaho are among the lowest in the nation, thanks in part to hydroelectric plants such as the Shoshone Falls Power Plant, above.

Quality of Life

Idaho is a land of rugged mountains and vast open spaces for just about every kind of recreation, helping companies to recruit and retain qualified executives and line workers. It boasts more than 3,000 miles of whitewater for rafting and kayaking; more than 40,000 miles of dirt roads and trails for bicycling, hiking, and powersports such as snowmobiling; world-class skiing; blue-ribbon fly-fishing waters; around 15 wilderness areas; and 30-plus scenic and backcountry byways.

These recreational riches are often conveniently reached from Idaho towns that boast attractions such as museums, theaters, dance companies, symphonies, art galleries, restaurants (in May, *Vogue* called Boise “a growing culinary hotspot”), breweries, wineries, and unique venues such as the outdoor amphitheater in Boise where the Idaho Shakespeare Festival stages performances that draw theatergoers from across the globe. The Gem State also has more than 50 wineries, with numerous tasting rooms open to the public.

Idaho is known, as well, for its low cost of living, low crime rate, family-friendliness and excellent work-life balance, and a WalletHub study released in July listed Boise among the 10 least-stressed cities in the country. ■

For more information: Idaho Department of Commerce, 208-334-2470 or 800-842-5858, commerce.idaho.gov; Idaho Economic Development Association, ieda.biz; Idaho Department of Labor, 208-332-3570, labor.idaho.gov; Gem State Prospector, gemstate-prospector.com.

A FEW NOTABLE IDAHO STATS

The Boise Metro Area had the largest percentage gain in construction jobs among U.S. metro areas—with a percentage increase in job growth of 18 percent, for 3,400 new jobs—between December 2015 and December 2016, according to Associated General Contractors of America.

Idaho's real gross domestic product increased by 2.1 percent in the first quarter of 2017—the sixth-largest increase nationally (U.S. Department of Commerce Bureau of Economic Analysis).

Personal income in Idaho grew 1.6 percent in first quarter 2017, faster than in any other state (U.S. Department of Commerce Bureau of Economic Analysis).

—Source: Idaho Department of Commerce



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STEELHEAD RIVERS OF ROSEBURG

By Terry W. Sheely

»» **There is a seam in the river**, a ribbon of smooth water where forceful downhill currents touch and ruffle the edge of a calm green pool. Directly under the seam is where I see the winter-run steelhead, hunkered on the bottom, a barely visible wraith of refracted shadow.

The steelhead—10, maybe 12, pounds—is facing upstream away from the ocean toward the mountains and a bed of spawning gravel somewhere in the foothills of south-central Oregon. Pectoral fins and gills barely move. The fish's iconic square tail distinguishes the ocean-going rainbow trout from the V-tailed salmon that also swim this river in late fall to early spring. The tail waves side to side in a slow, strong rhythm that holds the fish in position behind a moss-feathered boulder. Protected from the current's push, the fish rests before plunging back into the moving water and continuing up the North Umpqua River.

If I can drop the shrimp-sweetened ball of orange yarn



»» *The North Umpqua River, which connects with the South Umpqua River near Roseburg, Oregon, is legendary for its winter and summer steelhead runs.*

upstream of and slightly outside of the seam, the marble-size lure should drift downstream, and suck behind the boulder and in front of the steelhead. I shift my feet slightly for position, pick a target area and make the cast.

Green fishing line follows the offering and a 2-inch weight into the seam. The line tracks the current downstream, rides around the shoulder of the rock, hesitates in the eddy behind it, and floats on untouched. I stare through polarizing glasses but can no longer see the steelhead. Gone, probably before my bait even got there.

Deep breath, reel in, freshen the rig and shuffle along the bank in the Whistler's Bend County Park and Campground, looking for the next hopeful spot in the mile of park that fronts the river.

This is one of the best places for December winter runs: a sampling of river conditions, great steelhead lies and lots of bank to fish. Sometimes winter steelheading, even in the great North Umpqua, is more hope than hookup, but for a steelheader, that's much of the appeal—the challenge and the burst of adrenaline when there's an electrifying tug on the bait, a sharp take on the fly.

Roseburg, a charming Southern Oregon town of about 22,000, is a hub on the Interstate-5 corridor where the North and South

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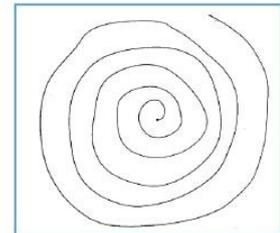
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forks of the Umpqua River system, two of Oregon's premier steelhead rivers, unwind from the west slope of the southern Cascade Range and merge to form the main-stem Umpqua, a funnel that brings winter and summer steelhead from the ocean to the city and beyond.

To conserve and protect natural spawners in the Umpqua River system, wild steelhead are regulated for catch-and-release only, but stocked hatchery fish can be harvested. Hatchery fish are identified by a clipped adipose, a small fleshy fin near their tail, and by how well they sit at the table in melted butter and lemon juice.

Both of the tributaries and the main river have distinctive personalities, flow characteristics and individual calendars of steelhead and salmon movements. The waterways are carved into dark bedrock, with whitewater plunges and cascades that slide into seemingly bottomless chutes and fall across tailout gravel that begs for a skated wet fly or swinging lure.

In the powerful upper North Umpqua east of Roseburg above Rock Creek, there are 33 miles of fly-fishing-only water, reverently referred to as "holy water," and described by many, including Frank Amato—a venerable Oregon publisher and devoted steelheader—as "the most legendary steelhead river in the world." Some call it the most challenging.

Author and fly-fishing fanatic Zane Grey so fell in love with the North Umpqua that in 1931 he left his beloved Rogue River to build a fish camp near Steamboat Creek, some 40 miles upriver from Roseburg, dividing his fishing between 1,000-pound marlin in the South Pacific and 15-pound steelhead in the Umpqua.

Summer runs are the main draw to the North Umpqua, with steelhead arriving in June and fished through November, which is when the first winter-run steelhead appear. The winter fishery can be equally addictive and productive. Hinged tackle



» *In the Umpqua River system, anglers can fly-fish from a jet boat or a drift boat, or wade and cast along the shore. There are dozens of public access sites less than an hour's drive from Roseburg.*

boxes bulge with flies such as Muddler Minnows, Green Butt Skunks, Purple Peril and Black Leech patterns.

This storied fork runs near Oregon Highway 138 and is open year-round. There's good fishing here every month, depending on storms and high water. The North Umpqua is cold, powerful, deep, and often shouldered by cliffs and rock walls. With slippery rocks and strong currents, it's an unforgiving river that should be respected.

The South Umpqua River is less tempestuous and less dramatic. Its warmer waters in summer draw anglers in search of smallmouth bass—from the mouth of the river to the community of Tiller, especially in the Canyonville area. Steelhead are sometimes incidentally caught and released in November, while the steelhead retention season starts December 1. In late December, a strong run of thick-shouldered winter steelhead appears and is fished hard near Roseburg,

until the season closes April 30.

Fewer than 10 miles northwest of Roseburg and west of I-5, the main Umpqua River is formed near the boat ramp at River Forks County Park, where the North and South forks merge. The unified river flows another 118 river miles west to the Pacific Ocean at Reedsport/Winchester Bay, with much of the river paralleled by Oregon Highway 38.

The main Umpqua is often heavily fished and has the variety and number of fish to support its popularity—spring and fall Chinook; coho salmon; winter and summer steelhead; and smallmouth bass, shad, striped bass and sturgeon.

In the Roseburg area, runs of fall Chinook and coho salmon and summer steelhead continue to pass until New Year's Day on the main Umpqua. Winter steelhead arrive in a wave that starts after New Year's and continues into April.

The smallmouth-bass fishing is world class by any measure. Catches of 100 per day, 2 to 4-pounders, are not uncommon and dominate warm-weather fishing from April through October. In May and June, a monster run of American shad swarms the lower main river. Nearer the ocean, the Umpqua offers rare opportunities to catch Oregon striped bass weighing up to

STEELHEAD RIVERS OF ROSEBURG

45 pounds and white sturgeon that can be measured by the yard.

Where the rivers come together near Roseburg, strong currents slide around smooth boulders and rocks—some capped with toupees of startlingly green grass—scattered across the rivers like hairy billiard balls. The boulders divert the current and create protected pockets, soft eddies, long runs and deep pools that hide summer and winter steelhead.

The reaches simply beg to be fished with clusters of salmon eggs, sand shrimp, puffs of bright yarn, diving plugs, spinners and even pink plastic worms. For a reason known only to the fish, 5 inches of pink plastic worm undulating beneath a float is almost impossible to pass up.

The rivers span 100 to 250 feet wide: large enough to be fished from drift and jet boats, yet narrow enough to wade and

cast from the bank. Three dozen public access sites, parks, day-use areas, campgrounds and boat ramps are less than an hour's drive from Roseburg along the North and South forks and the main stem west of town. Find professional steelhead guides with comfortable riverboats and propane heaters through the Roseburg visitor center (visitroseburg.com).

Some experienced Umpqua steelheaders keep tabs on the number of steelhead that Oregon Department of Fish and Wildlife managers track crossing above Winchester Dam on the North Umpqua. I'm not one of them. I steelhead whenever I can get here. I've had fishless days on Roseburg's rivers, but I've never had a bad day.

Thirty feet upstream in the North Umpqua, where I've just missed a fish, a broad tail creases the surface above a

deep channel and disappears under the water. There's a slight swirl as this steelhead moves upriver. The fish is active, aggressive and probably short-fused.

I cast above the fish, raise the rod tip, tighten the line and watch it ride the current toward the swirl. When the drifting line hesitates, I slam the rod up, hook into the subtle bite, and hang on while strong line peels off the reel. Forty feet out, the Roseburg steelhead thrashes the surface. I can't stop smiling. ■

Terry W. Sheely is an award-winning outdoor journalist based in Black Diamond, WA. Alaska Airlines (alaskaair.com) offers daily service to Eugene, OR, and Medford, OR, which are gateways to fishing in Roseburg. Please visit www.eregulations.com/oregon/fishing/southwest-zone for more information on fishing in the area.

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Puzzle on page 62.

A	B	E	A	M	C	H	O	R	E	E	B	B	B	A	T	H	E					
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HOW WWU IS RESPONDING TO THE SHORTAGE OF QUALIFIED CYBERSECURITY PROFESSIONALS

The rise of cyber-attacks and a heightened awareness of network vulnerability, coupled with a shortage of trained cybersecurity professionals, is creating serious consequences for individuals, corporations and government agencies seeking to protect sensitive information.

Western Washington University has responded to the need for qualified cybersecurity experts by opening its own training facility. Students from all over Washington state are able to practice cybersecurity exercises and test technologies in a controlled virtual environment at Western's Poulsbo location. This Cyber Range is the first of its kind in Washington and one of only nine in the nation.

A cyber range is a virtual environment used for cyber-warfare training and cyber technology development. It provides tools that help strengthen the stability, security and performance of cyberinfrastructure and IT systems used by government and military agencies.

"This facility allows for cybersecurity exercises, such as penetration testing and virus dissection, to be conducted in a way where there is no risk of creating problems on the network," said Erik Fretheim, program director for Western's Computer Information Systems Security program.

The new facility is catching the eye of big businesses like Boeing. In July, the aircraft manufacturing company gifted the university fifty computer servers to use in the range. "As a large multi-national corporation, Boeing recognizes the risks in the worldwide cyber ecology and the need to help educate those who will protect us all," commented Boeing employee Marie Deschene.

"We are continuing to work on creating partnerships between the range and private companies, that will provide resources to help students learn cybersecurity skills, while at the same time companies will benefit from the opportunity to test their equipment in a contained environment," said Fretheim.



Erik Fretheim
Western Washington University

Cybersecurity is a growing field, with professionals in huge demand due to a projected 1.5-million trained-employee labor shortage through at least 2019, according to an industry source.

Western is making great strides in cybersecurity training, "As I discuss the Cyber Range with my colleagues from other schools, they quickly recognize the advantages, and that we could create a shared resource that could do far more than what any of us could create individually," Fretheim said.

Fretheim is leading a charge to make the range not only a pillar for Kitsap County but as a resource for all colleges and universities in the state.

A promotional banner for 'Experience Western' at Western Washington University. The banner has a dark blue background. At the top, the word 'EXPERIENCE' is in small white letters, and 'WESTERN' is in large white letters, both enclosed in a white rectangular frame. Below this, the text 'YOUTH PROGRAMS | CONTINUING EDUCATION' and 'DEGREE & CERTIFICATE PROGRAMS | ONLINE COURSES' is written in white. The central part of the banner features a map of Washington state in shades of green and blue, with white dots and labels for various campus locations: PORT ANGELES, BELLINGHAM, ANACORTES, MOUNT VERNON, EVERETT, SEATTLE, BURIEN, TACOMA, POULSBO, and BREMERTON. At the bottom of the banner is the Western Washington University logo, which includes a stylized white bird or wave graphic above the word 'WESTERN' and 'WASHINGTON UNIVERSITY' below it. The bottom-most section of the banner is a dark blue bar with the website address 'www.edu/ExperienceWestern' in white text.

A C R O S S

- 1 Crosswise
- 6 Job
- 11 Dwindle
- 14 Wash
- 19 Small theorem
- 20 "Evita" role
- 21 Inverted caret
- 22 Seat
- 23 Bumbling
- 24 Andean climber
- 25 Attention
- 26 Garner
- 27 Map line
- 29 Silver-haired sort
- 32 Nicholas or Peter
- 33 Unlatch, poetically
- 35 Birds' bills
- 36 Dribble
- 37 A, B, and C
- 40 Boy
- 42 Parthenon's site
- 46 Called the shots
- 48 Green parrot
- 49 Buster Brown's dog
- 52 CD collection?
- 54 Flier of myth
- 55 Pedro's pal
- 57 Sensibility
- 59 Long-tailed lepidopteran
- 62 Window part
- 63 Made of blossoms
- 64 Surfer's domain
- 65 Bas-relief medium
- 66 Rural sight
- 67 Contented sounds
- 68 Frivolous
- 70 Thy, now
- 72 Fat substitute
- 74 Wooden shoe
- 75 They believe
- 79 Stratum
- 80 Via, briefly
- 81 It's the word
- 82 Gauge
- 83 Bass basket
- 86 Garage division
- 88 Cell terminals
- 90 Scat queen
- 91 Pliers, for instance
- 93 Signets
- 94 Emissary
- 95 Bob Hope's gp.
- 96 Feat of Klee?
- 97 Stock endings
- 98 Lentil concoction
- 100 Type measures
- 101 Lowest
- 104 "Somewhat" suffix
- 106 Excuse provider
- 109 Korea's Syngman ____
- 111 Affected manner
- 114 Vision
- 115 Annapolis sch.
- 118 Sixtieth anniversary
- 123 Game fish
- 125 Tibet neighbor
- 126 Rev

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- 127 Geeky
- 129 Moderates
- 130 Meager
- 131 Depot abbr.
- 132 Lowland
- 133 Lyric verse
- 134 Jumping mammals
- 135 Draft org.
- 136 Fussy couple?
- 137 More lucid

D O W N

- 1 Selective roster
- 2 Inclinations
- 3 Ireland
- 4 Current amount
- 5 Crew member
- 6 Certain NCO
- 7 Assistant
- 8 Nuncupative
- 9 Ovid or Pliny
- 10 Maternally kin
- 11 Nevertheless
- 12 Swain

- 13 Earth banks
- 14 "Reveille" player
- 15 Slanting
- 16 Subsequently
- 17 Noodle
- 18 Marine eagle
- 28 Convey
- 30 Norwegian writer
- 31 Launched
- 34 Hawaiian naval base
- 38 Initial victory?
- 39 The sun, notably
- 41 Croc's home
- 43 Amor
- 44 Portable beds
- 45 Say that again?
- 46 Cow catcher
- 47 Spam, e.g.
- 50 Major Prophet
- 51 Decorative trim
- 53 Rolling Stones hit
- 56 Wrote for another
- 58 Dawn deity
- 60 Flu symptom

- 61 Connecticut city
- 63 Rider
- 64 Awfully moist
- 69 Loll
- 71 Resistance units
- 73 Pinball problem
- 74 Hog haven
- 76 Inherited wealth
- 77 Raptor's claw
- 78 Kills with laughter
- 81 DCCLXXV x II
- 83 Freshwater fish
- 84 Tabula ____
- 85 Genesis figure
- 87 Combining form for "high"
- 89 Seine feeder
- 92 Like some cereal
- 93 Eastern address
- 94 Angled piece
- 99 Drive the getaway car
- 102 Winter weasel
- 103 Young swine
- 105 Hot spots

- 107 Rib
- 108 Jovian satellite
- 110 Selvages
- 112 Flush
- 113 Tons
- 116 Painter Emil ____
- 117 Goose genus
- 118 Dinner offering
- 119 Past Peruvian
- 120 Hebrew month
- 121 Projects
- 122 Geologic times
- 124 Suit tops
- 128 Agreeable answer

Solution on page 60.



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12,500 miles	12,500 miles	More than 2,101 miles	New York-Seattle

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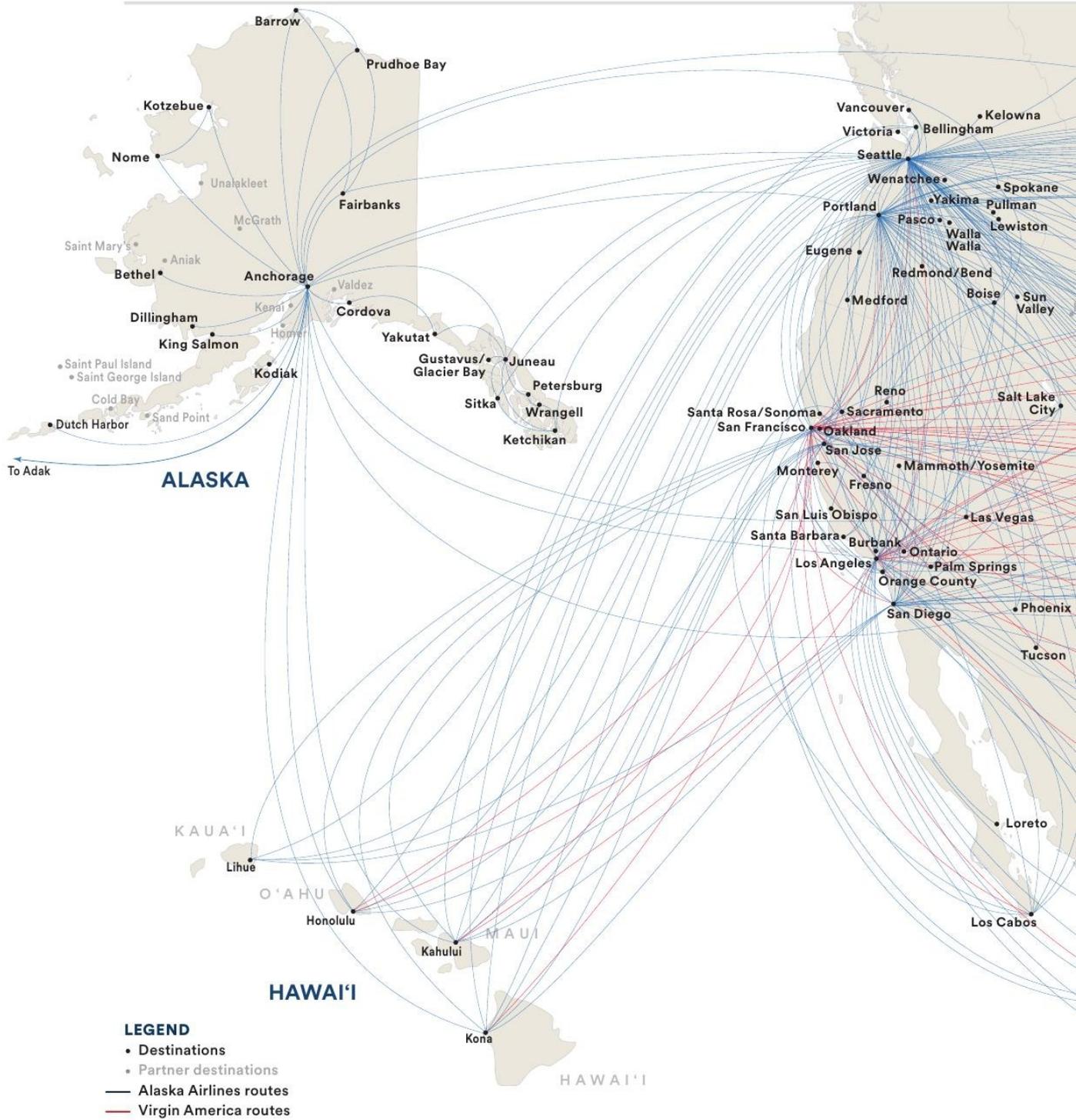
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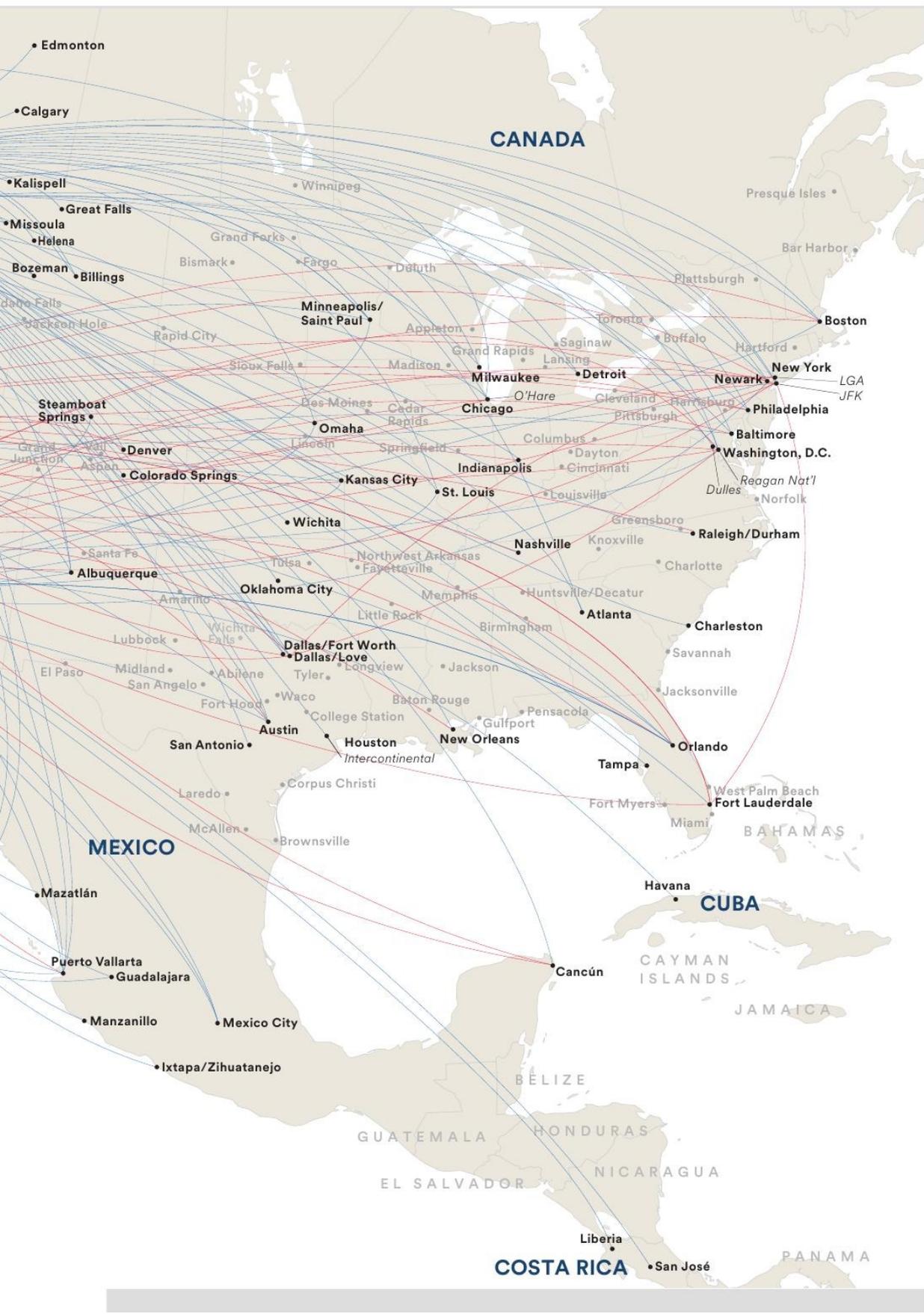
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Portland, OR—New York Kennedy (JFK)	November 6
San Diego, CA—Mexico City, MEX	November 6
San Diego, CA—Minneapolis, MN	November 18



Some Alaska Airlines service operated by Horizon Air or SkyWest Airlines.

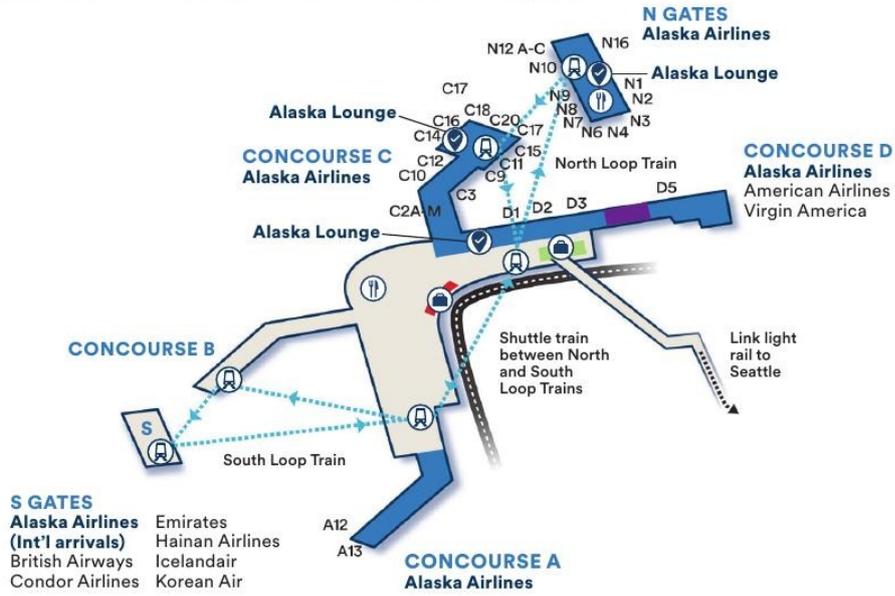
Some routes shown operate seasonally.

Airport terminal maps

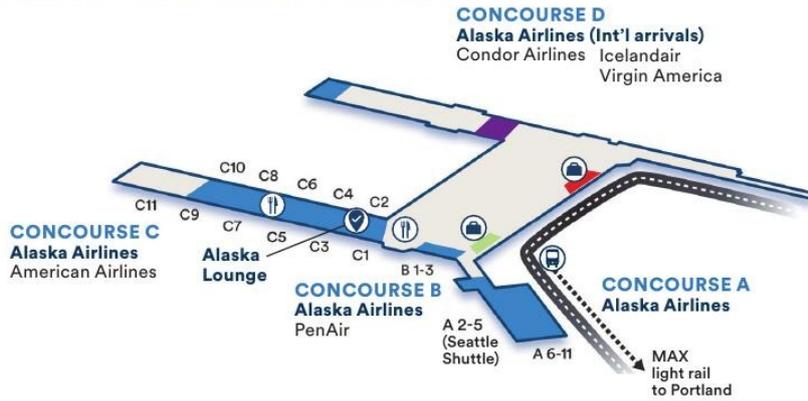
SEA Seattle/Tacoma International Airport

Tip: Connecting to an Alaska Global Partner? You'll need to take the shuttle train to the South Loop Train to get to the S gates.

Tip: Our new Alaska Lounge opened in the C Concourse: Raise your "preflight" game. We have complimentary food, premium drinks, Wi-Fi and great views.



PDX Portland International Airport



SFO San Francisco International Airport

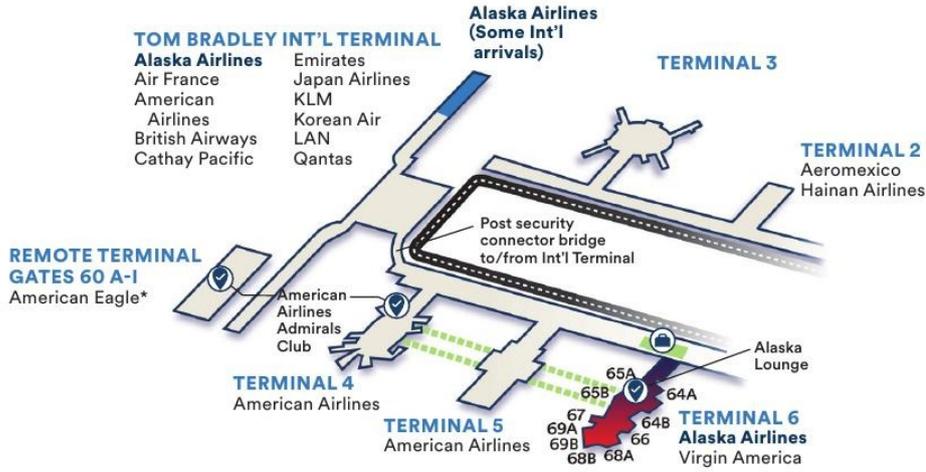
Tip: Alaska Lounge members have access to the Cathay Pacific Lounge at SFO when traveling on Alaska.



Legend:

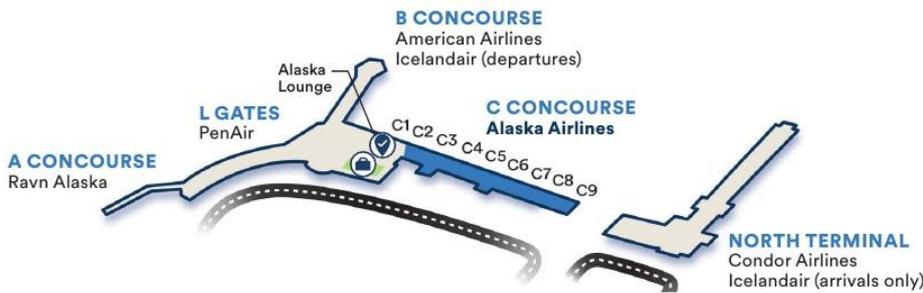
-  Lounge
-  Dining Options
-  Alaska Airlines check-in
-  Virgin America check-in
-  Public transportation
-  Airport transportation
-  Underground walkway

LAX Los Angeles International Airport

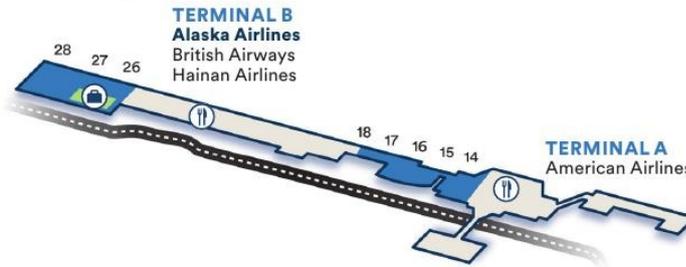


Tip: Virgin America has moved to Terminal 6. Virgin America Loft has closed: Please visit the Alaska Lounge at Terminal 6.

ANC Anchorage International Airport



SJC San Jose Mineta Airport



SAN San Diego International Airport



THE NAME GAME

One family becomes a team of rivals

By Dana Rebmann

» Her name was supposed to be “Summer.” But when she entered the world on one of San Francisco’s drearier June mornings, my husband, Brian, and I called an audible. Whether Brian or I first suggested the winner, I can’t remember. But the odds are in his favor, because the name we settled on was Berklee. It’s original, though not particularly noteworthy, unless you know that my husband is a Cal Bear, an alumnus of the University of California, Berkeley—spelled differently, but pronounced the same way as our daughter’s name. I, on the other hand, graduated from a Pac-12 rival, the University of Southern California in Los Angeles. We tried telling our friends and family that the name Berklee had nothing to do with any college. But they wouldn’t listen. Cal friends celebrated, while the USC crowd called foul. One of the first congratulations notes to arrive said it all: “If your next kid is a boy, you have to name him Cal.”

The long-standing rivalry has provided an infrastructure of sorts for our relationship. After all, Brian and I met at the USC vs. Cal game my freshman year, and we survived years of ridicule before getting married. We’re sweet to each other 364 days a year and rivals the day of the USC-Cal football game.

Most years, my family has road-tripped to the game, and car rides came with hours of conversations that have covered everything from license-plate bingo to driving practice to SAT preparation to prom-date debates. Part of what I loved was that Berklee and I had our own game-day traditions. Some mothers and daughters bond during manicures or hair appointments; Berklee and I did it between touchdowns and field goals. We talked after plays and cheered for the marching band at halftime. At the start of the third quarter, regardless of the score, we would go for a lap around the stadium concourse. Berklee would celebrate no matter who won, and she left the gloating to me and Brian.

The trickiest part was deciding what college sweatshirt she should wear. When my second daughter came along, the 50-50 split made life a little easier. (She’s named Reilly, not Cal, by the way.) Trying to maintain some sense of equality, I’ve dressed the girls in apparel from both universities; for instance Halloween costumes included both a Cal cheerleader and a USC Song Girl.



Then the game changed. College applications were submitted, and Berklee woke up one morning to an email from UC Berkeley festooned with digital blue-and-gold confetti. The nod from USC arrived via snail mail a week later, but it was too late.

Berklee was headed to Berkeley.

Sending your firstborn away to school is emotional for all parents, but I also had to embrace moving Berklee into the lair of the rival Golden Bear. She’d be in the student section, cheering for the mascot, Oski, and his goofy smile, and rooting for the marching band without me. And she’d always be in Berkeley blue. I swallowed my pride and bought a Cal sweatshirt, but at the

same time I acquired a new USC T-shirt and made Berklee promise to be nice to me and remember that she grew up rooting for both schools.

Life minus one kid was a little quieter, a little sadder. Then the big event arrived, the annual rivalry game between USC and Cal. It was on a Thursday in Los Angeles, and none of us could attend. I was out of town, my husband was home, and Berklee was at Cal. Those days of road trips to the stadium seemed long gone. I missed the talks Berklee and I would share. At the start of the third quarter, I thought about taking a lap around the block, but it

seemed silly to do so alone.

Late in the game, USC was way ahead, and my phone was silent. The mum response from my husband and daughter probably had everything to do with the lopsided score. As the final seconds ticked away, a Trojan triumph now nearly certain, I thought about sending a gloating text to Berklee and my husband. But I couldn’t do it. Maybe it was because I missed my daughter, and the changing nature of our family was just starting to truly set in. But the real reason was much simpler: Cal and USC still had to play Stanford, another rival Pac-12 school. And in those games, my daughters, husband and I would all cheer for the same team.

My youngest daughter heads to college next fall. Exactly where is unknown, but I’ll “fight on” for equal family representation. Though I suppose there’s always room in my closet for another sweatshirt. ■

Dana Rebmann tracks scores from the San Francisco Bay Area.



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