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## Novogratz Style

A-list designers handle a busy bicoastal life.

By Kathryn Drury Wagner

54



SEPTEMBER 2019

## 76 Farm to Table

Western gourmet dining right where food is grown.

By Carey Sweet

## 123 Here and Now: Seattle

In Puyallup, it's all fair games this time of year.

By Maegen Blue



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**66 Charming Mexico** Celebrating coastal treasures.



**96 Hawai'i's Wowing Water** Drop in to explore.

## WELCOME

- 11** A message from CEO Brad Tilden.

## IN THE KNOW

- 17 What's New**  
The latest from Alaska Airlines.
- 19 People Behind the Spirit**  
Customer Service Agent Judy Hatten and Captain Kurt Olson.

- 23 Community**  
Alaska Airlines supports summer-learning programs for San Jose youths.
- 27 Crew Tips**  
Inflight napkins now feature insider suggestions.
- 29 Mileage Plan**  
Tips for earning more miles every day.

## THE FEED

- 31** The Mix
- 39** In Focus: Filmmaker Ken Burns and milliner Teresa Foglia
- 43** Out & About Philadelphia
- 47** Plates & Pours
- 51** Finds
- 53** Wheels

## FEATURES

- 66 Mexico del Mar**  
Coastal charms from Cancún to Los Cabos.
- 76 Farm to Table**  
Popular events showcase fresh, local foods.
- 87 Learning Through Projects**  
College students value experiences that provide additional insight and expertise.



**128**  
*Pacificwide*  
*friendship in*  
*Portland.*

## HAWAI'I

- 96 Freshwater Wonders**  
A precious resource provides outdoor adventures in the Aloha State.

## NEAR & FAR

- 106 Dallas**  
Autumn in Big D offers plenty of fun.
- 114 Iceland**  
Soaking up the splendors of the land of fire and ice.

## HERE & NOW

- 123** Seattle
- 128** Portland
- 139** Alaska
- 143** California

## FLYER GUIDE

- 145 Alaska Airlines Flyer Guide**  
Travel tips, Mileage Plan, air safety, flight information, route maps and more.
- 160** Games
- 168** #iFlyAlaska

## ON THE COVER

9 by design: The Novogratz family.

Photo by Catherine Hall Studios.



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# WELCOME»



Alaska Airlines'  
Andrew Harrison  
and his family.



**Brad Tilden,**  
Chief Executive  
Officer

## TRAVELING WITH THE HARRISONS

» **This month we're saluting families.** We fly many families each year and love to do it. Andrew Harrison, our chief commercial officer, knows the ins and outs of family travel firsthand. Here, he and his wife, Amy, share some tips. —Brad Tilden

When my family travels, it can be quite the undertaking. With eight kids, ranging in age from 2 to 17, just getting to the airport can be a task. But my wife, Amy, makes it all look easy. One of her tips is to be one of those "early airport people." We all know everything takes longer with kids in tow. She also numbers our luggage tags—1/5, 2/5 and so on—so we can easily determine if we're missing a bag (it's usually mine). We also come equipped with 30 pounds of

diapers, snacks and entertainment. Why? Because you never know.

The real experts on traveling with families are our amazing flight attendants. The friendly smiles and extra bit of help they give families on board is like they're welcoming you into their homes. I know flight attendants who can turn a child's frown into a smile in an instant. (How do they do that?)

At Alaska Airlines, we focus on all the things that help make family travel more enjoyable and a great value for your money. In addition to offering early boarding for families and seat assignments when purchasing a main cabin fare, here are a few others:

■ **Alaska Airlines credit card:** The Alaska Airlines Visa Signature® card can be a great value to help reduce costs

when traveling with a large party. Each guest can check one bag for free (up to seven people per reservation). For families, the savings add up quickly. Additionally, on each anniversary of your card account, you get Alaska's Famous Companion Fare™ where you can buy one ticket and get the second from \$121 (\$99 fare plus taxes and fees from \$22) each way. Also, when paying with your Alaska Visa® card, you'll get 20% back on Alaska inflight purchases such as Wi-Fi and food.

■ **Inflight food and entertainment:** Speaking of inflight purchases, our popular Kids' Choice picnic pack provides a healthy snack that kids will enjoy, along with some fun things to keep them busy. Our amazing flight attendants are always happy to provide Alaska



## » WELCOME

Airlines wings or a coloring book. Just ask. For teens, satellite Wi-Fi is a game changer (especially with the discount mentioned above).

Alaska has the “most movies in the sky,” and they are all free.

■ **Using miles:** One of the best ways to reduce the cost of traveling is to use miles. The Alaska Airlines Mileage Plan program has won many best-loyalty-program awards, and is widely recognized as a generous program. Generous translates to getting a great value for your miles when you redeem them. This is not just domestically, but also on Alaska's Global Partners. We have 18 partners for travel to 900

destinations globally. I recently used my Alaska miles to book Amy and me, and our four teenagers, to Egypt to celebrate my “big 5-0.”

■ **Premium Class:** While you pay extra for Premium Class seats, these seats can be a big stress reliever. A few more inches of legroom means that your car seat goes in effortlessly and the little ones can't kick the seat in front of them. (That stresses me out greatly!) It also allows easy access to the diaper bag as you bend down for the 50th time on a three-hour flight. You also get a free special snack!

■ **Children traveling on their own:** You may have occasion to send your child on a trip on

their own to camp or to visit Grandma. Our Unaccompanied Minor program ensures that your child is supervised and receives a complimentary meal and entertainment tablet on longer flights.

Top this off with Alaska's genuine, caring onboard service and a route network that minimizes stops and connections, and we think we've got families pretty well covered. Thank you for flying with us today. And if you see Amy and me onboard with kids in tow, please come up and say hi, as no doubt you have your own travel tips that could help out the Harrison clan. ✈

## » BIENVENIDO



**Brad Tilden,**  
Jefe Ejecutivo

## VIAJANDO CON LOS HARRISON

» **Este mes enviamos un cordial saludo a todas las familias.** *Transportamos a muchas familias cada año y nos encanta hacerlo. Andrew Harrison, nuestro director comercial, conoce de primera mano los pormenores de los viajes familiares. A continuación, él y su esposa Amy comparten algunos consejos. —Brad Tilden*

Cuando mi familia viaja, es una tarea difícil. Con ocho niños de edades entre 2 y 17 años, el simple hecho de llegar al aeropuerto es toda una hazaña. Pero mi esposa Amy hace que todo parezca más fácil de lo que en realidad es. Uno de sus consejos es que hay que llegar al aeropuerto con suficiente antelación al vuelo. Todos sabemos que las cosas llevan más tiempo cuando se viaja con niños. Ella también numera nuestras etiquetas de equipaje ... 1/5, 2/5 y así sucesivamente, para que las podamos identificar fácilmente si nos falta una maleta (que normalmente es la mía). Y también viajamos equipados con 30 libras de pañales, bocadillos y entretenimiento. ¿Por qué? Porque uno nunca sabe.

Los verdaderos expertos en viajes de familias son nuestros sorprendentes sobrecargos. Sus sonrisas amables y la ayuda extra que brindan a las familias a bordo es como si le dieran la bienvenida a su propia casa. Conozco a muchos sobrecargos que pueden convertir el ceño fruncido de un niño en una sonrisa al instante. (¿Cómo lo hacen?)

En Alaska Airlines, nos enfocamos en todas las cosas que ayudan a hacer que los viajes en familia sean más placenteros y con un gran valor por su dinero. Además de ofrecer un abordaje temprano para las familias y asignación de asientos al comprar la tarifa de cabina principal, las siguientes son algunas ventajas adicionales:

### ■ Tarjeta de crédito de Alaska

**Airlines:** La tarjeta Alaska Airlines Visa Signature® puede ser de gran ayuda para reducir los costos cuando se viaja con un grupo numeroso. Cada viajero puede llevar un equipaje gratis (hasta siete personas en la misma reservación). Si se trata de familias, los ahorros se acumulan rápidamente. Además, cada año obtiene la ya famosa tarifa de

acompañante de Alaska donde puede comprar un boleto y obtener el segundo boleto por solo 99 USD, más impuestos y cargos desde 22 USD por viaje. Además, al pagar con su tarjeta Alaska Visa, obtendrá un reembolso del 20% en compras a bordo como Wi-Fi y comida.

■ **Comida y entretenimiento a bordo:** Hablando de compras a bordo, Kid's Choice, nuestro popular paquete de picnic, proporciona un bocadillo saludable que los niños disfrutarán, junto con algunas cosas entretenidas que los mantendrán ocupados. Nuestros excelentes sobrecargos estarán siempre encantados de dar a su hijo unas alas de Alaska Airlines o un libro para colorear. Simplemente pídalos. Para los adolescentes, el Wi-Fi satelital es una verdadera atracción (especialmente con el descuento que mencione anteriormente). Alaska tiene “la mayor cantidad de películas en el aire” y todas son gratis.

■ **Utilice sus millas:** Una de las mejores formas de reducir costos en los viajes es utilizando millas. El programa de millas de Alaska Airlines ha ganado muchos premios por ser el programa



de lealtad más generoso en la industria. Generoso quiere decir acceso a los asientos cuando usted desea viajar usando sus millas. Esto no es solo a nivel nacional, sino también en las aerolíneas globales con las cuales Alaska tiene asociación. Contamos con 18 aerolíneas asociadas para viajar a 900 destinos en todo el mundo. Recientemente usé mis millas de Alaska para viajar con Amy y con nuestros cuatro hijos adolescentes a Egipto y así poder celebrar mis 50 años.

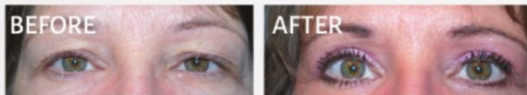
■ **Clase Premium:** Cuando usted paga una cantidad adicional por los asientos de Clase Premium, estos asientos pueden ser de gran utilidad para aliviar el estrés. Con un espacio adicional de 4 pulgadas para sus piernas significa que el asiento del coche para un pequeño entra sin esfuerzo y que los más pequeños no pueden patear el asiento de adelante. (¡Eso me estresa muchísimo!) También permite un fácil acceso a la pañalera cuando necesita agacharse por enésima vez en un vuelo de tres horas. ¡Usted también recibe un bocadillo especial gratis!

■ **Niños que viajan solos:** Es posible que alguna vez tenga que enviar a su hijo solo en un viaje para acampar o para visitar a la abuela. Nuestro programa Unaccompanied Minor garantiza que a su hijo se le supervisará y recibirá comida además de una tableta de entretenimiento de cortesía en vuelos más largos.

En conjunto a el auténtico y cuidadoso servicio de Alaska a bordo, nuestra red de rutas que minimiza las paradas y conexiones; creemos que les brindamos a las familias un muy buen servicio. Gracias por volar con nosotros hoy. Si usted nos ve a Amy y a mí con nuestros hijos a bordo, por favor venga a saludarnos, ya que sin duda posee sus propios consejos de viaje que podrían ayudar al clan Harrison. ✈

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Instead of costing you an arm and a mouth for refills (or tossing out an entire manual), quip starts at \$25 with fresh brush heads and optional paste delivered from \$5. Subscribers also get free shipping and a lifetime warranty. Don't compromise your oral care, upgrade it with quip.

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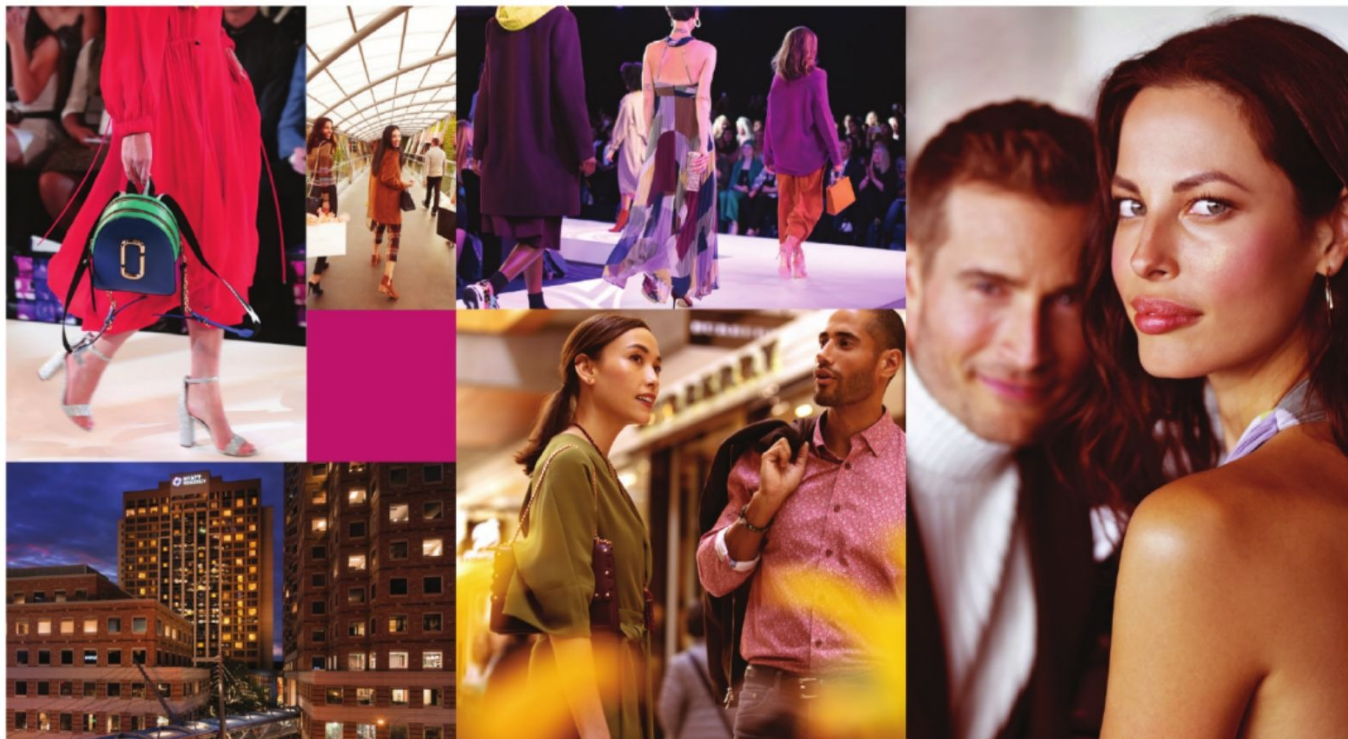
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# IN THE KNOW»

## WHAT'S NEW: SEATTLE-SINGAPORE NONSTOP TRAVEL

» **Get ready for more access to Asia—and beyond.** Starting on September 3, flyers will have a new way to travel between the Pacific Northwest and Southeast Asia, when Alaska Global Partner Singapore Airlines launches nonstop service between Seattle and Singapore.

“Known as the world’s most-awarded airline, Singapore Airlines is a valued partner,” says Andrew Harrison, executive vice president and chief commercial officer at Alaska. “With this new route, Alaska Mileage Plan members can more easily earn miles, while receiving exceptional service and a premium inflight experience. Guests traveling to Singapore and beyond can enjoy the added convenience of connecting via our largest hub, in Seattle.”

Alaska Mileage Plan members can now earn miles flying to more than 60 destinations in more than 30 countries with partner Singapore Airlines, which is based at Changi Airport. The new Seattle flights will complement Singapore Airlines’ existing service to the U.S. cities of Houston, Los Angeles, New York (JFK and Newark airports) and San Francisco.

With the addition of the new route, Alaska Global Partners will feature 11 nonstops from Seattle: to Beijing, Dubai, Dublin, Frankfurt, Hong Kong, London, Reykjavík, Seoul, Shanghai, Singapore and Tokyo.

For more information and to book tickets to Singapore and other Alaska Global Partners destinations, visit [alaskaair.com/mileageplan](http://alaskaair.com/mileageplan).



## BE DAZZLED IN SINGAPORE

» **Already voted the world’s best airport seven years running** by aviation website Skytrax, Changi Airport in Singapore enhanced its reputation as a destination in itself with the spring 2019 opening of its \$1.25 billion Jewel, which is described as a “lifestyle and entertainment destination hub.”

Jewel has early check-in gates for more than two dozen airlines—including Alaska Global Partners Singapore Airlines, British Airways, Emirates, Fiji Airways, Japan Airlines and Qantas. The hub also features a cinema, a hotel and more than 280 shops and restaurants. The top-floor Canopy Park offers ticketed experiences

such as rope walks and futuristic slides below the glass of Jewel’s dramatic bulbous ceiling.

The heart of Jewel is its five-story, 131-foot Rain Vortex waterfall (shown above) that pours down from a round oculus in the ceiling. The Rain Vortex is the centerpiece of a terraced indoor forest that is home to thousands of trees and shrubs. Nature walks are offered, and sitting areas overlook the falls from upper levels. The water channels into two underground levels encased in glass, passing acclaimed restaurants and reaching a walkway where visitors can get right next to the glass of this surreal installation. Each evening, the falling water becomes a screen for a colored light show. Visit [jewelchangiairport.com](http://jewelchangiairport.com).

### TRAVEL TIPS

■ The 2018 hit film *Crazy Rich Asians* (viewable now inflight on Alaska Beyond Entertainment) functions well to introduce the travel-friendly city-state of Singa-

pore. Here are some itinerary options featured in the movie:

Follow in the footsteps of the character Rachel and get a bowl of *hokkien mee* (stir-fried egg noodles with seafood and shallots) at Newton Food Centre. Or

head to Bukit Pasoh Road in Chinatown to try Humpback, a Pacific Northwest-inspired seafood restaurant.

Explore the beach on Sentosa Island or visit the Gardens by the Bay, with its neon-lit Supertrees.

For a splurge, stay at the iconic Raffles Singapore (whose bar is credited as the birthplace of the Singapore Sling cocktail).

Watch for more travel tips about Singapore Airlines destinations at [blog.alaskaair.com](http://blog.alaskaair.com). ✈





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## A TRUE GIVER

Customer Service Agent  
Judy Hatten is a Legend  
of Customer Service

» Sometimes it's a person's steady acts of generosity and kindness, performed quietly and persistently over time, that make that person legendary.

For example, Burbank, California-based Customer Service Agent (CSA) Judy Hatten happened upon a sign for a blood drive more than 20 years ago and has been giving ever since, often participating in platelet donation, which takes more time than standard donation but allows a donor to give more often. Hatten recently earned her 10-gallon donor badge.

"I'm not afraid of needles and can offer at least two hours a month for people in need," Hatten explains. "It takes so little of my time and can mean a lifetime to somebody else."

This spirit of selflessness is evident to co-workers on the job. Hatten has been known to help with station fundraisers and has held bake sales to help colleagues make ends meet over the holidays. After her job shifts, Hatten aids her housemate and fellow CSA Liani Marriott by picking up Marriott's children from day care and providing care herself so Marriott can work.

"Judy has definitely been one of our unsung heroes," Marriott says. "There are times when those who work the hardest are not the ones who see their names in lights. But it would be hard to find a more exemplary employee."

Hatten, who grew up in Northern California, has worked as an Alaska CSA in Burbank for 32 years. A highly skilled and versatile employee, she is known for her scheduling capabilities, her focus on safety and her ability to step into roles as a lead CSA or CSA trainer when needed.

Yet Hatten is best-known among frequent flyers in Burbank for her people skills—for being genuinely helpful, friendly and engaging.

"A nice day for me is when I help people get where they are going safely and make their day a little better," Hatten says. "I try to work hard for other people." —Ben Raker



Judy Hatten.

### QUESTIONS & ANSWERS

#### What do you like most about your job?

I enjoy the time I have to talk with our guests—finding out what they're doing and where they're going.

#### What is your best piece of job advice?

Just be kind to everyone. Each person is an individual, and we can help by listening.

#### What do you like to do outside of work?

I enjoy LA Dodgers baseball games. My dad was a pitcher for the Brooklyn Dodgers

when Jackie Robinson was on the team. I still bleed blue for the Dodgers.

#### Where have you enjoyed traveling?

I've visited many countries, but I also like to travel in the U.S. On one recent trip, I flew to Omaha and then drove to the Badlands of South Dakota. That was beautiful.

#### What do you pack when you fly?

An iPad to play games and read books—I especially enjoy reading mysteries.

### KUDOS FROM JUDY'S CO-WORKERS

"Judy is a legend because she goes above and beyond. She helps co-workers all the time. She always wears a smile, makes everyone happy and tells jokes. It's a wonderful delight to work with her." —Scott K., Customer Service Manager, Burbank

"Judy is diligent and focused, yet light-hearted enough to find humor in almost any situation. She is exceptionally kind-hearted and does the right thing for Alaska Airlines and guests at all times." —Liani M., Customer Service Agent, Burbank

"Judy is a Burbank legend because of her high standards, friendliness, and willingness to help by taking initiative and being there when people need her." —Bill M., Lead Customer Service Agent, Burbank

"Whenever Judy retires, her name will be raised often with fondness in Burbank. She has been here a long time, and people remember her. When guests check in, they ask if Judy is working. She's a great representative for Alaska Airlines." —Janine R., Operations Trainer, Burbank



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## POPULAR PILOT

Captain Kurt Olson is a Legend of Customer Service

» When a guest's Starbucks latte spilled because another guest accidentally bumped her as she was boarding a flight from Portland, Oregon, Captain Kurt Olson went into the terminal and bought a replacement with his own money.

To celebrate a little boy's birthday on a flight to Maui, Olson gave him a flight deck tour, drew planes on a card, invited the whole crew to sign it, and enclosed \$20 from his own pocket so the youngster could treat his family to celebratory ice cream on the island.

And Olson arrives at the airport an hour early for every flight so that he can spend time in the boarding area chatting with families or guests who look like they might be nervous or have special needs. He's also been known to help guests with boarding and luggage, and during deplaning, he makes it a point to stand at the aircraft door to thank guests.

"When I first started my career, it was more about the flying and the technical aspects, but soon I realized that there was more to being a captain than the aviating," says Olson, who's been with Alaska Airlines since 2000. "It's just as important to connect with people and provide an exceptional guest experience."

Arriving early also gives him ample time to connect with his crew to create a positive environment, encourage communication and show appreciation, including providing treats, typically Mentos. "We are all on the same team and working for the same goal of great service for our guests. I want my crew to know I'm here for them, and I appreciate them, and that people love this airline because of them and our other standout employees," he says.

Inspired by his dad, who had a private pilot's license, Olson decided to become a pilot while in college, when he tried and loved an introductory flight. Alaska was his only employer choice, because of its values and structure, he says. "I didn't even apply anywhere else." —M. Dill



### QUESTIONS & ANSWERS

#### What do you like most about your job?

The ever-changing dynamics due to factors such as weather, air traffic control and crew. Also the travel. It's great not being in a 9-to-5 job. And safely getting people to their destinations or back home.

#### What's important to you outside work?

My wife and our three kids, and our extended family. My sister is an Alaska flight attendant, and it's great when I get to fly with her. I also like community service. I

volunteer with youth sports, and support our own kids in their sports. Also, I got an agriculture degree with a turf-management emphasis—I'd once thought of being a golf course superintendent—so I help organizations and friends with lawns and turf.

#### What philosophy do you live by?

Just be a good human being—a person of character. I once heard character defined as how you treat those who can do nothing for you.

### KUDOS FROM KURT'S CO-WORKERS

"Kurt exemplifies all the values we have at this company—own safety, do the right thing, be kindhearted, deliver performance, be remarkable—and he does it extremely well. He makes such a big impact, not only operationally, but with his guests and his co-workers. He's a pretty special guy." —JP W., Base Chief Pilot, Portland

"Kurt is respected by his peers, and guests love him. Anyone who comes in contact with Kurt loves him. He person-

ally introduces himself to each crew member and does a thorough safety briefing. He makes a warm welcome announcement to our guests and tells them what to expect. Flying with Kurt is always a pleasure." —Tracey A., Flight Attendant, Portland

"Kurt treats us all like we're special. He makes us feel like we are important—that he cares, and that he's truly taking care of us." —Terri N., Flight Attendant, Portland



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## HELPING SAN JOSE CHILDREN LEARN

Alaska Airlines supports summer programs for those in need

By Marlene Goldman

» **Students who are not proficient** in reading by third grade are four times more likely to drop out of high school than their fellow students who have better reading skills.

That is one of the conclusions of a 2012 report by the Annie E. Casey Foundation that focused on how third-grade reading skills and poverty affected high school graduation rates.

This sobering statistic was part of the reason San Jose Mayor Samuel Liccardo and the San Jose Public Library Foundation earlier this year ramped up the city's San Jose Learns Extended Learning Initiative (SJ Learns). The program expanded its summer-school offerings, designed to help hundreds of K-3 students in underserved communities perform better in school.

"SJ Learns is focused on the critical K-3 time period," says Dawn Coppin, executive director of the San Jose Public Library Foundation, which began administering SJ Learns in 2018. "The program is helping children from low-income families who are struggling academically. The goal is to raise their reading, writing and mathematics skills to their grade level by the end of third grade."

Mayor Liccardo launched SJ Learns in 2015 as a two-year initiative to provide after-school educational programs for K-3 students. The program was a response to low academic performance among students in low-income communities in San Jose, where approximately half of third graders are not proficient in English language arts, reading and math, according to city officials. In its first year, SJ Learns enrolled 650 students in 16 schools serving disadvantaged neighborhoods.

This year, Alaska Airlines donated \$300,000 to support and expand the summer program.



The donation is funding the SJ Learns summer program through 2020. In the summer of 2018, SJ Learns served 263 children at three schools. With Alaska's support, this year's summer program enrolled 404 students in nine schools. Alaska Airlines is the largest multiyear corporate sponsor of SJ Learns.

The summer programs are vital because studies have shown that during the school break, K-3 students from low-income families can lose a larger percentage of what they learned during the school year than their fellow students from higher-income families. "Often the students in need are English language learners, new immigrants and children with socioeconomic challenges," Coppin says.

The summer programs generally last four to six weeks, depending on the school district. The school day includes work on English and math, as well as physical fitness activities. There are also theme-focused learning programs, such as studying gravity or understanding friction. On Fridays, there are field trips to the zoo, museums or other attractions.

"We're taking the whole-child educational approach," Coppin says. "There is also free

» **Alaska Airlines Vice President for the Bay Area, Annabel Chang, in the blue jacket, presents San Jose Mayor Samuel Liccardo, standing to her right, with a check from the airline to support the SJ Learns summer-education program.**

time factored in to nurture creativity rather than sitting in a classroom all day."

San Jose officials plan to keep growing the program. By 2021, they hope that SJ Learns will have served nearly 3,500 students at 26 schools across eight San Jose school districts. Approximately 90% of those students will be minorities, and about 50% will be English language learners. "Our goal at Alaska Airlines is to help increase the learning rate for San Jose students from underrepresented communities," says Oriana Branon, Alaska Airlines' director of community and public relations for the Bay Area. "We want to open up pathways in education and career opportunities for these students in need."

To learn more and donate to the program, visit [sjplf.org](http://sjplf.org). ✈



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## USE YOUR NAPKIN

» While you are enjoying your next inflight beverage or snack, check out the travel suggestions printed on your napkin. Earlier this year, Alaska Airlines and Horizon Air employees weighed in on some favorite destinations—and what to see and do when you visit the places we fly. Watch for napkins inflight right now with travel tips for a variety of locations. And because our employees had more wisdom than we could print on our napkins this time around, here are some additional suggestions.

### ■ Baltimore: Oh, Say Can You See?

“Take the water taxi to Fort McHenry and visit the historical site that was defended during the 1814 Battle of Baltimore—the event that inspired *The Star-Spangled Banner*.” —Mary D., *Baggage Performance Encoding Lead*

### ■ Fort Lauderdale: Travel in Time

“Explore Bonnet House Museum & Gardens, historically an artist’s estate, and be transported to the beginning of the 20th century and days of gracious living, charm and whimsy.” —Jacqueline G., *Customer Service Agent*

### ■ Houston: Blast Off!

“Houston, we have a problem if you don’t look into a trip to Space Center Houston, the official visitor center of NASA Johnson Space Center. Marvel at the Saturn V rocket and the Apollo Mission Control Center. Both are visible on the NASA Tram Tours.” —Kyle S., *Engineer*

### ■ Kansas City, MO: Show Me the Culture

“Snap a photo with the giant badminton birdies installation (*Shuttlecocks*), on the lawn of The Nelson-Atkins Museum of Art. Then, go in! The museum has great exhibits, and general admission is free.” —Andrea P., *Flight Attendant*

### ■ Lihū’e: Explore the Garden Island

“Drive through the famous Tree Tunnel on your

way to Po’ipū, on Kauai’s south shore. Head to Po’ipū Beach for boogie boarding and sea turtle watching.” —Kristine D., *Repairs Controller*

### ■ Los Cabos: Achieve Work-Life Balance

“I like to put in at least a few hours at The Office on the Beach, a popular restaurant/bar with some tables right in the sand.” —Jon C., *Senior Enterprise System Engineer*

### ■ Minneapolis: Say Cheese

“Weigh in on the battle for the best ‘Jucy Lucy’ (aka Juicy Lucy), the famous local burger stuffed with cheese. For top contenders, try Matt’s Bar or the 5-8 Club.” —Justin F., *Staff Software Development Engineer*

### ■ Newark: It’s Showtime in Jersey

“Do you love music, dance and theater? If so, explore the top-flight offerings provided by New Jersey Performing Arts Center, right in

the heart of downtown Newark.” —Ken M., *Reservations Sales Agent*

### ■ Raleigh: Enjoy Asian Flavors in the South

“I love Southern food, but when I’m in Raleigh, I head to Laotian restaurant/bar Bida Manda and the affiliated Brewery Bhavana, a dim sum restaurant, flower shop, bookstore and micro-brewery.” —Christopher K., *Flight Attendant*

### ■ Sacramento: A Capital Downtown

“Old Sacramento, downtown, is a treat for all. With underground tours, historical buildings and a train museum, you are sure to enjoy it.” —Ben J., *Passenger Service Team Captain*

### ■ Vancouver, B.C.: Hang Out North of Town

“When I go to Vancouver, I visit the Capilano Suspension Bridge. With amazing views above a river canyon, it’s always my favorite.” —Alex T., *Customer Service Agent, Air Freight ✈*





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## EARN MORE MILES EVERY DAY

By Scott Mackenzie

» As the resident expert on miles and points, the most common complaint I hear from friends is that they don't fly enough to earn the miles needed for a dream vacation. Here's a secret: I don't either. But what if you didn't need to travel for work to rack up a big balance? There are plenty of ways to earn more miles with Alaska Airlines Mileage Plan™ as you go about your daily routine.

Make sure to bookmark Mileage Plan Shopping before you make your next online purchase. This is one of the easiest ways to earn hundreds or thousands of miles without leaving home. Simply log in with your Mileage Plan account number and click on one of the retailer links to earn bonus miles for purchases from companies such as Target, Nike, Best Buy and Macy's. The shopping experience is exactly the same, and you can still use online coupons.

If you're the forgetful type, you can also

install the Mileage Plan Shopping button and be reminded when you're visiting a participating merchant's website. Watch for seasonal promotions and limited-time offers to get even more miles.

Wear your new outfit for a night out with friends and keep earning with Mileage Plan Dining. It's even easier than shopping because you visit the dining website only once to enroll. After that, just use one of your registered credit or debit cards to pay the bill at more than 10,000 participating restaurants and bars. No special reservation or check-in is required to earn miles, and everything from pizza to five-star dining is on the menu. Earn 1,000 bonus miles right now when you spend \$30 at participating restaurants in your first 30 days.

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# THE FEED

## ART THAT'LL HAVE YOU SPINNING

» **Lace up your skates and grab your elbow pads**—this work of art isn't complete without you.

From Sept. 13 to Oct. 6 at the Fort Mason Center for Arts & Culture in San Francisco, visitors can become part of a unique art installation that's also a roller rink.

The design on the circular floor of *Actions Vent Ascending Frequencies* has layers of bright colors and swirling patterns. In the

center of the rink is a decorated circular DJ booth illuminating the skaters. An assembly of colorful pennants hangs above.

The installation was created by Assume Vivid Astro Focus, a collective started by Brazilian-born artist Eli Sudbrack. The collective fuses media such as drawing, sculpture, video and performance to create vibrant abstract immersive displays.

Free and open to the public Wednesdays

through Sundays, the installation offers participants the chance to hear and see a variety of live performances and DJ sets while skating across groovy, colorful designs.

Local organizations Church of 8 Wheels and Bay Area Derby have partnered with the Fort Mason Center to operate the rink and rent skates to attendees.

Visit [fortmason.org](http://fortmason.org) for more information.

—Stella Harvey



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## BUILDING COMMUNITY

» **Completed in 1901**, the Basilica of Saint Josaphat is a Roman Catholic church that features grand and ornamental architecture, and it boasts what is said to be one of the world's largest copper domes.

The church, its ceiling shown at right, is one of more than 165 sites welcoming visitors during Doors Open Milwaukee.

The annual event, Sept. 28–29 this year, allows attendees to embark on guided and self-guided tours of architectural highlights around the city and its surrounding neighborhoods to celebrate Milwaukee's architecture, culture and history.

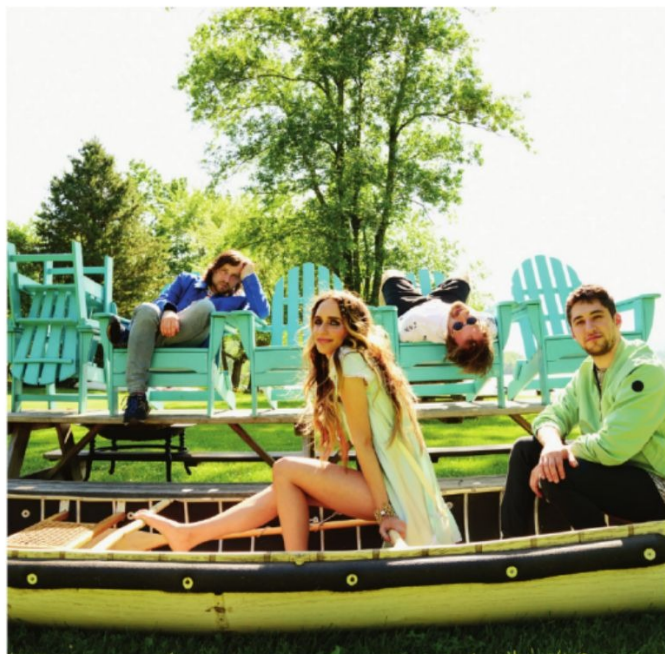


In nine years, Doors Open has grown from 80 sites, and it now welcomes more than 30,000 attendees.

Another highlight is the Grain Exchange room inside the Mackie Building, which was constructed in 1879 and is now on the National Register of Historic Places. With frescoes and faux-marble pillars, the Grain Exchange room, a former commodity trading area, remains one of the most lavishly decorated spaces in the region.

For more information, visit [historicmilwaukee.org](http://historicmilwaukee.org).

—Peyton Burnstead



FROM TOP: GARY D. KOCH; SHERVIN LAINEZ

## BANDS GET TOGETHER

» **With great local bands and concert venues**, Philadelphia has been recognized as one of the top places in the country for live music. The Philly Music Fest, Sept. 25–28, celebrates the City of Brotherly Love's heralded music scene by showcasing local and national artists at three independent venues. This year's lineup of more than 20 musical performances at Milkboy, Johnny Brenda's and World Cafe Live offers styles such as rock, jazz, hip-hop, punk and bluegrass. Performers include the experimental pop group Man Man and rock bands Ceramic Animal, Restorations and Speedy Ortiz (shown at left).

The festival also hosts Tech Tour and InSide Hustle events, which feature an intersection of music and innovation and include performances, panel discussions and speakers from local recording studios, record labels, music venues, radio stations, media companies and management agencies.

For more information, visit [phlmusicfest.com](http://phlmusicfest.com). —Daegen Asfaha





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## FRIED CHICKEN AND FUN

» In 2016 and 2017, Fiorella's Cafe was crowned as serving the "Best Fried Chicken" at the National Fried Chicken Festival in New Orleans. But last year, McHardy's Chicken & Fixin' defeated the two-time chicken champion. This year, more than

35 restaurants are competing, Sept. 20–22 at Woldenberg Riverfront Park, to call theirs the best bird.

More than 200,000 people are expected to attend the festival, set on the bank of the Mississippi River, and sample chicken dishes, ranging from sandwiches to wings. Visitors can enjoy live performances by more than 100 acts, including the Mardi Gras Indians (left).

Other activities are cooking demos by local chefs; a Fried Chicken Scavenger Hunt; and a Football Fan Zone that offers games and televisions showing live football.

Visit [friedchickenfestival.com](http://friedchickenfestival.com) for more information. —Daegen Asfaha

## GET REVVED UP

» Think Indianapolis motor sports, and you're likely to come up with the Indianapolis 500. But each autumn, more than 70,000 four-wheel-drive fans and 2,000 4x4 vehicles arrive in Indianapolis for a different event that features three days of revving, racing and flying mud. The 38th-annual Fall 4-Wheel Jamboree Nationals gathering is Sept. 20–22 at the Indiana State Fairgrounds.

A crowd favorite is the Tough Trucks Challenge, with contestants racing against a clock on a track with bumps and jumps. Another draw is the Monster Truck show, which features formidable vehicles racing side by side in the Monster Truck Thunder Drags. The Monster Truck show also includes a Freestyle portion, with competitors performing stunts such as jumping their trucks over cars. For more, visit [4wheeljamboree.com](http://4wheeljamboree.com). —Peyton Burnstead



## FROG SONGS

» An immersive, 24-channel sound installation transforms the Art Institute of Chicago's outdoor McKinlock Court into an acoustic frog pond. The sounds of croaks from eight different frog species, accompanied by human onomatopoeias in English, German and Greek languages, emanate from hidden locations in the bushes and a fountain. This is Benjamin Patterson's *When Elephants Fight, It Is the Frogs That Suffer—A Sonic Graffiti*, showing until Oct. 20. The immersive work features excerpts of speeches by Martin Luther King Jr., Nelson Mandela and President Barack Obama. There are also passages from the Brothers Grimm fairy tale *The Frog King* (1812) and from Aristophanes' ancient Greek comedy *The Frogs* (405 B.C.)

The installation's title comes from a Greek proverb of African origin that suggests that in times of instability, it is the small creatures that are most deeply affected. In this work, Patterson finds his small creature in the form of the frog, which to him represents marginalized groups in society.

Patterson (1934–2016), born in Pittsburgh, was a founder of Fluxus, an international, interdisciplinary community of artists formed in the 1960s that engaged in experimental art performances and sought to break down the barrier between art and life. *When Elephants Fight* was created in such a way that it can be reassembled in different locations. For more, visit [artic.edu](http://artic.edu). —Peyton Burnstead



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- **Jason Hodges**, Anchorage Concert Association



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## » THE FEED THE MIX

### NATIONAL DISTINCTION

» **The National Nordic Museum**, in Seattle's Ballard neighborhood, traces 12,000 years of history, across five Nordic countries—Denmark, Finland, Iceland, Norway and Sweden—and other regions. Earlier this year, the facility received designation by the federal government as the National Nordic Museum.

The expansive permanent core exhibition, “Nordic Journeys,” features an array of artifacts from the National Nordic Museum’s own 78,000-object permanent collection. Artifacts

dating as far back as 5000 B.C. include stone axes, rune stones, swords, keys and jewelry.

From Sept. 14, 2019, to Jan. 19, 2020, the National Nordic Museum will host “On the Edge of the World: Masterworks by Laurits Andersen Ring from SMK—The National Gallery of Denmark.” L.A. Ring (1854–1933), who worked in symbolism, social realism and naturalism, was one of Denmark’s premier painters. For more, visit [nordicmuseum.org](http://nordicmuseum.org).

—Peyton Burnstead

### DRAWING A CROWD

» **About 250 chalk drawings**, from classical re-creations to 3D realistic works to cartoons, color the pathways in San Jose’s Backesto Park, Sept. 21–22, during the 12th-annual Luna Park Chalk Art Festival.

The event in the Luna Park neighborhood brings together thousands of artists, students, vendors and community members.

The festival showcases many featured artists, such as Wayne and Cheryl Renshaw—world-famous street painters from Santa Clara, California, who create 3D works such as the drawing shown above—and Carolina Chavez—a local artist who has been drawing flowing and colorful female figures at the festival for several

years, ever since she was in high school.

Entertainment ranges from the San Jose Jazz Boombbox Truck, which features musicians performing on a small stage built into the bed of a truck, to O’Craven’s pirate rock to Movimiento’s Aztec dance. Food

vendors include Sonia’s Sweets & Eats, serving sausages and hot dogs; 3 Brothers Kitchen, serving Asian fusion; and Twisted Chill, serving ice cream.

The chalk art festival is partner-

ing with this year’s Viva Calle San Jose event, during which runners, walkers and bike riders enjoy streets closed to motorized traffic between the Municipal Rose Garden and Backesto Park on Sept. 22. For more, visit [lunaparkarts.org/festival](http://lunaparkarts.org/festival). —Daegen Asfaha



### LUNAR LEGACY

» **In the late 1960s**, Boeing developed Lunar Roving Vehicles, engineering marvels of the time. Built at the Boeing Space Center south of Seattle in Kent, Washington, in just 17 months, the “moon buggies” could carry four times their weight. They were also equipped with color television cameras that could send images back to Earth via satellite, all while withstanding the low-gravity vacuum of the moon. The rovers allowed six astronauts to safely explore the moon and complete three times the amount of work done on previous missions. Today, the rovers used during the Apollo 15, 16 and 17 missions remain on the moon.

The City of Kent’s Landmarks Commission recently approved historic landmark status for the Boeing-built rovers. The designation honors the role Kent and Boeing played in past scientific achievements, while reconnecting the city to a growing national interest in a new era of space exploration.

In downtown Kent, visitors can learn more about the rovers at the Accesso ShoWare Center, which features a starry timeline detailing the road to landing on the moon.

Visit [apollo lunarrover.com](http://apollo lunarrover.com) for more.

—Stella Harvey





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# CHRONICLES OF COUNTRY MUSIC

By Jacob Uitti

» **Ken Burns remembers** sitting in a tiny editing room, sobbing, as he put together his latest documentary, *Country Music*. In fact, the acclaimed filmmaker says, there are often a half-dozen boxes of tissues in the office for him and his staff to use as they pore through old photographs and emotional testimonials—content they choose from to tell intimate stories about impactful time periods, iconic structures and significant cultural movements in American history.

Burns, whose first documentary, *Brooklyn Bridge* (1981), earned him an Oscar nomination, has a long list of acclaimed titles on his resume, including *The Statue of Liberty* (1985; also Oscar-nominated), *Jazz* (2001) and *The National Parks* (2009). His most recent creation, *Country Music*, is an eight-part, 16-and-a-half-hour tour de force that details the lineages, mythologies and diverse songwriting styles of the genre's legends, including Dolly Parton, Hank Williams, Charley Pride, Loretta Lynn and Johnny Cash. It features the depth of research and storytelling techniques that have become Burns' signature style.

"In my career," says Burns, "I've really made the same film over and over again, and each one asks a deceptively simple question: Who are we? Who are these strange and complicated people who like to call themselves Americans? And what does an investigation of the past tell us about not only where we've been but also where we are and, most important, where we may be going."

To assemble *Country Music*, which premieres on September 15 on PBS networks and on PBS streaming services, Burns says he and his staff combed through 1,000 hours of footage, more than 100,000 photographs, hundreds of songs and 175 hours of interviews they had conducted with 101 subjects. The gravelly voiced Merle Haggard, a central figure in the film and in the history of country music, was one of those subjects.

"We were fortunate enough to interview Merle Haggard before he passed away," Burns says. "He has a remarkable story: He escaped juvenile detention centers numerous times and ended up in San Quentin State Prison, forgoing



another escape attempt [this one failed and lethal], because [another inmate] told him, 'Don't go. You can sing, write songs and play guitar. You can be somebody.'"

Through *Country Music*, viewers will also learn the story behind Parton's famous ballad *I Will Always Love You*, which was written in 1973 for her collaborator and professional partner, who was at the time resisting Parton's efforts to pursue a more lucrative solo career. Parton explains that she went home, wrote the song, and then played it for him, and he acquiesced to her wishes on the spot.

"Dolly Parton is one of the great forces of nature in the world," Burns says, praising the iconic singer/songwriter, and indicating that this is what music audiences are truly looking for from artists and their music.

The film often deals with themes of love and loss—which Burns notes are two central components of country music songs—and there is also a great deal in *Country Music* that heartens and inspires. For Burns and his longtime filmmaking team at Florentine Films, maintaining a sense of "emotional archaeology" is central to the creative mission.

"We're interested in sharing a process of discovery," Burns says. "You may be a big country music fan; you may know a little bit; or you may not know anything. But you're going to be saying, 'Wow, I had no idea!' all throughout this film. That's what we were after for ourselves, too."

For additional information and to stream the new film after its premiere, visit [kenburns.com](http://kenburns.com) and [pbs.org](http://pbs.org). ✕

» **Acclaimed documentary filmmaker Ken Burns, left, talks with legendary vocalist Connie Smith, whom Burns interviewed for his new eight-part PBS series Country Music.**



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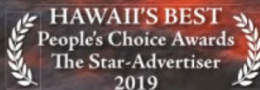


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## MODERN MILLINER

By Janene Mascarella

» A famous piece of advice about hats, attributed to no less an authority than Frank Sinatra, is: “Cock your hat—angles are attitudes.” Teresa Foglia knows all about hat angles, the attitudes hats convey and the transformative power of wearing these signifiers of style.

Foglia is a milliner—a designer and maker of hats—and founder of the hat company that bears her name. The Teresa Foglia company began with the mission of being a bespoke, sustainable hatmaker. It is now a booming bicoastal business that produces hats by hand (for women and men) and touts its use of ethically sourced materials. The company has locations in Brooklyn, New York, and—as of earlier this year—Malibu, California. Foglia began as a solo entrepreneur and later went into partnership with artist Tyler Hays Wild (who is also her life partner), building a team behind them. Yet Foglia still wears many hats, figuratively and literally.

“I’m pretty hands-on,” Foglia says. “I’m the one who’s flying between New York and LA almost every other week.” She oversees manufacturing and production in New York and spends time at both stores meeting clients and making herself available for custom hat designs.

According to Foglia, each of her locations has a special vibe. “Our shop in New York is more on the creative side,” she says. “It’s where we’re doing all the manufacturing and production.” This studio shop is housed in South Brooklyn’s Industry City, an up-and-coming innovation hub. Foglia says that the company’s New York clients tend to get involved more with customizing designs. “People are more attached to the actual physical creation of their hats with us, and they love to come in and pick their colors and their styles—developing and designing their hats from start to finish.”

She says that the California shop’s clients are mostly locals to Malibu and the greater LA area. This store is located in Malibu Village, a collection of boutiques, restaurants and high-end retailers near the ocean. Foglia says it’s a different environment from the one in Brooklyn: “We’re finding that our California customers gravitate toward hats that are already made. They want to come in, grab a sun hat, and head straight to the beach—and that’s great!”

Running a business on both coasts has challenges, but to Foglia it feels natural. “It’s pretty much my ideal situation,” she says, and notes that her inboxes are much clearer, thanks to the frequent Alaska Airlines flights she takes with inflight Wi-Fi. “I can zero in and focus on computer work,” she explains. “It’s also nice to have time to shut off and focus on business-development work that I don’t otherwise have time to finish.”

Despite her jet-setting lifestyle, Foglia still makes a point of personalizing customer experiences. “We have a lot of room for being gentle and kind to people,” Foglia says, noting that customers might be looking defeated when they come into a store, but when they try on a hat, it has a dramatic confidence-boosting effect—like wearing a crown. And instead of assessing how a hat might flatter a person with a certain type of face, Foglia relies more on seeing whether a hat has a positive effect on its wearer.

“I feel you just need to put on something that makes you feel good,” she says. Learn more at [teressafoglia.com](http://teressafoglia.com). ✂

Hatmaker Teresa Foglia, in her New York studio, surrounded by hats she made or collected.



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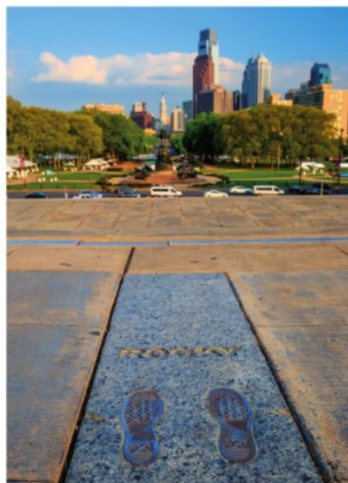
## PHILLY'S CENTER CITY

By Andrew Waite

» My friend Nick and I enter Reading Terminal Market at about 11 A.M.—a good time for either breakfast or lunch. With so many choices, deciding what to eat won't be easy. Along just one aisle of the market, which is housed in an 1893 National Historic Landmark building, the food options include Pearl's Oyster Bar, Carmen's Famous Italian Hoagies & Cheesesteaks and Keven Parker Soul Food Cafe. Neon signs hang above butchers carving meat and bakers rolling dough. We skip straight to dessert. Biting into chewy treats from the Famous 4th Street Cookie Company, with delicious chunks of chocolate, we agree that in the market, and in Philadelphia's Center City District more broadly, great options abound.

Center City encompasses an approximately 3-mile-wide band of downtown Philadelphia between the Delaware River in the east and the Schuylkill River in the west. The Victorian-style Philadelphia City Hall sits roughly in the middle of the district. Near the northwest corner is the renowned Philadelphia Museum of Art, with its stone steps made famous by the *Rocky* movies.

Nick and I are exploring Center City east of Broad Street, and we've decided to give our tour a history theme. From the market, it's about a half-mile walk to Independence Mall—an area that has been dubbed "America's most



historic square mile" and occupies part of Independence National Historical Park. At the mall's northern end, we visit the National Constitution Center, which hosts exhibits such as "The Story of We the People," featuring interactive displays and the words of the U.S. Constitution inscribed on glass panels ringing a circular room. At the mall's south end, Independence Hall, a UNESCO World Heritage site, is where the Declaration of Independence and the Constitution were debated and signed.

For more than a century, beginning in the 1750s, the Liberty Bell rang from atop Independence Hall, which was then the Pennsylvania State House. The bell now occupies a nearby structure, Liberty Bell Center. It is believed that the bell first cracked after many years of use. In 1846, the crack was intentionally widened in an attempt to fix the bell—a repair that ultimately

## » THE FEED OUT & ABOUT PHILADELPHIA



» Attractions in or near Philadelphia's Center City District include, clockwise from top, Reading Terminal Market, Liberty Bell Center and the steps made famous in *Rocky* films.

failed when another crack developed and permanently silenced the bell.

Just east of the mall, Nick and I visit the Museum of the American Revolution and view artifacts such as Washington's Headquarters Tent, which George Washington slept and worked in during the Revolutionary War. Two blocks north, in the Betsy Ross House, we find Ross herself—OK, it's actually an actress—and inquire why Washington allegedly asked her to sew America's first flag. (They attended the same church, and Ross had previously done embroidery work for him.) Afterward, we stroll along nearby Elfreth's Alley, billed as America's oldest residential street. Here, 32 buildings, dating back to 1720, display Federal and Georgian architecture and still have people living in them today, proving that history in Philadelphia remains very present. ✈

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## A LASTING LIFESTYLE

By Andrew Waite

» In an Old Order Amish home, only a few rooms are heated. Typically, a propane furnace on a house's main level provides warmth, primarily to common areas. Standing in the kitchen of a model Amish home, my guide at The Amish Experience—an interpretive center about 60 miles west of Philadelphia—explains that the limited heating tends to keep people together. Families, which average seven children, congregate in the few warm rooms.

Traditions such as this, as well as using no electricity from the grid (or TV or internet) are simply part of life for the more than 35,000 Amish people living here in Lancaster County, one of the country's largest Amish communities. Families still farm this land, continuing a lifestyle that began in Switzerland, France and southern Germany before the Amish practitioners of this agrarian existence came to North America in the early 18th century. Today's Lancaster County is welcoming to visitors, who can experience modern small-town charms, learn about history and observe living traditions at multiple venues.

With Aaron & Jessica's Amish Buggy Rides, I take a draft horse-drawn tour along 10-foot-tall walls of corn, fields of soy and six varieties of apple trees. The land we pass also yields wheat, rye, peaches and cherries. And, on one farm, the Holstein cows are milked twice a day.

Traditional local foods are showcased at the Good 'N Plenty Restaurant, which serves family-style Pennsylvania Dutch meals with dishes such as crispy fried chicken and flavorful brown butter noodles.

History distinct from the Amish culture is on display at Wheatland, the mansion that the 15th U.S. president, James Buchanan, owned



» Lancaster County, Pennsylvania, offers glimpses of history and Amish culture at working farms, such as the one at top left; at the Wheatland mansion, above; and via a buggy tour, left.

between 1848 and 1868, and where he opened his parlor for discussions during the 1856 election campaign.

Wheatland holds artifacts such as a wax-sealed 1827 bottle of wine and library items that belonged to Buchanan. Among other details, I learn that Buchanan, a bachelor, had his niece serve as First Lady. Harriet Lane later founded what is today known as the Harriet Lane Clinic at the Johns Hopkins Children's Center in Baltimore.

Lancaster City, established in 1729, has a downtown where original row houses are steps from modern shops, such as Passenger, a specialty coffee roaster. At The Pressroom, a 1744 hardware store has been converted into a dining room with exposed brick and old-fashioned Edison light bulbs. Try the tuna carpaccio, accentuated by a wasabi-yuzu sauce.

At dinner, my waiter, a lifelong resident, says that Lancaster "has its finger on the pulse of progressiveness." I think back to the buggy ride, where I looked up from mares grazing in fields and clotheslines weighted down by traditional Amish broadfall pants and solid-color dresses.

The old farmhouse nearby had been equipped with solar panels. ✈





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## ALL WRAPPED UP

By Danielle Centoni

» For centuries, cultures around the globe have made ingenious use of tree and vine leaves native to their regions. Grape leaves and fig leaves wrap dolmas in the Middle East and Greece. In Southeast Asia, makrut lime leaves add a bright flavor to curries, while pandan leaves infuse desserts and drinks with notes such as vanilla and coconut. But in tropical regions around the world, banana leaves are often the real work-horses, doing quadruple duty as wrappers, steamer baskets, flavor enhancers and even plates.

“Banana leaves are used a great deal in southern India,” says Troy MacLarty, chef/owner of Bollywood Theater, a restaurant featuring Indian street food, and Churchgate Station, an Indian-food supper club, both in Portland, Oregon.

“Mostly, banana leaves are used to serve things on. In Kerala they offer something called *sadya*, which is a *thali*-style meal, with lots of little dishes, all served on one large banana leaf. It’s somewhat ritualized, beginning with cleaning the leaf with water, continuing with a certain pattern of dishes, and where and when they are placed on the leaf, and ending with you folding your leaf in half—‘food side’ within—to indicate you are satiated.”

» Versatile banana leaves are used for many types of dishes, including, clockwise from above left, *nasi lemak*, *tamales* and *sadya*.



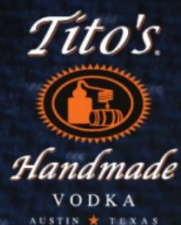
According to Thomas Pisha-Duffy, chef/owner of Gado Gado Indonesian restaurant in Portland, banana leaves are essential to many of Indonesia’s traditional dishes. “Our Banana Leaf Smoked Duck Salad is based on a Balinese preparation called *bebek betutu*,” he says. “I watched the people in Bali wrap the duck in banana leaves, bury it in hay and light the hay on fire. The flavor from the burnt leaf infuses the fat in the duck and all the drippings with this earthy, musky aroma.”

He says banana leaves are often used to make food portable, too. “In Malaysia, you see people pick up *nasi lemak* all morning at the stalls and bring it to work. It’s ingredients such as coconut rice, hard-boiled egg, fried anchovies and *sambal* [a spicy condiment] folded into a parcel created with pandan leaves or banana leaves. You open it up, eat out of it, then throw it away.”

In fact, banana-leaf parcels are common anywhere banana trees grow, from Thailand to the Caribbean, to Mexico and South America, where the leaves may be used for tamales. Banana leaves are also used to wrap marinated meats or fish, which can then be cooked in a pit, or placed on a grate over a fire, or wrapped in foil to go right on the coals. The leaves protect the food and trap moisture, and the flavor penetrates the meat.

Perhaps banana leaves could be considered the perfect culinary gift wrap. ✂





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## MAKING A NAME FOR ITSELF

By Paul Gregutt

» If a pronounceable name is part of wine-marketing success, then Blaufränkisch must be among the most nomenclature-challenged. While there are often competing explanations for wine names, *Wine Grapes: A Complete Guide to 1,368 Vine Varieties, Including Their Origins and Flavours* states that “the word Fränkisch derives from Franconia, a historic region of Germany,” and was a name given to several varieties. “Blau” is German for blue. The grape is also known by other names, such as Lemberger. Blaufränkisch (Blouw-frahn-keesh) often refers to an Austrian grape, although it has been widely planted in Central Europe over the years.

The grape has been largely unknown in much of the United States, with notable exceptions including Washington state. Walter Clore, the man credited with jump-starting the state’s wine industry half a century ago, believed that Lemberger was an important red-wine grape that could be successfully ripened so far north. He planted test sites and evangelized for the grape for decades.

One of the first people to successfully grow it commercially was John Williams, who planted it on Red Mountain, west of Richland, in the mid-1970s. His Kiona Vineyards remains one of the state’s largest producers of Lemberger, at about 5,000 cases annually. JJ Williams, his grand-

son, says Lemberger is a pleasure to grow. “Our wine from the grape is versatile, with wide stylistic appeal.”

Other producers are obtaining Kiona grapes for their own Lemberger wines. Mike Lempriere, the owner and winemaker for Perennial Vintners on Bainbridge Island, west of Seattle, was introduced to the grape when his Bainbridge vineyard hit a bad weather year in 2011 and nothing ripened. “I had to get grapes from Eastern Washington,” he explains. He found that Lemberger from Kiona Vineyards fit his winemaking needs. Last year, he produced 61 cases of Lemberger wine.

The grape is making inroads in Oregon, as well. Dan Welsh, co-owner and winemaker of Welsh Family Wines in Portland, explains that he needed an entry-level-priced red wine to complement his more expensive Pinot Noir wines. A 2016 search on the Oregon Wine Board’s Grape Matching Service turned up Blaufränkisch, he says. The winery produced 175 cases of the 2018 vintage.

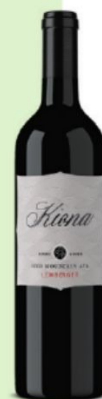
Among the grape’s virtues is its stylistic flexibility, although the classic Northwest Lemberger is a blood-red, lightly peppery wine, with scents and flavors of ripe berries and leathery tannins. It pairs well with everything from fish to grilled beef, to pasta with tomato sauce, and is a unique and flavorful option for wine enthusiasts. ✈

### WINES TO TRY

■ **Camas Prairie Lemberger, Idaho:** Nonvintage, with grapes from old vines in the Champoux Vineyards in Eastern Washington; evokes candied cherries, pepper and spice.

■ **Kiona 2016 Estate Red Mountain Lemberger, Washington:** Claret style; ripe berries.

■ **Welsh Family 2018 Blaufränkisch, Oregon:** Rare Willamette Valley bottling; wild berry, sweet spice and a whiff of leather. —P.G.







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## TAILGATING TECH

Gear up with pregame tools and accessories

By Peyton Burnstead

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■ **Limitless Innovations JumpSmart:** Use JumpSmart to avoid running out of power. Not only can you jump-start a vehicle, you can also use this multifaceted tool as a power bank and a flashlight. Its battery can be charged 1,000 times using the included standard-outlet and vehicle-charging adapters (\$119.99; limitlessinnovations.com).



■ **Weber iGrill 2:** Monitor your meat on a smartphone or tablet with the iGrill 2 and its associated app. The Bluetooth-enabled thermometer lets you digitally track the doneness of multiple pieces of meat at once, and even sends you an alert when your meal reaches the ideal temperature for serving to your fellow fans (\$99.99; weber.com).



■ **TailGater Tire Table:** This convenient accessory mounts onto a tire to provide a horizontal surface that holds essential food fixings or gear—up to 50 pounds. With a fold-out leg and sturdy construction, the Tire Table allows for setup in seconds, with no tools required (\$139.95 for steel model; aluminum version available this fall; tailgater tiretable.com).



■ **Grillight LED Spatula:** This durable, dishwasher-safe spatula has a bright built-in flashlight designed to have a 20,000-hour bulb life. It can help keep you cooking before night games and after the sun goes down (\$24.97; grillight.com).

### MORE TAILGATING GEAR

#### Picnic Time Ottoman

**Cooler:** With a 24-can capacity and collapsible design, this sit-on-top cooler keeps drinks cold and provides comfortable seating (\$59.95; smaller "Bongo" cooler also available; picnic time.com).

**SpinChill Chill Bit:** Attach a Chill Bit to a power drill and clamp a beverage can or bottle to the other end. Then spin your drink on ice to chill it quickly, using convection (\$14.99; spinchill.com).

#### Wildwood Grilling Planks

**Sampler Pack:** Add great flavors by grilling on natural cedar, alder, cherry, maple and hickory wood (\$25.99 for medium-size planks; wildwoodgrilling.com).





**LAWRENCE CHIARELLI**, Sales Director at tech start up. BS, Bloomsburg Univ. Interests: golf, running, travel

# BREAKING UP WITH ONLINE DATING

Technology has made dating more complicated and impersonal.

**HIRING A MATCHMAKER MIGHT BE THE SMARTEST INVESTMENT YOU COULD MAKE IN YOUR PERSONAL LIFE.**

**PING MA**, Owner of RollingPing Custom Cakes. MS, Columbia Univ. Interests: travel, wine, jogging

At first, Larry Chiarelli, director at a tech start up, thought he was doing all he needed. Sign up on multiple dating websites. Meet lots of women. Eventually, the right one would come along – except she never did. So he decided to bring in the professionals and hired It's Just Lunch. It's Just Lunch's matchmakers got to know him and his preferences. They selected his dates, arranged schedules, and even made the restaurant reservations. Dating became stress-free and fun. Larry was a practical guy and didn't believe in love-at-first-sight... until IJL introduced him to Ping.

## Dating life before joining It's Just Lunch?

Lawrence: Chaotic! I was meeting a lot of women but not the right women for me. Online dating was time consuming and stressful. I needed someone to relieve me of the dating busy work so I could get some breathing room. I needed to slow things down to speed them up. It's Just Lunch fit that criteria perfectly.

## Why join It's Just Lunch?

Ping: I fly frequently for both work and fun. When I saw It's Just Lunch in the airline magazine, it was as if the matchmaker was talking to me! One day after a particularly long flight and wanting to snuggle with someone and watch a movie, I decided it couldn't hurt to give it a try.

## Most enjoyable part of the It's Just Lunch process?

L: Having someone doing all the work to select and schedule a date. It was like I had my own personal dating concierge to take care of all the details. All I had to do was be on time for my date and be myself. It really was a stress-free experience.

## What was it like working with the It's Just Lunch matchmakers?

L: Easy and convenient. The company I was working for was going through a merger so I was away from home quite a bit. I'd finish my day and there would be a message from my matchmaker telling me about my

next match. I'd call back, get the details and run through my availability. The next thing I knew I was in front of an interesting woman having a great conversation.

## Do you have any advice for singles who want to meet that special someone?

L: I tell my clients an analogy all the time: Would you rather drive across the country in a Toyota Corolla or a BMW 5 series? They always say the 5 series. You get what you pay for. Investing in yourself and your future with someone special means investing in the right matchmaking service. For me that was It's Just Lunch.

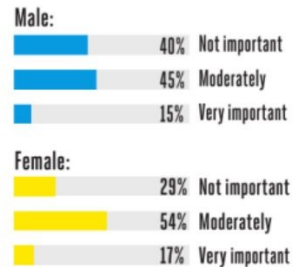
P: Invest in your own happiness, it is always worth it.

The success of It's Just Lunch is built on creating high quality matches in low pressure situations. In 28 years, they've set up millions of first dates. Make meeting someone special a priority. **Get in touch at 800-858-6526 or [www.itsjustlunch.com](http://www.itsjustlunch.com).**

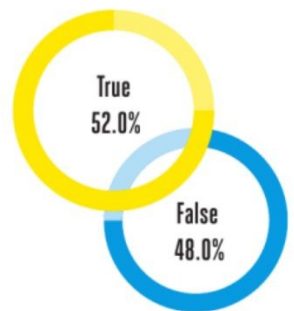


# THE POLITICS OF DATING

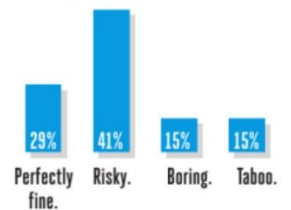
How important is a person's political party affiliation when deciding to go on a date with him/ her?



I could casually date someone who didn't have the same political beliefs as me, but in the long term it probably won't work out:

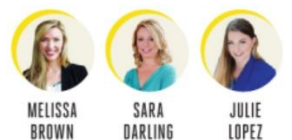


Talking politics on the first date is:



Source: IJL Survey

It's Just Lunch Matchmakers:



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## THE BOX CAR

The Kia Soul is refreshingly different, pairing affordability and a unique look

By Bengt Halvorson

» The Kia Soul hits a sweet spot with some car shoppers. The tall, fashionably boxy hatchback is a favorite among many urbanites who want a perky, pleasant-driving vehicle that's easy to park and maneuver, while not sacrificing gas mileage for utility—or vice versa. It helps that the Soul has a style all its own. In Soul's first 10 years, Kia sold more than a million of this model in America.

Kia has given the Soul a full redesign for 2020 that takes it up a notch in cabin comfort, ride and handling, and technology. Read on for a few of the Soul's many selling points.



The 2020 Kia Soul GT-Line.

### ■ A sharper look

The 2020 Soul's redesign is subtle but offers a sharper and sportier appearance. In front, slimmed-down headlamps and a connecting accent make the Soul seem lower and wider, while a new take on the "boomerang-shaped" rear lighting, which now wraps around the outside of the hatchback, is a distinctive and adventurous design point.

### ■ Model shift

Move up the model line and you'll see a change in what's under the hood. Base LX versions start at just \$18,485, and they're your only choice if you want to do the shifting yourself, with a six-speed manual gearbox. The S, X-Line,

EX and GT-Line versions that are the core of the lineup all come with a smooth Intelligent Variable Transmission (IVT), a version of a Continuously Variable Transmission.

Top GT-Line Turbo models (\$28,485) step up to a 201-hp turbocharged 1.6-liter four-cylinder engine, and get a seven-speed dual-clutch automatic transmission.

### ■ Electric option

By the summer of 2020, a new generation of the all-electric Kia Soul EV will join the rest of the lineup. This one (now at 201 hp and 291 lb-ft) will have more power and torque than previous models, and more than 240 miles on a charge. It also should handle especially well,

thanks to an independent rear suspension that leaves space for a big 64 kWh battery pack.

### ■ Room inside the box

Because of all the extra headroom that's built into the Soul's boxy design, you tend to sit a little more upright than you might in other cars. Tall, wide-opening rear doors make the Soul unexpectedly easy to use for rear passengers.

And even with passengers in the back seat, you get more cargo space (24.2 cubic feet) than in the trunk of most full-size sedans. Fold the back seats forward, and you have 62.1 cubic feet—that's enough for most big-box purchases and weekend finds. ✕



GT-Line Turbo interior.

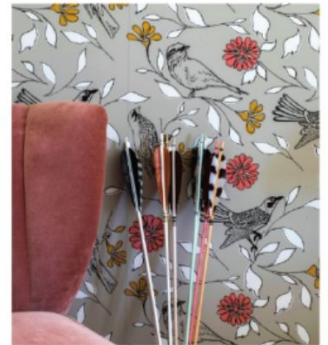
■ A 7-inch color touch-screen system is included in most versions and has smooth smartphone connectivity via Apple CarPlay or Android Auto. The Kia Soul's interior offers optional "sound mood lighting"—with multicolor door-panel illumination that pulses to the beat of whatever music you're playing. In the 2020 model, the lighting has been improved for daytime use. Upscale versions of the Soul, including the GT-Line Turbo, come with a 10.3-inch screen that has satellite and HD radio compatibility.





# NOVOGRATZ STYLE

*By Katheyn Dewey Wagner*







## A-LIST DESIGNERS THE NOVOGRATZES SHARE HOW THEY HANDLE A BICOASTAL LIFE AND MULTIPLE PROJECTS WHILE RELISHING THE CHAOTIC GLORY OF PARENTING SEVEN CHILDREN

**Navigating the narrow roads** in the hills above The Sunset Strip in Los Angeles, I drive into an area called The Bird Streets.

The exclusive enclave has included residents such as Jennifer Aniston, Leonardo DiCaprio, George Harrison and Elizabeth Taylor.

However, the house I drive up to turns out to be less rambler and more rubble. The demolition of a 1930s Spanish-style mansion is underway, with the once-posh abode being stripped to its shell. Striated heaps of old linoleum indicate decor trends that were popular long ago, and the outside walls of the master bedroom that had led onto an open-air patio are now just open-air.

Only the home's pool, recently painted with jaunty pink-and-white stripes, hints at a pending rebirth. This is where Robert Novogratz thrives.

Wearing a stylish ascot, the tall and handsome Novogratz bounds up the driveway to meet me. He's full of energy and neighborhood gossip as he shows me his family's latest project.

"This home is nearly 100 years old," he says. "We're going to take it from 4,000 square feet to about 7,000 square feet in size." However, he assures me, the 1930s Hollywood glamour vibe will remain intact.

Seeing potential in old properties is what has made the husband-and-wife team of Robert and Cortney Novogratz famous members of the house-flipping real estate sector. In their 28 years together, the über-creative Novogratzes have renovated or built 11 homes, living in some for a period of time, and then selling the properties for a profit.

They also have a bustling interior design business with a list of corporate clients. Now, they are in a pink phase. House No. 12 is the Los Angeles property in the Bird Streets area, and No. 13 is an unusual pink stucco townhouse on Waverly Place in New York City.

The Big Apple home, which reportedly they bought for \$8.5 million, was originally built in 1826, and had most recently been owned by a wealthy elderly woman who had once been a member of the Radio City Rockettes. In other words, it's a property rich in New York City history. And that's just the way the Novogratzes like their projects.

"It's rare to find a place like that, which is really untouched," says Cortney. "It will be a big project."

### Going Big

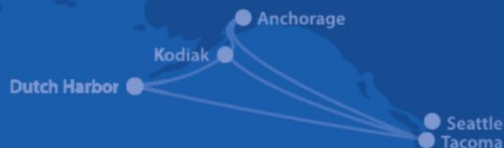
The transformation of these dual properties on opposite coasts will be the subject of an upcoming series

*Modern touches mixed with flea-market finds are part of Cortney and Robert Novogratz's design style, as shown in the projects on the opposite page, which include the renovated Hollywood Hills home, nicknamed "The Castle," in the top left corner. The Novogratz clan, above, pose during a family outing in Malibu.*

FACING PAGE: CLOCKWISE FROM TOP LEFT: COURTESY THE NOVOGRATZ; MATTHEW WILLIAMS; COSTAS PICARDAS; STACI MARENGO; MATTHEW WILLIAMS (2); THIS PAGE: CATHERINE HALL



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# NOVOGRATZ

due to air in fall 2020 on a major streaming service, which they don't want to name yet.

Taking on big projects that may sometimes involve demolition and total renovation may scare even the most intrepid of DIYers, but not Cortney, who turns 48 this month, and Robert, 56.

Whether it is an interior-design project, a book, a real estate investment, a TV show or a product line, this duo is always ready to dive in with energetic and fresh concepts.

They have a knack for discovering distinctive, often neglected, properties and re-envisioning them in ways that keep the authenticity of the structures intact, while imbuing them with a cool, modern vibe. The couple is known for mixing modern and retro furnishings and art, while accenting interiors with antiques that add a sense of history.

They've worked with big-name private homeowners and designed office interiors for companies, including Derek Jeter's *The Players' Tribune* in New York City. They've worked on boutique hotels such as Timber Cove Resort on California's Sonoma Coast, and on large-scale residential projects, including the interior design for the 200-unit East Coast luxury apartment building Boston East.

Over the years, their flipping skills, Hollywood good looks and egalitarian approach to design have made the couple industry celebrities and helped them create a media empire. The Novogratzes and their seven children, including two sets of twins, have starred in the Bravo TV series *9 by Design*, a reality program that chronicled the couple's design projects and the lives of their large brood. A subsequent HGTV program, *Home by Novogratz*, often showed Cortney and Robert renovating properties for celebrity clients.

The couple has written the design books *Beachside Bohemian*, *Downtown Chic* and *Home by Novogratz*, with another book, *Design Fix*, expected in spring 2020. They have developed their own lines of art and home furnishings, which are sold at [shopthenovogratz.com](http://shopthenovogratz.com). In their spare time, they have designed product lines for various retailers, including CB2, Old Navy, Target, Wayfair and Walmart. "Most of our stuff features a storyline," says Robert of the family's brand and products. "You have to have a point of view."



Big sellers are the sofas available on the site, which are popular for their affordability, color options and vintage lines. "Our dream has always been to bring great design to the masses at great prices," Robert says. "It's not easy."

However, when it comes to showcasing their abilities, it's the various houses that offer the best glimpse into their style. "Our homes are our best showrooms," explains Cortney of the couple's frequent need for new address labels.

They also want to keep the business a family operation, with small offices in Los Angeles and New York.

"Over the years, we have tried not to grow too big, because we can't manage everything and still remain a mom-and-pop company," she explains.

## Instant Connection

This family affair began in 1991 when Cortney and Robert met at a party in Charlotte, North Carolina. It was love at first sight.

Robert was from Alexandria, Virginia, the son of a retired Army colonel. His parents were in the antiques business, and his mother would take Robert with her as she searched for deals at local flea markets. The interest in antiques and unique home furnishings has

Clockwise from top left: A simple, yet stylish bar at a vacation home in the Washington state beach town of Seabrook; a playful room at The Players' Tribune headquarters in New York City; and the elegant Timber Cove Resort in California were designed by the Novogratzes.

CLOCKWISE FROM LEFT: MATTHEW WILLIAMS; COSTAS PICADIAS; STACI MARENGO



# YES, IT IS POSSIBLE. MY SCHICK STORY:

I love a good celebration and this year I have something huge to celebrate... five years of sobriety!

As I experienced life's ups and downs, alcohol seemed to help me cope with my anxieties and stress. But I reached a point when I realized that if I stayed on the path that I was on, something bad was bound to happen—the loss of relationships, an accident or serious damage to my health. I knew that if I could find a way to quit drinking, only good would come of it. I also knew I couldn't do it alone.

One day I decided to call Schick Shadel Hospital. I learned that their ten-day program was a good fit for me. I got the help I needed. I lost the cravings for alcohol so I could focus on my prescribed aftercare plan which included seeing a counselor regularly.

I am so happy to be free of alcohol and the grip that it had on me. It was the best gift I have ever given myself! Every area of my life has improved dramatically including my relationships with my family and friends and my real estate career has soared to new heights.

It is such a wonderful feeling to be living life with the clarity that I now have.

Thank you Schick Shadel Hospital for giving me my life back!

—Therese



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## NOVOGRATZ

stuck with him ever since. Cortney grew up in Columbus, Georgia, the daughter of a successful car wash entrepreneur.

"I thought he was more than cute—it was the way that he carried himself," recalls Cortney of her future husband. Robert was overwhelmed by Cortney's personality. "I thought: 'She's a lot. Can I handle her? Yes. Do I want to handle her? Maybe.' Cortney is a force of nature."

The couple decided to make a change in their lives and move to New York City. Robert worked as a stockbroker, and produced events on the side, while Cortney tried her hand at acting.

Stitching together their futures, they began looking for apartments to buy. Children were definitely on the agenda—both come from large families, with Robert one of seven children and Cortney one of five kids. In 1996, the New York real estate market was still recovering from a slump, and the Novogratzes discovered that they could buy an entire townhouse—sure, it was



*The Novogratz children spent most of their younger years growing up in New York City.*

condemned, but that was a minor detail—for the same budget they had for an apartment. The couple gutted and renovated the 19th century townhouse, despite having no experience, while also planning their wedding. "We always walk the line of really lucky, really stupid and really courageous," Robert says.

### TAKE THE SHOW ON THE ROAD

#### Advice for traveling with

**kids:** You might think that seven kids and travel do not mix. The Novogratzes beg to differ. "I wanted to see the world," says Cortney. "I'd be in the back of the plane with a baby on my lap. I didn't care. As long as I got to my destination."

Here are a few of the family's secrets to easy traveling with a large family:

- Always dress children in dark clothing (spills are less obvious).
- Tote baby wipes. "Even with our youngest being 10, I still carry them. I can wipe down clothes and faces," says Cortney. "You don't want to look like a slob checking into a hotel."
- Screens are great, but don't over-rely. "Bring Mad Libs,

drawing pads, playing cards," she says. "Games like that, they can do with you or without you."

- Enlist the kids' help. Even young children can carry their own backpack or wheel a small carry-on bag.
- Be attentive to your kids. If your child is behaving badly, intervene. "It's respectful to other passengers," says Robert.
- Reduce luggage. "Less is always best. You don't need a stroller cover, so leave that behind," Cortney advises. The family once traveled to the island of Ibiza in the Mediterranean with six small children. Cortney and Robert carried backpacks and frontpacks. The older four kids had backpacks. "I packed a sarong, a cute dress and bathing suits," Cortney says. "And we just took off." —K.D.W.

### Building an Empire

With their townhouse renovated, they were nested, and out of money. So, they started renting out rooms to actor friends. Wolfgang, their first child, was brought home from the hospital to their four roommates.

"We were living like a *Friends* episode," says Cortney. "In one sense, we knew what we were doing, and in another sense we had no clue what we were doing."

Singer-songwriter Suzanne Vega wound up renting out a large portion of the townhouse, which the couple says helped kick-start their careers. Within a few years, they were able to use the equity in the townhouse to buy more properties, which they renovated and sold for a profit.

Another major break was a glowing profile of the family in *The New York Times*. That was when the phone really started ringing. Ever since, they have been buying homes for themselves, transforming them, and moving on, while also rising as stars in the design world.

Drawn to both contemporary art and objects with histories, the Novogratzes often source from flea markets to create their unique real estate creations. For 24 Thompson, a five-story townhouse they built in SoHo in 2001, they balanced the home's all-new construction with one-of-a-kind antiques from Europe. The couple



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# NOVOGRATZ

traveled to Paris, home to many antique shops and famous flea markets, such as Marché aux Puces de Saint-Ouen. They filled two shipping containers with a variety of antiques, including huge old doors and 17-foot-diameter windows from a 400-year-old church.

Cortney and Robert are such fans of repurposed materials that when they travel around the world, they will coordinate travel dates with flea-market schedules. The couple also loves to hunt for treasures across the United States, whether at the Brimfield Flea Markets in



## Let's Go!

Want a taste of bicoastal glamour? Check out these coast-to-coast recommendations from the Novogratzes.

### When in New York City...

- Dine at Arturo's restaurant for what Robert calls "the best pizza in the world."
- Nibble on *pommes frites* at the French bistros Felix Restaurant & Bar and Raoul's.
- Have a breakfast or lunch meeting? Talk shop over a plate of delicious food at Balthazar Restaurant.
- Stroll the High Line, a public park on Manhattan's West Side that is built on top of a former raised rail line.
- Take in the latest art trends at the New Museum of Contemporary Art or the Museum of Modern Art, which is reopening October 21 with new galleries and spaces.
- Shop for luxury vintage fashion and home accessories at What Comes Around Goes Around (there are six locations, including New York's SoHo and LA's Beverly Hills).

### When in Los Angeles...

- Rub elbows with the Hollywood elite at Chateau Marmont Hotel and Bungalows.
- Have an old-school meal at the Midcentury gem Dan Tana's Restaurant.
- Meet friends at Zinque coffee and wine bar, a West Hollywood spot for lunch or a casual dinner.
- Browse through the well-curated Big Daddy's Antiques. The Novogratzes also like the vintage shopping found at Long Beach's monthly open-air flea market, as well as the Pasadena Antiques Center and The Orange Circle Antique Mall in the town of Orange.
- Take in a show at the iconic Hollywood Bowl, or ArcLight Cinemas, or a game at Dodger Stadium. "You can get bleacher seats for \$9!" enthuses sports fan Robert.
- Tour the Los Angeles County Museum of Art, reportedly the largest art museum in the West. The museum also presents free music, including jazz concerts from 6–8 P.M. every Friday on the Smidt Welcome Plaza, April through November. —K.D.W.



Massachusetts; the shops in Palm Springs, with its focus on Midcentury Modern home furnishings and items; or Uncommon Objects in Austin, Texas.

What is their shopping advice? Always pack an empty duffel bag and a little bit of bubble wrap in your suitcase when you travel, because you never know when you'll come across the perfect addition to your home or collection.

"Vintage items bring soul, making interiors feel more personalized and less precious," says Cortney. "We mix high and low, and old and new. We always push our clients, asking, 'Do you collect anything? Do you have an old piece we can update?'"

## The Jet Set

The couple also finds visual inspiration in their seemingly constant travels, such as a recent business trip to India. They spend holidays at their retreat in the Great Barrington area of northern Massachusetts, which has been a sanctuary for the family for the past 18 years.

Still, the Novogratzes tend to be city people, and enjoy walkable destinations, such as Mexico City and Melbourne, Australia, where the couple went this

*Cortney and Robert Novogratz, top, designed their vacation getaway, above, in the fishing village of Trancoso, Brazil.*



spring to be the keynote speakers at the Decor + Design trade show at the Australian International Furniture Fair. “The people are so nice in Australia,” says Robert. “The city itself reminded me of a hybrid between Toronto and London.”

Despite the long flight times, the trip required a quick turnaround. Robert didn’t mind. “Flying business class with my wife for 15 hours? I’ll take that over three hours in coach with seven kids. It’s almost like a vacation. Flying has gotten so easy. The Alaska Airlines flight from LA to Newark is the best. I sleep for an hour and a half, watch two movies and I’m there.”

The family’s other vacation getaway, in the Bahia state of Brazil, offers the clan a total change of pace. Their tropical respite is nestled in the picturesque fishing town of Trancoso, which has become quite the fashionable beach destination. That home’s ingenious, breezy decor, and the overall embrace of a relaxed lifestyle, were the inspiration for their 2016 book *Beachside Bohemian*.

## What’s Next?

This is shaping up to be a very big year for the Novogratzes. Just days after our interview, they were moving back East to start work on their newly acquired Waverly Place project.

The family had been New Yorkers for most of their children’s young lives, but became West Coast transplants after they bought a 1920s Hollywood Hills home, nicknamed “The Castle,” in 2015. They completely renovated it, recently sold it, and now it’s on to the next chapter.

While the family has the same cast of nine, the plotlines have shifted a bit as the kids have grown up. The oldest, Wolfgang, is 22 and a budding star, seen in movies such as *Sierra Burgess Is a Loser* and on TV’s *Grown-ish*. He will appear in three different films that are currently in various phases of production and should be released in the next year or so.

Twins Tallulah (who interned with the family company this summer) and Bellamy are in college, at



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## NOVOGRATZ

Bennington College in Bennington, Vermont, and the University of Southern California, respectively.

Breaker is a musician starting his first year at New York University. The twin sons Holleder and Five are 14-year-olds and the youngest child, Major, is 10.

"We have young adults now," Cortney says, reflecting on her emptying nest. "They're getting tattoos. We're still a loving family, but we go through what everyone else goes through."

Well, that's if every family had their own online back-to-school home furnishings and art collection (Z by Novogratz).

With the move back to New York, the family will be truly bicoastal. Wolfgang and Bellamy are staying in Los Angeles, Tallulah will be in Vermont, and the four younger boys will be in school in New York City.

Shuttling back and forth so much isn't always easy for kids, especially for teenagers. However, children are flexible, when they are given time to adapt, Cortney notes. "Change makes you a better person, even when it's hard," she says.

Robert plans to go back and forth between the two coasts each week. "I'll probably fly to LA on Monday and be there all week, and leave Thursday for New York, staying there through Sunday. It's not so bad. There's Wi-Fi on the plane, so I can work," he says.

Cortney remains, as ever, undaunted by the family's nomad existence. "We say to our kids all the time: 'Take it as it comes. Just take it one year at a time.'" ✕

*Kathryn Drury Wagner enjoys writing about intriguing personalities for Alaska Beyond Magazine.*



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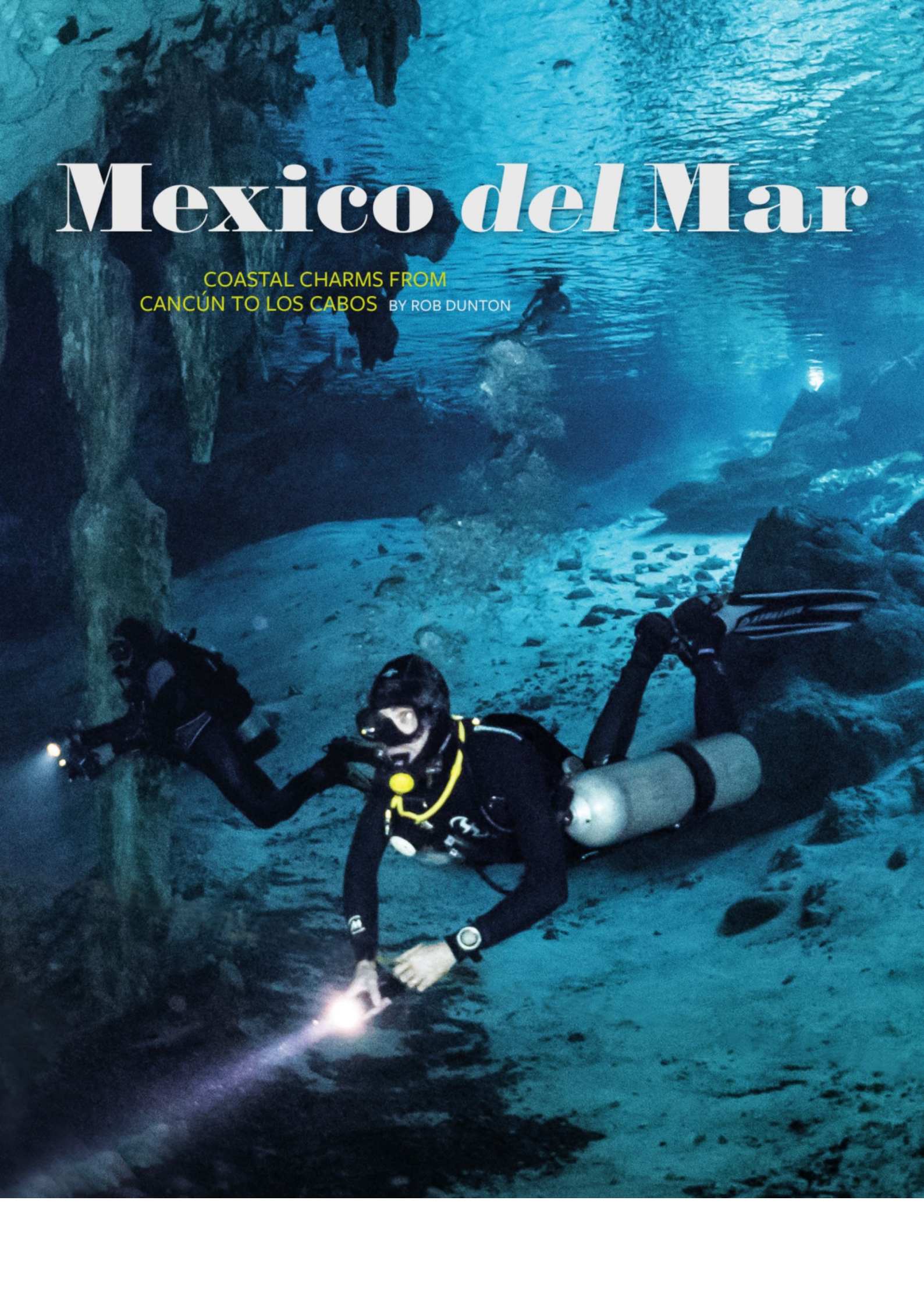
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# Mexico *del* Mar

COASTAL CHARMS FROM  
CANCÚN TO LOS CABOS BY ROB DUNTON







BRENT DURAND / TANDEMSTOCK.COM

*Divers explore the  
Dos Ojos cenote  
near Cancún.*

## Cancún

I carry my scuba gear along a well-worn path, then down a flight of stairs into the Dos Ojos *cenote*, a sunken pool of water that is emerald and sapphire in color. Some cenotes in the area are deep magical swimming holes. Others offer chances to snorkel in well-lit open caves. I am here to scuba dive below the surface, into the labyrinth.

I listen to the safety briefing delivered by Arturo Orozco, my dive master and owner of Akumal Dive Center. Our group of four—plus two guides—suits up, and we enter the cool, still water. With my mask on, I look beneath the surface. The water is gin clear, and I can see the sloping bottom go black as it descends into the first of many caves and tunnels that wind beneath the crust of the Yucatán Peninsula coast.

We release the air from our flotation devices, and with dive lights in hand we follow our cave-certified guide, who leads with an exponentially more powerful light.

We descend into a space the size of a subway tunnel, where stalactites hang from the submerged ceiling and pierce our bubbles. The tunnel shrinks to the size of a living room and then bends and curves before opening into a vast dark space ahead of us. Blue beams of sunlight cut through the blackness, shining through the natural cracks and holes in the ceiling above. Our guide turns his light to the widest and brightest setting and illuminates the entire underwater room.





## MORE CANCÚN AREA

Cancún, with its well-deserved reputation for megaresorts and nightlife, is also a launchpad to white-sand beaches (Playa Delfines), the lively beach town of Playa del Carmen (good base for kiteboarding), swimming with gentle giant whale sharks, (off Isla Holbox or Isla Mujeres), and exploring Mayan ruins throughout the Yucatán Peninsula (Chichén Itzá, Tulum, Cobá). To get a sense of the area in its native state, visit Isla Contoy, a pristine island and bird refuge with a small museum, hiking trails and good snorkeling. Tuck into fish prepared Yucatán style, with *achiote*, habanero and sour orange. You can also drive out to remote Isla Blanca, with its sublime beach flanked by a shallow lagoon and the Caribbean. For reef diving, take a ferry across a channel to the island of Cozumel and explore the Palancar Reef. —R.D.

I find myself suspended in a grand and ornate cavern, floating weightless between intricate stalactites and stalagmites that were formed by dripping calcite eons ago.

Diving in nature's version of a Gaudí or Baroque cathedral is more mesmerizing than the most vibrant reefs I have ever seen.

To find such an ethereal and otherworldly place not far off Highway 307 is amazing. There are more than a dozen cenotes that scuba divers and snorkelers can explore around the Riviera Maya, and Cancún is their gateway.

Mexico has many water wonders to experience, from releasing baby sea turtles in Ixtapa to kayaking off the Baja California Peninsula. Read on for more adventures.



## Ixtapa/ Zihuatanejo

After a day surfing at Playa la Saladita, about 25 miles northwest of Ixtapa, I am ready for an hour of deep tissue massage on Playa El Palmar. I avail myself of one of the many masseuses who have set up tables under canopies on the sand and lose myself in the sounds of waves and wind.

My massage ends an hour before sunset, and I choose to continue my relaxed state of mind by taking a long end-of-day stroll along about 1.5 miles of beach that fronts many of Ixtapa's largest resorts. Teenage boys kick about a soccer ball. A sunset cruise catamaran glides past offshore. Couples and families walk hand in hand.

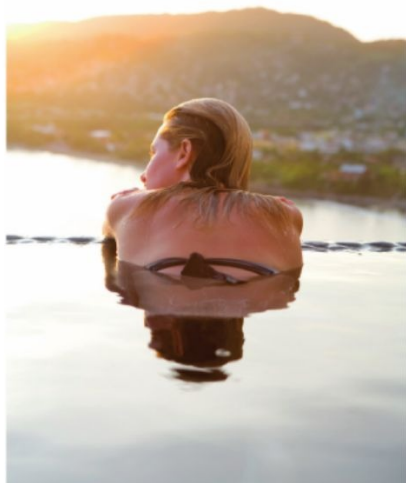
Ten minutes up the beach, I come upon a group of 50 or so people gathered by the water's edge. A section of the tidal zone has been temporarily cordoned off, a safe sanctuary for the release of baby olive ridley sea turtles back into the ocean.

A guide and conservationist explain that turtles remember where they are born, and years later they return to the

On the Yucatán Peninsula, visitors can swim with whale sharks, above, and visit ruins such as the Cobá pyramids.







The Ixtapa area features scenic waterfronts in Zihuatanejo (left), relaxing pools (above), and beaches (above right) where you might find baby sea turtles (right).

same shores to breed offspring of their own. Members of the assembled group carry a half-dozen people in wheelchairs down to the water's edge to participate. Adults and children alike are giddy as they see the small, inch-long infant turtles and watch them crawl from the sand into their watery future home.

In the sand, the hatchling turtles intuitively charge toward the ocean with equal parts fearlessness and innocence. Knee-high waves crash on the shore and toss the little reptiles, but when the waves recede, the tussled turtles, undaunted, turn and charge again, and again, until they are in the water paddling furiously, clear and free and on their way.



#### MORE IXTAPA AREA

Between the towering resorts of Ixtapa and the winding narrow streets of Zihuatanejo, many options await: lounging at Playa Las Gatas; riding a luxurious catamaran along the shoreline; exploring renowned surf destinations such as Playa Troncones, Playa la Saladita and The Ranch; and swimming with dolphins at Delfiniti Ixtapa. Go snorkeling off Isla Ixtapa, a small forested island with quiet beaches—you can take a tour boat or kayak to get there. After dark in Ixtapa, check out the sensational Aztec culture and dance show performed by Compañía Mexicana de Danza y Espectáculos Zihuatlan at Hotel Azul Ixtapa. —R.D.

### Manzanillo

This busy port town on the Pacific is located in the state of Colima and is known for its sportfishing. Home to two bays, Bahía de Manzanillo and Bahía de Santiago, Manzanillo offers a wide array of water-sports, including boating, kayaking, paddleboarding and parasailing. For beaches, seek out La Audiencia, Las Brisas and Olas Altas. Relax in a cabaña on the sand at the glistening Las Hadas By Brisas resort, or charter a boat from the neighboring marina. For other water fun, check out El Salto, a lovely waterfall and canyon. You can also visit the colonial towns of Nogueras and Comala northeast of Manzanillo, or head southeast to Cuyutlán, a rustic beach town situated on a wide black-sand shore with good surf at Los Pascuales.



A fisherman statue in Manzanillo.





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From left, attractions in the Puerto Vallarta area include standup paddleboarding, a market in Sayulita and the historical Church of Our Lady of Guadalupe.



## Puerto Vallarta

It is early morning, and the Pacific Ocean's clear, calm waters lap on soft sand in a protected cove at the Four Seasons Resort Punta Mita. I step onto a large standup paddleboard, and with long steady strokes paddle out to explore the myriad rock formations and islets visible offshore. I head north toward a group of fingerlike rocks that reach out from the shore into the sea. Small fish and mollusks inhabit the ridges. While not on my day's itinerary, nor in my ability to reach by SUP, I am aware that just 11 miles up the coast lies the beach town of Sayulita, with its renowned surf.

I circle back and head toward a large black lava-rock outcropping just off the resort. As I loop the small seamount, I can see a school of chubs and the occasional yellow goatfish or butterfly fish swimming below the surface.

I continue south along the white sandy shoreline, past other rock outcroppings, until I reach the Tail of the Whale, a small peninsula that becomes an island at high tide. It's home to the

green of hole 3B on the Jack Nicklaus-designed Pacifico Golf Course—yes, the course has two third holes, and players can choose which route to take. Open-bow *pangas* (fishing boats) zip along offshore, some shuttling fishermen, others surfers and snorkelers. If I continued south about 2 miles, I would reach the tip of the Punta Mita and enter Bahía de Banderas, home of Puerto Vallarta.

The morning glass starts to give way to the morning breeze. I paddle back, step onto the soft sand, and head in for a well-earned breakfast.



Surfing off Las Labradas beach.

## MORE PUERTO VALLARTA

There is much to explore in and around Puerto Vallarta. I enjoy strolling along the town's narrow streets around the iconic Church of Our Lady of Guadalupe, and on Puerto Vallarta's waterside *molecón* esplanade. Nuevo Vallarta offers modern marinas and high-rise resorts. The Sierra Madre mountains are home to agave farms that grow the source of tequila—visit the town of San Sebastián del Oeste, which dates to 1605. Other highlights: Enjoy a day on the water whale watching or visiting Islas Marietas, small islands off the coast. The *Rhythms of the Night* show at Las Caletas is dazzling. And, of course, take in nearby Punta Mita and Sayulita, offering everything from fine elegance to cozy beach shacks, great surf, warm water and good food. —R.D.

## Mazatlán

My legs straddle a 9'6" surfboard as I wait for the next wave to arrive. The sun is warm and the salt air invigorating. I search the horizon for a notable hump on the water moving toward shore that will grow, peak and peel when it connects with the shallower water beneath me. Behind me, Las Labradas beach stretches wide and empty except for Sinaloa Surf





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4 BD | 4.5 BA | DEN + BONUS | 4,150 SF | \$1,186,750

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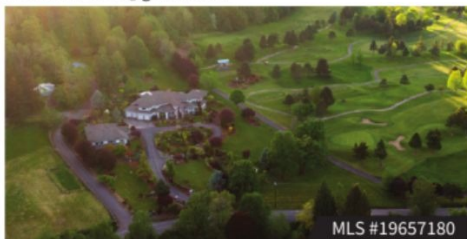
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4 BD | 3.5 BA | 4,199 SF | 1.01 AC | \$1,795,000

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3 BD | 4.5 BA | 15,000+ SF | 4.91 AC | \$5,388,000

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Jeff Jones, Principal Broker  
suzanne.carvlin@cascadesir.com



MLS #201906952

## SINGLE LEVEL IN NW BEND

BEND OREGON

3 BD | 2 BA | 1,760 SF | .30 AC | \$635,000

Immaculate updated single level home w/3 car garage in desirable Newport Hills. Offering .31 of an acre, fully fenced yard, large rear deck w/hot tub. Close proximity to the college and downtown.

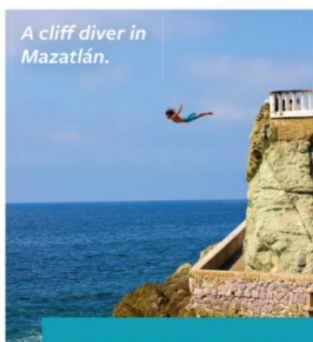
Korren Bower, Broker | 541.504.3839  
korren.bower@cascadesir.com



Adventures' four-wheel-drive pickup, a sunshade and a stack of surfboards.

Located about 50 miles north of Mazatlán, in the state of Sinaloa, near the town of Barras de Piaxtla, the miles of empty waves and beaches remain one of Mexico's best-kept secrets. I see my next wave approaching. I spin my board, paddle into position, and as the wave peaks, I hop to my feet and ride down the smooth face toward shore.

The only other surfers I see are the eight who came with me. Such solitude is cherished in the world of surfing. For the next four days, I will be matched with other surfers in my league, and we will be driven or boated to empty, remote surf breaks that suit our skill level. After a few hours, each ride on an uncontested wave will beckon me to tap my inner strength to power my arms for another and another.



A cliff diver in Mazatlán.

## MORE MAZATLÁN

Sportfishing tours or excursions to nearby Deer Island, Wolf Island and Bird Island let visitors explore by kayak, SUP or snorkel. At dusk in Mazatlán, I enjoy wandering the *malecón* that runs along Playa Norte in town, and watching the local *clavadistas* (cliff divers). I savor regional cuisine, such as smoked marlin tacos and octopus carpaccio, in the colonial Plaza Machado. Mazatlán's *Carnival*, in February in 2020, is one of the most lively in the country, with music, dance and celebration spilling into the streets. —R.D.

FROM TOP: ALFREDO MARTINEZ / GETTY IMAGES; YVETTE CARDOSO / GETTY IMAGES; KERRICK JAMES / GETTY IMAGES



Kiteboarders at Los Barriles.

## Loreto

Perched on a white crescent beach on Isla Coronado, located northeast of Loreto in the Sea of Cortés, I relax for lunch and bite into a fresh empanada in the shade of a palm-fringed *palapa*. Isla Coronado is one of five main islands in Bahía de Loreto National Park, a protected UNESCO World Heritage site that encompasses nearly 800 square miles. The warm sand beneath my toes melts into the tranquil turquoise sea.

On the beach rests my yellow kayak, still wet from a midday paddle around the calm, protected bay. On the horizon, the rust-colored Sierra de la Giganta mountains are silhouetted against a blue, cloudless sky.

## LOS CABOS

At the end of the Baja California Peninsula lie San José del Cabo and Cabo San Lucas, where the Pacific and Sea of Cortés converge. Los Cabos was built around its proximity to the sea, and from the quiet of the East Cape to bustling El Arco and Lover's Beach, the area is blessed with abundant golden sand. Surfing, fishing, kayaking and scuba diving are just a few of the many coastal activities to enjoy. Other options include whale watching, sportfishing and snorkeling. The best diving I've experienced in the region is at Cabo Pulmo on the East Cape (roughly 40 miles from San José del Cabo). Superb windsurfing and kiteboarding can be enjoyed at Los Barriles, about 50 miles from San José del Cabo. —R.D.



Kayaking along Isla Coronado.





ART WOLFE

A dolphin leaps out of the Sea of Cortés.

I came to Isla Coronado on a day tour. We crossed this morning on a panga. During the 25-minute ride from Loreto, a pod of dolphins joined us and rode our bow spray, leaping and darting in the waves before heading on their merry way. Once our boat neared land, our captain leisurely circumnavigated the island over the course of two hours, with breaks to snorkel and watch the marine life.

The coastline of this volcanic piece of land varies dramatically from rough black-lava rock to towering rock polished smooth by the sea to long, wide beaches of white sand. At the northernmost point, we stopped to observe a colony of sea lions swim-

ming, sleeping and wobbling on shore.

I finish my empanadas and dig into a flavorful burrito. The tranquility and natural beauty of this small, uninhabited island is intoxicating. After lunch I take a short hike on a trail that rises and falls over the rocky surface. I return to the bay to spend 30 minutes with bright tropical fish and then join the others in the panga for a ride back to the historical town of Loreto. As the boat cuts across the water, I think of the thousands of miles of coastline in Mexico and smile. Lifetimes of new aquatic adventures await. ✈

Rob Dunton lives in Santa Barbara.

Alaska Airlines ([alaskaair.com](http://alaskaair.com)) offers regular service to eight destinations throughout Mexico.

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# FARM TO TABLE



**THE ARTFULLY CRAFTED QUESADILLA** features a handmade corn tortilla filled with salty Oaxaca cheese; tender, grilled Northern California squash; and salsa macha—a hearty concoction containing ground peanuts, morita chiles, sesame seeds, garlic and rice bran oil. The nutty, somewhat-tart salsa pairs beautifully with the crisp Sonoma Coast Kutch Bohan Ranch Pinot Noir Rosé I'm sipping. The salsa embraces the wine's bright strawberry notes while enhancing the acidic and slightly earthy tones.

Chef Gonzalo Guzmán, chef/co-owner of Nopalito, comprising two restaurant locations in San Francisco, is impressing us with his upscale Mexican cuisine during an "Outstanding in the Field" meal served in a mountaintop meadow at Bohan Ranch in western Sonoma County. About 200 of us sit at a single, long, white-cloth-draped table at an elevation of about 1,400 feet, overlooking the Pacific Ocean.

We delight not only in the food, but also in the stunning views of the sea, dense forests and emerald-green vineyards—all painted by the golden setting sun.

Guzmán's family-style meal, with pairings of California wines, is beginning with an appetizer trio that includes the quesadilla, plus light, crispy taquitos filled with meat from Mary's Free-Range Chicken, based in Sanger, California, and a dainty tostadita featuring avocado and albacore. The avocado is from Brokaw Ranch, which cultivates land in the Monterey area. The flaky albacore is from TwoXSea, a San Francisco Bay Area company specializing in sustainable seafood sources.

The feast goes on for several more courses—from a salad with butter lettuce from Star Route Farms in the Bay Area to a rustic stew of TwoXSea Manila clams companioned with *chochoyotes* (little doughnutlike corn dumplings).



# POPULAR EVENTS SHOWCASE FRESH, LOCAL ITEMS

BY CAREY SWEET

We eat like this often in the Sonoma County/Napa County region, because I live in a spectacular foodshed of ranches, farms, orchards, dairies and vineyards. Some of my friends joke that I must be jaded by now, surrounded daily by such wondrous farm-to-table bounty. Except how could I be, especially as our chefs and food producers continually raise the bar, offering increasingly sensational feasts that speak so vividly to our California sense of place?

It's not surprising that the Outstanding in the Field series started in the Golden State, when OITF founder Jim Denevan began staging farm-hosted suppers in 1999 in Santa Cruz. Since then, Denevan has organized more than 1,000 alfresco dinners—in all 50 states and in 15 countries around the world. A desire to reconnect diners with the origins of their food, while honoring independent farmers and food artisans, was the inspiration for OITF, Denevan says. Year-round,

*Diners enjoy an “Outstanding in the Field” dinner in a scenic setting at Bohan Ranch in Sonoma County, California. OITF founder Jim Denevan, wearing a black shirt and a hat, is standing at far right.*

his crew travels the world to set up communal tables at family-owned farms, remote cliffside beaches, century-old olive orchards, boutique creameries, tiny wineries and wilderness mountaintops. Guests tour the properties to learn about the foods and/or wines produced there, while a top-name chef crafts his or her art in a pop-up kitchen. The success of OITF shows that food lovers' enthusiasm for the farm-to-table concept continues to grow. Restaurant meals are great, but we also want to go to the source, and dine with Mother Nature.

These kinds of dinners are available not only as part of the OITF series, but also as unrelated offerings provided by hosts ranging from farms and farmer organizations to wineries and enterprising catering companies throughout the West and across the globe. Insider tip: No matter the locale, regional-ingredient-themed alfresco dinners are extremely





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popular, so it's a good idea to reserve early. If an event is sold out this year, plan now to sign up as soon as the event dates are announced for the coming year.

## OITF CALIFORNIA

I've attended a half-dozen OITF California gatherings now, and I've found that part of the pleasure comes from the camaraderie, as

diners share stories of our favorite foods, what cooking means to us, how we support artisanal food producers and what we can do as a community to keep the farm-to-table spirit alive. The evenings typically stretch to five-hour celebrations with fellow diners who become newfound friends as servers quietly glide in and out with generously laden family-style platters.

OITF encourages guests to bring their own plates, to add a novel element to the elegant food, and as fodder for stories about our plates' meaningfulness. At one OITF dinner I enjoyed, a couple next to me brought expensive china that had been in the family for generations, while another couple proudly showed off antique enamel-covered tin plates, partitioned into three separate compartments like old school-lunch trays. (If need be, OITF can provide diners with quaint and colorful plates.)

More than a dozen OITF California events are scheduled for this fall, between Oct. 23 and Nov. 17. Alas, many are already sold out, though waiting-list reservations are being accepted. One San Francisco-area option still available as this story was being prepared for publication was the



*Above left: OITF has charming plates for diners to use, or they can bring their own. Above right: Dishes at the Bohan Ranch dinner ranged from vegetables such as asparagus and squash, with salsa, cheese and fresh cream, to a stew with Manila clams and chochoyotes (corn dumplings).*

Nov. 10 dinner at Markegard Family Grass-Fed ranch in Half Moon Bay.

In early March, OITF will release the 2020 dates, locations and chefs for its big national tour of 90-plus events taking place from May through November next year, with tickets available starting March 19.

## More in California

- **Jordan Winery:** Showcasing the winery's 1,200-acre sustainably farmed Healdsburg land, the Jordan Estate Tour & Tasting takes you into a 1-acre chef's garden to browse and taste fresh-picked bounty such as carrots, figs, persimmons and other items from plantings of nearly 100 different varieties of fruits and vegetables. Also sip the Jordan Cuvée. Take an easy hike past the miniature-donkey pasture and into the vineyards and meadows. Sample more Jordan wines, plus gourmet from-the-farm bites, at shaded spots along the way. Stroll up a gentle rise to the estate's 650-foot-elevation Vista Point, where you'll be seated in a luxury pavilion for more wine and fancy farm bites, such as estate beef nubbins with smoked eggplant. Tours run through Oct. 31 this year.
- **Kendall-Jackson Wine Estate & Gardens:** Carrots, beets, eggplant, lettuce, squash and mushrooms are just a few of the ingredients diners can enjoy at the autumn Farm-to-Table dinners, Sept. 14, Oct. 5 and Oct. 12, in the middle of the lavish 4-acre garden at the Sonoma County winery.
- **Trione Vineyards & Winery:** Dinner Under the Stars, hosted by the Trione family, will be an upscale farm-to-table meal served Oct. 13 at an alfresco communal table on a lovely lawn at the Geyserville estate. You'll savor a multi-course, farmers-market-inspired dinner, prepared by Sonoma County's Peloton Culinary & Catering company, and paired with estate wines, including exclusive library reserves. Year-round (weather permitting), you can also enjoy farm-to-table picnic-and-wine lunches in the estate vineyards (limited to 12 guests per lunch).

## OREGON

David and Chris Lawrence have owned Lawrence Farms in the Central Oregon community of Sisters since the early 1980s, and now their daughter, Sarahlee Lawrence, and her husband, Ashanti Samuels, also operate a certified-organic farm called Rainshadow Organics. The 80-acre organic farm produces more than four dozen varieties of vegetables, along with herbs, berries, mushrooms, grains, and pasture-raised animals, including pigs, chickens, turkeys and cows.

Two years ago, Sarahlee Lawrence opened a farm store and restaurant on the Rainshadow property to sell products



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produced on the organic farm, such as whole-wheat and stone-ground flour, honey, vegetables, flowers and meats. She also constructed a commercial kitchen onsite to produce goods such as tomato sauce, pickles, fermented hot sauce, sauerkraut, drinking vinegar, applesauce, plum jam and tomatillo salsa.

Through the summer and fall, the organic farm hosts alfresco Longtable Dinners, each featuring a four-course meal crafted with Rainshadow Organics products. Up to 50 guests tour gardens, meet resident chickens and pigs, and then learn during dinner about farming and artisanal food from the Lawrence family.

Naturally, the menus crafted by Rainshadow Organics chefs Wendy DiPaolo, Lindsay Mattison, Rebecca Sokol and Travis Taylor are strictly seasonal. A recent dinner featured dishes such as a soft-boiled egg with fermented-green-chile sauce, pork cracklings, farmers cheese and cured egg yolk; braised greens and gizzards with green garlic, turnips, parsnips and kohlrabi; cornmeal-dusted pork shoulder steaks with chimichurri; and a corn-and-cheese fritter with honey yogurt.

Rainshadow Organics is also starting to spotlight Oregon wineries at its Longtable Dinners, including the Longtable Dinner on Sept. 27.

For something more casual or impromptu, on Saturdays, the organic-farm restaurant serves wood-fired pizzas, and offers lunch by reservation, Wednesdays through Saturdays.



*Top: The table is set for a recent Rainshadow Organics Longtable Dinner in Central Oregon. Above: Longtable Dinner chefs Rebecca Sokol (left) and Wendy DiPaolo.*

U-pick peaches, berries and vegetables. On Sept. 7, Dinner in the Field takes place by fruit orchards. Enjoy a many-course menu showcasing farm-fresh ingredients; savor specialty cocktails from Oregon City's Trail Distilling; and sip selections from Newberg's Owen Roe Wines.

• **Luscher Farm:** The Twilight on the Farm dinner takes place each September, with an evening of strolling the fields and visiting the picturesque barn at the West Linn property, which is owned by the City of Lake Oswego. Many of the ingredients for

Twilight on the Farm come from a nearby working farm, the 47th Avenue Farm. The popular dinner is sold out this year, so plan now for next year's dinner. In addition, chef Pascal Chureau, owner of Field & Vine Events, who is preparing this year's meal, has his own farm-dinner series, with events at various Oregon farms and wineries into December.

## More in Oregon

- **Abbey Road Farm:** The Wine & Dine farm-to-table dinner-and-tour series takes place at the bucolic 82-acre organic Carlton property, southwest of Portland, on the third Wednesday of every month, from March through October. The event features a different local chef and winemaker each time. Sept. 18 spotlights the team from The Barberry seafood-and-steak restaurant in McMinnville (dishes showcase Oregon ingredients), plus Carlton-based EIEIO & Company, which specializes in sustainably produced Oregon wines. The Oct. 16 event will feature chef Ryley Eckersley of Portland's Quaintrelle for innovative Pacific Northwest-inspired cuisine, along with Sheridan's Holden Wine Company, an indie operation specializing in natural-style wine crafting.
- **Douglas Farm:** A Sauvie Island gem since the 1940s, the fifth-generation family-owned farm near Portland offers

## WASHINGTON

SnoValley Tilth is a member-based nonprofit organization supporting sustainably-grown-food production in the Snoqualmie/Snohomish rivers watershed, about 30 miles east of Seattle. Membership is open to everyone from farmers to food lovers. The organization's many activities include helping new farmers find leasable farmland and mentoring them in building an increasingly thriving local food system.



Food enthusiasts can enjoy a great feast during the annual Table to Farm Summer Dinner at SnoValley Tilth's Stuart Landing farm-incubation site, called the Experience Farming Project, in the Snoqualmie Valley town of Carnation. The meal often showcases cuisine from chef Adam Stevenson of Cedarbrook Lodge's Copperleaf Restaurant in the Seattle area.

The evening might begin with tours of several farms at the incubation site. Then it's on to a family-style, four-course, local-wines-paired dinner, with plenty of conversation with the local farmers themselves. The meal emphasizes fresh Northwest seasonal ingredients, with dish decisions finalized that very morning. A recent supper included dishes such as heirloom tomato-and-melon salad, and grilled duck confit accompanied by grilled heirloom beans, black lentils and cherry chutney. Watch for dates for next year's summer dinner.

SnoValley Tilth also holds a free potluck, the second Monday of every month, year-round, which is open to the public, and which from June to September takes place on local farms.



*The Herbfarm, in the Seattle area, serves seasonally themed, Northwest-inspired dinners.*

## More in Washington

• **The Herbfarm:** A garden tour provides an alfresco experience, followed by a seasonal, Northwest-inspired, nine-course, wine-paired dinner served at a country-elegant restaurant in Woodinville Wine Country, northeast of Seattle. Each day's menu is finalized just hours before the meal, and features ingredients from The Herbfarm's own kitchen garden and nearby farm, plus items such as Northwest-sourced seafood, wild mushrooms, heritage fruits and handmade cheeses. Also available by advance reservation is the 24-Hour

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Experience, which in addition to the nine-course dinner features morning work on the farm to help harvest ingredients, followed by lunch with the garden staff, then delivery of the ingredients and the opportunity to watch The Herbfarm chefs work on preparing the evening meal.

• **Red Rabbit Farm:** Located on Orcas Island, in the San Juan Islands northwest of Seattle, the farm hosts popular Sunday

## MORE FARM-TO-TABLE EVENTS

• **IDAHO: The Peaceful Belly** Farm-to-Fork Supper Club dinners, June through November, Caldwell (west of Boise). **Huston Vineyards** Farm to Table Dinners, June and September (Sept. 21 has a waiting list), Caldwell.

**Trailing of the Sheep Festival** Farm to Table Lamb Dinners, Oct. 9 and 10, Hailey (south of Sun Valley).

• **MONTANA: Rainbow Valley Lodge** Farm Dinners, next one Sept. 9, Ennis (southwest of Bozeman). **Seasonal Montana** alfresco Farm Dinner feasts, various Southwest Montana dates and locations each summer; also offers alfresco Supper Club dinners in Bozeman, including garden tours, with next availability Sept 11.

summer dinners that celebrate the farm's own small-batch preserves, herbs and greens, plus produce from other local farmers. Also showcased are island-raised beef and lamb; shellfish from the shore; and Northwest-grown-and-ground grains.

Suppers are served at a long table in the farm's meadow or barn, with main dishes such as braised short ribs with baby garlic, accompanied by tiny potatoes, and desserts such as berry cobbler. Plan ahead for next year, since dinners typically are offered beginning in July, and this year's last event is Sept. 1. However, the company also offers farm-to-table catering. ✈

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- Kyle Weraky MBA '17, Senior Recruitment Consultant, Oregon Department of Administrative Services, before Willamette MBA: Recruitment Manager, Metro





# LEARNING THROUGH PROJECTS

COLLEGE STUDENTS VALUE  
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BY MICHELLE WALLAR MARTIN

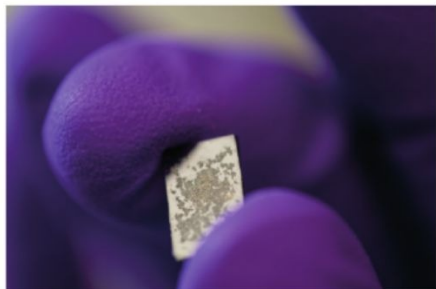
What if the key to improving battery life—an essential part of transitioning to renewable but intermittent sources of energy such as wind and solar power—can be found in the manufacture of tiny particles with orderly hollow spaces that can store or release a given substance? That's a question that University of Washington student Elizabeth Rasmussen, who is pursuing a doctorate in mechanical engineering, is addressing.

"If you can solve batteries, you can solve a lot of clean-energy problems," says Rasmussen. "Advances in solar panels, wind-related technology, hydroelectric—those are great, but if you can solve batteries, then you affect

Top right and below left: University of Washington student Elizabeth Rasmussen synthesizes metal-organic frameworks (MOFs) in the lab.  
Top left and below right: Her MOtiF Materials team's presentation at the 2019 Alaska Airlines Environmental Innovation Challenge.



## LEARNING THROUGH PROJECTS



Metal-organic frameworks (MOFs) dispersed on a silicon wafer for analysis.

the whole energy system.” That’s because energy from these renewable sources often needs to be saved for a later time or transported to a different place, she says.

Using small particles consisting of metal ions and organic linkers, and called metal-organic frameworks (MOFs), in batteries could increase the storage capacity of the batteries and also help the batteries retain that capacity for a longer period, she says. For example, her cellphone is two years old and can run for eight hours before needing a charge, which is maybe a third of the time it could run when it was new. Researchers have reported that MOF-enabled batteries, on the other hand, could be able to retain their original capacity for many years, Rasmussen says.

Just as important, she says, is whether MOFs can be made on an industrial scale, in an environmentally

friendly way. She set out to demonstrate that they could, with a project she launched for the 2019 Alaska Airlines Environmental Innovation Challenge, hosted by the Buerk Center for Entrepreneurship at the University of Washington’s Foster School of Business.

Proponents envision MOFs, first created in the 1990s, as the next big innovation in materials, Rasmussen says, but they have been time- and energy-intensive to make, and issues have arisen regarding toxicity of the manufacturing process and of the chemicals used to make the MOFs.

Rasmussen had an idea for creating MOFs in a way that would use less energy and create less waste. She pulled together a team with three other mechanical engineering students, whose skills complemented her own, to develop a low-energy MOF-production process that takes seconds versus days, with far less toxic waste than traditional methods, she says.

Their process relies on a nearly liquid form of carbon dioxide called supercritical carbon dioxide, which is considered to be nontoxic and is commonly

MATT HAGEN / UW BUERK CENTER FOR ENTREPRENEURSHIP

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Michelangelo, *The Three Crosses*, c. 1520, red chalk and wash. ©The Trustees of The British Museum

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used to decaffeinate coffee or extract essential oils from plants to make items such as scented soaps and lotions. If MOFs become less expensive and more sustainable to make, they might be used in all kinds of new applications, ranging from medicine delivery to capturing greenhouse gases, Rasmussen says. The team's goal is to create a near-zero-waste MOF manufacturing system, and she believes it's possible.

For the Alaska Airlines Environmental Innovation Challenge, the team, called MOtiF Materials, narrowed the focus to MOFs that improve batteries. The team members used their new MOF-production process to create a fully functional prototype reactor that rapidly synthesized MOFs to be used in batteries. These MOFs could greatly extend battery life over traditional batteries on the market today. The team's hard work and successful collaboration earned them the \$15,000 grand prize. Rasmussen plans to continue her work on MOFs and to possibly start a company once more research is complete.

The process of entering the competition chal-

lenged Rasmussen to bridge the gap between academia and the real world. She learned about topics not covered in her engineering classes, such as market structure and communication. As she and her team learned about crafting a clear description of the project, they literally went through 30 revisions of their succinct "elevator pitch" summary, she says. This had a pleasant side effect—the next time she went home, she knew exactly how to respond when her mom asked her what she'd been up to.

Many college students such as Rasmussen are benefiting from project-related learning that adds the authenticity of experience to the authority of textbooks. Here's a look at how students from several universities have gained new knowledge and skills, and boosted their opportunities for career success, through special projects.

### **University of Nevada, Reno**

**Megan Price** was a junior pursuing a degree in marketing and a minor in entrepreneurship at the



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University of Nevada, Reno in 2017 when the professor of Entrepreneurship 401 asked students to offer ideas for projects that class members could pursue in groups. Price volunteered an idea that was accepted, and three other students joined her team.

Price and her sister, Abigail, at the time preparing to enter Stanford as an engineering student, already had a patent filed with the U.S. Patent and Trademark Office for their innovative strength-training machine. Their invention, called FitnesSpiral, after a special spiral that is part of the machine's fulcrum system, doesn't need weights but instead allows the user to lift a percentage of his/her own body weight. The user simply stands on the machine's platform and pulls the handle of a cord connected to the fulcrum. The amount of resistance varies based on where the user is standing. Workout data is captured by the user's smart device and becomes part of a digital social platform that allows the user to connect remotely with other "FitnesSpiralers" who are exercising at the same time. The sisters had even formed a FitnesSpiral com-

*Abigail Price uses a prototype of the innovative exercise machine she and her sister, Megan Price, invented.*



FITNESSPIRAL

pany. Through the entrepreneurship-class project related to the invention, Price evaluated what it would take to make the fledgling company successful. She learned how to write a business plan and how to present it well so that her ideas would be taken seriously.

In early 2018, after the entrepreneurship class, she entered the 2018 Sontag Entrepreneurship Competi-



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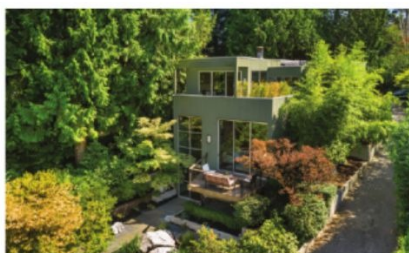
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## LEARNING THROUGH PROJECTS

tion, which is open to all UNR students. The competition included business and marketing plans, and projected financials, and ended with a presentation to a live audience. In April 2018, Price was named the winner, and she received a \$50,000 prize that she and her sister are using to continue work on their startup. They hope to begin fitness-machine sales next year.

Price, who graduated in December 2018, says the knowledge she gained through the competition has been helpful as she begins her career as an entrepreneur. "I learned business etiquette and how to interact with business professionals; I gained skills in public speaking; and I learned how to effectively answer judge and audience questions. It also gave me the opportunity to build connections and network with other entrepreneurs in my community."

## Pacific University

In one of David Seicianu's classes in The College of Business at Pacific University in the Portland, Oregon, suburb of Forest Grove, the professor signed the students up for an online business-simulation competition. The instructor divided the class into teams of two or three students based on complementary skills. Each team was charged with leading an imaginary digital-camera and drone company the team had to create. The students had certain virtual resources and rules to work within as they competed against their classmates.

The game lasted a semester and simulated 10 years of business. Seicianu and his partner decided to focus on offering good-quality digital cameras and drones at a lower-than-average price. Each week they had to make important decisions that would affect the success and viability of their virtual company. Seicianu, who graduated in May with a bachelor's degree in business management and also a bachelor's

degree in Spanish, says he became familiar with income statements and balance sheets. He saw how changing the amount of money they spent on advertising and marketing positively impacted sales. "I started looking at how investors would look at a company," Seicianu says. "It really made me think about what it means to be an executive."

He became aware of investor expectations and how he needed to meet them. After each decision, every team would receive a score—an aggregate

**'I learned leadership skills and communication skills, [and] how to understand financials.'**

based on performance areas ranging from earnings-per-share growth to brand reputation. Based on the score, the teams could make any necessary changes in their strategies before the next week's decision deadline.

Seicianu experienced a challenge that occurs in real-world companies: He and his partner did not always agree on their next steps. He often had to do the hard work of explaining and defending the choices he wanted to make—which he sometimes found frustrating and sometimes found rewarding.

"I learned leadership skills and communications skills, how to understand financials and how to coordinate with people," he says. "I can analyze data and make decisions based on that. I also gained an appreciation for the challenge of creating value for stockholders while having strong ethics."

All these professional skills are transferable to the workforce, says Seicianu, who accepted a customer-relations-related contract position at a prominent athletic-apparel company after he graduated. "Understanding





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Tommy Sheridan, once considered an “outsider” by Alaskan standards, is now forever linked with America’s 49th state. His life’s work is there – nearly 20 years in the seafood industry. He met his wife on a ferry to Juneau, and their family has planted roots firmly in the ground. “I can’t see myself ever leaving,” he says. And to advance his career, he didn’t need to. He enrolled with Oregon State University Ecampus and earned a graduate certificate and a master’s degree in fisheries and wildlife 100% online.



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## LEARNING THROUGH PROJECTS

corporate systems and demands is very helpful,” he says.

### University of Washington Tacoma

**Kinal Shah and her husband, Parth Shah**, each earned a Master of Cybersecurity & Leadership degree from the University of Washington Tacoma last year. The program covered many of the technical aspects of protecting computers, networks, programs and data from unauthorized access. The students also needed to learn skills such as effectively communicating technical ideas to layperson decision-makers, and listening to customers and potential customers to better understand their needs.

A capstone project during the 10 weeks of the students’ final school quarter required further development of technical and communication skills. The couple worked with another student to create a software program—a master tool—for a hypothetical midsize company that would likely have a website, a significant amount of digital data and a number of computers that the company needed to secure, but might not have the resources of a larger company to devote to the effort.

The Shahs had to think critically about what the company’s needs might be and create a software program that would be simple and inexpensive, yet would work well. They built a tool that could run several different free open-source programs. The company could run this one “umbrella” tool to do several tasks, such as look for vulnerabilities in the company’s website or sense unwanted activity on the company’s computers. Drawing upon all the skills the students learned, they explained the benefits of their software tool



and defended it to their professor.

Kinal Shah says the degree program and capstone project helped her hone her technical skills, which she parlayed into a job right out of school as a compliance analyst for a global retailer. It's her job to help make sure the company meets industry standards for keeping customers' credit-card information and other sensitive data secure. And the critical thinking and communication skills she gained in school have helped her successfully work with outside auditors and company employees, she says. "I bridge the gap between businesspeople and the technical people."

Parth Shah says that he already had a strong technical skill set when he entered the degree program, but through the capstone project, he also mastered some coding techniques that can be used to control other software, and he learned ways to automate several scanning tools that can be used to find bugs and vulnerabilities in software. Throughout his master's degree program, he continued to work full time as a cybersecurity engineer at a large wireless-communications company, where he secures handsets and devices, and strengthens the security of various projects throughout the company's carrier network.

Now he is pursuing his doctorate through a program that allows him to continue his full-time work. "I'm taking on some strategic projects and positioning myself for a bigger role in my company," he says, noting that the capstone project, master's program and Ph.D. program are all extremely valuable in meeting his career goals. ✕

*Michelle Wallar Martin writes from the Seattle area.*



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# HAWAII'S FRESHWATER WONDERS

A PRECIOUS RESOURCE PROVIDES OUTDOOR  
ADVENTURES IN THE ALOHA STATE BY ERIC LUCAS

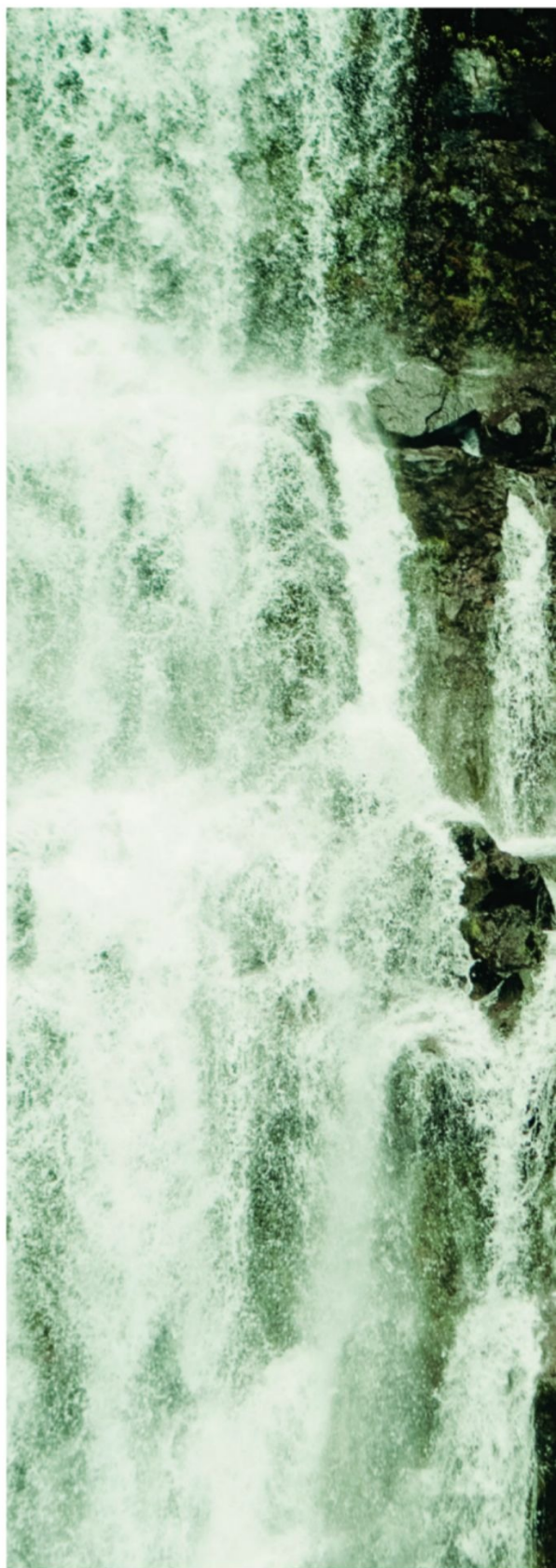
THE MORNING AIR IS SOFT AND STILL, and only the tweets and rustles of tropical birds crease the quiet. The river's malachite-colored water glimmers like glass as shafts of sun thread through the forest canopy. When I stop and rest my paddle on my kayak's prow, there's not a hint of civilization, and I might be hundreds of miles into a South American jungle.

In fact, I'm a half-mile inland from the north shore of Kaua'i, Hawai'i's Garden Isle, enjoying the natural element that makes the island so verdant. Oldest and westernmost of Hawai'i's main islands, Kaua'i receives glorious sun but also prodigious precipitation, especially in its highlands. This rainfall flows down from the heights to create

the island's enchanting waterways—including the Kalihiwai, the river I'm paddling on this morning. This trip is as mellow and refreshing an experience as I've had in Hawai'i. Nothing dramatic takes place; instead, these few hours exemplify what Thoreau called "moments when all anxiety and stated toil are becalmed in the infinite leisure and repose of nature."

So, becalmed, I study a thousand shades of green in the fronds above me that reach out over the river.

Despite the tremendous 450 inches of annual rainfall on Mount Wai'ale'ale, whose peak is more than 5,000 feet above and 10 miles inland from the river's mouth, the current becomes







FROM LEFT: ZEV FISHER; HEATHER GOODMAN / HAWAII TOURISM AUTHORITY (2)

mild by the time the water reaches the lowlands, so my paddle upriver (to a point beyond which is private land) is easygoing, as is the float back down.

After I return to the little park that fronts the river's namesake beach, I pull the kayak ashore and indulge in another form of refreshment, taking advantage of a rope swing beside the freshwater lagoon near the coast. I'm living in this moment, not presuming the swing will even be here the next time I visit. My plunge into the river is instantly cooling.

**Hawai'i is one of those places** where water matters most. One interpretation of the state's name is that its middle part, *wai* (a Hawaiian word with multiple meanings, including "water") suggests the centrality of freshwater resources to life in the Islands.

Kayaking on a river is just one of the many ways to enjoy—and savor—this natural marvel in the Aloha State. Among the many freshwater activities to enjoy in Hawai'i, you can ...

- Relax on a boat tour up Kaua'i's broadest river, the Wailua, or head up this river on a paddleboard or kayak. Add in a side-trip hiking journey (about 2 miles roundtrip) to Secret Falls and plunge in the waterfall pool there.
- Rappel beside or within a waterfall, on guided trips on Hawai'i Island or Maui.
- Tube or kayak down an irrigation flume on Kaua'i or Hawai'i Island.
- Sink your toes into the muddy bottom of a taro patch that relies on ample freshwater—or just savor *poi*, the staple of the Islands made from taro.
- Peel and enjoy coconut shrimp cooked by one of the vendors on O'ahu's East Shore—the shrimp are grown in spring-

*Hawai'i freshwater activities include (from far left) exploring an old irrigation flume on Hawai'i Island; rappelling on a guided tour at Kulaniapia Falls on Hawai'i Island; and harvesting taro on Kaua'i.*





fed ponds nearby. So are the tilapia found on menus around the Islands.

- Venture upland—if you are an intrepid explorer with a valid fishing license—to catch rainbow trout in a public fishing area in Kōkeʻe State Park on Kauaʻi. These fish are not native, but the state stocks an upcountry reservoir for seasonal fishing (mid-June through September this year). Angler success is pretty good—last year more than 20,000 trout were caught, with the largest fish surpassing 3 pounds.

- Marvel at the dozens of waterfalls that you can view and—in some places—hike to for a memorable swim. One such opportunity occurs upriver from where I went kayaking, accessed via Princeville Ranch's property along the Kalihiwai River. The ranch offers guided day tours to visitors, with the chance to hike or ride horseback to Kalihiwai Falls, where guests plunge in





*Kalihiwai Falls, on Kauaʻi, is accessed via Princeville Ranch's guided tours.*

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PETER BRADYHOUSE

## HAWAII'S FRESHWATER WONDERS

the brisk waters that cascade from the cloud-wreathed slopes above. Similar waterfall experiences are available on O'ahu, Maui, Moloka'i and Hawai'i Island.

**For all the understandable focus** on beaches and the Pacific Ocean that bounds the land on all sides, Hawai'i's freshwater resources have been and remain just as crucial to life in the Islands. More than 2,000 miles lie between this archipelago and the U.S. mainland. By the time easterly trade winds embrace Hawai'i's mountains, these winds have come a long way over ocean, picking up moisture en route.

There are clear geographical distinctions in Hawai'i between inland environments that are dominated by freshwater and coastal environments defined by proximity to saltwater, but the two are connected. Raindrops that fall on Mount

Wai'ale'ale, as well as raindrops and occasional snowflakes on Haleakalā and Mauna Kea, are born from Earth's biggest ocean. Prevailing trade winds blow from the east-northeast into the Islands, and, as the air climbs volcanic heights, water is wrung out in colossal cloudbursts via a phenomenon called orographic lift.

Mount Wai'ale'ale is among the wettest places in the world; so are the West Maui Mountains and the windward slopes of Hawai'i Island. Each gets, on average, up to 400 inches of rain a year, and more than 600 inches in some years. In fact, one amazing year, 1982, brought 705 inches of precipitation to the highest ridge in the West Maui Mountains, Pu'u Kukui. That is almost 59 feet of water—more rain than a five-story building is tall.

As it happens, West Maui ridgetops are at about the elevation where warm, moist

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'Akaka Falls State Park offers hiking with views of picturesque waterfalls.

## FALLING WATERS

Towering mountains, abundant rain, numerous watersheds—Hawai'i has all the ingredients for waterfalls. Here are some popular waterfall experiences.

**Hawai'i Island:** Waiānue Falls, at the edge of the city of Hilo, is aptly nicknamed Rainbow Falls; a viewpoint nearby offers nearly constant photo-ready vistas. Near Hilo, adventurers

can rappel down the privately accessed Kulaniapia Falls, led by experienced guides. Farther north along the Hāmākua Coast, a short trail in 'Akaka Falls State Park offers views of two waterfalls, including the namesake 442-foot 'Akaka Falls.

**Kaua'i:** Princeville Ranch offers guided excursions to Kalihiwai Falls, either on foot or on horseback. These trips (about 4 miles, over varied terrain) include a

lunch and the chance to swim beneath the waterfalls. To reach 300-foot Hanakāpī'ai Falls, near the Nāpali Coast, visitors must now take a shuttle from Hanalei to the trailhead at Kē'e Beach and then day-hike along and up to the falls (8 miles roundtrip). Hikers need permits and reservations in advance, and should heed all cautions about hazards on this popular route.

**Maui:** Twin Falls is one of the dozen or so cascades along the Hāna Highway; the property owners also run a farmstand. Past Hāna, the Pipiwai Trail leads to two falls, Waimoku and Makahiki. Check ahead for rental-car rules and road conditions; tours are also available. Rappel Maui

has excursions to a private waterfall where guests rappel down cliffs and through waterfalls. No Ka Oi Adventures has a Hidden Waterfalls Adventure that explores secluded falls, with opportunities to swim.

**Moloka'i:** Hālawa Valley is a cultural preserve at the island's east end where guests learn about taro and take a guided hike to Mo'oula Falls in the upper valley.

**O'ahu:** Waimea Valley is a preserve on the North Shore; the valley's namesake 45-foot falls are accessed via an easy ¾-mile stroll through botanical gardens, and swimming is allowed, depending on the weather. —E.L.

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incoming trade winds meet colder, drier air, condensing into the familiar cloud "halo" at 5,000 feet or so that is present on virtually every mountain in the Islands, almost every afternoon. For the most part, if you want to see Hawai'i's big mountains, your best chance is in the early morning when trade winds are light and clouds have yet to form.

**Along with shaping the land,** abundant rainfall has influenced the course of human history in the Islands—making life not only possible but also reasonably prosperous for Hawai'i's first inhabitants. Centuries ago, when Polynesians arrived in Hawai'i from distant South Pacific isles, they brought with them agricultural staples they would need for their new homeland. Among them was taro—*kalo* in Hawaiian—most forms of which are grown in water-holding paddies. The islands were divided into triangle-shaped districts peaking at a mountaintop and widening toward shore. These sections, called *ahupua'a*, usually aligned with the watershed of a stream that supplied drinking water and irrigation for the area's taro patches. In drier locales, Hawaiians dug ditches to bring water across the slopes to their fields. And in flatland locations near shore, they built freshwater fishponds in which they practiced aquaculture.

"Our cultural heritage is inextricably tied to our natural resources," a Hawaiian elder once told me, explaining the continuing reverence for old *ahupua'a* land divisions, whose triangles still align with slopes on every island. Their historical names persist in place names, such as Kapa-lua and Lahaina on Maui; some subdivision and lot lines on Hawai'i Island follow *ahupua'a* boundaries.





Centuries after Polynesian settlement, when American colonists set out to establish industrial agriculture in the Islands, sugar cane became the most prominent crop; like taro, sugar cane needs water, so in the late 19th century, plantations expanded traditional Hawaiian irrigation systems and built long canals on the middle mountainsides of the four main islands. These channels were larger, longer and more heavily engineered than the older ditches, with embellishments such as trestles to carry irrigation flumes over gullies, and tunnels to allow passage through tall bluffs. The ditches provided the means to turn Hawai'i into an agricultural powerhouse.

*Twin Falls, on Maui, is one in a series of cascades found along the famed Hāna Highway.*

Sugar production eventually moved on to other parts of the world. But ditches remain, and on Kaua'i and Hawai'i Island they have become venues for a unique freshwater attraction—flumin', as it's called. In Hawai'i Island's Kohala District, for example, visitors board sit-on kayaks for a float down the Kohala Ditch, re-inventing an old local children's pastime.

"Back in the plantation days, the kids were the masterminds of this recreation," says Bernelle Camara, general manager of Flumin' Kohala in Hawi, on Hawai'i Island's far northern shore. "They'd grab anything that floated, hop in the ditch, cool off on hot summer days."

Today, Flumin' Kohala operates with a lease from the Kohala Ditch Company, which still provides water to local agricultural operations, such as Kuleana Rum Works, a company that has revived sugar



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## HAWAII'S FRESHWATER WONDERS

cane agriculture to make its spirits. The ride covers 2.5 miles, and the Flumin' Kohala guides provide their guests with a grounding in the history of agricultural irrigation, as well as the broader history of Kohala, the homeland from which Kamehameha I conquered the Islands to create the Hawaiian kingdom.

Like many other Kohala residents, Camara is proud of the area's royal heritage. She points out that Kamehameha I was a ditch builder, too, creating canals that supplied water to his favorite taro patches.

Another iconic figure, adventure writer Jack London, marveled at the Kohala Ditch when he toured its headwaters with his wife, Charmian, in 1916. As Charmian wrote in her book *Jack London and Hawaii*, Jack was taken with how engineers had diverted runoff from high up "in the clouds" and put to use this incredible liquid resource: "Do you get the splendid romance of it?" he reportedly said at the time.

**Once, long ago**, I made my way to the foot of a Hawaiian waterfall. Walking through quiet bamboo forests, watching for songbirds, listening to the babble of the stream, I was primed for magic in advance. Swimming to the spot where the waterfall entered the pool remains one of my most memorable experiences in more than 30 years of visiting Hawai'i.

Do I get the romance of it? Anybody can, in these rain-blessed Pacific islands where water is life. ✈

*Eric Lucas lives on Washington state's San Juan Island, which has no significant waterways.*

Alaska Airlines ([alaskaair.com](http://alaskaair.com)) offers daily service to Hawai'i Island (Kona), Kaua'i, Maui and O'ahu.



# 5

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1

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2

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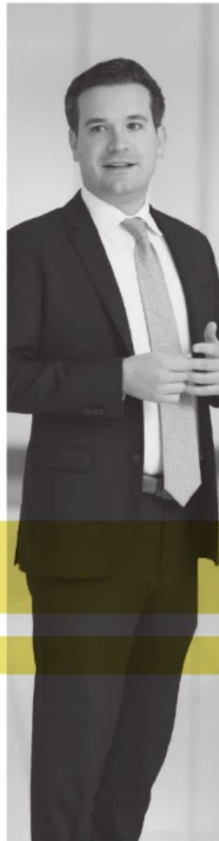
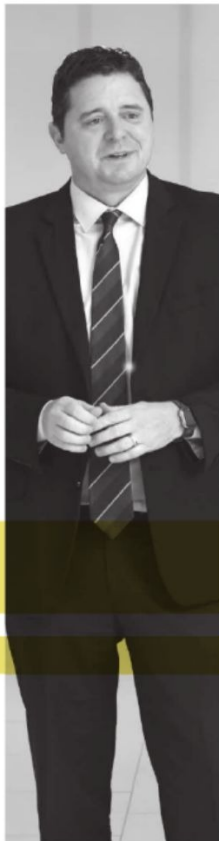
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# AUTUMN IN BIG D

Dallas offers plenty of fun fall attractions

By Leah Shafer

» My 2-year-old son, Brooks, laughs as he jumps from one hay bale to the next in the dappled sunshine filtering through the arching shade trees. The shafts of light illuminate his red hair, which is the same shade as many of the 90,000 gourds, including pumpkins and squash, that make up Pumpkin Village at the Dallas Arboretum and Botanical Garden.

The village, where seemingly everything is made of gourds, is a magical highlight of the Autumn at the Arboretum Festival, running from September 21 to October 31 this year.

Moms, dads and grandparents have cameras out, snapping pictures as little ones pose next to pumpkins that are often larger than the little tykes.

The festival also includes thousands of different-colored pumpkins and other gourds that are artfully arranged into patterns and sculptures. Multiple small cottages are constructed with hay-

thatched roofs and pumpkin-and-squash walls. Nearby are topiaries in the shapes of characters from the comic strip *Peanuts*, including a Great Pumpkin made of marigolds.

Brooks and I wander into other parts of the arboretum to explore more of its 66 acres on the shores of White Rock Lake in East Dallas. One of the top botanical gardens in the world, the arboretum includes about 150,000 fall flowers and other blooming plants, including 4,500 chrysanthemums blooming in the autumnal colors of ruby, orange and ocher.

We stroll through a series of beautiful gardens, marveling at rock hardscaping, waterfalls, ponds and bronze sculptures that are surrounded by lush plants and blooms. The leaves on the Japanese maples blaze with brilliant orange and red. As we walk by the lake, we see three kayakers paddle by, and two white egrets fly close to the water's surface. In the



» Clockwise from left: The Pumpkin Village is a favorite autumn activity at the Dallas Arboretum and Botanical Garden. The Winspear Opera House's 3-acre park and reflecting pool is a popular Dallas gathering place. CiboDivino Marketplace restaurant offers excellent brunches, with outdoor seating.



# NEAR & FAR»



FROM LEFT, DALLAS ARBORETUM AND BOTANICAL GARDEN: NIGEL YOUNG / FOSTER + PARTNERS; KATHY TRAN / CIBOLINO MARKETPLACE

distance are the skyscrapers of downtown Dallas. Who would guess, sitting in this quiet green oasis, that the heart of this bustling city of about 1.3 million people is only about 6 miles away?

## Exploring Big D

Dallas is known for its world-class entertainment, museums, restaurants and shopping. Land at Love Field Airport and you're just a little more than 6 miles from downtown's Dallas Arts District, which spans 68 acres and is described as the largest contiguous arts district in the country. The area is full of attractions, including the beautiful Winspear Opera House, with its 60-foot-tall glass facade.





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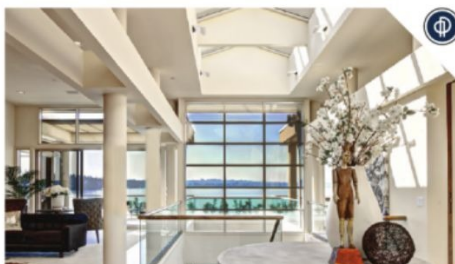
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The building is surrounded by a 3-acre park, which includes a reflecting pool. At the Dallas Theater Center, you can see *In the Heights* starting September 21, a Tony Award-winning musical written by Lin-Manuel Miranda, of *Hamilton* fame.

On the west side of the district are two internationally acclaimed institutions, the Dallas Museum of Art (DMA) and the Nasher Sculpture Center. One of the largest art museums in the country, the DMA has more than 24,000 works from around the world that span 5,000 years of human history. DMA is hosting the exhibit “The Fifty-Three Stations of the Tōkaidō” through November 10. The exhibit features works by one of the great masters of the Japanese landscape woodblock print, Utagawa Hiroshige. After seeing the exhibit, stop for a cup of green tea in the museum’s Hamon Atrium, which contains large windows that are adorned with colorful glass creations by Dale Chihuly.

Across the street is the Nasher Sculpture Center. The museum’s collection includes more than 300 masterpieces by artists such as Calder, de Kooning, Giacometti, Miró, Picasso, Rodin and more. The outside grounds include a 2-acre sculpture garden that displays about 20 pieces at any given time. The works are set among groves of trees, stone walls, walkways and ponds. The museum’s monthly “Til Midnight at the Nasher” is being held on September 20, from 6 p.m. to midnight, with a free music concert and film in the garden, as well as museum tours, activities and games.

From the Nasher, take the one-block walk to Klyde Warren Park, a 5.2-acre deck park and urban green space built over a recessed freeway. You can take part in tai chi classes, play croquet and listen to live music. There are plenty of options for a meal, including food trucks, gourmet burgers at the Relish kiosk and dinner at the glass-walled Savor restaurant.

A few blocks from Savor is the Perot Museum of Nature and Science. The mu-

» Landscape woodblock art by Japanese master Utagawa Hiroshige, right, is on display at the Dallas Museum of Art. People enjoy dining at Wheelhouse’s covered courtyard, below.



seum’s five floors house 11 permanent exhibits, with hands-on activities, interactive displays and educational games. You can see dinosaur fossils and skeletons, including an *Alamosaurus* and a *Tyrannosaurus rex*. You can also experience a simulated earthquake and put your hand inside a tornado simulator to feel the airflows as the twister forms.

## Shopping and Dining

Dallas is known for its high-quality shopping. If you are in the mood to shop, be sure to visit the original Neiman Marcus

department store in its downtown location. The store offers impeccable customer service, high-end brands and a lavish interior. Take dining to the next level at the store’s The Zodiac Room restaurant, where the popovers are legendary.

Shoppers and architecture aficionados alike will appreciate Highland Park Village, located about 5 miles north of downtown. This Mediterranean Spanish-style development constructed in 1931 is considered America’s first outdoor shopping center and today is a National Historic Landmark. From Fendi and Forty Five Ten







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to Frédéric Fekkai and Frame, the stores and shops are carefully curated to showcase the finest products. While at the village, dine at a Dallas institution, Cafe Pacific. The menu never disappoints. I suggest trying the three-onion-crusted sea bass with grilled corn risotto, green beans, carrots and an ancho cream sauce.

Patio brunches are a way of life in warm, sunny Dallas. In the Uptown District, Henry's Majestic restaurant has a spacious and shaded patio, and is a popular spot for locals, with 24 beers on tap.

Wheelhouse, a trendy restaurant in the Dallas Design District, boasts a covered courtyard and a brunch that includes blueberry pancakes

with whipped lemon ricotta and house-made blueberry syrup. In West Dallas, enjoy excellent Italian fare on CiboDivino Marketplace's large patio.

When evening arrives, get a feel for the Texas honky-tonk scene at Cowboys Dancehall in Northwest Dallas. Dance lessons are available Wednesday, Thursday and Friday nights at 7 P.M. You can learn the Texas two-step and other popular Lone Star State moves. Another fun nightspot is the historical Bishop Arts District, a fashionable destination located in North Oak Cliff, less than 4 miles south



» *The Boulevardier bistro is known for its Bar N Ranch Texas wagyu steak frites, above. Twice a day, Longhorn steers are herded down East Exchange Avenue in Fort Worth, below.*



#### AT A GLANCE

##### Hidden gems:

- Thanks-Giving Square in downtown Dallas includes a sunken garden, walking paths, historical exhibits, artwork and the Thanks-Giving Chapel, above, an interfaith chapel with gorgeous stained-glass windows that augment its spiraling ceiling.
- Enjoy some of the best views in Dallas by walking across the Margaret Hunt Hill Bridge, at right, a cable-stayed suspension bridge spanning the Trinity River. The bridge features an arch that is 400 feet tall.

##### Where to go first in town if you're a...

- ... **Foodie:** Visit renowned chef Matt McCallister's Home-wood Restaurant in the Oak Lawn area of Dallas.
- ... **Family:** The Dallas Heritage Village boasts buildings and furnishings that date back to the period of 1840–1910.
- ... **History buff:** The restored Old Red Museum of Dallas County History & Culture was built in 1892 as a county courthouse, and houses some of Dallas County's most noteworthy artifacts.

##### ... Lover of popular culture:

Visit Southfork Ranch, the set for the Ewing Ranch in the long-running TV series *Dallas*. Tours depart from the visitor center every 45 minutes and run throughout the day.



**Distinctive dish and where to find it:** Pit-smoked Texas barbecue at its best at Pecan Lodge in the Deep Ellum District. The lodge's beef ribs average about a pound per serving.

**What to take home:** Wild Bill's Western Store in Dallas' West End is famous for its Western boots, clothing and hats. If you are looking for a classic Stetson, this is the place to go. —L.S.



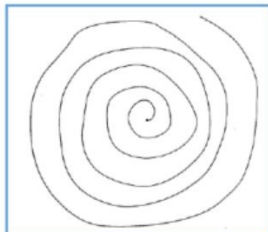
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## » NEAR & FAR DALLAS

of downtown, and home to more than 60 independent art galleries, boutiques, bars and restaurants. The district's French-inspired bistro Boulevardier is known for many dishes, including its Bar N Ranch Texas wagyu steak frites. After dinner, visit Emporium Pies for some of the best slices anywhere. A favorite dessert is the Drunken Nut, a Texas bourbon pecan pie.

About 5 miles north of downtown, on the campus of Southern Methodist University, is where you'll find the George W. Bush Presidential Library and Museum. The facility contains a powerful exhibit detailing the September 11, 2001, terrorist attacks. Other exhibits describe life inside the White House during the Bush presidency. There is even an exact replica of the Oval Office.

To be immersed in the cowboy culture, travel 40 miles west to the Fort Worth Stockyards National Historic District. Twice a day (11:30 A.M. and 4 P.M.), cowhands drive a herd of Texas longhorns down the district's East Exchange Avenue.

You can also see a rodeo, dine at one of the city's many restaurants and listen to music at locations such as Billy Bob's Texas, which proclaims itself the "World's Largest Honky Tonk."

Sipping a beer and listening to country star Lee Brice at Billy Bob's might even inspire you to learn the Texas two-step. ✈

*Leah Shafer writes from Dallas.*

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# SOAKING UP THE SPLENDORS OF ICELAND

A unique fusion of geologic marvels, Nordic sensibilities and international style

By Shannon Wianecki



» On my last day in Iceland, I found myself afloat in a mountain river that runs hot, not cold. Before visiting this far-north wonderland, I didn't even know geothermal rivers existed—but Iceland is steeped with such strange magic. The land of fire and ice bears witness to Earth's extremes: active volcanoes hide beneath ice-blue glaciers. The midnight sun stays up all summer then vanishes for months. Psychedelic colors periodically streak dark skies. Cartoonish puffins hurl themselves from basalt seacliffs into the surf, and Icelandic horses are distinguished by wiry beards. Everything about this nation rimmed by deep, dramatic fjords feels both edgy and adorable.

The steaming Varmá River threads

through the Reykjadalur Valley, a fantasy-scape of rolling hills, waterfalls and geothermal pools, just 45 minutes outside of Reykjavík, Iceland's capital. I had huffed up a steep, cinder footpath into the valley, shedding woolen layers as I climbed. Weather in Iceland can be bone-chilling, even in summer, but this particular day was warm and sunny. I passed wide swaths of wildflowers and steaming hot springs ringed by multicolored mosses—several species endemic to this region. I paused to take in Djúpagilsfoss, an enormous cascade tumbling down a rock gorge. Signs farther up the trail warned hikers away from a small, bubbling gray pool that looked very much like a witch's cauldron.







At last I reached the Varmá, a wide, shallow river that exhaled wisps of steam as it meandered down the hillside. By Icelandic standards, it was crowded: A few dozen people were already happily submerged in the warm currents. In fact, this once little-known hinterland now gets enough visitors that Icelandic authorities built wooden paths along the soft riverbanks. The planks prevent erosion and offer a dryish spot for towels and backpacks. Over the years, bathers have stacked rocks to make little dams that create pools and eddies up and down the river. Aside from these few intrusions, the valley is still raw and wild. For better or worse, there are no park rangers, porta-potties, or souvenir kiosks.

I settled into a small pool separated by a rock wall from the main flow of the river. To my intense delight, I discovered that my personal spa came with a trickle of cold water pouring in from an underground spring: The mix of hot and cold was sensational. I needed only to shift slightly to alter my temperature. Floating on my back, I watched the clouds perform a saga overhead. Aah ... Valhalla! This, my friends, is the pivotal moment in the



» *The Reykjadalur Valley is a steaming geothermal park area in Southern Iceland that rewards a short hike with a good, hot soak. Grazing sheep seem everpresent in the Icelandic landscape.*







» Reykjavík's notable landmarks include the Hallgrímskirkja cathedral (above) and the Blue Lagoon (above right). The city's skyline (below) is a broad sweep of brightly colored roofs.

fairytale, that fateful point at which the protagonist becomes so spellbound by the local enchantments that she forgets all earthly responsibilities, and spends eternity as a blissed-out river sprite.

Fortunately (or not) my phone's alarm buzzed, reminding me to hike back to the car and catch a plane home.

### Reykjavík: Smoke Bay

Tucked into the southwest corner of Faxa Bay, Iceland's capital feels more like a cozy seaside town than a lively metropolis. The Reykjavík skyline is a crayon box of colored corrugated steel roofs. The city is supremely walkable and known for being safe at all hours. A compact grid of streets fans out between a few notable landmarks. Hallgrímskirkja, the monolithic cathedral designed in the late 1930s by Iceland's state architect Guðjón Samúelsson, can be admired from most points downtown. The glass-domed Perlan museum perches on a hill, and the multifaceted exterior of the Harpa Concert Hall and Conference Centre glitters beside the bay.

Wool hats and scarves are essential accessories in Iceland, which is chilly



### DID YOU KNOW?

Once dependent upon peat and imported coal, Iceland now leads the world in renewable energy use. Geothermal and hydroelectric power stations meet roughly 85% of the nation's energy needs.



CLOCKWISE FROM TOP LEFT: SHUTTERSTOCK.COM; FRANKREPORTER / GETTY IMAGES; KEON GAGGREAT / SHUTTERSTOCK.COM; PORTRA EHF / APOTEN; SHUTTERSTOCK.COM





year-round (average daytime highs range from 57°F in July to 36°F in January). Nonetheless, every Icelandic neighborhood and village has its own *sundlaug*, or public pool—proof of the country’s native ingenuity. These popular facilities use the abundant geothermal energy to heat lap pools, soaking tubs, steam rooms, saunas, bubbling fountains and even waterslides for the kids. The most famous pool is the ethereal Blue Lagoon, a milky turquoise lake bordered by a jet-black lava field. This luxurious destination sits roughly midway between Keflavík Airport and Reykjavík. Book a soak well in advance, and visit on your way to or from a flight.

Reykjavík’s city pools are social hubs. The largest, Laugardalslaug, is a small amusement park, with water slides and a miniature golf course. Sundhöllin is the oldest and grandest *sundlaug*—another one of Samúelsson’s iconic designs. This recently renovated “swimming palace” offers indoor and outdoor pools, hot tubs and an ice bath. Speaking of icy, adventurous bathers can dip into the North Atlantic at Nauthólsvík, a geothermal beach on the south side of the city. The seawater in the humanmade lagoon is heated only slightly, while the adjoining hot tubs and steam rooms are toasty.

The streets of Reykjavík teem with



#### AT A GLANCE

##### Popular attractions

- The Blue Lagoon is en route to Reykjavík from the airport. Reserve a spot online well in advance.
- In Reykjavík, orient yourself from the top of Hallgrímskirkja’s church tower; wander north toward Faxe Bay to tour the Harpa Concert Hall; and explore the nearby Old Harbor area’s renovated fish sheds, now home to shops and restaurants.
- Shop for local delicacies at Kolaportið flea market.

##### Where to go first if you’re a ...

... **Foodie:** Sip coffee with locals at Café Haiti. Check out Snaps for Icelandic specialties—arctic char, steamed mussels and langoustine—in a chic bistro setting. Fish Company / Fiskfélagið deconstructs local staples such as trout tartare and lamb shoulder and dresses them in an assortment of foams, pickles and savory ice creams.

... **Nightclubber:** Take advantage of the midnight sun; indulge in Reykjavík’s nightlife at Austur—a sleek nightclub open until 4:30 A.M.

... **Vikings fan:** Explore Icelandic history since the medieval Settlement Era at The National Museum of Iceland.

**Lodging:** Kex, a biscuit factory turned budget hotel, is a trendy hangout for

travelers of all ages. Dorms and private rooms are cheap and clean; common areas are cleverly decorated. The restaurant is one of the city’s best. Apotek Hotel, designed by architect Guðjón Samúelsson, was once a pharmacy and is now a boutique hotel with modern rooms and impeccable service.



**Distinctive dish:** After you’ve savored the ubiquitous Icelandic *skyr* (yogurt best enjoyed with fruit and berries and *pylsa* (organic lamb and beef hot dogs), try *Harðfiskur*, which means dried fish. Most often made from air-dried cod, it is considered a healthy alternative to chips or popcorn, enjoyed with salted butter as a snack.

**Sports team to cheer:** The Iceland National Football Team captured the imaginations of soccer underdog fans in the last two FIFA World Cup competitions and UEFA Euro 16.





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creativity. Imaginative murals decorate the sides of shops and cafes, and nearly every residence has a Nordic sculpture or two displayed on the windowsill. Reykjavík hosts numerous art and music festivals. Headliners include international and Icelandic stars, such as Björk and Sigur Rós. The city is still small enough that it's not unusual to run into one of these local luminaries—or even Iceland's president—at a sundlaug or cafe. Jónsi, the vocalist for Sigur Rós, often can be found at Fischer, the stylish apothecary/boutique/art studio he recently opened downtown.

For a small city (217,000 residents), Reykjavík boasts a surprisingly vibrant nightlife. On the weekends, Laugavegur Street fills with a youthful crowd out for a good time. Don't be surprised if the bars and clubs look empty before midnight. Icelanders start with a pre-party at home

and emerge around 1 A.M. to fill the dance clubs and bars. If you want to keep up, pace yourself. And don't forget to dress up: Locals appreciate high fashion and a little flamboyance.

While Reykjavík is truly charming, the terrain beyond is spectacular. It's worth booking a tour or renting a car to explore the nearby glaciers, waterfalls and volcanic vistas. The most popular day trip is a scenic loop known as the Golden Circle, which encompasses Thingvellir National Park, where the North American and Eurasian tectonic plates meet; the Geysir geothermal area; and Gullfoss, a thundering 105-foot waterfall.

Another favorite day trip follows the Ring Road (Route 1) along Iceland's south

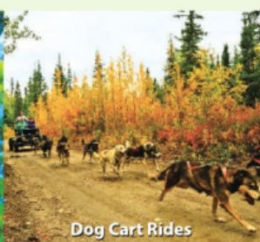


» Fischer is a stylish apothecary/boutique/art studio popular among Reykjavík's art crowd.

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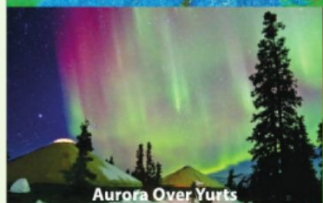
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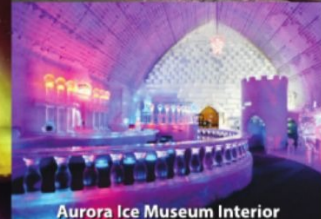


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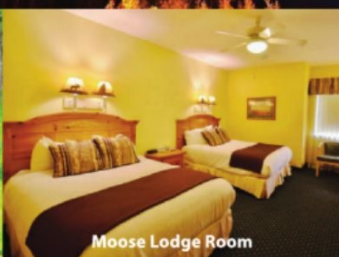
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## » NEAR & FAR REYKJAVÍK

Aurora borealis  
over Mount  
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### DID YOU KNOW?

Iceland is a prime spot to witness aurora borealis. The famed northern lights occur year-round, but decorate the sky with dazzling colors only on clear, dark nights, September through April. The Icelandic Meteorological Office hosts a daily forecast at [en.vedur.is/weather/forecasts/aurora](http://en.vedur.is/weather/forecasts/aurora).

coast. Here you'll discover jaw-dropping beauty: waterfalls of every size, glaciers you can explore on foot or by boat, black-sand beaches, and Reykjadalur Valley's hot river. Every secluded farm you pass seems to have a flock of marshmallowy sheep. Rainbows are so common in these parts, they're almost guaranteed features of the landscape. Charming turf houses—throwbacks to the Viking era—sit at the base of lichen-covered crags.

Far too huge to fit in a camera viewfinder, Iceland's sweeping panoramas leave a lasting impression. ✈

Shannon Wianecki writes from Maui.

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# HERE & NOW»

## DISCOVERING PUYALLUP

From a famous fair to farms  
and green spaces

By Maegen Blue

» When I'm providing my address, I typically offer a pronunciation lesson. I've called Puyallup my home for 15 years now, and I can safely say that almost no one says it right on the first try. Our town is named for, and is the ancestral home of, the Puyallup people, known as "generous and welcoming."

The first part of the name sounds like "Pew," and the middle part is like the man's name "Al." Think, "Pew-AL-up." Still unsure? Find someone who grew up around here and ask them to finish the jingle that begins, "You can do it at a trot, you can do it at a gallop. ..." It's a line that once promoted our big annual fair. While the event is now officially called the Washington State Fair, you'll sound like a local if you call it "The Puyallup."

The fair—whose history dates back to the October 1900 "Valley Fair," and which is now one of the largest events in the state—is running through September 22 this year (except for September 4 and Tuesdays) at the Washington State Fair Events Center, a 175-acre complex right in downtown Puyallup.

I love to see the Western Rodeo Parade and Cattle Drive (September 6). Real cowboys drive cows right down Meridian Street to the fairgrounds. The hourlong nonmotorized parade begins at 10 A.M. and also features equestrian drill teams, military marching bands and musical entertainment. The parade is free to watch, and as an added bonus, fair admission is also free on parade day from 10:30 A.M. to 12:30 P.M. for attendees who donate school supplies.

Fair highlights also include the renovated wooden roller coaster, a must-do for thrill-seekers since 1935, and the antique carousel, a top attraction since 1923. More than a million people attended the fair last year, but I still get



that old-fashioned, small-town-fair feel by wandering around the agricultural displays (I like to look for the giant pumpkins) and visiting the animal barns, where I can see everything from fluffy baby chicks to draft horses. I never miss visiting the Piglet Palace, which every year includes a litter of piglets born just before or during the fair. I also never miss the intriguing collections in the Hobby Hall. One of my all-time favorites was the display of Pez Candy dispensers.

And I make sure to visit hidden gems such as the Fred Oldfield Western Heritage & Art Center, a museum showcasing Western art.

In addition, there's the tantalizing aroma of fair food—the whole downtown seems to

» **Attractions at the Washington State Fair range from rides to animal exhibits.**

smell like grilled onions during fair time. My food of choice, though, is a scone, spread with raspberry jam, from the Fisher Scones booth, a popular fair tradition since the Seattle area's Fisher flour company began offering the scones in 1915, jointly promoting Fisher flour and a fair founder's raspberry jam.

The fair also provides daily entertainment, including big-name performers such as R&B singer Ciara (September 13), rock band Foreigner (September 18), R&B singer Charlie Wil-



son (September 21) and country singer Brad Paisley (September 22).

Other times of the year, the Washington State Fair Events Center hosts everything from reptile shows to musical acts. A fall highlight is Oktoberfest Northwest, which is celebrating its 15th anniversary this year. The festival, October 4–6, features authentic German beers in steins; the Bavarian Bier-lympics, with competitions such as keg rolling and a bratwurst toss; wiener dog races; and kids' activities, including a Root Beer Garden and pumpkin decorating. The festival showcases beers from Germany and the United States, including the Northwest.

Puyallup has several breweries of its own, including Off Camber Brewing, Powerhouse Restaurant & Brewery, and The Station U-Brew.

It seems fitting that the city is home to breweries, since Puyallup owes its start partly to hops. Pioneer Ezra Meeker, who planted hops in the Puyallup Valley in the 1860s and was so successful that he became known internationally as the Hop King, is considered a founding father of Puyallup. His statue stands in Pioneer Park in downtown Puyallup, by a relocated ivy vine originally planted by his wife, Eliza Jane. The park also has amenities such as a playground, a rose garden, chess tables and a seasonal water-spray park for kids.

Ezra Meeker went on to plat and name the town of Puyallup in 1877, and it was incorporated as a city in 1890, before Ezra's fortunes fell due to an infestation of hop lice. But the

city continued on, with flowers and berries becoming key local crops.

Eventually, much of the farmland gave way to housing developments and shopping centers, especially with the advent of the automobile. Today, Puyallup is a bustling suburb, as well as an area whose commercial space is attractive to companies in sectors ranging from car dealership to technology. While it's a far cry from the small agricultural town the Meekers knew, folks here value our farm roots.

Late April into fall, on Saturdays through October 12 this year, Pioneer Park hosts the lively Puyallup Farmers' Market. I try to stop in every week. The market typically has more than 200 stalls, offering fresh produce, gorgeous bouquets, specialty foods and handcrafted items. Our family likes to buy farm-fresh tomatoes and other veggies, as well as local honey, fresh fish, artisanal soaps and woodcrafts.

It's also possible to visit actual farms in Puyallup and other parts of Pierce County. Only about a quarter of the farmland that was actively cultivated in the county in 1950 remains today, but you can get a sense of the region's agricultural legacy by visiting one of the remaining sites.

Wild Hare Organic Farm, a certified-organic farm located between Puyallup and Tacoma, is a particularly good place to get leafy greens. On Tuesdays and Wednesdays, year-round, you can enjoy a stroll in the fields and select fresh organic produce at the farmstand. But do call ahead to check hours, as this is a real working farm. My boys grew up feeding the chickens here and playing with toy tractors in the dirt rows.

Another site, Picha Farms in Puyallup, is known for its pumpkin patch, open September 28–October 31 this year, which offers U-pick opportunities, a 5-acre corn maze, a pumpkin slingshot and hay rides (dates vary). In summer, the farm is a great place to pick or purchase strawberries, raspberries and blackberries.

The Puyallup area also provides a sense of the past via numerous antique shops. I always have fun spotting treasures that remind me of Grandma's house. The Victoria Sells Antiques shop is a good place to find vintage jewelry and

## PUYALLUP'S NEWEST PARK

The 18-acre city-owned Van Lierop Park, which officially opened in June, sits on land that was farmed by the Van Lierop family for five generations. The Van Lierops grew many of the daffodils for which the city came to be known. Visitors can relax on stationary benches, swing on a sway bench, or stroll or bike on paved multiuse paths past spring-blooming daffodils and summer-blooming wildflowers. And on clear days any time of year, parkgoers can enjoy an eye-popping view of Mount Rainier. Future amenities, pending funding, may include a fruit-tree orchard, a sports field, sports courts, picnic pavilions and a farm-themed playground. —M.B.







## SOME PUYALLUP-AREA FAVORITES

- **A Good Book** ([agoodbooksumner.com](http://agoodbooksumner.com)): Take a quick trip to the nearby town of Sumner to visit this well-regarded bookstore. It's a cozy place with lots of new and used books, and booksellers who like to talk about them.
- **British Bites** ([britishbites.net/shop](http://britishbites.net/shop)): Anglophiles will appreciate this spot, run by a British expat, which serves afternoon tea and has a retail shop with English goodies.
- **CaskCades** ([caskcades.com](http://caskcades.com)): Designed to be a place for families and friends to gather, CaskCades serves Northwest-inspired refreshments, including the many beers (and cider, wine and root beer) on tap. Kids are welcome until 10:30 P.M., and they—and grown-ups—can enjoy old-school arcade and pinball games, as well as classic board games.

- **Crockett's Public House** ([crockettspublichouse.com/puyallup](http://crockettspublichouse.com/puyallup)): Featured on the Food Network's *Diners, Drive-Ins and Dives* show, Crockett's serves elevated pub grub. Try the fried chicken and waffle.
- **Happy Donuts** (no website): Start your day with an apple fritter or a maple bar at this neighborhood bakery where the owners always have a smile for you.
- **HG Bistro** ([hgbistro.com](http://hgbistro.com)): The dishes feature regionally sourced ingredients in seasonal menus. The atmosphere is welcoming and relaxed. The bistro has a great happy hour, too.
- **Meeker Mansion** ([meekermansion.org](http://meekermansion.org)): The mansion, completed in 1890, was built as the home of Puyallup pioneers Ezra and Eliza Jane Meeker. The home's most stunning features are the stained-glass windows and hand-painted ceilings. The mansion is open for self-guided tours on Wednesdays through Sundays, March 1 through Dec. 22. There are also periodic special events, such as the Cider Squeeze, Oct. 12, and the *Downton Abbey*-themed tea on Oct. 19.
- **The Roost at Cockrell Hard Ciders** ([cockrellbrewing.com](http://cockrellbrewing.com)): Savor handcrafted hard ciders in a tasting room located near the orchard where the apples are grown.
- **Trellis Cafe & Boutique** ([facebook.com/thetrelliscafeandboutique](https://facebook.com/thetrelliscafeandboutique)): Enjoy high tea, brunch or lunch—with options ranging from salads and sandwiches to Pam's Famous Bread Pudding (named for cafe co-owner Pam Triplett)—and then shop for vintage goods and repurposed finds. —M.B.

glassware, while 3rd Street Antiques, a 15,000-square-foot mall with around 85 vendors across two floors, is a must for sheer volume.

What I appreciate most about Puyallup, however, is our green spaces. In addition to Pioneer Park, we have more than a dozen parks, as well as more than 18 miles of trails, which means it's easy for every outdoor enthusiast to find a pleasing spot, whether you want a quiet commune with nature or a lively park full of families. Wildwood Park, whose 80 acres include 55 acres of woods, is where I go to indulge in forest serenity. My kids and I also enjoy strolling or bicycling along the water at 59-acre Bradley Lake Park.

Although Puyallup has evolved into a suburban community, we still cherish our small-town friendliness and take pride in calling this place home. Mount Rainier is just 35 miles to the southeast, and on clear sunny days, we look to the majestic peak and enthuse: "The mountain is out." I hope it's out for your visit, and I know you'll love our Puyallup warmth and sociability. ✈

Maegen Blue writes the *South Sound* blog "Sounds Fun, Mom."

» **Meeker Mansion, completed in 1890, was the home of Ezra Meeker, considered a founding father of Puyallup.**



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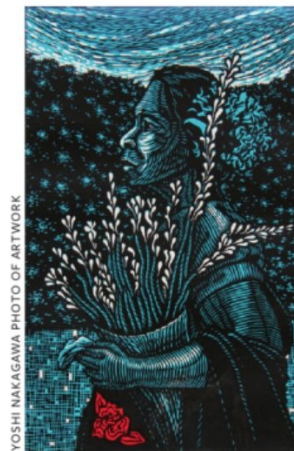
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## CALENDAR



YOSHI NAKAGAWA PHOTO OF ARTWORK

■ Mario Guzmán's intriguing woodblock print *Mujer en Azul* (Woman in Blue, above) is among the 40 works on display in the exhibit **"Beyond Borders: Oaxaca–Seattle Exchange,"** open during select hours, Sept. 12–Oct. 24, at the Mexican Consulate in Seattle.

The exhibit, which was shown in Oaxaca during the summer, celebrates more than 30 years of connection between the Oaxaca and Seattle printmaking communities. It features the work of 20 artists from each city, including acclaimed artists Francisco Toledo and Juan Alcázar, from Oaxaca, and Fay Jones and Michael Spafford, from Seattle. The exhibit was curated by artists Laurie D. Brown, Mercedes López and Yoshi Nakagawa, and also includes their work ([facebook.com/events/513066692831716](https://facebook.com/events/513066692831716)).

■ Award-winning nature photographer Tim Boyer is the keynote speaker for the **Puget Sound Bird Fest**, Sept. 13–15 in Edmonds, north of Seattle. He is speaking on "Understanding Shorebirds: The Miracle of Migration." The festival includes additional speakers, guided bird-watching walks, a birding cruise, a live-raptor presentation, and art and photo exhibits. Advance reservations are required for some events and activities ([pugetsoundbirdfest.com](https://pugetsoundbirdfest.com)).



■ The **Local Sightings Film Festival**, Sept. 20–29, primarily at the **Northwest Film Forum** in Seattle's Capitol Hill neighborhood, spotlights the work of artists from five Northwest states and Western Canada. The festival is screening a curated selection of shorts and feature films, as well as 360-video and VR180 projects ([localsightings.org](http://localsightings.org)).

■ Performers such as Northwest Tap Connection, and other local youth groups, are providing entertainment during the **Seattle Children's Festival**, Sept. 21–22. Taking place at Seattle Center, the festival will also include hands-on activities ([nwfolklife.org/seattlechildrensfestival](http://nwfolklife.org/seattlechildrensfestival)). Also at Seattle Center that weekend is the **Nourished Festival: The Gluten Free, Allergy and Specialty Diet Festival** ([nourishedfestival.com/expos/seattle](http://nourishedfestival.com/expos/seattle)). Alaska Airlines is a Seattle Center sponsor.

■ “**Monet, Renoir, Degas, and Their Circle: French Impressionism and the Northwest**” is on view Sept. 28–Jan. 5 at the **Tacoma Art Museum**, south of Seattle. The approximately 50-piece exhibit, with works on loan from several Northwest museums and private collections, will not only feature art by famous Impressionists, but also works by American and Northwest artists they influenced, such as C.C. McKim and Clara Jane Stephens ([tacomaartmuseum.org](http://tacomaartmuseum.org)).

■ See “**Nite Wave Performs Prince and The Revolution's 'Purple Rain' Album in Full**,” at the **Kirkland Performance Center**, east of Seattle, Oct. 25. Upcoming performances at KPC also include “Siamak Shirazi and Babak Amini,” presenting a fusion of jazz, flamenco and contemporary Persian music, Nov. 1; “Micky Dolenz, Lead Singer of The Monkees,” Nov. 9; and saxophonist Justin Young, playing holiday classics, Nov. 30 ([kpccenter.org](http://kpccenter.org)). ✈

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## A PACIFICWIDE FRIENDSHIP

Portland's longstanding connection to Japan

By Susan G. Hauser

» To get a sense of the special tie between the people of Japan and the people of Portland, visit Portland Japanese Garden in Washington Park.

The 12-acre site, which includes eight separate garden styles, opened in 1967 as a symbol of peace between the two countries and has become one of the city's gems. The green space, acclaimed as one of the finest and most authentic Japanese gardens in North America, features distinct gardens, including the Strolling Pond Garden, which has two ponds, a waterfall and a century-old pagoda lantern, which was a gift from Portland's first sister city, Sapporo, Japan.

In 2017, the park expanded to include the Cultural Village, a collection of beautiful buildings arranged around a courtyard plaza. The new development was designed by famed Tokyo architect Kengo Kuma, who also designed the space for renowned Portland Japanese restaurant Shizuku, and is currently designing a stadium for the 2020 Summer Olympic Games in Tokyo.

The garden offers exhibitions, classes and lectures on a variety of subjects. Noritaka Tatehana, a renowned Japanese fashion designer and artist, will give a lecture at the garden, October 5, titled *Art of Japan's future*. The garden will also feature the exhibit "Noritaka Tatehana: Refashioning Beauty," October 5–December 1, which features examples of his work, including heel-less shoes worn by stars such as Lady Gaga.

The Japanese garden is just one example of the close relationship between Portland and Japan. The connection dates back to at least the late 1800s, when Portland became a hub for West Coast Japanese immigration. At the time, a Japantown developed near the city's downtown core. The bustling area included restaurants, hotels and small shops. Today, the area has become the site of Portland's Chinatown. However, there are still many reminders, including the Japanese American

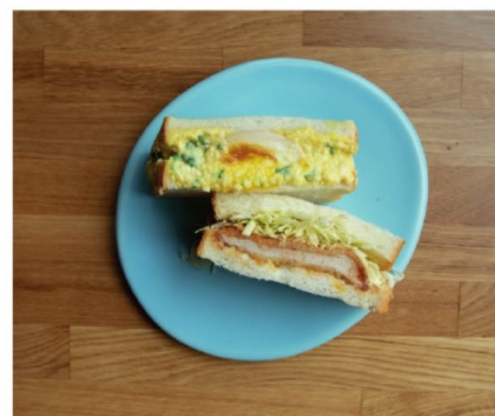
Historical Plaza and the Oregon Nikkei Legacy Center, which preserves and shares the history and culture of Portland's Japantown.

The Consular Office of Japan in Portland opened in 1900 and is the sixth oldest in the United States. Some local Japanese businesses still in operation date back almost that long. One example is Ota Tofu, which has been making handcrafted soybean tofu cakes in Portland since 1911 and is reportedly America's oldest tofu-making business.

Japanese visitors to Portland may find the city somewhat familiar, thanks to the many Japanese restaurants and businesses that have opened locations here, including outdoor







» **Clockwise from top of facing page:** Japanese influences in the Portland area include the beautiful Portland Japanese Garden; Nodoguro restaurant; Tomoe Horibuchi's Behind the Museum Cafe; the sandwiches at Giraffe Goods; Lauren Purvis' matcha teas; and sake from Uwajimaya, an Asian grocery and gift market.

lifestyle store Snow Peak, which has had a Portland location since 2013.

Next year, a new two-story, 14,000-square-foot Snow Peak location will open in Portland, complete with a Japanese restaurant and bar. Other Japanese businesses include Muji, a housewares and clothing store with locations around the world, which opened a branch in Portland last year.

Japanese food chains also have arrived, including the ramen restaurants Marukin Ramen and Afuri, both of which chose Portland for their first locations outside of Japan.

Japanese American businesses include Seattle-based Uwajimaya, an Asian grocery and gift market, which opened a location in the Portland suburb of Beaverton in 1998. The store includes a branch of the Japanese bookstore chain Kinokuniya. The chain is scheduled this fall to open its second Portland-area store in what was formerly downtown Portland's Guild Theatre. The store will include the Book of Tea Cafe, operated by Tomoe Horibuchi. The cafe will offer matcha lattes and sweets. Horibuchi's other location, the Behind the Museum Cafe, near the Portland Art Museum,

offers sweets, sandwiches and appetizers with seasonal vegetables.

American entrepreneurs have also opened Japanese-influenced businesses in the Portland area, including SakeOne, which was founded in 1992 in Forest Grove, about 30 miles west of Portland. The company is one of the only American-owned sake breweries in operation in the United States.

Portland-based American chefs are also successfully making their own version of Japanese food, including Gabriel Rosen, who runs the ramen restaurant Noraneko. He has also launched a new venture, Giraffe Goods, a Japanese-style delicatessen, offering groceries, bento box meals, sandwiches and snacks. His goal is to popularize Japanese-style convenience-store food, which is known for its excellent quality.

Chef Ryan Roadhouse and his wife, Elena, moved to Portland in 2014, opening the Japanese restaurant, Nodoguro, which was named 2015 Restaurant of the Year by *Portland Monthly* magazine. This fall, Roadhouse is opening the more casual Tonari, next door to Nodoguro.

The cafe will serve healthy Japanese breakfasts and lunches. In the evenings, the space

will become a Japanese-style vinyl salon called Peter Cat. The salon will play music, including records on a turntable, while offering cocktails, sandwiches and small-plate meals.

It's not Japanese food that appealed to Lauren Purvis, but the country's style of tea. The self-described tea nerd discovered her favorite tea, matcha—a powder created from stone-milled tencha tea leaves—during her first trip to Japan in 2013. Her initial sip of the vibrant and frothy green tea changed the course of her life. "I knew there would be good tea in Japan," Purvis says from her Portland

office of Mizuba Tea Co. "I just didn't know how good."

Soon after her first exposure to matcha, Purvis became a distributor for small-family matcha producers in the Uji region of Japan. She partners with 400 wholesale customers, about half of them coffee



shops that now serve traditional matcha and matcha lattes.

Whether it's in the form of tea, ramen or a calming garden, Japan's influence on the Portland lifestyle continues to grow. ✈

*Susan G. Hauser enjoys Japanese cuisine from Portland, Oregon.*



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# CELEBRATE HARVEST SEASON IN HOOD RIVER

By Eileen Garvin

» In autumn, the rolling farmlands and orchards in the area around Hood River, about 65 miles east of downtown Portland, offer a dazzling variety of fall bounty. The region's agricultural traditions date back to the 1850s, when the first apple trees were planted. Nearly 170 years later, the Hood River area has become famous for its berries, tree fruits and other agricultural riches. It also is known for its beer, ciders and wines, and outdoor culture.

The following are some of the local activities you can enjoy during and after harvest season.

## Hood River County Fruit Loop

With many of its 28 stops open year-round, the 35-mile Hood River County Fruit Loop provides

an immersion into the diverse culinary and agricultural offerings in the Hood River Valley. Visit Draper Girls Country Farm to pick apples, pears and late-season peaches. You can also feed the goats, and buy jellies, jams, ciders and hard ciders. Kiyokawa Family Orchards offers hay wagon tours on certain dates, and visitors can pick lusciously ripe apples and pears.

You can taste locally crafted wines, ciders and spirits at stops such as Stave & Stone Winery, the Gorge White House—a historical home, farm and winery—and Fox-Tail Cider & Distillery.

Lavender lovers will enjoy perusing the fragrant offerings at Lavender Valley Farm, through Labor Day, and Hood River Lavender

» Runners taking part in the *Columbia Gorge Marathon & Half Marathon* enjoy views of the *Columbia River Gorge*, above. Beautiful *Mount Hood*, below, is often in sight when touring farms and orchards on the *Hood River County Fruit Loop*.

Farm, through mid-September. You can also visit the Hood River Lavender Farm's gift store, which is open year-round.

## Roy Webster Cross-Channel Swim

Witness this aquatic Labor Day tradition as a group of hearty souls undertakes a bracing swim across the mighty Columbia River. The 76th-annual Roy Webster Cross-Channel Swim begins at about 8 a.m. on September 2, in the town of Cascade Locks. Swimmers leap off the *Columbia Gorge Sternwheeler* paddleboat and complete the 1.1-mile swim escorted by a flotilla of kayaks, paddleboards and sailboats.

## Hood River Hops Fest

This annual celebration of Oregon craft beer, with a spotlight on fresh-hop brews, takes place in downtown Hood River on September





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## » HERE & NOW PORTLAND

21, from noon to 8 P.M. The family-friendly event features music, activities, and more than 40 breweries from Oregon and Washington offering about 60 varieties of beer. The festival is conveniently located near several of Hood River's craft breweries, including Double Mountain Brewery, Full Sail Brewing Company, pFriem Family Brewers and Ferment Brewing Company.

### Hood River Valley Harvest Fest

The 36th-annual Hood River Valley Harvest Fest will take place October 11-13. This celebration will include locally grown produce from more than 120 farmers and goods from local food artisans, as well as local wines and ciders. There will also be arts and crafts from the Gorge Artists Collective. Visitors can shop for art and produce, while enjoying the pumpkin-carving exhibit and the pie-eating contest.

### Columbia Gorge Marathon & Half Marathon

Runners embrace the brisk autumn air for a variety of races being held October 20, including a marathon, a half marathon, a team relay and dog categories. The events, which draw enthusiastic spectators, start in or near Hood River and head east. The marathon and the half marathon follow a section of the Historic Columbia River Highway, winding past 100-year-old stone mile markers, through picturesque tunnels, and by areas offering stunning views of the Columbia River Gorge and the abundant fall foliage.

### Car-Free Hood River

To enjoy events in the town of Hood River without driving, take the Columbia Gorge Express, which offers shuttle service from Portland to the scenic Hood River area.

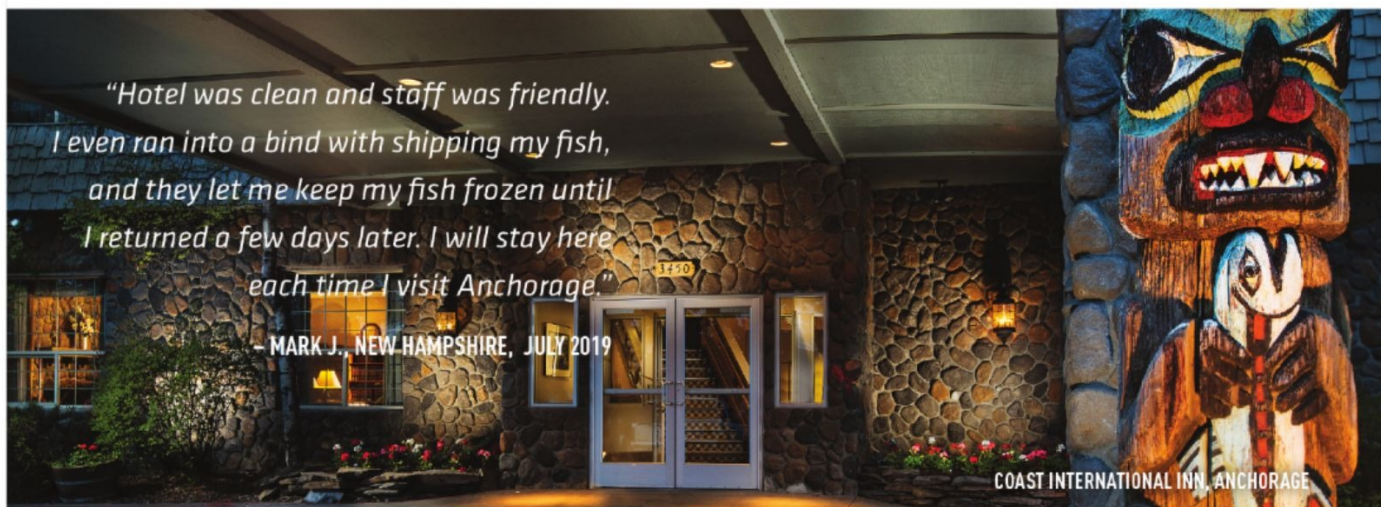
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## CARVING A PATH

Walrus ivory art is part of a tradition spanning generations

By Eric Lucas

» **Susie Silook learned to carve walrus ivory from her father** and brother-in-law, who had learned from their forebears, who'd learned from theirs—an Arctic Indigenous heritage stretching back millennia. But modern themes mark her use of this ancient tradition, which blends fantasy with women's empowerment and justice issues using timeless Yupik forms such as dolls.

When Silook was a girl growing up on St. Lawrence Island, in far-western Alaska, her family depended heavily on her father's Bering Sea walrus hunts for much more than ivory. The marine mammals provided sustenance and clothing—and cash, when her father carved the animals' tusks into artworks for sale.

"Sometimes there was literally no food on the table until my dad came home from the hunt," recalls Silook, now based in Anchorage, and an internationally known Alaska Native artist who has continued her father's craft.

The walrus harvest heritage for Western Alaska coastal peoples continues, too. "Every year, our hunt crew provides for at least five families in our community," says Perry Pungowiyi, an elder and community leader in Savoonga, one of the two Yupik villages on St. Lawrence Island, and a place where a simple steak bought at the store can cost \$45. "I learned from my uncles when I was growing up how to hunt responsibly, and because the walrus ivory provides cash, it extends our food source beyond the meat."

Pungowiyi also carves tusks, as do many Native residents along Alaska's western coast from Bristol Bay to Utqiagvik. Walrus ivory has been the basis of a cash economy in Western



» Above, Susie Silook's *Flying*, carved from walrus ivory. Below left, an umiak boat with a walrus-skin covering in Utqiagvik.

Alaska since at least 19th century whaling days, when demand for scrimshaw brought global recognition to this ancient art. But now the craft is in trouble, inadvertently swept up in the 21st century campaign to protect elephant populations by banning ivory possession and sale.

Although walrus ivory harvest and use is completely legal under federal law, five states have recently banned possession or sale of ivory of any sort. And carvers are finding that global publicity about elephant ivory bans means that demand for their art is dropping—even though it is legal and has absolutely

nothing to do with elephant conservation.

Official population surveys estimate the Pacific walrus population at about 283,000—far above the late 19th century low point of around 50,000. The annual harvest by Alaska Native hunters is about 4,000, estimates Vera Metcalf, director of Nome's Eskimo Walrus Commission, which represents 19 Yupik and Iñupiat communities along the Bering Sea coast. Add in about 1,300 walrus taken by Chukotkan Native hunters in Russia, and the annual take is less than 2% of the walrus population.

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Walrus ivory is transcendently beautiful. Susie Silook's neotraditional Yupik dolls present an ethereal glow, like moonlight. And they reflect thousands of years of human life in Arctic regions.

hunt," Metcalf declares. "But now some of our community members fear they could face prosecution in these states, even though it's completely legal under the Marine Mammal Protection Act. We support the elephant ivory ban. But walrus ivory is totally different. This is placing a lot of pressure on the ivory-carving craft," she says. "These pieces are made in the entryways of houses, or in the garage, and it's amazing what the carvers accomplish. It represents the walrus's gift to us."

Indeed, walrus ivory is transcendently beautiful. Silook's neotraditional Yupik dolls present an ethereal glow, like moonlight. And they reflect thousands of years of human life in Arctic regions.

"In Alaska, walrus populations are well-monitored, and the animals are treasured by Alaska Native people, who have relied on them for thousands of years," says Diane Kaplan, president and CEO of Rasmuson Foundation,

one of Alaska's most prominent forces in culture and arts. "The meat is eaten all year; hides are used to make skin boats; and tusks are used to make handles for *ulus* (knives) and weights for ice fishing. The ivory also provides a valuable source of income to carvers who turn it into stunning pieces of artwork. We are passionate about ensuring that Alaska Native people can do what they have always done and continue to make art from ivory."

Silook, who is a zealous advocate of Indigenous rights, is even more outspoken. "This is probably the strongest remaining subsistence culture in the United States," she observes.

"Walrus numbers are strong, and it's not good to have overpopulation among wild animals.

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## BACK TO THE FUTURE

San Francisco's arcade bars level up on retro fun

By Marlene Goldman

» A recent exploration of the Bay Area's burgeoning arcade-bar scene led me to several epiphanies. First, even after some 30-odd years, I am still more adept at maneuvering pinball flippers than videogame joysticks. Second, enjoying a fruity pink cocktail or craft beer on draft takes the sting off the sight of the dreaded "Game Over" screen. Third, it is very possible to improve upon a vintage concept and elevate it beyond nostalgia.

San Francisco is doing just that by reviving the 1980s-era arcade experience and transforming it into a modern nightlife phenomenon. The approach is not *totally* new—arcade bars have been drawing crowds in California and around the country for years. Barcade (which now has eight U.S. locations) opened its "original arcade bar" in Brooklyn in 2004. Ground Kontrol in Portland, Oregon, introduced craft beers to its arcade in 2005. Yet it's hard to ignore that the phenomenon is currently flourishing in the City by the Bay. These

arcade bars are mixing old-school games with next-level cuisine, craft beer and cocktails. They also often have live DJs and host videogame tournaments—and they draw young tech workers raised on home-console games and longtime arcade aficionados reliving their youth via *Pac-Man*, *Galaga* or *Donkey Kong*.

One of the first on the scene was Brewcade, which debuted in 2014 in San Francisco's Castro neighborhood and was expanded and rebranded this year into **The Detour**. Opened by Shawn Vergara and his sister, Tiffny Vergara Chung, the venue launched with a focus on local beer, and had arcade and pinball games, such as mainstays *Time Crisis* and *Joust*.

"When you touch that button and the screen lights up, it's like a time machine pulling you back," says Shawn, whose own favorite from his youth is the vector game *Tempest*.

With the tagline "Booze, Buttons, and Bites," The Detour focuses on a comfort-food menu that spotlights local purveyors. Guests now

» *The Detour, above left, emphasizes local food and drink to complement its classic videogames. Emporium SF, right, has a lively gaming/music/bar scene in a four-story historical building.*



enjoy a full bar and 50 games, including classic videogame machines as well as hands-on options, such as *Skee-Ball*. The venue is also described as the first Bay Area home for *Killer Queen*, a 2013 release with a retro feel. This strategy arcade game for up to 10 players pits teams of “queens” and “workers/warriors” against each other. It draws loyal gamers to The Detour for tournaments and themed nights.

Another player in the arcade-bar space, **Coin-Op**, has several locations around California. The company debuted its two-floor gaming expanse in San Francisco’s SoMa (South of Market) District in early 2017. Its clientele includes tech workers, conventiongoers from nearby Moscone Center and baseball fans from nearby Oracle Park. Within its 10,000-square-foot SoMa space, Coin-Op has three bars, including The Grid, a *Tron*-themed speakeasy. Classic pinball and arcade games spanning several decades include *Tetris*, four-player *Pac-Man* and *Dance Dance Revolution*. *Killer Queen* nights are held here on Wednesdays.

Coin-Op’s menu, which is designed to evoke a comic book, features shareable plates such as habanero-honey chicken wings, as well as specialty drinks such as the Princess Peach tea-infused gin cocktail named after a *Super Mario Bros.* character from the 1985 smash hit.

One of the largest local venues is four-story **Emporium SF**, which opened in 2017 and breathes life into the historical Harding Theater in the NoPa (north of the Panhandle) neighbor-



» **Outer Orbit**, top, is a pinball-focused restaurant/bar with Hawaiian cuisine-inspired dishes such as Lomi Lomi Guacamole, above. **Coin-Op**’s two-story venue includes cozy seating, below, games, craft drinks and shareable plates.

hood. The 12,000-square-foot space was a music venue for concerts by groups such as The Grateful Dead. Today’s Emporium SF (a branch of a Chicago-based company that also has a location in Oakland) features local DJs, vibrant murals by Bay Area artists, movie nights and, yes, *Killer Queen* nights.

Self-titled “pinheads” Christian Gainsley and Elisabeth Kohnke offer a cozier family-friendly take on the arcade bar scene with **Outer Orbit** in the Bernal Heights neighborhood. Outer Orbit houses nine pinball machines, including one vintage game at a time on rotation from the Pacific Pinball Museum in Alameda (an East Bay gaming destination in its own right, though not an arcade bar). Outer Orbit hits all the right buttons for a unique experience—from its 1962-era jukebox playing real vinyl to its bright green-and-pink decor.

Taking inspiration from Gainsley’s heritage, the menu focuses on contemporary Hawaiian fare. Menu items range from grilled Spam to tater tots flavored with a peppery *togarashi* spice mix. Desserts include Hawai’i-style shave ice. At the bar, parents can sip a Pinot Noir while their kids tackle *Batman* pinball.

Outer Orbit also hosts pinball tournaments and something I’ve already penciled into my own calendar: pinball classes. Because it’s never too late to up your game. ✈

Marlene Goldman writes from the Bay Area.





# Flyer guide

Your overview of the Alaska experience.

## TABLE OF CONTENTS

---

### 146 Everything Alaska

alaskaair.com  
Our 5-star mobile app  
Alaska Lounge  
Alaska's fleet

### 148 Alaska Beyond Entertainment

Movies and TV on your own device  
Go online  
Rent a preloaded tablet

### 150 Mileage Plan

Welcome to a world of rewards

### 152 Global Partners

Travel the world with our airline partners

### 154 Where we fly

115+ destinations and counting

### 156 Airport-terminal maps

### 158 Customs and immigration

### 159 Your safety and comfort

Contact us





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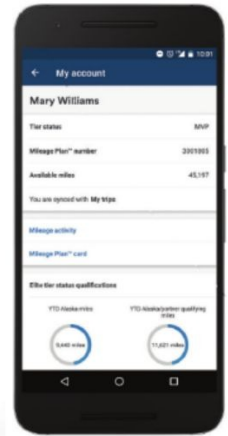
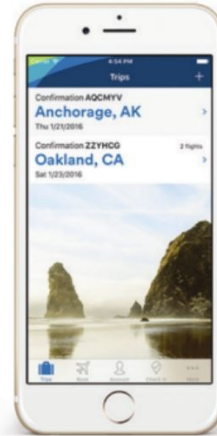
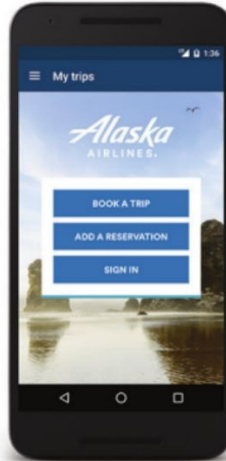


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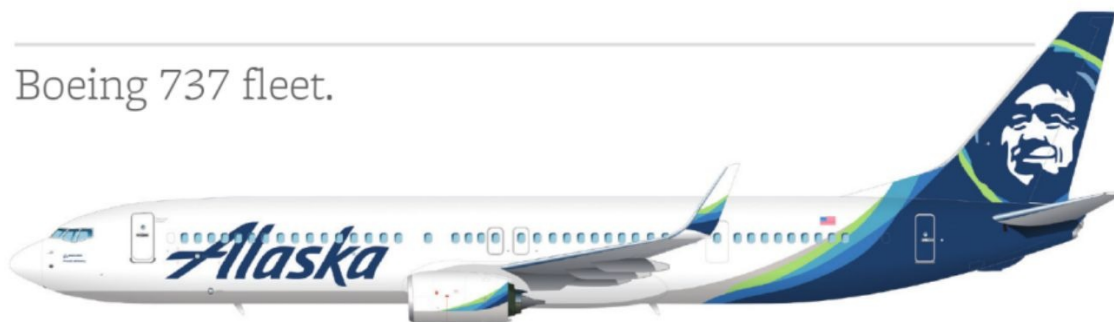
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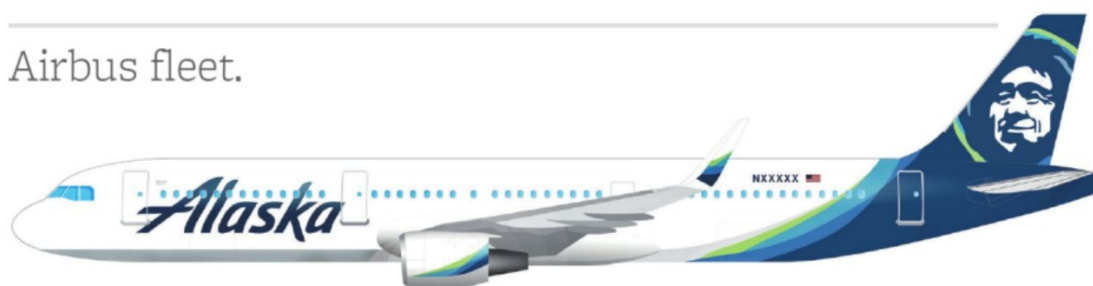
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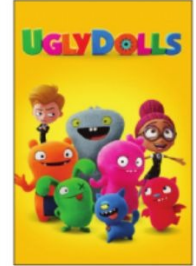
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- Ralph Breaks the Internet: Wreck-It Ralph 2
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- Wildlife
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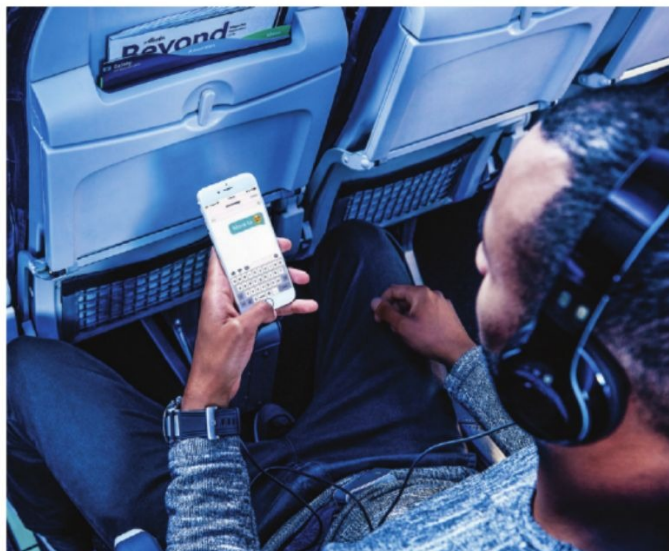


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## Apply now with an employee before wheels down, or at [AlaskaOffer.com](https://alaskaoffer.com)

The benefits described herein are subject to certain restrictions, limitations and exclusions. For more information about rates, fees, other costs and benefits of this credit card, or to apply, see an Alaska employee or visit [AlaskaOffer.com](https://alaskaoffer.com) and refer to disclosures accompanying the application. This credit card program is issued and administered by Bank of America, N.A. Visa and Visa Signature are registered trademarks of Visa International Service Association and are used by the issuer pursuant to license from Visa U.S.A., Inc. ©2019 Bank of America Corporation

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Book one-way award travel within the continental United States and Canada starting at just 5,000 miles.\*

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5,000 miles	Less than 700 miles	Seattle–San Francisco
7,500 miles	701 to 1,400 miles	Los Angeles–Portland
10,000 miles	1,401 to 2,100 miles	Portland–Chicago
12,500 miles	More than 2,101 miles	New York–Seattle

\* Plus taxes and fees from \$5.60 each way. Award availability and pricing may vary.

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You can now use Mileage Plan miles to stay at more than 400,000 hotels worldwide with [alaskaair.com/hotels](https://alaskaair.com/hotels).

Visit [alaskaair.com](https://alaskaair.com) to explore all the ways to use miles.

Join today and start getting rewarded. [alaskaair.com/mileageplan](https://alaskaair.com/mileageplan)



# Mileage Plan gives you the world

## Earn and redeem your Alaska Airlines miles to more than 900 destinations worldwide.

Find tips on how to earn and use miles on our global partners at [blog.alaskaair.com/mileage-plan](http://blog.alaskaair.com/mileage-plan).



Explore more with Mileage Plan.

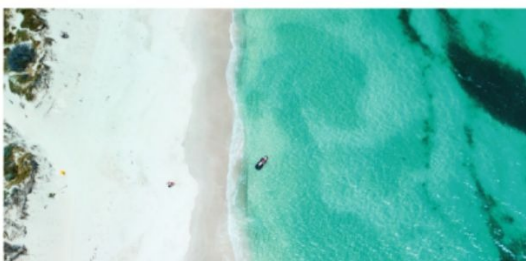


**Amsterdam, Netherlands**  
*Icelandair*



**Tokyo, Japan**  
*Japan Airlines*





**Perth, Australia**  
Qantas

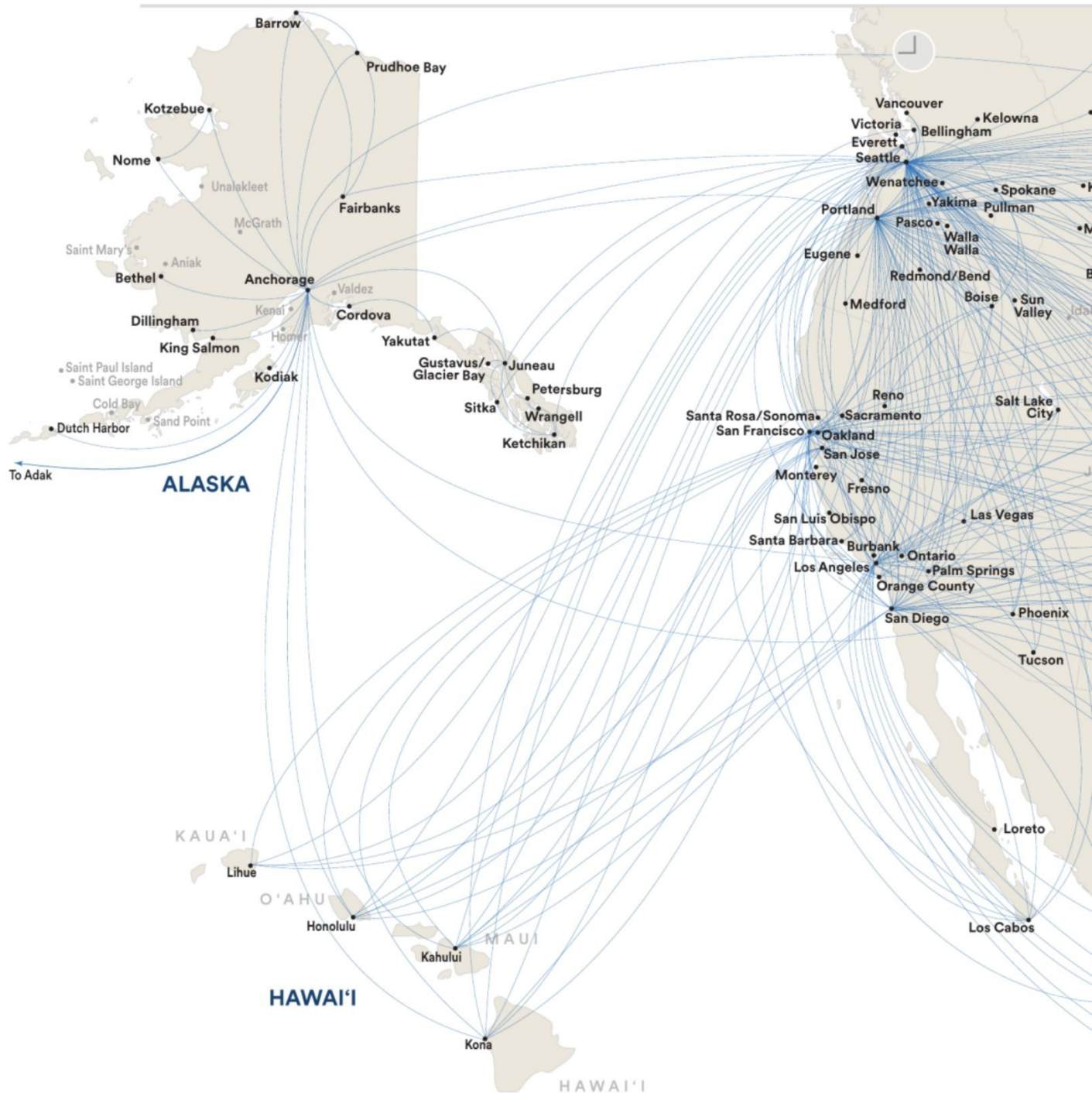


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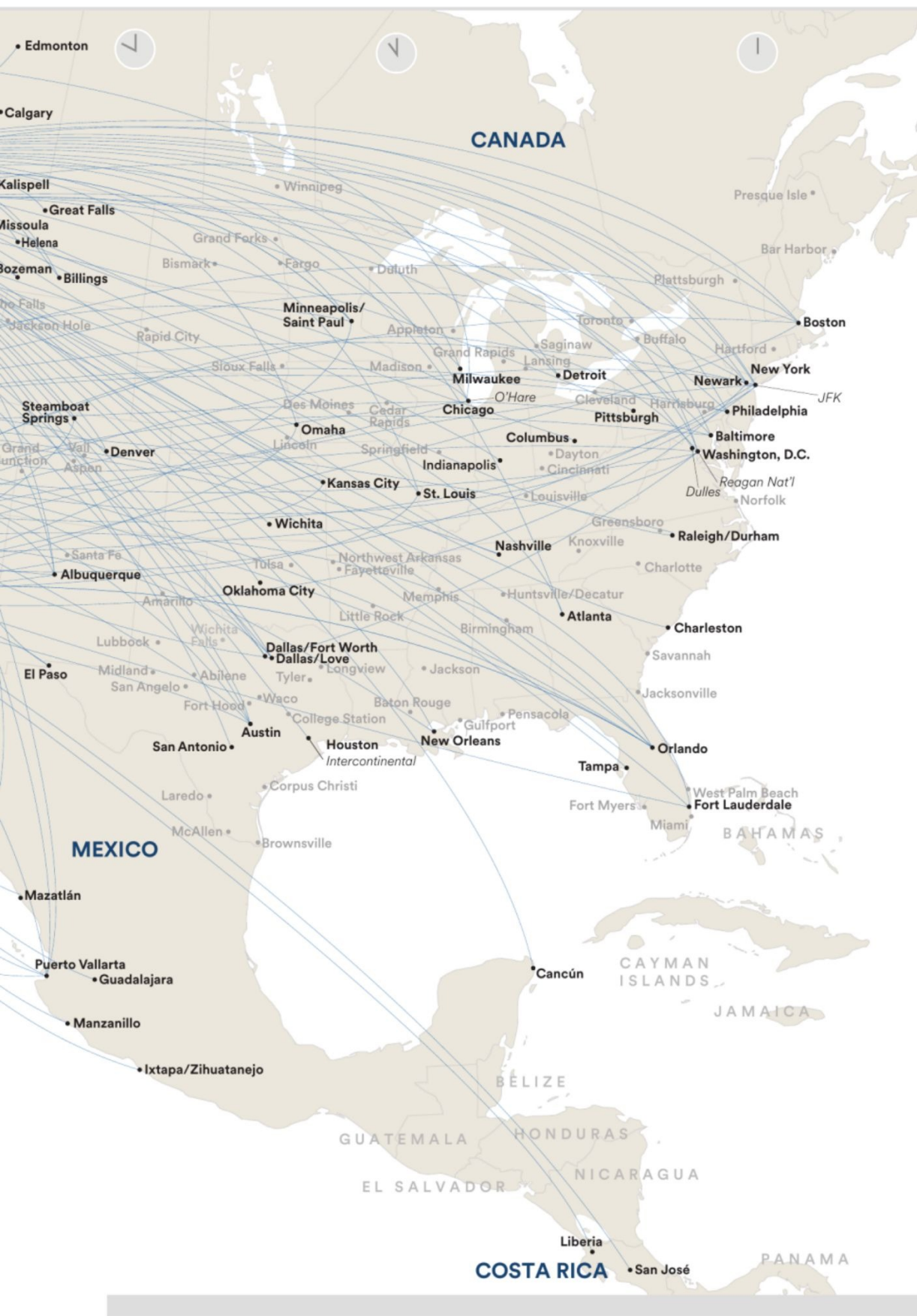
### LEGEND

- Destinations
- Partner destinations
- Alaska Airlines routes

### UPCOMING NEW SERVICE

Route	Service Begins
Everett, WA (PAE)—Spokane, WA (GEG)	Nov. 4, 2019
Everett, WA (PAE)—Palm Springs (PSP)	Nov. 5, 2019





Some Alaska Airlines service operated by Horizon Air or SkyWest Airlines.

Some routes shown operate seasonally.



# Airport-terminal maps

## SEA Seattle/Tacoma International Airport

### Tip:

Connecting to an Alaska Global Partner? You'll need to take the shuttle train to the South Loop Train to get to the S gates.

### Tip:

The Concourse C train stop is closed. When connecting with N Gates, use the D Concourse train stop.

### Tip:

Our new Alaska Lounge is open in the N Concourse and is located on the Mezzanine Level above N13–N18.



## PDX Portland International Airport



### Tip:

Heads up: We fly out of more than one terminal at SFO, please check your boarding pass to ensure you arrive at the correct gate.

## SFO San Francisco International Airport

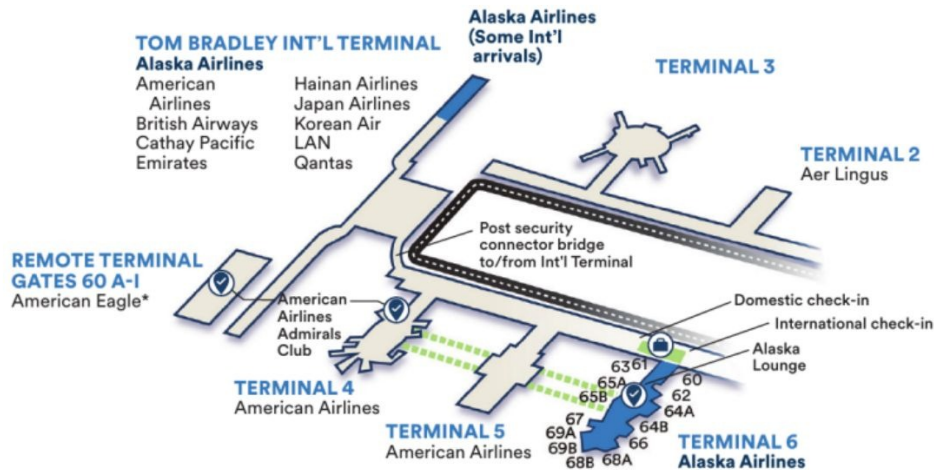


### Tip:

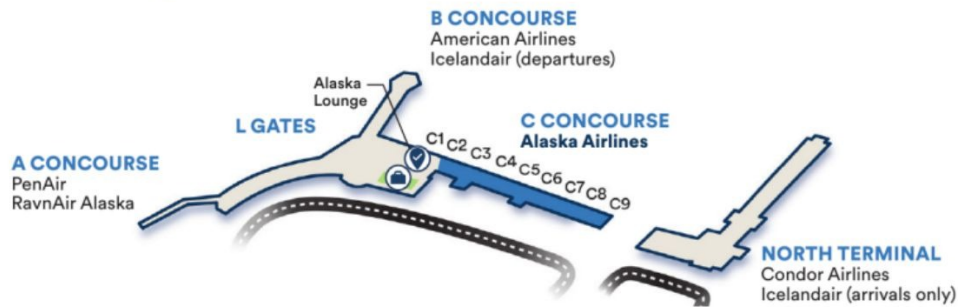
Alaska Lounge members have access to the Cathay Pacific Lounge at SFO when traveling on Alaska.



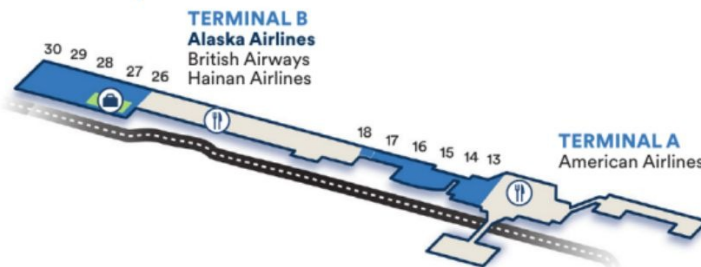
## LAX Los Angeles International Airport



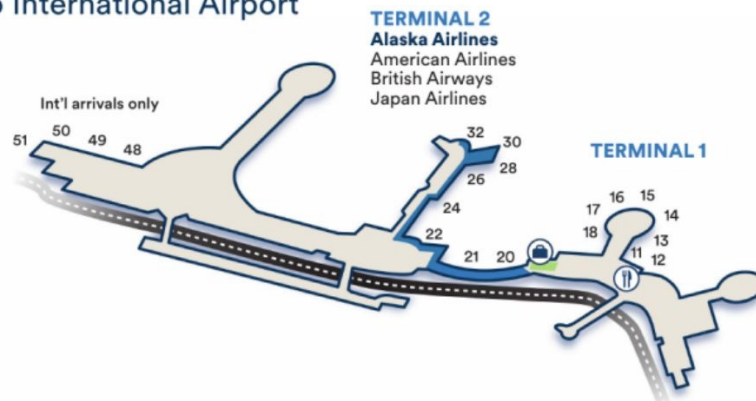
## ANC Anchorage International Airport



## SJC San Jose Mineta Airport



## SAN San Diego International Airport



NEW

Alaska Airlines has moved all SAN operations to Terminal 2 East. Alaska now occupies Gates 20, 21, 22, 24, 26 and 28, with Gates 30 and 32 available as alternates.



# Customs and immigration

Please use all capital letters with blue or black ink.

Por favor use letra mayúscula en tinta azul o negra.

Global Entry is a U.S. Customs & Border Protection program that offers expedited customs entry with no processing lines, no paper-work, TSA Pre✓® eligibility and access to expedited entry in other countries. Apply at [www.cbp.gov](http://www.cbp.gov).

A screenshot of the U.S. Customs Declaration form. The form is titled "U.S. Customs Declaration" and includes sections for "Passenger Information", "Declaration", and "Signature". It contains various checkboxes and fields for travelers to complete, such as "I am traveling to the United States", "I am returning to the United States", and "I am traveling to another country".

Customs and Immigration forms are distributed by flight attendants during your flight. Prior to landing, complete all forms that pertain to you, following the tips below. Completed forms are presented immediately upon entering the International Arrivals building.

## TO THE UNITED STATES PASSPORT CONTROL KIOSKS

Automated Passport Control kiosks expedite the entry process. Eligible travelers scan their passport, take a photograph and answer a series of questions at the kiosk. Once complete, present the printed receipt from the kiosk to a Customs Officer.

### Helpful tips

- Only citizens or nationals of the U.S., Canada or Visa Waiver Program countries are eligible to use the kiosk.
- Customs declaration forms are unnecessary.
- Kiosks available in Los Angeles (LAX), Portland (PDX), San Diego (SAN), San Francisco (SFO) and Seattle (SEA).

## U.S. CUSTOMS DECLARATION

All travelers to cities without Passport Control kiosks must complete this form.

### Helpful tips

- One form per person or one per family (family defines those in the same household who are related by blood, marriage, domestic relationship, or adoption).
- Lines 5, 6—If not using a passport, leave these lines blank.
- Line 9—Enter "AS" for Alaska Airlines
- Sign at the "X."

## INTERNATIONAL TRAVEL TIPS TO MEXICO

- All travelers must complete a Mexico Customs Declaration form; one per traveler or family with same address.
- All travelers, except for citizens of Mexico, must complete the FMM; one per traveler or family.

## TO COSTA RICA

- All travelers must complete a Customs Declaration form; one per traveler or family.
- All travelers must complete an Immigrations Form; one per person.
- Costa Rica requires a \$29 departure tax for each traveler. For tickets purchased before June 1, 2016, pay fee prior to check-in with Alaska Airlines at the service centers in terminal check-in area. The fee is included in the price of tickets purchased after June 1, 2016.

Las formas de Aduana y Migración son distribuidas por los sobrecargos durante el vuelo. Antes del aterrizaje en su destino final complete las formas correspondientes usando las indicaciones que se proporcionan a continuación. Las formas completas serán presentadas en la Terminal Internacional.

## QUIOSCOS DE CONTROL DE PASAPORTES

Kioscos automatizados de control de pasaportes acelerar el proceso de entrada y se encuentran en muchas ciudades servidas por Alaska Airlines. los viajeros elegibles escanear el pasaporte, tomar una fotografía y contestar una serie de preguntas en el quiosco. Una vez completa, presentar el recibo impreso en el quiosco a un oficial de aduanas.

### Datos de ayuda

- Sólo los ciudadanos o nacionales de los países del Programa de Exención de Estados Unidos, Canadá o Visa son elegibles para utilizar el quiosco.
- Formularios de declaración de aduanas son innecesarias.
- Kioscos disponibles en Los Ángeles (LAX), Portland (PDX), San Diego (SAN), San Francisco (SFO) y Seattle (SEA).

## DECLARACION DE ADUANA

Los viajeros a ciudades sin quioscos de control de pasaportes deben completar este formulario.

### Datos de ayuda

- Una forma por persona o por familia con la misma dirección.
- Línea 5, 6—Si no tiene pasaporte, deje esta sección en blanco.
- Línea 9—Use "AS" para Alaska Airlines.
- Firme en la "X."

## CONSEJOS DE VIAJE INTERNACIONALES A MEXICO

- Todos los viajeros deben completar un formulario de declaración de aduanas México; uno por cada viajero o familia con la misma dirección.
- Todos los viajeros, excepto para los ciudadanos de México, deben completar la FMM; uno por cada viajero o familia.

## A COSTA RICA

- Todos los viajeros deben completar un formulario de declaración de aduanas; uno por cada viajero o familia.
- Todos los viajeros deben completar un formulario de Inmigración; una por persona
- Costa Rica requiere un impuesto de salida de \$29 para cada viajero. Para los boletos comprados tarde del 1 junio, 2016, pagar la cuota antes de check-in con Alaska Airlines en los centros de servicio en el área de registro de entrada en el terminal. La tarifa está incluido en el precio de los boletos comprados el 1 de junio 2016.



# Your safety and comfort

## SEATS

- Seat belts must be fastened whenever the “FASTEN SEAT BELT” sign is on. Keep your seat belt fastened at all other times when seated, in case of rough air.
- Seatbacks and tray tables must be in the upright, locked position during taxi, takeoff and landing.
- Seat-belt extenders are not allowed in exit rows. They can tangle and obstruct access to exit doors.

## CARRY-ONS

- All carry-on bags must be placed under a seat or in an overhead bin for takeoff and landing.
- Prior to takeoff and landing, service items provided by our inflight team must be picked up.

## LAVATORY

- Guests are requested to use the lavatory in their assigned cabin.

## PETS

- Pets must remain in carrier for entire flight. Carrier must be stowed for taxi, takeoff and landing.

## CREW AND GUEST SAFETY

- Under federal law, no person may assault, threaten, intimidate or interfere with crew members in the performance of their duties aboard an aircraft. Penalties for crew interference include fines up to \$11,000, imprisonment or both. An incident report may be filed with the FAA regarding a guest's behavior.
- We respect the privacy and well-being of our guests and employees. We do not tolerate inappropriate verbal, digital or physical conduct of any kind, including sexual harassment, invasive photography, and assault. Please report unwelcome behavior to an employee immediately. Any crime committed onboard is considered a federal offense.

## TRAVELING WITH INFANTS AND CHILDREN

- To be used onboard, your child-restraint system must conform to all applicable federal motor vehicle-safety conditions, and the restraint must be certified for use in motor vehicles and aircraft with an FAA-approval sticker.
- Some restrictions for child-restraint systems apply based on seat locations and flight numbers. Visit <http://bit.ly/InfantTravel> for details.

## ALCOHOL AND TOBACCO

- Alcohol may not be consumed aboard an aircraft unless it has been provided by a flight attendant. No alcohol may be served to any person who appears to be intoxicated, or who is under 21 years of age.
- Guests are expected to drink responsibly and behave in a safe and respectful manner at all times.
- Smoking, chewing tobacco and electronic cigarette use are not permitted on any Alaska Airlines flight.

## DEVICES

- During taxi, takeoff and landing, larger electronic devices, such as laptops, must be stowed.
- Cellphones may be used while the boarding door is open until advised by your flight attendant that cell service must be turned off. Upon landing, your flight attendant will advise when cell service can be enabled.
- During flight, electronic voice communications of any kind (e.g., cell, FaceTime, Skype) are prohibited.
- Headphones must be worn when using electronic devices such as personal music players, Inflight Entertainment Tablets, handheld games, etc.

## OTHER PROHIBITED ITEMS

- We prohibit the use of items that do not meet FAA Regulations or Company regulations. This includes the use of seat-belt extensions not provided by Alaska Airlines, devices that restrict the recline of seats, self-heating meals or beverages, air filters placed on overhead vents and personal air-purifying devices.

## USING YOUR DEVICES

We know use of your electronic devices is important, and we've adjusted our procedures to give you more time with those devices.

### Allowed on the ground and in the air

- Laptops (must be stowed for taxi/takeoff/landing)
- Tablets/smartphones (Airplane Mode after door closure)
- Wireless mouse/keyboard
- e-readers
- Media/CD/DVD players
- Noise-canceling and Bluetooth headphones
- Cellphones (prior to door closure only)

### Not allowed during flight

- Voice calls of any kind, including VoIP
- Devices with cell service enabled
- AM/FM radios or TVs
- Personal air purifiers
- Remote-control toys
- Electronic cigarettes

The Federal Aviation Administration (FAA) and Alaska Airlines have set these rules and regulations to assure your safety and comfort.

## CONTACT US

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[alaskaair.com](http://alaskaair.com)

En Español:  
800.858.5525  
From Mexico:  
001.800.252.7522

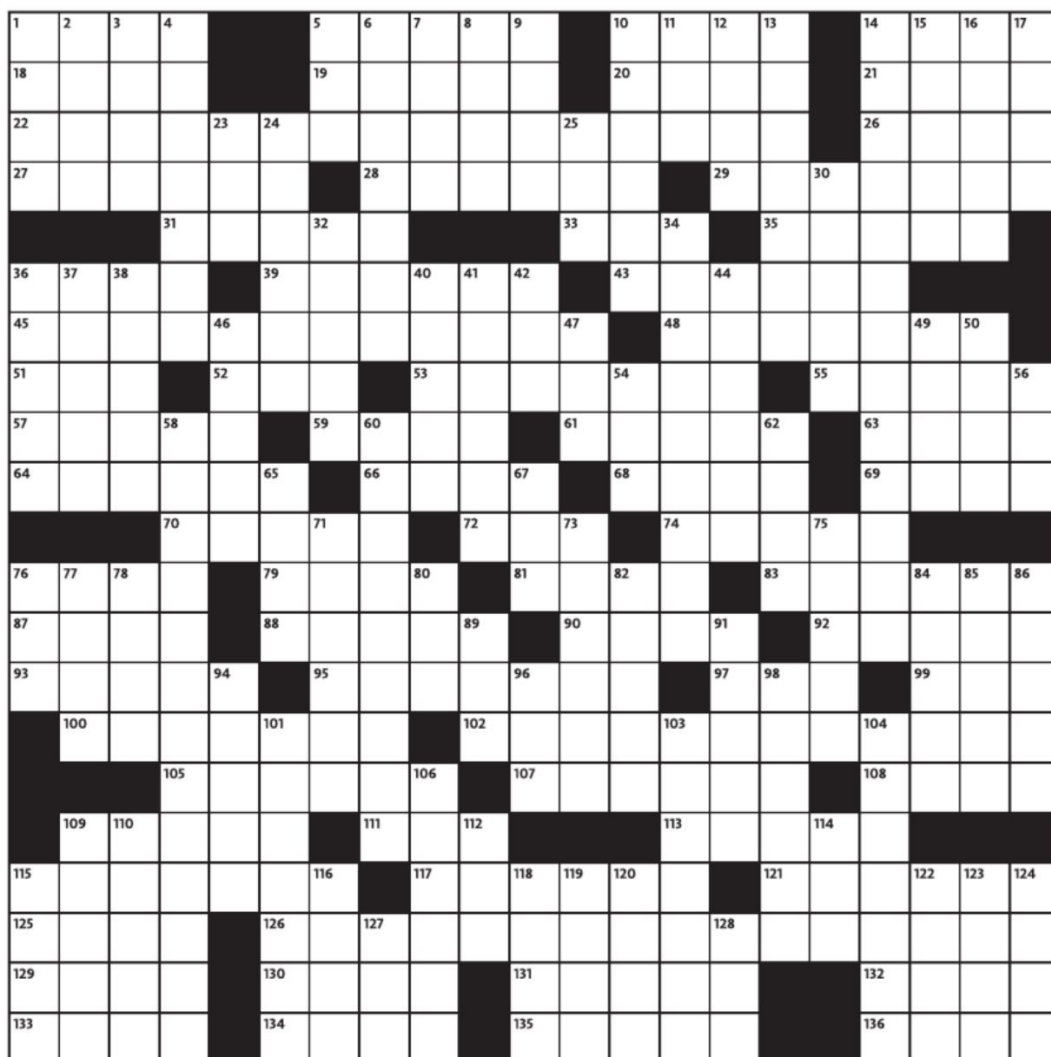
Alaska Airlines Vacations:  
844.762.0087  
[vacations.alaska-air.com](http://vacations.alaska-air.com)



# DIRECTIONAL SIGNS

## ACROSS

- 1 Pal, in Sydney
- 5 Milan's La \_\_\_\_
- 10 Rum cake
- 14 Actress Gilbert
- 18 Actor Gold
- 19 Arctic
- 20 "Listen!"
- 21 Heavy duty?
- 22 Hitchcock classic
- 26 Jamaican citrus
- 27 Helical
- 28 Ship
- 29 Colonizes
- 31 Tickle
- 33 Deep bleu sea
- 35 Some salmon
- 36 Grain husk
- 39 Prince Charles et al.
- 43 Filmed anew
- 45 Maryland region
- 48 Award recipient
- 51 Emmet
- 52 Strong base
- 53 Uplifts
- 55 Lewis Carroll creature
- 57 Glower
- 59 Unexpected problem
- 61 Refrain syllables
- 63 Inverness incline
- 64 Strikeout numbers
- 66 Yemeni port
- 68 Hera's son
- 69 Scat queen
- 70 Emulate Elvis
- 72 Green piece?
- 74 Piddling
- 76 Stew
- 79 Puerto \_\_\_\_
- 81 Physics beginning?
- 83 Column
- 87 Dove's place
- 88 Inventor Howe
- 90 Exaggerated
- 92 Hotelier Helmsley
- 93 Woo
- 95 Indigenous Alaskans
- 97 Doc bloc
- 99 Giant giant
- 100 Ending movements
- 102 Rodgers and Hammerstein favorite
- 105 Share one's feelings
- 107 Chicken choice
- 108 Humorous poet
- 109 Ceiling
- 111 For instance
- 113 \_\_\_\_ pray
- 115 Dry spots
- 117 Comfort
- 121 Leaves out
- 125 Brook
- 126 Sidewalks of New York lyric
- 129 Main course?
- 130 Service
- 131 Pianist Marsalis



- 132 Forest unit
- 133 Power measure
- 134 Follower of dogs
- 135 Fits together
- 136 Post

## DOWN

- 1 Apparel department
- 2 Crooked
- 3 Doughnuts, e.g.
- 4 Competitor
- 5 Catch sight of
- 6 Bears
- 7 Lotion additive
- 8 Director von Trier
- 9 Song and dance
- 10 Alley cat?
- 11 Salt's assent
- 12 Porgy's love
- 13 Of a Mexican civilization
- 14 Debutante, perhaps
- 15 \_\_\_\_-Saxon
- 16 Guidelines
- 17 Tag-sale caveat
- 23 Scene stealer
- 24 Indistinct
- 25 Bottom line?
- 30 Bothers
- 32 Volume units
- 34 Practice
- 36 Beauty's beau
- 37 Texas spread
- 38 Early furrier
- 40 In front
- 41 Cabins
- 42 Madras mister
- 44 Islamic
- 46 Ms. Barkin
- 47 Little salamander
- 49 Banjoist Scruggs
- 50 Of an notable period
- 54 Author Levin
- 56 Green parrot
- 58 Breakfast order
- 60 Amaryllis plant

- 62 Memo abbr.
- 65 Desiccated
- 67 Fille's identifier
- 71 Come On \_\_\_\_
- 73 Long way around
- 75 Purple shade
- 76 Airwaves agcy.
- 77 Santa's perch
- 78 A special case
- 80 Strong wood
- 82 Smidgen
- 84 Vegetable sponge
- 85 Those against
- 86 Notched bar, shortly
- 89 Bro's kin
- 91 Expire
- 94 Tropical ungulate
- 96 Gang
- 98 Dull surfaces
- 101 Correspondence
- 103 Fool
- 104 Demands
- 106 Separated

- 109 Actress Hyams
- 110 Map speck
- 112 "Absolutely!"
- 114 Last: abbr.
- 115 Gunslinger's command
- 116 Play ketch?
- 118 Bank holding
- 119 Futile
- 120 Skinny fish
- 122 Calamitous
- 123 Xanadu
- 124 Source
- 127 Holy fem.
- 128 Sibillant sound

SOLUTION ON PAGE 167.

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## LADDERGRAM

First, write the word that fits the first definition into space 1. Then drop one letter and rearrange the remaining letters to form the answer to definition 2. Drop one more letter, rearrange and get the answer to definition 3. Put the first dropped letter into the box to the left of space 1 and the other dropped letter into the box next to space 3. When you have correctly solved the puzzle, the dropped letters on the left and right, when read down, will spell out related words.

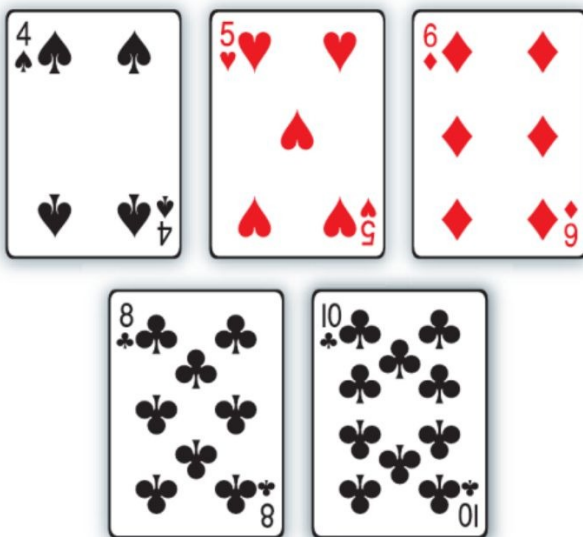
1.	2.	3.	
4.	5.	6.	
7.	8.	9.	
10.	11.	12.	
13.	14.	15.	
16.	17.	18.	
19.	20.	21.	

## DEFINITIONS

- |                          |                              |                       |
|--------------------------|------------------------------|-----------------------|
| 1. Postpone              | 9. Landlord's collection     | 17. Report-card entry |
| 2. Rival of Harvard      | 10. Brought to a stop        | 18. Ripened (cheese)  |
| 3. Nautical affirmative  | 11. Machine for wood-turning | 19. Least dangerous   |
| 4. Kitchen emanation     | 12. Recover                  | 20. Banquet spread    |
| 5. Wander                | 13. Bull's roar              | 21. Destiny           |
| 6. Hugging limb          | 14. Macaroni shape           |                       |
| 7. Autumn follower       | 15. Soup vessel              |                       |
| 8. Without power to move | 16. Concurred                |                       |

## CARD SENSE

Five playing cards were shuffled and put in a pile, one on top of another. Using the clues, can you identify each card's position in the pile?



- The five is somewhere above the diamond.
- The six is somewhere above the spade.
- The eight is somewhere above the four but isn't on top.
- The ten is somewhere between the heart and the six.
- The clubs are not adjacent.

## ANAGRAM MAZE

The diagram contains 36 words, 21 of which are anagrams of other everyday words. Start at the top arrow and anagram PAGE. While solving, move up, down, right or left to the only adjacent word that can be anagrammed. Continue until you arrive at the bottom arrow. There is only one path through the maze.

1 VOTE	2 NOEL	3 SUED	4 RATS	5 PAGE	6 DUMB
7 NEAT	8 FERN	9 HIGH	10 CURL	11 YOKE	12 SOCK
13 TABS	14 ZINC	15 GRIN	16 LAID	17 LURE	18 AVID
19 ROBS	20 GOES	21 WEAK	22 JINX	23 MYTH	24 TEEM
25 ROAR	26 PULL	27 FARM	28 BURY	29 AMID	30 MANE
31 VOLT	32 LEAF	33 RISK	34 PEAS	35 BOLD	36 PERT

SOLUTIONS ON PAGE 167.

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A woman with voluminous, curly hair in shades of brown and red, wearing tortoiseshell glasses and a dark turtleneck with grey sleeves, stands in a desert landscape with mountains and sparse vegetation in the background.

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Complete each sudoku grid by placing a number in each box so that each row, column and small nine-box square contains the numbers one to nine exactly once. **Solutions on page 167.**

DIFFICULTY: **EASY**

5				2		3		7
3	2				9	8		1
		1	7	3				
	8	4	3				9	
	5		9		2		3	
	3				1	6	2	
				4	7	5		
8		5	2				7	6
6		2		9				3

DIFFICULTY: **MEDIUM**

2		3			6		1	
		6	7		8	4		
4			3				6	
7	2			9		3		
	6			7			9	
		5		8			7	2
	9				7			6
		2	5		9	7		
	5		4			9		3

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# CROSSWORD ON PAGE 160.



# SUDOKU ON PAGE 164.

DIFFICULTY: EASY

5	9	8	1	2	4	3	6	7
3	2	7	5	6	9	8	4	1
4	6	1	7	3	8	2	5	9
2	8	4	3	7	6	1	9	5
1	5	6	9	8	2	7	3	4
7	3	9	4	5	1	6	2	8
9	1	3	6	4	7	5	8	2
8	4	5	2	1	3	9	7	6
6	7	2	8	9	5	4	1	3

DIFFICULTY: MEDIUM

2	7	3	9	4	6	8	1	5
5	1	6	7	2	8	4	3	9
4	8	9	3	5	1	2	6	7
7	2	1	6	9	4	3	5	8
3	6	8	2	7	5	1	9	4
9	4	5	1	8	3	6	7	2
1	9	4	8	3	7	5	2	6
8	3	2	5	6	9	7	4	1
6	5	7	4	1	2	9	8	3

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# BRAIN BOOSTER PUZZLES ON PAGE 162.

## LADDERGRAM

D	1. DELAY	2. YALE	3. AYE	L
A	4. AROMA	5. ROAM	6. ARM	O
W	7. WINTER	8. INERT	9. HEAL	I
D	10. HALTED	11. LATHE	12. RENT	T
L	13. BELLOW	14. ELBOW	15. BOWL	E
E	16. AGREED	17. GRADE	18. AGED	R
S	19. SAFEST	20. FEAST	21. FATE	S

## CARD SENSE

The bottom card isn't the five of hearts (clue 1), the six of diamonds (clue 2), the eight of clubs (clue 3), or the ten of clubs (clue 4), so it is the four of spades. The top card isn't the six of diamonds (clue 1), the eight of clubs (clue 3), or the ten of clubs (clue 4); it is the five of hearts. Since the clubs aren't adjacent (clue 5), the eight of clubs and the ten of clubs are second and fourth from the top in some order. By elimination, the six of diamonds is in the third position. The ten of clubs is second (clue 4) and the eight of clubs is fourth. In summary, from top to bottom: five of hearts, ten of clubs, six of diamonds, eight of clubs, four of spades.

## ANAGRAM MAZE

The path through the maze, with just one anagram given for each, is: 5. gape; 4. star; 3. dues; 2. lone; 1. veto; 7. ante; 13. stab; 19. orbs; 20. egos; 21. wake; 15. ring; 16. dial; 17. rule; 18. diva; 24. meet; 30. mean; 29. maid; 28. ruby; 34. apes; 33. irks; 32. flea.

1	2	3	4	5	
7					
13		15	16	17	18
19	20	21			24
			28	29	30
	32	33	34		

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