

**DECEMBER 2018** 

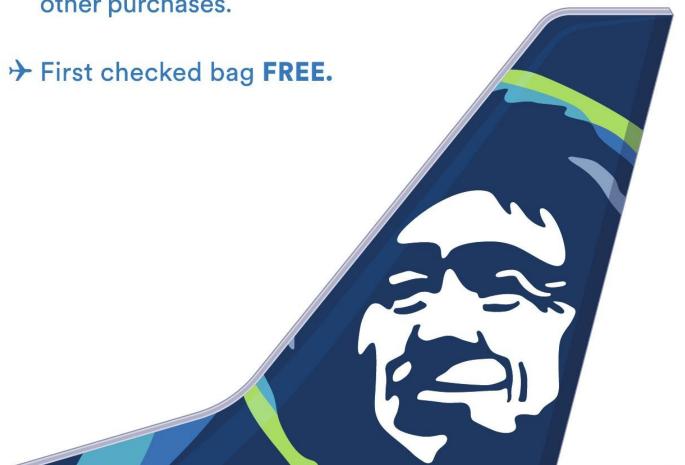
ALASKA FULFILLS HOLIDAY HOPES AND DREAMS FOR KIDS IN SPOKANE



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# Meet Vacasa, the One-Stop-Shop for All Your Vacation Rental Needs

# Vacasa is making vacation homeownership easier than ever.

Supercharged by online booking platforms such as HomeAway and Airbnb, demand for alternative lodging has set the once-sleepy vacation rental industry on a trajectory to be worth \$194 billion by 2021. Shaping the future of this rapidly changing industry is Portland, Oregon-based Vacasa, a next-gen hospitality company that's emerging as a leader for all things vacation rental.

#### Local Teams, Global Network

Caring for over 11,000 properties around the world, Vacasa is North America's largest manager of vacation properties. The company utilizes sophisticated marketing techniques to maximize bookings while their machine-learning-driven pricing algorithm adjusts rates in real time so that homeowners never leave money on the table. This technology is complemented by personal service from exceptional local hospitality professionals who care for guests and vacation homeowners in every Vacasa market.

"We built our reputation by delivering better care and higher revenue," says Vacasa founder and CEO Eric Breon, who started the company in 2009. "Now we're there for vacation homeowners through the full lifecycle of their properties—from helping them purchase a home to full-service rental management and making it easy for them to sell."

#### Connecting Buyers and Sellers

In July 2018, Vacasa launched Vacasa Real Estate to help connect vacation home buyers and sellers with local agents. With access to rental performance data, a steady stream of buyer leads, and the largest inventory of vacation homes in the country, the company is uniquely positioned to streamline the process of buying and selling investment properties—and to simplify the experience of renting them out.



Elk Summit Ranch Sanctuary - Colorado

#### **End-To-End Management**

Vacasa's data-informed interior design experts specialize in upgrading furnishings and remodeling vacation rental properties to optimize bookings. Vacasa's local teams handle permitting, tax registration and other details, with comprehensive property management services covering everything from bookings and home care to 24/7 guest service. In addition to their impressive local teams, Vacasa has a central office staffed with specialists.

"My family and I live in Florida, nearly 2,000 miles from our Colorado vacation home. Our highest priority was finding a property manager that we could trust with our home," says Manuel Baez, owner of Elk Summit Ranch Sanctuary in Telluride, Colorado. "My local operations manager is always responsive when we need to get in touch, and I can rest easy knowing that Vacasa is taking care of the property, as well as the guests enjoying it."

Online booking technology has made vacation rentals an increasingly popular alternative to hotels. With guest demand growing rapidly, Vacasa's one-stop-shop model enables more people than ever to effortlessly enjoy the rewards of owning a vacation home.

"We're connecting the dots to make vacation home ownership simpler and more profitable for everyone," says Breon.

It's the dawn of an exciting, more accessible age for the vacation rental industry—and Vacasa has positioned itself right at the center.

See how Vacasa can help with all your vacation rental needs: vacasa.com/beyond or 888.658.1827



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From urban explorations to outdoor adventures.

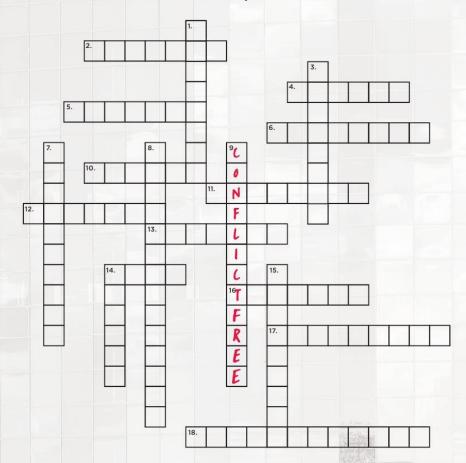
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Winter is wonderful for family travel in Orange County.

By Ben Raker

#### **CROSSWORD THEME:**

#### COMMERCIAL REAL ESTATE, THE HUGHES MARINO WAY



#### DOWN:

- 1. attentive; persistent
- 3. corporation; profession; trade
- 7. valued ideals

[Helpful hint: We have ten of them!]

- 8. tenants only, \_
- **9.** only have one fiduciary, the tenant
- 14. to grow; prosper; flourish
- 15. incomparable

#### ACROSS:

- 2. energetic; principled leadership
- **4.** act of aquiring buildings/office space
- **5.** act of renting buildings/office space
- 6. constructing
- **10.** integrity-based; always does the right thing
- 11. fair; impartial; our client's best interests are our best interests

- 12. specialized; custom
- 13. outcomes; consequences
- 14. tribe; squad
- **16.** companies that lease/occupy an office/building
- 17. genuine; real
- **18.** earning accolades [Helpful hint: Hughes Marino was voted #1 Best Workplace in the nation by Fortune.]

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HUGHESMARINO

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Santa's elves guide children on a magical Fantasy Flight experience.

Photo by Ingrid Barrentine





#### Volume 42, No. 12

Publisher Mimi K. Kirsch
Editor-in-Chief Paul Frichtl
Senior Editor Michele Andrus Dill

Associate Editors Jeff Bond, Ben Raker, Andrew Waite

Assistant Editor Lara Hallock

Editorial Interns Pooja Galgali, Cassie Kang, Raelynn Sheridan

Contributors David Armstrong, Jean Arthur, Lucas Aykroyd, Tom Douglas, Rob Dunton, Sibella Giorello, Jim Gullo, Bengt Halvorson, Susan G. Hauser, Kristianne Huntsberger, Nick Jans, Johnny Jet, Abe Kislevitz, Lauren Kramer, Buddy Levy, Scott Mackenzie, Lora Shinn, Lace Thornberg, Naomi Tomky, Jacob Uitti, Molly Urnek

Art Directors Margaret Elson, Nancy O'Connell

Associate Art Director Ellen Ordóñez

Production Director Paul Frichtl

Advertising Production Manager Theresa Santucci

#### CEO Edward B. Kirsch

Accounting Manager Holly L. Genest
Advertising Data Wrangler Liz Borovik
Office Coordinator Courtney Evans
Coordinator for Alaska Airlines Elliott Pesut

#### SALES OFFICES

2701 First Avenue, Suite 250, Seattle, WA 98121; 206-441-5871; fax 206-448-6939 email sales@paradigmcg.com

Advertising Director: **Kenneth J. Krass, ext. 11** 

Western Washington/Eastern Washington/Florida/ Michigan/Canada: Clay M. Schurman, ext. 33

Western Washington/Illinois:

Stephany Angelacos, ext. 13

Oregon/Idaho/Montana/Colorado/Utah/Canada:

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California/Arizona/Nevada/New Mexico/Texas: Yael Kallin, ext. 27

Alaska: Duane Epton, 3705 Arctic Blvd., #452, Anchorage, AK 99503; 907-561-2450, fax 907-344-7262

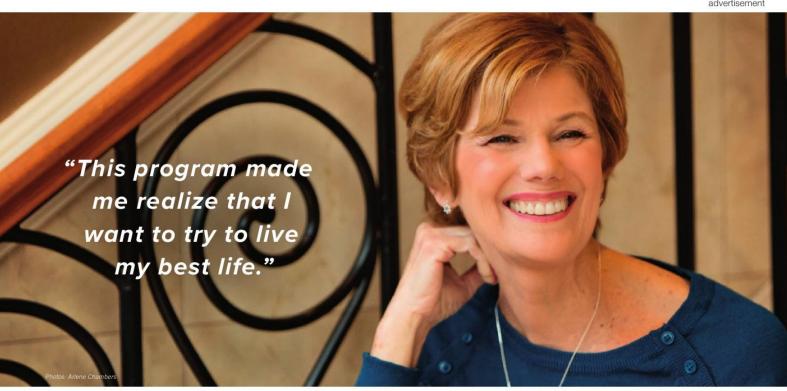
East Coast/Mexico: Kenneth J. Krass, ext. 11 Hawai'i: Debbie Anderson, 808-739-2200,

fax 808-739-2201



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# **10 WEEKS TO YOUR BEST YOU!**

My health has always been good. Although I tried to make exercise part of my lifestyle, I wasn't always consistent. Once I started my family, I didn't seem to have the time or energy to exercise. Even after my children had left home, most of my time was spent working in commercial real estate with my husband, Lane. I missed how exercise had made me feel, but couldn't seem to get it back into my life - until My Best 10.

It's amazing how your body changes once midlife hits you. I felt sluggish, my posture felt "off" from sitting at a computer all day, and clothes didn't fit the same way. I felt out of shape and I just wanted my body to feel better. While I wanted to lose the 10 pounds, my number one goal was to increase my fitness.

The program was revealing. Not only was I able to accomplish exercises I couldn't have imagined being able to do, but I also learned how to view food differently.

I also have to give a lot of credit to my trainer, Heather. She always checked in with me on how I was doing, reminding me of options I could try and encouraging me to set goals. I'd had a number of injuries from a broken foot, broken toes, shoulder issues, and bunion surgery. Heather would plan my workouts around all of those calamities, and I felt like I wasn't missing out on my training. A fun "aha!" moment was when I found myself able to do pushups again. That was like "Wow!"

Let me tell you what I'm most happy about. This program made me realize that I want to try to live my best life. It encouraged me to think of my physical and emotional well-being, and I realized I can't have one without the other. Waking up feeling this good, particularly at my age, reminds me daily of how important this program has been for me. I don't ever want to let it wane from my lifestyle.

My Best 10 changed my life - and it also affected my family's lives. The demands of their lifestyles don't make it easy but, after seeing my success, my husband and my children have been inspired to take a closer look at their own exercise and nutrition habits. I enjoyed the program so much that I told my husband that he had to start exercising too. We both work out with our trainers twice a week and try to go for walks together a few times a week. This routine always makes me feel like I'm doing something good for myself.

Life at 66 is pretty awesome!

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# **WELCOME**<sup>®</sup>





Brad Tilden, Chief Executive Officer



Kallie Gilstad, Audit Manager, aka "Jangle"

#### MAKING SPIRITS BRIGHT

The holidays remind us how grateful we are for the efforts of our employees, who make the season brighter for many worthy groups and organizations in our communities. For Kallie and Bev Gilstad, giving back is all in the family for a special organization called Fantasy Flight, out of Spokane. I am so grateful to Kallie and Bev for their kindness and caring, on behalf of our airline. —Brad Tilden

I am an audit manager for Alaska Airlines except for one day a year when I am Jangle, one of Santa's elves. On that day in December, I join 60 other volunteers from Alaska Airlines, Horizon Air and the Spokane community who help make kids' spirits bright through an event called Fantasy Flight.

I am truly honored to have this opportunity to tell you about this amazing and touching experience. This will be my fifth year participating in Fantasy Flight, alongside my mom, Bev Gilstad, retired Managing Director of Inflight for Horizon Air-her elf name is Jingle.

Most of the children who participate in Fantasy Flight are from shelters, foster care and other outreach/high-risk-youth programs. When the kids arrive at Spokane International Airport, they are introduced to their personal elf. That's where my mom and I come in. We start with a greeting of, "Handshakes or hugs?" At first the kids are shy and reserved. They receive a special sweatshirt and get a photo for their passport to get into the North Pole.

We even make the passage through security magical—hiding our IDs because, obviously, elves don't need those. At the gates, the children receive a personalized backpack and snacks. There is music, and we dance the Chicken Dance, play games and wait eagerly for Alaska Airlines Flight 1225 to depart to the North Pole. At one point, the "naughty elf," Seesaw, gets loose and is chased by Santa's guard on the tarmac.

#### >> WELCOME

As we board the plane, the kids are given light-up wands that illuminate the inside of the plane. We shut the blinds and take a quick flight above Spokane. When we get close to "the North Pole," we all do a chant, and on the final round the captain revs the engines. We're there!

For a lot of kids, this is their first time on an airplane.

The kids deplane and are ushered through a tunnel of elves to a hangar that has been transformed into the North Pole, including Mrs. Claus' Kitchen, where kids get to fill boxes with fancy cookies and candy, and eat as much ice cream as they want. There's a reindeer to pet, a train, a pajama barn, a magic show and, of course, a personal visit with Santa. Oh, and did I mention toys?

At the end of the night, the kids get comfy pillows and blankets, and snuggle up with their elves to listen to Mrs. Claus read The Polar Express. As she finishes, Santa has fallen asleep, and she has all the kids shout, "I believe!" to wake him up as the elves ring silver bells, just like in the story. That's our cue that it's time to go home.

I don't think I've ever participated in anything more magical. I truly will never forget the shrieks of joy from my child, Nevaeh ("Heaven" spelled backward) as she unwrapped her Princess Elsa doll.

You can read more about Fantasy Flight, put on by Northwest North Pole Adventures, on page 74. Look the organization up online, and you might be inspired to give, or to even become an elf yourself.

Thanks for flying with us, and I hope the magic of the holidays shines as brightly for you and your loved ones as it does for these special kids. -Kallie Gilstad

#### >> BIENVENIDO



Brad Tilden, Jefe Ejecutivo



Kallie Gilstad, Gerente de Auditoria, "Jangle"

## HACIENDO BRILLAR LOS ESPÍRITUS DE TODOS NUESTROS NIÑOS

>> Las fiestas nos recuerdan lo agradecidos que estamos por los esfuerzos de nuestros empleados, quienes hacen que la temporada sea más brillante para tantos grupos y organizaciones meritorios en nuestras comunidades. Kallie y Bev Gilstad sienten el compromiso familiar de retribuir a través de una organización especial llamada Fantasy Flight en Spokane, WA. Estoy muy agradecido con Kallie y Bev por su bondad y generosidad, en nombre de nuestra aerolínea. —Brad Tilden

Soy gerente de auditoría en Alaska Airlines, excepto por un día al año en que me convierto en Jangle, uno de los duendes de Santa Claus. Ese día de diciembre, me uno a otros 60 voluntarios de Alaska Airlines, Horizon Air y la comunidad de Spokane que ayudan a hacer brillar los espíritus de los niños a través de un evento que se celebra en Spokane, Washington, llamado Fantasy Flight.

Me siento verdaderamente honrada de tener esta oportunidad de contarles acerca de esta increíble y conmovedora experiencia. Este será el quinto año en el que participaré en Fantasy Flight, junto a mi madre, Bev Gilstad,

auien se retiró siendo directora general de servicios en vuelo para Horizon Air, y cuyo nombre como duende es Jingle.

La mayoría de los niños que asisten a Fantasy Flight provienen de refugios,

casas hogar y otros programas de asistencia/ alto riesgo. Cuando los chicos llegan al aeropuerto de Spokane, se les presenta a su duende personal. Ahí es cuando mi madre y yo hacemos nuestra aparición. Comenzamos con un saludo de apretones de mano o abrazos. Al principio los niños son tímidos y reservados. Reciben un suéter especial y una foto para su pasaporte para visitar el Polo Norte.

Incluso hacemos que el paso a través del punto de seguridad sea mágico (ocultamos nuestras licencias para manejar, porque obviamente los duendes no las necesitamos). En las salas de abordar, los niños reciben una mochila personalizada y bocadillos. Hay música y bailamos "Pajaritos a volar", participamos en juegos y esperamos ansiosamente el vuelo 1225 de Alaska Airlines (25 de diciembre) para partir



La tripulación del año pasado esta lista para el vuelo de Fantasy en Spokane, WA.

hacia el Polo Norte. En un momento dado, el "duende travieso", Seesaw, se escapa, y el guardia de Santa lo persigue en la pista.

Al abordar el avión, los niños reciben unas varitas de luz que iluminan el interior del avión. Bajamos las persianas y rápidamente "sobrevolamos" Spokane. Cuando nos acercamos al "Polo Norte", todos entonamos un cántico, y en la fase final el capitán acelera los motores. iLlegamos! Para muchos niños, esta es su primera experiencia en un avión.

Los niños se bajan y son guiados a través de un túnel de duendes hasta un hangar que ha sido transformado en el Polo Norte, que incluye la cocina de la Sra. Claus (donde los niños pueden llenar cajas con galletas y dulces y comer todo el helado que quieran). Hay un reno que se puede acariciar, un tren, una fiesta de pijamas, un espectáculo de magia y, por supuesto, una visita personal con Santa Claus. ¿Ya mencioné los juguetes?

Al final de la noche, los niños reciben cómodas almohadas y cobijas y se acurrucan con sus duendes para escuchar a la Sra. Clause leer El Expreso Polar. Cuando termina, Santa Claus se ha dormido, y todos los niños gritan, "¡Yo creo!" para despertarlo mientras los duendes tocan campanas de plata (al igual que en el relato). Esa es nuestra señal de que es hora de irnos a casa.

Creo que nunca he participado en algo tan mágico. Nunca olvidaré los gritos de alegría de mi hija, Nevaeh (cielo en inglés, "heaven", deletreado al revés), mientras desempacaba su muñeca, la Princesa Elsa.

Puede leer más sobre Fantasy Flight, organizado por Northwest North Pole Adventures, en la página 74. Búsquelos en por internet y quizás se sienta inspirado a dar o incluso a convertirse en un duende.

Gracias por volar con nosotros, y espero que la magia de las festividades brille entre ustedes y sus seres queridos de la misma manera en que lo hizo con estos niños tan especiales. —Kallie Gilstad



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# IN THE KNOW,

## WHAT'S NEW: SERVICE EXPANDS TO EVERETT

>>> Say hello to Alaska Airlines at a convenient, brand-new airport terminal. Tickets are now available for 18 daily nonstop flights between Everett, Washington, and eight other West Coast cities. The first day of scheduled service is February 11, 2019, subject to government approval.

Along with providing low fares and great service, Alaska is eager to make air travel easier via the flights from Paine Field–Snohomish County Airport (PAE). More than 1 million travelers who live north of Seattle will enjoy shorter commutes to Paine Field than if they headed south to Seattle-Tacoma International Airport (SEA). And the new terminal and service will add jobs and promote economic growth in Snohomish County.

Alaska is also excited to offer more options to its guests. With the recent acquisition of five additional gate times at Paine Field, the airline



will—upon receipt of government approvals—offer as many as 18 daily nonstop departures in early 2019. This would mean more frequent flights to several of the previously announced destinations: Las Vegas; Los Angeles; Orange County, California; Phoenix; Portland, Oregon; San Diego; San Francisco; and San Jose, California. The service would be provided by Horizon Air, flying Embraer 175 aircraft that feature First Class and Premium Class cabins.

"Providing all-new service from Paine Field, and further expanding where we fly our guests, including from our Alaska Global Partners' major international hubs, highlights the strong growth in our region," says Andrew Harrison, Alaska Airlines' Chief Commercial Officer.

The schedule for service between Paine Field and the eight destinations is available at blog.alaskaair.com. To purchase tickets, visit alaskaair.com or call 1-800-ALASKAAIR.

# INFLIGHT ENTERTAINMENT SHARES HOLIDAY SPIRIT

Alaska Beyond Entertainment is getting festive this month with the following holiday-oriented movies and TV shows:

#### MOVIES:

A Christmas Story • Die Hard • Elf • The Family Stone • Home Alone • Miracle on 34th Street • National Lampoon's Christmas Vacation • The Polar Express

#### TV SHOWS:

The Big Bang Theory: The Santa Simulation • Friends: The One with Christmas in Tulsa • Gilmore Girls: Santa's Secret Stuff • How I Met Your Mother: How Lily Stole Christmas • The Middle: The Christmas Miracle • Modern Family: Undeck the Halls • The Simpsons: Holidays of Future Passed • Will & Grace: A Gay Olde Christmas.

For a complete movie/TV program listing, go to AlaskaWiFi.com while inflight.

# SUSTAINABILITY SUSTAINED

>> This fall, for the second year in a row, Alaska was recognized as the most sustainable airline in North America, earning the No. 1 ranking in the aviation category in an annual review of the prestigious Dow Jones Sustainability Index (DJSI).

Each year, the 3,400-plus companies in the DJSI are invited to participate and answer up to 120 questions focused on environmental, economic and social factors relevant to the companies' success. Companies are then assessed based on industry-specific criteria to determine the rankings.

"Being recognized as a sustainability leader is something we take great pride in," says Kirk Myers, Alaska's Director of Sustainability. "We



care about running a great airline and making a positive impact on places and people we serve."

The award reflects the airline's overall commitment to flying greener, and speaks to successful programs that range from saving 1.2 million gallons of fuel through the use of advanced navigation technology to eliminating the use of millions of plastic straws.

To learn more about Alaska's commitment to sustainability, visit flysustainably.com.





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#### PEOPLE BEHIND THE SPIRIT

## LEADING WITH A GREETING

Flight Attendant Rodrick Massey is a Legend of Customer Service

>>> Every passenger gets a hello. That's a personal policy for Los Angeles-based flight attendant Rod Massey, who makes a point of welcoming every guest of the airline—children and adults—as they board a plane.

"It sets the tone for the flight if you just say hello," says Massey. And he's not concerned if his rapid greetings draw a friendly chuckle from a passenger seated near the front of the plane. That just gives him another chance to connect.

The 27-year veteran flight attendant considers it a mission to get flyers laughing and smiling while onboard. "The biggest thing is just being happy and friendly," he says. "Being funny, being goofy sometimes—it's important."

Massey, who has a degree in accounting from the University of Washington and once worked in that field, is very happy with his choice to become a flight attendant many years ago. "I'm not a behind-the-desk kind of guy," he says. He explains that he was fortunate when he followed a few friends into the airline industry: "It was a total fluke," he says. "And it was the best thing that could have happened to me."

Massey was born in New York and grew up there and in Seattle. In his airline career, he was previously based in Seattle and Anchorage, and he has been in Los Angeles since 1994.

Now a fixture at LAX, he's known for greeting co-workers with his signature smile. As a flight attendant with seniority, he is patient with new hires and has a reputation for setting a strong positive example, and caring for guests and colleagues with hard work and humor. A former manager once wrote, "What we all noticed with Rod was his inclusive nature and willingness to step in and help when needed."

Guests of the airline also pile on praise. For his efforts, Massey receives regular kudos, such as, "Rodrick is great!" and "Rod is my favoritehe's always so positive!" One passenger put it simply: "Rodrick is awesome." -Ben Raker



#### **QUESTIONS & ANSWERS**

What do you like most about your job? The freedom. The travel. The scheduling flexibility. And definitely the people I fly with. Every day, the flights are a little different, and the customers are different. It's by far the most fantastic job I've had.

What's an interesting story from work? I'm based in LA, and we sometimes see celebrities flying. The nicest I've had was Gavin MacLeod, who was Captain Stubing on The Love Boat. He talked to me like he

had known me his whole life. Also: I want to have Oprah on my plane before I retire!

#### Where do you like to travel?

My favorite place on the planet is Berlin, Germany. There's a lot to see and a lot of history to explore. For work, my favorite place to fly is San José, Costa Rica.

What keeps you busy outside work? Most people don't know I play the piano and that I'm trying to learn Spanish.

#### **KUDOS FROM ROD'S CO-WORKERS**

"Rod is a charismatic person who can always get a laugh from a co-worker or a guest. He puts his guests and co-workers before himself-it's something I've witnessed many times." -Tony S., Flight Attendant, Los Angeles

"He embodies Alaska Spirit. You can see it in everything from his smile to the way he walks down the concourse greeting everybody. He's just amazing. He's a very genuine guy." — Benito G., Inflight Duty Manager, Los Angeles

"Even when he has to tell you something that is not that pleasant, he figures out a way to make you laugh with his own laugh." —Chet A., Flight Attendant, Los Angeles

"He turns every hard situation into a good one." - Brooke K., Flight Attendant, Los Angeles

"When we look on the crew roster in the morning, and we see 'Rodrick W. Massey' on there, we know the flight is gonna go real well." - John M., Captain, Los Angeles



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#### PEOPLE BEHIND THE SPIRIT

## **FORWARD** THINKING

Flight Control Manager Andy Mack is a Horizon Air Pathfinder

)) Most of the time, nobody notices the work of Andy Mack and his group in Horizon Air's System Operations Control, based in Portland. And that's the way they like it, despite the fact that this team is essential to keeping the airline flying each day.

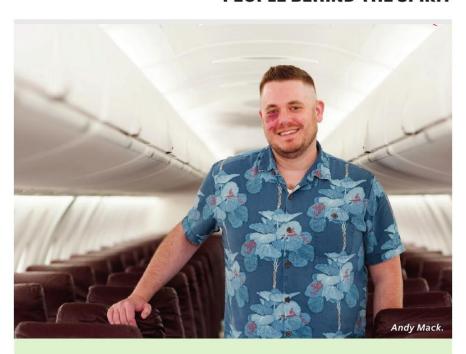
"We're a department that hides behind the curtain, taking care of those things that have to happen to make sure any given flight is in a position to operate on time," says Mack. He explains that at a high level, planes and flight crews are the airline's key resources. It is his job to make good decisions about allocating those resources. When delays happen, due to weather or other factors, SOC finds solutions to minimize impacts on guests and employees.

Mack, who has worked at Horizon since 2002, in a variety of roles, says he loves the strategic thought required at SOC-problemsolving and thinking ahead to consider, for example, the ripple effects of how one flight might affect another. He recalls saying, when he first moved to the department 11 years ago, "This is totally me."

Mack, who grew up in Iowa, had a childhood ambition to work in aviation, but he studied civil engineering and then economics at Oregon State University, in Corvallis. He first signed on with Horizon as a Customer Service Agent and also worked as a Passenger Service Agent and Station Supervisor before moving into SOC.

The variety of jobs he has held at the airline helps him understand different facets of the business, and co-workers look to him for wide-ranging knowledge. Mack is known for being quick to volunteer on projects that bring process improvements, and for bringing in baked goods and keeping his workplace fun.

For his dedication to performance and to bettering the experiences of colleagues and guests, Mack is a 2018 Pathfinder, Horizon's highest employee honor. —Ben Raker



#### **QUESTIONS & ANSWERS**

#### What do you like most about your job?

One great aspect of work in our department is that every day really is different. My favorite thing is when we come into work and have some sort of a challenge.

#### What is a mark of success at work?

It's important that everybody I work with has fun, and that even when things outside our control go sideways, we can still laugh.

#### Where do you like to travel?

Outside of the Northwest, New England is my favorite part of the country. And I

recently traveled to Cape Breton Island in Nova Scotia to see the amazing fall foliage on the island's famous Cabot Trail drive.

#### What do you pack when you travel?

Noise-canceling headphones and my Kindle. I read more than 100 books a year, on topics ranging from crime fiction to history and politics.

#### What are your other interests?

I'm a college football fan. I like the Oregon State Beavers (my college team) and the Iowa Hawkeyes (from where I grew up).

#### **PRAISE FOR ANDY**

"Over the course of Andy's Horizon Air career, he has established himself as a fair, kind and helpful leader.

Andy brings a wealth of expertise and knowledge to his work, and he is often sought out for his advice and input in challenging situations.

At the same time, Andy is highly respected for his continued efforts to seek out information from his co-workers to

make the best plan for the day, and with every decision, he makes a choice that balances the best interests of our guests, our people and our business.

I am thankful to have a leader like Andy serving as a role model for those around him.

Andy, you are an invaluable member of our team." —Lacey P., Managing Director of System Operations Control, Portland



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20,20 LifeStyles

# CHRIS LOST 36 POUNDS

"I FEEL STRONGER AND HEALTHIER THAN I DID 10 YEARS AGO."

I admit it. I tend to procrastinate. I've been a member at PRO Club since 2008 and would come to the club every so often to do some cardio. I had always thought about doing the 20/20 LifeStyles program. My wife and I knew a number of co-workers who had been through the program and made significant changes. However, every year I'd push it off saying, "I'll do it next year." And every year, I'd gain another five or six pounds. Finally, it was my wife who signed me up. I'm glad she did.

Before 20/20 LifeStyles, I didn't really have good nutritional habits. My diet consisted of bread, meat, and cheese. I rarely ate any fruits or vegetables. When I started the program, I decided to be fully committed. While I wanted to lose some weight, my biggest goal was to adopt healthier eating habits.

The nutrition appointments were the biggest eye-opener. It was interesting to understand the breakdown of what a healthy diet actually is. I was also quite happy so see that I could still eat a lot of meat while staying healthy. The diet converted me to not be scared of eating vegetables.

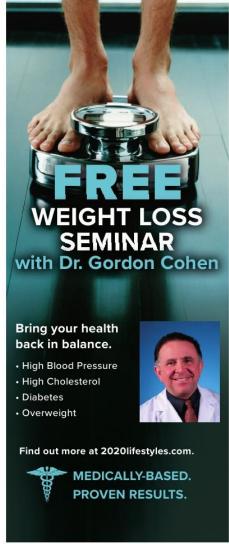
Learning how to do food tracking was my biggest takeaway. I like being able to track my calories and being able to measure the results on a day-to-day and long-term basis. When I eat poorly one day, I'm able to balance that out over the following days.

I did gain a little weight when we went on vacation, but I knew how to get back on track when we returned. Life is up and down. It's nice to know how to manage that.

Right now, I'm in better shape than I was in college. My trainer, David, has been a big part of that. He taught me the right way to exercise, such as how to lift weights with proper body mechanics without hurting myself. I liked how he gradually ramped up my exercise, making sure that my form was solid before adding on more weight. I continue to train with him even after the program. He provides a workout that I don't have to think about. I just do it and feel great afterwards.

I see myself getting fitter. My pants don't fit anymore and I have to wear a belt with everything. It was a real eye-opener to go to the store and think, "This is my new normal now. I'm a smaller size." Shopping has become a whole new experience.

I feel stronger and healthier than I did 10 years ago.



#### >> IN THE KNOW COMMUNITY

## ALASKA BRINGS THE JOY

The airline and its employees help make the holiday season a special time

#### By Jacob Uitti

>> While Alaska Airlines employees are known for giving to communities and those in need throughout the year, there is something about the holidays that makes helping others even more special.

Alaska partners with groups around the country each holiday season to help bring smiles to families in need, whether it is by supplying warm clothing, handing out gifts for those less fortunate, or simply spreading joy. The following are a few of the ways that Alaska employees are helping to make the season brighter.

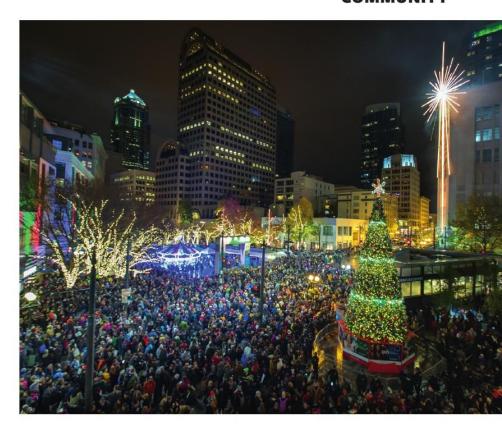
#### Alaska Toys for Tots

Captain Tom Sharkey may not look much like Santa, but the former military staff sergeant has delivered toys to tens of thousands of children across Alaska. Last year, Sharkey and the organization Alaska Toys for Tots teamed with the U.S. Marines to give Santa a helping hand and ship about 16,000 pounds of toys to 8,500 children throughout the state, from big cities to small outposts.

Sharkey, who has volunteered with Toys for Tots since 1993, sets up collection boxes for toys and ships the gifts on Alaska Airlines planes to a holding facility in Alaska where Marines, some dressed as Santas, deliver the gifts to children. In some remote areas, the Marines have to ride snowmobiles to make their deliveries. "It's all about the kids," Sharkey says. "There's just something about giving joy to a child in need. It's quite an overwhelming experience."

#### Community Ice Rink Clothing Drive

In San Francisco, Larkin Street Youth Services is helping homeless young people find hope by



providing employment, health care, housing and education programs.

On November 27, Larkin Street teamed with Alaska and the Safeway Holiday Ice Rink in San Francisco's Union Square to host Giving Tuesday, a day to collect donations of winter clothing-including coats, gloves, hats and socks—for Larkin Street's young people.

While a DJ played music and created a festive mood, families that donated clothing were able to skate at the rink for free and meet the mascots from the San Francisco Giants and San Jose Sharks.

Participants also had photos taken in a photo booth, enjoyed face paintings and entered a raffle, with the grand prize being a pair of roundtrip tickets to anywhere Alaska flies.

"Alaska has been a very generous sponsor of our annual gala," says Sherilyn Adams, executive director for Larkin Street. "People have a tremendous experience at the ice rink, and the support Larkin Street has received is amazing."

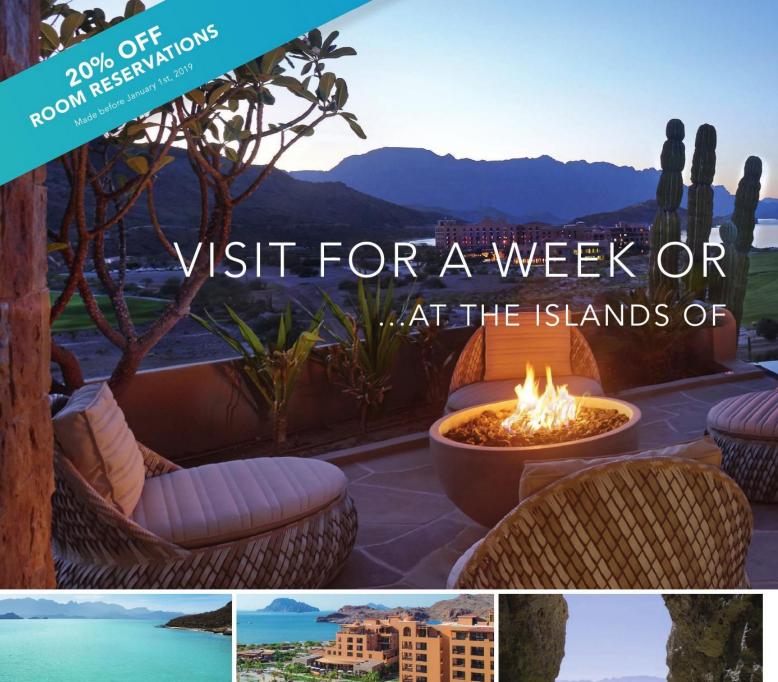
>>> The Christmas tree lighting celebration in Seattle's Westlake Park attracts thousands of people.

#### Supporting the Seattle Community

Part of the spirit of the holiday season is coming together to have fun and create joy. That is why Alaska was the presenting sponsor at this year's Downtown Seattle Association Christmas tree lighting celebration at Seattle's Westlake Park on November 23.

Alaska also teamed with DSA at the celebration to hold an ugly-Christmas-sweater competition, during which members of the crowd competed to see who had the ugliest Christmas sweater. The grand-prize winner of the contest was awarded a pair of roundtrip tickets on Alaska.

"Alaska Airlines is all about the community," says Lindsay Clarke, senior manager of sponsorships for the DSA. "Even though they are a major brand, they remain focused on staying local and getting involved in Seattle. It's very uplifting." ⊀









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#### >> IN THE KNOW **OUR PARTNERS**

## **OMOTENASHI** IN FLIGHT

Japan Airlines Business Class excels in the details

)) My wife, Megan, and I have spent years traveling throughout Asia, but Japan is one of our favorite destinations. The excellent hospitality, amazing food, and peaceful parks and temples make it appealing in any season. Our most recent trip was on Japan Airlines and included stops in Kyoto and Osaka. We enjoyed JAL's International Business Class on our return flight out of Osaka, stopping a few days in Honolulu.

Our flight to Honolulu was aboard a Boeing 777-200 that featured the JAL Sky Suite III-a reverse herringbone design that provides a good combination of space, privacy and comfort. The 1-2-1 seat configuration gives all passengers direct access to an aisle.

We settled into two center seats, where a blanket, pillow, slippers, noise-canceling headset and amenity kit were waiting for each of us. A small cubby near the headrest provided a place to store personal items so we wouldn't need to reach into an overhead bin. I stretched out my legs to the ottoman in front of me, and we indulged in a glass of Champagne.

In Japan, be sure to look outside when the plane pushes back from its gate. It's common for JAL ground crews to stand in line and wave to departing passengers. The excellent hospitality in Japan, known as omotenashi, shines through everywhere you go.

The crew had a surprise for us once we were in the air. They had noticed it was Megan's birthday and one of the flight attendants stopped by with a gift bag that included a personal note, a model of our plane, and a few Jean-Paul Hévin chocolates. Touches like this always make the experience more memorable.

During the beverage service, flight attendants also passed out menus. JAL's BEDD program emphasizes its relationships with more than a dozen chefs in designing menus in every cabin class. For our flight, the menu had







two selections, either a Japanese meal with sea bream and chicken or a Western meal with a beef steak and a stuffed red bell pepper. Both options included a sampler of small appetizers and concluded with a mango mousse.

After dining, I settled in to watch a movie. JAL has dozens of classic films and new releases, and I've never run out of things to watch on the JAL MAGIC entertainment system.

I've almost never slept well on planes, but a fully flat bed with ample space in the foot well makes a big difference. I'm over 6 feet tall and I slept perfectly fine for about half of our 8-hour flight. The cabin was still dark when I awoke, but a flight attendant quickly noticed me and stopped by to offer a warm towel and a cup of coffee. I had another cup and a pastry while waiting for the formal breakfast service to begin. We soon began descending to Honolulu, and the cabin began to buzz with anticipation.

>>> Among JAL's International Business Class seating arrangements is the JAL Sky Suite III, with spacious and comfortable fully flat beds, complemented by inflight service that includes an elegant dining experience.

One of the best parts of international travel is being able to experience the culture a little longer by flying with a local carrier. JAL certainly makes an extra effort to make us feel welcome with their spirit of omotenashi.

Mileage Plan members can earn or redeem miles when flying on JAL. The airline operates flights from Tokyo-Haneda airport and Tokyo-Narita to U.S. cities including San Francisco, Los Angeles and San Diego. Daily service between Seattle and Narita begins March 31, 2019 (subject to government approval). ₹

Scott Mackenzie blogs at Travel Codex.

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# ON POINT,





### **FEAST MODE**

How to go big and cook for large gatherings

#### By Tom Douglas



)) Do you get nervous when you have to throw a dinner party over the holidays? Do your palms sweat just thinking about it? Do you avoid the possibility at all costs? Well, it's time to put away your fear of The Big Dinner. Whether you are cooking for four or 14, there are things you can do to help remove the drama and bring on the feeling of satisfaction from cooking for your friends and family.

Let's start with a Feast Plan. As part of this, you're going to need a menu plan, a china/glassware/silverware plan, a recipe/grocery plan, a beverage plan and a decor plan. It sounds like a ton, but if you write it all out, you'll avoid getting flustered at the last minute, and you'll enjoy your evening along with your guests.

For the menu plan, I like to start out with an antipasto set. Grilled veggies, cheeses, olives, rosemary crackers and sliced charcuterie can be arranged ahead of time on a favorite wooden cutting board. These items work well served family-style as a quick start to the meal. A soup or salad course is another item that can be prepped in advance and garnished right at the moment of service. As entrees, long braises such as beef short ribs or chicken cacciatore are perfect for a large group, because it's hard to overcook them. Wild salmon is a last-minute item that cooks super fast. Try to pair the fish with simple sides that don't need much attention, such as roasted spaghetti squash or ginger steamed rice. After the savories are finished, I plan a break to reorganize before serving my favorite party dessert: triple coconut cream pie!

Even though I've been preparing and hosting meals professionally for many years, I still accept or ask for

#### >> ON POINT

#### **FRESH TAKES**

help when I'm inviting guests over. People will likely ask you, "What can I bring?" or "How can I help?" And it's OK to give people jobs as part of your Feast Plan. I even ask my closest friends to help clear, rinse and stack to keep control of the dishes and utensils used during dinner. For example, you might need the appetizer forks for the dessert course, so plan which people you can ask to make that happen.

Beverages are the easiest to delegate. However, you have to be clear about your needs. Let's say you would like a Champagne or other sparkling wine with your arrival appetizers, a white wine to go with your steamed wild salmon, and a beefy red to match up to your luscious braised prime short ribs. It's fine to be specific when you want a *crisp* white or *robust* red wine. Just don't ask anyone to bring a wine based on its price point.

Getting help on the food can be trickier. If guests are invited for a home-cooked dinner,

then I always prepare a menu plan and shop and cook accordingly. If it's a holiday party, and everyone is asked to bring a side dish to my house, I issue specific requests to my guests. To the best cooks in my friends-and-family group, I give the hardest dishes to make, such as real pumpkin pie or creamy au gratin Yukon Gold potatoes. For nervous cooks (or those with less experience), I often buy the ingredients I want them to use for a salad or appetizer, and I ask them to come a few minutes early to put the dish together with me. If you have kids, by all means, pass down the family recipes by including them while cooking for the feast.

One simple trick for streamlining the event is to get the decor and table setting out of the way a day early. Plan your color scheme based on your platters or china, and use masking tape to label each stack of dishes with the course it will be used for. This way, when you are ready to plate, and things are getting steamy in the

kitchen, your earlier decisions will be easier to implement. If you have the space, make sure to warm up oven-safe service ware (by putting in a warm oven for a few minutes in advance of plating). This will help keep your feast warm at larger functions, since the meal often sits for a bit while everyone gets their share.

No matter the outcome, your effort will be appreciated by all (or else you need new friends—ha). Hosting and sharing a meal is a generous, spiritual gift. While your friends and family benefit from your delicious food and gracious hosting, there is also an immensely satisfying sense of accomplishment for you, sharing time and generosity with company you enjoy. And afterward, you can relax and wish everyone a safe journey home, knowing that you've created a memorable event. Cheers! ⊀

James Beard Award-winning chef Tom Douglas owns 16 restaurants and eateries in Seattle.







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### CULINARY DISCOVERIES

Exotic dishes at California restaurants evoke fond world-travel memories

#### By Rob Dunton



>>> I tear off a piece of injera, a crepelike creation big enough to cover a serving platter, and scoop up a mouthful of yebeg siga wot, an Ethiopian lamb stew seasoned with garlic, ginger and berbere, a blend of powdered spices. The injera tastes similar to sourdough, while the stew's rich, powerful flavor is unlike anything else I know.

I'd yearned for this type of food since an unforgettable dinner in Addis Ababa during a layover in Ethiopia on a trip from Egypt to Kenya. When I arrived back in California, I discovered the family-owned Red Sea Ethiopian Restaurant in San Diego's City Heights neighborhood. The kindness and grace of the Red Sea staff is heartwarming, and in addition to the previously mentioned dishes, I enjoyed the presentation of the coffee ceremony at the end of the meal. The ceremony honors both the guest and the tradition: Coffee beans are roasted at the table, ground

with a mortar and pestle, brewed in an unusually shaped clay pot and served with centuries-old hospitality. Discovering Ethiopian food introduced me not only to a new range of flavors but also to different ways to prepare, present and eat a meal.

At home and on the road, I enjoy searching for dishes that etch a place in my heart and mind, and I can take a global culinary tour in my home state of California, thanks to a collection of superb restaurants some humble, some stylish—that take me back to exotic destinations I've known and loved.

India in Redwood City: At an outdoor cafe in Jaisalmer, India, I ordered an unusual dish called dum aloo Kashmiri, consisting of small fried potatoes in a curry sauce that had been blended with yogurt and tomatoes. The crispness of the potatoes and the balance of textures and spices were sublime. The dish launched my ongoing hunt for excellent Indian food.

#### >> ON POINT

#### VIEW

On a recent business trip to the San Francisco Bay Area, I happened upon Broadway Masala in Redwood City. I tried stuffed naan, filled with mushrooms, truffle oil, onion, cilantro and applewood-smoked bacon. For my entrée, I enjoyed fig-and-walnut *kofta*: handformed "dumplings" made with paneer (a soft Indian cheese), ground walnuts and figs, served in a fragrant tomato sauce. With each bite, memories of Jaisalmer flooded back as I savored the exceptional flavor and texture.

Mexico in Los Angeles: My brother Jay and his wife, Lori, live in an LA suburb, and both are superb cooks and adventurous eaters—they know the local food scene well. One of their favorite finds is Moles La Tia, a Mexican restaurant, with Oaxacan elements, transplanted into East Los Angeles. It serves traditional mole—a classic sauce, dark and rich, with bitter chocolate as one of its key ingredients.

I've enjoyed mole from Puerto Vallarta to

Loreto, Mexico, and was delighted to learn that Moles La Tia offers seven different kinds, from pistachio mole to mole made with red chilhuacle chiles and cinnamon. Each variation—different options are served over shrimp, salmon, pork or chicken—should be experienced. Set aside time, because the place is always busy, and is first-come, first-served.

Spain in Santa Barbara: On date nights, my wife and I tend to dine out in our hometown of Santa Barbara. A particularly memorable meal consisted of delving into an array of creative tapas offered at Loquita. Our table was alfresco and situated near a cozy firepit, reminiscent of nights in Barcelona or Sevilla. Though I've enjoyed tapas throughout Spain, the dozenplus on the Loquita menu—which changes seasonally—were all new to me. We sampled more than half. Some of our favorites included Secreto (acorn-fed pork with peach chutney) and Ensalada Hinojo (fennel, Castelfranco

radicchio, Manchego cheese, walnuts, Granny Smith apples, honey dates and honey vinaigrette). All the flavors were balanced, and each ingredient was clearly selected for its peak flavor. Loquita also offers a creative collection of cocktails, as well as fine wines, sangria and a location two blocks from the ocean, providing a Central Coast take on a Spanish classic.

Of course, like many people, I eat my share of burgers-on-the-go and cereal-from-a-box, but whenever I enjoy exploratory dining, it reconnects me to the incredible diversity, vibrancy and creativity of people and places I've visited around the globe. Whether the cuisine has been transferred from another country or reflects my own community's contribution to culinary culture, dining out is a wonderful way to experience the world.

Rob Dunton is a Southern California writer and photographer.



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#### >> ON POINT SAVVY TRAVELER



#### INFLIGHT COMFORT

Tips for feeling at home on the plane

#### By Johnny Jet

>> I've been traveling extensively for more than two decades. And with more than 100,000 miles spent on planes yearly, I've developed a few tricks to stay relaxed and cozy while heading to my destination. Here are my best tips for an extra-comfortable flight.



#### Book your seat in advance

When you book your ticket, take a moment to select the best seat for your needs. If I'm on a red-eye, for instance, I reserve a window seat so that I can prop my head up against the window and sleep. But everyone is different, so figure out what's best for you. If you're not sure which seat will work best for you, check out SeatGuru (seatguru.com) for guidance. The website, created by TripAdvisor, allows you to search for your flight, then shows you the seat map of the aircraft model, with additional information listed for each seat. You can find out details you may not have even considered, such as whether or not your seat has AC power or the option to recline. In addition, SeatGuru shows user reviews for seats and plane models.

#### Dress accordingly

When I fly, I always wear clothes that are loose and comfortable. I also make sure to bring a sweater and extra socks, since planes tend to be kept cool. I'm a firm believer that one of the most important things you can do to stay comfortable on the flight is wear clothes that make you feel at ease.

I'm certainly not suggesting you wear your pajamas to the airport, but if you're on an overnight flight, you might want to pack them in your carry-on. I know many business travelers who, when taking an overnight flight, wear suits in the airport and boarding the plane, and then change into sweatpants or PJs after takeoff. I'm one of them. The trick is to use the restroom to change right when the seatbelt sign goes off the first time, when most passengers are still seated. If you'd rather fall asleep before takeoff, then change in the airport bathroom before boarding.

#### Download movies and apps

Download your favorite apps, movies, books, shows and games in advance for easy access to entertainment in flight. You can use the Gogo Entertainment app on most Alaska Airlines flights to watch Alaska Beyond Entertainment's selection of free movies and TV shows (please see page 188 for more information).

#### Set up your space

I know that some people think neck pillows look ridiculous, but if they help you get better sleep, bring one. I like Ostrich Pillows and Cabeau's Evolution line, since they both offer unique, ergonomic designs.

If I'm sitting in the bulkhead or exit row and have extra legroom, I create a makeshift footrest using my small rolling suitcase. Once the plane has reached cruising altitude, I move the suitcase in front of me, put a blanket or sweatshirt on top of it for a bit of cushion, and use it to prop up my legs.

Because I can't always control the sound around me, I always bring headphones and make sure my phone is loaded with music. I also pack a comfortable blackout eye mask and earplugs to ensure that, if I need to sleep, I won't be awakened. Before trying to get some shut-eye, I buckle my seatbelt over my outermost garment so that the flight attendants can see it and won't need to wake me if the seatbelt sign goes on. Then I relax and enjoy my flight. I hope with these tips, you'll enjoy yours even more, too. 🛪

Johnny Jet is a Los Angeles-based travel expert who visits 20 countries each year. Read more of his travel tips at johnnyjet.com.





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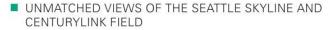




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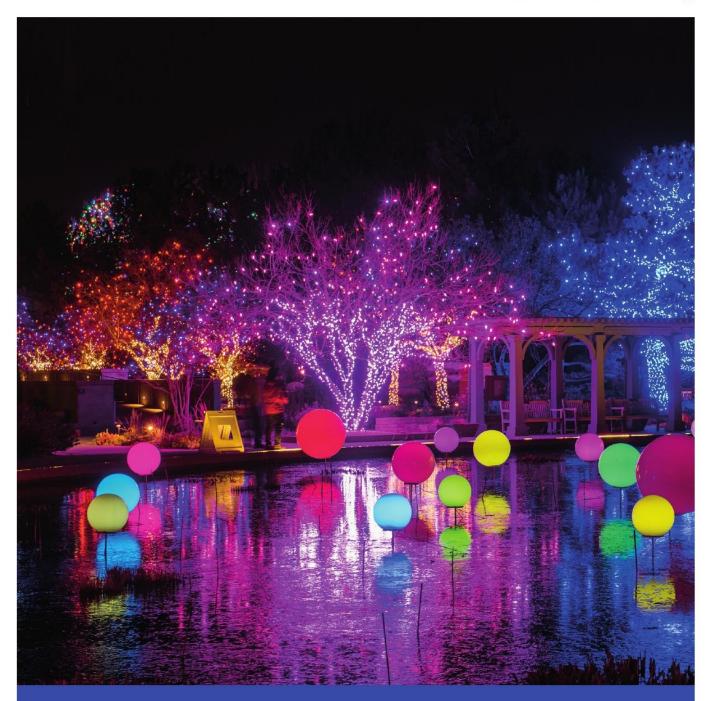
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# THE FEED,



#### **GLOWING GARDENS**

>>> Rap your hands on a drum or speak into a microphone to watch a field of light change color and appear to move. The interactive, sound-responsive LED light display is one of the highlights of the 30th-annual Blossoms of Light at the Denver Botanic Gardens, through Jan. 1.

The event, which expects about 160,000 visitors, showcases nearly 1 million lights illuminating the

gardens' 24 lush acres at the York Street location. Other features include glowing orbs (pictured) that seem to float on icy water; live carolers; and vendors selling hot chocolate and roasted nuts. Guests can also purchase HoloSpex glasses to add 3D elements to some displays.

For more information, visit botanicgardens.org.



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#### **ART THAT REQUIRED HANDIWORK**

>>> Pittsburgh artist Kim Fox used to be a beekeeper. This experience has influenced her art, which is on display in "Handwork: Kim Fox" at Contemporary Craft's BNY Mellon Satellite Gallery in Pittsburgh, through Jan. 5.

Fox's beekeeping past is apparent in work such as Honeycomb (pictured below), which features a colorful quilt of hexagon-shaped tin pieces. In addition to Honeycomb's beehive aesthetic, its creation also represents a busybee work ethic and a sense of community. To make it, Fox cut the reclaimed tin cans by hand, and then composed and nailed the pieces onto a salvaged wood panel.

The exhibit is presented by Contemporary Craft, a nonprofit that promotes modern craft, and features six pieces, including four tin quilts, meant to reflect Pennsylvania's tapestry of urban and natural landscapes. For more, visit contemporarycraft.org/exhibition/handwork. - Pooja Galgali





#### SHOWING OFF THE LATEST CARS

>> At the San Diego International Auto Show, guests can test-drive nearly 100 of the newest models from manufacturers such as Chevrolet, Chrysler, Dodge, Fiat, Lincoln, Ram and Toyota. Guests can also see the more than 20 models making their public debuts at the auto show, including the 2019 Audi e-tron SUV.

The event, which is being held in the San Diego Convention Center from Dec. 27 to 30, features more than 400 vehicles from more than 30 manufacturers. Highlights include a 15,000-squarefoot exotic-car vault, showcasing the latest from European automakers such as Aston Martin, Lamborghini and McLaren. At Camp Jeep, professional drivers take attendees on rides through a 5,000-squarefoot obstacle course with an 18-foot, 35-degree-sloped mountain.

For more information, visit sdautoshow.com. —Raelynn Sheridan

#### CODE GAMES

At the Strategic Air Command & Aerospace Museum's "Game On: The History and Science of Gaming," visitors not only can play classic videogames, they can learn elements that go into making them.

The exhibit, showing through Jan. 6 at the museum in Ashland, Nebraska, features tablets with preloaded apps instructing guests on basic drag-and-drop coding

practices that are used to create videogames. Additional apps help visitors learn how to design animated characters.

Exhibit guests can also play videogames such as Super Mario Bros., Space Invaders, Ms. Pac-Man and Centipede in formats ranging from traditional arcade setups to consoles with game action projected onto walls. There's also a jumbo Lite-Brite Magic Screen, plus physical puzzles to be solved. A theater presentation covers the history



of gaming, from early animation through

Visit sacmuseum.org/what-to-see/exhibits for more information. —Pooja Galgali

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### LA PHIL CONDUCTS CENTURY SEASON >>> For its 100th year, the Los Angeles Philharmonic, which The New York Times recently called "America's most important orchestra," has commissioned more than 50 new works from a variety of composers, including John Adams, Unsuk Chin and Tyshawn Sorey. The centennial also features prominent musicians such as violinist Ray Chen, as well as all of the LA Phil's living previous music directors. Performances include former LA Phil music director Zubin Mehta guest conducting Brahms' Symphony No. 1 and Symphony No. 2, accompanied by pianist Yefim Bronfman, Dec. 13-16. Current music director Gustavo Dudamel (right) will lead a sampling of iconic themes from the movie scores of composer John Williams, Jan 24-27. For more, visit laphil.com. - Cassie Kang



#### SINK YOUR TUSKS IN

)) Like Alaska itself, the walrus and polar bear, or the aivig and nanuq as they are called in the Inuit language, are powerful yet vulnerable. They are behemoths in size, and yet their way of life is ever shifting in a modern world. Still, Alaska and these grand creatures continue to adapt.

This is the idea explored in "Aivig and Nanug: Sea Horse and Sea Bear of the Arctic," at the Anchorage Museum through May 12. The 8,000-square-foot exhibition features 93 pieces, such as Alvin Amason's Oh My Heart

(above) and Charles Sidney Raleigh's 1889 work Chilly Observation, which is an oil on canvas depicting a polar bear watching ships from atop an iceberg.

The exhibit highlights the long-entwined histories shared by the walrus and polar bear and Alaska Native peoplesfrom predator-prey to cohabitants-and features the work of several Alaska Native artists, including Amason and Sonya Kelliher-Combs.

Visit anchoragemuseum.org for more information. —Pooja Galgali

#### CATCH COLLEGE FOOTBALL'S BOWL SEASON

>>> In last season's College Football Playoff National Championship, Alabama overcame a 13-0 halftime deficit to beat Georgia, 26-23. Still ranked among the top teams, these two schools could find themselves in a rematch in this year's national championship, which will be Jan. 7 at Levi's Stadium in Santa Clara, California.

Of course, with other top contenders such as Clemson, Notre Dame, Michigan and Washington State pursuing their own title hopes, the only guarantee is that college football fans are in for an exciting bowl season.

Beginning Dec. 15 with six different bowls, the schedule features more than three dozen matchups that include the College Football Playoff Semifinal games on Dec. 29 and the national championship.

For more information, visit ncaa.com. — Cassie Kang





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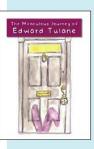
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#### **PLAY TIME IN IDAHO**

The protagonist in The Miraculous Journey of Edward Tulane is a vain and egotistical toy rabbit made of expensive china, and he doesn't care that a girl named Abilene loves him. But when Edward Tulane falls overboard on an ocean voyage, he begins a journey that teaches him



what it is to love, lose love and love again. The play is at The Liberty Theatre in Hailey, Idaho, Dec. 12–30. Edward, who can't move or talk, meets several

people—including a farmer in need of a scarecrow, a boy with a sick sister, and a grieving elderly couple—who help the toy rabbit on his transformational path.

The play was adapted by Dwayne Hartford from the book by Kate DiCamillo.

Visit sunvalleycenter.org for more information. —*Pooja Galgali* 



#### AN EXHIBITION WITH CLOUDS COVERED

**)> In Asian art, clouds** have historically played myriad roles as visual elements, ranging from recurring motifs to framing devices. "Jacob Hashimoto Clouds and Chaos," which is at the Crow Museum of Asian Art in Dallas through April 7, explores the physical and amorphous nature of clouds through a site-specific installation and prints.

The exhibition's central work, *Nuvole* (2006–2018), which means "clouds" in Italian and is shown above, features circular kites constructed from bamboo and handmade paper imported from Japan. The kites,

hung from the ceiling to create the form of a continuous cloud, are all recycled from previous Hashimoto artwork, demonstrating that small parts can be reassembled to create new meaning.

Other pieces in the exhibition include a selection of Hashimoto's colorful woodblock prints being exhibited for the first time in a U.S. museum.

Born in Colorado and living in New York, Hashimoto has had his work showcased around the world. For more information, visit crowcollection.org. — Cassie Kang

#### **NEW RAPA NUI DISCOVERIES**

**)> In addition to being the site** of more than 900 mysterious stone *moai* monuments, Easter Island, or Rapa Nui, is also home to 30 fish species found nowhere else in the world. The unique marine environment of the island, which is 2,300 miles west of Chile, is just one aspect that visitors can discover in "Rapa Nui: The Untold Stories of Easter Island," at Honolulu's Bishop Museum through May 5.

The exhibit is the result of work by Bishop Museum researchers and collaborators, and it highlights some lesser-known aspects of the island's history and culture, through more than 150 artifacts. For example, the exhibit displays preserved specimens of native fish, as well as information about sustainable agricultural practices developed by the island's ancient inhabitants.

A highlight is the museum's collection of 30 *kai kai*, or string figures (shown right), which Polynesians on the island used in oral storytelling.

For more information, visit bishopmuseum.org/rapa-nui. —Cassie Kang



### >> THE FEED THE MIX

# MUSIC FESTIVAL MARCHES ON

>>> Make Music Winter, an outdoor participatory festival that started in New York City in 2011, is set to expand nationwide to more than 30 U.S. cities this year. New destinations include Anchorage, Alaska; Fort Lauderdale, Florida; Pittsburgh; San Diego; and Spokane, Washington.

The celebration occurs on the winter solstice, Dec. 21, turning the shortest day of the year into one of the most fun. Participants take to the streets to sing, dance and play instruments, making and sharing music of all kinds. Hosts in each city organize their own meeting places and events. For instance, in New York City, an Appalachia-themed dance-



and-fiddle parade called Flatfoot Flatbush travels down Flatbush Avenue beginning at sunset. Los Angeles is hosting Bell by Bell, a parade in which conductors wave color-coded flags instructing participants when to play.

Make Music Winter is the cold-weather counterpart to Make Music Day, which is a global event celebrated in more than 120 countries on June 21, the summer solstice.

Visit makemusicwinter.org for more information. —Raelynn Sheridan



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#### HOMING INSTINCT

Best-selling novelist Kristin Hannah gives setting a key role in her narratives

#### By Kristianne Huntsberger

)) "Part of life is finding the landscape that matches your inner journey," says Kristin Hannah, best-selling author of The Nightingale (2015) and The Great Alone (2018). She is sitting on her living room couch while, outside the window, sailboats bob on the bay and thin clouds drift over treetops near her house on an island located near Seattle. Living close to water is pivotal to Hannah's sense of home, which is why she splits her time between the Puget Sound area and Hawai'i. It's also why, every other year, she visits Alaska, which she calls one of her top-10 favorite places on the planet. Alaska, Hannah explains, "changes who you are and how you relate to the natural world."

Hannah set The Great Alone in a fictitious homesteader town outside Homer. She felt the larger-than-life landscape of Alaska demanded equally big characters with complicated histories (often marked by a momentous move to the 49th state). As the novel's protagonist, Leni, notes, "Everyone up here had two stories: the life before and the life now."

In her own "life before," Hannah was an attorney, but a period of bed rest while pregnant with her son opened a possibility for writing, and she took it. "I'll try for five years, and if I haven't sold anything by the time he goes to first grade, I'll go back to the law," Hannah recalls saying at the time. "I sold my first book when he was 2."

Today, Hannah is the author of more than 20 novels, including The Nightingale, about sisters at the time of the World War II French Resistance. Hannah's books often require extensive research, but for her most recent, focused on a teenage Leni and her family trying to make new lives in Alaska, Hannah used her personal experience of the landscape around her family lodge on the Kenai Peninsula. "Place is kind of the star of the book," says Hannah, who also wrote bits of her own childhood into the main character's. "I'm the same age today that Leni would have grown to be. So there's my experience in the mid-1970s and what it was like to move around, to go to different schools, to not quite fit in sometimes-and how books kept me going."

In The Great Alone, as in The Nightingale, women's stories are central. Alongside the rigors of off-the-grid



>>> Kristin Hannah chose Alaska as the main setting for her recent best-seller. The Great Alone.

life in Alaska, Leni and her mother face the challenges of living with Leni's increasingly unstable father. "I didn't realize that I was writing about strong women overcoming and surviving difficult odds until everyone started telling me that I was," says Hannah, with a chuckle.

Echoing the blockbuster success of The Nightingale, The Great Alone was, as of mid-November, one of Amazon's Top 20 Best Books of 2018 and also in the running for a 2018 Goodreads Choice Award.

Both books have been optioned for films, driven by women-led writer-director-producer teams, and set to enter production soon. This excites Hannah: "I think, as a moviegoer, I'm ready to see a movie about World War II that is about the women," she says, "and a movie about Alaska that is about women surviving and thriving."



### DATING. UNPLUGGED!

CLICK, TAP, SWIPE, REPEAT. IT'S ALL SO... IMPERSONAL. ONLINE DATING WAS SUPPOSED TO MAKE FINDING SOMEONE EASIER, SO WHY DOES IT FEEL LIKE SUCH A CHORE?

With a career that took up a lot of What was working with a his time and energy, online dating had begun to feel like Rick Swanson's second job. He spent hours filtering through online dating profiles but time after time, the spark just wasn't there. That's when Rick saw an ad for It's Just Lunch (IJL) in an airline magazine and decided to give matchmaking a try.

Today, Rick credits It's Just Lunch with introducing him to the love of his life, Kristina.

#### Life before It's Just Lunch?

Kristina: I just found the whole online dating thing completely unmanageable and daunting. I wanted someone who knew me to "fix me up" and when a friend suggested IJL, I did some research and found it to be the right "match" for me.

It's Just Lunch Matchmakers:

#### matchmaker like?

Rick: The interview process was really valuable. Sandra, my matchmaker, was genuinely interested in learning about me. She really wanted to understand what I was looking for in a woman, what I found attractive, what I found interesting, what intrigued me. We talked about my work, my outside interests, etc. When someone is leading you through the process, it makes you think. Sandra got me to reflect honestly on what I was looking for.

#### Best part of the IJL experience?

K: It was super easy because IJL arranged the dates. All I had to do was get ready and meet at the restaurant. And unlike online dating, I felt that my dates were interested in meeting quality people, not one-night stands. Your matchmaker calls you up with a match and then gives you the details of the date. All you have to do is show up and have fun!

#### What makes you two a great match?

K: He's comfortable in his own skin. He loves the fact that I am confident! I can just be who I am, and I've never felt so at ease with anyone else.

#### Advice for singles considering IJL?

R: Dating is a real challenge in our fast paced, always connected, and frequently impersonal world. Having a real person on your side, helping to find the right partner is a huge plus.

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#### DAY 1

>> We made it to Steamboat, where the skies are blue and the resort's snow is soft and deep. What a feeling to be in this much fresh powder!



Adventure expert and explorer
Abe Kislevitz is a pro when it
comes to the outdoors. From
hitting the slopes to catching
waves, he's ready for any thrill
he finds. He visited Steamboat
Springs, Colorado, as part of
Alaska's #WeekendWanderer
series. For more #WeekendWanderer posts, follow
@alaskaair on Instagram.

blog alaskaair com

#### SPARKLING STEAMBOAT

on our first morning at Steamboat. My friend and fellow media creator Chris Rogers and I met our guide, Alex Pashley (Pash), and spent the day exploring the Colorado resort's epic terrain, which totals nearly 3,000 acres and features 165 trails.

We found knee-deep snow throughout aspen glades and open bowls, and discovered what Steamboat's trademarked "Champagne Powder" is all about.

The next day we explored a little bit of everything—from groomers to steeps. The snow was falling, so we had free refills of the light powder all day long.

Just after sunset, we headed 7 miles north of the town of Steamboat Springs

to the privately owned Strawberry Park Hot Springs, where we soothed our well-worked legs in 104-degree water. We were even brave enough to dunk in an icy pool before going back in a hot one.

On our last day, Pash and his buddy took us on an adventure to Buffalo Pass, a skiing zone accessible by snowmobile northeast of downtown Steamboat Springs.

We headed up with sleds, skis and powdersurfing boards, and made it to the top at sunrise. The sky was a deep blue, and the snow was dry and plentiful.

We spent the morning doing laps, with snowmobiles toting us to the top so we could ride down. It was the perfect way to cap a truly amazing weekend.

#### THE FEED

#### **#WEEKENDWANDERER**

#### DAY 2



Skiing through Steamboat's famous "Champagne Powder" felt like riding through the clouds.



A relaxing soak in the warm pools at Strawberry Park Hot Springs provided the ideal end to a day on the slopes.



At Buffalo Pass, I rode a powdersurfing board, which has no bindings and is a cross between a surfboard and a snowboard.



What an incredible day exploring Buffalo Pass, a snowmobile-accessible skiing zone near Steamboat Springs.



# TOURING TAMPA

The Florida city is a center for adventure and culture

#### By Molly Urnek

#### >> The golden glow of a setting Florida

sun reflects off the still waters of the Hillsborough River as I stroll along the downtown Tampa Riverwalk. The popular river trail in this city of 385,000 is part of Tampa's Waterfront Arts District, and it showcases the region's focus on water. The city is located on Tampa Bay. To the west is a peninsula on the Gulf of Mexico that includes a number of communities, including the city of St. Petersburg.

Tampa is a popular cruise ship departure point and home to fishing charters, which take passengers angling in the bay and into the nearby Gulf of Mexico. Beaches such as Sand Key Park and Treasure Island Beach are located about 30 miles west of Tampa, and offer the prized Gulf Coast experience of white sand and warm water.

As I walk by the river, kayakers and folks on paddleboards pass by, while others pedal along on water bikes. You can even rent electric boats or take a ride on the Pirate Water Taxi, which gives tours of the Tampa Riverwalk and along the Hillsborough River. This month, the taxi service is offering River of Lights holiday cruises through December 30.

One of the attractions along the trail is Curtis Hixon Waterfront Park, a busy green space that is a center for city celebrations, concerts and free yoga sessions on Sundays.

#### A cultural center

The Waterfront Arts District is home to a number of museums, including the Tampa Museum of Art, housed in a striking building that was designed to look like "an electronic jewelry box" sitting on a glass pedestal. The building's embedded exterior lighting system is an art installation in itself, bathing the structure in a variety of colors.

The museum is best known for Greek and Roman antiquities. However, it also collects and displays modern artworks. Three current exhibits share the theme of love. Among the

#### >> THE FEED WHEN IN TAMPA

works on display through February 14, 2019, is Yayoi Kusama's Love Is Calling, an immersive, experiential work that invites visitors to listen to poetry while exploring a mirrored "infinity room" filled with soft sculptures that glow and change colors.

Next door is the Glazer Children's Museum, with a variety of hands-on activities and interactive experiences in a fun environment. A few blocks south is the Florida Museum of Photographic Arts, which has a permanent collection that includes the works of photojournalist Dorothea Lange, as well as Bud Lee's images of the 1960s and 1970s.

#### Exploring Tampa's wild side

Tampa is known for its animal preserves and parks, such as the Upper Tampa Bay Park, which has gopher tortoises, porpoises, zebra swallowtail butterflies and more.

At the Florida Aquarium, kids 6 and older can swim in tanks with various sea creatures. Certified divers, 15 and older, can swim with sharks. Visitors can also view animals such as lemurs, geckos and hissing cockroaches.

ZooTampa at Lowry Park has hundreds of animals that are divided into Africa, Asia, Australia and Florida habitats. The Florida area includes animals ranging from manatees to the endangered Florida panther.

North Tampa is home to the Big Cat Rescue

>>> Clockwise from top left: Tampa's Hillsborough River is a popular waterway. The Tampa Museum of Art is featuring the modern-artwork Love Is Calling by Yayoi Kusama. Certified divers can swim with sharks at the Florida Aquarium. A cyclist

animal sanctuary. The facility rehabilitates bobcats and cougars and houses leopards, lions, tigers and other exotic cats.

rides on the Tampa Riverwalk.

Those looking for a thrill will want to visit Busch Gardens Tampa Bay, which combines roller coasters and live shows into one exciting theme park. Busch Gardens also has various animal tours, including the Serengeti Safari, where you can feed a giraffe and see zebras, ostriches, rhinos and other animals. Near Busch Gardens is Adventure Island, an outdoor water park with rides and water features.

For dinner, visit the Columbia Restaurant, reportedly one of the largest Spanish-food restaurants in the world, with seating for 1,700 people. It was founded in 1905 in the Ybor City district, about 3 miles northeast of Tampa's city center, and now has multiple locations in the Tampa area. Food aficionados also will enjoy Armature Works, a large building that is home to the Heights Public Market, an open space with more than a dozen vendors offering a variety of excellent foods.

When the sun has set, Ybor City and Tampa's South Howard Avenue—also known as SoHo—offer some of the area's best nightlife. The Ritz Ybor has live music, and MacDinton's in SoHo is a vibrant gathering spot. ⊀

Molly Urnek writes from Tampa.







OPENING IN MIDTOWN MANHATTAN - JANUARY 2019 -



### >>> THE FEED OUT & ABOUT AUSTIN



# AUSTIN CITY LIGHTS

By Lara Hallock

#### >> Spinning under a kaleidoscope of light,

I pause to laugh and catch my balance. I look around for my husband, John, who shakes his head with a wide smile. He has accompanied me to the 155-foot-tall Zilker Tree, constructed in Austin each December with strands of colorful bulbs strung from one of the city's historic moontowers (public-lighting structures built in the late 19th century to provide artificial moonlight). The brightest bulbs, which are yellow, are placed strategically in a swirling pattern, and the effect is enhanced when you spin underneath—a holiday tradition for hundreds of thousands of locals and visitors alike. The tree is lit from 6 P.M. to midnight nightly through December 31, and overlaps the run of Austin Trail of Lights (December 10-23), which also features large, wintry light displays. Both attractions are held in Zilker Metropolitan Park.

John and I are spending the day in and around the Zilker neighborhood, near the south bank of Lady Bird Lake, which stretches through town. We started the afternoon at Juiceland, on Barton Springs Road, where I ordered the hearty Moontower smoothie. The drink, made with almond milk, bananas, rice protein, dates and cacao, is named after the city's landmark structures, 15 of which are still in use. The towers, including the one with the Zilker Tree, provided some of the city's early



This month, Austin's
Zilker Park gets festive
with the Zilker Tree and
Austin Trail of Lights,
top. Other area highlights include a statue
of musician Stevie Ray
Vaughan, above, and
beautiful green spaces
and waterfront, left.

street lighting. Austin is the only city that still uses such towers, and the architectural wonders are listed in the National Register of Historic Places. The city pays tribute to them in various ways, from the name of a smoothie at Juiceland to the popular Moontower Comedy Festival, which features well-known and emerging stand-up comics, April 24–27 next year.

Beverages in hand, John and I walked a few blocks to the waterfront, where the 10-mile Ann and Roy Butler Hike and Bike Trail runs along the lake. Kayakers and standup paddle-boarders glided by, one with a pet duck perched on the stern and another pausing to enjoy the view of the downtown skyline. They likely rented their craft at one of the stands that line the lake. Strolling along the gravel path, we passed joggers running with their dogs, a group of students taking photos, and a bronze statue of musician Stevie Ray Vaughan clutching flowers that someone had placed in his hand.

Vaughan performed in Austin often during his career, including at The Continental Club, which still hosts live music nightly about a mile away from where the statue stands. The club is one of the many entertainment options in south-central Austin. Visitors can also enjoy film-food-and-drink experiences at Alamo Drafthouse Cinema, shop at boutiques on South Congress Avenue or play nine holes at Butler Park Pitch & Putt. Food and beverage options abound, including house-made pasta at Vespaio, modern Southern-style fare at Odd Duck and avocado margaritas at Curra's Grill.

With time to spare after visiting the Zilker Tree, we stroll a leisurely 2 miles for food and live music at Güero's on South Congress. Sitting down at a table in a garden amid large live oak trees, we notice that a band has just arrived and is setting up. We order a bowl of queso with chips, plus a couple of margaritas, and celebrate a fun day of activities. 

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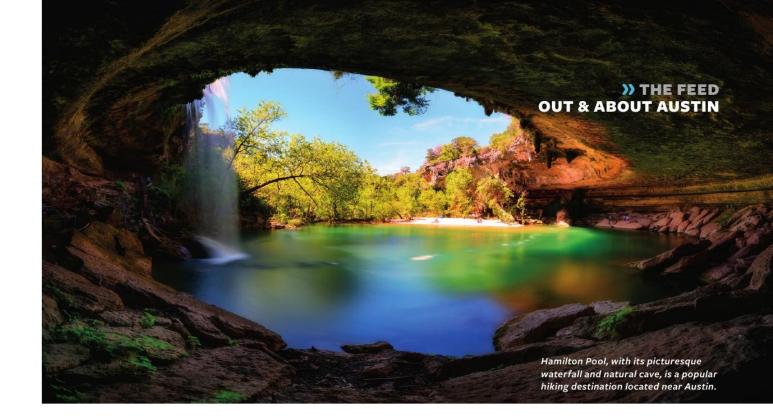






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#### **A GROTTO IN** HILL COUNTRY

By Lara Hallock

>> "Howdy!" My friend Lorraine greets two passersby as we hike along a trail at Hamilton Pool Preserve in Central Texas. I have assured her—a Californian visiting my hometown of Austin—that the seemingly overthe-top greeting won't give anyone reason for pause.

"Hi!" the other hikers respond brightly. Lorraine seems satisfied that her effort to sound like a Texan has gone over swimmingly. When we planned the trip, she said she was excited to experience the laid-back, friendly culture she associated with Texas, as well as the rugged nature she'd seen in films based in the state. So Lorraine, my brother Ryan and I are spending the afternoon visiting one of my favorite local parks.

Hamilton Pool Preserve comprises more than 230 acres of protected land about 30 miles west of Austin. It's most famous for its eponymous natural pool, which has a 50-foot waterfall and a grotto formed thousands of years ago, when the cavern roof of an underground river partly collapsed. Because we are visiting on a Thursday and during a coolerweather month, the park is relatively uncrowded.

We hike about a quarter-mile under a canopy of bald cypress and other trees before reaching Hamilton Creek. Here, we have a decision: To the left, the trail follows the creek about a half-mile through the canyon to the Pedernales River. To the right, a short quarter-mile hike on rocky terrain leads to the waterfall and grotto. Both options are relatively easy, but they can be steep in some places. As we head right, I excitedly point out native plants, such as a Turk's cap, with its bright pops of red flowers and berries, and canyon mock orange shrubs, which have fragrant flowers in spring. The preserve is also home to many types of native fauna, including the endangered golden-cheeked warbler.

We continue along the creek, and soon the trees open to reveal a scene that appears frequently on Instagram and travel blogs. Cool water spills into the pool from the limestone outcroppings above. Golden light filters through trees and sparkles on the emerald water.

A family lounges on one bank of the pool, with two kids passing a miniature football from increasingly greater distances. Life jackets hang from racks with a sign that indicates they are free to use for anyone interested in taking a dip. You can swim here provided there are no restrictions. It's always advisable to call ahead or check the park website before getting in the water, which is home to carp and other fish.

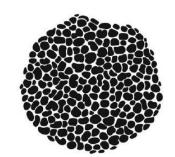
We explore the grotto behind the waterfall, taking a few photos before stopping to sit on large, weathered rocks. I feel the fresh breeze off the water and take in the view. \*

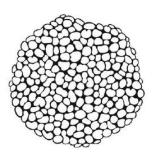
#### **ADDITIONAL INFO**

- To learn more about the protected plants and animals in Hamilton Pool Preserve, visitors can take a guided hike, offered each Saturday, October through April, or a self-guided tour, for which maps are available at the preserve's welcome center.
- The preserve is open daily, year-round, with reservations required for entry on weekends and holidays, as well as on every weekday March through October. It is recommended to make bookings well in advance. To make reservations or find more information about the area, visit the Travis County Parks website at parks.traviscountytx.gov. —L.H.









# IT'S TRUFFLE SEASON IN OREGON WINE COUNTRY

There's just something about truffles – the earthly fungi, not the chocolate – that is all at once irresistible, seductive and perfectly paired with everything from scrambled eggs to popcorn.

Oregon Wine Country, it turns out, isn't only perfectly suited for the growth of Pinot noir and other cool climate varietals, it's become the epicenter of truffles.

Wild black and white truffles can be foraged each fall and winter by hand (or with the help of truffle dogs) in the shaded ground of Willamette Valley Douglas firs.

Chefs and food innovators in the Willamette Valley understand and embrace the truffle's delicate seasonality and use them in dishes throughout the winter months. We even have a festival where both truffle connoisseurs and the truffle curious attend and participate in dinners, tastings, demonstrations, workshops and foraging events.

The 14th annual Oregon Truffle Festival takes place January 24-27 and February 15-17, 2019 where dozens of events throughout Oregon Wine Country in Newberg, McMinnville, and Eugene celebrate all of what the mysterious and elusive truffle has to offer.

Learn more about Oregon Truffles and the 14th Annual Truffle Festival at oregonwinecountry.org/events



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#### >> THE FEED **PLATES & POURS**





#### THE SWEETEST GIFT

By Naomi Tomky

>>> Professional baker Mariela Camacho's Mexican-American family in Texas never really made cookies for the holidays when she was growing up. "We always bought them," says the owner of Comadre Panadería, a wholesale and pop-up bakery in Seattle. "Chocolate chip cookies were a big deal for us, because we didn't grow up eating them." The family only ate them on special occasions, she says. These days, homemade chocolate chip cookies are just part of the seasonal routine for her. "I like to do two kinds of chocolate, a superdark 82 percent cacao and a 70 percent cacao, and add a spice mix with cinnamon and cloves, along with some pecans," she says.

Comadre Panadería provides cookies and other baked goods for Seattle coffee shops such as Resistencia Coffee and restaurants such as Damn the Weather and Bait Shop, and runs the occasional pop-up showing off her guava-and-cream-cheese empanadas and updated versions of Latin American baked goods such as *puerquitos*—pig-shaped cookies that she flavors with mole spices. "With so much going on," she says, cookies make the perfect gift for the holiday season. "It's nice to have simple things that say 'Hey, I thought about you."

Cookies are also easier to make than many people think, says Rebecca

Firth. The book author and creator of the website Displaced Housewife devoted an entire chapter of The Cookie Book to "The Ultimate Holiday Cookie Exchange." Making cookies might seem like a project, but they take less time than you might imagine, she says. As the holiday season approaches, she recommends making dough ahead of time, wrapping it tightly, and freezing it so it's ready to bake when an occasion arises.

To give cookies an extra holiday flare, Firth incorporates warming spices, much like Camacho does. For a unique touch, Firth adds Chinese five-spice powder, which typically includes Chinese cinnamon, star anise, cloves, Sichuan peppercorn and fennel seeds, to pastries such as her Five-Spice Cranberry Mooncake Cookies.

"It's the little things that make cookies look festive," she notes, suggesting adding tiny bits of edible gold, crushed-up peppermint or tiny sprinkles on the baked cookies. You can top each cookie with a swoop of frosting, and then use the gold, peppermint or sprinkles to create a simple shape on the top, such as an elegant half-moon.

And for a really impressive selection, Firth says, think of making a box of cookies as comparable to making a cheese board: Vary the colors, shapes, sizes and flavors. X



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#### HOLIDAY SPIRITS

By Naomi Tomky

#### >> Hot cocktails are like a rite of passage

for the season, says Anu Elford, bartender and owner of Seattle's Rob Roy and other bars. "It's a time to wear sweaters, get cozy and write letters by hand," she says. Starting the day after Thanksgiving, Elford keeps hot cocktails front and center-literally. During the holiday season, she puts Rob Roy's signature gift-wrapped crockpot of mulled wine out on the bar.

In December, Rob Roy offers a unique calendar of drinks that features a different seasonal cocktail, many of which are hot, each night leading up to Christmas Eve. The finale is celebrated with the Chartreuse Blue Blazer, a spin on the showy classic Blue Blazer, which dates to the 19th century and is famous for its presentation. The cocktail is lit on fire and passed back and forth between two silver tankards by the bartender before being served. Elford's version incorporates Chartreuse along with Glenlivet Nàdurra Scotch whisky.

If you're making hot cocktails at home, keep an eye on the temperature, says Talia Baiocchi, the editor-in-chief of the online magazine Punch, which recently released the book Winter Drinks. "Hot drinks can go terribly wrong," she says,

explaining that controlling the heat is essential to crafting a delicious drink—and a great way to keep hot cocktails from becoming too cloying. She recommends letting any boiling water cool off for a few minutes before mixing drinks. If you're serving a hot drink at a party, she says, you can prepare it in advance and then keep it warm in a thermos or a slow cooker.

But the most important tip, says, Baiocchi, is to choose the right ingredients—avoiding or supplementing the ones that the heat will tamper with. "Hot liquid will dull citrus," she points out, so she looks to apple cider vinegar to support it and to provide an extra zip in cocktails such as a hot toddy (Winter Drinks' Improved Hot Toddy recipe is below).

Elford also emphasizes the importance of quality ingredients, especially when it comes to the liquors, as heat can amplify any flaws. "Use good ingredients," she says, "and you'll have the best hot drink of your life." ズ



#### IMPROVED **HOT TODDY**

From Winter Drinks, by the editors of Punch.

- 2 ounces bourbon
- ■¾ ounce pure maple syrup
- ■¾ ounce apple cider vinegar
- 1 ounce freshly squeezed lemon juice
- Hot water, to top
- Lemon wheel, cinnamon stick and star anise pod, to garnish.

Combine the bourbon, maple syrup, apple cider vinegar and lemon juice in a tempered mug. Add hot water, and stir until the maple syrup is dissolved. Garnish with the lemon wheel, cinnamon stick and star anise pod.



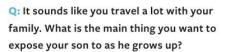


#### UNTUCKIT UNFILTERED

Talking family, fashion and wine with Chris Riccobono By Lora Shinn

>> As founder of the clothing company Untuckit, Chris Riccobono travels 40 percent of the year. Untuckit is opening 26 stores across the United States and Canada this year, and another 50 next year, including one in Europe. The company gained popularity with its shirts designed to resolve a common issue—the sloppy untucked shirt—by offering a tailored option that's casual, comfortable and sophisticated.

Riccobono, an avid wine collector, regularly vacations in grape destinations, including France, Italy and Napa Valley, California. In fact, some of the company's shirts are named for pours, such as Pio Cesare (an Italian winery) and Alte Reben (German for "old vines"). We chatted with Riccobono as he was preparing for a flight to Italy for a week—his first trip overseas with his 1-year-old son.



A: Italy. My father went to medical school in Bologna, so I grew up going to Italy once a year with my family. Those are some of the best memories I have in my life, and we still go, to this day. My son is making his first trip to Italy with me and his grandfather, whom he is named after. I want him to see the beauty of the country and eat the amazing food (and one day drink the wine)! My father and I have bonded over wine for the last 20 years, and I hope to do that with my son one day.

#### Q: As your son gets older, if you could pull him out of class for one special father/ son day, where would you take him?

A: I would probably take him to a New York Yankees game. I am a big sports fan, as was my mother, and I think it would be a memory he'd never forget.





#### Q: How do European styles influence your clothing designs?

A: I'm always looking for new fashion trends by visiting shops for inspiration, or observing street styles. When I was in Sardinia last summer, I saw men wearing these great red patched and checked sports jackets. We launched a similar jacket, the Cedric Bouchard, this year and couldn't keep it in stock. Thankfully, we have more coming in for Christmas.

#### Q: What are your favorite wines, currently? A: I collect Bordeaux, Barolo and California

Cabernets, but my favorite wine of all time is Giuseppe Quintarelli Alzero Cabernet.



#### Q: What's in your suitcase?

A: If I'm on a long flight, I usually wear a stylish Henley shirt for comfort. Once I've arrived at my destination, I wear a button-down shirt, dark jeans or pants, and a pair of our brown slip-on sneakers. I also like Greats sneakers.

#### Q: Where are you headed next?

A: We're going to the Piedmont area in Italywhich is famous for its Barolo wine—during truffle season, when there are white truffles everywhere. So I'm going to eat truffles and drink Barolo! ⊀





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#### >> THE FEED LIKES

#### **VOLUNTEERING THIS HOLIDAY SEASON**

#### By Cassie Kang

>> 'Tis the time of year when many of us want to help others. However, it can be challenging to know where to begin. Here are six popular ways that you can donate items, or money, or volunteer your time to different causes in your community.



- Deliver a meal through Meals on Wheels: Volunteer to help prepare or deliver hot meals to seniors at their homes or at certain dining halls. Meals on Wheels (mealsonwheelsamerica.org) mindfully provides nutritious and balanced meals for you to deliver. The visits also provide a chance to check in on seniors who often live alone.
- Sponsor a family: Connect with a family in need through Family-to-Family (familyto-family.org). You can donate money through the organization, which will provide the needy family with groceries. Feeding America (feedingamerica.org) also connects donors with families. In addition, the website lists food banks around the country and hands-on volunteer opportunities.
- Visit a senior: Making connections with seniors has enormous emotional benefits for both you and the elderly. Create The Good (createthegood.org/campaign/volunteeringwithseniors) gives tips, offers information on programs and can connect volunteers with elders. At facilities, you can often lead an activity, assist with small tasks or simply spend time talking with seniors.



■ Help the homeless: As temperatures drop, those without shelter are in greater need of material necessities. The National Coalition for the Homeless (nationalhomeless.org) suggests donating to a local shelter items such as new or gently used clothing; household goods; and toiletries such as toothbrushes, shampoos and other bathroom products. The website provides information on where to donate and also resources related to reducing homelessness through advocacy and volunteering. In Seattle, United Way of King County (uwkc.org) lists volunteer opportunities to help the homeless.

#### Help at an animal shelter:

Show some love to our furry four-legged friends that are waiting for a home. Volunteers can help with kennel upkeep, dog walking and the adoption process at a community animal shelter. Check out Petfinder (petfinder.com) to locate a shelter and call ahead to see how you can contribute. (You also may end up with a new pet of your own.)



■ Pledge to keep helping in the new year: While it is common to focus on the holiday season, remember that all of these causes need help year-round. Whether it's making a recurring donation to your favorite charity or keeping a consistent volunteering schedule, you may enjoy continuing to give back throughout 2019. \*

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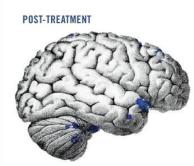
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## >>> Though electric vehicles

remain a market niche, nearly every major automaker now admits that electric is a major part of the future. While some automakers are still sitting on the sidelines, Jaguar has pounced with its I-Pace, starting at \$69,500. The intent behind the British manufacturer's electric model is to charm traditional luxury buyers in all the familiar ways-with a vehicle that just happens to be electric. These are some of its features:

## Fast Pace

The I-Pace can quietly reach 60 mph in just 4.5 seconds with only a faint chirp of the tires and the momentary purr of two electric motors. Those motors make 394 horsepower and 512 Ib-ft of torque, and thanks to an especially robust cooling system, the I-Pace can reach 124 mph.



## ■ Plug-in Power

The Jaguar has a 90-kWh battery pack and can recoup 80 percent of its charge in as little as 40 minutes via a 100-kW (or higher) CCS-format DC fast charger. These chargers are becoming more common thanks, in part, to a nationwide Electrify America infrastructure development initiative. And if you install a Level 2 charger at home, you can complete most charging overnightgetting to 100 percent takes no more than 13 hours.

## Remote Access

With Jaguar's Remote app, which is compatible with most Android and Apple devices, you can check on details such as whether the I-Pace is locked, what the battery's state of charge is, and whether that amounts to enough charge to get where you need to go.

The I-Pace infotainment and connectivity systems can be constantly upgraded with over-the-air updates, and there's also a 4G Wi-Fi hot spot for up to eight devices.

## Road Smart

A Smart Settings feature incorporates artificial intelligence to help anticipate what drivers might want to do. Jaguar's Navigation Pro system takes into consideration the topography and sends you the most efficient route, factoring in driving range and time. It even plans charging stops for you along the way, if necessary. \*



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## Fantasy Flight

## Sleigh bells ring for kids in Spokane By Susan G. Hauser









n an otherwise ordinary December afternoon, when the winter chill is tempered by the sizzle of holiday magic in the air, a couple of yellow school buses pull up to the departures area at Spokane International Airport. About 65 kids, ages 4 to 10, hop down from the steps to the pavement and look around.

If their eyes don't deceive them, those people on the curb who seem so happy to see them are actually elves—pointy ears, pointy hats and pointy shoes. Elves in green and red attire with stripes and lots of glitter, bells and pom-poms. There are at least three times as many elves as kids. Even more amazing, the elves know the children's names, as if they were meant to be together this

day. Indeed, for each child and elf it's a day of hope and promise that will just get better and better.

These children are here to catch a flight, to be personally escorted by an elf to the North Pole.

This much the children know, but the hows and wheres and other details are yet to be discovered as they embark on the Alaska Airlines-sponsored Fantasy Flight. It's an event that started in 1997 and grows more wondrous each year that community members and employees of Alaska Airlines and Horizon Air volunteer to make a joyous holiday for underprivileged and at-risk children.

The kids are nominated by social-service agencies involved with the Spokane-area shelters. Already, the

children's short lives have been marred by things they don't fully understand: homelessness, parents in the grips of addiction, grown-ups who lash out in violence. Even as the kids make their way to a departure gate festooned with garlands and gift wrap, there are some who don't completely trust what they're seeing.

"Some kids are skeptical," says Jolisa Darcy, Horizon Air Customer Service Regional Manager (also known as Proppy—short for propeller—the Elf). "I love to watch

front and "I've Been to the North Pole" on the back. At the departure gate, each child finds a personalized backpack full of school supplies, socks, mittens and a cap. And the gifts have only just begun, thanks to sponsors and donors to Northwest North Pole Adventures, the Spokane nonprofit that puts together this experience.

At the helm of the organization is the Chief Elf Officer (CEO) Steve Paul, also known as Bernie, Mayor of North Pole City. Paul was just an unsuspecting frequent flyer in





Alaska Airlines Flight 1225 boards children, elves and Santa's helpers at Spokane International Airport.

the ones who maybe have had too many things in their lives that haven't worked out, so they don't want to hope. But when the airplane gets there, there's a little glint of, 'Well, maybe.'"

If there was any doubt that this is Flight 1225 to the North Pole, it vanishes the moment First Officer Eric Hrivnak opens the cockpit window of the Boeing 737 and pops his head out into the frigid air. Wearing a red Santa hat and a red shirt embroidered with the words "Santa's Pilot," he vigorously waves a bright red towel.

With Santa still a fantasy flight away, the kids have already received numerous gifts. First of all, they get a long-sleeved T-shirt with the words "I Believe" on the

2003 when he overheard talk of a charitable event at the airport that benefited local children. He was all in, donating funds as well as his IT expertise.

It was 2007 when Fantasy Flight really took off. That's when Paul invited Alaska Airlines to pitch in with enthusiastic elves and an actual flight. Dozens of Alaska and Horizon employees volunteer each year to be elves, Santa's helpers and toy soldiers. Flight attendants and pilots bid for the privilege of flying 65 children and their elf escorts to the North Pole, which is actually a hangar at the Spokane airport where volunteers labor for a week to provide the full Santa's Workshop treatment.

Kallie Gilstad, who is Alaska Airlines' Manager of



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Internal Audit, has been a volunteer elf for four years with her mother, Bev Gilstad, retired Managing Director of Inflight for Horizon Air. Bev is Jingle; Kallie is Jangle; and they work as a team, giving lots of attention to just one special child. Each elf goes through a background check and orientation, and is responsible for his or her own costume and for creating a convincing backstory.

Kallie and her mom have bells sewn all over their green tunics, and they wear bells as necklaces. As for their elf history, "We polish the bells on Santa's sleigh. of Santa's Workshop remains a secret. Then Chief Elf Bernie leads the kids in a magic chant:

Off we go, off we fly.

To dreams come true, to Spokane goodbye. With my elf beside me, I'll hold on tight. I'm going to see Santa, flying into the night.

hat happens next defies description, even by frequent flyers such as Paul, aka Bernie. "If you're on that plane," he says, "I guarantee, you



He relies on us to make sure that his bells are in shiny, tip-top shape. Oh, and we're really old. She's something like 656 years, and I'm 329 ... because I'm her daughter."

When the time comes to board the plane, most children go fearlessly, spurred on by their elves' happy cries of, "We're going home! We're going home!" There are always a few children who hold back, but a visit to the flight deck and an opportunity to wear the captain's hat work like magic. With seat belts fastened, the kids brace themselves for takeoff and the coming adventure.

The flight, which basically circles the Spokane area, takes no more than 40 minutes. But halfway through, everything changes. The plane and its passengers prepare to enter North Pole airspace. First, they pull down their window shades—that's to ensure that the location feel like we're busting through the barrier."

First Officer Hrivnak, the co-pilot on Flight 1225 for the past seven years, explains the North Pole magic. "My first year I had no idea what I was getting involved with," he recalls. "When I saw all these decorations, kids being processed through security, volunteers dressed up as elves and Santa's helpers, I thought, 'I'd better come up with a way to make it special for the kids.""

With the approval of air traffic control, Hrivnak guns the engines to climb 2,000 feet in barely the blink of an eye. That special moment happens as soon as Hrivnak hears the final refrain of the chant. Suddenly, the passengers are pressed back into their seats. The Star Wars-like rush is over in a flash, but then, Paul says, the pilots patch an air traffic controller through the intercom. "You





hear them talk as North Pole Air Control. They say, 'Follow the sleigh in front of you. Runway clear.'"

With the window shades still down, the plane returns to Spokane, where it taxis to the hangar that has been transformed into Santa's Workshop. Elves and toy soldiers create a welcoming corridor of high-fives as the children rush from the plane. In the hangar, it's sensory overload from lights, Christmas trees, giant snowflakes, music and smells of cocoa and fresh-baked cookies.

Before the kids get too involved with all the games and treats, the head toy soldier announces the arrival of Santa and Mrs. Claus. Large white gates swing open, and the red-clad couple walk into the children's eager embrace. The whiskered gentleman who plays Santa has changed over the years, but Mrs. Claus-in real life Leslie Lathrop—has been a constant since 1997, when she and some airport colleagues created this special event. She now sees her role as a higher calling.

"These kids need to be absolutely filled with self-

children. But first, Paul says, "Mrs. Claus looks out at the children and says, 'My heavens, you don't have your own blankets, pillows or books.' And then it's sort of an Oprah moment. All the elves come out carrying big bags in bright colors, each containing a pillow, a blanket and a copy of The Polar Express."

After Mrs. Claus reads the book's final words-a reminder that only believers can hear the bells of Santa's sleigh-the elves produce a final gift. They jingle it first, before giving each child a keepsake sleigh bell.

bittersweet feeling settles over the North Pole after the children have gone home, leaving each elf to hope that this remarkable day has had an impact.

First Officer Hrivnak says he recently encountered a former Fantasy Flight participant who is now enrolled in a high school aviation program. That boy wants to become a pilot. Last year, a volunteer elf revealed that she had been one of the lucky children when she was









esteem, and we can do that," she says. "The elves do it, and I get to do it in my own special way. I get to tell them that I believe in them, and I just want them to know that there's a great future if they look for it. It's right there."

Miraculously, the children find snow boots, pajamas and jackets in their own sizes at the multiple North Pole shops. They find personalized ornaments and a cookie with their name on it. They get their picture taken with a reindeer and with Santa, who magically produces a bag containing the very gifts that each child had requested.

Throughout the evening, there is unlimited ice cream, cookies, candy and cocoa. "It's one day in their life when they're not told 'no,'" says Horizon Air's Darcy, aka Proppy. To settle down the sugar-charged kids before their departure, Mrs. Claus brings out her well-used copy of The Polar Express and prepares to read to the

9 years old. Now she works as a gate agent at Spokane International Airport. Teachers who see many of these children on the Monday after Fantasy Flight talk of the kids' new-found esteem and friendships.

Volunteers have their own takeaways. Kallie Gilstad, who coaches a Seattle youth-soccer team, says being an elf renews her patience and reminds her that kids look to her as a role model. "This experience really reminds me of the magic of being a kid," she says.

As for that exuberant first officer of Flight 1225: "It's something I want to keep doing as long as I can. I want to make that impact on the kids and hopefully be a positive influence on their lives," Hrivnak says.

"It's part of the Christmas season." X

Portland-based writer Susan G. Hauser believes.















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-Anna Marquis





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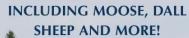






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## PEOPLE HELPING PEOPLE

INSPIRATIONAL INDIVIDUALS WHO APPLY CREATIVE PROBLEM-SOLVING TO CHALLENGING ISSUES | BY LORA SHINN







## Businessman David Campbell and supermodel Petra

Nemcova are co-founders of an organization that helps communities recover after disasters. Holly Christensen creates soft beanies and wigs from her Alaska home, for children suffering from cancer. Jeffery Lew works to ensure that schoolchildren aren't ashamed by an inability to buy lunch. TaKiyah Wallace is changing the face of ballet through efforts to encourage diverse dancers.

All of these individuals have found innovative ways to help others in the areas of health, happiness and quality of life. Some of these visionaries are focused on local issues, while others coordinate thousands of volunteers overseas. Yet each is making a difference to other people. After they identified adversity, they responded with action, asking questions of themselves and others. They asked: What is the underlying problem? Which solutions could help resolve this situation? How can I use my talents and experience to serve people best? How do I encourage others to get on board?

Most important, they all started with the simple question of What can I do?

## REBUILDING LIVES

The co-founders of the nonprofit All Hands and Hearts—Smart Response (allhandsandhearts.org) came to their joint effort after being affected by the same disaster.

Petra Nemcova survived the massive 2004 Indian Ocean tsunami by holding onto a palm tree for eight hours. During this time, she lost her partner to the waves. After the event, she started the Happy Hearts Fund, building more than 150 safe or disaster-resilient schools in disaster zones worldwide-places of learning designed to withstand tsunamis, earthquakes and more. For this work she was recognized by the United Nations as a World Tsunami Awareness Advocate.

Technology executive David Campbell watched reports about the same tsunami from his home in the Boston area, during a long Christmas break. He was so moved that he flew to Thailand to help rebuild five fishing villages, coordinating more than 200 volunteers and raising several hundred thousand dollars, in part through friends and business connections. Nearing retirement at the time, Campbell found a new calling in disaster relief and founded All Hands Volunteers in 2005. The organization focused on helping communities after events ranging from Nepal's earthquakes to South Carolina's floods to Texas' hurricanes.

For years, Nemcova and Campbell ran two separate disaster-relief organizations. A chance meeting on the ground during the Nepal earthquake led the two to merge forces to form All Hands and Hearts, in 2017.

Today, volunteers in the organization's purple shirts do everything from "mucking and gutting" after a flood (removing moldy drywall and sodden carpets) to rebuilding educational facilities and homes for years after a disaster. The volunteer-driven organization addresses the immediate and long-term needs of natural-disaster survivors, and reports that it has improved more than 1,187,000 lives worldwide. Altogether, more than 18 countries have benefited so far from 103 disaster programs, including efforts in Mexico, Nepal, Puerto Rico, the U.S. Virgin Islands and the mainland United States.

All Hands and Hearts allocates resources and develops long-term rebuilding plans under the direction of local leaders and community groups—committing to long-term rebuilding rather than short-term fixes. The organization also works to ensure that its efforts are culturally appropriate and fit the areas that their volunteers work in. And when possible, All Hands and Hearts collaborates with other large relief organizations so that it maximizes resources and doesn't duplicate efforts.

"We do what the community says is most useful," Campbell says. For example, volunteers repair retaining walls, install water-filtration systems, and rebuild homes, schools and neighborhood hubs.

Some volunteers stay in a disaster area for a few days, while others stay for months or even years. No specific time commitment is required, and whole families sometimes volunteer together (minors must be



(teal sweater) and The Magic Yarn Project co-founder Bree Hitchcock: TaKiyah Wallace; Jeffery Lew.



accompanied by an adult). Campbell has worked on projects alongside many of his family members, including his wife, children and grandchildren.

All Hands and Hearts is headquartered in Mattapoisett, Massachusetts (about 60 miles south of Boston), but the organization takes volunteers from around the world—even people without previous construction or disaster experience. Participants are provided with food and accommodations throughout the time they are on a disaster-relief site.

Volunteers nurture the community throughout the rebuilding process. Past projects have included a weekly kids' movie night in Malawi, Thanksgiving dinners for Detroit flood victims and training Nepalese women to become accredited masons. In many locations, volunteers create play spaces and playgrounds.

Schools are one of the organization's priorities. "We realized schools unify a community," Campbell says. "Without a permanent school, if you miss three or four years of school when you're 8 or 9, you're losing years of critical education." When All Hands and Hearts rebuilds or retrofits a school's retaining walls, classrooms and bathrooms, the organization uses earthquake-resilient engineering and hurricane-proof materials. Thanks to its efforts, 238 schools have been rebuilt worldwide, putting more than 108,000 children back in classrooms.

In Texas, All Hands and Hearts is in the middle of a three-year project, helping families recover from Hurricane Harvey, which flooded one-third of Houston and damaged around 136,000 homes in Harris County. Tens of thousands of Texas-coast buildings were destroyed by the storm's

floodwaters and high-speed winds. Volunteers work with homeowners and leaders to repair homes and schools—including All Hands and Hearts' first U.S.-based school rebuild, at the Rhodes School for the Performing Arts.

"My favorite place in the world is on an All Hands and Hearts project," Campbell says. "Anywhere you go, people are in a positive mood. They have a sense of purpose while working together, for somebody else."

## ♥ CREATING UNCOMMON THREADS

The Magic Yarn Project (themagicyarnproject.com) offers a beanie that can turn a child into Batman, with just a bit of imagination. Its other headwear might turn a kid into a Hawaiian princess or a







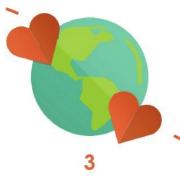
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swashbuckling pirate, a singing mermaid or a fairy-tale legend.

The project launched in 2015 when Holly Christensen, based in Palmer, Alaska, wanted to help her friend's 3-year-old daughter, Lily, who had been diagnosed with cancer. Christensen, a former oncology nurse, knew that traditional wigs would become too scratchy for Lily's increasingly bare, sensitive scalp. And, although Christensen doesn't think of herself as particularly handy with crafts, she is a third-generation Alaskan. "We take initiative," she says, noting that she was raised to believe, "You can do

anything you want-just figure it out." So she took a crocheted beanie and added long, soft yellow yarn. It became hair fit for a princess.

Upon receiving the beanie, Lily declared it "amazing" and immediately paired it with a princess dress-up costume. "She wasn't feeling well, and it brightened her whole day. She was animated again," Christensen says.

Every year in the United States, an estimated 15,590 children between birth and age 19 will be diagnosed with cancer, the most common disease-caused death for children in America. For many children, traditional wigs and caps are irritating, due to post-chemotherapy skin sensitivity and tenderness.

Since the initial cap was given, The Magic Yarn Project has delivered more than 10,400 soft, warm and comfortable character-themed beanies and beanie-wigs that double as dress-up wear. A cancer-fighting kid's head might be adorned by a soft beanie accentuated by the red-yarn tresses of a mermaid princess, and jazzed up with a sparkly starfish and ribbon. Another child might prefer a dark-red beanie with thick black yarns and funky beads in the style of Captain Jack Sparrow, from the Pirates of the Caribbean films.

"Parents have told me stories that when their daughter is wearing a wig when getting a blood sample taken, she feels more brave," Christensen says. "And Batman beanies help kids feel more like superheroes, not as scared. The wigs and beanies make a scary time a little easier."

After Christensen's project gained popularity on Facebook, an acquaintance, Bree Hitchcock, asked to help with workshops and other duties. Together, they



turned The Magic Yarn Project into a nonprofit. Today, Hitchcock maintains the website, heads fundraising efforts, edits videos and directs other logistical efforts. Christensen leads most other functions, including publicity, strategic planning and project coordination.

The project's beanies are crocheted using some of the softest yarns available, by volunteers from seven chapters around the United States. Christensen and her bands of volunteer Magic Makers then weave in yarns resembling long hair, plus other accoutrements. The talented volunteers will even fill

special requests for customized beanie-wigs, in about six to eight weeks. Once completed, the headwear is mailed to children and hospitals worldwide, for free.

Next on Christensen's to-do list, which is supported by her GoFundMe fundraising: more state and international chapters, with the goal of adding 30 U.S. chapters by the end of next year. She is also creating video tutorials for different beanie-wig types, accessible to anyone around the world via the website, and teaching Magic Makers nationwide to offer workshops, so beanie-wigs can be produced in larger quantities.

Lily is 6 years old now and in remission. She still wears her special cap, but just for fun.

## MAKING MEALS SHAME-FREE

On a May morning in 2017, Seattle-based dad Jeffery Lew scrolled through the national news on his phone, and stopped at the words "lunch shaming." He soon discovered it's the term that refers to embarrassing a





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Part of the Brown Girls Do Ballet mission is to photograph dancers of diverse backgrounds in order to encourage other young people to try ballet.

child in the school lunchroom so that a parent pays for past lunch debts and plans for future purchases.

Schools may not intend to harm kids. But there have been places across the United States known to offer a lesser alternative to a full meal (cold cheese sandwich and milk, for example). Some schools make children work off parents' debts by cleaning tables, or they put stickers on children whose parents are in debt. Other schools have turned children away from the lunch line.

"I'm a father of three, and when I read that news I imagined my kids going through that," Lew saysspecifically, going to class hungry, humiliated or both.

Lew realized that, sometimes, a child just doesn't have money for lunch. Maybe the child forgets money on a particular day, or the parents decide to pay an electricity bill instead of the debt from the last month's meals. And the parents might not even realize a debt is accumulating if a school does not communicate clearly.

The school might provide a meal to a student who needs one, and then track what the student's family owes. There is a federal program that provides free or reduced-cost lunches to families of qualifying lowincome levels. But it's the gap between what the government covers and a family's actual need that often goes unaddressed.

Lew called his son's school, and inquired about the accrued lunch debt there. It turned out to be \$97.10. So Lew, along with family and friends, erased the lunch debt using a GoFundMe crowdfunding campaign.

Then, not content with this first step, he kicked off a more ambitious fundraiser to clear the lunch ledgers of Seattle Public Schools, and several more large neighboring districts, raising a total of \$100,000. Pop star John Legend even chipped in, along with the Seattle Seahawks Charitable Foundation.

Lew's campaign (LunchDebt.org) drew national attention, and awareness about lunch debt and lunch shaming took off. People in other states have started their own fundraising drives to pay student lunch debts. In several states, legislatures have banned the practice of lunch shaming. And school districts are finding ways to communicate directly with parents, instead of trusting that messages will be conveyed by kids-who at times can be forgetful about getting signatures for field trips, much less tracking lunch accounts.

"The more people know about lunch debt and lunch shaming, the more action can happen," Lew says. "So I want to keep spreading awareness."

His next goal? To raise the more than \$650,000 needed to right student accounts across Washington state. "It takes just one person to create change, in a community and across the nation. We can't give up."

## DIVERSIFYING DANCE

It all began when TaKiyah Wallace's 3-year-old daughter watched the PBS series Angelina Ballerina and asked for ballet lessons.



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Wallace started to research the idea, and she was surprised by the difficulty of locating racially diverse images on the websites of dance studios in the Dallas area. Like any mom, she wanted to find a studio where her daughter felt like a natural member of the club-not an outlier.

Searching online for an image of a "ballerina," Wallace found mostly pale, lithe young women in pink or white tights. She is trying to change that image, by encouraging both the visibility and numbers of young ballerinas of color.

After the initial frustrating search for a studio with diverse images, in 2013, Wallace, a professional photographer, embarked on a personal project: conducting photo shoots to spotlight female ballet dancers ages 4-12 of Hispanic, African, Asian, East Indian, and Native American ancestry, across the United States.

The enthusiastic responses led to Wallace founding Brown Girls Do Ballet (browngirlsdoballet.com), a nonprofit organization that offers emotional and material support to young ballerinas, along with increasing visibility via an Instagram account that now has more than 100,000 followers, as well as a mini-documentary released in 2017, We Assemblé (viewable at fortlionstudio.com/weassemble).

Through Brown Girls Do Ballet, young dancers can receive scholarships to attend summer institutes, request free pointe shoes, get oneon-one mentoring from professional ballerinas and earn a \$1,000 college scholarship. The organization is a winner of the Girl Rising Creative Challenge, and a finalist in the Shorty Awards for social media stars.

"Finances are one of the biggest roadblocks to continuing training,"





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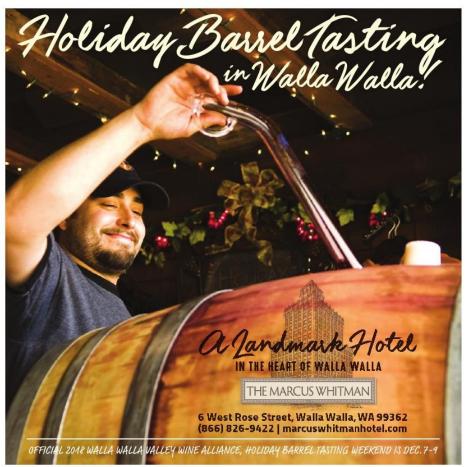
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Wallace says. In addition to the college scholarships, the organization's programs include two \$500 awards to female dancers of color (ages 9–18) who need help to attend often-expensive summer intensive programs.

Young dancers in need can also apply for dancewear collected in a supply closet loaded with new leotards, tights and other dancewear. Wallace's organization keeps needy dancers on pointe, too. The average pair of pointe shoes can cost \$80 to \$120, and typically only lasts a short time before the shoetips wear out.

The organization also provides more than financial and material support. While a few dancers of color—such as the American Ballet Theatre's Misty Copeland—act as role models on the larger stages, young dancers can enjoy immediate benefits from The Ambassadors (ages 10-17) program. Ambassadors are paired with professional ballerinas, who provide encouragement, insight and suggestions. This year the program has 43 young participants. The ambassadors mentor younger ballerinas via letters, emails and in-person lunches.

Wallace fields questions from parents around the country who can't find tights that match a young dancer's skin tones or who need tips on encouraging curly hair into a bun. "We need to have a conversation about diversity in ballet," she says. "But even when I get frustrated, the girls say, 'Thank you, Miss TaKiyah, for doing this.' That's the part that keeps me going."

Her daughter is enthusiastic, too—she is still taking lessons and still dancing. ⊀

Lora Shinn is an award-winning freelance writer based in Seattle.



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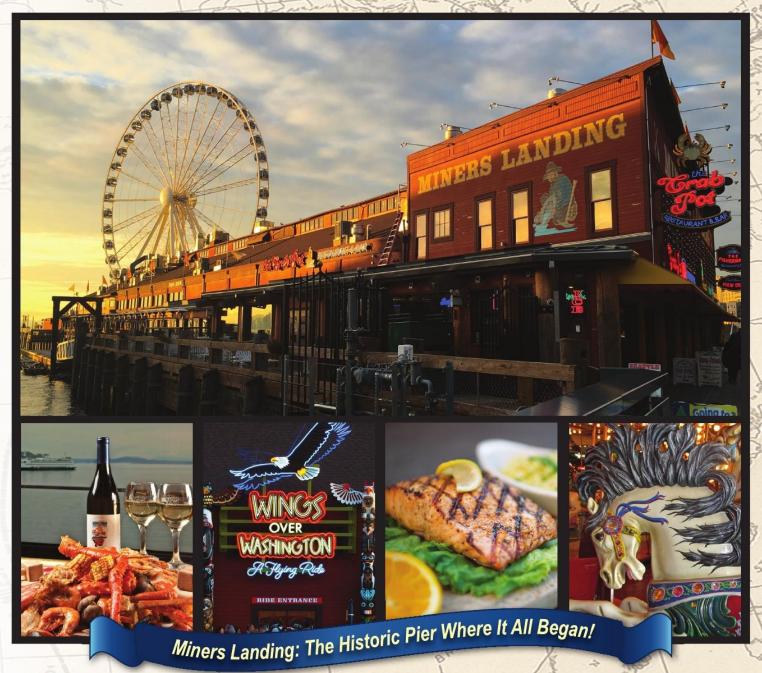
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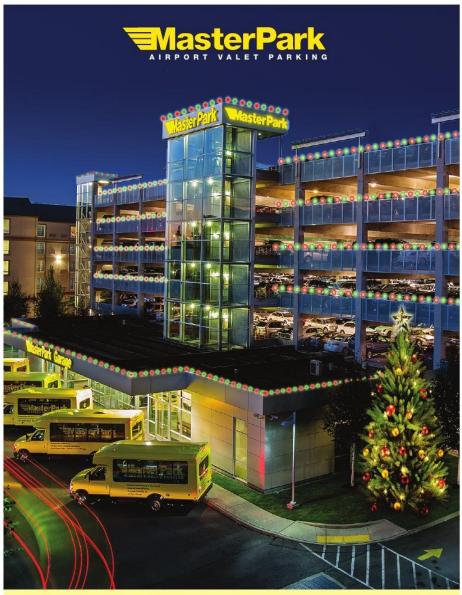
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On the cover: Snowshoers enjoy a sunny day at Mount Rainier National Park in Washington.

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ALASKA BEYOND DECEMBER 2018



## URBAN EXPLORATIONS

BY MICHELE ANDRUS DILL

• Tour guide Ezzie Turner points to two bulbous shapes—one yellow, one pink—in a wooden rowboat overflowing with glass art. "Those two pieces are modeled after Walla Walla sweet onions—after all, Dale Chihuly is from Washington state," she says.

My husband, Michael, and I chuckle and lean forward for a closer look at the two forms, each about 1.5 feet in diameter, that evoke our home state's official vegetable, as Turner also points out pieces that conjure froglegs, crablegs, lilypads, reeds, herons and even otherworldly beings in the "Ikebana" display. "Some of these works

look like they could be from the movie *E.T.*," Michael observes.

Turner nods. "Ikebana—the Japanese art of flower arranging—is typically very minimalist and refined, but the version we're seeing here, with its abundance of exaggerated glass forms, is a departure from the traditional approach."

We're enjoying Turner's narrative on a private tour we booked to explore Chihuly Garden and Glass, a 1.5-acre attraction at Seattle Center, the city's premier gathering place. The exhibition spans the half-century career of artist Dale Chihuly, who is from Tacoma, about 30 miles south of Seattle. Chihuly Garden and Glass features eight galleries, plus two "Drawing Walls," a "Chandelier Walkway," a "Glasshouse," a 16,000-square-foot "Garden," a theater

NW4 DECEMBER 2018 ALASKA BEYOND



The "Glasshouse" at Chihuly Garden and Glass features a spectacular sculpture suspended from the ceiling.



Dale Chihuly, but Michael and I like the additional insights provided by Turner, the guest engagement supervisor, who oversees a cadre of tour hosts.

For instance, in the "Glass Forest," with its pink-neon pods from which blue- and white-neon stalks curl and rise, she tells us that when Chihuly stood on a ladder in the 1970s to drop down molten glass, allowing it to pool and bubble to create the effect of "organic motion," the technique was very innovative. She adds that Chihuly's black plexiglass "canvas" for this and other installations "reflects the glass art and creates a feeling of infinite space."

In the "Northwest Room," we learn that Chihuly was intrigued by how Native Amer-

ican baskets he had seen in the Washington State Historical Society collection had slumped over time, their fibers affected by gravity. This observation inspired his novel series of "collapsed-form glass baskets."

Many of these baskets also have glass-on-glass patterns—such as circles and wavy lines—made possible after Chihuly developed a "pickup technique," Turner says.

When molten glass is rolled into threads or shards of thin glass that have been arranged in a pattern, the molten glass picks up the pattern intact, she explains.

In other Garden and Glass galleries,
Turner points out sea creatures such
as fish and sea stars gleaming with
24K gold leaf; the "blossoming" shapes of forms called
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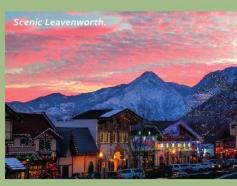
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- **Gig Harbor:** Activities in this charming community range from fishing to golfing, from shopping to wine-tasting, as well as options such as "Pier into the Night," in which visitors watch from a dock while Harbor WildWatch divers stream live what they are discovering in the water below, the first Saturday of the month, October to March (gigharborguide.com).
- Kirkland Performance Center: Music, live-theater, comedy and even animal performers take the stage at this venue, which is also near some of Kirkland's many public-art works (kpcenter.org).



• Leavenworth: This Bavarian-style village offers boutique shops, restaurants, a museum with more than 6,000 nutcrackers, and numerous special

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SISTERS OREGON

5 BD | 6 BA | 5,567 SF | 2.21 AC | \$1,149,000

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## SISTERS DEVELOPMENT PROPERTY

\_\_\_\_\_ SISTERS OREGON \_\_\_\_\_ 13.1 AC | ZONED MFR | \$3,750,000

Multi-family residential zoning, all municipal utilities and sewer to property line, close to shopping, restaurants and schools. Cascade Mountain views!

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BEND OREGON

5 BD | 5 BA | 4,531 SF | 1.79 ACRES | \$1,599,000

Ultimate privacy with incredible Deschutes River and river canyon views! Newly updated master suite and guest bath. Excellent trail and river access to miles of fishing and hiking. A rare opportunity!

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## **RIVER & LAKE FRONTAGE**

— BEND OREGON ———

4 BD | 4.5 BA | 4,939 SF | 1.09 AC | \$1,250,000

Stunning location on crystal clear, spring fed lake! Architecturally designed to enjoy views from every room. Courtyard layout with detached Casita. Radiant heat, vaulted ceilings and many custom touches.

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## BEND MODERN LUXURY

BEND OREGON

4 BD | 5 BA | 5,652 SF | .96 AC | \$3,450,000

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BEND OREGON 4 BD | 3.5 BA | 2,988 SF | \$654,750

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## STUNNING REMODELED SCHOOLHOUSE

ADAMS OREGON

7 BD | 5.5 BA | 9,612 SF | 1.98 AC | \$1,199,000

Located 30 minutes south of Walla Walla, a perfect opportunity for events, B&B or family retreat. Remodeled top to bottom with daylight basement, two full kitchens and 5000 square foot gym. Truly one of a kind.

Heather Osgood, Broker | 206.419.3459 heather.osgood@sothebysrealty.com



glowing in a range of vibrant colors.

As we enter the "Glasshouse," we can see, through the glass ceiling, the Space Needle high above us, while a 100-footlong horizontal sculpture suspended from the ceiling features 1,340 "Persian" forms, glowing yellow, orange, amber and red.

We step out into the "Garden," where the glassworks range from the bright-red, 11.5-foot-tall *Mexican Hat Tower* to large round floats inspired by Japanese fishing floats that Chihuly collected along Washington beaches when he was a child.

Live plants in the garden represent nearly 250 species, including foliage with festive names such as Yuletide Camellia and Cinnamon Snow Lenten Rose. Turner says that Chihuly's favorite plant is the black mondo grass, which provides a dramatic setting for several garden glassworks, including the 16-foot-diameter *Pacific Sun* sphere. Amid the mondo grass, the spectacular *Sun* looks like it's rising over a dusky hill.

After our tour, Michael and I complete our Chihuly Garden and Glass time with lunch at the Collections Cafe, where items from Chihuly's personal collections of everyday objects—from ceramic dogs to vintage plastic radios—line the shelves and sit within the glass-topped dining tables. And hanging from the ceiling are 82 vintage accordions. The colorful collections provide a lively ambiance for the cafe, whose dishes often feature regional ingredients.

We start by sharing a Northwest Louie salad, which includes Dungeness crab, Oregon shrimp and a locally farmed egg.

Michael's lunch entrée, a blackenedsalmon sandwich, showcases Alaska coho salmon, while my Dungeness Crab Bennyavailable during Saturday and Sunday brunches—is a moist and flavorful assemblage featuring a piquant Dungeness crabcake containing edamame emulsion, pea tendrils and blood orange marmalade.

For dessert, Michael's luscious cobbler, with Washington-grown Braeburn and Granny Smith apples, is gooey inside, with a sweet, apple-crisp-style topping. My pipinghot, fluffy-inside beignets anchor the end of a wooden board that also contains melon slices, orange slices, berries and honeycomb, plus two dipping sauces: bananacaramel and white chocolate espresso. As Michael and I share tastes, we agree that the Chihuly Garden and Glass experience is a feast for both body and soul.

Seattle Center is the site of many more top attractions, the most iconic being the Space Needle. Originally constructed for the 1962 World's Fair, the Needle recently received a \$100 million "spacelift" creating even grander views, including from 500 feet above the ground on The Loupe, described as the world's first revolving glass floor. And for the 520-foot top observation deck, a new Zoomie experience, included in your ticket, allows you to activate a camera that is mounted on a nearby building and takes a short video that zooms in on you. **GNW** 

Michele Andrus Dill is the senior editor of Alaska Beyond Magazine. For more information about Washington recreation, see experiencewa.com.

Alaska Airlines (alaskaair.com) provides service to many Washington destinations, including service to Seattle (SEA) from Orange County (SNA), Sacramento (SMF), San Francisco (SFO) and San Jose (SJC).

## . GREAT NORTHWEST.

events, and is also a gateway to outdoor activities ranging from dogsledding to hiking (leavenworth.org).

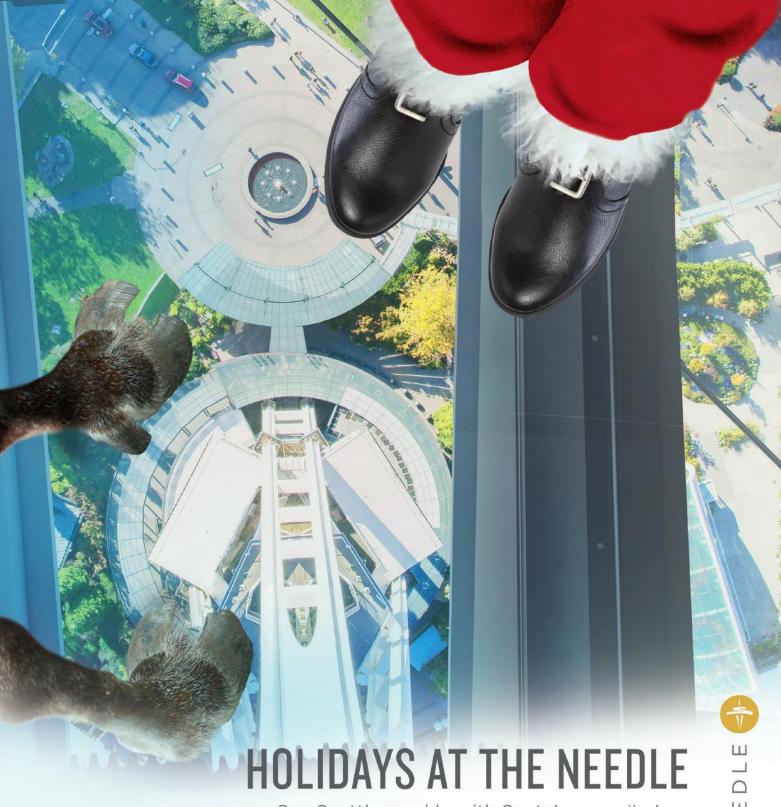
- Mount Rainier National Park: Enjoy experiences such as winter ranger-guided snowshoe walks and summer hikes amid wildflowers. Washington state is home to more than a dozen National Park Service units (nps.gov) and to 125 state parks (parks.state.wa.us).
- The Museum of Flight: The 175-plus aircraft and spacecraft, and thousands of artifacts, at the Seattle-area museum in-



clude a NASA Full Fuselage Trainer, numerous vintage Boeing aircraft and an Apollo 12 engine. In addition, April 13–Sept. 2, the Smithsonian's traveling exhibit "Destination Moon: The Apollo 11 Mission," featuring artifacts such as the command module Columbia, will be at the museum, which will host the exhibit's only West Coast appearance (museumofflight.org).

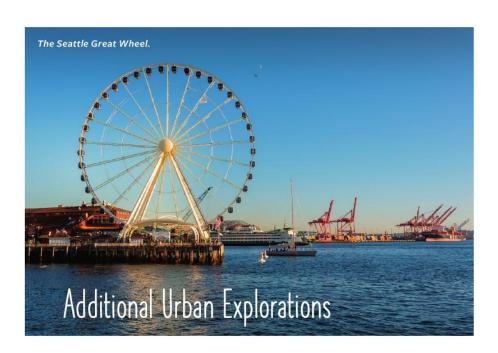
- Pullman: Pedal the picturesque Palouse region on a paved path such as the 7-mile, mostly flat Bill Chipman Palouse Trail, which connects Pullman to Moscow, Idaho. Or, if you're an experienced rider, you might like the 50-mile route known as the Tour de Lentil, which is used for an annual ride during the National Lentil Festival, Aug. 16-17 next year (pullmanchamber.com).
- San Juan Islands: Considered a top U.S. islands destination, the San Juans attract cyclists, hikers, kayakers, whale-watchers, art aficionados, connoisseurs of locally produced food and craft beverages, and people who just want to relax in a beautiful setting (visitsanjuans.com).
- Seattle Shopping: The Emerald City offers something for everyone, from flowers, fish, produce, gourmet prepared





See Seattle sparkle with Santa's new all glass sleigh this holiday season. Venture out onto the world's first and only revolving glass floor. Snap your free digital photo with Jolly St. Nick as the city is literally at your feet.

FOR SANTA HOURS AND MORE DETAILS SPACENEEDLE.COM/HOLIDAYS



• We peer down at Elliott Bay, sparkling sapphire and gold in today's sunshine, as The Seattle Great Wheel's VIP gondola makes the first of its three rotations. The VIP cabin has four leather bucket seats vs. bench seats; it has a plug-in for your smartphone that lets you play music on a stereo system; and it features a glass floor. Available via the Great Wheel ticket window or website, the VIP cabin is also the only cabin guaranteed to be exclusive to your group of up to four people. Each \$50 VIP ticket includes an escort to the front of the boarding line, a VIP T-shirt, a souvenir photo, and a beverage from The Wheel Bar to enjoy during your ride. The bar and The Seattle Great Wheel are part of Miners Landing at Pier 57, along the waterfront in downtown Seattle.

Since Michael and I have the cabin all to ourselves, we can move around as much as we want for the best views of the city skyline and the seascape, calling out sightings to each other: "Smith Tower. The Port of Seattle's orange cranes. The Seattle Aquarium. The Olympic Sculpture Park. Bainbridge Island. The Olympic Mountains. Washington State Ferries. Tugboats. Seagulls. Sea lions."

The Seattle Great Wheel is providing an extravaganza of quintessential Seattle sights and attractions on a ride that we will long

remember as a favorite city experience. Here are a few more of the many notable urban explorations in Washington state.

Bellevue: The Bellevue Collection shopping/ dining/entertainment complex is a great place to spend a day, and an evening. The new Ascend Prime Steak & Sushi restaurant, on the 31st floor of The Bellevue Collection's Lincoln Square South tower, pairs excellent food with views of Lake Washington and mountains such as the Olympics, as well as of Bellevue and Seattle.

Bellingham: In the lively downtown Cultural Arts District of this scenic waterfront city, enjoy art walks; museums; music, theater and comedy venues; and the Pickford Film Center, showcasing independent films.

**Spokane:** The Spokane Cork District includes 15 wineries within walking distance of each other in a downtown area that's also rich in shops, restaurants, and entertainment ranging from music to theater performances.

**Tacoma:** Point Defiance Zoo & Aquarium, in 760-acre Point Defiance Park, has animal presentations, as well as in-tank shark dives, and exhibits such as the new Pacific Seas Aquarium that opened in September. —*M.D.* 

## . GREAT NORTHWEST

## WASHINGTON

foods and artisanal crafts at Pike Place Market (pikeplacemarket.org) to apparel, electronics and specialty shops at Pacific Place (pacificplaceseattle.com).

Sky View Observatory: A
Puget Sound-area panorama
unfolds at 902 feet above street
level on the 73rd floor of the
Columbia Center in downtown
Seattle (skyviewobservatory.com).

• Vancouver: Attractions include the 7.3-acre Waterfront Park, along the Columbia River, which had its grand



opening in September. The park is part of a larger mixed-use development that includes restaurants, shops and a new Maryhill Winery tasting room, expected to open in late spring (cityofvancouver.us/waterfrontpark and thewaterfrontvancouverusa.com).

 Wenatchee: This major appleproducing region has attractions such as the 10-mile paved Apple Capital Loop



Trail, with connections creating a total of 20-plus miles, taking pedestrians, skaters and cyclists past orchards, parks and sand dunes. In the Wenatchee area you can also tour the Aplets & Cotlets Candy Kitchen, and visit the Wenatchee Valley Museum & Cultural Center to see displays related to the apple industry, including a 1920s sorting line (wenatchee.org). —*M.D.* 

## CRAFT BEER ARTISTRY

BY JIM GULLO

## So a guy wanders into a bar in

**Portland.** Grabs a seat on a metal stool and bellies up to a wooden barrel that serves as a table. Orders a beer.

But this being Portland, it's actually not a bar; it's a brewpub, and the beers are aged in barrels. The guy (yes, it's me) is surprised when the pleasant server asks, "Do you want the 2015 or the 2017?" I just wanted a beer. I'd never known one to have a vintage.

"And which fruit beer would you like?" she continues. Turns out they have beers fermented with cherries, peaches, pears and—I kid you not—Indiana pawpaws, among many others.

I am at Cascade Brewing, one of the dozens of craft breweries that have given the Rose City an additional nickname:

Beervana. Oregon boasts 280-plus breweries, according to the Oregon Brewers Guild, and more than 115 of them are in the Portland Metro Area, where they craft everything from Belgian-style ales to über-hopped IPAs, to chocolate-infused stouts. The suds seem to be everywhere, from 10 Barrel Brewing, which has an open-air rooftop in the Pearl District, to the venerable Higgins restaurant downtown, which lists 125 beers on its menu (I counted), including nearly four dozen Belgian beers. In fact, the Oregon Historical Society is celebrating the state's brew-related innovation and success with the exhibit "Barley, Barrels, Bottles, & Brews: 200 Years of Oregon Beer," through June 9 at the society's downtown museum.

I discover that Cascade Brewing, in the



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Cascade Brewing, left and below left, is a popular place to enjoy beer.

city's vibrant and revitalized southeast quadrant, has a reputation for sour beers, which are a taste unto themselves. Cascade balances the tart notes by infusing the beers with a variety of fruits and spices, and then barrel-aging them in oak.

I combine a sampling of beers with today's excellent special of lentils and pork from the food menu, which changes seasonally, and includes everything from smoked sockeye salmon to kale Caesar salad, to daily charcuterie. (Another notable trend in Portland's brewpubs is an uptick in quality food pairings.)

First I try Pearpawsterous, a beer infused with Oregon pears and the aforementioned Indiana pawpaws, layered over a blend of sour wheat ales, and barrelaged for up to a year. It is fruity and exotic and delicious. Also on the beer list is Framblanc, a blonde ale barrelaged for up to 14 months, with a wonderful fragrance and taste from the infusion of white raspberries.

The top pick for me, though, is Kriek, a blend of sour red ales aged in oak wine barrels for up to 17 months with more than 16,000 pounds of fresh Bing and sour pie cherries. Kriek is available in several vintages—hence the 2015 vs. 2017 dilemma that I faced. As nuanced and complex as a fine wine, the 2015 I

choose bursts with cherry flavors in a sour, beery base. Along with dozens of other creations, Kriek is available by the bottle at several retailers or directly from the brewery.

I could have had a similar first-rate experience at many other breweries in town, such as Breakside Brewery, which specializes in hop-forward American ales, or BridgePort Brewing, launched more than 30 years ago with a mission of serving craft beer that features fresh Northwest ingredients. It's easy for a beer enthusiast like me to see that Portland's passion for craft brewing is a very good thing. **GNW** 

Jim Gullo lives in the Portland area. For more information about Oregon recreation, go to traveloregon.com.

Alaska Airlines (alaskaair.com) provides regular service to Portland (PDX), Eugene (EUG), Redmond/Bend (RDM) and Medford (MFR), including service to Portland from destinations such as Orange County (SNA), San Diego (SAN), San Francisco (SFO) and San Jose (SJC).

#### GREAT NORTHWEST

## OREGON

#### MORE RECREATION

- Britt Music & Arts Festival: Southern Oregon's Jacksonville hosts this annual series, mid-June to mid-September, which features top music acts (brittfest.org).
- Central Oregon Golf Trail: Drive for show and putt for dough on beautiful courses backdropped by towering Cascades mountains; courses are open yearround, weather permitting (visitbend.com/ things-to-do/activities/golf).
- Crater Lake National Park: The park showcases the stunning, nearly 2,000-foot-deep caldera lake in Southern Oregon. In winter, ranger-led snowshoe walks are offered on various dates (nps.gov/crla).
- Hood River Fruit Loop: Produce such as apples, peaches, pumpkins and lavender is grown in abundance, and available June through October at dozens of farm stands and U-pick fields surrounding Hood River (hoodriverfruitloop.com).
- Mount Bachelor: Ski and snowboard, or hike and mountain bike, depending on the season, from the 9,065-foot summit of this Central Oregon peak near Bend (mtbachelor.com). Special ski offers are available for Alaska Airlines guests at Mt. Bachelor; see alaskaair.com/ski for details.
- Mount Hood: About 70 miles east of Portland, enjoy several ski areas, such as Mt. Hood Meadows, with skilift service to an elevation of 7,300 feet. It expects to remain open daily until April 21, plus the two weekends after that (skihood.com).
- Oregon Coast: Attractions include Cannon Beach (cannonbeach.org), with

its famous Haystack Rock, about 80 miles northwest of Portland, while about 65 miles west of Eugene/Springfield, the Florence area offers thrilling dune buggy tours on sand dunes (eugenecascadescoast.org). Also along the coast, whales can be spotted from land,



or by boat, or on air tours, with part-time resident and migrating gray whales seen at different times (visittheoregoncoast.com).





Abacela crafts wines such as Tempranillo, which can be sampled in the winery's tasting room.

# Additional Beverage Options

• On another fine Oregon day, on another fine stool, I bring a glass of Oregon Tempranillo wine to my lips as Hilda Jones, co-owner, with her husband, Earl, of Abacela winery in the Southern Oregon town of Roseburg, remarks: "Well, I can't imagine wearing black pants and a white shirt every single day."

Which makes me laugh, and is Hilda's way of saying that there are a lot of enticing options to explore in

the world of food and drink, including Tempranillo. I raise a glass of her Fiesta Tempranillo—a delightful, fruity, deep-red wine made from grapes grown on the Abacela estate—and toast both her sentiment and phrasing.

Abacela began in 1995 on a hunch by Earl that the Roseburg area, part of the Umpqua Valley, would be an ideal place to grow Tempranillo, a dominant grape in the Rioja wines of Spain, and also an excellent place to grow Albariño, a Spanish white varietal. After savoring Tempranillo in Spain, and not finding fine Tempranillo wine as an option in the United States, the couple decided to leave their jobs as medical researchers in Atlanta and seek the perfect location to start a winery. "We searched for three years to find this climate, with a short growing season featuring a cool spring and hot, dry summer," says Hilda as we next taste a reserve Tempranillo that has been aged for 18 months in oak barrels and that has a keen edge of tannin on the palate.

The Joneses chose well. Visiting their handsome tasting room, nestled among 76 planted acres of vines on rolling hillsides, feels to me like being in Rioja. And Abacela wines win numerous awards. The winery was Wine Press Northwest's 2013 Oregon Winery of the Year, and in 2015, Abacela was one of Wine Enthusiast's five nominees for American Winery of the Year. One of the 30-plus wineries in the Umpqua Valley, Abacela is a great example of Oregon's excellent beverage experiences. Following are a few more.

Central Oregon: Options include the Bend Ale Trail, with 18 sites, spotlighting what is aptly described as "a startling abundance of world-class breweries." Some breweries, such as Deschutes Brewery, offer production-facility tours. Central Oregon also has distilleries and wineries, as well as cideries that brew libations with Oregon apples and pears. Portland Area: Spirits lovers enjoy Distillery Row, on the southeast side of Portland, for vodkas, gins, rums and whiskeys. Ciders are available from companies such as the new Alter Ego Cider, also in southeast Portland. Oenophiles often head to the SE Wine Collective, a shared space for several boutique winemakers, which has a lively bar/restaurant. The nearby Teutonic Wine Compa-

ny is open daily for tastes of its German-style wines, with live jazz music on select weeknights.

Southern Oregon: In addition to Abacela and more than 130 other wineries, Southern Oregon has 24 craft breweries, in cities that include Ashland, Grants Pass and Medford. At Standing Stone Brewing Company in downtown Ashland, brews such as the citrusy Tempest IPA are popular before or after performances at the annual Oregon Shakespeare Festival, which will run March 1 to Oct. 27 next year.

Willamette Valley: The Willamette Valley—which stretches from the Portland area to south of the Eugene/ Springfield area—has more than 550 wineries in six American Viticultural Areas. In the southern part of the valley, family-owned LaVelle Vineyards and Dieter Boehm's High Pass Winery lie in rural regions with great backroads scenery. In downtown Eugene, the notable wineries include Ray Walsh's Capitello Wines, where Walsh, a native Kiwi, offers wines such as New Zealand Sauvignon Blanc alongside his Oregon Pinot Noir bottlings.

Farther north, you'll find Willamette Valley enclaves



ranging from Dundee to
McMinnville, with hundreds of notable wineries—
such as Angela Estate,
Brittan Vineyards, Elizabeth Chambers Cellar,
Ken Wright Cellars, Rex Hill and Willamette Valley
Vineyards—making Pinot
Noir and other varietals.

Ransom Wine Co. & Distillery, with a tasting room in McMinnville, not only makes fine wines but

also craft spirits, including an herbal Old Tom Gin that is a staple on many bar lists.

In the far northwestern corner of the Willamette Valley region, the Tualatin Valley, named for the Tualatin River Basin (the Tualatin River is a Willamette River tributary), has more than 30 wineries and tasting rooms. Dozens of varietals, from Pinot Noir to Riesling, are produced. Explore wine routes such as Old Vines; Quilt Barn and Wine; and City Wine Trails (including towns such as Beaverton, Hillsboro and Forest Grove).

As for beer, not counting Portland, the Willamette Valley has nearly 50 breweries, in areas ranging from Newberg to Eugene/Springfield. For example, the Wolves & People Farmhouse Brewery in Newberg, near Dundee, brews modern American interpretations of traditional European styles, including farmhouse saisons, wild ales, Belgian stouts and barrel-aged beers, often crafted using the farm's heirloom fruits and nuts. — J.G.

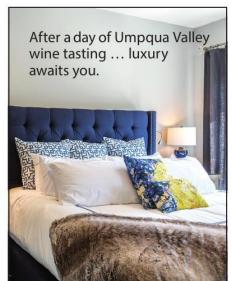
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ALASKA BEYOND DECEMBER 2018





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GREAT NORTHWEST

#### **ORFGON**

• Oregon Truffle Festival: Prized white and black truffles grow in Oregon and are celebrated with festival events in late January and mid-February in Eugene, the



Willamette Valley and the Yamhill Valley (oregontrufflefestival.org).

- Portland Walks: The Rose City has a host of parks with paved trails for beautiful nature walks, in every season, including Laurelhurst Park, which was named the most beautiful park on the West Coast by the Pacific Coast Parks Association ... in 1919! (travelportland.com).
- Summer Concert Series: The
  Les Schwab Amphitheater in Bend
  rocks with big-name acts throughout
  the summer (visitbend.com and
  bendconcerts.com).
- Tillamook Creamery: Recently remodeled, the creamery, about 75 miles west of Portland, now has more interpretive displays, videos, hands-on activities (such as milking a model cow), and opportunities to see-from large picture windows—the cheesemaking and packaging processes. Also enjoy free cheese samples; purchase a treat at the popular Tillamook ice cream counter; and shop for items ranging from T-shirts to sauce starters, to the new Maker's Reserve 2015 Vintage White Cheddar Loaf, which won a first-place honor in the 2018 American Cheese Society Awards (tillamook.com).
- Tualatin Valley Scenic Bikeway:
  The southern end of the approximately 50-mile route, which combines country roads with a 21-mile, carfree paved trail, starts about 25 miles west of Portland at Rood Bridge Park in Hillsboro, and passes farmlands, wetlands and forestlands (tualatinvalley.org). J.G.

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# FAMILY-FRIENDLY FUN

BY BUDDY LEVY

• Hunter reaches up with a palmful of lettuce, and the giraffe cranes its stupendously long neck over the high fence rail. The animal dips its head gently toward my 17-year-old son's hand and then sticks out its elongated prehensile black tongue, snatching the fresh green leaves and swishing its tail as it chews.

"That tickles," Hunter says. And we all laugh, marveling at how cute and docile the chestnut-orange-colored animal seems, in spite of being 16 feet tall.

My son and my wife, Camie, and I are at the Giraffe Encounter at Zoo Boise, and we've purchased lettuce from the zoo so we can take turns feeding these magnificent creatures. Capable of growing more than 18 feet high from hoof to head, giraffes are the world's tallest land animals,

yet they move with elegance.

Feeding the giraffes is just one small part of our great family weekend in Boise, where we're exploring the "Ribbon of Jewels," a series of parks named for some of the Idaho capital's most prominent women. The parks are part of the 25-milelong Boise River Greenbelt, and they offer a tremendous variety of family recreation, including a whitewater park, fishing destinations, sports facilities, museums and, of course, Zoo Boise, which is located in Julia Davis Park.

No matter your age, penguins, sloth bears, giraffes and meerkats are likely to make you smile. Zoo Boise, home to more than 300 animals, is open every day of the year except Thanksgiving, Christmas and New Year's Day, and its focus is on

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A Nordic skier glides through the 153-acre Ann Morrison Park, which is part of Boise's "Ribbon of Jewels."





Visitors enjoy the Giraffe Encounter at Zoo Boise.

increasing public awareness about animals and their habitats, as well as promoting conservation efforts.

After the Giraffe Encounter, we visit the penguin exhibit, where the endearing black-and-white creatures waddle and then swim playfully in their pool.

We also check out round-eared and white-whiskered Grevy's zebras, which we learn are endangered, with the number in the wild estimated at about 2,000, according to the African Wildlife Foundation.

At The Zoo Farm, we pet friendly (and soft!) sheep, goats and llamas before heading out for a picnic of sandwiches and fruit under a pavilion in Julia Davis Park's beautiful Rose Garden, which features about 2.400 roses.

After lunch we travel a little more than a

mile southwest to 153-acre Ann Morrison Park to play tennis. Hunter is on his high school varsity team, so we want to get in a good workout. Ann Morrison Park has six well-maintained courts surrounded by evergreens and poplars, and we play a few sets—with Hunter getting the best of me, as usual.

While we play, Camie checks out the Conservation Station with its interpretive signage about the local environment, including information about the nectar of milkweed flowers being a vital food source for bees, butterflies and other pollinators. Ann Morrison Park also offers a disc golf course, bocce ball courts, an outdoor gym, horseshoes pits, playgrounds and off-leash dog areas. Winter activities include snowshoeing and Nordic skiing.



## . GREAT NORTHWEST .

## IDAHO

#### MORE RECREATION

- Basque Block: This lively neighborhood in downtown Boise features Basque restaurants, shops and cultural attractions, along with public art celebrating Basque history in Idaho (thebasqueblock.com).
- Bruneau Dunes State Park: Picnic, hike, bird-watch, visit the observatory, and sandboard down a 470-foot sand dune in spring, summer and fall (parksandrecreation.idaho.gov/parks/bruneau-dunes).
- Craters of the Moon National
  Monument & Preserve: The lunarlike
  landscape is the result of ancient volcanic
  lava flows that covered more than 600
  square miles. Winter activities include
  cross-country skiing and snowshoeing
  (nps.gov/crmo).
- Hells Canyon National Recreation

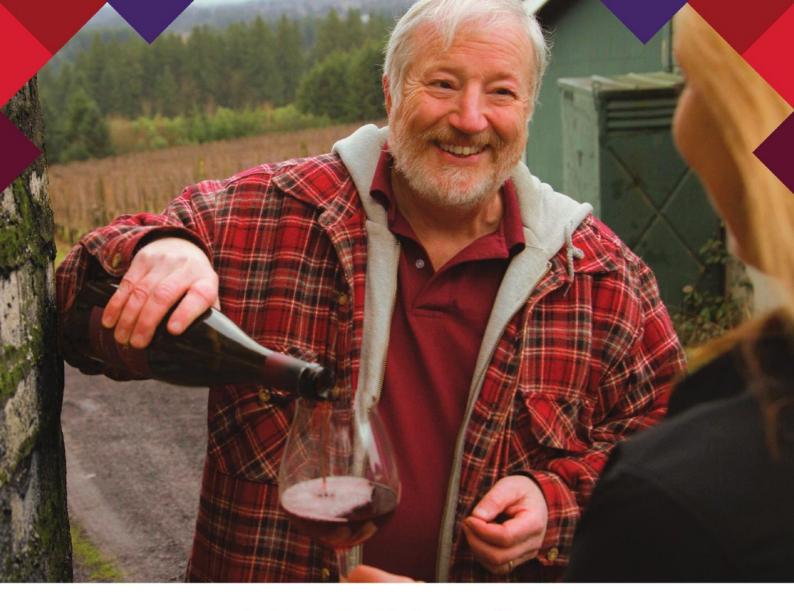
  Area: Spanning more than 650,000 acres
  between western Idaho and northeastern



Oregon, this region showcases the deepest river gorge in North America. Book a jetboat tour to explore the gorge from the Snake River (fs.usda.gov/detail/wallowa-whitman/recreation/?cid=stelprdb5238987).

- Idaho Golf: Great courses can be found around the state. In the Coeur d'Alene area, courses include the scenic Circling Raven Golf Club and the Coeur d'Alene Resort Golf Course, with its famous floating green. The Sun Valley area features upscale courses such as Sun Valley Resort's Trail Creek championship course, designed by Robert Trent Jones Jr. (visitidaho.org/things-to-do/golfing).
  - Idaho Wineries: With more than 50 wineries and 1,300 acres of grapes planted, Idaho is considered to be one of the fastest-growing wine regions in the West. Alaska Mileage Plan members can check a

ALASKA BEYOND DECEMBER 2018



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After tennis, we drive 6 miles east to the 72-acre Marianne Williams Park. We stroll the paved walking paths circling two large ponds edged by native bunchgrass and find a great blue heron feeding on trout in the shallows. Hunter is impressed by the bird's patience and stealth as it stands silently on its stilllike legs, waiting for fish.

Soon we'll seek out supper at one of Boise's many lively and excellent restaurants, and tomorrow we'll kayak or standup paddleboard at the Boise Whitewater Park for another day of family fun.

From outdoor adventure featuring majestic mountains, rivers, lakes and

streams, to arts and cultural attractions in urban centers and vibrant towns, the Boise area, and Idaho in general, provide seemingly endless opportunities for family-friendly experiences. **GNW** 

Buddy Levy lives in Moscow, Idaho. Go to visitidaho.org for more information about Idaho.

Alaska Airlines (alaskaair.com) provides regular service to Boise (BOI) and Sun Valley (SUN), as well as Pullman, Washington (PUW), and Spokane, Washington (GEG), gateways to North Idaho.

#### GREAT NORTHWEST.

# IDAHO

case of Idaho wine for free when departing from Boise, and from Pullman and Spokane, Washington (see wine.idaho. gov and alaskaair.com/wine).

- Jack's Urban Meeting Place: JUMP in Boise is an expansive, studio-based urban space offering classes, programs and events, from dancing to film editing to cooking (jumpboise.org).
- McCall: A quaint lakeside mountain town in central Idaho, it features an annual Winter Carnival (Jan. 25-Feb. 3) with snow sculptures, parades, fireworks, live music and motorized "snowbike"

# Additional Family Experiences

We're at the summit of Schweitzer Mountain Resort, near Sandpoint, gazing out at the Selkirk and Cabinet ranges ringing glimmering Lake Pend Oreille in the distance. The pines behind us are encrusted with wind-blown snow and look surreal against the cerulean skies. Our 21-year-old daughter, Logan, takes selfies

and family group shots until her younger brother, Hunter, digs in his poles and starts down the Pend Oreille trail, one of our favorite runs.

My family and I spend the morning riding the Great Escape Quad and skiing the Schweitzer Bowl side, hitting the groomed trails of White Lightning, Stiles and Ridge Run in succession. In the afternoon, we ride Stella—a high-speed six-passenger lift—and ski the lovely intermediate runs of Cathedral Aisle and Timber Cruiser. Après-ski in the hot tubs at the Selkirk Lodge rounds out a

perfect day in the mountains.

My wife, Camie, and I raised our children in the university town of Moscow, Idaho, and we have tried to expose them to the abundance of family recreation in Idaho's Panhandle. Skiing is a love of mine, and family trips to Schweitzer, as well as to Silver Mountain Resort and

Lookout Pass, have been annual rituals.

Below are more ideas for family fun in Idaho you might just start your own traditions.

Coeur d'Alene: Water recreation is at the heart of this scenic town, which is on the northern end of pristine Lake Coeur d'Alene. Get out on the morethan-25-mile-long lake via a chartered boat or rented motorboat, or with a standup paddleboard or kayak. Explore the area's rivers, such as the St. Joe and Spokane, with a guided rafting or fishing trip.

Moscow: With a nickname of "The Heart of the Arts," Moscow, in the Idaho Panhandle, has a vibrant cultural scene that includes the Appaloosa Museum & Heritage Center Foundation and the Kenworthy Performing Arts Centre, which is showing La Traviata streamed live from New York's Metropolitan Opera on December 15.

Sun Valley: The region is famous for great year-round recreation. Sun Valley Resort, America's first destina-

tion ski resort, also boasts world-class

golfing, fly-fishing, horseback riding, mountain biking and hiking. —*B.L.* 

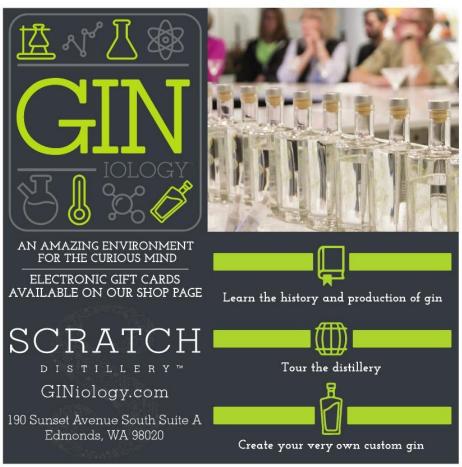
Special offers are available for Alaska Airlines guests at Schweitzer and Sun Valley resorts. See alaskaair.com/ski for more details.



Schweitzer Mountain Resort offers great skiing with beautiful views of Lake Pend Oreille. Right, a young golfer putts at Sun Valley Resort.

ALASKA BEYOND DECEMBER 2018 NW19





. GREAT NORTHWEST .

# IDAHO

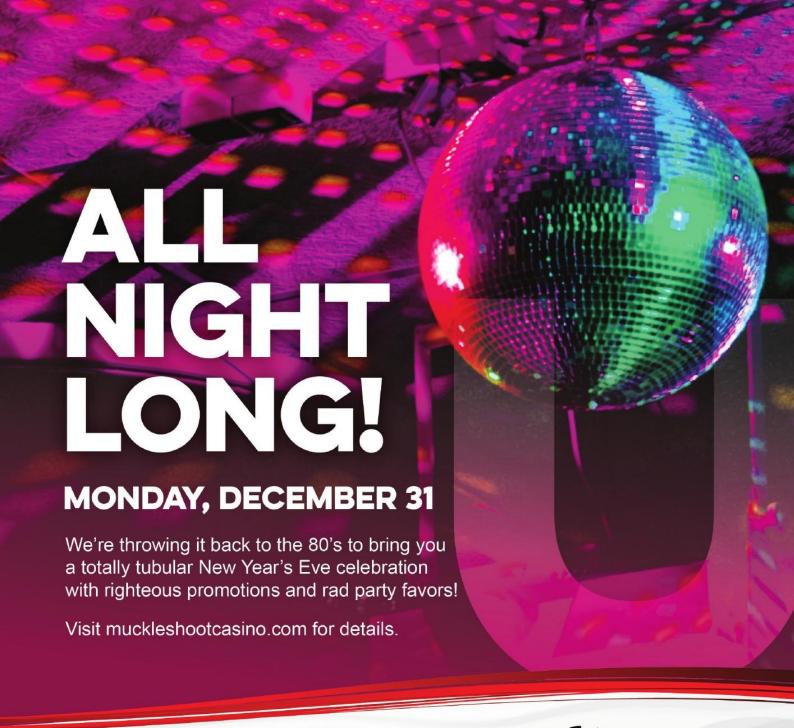
racing. The area is also renowned for outdoor recreation ranging from mountain biking to skiing to canoeing (mccallchamber.org).

- North Idaho Lake District: Lake Coeur d'Alene, Lake Pend Oreille and Priest Lake offer excellent boating, camping, fishing and swimming (lakecoeurdalene.com; sandpointonline.com; priestlake. org).
- Riggins: At the confluence of the Salmon and Little Salmon rivers in central Idaho, this picturesque town is known for its whitewater and fishing recreation, and for being a gateway to hiking and backpacking in the Seven Devils Mountains (rigginsidaho.com).
- Stanley: A scenic 60-mile drive north of Sun Valley, Stanley sits in a stunning basin along the Salmon River, with access to the Sawtooth and White Cloud mountain ranges. Enjoy camping, Nordic skiing, snowmobiling, trail riding, river rafting, paddling pristine lakes and mountaineering (stanleycc.org).
- The Trail of the Coeur d'Alenes: The 72-mile paved recreation path runs from Plummer to Mullan. It crosses Lake Coeur d'Alene via a spectacular trestle bridge on the way to Harrison and heads east through wildlife-abundant riparian habitat to the historical Silver Valley Mining District (parksandrecreation.idaho.gov/parks/trail-coeur-

d-alenes).

• White Pine Scenic Byway:
This is a wonderfully winding drive through North Idaho with interesting attractions such as the Palouse Divide Nordic Ski Area, Coeur d'Alene's Old Mission State Park, and camping and fishing opportunities (visitidaho.org/things-to-do/scenic-byways-backcountry-drives/white-pine-scenic-byway). —B.L.





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# OUTDOOR ADVENTURES

BY JEAN ARTHUR

#### • Steam rises from the backs of bison

as they move snow with their massive heads to uncover nibbles of grass. About 100 yards north of the bovids, thermal features gush and gurgle in the Upper Geyser Basin, where my husband, Lynn, and I are cross-country skiing along established trails and boardwalks near Old Faithful Snow Lodge, our home for a few days.

We soak in the sun's snow-filtered rays amid Yellowstone National Park's 2.2 million acres, where we are among the laid-back visitors exploring during the quiet season. We entered the park yesterday at Gardiner, Montana, about 80 miles south of Bozeman, parked our truck at the Mammoth Hot Springs Hotel in the north end of the park, and took a Xanterra snowcoach about 50 miles along the Grand Loop Road to the

Old Faithful area, passing frozen waterfalls, gurgling mud pots, lots of bison, some bull elk and one bald eagle. (Mammoth Hot Springs lodgings are closed for renovation this winter, but the site is still being used as a base for snowcoach transportation.)

Yellowstone National Park is part of Montana's Yellowstone Country tourism region, anchored by Bozeman and by the ski slopes of Big Sky Resort, Bridger Bowl and Red Lodge Mountain. This is a region where animals outnumber humans, where blue-ribbon rivers provide outstanding fishing, and where the mountains and valleys show off natural wonders and invite outdoor adventurers.

For our Nordic ski excursion this morning, we are guided by Crystal Cassidy, manager of the Bear Den Ski Shop at Snow

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Lodge, which also offers equipment rentals and lessons. Our tour follows a gentle, groomed, 4.8-mile there-and-back route alongside the steaming Firehole River to Lone Star Geyser. We kick and glide past lodgepole pines to reach the geyser, which spouts 30 to 45 feet high, about every three hours, for approximately 5 minutes, plus a 15-minute steam phase, Cassidy says.

We see the 12-foot-tall cone—one of the park's 10,000-plus thermal features—puff and steam, although it doesn't belch for us today. Still, it's interesting to observe, and we've also been refreshed by the snowy beauty and serenity of our excursion.

Warmed from the exercise, we arrive back at Snow Lodge to hear children's giggles chiming from the ice-skating pond, while parents warm mittens by a bonfire.

Live music strums in the lobby, where we meet guests from all over the world. They've tried guided snowshoeing. They've watched the nearby Old Faithful geyser gush. And they've heard wolves howling—some of the park's approximately 100 Canis lupus that roam in numerous packs.

Yellowstone is known for

wildlife such as bison.

After a few more days of skiing and sightseeing, we catch a Xanterra snow-coach back to the Mammoth Hot Springs Hotel. Our driver entertains us with park tales: "You don't think of cats as swimmers, but right here along the Firehole River last year, I watched a bobcat on that very log that hangs out over the river," he says. "The cat was waiting for geese to float underneath. Suddenly, the bobcat dropped off the log onto its prey and in the river."

Then the excitement in his voice increases as he spots something interesting during our own snowcoach drive. "Canines! Just ahead!" Loping along the road is a pack of wolves, leaving their fresh prints in new snow. Their route zigs and zags. Maybe, like us, they are reveling in the unique beauty and wildness of Yellowstone in winter. **GNW** 

Jean Arthur lives in Bozeman. For more on Montana recreation, see visitmt.com.

Alaska Airlines (alaskaair.com) provides regular service to Billings (BIL), Bozeman (BZN), Great Falls (GTF), Helena (HLN), Kalispell (FCA) and Missoula (MSO).

### . GREAT NORTHWEST .

# MONTANA

#### MORE RECREATION

- Alberta Bair Theater: Located in downtown Billings, the theater hosts live theatrical performances and acclaimed musicians, as well as the Billings Symphony (albertabairtheater.org).
- Bannack State Park: This park about 25 miles southwest of Dillon was the site of the first major gold discovery in Montana, in 1862, and is now a preserved ghost town. Weather allowing, you can ice-skate on the park's frozen dredge pond on various dates (skate rentals are available), starting Dec. 26. In summer, tours are available from the seasonally open visitor center (bannack.org).
- Bar W Guest Ranch Sleigh Ride: Enjoy 45 minutes of dashing through the snow with Percherons Duke and Dutch at this ranch in Whitefish, followed by hot cocoa in the main lodge. In summer, take a trail ride on Spencer Mountain (thebarw.com).
- Gallatin History Museum: The Bozeman museum, housed in a 1911 former jail,



URTESY GALLATIN HISTORIC

has jail cells that can be entered; a tabletop model of the U.S. Army's 1867 Fort Ellis; artifacts such as a homesteader's cabin; history-related videos; and 20,000 historical images (gallatinhistorymuseum.org).

- Garden of One Thousand Buddhas: In beautiful Jocko Valley, about 30 miles north of Missoula, 1,000 Montana-crafted Buddha statues, arranged in the eightspokes pattern of the Wheel of Dharma, celebrate and promote peace and enlightenment. At the center of the "wheel" sits a statue of Yum Chenmo, also called "the great mother of transcendent wisdom" (ewambuddhagarden.org).
- Hockaday Museum of Art: The Kalispell museum has a permanent collection of works by artists such as Charles M. Russell, Ace Powell and O.C. Seltzer, as



ALASKA BEYOND DECEMBER 2018

# Additional Adventures

• "Saddle up!" says Theresa Kuhlmann Butcher, owner/lead wrangler at Bitter Creek Outfitters'
7,000-acre ranch in the Billings area. My friends and I place boots in stirrups and find the saddle seats—mine aboard a quarter horse named Mickey—to follow the wrangler through a fragrant ponderosa pine forest on a trail ride typically offered spring into fall. We ride past cattle, deer and meadowlarks as Butcher shows off the ranch. The Lewis and Clark Expedition floated the Yellowstone River past this land, she says, adding, "We can see five mountain ranges—the Bull Mountains, Crazy Mountains, Pryor Mountains, Bighorn Mountains and Beartooth Mountains."

In a sage-filled meadow atop a sandstone cliff, we take a break. From this vantage above the Yellowstone River, I can see a land-scape filled with cottonwoods and aspens, river braids and ranchlands. Also visible, rising above the river's shore, is Billings, whose edges are hugged in places by yellow, orange and tan sandstone cliffs, which like the formation on which I'm standing are part of a geological group locally called the Rimrocks. They began to form about 80 million years ago, when this area was part of a large

interior sea with sediment and sand deposits. We can also see Pictograph Cave State Park, where about a dozen of the 100-plus ancient rock paintings are still visible, including one dating as far back as 2,000 years. The park may be an excursion to enjoy after we've refueled with local wagyu beef at Walkers restaurant in

downtown Billings. Here are several additional options among the many outdoor adventures in Montana.

**Great Falls Area:** The River's Edge Trail runs about 60 miles, paralleling the Mighty Mo—the Missouri River—as it courses through the Great Falls region. The trail attracts bikers, walkers, anglers ... and pelicans, great blue herons, eagles and magpies. The Lewis and Clark National Historic Trail Interpretive Center, just above the River's Edge Trail, tells the story of the Corps of Discovery's journey across the country, including the Great Falls area.





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GREAT NORTHWEST

MONTANA

**Helena Area:** Montana is famous for the quality of its fishing, and guides include Helena-based Montana Fishing Outfitters, which leads seasonal fly-fishing trips to trout-rich sections of the Missouri, Blackfoot, Clark Fork and other rivers convenient to Montana's capital city, as well as guiding expeditions to other Montana locations.

Kalispell Area: Glacier National Park welcomes winter visitors via ranger-led snowshoe outings from the Apgar Visitor Center. Commercially guided snowshoeing and cross-country skiing tours are also available. In summer and early fall, enjoy park concessioners' excursions such as hiking tours and tours of the famed Going-to-the-Sun Road.

Missoula Area: Calm stretches of the Clark Fork River lend themselves to standup paddleboarding during the summer and fall. Paddleboard rentals are available from the Trail Head in Missoula, which can provide information about river conditions. To catch bigger waves, surf or kayak the humanmade Brennan's Wave in downtown Missoula, or go with an outfitter to raft the Alberton Gorge part of the Clark Fork River, from approximately May into October. —J.A.

well as rotating exhibits of pieces by other famous, and emerging, artists. The "50 Works for 50 Years" exhibit, Dec. 6-Feb. 23, showcases the artistic legacy of Montana and Glacier National Park (hockadaymuseum.org).

• Little Bighorn Battlefield
National Monument: The
Crow Agency displays artifacts
such as one of Lt. Col. George
A. Custer's uniforms and buckskin outfits, and memorializes
the 1876 battle in which Custer
and more than 200 U.S. Army
7th Cavalry soldiers perished in
combat with Sioux and Cheyenne warriors at this site,
about 65 miles southeast of
Billings. Apsaalooké Tours
offers summertime interpreta-

tion by Crow Nation historians of the events of the Last Stand (nps.gov/libi/index.htm).

• Missoula Art Museum:
Focused on contemporary
local, state and national art,
it displays exhibits such as
"Harold Schlotzhauer: Living
in a Good Dream," through
Feb. 9, featuring the abstract
works of the nationally known
artist, who was a Montana
State University art professor from 1980 to 2008
(missoulaartmuseum.org).

• Montana Antique Mall: Located in the 1890s Montana Hotel in Missoula, the mall has four floors of antique and vintage items from nearly 60 dealers (montanaantiquemall. com).



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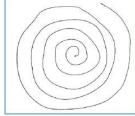
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#### • Montana Brewers Trail:

More than 60 craft breweries throughout the state-including in Billings, Bozeman, Great Falls, Helena, Kalispell and Missoulaappeal to beer connoisseurs (montanabrewers.org/trailmap).

• Montana Pro Rodeo Circuit

Finals: One of the many rodeos held in Montana and honoring Old West heritage, the finals will celebrate its 40th anniversary, Jan. 11-13 in Great Falls (montanaprorodeo.com).

- Museum of the Rockies: Part of Montana State University's campus in Bozeman, the museum has natural-history exhibits, including a planetarium and one of the largest dinosaur collections in the world, featuring many T. rex and triceratops specimens (museumoftherockies.org).
- Pompeys Pillar National Monument: About 25 miles east of what is now Billings, William Clark of the Corps of Discovery etched his name and the date, July 25, 1806, in sandstone—a signature still visible today (blm.gov/programs/nationalconservation-lands/montanadakotas/pompeys-pillar).
- Whitefish Mountain Resort: Ski or snowboard your choice of 105 marked trails in winter, and hike, pick berries, mountain-bike



and more after the snow melts (skiwhitefish.com). Special ski offers for Alaska Airlines guests are available at Whitefish Mountain Resort; see alaskaair.com/ski for details.

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# CULTURAL CONNECTIONS

BY LAUREN KRAMER

#### I'm sitting in a First Nations canoe

and gently paddling through the glassy waters of Victoria's Inner Harbour. It's a crisp, sunny day, and in the distance, I see the waterway's bustling scene, as brightly colored ferries shuttle passengers around, a whale-watching boat leaves for a tour, and a seaplane prepares for takeoff. One of my guides, Diane, a member of the Songhees Nation, breaks into loud song as she rhythmically beats a drum. She gestures to the city's piers flanked by vessels. "That was once a Songhees village called Sikkim," she says.

My canoe trip is part of a daylong tour with Spirit Culinary Excursions, whose owner, chef Shirley Lang—a member of the Cree First Nation—has made it her mission to introduce guests to Vancouver Island's

Indigenous and culinary charms. Later, on the grounds of the Royal BC Museum, we sit near replicas of First Nations totem poles and enjoy a picnic lunch prepared by Lang: wild salmon, a First Nations specialty, on a bed of lemon arugula, accented by pickled wild sea asparagus, a modern take on the traditional meal.

"I like to expose my guests to old traditions, but also to new ones," Lang says of her selection of meal ingredients.

Many of the stops on Lang's culinary excursions feature artisans whose work she admires. At Snowdon House Gourmet & Gifts in North Saanich, we sample vinegar infused with flavors from Douglas fir branch tips. Owner Laura Waters is a vinegar specialist whose gift-store shelves also hold many innovative fruit-infused vinegars. We sample various types, including a pear-and-anise-infused vinegar, before leaving with our favorites to add some exciting tastes to our home cooking.

At nearby Urban Bee Honey Farm, we try a number of infused honeys, including a smoke-flavored variety that evokes barbecue memories.

In addition to exploring the products of local culinary artisans, Lang finds inspiration during foraging trips with local . GREAT NORTHWEST

## BRITISH COLUMBIA

#### MORE RECREATION

- Fort Rodd Hill & Fisgard Lighthouse: Located about 10 miles west of Victoria, the area is home to the oldest lighthouse on Canada's West Coast, dating back to the 1860s. You can tour the museum inside the lighthouse, and visit Fort Rodd Hill's military sites (pc.gc.ca/en/lhn-nhs/ bc/fortroddhill).
- Garden Walks: The famous Butchart Gardens are located in Brentwood Bay, about 15 miles north of Victoria. The site has five dazzling gardens, restaurants, a renowned afternoon tea and activities (butchartgardens.com). In Vancouver, visit the VanDusen Botanical Garden, a 55-acre oasis with more than 7,500 plant species (vandusengarden.org).
- Kelowna: The Actors Studio dinner theater performs Elf—The Musical, Dec. 5-23 (kelownaactorsstudio.com). The Okanagan Symphony Orchestra will perform Mozart's Clarinet Concerto and "Jupiter" Symphony, Jan. 25-27 (okanagansymphony.com) The Big White Ski Resort near Kelowna offers 2,765 skiable acres. Visit alaskaair.com/ski for special offers for Alaska Airlines guests.
- Myra Canyon: Bike along this scenic portion of the Kettle Valley Rail Trail, located about 15 miles southeast of

Kelowna, which includes a steep-walled canyon, trestle bridges and tunnels. Rent bikes at Myra Canyon Bike Rentals, from May through early October (myratrestles.com).



- Sncewips Heritage Museum: The First Nations museum near Kelowna showcases the art, culture and history of the Syilx nation. The museum is designed to be a living history of the Syilx people, with exhibits that include an ornately carved dugout canoe (sncewips.com).
- Vancouver: The Royal Winnipeg Ballet performs *The Nutcracker*, Dec. 7–9 (balletbc.com). The Vancouver Symphony Orchestra presents "A Traditional Christmas" concerts, Dec. 12–22; as well as Vivaldi's *Four Seasons*, Dec. 21–23 (vancouversymphony.ca).
- Victoria: The Victoria Symphony performs "Christmas Pops" holiday concerts, Dec. 7–9. Other performances

Three Sisters Succotash is one of the dishes served by Victoria's Spirit Culinary Excursions.

experts. She works closely
with Tabitha Jones, an ethnobotanist for whom the island's
mountains, slopes and beaches are
natural collection grounds for edibles.

That evening, Lang uses foraged ingredients to help develop an eight-course meal that is a feast for the palate and the senses. The courses include ingredients that are popular with First Nations peoples, such as smoked sablefish. However, she adds new twists to the menu by serving the fish with a wild goose tongue grass transformed into a pesto. Other dishes include stinging nettles served in an avocado soup with wild lemon sorrel; sea spinach; fresh sea asparagus; and the finale—a sticky-rice pudding scented with wild Nootka rose.

The following day, I return to the Royal BC Museum to see the works of artist Emily Carr (1871–1945). The Victoria native is probably most famous for paintings of the villages and totem poles of First

Nations peoples. To explore her work, I head to the museum's BC Archives, which house more than 100 paintings. Carr's work has become a symbol of the beauty of British Columbia, its forests, beaches and Indigenous peoples. To see her artwork, visitors can make an appointment to tour the archives. It's a great way to gain a deeper understanding of this beautiful land. **GNW** 

Lauren Kramer writes from Vancouver, B.C. For more information about British Columbia cultural activities, go to hellobc.com.

Alaska Airlines (alaskaair.com) flies daily to British Columbia's Kelowna (YLW), Vancouver (YVR) and Victoria (YYJ). . GREAT NORTHWEST.

BRITISH COLUMBIA

include Handel's *Messiah*, Dec. 14 and 16; and The Irish Tenors, Dec. 15 (victoriasymphony.ca).

- Walking Tours: Kelowna Museums Society offers city tours in the summer, (kelownamuseums.ca). Forbidden Vancouver Walking Tours explores the city's historical neighborhoods (forbiddenvancouver.ca). Discover The Past in Victoria has Chinatown Walks, Ghostly Walks and Victoria's Story walks, available yearround. Christmas in Old Victoria walks are available Saturdays and Sundays in December (discoverthepast.com).
- Wine-Tasting: In the Okanagan area, British Columbia's wine center, you can drive Kelowna's Lakeshore Wine Route to visit five wineries (lakeshorewineries.ca). Near Vancouver, visit the town of Langley to tour nine wineries (tourism-langley.ca/winetours). L.K.

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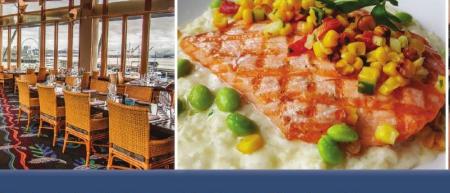
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The Aztec Mentor Program (AMP) develops students' career readiness by providing students with the workplace insights, knowledge and contacts that are usually gained through years of experience. Our dedicated mentors – alumni, parents and community partners – share a passion for their profession, a commitment to student success and a desire to make a difference for the next generation of Aztecs.

"I've had a great experience with AMP," says two-time mentor Mike Gellman, an SDSU alumnus and founder and head of High Five Career Coaching. "I've been really impressed and inspired by my mentees' enthusiasm and desire to learn."

Launched in fall 2013, AMP connects juniors, seniors and

graduate students with professionals who mentor with purpose and commitment. More than 7,000 mentor-AMP matches have been made to



Eric Rivera, Vice President for Student Affairs

Vice President for Student Affairs Eric Rivera says SDSU is grateful to the thousands of dedicated AMP mentors who give their time to help students be job-ready at graduation and to help our economy thrive.

"Programs like AMP provide SDSU students with practical career advice, with access to professional communities and with the guided experience that often leads to internships and employment after graduation," Rivera noted.

As you plan for 2019, consider becoming a mentor in the Aztec Mentor Program, hire an intern or employ an SDSU student or graduate. Your work with our students helps shape the next generation of leaders who will positively impact our communities and workplaces.

Be a part of the SDSU success story.

I had a couple mentors when I was a student, and it's been rewarding to give back to the next generation of professionals. The AMP program is like a light that expands and multiplies. It's a quadruple win — for the students, for the mentors, for SDSU and for future employers.??

— Mike Gellman, AMP mentor to Milana Mukhametshina and Liana





Join today at amp.sdsu.edu

Marin









ith three powerful strokes, I pull away from the white sand of Hā'ena Beach in the warm waters of the Pacific, on Kaua'i's north shore. I sit atop a yellow two-person kayak with a guide from Kayak Kaua'i who will lead five boats and 10 hearty adventurers on a 17-mile, eight-hour odyssey along the Nāpali Coast.

As we paddle out, the water deepens, and the color of the sea morphs from turquoise to emerald to navy. Heading west, the spire of Mount Makana looms to my left, and dramatic views of the island open up in a way that can't be seen from land. Jagged peaks, cliffs and deep-red soil blanketed with lush green flora and cut by narrow waterfalls are transcendent. The morning's gentle trade winds give texture to the open water, and with each stroke our kayak bobs and weaves through low swells.

In about 40 minutes, we approach the turtle feeding grounds off Kē'ē Beach, a destination for drivers on the scenic twolane Kuhio Highway and the trailhead for the Kalalau Trail.

For any in our group who are feeling challenged during this first short leg of our daylong paddle, Kē'ē Beach is the last exit before the five-hour paddle ahead. It's important to assess your own physical abilities when on such a demanding trip. One couple opts out and is guided to shore while the rest of our group continues around the bend toward Hanakāpi'ai, a rocky beach where a river, fed 2 miles inland by a 300-foot-tall waterfall of the same name, meets the sea.

Please note that Kayak Kaua'i has temporarily altered this trip due to weather events that have affected the area. The Kalalau Trail and Kē'ē Beach were closed at press time. For visitors

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#### **66** WE ENTER THROUGH A TALL STONE ARCH AND SEE THAT INSTEAD OF DARKNESS, THE CEILING IS OPEN TO BLUE SKY. ">>

seeking other options during the closures, or for those more interested in a less rigorous experience in general, tranquil paddles on the Wailua and Hanalei rivers are good options.

From the ocean, I can see day hikers and backpackers high up on the narrow trail cut into the steep mountainside. I've hiked and camped the Kalalau Trail and enjoyed the babbling streams, towering waterfalls and extraordinary vistas found along the way. Now, for the first time, I am viewing Kaua'i as the early Hawaiians or ancient Polynesians must have, from the sea with a paddle in hand.

For the next several hours, we explore the ethereal coast, and also spot spinner dolphins and green sea turtles. Not far beyond the Honopū Valley, the halfway point of the trip, we paddle into a sea cave. We enter through a tall stone

arch and see that instead of darkness, the ceiling is open to blue sky.

Inside, the ocean is calm around a sea stack of rocks that formed when the ceiling collapsed ages ago. From my kayak, I jump into the water for a refreshing dip. We snack, hydrate, then paddle onward toward our lunch spot at Miloli'i Beach. We have this beach to ourselves to eat, recharge or enjoy a short hike to a nearby freshwater stream.

After our relaxing lunch break, the last 4 miles go quickly. At our final destination, we pull onto Polihale Beach, one of the widest and emptiest beaches I've seen in the Hawaiian Islands. We're greeted by



#### MORE KAYAKING IN HAWAI'I

By design, ocean kayaks tend to be stable, durable and easy to maneuver. Currents and winds can shift dramatically, creating unexpectedly challenging circumstances. When in doubt, engage a professional guide. Hawaiian canoeing is also available at many locations and offers an equally exciting paddling experience.

- HAWAI'I: For history and beauty, it doesn't get much better than a guided kayak tour on Kealakekua Bay, home to spinner dolphins and good snorkeling at Ka'awaloa Cove. Kona Boys can set you up (konaboys.com).
- MAUI: With Maui Kayak Adventures, head to Honolua Marine Preserve on Maui's northwest coast, or paddle to Turtle Town off Mākena for great snorkeling in the south (mauikayakadventures.com).
- O'AHU: Kailua Beach Adventures takes visitors on a fun day of paddling out to small islands off Kailua Beach in windward O'ahu: Popoi'a Island (Flat Island) and the Mokulua Islands State Seabird Sanctuary. Then visitors paddle to nearby Lanikai's whitesand beach for snorkeling (kailuasailboards. com). -R.D.



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perhaps a half-dozen local families enjoying this remote beach. With strong currents, it's not a swimming beach, but it is beautiful, and before being transported back to Kayak Kaua'i's Wailua River Marina Shop, we sit and take in the scene. It's a worthy end to our stunning trip.

Kayaking off Kaua'i is just the beginning of grand water adventures in the Islands. Read on for more ideas.

#### Surf O'ahu

I lie prone on my striped 9.5-foot surfboard, and after a few frantic paddles, I pop up and ride a small wave on O'ahu's North Shore. People gaze from the pool deck of Turtle Bay Resort as we surfers ride the long breaking waves that parallel the shore. I zip down the face and carve left, then right, along the glassy, peeling wave. My surf instructor, former pro Hans Hedemann, calls out advice. I attempt to put it into practice until the wave peters out, then spin my board around and paddle out for another ride.

Hawaiʻi and surfing are inseparable.

One of the earliest records of surfing was

penned in the late 1770s by a member of Captain Cook's crew. But for centuries before the touch of Western civilization, surfing was an integral part of Hawai'i's culture, religion and social fabric.

There were strict rules (kapu) defining how surfboards were made, where royalty and commoners could surf, and what types of surfboards each class of society could ride. Many credit the transformation of surfing from a generations-old Polynesian pastime into the international sport it is today to native Hawaiian Duke Kahanamoku (1890–1968), an Olympic swimmer who grew up surfing Waikīkī.

Having read my share of surf magazines and watched videos of two-story waves at Pipeline and Waimea Bay, I never imagined I'd be surfing Oʻahu's famous North Shore. Turns out, there is a season when beginners and intermediate surfers can catch waves, too: summer. Pua'ena Point, Chun's Reef, Kawela Bay and the area in front of Turtle Bay Resort all offer smaller waves on the North Shore—but always check first.

Before discovering the North Shore,

#### MORE SURFING IN HAWAI'I

While the Hawaiian Islands offer ample beginner waves, the Islands are also famous for some of the biggest waves on the planet. Even when surfing on the smallest waves, be careful near reefs, rocks, coral and sea life (urchins). Certain surf breaks are more territorial than others, so respect the locals. When in doubt, hire an instructor or guide who will take you to visitor-friendly breaks or introduce you to the locals. For up-to-date wave reports, visit surfline.com.

HAWAI'I: Kahalu'u
Beach Park's first reef is
considered good for
beginners, and lessons
are offered here. The



outer reefs get more advanced. La'aloa Bay (White Sands Beach Park) is a favorite for advanced surfers.

■ KAUA'1: Surf on the island's south shore at Kekaha Beach, which is known for its long stretch of white sand. Family-friendly Poʻipū Beach is another good surfing spot in the south.

MAUI: Cove Park in Kīhei (in summer) offers soft, fun and accessible surf. At Launiupoko Beach Park south of Lahaina, the waves are fun and consistent. Pāpalaua Beach in Lahaina has so many breaks, it's easy to find uncrowded waves. Kanahā Beach (in winter) is regarded as being perfect for beginners. —R.D.

I only surfed the long waves of Waikīkī
Beach, where lessons and boards are
available, and each wave can carry several
smiling, laughing learners. It's a relaxed,
fun area, and with the help of an instructor or a few good paddles, almost anyone
can catch a wave with iconic Diamond
Head towering in the distance.

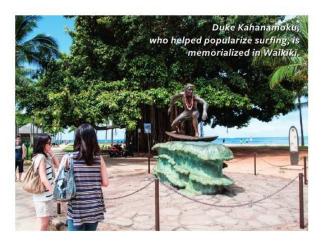
#### **Windsurf Maui**

As I drive past fields of sugarcane on Maui's Hāna Highway, I spot dozens of bright fluorescent sails slicing across the blue horizon. I pull off at Hoʻokipa Beach, and before me is a water playground.

While traditional surfers paddle out using only the power of their arms, windsurfers and kiteboarders harness the wind to do the job faster and with much less effort—a fundamental concept used by Polynesians to reach the Hawaiian Islands thousands of years ago in sailequipped, twin-hulled voyaging canoes.

Dozens of expert windsurfers grab their share of today's 20-knot winds and race toward 4-foot swells. The windsurfers launch off the waves like skiers on 66 FOR CENTURIES BEFORE THE TOUCH OF WESTERN CIVILIZATION, SURFING WAS AN INTEGRAL PART OF HAWAI'I'S CULTURE, RELIGION AND SOCIAL FABRIC. 77

jumps, executing flips and spins before landing and continuing on. Most make a repeating loop, zipping over the lines of peeling waves, then circling back. On the relatively small beach, windsurfers assemble their sails and boards, strap on their harnesses and vests, and carry their



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boards into the wind-whipped sea.

There are three main breaks at Hoʻokipa, and each has a priority designation designed to help keep everyone safe:
Pavilions, at the eastern end, is reserved exclusively for surfers, while Middles in the center and H-Poko Point at the western end tend to be where most windsurfers ride. Lanes, farther west around the point, is where kiteboarders sail, and I stroll down to watch them perform long, high and exhilarating aerial maneuvers.

With steady trade winds and consistent surf, it is little wonder Maui has remained a center of windsurfing. Maui offers some popular beginner/intermediate windsurfing areas, including Kanahā, Kīhei, Lahaina and Sprecklesville. But as the home to renowned riders such as Robby Naish and Kai Lenny, as well as the annual Aloha Classic in October and No-

44 DOZENS OF WINDSURFERS GRAB THEIR SHARE OF TODAY'S 20-KNOT WINDS AND RACE TOWARD 4-FOOT SWELLS. >>>

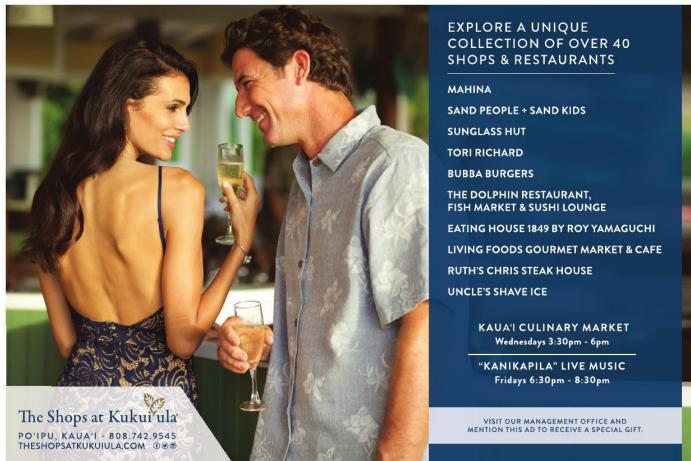
vember, which is part of the International Windsurfing Tour, Maui continues to be one of the top destinations for advanced windsurfers and kiteboarders.

#### Scuba Dive Hawai'i

With masks, fins and scuba tanks on, my wife, Susan, and I roll back off the side of a Kona Diving Company boat into the clear waters off the Kona coast of Hawai'i. The stark black lava lining the shore transforms into a colorful coral world.

We are at a dive site called Paradise Pinnacle, located south of Kailua-Kona on the western side of Hawai'i. As we descend, we approach the top of the larger







#### MORE WIND-SURFING IN HAWAI'I

In addition to expert areas, Maui offers beginner and intermediate sites such as Kanahā, Kīhei and Lahaina. It also has many options for gear rental and lessons, helping to make it a hub of windsurfing and kiteboarding. But each island offers its own unique scene.

HAWAI'I: 'Anaehoʻomalu Bay (commonly called "A-bay"), in Waikoloa, and South Point are good windsurfing and kiteboarding spots on the Island of Hawai'i.





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■ KAUA'l: High winds and a generally rocky coastline make Kaua'i a venue for primarily advanced riders, but lessons for beginners are available on the north shore through Kiteboard Kauai (kiteboardkauai.com).

■ 0'AHU: Kailua's long beach and steady trade winds have made it popular for windsurfing and kiteboarding. Zip out to the nearby Popoi'a and Mokulua islands. Lessons and rentals are available at Hawaiian Watersports (hawaiianwatersports.com). — R.D.

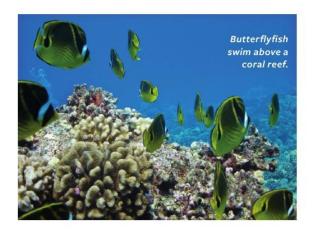


#### 44 FLOATING WEIGHTLESS HERE IS OTHERWORLDLY. 77

of two pinnacles and find it studded with a variety of coral. The water is 78 degrees, and the visibility is well beyond 75 feet. We explore the coral garden nesting on the top of the pinnacle before circling around the tower on our way farther down.

I shine my dive light to illuminate the colors that diminish at depth and see that the craggy rock face is almost entirely covered with varieties of colorful coral and algae. Butterflyfish, surgeonfish and other tropical species skitter about, and a shy moray eel peers out from its craggy hole. Fragile black coral clings to the rock, and strands of wire coral reach out like velvety tendrils. A large fish,





yellow and black, skirts behind a rock.

As we approach the second pinnacle, we see a narrow canyon between the two. Floating weightless here is otherworldly. As we approach the sandy bottom, at near 90 feet, I look up at the towering structure silhouetted against the shimmering surface above. Then we make our way back

toward the surface, where our dive boat and snacks await.

Exploring lava tubes, sea caves, sunken ships and flourishing reefs in clear, warm water is always a treat, and I have had the good fortune to dive Maui; Kaua'i; O'ahu; and Ni'ihau, west of Kaua'i, on a variety of dive trips. But some of my favorite experiences have been in the water off Kona, which is exceptionally clear, and where the reefs and sea life are particularly vibrant.

With so much lava along the surrounding shoreline, and comparatively little sand, the sediment and runoff from tropical rains is limited. Another benefit of diving or snorkeling on the Kona coast is the spectacular giant manta ray encounters on tours (ample lights are provided). These encounters are among the most memorable experiences I have ever had.

#### MORE SCUBA **DIVING IN HAWAI'I**

There are hundreds of dive operators throughout the Islands. First-timers can experience scuba diving in a single day with an introductory resort course. Any PADI 5-Star rated dive operator will likely be first-rate. A good overview of dive sites throughout Hawai'i can be found at travel.padi. com/d/Hawaii.

KAUA'I: Almost every time I enter the water in Kaua'i, I run into curious green sea turtles (honu). For turtle encounters







as a diver, check out Sheraton Caverns or Turtle Bluffs. Neighboring Ni'ihau offers very clear water and exciting rock and reef structures.

- MAUI: The first dive of my life was off Molokini Crater more than 30 years ago. There are dozens of dive sites on Maui. Black Rock and Molokini Crater are two of the most popular. I love shipwreck sites, and Maui has two of my favorites: St. Anthony and the Carthaginian. Some of the clearest water and best dives can be found on the neighboring islands of Lāna'i and Moloka'i.
- 0'AHU: Reefs, sea caves, sunken ships—find them all on O'ahu. Two of the most popular sites include Mākaha Caverns and Kahe Point, both shallow shore dives. On the North Shore in summer, check out Shark's Cove and Three Tables, which are also shallow shore dives. For boat diving, enjoy the wrecks YO-257 and San Pedro, located off Waikīkī.

THEN AGAIN, from kayaking Kaua'i's Nāpali Coast to surfing O'ahu's North Shore, and from windsurfing on Maui to diving on Hawai'i, the waters of the Hawaiian Islands are full of unforgettable excursions. 

⊀

Rob Dunton regularly visits Hawaiʻi from Southern California.

Alaska Airlines offers daily service to Kauaʻi, Oʻahu, Maui and Hawaiʻi Island (Kona). For flight reservations, visit alaskaair.com. Book a complete Alaska Airlines vacation package to Hawaiʻi at alaskaair.com/vacations.

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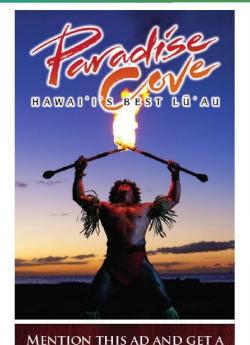
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# NATURAL VANCOUVER

Where outdoor splendor meets urban charm

By Lucas Aykroyd



Vancouver, British Columbia, on two wheels. It gives me a chance to admire Canada's largest West Coast city, take in the views of Coal Harbour and breathe in the fresh Salish Sea air.

On this crisp morning, I am cycling along the Stanley Park Seawall path, a 5.5-mile section of the city's 17-mile-long paved waterfront route that winds around the picturesque green space. The western red cedars and Douglas firs in this 1,000-acre urban park provide a spectacular contrast to the nearby glass towers clustered on the downtown waterfront.

The path runs past many park sights, including nine First Nations totem poles, one of the city's most famous landmarks, at Brockton Point. When I loop by the Nine O'Clock Gun, a cannon that booms nightly, I see an Instagram-worthy view of the mighty North Shore Mountains across Burrard Inlet. I ride on toward the Lions

Gate Bridge, which runs from Stanley Park to the North Shore. This 5,981foot-long span resembles San Francisco's Golden Gate Bridge, and opened just one year later, in 1938.

Stanley Park, which opened in 1888, and was named for Lord Stanley, then Governor General of Canada, has many attractions, including the Vancouver Aquarium. The conservation-focused facility contains about 50,000 marine creatures, from playful sea otters to piranhas. The wooded park also has 17 miles of hiking trails to explore.

If you are hungry, stop at the recently renovated Prospect Point Cafe, perched high atop forested cliffs, which serves dishes such as Salt Spring Island mussels and Asian noodle salad.

Today, I'm happy to soak up the gorgeous sights, including the rather humorous bronze statue *Girl in a Wetsuit*, which sits on a rock outcropping in the bay not



far from the seawall. The statue was inspired by Copenhagen's famous sculpture The Little Mermaid.

Farther along the path, I turn inland to follow the shoreline of Lost Lagoon, which attracts an array of wildlife, ranging from herons to raccoons. The manmade lagoon's name comes from a 1911 poem by Pauline Johnson, a Canadian writer whose father was a chief of the Mohawk Nation.

After my ride, I drop the bike off at downtown's Spokes Bicycle Rentals and begin a broader exploration of the Vancouver area. Hosting the 2010 Winter Olympics helped introduce the city to the world. I'm eager to discover more about this international destination.

#### **Natural Beauty**

The seaport city has blossomed since its 1886 founding from a hub of sawmills and salmon fishing to become an economic

and cultural center that attracts visitors and new residents from around the world. Vancouver also sits amid breathtaking natural beauty, with the North Shore Mountains rising to the north and the Strait of Georgia and Vancouver Island located to the west.

When exploring the region's outdoor attractions, I start by heading to North Vancouver's Capilano Suspension Bridge Park, which includes a series of bridges over a forested valley. The park experience begins with crossing a 450-foot-long bridge over the forest-fringed Capilano River about 230 feet below.

I also love the vertigo-inducing thrills of the park's Treetops Adventure, a series of seven suspension bridges that hang between eight massive Douglas fir trees. The bridges reach a height of 110 feet above the forest floor. Another experience sure to get your heart racing is the Cliffwalk, where you cross cantilevered and



Opposite page: Vancouver's Stanley Park Seawall path is popular with pedestrians and cyclists, and winds past nine First Nations totem poles, such as the one shown, at the park's Brockton Point. This page: The thrilling Capilano Suspension Bridge spans the Capilano River. A visitor takes in the view from a bridge in the park's Treetops Adventure area.

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# » NEAR & FAR VANCOUVER, B.C.



suspended walkways that are bolted to cliffsides. One platform section even has a glass floor, allowing you to see the forest far below your feet. This month, the park bridges will be lit with thousands of lights for the holidays.

Less than 3 miles north of the park is the SkyRide that skiers and visitors can use to ascend to Grouse Mountain Ski Resort, located on the 4,100-foot peak that is only about 10 miles from city center. One of three ski areas less than an hour's drive from downtown, Grouse Mountain has more than 30 runs served by four chairlifts. The ski area is also known for its spectacular views of Vancouver and the surrounding region. In addition, you can zipline, enjoy outdoor skating and visit a wildlife sanctuary that includes two orphaned grizzly bears.

The other nearby skiing areas include Cypress Mountain, which hosted the 2010 Winter Olympics freestyle skiing and snowboarding competitions, and has more than 50 runs; and Mount Seymour, which attracts families with skiing, snowboarding and tubing.

For unforgettable winter skiing, make the 80-mile trip north from Vancouver to Whistler Blackcomb, one of the largest



>>> Grouse Mountain Ski Resort, top, boasts breathtaking views of Vancouver and the surrounding area. The Dr. Sun Yat-Sen Classical Chinese Garden, above, is a tranquil Chinatown setting.

ski resorts in North America.

A centerpiece of the 2010 Vancouver Winter Olympics, the resort boasts more than 8,100 acres of skiable terrain and the epic Peak 2 Peak gondola, which travels nearly 2 miles between Whistler Mountain and Blackcomb Mountain, reaching a top height of 1,427 feet above the ground—a world record. After a day on the slopes, enjoy the many restaurants and vibrant nightlife in Whistler Village.

If you are staying in Vancouver, you

can enjoy outdoor-related experiences in a different way at FlyOver Canada. The attraction delivers a simulation of soaring over Canadian provinces from east to west, using a huge spherical screen and special wind and scent effects. The show is at Canada Place, whose white-sailed roof covers the Vancouver Convention Centre on the waterfront.

#### Rich Heritage

Vancouver also is known for its first-rate collection of museums, including the Vancouver Art Gallery. Located in the heart of downtown, in an impressive building that was once the provincial courthouse, the museum boasts almost 12,000 works, and showcases the art of various Canadian and Indigenous artists.

#### DID YOU KNOW?

Many well-known global brands were founded in Vancouver. These include Internet giants Hootsuite and Flickr; athletic-apparel manufacturer Lululemon Athletica; and Lionsgate Films, which produced *The Hunger Games*, *La La Land* and *Wonder*.

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>>> The Gastown

Steam Clock, below,

is a favorite spot for

photos. The Museum

sculptures and totem

of Anthropology

features a variety

of beautiful First

Nations wood

poles, bottom.

#### >> NEAR & FAR VANCOUVER, B.C.

The museum also has famous works by Canadian Lawren Harris, including his painting Mount Thule, Bylot Island (1930), and the eminent Victoria artist Emily Carr. Her moody paintings of coastal rainforests and native carvings are a highlight of the museum's collections.

Celebrating its 50th anniversary in 2018, the H.R. MacMillan Space Centre provides an immersive vision of meteor showers and nebulae in the Planetarium Star Theatre.

The Museum of Vancouver occupies the same waterfront building as the space center, and is best known for its collections of artifacts and items that chronicle the history of Vancouver, from the First Nations peoples who first inhabited the area to the local hippie culture of the 1970s. A current exhibit, "Haida Now," runs through March 2020, and features the art of the indigenous people of the Haida Gwaii Archipelago, located off the British Columbia coast.

In addition, the Museum of Anthropology at the University of British Columbia has a marvelous collection of Northwest Coast First Nations art and totem poles.

#### Neighborhoods to Explore

To learn about early Vancouver, explore Gastown, the city's oldest neighborhood.





#### AT A GLANCE

#### Must-do attractions:

- Commodore Ballroom: Arguably Canada's finest rock club has hosted acts ranging from The Clash to Coldplay.
- Richmond Olympic Experience: Located in Richmond, the museum, shown above, features five sports simulators, plus Olympic and sports memorabilia.
- Whistler: Tour 2010 Winter Olympics sites and experience the Sliding Centre, where you can ride a bobsled and skeleton down the actual Olympic track.

What to take home: Smoked salmon in a carved cedar box is quintessentially Vancouver. Buy Inuit stone carvings or First Nations masks and wood carvings at the Inuit Gallery of Vancouver.

#### Best time of year to visit:

Springtime in Vancouver is special. In April, the Vancouver Cherry Blossom Festival showcases the city's pink-andwhite glory. This is also the time when roses, tulips and rhododendrons will be blooming in Stanley Park and Queen Elizabeth Park.

What's in a name? Vancouver is named for Captain George Vancouver (1757-1798), a British officer of the Royal Navy who charted North America's northwest coast, from Alaska to Oregon.

#### Where to go first if you're a ...

- ... Foodie: Edible Canada Bistro at Granville Island.
- ... Romantic: Bacchus Restaurant & Lounge at the Wedgewood Hotel & Spa.
- ... History buff: Vancouver Public Library.
- ... Family: Telus World of Science center.
- ... Lover of literature and pop culture: White Dwarf Books.

Distinctive dish: Cedarplanked salmon at Cardero's Restaurant.

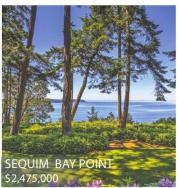
Classic drink: Vancouver Cocktail (gin, Punt e Mes, Benedictine, orange bitters) at the Sylvia Hotel.

#### Classic restaurants:

Bishop's (ahi tuna carpaccio), Kirin (dim sum), The Tomahawk (Skookum Chief Burger). -L.A.











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#### >> NEAR & FAR VANCOUVER, B.C.

Walk the district's cobblestone streets, where you'll find a statue of legendary saloonkeeper "Gassy Jack" Deighton in Maple Tree Square. Deighton earned the nickname because of his penchant for talking. The moniker stuck, and the neighborhood became Gastown. Deighton's statue and the Gastown Steam Clock, located two blocks west, are popular spots for photos.

Chinatown, located nearby, welcomes visitors at the main entrance, the Gate of Harmonious Interest. The neighborhood offers wonderful restaurants and unique shopping options. Drop by the Dr. Sun Yat-Sen Classical Chinese Garden, which showcases Ming Dynasty-style architecture and beautiful wooden pavilions.

Vancouver is a hockey town, with a special affection for the NHL's Vancouver Canucks. The team plays at downtown's Rogers Arena, where hockey fans can see stars such as Brock Boeser and Elias Pettersson.

You can toast victories and drown defeats at breweries such as 33 Acres and Brassneck Brewery. Or shop at the bustling Granville Island Public Market, or Richmond's Asian-themed Aberdeen Centre.

However, finding enjoyment in Vancouver can be as simple as strolling down the street in this bustling and exciting metropolitan area and gazing north at the snowcapped North Shore Mountains that look close enough to touch. This city truly has a natural charm. X

Lucas Aykroyd writes and cycles from Vancouver, B.C.

Alaska Airlines (alaskaair.com) offers daily flights to Vancouver, B.C. (YVR) from Seattle (SEA), Portland (PDX) and Los Angeles (LAX).

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AS SEEN IN CBS



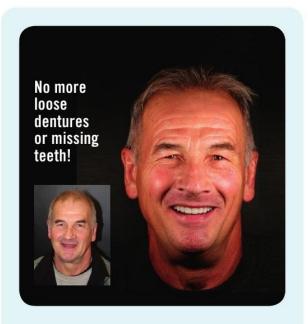






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# CONTEMPORARY AND CLASSIC

Vibrant Tokyo and time-honored Kyoto offer intriguing glimpses of Japan

#### By David Armstrong

Japan, my vote, hands down, would go to Tokyo. And for the Japanese city that best exemplifies the rich traditions of this nation, it would be Kyoto—again, hands down. Happily, it's easy to visit both of these extraordinary places in one trip, as I did on a recent vacation to Japan.

My journey begins in Tokyo, Japan's largest city (with a population of more than 9 million people and a metropolitan-area population of more than 38 million people), which was founded in 1603 and became the capital in 1868. A bustling metropolis, Tokyo lives on fast-forward—never more so than now, as it ramps up to host the 2020 Summer Olympic Games. Tokyo is vast, and so is its array of attractions: its network of navigable rivers and canals, first-rate museums, gleaming electronics stores, and eateries ranging from modest food stalls to Michelin-starred destination restaurants.

I leave the airport by taxi—with a characteristically white-gloved taxi driver and automated doors—to reach Tokyo Station in the central Marunouchi district. A red-brick 1914 building renovated and expanded from 2007 to 2012, Tokyo Station is a thrumming rail, bus and subway hub. It is also home to a big Daimaru department store, numerous clothing and accessories shops, dozens of Japanese and international restaurants with good fast-casual fare, and the four-star, 103-year-old Tokyo Station Hotel.

Inside Tokyo Station, I find a restaurant called Rokurinsha and go inside to enjoy a steaming bowl of ramen topped with green onions. Many of Tokyo Station's eateries are clustered indoors on a lower level, along aptly named Kitchen Street. Got sushi? Check. Sashimi? Certainly. Tonkatsu? Yakitori? Tempura? They're all here. Virtually all are good.

A mile west from Tokyo Station is the Tokyo Imperial Palace, home of Japan's Imperial Family, a private compound that includes the 1457 Edo Castle. The palace offers guided tours, and the East Gardens are open to the public free of charge most days (for more information on





tours and open hours, please go to sankan. kunaicho.go.jp). It's a lovely place to stroll, with grassy and gravelly expanses, high stone walls and a moat complete with swans. In spring, the cherry blossoms here are breathtaking.

Just a mile southeast

of Tokyo Station is glittering Ginza, Tokyo's best-known upscale shopping and dining district. After a morning walk along Chuo-dori, the district's main avenue, I join the queue outside Mitsukoshi's Ginza department store branch. When the doors open promptly at 10:30 A.M., impeccably dressed and coiffed staff bow in unison as customers enter.

Fashionistas, take note: Just up the street from Mitsukoshi's Ginza branch is Ginza Six, a recently opened luxury shopping mall that boasts 241 stores. Just about every name-brand designer you can think of has a shop there.

Ginza Six was built in part to attract visitors to the



#### >> NEAR & FAR

#### **JAPAN**







>>> Clockwise from top left: The impressive Tokyo Imperial Palace is home to the Emperor of Japan. The Ginza district features glowing signs and upscale shops. Built in 1914, Tokyo Station is a transportation hub that houses many restaurants. Ramen is one of many delicious Japanese food options.

2020 Olympics, and it's not the only change. Even 83-year-old Tsukiji Fish Market, one of Tokyo's leading tourist attractions, was relocated to the island of Toyosu to make way for a potential Olympic Games facility. The extensive wholesale seafood business—including its famous pre-dawn tuna auction—reopened this past October with the new name, Toyosu Fish Market.

Like much of Tokyo, the Ginza district looks its best at night—neon and music videos flashing on enormous outdoor screens mounted on the sides of buildings.

For a nightcap, I favor the Marunouchi district, particularly the stylish Peter: The Bar inside The Peninsula Tokyo, where I order the smooth, slightly fruity house sake, served chilled. Outside the hotel, white fairy lights in bare-limbed Japanese linden trees provide a charming and simple reminder of winter.

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#### **Kyoto Classics**

Less than 300 miles southwest of Tokyo, Kyoto is easy to reach in a two-and-a-half-hour Shinkansen bullet-train ride or a one-hour flight to Osaka (where you get to Kyoto by train in just over an hour). Because I want to see more of the Japanese countryside, I opt for the train from Tokyo, which reaches speeds of nearly 200 miles per hour. En route, I buy a bento box lunch-fluffy rice, grilled salmon, pickled vegetables and green tea-and sit back to enjoy the ride. I watch the countryside whoosh by and gaze at Mount Fuji as fellow passengers, such as hardworking local businesspeople, doze or concentrate on newspapers and devices. The 12,388-foot mountain looks just as I expected: a nearly perfect conical form

> with snow-streaked slopes as in a classic Japanese landscape painting. After disembarking at

Kyoto Station, I begin to immerse myself in Kyoto and its slower, time-honored sensibilities. Just as dynamic Tokyo serves as the capital of modern Japan, contemplative Kyoto was the capital of pre-modern Japan, from 794 to 1868. Famous for its formal Zen gardens, Shinto shrines, Buddhist temples, geisha culture and traditional

wooden houses, Kyoto is one of the best preserved of Japan's major cities. While parts of the 21st century city are modern, much of old Kyoto endures.

With a city population of nearly 1.5 million, Kyoto

Clockwise from left: A Shinkansen train passes by breathtaking Mount Fuji. Geisha and maiko walk in Kyoto. A traditional Shinto wedding takes place.

is not small, but it feels intimate when you arrive directly from Tokyo. This is especially true in Kyoto's public gardens, parks, temples and shrines. Popular with travelers and locals alike, these enchanting places, dedicated to prayer and religious ceremonies, are also places of vibrant color and memorable events, as I learn when I visit the Yasaka Shrine, which dates to A.D. 656.

Standing at Yasaka Shrine's towering vermilion ceremonial gate, I see the dignified outdoor procession of a Shinto wedding party moving across the courtyard. The Shinto religion is steeped in history, having been established in Japan before the sixth century arrival of Buddhism. The bride and groom are both wearing kimonos: black on top and gray below for him, a long, white wraparound and large white hood that leaves the bride's face uncovered for her. A shrine attendant carrying a red umbrella walks behind the couple. I watch from a distance as the wedding party threads into a shrine pavilion for the exchange of vows, overseen by a Shinto priest and followed by a formal meal.

Kiyomizu-dera Temple, in the hills of eastern Kyoto, was founded in A.D. 778. The Buddhist temple features a



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# » NEAR & FAR JAPAN



>> About 200 small statues of the Buddhist deity Jizo, above, are located on the grounds of the historical Kiyomizu-dera Temple, below.

small waterfall; some 200 small statues of Jizo, protector of travelers and children; and a handsome main hall fronted by an outdoor veranda 40 feet above the ground. Made entirely of wood, the main hall was built using interlocking joints instead of nails. The temple's cherry trees produce beautiful blossoms in the spring, and the maple trees are ablaze with color in autumn. In December, the grounds are illuminated at night with artfully placed lights.

If you find yourself in Kyoto on a chilly winter's day, you

might duck into the Gekkeikan Okura Sake Museum, run by a Kyoto sake company founded in 1637. You can learn how traditional Japanese rice wine is brewed, and there's a sake tasting at the end of the tour.

One of the most engaging neighborhoods in any season is the entertainment district of Gion, the part of Kyoto most closely associated with geisha culture. In early evening it's common to find geisha and maiko (young apprentices) gliding along Gion's quiet lanes to appointments with clients, where they provide conversation, poetry, dance and music over dinner. The origins of the elaborately dressed geisha (black wigs, white base makeup, red lipstick, multicolored kimonos) go back to the early 18th century.





#### AT A GLANCE

#### Tokyo attractions:

- Edo-Tokyo Museum: Exhibitions highlighting Tokyo history from the 1600s to today.
- Old Imperial Bar:
   Features a selection of Japanese whiskies, in the Imperial Hotel.
- Tokyo Skytree: Impressive 2,080-foot tower with multiple observation decks.
- Yakitori Alley: A collection of small bars and restaurants offering flavorful, inexpensive Japanese foods, such as tempura, udon noodles and yakitori.

**Tokyo in fiction:** Sofia Coppola's film *Lost in Translation* (2003), starring Scarlett Johansson and Bill Murray. • Haruki Murakami's novel *After Dark* (2004).

#### Sports team to cheer

for: The Yomiuri Giants, Japan's most successful baseball team, which plays home games in Tokyo Dome.

What's in a name? Tokyo means "eastern capital"— the new name given to Edo when it became Japan's capital city in 1868.

#### **Kyoto attractions:**

- Camellia Tea Ceremony: Lovely teahouse specializing in traditional matcha tea ceremonies.
- Minamiza Theater: Venue for traditional Kabuki theater productions, which feature stylized singing, dancing and acting, as well as elaborate makeup.
- Nijo Castle: A UNESCO World Heritage site, which was established in the early 17th century.
- Nishiki Market: Thrumming, first-rate outdoor covered food market.
- Uji: Southern suburb, known for its tea plantations and high-quality green tea.

**Kyoto in fiction:** Arthur Golden's novel *Memoirs of a Geisha* (1997) and the 2005 movie of the same name.

#### Best times of year to go:

December, when you can see illuminated paper lanterns in the lanes and back streets, and spring, to view the sakura (cherry blossoms).

**What's in a name?** Kyoto means "capital." —D.A.

# » NEAR & FAR JAPAN

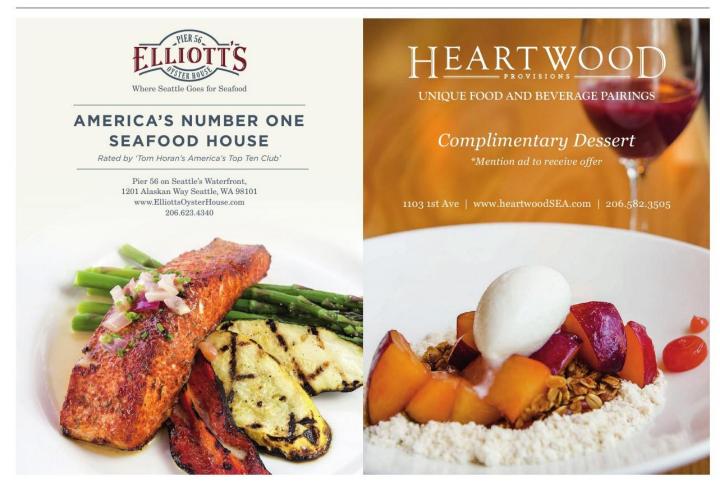


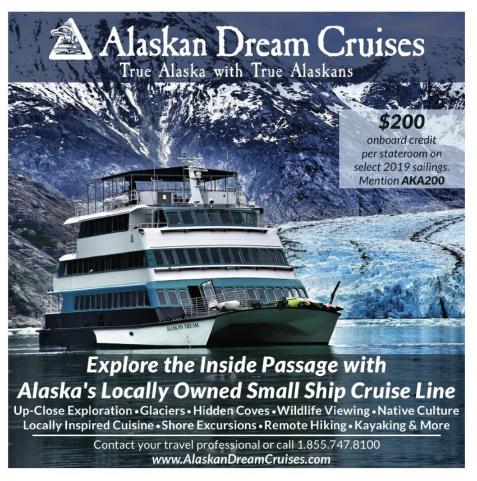
Gion is also an impressive dining destination. One of my favorite restaurants is Tousuiro Gion, located near Kiyomizu-dera Temple and operating in a wooden merchant house about 130 years old. There, I dine on a Kyoto specialty—simple, versatile tofu—prepared several different ways: deep-fried, boiled, and baked to a custardy consistency. Dessert is a delicious soy-milk ice cream served by kimono-clad waitstaff.

I conclude my trip with a visit to Ryōan-ji Temple, a renowned Zen Buddhist temple that was established in 1450. The temple has a variety of fine buildings with pagoda-style roofs upturned at the corners, and it is best known for its Zen rock garden. The garden, covering nearly 2,700 square feet behind a low wall, frames 15 rocks of different sizes that are placed so that at any given vantage point, at least one of them will be hidden from viewers. The rocks sit on top of patches of moss amid a whitish-gray gravel that is carefully, delicately, raked by resident monks. While Ryōan-ji Temple's origins are known, the rock garden's designer and significance remain a mystery. To me, it's a sublime work of art, a 500-year Buddhist hymn to silence. ⊀

David Armstrong is a writer based in Carmel-by-the-Sea, California.

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#### **IDYLLIC ISSAQUAH**

Evergreens, reindeer, boutique shops and chocolate

#### By Sibella Giorello

#### )) I once met a woman from Louisiana

who had moved to my town of Issaquah, about 20 miles east of Seattle. As a novelist, I'm always curious about perspectives. "What do you think of Issaquah?" I asked.

"Oh, my lands!" she exclaimed. "I just love y'all's Christmas trees!"

It was July, so her comment took me a moment. Yet with each passing year—I've been here for 15—I've increasingly recognized the inspiration for her words. Nestled in the rolling foothills of the Cascade Range, and backdropped by lush, rain-drenched evergreen forests, Issaquah looks like a holiday village all year long. And come December, as heaven and nature sing, it seems to me that my little town truly comes into its own.

We even have a Reindeer Festival. Celebrating its 30th anniversary, it takes place at Cougar Mountain Zoo, an acclaimed zoological institution that transforms into a holiday wonderland, December 1 through 23 this year. In the "Magic Forest," kids can hand-feed

Santa's "listeners" (the zoo mule deer, which have huge ears) and "postal carriers" (the wallabies, with their pouches). Nearby, in his cozy house, the white-bearded gift-giver himself welcomes children for chats and photos, while his mailbox stands ready for their wishful letters. And every hour, on the hour, the elves read Christmas stories aloud.

But the big treat is just beyond Santa's house ... reindeer!

They're all here—Dasher, Dancer, Prancer, Vixen, Comet, Cupid, Donner, Blitzen and Rudolph—along with other reindeer that perhaps once used to laugh and call him names.

As a parent in the Age of Screen, all I ever wanted for Christmas was real life surpassing the digital version. Prized moments over the years have included watching my sons, their small faces uplifted in wonder, as they fed the reindeer. Now that our kids are pretty much grown up, those are memories I treasure all the more.



>>> Top left: Gilman Village is a specialty shopping center with independently owned stores and restaurants. Top right: The Issaquah area is known for its outstanding scenery. Above: The Reindeer Festival is a fun annual event at Cougar Mountain Zoo.

# HERE&NOW.



After visiting the zoo, we usually continued to embrace the most wonderful time of the year by jingle-belling down Cougar Mountain in our SUV sleigh to the Gilman Village shopping center, which is representative of Issaquah's transition to a popular modern enclave that still values its past. Starting in the late 1800s, the Issaguah area was mostly known for three things: hops that flourished in the fertile valleys, coal that burst like black diamonds from the mountain caverns, and a dairy facility that began operation in 1908, and which by the

1950s had become a Darigold production plant for the Northwest Dairy Association cooperative, which was founded in 1918 (the plant's exterior wall facing Front Street has a mural depicting the Issaguah Valley's dairy history).

During the 1970s and 1980s, however, demographics shifted dramatically. Issaquah became a bucolic bedroom community for employees at Seattle-area companies such as Boeing and Microsoft. In the 1990s, Costco moved its worldwide corporate headquarters here, and is now expanding its Issaquah campus. But back in the early 1970s, a local couple, Marvin and Ruth Mohl, began buying some of the old farming and mining buildings in the area, and the couple gathered them to help create Gilman Village in downtown Issaquah, where the historical structures were renovated and reconstructed, board by board.

Today, Gilman Village has more than 40 independently owned stores and restaurants, with menus ranging from new American to Chinese, Greek and Italian. In December, holiday lights and wreaths cheer visitors strolling the wooden boardwalks and red-brick paths that connect the shops. When our kids were young, they always raced straight down the Gilman Village boardwalk to White Horse Toys, which sells toy soldiers, dress-up costumes, erector sets, brain-teasing puzzles, and challenging games that cleverly To page 163

#### **SOME ISSAQUAH FAVORITES**

- Fins Bistro (finsbistro.net): Superb seafood. Try the macadamiacrusted halibut.
- Issaquah Depot Museum (issaquahhistory.org): The beautifully restored 1889 depot features interesting exhibits on local history.
- Issaquah Salmon Hatchery (issaquahfish.org): Historical and educational site at the foot of Squak Mountain. Salmon eggs begin to hatch in December. Self-guided tour brochures are available, and there are excellent docents for prescheduled group tours.
- JaK's Grill (jaksgrill.com): Local landmark known for premium 28day-aged steaks and great wine.
- Montalcino Ristorante Italiano (montalcinoristoranteitaliano.com): Provides intimate fine Italian dining with an extensive wine list and marvelous tiramisu.
- Village Theatre (villagetheatre. org): The award-winning, nationally recognized theater will celebrate its 40th anniversary next year. The beloved musical Matilda is on stage through Dec. 30. -S.G.

#### **OUTDOOR ADVENTURES**

>>> Issaquah has several "Alps," including Tiger, Cougar and Squak mountains. As a family, we've hiked all three, sometimes to examine geological sites of interest for my next mystery. More than 100 miles of hiking trails wind through these mountains. Some routes, such as Chirico Trail to Poo Poo Point on Tiger Mountain, are challenging but offer sweeping views of Lake Sammamish, the Cascades and cities such as Bellevue. Families with younger children enjoy the mostly flat 3.5-mile Tradition Lake Loop on the northwest slope of Tiger Mountain. To find a trail that meets your needs, check the listings under "Issaquah Alps" from the Washington Trails Association (wta.org).



In the lowlands, Lake Sammamish State Park's 500-plus acres include volleyball areas, walking paths and two sandy beaches. Summer kayak rentals are available from Issaquah Paddle Sports at Tibbetts Beach, and summer kayak lessons are available from Kayak Academy at Tibbetts Beach (kayaks must be rented separately for lessons, and Kayak Academy rentals are offered only with lesson sign-up) (parks.state.wa.us/533/lake-sammamish).

During the holidays, enjoy bonfires in the park during the annual Light Up the Night Parade and Holiday Beach Party, Dec. 2 this year (moving to Dec. 9 in case of rain). The 2018 event showcases the music, dance and regional costuming of Mexico (lakesammamishfriends.org). -S.G.





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#### From page 161

hide their educational value. Also fun musical instruments—kazoo, anyone?

Back in our SUV, our kazoos humming, we would make our merry way less than a mile down Gilman Boulevard to another perfectfor-the-holidays wonder: the Boehm's Candies Edelweiss Chalet, factory and retail shop. Over the past 75-plus years, Boehm's-whose founder, Julius Boehm, a WWII-era Swiss-Austrian immigrant who made Issaquah his home—has built a reputation for luscious and authentic European chocolates. Candymakers in the factory dip truffles, spread peanut brittle and fill the air with the head-swooning scent of warm chocolate. Free samples are typically offered in the retail store. Guided chalet/factory tours are available during the summer, and often include the nearby High Alpine Chapel, also built by Julius Boehm. During the rest of the year, visitors can take a self-guided exterior tour past seven windows to see three different areas of candy production (typically taking place Monday-Friday, 9 A.M. to 3 P.M.) and view posted information about the company's history.

With sweets in our mouths, our family would return to our own Issaquah "chalet," and as I enjoyed the evergreens around me, I would inevitably recall the words of that woman from Louisiana, and sometimes find myself humming, "Oh, Christmas tree. ..." 

★

Sibella Giorello writes a best-selling mystery series featuring forensic geologist Raleigh Harmon. Issaquah has made several appearances in her books.

#### ON TRACK FOR FUN AT MODEL-RAILROAD EVENTS

>> Watch model trains pass figures such as a skater in a pond, sledders and snowman builders in a late-1900s village (shown at right) at Seattle Center Armory. The model train display-in which trains also chug past buildings such as a steepled church, a blacksmith shop, a schoolhouse and an ice house—runs every day this month but Dec. 25. During specific times each day, visitors can control a train themselves for a suggested \$2 donation. The train display is part of the annual Seattle Center Winterfest celebration, whose sponsors include Alaska Airlines. For more information, visit seattlecenter.com.

Museum in Tacoma, about 35 miles south of Seattle, enjoy the Annual Model Train Festival, Dec. 21–Jan. 1. Model trains roll through nine layouts featuring detailed miniature scenes. Displays also include approximately 3-foot-tall steam engines, while the museum's Great Hall of Washington History features railroad artifacts and highlights the history of the railroad industry

addition, visitors can drive a freight-train simulator, included with admission, and kids can build Lego train creations and play with toy trains in the Activity Room. Free photos with Santa are available, as well, at scheduled times. For additional information, go to modeltrainfestival.org.

■ In Puyallup, about 10 miles southeast of Tacoma, The Great Train

Show, Jan. 19–20, features about
20 operating model-train displays;
more than 300 tables with model-train items for sale, including vintage collectible items; a train-related Lego

display; seminars and workshops related to creating model trains; and train rides for kids. To learn more, visit greattrainshow.com.

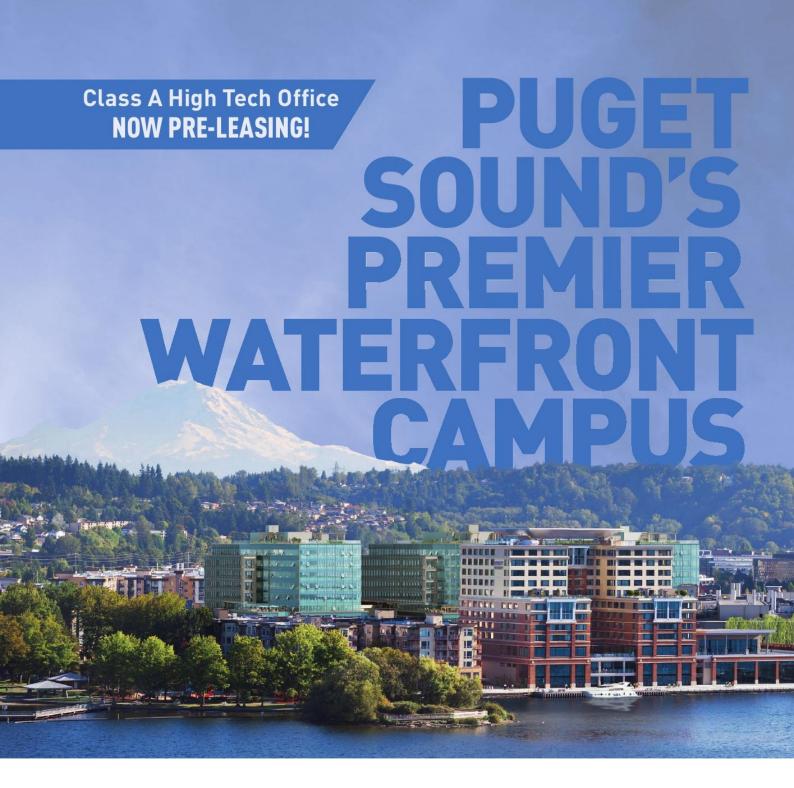




# **GO TO:**Methow Trails

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#### SEATTLE





#### PHOTOGRAPHIC **HISTORY**

#### By Clay Eals

>>> Every day, Pike Place Market, one of the state's most popular attractions, bustles with people perusing everything from fresh produce to craft jewelry. In the new book Seattle Now & Then: The Historic Hundred, a colorful photo capturing the energy of today's market is presented alongside an equally dynamic monochrome scene—complete with horses and wagons-from 1907, the year the market was founded. Together, the photos show how the market has evolved, and how it has retained its vibrancy, popularity and importance to the Seattle area, bol-

stering the admonition of City Councilman T.P. Revelle, more than a century ago, that the market "is for you to protect, defend and uphold."

Seattle Now & Then, a 244-page coffee-table book (2018, Documentary Media, pauldorpat.com), is a compilation of 100 of the most compelling columns written for The Seattle Times' Sunday magazine over the past 37 years by local historical-photo enthusiast Paul Dorpat. In more than 1,800 of his columns for the paper, Dorpat has linked scenes from generations ago—as far back as 150 years—with images of today that document how the cityscape has or hasn't changed.

Released in conjunction with the locally beloved writer's 80th birthday in late October, and co-produced with Dorpat's work partner/ photographer Jean Sherrard, the book features "then" photos and text from the original columns, as well as Sherrard's all-new, full-color "now" images. Longtimers can recognize buildings and landscapes of their memories and compare them to the present, while newcomers can do the reverse, enjoying the appealing "nows" while discovering Seattle's past.





>>> Top: Pike Place Market in the early 1900s, left, and now, right. Center: Paul Dorpat in Seattle's Pioneer Square, Bottom: The cover of the new book.

Locations range from downtown sites to neighborhoods; from before/ after the Space Needle was built to the Alaskan Way Viaduct, which soon will be removed

to make way for a transformed waterfront.

The book is "a simple pleasure," Dorpat says. "It just grabs you visually. We all have a deep motive to figure out how things are hidden, where things have changed, what things are revealed."

That insight comes from decades of varied projects that Dorpat has worked on, from launching a pre-Woodstock rock festival outside of Seattle and an underground newspaper near the University of

Washington to writing and compiling a dozen books and two local film documentaries. Through it all, Dorpat has both fueled and ridden waves of local interest in heritage. "History is delightful," he says. "It's understanding. It's actually the truth if you do it right, and the truth is progressive. It always is."

He cautions, however, that even though he has enjoyed popularizing the city's past, that does not automatically mean that old structures and scenes are always better or more valued than their more recent counterparts. On the other hand, his overall affection for the city—past and present—remains strong and inspirational. "I love Seattle," he says. "It's the multifarious topography; it's all my friends I've made over the decades; it's my knowledge of it. This is my home." ズ

West Seattle journalist and historian Clay Eals is the editor of Seattle Now & Then: The Historic Hundred. He adapted this article from his introduction for the book.

# >> HERE & NOW SEATTLE



#### **CALENDAR**

The 5th Avenue Theatre will stage its own new production of the beloved musical *Annie*, through Dec. 30. The production features notable actors such as Timothy McCuen Piggee, also a film and TV actor, as Oliver Warbucks. Faith Young and Visesia Fakatoufifita, both from the Puget Sound area, will play Annie. Two rescue dogs alternate in the role of Sandy. Alaska Airlines is a sponsor of The 5th Avenue Theatre (5thavenue.org).

The exhibit "Worlds Beyond Here," through Sept. 15 at the Wing Luke Museum of the

Asian Pacific American Experience, explores the connection between Asian Pacific Americans and science fiction. Items on display range from *Star Trek* memorabilia, featuring personal belongings of George Takei, who

range from Star Trek memorabilia, featuring personal belongings of George Takei, who played Mr. Sulu on the original Star Trek, to a virtual-reality "interactive" inspired by a short story from award-winning Seattle-area author E. Lily Yu (wingluke.org).

The WET (Water and Education Technology) Science Center, in Washington state's capital city of Olympia, presents "The Science of Chocolate," Dec. 15, including samples; a Reptile Zoo, Dec. 22; and "New Year's Around the World," Dec. 29; times for each event vary. The museum's ongoing exhibits and activities range from using a giant calculator to determine how much water you use each day to making a variety of science-related arts and crafts (wetsciencecenter.org).

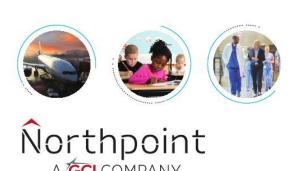
The Pacific Bonsai Museum in Federal Way, south of Seattle, is hosting its fifth-annual "A Bonsai Solstice," Dec. 16, including live



acoustic music (pacificbonsaimuseum.org). And **Bloedel Reserve** on Bainbridge Island, west of Seattle, is hosting evening **Winter Solstice Walks.** Family-Friendly Walks are Dec. 20 and 22, and Silent Walks are Dec. 21 and 23 (bloedelreserve.org).

The Holocaust Center for Humanity will reopen on Jan. 6 with an enhanced version of its core exhibit, "With My Own Eyes."
The exhibit will include new features such as an Eternal Light Memorial, an "Anne Frank Annex," and interactive liberation and post-war stories. Jan. 27—the anniversary of the liberation of the Auschwitz death camp—was designated as "International Day of Commemoration in memory of the victims of the Holocaust" by the United Nations General Assembly in 2005 (holocaustcenterseattle.org).





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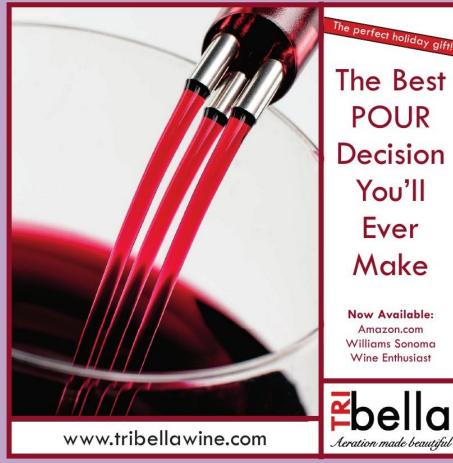
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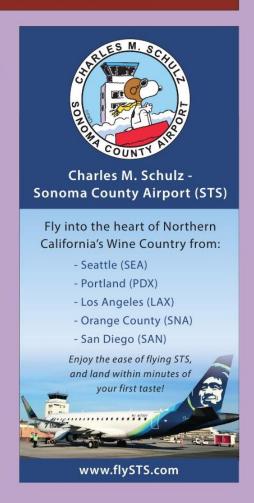
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# LIGHTING UP THE HOLIDAYS

Top ways to enjoy the season's illuminations

By Susan G. Hauser

>> As a youngster growing up in Portland, Oregon, my favorite holiday activity was piling into the family station wagon after dark and having my parents take my four siblings and me to "look for lights."

It was guaranteed that within a few blocks of our home we would chance upon a house that was positively glowing from a rainbow of colored lights. On nights when my father (the driver) was feeling particularly festive, we'd leave our neighborhood altogether to explore distant streets reputed to have the best displays in town.

Today, looking for lights in Portland is a much easier matter, requiring less effort and driving. From viewing animal sculptures at the Oregon Zoo to enjoying the lighted scenes at the Portland International Raceway, here, for your illumination, is a collection of some of Portland's most popular holiday light events.

**ZooLights** (through Jan. 5, 5 to 9 P.M.): More than 1.5 million lights are used to create multicolored displays of landscapes and animals. There is also a tunnel and colorful patterned designs to enjoy.

While most critters are tucked in their quarters for the night, you can ride a slowly chugging Zoo Train around the grounds to see light displays of trumpeting elephants, roaring hippopotamuses, swinging primates and more. The train begins its first of many loops through the zoo at 4:45 p.m. and picks up new loads of starry-eyed passengers until 8:45 p.m. The train costs an additional \$4 fee to ride. You can also walk through the ZooLights show for close-up viewing (oregonzoo.org/visit/zoolights).

#### Christmas Festival of Lights at

The Grotto (through Dec. 30, 5 to 9:30 p.m.): The wooded grounds of the National Sanctuary of Our Sorrowful Mother, in northeast Portland, glow with light and fill with sweet music each holiday season for what is believed to be one of the largest Christmas choral festivals in the world. The event features 190

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concerts that are performed by many of the region's finest school, church and civic choirs.

Visitors can walk through the lower level of The Grotto's 62 acres to admire festive light displays, and stop at the chapel to hear any of five concerts performed each evening. There are also strolling carolers, a petting zoo and puppet shows (thegrotto.org/christmasfestival-of-lights).

Christmas Ships Parade (through Dec. 20): Since 1954, this annual holiday tradition has been a Portland favorite. Today, it includes one set of boats parading along the Willamette River through downtown Portland and another set motoring along sections of the Columbia River, with routes that are generally between Columbia City to the northwest and the Port of Camas-Washougal Marina Park to the east.

The parades mostly include small boats decorated with lights, Christmas trees and holiday scenes. On a few nights, the two fleets combine for special parades. Find the dates and times at christmasships.org. The website also lists restaurants and locations that offer the best viewing.

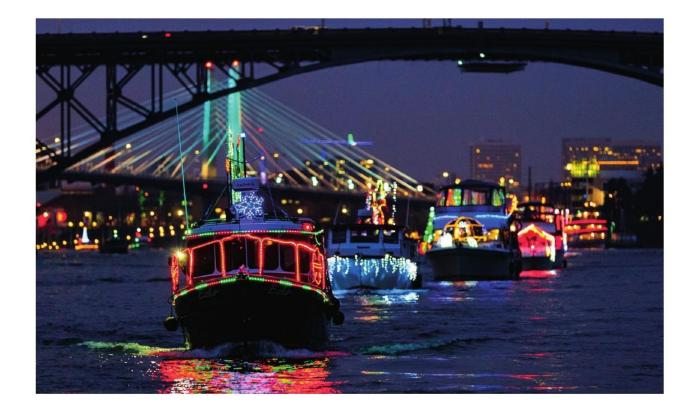
Peacock Lane (Dec. 15-31, 6 to 11 P.M.): For nearly 70 years the residents of this fourblock area-named a historic landmark in 2017—have decorated their homes in spectacular style during the holiday season. And for generations, Portland families have strolled or driven through the neighborhood to admire the amazing light shows. The first three nights are for pedestrians only (peacocklane.org).

Winter Wonderland at Portland International Raceway (through Dec. 26, 5:30 to 9:30 P.M.; weekends, 5 to 11 P.M.): Drive around the 2-mile raceway track to see more than 250 illuminated scenes and images, including toy soldiers, a swan fountain, a Nativity Scene and Santa and his elves. Drivers travel through some of the displays, including a light tunnel and a large wreath. The raceway also features a few car-free nights for pedestrians. And on Dec. 4, dogs and their owners are welcome. Costumes encouraged (winterwonderlandportland.com). \*

Susan G. Hauser writes and searches for holiday lights from her home in Portland.



People walk through a tunnel and admire the colors at Portland's ZooLights, opposite page. The Christmas Festival of Lights at The Grotto, above, features 190 choir concerts. The Christmas Ships Parade, below, has been illuminating local waterways since 1954.







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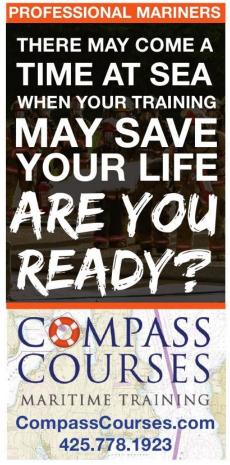
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#### FIND YOUR FLOW AT MOUNT HOOD

#### **By Lace Thornberg**

when I am coursing down a mountain, my mind quiets. I stop composing to-do lists and forget to worry about unanswered emails. My thoughts don't even wander to what to make for dinner. I am focused and time flies as

I effortlessly carve a path. I'm ... just ... skiing.

This mental state in which every action follows the next in a natural rhythm is commonly referred to as "flow." Spend a snowy weekend on beautiful Mount Hood, and you will surely slide into this exquisite state. The only question is, with multiple skiing areas on the mountain, where to start?

The following are some ideas for skiing Mount Hood and where best to find your flow.

#### An iconic experience

Want to wake up in style, step outside your hotel room and go skiing? Try the historical Timberline Lodge & Ski Resort.

Opened in 1937, Timberline is a classic mountain lodge at the 6,000-foot-elevation level. The structure is built in the Cascadian architecture style, with a wood and stone

exterior and interior, and a large main room with a cathedrallike ceiling and a 90-foot-tall stone fireplace. Film buffs will recognize the lodge as serving as the exterior for the Overlook Hotel in the film *The Shining*.

The Timberline ski area is famous as the only North American location with year-round skiing. Its trails may not be quite as steep as those at nearby Mt. Hood Meadows, but the runs are nicely varied, and the area includes six freestyle terrain parks.

Timberline is also situated highest on the mountain, with the Palmer Express high-speed quad lift taking skiers up to 8,540 feet. Winter precipitation up here will nearly always be snow, even if it's raining at lower elevations.

Sipping an après-ski cocoa or cocktail beside the lodge's giant stone hearth is a relaxing way to end the day.

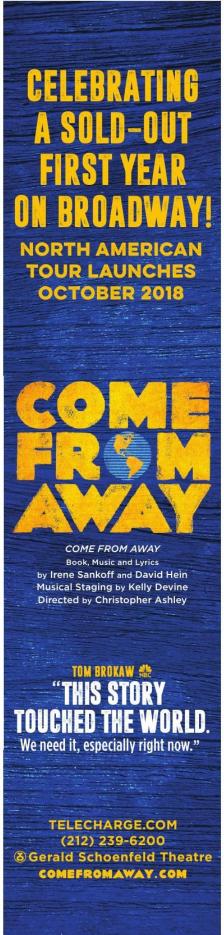
For a truly sublime moment, pay a visit to the heated outdoor pool and hot tub to float on your back with snow drifts surrounding you as you enjoy an amazing celestial light show from the stars above.



>>> On clear nights, guests at Timberline Lodge can see a starry light show, above. Skiers enjoy breathtaking vistas from the Timberline ski area, below.







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#### A slice of everything

Almost as large as Timberline and nearby Mt. Hood Skibowl combined, Mt. Hood Meadows, on the mountain's southeast flank, is an all-around crowd pleaser.

Topping out at an elevation of 7,300 feet, Meadows offers 2,150 acres of skiable terrain and a total of 85 different runs. Meadows has a bevy of beginner and intermediate slopes that will keep skiers content all day.

However, it is better-known for its black diamond runs. Advanced skiers can carve through the wonderfully steep terrain in Heather Canyon. Expert skiers can catch more vertical feet by heading into the Super Bowl.

#### A place to learn

With lower lift-ticket prices and a bevy of snow activities in a compact setting, the mountain's two smaller resorts—Cooper Spur Mountain Resort & Ski Area, on the north side of the mountain, and Summit Ski Area, at Government Camp, on the south flank—are great learning environments for beginners and fun spots for families.

Cooper Spur's downhill skiing is open weekends and holidays only, but its Nordic Center is open daily from mid-December to March. The area has a tubing run and Nordic trails for cross-country skiing and snowshoeing.

In business since 1927, Summit Ski Area offers skiing and snowboarding, as well as a tubing hill. About 2 miles away is the Snow Bunny Sno Park, a location that's perfect for all ages to sled and play in the snow.

#### Skiing the bowl

When there's powder, head to Mt. Hood Skibowl, about a mile west of Government Camp. Known for offering the best night skiing in Oregon, if not the country, Skibowl has 69 runs, with a variety for beginner, intermediate and advanced skiers. Snowboarders will also like the

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# MY MOMENT to go all in!

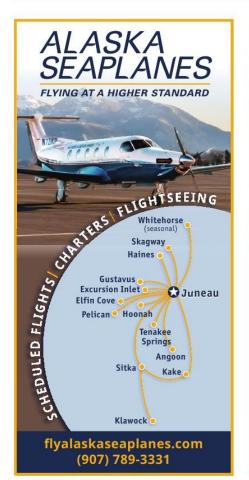
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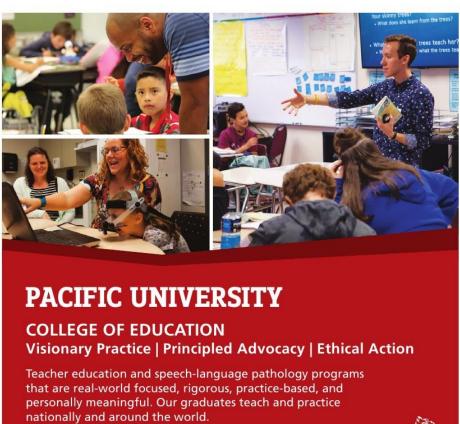


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Skibowl Terrain Park, which offers a number of rails and jumps to enjoy.

Hop on the Upper Bowl chair, which takes you to an elevation of about 5,000 feet. Prepare for amazingly steep runs and stellar views of snow-covered Mount Hood. With the most black diamond runs in the area, moderately priced Skibowl is great for advanced skiers and intermediates who want to push themselves.

On clear days, you can watch the setting sun paint Mount Hood a variety of colors before night skiing on the resort's 36 lighted runs.

When it comes to fun in the snow, Mount Hood has it all. The peak is close to Portland and offers a variety of skiing, snowboarding, and tubing and plenty of other snow activities.

Lace Thornberg writes about skiing from Bend, Oregon.





#### **GO ON SNOW**

Snow machining is an adventure and a way of life in Alaska

#### By Nick Jans

#### )) I skimmed down the blue-white,

mountain-rimmed sweep of the Cutler River Valley, deep in Alaska's western Brooks Range. The weather was balmy for mid-April—somewhere in the high teens—and the snow was perfect: a foot of fresh powder over a winter's worth of base. The only tracks before me were made by moose, wolves and ptarmigan. Indigo sky filtering through mountain haze cast a surreal, luminous glow over the land. I was overwhelmed by the sensation of flight, as if I were hovering over a bank of clouds.

That day, two decades ago, remains so vivid that I can summon it back and feel the magic all over again.

Throughout my four decades in Alaska, in which I amassed more than tens of thousands of wilderness miles, I made dozens of memories that have one thing in common: I was traveling by snow machine.

There's something about this means of travel. That sense of weightless exhilaration one gets from floating across untracked snow, the powerful feeling of bulling through feet of deep powder, the rush of adrenaline while riding at night in the falling snow.

And where better to experience this than in Alaska? Across much of its unimaginable vastness, snow drapes the Great Land five to eight months a year, and in the high country you'll find permanently frozen expanses. Fold in gorgeous mountain vistas framing deep wilderness, and you've got the pinnacle of snow machining opportunity.

Topflight outfitters around Alaska offer a variety of snow machining experiences, from scenic half-day trail rides for families and beginners



to multiday wilderness excursions.

Some tours feature ice-fishing trips, aurora viewing or up-close glacier experiences. Guide services typically provide warm outerwear, boots and necessary safety gear. See the sidebar on page 179 for tour ideas.

Snowmobiles, which many Alaskans call snow machines, were originally created about three-quarters of a century ago as utilitarian devices.

Today's machines are a far cry from

the clunky, primitive beasts I first drove in the late 1970s. Living in an Inupiaq village hundreds of miles off the road grid, my neighbors and I owned machines that pulled heavy loads, dealt with deep snow and could be repaired on the side of the trail when (not if) they broke down.

Over the time I lived in the remote Arctic—a land where snow machines are everyday tools used for hauling firewood or freight, finding food and



transportation—the quality and performance of what people in my village called "snogos" increased greatly.

While work machines such as the one I drove continue to hold a solid niche in the market, most snowmobiles today are designed for pleasure riding, and they reflect the improvements of modern technology. Curb appeal coupled with precise handling, eye-popping performance thanks to turbocharged engines that can produce more than

150 horsepower, and incredible reliability define the current generation.

As with cars, there's a dazzling variety of models to suit every driverfirst-timers, casual trail riders, speed enthusiasts and technical-mountain and sport-riding adventurers.

This winter, experience the Great Land as the locals do-gliding on the snow astride a mechanical magic carpet. It's sure to be an unforgettable Alaska experience. \*

information.

#### ANCHORAGE AREA

- Alaska Backcountry Adventure Tours: Halfday to multiday options explore the Nelchina Glacier and portions of the Iditarod Trail (youralaskavacation.com).
- Alaska Wild Guides: Ride wooded trails and visit a historical cabin, or explore ice caves (alaskawildguides.com).

#### FAIRBANKS AREA

- Fairbanks Snowmobile Tours: Options include one- to two-hour tours through a wildlife refuge, and ice-fishing trips (fairbankssnowmobiletours.com).
- Fairbanks Snow Sleighers: Navigate spruce forests, or head out at night in search of the aurora (snowsleighers.com). -N.J.

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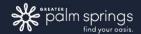
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## THE O.C. WITH KIDS

Winter is wonderful for family travel in Orange County By Ben Raker

>> We're getting closer to water on both sides as we drive onto the narrow, palm treelined Balboa Peninsula in the city of Newport Beach, California. It's my daughter Ella's 10th birthday, and our Seattle-based family (Ella; her younger sister, Wren; mother, Jessica; and me) is celebrating on a sunny winter day exploring Orange County. The kids are excitedly peering

down side streets toward the Pacific Ocean on our right and the town harbor to our left.

I started the day with a bit of concern. We've just spent four days enjoying the thrilling roller coasters, light shows and other attractions of Disneyland, and I was worried that Ella's special day would be an inevitable letdown after leaving "The Happiest Place on Earth."

Fortunately, we have a few surprises in store. Orange County, with its miles of beaches, cool coastal towns and SoCal-classic activities, has plenty of fun available to us Northwesterners.

Right now we're heading to the sheltered harborside of Newport Beach, where we've reserved an electric "Duffy Boat" to motor around in. Said to be a local invention, this brand of watercraft is designed

for no-wake touring that maxes out pretty

close to the harbor's boating speed limit of 5 mph. Onboard in the sunshine, we putter past the ornate mansions and giant yachts of California luminaries, past and present. We spot the former residence of Hollywood legend John Wayne and recently renovated homes of modern tech-giant CEOs. Wildlife lives in and around the harbor, too. The girls enjoy searching for the

plastic coyotes that residents have installed to scare sea lions away from yachts and docks. We've arranged to have an experienced guide aboard—Carolyn Clark, of Newport at Your

Feet—and she asks the birthday girl which way she should steer. Ella's face lights up as she gets to choose the direction our boat goes next.

Following our boat tour, we lunch at the Lighthouse Bayview Cafe in town. While Jessica and I wait for fish-and-chips, we watch conveniently from the cafe's upper deck as the kids race down the beach to a nearby playground.

After a satisfying meal, we drive aboard the Balboa Island Ferry, which has been run by the same family for nearly 100 years. The trip to the island is less than 1,000 feet, but it saves us from having to drive back around the harbor. Instead, we drive off past quaint-looking candy shops and clothing boutiques before crossing a bridge and connecting to Pacific Coast Highway to head south down the coast.



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### Near the city of Laguna Beach, we stop at Crystal Cove State Park. This 2,791-acre park features 3.2 miles of coastline and may be best known for its Historic District of rustic 1930s cottages. Some of the structures can be rented online (though this usually must be done many months in advance). The park also includes a campground, 15-plus miles of inland hiking

A short walk from the park's Moro Beach parking lot takes us through a tunnel under the highway and to the seashore. It's a weekday, and the beach is quiet as Ella and Wren build sandcastles and, laughing, leap incoming waves.

trails and a 1,100-acre underwater preserve.

Our southernmost stop in the O.C. is also the one with the longest-documented history. Mission San Juan Capistrano was established in 1776 by Junípero Serra (the father of the California mission system, who was canonized in 2015). Schoolchildren commonly take field trips to the mission to learn local history, and our girls enjoy using the provided handheld devices that resemble walkie-talkies to cue up audio clips at designated points of interest around the grounds. They learn about the elegant ruins of the Great Stone Church; about the rise, decline and eventual preservation of the mission; and about the legend of swallows that returned here annually on March 19. At a pond in the central courtyard, the girls feed fish food to koi and wonder at the sun-kissed flower gardens and citrus trees starting to develop fruits on this winter day. "We don't see this kind of thing back home," Ella observes.



As we're leaving, I notice the words "Worth a Visit" painted on the mission gatehouse and learn that a priest, Father O'Sullivan, used this slogan to spark interest in the mission in the 1930s. I think to myself that, based on our visit, those words are an understatement.

We drive back north. Along Pacific Coast Highway we pass beaches with palm trees and lifeguard chairs silhouetted against an orange sunset sky. Arriving in the city of Huntington Beach, we head straight for its famous pier, which juts 1,850 feet out to sea. We follow its wide walkway, picking out the shapes of surfers below as they catch



waves illuminated by the lights of the pier. When we reach the end of the walkway, a few folks are still out fishing.

Back in town, the lights are on at Pacific City, the upscale shopping center where we dine at the buzzing Ola Mexican Kitchen. We enjoy blackenedshrimp tacos, posole and

quesadillas, and then our servers bring out a churro and ice cream topped by a candle. We all sing "Happy birthday" to Ella.

There's one final surprise. We've arranged the Bonfire S'Mores Experience, run by the Waterfront Adventures stand near the pier, and our friendly "beach butler," Shawn, has our contained-pit fire already lit when we arrive on the beach. There are chairs, blankets, a cooler with drinks, and a table set with presharpened sticks and s'mores fixings. As we eat our sticky sweets, we reflect on the day and listen to the surf crash ashore. Ella says it feels just fine to be a decade old. She burns the tip of her stick until it glows red. Then she traces the number 10 in the night air.

When we get up to go (Shawn will come back to douse the flames), Ella stubs out the stick's glowing tip and writes a thank-you in the sand: "I Love Beach Bonfire Birthdays." ズ

Ben Raker is an associate editor.

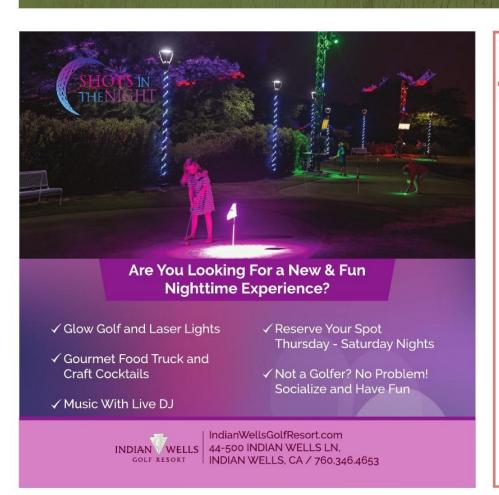
#### SEASONAL FAMILY FUN IN THE O.C.

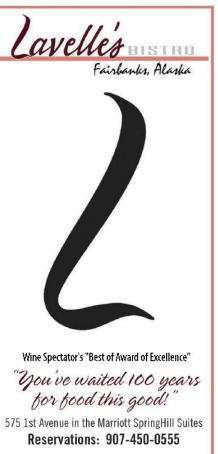
■ Holiday attractions at South Coast Plaza, in Costa Mesa, include Santa's Village & The North Pole (through Dec. 24), Santa's Express Train (through Jan. 1, 2019), and various holiday shopping services at this world-class collection of boutiques (southcoastplaza.com/holiday). Nearby, Segerstrom Center for the Arts is hosting festive Holidays Around the World events (Dec. 14-23) and performances in

the 2018-19 Family Series (select dates through March 2019) (scfta.org).

- Disneyland Resort is featuring Disney Festival of Holidays daily through Jan. 6, 2019, celebrating multicultural traditions; the "Believe ... in Holiday Magic" fireworks, nightly through Jan. 8; and other holiday attractions (disneyland.com).
- The Capistrano Lights tree-lighting and musical program runs nightly Dec. 2-Jan. 6 (except Dec. 24, 25 and 31) at Mission San Juan Capistrano (missionsjc.com). —B.R.







# Flyer guide

Your overview of the Alaska experience.

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#### **Embraer E175**

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## Airbus fleet.



### Airbus A319

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#### Airbus A320

Range: 2,855 miles Seats: 146-149

#### Airbus A321neo

Range: 3,072 miles Seats: 185

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Our new travel show lets you explore the best of our destinations. Each episode highlights a different city and features little-known facts, along with essential information about attractions, restaurants and accommodations.

Where We Fly is produced in cooperation with In-Flight Media Associates.

Start watching today at AlaskaWiFi.com or via the seatback screen (on select flights).

## Kick back with nearly 500 free movies and TV shows.

Most flights offer Alaska Beyond Entertainment, our streaming entertainment system that features hit movies and episodes from your favorite TV networks—like HGTV—as well as new discoveries, including new musicians from Seattle's independent record label Sub Pop.

Visit AlaskaWiFi.com to start watching.

#### HIT MOVIES ON ALASKA BEYOND ENTERTAINMENT:







**Home Alone** 



Miracle on 34th Street



**Avengers: Infinity** War



The Mea

#### **NEWLY ADDED TITLES:**

- The Darkest Minds
- The Meg
- Teen Titans Go! To The Movies
- Crazy Rich Asians
- Die Hard
- The Family Stone
- · National Lampoon's Christmas Vacation
- Mary Poppins
- The Darjeeling Limited
- Garden State
- Mr. and Mrs. Smith
- Avengers: Infinity War He's Just Not That Into You
  - Yes Man
  - P.S. I Love You
  - Hairspray
  - Harry Potter series
  - Monster-in-Law

- My Sister's Keeper
- Night at the Museum
- Pleasantville
- Starsky & Hutch
- Summer Catch
- The Bridges of Madison County
- The Bucket List
- The Departed
- · There's Something About Mary
- You've Got Mail









For a complete movie/TV program listing, go to AlaskaWiFi.com while inflight.

## Like our tunes?

#### TAKE A LOOK AT THIS MONTH'S BOARDING MUSIC PLAYLIST:

#### Sixpence None the Richer Death Cab for Cutie She & Him Jimmy McGriff Wilson Pickett Heartless Bast\*\*\*s The Brian Setzer Orchestra Summer Camp

#### Carol of the Bells Christmas (Baby Please Come Home) Baby, It's Cold Outside The Christmas Song Jingle Bells Blue Christmas Winter Wonderland Last Christmas

### Artist Damien Jurado Katherine Penfold Los Straitjackets Andrew Bird

Rilo Kilev Reverend Horton Heat Pink Martini

### Song

Christmas Time Is Here It's the Most Wonderful Time of the Year Jingle Bell Rock Auld Lang Syne Xmas Cake Rudolph the Red Nosed Reindeer We Three Kings

#### **SUB POP AT 30**

In honor of Sub Pop's 30th anniversary, Alaska Airlines' Beyond Entertainment is featuring a number of songs from Sub Pop artists, including: Rolling Blackouts Coastal Fever, Hope Downs; King Tuff, Psycho Star; Low, Double Negative; Jo Passed, Millennial Trash Blues; Loma, Relay Runner; Moaning, Don't Go; Bully, Guess There; and Mudhoney Good Enough.



## You're now cleared for text-off.

Never miss a thing when you can text for free using Wi-Fi. Text your friends from your smartphone using iMessage, Facebook Messenger and WhatsApp. Please keep in mind:

- Free texting is for text-based messages only. Photos and video are not supported.
- Both you and your recipient must have one of the compatible apps.
- Free texting is available only on flights with Gogo or Viasat Inflight Internet.

Inflight, go to AlaskaWiFi.com to get started.



## Go online.

Inflight internet is available on all of our Airbus, Boeing and Embraer 175 aircraft, when flying over the continental U.S., Canada and parts of Alaska.

#### TIPS FOR MAKING THE MOST OF INFLIGHT WI-FI:

It's great to be able to stay connected while you fly, but inflight Wi-Fi is different from the Wi-Fi you may be used to.

- Work smarter. Use webmail instead of Outlook to check your inbox. You never know what large files might be lurking in there.
- Wait to send that TPS report. Large attachments can slow things down; avoid sending while in air.
- Bookmark or favorite AlaskaWiFi.com to quickly access inflight internet.
- Huh? Live Help is available on flights within the coverage area. FAQs are at your fingertips on all flights.

# Rent one of our premium entertainment tablets.

On most coast-to-coast and Hawai'i flights, you can rent one of our inflight entertainment tablets featuring the newest movies onboard, plus recent hits. Each tablet is preloaded with 25 to 30 movies (depending on the month), plus TV shows, Xbox games and music. Tablets are free in First Class, and available to rent for \$10.

Tablets are not offered on aircraft with seatback screens.



#### **NEW MOVIES ON THE TABLET:**



f The Preda



The Predator\* C



Christopher Robin\*



**A Christmas Story** 



**Crazy Rich Asians** 

<sup>\*</sup> Available on the tablet only.

## Alaska Airlines Mileage Plan™

## Welcome to a world of rewards.



Earn miles on hotel stays, car rentals, and everyday purchases, too.

## See the world and earn miles doing it.

Earn or redeem miles on every Alaska flight and flights to more than 900 destinations worldwide with our airline partners.





































The more you fly, the richer the rewards.

Partner miles flown also count toward elite status qualification.

#### **MVP**

(20,000 miles flown on Alaska)

- Priority check-in
- Two free checked bags
- Eligible for complimentary
   First Class upgrades\*\*
- 50% bonus miles and more

### MVP GOLD

(40,000 miles flown on Alaska)

All MVP® benefits, plus:

- Waived ticket change fees on Alaska\*\*
- Four annual guest upgrades
- 100% bonus miles and more
- GOLD 75K

(75,000 miles flown on Alaska)

All MVP Gold benefits, plus:

- Four Alaska Lounge day passes
- 125% bonus miles and more
- Complimentary inflight entertainment player, when available.

<sup>\*</sup>Miles flown on PenAir and Ravn do not count toward elite status qualification.

<sup>\*\*</sup>Saver Fares (booked in X class of service) are not eligible for elite upgrades or waived change fees.





## Carry the card for even more rewards.

**Introductory offer:** Buy 1 ticket, get 1 for just the taxes and fees with Alaska's Famous Companion Fare<sup>TM</sup> offer.

- 32,500 bonus miles offer when you apply through an employee.
- Free checked bag for you and up to six other guests on the same reservation.



Cardholder perk: There's no limit to the number of miles you can earn.

#### Apply now with an employee before wheels down, or at AlaskaOffer.com

The benefits described herein are subject to certain restrictions, limitations and exclusions. For more information about rates, fees, other costs and benefits of this credit card, or to apply, visit AlaskaOffer.com and refer to disclosures accompanying the application. This credit card program is issued and administered by Bank of America, N.A. Visa and Visa Signature are registered trademarks of Visa International Service Association and are used by the issuer pursuant to license from Visa U.S.A., Inc. ©2018 Bank of America Corporation

#### Use your card and you're entered for a chance to win



Every time you make a purchase with the Alaska Visa® card through December 24 you are entered for a chance to win.

1 Grand Prize 5 Winners 1,000,000 500,000 Miles Miles

20 Winners

100 Winners 30,000 Miles

150 Winners 10,000 Miles 10 million miles in prizes. Hundreds of ways to win.

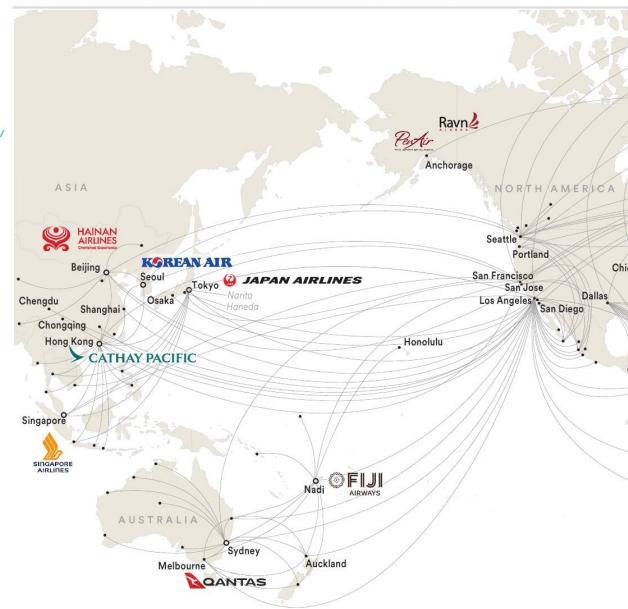
NO PURCHASE OR OBLIGATION NECESSARY TO ENTER OR WIN. Open to legal U.S. & D.C. residents, 18 or older as of 11/14/18. Void in P.R. and where prohibited. For complete details including Non-Purchase Entries see Official Rules at www.alaskamilesgiveaway.com. PIN-based and ATM transactions are not eligible. Sweepstakes began 11/14/18 and ends 12/24/18. Sponsored by Alaska Airlines, Inc.

Learn more about your chance to win. Alaskamilesgiveaway.com

## Mileage Plan gives you the world

# Earn and redeem your Alaska Airlines miles to more than 900 destinations worldwide.

Find tips on how to earn and use miles on our global partners at blog.alaskaair.com/ mileage-plan.



Explore more with Mileage Plan.





**Japan** Japan Airlines **Dubai, UAE** *Emirates* 









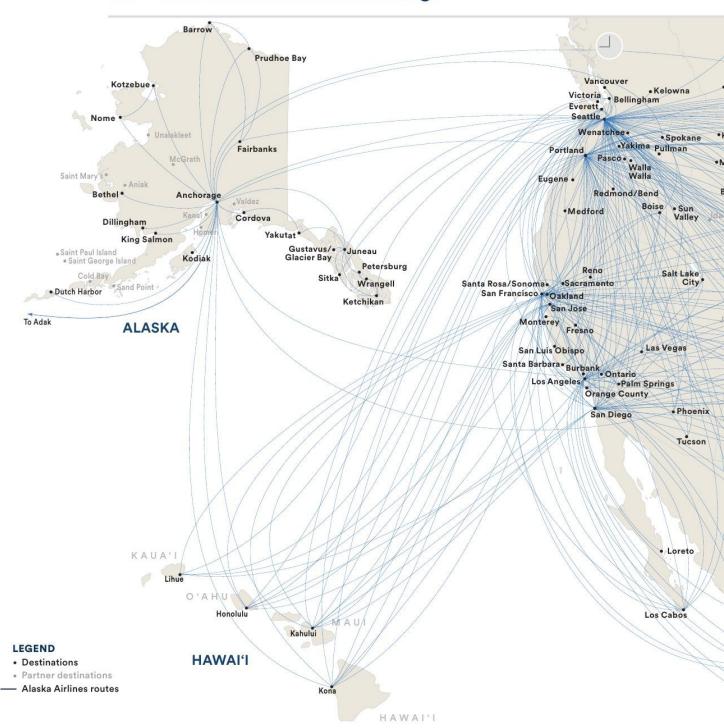


Reykjavík, Iceland Icelandair

FLYER GUIDE

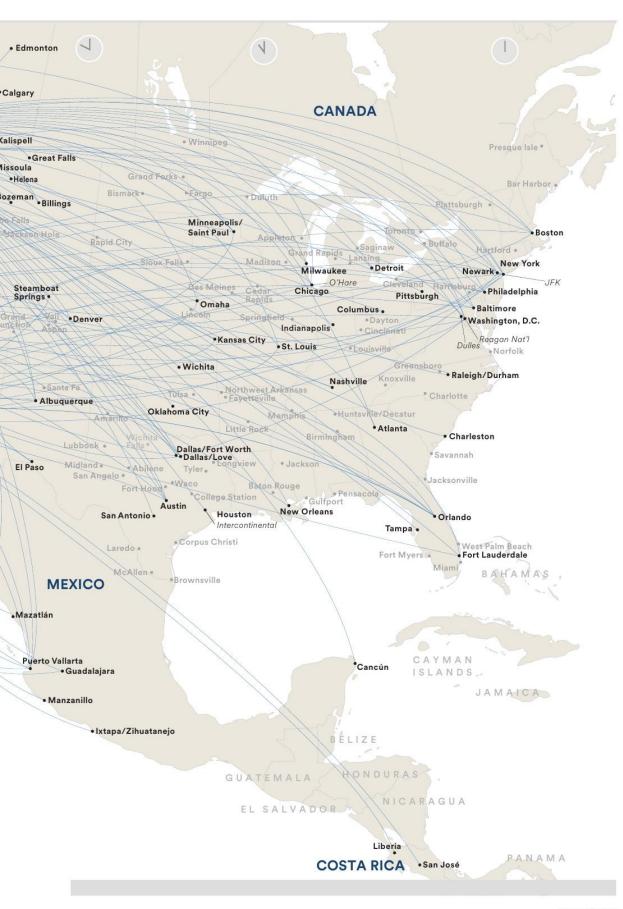
## Where we fly

## 115+ destinations and counting.



#### **UPCOMING NEW SERVICE**

Route	Service Begins	Route	Service Begins
Sacramento, CA (SMF)—Kona, HI (KOA)	Dec. 20, 2018	Everett, WA (PAE)—Phoenix, AZ (PHX)	Feb. 18, 2019
Everett, WA (PAE)—Las Vegas (LAS)	Feb. 11, 2019	Everett, WA (PAE)—San Diego, CA (SAN)	Feb. 18, 2019
Everett, WA (PAE)—Los Angeles (LAX)	Feb. 12, 2019	El Paso, TX (ELP)—Seattle, WA (SEA)	Feb. 19, 2019
Everett, WA (PAE)—San Jose, CA (SJC)	Feb. 12, 2019	El Paso, TX (ELP)—San Diego, CA (SAN)	Feb. 19, 2019
Everett, WA (PAE)-Portland (PDX)	Feb. 14, 2019	Columbus, OH (CMH)—Seattle, WA (SEA)	Mar. 7, 2019
Everett, WA (PAE)—San Francisco (SFO)	Feb. 14, 2019	Everett, WA (PAE)—Anaheim, CA (SNA)	Mar. 12, 2019



Some Alaska Airlines service operated by Horizon Air or SkyWest Airlines.

Some routes shown operate seasonally.

## **Airport terminal maps**

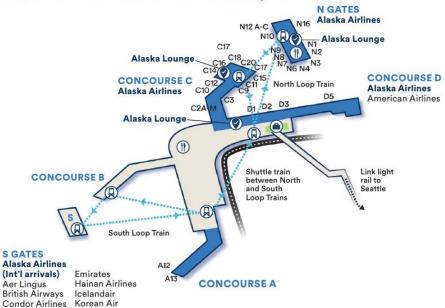
## SEA Seattle/Tacoma International Airport

Tip:
Connecting to
an Alaska Global
Partner? You'll
need to take the
shuttle train to
the South Loop
Train to get to

the S gates.

#### ① Tip:

Our new
Alaska Lounge
opened in the
C Concourse:
Raise your
"preflight"
game. We have
complimentary
food, premium
drinks, Wi-Fi and
great views.



## **PDX** Portland International Airport



#### O Tip:

Heads up: We fly out of more than one terminal at SFO, please check your boarding pass to ensure you arrive at the correct gate.

#### O Tip:

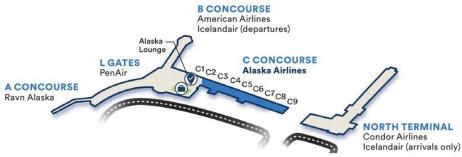
Alaska Lounge members have access to the Cathay Pacific Lounge at SFO when traveling on Alaska.



## LAX Los Angeles International Airport



## **ANC** Anchorage International Airport



## SJC San Jose Mineta Airport



## **SAN** San Diego International Airport



## **Customs and immigration**

Please use all capital letters with blue or black ink.

Por favor use letra mayúscula en tinta azul o negra.

Global Entry is a
U.S. Customs &
Border Protection
program that
offers expedited
customs entry
with no processing
lines, no paperwork, TSA Preè
eligibility and
access to
expedited entry
in other countries.
Apply at www.
cbp.gov.



Customs and Immigration forms are distributed by flight attendants during your flight. Prior to landing, complete all forms that pertain to you, following the tips below. Completed forms are presented immediately upon entering the International Arrivals building. Las formas de Aduana y Migración son distribuidas por los sobrecargos durante el vuelo. Antes del aterrizaje en su destino final complete las formas correspondientes usando las indicaciones que se porporcionan a continuación. Las formas completas seran presentadas en la Terminal Internacional.

#### TO THE UNITED STATES

PASSPORT CONTROL KIOSKS

Automated Passport Control kiosks expedite the entry process. Eligible travelers scan their passport, take a photograph and answer a series of questions at the kiosk. Once complete, present the printed receipt from the kiosk to a Customs Officer.

#### Helpful tips

- Only citizens or nationals of the U.S., Canada or Visa Waiver Program countries are eligible to use the kiosk.
- · Customs declaration forms are unnecessary.
- Kiosks available in Los Angeles (LAX), Portland (PDX), San Diego (SAN), San Francisco (SFO) and Seattle (SEA).

#### U.S. CUSTOMS DECLARATION

All travelers to cities without Passport Control kiosks must complete this form.

#### Helpful tips

- One form per person or one per family (family defines those in the same household who are related by blood, marriage, domestic relationship, or adoption).
- Lines 5, 6—If not using a passport, leave these lines blank.
- Line 9-Enter "AS" for Alaska Airlines
- Sign at the "X."

#### QUIOSCOS DE CONTROL DE PASAPORTES

Kioscos automatizados de control de pasaportes acelerar el proceso de entrada y se encuentran en muchas ciudades servidas por Alaska Airlines. los viajeros elegibles escanear el pasaporte, tomar una fotografía y contestar una serie de preguntas en el quiosco. Una vez completa, presentar el recibo impreso en el quiosco a un oficial de aduanas.

#### Datos de ayuda

- Sólo los ciudadanos o nacionales de los países del Programa de Exención de Estados Unidos, Canadá o Visa son elegibles para utilizar el quiosco.
- Formularios de declaración de aduanas son innecesarias.
- Kioscos disponibles en Los Ángeles (LAX),
   Portland (PDX), San Diego (SAN), San Francisco (SFO) y Seattle (SEA).

#### **DECLARACION DE ADUANA**

Los viajeros a ciudades sin quioscos de control de pasaportes deben completar este formulario.

#### Datos de ayuda

- Una forma por persona o por familia con la misma dirección.
- Línea 5, 6—Si no tiene pasaporte, deje esta sección en blanco.
- Línea 9-Use "AS" para Alaska Airlines.
- Firme en la "X."

#### INTERNATIONAL TRAVEL TIPS

TO MEXICO

- All travelers must complete a Mexico Customs Declaration form; one per traveler or family with same address.
- All travelers, except for citizens of Mexico, must complete the FMM; one per traveler or family.

#### TO COSTA RICA

- All travelers must complete a Customs Declaration form; one per traveler or family.
- All travelers must complete an Immigrations Form; one per person.
- Costa Rica requires a \$29 departure tax for each traveler. For tickets purchased before June 1, 2016, pay fee prior to check-in with Alaska Airlines at the service centers in terminal check-in area.
   The fee is included in the price of tickets purchased after June 1, 2016.

#### **CONSEJOS DE VIAJE INTERNACIONALES**

AMEXICO

- Todos los viajeros deben completar un formulario de declaración de aduanas México; uno por cada viajero o familia con la misma dirección.
- Todos los viajeros, excepto para los ciudadanos de México, deben completar la FMM; uno por cada viajero o familia.

#### A COSTA RICA

- Todos los viajeros deben completar un formulario de declaración de aduanas; uno por cada viajero o familia.
- Todos los viajeros deben completar un formulario de Inmigración; una por persona
- Costa Rica requiere un impuesto de salida de \$29 para cada viajero. Para los boletos comprados tarde del 1 junio, 2016, pagar la cuota antes de check-in con Alaska Airlines en los centros de servicio en el área de registro de entrada en el terminal. La tarifa está incluido en el precio de los boletos comprados el 1 de junio 2016.

## Your safety and comfort

#### SEATS

- Seat belts must be fastened whenever the "FASTEN SEAT BELT" sign is on. Keep your seat belt fastened at all other times when seated, in case of rough air.
- Seatbacks and tray tables must be in the upright, locked position during taxi, takeoff and landing.
- Seat-belt extenders are not allowed in exit rows.
   They can tangle and obstruct access to exit doors.

#### **CARRY-ONS**

- All carry-on bags must be placed under a seat or in an overhead bin for takeoff and landing.
- Prior to takeoff and landing, service items provided by our inflight team must be picked up.

#### LAVATORY

 Guests are requested to use the lavatory in their assigned cabin.

#### PETS

Pets must remain in carrier for entire flight.
 Carrier must be stowed for taxi, takeoff and landing.

#### **CREW AND GUEST SAFETY**

- Under federal law, no person may assault, threaten, intimidate or interfere with crew members in the performance of their duties aboard an aircraft. Penalties for crew interference include fines up to \$11,000, imprisonment or both. An incident report may be filed with the FAA regarding a guest's behavior.
- We respect the privacy and well-being of our guests and employees. We do not tolerate inappropriate verbal, digital or physical conduct of any kind, including sexual harassment, invasive photography, and assault. Please report unwelcome behavior to an employee immediately. Any crime committed onboard is considered a federal offense.

#### TRAVELING WITH INFANTS AND CHILDREN

- To be used onboard, your child-restraint system must conform to all applicable federal motor vehicle-safety conditions, and the restraint must be certified for use in motor vehicles and aircraft with an FAA-approval sticker.
- Some restrictions for child-restraint systems apply based on seat locations and flight numbers.
   Visit http://bit.ly/InfantTravel for details.

#### ALCOHOL AND TOBACCO

- Alcohol may not be consumed aboard an aircraft unless it has been provided by a flight attendant.
   No alcohol may be served to any person who appears to be intoxicated, or who is under 21 years of age.
- Guests are expected to drink responsibly and behave in a safe and respectful manner at all times.
- Smoking, chewing tobacco and electronic cigarette use are not permitted on any Alaska Airlines flight.

#### **DEVICES**

- During taxi, takeoff and landing, larger electronic devices, such as laptops, must be stowed.
- Cellphones may be used while the boarding door is open until advised by your flight attendant that cell service must be turned off. Upon landing, your flight attendant will advise when cell service can be enabled.
- During flight, electronic voice communications of any kind (e.g., cell, FaceTime, Skype) are prohibited.
- Headphones must be worn when using electronic devices such as personal music players, Inflight Entertainment Tablets, handheld games, etc.

#### OTHER PROHIBITED ITEMS

 We prohibit the use of items that do not meet FAA Regulations or Company regulations. This includes the use of seat-belt extensions not provided by Alaska Airlines, devices that restrict the recline of seats, self-heating meals or beverages, air filters placed on overhead vents and personal air-purifying devices. The Federal
Aviation
Administration
(FAA) and
Alaska Airlines
have set these
rules and
regulations to
assure your safety
and comfort.

#### **CONTACT US**

Customer care: 800.654.5669 (Mileage Plan, Customer Care)

Toll-free reservations: Within the U.S. and Canada: 800.ALASKAAIR (800.252.7522) (TTY 800.682.2221) alaskaair.com

En Español: 800.858.5525 From Mexico: 001.800.252.7522

Alaska Airlines Vacations: 844.762.0087 vacations.alaskaair.com

#### **USING YOUR DEVICES**

We know use of your electronic devices is important, and we've adjusted our procedures to give you more time with those devices.

#### Allowed on the ground and in the air

- Laptops (must be stowed for taxi/ takeoff/landing)
- Tablets/smartphones (Airplane Mode after door closure)
- · Wireless mouse/keyboard
- e-readers
- Media/CD/DVD players
- · Noise-canceling and Bluetooth headphones
- Cellphones (prior to door closure only)

#### Not allowed during flight

- · Voice calls of any kind, including VoIP
- Devices with cell service enabled
- AM/FM radios or TVs
- Personal air purifiers
- Remote-control toys
- Electronic cigarettes

### HOW SWEET IT IS!

19

52

100

101

120

125

129

23

27

20

24

44

62

28

43

#### >> GAMES **CROSSWORD**

22

26

65

104

123

127

48

83

112 113

47

98

103

55

#### ACROSS

- 1 Picnic spoiler
- 4 Ravi's strings
- 9 Company of soldiers
- 14 Talk too much
- 18 Cereal dish
- 20 Revolted
- 21 Oscar de la
- 22 Baltic port
- 23 Opera highlight
- 24 Modern Persian
- 25 Helps a shoplifter
- 26 Certain aristocrat
- 27 Molly Ringwald film
- Extras
- 30
- 32 Moth-
- Commodore Hull 33
- 34 World's lowest lake
- 35 Abundant
- 38 Web-pg. address
- 39 Selassie follower
- 40 Rumpus room
- 43 Negotiation stopper
- 47 Serpent
- 51 With all haste: abbr.
- 53 Cried, as a donkey
- 54 Unimportant
- 56 Rich person
- 58 Cable TV channel
- 59 Athlete's foot, e.g.
- Hillside: Scot. 60
- 61 Zest
- 62 Thoughtlessly
- 65 Mail deliverer
- 66 Digital pioneer
- Affirmative response
- 69 Many a time
- 71 Moratorium
- 74 Finally!
- 81 Volume of charts
- 85 Sandwich cookie
- Validate
- 87 It comes after pi
- 88 Quite small
- 89 Star Trek locale
- 91 Discolors
- 94 Squealers
- Opera's Caldwell 95
- Frosty's tobacco holder DOWN 96
- Set of tools
- 100 Roman date
- 102 Summer mo.
- 103 Greenish blue
- 105 Turf builders?
- 108 Murphy Brown character
- 110 Spicy dip
- 114 Associate
- 115 Director's instruction
- 119 Estrada of CHiPs
- Take the wheel 120
- 122 Angrily
- 123 Spreads frosting on
- 124 Building's location
- 125 Shoe wearer, at times
- 126 Big Bird's neighbor
- 127 Nettle
- 128 Pianist Myra \_\_\_\_

- 129 Pitchers
- 130 Cuts grain

72

- 131 Do knot work

105 106 107

119

124

128

- 1 Degrade
- 2 Waterwheel
- 3 Between
- Out of harm's way
- Tehran's nation
- Ancient ornamental 6 collar
- Very, in music
- 8 Guarantee again
- 9 Singsong sounds
- Violin's kin 10
- 11 The Young
- 12 Giants slugger
- 13 Goes by
- 14 Livelihood source
- 15 Falsifiers
- 16 Acquiesce 17 Light wood

- 19 At another time
- 28 Screen's first Jane
  - 29 Took a chance 31 Country's Cline
  - 34 Grass type

  - 36 Valentine mo.
  - 37 Mars neighbor 39 Horse controls

  - (Roger Miller song)
  - 41 Twin of Jacob 42 Arrests
  - Kent's love 44
  - 45 Eight bits
  - McQuade of Ned Kelly
  - Tunes 48
  - 49 Hill crest
  - 50 Stretches
  - 52 Latkes
  - 55 Moon Mullins' brother

- 57 Ghostly cry
- 59 Wild duck 63 Unit of force
- Chair support
- 67 Northern Finland native
- 70 Lard

21

25

46

54

78

109

122

126

130

29

68

97

102

108

- 71 Coal buckets
- 72 Bounded section
- Villainous look
- Vestiges 75
- 76 Crazies
- Bullets \_\_\_\_ Broadway
- Egyptian, e.g. 78
- 79 Ocean liner
- Gin partner 80 82 Plumber's concern
- 83 Opposed to
- 84 Org. method
- 90 Bellow
- 91 Racing rowboat
- 92 Conjointly 93 \_\_\_\_ Game

97 Carpenters, at times

131

- 98 Soothe
- 101 Tailor's implement Lowest point 104
- 105 Invigorating
- 106 Uncanny
- 107 Gashes
- 108 Go-getter
- 109 Coastline Permitted by law
- 112 Engraved pillar
- 113 Object of value
- Author Anne \_ 115 116 Famous volcano
- **117** Crop
- 118 Deli loaves
- 121 Crude

SOLUTION ON PAGE 206.



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## **SOAK UP THE SUN IN GREATER PALM SPRINGS**

### Live Entertainment 7 Nights a Week



CONCERT



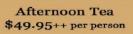
The Great American Song Book, Country and Rock & Roll Featured Special Guest Artist Weekly

Monday, 6:00 pm to 9:00 pm

Every other Wednesday, 6:30 pm show

Rebecca Clark as Barbra Streisand In her One Woman Tribute Show "Hello Gorgeous"

2018 2019 Dec. 12 Jan. 2, 16, 30 Feb. 13 & 27 Mar. 13 & 27 April 10 & 24 May 8 & 22



Saturday, 12:00 pm to 3:00 pm

Ted Herman Big Band Sunday, 6:00 pm to 8:00 pm Featuring: Don Clark - Trumpet, Vito Pizo - Saxophone, Alex Danson - Piano, Eric Lindstrom - Trombone

Featured Vocalists: Patricia Welch, Terri Olsen & Lee Hartley Dance Lessons By Van Spencer 5:15 pm to 6:00 pm



Sings and Celebrates The Great American Song Book

Friday & Saturday 6:00 pm to 9:00 pm

#### Terri Olsen

Broadway Veteran, Formerly with The Palm Springs Follies, Featured Performer with her Band "The Perfect Blend" Creating the "New" Great American Song Book

Tuesday, 6:00 pm to 9:00 pm

#### BROADWAY'S BEST

Terri Olsen and Patricia Welch

Oisen and Patricia Welc <u>2018</u> <u>2019</u> Dec. 5 & 26 Jan. 9 & 23

6 Jan. 9 & 23 Feb. 6 & 20 Mar. 6 & 20 April 3 & 17 May 1 & 15

#### Patricia Welch

Starred with
Yul Brynner, Wayne Newton
and Rober Goulet
Performing Classics and Standards

Thursday, 6:00 pm to 9:00 pm

760. 797. 8700 or manuel@indianwellsresort.com 76-661 Hwy 111, Indian Wells www.indianwellsresort.com

INDIAN WELLS

Reservations Strongly Recommended

## A GALLERY

FINE ART



"Sadie" 13.5h x 9w x 18d Glass shard sculpture

73956 El Paseo, Palm Desert, CA 760.346.8885 | agalleryfineart.com







#### LADDERGRAM

First, write the word that fits the first definition into space 1. Then drop one letter and rearrange the remaining letters to form the answer to definition 2. Drop one more letter, rearrange and get the answer to definition 3. Put the first dropped letter into the box to the left of space 1 and the other dropped letter into the box next to space 3. When you have correctly solved the puzzle, the dropped letters on the left and right, when read down, will spell out related words.

1.	2.	3.	
4.	5.	6.	į d
7.	8.	9.	
10.	11.	12.	
13.	14.	15.	
16.	17.	18.	
19.	20.	21.	
22.	23.	24.	
25.	26.	27.	

#### DEFINITIONS

		CONTROL OF CORP.
1	Taker	nacc
	Takes	place

2. Clean vigorously

3. Belonging to us

4. Certain songbird

5. Causes pain to

6. Corrode, as iron

7. Boil with anger 8. Ghostly garment?

9. Funny Meyers

10. Depressions on

the moon

11. Reagan's predecessor

**12.** — cotta, pottery material

13. Steak cutters

14. Actor Costner

15. Climbing plant

16. Quick look

17. Easy as pie

18. Puts in a heap

19. Spicy lunch meat

20. Posts (a package)

21. Lanky

22. London's river

23. Reckless rapidity

24. Tennis great Arthur

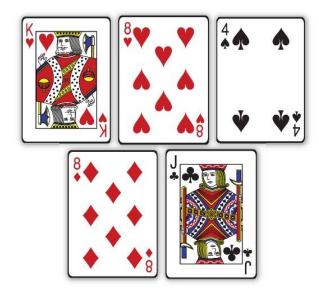
25. Boot-camp recruits

26. Eye parts

27. Muscle ailment

#### **CARD SENSE**

Five playing cards were shuffled and put in a pile, one on top of another. Using the clues, can you identify each card's position in the pile?



- 1. One eight is above the king; the other is below it.
- 2. The four is above both face cards.
- 3. Exactly two of the red cards are adjacent; they are not of the same suit.
- 4. The face cards are not adjacent.

#### **ANAGRAM MAZE**

The diagram contains 36 words, 21 of which are anagrams of other everyday words. Start at the top arrow and anagram BLOW. While solving, move up, down, right or left to the only adjacent word that can be anagrammed. Continue until you arrive at the bottom arrow. There is only one path through the maze.

1	2	3	4	5	6
CHAR	LEAK	NODE	ONCE	BLOW	WHIM
7	8 JIVE	9	10	11	12
VEER		WILD	CITY	EYES	FLAP
13	14	15	16	17	18
COAT	ISLE	ROAD	VOTE	REAM	ODES
<b>19</b>	20	21	22	23	24
CUFF	TILL	TUBA	LIFE	WING	LEFT
<b>25</b>	<b>26</b>	<b>27</b> FOUR	28	<b>29</b>	30
GREW	THUG		BOLD	LEGS	DIRE
31	32	33	34	35	36
MELT	OVER	SALT	CLAY	DENT	MARK

SOLUTIONS ON PAGE 207.



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Complete each sudoku grid by placing a number in each box so that each row, column and small nine-box square contains the numbers one to nine exactly once. **Solutions on page 206.** 

DIFFICULTY: EASY

DIFFICULTY:	MEDIUM

	3				9	5	6
			8	3		7	
4	6	9	1				8
				1	4		2
		5	3	2			
	8	7					1
			9	8	2	1	
7		2	5				
9	2				8		
	7	4 6 8 7	4 6 9 5 8 7 7 2	4       6       9       1         5       3         8       7         9       9         7       2       5	4       6       9       1       -         1       1       1       1         2       3       2       2         3       4       4       4       4       1         4       5       3       2       2       2       2         8       7       7       9       8         7       2       5       5       3	4       6       9       1          5       3       2          8       7           9       8       2         7       2       5	4       6       9       1       -       -         5       3       2       -       -         8       7       -       -       -         9       8       2       1         7       2       5       -       -

		2		9			7	
8			1		2		9	
		4			8	1		2
1	2	6	5					
	8			1			5	
					9	4	8	1
2		1	8			9		
	9		2		5			7
	4			3		8		2

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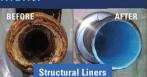


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#### CROSSWORD ON PAGE 200.

A	N	T			s	1	т	A	R		т	R	0	0	P		В	L	A	В
В	0	w	L		A	R	0	S	E		R	E	N	T	A		R	1	G	A
A	R	1	A		F	A	R	S	1		A	В	E	T	S		E	A	R	L
s	1	X	т	E	E	N	c	A	N	D	L	E	S		s	P	A	R	Е	S
E	A	T	E	N				T	S	A	A	C		D	E	A	D	S	E	A
			R	1	F	E			Ų	R	L		R	A	s	T	A			
D	E	N		D	E	A	L	В	R	E	A	K	E	R		s	N	A	K	E
A	S	A	P		В	R	A	Y	E	D		R	1	N	K	Y	D	1	N	K
N	A	В	0	В		Т	N	Т			Т	1	N	E	A		В	R	A	E
G	U	S	т	0		н	E	E	D	L	E	s	S	L	Y		U	s	P	s
			A	0	L				Y	E	A				0	F	Т			
н	A	L	т		A	т	L	0	N	G	L	A	s	т		А	т	L	A	s
0	R	E	0		P	R	0	٧	E	1		R	н	0		т	E	E	N	Y
D	E	E	P	S	P	A	C	E		s	T	A	1	N	s		R	A	Т	S
s	A	R	A	н		c	0	R	N	C	0	В	P	1	P	E		K	1	т
			N	0	N	E	S		A	U	G			c	Y	A	N			
F	E	s	c	U	E	S		м	1	L	E	s				s	A	L	s	A
R	E	L	A	T	E		R	0	L	L	T	н	E	C	R	E	D	1	т	S
E	R	1	K		D	R	1	٧	E		н	0	т	L	Y		1	c	E	s
s	1	T	E		L	A	c	E	R		E	R	N	1	E		R	1	L	E
н	E	s	s		E	387	E	R	s		R	E	A	P	s		-	т	Α	т

SUDOKU ON PAGE 205.

#### DIFFICULTY: EASY

1	8	3	4	2	7	9	5	6
5	2	9	6	8	3	1	7	4
7	4	6	9	1	5	3	2	8
9	5	7	8	6	1	4	3	2
6	1	4	5	3	2	7	8	9
2	3	8	7	4	9	5	6	1
4	6	5	3	9	8	2	1	7
8	7	1	2	5	4	6	9	3
3	9	2	1	7	6	8	4	5

DIFFICULTY: MEDIUM

5	1	2	4	9	6	3	7	8
8	6	3	1	7	2	5	9	4
9	7	4	3	5	8	1	6	2
1	2	6	5	8	4	7	3	9
4	8	9	7	1	3	2	5	6
7	3	5	6	2	9	4	8	1
2	5	1	8	6	7	9	4	3
3	9	8	2	4	5	6	1	7
6	4	7	9	3	1	8	2	5

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BRAIN BOOSTER PUZZLES ON PAGE 202.

#### LADDERGRAM

С	1. OCCURS	2. SCOUR	3. OURS	С
Н	4. THRUSH	5. HURTS	6. RUST	Н
Ε	7. SEETHE	8. SHEET	9. SETH	Е
S	10.CRATERS	11.CARTER	12. TERRA	С
S	13. KNIVES	14. KEVIN	15. VINE	K
G	16. GLIMPSE	17. SIMPLE	18. PILES	М
Α	19. SALAMI	20. MAILS	21. SLIM	Α
М	THAMES	23. HASTE	24. ASHE	Т
Ε	25. TRAINEES	26. RETINAS	STRAIN	Е

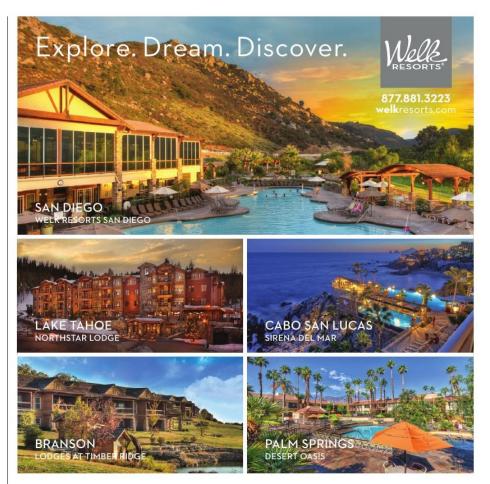
#### **CARD SENSE**

The three red cards are the eight of hearts, the king of hearts, and the eight of diamonds. Since the king of hearts is between the eight of hearts and the eight of diamonds (clue 1), the eight of diamonds and the king of hearts are adjacent (clue 3), and at least one other card is between the eight of hearts and king of hearts. The jack of clubs is not adjacent to the king of hearts (clue 4), so the four of spades is. By clue 2, the four of spades is above both the king of hearts and the jack of clubs. In summary, from top to bottom: eight of hearts, four of spades, king of hearts, eight of diamonds, jack of clubs.

#### **ANAGRAM MAZE**

The path through the maze, with just one anagram given for each, is: 5. bowl; 4. cone; 3. done; 2. lake; 1. arch; 7. ever; 13. taco; 14. lies; 20. lilt; 21. abut; 22. file; 16. veto; 17. mare; 18. does; 24. felt; 30. ride; 29. gels; 35. tend; 34. lacy; 33. slat; 32. rove.

				+	
1	2	3	4	5	
7					
13	14		16	17	18
	20	21	22		24
			8	29	30
	32	33	34	35	
	T				

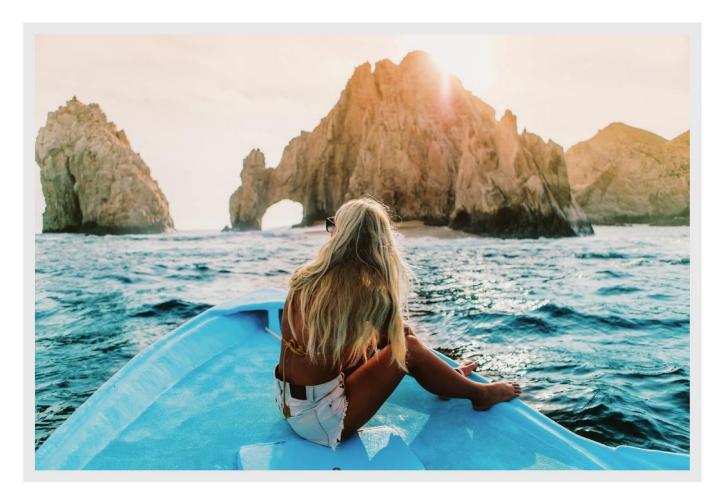


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