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Photograph (right): New Alaska Airlines flagship lounge at Seattle-Tacoma International Airport



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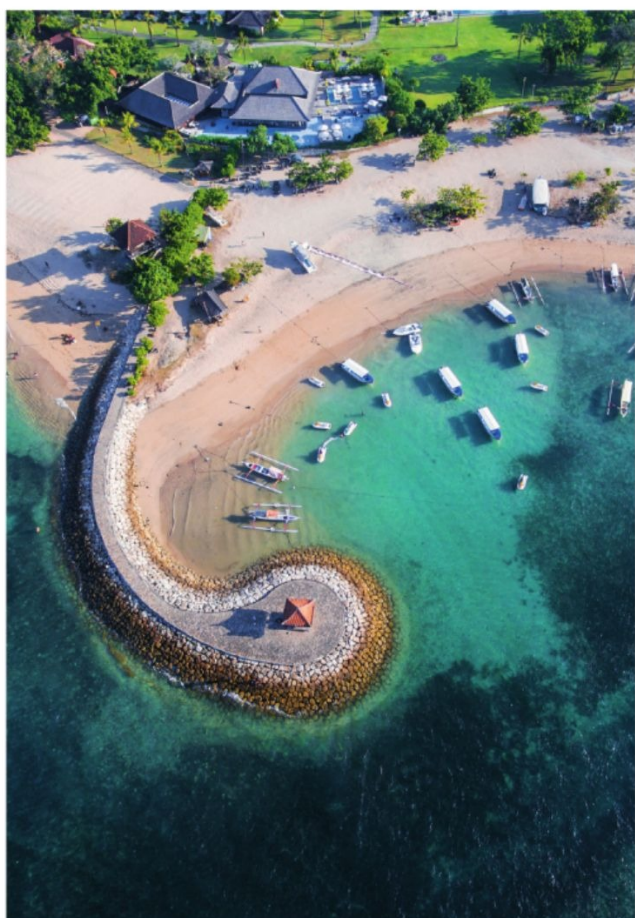
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Jesus Fuentes took part in  
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Alaska Airlines

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# WELCOME»



Alaska Airlines employees Ray Prentice, Shirley Purkey, Gary Peterson and Ann Ardizzone.

## OPENING DOORS



Brad Tilden,  
Chief Executive  
Officer

» In this month's editorial, Ray Prentice, our director of customer advocacy, talks about one of his passions—making air travel a little easier for our guests with disabilities. There were six kids in my own family growing up and two fantastic parents. Our dad was diagnosed with polio as a young man, and had no use of his right leg and very limited use of his left leg for all of his adult life. Like the folks in this story, Alaska's values around taking care of others make me proud to work here. —Brad Tilden



Ray Prentice,  
Director of Customer  
Advocacy, with  
Guide Dogs for  
the Blind puppies

Last summer, Alaska Airlines was involved in one of the biggest events ever to take place in Seattle—the Special Olympics USA Games. Our employees cheered athletes entering Alaska Airlines Field at Husky Stadium for the opening ceremonies, and we cheered athletes as we sponsored the stand-up paddleboarding competition at Angle Lake Park, located right next to our corporate headquarters.

It was an amazing experience lifting up these amazing athletes, their families, their coaches and so many volunteers.

But what was even more amazing was what hap-

pened after. As we shared the photos and stories of the week with our employees across the country, something magical occurred. Employees began writing us back, with comments like, "This is why I'm proud to work at Alaska!" And they shared their own stories of volunteerism and advocacy, often driven by a deep personal connection with a child, a sibling or someone in their community who has a disability.

It's no wonder Alaska can consistently deliver genuine, caring service when we have such amazing, kindhearted people committed to making EVERY guest journey remarkable. My fellow employees are truly advocates committed to improving the air-travel experience for travelers with disabilities. The article on page 46 shows many of the ways we're dedicated to serving those with disabilities, and I encourage you to read it. Through programs such as The Arc Wings for Autism, Special Olympics and more, our employees are continually getting involved, making connections and making a difference.

I'll never forget the day that I watched a mom and dad walk off a flight in tears. It was one of our Wings for Autism practice flights, in which Alaska helps



## » WELCOME

travelers with cognitive and developmental disabilities, including autism, and their families “try out” flying. I immediately approached the tearful pair, asking if they were OK. They were tears of joy. The family had been driving from Seattle to Texas for the past 15 years because they didn’t have the courage to attempt flying with their son, who is on the autism spectrum. After “practicing” flying with Alaska, and interacting with our employee volunteers, they felt they could attempt it. A few months later they wrote to tell me they had flown with us to Dallas and everything went great! I can’t tell you how rewarding it was to hear back from this family.

One of our captains, Bryan Burks, hears this a lot. As a longtime volunteer for Wings for Autism, he’s helped many families get over their fears and make their first flights. Bryan and I met during our very first Wings for Autism event, and he’s never turned down an

opportunity to participate. He’s constantly recruiting new pilot advocates and often shows up to help on his days off.

Another advocate is Gary Peterson. He is very connected with the disability community, and routinely hosts maintenance hangar tours for children with disabilities. Gary and I co-chair a voluntary employee-led group that is a resource for promoting accessible and inclusive services for our guests, and an inclusive workplace for employees.

Bryan and Gary are just two examples of the many employees who care deeply about making the flying experience better for everyone. They are the reason that I have been with Alaska Airlines for 30 years now, and counting. Our people are truly remarkable and are committed to making sure the skies are never a limit for any of our guests.

Thanks for flying with us today. —Ray Prentice

## » BIENVENIDO



**Brad Tilden,**  
Jefe Ejecutivo



**Ray Prentice,**  
Director de Apoyo  
al Cliente, con  
cachorros de Guide  
Dogs for the Blind

## ABRIENDO PUERTAS

» **En el editorial de este mes,** Ray Prentice, nuestro director de apoyo al cliente, nos cuenta sobre su pasión: hacer que los viajes en avión sean más placenteros para nuestros clientes con discapacidades. Crecí en una familia con seis hijos y dos padres fantásticos. A mi padre le diagnosticaron poliomielitis siendo muy joven, tenía su pierna derecha paralizada y apenas pudo usar su pierna izquierda durante toda su vida adulta. Por eso me enorgullece tanto que seamos una aerolínea que realmente entiende lo que es preocuparse y cuidar de los demás. —Brad Tilden

El verano pasado, Alaska Airlines participó en uno de los mayores eventos que se hayan celebrado en Seattle: los Juegos Olímpicos Especiales de USA. Nuestros empleados alentaron a los atletas a su llegada al Alaska Airlines Field en el Husky Stadium durante la ceremonia inaugural, y también los alentamos en la competencia de paddle surf, que patrocina-

mos, en el Angle Lake Park, ubicado justo al lado de nuestras oficinas corporativas. Fue maravilloso apoyar a estos increíbles atletas, sus familias, entrenadores y numerosos voluntarios.

Pero lo que sucedió después fue todavía más maravilloso. A medida que compartíamos las fotos y las historias de la semana con nuestros empleados en todo el país, sucedió algo mágico. Los empleados comenzaron a respondernos con comentarios como: “¡Esta es una de las razones por la cual me enorgullezco de trabajar para Alaska!” Y compartían sus propias historias de voluntariado y apoyo, a menudo motivados por una conexión profunda y muy personal con un hijo, un hermano o con alguna persona con discapacidad en su comunidad.

No es de extrañar que Alaska pueda ofrecer un servicio genuino y atento de forma sincera y consistente si contamos con personas amables y asombrosas comprometidas con hacer que el viaje sea una experiencia extraordinaria para CADA uno de

nuestros clientes. Mis compañeros de trabajo son verdaderos defensores de esta causa y están comprometidos a mejorar la experiencia de vuelo de todos los viajeros con discapacidades. Les invito a que lean el artículo en la página 46 que muestra todas las maneras en las que estamos conectados. A través de programas como Wings for Autism, Special Olympics y muchos más, nuestros empleados se involucran constantemente, se relacionan y marcan la diferencia.

Nunca olvidaré el día en que vi a unos padres bajar llorando de un vuelo. Era uno de nuestros vuelos de práctica de Wings for Autism, en los que Alaska ayuda a que los viajeros con discapacidades cognitivas y de desarrollo, como el autismo, y sus familias puedan “probar” volar en avión. Me acerqué de inmediato a la pareja y les pregunté si había algún problema. Eran lágrimas de alegría. Durante los últimos 15 años, la familia había tenido que conducir de Seattle a Texas porque no se atrevían a intentar volar con su hijo



que sufre trastornos del espectro del autista. Después del vuelo de "práctica" con Alaska Airlines y al interactuar con nuestros empleados voluntarios, sintieron que podían intentarlo. Unos meses más tarde, me escribieron para contarme que habían volado con nosotros a Dallas y todo había salido muy bien! No les puedo explicar lo gratificante que fue recibir noticias de esta familia.

Uno de nuestros capitanes, Bryan Burks, ha escuchado esto muchas veces. Como voluntario desde hace mucho tiempo con Wings for Autism, ha ayudado a muchas familias a superar los miedos y hacer su primer viaje. Bryan y yo nos conocimos en nuestro primer evento de Wings for Autism y desde entonces somos amigos. Bryan nunca ha rechazado una oferta para participar en nuestros eventos y continúa reclutando nuevos pilotos que, como él, apoyen esta noble causa, y a menudo, viene a ayudar en sus días libres.

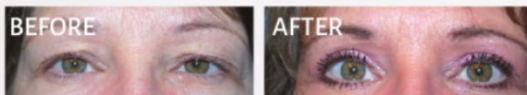
Otro defensor de la causa es Gary Peterson, de nuestro equipo de mantenimiento. Gary es un hombre maravilloso, muy conectado con la comunidad de personas con discapacidades, y frecuentemente organiza visitas a nuestros hangares para niños con discapacidades. Con Gary, copresidimos un grupo liderado por empleados voluntarios que sirve como recurso para promocionar servicios inclusivos y accesibles para nuestros clientes y un lugar de trabajo inclusivo para nuestros empleados.

Bryan y Gary son solo dos ejemplos entre muchos otros empleados que se preocupan muchísimo por mejorar la experiencia de vuelo para todas las personas. Son la razón por la que estoy en Alaska Airlines desde hace 30 años ¡y los que faltan! Nuestra gente es realmente extraordinaria y se ha comprometido a asegurar que el cielo no sea el límite para todos nuestros clientes.

Gracias por volar con nosotros hoy.

—Ray Prentice

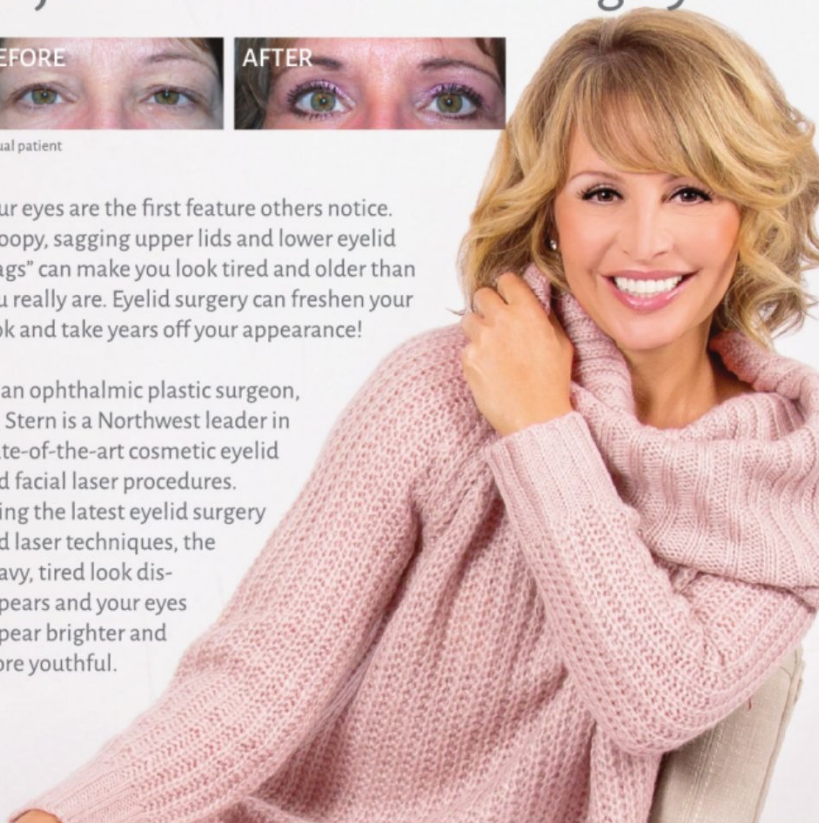
## Rejuvenate Tired Looking Eyes



Actual patient

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# IN THE KNOW»

## WHAT'S NEW: FALL BOUNTY

» The harvest season is here, and Alaska Airlines has brought the flavors of fall to our lineup of menu options available in the Main Cabin and First Class. By using ingredients such as butternut squash, pumpkin, apples and root vegetables, our chefs continue to emphasize seasonal, regional and healthful ingredients in the rotating menu selections. We are also enhancing these ingredients with savory herbs and spices, and by using cooking techniques—such as roasting—that are often associated with dishes served in cooler months.

In the Main Cabin, the Fall Harvest Salad (available for purchase on most coast-to-coast and Hawai'i flights) is deliciously autumnal with roasted butternut squash, quinoa, non-GMO fire-braised turkey, feta, spinach, Tuscan kale, pecans and dried cranberries. A maple-rosemary vinaigrette is served on the side.

In First Class (on select evening flights), the Portobello Mushroom and Caramelized Onion Ravioli includes roasted baby broccoli and carrots.

» Fall menu options available on select flights include (clockwise from top left) Bacon Gruyere Sous Vide Egg Bites, the Fall Harvest Salad and the Portobello Mushroom and Caramelized Onion Ravioli.



It's topped with a ginger-carrot coulis and garnished with grated pecorino Romano cheese and microgreens. On select morning flights, First Class passengers can enjoy Bacon Gruyere Sous Vide Egg Bites, accompanied by fingerling potatoes and a side of fresh fruit.

Some of the dishes continuing from previous months also have new elements this fall, such as the flavorful cracked black pepper hummus added to our Charge Up Protein Platter (available for purchase in the Main Cabin). And a fall menu wouldn't be



complete without drink offerings from the vine. In First Class, we are now offering a Cabernet Sauvignon from Intrinsic Wine Co., based in Washington state's Columbia Valley. The First Class Chardonnay selection is from Broken Earth in Paso Robles, California—a vineyard known for its balanced wines and sustainability practices.

Why not pair wine with chocolate? Organic and Fair Trade-certified bars from Seattle's Theo Chocolate are part of some of our First Class snack baskets, available on select flights.

For more about our food and drink options, check your seatback card or visit [alaskaair.com](http://alaskaair.com). Or view menu options and choose your meal up to two weeks in advance (for select flights) by using the Alaska Airlines mobile app.



## LET'S CHAT

■ Connecting with the Alaska Airlines contact center is now even easier since the launch of live Web Chat at the Alaska Airlines website ([alaskaair.com](http://alaskaair.com)).

The new service is available via the website from a desktop or laptop computer. The live-chat feature responds to guest feedback

by providing a new way to get help from the contact center.

"As a company, we're investing in better technology for our guests. Simultaneously, we're implementing better tools for our employees," says Travis Gelbrich, Alaska's managing director of Guest Care.

"We're investing in employee tools that

make transactions quicker and easier," says Gail Mahan, Alaska's director of contact center planning and technology. "The outcome is an improved guest experience."

We're always within reach. Call us, text us (at 82008) and chat with us online.

Web Chat is available on the "Contact Us" page at [alaskaair.com](http://alaskaair.com). ✈





## BOOK YOUR ENTIRE TRIP WITH ALASKA'S TRAVEL PARTNERS

By Scott Mackenzie

» Today's frequent-flyer programs don't stop paying out rewards after you've landed. In fact, you can keep earning miles on the go with Alaska Airlines Mileage Plan™. The airline has partners who will help you with great deals on hotels, car rentals and even pet care, making Alaska your one-stop shop for booking travel.

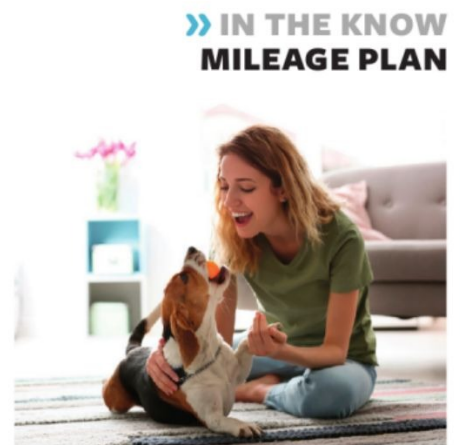
Every passenger needs a place to stay after arrival. That's why Alaska has partnered with Rocketmiles to create the airline's own hotel booking portal. Earn between 500 and 10,000 miles per night when you book through Alaska Airlines Hotels. That's right: ten thousand miles. You can earn thousands of miles at more than 400,000 properties around the world. You may even earn more miles than you redeemed for the award flight that took you there.

And if your account balance is already looking healthy, you can choose to redeem

miles for a free or discounted hotel stay. Alaska Airlines Visa Signature® cardholders get a preferred rate so they can save by redeeming fewer miles.

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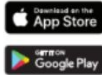
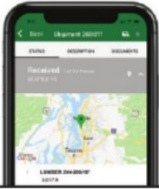
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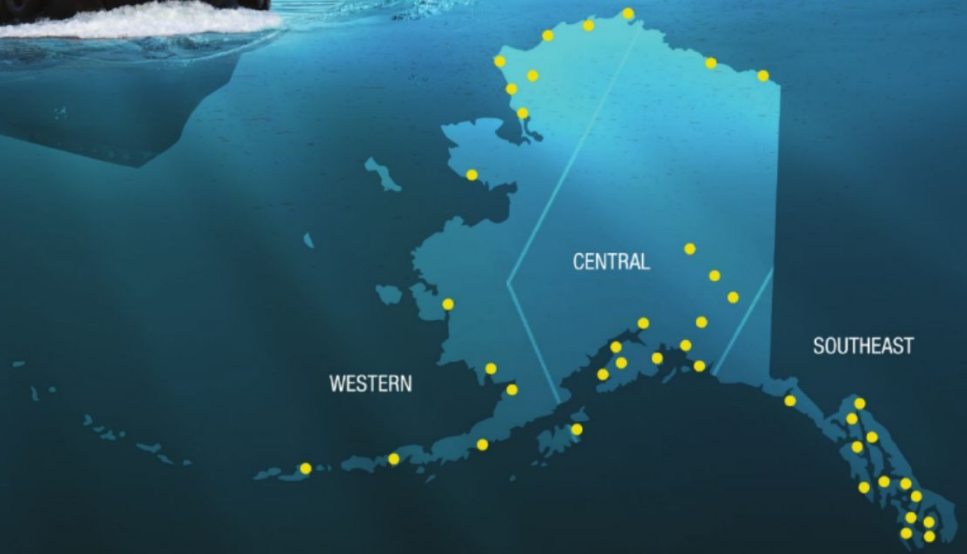
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## PICTURE PERFECT

Designated Trainer Customer Service Agent Darwin Johnson is a Legend of Customer Service

» For several years, Darwin Johnson was known around Alaska Airlines as “the man on the First Class signs.” During that time, the smiling face of this affable Customer Service Agent (CSA), who has trained thousands of other agents over a 35-year career at the airline, was literally the picture of an Alaska CSA.

“For some reason, they wanted to take my photo,” Johnson recalls. “So then I was on signs for First Class across the system.”

The self-effacing Johnson, who has since modeled articles of clothing for Alaska’s new-uniform tests, says that he used to get a lot of good-natured teasing for being a poster boy.

“It was fine,” he says with a laugh. “But I didn’t mind when they took those cards down.”

The truth is that Johnson is widely appreciated by his peers and supervisors as an exemplary employee. He is beloved for his expertise as a CSA, his emphasis on safety procedures, and his calm and positive approach to training.

Growing up in Tacoma, south of Seattle, Johnson began his career at Boeing as a machinist. He eventually decided to work at an airline because he loved travel, and he found his calling in customer service, working at Alaska as a reservations sales agent for three years before becoming a CSA. About 25 years ago, he also became a trainer and has thrived in this role, as a natural teacher and mentor.

“Darwin is welcoming and always willing to help,” says Donna Olson, Manager of Seattle Station Training. “Engaging with empathy and compassion, he’s kind, funny, and makes everyone, from new hires to leadership, feel valued.”

The appreciation co-workers feel for Johnson was evident last year, when he underwent a kidney transplant and there was an outpouring of support as he recovered. Amazingly, Johnson had even chosen to work while undergoing dialysis. It was one more instance of this agent being the picture of dedication. —Ben Raker



Darwin Johnson.

### QUESTIONS & ANSWERS

**What do you like most about your job?**  
It’s always the people—customers and co-workers. If I can help them in any situation, I do. That’s what keeps me going.

**How do you define good service?**  
Helping guests and co-workers and being able to fix their problems.

**What is your best job advice?**  
Build relationships with people so they can be comfortable coming to you. And treat

customers the same as you would your friends and family.

**What do you like to do outside of work?**  
I like golf when I can fit it in. I also love listening to music: bebop and heavy jazz.

**Where have you enjoyed traveling?**  
I like the Caribbean. Or Maui. Or Europe. Or South America. Also, my wife and I have a son in Arizona and a daughter in Houston. We try to get there when we can.

### KUDOS FROM DARWIN’S CO-WORKERS

“Darwin brings his whole self to work and is always willing to stay and help out when needed by new hires or the station.”  
—Karen W., Manager, Policies and Procedures, Seattle

“He’s a wealth of information, and he was always willing to teach me or show me how to do something if I didn’t know. No matter what your question is, he will drop what he is doing to help you. You can always go to him for help. He has the patience of a saint.” —Jake G., Flight Attendant, Seattle

“Darwin is Mr. Alaska Airlines, Superman, teacher and mentor, all wrapped up in one great package. He is known all over the system. He has a contagious smile and laugh. All agents, new and old, love him.”  
—Alana C., CSA, Seattle

“I always felt that in Darwin there was the co-worker/friend you could count on to do the right thing in any situation. It has truly been a pleasure working with this amazing man!” —Sheryl D., Supervisor, Employee Onboarding, Seattle

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## POSITIVE ACTION

Flight Attendant Marcie Peterson  
is a Legend of Customer Service

» The burly 30-something guest seated at the back of the plane seemed to be trembling during aircraft boarding in Seattle. Flight attendant Marcie Peterson slid into the empty seat next to him and asked how he was doing. “I’m so afraid of flying,” said the guest, a server for a prominent Seattle restaurant. She reassured him and kept checking on him during the flight. As the grateful guest deplaned, he invited her to visit the restaurant “any time.”

Flight attendants are “an oasis of calm” for guests, says Peterson, who has been with Alaska Airlines for nearly 30 years. “They see you are calm, and they know you also have a family and kids, and you wouldn’t be here if you were concerned, and they realize it’s all right.”

She likes to converse and make a connection with everyone she can on each flight. “I value every guest, and I want to make the flight fun and positive and memorable,” she says. “We get each moment in life only once, and since we’re going to have this time on the plane together, why not make it happy and fun?”

She is also known for always smiling, a reputation she cherishes. “Six years ago, I was in a bicycle accident and felt I had lost my face from the nose down. They didn’t know if they’d be able to reconstruct everything. I’m so grateful I have a smile and that I’m able to share it with other people,” she says.

She also shares her compassion, such as regularly making sandwiches for the homeless, helping people recovering from addiction, and leaving snacks and pop in a cabinet outside her home for postal carriers and delivery people.

She had wanted to be a flight attendant since she was a young girl, she says, and as soon as she was eligible to apply, at age 21, she sent a handwritten application letter to Alaska, her hometown Seattle-based airline. “I’m still pinching myself that I get to do this. I wanted to work for the best airline. When you get to say you fly for Alaska Airlines, it feels good.” —M. Dill



Marcie Peterson.

## QUESTIONS & ANSWERS

### What do you like about your job?

There is so much variety, and the people I work with are really good people—there’s camaraderie. I also have the opportunity to make a difference for guests every day. I’ve used our safety training to do CPR and bring someone back to life. That was an amazing and fulfilling moment.

### What’s important to you in life?

My husband and our two kids, and helping others. I love Martin Luther King Jr.’s

quote, “Life’s most persistent and urgent question is, ‘What are you doing for others?’” For my 50th birthday, I invited people to do 50 easy acts of kindness, from a list of 80, over six months. I did them all first so I could provide photos and how-to.

### What do you like to do for recreation?

Long-distance backpacking. I’ve hiked in remote areas of India, and in Thailand and Laos, and the 165 miles of the Tahoe Rim Trail in the mountains around Lake Tahoe.

## KUDOS FROM MARCIE’S CO-WORKERS

“Marcie Peterson is remarkable. She leaves a positive impression on everyone. She inspires and encourages others—guests and colleagues. Working with her and other dedicated flight attendants has been a highlight of my career. She shines inside and out, and is truly a legend.”

—Tom R., *Inflight Supervisor, Seattle*

“Whenever I’ve flown with her over the past 29 years—and I can speak for many others who have flown with her—she’s always had a smile on her face, whether

she was having a good day or a bad day. She smiles at guests; she smiles at co-workers, at pilots, at everyone. And she just makes the mood of the aircraft and the mood of the flight upbeat. She makes everyone feel at ease.” —Yasmin V., *Flight Attendant, Seattle*

“On each one of her flights, she makes every person feel special, from children to our top MVP Gold 75K guests. I’m so thankful I know her.” —Vicki L., *Customer Service Agent (retired), Seattle*



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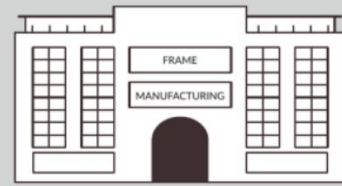


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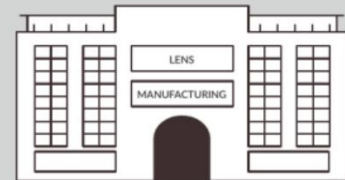
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# THE FEED»

## STAGECRAFT AND WIZARDRY

» Roughly two decades after Harry, Ron, Hermione and Ginny's time at Hogwarts School of Witchcraft and Wizardry, they've returned to platform 9 ¾ to see their own kids off to school.

In *Harry Potter and the Cursed Child*, acclaimed for its stage wizardry effects, these favorite characters return. The celebrated show is at the Curran in San Francisco beginning Oct. 23, following successful openings in New York, London and Melbourne. The show has won six

Tony Awards, including Best Play in 2018.

The story is broken into two 2.5-hour parts, which can be viewed consecutively or on different days. As Harry, now a husband, father and employee at the Ministry of Magic, grapples with his past, his youngest son, Albus, struggles with his inherited legacy as he sets off to Hogwarts. In the play, father and son learn that inspiration can come from unexpected places.

For more, visit [harrypottertheplay.com](http://harrypottertheplay.com).

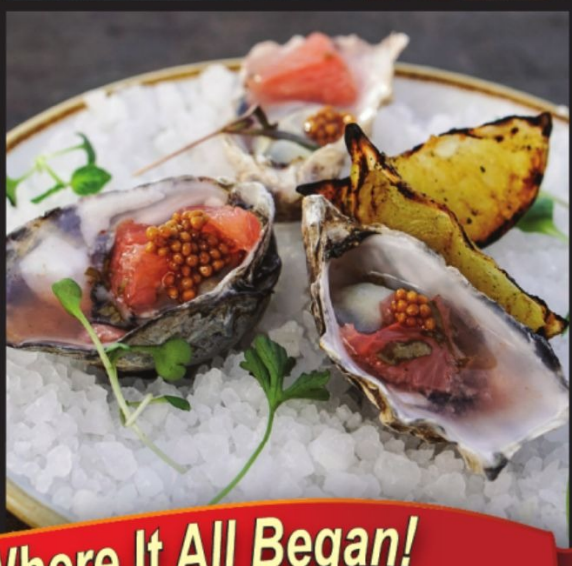
—Stella Harvey

Harry Potter's son Albus, left, in Potions Class.



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## CULTURAL CELEBRATION

» **Brazilian musical artists** such as Latin Grammy nominee IZA, Biquini Cavado (at right), Di Ferrero and Sandamí take the stage at the Brazilian Festival, Oct. 19–20, in Pompano Beach, near Fort Lauderdale, Florida. The annual event invites attendees to celebrate Brazilian culture and mixed-genre Brazilian music that blends pop, rock, samba and reggae.

Other performances by acclaimed Brazilian dancers showcase traditional styles such as capoeira and samba.

The festival's stage is a work of art in itself, with a large, vibrant piece, *Journey of the Mind*, by a Brazilian painter.

Food options from 40 vendors include Brazilian staples, such as Cochic Gourmet's *coxinha*—a fried chicken croquette—and Borogodó's Brazilian-style steak, fish and empanadas.

Visit [brazilianfestpompano.org](http://brazilianfestpompano.org) for more information. —Daniel Rury



## A WORLD OF ART

» **Shades of gray and black**, highlighted with delicate white coloring, come together to evoke the choppy surface of a body of water. At first glance, the work may appear to be a black-and-white photograph of the ocean. But upon closer inspection, viewers discover it is a drawing, by Latvian American artist Vija Celmins.

"Vija Celmins: To Fix the Image in Memory," at The Met Breuer in New York City, looks back at the career of Celmins, an acclaimed photo-realistic artist whose career spans more than five decades. Often inspired by the natural world, Celmins' work ranges from paintings to drawings to sculptures depicting images and forms such as starry skies, distant planetary landscapes and ordinary objects.

The exhibit, on display through Jan. 12, 2020, features approximately 120 pieces by Celmins, including some of her earlier work created in the 1960s. *Envelope*, a large oil painting created in 1964, features a white envelope lined along the edges with red and navy blue dashes. A ripped opening of the envelope casts a



blue shadow. One untitled piece, made with charcoal in 1998, features many soft white lines on a dark-gray background, evoking the image of a spider web.

Visit [metmuseum.org/exhibitions/listings/2019/vija-celmins](http://metmuseum.org/exhibitions/listings/2019/vija-celmins) for more information. —Stella Harvey

Vija Celmins, *Untitled (Big Sea # 1)*, 1969. Graphite on acrylic ground on paper.





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## REMARKABLE DESIGNS

» **Innovative tools created for people** with different physical, cognitive and sensory abilities will be on display in “Access+Ability” at The Nelson-Atkins Museum of Art in Kansas City, Missouri, Oct. 19, 2019, to

Feb. 9, 2020. The exhibit includes more than 70 functional, life-enhancing designs that were selected based on input from users, designers, caregivers, activists, researchers, occupational therapists and neuroscientists.

Designs include a prosthetic leg cover (at left) made by Alleles Design Studio. Alleles has a variety of designs and colors to choose from, giving amputees the ability to shop for options in the same way they do for clothes and other fashion items.

Another piece displayed is the Sound Shirt, which translates the experience of listening to music for people who are deaf and hard of hearing with sensors that allow music to be felt on the skin.

Visit [nelson-atkins.org](http://nelson-atkins.org) for more information. —Stella Harvey

## HISTORICAL IMAGES

» **In 1839**, members of the Academy of Sciences in France were presented with some of the first permanent photographs created through the daguerreotype process. Since photography was introduced to the public 180 years ago, it has continued to evolve, giving people around the globe new ways to see and experience the world.

“The Eye of the Sun: Nineteenth-Century Photographs from the National Gallery of Art” examines the first 50 years of the medium through a selection of 140 photographs from the gallery’s collections. On view in the West Building of the Washington, D.C., museum until Dec. 1, the collection includes 80 recent acquisitions. It showcases work from photographers such as Francis Frith and Julia Margaret Cameron, whose 1867 *A Minstrel Group* is shown at right.

The exhibit also includes the 1852 portrait *Queen Victoria and Children* by William Edward Kilburn in which the queen, unhappy with her appearance after the first picture, looks to the side in the second take.

Visit [nga.gov](http://nga.gov) for more information. —Stella Harvey



## A BIGGER BURKE

» **If you’ve ever wanted to see** what’s behind the scenes of a museum, step inside the New Burke this month. The Seattle museum’s new “inside out” theme is meant to highlight the ways in which visitors can interact with the space.

Long a working research museum, the new 113,000-square-foot facility, which is opening Oct. 12, features labs and galleries that let museum visitors interact with working scientists and artists.

The New Burke is also 66% larger than the former building, meaning the museum now



*The New Burke’s Grand Atrium includes mastodon and Baird’s beaked whale skeletons.*

has room to display more of the 16 million objects in its collection, including Coast Salish artwork, two Tiffany stained-glass windows, and a 66-million-year-old *Tyrannosaurus rex* skull that was found by Burke volunteers in Montana in 2015.

The size increase also creates more classroom space for University of Washington and Pre-K-12 students, who often visit the museum for hands-on learning opportunities.

Go to [burkemuseum.org](http://burkemuseum.org) for more information. —Lauren Gallup





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Reskate displayed Chili Queen at a prior Luminaria.

## NIGHT LIGHTS

» In 2008, San Antonio's then mayor, Phil Hardberger, thought his city was missing an outlet for its local creative community. Having been to nighttime art festivals in Paris and Madrid, Hardberger had a lightbulb moment. This was how the Luminaria Contemporary Arts Festival came to be.

On Nov. 9, Luminaria will showcase more than 50 artistic displays created by San Antonio, national and international artists. These installations will light up downtown San

Antonio's Hemisfair and the San Antonio River Walk. The festival is a celebration featuring music, dance, spoken-word, film, visual and interactive art. Multimedia and vibrant light-based installations include *Moon Mission Glow*, with a waxing moon lit in stunning color.

The festival will also feature performances such as *Resistencia en Silencio*, a dance-based display by Anaïs Bouts, Tania Solomonoff and Rodrigo Valero-Puertas. Visit [luminariaa.org](http://luminariaa.org) for more information. —Daniel Rury

## PLANTED ANIMALS

» Rabbits, penguins, meerkats, a lime-green snail and about 1,000 other creatures can be found at Desert Botanical Garden in Phoenix, Oct. 12, 2019, to May 10, 2020.

These animals, all made of recyclable industrial plastic, are "Wild Rising," a set of installations by Milan-based artist collective Cracking Art.

The installations, divided into 12 different groups, dot about 50 of the garden's more than 140 acres. The colorful installations are meant to spotlight the constant of plastics in modern life, and the need for social responsibility and habitat conservation as a result.

"We want people to feel a sense of

empowerment, that there's some action—as simple as recycling—that they can take," says Elaine McGinn, the Desert Botanical Garden's director of planning and exhibits.

Installations include *The Wolf House*,

featuring a pack of Mexican gray wolves, and *Elephant in the Room*, with a 10-foot tall white elephant.

To create these plastic figures, artists use a blow-mold

technique—a process similar to that used to make glass bottles.

When the exhibit ends, the plastic animals will return to Milan to be shredded, heated and formed into new animals for a future exhibit. Visit [dbg.org](http://dbg.org) for more. —Daniel Rury



## WOWING ART

» In San Diego's Legacy Plaza this month, you might happen upon a shipyard with colorful fabric vessels. Unlike U.S. Navy ships once moored near here, these lightweight watercraft need only the energy and imagination of a child to begin sailing.

These ships appear in *Boats*, one of more than 20 theatrical presentations at the La Jolla Playhouse's Without Walls (WOW) Festival, Oct. 17–20. The biennial event aims to make theater accessible, with interactive shows that take place in public spaces.

Many of the performances have nautical themes as a nod to this year's festival venue, Arts District at Liberty Station, which served as a naval shipyard and training center until 1997. For example, *Tall Tales of the High Seas* (shown below) showcases performers from an Australian-based theater company, Strange Fruit, swaying on 16-foot poles and acting out a tale of mariners.

Audience participation is central to many of the shows. For instance, *Las Quinceañeras* has audience members enter two at a time into an enclosed set. Surround-sound headphones and special goggles let them become more fully immersed in a dreamlike experience. For more, visit [lajollaplayhouse.org/wowfestival2019](http://lajollaplayhouse.org/wowfestival2019). —Lauren Gallup





# Better Management Means Better Vacations

Vacation rentals are transforming the hospitality industry. Travelers of all types are opting to stay in a professionally managed vacation home over a traditional hotel — for many reasons. Extended families can reconnect over board games in the living room, far-flung friends can share recipes in the kitchen, and business travelers have plenty of space for their spouse and children to come along.

However, in the competitive world of online reviews, creating a five-star experience for vacation rental guests involves more than just passing along the door code. Vacasa, North America's largest vacation rental platform, cares for over 14,000 homes around the world and welcomes more than 2 million guests through its doors each year. The company's full-service business model handles everything for vacation rental owners, including bookings, housekeeping and maintenance, local home care, 24/7 guest service, permitting, tax registration and more.

Patrick Brady's home — a sprawling, two-acre estate in West Ocean City, Maryland — welcomes guests in search of a vacation rental with room to run. The Brooklyn Estate and Cottage features a pool, hot tub, fire pit, basketball court and wood fireplace. Guests love the estate, but it requires a high level of care to keep the property's amenities running smoothly.

"A vacation rental is really only as good as its property manager, especially with a home like the Brooklyn Estate. If a guest arrives and discovers that the pool isn't heated or that the hot tub isn't functioning properly, it can truly make or break their stay," said Brady. "Vacasa's local team ensures that every inch of my property is cared for, and I can rest easy knowing that if an issue arises, it will be responded to and remedied quickly."



The Brooklyn Estate - MD

Brady is also drawn to Vacasa's dynamic pricing technology that keeps the Brooklyn Estate and Cottage booked year-round. The company's extensive digital marketing and advertising maximizes bookings while their pricing algorithm adjusts rates in real time so that homeowners like Brady never leave money on the table.

"While our property certainly sees a high number of reservations in the summer months and around the holidays, Vacasa is able to book the shoulder months that may not bring as many guests to the area," said Brady. "We've experienced a double-digit increase in rental revenue with Vacasa and because of that success, we're trusting them with another one of our homes, The Manor at Brooklyn Meadows, now available."

Learn how Vacasa can help with all your vacation rental needs: [vacasa.com/beyond](https://vacasa.com/beyond) or 844.925.0558.







## » THE FEED IN FOCUS

» Former pro surfer Izzy Paskowitz (shown here with a surf-camp student) and his wife, Danielle, founded *Surfers Healing* to let children with autism feel the joy of surfing.

# SURFING FOR HEALING

By Matt Jaffe

» If necessity is the mother of invention, then consider what a moment of desperation can lead to. Case in point: Surfers Healing, the organization founded by onetime professional surfer Israel (Izzy) Paskowitz and his wife, Danielle, to lead free surfing camps for children with autism.

In 1996, Izzy competed at the World Longboard Championships in Hawai'i. Danielle watched from the beach with their son, Isaiah, who had been diagnosed with autism. As a baby, Isaiah had met developmental milestones, but when he was 2, he lost vocabulary and began to behave erratically.

At the competition, Isaiah, by then 5 years old, melted down. A distressed Danielle reached her breaking point and (during a pause in the action) wanted Izzy to take over.

Izzy recalls saying, "I can't take him now; I'm in full contest mode." He didn't quite know what to do. So Izzy picked up his son and took him directly into the ocean.

Parents of children with autism often need to be resourceful in finding what works for their child, and as a toddler, Isaiah had essentially taught himself to swim: "He floated like a manatee," Izzy says. By age 5, Isaiah was totally comfortable in water. Even so, the Paskowitzes didn't know what to expect when Izzy took Isaiah into the ocean.

"He wasn't crying," Izzy recalls. "And not only did he stop crying; he was happy and smiling. So I said [to Danielle], 'Go get my board. I'll take him out.'"

This episode became the inspiration for Surfers Healing, based in San Juan Capistrano, California. At the organization's free camps, held everywhere—from Manly Beach, Australia, to Malibu, California, to Montauk, New York—professional surfers, selected and trained by Izzy, paddle

children out for tandem rides that provide fun and therapy. The organization occasionally works with adults with autism, as well. Some campers learn to surf on their own.

"Autism is, in part, a sensory disorder, and there are so many aspects to surfing that are helpful," says Izzy. "The water and the movement ... the senses of taste, touch, sight, sound and smell—all of that going on together is immediately soothing for many of these children."

Surfers Healing's mission is simple: to enrich the lives of people living with autism by exposing them to the unique experience of surfing. Campers can stay all day if they're able, but they each have a designated time to surf, in case they need to leave, and in order to reduce waiting around.

While the goal is that campers experience the pure joy of surfing, the day's emotions are more complex for the Paskowitzes, as well as for the instructors and parents.

Many parents arrive and apologize in advance, because they have no idea how their children will react. Then they are tearful when they see their kids successfully ride a wave.

"There are parents who say, 'I never would have thought my child could do that,'" says Danielle, who also serves on the board of TERI (Training Education Resources Institute), a San Diego County-based nonprofit that provides programs and services for autistic individuals and their families.

"We try to create an autism 'ohana ('family' in Hawaiian) and make parents comfortable," Danielle says. "Nobody is judged. We try to make each day a day of acceptance."

For Izzy and the instructors, there's no greater satisfaction than bringing surfing to the families: "The instructors' greatest attribute is their heart," Izzy says. "They're thankful to the parents and honored to be allowed into very challenging families and very difficult lives to share a little enlightenment ... riding waves." Visit [surfershealing.org](http://surfershealing.org). ✈





## CREATIVE WALLA WALLA

This wine and farming center enjoys a burgeoning art scene

By Jeff Bond

» On a Saturday afternoon, I walk down Walla Walla's quaint Main Street and stop to examine a bronze sculpture. It is a whimsical piece, by local artist Brad Rude, of a dog balancing a brick, a rock and an apple on its nose. The 2001 work, named *Thoughts Discovered*, is one of the dozen-plus art pieces that are located along Main Street and in other parts of this Southeast Washington town.

Best known for the more than 120 wineries and dozens of tasting rooms serving world-class wines in and around the town, Walla Walla has long been an agricultural center for sweet onions, wheat and a variety of other crops. In addition, the town has become a center for the visual arts in this part of Washington. It is a movement that one of Walla Walla's most prominent artists, Squire Broel, has been involved with for years. Various Broel works, including his 2013 bronze *Looking Forward, Looking Back*, are located on Main Street.

His works also are on display on the Whitman College



campus, just a few blocks east of downtown. The school has a self-guided walking tour that leads visitors to a variety of art pieces, installations and sculptures, including the colorful bronze *Carnival* by artist Jim Dine and the hanging paper-collage installation *When Nothing Ends, Nothing Remains* by artist Jacob Hashimoto. Broel, who grew up in Walla Walla, says the town has a vital and burgeoning visual arts scene.

"To me, it's an exciting time to be here as an artist," says Broel, who will be offering tours of his downtown studio this



## » THE FEED WHEN IN WALLA WALLA



» ***Clockwise from top of opposite page: Walla Walla sights include Main Street; the sculpture *Carnival* and the paper collage *When Nothing Ends, Nothing Remains*, both at Whitman College; the Foundry Vineyards art gallery; and Brad Rude's sculpture *Thoughts Discovered*.***

month. "There is a real drive to combine the local wine industry with the food scene and the arts."

That combination can be seen in many of the town's tasting rooms, where works by prominent artists adorn the walls, including at Studio Two Zero Two & Morell Family Wines, which features works by Broel and the Walla Walla ceramics artist Penny L. Michel.

One of the most notable tasting rooms combining fine art and fine wine is Foundry Vineyards. Located west of downtown, the winery was launched by Mark and Patty Anderson, who also started the nearby Walla Walla Foundry, renowned nationally and internationally as a top facility for casting, fabricating and creating large works of art. The foundry cast many of the art pieces on display around town.

The Foundry Vineyards tasting room and art gallery—which is owned and operated by the Anderson children, Lisa and Jay—may be most famous for having hosted in 2015, in conjunction with Whitman College, works by famous Chinese artist and activist Ai Weiwei. The tasting room is now display-

ing the exhibit "Solids & Voids, An Exploration of Boundaries," through October 26. The exhibit is a collection of two- and three-dimensional abstractions by Seattle-based artists and designers Sallyann Corn and Joe Kent.

The mixing of art and wine has also influenced the local culinary and artisanal-food scene, which is another draw for visitors to Walla Walla. Stellar restaurants such as Brasserie Four, Eritage Restaurant & Bar at the Eritage Resort, The Marc Restaurant at The Marcus Whitman Hotel & Conference Center, Passatempo Taverna, Saffron Mediterranean Kitchen, the Walla Walla Steak Company and Whitehouse-Crawford are just a few of the town's great dining locations.

The restaurants often buy produce from local artisanal-farming operations, some of which are represented at the Downtown Farmers Market at Crawford Park on Saturday mornings, from May through October. You can visit booths and tables, many offering local produce from area farms, such as Hayshaker Farm, a unique operation that uses only horses to work the 8-acre site to grow a variety of vegetables, fruits and herbs. Another popular spot is Monteillet Fromagerie, where Joan Monteillet serves her exceptional French-style goat cheeses. Joan and her husband, Pierre-Louis, run a 32-acre farm about 30 miles north of Walla Walla. Make a reservation with Joan to visit the farm and buy cheese and learn about the cheesemaking process. You can even stay the night in a farmhouse and get a taste of agricultural life in the Walla Walla Valley. ✈

Associate editor Jeff Bond is a native of Walla Walla.

Alaska Airlines ([alaskaair.com](http://alaskaair.com)) offers daily nonstop flights between Seattle (SEA) and Walla Walla (ALW).





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## » THE FEED OUT & ABOUT ST. LOUIS



» *Kiener Plaza and the Old Courthouse, framed by Gateway Arch at left, are among the points of interest along Gateway Mall. Recent improvements beneath the arch include the new entrance, above, to the visitor center and museum.*

## STROLLING IN ST. LOUIS

By Toni Lapp

» **An enduring symbol of St. Louis,** Gateway Arch is a monument to America's westward expansion and the city's historical importance along the route west. Completed in 2018, a five-year, \$380 million renovation of the area now known as Gateway Arch National Park has improved many aspects of the visitor experience, reconnecting the landmark to the city's downtown and bringing new opportunities for walking explorations into town.

Previously, the arch was wedged between the Mississippi River and what is now Interstate 44. The improvement project built park space over the highway to allow more foot traffic from the arch and riverfront to downtown.

To the west of the arch is Gateway Mall, a string of parks along Market Street. Following the mall toward the city, you can explore Kiener Plaza and the adjacent Old Courthouse,

with its tours and trial re-enactments. You can also walk among the outdoor sculptures and plantings of Citygarden park. To the east of the arch is the river, with riverboats playing rag-time tunes. Factoring in the park and mall, several miles of walkways now wind through landscaped grounds, past fountains, public art and other points of interest.

The upgrades to the arch's interior include the addition of a cafe, which provides on-site food service for the first time. The entrance to the new subterranean visitor center has windows to bring light in. Deeper inside, the Museum at the Gateway Arch provides a historical perspective on St. Louis, which was established by French fur traders in 1764 near the confluence of the Missouri and Mississippi rivers.

Curators have added an exhibit detailing the building of the original monument, an effort that began in the 1930s and culminated with the arch's completion in 1965. The arch is a Midcentury Modern icon, a design by architect Eero Saarinen that now seems like a foregone choice. Yet visitors can view other proposals

that were considered, and can learn about the boldness of the freestanding arch's design.

The top of the 630-foot-tall structure can be accessed via a tram that follows a curved path to the top. Guests can linger there at the windows to take in views of the city and the river border between Missouri and Illinois. ✈



### GREEN SPACE IN THE CITY

St. Louisans often point out that their approximately 1,300-acre Forest Park is larger than Central Park in New York. St. Louis' beloved urban green space, with its rolling hills and wooded areas, was the setting of the 1904 World's Fair and now offers many family-friendly attractions with free general admission, including the Missouri History Museum, Saint Louis Zoo and Saint Louis Science Center. —T.L.

■ Fly Alaska Airlines ([alaskaair.com](http://alaskaair.com)) to St. Louis (STL) from Seattle (SEA) and San Diego (SAN).



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*Hermann, Missouri, is known for fall foliage and wine-tasting, such as at Stone Hill Winery, below.*

## MISSOURI RHINELAND EXCURSION

By Toni Lapp

» When fall foliage beckons, so do the wineries in picturesque Hermann, Missouri. Located about 80 driving miles west of downtown St. Louis, the town of 2,300 makes for a terrific day trip, accessible by car or train. And if you are lucky enough to be in the area in October, then *prost!* Oktoberfest activities are scheduled every weekend, and you will never be far from biergartens, accordions and lederhosen.

Hermann, in a region known as the Missouri Rhineland, was settled in the early 1800s by German immigrants who were reminded of their homeland by the rolling hills along the Missouri River. They discovered that grapevines grew easily on the rocky hillsides, and soon a winemaking scene flourished. Although Prohibition legally shut down the vintners during the 1920s and 1930s, the industry had begun rebuilding itself by the 1960s.

Hermann's quaint downtown is ideal for strolling among the numerous specialty shops

and boutiques. And the wineries are top draws for visitors. Stone Hill Winery and Hermannhof Winery are in town, and a handful of others are in the surrounding area. The Norton grape, Missouri's official state grape, is among the varieties grown locally.

The town also has several historical attractions that provide an overview of the region's past. The Deutschheim State Historic Site preserves two houses dating to the mid-1800s. Guides at the site tell of local forward-thinking abolitionists of German heritage and take visitors through a traditional "four-square" garden to highlight the living experiences of early settlers.

The Historic Hermann Museum is set in an old German school and features a bell tower that tolls on the hour. Nearby, Hermann Farm



offers guided tours, and visitors can also take a tractor-pulled tram to Black Shire Distillery and to the home of George Husmann, "father of the Missouri grape industry." The farm's Shire horses are the result of a breeding program to preserve this distinctive draft-horse breed that can reach weights of up to 2,000 pounds and are sometimes even larger than Clydesdales.

Outdoor enthusiasts will appreciate the nearby Katy Trail, which passes to the north of Hermann. Stretching about 240 miles along the right-of-way of the old Missouri-Kansas-Texas Railroad, the trail serves hikers, joggers and cyclists. The section through the Missouri Rhineland is especially picturesque in fall. ✈





**LAWRENCE CHIARELLI**, Sales Director at tech start up. BS, Bloomsburg Univ. Interests: golf, running, travel

# BREAKING UP WITH ONLINE DATING

Technology has made dating more complicated and impersonal.

**HIRING A MATCHMAKER MIGHT BE THE SMARTEST INVESTMENT**

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At first, Larry Chiarelli, director at a tech start up, thought he was doing all he needed. Sign up on multiple dating websites. Meet lots of women. Eventually, the right one would come along – except she never did. So he decided to bring in the professionals and hired It's Just Lunch. It's Just Lunch's matchmakers got to know him and his preferences. They selected his dates, arranged schedules, and even made the restaurant reservations. Dating became stress-free and fun. Larry was a practical guy and didn't believe in love-at-first-sight... until IJL introduced him to Ping.

## Dating life before joining It's Just Lunch?

Lawrence: Chaotic! I was meeting a lot of women but not the right women for me. Online dating was time consuming and stressful. I needed someone to relieve me of the dating busy work so I could get some breathing room. I needed to slow things down to speed them up. It's Just Lunch fit that criteria perfectly.

## Why join It's Just Lunch?

Ping: I fly frequently for both work and fun. When I saw It's Just Lunch in the airline magazine, it was as if the matchmaker was talking to me! One day after a particularly long flight and wanting to snuggle with someone and watch a movie, I decided it couldn't hurt to give it a try.

## Most enjoyable part of the It's Just Lunch process?

L: Having someone doing all the work to select and schedule a date. It was like I had my own personal dating concierge to take care of all the details. All I had to do was be on time for my date and be myself. It really was a stress-free experience.

## What was it like working with the It's Just Lunch matchmakers?

L: Easy and convenient. The company I was working for was going through a merger so I was away from home quite a bit. I'd finish my day and there would be a message from my matchmaker telling me about my

next match. I'd call back, get the details and run through my availability. The next thing I knew I was in front of an interesting woman having a great conversation.

## Do you have any advice for singles who want to meet that special someone?

L: I tell my clients an analogy all the time: Would you rather drive across the country in a Toyota Corolla or a BMW 5 series? They always say the 5 series. You get what you pay for. Investing in yourself and your future with someone special means investing in the right matchmaking service. For me that was It's Just Lunch.

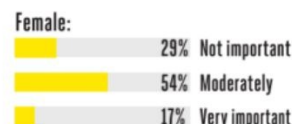
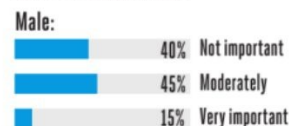
P: Invest in your own happiness, it is always worth it.

The success of It's Just Lunch is built on creating high quality matches in low pressure situations. In 28 years, they've set up millions of first dates. Make meeting someone special a priority. **Get in touch at 800-858-6526 or [www.itsjustlunch.com](http://www.itsjustlunch.com).**

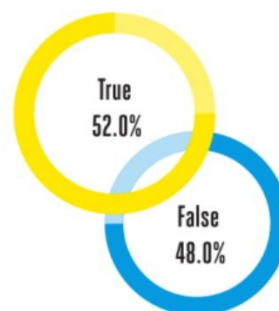
**PING MA**, Owner of RollingPing Custom Cakes. MS, Columbia Univ. Interests: travel, wine, jogging

# THE POLITICS OF DATING

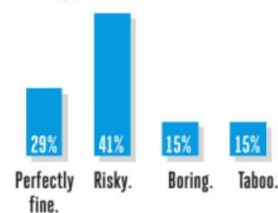
How important is a person's political party affiliation when deciding to go on a date with him/ her?



I could casually date someone who didn't have the same political beliefs as me, but in the long term it probably won't work out:



Talking politics on the first date is:



Source: IJL Survey

It's Just Lunch Matchmakers:



MELISSA BROWN



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## TRAVEL-FRIENDLY APPAREL

By Cassie Kang

» Clothing with special features such as bug repellency, sun protection, multiple pockets and versatility of use can streamline packing lists and enhance travel enjoyment. Here are some items to consider for upcoming trips.



1.

1. The handsome Gramercy Blazer from New York City's **Bluffworks** is wrinkle-resistant and has an average weight of 1.5 pounds. Created with travel in mind, it looks and feels like wool but is machine washable and can be line or tumble dried. And it has 10 different pockets, including a few discreetly hidden ones to hold valuables (\$295; [shop.bluffworks.com](http://shop.bluffworks.com)).



2.

2. The Versatile Wrap from **Insect Shield**, based in Greensboro, North Carolina, features odorless bug-repellent technology designed to be effective against insects such as mosquitoes, ticks and flies. The EPA-registered repellency can last up to 70 machine washes. You can also hand wash the wrap, and tumble dry or line dry it. The wrap can be used as a scarf, shawl and more, and comes in three colors (\$28; [insectshield.com](http://insectshield.com)).



3.

3. San Francisco shoe company **Allbirds**, known for its comfortable merino sneakers, now has a lighter counterpart made from sustainably sourced eucalyptus pulp. The Tree Loungers have breathable mesh uppers to help feet stay cool, and the slip-on style can make passing through security a breeze. The shoes are also machine or hand washable, but air dry vs. tumble dry them (\$95; [allbirds.com](http://allbirds.com)).

4. Dress Pant Yoga Pants from San Francisco's **Betabrand** are stylish and comfortable. Wear these stretch-knit, wrinkle-resistant pants during travel, then step off the aircraft ready for business. The pants—machine wash and lay flat to air dry—are available in numerous colors, and in options ranging from straight leg to wide leg to boot cut. One option even has eight pockets (starting at \$58; [betabrand.com](http://betabrand.com)).



4.



5.

5. Kids averse to sunscreen? The lightweight Super Active Shirt, from Seattle-based **Solumbra by Sun Precautions**, offers the brand's signature SPF 100-plus protection (also available in other items) and features mesh ventilation in the underarms and in front and back vents. Care instructions—machine or hand wash, and line or tumble dry—also provide ease on the go (\$59.95; [sunprecautions.com](http://sunprecautions.com)). ✈





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## FINDING THE RIGHT FIT

Bicycle fitting will help you better enjoy the ride

By Ken Van Vechten

» Hot off watching last year's Tour de France on TV, you bought the latest carbon-fiber bicycle. More than a year later and citing a few sore body parts, you haven't ridden in months. Perhaps you and the bike weren't the right fit ... literally.

Most any new bike can function as-is and get you rolling. However, if the plan is to ride efficiently and comfortably over the long haul, you need to mind the details. In short, you need a bike fitting.

Fitting is a two-step process. Part one is selecting the correct bike, which means size even more than type, brand or model. This may sound easy, but it can be tricky. To make sure you have the right size, see your local bike shop. Don't make a decision solely based on "standover"—the clearance you have above the bike frame when you are standing on the ground. Based on height, I've been directed to a 58 cm road frame (a vertical measurement of the frame). But based on my torso, I could ride one at 60 cm; and based on my inseam, I should ride a 56 cm frame. Some brands have advised me to ride a 54 cm model. So you'll need expert help to find the right size.

Part two of fitting is how the bits and pieces on that best-size frame conform to your dimensions, riding style, aspirations and any physical limitations you may have. This holds true for mountain, road and other categories of bikes, even if the configurations vary based on intended use.

"You can tilt a saddle [or seat] up 1 degree and back 1 mm and the rider can go from having knee pain to feeling invincible," says Joel Moody, owner of Revolution Bike Shop in Solana Beach, California.

John McCracken, co-owner of Sunnyside Bicycles in Fresno, California, put me through the Trek Precision Fit protocol, which uses



lasers and cameras to analyze body positions on the bike and pedaling efficiency, and also includes an interview and physical assessment. As my riding has increased from about 25 miles per week to 80 miles or more per week during the past year, I have developed hand and hip pain. My past three bikes have all had 58 cm Felt Z frames with identical geometries. However, more time in the saddle has made the deficiencies clear, demanding a new orienta-



» The Trek Precision Fit system, above, uses technology to create the perfect fit. John McCracken, left, co-owner of Sunnyside Bicycles in Fresno, California, aligns a rider's shoe cleat.

tion. The fitting identified that I needed narrower bars; a new crankset, with shorter-than-standard arms; a longer and taller stem; spacers on my pedal spindles; wedges under my cleats; and a lower saddle.

Fitting styles can vary. It can be techy, as I recently experienced with Trek Precision Fit, or come via the knowledgeable folks at your local bike shop taking you out for a spin or putting you on a stationary trainer; a lot of issues are identifiable to a knowing eye.

In addition, fitting is not a one-and-done experience. As we change, both physically and in our riding habits, our relationship with the bike can change. So don't be shy about return trips to the shop for reassessments. For instance, I've now backed off the longer stem.

"Bicycle fitting is a journey, not a destination," advises McCracken. ✈





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VALUES ARE

**DEFINITELY FOCUSED  
ON LOCAL."**

—Megan Janes, Founder, Seattle Pops

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## FAST FORWARD

Porsche's Taycan charges toward an electric future

By Bengt Halvorson

» The all-electric **Taycan** is a true Porsche. Featuring Turbo and Turbo S versions, and a style influenced by Porsche's 911 model, the Taycan clearly makes use of the German automaker's many decades of experience building sports cars. Add in the Taycan's 800-volt charging and propulsion systems, and you've got an engineering achievement in a roomy five-seat sedan that starts at \$150,900. It's the next step in Porsche's pursuit of a more electrified fleet.



### Sports-car styling

The Taycan has an extremely low hoodline and a profile that bears an unmistakable likeness to that of the classic 911 model.

With special air curtains in the front, controllable cooling-air flaps, underbody paneling and an active rear spoiler, the Taycan offers the lowest drag coefficient (0.22) of any vehicle in the Porsche portfolio.

### Power play

The Turbo and Turbo S versions have dual motors (at the front and rear wheels) and are rated at 616 hp. But a key distinction between the models is the strength of the 2.5-second Overboost, which makes 670 hp and 626 lb-ft of torque in the Turbo and 750 hp and 774 lb-ft in the Turbo S. The Taycan Turbo reaches 60 mph in 3 seconds, and the Turbo S can accelerate to 60 mph in 2.6 seconds.

### Hear that motor roar

While the manufacturer has masked some of the bothersome aspects of electric-motor whine—and road and wind noise—it didn't try

to hide most of the motor sound. The Porsche Electric Sport Sound feature will play a lower frequency and more robust version of the motor sound over the speakers when you're accelerating hard.

### Flooring features

The Taycan's battery is rated at 93 kWh and uses 33 blocklike modules, each containing 12 LG Chem lithium-ion pouch cells. The whole pack, with liquid cooling, weighs 1,389 pounds. Porsche has placed the battery under the floor in a "skateboard configuration" that, the manufacturer says, adds strength to the structure of the car. Porsche has also made room for a "foot garage"—two carved-out spaces in the driver and front passenger footwells that allow for deep legroom.

### Speedy recovery

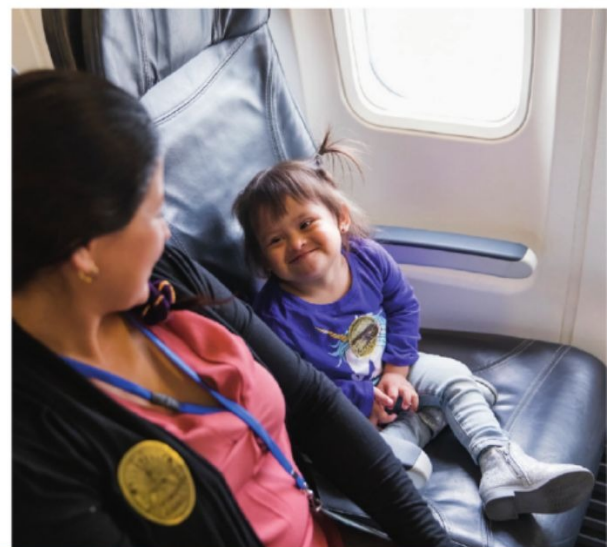
Once there are more charging stations that can power at Taycan's peak rate, the car—which has an estimated range of about 280 miles on one charge, based on European testing—will be able to power up in less time

■ The Taycan includes an all-digital interface that will soon be offered in other Porsche models. Most hard buttons are gone, replaced by a total of up to five screens—including one directly ahead of the front passenger that makes it easy to be the navigator or DJ. And climate-control vents are no longer aimed with your fingers—instead, drag a touch-screen button to change the airflow.



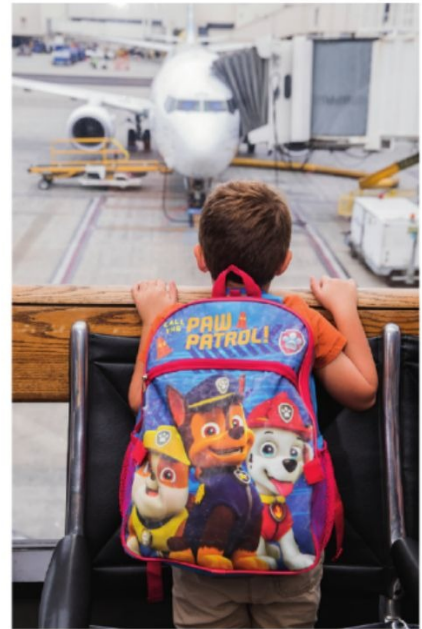
than it takes to eat lunch. On an 800V CCS DC fast charger, the Taycan, using 270 kW of power, can be charged to 80% state of charge in as little as 22.5 minutes. On 400V fast chargers, with an optional 150-kW charger, the Taycan will complete that same charge level in 36 minutes. On a 240V home-garage charger, fully repowering takes 10.5 hours. ✈





*Alaska Airlines partners with a number of advocacy organizations to offer programs that help families dealing with disabilities become familiar with the air-travel experience. These photos are from the Ability to Fly event held at Los Angeles International Airport in June 2019.*





# The Advocates

**Ray Prentice's epiphany came** when his nephew, who had been paralyzed in a motorcycle accident, arrived at Seattle-Tacoma International Airport for a vacation trip to Los Angeles—only to find his power wheelchair wouldn't fit into the plane's cargo compartment.

Captain Bryan Burks recognized a need every time he saw the anguish on a parent's face when a child with a cognitive disability had a meltdown on a flight.

For Gary Peterson, one of many pivotal realizations came at a funeral. Rodney Munyan, a janitor with Down syndrome who worked for Peterson in Alaska Airlines' Seattle maintenance hangar, had invited his boss to the service after his mother died. "The whole family came up to me like I was a long-lost relative," Peterson says. "The pastor talked about Alaska Airlines and how much that job meant, not only to Rodney, but to his mother and the whole family." It was a revelation for Peterson, who has worked for Alaska for four decades, during which a diagnosis of muscular dystrophy forced him to switch jobs at the company.

"I have a disability, but I've worked my whole career," Peterson says. "I had never understood how important Rodney's job was to his family."

Prentice, Burks and Peterson are among the legions of Alaska Airlines employees whose personal experi-

Alaska Airlines employees channel their experiences helping loved ones with disabilities—or navigating the workplace with their own challenges—into making flying better for everyone

**By Denise Clifton**

ences have inspired them to become advocates, creating new opportunities for fellow employees with disabilities, and making air travel more accessible and inclusive for all of Alaska's guests.

These efforts come together every year, across the country, in events such as Wings for Autism in Seattle and Ability to Fly in Los Angeles. The programs have offered hundreds of travelers with cognitive and developmental disabilities, including autism—as well as their families—the chance to become familiar with the steps of air travel without ever leaving the airport. During October, which is National Disability Employment Awareness Month, Wings for Autism events are being offered in Seattle and Spokane in partnership with The Arc, and separate events are taking place in Portland





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## The Advocates

and Redmond, Oregon, in collaboration with the Autism Society of Oregon. An Anchorage event, co-hosted by The Arc of Anchorage, takes place later this fall. Registration is handled by the co-hosting organizations.

Alaska also collaborates with Guide Dogs for the Blind and Canine Companions for Independence to provide airport access for puppies in training; partners with Paralyzed Veterans of America to improve employee education about handling mobility devices; and is working with United Spinal Association and other groups to increase the hiring of people with disabilities.

And this fall, Alaska will launch a free app in the Apple Store and Google Play called Fly for All. Designed for first-time flyers, unaccompanied minors and those with cognitive and developmental disabilities, including autism, the app will help ease the anxiety of air travel by walking guests through the steps they'll follow when getting ready to fly.

"Alaska has been one of the pioneers in accessibility in aviation," says Eric Lipp, executive director of the national nonprofit Open Doors Organization, which advocates for travelers with disabilities. That includes about 25 million people in the United States. When Lipp started the organization in 2000, one of his earliest partnerships was with Ray Prentice, who had started Alaska's disability advisory board the same year. Prentice is now Alaska's director of customer advocacy.

Lipp points out that Alaska's website is one of the few airline sites to link to accessibility services prominently on the homepage, and he says Alaska's collaboration with its home airport on recent North Satellite terminal renovations resulted in larger lavatories and more relief stations for service animals.

"Sea-Tac has created a more accessible landscape, and a lot of that can be credited to their work with Alaska," Lipp says.

Behind the advocates at Alaska Airlines are countless personal stories and lessons they are eager to share. These are just a few.

**When Rachel Burks was diagnosed with autism around age 3,** advocacy was one of the furthest things from her father's mind. "At first, it was all survival mode," Captain Burks says. "Rachel didn't want to be held, and loud sounds, noises and different textures were really hard for her."

Burks' wife, Ruth, left her Alaska flight attendant job to have more time for Rachel and her fraternal twin, Kathleen, who does not have autism. But the Burks



"I remember how hard it was to travel with my daughter Rachel, but we did it, and she got better at it. And I can recognize a kid who's maybe on the autism spectrum. I can definitely see the stress in a parent who's traveling with them. So, my heart goes out to them."

—Captain Bryan Burks, Alaska Airlines pilot since 1995

family had always loved traveling, and they vowed that the sisters would enjoy a globe-trotting lifestyle. They learned how to travel together through trial and error, and found that repetition was key. They discovered the importance of being organized as they prepared Rachel for what she should expect. And practice paid off.

"Rachel's been to Africa, to Europe. She's been to South America," Burks says. "She's been all over now."

When the first Wings for Autism event for Seattle came together in January 2014, Burks immediately volunteered. "Most of these families had no idea that air travel was even an option until they had this opportunity," he says. About 50 to 60 families attend each event, and registration often fills up within an hour of opening. The families go through the process of booking a ticket, checking in, clearing TSA security, boarding a plane, listening to inflight announcements and taxiing down a runway before returning to the gate.

Captain Bryan Burks and his wife, Ruth, vowed to include their daughters in their traveling lifestyle, and the family has traveled the world—including a 2016 trip to Waimea Canyon on Kaua'i, top. Rachel, in the right-side seat, above, was diagnosed with autism as a toddler.



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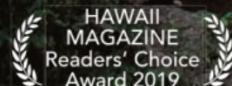
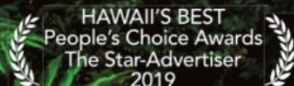
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## The Advocates



“People used to tell me they didn’t see my chair. Now I say, ‘I hope you see my chair. I’m hoping that you look internally to see if you have any biases.’ Everybody has biases against people with disabilities that they are unaware of. I know because I have them, and they surprise me once in a while.”

—Gary Peterson, Alaska Line Maintenance Supervisor, who recently celebrated 40 years at the company

“I have been in those parents’ shoes,” Burks says. “I’ve felt those pressures. With Wings for Autism, I have the opportunity to train airline employees in how to interact and support these families, and it is just as rewarding for the employees as it is for the families.”

Burks has recruited other parents to volunteer for Wings for Autism events, including Captain Mark Aown, who is also based at Sea-Tac. Aown’s 27-year-old son, Isaac, uses a wheelchair and has a cognitive disability, but he loves to fly because his parents have worked through the obstacle course of airports and airplanes. “It can be such an emotional roller coaster just to get ready,” Aown says. “Then there might be four elevators, plus TSA security. And family restrooms are always in short supply.”

Aown sees Wings for Autism as a way to raise

awareness among flight crews. “I figured I could relate to the families,” he says. “We should make every effort we can to lift the burden.”

Burks says Alaska employees who participate in the events learn strategies for helping families. “They’ll realize that if they talk to the parent and ask what calming techniques work for your child, they can have a more positive outcome,” he says.

And the events always create more advocates at Alaska, Prentice says. “You attend one event, you’re changed forever.”

**Gary Peterson came gradually—and sometimes reluctantly—to the role of advocate.** For his first job, fresh out of technical school, Alaska Airlines hired Peterson as a mechanic in Anchorage, and a couple of years later, he transferred to Seattle. In 1985, a muscular dystrophy diagnosis diverted his career path. It was five years before the Americans with Disabilities Act would prohibit workplace discrimination, but Peterson found advocates within the company as he looked for work he could eventually do from a wheelchair.

Peterson became a maintenance coordinator—leveraging his expertise as a mechanic—but it was hard for him to open up about his disability. “A lot of it was self-imposed. When I first started using a cane, I didn’t want to use it. My vanity got in the way. I went to a scooter, and my vanity got in the way,” he says. “But one of the most difficult things I’ve had to face, other than the physical barriers, is that I’ve always felt like I had to push myself a bit more than the next person.”

Peterson became a line maintenance supervisor in 2005. That year, his staff grew to include Rodney Munyan, who has since retired, and Chris Thomas, a janitor with Down syndrome who still works for Peterson. Thomas enjoys working at the hangar where he cleans facilities, and he gives a friendly hello or fist bump to colleagues throughout the day.

“The guys here have taken him under their wing, and they’re very protective of him,” Peterson says.

As they worked together, Thomas and Munyan taught Peterson about some of his own biases. “When I started working with two janitors who had disabilities, I thought they were more work,” he says. “After a while, I realized they turned out to be less work. They show up on time. They’re always trying harder to please.”

Because Peterson’s wheelchair makes his disability obvious, he is often urged to be an advocate for accessibility. Three times, he was asked to be a leader in the

Advocate Gary Peterson, right, says he’s learned a lot about disabilities in working with employees such as Chris Thomas.





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—Ray Prentice, Director of Customer Advocacy, who recently celebrated 30 years working for Alaska

ACCESS Business Resource Group, an internal organization for employees with disabilities. “The main reason I said ‘no’ at first was that I didn’t know anything about disabilities,” he says. “I knew about mine, but that’s it.”

Seven years ago, Peterson finally agreed. He also gives presentations to all new flight attendants, having educated thousands of new hires over the years about issues of accessibility and inclusion.

“I’ve learned that I have to be an advocate for all disabilities, and if I remove a barrier for them, I’m actually removing a barrier for me,” he says.

Peterson points out that everyone has an incentive to be an advocate. “Eventually, we’re all going to get old,” he says. “We’re all probably going to have some kind of disability of our own. So why not start advocating for it now?”

**When Ray Prentice’s nephew was turned away at the gate** more than 13 years ago, it was his first attempt to fly after the motorcycle accident that made him quadriplegic. He and his wife had planned the vacation

for a year, and it was ruined. Their pain stays with Prentice. “I’ll never forget how helpless I felt,” he says. He’s made it a mission to turn other devastating experiences into teachable moments.

One particularly hard lesson came in 2017 when accessibility advocate Kenny Salvini’s power wheelchair was damaged on a cross-country flight—the second time within a year that his chair was broken by an airline. Salvini, who is paralyzed from the neck down, uses the chair for every aspect of his life. “The chair is more than just my legs,” he says. “It’s also my arms and an extension of my brain.”

Salvini posted about his broken chair on social media that night, and woke up to several voicemails from Alaska Airlines executives and employees. Prentice invited Salvini to meet with Alaska leadership and employees from a variety of work groups.

“I was pretty fired up when I came in, and it was a tough conversation at times,” Salvini says. But he appreciated getting insights into the challenges that ground crews and baggage handlers face. Since then, he’s also spoken to new flight attendants, and has participated in the airline’s disability advisory board.

“We’re committed to getting it right, but sometimes things just go wrong,” Prentice notes. “And when they do, we will learn and get better.” He sees accessibility training as an extension of Alaska’s commitment to good customer service.

“Every guest, from business professionals to families traveling with young children, has a unique story, challenge or something going on that’s creating stress,” he says. “But when we see a child melting down and Mom’s all stressed out, our first thought should be, ‘Wow, something’s going on here. How can I help?’”

Improving the experience for travelers with disabilities is also good for business. The Open Doors Organization found that a third of travelers with disabilities flew at least once during the organization’s two-year study—and one in 10 flew multiple times—spending about \$9 billion on air travel.

Lipp, founder of ODO, calls Prentice a guiding light



Ray Prentice and other Alaska Airlines employees, above, cheer on 2018 Special Olympics athletes. At right, Keanu Napoleon, diagnosed with autism, has become a world traveler.





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## The Advocates

across the aviation industry. “He always sides with the customer,” Lipp says. “In our office, when a new situation comes up, we ask ourselves, ‘What would Ray do?’”

Flight attendants such as Robert “Nappy” Napoleon always have Alaska’s customer-service mission in mind, taking extra care when they learn that a family with special needs is on the plane.

“We go up to the parents and say, ‘This is going to be a great flight,’” says Napoleon. “Just by that, we make the experience so much better.”

Napoleon’s son, Keanu, was diagnosed with autism at age 2, and is now a world traveler at 16. “He’s a million-miler, that kid!” Napoleon says.

The family’s experience with Keanu inspired Napoleon to volunteer for three Wings for Autism events. He wanted to increase awareness among flight crews who can then help families gain confidence in air travel.

“All children are different, of course,” he says, noting that crew members gain a wide range of experience at a single event by working with dozens of different families. “It also helps with helping anyone who has anxiety around flying,” he adds.

“We want to be an inspiration to other families,” Napoleon says. “We want to say, ‘You can do it! You can take that vacation, and Alaska is here to help.’” ✈

*Denise Clifton is a writer for Alaska Airlines.*

*For information about Alaska Airlines’ accessibility services and how to request assistance, visit [alaskaair.com/content/travel-info/accessible-services](http://alaskaair.com/content/travel-info/accessible-services).*



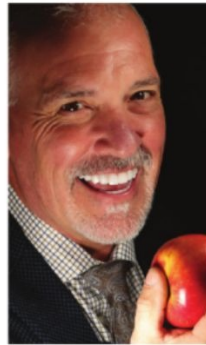


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# NEW & CLASSIC AT DISNEYLAND

It may be a small world, but grand new lands are enhancing the epic SoCal destination

BY SUSAN G. HAUSER

*The thrilling attraction "Millennium Falcon: Smugglers Run" puts guests in the cockpit (facing page) and in other parts of the storied ship.*





» The sky over Planet Batuu was steel gray when I first arrived at the Black Spire Outpost. It was early morning, and a fog over Disneyland had not yet lifted to reveal the usual sunny blue skies of Orange County, California. However, the temporary mists added to the ambiance of the park's new 14-acre expansion—*Star Wars: Galaxy's Edge*, which opened on May 31 with some of Disneyland's newest attractions.

There were some familiar sights on this strange new planet: an assortment of droids—some of them beeping, some whirring and most looking a bit weathered (intentionally). And of course, there was the *Millennium Falcon*, the legendary starship of the *Star Wars* films, at the outpost's dock.

After being told to keep an eye out for popular *Star Wars* characters such as Rey, the scavenger turned heroine, and Vi Moradi, the Resistance super spy, a question came to mind.

"Where's Princess Leia?" I asked, trying to gain my bearings. A friendly cast member gave my shoulder a comforting squeeze. "She is many generations in the past," she told me gently.

Suddenly, Chewbacca appeared, ambling down the road, a bandolier draped across his chest. Wookiees are apparently timeless. I was so glad to see him, I could have hugged him. And I did, as a matter of fact, while Chewie made an otherworldly purring vocalization.

Moments after parting from the famed and furry co-pilot of the *Millennium Falcon*, I found Princess Leia, after all. Well, I found reminders of her, I should say. In Dok-Ondar's Den of Antiquities, souvenirs

of bygone *Star Wars* eras line the shop's walls, and there I found two quite familiar items associated with the original heroine of the series. If I had felt I could have done the princess' tonsorial or sartorial styles justice, I would have certainly purchased a Princess Leia-style wig or an ivory-colored Princess Leia gown.

In no time at all, I went from awkward stranger to confident intergalactic adventurer, enjoying the sights and sounds of Batuu. At Oga's Cantina, I bellied up to the bar and ordered a Blue Bantha, a non-alcoholic berry-flavored blue milk drink served with a cookie on top; various colorful mocktails and cocktails are available at this classic *Star Wars* gathering place.

Later, while strolling through the Black Spire Outpost Marketplace, I learned that the market's authenticity comes from being modeled after the souks of Marrakech, Morocco. The exotic air is enhanced by the bizarre items for sale. I was especially

drawn to the pet store. No animal companion I've ever owned resembled in any way the oddly shaped toy pets available on Batuu.

Visitors can also make their own pint-size sidekicks at the Droid Depot or construct a lightsaber at Savi's Workshop. And, as I did, they can ride the attraction "*Millennium Falcon: Smugglers Run*," taking on the role of pilot, gunner or flight engineer during an action-packed space flight. Guests needn't fear making serious errors; we were at the controls, but we were also guided in by the capable hands of someone who has eons of experience piloting the ship: Chewbacca. Who else?







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*Clockwise from top: Oga's Cantina at Star Wars: Galaxy's Edge; a Princess Breakfast Adventure at Napa Rose restaurant; "Radiator Springs Racers."*

There's still more to come in this galaxy ... and it's not far away. The attraction "Star Wars: Rise of the Resistance," which will allow guests to join a battle set inside a Star Destroyer, is scheduled to open at Disneyland on January 17, 2020. Also, next spring, Disneyland will debut a "Magic Happens" parade, with floats, costumes and

characters from *Moana*, *Coco*, *Sleeping Beauty* and other Disney and Pixar films. And at Disneyland's neighbor, Disney California Adventure Park, a new Avengers Campus is scheduled to open in phases beginning in 2020, and will feature interactive attractions with Avengers Super Heroes.

In addition to my cosmic adventures at the new *Star Wars* attractions, I had an important mission of my own, relating to the longer-established parts of Disneyland. I hurried to The Mad Hatter shop on Main Street, U.S.A., to purchase an infant-size Mickey Mouse ears hat for my newborn granddaughter. Her name looked pretty in pink, stitched in cursive on the hat's back.

I also began scouting for a future trip when my granddaughter might develop the passion for princesses that is found throughout the park. At Bibbidi

Bobbidi Boutique in Fantasyland, little girls aged 3 through 12 line up before tall mirrors in salon chairs, getting the royal treatment as part of their princess makeovers. With glamorous new hairstyles and colorful ankle-length gowns, they are ready to meet costumed Disney princesses (whose appearances, along with those by other characters, are trackable on the Disneyland app).

Such royalty is always in attendance at the Disney Princess Breakfast Adventures at the elegant Napa Rose restaurant at Disney Grand Californian Hotel & Spa, located next to Disney California Adventure Park. Held Thursday through Monday mornings, the breakfasts feature three courses—and up to eight princesses making personal visits to each child's table. The restaurant itself is so lovely, it's hard for me to imagine the full dazzling effect of all those princesses among the beautiful Arts and Crafts-style decor.

At Disney California Adventure Park, I made a beeline for a favorite attraction: "Radiator Springs Racers." I'm not alone in favoring this thrilling ride, inspired by the *Cars* films, which features a high-speed auto race on the winding roads of Ornament Valley. The attraction is one of the favorites at Disney California Adventure Park.

With Halloween approaching, the ride and its surroundings have been temporarily redecorated and recast as "Radiator Screams"—one of several areas resortwide that are taking on spooky aspects. The Downtown Disney District outside the parks will feature themed Halloween decor. And, on select October dates, there will be trick-or-treating for guests of the three hotels of Disneyland Resort—the Disney Grand Californian Hotel, Disneyland





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From top: The “Incredicoaster” at Disney California Adventure Park and the World of Disney shop in the Downtown Disney District.

Hotel and Disney’s Paradise Pier Hotel. The Halloween season at Disneyland runs through October 31 this year.

The newest area in Disney California Adventure Park is Pixar Pier, which partially opened in summer 2018 and was completed this year. The pier is divided into four neighborhoods: Incredibles Park, Inside Out Headquarters, Pixar Promenade and Toy Story Boardwalk.

When it came to riding the “Incredicoaster” in Incredibles Park, I was too scared, though others were enthusiastic. The story behind the attraction is that guests join the stars of *The Incredibles* films in a high-speed coaster chase to catch the youngest Incredible, Jack-Jack. Did I mention high speed? Did I mention sometimes upside down?

For me, defying gravity is OK only in small doses. So I opted for the mellower yet enjoyable “*Inside Out: Emotional Whirlwind*” and “*Jessie’s Critter Carousel*,” both at Pixar Pier.

Lamplight Lounge is a great dining option on Pixar Pier. Through its decor, the restaurant celebrates Imagineers from every department of Pixar Studios. It also overlooks the water from which 1,200 fountains blast during the nighttime “World of Color” spectacular. This water-fire-fog-and-laser show provides a lively journey through the history of beloved Disney and Pixar films and songs.

For additional food options, the Downtown Disney District has various choices. If you like to bowl while dining, Splitsville is for you. There are 20 bowling lanes on two levels, with sushi, pizza and burgers. Black Tap Craft Burgers & Shakes is another favorite. You won’t believe those CrazyShakes milkshakes, containing whole pieces of cake, ice cream bars, cotton candy or churros. For alfresco dining, try Ballast Point Brewing Co. or Naples Ristorante e Bar.



In the Downtown Disney District, I spent the most time at three stores: World of Disney, which offers popular Disney products, Disney Home (Mickey Mouse potholders, anyone?) and the Disney Dress Shop that features classic dress styles in Disney-themed fabrics.

Tucked among the restaurants and shops are additional interactive attractions. I approached “The VOID” experience with trepidation, afraid that its hyperreality and I might not get along. But then two girlfriends and I were outfitted with Oculus Rift headsets and

ushered into a small room. Once our headsets were activated, we were suddenly in a *Star Wars*-style battle, blasters in hand. We could feel heat, simulating lava, as we were transported to our mission, and later felt very mild stings from Stormtroopers’ blasters. We held our own against them but were no match for Darth Vader. He strode toward us, slicing his lightsaber in the air. But then, in a flash, we were rescued by a droid.

**Before my Disneyland adventures ended,** I reflected on the last time I’d been here—in 2015, on the occasion of Disneyland’s 60th anniversary. A lot has changed since then, and even more since my first childhood visit ... but each visit has been filled with wonder and excitement.

And now our family has a new generation, and a new Disneyland lover-to-be. I’m busy planning my granddaughter’s first visit. She already has her first ears. ✈

*Susan G. Hauser can’t stop humming “it’s a small world.”*

Learn more at [disneyland.com](http://disneyland.com). To visit Disneyland Resort, fly Alaska Airlines ([alaskaair.com](http://alaskaair.com)) to Orange County (SNA) or the Los Angeles area (LAX or BUR).

## Disneyland and Alaska Airlines Connections

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# California

## CITY SIGHTS, NATURAL WONDERS



Adventures in the Golden State range from explorations of thriving urban centers to excursions into scenic surrounding areas. Travelers seeking top cultural institutions, excellent food-and-drink scenes, picturesque parks and secluded stretches of coastline will find plenty to choose from, all within day-trip distances of California airports.

In this section, we offer ideas for activities in and near cities—in the San Francisco Bay Area; Napa and Sonoma counties; the Central Coast region; the Los Angeles area; Greater Palm Springs; and the San Diego area.

*Alaska Airlines provides regular service to destinations throughout California. Visit [alaskaair.com](http://alaskaair.com).*



*A view from near the Golden Gate Bridge in San Francisco.*



# SAN FRANCISCO BAY AREA

By Renee Brincks



An orange and pink glow extends across the Saturday-evening sky while the sun sinks slowly behind the Marin Headlands. I lift my smartphone and center the Golden Gate Bridge on the screen, snapping photos as the remaining rays of daylight reach over the hills and sparkle across San Francisco Bay.

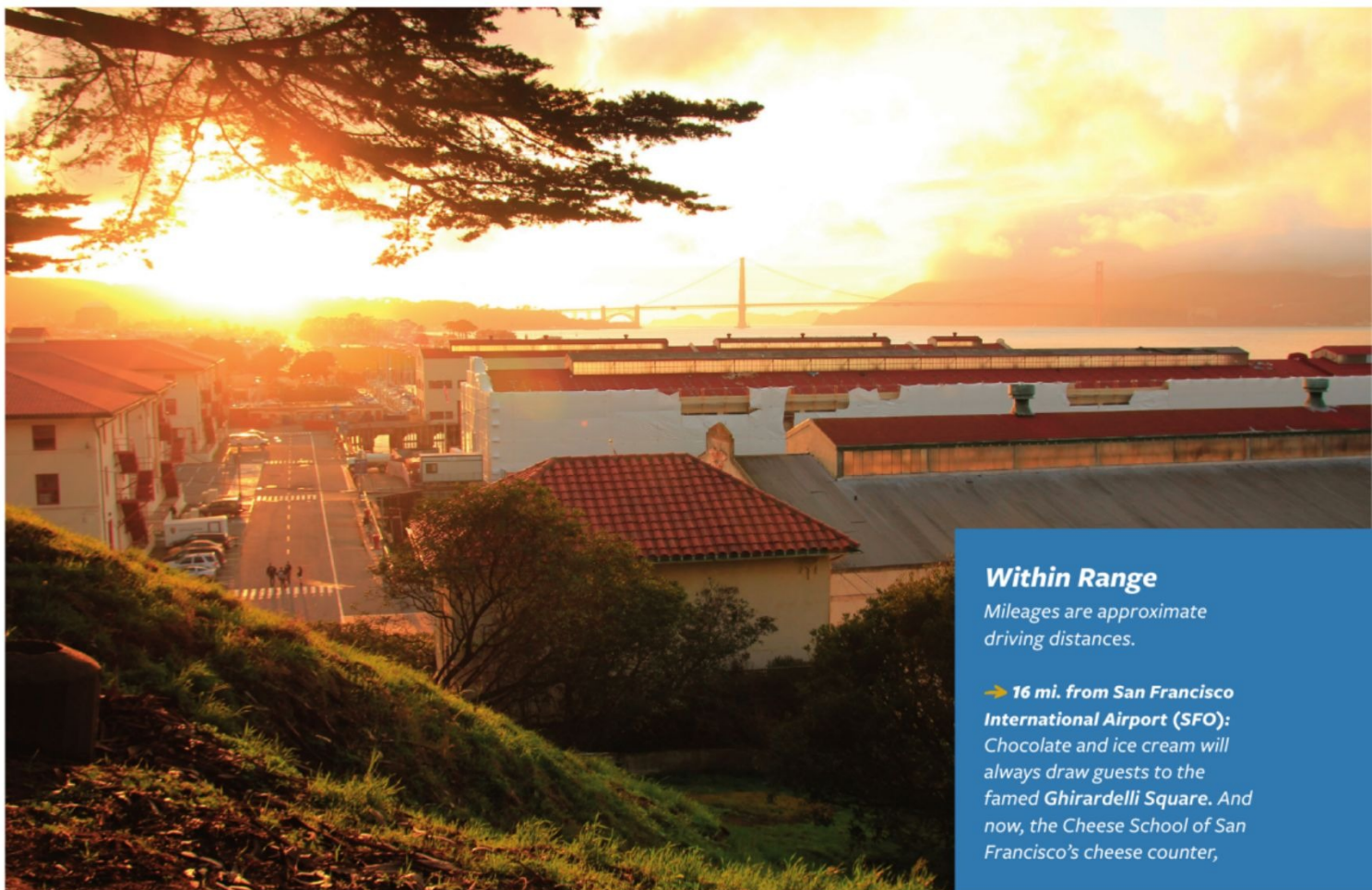
My friend and I are the only sightseers standing at the northern end of San Francisco's 21-acre Fort Mason, which has views of much of the north part of the bay, including Marin County, Alcatraz Island and beyond. We listen to

the waves before walking a short distance to a refurbished warehouse on Pier 2. In a few minutes, we'll take our seats for a flamenco show at Cowell Theater on the pier.

As we stand at the fort, admiring the bay views, I also think of the city that unfolds behind me to the south. San Francisco, with its numerous charms, encompasses ever-popular areas such as Fisherman's Wharf, a short walk away, and quieter locales, such as the ocean beaches at the edge of the city. In the Bay Area, urban retreats such as



*Fort Mason features (clockwise from top) events such as the Renegade Craft Fair; Radhaus beer hall and restaurant; Equator Coffees; art at the West Coast Craft show; and views of the bay.*



## Within Range

Mileages are approximate driving distances.

→ **16 mi. from San Francisco International Airport (SFO):** Chocolate and ice cream will always draw guests to the famed Ghirardelli Square. And now, the Cheese School of San Francisco's cheese counter,





tions. Nearby, you can search for vintage books and records at the San Francisco Public Library's Readers Bookstore, or sample local produce and pastries at the Fort Mason Center Farmers' Market each Sunday.

Greens Restaurant, a vegetarian icon housed in a former machine shop, is celebrating its 40th anniversary with a monthly dinner series scheduled through December 2019. A neighboring beer hall and Bavarian restaurant, Radhaus, serves German beers with Golden Gate Bridge views. Equator Coffees, which pours single-origin espresso and tea, operates in a renovated U.S. Army gatehouse.

On Fort Mason's vast upper campus, self-guided walking tours highlight the park's military history and architecture of historical buildings.

**At Martial Cottle Park**, about 60 miles southeast of Fort Mason, or about 9

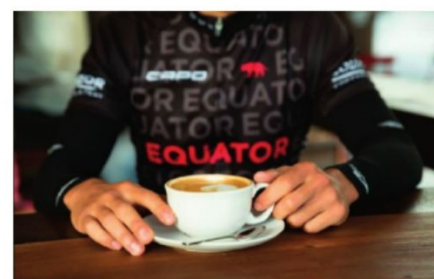


miles southeast of downtown San Jose, agricultural history takes center stage. Martial Cottle Park is a peaceful 287-acre oasis with multiuse trails, gardens and green space. Descendants of Edward Cottle lived and worked here for 150 years before donating land to create the park that links visitors to the area's farming roots. Lush apple, apricot and cherry orchards once flourished in this corner of today's Silicon Valley; wheat, carrots, peppers and

Fort Mason, as well as day-trip destinations near the major population centers, showcase the cultural, historical and recreational dynamism of this corner of California.

Fort Mason served as a crucial military post and logistical hub before it was folded into the Golden Gate National Recreation Area in 1972. Today, arts venues and cafes fill its repurposed structures, and picnic blankets dot the former parade grounds on sunny afternoons.

A narrow staircase near a bluff-top eucalyptus grove connects the upper and lower segments of Fort Mason. The lower campus holds Fort Mason Center for Arts & Culture, plus a branch of the San Francisco Art Institute and about 20 nonprofit organizations. It welcomes guests for gallery exhibits, concerts, dance performances and stage produc-



cafe, wineshop and educational space offers more tasty reasons to visit the square. San Francisco Brewing Co. opened a beer garden in the complex in 2018. East of the square is **Fisherman's Wharf**, where quintessential activities include eating Dungeness crab at a seafood restaurant and browsing the numerous shops along the piers.

➔ **8 mi. from Oakland International Airport (OAK):** Oakland-based Local Food Adventures offers a three-hour walking-and-tasting tour of restaurants and small-batch breweries in the **Jack London Square District**.

➔ **39 mi. from OAK:** Head northeast from Oakland to reach **Mount Diablo**, which can

be explored via hiking trails or by road. Clear-day views from the state park's 3,849-foot summit extend west to the Pacific Ocean's Farallon Islands and east to the Sierra Nevada range. Survey the scene from the exterior observation deck, and then explore the mountain's natural and cultural history at the visitor center at the peak.

➔ **5 mi. from San Jose International Airport (SJC):** The **Children's Discovery Museum of San Jose** opened its renovated LeRoy Neiman Art Studio in July, introducing new rotating painting, collage, printmaking and sculpture activities for children ages 4 and up. The museum has more than 150 science-and-art-oriented exhibits and programs.





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## California



SANTA CLARA COUNTY PARKS

Martial Cottle Park, near San Jose, spotlights local farming history. Schoolchildren at the park participate in a mock cow-milking activity.

onions grew in the fields that now make up the park.

I like to start at the Martial Cottle Park Visitor Center, where seasonal displays introduce the park's founding family and spotlight local plants and animals. An outdoor timeline places the farm's evolution in the context of national and international events. Four miles of paved trails wind past herb gardens and organic vegetable plots, and interpretive signs detail what's still growing in the fields.

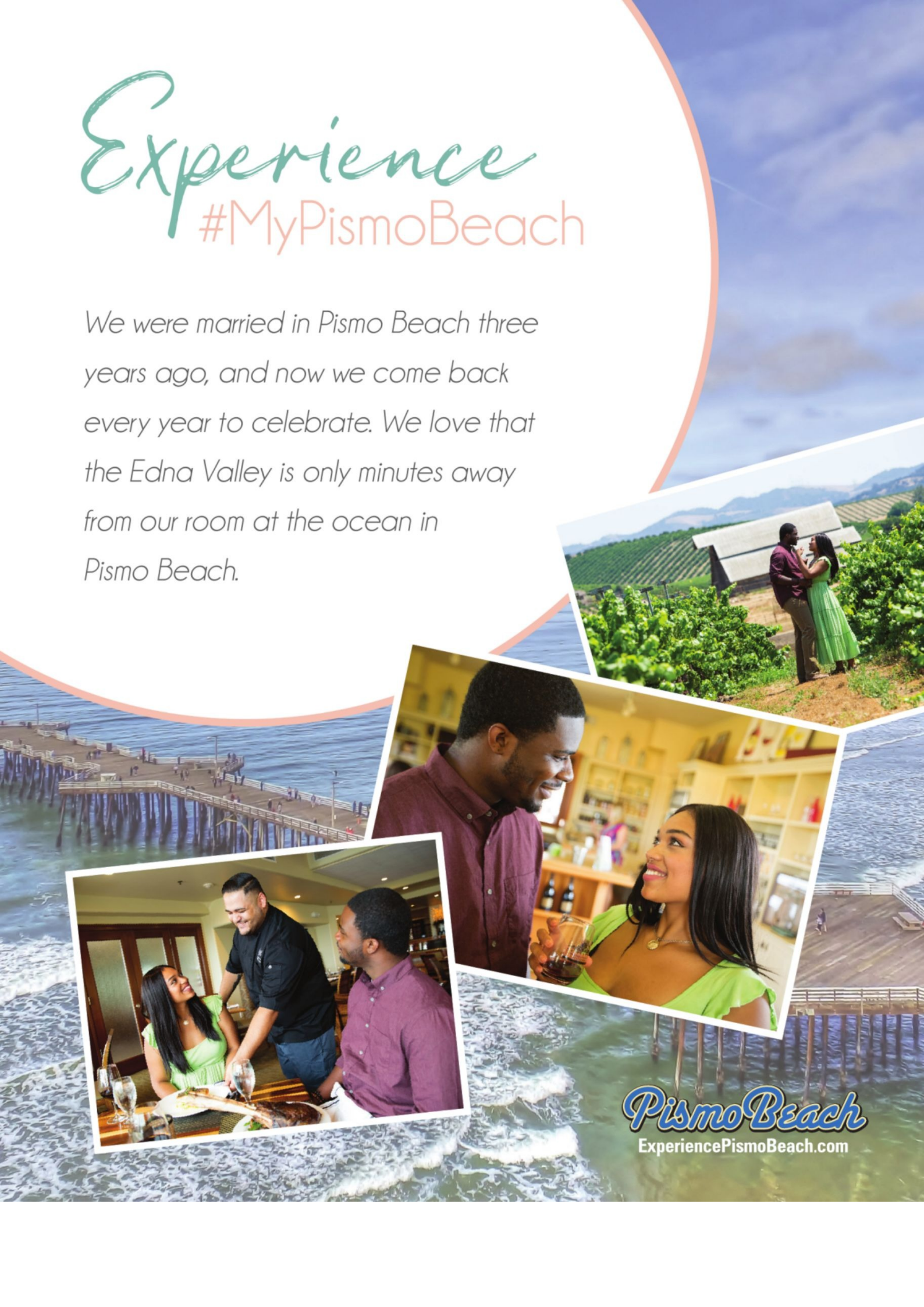
Martial Cottle Park will host a fall festival on October 5. And, a year-round lineup of plant sales, ranch talks, children's activities and sunset hikes offers enticing reasons to return and explore. Set apart from the busy tech campuses of metropolitan San Jose, the park is a reminder that, in the Bay Area, great attractions may be found outside the urban centers, as well as within the major cities. ✈

Learn more about San Francisco Bay Area attractions at [sftravel.com](http://sftravel.com), [visitsan-jose.com](http://visitsan-jose.com) and [visitoakland.com](http://visitoakland.com). Alaska Airlines ([alaskaair.com](http://alaskaair.com)) provides regular service to San Francisco (SFO), San Jose (SJC) and Oakland (OAK).



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# NAPA & SONOMA COUNTIES

By Matt Villano



It's a Sunday evening along the banks of the Napa River in downtown Napa, and about 4,000 people are enjoying the Steve Miller Band play their many hits from the Oxbow RiverStage.

A block east of the concert is the Oxbow Public Market, where a skateboarder rolls past a crowd that includes

a mother and a father licking ice cream cones as they push a baby in a stroller. The couple look contentedly at the changing colors of the darkening sky.

Napa's Oxbow District has been a popular gathering spot since the public market opened in 2007, with residents and visitors flocking here to buy fresh food and artisanal crafts from the market's two dozen vendors.

However, the market was just the beginning of the area's development. Today, the district includes green spaces, the Oxbow Commons and spacious paved pathways connecting Oxbow to the rest of downtown Napa. Also, there is the RiverStage, which opened this summer. The festival-style setup includes outdoor audience seating in a beautiful setting.

If you are in town in October, stop by to see the hip-hop and rap band The Roots on October 11, and the legendary B-52s on October 26.

In addition, the district is home to the Culinary Institute of America (CIA) at Copia, which opened its doors in 2016 in a lovely spot near the river.

This is the second Napa Valley branch for the CIA, one of the nation's most prestigious culinary schools. The

## Within Range

Mileages are approximate driving distances.

→ **2 mi. from Charles M. Schulz Sonoma County Airport (STS):** A Sonoma County favorite that produces renowned IPAs, the **Russian River Brewing Company** opened a new brewery and visitor center in Windsor last year that includes a restaurant and brewery tours.

→ **3 mi. from STS:** Spend an afternoon at **Kendall-Jackson Wine Estate & Gardens** in Santa Rosa. Stroll the gardens, curated by famed gardener Tucker Taylor, and enjoy the food-and-wine pairings from Chef Justin Wangler.

→ **9 mi. from STS:** The boutique **Holdredge Wines** focuses on Pinot Noir wines, using different vineyard sites around the Russian River Valley. The winery offers tastings on weekends and by appointment at its Healdsburg winery.

→ **9 mi. from STS:** Enjoy a pint at **Bear Republic Brewing Company**, Healdsburg's oldest craft brewery and



Napa's Oxbow Public Market, above, offers fresh produce and artisanal crafts. Gordon Huether's Fork sculpture, made from 8,500 recycled forks, stands outside The Restaurant at CIA Copia. The culinary school offers cooking classes at its top-flight facilities, far right.





one of the town's most popular brewpubs, with a large outdoor patio.

→ **20 mi. from STS:** The town of **Calistoga**, which has long been renowned for its mineral water and hot springs baths and pools, is also a major spa destination, with luxurious resorts offering a variety of wellness treatments, which often includes mud baths.

→ **23 mi. from STS:** The **Benziger Family Winery** in the Glen Ellen area runs an organic and biodynamic operation that offers fun and informative hourlong tram tours of the property.

main location is about 20 miles north in St. Helena at the circa-1888 Greystone Cellars facility.

The CIA at Copia has been called a "foodie wonderland," and the nickname is fitting. The epicurean center boasts two restaurants, weekly multisensory dining events, hands-on classes in a state-of-the-art teaching kitchen, as well as tasting events and lectures. You can even stroll through the CIA's public gardens.

The school's Chuck Williams Culinary Arts Museum features more than 4,000 cooking items from around the world, such as specialty culinary and bread-baking tools, and appliances and tableware. Fan favorites include whimsical tureens shaped like rabbits and lambs, and a special press used when cooking duck.



One of the best ways to see the new-and-improved Oxbow is to do so on a Venetian-style gondola, one of the experiences from Napa Valley Gondola, an area outfitter. With a leisurely tour of the Napa River, and your gondolier serenading you with an Italian song, you can't help but relax and enjoy the moment here in the heart of wine country.

**Another kind** of regional experience can be found about 50 miles southwest

A photograph of a young boy sitting on a large blue cushion on a rooftop terrace. He is looking out over a cityscape under a clear blue sky. The terrace has a glass railing.

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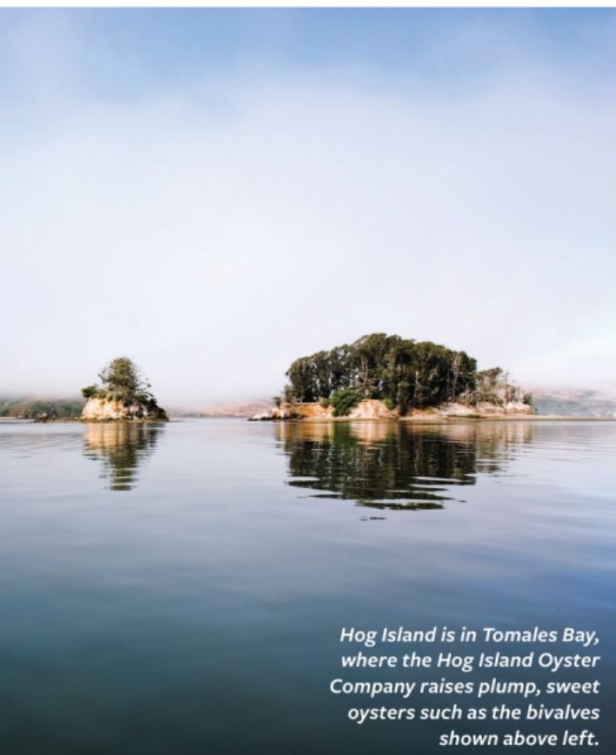


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ED ANDERSON (2)

Hog Island is in Tomales Bay, where the Hog Island Oyster Company raises plump, sweet oysters such as the bivalves shown above left.

of Napa, on the shores of picturesque Tomales Bay, a long, narrow inlet that attracts visitors for its natural beauty and abundant outdoor activities.

The area is a popular kayaking and hiking destination and is near the Point Reyes National Seashore, a vast protected area of pristine rocky beaches, grasslands and hills, maintained by the U.S. National Park Service.

Tomales Bay is also a favorite location for oyster lovers. The waterway is home to the well-known Hog Island Oyster Company, which raises and sells the plump and sweet delicacies.

Visitors can purchase the oysters to eat later or as an immediate snack at the company's Boat Oyster Bar that sits mere steps from the bay where the mollusks are raised.

Because the facility is a working

oyster farm (and has been since 1983), it's also a great spot to take a tour and learn about the complex two-year process of raising oysters.

In general, growers begin by raising oysters from larvae to seed at the company's hatchery and nursery in Northern California's Humboldt Bay. Eventually, the baby oysters are transferred to Tomales Bay to grow to market size. One thing I can attest to: A trip to Hog Island will make you appreciate juicy oysters all the more. ✈

For more information on activities, attractions and events in Napa and Sonoma counties, visit [napavalley.com](http://napavalley.com) and [sonomacounty.com](http://sonomacounty.com). Alaska Airlines ([alaskaair.com](http://alaskaair.com)) provides regular service to the Sonoma County city of Santa Rosa (STS).

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California's Central Coast has epic vistas, such as this view looking out toward Morro Bay from hills near San Luis Obispo.

## CENTRAL COAST

By Melanie Haiken



On my first evening in the city of San Luis Obispo, capping off a day of sightseeing with a glass of Merlot from nearby Paso Robles, it hits me: People have been enjoying wine in this area for more than 200 years. Rising above the string-light-adorned patio of the popular tapas restaurant Luna Red—where I'm savoring a plate of saffron-rich

seafood paella—glows the adobe facade of Mission San Luis Obispo de Tolosa, founded in 1772 by Spanish explorers. Not long after the missionaries arrived here, they planted the region's first vineyards, establishing a local tradition for which I am thankful.

Around me, streets lined with historical buildings bustle with cafes, galleries and boutiques. The city, which is less than 8 miles inland of the Pacific at its closest point, is enlivened by the 21,000-plus students who attend California Polytechnic State University (Cal Poly). Despite the city's acronym, SLO, which also reflects the laid-back attitude that pervades the area's gentle valley, there's also plenty within day-trip distance to keep visitors on the move along California's Central Coast, roughly between Monterey County to the north and Santa Barbara County to the south.

I arrived in San Luis Obispo from the north, via the Highway 1 Discovery

### Within Range

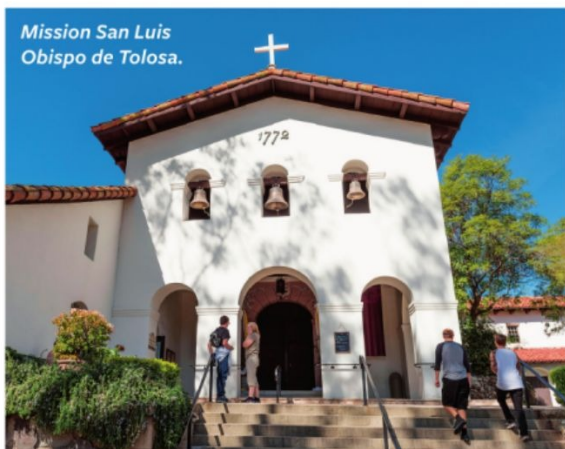
Mileages are approximate driving distances.

➔ **3 mi. from Monterey Regional Airport (MRY):** In certain seasons, **Monterey Bay** can be a playground for humpback, gray and even blue whales, as well as orcas, dolphins and porpoises; **Monterey Bay Whale Watch** and other outfitters can take you out to look for them.

➔ **5 mi. from MRY:** More than 35,000 creatures live at the **Monterey Bay Aquarium**, beloved for its many exhibits, such as "Mission to the Deep," which provides a fascinating look at deep-sea exploration. The "iViva Baja! Life on the Edge" exhibit offers the chance to see rare Pacific seahorses.

➔ **18 mi. from MRY:** Join **Kayak Connection**, in Moss Landing, to tour Elkhorn

Mission San Luis Obispo de Tolosa.





Slough. You'll likely see otters and will have great views of fall bird migrations.

→ **10 mi. from Santa Barbara Airport (SBA):** Bike or stroll Santa Barbara's **State Street to Stearns Wharf**, where the day's crab catch will likely be in tanks. In the nearby arts district known as the **Funk Zone**, converted warehouses hold an eclectic collection of shops and restaurants. Nearby is **MOXI, The Wolf Museum of Exploration + Innovation**, with its interactive art, science and technology exhibits.

→ **10+ mi. from SBA:** The Santa Barbara area is all about beaches. Head to

Route, a stretch of California State Route 1 that includes some of the world's most dramatic roadway. At points along this route, the road is carved out of sheer cliffs that rise from the churning waves of the Pacific below. On my trip I visited the Monterey and Big Sur areas and explored San Simeon, home of the Hearst Castle mansion.

I followed the new History & Heritage Trail, a set of historical landmarks



along the Highway 1 Discovery Route that includes lesser-known sites such as the artsy enclave of Harmony (population 18). I also stopped in the hamlet of Morro Bay to check out the seaside restaurant Port House, which opened in July and features steak, seafood and pasta. And I explored Avila Beach, with its cheerful seaside promenade.

Upon arrival in the city of San Luis Obispo, I visited the Ah Louis Store, launched in 1874, rebuilt in 1885, and listed in the National Register of Historic Places in 2008 because it is a vestige of the Chinatown that once occupied this area. Once a general store, it now holds an events business. I also visit Central Coast Brewing at its spacious Higuera Street location, where I can't resist a nitro peanut butter coffee stout while cheering on a lively shuffleboard game.

FROM LEFT: LOGAN BUSH / SHUTTERSTOCK.COM; HIGHWAYDISCOVERYROUTE.COM

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## California

**Leadbetter Beach**, in town, to paddleboard, kayak or take a surfing lesson at the Paddle Sports Center. Sunbathe on **Butterfly Beach** (5 miles east of downtown, in Montecito). Walk the length of palm-lined **Refugio State Beach** (23 miles west of downtown), or watch serious surfers ride the legendary swells and tube waves of nearby **El Capitán State Beach**, known as “El Cap.”

➔ **13 mi. from SBA:** Created over a span of 40 years by opera singer Ganna Walska, 37-acre **Lotusland** is a plant lover's delight, with 25 gardens, including a lovely water garden and whimsical topiary garden.

I'm in town on a Thursday, when the place to be is the Downtown SLO Farmers' Market. So I follow the locals lining up at a stand for some tri-tip and pulled pork by Mo's Smokehouse BBQ. Then I stop at the Sugar Lips Mini Donuts food truck to pick up a couple of treats for later.

I consider my route for tomorrow, with several great options from SLO. Continuing south would take me to the classic coastal town of Pismo Beach, known for its white-sand shores, in-town shopping and outdoor activities (surfing, fishing and more). That route then turns inland through the bucolic

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## California

Santa Maria Valley before returning to the coast to reach Santa Barbara. But I decide to save this trip for another time. Instead, I plan a route north to Paso Robles and its surrounding wine country.

**Arriving in Paso Robles,** I check in at the luxurious Allegretto Vineyard Resort, where I take a peek at the sparkling pool and the surrounding olive groves. Then I press on to taste the products of one of California's most productive wine regions. Paso Robles AVA features 11 distinctive districts and more than 200 wineries, including Broken Earth Winery, which is known for its sustainability focus (and whose wines are served in First Class on Alaska Airlines flights). I focus my tour on the Adelaida District and Willow Creek District appellations in the mountainous terroir west of town, highly regarded for Rhône varietals such as Grenache, Syrah and Mourvèdre. Halter Ranch, which dates back to the 1880s, has won awards for its horseback tours as well as its wines. Linne Calodo winery offers excellent tastings. I also love Daou Vineyards & Winery, housed in a castle with Lebanese and Mediterranean architectural influences.

Recent years have brought the opening of several distilleries—try the grape brandy from Bethel Rd. Craft beers from Firestone Walker Brewing Company are other standout beverages made locally.

Back at Allegretto, I walk the outdoor path of the resort's Sonic Labyrinth, where the soothing notes of amplified clay flutes accompany my footsteps. I feel grounded in the moment and am reminded to slow down and appreciate the Central Coast's many gifts. ✈

Learn more about California's Central Coast at [seemonterey.com](http://seemonterey.com), [slocal.com](http://slocal.com) and [santabarbaraca.com](http://santabarbaraca.com). Alaska Airlines ([alaskaair.com](http://alaskaair.com)) provides regular service to Monterey (MRY), San Luis Obispo (SBP) and Santa Barbara (SBA).



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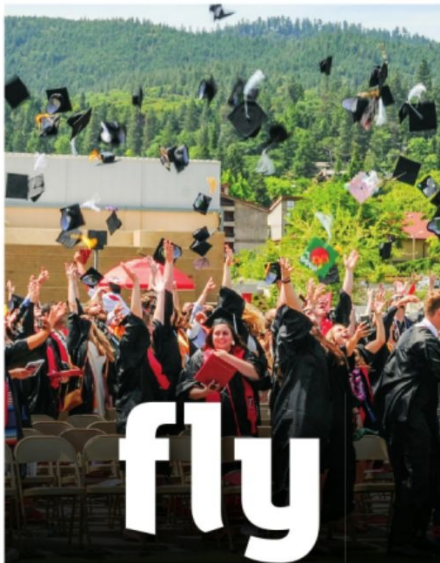


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Just 30 miles north of San Francisco, Sonoma County is made up of three distinct regions, connected by the people and a sustainable approach to preserving this special place.

The Valleys & Vineyards region is home to renowned wineries, spas, and restaurants. Sonoma County, situated prominently

in wine country, is among the world’s finest wine producers, and home to more than 425 wineries ranging from rustic to regal. A longstanding commitment to the environment positions Sonoma County as the first wine-producing region in the world to be 100% sustainable by 2020. Pairing well with the wine scene are pedestrian-friendly towns overflowing with tasting rooms, shops, museums, and galleries ready for exploring.

The Rivers & Redwoods region is defined by the meandering Russian River and impressive redwood forests. The area is full of history, rugged outdoorsy appeal, local color, friendly festivals and plenty of character.

The Coasts & Sea Villages region is famous for its charming towns dotting the 55 miles of dramatic Northern California coastline. The area entices visitors and locals alike with remarkable views, whale watching, caught-that-day seafood, and seaside wine tasting.

Getting here is easier than ever. Nonstop flights to Sonoma County/ Santa Rosa (STS) from LAX, PDX, SAN, SEA and SNA, touch down daily.

What’s more, Sonoma County is empowering visitors to travel kindly. Find out how at [sonomacounty.com/pledge](https://sonomacounty.com/pledge).

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# LOS ANGELES

By Matt Jaffe



In the bright lights, big city world of LA, change sometimes feels like the only constant. The familiar surrenders to the new, and the new makes way for the even newer, giving the area a dynamism that can be dizzying—and thrilling for its diverse experiences, especially when you include all of LA and Orange counties.

Yet, like many Angelenos, I still want some places to hang on forever. One of them is The Original Farmers Market in the city's Fairfax District. In recent years, LA has seen a proliferation of public markets, with their mix of produce vendors, specialty-food purveyors and restaurants. Opened in 1934, The

Original Farmers Market had them beat by more than 80 years.

I first fell in love with this market on a family vacation to Los Angeles when I was 4 years old. When I moved to the city 25 years later, I found an apartment within walking distance of this collection of souvenir stalls, fruit stands, and



The Original Farmers Market is an LA institution.

## Within Range

Mileages are approximate driving distances.

➔ **18 mi. from Los Angeles International Airport (LAX):** Luxurious Terranea Resort

provides grand views of the Pacific from the Palos Verdes Peninsula. The Mediterranean-style resort is conveniently near the city yet feels a world apart.

➔ **19 mi. from LAX:** The vast

Manufactory at Row DTLA in the Arts District has become a foodie destination. Its offerings include a gourmet market and a coffee roastery, as well as Tartine Bianco, with its inventive sandwiches and flatbreads.

➔ **22 mi. from LAX:** The Aquarium of the Pacific, in Long Beach, recently opened the Pacific Visions wing, whose exterior of more than 800 glass panels resembles rippling ocean. In addition to animal exhibits





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enduring favorites such as Bob's Coffee & Donuts and Magee's House of Nuts.

I've since moved to a different neighborhood, and at some point I realized it had been a few years since my last visit to the market. On a recent trip, I wondered: Would the place be the same?

I felt relieved to see that the shoe-repair stand, an original business, had survived, complete with its vintage machines. Out on the east patio, customers still settled into the market's green folding chairs to savor sundaes from Bennett's Ice Cream (est. 1963).



Actor Danny Trejo owns Trejo's Tacos, which has a stand at The Original Farmers Market. Mount Wilson Observatory, top right, has a famous 100-inch telescope.

For lunch I tried a newer place: Trejo's Tacos, owned by LA-born character actor Danny Trejo, whose rugged visage is featured in the restaurant's logo. As a mix of locals and travelers waited patiently beneath the stand's neon sign, I tried a

steak asada taco and a taco filled with cauliflower. Both were delicious.

After lunch, I surveyed the indulgences at Monsieur Marcel Gourmet Market, including the \$159-per-pound Jamón Ibérico de Bellota (the free-range pigs raised for this ham feed on acorns). Then I sought out the dark-chocolate-covered graham crackers at Littlejohn's English Toffee House. I found a shaded spot, took a bite, and

watched the passing parade of market-goers—including locals hauling groceries in the market's classic handmade pine shopping carts, used here for generations. It was nice to know that at least some things never change in LA.

**A few days later,** I visited another SoCal landmark—Mount Wilson Observatory in the San Gabriel Mountains northeast of the city.

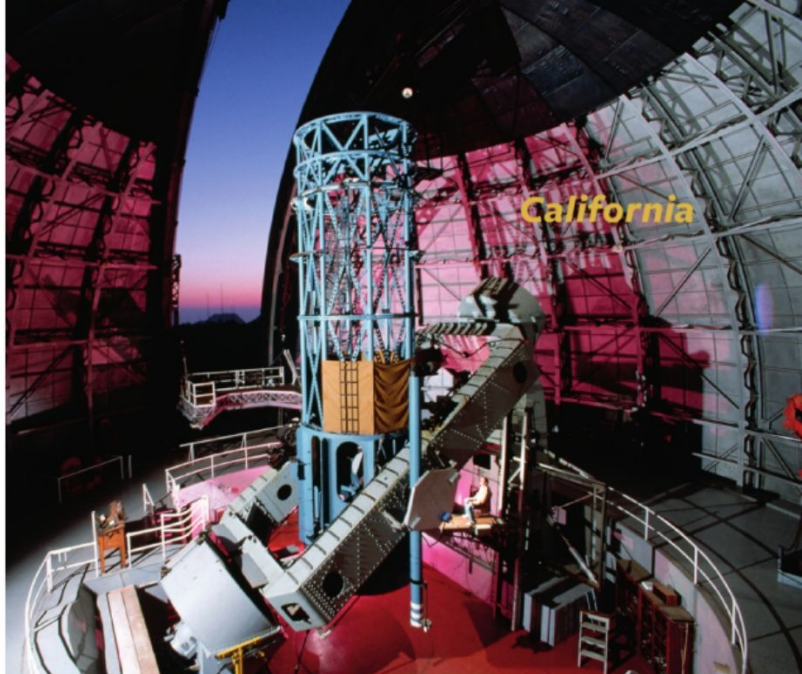
On clear days, the panorama over LA from the 5,715-foot peak rivals all other local vistas. And there's even more to see by looking up: the views of the cosmos through the 100-inch Hooker Telescope that brought the mountain its greatest renown. Astronomer Edwin Hubble used this device for much of his important research. Later, the Hubble Space Telescope was named after him.

A self-guided tour accesses the observatory domes as well as solar telescope towers that rise above sur-

rounding forests. Walking into the dome with the Hooker Telescope is like entering a mad scientist's lair in an old sci-fi film. I marvel at the fact that discoveries made here helped revolutionize our understanding of the universe.

In addition to public tours (weekends through December 1), the observatory hosts viewing sessions that let the public look through the Hooker Telescope. The chance to view the universe as Edwin Hubble did seems like a great opportunity, so I vow to return. You want to see stars in Los Angeles? Outside of Hollywood, Mount Wilson is the place. ✈

*For more about attractions in LA and Orange counties, go to [discoverlosangeles.com](http://discoverlosangeles.com) and [visittheoc.com](http://visittheoc.com). Alaska Airlines ([alaskaair.com](http://alaskaair.com)) provides regular service to Los Angeles International Airport (LAX), Hollywood Burbank Airport (BUR) and John Wayne Airport, Orange County (SNA).*



California

such as a tank with dozens of yellowtail fish, the wing houses an art gallery with soundscapes and video projections, and a theater with a 130-foot-wide screen that visually immerses visitors in marine environments.

➔ **10 mi. from Hollywood Burbank Airport (BUR):** Self-guided and docent-led tours explore **Hollyhock House**, a Frank Lloyd Wright-designed structure that, along with eight of the architect's

other U.S. buildings, was recently designated as a UNESCO World Heritage site.

➔ **2.5 mi. from John Wayne Airport (SNA):** Few retail centers are internationally

famous destinations. But **South Coast Plaza** in Costa Mesa draws shoppers from around the world, thanks to its incomparable collection of haute designer boutiques and major American brands.



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The main house at Sunnylands Estate is a classic example of Midcentury Modern architecture.

## GREATER PALM SPRINGS

By Kathy Strong



As a Palm Springs area resident for more than 30 years, my favorite pastime is still uncovering local treasures, from art to architecture.

A combination of both can be found at the Sunnylands Center & Gardens and Estate in Rancho Mirage. The intriguing 200-acre estate, surrounded

by its famous “pink walls,” includes a golf course, an art collection with original Picassos, and expansive grounds and gardens. It has hosted royalty, world leaders, and the rich and famous for decades.

The home was built in the 1960s by Leonore and Walter Annenberg, a publishing magnate and U.S. ambassador to the United Kingdom from 1969 to 1974. The home itself is considered a masterpiece of Midcentury Modern architecture, characterized by a futuristic aesthetic, with outdoor trellises, exposed columns, large windows and open floor plans.

During a visit, I discover a lot going on at the center, with yoga classes on the great lawn, lectures, bird-watching and artists and amateurs painting landscapes. The estate, which has been preserved for the public following the couple's passing (Walter in 2002 and Leonore in 2009), offers a 90-minute

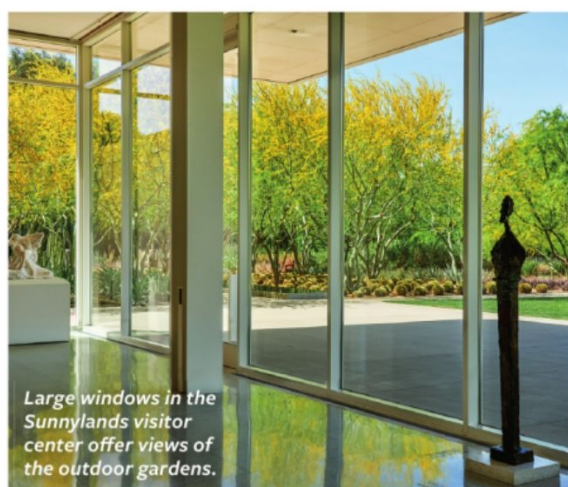
### Within Range

Mileages are approximate driving distances.

→ **Near Palm Springs International Airport (PSP):** The **Palm Springs Air Museum**, considered one of the world's top aviation museums, has more than 59 aircraft, which date from World War II through the Vietnam conflict.

→ **5 mi. from PSP:** Soar on high at the **Cathedral City Hot Air Balloon Festival**, November 22–24, which includes a balloon glow, entertainment and a food-truck fiesta.

→ **9 mi. from PSP:** Ride the world's largest rotating tram at the **Palm Springs Aerial Tramway** for a thrilling trip up to the mountain wilderness of Mount San Jacinto State Park at 8,516 feet above sea level.



Large windows in the Sunnylands visitor center offer views of the outdoor gardens.





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## California

➔ **14 mi. from PSP:** Join a safari, feed a giraffe or wander desert gardens at **The Living Desert, Zoo and Gardens**, located outside Palm Desert and considered one of the 10 best zoos in the United States.

➔ **15 mi. from PSP:** Newly renovated, the iconic **Indian Wells Golf Resort** offers 36 holes of some of the best golf in California. In mid-October, visit after dark to play “Shots in the Night,” shown below, a golf experience that offers “golf darts,” “shuffleboard,” and other games on the resort putting green. You also can hit black-light-charged golf balls at illuminated targets on the driving range.



➔ **21 mi. from PSP:** The former home of the Bob Hope Classic, **La Quinta’s SilverRock Resort** offers extraordinary golf at the foot of the stunning Santa Rosa Mountains.

➔ **22–70 mi. from PSP:** The **18th Annual Highway 62 Open Studio Art Tours** showcases more than 200 artists in their studios throughout the Morongo Basin. The tours take place on three weekends: October 5–6, 12–13 and 19–20.



Home Tour, which explains the history of the property, its world-class art collection and its architecture. There is also a Garden Tour, which allows visitors to see the estate’s breathtaking landscaped beauty up close. On this day, I take the tram tour of the estate, no reservations necessary. We start the tour at the center, where we watch a film about the history of Sunnylands and its founders. I then wander the center’s sculpture exhibit.

Next, we board a tram, and a guide tells us about the estate, with a eucalyptus tree-shaded 9-hole golf course, including 11 lakes and various streams, where U.S. presidents, royalty and celebrities have played for decades.

We learn that noted landscape architect James Burnett designed the center’s gardens. The inspiration for the green spaces was, in part, the Annenberg’s Impressionist and Post-Impressionist art collection. We leave the tram and walk through the center’s gardens—which include natural habitats, reflecting pools filled with sparkling river stones and 1.5 miles of walking paths that wind through purple smoke bushes. Some of the gardens are like stepping into one of the couple’s serene masterpieces.

Leaving Sunnylands, I stop by one of the Greater Palm Springs area’s latest



installations by local artists Karen and Tony Barone. The couple has a reputation for larger-than-life and often whimsical outdoor metal sculptures placed in various spots around the Palm Springs area, including The Atrium business park in Rancho Mirage, where I find the installation *K9 Wedding Party*. The work features a variety of brightly colored giant metal dogs, including “bride and groom” pink poodles. The work, which will be on display through December, has become a favorite selfie stop in the area.

Art lovers also will want to visit the Palm Springs Art Museum. Boasting 28 galleries and ever-changing exhibits, the museum is always full of new treasures. I am mesmerized by the glass

*Top: Joshua Tree National Park is celebrating its 25th anniversary this month. Above: The exhibit “Contrasts: Promised Gifts from the Kaplan-Ostergaard Glass Collection” will be on display at the Palm Springs Art Museum through December 1.*





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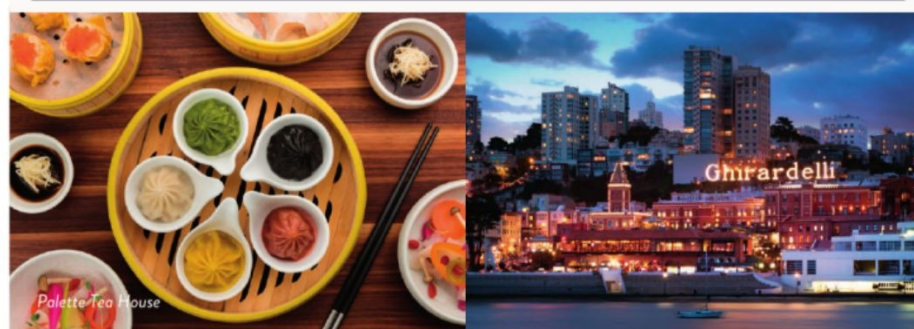
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## California

works in the exhibit "Contrasts: Promised Gifts from the Kaplan-Ostergaard Glass Collection," on view through December 1. El Paseo Road in the city of Palm Desert is renowned for its many galleries, such as A Gallery Fine Art, which features a variety of fascinating glass art, sculptures and paintings.

If you are in Palm Springs during the Modernism Week Fall Preview, October 17-20, you can enjoy double-decker bus tours, shows and soirees—all celebrating the iconic modernist architecture of Greater Palm Springs, considered to be a center of Midcentury Modernist style.

**Just a short day trip** north from the Palm Springs area is Joshua Tree National Park, which is celebrating its 25th anniversary of having national park status on October 31.

With stands of namesake Joshua trees, rugged mountains of twisted rock, granite monoliths, desert wildlife and inspiring vistas, the nearly 800,000-acre park is a treasure year-round, but more so in the fall, with cooler weather, as well as less-crowded park tours, hiking trails, camping and mountain-climbing sites. Far away from city lights, Joshua Tree is a designated International Dark Sky Park, with a dazzling view of the nighttime constellations.

The Joshua Tree Music Festival, a biannual event, held October 10-13, 2019, and May 14-17, 2020, at the Joshua Tree Lake Campground near the town of Joshua Tree, has earned kudos for its family-friendly atmosphere. The October lineup includes the North Mississippi Allstars, performing its energetic mix of country blues, soul, funk and rock. ✈

For more information on Greater Palm Springs activities, attractions and events, go to [visitgreaterpalmsprings.com](http://visitgreaterpalmsprings.com). Alaska Airlines ([alaskaair.com](http://alaskaair.com)) provides regular service to the Greater Palm Springs area (PSP).





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## Within Range

Mileages are approximate driving distances.

→ **9 mi. from San Diego International Airport (SAN):** Coronado claims one of the region's best beaches while melding surf culture with elegance. Outdoor pursuits vary from golfing to paddleboarding. Visit the Hotel del Coronado, a Victorian masterpiece said to have inspired L. Frank Baum's vision of Oz.

→ **14 mi. from SAN:** Some of Southern California's best snorkeling is in La Jolla Cove in the 6,000-acre La Jolla Underwater Park. Swimmers, kayakers (pictured below), stand-up paddlers and novice surfers



also visit here. Sunny Jim Sea Cave is a sea cave accessible by land—enter through the Cave Store.

Balboa Park is home to Spanish colonial architecture, such as the California Tower, top left, and chimpanzees and other animals at the San Diego Zoo. In October, families can enjoy special offers around the city at locations such as the Mingei International Museum, left, as part of Kids Free San Diego.

concert at the Spreckels Organ Pavilion, admire a fraction of the 2,100 permanent plants in the century-old Botanical Building and enjoy veggie panini in the courtyard of the Casa del Prado.

The San Diego area is, of course, famous for its beautiful beaches and historical areas, such as the Gaslamp Quarter. And Old Town San Diego is getting a special spotlight in 2019 as the city celebrates its 250th anniversary. The celebration continues through the fall, with family events such as Kids Free San Diego throughout October and Seaport Village's Studio by the Bay Family Days (October 19, November 2 and December 14), introducing children to art.

Balboa Park remains one of my favorite San Diego destinations. Established in 1868 and further developed for the 1915 Panama-California Exposition, the park retains much of that event's Spanish colonial architecture.

The park also houses museums such as the Fleet Science Center and the San Diego Natural History Museum. Upcoming exhibits at The Nat include "Insects Face to Face," opening November 9, which provides an up-close look at critters through macrophotography. Among a phalanx of other arts and cultural organizations is The Old Globe, modeled after the famous venue in London. Through late October, the theater is showing the stage version of



# SAN DIEGO

By Christine Delsol

➔ For a moment, I thought I'd missed a turn and ended up off the grid. But the rolling hills that inspire my husband and me to hop out of the car every five minutes to snap photos or follow an intriguing path are actually part of Balboa Park's many pleasures.

Balboa's nearly 1,200 acres make up one of the nation's largest urban parks, home to more than a dozen museums and performing arts venues, restaurants, shops, gardens, trails, recreational facilities and other attractions throughout an open landscape in the city's midst. In one day, we browse an exhibition examining the history of beer at the Museum of Man, catch a







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→ **34 mi. from SAN:** Escondido is where the wild things are, and the **San Diego Zoo Safari Park**—the San Diego Zoo's 1,800-acre sister facility—recently welcomed Edward, below, a white rhinoceros calf conceived through artificial insemination. It's a milestone in the effort to halt the species' decline. To see some of the park's 3,000-plus denizens, from giraffes to kangaroos, stroll the Lemur Walk or the Cheetah Run; board the Africa Tram; or join a safari.



→ **38 mi. from SAN:** The **Ramona Valley** has many wineries, including intimate family-run operations such as Ramona Ranch Vineyard and Winery (try the 2014 Tannat, rich with plum and cocoa notes) and Woof 'n Rose Winery (try the 2015 Estate Alicante Bouschet, a gold winner in the 2019 Toast of the Coast competition).

→ **61 mi. from SAN:** Stars get in your eyes in **Julian**, even if you can't make it to one of the regular star parties (next up, Nov. 2) hosted by the Julian Dark Sky Network at William Heise County Park. The mountain town is also famous for its apple pie and hard cider, and the Milky Way is visible from here with the naked eye.



the 2000 movie *Almost Famous* and a new drama, *Noura*.

One of the most popular park attractions is the San Diego Zoo, acclaimed for its pioneering re-creation of animals' natural habitats and its work to help endangered species. It's home to more than 3,500 animals, such as koalas, gorillas and leopards.

**Less than 30 miles from the zoo,** you'll find another of my favorite San Diego-area destinations. The classic California beach town of Encinitas is a relaxing getaway with an easygoing vibe. At the Self-Realization Fellowship's Meditation Gardens, lush pathways and hidden nooks are set on a bluff overlooking Swami's Beach. Contemplate nature, life and spirituality, or take to the waves on a surfboard.

For relaxing and swimming, head to the broad, flat sands of Moonlight State Beach, which also offers volleyball courts, a picnic area and nearby trails.

In downtown Encinitas, find sites such as La Paloma Theatre. It was one of the first theaters in the country to show "talkies" and was built around the time of *The Jazz Singer's* 1927 debut.

On the 700 block of Third Street, visit the two boathouses—not shelters for boats, but boats built purely to serve as two-bedroom apartments on



**Attractions in Encinitas** include surfing at Swami's Beach, top, and the lush San Diego Botanic Garden, above.

land. The boats are made of lumber recycled when the Moonlight Beach Dance Pavilion was dismantled in the late 1920s.

Just across Interstate 5 from downtown, San Diego Botanic Garden's 37 acres contain rainforest, desert and other gardens. Even a short visit here is sure to make you feel refreshed. ✕

For more information on the San Diego area, visit [sandiego.org](http://sandiego.org). Alaska Airlines ([alaskaair.com](http://alaskaair.com)) provides regular service to San Diego (SAN).



# ON THE RISE



## PROPERTY

Southport on Lake  
Washington

## LOCATION

Renton, Washington

## SIZE

17.1 acres

## HOME UNITS

383 apartments

## AMENITY EXAMPLES

Luxury hotel, 24-hour  
market, spa and pool

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# MIXED-USE DEVELOPMENTS ARE ENERGIZING WEST COAST CITIES

BY JENNIFER NALEWICKI

**Like many mixed-use developments,** Southport on Lake Washington is helping to reinvigorate the area around it. Located on the waterfront of Renton, Washington, on the site of a former power plant and about 15 miles southeast of downtown Seattle, Southport is in a former industrial area. Renton's population continued to increase throughout World War II when Boeing built a facility there, but once the war ended, growth started to wane.

"For a long time, this has been an underutilized space," says SECO Development's Michael Christ, developer and CEO of Southport on Lake Washington. "It's surprising considering we're centrally located and halfway between Seattle-Tacoma International Airport and Bellevue."

In the last decade, Renton has undergone a major renaissance, with new apartment complexes, condos, shopping centers and hotels drawing commerce back to the area. The central location has been a huge catalyst to the area's growth, and was one of the key factors that attracted Christ to develop a section of the waterfront into a mixed-use project.

Because of the area's industrial past, much of the necessary infrastructure was already in place, including roadways and a power grid, making it even more appealing for a major redevelopment project.

Expected to be fully completed in 2023, Southport will feature a 17.1-acre campus that includes 2.2 million square feet of offices, 40,000 square feet of retail space, an already-open 347-room Hyatt Regency hotel, and seven apartment buildings intended to support a growing region.

"In the next decade, the area will likely see continued growth in the technology and medical sectors, and Southport will become a powerful tool for recruitment," Christ says. "It doesn't matter where you're coming from. We offer plenty of space. We purposely didn't overbuild the site, because we care about the ecosystem here."

Southport offers perks such as multiple nearby transit options, high-speed internet access, on-site security, hike-and-bike-trail access, nearby restaurants and bars, and ample parking.

Mixed-use developments such as Southport have quickly become one of the most popular residential categories in the real estate sector, with renters and homebuyers alike wanting to live in urban areas that offer the conveniences of walkability and easy access





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## ON THE RISE

to amenities. To keep up with demand, more and more of these developments are being constructed in metropolitan areas across the United States, particularly in West Coast cities such as Seattle, Portland and San Francisco.

According to a 2019 report by the National Association of Realtors, 87% of U.S. residents surveyed said it was at least somewhat important to live in homes that are within walking distance of their community's amenities, which can be everything from restaurants and shops to parks and theaters—even their workplaces.

And, according to a December 2017 NAR report, having easy access to these sites without needing a car is proving to be particularly appealing to younger generations, who value convenience and short commute times when deciding where they want to live. Fortunately, developers are more than eager to meet their needs.

**A few miles north of Southport**, in the city of Bellevue, Fortress Development is building Avenue. As a Bellevue resident for the past 20 years, Andy Lakha, CEO and principal of Fortress Development, says he wanted to work on a project that would be the ideal complement to well-established major retail centers, restaurants, offices and entertainment venues within walking distance.

"I was looking to do the right project in the right location," Lakha says. "Seattle and Bellevue are both wealthy cities, and they deserve a world-class project that can take them to the next level. I wanted to create something that was unique but also indicated a certain lifestyle."

With those parameters in place, Fortress Development is creating a mixed-use site that brings a sense of community to the forefront of the project. "We want to create a gathering place that's a central part of the city, but that's also pedestrian-friendly and integrates retail, a hotel and residences," Lakha says.

Upon its anticipated completion by the summer of 2022, Avenue will feature an InterContinental Hotel—offering 252 luxury guestrooms, abundant event and conference space, restaurants, a gym and spa, and concierge service. The property also features 322 residences that offer access to amenities such as fitness rooms, lounges and valet services.



**PROPERTY**  
Avenue

**LOCATION**  
Bellevue, Washington

**SIZE**  
2.65 acres

**HOME UNITS**  
322 residences

**AMENITY EXAMPLES**  
Luxury hotel, outdoor plaza, boutiques and restaurants

The entire project is centered around The Plaza, an outdoor space that will connect the development's two towers and will include upscale restaurants, boutiques and plenty of natural landscape.

These features, as well as the development's location, are expected to make the property a big draw for potential residents. Avenue is mere steps from downtown Bellevue's station of the new East Link Extension, a light-rail line connecting Seattle, Bellevue and Redmond that's scheduled to open in 2023, and is near offices for companies such as Amazon, Facebook and Salesforce.

"People want markets, food, entertainment and health clubs that are within walking distance to their homes," Lakha says. "That's why mixed-use integration, where you're incorporating urban living within the concept, is so popular right now, and I suspect that will continue. People want to live a certain lifestyle."

**The demand for a more compact lifestyle** is also central to the Block 216 development in Portland, Oregon. The 35-story mixed-use





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property will be one of the larger private-sector projects in downtown Portland. Sitting on a single city block, the project gives developers the opportunity to build up instead of out.

“Block 216 is environmentally sustainable, as we are able to significantly increase the size of the building while keeping it on just a single city block,” says Walter Bowen, founder of BPM Real Estate Group, the project’s developer. “High-rise developments that combine offices, residences and other uses enable more efficient use of resources and present opportunities to share energy and equipment. This density also provides more efficient mass-transportation access.”

In a city that prides itself on sustainability and being supportive of local commerce, Block 216 is a step in the right direction for redeveloping downtown Portland, Bowen says. “The impact on the community is large: Block 216 will create more than 2,000 living-wage jobs [including construction jobs],” he says. “The developer is also providing \$8.1 million for construction of affordable housing in the city, and is working to assist with the relocation of the former 40-plus food carts that once called Block 216 home. The food carts will be relocated

#### PROPERTY Block 216

LOCATION  
Portland, Oregon

SIZE  
One city block; 35 stories

HOME UNITS  
138 condos

AMENITY EXAMPLES  
Luxury hotel, food hall,  
office space

this fall to Ankeny Plaza, two blocks north.”

Block 216 is expected to be completed in 2023. The building, which will contain a Ritz-Carlton—a luxury accommodation that will be part residences and part hotel—will also house a 7,800-square-foot food hall on the ground floor.

The site will be part of the planned 6-mile “Green Loop” linear park in Portland’s urban core.

**In San Francisco**, one of the latest mixed-use developments being built is 5M, located at 5th and Mission streets a few blocks from the city’s popular Union Square commercial district.

Developed by Brookfield Properties, the 4-acre site will feature the distinctive 415 Natoma office building designed by the architecture firm Kohn Pedersen Fox.

There will also be about 700 residences, as well as offices, retailers, a cultural arts facility and public parks. The development will be completed in two phases, with the first expected to be done in late 2021.

**Realogics Sotheby’s International Realty** in Washington is pushing the envelope in terms of how the idea of mixed-use developments can be interpreted. When CEO and President Dean Jones was seeking a location for one of his retail branch offices in the Greater Seattle area a few years ago, he was facing roadblocks because the space he was





## ON THE RISE

PROPERTY  
5M

LOCATION  
San Francisco

SIZE  
4 acres

HOME UNITS  
About 700 residences

AMENITY EXAMPLES  
Shops, arts facility,  
terraces, public parks



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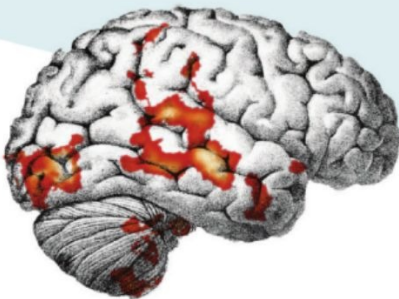
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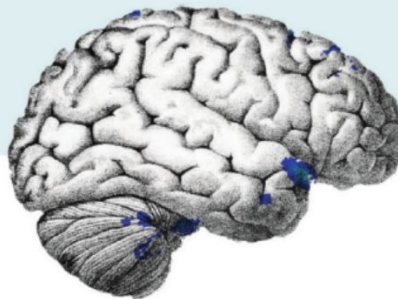


## fMRI: A BRAIN STUDY OF ALCOHOL CRAVINGS

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interested in leasing in Kirkland, east of Seattle, was intended for retail. He had to convince the property owner that the site would stay lively and inviting even after the end of the workday. The result is a hybrid space that's part real estate office and part wine lounge.

"It's an office environment, with our offices in the back and a conference

**"At night the space transforms into a wine lounge, where we have live music and entertainment."**

room in the middle. But at night the space transforms into a wine lounge, where we have live music and entertainment, and our brokers can mix with potential clients. It's dynamic," Jones says.

The concept proved so successful that Jones applied it to two more of his brokerage offices in the area, and he hopes to expand the idea's reach in the coming years as "a lifestyle center."

"This is definitely a breakthrough for Sotheby's," Jones says. "We're an independently owned and operated franchise, and at first this [concept] was looked at as unconventional by our franchise operators, but now, a couple of years later, it's being celebrated as innovative and successful. We realized that, from a broker's perspective, real estate happens where the conversations happen, so we want to be the living room of the neighborhood." ✈

*Jennifer Nalewicki writes from Salt Lake City.*

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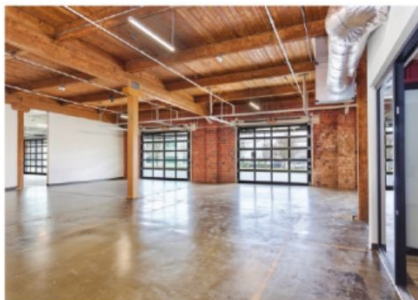
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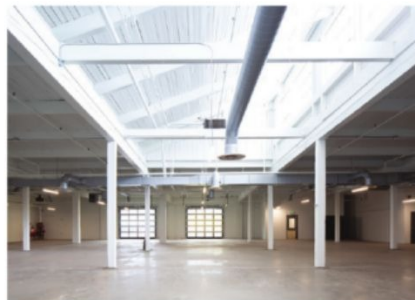




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# EXPLORING EXCEPTIONAL IDAHO

ADVENTURES IN THE GEM STATE

BY SARA SHEEHY

Craters of the Moon National  
Monument & Preserve.



**My husband, Mike, and I** hike the mile-long Lodge Trail at the Bogus Basin Mountain Recreation Area near Boise, enjoying the stately beauty of ponderosa pines lining the path and listening for the high-pitched “chip-chip-chip-chip” of chipmunks.

When we come to the Pack Trail, it takes us to the summit of 7,582-foot-elevation Shafer Butte, and my breath catches at the panoramic view of the Treasure Valley and the vast Snake River Plain, with its sagebrush and grasses ranging from wheatgrass to needlegrass. Rugged mountains rise in the distance, while less than 20 miles and about 4,700 feet below us, the City of Trees, as Boise is known, is bright with the colors of the season: red, gold and deep orange.

It is fall in Idaho, my favorite time of year. The warmth of summer lingers, but the cool evenings and crisp winds remind me that winter is on its way. We aren't the only ones enjoying a day of autumn recreation. The parking areas for trailheads we passed on our drive from Boise were nearly full, and car racks were packed with dusty mountain bikes. Like the Lodge Trail, many of the trails in this area are part of the approximately 200-mile Ridge to Rivers trail system in the Boise Foothills, managed by a partnership of city, county and federal entities. The Bogus

Basin parking lot also was busy when we arrived, but on the trails, the mountain seems to become our own. Tall grasses sway in the breeze, and I catch a brief flash of red as a northern flicker woodpecker scuttles up a tree to my right. I notice a red-tailed hawk circling far below on the foothills slopes, which are covered with plants ranging from sagebrush to netleaf hackberry, which has reddish-orange fall berries.

By early December, this route through the pines will be covered with snow, beckoning fans of downhill skiing. Winter-fun enthusiasts will flock to Bogus Basin to ski Lodge Trail and the other 91 named runs, or to enjoy activities ranging from fatbiking, tubing and snowflake-enhanced riding of the mountain coaster to Nordic skiing and snowshoeing. As we walk past Bogus Basin's Pioneer Lodge to return to our car, I feel the first tug of longing for winter. “Let's come back for a snowshoeing and Nordic trails day,” I suggest to my husband.

As a longtime Idaho resident, I'm thrilled that the Gem State's diverse landscapes make it a playground for outdoor enthusiasts every season of the year. Experience Idaho's adventure-rich side with a visit to one of the following areas.







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Your weekend reset plan: Hop on one of 7 non-stop Alaska flights to Boise. Take a seven-minute ride to downtown. See Freak Alley. Ride a cruiser along the Boise River Greenbelt. Bike or hike Ridge to Rivers trails. Sip local beer. Repeat as needed.

*We meet friends!*

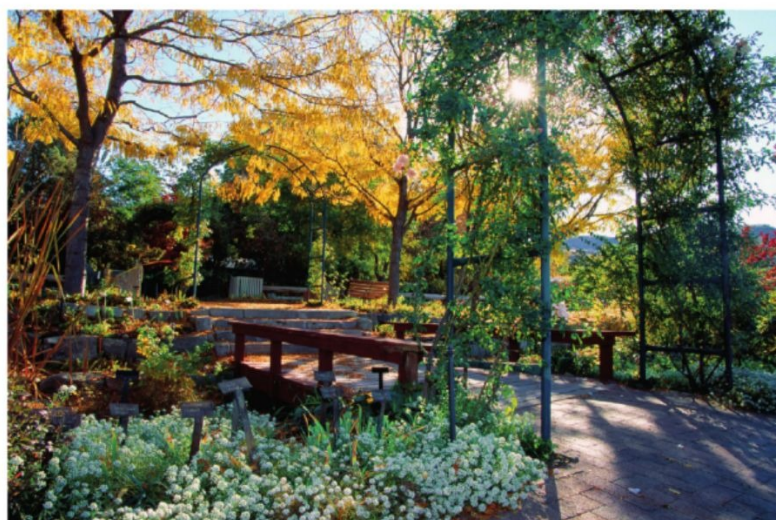
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» Clockwise from top left:  
Nordic skiing at Bogus Basin;  
the appealing Idaho Botanical  
Garden; Boise's year-round  
whitewater park.

## SOUTHWEST IDAHO

When the Lewis and Clark Expedition traveled in 1805 and 1806 across Idaho, they collected and cataloged many plant species. Eager to see through their eyes, I visit the Lewis & Clark Native Plant Garden at the Idaho Botanical Garden, which is open year-round in the Boise Foothills.

The Lewis & Clark Native Plant Garden was introduced in May 2006 to commemorate the bicentennial of the Lewis and Clark Expedition, and showcases around 100 of the 145 species that the expedition collected between Great Falls, Montana, and The Dalles, Oregon. I'm delighted to view native plants from Idaho that were cataloged by the expedition, including rabbitbrush, which has vibrant yellow blooms that appear in late summer, and purple hoary tansyaster, which blooms into October, and is radiant in light filtering through nearby trees.

In winter, the botanical garden will come to life with a different kind of luminescence. From November 28 to January 5, the garden will sparkle with more than 400,000 holiday lights draped over trees and

structures for the annual Winter Garden aGlow event.

Descending from the foothills to the city provides access to recreational opportunities such as the J.A. and Kathryn Albertson Family Foundation Boise Whitewater Park, featuring two adjustable wavemakers that opened in 2012 and three more wavemaking features that opened this year on the Boise River.

The whitewater park is open from sunrise to sunset year-round, as river flows allow, and nearby Idaho River Sports offers kayaks, surfboards, paddleboards and rafts for rent in every season. If you don't feel like getting wet, you can watch the surfers from nearby viewing areas. The whitewater park is located along the Boise River Greenbelt, a 25-mile pedestrian-and-bicycle pathway that runs through the city of Boise and that is celebrating its 50th anniversary this year. The pathway offers access to numerous green spaces, river fishing and even the city-owned 18-hole Warm Springs Golf Course.

In the heart of Boise, look for the nonprofit Freak Alley Gallery between North Eighth and North Ninth streets, and Bannock and Idaho streets. The gallery is an open-air showcase of murals on the brick walls of



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» From top: Amy Westover's *You Are Here* sculpture; boulders in Celebration Park; the beautiful night sky at Craters of the Moon National Monument & Preserve.

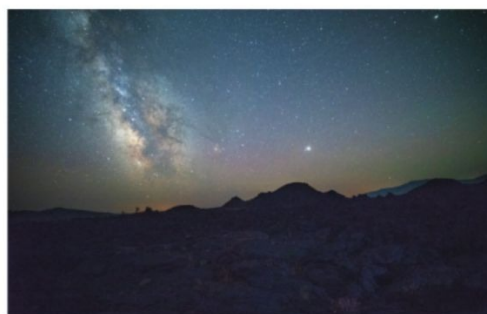
alleyway buildings. On a recent trip, my favorites included the face of a grizzly bear caught mid-roar and a larger-than-life portrait of Jimi Hendrix that sparkled in a mosaic of glass.

Public art in Boise also includes Idaho artist Amy Westover's *You Are Here* sculpture, installed this year at the Boise Centre convention complex. Commissioned to celebrate the convention center's 36,000-square-foot Boise Centre East expansion, the wall-mounted sculpture features more than 1,000 pieces of kiln-formed colored glass and evokes an aerial map of the Boise area, from mountains to city to river.

From Boise it's also well worth driving about 40 miles southwest to Celebration Park in Melba. Featuring basalt boulders deposited during the Lake Bonneville Flood about 15,000 years ago, the park, managed by Canyon County, contains petroglyphs that range from 100 to 10,000 years old. Historians know little about which Indigenous groups carved the markings, or the meanings of the art, but some shapes seem to represent the sun and four-legged creatures. The park visitor center is open most days, and free guided tours are available on days that vary by season. I particularly enjoy trying out an atlatl—ancient spear thrower—at the atlatl range.

## CENTRAL IDAHO

I sit atop a boulder at Craters of the Moon National Monument & Preserve, soaking in the warmth of the sunbaked volcanic rock as stars begin to blink to life overhead. I spot Orion and the handle of the Big Dipper—constellations I learned in childhood—and ponder how small I feel underneath the unbroken expanse of sky. Designated as an International Dark Sky Park in 2017 by the International



Dark-Sky Association, Craters of the Moon doesn't have light pollution, making it one of the best places in the country to see the night sky. As the night deepens, the stars blaze in a breathtaking display of galactic brilliance.

Wonders to be seen at Craters of the Moon also include many volcanic formations, such as cinder cones. A year-round visitor center offers information about how this moonlike landscape was formed by fissure eruptions—with lava flowing along cracks in the earth's crust—which began about 15,000 years ago and occurred as recently as 2,000 years ago.

The 7-mile Loop Road provides vehicle access to numerous trails in the monument until the road is closed because of snow, usually sometime in November. In winter, the road is groomed for snowshoeing and Nordic skiing. Snowshoe rentals are available onsite most days, and ranger-guided snowshoe walks, with snowshoes included, are offered on Saturdays in January and February. Shops such as Sturtevant's Hailey, about 50 miles northwest of the monument, offer Nordic ski rentals.

About 60 miles northwest of the monument,



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## EXPLORING IDAHO



the towns of Sun Valley and Ketchum also provide outstanding recreation. Sun Valley's iconic ski resort is known for its understated glamour, while neighboring Ketchum is celebrated for its authentic and friendly mountain-town vibe.

Bald Mountain at Sun Valley offers outstanding terrain and fast, perfectly groomed ski trails that rank as some of the best in the U.S. One of my favorite runs is Warm Springs, with its thrilling top-to-bottom descent under the area's bluebird skies. The resort, which first opened in 1936, is in the process of expanding its current 2,000-plus acres of skiable terrain by more than 380 acres, expected to be ready for the 2020–21 winter season. Meanwhile, the Sun Valley Inn and Sun Valley Lodge have been remodeled, including enhanced guestrooms available this ski season.

Just north of Ketchum, the nearly 19-mile Harriman Trail, open to hikers and mountain bikers, winds gently through a narrow valley between towering mountains. Fall foliage is particularly spectacular at the southern end of the Harriman Trail, where large stands of aspen trees splash the mountainside with yellow and orange leaves in mid-October.

In winter, the trail is groomed for Nordic skiing, and is part of the approximately 100-mile Blaine County Recreation District Nordic system, one of the largest Nordic-trail systems in the United States. Ski rentals are available at Backwoods Mountain Sports in Ketchum and at Galena Lodge, which is located amid the trail system.

» ***Clockwise from top left: cycling at Schweitzer Mountain Resort; spectacular fall color on the Harriman Trail; après-ski in Sun Valley.***

## NORTH IDAHO

Lake Pend Oreille—43 miles long, with 121 miles of shoreline, making it Idaho's largest lake—sparkles to the south as I make my way up the 2.5-mile, 890-foot-elevation-gain Schweitzer Nature Trail. The route takes me to the summit of 6,400-foot Schweitzer Mountain, near the town of Sandpoint, as the smell of warm pine pitch enlivens my journey.

I'm exploring Schweitzer Mountain Resort on foot before the hiking trails close in mid-November and the snow begins to fall. Once it does, Schweitzer turns into a snow globe wonderland for alpine skiing, Nordic skiing, snowshoeing and tubing. As I reach the summit and admire the view of the forested slopes and lake below, the sun catches a western larch, an unusual deciduous conifer that turns bright yellow in the fall before dropping its needles.

North Idaho's grand landscape is also home to adventures in areas such as Post Falls, Coeur d'Alene and, in north-central Idaho, the Moscow area. In Post Falls, for instance, 500-plus-acre Q'emiln Park / Community Forest, on the south side of the Spokane River, has a seasonal boat launch for visitors interest-





## EXPLORING IDAHO

annual north-to-south migration. The two-hour cruise leaves from The Coeur d'Alene Resort and is narrated by a local biologist, who shares facts about the bald eagles while pointing out where to direct your binoculars to see the birds.

ed in fishing or boating. You can also enjoy a swim beach and viewing decks. And just across the river, Fun Unlimited's seasonal Post Falls location offers kayak, paddleboard, boat and personal-watercraft rentals, mid-June through Labor Day. Year-round, Q'emiln Park provides access to 20 miles of forested hiking trails (some leading to heritage sites such as an old homestead) as well as to more than 100 rock-climbing routes.

In Coeur d'Alene, a boat ride with Lake Coeur d'Alene Cruises is a must-do in December, when hundreds of bald eagles stop at the lake during their

Visit the charming town of Moscow to enjoy the Latah Trail, a scenic, beautifully maintained 15-plus-mile path that stretches east from Moscow to the village of Troy and on to Bear Creek Canyon. The trail follows a former railroad line, and interpretive signs, with information ranging from Native American history to modern farming practices, dot the enjoyable route.

The trail weaves through forests and rolling farm hills. In the winter, the Latah Trail is open to Nordic skiing and snowshoeing, and equipment rentals can be found in Moscow at Hyperspod Sports. For sum-

CHAD CASE / IDAHO STOCK IMAGES



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## EXPLORING IDAHO

mer recreation on the trail, bike rentals are available at Paradise Creek Bicycles.

As I enjoy the wealth of adventures—from boating to skiing to stargazing to hiking—throughout the Gem State each year, I'm reminded how grateful I am to call Idaho my home. And I love to let people from other locales know about the magnificent regions and recreation they also can discover here. ✈

Sara Sheehy lives in the Sun Valley area. For more information about Idaho recreation, see websites such as [visitidaho.org](http://visitidaho.org), [visitsouthwestidaho.org](http://visitsouthwestidaho.org), [boise.org](http://boise.org), [coeurdalene.org](http://coeurdalene.org), [visitmoscowid.com](http://visitmoscowid.com), [visitpostfalls.org](http://visitpostfalls.org), [visitsandpoint.com](http://visitsandpoint.com) and [visitsunvalley.com](http://visitsunvalley.com).

Alaska Airlines ([alaskaair.com](http://alaskaair.com)) provides regular service to Boise (BOI) and Sun Valley (SUN) in Idaho, as well as to the Pullman-Moscow area (PUW), and to Spokane (GEG), gateway to North Idaho. Early next year, Alaska Airlines will provide additional service to Spokane from Los Angeles (LAX) and San Francisco (SFO), and to Boise from Los Angeles.

## ALSO IN IDAHO

In addition to numerous attractions and activities appealing to visitors, Idaho offers quality-of-life and business advantages that benefit existing, startup and relocating companies. These advantages range from lower taxes to some of the lowest energy rates in the nation; from an entrepreneurial culture to a skilled workforce; from business incubators to state- and local-government business-friendly incentives. For more information, see [commerce.idaho.gov](http://commerce.idaho.gov).

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*The par-4 14th hole  
on Kaua'i's The Club  
at Kukui'ula.*





*By Ken Van Vechten*

**Unlike most sports**, where often very little about the venue of a game may differ, golf offers players a wide variety of locations. In this sport, where you play does matter. We might not hit it any better at Hapuna or Poipu Bay golf courses than back home, but we know it is something different.

That's why many of us may have 12 pounds of tags clanking away on the side of our golf bags. Badges of honor, blingy little billboards of where we've been and

played and our friends have not.

Few golf locales bestow the level of joy of play that comes from teeing it up at courses on the handful of emerald-hued volcanic islands in the middle of the Pacific known as Hawai'i. Let's take a deep dive into some of the best holes on some of the best courses on each of the four main islands.

Any golfer visiting the Aloha State will find these layouts more than badge-worthy.




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Hapuna Golf Course's  
par-4 12th hole.



## HAWAI'I ISLAND

Commonly referred to as the “Big Island” for a reason, Hawai'i Island's extra space means more room for what's near and dear to us—golf.

### Hapuna Golf Course

Hapuna is Big Island golf presented differently. It's not of the high country—cool, green, wet. It's not of the shore—splash and flash. It's of the middle, a transitional zone of grasslands and free-range goats.

- **Megapixel Moment:** No. 12, par 4, 383 yards. This big-shouldered fall-away hole isn't the highest spot on the course, but it provides a sweep of most everything that makes golfing on the Big Island famous, from views of major mountains to views of big blue as far as you can see.

- **Brain:** No. 10, par 4, 372 yards. Another beauty, the hole arcs right to left, calling for a tee ball up the right. It is tricky to reach the green from the left side of the fairway because of a blocking tree inside the kink. Anything left of the green is in danger of being lost.

- **19th Hole:** Drive north to the tip of Hawai'i Island and the town of Hawi, where you can wave at Maui and then dive into Bamboo Restaurant & Gallery's dishes of pan-Pacific goodness.

### Waikoloa Beach Resort—Kings' Course

The sunny coast north of Kailua-Kona is lined with great resorts. One of the best in this group is Waikoloa Beach Resort, which serves up two courses: Beach, which scampers down to the shore for a quick kiss, and Kings', which traces lava expanses and rewards approach-shot prowess.

- **Megapixel Moment:** No. 2, par 5, 534 yards. No ocean? No worries. In the morning, with the sun streaming over Mauna Kea, coconut palms dancing a gentle hula in the breeze, and Kohala slumbering in the distance, this is Hawai'i golf.

The par-5 second hole  
at the Kings' Course at  
Waikoloa Beach Resort.







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Poipu Bay Golf Course's  
par-3 17th hole.

- **Brawn:** No. 16, Par 4, 414 yards. The prevailing winds add effective yardage; water tightly hugs the green to the left; and a lava crater shorter and to the right should never be in play. However, we all know about “never” and golf.
- **19th Hole:** Pub food gets the island treatment, and brew fans can choose from a couple dozen tap paddles at course-close Tropics Ale House.

## KAUA‘I

When it comes to golf, Kaua‘i may lack the numbers or TV exposure of some of the other islands, but what it does have is spectacular, and quality is a very good thing.

### The Club at Kukui‘ula

Golf is a centerpiece at Kukui‘ula, one of the South Shore’s premier residential clubs. The Kukui‘ula course affords a commoner-in-the-palace chance to enjoy this layout by staying in comely on-property cottages. (Our home should be such a “cottage.”)

- **Megapixel Moment:** No. 14, par 4, 291 yards. The backdrop on this hole is the endless horizon, with the green set at the seeming edge of the earth, hanging out over the ocean. There will likely be dolphin sightings; even whales, perhaps.

- **Brawn:** No. 5, par 4, 437 yards. This right-sweeper earns its No. 1 handicap rating thanks to its usual orientation into the trade winds and the punishing rough that surrounds the green.
- **19th Hole:** About 2 miles east of the course, Peter Merriman, one of Hawai‘i’s top chefs, has put his craft to work on the casual side of dining at Merriman’s Gourmet Pizza & Burgers.

### Poipu Bay Golf Course

Poipu Bay got prime winter network time from 1994 to 2006, when the PGA Grand Slam of Golf—featuring the four best players in the year’s majors—played this dry-side beauty. It remains just as spectacular as you remember.

- **Megapixel Moment:** No. 17, par 3, 199 yards. Ask locals what are the most scenic holes, and in chorus you’ll get three: “15, 16, 17, bro!” Sea cliff par 3s such as the 17th, which post long yardage but play shorter due to the trades, make us all feel like champions.
- **Brain:** No. 11, par 3, 166 yards. The trades can cut across from the left to a right-sloping green with a pond lapping at that right side. Calculate for the breeze to start the ball on the correct line.
- **19th Hole:** The Beach House Restaurant, with its renowned finfare, is a South Shore institution.





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Time dinner so you can scamper between courses to the seaside lawn and watch the sun kiss the tropics good night.

## MAUI

What would happen if we plotted and mapped “visiting mainlander,” “golfer” and “favorite island”? Odds are that “X” would mark the island of Maui.

### Kā'anapali Golf Courses—Royal Course

Take the familiar fun and comfort of your time at kids' camp; throw out the tents and Coleman-stove eats in favor of resort hotels and restaurateurs such as Roy Yamaguchi; put it on a tropical beach with two courses, and you get Kā'anapali.

- **Megapixel Moment:** No. 5, par 4, 440 yards.

From the middle tees, you get to ride the trades on this downhill hole, which is known for having a roomy fairway. It's eye candy for the approach and the green, which sits almost literally on the beach—and that's a rarity.

- **Brain:** No. 17, par 3, 140 yards. Put water between a tee and green and it doesn't matter that you only need a 9-iron to reach the short grass. Recreational golfers' synapses immediately start misfiring, and that's fun to watch.

- **19th Hole:** Up on the north side of Lahaina, Star Noodle radiates with shared plates—consider miso salmon and scallop shots—and ramen, saimin and udon noodles.

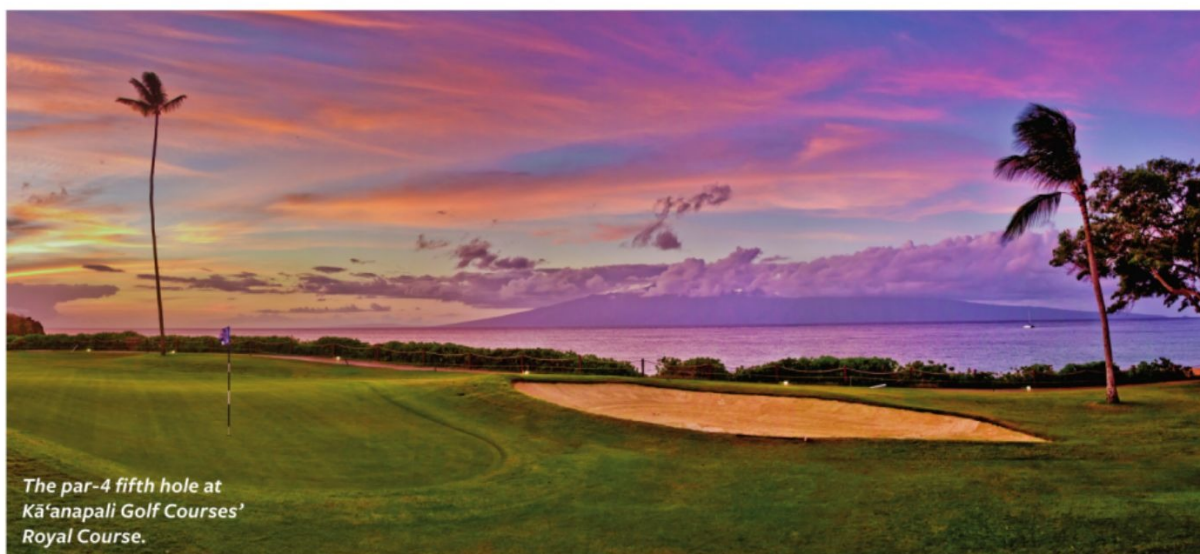


*The Wailea Golf Club Gold Course's par-3 eighth hole.*

### Wailea Golf Club—Gold Course

Fifty-four holes. Need you hear any more about Wailea? This big spread includes the Blue, Emerald and Gold courses. And it all plays out on the rain-shadow side of the island, meaning no umbrellas. We spotlight the Gold Course.

- **Megapixel Moment:** No. 8, par 3, 188 yards. Across the Islands, the eighth is among Hawai'i's iconic golf holes. You can see the South Maui shore, two other islands, Molokini—a partially submerged volcanic crater—and the ocean. There is a depth of field here that is a nice counterplay to other holes offering a great expanse of big blue.



*The par-4 fifth hole at Kā'anapali Golf Courses' Royal Course.*





## A NEW LOOK FOR KAPALUA'S PLANTATION COURSE

On the northwestern corner of Maui, looking out over Lānaʻi and Molokaʻi islands, the Plantation Golf Course at Kapalua is getting ready for its annual appearance as host course of the PGA Tour's Sentry Tournament of Champions, January 1–5.

Only this time around, the winners of events from the previous season will see a revamped and revitalized course that will run faster than ever. As will the rest of us who get the chance to play it when the pros aren't in town. New strains of Bermuda are growing in on fairways and greens, and tees have been repositioned to bring the angles and challenges of this nearly 30-year-old layout into sync with the modern game.

Some bunkers also were moved and rebuilt, providing better drainage and a more natural, rough-edged look. Even the practice facility has been redone, laser-leveled and re-grassed. For those fond of one of Maui's best dining locations, the Plantation House Restaurant, as well as the entire clubhouse, is being refurbished as well.

What hasn't changed are the sweeping vistas and the roller-coaster ride that comes with a course let loose across hundreds of botanically vivid acres on the shoulder of a volcano.

It is all slated to reopen by December. If you visit before then, drop by the sister Bay Course, which was updated in 2018, including a resequencing of the holes back to their original order, with the ocean holes at the end of the round. —K.V.V.

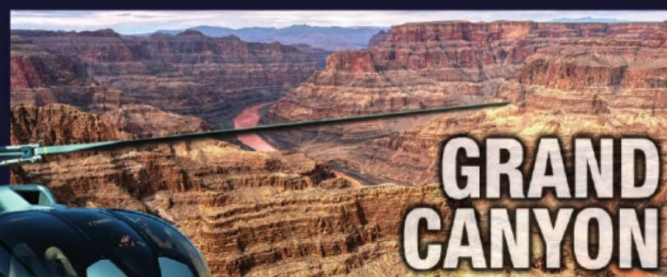


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The par-5 fifth hole at the Plantation Golf Course at Kapalua.

- **Brawn:** No. 7, par 5, 567 yards. In this play, la bête appears before la belle. Ever-rising and undulating, the seventh throws a double-dogleg at you, with side-hill lies and menehune-swallowing rough, and enough greenside sand to qualify as a beach ... tough.
- **19th Hole:** Gannon's Restaurant, at Wailea, is one of the Islands' finest presenters of "Hawai'i regional cuisine," which focuses on ingredients from local waters, pastures, fields and orchards—and the views are just as good.

## O'AHU

This island, nicknamed the Gathering Place, is famous as the home of *Five-0*, Diamond Head, Pearl Harbor, the North Shore surf break, most of Hawai'i's population and the highest golf-course tally of any Hawaiian island.

## Royal Hawaiian Golf Club

In the larger world of golf, "linkslike" is one of the most overused (and abused) adjectives. In Hawai'i, the most overused term is "Jurassic." The hype is understandable. Dino flicks are filmed here, and the foliage can be rather,




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## ISLAND GOLF

um, exuberant. So, it is an apt description for a handful of courses, including Royal Hawaiian.

- **Megapixel Moment:** No. 12, par 3, 168 yards. The green is an extended lobe atop a lava-rock base and set within what an old map would categorize as “terra incognita.” As with the entire establishment, you would need to pull out everything between yellow and blue from the gonzo-sized 152-pack of crayons to properly color this tableau.

- **Brain:** No. 8, par 5, 492 yards. The eighth fairway resembles a curved serpent with a massive bulge from an outsized lunch showing to the left—fitting for the verdant surroundings. It’s easier to default to the left side, but the better play is hugging the right, skirting the visual cues trying to push you left. That move will open up the second shot to a landing area pinched by a



Royal Hawaiian Golf Club's par-3 12th hole.

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potentially green-blocking tree.

• **19th Hole:** The Lanikai Brewing Company, in nearby east-shore Kailua, offers several beers that anchor the year-round offerings, while the seasonal batches can sometimes be wild: dry-hopped pineapple sour, anyone?

### Turtle Bay Resort—Arnold Palmer Course

On O'ahu's North Shore, famous for Sunset Beach and surfing pipelines, head over to Turtle Bay Resort, home to the George Fazio layout and the Arnold Palmer Course, which gets the nod here.

• **Megapixel Moment: No. 17, par 4, 375 yards.** This slight-right bender departs a forest of ironwood trees and then carves a wave of nine bunkers before delivering you to a wind-swept green just steps above a North Shore beach.

• **Brain: No. 18, par 5, 506 yards.** "We didn't fly this far to lay up," is a

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## ISLAND GOLF

TURTLE BAY RESORT



The par-4 17th hole at Turtle Bay  
Resort, Arnold Palmer Course.

common refrain on this tantalizing hole. The trades help, and going all-in on the second shot requires clearing a lava-rimmed lake in front of the green. Here, *almost* doesn't wash; actually, it gets washed.

● **19th Hole:** Fuel up before the round at the resort's Lei Lei's Bar & Grill, with the scrambled egg plate—featuring eggs, Portuguese sausage and white rice. Wind down after the round with the restaurant's ahi platter and a Mai Tai.

**Golf in the tropics ...** what's not to like? And just think: You can get back to your regular Sunday group brandishing new bling on the bag and wearing a shirt from the Royal Hawaiian or Wailea Golf Club.

**A word on yardages:** Hole lengths reflect course yardages typically in the 6,300- to 6,600-yard range, not the farthest-back tees. You are on the wrong tee set if most par 4s for you play as driver/fairway wood, driver/hybrid or driver/long iron. Swing-speed-appropriate tees make golf fun again. They make it fast(er) again. Fast is fun. ✕

Ken Van Vechten writes about golf from Central California.

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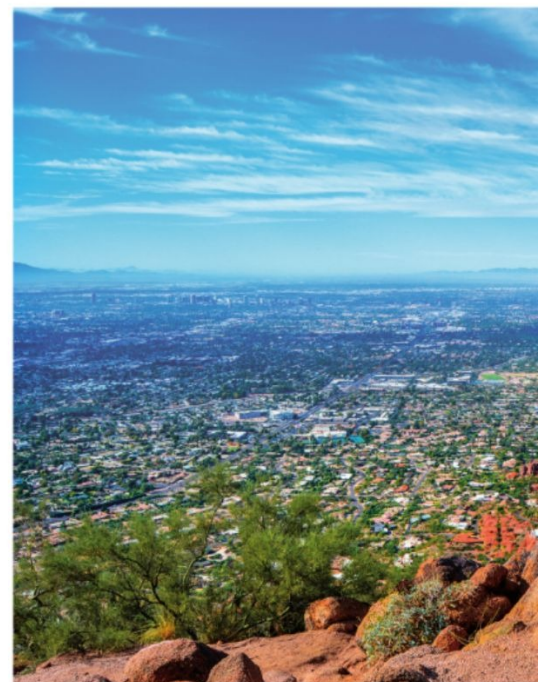
By Ashley M. Biggers

» On an autumn morning, I pull on my backpack and begin the climb up Camelback Mountain. The 2,700-foot-high peak presides over Phoenix and is one of the city's most identifiable landmarks.

The paprika-colored mountain earned its name from its shape, which resembles the reposing head and single hump of a kneeling camel. A large cave on the peak's north side was used by the Hohokam people for ceremonies centuries ago, and is now a popular hiking and rock-climbing destination.

I'm not the only one getting an early start on this beautiful morning. After the

summer sizzle, moderate October temperatures bring welcome relief, with highs in the upper 80s. The cooler weather gives visitors and residents more of a chance to get out and explore the Phoenix area. Trail runners pant past me during their morning workouts, while chatting couples amble up the steep Echo Canyon Trail. The dirt trail hugs the cliff edge as it ascends the mountain and winds through Sonoran Desert vegetation. Walking up the challenging path, I see fuzzy cholla plants and spindly palo verde trees with their signature green trunks. I walk past stout barrel cactuses that line the trail





# NEAR & FAR»



CLOCKWISE FROM TOP LEFT: BRANDON SULLIVAN; VISIT PHOENIX / DESERT BOTANICAL GARDEN; JOSH HAMDAK / ISTOCK.COM; SHUTTERSTOCK.COM

» Clockwise from the top of opposite page: Hikers climb popular Camelback Mountain. The Desert Botanical Garden features a variety of cactuses. A hiker enjoys the view from the Hole-in-the-Rock formation at Papago Park. You can see for miles in all directions from the summit of Camelback Mountain.



and see iconic saguaro cactuses, with their arms reaching for the sky. Lucky are the hikers who spot the cottontail rabbits and antelope squirrels that dart among the boulders.

While there are easier hikes, which tend to loop around the mountain's base, most hikers are here for the view at the top of the mountain. And what a view it is: a 360-degree panorama of the greater Phoenix area.

The downtown skyline lies before me, and in the distance, I can make out the broad expanse of South Mountain Park/ Preserve, another top destination for hiking, located to the south of Phoenix.

I take a few deep breaths, relishing the beauty and solitude.

## Desert Hues

When friends ask me about family outings in the Phoenix area, I suggest visiting Papago Park, about 9 miles east of downtown Phoenix. The natural space is nearly 1,500 acres and includes many sites such as the Phoenix Zoo, several lakes, picnic areas and the Papago Golf Course.

A park must-see is the Desert Botanical Garden, which immerses you in the arid environs of the Valley of the Sun, without the workout required to climb Camelback. Trails meander among Sonoran Desert plants, with placards calling out the flora's unique attributes that allow it to thrive in one of the hottest and driest landscapes in the world.

In the spring, desert wildflowers and cactuses paint some of the garden trails with a rainbow of pretty blooms. Another trail showcases how Native Americans have used these plants for food, medicine and building materials.

The trails at Papago Park also provide opportunities for hiking and mountain biking. The park's often-photographed Hole-in-the-Rock formation, a major landmark with openings in the rock caused by wind and rain erosion, is a great spot to watch the sunset.

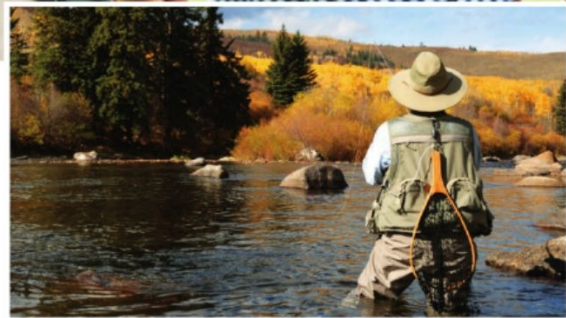
After a long hike through the park, I recommend stopping at Sweet Republic, a Phoenix-area ice cream shop that offers gourmet seasonal flavors such as pumpkin and butterscotch pecan.





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Phoenix is the most populous state capital in the United States, with more than 1.6 million residents. The 1901 Arizona State Capitol building, above, is part of the new State Capitol Campus and houses the Arizona State Capitol Museum, where visitors can learn about Arizona history.

## Artistic Phoenix

A few blocks north of downtown Phoenix, you'll find Roosevelt Row, a center for the arts in the city. The neighborhood is famous for its many murals, which were painted by local artists, and can be seen on the walls of buildings and businesses

along Roosevelt Street.

A great time to visit is on the first Friday of each month, when the district hosts a popular self-guided art walk, with people strolling through the area to look at the murals, to attend art-show openings at galleries such as Modified Arts and Eye Lounge, and to listen to live music.

You can also eat at local restaurants and food carts, including the renowned Welcome Diner, which serves a combination of farm-to-table dishes and Southern comfort food, with staples such as homemade biscuits, braised pork and bourbon-infused pecan pie.

About a mile north of Roosevelt Row is the Phoenix Art Museum, one of the largest art museums in the Southwestern United States. The museum's galleries display selections from its more than 19,000-piece permanent collection as well as traveling exhibitions, and—beginning in 2013—a long-term loan of paintings

Artist Clyde works on Phoenix's most recent Roosevelt Row mural, an homage to traveling.



## AT A GLANCE

### Hidden gems:

- The Arizona Science Center offers hands-on exhibits, a five-story movie screen and an in-house planetarium to inspire visitors of all ages.
- At 9,600 acres, the Phoenix Sonoran Preserve, located about 25 miles north of downtown Phoenix, has more than 35 miles of hiking trails.
- Join a free public tour of the Orpheum Theatre, a jewel of a theater dating back to 1929. The tours are offered several times each month.

### Where to go first in town if you're a ...

#### ... Foodie:

Heritage Square is known for 19th century homes, and famous restaurants, such as Pizzeria Bianco, right, lauded as serving some of the best pizza in the country.

... **Romantic:** Book a sunrise hot-air-balloon ride to enjoy Deer Valley and the Sonoran Desert landscapes with outfitter Rainbow Ryders. You'll glide on a scenic excursion above it all.



... **History buff:** Tour the restored Victorian home of Dr. Roland Lee Rosson, a former Phoenix mayor, at Rosson House Museum to get a sense of the lifestyle of early Phoenix residents.

... **Family:** Walk on the wild side at the Phoenix Zoo, home to more than 3,000 animals from around the world. There is also a section of the zoo dedicated to the fascinating creatures that live in the Arizona area.

... **Lover of literature:** Check

the events calendar at Changing Hands Bookstore, one of the city's favorite independent bookstores since 1974. Visit the Camelback Road

location for a drink at the First Draft Book Bar.

**Distinctive dish and where to find it:** Order a Sonoran hot dog at Nogales Hot Dogs. The dog is wrapped in bacon, grilled, and piled high with pinto beans, onions, tomatoes and salsa. —A.M.B.





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## » NEAR & FAR PHOENIX



» The Phoenix Art Museum features selected paintings from the Schorr Collection, above left. The Barrio Cafe, above, offers gourmet Mexican dishes.

from the Schorr Collection. One of the United Kingdom's largest accumulations of Old Masters paintings, the Schorr Collection in 2017 loaned the museum additional works of art through 2020, including *Genoese Nobleman*, by Anthony van Dyck, and *Death of Seneca*, by Gerrit van Honthorst.

A few blocks north of the Phoenix Art Museum is the Heard Museum, which has 11 galleries offering one of the nation's top collections of North American Native art, with an emphasis on the Greater South-

west area. The collection includes Hopi katsina dolls, Navajo and Zuni jewelry, Navajo textiles and Southwestern ceramics, which date from prehistoric times to the present. On March 7-8, 2020, the Heard will host the Indian Fair and Market, which will sell art by more than 700 Native American artists.

For dinner, drop by Chef Silvana Salcido Esparanza's Barrio Cafe, which serves classic Mexican dishes such as *chiles en nogada* (chicken-stuffed poblano chiles, bathed in a walnut-cream sauce) and

*cochinita pibil* (a smoked-pork dish).

Music lovers will want to visit the Musical Instrument Museum, located about 20 miles north of downtown. The collection includes 13,400 instruments

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## » NEAR & FAR PHOENIX



» Frank Lloyd Wright used the local landscape as inspiration for his home, Taliesin West.

from 200 countries and territories. The museum also features world-music concerts throughout the year. October boasts a variety of musical events, including Brazilian singer-songwriter and pianist Guilherme Arantes, on October 12, and the SFJAZZ Collective on October 24.

A monument to one of America's greatest architects is located about 25 miles northeast of downtown, at Taliesin West, Frank Lloyd Wright's onetime winter home in Scottsdale. Wright and his apprentices designed the multi-structure campus, which has since been named a UNESCO World Heritage site. Tours venture into Wright's private quarters and office, and explore the desert masonry structures made famous by Wright, who was said to find inspiration from the local landscape.

Wright wasn't alone. The stark, yet beautiful, desert terrain continues to inspire many residents and visitors, including me. ✕

Ashley M. Biggers writes from Albuquerque, New Mexico.

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# BREATHTAKING BALI

From dragonlike beasts to temples, rice terraces and a village feast

By Michele Andrus Dill

» A 6-foot-long female Komodo dragon strides about 20 feet ahead of us on a foliage-lined dirt path. She occasionally turns her head and flicks her long forked tongue as if to confirm that we're following. She'd entered the path from a patch of side brush in front of us shortly after our 10-person group set out with two guides from the ranger station on Rinca Island, one of the three main islands in Komodo National Park, a UNESCO World Heritage site.

The shrill call of an endangered yellow-crested cockatoo—a species rarely seen on the island—attracts our attention, so we stop to locate the bird in a nearby tamarind tree, and the Komodo stops, too. “It’s like she’s waiting for us,” remarks a fellow traveler. “Maybe she hopes we’ll be lunch.”

The muscular, ebony-eyed Indonesian monitor lizards are known for their large claws and serrated teeth. Adult Komodos eat everything from the island’s deer to Komodo hatchlings, which emerge from grapefruit-size eggs and scurry up trees that adults are too heavy to climb.

When we resume our stroll, taking a few tentative steps forward, the dragon also begins walking again. Eventually we arrive at a glade where she slides into a muddy watering hole. Several 9-foot-long males slumber in shady spots nearby.

I’m mesmerized by these powerful reptiles, whose ancestors date back millions of years. When we return to the ranger station, we’re thrilled to see an agile juvenile scampering around and two adult males stirring up an enormous cloud of dust as they wrestle for dominance or

mating privileges. I nod when another guest enthuses, “This park is an incredible, once-in-a-lifetime experience.”

My husband, Michael, and I are visiting the park on a shore excursion with SeaTrek Sailing Adventures. The week-long cruise on the modern 138-foot-long ketch *Ombak Putih* (“white wave” in Indonesian)—which was built by Indonesian craftspeople using traditional techniques for creating wooden *pinisi* sailing ships—sets out from the eastern part of the island of Bali, with a return flight to Bali from Flores Island, or vice versa.

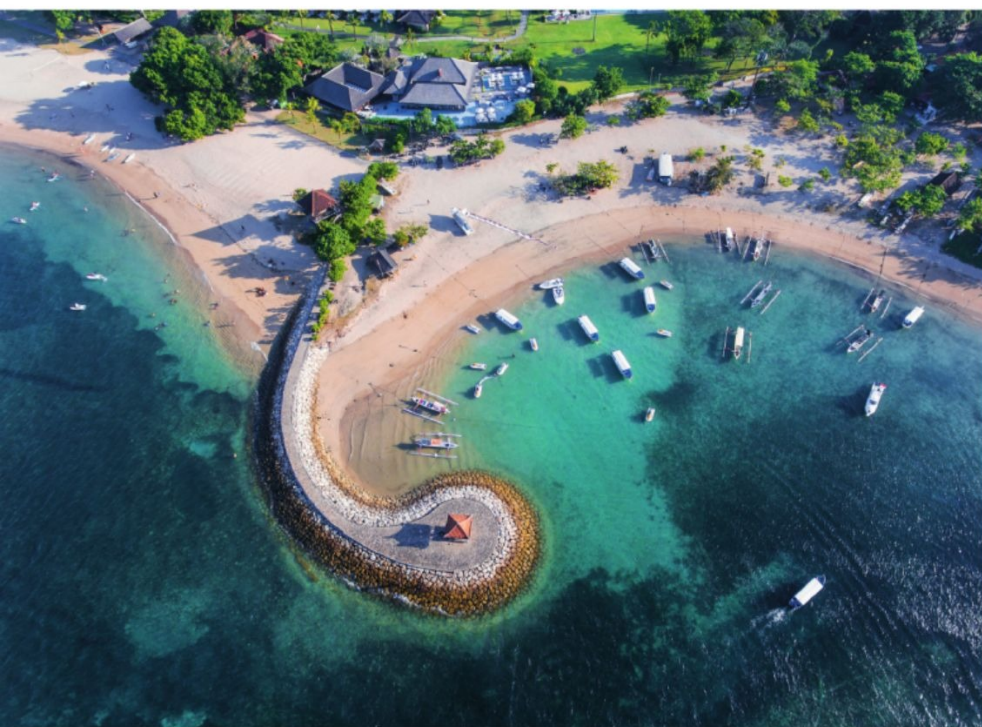
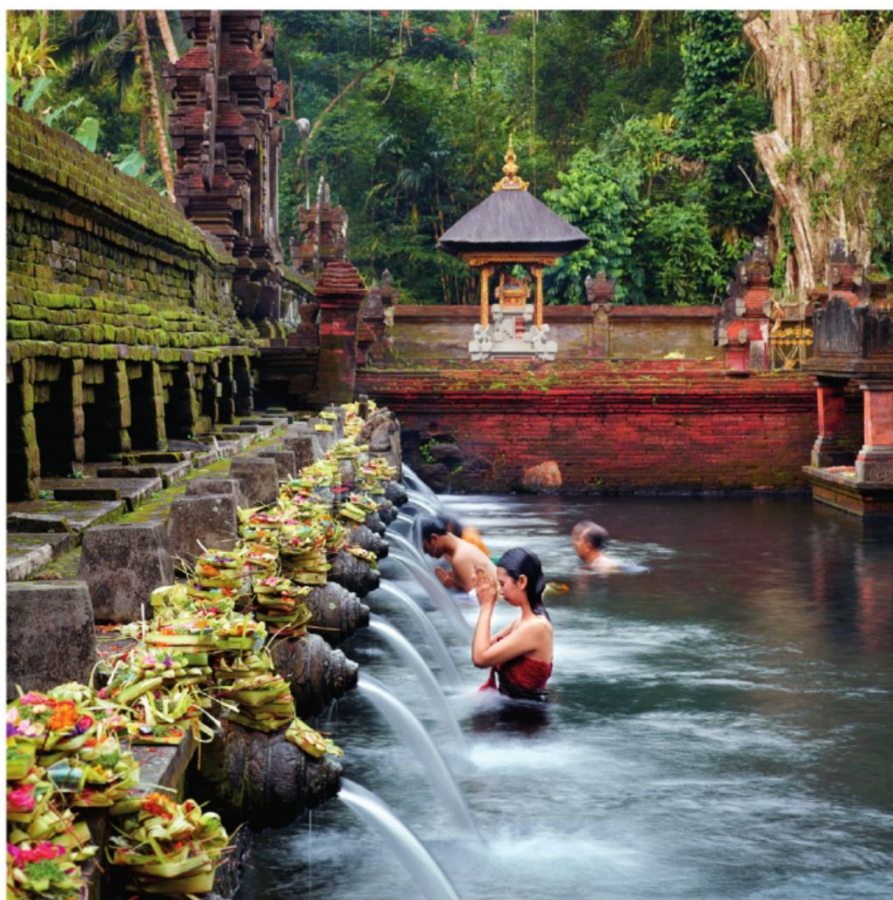
The itinerary includes sightseeing on Bali and on several islands east of Bali, with excursions for snorkeling in ultra-clear waters that host sealife ranging from butterfly fish to blue-spotted stingrays; relaxing on ivory-hued beaches; hiking to wondrous waterfalls; swimming in a



» Clockwise from top left: the exhilarating d’Alas swing; the Tirta Empul temple site; inviting beaches in southeastern Bali; an impressive fork-tongued Komodo dragon.

TIRTA EMPUL TEMPLE: XPACIFICA / ALAMY STOCK PHOTO; BEACHES: DKART / GETTY IMAGES





water-filled volcanic crater; and visiting small villages to learn about daily life from the villagers.

We stroll through lush tropical landscapes featuring plants such as wild orchids, hibiscus, jasmine, banyans, bamboo, banana trees, and an arboreal beauty called the flamboyant tree for its brilliant scarlet flowers.

Onboard the ship, we savor gourmet meals, choosing from a buffet with Western dishes but also Indonesian specialties ranging from tender beef *rendang* (beef slow-cooked in a spicy coconut sauce) to flavorful *ayam betutu* (a Balinese dish of stuffed chicken roasted with spices such as turmeric and ginger). Each evening, the sun sets in a papaya-flesh-colored sky as we dine family style with guests from around the world.

We worked with Bali expert Diane






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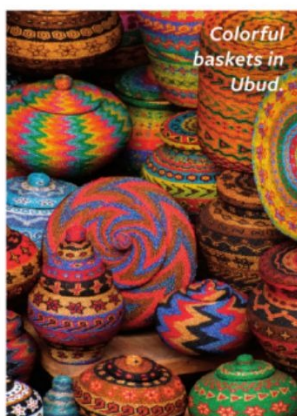
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Colorful baskets in Ubud.

Embree, at Bali Barong Tours in California, to create our itinerary, which included two nights before our cruise at the seaside Fairmont Sanur Beach Bali luxury resort, allowing us to enjoy the inviting sand along Bali's southeast coast.

After our cruise, we get to spend a week at Ubud, in the south-central part of the island, an area known for arts and crafts ranging from woodworking to

basketry. Our arrangements include day tours with guide Agung and driver Agus, from BBI Tours, who are surprised and appreciative when we give the Balinese greeting "Om Swastiastu" (which might be loosely translated as, "May peace and all that is good be with you") while pressing our hands together in front of us.

Residents of the 2,000-plus-square-mile island, which has a population of around 4 million, pride themselves on their hospitality, Agung says. "What you believe and where you are from—here in Bali, it doesn't matter," he tells us more than once. "We welcome everyone."

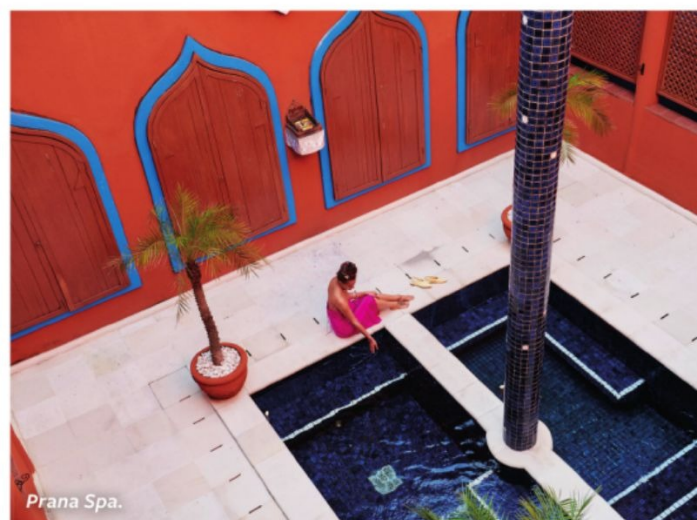
Over the years, the island—perhaps settled about 4,000 to 5,000 years ago by people largely from other parts of Asia—has been variously ruled by Majapahit kingdom, Dutch, Japanese and other forces. It became part of the Republic of

## WATER PLAY

At the Tirta Gangga royal water garden, have fun jumping from stepping-stone to stepping-stone in a pond adorned with fountains and filled with live koi, and then cool off by swimming in a pool open to the public.



Tirta Gangga.



Prana Spa.

## AT A GLANCE

### Popular attractions:

- Bali has many beaches, with activities ranging from dolphin tours in the Lovina Beach area to surfing, horseback riding and enjoying lively restaurants (such as La Plancha; Neon Palms; Sea Circus; and Kynd Community, serving plant-based food) in the Seminyak area.
- The famous and striking Lempuyang temple site includes steps to a spectacular countryside and mountain view. Another temple site, Tanah Lot, offers a marvelous sea-and-sunset view.
- The island is a top spa destination, with treatments such as Balinese massage, emphasizing multiple techniques. Spa options range from the Fivlements Bali wellness retreat to Prana Spa, one of Bali's largest spas.
- Traditional-dance performances include the *kecak* (monkey dance) and *legong* (dance of the maidens).

- Bali's many markets for locals and visitors range from the Kumbasari Art Market to the Kereneng Night Market.
- Learn about Bali's history and arts at the Bali Museum and the Bali Art Center.



### Lesser-known:

- Watch workers use their hands and large wooden looms to craft lovely sarongs in the village of Sidemen.
- Soar over the jungle for an exhilarating experience on the d'Alas swing or one of the many other swings.
- Around dusk, visit the village of Petulu to see thousands of *kokokan* birds flying in to roost in trees.

**Dining:** Enjoy local foods, including *babi guling* (spit-roasted pig), satays and *nasi goreng* (fried rice), at *warungs* (small establishments) such as Babi Guling Pak Malen and Warung Padmasari. Savor fine dining at restaurants such as Locavore, Blanco par Mandif, Kaum Bali and Hujan Locale. —M.D.





## EXOTIC FRUITS TO TRY IN BALI

For fun, match the photo with the fruit.

- **Snake fruit**  
(flavor may be sweet or tart, or hint at pineapple)
- **Jackfruit**  
(quite sweet)
- **Rambutan**  
(succulent)
- **Durian**  
(pungent odor; mix of flavors, from savory to sweet)
- **Ambarella**  
(often crunchy and a bit sour)



Answers at far right.

Indonesia in the mid-1900s, and today it draws visitors from across the globe.

### Memorable Temples

Bali, where the majority of the population practices Hinduism, has been called the “land of a thousand temples.” We visit several of them near or within day-trip distance of our elegant Ubud lodgings, the Komaneka at Rasa Sayang, where our guest activities include learning how to create traditional Balinese offerings by weaving coconut or palm leaves into small baskets that we fill with items such as flowers and betel.

One of the most memorable temple sites we explore is the 10th century Tirta Empul, with its elaborately carved *bedogol* (guardian) statues, its picturesque gardens and its holy springs, said to have been created by the Hindu god Indra.

After Agung wraps us in sarongs he obtains onsite, we respectfully stand at the edge of one of the purification pools as Agung tells us that Balinese perform ritual cleansing by dipping under water spouts in the pools.

The temple is part of a UNESCO World Heritage site that also includes the famed Tegallalang rice terraces, to the southwest. “So green, so exquisite,” I murmur as we look out over the landscape. I can’t come close to describing the beauty of the verdant terraces as they glow in the sunshine, stands of palm trees rising amid them.

We hike a trail through the splendor as Agung explains that the terraces preserve a traditional cooperative irrigation system—called *subak*—that features river and spring water, and canals and weirs. Rice, a staple food in

CLOCKWISE FROM TOP LEFT: DURIAN; AMBARELLA; RAMBUTAN; JACKFRUIT; SNAKE FRUIT

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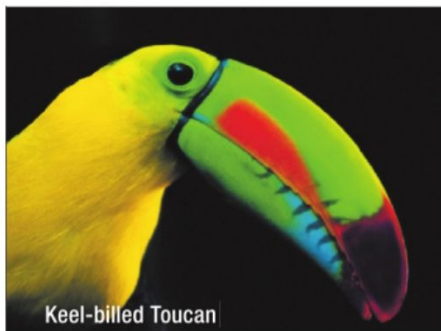
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Tegallalang  
rice terraces.

Bali, is considered a gift of the gods,  
he says.

### Village Visit

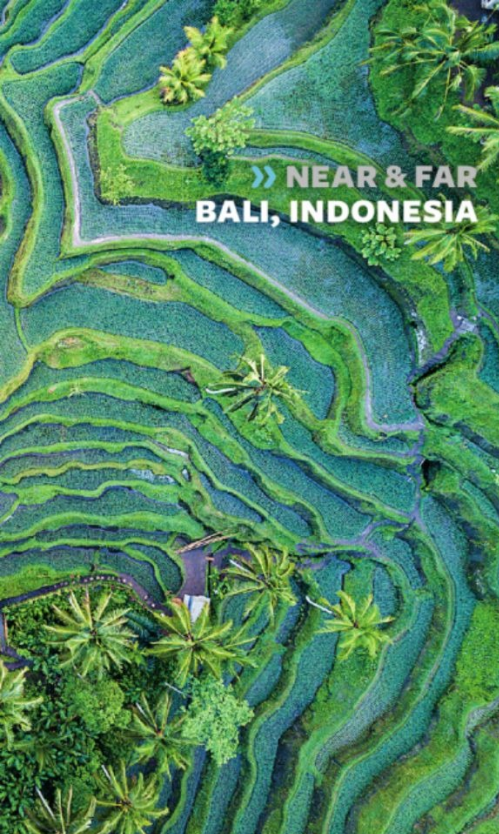
Shaded by the thatched roof of an open-sided pavilion used for entertaining guests in Agung and Agus' village, west of Ubud, Michael and I enjoy a meal cooked by the sister of the village master, which comprises nine items, most of them cradled in banana leaves. They include dishes such as fried fermented soybeans, fried tofu with chile sauce, chicken satay with peanut sauce and, in a coconut-shell bowl, sweet-corn-and-spinach soup, cooked with spices such as ginger and galanga. Agung asks which we like best. "Everything!" we reply.

It's good that post-lunch activities include exercise—dancing to the village's 20-member gamelan orchestra, which features many percussion instruments. We laugh at our inept attempts to mimic the precise hand and foot movements of native Balinese dancers, but we do a little better at playing some of the instruments.

For the *gendèr*—a xylophone-type

TRAVELSTOCKPHOTO / GETTY IMAGES





» NEAR & FAR  
BALI, INDONESIA

instrument, I sit opposite a villager, mirroring his actions to know when to come in. I'm a quarter beat behind until I pick up the pattern. The cymbals are easier. I just clang them when a designated villager nods to me.

When it's my turn at a drum, Agung explains that if it doesn't sound when it's supposed to, the entire orchestra will quit playing—no pressure! Fortunately—and amazingly—I'm able to hear exactly when to beat the drum. The music is energetic, exciting, stirring and soulful, all at the same time. My heart races. My spirit soars. I make sure to always come in on time, because I want this experience—like our whole trip to Bali—to go on and on. ✕

*Michele Andrus Dill is Senior Editor of Alaska Beyond Magazine.*

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# HERE & NOW»

## WALK THIS WAY

Discover art and attractions on a self-guided tour of downtown Bellevue

By Rachel Gallaher

» **My earliest memories** of Bellevue revolve around two locations: Meydenbauer Center Theatre (in my youth, I danced in *The Nutcracker* there during more than half-a-dozen holiday seasons) and Bellevue Square (where my middle-school friends and I devoted many hours to shopping in search of low-rise jeans and butterfly-shaped hair clips).

As an adult, I continue to enjoy this lively city about 10 miles east of downtown Seattle. I appreciate its retail, entertainment and art offerings, including the extensive array of public art. The approximately 1-square-mile downtown core has more than 120 works of

public art, at indoor and outdoor locations. A printable ArtMap (courtesy of the Bellevue Arts Program and available at the web link [visitbellevuewa.com/things-to-do](http://visitbellevuewa.com/things-to-do)) allows me to take self-guided walking tours to view works by dozens of artists, many from the Puget Sound area and other parts of the western United States.

On today's self-tour, I head out, map in hand, to view several works I haven't seen before and to enjoy additional attractions along the way. My first stop is Bellevue Downtown Park, where I join families, runners, dogs and people strolling with their morning coffees. A 21-acre oasis in the middle

of the city, the park features a half-mile circular promenade bordered by shade trees, as well as a canal, and a waterfall that cascades into a reflecting pond. I smile down at my watery image. In another part of the park, the Inspiration Playground is designed to provide a wonderful time for youngsters of varying ages and abilities.

In the park's northeast corner, in a clearing surrounded by trees, I view a dynamic piece of art that I've circled on the map. *Arc with 4 Forms* is a kinetic sculpture by the late George Baker, a Southern California modernist sculptor whose work can be found across the globe. His 18-foot-tall *Arc* has graceful, petal-like stainless





» Art on display in downtown Bellevue includes, from left, the kinetic Arc with 4 Forms, the impressive End of Day Chandelier, and the Windswept sculpture, which at night is lit in changing colors.



## SOME DOWNTOWN BELLEVUE FAVORITES

■ **Dining at The Bellevue Collection** ([bellevuecollection.com](http://bellevuecollection.com)): Choose from more than 50 options, such as upscale Ascend Prime Steak & Sushi, with its acclaimed food and phenomenal view; The Lakehouse (above), serving Northwest-farm-inspired gourmet meals at W Bellevue; and 13 Coins, a timeless classic at the Hyatt Regency Bellevue. The Bellevue Collection also has many casual-dining spots. I often head to the Lincoln South Food Hall, which offers everything from poke to ramen to tacos served out of a colorful Airstream trailer.

■ **Purple Cafe and Wine Bar** ([purplecafe.com](http://purplecafe.com)): An extensive wine list—with bottles, by-the-glass selections and tasting flights—makes this a great

destination to raise a glass. For a hearty dinner here, I suggest the grilled rack of lamb or the pan-seared king salmon with grilled corn and heirloom tomatoes.

■ **Reality Break Escapes** ([realitybreakescapes.com](http://realitybreakescapes.com)): Participants have one hour to get out of a fun themed room (such as Cypherspace and The Lucky Duck Speakeasy) via puzzles, clues and games.

■ **Snowflake Lane** ([snowflakelane.com](http://snowflakelane.com)): A top Puget Sound-area holiday attraction, the winter extravaganza (below) will take place nightly at The Bellevue Collection, Nov. 29–Dec. 24. It features a parade with floats, drummers, holiday characters and, of course, Santa, all marching under the wonder of machine-generated falling snow. —R.G.



steel pieces that shine in the sun and move in the breeze.

Just north of the downtown park, I return to my longtime retail paradise, Bellevue Square, part of The Bellevue Collection shopping/dining/entertainment complex. Retailers here include large department stores such as Nordstrom and Macy's, as well as specialized boutiques such as Indochino, which offers made-to-measure menswear. I explore the Indochino aisles with an eye to potential future gifts for my dad.

I also like shopping south of Downtown Park, in the Old Bellevue area, which is full of unique merchants and small shops. Favorites include Fran's Chocolates, for excellent artisanal confections, and glassybaby, which crafts handblown votive candleholders in hundreds of options, including bright primary colors, earthy neutrals and bold metallics.

At Lincoln Square, another part of The Bellevue Collection, I locate the next work of art on my "discover list." The 25-foot vertical *End of Day Chandelier*, by Puget Sound-area glassblower and international art celebrity Dale Chihuly, hangs from the second-floor ceiling of the atrium in Lincoln Square North. The chandelier consists of three clusters of multicolored glass swirls and curlicues. To my eye, it looks like three eye-catching assem-



FACING PAGE, CLOCKWISE FROM TOP LEFT: ARC WITH 4 FORMS © PROTECTED, ALL RIGHTS RESERVED; END OF DAY CHANDELIER ARTWORK © CHIHULY STUDIO, ALL RIGHTS RESERVED. PHOTO BY GEORGE WHITE LOCATION PHOTOGRAPHY, COURTESY VISIT BELLEVUE; WINDSWEEP © BARBARA GRYGUTIS, ALL RIGHTS RESERVED; VISIT BELLEVUE COURTESY THE LAKEHOUSE; THIS PAGE FROM TOP: CITY OF BELLEVUE; TODD MEDLEY, COURTESY VISIT BELLEVUE

blages of rainbow-colored kelp—but much more beautiful. Each piece of glass catches the light, and the reds, yellows, blues and greens seem as vibrant as fresh crayons.

Also at Lincoln Square, bowling enthusiasts are celebrating successful rolls down the lanes at the Lucky Strike bowling alley, while people who want to see a movie are heading to their choice of two theaters: a six-screen Cinemark Reserve Dine-In for those 21 years old and above, and a 16-screen Cinemark for all ages. And fitness-minded folks are pedaling at the SoulCycle studio.

Additional works of art to admire are on display at the Bellevue Arts Museum, between the north and south towers of Lincoln Square. The exhibit “Emerge/Evolve 2018: Rising Talents in Kiln-Glass,” which is on view through January 12, 2020, features works by artists such as winners of Emerge 2018, a competition created by Portland, Oregon’s Bullseye Glass Co.

Walking east brings me to the Bellevue Transit Center, with its *Windswept* sculpture by Tucson, Arizona-based artist Barbara Grygutis. The 33-foot-tall totemic sculpture is embedded with lighting that at night shifts through the spectrum of colors, but even on a sunny afternoon, I find the two curving aluminum arms of the work fascinating and impressive. Inspired by windswept branches, the arms sit atop a granite bench and demonstrate Grygutis’ quest to reveal unspoken relationships between nature and humanity.

About a block northeast of the transit center, The Shops at The Bravern has retailers such as Gucci, Louis Vuitton and Neiman Marcus. The complex also includes Cafe Trophy, where I can choose among cupcakes, macarons and other delectable goodies.

Nearby is Meydenbauer Center Theatre, which hosts performances that range from live music to dance—including *The Nutcracker*, Dec. 6–8 this year. I’m already planning to attend. ✕

*Rachel Gallaher is a local writer and editor who regularly covers fashion, food and recreation.*



## OUTSIDE DOWNTOWN

■ **Bellevue Botanical Garden** ([bellevue-botanical.org](http://bellevue-botanical.org)): Step into 53 acres of floral beauty at this garden about 2 miles east of downtown Bellevue. Stroll along tranquil paths and view colorful blooms (depending on the season) in areas such as the Rhododendron Glen, the Fuchsia Garden and the Iris Rain Garden. October is a marvelous time to see trees changing to brilliant shades of red and yellow (as shown below), while Garden d’Lights, Nov. 30–Dec. 31, features more than a half-million lights.



■ **Mox Boarding House** ([moxboarding-house.com](http://moxboarding-house.com)): Located about 2.5 miles east of downtown, Mox offers hundreds

of board games, card games, and strategy games for purchase, as well as rentable themed rooms for private game play. An adjoining cafe, also accommodating game play, serves burgers, salads, and wines and beers on tap.

■ **Bellevue Zip Tour** ([bellevueziptour.com](http://bellevueziptour.com)): Take a thrilling ride on seven ziplines—ranging in length from 78 feet to 458 feet—through the leafy treetops of Eastgate Park. The Bellevue Zip Tour (above) is about 5 miles southeast of downtown and is open early April through the end of October.

■ **Crossroads Bellevue and Market Place at Factoria** ([crossroadsbellevue.com](http://crossroadsbellevue.com); [marketplaceatfactoria.com](http://marketplaceatfactoria.com)): These two shopping destinations outside of the downtown core offer a large selection of shopping and dining options. Crossroads, about 4 miles east of downtown, also has a collection of 25-cent vintage kids’ rides, and a cultural-events series, including musical performances. Factoria, about 4 miles south of downtown, has an indoor Funtastic Playtorium for kids, as well as art displays and a piano-music series.

■ **Bellevue Golf Course** ([bellevuepgc.com](http://bellevuepgc.com)): This course, about 5 miles northeast of downtown, is enjoyable for golfers of all skill levels. A driving range helps players perfect their shots, and lessons are available for kids and adults. The tree-lined fairways of the 5,945-yard, par-71 course might make you forget you are just minutes from the heart of the city. —R.G.





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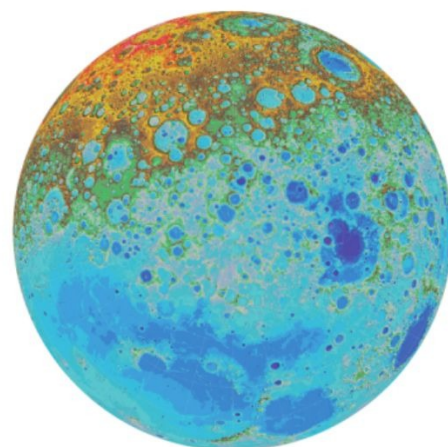
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### CALENDAR



■ Celebrate the 50th-anniversary year of the first human moon landing as you view 50 large-scale images—of craters, mountains and rocky landscapes—in the exhibit **“A New Moon Rises,”** through Dec. 1 at the **Washington State History Museum**, in Tacoma, south of Seattle. The exhibit, from the Smithsonian Institution Traveling Exhibition Service, includes photos taken by the Lunar Reconnaissance Orbiter Camera and also features 3D models of the moon's surface, as well as moon rocks gathered by Neil Armstrong and Edwin “Buzz” Aldrin when they walked on the moon in July 1969 ([washingtonhistory.org](http://washingtonhistory.org)).

■ **“A Cultural Legacy: A Series of Paintings from the Paul G. Allen Family Collection”** is on view through July 20, 2020, at the **Seattle Art Museum**. The exhibit is spotlighting one artist at a time, with Lucian Freud's *Large Interior, W11 (after Watteau)* on display through Nov. 18; Sandro Botticelli's *The Madonna of the Magnificat* on view Nov. 27, 2019–March 23, 2020; and Georgia O'Keeffe's *White Rose with Larkspur No. 1* on view April 1–July 20, 2020. *The Madonna* and *White Rose* will be displayed in conjunction with related but separate Seattle Art Museum exhibits ([seattleartmuseum.org](http://seattleartmuseum.org)).



■ The fifth-annual **Seattle Made Week**, Oct. 3–13, showcases local products and the people behind them. Events include meet-the-maker opportunities, and tours of companies such as a distillery, two breweries, two chocolatiers, several manufacturing studios, and an outdoor-clothing manufacturer ([seattlemade.org](http://seattlemade.org)).

■ See a scary monster and a kind princess on stage this Halloween season, and perhaps decide which persona you prefer to adopt for your own festivities. **Dracula** is being performed Oct. 18–Nov. 17 at **ACT** (A Contemporary Theatre), downtown, in a bold adaptation—with unexpected thrills—of the classic tale ([acttheatre.org](http://acttheatre.org)). **Seattle Opera's** production of **Cinderella**, by Rossini, is described as “shining a light on the potential for goodness in a dark world.” Being performed Oct. 19–Nov. 1 in McCaw Hall at Seattle Center, *Cinderella* features colorful costumes, an elaborate set and a bit of stage magic ([seattleopera.org](http://seattleopera.org)). Alaska Airlines is a sponsor of Seattle Center.

■ Taste artisanal-chocolate products from more than 20 countries around the world during **The Northwest Chocolate Festival**, Nov. 9–10. Exhibitors will provide samples expected to range from truffles to bonbons to chocolate bars ([nwchocolate.com](http://nwchocolate.com)).

■ A new Washington-grown apple variety, **Rave**—a cross between a Honey-crisp and a MonArk—is expected to be available at various grocery stores through mid-October. This year marks the first major commercial release to markets across the United States of the red Rave, which took two decades to develop and was cultivated to be juicy and refreshing while also providing “snappy zing” ([stemilt.com](http://stemilt.com)). 🍏



TOP LEFT: COURTESY NASA / GODDARD SPACE FLIGHT CENTER / ARIZONA STATE UNIVERSITY; RIGHT: NANCY O



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## THE LAND OF RIP CITY

The NBA's Portland Trail Blazers celebrate 50 years of great basketball

By Jacob Uitti

» If you've ever walked through downtown Portland, Oregon, and wondered about the origin and meaning of the "Rip City" signs and banners, the answer is rooted in the city's professional basketball team, the Portland Trail Blazers. The term was reportedly coined by local broadcasting legend Bill Schonely during the team's inaugural 1970–71 season.

The Blazers, founded by sports promoter Harry Glickman, were down more than 25 points during a home game against the powerhouse Los Angeles Lakers, led by legends Wilt Chamberlain and Jerry West, when Portland mounted a major comeback, Schonely recalls.

"All of a sudden we got to the point where the next basket by the Blazers would tie the mighty Lakers," Schonely says. "We came out of a timeout, and it was Blazers ball. [Small forward] Jim Barnett stopped in front of me and gave me a

wink. Then he turned and fired from practically midcourt. When the ball went through the net, I said for whatever reason, 'Rip City! Alright!'"

While the team lost to the Lakers that evening, February 18, 1971, the term "Rip City" became one of the nicknames for the city and the Blazers, which will celebrate their 50th season during the upcoming 2019–2020 season. The team will mark the occasion with a new court and floor logo at the Moda Center, an exhibition game on October 8 against the Denver Nuggets at the team's former home (the Memorial Coliseum), and special "Decades Nights" throughout the season to honor former players and coaches, and to highlight major moments in the team's 50-year history.

During the franchise's half-century tenure, its most famous highlight came in the 1976–1977 season, when the





» Guard Damian Lillard of the Portland Trail Blazers goes to the basket against the Golden State Warriors during Game Four of the 2019 Western Conference Finals at the Moda Center in Portland, Oregon.

ABOVE: JONATHAN FERREY / GETTY IMAGES

Blazers won the NBA Championship. Led by future Hall of Fame player Bill Walton, and future Hall of Fame coach Jack Ramsay, the Blazers finished the regular season a respectable 49–33. However, the team stormed through the Western Conference playoffs, and swept the Lakers to reach the NBA Finals. The Trail Blazers went on to beat the Philadelphia 76ers, 4–2 in the best-of-seven series, to become world champions.

“We won the championship on a Sunday afternoon,” recalls Schonely, who retired as the team’s broadcaster in 1998. “It remains the highlight of the franchise to this day. The town, the state, Southwest Washington and parts of California, everyone around this part of the country celebrated. We had something to cheer about!”

One of the reasons the Blazers had such a regional impact

## » HERE & NOW PORTLAND

was that they were the only big-league team in town until the Portland Timbers began playing in Major League Soccer in 2011. As a result, the city has developed a very close relationship with the Blazers, which sold out a record 814 home games in a row from 1977 through 1995, the longest such streak in American professional sports at the time.

In their storied history, the Blazers have retired the jersey numbers of many stars, including Walton, fellow Hall of Famer Clyde Drexler and All-Star Terry Porter. Drexler and Porter helped lead the Blazers to the 1990 and 1992 NBA Finals. The Blazers also have remained a testament to consistency on the court. Since winning the NBA Championship, the organization has made the playoffs in 34 seasons. This past season, the team made it to the Western Conference Finals, losing to the Golden State Warriors.

The team’s outlook for the 2019–2020 season is bright. Over the summer, the team’s MVP candidate, Damian Lillard, signed a four-year, \$196 million extension, and standout shooting guard C.J. McCollum signed a three-year contract extension worth \$100 million. The two deals should ensure that, in an era of constant player movement, the two guards will remain with the franchise for years to come.

Northwest basketball legend Detlef Schrempf, who went to the NBA Finals with the Seattle SuperSonics, and spent his final two seasons in the league with the Blazers, says the team’s bond with the City of Roses is special. “The Blazers have a wonderful history in Portland and have made a huge impact in the community,” says Schrempf. “Being a Blazer fan is a tradition.”

The franchise is a small-market team in a close-knit community. It’s a place where team stars are adored by the fans, but can still feel comfortable walking down the street with their families. And it’s a basketball town eagerly awaiting the chance to celebrate 50 years of superlative basketball.

“Our team has always been embraced by the city,” says Blazers head coach Terry Stotts. “Portland identifies with us. Winning takes a village.” 🏀

## JOIN THE CELEBRATION

Oregon’s Adelsheim Vineyards, which will mark its golden anniversary in 2020, is joining the Portland Trail Blazers in celebrating their 50th year as an NBA team. The winery has created two limited-edition vintages: a 2017 Pinot Noir and a 2017 Chardonnay, complete with special labels commemorating the past 50 years of Blazers basketball.





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## AUTUMN IN ASHLAND

A weekend getaway to the  
Oregon Shakespeare Festival

By Susan G. Hauser

» **Ashland, Oregon**, always reminds me of vacations with my family when I was young. The seven of us would ride south from Portland in the family station wagon, and we knew we had arrived at the home of the Oregon Shakespeare Festival because of the big wooden sign marking the entrance to downtown: “Stay Four Days; See Four Plays.”

The sign is gone, but the festival is still there, bigger than ever, and now lasts from March through October. The festival features a variety of plays and musicals, in addition to Shakespeare’s works. I find October a great time to visit Ashland and enjoy the plays. It’s only an hour flight from Portland to Medford, which is less than 15 miles northwest of Ashland. The fall season lends a more intimate feel to the performances. In addition, I can browse East Main Street boutiques and enjoy my pick of the city’s fine restaurants, such as Larks Home Kitchen Cuisine at the Ashland Springs Hotel.

My favorite venue is the outdoor Allen Elizabethan Theatre, which is featuring Shakespeare’s *Macbeth*, through October 11, and *All’s Well That Ends Well*, through October 13. Also at the theater is the whimsical adaptation of *Alice in Wonderland*, being performed through October 12.

While the outdoor season ends early, the indoor season continues through the month at the Angus Bowmer Theatre and the Thomas Theatre. At Angus Bowmer, you can see Shakespeare’s *As You Like It*, through October 26; the social drama *Mother Road*, through October 26; *Hairspray: The Broadway Musical*, through October 27; and the Tony Award-winning drama *Indecent*, through October 27.



The Thomas Theatre features *La Comedia of Errors*, a bilingual version of the Shakespeare play *The Comedy of Errors*, being performed through October 26; the drama *How to Catch Creation*, through October 26; the comedy *Between Two Knees*, through October 27; and the historical musical *Cambodian Rock Band*, through October 27.

Now that I’m a mother with grown kids, I always suggest that we make Ashland a spot for our reunions. The schedule includes a stroll through beautiful Lithia Park, enjoying a celebratory dinner and seeing a world-class play.

One thing I know for sure: Ashland is a great getaway for the whole family. ✈

» **Lithia Park**, top, shows its autumn colors. The fantasy *Alice in Wonderland*, above, is being performed at the Allen Elizabethan Theatre, through October 12.





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JOE ORDÓÑEZ



## FLIGHT PATHS

Beginning in October, eagles flock to Southeast Alaska

By Joe Ordóñez

» Joe Ordóñez captured the above image of two eagles locking talons in the Alaska Chilkat Bald Eagle Preserve.

» The bald eagles were everywhere I looked. Hundreds of them sat on driftwood logs and perched in nearby cottonwood trees. A handful soared amid clear, pastel-blue skies with the Chilkat Mountains as a backdrop.

It was November, and I walked with my camera along the bank of the Chilkat River in a special place known as the Council Grounds in the Alaska Chilkat Bald Eagle Preserve near Haines, Alaska.

Eagles called back and forth, using their distinctive, high-pitched whistles. They seemed focused on a large female eagle, which I named Lucy, crouched along the riverbank. Lucy had just pulled a big, fat-filled, spawning chum salmon from the river.

I focused on her for the same reason. I knew from experience that when an eagle pulls a fish from the river, great photo opportunities are

close at hand, and I was in search of photos for my book *Where Eagles Gather: The Story of the Alaska Chilkat Bald Eagle Preserve*, Haines, Alaska.

Due to the unique geography of this area in Southeast Alaska, sections of the Chilkat River usually do not freeze, allowing thousands of salmon to come to spawn in fall and winter. This salmon run is critical to the survival of bald eagles throughout Alaska, Western Canada and the Pacific Northwest—regions where winter cold can make it difficult for eagles to find food. Starting in early October and lasting through February, the Alaska Chilkat Bald Eagle Preserve welcomes thousands of bald eagles, one of the largest gatherings in the world.

Since 1987, I have worked in the preserve as a river guide, naturalist and photography-tour



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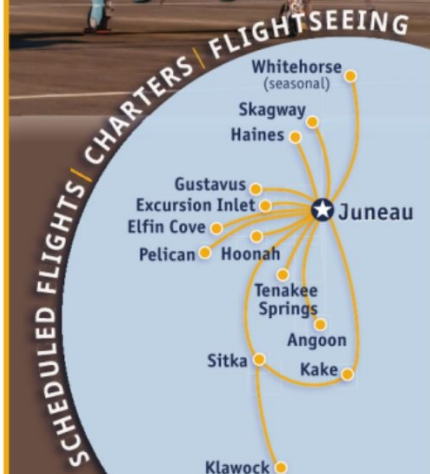
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leader. This has helped me develop my own theories about bald eagles. When photographing, I look for behaviors and emotions in the birds that aren't all that different than what you might find in people.

On this cold day, I figured that eagles, just like humans, wouldn't want to get wet. With spawning salmon everywhere, any one of the hundreds of eagles could have pulled a fish out of the river. But Lucy must have been especially hungry. So hungry that of all the eagles nearby, she was the one who braved the icy water to snare a salmon with her razor-sharp talons.

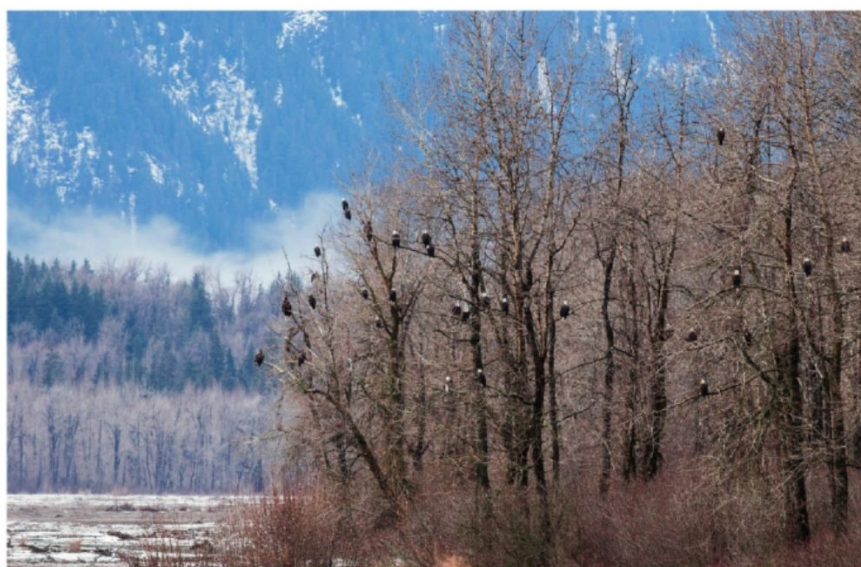
Other eagles had a different strategy. I was certain one of the birds in the trees was going to dive down and try to steal Lucy's catch. I checked to make sure all my camera settings were spot-on, turned the dial to continuous high-speed mode, and framed Lucy hunched over the fish. I pulled back with my lens to leave enough room in the frame to fit another eagle with its full 8-foot wingspan spread wide.

One eagle, talons extended, dropped out of a nearby cottonwood. The eagle came straight at Lucy from the back. Sensing she was under siege, Lucy flipped over to defend herself, pushing out her talons.

As the battle ensued, I held down the shutter, the camera rattling off dozens of shots in rapid succession. It was all over in a few seconds, the attacker successfully wresting the salmon away from Lucy. I looked in the viewfinder and scrolled through the series, holding my breath. Then I saw it: the climactic moment when two magnificent birds of prey were locked together in their struggle for survival.

I was grateful to have witnessed and captured a rare, intense and beautiful moment that I could share with the world. I had the cover image for my book—and you better believe that I love Lucy. ✈

*Joe Ordóñez has been exploring the Alaska Chilkat Bald Eagle Preserve as a photographer, guide and naturalist for more than 30 years.*



### Convocation Celebration

■ Haines hosts an annual event to celebrate the eagles flocking to the Alaska Chilkat Bald Eagle Preserve. The 25th-annual Alaska Bald Eagle Festival will be held Nov. 6 to 9. The festival features artists and photographers showcasing and discussing their work as well as lectures by naturalists and others on bald eagles and their importance to the Southeast region. For more information, visit [baldeagles.org](http://baldeagles.org). —J.O.

## AFN ANNUAL CONVENTION MIXES NATIVE BUSINESS WITH CULTURE

By Lauren Gallup

» With a membership of 191 federally recognized tribes, 171 village corporations, 12 regional corporations and 12 nonprofit and tribal consortiums, the Alaska Federation of Natives is Alaska's largest statewide Native organization. And every year, the AFN Convention marks one of the country's largest gatherings of Native people. The meeting, Oct. 17–19 at the Carlson Center in Fairbanks this year, is an opportunity for members of the Native community to gather and discuss state and federal policies.

The convention, which is open to the public, is also one of the best venues for celebrating Native cultures. A highlight of the event is the Native Customary Art Fair, in

which more than 100 artists sell their work, ranging from colorful beads to walrus ivory pieces to woodcarvings.

The convention also features nightly Qujana Alaska performances. Since the addition of these traditional dances 37 years ago, more than 300 groups have performed.

The AFN Convention began in 1966, when 400 Alaska Natives representing 17 groups came together to discuss aboriginal land rights. Today, the convention has grown in size and scope, becoming a place to help “enhance and promote the cultural, economic and political voice of the entire Alaska Native community.” For more information, visit [nativefederation.org](http://nativefederation.org). ✈



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practice well known for personal attention  
and outstanding orthopedic care.

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David Norris.

[www.RhyneerCaylorClinic.com](http://www.RhyneerCaylorClinic.com)





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Span customers have the advantage of our expert handling and statewide coverage delivering excellent results to the last mile.

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Five-star customer service is only a phone call away. Reach us at **1-800-257-7726** or visit **spanalaska.com** to get started.

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Serving Alaska since 1978

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SHIPPING!**  
\*Some conditions apply



**Alaskan Seafood.  
Directly to your door!**

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# Flyer guide

Your overview of the Alaska experience.

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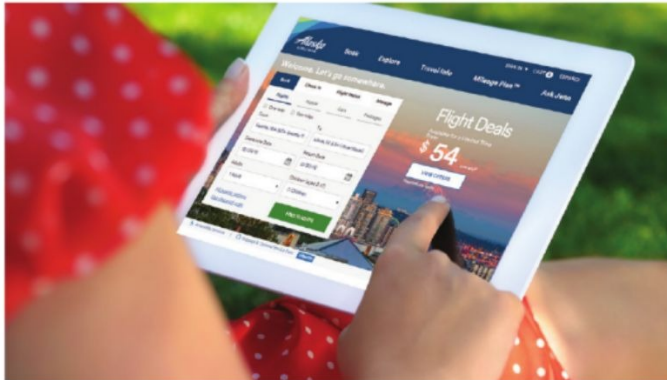


# Everything Alaska

A look at all we offer.

Start every trip at [alaskaair.com](http://alaskaair.com).

Sign up for the Insider Newsletter to receive great travel deals and information.

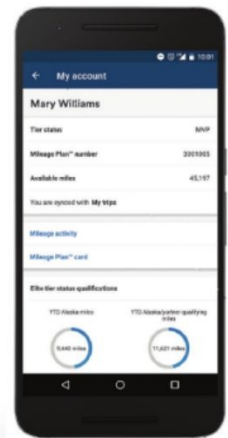
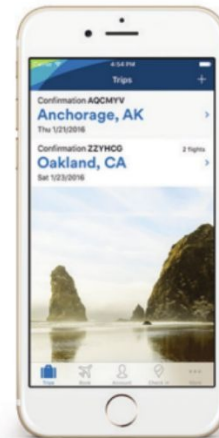
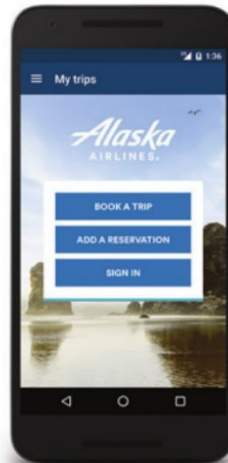


- Always find our lowest fares, guaranteed
- Check out our weekly flight deals
- Plan your whole trip with hotel, car and vacation packages
- Manage your Mileage Plan™ account and use miles
- Check in, print boarding passes and baggage tags

Our app keeps you mobile on any device.

We have several mobile options to keep you moving when you're on the go: iPhone, Android and our mobile website at [m.alaskaair.com](http://m.alaskaair.com).

- Find and book flights
- Check in from your phone
- No more paper—access mobile boarding pass and Alaska Lounge membership card
- Access Mileage Plan information
- Pre-reserve meals



The Alaska Lounge is your sanctuary.



Lounge members enjoy access to our seven lounges in Seattle, Portland, Los Angeles, New York-JFK and Anchorage, and more than 60 affiliated lounges worldwide. Warm pancakes at breakfast, and soups, salads and snacks are available throughout the day, plus a fully stocked bar and Starbucks® coffee. Get more details at [alaskaair.com/lounge](http://alaskaair.com/lounge).



---

## Boeing 737 fleet.



You'll find Boeing's new Space Bins, offering 48% more stowage space, on our 737-900ER aircraft.

### **B737-900/900ER**

Range: up to 2,720 miles  
Seats: 178

### **B737-800**

Range: 2,920 miles  
Seats: 159

### **B737-700**

Range: 2,985 miles  
Seats: 124

### **B737-700F (freighter)**

Range: 2,985 miles  
Capacity: 9-10 cargo containers

---

## Airbus fleet.



### **Airbus A319**

Range: 2,986 miles  
Seats: 119

### **Airbus A320**

Range: 2,855 miles  
Seats: 146-149

### **Airbus A321neo**

Range: 3,072 miles  
Seats: 185

---

## Regional fleet.



### **Bombardier CRJ-900**

Range: 1,114 miles  
Seats: 76  
Operated by Horizon Air



### **Embraer E175**

Range: 2,150 miles  
Seats: 76  
Operated by Horizon Air and SkyWest Airlines

---

Tell us how we're doing.

Visit [alaskalistsens.com](https://alaskalistsens.com).

Free to access in flight.

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If we miss the mark, see an agent for a voucher.

Terms apply. See [bit.ly/BagGuarantee](https://bit.ly/BagGuarantee) for details.



# Movies, TV, Wi-Fi and more.

## Alaska has the most movies in the sky.\*

Kick back with over 700 free movies and TV shows.

Most flights offer Alaska Beyond Entertainment, our streaming entertainment system that features hit movies and episodes from your favorite TV networks—like HGTV—as well as new discoveries, including new musicians from Seattle's independent record label Sub Pop.

Visit AlaskaWiFi.com to start watching.

### Download the app:

You'll need the Gogo Entertainment app to watch movies. Get the app now at [loadplayer.com](http://loadplayer.com).

Does not apply to aircraft with seatback screens.

### HIT MOVIES ON ALASKA BEYOND ENTERTAINMENT:



Aladdin



Toy Story 4



Late Night



Godzilla: King of the Monsters



X-Men: Dark Phoenix

### ALL YOUR FAVORITES, AND THEN SOME:

- The Kid Who Would Be King
- Head Full of Honey
- The Hate U Give
- Glass
- RBG
- The Most Dangerous Year
- Green Book
- Sadie
- Inventing Tomorrow
- Lest We Forget
- My Man Godfrey
- Mary Poppins Returns
- Creed II
- Widows
- A Star is Born
- The Favourite
- Ralph Breaks the Internet: Wreck-It Ralph 2
- First Man
- Mary Queen of Scots
- Bohemian Rhapsody
- Can You Ever Forgive Me
- Beautiful Boy
- Wildlife
- Bad Times at the El Royale
- The Predator
- The Old Man and the Gun
- Smallfoot
- The Darkest Minds
- The Meg
- Crazy Rich Asians
- Game Night
- Ocean's 8
- Tag
- Deadpool 2
- Wonder Woman
- Batman and Harley Quinn
- War for the Planet of the Apes



For a complete movie/TV program listing, go to [AlaskaWiFi.com](http://AlaskaWiFi.com) while inflight.

NEW

### CHECK OUT OUR NEW TRAVEL PROGRAM, WHERE WE FLY.

Our new travel show lets you explore the best of our destinations. Each episode highlights a different city and features little-known facts, along with essential information about attractions, restaurants and accommodations.

Where We Fly is produced in cooperation with In-Flight Media Associates.

Start watching today at [AlaskaWiFi.com](http://AlaskaWiFi.com) or via the seatback screen (on select flights).

## Like our tunes?

### THIS MONTH'S BOARDING MUSIC PLAYLIST:

Artist	Song
Bad Suns	Howling at the Sun
Cate Le Bon	Home to You
Grizfolk	Shaky in the Knees
Mirrorball	Natural World
Amos Lee	Little Light
Pinky Pinky	Charlie
Matt Costa	Make That Change
Weyes Blood	Everyday
Cloud Control	Lacuna
Neil & Liam Finn	Back to Life
Milo Greene	Move
Sofi Tukker	Fantasy

## Forgot your earbuds?

We've got a stylish pair of reusable earbuds available for just \$3. They're yours to keep and use for future flights, at the gym or wherever you enjoy your music and podcasts.

**Pro tip: Keep a backup set of earbuds in every backpack or carry-on. That way, if you forget your favorites, you're not totally without your jams.**



\* Compared to other U.S. airlines as of Dec. 2018. Movies are available to stream to guests' own devices, on flights with Gogo Entertainment.

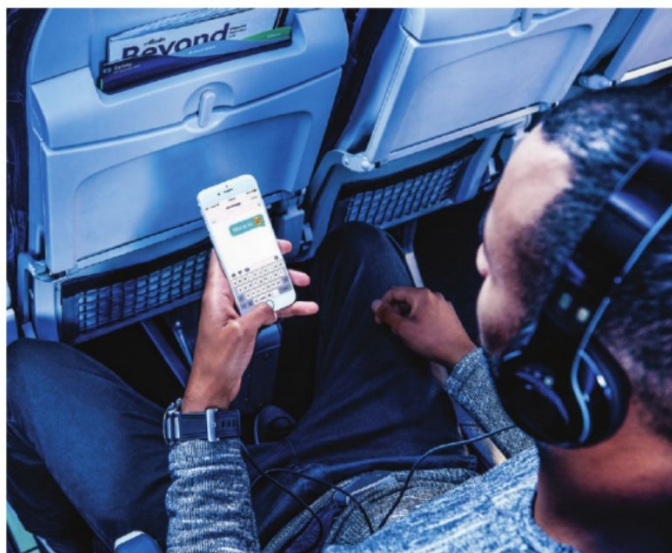


## You're now cleared for text-off.

Never miss a thing when you can text for free using Wi-Fi. Text your friends from your smartphone using iMessage, Facebook Messenger and WhatsApp. Please keep in mind:

- Free texting is for text-based messages only. Photos and video are not supported.
- Both you and your recipient must have one of the compatible apps.
- Free texting is available only on flights with Gogo or Viasat Inflight Internet.

Inflight, go to [AlaskaWiFi.com](http://AlaskaWiFi.com) to get started.



## Go online.

Inflight internet is available on all of our Airbus, Boeing and Embraer aircraft.

### TIPS FOR MAKING THE MOST OF INFLIGHT WI-FI:

It's great to be able to stay connected while you fly, but inflight Wi-Fi is different from the Wi-Fi you may be used to.

- Work smarter. Use webmail instead of Outlook to check your inbox. You never know what large files might be lurking in there.
- Wait to send that TPS report. Large attachments can slow things down: avoid sending while in air.
- Bookmark or favorite [AlaskaWiFi.com](http://AlaskaWiFi.com) to quickly access inflight internet.
- Huh? Live Help is available on flights within the coverage area. FAQs are at your fingertips on all flights.

## Rent one of our premium entertainment tablets.

On many of our longer flights, you can rent one of our inflight entertainment tablets featuring the newest movies onboard, plus recent hits. Each tablet is preloaded with 25 to 30 movies (depending on the month), plus TV shows, Xbox games and music. Tablets are free in First Class, and available to rent for \$10.\*



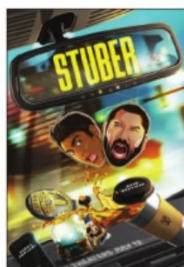
### NEW MOVIES ON THE TABLET:



Aladdin



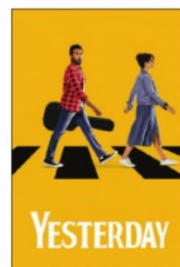
Godzilla: King of the Monsters



Stuber\*\*



Toy Story 4



Yesterday\*\*

\* Flights that offer our tablet include all flights to/from Hawai'i, and flights to/from Boston, Baltimore, Fort Lauderdale, New York, Orlando, Philadelphia, Tampa and Washington, D.C. Tablets are not offered on aircraft with seatback screens.

\*\* Available on tablets only.



# Alaska Airlines Mileage Plan™

## Welcome to a world of rewards.

Earn miles on hotel stays, car rentals, and everyday purchases, too.



### See the world and earn miles doing it.

Earn or redeem miles on every Alaska flight and flights to more than 900 destinations worldwide with our airline partners.

**Alaska**  
GLOBAL PARTNERS



### The more you fly, the richer the rewards.

Partner miles flown also count toward elite status qualification.\*

#### MVP

(20,000 miles flown on Alaska)

- Priority check-in
- Two free checked bags
- Eligible for complimentary First Class upgrades\*\*
- 50% bonus miles and more

#### MVP GOLD

(40,000 miles flown on Alaska)

All MVP® benefits, plus:

- Waived ticket change fees on Alaska\*\*
- Four annual guest upgrades
- 100% bonus miles and more

#### MVP GOLD 75K

(75,000 miles flown on Alaska)

All MVP Gold benefits, plus:

- Four Alaska Lounge day passes
- 125% bonus miles and more
- Complimentary inflight entertainment player, when available.

\*Miles flown on PenAir and Ravn do not count toward elite status qualification.

\*\*Saver Fares (booked in X class of service) are not eligible for elite upgrades or waived change fees.





BALI, INDONESIA  
SINGAPORE AIRLINES

## Get more than just miles.

Get a **42,000 bonus mile offer** when you apply through an employee, Alaska's Famous Companion Fare™ offer, a free checked bag, and more.

- **Earn 3x miles** on eligible Alaska Airlines purchases and 1 mile for every dollar spent on all other purchases.
- **Get 50% off** day passes at the Alaska Lounge and **20% back** on all Alaska Airlines inflight purchases when you pay with your new card.



**Cardholder perk:** There's no limit to the number of miles you can earn.

## Apply now with an employee before wheels down, or at [AlaskaOffer.com](https://alaskaoffer.com)

The benefits described herein are subject to certain restrictions, limitations and exclusions. For more information about rates, fees, other costs and benefits of this credit card, or to apply, see an Alaska employee or visit [AlaskaOffer.com](https://alaskaoffer.com) and refer to disclosures accompanying the application. This credit card program is issued and administered by Bank of America, N.A. Visa and Visa Signature are registered trademarks of Visa International Service Association and are used by the issuer pursuant to license from Visa U.S.A., Inc. ©2019 Bank of America Corporation

## Big adventures using your miles.

Book one-way award travel within the continental United States and Canada starting at just 5,000 miles.\*

Starting price*	Distance each way	Sample routes
5,000 miles	Less than 700 miles (intrastate)	San Jose–Orange County
5,000 miles	Less than 700 miles	Seattle–San Francisco
7,500 miles	701 to 1,400 miles	Los Angeles–Portland
10,000 miles	1,401 to 2,100 miles	Portland–Chicago
12,500 miles	More than 2,101 miles	New York–Seattle

\* Plus taxes and fees from \$5.60 each way. Award availability and pricing may vary.

**NEW**

### NEED A PLACE TO STAY?

You can now use Mileage Plan miles to stay at more than 400,000 hotels worldwide with [alaskaair.com/hotels](https://alaskaair.com/hotels).

Visit [alaskaair.com](https://alaskaair.com) to explore all the ways to use miles.

Join today and start getting rewarded. [alaskaair.com/mileageplan](https://alaskaair.com/mileageplan)



# Mileage Plan gives you the world

## Earn and redeem your Alaska Airlines miles to more than 900 destinations worldwide.

Find tips on how to earn and use miles on our global partners at [blog.alaskaair.com/mileage-plan](http://blog.alaskaair.com/mileage-plan).



Explore more with Mileage Plan.



**Sydney, Australia**  
Qantas



**Bangkok, Thailand**  
Singapore Airlines





**Hong Kong, China**  
Cathay Pacific

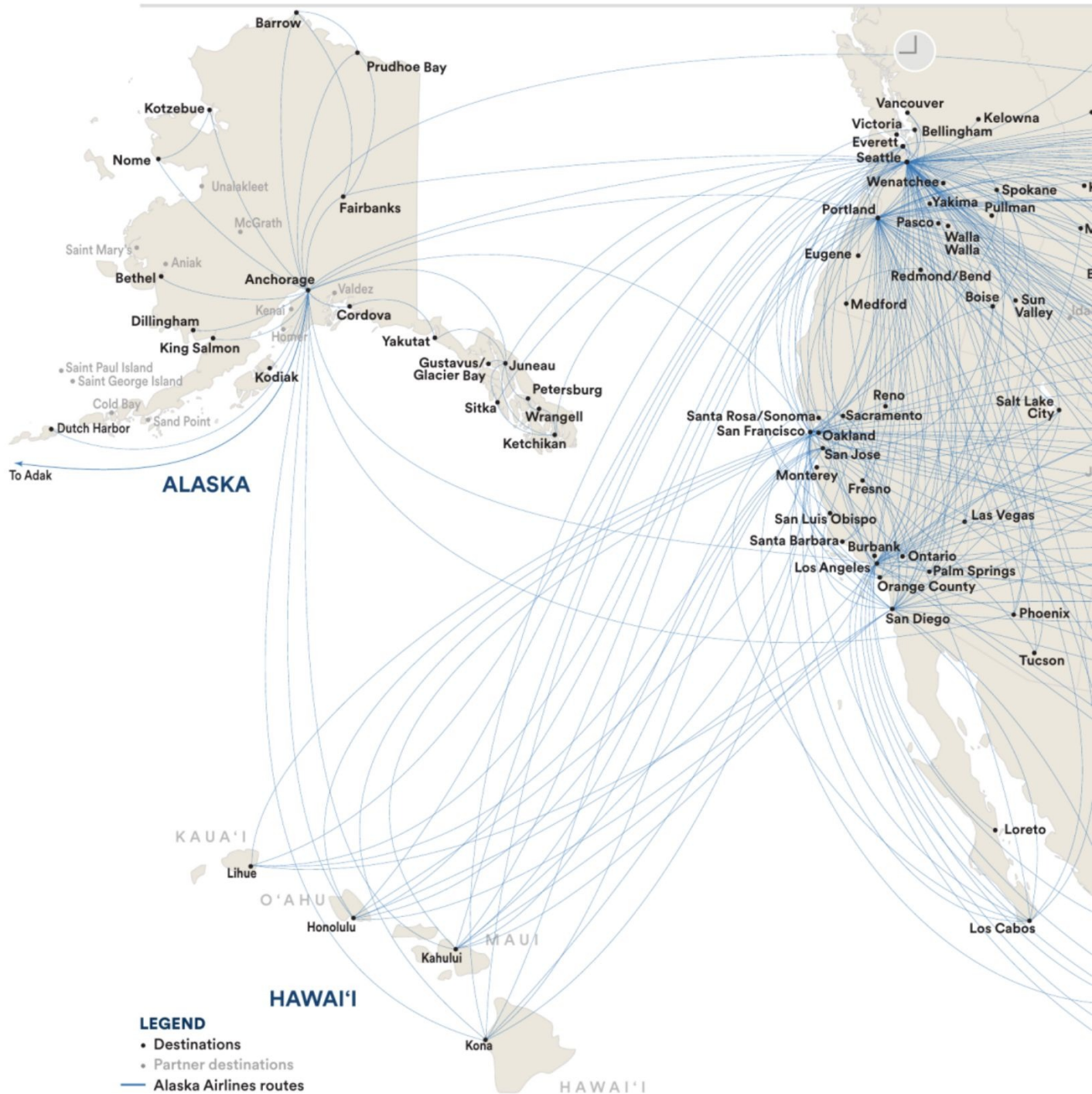


**Paris, France**  
Icelandair



# Where we fly

## 115+ destinations and counting.



### UPCOMING NEW SERVICE

Route	Service Begins	Route	Service Begins
Everett, WA (PAE)—Spokane, WA (GEG)	Nov. 4, 2019	Los Angeles (LAX)—Boise (BOI)	Mar. 19, 2020
Everett, WA (PAE)—Palm Springs (PSP)	Nov. 5, 2019	Los Angeles (LAX)—Missoula (MSO)	Mar. 19, 2020
Los Angeles (LAX)—Redmond/Bend (RDM)	Jan. 7, 2020	San Francisco (SFO)—Redmond/Bend (RDM)	Mar. 19, 2020
Los Angeles (LAX)—Spokane (GEG)	Jan. 7, 2020	San Francisco (SFO)—Spokane (GEG)	Mar. 19, 2020
San Diego (SAN)—Redmond/Bend (RDM)	Jan. 7, 2020	San Francisco (SFO)—Anchorage (ANC)	Apr. 21, 2020
San Diego (SAN)—San Luis Obispo (SBP)	Jan. 7, 2020	San Luis Obispo (SBP)—Portland (PDX)	June 18, 2020





Some Alaska Airlines service operated by Horizon Air or SkyWest Airlines.

Some routes shown operate seasonally.



# Airport-terminal maps

## SEA Seattle/Tacoma International Airport

### Tip:

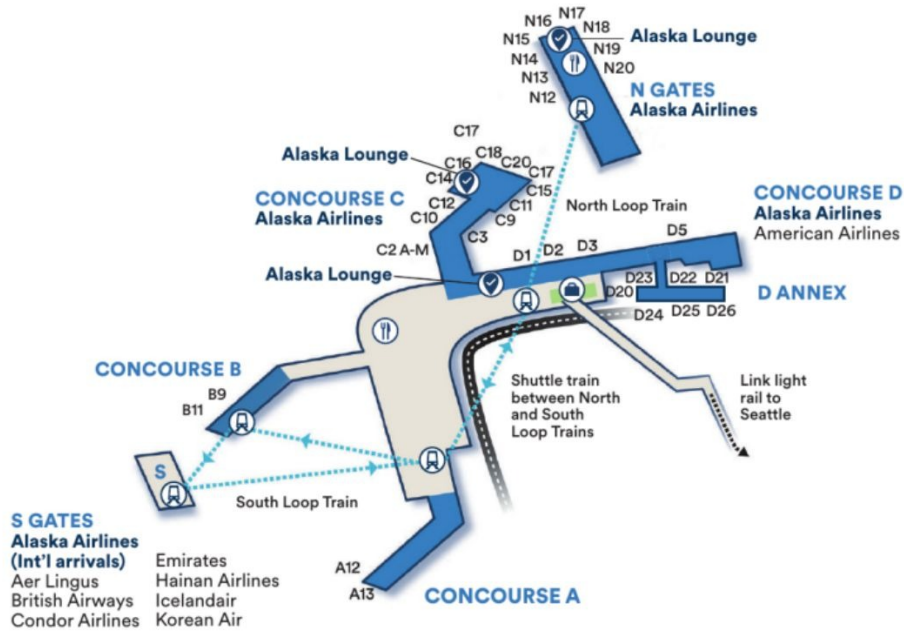
Connecting to an Alaska Global Partner? You'll need to take the shuttle train to the South Loop Train to get to the S gates.

### Tip:

The Concourse C train stop is closed. When connecting with N Gates, use the D Concourse train stop.

### Tip:

Our new Alaska Lounge is open in the N Concourse and is located on the Mezzanine Level above N13–N18.



## PDX Portland International Airport



### Tip:

Heads up: We fly out of more than one terminal at SFO, please check your boarding pass to ensure you arrive at the correct gate.

## SFO San Francisco International Airport

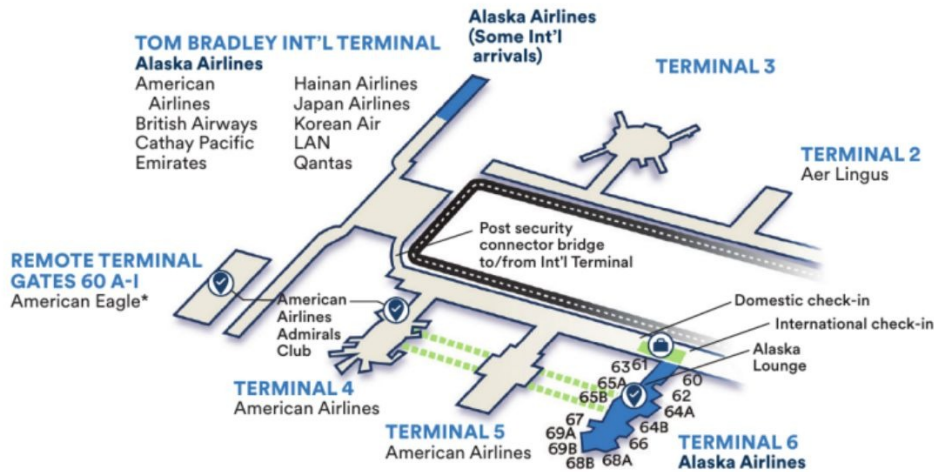


### Tip:

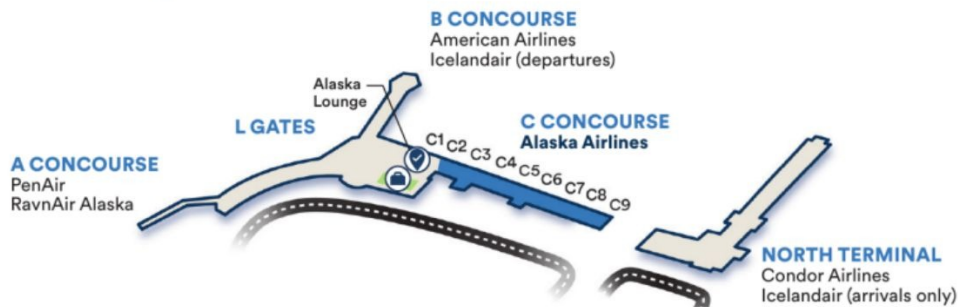
Alaska Lounge members have access to the Cathay Pacific Lounge at SFO when traveling on Alaska.



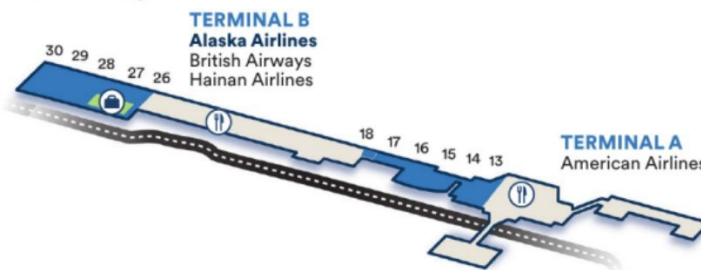
## LAX Los Angeles International Airport



## ANC Anchorage International Airport



## SJC San Jose Mineta Airport



## SAN San Diego International Airport



NEW

Alaska Airlines has moved all SAN operations to Terminal 2 East. Alaska now occupies Gates 20, 21, 22, 24, 26 and 28, with Gates 30 and 32 available as alternates.



# Customs and immigration

Please use all capital letters with blue or black ink.

Por favor use letra mayúscula en tinta azul o negra.

Global Entry is a U.S. Customs & Border Protection program that offers expedited customs entry with no processing lines, no paperwork, TSA Pre✓® eligibility and access to expedited entry in other countries. Apply at [www.cbp.gov](http://www.cbp.gov).

Customs and Immigration forms are distributed by flight attendants during your flight. Prior to landing, complete all forms that pertain to you, following the tips below. Completed forms are presented immediately upon entering the International Arrivals building.

## TO THE UNITED STATES PASSPORT CONTROL KIOSKS

Automated Passport Control kiosks expedite the entry process. Eligible travelers scan their passport, take a photograph and answer a series of questions at the kiosk. Once complete, present the printed receipt from the kiosk to a Customs Officer.

### Helpful tips

- Only citizens or nationals of the U.S., Canada or Visa Waiver Program countries are eligible to use the kiosk.
- Customs declaration forms are unnecessary.
- Kiosks available in Los Angeles (LAX), Portland (PDX), San Diego (SAN), San Francisco (SFO) and Seattle (SEA).

## U.S. CUSTOMS DECLARATION

All travelers to cities without Passport Control kiosks must complete this form.

### Helpful tips

- One form per person or one per family (family defines those in the same household who are related by blood, marriage, domestic relationship, or adoption).
- Lines 5, 6—If not using a passport, leave these lines blank.
- Line 9—Enter “AS” for Alaska Airlines
- Sign at the “X.”

## INTERNATIONAL TRAVEL TIPS TO MEXICO

- All travelers must complete a Mexico Customs Declaration form; one per traveler or family with same address.
- All travelers, except for citizens of Mexico, must complete the FMM; one per traveler or family.

## TO COSTA RICA

- All travelers must complete a Customs Declaration form; one per traveler or family.
- All travelers must complete an Immigrations Form; one per person.
- Costa Rica requires a \$29 departure tax for each traveler. For tickets purchased before June 1, 2016, pay fee prior to check-in with Alaska Airlines at the service centers in terminal check-in area. The fee is included in the price of tickets purchased after June 1, 2016.

Las formas de Aduana y Migración son distribuidas por los sobrecargos durante el vuelo. Antes del aterrizaje en su destino final complete las formas correspondientes usando las indicaciones que se proporcionan a continuación. Las formas completas serán presentadas en la Terminal Internacional.

## QUIOSCOS DE CONTROL DE PASAPORTES

Kioscos automatizados de control de pasaportes acelerar el proceso de entrada y se encuentran en muchas ciudades servidas por Alaska Airlines. Los viajeros elegibles escanear el pasaporte, tomar una fotografía y contestar una serie de preguntas en el quiosco. Una vez completa, presentar el recibo impreso en el quiosco a un oficial de aduanas.

### Datos de ayuda

- Sólo los ciudadanos o nacionales de los países del Programa de Exención de Estados Unidos, Canadá o Visa son elegibles para utilizar el quiosco.
- Formularios de declaración de aduanas son innecesarias.
- Kioscos disponibles en Los Ángeles (LAX), Portland (PDX), San Diego (SAN), San Francisco (SFO) y Seattle (SEA).

## DECLARACION DE ADUANA

Los viajeros a ciudades sin quioscos de control de pasaportes deben completar este formulario.

### Datos de ayuda

- Una forma por persona o por familia con la misma dirección.
- Línea 5, 6—Si no tiene pasaporte, deje esta sección en blanco.
- Línea 9—Use “AS” para Alaska Airlines.
- Firme en la “X.”

## CONSEJOS DE VIAJE INTERNACIONALES A MEXICO

- Todos los viajeros deben completar un formulario de declaración de aduanas México; uno por cada viajero o familia con la misma dirección.
- Todos los viajeros, excepto para los ciudadanos de México, deben completar la FMM; uno por cada viajero o familia.

## A COSTA RICA

- Todos los viajeros deben completar un formulario de declaración de aduanas; uno por cada viajero o familia.
- Todos los viajeros deben completar un formulario de Inmigración; uno por persona
- Costa Rica requiere un impuesto de salida de \$29 para cada viajero. Para los boletos comprados tarde del 1 junio, 2016, pagar la cuota antes de check-in con Alaska Airlines en los centros de servicio en el área de registro de entrada en el terminal. La tarifa está incluido en el precio de los boletos comprados el 1 de junio 2016.



# Your safety and comfort

## SEATS

- Seat belts must be fastened whenever the “FASTEN SEAT BELT” sign is on. Keep your seat belt fastened at all other times when seated, in case of rough air.
- Seatbacks and tray tables must be in the upright, locked position during taxi, takeoff and landing.
- Seat-belt extenders are not allowed in exit rows. They can tangle and obstruct access to exit doors.

## CARRY-ONS

- All carry-on bags must be placed under a seat or in an overhead bin for takeoff and landing.
- Prior to takeoff and landing, service items provided by our inflight team must be picked up.

## LAVATORY

- Guests are requested to use the lavatory in their assigned cabin.

## PETS

- Pets must remain in carrier for entire flight. Carrier must be stowed for taxi, takeoff and landing.

## CREW AND GUEST SAFETY

- Under federal law, no person may assault, threaten, intimidate or interfere with crew members in the performance of their duties aboard an aircraft. Penalties for crew interference include fines up to \$11,000, imprisonment or both. An incident report may be filed with the FAA regarding a guest's behavior.
- We respect the privacy and well-being of our guests and employees. We do not tolerate inappropriate verbal, digital or physical conduct of any kind, including sexual harassment, invasive photography, and assault. Please report unwelcome behavior to an employee immediately. Any crime committed onboard is considered a federal offense.

## USING YOUR DEVICES

We know use of your electronic devices is important, and we've adjusted our procedures to give you more time with those devices.

### Allowed on the ground and in the air

- Laptops (must be stowed for taxi/takeoff/landing)
- Tablets/smartphones (Airplane Mode after door closure)
- Wireless mouse/keyboard
- e-readers
- Media/CD/DVD players
- Noise-canceling and Bluetooth headphones
- Cellphones (prior to door closure only)

## TRAVELING WITH INFANTS AND CHILDREN

- To be used onboard, your child-restraint system must conform to all applicable federal motor vehicle-safety conditions, and the restraint must be certified for use in motor vehicles and aircraft with an FAA-approval sticker.
- Some restrictions for child-restraint systems apply based on seat locations and flight numbers. Visit <http://bit.ly/InfantTravel> for details.

## ALCOHOL AND TOBACCO

- Alcohol may not be consumed aboard an aircraft unless it has been provided by a flight attendant. No alcohol may be served to any person who appears to be intoxicated, or who is under 21 years of age.
- Guests are expected to drink responsibly and behave in a safe and respectful manner at all times.
- Smoking, chewing tobacco and electronic cigarette use are not permitted on any Alaska Airlines flight.

## DEVICES

- During taxi, takeoff and landing, larger electronic devices, such as laptops, must be stowed.
- Cellphones may be used while the boarding door is open until advised by your flight attendant that cell service must be turned off. Upon landing, your flight attendant will advise when cell service can be enabled.
- During flight, electronic voice communications of any kind (e.g., cell, FaceTime, Skype) are prohibited.
- Headphones must be worn when using electronic devices such as personal music players, Inflight Entertainment Tablets, handheld games, etc.

## OTHER PROHIBITED ITEMS

- We prohibit the use of items that do not meet FAA Regulations or Company regulations. This includes the use of seat-belt extensions not provided by Alaska Airlines, devices that restrict the recline of seats, self-heating meals or beverages, air filters placed on overhead vents and personal air-purifying devices.

### Not allowed during flight

- Voice calls of any kind, including VoIP
- Devices with cell service enabled
- AM/FM radios or TVs
- Personal air purifiers
- Remote-control toys
- Electronic cigarettes

The Federal Aviation Administration (FAA) and Alaska Airlines have set these rules and regulations to assure your safety and comfort.

## CONTACT US

Customer care:  
800.654.5669  
(Mileage Plan,  
Customer Care)

Toll-free  
reservations:  
Within the U.S.  
and Canada:  
800.ALASKAAIR  
(800.252.7522)  
(TTY 800.682.2221)  
[alaskaair.com](http://alaskaair.com)

En Español:  
800.858.5525  
From Mexico:  
001.800.252.7522

Alaska Airlines  
Vacations:  
844.762.0087  
[vacations.alaska-air.com](http://vacations.alaska-air.com)

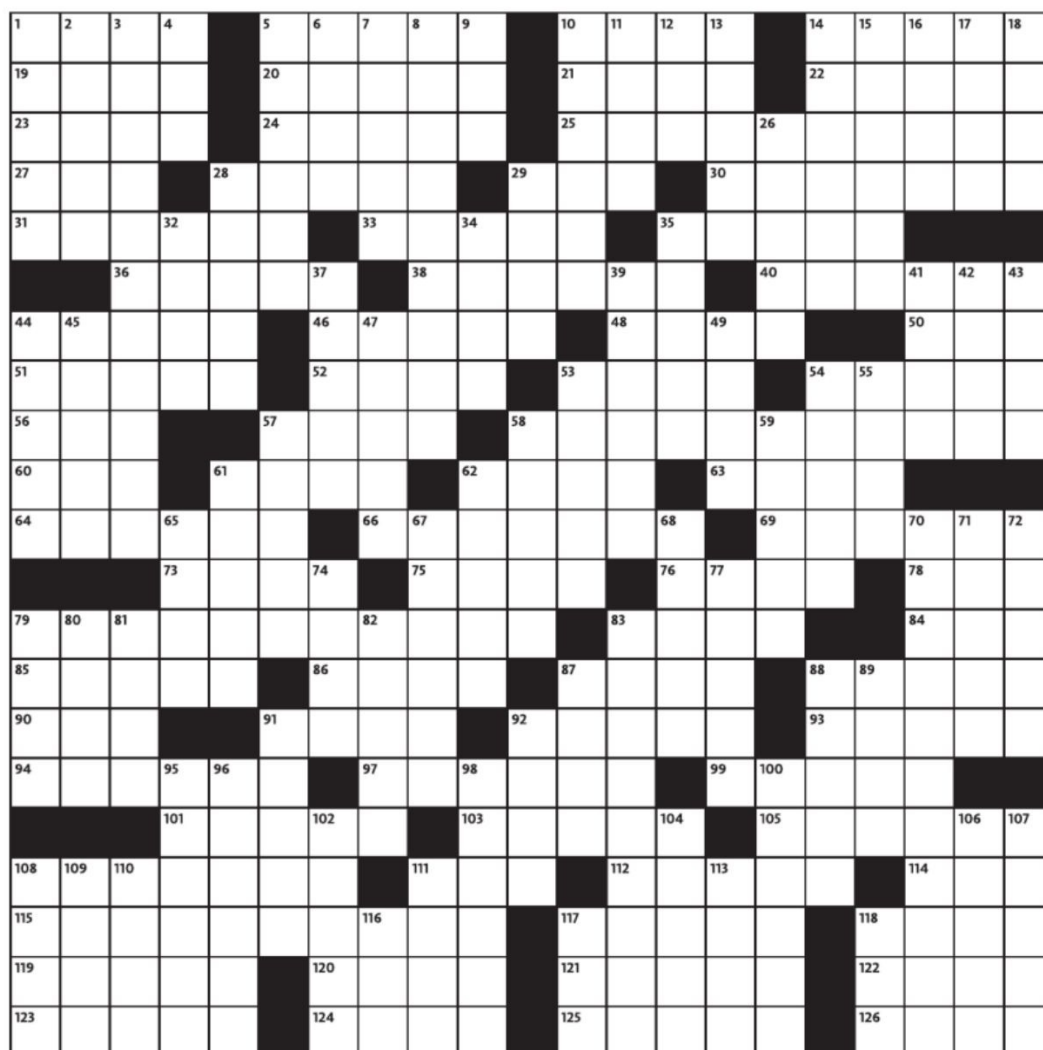


# TEST YOUR METAL

**GAMES**  
**CROSSWORD**

## ACROSS

- 1 Flop
- 5 Just plain folk?
- 10 Bony-plated animal
- 14 Barrels
- 19 Big hair
- 20 Adagio
- 21 Colosseum's site
- 22 Square
- 23 Winnings
- 24 Muscle
- 25 Reddish brown
- 27 Delivery possibility
- 28 Madame Curie
- 29 Kubrick computer
- 30 Sublime
- 31 Cultural
- 33 Mischievous
- 35 Schedule
- 36 Noted mathematician
- 38 Broadest
- 40 Consolidation
- 44 Common digger
- 46 Greeted the day
- 48 London oases
- 50 Arm of the UN
- 51 Lagomorphs
- 52 Discharge
- 53 Apple, e.g.
- 54 Pouts
- 56 Miró on the wall
- 57 Green piece
- 58 New York music area
- 60 Appomattox figure
- 61 Become weary
- 62 Thirst
- 63 Hot spot
- 64 Apocrypha book
- 66 Gave birth to
- 69 Glides
- 73 Hebrew measure
- 75 Classical theaters
- 76 Mideast sultanate
- 78 Irritate
- 79 Slacker
- 83 Shook down
- 84 Story
- 85 Wall climbers
- 86 Beseeched
- 87 No charge
- 88 Quay
- 90 Charge
- 91 Put a hole in
- 92 Wampum
- 93 Manifest
- 94 Tramp
- 97 People with programs
- 99 Enthusiastic
- 101 Some Semites
- 103 German painter
- 105 Petit fir?
- 108 Upright
- 111 Violin tuner
- 112 Warrant officer
- 114 Make a veil
- 115 Writing implement
- 117 Mild epithets



- 118 Trouble
- 119 Ball star
- 120 Sandy slope
- 121 Let loose
- 122 Nuclear bit
- 123 Gaul friends?
- 124 Lock horns
- 125 American dramatist
- 126 Coops

## DOWN

- 1 Perfidious
- 2 In progress
- 3 Unfeeling
- 4 Fortune
- 5 Lorraine's neighbor
- 6 Israeli leader
- 7 Many a navel
- 8 Scouring aid
- 9 By what method?
- 10 Esoteric
- 11 Natatorium
- 12 Roadie's tote
- 13 Disgust

- 14 Vicar's assistant
- 15 Deer feature
- 16 Jigger
- 17 Biblical cows
- 18 Rushed
- 26 Finals, e.g.
- 28 Odometer reading
- 29 Skin
- 32 Hosiery shade
- 34 Something to pump or bump
- 35 Perplex
- 37 Zealous
- 39 Mooch
- 41 1/4 pint
- 42 \_\_\_\_ Sommer
- 43 In the pink
- 44 Oil source
- 45 Skins
- 47 Parts
- 49 Nib
- 53 Leaf division
- 54 Permanent location?

- 55 Skeleton component
- 57 Less refined
- 58 Lofty structure
- 59 Battery type
- 61 Door frames
- 62 Filled
- 65 Harassed
- 67 Hearth tools
- 68 Allotted
- 70 Nevada
- 71 Director Lars von \_\_\_\_
- 72 Sport with pigeons
- 74 Aged
- 77 Reagan attorney general
- 79 Shower purchase
- 80 Superior to
- 81 Place
- 82 Santa \_\_\_\_
- 83 Parade group
- 87 Forest growth
- 88 Prepare to surf?
- 89 Flat
- 91 Torment

- 92 Arctic hazard
- 95 Loiter
- 96 Complaints
- 98 Ward politico
- 100 Corrupt practices
- 102 Flexes
- 104 Vienna dessert
- 106 Moses' brother
- 107 Couples
- 108 Exile isle
- 109 Natural insecticide
- 110 Spanish surrealist
- 111 \_\_\_\_ colada
- 113 Fit of pique
- 116 Trophy
- 117 Brace
- 118 Upper limit

**SOLUTION ON PAGE 183.**

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## LADDERGRAM

First, write the word that fits the first definition into space 1. Then drop one letter and rearrange the remaining letters to form the answer to definition 2. Drop one more letter, rearrange and get the answer to definition 3. Put the first dropped letter into the box to the left of space 1 and the other dropped letter into the box next to space 3. When you have correctly solved the puzzle, the dropped letters on the left and right, when read down, will spell out related words.

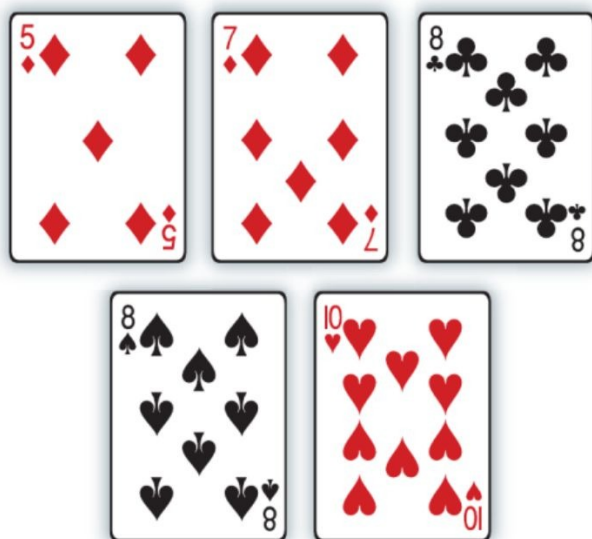
1.	2.	3.	
4.	5.	6.	
7.	8.	9.	
10.	11.	12.	
13.	14.	15.	
16.	17.	18.	

## DEFINITIONS

- |                             |                          |                              |
|-----------------------------|--------------------------|------------------------------|
| 1. Stockholm's country      | 8. Essay subject         | 14. City northwest of Juneau |
| 2. Thick, as fog            | 9. Encounter             | 15. Fellows                  |
| 3. Require                  | 10. Casino game          | 16. Less quiet               |
| 4. Photographic device      | 11. Lasso material       | 17. Governed (over)          |
| 5. Rich part of milk        | 12. The "p" in "mph"     | 18. Impolite                 |
| 6. Female horse             | 13. French Impressionist |                              |
| 7. Cyclist's head protector | Claude                   |                              |

## CARD SENSE

Five playing cards were shuffled and put in a pile, one on top of another. Using the clues, can you identify each card's position in the pile?



- The spade is somewhere above both diamonds.
- The heart is somewhere above both eights.
- The seven is directly above the club.
- The five is not on the bottom.

## ANAGRAM MAZE

The diagram contains 36 words, 19 of which are anagrams of other everyday words. Start at the top arrow and anagram POEM. While solving, move up, down, right or left to the only adjacent word that can be anagrammed. Continue until you arrive at the bottom arrow. There is only one path through the maze.

1 FLAP	2 ROVE	3 BLOW	4 POEM	5 MARK	6 MELT
7 LAST	8 CONE	9 BOLD	10 GREW	11 CUFF	12 WING
13 DONE	14 FOUR	15 THUG	16 EVER	17 GELS	18 RIDE
19 KALE	20 LACY	21 TEND	22 ARCH	23 ROAD	24 TACO
25 JIVE	26 EYES	27 WHIM	28 WAIT	29 CULT	30 LIES
31 WILD	32 CITY	33 BARD	34 ABUT	35 LILT	36 DOES

SOLUTIONS ON PAGE 183.

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Complete each sudoku grid by placing a number in each box so that each row, column and small nine-box square contains the numbers one to nine exactly once. **Solutions on page 183.**

DIFFICULTY: **EASY**

DIFFICULTY: **MEDIUM**

5				2		3		7
3	2				9	8		1
		1	7	3				
	8	4	3				9	
	5		9		2		3	
	3				1	6	2	
				4	7	5		
8		5	2				7	6
6		2		9				3

2		3			6		1	
		6	7		8	4		
4			3				6	
7	2			9		3		
	6			7			9	
		5		8			7	2
	9				7			6
		2	5		9	7		
	5		4			9		3

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CROSSWORD ON PAGE 176.



SUDOKU ON PAGE 180.

DIFFICULTY: EASY

5	9	8	1	2	4	3	6	7
3	2	7	5	6	9	8	4	1
4	6	1	7	3	8	2	5	9
2	8	4	3	7	6	1	9	5
1	5	6	9	8	2	7	3	4
7	3	9	4	5	1	6	2	8
9	1	3	6	4	7	5	8	2
8	4	5	2	1	3	9	7	6
6	7	2	8	9	5	4	1	3

DIFFICULTY: MEDIUM

2	7	3	9	4	6	8	1	5
5	1	6	7	2	8	4	3	9
4	8	9	3	5	1	2	6	7
7	2	1	6	9	4	3	5	8
3	6	8	2	7	5	1	9	4
9	4	5	1	8	3	6	7	2
1	9	4	8	3	7	5	2	6
8	3	2	5	6	9	7	4	1
6	5	7	4	1	2	9	8	3

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BRAIN BOOSTER PUZZLES ON PAGE 178.

## LADDERGRAM

W	1. SWEDEN	2. DENSE	3. NEED	S
A	4. CAMERA	5. CREAM	6. MARE	C
L	7. HELMET	8. THEME	9. MEET	H
K	10. POKER	11. ROPE	12. PER	O
T	13. MONET	14. NOME	15. MEN	O
O	16. LOUDER	17. RULED	18. RUDE	L

## CARD SENSE

The bottom card is not the eight of spades (clue 1), ten of hearts (clue 2), seven of diamonds (clue 3), or five of diamonds (clue 4); it is the eight of clubs. By clue 3, the seven of diamonds is the fourth card. Since the ten of hearts is above the eight of spades (clue 2) and the eight of spades is above the five of diamonds (clue 1), the ten of hearts is the top card, the eight of spades is second, and the five of diamonds is third. In summary from top to bottom: ten of hearts, eight of spades, five of diamonds, seven of diamonds, eight of clubs.

## ANAGRAM MAZE

The path through the maze, with just one anagram given for each, is: 4. mope; 3. bowl; 2. over; 8. once; 7. slat; 13. node; 19. leak; 20. clay; 21. dent; 22. char; 16. veer; 17. legs; 18. dire; 24. coat; 30. isle; 36. dose; 35. till; 34. tuba; 33. drab.

	2	3	4		
7	8				
13			16	17	18
19	20	21	22		24
					30
		33	34	35	36

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