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INGRID BARRENTINE

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## How Dutch Bros and its customers **MAKE A DIFFERENCE.**

Dutch Bros Coffee sources beans from farms in [El Salvador](#), [Colombia](#) and [Brazil](#). The beans are grown by farmers we know and shipped directly to Grants Pass, Oregon, where they're roasted to perfection.

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Iced Cold Brew  
w/ Cream



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Scan the QR code to go on a photographic trip through our farms in El Salvador at [dutchbros.com/origins](https://dutchbros.com/origins).







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Claire Michaels, Horizon Air  
Flight Attendant and Army  
Reserve Specialist.

**Photos and composition by**  
Ingrid Barrentine.

# 25 Best Cocktail Bars in America

GQ Magazine



*Come for a drink, stay for dinner*

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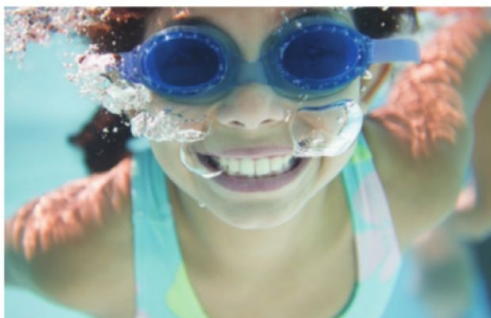
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Portland, Oregon



# WELCOME»



» Guests and employees, including Horizon Air CEO Gary Beck (right), cheered Horizon's new "Honoring Those Who Serve" E175 aircraft.



**Brad Tilden,**  
Chief Executive  
Officer

## FOR OUR VETERANS, A SALUTE AND A JOB OFFER

» **Carlos Zendejas**, our Chief Pilot for Horizon Air, grew up watching military aircraft circle over his home and later realized his dream of flying through a commission in the U.S. Air Force. Carlos is a fantastic leader for Alaska/Horizon, and we're all very proud of the work that he and others do to help military veterans transition to careers in the flight deck. —Brad Tilden



**Carlos Zendejas,**  
Chief Pilot for  
Horizon Air

I will be forever grateful to the military for the opportunities it provided to a kid from Mexico with limited means. I spent the first 10 years of my life just across the border. When my family moved to the United States, we lived in Del Rio, Texas. Now, what is so special about Del Rio? It happens to be home to Laughlin Air Force Base, one of the largest pilot-training bases in the United States. Thus, from a young age, I could see the T-37 jets flying around the pattern. As a kid, I had no idea how to become a pilot, but I knew that flying was what I wanted to do with my life. This desire led me to join the Air Force Junior Reserve Officer Training Corps (JROTC) in high school, because those kids were wearing

military uniforms, and I thought they must know how you become an Air Force pilot.

This led me to Air Force ROTC on a scholarship in college, which resulted in a commission in the Air Force. This journey was the start of a 22-year military career, both active duty and in the Reserves. My Air Force time allowed me to fly the C-21 (Learjet 35) and KC-10 (DC-10) around the world in service of my country. I saw firsthand the dedication, sacrifice and unselfish commitment from the incredible men and women who serve our country.

I was extremely fortunate to have been hired by Alaska Airlines in 2002, at a time when most airlines were not hiring, but shrinking, thus demonstrating Alaska's unwavering commitment to hiring veterans. Years later, I had the opportunity to join the Chief Pilot's office and continue that same commitment to providing opportunities for veterans to join Alaska Airlines.

In the fall of 2017, I transferred to Horizon Air and became the System Chief Pilot, to be part of building the future of this special airline. One of my essential functions in this role is to ensure



## » WELCOME

a continuous supply of pilots. To that end, one of the early programs that we instituted was the Rotor Transition Program. This program provides a path for helicopter pilots to transition to flying airplanes. The program targets military helicopter pilots and helps them make the transition to commercial aviation and join our Horizon Air family. There are similar programs throughout the company that recognize the amazing talents that veterans bring to our teams. Such strengths include teamwork, integrity, persistence, resourcefulness and leadership, all of which help our company to be stronger and to better serve you, our valued guests.

Recently, I was honored to have a small part in helping to make our newest “Honoring Those Who Serve” aircraft a reality. This special E175 aircraft joins two Alaska

Airlines aircraft with similar livery. Every time I see these aircraft, I am reminded of the service, dedication and sacrifice of countless military men and women.

These aircraft also remind me of the families who sacrifice so much along with our military members—families who must do without their loved ones on holidays, birthdays and anniversaries, and during babies’ first steps.

Throughout this month, when we celebrate Veterans Day, I just want to say *thank you* to all military personnel and veterans, and to their families. We owe you a debt of gratitude that we can never repay. Thank you for your service.

Thanks for flying Alaska and Horizon. —Carlos Zendejas



» **Carlos Zendejas introduces his son Michael to Medal of Honor recipient Joe M. Jackson, a retired Air Force colonel, now deceased.**

## » BIENVENIDO



**Brad Tilden,**  
Jefe Ejecutivo



**Carlos Zendejas,**  
Jefe de Pilotos de  
Horizon Air

## PARA NUESTROS VETERANOS, UN SALUDO Y UNA PROPUESTA LABORAL

» **Carlos Zendejas, nuestro Jefe de Pilotos de Horizon Air, creció viendo cómo las aeronaves militares circunvolaban por encima de su hogar. Más adelante, hizo realidad su sueño de volar a través de una comisión en la Fuerza Aérea de los Estados Unidos. Carlos es un líder excepcional para Alaska/Horizon, y estamos muy orgullosos del trabajo que Carlos y otras personas hacen para ayudar a que los veteranos del ejército realicen la transición hacia una carrera profesional en la cabina de vuelo.** —Brad Tilden

Estaré siempre muy agradecido con el ejército por las oportunidades que brindaron a un joven de México con medios limitados. Pasé los primeros 10 años de mi vida justo en el cruce de frontera. Cuando mi familia se mudó a los Estados Unidos, vivimos en Del Rio, Texas. Y bien, ¿qué tiene de especial Del Rio? Resulta que es la ciudad que alberga la Base Laughlin

de la Fuerza Aérea, una de las bases de entrenamiento de pilotos más importantes de Estados Unidos. Por ello, desde muy pequeño, solía ver a los jets T-37 volar alrededor de la trayectoria. No tenía idea cómo una persona se convertía en piloto, pero de niño supe que eso era lo que quería hacer con mi vida. Este deseo me impulsó a unirme al Cuerpo de Entrenamiento para Oficiales Subalternos Juveniles de la Reserva (Reserve Officers Training Corps, ROTC) de la Fuerza Aérea en la escuela secundaria, porque esos jóvenes usaban uniformes militares, y yo pensé: ellos seguramente sabrán cómo convertirse en un piloto de la Fuerza Aérea.

Esto me llevó a unirme al ROTC de la Fuerza Aérea mediante una beca universitaria, y luego me uní a una comisión en la Fuerza Aérea. Este trayecto fue el inicio de 22 años de carrera militar, tanto en el servicio activo como en las reservas. El

tiempo que pasé en la Fuerza Aérea me permitió volar el C-21 (Learjet 35) y el KC-10 (DC-10) alrededor del mundo prestando servicio a mi país. Vi con mis propios ojos la dedicación, el sacrificio y el compromiso desinteresado de los increíbles hombres y mujeres que sirven a nuestro país.

Fui sumamente afortunado de haber sido contratado por Alaska Airlines en 2002, periodo en el cual la mayoría de las aerolíneas no estaban contratando, sino reduciendo su personal, lo cual demuestra el firme compromiso de Alaska Airlines por contratar veteranos. Años más tarde, tuve la oportunidad de unirme a la oficina del Jefe de Pilotos, y continúe el mismo compromiso de brindar oportunidades para que los veteranos puedan unirse a Alaska Airlines.

En otoño de 2017, me transferí a Horizon Air, y me convertí en el Jefe de Pilotos del Sistema, para ser parte



del desarrollo futuro de esta aerolínea tan especial. Una de mis funciones esenciales en este rol es garantizar un suministro continuo de pilotos. Para tal propósito, uno de los primeros programas que instauramos fue el Programa de Transición desde Ala Rotatoria. Este programa ofrece un trayecto para que pilotos de helicópteros realicen una transición y comiencen a volar aviones. El programa está dirigido a pilotos de helicópteros militares, y los ha ayudado con éxito a realizar la transición hacia la aviación comercial y a unirse a nuestra familia de Horizon Air. Existen programas similares en toda la compañía que brindan reconocimiento al excepcional talento que los veteranos incorporan en nuestros equipos. Esas fortalezas incluyen trabajo en equipo, integridad, perseverancia, habilidad y liderazgo, cualidades que permiten que nuestra compañía sea más sólida y pueda prestarle a usted, nuestro preciado cliente, un mejor servicio.

Recientemente, tuve el honor de participar y ayudar a hacer realidad nuestra aeronave más nueva "Honrando a los que Sirven." Esta aeronave E175 especial se une a las dos aeronaves de Alaska Airlines con colores distintivos similares. Cada vez que veo una de estas aeronaves, viene a mi mente el servicio, la dedicación y el sacrificio de los innumerables hombres y mujeres militares. Estas aeronaves además me recuerdan a las familias que sacrifican tantas cosas junto a nuestros miembros del ejército; estas familias deben vivir sin sus seres queridos en los días festivos, cumpleaños, aniversarios, y muchos de ellos no pueden ser testigos de los primeros pasos de sus bebés.

Durante este mes, cuando celebremos el Día de los Veteranos, simplemente quiero decir Gracias a todo el personal militar, a todos los veteranos y a sus familias, tenemos con ustedes una deuda de gratitud que nunca podremos pagar.

Gracias por su servicio, y gracias por volar Alaska y Horizon.

—Carlos Zendejas



## 'tis the SEASON

It's the most wonderful time of the year for gatherings. Embrace the crisp air, the crunch of leaves beneath your feet, and cozy nights by celebrating the magic of the holiday season.

Our 2019 holiday collection is full of the perfect gifts to give as a thoughtful gesture and to get as an accompaniment or centerpiece for your own gathering!

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Snowflake Lane Parade on Bellevue Way at The Bellevue Collection, nightly at 7 PM, from November 29 through December 24.

# Magical Holidays. Let it Snow.

*The Bellevue Collection—  
Experience the Most Festive Season at the  
Northwest's Premier Shopping Destination.*

Snowfall in the PNW can be challenging to predict, but at The Bellevue Collection, it happens nightly at Snowflake Lane, celebrating 15 years of snowfall! And downtown Bellevue's premier shopping center is full of luxurious surprises for the holiday shopper and lots of delight for the family, too.

You'd be forgiven for thinking of Bellevue Square as just another shopping mall, but you'd be wrong. Home to more than 200 shops, the center features several brands that can't be found elsewhere in the state, like Korean beauty brand **TonyMoly** and workout apparel enterprise **Fabletics**. It also features showrooms for current megastars like **Tesla** and **Peloton** bikes.

The shopping center is part of a larger selection of retail stores, entertainment areas and eateries called The Bellevue Collection. Bellevue Square—and nearby Lincoln Square & Bellevue Place—are a great destination to visit to get your gifts in order.

## SNOWFLAKE LANE. THE MOST MAGICAL WINTER WONDERLAND

The star of the show for the last 15 years in Bellevue is Snowflake Lane, a nightly celebration that runs from Black Friday through Christmas Eve. Great for kids of all ages, Snowflake Lane draws crowds from the Pacific Northwest and beyond! Some of the fun to be seen at this complimentary event includes costumed dancers, parade floats, and snowflakes drifting from the sky. Looking for something fun and educational for the kiddos? Check out the nearby **Kid's Quest Museum** and then head out to dinner before catching Snowflake Lane.



## NEW AND ONLY AT THE BELLEVUE COLLECTION

Always bringing in fresh, interesting brands, new to the Collection this year is **Tory Burch**, the bright and colorful women's fashion and lifestyle brand. For the minimalist in your life, **The Reset** is a capsule fashion store with pieces designed to pair with the rest of your wardrobe. Meanwhile, if you're looking for ethically-sourced gifts, check out **Matt + Nat**, a PETA-approved vegan and recycled clothing store that specializes in bags, outerwear and shoes. Better yet, you know your gifts will be unique, as you won't find any of these stores elsewhere in Washington.

## STAY TO ENJOY THE SEASON

To make the most of your trip, book a stay at one of the hotels within easy walking distance. **W Bellevue** boasts bold decor and several distinctive food and cocktail lounges, including Northwest farmhouse-style **The Lakehouse**, and a speakeasy-style bar, **Civility & Unrest**. Looking for luxury relaxation? The AAA Four-Diamond **Westin Bellevue** has award-winning beds so you'll sleep like royalty, and **Truce Spa** uses all-organic products in each of their six treatment rooms. The family-friendly **Hyatt Regency Bellevue** boasts a work-out facility and indoor pool. The best part? All three hotels connect to The Bellevue Collection by sky bridges, so making your way around The Collection is easy and comfortable.

Shopping for the holidays will be MORE than just shopping with a visit to The Bellevue Collection. Pick the hotel that suits your style, then see the "Shop and Stay" packages, featuring special rates and a Bellevue Collection gift card to get your shopping started. Go to [bellevuecollection.com/getaway](http://bellevuecollection.com/getaway) and plan your holiday adventure.



*Tory Burch, new to Bellevue Square.*



*Celebrate the season at W Bellevue's "Living Room."*



## 'THE COLLECTION' EATS & PLAYS

**Me + Crepe**—A popular Chinese street food offering sweet and savory ingredients, both traditional and modern.

**Castilla**—Spanish tapas restaurant brings flavorful, sharable small plates to Bellevue Square.

**Forum Social House**—Featuring Top Golf Swing Suites, two nine-hole courses of miniature golf, a sound lounge, and tasty food and cocktails.



Scan for Shop & Stay packages at Hyatt Regency Bellevue, The Westin Bellevue and W Bellevue.

The Bellevue Collection is located in downtown Bellevue, WA, just minutes from Seattle.

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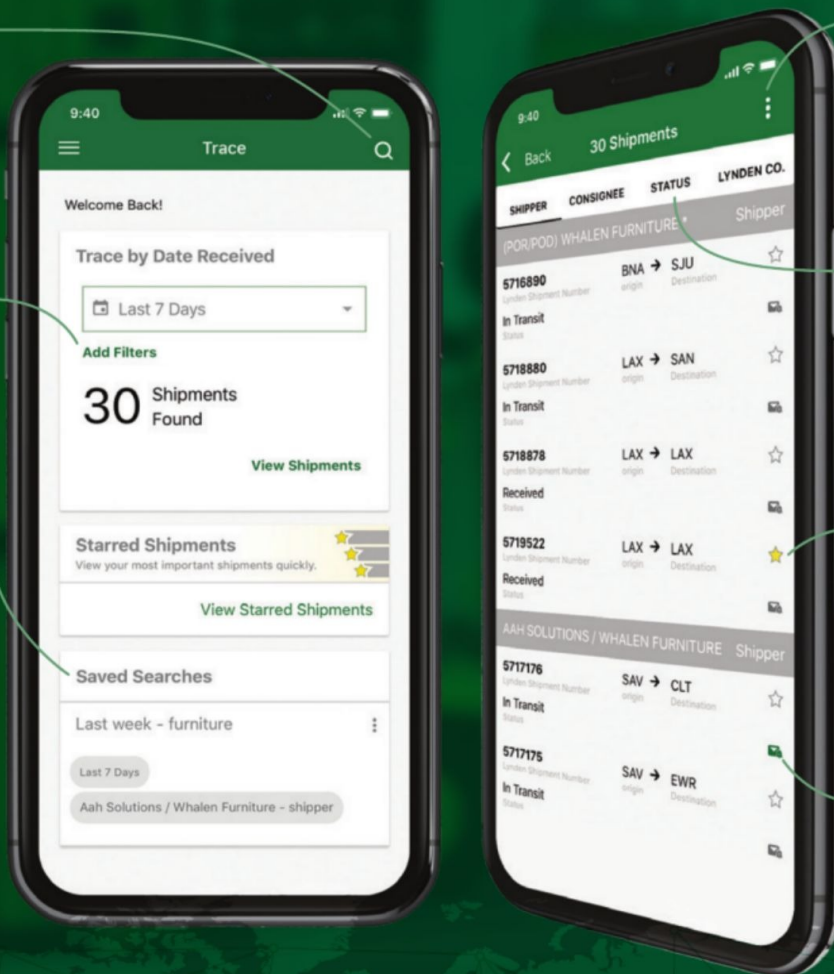
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# IN THE KNOW»

## WHAT'S NEW: MORE PAINE FIELD FLIGHTS

» We've heard you loud and clear about adding more destinations from Paine Field in Everett (a short drive north of Seattle).

This month, we're launching daily nonstop service between Paine Field and the Eastern Washington city of Spokane (starting November 4), as well as daily nonstop service between Paine Field and Palm Springs, California (starting November 5). By adding these routes—the ninth and 10th destinations connected with Paine Field—we have expanded service on high-demand routes in time for the holidays and the popular winter-travel season.

The new routes were high on many of our guests' wish lists. Not long after Alaska started flying from Paine Field in early March, requests from guests poured in to add the warm-climate destination of Palm Springs. The demand for service to Spokane was similarly high.

"When it comes to flights at Paine Field, our guests have been eager for [Spokane to be added]," says David Besse, Alaska's manager of network planning. "We believe this route will be very popular, connecting family and friends, and workers and businesses, [in] two dynamic regions of Washington state."

We're glad to bring more service to the Seattle/Everett area and to other places our

guests want to fly. Since our start of service at Paine Field eight months ago, flying in and out of this airport has become a popular, convenient option for many travelers, especially those who live north of Seattle. Service through Paine Field is a hit—from the ease of getting to the airport to the luxurious comfort of the new terminal, to the quick boarding process. More than 400,000 passengers have flown with Alaska via Paine Field.

And from Paine Field, the broader world beckons. By connecting to gateway airports on the West Coast—such as Los Angeles and San Francisco—guests can fly with Alaska Global

Partners to more than 900 destinations around the globe. Flyers can also earn and redeem miles through our acclaimed Alaska Mileage Plan program. Learn more at [alaskaair.com](http://alaskaair.com).



*Palm Springs is one of Alaska Airlines' new destinations from Paine Field, with service starting this month.*

### MORE FLIGHTS TO LOVE

More new service is coming soon—including four routes starting Jan. 7:

- Los Angeles–Redmond/Bend
- Los Angeles–Spokane
- San Diego–Redmond/Bend
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## BEING THE BEST

### ■ We're thankful twice over.

For the second straight year, Alaska Airlines has been named "the best" in two prestigious surveys announced in October—by *Condé Nast Traveler* and *Newsweek* magazines.



*Condé Nast Traveler* named Alaska the "Best U.S. Airline" in its 2019 Readers' Choice Awards, based on the ratings of more than 600,000 readers who shared feedback about their recent travel experiences.

*Newsweek* listed Alaska No. 1 in the Airlines category of its America's Best Customer Service 2020 report. This recognition was based on a survey of 20,000 U.S. customers, and factored in respondents' likelihood to recommend the brand as well as other criteria, including communication and customer focus.

Being named "the best" is an honor. And we constantly push ourselves to be even better, by providing exceptional experiences and features such as our fresh inflight menus, upgraded cabins and award-winning Alaska Mileage Plan to complement our employees' best-in-class service. Thank you for flying Alaska. ✈



# FIRE UP YOUR HOLIDAYS AND EMBRACE THE ARTS IN THE COMMUNITY

Twinkling lights, sparkling glass, rich choral music - these are all signs of the holidays at Chihuly Garden and Glass.

By Michelle Bufano, Executive Director of Chihuly Garden and Glass

We're proud to showcase Pacific Northwest artists during Seasonal Sundays, our annual live music program held November 24 through December 22. This year, through a partnership with the Greater Seattle Choral Consortium, five of Seattle's premier choral groups will take the stage in the Glasshouse to perform their favorite holiday songs.



The Glasshouse is truly one of the most unique places to experience this type of music. You'll feel completely immersed as the notes and tones soar through this conservatory, which was designed to be a community gathering space. During the performance, you can also watch as the sun sets in Seattle and the Glasshouse takes on a glow, offering an entirely different experience than daytime.

Before you leave, make sure to visit the Bookstore. You can find many unique gifts made by one of the nearly forty Pacific Northwest-based artists represented in the Bookstore, but one thing that appears only for the holidays is a special glass ornament.

Every year we commission a new local glass artist to design and create the piece with the goal to raise money in support of the arts. This year's ornaments are hand-blown by local artist Trenton Quiocho. He

has worked as a glassblower and teaching assistant at Dale Chihuly's Boathouse Hot Shop in Seattle, the Museum of Glass in Tacoma, and Pilchuck Glass School in Stanwood, and his work is highly influenced by the Venetian tradition.

The proceeds from the ornaments will go to the Center Art Foundation, which is a new foundation that supports youth arts programs, arts education and scholarships for artists. In the past, we have supported Teen Tix, The Vera Project, Seattle Youth Symphony, and the Hilltop Artists program.

We'd love to celebrate the holiday season with you and hope you'll join us in embracing the vibrancy of arts in our community.



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## MEMORY MAKER

Flight Attendant Olga Robinson is a Legend of Customer Service

» **The smiling couple** on the Alaska Airlines flight from Chicago to Anchorage had plans to be married in a simple ceremony while visiting Alaska for the first time—with just the two of them and a judge at a municipal courthouse.

That was before they met Olga Robinson.

Robinson, an Anchorage-based flight attendant and 20-year Alaska employee, recalls learning the couple's story while serving drinks.

"I said, 'I think we should just do the wedding now,'" Robinson remembers.

When a passenger nearby spoke up to say she was a minister, the couple considered and ultimately agreed. Robinson and her colleagues sprang into action, fashioning a bouquet from paper napkins and creating a cake from baked goods they had available. Another flight attendant's mother-in-law, a professional singer, was aboard and sang at the ceremony. The minister officiated, and the captain confirmed the marriage over the PA system to the cheers of a planeload of impromptu wedding guests.

Robinson has built a career around creating positive memories for flyers—though weddings are rare. "I try to connect," she says. "Even just by looking people in the eyes when I say hello."

Growing up in New York, Robinson joined the U.S. Army in 1979 and was attached to an aviation unit stationed in Germany, and then Texas. She met her husband on active duty, and they later moved to Anchorage, where they would raise three children. Robinson found a job at another airline before joining Alaska.

For nearly 50 years, Robinson has also done volunteer work, including for her church, for an Alaska high school making prom corsages, and at a neonatal intensive care unit comforting babies. And she returned to college recently, earning a degree in human resources.

Throughout her varied activities, Robinson aims to "do the right thing," and she treasures the knowledge she gains: "When you give a bit of yourself, you learn things, too." —Ben Raker



Olga Robinson.

### QUESTIONS & ANSWERS

#### What do you like most about your job?

I can't get enough of waking up in the morning to hang out with co-workers who are like brothers and sisters to me. And I like seeing familiar customer faces as well as faces that might become familiar. It brings me joy to be part of an experience on a particular plane, for a particular time.

#### What advice do you have for new hires?

Be a good listener and storyteller. People like sharing stories you can learn from. Sometimes, they want to hear yours, too.

#### What are your favorite places to travel?

Sitka, Alaska, and Chicago, Illinois. If I had a short vacation, I'd go to Sitka. It's one of the most romantic, beautiful places I know. I'd get myself a good cup of coffee and enjoy the small-city scene. After that, I'd go to Chicago to catch a show you can only see in a big city. I like both extremes.

#### What are must-haves for a travel bag?

Walking shoes, clothes that don't wrinkle and, if you're like me, you don't want to be caught without your favorite shampoo.

### KUDOS FROM OLGA'S CO-WORKERS

"Olga goes above and beyond in all aspects of work and life. She's gentle and caring with passengers. It's not surprising that, by the middle of a flight, she may know someone's retirement plan, current life happenings, and be invited to their dinner party."

—Brandie B., Flight Attendant, Los Angeles

"When I think of 'thinking outside the box,' I think of Olga. She uses her resources like no other person I know."

—Serenity O., Inflight Supervisor, Anchorage

"You instantly want to tell her your life story, maybe cry on her shoulder, or just [be around] her. ... The way she makes people feel cared for is just incredible."

—Trudy B., Inflight Supervisor, Anchorage

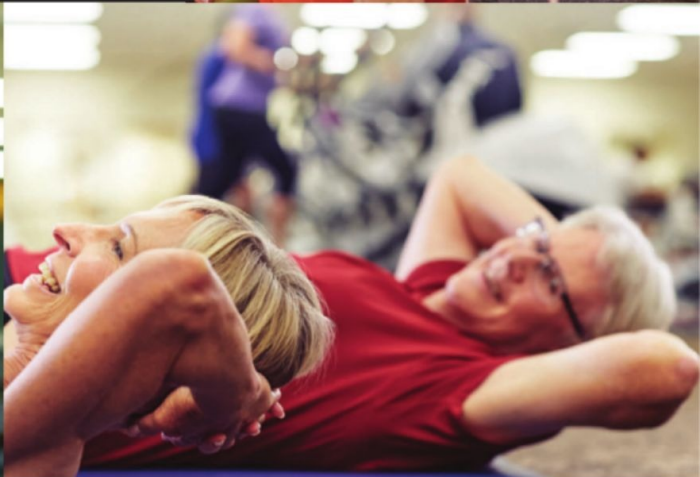
"Olga is an amazing woman and someone I look up to every day. I'm very thankful that I get to work with her, and I'm very fortunate that I've worked with her for so many years."

—Tracey L., Inflight Base Manager, Anchorage



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## EXPERT TRAINER

Captain Robert Hunt is a Horizon Air Pathfinder

» Praised by colleagues for having developed “one of the most successful airline-training programs in the world,” Captain Robert Hunt is known for being approachable, calm, patient and empathetic about the challenges of becoming an airline pilot. He also respects different learning styles. For instance, when a new pilot candidate was struggling because of a learning disability, Hunt contacted experts in the academic field for input, and then created a program tailored to the fledgling aviator’s needs. The pilot went on to have a successful 20-year career at Horizon Air before retiring.

When the airline introduced iPad flight manuals eight years ago, Hunt spearheaded creation of numerous videos that play on the device and show pilots doing things right in various scenarios. And as he develops curricula for new-hire to longtime pilots, as well as for simulator instructors and check pilots, he uses extensive data collection, including from actual flights, to provide the best training.

“My job is training and checking,” says Hunt, who is based in Portland, Oregon, and whose current work as chief flight instructor on Horizon’s fleet of Embraer 175 jets includes conducting simulator training and evaluating pilot performance. “It is awesome to develop successful pilots, compliant with standards, who fly well and get our guests from A to B safely every day,” he says. “Our pilots are talented and well-trained. They take their initial and continuing training very seriously.”

Hunt, who is renowned for being an exceptionally skilled pilot himself, is following in the airline-industry footsteps of his commercial pilot father and aircraft mechanic grandfather. Hunt joined Horizon in 1990, attracted by Alaska Air Group’s safety culture and reputation for service. His prior experience included piloting floatplanes and ski planes in the Arctic for a Canadian company. “It was challenging to land those planes smoothly—I got lots of practice.” —M. Dill



Robert Hunt.

### QUESTIONS & ANSWERS

#### What are favorite parts of your job?

Working with outstanding colleagues, including everyone in Flight Operations. Also, I have enjoyed opportunities to do cool projects, such as test-flying the “fog buster” Heads-Up Guidance System for the Q400 and CRJ-700 for Horizon, being one of the first commercial pilots in the world to autoland the Embraer 175, and being part of the cadre that helped bring the E175 onboard at Horizon starting in 2016. I love flying the E175. It’s a phenomenal aircraft—well designed and thought out. The cockpit is very advanced. Another aspect of my Horizon job that I like is not having to commute to other parts of the country for work. I get to stay in the West.

#### What’s on your travel wish list?

I’ve been to every continent but Antarctica, so maybe my wife and daughter and I will get there some day. My wife would also like to visit the Grand Canyon—it does look cool whenever I fly over it.

#### What do you take with you on a trip?

Music. I play the guitar, and I used to bring it with me when I traveled, but that got to be too cumbersome, so now I just make sure to have lots of music on my phone.

#### What are philosophies you live by?

Stick things out. Strive to stay happy and positive. Avoid drama, even under stress. Have a good sense of humor.

### PRAISE FOR ROB

“Rob is a natural-born leader. He’s calm, cool and collected. He knows his stuff, and he has the right stuff. If he tells you he’s going to do something, you can take that to the bank. And he does everything with a smile. Rob and I worked together for years in the Standards and Training Department, and we also tested aircraft

together. I’ve seen firsthand how talented and impressive he is with an airplane. In his current role as chief instructor for the E175, he is again demonstrating his calm, steady hand and experience, and achieving outstanding results.” —Perry S., Q400 Captain, Check Airman and Lead Flight Operations Duty Officer, Portland



HORIZON AIR EMPLOYEES such as Robert Hunt are the reason for our excellence. Join us in creating an airline people love. Visit [horizonair.jobs](http://horizonair.jobs).



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## PACK THE PLANE

Alaska Airlines employees give to those in need

By Lora Shinn

» Across the nation last November, Alaska Airlines employees brought packaged food to work for a good cause. They were supporting the Pack the Plane food donation program, resulting in a total of 9,456 pounds of canned or other packaged food being collected and distributed to local food banks.

Alaska employees also raised more than \$99,000 in donations, which paid for nearly 450,000 meals for hungry children, women and men. The donations amounted to the equivalent of twenty 737 cargo planes full of food.

When Alaska first started the Pack the Plane holiday food drive in the fall of 2009, the idea was to fill an entire virtual cargo plane, based on what a plane's interior could hold. Alaska initially partnered with food banks in Seattle, Anchorage and Portland. Local donations of food and money stay in the area and go to local programs to provide holiday meals.

The program took off, and a growing number of the airline's stations around the country have raised money and collected items, with all proceeds going to their food banks.

Today, Alaska supports more than 30 food

banks within the local communities where employees live and work, and financial donations have nearly doubled in the past 5 years, from a total of \$53,000 in 2013 to nearly \$100,000 in 2018. Employees expect to do even better this year.

"We really wanted to find a community cause that the entire company could support, no matter where they were in the system," says Rick Bendix, Manager of Marketing and Business Development for Alaska's Air Cargo Division. "Food banks are always in need during

the holidays, and this is something that our employees are really passionate about."

Seattle-based Northwest Harvest has been a major recipient of the program. The hunger relief agency distributes food and resources across Washington state to 375 partners, including schools, food banks and meal programs.

"Relationships and support from companies such as Alaska Airlines are critical in our fight against hunger," says Thomas Reynolds, Northwest Harvest CEO. "Not only does Alaska support us through initiatives such as seasonal food drives, but the airline also does a wonderful job of inspiring employees and customers who want to be a part of building healthier and stronger communities across Washington."

Employees in the state of Alaska have come up with a variety of ways to raise money. Local teams held bake sales, and crafted themed gift baskets for an employee auction. Such activities helped them raise \$10,915 for the Food Bank of Alaska in Anchorage.

"It's a dollar at a time," says Anchorage Cargo Office Agent Christine Tozier of raising money for the Pack the Plane program. "Every year, we can't believe we pull it off and surpass our goals. It makes you feel good to give back to the community." ✈

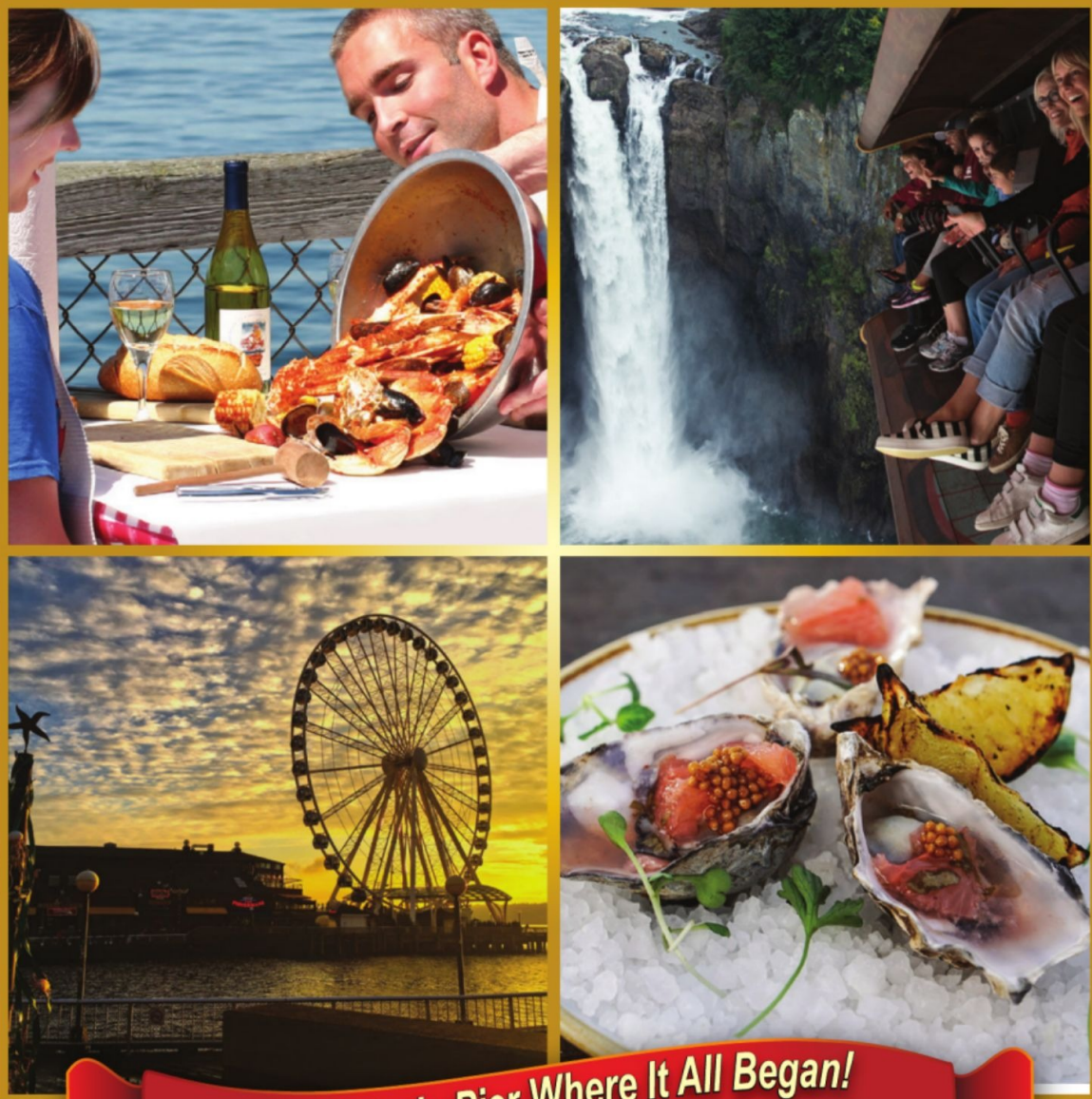


» Alaska Airlines employees across the country volunteer at food banks in their communities, such as the team, above, that sorted food at The Idaho Foodbank in Boise, and a group from the Seattle area, left, which volunteered at The Auburn Food Bank, south of Seattle.



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## ELEVATE YOUR TRIP WITH THE NEW ALASKA LOUNGE EXPERIENCE

By Scott Mackenzie

» Alaska Airlines has committed a \$50 million, multiyear investment to refreshing and expanding its network of Alaska Lounges, which already includes a new location in New York at John F. Kennedy International Airport's Terminal 7 and a 15,800-square-foot flagship in Seattle-Tacoma International Airport's North Satellite, shown above. A new lounge will also be opening on the top floor of San Francisco International Airport's Terminal 2 in 2020.

Among the new additions are a fully staffed barista station with improved bakery items, and made-to-order meals as Alaska continues to emphasize fresh, local cuisine. The interior design has been updated throughout, with a modern West Coast feel that is consistent across locations. And, of course, the Alaska Lounge still has the complimentary bar service, snacks and salad bar that you remember.

Alaska's new barista service lets you skip your local coffee shop and rely on one of the friendly attendants to make your favorite espresso beverage or loose-leaf tea. There's even a pumpkin-spice latte on the menu this fall. Pair it with complimentary Greek yogurt, steel-cut oatmeal, fresh scones or a treat from one of those famous pancake machines.

But if you ask me, it's always 5 o'clock some-

where, and the bar service at the Alaska Lounge has long been known for West Coast wines and local draft beers, such as the exclusive Lounge Life IPA from Seattle's Fremont Brewing Co. Also check out the Lounge's top-shelf spirits and specialty cocktails such as the Transcon Moscow Mule.

Enjoy your drink with free online access to *The New York Times* as you unwind in a leather lounge chair with runway views. During colder months, you can chat with friends beside a fireplace. And don't forget to request one of Alaska's made-to-order meals, such as a Chicken Pesto Panini for just \$8.

This all sounds great, right? It gets better. New pricing makes it less expensive than ever to get a day pass to an Alaska Lounge, while travelers on first-class tickets (excluding upgrades) continue to receive complimentary admission. Day passes cost \$50 per person and let you visit multiple locations for up to 24 hours. If you have an Alaska Airlines Visa credit card, you'll pay just \$25.

Annual memberships start at \$450, which is the lowest rate of any U.S. carrier, but can be discounted to as low as \$300 depending on your elite status. And if you're not visiting one of the airports with an Alaska Lounge location,



you can still use your membership to access more than 95 partner lounges, including most American Airlines Admirals Club and Qantas Club locations (some restrictions apply).

Lounge access is the perfect pairing with Mileage Plan elite status, one of the most rewarding loyalty programs in the industry. There's no minimum spend requirement, and you'll always earn at least one mile for each mile flown—MVP Gold 75K members receive up to 125% bonus miles after flying just 75,000 miles, plus four Alaska Lounge day passes. Now you have no excuses about relaxing before a trip! ✈



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## FRIENDLY FLYING

### » Air travel brings people together.

It allows families to connect from across great distances and helps businesspeople and military personnel gather to get work done. During a flight, passengers also have opportunities to make connections with the people sitting next to them—even if just for a brief, pleasant exchange. And inflight crew members often say that meeting people and getting to share time with them onboard is one of the best parts of their jobs.

Recently, we asked a few of our most decorated flight attendants about their tips for inflight etiquette—guidelines that they follow themselves and reminders they wish all flyers kept in mind to help make flights more enjoyable for everyone. Here are a few of their suggestions:



#### ■ Plan ahead.

“Put what you’ll need inflight into a small separate bag so that you don’t need to hold up the line during boarding while you unpack everything to find items from your bag in the overhead compartment.”

#### ■ Go before you go.

“Whenever possible, use a restroom before you board. Many delays have been caused by waiting for passengers to come out of the onboard lavatory. Also, if you need to get up during food or beverage service, be prepared to be standing for a bit.”

#### ■ Use the space in front.

“If everybody puts their smaller carry-on under the seat in front of them, no one needs to check a bag at the gate. It’s a win for everyone.”

#### ■ Respect the middle.

“It’s unspoken etiquette that guests

in middle seats have first claim on both armrests. Recently, I was a middle-seat passenger and negotiated with fellow guests at the start of a flight so that I had elbow room. I communicated that middle-seat flyers matter and even made friends with my seatmates. We all landed rested and ready for adventure.”

#### ■ Mind the aisle.

“Stand sideways when you’re trying to pass others down the aisle. And kindly tuck in your legs, feet and hand-carry straps if you are seated in an aisle seat—they can create a dangerous situation for the crew.”

#### ■ Make use of headphones.

“Out of respect for your neighbors, please don’t listen to audio on your phone or other electronic device without headphones of some kind. [Earbuds are available for \$3 from your flight attendant.] Also, please remove your earbuds or head-

phones to communicate with flight attendants and to listen to the safety presentation.”

#### ■ Follow overhead etiquette.

“Please don’t pack your carry-on so that you can’t lift it into an overhead bin and then expect a flight attendant to lift it. We’ve been injured this way. Also, orient your bag with its length pointing into the bin, and scooch it up next to your neighbors’ bags to leave space for others.”

#### ■ Be on your guest behavior.

“When traveling, act as though you are a guest at an exclusive party or someone’s home. Do it to the point that you would if you wanted to be invited back.”

*The following flight attendants contributed to this page: Ava M., San Diego; Carol M., Anchorage; Holly C., Portland; Katherine K., Seattle; and Rod M., Los Angeles.*

#### ADDITIONAL TIPS

- Talking with a neighbor is great—so long as that neighbor also wants to talk. Show respect when a fellow guest would rather not have a conversation.
- Avoid causing a stink with pungent foods or strong perfumes. Respect that fellow flyers may have allergies and sensitivities to odors. Also, for sanitary reasons as well as to avoid the smell, change diapers in lavatories rather than on neighboring seats.
- Stay calm upon arrival and, if you’re able, offer to help a neighbor get a bag from overhead. This gesture might just win you a new friend. ✈



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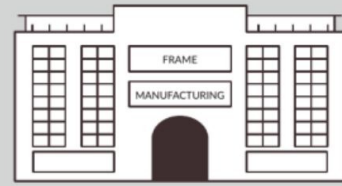


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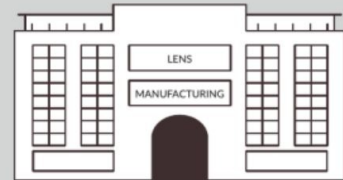
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# THE FEED»

## POWERFUL WOMEN TAKE CENTER STAGE

» **Cirque du Soleil's *Amaluna*** is set on a mysterious island governed by goddesses. When Queen Prospera, the sorceress goddess of the island, bows her carbon-fiber cello, she—along with two guitarists in the show's all-woman band—creates a forceful gale. During this storm, aerial acrobats

(pictured) hang on straps and flip through the air, and when the weather finally recedes, a crew of male mariners has been shipwrecked on the island. So begins a love story between Prospera's daughter, Miranda, and a brave young sailor, Romeo. It's a romance that must weather many storms.

*Amaluna*—Nov. 3, 2019, to Jan. 12, 2020, at Oracle Park in San Francisco; and Jan. 22 to Feb. 16 at Sutter Health Park in Sacramento, California—features awe-inspiring acrobatics, colorful costumes and powerful

music in a show emphasizing the strength of women. The name "*Amaluna*" combines "*ama*," which refers to "mother" in several languages, and "*luna*," which means "moon" in Latin and is a symbol of femininity.

Acts include the Cerceau and Waterbowl, in which Miranda performs an aquatic hand-balancing routine, and the Teeterboard, during which sailors twist and turn in a high-flying attempt to escape the island. For more, visit [cirquedusoleil.com/amaluna](http://cirquedusoleil.com/amaluna).

—Daniel Rury





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## TOURNAMENTS TIP OFF

» In last year's **Charleston Classic**, Virginia Tech beat Purdue in the championship (below). At the time, both teams were in the AP Top 25, marking the first matchup in the tournament's history that featured two ranked teams. This month, NCAA Division I programs are again heading to the TD Arena in downtown Charleston, South Carolina, for the event's 12th year. Games are Nov. 21, 22 and 24. Participating schools are Buffalo, Connecticut,

Florida, Miami, Missouri State, Saint Joseph's, Towson and Xavier.

The Charleston Classic is put on by ESPN Events, which also coordinates other college basketball events, such as the Armed Forces Classic in Anchorage. The classic features two games played at the Alaska Airlines Center on Nov. 8—Baylor vs. Washington and Coast Guard vs. Alaska Anchorage.

Visit [espnevents.com](http://espnevents.com) for more information. —Andrew Waite



## ABSTRACT EXPRESSION

» New York painter **Norman Lewis (1909–1979)**

began his career in the 1930s as a social realist, with art depicting bread lines, evictions and other hardships he witnessed in his Harlem neighborhood. But by the 1940s, Lewis had transitioned toward a more abstract style, deciding that this sort of work was a better way to communicate the emotion of what he'd seen. This switch helped establish Lewis as a leading Abstract Expressionist, part of a powerful movement that continues to influence artists today.


The movement is explored in "Generations: A History of Black Abstract Art," at the Baltimore Museum of Art through Jan. 19, 2020. The exhibit features 73 works by 28 artists, and includes sculptures, paintings and mixed-media collages. Seven of Lewis' paintings are displayed, including the 1969 oil painting *Afternoon* (above). Other works on display include Mark Bradford's *My Grandmother Felt the Color* (2016), which is made of commercial paper. For more, visit [artbma.org/exhibitions/generations](http://artbma.org/exhibitions/generations). —Daniel Rury

## SPIRITED HOLIDAY SHOWS

■ If your response to the holiday season is a scowl (or a Grinchlike smile), you may enjoy The Second City's performances that poke fun at the most wonderful time of the year. The Chicago-based comedy troupe's *Deck the Hallmark*, Nov. 19–Dec. 31 at The Second City's Chicago theater, parodies classic holiday film tropes. And *The Good, The Bad & The Ugly Sweater*, Nov. 30 at the Sunset Center in Carmel-by-the-Sea, California, features sketches, songs and improv that satirize holiday celebrations. For more, visit [secondcity.com](http://secondcity.com) and [sunsetcenter.org](http://sunsetcenter.org). —Daniel Rury







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» Clockwise from left:  
Frida Fjellman's glasswork;  
an armchair by Giuseppe  
Scapinelli; a wooden table  
by Michael Hurwitz.



## A BEAUTIFUL COLLECTION

### » From delicate glasswork

featured in Frida Fjellman's *Crystal Atmosphere* to intricate woodwork in Michael Hurwitz's creations, the Salon Art + Design fair shows the breadth of interior trends. The event, Nov. 14–18 at the Park Avenue Armory in New York City, features 56 galleries representing 14 countries. The salon spotlights what's current in the world of collectible design.

Work ranges from furniture to light fixtures to paintings, and includes pieces

from prominent designers such as Frank Lloyd Wright.

In its eighth year, the fair features more international work than ever before, with countries such as Russia and Brazil being represented with salon galleries.

In the ABA Gallery, visitors can find paintings by Russian artists, such as Vasilii Ermilov's *Suprematist Composition* and Alexandra Exter's *Two Women with a*

*Lyre*. In the Brazilian Legado Arte gallery, visitors can

see Giuseppe Scapinelli's

1950s armchair in blue suede and wood.

Other works include Misha Kahn's found-object assemblages, Maison Rapin's stone-and-steel tables, and Voukenas Petrides' tubular, reflective *Bent half tube chair* bronze.

Visit [thesalonny.com](http://thesalonny.com) for more information. —Andrew Waite

## SEEN IN NEW LIGHT

» The 1902 **Soldiers & Sailors Monument** was built to honor members of the military with a display of modern art in Indianapolis' Monument Circle. Now, the 284.5-foot limestone monument, and the area surrounding it, will be seen in new light. Beginning Nov. 9, Monument Circle will be the site of *Shining a Light*, a permanent, seasonally themed display celebrating our country.

The show occurs at dusk, 365 days a year. A 5-minute multimedia experience set to an original composition by Emmy winner John Colby will paint the monument with red, white and blue light, and video projections will illuminate buildings and statues. As the music crescendos, four beams of light will meet atop the monument. For more information, visit [downtownindy.org/shiningalight](http://downtownindy.org/shiningalight). —Andrew Waite





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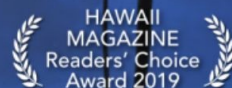
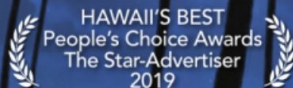
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## GLASS ART

■ **Blown glass features a technique** in which molten glass is inflated with a blowpipe and shaped while hot. It's probably the most ubiquitous form of contemporary studio glass, but other types include kiln-formed glass, in which glass is warmed to a temperature that allows it to be malleable. These are just two of the techniques explored in "Contrasts: Promised Gifts from the Kaplan-Ostergaard Glass Collection," at the Palm Springs Art Museum through Dec. 1. The exhibit features three dozen pieces by 30 artists from around the world and offers details on how pieces were made. For example, artist Christine Cathie's sculptures include step-by-step explanations.

Following "Contrasts," the museum will welcome "Lino Tagliapietra: Il Deserto Fiorito," featuring more than 30 works by the acclaimed Venetian glassblower. For more, visit [psmuseum.org](http://psmuseum.org). —Daniel Rury

## KEY INTO AUSTIN JAZZ FEST

» **With musicians** such as Grammy-winning saxophonist Kirk Whalum performing at the Millennium Youth Entertainment Complex, An Intimate Evening of Jazz sets the tempo for the Austin Area Jazz Festival, Nov. 29–30.

The festival features eight top jazz concerts, including shows by percussionist Sheila E. The second day of the festival, held at the Emma S. Barrientos Mexican American Cultural Center, also features food trucks, a VIP Wine Tasting experience and visual artists.

Other musicians in the two-day event include saxophonist Walter Beasley, vocalist Avery\*Sunshine, trumpeter Tom Browne, trombone virtuoso Jeff Bradshaw, trumpeter Cindy Bradley and saxophonist Mike Hamilton. For more information, visit [austinareajazzfestival.com](http://austinareajazzfestival.com). —Daniel Rury



## A MERRY MARKET

» **From the second level of the Christmas Pyramid** at the Vancouver Christmas Market, a lively lineup of seasonal entertainment performs for visitors below. Guests can sip mulled wine and nibble on German delicacies as they enjoy the music. This is just one way to experience the merry market, which is celebrating its 10th anniversary, Nov. 20–Dec. 24.

Housed in the waterfront Jack Poole Plaza next to the Vancouver Convention Centre in British Columbia, the festive event is modeled after traditional German markets,

with twinkling lights and more than 80 artisans selling hand-crafted goods and delicious holiday treats.

The market's WunderBar offers a VIP experience. Guests can book hourlong seatings in the heated wintry hideaway and relax with Christmas cocktails, charcuterie or vegan charcuterie platters, and German desserts.

Another fun way to enjoy the market is from inside the 30-foot-tall Walk-In Christmas Tree strung with 36,000 twinkling lights. Step inside and feel the warm glow. For more, visit [vancouverchristmasmarket.com](http://vancouverchristmasmarket.com).

—Daniel Rury





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» Michelle Oakley works in the wilds of Alaska and the Yukon on *Dr. Oakley, Yukon Vet.* Below, Oakley (center) poses with her daughters Maya (left) and Sierra (right).

## THE WILDLIFE WHISPERER

By Melissa DeV Vaughn

» Each day brings an adventure for Dr. Michelle Oakley, star of the popular National Geographic program *Dr. Oakley, Yukon Vet.* One day she might be on the tundra, administering an IV solution to a moose; the next she might be tranquilizing a brown bear with a blow dart in order to check its teeth. And this unflappable frontier veterinarian wouldn't have it any other way. That viewers get a glimpse into her everyday life is a bonus, she says.

Oakley, whose veterinary practice serves areas of Alaska and the Yukon, has gained reality-show fame in the past seven years, after agreeing to share her experiences with viewers around the world. She and her husband, Shane (who is a firefighter), along with their three daughters (two of whom are assistants) are featured weekly as Oakley travels throughout the region, caring for everything from cats to caribou. Her toughness, humor, down-to-earth personality and creativity dealing with wilderness challenges have earned her a following, like a modern-day James Herriot.

"Being on Nat Geo feels like coming full circle," she says. "I loved watching documentaries about animals and wildlife when I was growing up—particularly shows with women."

Oakley's show, which is airing episodes of its seventh season, presents diverse veterinary challenges. Oakley responds to each one with relative calm, even when the work puts her into uncharted territory. In one episode, for example, she helped examine an injured owl. Lacking an appropriate splint, she fashioned one from foam piping on hand.

That sort of creativity, she says, is nearly an everyday requirement: "It's what it's like living on the edge of the frontier here," she says. "You have to learn how to do this stuff on your own, because you really have no alternative."

Oakley is always on the move, often traveling for hundreds of miles into the wilderness to offer her services. Caring for a vast array of animals is a never-ending challenge, she says.

"I can see a snowshoe hare, porcupine and reindeer—all in one day. I rely heavily on my colleagues, and I feel like I'm never off-duty. But that's what makes it awesome."

Her visits also insert her briefly into the lives of Alaskans and Yukoners whose independence and self-sufficiency she finds inspiring.

One episode this season tells the story of Archer, a dog in Haines, Alaska, whose family's home burned down. The show tells of finding

him by the ocean, where he had run to cool off after flames engulfed him, and the challenges of getting him to an emergency clinic 245 miles away in the town of Whitehorse during a storm. Most heartwarming is the coming together of the Haines community to help the family pay for Archer's extensive medical bills. Oakley says that, for this challenge, she had to draw on all of her resourcefulness and veterinary skills—plus the talents of animal-burn experts—to deliver high-tech care in a remote community.

Life and work under the scrutiny of a camera is an adjustment Oakley embraces. She likes that people are getting a glimpse of Alaska and the Yukon—places that she finds fascinating and crucial for animal habitat.

"I'm rolling with it," she says. "People are getting hold of me who've been watching the show for years, and their kids want to be vets now. That makes me feel amazing. Even if they don't become vets, they care about animals and where animals will live." Visit [nationalgeographic.com/tv/shows/dr-oakley-yukon-vet](http://nationalgeographic.com/tv/shows/dr-oakley-yukon-vet). ✈







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## SPOTLIGHT ON THANKSGIVING SIDES

By Danielle Centoni

» Thanksgiving is nicknamed **Turkey Day** for good reason. Most people honor the tradition of making the bird their day-of-feasting centerpiece. But as many chefs will tell you, the side dishes offer perfect opportunities to be creative.

"People get a little resistant if you want to do something other than a whole turkey," says Bonnie Frumkin Morales, chef/co-owner of the Kachka and Kachinka restaurants in Portland, Oregon. "But there's some flexibility with the side dishes."

When she makes Thanksgiving dinner with her family every year, she can't resist changing things up. Sometimes she'll take a page from her Russian roots and braise potatoes and chateaufortelles in *smetana*, a Russian-style sour cream. Other years she might add chipotles to the sweet potatoes or use poblanos in the stuffing, inspired by her husband's Mexican heritage. "In my family, we don't have a grandma or great-grandma who always did it a certain way," she says. "That lets us experiment a little more, which is great because Thanksgiving is a little bit boring if it's the same every time."

For Melissa Perello, the chef/owner of Frances and Octavia restaurants in San Francisco, and of the new M. Georgina restaurant in Los Angeles, Thanksgiving is about bringing family together. "We cook together and collaborate," she says, "and my family is pretty adventurous." Instead of the usual green beans, she makes butter beans bathed in porcini butter and sprinkled with Parmesan and herbed breadcrumbs. "It's one of the most simple dishes that I create," she says, "and always prompts second servings."

Ivan Orkin, chef/owner of Ivan Ramen restaurants in Manhattan and co-author of *The Gaijin Cookbook*, loves Thanksgiving so much, he's cooked the feast while visiting Japan, where he has also lived for extended periods. "Thanksgiving is a canvas," says the New York native and Japanese-food expert. "I do have plenty of nostalgia for certain dishes, but I always add in other things." Some years that might be a *chirashi* bowl, with ingredients such as fish, vegetables and rice. Or he'll mash Japanese sweet potatoes with yuzu zest.

Dreux Ellis, executive chef for Cafe Gratitude restaurants in the LA area, proves that even a holiday synonymous with turkey can be vegan-friendly. He creates the menu for Cafe Gratitude's free plant-based Thanksgiving dinner for Southern California residents. "Gratitude



» From top: A colorful chirashi includes ingredients such as fish, vegetables and rice. Brussels sprouts with maple-miso dressing is a vegan side dish.



is in our name, so it's our calling to use Thanksgiving as an opportunity for us to thank the people who support us and give back to the community," he says.

For those unsure how to please meat eaters and vegetarians at the same holiday

table, Ellis offers this advice: "Keep it simple. So many of the foods are already very close to being vegetarian or vegan without too much interference." Sometimes it's as simple as using olive oil instead of butter, making gravy with mushroom stock, or skipping the bacon in the veggie sides, he says.

"We do savory yams with tamari-balsamic reduction. We also make roasted Brussels sprouts with a maple-miso dressing that has five ingredients—maple syrup, white miso, tamari, cider vinegar and olive oil. Just toss and bake. It's super easy, familiar and delicious. With the modification of a few ingredients, you can create some delicious vegan food." ✈



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## SOUR BEERS

By Brad Japhe

» As a contemporary style, sour beers are everywhere these days. As a definable category, however, they remain largely elusive. That's because the catchall term is misleading. Many liquids under the umbrella actually exhibit more tart, tangy or sweet notes than they do sourness. Ultimately, the phrase refers more to how a beer is made than what it tastes like.

Belgian brewers have been champions of the process for hundreds of years. By employing an open-vessel fermentation method, they sculpted their beers with ambient microflora—whatever wild yeasts and bacteria were in the air in the immediate environment of the brew-house. The resulting liquid carried an unpredictable range of flavors that a traditional brewer might dismiss as unacceptable. But the Belgians learned to blend and enhance these discordant off-flavors, through techniques such as oak aging, for greater appeal and consistency from batch to batch.

Despite the challenges of sour-beer brew-

ing, or maybe because of them, a handful of daring American brewers began crafting sour beers around the early 2000s. One such early adopter was Jolly Pumpkin Artisan Ales, out of Dexter, Michigan. The company's sour golden ale, Oro de Calabaza, released about 15 years ago, was immediately popular. Today, Jolly Pumpkin operates seven brewpubs throughout the Midwest, including a new outpost in Chicago's Hyde Park neighborhood.

"We use traditional Belgian brewing methods that allow the influences of wild yeast and bacteria to work their way into our beers," says

brewmaster Ron Jeffries. "Through time and blending, we are able to provide a path for the beer to take, leading to more complex depths of flavor."

Other sour-beer crafters have ranged from Russian River Brewing in Santa Rosa, California, to Jester King in Austin, Texas. But it wasn't until the proliferation of so-called kettle sours, less than 10 years ago, that the style finally went mainstream. In the kettle process, "souring" bacteria is introduced *during* brewing rather than in aging. So rather than waiting months or years for the desired flavor profile to develop, a brewmaster can express it in a matter of days. Beer makers have even started adding fruits into the ferment—everything from watermelons to blueberries. While tasty, they've hardly helped to narrow the category.

"Sours are such a broad description these days, mainly because the use of adjuncts makes a lot of them taste sweet and not sour," says Jeppe Jarnit-Bjergsø, founder of Evil Twin Brewing, once a nomadic endeavor hosted at other breweries, but now permanently based in the New York City area. He wants to expand the category further still, to include savory ingredients. Glazed Carrot Crockpot is his latest example—a kettle sour brewed with the eponymous root vegetable.

"We've also brewed with tarragon and avocado," says Jarnit-Bjergsø. "I think adding savory, vegetal and herbal notes could be the next big thing in brewing. These adjuncts haven't been explored much, and if we open up to them, there are endless opportunities." ✈

### SOME SOUR BEERS TO START WITH

■ **Jolly Pumpkin Artisan Ales—Bam Bière:** Sour farmhouse ale; aged two months in oak; balanced and refreshing.

■ **Russian River Brewing Company—Supplication:** Sour brown ale;

aged with cherries in Pinot Noir barrels; loud yet ultimately complex.

■ **Folksbier Brauerei—Glow Up series:** Strong fresh-seasonal-fruit flavors, ranging from watermelon to yuzu to raspberry.

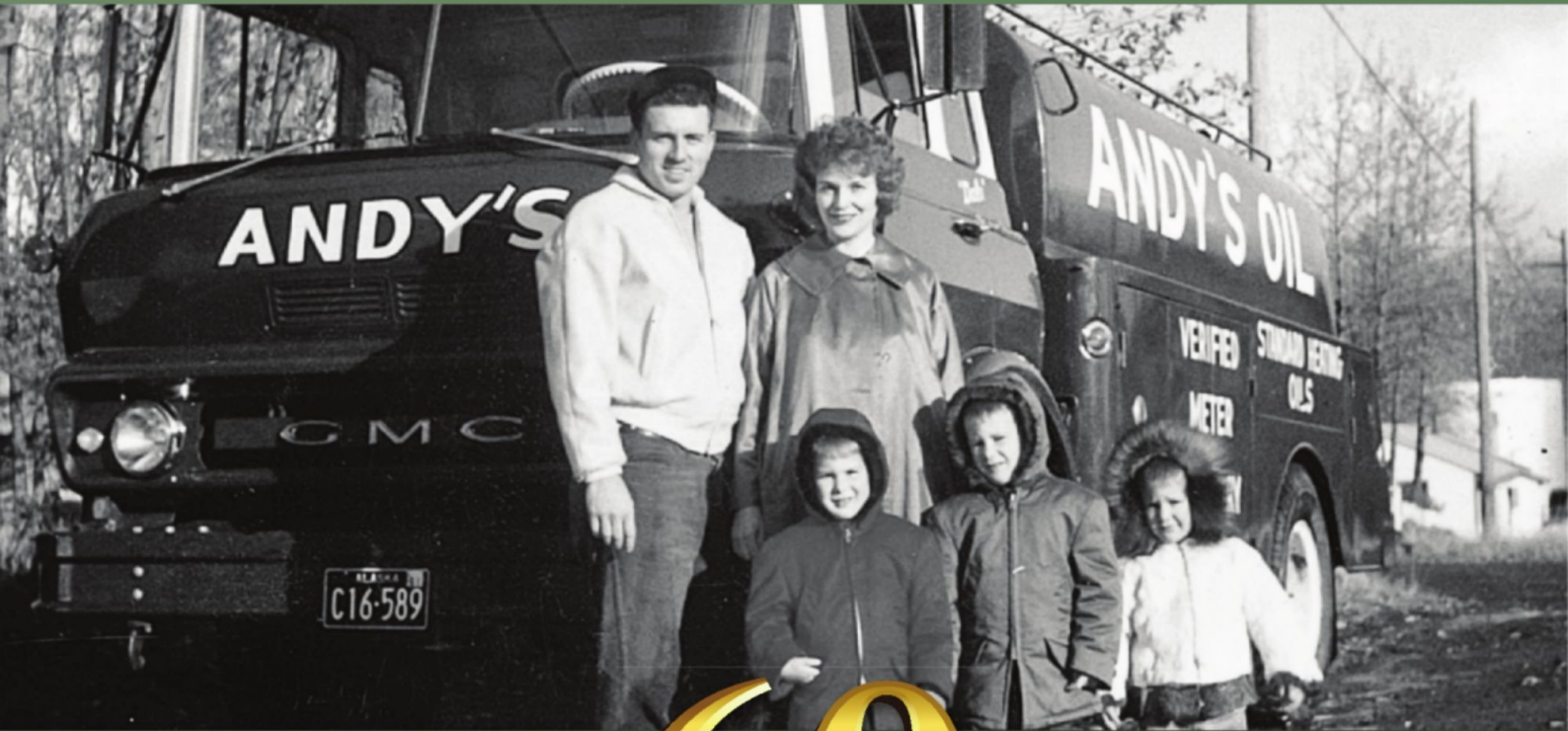
■ **Anchorage Brewing Company—The Tide and Its Takers:** Belgian-style tripel; brewed with wild yeast; aged in French oak Chardonnay barrels; the beer's dry yeastiness may evoke a finely cellared Champagne. —B.J.





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## THERE'S A MYSTERY AFOOT

A new crop of crime novels to savor

By Adam Woog

» Autumn is a great time of year to curl up with a good crime novel. The following five recent releases highlight the genre's broad variety, from police procedurals and psychological studies to straight-up detective yarns. The best-selling authors of these books have proved their adept touch at creating atmospheric stories, interesting characters and heart-pounding thrills.

■ **Laura Lippman, *Lady in the Lake*.** Lippman brilliantly uses crimes to frame her incisive and compassionate dives into human and social issues. It's Baltimore in 1966, and Maddie Schwartz leaves her housewife role to make her mark in the world. Landing a job as a cub reporter, she investigates the murder of Cleo Sherwood, an African American, found dead in the fountain of a city park lake. Lippman explores the era's race relations in the taut novel.

■ **Robert Crais, *A Dangerous Man*.** In this muscular thriller, Los Angeles gumshoe Elvis Cole and his comrade Joe Pike are pulled into a puzzle: Pike thwarts the kidnapping of a bank teller but fails to prevent a second attack. Who grabbed her, and why? Cole, a world-class wise guy, and Pike, an implacable and extremely scary ex-Marine, make a terrific mystery-solving team.

■ **Fred Vargas, *This Poison Will Remain*.** Inspector Adamsberg, the Parisian policeman at the heart of this popular series, is

quite eccentric and unpredictable. His dreamy, distracted air masks a brilliant and intuitive grasp of how seemingly random clues can be linked together. Here, his attention is drawn to a series of murders via spider poison, a case that expands to involve, among other things, monstrous past events at a now-shuttered orphanage.

■ **Ann Cleeves, *The Long Call*.** Legions of fans already follow Cleeves' best-known characters: United Kingdom police detectives Vera Stanhope and Jimmy Perez. Both have their own superlative series of books and TV shows. *The Long Call* introduces a new character: Detective Inspector Matthew Venn, whose investigation of a murdered body on a beach evokes powerful memories of his past. Venn was raised in a religious sect. When Venn, as a young man, rejected the sect's teachings, his family shunned him. The history of those events continue to haunt the detective.

■ **Michael Connelly, *The Night Fire*.** Now-retired LAPD homicide detective Harry Bosch has long been one of crime fiction's most compelling figures. In this book, Bosch is given files concerning the decades-old unsolved murder of an ex-con. The records were stolen by Bosch's late mentor, John Jack Thompson. Why was Thompson so interested in that particular crime that he stole the information? Bosch enlists help from a young detective, Renée Ballard, who is every bit his equal in brains and tenacity. Fans of the books and the Amazon series *Bosch* will not be disappointed. ✕

Adam Woog's column on crime fiction appears monthly in The Seattle Times.







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## WARMING UP TO WINTER

By Stella Harvey

» Whether you're commuting in the cold, tubing down a hill or enjoying a snowball fight this winter, these warm and stylish accessories are designed to keep you comfortable.

**Sprigs'** bandless, lightweight **Earbags** shield your ears from the elements, and two layers of fleece, plus a Thinsulate lining, help keep the cold out without being bulky. These ear warmers are also pocket size for easy portability (\$15.95; sprigs.com).

Released as part of the fall 2019 collection, the **Women's Plush Scarf** from **The North Face** features an "infinity-loop" design and is made of faux mohair, described as a durable silklike material selected for its ability to work well whether you're treading urban streets or hiking the trail (\$45; thenorthface.com).



Comfort meets convenience with the new **SoundTouch Gore-Tex Infinium All Weather Gloves** by **Seirus**, a family business founded by two outdoor enthusiasts. The gloves feature a fabric designed to be windproof, water-resistant and breathable, yet also form-fitting. Textured material on the thumb and forefinger is touchscreen-friendly (\$49.99; seirus.com).



**Nano Puff Mitts**, a new release from **Patagonia**, have a shell made of 100% recycled polyester, with a water-repellent finish. The mitts are insulated with ultrafine fibers that form a tight collection of air pockets to trap body heat.

The mitts are also highly compressible for easy packing or pocket-stowing. Abrasion-resistant panels on the palms contribute to their durability (\$69; patagonia.com).



Wear colors evoking a beloved national park by donning an acrylic **Pendleton Reversible National Park Stripe Beanie**, a nostalgic take on the classic winter hat. Four parks are honored, and each hat's color palette reflects the setting of its namesake. For instance, the Crater Lake beanie, pictured at left, has a striped side that features blues and greens, representing the park's waters and vegetation, and yellows and reds, evoking area rock formations (\$19.50; pendleton-usa.com). ✈





A photograph of the McMenamins Elks Temple building at dusk. The building is a large, ornate, light-colored structure with multiple stories, arched windows, and balconies. The name "McMENAMINS ELKS TEMPLE" is illuminated in large, dark letters along the top edge of the building. The interior lights are on, and some windows show warm, glowing lights. A large tree is on the left side of the frame, and a street lamp is in the foreground. The overall atmosphere is warm and inviting.

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# COOL TRAVEL ASSISTS

Innovative services save time and offer convenience

By Ben Raker

## » Sometimes we can all use a little help while we're traveling.

You might be seeking peace of mind that your pet or home is cared for while you're away for the holidays, or ways to reduce luggage by renting gear at your destination, or options that deliver to your door to save you time while you're on the move. With modern technology, such offerings have become increasingly convenient. Consider how the following sites and services might assist you on your next adventure.

■ **BabyQuip** (babyquip.com): Via this web-based platform, families can rent baby equipment in advance and have it delivered and set up at a destination. Serving 400-plus locations (cities and popular family resorts) in the U.S. and Canada, BabyQuip offers rentals of cleaned, insured gear to lighten the load on traveling parents.



■ **Rover** (rover.com): Find some care for Fido or Fluffy while you are away. With more than 300,000 sitters and walkers spread out across more than 32,000 cities in North America, Rover provides web- and app-based booking for a variety of needs. Its services include dog boarding, dog walking, pet sitting, drop-in care and doggie day care. All providers pass a standard background check. Alaska Airlines Mileage Plan members earn miles when they sign up and book with Rover (visit [rover.com/alaskaairmp](http://rover.com/alaskaairmp) for details).



■ **Press** (presscleaners.com): It's sometimes a necessary evil to do laundry while traveling. To save valuable time, travelers (and residents) in the 11 major U.S. cities served by Press can schedule same-day or next-day pickup for laundry and dry-cleaning, with rapid turnaround. Appointments and payments can be made using Press' website or its free app.



■ **Bags VIP Luggage Delivery** (maketraveleasier.com): This service aims to "do the heavy lifting for you" and "take the lug out of luggage," by meeting your bags at baggage claims—at more than 250 U.S. airports—and delivering them to any address within 100 miles of the airport. This allows you to skip baggage claim and get on with your trip.



■ **Ski Butlers** (skibutlers.com): Avoid the trip to a ski shop during vacation with this service that brings ski- and snowboard-rental equipment to you (with multiple sizes to try on), and picks it up when you leave. Ski Butlers serves 48 ski resorts in the United States, Canada and France, and will also drop off and pick up gear at rental accommodations in nearby areas.

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■ Alaska Mileage Plan Members earn miles and find deals by booking via **Alaska Airlines Hotels, powered by Rocketmiles** ([alaskaair.com/hotels](http://alaskaair.com/hotels)) and **Alaska Airlines Car Rentals, powered by CarTrawler** ([alaskaair.com/car-rental](http://alaskaair.com/car-rental)). ✈





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## SEDAN MOVEMENT

The Toyota Corolla is back with hybrid technology and a more stylish form

By Bengt Halvorson



» The Toyota Corolla sedan is among the best-selling nameplates in the world, with more than 46 million cars sold. And yet some manufacturers are completely dropping out of the affordable mass-market sedan segment. But Toyota is doubling down. The automaker is betting that the Corolla's established strengths combined with a more stylish design and available hybrid technology—all in a car that costs less than \$25,000—will help keep the nameplate at the top of the charts. Here are a few of the Corolla's best features:

### ■ A better first impression

With shorter overhangs, a lower hoodline and distinctive detailing, the 2020 Corolla drops the stodgy proportions of its predecessors. Thin LED headlamps make a sharp introduction, and the stance is sporty and elegant, anchored by tasteful wheel choices that also give the appearance a more upscale feel.

### ■ Backing it up

The first time you sit in the Corolla's back seat, you may think you're in the larger Camry. Despite the somewhat swooping roofline, Toyota has kept door openings large and legroom ample for adults riding in back. It's a wise move considering that the Corolla is likely to be used by families, and all members deserve a comfortable ride.

### ■ Choice under the hood

Basic L and LE models, and the comfort-

focused XLE, all come with a 139-horsepower, 1.8-liter four-cylinder engine as well as a continuously variable automatic transmission (CVT). The sporty SE and XSE models upgrade to a 169-hp, 2.0-liter direct-injection four-cylinder engine, paired with an upgraded version of the CVT.

### ■ Prius power

Choose the 2020 Corolla Hybrid and you're essentially getting the latest technology from the Prius in a sedan's body, and at a base price of \$23,100. The Hybrid is rated at 52 mpg combined (and 53 mpg city)—compared to 32 to 34 mpg (EPA combined) for the rest of the Corolla lineup. There's no sacrifice in general space and utility (or comfort), and although the Hybrid is rated at just 121 net hp, the instant push of the electric motor system helps make the Hybrid feel perky.

### ■ Familiar connections

The Corolla offers connectivity apps owners may already know from their smartphones and home devices. The car includes Apple CarPlay, as well as Amazon Alexa compatibility. SiriusXM satellite radio is also available, and Verizon Wi-Fi Connect can turn the car into a hotspot. Top XSE and XLE versions get JBL nine-speaker audio.



### ■ Sturdy platform

All Corolla models now get a multilink rear suspension—a layout often reserved for more expensive models. The modular Toyota New Global Architecture platform is strong and keeps the center of mass low for confident cornering. Simply put, the new Corolla seems far better built than past Corollas. ✈





# FLYING | SERVING

Employees from throughout Alaska and Horizon balance full-time work schedules with service in the military reserves and National Guard. [By Denise Clifton](#)

**Lt. Col. Jennifer Kelsey** has piloted an Air Force C-130 transport to the tiny Azores islands in the middle of the Atlantic, dropped fire retardant from an air tanker flying low over mountain wildfires, and landed a C-17 behemoth in midwinter Antarctica.

She also has the calm captain's voice you might hear from the 737 flight deck on your next Alaska Airlines flight out of Seattle.

Kelsey is among the many Alaska and Horizon employees who spend days off, and sometimes weeks or months, serving in the military reserves and National Guard. These pilots, technicians and flight attendants—members of every work group—balance full-time airline schedules with family and military duty. “The job juggle is real,” Kelsey says.

The dual commitment to country and company brings a depth of leadership experience to the airline, says Sonia Alvarado, Alaska’s director of labor relations and leader of the employee

group that supports service members, veterans and spouses. “Veterans and reservists are team-first, mission-first,” Alvarado says. “They come from a world where a huge number of decisions are life-and-death. That can be grounding.”

The military instills the resilience required for both jobs, says First Officer Kim Ford, who served in the Air Force Reserve for 15 years while flying for Alaska, before retiring from the military in 2016. “We know how to build a team of diverse backgrounds—not just race, but age and geography,” she says. Ford returned to active service for two years during the Iraq War. “We had the support of Alaska all the way,” says Ford, who ended her military career as a lieutenant colonel with 25 years of active and reserve duty. “It’s one of my proudest accomplishments.”

Pride in service runs deep at Alaska. Following are a few of the stories from those who serve.

PHOTOS: INGRID BARRENTINE, UNLESS OTHERWISE NOTED



## JENNIFER KELSEY

*Captain, Alaska Airlines | Lieutenant Colonel,  
Air Force Reserve, Joint Base Lewis-McChord, Washington*

Kelsey grew up going to summer fly-ins in Oshkosh, Wisconsin, with her uncle. She saved up for flying lessons and did her first solo at 16 in a Cessna 150. Now, with 14 years of flying for Alaska Airlines and 23 years of serving in the Air National Guard and Air Force Reserve, Kelsey has flown aircraft that could swallow that two-seat Cessna whole. This fall, she's taking a month away from her Alaska job to coordinate Air Force operations in New Zealand in support of National Science Foundation missions in Antarctica.



*Captain Jennifer Kelsey proudly flies Alaska's Boeing 737s (above), as well as the Air Force Reserve's C-17s (left).*

### What's it like to fly in Operation Deep Freeze?

"Flying into Antarctica is amazing, challenging and unique. McMurdo Station is one of the most remote locations on the planet. We land on a runway that's 10,000 feet long and is made by compacting snow. During winter flights, there are no runway lights or markings, just reflectors along the edges of the runway. We use night vision goggles to land during a time of year where the temps are as cold as minus 60 F, and the sun doesn't rise for nearly four months."

### How hard is it to go back and forth between civilian and military jobs?

"The hardest part is juggling your time. I think people would be surprised at how hard we work. A typical pilot flying the C-17 will work five days a month as a minimum, in addition to their full-time job at Alaska. Sometimes we fly in for Alaska in the morning and go straight to the base."

### What makes it all worthwhile?

"Everyone has their own reasons for joining the military, but most will say it started with the desire to serve their country. The unique experiences you have, the places you fly, and the people you fly with make it worth the journey and sacrifice. Military flying is full of challenges, from air refueling to low-level flying, and some of our crews also do airdrop. For 14 years I have worked two jobs. I've flown two different military aircraft, I've flown to every continent, and I've done it all with some great friends. For those reasons and for the honor of serving my country, it's worth the juggle."



# INNOVATION

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## JON MA

*First Officer, Alaska Airlines | Lieutenant Colonel, Hawaii Air National Guard, Joint Base Pearl Harbor-Hickam, Hawai'i*

Growing up in a military family in Honolulu, Ma fell in love with travel while still a child. After graduating from the Air Force Academy in 2001, he flew C-17 missions for 12 years, including operations in Iraq and Afghanistan. When he transitioned out of active duty, he transferred to the Hawaii Air National Guard, where he could continue serving for the military part-time in his hometown—and pursue a commercial airline career at the same time. He's been flying for Alaska since 2014 and commutes between Seattle and his Honolulu home where he serves as the Director of Operations for the Hawaii Air National Guard's C-17 squadron.



### Did you always want to be a pilot?

"When you grow up in Hawai'i, you get a taste of living this great island life, and you get exposed to aviation so early. Going to visit relatives on the mainland, going to Disneyland or wherever, you get the travel bug. I've always enjoyed seeing new things. In becoming a pilot, the door just opened for me. And I still enjoy flying the C-17. It's an exciting platform. You have to pinch yourself that you get paid to fly planes around the world."

### What kind of missions do you fly for the Hawaii Air National Guard?

"We have a state mission responsibility, for example, in hurricane response. We also fly missions to India, Korea, Australia, Japan, the Philippines, and DPAA (Defense POW/MIA Accounting Agency) recovery missions in Vietnam and Laos, just to name a few—all operations inherent to our strategic location in the Pacific Theater."

### How do you juggle a full-time job in Seattle with your military responsibilities in Hawai'i?

"I bunch my Alaska flying time in a more compact schedule, just like other commuters commuting long distances. I work to be as efficient as possible to get my flying done for the company and my drills done for the Guard. It's no different from a lot of reservists and guardsmen you see throughout the company. They all have this commitment."


### How long do you see yourself doing both jobs?

"I'm coming up on 20 years, but I always tell everyone I'm having a great time. I'll probably do both as long as the work-life balance allows. It's all about carving out time."





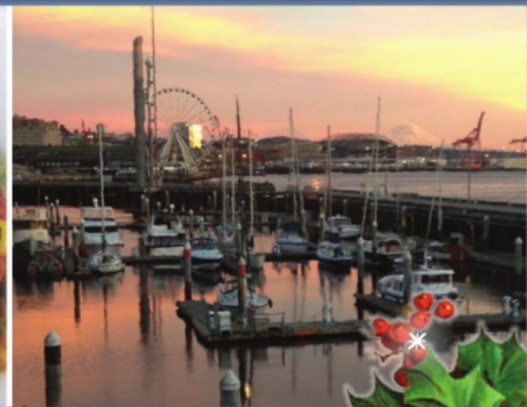
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## CLAIRE MICHAELS

*Flight Attendant, Horizon Air | Specialist, Army Reserve, 204th Army Band, Vancouver, Washington*

Michaels grew up with music. Her dad played trombone for 20 years in the Army National Guard Band. Michaels picked up the flute when she was 10, and after high school, she followed in her dad's boot steps and enlisted in the Army Reserve to join the 204th Army Band. She has 11 years of service in the reserves, six years of experience as a Horizon flight attendant, and now eight months as a new mom to a little boy named Maverick. She typically flies out of Paine Field in Everett, Washington.



### What was it like joining the Army Reserve to play in the band?

"I went through the same basic training any soldier goes through, where the drill sergeants break you down and build you back up in the Army's image. We all start off with that same experience before we specialize."

### Where does your unit typically play?

"We'll perform in concert halls or in school gymnasiums, inside and outside. Rain, thunder, snow—it doesn't matter. I've played for 12, and I've played for thousands."

### When you're working a flight and you see other service members, do you let them know you're in the reserves?

"I'll see the older guys with Vietnam or Korea veteran hats, and I'll thank them for their service. I'll see the younger guys with their military-style backpacks, and they've got the haircut and the

"Yes, ma'am, no ma'am" that is so adorable. I just ask, 'Are you changing stations? Are you on leave?' They're often shocked that I can recognize them."

### When Maverick was born, did you think about giving up either the Army or Horizon?

"Honestly, I just knew I was going to keep doing it all. I was always looking forward to going back to work. And the Army is such an exciting commitment."

### Has the Army given you skills that are helpful in flying?

"It's made me more resilient when things get difficult. And since I'm a musician, I take that stage presence to work with me. Every flight is a new show."

### Was your dad supportive when you joined the Army band?

"He's over the moon. Since I joined, I know him a little better. I would love to do 20 years and retire like my dad."





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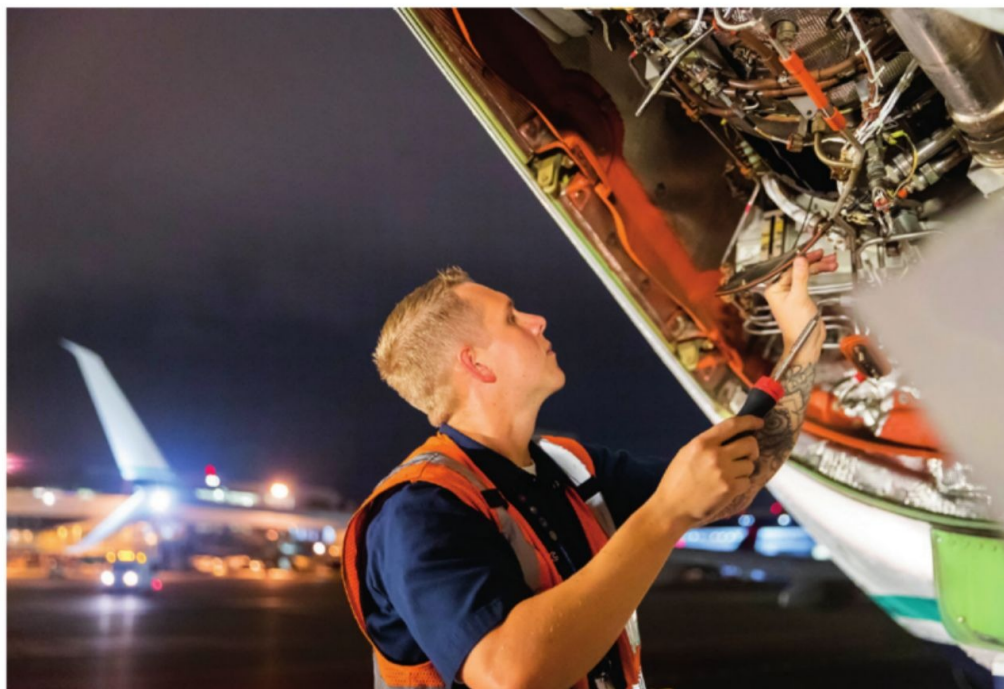




## JACOB SUPPA

*Aircraft Technician, Alaska Airlines | Technical Sergeant, Air Force Reserve, Joint Base Lewis-McChord, Washington*

Suppa was a 19-year-old from Phoenix who wanted to learn how to work on planes, so he joined the Air Force. After basic training, he was assigned to be a crew chief. Suppa served four years of active duty starting in 2009, including a deployment overseas supporting U.S. troops coming out of Iraq. For the past five years he's repaired 737s on the overnight shift at the Seattle hangar—while continuing to serve in the Air Force Reserve. This fall, he moved into a new reserve role inspecting other crews' work with the 446th Airlift Wing at JBLM. He and his wife, Katrina, are expecting their first child in 2020.



### What are the challenges of working on both civilian and military aircraft?

"Hands down, the hardest part is being proficient on the C-17. I work on airplanes on the civilian side, so I have a leg up on a lot of guys. Now, in my new job, I have a lot of experience that I can share with the younger guys. I can help them understand exactly what they're doing and why they're doing it."

### What do you enjoy about your work at Alaska?

"We work on the planes all night, and then you get that instant satisfaction: The plane was broken when it came in, and you're able to fix it. In the morning, we take our planes from the hangar to the gate. Twenty minutes later, passengers are getting on, and they're off to Hawai'i or wherever."

### How do you juggle the commitments to Alaska, the Air Force and your family?

"You have to keep them all balanced. Alaska is helpful and pretty much allows me to take my military time, no matter what. And my wife takes a lot of the burden, too. With the two of them, I have a pretty good support system. I would love to serve a total of 20 years. And as much as I love serving my country, I'm also looking forward to having a family and serving them."

### What makes your ongoing commitment to the Air Force worth it?

"In my early 20s, the military was my life, 100 percent. That's just instilled in me. Most veterans carry the military with them forever. So, this is my way of still carrying it. I don't even think twice about it. I just do it."





**LAWRENCE CHIARELLI**, Sales Director at tech start up. BS, Bloomsburg Univ. Interests: golf, running, travel

# BREAKING UP WITH ONLINE DATING

Technology has made dating more complicated and impersonal.

**HIRING A MATCHMAKER MIGHT BE THE SMARTEST INVESTMENT YOU COULD MAKE IN YOUR PERSONAL LIFE.**

**PING MA**, Owner of RollingPing Custom Cakes. MS, Columbia Univ. Interests: travel, wine, jogging

At first, Larry Chiarelli, director at a tech start up, thought he was doing all he needed. Sign up on multiple dating websites. Meet lots of women. Eventually, the right one would come along – except she never did. So he decided to bring in the professionals and hired It's Just Lunch. It's Just Lunch's matchmakers got to know him and his preferences. They selected his dates, arranged schedules, and even made the restaurant reservations. Dating became stress-free and fun. Larry was a practical guy and didn't believe in love-at-first-sight... until IJL introduced him to Ping.

## Dating life before joining It's Just Lunch?

Lawrence: Chaotic! I was meeting a lot of women but not the right women for me. Online dating was time consuming and stressful. I needed someone to relieve me of the dating busy work so I could get some breathing room. I needed to slow things down to speed them up. It's Just Lunch fit that criteria perfectly.

## Why join It's Just Lunch?

Ping: I fly frequently for both work and fun. When I saw It's Just Lunch in the airline magazine, it was as if the matchmaker was talking to me! One day after a particularly long flight and wanting to snuggle with someone and watch a movie, I decided it couldn't hurt to give it a try.

## Most enjoyable part of the It's Just Lunch process?

L: Having someone doing all the work to select and schedule a date. It was like I had my own personal dating concierge to take care of all the details. All I had to do was be on time for my date and be myself. It really was a stress-free experience.

## What was it like working with the It's Just Lunch matchmakers?

L: Easy and convenient. The company I was working for was going through a merger so I was away from home quite a bit. I'd finish my day and there would be a message from my matchmaker telling me about my

next match. I'd call back, get the details and run through my availability. The next thing I knew I was in front of an interesting woman having a great conversation.

## Do you have any advice for singles who want to meet that special someone?

L: I tell my clients an analogy all the time: Would you rather drive across the country in a Toyota Corolla or a BMW 5 series? They always say the 5 series. You get what you pay for. Investing in yourself and your future with someone special means investing in the right matchmaking service. For me that was It's Just Lunch.

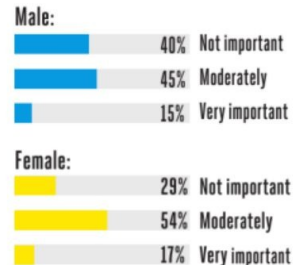
P: Invest in your own happiness, it is always worth it.

The success of It's Just Lunch is built on creating high quality matches in low pressure situations. In 28 years, they've set up millions of first dates. Make meeting someone special a priority. **Get in touch at 800-858-6526 or [www.itsjustlunch.com](http://www.itsjustlunch.com).**

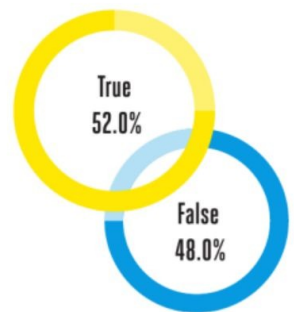


# THE POLITICS OF DATING

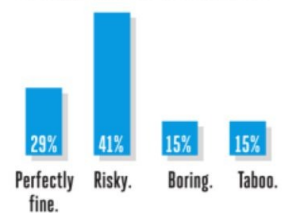
How important is a person's political party affiliation when deciding to go on a date with him/ her?



I could casually date someone who didn't have the same political beliefs as me, but in the long term it probably won't work out:



Talking politics on the first date is:



Source: IJL Survey

It's Just Lunch Matchmakers:



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## RYAN SATHER

*Managing Director, Horizon Air | Lieutenant Colonel, Marine Corps Reserve, Camp Pendleton, California*

Sather joined the Marine Corps Reserve after high school, knowing he needed structure in his life. While attending Washington State University, he was recruited for officer training and jumped at the chance to go to flight school. His 11 years of active duty included flying CH-46 helicopters during the Iraq War. Six years ago, Sather took a job with Alaska Air Group. Now a managing director for Horizon's System Operations Control, he coordinates logistics in the center that handles flight plans, cancellations and delays. Sather stopped flying helicopters for the Marines a few years ago, but continues to support aviation operations on West Coast bases. He'll retire from the Marine Corps in April with more than 25 years of service.



### How did the Marines prepare you for work in System Operations Control?

"It's probably the most transferable job at Alaska. In the military, with flying, it's all about logistics. It's making sure that you've got a plan in place, you've got the right people in place, that the aircraft are airworthy—making sure that everybody is on the same sheet of music. SOC is basically the same thing. During irregular operations, I love seeing the team come together and figure out how to keep the operation going."

### What are the challenges in balancing civilian and military commitments?

"It's a strain. But all my bosses have been supportive. It's a testament to Alaska's commitment to service and veterans that I've never once been asked, 'Why are you going?' Now, it's me thinking, 'Do I want to miss this soccer game or recital?'"

### What do veterans bring back into the Alaska and Horizon workforces?

"I think you get the ability to pull yourself back and look at the bigger picture of things. It's something the military trains very heavily on—that ability to detach and see the entire operation, not just see one little snippet of it."

### What will you miss when you retire from the Marines?

"I thought I was going to do it for four years and then never do anything in the Marine Corps again. The things that you think about the most are not the easy days. It's always the hard days, and being part of that camaraderie, and that team, and working through those rough times. The deployments going overseas, being in combat—those are the things that I'll miss the most. And that's unique to the military. It's not something that is easily replicated in the civilian world."

## BRIAN AUCHMAN

*Aircraft Technician, Alaska Airlines | Petty Officer, 2nd Class, Navy Reserve, Naval Air Station Whidbey Island, Washington*

Auchman grew up as a self-described "military brat," with grandparents and parents who served in the Navy and Air Force, so it felt right to join the Navy Reserve at 21. With more than eight years of service—four of them also working as an aircraft technician at Alaska's Seattle hangar—Auchman thrives on a mix of work. This fall, he began a yearlong active deployment at Naval Air Station Whidbey Island.



### What inspired you to volunteer?

"I knew that in the Navy I was likely to see more places. I've been to Japan, Bahrain, Italy, Greece, Spain. I got to go to Iwo Jima. It's the chance to see and do things most people haven't done."

### You work on 737s for Alaska and C-40s for the Navy. Is it a challenge to work on both?

"My civilian job helps me a lot in my military life. I have better knowledge of how the aircraft work. In the Navy, people often

rotate, so they take advantage of my experience."

### Why volunteer for a yearlong deployment?

"I've always wanted to do active duty. I'll get a chance to learn more of the leadership stuff."

### How long do you plan to serve?

"My ultimate goal is to stay in 20-plus years. There's the honor of doing it, and there's also the retirement that comes from staying in." ✈



# WINTER WEST OUT

*The sublime alpine skiing at Whistler Blackcomb is one of the many fine attractions offered at Western resorts.*

MIKE CRANE / TOURISM WHISTLER





# MOUNTAIN RESORTS SHINE IN THEIR PEAK SEASON

By Ted Alvarez

**When it comes to alpine skiing in North America,** the West is the best. I'm thinking this as I zip down British Columbia's Blackcomb Glacier in the peach glow of early-morning light, mining veins of fresh powder left over from last night's 2-foot deposit. The thick blanket of clouds responsible for this bounty begins to peel off, revealing the bite of the jagged Coast Range gnawing into the horizon. The aqua-blue cracks in other glaciers glint in their seas of white—viewed at a distance but seemingly close enough to touch.

Before me beckons a wide, unblemished bowl suitable for football-field-wide turns; beyond that, I will find hidden black-diamond runs threading between car-size boulders. Soon after, I'll hit the wooded, civilized parts of one of the largest single ski mountains in North America, where I'll be met with challenging tree runs, quiet glades and 7-mile groomers that can accommodate entire family reunions. The choices are almost overwhelming. And hours later, when I get to the base, there will be yet *another mountain*—Whistler—waiting just across the plaza, bigger on its own than most other mountains on the continent. This all assumes I won't get distracted by dining on delicious scallops at Christine's (at the top of the Blackcomb Gondola, in the Rendezvous Lodge), or taking a ride on the Peak 2 Peak gondola, about 1,430 feet above the creek that cuts between Whistler Blackcomb's two signature summits. The giant combined resort area, about 75 miles northeast of Vancouver, encompasses 8,171 skiable acres and a literal mile of vertical rise. To match the scale of it, you would need to go to the Alps.

Yet this resort's feast of opportunities doesn't tell the whole story of winter adventure options in the West. There's also the intimacy and community found at destinations such as Red Mountain Resort, a Southeast B.C. gem. Once, a local old-timer I nicknamed Rocket Grandpa spent all day guiding me to the mountain's perfect pillows, as well as its punishing steeps. He could have left me far behind after a run or two, but instead he stuck with me to find stashes so solitary all we could hear was the hiss of our skis and the hooting of owls. Afterward, he

introduced me to his family and to Rafter's, a converted attic bar located within the resort's lodge in a space where the very tall have to duck. At this celebrated old-school ski bar, the nachos were gigantic and the beer was cold.

Skiable volcanoes, 14,000-plus-foot peaks, Old West après atmosphere—the West has attributes that make it unfair to pit this region against most other winter-adventure locales. Along several thousands of miles of mingled mountain chains are hundreds of unique peaks to ski and frolic on, with each area hosting dozens of distinctive alpine and nonalpine experiences. Like fine wines from across the world, some characteristics are so iconic that they will resonate with admirers great distances away: the Western charm and history of Steamboat Resort in Colorado and Sun Valley Resort in Idaho; the jaw-dropping national-park views at Ski Marmot Basin in Alberta and at Whitefish Mountain Resort in Montana; the distinctive high-desert volcanic peak of Mt. Bachelor; the extreme ski challenges of Alyeska Resort in Alaska and among the numerous resorts of the Reno-Tahoe area; and the incredible diversity of destinations accessible from Salt Lake City, Utah—ranging from Snowbasin to Solitude to Sundance to Park City/Deer Valley and beyond. And no single resort, experience or run will be exactly the same from trip to trip or skier to skier—the one you love the most will depend on conditions and personal taste.

It's nearly impossible to visit all the ski hills of the West, but there are few greater outdoor rewards than trying. With snowboarding, snowshoeing, Nordic skiing, tubing and other winter attractions at many locations, there are also plenty of nonski adventures to enjoy at top Western resorts.

Whether you're shepherding a family on a holiday vacation, or seeking a teeth-gritting challenge as a frost-faced ski veteran, or looking for something new as a mellower type of powderhound, or exploring après-ski resort attractions without even worrying about skiing first, the great mountains of the West are a spectacular place to start.

Get after it.





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## Western Winter Destinations

With so many resorts out there, how is a winter adventurer to choose? Maybe by considering where you can get freebies? Below, we've narrowed the choices to 14 destinations, listed alphabetically. Most allow you to ski for free with an Alaska Airlines boarding pass. Choose a large international resort, a quaint family-owned ski hill, or something in between. For full details about each area's promotion, visit [alaskaair.com/ski](http://alaskaair.com/ski).

### Alyeska Resort, Alaska

**Gateway:** Anchorage (ANC)

**The Draw:** Spackled with more than 650 inches of snow a year, Alyeska defines "steep and deep." The expert-leaning mountain offers double-black, white-knuckle crucibles such as Zug's Knoll, New Year's Chute and the 45-plus-degree Christmas Chute (the latter two of which are named for when they usually open). Caution on these runs is warranted: Some of the rock-barriered routes are as narrow as 15 feet. Yet intermediate skiers will find plenty to like in the blues and light black runs fanning out from the Glacier Bowl Express chair.

**Pro Tip:** Your experience at Alyeska will be defined by light—or the lack of it, since winter days often squeeze out only a few hours of sun. Low-light goggle lenses are essential, and visiting in March provides the best balance of snow and sun. If you get a clear night, bundle up and enjoy: Alyeska's excellent night skiing operation offers the chance at the once-in-a-lifetime experience of skiing under the northern lights.

**Après:** With salmon and crab living in waters visible from the mountain, Sakura Asian Bistro may have some of the world's freshest resort sushi. Lively local-favorite Double Musky Inn offers Cajun cuisine. And for breakfast after an early run, a pile of pancakes from The Bake Shop fuels you for the rest of your day.

*Clockwise from top left: Alyeska Resort in Alaska is known for its steep runs and wide-open views; Big White Ski Resort, in British Columbia, has appealing terrain for families; the attractions at Idaho's Bogus Basin include its Mountain Coaster.*



### Big White Ski Resort, British Columbia

**Gateway:** Kelowna (YLW)

**The Draw:** About 40 miles east of Kelowna, skiers will find one of the most family-friendly mountains in the West: More than 50% of Big White's 2,765 skiable acres are intermediate runs where skiers of mixed abilities can ski together in the resort's plentiful powder. An award-winning ski school and a kids' center nurture a love for the slopes in children, and plentiful ski-in, ski-out lodging keeps commutes and logistics easy.

**Pro Tip:** While families can enjoy the fluff off Powder Chair and the Gem Lake Express, advanced skiers will find surprising challenge in the steeps served by the Cliff Chair and Alpine T-Bar.

**Après:** Try an Aussie meat pie and look for live music at mountainside Snowshoe Sam's, or sample Elevation 57 Brewery's hyperlocal ales, made right beneath the Sessions Taphouse.

### Bogus Basin, Idaho

**Gateway:** Boise (BOI)

**The Draw:** 16 miles from Boise is Bogus Basin, a "backyard" mountain with 2,600 skiable acres. Nonprofit and laid-back, Bogus features world-class skiing at affordable prices. And watch the snow report: Even when it's sunny in Boise, inch-an-hour refills at Bogus are common.

**Pro Tip:** Shafer Butte has tough blacks dropping off both sides, with Tiger and Last Chance serving as local rites of passage.



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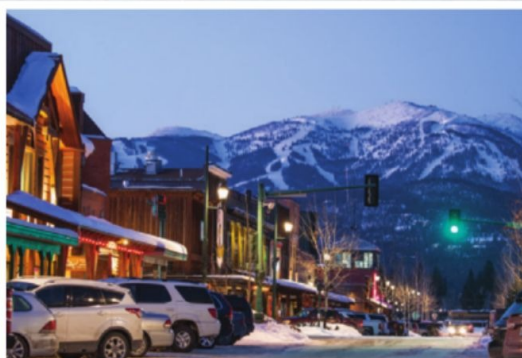


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**Après:** Explore Boise or stick around the hill for locally smoked meats at the Double R Ranch BBQ Smokehouse.

### Eaglecrest Ski Area, Alaska

**Gateway:** Juneau (JNU)

**The Draw:** It doesn't get more local than this: Eaglecrest's 38 runs, four chairs, 640 skiable acres and 1,620 feet of vertical drop are owned and operated by the city of Juneau, making it one of the only community-owned resorts in North America. In some years, the area boasts snow totals to rival any U.S. mountain. The clear-day views from Pittman's Ridge are hard to beat.

**Pro Tip:** Experts will find a challenge on the hike-in-only West Bowl. Beginners and intermediates can get a taste of the above-treeline experience on the blues and greens off Black Bear Chair.

**Après:** Old Tower Bar, opening this month, is the first bar the ski area has had in 45 years. Visitors can consider a snowshoe trip to nearby Mendenhall Glacier. And Juneau offers in-town options.

### Mt. Bachelor, Oregon

**Gateway:** Redmond/Bend (RDM)

**The Draw:** With 4,300 lift-accessible acres, massive Mt. Bachelor is the rare peak where skiers have 360 degrees of mountain access. Sprouting from a volcanic chain in Oregon's high desert, Mt. Bachelor is far enough from the Pacific that the 450-plus inches of snow it receives each year is known for being dry and powdery. World-class in terrain and local in feel, its unique geology includes gullies, chutes and many other entertaining features.

**Pro Tip:** Skiing here can extend into spring or summer, making multisport days an enticing option. From April on, skiers might want to spend the morning sessioning turns, and then take in an afternoon mountain-bike ride or paddle on the Deschutes River.

**Après:** Bend is among the Northwest's premier beer towns, with standard-bearers such as Deschutes Brewery and younger favorites

*From top left: Red Lodge Mountain in Montana provides runs down quiet slopes with views of distinctive geological formations; Mt. Bachelor towers above its high-desert Oregon surroundings, collecting spectacular snow for powder skiing.*



such as Crux Fermentation Project, Boneyard Beer, and The Ale Apothecary, whose beers are distinctively barrel-aged.

### Red Lodge Mountain, Montana

**Gateway:** Billings (BIL)

**The Draw:** Skiing Red Lodge is like taking a trip back to an era before skiing became America's favorite winter pastime. Lifts with practically nonexistent lines take skiers to Grizzly Peak's forested chutes and sparkling powder that keeps for days. At the top, views of mountain ranges fan out for hundreds of miles.

**Pro Tip:** The Cole Creek quad chair serves up a wealth of expert tree runs, while Lazy M is the miraculous blue cruiser where you might have acres at a time to yourself.

**Après:** Authentic Old West history is the main draw to the town of Red Lodge. Stay and eat at the Pollard Hotel, which once hosted Buffalo Bill Cody and Calamity Jane. Marvel at the bank across the street, which was once robbed by the Sundance Kid.

### Red Mountain Resort, British Columbia

**Gateway:** Spokane (GEG)

**The Draw:** At the southwest corner of British Columbia's vaunted Powder Highway, "Red" features dried-out West Kootenay pow, 3,850 skiable acres of idyllic trees, and access to slopes on three mountains (Granite, Red and Grey).

**Pro Tip:** Red is all about stashes in the trees (such as Captain Jack's or Roots Meadows), but on deep days, splurge for the CAD \$10 snowcat on Mount Kirkup to nab some private time.

**Après:** A former gold mining town, Rossland's main street oozes charm. Rossland Beer Company offers quality ales; head to Fuel Gastropub for gently upscale wines and food.

### Schweitzer Mountain Resort, Idaho

**Gateway:** Spokane (GEG)

**The Draw:** Located in Idaho's panhandle, Schweitzer has yet to draw the crowds it deserves, despite the fact that it's Idaho's biggest ski area. Get there before they come. Storms deposit feet of snow onto 2,900 acres of terrain, refilling remarkable tree runs and keeping the North and South bowls fresh all day.

**Pro Tip:** Look for challenging trees along the mountain's north ridge and off the Idyle Our



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T-bar, or alternate between intermediate cruisers and glades off the four-person Cedar Park Express.

**Après:** In nearby Sandpoint, Idaho, MickDuff's Brewing Company has great food and blended beers such as the Stubbed Toe (a mix of the brewery's Tippy Toehead blonde ale and tomato juice).

## Ski Marmot Basin, Alberta

**Gateway:** Edmonton (YEG)

**The Draw:** Nestled among the giant peaks of Jasper National Park, Ski Marmot Basin sports truly eye-popping views from its upper slopes. Although its 1,720 skiable acres read as modest, runs are split roughly evenly among beginner, intermediate and expert, and there's terrain for anyone—from the wide corduroy of Basin Run to the tough chutes and cliffs of Eagle East.

**Pro Tip:** The road to Ski Marmot Basin connects to Icefields Parkway and some of the nicest scenery in North America. Take a tour while you are in the area.

**Après:** The resort's wild location means your best options are all about a 20-minute drive away in the town of Jasper. Family-friendly Jasper Brew Pub is a hub for winter warming, and DownStream has cocktails, slightly upscale eats and the best chance to bend local skiers' ears.

## Snowbasin Resort, Utah

**Gateway:** Salt Lake City (SLC)

**The Draw:** Less than 40 miles north of Salt Lake City is the town of Ogden, and above it is Snowbasin, a resort that sports speedy chairs, estimable powder and luxuries similar to other Utah resorts, while being sometimes overlooked. Across 3,000 acres of terrain and nearly 3,000 feet of vertical drop, skiers find a banquet of options—long groomers, steep chutes, yawning bowls and perfectly spaced trees.

**Pro Tip:** Snowbasin hosted Downhill events in the 2002 Olympics. Test your mettle where others medaled from the top of Allen Peak. But

*Clockwise from left: Idaho's Schweitzer Mountain Resort offers less-traveled areas with epic views; California's Squaw Valley Alpine Meadows has famously ski-film-worthy terrain; options at Snowbasin Resort in Utah include lengthy groomed runs.*



buckle up: This steep ripper is only slightly forgiving on the deepest powder days.

**Après:** Splurge on-mountain at Earl's, or choose from about 200 beers at the Angry Goat Pub & Kitchen in Ogden.

## Squaw Valley Alpine Meadows, California

**Gateway:** Reno/Tahoe (RNO)

**The Draw:** Warren Miller

helped make Squaw Valley a destination for top-notch skiers—and the resort's cliffs and chutes don't disappoint (the Fingers draws pros from around the world). Alpine Meadows, meanwhile, is Squaw's slightly lower-key twin: Difficulty abounds, but its many bowls are perfect for powder days.

**Pro Tip:** Beginners, intermediate skiers and families can experience the Alps-style high-mountain terrain on Squaw's Emigrant and Gold Coast Express chairs, which offer a network of forgiving and fun blues and greens.

**Après:** Local food and drink options are plentiful (the Cornice Cantina is a true local's fave), and Squaw Valley Alpine Meadows visitors can't miss the two mountains' dueling cookie go-tos: Wildflour Baking Company at Squaw and Treats Cafe at Alpine Meadows.

## Steamboat Resort, Colorado

**Gateway:** Steamboat Springs/Hayden (HDN)

**The Draw:** Even novice skiers know that snow quality is a Steamboat claim to fame: the renowned "Champagne Powder" that comes off the Wasatch Range dumps on the mountain in buckets. All that branded snow can obscure the fact that it is

one of the finest intermediate mountains in the country—and perfect for families and ambitious learners. The nearby town has preserved a low-key cowboy vibe while growing in size and prominence.

**Pro Tip:** The runs Closets and Shadows offer 2,000 feet of epic trees and glades.

**Après:** Soothe ski-sore legs in the town's namesake hot springs. There's Old Town Hot Springs downtown, and the wilder Strawberry Park 7 miles outside town.



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## WINTER OUT WEST

Sun Valley Resort, Idaho

**Gateway:** Sun Valley/Hailey (SUN)

**The Draw:** As the oldest chairlift-served ski resort in the country, Sun Valley has a warm, Wild West vibe that transcends its status as a celebrity haven and welcomes skiers of any level. On powder days, your skis positively dance on ultraconsistent pitch. The mountain is also known for immaculate grooming.

**Pro Tip:** Warm Springs and Mid River Run might be the best corduroy cruisers in the country any day of the year.

**Après:** Fancy options abound (Michel Christiania, Town Square Tavern), and local spots are also popular. A favorite: the Asian street food at Rickshaw.

### Whitefish Mountain Resort, Montana

**Gateway:** Kalispell/Glacier Park (FCA)

**The Draw:** With exquisite tree runs and recent epic pow years, Whitefish punches higher than its 3,000 acres and 2,353 feet of vertical would suggest. A reputation for scarce crowds and a growing après scene are making it a destination, but most days you're still likely to have the snow ghosts (Whitefish's famous snow-covered trees) almost to yourself.

**Pro Tip:** Duck to the backside of the resort to the trees of Hidden Meadow, Kodiak and Hollywood. The Flower Point lift serves up rolling blues and blacks.

**Après:** No trip to Whitefish is complete without a pint at the slopeside Bierstube. But the real action is back in town at Bonsai Brewing Project, where you can sip experimental IPAs with the locals. ✈

Ted Alvarez writes from Seattle.

Get in the spirit of adventure with *Return to Send'er*, a ski movie released in September by Matchstick Productions. Alaska Airlines is a sponsor of the film, which follows four elite freeskiers to mountains around the West. For a list of scheduled showings, visit [matchstickpro.com](http://matchstickpro.com).








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# FUN *in* *the* SUN

**By Barbara Beckley**

*This page and  
facing page:  
The Palm Springs  
Aerial Tramway  
provides spectacular  
views and access to  
scenic hiking trails.*



## Outdoor adventures in Greater Palm Springs

**It's like a scene from a storybook.** A huge brown buck with impressive antlers is gazing down at us from atop a grassy knoll on the opposite side of the stream.

The handsome mule deer has likely been watching my friend Janice and me for some time—following our movements long before we stopped to rest on a log by the bank of the stream. Unfazed by our presence, he continues to stand on the hill for another minute or so—welcoming us to his beautiful forest, we like to think—before disappearing into the trees.

We're about 2 miles into our hike of the 4.3-mile Round Valley Loop, about 9,000 feet above the desert floor, in the Mount San Jacinto State Park and Wilderness. "We are so lucky," Janice says with a smile. She regularly hikes the 50-plus miles of forested trails that wind through the park, and like many local hikers, she believes that a deer sighting brings good fortune.

Our hike is one of the many outstanding outdoor adventures available in Greater Palm Springs, which averages more than 300 days of sunshine each year. In addition to excellent hiking trails, the region also



has renowned tennis facilities, more than 100 golf courses and many miles of cycling routes. As a part-time resident, I enjoy the outdoors here as often as I can.

Even before our deer sighting, I felt lucky to be hiking the Round Valley Loop, which comprises three connecting trails—Round Valley, High and Willow Creek. We're breathing fresh pine-scented air; we're being serenaded by the gurgle of the stream and its mini-waterfalls; and we're enjoying a varied landscape of forests, meadows, valleys and mountains.

This alpine wonderland is just 6 miles or so west of downtown Palm Springs, and accessing the loop included the extra pleasure of riding the Palm Springs Aerial Tramway, which travels up Chino Canyon cliffs. We ascended to 8,516 feet, through five ecological zones, in about 10 minutes, in a rotating-floor tram-car that provided a 360-degree view, from cactus to crags.

Arriving at Mountain Station, about 30 degrees cooler than the Coachella Valley desert below, we followed a paved switchback path about an eighth of a mile to the Long Valley Ranger Station, where we obtained a free wilderness hiking permit and then started down the trail.





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White firs, and lodgepole, sugar and Jeffrey pines, towered above. Some of the sugar pines had trunks nearly 8 feet in diameter, indicating they might have been as much as 500 years old. The wind whispered. Mountain chickadees chirped. White-headed woodpeckers tap-tap-tapped. Granite boulders, some as big as houses, were scattered on hills along the trail, a testament to the mountain's approximately 70 million-year-old geology. "No lack of boulders to sit on," Janice joked.

The log by the stream also offered an inviting rest stop, and we relax here a few more minutes, post-deer, dipping our hands in the cool water. When we continue hiking, we find forest giving way to meadowlands sprinkled with fragrant mountain sage and leafy skunk cabbage. After a couple more miles, we spot a long, flat boulder and decide to take another break, this one with beverages and trail mix, to toast to friendship ... and Mother Nature.

### Playing where the pros play

Planting my feet firmly on outdoor Practice Court 1, where Roger Federer practiced during the 2019 BNP Paribas Open last March, I lower my racket and ... whack! A perfect hit, low over the net into my opponent's left corner. Am I channeling Federer? More likely it's the excellent coaching from Melinda Kiriako, head



### MORE IN THE OUTDOORS

- Golf the Classic Club in Palm Desert. This Troon Golf-managed property includes 30 acres of water features and 14 bridges. The course will reopen Nov. 15 after overseeding and bunker renovations.

- Take a fun Desert Adventures Red Jeep Tour, with options ranging from scenic canyons to desert sunsets.

- Explore two Indian Canyons sites—Palm Canyon and Andreas Canyon—described as the world's largest and second-largest oases of California fan palms (*Washingtonia filifera*). Palm Canyon boasts 2,000 California fan palms, while Andreas Canyon has nearly 1,500. The Indian Canyons area (above) is part of the ancestral home of the Agua Caliente Band of Cahuilla Indians and is on the tribe's reservation.



The Indian Wells Tennis Garden hosts the prestigious BNP Paribas Open and also offers lessons to locals and visitors.



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tennis professional at the Indian Wells Tennis Garden Tennis Club.

While the tennis garden is famous for championship tournaments—the next BNP Paribas Open will be March 9–22, 2020—it’s also a top spot for public play. When the stars aren’t competing, the tennis club’s 29 world-class hard courts are available for rent and for instruction from three teaching pros, who offer private and group lessons, as well as clinics and camps, for adults and juniors.

The perks of getting a lesson here are many: game-changing tips, a pro shop and lounge, a setting back-dropped by the Santa Rosa Mountains and, most important, bragging rights to say, “I played where the pros play.”

I called about five days in advance to schedule my one-hour private lesson. During high season, roughly November through April, book a week or two out, recommends club director Fred Hartzman. “We get a lot of out-of-town visitors who rent a court or sign up for a lesson,” he told me.

The teaching pros are therefore adept at enhancing your game in just one lesson. “My goal is to help improve your existing game,” Kiriako explains, as she lobs balls my way. “I want to build on what you already have.”

With one question, she analyzes my game in a way no other tennis teacher has. “How are you losing points—is your opponent winning points, or are you making errors?” she asks.

Upon reflection, I conclude that I lose more often through my own errors. “Then we’ll work on your placement,” she says. “Take your time. Don’t swing. Lower your racket and push your racket into the ball.”

I do as she says, and wow: The ball sails straight and low over the net, exactly where I aimed. I can’t wait to show off my improved skills during my next real match.

## On course

Lily ponds. Streams. Lakes. Flowers. Palm groves. Waterfalls. The Santa Rosa Mountains. Every hole is beautiful on the Celebrity Course at Indian Wells Golf Resort. The water elements sparkle distractingly, though.

“I’m not putting one of my best golf balls in the water,” my friend Sarah states with a laugh when we

- Enjoy Joshua Tree National Park, east of Palm Springs, via a Joshua Tree Excursions’ “Signature Private Hiking Tour.” The adventure, for up to seven people, is customized to your interests and abilities.



- Discover The Living Desert Zoo and Gardens (above right) in Palm Desert, with opportunities to view animals indigenous to the world’s arid regions.

Rosa Mountains. The course is scheduled to reopen Nov. 5 after being reseeded.

- Bring your swing to the SilverRock Resort Classic Course, an Arnold Palmer–designed wonder in La Quinta, backed by the majestic Santa

- Ride horses through the desert or Indian Canyons on a guided tour (below) with Palm Springs–based Smoke Tree Stables, family-owned since 1927. Tours of varying lengths, and group or private rides, are available. —B.B.



reach the 501-yard, par-5 fourth hole and our first water challenge. Sarah is an experienced golfer, and her well-aimed shots include easily hitting her third shot over a pond in front of the green and then two-putting for par. Me—not so much. I focus on the joy of being amid such scenic beauty.

The Celebrity Course is one of the two award-winning 18-hole public golf courses at the resort. They’re nicknamed “Beauty and the Beast,” and replaced the prior West and East courses.

The Celebrity Course, 7,050 yards from the back tees, is the “Beauty,” designed by Clive Clark in 2006 and considered by many to be the Coachella Valley’s





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*The Celebrity Course at Indian Wells Golf Resort is known for its beauty, and also its water features.*



loveliest course, because of the abundance of flowers, trees and water. The course has hosted two PGA Skins Games.

The “Beast” is the Players Course, designed by John Fought in 2007. While also pretty, it’s longer, at 7,376 yards from the back tees, with more grip-it-and-rip-it holes.

Making our way around the Celebrity Course, using the cart’s Uplink GPS, which displays hole diagrams and yardage from tee to pin, we discover this breathtaking beauty features fast greens, 97 bunkers and 13 holes with water hazards. Before we began our round, we chatted in the pro shop with Michael Tebbetts, the resort’s director of sales and marketing, who gave us some advice. “Accuracy is at a premium, and it’s always a good idea to play to the center of the greens if possible,” he noted. “The Celebrity Course can penalize the player who lets their ball go astray.”

## AGUA CALIENTE CULTURAL PLAZA

● Learn about the history, culture and traditions of the Agua Caliente Band of Cahuilla Indians by visiting the new Agua Caliente Cultural Plaza, scheduled to open fall 2020 in downtown Palm Springs. The 5.8-acre cultural complex will feature the new Agua Caliente Cultural Museum; the new, luxurious The Spa at Séc-he (the fifth spa here since the

late 1800s), which will celebrate the tribe’s sacred ancient hot mineral spring, with individual guest bathtubs for soaking in the spring water; a Gathering Plaza, where tribal members and visitors can enjoy special events; and the Oasis Trail, a meandering pathway with desert landscaping that will include California fan palm trees. —B.B.



## ADDITIONAL ATTRACTIONS

- Cabot’s Pueblo Museum (above) in Desert Hot Springs showcases Native art, and works by early homesteader Cabot Yerxa.
- Fashion Week El Paseo (below left), March 20–27, 2020, in Palm Desert, is one of the West Coast’s largest consumer fashion shows. See the newest collections from famous and emerging designers.
- The Palm Springs Air Museum, near Palm Springs International Airport, has one of the world’s largest collections of aircraft from WWII, and the Korean and Vietnam wars, plus numerous permanent and temporary exhibits, and activities. →







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Fortunately, wildlife—including roadrunners, Canada geese, American coots and rabbits—on the course seem unconcerned about my stray balls. In fact, the animals don't seem to notice my presence at all, although I hope the catfish, bass and carp in various lakes are good at dodging balls diving toward the water.

Sarah, on the other hand, deftly avoids all of the course's liquid hazards. And on No. 15, she birdies the hole, thanks in part to a good drive and approach shot. The challenging par-4 hole has a lake in front of the tees and also water farther down the fairway. A large ash tree guards the approach to the green.

I give the 388-yard par-4 18th hole my best shot. Conscious of the long lake to the left and bunkers to the right, I tee off straight, make a couple more decent fairway shots and then putt for par. Hooray!

We celebrate at the 19th hole, with happy hour at the clubhouse's newly renovated Vue Grille & Bar, overlooking the magnificent course.

- The Palm Springs Art Museum, in downtown Palm Springs, features three floors of inspiring artwork in a variety of media. Visitors can also enjoy two satellite locations: the Architecture and Design Center, downtown, and Palm Springs Art Museum in Palm Desert.

- Palm Springs Modernism Week, Feb. 13–23, 2020, at various locations, will celebrate midcentury modern architecture, and the midcentury lifestyle, with hundreds of events, such as home tours, a vintage-fashion show, lectures and parties.

- The Shields Date Garden (above), in Indio, spotlights a famous local crop. With a cafe, gift shop and garden, this site has been a local icon since 1924. Sip a date shake; stroll among the date palms and through the sculpture garden; and watch the short old-time film *The Romance & Sex Life of the Date*.

—B.B.



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## Scenic Cycling

"It's basically downhill all the way," explains Raul Machuca, our Big Wheel Tours naturalist guide. This is music to my ears. While I love bicycling in the desert, I'm not a fan of rugged uphill pedaling.

Our 20-mile tour through the scenic eastern part of the Coachella Valley will take us along a gentle, hardly noticeable descent from 1,600 feet to "negative 200 feet near the Salton Sea," Machuca says, and we will be pedaling through the heart of the San Andreas Fault zone on this popular "Earthquake Canyon Express Bicycle Tour."

We begin the excursion with a 40-minute drive in the Big Wheel Tours van from Palm Desert to cactus-dotted flatlands in the transition zone between the Colorado and Mojave deserts. Exiting Interstate 10, Machuca parks along Box Canyon Road, and outfits me and a gentleman visiting from Oregon with bikes, helmets, water and snacks. As we pedal southwest on the road, Machuca follows in the van. The ride is serene as we enjoy the wide, newly paved, little-used rural route.



## SHOPPING

• **Artwork: A Gallery** Fine Art in Palm Desert spotlights notable contemporary art, including glass art, by established and emerging artists, many nationally known. Also in Palm Desert, Ramey Fine Art features contemporary works by acclaimed artists.

• The Gardens on El Paseo, in Palm Desert, hosts 50-plus total businesses, including 40 retailers, such as Gucci and Bottega Veneta.

• The River at Rancho Mirage (above) is an excellent place to find gifts for friends, and for yourself, with Jiva Ayurveda, Hats →

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Unlimited and Bath & Body Works among the seven retailers and 21 total establishments.

- The Street Fair at College of the Desert, in Palm Desert, features hundreds of vendors offering everything from jewelry and sculptures to fashion and furniture, week-ends, year-round.

- Sunny Dunes Antique Mall, in Palm Springs, has 30 vendors. There is a huge selection of vintage comic books.

- Westfield Palm Desert features shopping at 100-plus businesses, about 70 of which are retailers, including major brands such as Macy's, H&M, Victoria's Secret and Barnes & Noble. —B.B.

When there's a special attraction to point out—such as fossil seashells embedded in rocks from when the Coachella Valley was covered by the Pacific Ocean millions of years ago—Machuca pulls ahead, parks and waits for us to stop beside him.

The terrain changes from desert sagebrush and tumbleweeds to hills and craggy walls as the road winds through Box Canyon itself, from about mile 8 to 16 of our ride, then the road opens to views of table-grape vineyards, and lemon and date groves. The Salton Sea glistens in the distance to the south.

At the end of the route, we dis-





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mount for a van ride northwest to Thermal, where our adventure culminates at the Oasis Date Gardens. We each enjoy a date shake, the desert's signature drink, made with locally grown palm dates, and we sample dozens of date varieties, all grown in the oasis gardens.

My fellow guest from Oregon comments that the tour has met his goal of doing something unusual, interesting and off the beaten track. "This tour was even more amazing than I expected," he says. "I'm bringing my family next time." ✈

Barbara Beckley lives in Southern California. For more information on Greater Palm Springs recreation, see [visitgreaterpalmsprings.com](http://visitgreaterpalmsprings.com).

Alaska Airlines ([alaskaair.com](http://alaskaair.com)) provides regular service to Palm Springs (PSP), with nonstop service from Portland (PDX), San Francisco (SFO) and Seattle (SEA). Service from Everett (PAE) to Palm Springs begins Nov. 5.

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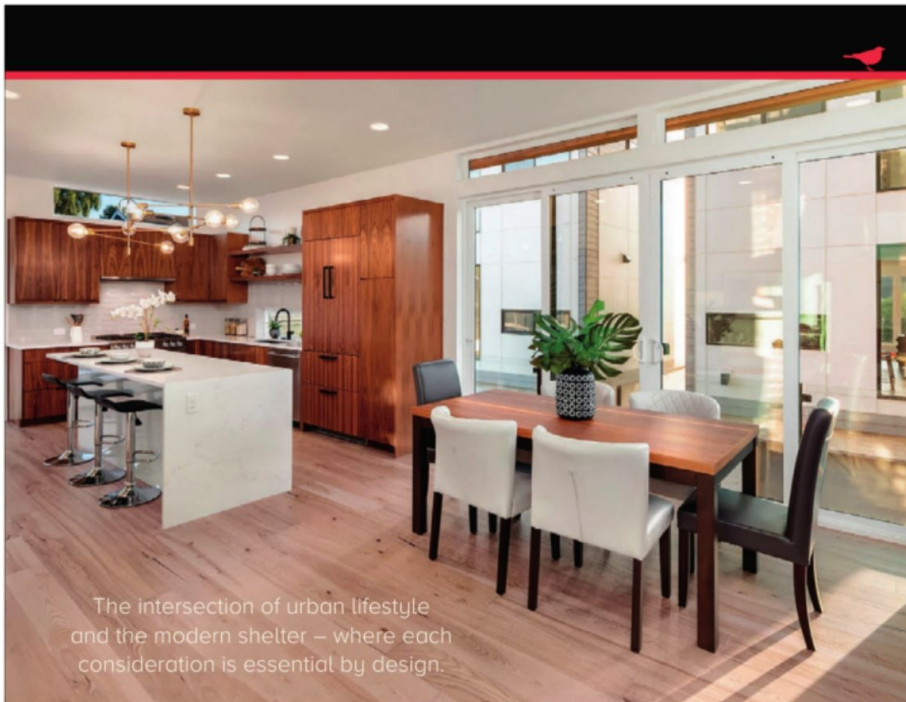
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# GIFT IDEAS

Inspiration for your holiday shopping

BY SOPHIA SCHEER

## FOR THE TRAVELER

1. The collapsible **que Bottle** is plastic-free, BPA-free, dishwasher-safe and available in 18 different colors. Alaska guests are encouraged to #FillBeforeYouFly, an initiative aimed to motivate guests and employees to bring their own water bottles (\$24.95; [quebottle.com](http://quebottle.com)).

2. **Zenni** has the latest eye-wear, including the **Premium Square Sunglasses** in cream with a dark gray tint and silver mirror finish (\$32.95 including single-vision prescription lenses; [zenni.com](http://zenni.com)).

3. Help protect and relieve back discomfort with **BetterBack**, designed to be an ergonomic, lightweight and portable back-support system that helps someone sit in perfect posture (\$49.99; [getbetterback.com](http://getbetterback.com)).

4. Secure toiletries and other essentials with the **Rugged Twill Travel Kit by Filson**. This water-repellent bag has a brass zipper, bridle leather side handle and four pockets (\$125; [filson.com](http://filson.com)).

5. Relax under the sun with the **SkyLoft Hammock by ENO**. The SkyLoft is easily portable, has two stretch nylon pockets, and has

“Relax” and “Sleep” modes (\$129.95; [eaglesnestoutfittersinc.com](http://eaglesnestoutfittersinc.com)).

6. The **Aesop Departure Kit** can help travelers rejuvenate during their journeys. The seven travel-sized products can clean and hydrate skin and freshen mouths (\$53; [aesop.com](http://aesop.com)).

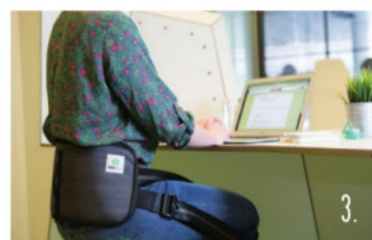
7. Gift a day of relaxation at the female-only **Olympus Spa**, with locations in Lynnwood and Tacoma, Washington. The **Relaxation Package** features a day pass, body scrub, body massage and body moisturizing (\$265–\$281; [olympusspa.com](http://olympusspa.com)).

8. **Arcade Belts’ Adventure belts** are designed to be flexible, functional and comfortable. All models are made with nylon and elastic, and include nonmetal buckles. One-size fits all (\$26–\$29; [arcadebelts.com](http://arcadebelts.com)).

9. **Quip’s electric toothbrush set** includes a toothbrush, a cover that doubles as a mirror mount and an optional \$5 tube of toothpaste. For another \$5 every three months, quip delivers a new battery and brush head (starting at \$25 + \$5 every three months; [getquip.com](http://getquip.com)).



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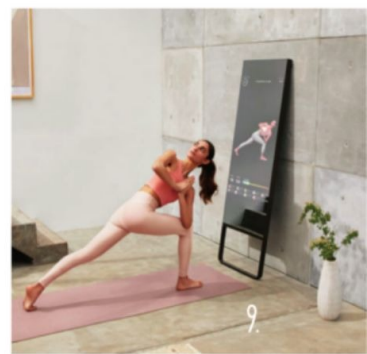
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## FOR THE HOMEBODY AND COLLECTOR

1. **Maui Divers Jewelry** specializes in handcrafted designs using Hawaiian black coral, fine pearls and precious stones. The Heritage Collection features designs such as the **Hawaiian Heritage Tahitian Pearl Necklace** in 14-karat yellow gold (\$2,495; [mauidivers.com](http://mauidivers.com)).

2. Make a personalized **hardcover photo book with Parabo Press**. Showcase 25 pictures in an 8-inch square design, which uses matte paper (\$25; [parabo.press](http://parabo.press)).

3. **Artful Ashes'** beautiful glass art memorials come in a variety of shapes, including hearts, orbs and angel wings. Each piece can also be inscribed (\$145–\$195; [artfulashes.com](http://artfulashes.com)).

4. Use the **Sonos Beam** to play music, TV and other audio around the home. Operate the sound system via a remote, the Sonos app or built-in voice control (\$399; [sonos.com](http://sonos.com)).

5. **Na Hoku's** Waterfall Collection is inspired by the beauty of Hawai'i's many secluded waterfalls. The delicate 14-karat yellow gold **Waterfall Pendant** features opal inlay and eight diamonds

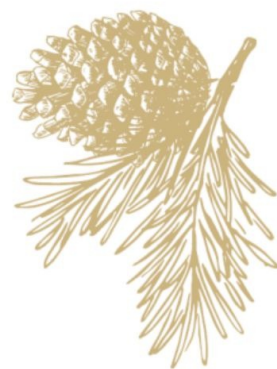
representing the eight major islands of Hawai'i (\$1,599; [nahoku.com](http://nahoku.com)).

6. Inspired by the landscape of New Mexico's White Sands National Monument, **Pendleton's White Sands Printed Quilt Set** offers a channel-stitched cotton material available in twin, full/queen or king sizes (\$129–\$179; [pendleton-usa.com](http://pendleton-usa.com)).

7. **The Gilded Lily Home** in Wenatchee, Washington, sells specialty gifts, including fine furniture and home decor, high-quality foods and more. Online personal shopping is also offered (prices vary; [gildedlilyhome.com](http://gildedlilyhome.com)).

8. **Alaska Mint** offers gifts such as medallions, jewelry and money clips, which are both functional and attractive. Options include the **Grizzly Bear Money Clip with 1 oz. Medallion** (\$169.99; [alaskamint.com](http://alaskamint.com)).

9. When it's off, the **Mirror** looks like an ordinary full-length piece of reflective glass. But when it's on, use the device to engage in an interactive, high-energy fitness class—from the comfort of home (\$1,495 + \$39/month; [mirror.co](http://mirror.co)).



## FOR THE SHOPPER

Located less than 4 miles from Seattle-Tacoma International Airport, **Westfield Southcenter** has many retailers, including Fireworks Gallery, Nordstrom, Macy's and more (prices vary; [westfield.com/southcenter](http://westfield.com/southcenter)).

Give the gift of a fun festive outing with **The Bellevue Collection's** gift card, redeemable at more than 250 stores and restaurants in Bellevue Square, Bellevue Place and Lincoln Square in Bellevue, Washington, (prices vary; [bellevuecollection.com](http://bellevuecollection.com)).

Visit Seattle's **Pacific Place** and explore new pop-up Bezel & Kiln for handcrafted jewelry and homeware. Items such as necklaces and bracelets by Allison Kallaway are among many pieces of wearable art available for purchase (prices vary; [pacificplaceseattle.com](http://pacificplaceseattle.com)).





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## FOR THE CHEF AND ENTERTAINER



1. The **Tribella Classic Drip-Free Wine Aerator** uses three stainless steel pouring tubes to aerate red wine and bring out its natural flavors. The device is easy to clean and includes a protective, portable storage case (\$40; tribellawine.com).



2. **Seattle Cutlery**, based in Seattle's Pike Place Market, sells high-quality knives. The **Tojiro Shippu, 63-layer Damascus 8-inch Chef Knife**, made in Tsubame, Japan, is an ideal choice for any home chef (\$189; seacut.com).

3. Cook food, from meat to cake, up to 70% faster with products such as the **Instant Pot Duo Plus 9-in-1 Multicooker (6 Quart)** by **Instant Pot** (\$129.95; store.instantpot.com).



4. **Well Told's** striking glassware is etched with streets, neighborhoods, and landmarks of U.S. and global cities. Options include pint, wine and rocks glasses, and coffee mugs (prices vary; welltolddesign.com).







# GIFT IDEAS

## FOR THE FOOD AND DRINK LOVER

1. For a sweet and savory dessert, consider the **Dessert Course from Cowgirl Creamery**, which comes with a range of artisanal cheeses, including Fromage Blanc, as well as a fig cake, Meyer lemon cookies, chocolates and more (\$95; cowgirlcreamery.com).

2. **Maryhill Winery** makes world-class wines. The newly released **2016 Barbera Proprietor's Reserve** is a bold red with a clean finish, made with grapes from Washington's Columbia Valley and aged 18 months in 40% new French Oak (\$42; maryhillwinery.com).

3. **Tito's Handmade Vodka** is distilled six times from naturally gluten-free corn, giving it a smooth texture and

slightly sweet taste. Crafted in pot stills, it goes well in holiday hot chocolate (prices vary; titosvodka.com).

4. Bring the taste of Hawai'i home with **Honolulu Cookie Company's 2019 Holiday Collection**. Choose from a variety of festive gift tins, sets, boxes and trays featuring delicious flavors such as Kona coffee and dark chocolate peppermint (prices vary; honolulucookie.com).

5. Family-owned **Cyrus Saffron** produces **Grade A+ USA organically grown saffron** on a ranch in Chelan, Washington (\$12 per 1 gram, .35 ounce; cyrussaffron.com).

6. Enhance any holiday party with **Fran's Chocolates**. The award-winning **Gray**

and **Smoked Salt Caramels** collection features dark chocolate-covered caramels, topped with sea salt, and milk chocolate-covered caramels, finished with smoked sea salt (from \$15.75; frans.com).

7. Alaska wild salmon are prized for their high nutrient content and rich flavor.

**Copper River Seafoods** provides gift boxes that include wild-caught smoked or freshly frozen salmon and other seafood sourced from these waters (from \$13.95; copperriverseafoods.com).

8. **Crater Lake Spirits' Crater Lake Gin** infuses premium corn distillate with Oregon-grown handpicked juniper berries for a fresh, medium-body gin with scents of honeycomb, white pepper, pine and lemon zest (\$29.99; craterlakespirits.com).



8.







## In a flurry of gifts, keep things fresh

The holidays are in full swing (already), and you know what that means. Lots of last-minute travel, merry get-togethers, and of course — seasons shoppings. No matter who's on your gift list, they deserve something that suits them to a t-eeth. We're thinking oral care.

quip has you covered with gifts to guide good oral health, starting at the stocking-stuffer price of \$25. Mix and match starter sets for the whole family, including our must-have electric toothbrush, all-new refillable floss, and minty fresh toothpaste. Our slim, wireless brush features timed sonic vibrations with

guiding pulses, and a packable, multi-use travel cover for on the go. Plus, it pairs perfectly with our sleek floss dispenser, designed to create less waste with string you swap out every 3 months. How refreshing!

For a gift that truly keeps on giving, add fresh supplies on a refill plan from \$5. We'll automatically deliver you (or your friend) the choice of a brush head, floss, and toothpaste every 3 months with free shipping — and the first refill is free!\* Finally, a thoughtful (and affordable) gift that'll put a smile on everyone's mouth.

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## MORE FOR THE FOOD AND DRINK LOVER

9. Starting Nov. 15, **Dutch Bros Coffee's** new retro cans of its bold, nutty **Private Reserve** will be available for online purchase. The Oregon-based company also has more than 350 locations in seven Western states (prices vary; [shop.dutchbros.com](http://shop.dutchbros.com)).

10. **Chukar Cherries' Holiday Original Assortment** is filled with their seven best-selling chocolates, each with a Northwest dried cherry, berry or nut center covered with European-style pastry chocolate. Selections include vanilla almonds and dark chocolate cherries (\$29.95; [chukar.com](http://chukar.com)).

11. **10th and M Seafoods** offers exquisite Alaska seafood delivered directly to the front door. The **Family Pack #1** has 5 pounds of golden king crab legs, 2 pounds of frozen halibut, 1 pound of smoked king salmon and an abundance of other delicacies. Overnight shipping is included (\$479.95; [10thandmseafoods.com](http://10thandmseafoods.com)).

12. Spice up someone's cookie arrangements with the **Gingerbread Cookie 12-Pack Gift Box** from **The Gingerbread Construction**

**Co.** The box includes six boys and six girls, made from a dough with a balance of sweet and spice, and decorated with icing and nonpareils (\$41.99; [gingerbreadusa.com](http://gingerbreadusa.com)).

13. On the first day of Christmas, skip the pear tree and get a **Pear Medley** gift box with four Webster Comice and four Red D'Anjou from **The Fruit Company**. The pears are grown in Oregon's Hood River Valley (from \$39; [thefruitcompany.com](http://thefruitcompany.com)).

14. Celebrate the holidays with a premium box of **gourmet Japanese snacks and teas from Bokksu**. Discover Japan through artisanal delicacies such as white chocolate-infused strawberries and handmade yuzu sake candy (\$39.99 with subscription, \$49.99 single purchase; [bokksu.com](http://bokksu.com)).

15. **Festive Infused maple syrup** is produced by Vermont-based **Runamok Maple**. This gourmet syrup is flavored with clove, cinnamon, ginger, nutmeg and vanilla—perfect for pancakes, waffles and desserts (\$16.95 for a 250 milliliter bottle; [runamokmaple.com](http://runamokmaple.com)).

# GIFT IDEAS

16. Subscribe to **Carnivore Club** for a monthly box with an assortment of premium, handcrafted cured meats, such as Spanish jamón, Italian salamis and prosciutto. Single-box purchases are also available (starting at \$29.99 per box; [carnivoreclub.co](http://carnivoreclub.co)).





# GIFT IDEAS



## FOR THOSE IN NEED

1. Alaska Airlines Mileage Plan members can donate miles to **Alaska Airlines LIFT Miles** (formerly Charity Miles). Contributions are used to assist with travel and other charitable efforts for organizations such as Seattle Children's Hospital, the National Forest Foundation and the Dream Foundation ([alaskaair.com/donatemiles](http://alaskaair.com/donatemiles)).

2. **Make-A-Wish** grants wishes for children with critical illnesses. For example, 14-year-old Josephine

(above) was diagnosed with a neuromuscular disorder, and she had the chance to go to Alaska and see the northern lights ([wish.org](http://wish.org)).

3. **The National Park Foundation** helps protect more than 400 U.S. national park sites and connect people to their natural landscapes, vibrant culture and rich history. Initiatives include increasing awareness and restoring parks ([nationalparks.org](http://nationalparks.org)).

4. Since its founding in 2001, glassybaby has given more

than \$10 million to charity. For each votive sold, \$3 is donated to the **glassybaby white light fund** to benefit an array of nonprofits. The newly released **blue shade "give"** is the perfect color for winter evenings ([glassybaby.com](http://glassybaby.com)).

5. Assistance dogs can make a difference for those with disabilities. Breeding, raising, training and placement of one dog can cost more than \$50,000, but the **Guide Dog Foundation** places assistance dogs with individuals free of charge ([guidedog.org](http://guidedog.org)).



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# GIFT IDEAS



## FOR THE KIDS

1. Adopting a dog is easy and exciting with **Crate&kids' Goldendoodle Stuffed Animal Adoption Set**. Children can play with Max using the included bag, bone, leash and ball. For ages 3+ (\$49; crateandbarrel.com).

2. **Doona's Liki Trike S5** can change into five different modes as a child ages, starting from 10 months up to 36 months. It is durable, includes a storage bag and can fold into a compact shape (\$299.99; shopdoona.com).

3. Children can re-create part of San Francisco with **Lego's Architecture San Francisco**, a 565-piece Lego set featuring the Golden Gate Bridge, Alcatraz Island, the Salesforce Tower and more. For ages 12+ (\$49.99; lego.com).

4. Journey into the outdoors with **National Parks of the USA**, written by Kate Siber and illustrated by Chris Turnham. This book highlights the plants, animals and landscapes of 21 national parks (\$30; quartoknows.com/wide-eyed-editions).

5. Seattle-based **Glass Eye Studio** creates blown-glass paperweights, votives, ornaments and more. Kids might enjoy the jolly faces of the **Secret Santa** collection, with three color options (\$30; glasseye.com).



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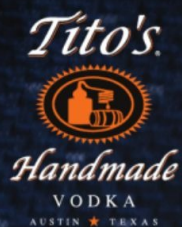
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## CELEBRATING IN THE BIG EASY

Let the good times roll in New Orleans

By Beth D'Addono

### » I am drawn to all things sparkly.

Good thing I live in New Orleans, where glitter is often seen on sidewalks and sequins are fine for day wear. That is especially true during the holidays.

As you might imagine, The Big Easy pulls out all the stops for the holiday season, with activities starting at Thanksgiving. The city wraps itself in lights and decorations. Hotels deck the halls in a big way, with the Roosevelt New Orleans, A Waldorf Astoria Hotel, boasting 50 decorated trees and more than 60,000 twinkling lights in its magnificent marbled lobby. The Windsor Court Hotel also puts on a grand show, with a 20-foot-tall tree, 25,000 lights and a veritable forest of blue spruce trees skirting the lobby.

Naturally, there's a parade, too, orga-

nized by a krewe—one of the social clubs that work all year on themes, floats and costumes. The holiday season shifts into high gear with the Krewe of Jingle parade on December 7, which features floats, dancing krewes and more. Also, bring the kids to NOLA ChristmasFest at the Convention Center, December 20–31, a festival that includes an ice rink, carousel, amusement rides and, of course, Santa. New Orleans' 1,300-acre City Park is the site of the 33rd-annual Celebration in the Oaks, an event that includes more than 1 million lights and breathtaking displays in a 25-acre area of the green space.

And since New Orleanians are always planning the next meal, reserve a table at one of the réveillon dinners around town, a tradition of holiday feasting in New

Orleans that dates back to the early French settlers. Restaurants around the French Quarter and beyond offer the special prix-fixe dinners, a fabulous way to enjoy the city's wonderful food scene.

As festive as New Orleans is during the holidays, it is all a precursor to Carnival season, January 6–February 25, 2020. The seven-week period includes festivals, parades, fancy balls, marching bands, and lots and lots of beads—an estimated 12.5 tons. In fact, some folks turn their holiday trees into Carnival trees, replacing Christmas decorations with Carnival decorations in purple, gold and green.

The events lead up to what I believe is the best day of the year—Mardi Gras, also known as Fat Tuesday, on February 25, 2020. This is the last day of feasting before Lent begins on Ash Wednesday, and it is the culmination of Carnival season.

The real Mardi Gras is a family affair full of cultural memories, rituals and histories. The parades welcome everyone to join in the fun and often include high



# NEAR & FAR»



» **Clockwise from facing page:** The St. Louis Cathedral is an iconic symbol of the French Quarter. A band marches in a Mardi Gras parade. The French Quarter is known for its wrought-iron railings on many buildings. Bartender Chris Hannah serves a Tuxedo Tails cocktail. The Roosevelt New Orleans decks the halls during the holidays.



school marching bands, elaborate floats with LED lights and plenty of glitter, and dancing krewes with names such as the Amelia EarHawts & Cabin Krewe and the Disco Amigos.

Being a sequin lover, I take my place among the revelers, dressed in a wig, a costume and, of course, plenty of glitter.

That is the fun of New Orleans: It is a feel-good destination that is always ready for a festival. It is a city that elevates any occasion. Be it a romantic getaway, a milestone with friends or a family vacation, The Big Easy delivers an experience unlike any other place in the nation.

## A city of feasts

As famous for its cuisine as its festivals and music, New Orleans is a center for traditional Creole French cuisine and creative chefs using Gulf seafood and local ingredients in innovative ways.

In these parts, we never skip the first (or any) meal of the day. Start your culinary tour with Stanley Restaurant, on

Jackson Square. The restaurant serves some of the finest breakfasts in town. Order the Eggs Stanley: two poached eggs over an English muffin, topped with fried cornmeal-crusted oysters and Canadian bacon.

Or head to Compère Lapin in the Old No. 77 Hotel & Chandlery, where James Beard Award-winning chef Nina Compton is creating amazing dishes. The restaurant's brunch includes the incredible coconut French toast. At restaurant Willa Jean, chef and owner Kelly Fields serves wonderful pastries and savory Southern-contemporary dishes, with favorites including fried chicken on a biscuit, as well as chocolate chip cookies with a side of cookie dough and vanilla-infused milk. Oh, my.

The po'boy is the king of sandwiches in New Orleans, and one of the best is served at the Parkway Bakery & Tavern in



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Mid-City. Get the roast beef with gravy and pass the napkins. Killer PoBoys in the French Quarter offers a unique spin on the sandwich, such as seared Gulf shrimp with marinated radish, carrot and cucumber. Another lunch option is the fried chicken sandwich at the famous Sylvain restaurant.

New Orleans is also known for its excellent Gulf seafood, and the restaurant to visit is GW

## DID YOU KNOW?

Compère Lapin chef Nina Compton, above, is one of a new wave of chefs helping to keep New Orleans among the nation's best culinary cities. She won the 2018 James Beard Award for Best Chef: South region.

Fins, where chef Michael Nelson works closely with local fishermen to deliver the freshest fish possible.

Other city favorites include beignets and cafe au lait at Cafe du Monde, Creole bread pudding souffle with whiskey cream at Commander's Palace Restaurant, barbecued shrimp at Emeril's New Orleans restaurant, and the incomparable gumbo at Gris-Gris New Orleans.

If you are looking for a creative cocktail, order the martini Tuxedo Tails at Jewel of the South, run by James Beard Award-winning owner and head barman Chris Hannah. The vegetable-forward menu is also divine. Another great place for a cocktail is The Elysian Bar at the chic Hotel Peter & Paul, a former Marigny neighborhood church and Catholic school



The iconic Commander's Palace Restaurant first opened in 1893.



Take a nostalgic ride on the St. Charles Streetcar in the Garden District.

## AT A GLANCE

### Hidden gems

- See past and present Mardi Gras floats and learn how they are made at the Mardi Gras World museum.



- Take a guided tour of New Orleans' famous cemeteries, above, to see the resting places of former residents such as voodoo queen Marie Laveau and singer Mahalia Jackson.

City Park's Louisiana Children's Museum, a treasure trove of interactive fun.

... **Lover of literature or pop culture:** Be inspired at the Tennessee Williams New Orleans Literary Festival, March 25–29, 2020. Williams lived in New Orleans for 40 years.



### Where to go first in town if you're a ...

... **Foodie:** Get a tasty overview with the Nola Foodie for a Day Cooking & Walking tour from Destination Kitchen Tours.

... **Romantic:** Take the St. Charles Streetcar into the Garden District for the jazz brunch at Commander's Palace Restaurant.

... **History buff:** Visit the Chalmette Battlefield, where Andrew Jackson and his forces won the last battle of the War of 1812.

... **Family:** The kids will love

### Distinctive dish and where to get it:

At Brennan's restaurant, above, order bananas Foster, a flaming dish of sliced bananas, butter, brown sugar, cinnamon, rum and banana liqueur.

### Classic drink and where to get it:

Sip a French 75, with Courvoisier and Champagne, at Arnaud's French 75 Bar.

**What to take home:** Local art, sold at markets and neighborhood shops, such as Fleurty Girl and Home Malone. —B.D.



## » NEAR & FAR NEW ORLEANS



The New Orleans Museum of Art's sculpture garden contains more than 80 works of art.

COURTESY NOMA

turned into a boutique inn. For a more casual setting, visit Vaughan's Lounge. Cash only and home to a great jukebox, the lounge is the friendliest of hangouts. Every Thursday night, Vaughan's offers free beans and rice, and live music from Corey Henry & the Treme Funktet.

Speaking of music, this vibrant city is considered by many to be the birthplace

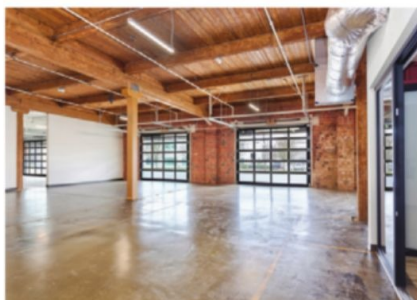
of jazz, thanks to musicians such as Buddy Bolden, Ferdinand "Jelly Roll" Morton and Nick LaRocca. Whether it's the clubs on Frenchmen Street or the buskers along Royal Street, the New Orleans music scene is alive and thriving. Local talent energizes the local club scene, where you can hear music every day.

You can trace the history of this Amer-

ican art form at The New Orleans Jazz Museum, located in a former U.S. Mint building, near the Mississippi River.

### A cultural center

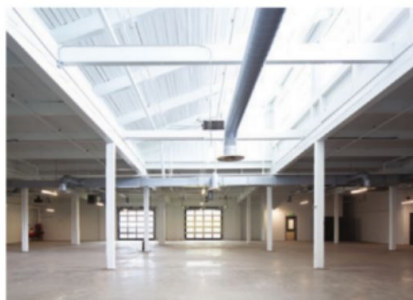
New Orleans is also known as a center for the arts. The New Orleans Museum of Art, a world-class facility with more than 50,000 art objects, is located inside the



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## » NEAR & FAR NEW ORLEANS

The National WWII Museum.

COURTESY THE NATIONAL WWII MUSEUM



city's immense City Park. The museum has collections of African, American, French and Japanese art. Current exhibitions include "Tina Freeman: Lamentations," featuring Freeman's aerial photography of places such as the Louisiana wetlands and the Arctic. Outside the museum, the 11-acre Sydney and Walda Besthoff Sculpture Garden has 90 world-class works on display.

New Orleans City Park also offers an array of outdoor activities, including biking, jogging and walking trails; the Carousel Gardens Amusement Park, featuring an antique carousel; and the New Orleans Botanical Garden, with more than 2,000 plants from around the world.

To the south of City Park is the French Quarter, a square-mile neighborhood that is a living museum in itself, with its lacy wrought-iron balcony railings and hidden courtyards. Stroll the area's streets to shop and visit art galleries. You can also tour Jackson Square and the commanding St. Louis Cathedral, which was originally built in 1727.

In the Warehouse Arts District is The National WWII Museum. Ranked among the top museums in the country, this tribute to America's Greatest Generation offers galleries and artifacts that bring the U.S. experience in World War II to life.



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I love a good celebration and this year I have something huge to celebrate ... five years of sobriety!

As I experienced life's ups and downs, alcohol seemed to help me cope with my anxieties and stress. But I reached a point when I realized that if I stayed on the path that I was on, something bad was bound to happen – the loss of relationships, an accident or serious damage to my health. I knew that if I could find a way to quit drinking, only good would come of it. I also knew I couldn't do it alone.

One day I decided to call Schick Shadel Hospital. I learned that their ten-day program was a good fit for me. I got the help I needed. I lost the cravings for alcohol so I could focus on my prescribed aftercare plan which included seeing a counselor regularly.

I am so happy to be free of alcohol and the grip that it had on me. It was the best gift I have ever given myself! Every area of my life has improved dramatically including my relationships with my family and friends and my real estate career has soared to new heights.

It is such a wonderful feeling to be living life with the clarity that I now have.

Thank you Schick Shadel Hospital for giving me my life back!

–Therese



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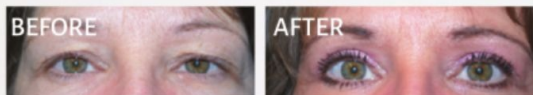
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## » NEAR & FAR NEW ORLEANS



COURTESY BACCHANAL FINE WINE & SPIRITS

### The backyard of Bacchanal Fine Wine & Spirits.

Just across the street is the Ogden Museum of Southern Art—home to one of the nation's largest collections of art from the South—contains works from 15 Southern states and the District of Columbia.

One of the best ways to experience the local landscape is to drive across the 24-mile Lake Pontchartrain Causeway to visit the waterway's north shore. Feed giraffes at the Global Wildlife Center; take a swamp excursion with Honey Island Swamp; tour the Abita Brewing Company; and dine in the small towns of Covington and Mandeville.

Another must-do is a stop at Bacchanal Fine Wine & Spirits, a Bywater neighborhood wine shop and backyard party. I like to buy a cheese-and-meat platter for a sophisticated outdoor picnic behind the store, where there is live music every day, ranging from swing to jazz.

Sipping a drink in the sunshine or under the stars, toes tapping to a jazzy refrain—that is a true New Orleans experience. ✈

*Beth D'Addono is a food and travel writer in New Orleans.*

*Alaska Airlines (alaskaair.com) offers daily nonstop service between New Orleans (MSY) and San Francisco (SFO) and Seattle (SEA).*





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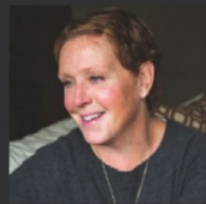
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## MARVELOUS MILAN

Elegant shopping, creative cuisine and cultural wonders in the Italian city

By Melanie Haiken

» From a window table in a cafe, I have the perfect vantage of “Milan’s living room.” Beneath me, crowds flow through the Galleria Vittorio Emanuele II shopping emporium, past glowing window displays with offerings from designers such as Armani and Versace.

I’m savoring a flaky, buttery cornetto pastry at Marchesi 1824, in an outpost of one of Milan’s most popular bakeries. Hidden away on the mezzanine and accessed via a stairway inside the Prada store, this location of the Milan favorite is a respite from the bustling scene below.

I marvel at the floors tiled with colorful mosaics of Italian city crests, as well as the gravity-defying architecture inside the Galleria. The glass-domed hall, built between 1865 and 1877 and designed by architect Giuseppe Mengoni (1829–1877), features a cathedral-high vaulted glass ceiling held aloft by a lattice of cast-iron supports. The site reinforces what I know to be true: Milan is a city that leads the way in European design of many kinds.

For more retail browsing, I head to the Quadrilatero d’Oro shopping district, anchored by Via Monte Napoleone and Via



» Marchesi 1824, above, is a popular cafe with a location that overlooks shoppers in the Galleria Vittorio Emanuele II, top left. Museo del Novecento, top right, includes a stunning spiraling ramp. The Duomo di Milano, lower right, is a work of art made of Italian marble.





onion, olives and tomato; and the classic tomato and mozzarella cheese. I fuel up because I've got tickets to Teatro alla Scala, Milan's iconic opera house, to see Verdi's *I masnadieri* (*The Robbers*). (From December 10, 2019, to January 8, 2020, the theater is showing Puccini's *Tosca*.) For me, an evening at the opera is the perfect way to celebrate my arrival in one of Europe's cultural centers.

### Centuries of creativity

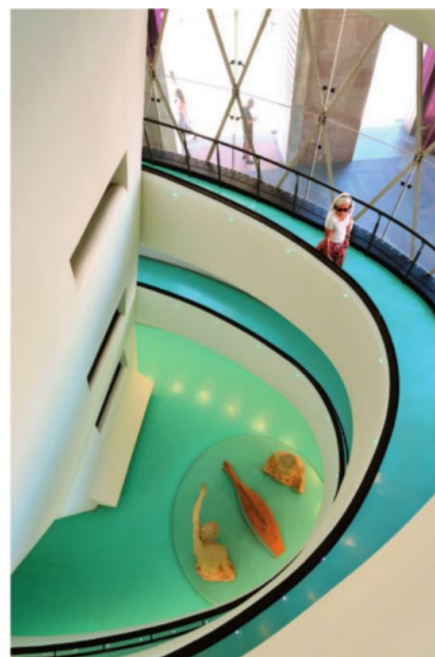
While Milan is often heralded as Italy's city of the future for its cutting-edge fashion and design shows, its identity as a fulcrum of creative and commercial activity goes back many hundreds of years, nurtured by the rise and fall of industries such as textiles and supported by the patronage of some of Italy's wealthiest families. I'm surprised to learn that Milan is also one of Europe's oldest cities, settled in 600 B.C. by the Celtic Insubres, and then conquered by the Romans, who in the third century made it the capital of the western part of their empire.

Dubbed Mediolanum, or "the central place," for its strategic location between the Italian Peninsula and the lands accessible to the west, east and north through the Alps, Milan has been oriented toward business from its earliest beginnings.

della Spiga streets. There are glittering showrooms for Louis Vuitton, Tiffany & Co. and Gucci, and I enjoy watching people and browsing in stores such as Santoni, which sells handmade shoes.

My next stop is the Museo del Novecento, a showcase of 20th century art in the Palazzo Arengario, a former government complex transformed into an airy space with a glass-walled spiraling ramp. The museum provides the perfect setting for works by Picasso and de Chirico, and for galleries devoted to futurist, pop and conceptual art.

On a street near Piazza del Duomo and the Museo del Novecento, Panzerotti Luini serves delicious puffs of soft dough filled with many combinations, such as ricotta and spinach; ham and cheese;



"Location, location, location," whispers a fellow traveler the morning of my second day in Milan as we stand in a square, listening to a guide explain how Milan's wealth and prominence can be seen all over the city.

I find proof of that wealth in the Duomo di Milano, a confection of pink-tinged Italian marble that from a distance looks as much like a fairytale castle as a cathedral. It's adorned with more than 3,400 statues and a lacelike ornamental







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crest. With a history of ruins dating to the PaleoChristian era and formal construction taking place in the Middle Ages, the duomo was built to accommodate more than 3,000 people. It's one of the biggest cathedrals in Europe and took more than six centuries to complete, making it a symbol of both the city's power and its role in fostering the arts.

Design details include dozens of stained-glass windows built in a cascading history of styles from medieval to contemporary. At the sarcophagus of Saint Charles Borromeo, light gleams through the cut rock crystal case enclosing the venerated saint. Two lifts and stairs provide access to the Duomo's rooftop, with its expansive views of the city and opportunities for close-up scrutiny of the gargoyles lining the edifice.

Climbing the stairs works up my appetite for lunch. At Latteria San Marco, a local favorite for healthier, vegetable-forward versions of traditional Italian fare, I opt for a hearty vegetable stew and *testaroli*, with eggplant, salted ricotta and zucchini.

After my meal, I visit a UNESCO World Heritage site, the Church and Dominican Convent of Santa Maria delle Grazie, to see Leonardo da Vinci's

» **Castello Sforzesco**, a complex reconstructed by the 15th century ruler Ludovico Sforza, now houses fine art.



Museo Nazionale della Scienza e della Tecnologia.

## AT A GLANCE

### Popular attractions

- The Pinacoteca di Brera is a museum with a world-class collection of classical works, including masterpieces by Rembrandt, Caravaggio, Tintoretto and Mantegna.
- Piazza dei Mercanti, the heart of Milan's craft district since the Middle Ages, feels like the set of a Shakespeare play.

### Hidden gems

- Donato Bramante painted the 15th century Santa Maria presso San Satiro with a mind-bending trompe l'oeil illusion that makes the space appear roughly four times bigger than it really is.
- Isola, which means "island," once housed factory workers but is now one of Milan's hippest neighborhoods, known for its colorful murals and street art.

### Where to go first in town if you're a ...

... **Music lover:** Casa di Riposo per Musicisti is the resting place of Verdi, the great Italian composer. It was founded in 1899 as a retirement home for musicians.



... **Science nerd:** The Museo Nazionale della Scienza e della Tecnologia is one of Italy's best museums for science and technology. It's housed in a Renaissance-era monastery.

... **Foodie:** Un Posto a Milano, in an old farmhouse near Porta Romana, is a Milan leader in local, foraged and farm-to-table cuisine, with a guest-house onsite.

... **Romantic:** The Palazzo di Brera, with its secluded botanical gardens and Astronomical Observatory, offers a museum of scientific instruments and a library.

**Distinctive dish:** Rich with butter and fragrant with saffron pistils, *risotto giallo alla Milanese* reflects the city's affluence and taste for the good life. Trattoria Masuelli near Porta Romana serves a stellar version.

**Classic drink:** The Negroni (left) owes its characteristic bitterness to Campari, produced just outside Milan. Try the Negroni

Sbagliato, with prosecco substituted for gin, at Bar Basso, which created this iteration of the drink. —M.H.



*The Last Supper*, appropriately housed in the refectory of the convent.

To continue my Renaissance focus, I head next to Castello Sforzesco, a fortresslike enclave reconstructed by Ludovico Sforza, Milan's influential 15th century ruler. The big draw is Michelangelo's not-quite-finished marble sculpture *Rondanini Pietà*, moved from Rome to its own museum here.

But I also enjoy *Leonardo's Horse*, a lifelike equine statue commissioned to honor Sforza but also incomplete, realized by da Vinci only as a clay model. The bronze statue now standing was created from da Vinci's original designs. It was unveiled in the late 1990s.

Behind the castle, the Parco Sempione is a serene oasis of crisscrossing paths, formal gardens and a willow-draped lake.

The Brera area surrounding the park

Parco Sempione.



PHIL DUNNE / ALAMY STOCK PHOTO

is rich with dining options. At Ristorante Daniel, chef Daniel Canzian offers adventurous flair, with dishes including guinea fowl and suckling pig. Sitting at the bar in front of the open kitchen, I order one of the two tasting menus and am especially thrilled with the icy Sicilian watermelon frost that finishes off the meal.

### Canals and creative reuse

The next day I go to one of Milan's oldest districts, the Ticinese, named for the ancient city gate here. This is where I find the fifth century Basilica San Lorenzo Maggiore. The basilica includes sites such as the Chapel of Sant'Aquilino, a mausoleum with Byzantine mosaics that glow with



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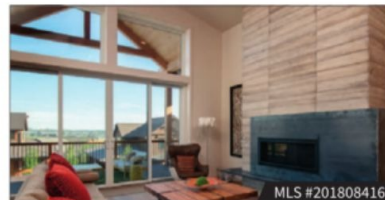
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burnished gold tile. In front of the basilica is the Colonnade of San Lorenzo, a row of 16 Corinthian columns that remain as evidence of the Roman Mediolanum.

In the Navigli District, adjacent to Ticinese, I see beautiful canals said to have been designed by da Vinci. They were once used to transport marble to build the Duomo. These waterways, including Naviglio Grande and Naviglio Pavese, are today lined with bookshops, cafes, antique stores and galleries.

Zona Tortona, once an industrial area near the Navigli District, is now one of Milan's hippest neighborhoods. The streets are full of colorful murals and are home to galleries, photography studios, and cocktail bars in variations of Midcentury Modern and futurist decors. I visit the Museo delle Culture di Milano, known as Mudec. The facility is a hub of art and design that opened in 2015 in a former factory, helping to revitalize the Tortona area.

My post-gallery hangout is The Botanical Club of Milano, where I find cocktails with names such as the Stranger Mule—made with ginger beer and gin—and La Cosecha—made with Pisco and peanut butter.

Toasting my adventures with a modified daiquiri in a neighborhood that's turned from industrial to trendy, I realize that once again, Milan manages to be a bridge between an ancient past and a future continually being redefined. ✈

Melanie Haiken writes from the San Francisco Bay Area.

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# HAWAII



*Clockwise from top left:  
Unique Hawaiian gifts  
include a wooden handbag  
from Martin & MacArthur's;  
a Sig Zane-styled aloha shirt;  
guitars and ukuleles from  
Kamoa Ukulele Company;  
and pulasan fruit from  
The Locavore Store.*





# SHOPPING

FIND THE PERFECT SOUVENIR TO REMIND  
YOU OF PARADISE BY MARTHA CHENG

Throughout the Islands, from Kaua'i's small-town boutiques to Hawai'i Island's luxury malls, you'll find shops of every variety in which to uncover special hidden gems or enduring keepsakes. There's a souvenir for each sense: 'ukuleles to remind you of the sounds of the Islands; soaps, carrying the fragrance of a lei; flavorful Hawai'i-grown coffee; colorful prints of locally designed aloha shirts to lift spirits on a gray day; and koa wood bowls, blissfully smooth to the touch. The following are some special treasures that will remind you of the Islands long after you return home.

## KAUAI

At dusk on a Friday evening, I walk through the small town of Hanalei, on Kaua'i's southern coast. The quaint town, with its tin-roofed wooden houses and swinging bridge, reportedly was the inspiration for the community in the Disney film *Lilo & Stitch*.

I'm here to join the street party that unfolds each Friday night. Musicians play on stages set up along the street, while the aromas of huli huli chicken and ribs, from food vendors who have set up makeshift kitchens on the sidewalk, waft through the air. The town's art galleries keep their doors open until 9 P.M. on Fridays, and I browse these cheerful spaces, which are full of vibrant Hawai'i-inspired paintings, including works by Kaua'i resident Cynthia Reidel. At the Island Art Gallery, I'm fascinated by Alma McGoldrick's creative jewelry, including necklaces made with Hawai'i rain-forest fungi.

At the shop Blu-Umi, I enjoy the small figurines and the limited-edition decorative pins of local birds. One that catches my eye is of the 'elepaio, said to be the first bird among the native Hawaiian species to sing in the morning and the last to call at night.

I also stop by Talk Story Bookstore, billed as the westernmost bookstore in the United States. I browse through the Hawaiian titles that fill the shelves, and find a copy of *The Little Prince* translated into Hawaiian—evidence that author Antoine de Saint-Exupéry's classic tale is universal. I end the evening with an island delicacy—two scoops of Heavenly Hana (which contains chocolate ice cream, chocolate-covered roasted almonds and a marshmallow swirl) from Lappert's Hawaii gourmet ice cream, produced right in town.

*Celeste, the boss at Hanalei's Talk Story Bookstore, greets visitors to the westernmost bookstore in the United States.*







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## SHOPPING

Hanapēpē is just one of the Kauaʻi communities that offer art, jewelry and other interesting local gifts. Another favorite is the Old Kōloa Town shopping center, located about 10 miles to the east. Kōloa is known for its old-fashioned storefronts, which reflect the area's historical past, including being the site of Hawaiʻi's first commercially successful sugar plantation in 1835.

The center's retailers include Crazy Shirts, whose founder, Rick Ralston, is credited with helping to turn the T-shirt into a Hawaiian fashion statement. The store offers made-in-Hawaiʻi designs with images that range from legendary Hawaiian surfer Duke Kahanamoku to the TV program *Hawaii Five-0*. Some of the dyes used in the shirts include volcanic ash and Kona coffee. Speaking of coffee, stop by the area's Aloha Roastery for an excellent cup of java.

Just to the south of Kōloa is the Poʻipū area, where some of Kauaʻi's top resorts are located. The Shops at Kukuiʻula offer plenty of great clothing options, including Tori Richard's aloha shirts and Blue Ginger's batik-



*The Kiko boutique carries figurines, such as Johanne Rowley's Zebra Girl and Pink-Haired Girl, above. The Royal Hawaiian Center, below, gives lessons in hula.*

printed cover-ups. This mall has everything you need to complete a luxurious beach look.

About midway up the eastern coast of Kauaʻi is the beachside town of Kapaʻa, which has a mix of new and longtime attractions, including Larry's Music Center, Home of the Kamoʻa Ukulele Company. The local institution is a great place to buy top-quality 'ukuleles, including models made with koa wood. The current owner, Samuel Bonanno, will strum a few songs for you, and he also offers free 'ukulele lessons. Call for details. Among the town's new, airy boutiques is Kiko, offering a variety of gifts ranging from handmade ceramics to woodcut topographical maps of Hawaiʻi.

## OʻAHU

In Honolulu's Chinatown, I join a line of people waiting outside a shop called Sig on Smith, the Honolulu store of clothing designer Sig Zane. At 10 A.M. on this Friday morning, the shop door opens, and we all rush in to buy the latest release of specially styled shirts made by Zane and his adult son, Kuhao. The new designs are released every Friday, the only day of the week that



ROYAL HAWAIIAN CENTER



Zane's Honolulu location is open. Drawing on his interest in hula and his love of Hawai'i's natural world, Zane opened his flagship Hilo, Hawai'i Island, clothing store in 1985, selling vibrantly colored shirts with patterns depicting native Hawaiian flora and fauna. In 2016, he and his son opened their Honolulu store, where they offer printed shirts with a more urban vibe.

Zane's embrace of Hawaiian images in modern clothing has helped inspire a new generation of fashion designers, including Ane Bakutis, Hina Kneubuhl and Jamie Makasobe, who together launched the Kealopiko clothing company, which specializes in casual T-shirts and dresses. Kealopiko is located at Honolulu's South Shore Market, in the Kaka'ako neighborhood.

At the market, you'll also find the shop Mori by Art+Flea, where many items are made by local artisans, from papaya-shaped ceramic bowls to delicate jewelry,



*O'ahu's Mānoa Chocolate Hawaii, above, offers tours of its facility and chocolate tastings. Maui's Native Intelligence, facing page, sells a variety of items that help support Hawaiian traditions.*

and much of the merchandise is exclusive to the shop.

Another area favorite is Nā Mea Hawai'i, with its focus on native Hawaiian crafts. The shop is best known for traditional goods such as koa wood bowls, books on Hawai'i, and woven *lau hala* baskets. Owner Maile Meyer wants Nā Mea Hawai'i to be a community hub, where, for example, locals and visitors can attend Hawaiian language classes and lei-making lessons.

A few blocks north of the shop is the Ohana Hale Marketplace. Opened in 2018, the space houses about 50 restaurants and 100 shops, with nearly 200 local vendors offering everything from clothing, jewelry and 'ukuleles to psychic readings.

To the southeast is world-famous Waikiki, another top destination for shopping. The Royal Hawaiian Center has more than 100 stores and free classes in many Hawaiian arts, including hula. The center also has unique local boutiques, such as Fighting Eel, a beloved Hawaiian clothing brand that offers breezy dresses and separates in tropical prints.

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## SHOPPING



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You'll also find Island Slipper, a company that began making slippers (the local term for flip-flops) in 1946 with soles made from tire treads, a source of rubber during post-World War II supply shortages. Today, Island Slippers is reportedly the last commercial company to make footwear in Hawai'i. The insoles are now made with finer materials such as leather and suede, but the outsoles are still commonly made with rubber.

Another favorite store at the center is the Honolulu Cookie Company. Family, friends and co-workers will enjoy the beautifully boxed pineapple-shaped shortbread cookies that are available in signature flavors such as guava and chocolate-dipped macadamia nut.

Speaking of chocolate, Hawai'i is the only state that commercially grows cacao—the main ingredient of chocolate. On O'ahu, chocolate lovers will want to visit Mānoa Chocolate Hawaii in the beach town of Kailua. Sign up in advance for a tour of the company. You can also sample chocolates made with cacao from various places around the world and Hawai'i.

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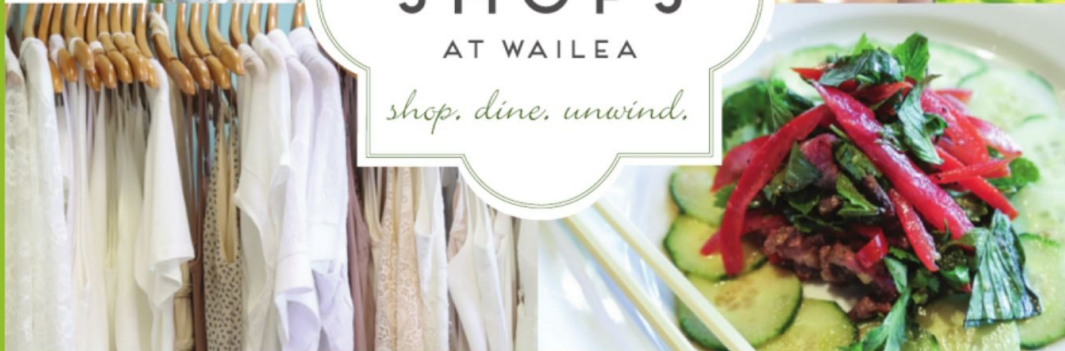
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Island Vintage Coffee serves acai bowls.

## MAUI

On trips to Maui, I always visit the town of Wailuku, located about 5 miles west of the Kahului Airport. In the first half of the 20th century, the town was full of fish markets, meat butchers and five-and-dime stores.

Today, Wailuku is best known for its cafes, restaurants and shops, although I can still see vestiges of the past in the plantation-era buildings and Art Deco facades on Main Street. A favorite store is Native Intelligence, which helps perpetuate Hawaiian values by selling crafts by native artisans, including delicate feather and fragrant flower lei, and supplies for hula, such as an *ipu heke*, a gourd drum used in the ceremony. There's plenty of packable gifts, such as soaps and clothes. However, I'm buying an *alaia*—a vintage surfboard designed without a fin and carved out of wood that was once used by native Hawaiians.

To the west of Wailuku, near the calm waters of Kā'anapali, find the beachfront Whalers Village and browse shops such as Maui Divers Jewelry, which creates a variety of island-themed pieces, including 'ahi-shaped pendants and nautilus-shaped earrings.

When you need a pick-me-up, stop into Island Vintage Coffee for a cup of coffee and some of the island's best poke and acai bowls. Get your order topped with *haupia* (sweet coconut) cream if you're



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## SHOPPING

feeling extra indulgent. Island Vintage Coffee's store shelves are stocked with elegantly packaged souvenirs such as handpicked green tea from Hawai'i Island, branded mugs and, of course, Hawai'i-grown coffee.

Another shopping area you'll want to visit is the Old Lahaina Center. With its post office, banks and supermarket, the center is part of the lives of local residents. Shop at the center's West Maui Sports and Fishing Supply to pick up anything you need for ocean activities, or to learn insider fishing tips. Close to the center is Sale Pepe, known for housemade pasta and wood-fired pizzas. Owners Qiana and Michele di Bari (she is from Brooklyn; he is from Milan, Italy) draw on Italian traditions while using locally grown ingredients.

Along the southwest side of Maui is Wailea, Maui's luxurious beachside resort area, which boasts The Shops at Wailea. Here, you'll find famous brands such as Tiffany & Co. and Prada next to local retailers such as Martin & MacArthur, renowned for koa wood furniture, jewelry, cutting boards and handbags.

*The Volcano Art Center Gallery features pieces made by local Hawai'i Island artists.*



## HAWAII ISLAND

Bigger than all the other islands combined, Hawai'i Island is home to a variety of magnificent natural wonders, grand resorts and great shopping.

On the northwest side of the island, the Kohala and Waikoloa areas have some of the finest shopping on

Hawai'i Island at the Kings' Shops, Queens' Marketplace and The Shops at Mauna Lani.

Kings' Shops is home to high-end retailers including Na Hoku, one of Hawai'i's most famous jewelers, with collections of jewelry that embody different aspects of Hawai'i life.

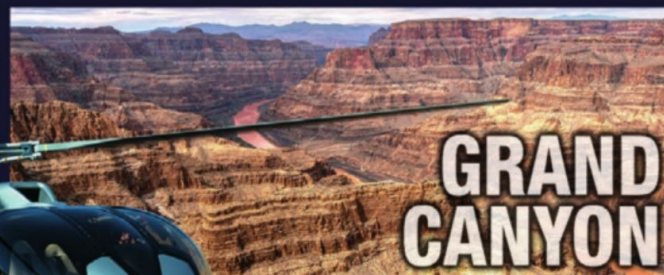
The Queens' Marketplace at the Waikoloa Beach Resort offers a variety of activities, including weekly hula shows, outdoor movies and monthly concerts. The marketplace includes the Hawaiian Quilt Collection shop, which

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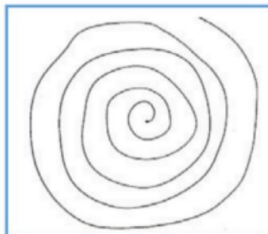
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helps keep centuries-old Hawaiian textile traditions alive, and also gives quilting classes.

Closer to the beach at The Shops at Mauna Lani, try on Jams World's fantastically bright aloha shirts and dresses, all made in Hawai'i. Foodland Farms has a variety of local foods such as crackseed, a Chinese meal of sour, salty and sweet preserved fruits that was a favorite of plantation laborers and is now a popular snack.

For an exciting look at Hawai'i's active volcanoes, travel to the south-east side of the island to visit Hawai'i Volcanoes National Park. Drive past an otherworldly landscape of craters and old lava flows formed by Kilauea's many eruptions.

Stop at the Kilauea Visitor Center to learn about the volcano, which erupted last year, but is now considered dormant. You can sign up for a tour of the area or get the latest information on hiking trails. You can also buy unique gifts at the center's park store. Near the visitor center is the Volcano Art Center Gallery, which features works by many local artists. The nearby community of Volcano Village also features art galleries that have unique gifts and artworks.

On the northeast side of the island, in the historical town of Hilo, drop by The Locavore Store, a unique grocery store offering locally sourced vegetables and fruits, including varieties of bananas that you've probably never seen before. They come in all sizes and range in color from yellow to red, and even a dusty, pale blue.

The store also has spiky magenta dragon fruits and other types of produce I've never heard of, such as a pulasan, which looks and tastes

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*The Locavore Store sells a variety of bananas, in different shapes and colors.*

similar to a rambutan or a lychee. The store also has packaged items to take home. I always stock up on dried jackfruit, pineapple and an apple-banana combination, as well as macadamia nut flour.

The Hilo Farmers Market is another must-see. Open seven days a week, the large marketplace sells a variety of produce and other, mostly locally made products. I can always count on finding luscious fruits and a new soap or two that I have to buy.

Before leaving Hilo, I like to visit the Big Island Candies factory to watch workers hand-dip macadamia nut shortbread cookies in chocolate and to pick up gift sets of assorted sweets for friends and family.

FROM HAWAIIAN CHILDREN'S BOOKS and brightly colored aloha shirts to local chocolates and fascinating fruits, finding that special gift in Hawai'i is a unique experience in which the journey is as enjoyable as the destination. Shopping in paradise is an enticing mix of the modern and traditional, and a reminder of the past and the present on the Islands. ✈

*Martha Cheng is a Honolulu-based writer and editor.*

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# HERE&NOW»



*The Fountain of Wisdom sculpture at the Central Library.*

## SEATTLE

### DISCOVERING DOWNTOWN

The heart of the city is especially fun and festive during the holiday season

**By Ted Alvarez**

» **Seattle is known as a cultured city**—UNESCO even designated it a “City of Literature” in 2017—and Seattle’s Central Library downtown is its bookish, beating heart. Since 2004, locals and visitors alike have flocked to this Rem Koolhaas and Joshua Ramus architectural marvel of canted glass and sharp, soaring angles. In addition to the nearly 2.3 million books and other materials, the library displays intriguing artwork, and the [spl.org](http://spl.org) website provides information for self-guided tours. One geared to kids includes fun questions such as, “Can you guess how many windows the Central Library building has?” (Almost 10,000.)

George Tsutakawa’s abstract bronze *Fountain of Wisdom* greets visitors at the Fourth Avenue entrance, and Tony Oursler’s

*Braincast* video installation along an escalator challenges perception. There’s even a “hidden” octopus mural, with tentacles branching out from a false hallway painted into the wall. I could tell you where it is, but you’ll have more fun searching for it yourself.

I sought inspiration and focus at the library while finishing one of my books a few years ago. But the library also became my portal to understanding and appreciating Seattle’s core, a place that offers the bright lights and bustle of a vibrant downtown, and is also a location where the city’s diverse character is particularly evident, especially during the holiday season, when Seattleites from many different backgrounds come together in celebration.

I’d mostly known downtown as a place I’d commute to from my outlying neighborhood when I wanted to enjoy an urban lunch or a happy hour, or a special event. But when writing at the library became my job in 2016, I quickly learned to love the area. After taking breaks to hear free presentations by prominent authors (comics artist/author T Edward Bak is scheduled for Nov. 10),



I would venture onto downtown's broad, sloping avenues, which I especially enjoyed during the holiday season, with its festive lights and decorated storefronts.

My path would always end at the Westlake Center shopping mall, where a giant tree, garlanded and glowing, towered above me like something out of a Dickensian fantasy. This year's Tree Lighting Celebration, presented by Alaska Airlines, is Nov. 29. In the nearby Downtown Seattle Association–managed Westlake Park, an 18-horse carousel whirls from the day after Thanksgiving through New Year's Day. In addition, Hanukkah lighting of a giant menorah is scheduled for Dec. 22–30 at the park. During all seasons, visitors can enjoy a children's play area,



and games such as table tennis and giant chess.

And Pine Street between Westlake Park and Westlake Center is the site of the Great Figgy Pudding Caroling Competition, which will be Dec. 6 this year. Amateur carolers and professional choirs fill the air with classics—everyone competing for honors such as “most creative” and “best performance” from judges representing top Seattle arts organizations. In the spirit

of giving, teams also will have solicited donations to help those in need, including Seattle seniors and low-income families.

I found downtown so appealing that even after I finished my book, I made visiting the area a regular occurrence. These visits have allowed me to stay on close terms with Seattle's busiest

## A FEW DOWNTOWN FAVORITES



**Copperworks Distilling Co.** ([copperworks-distilling.com](http://copperworks-distilling.com)): Chosen as last year's American Distilling Institute Distillery of the Year, Copperworks (above) is particularly well-known for its American Single Malt Whiskey. Tastings and tours are available.

**Fog Room at the Charter Hotel Seattle** ([fogroomseattle.com](http://fogroomseattle.com)): Sixteen stories above Second Avenue, this casual-elegant perch provides water views while you savor bites such as local oysters and enjoy cocktails such as the Points of Authority, with mezcal and lavender bitters.

**GameWorks** ([gameworks.com](http://gameworks.com)): You'll find an experience for everyone in the family here, from the esports lounge with more than 100 titles and excellent Alienware set-ups to more than 140 classic arcade games.

**Paper Hammer** ([paper-hammer.com](http://paper-hammer.com)): Creative cards (as shown at right), notebooks, posters and other handmade paper items provide unique, fun and crafty gifts.



**Pike Place Market** ([pikeplacemarket.org](http://pikeplacemarket.org)): Since 1907, the market has been a top attraction, with locals and visitors alike obtaining fresh regional produce, flowers, gourmet foods, Starbucks coffee at the oldest existing Starbucks store, and artisanal products ranging from jewelry to leather goods.

**Seattle Art Museum** ([seattleartmuseum.org](http://seattleartmuseum.org)): Exhibition subjects range from ancient to contemporary. A showcase of paintings by Italian masters such as Raphael and Titian runs through Jan. 26, 2020, while “Sound Affect,” through Feb. 2, 2020, chronicles popular music and musicians.

**Seattle Downtown Historic Theatre District** ([acttheatre.org](http://acttheatre.org), [5thavenue.org](http://5thavenue.org), [stgpresents.org](http://stgpresents.org)): This city-designated district includes vaunted venues such as ACT, The 5th Avenue Theatre and The

Paramount Theatre. See productions such as Dickens' *A Christmas Carol*, Nov. 29–Dec. 28, at ACT; *Mrs. Doubtfire*, Nov. 26–Dec. 29, at The 5th Avenue; and *Fiddler on the Roof*, Jan. 14–19, at The Paramount.

**Sky View Observatory** ([skyviewobservatory.com](http://skyviewobservatory.com)): Located at Columbia Center, this is the Pacific Northwest's tallest public observatory, at 902 feet above street level. It provides a 360-degree view, including mountain, sea and urban scenes. The Sky View Cafe serves snacks, local beers and wines, and artisanal cocktails.

**Sushi Kashiba** ([sushikashiba.com](http://sushikashiba.com)): Shiro Kashiba (below) helped bring sushi to the U.S. in 1970, and now he's one of the delicate cuisine's undisputed grand masters. Dinner at his restaurant is expensive, but deeply worth it for the outstanding items ranging from salmon to sea urchins. —T.A.





neighborhood, which anchors a city named for an esteemed Native leader, Chief Seattle/Si'ahl/Sealth of the Duwamish and Suquamish peoples. Downtown began as a modest part of a pioneer/lumber mill settlement in the mid-1800s but has grown to become the heart of the Northwest's biggest metropolis. Today, downtown brims with attractions ranging from art exhibits to theater and symphony performances, and also hotels, restaurants and shops.

The late-1800s Klondike Gold Rush—celebrated at the Seattle Unit of the Klondike Gold Rush National Historical Park—helped make Seattle a boomtown as it became a supply point for prospectors headed to the gold fields. One of those prospectors was John Nordstrom. He sold his claim and returned with \$13,000 that he used to co-found a shoe store downtown. Now Nordstrom is a premier luxury-department-store brand, with elaborate downtown holiday window displays that have ranged from enormous toy soldiers to stuffed animals.

Another popular shopping site, Pacific Place, is located across the street from Nordstrom's downtown location. Pacific Place tenants include big names such as AMC Theatres, GameStop, lululemon, Tiffany & Co. and J.Crew, as well as local favorites such as The Handmade Showroom, which has a curated selection of goods—from ceramics to jewelry to fine art—created by artists, designers and brands based in the Northwest.

Pacific Place is one of the many shopping and entertainment options within a few blocks of the Washington State Convention Center, which is scheduled to open a 1.5 million-square-foot addition in 2022 that will include more retail space and public art, complementing the more than 100 artworks already on display.

The new Hyatt Regency Seattle that opened at the end of last year near the convention center is the largest hotel in the Pacific Northwest. It added 1,260 hotel rooms to downtown, and was among the nine hotels completed over the past couple of years to meet growing visitor and convention demand. Another of those new hotels, The State Hotel, offers one of my favorite meals—the delicious brunch at Ben Paris, named for a colorful restaurateur who arrived in Seattle in the early 1900s. The chorizo-and-egg hash or ricotta pancakes pair well with cocktails such as the Gin Griffey Juniper cocktail (named for the acclaimed Mariners player).

I also like to hang out at the Thompson Seattle hotel's rooftop bar, The Nest, which is one of the best places downtown to watch a summer sunset. And while the weather is colder, I gravitate to the hotel's lively new ground-floor Conversation restaurant, to savor fresh seafood or delights such as lamb sugo. The restaurant is a great place to converse with friends about a day filled with enjoyable downtown shopping and sightseeing, and exploring the imagination-sparking world of the Central Library. ✕

*Ted Alvarez writes about adventure, travel and the outdoors.*



#### WATERFRONT RENOVATION

For six decades, the massive, elevated Alaskan Way Viaduct was a defining feature of downtown. The double-decker concrete arterial offered drivers spectacular views of Puget Sound and the Olympic Mountains beyond, but it also cut off the downtown core from the waterfront and was vulnerable to earthquakes. This year, after opening a tunnel to replace the viaduct, the Washington State Department of Transportation dismantled the roadway, chunk by chunk. Plans call for the area's transformation (as shown in the rendering above), by sometime in 2024, to include improvements such as a park promenade and bike path; a new roadway with more than 500 trees; an enlarged Waterfront Park at Pier 58; a rebuilt Pier 62, with a floating dock; and an Overlook Walk to connect Pike Place Market to the waterfront.

Meanwhile, popular existing restaurants such as The Crab Pot and Anthony's Pier 66 remain open, and visitors continue to be transported to getaways such as Bainbridge Island, Bremerton, Kingston, Vashon Island and West Seattle via passenger and car ferries departing the waterfront.

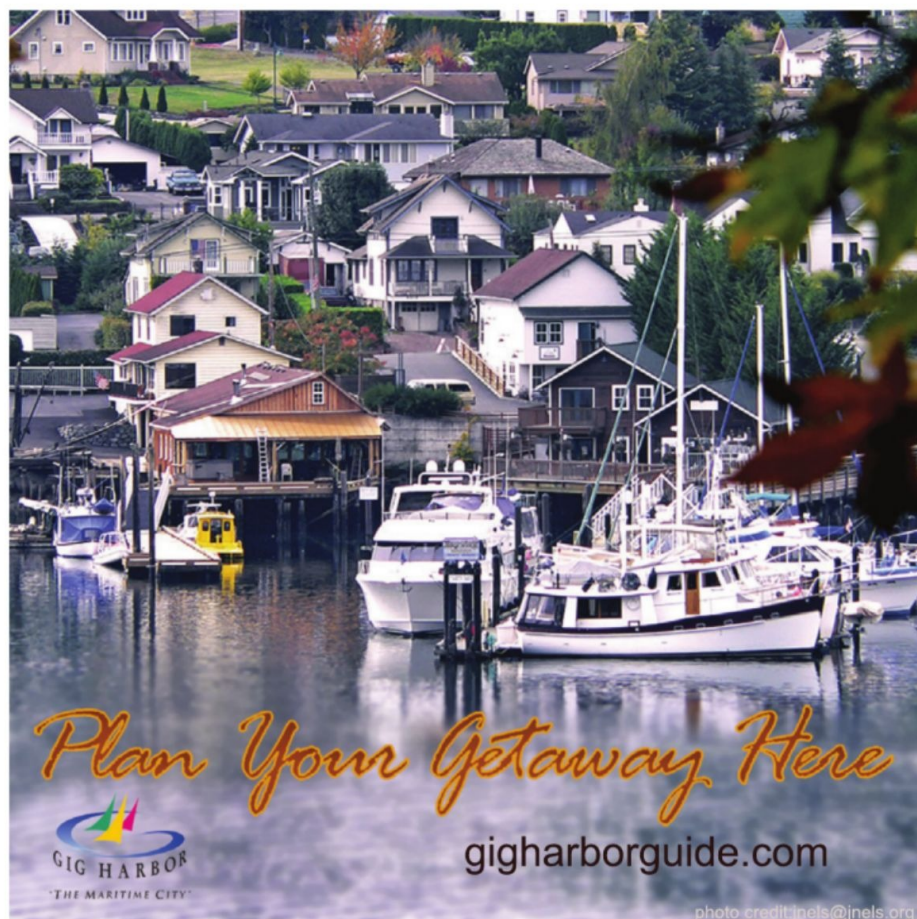
Wildlife such as seals, and occasionally orcas, might be spotted on a ferry ride, or on one of Argosy Cruises' many tours, which typically include information on Seattle-area nature and history. Special cruises include the Christmas Ship Festival celebration, Nov. 29–Dec. 23, featuring onboard choirs and shore events. Festival sponsors include Alaska Airlines.

The Seattle Great Wheel at Miners Landing at Pier 57 continues to give riders bird's-eye views of Elliott Bay and the sweep of coastline where the waterfront redevelopment is taking place. Also enjoy a "flying theater ride" at the Miners Landing *Wings Over Washington* attraction, which simulates flying over iconic Washington sites such as Mount Rainier, Olympic National Forest, the San Juan Islands and a Walla Walla balloon festival.

And no visit to the downtown waterfront is complete without a visit to the Seattle Aquarium, where you can get an up-close look at creatures such as sharks, skates, sturgeons, otters, seals, wolf eels, Pacific spiny lumpsuckers and giant Pacific octopuses.

—T.A.





## » HERE & NOW SEATTLE

### CALENDAR

■ Enjoy exhibits such as “Recycle Rebuild” and “Tot Orchard” at the **KidsQuest Children’s Museum** in Bellevue, east of Seattle. The museum also hosts recurring programs such as “Little Picasso,” plus special events such as Gingerbread Workshops, Nov. 29 and 30, which are being held at the Hyatt Regency Bellevue ([kidsquestmuseum.org](http://kidsquestmuseum.org)).

■ The new “**We the Future**” exhibit at the **Bill & Melinda Gates Foundation Discovery Center**, through March 21, 2020, celebrates the stories of 10 young leaders who are working to build an equitable and inclusive world through social-change movements ([discovergates.org](http://discovergates.org)).

■ Search for dazzling light sculptures depicting giant gifts and ornaments, and look for Eddie, the mischievous elf, in the huge **Enchant Christmas** maze, Nov. 22–Dec. 29. Taking place at T-Mobile Park, the event also includes an ice-skating trail, carolers, a Christmas Market, food vendors, and hot cocoa and mulled-wine carts ([enchantchristmas.com](http://enchantchristmas.com)).

■ Internationally acclaimed harpist Adán Vásquez, originally from the Dominican Republic, will perform Nov. 24 as part of the “**Music from Home**” concert series at **Lakewood Gardens** in Lakewood, south of Seattle. On Dec. 8, the series will showcase Seattle violinist Quinton Morris, who is also the founder of the nonprofit Key to Change, whose mission includes using music to inspire underserved youths and students of color ([lakewoldgardens.org/musical-conversation](http://lakewoldgardens.org/musical-conversation)).



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A scene from PNB's  
The Nutcracker.

■ Fabulous dancing, colorful costumes and Dale Chihuly's beautiful *Winter Star* glass sculpture will be showcased as Pacific Northwest Ballet stages George Balanchine's *The Nutcracker*, Nov. 29–Dec. 28. Alaska Airlines is the title sponsor of the production. On “Enchanted Lobby Performance” dates, entertainers will perform in the lobby, and kids can enjoy activities such as a dance class and crafts. Upcoming PNB productions also include *Cinderella*, *One Thousand Pieces*, *Beauty & The Beast* and *Giselle* (pnb.org).

■ “Our Big Neighborhood at Winterfest,” Nov. 29 at Seattle Center, will feature jazz and blues performances, in conjunction with the “Our Big Neighborhood” multicultural program for kids and families. Winterfest, running Nov. 29–Dec. 31, also includes entertainment ranging from additional musical performances to acrobatics to a magic-and-comedy show, as well as an ice-skating rink, ice-sculpting demonstrations, and a winter train and village. Alaska Airlines is a sponsor of Seattle Center and Winterfest (seattlecenter.com).

■ The Winter Solstice Night Market will feature more than 150 booths, plus food trucks and a winter beer fest, Dec. 20–21, indoors at the City of Seattle's Magnuson Park, Hangar 30 (facebook.com/events/2392567117649610). ✈

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# SMALL-TOWN CHARMS

Exploring some of Portland's enchanting suburban communities

By Alex Pulaski



» As flags snap in a light afternoon breeze, my wife, Mica, and I enjoy the fall sunshine and watch a pair of magnificent ospreys circling above Oswego Lake.

All around us, on the weathered deck at Stickmen Brewing Company in the city of Lake Oswego, the incredible views go nicely with a glass of The Bee's Knees, an ale tinged with the sweet taste of blackberry honey.

Lake Oswego is one of a variety of quaint suburban towns near Portland that offer a refreshing break from the big-city scene. The following are a few of our favorite cozy communities, including Lake Oswego, West Linn, Oregon City and Gresham. All are within about 15 miles of downtown Portland, and each offers an abundance of small-town charm.

## Lake Oswego

Mica and I walk along Sundeleaf Plaza toward downtown Lake Oswego, located less than 10 miles south of Portland. With a population of about 40,000, the city is built around the 405-acre private lake

and has an easily walkable town center, located at the northeastern corner of Lakewood Bay. We stroll through Millennium Plaza Park, one of the city's gathering places and the site of the Lake Oswego Farmers' Market, mid-May through mid-October. I admire the sculpture

*Angkor I*, by Oregon artist Lee Kelly. It is one of the many pieces of public art in the city's downtown.

We browse the shops along the tree-lined and pedestrian-friendly First Street before stopping at Salt & Straw, the well-known Portland-based gourmet ice cream maker that is known for its unique flavors, such as Strawberry Honey Balsamic with Black Pepper. I always try a few samples of different options before settling on my old standby: Chocolate Gooley Brownie in a fresh waffle cone.

We finish our sweet treats and walk across the street to Simply Posh + Posh



» Oswego Lake, top, and the Lake Oswego Farmers' Market, above, are charming attractions in the town of Lake Oswego. Facing page, clockwise from top left: The Willamette Ale & Cider House is a popular bar and restaurant in West Linn. Gresham's Main City Park is home to a lovely Japanese garden. The Black Ink Coffee and White Rabbit Gifts shop in Oregon City is a great place to sip coffee and browse.





Jewelers, a high-end clothing and jewelry consignment store. Mark Hoyt, a master jeweler, designer and a partner in the store, is among the friendly people who help make the Lake Oswego community so special. The longtime veteran of the jewelry industry shows me around his shop, letting me examine amazing pieces of jewelry. He chats with me about his career while cleaning my wife's rings. After 43 years, he figures he's "designed enough platinum and diamond jewelry to fill two wheelbarrows."

### West Linn

This delightful town of about 26,000, located about 10 miles south of Portland, is known for its abundance of trees, earning various awards from the Arbor Day Foundation. In addition, *CNN/Money Magazine* recognized West Linn as one of the best small towns in America in 2011.

The quaint community boasts a three-block-long stretch of wooden storefronts with a variety of businesses, including a mix of restaurants—from Chinese to Mexican to Thai. One of my favorites is Allium, where the menu ranges from seafood paella to a scrumptious cheeseburger and fries (I like the fries drizzled with rosemary-seasoned duck fat).

Part of the town's charm is how local



businesses have renovated and preserved many of the community's historical buildings, such as the Willamette Ale & Cider House, which is located in a building that dates

back to 1915 and was the original site of the Willamette General Store.

The British-themed bar and restaurant features the flagship cider Royal Dryness, part of its Queen Orchard brand, as well as a rotating selection of beers that includes unique local brews. Just down the street is the Nineteen33 Taproom, where the gourmet bar food is made from scratch. Owners Doug Nelson and Landers Boyd offer menu items such as brisket fries and shishito peppers toasted in sesame oil. The former Portland food cart owners wanted to move to the suburbs, and they found the perfect place in West Linn. "We started searching," Doug Nelson says, while busily cooking one afternoon. "This place popped up. It was the right size, right neighborhood."

### Oregon City

About 5 miles south of West Linn, I cross the Willamette River and enter historical Oregon City. Located along the Willamette River, and adjacent to the 40-foot-high Willamette Falls—the largest falls by volume in the Northwestern United

States—Oregon City has a population of about 37,000 and dates back to 1844. Locals maintain that the city has the oldest Main Street west of the Rocky Mountains.

The town is also the official finishing point for the Oregon Trail. You can visit the End of the Oregon Trail Interpretive & Visitor Information Center to learn about the trail, with interactive exhibits, a feature film and guided tours.

Downtown Oregon City boasts a collection of brick buildings, many of which date back to around 1900. More than \$40 million has been spent over the past decade to revitalize the city center. The effort and expense has paid off, with Oregon City earning national recognition in 2018 as one of three winners of the Great American Main Street Award, given by Main Street America, which provides information, support and resources for revitalizing downtowns.

Mica and I enjoy the storefronts in the handsome buildings on our way to lunch at Mi Famiglia Wood Oven Pizzeria, where we order a Kyle's Favorite pizza, which includes garlic chicken and pepperoni. Later, we peruse the stacks of vinyl at Oregon City Records, which has an extensive vinyl collection. We also liked the store's many knickknacks for sale, including a selection of beer steins.

At Black Ink Coffee and White Rabbit Gifts (a coffee shop and gift shop in one),





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barista Ashton Scott sees me eying the test tubes packed with loose-leaf teas. “You can sniff any of these,” he says of the tubes. “Getting the smell of the teas really helps you decide.”

He’s right. One minty whiff of Leprechaun Tea (black tea, peppermint and Lapsang tea), and I am entranced.

## Gresham

Much like Oregon City, Gresham, located near the Columbia River, about 15 miles east of Portland, has an old-style brick downtown, with inviting streets adorned with shade trees and awnings. Public art is abundant, including sculptures by Oregon artist Heather Soderberg-Greene of a heron, named *Blue*, and an attentive guide dog, named *Driscoll*.

Gresham boasts eight festive wall murals, including Downtown Gresham’s *Memory Wall*, a mural by Gresham artist Lee Lauritzen, which depicts scenes from the town’s history, from its beginning as a settlement in 1851 to the present.

On a day when Mica is busy, I walk through Gresham’s 21-acre Main City Park, which includes the beautiful Tsuru Island, Gresham Japanese Garden. The garden is on a small island created by Johnson Creek. In the nearby downtown, I visit antique shops and other boutique stores before stopping at Pie vs. Pie, a bakery that promises its recipes have been refined over four generations. It is difficult to decide which pie to buy, but I finally choose a mouthwatering caramel-apple creation.

My last stop is at Maggie Mae’s Kids Bookshop, where owner Sho Roberts helps me pick out a book for my daughter. She jokingly asks if the pie I’m holding is for her. I have to disappoint her. The sweet dessert—just like the memories of these picturesque suburban main streets—is going home with me. ✈

Alex Pulaski writes from Portland, Oregon.



## UNIQUE PORTLAND EVENTS IN NOVEMBER

By Susan G. Hauser

» **This being Portland**, the land of the unorthodox, residents tend to put their own occasionally unique twist on events. With that in mind, here is a sampling of some of the fun, quirky and even downright weird events taking place in Portland this November:

■ The Body Mind Spirit Expo will be held November 2–3 at the Oregon Convention Center. The expo features recent advancements in alternative health. The event also includes “the nation’s finest selection of psychics and mediums.” But you already knew that (bmse.net).

■ The Weird Portland Gala is November 7 at Polaris Hall. The event, shown above, features live music and appearances by some of Portland’s weirdest residents (some shown above), including Moshow the Cat Rapper; Rojo, the World’s Most Beloved Llama (the animal is a local celebrity); and the Unipiper, who is best known for riding around Portland on a unicycle, while wearing a kilt and a Darth Vader mask and playing a flaming set of bagpipes. The evening features the inaugural Weird Portland Hall of Fame Induction Ceremony (weirdportlandunited.org/gala).

■ Aquavit Week is November 10–16. The event was started in 2012 by a Portland bartender after he tried locally made Krogstad Aquavit, a traditional Nordic

caraway-flavored spirit. A week devoted to Aquavit caught on and is now celebrated throughout the U.S. and Europe. Check the [aquavitweek.com](http://aquavitweek.com) website for special events (aquavitweek.com).

■ The ninth-annual Rose City Steampunk Film Festival is November 11–23 at Portland’s 5th Avenue Cinema. The festival shows “the very best in neo-Victorian retrofuturist cinema.” Steampunk is a science fiction genre that is often set in the 19th century, when steam power was most popular (steampunkfilmfestival.com).

■ Yoga + Beer at Ecliptic Brewing is taking place November 24, at 9:30 A.M. That’s right, A.M. The 75-minute yoga class is open to all skill levels and will be followed by a pint of beer (cheersandnamaste.com/events/ecliptic).

■ There are many Portland-area turkey trots leading up to and on Thanksgiving Day, November 28. However, there’s only one Tofurky Trot, a vegetarian run held on Thanksgiving Day. The event, organized by Tofurky, a Hood River, Oregon, company that makes plant-based meat substitutes, begins at Portland’s Oaks Amusement Park (tofurky.com/trot).

■ Learn about historical Portland nightlife with “A Walking Tour of Portland’s Sinful Past: Shanghaiers, Saloons & Skulduggery,” being held at 4 P.M. on November 30. Portland historian Doug Kenck-Crispin is leading the tour to the sites of various bars, bordellos, cardrooms and gambling dens that spiced up Portland’s past (orhistory.com).



# THE COOL SEASON ON CATALINA

By Bill Newcott

» I am coasting down the 10-mile road from Catalina Island Conservancy's Airport in the Sky—a private/charter-only airfield on a 1,602-foot mountain near the isle's highest point. The wind whistles through my bike helmet, and the winter sun warms my face despite the brisk air.

To one side, green slopes disappear into steep chasms. Below me, catching updrafts of afternoon breeze, red-tailed hawks perform aerial ballets. To the east, the sapphire blue of Catalina Channel reflects the cloudless azure sky. The channel is about 20 miles across at its narrowest point between the island—commonly referred to as “Catalina”—and the mainland. It is about 26 miles by passenger ferry to get here from Long Beach, which is in turn about a 20-mile drive southeast of Los Angeles International Airport. Ferries also connect Catalina to the mainland cities of San Pedro, Dana Point and Newport Beach.

Overall, my bike's descent along roller-coasterlike Stagecoach Road—named for the horse-drawn carriages that once traversed Catalina's rugged spine—drops about 1,600 feet to sea level. Yet parts

of the trip are uphill, steep enough to warrant hopping off my bike to walk. For other long stretches, I go miles without even pedaling.

I don't break a sweat, even on the tough parts. This is winter in Catalina, and low-60s average temperatures keep me pleasantly cool.

During summer, visitors can typically count on warm, dry weather on the island. Winter brings replenishing rains—enough to turn the hills green and give birth to a host of wild blossoms with evocative names such as sticky monkey, shooting star and Indian paintbrush.

Here and there, seasonal waterfalls plunge downslope. Near the banks of an upland lake, I see two shaggy bison—descendants of a herd imported in 1924 for the filming of *The Vanishing American*, a Western.

At one point the road takes a sharp right, revealing a wide-screen CinemaScope view of the seaside town of Avalon. From far away I see the iconic cylindrical Catalina Casino, with its red Spanish-tile roof. Despite its name, the 90-year-old casino has never hosted gambling. The building's owner, the Catalina Island Company, notes that “casino”



*Santa Catalina Island has few cars, and bike-riding is a popular activity.*



in this case links the Italian term to its sense of a “gathering place.” My sense is that William Wrigley Jr., the famed industrialist and chewing-gum magnate who oversaw the venue’s construction, just felt that *casino* sounded exotic.

The structure houses a magnificent 1929 Art Deco theater, touted as the first in the United States for sound movies. Drop by an hour before films on Friday or Saturday nights to hear concerts on the theater’s pipe organ.

The waters of blue-green Avalon Bay—which is filled with pleasure boats in summer but is sparsely populated now—lap onto Avalon’s crescent waterfront. The town, with its plunging hillsides, wide palm-lined promenade, and low-lying hotels and storefronts, has a distinctly Mediterranean feel that seems to resemble Amalfi more than Anaheim. There are virtually no cars in sight: Folks here get around mostly by foot or golf cart.

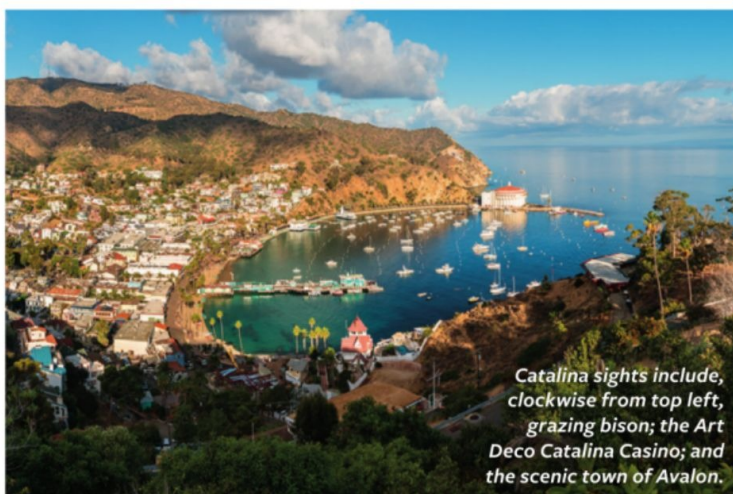
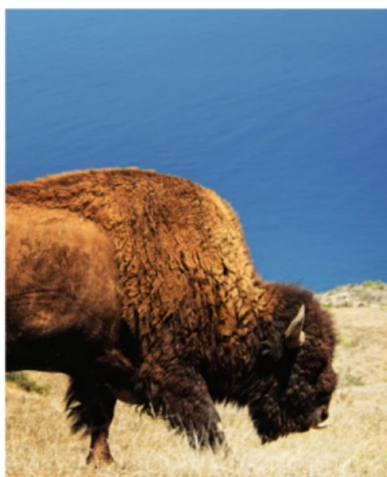
After my ride, the streets of Avalon call to me. I find restaurant workers outside, happy to discuss daily specials. At Steve’s Steakhouse, I head upstairs for a coveted window table, overlooking the harbor. And there’s no wait for homemade candy at Lloyd’s of Avalon, where Marilyn Monroe (then Norma Jean Baker) once pulled taffy. As a teenage bride, she lived up the hill with her first husband.

In summer, Catalina’s longest lines can be for its excellent glass-bottom boat tours. They’re worth the wait on the busiest day, but today it’s just me, a handful of other travelers, the skipper and multitudes of colorful fish.

Avalon is a very small town, consisting of fewer than 4,000 year-round residents, many of whom still head to the post office for their mail each day. One morning I take an easy half-hour uphill stroll from the middle of town to the Wrigley Memorial & Botanic Garden. The gate attendant greets me with a cheerful “Good morning!” and I smile back. She takes her time opening the gate, but I don’t mind. I’m on island time, too.

The Wrigley Memorial, a 130-foot-tall tower built in 1934, was initially the “final” resting place of William Wrigley Jr., who had invested a good wad of his chewing-gum wealth to buy the island. (His body was moved to mainland California in 1947 so that the park could be made public.)

At the monument’s top level, I gaze east for a surprise wintertime treat: A view of snowcapped SoCal mountains, 80 miles away.



*Catalina sights include, clockwise from top left, grazing bison; the Art Deco Catalina Casino; and the scenic town of Avalon.*

I recall what Randy Lewis, owner of BikeCatalina, said to me after he’d rented me the bike and was driving me uphill for my downhill excursion. I’d asked him why he lived here, even after the buzz of summer faded.

“Catalina is an island of contradictions,” he told me. “It has a casino with no gambling, a tomb with no body, and the post office doesn’t deliver, but the grocery store does.

“Why live anywhere else?” ✂

*Writer Bill Newcott has been visiting Catalina in winter for decades.*

## ISLAND TOURING

■ **Boat tours:** View underwater realms from a glass-bottom boat. Such vessels have cruised clear-water Avalon Bay since at least the 1920s.

■ **Casino tours:** Built to cater to film stars, the nongaming Catalina Casino has a massive ballroom under its domed roof and a 1,184-seat movie theater at ground level. On-site

guided walks include a 90-minute Behind the Scenes Casino Tour.

■ **Inland tours:** You can’t rent a car on Catalina, but you can book a jeep or

bus tour to search for shaggy bison, foxes and bald eagles in the island’s rugged interior.

■ **Two Harbors tour:** Near the island’s west end,

it narrows to a 2,500-foot-wide isthmus, reachable by boat from Avalon. The area is a destination for outdoor activities such as kayaking, snorkeling and mountain biking. —B.N.



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## HOMEMADE

Alaskans turn their state's treasures into amazing goods

By Eric Lucas

» No one wants to return from a fishing excursion empty-handed—especially Alaskans accustomed to enjoying the bounty of the North Pacific. So on the rare occasions Lia Heifetz and Matt Kern had to head home with nothing in their boat's fish bin, they'd stop to gather bull kelp, a ubiquitous and iconic element of Southeast Alaska waters. At home, they'd pickle the kelp and incorporate it into salsa, using recipes Alaskan pioneers cooked up more than a century ago.

Soon, Heifetz and Kern were giving their pickled kelp and salsa to friends. And in the way that one thing leads to another, a few years ago Heifetz and Kern began selling their bull kelp concoctions. Today, Juneau-based Barnacle Foods makes almost a dozen kelp products, ranging from classic dill-style pickled kelp to dried-kelp seasoning for soups and stews. For instance, the Ocean Gold blend adds a delicious savory tang to a winter stew, even though the seasoning's only ingredients are dried kelp and a touch of yeast. It contains no other additives, salt or flavorings.

"Kelp's from the sea," Heifetz says. "It's already flavorful and salty."

Then again, many of Alaska's natural trea-

sures come practically ready-made for the state's entrepreneurs to turn them into goods consumers want. From apparel to ice cream, Alaska products bear the Great Land's distinctive character by showcasing its flavors and cultures. The products are memorable, colorful, and drawn from the state's vast landscape and long human history.

Almost anything you encounter in Alaska—natural or cultural—finds its way into a home-grown product. For example, the state's birch forests provide both wood and food. Bowls and other pieces are carved at Fairbanks' Great Alaskan Bowl Company. And birch syrup is prepared by artisan food makers and found



*Lia Heifetz and Matt Kern harvest bull kelp that they turn into food products, such as pickled kelp that goes well on deviled eggs.*

in gift and food stores, as well as at farmers markets up and down the state. The syrup is delicately flavorful and has a lovely topaz color.

Natural products also include spruce tips, which are not only uniquely spicy and aromatic; they're full of vitamins. Look for them in beer, sea salt, gin, soap and more. Wild berries are a famous mainstay of life in the Great Land, and they're featured in the Arctic Refuge Wildberry flavor at Fairbanks' Hot Licks Homemade Ice Cream. And Arctic animals are specialists at warmth—so the ultrafine wool that musk oxen produce is carefully gathered and hand-knit into scarves, hats, headbands and *nachaqs* (cowls) by members of Oomingmak in Anchorage.

Other natural finds that can be transformed into homemade products include salmon, gold, red cedar, rosehip and chaga (a fungus used in traditional medicine).

When Utqiagvik-based seamstress Bobby Itta first conceived the idea of designing her own garments, she turned to her own traditions. In Arctic Inupiaq culture, each family has



*Clockwise from top left: Berries inspire Alaskan cuisine; Naataq Gear makes beautiful coats modeled after traditional Arctic garments; Alaska's birch forests yield products such as birch syrup.*





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its own apparel patterns, so she created garments that are handmade and based on Alaska themes. Bobby Itta Designs' garments not only incorporate local materials such as hides and leathers, her prints, which appear on products ranging from leggings to phone cases, feature patterns including salmonberries, owl feathers and harpoons.

"When I was young, our traditional apparel wasn't popular," Itta says. "When I went school shopping, I would walk into



**Bobby Itta Designs' Snowy Owl leggings.**

a clothing store in Anchorage and wish there was something that represented our culture."

Another Inupiaq designer, Nome's Alice Bioff, produces an outerwear jacket she calls an Atmik. The Naataq Gear coat derives from a traditional garment that Arctic seamstresses made.

"Believe it or not, this business started around a kitchen table with a good friend talking about Inupiaq sayings and designs we could put on shirts," Bioff recalls. "The idea of sharing our culture through wearable art was born for me."

Now artisans such as Itta and Bioff see Alaska's rich cultures represented all over the state, in a wide variety of goods for sale that reflect the place and the people who call Alaska home.

Bioff says, "My mission is not to just perpetuate Inupiaq traditions, but to celebrate our traditions with everyone else." ✈

## OUT IN THE COLD

By Jenny Neyman

» **Yes, temperatures drop in the winter,** but snow also opens up some Alaska terrain not accessible the rest of the year. So gear up with spikes on your boots, snowshoes or Nordic skis; bundle up; and head on out. There are plenty of winter trails in Alaska, suitable for a range of ages, abilities and ambition levels. Here are some options:

### Fairbanks area

The Creamer's Field Migratory Waterfowl Refuge, owned and managed by the Alaska Department of Fish and Game, is a 2,200-acre site offering mostly flat, groomed trails for hiking and skiing in the northern part of the city. The refuge's Boreal Forest Trail is an easy 1.4-mile loop through different habitats and ecosystems. For something a little more strenuous, head east to the 397-square-mile Chena River State Recreation Area, where you'll find the multiuse Angel Rocks Trail, a 3.7-mile loop to rock outcroppings and river-valley views. The White Mountains National Recreation Area is less than 60 miles north of town and features more than 250 miles of groomed trails. Lee's Cabin, located 7 miles from the Wickersham Dome Trailhead in the recreation area, can be accessed by foot or skis.

### Anchorage area

For a family-friendly adventure right in town, hike or ski a section of the 11-mile Tony Knowles Coastal Trail, stretching from

downtown to Kincaid Park. The Eagle River Nature Center offers groomed Nordic skiing trails, and a favorite here is the Rodak Nature Trail, a 0.75-mile loop that includes gorgeous views of the Eagle River Valley and the Chugach Mountains, as well as links to other trails that can lengthen your trip. The Eklutna Lake Trail System, northeast of Anchorage, in Chugach State Park, offers mixed-use routes such as the Lakeside Trail, which follows the east shoreline of Eklutna Lake for approximately 7.5 miles to the southern shore, and then continues south for another 5 miles.

### Juneau area

For an up-close look at a glacier, visit Mendenhall Glacier Recreation Area, which has several multiuse trails of varying distances and difficulties. Other options in the Juneau area include the 4.9-mile Herbert Glacier Trail, which starts at Glacier Highway Mile 28 and is mostly flat and wide, great for winter hiking and skiing. The 3.1-mile Spaulding Trail accesses meadows for hiking and skiing. ✈



*Tony Knowles Coastal Trail.*





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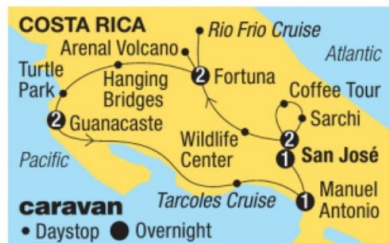
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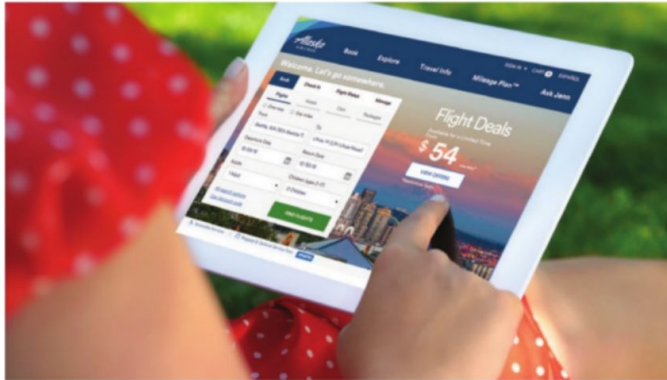


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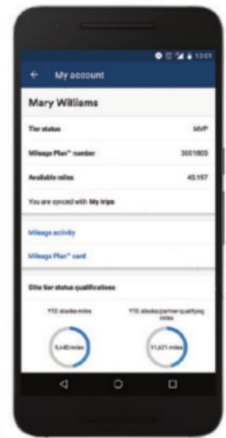
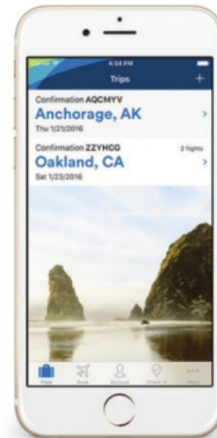
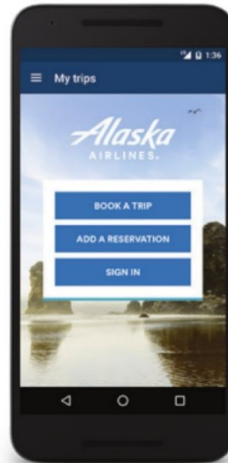


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### ALL YOUR FAVORITES, AND THEN SOME:

- The Kid Who Would Be King
- Head Full of Honey
- The Hate U Give
- Glass
- RBG
- The Most Dangerous Year
- Green Book
- Sadie
- Inventing Tomorrow
- Lest We Forget
- My Man Godfrey
- Mary Poppins Returns
- Creed II
- Widows
- A Star is Born
- The Favourite
- Ralph Breaks the Internet: Wreck-It Ralph 2
- First Man
- Mary Queen of Scots
- Bohemian Rhapsody
- Can You Ever Forgive Me
- Beautiful Boy
- Wildlife
- Bad Times at the El Royale
- The Predator
- The Old Man and the Gun
- Smallfoot
- The Darkest Minds
- The Meg
- Crazy Rich Asians
- Game Night
- Ocean's 8
- Tag
- Deadpool 2
- Wonder Woman
- Batman and Harley Quinn
- War for the Planet of the Apes



For a complete movie/TV program listing, go to [AlaskaWiFi.com](http://AlaskaWiFi.com) while in flight.

NEW

### CHECK OUT OUR NEW TRAVEL PROGRAM, WHERE WE FLY.

Our new travel show lets you explore the best of our destinations. Each episode highlights a different city and features little-known facts, along with essential information about attractions, restaurants and accommodations.

Where We Fly is produced in cooperation with In-Flight Media Associates.

Start watching today at [AlaskaWiFi.com](http://AlaskaWiFi.com) or via the seatback screen (on select flights).

## Like our tunes?

### THIS MONTH'S BOARDING MUSIC PLAYLIST:

| Artist                    | Song                                     |
|---------------------------|------------------------------------------|
| The Summer Set            | <i>This Christmas</i>                    |
| This Wild Life            | <i>Sleigh Ride</i>                       |
| Tracey Thorn              | <i>Maybe This Christmas</i>              |
| Booker T. & The MG's      | <i>Winter Wonderland</i>                 |
| Maxwell, Miranda, Parsley | <i>Christmas Lights</i>                  |
| Maxwell, Miranda, Parsley | <i>Too Many Santas</i>                   |
| Vince Guaraldi Trio       | <i>Linus and Lucy</i>                    |
| Guster                    | <i>Donde Esta Santa Claus</i>            |
| Emily Rowed               | <i>Merry Christmas Mama</i>              |
| Dia Frampton              | <i>Rockin' Around the Christmas Tree</i> |

## Forgot your earbuds?

We've got a stylish pair of reusable earbuds available for just \$3. They're yours to keep and use for future flights, at the gym or wherever you enjoy your music and podcasts.

**Pro tip: Keep a backup set of earbuds in every backpack or carry-on. That way, if you forget your favorites, you're not totally without your jams.**



\* Compared to other U.S. airlines as of Dec. 2018. Movies are available to stream to guests' own devices, on flights with Gogo Entertainment.



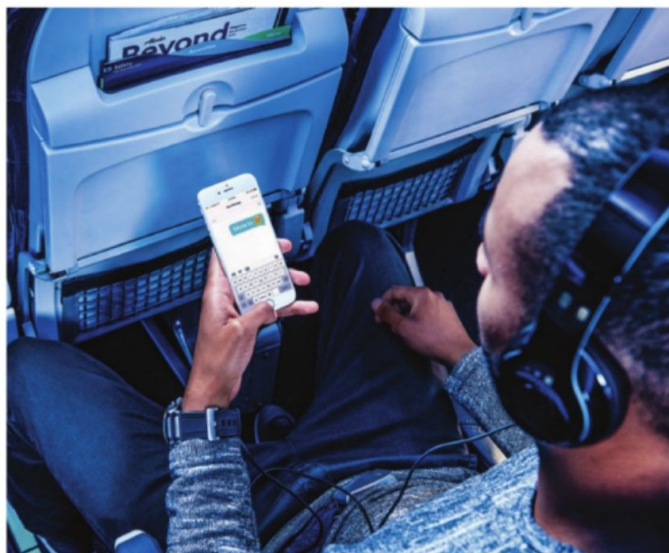
---

## You're now cleared for text-off.

Never miss a thing when you can text for free using Wi-Fi. Text your friends from your smartphone using iMessage, Facebook Messenger and WhatsApp. Please keep in mind:

- Free texting is for text-based messages only. Photos and video are not supported.
- Both you and your recipient must have one of the compatible apps.
- Free texting is available only on flights with Gogo or Viasat Inflight Internet.

Inflight, go to [AlaskaWiFi.com](http://AlaskaWiFi.com) to get started.



---

## Go online.

Inflight internet is available on all of our Airbus, Boeing and Embraer aircraft.

### TIPS FOR MAKING THE MOST OF INFLIGHT WI-FI:

It's great to be able to stay connected while you fly, but inflight Wi-Fi is different from the Wi-Fi you may be used to.

- Work smarter. Use webmail instead of Outlook to check your inbox. You never know what large files might be lurking in there.
- Wait to send that TPS report. Large attachments can slow things down: avoid sending while in air.
- Bookmark or favorite [AlaskaWiFi.com](http://AlaskaWiFi.com) to quickly access inflight internet.
- Huh? Live Help is available on flights within the coverage area. FAQs are at your fingertips on all flights.

---

## Rent one of our premium entertainment tablets.

On many of our longer flights, you can rent one of our inflight entertainment tablets featuring the newest movies onboard, plus recent hits. Each tablet is preloaded with 25 to 30 movies (depending on the month), plus TV shows, Xbox games and music. Tablets are free in First Class, and available to rent for \$10.\*



### NEW MOVIES ON THE TABLET:



**The Art of Racing in the Rain\*\***



**Blinded by the Light\*\***



**Godzilla: King of the Monsters**



**Toy Story 4**



**The Lion King\*\***

\* Flights that offer our tablet include all flights to/from Hawai'i, and flights to/from Boston, Baltimore, Fort Lauderdale, New York, Orlando, Philadelphia, Tampa and Washington, D.C. Tablets are not offered on aircraft with seatback screens.

\*\* Available on tablets only.



# Alaska Airlines Mileage Plan™

Welcome to a world of rewards.

Earn miles on hotel stays, car rentals, and everyday purchases, too.



See the world and earn miles doing it.

Earn or redeem miles on every Alaska flight and flights to more than 900 destinations worldwide with our airline partners.

**Alaska**  
GLOBAL PARTNERS

Aer Lingus

American Airlines

BRITISH AIRWAYS

CATHAY PACIFIC

Condor

EL AL  
IT'S NOT JUST AN AIRLINE. IT'S ISRAEL.

Emirates

FIJI  
AIRWAYS

FINNAIR

HAINAN  
AIRLINES

ICELANDAIR

JAL  
JAPAN AIRLINES

KOREAN AIR

LATAM  
AIRLINES

PenAir  
THE SPIRIT OF ALASKA

QANTAS

RavnAir  
ALASKA

SINGAPORE  
AIRLINES

The more you fly, the richer the rewards.

Partner miles flown also count toward elite status qualification.\*

## MVP

(20,000 miles flown on Alaska)

- Priority check-in
- Two free checked bags
- Eligible for complimentary First Class upgrades\*\*
- 50% bonus miles and more

## MVP GOLD

(40,000 miles flown on Alaska)

All MVP® benefits, plus:

- Waived ticket change fees on Alaska\*\*
- Four annual guest upgrades
- 100% bonus miles and more

## MVP GOLD 75K

(75,000 miles flown on Alaska)

All MVP Gold benefits, plus:

- Four Alaska Lounge day passes
- 125% bonus miles and more
- Complimentary inflight entertainment player, when available.

\*Miles flown on PenAir and Ravn do not count toward elite status qualification.

\*\*Saver Fares (booked in X class of service) are not eligible for elite upgrades or waived change fees.





MILAN, ITALY  
EMIRATES

## Get more than just miles.

Get a **42,000 bonus mile offer** when you apply through an employee, Alaska's Famous Companion Fare™ offer, a free checked bag, and more.

- **Earn 3x miles** on eligible Alaska Airlines purchases and 1 mile for every dollar spent on all other purchases.
- **Get 50% off** day passes at the Alaska Lounge and **20% back** on all Alaska Airlines inflight purchases when you pay with your new card.



**Cardholder perk:** There's no limit to the number of miles you can earn.

## Apply now with an employee before wheels down, or at [AlaskaOffer.com](https://alaskaoffer.com)

The benefits described herein are subject to certain restrictions, limitations and exclusions. For more information about rates, fees, other costs and benefits of this credit card, or to apply, see an Alaska employee or visit [AlaskaOffer.com](https://alaskaoffer.com) and refer to disclosures accompanying the application. This credit card program is issued and administered by Bank of America, N.A. Visa and Visa Signature are registered trademarks of Visa International Service Association and are used by the issuer pursuant to license from Visa U.S.A., Inc. ©2019 Bank of America Corporation

## Big adventures using your miles.

Book one-way award travel within the continental United States and Canada starting at just 5,000 miles.\*

| Starting price* | Distance each way                | Sample routes          |
|-----------------|----------------------------------|------------------------|
| 5,000 miles     | Less than 700 miles (intrastate) | San Jose-Orange County |
| 5,000 miles     | Less than 700 miles              | Seattle-San Francisco  |
| 7,500 miles     | 701 to 1,400 miles               | Los Angeles-Portland   |
| 10,000 miles    | 1,401 to 2,100 miles             | Portland-Chicago       |
| 12,500 miles    | More than 2,101 miles            | New York-Seattle       |

\* Plus taxes and fees from \$5.60 each way. Award availability and pricing may vary.

NEW

### NEED A PLACE TO STAY?

You can now use Mileage Plan miles to stay at more than 400,000 hotels worldwide with [alaskaair.com/hotels](https://alaskaair.com/hotels).

Visit [alaskaair.com](https://alaskaair.com) to explore all the ways to use miles.

Join today and start getting rewarded. [alaskaair.com/mileageplan](https://alaskaair.com/mileageplan)



# Mileage Plan gives you the world

## Earn and redeem your Alaska Airlines miles to more than 900 destinations worldwide.

Find tips on how to earn and use miles on our global partners at [blog.alaskaair.com/mileage-plan](http://blog.alaskaair.com/mileage-plan).



Explore more with Mileage Plan.



**Dubai, United Arab Emirates**  
Emirates



**Bogotá, Colombia**  
LATAM Airlines





**Bali, Indonesia**  
*Singapore Airlines*

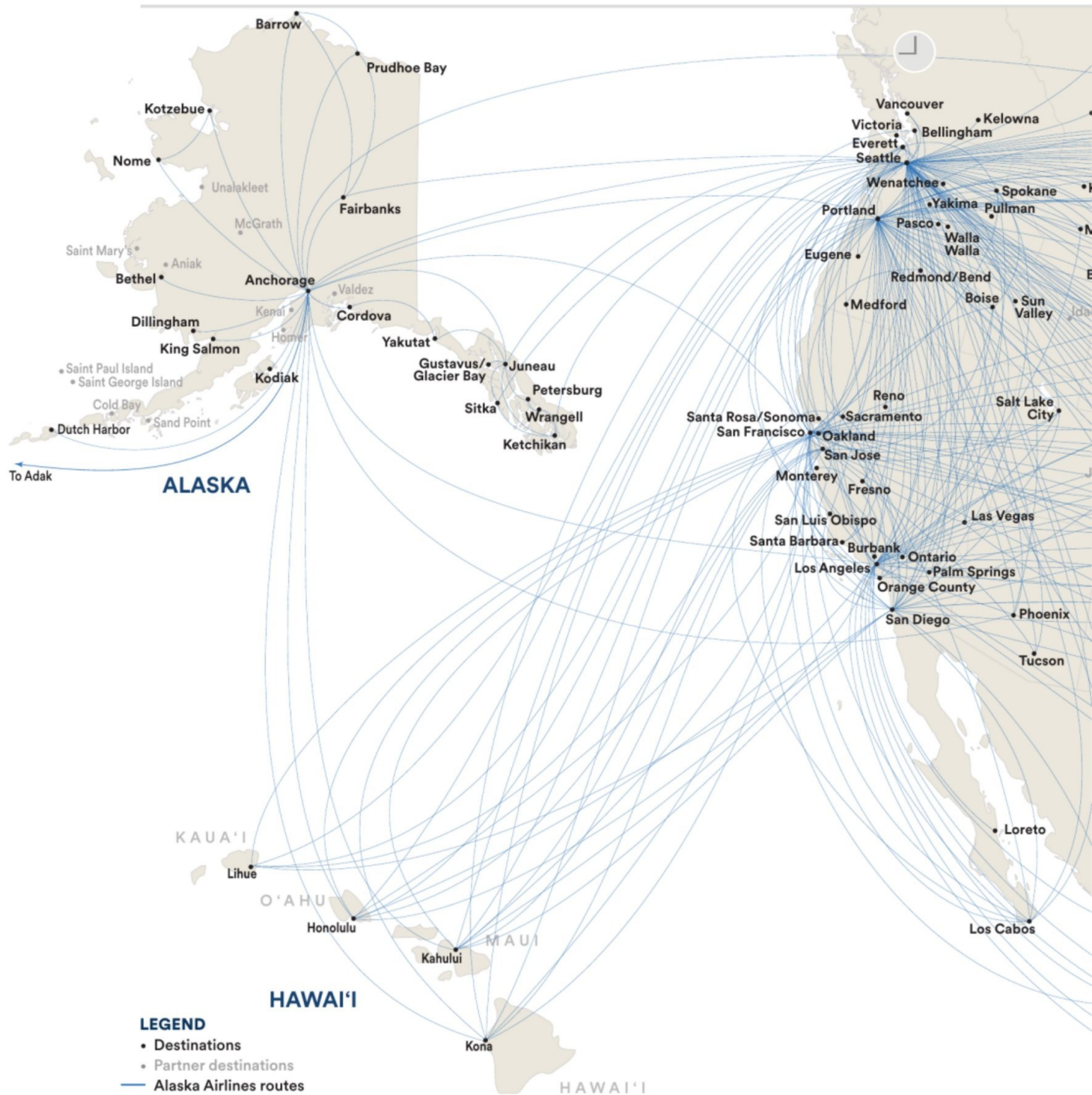


**Stockholm, Sweden**  
*Icelandair*



# Where we fly

## 115+ destinations and counting.



### UPCOMING NEW SERVICE

| Route                                 | Service Begins | Route                                  | Service Begins |
|---------------------------------------|----------------|----------------------------------------|----------------|
| Everett, WA (PAE)—Spokane, WA (GEG)   | Nov. 4, 2019   | Los Angeles (LAX)—Boise (BOI)          | Mar. 19, 2020  |
| Everett, WA (PAE)—Palm Springs (PSP)  | Nov. 5, 2019   | Los Angeles (LAX)—Missoula (MSO)       | Mar. 19, 2020  |
| Los Angeles (LAX)—Redmond/Bend (RDM)  | Jan. 7, 2020   | San Francisco (SFO)—Redmond/Bend (RDM) | Mar. 19, 2020  |
| Los Angeles (LAX)—Spokane (GEG)       | Jan. 7, 2020   | San Francisco (SFO)—Spokane (GEG)      | Mar. 19, 2020  |
| San Diego (SAN)—Redmond/Bend (RDM)    | Jan. 7, 2020   | San Francisco (SFO)—Anchorage (ANC)    | Apr. 21, 2020  |
| San Diego (SAN)—San Luis Obispo (SBP) | Jan. 7, 2020   | San Luis Obispo (SBP)—Portland (PDX)   | June 18, 2020  |





Some Alaska Airlines service operated by Horizon Air or SkyWest Airlines.

Some routes shown operate seasonally.



# Airport-terminal maps

## SEA Seattle/Tacoma International Airport

### Tip:

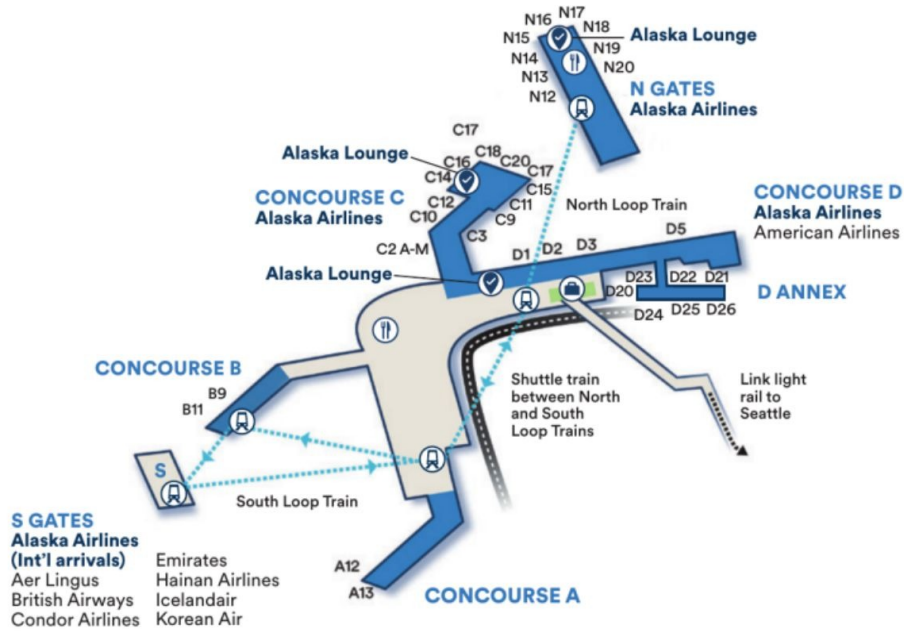
Connecting to an Alaska Global Partner? You'll need to take the shuttle train to the South Loop Train to get to the S gates.

### Tip:

The Concourse C train stop is closed. When connecting with N Gates, use the D Concourse train stop.

### Tip:

Our new Alaska Lounge is open in the N Concourse and is located on the Mezzanine Level above N13-N18.



## PDX Portland International Airport



### Tip:

Heads up: We fly out of more than one terminal at SFO, please check your boarding pass to ensure you arrive at the correct gate.

### Tip:

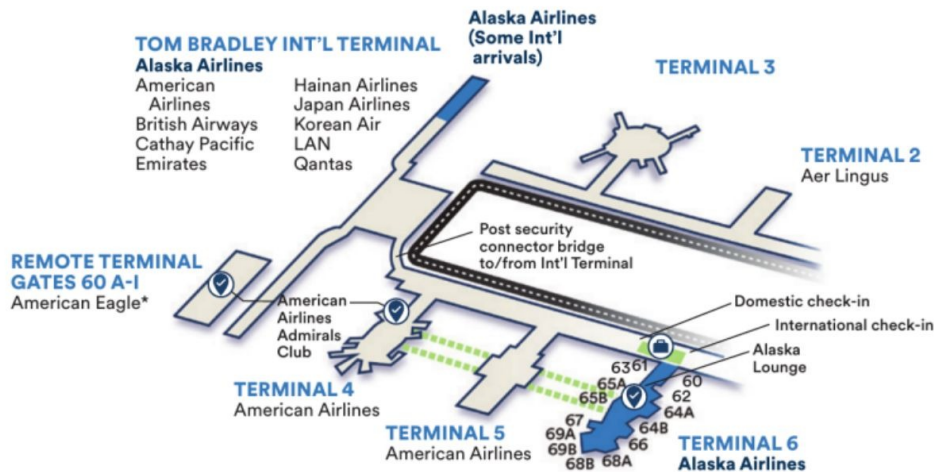
Alaska Lounge members have access to the Cathay Pacific Lounge at SFO when traveling on Alaska.

## SFO San Francisco International Airport

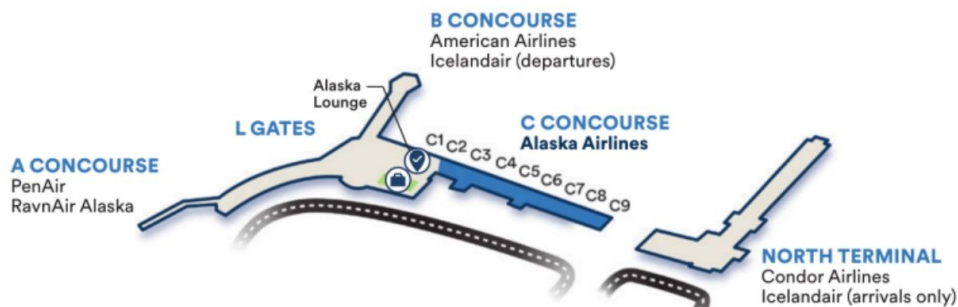




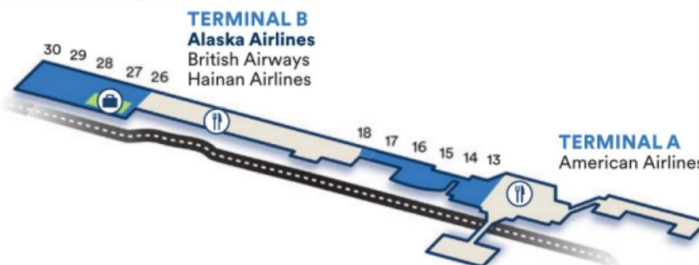
## LAX Los Angeles International Airport



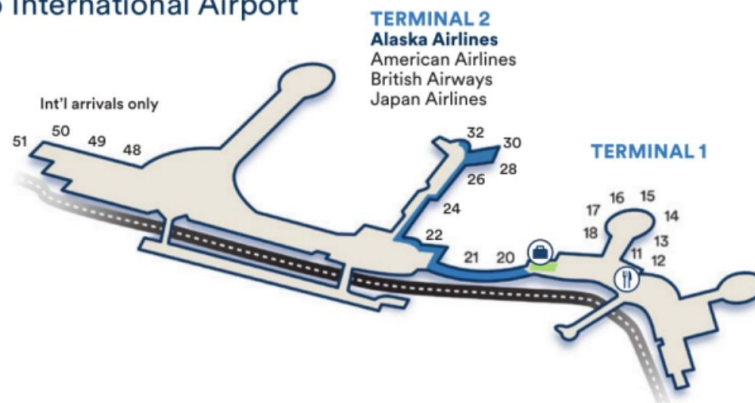
## ANC Anchorage International Airport



## SJC San Jose Mineta Airport



## SAN San Diego International Airport



NEW

Alaska Airlines has moved all SAN operations to Terminal 2 East. Alaska now occupies Gates 20, 21, 22, 24, 26 and 28, with Gates 30 and 32 available as alternates.

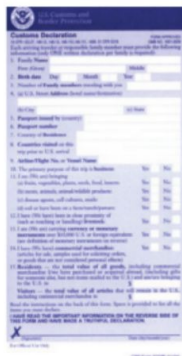


# Customs and immigration

Please use all capital letters with blue or black ink.

Por favor use letra mayúscula en tinta azul o negra.

Global Entry is a U.S. Customs & Border Protection program that offers expedited customs entry with no processing lines, no paper-work, TSA Pre✓® eligibility and access to expedited entry in other countries. Apply at [www.cbp.gov](http://www.cbp.gov).



Customs and Immigration forms are distributed by flight attendants during your flight. Prior to landing, complete all forms that pertain to you, following the tips below. Completed forms are presented immediately upon entering the International Arrivals building.

## TO THE UNITED STATES PASSPORT CONTROL KIOSKS

Automated Passport Control kiosks expedite the entry process. Eligible travelers scan their passport, take a photograph and answer a series of questions at the kiosk. Once complete, present the printed receipt from the kiosk to a Customs Officer.

### Helpful tips

- Only citizens or nationals of the U.S., Canada or Visa Waiver Program countries are eligible to use the kiosk.
- Customs declaration forms are unnecessary.
- Kiosks available in Los Angeles (LAX), Portland (PDX), San Diego (SAN), San Francisco (SFO) and Seattle (SEA).

## U.S. CUSTOMS DECLARATION

All travelers to cities without Passport Control kiosks must complete this form.

### Helpful tips

- One form per person or one per family (family defines those in the same household who are related by blood, marriage, domestic relationship, or adoption).
- Lines 5, 6—If not using a passport, leave these lines blank.
- Line 9—Enter “AS” for Alaska Airlines
- Sign at the “X.”

## INTERNATIONAL TRAVEL TIPS TO MEXICO

- All travelers must complete a Mexico Customs Declaration form; one per traveler or family with same address.
- All travelers, except for citizens of Mexico, must complete the FMM; one per traveler or family.

## TO COSTA RICA

- All travelers must complete a Customs Declaration form; one per traveler or family.
- All travelers must complete an Immigrations Form; one per person.
- Costa Rica requires a \$29 departure tax for each traveler. For tickets purchased before June 1, 2016, pay fee prior to check-in with Alaska Airlines at the service centers in terminal check-in area. The fee is included in the price of tickets purchased after June 1, 2016.

Las formas de Aduana y Migración son distribuidas por los sobrecargos durante el vuelo. Antes del aterrizaje en su destino final complete las formas correspondientes usando las indicaciones que se proporcionan a continuación. Las formas completas serán presentadas en la Terminal Internacional.

## QUIOSCOS DE CONTROL DE PASAPORTES

Kioscos automatizados de control de pasaportes acelerar el proceso de entrada y se encuentran en muchas ciudades servidas por Alaska Airlines. los viajeros elegibles escanear el pasaporte, tomar una fotografía y contestar una serie de preguntas en el quiosco. Una vez completa, presentar el recibo impreso en el quiosco a un oficial de aduanas.

### Datos de ayuda

- Sólo los ciudadanos o nacionales de los países del Programa de Exención de Estados Unidos, Canadá o Visa son elegibles para utilizar el quiosco.
- Formularios de declaración de aduanas son innecesarias.
- Kioscos disponibles en Los Ángeles (LAX), Portland (PDX), San Diego (SAN), San Francisco (SFO) y Seattle (SEA).

## DECLARACION DE ADUANA

Los viajeros a ciudades sin quioscos de control de pasaportes deben completar este formulario.

### Datos de ayuda

- Una forma por persona o por familia con la misma dirección.
- Línea 5, 6—Si no tiene pasaporte, deje esta sección en blanco.
- Línea 9—Use “AS” para Alaska Airlines.
- Firme en la “X.”

## CONSEJOS DE VIAJE INTERNACIONALES A MEXICO

- Todos los viajeros deben completar un formulario de declaración de aduanas México; uno por cada viajero o familia con la misma dirección.
- Todos los viajeros, excepto para los ciudadanos de México, deben completar la FMM; uno por cada viajero o familia.

## A COSTA RICA

- Todos los viajeros deben completar un formulario de declaración de aduanas; uno por cada viajero o familia.
- Todos los viajeros deben completar un formulario de Inmigración; uno por persona
- Costa Rica requiere un impuesto de salida de \$29 para cada viajero. Para los boletos comprados tarde del 1 junio, 2016, pagar la cuota antes de check-in con Alaska Airlines en los centros de servicio en el área de registro de entrada en el terminal. La tarifa está incluido en el precio de los boletos comprados el 1 de junio 2016.



# Your safety and comfort

## SEATS

- Seat belts must be fastened whenever the “FASTEN SEAT BELT” sign is on. Keep your seat belt fastened at all other times when seated, in case of rough air.
- Seatbacks and tray tables must be in the upright, locked position during taxi, takeoff and landing.
- Seat-belt extenders are not allowed in exit rows. They can tangle and obstruct access to exit doors.

## CARRY-ONS

- All carry-on bags must be placed under a seat or in an overhead bin for takeoff and landing.
- Prior to takeoff and landing, service items provided by our inflight team must be picked up.

## LAVATORY

- Guests are requested to use the lavatory in their assigned cabin.

## PETS

- Pets must remain in carrier for entire flight. Carrier must be stowed for taxi, takeoff and landing.

## CREW AND GUEST SAFETY

- Under federal law, no person may assault, threaten, intimidate or interfere with crew members in the performance of their duties aboard an aircraft. Penalties for crew interference include fines up to \$11,000, imprisonment or both. An incident report may be filed with the FAA regarding a guest's behavior.
- We respect the privacy and well-being of our guests and employees. We do not tolerate inappropriate verbal, digital or physical conduct of any kind, including sexual harassment, invasive photography, and assault. Please report unwelcome behavior to an employee immediately. Any crime committed onboard is considered a federal offense.

## TRAVELING WITH INFANTS AND CHILDREN

- To be used onboard, your child-restraint system must conform to all applicable federal motor vehicle-safety conditions, and the restraint must be certified for use in motor vehicles and aircraft with an FAA-approval sticker.
- Some restrictions for child-restraint systems apply based on seat locations and flight numbers. Visit <http://bit.ly/InfantTravel> for details.

## ALCOHOL AND TOBACCO

- Alcohol may not be consumed aboard an aircraft unless it has been provided by a flight attendant. No alcohol may be served to any person who appears to be intoxicated, or who is under 21 years of age.
- Guests are expected to drink responsibly and behave in a safe and respectful manner at all times.
- Smoking, chewing tobacco and electronic cigarette use are not permitted on any Alaska Airlines flight.

## DEVICES

- During taxi, takeoff and landing, larger electronic devices, such as laptops, must be stowed.
- Cellphones may be used while the boarding door is open until advised by your flight attendant that cell service must be turned off. Upon landing, your flight attendant will advise when cell service can be enabled.
- During flight, electronic voice communications of any kind (e.g., cell, FaceTime, Skype) are prohibited.
- Headphones must be worn when using electronic devices such as personal music players, Inflight Entertainment Tablets, handheld games, etc.

## OTHER PROHIBITED ITEMS

- We prohibit the use of items that do not meet FAA Regulations or Company regulations. This includes the use of seat-belt extensions not provided by Alaska Airlines, devices that restrict the recline of seats, self-heating meals or beverages, air filters placed on overhead vents and personal air-purifying devices.

The Federal Aviation Administration (FAA) and Alaska Airlines have set these rules and regulations to assure your safety and comfort.

## CONTACT US

Customer care:  
800.654.5669  
(Mileage Plan,  
Customer Care)

Toll-free  
reservations:  
Within the U.S.  
and Canada:  
800.ALASKAAIR  
(800.252.7522)  
(TTY 800.682.2221)  
[alaskaair.com](http://alaskaair.com)

En Español:  
800.858.5525  
From Mexico:  
001.800.252.7522

Alaska Airlines  
Vacations:  
844.762.0087  
[vacations.alaska-air.com](http://vacations.alaska-air.com)

## USING YOUR DEVICES

We know use of your electronic devices is important, and we've adjusted our procedures to give you more time with those devices.

### Allowed on the ground and in the air

- Laptops (must be stowed for taxi/takeoff/landing)
- Tablets/smartphones (Airplane Mode after door closure)
- Wireless mouse/keyboard
- e-readers
- Media/CD/DVD players
- Noise-canceling and Bluetooth headphones
- Cellphones (prior to door closure only)

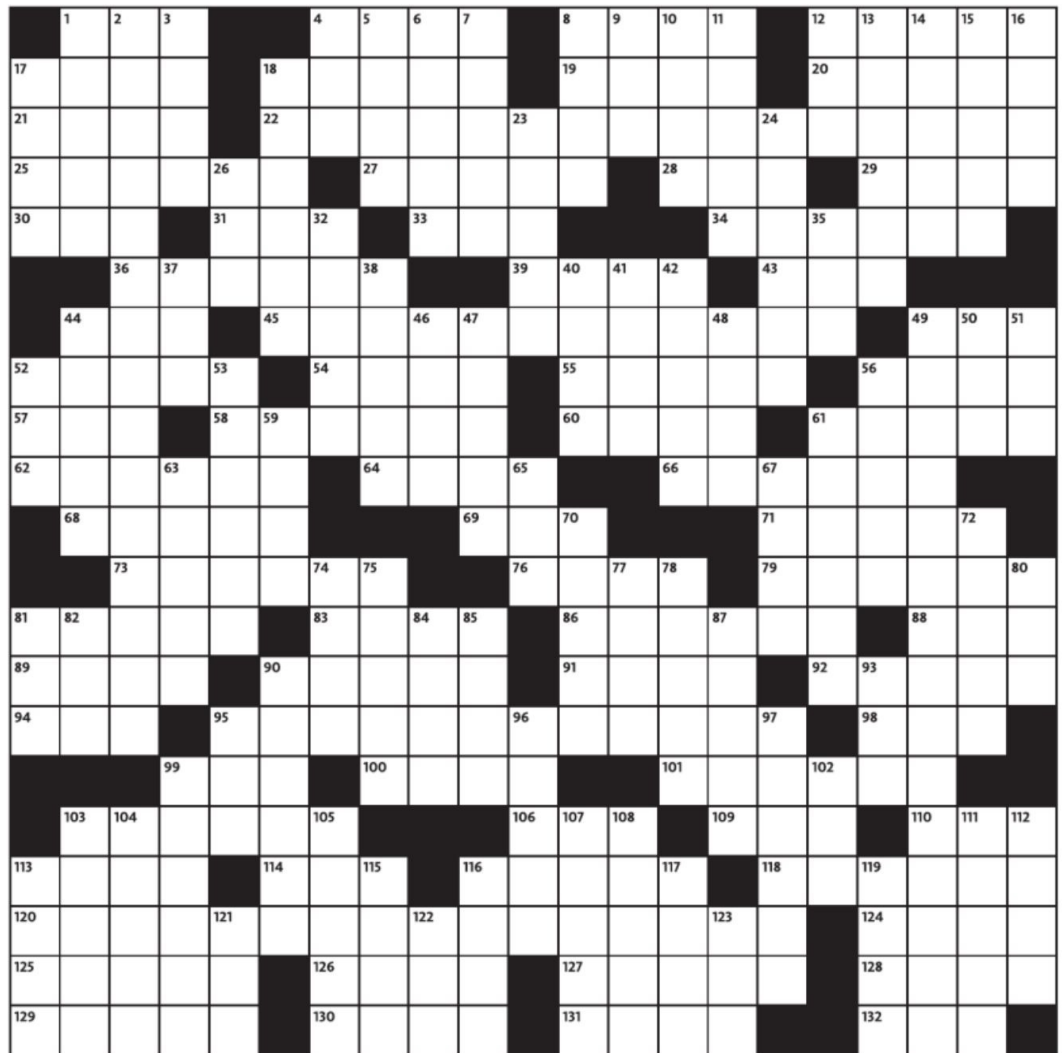
### Not allowed during flight

- Voice calls of any kind, including VoIP
- Devices with cell service enabled
- AM/FM radios or TVs
- Personal air purifiers
- Remote-control toys
- Electronic cigarettes



## ACROSS

- 1 Workout resort  
 4 Employer  
 8 Royal title  
 12 Twinned crystal  
 17 Aspect  
 18 Within: pref.  
 19 Booty  
 20 Pointer  
 21 Sicilian spewer  
 22 *The Bandwagon* song  
 25 Of the teeth  
 27 Train-ticket office  
 28 Encountered  
 29 Aits  
 30 Asner and Begley  
 31 Through: pref.  
 33 Wind dir.  
 34 Bread forms  
 36 DeCarlo of *The Munsters*  
 39 Rib-giver?  
 43 Born  
 44 Yalie  
 45 Harrison Ford role  
 49 Select  
 52 Burton of *Roots*  
 54 Serf  
 55 \_\_\_\_ *Copperfield*  
 56 Small combo  
 57 Bank acct.  
 58 Plus items  
 60 Ireland  
 61 Blockade  
 62 Candy trove  
 64 Chicago area  
 66 Letting up  
 68 Downy duck  
 69 Position  
 71 Western lilies  
 73 English pope  
 76 Jobs  
 79 Broad street  
 81 Bargains  
 83 Dalai \_\_\_\_  
 86 Sop taker  
 88 104, to Caesar  
 89 Roof projection  
 90 Spree  
 91 Bit  
 92 Rather  
 94 *A Boy Named* \_\_\_\_  
 95 Safely fallen pop fly  
 98 Ms. Charlotte \_\_\_\_  
 99 Cribbage pin  
 100 Situates  
 101 Demonstrated  
 103 French yum-yum  
 106 Owns  
 109 \_\_\_\_-fi  
 110 Sheepish comment  
 113 Formal solo  
 114 New World confed.  
 116 Tennis-ace Monica \_\_\_\_  
 118 Prepares to propose  
 120 Easter favorite  
 124 \_\_\_\_ and sciences  
 125 Happen



- 126 Thailand, formerly  
 127 Singer Della \_\_\_\_  
 128 Disney screen-treat  
 129 Expressions of joy  
 130 Rim  
 131 Snare  
 132 Word having sim. meaning

## DOWN

- 1 Placed  
 2 1600 \_\_\_\_ (White House add.)  
 3 Premed subject  
 4 Numero \_\_\_\_  
 5 Earring  
 6 Canal name et al.  
 7 Files  
 8 Bed lumber  
 9 Electrified atom  
 10 Wander  
 11 Singer Merman  
 12 Possibly will  
 13 Come  
 14 U.S. surgeon

- 15 Rich finds  
 16 Lambs' mothers  
 17 Ancient Persian's cousin  
 18 The Fighting \_\_\_\_  
 23 Davenport  
 24 Made amends  
 26 Fuss  
 32 Meara and Murray  
 35 Loser to DDE  
 37 By way of  
 38 Ford lemon  
 40 Miami's county  
 41 Nearly closed  
 42 Film  
 44 Weird  
 46 \_\_\_\_ thin air  
 47 Greek fabulist  
 48 Columbus ship  
 49 Thanksgiving fruit  
 50 Oinker  
 51 Shoe tip  
 52 \_\_\_\_ service  
 53 Judges

- 56 Trace  
 59 Garment of India  
 61 Strainers  
 63 Rot  
 65 Stub-faced dog  
 67 USPO insurance?  
 70 Leg bone  
 72 Group of rooms  
 74 Author Haley  
 75 Of ships  
 77 Sailor's potion  
 78 Take notice  
 80 \_\_\_\_ Marie Saint  
 81 \_\_\_\_ Moines  
 82 Monique's water  
 84 Tableland  
 85 Cohort  
 87 Puncher Max et al.  
 90 Area  
 93 Iron source  
 95 Beverage in a pot  
 96 Biblical Benjamite  
 97 \_\_\_\_ Gently  
 99 Scourge

- 102 Grape drink, to Alain  
 103 Actor Von Stroheim  
 104 Temptress  
 105 Add to a bet  
 107 Fully aware  
 108 Ceremonial dinner  
 111 Illinois town  
 112 Pt. of NAACP  
 113 Admit  
 115 Replied  
 116 Duplicate  
 117 Former Mets' stadium  
 119 Chews a burger  
 121 Tax agcy.  
 122 Sack  
 123 Deadly snake

SOLUTION ON PAGE 171.

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# YOUR DESTINATION FOR FOOD, FUN & GAMING!

At Muckleshoot Casino, soar to new heights with your choice of more than 3,000 gaming machines, action-packed table games including iRoulette, and "hands down" the best poker in the Pacific Northwest. Take flight with our tasty dining options and the largest smoke-free gaming area in the state.

Jet on over to Muckleshoot Casino, the Biggest and Best in the Northwest!

## THE BIGGEST & BEST IN THE NORTHWEST

20 minutes from SEA-TAC International Airport  
I-5 South to WA 18 East • Auburn Way Enumclaw Exit

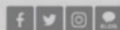


2402 Auburn Way South, Auburn WA 98002  
800-804-4944 | muckleshootcasino.com



**JOIN  
THE  
CLUB.**

**IT'S FREE!**



2402 Auburn Way South, Auburn WA 98002  
800-804-4944 | muckleshootcasino.com

## \$10 IN FREE PLAY

To receive, earn **40 base points** and present this offer at the Players Club.

Code: **PUBAKFPN19**

Limit one Free Play redemption per guest per month. Not to be combined with other publications, promotional offerings and holidays. Alteration, duplication, or unauthorized use voids this offer. Must be or become a Players Club member to participate. Membership is free! Offer expires November 30, 2019. Free Play may not be available on all machines. For Free Play limitations, rules and details, see Players Club. Promotions are subject to change without notice. Management reserves all rights.



## LADDERGRAM

First, write the word that fits the first definition into space 1. Then drop one letter and rearrange the remaining letters to form the answer to definition 2. Drop one more letter, rearrange and get the answer to definition 3. Put the first dropped letter into the box to the left of space 1 and the other dropped letter into the box next to space 3. When you have correctly solved the puzzle, the dropped letters on the left and right, when read down, will spell out related words.

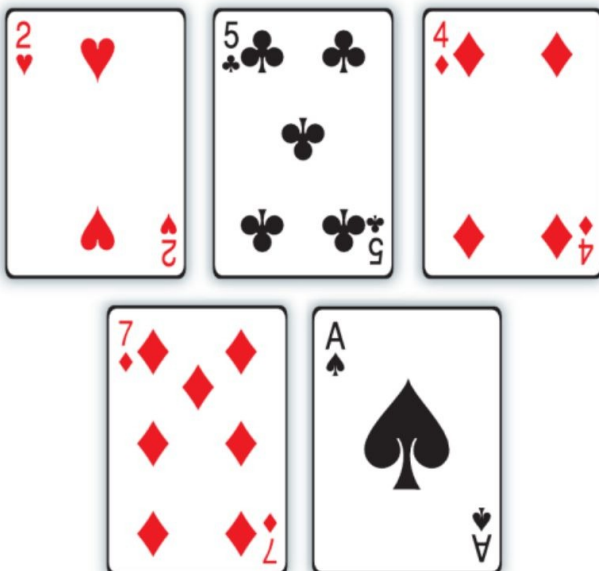
|     |     |     |  |
|-----|-----|-----|--|
| 1.  | 2.  | 3.  |  |
| 4.  | 5.  | 6.  |  |
| 7.  | 8.  | 9.  |  |
| 10. | 11. | 12. |  |
| 13. | 14. | 15. |  |
| 16. | 17. | 18. |  |
| 19. | 20. | 21. |  |

## DEFINITIONS

- |                            |                         |                       |
|----------------------------|-------------------------|-----------------------|
| 1. Cowboy movie            | 8. Copy (a drawing)     | 15. Solemn ceremony   |
| 2. Feel indignation toward | 9. Have status          | 16. Capital of Texas  |
| 3. Firm; strict            | 10. Ponder              | 17. Clothing mishap   |
| 4. Complained excessively  | 11. Indirect suggestion | 18. Temper tantrum    |
| 5. Gave a title to         | 12. Pliable metal       | 19. Inconsequential   |
| 6. Repair                  | 13. Magazine head       | 20. Write on a laptop |
| 7. Reagan's predecessor    | 14. Made an effort      | 21. Furry companion   |

## CARD SENSE

Five playing cards were shuffled and put in a pile, one on top of another. Using the clues, can you identify each card's position in the pile?



- Exactly one card is between the two black cards.
- Neither the two nor the seven is on the bottom.
- The ace is somewhere above the two.
- The five is directly above the four.

## ANAGRAM MAZE

The diagram contains 36 words, 19 of which are anagrams of other everyday words. Start at the top arrow and anagram PATS. While solving, move up, down, right or left to the only adjacent word that can be anagrammed. Continue until you arrive at the bottom arrow. There is only one path through the maze.

|            |            |            |            |            |            |
|------------|------------|------------|------------|------------|------------|
| 1<br>PATS  | 2<br>STUD  | 3<br>SACK  | 4<br>ZINC  | 5<br>PRAY  | 6<br>ZOOS  |
| 7<br>WHIP  | 8<br>CALL  | 9<br>MUSH  | 10<br>CUED | 11<br>TWIN | 12<br>WISE |
| 13<br>TURN | 14<br>BEAN | 15<br>SPAS | 16<br>SUNS | 17<br>FANG | 18<br>TOOK |
| 19<br>CARE | 20<br>LEND | 21<br>COPY | 22<br>HATE | 23<br>APES | 24<br>GRIN |
| 25<br>EARL | 26<br>POPS | 27<br>HEWN | 28<br>HARE | 29<br>LILY | 30<br>COLA |
| 31<br>LAMP | 32<br>AWRY | 33<br>DADS | 34<br>WOOL | 35<br>LESS | 36<br>MARE |

SOLUTIONS ON PAGE 171.

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Complete each sudoku grid by placing a number in each box so that each row, column and small nine-box square contains the numbers one to nine exactly once. **Solutions on page 171.**

DIFFICULTY: **EASY**

DIFFICULTY: **MEDIUM**

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 3 |   |   |   | 9 | 6 |   | 7 |   |
|   | 1 | 7 | 3 |   | 2 |   |   | 8 |
|   |   |   |   |   |   | 2 | 4 | 3 |
| 2 |   |   | 9 | 5 |   | 7 |   | 1 |
|   | 5 |   |   |   |   |   | 3 |   |
| 9 |   | 8 |   | 1 | 3 |   |   | 6 |
| 1 | 3 | 2 |   |   |   |   |   |   |
| 4 |   |   | 5 |   | 7 | 8 | 1 |   |
|   | 7 |   | 6 | 2 |   |   |   | 4 |

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
|   |   |   | 3 |   | 9 | 2 |   | 8 |
| 8 | 7 |   | 2 |   |   | 4 |   |   |
| 2 |   | 1 |   | 4 |   |   | 7 |   |
|   | 4 |   | 5 |   |   |   |   |   |
|   |   | 5 |   | 3 |   | 1 |   |   |
|   |   |   |   |   | 7 |   | 8 |   |
|   | 1 |   |   | 9 |   | 8 |   | 4 |
|   |   | 7 |   |   | 8 |   | 9 | 2 |
| 3 |   | 8 | 6 |   | 4 |   |   |   |

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- Industrial pressure applications
- Repair broken pipes

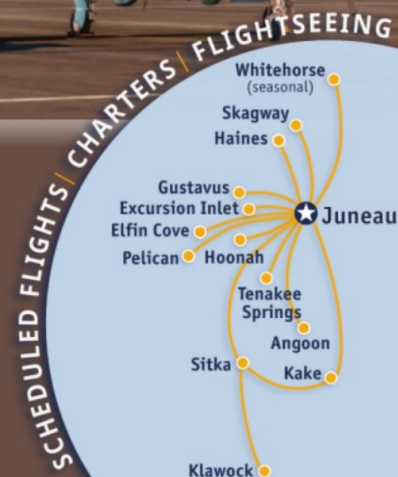
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CROSSWORD ON PAGE 164.



SUDOKU ON PAGE 168.

DIFFICULTY: **EASY**

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 3 | 2 | 4 | 8 | 9 | 6 | 1 | 7 | 5 |
| 5 | 1 | 7 | 3 | 4 | 2 | 9 | 6 | 8 |
| 6 | 8 | 9 | 1 | 7 | 5 | 2 | 4 | 3 |
| 2 | 6 | 3 | 9 | 5 | 4 | 7 | 8 | 1 |
| 7 | 5 | 1 | 2 | 6 | 8 | 4 | 3 | 9 |
| 9 | 4 | 8 | 7 | 1 | 3 | 5 | 2 | 6 |
| 1 | 3 | 2 | 4 | 8 | 9 | 6 | 5 | 7 |
| 4 | 9 | 6 | 5 | 3 | 7 | 8 | 1 | 2 |
| 8 | 7 | 5 | 6 | 2 | 1 | 3 | 9 | 4 |

DIFFICULTY: **MEDIUM**

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 6 | 5 | 4 | 3 | 7 | 9 | 2 | 1 | 8 |
| 8 | 7 | 9 | 2 | 6 | 1 | 4 | 3 | 5 |
| 2 | 3 | 1 | 8 | 4 | 5 | 6 | 7 | 9 |
| 1 | 4 | 3 | 5 | 8 | 6 | 9 | 2 | 7 |
| 7 | 8 | 5 | 9 | 3 | 2 | 1 | 4 | 6 |
| 9 | 2 | 6 | 4 | 1 | 7 | 5 | 8 | 3 |
| 5 | 1 | 2 | 7 | 9 | 3 | 8 | 6 | 4 |
| 4 | 6 | 7 | 1 | 5 | 8 | 3 | 9 | 2 |
| 3 | 9 | 8 | 6 | 2 | 4 | 7 | 5 | 1 |

BRAIN BOOSTER PUZZLES ON PAGE 166.

### LADDERGRAM

|   |            |           |          |   |
|---|------------|-----------|----------|---|
| W | 1. WESTERN | 2. RESENT | 3. STERN | E |
| O | 4. MOANED  | 5. NAMED  | 6. MEND  | A |
| R | 7. CARTER  | 8. TRACE  | 9. RATE  | C |
| K | 10. THINK  | 11. HINT  | 12. TIN  | H |
| O | 13. EDITOR | 14. TRIED | 15. RITE | D |
| U | 16. AUSTIN | 17. STAIN | 18. SNIT | A |
| T | 19. PETTY  | 20. TYPE  | 21. PET  | Y |

### CARD SENSE

The bottom card isn't the two or seven (clue 2), ace (clue 3), or five (clue 4), so it is the four. Also by clue 4, the five is second from the bottom. The ace is second from the top (clue 1). By clue 3, the two is third from the top. By elimination, the seven is on top. In summary, from top to bottom: seven of diamonds, ace of spades, two of hearts, five of clubs, four of diamonds.

### ANAGRAM MAZE

The path through the maze, with just one anagram given for each, is: 1. spat; 2. dust; 3. cask; 9. hums; 15. pass; 14. bane; 13. runt; 19. race; 25. real; 31. palm; 32. wary; 33. adds; 27. when; 28. hear; 22. heat; 23. peas; 24. ring; 30. coal; 36. ream.

|    |    |    |    |    |    |
|----|----|----|----|----|----|
| 1  | 2  | 3  |    |    |    |
|    |    | 9  |    |    |    |
| 13 | 14 | 15 |    |    |    |
| 19 |    |    | 22 | 23 | 24 |
| 25 |    | 27 | 28 |    | 30 |
| 31 | 32 | 33 |    |    | 36 |

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