Alaska. BEYOLD,



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**HERE & NOW:** Seattle's South Lake Union PAGE 97

HAWAI'I: Island Romance PAGE 121

KRIST

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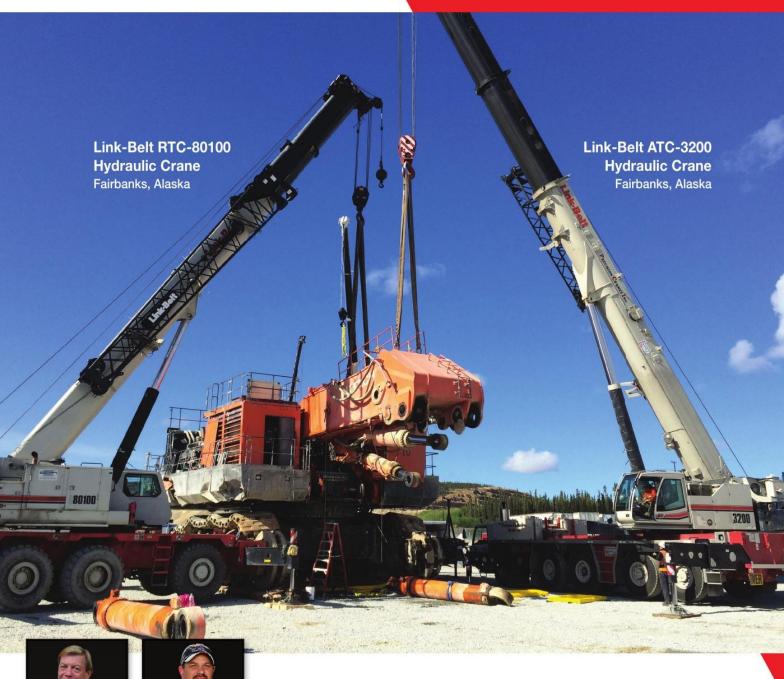
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**86 Scottish Sojourn**Hill walking in the Highlands.
Story and photos by Jo Piazza

**97 Here & Now: Seattle**The South Lake Union neighborhood is a nexus of tech and trending. **By Leonard Garfield** 



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palm springs | desert hot springs | cathedral city | rancho mirage palm desert | indian wells | la quinta | indio | coachella

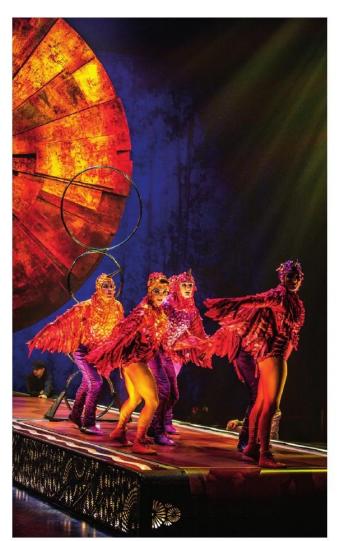


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Kristen Bell explores LA's Griffith Park.

Photo by Lauren Ross.



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ALASKA BEYOND MAGAZINE **FEBRUARY 2017 VOLUME 41, NUMBER 2** 

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## WELCOME,

### ALWAYS GETTING BETTER FOR YOU



Brad Tilden, Chief Executive Officer



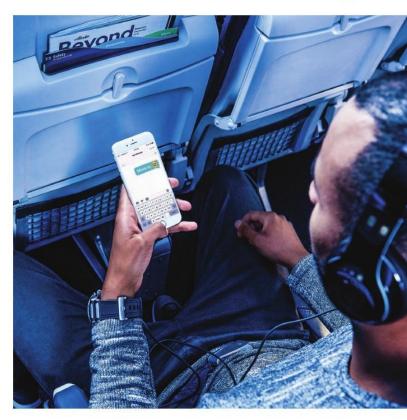
Sangita Woerner, VP, Marketing

**>>> Notice anything different?** This month we're trying some cool new things onboard that I think you're going to love. I've asked Sangita Woerner, our VP of Marketing, to tell you about them. —Brad Tilden

At Alaska, we aren't just in the "airline" or "travel" business. We are in the people business. We're always trying to create the most hospitable experience possible, and I absolutely love it when our guests tell me how much they enjoyed their First Class upgrade, or their fruit-and-cheese platter, or how an employee "wowed" them with remarkably thoughtful service. And while we have a history of success, we know that we need to be our best each and every day and continue to get better so that you'll always want to fly with us.

We are committed to continuously improving our onboard offerings, to keep things fresh and exciting. And this month I'm happy to tell you about how we're kicking off 2017 with lots of great news. We've started by making our cabins more comfortable providing even more space. Our First Class now has an extra 6 inches of legroom, and we've introduced new Premium Class seats at the front of our main cabin, where customers get 4 inches of extra legroom, complimentary drinks, and a nice little "Lite Bites" snack box. Nearly half of our fleet has been retrofitted, and by year-end we'll have almost the entire fleet completed. Best of all, Premium Class is a really great deal: You can add it to any of our fares for a cost of \$15 to \$79, depending on the route.

We've also upped our game with a pair of great new complimentary offerings—Free Chat and Free Movies. Free Chat allows guests to text with friends and family during their flight. It's perfect for those who want to stay in touch, but don't want to spend on a full internet pass. It's available on all 164 of our Wi-Fi enabled planes and is completely



free; all you need is a smartphone with iMessage, Facebook Messenger or WhatsApp.

Free Movies is a promotion that we are offering through March, providing free, unlimited access to our entire catalog of entertainment—more than 200 Hollywood movies and popular TV shows to choose from. So, go ahead, binge; watch all you want.

We know that you'll need some great food and drink while you are watching movies, and chatting with friends and family, so we've added new food and drink options to our menu, including new premium wines from our home state's award-winning Chateau Ste. Michelle winery, as well as new premium craft beer and bourbon, and sparkling wine from La Marca—mimosa anyone?

So, watch a movie, chat with friends, and sip a nice drink. Sit back, relax and enjoy yourself! Could it get any better? I hope you enjoy your flight, and wish you all the best in 2017. And thank you for choosing Alaska!

-Sangita Woerner

### >> BIENVENIDO

### SIEMPRE MEJORANDO **PARA USTED**



Brad Tilden, Jefe Ejecutivo



Sangita Woerner, VP, Marketing

>> ¿Nota algo diferente? Este mes incorporamos algunas cosas interesantes e innovadoras a bordo que creo que le encantarán. Le pedí a Sangita Woerner, nuestra Vicepresidenta de Mercadotecnia, que le cuente al respecto. —Brad Tilden

En Alaska, no solo nos dedicamos al negocio de la "aerolínea" o el "turismo". También nos dedicamos a las personas. Siempre intentamos crear una experiencia lo más hospitalaria posible, y me encanta cuando nuestros pasajeros me dicen cuánto han disfrutado su ascenso a Primera Clase, o su platillo de frutas y quesos, o cómo un empleado los sorprendió con un servicio excepcional. Y si bien tenemos una historia de éxito, sabemos que necesitamos dar lo mejor de nosotros mismos día con día, y continuar mejorando para que siempre quiera volar con nosotros.

Estamos comprometidos a continuar mejorando nuestras ofertas a bordo para mantenerlas siempre novedosas y emocionantes. Y este mes me complace anunciarle de qué manera estamos comenzando el 2017 con muchas y buenas noticias. Comenzamos por hacer que nuestras cabinas sean más cómodas brindándole más espacio. Nuestra Primera Clase tiene ahora seis pulgadas más de espacio para las piernas, y hemos introducido los nuevos asientos de Clase Premium en la parte delantera de nuestra cabina principal, donde los pasajeros obtienen cuatro pulgadas adicionales de espacio para las piernas, bebidas de cortesía y una hermosa caja de bocadillos "Lite Bites". Casi la mitad de nuestra flota ha sido reacondicionada, y hacia fines de este año habremos completado casi toda la flota. Lo mejor de todo es que la Clase Premium ofrece una oferta realmente estupenda. Puede agregarla a cualquiera de nuestras tarifas por un valor de \$15 a \$89, dependiendo de la ruta.

Además, hemos agregado un par de nuevas ofertas de cortesía: chat gratis y películas



gratis. El chat gratis permite que los pasajeros envíen mensajes de texto a sus familiares y amigos durante el vuelo. Es perfecto para quienes desean estar en contacto, pero no quieren gastar en una sesión completa de internet. Se encuentra disponible en nuestros 164 aviones con Wi-Fi y es totalmente gratuito. Todo lo que necesita es un teléfono inteligente con iMessage, Facebook Messenger o WhatsApp. La oferta de películas gratis es una promoción que ofrecemos hasta marzo, mediante la cual proporcionamos acceso ilimitado y gratuito a todo nuestro catálogo de entretenimiento: más de 200 películas de Hollywood y programas de televisión populares. Disfrute de todo lo que guiera ver.

Sabemos que necesitará una buena comida y una deliciosa bebida mientras vea películas y hable con sus familiares y amigos, y por eso hemos incorporado nuevas opciones de comidas y bebidas a nuestro menú, que incluyen nuevos y excepcionales vinos de la galardonada bodega Chateau Ste. Michelle de nuestro estado de origen, así como nuevas cervezas artesanales de excelente calidad, bourbon y vino espumante de La Marca. ¿Quién gusta una mimosa?

Así que, vea una película, hable con sus amigos y disfrute una deliciosa bebida. Relájese y disfrute. ¿Qué podría ser mejor? Esperamos que disfrute de su vuelo y le deseamos lo mejor para este 2017 ... iGracias por elegir Alaska! - Sangita Woerner





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## DARCI LOST 14 LBS & 10 YEARS IN 10 WEEKS



before

While My Best 10 had always sounded appealing, I was under the impression that it was for women who wanted to lose weight. Then, when I hit my mid-40s, feeling a bit lost and without a goal, I realized that my time to embrace and live my best life could be dwindling.

I had no expectations to see any drastic physical changes. After all, I've always been active and athletic. I played college sports and enjoy working out. I was prepared to learn some new workouts specific to my goals, get in better shape and pick up a few new recipes.

My Best 10 turned out to be so much more. And it changed my life for the better almost immediately.

Being a working woman, wife and mother often left me with little time for myself. Our lives are so busy with school, jobs and sports that our family feels lucky to have any precious, relaxing moments together. We especially love to travel and ski. By design, My Best 10 required me to spend 10 weeks focused on just me! Giving myself permission to embrace this time was a new way of operating. After those 10 weeks, I had learned many different ways to stay organized, prioritize my health and make being my best self important enough to make time for it.

My personal trainer was excellent. His passion for his job, professionalism, willingness and ability to listen are second to none. The workouts he created were challenging, directly targeted at my goals and so much fun that I didn't even realize how much my body was changing for the better. I knew I was with the right trainer when we played basketball for our second workout. Perfect!

My biggest surprise was how much energy I had by following the program. I feel like an entirely different person. I'm thrilled to have shared so many aspects of this positive experience with my family. As a result, we've all grown together.

Here are a few tips I learned along the way. Drink tons of water and get lots of sleep. Track your food intake. It will allow you to recognize and change any unhealthy behaviors. This is especially true when you think that you've developed good habits. Keep tracking. It will ensure you go that extra mile

I joined My Best 10 because I wanted to combine my lifestyle, health and fitness and put myself in a place I don't think I've ever been. I had never operated at my optimum level in all aspects of life and this seemed to be the perfect opportunity to begin to explore how to live my best life.

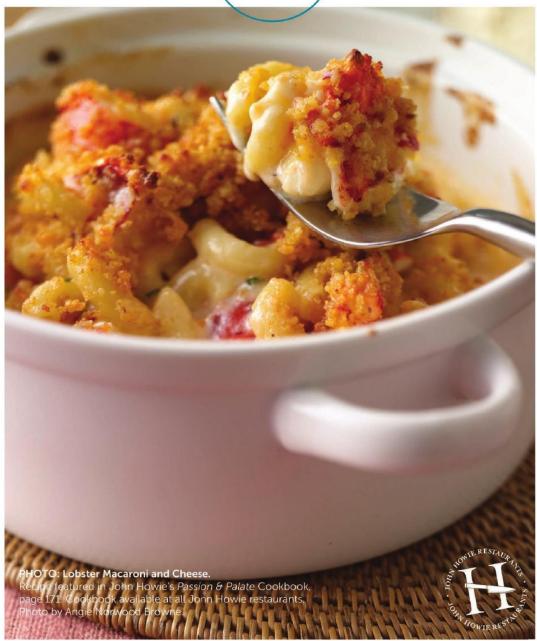
My Best 10 turned out to be everything I desired and more. More than anything, I wanted my family to live a long, happy, healthy life together. My Best 10 taught me what it means to put it all together and how to share this reality with my family.

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## IN THE KNOW,

### **WHAT'S NEW**

Free Chat inflight text messaging is now available

may have had the chance to try out our new Free Chat service during its beta period. Free Chat lets you send texts via favorite messaging apps—iMessage, WhatsApp and Facebook Messenger—to stay in touch with your friends and family while you fly. Since the beta launch, we've upgraded the user experience to make it easier than ever to use the product.

Free Chat works by making it possible for users to transmit a very small, steady stream of data—large enough for texts, but small enough that pictures and

higher-bandwidth files are not transmitted—via the Gogo Inflight Internet system.

"We're taking tiny bits of data and providing something of great value to our guests while preserving the experience for paying Wi-Fi customers," says David Scotland, manager of inflight entertainment and connectivity.

Before beta-launching Free Chat last month, Gogo and Alaska ran tests on flights in mid-December to validate the product's capabilities. Post-flight surveys showed that customers loved the product,



even on a few high-usage flights where messages took longer to send.

The launch of Free Chat comes on the heels of Alaska's completing its planned upgrade of the existing Gogo Inflight Internet equipment. In 2016, the airline's Maintenance & Engineering and Marketing teams retrofitted all 106 of Alaska's 737 Next Generation aircraft (B737-700, B737-800, B737-900 and B737-900ER) to Gogo's ATG-4 technology, which offers a more reliable internet experience. This incremental upgrade will help the airline bridge the gap while it finalizes decisions on future Wi-Fi technologies.

### **FREE MOVIES**

In celebration of our recent merger with Virgin America and the concept of "Different Works," we're offering free, unlimited access, through March 31, 2017, to the entire catalog of entertainment available on Alaska Beyond Entertainment, including Hollywood movies and popular TV shows. New titles available to view in February include Storks, The Accountant, The Birth of a Nation, Keeping Up with the Joneses and Miss Peregrine's Home for Peculiar Children.

You can connect to Alaska Beyond Entertainment on your personal device right now. Simply find the "gogoinflight" Wi-Fi network and select "Entertainment" to see our full lineup. If it's your first time using the system, you'll need to download the Gogo Entertainment App to watch movies and some TV titles. If your flight is within the Gogo Inflight Internet coverage area (including most areas except over the Pacific Ocean or Latin America), you can download the app in flight at loadplayer.com.







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## COMMITTED TO SERVICE

Jorge Landeros, Ramp Service Agent, goes above and beyond

>>> Several years ago, a woman traveling from El Salvador found herself at the airport in Anchorage, having missed her flight. Not knowing English, she was lost. That is, until Jorge Landeros showed up.

Landeros noticed the woman and immediately offered to help. Not only did he serve as her interpreter and get her reseated on a new flight, he also hosted the woman for the night with his family, bought her food and some extra clothes to wear, and got her back to the airport the next day.

As co-workers will tell you, Landeros truly cares for people—his family, his co-workers and his customers—and he's demonstrated this repeatedly over his 18 years with Alaska Airlines.

Dawna Swihart, manager of ground operations in Anchorage, says Landeros is the nucleus, heart and glue of the Anchorage Ramp. At the station, his name repeatedly pops up, she says. "You'll hear, 'Let's ask Jorge. He can help us make it happen.' Or, 'Let's run it by Jorge. He can tell us if this plan makes sense.'"

Landeros has an impeccable safety record. If there's something even marginally out of line, Jorge stops the operation until things are safe.

Landeros is also known around the Anchorage station for his humor, friend-liness, leadership, versatility and strong sense for doing the right thing. A dedicated family man, he has taken co-workers into his home in their times of need and has helped passengers in ways that are well outside his job description.

He is a particular favorite of travelers with special needs. One woman, who uses a wheelchair, plans her trips around his schedule. She knows that Landeros will always take care of her.



Jorge Landeros.

### **QUESTIONS & ANSWERS**

## How is customer service a part of what you do for Alaska?

I take time to make sure that customers have a positive experience from our airline by getting their bags to them on time and in good condition.

### What's the best part of your job?

Helping people! Both my co-workers and our customers.

### **PRAISE FOR JORGE**

No matter whether it's a good or bad situation, you always keep a positive attitude to make things better.

—Denise Snow, Customer Service Agent, Anchorage

You are appreciated and loved by your Alaska family, which includes many passengers.

—Patricia Drummond, Reservations Sales Agent, Seattle

### What was your childhood dream?

I wanted to become a professional bull rider, which I actually did end up doing. I rode in rodeos in Kodiak, Alaska.

### What do you like most about living in Alaska?

Summers. The fresh air. Fishing. Being with the kids. All of those things. It's one of the most beautiful states in the country.

You model what "Beyond" truly means!
Thanks for setting the standard for us all.

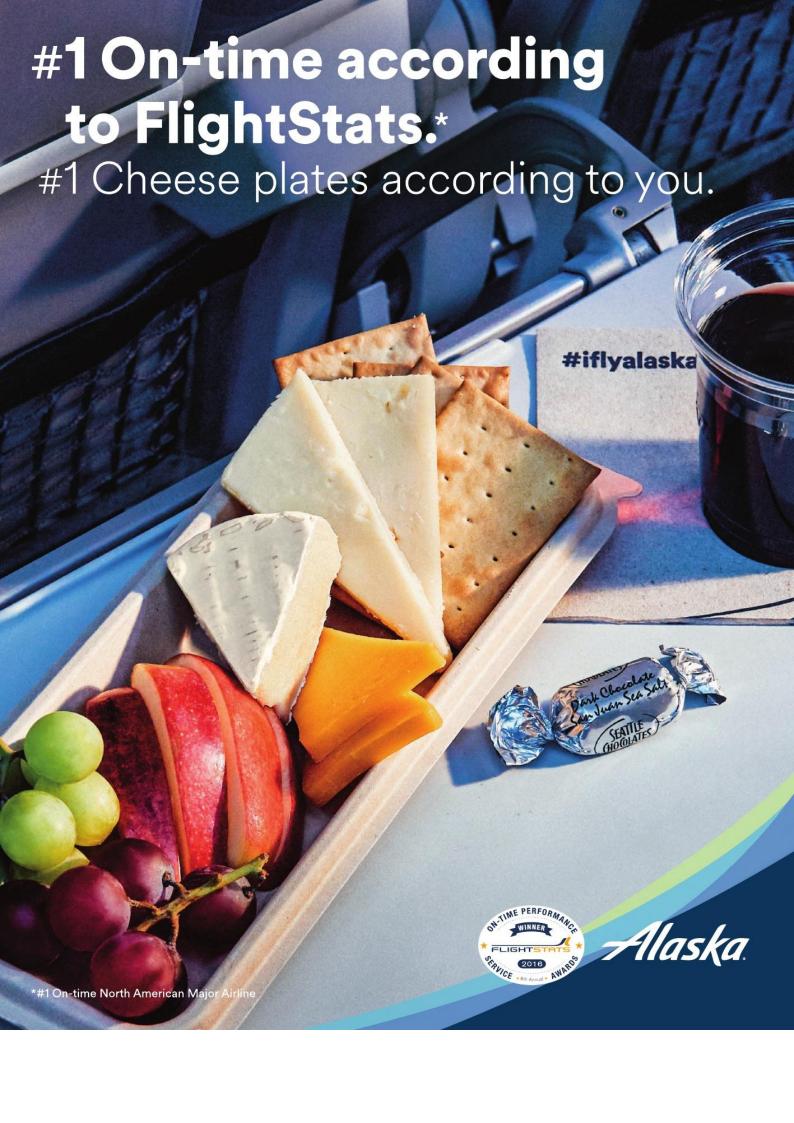
—Katherine Carnes, Customer Service Agent, Air Freight, Anchorage

You were one of the great examples to me from the day I joined the company— of great work ethic, professionalism and making the workplace more enjoyable.

—David Booker, Customer Service Manager, Petersburg, Alaska



EACH YEAR, Alaska Airlines recognizes employees, such as Jorge Landeros, as Legends of Customer Service, the airline's highest honor.





### WORKING **AS ONE**

Enhancements begin to flow for Alaska Airlines and Virgin America Virgin America flights are now available for sale on alaskaair.com, making our newly expanded network just a few clicks away. When searching for flights, you'll see both nonstop and connecting options that include our flights with our friends at Virgin America. When you arrive at the airport for your flight, you'll check in with whichever of us operates your first flight. If you have a connection, we'll check you in for your entire journey, providing boarding passes for all segments and tagging your bag to your final destination.

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### REAP THE REWARDS.

Did you give Virgin America a try in the past? It's OK, we're all family now. Any Elevate points you earned for travel on Virgin America can now be converted to Mileage Plan miles. Each Elevate point will be converted into 1.3 Mileage Plan miles, which can be used to access award travel to the more than 900 destinations served by Alaska and Alaska Global Partners. For details on converting your points, visit alaskaair.com/convertpoints.

### WE'VE GOT CONNECTIONS.

If you've booked a trip that includes a connection between Alaska and Virgin America, you'll likely need to switch terminals. In our LAX and SFO hubs, we've got maps, signs and handouts to help point you in the right direction. In LAX, a new shuttle-bus service can give you a lift between our terminal and Virgin America's; buses depart every 30 minutes between 8 A.M. and 8 P.M. at Gate 65A. And don't worry about your bagswe'll make sure they get to your next flight.



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Dr. Upton, the Medical Director of the Anti-Aging Center at PRO Sports Club, has been practicing

medicine for over 17 years, He became inspired by anti-aging through this extensive experience with preventative medicine.







## AGED TO PERFECTION

I never thought I'd feel excited about turning 75. Like many people, I had some reservations about aging and how I'd be able to maintain my vigor as I got older. Having been a cardiovascular surgeon and seeing many of my patients and colleagues go through the aging process, it wasn't something I looked forward to.

However, at my age, I can honestly say that I've never felt better. What's my secret? It was learning how to age successfully, with all the right tools and support.

We plan almost every major event in our lives. However, few of us actually plan on how to age well. We assume that aging is something that just happens over time and there's little we can do about it. It begins with the little aches and pains, worsening eyesight, losing interest in sex, or not being able to eat or drink as much as we'd like. And we assume this is normal and there's little, if anything, one can do about it.

I've got news for you. There is something you can do, no matter what your age. Have you considered how your lifestyle habits of eating, exercising, sleeping, and managing stress can affect your aging process? How about the impact of nutritional supplementation and hormone replacement? It is possible to age well and to plan a different outcome as you get older.

I believe that it's possible to continue to experience a high quality of life as you age, if you do the right things.

I feel healthy, vibrant, strong, alive, and happy. I have a sharp mind and am full of energy. I look forward to each and every day. Having followed an anti-aging regimen for the past 20 years, I'm living proof that it works.

For the past 20 years, I've measured the levels of my hormones and other agerelated chemistry. As they began to decline, I supplemented with bioidentical hormones to keep the levels at what you'd find in a 30-40 year old man. I've also taken care of my skin by staying out of the sun and using SkinMedica skin care products and getting regular IPL treatments. Everyone in my family is bald. So I decided, 30 years ago, to fight that with Propecia and Rogaine, and it works.

My secret can be yours too. I've always believed in providing a high quality of life to as many people as possible. That's why I founded PRO Sports Club and that's why I made the decision to open the Anti-Aging Center. I now look forward to every birthday. I hope you do, too.

proclub.com

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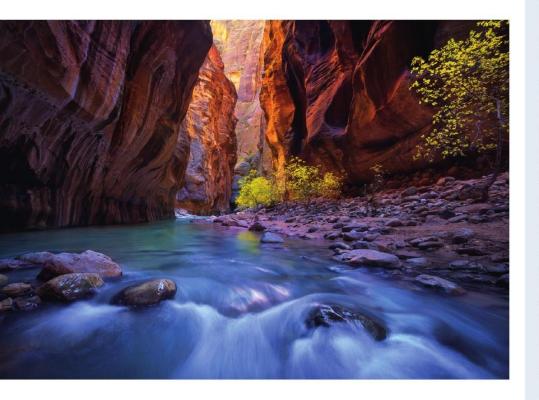
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>> CREW TIPS

### ROAD PHOTOS

Tips for capturing better travel images

By Long Nguyen



)) By day, I'm a financial accountant at Alaska Airlines' Sea-Tac headquarters, but outside of my office, I'm a photographer seeking perfect light at sunrise and sunset. I have always had a keen interest in taking photos and started to take landscape photography more seriously in 2009 with the purchase of my first digital SLR. Now, I'm most inspired by the drama of American landscapes: mountains, forests, deserts, sand dunes, swamps, seacoasts and much more.

Working for Alaska has opened the world to me. I've flown to many places where I can capture natural landscapes at their best. The great thing about flying with Alaska is that the company offers flights to airports closest to many of the grand national and state parks. For example, from Fresno, it's just one hour to Yosemite National Park; Seattle: two hours to Mount Rainier; Bozeman: two hours

to Yellowstone; Las Vegas: three to four hours to Death Valley, Zion and Grand Canyon national parks. From Boston to Honolulu, the options seem endless.

To capture good images, you don't need expensive cameras and lenses. With modern sensor and software technologies, you can get great shots with smartphones and compact cameras, which are very convenient for travelers. If you plan to make large prints or use specialized techniques, such as night photography, you might require high-end equipment, but by keeping a few basic tips in mind, your camera of choice can produce photos you'll treasure and want to share. ⊀

Long Nguyen has been with Alaska 12 years. He was runner-up in the 2016 USA Landscape Photographer of the Year, Classic View, competition. Visit longnguyenphoto.com.

### 1. STUDY YOUR LOCATIONS

Do your research before making the trip to help plot out the right times and right places. Look for the best scenic spots and upcoming events or festivals. For some places, timing is everything: Alpine wildflowers on Mount Rainier peak in mid-August.

### 2. MIND THE DAYLIGHT

Key to capturing great photos is mastering light. Outdoor photographers prefer the periods shortly after sunrise and before sunset. The low sun produces a soft, warm light that is more flattering than the harsh midday sun. The sky is more dramatic, the clouds more colorful. Overcast days are better for photographing waterfalls, fall foliage or flowers.

### 3. WORK ON COMPOSITION

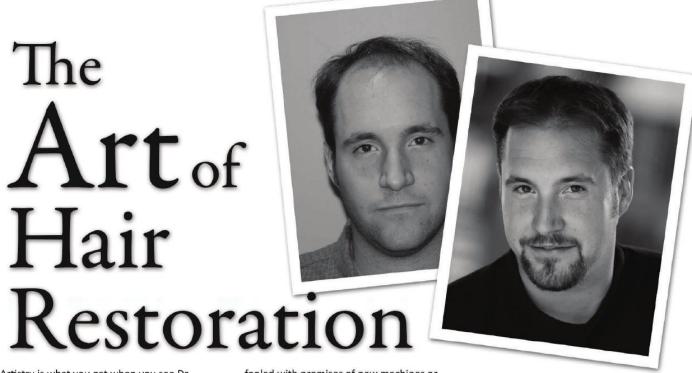
Good composition alone can make a boring picture stunning. Improve your composition skills by practicing and by studying paintings and photographs. Common composition concepts to master include the rule of thirds, leading lines, symmetry and patterns, framing, and golden triangles.

### 4. KNOW YOUR GEAR

When traveling, you never know what you are going to run into, so you have to be ready. Spend time learning how to use your smartphone or camera—how to use the flash and different camera modes and settings. If you have a DSLR, get familiar with when you might use a wide-angle lens to create a sense of depth or a telephoto lens for a close-up or detail of elements within a landscape. And make sure you have plenty of storage capacity for the memory cards and batteries.

### **5. BE CREATIVE**

Take the popular-spot shots, but then walk a little farther. Try different perspectives by varying heights and angles. Get closer; try different lenses. Include friends or family members to make the images more interesting. The more you practice, the more you learn. Shoot a lot and have fun. -L.N.



Artistry is what you get when you see Dr. Brian Goertz. As a board certified hair transplant surgeon and the founder of Hair Transplant Seattle, he takes great pride in his artistry of creating natural hairlines, achieving amazingly natural results and helping his patients regain the appearance they've been looking for.



Brian O. Goertz M.D. Founder of Hair Transplant Seattle

Patients meet directly with Dr. Goertz who takes a very holistic approach to caring for his patients. He counsels each individual on appropriate diet and supplements not only for their "hair health" but also for their general well-being and longevity.

Today there are still many misconceptions about hair transplantation, the results that can be achieved and the process by which the procedure is performed. With Dr. Goertz those misconceptions are gone; people will only know you've had a hair transplant if you tell them.

"It is important for today's patients to understand that the results that can be achieved can look completely natural and amazing when done properly," says Dr. Goertz. But patients should not be fooled with promises of new machines or instruments doing hair transplants. "The instruments are developed to aid the doctor," says Dr. Goertz. "Ultimately, natural results are achieved by the surgeon who has the surgical and aesthetic skill to create results that are completely natural." When a hair transplant can pass the scrutiny of a hair stylist, you know you have a great hair transplant. "Dr. Goertz has an eye for artistry in making it look natural, which is why I refer my clients to him," says David Cheung, master designer and owner of MARGIDAVID SALON in Seattle.

"My goal is to be sure that my work is completely natural and undetectable," says Dr. Goertz. "I recently had a physician come to me because a mutual patient finally revealed to him that he'd had a hair transplant. When that physician realized that he couldn't detect the transplanted hairs, he decided to come in for his hair transplant. It is a great compliment when a physician chooses me as the hair transplant surgeon for themselves and their patients."

Hair transplantation is not just for men. Many women also experience hair loss or are born with a high hairline that can be treated with hair transplantation. As difficult as it is for men to lose their hair, women often suffer in silence experiencing emotional pain. After all, society tells us that women are not supposed to lose their hair. Hair transplantation can make

a dramatic change in a woman's life. In some cases, hair transplantation is even appropriate for children with areas of hair loss caused by trauma, burns or radiation treatment. Hair transplantation can also be performed for eyebrows, sideburns, mustaches and beards.



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### INFLIGHT CONNECTIVITY

Working toward a faster internet experience

### By Halley Knigge

)) It's actually quite incredible: internet access at your fingertips, while traveling 500 miles per hour through the troposphere. But eight years after in-flight Wi-Fi became commercially available in the United States, the service is still working through some growing pains.

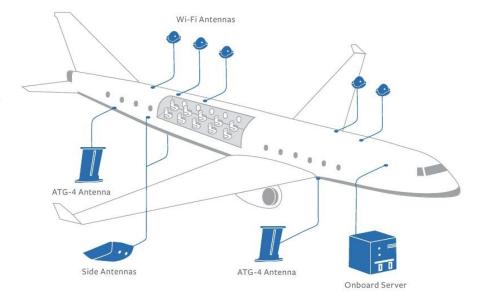
"Customers rightfully expect quality Internet, like what they get at home," says Jordan Lapin, a senior engineer at Alaska Airlines. "But matching in the air the service and expectation they get from a cable modem at home is a pretty big challenge."

That disconnect can be frustrating, and Lapin and others who work on the airline's in-flight connectivity know it. That's why they've spent the past year adding resources and have started to retrofit most of Alaska's fleet of Boeing 737s with a new solution that will improve the bandwidth currently available on Alaska flights.

"This will improve the experience our customers are having. It won't be the same experience you have on the ground, but it will be better," says David Scotland, Alaska's manager of in-flight entertainment and connectivity. "This incremental upgrade will help us bridge the gap while we determine our long-term plan."

Today there are two ways to deliver in-flight internet: from the air, via satellite, and from the ground, via cell towers. Satellite offers more bandwidth, while air-to-ground offers quicker response times; it's a delicate balance.

Alaska's planes have been outfitted with an air-to-ground (ATG) solution from Gogo since 2010. Gogo-equipped aircraft have antennas that communicate with Gogo's ground network: more than 225 cellular towers throughout the contiguous United States, Alaska and southern Canada that point up



toward the sky. As the fleet is upgraded to the new solution called ATG-4, each plane will be outfitted with two additional antennas (for a total of four) and a second modem.

"The challenge of this situation is that our aircraft are moving through the air really fast, trying to pick up directional signals from multiple towers on the ground," Scotland says. "The two additional, side-mounted antennas will allow the aircraft to be "smarter" and find the towers with the best signal as they pass overhead."

While the airline isn't ruling out satellite as a possible future solution, Alaska is acutely aware of the challenges of providing coverage across its diverse route network. Similar to cellphone providers, each in-flight satellite internet provider has its own coverage map. No other major airline flies as many customers in the state of Alaska, where satellitecoverage options are tricky due to the curve of the earth relative to satellite orbits.

Coverage over the Pacific Ocean to Hawai'i is also limited, as most satellites are developed for multiple industries to support, such

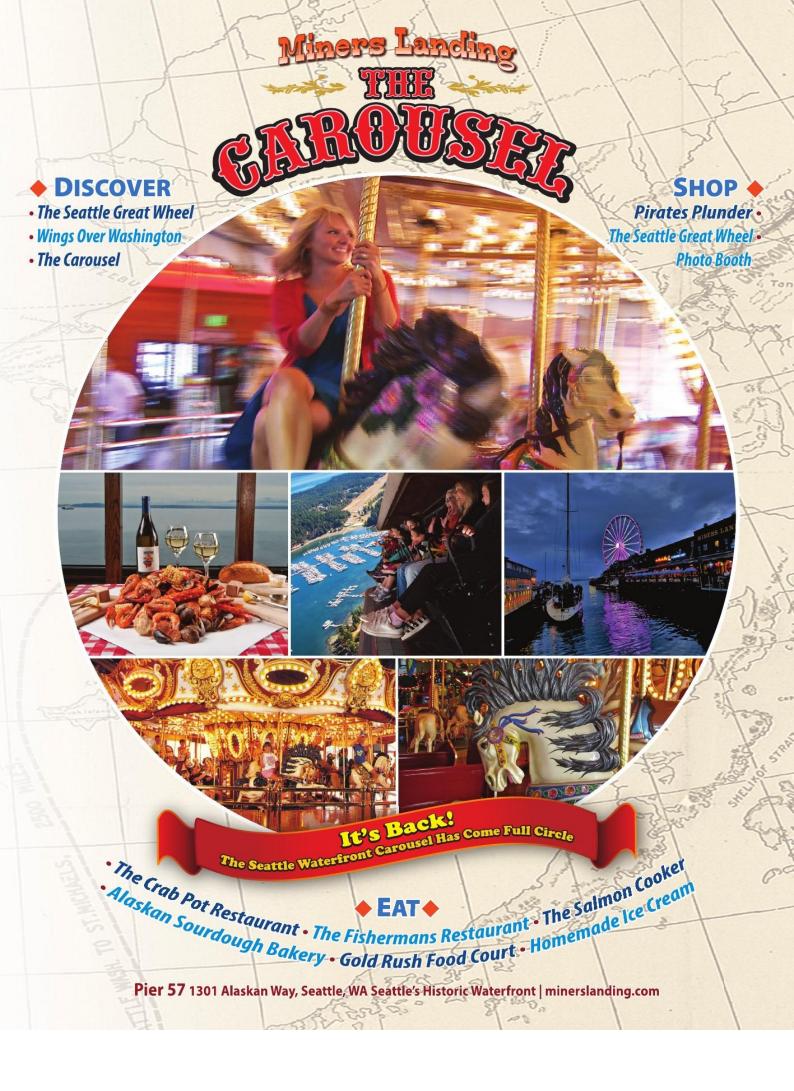
>>> Internet connectivity onboard Alaska's fleet of Boeing 737s is accomplished through a series of antennas communicating with cell towers on the ground.

as home users in rural parts of North America, and there just aren't that many people out in the middle of the Pacific.

"Because of where we fly, it's really challenging to find one solution that can deliver consistently fast internet throughout our route network," Scotland says. "The market is changing, though, and we are watching closely as those changes address these coverage limitations."

Scotland says he's excited about the future, as many next-generation satellites are being launched, promising more choices than ever before.

"We're not just looking for faster service on next Tuesday's flight from Seattle to Boston, we're looking for a solution that sets us up for success for the next 15 years," 





### FIRST AIRLINE BOOKING ON THE INTERNET

)) In December 1995, Alaska Airlines became the first U.S. carrier to explore the uncharted world of the internet, offering a homemade website that allowed customers to book tickets online.

The first internet host-to-host message was sent on October 29, 1969, just a few months after Neil Armstrong took the first steps on the moon. It took many years for the World Wide Web to develop for consumer use, and e-commerce came with a bit of trepidation for early adopters. Reliability was sketchy, though airline officials claimed "the very user-friendly site" could complete a transaction in "three to 10 minutes." Over the course of its first year of operation, the site averaged about seven ticket sales per day.

Nonetheless, the site was revolutionary. Customers could book flights, purchase tickets with a credit card, and be confirmed through the site with the airline's ticketless Instant Travel option. Travelers were soon able to secure seat assignments through the internet, and Mileage Plan members could use the system to redeem frequent-flyer awards.

Fast-forward 20 years, and Alaska has a string of U.S. tech firsts, including first airline to land using GPS, first with web check-in and first with wireless internet onboard, not to mention recent innovations such as self-tag bag tagging, mobile boarding passes and biometric fingerprint access to airport lounges-technology that would have made Alaska's early tech geeks' heads spin. ⊀



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## ON POINT,







» A fireside setting, such as The Drawing Room of New York's The Greenwich Hotel, can help make dining romantic. Other ideas? A cooking class, or French toast for breakfast in bed.

### **FLAVORS OF LOVE**

Add romance to your dining—on the move or at home

### By Tom Douglas

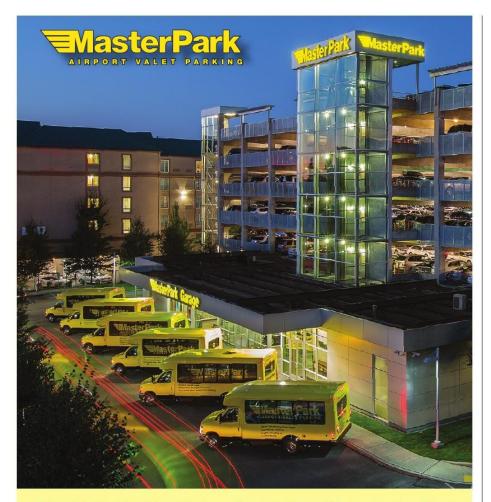


**When you travel** to more than 100 cities a year as I do, it can be hard to plan ahead and get dinner reservations. Getting reservations is even more difficult on festive or romantic occasions.

It's the month of Valentine's Day, and I know that in our restaurants—as in many others—it's tough to get a table on this highly coveted dining date. I have two approaches to solving this riddle. The first is to take some chances: Try calling at the last minute, hoping that somebody else just canceled, or else show up at the bar early and be ready to snag a table if there's a no-show. Most restaurants have cancellations the day before and the night of festive evenings such as Valentine's Day and New Year's Eve. My second approach is to let love linger all month, rather than focusing it all on one day. This allows you to relax and choose your ideal times for a night (or nights) out, as well as your favored surroundings.

It's fun to identify the most romantic table in a restaurant. I look for a water view at sunset or a table near a cherished piece of art, but an even more rarefied experience is dining next to a flickering fire. One of my favorite spots for this is The Drawing Room bar and lounge at The Greenwich Hotel in New York. This high-end Tribeca hotel is co-owned by Robert De Niro, and the room—open to hotel guests only—is covered in his father's artwork. The affiliated restaurant next door, Locanda Verde, is a busy Italian taverna open to all diners, and its menu and wine list are available in The Drawing Room. Eating at the lively restaurant is enjoyable, but it's more intimate to stay at the hotel and dine at a cozy, fireside couch in the gorgeous, sophisticated lounge.

Yet you don't need a hotel to make a romantic statement. Breakfast in bed never gets old. Begin by making fresh-squeezed blood orange Champagne mimosas or a steaming-hot pot of French roast coffee. Then I like to make my wife a nice goatcheese omelet or rustic French toast with real maple syrup. Many people have told me that the French toast recipe in my first book, *Tom Douglas' Seattle Kitchen*, is their favorite. A simple batter of eggs,



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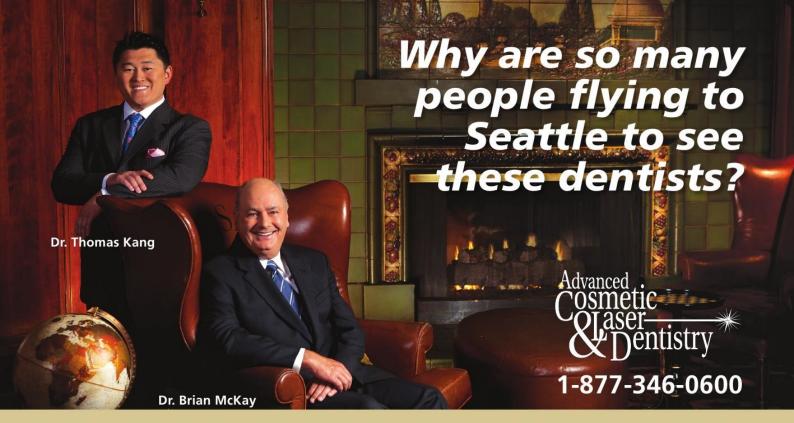
### ON POINT >>> CHEF'S TABLE

half-and-half, orange juice and zest, cinnamon, nutmeg and syrup is perfect for soaking good, crusty baguette slices. Dredge your bread in the batter and set it aside. Then put lots of whole butter in a saute pan, and bring it to a foam over medium-high heat. Add the bread, and cook until the slices are firm in the center with golden-brown crispy edges. Garnish the toast with thick slabs of smoky bacon. Serve with more syrup!

Going the goat-cheese-omelet route, the one I make echoes the best omelet I've ever had (many years ago now): a chèvre-and-fine-herb omelet at Paris' Brasserie du Louvre. It was so good that I ordered a second right after I finished the first. It's important to use the freshest goat cheese (fromage blanc) rather than an aged stronger cheese, and complement this with fine, tender herbs such as chives, tarragon and basil. Finish with a dash of gray salt and a few grinds of fresh black pepper. A crucial ingredient with these two breakfasts-besides love—is the generous amount of whole butter in which they are both cooked.

If you don't yet trust your cooking, try signing up for a class with your partner at one of the many cooking schools around the country. At our school, the Hot Stove Society in Seattle, you can find sessions on everything from making our world-famous Triple Coconut Cream Pie to tasting Northwest wines to making Chinese dumplings. It's great fun to share a class with your loved one. And later, when you take your learning home and re-create the dishes, just add a great playlist and voilà, you have what you need for memorable, romantic evenings all month long. Cheers!

James Beard Award-winning chef Tom Douglas owns Tom Douglas Seattle Kitchen, a group of 23 foodbased businesses. He partners with Alaska Airlines to bring his iconic flavors to the inflight experience.



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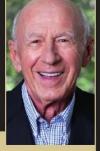
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# **UNEXPECTED TOUR GUIDES**

Friendly locals provide serendipitous assistance

By Bridget Veltri



I'm nearing Fisherman's Wharf, on a cardio run that's now headed back to my apartment in San Francisco's North Beach neighborhood, when I see them. Tourists. Staring at a map like it's in hieroglyphics, not a smartphone in sight. I've been these tourists many times and many places. I stop to answer their questions; they are from the Netherlands.

As I continue home, I think of those who have guided me when I've been a visitor in mild distress. The shop owner in Athens, for instance, who walked my mother and me to a restaurant when we mentioned that we couldn't find the one we were looking for. His family ran the place he showed us, and they treated us as such, giving us a deeper connection to the city and its people. I think of Hungary, where the residents were not outwardly warm, and smiles were not doled out to strangers. Yet I couldn't believe how many people stopped to offer assistance to my friend and me as we tried to navigate the public-transportation system in Budapest.

I think of desperately driving around the beach community of Mount Maunganui, New Zealand, with my mom after a late dinner, discovering that every motel had no vacancy or was closed. I laugh as I recall the motel owner who saved the night by banging on a window to wake up another hotelier who had a room.

Even the most savvy and prepared visitors can find themselves a bit lost in translation while traveling abroad, and I've found that the unsolicited and unexpected help I receive in these situations makes the trip home with me, often becoming some of my fondest memories. I've also realized that by taking the time to help travelers find the beauty in your own community, you can remember to enjoy it, too. Like the afternoon I walked a Canadian couple to the cable car, and decided I would ride it home myself.

Bridget Veltri is a blogger for The Bold Italic: thebolditalic.com/@BVeltri.



Dating can be fun and invigorating – from that instant attraction you feel the first time you meet to jumping in the car for an impromptu weekend getaway. Unfortunately, it can take a lot of work to get to that stage of dating.

rom spending hours sorting through online profiles looking for a good match to trying to connect via pokes, winks and email, dating can suddenly feel like a full-time job. Wouldn't it be nice if you could just fast forward to the fun part of dating? That's exactly what Desireé and Michael Schlitt say It's Just Lunch, a dating service for busy professionals, did for them. The matchmakers at It's Just Lunch took the time to learn what they were looking for in a partner and then delivered.

### With so many dating options out there, why did you choose It's Just Lunch?

I: I travel a lot for work, so I'd read about It's Just Lunch in airline magazines, and then I ran into a friend who was attending the wedding of an attorney in town who'd met her husband through IJL – the fact that those two events happened so close together, I thought I should call them. At the end of my work day I didn't want to come home and go look at profiles online. I felt like it was a waste of my time.

# What would you tell a friend who was apprehensive about investing the money on IJL?

M: I'd ask, "Are you looking for a relationship

or not?" With online dating you never know who's on the other side of the line. IJL had better quality people who were interesting. It truly was an experience that was tailored for me

# Tell us about your first date with one another.

D: I never went on lunch dates because I was always busy at work so I met Michael after work at a downtown restaurant. The conversation just flowed. I was attracted to him from the start. I remember it turned into dinner.

# What was your favorite part about dating through IJL?

D: I met my husband, so I guess I would say that! It's Just Lunch — it's just a lot of fun. I remember I'd get off a plane and have a voicemail from the matchmaker saying she had a potential date for me. With online dating, you can go back and forth and waste a month with someone and not really get to know them. With IJL, you go meet your match and if you like them, you see them again, and if you don't, you're done.

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# **CREDIT CARD TIPS** FOR GLOBAL TRAVEL

By Johnny Jet

Traveling internationally is one of the most invigorating things you can do. But it can also be frustrating, especially when it comes to using your credit card. To avoid hassles, spending too much or even getting embarrassed, follow these five tips the next time you head out of the United States:

# 1 Bring Multiple **Credit Cards**

I recommend carrying two cards from two different companies for a number of possible situations. One is if the place of business you're patronizing doesn't accept certain types of cards—there are plenty of places that don't accept American Express, for example, and there are also places that don't accept other cards, so it's good to have options. It's also important to be prepared with an extra card in case the bank puts a hold on your card, or if you lose one card or it gets stolen.

To help you stay on top of any theft or fraudulent activity, most credit card apps offer alerts that notify you immediately any time you spend over a certain amount. I usually set mine at \$20, so almost every time I make a purchase I get a notification.

# 2 Don't Pay Foreign-**Transaction Fees**

Unless you don't mind paying 3 percent more on everything you purchase, make sure your credit card doesn't charge foreigntransaction fees. Fortunately, many companies are dropping these fees, such as Bank of America, which offers the Alaska Airlines Visa Signature card. A call to your provider will let you know.



### 3 Earn Miles and Points

Get the most out of your spending. If you can pay off your credit cards in full each month, then use a credit card that gives you the most miles or points so you can use them down the line. For instance, through the Alaska Airlines Visa Signature card, you can earn miles during your trip and redeem them for future flights. Many airlines also offer their own online portals for shopping at stores you may already visit. Buy flowers, gifts or groceries, and for every dollar you spend you get miles—it's a great way to rack them up.

# 4 Get Chip and PIN Capability

Ideally, you want a credit card that has a chip and PIN capability. That's because most international automated ticket machines require credit and debit cards to have a chip (also referred to as EMV—Europay, MasterCard and Visa). They do this to improve payment security, making it more difficult to counterfeit your card or to use it for fraudulent purchases.

When setting your PIN, be sure to use a four-digit code, as longer PINs may not work with international machines.

If you need to withdraw money, use an ATM card rather than a credit card, and cover your PIN entry even if no one is around, as small fraud devices called "ATM skimmers" sometimes have discreet cameras intended to record your movements without easy notice.

# 5 Call Your Credit **Card Company**

With the increase in credit card fraud, it's smart to notify your credit card company and bank of the dates you'll be traveling and where you're going so they don't put a hold or block on your account. You can most likely do this on your provider's app or online, but also be sure to call and speak with a person to assure your travel plans are recorded. If your credit card company isn't notified of your travel dates, I can almost guarantee that it will put a real damper on your trip.

I hope these tips will help make your next trip out of the country smooth and less expensive! ⊀

Johnny Jet is a Los Angelesbased travel expert who visits 20 countries each year. Read more of his travel tips at johnnyjet.com.







# **BIG REWARDS**

# By Scott Mackenzie

Redeeming Mileage Plan miles is a great way to get out and see the world. Alaska's easy online search tool can find and book almost any international partner-award ticket, as well as awards throughout Alaska's route network in the United States, Canada, Mexico, Cuba and Costa Rica. The tips below will help you book tickets more efficiently.

## **Charts and Availability**

Even for popular destinations and during holiday periods, you will be able to find award space. Alaska Mileage Plan has several different award levels, including "refundable" awards with access to the last seat on the plane.

Alaska Mileage Plan recently lowered its redemption rates, so members can now find award tickets for as low as 5,000 miles one way.\* Refundable awards cost more, but as long as a seat is available for cash, you can still book it and even change or cancel the ticket without penalty.

You can mix and match awards to find the best price and availability. For example, you might book a discounted award at 5,000 miles in one direction and a refundable award at 30,000 miles in the other if you want the flexibility to lengthen your trip or change the departure date or city.

# **Partner Airlines**

Alaska Mileage Plan offers award travel on more than 15 different airlines, allowing you to reach more destinations in the United States as well as international

markets that aren't served by Alaska Airlines-more than 900 additional destinations.

Each partner has its own award chart. For example, flying to Europe on Air France might cost more or fewer miles than if you fly with American Airlines. You can't mix and match partners on the same award, but you do have the option of booking a different partner in each direction. Connecting flights on Alaska are also permitted.

### **Fees and Taxes**

All travel comes with some government taxes and mandatory fees. These start at \$11.20 for a roundtrip domestic ticket but can be higher, particularly for international travel. Alaska Airlines will collect these fees in addition to the miles you redeem.

Some additional fees apply to partner awards. Each traveler must pay \$12.50 in each direction. There may also be carrier surcharges if you fly on British Airways or Icelandair. Finally, booking an award by phone requires an additional \$15, but

most travel can be booked online to avoid this fee.

Alaska doesn't collect fees if you change or cancel an award 60 days or more before departure. The cost is \$125 per person within 60 days, but this is waived if you booked a refundable award or if you have MVP Gold or 75K elite status.

### When to Book

An airline might release some seats when it first publishes its schedule, typically 330 days before departure. A more likely scenario is that seats appear two to six months before a flight. Availability changes constantly, so check back frequently!

Book separate one-way awards if you can't immediately find the space you need in both directions. However, you might have to pay two fees to change or cancel each award if something better appears.

Gutsy travelers sometimes wait until the last minute. In the final weeks, many airlines have a good estimate of how many seats will be sold, and they will release additional award space.

The tips provided here should help you book the right award with less effort. For more information on using your Alaska Airlines Mileage Plan, go to alaskaair.com or blog.alaskaair.com! ⊀

Scott Mackenzie created the loyalty-programs blog travelcodex.com.

# **BIG ADVENTURES FOR FEWER MILES**

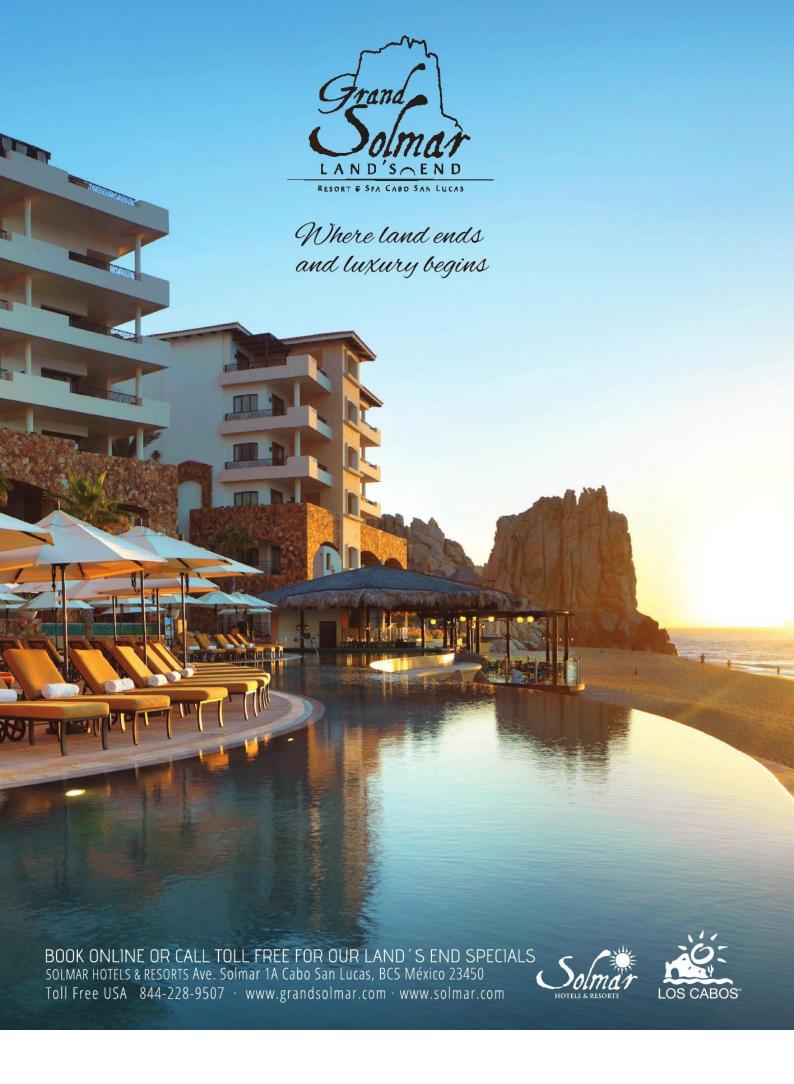
New starting price*	Previous starting price*	Distance each way
5,000 miles	7,500 miles	Less than 700 miles (intrastate)
5,000 miles	12,500 miles	Less than 700 miles
7,500 miles	12,500 miles	701 to 1,400 miles
10,000 miles	12,500 miles	1,401 to 2,100 miles
12,500 miles	12,500 miles	More than 2,101 miles

\*Plus taxes and fees from \$5.60 each way. Award availability and pricing may vary.

### Sample routes

San Jose-Orange County

Seattle-San Francisco Los Angeles-Portland San Diego-Seattle New York-Seattle



# THE FEED,



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# ART OF ALL TRADES

"If you want to have clean ideas, change them like shirts," artist Francis Picabia (1879–1953) wrote in 1921. Throughout his career, Picabia followed his own advice, switching styles as if they were outfits.

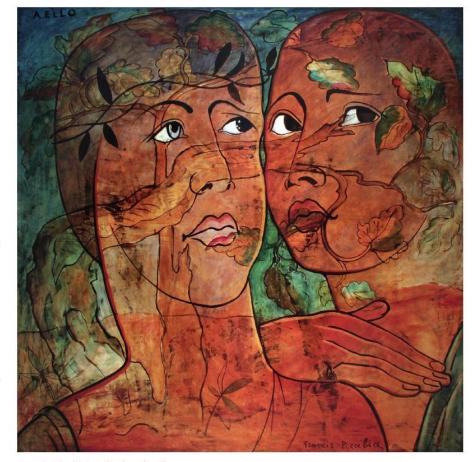
The Museum of Modern Art (MoMA) in New York is celebrating Picabia's multifaceted work in the exhibition "Our Heads Are Round so Our Thoughts Can Change Direction" running through March 19.

The show chronicles Picabia's work across genres in more than 200 pieces. Included are Impressionist paintings that gained the young painter fame in Paris and his abstract Cubist works that marked his foray into the avant-garde.

Picabia also painted "mechanical" portraits, depicting his friends as cameras and electric lamps; made collages and films; organized performances; published a magazine; and established himself as a writer and poet.

The exhibition title is derived from an aphorism Picabia published on the cover of *The Pinecone* in 1922, but the artist also dubbed himself "Funny-Guy" during his Dada period—for which he is best known.

Exhibit visitors might be surprised to learn that Picabia was not just an artistic jack-of-



Francis Picabia's Aello (1930), oil on canvas.

all-trades; he was also a master of many.

For more information, call 212-708-9400 or visit moma.org. —Margo Vansynghel

# MY LAND

"Mi Tierra: Contemporary Artists Explore Place," at the Denver Art Museum
February 19-October 22, weaves a tapestry of Latino-American experiences and those of transplanted communities, bringing visibility to people who are sometimes overlooked.

It features 13 installations, ranging from large-scale digital animations to paintings and sculptures, which will all be assembled on site. For more: denverartmuseum.org; 720-865-5000. —Kaitlynn Mann



Justin Favela's Popocatepetl e Iztaccihuatl vistos desde Atlixco after Jose Maria Velasco (2016), paper and glue.



STUDENTS WHO REGULARLY participate in art are four times more likely to be recognized for academic achievement, according to Americans for the Arts.

# **FILM FEST TAKES WIDE ANGLE**

One of the more than 150 films that will be shown at the 41st **Atlanta**Film Festival (March 24–April 2) is a documentary, Waiting for B, which tells the story of Beyoncé superfans camping out for months to secure concert tickets. Another film, Good Night, is a seven-minute Austrian short following a sock puppet that travels through a dark winter.

The two films don't exactly have much in common, but that's part of the Atlanta Film Society's goal to push for artistic diversity by hosting a festival full of narratives, documentaries, music videos, virtual reality and animation. This year's films were selected from a record-setting 6,085 submissions.

For more: atlantafilmfestival.com; 877-725-8849. — Kara Spencer







# SPOT ON

Yayoi Kusama, the only visual artist in *Time*'s 2016 "100 Most Influential People," is widely recognized for her colorful polka-dot paintings, pumpkins, sculptures and interiors. The Japanese octogenarian draws millions to her exhibitions and immersive mirror rooms.

Now, six of those rooms are shown together for the first time in the traveling exhibition **"Yayoi Kusama: Infinity Mirrors."**Visitors will step into dazzling kaleidoscopic dens filled with red-spotted tubers, polka dots, pumpkins and LED lights, and the

exhibit will be accompanied by 60 whimsical sculptures, paintings and photographs.

The show debuts in Washington, D.C., at the Hirshhorn Museum and Sculpture Garden (Feb. 23–May 14) and will make stops at the Seattle Art Museum (June 30–Sept. 10) and The Broad museum in Los Angeles (mid-October 2017–early January 2018), and also visit Ontario and Cleveland next year. Free timed passes are required at the Hirshhorn. For more, call 202-633-1000, or visit hirshhorn.si.edu. —Margo Vansynghel

### KINGDOMS OF BEERS

Brewery Ommegang in Cooperstown, New York, has brewed seven *Game of Thrones* beers: Seven Kingdoms Hoppy Wheat Ale, Iron Throne Blonde Ale, Take the Black Stout, Three-Eyed Raven Dark Saison Ale, Valar Morghulis Dubbel Ale, Fire and Blood Red Ale and Valar Dohaeris Belgian-style Tripel Ale. Valar Dohaeris is the only one in the lineup currently available, but an eighth beer is scheduled to be released this spring. For more information, visit ommegang.com/got. —*J.Y.* 



# THE FEED >>> IN THE MIX

### **GAME SHOW**

Game of Thrones fans eagerly awaiting the summer premiere of season seven of the popular HBO series can return to Westeros early by attending the "Game of Thrones Live Concert Experience."

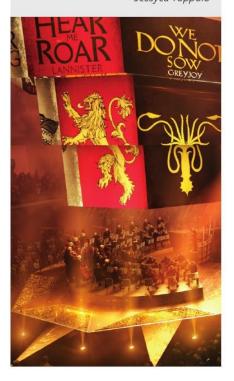
The national tour, from Feb. 20 through April 2, will bring the show to the stage in cities such as Philadelphia, Pennsylvania; Fort Lauderdale, Florida; Atlanta, Georgia; San Antonio and Houston, Texas; Denver, Colorado; Los Angeles and San Jose, California; Phoenix, Arizona; Seattle, Washington; and Portland, Oregon.

Consider it just the latest interpretation of George R.R. Martin's series of novels, "A Song of Ice and Fire," which were adapted to create the current TV show. The live concert experience will feature an orchestra playing *Game of Thrones* music while scenes from the show play out on giant screens.

Conducting the orchestra will be Ramin Djawadi, who composed the TV show's music as well as the music for the TV shows *Person of Interest* and *Westworld* and the movies *Iron Man* and *Pacific Rim*.

For more information, including tour dates, visit gameofthronesconcert.com.

—Jessyca Yoppolo





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# ANIMATION CELEBRATION

Brad Bird, the director of The Incredibles and The Iron Giant, and Masaaki Yuasa, the director of Mind Game and Ping Pong The Animation, are scheduled to attend the GLAS Animation Festival in Berkeley, California, March 2–5. GLAS Animation is a nonprofit run by animators for animators, and aims to cultivate and promote the art and science of animation.

The festival is focused on bringing new ideas, themes, voices and talents to animation and will include screenings, panel discussions, workshops and multimedia installations at the Landmark Shattuck Cinemas, David Brower Center and Berkeley Art Center. For more information, visit glasanimation.com. —Jessyca Yoppolo





there is no affiliation—teams of five humans decorate shopping carts; fill those carts with at least 69 pounds of nonperishable food, which is donated by the competitors before the race begins; dress up in costumes; and run through the streets of Chicago in an effort to reduce hunger.

Akin to the Iditarod,

the race attracts large crowds of spectators, and teams have to make stops at various checkpoints. Except, in the CHIditarod's case, those checkpoints are bars that donate a percentage of their race-day earnings to local nonprofits that fight hunger.

Last year's event raised \$32,789 and 15,625 pounds of food, enough to fill more than 100 shopping carts.

For more information, visit chiditarod. org. —Margo Vansynghel

# HAVE A GRUMPY OLD TIME

The neighborly people of Wabasha, Minnesota, will channel Jack Lemmon and Walter Matthau on Feb. 25 during the city's 24th-annual *Grumpy Old Men* Festival in honor of the 1993 movie based on life in Wabasha.

Festivalgoers can wear costumes while taking the Grumpy Plunge into the icy Mississippi River, catch walleye during the festival's ice-fishing contest (hiding fish in someone else's vehicle

is discouraged) and participate in games such as bingo, cribbage and Texas Hold 'em poker. In the evening, there will be a spaghetti dinner at Slippery's, which was the inspiration for the restaurant and tavern in the film. For more



information, call 800-565-4158 or visit wabashamn.org/grumpyoldmenfest.

—Jessyca Yoppolo

# A LA CART

# A giant beehive built onto a shopping

cart, five monks in brown robes running in the streets, a 6-foot-long cardboard shark—these are some of the possible sightings during the Chicago Urban Shopping Cart Race, a food drive that will mark its 12th year when it takes place on March 4

During the event, which is nicknamed the "CHIditarod" in a riff on the famous Alaskan Iditarod sled dog race—although



Set to redefine your all-inclusive luxury resort experience, the Towers at Pacifica ushers in a new era of sophistication on Mexico's sun-kissed Pacific coast. An intimate, adults-only beachfront resort-within-a-resort of just 47 guest rooms and suites, the Towers at Pacifica blends contemporary style with modern must-haves, including an exclusive VIP Lounge with views of the Pacific and personal butlers who'll mix a perfect post-game cocktail after a round on Jack Nicklaus' award-winning Quivira Golf Club course.

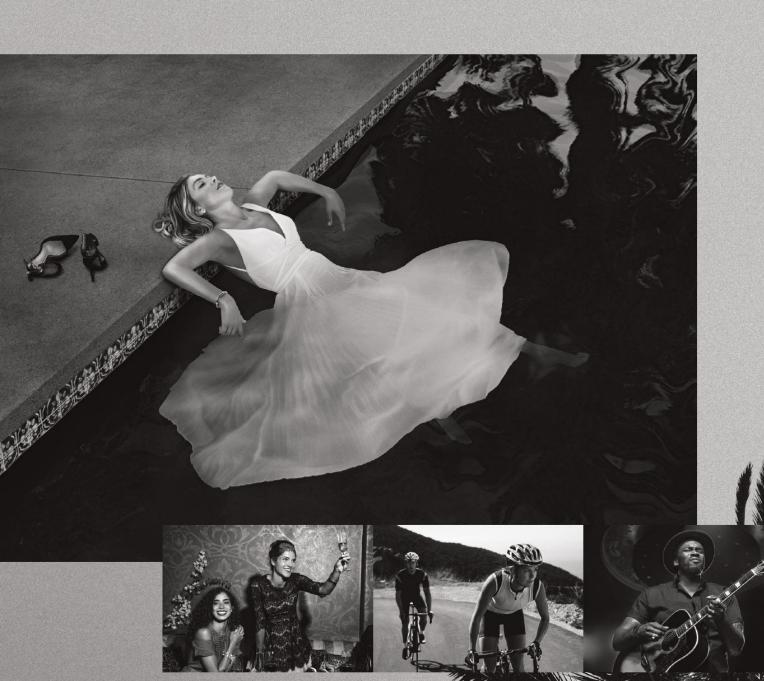












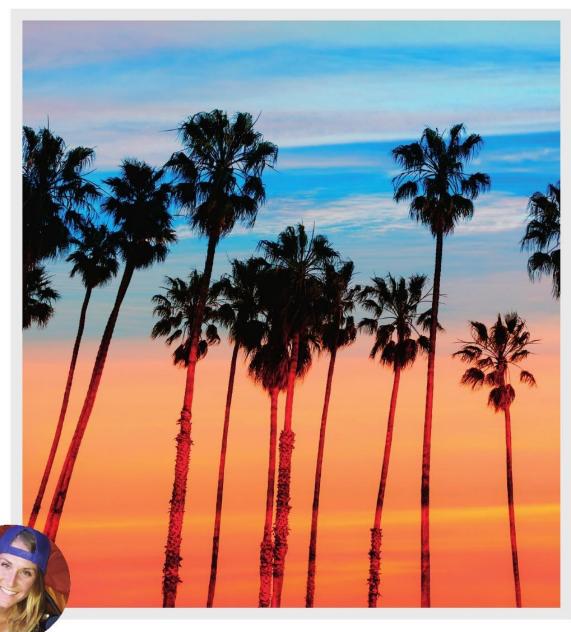
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# MISS NOTHING

THE AMERICAN RIVIERA

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With activities that range from running and hiking to wine-tasting and relaxing on the beach, Santa Barbara is a perfect spot for the weekend adventurer.

No terrain is too difficult for avid ultrarunner Alex Borsuk. Hailing from Portland, Oregon, Alex can likely be found hitting the trail with her border collie, Peanut. Alex traveled to Santa Barbara as part of Alaska Airlines' Weekend Wanderer series and posted these amazing pics to Instagram using the #weekendwanderer hashtag.

blog.alaskaair.com

# ON COURSE IN SANTA BARBARA

typically find myself deep in the mountains. That's why I was really excited to visit Santa Barbara and run the Santa Barbara Wine Country Half Marathon. I couldn't wait to run around and explore the area, taste some of the best wines in the United States, relax on the beach, and eat tons of tacos.

I spent a lot of my time exploring the trails from top to bottom, from trail runs in the Santa Ynez Mountains to runs on the beach along the Pacific Ocean. I especially loved scrambling my way up Cathedral Peak, located in Mission Canyon.

However, one of my most memorable runs was through the Star Lane Vineyard. After the run, I went on a tour of the winery and was able to taste their wines directly from the barrels. It was fun to explore the vineyards from a totally unique perspective. With so much to do in Santa Barbara, I can't wait to return!

# THE FEED #WEEKENDWANDERER

# DAY 1

I spent the morning running around Mission Canyon, and for breakfast I had Santa Barbara's best scramble, Cathedral Peak. Boy, is this place gorgeous! My legs feel nice and loose for tomorrow's race!





# DAY 2

Wow! This morning I ran the Santa Barbara Wine Country Half Marathon. Talk about a gorgeous course breathtaking! In the afternoon, I took in the scenery from the Gaviota Wind Caves.





# DAY 3

Sundays are made for relaxing, and what a view! Santa Barbara is so colorful—from the sparkling blue ocean and luscious green mountains to the bright and vibrant architecture found throughout the city.





Cheers, Santa Barbara!



@visitsantabarbara



# A WINTER WONDERLAND

Central Park is one of the coldweather joys of New York City.

By Janene Mascarella

the winter magic of New York City as well as Central Park. Whether you are skating at Wollman Rink, crunching on newly fallen snow or riding in a horse-drawn carriage, the park is an enchanting getaway, with places to explore, activities to enjoy and famous locations at which to dine. It's the ultimate New York destination and a place where winter traditions begin and endure.

A good introduction to the 843-acre masterpiece of landscape architecture in the heart of Manhattan is to bundle up and take a Legendary Landmark Tour, which offers many photo-worthy stops on the often snowy park paths. Central Park Conservancy guides conduct 90-minute walks, giving the history of the park, which was designed and created between 1858 and 1873 by Frederick Law Olmsted and Calvert Vaux. The tours



visit some of Central Park's most treasured locations, including the Belvedere Castle, built in the late 1860s by designer Vaux and now among five visitor centers in the park. The castle offers one of the best views of the park and the surrounding cityscape. The tours also make stops at Turtle Pond and the park's Jacqueline Kennedy Onassis Reservoir and Central Park Lake, where many movie scenes have been filmed. You eventually



reach the oldest man-made artifact in the park, a 3,500-year-old Egyptian obelisk, nick-named Cleopatra's Needle.

Central Park is also home to the Metropolitan Museum of Art, one of the world's finest art museums, with a collection that ranges from ancient Greece to modern America.

Other world-class museums can be found within a block of the park, including the Solomon R. Guggenheim Museum, which may be as famous for its cylindrical building, designed by Frank Lloyd Wright, as for its modern art collection and exhibits. Across Central Park West is the American Museum of Natural History, which holds a spectacular collection of dinosaurs, including a skeleton of a *Tyrannosaurus rex* and the world's first mounted skeleton of an apatosaurus.

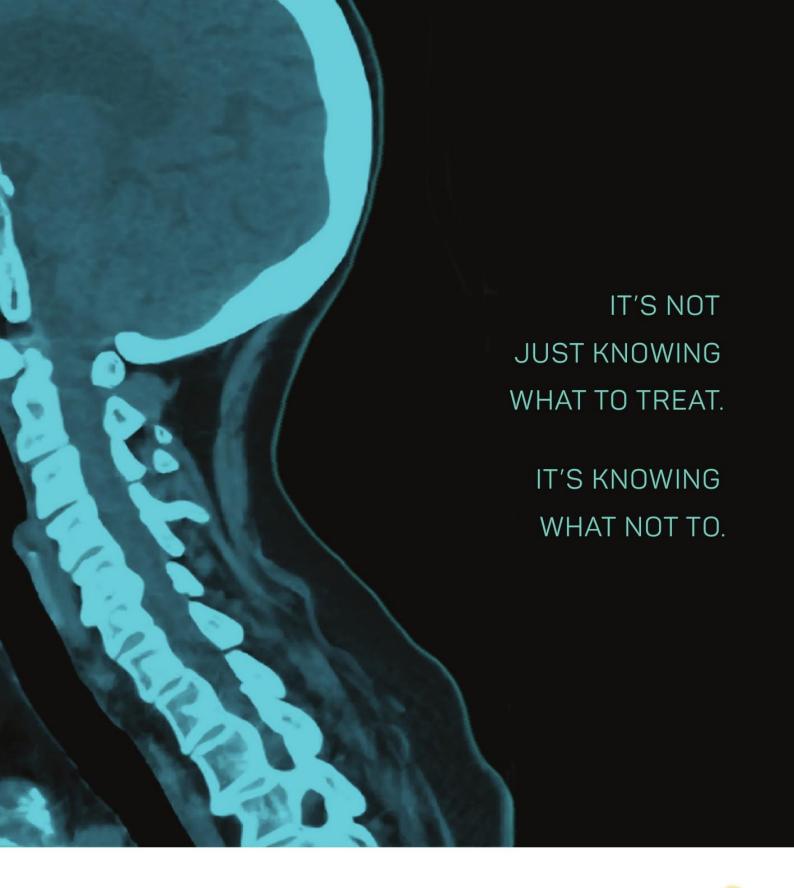
One of Central Park's most popular activities is ice-skating at Lasker Rink on the park's north end, or at the more famous Wollman Rink, located at the south end of the park. With its famed backdrop of nearby high-rise buildings, the Wollman Rink is open from late

>>> Skating at Wollman Rink, left, is a winter tradition, with its iconic views of nearby Manhattan high-rises. Horse-drawn carriage rides, above, are a popular way to enjoy the beauty of Central Park.

October to early April and offers beautiful skyline views by day and by night. No wonder the rink has been featured in films such as *Limitless* and *Serendipity*. Nearby, you'll find the Central Park Zoo, which is open throughout the winter.

A good way to end a day in Central Park is to take a horse-drawn carriage ride through the park and stop for dinner at Tavern on the Green. Vaux originally built the restaurant's structure in the 19th century as a place to house the sheep that once grazed in the park's Sheep Meadow.

Carriages are found lined up year-round along Central Park South between Fifth and Sixth avenues, and reservations for dining at the Tavern on the Green can be made online at tavernonthegreen.com.



Proton therapy is a precise form of radiation that targets the tumor and then stops, reducing radiation to the surrounding healthy tissue. It's currently being used to treat patients with brain, head and neck, prostate, breast, lung and other tumors, and it's often covered by Medicare. For more information or a second opinion, call 888-991-7782 or visit SCCAProtonTherapy.com/cancer.



# ARTISTIC OASIS

A walk through Scottsdale reveals cultural attractions

# By Becky Youman

Scottsdale's excellent weather, highquality museums, numerous art galleries and commitment to public art come together to make it an ideal area for a walking art tour. Art attractions are plentiful throughout the Phoenix metropolitan area, and are particularly focused in downtown Scottsdale.

Start at the southwest corner of Scottsdale and Camelback roads. Step inside **The Doors and Sound Passage**, a sculpture that provides the experience of being in a kaleidoscope. Three tall blocks of Brazilian hardwood lean against one another. Walking into the space at the center, you find yourself reflected by stainless steel panels and see the sky through a giant oculus at the top. The Sound Passage audio inside includes percussion, running water and flute music.

Head south to the Scottsdale Waterfront canal and the soaring **Soleri Bridge and Plaza**—at once a solar calendar, bell display, bridge and gathering place created by renowned Scottsdale artist Paolo Soleri.

Continue along the north side of the canal, watching for periodic temporary exhibits.

Cross the Marshall Way Bridge and wind south to Marshall Way to find Scottsdale's highest concentration of modern art galleries.

Don't miss the eclectic contemporary art at Wilde Meyer Gallery, and Art One, a space showcasing work by students and local artists.

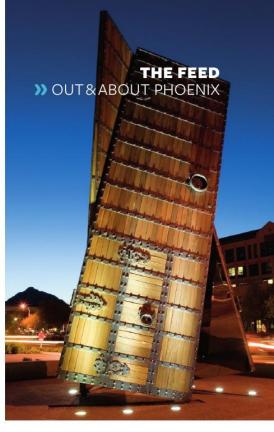
### **TOUR TIPS**

- Access the Scottsdale Public Art map at scottsdalepublicart.org.
- Enjoy **Scottsdale ArtWalk**, Thursdays from 7 to 9 P.M. This event has taken place in this area for more than 40 years. Visit scottsdalegalleries.com.
- The Canal Convergence Water +
  Art + Light 2017 event runs February
  23–26, with interactive art, live music and
  performances. Visit scottsdalepublicart.
  org/events. B.Y.

Continue south to find another excellent cluster of attractions. For cowboy art, visit Western Spirit: Scottsdale's Museum of the West, or head east on Main Street to reach Trailside Galleries, in the Scottsdale Civic Center Park area. You can wander the grounds of the park, appreciating many statues, fountains and sculptures, including the Robert Indiana sculpture LOVE, of postagestamp fame. The Scottsdale sculpture was the first of five in this iconic multicity series.

Finally, explore the **Scottsdale Museum of Contemporary Art**, a great place to finish by experiencing contemporary art, architecture and design works on a beautiful campus. **X** 

>>> The Doors and Sound Passage, top; Passing the Legacy, right, near Marshall Way Bridge; and Knight Rise, open to the sky in a sculpture garden at Scottsdale Museum of Contemporary Art, are all public art.







# 99 bottles of bourbon on the wall ...



With over 99 varieties of bourbon to choose from, finding your favorite might not be as easy as you think. We suggest starting with the new John Howie Personal Selection Woodford Reserve. We created this unique blend with the good folks at Woodford Reserve. In all, we have well over 600 varieties of spirits to choose from including 300 whiskies. Our mixologists are the best in the business. Discover something new or enjoy an old friend at John Howie Steak.

# JOHN HOWIE STEAK



# SEDONA GETAWAY

Explorations abound in this phenomenal Central Arizona destination

# By Peter Potterfield

about 115 miles north of Phoenix, the captivating high-desert town of Sedona is tucked among dramatic mountains of surreal red sandstone. Visitors are drawn to the Sedona area by its scenery, hiking, golfing, mountain biking, tennis and relatively relaxed pace. Sedona is also revered for its world-class resorts, excellent art galleries and five-star restaurants. And some claim the city's magic is palpable: Numerous visitors come hoping to connect with "vortex energy" reputed to exist here, with sufficient power to enhance spiritual growth.

There is something special about Sedona. The place is defined by these distinctive red hills that enfold the town and welcome hikers to explore ethereal beauty. Perhaps the most popular hike follows **Devil's Bridge Trail**, a moderate-difficulty 2-mile-roundtrip pathway to a natural bridge and stunning views. Another great choice is the glorious **Boynton Canyon Trail** that winds through desert onto broad red-rock ledges before heading up into a spectacular box canyon—all in about 6 miles of moderate-difficulty hiking through sublime landscape.

Along the Boynton Canyon Trail, you pass the back gate to the storied **Enchantment**Resort, a 75-acre property that features small adobe structures known as "casitas," along with tennis courts, a golf course and spa, plus a choice of two great restaurants. Che Ah Chi showcases contemporary American cuisine and its stunning red-rock backdrop. Tii Gavo is a more casual Southwest restaurant-tavern with its own excellent views.

Another of Sedona's classic resorts, **L'Auberge de Sedona**, is in town, set peacefully along lushly forested
Oak Creek. This resort boasts creekside fine dining at **Cress on Oak Creek**, known for using locally foraged
ingredients.

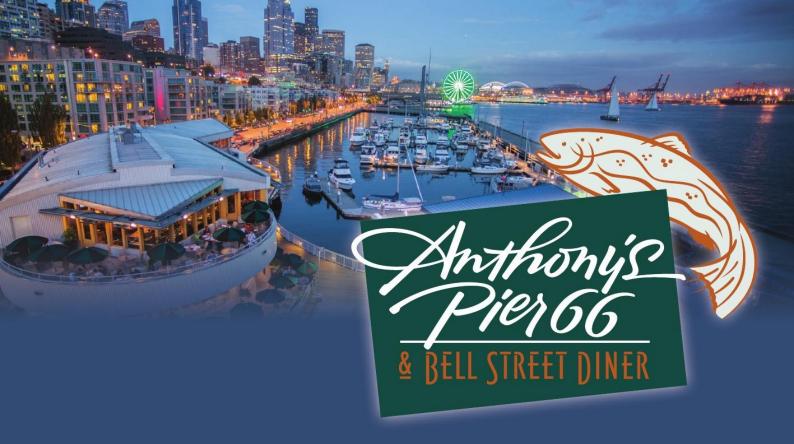


Nearby, restaurateur Lisa Dahl has complemented her local-favorite **Dahl & DiLuca** with a newer, Latin-inspired grill, **Mariposa**.

You can also get in line at the Mexican–Southwest restaurant **Elote Cafe** (reservations not accepted), another beloved Sedona restaurant.

Whether it's outdoor activities or excellent dining that brings you, you'll find that Sedona is rustic and civilized in equal measure. Surrounded by 1.8 million acres of national forest land, the area is rich with tantalizing indulgences—and perhaps a touch of spiritual magic. 

★



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# **FAT TUESDAY FARE**

# By Beth D'Addono

**Nearly 70 parades** are held during the New Orleans Mardi Gras season, from January 6 to the day of Mardi Gras, which this year falls on February 28. Where to fuel up during the celebration? These restaurants near parade routes will take good care of you:

Situated on St. Charles Avenue, parade central, the newly reopened **Caribbean Room** in the swank Pontchartrain Hotel adds a note of *Mad Men* suave to the carnival experience. Chef Chris Lusk re-creates classic favorites such as crab Remick, a baked crab dish with bacon and chile sauce. Gents need jackets, so plan this for a dress-up night.

**Meril**—opened in 2016 in the Warehouse District—is the first New Orleans restaurant

opened by chef Emeril Lagasse in almost 20 years. It offers casual, globally inspired small plates from chef de cuisine Will Avelar.

Get to City Park early to see the Endymion Super Krewe, and to experience why Mardi Gras is so much more than Bourbon Street. Afterward, head to **Ralph's on the Park,** a Mid-City District restaurant known for chef Chip Flanagan's Creole comfort cuisine.

While most restaurants are closed on Mardi Gras day, North Broad Street's

Crescent City Steaks keeps the party going, and is a great place to stop after the Zulu

Parade. Founded in 1934, the family-owned restaurant was the first to serve prime aged beef in New Orleans. 

✓



MARDI GRAS TRADITION includes eating king cake, which has a small plastic baby inside. If you find the baby in your piece, you're honored as a Mardi Gras king or queen.

# TASTE OF NEW ORLEANS

Celebrate Mardi Gras by enjoying some traditional New Orleans dishes. Savory highlights include sandwiches such as po'boys and muffulettas; fried cornbread hush puppies; and hearty bowls of gumbo and étouffée. Conclude the meal with some sweet delicacies such as the traditional round king cake, bananas Foster, pecan pralines or flaky beignets dusted in powdered sugar.





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# FRENCH QUARTER CRAFT

By Naomi Tomky

Mardi Gras, February 28 this year, brings jubilant times to New Orleans, but sometimes you need a touch of calm during the festivities. Fortunately, a few respites in the French Quarter offer a more peaceful experience.

Arnaud's French 75 Bar, just off Bourbon

# TOAST OF NEW ORLEANS

In 2008, the Louisiana House of Representatives declared the Sazerac the official cocktail of New Orleans. The drink is believed to have been created in the early 1800s by pharmacist Antoine Peychaud. The Sazerac comes in many variations, and is typically a mixture of rye, brandy or Cognac; Peychaud's bitters; one sugar cube; absinthe or Herbsaint to coat the glass; and a lemon-peel garnish.

Street, has a quirky elegance, with white-tuxedoed waiters and Art Deco sconces. The expert bartenders craft each drink, including the bar's namesake cocktail, with the care of a pastry chef building a wedding cake. Sit back, relax and order a round of soufflé potatoes: These drinks are worth the wait.

Tempted by colorful beverages in wackily shaped containers? Take a friend to **Beach-bum Berry's Latitude 29** on North Peters Street, where you can share the Aquadesiac, a bright blue refreshment served in a ceramic conch shell with two straws and a tiny plastic mermaid on a lemon twist.

Rampart Street's **Bar Tonique** combines the friendliness of a neighborhood spot with high-end cocktail craftsmanship. Even the simplest drinks get improved upon: Try a gin with the bar's housemade tonic. **\*** 

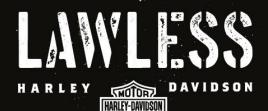


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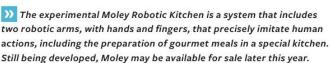
# **HANDY ROBOTS**

A variety of smart machines that may be coming to your home

## By Skip Ferderber

**Tired of mowing the lawn,** cooking over a hot stove, doing chores? How about letting a robot do the work for you? The promise of robots performing daily functions in the home is beginning to become a reality. The following are some examples of current robots and others that may be available soon.







>>> The cute Asus Zenbo robot can control smart-home devices (heat, lights, etc.), respond to commands, tell stories, take photos and videos, and screen movies and TV shows on its flat-screen face. On sale in Taiwan, it is unclear when Zenbo will be available in America.



>>> Cut your lawn with Robomow, the automated mower. Set up a wired electronic barrier around your lawn (similar to an electric dog fence) to keep Robomow where it belongs, and let it go. Robomow goes around objects such as trees, and can be controlled by a smartphone app.



>>> A hit at the 2017 International Consumer Electronics Show, Pepper is a friendly 4-foot-tall robot. It waves, talks, gestures and can show emotion. Pepper is mainly sold in Japan for jobs such as greeting mall customers. However, it may soon be available in the United States.

# I GROW

# It's good for my pet's health

More and more people are eating healthy foods. Eating "healthy" isn't just for humans, your pets can benefit from a healthy diet as well. Indoor gardening can be as good for your pets as it is for you. Why? Because growing your food organically produces vegetables, fruits and herbs of the highest quality which benefits you and your pets. But were you aware that some of the veggies and herbs you can grow indoors can also be enjoyed by your pets and double as natural pet remedies? For example, herbs like peppermint are ideal if your pet's suffering from indigestion or battling nausea. The peppermint herb is simple to start and grows well in sun and shade. Also, keeping your peppermint plant trimmed will help you, your pet and the plant stay happy and healthy!

Don't forget the grass! On your next trip to the health food store, grab a bag of barley grass seeds. These seeds will germinate quickly in rich soil. For best results, add Mother Earth Meal Mix® Grow to your soil or pick-up a Super Sprouter® propagation kit, either way your barley grass seeds will be off to a great start. Barley, garlic grass and wheat berry seeds are all easy to grow and your pet will appreciate the fresh cuttings sprinkled over their food.

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"Aloe vera is good inside as well as out! When ingested, Aloe can benefit dogs digestion and relieve gas."





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# WARM WEAR

By Chaney Kwak

Staying warm doesn't have to involve looking like a snowman. Thanks to technological and design innovations, insulating clothes are slimmer and lighter than ever. Here are six items that will keep your luggage light on your next trip—all without compromising performance.

- The light, compact and reversible Kusa jacket by outdoor outfitter **Cotopaxi** is made with 50 percent polyester blend, 50 percent naturally hypoallergenic llama fleece to keep you toasty—and when you're not wearing it, you can squeeze it into your bag without taking up much room. Cotopaxi says it donates 2 percent of its revenue to fund poverty-combating programs around the world (\$199.95; cotopaxi.com).
- 2 Naturally antimicrobial and breathable, merino wool is a versatile fabric for travel that **Smartwool** uses for its durable socks. These comfortable wool socks are not only soft on the skin, but also ideal for washing in the sink and air-drying overnight, eliminating the need to carry too many pairs (from \$11.95; smartwool.com).
- **ExOfficio's** Lorelei line features breathable, wrinkle-resistant items with high warmth-to-weight ratios. The extra-soft Lorelei Beanie is knit with bouclé yarn in a trendy slouch style, and comes in a versatile color selection of brandy, tawny heather and black heather (\$25; exofficio.com).
- 4 The Blackridge is like your comfy college hoodie, updated with warm Drirelease wool and poly blend. At 11 ounces, it's lightweight and dries quickly. Manufacturer **Outdoor Research** offers Infinite Guarantee, which pledges to replace any item during ownership (\$99; outdoorresearch.com).





- Using a 100 percent recycled shell,
  Nano Puff Vests by **Patagonia** are not only
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  from landfills per year, according to the
  company. The outerwear is tough, windproof
  and water-resistant. Even when wet, it retains
  96 percent of the warmth it has when dry
  (\$149; patagonia.com).
- Designed to emulate aspects of walking barefoot, **Vivobarefoot** footwear is intentionally minimalistic yet punctureresistant. The Tracker models, offered in both men's and women's styles, have waterproof lining and thermal protection (\$240; vivobarefoot.com/us). **★**



# CELEBRATE 20 YEARS RUNNING



Lisa Hallett and 22 women who lost loved ones to war ran their first race in Seattle for wear blue: run to remember. 'wear blue' now hosts a mile-long, on-course tribute to military members who have died during service.



# 2016

Jared Ward wins the half marathon in his final tune-up before the 2016 Olympic Games marathon in Rio, where he finished as the 2nd American and 6th overall.



The Space Needle is transformed into the world's largest start line pistol with a round of thunderous comets being launched from its 200-foot platform to begin the race.





# 2014

Seattle native and ice speedster, Apolo Ohno, runs a 1:36 PR half marathon in Seattle before competing at the 2014 Ironman World Championship in Kona, Hawaii.

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# MULTITASKING TRAVEL TECH

Save space by packing products that serve multiple functions

# By Chaney Kwak

**We all multitask,** particularly when we travel. So it's logical for our gear to be versatile, too. The following multifunction products can streamline your experience while you are on the move.



**Orbitkey 2.0:** Think of this as a Swiss Army knife for the digital age. The Orbitkey 2.0 features a simple locking mechanism to organize up to seven keys within a stylish casing. Buy it with the optional USB stick and multifunction tool, and you will be equipped to make MacGyver envious (keyholders from \$29.95; accessories sold separately; orbitkey.com).



Zus Smart Car Charger: We've all been there, hunting for an unfamiliar rental in a parking lot. Enter Zus, which stays plugged into your vehicle's lighter port and signals to your phone to guide you back. Zus also provides high-speed charges to two USB devices at once, and monitors meter time and car-battery health (\$29.99; nonda.co).



Oaxis AirScale: Avoid the stress of repacking an overweight suitcase at the check-in counter. This 6500 mAh power bank has an easy-to-read scale for weighing luggage up to 88 pounds. The power source also rapidly recharges smartphones and other devices that are useful while traveling (\$59; oaxis.com).





each concealing a high-capacity lithium-ion battery that connects to an included Apple Lightning charging

cable (\$119.95 slim, \$149.95 bi-fold; hellonomad.com).

**Scootie by ATM:** A frame on this luggage for kids unfolds into a three-wheel scooter (\$89.99; atmluggage.com).



Toad&Co Aerium Garments: The Aerium line's fabric is insulating and breathable, and inner pockets help travelers hide IDs and cash. Aerium women's pullovers and jackets fold into pillows for inflight shut-eye (from \$179.99; men's tops also available; toadandco.com).





**Scrubba W Pack:** This waterproof backpack doubles as a portable laundry device. Fill it with water, detergent and laundry, seal it up, and rub the outside for an inner washboard to clean clothes. Aired out, the Scrubba functions like a dry bag (\$99.95; thescrubba.com).







# Kristen Bell

With a high-profile new TV series and a slew of movies coming out this year, actress and philanthropist Kristen Bell is shining brighter than ever

# BY KATHRYN DRURY WAGNER

If you have children-heck, if you have ears-you already know Kristen Bell's beautiful soprano voice; she was the pipes behind the character Anna in Frozen. That Oscar-winning musical fantasy was the highest-grossing animated film ... of all time. If you were a teen in the mid-2000s, though, Bell stole your heart as a young private eye on Veronica Mars. And if you are a harried mother, she was your spirit animal, running amok through a supermarket, in 2016's raunchy Bad Moms. Bell can embody any of these characteristics-a sweetness, a savvy, a willingness to rub breakfast cereal on her face-and

it's made her one of the most likable and bankable stars in Hollywood.

This spring, audiences are seeing even more of this talented actress. She's starring in her first leading role on a network sitcom, opposite Ted Danson, on NBC's The Good Place. It's a quirky premise: She plays Eleanor Shellstrop, sent to a heaven she doesn't deserve in an absurdist take on an ID mix-up in the afterlife. Can she improve her behavior enough to avoid banishment? We have to stay tuned.

"One of the reasons I can play parts that are harsher and more unlikable is because it goes against my physicality," says



Bell, who stands a petite 5 feet, 1 inch tall.

In CHIPS, being released March 24, she'll play the estranged trophy wife of feathered-haired Officer Jon Baker in the film reboot of the late-1970s TV show. The movie is written and directed by her real-life husband, Dax Shepard, who portrays motorcycle cop Baker.

"My husband writes tacky people for me to play. He finds a juxtaposition of my sweet nature in a role like that." He also wrote and directed another film, 2012's Hit and Run, that starred the two of them. Despite the opportunity to spoof the macho original CHiPs, Bell says the film is no farce.

"I'm so proud of the movie. He did such an exemplary job with it. It gives you everything you want-motorcycle chases and stunts, romance—but it's not a spoofy comedy. It's realistic situations."

Bell can also be seen in April's How to Be a Latin Lover. It co-stars Mexican celebrity Eugenio Derbez, as well as Rob Lowe and Salma Hayek. The director of the comedy, Ken Marino, is one of Bell's

(ayne Ander



longtime friends from when he played her nemesis on Veronica Mars.

"When Ken calls, I will say yes to anything. He's a very skilled director."

Meanwhile, Frozen fans are dying for any gossip on how the sequel might be coming along, but Bell can reveal only that she hasn't yet started any voice work. She will, however, be filming Bad Moms 2 posthaste, as it's due in theaters on November 3.

When she read the script for the original Bad Moms, she says, "I couldn't believe that no one had written it before, or that way. How on earth had that subject been bypassed? So many of us are

> moms. And if you're not one, you know that mom who is overworked and covered in avocado."

The film went on to become a sleeper hit, sparking a conversation about some of the unrealistic expectations accompanying contemporary motherhood. In one scene, a pompous PTA president spouts off a list of ingredients banned from a bake sale, including "BPA, MSG, BHA, BHT. Plus no soy, no sesame, and, of

Bell stops for a press photo with her husband, actor Dax Shepard, at the 5th Annual Baby2Baby Gala last November. The couple are involved in a number of family-oriented charitable organizations.

Bell's quick wit and humor help define the character of Eleanor Shellstrop, above, in The Good Place.

course, no nuts or eggs or milk or butter or salt or sugar or wheat." It's not easy being a mom these days.

"I was very proud to be part of a movie that told a story that needed to be told," says Bell. "It was great entertainment, but I was also proud to represent a group that needed to be spoken to, and needed to start speaking to each other. Parenting is so great, but it can be isolating, even mentally isolating. Women started sharing stories and laughing about it, and that makes everything easier."

Bell has two daughters, Lincoln, nearly 4, and Delta, age 2, with Shepard, who is also an actor and comedian, and who appeared on TV's Parenthood. The couple enjoy one of Hollywood's most celebrated marriages, known for both its high adorableness factor and rock-solid values. For example, they famously declined to wed until gay couples could marry legally in the state of California, out of solidarity. They reside in a modest home, says Bell, and decided that their daughters would share a room to "fight the inevitable sense of entitlement."

They also have a sense of humor, enjoying the offbeat and unexpected. Who else would attend a swanky Game of Thrones premiere wearing matching tank tops that read, "Stark in the streets, Wildling in the sheets."

The duo share Michigan roots-she's from Huntington Woods, he's from



## THE MARK\_

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Highland-but didn't meet until a party of a mutual friend in Los Angeles. After some flirtation and a "few months of taking it slow, we realized that we had a chemistry keeping us together that we wanted to work hard to maintain," Bell says. "He's been the most light-shedding influence on my life I have ever had. He regularly does a fierce moral inventory on himself. He believes that self-esteem comes from doing estimable acts. The foundation is so solid. I thought I had everything figured out before I met him, and it turns out I didn't."

When they tied the knot in 2013 at the Beverly Hills County Clerk's Office, the wedding cost a mere \$142. "We will, however, splurge on experiences-seeing different places in the U.S., and as the girls get older, the world," Bell says. They enjoyed a recent vacation with longtime friends in Mammoth Lakes, California, and visit family in Michigan, and in Portland and Hood River, Oregon. After hosting the CMT Music Awards three times in Nashville, Bell's fallen in love with the food and vibe of that city. "I brought our first daughter there

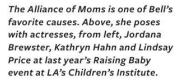
Bell had wanted to voice an animated film since she saw The Little Mermaid (1989) as a child, ultimately landing the role of Anna, in Disney's Frozen in 2013.



when she was about 11 weeks old."

In fact, the family is usually in tow when Bell is working. They lived with her in New Orleans when she was filming Bad Moms and in Atlanta for The Boss. Rounding out the Bell-Shepard clan is Lola, an elderly corgi/chow chow mutt they jokingly call a "carpet roll" due to her inertia and fluffiness.

Bell is obviously practiced at the art of balancing family and profession. Both Lola and Delta tagged along for this issue's photo shoot in LA's Griffith Park,



where the family often hikes. Bell easily stepped away from the photographer to tend to her daughter's requests and, just as effortlessly, returned to her modeling task as Delta set upon her task of finding a pet rock for the family.

Bell has also visited Africa four times, both for charity work and to experience a diverse range of activities that the continent offers, from cage diving with great white sharks to seeing gorillas. "Uganda, Rwanda, Tanzania, Ethiopia ... I love Africa because there are so many countries to explore," Bell says. "You can travel a relatively small distance and be in such a different place, with a new language, food, terrain and culture."

One of her most memorable visits was a safari with her husband on an animal reserve. "It was an exquisite experience. We were in these colonial-style tents on the Serengeti. What surprised me most was how loud it was at night, with the



frogs and the beetles. The sound of Africa at night, breathtaking."

Bell thrills to more than sightseeing. She also loves ... packing. "It scratches an itch that is glorious for me!" she enthuses. "I write down everything I'm going to pack, and go into a bedroom and lay it all out. It's a chance to reinvent yourself every time. Usually one of the toddlers comes in and unfolds everything, and I have to pack all over."

Once she's on a plane, she has a trick for keeping her girls happy. "Stickers. Thousands of stickers. But not with very strong adhesive, because they will be placed all over the plane. You can't do markers, of course, and crayons-my kids don't love crayons. So tons of stickers and white drawing paper."

Bell loves fostering children's creativity, often doing crafts with her girls early

"I got involved [with PATH] when I read there are 55,000 people on the street in Los Angeles and 100,000 homeless in California, and that felt so unacceptable."

in the mornings. On a professional level, she's the executive producer for a show in development for preschoolers, Do, Re & Mi. "It's about an eighth note named Re and his friends and their cartoon adventures. The goal is to expose young children to music. Since art and music programs are being cut around the country, this is a great opportunity to show kids you can hear and make your own music anywhere," she says.

Music has always played a huge role in her life. "I gravitated toward it. My mom noticed that from very early on, I was

singing and humming." By age 12, she had started serious vocal training, going on to study musical theater at New York University's Tisch School of the Arts. Broadway came calling while she was still in college, casting her in a musical version of The Adventures of Tom Sawyer.

Bell fans-and they are legion, with more than 2 million followers on Twittersee and value her dedication to making the world a better place. She's a nearly lifelong vegetarian who is a longtime supporter of animal-rescue work. She is also a champion of a nonprofit called



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PATH: People Assisting The Homeless.

"I got involved when I read there are 55,000 people on the street in Los Angeles and 100,000 homeless in California, and that felt so unacceptable, because it's in my backyard," Bell says. "PATH is a onestop shop if you want to put your life back together. They have resume specialists, job training and a beauty shop. They can help vets file paperwork to get benefits, and they offer health care. They get 22 people a week out of shelters and off the street. They get it done. They will connect you with a family, and you will show up on moving day with whatever the family needs, like a couch and a bed and a toaster. My friends and I will do this for our birthdays. You get to hand someone the keys to their new life. It's a pretty exceptional feeling for both parties."

She is an advocate with the Alliance

of Moms, an auxiliary of the Alliance for Children's Rights, which aims to break the cycle of poverty, foster care and teen pregnancy, and also of No Kid Hungry, which tackles food insecurity. "Kids can't learn with an empty belly," she notes.

On an international level, Bell serves on the board of advisers for This Bar Saves Lives. The nutrition bar, sold at places such as Starbucks and Whole Foods, has resulted in a donation of more than 1.5 million life-saving meal packets to malnourished children since 2013.

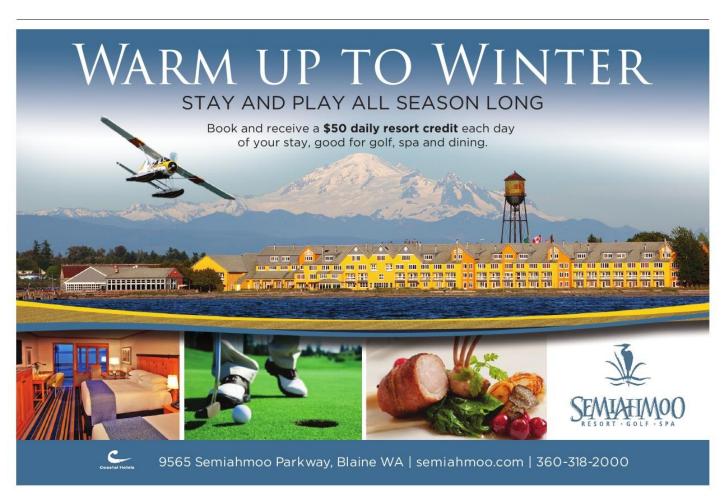
She must be very devoted to fit all this into her schedule, because the hours in the entertainment industry are punishing. Bell has had 4:30 A.M. call times, and 17- or 18-hour days of shooting.

"There are so many moving parts. It's not just the camera and the actor that have to be adjusted," she says. "It's every beam of light. There's an incredible amount of work that goes into a movie before I even show up. The props are prepared a month in advance. Yes, it does feel glamorous to get your hair and makeup done, but nothing feels glamorous at 5 A.M."

When it all comes together, it's worth the work. For Bell, her favorite moment in the process is "finding something that feels real, whether it's in the costume fitting when the costume suddenly feels real for the character, or exchanging a look with another actor—that moment when it feels authentic, that's when you're really proud of your work."

Fans of Bell would say there is much to be proud of, on screen and off.  $\boldsymbol{\rtimes}$ 

Kathryn Drury Wagner is a writer and editor based in Los Angeles.





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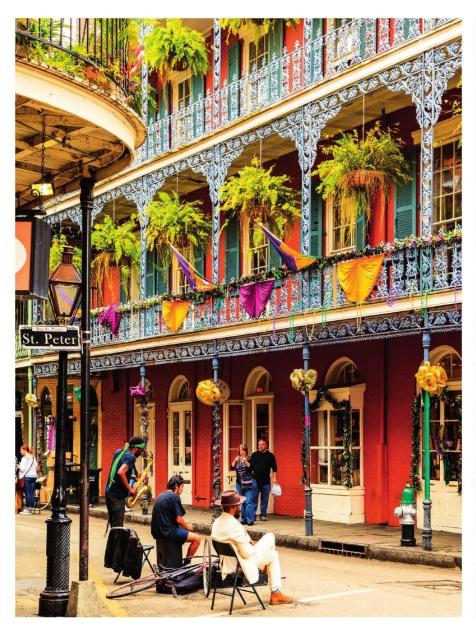


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# LET THE GOOD TIMES ROLL

Culture, cocktails and Creole cuisine create New Orleans' unique vibe

By Megan Hill

# **))** New Orleans has two versions of Mardi Gras: the hard-partying Bourbon Street version and the lesser-known

Street version and the lesser-known family-friendly variant that takes place in many other parts of the city.

The latter was my Mardi Gras when I was growing up. It involved donning costumes, chasing bouncy balls and stuffed animals thrown from floats, and perching on a parent's shoulders to grab strings of pearlescent beads.

Mardi Gras, which falls on February 28

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# **NEAR&FAR**<sub>»</sub>









this year, also meant three days off from school-one to warm up for the big day with night parades and last-minute costume preparation; the Fat Tuesday main event, which was a full day of revelry; and a third day to recover and attend Ash Wednesday mass at the neighborhood church. Mardi Gras is, after all, rooted in Catholic tradition.

Collecting as many beads and trinkets as possible was serious business when I was a kid. During the three consecutive

parades that rolled through my grandparents' neighborhood on Mardi Gras day, I spent a lot of time leaping after airborne throws and scurrying around the ladders and chairs and party tents to collect whatever hit the ground. By the end of the day, I'd collapse into my red wagon, my carefully applied clown makeup smeared beyond recognition, and my parents would tow me and my treasures home.

I remember the day I found out that other cities don't celebrate Mardi Gras. >>> The musical French Quarter, left, along with the regal St. Louis Cathedral, bright Mardi Gras parades, flavorful gumbo and bountiful markets are part of New Orleans' essence.



There were no parades, no family cookouts, no dancing in the streets for the sheer thrill of the thing. I was incredulous; it was so hard for my 10-year-old self to imagine what life would be like without this essential celebration, this epicurean break from reality. Then again, not every city is New Orleans.

You don't have to visit New Orleans at Mardi Gras to get a sense of the joie de vivre that seems to permeate every aspect of life in the Big Easy. Whether you're here for the food, the history or the music, by all means, laissez les bons temps rouler (let the good times roll).

#### **Setting the Bar**

Some of New Orleans' best bars are among the most storied in the country. There's Old Absinthe House, a more than 200-year-old French Quarter establishment serving cocktails with its namesake spirit. Near the French Quarter, inside The Roosevelt, a Waldorf Astoria Hotel, is The Sazerac Bar, where 1928-1932 governor Huey P. Long was known to sip Ramos Gin Fizzes. Nearby, the Carousel Bar & Lounge, which has spun for more than 65 years inside the Hotel Monteleone, serves the rye-based Vieux Carré cocktail.

At The Columns Hotel in the Garden District, classic drinks pair well with porch-sitting and streetcar-gazing. And don't overlook Twelve Mile Limit in Mid-City. The bar perfectly walks the line between dive and fine cocktail purveyor.

#### **Noteworthy Music Venues**

Music is an indelible part of New Orleans' culture, and a great introduction is the legendary Preservation Hall, a French Quarter venue where jazz musicians jam 360 nights a year. House of Blues is one of the French Quarter's rollicking concert venues for both local and nationally known acts.

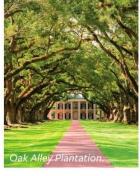
On Frenchmen Street, one block holds some of the city's best music locales: At Snug Harbor Jazz Bistro, you can catch stars such as pianist Ellis Marsalis. D.b.a. serves craft beer and hosts a variety of live local and regional musicians. And The Spotted Cat Music Club is a local favorite for jazz, blues, funk and more.



>>> The Sazerac Bar in The Roosevelt hotel serves colorful cocktails such as the commonly rve-based Sazerac, seen above. Below, couples dance to live music at The Spotted Cat Music Club.







#### A Long Weekend in the Big Easy

- FIRST DAY Explore the city's core, including the French Quarter and Frenchmen Street. Hop aboard the elegant Paddlewheeler Creole Queen for a journey on the Mississippi River, and don't forget to indulge in powdered sugar-topped beignets at Cafe Du Monde.
- **SECOND** Head to Uptown with its stately homes and ancient oak trees. Journey along St. Charles Avenue by streetcar and explore Magazine Street, a 6-mile stretch packed with restaurants, bars and locally owned shops. Visit the Audubon Zoo, with its impressive aviary, swamp exhibit and more.
- **THIRD** Go upriver to Louisiana Plantation Country, where well-preserved estates provide a glimpse into pre-Civil War life. Tours are available at several plantations, including Oak Alley, Destrehan and San Francisco. — M.H.





#### **NEW ORLEANS MUSTS**

No visit to New Orleans is complete without a stroll through the French Quarter, the city's oldest neighborhood. Gaze at colorful architecture; visit historic sites such as Jackson Square and St. Louis Cathedral; watch street performers and partake in the seemingly constant party on Bourbon Street.

Wander over to Frenchmen Street, just outside the Quarter, for top-notch live music, bars and restaurants, many of which fit into a compact three-block stretch.

Try the local cuisine. You'll find dozens of regional dishes here, the result of a strong mix of cultural influences: French, Spanish, West African, Italian and more. Taste favorites such as gumbo, jambalaya, beignets (shown below), oysters Rockefeller and po'boys. -M.H.



>> Jackson Square in New Orleans' French Quarter is home to an open-air artist colony; The Cabildo museum, shown above; St. Louis Cathedral; and Cafe Du Monde, which is famous for its powdered sugar-dusted beignets.

#### Memorable Museums

New Orleans preserves its past in the Louisiana State Museum, which is a statewide network of sites that includes The Cabildo in New Orleans' Jackson Square. The Spanish Colonial-style building served as the center of New Orleans' government until 1853, when it became the headquarters of the Louisiana Supreme Court before being designated a museum in 1908.

The National WWII Museum in the Central Business District tells the story of the U.S. war experience and features weaponry, vehicles, medals, diaries, letters, artwork, photographs and other artifacts. In the Lower Garden District, Mardi Gras World displays floats, costumes and artists at work, giving visitors a taste of

#### SILICON BAYOU

A major rebound is underway in New Orleans since Hurricane Katrina in 2005. The city's history and culture have proved attractive for young, ambitious entrepreneurs eager to bolster the business landscape. Add in a lower cost of living and tax incentives, and you've got a recipe for a startup boom.

From 2007 to 2012, about 44,000 college graduates moved to the city, a 25 percent increase that was twice the national average, Forbes reported. The climate remains right for innovation. Local business leaders banded together in 2009 to launch the nonprofit New Orleans Startup Fund to provide seed money and mentorship for local businesses. The nonprofit Idea Village, which was established prior to Katrina, has found new momentum in its efforts to encourage innovation. The group holds an annual New Orleans Entrepreneur Week that attracts more than 10,000 company founders, investors and others seeking new ventures.

In true New Orleans fashion, the startup scene marches to its own beat. In 2013, some 30 civically minded founders from both new and established local businesses launched a group meant to increase New Orleans' economic competitiveness. They call themselves Krewe de Nieux. -M.H.

the big event no matter what time of year they are in town.

The Southern Food & Beverage Museum in Central City hosts exhibits that celebrate Southern food and offers regular tasting events. At the Backstreet Cultural Museum, a block and a half northeast of the New Orleans Jazz National Historical Park, visitors will find collections of costumes, artifacts, memorabilia, photographs, films and other materials important to New Orleans' African American history and culture.

#### **Great Gumbo**

Whether you opt for andouille sausage and chicken gumbo or for a seafood variety, there are many great places to enjoy

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**NEAR&FAR** >> NEW ORLEANS



#### WHERE TO STAY

The Troubadour is a modern hotel, shown above, in the Central Business District, featuring rooms with wood accents and local artwork, and New Orleans chef Phillip Lopez brings his acclaimed creativity to the hotel's menu.

In the heart of the French Quarter, Hotel Maison de Ville is a charming space in a three-story building constructed in 1783 that once served as the home of playwright Tennessee Williams.

The chic Hotel Le Marais in the French Quarter is an upscale boutique property offering amenities such as its bar, Vive!, which opens into a brick courtyard and mixes signature cocktails.

the quintessential New Orleans dish. Have your gumbo in the French Quarter paired with other Creole favorites at Gumbo Shop and the century-old Galatoire's Restaurant. In Uptown, Brigtsen's Restaurant specializes in modern takes on the classic. Gumbo is accompanied by live music at Mr. B's Bistro's Sunday Jazz Brunch and crafted by nonagenarian legend Leah Chase at Treme's Dooky Chase's Restaurant, which has served many famous patrons, including presidents George W. Bush and Barack Obama. 🛪

Megan Hill, a New Orleans native, now divides her time between Seattle and the Big Easy.

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## FINANCIAL UPDATE

DERRYL WILLIS, Senior Vice President, Retail Banking Regional Manager derryl.willis@homestreet.com 206-515-4030

# **Analyzed Checking**



oes your business have a high volume of checks written or deposited each month? Do you carry at least a modest deposit balance in your business account? If so, you may be paying unnecessary fees to your bank that could be avoided by switching to an analyzed checking account. Many owners of small to medium-sized businesses lean toward the less-complicated feebased accounts, but an analyzed account could save your company money on banking fees every month, based on the average collected deposit balances. A strong relationship with your banker should make choosing the right account easy, but here are some basic facts about the differences between the two types of accounts.

Non analyzed fee-based accounts are typically well-suited for small businesses. With this type of account, your bank will usually require a minimum balance to waive a monthly service charge. In addition, they may limit the number

of checks written and deposited each month and charge a percheck or per-deposited item fee if you exceed the established limits. Additional fees may be charged for currency or coin ordering, stop payments, or incoming wires. Specialty services, sometimes referred to as Cash Management or Treasury Management services, may not be available without an analyzed checking account at some banks. These services could include services such as Remote Deposit Capture, Positive Pay, Lockbox, and/or Automated Clearing House, (ACH) origination.

An analyzed checking account may be the best solution for your business. Here's what you can count on from most analyzed checking accounts:

- No limit on the number of checks written or deposited.
- An earnings credit allowance is calculated, based on 90% of the average collected balance in the account and the bank's

current earnings credit rate. For example, if the average collected balance in the account is \$100,000, the earnings credit rate would be applied to \$90,000. With a 1% earnings credit rate and 30 days in the month, the resulting earnings credit allowance would be \$73.97. If the earnings credit is greater than or equal to the total amount of fees incurred on the account, the business does not pay any fees. In the example above, if the monthly fees totaled \$50, then the \$73.97 would offset the fees and the business would not pay a monthly fee.

If the earnings credit is less than the total amount of the fees, the difference between the two is deducted from the business's checking account. In the example above, if the monthly fees totaled \$100, then \$73.97 would be deducted from that amount and the business would only pay \$26.03 in monthly fees.

With an analyzed account, you can also access a full array of Cash Management products and services to assist you in managing and protecting your company finances. Plus, you could minimize the fees you pay every month. Talk to your banker about the differences between analyzed and fee-based business checking accounts to see which is best for you.



## SCOTTISH SOJOURN

Hill walking in the Highlands

Story and photos by Jo Piazza

>>> Don't call it hiking. That was the first thing I learned about the Scottish Highlands. It's hill walking.

"Hill walking! It makes more sense, Love. It's just walking in hills," a barista in Edinburgh corrected me when I told her I planned to begin hiking the next day.

My friend Glynnis had agreed to come along when I told her my plans to visit the Scottish Highlands.

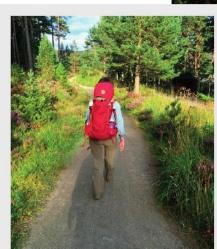
"It will be like Little House on the Prairie meets Brigadoon," I'd offered as a way of making it seem appealing to my friend.

"Both of those stories eventually had a happy ending!" Glynnis said. "Kind of."

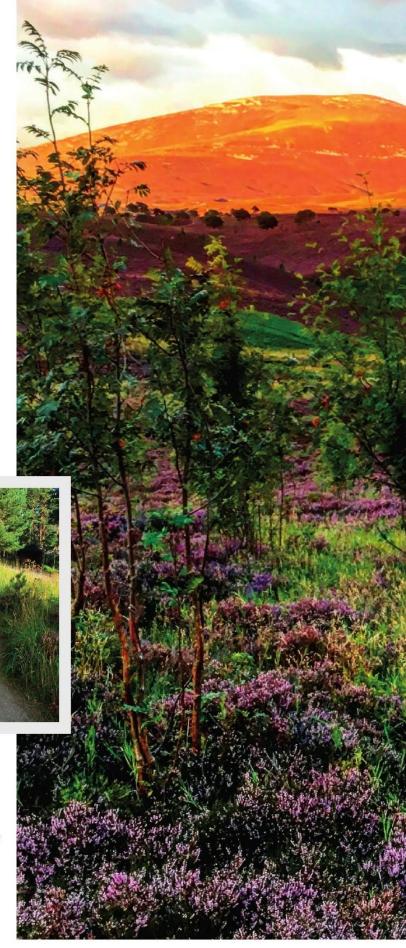
That's how we discovered bothy camping. Bothies are a distinctly Scottish creation. Privately owned shelters (often small cottages) in remote areas of the United Kingdom, bothies are open to all campers and free to use. While they have four walls and a roof, bothies contain no running water, no lights and no beds. There may be a sleeping platform, but often they contain only a stone floor for resting your weary hill-walking head.

"You can't book them either," Neil Stewart, a trustee of the Mountain Bothies Association, had told me. "They're available for everyone to use. You just need to simply turn up. You may have the place to yourself. ... Of course, there could also be quite a lot of people there, but don't mind that. It's expected they'll make room for you."

We headed to the Cairngorms National Park, Britain's largest national park,



>>> Visitors enjoy walking along the Cairngorms National Park's picturesque paths, above, including a path over rolling hills with purple heather, right.









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#### **NEAR & FAR** >> SCOTLAND



named for one of the most extensive ranges of high mountains in the United Kingdom. From the edge of the park we could glimpse the Cairngorms' tundralike wilderness plateaus and groves of ancient Caledonian pines reminiscent of J.R.R. Tolkien's magical forests.

Stewart had informed us by email that a bothy by the name of Ryvoan would be relatively easy to reach on a 3- or 4-mile walk from a car park just outside the town of Aviemore. With a backpack filled with pub cheese, Cadbury chocolate, haggis and Scotch eggs, we felt ready to tackle the Cairngorms.

We walked up and over rolling hills blanketed with royal purple heather. We leapt over gurgling mountain brooks and skirted a loch so green, it had to be a home for fairies. The still, damp air smelled vaguely of peat and something smoky, like the aftertaste of Scotch whisky. The later it got, the mistier the alpine forest became.

"It is just like Brigadoon," Glynnis said in half wonder. The classic 1954 movie tells the tale of two hunters, played by Gene Kelly and Van Johnson, who get lost in the scenic Scottish Highlands, which look much like what we are seeing. Sud>>> Scenic lochs, left, can be found in the Scottish Highlands, as well as stone cottages called bothies, above, that are available to use as camping shelters.

#### **COOL KILTS**

Howie Nicholsby, owner of 21st Century Kilts, shown at right, comes from four generations of kilt makers and has crafted kilts for Prince Albert of Monaco, Lenny Kravitz and Alan Cumming.

Nicholsby returned to the family business during his 20s and started to experiment with modern kilt options-new fabrics (hemp, vinyl, denim, silk), new patterns and entirely new styles (pockets!)—before branching out to open his own shop in his 30s.

According to Nicholsby, a hand-sewn kilt should take several hours of fittings and 12 hours of labor, sometimes more. Nicholsby also says he hasn't worn proper trousers in more than a decade. "You should be able to wear a kilt every day," he says. "If you have good enough self-esteem, it's a garment that just makes sense." - J.P.







denly, a mysterious village appears out of the mist. The locals take in the wayward walkers, who soon learn the town and its people are enchanted. Every night after the townsfolk lay their heads on their pillows, the village disappears for the next hundred years. For the sleeping townspeople, only a single day will have passed.

The sun had nearly fallen behind the mountains when we ascended yet another hill and rounded a bend. Then, like part of a magical village emerging from the fog, we saw it—a quaint stone structure.

"That's it!" I exclaimed in delight.

Scrawled across a tiny green door was the name Ryvoan. True to the welcoming bothy ethos, the door was unlatched. The single room inside contained a wooden platform for sleeping, a table and a stone fireplace. Someone had hung pots and pans from the ceiling. Another kind traveler who came before us had left us three matches and six tea candles. A poem was framed on the bothy's door that read as though it'd been written just for us.

And again in the dusk of evening I shall find once more alone
The dark water of the Green Loch,
And the pass beyond Ryvoan.
For tonight I leave from Euston
And leave the world behind;
Who has the hills as a lover,
Will find them wondrous kind.



#### **HUNTER-GATHERER CHEF**

**Tom Lewis** isn't widely known outside of the United Kingdom, but he's something of a celebrity in Scotland. Locals call him one of the best restaurateurs in the country, and he's known as the hunter-gatherer chef, the guy who was doing field-to-plate and farm-to-table before it was trendy. "At the end of the day [using fresh, local ingredients] just makes more sense," Lewis says.

His Monachyle Mhor Hotel, nestled in a 2,000-acre glen in Perthshire, has become one of Britain's top food destinations. His Mhor Fish, a high-end fish-and-chips shop, and his Mhor Bread, an artisanal bakery, both in the village of Callander, are equally lauded

What gets the chef out of the bed in the morning is making sure that his guests are having as much fun as he is. "Food needs to be fun," he says. "I think we're making it more fun." -J.P.



#### Silicon Glen

Since, the 1980s, "Silicon Glen" has been a nickname for the Central Belt between Dundee, Inverclyde and Edinburgh, where many high-tech companies are located. Edinburgh, in particular, has been a focal point for tech startups, and was named Entrepreneurial City of the Year by the 2016 Great British Entrepreneur Awards. The city's numerous technology companies include tech true to Scotland's agrarian roots. Celtic Renewables, for example, is one of the first companies to produce biofuel from the byproducts of the Scotch whisky industry, while IceRobotics is a leading developer of data collection related to monitoring dairy cow behavior.





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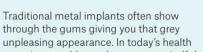


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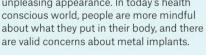


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2. Titanium implant with zirconia abutments.

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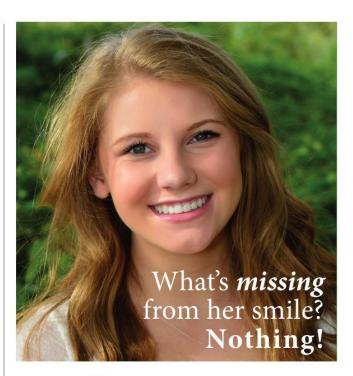












## Jordan's Story

Jordan had been self-conscious about her smile. She knew she wanted to replace her missing tooth and that dental implants were an option.

Then she learned about Dr. Shawn Keller, the first dentist in Washington to offer CeraRoot metal-free implants. These ceramic zirconia implants are 100% metal-free and are as strong as they are beautiful. She was hesitant, having seen traditional implants with dark lines at the gum that did not look natural. She



also heard implants could be painful, took many visits and over 6 months to heal, and were expensive. Then she met with Dr. Shawn Keller. With many options offered, treatment was made affordable with a payment plan. Jordan wanted to improve the look of the rest of her smile and with Dr. Shawn's advanced sedation, she had the implant placed and cosmetic rejuvenation done at one visit, all while she slept peacefully. Thanks to the stem cell therapy used during the procedure, she had no discomfort and her beautiful smile was completed in the same day. Now Jordan is proud to smile with the peace of mind that her healthy new teeth will last a lifetime.

#### "Dr. Keller changed my life!" - Jordan

. ......

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#### **NEAR & FAR** >> SCOTLAND

#### LOCH NESS WATCHER

Steve Feltham holds the Guinness World Record for the longest continuous vigil at Loch Ness seeking the Loch Ness monster. He arrived at the lake in 1991. In the quarter century he's been a full-time Nessie Hunter, Feltham has taken part in various scientific expeditions, trawled the loch in boats, walked



the shores and met thousands of people from everywhere in the world.

Feltham's best personal sighting of Nessie came more than 20 years ago. "It was like a torpedo," he explains. "That's the best way to describe it. It was like a white streak. Almost like a water skier."

At the end of the day, does it even matter if Nessie is real? Or do all of us, Feltham included, enjoy the indulgence of a real-life mystery more than any actual scientific explanation? He gazes out at the loch. "I'd like to know, but it's not the most important thing. It's more important to me that I am living proof that no matter how obscure your dream, you can have the greatest of lives following it." — J.P.

We made a fire with just one of the matches, saving the last two for those who would come after us.

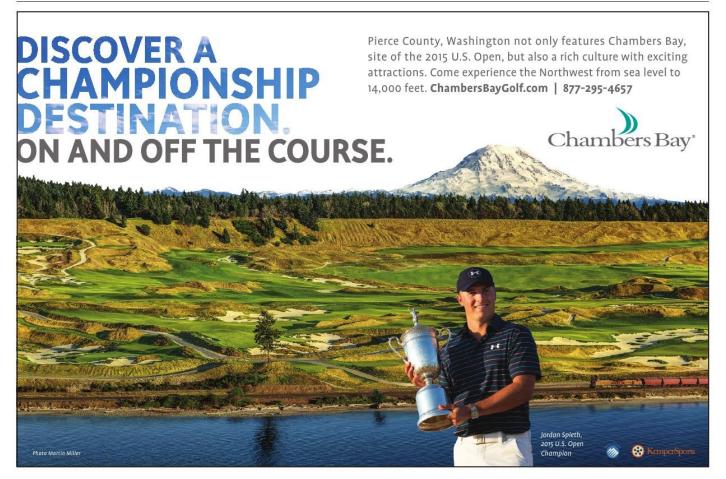
Exhausted from our hill walking, safe and warm in the old stone cottage, I allowed my eyes to droop.

"See you in the morning, Glyn," I said, as I turned off my headlamp.

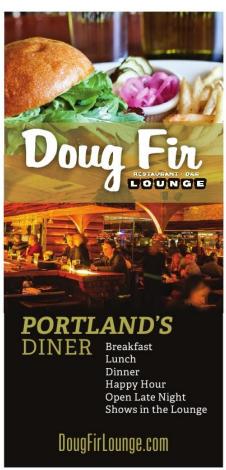
She turned off her own lamp. "Or maybe in 100 years." ₹

Jo Piazza is an award-winning travel reporter. Read more of her stories at blog.alaskaair.com. For more information on Scotland, see visitscotland.org.

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SEATTLE

# SOUTH LAKE UNION

Neighborhood is a nexus of tech and trending

By Leonard Garfield

Leonard Garfield is the Executive Director of the Museum of History & Industry With land the land of the land

The Whole Foods Market in South Lake Union is one of the busiest in the world at noontime. I purchase a lovely selection of seafood, including cedar-planked salmon, from the market and carry my meal to a nearby plaza to people-watch during Seattle sunbreaks. The lively lunchtime scene is just one telling sign that South Lake Union has become the city's front door to tech, innovation, and the kinds of food and drink that set the standard for Seattle cool.

As I eat my lunch, I think about how this neighborhood where I live and work hasn't always been this way. Not so long ago the district was home to warehouses, car-repair shops and laundries—the kind of gritty businesses every city has but largely forgets. Even the lakefront was hidden from view by congested roadways.

Then, in the 1990s, a few urban visionaries dreamed that South Lake Union could

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- Christine Serb, Miss Seattle USA



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be transformed into the Seattle Commons, a massive civic green space running through the heart of the city.

Although the Seattle Commons never got off the drawing boards, it laid the groundwork for today's thriving district. Microsoft co-founder Paul Allen's Vulcan real estate company acquired vast stretches of the neighborhood, creating the canvas for a district unlike any other in the city-a nexus for biotech, software and related ventures. When Amazon moved its rapidly expanding workforce into half-a-dozen buildings in 2010, SLU was suddenly home to thousands of young knowledge workers recruited from around the world, bringing a new vibrancy to this once sleepy neighborhood.

Now Amazon has been joined by Facebook and the bioscience-focused Allen Institute, with Google on the way. As I stroll the neighborhood, I can see co-working spaces housed in one of the large buildings on Yale Avenue, where young people are busy incubating the Next Big Thing.

Not everything is new. Remnants of old brick warehouses are artfully incorporated into the gleaming new towers. But these

days when I walk outside, I can also find a fine restaurant owned by a Seattle master chef, or I can choose from dozens of coffee shops. After work or on weekends, I like to watch kayakers and paddleboarders on the waterfront at 12-acre Lake Union Park, which opened in 2010. I bring my out-oftown guests to the many summertime events and outdoor movies at the park, which also includes cultural attractions such as The Center for Wooden Boats and an array of historic vessels, as well as the Museum of History & Industry.

As the director of the museum, with its long historical view of Seattle, I find the SLU neighborhood's growth astounding, and it tells us a lot about the Puget Sound community overall-a dynamic, growing place that values, supports and takes pride in innovation, recreation and quality of life. The SLU neighborhood is a living museum representing rapid growth, but also embracing the past of this vibrant region. ⊀

The Museum of History & Industry (mohai. org) has been showcasing Puget Sound-area history since the early 1900s, including exhibits spotlighting local startups, and permanent exhibits such as the Bezos Center for Innovation.



The number of South Lake Union-area housing units and restaurants has grown along with the number of tech workers since 2004, with investment of \$8.8 billion—both private and public money—for development projects and infrastructure. Statistics courtesy of Vulcan Inc., a Paul G. Allen Company, and the Downtown Seattle Association. \*Housing units include those under construction.

#### SOME OF MY **SLU FAVORITES**



Food: At Brave Horse Tavern (shown above), enjoy food from renowned local chef Tom Douglas, at communal tables. Also great: Kurt Beecher Dammeier's The Butcher's Table, and Josh Henderson's Poulet Galore.

Drink: One of the first pubs in the district is still one of its most popular-Re:Public, which opened in 2010.

Art: There is Another Sky, by Spencer Finch, is a glass canopy over a pedestrian walkway, and simulates the filtered light of a Northwest forest.

Activity: The summertime "MOHAI Movies in the Park" provides a waterfront setting for family-friendly films.

Surprise: Paul Allen's Pivot Art + Culture, located on the ground floor of the Allen Institute building, offers a look at famous pieces from Allen's private collection. -Leonard Garfield

#### SEATTLE-AREA **TECH ATTRACTIONS**

**Future of Flight Aviation** Center & Boeing Tour (boeing.com/ company/tours)

**Bill & Melinda Gates Foundation** Visitor Center (gatesvc.org)

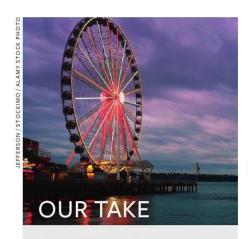
Living Computers: Museum + Labs (livingcomputers.org)

Microsoft Visitor Center (microsoft.com/en-us/visitorcenter)

The Museum of Flight (museumofflight.org)

Museum of Pop Culture—formerly EMP (mopop.org)

Pacific Science Center and its Laser Dome (pacificsciencecenter.org)



Alaska Airlines employees answer the question, "What's your favorite place in the Seattle area to say, 'I love you' to someone?"

On the Ferris wheel [Seattle Great Wheel] at nighttime. It's beautiful, memorable, quiet, and cheap enough to not go broke, but expensive enough to seem like you're not broke ... lol.

-Javier, Customer Service Agent, SEA

Kerry Park at sunset! Or late at night when the city is "sparkling"!

- Mellisa, Contract Service Lead, JFK

Gas Works Park on top of the hill overlooking the water and the breathtaking views of Seattle. —Jose, Horizon Air Flight Attendant, SEA

If you're willing to drive for a little bit, under the Peace Arch at the U.S./Canada border in Blaine is a nice spot—you're in two countries at the same time! I proposed there a few months ago ... and it worked! —Steven, Customer Care Specialist, SEA

Jack Block Park, hidden between Salty's on Alki [Beach] and the industrial buzz of Harbor Island. Best unobstructed view of the city! — David, Flight

Attendant. SEA

At the front of a ferry heading toward the city at sunset. Truly amazing!

—Nicholas, Horizon Air Ground Service Agent, SEA

Discovery Park ... midway through the 3-mile hiking trail [the Loop Trail], where the bluff opens up to a panoramic view of Puget Sound, and the Olympic Mountains in the distance. — Christopher, Flight Attendant, SEA

## **'SEEING**NATURE'

Exhibit showcases landscape masterpieces

#### By Michele Andrus Dill

Mustrian painter Gustav
Klimt's famous 1903 Birch Forest
is among the 39 works on display
in the exhibit "Seeing Nature:
Landscape Masterworks from
the Paul G. Allen Family Collection," at the Seattle Art Museum,
Feb. 16-May 23. The exhibit is
co-organized by the Portland Art
Museum, Seattle Art Museum
and Paul G. Allen Family Collection.

Birch Forest had been seized following the 1938 Nazi Anschluss of Austria and was restituted to heirs of Adele and Ferdinand Bloch-Bauer in March 2006. A major exhibit sponsor is Christie's, which handled the November 2006 auction of the painting. It sold for more than \$40 million. Christie's "Lot Essay" describes the oil-oncanvas work as being "filled with the stillness and mystery that make Klimt's landscape paintings so absorbing."

The exhibit also includes Jan Brueghel the Younger's allegorical series related to the five senses; gorgeous Venetian scenes by artists



>>> The 1903 oil-on-canvas Birch Forest demonstrates Gustav Klimt's rich and compelling technique.

such as Claude Monet, Édouard Manet, Canaletto and J.M.W. Turner; and the works of 20th century artists such as Georgia O'Keeffe, Edward Hopper, David Hockney, Gerhard Richter and Ed Ruscha.

This month Seattle Art Museum also is installing in its lobby the sculpture *Middle Fork*, which includes thousands of reclaimed cedar segments. It was created by Seattle artist John Grade. Contact: 206-654-3100; seattleartmuseum.org. **⊀** 



#### **GO TO:** Puzzle Break, Belltown

Late last year, Puzzle Break—which provides teamwork-based videogame experiences, with hidden clues and puzzles for unraveling mysteries in order to escape a given room before time runs out—opened its largest location, in Seattle's Belltown neighborhood. The 6,000-square-foot space, just north of the downtown core, can accommodate teams of two to 60. Puzzle Break was co-founded by former Microsoft executive Nate Martin. Contact: 716-795-2759; puzzlebreak.us. —M. Dill

## SEVEN REASONS TO LOVE SNOQUALMIE PASS

Often-overlooked option deserves more ski cred

#### By Ted Alvarez

Don't laugh: What other ski town can offer legitimate post-shred après of handcut Sichuanese noodles, a night at the opera or an oceanside fire at two city parks (Golden Gardens and Alki Beach)? The Emerald City owns this position because of the oft-overlooked Summit at Snoqualmie, just 55 miles away, with four ski areas that sport homespun charm without sacrificing on-piste diversity.

Beginners can get their ski legs at Summit West, scale up to the intermediate runs at Summit Central, and grow into the glades at Summit East before crossing Interstate 90 to tackle the imposing experts-only steeps of Alpental "when they're ready" (to paraphrase that resort's motto).

Attempting to compile all of Snoqualmie's virtues can quickly get out of hand, but here are a few reasons to persuade you to get out and make a list of your own.

1 Variety. Mike Yost, manager of the revered Pro Ski & Mountain Service gear shop in nearby North Bend, has skied all over the world in spots such as Switzerland's legendary Verbier—but the lifelong local keeps returning to Snoqualmie. "It started with challenging myself on Alpental, but now that I have a family growing up learning to ski, I appreciate the personalities of all the other areas," he says. "I spend a lot of time at Hyak (Summit East), where the crowds are lower, there's a mellow vibe, but there's still great variety, and all kinds of fun on the frontside and backside. Summit Central is



classic ski terrain, or it can be a steppingstone to bigger, better terrain. Then there's Alpental, and the gloves come off."

and East more or less flow into each other across a broad, modest ridge fringing Snoqualmie Pass south of Interstate 90, Alpental hides behind the impressive spires and black cliff faces to the north. It's a tumble of ice-cream cornices and boggling steeps that remains a brumal prize for expert skiers and a crucible for emerging pros drawn to its reliable pow stashes.

"It's full-consequence terrain top to bottom," Yost says. "It's been 40 years, and I'm still skiing it every chance I get."

International. Despite Alpental's modest vertical (2,280 feet) and limited acreage (300 inbounds, 500 backcountry), it skis huge, thanks to immaculate runs such as the 1.17-mile-long, double-black International (nicknamed 'Nash by regulars). "You go right down the fall line, and it is a lot of steep and

consistent ski terrain for a long time," Yost says. "When you ski a lot of other places, that's hard to find. It's right under people's noses [in Seattle], and they miss it."

Shier. Though the area is sometimes denigrated for the Cascade Range's infamously wet and heavy snow, Yost has an optimistic take. "If you grow up skiing Northwest snow, you're going to ski strong. Kids who develop here are diverse skiers who

#### **GOOD TO KNOW**

- The Aardvark Express food truck, usually found in the Chevron parking lot, is a top skiers' choice.
- Especially in shoulder seasons, bring your best raingear; seal it with duct tape; and consider it a true Northwest skiing rite of passage.
- The tubing hill has 20-plus lanes and nearly 60 feet of vertical.



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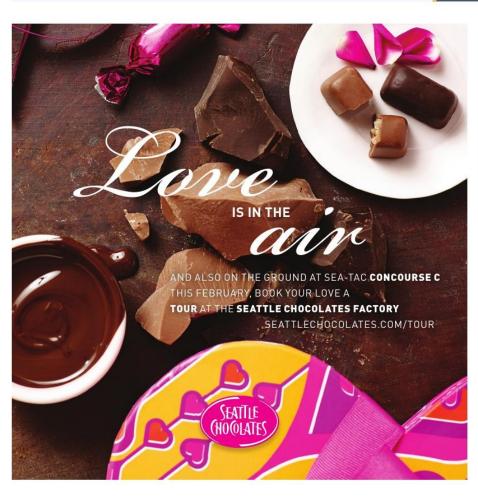
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## HERE&NOW >>> SEATTLE

can handle it all," he says. "Plus, at some ski areas, on a 4-inch, 2 percent-humidity powder day, you'll cut right through to the hardpack. In 4 inches of wet, heavy snow, you're skiing all 4 inches." Pro tip: Pacific Northwest powder is best skied while it's falling.

#### 5 It's Also a Nordic Wonderland.

Summit East has 30-plus miles of groomed trails for free-heeled friends and snowshoers. XC instructor Greg Hanscom recommends the 10.5-mile Mount Catherine loop for longer tours or a blood-pumping skate ski.

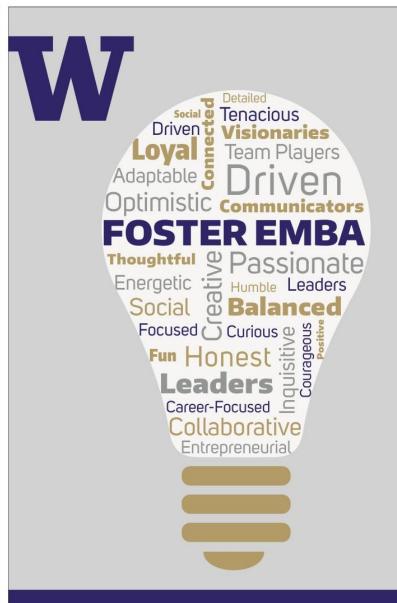
Hanscom says don't forget to drop into the warming hut at Grand Junction with the kids: "It's a good scene, and there's often a bunch of wild ski monkeys building jumps and ripping proto-telemark turns thereabouts."

6 Night Skiing. It's hard to overstate the pleasure of cutting out early from work amid a Seattle downpour for nighttime turns in a Snoqualmie powder dump. For \$45, skiers can session Summit Central, Summit West or Alpental from 4 P.M. to 10 P.M., and be back in bed before midnight.



7 **Dru Bru.** This two-year-old brewery and taproom in the Summit West area brings a touch of classic ski-town après class and craft, including the 2016 Best of Craft Beer Gold Medal-winning Kölsch. **⊀** 

Expert skier Ted Alvarez lives in the Seattle area.



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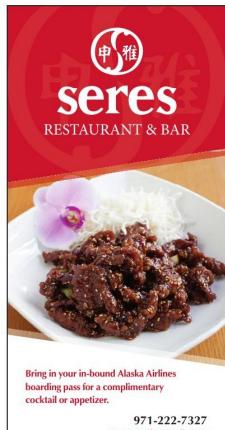


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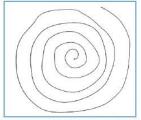
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## HERE&NOW >>> SEATTLE

#### **CALENDAR**



**Teatro ZinZanni** presents the energetic "Welcome to Wonderland" (above), featuring aerial and acrobatic performers, through Feb. 26 (zinzanni.com/seattle).

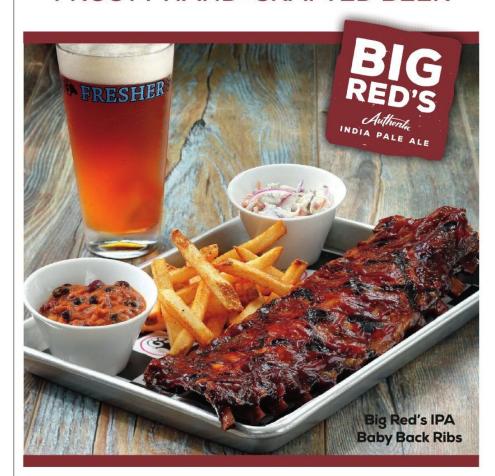
Seattle Shakespeare Company is performing a world-premiere, all-female-cast adaptation of Shakespeare's Henry VI trilogy. Bring Down the House is being presented in two parts on varying days, through March 12. Via matinee and evening performances, both parts can sometimes be seen the same day (seattleshakespeare.org).

"Dance Theatre of Harlem: 40 Years of Firsts," through March 19 at the Northwest African American Museum, highlights the dance accomplishments of African Americans and other minorities (naamnw.org). February is African American History Month.

The exhibit "A Revolution You Can Dance To!" through April 23 at the Washington State History Museum in Tacoma, celebrates the Northwest indie music scene, including Nirvana, Pearl Jam and lesser-known Seattle-area bands (www.washingtonhistory.org).

The 2017 Pac-12 Women's Basketball Tournament will be March 2–5 at KeyArena, whose sponsors include Alaska Airlines (keyarena.com).

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# FOOD TOWN, USA

Portland has become one of the nation's top culinary cities, thanks to neighborhoods such as Cully.

**By Drew Tyson** 

>>> To get a sense of Portland's love affair with food, look no farther than The Side Yard Farm & Kitchen—one of Portland's most unique eating experiences.

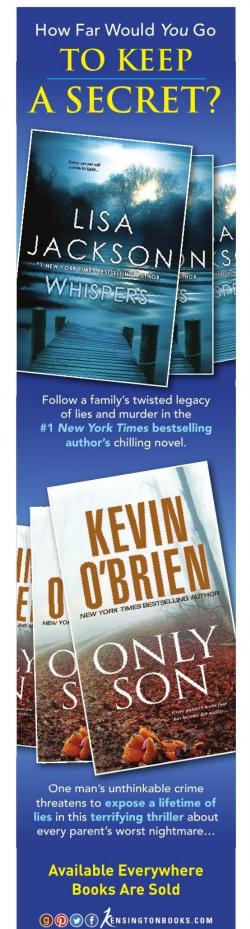
This secluded, yet inviting, establishment can be found in Cully, the city's northeasternmost neighborhood, which was named after an early settler, British stonemason Thomas Cully.

I arrived for a dinner party last summer to find myself facing a barn in the midst of a rural residential neighborhood not far from the Portland International Airport. Rows of vegetables stretched away to a distant fence, a few goats ate weeds growing near the gravel driveway, and I could hear chickens clucking. Was this the supper club or an urban farm?

It turned out to be both. Before I had a

chance to explore, Stacey Givens, the chef and owner of The Side Yard Farm & Kitchen, and Chris Starkus, the chef at Portland's Urban Farmer steakhouse, stepped out of the barn to welcome me. The two had competed in a 2015 episode of Food Network's reality cooking show *Chopped*, which Givens won, and this night they were collaborating on the dinner.

As we walked to a row of picnic tables behind the barn, they explained that the produce and herbs at the farm, which has been in operation since 2009, were sold to many local restaurants, and everything for the evening's meal was sourced from its fields, from local artisans or from Starkus' rooftop garden. The lamb came from a neighborhood farm and the flavorful focaccia bread had been baked





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#### **HERE & NOW** >> PORTLAND

in a nearby clay oven. Even the gin in my cocktail was distilled in the area.

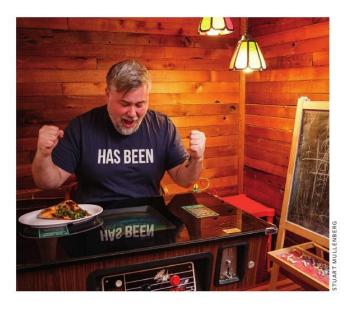
The Side Yard Farm & Kitchen's meticulous adherence to the farm-to-table ethos is an example of why Portland has become a major player on the national food stage.

In 2015, Washington Post food critic Tom Sietsema surprised many by naming Portland America's Best

Food City, outscoring such titans as New York City and Los Angeles. Sietsema wrote that he loved the city's abundance of local and regional ingredients, from 300 types of truffles to special berries and wonderful Oregon wines. He also commented on Portland's casual style, quoting local restaurant critic Michael Russell as saying that Portlanders feel most comfortable eating in their "hiking boots and fleece."

And that strikes me as about right. Following our wonderful multicourse dinner in this picturesque farm setting, we sipped locally made absinthe and talked about Portland's newfound food fame. While some guests wondered how such a small city could be in the same conversation with the country's biggest metropolitan areas, others pointed to a sense of community here, which has helped neighborhoods develop an eclectic food excellence, which, in turn, has translated into Portland becoming a culinary center.

The Cully food scene is a prime example. One of a new group of restaurateurs in the area is Tommy Habetz. The Mario Batali-trained chef who is best known as the co-founder of the award-winning Bunk Sandwiches shops, originally moved to the Cully neighborhood for the affordable lifestyle and because it was a good place to raise kids. It just so happened that



>>> Tommy Habetz celebrates success at a tabletop Ms. Pac-Man videogame while enjoying a slice of pizza at his award-winning restaurant, Pizza Jerk.

those factors also were perfect for launching a new restaurant he called Pizza Jerk, which opened at the end of 2015.

The restaurant overcame a fire in June of last year to be recognized by Bon Appétit magazine as the Pizzeria of the Year in 2016 for its blistered crust and experimental toppings, such as clams and smoky bacon. Habetz credits his restaurant neighbors for helping to keep Pizza Jerk afloat, by offering spaces for him to cook and sell pies while the restaurant was refurbished.

Chef Givens also says the Cully neighborhood helped her create the farm, supper club and catering company. Most of her workers are volunteers, eager to learn about cooking and sustainable gardening. Many of her guests are her neighbors. However, that's par for the course in Portland, where a sense of community reverberates throughout The Rose City and has helped it become such a charming artisanal food hot spot. To learn about The Side Yard Farm & Kitchen, go to thesidevardpdx.com. For information on Pizza Jerk, visit pizzajerkpdx.com. ズ

#### **CALENDAR**

ValenTango, Feb. 8-13, is a festival featuring dance lessons and showcasing tango experts. The festival will be at the DoubleTree by Hilton (valentango.us).

The PDX Jazz Festival 2017, Feb. 16-26, will feature performances around the city, jazz classes and outreach programs (pdxjazz.com).

The 40th-annual Portland International Film Festival (PIFF) will be held at various venues, Feb. 9-25, and will include nearly 100 feature films and 60 short films from across the globe (nwfilm.org).

The Cascade Festival of African Films (CFAF) will be held Feb. 3-March 4 on Thursdays, Fridays and Saturdays at the Portland Community College Cascade Campus (africanfilmfestival.org).



The seventh-annual Portland Mardi Gras Ball will be held Feb. 18, at the Tiffany Center Emerald Ballroom. The Portland Mardi Gras Parade in downtown Portland will be held Feb. 28 (portlandmardigras.com).

The Oregon Ballet Theatre presents a new version of Swan Lake, Feb. 18-25, at Keller Auditorium (obt.org).

Wurstfest, a festival celebrating sausage, beer and German music, will be held Feb. 24-25 at the Mt. Angel Community Festhalle. The event includes an artisan market and a 5K and 10K Wurst Run (mtangelwurstfest.org)

#### **HERE & NOW**

>> PORTLAND

### POWER DRIVE

#### By Ellee Thalheimer

**If you visit Portland,** don't be surprised to see a rather odd mini-UPS vehicle on the roads. It looks like a hybrid between a tricycle and a delivery van.

The eBike Cargo Cruiser uses human pedaling and battery power to climb Portland's legendary hills. It can carry about 600 pounds of parcels and is described as the first of its kind in the United States. UPS says the cruiser is a way for them to reduce carbon emissions and traffic congestion as the delivery industry continues to expand.

It's no surprise that Portland is the launch site for such a quirky electric solution to the traffic and pollution issues facing U.S. cities. Portland residents are known for their envi-



ronmental ethos, their love of bicycles and their embrace of electricity to help power transportation options.

TriMet, the city's transit authority, recently received a \$3.4 million grant from the Federal Transit Administration to add four electric buses in 2018. The grant pays for the cost of the buses, as well as for all the infrastructure and installation required.

TriMet's buses will join a variety of other electric vehicles on local roadways. Portland is home to more than 3,000 electric cars, thousands of electric hybrids and a large number of recharging stations. Portland also has EcoCab, America's first electric taxi company, which uses an all-electric car fleet, except for its ADA-compliant vans.

Using electricity helps keep Portland's air clean and it also makes good economic sense.

"Electricity in the Northwest is really cheap and really green," says Jeff Allen, executive director of Drive Oregon, a nonprofit that promotes the electric-mobility movement in Oregon. "In these parts, paying for electric power is the equivalent of paying \$1 per gallon for gasoline." 

★

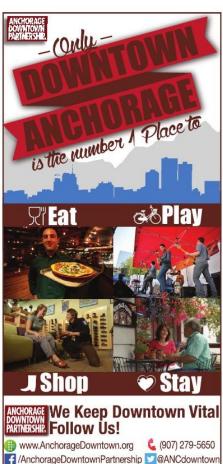


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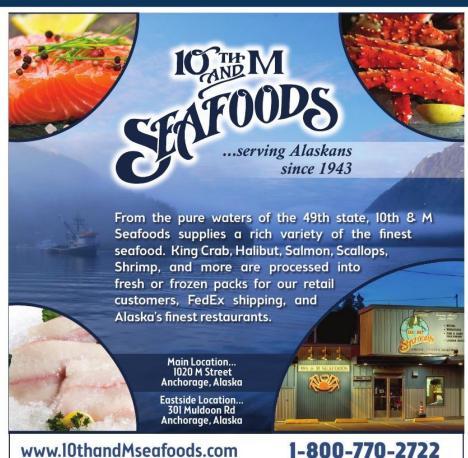
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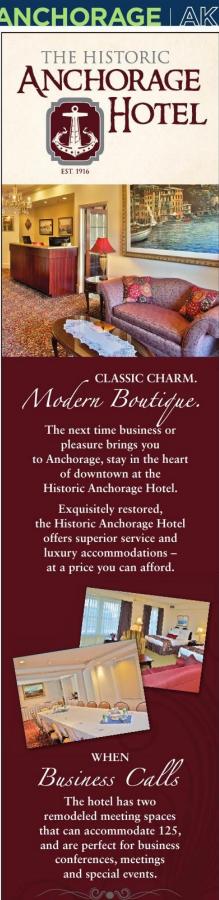
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## LIGHT SHOW

Even for longtime Alaskans, aurora's wonder still glows

By Ken Marsh

)) I don't recall my first aurora. When you're raised in Alaska, some icons—moose, midnight sun and aurora borealis among them—simply *are*. This season's first appearance came early, though, and remains fresh.

It caught me off guard, a welcome revelation, singling me out for a performance I'd gone long enough without. It was a late-September night on Cook Inlet's remote far side some 20 miles west of Anchorage, and I'd stepped outside my temporary home in a plywood cabin to check the weather. Beyond the yellow pale of the shack's propane lantern, I found complete darkness, which had been slowly setting in since Southcentral Alaska's near-constant summer sunlight.

I tried to make out the silhouettes of Denali to the north and Mount Susitna to the west, prominent daytime landmarks, but the country was inked in impenetrable blackness. Only the sky, glittering with planets, faraway suns and galaxies, offered any contrast.

On the horizon due north, a bank of starlit clouds glowed faintly in a narrow band. I started to turn and re-enter the cabin—I was cold; temperatures were dropping and frost was beginning to form—but something about that cloud bank made me stop. Glancing over my shoulder, I realized the clouds had brightened. And that wasn't all. The entire mass had gathered and changed shape and, even as I watched, was clearly evolving.

The spectacle soon morphed into a full-blown cosmic show, with lights climbing and rippling overhead like luminous green and purple drapes in a brisk celestial breeze. Then, abruptly, it all collapsed

and gathered into a tight, glowing blob. For a moment the lights smoldered, as if they might fade and vanish as they sometimes do. But in a flash they flared and spread brilliantly across the sky.

It was quite the sight, yet nothing new; the aurora has found me many scores of times. I've seen it silhouette Denali in December, and have spent March nights on the Bering Sea coast watching it shimmer red, purple and green over the Iditarod Trail. Still, each show comes as a happy surprise, Alaska's spirit embodied in lights—timeless, colorful and bright. 

✓

#### **SPOTTING THE LIGHTS**

- Aurora borealis occurs year-round, but is most visible on dark, clear nights. Moonless nights are best, far from city lights.
- December through February are prime viewing months. Displays may be seen south of Juneau, but the best and most consistent occur farther north. Fairbanks offers some of the finest viewing.
- For more information, visit the University of Alaska Fairbanks' Geophysical Institute at gi.alaska.edu. *K.M.*



# WHAT CAUSES THE NORTHERN LIGHTS?

The northern lights are the result of solar particles smashing into the atoms and molecules in the Earth's atmosphere, according to Donald Hampton, a research assistant professor at the University of Alaska Fairbanks' Geophysical Institute, which has been pioneering auroral studies for more than 50 years using advanced camera systems, radar and sounding rockets.

The aurora starts with nuclear fusion reactions in the sun's interior. These reactions heat the sun's surface to a scorching 10,000 degrees Fahrenheit. At that temperature, some of the sun's particles—primarily hydrogen atoms—escape, like steam off boiling water. This release sends particles toward Earth.

The particles traveling toward Earth are electrically charged and carry their own currents and magnetic fields. As the particles bump into the Earth's magnetic field, some transfer into the Earth's magnetosphere, which, due to the shape of the magnetic field lines, funnels the particles to the poles. When the sun's particles collide with the Earth's atmospheric particles, the results are the aurora lights. At the South Pole, the lights are called "aurora australis."

Different gases in the Earth's atmosphere lead to different color displays. The most common aurora color is a yellowish-green produced from the sun's particles meeting oxygen atoms located about 60 to 80 miles above the Earth's surface. —Andrew Waite

# A CENTURY OF DENALI

#### By Amy S. Eckert

It's long been my hope to see Denali, even just a glimpse. But cloud cover surrounding "The Great One," as the Athabaskans call the 20,310-foot mountain, often keeps it hidden. So as I set out one autumn morning on the Savage Alpine Trail, I tell myself I'll be content with a taste of Denali National Park & Preserve's wilderness—mountain vistas or not.

The hard-packed trail winds up the



Winterfest, February 18–26, will commemorate the park's centennial and feature activities such as guided snowshoe hikes, stargazing and aurora viewing. For more information: nps.gov/dena/planyourvisit/winterfest.htm.

Healy Ridge through dense tundra grasses and skirts the edge of a gurgling mountain stream. As I rise, the landscape grows more barren, eventually becoming scattered with automobile-size boulders. A family of white Dall sheep looks on, unbothered by the winds that blow low-hanging clouds resembling tendrils of smoke.

Finally, at the top of the ridge, amid a maze of rocks, I catch sight of Denali's brilliant snowy peak. There's no mistaking it. The mountain towers above the rest of the Alaska Range, making mere foothills of its 12,000- and 13,000-foot neighbors. The slanting rays of an afternoon sun cast a pink-orange glow over Denali's icy slopes. I can't look away.

Over the next three days in the park, I absorb the diversity of Denali's trails. My boots take me past glassy beaver ponds, beneath tunnels of fir trees, alongside creek beds, and through blinding sunlight and rain. I don't see Denali again, but it doesn't matter. Denali's essence lies in all its wild places, not merely its famous mountain.

The park commands special attention in 2017, as it celebrates its 100th birthday on February 26. The land surrounding North America's tallest mountain became a national park more than 40 years before Alaska became a state.

The National Park Service is celebrating the centennial with the Human Hundred. The challenge encourages Denali park visitors to log 100 miles via bicycle, skis or in hiking boots since February 2016 until the end of 2017.



Harry Karstens, right.

#### **DENALI DATES**

1913 Harry Karstens and three others complete the first summit of Denali. Karstens would later become the park's first superintendent. **1917** Congress establishes Mount McKinley National Park.

**1939** The park's sole road is completed.



**1959** Alaska becomes the 49th U.S. state.

1980 Mount McKinley National Park is expanded from 2 million to 6 million acres and renamed Denali National Park & Preserve.



**2015** Mount McKinley is officially renamed Denali.

# DARYL RETURNED TO VANCOUVER WITH A SPECIAL SOUVENIR OF PALM SPRINGS.





Daryl C. of Vancouver, Canada, badly needed a hip replacement. The pain and reduced mobility were making it hard to keep working but scheduling surgery in Vancouver could take months. So when Daryl took a trip to Palm Springs, he decided to book a consultation at Eisenhower Desert Orthopedic Center. A week later, Daryl had a brand new hip. He was back at the gym in three weeks and he flew home two weeks later. By the time Daryl's Vancouver surgeon finally called to schedule a hip replacement, he was one year too late! Now, Daryl is spreading the word about Eisenhower Desert Orthopedic Center. "I've told a lot of people about the program at Eisenhower," says Daryl. "I can pretty much do anything I want now."

To learn more, visit emc.org/canada or call 855-EMC-Canada (855-362-2262).







# "THE DISH" **ON SILICON** VALLEY

#### By Bill Fink

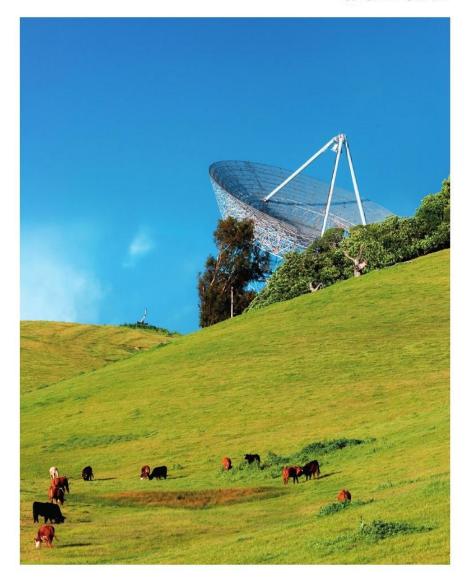
) In bright California sunshine, I walk uphill on a path through grassy fields, past split-rail fences and then under a canopy of oaks. Cows stare at me as they chew their cud. My view could be from a painting of 19th century California ranchland, except for one key detail: the 50-ton radio telescope towering above me.

I'm on the Stanford Dish trail above Palo Alto, named for the high-tech tool built in 1961 by the Stanford Research Institute that is still in use today. The research area is fenced off, but you can still get a good look at the impressive lattice-metal structure. And the trail that passes it provides a great overview of Silicon Valley, both literally and figuratively.

The hundreds of acres of open space surrounding The Dish offer a peek at the valley before the word silicon was added, when there were endless ranches and fruit orchards. Livestock still graze here periodically. To the west, forested hills point the way to the Pacific.

Looking east from The Dish area offers a different vista: an expansive view of modern Silicon Valley, anchored by Stanford University with its iconic structure, Hoover Tower. Traditionally known as The Farm, Stanford's campus still boasts open spaces, but it is also packed with a maze of buildings named for (and funded by) icons of technology in Silicon Valley and beyond.

Farther east, on the shores of San Francisco Bay, another campus is visible—once my old workplace of Sun Microsystems, it's now the headquarters of Facebook, a modern internet star that continues to help reshape its corner of the economy. While remaining Bay Area pastures stay largely the same, the corporate environment changes often.

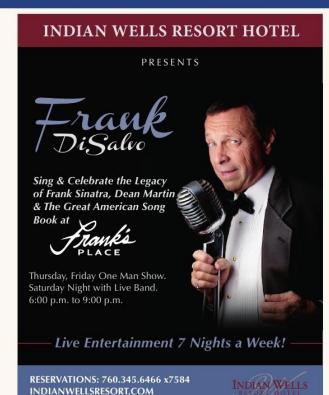


As the paths looping around The Dish reveal vantages on the area's geographical landscape, they also offer perspectives on the distinctive human ecosystem that powers Silicon Valley. The well-trafficked trails can reveal snippets of conversations between anyone from venture capitalists out for a stroll to tech workers on break to Stanford students, any of whom could be chatting as I imagine Larry Page and Sergey Brin once might have done about plans for what would become Google.

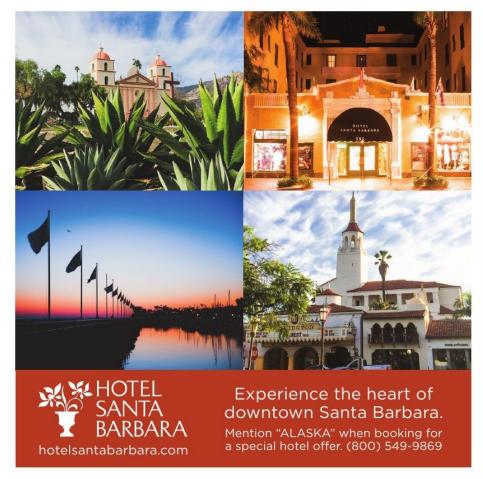
It is appropriate that a hike in one of the world's most famous tech centers culminates at a tangible piece of technology. But amid all the high-tech energy, and surrounded by the shiny corporate headquarters, the cows keep chewing their cud, as they have historically—a reminder to visitors that even here you can take time, slow down and enjoy some sunshine. ズ

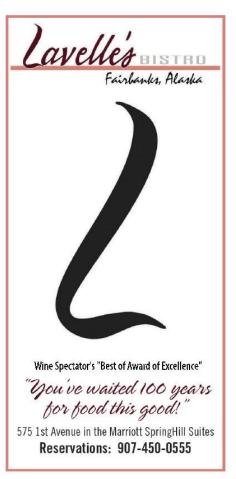
#### "THE DISH" DETAILS

- Main Loop Trail: 3.6 miles, paved, about 1.5 hours brisk walking time.
- Entrances: Alpine Gate (add 1.1 miles to the main loop), Stanford Avenue Gate, Gerona Gate. The area is open to recreational visitors from about sunrise to sunset. Hours vary monthly.
- Learn more at dish.stanford.edu.









#### **HERE & NOW** CALIFORNIA



#### **CALENDAR**

The Crocker Art Museum, in Sacramento (crockerart. org), is showcasing Japanese and Japanese-

Kato Tomotaro, Vase with Dragon (1915), porcelain with underglaze blue and overglaze enamels.

American art, culture and history in three exhibits: "Into the Fold: Contemporary Japanese Ceramics from the Horvitz Collection," through May 7; "JapanAmerica: Points of Contact, 1876-1970," Feb. 12-May 21; and "Two Views: Photographs by Ansel Adams and Leonard Frank," Feb. 19-May 14.

SF IndieFest, Feb. 2-16, is highlighting independent and alternative films from around the world (sfindie.com).

Kaiser Permanente San Jose Jazz Winter Fest 2017 features various genres of jazz, Feb. 14-March 3, in downtown San Jose, Palo Alto and Saratoga (sanjosejazz.org).

"Moholy-Nagy: Future Present," at the Los Angeles County Museum of Art, Feb. 12-June 18, includes 250-plus works by multitalented Bauhaus icon László Moholy-Nagy (lacma.org).

More than 40 San Diego institutions will offer half-off admission Feb. 1-28 for Museum Month. Pick up a pass at local Macy's stores (sandiegomuseumcouncil.org/museum-month).

# PACIFIC **ENCOUNTERS**

#### By Matt Villano

I traveled to the coastal bluffs of Mendocino last winter to enjoy sweeping views of the Pacific Ocean. But I and about a dozen other onlookers got a front-row seat to an even more dramatic spectacle—one that featured splashing, breaching, fins slapping on water and dozens upon dozens of spouts.

The stars of the show were a duo of gray whales, a mother and calf cavorting less than 200 yards from the shore of Mendocino Headlands State Park. I know whales well and identified the species immediately. My tattered copy of Field Guide to Marine Mammals of the Pacific Coast confirmed this hypothesis.

Not only was my day with the grays an experience I'll remember forever, but it is something one has a good chance of replicating at any point in late winter along the coast near my Northern California home.

Each winter, female grays birth and rear babies in the warm waters of Mexico, then embark on a journey of thousands of miles to the food-rich waters of Alaska, where the whales spend the summer. Because mothercalf tandems are vulnerable to predators en route, they hug the coast. This makes whalewatching possible without boarding a boat.

Mendocino County is one of the best spots to witness whales from shore. The coast juts out, and the coves are protected. Other good



>>> Late winter and spring are ideal times to watch for gray whales from California's coast.

Northern California sites include Pillar Point Bluff near Half Moon Bay, Point Reyes National Seashore in Marin County and Samoa Dunes State Recreation Area near Eureka. In Southern California, try Dana Point in Orange County, or Point Loma in San Diego.

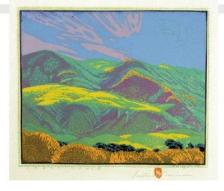
To better enjoy whale-watching, wear appropriately warm, wind-resistant clothes, sunglasses and sunscreen. Binoculars aren't necessary, but they provide closer looks.

Perhaps the only other prerequisite is patience. Gray whales can be seen off Northern California heading south from December into February, and north February through May. Though the migration happens like clockwork, the animals don't time appearances for when humans are watching. Your best-case scenario is an encounter like mine. The worst-case? A day gazing at the sea, which isn't bad, either. ⊀

#### Lasting Impressions

Never underestimate the impact of exploring. Gustave Baumann, a German immigrant and a leading figure in the American color-woodcut revival of the 1900s, took numerous car trips along the California coast between 1927 and 1940, and his encounters with the area's beauty inspired him immensely.

Many of his depictions of classic Golden State scenes—giant sequoias, San Francisco hills, Spanish-inspired architecture—will be



Gustave Baumann, Coast Range (1928), color woodcut, no. 11 of 120.

shown in the exhibition "Gustave Baumann in California," March 5-August 6, at the Pasadena Museum of California Art. The show will include woodcuts, tempera studies and gouache studies. Also on view will be works by California printmakers who were inspired by the German artist, evincing how California and Baumann left a lasting impression on one another. For more information, call 626-568-3665 or visit pmcaonline.org.

-Margo Vansynghel







# MAUI:

#### WAILEA WEDDING

It's said that lovers have a language all their own. For Brenda and David Clarida, that often means texting one another in secret code. "During the months leading up to our Maui wedding, we would send each other texts that simply said, 'MM+HH=DCT,' " explains Brenda. "That translated to: Married in Maui + Hāna Highway = Dreams Come True."

The Claridas' dreams came true on December 1, 2016, at the Grand Wailea, a Waldorf Astoria Resort, on Maui's southwest shore. The Edmond, Oklahoma, couple chose the 40-acre resort's iconic, clock-topped chapel as the location for their nuptials. "The chapel is the reason we chose the resort, because of how unique it is and how it's so close to the water," says Brenda. "It's conducive to the small wedding we wanted. It didn't feel like a great big cathedral. The grounds surrounding it are gorgeous and the stained glass was incredible."

With only six guests surrounding them—including the bride's and groom's parents—and with a harpist playing Bach's *Jesu, Joy of Man's Desiring*, the couple exchanged vows at 4 P.M., followed by a small Champagne reception in a nearby gazebo and a sunset photo session.

The bride says that Grand Wailea Senior Social Catering Manager MaryAnn Bowman Blanchard was crucial to the wedding's success. "She basically took care of everything," Brenda says. "I had no stress at all."

While staying at the resort for the six days after their wedding, the couple spent time exploring the famous Hāna Highway to complete their Hawai'i dream wedding.

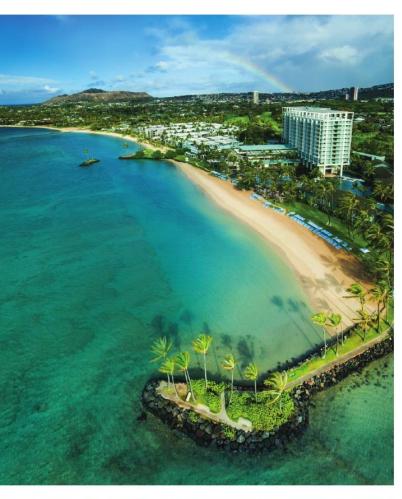
#### HĀNA HONEYMOON

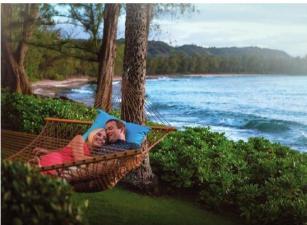
On Maui's eastern coastline, near the conclusion of the famous Hāna Highway, with its more than 600 turns and 50 narrow bridges, lies Travaasa Hana, Maui. Formerly known as the Hotel Hana-Maui, this "experiential resort," which just completed a five-year, \$12 million restoration project, encourages guests to engage with their natural surroundings through daily activity options such as coastal horseback riding, bicycle touring, outrigger canoeing and even cocktail-making classes.

The resort's oceanfront bungalows are perfect for honeymooners, with unobstructed ocean views, private lānai, and—underscoring the resort's motto of "connect by disconnecting"—are mostly free from the internet, televisions, radios and alarm clocks. For those who









Clockwise from top left: Maui's Grand Wailea features a beautiful wedding chapel and outdoor gazebos. O'ahu's Kahala Hotel & Resort is located in a spectacular secluded setting that is only a 10-minute drive from Waikīkī Beach. Turtle Bay Resort, on O'ahu's North Shore, offers breathtaking surroundings. Unplug and enjoy the natural beauty at Travaasa Hana Maui.

absolutely need to post a selfie to social media, internet hot spots are available at the resort by request. Travaasa Hana can also arrange a 20-minute flight from Kahului Airport to Hana Airport. Legendary aviator Charles Lindbergh, whose final resting place is in Kīpahulu, just beyond Hāna, would surely approve.

#### ROMANTIC DINING

Many say that a trip to Maui isn't complete until you've dined at Mama's Fish House Restaurant & Inn. In the charming village of Pā'ia on Maui's northern coast, Mama's rests aside a shoreline coconut palm grove. Make reservations to enjoy the fare, which includes steaks and other dishes. However, as the name suggests, Mama's is all about the fish. The menu, printed daily, credits, by name, the people who hauled in the day's catch.

#### SWEETHEART ACTIVITY

For Julie Ann Swoveland of The Ritz-Carlton, Kapalua, on Maui's northwest shore, celebrating romance is part of the job. The guest services manager/romance concierge is in charge of enhancing and tailoring your stay at the resort so it is the best experience possible, whether you are there for a wedding, anniversary or a fun getaway. Swoveland and her team can even help orchestrate the ultimate romantic proposal. "One of our most popular experiences is the treasure hunt marriage proposal," says Swoveland. "This includes a series of clues that are perfectly placed around the property for your better half to discover. In the past we have assisted with creating the cards, mapping out the clues, and capturing the final moment through video and photos."

#### WHERE TO CATCH A SUNSET

A beach stroll near the Kā'anapali Beach Hotel, on Maui's West Coast, is a great spot to enjoy a romantic sunset. The area is also a prime whale-watching location from November through April. At sunset, look for the famed green flash—which lasts only a second or two—as the upper edge of the sun sets beneath the horizon.

### O'AHU:

#### TURTLE BAY HONEYMOON

Encompassing about 850 acres of O'ahu's fabled North Shore, Turtle Bay Resort offers 5 miles of coastline, 12 miles of hiking/biking trails, eco-kayaking, horseback riding, a surf school and two 18-hole golf courses. It also



Lahaina Luna High School







has luxuriously cozy hotel suites, condos and cottages.

Jason and Chelsea Forrest of Washington, D.C., chose Turtle Bay Resort for their fall 2016 honeymoon. "Everyone at the resort was extremely friendly and made a point to highlight that we were on our honeymoon," recalls Chelsea.

She says from the moment they walked into the resort, the staff remembered their names and, on the last night, the staff surprised the couple with Champagne and chocolate-covered strawberries. Another favorite part of the stay was their oceanside beach cottage. "It was perfect because it was secluded but still a part of the amazing resort," Chelsea says. "Each morning we woke up and drank coffee on our patio with a beautiful view of the ocean."

During their visit—the first to Hawai'i for both—the couple dined on sushi and açaí





The Fish House at the Four Seasons O'ahu at Ko Olina is known for its excellent shellfish dishes, including the Manini Tower, above. Enjoy views of Waikīkī Beach and Diamond Head during an evening cruise on the 232-foot Star of Honolulu, right.

THE PARTY OF

bowls and had their very first shave ice.

"Jason planned it all," Chelsea says. "Everything about Hawai'i surpassed my expectations. It was so beautiful; everyone was so friendly; there was a ton to do and see; and the food was great."

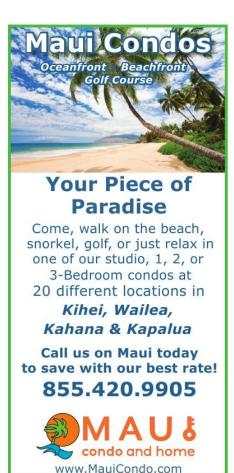
#### KĀHALA WEDDING

The Kahala Hotel & Resort, which opened in 1964, continues to offer the refined elegance that has attracted U.S. presidents and British royalty to the property. It has a variety of outdoor wedding locations, some with unobstructed views of the Pacific Ocean. There are also sites that offer dramatic views of Koko Head and Koko Crater, formations that help define the eastern side of Maunalua Bay.

The Kahala can handle details for small, intimate gazebo weddings, or extravaganzas of up to 300 guests, including flowers, lei, photographers, videographers, musicians, cake, minister and even a master of cere-







monies to guide everyone through the special event. Guests especially like the resort's unique location—removed from the bustle of Waikīkī, but only a 10-minute drive to its shopping, entertainment and restaurants.

#### A SEAFOOD FEAST

For a fun and classic Hawaiian dinner, visit the new Four Seasons Resort Oʻahu at Ko Olina, on Oʻahu's West Shore. Stop at the Fish House restaurant, where you can order the impressive Manini Seafood Tower: a two-tiered shellfish meal with shrimp, crab claws, oysters, lobster, poke and sashimi. For the white tablecloth experience, try the resort's La Hiki restaurant, which features a Pan-Asian menu, or its Noe restaurant, which highlights the best from Southern Italy.



#### CRUISING THE WAIKĪKĪ COASTLINE

To commemorate a special anniversary or to enjoy a romantic moment off O'ahu's shores, consider cruising past the twinkling Waikīkī coastline to Diamond Head and back aboard the 232-foot Star of Honolulu. Departing from Honolulu's Aloha Tower Marketplace, the ship has two elevators and a 60-foot-high observation deck to take in the gorgeous island vistas.

For a very special night, book the 2.5-hour Five Star Sunset Dining & Jazz Cruise, which offers the exclusive Captain's Welcome Reception, complete with drinks and a hula show. Next is a seven-course dinner served in the Art Deco Super Nova Room, with live jazz playing. On Friday nights, enjoy a fireworks show at the Hilton Hawaiian Village seen from the ship's private lanai on the fourthfloor deck.



The St. Regis Princeville Resort on Kaua'i's North Shore has luxurious accommodations and fabulous views of Hanalei Bay and Makana Mountain.

#### WHERE TO CATCH A SUNSET

With iconic Diamond Head in the distance and rows of high-rise towers behind you, there's nothing quite like watching the sun go down on world-famous Waikīkī Beach.

For an added bonus, after the sun has set, stroll to the Royal Hawaiian Resort, the Pink Palace of the Pacific, to have a cocktail at their famous beachfront Mai Tai Bar.

# KAUA'I:

#### ROMANTIC DINING AT PRINCEVILLE

A truly special dining experience is in store at the St. Regis Princeville Resort on Kaua'i's North Shore. The paintinglike panorama visible from the resort includes magical Hanalei Bay and Makana Mountain.

TIFFANY & CO. GUCCI SWAROVSKI CRYSTAL PRADA MAUI CLOTHING COMPANY LONGHI'S L'OCCITANE EN PROVENCE RUTH'S CHRIS STEAK HOUSE SOHA LIVING LAHAINA GALLERIES BARON & LEEDS MARTIN & MACARTHUR OUIS VUITTON AND MANY MORE ... 3750 WAILEA ALANUI DR. OPEN DAILY 808.891.6770



"Our location is considered to have one of the best views in Hawai'i," says Stephanie Kaluahine Reid, the public relations director at the St. Regis Princeville.

The Makana Terrace restaurant offers outdoor seating, with beautiful views of Hanalei Bay. With a menu that blends Asian and Hawaiian cuisine, it is perfect for an elegant meal, while the indoor Kauai Grill, the resort's signature restaurant, provides a stunning view of a Kaua'i sunset.

For a truly indulgent meal, consider the St. Regis Princeville Romantic Dining Experience. "This is the most romantic dinner by the sea—for a party of two, in a private cabana on Kamani Cove," Reid says. "Couples are five feet from the water, listening to the waves and watching the sunset. They enjoy an unforgettable meal of farm-to-table ingredients, with a wine-pairing menu that can be custom-designed for the couple by the chef."



The Grand Hyatt Kaua'i Resort & Spa's 50 waterfront acres boast a variety of wedding locations.

#### GRAND HYATT WEDDING

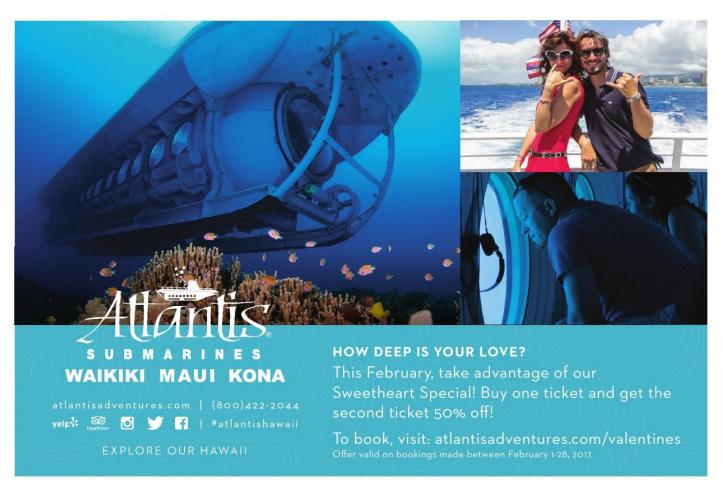
Near Shipwreck Beach on Kaua'i's South Shore, you'll find the extraordinary Grand Hyatt Kaua'i Resort & Spa. Couples getting married there can choose from a variety of venues scattered across the resort's 50 oceanfront acres, including the Grand Lawn Gazebo overlooking the ocean or—as many choose—right on the beach at Keoniloa Bay, just above the high-tide line, under a bamboo gazebo decorated with flowers.

The resort's wedding staff will customize your ceremony, whether it's ornate and bold or simple and refined.

"Our wedding planners are seeing trends that go back to basics," says Diann Hartman, director of public relations at the Grand Hyatt. "This includes more greenery in florals, with a woodsy, natural feeling. People are mixing textures—woods with metals, for example."

#### KO'A KEA HONEYMOON

If you are dreaming of an intimate honeymoon in a tropical locale on Kaua'i, Ko'a Kea Hotel & Resort at Po'ipū Beach, on Kaua'i's South Shore, fits the bill. The boutique resort has some of the Garden Isle's closest





Koʻa Kea Hotel & Resort at Poipu Beach on Kauaʻi Island is a spectacular getaway for honeymooners.

accommodations to the beach. The "Hau'oli (Happy) Honeymoon" promotion includes discounted accommodations, daily breakfast, rose-petal turndown service and a bottle of Champagne. The resort also offers couples the option to establish a honeymoon registry. According to Dana Flower, director of guest services at Ko'a Kea, wedding guests can select from a list of spa services, resort activities, accommodations and meals to add to their registry. Family and friends can contribute dollar amounts toward these items, and the funds are essentially applied

as a credit to the couple's resort bill.

#### SKY-HIGH TOUR OF KAUAT

The oldest major island in the Hawaiian archipelago, Kaua'i offers some of the state's most amazing landscapes, and one of the most exciting ways to see this island is by helicopter. Numerous companies—including Jack Harter Helicopters and Blue Hawaiian Helicopters—run daytime tours departing from the Līhu'e Airport area. Sunshine Helicopters on Kaua'i runs tours out of the Princeville Airport, in case you're staying on the North Shore.

Some of the most notable geographic marvels that you'll typically see on such a

tour include Hanalei Valley, "Jurassic Park Falls" (Mana Waiapuna), Hanapēpē Valley, the Nāpali coastline and Waimea Canyon, often called the "Grand Canyon of the Pacific."

#### WHERE TO CATCH A SUNSET

Poʻipū Beach, Poʻipū Beach Park and nearby Brennecke's Beach on Kauaʻi's South Shore all offer great vantage points for inspiring sunsets. Afterward, drop by Brennecke's Beachfront Broiler for beachfront dining.

# HAWAI'I ISLAND:

#### SUMMITTING MAUNA KEA

For physically fit couples seeking an adventure, consider going up—nearly 14,000 feet above sea level—to the summit of Mauna Kea, the highest point in the state of Hawai'i. Mauna Kea Summit Adventures (MKSA)







offers an escorted tour up the dormant volcano that lasts about eight hours. Guests dine on a hot supper as they acclimatize at the Mauna Kea Visitors Center, and then ascend to the summit to see the sunset. Later, they stargaze at a warmer midmountain location.

"We provide a narrated tour, have our own Celestron computerized telescopes, issue Arctic-style hooded parkas and gloves, and serve a warm meal," says MKSA general manager Mike Sessions. He also notes that guests need to wear long pants and covered shoes.

Houston electrical engineer
Brian Gaspard and ICU nurse Jocelyn Morales ascended Mauna Kea on
November 20, 2016, as boyfriend and
girlfriend and descended as a betrothed couple.

"We were at the summit, with the two observatories in the background, above the clouds with the sun setting behind us," remembers Gaspard. "I handed my phone in video mode to guide Arthur [Schumann], who knew ahead of time what was going on, then I got down on one knee and popped the question."

Morales didn't see the proposal coming and was shocked and excited. She happily accepted.

Gaspard says the couple traveled back to Texas and hosted a Thanksgiving celebration. "We shared our news with our family by showing the video taken on the summit," Gaspard says. "Everyone was screaming with happiness and surprise."

#### A KOHALA WEDDING

The grand Mauna Kea Resort on Hawai'i Island's northwest Kohala Coast is composed of two properties: the Mauna Kea Beach Hotel, fronted by the crescent-shaped beach of Kauna'oa Bay, and the Hapuna Beach Prince Hotel, fronted by Hāpuna Beach, one of

the island's largest white-sand beaches. Both resorts offer a variety of activities, including golfing at two 18-hole golf courses, as well as diving, snorkeling and swimming. At Mauna Kea Beach Hotel, a favorite activity is paddling or sailing in an outrigger canoe.

Each hotel offers unique venues for weddings. At Mauna Kea Beach Hotel, for example, couples can wed on the farthest back tee area of Mauna Kea Golf Course's famous "Hole Number 3," situated on an ancient lava bluff at the ocean's edge.

At Hapuna Beach Prince Hotel, weddings often take place nestled in a grove of large, shady kiawe trees, also at the ocean's edge.

Couples may want to consider getting married in the historic Parker Cottage, located at the south end of Kauna'oa Bay. Shaded by a large Chinese banyan tree, the cottage was originally built in 1951 as a pavilion for nearby Parker Ranch cowboys (paniolo).

#### MAUNA LANI HONEYMOON

Also along the Kohala Coast sits the Mauna Lani Bay Hotel & Bungalows, about 20 miles north of Kona International Airport. This resort is great for honeymooners, with its 30 oceanfront acres and 3 miles of pristine shoreline.

At Mauna Lani Salon & Spa, guests are pampered with Hawaiian hot stone massages and the unique lava watsu experience (a massage performed while you are floating in a lava-formed saltwater pool). The Francis H. I'i Brown North and South golf courses are rated among the Top 10 Environmentally Friendly Courses by Golf magazine.

Honeymooners looking to truly luxuriate might consider a private oceanfront bungalow, which features 4,000 square feet of living space, a full kitchen, two and a half baths, a private swimming pool, a whirlpool spa and a spacious lānai.



Paddling or sailing in an outrigger canoe on Hawai'i Island's Kauna'oa Bay is a popular activity at the Mauna Kea Beach Hotel.

#### ARTISANAL DELICACIES

The 'Ulu Ocean Grill + Sushi Lounge, at the Four Seasons Resort Hualālai, takes the farm-to-table movement deliciously to heart. The restaurant works with more than 160 local farmers and fishermen, and sources 75 percent of its menu items from Hawai'i Island







The Mauna Lani Salon & Spa, left, provides a unique guest experience. The Liliko'i Chocolate Fondant, above, is an amazing dessert available at the 'Ulu Ocean Grill + Sushi Lounge at the Four Seasons Resort Hualālai.

WHERE TO CATCH A SUNSET

the winner of the Best Sweet/People's Choice at the 2016 Big Island Chocolate Festival.

'Anaeho'omalu Bay, or "A-Bay," in the Waikoloa area, offers an idyllic, palm-tree-lined beach from which to watch the sun take its final dip into the deep blue. Keep your eyes open for sea turtles (in Hawaiian, called honu), but please remember to watch them from a distance, as federal and state laws protect these gentle creatures. ズ

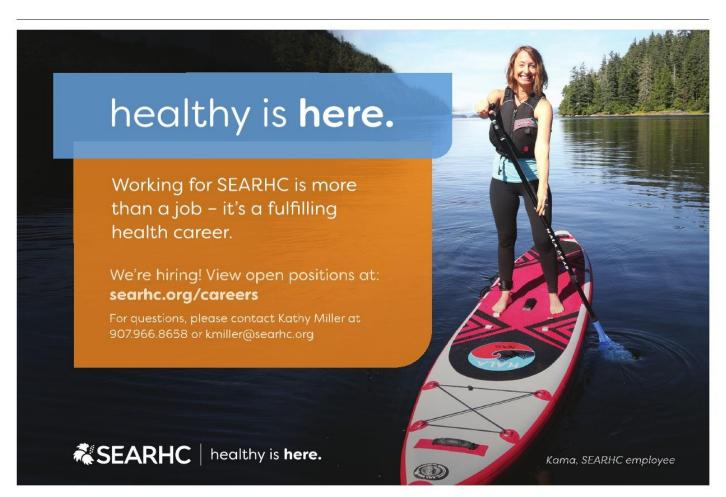
Karin Gallagher writes from Honolulu.

Alaska Airlines offers daily service to O'ahu, Maui, Kaua'i and Hawai'i Island (Kona). For flight reservations, go to alaskaair.com or call 800-ALASKAAIR. Book a complete Alaska Airlines Vacations package to Hawai'i at alaskaair.com/ vacations or call 844-762-0087.

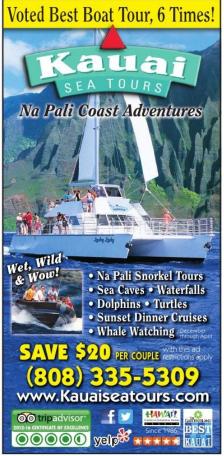
to fulfill its quest for "regional, seasonal and artisanal" dining. Romantic tables on the beach include tiki torch lighting and a conch-blowing ceremony at sunset. The restaurant's extensive menu focuses on seafood but also offers chicken, steak and even wild boar caught on the island.

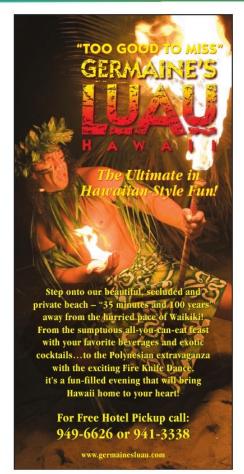
Executive Pastry Chef Kalani Garcia, born

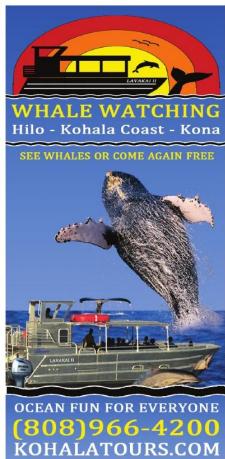
and raised in Hawai'i, creates dessert masterpieces such as the Liliko'i Chocolate Fondant, which includes chocolate smoked with kiawe wood; housemade ricotta, made with milk from a local dairy; and tart, yellow lilikoʻi (passion fruit) sourced from local farmers. It's topped with a crisp candied-pineapple cookie. The dessert is tart, rich, creamy, and

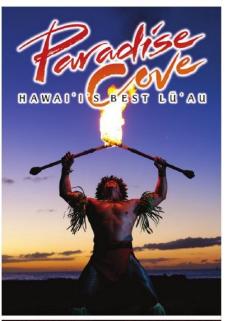


# Island ACTIVITIES





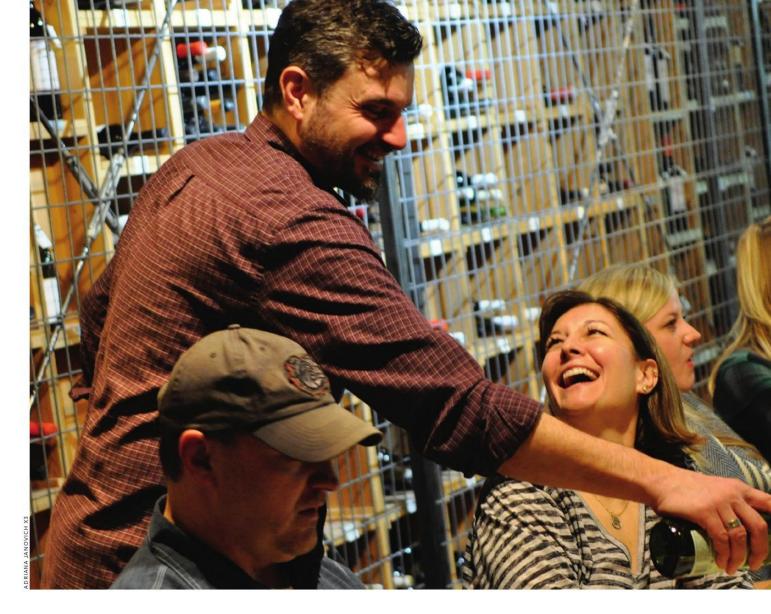












# Insider's Inland Northwest

Local favorites in the lively Spokane region | By Adriana Janovich

#### A plate of gourmet cheeses

draws me to my place at the table, which is also laden with bowls of bread, and olive oil for dipping. Rocket Market's Wine Class is about to start, and I

hurry to take a seat. Tonight's topic: "A Tour of Tuscany," featuring eight wines from Italy's famed Antinori family, which has been making wine since 1385.

"You're going to taste a lot of history," says Joe Gore, a Spokane-based Ste. Michelle Wine Estates representative of Antinori Wines in Eastern Washington and North Idaho. "Your palate is as unique as your fingerprints," he encourages, "so try everything."

Indeed, I do. For the next two hours, I sample a thoughtfully curated flight of wine—from the fresh, floral, straw-colored 2014 Guado al Tasso Bolgheri Vermentino with hints of citrus and minerals to the ruby-colored 2014 Villa Antinori Toscana Rosso, a red blend reminiscent of ripe berries, cherries and plums, with a bit of spiciness. The pours are punctuated by the occasional flash of headlights from cars pulling up to the pumps out front.

Rocket Market isn't an ordinary corner grocery store and gas station. It hosts one of the best insider experiences in Spokane: the Wine Class, held most Friday evenings yearround. The event is so popular, it typically requires a reservation a week in advance. There's room for 26 tasters. Sometimes, there's a waiting list.

The \$22 to \$27 tasting fee covers up to eight wines, along with artisanal cheese, bread and sometimes cured meats. Themes vary. The market's wine steward, Matt Dolan, usually leads the classes, but sometimes expert guest speakers such as Gore attend, too.

The small neighborhood specialty shop in Spokane's **South Hill neighborhood** is one of the many locally known gems this picturesque Northwest city has to offer. In addition to exceptional outdoor activities, a









 Wine classes, bistro fare, and products ranging from beautiful flowers to local bread have made the hip Rocket Market a popular gathering place. Many locals say Rocket lives up to its tagline: "a small market of epic proportions."

flourishing downtown with bustling bars and restaurants, and a thriving arts-and-culture scene already popular with travelers, Spokane has all sorts of additional local-favorite attractions that would also appeal to visitors—if only they knew about them.

"Visitors can enjoy many outstanding attractions that are hidden in plain view—local front-runners that are happy to welcome out-of-towners, too," says Cheryl Kilday, president and CEO of Visit Spokane.
"They range from markets, restaurants and shops offering local products to lovely historic buildings and beautiful parks."

#### A Blast at the Rocket

Rocket Market is high on the list of insider favorites. "Don't let the gas pumps out front fool you—this spot is hip," notes Kilday.

This is a place where neighbors not only get gourmet groceries—such as artisanal bread made from locally grown and milled landrace grain—but also come together for coffee, lunch and the guided wine flights. There's an espresso bar in front and bistro in back. Rocket Market is the quintessential locals' hangout and simply one of the coolest boutique groceries around. It lives up to its tagline: "a small market of epic proportions."

Rocket has zoomed to star

status in part by specializing in Northwest products, including cheese, meat, produce, microbrews, wine, and items such as spice blends from **Spiceologist**, a Spokane gourmet spice company. Alan and Shanda Shepherd own Rocket Market with Jeff and Julia Postlewait, the couple behind Rocket Bakery, another locals' favorite, which has seven locations in the Spokane area.

Adding to the Rocket Market options is the market's own wine label, launched in October. The Rocket Wine Collection features five wines, sporting the minimalist titles of Sparkle, Gris, Rosso, Red and Cab. All are \$10 a bottle, except for the Cab, which is \$15. All but the sparkling wine feature Washington-grown grapes. Try the Rosso and the sparkling, in particular, Alan Shepherd says. "Absolutely stunning at \$10."

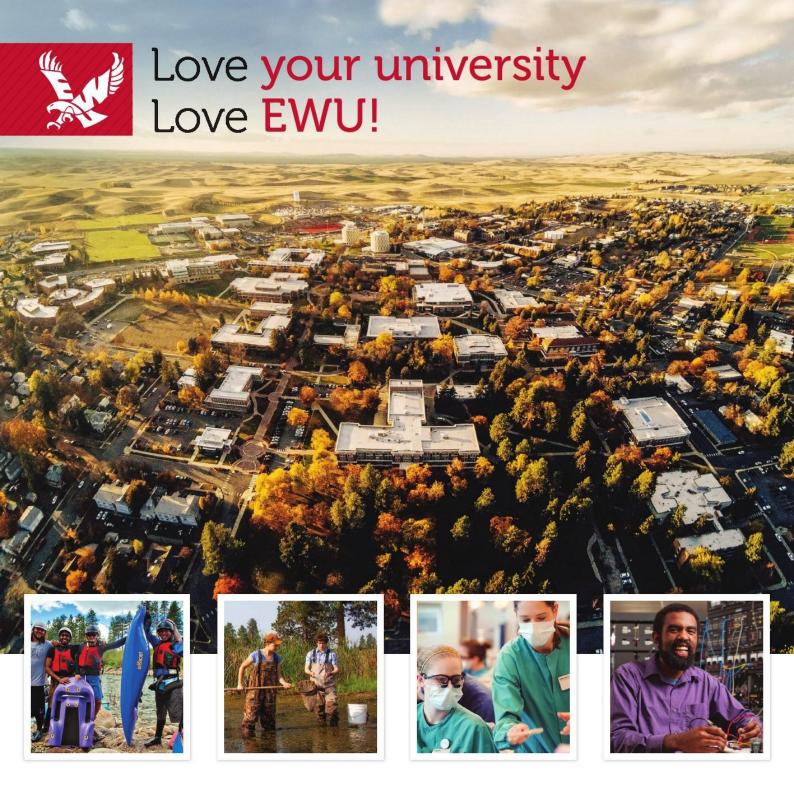
#### Brunch at The Davenport

Another local favorite is Sunday Brunch at **The Historic** 

Davenport Hotel, which dates to 1914, and lists dozens of famous guests it has hosted, such as John F. Kennedy, Clark Gable, Babe Ruth, Amelia Earhart, James Spader and Salma Hayek.

Held in one of the magnificent hotel's ornate ballrooms (the French Neoclassical–designed Marie Antoinette Ballroom even has three original 1914 chandeliers), Sunday brunch at this stunning cornerstone of downtown Spokane is a local institution. In fact, one of my friends makes it an annual tradition, getting a group of gals together for the long, leisurely, lavish, all-youcan-eat event, typically skipping dinner the night before to be adequately prepared to indulge.

The spread seems endless and requires at least two—maybe three—trips to the buffet tables to try the ahi tuna poke, the lox with rye bread and bagels, the jumbo prawns, corned beef hash, assorted cheeses, eggs Benedict, sausage and apple-smoked bacon, as well as the prime rib and



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roasted rosemary rack of pork at the carving station. There's a waffle, omelet and crepe station, too, not to mention the buildyour-own Bloody Mary bar.

For dessert, I go for the French pastries, chocolate mousse, teacakes and mini-cheesecakes. Oh, and there's a chocolate fountain. Reservations are recommended.

The Historic Davenport Hotel, one of several properties in the locally owned Davenport Hotel Collection, is also home to the Peacock Room Lounge, known for its dramatic stained-glass peacock above the bar, intimate setting and signature martinis.

During warmer weather, the outdoor Grand Terrace Bar at the sister Davenport Grand Hotel, which opened in 2015, features cocktails with a view of Spokane's iconic Riverfront Park from low-slung sofas centered around fire pits.

#### Walking in the Woods

About 2.5 miles west of downtown, the John A. Finch Arboretum is a botanical treasure that's one of Spokane's less-visited sites. It is cherished by locals for the beautiful backdrop it provides for everything from snowshoeing to wedding photography.

The arboretum is named for one of the Inland Northwest's earliest and richest entrepreneurs. Finch, along with business partner Amasa Campbell, operated several mining companies before Finch died in 1915. A gift from his estate helped launch plans for the arboretum, which was planted in 1949.

Today, the green space showcases some 2,000 labeled trees

and shrubs that you can admire while cross-country skiing or walking along paths throughout the arboretum's approximately 65 acres. See willows, beeches, magnolias, larches, dawn redwoods, yews, oaks, butternuts, mock oranges, dogwoods, flow-

- · Sunday Brunch, right, at The Historic Davenport Hotel is a local tradition
- The John A. Finch Arboretum, below, is treasured for its impressive botanical variety, including approximately 2,000 labeled trees and an extensive lilac collection.





ering crabapples, hawthorns, spruces, firs, maples, pines, ginkgos, hornbeams, ornamental horsechestnuts and more.

Be sure to look for the katsura trees, with their heart-shaped leaves; the sweetgum, with its corky bark; and the Hungarian linden, rarely grown in the Northwest. Planted here in the early 1900s, the now 45-foot-tall tree is believed to be among the largest such lindens in the state. This species blooms with fragrant yellow flowers in the spring.

The trees are complemented by rhododendrons, azaleas,

viburnums and a Lilac Collection, with more than 80 named lilac varieties in tribute to Spokane's "Lilac City" nickname.

#### Secondhand Chic

Two of my favorite pairs of earrings—both leather, one set dangly fringe, the other faux feathers, each \$25—came from the same shop in downtown Spokane. Fringe & Fray offers gently used vintage, bohemian and whimsical clothing along with locally made jewelry from artisans such as Sarita Star Designs. The boots I've been

#### BUSINESS BENEFITS

Abundant recreational opportunities and quality of life in the Inland Northwest have combined with attributes such as a business-friendly atmosphere, low overhead, and a qualified workforce to attract many entrepreneurs and executives who start, expand or relocate their businesses in the Spokane area. The Inland Northwest is also attracting many new residents. For more information on doing business in Spokane, see advantagespokane.com and greaterspokane.org. For information about relocation, go to movetospokane.com.



# Whatever Brought You Here... You'll be Glad You Came!





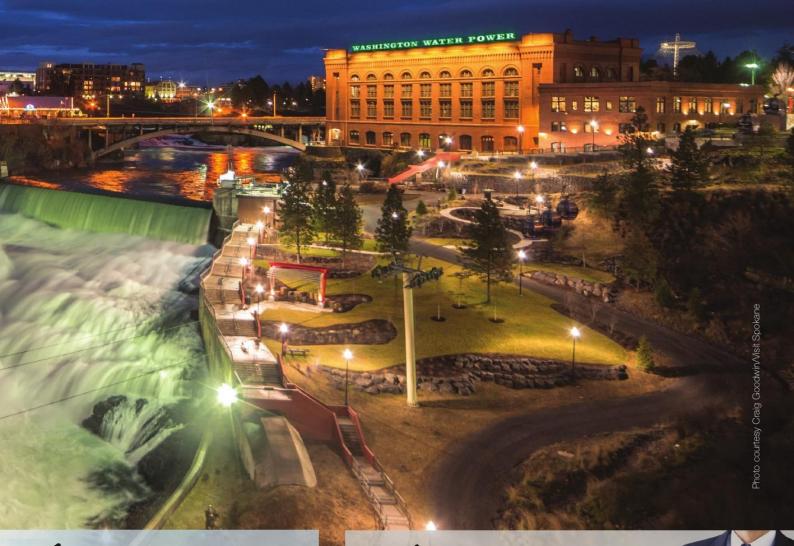
# Discover

- · Taste our nationally-recognized food scene
- Shop from upscale to vintage
- . See a show, rock a concert
- Experience our great outdoors
- · Drink amazing craft beer and local wine
- · Relax in a pretty darn perfect climate





# Spanne We invite you to visit, play & even stay!



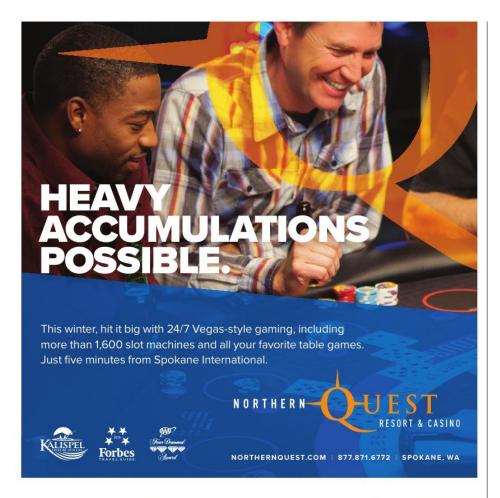
# Learn

- Thriving University District & Innovation Corridor
- 11 major higher education institutions
- · Access to 90,000 students & top-notch grads
- · Creative talent, entrepreneurial resources
- Innovative K-12 districts, STEM programs
- Plentiful meeting and convention space

# Thrive

- · Affordable homes and commercial spaces
- Save dollars no corporate/personal income tax
- · Get going with a streamlined permitting process
- · Growing millennial workforce
- Average commute time what commute time?
- Stay connected 56 departing flights per day







wearing all winter—knee-high, beige, rounded toe—came from this shop. So did the floppy straw hat I wore all summer. Locals also look here for vintage coats, dresses and jeans; flowy, flowery tops; and vintage home decor.

Nearby **Echo Boutique** specializes in casual and work-related resale clothing items, as well as evening attire, footwear and accessories, many of which still bear their original tags. I recently spotted a St. John jacket sporting its original price of more than \$1,000. It was selling for less than \$300.

Another shop, **Veda Lux**, in the South Perry District—perhaps Spokane's hippest neighborhood—has original handmade jewelry, ranging from flower-topped bobby pins to arrow necklaces and earrings. The style here is vintage, yet modern, edgy and chic. Also look for vintage coats and dresses in this tiny, cottagelike shop a stone's throw from popular eateries and watering holes.

# GOOGLE-TREKKED SPOKANE

Spokane-area volunteers—
wearing 50-pound backpacks
equipped with high-tech Google
Trekker cameras that snap
images every 2.5 seconds—
have hiked trails, strolled parks,
visited golf courses and explored
college campuses around the
region to help create 360degree images that go beyond
streets for Google Maps. Visit
Spokane partnered with Google
on the project.

The images, which began to be posted in August, include nearly 20 sites—from Manito Park and the Centennial Trail to four universities, including WSU Spokane and Eastern Washington University—providing a fun trip-planning tool.



#### Second-Run Fun

One of the best parts of the Spokane International Film Festival is watching narratives unfold on the big screen in the cozy Magic Lantern Theatre (which has a new website: magiclanternonmain.com), in downtown Spokane's 1909 red-brick Saranac Building, which received LEED Platinum certifica-

tion in 2009 following renovation, and has 98 solar panels.

Locals love Magic Lantern for its \$9 tickets and \$4 popcorn, which comes with free, unlimited refills and is served in stainless steel bowls. This year's film festival runs through February 5.

During the rest of the year, look for U.S. and world films that have been released within inland NW

the last year or two, such as last year's Australian film *Lion* and U.S. film *Manchester by the Sea*.

Next door in the 1911 Community Building, the Kizuri shop sells fair trade, handcrafted items that "represent the cultural richness of over 40 countries."

At the 1945 Art Deco **Garland Theater,** in the Garland District about 2.5 miles north of downtown, tickets are \$5 (sometimes half off, at \$2.50), and the \$7 popcorn here also comes with free, unlimited refills. The food menu includes items such as Field Roast vegetarian hot dogs and housemade hummus served with warm naan and fresh-cut vegetables.

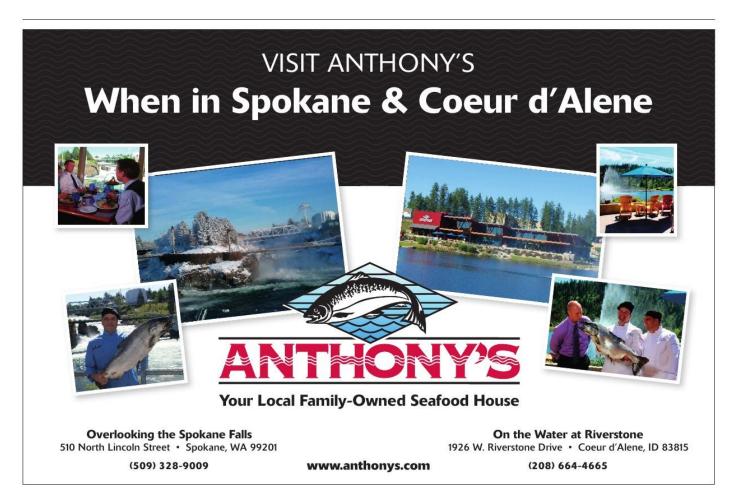
Plan to come for cocktails before the show. The theater's **Bon** 

Bon bar is often credited with igniting Spokane's craft-cocktail scene. Bon Bon also hosts trivia competitions on Monday nights and bingo on Wednesday nights, plus happy hour from 4 to 7 P.M. Monday through Thursday and all day Sunday. Try not to miss the movie. 

⊀

Adriana Janovich writes about food and travel from Spokane.

Alaska Airlines (800-ALASKAAIR; alaskaair.com) flies daily to Spokane, hub of the Inland Northwest. For more information on area recreation, including activities and attractions in scenic North Idaho, go to visitspokane. com and visitnorthidaho.com.





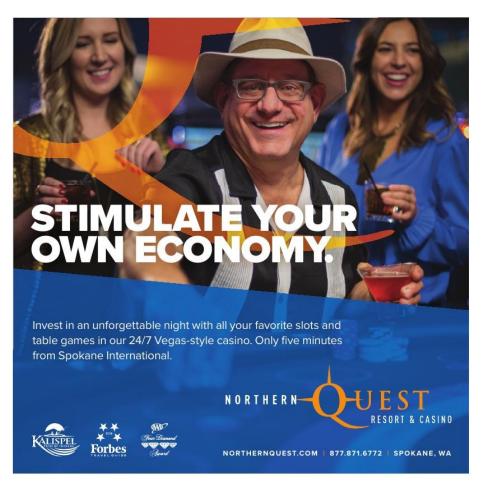
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# inland NW

# **Entertainment**

Nightlife, Concerts and History | By Adriana Janovich

I sit in a cozy nook in the basement bar, contemplating my options: Old-Fashioned. Sazerac. Whiskey Sour. Bourbon. Scotch. Rye. Japanese Whisky. Mint Julep.

It's my first visit to the new Hogwash Whiskey Den, which local chef/owner Jeremy Hansen opened in November in downtown Spokane's 1890s Washington Cracker Co. building. The recent addition to the craftcocktail and nightlife scene in Spokane offers an intimate, comfortable atmosphere, enhanced by exposed masonry and pipes, low ceilings, reclaimed wood and booths you can really sink into.

I finally decide on the Penicillin, made with scotch, ginger, honey and citrus, accompanied by the signature burger with whiskey sauce. Also highly recommended: the bright, balanced and smoky Peated Tea. General manager/bartender Simon Moorby makes this winter warmer with ingredients such as peated whiskey, apple brandy, thyme-coriander liqueur, local honey, lemon juice and orange bitters.

The Spokane area's many nightlife opportunities also include venues such as the following:

The Bartlett, which opened in 2014, is an all-ages space for live music, particularly independent artists.

Nyne Bar takes on a clublike

vibe with a DJ spinning tunes Friday and Saturday nights. Visit on Tuesday nights for \$1 tacos and karaoke; on Wednesdays for karaoke; and on Thursdays for karaoke and trivia.

The Blind Buck contributes to some of the city's best barhopping on a two-block stretch of Division Street between West Main Avenue and East Spokane Falls Boulevard. The Buck's decor is vintage-inspired, but



- Top: Hogwash Whiskey Den opened this past fall.
- · Above right: Borracho Tacos & Tequileria serves memorable tacos.
- · Above left: Buddy Guy is performing Feb. 18 in the Experience Hendrix Tour at Northern Quest Resort & Casino.

the experience is lively. Weekend nights at this watering hole offer a clublike atmosphere and, often, a DJ.

Next door, Globe Bar & Kitchen has a dozen 60-inch TVs and a DJ and dancing every

Across the street, Borracho





Tacos & Tequileria specializes in street-style tacos and tequila. The drink menu includes a dozen housemade tequila-based infusions, ranging from raspberry and watermelon to salsa and ghost pepper.

Less than 10 miles west of downtown, Northern Quest Resort & Casino provides so many nightlife options, visitors never need to leave the resort. Look for the Impulse nightclub, with a dance floor; the Liquid lounge, with bar-top gaming; the Legends of Fire cigar lounge; and the fireside Lounge at Masselow's, spotlighting regional wines and notable cocktails.

### **WINE AND BEER**

· Spokane's Cork Dis-

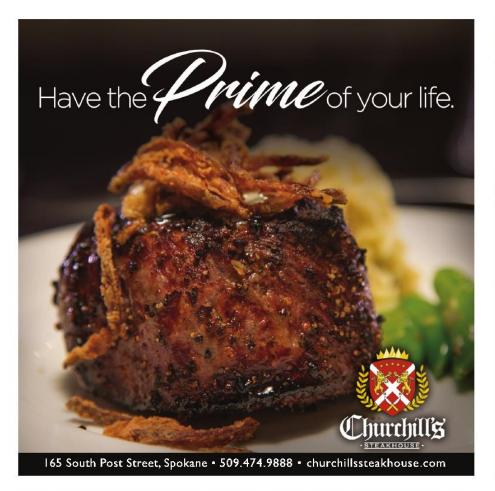
trict includes about two

dozen wineries and tasting rooms, including the new Craftsman Cellars, which opened a tasting room in late 2015 in the growing Kendall Yards neighborhood. All Cork District wineries waive tasting fees for visitors who show their

pass within 48 hours of arrival. For details: visitspokane.com/corkdistrict/winepass.

Alaska Airlines boarding

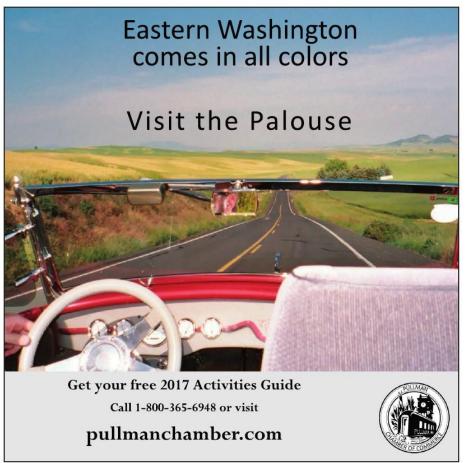
• The Inland Northwest Ale Trail includes 40-plus craft breweries, from Black Label Brewing in downtown Spokane to Daft Badger Brewing in Coeur d'Alene, Idaho. For details: inlandnwaletrail. com. -A.J.











# Tablet friendly

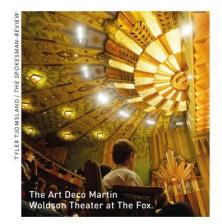


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Masselow's Hibiskus Fizz—featuring Absolut Hibiskus Vodka, fresh lemon and lime juices, egg white and chantilly cream—comes highly recommended.

The resort's indoor Pend Oreille Pavilion showcases acclaimed musicians and comedians. Upcoming performances include Roots & Boots, Feb. 9; Experience Hendrix Tour, Feb. 18; Chris Botti, March 16; and Lewis Black, March 19. The resort's outdoor amphitheater hosts summer concerts.

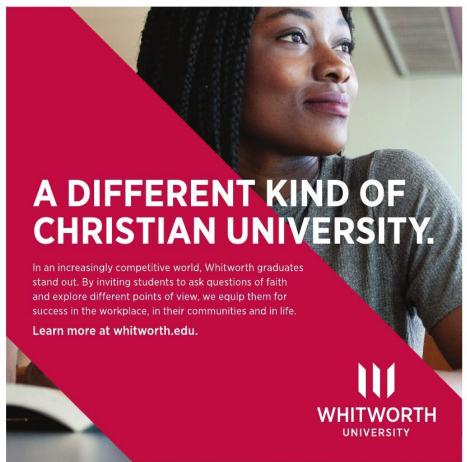
Venues such as the **Knitting Factory** and **Bing Crosby Theater** also frequently present national acts. So does the **INB Performing Arts Center,** in addition to hosting traveling shows such as *Kinky Boots*, coming at the end of February, and *Mamma Mia!*, on stage the end of March.

The lovely 1931 Art Deco Martin Woldson Theater at The Fox is home to the Spokane Symphony, with Super-Pops and Classics concerts, and various special performances.

Discover interesting historical items at the Northwest Museum of Arts + Culture, one of the Inland Northwest's many museums. The exhibit "Titans of the Ice Age: Mammoths and Mastodons" will be on view Feb. 11–May 7.

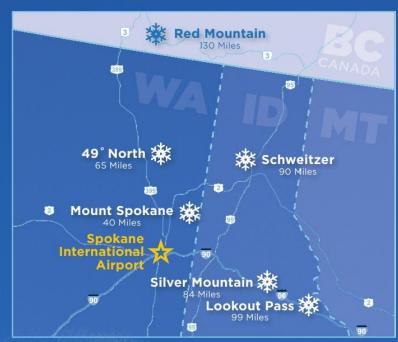
Adriana Janovich lives in the Spokane area. For more information on Inland Northwest activities and attractions, see visitspokane.com.





# CARVE OUTA WEEKEND

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# inland NW

# **Sports**

Activities and Adventures | By Rich Landers

When Olympic marathoner and Spokane resident Don Kardong founded the Lilac Bloomsday Run in 1977, I blended into the field of shorts and tube socks racing through Spokane's streets behind the local idol and another famous athlete, Frank Shorter, the 1972 Olympic marathon gold medalist. A city fitness tradition was born.

For this year's 7.46-mile race, around 50,000 runners, joggers and walkers will join Kardong, me and 90 other perennials who've participated in every Bloomsday Run on the first Sunday in May over the decades (bloomsdayrun.org).

Sports are an important part of life in the Spokane region, from major participatory events such as Bloomsday to cheering for the area's many college squads, to recreational pursuits ranging from skiing to golfing. Here are a few of the numerous options:

Winter venues are only about 30 miles from town at Mt.

Langlauf 10K Cross Country Ski Race, Feb. 12

Spokane Hoopfest, June

Spike & Dig, Aug. 5-6

Ironman Coeur d'Alene,

SpokeFest cycling events, various distances, Sept. 10 (spokefest.org).



- Hoopfest, above, and Bloomsday, above right, are fun annual Spokane events that attract thousands of participants.
- ROW Adventure Center offers exciting and scenic guided rafting trips on the Spokane River, right.

Spokane Ski & Snowboard Park (mtspokane.com), one of five ski areas within 95 miles of Spokane. Mt. Spokane Ski & Snowboard Park is located in Mount Spokane State Park, where you can also enjoy 60 kilometers of groomed Nordic trails (parks. state.wa.us/549/Mount-Spokane).

Spring sees more hikers and mountain bikers on the 55 miles of year-round trails at Riverside State Park (parks.state. wa.us/573/Riverside).

Bicyclists seeking paved pathways relish Spokane-area routes such as the Fish Lake Trail. Previously a railway line, it crosses a trestle over six lanes of



Interstate 90 before melting into the rural ponderosa pines for about 10 miles. You can rent bikes at the Bike Hub (thebikehub.com).

Fly-fishing for native redband trout in the Spokane River is a specialty at Silver Bow Fly Shop (silverbowflyshop.com). The main season starts June 1 and continues through fall.

June is whitewater-rafting season on the Spokane River. Guided four-hour trips start downstream from the roar of Spokane Falls and head toward the clutches of Devil's Toenail Rapid. ROW Adventure Center trips even include a van shuttle

from downtown (rowadventurecenter.com).

Fun Unlimited (cdasports. com) serves stand-up paddleboarders with summer rentals on the river, near the Spokane Convention Center. The company also has a Post Falls, Idaho, location, extending recreational opportunities to the Coeur d'Alene area.

Golfers can enjoy 33 courses within 90 miles of downtown Spokane. Indian Canyon, designed in 1930 by H. Chandler Egan, is among the notable public layouts. It's a hilly 6,255 yards, with undulating greens and lots of bunkers (my.spokanecity.org/ golf/courses/indian-canyon). ズ

Rich Landers is the Outdoors editor for The Spokesman-Review and co-author of guidebooks such as Day Hiking Eastern Washington (Mountaineers Books). For more Spokane-area information, go to visitspokane. com and spokanesports.org.

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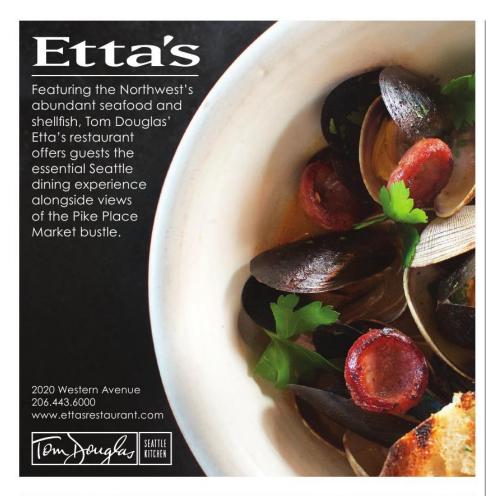
(spokanelanglauf.org).

24-25 (spokanehoopfest.net).

(spikeanddig.com).

Aug. 27 (ironman.com).







SODOKU ON PAGE 170.

DIFFICULTY: EASY

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SWEDISH RADIOSURGERY CENTER—ESSENTIAL

www.swedish.org/essentialtremor

#### TRAVEL IDEAS

ALASKA BY DESIGN www.alaskabydesign.com

ANCHORAGE DOWNTOWN PARTNERSHIP

www.anchoragedowntown.org

CARAVAN TOURS

**EUGENE CASCADES & COAST** www.eugenecascadescoast.org/go

GREATER PALM SPRINGS

www.visitgreaterpalmsprings.com

GREATER SPOKANE INC.

www.greaterspokane.org

MASTERPARK

www.masterparking.com

PULLMAN CHAMBER OF COMMERCE

www.pullmanchamber.com

SPOKANE INTERNATIONAL AIRPORT

www.spokaneairports.net

TIKCHIK NARROWS LODGE www.tikchiklodge.com

VISIT ANCHORAGE

VISIT ROSEBURG LAND OF UMPQUA

www.visitroseburg.com/finewine

VISIT SANTA BARBARA

www.santabarbaraca.com

VISIT SPOKANE www.visitspokane.com

#### THINGS TO SEE & DO

A GALLERY FINE ART www.agalleryfineart.com

CRATER LAKE—KLAMATH REGIONAL AIRPORT www.alaskaair.com

K1 SPEED INDOOR KART RACING www.kispeed.com

NORTHWEST MUSEUM OF ARTS & CULTURE

www.northwestmuseum.org

PALM SPRINGS AIR MUSEUM www.palmspringsairmuseum.org

ROCK 'N' ROLL MARATHON SERIES www.runrocknroll.com

**CULINARY CORNER** 

10TH AND M SEAFOODS www.1othandmseafoods.com

LEGENDARY DOUGHNUTS

www.legendarydoughnuts.com LITERATURE

KENSINGTON BOOKS

www.kensingtonbooks.com

**HOME & GARDEN** 

MCKINNON FURNITURE

SUNLIGHT SUPPLY

www.sunlightsupply.com

SHOPPING

ALASKA MINT

www.alaskamint.com

EXOFFICIO www.exofficio.com

GIFT IDEAS

OOMINGMAK MUSK OX

www.giviut.com

SEATTLE CHOCOLATES www.seattlechocolates.com

# Flyer guide

Your overview of the Alaska experience.

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# **Everything Alaska**

## A look at all we offer for you.

Start every trip at alaskaair.com.



- Always find our lowest fares, guaranteed
- Check out our weekly flight deals
- Plan your whole trip with hotel, car and vacation packages
- Manage your Mileage Plan<sup>™</sup> account and use miles
- Check in, print boarding passes and baggage tags
- **NEW**—Book Virgin America flights at alaskaair.com

Sign up for the Insider Newsletter to receive great travel deals and information.

### Our app keeps you mobile on any device.

Several mobile options to keep you moving when you're on the go: iPhone, Android, Windows Phone and our mobile website at m.alaskaair.com.

- · Find and book flights
- Check in from your phone
- No more paper—access mobile boarding pass and Alaska Lounge membership card
- Access Mileage Plan information
- Pre-reserve meals







### The Alaska Lounge is your sanctuary.



Enjoy access to our five lounges, in Seattle, Los Angeles, Portland and Anchorage, and more than 60 affiliated lounges worldwide. Warm pancakes at breakfast, and soups, salads and snacks are available throughout the day, plus a fully stocked bar and Starbucks® coffee. Visit us at alaskaair.com/lounge.



#### B737-900/900ER

Number in fleet: 66 Range: up to 2,720 miles Seats: 181

#### B737-800

Number in fleet: 61 Range: 2,920 miles Seats: 159

#### B737-700

Number in fleet: 11 Range: 2,985 miles Seats: 124

#### B737-400

Number in fleet: 10 Range: 2,000 miles Seats: 144

### B737-400C ("combi")

Number in fleet: 5 Range: 2,000 miles Seats: 72, plus 4 cargo containers

### B737-400F (freighter)

Number in fleet: 1 Range: 2,000 miles Capacity: 9–10 cargo containers Alaska's spacious new Premium Class experience is now available on all 737-800 and Embraer E175 aircraft.

### Alaska's regional fleet.



#### **Bombardier Q400**

Number in fleet: 52 Range: 1,114 miles Seats: 76 Operated by Horizon Air



#### **Embraer E175**

Number in fleet: 15 Range: 2,150 miles Seats: 76 Operated by SkyWest Airlines

### A su servicio.

Alaska Airlines tiene el orgullo de ser la compañía de bandera extranjera más grande que presta servicios con destino a México. Por eso, hemos asumido el compromiso de cumplir nuestra promesa de proporcionar a nuestros apreciados clientes hispanohablantes una experiencia excepcional que, a la vez, sea segura, confiable y llegue a ellos con un servicio genuino y atento. Para atenderle mejor, nuestros productos y servicios se encuentran disponibles en español a través de:

- Centros de atención telefónica de Reservaciones y de Atención al Cliente
- Quioscos de registro del aeropuerto alaskaair.com/español

- El editorial mensual del director ejecutivo que se encuentra al inicio de esta revista
- Información sobre las salas de conexión en la página 164
- Información sobre formularios aduaneros e inmigratorios en la página 168

Asimismo, en el aeropuerto o una vez a bordo, nuestros empleados hispanohablantes con gusto le brindarán ayuda. Simplemente diríjase a nuestros empleados sonrientes y cordiales que llevan nuestras exclusivas identificaciones con la leyenda.

### Tell us how we're doing.

### Visit alaskalistens.com.

Free to access in flight.

### Our bag guarantee.

### Delivered in 20 mins or less.

If we miss the mark, see an agent for a voucher.

Terms apply. See bit.ly/BagGuarantee for details.

# The Alaska experience

### Enjoy the journey.

# Our three travel classes all feature great perks

What can you expect aboard an Alaska Airlines flight? You'll find a variety of comfortable seating choices and a tasty selection of food and drinks. We have power outlets to keep you charged, Wi-Fi to keep you connected, and entertainment options to captivate you. And as always, our warm, friendly flight crew is ready to help you however they can.



### First Class

Choose First Class for spacious seating, plentiful food and beverage choices, and our dedicated flight attendants.

- ✓ Luxury at an affordable price
- Priority access for check-in and security lines
- Power outlets at every seat, on most aircraft
- ✓ Two bags checked free



### Premium Class

More space, more perks and early boarding: Treat yourself to our Premium Class experience on your next flight.

- 4" more legroom than Main Cabin seats
- ✓ Board early and get settled
- Snacks and drinks on us
- Power outlets that are easy to access



### Main Cabin

Enjoy our Main Cabin seats with a complimentary snack and beverages.

- Power outlets at every seat, on most aircraft
- ✓ Award-winning service
- ✓ Alaska Beyond Entertainment
- Tom Douglas-inspired meals for purchase

# **Enjoy a drink**

### Refreshing selections, for free or for purchase.

### **NEW PREMIUM WINES**



La Marca
Prosecco \$8
Delicate straw
color and lively
effervescence;
aromas of fresh
citrus, honey and
white flowers.



Chateau Ste.
Michelle
"Mimi"
Chardonnay \$7
Lightly oaked with
bright flavors of
apple and pear.



Erath
"Resplendent"
Pinot Noir \$7
Fuller bodied with
notes of boysenberry pie and
dark cherry.

#### **FAMILIAR FAVORITES**



Premium Beer \$7 Alaskan Amber Modelo (to/from Mexico) Kona Longboard Island Lager (to/from Hawaiʻi)



Imperial (to/from Costa Rica)

NEW: Fremont
Interurban IPA

Domestic Beer \$6 Miller Lite Budweiser



Sun Liquor Vodka Sun Liquor Gin Sun Liquor Rum Crater Lake Hazelnut Espresso Vodka



Woodford Reserve Bourbon \$7

### Classic Liquors \$6

Sauza Tequila Dewar's White Label Scotch Jack Daniel's Black Label Crown Royal Courvoisier Cognac Baileys Irish Cream



### **COMPLIMENTARY BEVERAGES**

Coca-Cola Coke Zero Diet Coke Sprite Sprite Zero Seagram's Ginger Ale Seagram's Seltzer Seagram's Tonic



Proudly serving Starbucks® Pike Place® Roast Bottled Water
Orange Juice
Tomato Juice
Cranberry Juice
Apple Juice
Bloody Mary Mix
Tazo® Awake® black tea

Tazo® Sweet Orange hot herbal tea (caffeine-free)

On flights to Hawai'i we offer our special blend of Passion, Orange and Guava juices.

### First Class Wines

Enjoy our distinctive menus, which make perfect pairings with our featured wines this month.



Treveri Cellars
Blanc de Blancs
Extra Brut Sparkling
Washington
Dry, fruit-forward
and stunning; hints
of citrus and melon
round out a creamy
finish.



Browne Family Vineyards Generations Collection Chardonnay

Washington
Sweet oak and vanilla
aromatics develop into
a silky body, with Asian
pear, crème brûlée and
pineapple flavors.



Browne Family Vineyards Generations Collection Red Blend

Washington
Big, dark-berry fruit
flavors with blackberry and toasty notes

berry and toasty notes and a round, velvety finish.

Beverage service may vary due to time of day and flight-segment time limitations. Items limited and based on availability. Individuals must be 21 years or older to consume alcoholic beverages. Government warning: According to the Surgeon General, women should not drink alcoholic beverages during pregnancy. Consumption of alcoholic beverages impairs your ability to drive a car or operate machinery, and may cause health problems. Pike Place is a registered trademark of The Pike Place Market PDA, used under license.

All prices in U.S. dollars.

# Movies, TV, Wi-Fi and more.

### The choice is yours.

# Rent one of our premium entertainment tablets.

On most flights over 3.5 hours, you can rent one of our inflight entertainment tablets featuring the newest movies onboard, plus recent hits. Each tablet is preloaded with 25 to 30 movies (depending on the month), plus TV shows, Xbox games, music and digital magazines.

Tablets are free in First Class, and available to rent for \$8-\$10, depending on flight length.



#### NEW MOVIES ON THE TABLET:



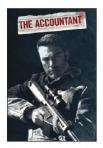




**Doctor Strange** 



The Girl on the Train



The Accountant



Keeping Up with the Joneses

### New: Stay connected with Free Chat.



Never miss a thing. Free Chat, exclusively on Alaska Airlines, allows you to send messages to friends and family from your smartphone using iMessage, Facebook Messenger and WhatsApp. Please keep in mind:

- Free Chat is designed for text-based messages only.
   Photos, video and SMS are not supported.
- Both you and your recipient must have one of the compatible apps.
- Free Chat is only available on flights with Gogo<sup>®</sup> Inflight Internet.

### Go online.

Gogo<sup>®</sup> Inflight Internet is available on all of our Boeing 737 and Embraer 175 aircraft, excluding five half cargo/half passenger aircraft. Gogo is available while flying within the highlighted area at right.

- Inflight Internet is not available on flights to/from Hawai'i or when flying over Latin America.
- $\bullet$  In the air or on the ground, visit alaskaair.com or gogoair.com to view flexible pricing options.

### Tips for making the most of Inflight Wi-Fi.

It's great to be able to stay connected while you fly, but inflight Wi-Fi is different than the Wi-Fi you may be used to.

- Work smarter. Use webmail instead of Outlook to check your inbox. You never know what large files might be lurking in there.
- Wait to send that TPS report. Large attachments can slow things down, avoid sending while in air.
- Bookmark or favorite the Gogo in-air page airborne.gogoinflight.com—in your browser.
- Huh? Gogo Live Help is available on flights within the Gogo coverage area. FAQs are at your fingertips on all flights.

### Limited-time offer: Enjoy free movies and TV.

Nearly every flight offers Alaska Beyond Entertainment, our streaming entertainment system that features hit movies and episodes from your favorite TV networks—like HGTV—as well as new discoveries, including new musicians on Seattle's independent record label, Sub Pop.



#### **NEW MOVIES ON ALASKA BEYOND ENTERTAINMENT:**



Storks



The Birth of a Nation



Miss Peregrine's Home for Peculiar Children



Absolutely Fabulous: The Movie



Star Wars: A New Hope

# Download the app:

You'll need the Gogo Entertainment App to watch movies. Get it now at loadplayer.com.

### **OUR COMPLETE MOVIE LINE-UP:**

- Absolutely Fabulous: The Movie
- Alvin and the Chipmunks: The Road Chip
- Barbershop: The Next Cut
- Batman v Superman: Dawn of Justice
- Black Mass
- Creed
- He Named Me Malala
- Hot Pursuit
- Ice Age: Collision Course
- In the Heart of the Sea
- Joy
- Keanu
- Keeping Up with the Joneses

- Mad Max: Fury Road
- Me Before You
- Midnight Special
- Mike and Dave Need
   Wedding Dates
- Miss Peregrine's Home for Peculiar Children
- Morgan
- Night at the Museum: Secret of the Tomb
- Par
- Penguins of Madagascar
- Point Break
- Purple Rain
- San Andreas

- Spy
- Star Wars: A New Hope
- Storks
- The Accountant
- The Birth of a Nation
- The Intern
- The Legend of Tarzan (2016)
- The Martian
- The Nice Guys
- The Peanuts Movie
- The Revenant
- Trolls
- Wild
- X-Men: Apocalypse

### PLUS, 150+ EPISODES FROM SOME OF TVS BEST NETWORKS:









### SUB POP ALBUM OF THE MONTH:



Sleater-Kinney Live in Paris

Get started now. See the "Movies & Wi-Fi" card in your seatback pocket.

We've included helpful tips within this card.

# Alaska Airlines Mileage Plan™

### Welcome to a world of rewards.



See the world and earn miles doing it.

Earn or redeem miles on every Alaska flight and flights to more than 900 destinations worldwide with our airline partners.

Earn miles on hotel stays, car rentals. and everyday purchases, too.



























MVP













The more you fly, the richer the rewards.

Partner miles flown also count toward elite status qualification.

### **MVP**

(20,000 miles flown on Alaska)

- · Priority check-in
- Two free checked bags
- · Eligible for complimentary First Class upgrades
- 50% bonus miles and more

### MVP GOLD

(40,000 miles flown on Alaska)

All MVP® benefits, plus:

- Waived ticket change fees on Alaska
- Four annual guest upgrades
- · 100% bonus miles and more

### **GOLD 75K** (75,000 miles flown on Alaska)

All MVP Gold benefits, plus:

- Complimentary inflight entertainment player
- Four Alaska<sup>®</sup> Lounge day passes
- 125% bonus miles and more

<sup>\*</sup>Miles flown on PenAir and Ravn do not count toward elite status qualification.







### Carry the card for even more rewards.

Get **30,000 bonus miles** after qualifying purchases with the Alaska Airlines Visa Signature<sup>®</sup> card. Enjoy added benefits like:

- Annual companion fare offer—because traveling is more fun with a friend
- Free checked bag for up to six people on the same reservation

Learn about all card benefits at alaskaair.com. The benefits above apply to Visa Signature® accounts only and different benefits apply to Platinum Plus® accounts. Card type is determined by creditworthiness.

### Apply at mynewalaskacard.com or ask your flight attendant.

For information about rates, fees, other costs and benefits associated with the use of this card or to apply, visit the website referenced above. The Visa Signature® card benefits described herein are subject to certain restrictions, limitations and exclusions. This credit card program is issued and administered by Bank of America, N.A. Visa Signature is a registered trademark of Visa International Service Association, and is used by the issuer pursuant to license from Visa U.S.A. Inc. Platinum Plus is a registered trademark of Bank of America Corporation.

### Big adventures for fewer miles.

You can now book nonrefundable one-way award travel within the continental United States and Canada starting at just 5,000 miles.\*

		0 .	
New starting price*	Previous starting price*	Distance each way	Sample routes
5,000 miles	7,500 miles	Less than 700 miles (intrastate)	San Jose-Orange County
5,000 miles	12,500 miles	Less than 700 miles	Seattle-San Francisco
7,500 miles	12,500 miles	701 to 1,400 miles	Los Angeles-Portland
10,000 miles	12,500 miles	1,401 to 2,100 miles	San Diego-Seattle
12,500 miles	12,500 miles	More than 2,101 miles	New York-Seattle
* Plus taxes and fees from	\$5.60 each way. Award availability as	nd pricing may vary.	

Join today and start getting rewarded, alaskaair.com/mileageplan.

Cardholder perk: There's no limit to the number of miles you can earn.

We're taking Mileage Plan benefits to the next level. Learn more at alaskaair.com/ gamechanger.

# Mileage Plan gives you the world

# Earn and redeem your Alaska Airlines miles to more than 900 destinations worldwide.

Find tips on how to earn and use miles on our global partners at blog.alaskaair.com/ mileage-plan.



Explore more with Mileage Plan.



**London, England** British Airways



Reykjavík, Iceland Icelandair









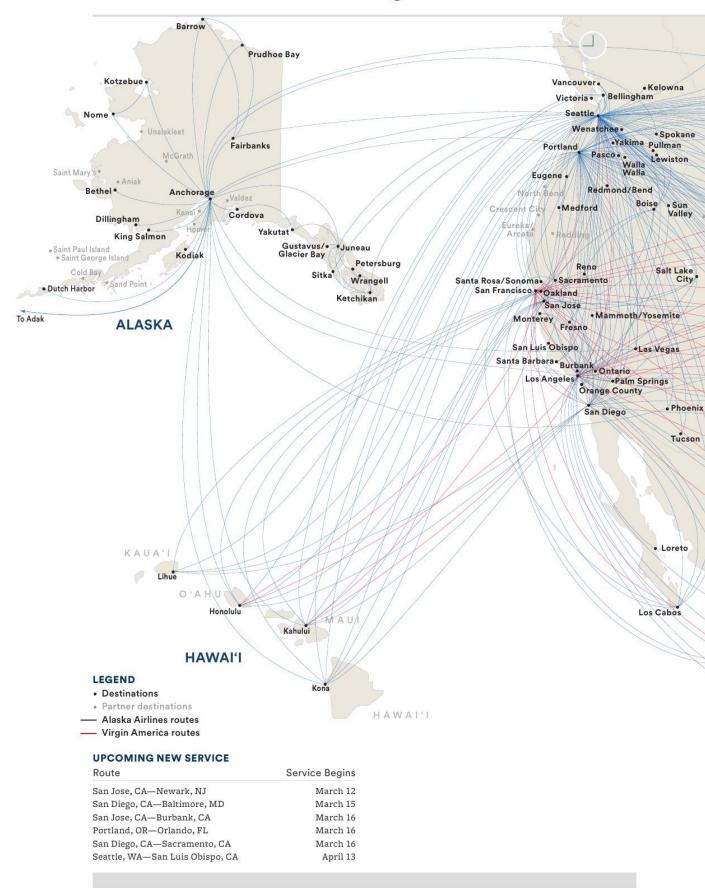


**Dubai, UAE** *Emirates* 

FLYER GUIDE

# Where we fly

## 118 destinations and counting.





Some Alaska

Airlines service operated by



Liberia

COSTA RICA • San José

Airport of the Month



Hollywood Burbank Airport

Location: Burbank, CA Airport code: BUR Served since: 1981 Daily flights: 6

Cities served: Seattle and Portland; San Jose, CA, starting March 16.

Notable: The airport recently changed its name from "Bob Hope Airport" to "Hollywood Burbank Airport" to better market its location.

Insider info: The rotating artwork displayed on the airport's iconic terminal tower is student-created. Students in the Burbank, Pasadena and Glendale school districts compete for the honor; one from each district is selected.

PANAMA

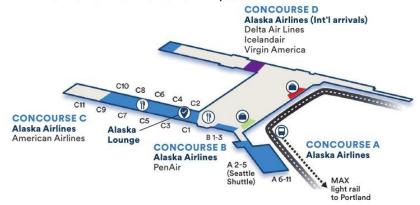
# **Airport terminal maps**

① Tip:

Connecting to an Alaska Global Partner? You'll need to take the shuttle train to the South Loop Train to get to the S gates.



### **PDX** Portland International Airport



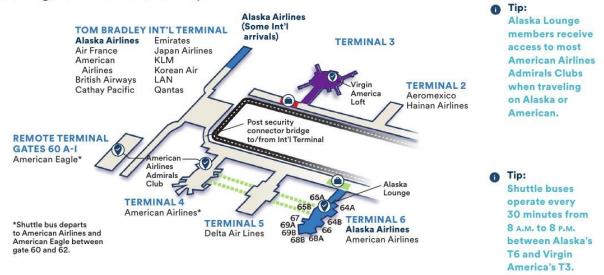
① Tip:

Alaska Lounge members have access to the Cathay Pacific Lounge at SFO when traveling on Alaska.

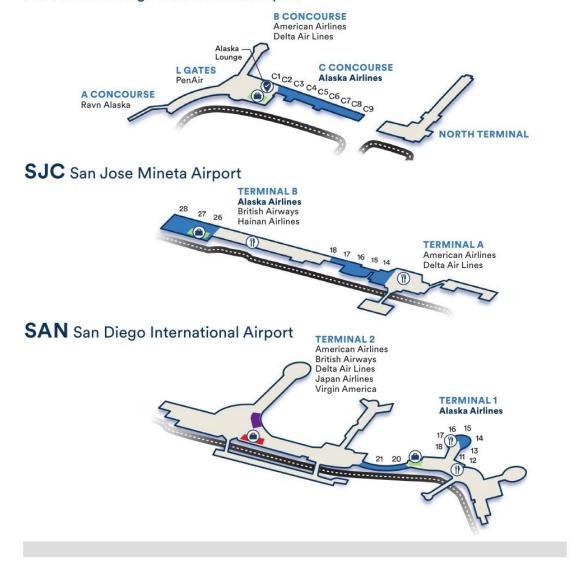


( Dining Options

### **LAX** Los Angeles International Airport



### **ANC** Anchorage International Airport



# **Global Airline Partner terminal maps**

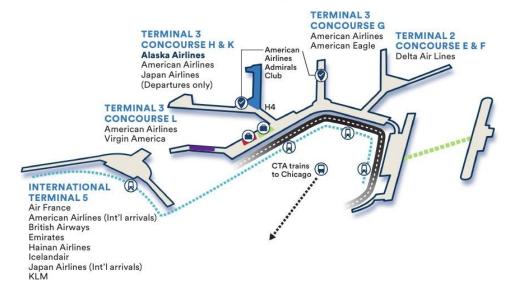
### ORD Chicago O'Hare International Airport

**American Airlines** 

From Chicago, American Airlines serves 122 destinations in 11 countries, with convenient connections to Europe from the West Coast.

### Tip:

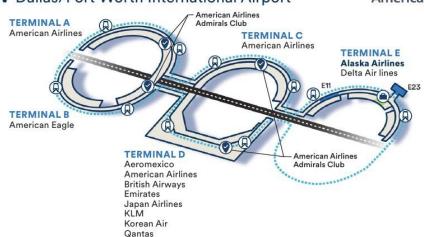
Alaska Lounge members receive access to most American Airlines **Admirals Clubs** when traveling on Alaska or American.



### **DFW** Dallas/Fort Worth International Airport

American Airlines

Headquartered in Dallas, American serves 197 destinations in 29 countries including Latin America, the Caribbean and Europe from DFW.



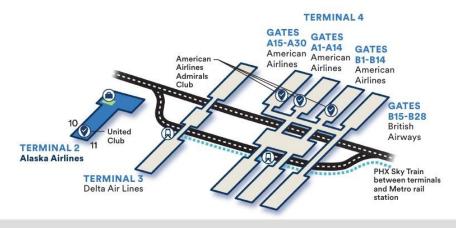
### PHX Phoenix Sky Harbor International Airport

American Airlines

From Phoenix, American flies to 81 cities with over 300 flights.

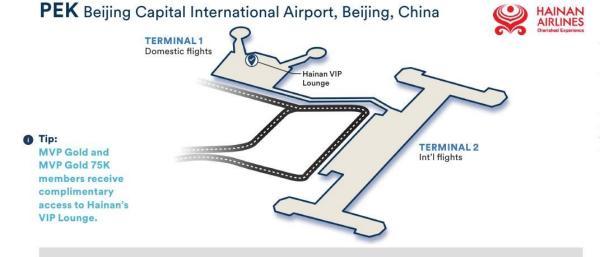
### ① Tip:

Alaska Lounge members have access to the **United Club** across from gate 10 at Sky Harbor when flying on Alaska.





Emirates' Dubai hub offers connections to 100+ destinations on 6 continents, all featuring the airline's world-class service.



TERMINAL 3

Emirates Business Class Lounge

Dubai Metro

TERMINAL 1

to Dubai

With gateways in Seattle and San Jose, earn miles traveling to Beijing, Shanghai and to other destinations throughout China.

**Emirates First** 

and Business Class Lounges

# **Customs and immigration**

Please use all capital letters with blue or black ink.

Por favor use letra mayúscula en tinta azul o negra.

Global Entry is a
U.S. Customs &
Border Protection
program that
offers expedited
customs entry
with no processing
lines, no paperwork, TSA Preè
eligibility and
access to
expedited entry
in other countries.
Apply at www.
cbp.gov.



Customs and Immigration forms are distributed by flight attendants during your flight. Prior to landing, complete all forms that pertain to you, following the tips below. Completed forms are presented immediately upon entering the International Arrivals building. Las formas de Aduana y Migración son distribuidas por los sobrecargos durante el vuelo. Antes del aterrizaje en su destino final complete las formas correspondientes usando las indicaciones que se porporcionan a continuación. Las formas completas seran presentadas en la Terminal Internacional.

#### TO THE UNITED STATES

PASSPORT CONTROL KIOSKS

Automated Passport Control kiosks expedite the entry process. Eligible travelers scan their passport, take a photograph and answer a series of questions at the kiosk. Once complete, present the printed receipt from the kiosk to a Customs Officer.

### Helpful tips

- Only citizens or nationals of the U.S., Canada or Visa Waiver Program countries are eligible to use the kiosk
- · Customs declaration forms are unnecessary.
- Kiosks available in Los Angeles (LAX), Portland (PDX), San Diego (SAN), San Francisco (SFO) and Seattle (SEA).

#### U.S. CUSTOMS DECLARATION

All travelers to cities without Passport Control kiosks must complete this form.

#### Helpful tips

- One form per person or one per family (family defines those in the same household who are related by blood, marriage, domestic relationship, or adoption).
- Lines 5, 6—If not using a passport, leave these lines blank.
- Line 9-Enter "AS" for Alaska Airlines
- Sign at the "X."

#### QUIOSCOS DE CONTROL DE PASAPORTES

Kioscos automatizados de control de pasaportes acelerar el proceso de entrada y se encuentran en muchas ciudades servidas por Alaska Airlines. los viajeros elegibles escanear el pasaporte, tomar una fotografía y contestar una serie de preguntas en el quiosco. Una vez completa, presentar el recibo impreso en el quiosco a un oficial de aduanas.

#### Datos de ayuda

- Sólo los ciudadanos o nacionales de los países del Programa de Exención de Estados Unidos, Canadá o Visa son elegibles para utilizar el quiosco.
- Formularios de declaración de aduanas son innecesarias.
- Kioscos disponibles en Los Ángeles (LAX),
   Portland (PDX), San Diego (SAN), San Francisco (SFO) y Seattle (SEA).

### **DECLARACION DE ADUANA**

Los viajeros a ciudades sin quioscos de control de pasaportes deben completar este formulario.

#### Datos de ayuda

- Una forma por persona o por familia con la misma dirección.
- Línea 5, 6—Si no tiene pasaporte, deje esta sección en blanco.
- Línea 9—Use "AS" para Alaska Airlines.
- Firme en la "X."

### INTERNATIONAL TRAVEL TIPS

TO MEXICO

- All travelers must complete a Mexico Customs Declaration form; one per traveler or family with same address.
- All travelers, except for citizens of Mexico, must complete the FMM; one per traveler or family.

### TO COSTA RICA

- All travelers must complete a Customs Declaration form; one per traveler or family.
- All travelers must complete an Immigrations Form; one per person.
- Costa Rica requires a \$29 departure tax for each traveler. For tickets purchased before June 1, 2016, pay fee prior to check-in with Alaska Airlines at the service centers in terminal check-in area.
   The fee is included in the price of tickets purchased after June 1, 2016.

### **CONSEJOS DE VIAJE INTERNACIONALES**

A MEXICO

- Todos los viajeros deben completar un formulario de declaración de aduanas México; uno por cada viajero o familia con la misma dirección.
- Todos los viajeros, excepto para los ciudadanos de México, deben completar la FMM; uno por cada viajero o familia.

### A COSTA RICA

- Todos los viajeros deben completar un formulario de declaración de aduanas; uno por cada viajero o familia.
- Todos los viajeros deben completar un formulario de Inmigración; una por persona
- Costa Rica requiere un impuesto de salida de \$29
  para cada viajero. Para los boletos comprados
  tarde del 1 junio, 2016, pagar la cuota antes de
  check-in con Alaska Airlines en los centros de
  servicio en el área de registro de entrada en el
  terminal. La tarifa está incluido en el precio de
  los boletos comprados el 1 de junio 2016.

# Your safety and comfort

#### SEATS

- Your seat belt must be fastened whenever the "FASTEN SEAT BELT" sign is illuminated. Keep your seat belt fastened at all other times in case of undetectable clear-air turbulence.
- Seatbacks and tray tables must be in the upright, locked position during taxi, takeoff and landing.
- Child-restraint devices must bear the FAA approval sticker.
- Seat-belt extension use is not allowed in exit rows for the safety of all passengers due to the possibility of entanglement by the extensions.

#### **CARRY-ONS**

- All carry-on baggage must be stowed under a seat or in an enclosed overhead bin upon boarding and prior to landing, as directed.
- Please use caution when opening an overhead bin, as items may have shifted.
- Prior to takeoff and landing, service items provided by Alaska Airlines must be picked up or properly stowed under the seat in front of you, in carry-on luggage that is properly stowed or in an overhead bin.

### LAVATORY

 Customers are requested to use the lavatory in their assigned cabin and are required to do so on inbound international flights; exceptions may be made for customers with special needs.

#### **CREW SAFETY**

• Interference with crew members' (including flight attendants') duties is a violation of federal law. Under federal law, no person may assault, threaten, intimidate or interfere with crew members in the performance of their duties aboard an aircraft under operation. Penalties for crew interference include fines up to \$11,000, imprisonment or both. An incident report may be filed with the FAA regarding a customer's behavior.

#### **DEVICES**

- During taxi, takeoff and landing, portable electronic devices and headphones may be used.
   Larger electronic devices such as laptops must be stowed during taxi, takeoff and landing.
- Cellphones may be used while the boarding door is open until advised by your flight attendant that cell service must be turned off. Upon landing, your flight attendant will advise when cell service can be enabled.
- During flight, electronic voice communications of any kind (e.g., cell/VoIP calls) are prohibited.
- Headphones must be worn when using electronic devices such as personal music players,
   Inflight Entertainment Tablets, etc.

#### PETS

 Pets must remain in carrier for entire flight.
 Carrier must be stowed for taxi, takeoff and landing.

#### **ALCOHOL AND TOBACCO**

- Alcohol may not be consumed aboard an aircraft unless it has been provided by a flight attendant.
   No alcohol may be served to any person who appears to be intoxicated, or who is under 21 years of age.
- Smoking, chewing tobacco and electronic cigarette use are not permitted on any Alaska Airlines flight.

#### OTHER PROHIBITED ITEMS

 Alaska Airlines prohibits the use of items that do not meet FAA Regulations or Company regulations. This includes the use of seat-belt extensions not provided by Alaska Airlines, devices that restrict the recline of seats, self-heating meals or beverages, air filters placed on overhead vents and personal airpurifying devices. The Federal
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### **USING YOUR DEVICES**

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### Allowed on the ground and in the air

- Laptops (must be stowed for taxi/takeoff/landing)
- Tablets/smartphones (Airplane Mode after door closure)
- · Wireless mouse/keyboard
- · e-readers
- Media/CD/DVD players
- · Noise-canceling headphones
- · Cellphones (prior to door closure only)

### Not allowed during flight

- Voice calls of any kind, including VoIP
- · Devices with cell service enabled
- AM/FM radios or TVs
- Personal air purifiers
- · Remote-control toys
- Electronic cigarettes

### **GAMES**

### >> SUDOKU

Complete each sudoku grid by placing a number in each box so that each row, column and small nine-box square contains the numbers one to nine exactly once. Solutions on page 148.

						DI	FFICULT	Y: EASY
	4		9	2		7		
3	9			0		6	2	
1			6	3				9
5	3		1		9			
2		1				9		4
			2		3		8	1
7				9	8			2
	2	5					9	8
		8		5	2		6	

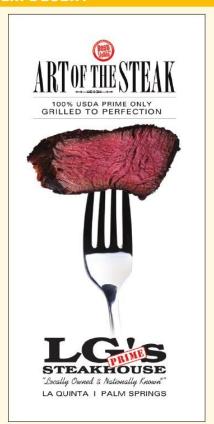
						DIFFIC	ULTY: N	IEDIUM
5			8		2			4
	2	4			6		6	
	8			6		7		2
			7			5	9	3
			5		6			
1	5	9			3			
8		3		5			4	
	7					1	3	
9			3		1			7

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### SOAK UP THE SUN IN PALM SPRINGS & PALM DESERT







#### BRAIN BOOSTER PUZZLES ON PAGE 172.

### LADDERGRAM

L	1. LEARN	2. NEAR	3. ARE	N
U	4. PAUSED	5. SPADE	6. SPED	Α
G	GAMES	8. MESA	9. SEA	М
G	10. GAMBLE	11. BLAME	12. LAMB	E
Α	13. PASTA	14. SPAT	15. SAP	Т
G	16. GRADE	DARE	18. RED	А
E	19. DELUGE	20. GLUED	21. DUEL	G

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### **ANAGRAM MAZE**

The path through the maze, with only one anagram given for each, is 2. mugs; 3. apes; 4. sack; 5. oils; 6. lied; 12. last; 18. coal; 24. vote; 23. much; 22. robe; 16. clay; 15. rock; 14. news; 13. lilt; 19. rage; 25. brag; 26. hear; 27. care; 33. pots; 34. dent; 35. ring.

	2	3	4	5	6
					12
13	14	15	16		18
19	8		22	23	24
25	26	27			
		33	34	35	

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### **CARD SENSE**

The bottom card isn't the nine (clue 2) or the three, six, or king (clue 3), so it is the ace. The top card isn't the three or six (clue 1) or the nine (clue 4); it is the king. Since the six is somewhere above the nine (clue 4) and the nine is somewhere above the three (clue 2), the six is second from the top, the nine is third, and the three is fourth. In summary, from top to bottom: king of diamonds, six of hearts, nine of spades, three of hearts, and ace of clubs.

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### GAMES

### >> BRAIN BOOSTERS

### **LADDERGRAM**

First, write the word that fits the first definition into space 1. Then drop one letter and rearrange the remaining letters to form the answer to definition 2. Drop one more letter, rearrange, and get the answer to definition 3. Put the first dropped letter into the box to the left of space 1 and the other dropped letter into the box next to space 3. When you have correctly solved the puzzle, the dropped letters on the left and right, when read down, will spell out related words.

1.	2.	3.	
4.	5.	6.	
7.	8.	9.	
10.	11.	12.	
13.	14.	15.	
16.	17.	18.	
19.	20.	21.	-

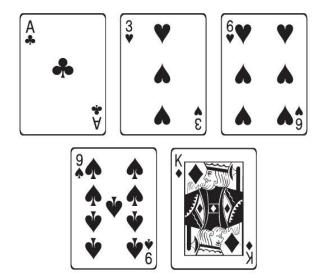
### DEFINITIONS

- 1. Gain knowledge
- 2. At hand
- 3. Exist
- 4. Hesitated
- 5. Shovel kin
- 6. Drove too fast
- 7. Backgammon and tag
- 8. Arizona city
- 9. Briny expanse
- 10. Play the horses
- 11. Accuse

- 12. Ewe's young
- 13. Italian noodles
- 14. Minor quarrel
- 15. Tree fluid
- 16. Report-card entry
- 17. Challenge
- 18. Stoplight hue
- 19. Great flood
- 20. Applied adhesive to
- 21. Burr-Hamilton event

### **CARD SENSE**

Five playing cards were shuffled and put in a pile, one on top of another. Using the clues, can you identify each card's position in the pile?



- 1. The diamond is somewhere above both hearts.
- 2. Exactly one heart is somewhere below the nine.
- 3. The bottom card is not red.
- 4. The six is somewhere above both black cards.

### **ANAGRAM MAZE**

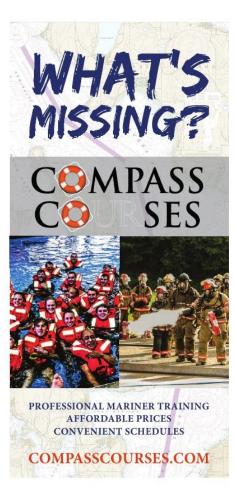
The diagram contains 36 words, 21 of which are anagrams of other everyday words. Start at the top arrow and anagram SMUG. While solving, move up, down, right, or left to the only adjacent word that can be an grammed. Continue until you arrive at the bottom arrow. There is only one path through the maze.

	*	000		200	200
1	<b>2</b>	3	4	5	6
BALL	SMUG	PEAS	CASK	SILO	IDLE
7	8	9	10	11	12
LARD	ZOOS	PACK	DISC	MILL	SALT
13	14	15	16	17	18
TILL	SEWN	CORK	LACY	FILM	COLA
19	20	21	22	23	24
GEAR	WISH	PILL	BORE	CHUM	VETO
25	26	27	28	29	30
GRAB	HARE	RACE	FOUR	MARK	WAIT
<b>31</b> FANG	<b>32</b>	33	34	35	36
	BODY	STOP	TEND	GRIN	BAND

SOLUTIONS ON PAGE 171.

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### **GAMES**

### >> CROSSWORD

### MISCHIEF-MAKERS

25

82

101

90

120 121

89

49 50

33

47

75

81

88

100

115

118

125

67

87

42

57

#### ACROSS

- 1 A Baldwin brother
- 5 Missing, militarily

22

34

43

52

83

92

97

131

- 9 Dancing Castle
- 14 Data
- 18 Thin board
- 19 Swiftly
- 20 Estate house
- 21 Shed feathers
- 22 Against
- 23 Homer's son
- 25 Sulk
- 26 Hole enlargers
- Thing of worth
- 29 Responsive movement
- 31 Major-leaguer
- Costly 32
- 33 Charred
- 34 Detach
- 39 Curvy letters
- 42 Meth.
- 43 Warning sign
- Merrill of "Butterfield 8"
- 46 Radiate
- 48 Face shape
- 52 Dumbfound
- 54 Clarity
- 57 Writer Loos
- 58 Church plates
- 60 Carpe\_
- 61 D.C. figure
- 62 Street's boss
- 63 Drei minus zwei
- 65 "Ed Wood" star
- 67 Creating small hollows 69 Nova Scotia hrs.
- 72 Guy's date
- Swashbuckler Flynn
- 75 Fa's follower
- 76 Football stand
- Spendthrift's opposite
- 80 Performance by one
- 81 Very, in Paris
- 83 \_\_\_\_ donna
- 84 Dawn goddess
- 86 Skiing mecca
- 88 Glacial ridges
- 92 Comics' Andy and Flo
- 93 "The Scarlet \_\_\_\_\_'
- 96 Scrabble squares
- 97 Lhasa \_\_\_\_
- 98 Insult 99 Jib, e.g.
- 101 Butcher's offering
- 102 Avg.
- 105 Boutique
- 108 Some '20s girls
- 110 Declare
- 113 Fashion trends
- 115 Seven, to Nero
- 116 Resolver
- 117 Kind of protest
- 118 Champions
- 122 Kuwaiti, e.g.
- 123 Nursery-rhyme lad
- 126 Spectacular
- Creek

- 128 Landslide debris 129 Smells
- \_\_\_\_ good example 130
- Surrender 131
- 132 Positive replies
- 133 Maui goose
- 134 Clairvoyant

### DOWN

- 1 Winged
- 2 Narrow road
- 3 Ms. Kett
- Tarzan's Cheetah 4
- 5 TropicalAmericantrees
- 6 Armed fight
- Series of eight 7
- 8 Renter
- 9 Dunked
- 10 Enthralled
- 11 Naval off.
- 12 Crannies
- 13 Els and Kovacs
- 14 Detached

15 Knotted loop

124

16 Changing readily

123

128

132

- Master Melvin and family
- Widely 19
- Miranda and Quensel
- 27 Stock-portfolio acronym
- 30 Denial
- 34 Bath bar
- Gwyneth Paltrow film 35
- Soil additive
- **37** Before
- Author Bagnold 38
- Caliph 40
- 41 Positioned
- 45 Nitrogen compound
- 47 Office worker
- 49 Social call
- 50 Expiate
- Jessica or Hope
- 53 Mysteries
- 55 Equals

56 Make better 57 Most abundant

133

114

20

24

86

106 107

32

45

65

73

85

117

94

113

55

37

98

112

53

72

63

78

102 103 104

111

- 59 Easy task
- Snoozes 64
- 66 \_\_ bear 68 Oliver's request
- Humane org. 69
- 70
- Waste metal
- 71 Expeditions Ribs-to-hips parts 74
- 78 "Mission: \_\_\_\_"
- 79 Stirs up
- 82 Scantiness
- 85 Tabloid's specialty
- 87 Fall faller
- 89 Gen. Robert \_\_\_
- 90 Posterior 91 Fast fliers
- 94 Contours
- 95 Mae West character
- "Alice" actress et al. 100
- 103 Danson of "Cheers" 104 Fancy

106 Judge

134

- 107 Menlo Park wizard Brooch 109
- 110 Eaglet's home
- 111 Burn with steam
- 112 Moment
- 114 Nastv
- 116 Jeanne
- 117 German count 118 Sported
- 119 Certain sword
- Ceremony 120 121 Battle wound
- \_ Miniver" 124 125 After Sun.

**SOLUTION ON PAGE 148.** 



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**))** "Made this sketch while sitting in the Maui airport waiting to board an Alaska Airlines flight home," says flyer and Instagram user Megan Perkins (@perkins\_megan). "I wasn't sure I'd finish it in time, but there were several late passengers, and Alaska kindly held the plane, and gave them time to make their flight and me time to finish my painting. The shells are a souvenir from Maui that I carried home!"

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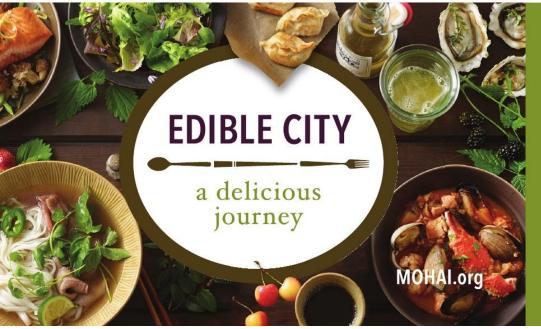


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NOV 19, 2016 - SEP 10, 2017

