

Alaska **BEYOND»**

MAGAZINE JULY 2017

FAMILY-FUN ISSUE:

Tips and ideas
for a summer full
of adventure

LOVING LONDON:

Big-city sights,
community flavor

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MILO

**MILO VENTIMIGLIA
FINDS HIS BREAKOUT
ROLE IN *THIS IS US***

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Alaska Airlines received the highest numerical score among traditional carriers in the J.D. Power 2008–2017 North America Airline Satisfaction Studies. 2017 study based on 11,015 total responses, evaluating 5 traditional carriers, and measures the experiences and perceptions of passengers who were surveyed between April 2016 and March 2017. Your experiences may vary. Visit jdpower.com



Milo Ventimiglia

Nailing the part of a lifetime, Milo Ventimiglia has become one of the most talked-about actors in America.

By Kathryn Drury Wagner

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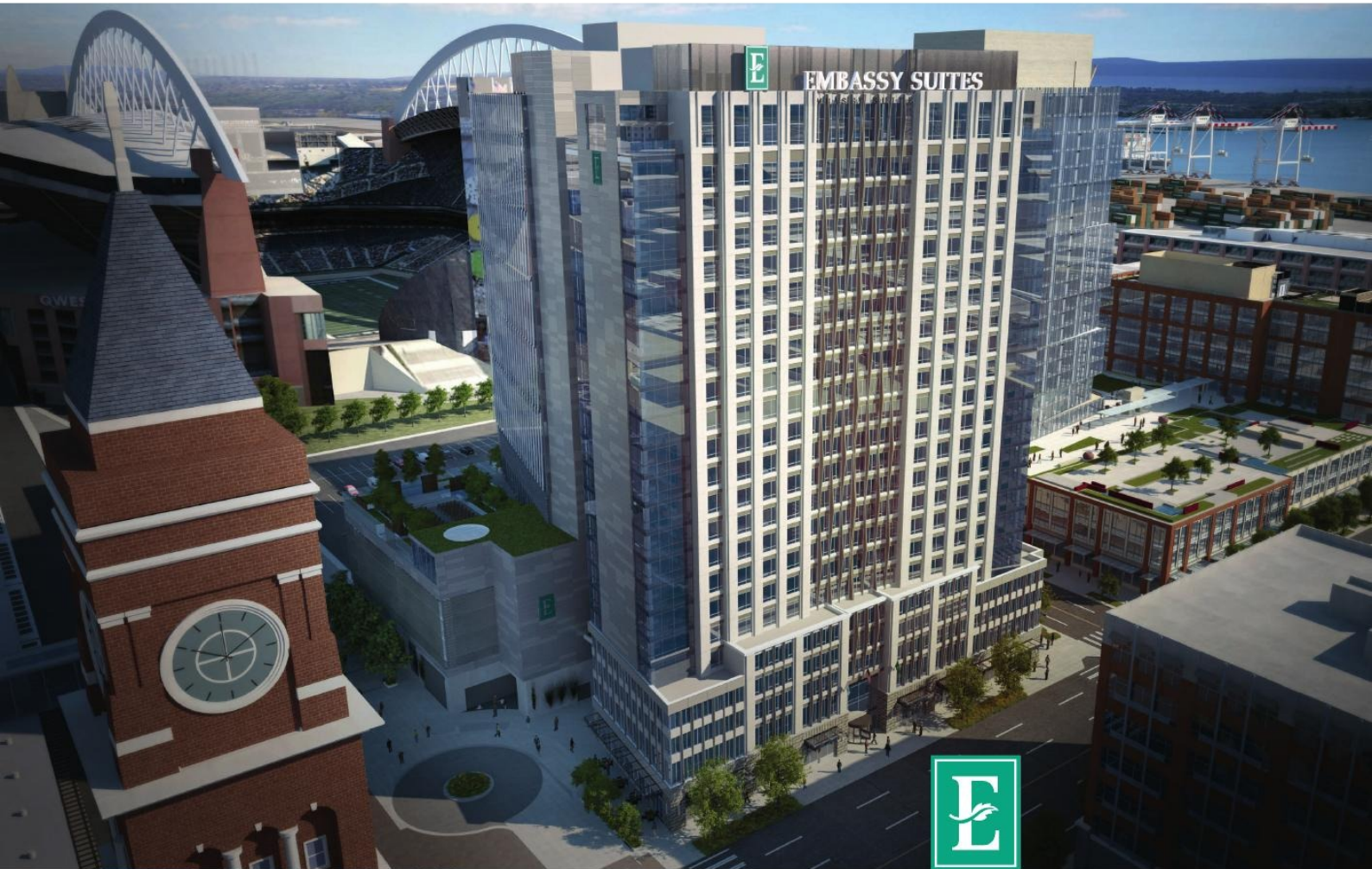
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Milo Ventimiglia, star of
This Is Us.

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Volume 41, No. 7

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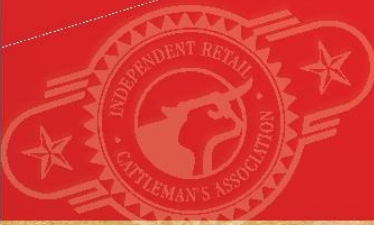
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"If I had known everything My Best 10 had to offer, I'd have done it years ago."



SHARON LOST 10 YEARS IN 10 WEEKS

My Best 10 was a program that could help me get my life on track before I needed some serious medical intervention.

I've always been conscious of my health and fitness. I even ran the Las Vegas Marathon a few years ago. However, since moving to the U.S. from Australia five years ago, my life had changed quite a bit and I felt my health was starting to decline. My weight was fluctuating, my asthma had returned, I had high cholesterol and was in perimenopause. I just didn't feel healthy and knew I needed a restart.

I'd read about the My Best 10 program and was under the impression that it was a "beauty" program for women my age. With my husband's encouragement to do something for myself, I decided to look into it a bit more. Did I have the wrong perception! Yes, My Best 10 offers spa treatments and pampering, but it's so much more than a beauty program!

This was a program that could help me get my life on track before I needed some serious medical intervention.

It could help me reclaim the life I knew I deserved. I wanted to re-educate myself on how to deal with my current life, not how it was in my 20s. Most of all, I needed to feel good, both inside and out.

My dietitian and my trainer showed me ways to work around my life. During the 10 weeks of the program, I had six weeks of back-to-back visitors from Australia, a trip to London, and surgery restrictions, which meant that I couldn't perform any high-intensity cardio until the fifth week of the program. I could have waited to start the program, but I knew that I needed to learn how to live my life better throughout any of life's challenges. I had to organize myself and my choices in a way that would work. In spite of my hectic schedule, I

never missed a dietitian appointment and only rescheduled two training sessions from my week in London.

What contributed most to my success was having a team of people who really listened to me and my needs, and helped me take the program and apply it in a way that I'm still living by four months later. It started with Janet, the first person I talked to about the My Best 10 program. Janet saw me at my most vulnerable. Her compassion and understanding of where I was in my life was visionary. She was with me every step of the way, encouraging, empathic, supportive and helping organize my entire schedule. My trainer was incredible in working with my previous injuries and strengthening my weakest side. I can't say enough about how thorough and in tune with me he was. No two sessions were the same as he kept the workouts interesting and challenging, while encouraging me the whole time. Meal tracking and talking through different food challenges with my dietitian was also incredibly helpful.

I felt as if I'd jump-started my body's engine with a complete overhaul and new fuel.

My cholesterol dropped 50 points, along with my blood pressure. I gained 2.5 pounds of lean muscle mass and lost 7.5 pounds of fat. In doing so, I reduced my risk of heart disease and Type 2 diabetes.

I'm sure other women, like me, have the perception that My Best 10 is just a beauty program. I'd like them to know that it is so much more – this is a kick start to life! If I had known everything My Best 10 had to offer, I'd have done it years ago.

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WELCOME»



Brad Tilden,
Chief Executive
Officer

HEART AND JETS

» **We've got some great new airplanes** in the skies, thanks to a lot of hard work and planning by our people at Horizon Air, Alaska's regional-airline sister company. Here, Horizon President and CEO David Campbell tells you a bit about these fantastic new airplanes, and what they're going to do for you, our guests. Enjoy! —Brad Tilden

When I was handed the reins of Horizon Air three years ago, I was elated. There's something special about the culture here that makes me feel a tremendous sense of pride. My pride for this company can be summed up in two words—heart and jets.

Last year, Horizon Air placed the largest jet order in our company's history, ordering 33 brand-new Embraer 175 jets. Fast-forward a year and we're now flying six E175s to many of Alaska Air Group's popular destinations, including St. Louis and San Luis Obispo. The E175 is an amazing aircraft, as it

opens tremendous opportunities to fly "long, thin routes"—reaching destinations that are too distant for a turboprop, but currently don't have enough customer demand to fill a larger jet.

At the heart of the success of this aircraft are our employees. In fact, the first delivery (tail number N620QX) was appropriately named "Coração," or "heart" in Portuguese—the language of our Brazil-based partners at Embraer. Many have even given the aircraft the nickname "Cora." Our employees are honored to connect smaller markets to the world, and with the introduction of the E175, we will be able to do just that with an even farther reach. This aircraft represents the cornerstone of our transformation into a completely new company. It is a symbol of hope for growth, pride and prosperity for our team. The new capability and service our employees will be able to offer our valued guests make this aircraft



David Campbell,
Horizon Air President
and CEO

» WELCOME

beloved by all here at Horizon Air, and there is now an exhilarating excitement radiating throughout our teams.

For our guests, you can look forward to a comfortable cabin that boasts many of the luxuries you are used to on Alaska's 737 fleet. Our 76-seat E175 jets feature 12 seats in First Class, 12 in Premium Class and 52 in the Main Cabin. This will include onboard amenities such as Wi-Fi internet access and Alaska Beyond Entertainment, which provides free and premium entertainment direct to customer devices. For guests who love their space, our Main Cabin will have 31 inches of seat pitch, which is roomy enough to stretch out. And every guest will enjoy a window or aisle seat—no middle seats here.

If you're ready to try our award-winning service on the E175, you can catch us on the following routes: Portland to Dallas/Fort Worth, Oakland, Salt Lake City and St. Louis; and Seattle to Calgary, Colorado Springs, Fresno, Ontario, Portland, St. Louis, San Jose, San Luis Obispo and Santa Barbara.

This is just the beginning of Horizon's exponential growth. We are excited to offer Alaska guests the distinctive Horizon Air service they've come to love, in a brand-



Horizon Air employees greet a new E175 arriving in Portland.

new aircraft.

The future of a new Horizon Air is taking off now. Welcome onboard!

—David Campbell, President & CEO
Horizon Air

» BIENVENIDO



Brad Tilden,
Jefe Ejecutivo

CORAZÓN Y AERONAVES

» **Tenemos unos magníficos aviones** nuevos en los cielos gracias a la ardua labor y planificación por parte de nuestro personal en Horizon Air, la aerolínea hermana regional de Alaska. Aquí el Presidente y Jefe Ejecutivo de Horizon, David Campbell, les cuenta un poco acerca de estos fantásticos aviones nuevos y de lo que van a hacer por ustedes, nuestros pasajeros. ¡Que lo disfruten!

—Brad Tilden

Cuando me entregaron las riendas de Horizon Air hace tres años, estaba extasiado. Hay algo excepcionalmente especial en la cultura de este lugar que me hace sentir un tremendo orgullo. Mi orgullo por esta compañía se puede resumir en dos palabras: corazón y aeronaves.

El año pasado, Horizon Air realizó el mayor pedido de aviones en la historia de nuestra compañía, al encargar 33 nuevos aviones Embraer 175. Avanzamos rápido en un año y ahora estamos volando seis aviones E175 a muchos de los destinos populares de Alaska, como St. Louis y San Luis Obispo. El E175 es

una aeronave increíble, ya que abre grandes oportunidades para volar “rutas largas y de baja frecuencia,” es decir, aquellos destinos que son demasiado distantes para un turbohélice pero que en realidad no tienen suficiente demanda de parte de los clientes como para llenar un avión más grande.

En el corazón de esta aeronave están nuestros empleados. De hecho, la primera aeronave (número de cola N620QX) fue apropiadamente bautizada con el nombre de “Coração,” o “corazón” en portugués, el idioma de nuestros socios brasileños en Embraer. Incluso muchos han apodado al avión con el nombre de “Cora”. Nuestros empleados se sienten honrados de conectar estos pequeños mercados con el mundo y, con la introducción del E175, podremos lograr eso con un alcance aún mayor. Este avión representa la piedra angular de nuestra transformación en una compañía completamente nueva. Es un símbolo de esperanza de crecimiento, orgullo y prosperidad para nuestro equipo. La nueva capacidad y el servicio que nuestros empleados podrán



David Campbell,
Presidente y
Jefe Ejecutivo
de Horizon Air

ofrecer a nuestros valiosos pasajeros hacen que este avión sea muy querido por todos aquí en Horizon Air, y hay un emocionante entusiasmo irradiando en todos nuestros equipos.

Nuestros valiosos pasajeros pueden esperar una cómoda cabina que cuenta con muchos de los lujos a los que están acostumbrados en la flota 737 de Alaska. Nuestro avión E175 de 76 plazas cuenta con 12 asientos en Primera Clase, 12 en Clase Premium y 52 en la cabina principal. Esto incluirá servicios de a bordo como acceso a internet Wi-Fi y Alaska Beyond Entertainment, que ofrece entretenimiento gratuito y de calidad superior que se transmite directamente a los dispositivos de los clientes. Y para los pasajeros que aman su espacio, nuestra cabina principal tendrá 31 pulgadas de espacio entre asientos, lo cual genera suficiente espacio para estirarse. Y cada pasajero podrá disfrutar de una ventanilla o asiento de pasillo (aquí no habrá asientos en medio).

Si están listos para probar nuestro galardonado servicio en el E175, pueden encontrarnos en las siguientes rutas: de Portland a Dallas/Fort Worth, Oakland, Salt Lake City y St. Louis; y de Seattle a Calgary, Colorado Springs, Fresno, Ontario, Portland, St. Louis, San José, San Luis Obispo y Santa Bárbara.

Esto es solo el comienzo del crecimiento exponencial de Horizon. Estamos emocionados de ofrecer a los pasajeros de Alaska el distintivo servicio de Horizon Air que han llegado a amar, en una aeronave completamente nueva.

El futuro de un nuevo Horizon Air está despegando ahora. ¡Bienvenidos a bordo!

—David Campbell, Presidente y
Jefe Ejecutivo de Horizon Air



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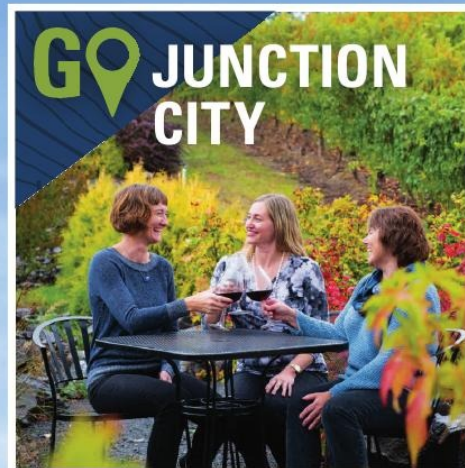


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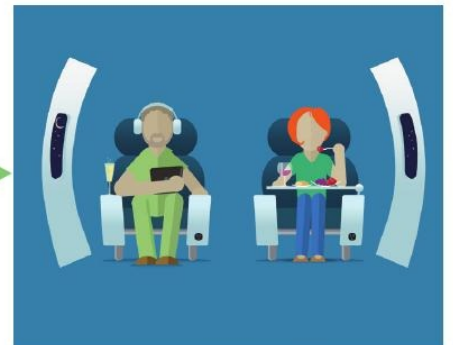
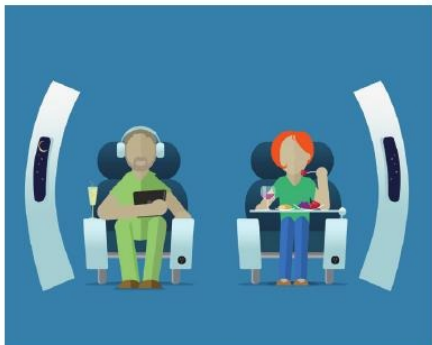
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IN THE KNOW»



WHAT'S NEW FOR ELITE-FLYER PARENTS

Suspend your hard-earned status for a parental leave—and pick up where you left off

» **Ask any new parent,** and they'll tell you that the newborn period is rough. You're tired, you're stressed and you have a lot on your mind, such as planning ahead for child care and scheduling medical checkups. If you're a new parent who's a frequent flyer, you may also find yourself a tad nervous about what's going to happen to your elite status while you're grounded.

Elite Leave is a brand-new program enabling Mileage Plan elite members to extend status for an additional year after they take a qualifying parental leave. That means members who have taken a parental leave or will take a parental leave that ends in 2017 can extend their elite status (MVP, MVP Gold or MVP Gold 75K) through the end of 2018. In future years, status will similarly be extended through the calendar year after the year when leave ends.

"This is just one less thing for new parents to worry about," says Natalie Bowman, Alaska Airlines' managing director of brand marketing, and a parent of three young children. "It's such a high-stress, high-emotion, low-sleep time in your life that the last thing you want to

be worrying about is losing your status."

Here's how it works:

1. Email your full name, date of birth, Mileage Plan number and proof of parental leave (a note from your doctor or employer will do) to elite.flyer@alaskaair.com.

2. Once Alaska verifies eligibility, you'll be registered for Elite Leave.

"I absolutely love this," says Tammilee Tillison, a Mileage Plan MVP Gold 75K member. "We track our flight segments and miles throughout the year to make sure we are meeting the status requirements. I can only imagine the panic that would set in if we couldn't meet the requirements due to a pregnancy or other life event."

The idea first took hold when a frequent flyer reached out to Alaska because she had just had a baby and was upset about potentially losing her MVP status. When the request made its way to Alaska's leaders, they were energetically in favor of implementing a leave program.

"So many of us at Alaska are working parents supporting families," says Alison Carpentier, Alaska's director of brand loyalty

and a parent of two. "We understand the unique challenges faced by working moms and dads, and this is our way of saying, 'Fellow working parents, we hear you, and we're here to support you. (And, we think you're doing a great job.)'"

Alaska's customer service agents, who are empowered to go beyond ordinary service for the benefit of customers, have long been making these exceptions on a case-by-case basis when elite flyers inquired. The recent announcement of the Elite Leave program formalizes the policy for all new parents.

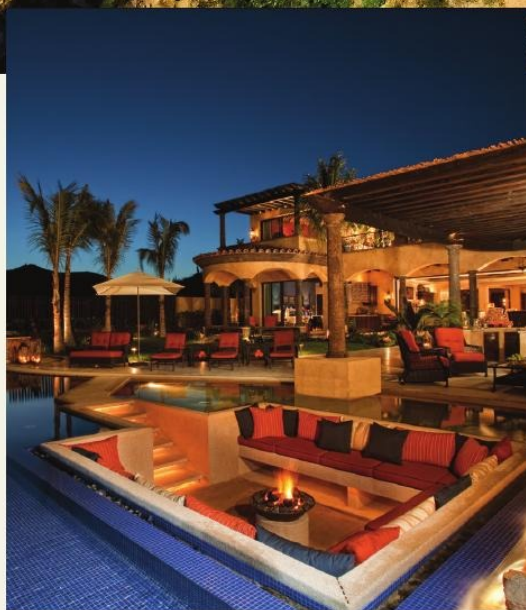
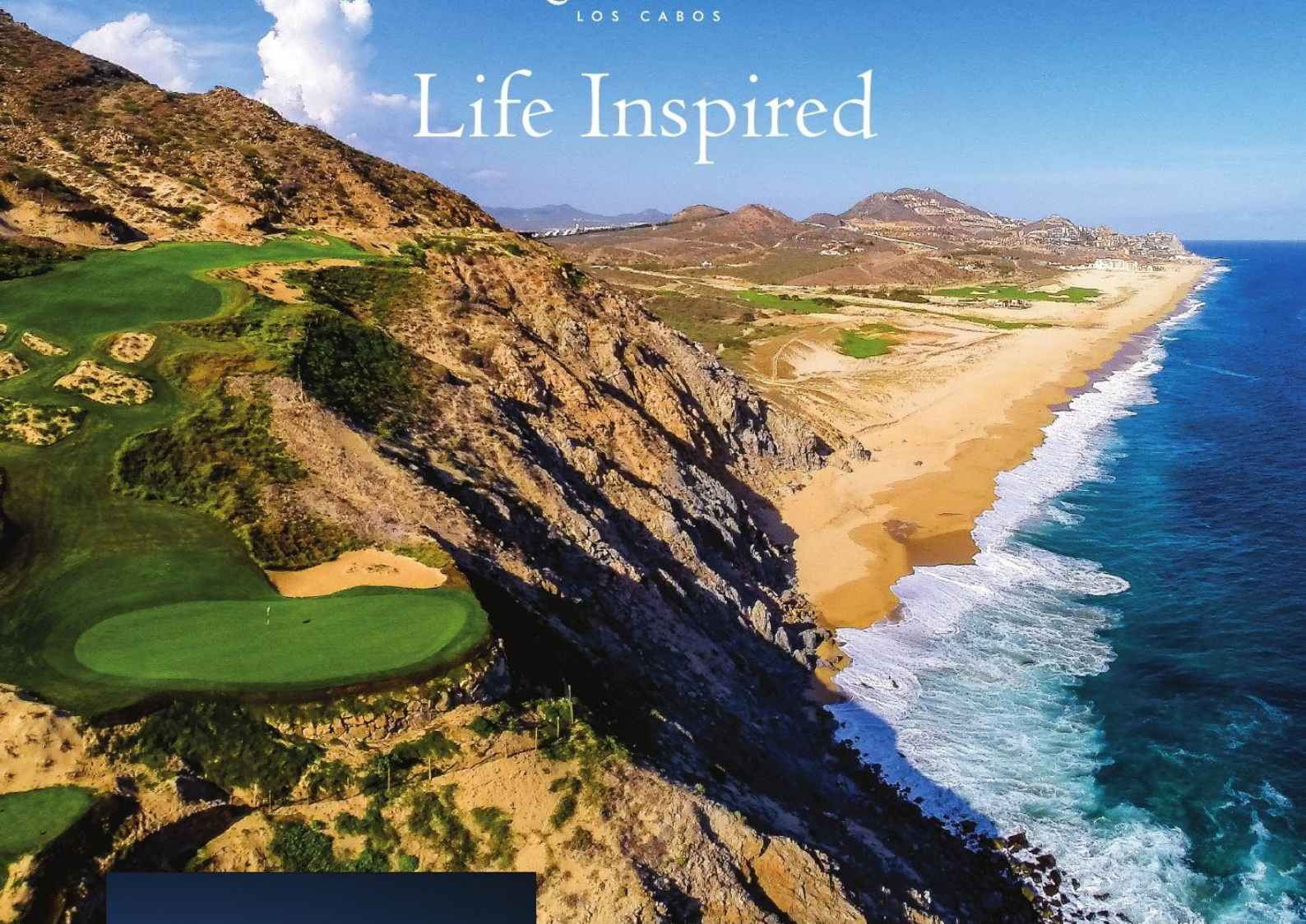
"This is one of those things that is a very simple change, but that we, as working parents, knew had the potential to make a huge impact," Bowman says. "In this case, it just took people asking the right question to inspire a whole new policy. It's a great reminder that your voice does matter—you have the power to make a difference when you speak up."

For terms and conditions, and to learn more about Elite Leave, visit alaskaair.com/content/mileage-plan/membership-benefits/elite-leave. —Halley Knigge



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MAKING TRAVEL EASIER

Virgin America and Alaska Airlines begin aligning customer policies and procedures

» Alaska Airlines and Virgin America

have been busy behind the scenes in recent months, looking for ways to make the travel experience as seamless as possible for guests flying across the airlines' combined route network. As part of this streamlining, some of Virgin America's travel policies related to check-ins, boarding and bags have been updated.

Domestic check-in cutoffs

For the past seven years, Alaska has been the No. 1 on-time major North American carrier. Being a leader in getting flights to their destinations on time doesn't happen by accident, and a key piece is ensuring that guests are able to check in for flights, check bags and make it through security with ample time to board their flights. For that reason, Virgin America's check-in policy will now mirror Alaska's:

- Please check in with or without bags 40 minutes prior to departure at most airports—Las Vegas and Denver have a 45-minute check-in cutoff, as will Philadelphia starting August 31.

Domestic boarding times

Everyone likes a little extra time to get settled. With that in mind, Virgin America flights will now begin boarding five minutes earlier, matching Alaska's boarding times.

- Boarding on all domestic flights begins 40 minutes prior to departure.

Baggage size

Alaska allows guests to bring slightly larger carry-ons than most other domestic carriers, and now Virgin America's carry-on baggage allowance is growing an inch to match.

- Maximum linear dimension: 51 inches (for example, 24" x 17" x 10").

Combined services

Alaska and Virgin America have begun combining ground services in some airports served by both airlines, gaining efficiencies for ground crews and making check-in less confusing for guests.

Virgin America Guest Services Teammates (GSTs) began providing service for Alaska flights last month at Boston Logan International Airport and Newark Liberty Interna-

tional Airport, and will similarly assume services at Austin-Bergstrom International Airport in July. Virgin America GSTs will now handle check-in and gate duties and, in some locations, departure coordination for all Alaska and Virgin America flights in these cities. Previously, Alaska contracted those duties with third-party business partners.

GSTs are being cross-trained and will be provided co-branded lanyards and nametags so guests know they serve both airlines.

Customer-service functions for Alaska flights had been provided by employees of Alaska partner airline PenAir, and as a result of the recent combination, a majority of those employees were retained and hired as Virgin America GSTs.

"These moves are part of the broader integration plan to bring our two airlines together as we work toward a single passenger-service system," says Sunae Park, Alaska managing director of airport services. "Having Virgin America GSTs handle Alaska flights will help us share and deploy resources efficiently." And that also means more hassle-free service for customers. ✈

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SUPERIOR CARE IN THE AIR

Flight Attendant Katherine Kaye
is a Legend of Customer Service

» **From the time** Katherine Kaye was 12 years old, she knew what she wanted to be when she grew up.

In college, Katherine studied business. Afterward, she worked in public affairs. Yet she didn't abandon her childhood dream of becoming a flight attendant.

In a classic job search, she opened the phone book to the airline listings and started with "A." Happily for Alaska, it came alphabetically before its competitors. Katherine found her first job in finance, but after two years she achieved her long-term goal. And that long-term goal turned into a long career. This month, Katherine celebrates 39 years with Alaska.

Katherine credits her longevity to finding her passion: making people feel comfortable on a plane. "It's my corner of the world," she says. "I want it well cared for."

Another reason she loves her job is her sense of Alaska as family. In 2002, Katherine was out of work for six months while battling cancer. During that time, Alaska pilots and flight attendants supported her and her three children, paying their mortgage and donating vacation days so that Katherine didn't need to take unpaid leave. Katherine says the outpouring of love was amazing. And she works to pay it forward.

Katherine considers her role as a flight attendant a privilege. "I get paid to fly to amazing places, see some of the most beautiful sunrises and have coffee with my girlfriends," she says, humbly.

Her record belies this humility. Katherine is one of eight flight attendants with Level Three pin status for Alaska's Beyond Service Award, based on customer feedback. And she is revered by her peers. For her work ethic, integrity and compassion, Katherine Kaye is a true Alaska Legend. ✈



Seattle-based Flight Attendant
Katherine Kaye.

QUESTIONS & ANSWERS

What's your favorite part of your job?

I love the interaction with a variety of people—co-workers and customers of all ages, experiences and backgrounds. They inspire and encourage my heart!

What is something others don't know about you?

I am afraid of heights! Somehow, it never bothers me on an airplane. Still, I don't like it having control over me. I've been hot-air ballooning, parasailing and on Ferris wheels.

What is something you carry in-flight?

When I fly to Hawai'i, I carry a dashboard hula girl. I put her at the boarding door and call it a turbulence indicator. When you see her panties, it's time to return to your seat!

What is a memorable work experience?

Comforting military men and women heading to Iraq through Dallas.

What is one thing on your bucket list?

An African safari.

KUDOS FROM KATHERINE'S CO-WORKERS

"Much of what you do for this airline goes unseen, since your management team can't always be in the air with you. I'm sure the round of applause at the end of the flight from Maui [after a delay] was meaningful. Here's my heartfelt thank-you. We build an airline one flight at a time, one customer at a time, and I know you make a difference."

—Ann Ardizzone, Vice President
of Supply Chain, Seattle

"Congratulations, Katherine, on your Legend award. You are the perfect combination of class and kindness."

—Martin Vance, Flight Attendant, Seattle

"Kudos to Katherine Kaye. We worked together in two departments at Alaska Airlines. This award is well-deserved."

—V.J. Taylor-Patanella,
Alaska Airlines Retiree, Seattle



EACH YEAR, Alaska Airlines recognizes employees, such as Katherine Kaye, as Legends of Customer Service, the airline's highest honor.



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PLANNING FOR FAMILY TRAVEL

» **Traveling with kids** can be filled with challenges. There's always the risk of the temper tantrum, the left-behind toy or the impatience that ensues when a little one is stuck in the same seat for hours.

We called upon our employee travel experts to share their tips and experiences for preparing to travel with kids. Check out these ideas from employees that will allow you to travel with your kids without losing your mind. —Dianne McGinness

■ **Reserve seats early.** “For large families or parties with small children, getting everyone together can be a challenge, so make sure you reserve your seats as soon as you book your flight. If you book through a third party or online travel agency, double-check that your seat requests are confirmed.” —Razel Mella, *Customer Service Agent, Seattle*

■ **Practice makes perfect.** “We rehearsed air travel with our kids when they were little. We set up dining-room chairs to simulate rows of airplane seats and made a game out of who could resist touching the seats in front of them. I think it helped, and the passengers in front of us later reaped the benefits.” —Heather Andersen, *Customer Care Representative, Seattle*

■ **Pack smart snacks.** “Always travel with packets of instant oatmeal. You never know when or where you will get stranded, and all you need is hot water, often available for free from coffee shops.” —Amy Dittbrenner, *Station Supervisor, Anchorage*

■ **Be full of surprises.** “When we used to travel to and from Hong Kong with two kids under 5 years old, I would buy inexpensive, small toys (puzzles, books, etc.) and would wrap them up as gifts. If the kids were good on the plane, they'd get a 'present' every two



hours. The unwrapping and then playing with gifts kept the kids focused on new things throughout the flight.” —Marianne Lindsey, *Corporate Communications Manager, Seattle*

■ **Get kids involved early and often.** “After they turn 4 years old, let children carry their own backpacks. You'd be surprised how much lighter the backpacks get when the kids know they're going to have to carry them.” —Joanne Bailly, *Customer Service Agent, Air Freight, Seattle*

■ **Go bearing gifts.** “If you know your child is going to be challenging, bring the flight crew goodies, such as chocolate and maybe some reading material. Add a little thank-you note for the extra attention you might be needing. I have also seen parents bring goodies for the rows of people sitting around them, letting them know you are aware children bring a different atmosphere to the cabin and thanking them for their patience.” —Kim Fabrizio, *Supervisor Reservations, Seattle*

■ **Bring a tablet.** “As a flight attendant, I see parents who travel with kids of all ages, daily. There's one tool that seems to work across the board: an iPad or something similar. I'm

often amazed that a child will sit and watch a film for the umpteenth time and not make a peep during our entire flight.” [Note that the American Academy of Pediatrics has guidelines about children's screen use and discourages it for children under 18 months. Also, have your children use kid-safe headphones to keep things quiet for those around you.] —Melissa Claire, *Flight Attendant, Seattle*

■ **Cup up!** “For small children, travel with small paper cups. They are lightweight, and kids love these things. There are a lot of games you can play with them. For example, hide an item underneath and move the cups around, and have the kids guess which cup has the item. The cups are very cheap and keep little ones happy.” —Catherine Kracker, *Customer Service Agent, Anchorage*

■ **Arrive early.** “Summertime, school breaks and holidays are busy times at airports—and they happen to be some of the best times for families to travel. We recommend arriving at the airport at least two hours before departure for domestic flights, and three hours for international flights. Take your time through the airport, and avoid some stress.” —Razel Mella, *Customer Service Agent, Seattle*

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LOST 44 POUNDS

It was time for the doctor to heal herself!

As a physician, I advise others to take care of their health, but I wasn't taking better care of myself. I'd been frustrated with my weight for several years. I knew better, yet I wasn't doing better. It was time for the doctor to heal herself! However, I knew it would take a team effort, so I turned to 20/20 LifeStyles for the support and guidance I needed.

Even though I knew the program would be thorough, to my surprise, I found the life coaching sessions invaluable. At first, I wasn't sure what to expect. I only knew that I felt vulnerable and had a lot of resistance about opening up about my life's stress, frustrations and disappointments. I didn't think these issues had anything to do with my weight. Boy, was I wrong! After a few sessions with my counselor, I felt like a weight had been lifted and I began loving myself and my life once again.

In spite of being a health expert, I found the educational videos to be fantastic. The ones about stress and reward center eating really hit home. So much of what we do is by habit. For example, I used to order a cookie with my coffee without thinking about it. Now, I'm much more mindful about the choices I make.

My personal trainer supported and pushed me to achieve a level of fitness that I'm really proud of. I never expected to enjoy lifting weights so much. I have more self-confidence than ever. I enjoy going for hikes with my husband. I look forward to cross country skiing this winter for the first time in years. I know I can do it.

I'm sleeping better, have more energy and love exercising. I've never been happier or felt better!



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PHOTO: Thai Seafood Salad.
 Recipe featured in John Howie's *Passion & Palate* Cookbook,
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TRAVELING ON THEIR OWN

Alaska helps kids take flight

» It's summertime, and your bored

daughter's favorite cousin in California calls. The two chat for a few minutes, and your daughter turns to you and says that her cousins want her to go to Disneyland with them.

You live in Portland. All your vacation time is booked. "Mom," she says. "I'm 10 years old! I can fly by myself."

Actually, she can. Alaska Airlines welcomes child passengers, and we will gladly escort them to their final destination. Our unaccompanied-minor service is available for guests ages 5 to 17, on most flights.

Children ages 5 to 12 traveling alone must be part of the unaccompanied-minor service program. There are age-dependent and airline-policy restrictions, and fees run \$25 each way per child (\$50 for connecting flights). The service is optional for children ages 13 to 17.

Once you've placed your child in our care, he or she will remain under supervision at all times. We provide each child traveling alone with a unique piece of identification, which they must wear at all times.

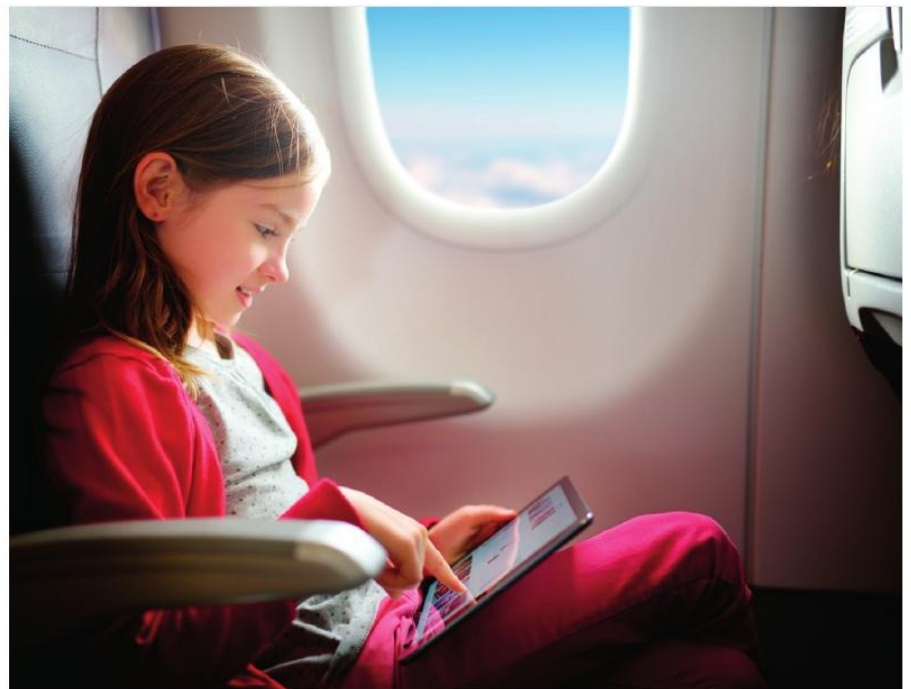
While child passengers are under supervision, we expect them to follow directions given by our agents and flight attendants.

Here are some tips you can follow to make sure this is a good experience for your child—and yourself.

To make reservations, go to alaskaair.com/content/travel-info/policies/children-traveling-alone. Review the restrictions, and print the following forms:

- Children traveling alone checklist
- Blank guardian-contact form

You will need to provide the names and phone numbers of the guardians who will be picking up and dropping off the child passenger, and also provide alternate guardians in case of emergency (guardians should be



included for each direction). Children using our unaccompanied-minor service will be released only to individuals with valid I.D. who are listed on the guardian-contact form.

When choosing seats, we recommend selecting children-traveling-alone seats ("L" seats) from the seat map.

Before going to the airport, check the status of your child's flight and weather conditions at alaskaair.com.

- Pack a carry-on with activities, necessary medications and snacks.
- Ensure that your child has had a meal prior to the flight.
- Provide your child with a debit or credit card for inflight purchases. Cash is not accepted for inflight meals or entertainment tablets.
- Provide your child with a cellphone or prepaid phone card and important numbers.
- Update and print your guardian-contact form, using your child's confirmation code or e-ticket number.
- Bring the guardian-contact forms (departure and return) to the airport.

Allow extra time at the airport. Arrive at least 90 minutes prior to departure for domestic and two hours for international flights. All unaccompanied-minor procedures (e.g., paperwork, fees, gate passes) must be completed in advance of our standard 40-minute check-in cutoff times.

- Notify a customer service agent at the ticket counter that the child is an unaccompanied minor.
- Obtain an escort pass from the ticket counter so that you can escort the child passenger to/from the gate. A guardian listed on the guardian-contact form must present a valid photo I.D. to obtain an escort pass for meeting a child passenger at the gate.
- Report to the gate with the child at least 40 minutes prior to departure.
- Introduce the child passenger to the gate agent.
- Remain at the airport until a customer service agent has confirmed that the child passenger's flight has departed.

A little advance planning helps to make sure the process goes smoothly for everyone, especially the young travelers. ✈

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» Alaska Airlines employees help families of children with autism become more comfortable with flying via practice flights.

A DRESS REHEARSAL FOR TRAVEL

Alaska makes sure the sky's not the limit for passengers with disabilities

By Marianne Lindsey

» Sometimes just getting to the airport, navigating security and making your flight can be stressful. For individuals with autism or intellectual and developmental disabilities, and their families, it can be especially overwhelming and even frightening.

Alaska Airlines partners with a number of airports and disability-related organizations around the country to offer families a free dress rehearsal, prior to their taking an airplane flight. The families get to experience checking in for a flight, going through security, boarding the plane and taxiing around the airport in a low-key, friendly environment.

"This program means so much to these families," says Captain Dave Mets, Alaska Airlines director and base chief pilot in Portland. "We're eager to help out by creating an authentic travel experience that hopefully makes getting on a plane in the future less frightening."

The program, run in partnership with local autism-advocacy organizations and airports, not only lessens the stress children and their

parents may feel, but it helps educate airport and airline professionals about how best to serve children with autism or other intellectual and developmental disabilities.

"We see this as a powerful opportunity to educate our employees and our airport partners on how we can better serve the needs of individuals with cognitive/developmental disabilities" says Ray Prentice, Alaska Airlines director of customer advocacy.

Families come from far and wide to attend events held in Seattle, hosted by Alaska Airlines and The Arc of King County (part of a national community-based organization advocating for and serving people with intellectual and developmental disabilities and their families). Alaska also partners with the Autism Society of Oregon to host events in Portland, as well as in other cities.

Prentice loves to hear back from families who have attended an event and then taken a family trip. "Since the kids know what to expect, it's a much more enjoyable experience for the whole family," Prentice says. ✈



PREPARING FOR TRAVEL

- Alaska hosts up to six autism-awareness events per year, in partnership with local airports.
- Alaska's accessible-services webpage includes a variety of tips and informational videos to help guests prepare for air travel.

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Star Air Service founders, from left, Jack Waterworth, Charlie Ruttan and Steve Mills.

A “STAR” WAS BORN

» As Alaska Airlines celebrates its 85th anniversary this year, we look back at some of the important elements of our early days of flying in the Alaska territory. Our milestones were set by some of the biggest names in frontier Alaska—accomplished aviators and entrepreneurs. Following are a few of the highlights:

1932 In January, Harvey Barnhill and Linious “Mac” McGee launch commercial air service out of Anchorage with two Stinson aircraft. In April, the name changes to McGee Airways. That same month, Steve Mills and his new partners, Jack Waterworth and Charlie Ruttan, bring their newly acquired Fleet biplane from Seattle to Anchorage at the urging of Wesley “Earl” Dunkle, a flight student of Mills’. Dunkle sees the value not only of a flight school in his hometown of Anchorage, but also of having plane service to his mines. He loans the partners the money for the move and startup of operations, and by the end of the year, Dunkle becomes a partner in the incorporation of Star Air Service.

1935 McGee decides to sell his airline to Star Air Service, making Star the largest airline in Alaska. McGee would twice return to manage Star Air Service.

1937 Early in the year, Star Air Service buys Chet Browne’s Arctic Airways, and becomes known as Star

Airways, and in April, Star Airways purchases Oscar Winchell and Don Goodman’s Alaska Interior Airways. In November, Don Goodman, David Strandberg and Warren N. Cuddy form Star Air Lines Inc., purchasing assets from Star Airways.

1943 Star Air Lines, operating as Alaska Star Airlines, acquires Mirow Air Service of Nome, as well as Fairbanks-based companies Pollack Airlines, Lavery Airways and Alaska Airmotive, and changes its name to Alaska Airlines.

1944 Star Airlines Inc. files amended articles of incorporation, changing its name to the now familiar Alaska Airlines Inc. Steve Mills, Mac McGee and many of the other early founders of what would become Alaska Airlines were not only business pioneers, but also legendary pilots who routinely braved challenging weather and almost nonexistent infrastructure to serve the tiny communities of the Last Frontier. ✈

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A SUMMER SEA FEAST

Family vacations are opportunities to build rich food traditions

By Tom Douglas



» If you find yourself hankering for a taste of “Mama’s cooking,” sometimes you need to go right to the source. That’s what I do every summer.

I have many favorites that Mom cooked for us when we were kids growing up in Delaware. Her sloppy Joes are the best. Also memorable is her cast-iron-skillet fried chicken with fluffy mashed potatoes, topped by a huge, melting pat of butter. Yet the top craving for me just might be a spicy steamed bushel of “No. 1 Jimmy crabs” (the meatiest male blue crabs), along with all the fixings. We traditionally enjoyed this feast with friends and family, while vacationing on the Eastern Seaboard.

When I was growing up, our family’s summer destination was almost always Rehoboth Beach, Delaware. It still is today. In early summer, when the briny waters of the Atlantic become warm enough to be swimmable, and schools begin their collective

hiatus, we rent a house near the town’s boardwalk—known for its carnival rides, fat cheesesteaks, soft serve ice cream cones, sticky saltwater taffy (made on-site at Dolle’s Candyland) and—my mom’s favorite—caramel corn, made by Fisher’s Popcorn.

One challenge these days is finding a house big enough for the extended family of 30 or more that attends our annual reunions. Once we get that puzzle sorted out, though, we move on to assigning meals to each of the seven family units involved.

My wife, Jackie, daughter, Loretta, and I typically take on the family’s classic Eastern Shore Crab Feed—always under the watchful eyes of my feisty, now-86-year-old mother, Mary Gertrude.

We have a process. The first step is finding the best Blues. These crabs are sold live, by size. The largest—the “No. 1s”—are prized and in high demand because they offer the most meat.

» ON POINT FRESH TAKES

The next step is cooking. Some shops will cook crabs for you on the spot, caking them with Old Bay Seasoning and steaming them over a boiling cauldron of salt water. But I love doing this myself!

With those beautiful crabs cooked and still hot, we spread them across a newspaper-covered table and set out napkins, wooden hammers to crack shells, pools of drawn butter for dipping in, and brews from nearby Dogfish Head Craft Brewery.

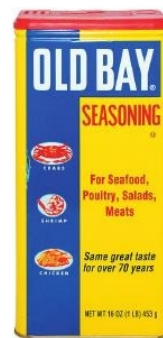
We don't stop there. The side dishes are almost as important as the main act. We set out pot-boiled corn on the cob, mustardy potato salad, chopped green and red lettuces with apple-cider vinaigrette, and crusty sweet shortcake mounded high with ripe strawberries and vanilla whipped cream.

When it's time to eat, these seafood smorgasbords are true hands-on experiences for everyone. Crab pickers come in two basic varieties. There are the hoarders, who pick and pile the meat, waiting until all of their work is done before enjoying the fruits of their labor. And there are those of us who

eat as we go, perhaps less patiently and perhaps because we prefer the meat as hot and fresh as possible. I love to crunch the shells with my molars, going all-in until my face starts burning from the heavy spices.

Food memories run deep for my family, as they do for many others. And it's valuable to pass along traditions in person, when possible. My mother has taught me family-heirloom recipes, flavors and techniques firsthand, as her mother did for her. This method is more meaningful than passing down a recipe box of index cards. Ultimately, family food traditions built on collective experiences can lead to repeatable moments of joy, such as those we find in a summertime crab feed. Cheers! 🍷

James Beard Award-winning chef Tom Douglas owns Tom Douglas Seattle Kitchen, a group of 23 food-based businesses. He partners with Alaska Airlines to bring his iconic flavors to the inflight experience.



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Photo montage: Families enjoy vacations together in various parts of the world. At center, Bridget and her mom on their trip to Moorea.

THE TRIPS WE TAKE

By Bridget Veltri



» “Are we there yet?” Words uttered by many a young traveler. It’s unbeknownst to these tiny tourists that the adults accompanying them are just as eager to arrive. And whether travelers are visiting another corner of their own country or a faraway land, when they journey with their families, they not only have the opportunity to make lasting memories with their little ones, they also are shaping the types of travelers these kids will become.

The kinds of trips you take as a child are your baseline for what vacation is. If you come from a family of campers, you might have grown to love vacationing in nature. If your family preferred urban museums and landmarks, you might still seek those out.

Annual childhood trips to the same beloved place often result in travel traditions you continue to cherish as an adult. On the other hand, being whisked away to a new destination, from Boston to Brazil, every year, could engender a vagabond spirit, an urge to explore as many new places as possible. Or perhaps your family was unable to travel, prompting your yearning to start discovering the world as soon as possible in your adulthood.

I was lucky enough to be exposed to all sorts of travel as a child and young adult. Our family had our traditions, but we also went on many new adventures. I’ve camped, cruised and seen almost every part of my country, along with becoming acquainted with many others. Growing up in a travel-

» ON POINT VIEW

oriented family instilled in me an interest in the world, and a respect for its cultures and peoples. Perhaps the most memorable and formative were the trips with just me and my mom—trips that made me an audacious, adventurous and adaptable adult.

I got my first passport at age 5 because my mom and I were going to French Polynesia. That trip was a travel tipping point for me. For most visitors, arriving in Moorea is pure paradise the moment they step off the plane. To 5-year-old, never-been-out-of-the-country me, it was complete culture shock. No TV, minimal toys, different language, different food, no friends and different time zone. I hated it ... until I *loved* it.

It's been 26 years since that trip, and I still remember so much from it. Riding the escalator at the busy municipal market in Papeete. Sailing into Moorea from Tahiti by ferryboat at sunrise. The friendly locals we met. Eating the middle out of baguettes and ignoring the crust. Blue water, black pearls and sweet pineapples. And the moment I

realized I could see fish just by peering past the edge of the dock. I also learned a few things on that trip. Like how to “pull my own weight,” as my mom lovingly put it, by carrying my pint-size backpack filled with entertainments for the plane ride. I learned that sea urchins are not to be messed with, snorkeling is not so scary, and arm floaties are crucial for 5-year-olds who have not yet mastered swimming.

I also learned that no matter how far away home is, it's always with you in your heart, and if you know that, you can—with joy—go anywhere. So you might as well savor your baguette, enjoy looking over the dock and embrace your sunrise sail.

I don't say “Are we there yet” anymore, but I certainly think it to myself as I eagerly anticipate my next destination. ✕

Bridget Veltri is a blogger for The Bold Italic: thebolditalic.com/@BVeltri.

For most visitors, arriving in Moorea is pure paradise. To 5-year-old, never-been-out-of-the-country me, it was complete culture shock. I hated it ... until I *loved* it.

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Patients meet directly with Dr. Goertz who takes a very holistic approach to caring for his patients. He counsels each individual on appropriate diet and supplements not only for their "hair health" but also for their general well-being and longevity.

Today there are still many misconceptions about hair transplantation, the results that can be achieved and the process by which the procedure is performed. With Dr. Goertz those misconceptions are gone; people will only know you've had a hair transplant if you tell them.

"It is important for today's patients to understand that the results that can be achieved can look completely natural and amazing when done properly," says Dr. Goertz. But patients should not be

fooled with promises of new machines or instruments doing hair transplants. "The instruments are developed to aid the doctor," says Dr. Goertz. "Ultimately, natural results are achieved by the surgeon who has the surgical and aesthetic skill to create results that are completely natural." When a hair transplant can pass the scrutiny of a hair stylist, you know you have a great hair transplant. "Dr. Goertz has an eye for artistry in making it look natural, which is why I refer my clients to him," says David Cheung, master designer and owner of MARGIDAVID SALON in Seattle.

"My goal is to be sure that my work is completely natural and undetectable," says Dr. Goertz. "I recently had a physician come to me because a mutual patient finally revealed to him that he'd had a hair transplant. When that physician realized that he couldn't detect the transplanted hairs, he decided to come in for his hair transplant. It is a great compliment when a physician chooses me as the hair transplant surgeon for themselves and their patients."

Hair transplantation is not just for men. Many women also experience hair loss or are born with a high hairline that can be treated with hair transplantation. As difficult as it is for men to lose their hair, women often suffer in silence experiencing emotional pain. After all, society tells us that women are not supposed to lose their hair. Hair transplantation can make

a dramatic change in a woman's life. In some cases, hair transplantation is even appropriate for children with areas of hair loss caused by trauma, burns or radiation treatment. Hair transplantation can also be performed for eyebrows, sideburns, mustaches and beards.



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TRAVELING WITH TOTS

By Johnny Jet



» I'm a proud new parent, and after our son, Jack, was born, I felt like my travels took on a new life of their own. Prior to that special day, my wife and I frequently hopped around the globe ... sometimes at a moment's notice. We even did back-to-back around-the-world trips, just weeks apart. Of course, now that we're new parents, we can't be traipsing all over the world like we used to, but it doesn't mean we have to stay home. I had no clue what it was like to travel as a family until just recently, and I learned that with some research, tips from friends and key products, you can relieve the stress of traveling with children and focus on the beauty of seeing the world as if for the first time, through fresh eyes.



Doona car seat, above.
DockATot bed, left.

Online research

When you're planning a family vacation, start by getting some expert advice from trusted sources such as travel agents or writers who specialize in family travel. Learning basic tips such as the best time to fly (during your child's nap time) can make a big difference.

Before plopping down any money, you will want to make sure the hotel and destination are kid-friendly, and there are plenty of blogs and websites out there that can help you.

A few of my favorite family-friendly travel blogs are **Jen Leo**, **Mommy Points**, **Travel Babbo** and **Hip Travel Mama**. Many people also use TripAdvisor, which is an excellent resource. However, I find that the hotel tips in people's comments are more helpful than the ratings.

Word-of-mouth recommendations

The best place to get travel tips is from your friends and family, and it's even easier to source this information with Facebook. My friend and colleague Samantha Brown gave me an outstanding tip: When you fly, have your partner board first with the bags to secure overhead bin space; then you board last with your child so that he or she isn't confined to a small space for as long. Another friend told me to reserve a seat ahead of time. Aisle seats, for instance, make it easy to get up and walk around with your baby, and the bulkhead is ideal because it offers extra legroom. However, it's important to note that armrests usually don't go up in the bulkhead, so if you've purchased a seat for your child, make sure the car seat will fit.

Travel products that made a difference

My wife discovered a new car seat with a built-in mobility system, called **Doona**. What makes it so special is that it's a car seat that, with just the press of a button, quickly and easily converts into a stroller. This all-in-one system is perfect for travel because it means you don't have to deal with a car seat and separate stroller base, and you will be able to move around more freely. And it's FAA-approved!

Another product my wife (you can follow her on social at @NatalieDiScala or read her blog at ohtravelissima.com) found is called **DockATot**, which is designed to be a secure bed for your little one. It has high, rounded bumpers to keep baby from rolling out and is securely snug. Since babies feel calmer

in a smaller environment, the company says, the DockATot is designed to mimic the mother's womb. It's also portable and easy to travel with. You won't need to worry about using the hotel's equipment, and your little one will have the comfort and cleanliness of home wherever you go.

If you have slightly older kids, check out the **Fly Tot**. It's an inflatable cushion designed to fit snugly in the space in front of your child's seat. It manually inflates to the level of the seat within minutes, allowing a small child to stretch out his or her legs, or even lie down flat, on a regular economy seat. ✈

Johnny Jet is a Los Angeles-based travel expert who visits 20 countries each year. Read more of his travel tips at johnnyjet.com.



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WHEN A MILE FLOWN IS A MILE EARNED

By Scott Mackenzie

» It used to be that a mile flown was a mile earned—and it still is with Alaska Mileage Plan. However, many other loyalty programs have switched to new models that issue miles based on the price of your ticket. Which of these approaches is more rewarding to frequent travelers? I believe it is the former, but to fully answer this question, I need to start by clarifying a few terms:

Miles flown are straightforward. Most airlines will list the distance next to the ticket you're looking to purchase.

Elite qualifying miles are used to determine your elite status. You will typically earn these based on the miles flown, plus a bonus for certain fare classes.

Award miles can be redeemed for a future flight. You typically will earn elite qualifying miles based on miles flown, plus

a bonus for certain fare classes and another for your elite status.

Today I am focusing on award miles because nearly all loyalty programs still base their elite status on the actual distance flown, even if the program bases mileage earning on dollars spent. Additionally, elite status can still affect how many award miles you'll earn. At Alaska Airlines, that means earning a bigger bonus, multiplied by the distance you fly. Other big U.S. carriers issue more miles per dollar. The chart below compares these two measures.

Once we direct our attention to award miles, a significant difference becomes obvious: While Alaska Airlines still issues a minimum of one award mile for every mile flown on its fleet, including Virgin America flights, many other programs are looking at the amount spent, starting at just 5 miles per dollar. What's

worse, not every carrier includes mandatory taxes and fees when they calculate that amount.

As everyone knows, some expensive flights travel only short distances. Some cheap flights travel very long distances. If you compare fares with the person seated next to you, you each probably paid a different amount. Is it your fault the airline had a sale and you booked a cheap fare?

To compare some real-world examples, I picked three routes at random and looked one month in advance, choosing flights where Alaska was competing against another carrier with a fare no more than \$5 different.

Portland to Salt Lake City (\$87.44 base fare + \$20.76 taxes and fees)

- With Alaska Mileage Plan: 678 award miles
- With the other guy: 437 award miles

Seattle to Maui (\$310.10 base fare + \$24.10 taxes and fees)

- With Alaska Mileage Plan: 2,638 award miles
- With the other guy: 1,551 award miles

Los Angeles to Washington-Reagan (\$314.41 base fare + \$37.79 taxes and fees)

- With Alaska Mileage Plan: 2,304 award miles

- With the other guy: 1,572 award miles

These three examples weren't hard to find, and on average you would have earned 58 percent more award miles by flying Alaska and crediting your flights to Mileage Plan.

It certainly looks like some customers will earn more miles with Mileage Plan, with or without elite status. Other programs could still earn more if you purchase a very expensive fare, but who wants to do that?!

Some business travelers don't have a choice. Plans take time to finalize, and tickets get booked at the last minute. Mileage Plan still rewards these big spenders.

Remember, there are bonuses for certain fare classes that might mean 25, 50 or even 100 percent additional miles. Expensive tickets do earn more miles; that bonus just isn't directly tied to the price.

This is a good time for me to remind you to consider both sides of the equation. Look both at how many miles you'll earn and also how many miles you'll need to redeem for an award.

Earning more (or fewer) miles is irrelevant if the size of your redemption changes by the same amount.

Fortunately, the Alaska Mileage

Elite Qualifying Miles*		N/A	20,000–25,000	40,000–50,000	75,000–90,000
Mileage Plan	Elite Tier	General Member	MVP	MVP Gold	MVP Gold 75K
	Bonus Award Miles	0%	50%	100%	125%
	Total Award Miles	1 mile per mile flown	1.5 miles per mile flown	2 miles per mile flown	2.25 miles per mile flown

*Qualification criteria for elite status vary by loyalty program and may not match exactly the criteria used by Alaska Mileage Plan.

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» ON POINT MILES MASTER

Plan award chart is no more expensive than those of other domestic carriers in most cases. In many cases, it's even cheaper. Domestic awards in the main cabin are still available for 25,000 miles roundtrip or 50,000 miles in first class. Some awards start as low as 5,000 miles one way if you're traveling a short distance.* Most loyalty programs have similar award prices for domestic tickets, so earning more miles really does put you on the fast track toward booking your next award.

International awards are also relatively inexpensive when booked through Mileage Plan. First class to most of Southeast Asia starts at 70,000 miles one way.* Compare this to 110,000 miles through at least one other program; Mileage Plan is 36 percent cheaper. Business class to Europe starts at 50,000 miles one way, depending on which partner you fly with. Other programs start at 57,500 miles to Europe. Again, Mileage Plan is cheaper.

Of course, as with all programs, awards are subject to availability.

However you choose to take advantage of your options, you can be sure that Alaska's policy to issue miles based on distance continues to deliver a great value, helping you earn elite status and book your next award flight faster than you might with the competition. ✈

**Award availability and pricing may vary. The purchaser of an award ticket is responsible for all applicable taxes, fees and checked-baggage charges imposed by the transporting carrier(s) or U.S. or international authorities. A \$12.50 (USD) nonrefundable fee will be collected per person, each way, for awards booked on a partner airline.*

Scott Mackenzie is founder and editor of the loyalty-programs blog travelcodex.com.

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DOGGIES PADDLE

» It's time to hang 10. At San Diego's Imperial Beach Surf Dog Competition on July 29, canines of all sizes and breeds will catch waves to determine surfing's top dogs. The 12th-annual event is divided into three divisions—weight, tandem and shredder—based on dog size, number of dogs on a board, human assistance and the complexity of the surfing maneuvers. Each of the 55 to 75 canine competitors is judged on a scale of 0.5 to 10 based on factors such as wave size and position on the board. All dogs must wear life vests. In addition to surfing, dogs can complete an obstacle course and explore an off-leash play area. Humans can enjoy a beer garden and grab a bite at one of several food trucks. Following July's event, the three-day Surf City Surf Dog competition in Huntington Beach, California, begins Sept. 22. For more, visit surf-dogevents.com. —Jill Christensen



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A CUBAN CELEBRATION

» From Cuban sandwiches to classic cars, experience a true Cuban celebration at the eighth-annual Festival Cubano, Aug. 11–13 in Chicago. Each year, an estimated 75,000 people come together to enjoy Cuba's culture, rich with music, food, dance and art.

Music artists—such as singer Víctor Manuelle and group Charanga Habanera, both Latin Grammy Award nominees—will perform. Food selections will be served by 50 restaurants, such as the 90 Miles Cuban Cafe, which created one of the world's largest Cuban sandwiches (stretching 90 feet) during last year's festival.

Family-friendly events include a petting zoo, musical-instrument workshops and carnival rides. The festival also features many Cuban traditions, such as rumba parades and Cuban domino tournaments. New this year is a boxing ring and a classic Cuban cars competition. Visit thecubanfestival.com for more information. —Jill Christensen



» Cuban bands will perform as part of Festival Cubano, Aug. 11–13 in Chicago.

WELL-CREASED

To create the 3-D, nearly life-size animals in "Epic Origami," at the Denver International Airport, mid-July–Oct. 1, artists first patched together paper and other



TOMATO, TOMATO

Whether you go with the tomato's scientific classification as a fruit or its more socially common role as a vegetable, Nashville's Tomato Art Fest, Aug. 11–12, welcomes you. Founded in 2004 by Meg and Bret MacFadyen, owners of the local Art & Invention Gallery, the once small art

show of tomato-inspired works has grown into a grand festival of competitions, entertainment, crafts, vendors, and food and drinks, drawing nearly 60,000 visitors each year.

Festivalgoers can listen to live music at the Friday night kickoff concert and view artwork inspired by the beloved plant at the Tomato Art Preview Party. Visitors can also participate in Saturday's Push, Pull, and Wear Parade; enjoy the festival's first Bloody Mary Stage, mixing up cocktail concoctions; and pick up some culinary tips at the Cooking Stage, using—what else?—tomatoes as the key ingredient. For more information, visit tomatoartfest.com. —Olivia Sullivan



materials to make 20-by-20-foot sheets. Those sheets were then creased with hundreds of folds to transform them into the exhibit's more than 20 animals. Creatures on display include a great white buffalo, a 5-foot dragon and a family of penguins. The exhibit's lead artist, Bonnie Cherni, has been practicing origami since she was 15 and credits origami great John Montroll as her inspiration. The exhibit will also feature work by origami artists such as Robert J. Lang, who has cataloged more than 500 designs. For more, visit epicorigami.com. —Andrew Waite

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PRESIDENTIAL PICTURES

» Explore the legacy of JFK—who would be 100 this year—told through a series of powerful photographs in “American Visionary: John F. Kennedy’s Life and Times,” through Sept. 17 at the Smithsonian American Art Museum in Washington, D.C.

Kennedy’s presidency coincided with a golden age in photojournalism, with photographers and cameramen and camerawomen constantly capturing images of Kennedy and his beautiful family to spotlight an optimistic American future. Consequently, Kennedy was photographed more than any politician who came before him.

The exhibit features 77 of those photographs and traces the course of our 35th president’s time in public life. The “Making of JFK” gallery showcases his early years; “The Road to the White House” covers his presidential campaign; and “The New Frontier” illustrates his time in office. The photos were compiled from numerous sources, including the John F. Kennedy Presidential Library and Museum, Getty Images and the Kennedy family archives.

Multiple free public programs, including a roundtable with presidential scholars on July 13, are being held throughout the exhibit’s duration.

Visit americanart.si.edu for more information. —Jill Christensen

» Then-Senator John F. Kennedy and his wife, Jacqueline, greet the public in Hyannis, Massachusetts in July 1960.



GUIDING LIGHTS

The Japanese holiday of Obon celebrates the return of ancestral spirits to Earth. Lanterns are illuminated to help guide the souls home to visit family members, and at the end of the holiday, floating lanterns are placed in water to symbolically lead spirits back to a peaceful resting place. Visitors can immerse themselves in the beauty and culture of this holiday at Como Park’s Japanese Obon Festival in St. Paul, Minnesota, Aug. 20. Festivalgoers can enjoy traditional Japanese crafts, food, bonsai displays, martial arts demonstrations and cultural exhibits. At dusk, more than 400 lanterns will be placed in various waterways and around the grounds of Marjorie McNeely Conservatory, creating luminous displays. St. Paul, a sister city to Nagasaki, Japan, welcomes upward of 12,000 people to the Japanese Obon Festival.

In addition to existing routes to Minneapolis, Alaska Airlines will begin serving Minneapolis from San Francisco on July 18. For more information on the festival, visit comozooconservatory.org. —Olivia Sullivan



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CLOSE-UPS

Michael Nichols has been eye level with elephants and steps from a family of lions—and the professional photographer has the pictures to prove it. Those photos will be on display in “Wild: Michael Nichols” at the Philadelphia Museum of Art, in Philadelphia through Sept. 17. The exhibition showcases Nichols’ journeys across the world, in which he documented intimate encounters with wild animals in habitats ranging from Sequoia National Park in California to the deserts of the Serengeti, while leaving the environments undisturbed—a technique he refers to as “not being there.”

Over a 30-year career, Nichols has photographed stories for *National Geographic* and *Rolling Stone*, among other publications. In the exhibit, Nichols’ photographs are interspersed with art from the museum’s permanent collection, including painting and sculpture from different time periods. The juxtaposed work is meant to represent the correlation between humans and nature, conveying how artists have looked to nature for inspiration throughout history. During the run of the exhibition, the museum’s family-art program, Art Splash, will offer hands-on workshops, gallery explorations, family festivals and guided tours. On Sept. 16, the museum will host a public lecture with renowned primatologist Jane Goodall, who is a friend and collaborator of Nichols. Visit philamuseum.org for more.

—Olivia Sullivan



THE GREAT OUT OF DOORS

» **Lincoln Center Out of Doors**, one of the longest-running outdoor summer festivals in the country, returns for its 47th year in New York, July 26 through Aug. 13. Out of Doors is a celebration of culture, music, dance, arts, social engagement and the spoken word with events that range from lectures to concerts.

One event, Family Weekend: Double Dutch, jumps back into the Out of Doors festival on July 29 after a more than 30-year break. It features two days of jump-rope competitions and demon-

strations and concludes July 30 with a performance by artists such as DJ Natasha Diggs, above. Out of Doors will host more than 20 live concerts, including one by the Spanish Harlem Orchestra, as well as dance performances and art displays. For more information and a schedule of events, visit lincolncenter.org/out-of-doors. —Olivia Sullivan

GET SET

Three-time Olympic gold medalist Kerri Walsh Jennings, below, and her partner, Nicole Branagh, will be among the competitors at this year’s World Series of Beach Volleyball, July 13–16 in Long Beach, California. Four of the world’s top women’s teams and four of the world’s top men’s teams will play for the respective World Series of Beach Volleyball President’s Cup, which is among the most prestigious titles in the sport. Visit wsobv.com for more information. —Rachel Lucus



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RAISE THE SAND BAR

Sand creations, such as the one at left, require more than a bucket and shovel. Starting with a wooden frame and employing carving tools from sponges to straws to toothbrushes, more than 20 artists from across the

globe will compete at the 14th-annual Revere Beach International Sand Sculpting Festival, July 21–23, near Boston. A week before the event, trucks bring in loads of sand from a riverbed in New Hampshire. Sculptors make designs ranging from mermaids to astronauts as they compete for the People's Choice and the Sculptors' Choice awards in the Master Sand Sculptor Competition. Visit reverebeach.com for more. —Jill Christensen

BERRY EXCITING

Small, dark and sweet, blueberries are an eagerly awaited hallmark of Alaska summers, and they'll be on full display at Ketchikan's 42nd Blueberry Arts Festival, Aug. 4–6. Blueberries make up the base of pizzas, mousse and marshmallows in the festival's Best Blueberry Dish Competition, and they decorate boats in the Handmade Human-Powered Blueberry Boat Race. Blueberries also can be found in crepes, muffins and jams sold by vendors, and even adorn facial hair during the Beard & Mustache Contest.

"It's about celebrating the creativity of the community," says Kathleen Light, executive director of the Ketchikan Area Arts and Humanities Council, which organizes the festival. "And we use the blueberry as our muse." For more information, visit ketchikanarts.org. —Susan Shain



MUNCH MASTERPIECES

» Of Edvard Munch's more than 1,000 paintings, *The Scream* (1893), depicting a face misshapen in horror underneath an orange sky, is probably the most widely recognized. Yet the Norwegian artist, with ties to the Symbolist and Expressionist movements, once said his creative breakthrough didn't come until about 20 years after finishing the famous painting, when he developed a clearer understanding of the human condition. The exhibit "Edvard Munch: Between the Clock and the Bed," running through Oct. 9 at the San Francisco Museum of Modern Art, showcases the breadth of Munch's 60-year career and features 45 paintings produced between the 1880s and 1940s.

Self-Portrait. Between the Clock and the Bed (1940–43) encapsulates the themes of desire, mortality, isolation and anxiety that Munch's work so often conveyed, and serves as a touchstone of the entire exhibit. The show comprises eight themed galleries, opening with a focus on self-portraits, such as *Self-Portrait with Hand Under Cheek*, shown above.

Munch's style is marked by his confident bravura brushwork, unique compositions and vibrant color, which all give his art its emotional impact. Visit sfmoma.org for more information. —Andrew Waite

» **Edvard Munch's *Self-Portrait with Hand Under Cheek* (1911) is on display at SFMOMA.**



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The Lucky Lady, operated by Kauai Sea Tours, cruises past the fabled Nāpali Coast.

OCEAN ACCESS

By Jeff Bond

» With expert skill, “Captain Kaua’i,” of Kauai Sea Tours, maneuvers the port bow of the 60-foot *Lucky Lady* catamaran into the entrance of a sea cave on the Nāpali Coast.

A couple walks to the end of the boat’s railed bow to stand under the gentle “Fertility Falls” that cascade down from the rocky mountainside above the cave’s mouth. Other couples join the tradition of getting wet under the falls, which is said to bring fertility.

This ritual is just one of the charming parts of our five-hour dinner cruise along Kaua’i’s spectacular northwest coastline, a secluded 17-mile-long stretch of towering cliffs and breathtaking caverns. Exploring the coast by charter boat is one of the safer, lower-effort ways to see this magical location.

On my trip, I’m with about 50 passengers

departing from the southern town of ‘Ele‘ele in the early afternoon. (One caution: If you are concerned about seasickness, take medication before boarding.) The friendly crew of the *Lucky Lady* serves snacks, mai tais and other drinks as our captain keeps up a humorous narrative, discussing the island’s history, people and coastal locations we see.

While sea turtles, dolphins and whales are often spotted on these tours, the real star is the coast itself. Sometimes written as *Nā Pali*, and meaning “The Cliffs,” the coast features astonishing rock formations that rise thousands of feet from the ocean. Over millions of years, erosion by waterfalls and weather has carved the rock into towering cathedrals of varied shapes. Pristine beaches are found among sheer rock walls plunging to the sea.

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- **Lava Ocean Tours:** Watch hot lava reach the sea on Hawai‘i Island. —J.B.

On our trip, every section of the coastline seems to have an amazing surprise.

When it’s time to head back, we cruise southwest, then southeast along Kaua’i’s shore. As we enjoy a tasty chicken dinner before returning to the marina, I’m thinking this has been a terrific—and easy—way to enjoy this remote and world-famous area. ✈

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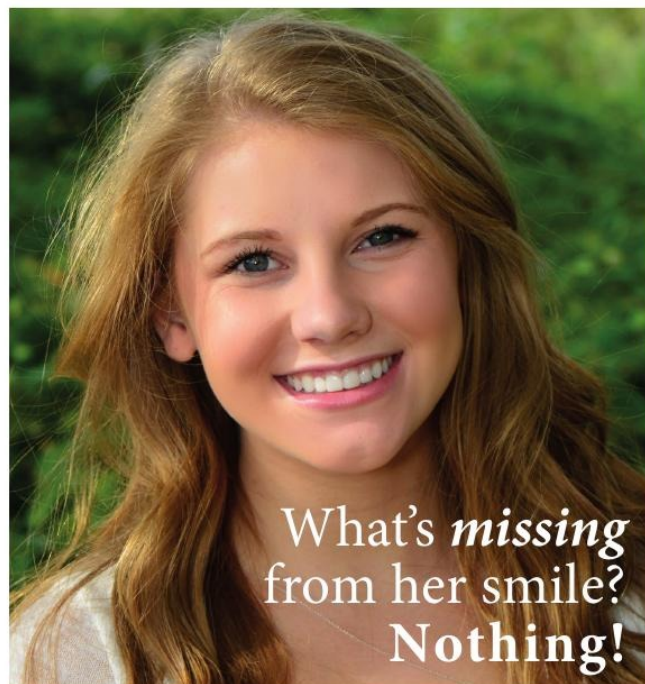
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- Jordan

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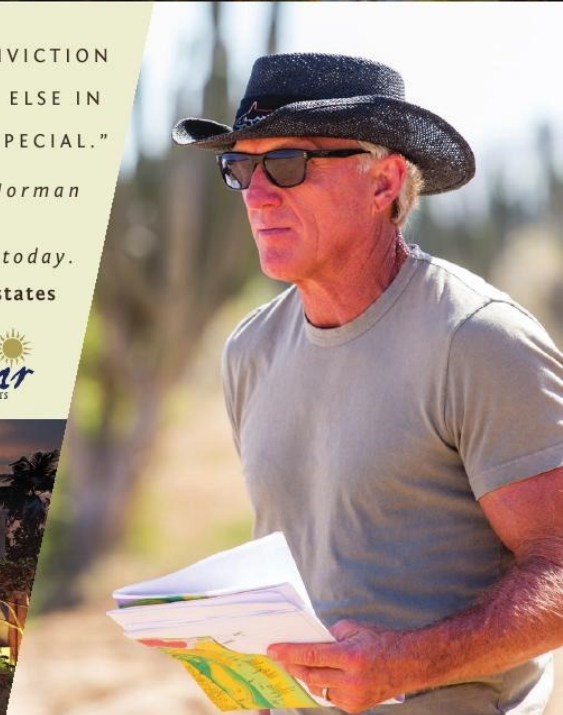
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A DOVE SPREADS HER WINGS

The star of Disney's *Descendants* and *Liv and Maddie* takes on new roles

By Ben Raker

» **Dove Cameron almost got her start** in Hollywood in a role known simply as "Mud-Covered Girl."

It was a one-line part, and the actor who got it would literally be coated in mud and unrecognizable on TV. Yet a long line of young women still showed up for an audition on a hot Los Angeles day in 2011. Cameron, then 15, had moved to LA with her mother to pursue a career in Hollywood. But on that day, they began to wonder what they were doing.

Cameron, now 21, has gone on to star in the hit Disney Channel family comedy *Liv and Maddie*, playing both of the show's twin title characters for four seasons (2013–2017). She also starred as Mal (daughter of Maleficent) in the Disney Channel TV film *Descendants* (2015), a story about the offspring of good and evil fairy-tale characters. She stars in the sequel, *Descendants 2*, which premieres on six networks on July 21, and in live performances of the musical *Mamma Mia!* at the Hollywood Bowl in Los Angeles, July 28–30, playing the role of Sophie.

Yet the picture was much different for Cameron on that hot day in 2011 with the cattle-call audition. At that point, it had been almost exactly a year since she and her mother, Bonnie Wallace, had moved to LA from the Seattle area—armed with little more than a headshot, Dove's resume from community theater and a dream. She was still waiting for her first Hollywood gig, after many auditions.

And then ... she didn't get the part.

Fortunately, Cameron was tough. And the situation was a bit laughable: "I can't even get Mud-Covered Girl!" she said to her mother, after learning of her rejection.

The very next day, Cameron got her break, successfully auditioning for a part with a two-episode arc in a different TV show. The role earned her a listing with the Internet Movie Database, and it opened the door to other casting calls. If Cameron had landed Mud-Covered Girl, she would not have been available.

Although luck helped, Cameron's success is a tribute to her persistence, says her mother. "The thing about Dove is, she gets up and brushes off pretty quickly."

Wallace knew early on that her daughter was driven.



Growing up, Cameron constantly performed—in line at the store, in the car or wherever, Wallace says.

"It does seem like one of those things that I just couldn't have stopped," Cameron says of her drive to act. She, in turn, gives a lot of credit to her mom, whom she had to lobby daily for a year to move to LA. Wary at first, Wallace eventually agreed, and then embraced her role.

"My mother just bent over backward to make it happen for me," Cameron says. "She drove me to every audition."

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She persisted. And she'd never done anything like it. She wasn't one of those stage mothers who have a bunch of experience and connections."

Wallace learned so much that she wrote a book, *The Hollywood Parents Guide*. She now does consulting for young actors via her website, bonniejwallace.com. If she had to do it again, she says, she wouldn't make the jump to Hollywood so suddenly. Yet she also feels that anyone pursuing an acting career can find value in the skills they develop trying, whether or not the career is ultimately for them. "I could have lived with us trying and failing," Wallace says. "But I couldn't fail to try and then look back and wonder what could have happened."

Whether or not Cameron's move to Hollywood was overly sudden, her persistence paid off. In her best-known work, she became an icon of Disney family programming with *Liv and Maddie*, in her roles as the budding starlet Liv Rooney and her athletic twin sister, Maddie. Despite long hours (the doubling up of her roles meant that scenes had to be filmed twice), Cameron treasures the time she spent on the series, and especially the cast and crew: "It was the time of our lives," she says. "I just loved that show."

Recently, Cameron has been busily expanding her horizons. She says that a part in the star-studded, live-TV presentation of *Hairspray Live!* in December (in which she played villain Amber Von Tussle) reawakened her passion for musical theater, which she'll enjoy again with *Mamma Mia!*

She is also excited about *Descendants 2*. Much of the action in the sequel happens on the Isle of the Lost, and Cameron says the film should be a treat for audiences, as it was for the cast to film. "The 'Descendants' series is just the dreamiest project for an actor," she says. "You get special effects and dancing and acting and singing."

She was glad for the chance to revisit and expand on her character, Mal. Cameron says she's loved this character ever since she first saw a script. "I wanted to play the complex, wounded girl with dark streaks," she says. "And yes, it's fun to play somebody who is maybe evil or negatively connoted. I truly believe that all the most intelligent, interesting, complex human beings have layers in them."

She may have a soft spot for villains, but what also comes through strongly, especially in *Liv and Maddie*, is Cameron's powerfully positive energy. Nobody ever asked



» Dove Cameron reprises her role as Mal, above right, in the TV movie *Descendants 2*, which premieres July 21. Below, center, Cameron starred in the TV show *Liv and Maddie* (2013–2017).



her to be princesslike, she says, but she also doesn't gravitate toward activities that would jeopardize her Disney image. Any sort of good-girl vibe she gives off is natural, she says. "I just really like to watch movies in my house and eat takeout and go on dates with my boyfriend."

Yet the popularity of her work has come with responsibility toward young fans: "I feel a happy obligation to be a good influence, which I take seriously," Cameron says.

Looking forward, Cameron anticipates more parts on various screens and stages. As a singer, she expects to release music this year, as well. And to travel for filming and promotions.

Her travel tips? Cameron says she never unpacks, and she always tries to fly at night to sleep on the plane. She also carries a huge backpack (incongruous on her 5'2" frame) that she adds things to whenever she finds something useful. But her favorite part of travel is people, not things: "The fact that my job allows me to meet so many different people from so many different cultures is the biggest blessing in my life. People are my favorite thing about being alive."

Ultimately, the energetic performer can see a future in which she explores interests in addition to singing, dancing and acting. Studying massage, maybe. Or food cultures. But, she says, she is "obviously" going to continue acting.

"Success to me would mean being able to feed myself, being able to balance work and time with people I love, and walking away from every job with the people on that job saying, 'Oh, I would love to work with her again.'"

DAY 1

» My family and I are exploring the incredibly beautiful Victoria, B.C., starting with the Fisgard Lighthouse. It was the first lighthouse built on Canada's West Coast—and it still operates!



Adventurer, designer and mom of two, Emmy Jones (@ameliahannah) knows how to bring her fabulous family life to Instagram. She and her husband are taking social media by storm, with plenty of laughs along the way. She posted from Victoria, British Columbia, as part of Alaska's #WeekendWanderer series. For more, be sure to follow @alaskaair on Instagram.

blog.alaskaair.com

VENTURE TO VICTORIA

» While approaching Victoria, I noticed the green Douglas fir- and spruce-covered islands divided by bright blue water and knew I was in for something great. I was giddy to start my adventure in Victoria—Vancouver Island's biggest city and the capital of B.C.

Victoria is said to put the "British" in British Columbia, and one of my favorite experiences was afternoon tea at the Fairmont Empress hotel. After, we walked along the Inner Harbour, which was alive with yachts and yellow and green water taxis that, on summer weekends, perform a "ballet." Later, we ate fresh seafood at Red Fish Blue Fish while watching seaplanes take off and land.

The next day, we discovered that The

Butchart Gardens are the pinnacle of color, home to more than 900 varieties of plants. It proved to be the perfect afternoon walk, and there's even a carousel for the kids.

On our final morning, we booked a whale-watching tour and were surrounded by orcas within 30 minutes of commencing our voyage. Little compares to witnessing the pure beauty of these creatures in their natural habitat. The captain then decided to move on, and we spotted a humpback.

We finished our trip with a hike at Mystic Beach, where the green woods opened to a gentle waterfall as fresh water met the ocean. Victoria's charm and beauty has left an impression I won't forget!

DAY 2



⚡ We were photobombed by a peacock at Hatley Castle. Seeing birds and seals all weekend was a big hit with the kids.



⚡ Victoria in one word: green! And The Butchart Gardens are a great showcase. The whole place feels like it's out of a fairy tale.

DAY 3



⚡ Transient orcas are among us! We lucked out getting to see these beautiful creatures in the wild.



⚡ We took the most breathtaking hike to Mystic Beach. I can't believe the beauty here. Of all the places I've been, adventures I've experienced, little compares to this one.

Thanks, Victoria!

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PLANETARY PROMENADE

A walk in Anchorage showcases city highlights and celestial connections

By Eric Lucas

» **It's a long way from the sun to Pluto ...** 10.1 miles, to be exact, on the Anchorage Light Speed Planet Walk, which transposes solar system distances onto downtown streets and one of Alaska's most popular recreation paths. Will humankind make it to Mars some day? In Anchorage, it happens daily.

Conceived by local high school student Eli Menaker, and built in 2004–2005 with the support of the Anchorage Rotary Club, the path is marked by interpretive signs along the way and is distinguished by clever mathematics. The time it takes the average person to walk between solar-system sites on the path is roughly proportional to the time it takes light to travel the corresponding distance in space. It takes a walker about eight minutes to get from the sun to Earth on the Planet Walk, and that's about how long it takes light to travel from the sun to Earth in space.

The walk starts by the Alaska Center for the Performing Arts, at a bright yellow sun sculpture at West Fifth Avenue and G Street. Continuing west on Fifth, the route passes other city landmarks such as Glacier Brewhouse and the Hotel Captain Cook. Following Fifth Avenue, walkers pass informative signs representing Mercury, Venus, Earth and Mars. After crossing L Street, the route heads downhill,

and accesses the Tony Knowles Coastal Trail a few “million miles”—about a block—past the Red Planet.

The rest of the route follows the multiuse coastal trail, passing by Jupiter at Westchester Lagoon; Saturn, at Lyn Ary Park; Uranus, just downhill from the north-south runway of Ted Stevens Anchorage International Airport; and Neptune, near Point Campbell Park. Aside from planets, the trail also passes birch-and-spruce forest, thickets of berries, and the dynamic tideflats of Cook Inlet. And keep your eyes peeled for moose.

The planet walk, and the trail, conclude at Kincaid Park, home of Pluto. This planetary body remains on the walk despite the fact that astronomers formally booted it from planet status a decade ago. Standing atop the hill at Kincaid Park is a good place to eye the heavens and consider whether the universe cares at all about human categories.

It's also a superb spot to look for the snowy peak of Denali, North America's tallest mountain at 20,310 feet.

Walking the entire path out to Kincaid Park takes more than five hours. Want to go at warp speed? Visitors can rent bicycles at several spots downtown and cut the one-way time to an hour. In galactic terms, cycling signifies travel at about five times the speed of light. ✈

» **The Anchorage Light Speed Planet Walk starts downtown at a sun sculpture and kiosk, above left. The walk extends onto the recreational Tony Knowles Coastal Trail, above.**

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Hikers enjoy dramatic views from the peak of Flattop Mountain, near Anchorage.



ALPINE SPLENDOR

Mountain hikes near Anchorage lead to bird's-eye views of wild and urban Alaska

By Melissa DeVaughn

» The most-hiked peak in Alaska is also one of the most easily identified. The distinctive glacier-leveled tabletop summit of Flattop Mountain contrasts with the nearby sharp-edged peaks in the Chugach Mountains. Visitors love Flattop for its stunning views and proximity to Anchorage. Whether you're in town for business or a vacation, this mountain offers a glimpse of wild Alaska only minutes from the state's largest city.

"It's right on Anchorage's doorstep," says Chugach State Park Chief Ranger Kurt Hensel. "There are not many areas in the state from which you can get to wilderness so quickly."

Thanks to dedicated trail-crew work, the 3.4-mile roundtrip hike on Flattop Mountain

Trail starts out from the Glen Alps Trailhead with a relatively mild, manageable grade and switchbacks. The climb intensifies the closer you get to the 3,510-foot summit, and the last 650 feet of an overall 1,350-foot elevation gain is steep, rocky and can be slippery.

Yet the payoff is great. At Flattop's summit, hikers can take in a grand view of Anchorage and Cook Inlet to the west, or turn east and see views that seem to go on forever into the Chugach Mountains and Alaska Range.

"It's a fantastic glimpse of the mountains around Anchorage," Hensel says. "Flattop's what you hear people talk about. The reason it's so popular is that it's very doable, and you can tell people, 'I've bagged that peak.'"

Flattop Mountain Trail is best hiked late April through early October. People sometimes see moose, sheep and even bears. If you don't have a vehicle, you can take the Flattop Mountain Shuttle, which offers roundtrip service between Anchorage and the trailhead. Learn more at hike-anchorage-alaska.com.

For hikers not up for the rock scramble on Flattop, other paths from Glen Alps Trailhead lead to lesser-hiked Powerline Pass (the first 3 miles are an easy stroll, and the pass is about 5.5 miles and 1,500 feet of elevation gain one way from the trailhead), Little O'Malley Peak (4 miles one way) and Williwaw Lakes (5.9 miles one way)—all of which push deep into the 495,000-acre Chugach State Park. ✈



WORLD OF WONDER

The Children's Museum of Indianapolis offers a window to both the past and present

By Kelly Kendall

» When visiting Indianapolis, if you spot a towering adult dinosaur and a smaller baby dino looking into the top floor of a four-story building, you'll know you've arrived at the Children's Museum of Indianapolis.

Say "hi" to Seymour and Riad, the curious and whimsical pair of brachiosaurs that are examining the Welcome Center at one of the world's largest children's museums. The campus is packed with a variety of fascinating

displays and exhibits for visitors of all ages.

At the top of the list of museum must-sees is the exhibit "Dinosphere: Now You're in Their World." The display has full-size dinosaur skeletons and one of the largest displays of juvenile dinosaur fossils on the planet. You can also dig for fossils and touch a real *Tyrannosaurus rex* bone.

Harry Potter fans will like *Dracorex hogwartsia*, or the "Dragon King of Hog-



three extraordinary kids who changed the world. Experience Anne Frank's message of hope amid the horrors of the Holocaust, and look at a replica of her attic annex. Hear the story of Ruby Bridges, a 6-year-old girl who was among the first black students to integrate a white school system in 1960, and see what her classroom looked like. And step into the bedroom of Ryan White, the Indiana teenager whose fight to return to school and live a normal life despite having AIDS made international news in the 1980s.

Explore the culture of the East at the exhibit "Take Me There: China." You'll board a plane in the museum that simulates "flying over" the Great Wall, before "landing" in Beijing. Next, you experience contemporary Chinese culture. Try your hand at chopsticks; learn about the struggle to save the panda; and listen to both traditional and contemporary music; then try playing real Chinese instruments on your own.

As you proceed up the ramps to the museum's next levels, you'll be transfixed by artist Dale Chihuly's *Fireworks of Glass*, a 43-foot-tall work constructed of 3,200 shimmering

» *The "Dinosphere: Now You're in Their World" exhibit, left, contains a wide variety of adult and juvenile dinosaur skeletons. An actor, above, brings the story of pirate Captain Kidd to life for a group of students.*

pieces of brilliant hand-blown glass. The artist's largest permanent glass installation hangs in the building's open core, and connects with a glass ceiling on the building's first floor, which is filled with more of Chihuly's colorful work. Kids can make sculptures out of multicolored plastic and also try virtual glass blowing on the first floor.

On the fourth level of the museum, the tinkling notes of the Broad Ripple Park Carousel will beckon to you. Located in the museum for decades, the carousel's intricately painted horses—along with goats, giraffes, deer, a lion and a tiger—date back to 1917, when the ride opened in the Indianapolis park.

In 1987, the carousel was declared a National Historic Landmark. Be sure to ride this enchanting carousel a few times while at the museum. ✈

warts." In 2004, the fossil was brought to the Children's Museum, where paleontologists realized it was a specimen entirely new to science. With a bony head covered in spikes and knobs, the fossilized dinosaur lives up to the moniker chosen during a local naming competition in honor of the dragons from the "Harry Potter" book series.

At "The Power of Children: Making a Difference" exhibit, young people will meet

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If you're looking for a throwback day trip while in South Bay, be sure to visit the historic Redondo Beach Pier and stop by Kincaid's. There you'll enjoy elegant cuisine paired with soft lapping waves and an unbeatable view of the beach.

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Summer grilling with friends and family.



MASTERING THE GRILL

By Brad Japhe

» During Fourth of July weekend, an estimated 75 million Americans host barbecues, consuming a total of about 750 million pounds of chicken and 150 million hot dogs across the nation. And that's not even counting the steak and burger platters. Enjoying all the food is easy—the real challenge is to prepare it like a pro. If you're looking to up your grill game this summer, consider these hot tips from two all-stars of the open flame.

James Beard Award-winning chef **John Currence** is also an avid tailgater. He stresses the significance of proper prepwork. "Whenever possible, use actual whole-wood lump charcoal. Briquettes are usually full of chemicals that can impart a bitter flavor to your food," advises Currence, who is also the author of *Pickles, Pigs & Whiskey* and is opening several new restaurants this year.

He is a fan of marination, but is wary of sweeter ingredients, which tend to caramelize and burn easily.

Adam Perry Lang wrote the book on *Serious Barbecue*. That's *literally* the name of his 2009-penned ode to sizzling protein. This year he'll open the APL Restaurant, a much-anticipated meatlover's hot spot in the heart of Hollywood, located on Hollywood Boulevard and Vine Street. When it comes to basting food on the grill, Lang reveals a delightful DIY trick up his sleeve: make an herb brush. "Using a wooden spoon and butcher's string, take fresh rosemary and thyme and tie it on like a witch's broom," he recommends. "Those herbs can be very harsh. Here you're able to get those flavors in a subtle way. It enhances steak, hamburgers and chicken."

The chef also suggests a technique called board dressing. "On your cutting board, you



Herb brush.

spread a quarter cup of olive oil, and rub in garlic, some fresh-sliced chiles, herbs—cilantro, Italian parsley," Lang explains. "After grilling, instead of putting the meat onto a platter, place it—while it's still hot—onto the cutting board, so it gets coated with the seasoned olive oil." Flip the meat over, applying liquid to both sides, and then slice it. The juices will mix with the seasoning, heightening the flavor of the steak, while jacketing residual heat prior to serving. ✈

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BATCHING BEVERAGES

By Brad Japhe

» **Modern mixology** is famous for its almost comically labor-intensive cocktails. But in the high-paced atmosphere of a bar—or a get-together where you’d rather be chatting with friends or family—10 minutes of muddling, dolloping and zesting ingredients can be incredibly inefficient. Fortunately, some clever bartenders have sidestepped this challenge with the advent of **batching**. Rather than assembling everything to order, they allocate time in advance to consolidate as many ingredients as possible. Beyond minimizing time and effort, batching often enhances overall quality, as certain flavors benefit from combination over time.

“I’ve always been a big fan of batching up cocktails for service, because of ease and efficiency,” explains Ivy Mix (above) of **Leyenda** in Brooklyn. The world-renowned

bartender adds several tips. To avoid the oxidation of juices and syrups, she prefers batching only stirred cocktails (as opposed to shaken). And since there’s no ice involved in advance preparation, she adds water to the recipe to account for dilution. Mix says that the Parabéns cocktail has become a personal batching favorite. She’s also discovered that she prefers the Parabéns “once it’s mellowed in a bottle for a few days.”

At **Pacific Cocktail Haven** in downtown San Francisco, owner Kevin Diedrich is a fan of “hot-batching,” where only the alcoholic bases of a drink are combined in advance (minus the modifiers, such as bitters or juices). The process maximizes space as well as effort. “Instead of having three bottles, you now have one,” he says. “Plus, in terms of consistency, you can’t mess up a batched bottle.” ✕

Large-format recipes

PARABÉNS

1.5 parts Carpano Bianco vermouth
.75 parts Novo Fogo cachaça
.5 parts Suze bitters
.25 parts St-Germain elderflower liqueur
1.5 parts water
Stir and bottle. Let sit for a few days.
Pour from bottle onto ice.
Optional: Add splash of soda.

BROOKLYNITA, a refreshing nonalcoholic cocktail

1 part ginger syrup*
1 part pineapple juice
1 part lime juice
Mix and bottle (can serve immediately, or refrigerate for up to 24 hours). Pour over ice. Top with soda.
*Juice ginger in a juice extractor, add 1/4 cup juice to 1/2 quart simple syrup.

Recipes provided by Ivy Mix of Leyenda.

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FUN SUMMER SWIMS

By Jill Christensen

» One of the great joys of summer is diving into a pool on a hot day. The following are a few of the nation's most unique hotel pools that may be worth adding to your vacation schedule.

The Joule Hotel, Dallas: Located 10 stories above Main Street in downtown Dallas, the cantilevered pool features a glass front that extends 8 feet past the edge of the building, giving swimmers the sense they are floating off the side of the hotel.

Golden Nugget Las Vegas: The massive 200,000-gallon pool features a unique "Shark Chute," a clear plexiglass tube slide that runs through an aquarium full of exotic fish and sharks, allowing you to view the undersea species as you slide down into a separate 83-degree heated pool.

Disney's Grand Californian Hotel & Spa, Anaheim: The hotel, located adjacent to

Disney's California Adventure Park, has three pools, including the Fountain Pool, with a turtle-shaped fountain that sprays water on people; the Mariposa Pool, with cabanas; and the Redwood Pool, which has a 90-foot-long waterslide that winds around a replica of a redwood tree stump.

Aulani, A Disney Resort & Spa, O'ahu: The resort has 7 acres of water-filled fun, with two waterslides, three pools, a snorkel lagoon, a lazy river, five whirlpool spas and an interactive water play area for children.

Dream Downtown Hotel, New York City: The 50-foot pool is located on the roof of a two-story building between the hotel's two towers and features a bottom with windows that look down on the hotel lobby, allowing arriving guests and swimmers to see each other. A section of the pool deck is even covered with sand imported from Aruba.

» **JW Marriott San Antonio Hill Country Resort & Spa, left, features many slides. The Golden Nugget Las Vegas, above, boasts the thrilling "Shark Chute."**

Holiday Inn Resort Orlando Suites—Waterpark, Orlando: Located at one of the world's largest Holiday Inn resorts, the large 44,000-square-foot

waterpark features a little of everything, including seven slides, a splash zone, a four-story water tower, a water dump bucket, basketball hoops and even a nine-hole miniature golf course.

JW Marriott San Antonio Hill Country Resort & Spa: The 9-acre River Bluff Water Experience contains seven different slides, including two at the toddler pool, and the 650-foot rapid river ride. For more relaxing and leisurely water fun, float down the 1,100-foot-long lazy river. ✕

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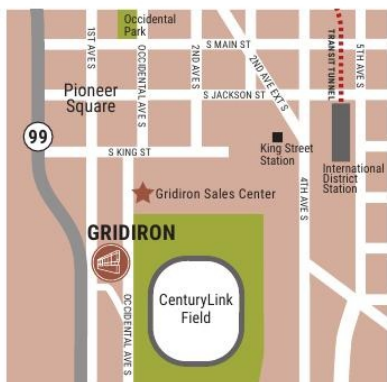
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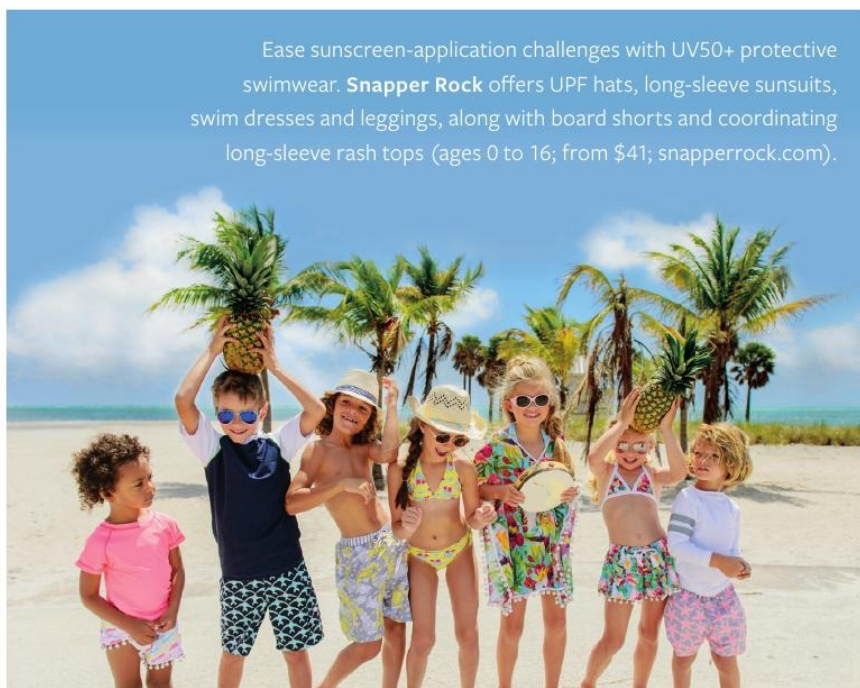
Six pieces for a splashier summer

By Lora Shinn

» **Sunscreen? Check.** Plenty of patience? Check. How about UV-protective swimwear or replaceable kids' sunglasses? Review this list of summer-ready kids' attire to take your travel checklist to the next level. Just don't forget the iPad.



Children can chill out using colorful **Buff** Junior UV Multifunctional Headwear, which blocks 95 percent of harmful rays. The high-tech fabric wicks away sweat, and can be worn 12 ways, including as a neck guard, hair cover or *Karate Kid* style (one size fits most kids ages 6 to 11; from \$21.99; buffusa.com).



Ease sunscreen-application challenges with UV50+ protective swimwear. **Snapper Rock** offers UPF hats, long-sleeve sunsuits, swim dresses and leggings, along with board shorts and coordinating long-sleeve rash tops (ages 0 to 16; from \$41; snapperrock.com).



Your child can tread water (and the earth) a little lighter with **Bambino Mio's** reusable swim diapers, made from a soft, lightweight fabric. Summer-trip prints include Aquarium, Tutti Frutti, Coral Reef, Dolphin and Mermaid (ages 6 months to 2-plus years; from \$11.40; bambinomio.com/usa).



Slip a **Poncho + Parker** unisex poncho on your little one post-pool. The ponchos are crafted from premium Turkish cotton, designed to be quicker drying than traditional cotton. And because these pieces act as 3-in-1 items (towel + cover-up + clothing), they're smart picks for light packers (ages 0 to 6; \$58; ponchoandparker.com).

Spotting a pair of **Babiators** on a celeb baby isn't unusual, as the durable, stylish design is matched by 100 percent UV protection and a guarantee to replace frames that get lost or broken within one year of purchase. Candy-colored Aviator and Navigator styles come in a variety of lenses for your superstar-in-training (ages 0 to 10; from \$20; babiators.com).



Fashionistas may plead for **Plae** shoes. Start with the customizable Wes sport sandal, then swap out additional Velcro straps—available in a wide variety of colors, textures and prints—to coordinate a variety of wardrobe changes, from beach to buffet (ages 18 months to 12 years; from \$44.95; additional straps \$4.95/set; goplae.com).



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GRILLING GEAR

Accessories to boost your summer barbecue

By Kara Spencer

» With barbecue season well underway, the heat is on for would-be grill gurus seeking perfection in their finely cooked steaks and/or veggies. Fortunately, new innovations can assist them with their quests. Whether it's enhancing flavors, speeding up cooking time or helping with post-grilling cleanup, the following products can help backyard barbecue connoisseurs.

BBQ Dragon and the Chimney of Insanity:

This product pair helps you start charcoal quickly—and then keeps fanning flames as your fire gets started. Add charcoal and light it in the metal chimney, and then attach the BBQ Dragon to channel in low-velocity, cool air. The products function individually or together (fan: \$49.95; chimney: \$29.95; bbqdragon.com).



TNK Stingray BBQ Multitool: Flip, fork and fry your meat and veggies—and pop a bottle open, while you're at it. This multifunction grill utensil can make your toolkit lighter as it incorporates a spatula, toothed tongs, fork and bottle opener. The "launch control" design helps you close the tool to slide food smoothly from the fork onto your plate (\$24.95; thegrommet.com).

MORE GRILLING AIDS

Brookstone Handle-Mount Grill Light: See late-night grilling in a new light with this weather-resistant, LED-powered lamp that clamps to most grills (\$39.99; brookstone.com).

GrillGrate: Interlocking panels of various sizes rest on a grill surface to improve heat distribution (from \$39.99; grillgrate.com).

SteakChamp Thermometer: Get a job done well with this electronic meat thermometer that alerts you when your steak is cooked perfectly (\$59.99; steakchamp.com/en).



PizzaQue Pizza Kit for Kettle Grills: Simulate a wood-burning pizza oven on your grill. This kit's cordierite baking stone distributes heat to cook pizzas evenly, quickly and with distinctive flavor. The kit also includes a charcoal fence and a folding pizza peel for transporting pizza to and from the grill (\$99.99; pizzacraft.com).



Grillbot: Make your steak and don't sweat the cleanup. Grillbot, touted as the first automatic grill-cleaning robot, roams the surface of your grill, brushing it clean with motorized, dishwasher-safe bristles. Set Grillbot's timer and it will make your grill shine and ring an alarm when its job is done (from \$129.95; grillbots.com).



Slotdog: This gadget is a major score for hot dog enthusiasts. Press the Slotdog into any skinless wiener, and a latticed grate makes diamond-shaped incisions to enhance caramelization and crispy edges. The scored dog releases steam to avoid bursting, and absorbs condiments well (\$15; slotdog.com).

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CHANGE YOUR PERSPECTIVE



Golf academies have expert instruction that can help you take your game to the next level.

HONING YOUR GOLF SKILLS

By Ken Van Vechten

» **There comes a time** in golfers' lives when they realize that they can't simply will good scores out of compromised swings. They need help, professional guidance and the proper tutelage. That is where golf academies come into play. Coachella Valley is a center for such schools, which offer a variety of programs.

Desert Willow Golf Resort, one of the valley's best plays, offers The Palm Desert Golf Academy, which approaches golf improvement in a holistic manner.

However, this is not a "system" or formulaic golf school. Instead, Paul Bucy, director of instruction, and his staff work with the golfers to find the best approach for them. And the sessions average a 2-1 student-instructor ratio. "When you call to set up

your visit, we ask about your ability, your goals and what you want to learn," Bucy explains. "Then we come up with a custom program. There is nothing cookie-cutter here. Each program is geared specifically to the student."

Golfer Lynda Farmer, who is from Victoria, B.C., but lives part of the year in La Quinta, has attended a few well-known golf schools, and found the Palm Desert academy a more enjoyable experience than some of the others. One of Farmer's favorites was Bucy's "Mastering the Short Game" sessions, which involve instruction at a 3-1 student-instructor ratio. "The content was spot on, and the program was terrific," says Farmer, who has come back to the academy for individual help. "The instructors cared about each of us and

were very encouraging in the areas where each of us was struggling."

Another golf-school option is the Westin Golf Academy, headed by Barry Clayton, at the Westin Mission Hills Golf Resort & Spa in Rancho Mirage. The program has multiday options, as well as on-course instruction at the Gary Player-designed Signature Course and at the Resort Course by Pete Dye.

The PGA West Golf Academy at La Quinta Resort & Club has all the bells and whistles, from premier video analysis to the top launch monitor systems and on-course instruction.

Choose from two- or three-day programs, which offer instruction, lunch and play on the Greg Norman Resort Course, the Nicklaus Tournament Resort Course and TPC Stadium Resort Course. ✈



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FAMILY STYLE

Finding the vehicle that's right for parents and kids

By Bengt Halvorson

» The shape of family vehicles continues to evolve. No longer are parents limited to sedans or just a few "practical" SUVs, crossovers and minivans that sacrifice form in the name of function.

In today's market, finding a roomy, suitable family vehicle that offers more seating space and cargo versatility is easy. The harder part is finding the right one to match your personality, style and budget.

The Mazda CX-9, the Chrysler Pacifica Hybrid and the Honda CR-V are a few of today's best examples.



Lives large, drives small: Mazda CX-9

If you have a big family—or in-laws or carpool needs—and your shopping list is whittled down to vehicles that have three rows of seats, you should know this: Driving with all that capacity doesn't mean you have to accept uneasy handling or a driving position that matches that of a pickup. The Mazda CX-9 channels the graceful yet jaunty proportions of Mazda's smaller cars, as well as much of their "zoom-zoom" feel from the driver's seat—with a punchy, turbocharged four-cylinder, a more responsive driving experience, and a driving position that's closer to that of a sport sedan than other utility vehicles.



Eco-conscious space for all: Chrysler Pacifica Hybrid

It seems appropriate that Chrysler, the company that first popularized the minivan in the 1980s, is the first automaker to bring a hybrid minivan to market. With its stout 16-kWh battery pack and robust hybrid system, it's a plug-in hybrid capable of going an EPA-rated 33 miles per charge, if you're light on the accelerator and keep the powertrain in its electric-only mode. Press a little harder, and a strong, smooth V-6 engine supplements all the hill-climbing, extra hauling or passing power you might need with a full load.

Meanwhile, striking rooflines and available 18-inch polished aluminum wheels give the van plenty of style.



On a budget, room to grow: Honda CR-V

Today's compact crossover vehicles play the role that midsize sedans (and wagons) played in the past.

With a full redesign given to the CR-V for 2017, Honda is recognizing that reality. The company made the new CR-V a little larger than before, and upgraded the look and feel of the cabin, giving families plenty of room to grow. The revamped CR-V also has more active-safety technology for most models and offers a new 7-inch touch-screen infotainment system. For the first time, the Touring version has a turbocharged engine—a 1.5-liter four-cylinder that has more power and gets better gas mileage than the rest of the lineup.

FAMILY-FRIENDLY FEATURES

Central vacuuming

Have pets, toddlers or family members who are always eating on the go? Integrated vacuum systems in some vehicles charge as you drive, and special attachments give you the tools for cleaning everything from pet hair to cracker crumbs.



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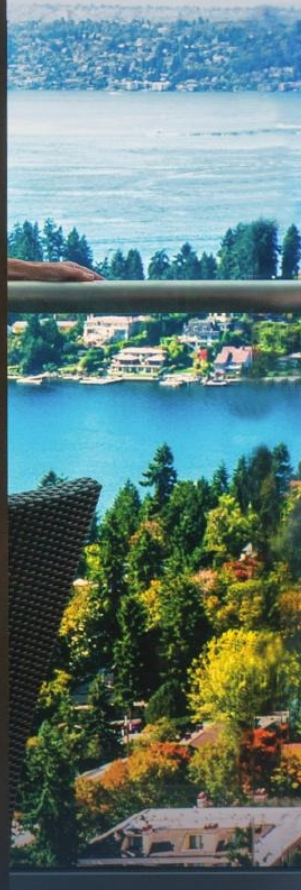
Simply wave your foot below the rear bumper area with the keyfob in your pocket, and the hatch opens. When you have your hands full, it's pure genius.

Surround-view camera systems

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MILO VENTIMIGLIA ALREADY HAD FANS. Millions had loved his work portraying bad-boy Jess on TV's *Gilmore Girls*, and Peter Petrelli on the sci-fi series *Heroes*. They'd seen him in films including *Rocky Balboa*, and, if they'd been paying attention over his 22-year career, they would have seen him on seemingly every influential TV show, from *Saved by the Bell* and *Sabrina, the Teenage Witch* to *CSI* and *Law and Order*. But then he got the breakout role of Jack Pearson on one of TV's top new network series, *This Is Us*.

The show is a monster hit, renewed early for a second, and third, season. It's notable for striking such a powerfully emotional connection with its fans. "Not even wiping away tears for the next episodes," tweeted one famous viewer, the singer-songwriter John Mayer. "Just gonna let the first ones create tracks for a more even, efficient flow."

So Milo Ventimiglia has launched to a new level, and he's now America's No. 1 paterfamilias. During the first season, his character's facial hair—just his facial hair—was provoking headlines. Take this breathless notice, for example, from *People.com*: "Everyone's favorite new TV dad Jack Pearson is without his signature mustache and beard—what does this mean?!"

NAILING THE PART OF A LIFETIME, MILO VENTIMIGLIA HAS BECOME ONE OF THE MOST TALKED- ABOUT ACTORS IN AMERICA

BY KATHRYN DRURY WAGNER

Take me to Cabo.

Umbrella drinks
won't drink themselves.



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"*This Is Us* is the story of a family," Ventimiglia explains. "Dan Fogelman, the show's creator, says that we're basically looking at a box of home movies that are unlabeled, and each week we're popping one into a VCR and seeing what comes up."

Telling the story of a family comes naturally to this talented actor, who grew up in a close-knit home in Orange, California. His parents supported his decision to become an actor, but you might be surprised to know that this career came close to not happening.

"When I was 17, 18 years old, my thought was to go into the military," says Ventimiglia, whose father, Peter,

served two tours in Vietnam. "I almost went into the Navy.

I wanted to be a Navy pilot. Ultimately, I didn't go into the service,

but I still appreciate and respect the men and women who do. They have a power that is hopefully out there doing good, not just for our country, but also for the world."

He spends some of his free time working with vets through Iraq and Afghanistan Veterans of America, as well as taking USO tours to visit troops abroad and stateside. In fact, just prior to being interviewed for this magazine story, he'd been to visit Fort Dix in New Jersey.

"It's a tradition, and when actors or athletes visit the troops, I hope we can give them relief, provide a little break," Ventimiglia says. He's been doing this work for 11 years. "When I

traveled to Iraq and Afghanistan with the USO, I said to Admiral Michael Mullen, who was then the chairman of the Joint Chiefs of Staff, 'I'm not a comic, so I can't do stand up; I'm not a bombshell, so no one is gonna want to look at me; I'm not a musician, so I can't put on a show. ... What can I do?' He said that just being there was important. A lot of my friends who are in the service say the same thing,



The USO has long been one of Ventimiglia's favorite community programs. In March, he and other This Is Us cast members visited New Jersey's Fort Dix.

that it means a lot to have people come by."

THE CITY OF ORANGE where Ventimiglia spent his formative years is a unique community in

bustling Orange County. It has an Old Towne designated historic district—a zone preserving more than 1,300 homes and other structures dating between 1888 and 1940. It's a charming place to go antiquing, and, according to Ventimiglia, an equally terrific place to be a young boy.

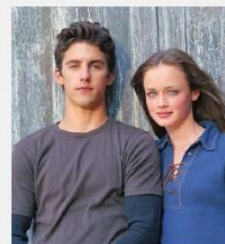
"It felt like a small town; there's the epicenter there that is the town circle, with events held throughout the year. There was a protective quality, so Orange didn't feel like a big city, even though there was a lot of acreage." As a child, he says, "I didn't need to go far to feel I was discovering something."

As he grew older, though, Los Angeles—and places beyond—began to lure him away. After high school,

MY, OH, MILO

IN HIS TWO-DECADE-PLUS acting career, Milo Ventimiglia has played many roles. Here are a few of the most beloved characters, and some of the reasons viewers connect so strongly with this talented actor.

Most fans of *Gilmore Girls* believe that Jess Mariano was the best suitor among Rory Gilmore's three steady boyfriends. A rebellious bad boy, Jess



came into Rory's town of Stars Hollow as a diamond in the rough, yet as the show went on, he was revealed to be her intellectual equal and a moral compass.



Empathetic, compassionate Peter Petrelli is a hospice nurse turned paramedic when *Heroes* begins. His powers grow, to the delight

of fans: space-time manipulation, telepathy, flight—he becomes the ultimate human being.

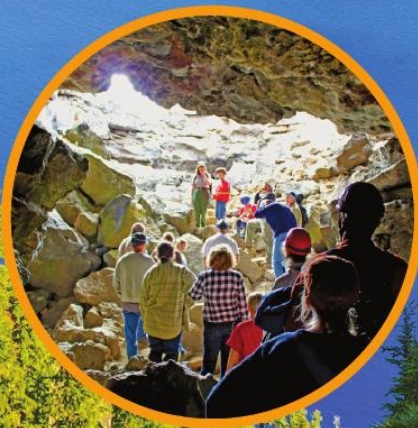


On the unabashedly emotional *This Is Us*, Jack Pearson is a saintly patriarch besotted by his wife and kids. He also has a temper.

Keep an eye on the Emmy Award nominations for Outstanding Lead Actor in a Drama Series. —K.D.W.

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he decided to attend the American Conservatory Theater's Young Conservatory program in San Francisco (other famous alum include actors Nicolas Cage and Winona Ryder). "I lived with one of my sisters and felt like I was really breaking away," Ventimiglia says.

He has two older sisters, Leslie and Laurel, who served as both "my role models and my disciplinarians," he says. "I wanted to protect them and support them ... and I wouldn't want to cross them!"

He also looked up to his parents—still does. And he always had a camera in his hand—still does. Back then, he'd capture his family's adventures as they roamed on vacation through destinations such

as Hawai'i and San Diego's Wild Animal Park.

"I always wanted to document life," he says. "Of course, it was on film then, so you'd have to wait until you got home and it was processed to see what you'd captured, and then go, 'Wow!'"

He's still enamored of the art of photography. "A lot of people ask me, 'What are you going to do with all your photos? A show? A book?' I just take photos because I enjoy it. I take them for smiles. I print them out and give them to people. It means something to someone to have a moment in their hands; maybe they'll pass that moment down."

While he's a digitally savvy guy, he notices that with the rise of social



When not in front of the camera, Ventimiglia enjoys "documenting life" from behind the lens. Motorcycles, he claims, are just transportation, but he clearly rocks the black-leather attitude.

MILO ON TRAVEL

VENTIMIGLIA SAYS he spends a great deal of time on planes. He has family in Oregon and often travels on Alaska Airlines. He's also journeyed to Italy, Germany, France and Belgium, and through much of Southeast Asia, including Hong Kong, Korea and Japan.

"I like seeing the world," he says, noting: "Two of my favorite cities are Tokyo and Paris. They are so different, but I love both equally."

He says he's dismayed by the list of places travelers cannot go. "You know, seeing Iraq

and Afghanistan [on USO tours], I was lucky. Most people can't see those places because of the current situations and politics."

At least one aspect of traveling is easy for him: packing. He's an efficient suitcase prepper who learned from a master—his dad. "My father traveled a lot for business when I was growing up, and I'd sit and watch him."

Does he have any tips for us? Roller or folder? "I'm a folder," he laughs. "And I plan

everything I'm going to bring beforehand. If it's going to be more than five or six days, you know you're going to be doing laundry, so why bring double? Just bring enough for five days."

His suitcases always have a little breathing room, too, because as a child, he noticed his dad would always leave space in the suitcase, since he would often bring home presents for Milo and his sisters. Leaving a little room, it seems, allows for discovery and generosity. —K.D.W.



CHRIS HASTON/NBC/NBCU PHOTO BANK VIA GETTY IMAGES

This Is Us jumps around from era to era with the storyline. What's your personal-favorite era?

"I love the 1950s and '60s. I love the cars and the music. That was a very changing time, not only in America but also in the world, and that was reflected in the arts, politics, music, architecture. I was always fascinated by that era."

—M.V.

media, everyone seems to be a photographer now, and he believes something is being lost. "The attention span to an impactful photo is so short." He wants people to stop, to really partake of an image, to inspect it on a wall rather than merely scroll past it in an instant. He feels the same way about print media, noting that holding a book or magazine just feels different.

In addition to cameras, Ventimiglia has a passion for larger machines. He bought a 1967 Chevrolet Super Sport to work on when he was 22. Since then, he's also become hooked on motorcycles, both as a matter of style and for their LA-traffic practicality. "I'm a function-over-fashion kind of guy," he says, "so I respect it when some-

thing helps you get around."

He cut his riding teeth on a Kawasaki KZ1000. "A cop bike," Ventimiglia explains, speaking of the iconic, lightweight motorcycle with a powerful engine. It's the same model ridden by Officers Frank "Ponch" Poncherello and Jon Baker on *CHiPS*, for those of you who enjoy early-'80s television. While there's a certain appeal to vintage bikes, he says, the reliability of modern bikes wins out. These days he tools around town on Harley-Davidsons.

Still on his list of adventures is learning to fly, fulfilling, in part, his earlier dream to become a naval aviator. In fact, one of the highlights of his life was when he was working on *Heroes*, and he had the opportu-

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nity to visit Luke Air Force Base in Arizona, and take a ride-along flight in an F-16 fighter jet.

NEVER ONE TO SIT STILL FOR LONG, Ventimiglia has a vibrant tandem career as a producer. He formed the TV and film production company Divide Pictures in 2003 with friend Russ Cundiff. He did it, he says, “to give people work. I have a lot of friends—they are so talented but not working as much as they should be. I wanted to create opportunities for them.”

Divide has been behind indie films and programming that appears on streaming services such as Verizon’s Go90 and Sony’s Crackle. The Go90 show *Relationship Status*, for example, takes on the complexities of 20-

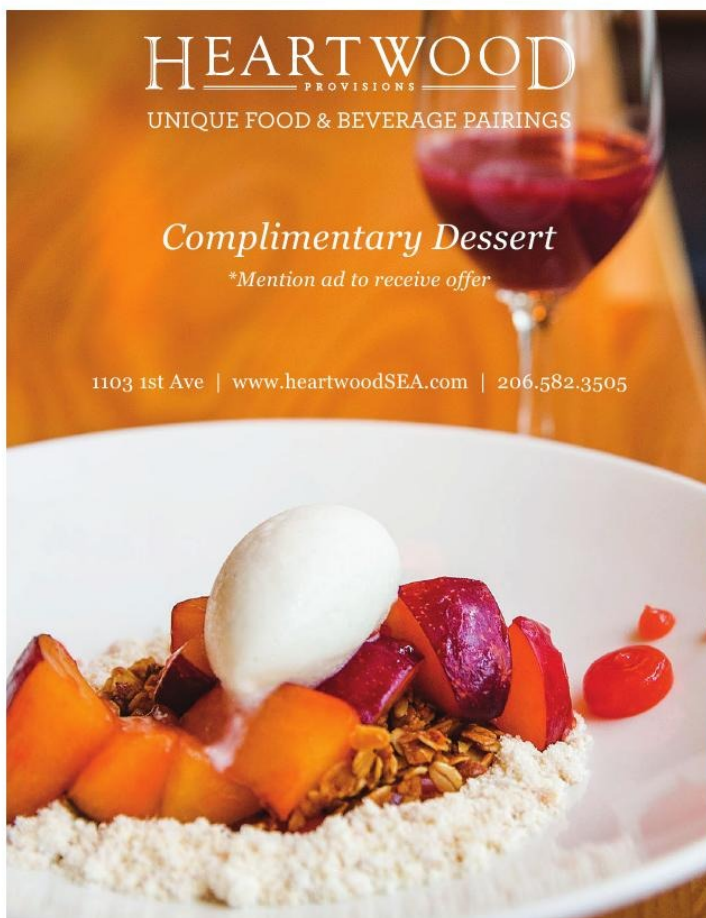
THERE HAS TO BE A BIT OF NOSTALGIA, TRUE, BUT I KNOW THE BUSINESS HAS TO EVOLVE, AND I WANT TO BE CONTRIBUTING.

and 30-somethings dating in the world of social media. Crackle’s *Chosen* is a thriller series, launched in 2013, about a man forced to become an unwilling assassin.

“We started the company right when digital content was making its way into the world,” Ventimiglia says. “We saw digital as an opportunity. No one was in that space.”

He’s been around entertainment

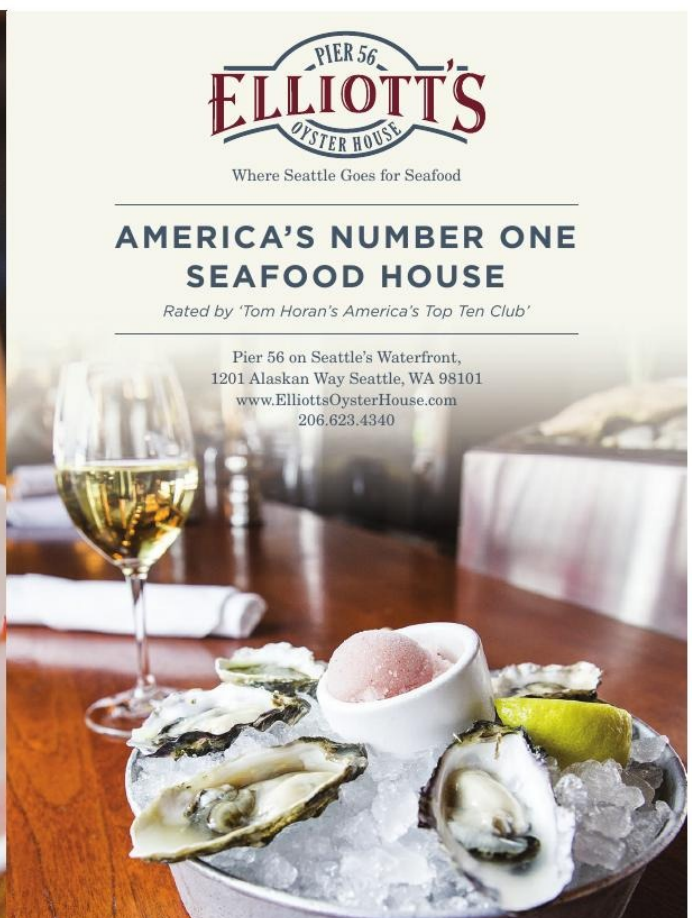
long enough to understand the significance of the monumental shift the business is going through. “I’ve seen the rise of digital, and at the same time, I have an appreciation for where I’ve been. When I was coming up, you couldn’t just grab a camera and film something and put it online and be an overnight success. There are people who hang on to one way of doing things and don’t adapt to



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MILO

change and are a bit stubborn. There has to be a bit of nostalgia, true, but I know the business has to evolve, and I want to be contributing.”

Divide is in preproduction for two more seasons of *Relationship Status*, and typically has a number of projects in the hopper. “People bring us stuff, and then it’s me and Russ kicking the tires with ideas we have and sitting down with some trusted writers and fleshing them out; that’s the development side.” As Divide has grown, he says, it has taken measured steps, all of which have been “a preparation for where I see the company and myself moving forward.”

This spring, Ventimiglia appeared at the Tribeca Film Festival in support of the premiere of *Devil’s Gate*, which features him in a dark thriller with a bit of a mystical undertone. He’s again a father, but it’s miles away from his role as Jack Pearson. It’s the kind of film, Ventimiglia says, where, “you don’t want to talk about it too much; you just want people to see it, because you don’t want to give everything away.”

Of course, in the department of tight-lipped, few shows have plotlines as closely guarded as *This Is Us*, so here’s the little we do know for Season 2. It’s staying on Tuesdays, and there will be a Christmas special. It will still make you cry.

And whatever happens to the character of Jack Pearson, don’t worry about Milo Ventimiglia.

“Hollywood was there before me, and it will last beyond me,” he says.

That may be true, but his days of soaring as a superstar are only getting started. ✕

Kathryn Drury Wagner is a writer and editor in Los Angeles.

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FAMILY FUN IN DETROIT

Enjoy new attractions in Michigan's largest city

By Amy Eckert

» “Tell me again, Grandma,” 4-year-old Madelyn says to me as we walk hand in hand into Detroit’s Outdoor Adventure Center (OAC). “Are we playing outdoors inside, or are we playing inside outdoors?”

It’s tough to say. Features such as a waterfall, a campsite and a climbing tree make visiting the OAC feel like an excursion into the great outdoors. But the center, which completed its first full year of operation in 2016, is a giant indoor playground, and the 35-foot-tall bur oak climbing tree is a lifelike replica. Developed by Michigan’s Department of Natural Resources, the 41,000-square-foot center has given new life to a long-abandoned site that was used for endeavors ranging from building ship boilers and other ship parts in the 1890s to warehousing rail deliveries for subsequent distribution in the 1950s.

Madelyn runs past a tank full of native Michigan whitefish, perch and walleye, and calls to me to catch up.

“Look at this funny boat! Can I ride in it?” She has discovered the kayak simulator. I provide a quick lesson, showing her how to grip the handle, how to dip the paddle in a left-right-left rhythm.

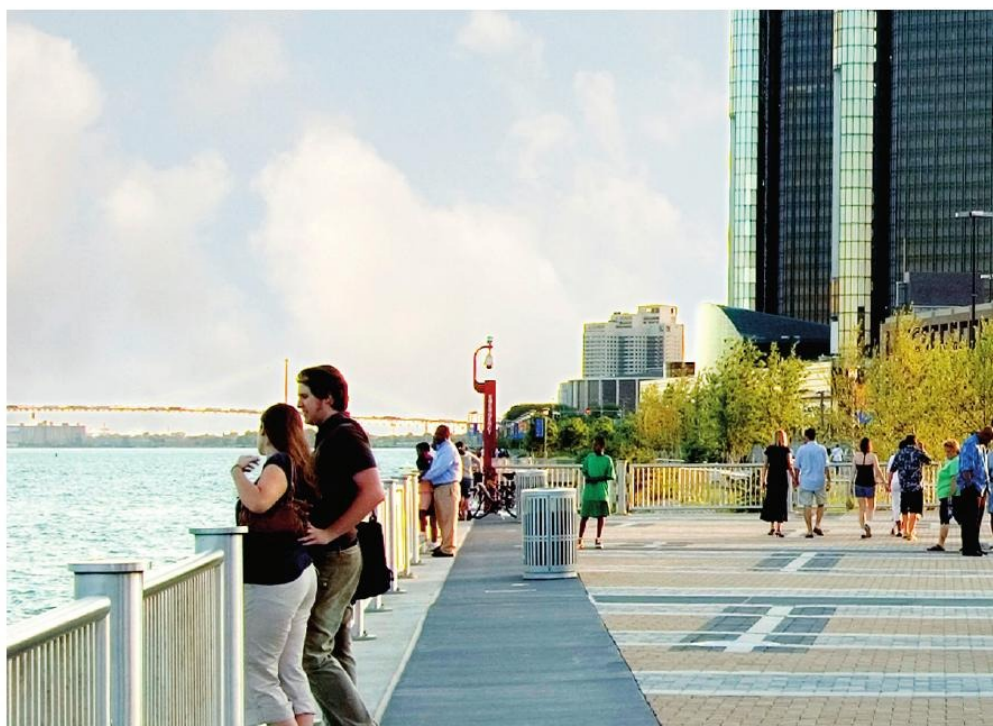
Video on a big screen in front of her reinforces the feeling of paddling the Detroit River. Since the state has 11,000 inland lakes and more than 3,200 miles of shoreline, it’s only natural that the OAC shine a spotlight on watersports.

When the simulator announces that her time is up, something else catches her eye: a rope bridge suspended two stories

overhead and leading to the top of the bur oak, which is known as Big Tree. “Grandma, look at *this!*”

Tales of Detroit’s renaissance from urban decay that affected upkeep and maintenance of various buildings and swaths of land, and from financial issues such as declining auto manufacturing, often focus on hipster cafes and craft distilleries, designer denim shops, and boutique hotels boasting salvaged architectural pieces, and it’s true that there is plenty in today’s Detroit to satisfy the millennial traveler. But many of the city’s new attractions also offer a great family getaway.

For instance, during our weekend together, Madelyn and I will also enjoy the Detroit RiverWalk, a beautiful downtown pathway that has enhanced the area along the Detroit River; the Michigan Science Center, part of Detroit’s Cultural District, now accessible on the new QLine streetcar system; and a Detroit Tigers baseball game in The District Detroit, a new sports-and-entertainment development that is enlivening 50 downtown blocks.



NEAR & FAR»



KEN COBB



» Top: The Cullen Family Carousel at Rivard Plaza near Milliken State Park along the Detroit River. Above and left: The “Waterfall” area and the “Pine Forest and Trails” area at the Outdoor Adventure Center.

Revitalized Riverfront

From the OAC, it’s just a half-block to the RiverWalk along the Detroit River. The 3.5-mile paved multiuse path, between Joe Louis Arena and Gabriel Richard Park, injects a breath of fresh air into the downtown riverfront. Just a few years ago, weed-infested parking lots characterized the land along the river. But since the nonprofit Detroit RiverFront Conservancy assumed stewardship of this part of the riverfront in 2003, the organization has been using public and private funding to gradually rejuvenate the riverside, with 2 more miles of RiverWalk slated to be added in the next few years.

The 31-acre William G. Milliken State Park and Harbor is one of the star attractions along the route. Madelyn and I join bicyclists and walkers, local workers and happy visitors taking a break along the RiverWalk in the park. Just west of the park, we take a spin on the Cullen Family Carousel, with its sturgeon and egret figures, and other local native species.

Within view to the northeast is Belle

IT'S JUST LUNCH
CLIENTS ▶

LAWRENCE CHIARELLI
Regional Sales Director:
Tech start up

EDUC: BS, Bloomsburg Univ

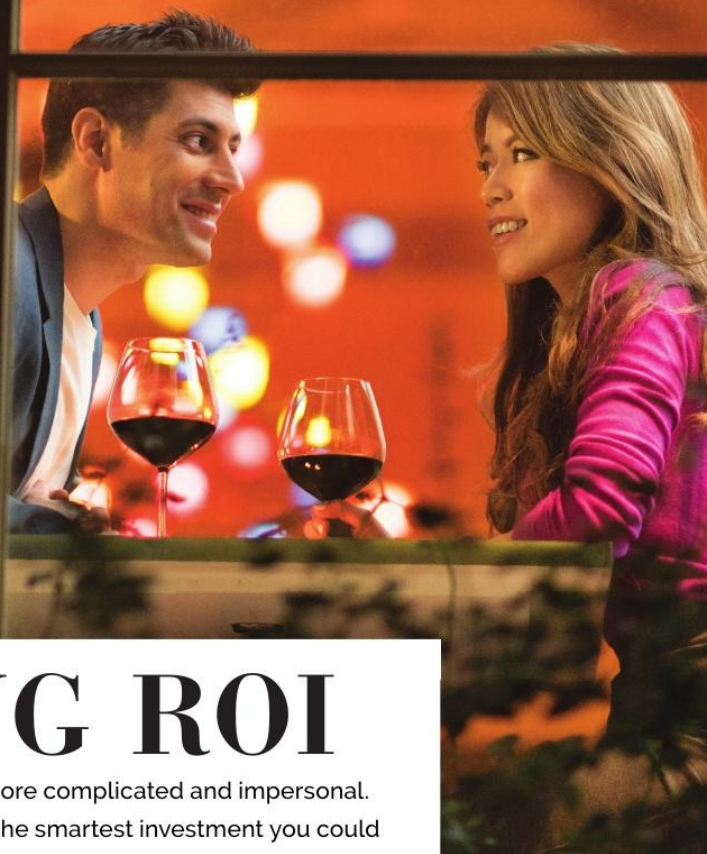
INTERESTS: Golf, running,
travel

PING MA

Owner of RollingPing:
Custom Cakes

EDUC: MS, Columbia Univ

INTERESTS: Travel, wine,
jogging with dog



DATING ROI

Technology has made dating more complicated and impersonal. Hiring a matchmaker might be the smartest investment you could make in your personal life. ▶

➔ At first, Larry Chiarelli, director at a tech start up, thought he was doing all he needed. Sign up on multiple dating websites. Meet lots of women. Eventually, the right one would come along – except she never did. So he decided to bring in the professionals and hired It's Just Lunch. IJL's matchmakers got to know him and his preferences. They selected his dates, arranged schedules, and even made the restaurant reservations. Dating became stress-free and fun. Larry was a practical guy and didn't believe in love-at-first-sight, but that was until IJL introduced him to Ping.

What was your dating life like before joining It's Just Lunch?

Lawrence: Chaotic! I was meeting a lot of women but not the right women for me. Online dating was time consuming and stressful. I needed someone to relieve me of the dating busy work so I could feel some breathing room. I needed to slow things down to speed them up. It's Just Lunch fit that criteria perfectly for me.

Why did you decide to join It's Just Lunch?

Ping: I fly frequently for work and for

fun, and when I saw It's Just Lunch in the airline magazine, it was as if the matchmaker was talking to me! One day after a particularly long flight and wanting to snuggle with someone and watch a movie, I decided it couldn't hurt to give it a try.

What did you enjoy most about the It's Just Lunch process?

L: Having someone doing all the work to select and schedule a date. It was like I had my own personal dating concierge to take care of all the details. All I had to do was be on time for my date and be myself. It really was a stress-free experience.

What was it like working with the It's Just Lunch matchmakers?

L: Easy and convenient. At the time the company I was working for was going through a merger so I was away from home quite a bit in all day meetings. I'd finish my day and there would be a voicemail from my matchmaker telling me about my next match. I'd call back, get the details and run through my availability. The next thing I knew I was in front of an interesting woman having a great conversation.

Do you have any advice for singles who want to meet that special someone?

L: I tell my clients an analogy all the time: *Would you rather drive across the country in a Toyota Corolla or a BMW 5 series?* They always say the 5 series. You get what you pay for and to me the juice was definitely worth the squeeze with IJL. Investing in yourself and your future with someone special means investing in the right matchmaking service. For me that was It's Just Lunch.

P: Invest in your own happiness, it is always worth it.

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Scenic Milliken State Park and Harbor attracts locals and visitors.



Isle Park, a beloved oasis since Frederick Law Olmsted began developing a plan to improve the island in 1882. Even this longtime Detroit favorite has been rejuvenated—a result of its conversion into Michigan’s 102nd state park in 2014. The state added a new kayak launch (with boat rentals and tours), tidied up aging multi-use paths, and provided fresh plantings that brightened the island’s sweeping lawns and flower beds. A restoration project also rejuvenated the 1904 Belle Isle Aquarium, which was designed by famed architect Albert Kahn, but was closed for nearly a decade before reopening in 2012. It boasts one of the world’s largest collections of air-breathing fish, including prehistoric-looking North American gar.

Streetcar to Science and Culture

Just half a mile or so from Milliken State Park, locals and visitors can catch a new QLine streetcar on a key Detroit artery, Woodward Avenue. The new streetcar system, funded by a public-private partnership, opened in May. Following a 6.6-mile loop, with 12 Woodward Avenue

MORE FOR THE FAMILY



■ **Detroit Zoo (detroitzoo.org):** The zoo unveiled the Polk Penguin Conservation Center (above) in 2016, with 80 penguins, a 25-foot penguin-diving tank and underwater pedestrian tunnels. Other zoo highlights include a large polar bear habitat, a new wolf habitat and a year-round butterfly garden.

■ **Legoland Discovery Center, Michigan (legolanddiscoverycenter.com/michigan):** This attraction opened in 2016 with 10 Lego build-and-play stations where kids can construct their own Lego creations. There is also a cinema, plus two Lego-oriented theme rides.

■ **Sea Life Michigan Aquarium (visitsealife.com/michigan):** The

aquarium opened in 2015. Around 5,000 animals fill the display tanks, and kids especially like the touch tank. Save money on admission with a combo Legoland/Sea Life ticket.

■ **Murals in the Market (easternmarket.com):** Eastern Market has been around since 1891, but the recent addition of bold, larger-than-life murals has made the art as exciting as the tables filled with fresh flowers, locally grown produce and locally produced honey. Enjoy more than 100 murals on market walls and along surrounding streets.

■ **Dequindre Cut (detroitriverfront.org):** Train tracks were replaced with a paved multiuse path in 2009 on this once-abandoned rail line. Thanks to a half-mile extension in 2016 for a total of 2 miles, the Dequindre Cut trail is now a popular recreation/commuter route, connecting with the Detroit RiverWalk at the Outdoor Adventure Center.

For more information on family-friendly activities in the Detroit area, go to visitdetroit.com/itinerary/family-fun-activities. —A.E.



» The Fly Ball Ferris Wheel at Comerica Park, which is now part of The District Detroit development.

stops, the QLine makes it easy to visit two theaters; six museums; the Detroit Symphony Orchestra; the Detroit Opera House; the vibrant restaurants and shops of Midtown; and Campus Martius Park,

with its summertime concerts and wintertime ice rink.

The QLine's Warren Avenue Station provides access to the Michigan Science Center, which is where Madelyn and I are headed. The center's three-story building showcases more than 250 hands-on exhibits, and attractions such as an IMAX dome and a planetarium. Madelyn's eyes grow large at

the sights and sounds of science: flashing lights, dinging bells and animatronic voices, with a towering rocket ship as a backdrop. She squeals as she places her hand on a plasma tube, attracting its glowing arcs toward her palm. "I have electricity on my hand!"

But it is the water exhibit, for kids 5 and under, that truly mesmerizes Madelyn. Dressed in one of the science center's

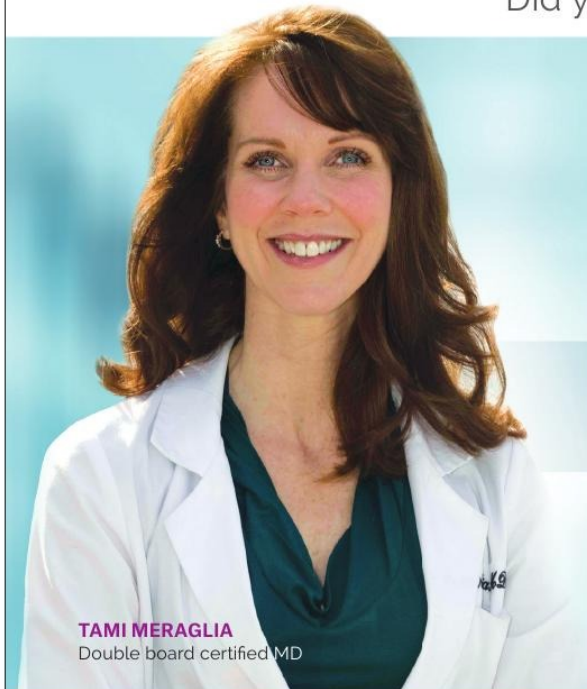
waterproof aprons, she experiments with Ping-Pong balls, dropping them into a gushing stream that carries everything in its path toward a narrow whirlpool before dumping the balls onto the floor.

Other world-class museums near the QLine include the Charles H. Wright Museum of African American History, the Detroit Historical Museum and the Detroit Institute of Arts.

The Museum of African American History has notable exhibitions such as one that takes visitors from prehistoric Africa to present-day Detroit. The Detroit Historical Museum explores the city's founding by the French in 1701; its automotive heyday; and Detroit's rich musical history—from Motown to Bob Seger, from Anita Baker to Eminem. And the Detroit Institute of Arts counts Diego Rivera's *Detroit Industry* and

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Bruegel's *The Wedding Dance* among its masterpieces.

Tigers and Lions and More

Next we make our way on the elevated Detroit People Mover to a stop within a couple blocks of the Detroit Tigers' Comerica Park, pausing for a photo with the fierce-looking 15-foot-tall tiger statue (one of nine tiger statues in the park), and head toward Big Cat Court, where the Comerica Carousel sits at the center of a collection of popcorn, ice cream and hot dog stands. Hand-painted tigers substitute for horses on this merry-go-round. "I want the white tiger!" yells Madelyn, and she heads off to snag the cat before anyone else can.

The Fly Ball Ferris Wheel is our next stop, a 50-foot wheel with cars that resemble big white baseballs. Madelyn and I delightedly climb in.

New Sleeps, New Eats

Many new hotels have opened in Detroit over the past several years, or been re-modeled, and keeping track of new restaurant openings has become a local sport. These are a few of the many options:

SLEEP

■ **Aloft (aloftdetroit.com)**: Located in the revitalized 1915 David Whitney Building, the sleek Aloft is near Comerica Park.

■ **Detroit Foundation Hotel (detroitfoundationhotel.com)**: The doors of the original firehouse remain, but everything else is revamped at this boutique hotel near the riverfront.

■ **The Westin Book Cadillac Detroit (bookcadillacwestin.com)**: Contemporary design melds with Italian Renaissance features in this restored 1924 hotel between the river and central downtown.

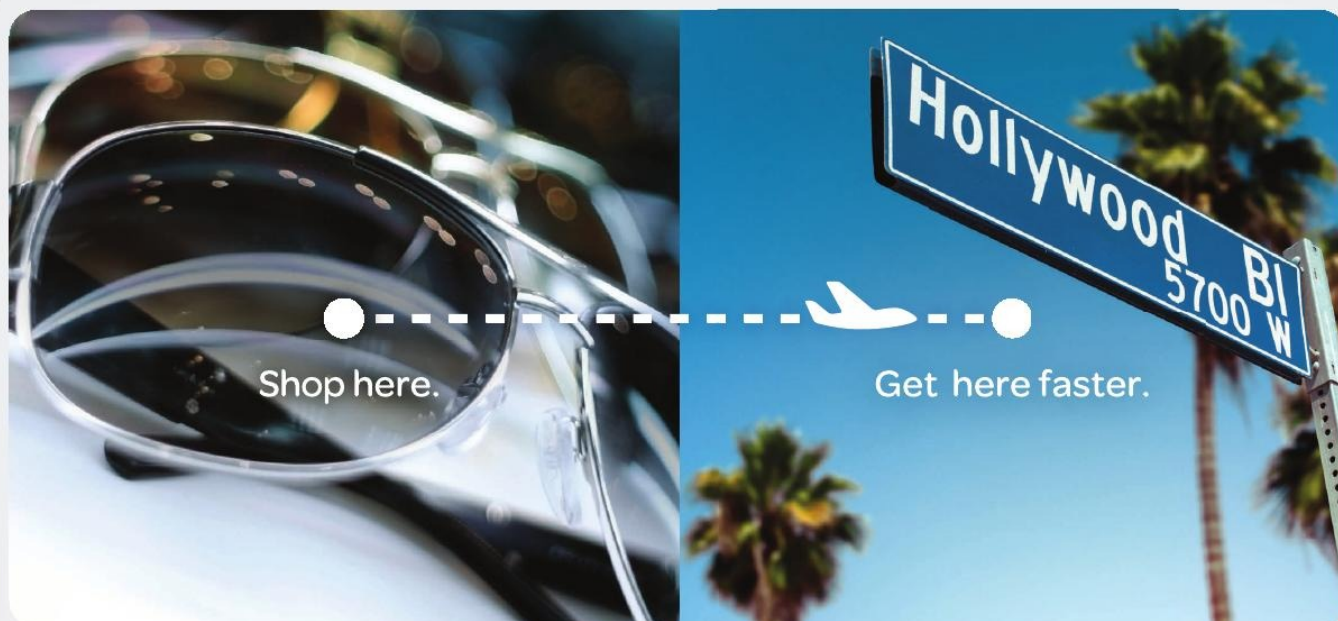
EAT

■ **Detroit Water Ice (detroitwaterice.com)**: Founded by best-selling Detroit author Mitch Albom, this ice-dessert spot serves up flavors such as Corvette Cherry, and Motown Mint & the Chips.

■ **The Peterboro (thepeterboro.com)**: Contemporary Chinese-American food and a notable cocktail menu make this a favorite in the Midtown neighborhood.

■ **Selden Standard (seldenstandard.com)**: Locally grown produce and an impressive selection of meats roasted to perfection in the heart of Midtown.

■ **Slows Bar BQ (slowsbarbq.com)**: The slow-smoked goodness of the food has been so popular, Slows' many expansions have included enlarging its original Corktown-neighborhood location in 2013 and adding a food truck in 2015. —A.E.



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» NEAR & FAR DETROIT

Afterward, when we've settled into our stadium seats, hot dogs in hand, she asks me, "What color are you cheering for?"

"We live in Michigan," I explain. "So we root for the Tigers."

Comerica Park, and Ford Field next door, where the Detroit Lions play, are part of The District Detroit mixed-use revitalization development, a public-private venture totaling \$800 million, with office, residential, retail and entertainment spaces in the heart of the city. Fifty blocks that have included underutilized buildings and properties are being transformed into a vibrant walkable area that "unites eight world-class theaters, five neighborhoods and three professional sports venues."

The centerpiece of the district will be the new 20,000-seat Little Caesars Arena, featuring state-of-the-art technology, which is scheduled to open in September. On a future visit to downtown Detroit, Madelyn and I will be able to watch the Red Wings or the Pistons play at the arena, since both teams will call the venue home. The arena will also host other sporting events, including first- and second-round games of the 2018 NCAA Men's Basketball Championship this March, as well as concerts, family shows and special events.

As Madelyn and I look forward to a night of very sound sleep at the end of our very full weekend in the city, she slips her warm hand in mine and says, "Grandma, I love Detroit!"

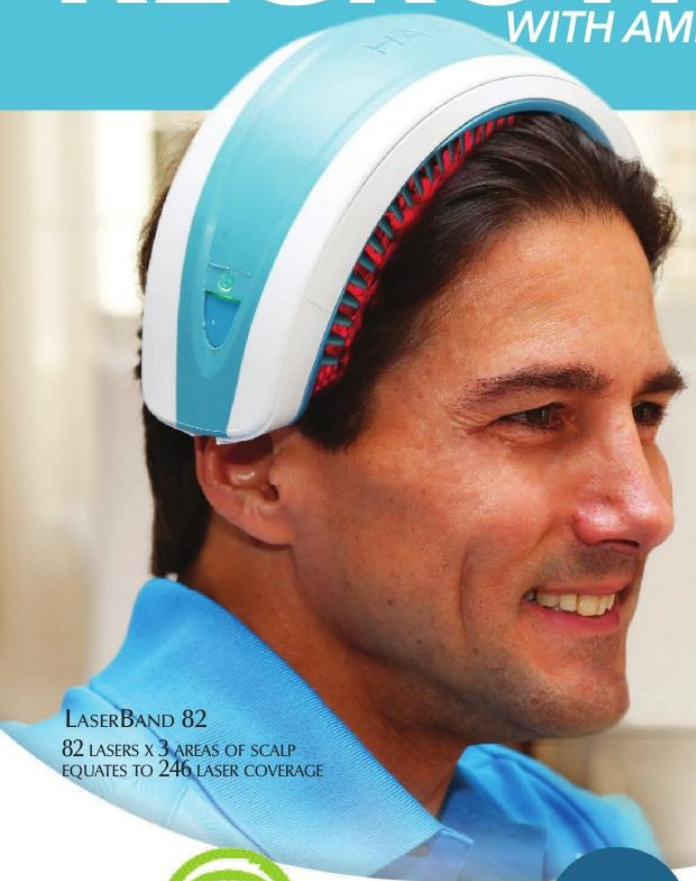
"I know you do, Sweet Pea," I tell her. "I had a lot of fun, too." ✕

Writer Amy Eckert lives in the Detroit area. For more information on Detroit, go to visitdetroit.com.

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LOVING LONDON

Big-city sights, community flavor

By David Armstrong

» **Walking under a green canopy** of weeping willows on a warm summer's afternoon, we are cooled by a ruffling breeze. Ducks bob their heads and paddle away from slow-moving canal boats, captains at the stern, steering their craft to midwater. Along the paved pedestrian walkway flanking Regent's Canal are happy children and parents, hand-holding couples lost in each other's eyes, and dreamy solo walkers taking advantage of the fine weather.

I am in Little Venice, a charming, primarily residential neighborhood near the London Paddington rail and Underground (or Tube) station, in central London. The bustling British capital city of 8.6

million hums all around us, but I barely notice. Little Venice has the intimate feel of a small village.

Coming here helps me get my arms around London by seeing it on a small scale. Indeed, Little Venice is one of my favorite destinations in London. The city has the icons everyone loves: Big Ben, the Gothic architecture of the Houses of Parliament, the Tower of London, the London Eye, Buckingham Palace, the view from The Shard and many more—and also offers richly rewarding hidden gems, including Little Venice and the neighborhoods of Shepherd Market and Seven Dials. This trio of treasures are great places to walk, centrally located and easy to reach.

LEFT TO RIGHT, MARIOGUTI/ISTOCKPHOTO; SIME/ESTOCK PHOTO



Little Venice

My London-born wife, Georgina, and I stroll down the former towpath of the 8-mile Regent's Canal. Dozens of long, narrow wooden canal boats, covered for privacy and protection from the elements, are moored in the water. The boats—painted bright blue, green, yellow, red—provide bracing bursts of color that enliven the greenery of trees and shrubs, and the white of the nearby buildings. Many of these are 19th century white-stucco homes, built in the dignified, classical Regency style.

We are in no hurry. We just walk and look, and enjoy our surroundings. Over here is a boat at the

water's edge called the Puppet Theatre Barge that hosts regularly scheduled puppet shows and is a local favorite. Over there is the aptly named Waterside Cafe, which incorporates a canal information center with useful brochures.

At the Waterside Cafe, we order afternoon snacks. We sip tea and nibble pastries by the walkway at a small, shaded table.

Resuming our walk, we pass more canal-boat businesses. Some sell snacks, and a few also sell fresh flowers and keepsakes. Next to the canal, the 60-seat Canal Cafe Theatre hosts stand-up comedy, as well as the NewsRevue, whose satire of the week's news holds the Guinness World

» *Ornate architecture and rich English history draw visitors to the Houses of Parliament, including Big Ben, opposite. The Little Venice neighborhood is named for its tree-lined canals, above.*



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Placed here and there amid such businesses we find pretty, flower-bedecked houseboats. Curtains are drawn discreetly on some. On others, owners sit on deck, enjoying the sun.

We finish our walk at Browning's Pool, formed by the joining of the Regent's and Grand Union canals. The pool and a tiny island just offshore are named for the 19th century English poet Robert Browning, who lived in the neighborhood from 1862 to 1887, after the passing of his wife, Elizabeth Barrett Browning. More recently, English entrepreneur Richard Branson and Icelandic singer Björk have lived here.

From Browning's Pool, visitors can catch a London Waterbus, which makes the scenic 2.5-mile run crosstown on Regent's Canal to the bustling shopping-and-entertainment area of Camden Lock in less than an hour. The waterbus also carries passengers to the London Zoo, where visitors can see pygmy hippos, a gorilla habitat and a "Butterfly Paradise" designed to look like a caterpillar. That adventure is for another day.

Shepherd Market

We head to Shepherd Market—not a formal

» **The British Museum features an impressive 2-acre Great Court, above. Shepherd Market is one of London's hidden gems, below.**

market, but a low-rise piazza, bordered by a sprinkling of posh, discreet residences and pubs, cafes and retail shops. The square was developed by Edward Shepherd in the mid-1700s. Eventually, fast-growing London enveloped its fields and lanes. Shepherd



London Attractions

- **Big Ben:** The clock in the iconic 1859 tower chimes from the Houses of Parliament.
- **Borough Market:** Has existed for more than 1,000 years in various forms, and is a great place to enjoy produce and bites.
- **Buckingham Palace:** Since 1837, the residence and administrative quarters of the reigning UK monarch.
- **The British Museum:** Along with the British Museum's vast collection of art and artifacts, its Great Court (shown at left) houses a Reading Room in its center.
- **Kew Gardens:** The 299-acre UNESCO World Heritage Site boasts one of the most diverse botanical and mycological collections in the world, about 8 miles west of central London.
- **London Eye:** Cantilevered observation wheel on the River Thames waterfront.
- **Shakespeare's Globe:** Visitors can enjoy productions of the Bard's plays, such as *Twelfth Night*, through Aug. 5.
- **Tower of London:** The historic castle also incorporates a museum showcasing the Crown Jewels.



BOOKSTORES

These venerable bookstores not only survive but thrive in the digital age:

■ **Foyles:** Charing Cross Road just west of Seven Dials. Dating to 1906; multiple floors of specialty and rare books, best-sellers and jazz recordings (Leicester Square Tube; foyles.co.uk).

■ **Hatchards:** London's oldest bookstore, dating from 1797. Strong history and children's sections (Piccadilly Circus Tube; waterstones.com). —D.A.

Market is sandwiched between the office buildings of Curzon Street, just north, and busy Piccadilly, immediately south. Follow Piccadilly street northeast and you'll quickly find the nearby Royal Academy of Arts, which was established in the 18th century and showcases an internationally renowned roster of artists in media ranging from oil paintings to large-scale sculptures and film.

Shepherd Market, on the other hand, often goes unnoticed by visitors who don't realize it is even there, tucked away in the exclusive Mayfair district. In Victorian times, Shepherd Market was a red-light district. The area has long become law-abiding and upmarket. Fictional residents include Bertie Wooster and his butler Jeeves. Real ones include Samuel Johnson's 18th century biographer, James Boswell, and, in the 1970s, pop singer Cass Elliot of The Mamas & the Papas and rock drummer Keith Moon of The Who.

Georgina and I head over to Ye Grapes, an 1882 Victorian pub popular with locals. Inside the ornately decorated pub, bunches of grapes are carved into the dark wood paneling beneath high ceilings. Now, in late afternoon, the place is packed with well-dressed businesspeople, some of them bond traders from Curzon Street enterprises. It's a convivial crowd that spills out into the square, creating a jolly and social atmosphere. I sip a slightly chilled ale and start thinking about dinner.

We choose The Little Square, a family-run Shepherd Market favorite. Cozy and simply designed, it's a place for good, updated comfort food. Georgina orders pan-fried salmon with teriyaki sauce, while I have a wild-mushroom risotto. We enjoy crisp, fruity Prosecco by the glass and settle in. The hubbub of the metropolis feels far, though the heart of London is a 5-minute walk away.

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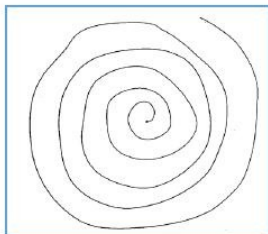
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PUBS

These two time-honored London pubs are as popular now as they've ever been.

■ **The Grenadier:** Built in 1720 as an army officers' mess, converted into a pub in 1818. British comfort food, fine ales, bitters and well drinks (Hyde Park Corner Tube; www.taylor-walker.co.uk).

■ **The Lamb:** Small Victorian pub with traditional British fare, and good ales and beers, including resident brand Young's. Plank wood floors and vintage etched-glass fixtures (Russell Square Tube; thelamlondon.com).

—D.A.



Chocolat and savor a tiny cup of chile-infused hot cocoa.

Outside Neal's Yard Dairy, we look up admiringly at well-tended greenery climbing the exterior walls of brightly painted shops, with their hanging baskets of flowers. A blue plaque mounted outside one of the buildings informs us that an upper-story flat within is the former residence of several members of the famed Monty Python comedy troupe.

London, I muse to myself, is a city that has everything. It has vibrant pop culture and elegant high culture; nearly 2,000 years of history, and impressive modernity. In a world with many great destinations, there's no place I'd rather be. ✈

David Armstrong is a journalist and author in Carmel-by-the-Sea, California. For more information on London, see visitlondon.com.

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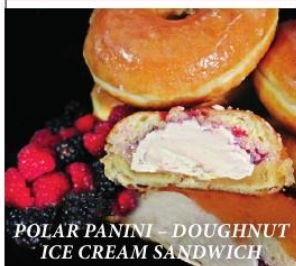
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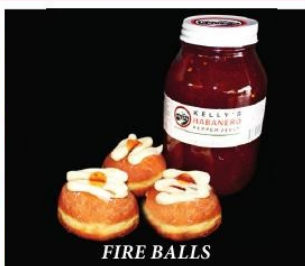
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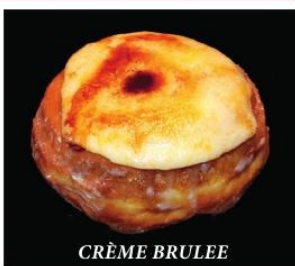
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► The renderings on the opposite page and at left are of the 181 Fremont building, in San Francisco, which will offer panoramic views from condos on its upper floors.

“‘Carefree’ is how I’d describe our condo experience. ... I can’t imagine a better way to live.”

Condominium Living Is on the Rise

As big cities and real estate markets throughout the West flourish, demand for condos is accelerating

By Matt Villano

Life is pretty good for Mary, a Portland, Oregon-based communications consultant. After spending nearly two decades in a 1,500-square-foot house in the suburbs, she and her partner downsized to a 727-square-foot condo in the city’s Pearl District in 2013. At first, the transition was challenging—including the process of getting rid of stuff that used to fill a home. Now, however, the couple is reaping the benefits. They are able to walk most places and barely use their car. They also have peace of mind



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Buyers like condo living for location, amenities and the convenience it provides.

HOT CONDO MARKETS

No discussion of condos in the West can begin without first painting a picture of the current real estate market, which is looking strong, thanks to a growing

knowing the concierge will keep packages safe until they get home. Best of all: They never have to fret about yardwork, since they no longer have a yard.

“‘Carefree’ is how I’d describe our condo experience,” says Mary, 52. “It forces you to focus on what’s essential. The rest, you let go of because it’s not important. I can’t imagine a better way to live.”

She’s not alone. At a time when the overall real estate market in the West is among the hottest in the country, the condominium market in many cities is also reaching new heights. Projects are opening at a quick pace and construction appears to be everywhere. Condos, it seems, are on the rise.

Buyers are embracing condo living for a variety of reasons, from location and amenities to the convenience it provides. Peter Orser, chairman of the advisory board at the Runstad Center for Real Estate Studies at the University of Washington in Seattle, says that at a time when buyers are expressing serious interest in moving back into cities, condos are a viable alternative to apartment rentals and single-family homes.

“The public wants more urban product; they want to be in the center of things and don’t want to fight traffic anymore,” says Orser, who previously served as president and CEO of the Weyerhaeuser Real Estate Company. “If we build more, condos could provide that opportunity.”

population and increasing demand.

Home prices in the West are rising fast in many markets. Cities such as Honolulu, Las Vegas, Los Angeles, Portland, San Francisco and Seattle all report major price gains. In some regions, the prices of single-family homes have recovered from the 2008 recession and are reaching all-time highs.

► *Seattle’s Nexus, in the above left rendering, will be completed in 2019. Metropolis, in the rendering below, also opens in 2019, adding 1,300 condos to Los Angeles.*





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Earlier this year Veros Real Estate Solutions, a company that specializes in property valuations and analytics, published a U.S. housing market forecast that described the Northwest as one of the hottest real estate markets in the nation. Specifically, the report indicated that nine of the top 10 U.S. real estate markets are in the states of Washington, Oregon and Colorado.

While apartments and single-family homes are driving the real estate market, condo sales are playing an ever larger role. Perhaps the most exciting marketplace right now is Seattle, where—at least currently—condo demand far outstrips supply. In February 2016, the Emerald City had fewer than 100 downtown condos for sale, according to the Northwest Multiple Listing Service. By the end of 2020, the city will have about 900 more condos,

according to Dean Jones, the president and CEO of Realogics Sotheby's International Realty in Seattle.

Presales for some of these units have been accelerating, with more buyers competing for a limited number of units. Nexus Condominiums, a 41-story, 378-unit building in the newly coined East Village district of downtown Seattle is a prime example. A line of buyers wrapped around the block when the building launched a presale event on a rainy

“Condo owners are committed stakeholders willing to get involved in the success of their neighborhood.”

weekend in March. In early June, the more than \$300 million Nexus project was 80 percent sold, and it's not even scheduled for completion until the middle of 2019.

Jones, whose group is marketing the Nexus development, says Seattle's demand for urban real estate of every kind is being driven largely by tech titans such as Alphabet, Amazon, Apple and Facebook taking up large amounts of office space in urban areas, and workers not wanting to commute from the suburbs.

“People are eager to be near their jobs,” he explains. “The more urban development we experience by companies, the more we'll see people wanting to return to the city and simplify their lives.”

Similar scenarios are unfolding in other cities. For instance, in Los Angeles, where new skyscrapers are fueling an urban renaissance, condo sales are increasing fast. Trumark Urban's 25-story TEN50 condo tower in South Park, the first in a wave of new condo buildings coming to LA, recently announced that it had reached 101 unit closings in a 99-day period. Greenland USA will complete the four-tower Metropolis complex in

► *The Pacific Gate in San Diego, shown in the rendering at left, will have amenities such as a fleet of cars and a 45-foot boat for residents to use.*



BOSA DEVELOPMENT



► *The Park Lane Ala Moana project in Honolulu, near Waikiki Beach, is an oasis in the heart of the bustling city.*

2019, bringing 1,300 condos, along with 350 hotel rooms and 65,000 square feet of retail space, to LA's Financial District. Oceanwide Plaza will also open in 2019, with 504 contemporary residences, the 184-room Park-Hyatt hotel, and 166,000 square feet of retail space in three towers across the street from the LA Live entertainment complex and the

Staples Center sports arena.

According to Carol Schatz, president and CEO of the Los Angeles Downtown Center Business Improvement District, condo living in downtown LA is a sign the city's vision of building a thriving and healthy community is being taken to heart.

"For downtown LA as a neighborhood, condo owners are committed stakeholders willing to get involved in the success of their neighborhood, and helping to shape and guide the future growth of the community," Schatz says.

CREATURE COMFORTS

A number of factors play into the decision to purchase a condo, according to developers and real estate agents.

The main factor is simple: location, location, location. Most of the biggest and best condo projects are right in the hearts of urban centers, steps from public transportation, grocery stores, public parks and more. Bemi Jauhal, director of sales and



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marketing for Bosa Development, a Vancouver, B.C.-based company that is building a number of condo projects in U.S. cities, puts it well when he says prospective condo owners simply want to “be in the middle” of all the action.

In Honolulu, for instance, the 217-unit Park Lane Ala Moana sits adjacent to the ultrapopular Ala Moana shopping center, just a stone’s throw from Waikiki Beach. Bonnie Wedemeyer, director of sales for the project, says the property is a residential resort in the heart of the city.

“Honolulu is a bustling city with an urban feel in the middle of the Pacific Ocean,” Wedemeyer says. “With large private lanais, lush landscaping and resortlike grounds, Park Lane is like an oasis.”

Another factor that is driving condo sales is amenities. Many of the most sought-after condominium projects have creature comforts such as expansive fitness centers, heated pools, 24/7 concierge service, shared meeting facilities and valet parking. Some properties include VIP lounges,



THE OGDEN

on-site spas, and on-property restaurants that deliver to your condo, much like room service.

At Bosa’s Insignia building, in Seattle, the top floor has been converted into a “Sky Retreat” so residents can enjoy amazing views of Puget Sound.

The parallels between condo amenities and the amenities one might find at hotel resorts is no

► *The Ogden, located in the Las Vegas Entertainment District, is near many city activities.*

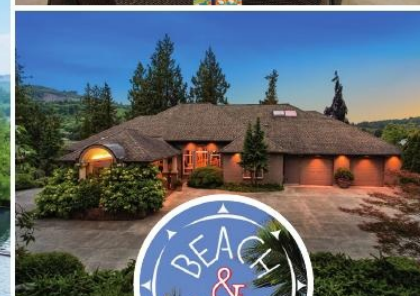
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coincidence. Many developers and sales agents speak of the “resortification” of condos as a differentiator in the marketplace. Some condominium developers are adopting this trend by building condos that offer amenities found in hotels. In downtown San Francisco, the 70-story 181 Fremont is a mixed-use skyscraper rising 700 feet above the city. It offers a library, two lounges, a fitness center and yoga area, room service, and concierge services.

Gregg Lynn, a real estate broker in San Francisco, notes that the more effortlessly a condo can mimic the experience of life at a resort, the more buyers with the budget will want the property. “People love the feeling of being on vacation—that feeling where everything they could possibly want is right at their fingertips and they don’t have to sweat the little stuff,” says Lynn, who works for Sotheby’s International Realty. “Well, imagine being able to capture that feeling all the time, when you’re living your life out at home.”

SEEKING CONVENIENCE

Most condo residents say they love the lifestyle for many reasons, including convenience.

Lindsay is a prime example. The 34-year-old San Francisco resident who owns a public relations firm also has a one-bedroom unit in the Royal Insurance Building, a circa-1907 property that was renovated in 2006 and converted to luxury condos. The building sits in the heart of the Financial District, and Lindsay can walk to almost all of her meetings, never has a hard time hailing a cab, and has access to a huge variety of restaurants, convenient stores and shops—all within a five-block radius.

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ILLUSTRATION BY BOGZA / COURTESY: HOYT

credibly steep hills, the building offers another perk: It's located in the relatively flat downtown area.

"There are no hills!" exclaims Lindsey. "I can wear whatever shoes I want without worrying about a long trek up a hill back home, and that was a first for me in the 11 years I've lived in San Francisco."

Other condo dwellers cite different bonuses. Mary, the consultant from Portland, says that by rarely using their car, she and her partner save on gas. It also arguably prolongs the life of the vehicle. She adds that she gets a box of fresh produce delivered from a local farm every week, and loves knowing that because her building, the 15-story Elizabeth Lofts, has concierge services, she doesn't have to be at home to receive the weekly delivery.

Even in Las Vegas, with its ample amenities to serve a flourishing tourist economy, convenience is emerging as king. The Ogden, a condo tower right in the heart of downtown Las Vegas' Entertainment District, celebrated the announcement of the NFL's Oakland Raiders moving to the city with a website headline that proclaimed the building was 10 minutes from the new stadium. The building is one block from Fremont Street East, one of the



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downtown area's main tourist corridors, and also a stone's throw from Cashman Field, the minor-league ballpark, and mere steps from public transportation. It's also a few blocks from Zappos, the neighborhood's largest employer.

"Why complicate your life when you don't have to?" says John Tipples, the CEO of North Cap, the property-management company, which is a partner in The Ogden and responsible for marketing the project. "If you know you're going to spend most of your time in a particular part of the city, and buying into a building can make that experience easier, it seems like [buying a condo is] an easy decision to make."

WHAT'S NEXT

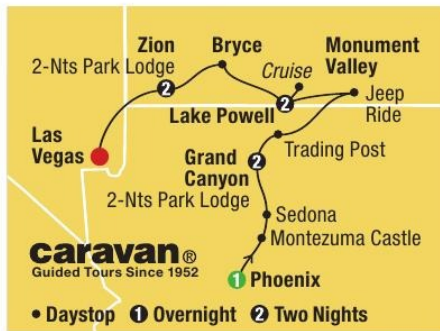
Experts say condos will continue to evolve—both in how they're designed and the amenities they offer.

On the design front, interest in eco-friendly architecture and building materials is expected to continue to grow in popularity.

According to Scott Lee, president of SB Architects, with offices in San Francisco, Miami and Shenzhen, China, an increasingly popular trend is integrating hotels and condominium projects. Hotel projects want the spaces to feel more personalized, while residential projects desire the amenities found at hotels.

"Branded residences provide crossover opportunities. Residents have access to resort amenities while the hotel itself serves as a sales center," says Lee, whose firm is working on several such properties in Cabo San Lucas, Mexico, and Puerto Rico. "It is a scenario where everyone wins: Buyers enjoy the benefit of knowing exactly what they are getting in terms of luxury and service,

continued on page 132



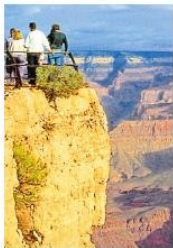
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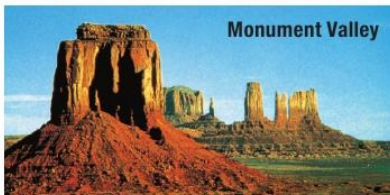
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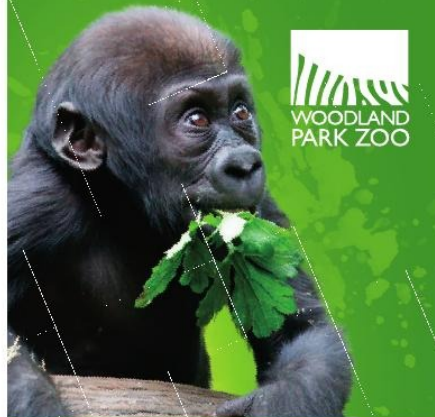
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ASHFORD, WA

Welcome to the historic Ashford mansion, a 1903 residence on the National Register for Historic Places. Built in the Colonial Revival-style and located just 6 miles from the only year round entrance to Mount Rainier National Park. The mansion boasts a five car garage and barn surrounded by 430' long brick wall. Enveloped by nature, live in a park-like setting, where wrap-around porches are set amongst a background of old-growth evergreens. Offered at \$1,480,000 | MLS# 1101720
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Prominently sited on its graciously landscaped lot, this stunning home has been lovingly and substantively renovated by its current owners. New systems, and highly-reverent Kitchen and Bath makeovers blend seamlessly with glorious Original Details such as extensive woodwork and leaded windows. MIL/Nanny's quarters in bright lower level, plus 2-Car garage off alley, & sweet level/enclosed back yard with sunny deck complete this stunning package.



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Major Puget Sound Developments

By Olivia Sullivan

Mixed-use projects in Renton and Bellevue are examples of the latest trends in combining hotels, apartments, office towers and retail space in new developments.

The South King County city of Renton is developing into a new getaway location, thanks to the \$1 billion Southport on Lake Washington development being built there.

Once completed, the 17.1-acre project will be a mixed-use village near Gene Coulon State Park and the Boeing Renton factory. It is anchored by the Hyatt Regency Lake Washington at Seattle's Southport, which is set to open July 10. The development also includes residential apartments, completed in 2008, and a three-building waterfront corporate campus, scheduled for completion in 2019.

The 347-room Hyatt Regency Lake Washington is a four-star hotel located within 8 miles of Seattle-Tacoma International Airport. It will offer waterfront dining, a VIP club lounge, a fitness center and treatment spa, as well as a total of more than 60,000 square feet of meeting space.



A rendering of the Southport on Lake Washington development in Renton, Washington.

COURTESY: SECO DEVELOPMENT

The Hyatt Regency also features shore-front views of Lake Washington, the Seattle skyline and the Olympic Mountains.

"No one has ever really considered Renton to be a thriving waterfront urban village, but that's exactly what it is becoming

with the arrival of Southport," says Kip Spencer, the director of leasing and marketing at Seco Development, the company building the project.

Seattle-based Seco specializes in high-end mixed-use projects that create hubs of urban living, working and entertainment. The company describes the Southport site as offering a great location and easy access to Seattle-Tacoma International Airport, Renton Municipal Airport, Interstate 5 and Interstate 405.

The final phase of the project is the waterfront corporate campus, which will include three nine-story buildings containing a total of about 730,000 square feet of Class "A" office space. There will also be more than 10,000 square feet of retail space at the campus. Two of the buildings are scheduled for completion in 2018, with the final building opening in 2019.

BELLEVUE'S LATEST EXPANSION

In the heart of downtown Bellevue, Kemper Development Company is continuing to grow its impressive holdings with the Lincoln Square Expansion, a 1.5 million-square-foot development that adds a hotel and residential tower, an office tower and retail space to the bustling business and retail area.

The \$1 billion expansion will be located just to the south of the company's Lincoln Square development and across the street

from Kemper's retail destination Bellevue Square.

The centerpiece of the expansion is the 41-story Two Lincoln Tower, which includes the W Bellevue hotel on its first 14 floors. The hotel opened last month.



The Lincoln Square Expansion in Bellevue, Washington.

ERICK BRYNER

Atop the hotel are another 27 floors with 231 luxury apartments, which are scheduled to be ready for occupancy this fall. The building is one of the tallest in Bellevue, standing about 450 feet, and the apartments will have commanding views from the Olympic Mountains to the west to the Cascade Range to the east.

Two Lincoln Tower boasts such amenities as the rooftop Sky Terrace community space, and the W Bellevue hotel will have a library, complete with board games and books. You can also enjoy a book or a cocktail next to one of the hotel's fireplaces. There is even an outdoor terrace with porch swings.

Also part of the expansion is the 400 Lincoln Square building. The 31-story office tower stands just to the south of the new residential tower and features 710,000 square feet of Class "A" office space. About 180,000 square feet of retail, restaurant and entertainment space will be located throughout the expansion site, including the first few floors of the residential tower and the office tower.

Already open are various restaurants, retail shops and the state's first SoulCycle Studio, a popular bike-workout facility. More businesses and restaurants are scheduled to open in the coming months.

Real Estate

from page 128 and developers and operators enjoy the ability to sell condos at a higher price point because of an association with an established brand.”

Amenities are also expected to become more specialized and sophisticated, including everything from apps allowing residents to order meals to services for the pets of homeowners.

Developer Hoyt Street Properties in Portland, Oregon, for instance, will add on-site dog-washing facilities to Vista North Pearl, a 21-story building set to open in October 2018.

Other amenities will include an expansive garden area on the building's fifth floor, with an outdoor fire table and seating overlooking Portland's Fields Park. There will also be an exercise room, and two guest suites for visitors.

At Pacific Gate, a 215-unit Bosa development in San Diego that is nearing completion, the amenities include access to a private fleet of cars and the use of the *Pacific Dream*, a 45-foot luxury boat.

San Diego has a limited supply of condos right now, but that may soon change. Brad Richter, vice president of planning for Civic San Diego, the city's downtown-development arm, says that some of the 5,000 apartments under construction are being built as “condo-quality,” with the idea that they could be converted to condominiums after 10 years.

“When you consider employment, entertainment and transportation, downtown is just the place to be,” Richter says. “That reality isn't going to change, and for those reasons, people will want to set down roots here however they can.” ✕

Matt Villano is a freelance writer and editor in Healdsburg, California.



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THE SAVVY INVESTOR

Tech is transforming travel and vacation homeowners are cashing in



The money's in the beach house.

Estimated to be worth \$100 billion and growing fast, the global vacation rental industry is transforming how we travel—and how we make money. In 2015, nearly one in three U.S. vacationers stayed in a privately owned short-term rental, up 24% from 2010. The short-term accommodation market is expected to rise from 24% of rental revenue in 2012 to 55% in 2018. The evolving market has given birth to a new age of tech-driven management companies that make the vacation rental game easier and more profitable for owners than ever before—and hoteliers are sweating.

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expertise, local teams, and a prodigious marketing reach to deliver the most bookings at the best rates. Every day, more vacation homeowners are embracing the full revenue potential of their investment. The fully hands-off experience enables vacation homeowners to relax knowing their dream home is in good hands and turning a profit.

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to provide the real-time rate adjustments homeowners get from technologies like Alan.

Global reach, local expertise

Technology can only get you so far in the vacation rental industry. That's why companies like Vacasa invest in local communities and secure the most reliable local housekeeper teams by offering perks such as year-round living wages and plenty of advancement opportunities in a traditionally seasonal industry.

As the short-term accommodation industry grows, vacation homeowners are turning to companies like Vacasa to turn their properties into highly profitable investments.

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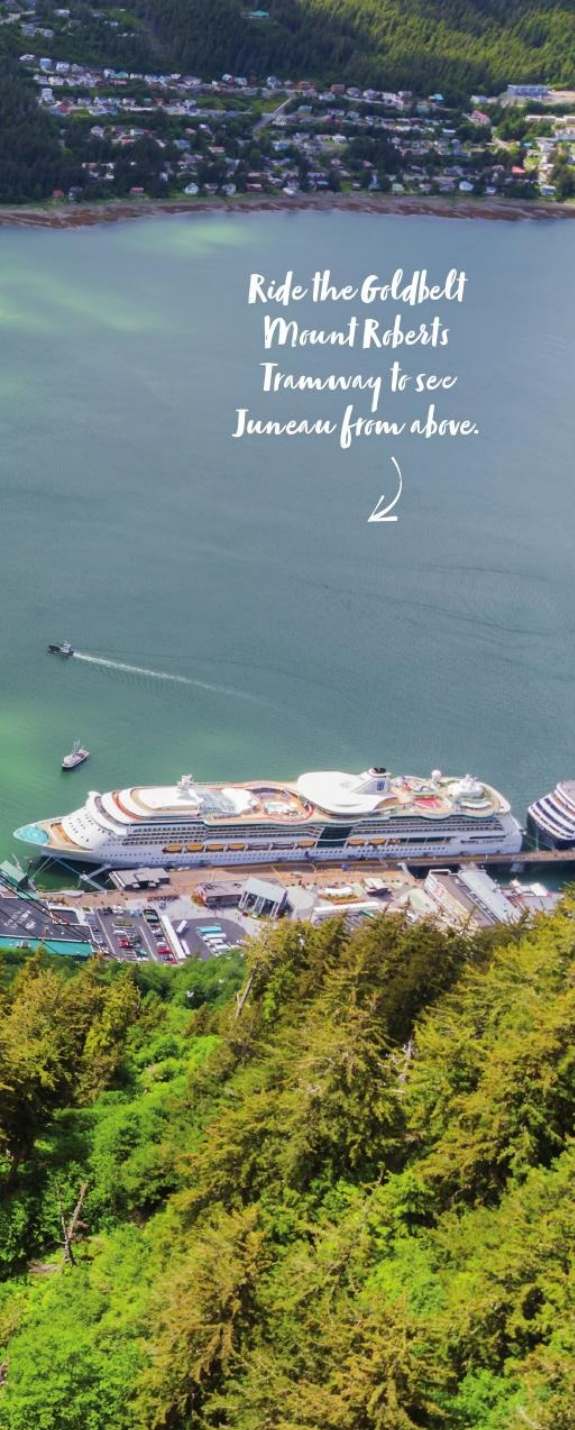
ALASKA

FAMILY ADVENTURES

SHARING THE LAND UP NORTH
WITH A NEW GENERATION

BY ERIN KIRKLAND

I'M BARELY BEYOND THE CORE OF DOWNTOWN Anchorage, and all I can hear is the cheerful chatter of birds flitting about in birch trees. Well, that and the equally enjoyable conversation between my 12-year-old son and his friends as they walk the trail at Campbell Creek Estuary Natural Area. The boys are discussing our previous visit a few months earlier, when a bull moose decided to lie down in the middle of the park's grassy loop trail, attracting a number of people, at a safe distance, to pull out cameras.



*Ride the Goldbelt
Mount Roberts
Tramway to see
Juneau from above.*



*Kids enjoy a snack in the
Chugach National Forest.*



*A sea otter in
Resurrection Bay.*



*Girls fish in
Campbell Creek.*

CLOCKWISE FROM LEFT: LYNN WEGENER / DESIGN PICS / GETTY IMAGES; MATT HAGE; ACCENT ALASKA.COM / ALAMY STOCK PHOTO; DOUG LINDSTRAND / DESIGN PICS / GETTY IMAGES

This time, only a light wind is present, bending the tops of sedges and ruffling our hair as it wafts east toward the Chugach Mountains. To the west and south, Cook Inlet plays host to flocks of ducks, Arctic terns, and lanky sandhill cranes whose gangly legs and awkward squawks amuse the kids.

We raise binoculars to our eyes and focus on the swoops and dips of the terns and the careful waddle of a few ducks as they patter about in the mud. Farther overhead, airplanes of all

kinds approach the inlet on their way to Lake Hood Seaplane Base or Ted Stevens Anchorage International Airport. Far to the west, the volcanic peaks of the Alaska Range provide a craggy backdrop to my wild Alaska home.

Our family moved here in 2005 with a toddler, a tween and a shipping container of household goods and recreational gear. Over 12 years, we've leaned in to a rugged place of 586,000 square miles of land that's home to only about 740,000 people, where my kids have grown up

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At the same time, your wife attaches an otoscope to her smartphone and sends a 3D video of your infant's eardrum to the pediatrician. The video is sent clearly and quickly over a HIPAA-compliant secure network. The physician quickly diagnoses an ear infection and sends a prescription to your pharmacy. With a tap of the screen, your wife approves its delivery from the pharmacy to your house by autonomous drone.



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with hands-on learning about the exquisite elements making up the Last Frontier. As a parent, I see every day as a chance to introduce my kids to the history, culture and recreation that make Alaska what it is, wholly embracing the state motto, “North to the Future.”

ANCHORAGE

FROM THE GROUND, ALASKA'S MOST POPULOUS city could be any other urban downtown. But step off Anchorage's sidewalks and into the wealth of nearby natural wonders, and you'll find that “real” Alaska has been here all along. For families, this means the convenience of city resources with the allure of wilderness, and the two often meet quite comfortably.

On a sunny day, many local families can be found pedaling along the 11-mile Tony Knowles Coastal Trail, a shoreline pathway, curving next to Cook Inlet, where myriad species of wildlife, including moose, can be spotted munching grasses and willow branches. Along the trail, the Anchorage Parks and Recreation Department manages many green spaces, strategically placed to encourage kids and parents to spend a

bit of playtime before heading toward the trail's terminus at Kincaid Park.

Culturally, Anchorage is quite diverse, thanks in part to indigenous peoples who have lived in Alaska for centuries. The Alaska Native Heritage Center on the eastern edge of town features dancing, drumming and indigenous games as well as lessons on subsistence practices such as fishing and gathering food. The center's sweeping outdoor space surrounding Lake Tiulana creates the backdrop for traditional village sites in which the whole family can discover the intricacies and traditions of Alaska Native cultures such as the Athabascan and Tlingit.

A quick shuttle trip from the heritage center provides direct access to the Anchorage Museum, which is undergoing a major expansion to further its commitment to the North region and the people who inhabit its unique environments. Kids will be wowed by the museum's Discovery Center, a 9,000-square-foot facility for natural and earth sciences that includes Tote KidSpace, which features an immersive and smart play area designed for the little ones to crawl through and run across. For older kids, the Smithsonian Spark!Lab features hands-on displays about electronics. For more information on Anchorage, visit anchorage.net.

JUNEAU

FAMILIES SHOULD EMPLOY THEIR WALKING shoes in Juneau, stepping beyond the



A kayaker paddles near Seward.

DAY TRIPS FROM ANCHORAGE

- **A gateway to Denali,** Talkeetna is a funky village (a cat is mayor) about 115 miles from Anchorage. Visit Talkeetna Roadhouse, built between 1914 and 1917, for hotcakes made with 100-year-old sourdough starter.
- **Alyeska Resort** is Alaska's largest ski area, and a summer hiking and mountain-biking destination. Take the tram up, hike down, and then dine on Jack Sprat's Alaska-sourced cuisine in Girdwood.
- **See bears, moose,** musk ox and bison at the Alaska Wildlife Conservation Center, a more than 200-acre site about 50 miles from Anchorage.
- **Seward is a fishing** village and cruise ship terminal at the end of the crystalline Resurrection Bay, on which visitors can find rafts of sea otters and pods of orcas. Take a tour with companies such as Kenai Fjords Tours and Major Marine Tours or paddle with outfitters including Sunny Cove Sea Kayaking. —E.K.



Anchorage's Alaska Native Heritage Center.

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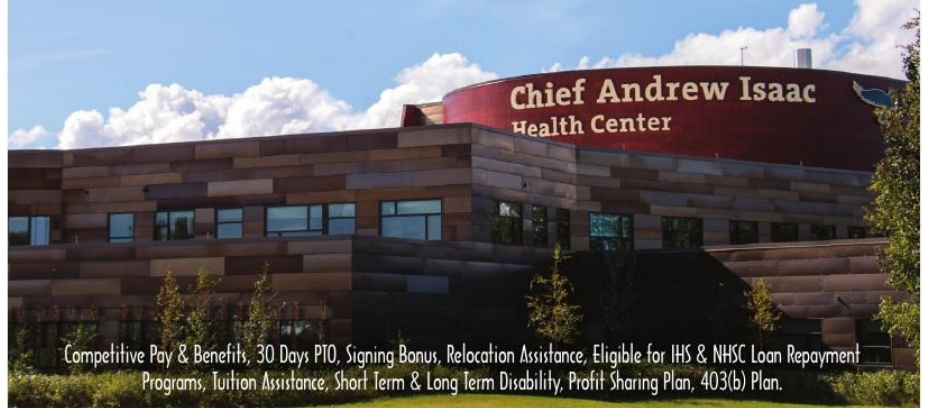
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docks that welcome cruise ships and onto the quaint streets of town, where 19th century homes still stand from when this place was busy with the rush for gold.

Travel Juneau, the local visitors bureau, provides an excellent walking map that stretches across downtown and winds through local parks in this capital city snuggled between the towering Boundary Range and the narrow Gastineau Channel.

Kids will soon be able to revel in the chance to dress up in authentic period costumes while piloting a replica wooden schooner at the recently renovated Alaska State Museum. The state's storied past is colorfully displayed here in a visual timeline.

For dramatic views of Southeast Alaska's most populated city, ride the Goldbelt Mount Roberts Tramway, located near the cruise ship terminal. The tram provides an eagle-eye perspective and access to kid-friendly walks. Take

the interpretive stroll that tells an ancient story of the Southeast Alaska Natives, and take photos of Juneau's historic district below.

The briny waterways of the Inside Passage provide the perfect lunch spread for humpback whales that, between May and September, feed on the area's nutrient-rich krill and herring. Allen Marine Tours is a local favorite for whale watching, with custom-built catamarans that have stable platforms from which families can see these large mammals up close. For more information on Juneau, visit traveljuneau.com.

FAIRBANKS

FAIRBANKS BUSTLES DURING THE SUMMER AS residents and visitors take advantage of the long days and a wealth of outdoor activities. In fact, it's not at all unusual to see families walking neighborhood trails or playing at a park well after the conventional concept of bedtime. It's unique, for sure, and just one

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of the many reasons we love to visit.

Known as the Golden Heart City, Fairbanks was settled during an early-1900s gold rush that brought many would-be miners from the Lower 48 to the rivers and streams crisscrossing the area. The wide, wandering Chena River runs through the heart of town, and is a great starting point for any visit. Along the river is the Morris Thompson Cultural and Visitors Center, which is a one-stop shop for culture, history and information, since the local visitors bureau, Explore Fairbanks, is also housed here.

Cruising aboard Riverboat Discovery's *Discovery III* provides a sense of living history. It's an authentic sternwheeler riverboat from the gold rush days, when people traveled in style along the remote rivers. From the deck, we can admire log cabins, and the boat even stops to visit sled dogs at Trail Breaker Kennel, run by David Monson, husband of the late four-time Iditarod champion Susan Butcher.

Another great stop for history is the 44-acre Pioneer Park, with museums, shopping and dining that help bring Alaska's past to life.

One of my family's favorite Fairbanks activities is spending a few hours with Santa's best workers. Not the elves, but his four-footed transportation. The Running Reindeer Ranch, located a short drive from Fairbanks in the scenic Goldstream Valley, is home to a small herd of reindeer and their handler, Jane Atkinson. Make a required reservation to immerse yourself in the lives of these docile animals as you walk with them through the timbered trails of Alaska's interior.

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Shops at historic Pioneer Park in Fairbanks are housed in log cabins built in the early 1900s.

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One of our son's favorite stops is the Denali Visitor Center, located near the park's entrance. Here, we find life-size models of wildlife, such as moose and grizzlies, and a video that explains the ecology and history of the area. We also collect maps and pamphlets detailing the park's biking, hiking and photo opportunities.

Located 1.5 miles from the visitor center is the park's sled-dog kennel. Rangers show off the skill of man's best friend, and visitors are invited into the kennel area, where they can pet three of more than 30 dogs.

Families should consider utilizing the park shuttle service for a ride into the park's interior, since no personal vehicles are allowed beyond mile 14.8 near Savage River. Park shuttle reservations can be made as early as December 1 the year prior to your visit, and different options are available. Depending on weather, wildlife or personal whim, hop off and on at various points to hike or photograph views your kids won't soon forget. For more information on Denali National Park, visit nps.gov/dena/index.htm. ✕

Erin Kirkland writes from Anchorage.

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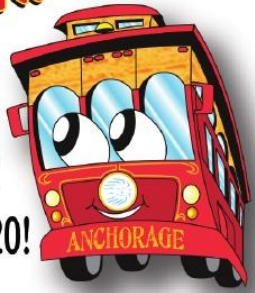
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SEATTLE

SEATTLE CENTER

Family fun at a premier Emerald City gathering place

By Jose Abaoag

» My 4-year-old son eagerly boards the Seattle Center Monorail. “Want to sit up front?” I ask, knowing those are the best seats. Through the large curved windows of the monorail, which was created for the 1962 Seattle World’s Fair, we look out at all kinds of interesting buildings that we’re whizzing past on the 1-mile ride from Westlake Center to Seattle Center.

“Look at all the colors!” my son says as the wavy, iridescent walls of our destination, the Museum of Pop Culture (MoPOP) come into view. For us, the structure, designed by Frank Gehry, evokes the sound waves of an electric guitar.

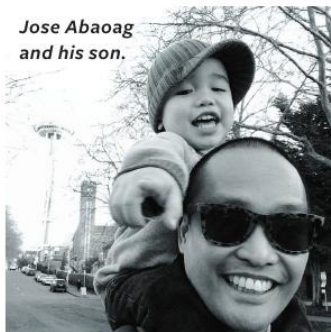
“Daddy, look!” As we enter MoPOP, I lift my son up to meet a man on stilts, a costumed performer welcoming us to one of the museum’s special events. Live hip-hop music is playing, which my son sways to.

Next we run into R2-D2. My son hollers, “May the Force be with you!” before we head to a sound-proof band room to jam on an electric guitar.

I first came to Seattle in 1994 as a young theater student attending Cornish College of the Arts. With summers off, my classmates and I scraped our money together to attend the glorious Bumbershoot event, the city’s annual Labor Day-weekend music-and-arts festival. Thanks to Bumbershoot, I was able to check several artists off my music bucket list over the years: Tony Bennett, Elvis Costello, Hall & Oates and Mos Def.

Fast forward to 2017. Much has

Jose Abaoag and his son.



changed. I still make it to Bumbershoot each year, but now I have a preschooler on my shoulders, and this year, my wife will have our new baby girl in her arms. Since becoming a father, I see Seattle Center as a

place integrated into both my work and family life. As a professional actor, I rehearse and perform here. As a father, I see it as the best place to put phones away (except for the occasional selfie) and experience 74 acres of play spaces, visual and performing arts, and festivals.

During the summer, Seattle Center offers locals and visitors plenty of space for picnics and people-watching, with kids

changed. I still make it to Bumbershoot each year, but now I have a preschooler on my shoulders, and this year, my wife will have our new baby girl in her arms. Since becoming a father, I see Seattle Center as a

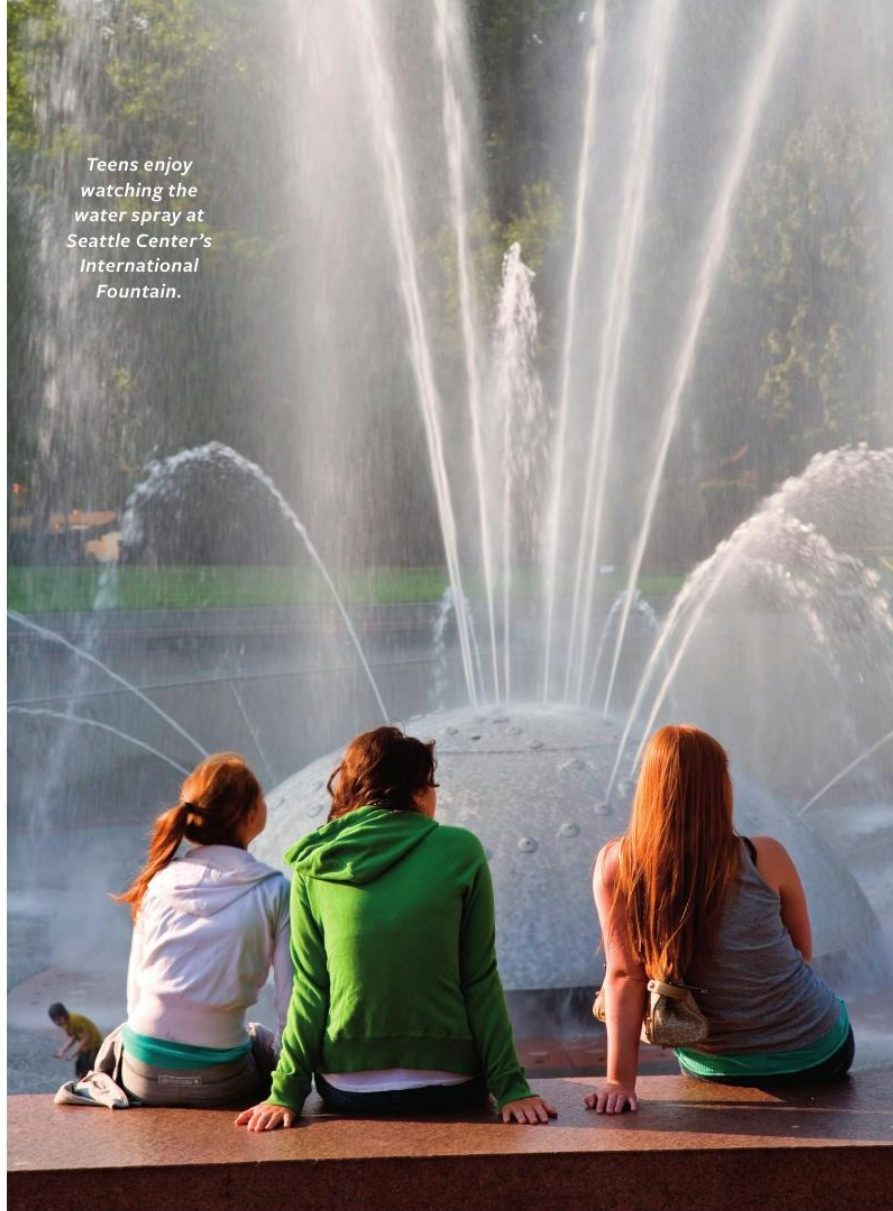
escaping the heat in the water-spraying International Fountain. And for my 4-year-old, the Artists at Play playground is all about climbing the huge jungle gym.

My son saw his first theater production on the Seattle Center campus, when Seattle Children’s Theatre staged *The Garden of Rikki Tikki Tavi*, in which I played a lovable little muskrat named Chuchu.

The Seattle Center Armory building hosts many festivals that celebrate cultural diversity, with crafts, dancing and musical performances representing many nationalities. My son and I like to listen to the Taiko drumming during the spring Cherry Blossom & Japanese Cultural Festival, and this summer, events range from the Polish Festival to BrasilFest.

The Seattle Children’s Museum provides my little ball of energy with play

Teens enjoy watching the water spray at Seattle Center’s International Fountain.



HERE & NOW»

areas in which to build forts, and make arts and crafts with other kids. The Pacific Science Center is our place for physics, IMAX movies and special exhibitions such as this year's "Terracotta Warriors of the First Emperor."

Seattle Center is also the home of The Vera Project, which offers classes for teens and others, such as how to screenprint T-shirts and posters, and how to run sound for bands, including those that perform on The Vera Project's music stage.

When my son is old enough, he and I will surely make art together at Vera. And maybe when my daughter gets a little older, she'll join her big brother in a

Seattle Children's Theatre summer acting class for which I'm the teaching artist, or she and her brother will splash in the International Fountain while my wife and I delight in the fun our kids are having. Whatever our children decide to do, Seattle Center gives us plenty of opportunities to create and play together as a family. ✈

Jose Abaoag is a professional actor who performs with local theaters such as Sound Theatre Company (where he is also the social media specialist) and Seattle Children's Theatre, both based at Seattle Center. This fall he will be performing in Go, Dog. Go! at Seattle Children's Theatre.

ARTISTS AT PLAY

By Ben Raker

» You will likely hear the Artists at Play playground at Seattle Center before you see it. Excited shouts combine with sounds such as marimbalike chiming and metallic clanging.

This is no ordinary kiddie park. There is a 35-foot-tall climbing tower, as well as giant silver slides to zoom down, an enclosed rope bridge to cross, and all kinds of interactive sound-and-motion elements. These include a Sound Fence of huge chimes to play by tapping billiard balls suspended on cables; pebbles to drop against resonant metallic grates;

and a letter tree with giant letters that correspond to musical notes. There is also equipment designed for children of varying physical abilities, such as accessible swings and the hand-powered, roll-on ADA-compliant carousel that can accommodate wheelchairs.

If this whimsical play space looks like kids dreamed it up, that's because they did—in part. The design team and Seattle Center staff held interactive workshops and school visits across Seattle to engage children in the process.

One of the kid-contributed features sums up the experience of the space. Within one of the white wavy *Story Lines* painted onto the pavement is a poem by "Felix, age 6": "The

sound of children playing moves through the air loudly and cheerfully. It sounds like fun, and I want to join them! / Their sounds look like shiny explosions of ruby and emerald laughter."

Alaska Airlines is a Seattle Center sponsor. Learn more at seattlecenter.com. ✈



Family-Friendly Picks

Karen Sharp, managing director of Seattle Children's Theatre, is a longtime Seattle-area resident with two adult daughters and a 2-year-old granddaughter. Below are some of her suggestions, based on places her family enjoys visiting together.

■ **Woodland Park Zoo** (zoo.org) and **Point Defiance Zoo & Aquarium** (pdza.org): What could be better than spending time outside, walking around and learning about animals? My granddaughter recently went to Woodland Park Zoo and decided her favorite animal is the zebra.

■ **Cooking classes for adults and kids** (pcccoks.com): Both of my daughters are great cooks—a skill they most definitely did not learn from me. PCC is a Seattle-based co-op whose cooking classes are fun and help build skills.



■ **Hiking in the Puget Sound area** (wta.org): Tiger Mountain, in the Issaquah Alps, is one of our favorite places among the many Puget Sound-region options.

■ **Bird-watching with Eastside Audubon** (eastsideaudubon.org): The variety of birds we have spotted over the years has been amazing.

■ **Grandview Off-Leash Dog Park** (grandviewoffleash.org): We enjoy seeing our dogs run free. One of our favorite dog parks is Grandview, in the city of SeaTac, near the airport, because of the beautiful vista of Mount Rainier.

■ **Stargazing** (seattleastro.org): My youngest daughter developed a love for astronomy at an early age. The Seattle Astronomical Society hosts many star parties that help get young people excited about this fun and informative activity. ✈

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CHILDREN'S MUSEUMS

Here are a few of the options in the Puget Sound area.

■ **Children's Museum of Tacoma** (playtacoma.org): Serves kids 8 and younger "and their adults," with five main areas: Woods, Water, Voyager, Invention and Becka's Studio. The studio rotates its activities, with "Lines in the Studio," July 12–Sept. 3, featuring media such as string and paint to experiment with the movement, shape, texture and form of lines. "Magnetic Discovery" is in Studio B during that same period.



■ **KidsQuest Children's Museum**, Bellevue, shown above (kidsquestmuseum.org): Moved into an expansive new space in January and is geared to children ages 0 to 10 and their families, with nine interactive exhibits. For instance, the two-story Atrium Climber has different pathways for different ages, while the outdoor Sticks + Stones includes water play, gardening, music-making and rock-painting.

■ **Seattle Children's Museum**, at Seattle Center (thechildrensmuseum.org): Focuses on activities for kids 10 months to 10 years, and their families, with nearly a dozen exhibits for hands-on play, including Cog City, Global Village and Eye Clinic. The upgraded Bijou Theatre has a new backstage dressing room with vanities, and the stage has theatrical lighting and sound effects that enhance kids' drama experiences.

For more information on family-friendly recreation, see visitseattle.org and other visitor-related websites in the Puget Sound region. ✈

SEA THINGS AT THE AQUARIUM

By Ben Raker

» **The 120,000-gallon tank exhibit** facing the front hall of the Seattle Aquarium has a viewing window that's 20 feet tall and 40 feet wide, with acrylic more than a foot thick. This dramatic attraction, called "Window on Washington Waters," resembles a film screen, and the fish inside are always in motion.

Then comes a Diver Show. The lights in the tank snap off. Loudspeakers play the David Bowie–Queen song *Under Pressure*. And when the lights come back up, there is suddenly a drysuited diver doing dance moves. He high-fives and fist-bumps kids on the viewing side of the panel. A presenter introduces "Diver Dave," who says hello through a microphone in his mask and discusses the sea life around him, such as salmon, rockfish and wolf eels.

The thrice-daily Diver Show is one of the most popular programs at the Seattle Aquarium, which is celebrating its 40th anniversary this year, and which showcases more than 5,000 animals representing about 200 species, from seabirds to seals to otters. Located on the Seattle Waterfront, it provides opportunities such as watching the daily feedings of marine mammals, exploring the hands-on Tide Pool, and entering the Underwater Dome for a great



» **A diver greets kids at the "Window on Washington Waters" attraction at the Seattle Aquarium.**

view of sharks, sturgeon, skates and more.

Special summer activities include the Beach Naturalist Program, in which visitors to beaches around the Seattle area explore weekend low tides and learn about marine plants and animals from aquarium-trained naturalists.

While the programs and exhibits have evolved over the years, the aquarium's goal of inspiring protection of marine environments through discovery and exploration of the underwater world has remained consistent since its opening in 1977, says communications specialist Laura Austin, who has been with the aquarium for 39 years.

For more information on the aquarium, including events, programs and conservation activities, visit seattleaquarium.org. ✈



GO TO: Hurricane Ridge

Awe-inspiring views of craggy peaks, along with eight hiking-trail choices, and the possibility of seeing marmots and black-tailed deer, have long made Hurricane Ridge, in Olympic National Park, west of Seattle, a popular day trip. Ranger programs are usually offered from the visitor center, late June into September (nps.gov/olym/plan-yourvisit/visiting-hurricane-ridge.htm).

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40 YEARS OF TRUE BLUE

By Andrew Waite

» **Bottom of the 11th**, decisive game of the 1995 American League Division Series, and the Seattle Mariners were down by a run. Then Edgar Martinez lined an 0-1 pitch to left field; Joey Cora scored from third; and Ken Griffey Jr. raced from first toward home. Fans across the Northwest heard play-by-play announcer Dave Niehaus' call: "I don't believe it. It just continues. My, oh my!" The Mariners were going to play for the American League Pennant.

In 2017, the Mariners are marking 40 years of "my, oh my" moments, and Alaska Airlines is the presenting sponsor of the Mariners' 40th-anniversary celebration taking place throughout the season. The festivities include special events for young fans, such as Salute to Kids Days on July 9 (Mariners T-shirts for kids 14 and under) and Sept. 3 (Mariners backpacks for kids 14 and under). In addition, kids can run the bases after those games, and on July 23 and 30, Aug. 13, and Sept. 3 and 10. Other events include a week-end honoring Edgar Martinez, Aug. 11-13, when the Mariners will retire his No. 11 jersey.

From "grand salami" to "boomstick, baby," from The Big Unit (Randy Johnson) to The Big Maple (James Paxton), from the Kingdome to Safeco Field, from hot dogs to fried grasshoppers—those true to the blue have memories to cover all bases.

There was Randy Johnson's franchise-first no-hitter on June 2, 1990, and then "King" Felix Hernandez's franchise-first perfect game on Aug. 15, 2012—it was just the 23rd ever thrown in the majors. There was the Sept. 14, 1990, game, when Griffey Jr., who was inducted into the National Baseball Hall of Fame in 2016, and his father became the



» In 2001, the Mariners won 116 games, tying an MLB record. Various celebrated past and present players, clockwise from left: Edgar Martinez, Robinson Canó, Ken Griffey Jr., Randy Johnson, Felix Hernandez.



first and only father-son tandem to hit back-to-back home runs. Then there was Oct. 1, 2004, when Ichiro Suzuki broke the 84-year-old record for most hits in a single season—he finished the year with 262 base knocks.

Teamwide, the best year in Mariners history was 2001, when Seattle won 116 games. That also happened to tie an MLB record.

Today's Mariners roster is led by a core of solid batters, including second baseman Robinson Canó. And their hitting coach? That'd be Edgar Martinez, the same man responsible for the most important double in franchise history. That is, the most important double to date. It's only July, and there's still half a season to go. It's anyone's guess whose clutch hit we'll be celebrating 40 years from now. For more information, visit mariners.com/40. ✈

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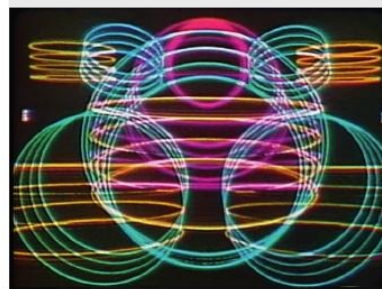
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CALENDAR

■ “Doris Totten Chase: Changing Forms” will be on view July 8–Oct. 1 at the University of Washington’s **Henry Art Gallery**. The locally born artist (1923–2008) was internationally known for her paintings, sculptures (including kinetic works) and video art, such as *Circles 1*, shown below (henryart.org).



■ Upcoming events at **KeyArena** at Seattle Center include the **WNBA All-Star Game**, July 22; a stop on the **Neil Diamond 50th Year Anniversary World Tour**, July 26; **The International Dota 2 Championships 2017** (team-based online gaming), Aug. 7–12; and the **Big3 Professional 3-on-3 Basketball Play-offs**, Aug. 20 (keyarena.com).

■ The world-renowned **Seattle Festival of Dance Improvisation**, July 30–Aug. 6, features performances, dance jams, roundtables, classes and workshops (velocitydancecenter.org).

■ Explore a re-created Viking encampment—with weaving, weapon forging and battle re-enactments—and enjoy music, a salmon bake, foods from five Nordic countries, and the Valhalla Beer Garden, during **Viking Days**, Aug. 19–20 at the **Nordic Heritage Museum** in the Ballard neighborhood (nordicmuseum.org). ✈

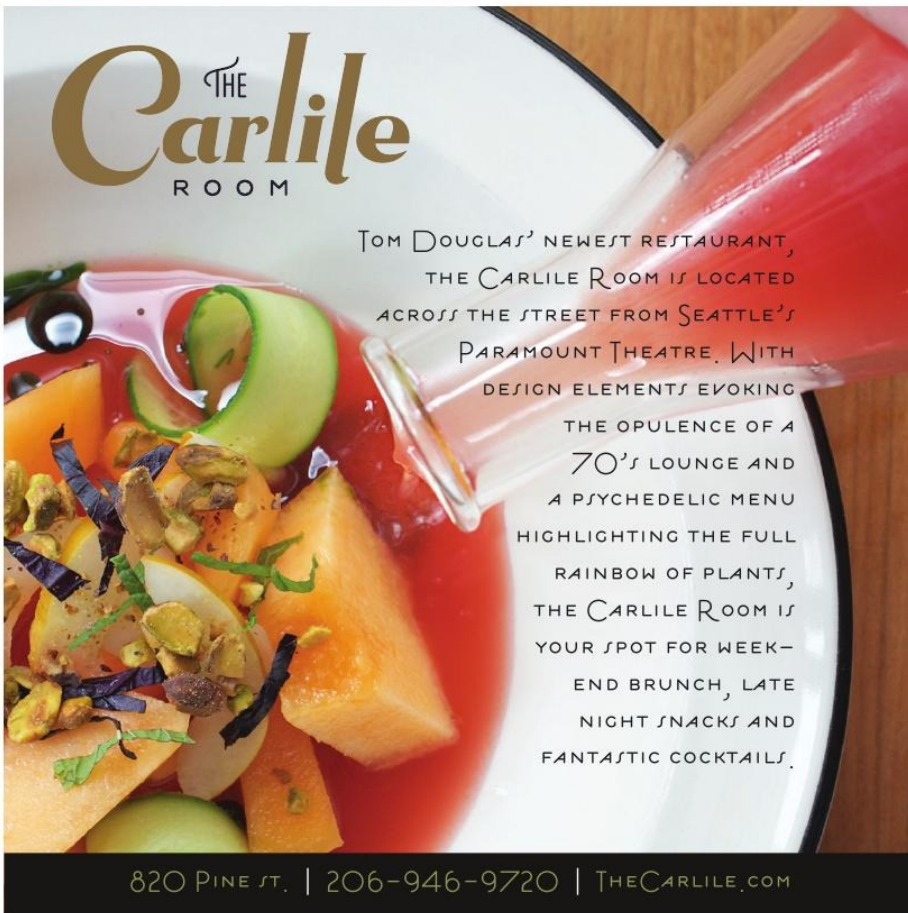
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TOTAL ECLIPSE OF THE SUN

Anticipation of the big event this August is spreading across Oregon

By Susan G. Hauser

» In case you haven't heard, August 21 is total solar eclipse day in America. On that Monday, the moon will pass between the sun and Earth, completely blocking the sun from sight and casting a shadow around 70 miles wide. It will cross the contiguous United States from west to east and reach just the western tip of Europe and Africa before the sun sets.

The total eclipse shadow, or umbra, which is expected to last about 2 minutes in any one spot, will reach land between Lincoln City and Newport on the Oregon coast, and move in a slight southeastern arc across the country and out to sea near Charleston, South Carolina. It will cross

14 states, treating millions to the extraordinary sight of the solar corona around the blocked-out sun, which they will see while wearing protective glasses, of course. Never look directly at the sun or at an eclipse of the sun without wearing the proper protective glasses.

At Lincoln City, along Oregon's path of totality, the moon will begin to block the sun at about 9 A.M.; the 2-minute total solar eclipse will begin at 10:16 A.M. During that time, temperatures are expected to drop 10 to 15 degrees, and Jupiter, Mars, Mercury and Venus will be in view. The eclipse will end when the moon is completely past the sun at 11:40 A.M.



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All of North America, and down to northern South America, will experience at least a partial eclipse. Although, experts say to understand the power of an eclipse, you really have to be in the path of totality. The farther away from the path you are, the less you will notice.

Even a few miles can make a big difference. In Portland, about 30 miles north of the path of the total eclipse, 99 percent of the sun's surface will be covered for less than a minute. Farther north, Seattle's residents will experience an even briefer partial eclipse, with the moon shielding only 92 percent of the sun.

Eclipses are rare occurrences, with the last total solar eclipse crossing Oregon in 1979. However, this celestial phenomenon is extra special. The last time a total solar eclipse crossed the country from coast to coast was in 1918. The next similar eclipse will be on August 12, 2045.

People from far and wide are preparing for this special event, *continued on page 160*



■ This map shows the approximate 70-mile-wide path of the total solar eclipse, which will cross Oregon and the rest of the contiguous United States on August 21. People in North America not located directly along the eclipse trail will experience a partial eclipse that will diminish in strength the farther away they are from the path of totality.

ENJOYING THE SUN-FILLED PATIO SEASON

By Alex Pulaski

» Now that summer days have arrived, Portland's vaunted restaurant scene expands outdoors as patio seating becomes all the rage. Here are a few of the best spots for enjoying the city's nationally recognized food scene while basking in the summer sun.

Located atop The Nines Hotel in the heart of the city, the sophisticated rooftop Departure Restaurant + Lounge has set the standard for quality Portland patio dining since its 2009 opening. The restaurant has two patios: the east-side area with great views of the Willamette River and the west-side patio, which looks out over the city.

To experience the breadth of the pan-Asian flavors, try the chef's tasting menu. From a crisp carrot-and-avocado salad to tender yellowtail sashimi, to black pepper chicken in a chile-tamarind-lime sauce, the food is artful and startlingly fresh—partly the result of a garden and apiary also located on the rooftop.

In southeast Portland, the Mexican restaurant Xico offers a shady oasis, decorated with Mexican orange trees, sangria flowers and bamboo. Xico emphasizes locally sourced and regional ingredients, such as salad tacos—ripe greens and goat cheese cradled by a tortilla made of amaranth, nettles and masa.

The ultimate in seasonality, TD's PopUP by Three Degrees, serving tacos and tequila, appears at the waterfront Kimpton RiverPlace Hotel, from May to October. The movable feast is located near a marina, along the Willamette River. The simple setup includes a



bar, 10 stools and chef Lauro Romero cooking over a wood fire with fresh ingredients.

The Altabira City Tavern, which is located on the sixth floor of the Hotel Eastlund, has sweeping views of downtown Portland.

For an amazing place outside the city, try McMenamins' Edgefield destination resort in Troutdale, which has outdoor patio space as well as a winery, distillery and brewpub at the 74-acre facility. ✈



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from page 159 which some look upon with deep reverence and great significance. Of course, that's nothing new. When solar eclipses darkened skies in ancient times, people feared that the world was ending. Some ancient Chinese believed a dragon was eating the sun and that the solution was to create a racket to scare the dragon away. Now, many of us travel long distances to view such a rare spectacle.



Meteorologists predict that conditions for the eclipse will be at their best in the West. The least cloud cover is predicted to be in northern Oregon (east of the Coast Range), in southern Idaho (along the Snake River Plain), and in central Wyoming (near Casper and points east).

Communities along the path in Oregon are expecting to welcome about 1 million eclipse visitors from around the world. Most area hotels and motels are full and the rates for rooms have soared in recent months. Camping sites at state parks are full, but more are being made available.

I confess I had pretty much decided to ignore all the excitement. Until an acquaintance invited me to an eclipse-viewing party, I was planning to treat that Monday in August just like any other day. I would sit in the gradual morning darkness; maybe settle in for a nap like the birds in the trees. As the light returned, I



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would start to get on with my day.

However, then I started thinking about my future grandchildren. Someday one of them is bound to ask, “Grandma, what did you do during the 2017 solar eclipse?” Think how low I would sink in their esteem if I answered: “Napped.”

So, I’ve been reading up on the eclipse and now the last thing I want to do is sleep through the big event. Experiencing the eerie daytime darkness will be a once-in-a-lifetime thrill, unless I decide to join the ranks of people who travel the globe to observe stars in the middle of the day and birds tricked by darkness into curling up for a snooze.

My viewing party will be on a ranch in rural John Day, Oregon, located about 150 miles northeast of Bend. The ranch is close to the midpoint of the path of totality. That means when it grows dark, it will be really dark. Driving for five hours to attend a solar-eclipse viewing party may sound extreme, but did I mention the pie? The party I’m attending will feature a pie social.

There will be eclipse-viewing parties of all sorts across the state, at fairgrounds, wineries and state parks. Oregon State University in Corvallis, which is in the path of totality, is hosting the “Space Grant Festival: A Total Eclipse Experience,” August 19–21, in which those attending can rent dorm rooms, learn about the phenomenon, attend a concert and receive free solar eclipse glasses. There will even be a viewing party on the steps of the state capitol, in Salem.

Come August 21, I’ll be in a field somewhere in Eastern Oregon, wearing special viewing glasses, eating pie and watching a total eclipse of the sun. My grandkids are going to love this story! ✈



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CALIFORNIA FOR ALL AGES

By Matt Villano

» The telltale sign of a good day of tide-pooling is a sore neck.

I share this piece of wisdom with my three daughters every year before our annual trip to the Fitzgerald Marine Reserve in Moss Beach, California, a bit more than 20 miles south of San Francisco. Our necks get sore because we spend the whole day looking down, combing the rock outcrop exposed in summer by some of the lowest low tides of the year.

As we clomp around in Wellington boots, we peer into sea-filled furrows in the stone. They are teeming with life. We spy tiny hermit crabs skulking across seaweed, tentacles of neon-colored sea anemones swaying back and forth, and sea stars the size of my hands gripping the seashore tightly. Sometimes we spot harbor seals, their doglike heads bobbing on the surface of the water as they watch our every move.

What I love about tide-pooling is the way it combines science and scavenger hunt. It's my favorite way to spend a summer day in California with my family. Yet it's just one of a multitude of family-friendly activities, sites and destinations to seek out when school's out in the Golden State.

Take museums. My home city, San Francisco, has dozens of great ones, from the science-centric Exploratorium and California Academy of Sciences to the family-focused

Fitzgerald Marine Reserve in Moss Beach, California, is a family favorite for its terrific tide-pooling.



Children's Creativity Museum and The Walt Disney Family Museum. My personal family-friendly favorite in San Francisco is the Cable Car Museum, where you can watch engineers working on cable-car machinery and marvel at the giant winding wheels and engines that keep cables moving underneath city streets.

California's animal parks are also amazing. In SoCal, the San Diego Zoo and San Diego Zoo Safari Park (both of which count Alaska Airlines as a sponsor) are collectively home to more than 6,500 animals, including the zoo's southern white rhinoceros that was born earlier this year. The zoo is next to the city's museum-rich Balboa Park; the safari park is north-east of the city, near Escondido.

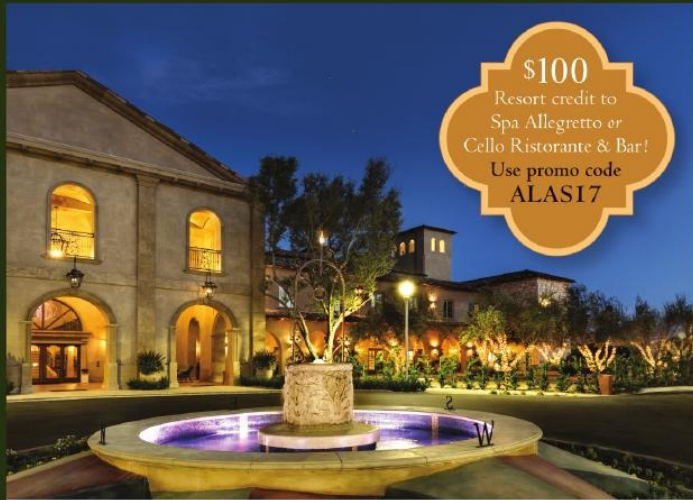
My family and I have enjoyed many beaches in California, but our top pick is Venice Beach. This hot spot near Los Angeles has a graceful stretch of sand and a pedestrian path that attracts some of the fittest and quirkiest humans on the planet. When we go, my girls love to watch people and shop for art nearby.

Then there are the parklands. About four hours north of San Francisco, Humboldt Redwoods State Park has some extremely old, tall trees (more than 1,000 years old; more than 350 feet tall). They make a great backdrop to a camping trip. The park, like many other California wonders, gives kids chances to learn in ways that don't feel like learning at all.

And, much like the tide pools, the redwoods lead to sore necks—this time, from all that looking up. ✕



A southern white rhino was born this year at the San Diego Zoo.



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TAKING THE GOLDEN STATE BY BOARD

By Jill K. Robinson

» The monster waves of Mavericks, in Northern California, are a far cry from the sweet surf of SoCal, but surfers embrace both the big-wave winter break in Half Moon Bay and the perpetual summer of the south. And people who like boards more broadly have plenty to enjoy throughout the state.

"There are few places in the world where you can fit in quality surfing, snowboarding and skateboarding all in a day," says Jeff Clark, the pioneering Mavericks surfer, who shapes boards for other big-wave surfers and is featured in classic surf films, such as *Riding Giants*. "We live here because we can do it all."

California takes its surf culture seriously, and surfing's influence on skateboarding and snowboarding is evident in the similarities in motion, attitude and fashion among the three lifestyle sports. The way the sports have evolved, independently and together, means that modern-day board riders aren't generally one-dimensional in their skills. And with California's varied geography—from coasts to urban centers to mountains—board enthusiasts have the ability to bounce quickly among locations and means of conveyance.

"In California, you have big cities, and tiny beach and mountain towns that seem to breed and attract the types of people who embrace that passion-driven laid-back



» Californians are trailblazers in board sports. Jeff Clark, above, surfs at Mavericks. Shaun White, right, competes at a snowboarding event in Truckee, California. Below, a skateboarder rides a ramp at Venice Beach.

culture," says Shaun White, two-time Olympic gold medalist and winner of 24 Winter and Summer X Games medals in snowboarding and skateboarding. "In Venice and in San Francisco, you see guys who work at tech startups skateboarding to work. That's kind of uncommon in other places."

The evolution of the three sports has already pushed boundaries—and Californians are at the center of this. "In my life and career of surfing small waves to the biggest waves on the planet, I've come to embrace the idea that anything is possible," says Clark. "The next challenge is for new innovations or moves to raise the bar for performance."

"With skateboarding and surfing in the next Summer Olympics, the sports are at an interesting transition," White points out. "I think, ultimately, that being on the world stage is going to grow the sports and welcome more people into them. That's what happened with snowboarding. Snowboarding was still such a young sport when it came into the Olympics. We saw a huge boom, and the




sport transitioned from something only a small set did to a major American pastime."

Whatever happens with these sports, California continues to provide venues to explore them and the proving grounds for new development—from waves to slopes to skate parks statewide. ✈



ALL A-BOARD AT CA MUSEUMS

- California Surf Museum, Oceanside, surfmuseum.org.
- International Surfing Museum, Huntington Beach, surfingmuseum.org.
- Morro Bay Skateboard Museum, Morro Bay, mbskate.com.
- Santa Cruz Surfing Museum, Santa Cruz, cityofsantacruz.com/surfingmuseum.
- Skateboarding Hall of Fame & Museum, Simi Valley, skateboarding-halloffame.org. —J.K.R.

A vibrant scarlet honeycreeper bird is captured in mid-flight, its wings spread wide, showing a mix of dark grey and white feathers. The bird's head and back are a brilliant red, and its long, curved beak is also red. It is flying over a dense, lush green forest. Several bright red flowers are visible, some in sharp focus and others blurred, adding to the vibrant colors of the scene. The background is a soft-focus mix of green foliage and dark tree trunks.

The brilliantly colored 'i'iwi, or scarlet honeycreeper, is one of the rare bird species found only in Hawai'i.

Aloha on the Wing

WATCHING FOR BIRDS IN THE HAWAIIAN ISLANDS

BY SHANNON WIANECKI

“I can’t believe it. That was so special.”

My 7-year-old friend Esta repeated this to herself as we zigzagged down the road on the side of Haleakalā, Maui’s 10,023-foot-tall volcano. We’d just left Hosmer Grove, a forested area where she’d had a close encounter with an *‘i‘iwi*—one of the rarest birds in the world. This bright-red bird—also called a scarlet honeycreeper—had flown a few feet above our heads to land on a nearby *māmane* tree and bury its long, curved beak in the tree’s yellow blossoms. Esta was dazzled.

Even if you didn’t know anything about Hawai‘i’s unique avifauna, the pure beauty of the Islands’ birds would still bowl you over. And understanding a little about their biology makes witnessing them in the wild even more thrilling.

For example, Hawaiian honeycreepers are one of the planet’s most spectacular examples of evolution. Several million years ago, a flock of Eurasian rosefinches got lost in the middle of the Pacific Ocean. Against all odds, they landed on a freshly



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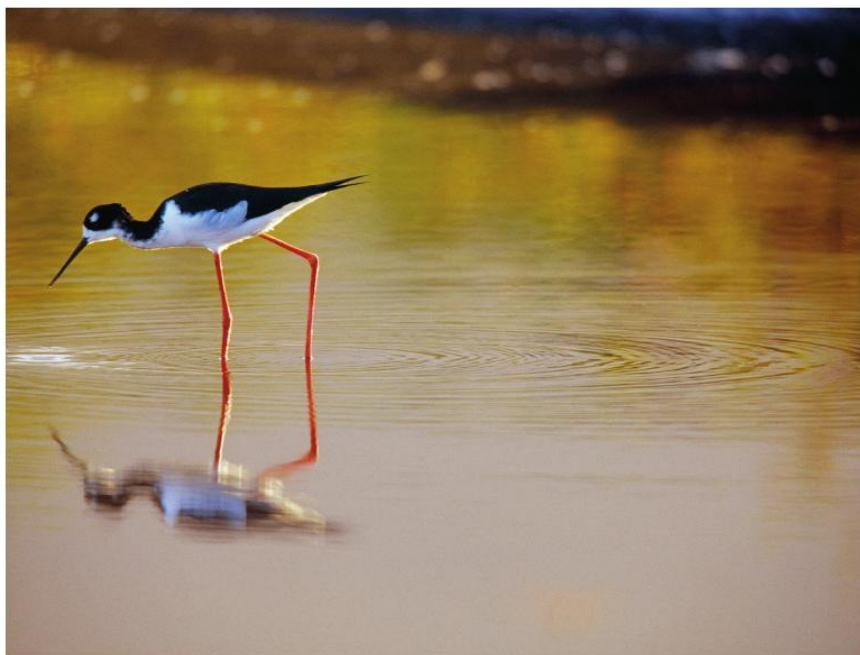


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minted volcanic island: Kaua'i. Over the ensuing millennia, the rest of the Hawaiian archipelago emerged from the sea. The birds colonized each island in turn, and with every successive generation, their beaks, colors and behaviors morphed to fit new environmental niches. The descendants of that original flock evolved into the 55 novel species that are now known as Hawaiian honeycreepers. Some, such as the 'i'iwi, dip sickle-shaped bills into deep-throated flowers. Others, such as the *kiwīkiu* (Maui parrotbill), sport parrot-like beaks and feed on grubs and insects.

In addition to its jewellike forest birds, Hawai'i claims an assortment of native seabirds, shorebirds, geese and owls. The winged residents of the archipelago are, as Esta observed, special. Many are endemic, meaning that they evolved here and exist nowhere else on Earth. Some inhabit a single island.

It's true that Hawaiian birds are not nearly as abundant as they once were. When humans arrived in the Islands, they brought varied threats with them: mosquitoes that carry avian malaria and pox, mongooses that eat eggs and nestlings, and cats (some of which became feral). Forest habitat continues to dwindle, replaced by aggressive exotic

plant species. Yet conservationists across the Aloha State work hard to preserve and nurture what is left—and they celebrate significant successes. The *nēnē* (Hawaiian goose) once teetered at the edge of extinction, with fewer than 40 survivors. Thanks to captive-breeding efforts, the beloved state bird is now commonplace on several islands. Also, despite their rarity, many of Hawai'i's native living treasures are quite easy to see.

A little effort pays off big here. Even beginning bird-watchers can experience the magic of Hawai'i's winged aloha—on each of the four largest isles.

MAUI

I live on Maui and never miss a chance to introduce friends to my favorite birding spots. From the moment Esta and I stepped out of the car at **Hosmer Grove**, we heard native birdsong: the distinctive metallic twang of 'i'iwi and the musical trills of *'amakihi*. The latter, a pistachio-green honeycreeper, hops amiably up to campers as they unzip their tents (though, as is generally advisable, they avoid feeding the wild birds). Hosmer Grove—a thick, shady glade—is just

The 'ākohekohe, or crested honeycreeper, is found only on Maui and has telltale tufts of feathers on its head. It is shown at left at The Nature Conservancy's Waikamoi Preserve. Above, an ae'o, or Hawaiian black-necked stilt, plies wetland waters on Maui.

BIRDING SITES & HIGHLIGHTS MAUI

SITES: Haleakalā National Park • Kanahā Pond State Wildlife Sanctuary

HIGHLIGHTS: ae'o (Hawaiian black-necked stilt) • 'ākohekohe (crested honeycreeper)* • 'amakihi • 'apapane • 'i'iwi (scarlet honeycreeper) • kiwīkiu (Maui parrotbill)* • nēnē (Hawaiian goose) • pueo (Hawaiian short-eared owl) • 'ua'u (Hawaiian petrel)

*Only on Maui.

inside the entrance to **Haleakalā National Park**. From the grove's campground, a half-mile loop trail winds through exotic pine and eucalyptus trees, with a place to pause at a steep gulch filled with native Hawaiian trees and ferns. This is the perfect vantage point for bird-watching. We saw honeycreepers zipping across the forest canopy, sipping nectar from bright-red 'ōhi'a lehua blossoms and snatching insects midair. A half-dozen native bird species frequent this forest. Once, on a guided hike with a park ranger, I spotted an 'ākohekohe—a large, speckled honeycreeper with punk-rock tufts of feathers on its head, found only on Maui.

Farther up toward the summit of the volcano, Hawaiian short-eared owls (or pueo) hunt by day, and nēnē honk at perceived trespassers. The mountain is truly magical after dark during the summer months, when stars blaze like lanterns and



Hawaiian petrels fly home to underground burrows in volcanic cinders. The petrels' Hawaiian name, 'ua'u (pronounced ooh-ah-ooh), mimics the sound of their calls. As the birds zero in on their hidden burrows, their otherworldly chatter fills the air.



The pueo, or Hawaiian short-eared owl, can be found on fence posts near pastures on Hawai'i Island. Hawai'i's state bird, the nēnē, or Hawaiian goose, is a conservation success story. The two above were photographed on Hawai'i Island.



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After exploring Haleakalā, Esta and I headed down to the wetlands in search of shorebirds. Near Kahului Airport, the **Kanahā Pond State Wildlife Sanctuary** is a critical home for Hawaiian black-necked stilt (also called *ae'o*). Fewer than 2,000 of these stilts exist, and a good number are on Maui. We gawked at the slender birds, which resemble tuxedoed waiters with flaming-pink stockings and beaks like long tweezers. For a better look at them, we walked a narrow spit of land to a viewing structure in the middle of the pond. From there, we also spied herons and ducks. Esta approved of all these shorebirds but was still most smitten with the 'i'iwi we'd seen earlier. Her rapturous excitement fed my own.

HAWAI'I ISLAND

The island of Hawai'i is the largest and youngest in the chain and offers birders the

biggest variety—everything from hawks high up in the thermals to massive flocks of migratory seabirds cruising past on long-distance journeys—in the case of one species, between Alaska and New Zealand.

The last time I visited **Hawai'i Volcanoes National Park**, I saw a pair of 'io, or Hawaiian hawks, cavorting in the sky above Volcano Village. I watched them swoop and dive in tandem and finally disappear into the dense 'ōhi'a and *hāpu'u*-tree-fern forest. To see one of these dappled, tawny hawks is a treat, but two? Astonishing! The native raptors mate for life, and though fossils indicate their past presence across the Islands, they now nest only on Hawai'i Island. It's easy to see why 'Iolani Palace in Honolulu was named after these regal birds—they have a fierce grace.

Trails within the national park meander through honeycreeper habitat, and I found familiar faces while hiking: 'i'iwi, 'amakihi,



Found only in a small area high on Mauna Kea, on Hawai'i Island, the palila is an extremely rare type of Hawaiian honeycreeper.

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and nēnē. Though I kept a lookout for Hawai'i Island's endemic species—the brilliant-orange Hawai'i 'ākepa and the honey-colored 'akiapōlā'au, with its curved, uneven beak—I was skunked. These rare species hang out in high-elevation forests, as does the Hawai'i 'elepaio, a smartly dressed little flycatcher that flashes its white petticoat and often follows hikers down the trail. Ancient Hawaiian canoe builders believed the bird to be a manifestation of Lea, their patron goddess. If an 'elepaio pecked at a koa tree they had cut down for canoe-building, the log was understood to be rotten and thus unseaworthy.

At 7,000 feet up the southwest slope of Mauna Kea, māmane blossoms scent the crisp air. This is the refuge of the palila, a yellow-headed honeycreeper that subsists primarily on māmane seeds. Only about 2,000 palila exist in the wild, sequestered in a 25-square-mile zone. I have yet to see one of these saffron-shaded birds, so the new **Palila Forest Discovery Trail** is at the top of my list for my next Hawai'i Island visit.

Also on my to-do list is a trip to **Kēōkea Beach Park** for the fall sea-bird migration. My friend and fellow birder Lance Tanino witnessed an amazing display in September of 2016: "The winds were blowing

BIRDING SITES & HIGHLIGHTS HAWAII ISLAND

SITES: Hawai'i Volcanoes National Park • Palila Forest Discovery Trail (off of Old Saddle Road, near Waikī) • Kēōkea Beach Park

HIGHLIGHTS: 'akiapōlā'au* • 'amakihi • 'apapane • Hawai'i 'ākepa* • Hawai'i 'elepaio* • 'i'iwi • 'io (Hawaiian hawk)* • nēnē • palila* • pueo

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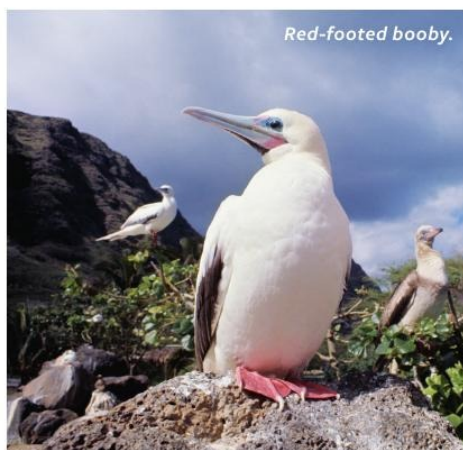
inland, which helps bring the birds closer to shore,” he says. “I saw sooty shearwaters heading south. I spent eight straight hours counting stream after stream of birds, flock after flock.” He recorded almost 15,000 in all.

“This is something that happens every spring and fall,” Tanino told me. “The birds have been doing this for thousands and thousands of years, but it’s something we still don’t know that much about. People think we’ve already discovered all there is to know about birds in Hawai‘i, but I think sea-watching is the last frontier.”

I’m excited to try it—though I may have to train for the stamina to stand watch for eight-plus hours.

KAUAI

I’m not embarrassed to admit that the first time I saw an albatross, I cried. Since child-



Red-footed booby.



Hawaiian moorhen.

hood, I’d dreamed of seeing one of these majestic flyers in person—but figured I would need to board a ship and spend days far from land in order to catch a glimpse. Not true. On Kaua‘i, mōlī (Laysan albatross) soar overhead at Kilauea Point National Wildlife Refuge and

BIRDING SITES & HIGHLIGHTS KAUAI

SITES: Kilauea Point National Wildlife Refuge • Kōke‘e State Park

HIGHLIGHTS: ‘ālae ‘ula (Hawaiian moorhen) • ‘apapane • Kaua‘i ‘elepaio* • koa‘e ‘ula (red-tailed tropic bird) • koa‘e kea (white-tailed tropic bird) • mōlī (Laysan albatross) • nēnē • red-footed booby

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can even be found on residential lawns in Princeville. The large black-and-white seabirds are startlingly beautiful. Their immaculate feathers look as though they've been sculpted onto the birds' sleek, powerful bodies. Laysan albatross are the endurance athletes of the bird world, sometimes flying over open ocean for years without touching land.

Mated pairs return to Kaua'i each winter to raise chicks. These long-distance lovebirds raise their beaks and outstretch their wings in synchronized dances, clicking and mooing and nuzzling one another. It's downright adorable—especially when a gray fluff-ball chick is added to the mix. Go ahead; try not to tear up. I dare you.

Albatross aren't the only aviators buzzing Kaua'i. Red-footed boobies barrel in, feet forward, to roost in the trees at Kīlauea Point. White-tailed

A BIRDING TRAIL TAKES FLIGHT

The **Hawai'i Island Coast to Coast Birding Trail**, which opened in 2016, spans 90 miles between Kona and Hilo, and has its own associated celebration, the **Hawai'i Island Festival of Birds**, which will feature a variety of activities and field trips, September 15–17.

The trail was designed to showcase Hawai'i Island's diverse ecology and species. An interactive website allows people to follow the trail at their own pace. The route starts in Kona with a focus on shorebirds and migratory birds at fishponds within Kaloko-Honokōhau National Historical Park. It continues through open grassland along Old Saddle Road and scales the shoulder of Mauna Kea to an elevation of 7,000 feet, and the refuge of the rare and charismatic *palila*, a yellow-headed honeycreeper. From here the trail meanders down through the lava flows and melodious forest birds of the Pu'u 'Ō'ō Trail. It ends on the



KARL LEHMANN / GETTY IMAGES

Seagoing mōli (Laysan albatross) are found in select places on Kaua'i and O'ahu.

tropic birds perform acrobatic displays against the dramatic sea cliffs.

Kaua'i is the only main Hawaiian Island free of mongooses, which means ground-nesting birds are safer here. With goslings in tow, nēnē waddle across the street in Hanalei. And I always scan marshes and the

eastern coast, with a look at plovers, ducks and other shorebirds near Hilo.

The festival was devised to fund the trail's establishment and ongoing maintenance. Held in September 2016, the inaugural event drew birders from across Hawai'i and from the mainland U.S. Attendees had chances to enjoy Hawai'i's splendid avifauna during field trips and talks.

"We have such amazing birds and such an important conservation story to tell," says Debbie Anderson, one of the founders of the trail. "The festival allows us to spread the word."

The second festival, in September, will feature land and sea birding expeditions, discussions of ancient Hawaiian featherwork, ornithological art displays and workshops with renowned avian photographer Jack Jeffrey. Author and conservationist Kenn Kaufman and recent American Birding Association President Jeffrey A. Gordon will speak. Visit hawaiibirdingtrails.com and birdfesthawaii.org.

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edges of streams for chubby black 'alae 'ula (Hawaiian moorhens). According to legend, these moorhens were forced to share the secret of fire with humans after the demigod Maui caught the birds cooking by a pond.

Kaua'i has its own collection of forest birds, too. During a trek along the rain-carved ridges at **Kōke'e State Park**, I saw several 'apapane—red-black-and-white honeycreepers—flit among the flowers dangling from thousand-foot-tall cliffs. How incredible it must be to travel unbound by gravity in such lofty terrain.

O'AHU

As might be expected, densely populated O'ahu has fewer birding opportunities than the other isles, but there are still notable species here.

Honolulu, the hub of Hawai'i's urban activity, hosts one especially rare, wonderful seabird. Most white terns, or *manu-o-Kū* (literally *bird of Kū*, the Hawaiian god of war) nest in the remote Papahānaumokuākea Marine National Monument, but a cosmopolitan few have chosen to live amid the high-rises and hotels of Waikīkī, making Honolulu the only place on the four biggest Hawaiian Islands to find these terns.

Over the past 14 years, Honolulu's white tern population has roughly tripled, from 700 to about 2,000. The



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BIRDING SITES & HIGHLIGHTS O'AHU

SITES: Kapi'olani Regional Park • Ka'ena Point Natural Area Reserve (at end of Farrington Highway)

HIGHLIGHTS: *manu-o-Kū* (white tern)* • *mōlī* • O'ahu 'elepaio* • red-masked parakeet • 'ua'u kani (wedge-tailed shearwater)

*Only on O'ahu.

manu-o-Kū is now the city's official bird, and it has its own festival. A map of active nests can be found at whiteterms.org. The word *nest* is generous; female terns lay a single egg in the crook of a branch and hope for the best. The last time I visited, I stood in wonder beneath a ficus tree and watched two manu-o-Kū take turns delivering fish to a loudly squawking hatchling.

Even louder are Waikīkī's red-masked parakeets. These small parrots are native to South America, not Hawai'i, but they are fun to observe. Around 60 feral parakeets congregate in Kapi'olani Regional Park. I once found a small flock on the gate of the Waikiki Natatorium War Memorial. As their name implies, red-masked parakeets have vermilion faces that contrast sharply with their bright-green bodies.

Later on that same trip, I ventured to the westernmost point of O'ahu to explore

Ka'ena Point Natural Area Reserve. A 2.5-mile hike along the coast took me past boulder beaches, tide pools and blow-holes, with arresting views of the Wai'anae Mountains. I passed through a predator-proof gate to find wedge-tailed shearwater burrows and albatross nests. A Hawaiian monk seal napped on the coral-strewn beach.

As I listened to the wind whip past my ears—the same wind that carries these seabirds across the globe—I reflected on the mysteries yet unsolved. Bird-watching in such a place as this opens a window into the wild; it affords us the chance to connect intimately and unobtrusively with our natural world. ✕

Shannon Wiamecki was named 2016 Travel Writer of the Year by the Hawai'i Ecotourism Association. She writes from Maui.

The manu-o-Kū (white tern) is found on O'ahu.

PAUL & PAVEENA MCKENZIE / GETTY IMAGES



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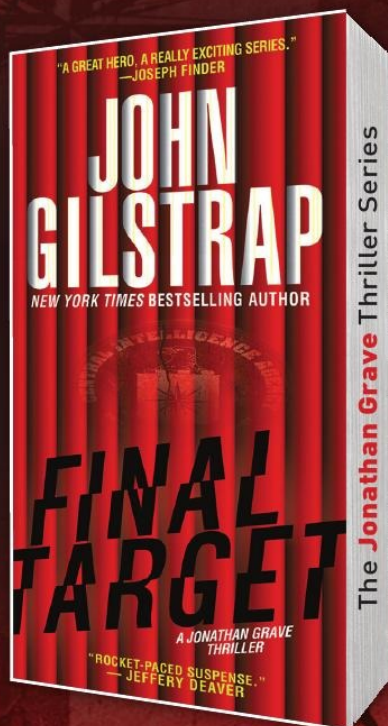
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Flyer guide

Your overview of the Alaska experience.

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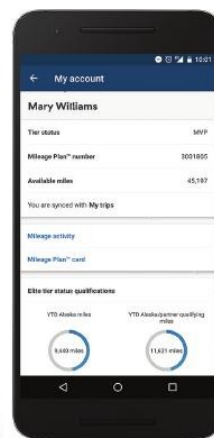


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Seats: 159

B737-700

Number in fleet: 9
Range: 2,985 miles
Seats: 124

B737-400

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Range: 2,000 miles
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Number in fleet: 4
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Seats: 76
Operated by Horizon Air



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Number in fleet: 26
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Virgin America's fleet.



Airbus A319

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Range: 2,986 miles
Seats: 119
Operated by Virgin America

Airbus A320

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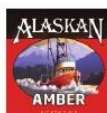
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First Class Wines

Featured wines this month.



Chateau Ste. Michelle
Washington
Indian Wells
Cabernet Sauvignon

A ripe, jammy style with dark-fruit aromas and flavors; Syrah adds richness.



Chateau Ste. Michelle
Washington
"Mimi" Chardonnay

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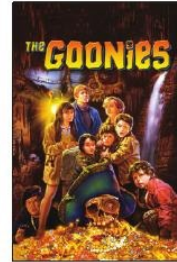
Wilson



Hidden Figures



Hot Pursuit



The Goonies



The LEGO Batman Movie

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- Avatar
- Baggage Claim
- Barbershop: The Next Cut
- Batman v Superman: Dawn of Justice
- Beasts of the Southern Wild
- Beetlejuice
- Creed
- Diary Of A Wimpy Kid: Dog Days
- Dodgeball: A True Underdog Story
- Enough Said
- Epic
- Exodus: Gods and Kings
- Fantastic Four
- Far From The Madding Crowd
- He Named Me Malala
- Hidden Figures
- Hot Pursuit
- How to Train Your Dragon 2
- Ice Age: Continental Drift
- In the Heart of the Sea
- Joy
- Kung Fu Panda 3
- Little Miss Sunshine
- Max
- Maze Runner: The Scorch Trials
- Me and Earl and the Dying Girl
- Midnight Special
- Moulin Rouge
- Mr. Peabody and Sherman
- Mrs. Doubtfire
- Pan
- Paper Towns
- Parental Guidance
- Penguins of Madagascar
- Percy Jackson: Sea of Monsters
- Point Break (2015)
- San Andreas
- Sideways
- Son of God
- Star Wars: A New Hope
- Table 19
- Taken 2
- The 33
- The Book of Life
- The Book Thief
- The Croods
- The East
- The Fault in Our Stars
- The Goonies
- The Intern
- The LEGO Batman Movie
- The Martian
- The NeverEnding Story
- The Other Woman
- The Peanuts Movie
- The Secret Life of Walter Mitty
- The Way, Way Back
- The Wolverine
- Turbo
- When Harry Met Sally
- Willy Wonka & the Chocolate Factory (1971)
- Wilson
- X-Men: Days of Future Past

Plus, TV shows from:



Like our tunes?

Take a look at this month's boarding music playlist:

Artist	Song
Joshua Radin	Stay
Fences	Buffalo Feet
Chastity Brown	Wake Up
Coast Modern	Dive
Current Swell	Staying Up All Night
The Head and The Heart	Library Magic
Will Stratton	Some Ride
Matt Nathanson	All We Are

Plus, check out our featured Sub Pop album of the month on Alaska Beyond:

Marika Hackman
I'm Not Your Man

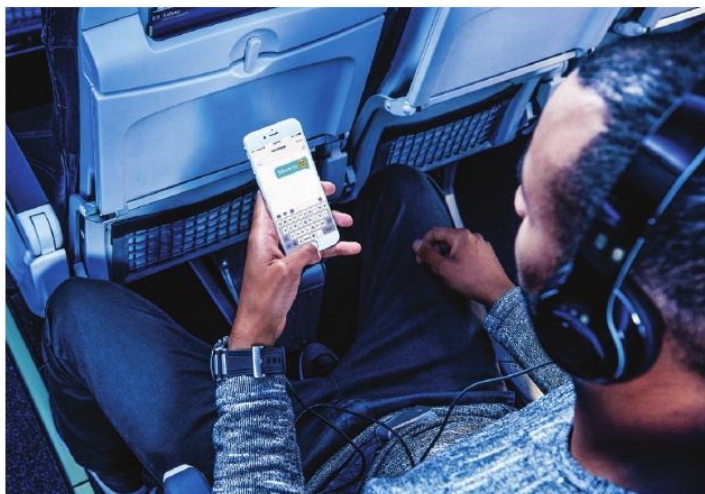
Marika Hackman turned away from the quieter sounds of her past to realize her teenage fantasy of fronting a raucous band. "I wanted to let rip and lose control," she says. The results are a dynamic, multigenre album tied together by razor-sharp wit.



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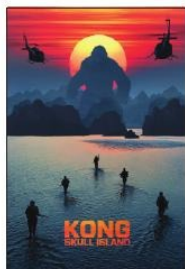
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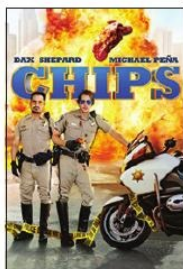
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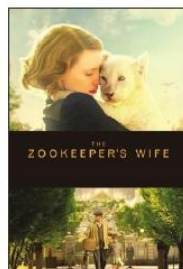
Kong: Skull Island



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The Zookeeper's Wife



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- Waived ticket change fees on Alaska
- Four annual guest upgrades
- 100% bonus miles and more

MVP GOLD 75K

(75,000 miles flown on Alaska)

All MVP Gold benefits, plus:

- Complimentary inflight entertainment player
- Four Alaska® Lounge day passes
- 125% bonus miles and more

*Miles flown on PenAir and Ravn do not count toward elite status qualification.



LONDON, ENGLAND



Carry the card for even more rewards.

Limited-time offer: Buy 1 ticket, get 1 for just the taxes and fees with Alaska's Famous Companion Fare™ offer.

• **30,000 bonus miles** after qualifying purchases.

• **Free checked bag** for up to six people on the same reservation.

Learn about all card benefits at alaskaair.com. The benefits above apply to Visa Signature® accounts only and different benefits apply to

Platinum Plus® accounts. Card type is determined by creditworthiness.

Cardholder perk: There's no limit to the number of miles you can earn.

Apply at AlaskaOffer.com or ask your flight attendant.

For information about rates, fees, other costs and benefits associated with the use of this card or to apply, visit the website referenced above. The Visa Signature® card benefits described herein are subject to certain restrictions, limitations and exclusions. This credit card program is issued and administered by Bank of America, N.A. Visa Signature is a registered trademark of Visa International Service Association, and is used by the issuer pursuant to license from Visa U.S.A. Inc. Platinum Plus is a registered trademark of Bank of America Corporation.

Big adventures for fewer miles. NEW

You can now book nonrefundable one-way award travel within the continental United States and Canada starting at just 5,000 miles.*

New starting price*	Previous starting price*	Distance each way	Sample routes
5,000 miles	7,500 miles	Less than 700 miles (intrastate)	San Jose–Orange County
5,000 miles	12,500 miles	Less than 700 miles	Seattle–San Francisco
7,500 miles	12,500 miles	701 to 1,400 miles	Los Angeles–Portland
10,000 miles	12,500 miles	1,401 to 2,100 miles	Portland–St. Louis
12,500 miles	12,500 miles	More than 2,101 miles	New York–Seattle

* Plus taxes and fees from \$5.60 each way. Award availability and pricing may vary.

We're taking Mileage Plan benefits to the next level. Learn more at alaskaair.com/gamechanger.

Join today and start getting rewarded. alaskaair.com/mileageplan

Mileage Plan gives you the world

Earn and redeem your Alaska Airlines miles to more than 900 destinations worldwide.

Find tips on how to earn and use miles on our global partners at blog.alaskaair.com/mileage-plan.



Explore more with Mileage Plan.



London, England
British Airways



Frankfurt, Germany
Condor



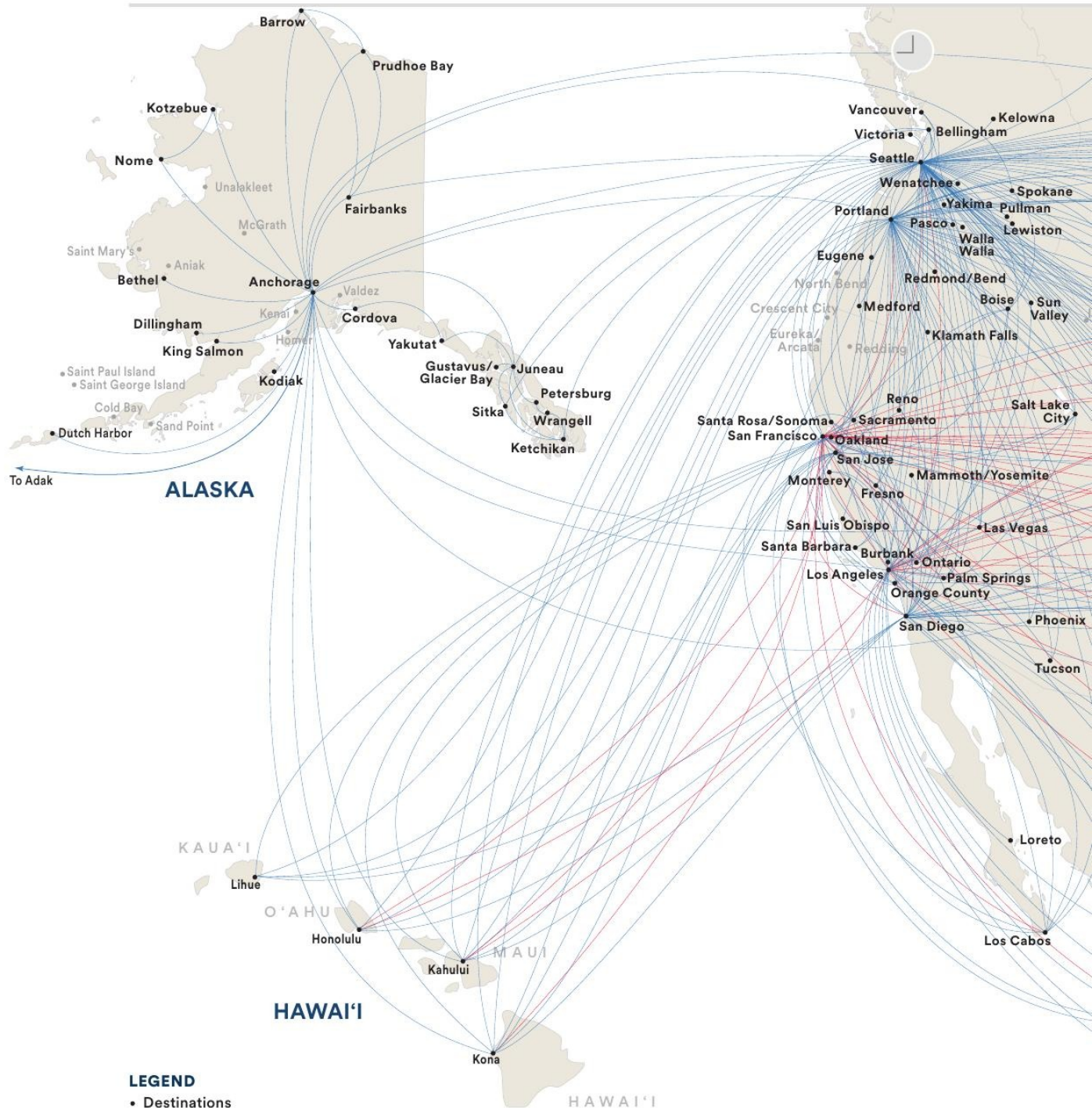
Tokyo, Japan
Japan Airlines



Dubai, UAE
Emirates

Where we fly

118 destinations and counting.

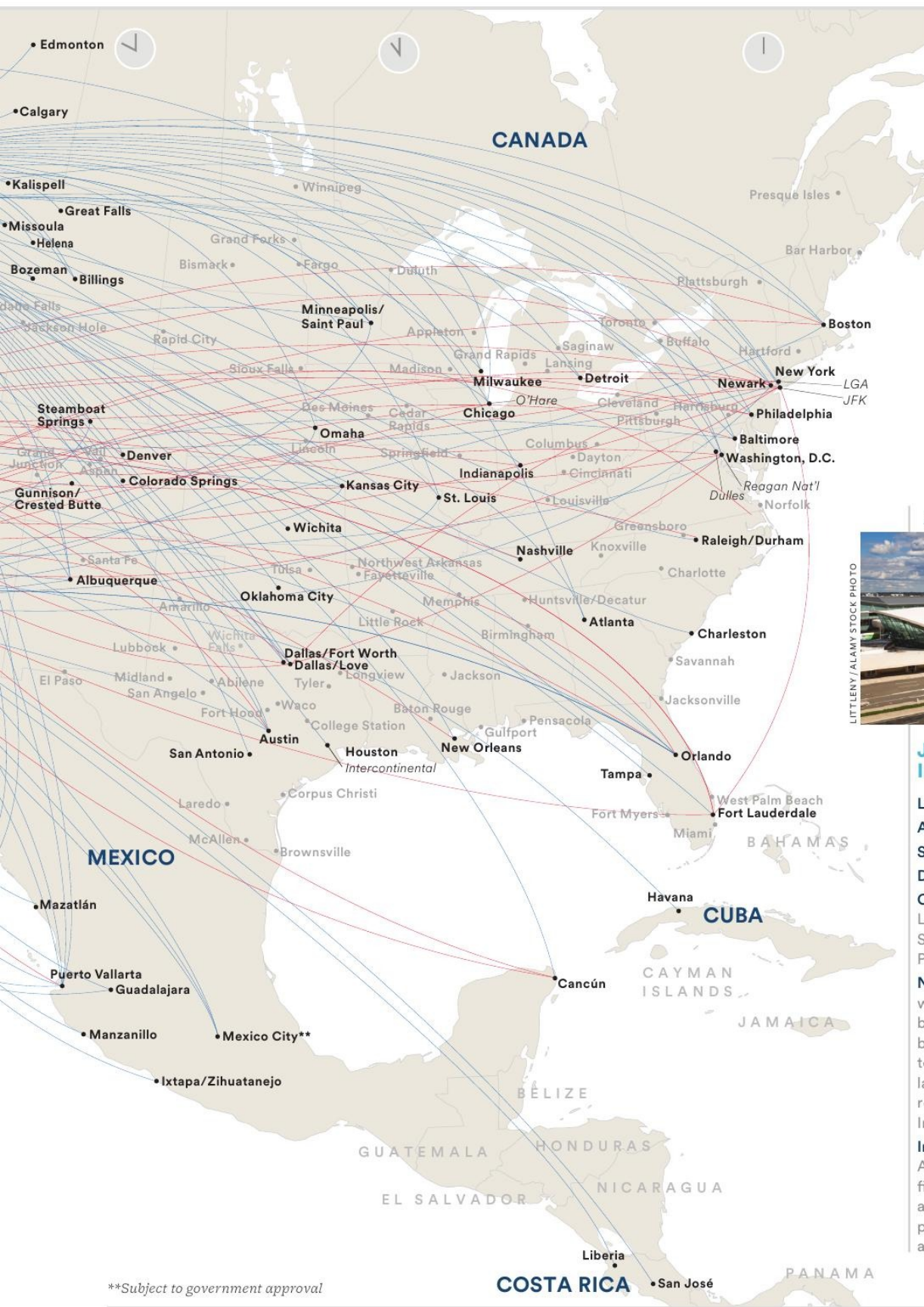


LEGEND

- Destinations
- Partner destinations
- Alaska Airlines routes
- Virgin America routes

UPCOMING NEW SERVICE

Route	Service Begins
San Francisco, CA—Minneapolis, MN	July 18
Portland, OR—Albuquerque, NM	August 18
Albuquerque, NM—Orange County, CA	August 18
San Diego, CA—Austin, TX	August 27



Some Alaska Airlines service operated by Virgin America, Horizon Air or SkyWest Airlines.

Some routes shown operate seasonally.

Airport of the Month



John F. Kennedy International Airport

Location: New York, NY

Airport code: JFK

Served since: 2015

Daily flights: 13

Cities served: Las Vegas, Los Angeles, Palm Springs, San Francisco and Seattle. Portland beginning Nov. 6.

Notable: In 1942, initial plans were for a 1,000-acre airport; by the time commercial flights began in 1948, it had grown to five times that size. In late 1963, the airport was rededicated John F. Kennedy International Airport.

Insider info: JFK now hosts ARK Pet Oasis, the country's first 24-hour privately owned animal terminal for horses, pets, birds, exotic animals and livestock.

**Subject to government approval

Airport terminal maps

SEA Seattle/Tacoma International Airport

Tip:

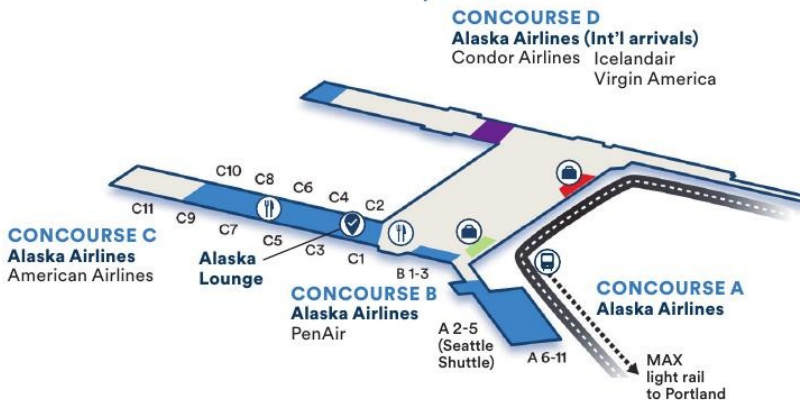
Connecting to an Alaska Global Partner? You'll need to take the shuttle train to the South Loop Train to get to the S gates.

Tip:

Our new Alaska Lounge—opening in June in the C Concourse—lets you raise your “preflight” game. We’ll have complimentary food, premium drinks, free Wi-Fi and more, so you can wait for your flight in style.



PDX Portland International Airport



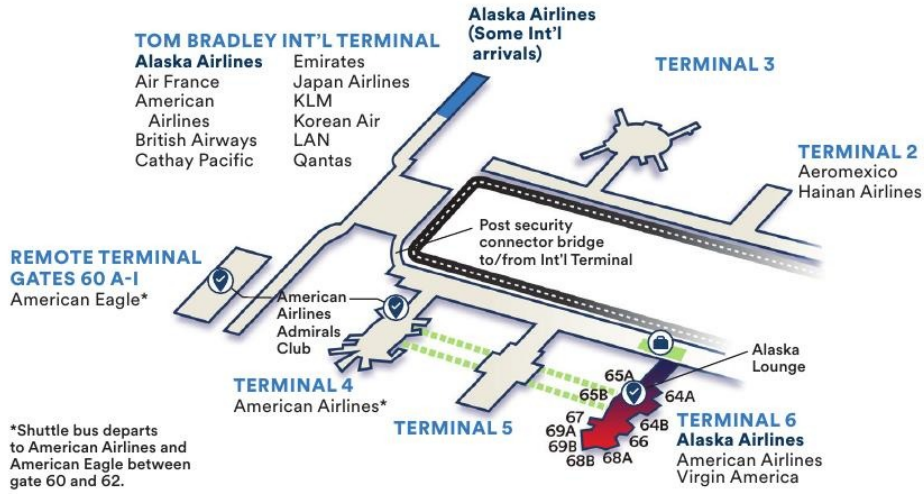
SFO San Francisco International Airport

Tip:

Alaska Lounge members have access to the Cathay Pacific Lounge at SFO when traveling on Alaska.

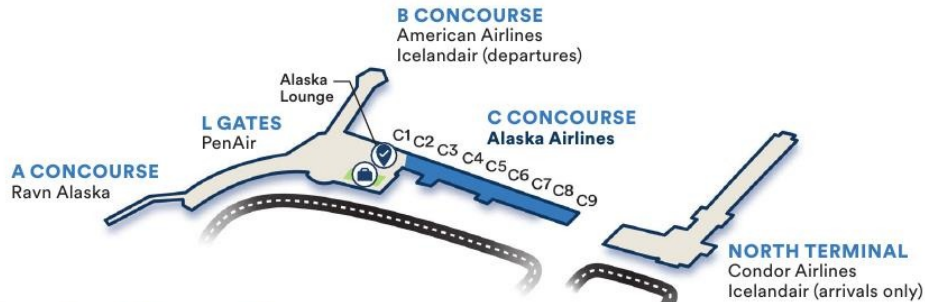


LAX Los Angeles International Airport

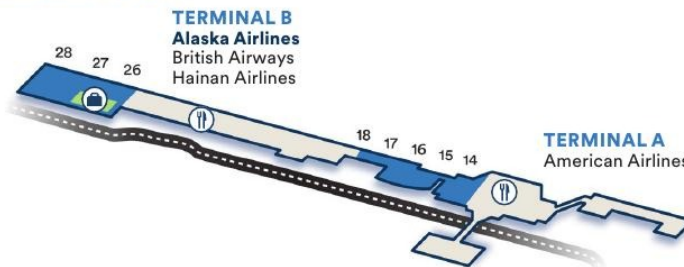


Tip:
Virgin America has moved to Terminal 6. Virgin America Loft has closed: Please visit the Alaska Lounge at Terminal 6.

ANC Anchorage International Airport



SJC San Jose Mineta Airport



SAN San Diego International Airport



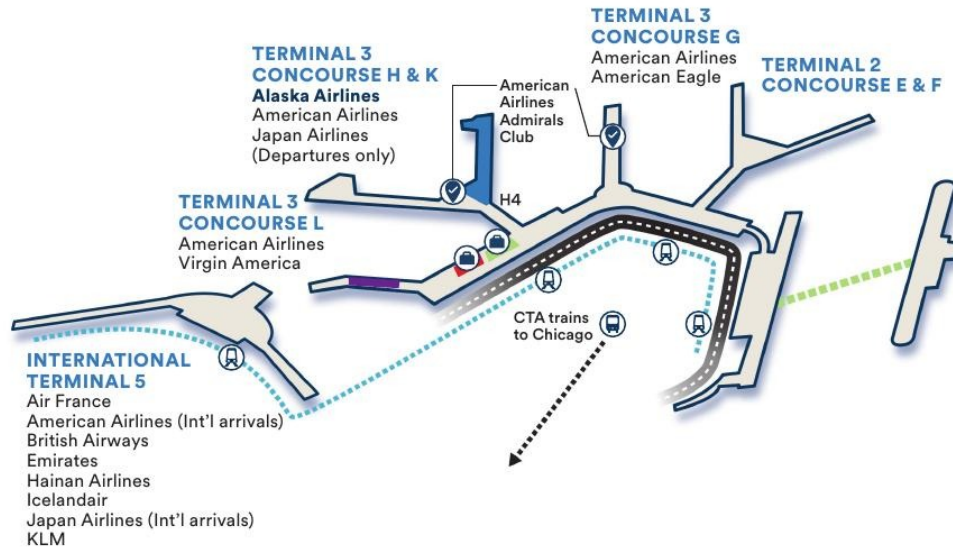
Global Airline Partner terminal maps

ORD Chicago O'Hare International Airport

American Airlines 

From Chicago, American Airlines serves 122 destinations in 11 countries, with convenient connections to Europe from the West Coast.

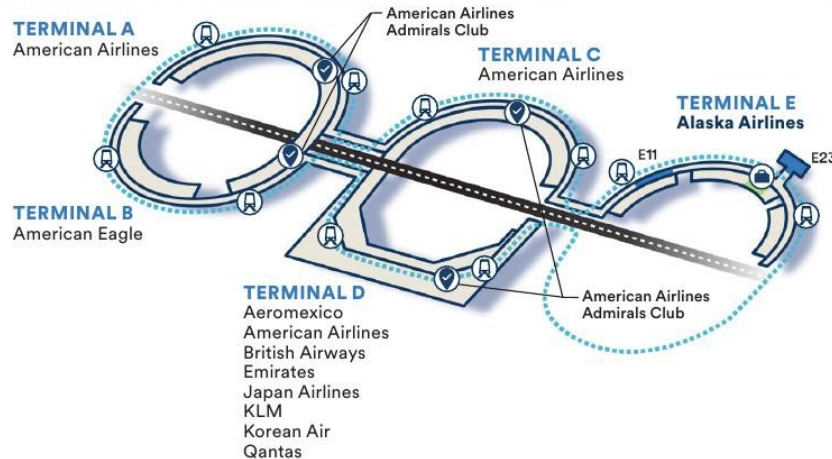
Tip: Alaska Lounge members receive access to most American Airlines Admirals Clubs when traveling on Alaska or American.



DFW Dallas/Fort Worth International Airport

American Airlines 

Headquartered in Dallas, American serves 197 destinations in 29 countries including Latin America, the Caribbean and Europe from DFW.

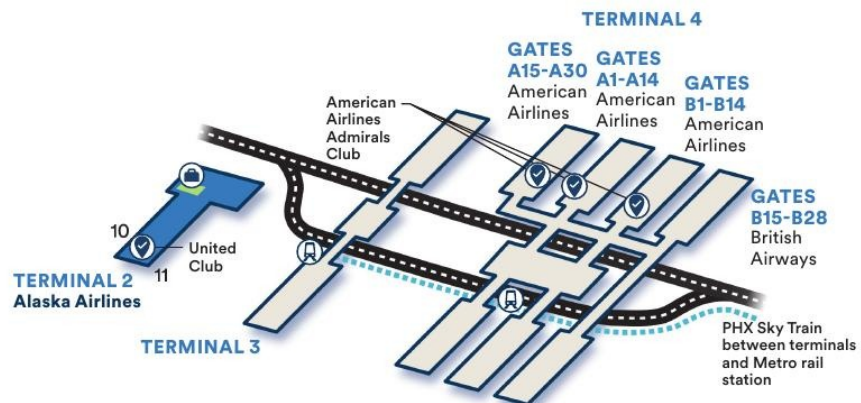


PHX Phoenix Sky Harbor International Airport

American Airlines 

From Phoenix, American flies to 81 cities with over 300 flights.

Tip: Alaska Lounge members have access to the United Club across from gate 10 at Sky Harbor when flying on Alaska.



Legend:



Dining Options



Alaska Airlines check-in



Virgin America check-in



Public transportation

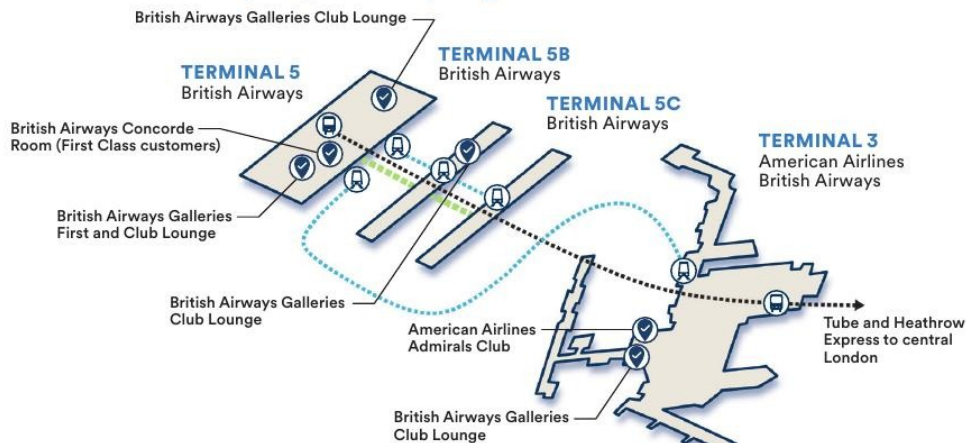


Airport transportation

Underground walkway

LHR Heathrow Airport, London, England

BRITISH AIRWAYS

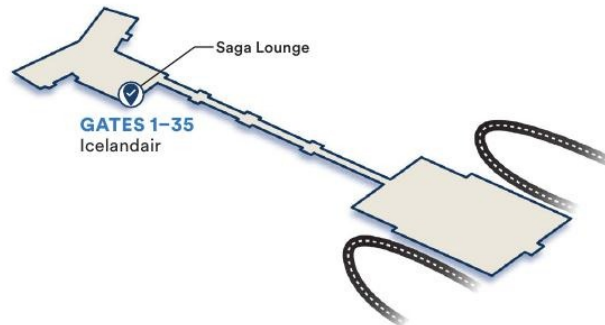


British Airways' London hub offers convenient connections from the West Coast to cities throughout Europe.

Tip:
MVP Gold & MVP Gold 75K members receive complimentary access to British Airways' Galleries Club Lounge in Terminal 5.

KEF Keflavík International Airport, Reykjavík, Iceland

ICELANDAIR

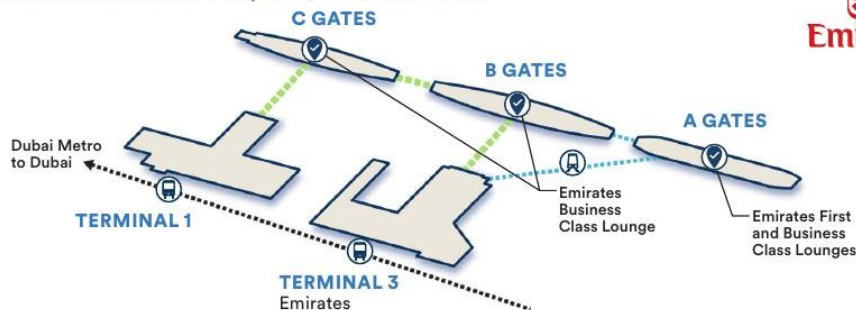


Tip:
MVP Gold and MVP Gold 75K members receive complimentary access to Icelandair's Saga Lounge.

Icelandair's Reykjavík hub makes for easy connections to the airline's 20+ destinations throughout Europe. Icelandair offers free stopovers in Iceland.

DXB Dubai International Airport, Dubai, UAE

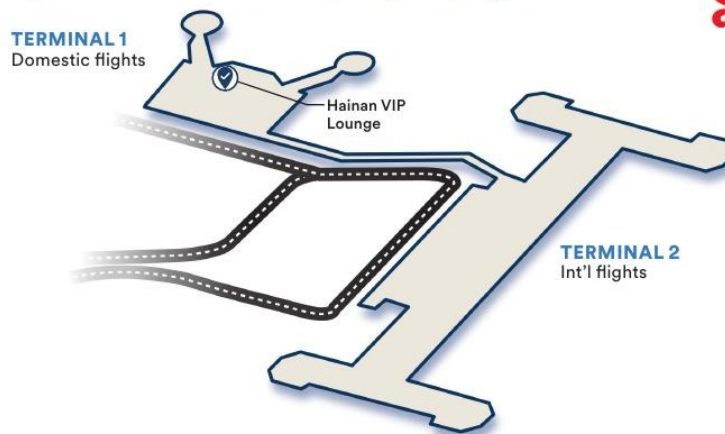
Emirates



Emirates' Dubai hub offers connections to 100+ destinations on 6 continents, all featuring the airline's world-class service.

PEK Beijing Capital International Airport, Beijing, China

HAINAN AIRLINES
Cherished Experience



Tip:
MVP Gold and MVP Gold 75K members receive complimentary access to Hainan's VIP Lounge.

With gateways in Seattle and San Jose, earn miles traveling to Beijing, Shanghai and to other destinations throughout China.

Customs and immigration

Please use all capital letters with blue or black ink.

Por favor use letra mayúscula en tinta azul o negra.

Global Entry is a U.S. Customs & Border Protection program that offers expedited customs entry with no processing lines, no paper-work, TSA Pre✓® eligibility and access to expedited entry in other countries. Apply at www.cbp.gov.



Customs and Immigration forms are distributed by flight attendants during your flight. Prior to landing, complete all forms that pertain to you, following the tips below. Completed forms are presented immediately upon entering the International Arrivals building.

TO THE UNITED STATES PASSPORT CONTROL KIOSKS

Automated Passport Control kiosks expedite the entry process. Eligible travelers scan their passport, take a photograph and answer a series of questions at the kiosk. Once complete, present the printed receipt from the kiosk to a Customs Officer.

Helpful tips

- Only citizens or nationals of the U.S., Canada or Visa Waiver Program countries are eligible to use the kiosk.
- Customs declaration forms are unnecessary.
- Kiosks available in Los Angeles (LAX), Portland (PDX), San Diego (SAN), San Francisco (SFO) and Seattle (SEA).

U.S. CUSTOMS DECLARATION

All travelers to cities without Passport Control kiosks must complete this form.

Helpful tips

- One form per person or one per family (family defines those in the same household who are related by blood, marriage, domestic relationship, or adoption).
- Lines 5, 6—If not using a passport, leave these lines blank.
- Line 9—Enter “AS” for Alaska Airlines
- Sign at the “X.”

INTERNATIONAL TRAVEL TIPS TO MEXICO

- All travelers must complete a Mexico Customs Declaration form; one per traveler or family with same address.
- All travelers, except for citizens of Mexico, must complete the FMM; one per traveler or family.

TO COSTA RICA

- All travelers must complete a Customs Declaration form; one per traveler or family.
- All travelers must complete an Immigrations Form; one per person.
- Costa Rica requires a \$29 departure tax for each traveler. For tickets purchased before June 1, 2016, pay fee prior to check-in with Alaska Airlines at the service centers in terminal check-in area. The fee is included in the price of tickets purchased after June 1, 2016.

Las formas de Aduana y Migración son distribuidas por los sobrecargos durante el vuelo. Antes del aterrizaje en su destino final complete las formas correspondientes usando las indicaciones que se proporcionan a continuación. Las formas completas serán presentadas en la Terminal Internacional.

QUIOSCOS DE CONTROL DE PASAPORTES

Kioscos automatizados de control de pasaportes acelerar el proceso de entrada y se encuentran en muchas ciudades servidas por Alaska Airlines. los viajeros elegibles escanear el pasaporte, tomar una fotografía y contestar una serie de preguntas en el quiosco. Una vez completa, presentar el recibo impreso en el quiosco a un oficial de aduanas.

Datos de ayuda

- Sólo los ciudadanos o nacionales de los países del Programa de Exención de Estados Unidos, Canadá o Visa son elegibles para utilizar el quiosco.
- Formularios de declaración de aduanas son innecesarias.
- Kioscos disponibles en Los Ángeles (LAX), Portland (PDX), San Diego (SAN), San Francisco (SFO) y Seattle (SEA).

DECLARACION DE ADUANA

Los viajeros a ciudades sin quioscos de control de pasaportes deben completar este formulario.

Datos de ayuda

- Una forma por persona o por familia con la misma dirección.
- Línea 5, 6—Si no tiene pasaporte, deje esta sección en blanco.
- Línea 9—Use “AS” para Alaska Airlines.
- Firme en la “X.”

CONSEJOS DE VIAJE INTERNACIONALES A MEXICO

- Todos los viajeros deben completar un formulario de declaración de aduanas México; uno por cada viajero o familia con la misma dirección.
- Todos los viajeros, excepto para los ciudadanos de México, deben completar la FMM; uno por cada viajero o familia.

A COSTA RICA

- Todos los viajeros deben completar un formulario de declaración de aduanas; uno por cada viajero o familia.
- Todos los viajeros deben completar un formulario de Inmigración; una por persona
- Costa Rica requiere un impuesto de salida de \$29 para cada viajero. Para los boletos comprados tarde del 1 junio, 2016, pagar la cuota antes de check-in con Alaska Airlines en los centros de servicio en el área de registro de entrada en el terminal. La tarifa está incluido en el precio de los boletos comprados el 1 de junio 2016.

Your safety and comfort

SEATS

- Your seat belt must be fastened whenever the “FASTEN SEAT BELT” sign is illuminated. Keep your seat belt fastened at all other times in case of undetectable clear-air turbulence.
- Seatbacks and tray tables must be in the upright, locked position during taxi, takeoff and landing.
- Child-restraint devices must bear the FAA approval sticker.
- Seat-belt extension use is not allowed in exit rows for the safety of all passengers due to the possibility of entanglement by the extensions.

CARRY-ONS

- All carry-on baggage must be stowed under a seat or in an enclosed overhead bin upon boarding and prior to landing, as directed.
- Please use caution when opening an overhead bin, as items may have shifted.
- Prior to takeoff and landing, service items provided by Alaska Airlines must be picked up or properly stowed under the seat in front of you, in carry-on luggage that is properly stowed or in an overhead bin.

LAVATORY

- Customers are requested to use the lavatory in their assigned cabin and are required to do so on inbound international flights; exceptions may be made for customers with special needs.

CREW SAFETY

- Interference with crew members’ (including flight attendants’) duties is a violation of federal law. Under federal law, no person may assault, threaten, intimidate or interfere with crew members in the performance of their duties aboard an aircraft under operation. Penalties for crew interference include fines up to \$11,000, imprisonment or both. An incident report may be filed with the FAA regarding a customer’s behavior.

USING YOUR DEVICES

We know use of your electronic devices is important, and we’ve adjusted our procedures to give you more time with those devices.

Allowed on the ground and in the air

- Laptops (must be stowed for taxi/takeoff/landing)
- Tablets/smartphones (Airplane Mode after door closure)
- Wireless mouse/keyboard
- e-readers
- Media/CD/DVD players
- Noise-canceling and Bluetooth headphones
- Cellphones (prior to door closure only)

DEVICES

- During taxi, takeoff and landing, portable electronic devices and headphones may be used. Larger electronic devices such as laptops must be stowed during taxi, takeoff and landing.
- Cellphones may be used while the boarding door is open until advised by your flight attendant that cell service must be turned off. Upon landing, your flight attendant will advise when cell service can be enabled.
- During flight, electronic voice communications of any kind (e.g., cell/VoIP calls) are prohibited.
- Headphones must be worn when using electronic devices such as personal music players, Inflight Entertainment Tablets, etc.

PETS

- Pets must remain in carrier for entire flight. Carrier must be stowed for taxi, takeoff and landing.

ALCOHOL AND TOBACCO

- Alcohol may not be consumed aboard an aircraft unless it has been provided by a flight attendant. No alcohol may be served to any person who appears to be intoxicated, or who is under 21 years of age.
- Smoking, chewing tobacco and electronic cigarette use are not permitted on any Alaska Airlines flight.

OTHER PROHIBITED ITEMS

- Alaska Airlines prohibits the use of items that do not meet FAA Regulations or Company regulations. This includes the use of seat-belt extensions not provided by Alaska Airlines, devices that restrict the recline of seats, self-heating meals or beverages, air filters placed on overhead vents and personal air-purifying devices.

The Federal Aviation Administration (FAA) and Alaska Airlines have set these rules and regulations to assure your safety and comfort.

CONTACT US

Customer care:
800.654.5669
(Mileage Plan,
Web Support,
Customer Care)

Toll-free
reservations:
Within the U.S.
and Canada:
800.ALASKAAIR
(800.252.7522)
(TTY 800.682.2221)
alaskaair.com

En Español:
800.858.5525
From Mexico:
001.800.252.7522

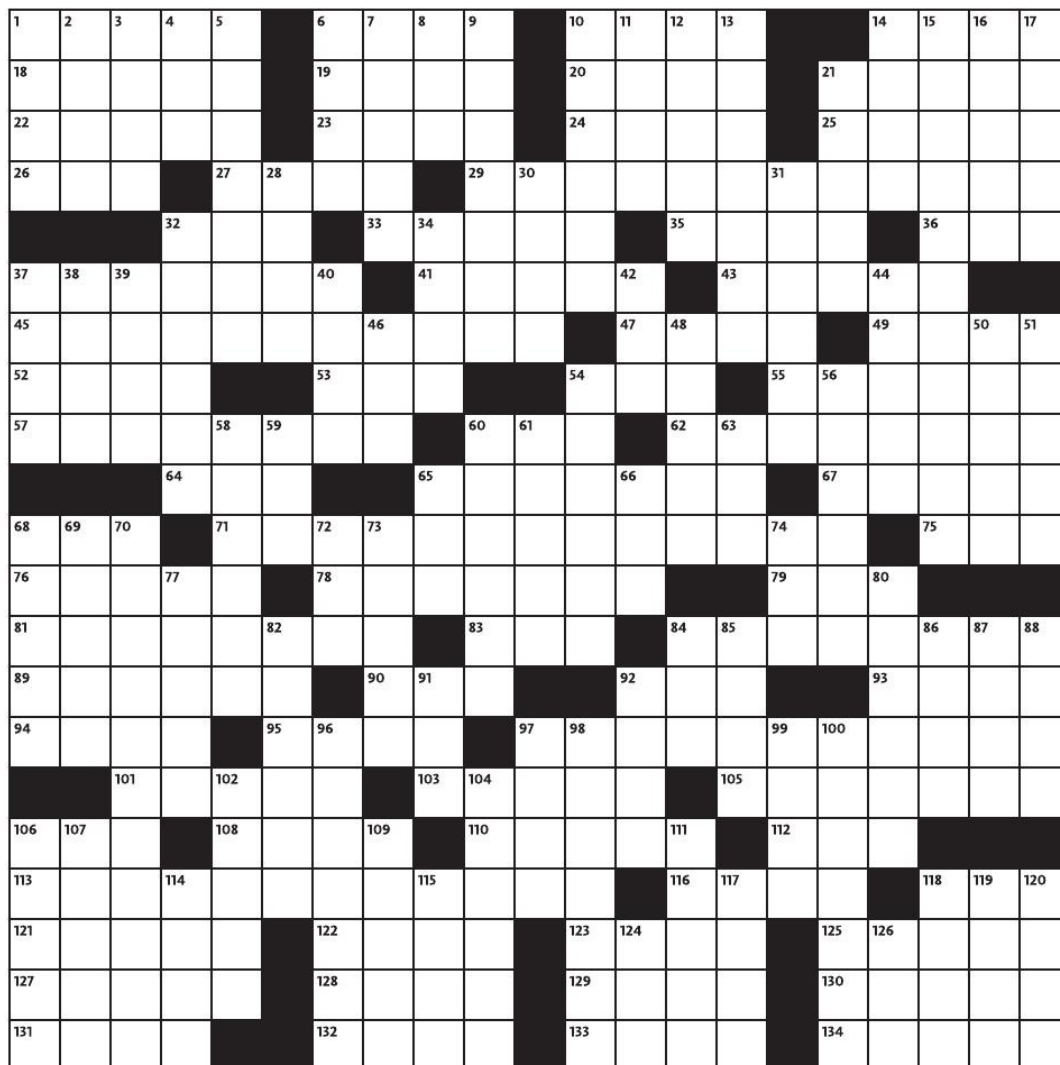
Alaska Airlines
Vacations:
844.762.0087
vacations.alaska-
air.com.

Not allowed during flight

- Voice calls of any kind, including VoIP
- Devices with cell service enabled
- AM/FM radios or TVs
- Personal air purifiers
- Remote-control toys
- Electronic cigarettes

ACROSS

- 1 Dirigible
6 Fine powder
10 Silents star
14 Wool producers
18 Plane spotter
19 Concert halls
20 First name in fashion
21 Charley horse
22 Febrero preceder
23 Billy Collins, e.g.
24 Go off
25 Very, musically
26 Director Craven
27 Abrade
29 Through it all
32 Shriver of tennis
33 Prepare for the race
35 Cager Webb
36 Tavern order
37 Property of matter
41 Lubricated
43 Teacher of Mozart
45 From champ to chump
47 Campus bigwig
49 Finish the lawn
52 Bible book
53 Nasser's gp.
54 Census datum
55 Embroidery yarn
57 Straightened up
60 VCR button
62 Least obstructed
64 Tick-tack-toe loser
65 Buff
67 Pacific pact
68 Bark
71 Certain statement
75 Stimp's cohort
76 Memorable mission
78 Scented ointments
79 Long in the tooth
81 Heckler
83 Legal matter
84 Cousteau's realm
89 Islands off Scotland
90 Wander
92 Tina's ex
93 Calls it quits
94 Mideast sultanate
95 Korea's Syngman ____
97 Hunting game
101 Gymnast Comaneci
103 Shaping tool
105 Renters
106 Offbeat
108 Like a triple play
110 German ones
112 Irving or Grant
113 Scattered
116 Roadies' hookup
118 Chinese tea
121 A witness may provide it
122 Barak of Israel
123 Holy Roman emperor
125 It'll knock you out
127 French painter



- 128 Pump part
129 *Trinity* author
130 On the lam
131 Serene spot
132 Winter Palace ruler
133 Bishoprics
134 The March King
- DOWN
- 1 Concoction
2 Alley
3 Fateful date
4 Scratch the surface
5 Proportionally determined
6 First-rate
7 Embrace
8 Grant's foe
9 Marsh plant
10 Stolid
11 A Baldwin
12 Stinks
13 Some sayings of Jesus
- 14 Hitherto
15 Laundry directive
16 Modern missive
17 Book part
21 Ironmonger?
28 Ugandan dictator
30 Incline
31 Shade
32 Ta-da!
34 Thunder
37 Turkey neighbor
38 Riviera city
39 This, señora
40 Together, in music
42 ETO commander
44 Plow pioneer
46 The in thing
48 Shine
50 *Beau* ____
51 John of England
54 Tea fare
56 Grapple, cowboy style
58 Air

- 59 Eur. kingdom
60 Impede
61 Give the slip
63 July sign
65 Not so bright
66 NFL scores
68 Popular search engine
69 Worry
70 Highway sign
72 Unclose
73 Smithy
74 Instant greenery
77 Desert dish
80 White-tie
82 Damascus native
84 Maui instrument
85 Golfer Lancaster
86 Snick and ____
87 German river
88 Pops the question
91 Roman money
92 Cannes conception
96 Least accessible
- 97 '60s musical
98 Classification of rock
99 Tide type
100 Maidens
102 Sink hole?
104 Garden tool
106 Busy airport
107 Struck out
109 Moral attitudes
111 Composer Erik ____
114 Black
115 Polynesian dance
117 It's creepy
118 Chinese dynasty
119 Dame Myra ____
120 Expanse
124 Third numero
126 Moreover

SOLUTION ON PAGE 206.

PennyPress

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PENNYDELLPUZZLES.COM

3 WAYS TO PLAY ALL SUMMER LONG!



WIN YOUR SHARE OF **OVER \$300,000**

Earn an entry for every 1,000 base points through August 25. Every entry is a new way to win!

1. Find all 12 Northwest icons and fill out your take-home game board to win \$500 cash! Keep collecting to win more cash!
2. Uncover all three Muckleshoot Casino game pieces to create our logo and win \$10,000!
3. Deposit drawing entries weekly for a chance to win a share of \$8,500! Drawings are held every Friday beginning June 9 at 4pm, 6pm and 8pm. Bonus e-drawings take place between 3pm and 9pm.

Visit muckleshootcasino.com for details.

COLLECT. MATCH. WIN.

Must be a Players Club member to participate. Muckleshoot Casino is not responsible for any lost or stolen entries or game boards. Game pieces and boards are non-negotiable, non-transferable and subject to availability and must be redeemed in person at Muckleshoot Casino. While supplies last. Promotions are subject to change without notice. Management reserves all rights.

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20 minutes from SEA-TAC International Airport
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800-804-4944 | muckleshootcasino.com



IT'S ALL ABOUT YOU



\$10 IN FREE PLAY

Code: **PUBAKFJL17**

Present your airline ticket stub (paper or electronic) or bring this ad to the Players Club for your Free Play offer!



Limit one Free Play redemption per guest per month. Not to be combined with other publications, promotional offerings and holidays. Must be or become a Players Club member to participate. Membership is free! Offer expires August 14, 2017. Free Play may not be available on all machines. For Free Play limitations, rules and details, see Players Club. Promotions are subject to change without notice. Management reserves all rights.

LADDERGRAM

First, write the word that fits the first definition into space 1. Then drop one letter and rearrange the remaining letters to form the answer to definition 2. Drop one more letter, rearrange, and get the answer to definition 3. Put the first dropped letter into the box to the left of space 1 and the other dropped letter into the box next to space 3. When you have correctly solved the puzzle, the dropped letters on the left and right, when read down, will spell out related words.

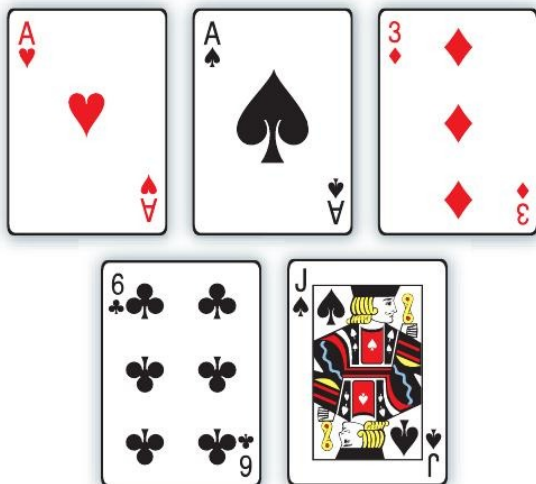
	1.	2.	3.	
	4.	5.	6.	
	7.	8.	9.	
	10.	11.	12.	
	13.	14.	15.	
	16.	17.	18.	
	19.	20.	21.	

DEFINITIONS

- | | |
|-----------------------------|-------------------------|
| 1. Royal head coverings | 12. Eden gal |
| 2. Under oath, as testimony | 13. Stories |
| 3. Skiing surface | 14. Bargain event |
| 4. Part of "FDR" | 15. — Vegas |
| 5. Burdened (with) | 16. Gaze fixedly |
| 6. Arrive at O'Hare | 17. Compass direction |
| 7. More thickset | 18. Complete collection |
| 8. Playful river mammals | 19. Ill-tempered |
| 9. Mall unit | 20. Aardvark's diet |
| 10. Audacity | 21. — Francisco |
| 11. Swerve | |

CARD SENSE

Five playing cards were shuffled and put in a pile, one on top of another. Using the clues, can you identify each card's position in the pile?



1. The six is somewhere above the heart.
2. The bottom card is not black.
3. The club is not on top.
4. Both aces are somewhere above the jack.

ANAGRAM MAZE

The diagram contains 36 words, 19 of which are anagrams of other everyday words. Start at the top arrow and anagram RING. While solving, move up, down, right or left to the only adjacent word that can be anagrammed. Continue until you arrive at the bottom arrow. There is only one path through the maze.

1 LOLL	2 BOWL	3 OWNS	4 APES	5 WHAT	6 RING
7 YOKE	8 ARMS	9 FORK	10 BANK	11 FANG	12 ROOF
13 KIWI	14 VETO	15 BEAK	16 MARE	17 AFAR	18 BALL
19 HAIL	20 BODY	21 HALF	22 SKID	23 ICON	24 MAKE
25 FLEE	26 CUPS	27 LION	28 HIGH	29 NONE	30 PENT
31 TONE	32 QUIZ	33 PIER	34 BATS	35 FEAT	36 LILY

SOLUTIONS ON PAGE 207.

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40 years invested in Alaska



Trans-Alaska Pipeline System (TAPS)

BP began production in Prudhoe Bay 40 years ago. Today, as a result of continued investment, we're exceeding initial output projections and are producing 55% of Alaska's oil.

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ALASKA
RAILROAD

© Glenn Aronowitz

» GAMES SUDOKU

Complete each sudoku grid by placing a number in each box so that each row, column and small nine-box square contains the numbers one to nine exactly once. **Solutions on page 206.**

DIFFICULTY: **EASY**

		6			8		1	4
2			6					
		8		9		6	3	
6	1			8		7	2	
	7		5	3	6		9	
	5	4		2			6	3
	8	5		6		1		
					9			2
7	2		4			5		

DIFFICULTY: **MEDIUM**

	2		9	4		3		
			6				8	2
3	6							5
		2	4			5		7
	5			9			3	
9		7			6	1		
1							7	3
4	8				2			
		3		6	9		5	

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OUTFITTING ALASKA ADVENTURES SINCE 1898

1907

1928

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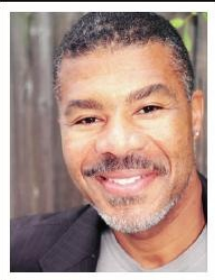
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CROSSWORD ON PAGE 200.



SUDOKU ON PAGE 204.

DIFFICULTY: EASY

5	9	6	3	7	8	2	1	4
2	3	7	6	4	1	9	5	8
1	4	8	2	9	5	6	3	7
6	1	3	9	8	4	7	2	5
8	7	2	5	3	6	4	9	1
9	5	4	1	2	7	8	6	3
3	8	5	7	6	2	1	4	9
4	6	1	8	5	9	3	7	2
7	2	9	4	1	3	5	8	6

DIFFICULTY: MEDIUM

7	2	8	9	4	5	3	6	1
5	1	4	6	7	3	9	8	2
3	6	9	8	2	1	7	4	5
6	3	2	4	1	8	5	9	7
8	5	1	2	9	7	4	3	6
9	4	7	3	5	6	1	2	8
1	9	6	5	8	4	2	7	3
4	8	5	7	3	2	6	1	9
2	7	3	1	6	9	8	5	4



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BRAIN BOOSTER PUZZLES ON PAGE 202.

LADDERGRAM

C	1. CROWNS	2. SWORN	3. SNOW	R
O	4. DELANO	5. LADEN	6. LAND	E
U	7. STOUTER	8. OTTERS	9. STORE	T
N	10. NERVE	11. VEER	12. EVE	R
T	13. TALES	14. SALE	15. LAS	E
R	16. STARE	17. EAST	18. SET	A
Y	19. NASTY	20. ANTS	21. SAN	T

CARD SENSE

By clue 2, the bottom card is red. It isn't the ace of hearts (clue 4), so it is the three of diamonds. The top card isn't the ace of hearts (clue 1), six of clubs (clue 3), or jack of spades (clue 4); it is the ace of spades. Since the six of clubs is somewhere above the ace of hearts (clue 1) and the ace of hearts is somewhere above the jack of spades (clue 4), the six of clubs is second from the top, the ace of hearts is third, and the jack of spades is fourth. In summary, from top to bottom: ace of spades, six of clubs, ace of hearts, jack of spades, and three of diamonds.

ANAGRAM MAZE

The path through the maze, with just one anagram given for each, is: 6. grin; 5. thaw; 4. peas; 3. snow; 2. blow; 8. rams; 14. vote; 15. bake; 16. ream; 22. kids; 23. coin; 29. neon; 35. fate; 34. stab; 33. ripe; 27. loin; 26. cusp; 25. feel; 31. note.

	2	3	4	5	6
	8				
	14	15	16		
			22	23	
25	26	27		29	
31		33	34	35	



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