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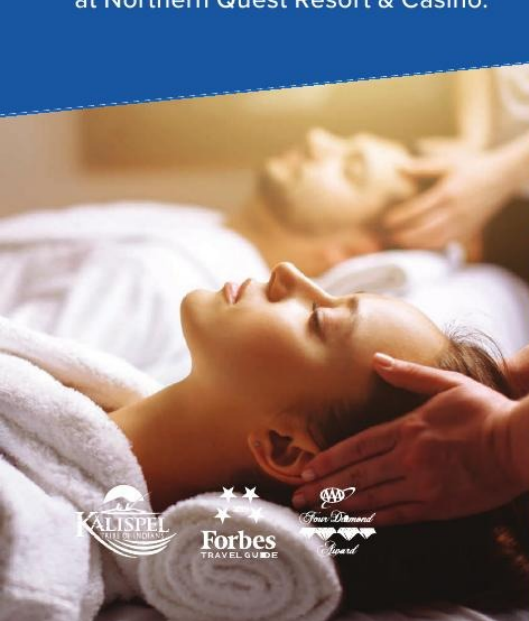






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*By Mary Bacarella*





Black Moon Cabin - Montana

# Meet Vacasa, the one-stop shop for all your vacation rental needs.

Demand for alternative lodging is at an all time high, with one in three travelers choosing vacation rentals over traditional hotels. This consumer trend has set the once-sleepy vacation rental industry on a trajectory to be worth \$194 billion by 2021. Shaping the future of this rapidly changing industry is Portland, Oregon-based Vacasa, a next-gen hospitality company that's emerging as a leader for all things vacation rental.

## Local Teams, Global Network

Caring for over 12,000 properties around the world, Vacasa is North America's largest manager of vacation properties. The company utilizes sophisticated marketing techniques to maximize bookings while their pricing algorithm adjusts rates in real time so that homeowners never leave money on the table. The company's technology is complemented by personal service from exceptional local hospitality professionals who care for guests and vacation homeowners in every Vacasa market.

"Vacasa took over management of my Montana vacation rental this past summer. At first I was hesitant about making the transition from a small management company, but after meeting Rickie Miller, my local operations manager, I immediately felt at ease," said Kristi Harvey, owner of Black Moon cabin in Big Sky, Montana. "I have peace of mind knowing that my property and guests are being cared for by Vacasa's local team in Big Sky. Their industry-leading technology and marketing expertise gives me confidence that this was the right transition to make."

## End-To-End Management

Vacasa's local teams handle permitting, tax registration and other details, with comprehensive property management services covering everything from bookings and home care to 24/7 guest service. In addition to their impressive local teams, Vacasa has a central office staffed with professionals specializing in everything from interior design, marketing, data analytics and operations.

## Connecting Buyers and Sellers

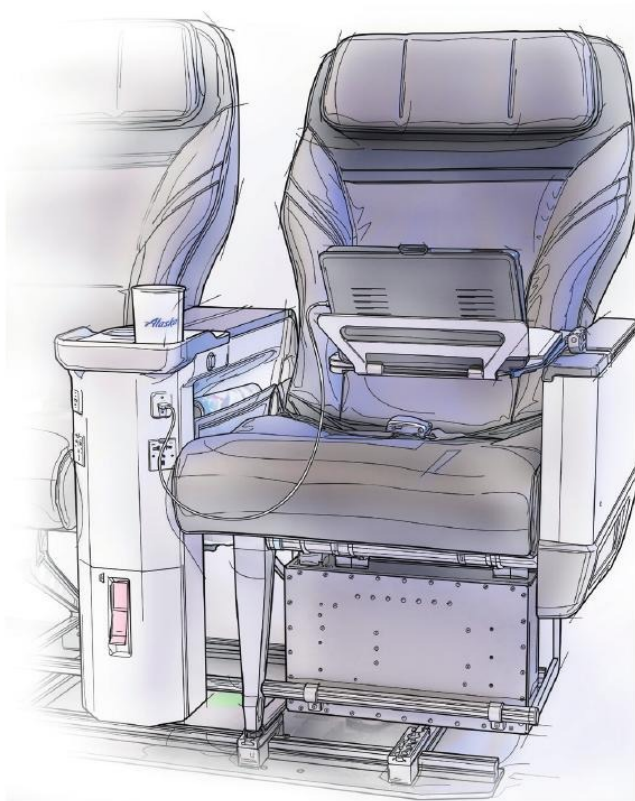
In 2018, Vacasa launched Vacasa Real Estate to connect vacation home buyers and sellers with local agents. With access to rental performance data, a steady stream of buyer leads, and the largest inventory of vacation homes in the country, Vacasa is uniquely positioned to streamline the process of buying and selling investment properties—and to simplify the experience of renting them out.

Online booking technology has made vacation rentals an increasingly popular alternative to hotels. With guest demand growing rapidly, Vacasa's one-stop shop model enables more people than ever to effortlessly enjoy the rewards of owning a vacation home.

See how Vacasa can help with all your vacation rental needs: [vacasa.com/beyond](https://www.vacasa.com/beyond) or 888.859.3471.







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Akihabara Electric Town, Tokyo.  
**Photo** Yongyuan Dai / Getty Images



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Publisher **Mimi K. Kirsch**

Editor-in-Chief **Paul Frichtl**

Senior Editor **Michele Andrus Dill**

Associate Editors **Jeff Bond, Ben Raker, Andrew Waite**

Assistant Editor **Lara Hallock**

Editorial Interns **Nancy Burkhalter, Sherry Fisher, Tiffany Lillie, Gabriel Moseley, Giulia Szanyi**

Contributors **Mary Bacarella, Matthew J. Black, Dave Boling, Kelly DiNardo, Karin Gallagher, Bengt Halvorson, Susan G. Hauser, Craig Hill, Kristianne Huntsberger, Brad Japhe, Chaney Kwak, David Laney, Jeff Layton, Buddy Levy, Eric Lucas, Jim Moore, Cynthia Nims, Alex Pulaski, Joshua Rappaport, Jill K. Robinson, Sarah Sekula, Lora Shinn, Ken Van Vechten**

Art Directors **Margaret Elson, Nancy O'Connell**

Associate Art Director **Ellen Ordóñez**

Production Director **Paul Frichtl**

Advertising Production Manager **Theresa Santucci**

CEO **Edward B. Kirsch**

Accounting Manager **Holly L. Genest**

Advertising Data Wrangler **Liz Borovik**

Office Coordinator **Courtney Evans**

Coordinator for Alaska Airlines **Elliott Pesut**

**SALES OFFICES**

2701 First Avenue, Suite 250, Seattle, WA 98121;  
206-441-5871; fax 206-448-6939  
email [sales@paradigmcg.com](mailto:sales@paradigmcg.com)

Advertising Director: **Kenneth J. Krass, ext. 11**

Western Washington/Eastern Washington/Florida/  
Michigan/Canada: **Clay M. Schurman, ext. 33**

Western Washington/Illinois:  
**Stephany Angelacos, ext. 13**

Oregon/Idaho/Montana/Colorado/Utah/Canada:  
**Sara Lewis, ext. 20**

California/Arizona/Nevada/New Mexico/Texas:  
**Yael Kallin, ext. 27**

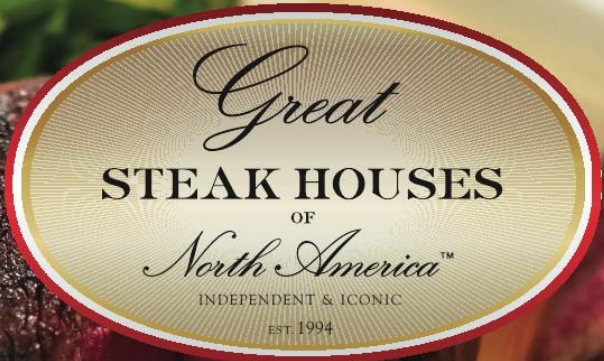
Alaska: **Duane Epton, 3705 Arctic Blvd., #452, Anchorage, AK 99503; 907-561-2450, fax 907-344-7262**

East Coast/Mexico: **Kenneth J. Krass, ext. 11**

Hawaii: **Debbie Anderson, 808-739-2200, fax 808-739-2201**



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*“If I had known everything My Best 10 had to offer, I’d have done it years ago.”*

Photos: Arlene Chambers



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## 10 WEEKS TO YOUR BEST YOU!

I've always been conscious of my health and fitness. I even ran the Las Vegas Marathon a few years ago. However, since moving to the U.S. from Australia several years ago, my life had changed quite a bit and I felt my health was starting to decline. My weight was fluctuating, my asthma had returned, I had high cholesterol and was in perimenopause. I just didn't feel healthy and knew I needed a restart.

I'd read about the My Best 10 program and was under the impression that it was a “beauty” program for women my age. With my husband's encouragement to do something for myself, I decided to look into it a bit more. Did I have the wrong perception! Yes, My Best 10 offers spa treatments and pampering, but it's so much more than a beauty program!

This was a program that could help me get my life on track before I needed some serious medical intervention. It could help me reclaim the life I knew I deserved. I wanted to re-educate myself on how to deal with my current life, not how it was in my 20s. Most of all, I needed to feel good, both inside and out.

My PRO Medical Registered Dietitian, Lynne, and my PRO Personal Trainer, Maurice, showed me ways to work around my life. During the 10 weeks of the program, I had six weeks of back-to-back visitors from Australia, a trip to London, and surgery restrictions, which meant that I couldn't perform any high-intensity cardio until the fifth week of the program. I could have waited to start the program, but I knew that I needed to learn how to live my life better throughout any of life's challenges. I had to organize myself and my choices in a way that

would work. In spite of my hectic schedule, I never missed a dietitian appointment and only rescheduled two training sessions from my week in London.

What contributed most to my success was having a team of people who really listened to me and my needs, and helped me take the program and apply it in a way that I still live by today. It started with Janet, the first person I talked to about the My Best 10 program. Janet saw at my most vulnerable. Her compassion and understanding of where I was in my life was visionary. She was with me every step of the way, encouraging, empathic, supportive and helping organize my entire schedule. Maurice was incredible in working with my previous injuries and strengthening my weakest side. I can't say enough about how thorough and in tune with me he was. No two sessions were the same as he kept the workouts interesting and challenging, while encouraging me the whole time. Meal tracking and talking through different food challenges with Lynne was also incredibly helpful.

I felt as if I'd jump-started my body's engine with a complete overhaul and new fuel. My cholesterol dropped 50 points, along with my blood pressure. I gained 2.5 pounds of lean muscle mass and lost 7.5 pounds of fat. In doing so, I reduced my risk of heart disease and Type 2 diabetes.

I'm sure other women, like me, have the perception that My Best 10 is just a beauty program. I'd like them to know that it is so much more – this is a kick start to life! If I had known everything My Best 10 had to offer, I'd have done it years ago.



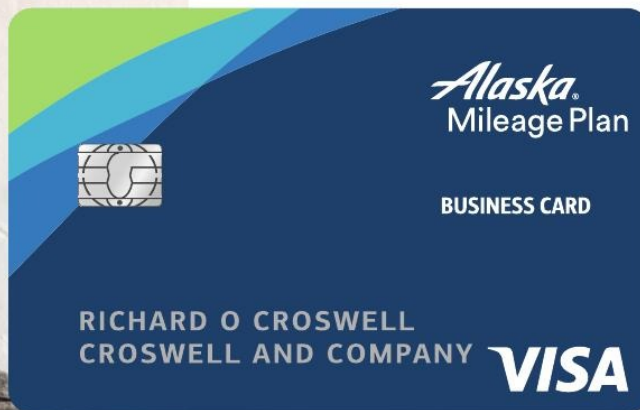


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# WELCOME»



**Brad Tilden,**  
Chief Executive  
Officer

## HOMESTRETCH

» **Our expanded Alaska family is now flying as one.** Guests onboard many of our Boeing and Airbus aircraft this month are seeing the rewards of our two-year commitment to bring together our service, our airplanes and our people. As you'll read in the following note from our President, Ben Minicucci, we couldn't be more excited! —Brad Tilden



**Ben Minicucci,**  
President

Change. No matter what the circumstances, change is never easy. Having your child go off to college, moving to a new house, starting a new job, we can all agree that change is stressful. But more often than not, when people or companies go through change, they come out stronger and better for it.

I was reminded of this recently as I stood on a stage, being put on the spot by a cross section of employees from throughout our company. They were attending a series of workshops at Alaska called Flight Path, designed to talk about our future, focus on our culture and help us come together as One

Team. I personally love these sessions because of the opportunity for honest dialogue between our leadership team and our front-line people—and yes, sometimes the Q&A becomes quite animated, and that's fine by me.

Our employees have a lot of passion, and listening to them is one of the most important roles I have as a leader. In my 15 years with Alaska, I have seen a lot of change, but the greatest has been in the last two years as I've worked on our integration of Virgin America. As we enter the homestretch, I must confess, merging two companies is flat-out hard work. From acquiring a single operating certificate from the Federal Aviation Administration, to harmonizing under one reservation system and integrating hundreds of complex operational and IT systems, to achieving multiple union labor deals—all was possible because of the enormous talent and dedication of the 23,000 strong at Alaska.

Our people have executed the fastest integration in the airline industry, while running

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## » WELCOME

an airline that won its 11th consecutive J.D. Power “Highest in Customer Satisfaction Among Traditional Carriers in North America” award and its first *Condé Nast Traveler* “Best U.S. Airline” award as a combined company. I couldn’t be more proud. We’re committed to making our airline even better for you as we complete the final milestones of the merger.

When we acquired Virgin America, our goal was to create a combined airline that people love. This included a modern and inspired guest experience, which required retrofitting our mixed fleet. We’ll have the new cabin

interior in over a third of our fleet by early next year. The refreshed cabin includes upgraded amenities such as ambient mood lighting, a fresh West Coast–inspired menu, satellite Wi-Fi for fast video streaming, and memory-foam seats, as well as thoughtful touches throughout the cabin, such as unique tablet holders. We’ve enhanced our food and beverage menu with fresh, feel-good options—sourced locally from the West Coast—and with more gluten-free snacks and an all-craft-beer lineup. Most importantly, all this comes with Alaska’s award-winning service delivered

by our outstanding inflight team.

Because, while we make all these investments in our product, we know that it’s our people who really make the difference—through our culture and our values. Alaska Airlines is here today because of our people and the incredible work they do to ensure a safe, reliable and remarkable experience for you, our guests. I hope that in the coming months you get to enjoy our newly converted Airbus and Boeing airplanes. And let us know what you think!

Thanks for flying with us. —Ben Minicucci

## » BIENVENIDO



**Brad Tilden,**  
Jefe Ejecutivo

### EN LA RECTA FINAL

» **Nuestra gran familia de Alaska** opera ahora como una sola compañía. Este mes, los pasajeros a bordo de muchas de nuestras aeronaves Boeing y Airbus experimentarán los frutos del esfuerzo conjunto de dos años al unir nuestro servicio, nuestros aviones y nuestro personal. ¡Estamos sumamente emocionados! —Brad Tilden



**Ben Minicucci,**  
Presidente

El cambio. Independientemente de cuáles sean las circunstancias, los cambios nunca son fáciles. El hecho de que su hijo vaya a la universidad, la mudanza a una casa nueva, el comienzo de un nuevo trabajo: todos estamos de acuerdo de que los cambios producen estrés. Sin embargo, en la mayoría de los casos, cuando las personas o las compañías experimentan cambios, gracias a ello se vuelven más fuertes y mejores.

La semana pasada, recordé esto mientras estaba en un escenario y un grupo de empleados de distintas áreas de nuestra compañía me puso en una encrucijada. Ellos asistían a una serie de talleres que diseñamos en Alaska, llamados Flight Path, donde hablamos sobre nuestro futuro, como enfocarnos en nuestra cultura y aunar esfuerzos como “Un solo equipo”. Personalmente, estas sesiones me encantan porque brindan la oportunidad de establecer un diálogo honesto

entre nuestro equipo de liderazgo y nuestro personal de atención al cliente, y sí, a veces la sección de preguntas y respuestas puede tornarse un poco animada, y lo cual disfruto mucho.

Nuestros empleados se apasionan mucho con su trabajo, y escucharlos es uno de los roles más importantes como líder. En mis 15 años con Alaska, he visto muchos cambios, pero el más grande ocurrió en los últimos dos años cuando trabajé en nuestra integración de Virgin America. A medida que entramos a la recta final, debo confesar que fusionar dos compañías ha sido indudablemente una labor muy ardua. Desde obtener un certificado de operación por parte de la Administración Federal de Aviación, hasta lograr la armonización de un solo sistema de reservaciones y la integración de cientos de sistemas operativos y de tecnología muy complejos, hasta lograr diversos acuerdos con los sindicatos de trabajo: todo esto fue posible gracias al enorme talento y dedicación de los 23,000 empleados quienes representan la fuerza de trabajo de Alaska.

Nuestro personal llevó a cabo la integración más rápida de la industria de las aerolíneas mientras y al mismo tiempo continuó con la operación eficiente de una aerolínea que ganó su 11.º galardón otorgado por J.D. Power por



la mayor puntuación en satisfacción del cliente entre las aerolíneas tradicionales de Norteamérica, y su primer premio de mejor aerolínea de EE. UU. otorgado por *Condé Nast Traveler* como una sola compañía. Esto me enorgullece enormemente. Asumimos el compromiso de mejorar nuestra aerolínea aún más para ustedes en el 2019 mientras completamos los detalles finales de la fusión.

Cuando adquirimos Virgin America, nuestro objetivo era crear una aerolínea combinada que la gente realmente ame. Esto incluía una experiencia del pasajero moderna e inspirada, lo cual requirió la modernización de nuestra flota variada. El nuevo interior de la cabina estará en más de un tercio de nuestra flota para comienzos del próximo año. La cabina renovada incluye servicios innovadores como iluminación ambiental, un nuevo menú inspirado en la costa oeste, Wi-Fi satelital para un flujo de videos más rápidos, asientos de espuma viscoelástica y detalles bien pensados en toda la cabina, como las novedosas porta-tabletas. Mejoramos nuestro menú de alimentos y bebidas con opciones más frescas y apetecibles con ingredientes locales de la costa oeste, más opciones de bocadillos sin gluten y cervezas artesanales. Lo más importante, todo esto forma parte del servicio galardonado de Alaska que nuestro excepcional equipo de a bordo le brinda en todos los vuelos.

Sabemos que, al hacer todas estas inversiones en nuestro producto, es nuestro personal quien realmente hace la diferencia —a través de nuestra cultura y nuestros valores. Alaska Airlines está hoy aquí gracias a nuestro personal y al increíble trabajo que realizan para garantizar una experiencia segura, confiable e inigualable a todos ustedes, nuestros pasajeros. Espero que en los próximos meses puedan disfrutar de nuestros aviones Airbus y Boeing recientemente transformados. ¡Y que compartan con nosotros su experiencia!

Gracias por volar con nosotros.

—Ben Minicucci



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## Brush better without the baggage

The perks of sky-high travel tell us that more is more, like extra legroom, snacks, and sips. But when it comes to oral care, a “little” goes a long way.

The quip electric toothbrush starter set (from \$25) makes it simple with a slim design that travels light and lasts 3 months on a single charge. To keep you jetsetting in style, there's a nifty cover that sticks to mirrors at home and hotels, and slides over your bristles to stow away in your carry-on.

quip also features timed sonic vibrations with 30-second pulses to guide a first-class clean, and it's one of the first electric brushes accepted by the American Dental Association. Subscribe to get your first refill free,\* and we'll automatically refresh your old brush head and battery for \$5, and optional toothpaste (\$5 more) every 3 months with free shipping, and zero delays. Now buckle up, and give your bite the oral health upgrade it deserves.

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# IN THE KNOW»

## WHAT'S NEW

**Alaska Airlines boasts the most nonstop flights from the West Coast of any airline** and continues to add travel options. Already this year, we've added 11 routes and opened service in Everett, Washington; Columbus, Ohio; and El Paso, Texas. There are many reasons to give our new routes a try, including the following events.

### PAE Everett, WA

**Fisherman's Village Music Festival, May 16–18;** a multigenre, multivenue series of concerts and activities organized by the Everett Music Initiative.



### SEA Seattle, WA

**Seattle International Film Festival, May 16–June 9;** hundreds of features, shorts and documentaries from 80-plus countries; serves as the centerpiece of year-round film programming.

### PDX Portland, OR

**Portland Rose Festival, May 24–June 9;** parades, fireworks, charity events, dragon boat races, a city fair, a fleet week and more.

### SFO San Francisco, CA

**Alaska Airlines Bay to Breakers, May 19;** an annual 12K footrace and cultural happening, held since 1912; features costumed runners, live music and a health-and-wellness expo.

### SJC San Jose, CA

**sjDANCEco Spring Dance Festival, April 28;** seven hours of performances showcasing 60-plus Bay Area dance organizations.

### LAX Los Angeles, CA

**"Photoville LA," April 26–28 and May 2–5;** photography exhibits in repurposed shipping containers, with food, drinks, talks and more.

### SNA Santa Ana / Orange County, CA

**Star Wars: Galaxy's Edge, May 31;** the first phase of attractions open at the new Star Wars-themed land at Disneyland in Anaheim.

### SAN San Diego, CA

**Mission Federal ArtWalk, April 27–28;** a 35th-annual event with more than 300 artists, and installations and performances in the streets of the Little Italy neighborhood.



COSI Science Festival.

### CMH Columbus, OH

**COSI Science Festival, May 1–4;** a communitywide celebration, with 100-plus events, activities and grand-finale outdoor festivities.

### LAS Las Vegas, NV

**Vegas Uncork'd by Bon Appétit, May 9–12;** notable chefs and food-and-wine personalities headline events at several major Las Vegas hotels.

### PHX Phoenix, AZ

**PHX Field Day, May 18;** classic playground games—such as sack races and tug-of-war—for adults, with food trucks, drinks and a market.

### ELP El Paso, TX

**Viva! El Paso, weekends, June–August;** outdoor music, drama and dance honoring El Paso's Native American, Spanish, Mexican and American West influences.



Viva! El Paso.



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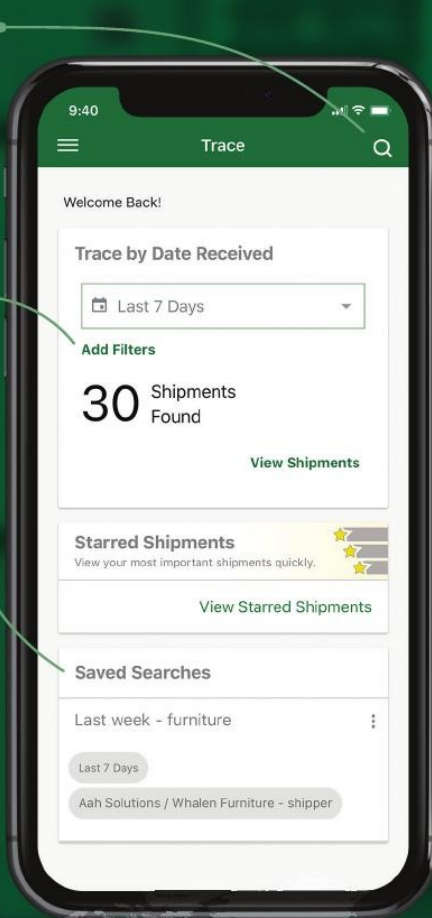
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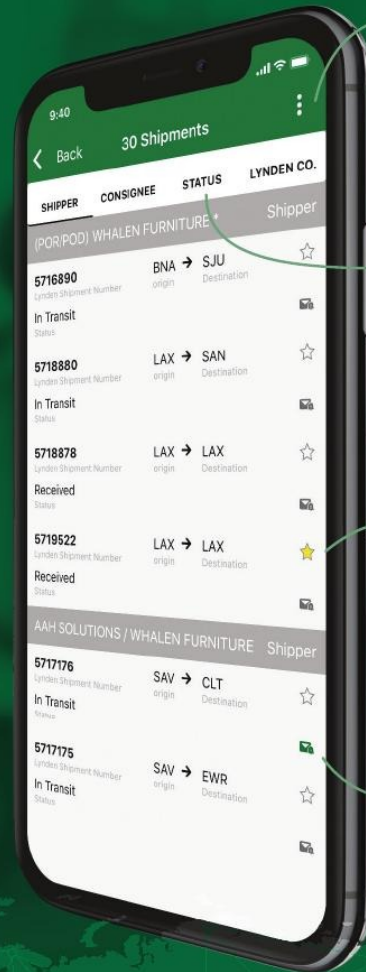
Sort your shipments by shipper, consignee, status, or Lynden company.

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Lynden is continually looking for ways to streamline the shipping and logistics process. Our new mobile app was developed based on feedback from customers and provides accurate, up-to-date shipment information directly from your iPhone or Android device. Easily view shipments without having to remember a tracking number; sort, filter and search to find exactly what you are looking for, whenever you need it.

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## TRUE ORIGINAL

Captain/Line Check Airman Clement Terino is a Legend of Customer Service

» **Clement “Clem” Terino was the first pilot to apply** for a position at Virgin America.

His years of service to the airline, and to Alaska since the two airlines merged, have made him one of the most respected captains in the field.

In 2006, Virgin America wasn’t yet certified to fly when the fledgling company launched a test for an online job-application system. Those overseeing the test were shocked to receive Terino’s application within minutes.

“They were so impressed with him getting to the site so quickly, they had to bring him in,” says Terino’s longtime colleague Mike Geiger. “It’s something [nobody has] ever regretted.”

Terino, a lifelong resident of Central New York, joined the New York Air National Guard in 1980 as an air mechanic. After attending flight school, he worked at a flight instruction/charter company, then at a regional airline. He was later a pilot/check airman for Independence Air.

At Virgin America, as one of the original employees, Terino screened pilot applicants for the flight-operations team and was integral to getting the airline certified. He also developed a guest-service program that defined the pilot’s role in the flyer’s experience. It emphasized that the pilot should be highly visible, honest and communicative, an approach that became part of the airline’s award-winning service. Terino appreciates the chance to bring this openness and approachability to his work at Alaska.

In addition to flying planes, Terino is a Line Check Airman—one of the experienced pilots responsible for training and evaluating new hires and making sure flight crews comply with operating procedures. In this role, Terino is known for his deep commitment to safety.

Terino says his most significant accomplishment is raising his kids with his wife of 35 years. They have two sons and a daughter, now grown.

This month, Terino celebrates 13 years of service to Virgin America and Alaska Airlines.

“It’s been a great ride,” he says. —Ben Raker



Clement  
“Clem” Terino.

### QUESTIONS & ANSWERS

**What do you like most about your job?**

I love to fly, and I love the people. There’s something magical about flying airplanes.

**What advice do you have for new hires?**

There’s a perception of the pilot as the One Behind the Curtain. That does not need to be. Communicating honestly tells guests there’s someone up front looking out for them. I think about my family and myself: What would I want to hear from the cockpit as a flyer?

**What are your favorite places to travel?**

My wife and I especially love traveling to Florida’s Gulf Coast and to Saint Martin in the Caribbean.

**What are your favorite activities?**

Pretty much anything that has to do with water—boating, fishing, you name it.

**What do you carry with you on trips?**

When my daughter was young, she gave me a pendant. I’ve flown with it ever since.

### KUDOS FROM CLEM’S CO-WORKERS

“Clem greets everyone with a warm smile and a sincere handshake. He has set a high standard in safety and professionalism that he models consistently, day in and day out. He is also famous for not having the ability to say no when asked to help.” —Mark B., *Managing Director, Standards Fleet and Operations Control, Seattle*

“He’s one of the hardest workers I know, and he has a huge heart.” —Mike G., *Captain/Line Check Airman, San Francisco*

“He’s a saint. He’s very calm and smiling all the time—every time you see him.” —Stefano P., *First Officer, San Francisco*

“It’s never about him. It’s always about the person he’s with, or the company, or somebody else.” —Marcus D., *Base Chief Pilot, Los Angeles*

“He is one of the kindest, most down-to-earth and genuine people I know.” —Mae D., *Crew Qualification Specialist, San Francisco*

» ALASKA AIRLINES EMPLOYEES such as Clement Terino are the reason for our service excellence. Join us in creating an airline people love. Visit [careers.alaskaair.com](https://careers.alaskaair.com).



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## DOING IT RIGHT

Aircraft Technician Calvin Johnston is a Horizon Pathfinder

» Calvin Johnston goes wherever he's needed, whenever he's needed—even on his day off. Not long ago, for instance, as he was relaxing one evening and looking forward to vacation time the next day, the Portland, Oregon-based Aircraft Technician got a text saying a Horizon Air Q400 in Seattle needed a nose-gear change, and could Johnston catch an early-morning flight to the Emerald City.

"I'm part of the AOG (Aircraft on Ground) team—it's our job to make sure planes are safe and reliable," says Johnston, who has been with Horizon Air for more than 32 years. "When they ask who will volunteer to go out of town if something comes up, I usually step up and volunteer. I like the variety. You get to go a lot of different places and do a lot of different things. And when I take care of something, it's a good feeling. When I'm out there—whether in the sunshine in Los Angeles or cold winter weather in Montana—I want to get the job done and done right."

Technicians are responsible for scheduled maintenance as well as addressing issues that arise, and Johnston also enjoys collaborating with colleagues. "The team pays close attention to details, and we really care about what we are doing. I like working with people who have that mindset. I like sharing my knowledge and hearing others' ideas on how to approach things."

Johnston, who earned an A&P (airframe-and-powerplant) license and served in the Navy as an aviation electrician before joining Horizon, has enjoyed working on equipment since he was a kid. "We lived on a farm outside Portland, and you learned how to fix everything," he says. "As an Aircraft Technician, you have to be good at diagnosing and troubleshooting. I like what I do in my job. Also, people here are awesome. Horizon has a family atmosphere."

In fact, he adds with a chuckle, he met his wife at Horizon, when she was working as an inflight supervisor. —Michele Andrus Dill



Calvin Johnston.

### QUESTIONS & ANSWERS

#### What's a favorite part of your job?

Being able to sign off on the airplane and knowing it's safe and that I did a good job, and seeing the result—people getting where they want to go.

#### What do you like to do when you're not at work?

I love movies and going out to dinner, and doing things with my wife and kids. My wife and I both own motorcycles, and we like to ride out to an area lake. We also like trips to Disneyland. And we just came back from Hershey, Pennsylvania. We are chocolate lovers. We came back with Hershey T-shirts, ornaments and key chains, and a couple of pounds of chocolate.

#### What is most important to you in life?

Family—that my wife and kids are happy. And anything I can do to help somebody out—making other people happier makes me happier. People say I don't think about myself much. I put a higher priority on others.

#### What's some good advice you've given others?

If you are struggling, then sometimes take a quick little break and come back to it, and you'll be amazed at how things can come back together. Also, when you have free time, try to get more knowledge. Don't just waste your free time. Always be learning.

### PRAISE FOR CALVIN

"Calvin's fellow mechanics draw from his in-depth knowledge and experience. The Maintenance & Engineering Team is a results-driven bunch, and take their work seriously. Calvin's co-workers appreciate the positive attitude he brings to the team, no matter the circumstances. He is frequently going out of town to work on

airplanes, and he always seems to be in a good mood, even after returning from a long trip or working all night or in the worst weather conditions. He sees our greatest challenges as opportunities, and as interesting problems to solve."

—George K., Horizon Vice President of Maintenance & Engineering, Seattle



HORIZON AIR EMPLOYEES such as Calvin Johnston are the reason for our service excellence. Join us in creating an airline people love. Visit [horizonair.jobs](http://horizonair.jobs).





**WHEN BEN WENT THROUGH 20/20 LIFESTYLES, HE NOT ONLY LOST EXCESS WEIGHT AND IMPROVED HIS NUTRITIONAL HABITS, BUT HE ALSO RE-DISCOVERED A LOVE FOR RUNNING, REDUCED HIS OVERALL STRESS AND FOUND SOME FAVORITE NEW FOODS.**

#### THE MOTIVATION

I had gradually been putting on weight, largely due to unhealthy dietary habits. It was a daily struggle that I had a hard time finding a way to address. After the results of my annual medical exam made it harder to ignore, my wife suggested that I look into the 20/20 LifeStyles program.

#### THE CHALLENGE

For more than 15 years, I've enjoyed exercising and participating in races, so it wasn't about getting more exercise. To be honest, I was daunted by the prospect of what seemed like drastic changes to my diet and the resulting loss of foods and drinks that I realized I'd come to rely on for managing stress or tiredness.

#### GAME CHANGERS

As I learned more about nutrition and the effects of different foods on the mind and body, I felt better equipped. It was also helpful to understand the many ways in which sleep is important, including why it's important in managing weight.

#### FAVORITE NEW FOOD

Frozen raspberries! I love them with some fat-free yogurt or just on their own.

#### THE BEST PART

From my teenage years through my adult life, I've struggled with my body image. And now, I'm both slimmer and fitter than I've ever been. It has been amazing to see my body transform. It has also been fun buying new clothes and very satisfying to have shaved several inches off my waistline for the fancy new jeans I rewarded myself with.

#### GOING FORWARD

I'm at my target weight now, and I'm conscious that keeping the weight off is likely to be a bigger challenge for me than losing it. However, with the new healthy eating habits and nutritional knowledge I've gained, I feel confident that I'm equipped for the long haul.

#### AN UNEXPECTED BONUS

I've fallen back in love with running. It makes such a difference when I'm no longer lugging 40 pounds along with me, and I've really enjoyed reincorporating it into my exercise routine.




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## BEING GREEN

» **This month**, people around the world are participating in a variety of activities to aid the planet on Earth Day, April 22.

At Alaska, we are proud of our industry-leading efforts in sustainability, including programs such as the elimination of plastic straws onboard, partnerships in the development of biofuels, robust inflight recycling, and initiatives to promote a diverse workforce. Programs such as these have earned us a No. 1 ranking in the aviation category of the Dow Jones Sustainability Index for two years running.

Much of the energy for our sustainability work comes from our Green Team—an employee group that began as a grassroots effort. Here are some suggestions from Green Team members to improve your efforts in sustainability—on Earth Day and every day.

■ **“One thing that helped me remember to bring a reusable bag to the store** was purchasing a bag with a carabiner attached. After I’m finished unpacking groceries, I’ll snap it back to my workbag, and that is a personal reminder to leave it in my car for the next grocery store trip. A carabiner works for remembering your reusable water bottles, too.”  
—Sarah R., *Community Relations Specialist and Green Team member*

■ **“Keep your own silverware** and a compact fold-up bag with you at all times so you don’t have to use plastic disposables (utensils or bags) at restaurants or stores.” —Kim F., *Call Center Specialist and Green Team co-chair*

■ **“I love to shop at thrift and antique stores** instead of buying something new from a traditional retailer. Most times, you can find what you need and reuse something that might otherwise end up in a landfill. As a bonus, these finds are often less expensive, more durable and have more character than new items.” —Kerr B., *Senior Employee Onboarding Specialist and Green Team co-chair*



### YOU CAN HELP

Here are some tips for what you can do as a flyer to help us move toward our sustainability goals.

- **Use our app.** Go paperless by using our award-winning app to board with a digital boarding pass. In 2018, more than 19 million guests used mobile boarding passes, saving approximately 1,900 trees’ worth of paper.
- **Pack light.** Be conscientious when packing. Each pound makes a difference to our CO<sub>2</sub> emissions. We estimate that if each passenger packed 5 pounds less, it would decrease our CO<sub>2</sub> emissions by 11,800 metric tons each year.
- **Donate miles.** Help us to be socially responsible and support communities. Our guests donated more than 53 million miles in 2018 to help organizations such as the Make-A-Wish Foundation, The Nature Conservancy and the United Negro College Fund.
- **Learn more.** Read more about our sustainability work and how you can help at [flysustainably.com](http://flysustainably.com).

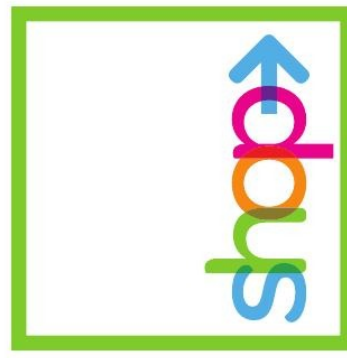
■ **“Bring a reusable bottle** when you fly. Fill it up after security (many airports have water-filling stations). I have a stainless steel bottle to keep water cold when I travel.” —Kathy H., *Inflight Food and Beverage Specialist, former Green Team co-chair, and “Recycling Guru”*

■ **“Enjoy every drop of beer or wine!** (And other beverages are fine.) What we eat and drink has impact, and sustainability is partly about fully appreciating these options and honoring all the nutrients, water and energy used to create them. An inflight drink from Alaskan Brewing Company or Broken Earth Winery is a good start—both of these companies are committed to sustainability.”  
—Kirk M., *Director of Sustainability*

■ **“We can all make informed decisions** to minimize our negative impacts and engage more deeply for good. **Whatever positive thing you do, do it with all your heart.** Together, we can create a beautiful future, a living environment and opportunities for all our kids.” —Diana B. R., *Vice President, External Relations, and Green Team executive sponsor*







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# Now Arriving



PHOTOS BY INGRID BARENTINE; ILLUSTRATIONS BY JESSICA RANDKLEV

**Alaska Airlines guests** are beginning to enjoy our next-level experience as we shift into high gear retrofitting our Airbus fleet. The new cabin upgrades are the result of two years of guest research and combine the best features of Alaska Airlines and Virgin America, resulting in many thoughtful enhancements that make the journey comfortable, hassle-free and productive.

Our new cabin features include:

- **Refreshed color palette** from the bulkhead design to the carpet, bringing in neutral tones associated with relaxing environments,

accented with pops of Alaska's signature blue.

- **Mood lighting** with calming, cool blue hues that complement natural circadian rhythms.
- **Advanced high-speed satellite Wi-Fi by Gogo**, delivering faster connection speeds that allow guests to stream services such as Netflix or HBO Go.
- **Redesigned First Class Recaro seats** that evoke the performance and comfort of a luxury car.
- **Upgraded Premium Class and Main Cabin seats** featuring memory foam for added comfort.
- **Ergonomic tablet holders** that accommodate most tablets

and smartphones.

- **Convenient power outlets** (USB and 110V) that allow guests to charge two devices at once.
- **Curated onboard music** with a cool West Coast vibe.
- **Cup holders** in First Class and Premium Class that allow guests to multitask while they savor a craft beer or glass of wine.

The new cabin is part of a series of investments Alaska has made to its onboard offerings, which also include a rotating seasonal menu. New options feature fresh, locally sourced ingredients and feel-good snack and beverage items from beloved

West Coast brands.

Alaska's fleet of Airbus aircraft is currently being updated, and by early 2020, more than one-third of Alaska's mainline fleet will feature the new cabin interior.

"Our guests are at the center of everything we do," says Andrew Harrison, Alaska Airlines' Executive Vice President and Chief Commercial Officer. "We've created a relaxing travel experience, so that our guests can focus on where they're going and leave the rest to us."

Read on to see how we're taking travel on Alaska Airlines to the next level.



# Thoughtful Touches



**Months of research,** focus groups and design iterations went into our new cabin, but we started by asking a single question: What makes you comfortable on a plane?

Turns out, your comfort is about a lot more than just ergonomics. You want to feel more in control—control of your space, your belongings and, ultimately, your flight experience.

We worked with our partners continually, tweaking changes until we got it right. The new design takes your comfort to heart, with custom memory-foam seats, tablet holders to fit your mobile device of choice, headrests with

six adjustable settings, and more.

“Our goal is not to be different for different’s sake,” explains Sangita Woerner, Alaska Airlines Vice President of Marketing. “We want to be different for our guests—and we believe the details matter.”

“Comfort is about the seamlessness of all interactions you have onboard,” says Johannes Lampela, BMW Designworks’ Director of Design, who worked with us on the cabin retrofit. “The modern traveler wants to be in control, not dictated to by their space. This means they need to have freedom to put things in different places.”

## Calming colors

Colors may be one of the first things you notice when boarding one of our retrofitted cabins. “We wanted a calming environment because travel can be so stressful,” Woerner notes. “You should feel comfortable and welcome the moment you step onboard.”

Look for neutral colors, blending warm and cool grays and blues. When you walk from the front to the back of the plane, the colors transition from lighter to darker shades, creating a spacious first impression and a sense

of depth. The goal was to produce a space that’s pleasing to the eye no matter where you’re seated.

To infuse our brand personality into the space, brighter brand colors are used as accents. Pops of fun blues can be found in elements such as the seatback literature, mood lighting and flight attendants’ uniforms, working together to create a cohesive look.





## One-of-a-kind seats

To ensure optimal comfort, our seats were tested by people sitting on them for hours at a time, mimicking a long-haul flight. The cushions are hand-cut and formed with several memory-foam parts, creating a design unique to Alaska Airlines.

You'll also find a comforting adjustable headrest that helps to accommodate more body types, giving you more control.

## First Class Luxuries

To bring in a feeling of luxury, we looked to the automotive industry for inspiration.

"For our First Class seats, we wanted a sports car, performance-driven look," Woerner says. We carefully considered the materials and the shape of the memory-foam cushion, and employed a mix of textiles and quilting tech-

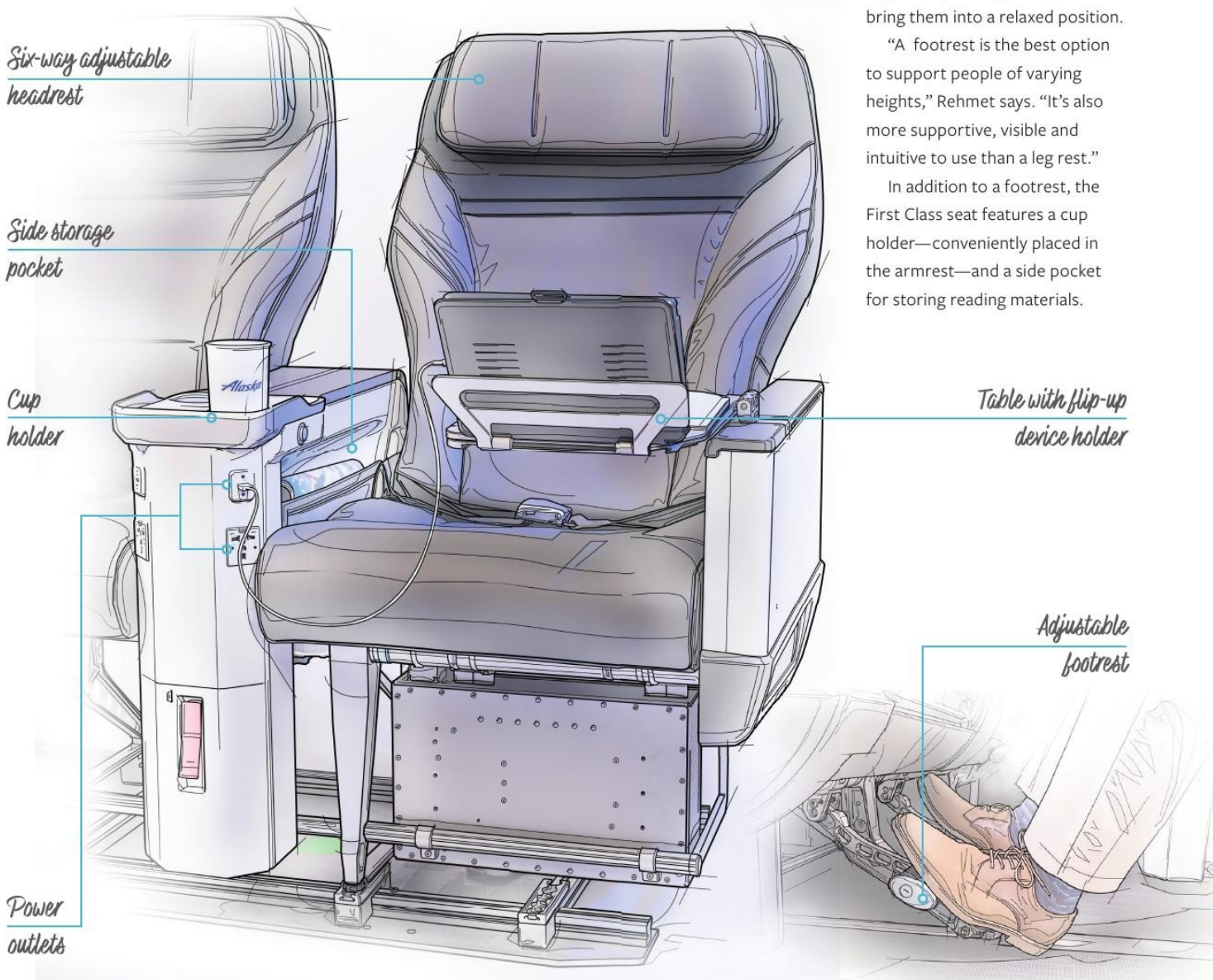
niques for the seat covers to create a rich look.

"Alaska wanted the First Class seats to feel like a seamless transition from your premium vehicle," says Martin Rehmet, Regional Sales Director of German seat manufacturer Recaro. "The sculpted seat hugs more of your body and back."

In its ergonomic and sleeping studies, Recaro looked at the First Class seat cushion from all angles to figure out the best way to support a passenger's feet and to bring them into a relaxed position.

"A footrest is the best option to support people of varying heights," Rehmet says. "It's also more supportive, visible and intuitive to use than a leg rest."

In addition to a footrest, the First Class seat features a cup holder—conveniently placed in the armrest—and a side pocket for storing reading materials.







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## A multitasker's seatback

There's no question the modern traveler wants to be able to multitask. Whether watching a show while texting a friend or sending emails while charging your phone, you want to be able to utilize more than one screen or device at a time.

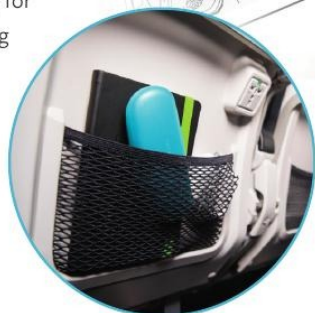
To make our Premium Class and Main Cabin seats more conducive to multitasking, we built a custom tablet holder at eye level that can adjust to fit most mobile devices. A nonslip shelf folds down to support your device, and a clip slides up and down, allowing you to find the right fit to secure your device.

To enable easy charging of your device while it's in use, the new seatbacks feature a USB port next to the tablet holder. There is also a power outlet with a 110-volt AC connection located under the tray table.

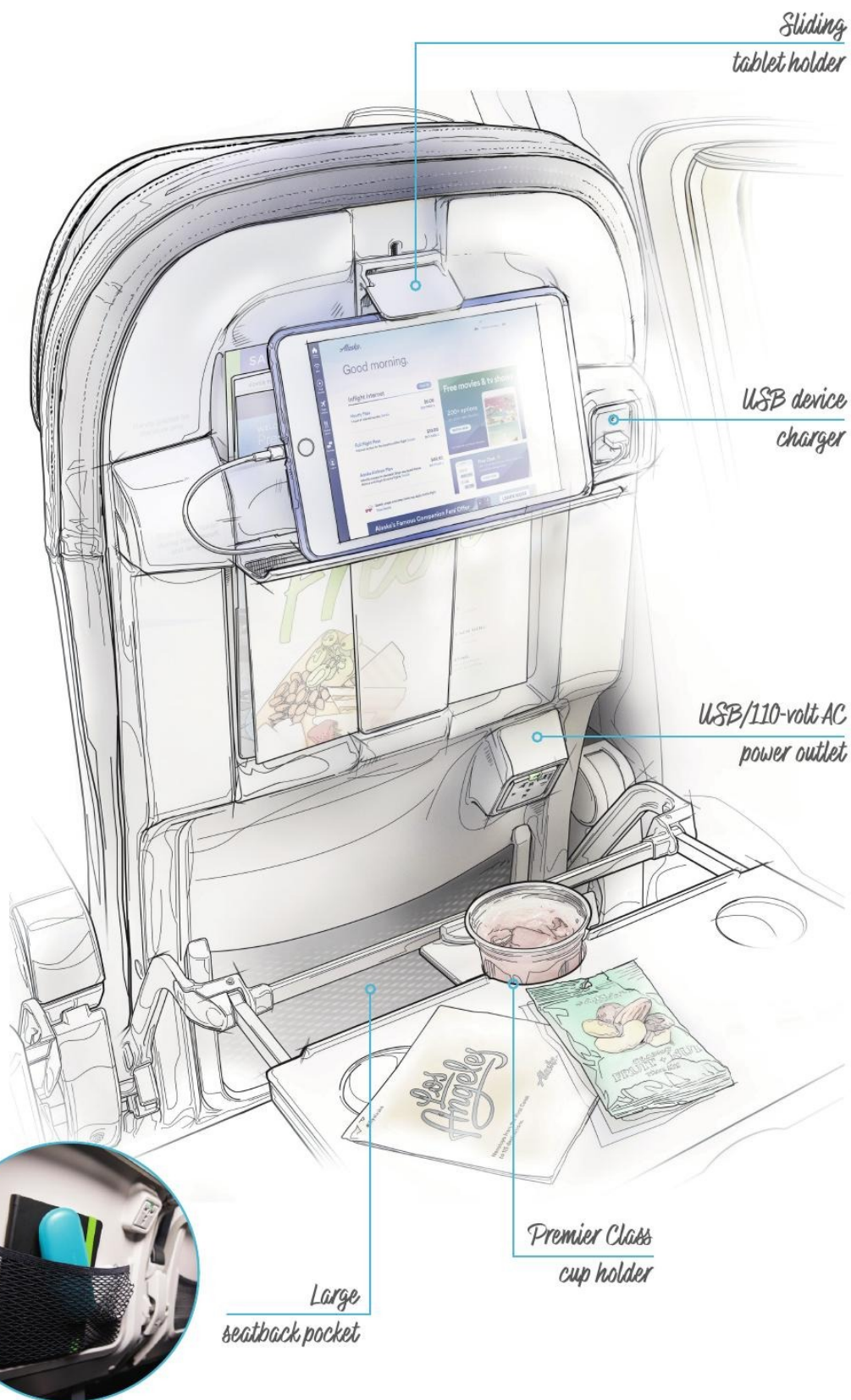
By keeping your mobile device in a hands-free position at optimal viewing height, the tray table is left open for food and other essentials. In Premium Class, you'll find a new cup holder in a more protected spot at the back of the tray table.

The new seatback pocket is large and forgiving, made with a stretchy, mesh fabric, allowing for easy access to essentials during the flight.

Taken together, these elements give you more freedom and control to use the space as you please.



Large seatback pocket



Sliding tablet holder

USB device charger

USB/110-volt AC power outlet

Premier Class cup holder



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# Bold New Flavors



**Fresh. Local. Healthy. Seasonal.** When Alaska set out to reinvent its inflight menu with a West Coast vibe, these were the elements that guests said they sought most. With the new food options now onboard, these concepts continue to guide Alaska's development of carefully crafted rotating menus.

Guests can savor the flavors of gourmet meals, feel-good snacks, and local craft beers and wines. As the menus change quarterly, guests can enjoy new offerings inspired by the West Coast food scene.

For Alaska's new First Class and Main Cabin cuisine, the airline is partnering with Joshua Rappaport, Executive Chef, Menu Design for LSG Sky Chefs. Chef Rappaport thoughtfully elevates the Alaska experience through food—to rival great menu experiences on the ground.

Recently, the chef answered questions about what goes into this work.

*Chef Joshua Rappaport, at left in above photo, puts great care and testing into each aspect of Alaska's new seasonal food menus.*

**Q: What was the philosophy that drove your reinvention of Alaska's menus?**

**A:** My goal was to provide our guests with an inflight dining experience that would reflect the variety—and quality—to which they are accustomed in cities such as Seattle, Portland, Los Angeles and San Francisco. Over the past several years, we on the West Coast have grown to expect a very high standard in the food available to us, in terms of the raw materials used and the diverse global influences on our cuisine. We are accustomed to shopping at farmers markets and well-stocked grocery stores that feature regional products. Previously exotic ingredients such as mole and kimchi have become mainstream.

The seasonal element is important, as well. West Coast diners are attuned to the ebb and flow of seasonal delicacies such as Washington state apples in the fall and wild Alaskan halibut in the spring. By making the shift to four complete menu changes every year, we can speak to this bounty in the same way that local restaurants do.

The other main driver behind the new menu designs was a strong commitment to local sourcing and highlighting West Coast products. For many years, Alaska has featured some great Pacific Northwest brands, such as Beecher's Handmade Cheese and Seattle Chocolate, and we'll continue to feature guest favorites, such as the Signature Fruit and Cheese Platter. Over the past year we have forged great new partnerships. For example, I'm excited about working with Portland-based Salt & Straw for their innovative ice creams. We're also working with Seattle-based Cucina Fresca to bring locally produced fresh pasta onboard.

**Q: What else distinguishes Alaska's menus?**

**A:** When we began to brainstorm, the phrase that I kept coming back to was "approachably adventurous." I wanted the food to be innovative and on-trend, but also needed to account for the fact that not everyone gets excited about trying unfamiliar foods, and that some ingredients can be very polarizing in a limited-choice environment. If there is a specific flavor or ingredient that I want to feature that may be a little bit outside the box, I will try to pair it with other elements that are more recognizable and approachable. In one of the fall dishes, we had pink pickled onions—which we pickled in our kitchens—and these were provided on the side for people to add to a sandwich anchored by smoked bacon and Havarti cheese.

I love the challenge of taking contemporary West Coast food concepts and spinning them into something that will work in the parameters of our environment. Once I've identified flavors and ingredients that I want to feature, I need to think about packing limitations, space constraints, how it will reheat, and how easy it is for flight attendants and passengers to handle. There's also the impact of altitude on our taste buds: The air in a pressurized cabin eliminates some of our flavor perception. To compensate, I use lots of bright flavors that hold up well, such as citrus, vinegars and aromatic spices.

**Q: How does your background factor in?**

**A:** I have spent almost my entire career in Washington state, so my style of cooking is





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very much in the West Coast idiom. I spent 10 years working at Seattle's Fairmont Olympic Hotel, where we specialized in fresh, local products prepared using classical European techniques. That's really where I learned how to appreciate and handle high-quality ingredients, and how to think seasonally. In the years since, I have been fortunate to work alongside talented chefs from all over the world, and I have tried to learn as much as I could from their expertise, whether it was my Oaxacan sous-chef teaching me how to make an authentic mole sauce or a Korean colleague schooling me in the right way to marinate bulgogi.

I'm the product of a family for which the act of preparing and sharing food was central. I grew up in New England, eating foods that weren't really common in the 1970s and '80s for that region: spaghetti squash, tofu, fermented black beans. We also had a huge garden, so I understood from an early age what fresh really meant. Later, my first cooking job was at an old country inn on the coast of Maine, where all the vegetables were grown on-site. A local fisherman dropped off fresh lobsters on his way home from the wharf each day. This all informed my sensibility as a cook long before I went to culinary school, and it carries through to my approach to creating menus now.

**Q: What are we likely to see in the future?**

**A:** Look for additional exciting partnerships that will allow us to feature some great West Coast companies. We're also increasingly using guest feedback to take a more data-driven approach to menu decisions, which allows us to use insights into our flyers' preferences as a tool to design menus with even greater appeal.

With people's awareness of sustainability as a consideration, we will continue to focus on ingredient sourcing. Last year, we transitioned to using only cage-free eggs in our menus, and we're working hard to identify similar opportunities across the portfolio. I also want to focus on incorporating more plant-based options, in line with a trend we're seeing up and down the West Coast. There are great products out there that will allow us to develop menus that accommodate a wider range of preferences.

## Now Onboard

**As a chef,** I mark the progress of a year in terms of what I'm craving—or cooking—at any given time. Each season has a handful of what I call "milestone ingredients," whose appearance in markets and on menus serves notice that we are turning the corner into a distinctive time of year. In the summer, it might be your first perfectly ripe tomato or a handful of fresh cherries. In the fall, a bite of crisp apple or the smell of roasting pumpkin might signal that shorter days and cooler nights are on the way. Check out the following dishes, from our current menu, intended to convey the very essence of spring.



### Asparagus Risotto

Available on most flights, in First Class, our intensely flavorful asparagus risotto showcases some of the season's most prominent ingredients. Creamy rice is garnished with fresh asparagus, fava beans and pea shoots in a trifecta of emblematic spring vegetables. Savory roasted mushrooms lend umami, that elusive aspect of taste prized by chefs worldwide, while petite red and yellow tomatoes provide pops of color and acidity against the richness of the Parmesan cheese. Complement this with a salad of tender baby greens—and a glass of California Chardonnay, if you are so inclined—and I'm hard-pressed to imagine a dish more representative of spring on the West Coast. —Joshua Rappaport

### Lemongrass Chicken Chopped Salad

Available for purchase on select flights, in all seat classes, this chicken salad brings together authentic Asian flavors in a vibrant combination with West Coast flair. Aromatic lemongrass gives grilled chicken a classic Vietnamese street-food feel and reminds us that the time for outdoor cooking is coming. Crisp cucumbers, carrots and Napa cabbage provide a welcome, crunchy respite from a winter diet focused on cooked and preserved vegetables. Our sweet, tangy, homemade sesame-honey vinaigrette brings it all together.



### More meals:

Other First Class options may include an Acai Bowl (mornings) or a Seared Top Sirloin (later flights). In the Main Cabin, try a Sunrise Breakfast Sandwich (mornings) or a Turkey Provolone Sandwich (later). View menu options and choose your meal (on select flights) up to two weeks before departure using the Alaska Airlines mobile app.



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# Tech Driven

**From Wi-Fi to lighting** to keeping you powered up, as we pull back the curtain on our new cabin interior, you'll see that science and technology played central roles.

## Satellite Wi-Fi

Alaska Airlines is actively rolling out high-speed satellite Wi-Fi. That means improved geographic coverage that will let guests stay connected just about everywhere Alaska flies, even when traveling to popular destinations such as Hawai'i, Mexico and Costa Rica where connectivity was previously unavailable.

Our Gogo 2Ku service provides a faster connection speed that lets you stream, browse and chat from the time we push away from your departure gate to arrival at the other end of your flight. No waiting until the aircraft reaches 10,000 feet. You can browse the internet, catch up on email and choose from 700 free movie and TV titles in our Alaska Beyond Entertainment library—the most movies in the sky.

What's more, with satellite Wi-Fi you can now stream content from your favorite providers such as Netflix, Hulu and HBO Go. When you're on an Alaska flight with satellite Wi-Fi and our retro-fitted interior—with custom device holders—you'll be able to watch your favorite movies and surf the web on your own schedule, without interruption.



## Mood lighting

There's a time to focus on getting your personal items stowed amid a busy boarding process, and there's a time to settle in, relax and chill. There's a rhythm to the process, much as there is to everyday tasks, and often our tasks are cued by ambient light.

Alaska's new mood lighting isn't just about creating a cool ambiance. We've taken cues from science, creating a lighting system that changes throughout a flight to promote an uplifting energy during the day and calming

energy into the evening.

To select the right colors and intensities, we consulted lighting experts who used light readers to determine the circadian stimulus and the best options for various stages of a flight.

Everyone has an internal clock that responds to natural light. If you're crossing time zones on a long-haul flight, mood lighting can help you fall asleep on a red-eye or stay focused on a workday.

Research also shows that certain colors can trigger different emotional responses. While red is associated with urgency, blue has a calming effect. We're generally most comfortable under colors of light found in nature.

We want to make sure our lighting both eases anxiety and enhances enjoyment for the duration of a flight. We've chosen a range of blues and whites that not only complement the daylight coming through the windows, but also make our guests feel good.

## Power to the people

Every seat in our newly designed cabin has two power outlets. Charge your phone or tablet while watching a movie—plug your USB cord directly into the USB port next to the device holder. There's also a standard AC power outlet. For most seats, the power block is located just below the tray table.

In the end, our new cabin design, with all its thoughtful touches, is powering up both comfort and productivity for the modern traveler. ✕

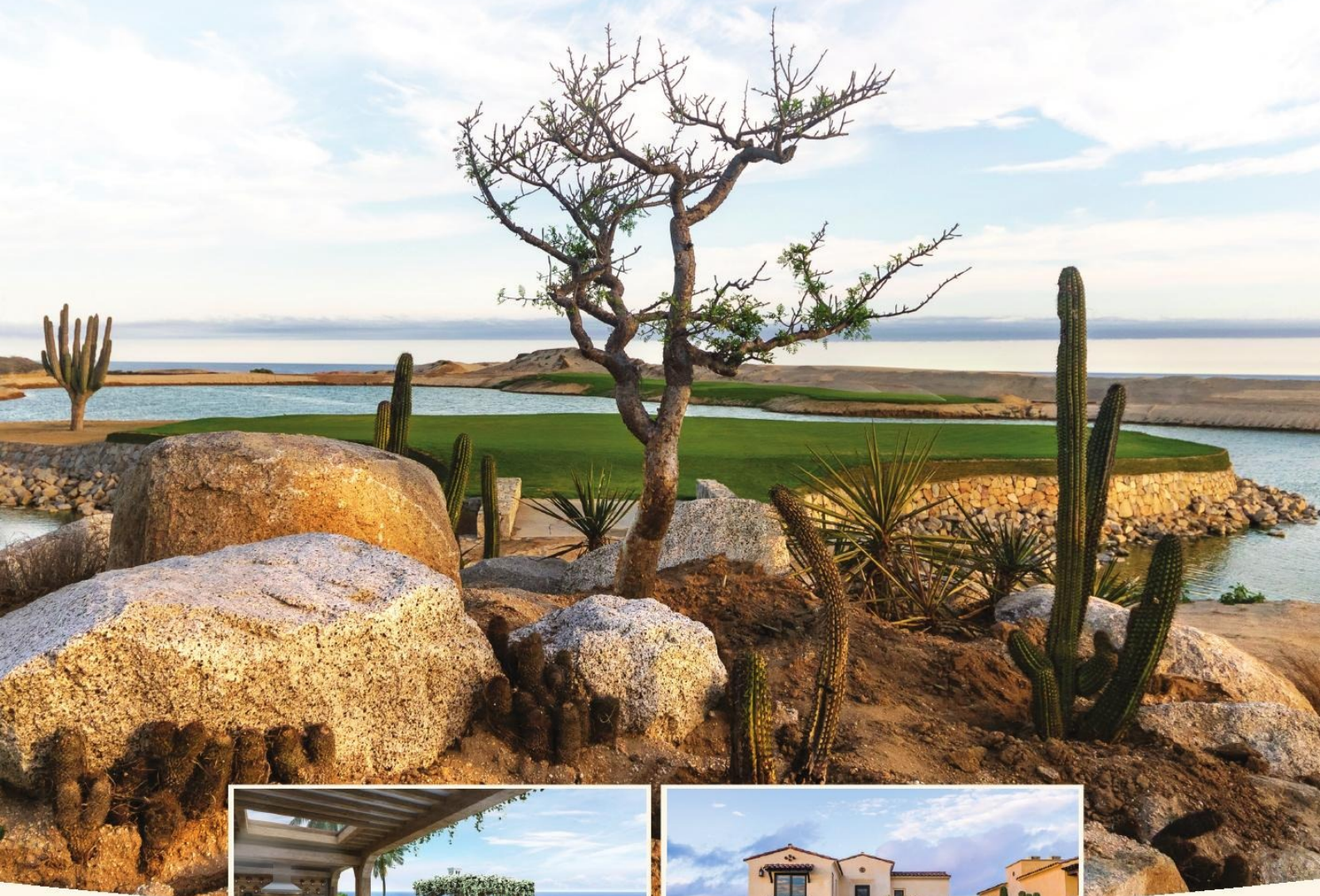




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# YES, IT IS POSSIBLE. MY SCHICK STORY:

My name is Teena. I'm a wife, mother, friend, sister and hard worker. I love my life. What I didn't say is "I'm Teena and I'm an alcoholic." I'm sharing my story and hoping I can help others who are struggling with addiction to alcohol or other drugs.

I had been able to drink socially—always the life of the party or so I thought. But the party had become a one-gal show. The glass of wine shared with friends had become a bottle of something stronger consumed in isolation. My family—who loved me so much—felt helpless, frightened and desperate—and finally delivered an ultimatum in hopes I would find a way to stop drinking—for good.

I made the decision to go to Schick Shadel Hospital for ten days where I received everything I needed to understand and manage my disease. I lost my cravings and my desire to drink. I had tried other programs to get sober—thirty days away from my family—only to relapse again and again—because I couldn't overcome the craving to drink.

I'm living proof that it's possible to stop drinking for life. I've been sober for more than seven years. If you or someone you love is struggling with addiction, be brave and call 800-CRAVING.

—Teena



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## EYEING DUTCH MASTERPIECES

### » The Dutch Golden Age

in the 17th century was a period in which Holland experienced great wealth and members of the middle class were able to afford art. “Life in the Age of Rembrandt: Dutch Masterpieces from the Dordrecht Museum” celebrates this period through June 16 at Ohio’s Columbus Museum of Art. The exhibit showcases 90 works (40 of which are paintings).

Pieces on display include Samuel van Hoogstraten’s *Masters of the Mint of Holland in Dordrecht*, pictured, and Rembrandt’s *Self-Portrait with Saskia* and *Adoration of the Shepherds*. Many of the paintings are paired with a related object—such as ice skates or Delft pottery—that also dates to the 1600s.

The exhibit coincides with Europe’s “Year of Rembrandt,” honoring the 350th anniversary of the Dutch artist’s death.

This is the first project in an ongoing partnership between the CMA and the Dordrecht Museum, The Netherlands. Visit [columbusmuseum.org/life-in-the-age-of-rembrandt](http://columbusmuseum.org/life-in-the-age-of-rembrandt) for more. —Sherry Fisher





# Deschutes Expo Center

*“Everything about this site was perfect. It was easy to organize; staff SUPER helpful, proactive, professional and accommodating. Awesome food and the facility was perfect for our event. We plan to return and make this a rotating site. Thanks so much for everything!” –National Cave Rescue Commission*

The Deschutes Expo Center is a premier event facility located in the heart of Oregon. Our 320-acre site features extensive function space, acres of beautifully landscaped lawns, a full-service RV Park and sunny views of seven mountain peaks—promising an unforgettable event atmosphere! Host to

the largest County Fair and Rodeo in the State of Oregon, our site attracts national audiences to enjoy and showcase hundreds of events each year.

We offer more than 200,000-square feet of flexible event space with in-house catering and state-of-the-art amenities. Three minutes from our regional airport and set in the Recreation

Capital of the NW—we connect our guests with easy access to world-class skiing, golf, rock climbing, cycling, fishing and so much more!

*Three Sisters Conference Center:* our three main halls named after the three beautiful mountains in our panorama. With 34,000-square feet of meeting space surrounded by ten breakout rooms, our Three Sisters Conference Center can accommodate a wide range and size of events while providing customized functionality. Each hall accommodates up to 1,600 seated and 25-2,000 for banquets; and built-in Audio/Visual and Wi-Fi make these spaces transformable to your designs.

*First Interstate Bank Center:* our flexible 80,000-square foot indoor multi-purpose venue; offering over 7,800 seats, room for 280 booth spaces, and stages equipped with Audio/Visual/Broadcast features—all present a space easily tailored to your specifications.

*In-house Catering:* our in-house catering ensures exceptional culinary quality and a dedication to service excellence for every event we host. Within the Three Sisters Conference Center is our 5,000-square foot kitchen designed to handle multiple catering events within or outside the main conference halls. Call us, we are happy to create a custom menu for you to suit your taste buds and your budget.

We take pride in hosting successful and memorable events for our valued clientele. We invite you to come and enjoy the views at Deschutes Expo Center and stay to play in the heart of Central Oregon’s beautiful, sunny High Desert!

| ★ DESCHUTES COUNTY FAIRGROUNDS ★                        |                                |                                   |   |
|---|--------------------------------|-----------------------------------|---|
| EXPO CENTER   |                                |                                   |   |
| APRIL   | 6-7                            | Clinton Anderson Walkabout Tour   | JULY  |
|   | 12-14                          | USA BMX NW Nationals              |   |
|   | 20                             | Thrice Mayhem CrossFit            |   |
|   | 27                             | Farwest Cowboy Dressage           |   |
|   | 28                             | C.O. Flea Market                  |   |
| MAY   | 3-5                            | Spring Home & Garden Show         | AUG.  |
|   | 10-11                          | Antique Bit & Spur Auction        |   |
|   | 30                             | Cantastic Barrel Racing           |   |
| JUNE  | 1-2                            | Wes Knodel Gun Show               | SEPT.   |
|   | 22-29                          | Cowboy Mounted Shooting           |   |
|   | 27                             | Cantastic Barrel Racing           |   |
|   | 28-30                          | Mt. Bachelor Kennel Club Dog Show |   |
|   | 8-12                           | American Dairy Goat Nationals     |   |
| 11  | Cantastic Barrel Racing        | ★                                 | ★   |
| 13  | High Desert Quarter Horse Sale |                                   |   |
| July 31-August 4<br>100th Deschutes County Fair & Rodeo |                                |                                   |   |
|   |                                | 10-17                             | Cascades Futurity-Aged Event Cutting Horse Show |
|   |                                | 23-24                             | Roses & Rust Vintage Market                     |
|   |                                | 7                                 | High Desert Swap Meet                           |
|   |                                | 7                                 | 50+ Boomerama                                   |
|   |                                | 14-15                             | THC Fair  |
|   |                                | 20-21                             | Cascade Car Show                                |
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## LET THE GOOD TIMES ROCK AND ROLL

» **Katy Perry**, The Rolling Stones, Dave Matthews Band, Santana and Jimmy Buffett are among the more than 150 musical artists performing at the 50th-annual New Orleans Jazz & Heritage Festival, April 25–May 5.

The event, held in the City Park area, is a celebration of New Orleans culture, featuring music, food and other attractions that showcase the region's traditions. Local musical groups include rock bands Cowboy Mouth and The Revivalists and funk band 101 Runners.

Food options range from New



Orleans staples such as beignets (powdered-sugar-coated treats that are Louisiana's official doughnut) and sno-balls (similar to snow cones but with a fluffier texture) to international tastes such as gyros and sushi.

At the Louisiana Folklife Village, festivalgoers can learn about local wares including Mardi Gras beads and shrimping gear, and at the Cultural Exchange Pavilion, they can learn about cultures—such as those of Brazil, Mali and Haiti—that help contribute to the New Orleans region's diversity. Visit [nojazzfest.com](http://nojazzfest.com) for more information. —*Tiffany Lillie*

» **Katy Perry will perform at the 50th-annual New Orleans Jazz & Heritage Festival.**

## KC EVENT MAKES A SPLASH

» **With 200 fountains**, 48 of which are publicly owned, Kansas City, Missouri, is known as the

“City of Fountains.” On April 16, Fountain Day—a holiday unique to Kansas City—marks the beginning of “fountain season,” when water once again flows in structures

made of marble, concrete and other materials. The season runs into November and is a time when locals and visitors are encouraged to enjoy the fountains.

A grand countdown at the Delbert J. Haff Circle Fountain leads to the water being turned on at 11 A.M. The renovated fountain features vertical water jets in a reflecting pool that is ringed by a low retaining wall.

Kansas City's fountains date to the late 1800s, when the city was a resting place for travelers heading West and weary horses needed pools of drinking water.

The city's oldest operating fountain is The Women's Leadership Fountain, completed in 1899. It honors women, such as women's suffrage pioneer Phoebe Jane Ess (1850–1934), who have made great contributions to Kansas City.

For more information, visit [kcparks.org/event/fountainday19](http://kcparks.org/event/fountainday19).

—*Giulia Szanyi*



J.C. Nichols Memorial Fountain.



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DATING TRENDS

16%  
Of singles know immediately if they want to see a first date again.

1.5X  
Men are 1.5X more likely to "friend" someone within one week of a first date.

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# DATING. UNPLUGGED!

CLICK, TAP, SWIPE, REPEAT. IT'S ALL SO... IMPERSONAL. ONLINE DATING WAS SUPPOSED TO MAKE FINDING SOMEONE EASIER, SO WHY DOES IT FEEL LIKE SUCH A CHORE?

▶ With a career that took up a lot of his time and energy, online dating had begun to feel like Rick Swanson's second job. He spent hours filtering through online dating profiles but time after time, the spark just wasn't there. That's when Rick saw an ad for It's Just Lunch (IJL) in an airline magazine and decided to give matchmaking a try.

Today, Rick credits It's Just Lunch with introducing him to the love of his life, Kristina.

**Life before It's Just Lunch?**

*Kristina:* I just found the whole online dating thing completely unmanageable and daunting. I wanted someone who knew me to "fix me up" and when a friend suggested IJL, I did some research and found it to be the right "match" for me.

**It's Just Lunch Matchmakers:**



MELISSA BROWN    SARA DARLING    JULIE LOPEZ

**What was working with a matchmaker like?**

*Rick:* The interview process was really valuable. Sandra, my matchmaker, was genuinely interested in learning about me. She really wanted to understand what I was looking for in a woman, what I found attractive, what I found interesting, what intrigued me. We talked about my work, my outside interests, etc. When someone is leading you through the process, it makes you think. Sandra got me to reflect honestly on what I was looking for.

**Best part of the IJL experience?**

*K:* It was super easy because IJL arranged the dates. All I had to do was get ready and meet at the restaurant. And unlike online dating, I felt that my dates were interested in meeting quality people, not one-night stands. Your matchmaker calls you up with a

match and then gives you the details of the date. All you have to do is show up and have fun!

**What makes you two a great match?**

*K:* He's comfortable in his own skin. He loves the fact that I am confident! I can just be who I am, and I've never felt so at ease with anyone else.

**Advice for singles considering IJL?**

*R:* Dating is a real challenge in our fast paced, always connected, and frequently impersonal world. Having a real person on your side, helping to find the right partner is a huge plus.

The success of It's Just Lunch is built on creating high quality matches in low pressure situations. **In 27 years, they've set up millions of first dates. Get in touch at 800-858-6526 or itsjustlunch.com.**

"Finding a match takes a lot of work – but let it be my job. Then you can go have the fun." —Melissa Brown

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27 years of changing lives



## OFF TO THE RACES AT THE PENN RELAYS

» **The United States'** longest continual collegiate track meet is celebrating its 125th year. The Penn Relays at the University of Pennsylvania in Philadelphia, April 25–27, welcomes about 17,000 athletes and 110,000 fans.

Founded in 1895, the relays have evolved from a 4 x 440-yard race between Harvard University and University of Pennsylvania runners (Harvard won) into a track-centered festival that includes relays and individual events at Franklin Field.

Though the college meet is still at the event's core, athletes are now all ages—ranging from elementary school to 100-plus. In fact, the 2016 relays saw centenarian Ida Keeling set a new world record for her age group in the 100-meter dash, finishing in one minute, 17.33 seconds.

Athletes come from across the globe, and some of the event's highlights are the USA vs. The World races on April 27. For more information, visit [pennrelays.com](http://pennrelays.com).

—Giulia Szanyi



2018 Penn Relays.



### A PUZZLING EXHIBIT

■ In *Spelling Fever*, one of more than 40 games and puzzles in the “Mindbender Mansion” exhibit, players must successfully spell the answers

to trivia questions by hopping on moving squares of electronic letters without stepping on the same square twice. The exhibit, at the Museum of the Rockies in Bozeman, Montana, through April 28, challenges guests to put their all into interactive installations that test brainpower and problem-solving skills in math, science and technology.

“Mindbender Mansion” is designed for the entire family and is divided into four rooms—the parlor, library, kitchen and map room—each containing puzzles and games guests can complete to unlock secret passwords. Guests who collect all four passwords are entered into the Mindbender Society, which earns them the right to put their photo on the exhibit's digital Wall of Fame. For more, visit [museumoftherockies.org/exhibitions/current-exhibitions/mindbender-mansion](http://museumoftherockies.org/exhibitions/current-exhibitions/mindbender-mansion). —Giulia Szanyi

## AMAZING ORCHIDS

» **Orchids shun direct** sunlight, and yet they crave just enough light and air to thrive. In addition, their roots must be kept moist—but not too moist, or too dry. Despite needing such particular conditions to survive, orchids are found on every continent except Antarctica, and they can grow on decaying leaves, on the ground, even on trees.

“Orchids: Amazing Adaptations,” through April 28 at the Kogod Courtyard—which is shared by the Smithsonian American Art Museum and the National Portrait Gallery in Washington, D.C.—showcases orchids' many varieties and colors, with hundreds on display. Visitors can learn how these lovely plants have flourished in their diverse habitats around the globe, from the tropics to more temperate



zones. Orchid species number more than 25,000.

At the Courtyard Cafe, visitors can try vanilla-flavored treats—vanilla is actually derived from orchids. For more, visit [gardens.si.edu/whats-happening/orchids-adaptations](http://gardens.si.edu/whats-happening/orchids-adaptations).

—Nancy Burkhalter





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### ‘NATURE’S NINJAS’

» **The only species** of armadillo that can curl up into a complete ball is the three-banded armadillo. Native to South America, these little mammals grow to be just a foot in length and weigh about 3 pounds. But when they roll into a ball, their strong bony plates, called scutes, give them protection against predators.

Wilson, a three-banded armadillo, is one of 18 live animals featured in “Nature’s Ninjas” at the Swaner EcoCenter, less than 30 miles east of Salt Lake City. Through April 28, visitors can learn



**Hedgehogs, like armadillos, defend themselves by rolling into a ball.**

about many animals and their defense adaptations.

A hedgehog, a bearded dragon, a scorpion, a tarantula and a porcupine named Quillbur are other live animals in the exhibit. With the guidance of a professional handler, visitors can interact with the animals and learn about their unique features.

The exhibit also offers activities such as arts and crafts, a climbing wall and nature walks. A four-story observation tower overlooking the Swaner Preserve is a great perch for spotting spring migratory birds. For more, visit [swanerecocenter.org](http://swanerecocenter.org). —*Sherry Fisher*

## MOVING ART

» **More than 200,000 visitors** are expected to line the streets to see bedecked cars, trucks, golf carts and other rolling works of art at the 32nd-annual Houston Art Car Parade, April 13. The 2.5-mile parade, featuring more than 250 participants, is the centerpiece of an entire weekend, April 11–14, celebrating these mobile masterpieces and the creativity that goes into making them. Designs range from classic cars sporting dynamic paint jobs to vehicles covered with fun decorations such as toy lobster claws and robotic singing fish. Other weekend events include the Sneak Peek at Discovery Green & Avenida Houston, in which spectators can see participating vehicles up close prior to the parade. The weekend concludes with an award ceremony on April 14, when the Mayor’s Cup trophy is handed out for the best piece of rolling art.

For more information, visit [thehoustonartcarparade.com](http://thehoustonartcarparade.com). —*Tiffany Lillie*



## AN EXHIBIT ALL ABLOOM

■ Celebrate the arrival of spring at Milwaukee Art Museum’s “Art in Bloom,” April 11–14. The exhibition and event series invites guests to enjoy more than 35 art-inspired floral installations on three floors, as well as docent-led tours, workshops and lectures, a marketplace with the work of local arti-

sans, and even a floral fashion show.

A highlight is the transformation of the Santiago Calatrava–designed Windhover Hall, a lakeside atrium with marble floors and a 90-foot-high glass ceiling, into an indoor garden. Presentation and workshop topics include how to grow food in unex-

pected places, how to arrange flowers according to Japanese ikebana, and how to create the right habitat for bees.

At the Beauty in Bloom: A Floral Fashion Show event, artists and florists show off couture gowns and accessories made of flowers.

At Kohl’s Art Generation Studio, kids and adults are encouraged to create their own floral art.

For more information, visit [mam.org/events/bloom](http://mam.org/events/bloom).

—*Nancy Burkhalter*





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## NYC'S EXPANDING ARTS SCENE

» **The futuristic new Bloomberg Building** in New York City can be reconfigured to suit the occasion. In the most dramatic transformation, the shell of the cultural center rolls out on large wheels to nearly double one venue's size in about 5 minutes. Opening on April 5, The Shed is a 200,000-square-foot facility where artists and performers can show their work in a customizable setting. The space can be arranged to accommodate several simultaneous art displays, from galleries to live performances.

The building is celebrating its grand opening with a "Soundtrack of America" concert series, April 5–14, featuring musical artists such as Judith Hill and Moses Sumney. *Reich Richter Pärt*, on display April 6–June 2, is a premiere of commissioned work by the three eponymous artists and features elements of music and film. Other art includes Anne Carson's *Norma Jeane Baker of Troy*, April 6–May 19, a play about Marilyn Monroe and Helen of Troy, and an exhibit by contemporary artist Trisha Donnelly, on view until May 30.



Located where the High Line meets Hudson Yards, The Shed is part of former NYC Mayor Michael R. Bloomberg's vision to redevelop the far west side of Manhattan as a dynamic, mixed-use district.

For more information, visit [theshed.org](http://theshed.org). —*Tiffany Lillie*

### CINEMATIC SCIENCE

■ Visitors can learn about the development of their favorite Pixar films in "The Science Behind Pixar" at the Oregon Museum of Science and Industry in Portland, through Sept. 2. The exhibit features more than 50 interactive elements that encompass the science, technology, engineering, art and math concepts used by Pixar film creators. The exhibit explores the Pixar filmmaking process, from the early stages of artists' sketches being made into digital sculptures to the final renderings when 3D scenes are turned into 2D images. Each step is explained in videos of Pixar filmmakers discussing their work. For more, visit [sciencebehindpixar.org](http://sciencebehindpixar.org). —*Sherry Fisher*



CLOCKWISE FROM TOP: THE SHED UNDER CONSTRUCTION, AS SEEN FROM THE HIGH LINE, FEBRUARY 2019. PHOTO: BRETT BEYER. PROJECT DESIGN CREDIT: DILLER SCOFIDIO + RENFRO, LEAD ARCHITECT, AND ROCKWELL GROUP, COLLABORATING ARCHITECT; SFFILM / TOMMY LAU; PHOTO BY MICHAEL MALUSZKO

## CELEBRATING FILM IN SF

» **The San Francisco International Film Festival** opens April 10 with the world premiere of *Tales of the City* at the Castro Theatre. The film follows up on Armistead Maupin's books and an affiliated Netflix series. It presents the story of Mary Ann (played by Laura Linney, who is participating in a post-screening Q&A) returning to present-day San Francisco, where she is reunited with her daughter and ex-husband 20 years after leaving them behind to pursue her career.

Featuring more than 200 productions, including marquee premieres, international films and live performances at venues across the city, the festival ends April 23. Between 60,000 and 70,000 people are expected to attend.

Other films include *Q Ball*, a documentary produced by the Golden State



Warriors' Kevin Durant, about the San Quentin State Prison basketball team.

The event also features discussions led by more than 100 filmmakers, producers and actors such as Laura Dern, whose credits include *Jurassic Park* and *Big Little Lies*.

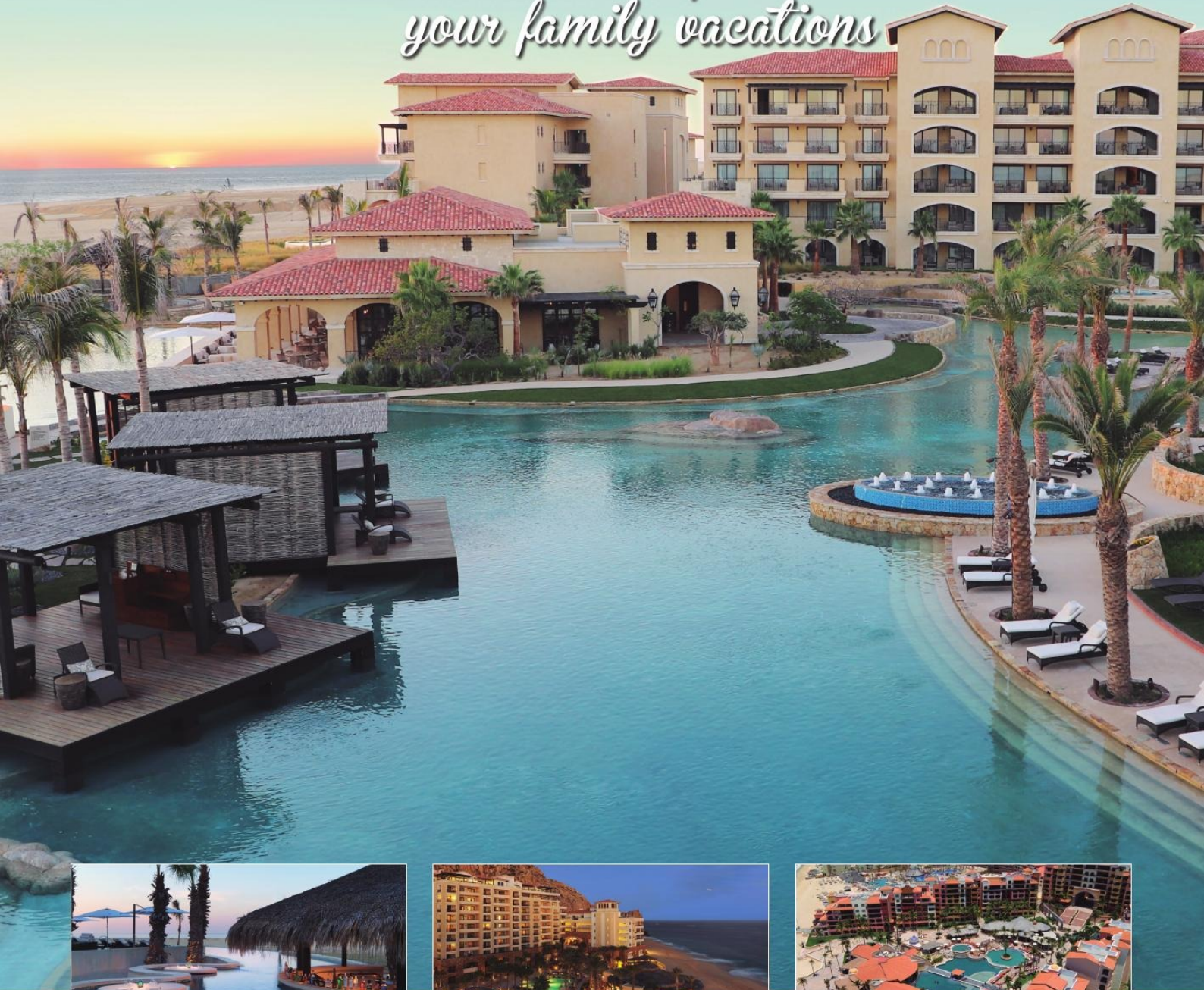
For more information, visit [sffilm.org](http://sffilm.org).

—*Nancy Burkhalter*

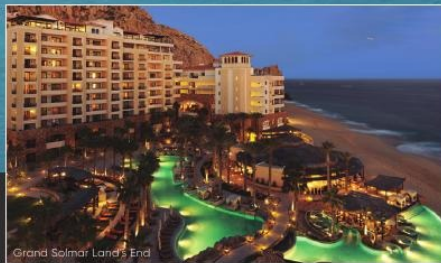




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## LIFE BY THE BOOK

By Kristianne Huntsberger

» I spot Nancy Pearl checking out a book as I enter the brightly lit atrium at the heart of Seattle’s Central Library, within the building’s famously angular glass-and-steel exterior. A newspaper review has inspired Pearl to track down *The Heartbeat of Wounded Knee* by David Treuer to see how this book frames Native American history since 1890 as a story of resilience rather than mere tragedy.

Pearl knows well the power of reviews and recommendations. “Once a librarian, always a librarian,” says Pearl, now seated beside me at a library table. She has spent a good part of her life recommending books to others—as a beloved librarian and, more recently, as an author of books about books (the best-selling “Book Lust” series) and as a regular contributor to NPR’s *Morning Edition*. A frequent speaker to literacy organizations and library groups, Pearl also is the author of the 2017 novel *George and Lizzie*. She was the Library Journal Librarian of the Year in 2011, several years after she retired from her position as executive director of the Washington Center for the Book at the Seattle Public Library. And

she was the model and inspiration for the Librarian Action Figure produced by Seattle gift-and-novelty retailer Archie McPhee.

Most librarians aren’t cast as action figures, and Pearl’s sensibilities sometimes also break from what you might expect of someone in her field. She doesn’t believe in conventional book genres, and she isn’t averse to skipping to the last page of a mystery or to dropping a book that doesn’t get her attention early. She can usually tell by the first paragraph if a book is a match for her. “It’s like falling in love,” she says. “Your heart beats faster, and everything is just so clear. I’ll start a book, and it’ll be so good, I’ll just feel like, *I can’t read it now—I just want to hold it in my hand*,” she says, and starts to blush. “It’s so romantic.”

Pearl knew of her deep love for books and even her life’s calling by age 10. “There wasn’t really a runner-up,” she says. “I was determined to be a librarian.”



Nancy Pearl.

Much of this early commitment was thanks to the devoted staff of Detroit Public Library’s Parkman Branch near Pearl’s childhood home. They made her feel welcome and appreciated.

“The children’s librarian there recognized my hunger to read and to escape into the pages of a book. She gave me the world.”

Pearl’s own first librarian job, with Detroit Public Library’s bookmobile, sealed the deal. And, after time off to start a family, and a move to Tulsa, where she worked for nine years in a bookstore, she felt drawn to return to the library. She became a librarian again, in Tulsa.

Pearl started at the Seattle Public Library in 1993. In 1998, she helped launch Seattle Reads, a program that has since been adapted in cities around the world. This initiative began with a question she and her colleagues were asking: “What if all Seattle residents read the same book?” The program provided community members a chance to meet and discuss big ideas in the context of a story, starting with discussions of coping with loss, spawned by Russell Banks’ *The Sweet Hereafter*.

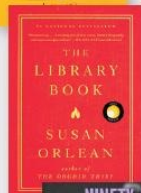
To Pearl, a library is a “People’s University,” a place for all people to learn. As libraries face changing circumstances, they have stepped up to provide social assistance to patrons in need. Pearl respects this, and also feels the original mission of libraries should be kept essential.

“The library is the only institution where you can walk inside—whoever you are—and lose yourself in the pages of a book ... and *find* yourself in the pages of a book.” ✂

### SPRINGTIME SUGGESTIONS

**National Library Week is April 7–13**, and National Library Workers Day is April 9. Of course, libraries and librarians can be honored year-round. The best way to show love for your local library, says Nancy Pearl, is to use it. Here are some books she recommends:

- *American Spy*, by Lauren Wilkinson: “It’s 1986; you’re an African American woman; you’re an FBI agent; and you’re sent to West Africa for nefarious and questionable



reasons—this novel has quite the setup.”

- *The Library Book*, by Susan Orlean: “Orlean can make any subject fascinating, whether it’s orchids, Rin Tin Tin or—in this case—the Los Angeles Public Library. Just trust me on this.”

- *Ninety-Nine Glimpses of Princess Margaret*, by Craig Brown: “If you know that a good biography has almost as much to do with its author as its subject, and you loved *The Crown* on Netflix, then you will enjoy this lively work by Brown, an acclaimed English critic and satirist.”









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A close-up, low-angle shot of an airplane wing, showing the leading edge and the underside of the wing with several rivets. The wing is angled upwards from the bottom left towards the top right.

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AIRLINES



» On a perfect spring day, I ran beside rock walls and spires in Arches National Park.



As an avid runner living in Portland, Oregon, David Laney was thrilled to run in the Salt Lake City region. As part of Alaska's #WeekendWanderer series, he participated in the Salt Lake City Marathon and also ventured out to explore national parks and wilderness areas. For more posts, follow @alaskaair on Instagram.

[blog.alaskaair.com](http://blog.alaskaair.com)

## HAPPY TRAILS IN UTAH

» **I love being outside.** And running is one of my favorite ways to enjoy the world, especially when the sun is shining and the sky is as blue as it was during my visit to Arches National Park, about 230 miles southeast of Salt Lake City. I was in Utah's capital to run in the Salt Lake City Marathon, which is April 13 this year. But before that race, I figured I'd stretch my legs with some trail running at Arches.

The park is home to more than 2,000 natural stone arches, as well as hundreds of pinnacles and giant balanced rocks. I was wowed by Landscape Arch in the park's Devils Garden area. The arch stretches about 300 feet, making it one of the world's longest stone

spans. But it's a fragile wonder, measuring only about 6 feet thick at its center.

The Salt Lake City Marathon bills itself as "a beautiful challenge," and that couldn't be more accurate. The course traveled through the city's streets and along trails backed by the stunning peaks of Utah's Wasatch Range.

I explored the Wasatch some more when I visited Little Cottonwood Canyon, about 20 miles southeast of downtown Salt Lake City. The area is a wonderland for hiking, mountain biking, rock climbing and camping. It was a reminder that Utah offers almost every outdoor activity—and Salt Lake City is a beautiful and fun hub that lets you access it all.





➤ Green vegetation and blue sky with wispy clouds framed the brilliant red Landscape Arch, which spans about 300 feet.



➤ I ran the half-marathon distance in the Salt Lake City Marathon. The race included varied terrain through city streets, quiet neighborhoods and canyons.



➤ I fueled up at Pulp Lifestyle Kitchen, which uses fresh and local ingredients in its bowls, salads, juices and smoothies.



➤ Blanketed with lush growth, Little Cottonwood Canyon is in the Wasatch Range southeast of Salt Lake City.

CLOCKWISE FROM FAR LEFT: HAYDEN TEACHOUT PHOTOGRAPHY; DAVID LANEY (2); COURTESY HIGH ALTITUDE SPECIAL EVENTS; SHUTTERSTOCK.COM; PULP LIFESTYLE KITCHEN





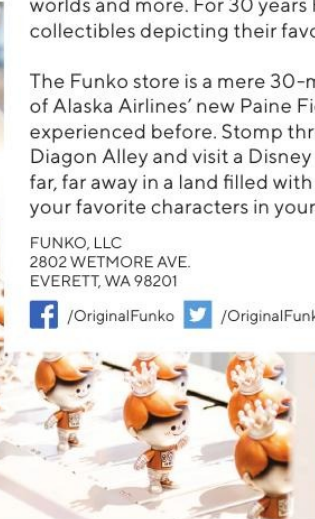
## FUNKO HEADQUARTERS STORE SERVES UP THE MAGIC OF STORYTELLING AND POP CULTURE

If you've ever dreamed of prowling the streets of Gotham with the Dark Knight, riding a tauntaun on the frozen planet Hoth or chilling with the Hulk on the streets of the Big Apple, Funko's headquarters store in Everett provides you the opportunity to visit these worlds and more. For 30 years Funko has been delighting pop culture enthusiasts with collectibles depicting their favorite cartoon, television, movie and video game characters.

The Funko store is a mere 30-minute drive from downtown Seattle and 15 minutes north of Alaska Airlines' new Paine Field connection but worlds away from anything you've experienced before. Stomp through Tokyo with a 14-foot Godzilla, feel the magic of Diagon Alley and visit a Disney princess, or three, at their castle. Journey with us to a galaxy far, far away in a land filled with happily ever afters. And if you happen to return home with your favorite characters in your luggage, we promise we won't tell.

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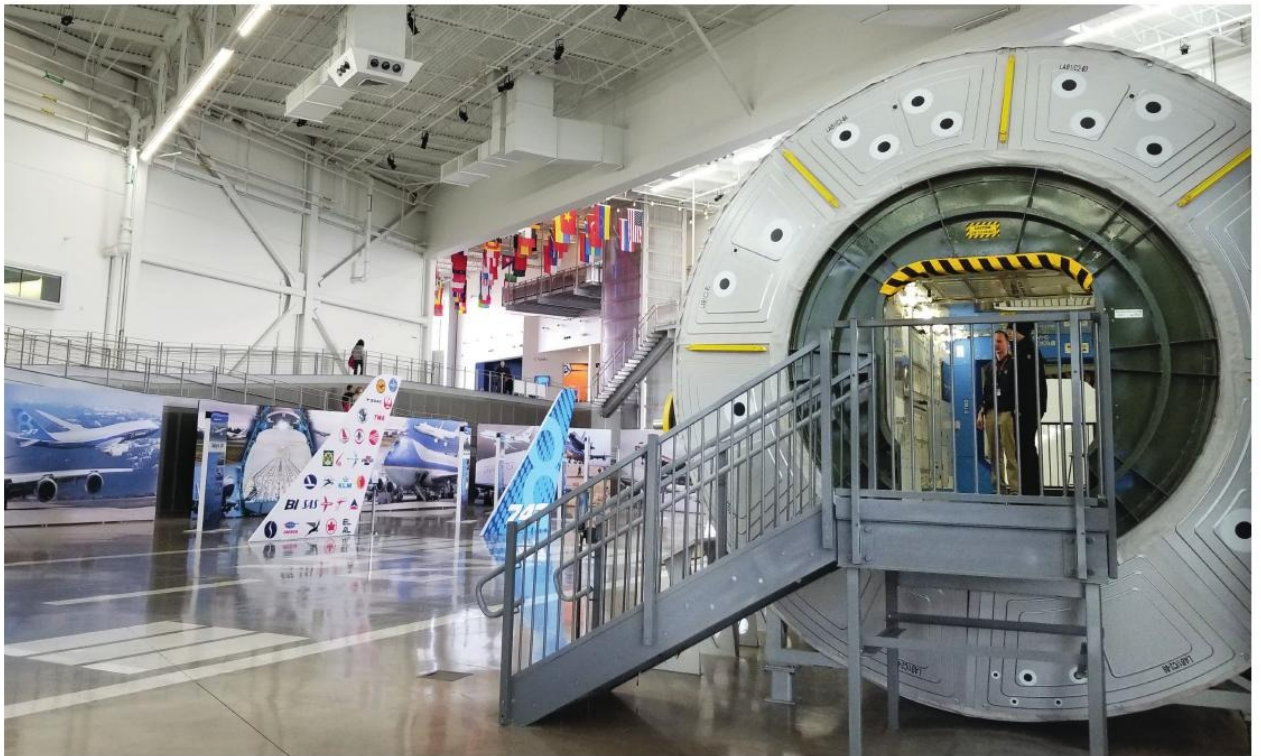
### READY TO FLY. READY TO ROLL.

Visit the Flying Heritage & Combat Armor Museum for a rare look at the west coast's largest warbird and tank museum. These iconic treasures of military technology are a testament to the era's engineering skill and humanity's spirit during world conflicts of the 20th century. Don't miss your chance to see history come to life during year round events hosted at the museum.

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## EVERETT TAKES FLIGHT

Touring a center of aviation history near Alaska Airlines' newest airport

By Jeff Layton

### » Boeing's Everett Final Assembly Plant

may be the closest thing on Earth to being inside a scene from *Star Wars*. If you squint your eyes just right, the 747 models, parked nose-to-tail on the factory floor of this immense building, could double as ships inside a colossal space station.

Actually, I'm on a balcony in the largest building by volume on the planet—measuring 472 million cubic feet. I'm overlooking the Boeing Everett factory floor, where employees are assembling more than 15 twin-aisle jets. For fans of everything aviation, Everett, 25 miles north of Seattle, is one of the Northwest's top destinations. The Aviation District has a number of sites, including the Boeing Future of Flight facility at Paine Field, where the tour of Boeing's Everett factory begins. Visitors are transported by shuttle from the facility to the factory, located about 5 minutes

away. While you can buy tour tickets at the Future of Flight, the tour often sells out, so it's best to buy tickets online far in advance. The facility also features a growing aerospace gallery, with a mock-up of the Destiny laboratory module, which is part of the International Space Station, and a rooftop observation deck that offers amazing views of the Cascade Range and Paine Field. On most weekdays, you can also see a massive Dreamlifter—with one of the world's largest cargo holds for an aircraft—on a nearby tarmac.

Paine Field is also home to other Aviation District attractions such as the Flying Heritage & Combat Armor Museum, the Historic Flight Foundation and The Museum of Flight's Restoration Center & Reserve Collection. These three locations include some of the finest historical aircraft in the world.

If you were working up a list of modern



» *The Boeing Future of Flight facility, top, includes interactive exhibits, such as a mockup of the Destiny laboratory module. The tour of Boeing's Everett factory, above, is a top Northwest draw.*

engineering marvels, Boeing's Everett factory, where the 747, 767, 777 and 787 airplane models are assembled, would likely make the cut. The nearly 1,000-acre site can easily house more than 20,000 workers at a time. According to Boeing, you could also fit all of Disneyland Park inside the main assembly plant and still



## » THE FEED WHEN IN EVERETT



» **Clockwise from top: Jetty Island is a great place to enjoy a summer day. The Funko store offers a variety of collectibles and attractions. You can see many restored aircraft and tanks at the Flying Heritage & Combat Armor Museum.**

have room left over. Each month, about 50 million parts are shipped to the plant, and a jet is completed nearly every two days.

A short distance away is the Flying Heritage & Combat Armor Museum. In 2008, Microsoft co-founder Paul Allen launched the public museum with his collection of aircraft, tanks, military vehicles and other items, which became the foundation for the museum.

The collection ranges from medical equipment from the Civil War to military items from the Gulf War, with a strong emphasis on aircraft and tanks from World War II. About

three-quarters of the aircraft and tanks have been restored to working condition, including the rare Curtiss JN-4D Jenny, a plane introduced in 1915. Visitors can get a close-up look at the collection's tanks during Tankfest Northwest at the museum on May 25. Children ages 11–14 can attend the museum's Beasts of the Battlefield summer camps, June 24–27 and August 5–8. Participants can try on military gear, learn about the museum's aircraft and vehicles, play laser tag and more.

A tour of the nearby Museum of Flight Restoration Center & Reserve Collection gives visitors a glimpse into how the museum restores aircraft. When the restoration is finished, some planes stay at the Everett facility, while others go to The Museum of Flight's main campus, at Boeing Field in South Seattle, which houses one of the top aircraft collections found anywhere. Restoration efforts are

underway on one of the first business jets, a 1957 Lockheed Jetstar. Also under repair is a 1950s de Havilland Comet and a large 1953 Piasecki H-21 helicopter. The district's Historic Flight Foundation also restores classic aircraft, dating from 1927 to 1957. Currently, the foundation has a collection of 13 aircraft—including the Waco UPF-7 biplane—which are on display and fully restored to flying condition.

### City sights

Everett's downtown area also offers exciting attractions. Art lovers will enjoy the Schack Art Center, which is half art gallery and half studio space for working artists. You can see artists shape molten glass at the center's glass-blowing studio, and also join a class such as silversmithing or a lapidary clinic with precious gems. At "Make It Now" glass-blowing classes, kids can create seasonal ornaments with the help of an instructor. Kids also will love the Imagine Children's Museum, where they can have fun with science at the Rad Science presentations, learn about the properties of water at the Waterworks area, and play with stuffed animals at the Wildlife Clinic. Another fun family stop is at Funko, an Everett-based toy company, with a one-of-a-kind store that is full of plush toys, key chains, and collectible figurines with cartoonish features and large heads.

Everett's waterfront is a center of activity in the spring and summer, including the Sunday Everett Farmers Market, May 12–October 6. The Thursday Music at the Marina concert series takes place June 20–August 29, and the Port of Everett sponsors the Sail-in Cinema outdoor movie series, July 19–August 23. You can visit Jetty Island by ferry from the waterfront, from July 5 to Labor Day. The 2-mile-long island has fine-sand beaches and flat grassy trails, and is a great place to relax with the family, admire the views and marvel at the beauty of the area. ✈

*Jeff Layton writes from Plain, Washington.*

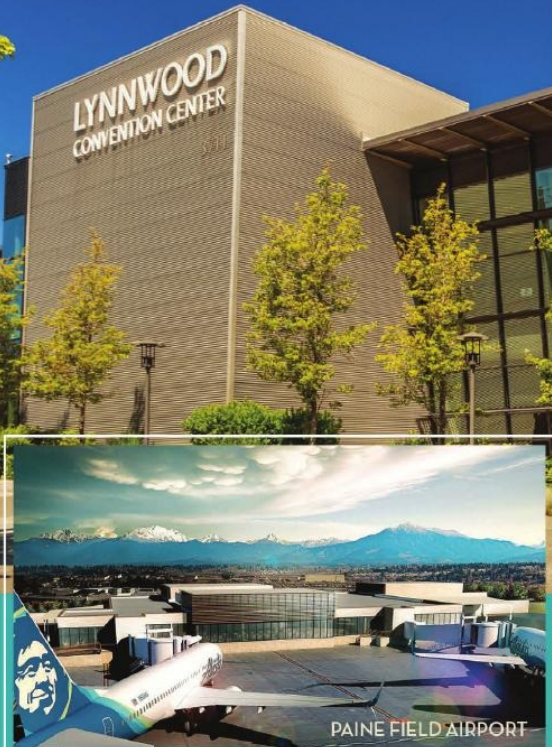
*Alaska Airlines (alaskaair.com) offers 18 departures to eight locations each day from Everett's Paine Field.*



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**WHAT'S IN A NAME?**

**Snohomish** comes from the indigenous word for "big tribe" or "many people." This is the ancestral homeland of the Coast Salish people. We deeply appreciate their connection and stewardship of this land for thousands of years.



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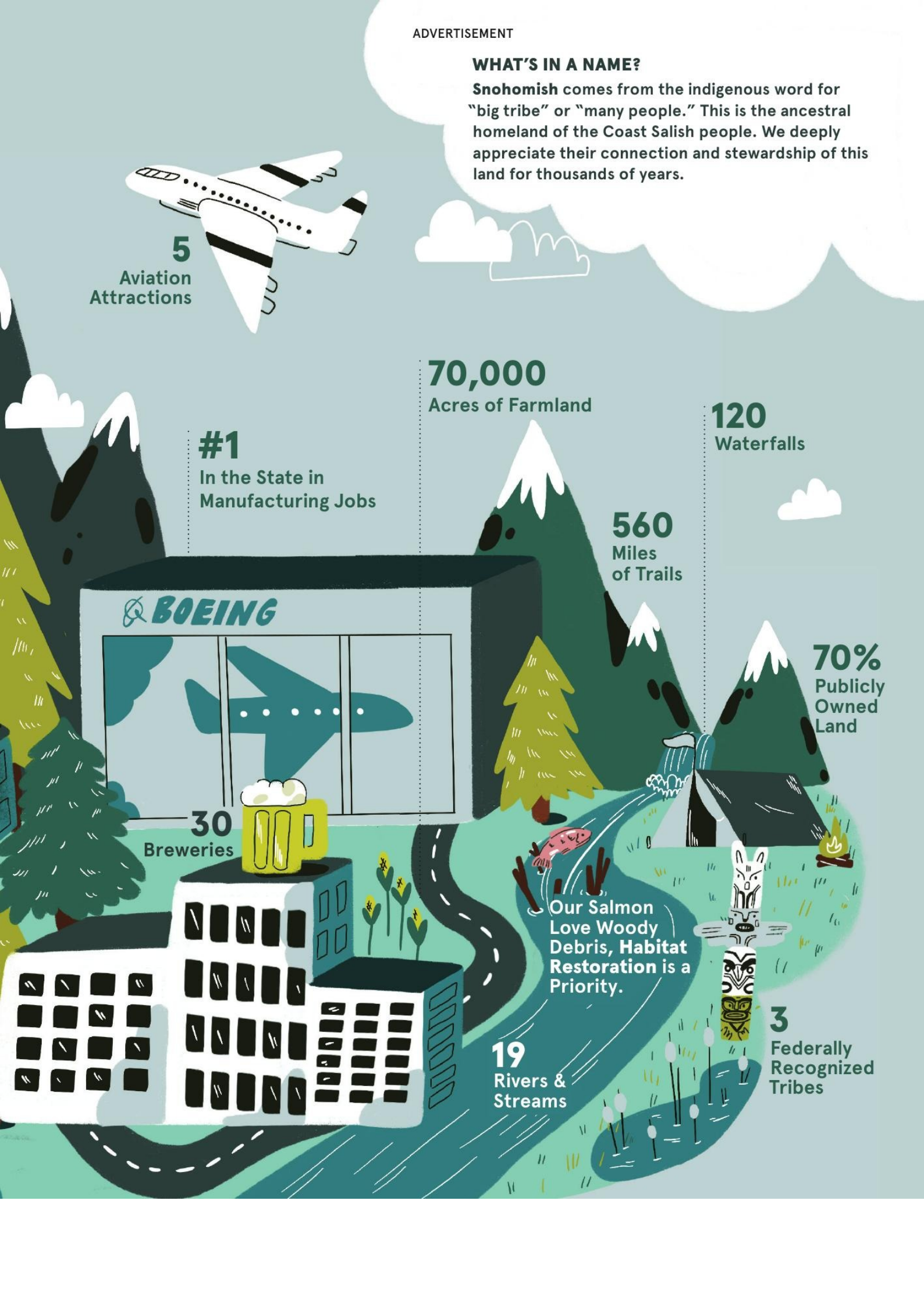
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# Out of Office

Seattle NorthCountry is full of adventures. From relaxing on a tiny island beside the Salish Sea to swimming in an alpine lake deep in the Cascade Mountains—here are 10 things to do on your days off.





## VANCOUVER B.C.



## SEATTLE

## VISIT THE AVIATION DISTRICT

Paine Field is where air travel was perfected. Home to the Boeing assembly plant, the Paine Field Aviation District's museums will take you from the pioneering days of flight to the very edge of aerospace technology. See the world's largest building on the **Boeing tour (1)**, then visit any one of the five aviation attractions nearby.

## RELAX ON JETTY ISLAND

This sandy two-mile island offers unexpectedly warm swimming water. Wade into Port Gardner while taking in views of the Olympic Mountains. **Jetty Island (2)** is a destination for families, bird-watchers, and kiteboarders. It's accessible by a free ferry from Everett. Be sure to pack a picnic and some sunscreen: you'll want to linger on the warm sand.

## HIKE TO AN ALPINE LAKE

The Alpine Lakes are as beautiful as their name suggests. Take a summer hike to **Lake Dorothy (3)** in the Cascade Mountains for a cool swim in the clear glacial water. Bring your camera and a picnic. Snowshoe to the lakes in the winter to hear the crunch of fresh powder and the sound of your own heartbeat—it's that quiet.

## GO WHALE WATCHING

The Salish Sea is home to fluked marvels. Catch a chartered vessel from the **Edmonds (4)** or Everett marinas and keep your eyes on the waves. Seeing a whale is a bucket list experience and you'll likely catch a glimpse of other marine life on your journey, like sea otters, harbor seals, sea lions, or cormorants.





## GO MOUNTAIN BIKING

This mountainous region calls out for downhill biking. Pedal down fern-lined paths and around cedar stumps. Explore 4.6 miles of trails in the **North Mountain Bike Skills Area (5)** near Darrington—good for amateurs as well as seasoned experts.

## EXPERIENCE PNW VILLAGE LIFE

Explore walkable towns and cities in the foothills of the Cascades. Take a slow Saturday to yourself or lodge overnight in a Victorian-style bed and breakfast. Seek out vintage finds in antique shops. Wander the art galleries in **downtown Edmonds (6)**. The small town vibe is present in brick wall murals and riverside promenades.

## TRY A HAZY IPA

Here, there are plenty of places to sit and savor your brew of choice. Kombucha, third-wave coffee, small-batch beer, hard cider, and spirits are our specialties. Linger over a cup. Heft a pint. If it can be distilled, brewed, roasted, bottled, poured, or served with a little umbrella and ice—it's here. Into Hazy IPAs? **Skookum Brewery (7)** produces some of the best in the nation.



## DRIVE THE MOUNTAIN LOOP

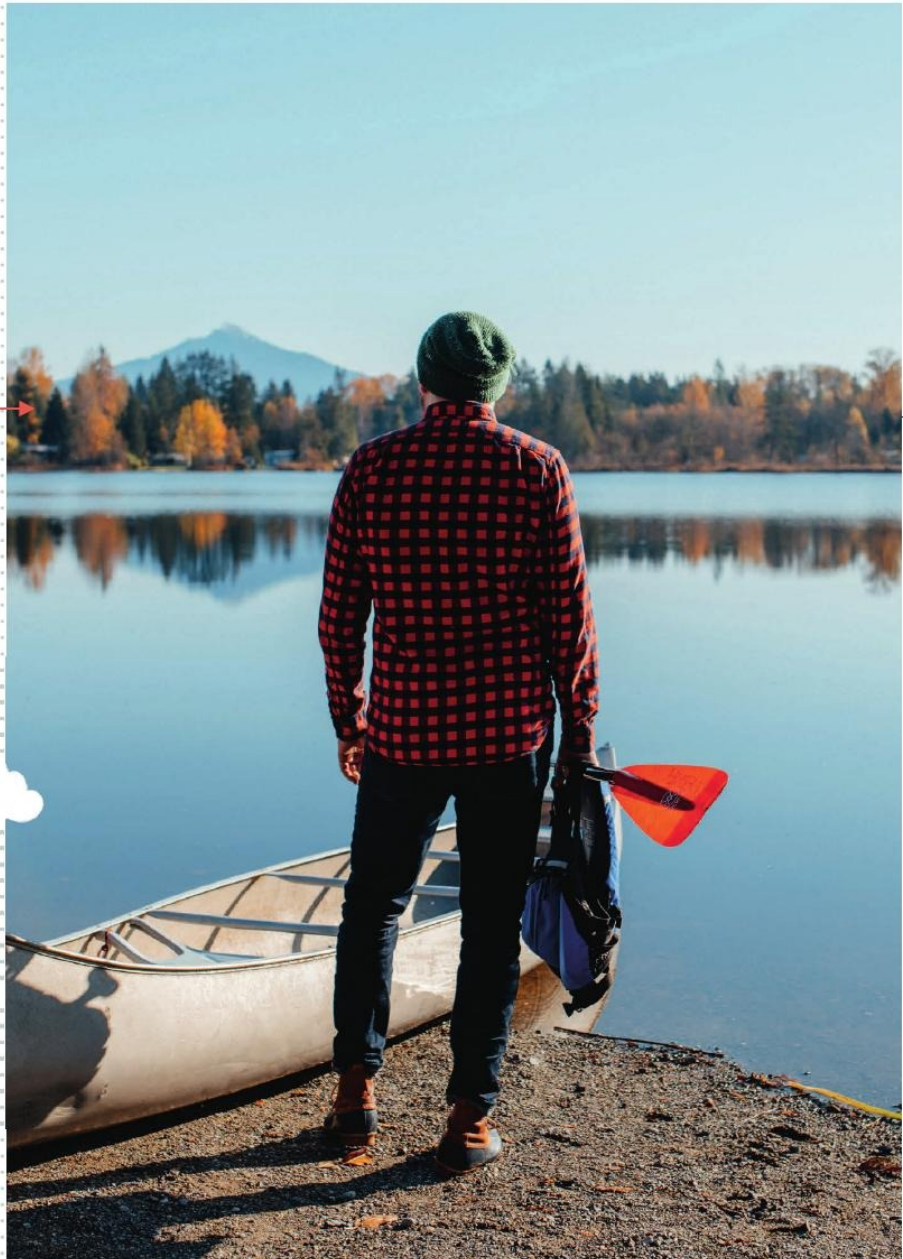
Get the good kind of lost on the **Mountain Loop Highway (8)**. Hike to ghost towns, camp along the Stillaguamish River, climb to mountaintop lookouts, and photograph spectacular ice caves. The Mountain Loop is an ideal day trip for people looking to explore the PNW, or a weekend trip made for some serious relaxation.

## TAKE A HOT AIR BALLOON RIDE

See the world from above the clouds. At Harvey Field, you can freefall from an airplane at 10,000 feet at **Skydive Snohomish (9)**. Float above the alpine treeline and take in a sunrise or sunset with a hot air balloon expedition. These aerial experiences offer an unparalleled view of the PNW.



For more visitor information, visit **SeattleNorthCountry.com**







**EAT**  
Seafood abounds in the Pacific Northwest. Try fresh oysters at Salt and Iron in downtown Edmonds (pictured, left), or feast on fish and chips at Scuttlebutt Brewery in Everett.



**RIDE**  
The ferry system in Seattle NorthCountry is part of the largest in the country. Catch a boat and spend a day on Whidbey Island or the Olympic Peninsula.



## Learn about First Peoples

The Hilbulb Cultural Center shares the rich history of the Tulalip Tribes.

### HILBULB CULTURAL CENTER STAFF

**For centuries,** the people of the Tulalip Tribes have relied on the region's natural environment for food, clothing, commerce, culture, and protection. The Tulalip people traveled the waterways of the Salish Sea and the Pacific Ocean to promote a thriving culture by trading and socializing with hundreds of other tribes, and hunting and gathering an abundance of wildlife, seafood, cedar, and plant life.

The **Hilbulb Cultural Center and Natural History Preserve (10)** shares the rich culture of the Tulalip people. Our mission is to revive, restore, protect, interpret, collect, and enhance the history, traditional cultural values, and spiritual beliefs of the Tulalip Tribes. We are the successors in interest to the Snohomish, Snoqualmie, and Skykomish tribes, as well as other groups signatory to the Treaty of Point Elliot. We are dedicated to those who have gone before us and those who have remained to keep the fires burning.

Interactive displays at Hilbulb introduce you to the legacy of the Tulalip people, giving you a historical perspective of the groups that make up the Tulalip Tribes.

Whether you choose a self-guided or group tour, you will learn about our traditional territories, the importance of the cedar trees, our seven value stories, and seasonal lifeways. As you walk through the Canoe Hall, you will experience our homelands from the Cascade Mountains to Tulalip

Bay, while admiring historic canoes and archaeology from various sites throughout the county.

The Hilbulb Cultural Center is a place to learn and a source of pride for the Tulalip people and neighboring communities. We hope that our visitors will be fascinated by our exhibits and learn about our history and culture. ■



# A First Class Airport

Seattle's new design-forward terminal brings new visitors to Seattle NorthCountry.

Paine Field is legendary among aviation buffs. Fifty years ago, the first 747 was built at Paine Field in the Boeing assembly plant, the largest building on the planet. Today aerospace manufacturing and museums flank the terminal. The industry has made the region famous and bolstered the local economy. No matter where you are in the world, if you're buying a wide-body aircraft, you're flying to Everett.

Brett Smith, CEO of Propeller Airports and a licensed pilot, founded Propeller in 2008 with two tenants in mind, to build smaller private airports for public commercial use and to return civility back to airline travel.

He chose Paine Field for its location, history, and collaborative public-private partnerships. Snohomish County, Washington is quickly growing with newcomers. The influx in population is driven by the region's impressive quality of life and proximity to Seattle—giving companies a key advantage in attracting high-level talent.

The new Propeller Airport at Paine Field now offers a relaxed and refined alternative when flying into the greater Seattle area.



## A Design-forward Approach

Paine Field is ideally situated next to the coast of the Salish Sea, on a 600-foot hill above the fog line. It's easy for airplanes to access and ground control has great visibility (not to mention stunning views of the snowy Olympic Mountains).

The beauty of Paine Field isn't only in its natural surroundings; it's also in the design, flow, fit and finish of the details. Bose speakers play classical music in a vaulted wooden ceiling designed by Swiss sound engineering firm Topakustik. A modern electronic Solari readerboard, showing arriving and departing flights, greets travelers as they approach ticketing. These details are "reflective of

the sophistication of Snohomish County," says Smith.

## Looking Ahead

PAE will bring a new wave of passengers to the foothills of the Cascades, the beaches of the Salish Sea, and the doorstep of Seattle. Locals will appreciate it for the terminal's connectivity to regional fly markets and international destinations. All travelers will love the growing regional mass transit options, with the arrival of light rail to the county in 2024. The influx of visitors will boost the local economy as business travelers and adventure-seekers alike fly into this new portal to the true PNW. ■

1

## Five Luxe Features

Every detail has been considered in this modern terminal.

Travelers can wash up in privacy with individual bathrooms that offer full-length mirrors and complimentary hygiene products.

2

The terminal has Bose speakers and acoustic ceilings custom-designed by Swiss sound engineers Topakustik.

3

All lounge furniture is made by Swiss family-owned furniture company Vitra.

4

All lounge seats have accessible electrical outlets and USB chargers for phones and devices and guests can use free high-speed wifi.

5

Local food and beverage options include Caffe Vita, northwest wines, and Seattle's Beecher's Handmade Cheese.



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For more information, visit [SeattleNorthCountry.com](http://SeattleNorthCountry.com)

## NEAR THE AIRPORT

# Experience the Aviation District

Five amazing aviation experiences surround Paine Field.

### Boeing Future of Flight

The world's largest building (by volume) is in Everett. This guided 90-minute tour takes you from the Future of Flight by bus to the factory, through a network of underground tunnels to high above the factory floor, where you experience assembly of Boeing 747, 767, 777 and 787 twin-aisle airplanes. Come see the future in the making.

### Historic Flight Foundation

If you know what a Grumman F7F Tigercat is, you'll appreciate the hangar full of airplanes in the southwest corner of the Aviation District. The Historic Flight Foundation carefully restores a variety of aircraft that originally flew between 1927 and 1957. Once restored, all of these planes actually fly.

### Flying Heritage & Combat Armor Museum (FHCAM)

Accurate down to the decals inside the bomb bay doors: that's the level of quality that trained volunteers bring to restored aircraft and war machinery at this museum. Witness firsthand three hangars of refurbished vintage vehicles.

### The Museum of Flight Restoration Center & Reserve Collection

This museum's Restoration Tour offers visitors an up-close look at volunteers working to return old aircraft to their original glory. Also on the premises: a museum gift shop.

### High Trek Adventures Seattle Zipline & Aerial Park

This park full of high ropes courses and zip lines is ideal for team building exercises, or as an adrenaline-fueled way to conquer your fear of heights. Don't worry, they'll make sure you're clipped into your safety harness before your feet leave the ground.





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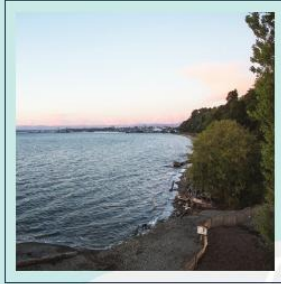
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Fly into Paine Field Airport (PAE), check out the Future of Flight Aviation Center and see how planes take flight with a tour of Boeing.




Find good food and great drinks downtown, and take a walk through Wetmore Forest at Funko's headquarters.

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# A CAPITAL NEIGHBORHOOD

By Kelly DiNardo

» Where U Street meets 11th, in Washington, D.C., you'll find Vinoteca, an upbeat wine-centric bistro that offers half and full pours, daily happy hour specials, and a patio in back with a garden and bocce court evoking a European courtyard. Just down U Street, in a building made from former shipping containers, is the taqueria/Mexican beer garden El Rey, which serves tacos and highly popular margaritas. Around the corner, on Ninth Street, is Habesha Market and Restaurant, one of the terrific local Ethiopian eateries that benefit from being in one of the largest Ethiopian diaspora communities in the country. Habesha dishes up specialties such as *sambusas* (fried pastries with savory fillings), spicy lentils and *key wot* (a spicy beef stew). Each of these restaurants is reflective of the bustling U Street Corridor scene—a vibrant area just a few blocks north of D.C.'s historical marble-and-granite-dominated downtown.

The U Street neighborhood is one of the city's buzziest areas, filled with galleries, shops and restaurants. Its modern energy echoes its history as a center of activity. In the first half of the 20th century, the neighborhood flourished as a center of African American nightlife and was known for hosting some of the period's top performers. Musical legends such as Ella Fitzgerald, Louis Armstrong and Billie Holiday performed in local clubs.



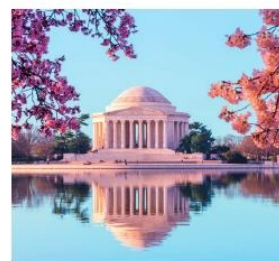
» THE FEED  
OUT & ABOUT WASHINGTON, D.C.

» The Lincoln Theatre, above, and the popular wine bar/bistro Vinoteca, below, are examples of the attractions in the U Street area of Washington, D.C.

Today's scene also boasts great entertainment. Anchoring the east end of the U Street Corridor, the 9:30 Club was named

one of the 10 best live-music venues in the country in 2018, by *Rolling Stone* magazine. It brings national acts to an intimate space, maxing out at 1,200. Nearby Lincoln Theatre, built in 1922, hosted jazz and big-band performers until a closure in the 1960s. Restored and reopened in 1994, the theater has since hosted a variety of acts, from musicians to comedians. Around the corner on 14th Street is the Black Cat, known for indie concerts (past performers include the Foo Fighters, Beck and many others) and energetic dance-offs with themes like The Cure vs. The Smiths.

After dancing, you might want a late-night nosh. The bright-red-and-yellow-fronted Ben's Chili Bowl, located next to the Lincoln Theatre, attracts visitors, locals and celebrities for chili dogs and half smokes—half-beef, half-pork smoked sausages covered in chili. Down the street, the hole-in-the-wall restaurant Oohh's & Aahh's serves soul food such as fried chicken, collard greens and a celebrated mac-and-cheese. Dishes are accompanied by a side of sass as entertaining as you might hope for to end a stroll along high-spirited U Street. ✈



## MONUMENTAL D.C.

While in Washington, be sure to visit classic D.C. sites. Walk the 2.5-mile stretch of the National Mall and Memorial Parks between the U.S. Capitol and Lincoln Memorial. Flanked by Smithsonian Institution museums, the mall is popular with school groups. Near the mall's middle is the Washington Monument (scheduled to reopen soon). And if you're in town during the National Cherry Blossom Festival (March 20–April 14), head to the Tidal Basin and Thomas Jefferson Memorial (above) to view particularly beautiful blooms. —K.D.

■ Fly Alaska Airlines to Washington, D.C. (DCA and IAD), from Seattle (SEA), Portland (PDX), San Francisco (SFO) and Los Angeles (LAX).





# Mothers Day SPA PACKAGES

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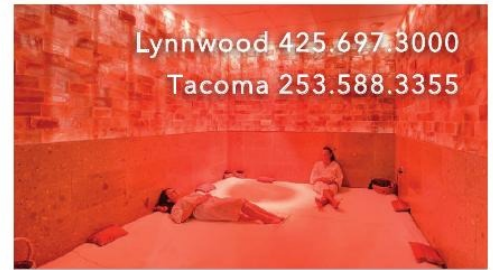
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*The Great Falls of the Potomac River.*

## A GREAT FALLS EXCURSION

By Kelly DiNardo

» **The Potomac River** is easygoing and mild near the back steps of D.C.'s Lincoln Memorial. Yet a drive of less than 20 miles upstream to Great Falls Park, in Virginia, reveals something very different. Here, the Potomac—which has by this point collected drainage waters from the Allegheny Mountains, plus hills in Maryland, Pennsylvania, Virginia and West Virginia—builds up speed as it tumbles over jagged rocks and drops 76 feet in less than a mile.

The 800-acre park, administered by the National Park Service, features three main river overlooks, all within about a 10-minute walk from the Great Falls Park Visitor Center. Emerging through the trees at the overlooks, visitors get wide-open views of roiling waters and jumbled crags, and—at times when the river's flow is manageable—of kayakers braving rapids.

The park also includes 15 miles of scenic hiking trails, some of which are open to bicycles and horses. The River Trail, which winds along the top of the cliffs above the Potomac, begins just past Overlook 3. Several more trails connect to the River Trail, and hikers can choose paths for their desired distance, terrain

and difficulty. They can also watch for some of the park's many birds, including great blue herons that frequently fish near the falls.

The hike to the Mather Gorge Plaque is popular and easy. Follow the River Trail for about a half-mile from the visitor center, along the steep cliffs that tower above the river, until you reach a viewpoint and signage honoring Stephen T. Mather, the National Park Service's first director (from 1917 to 1929). From here, you can return the way you came or loop back on the Patowmack Canal Trail, which takes you on an easy, level dirt path past stone walls that



*Great blue herons.*

were once part of the canal structure. The former waterway, now dried and in ruins, was the result of a venture originally led by George Washington to bypass the falls and make the Potomac navigable for trade.

If you want a longer hike, you can continue past the plaque on the River Trail and cut over to the Matildaville Trail. This mostly

shaded, forested trail continues south for more than a mile, and you can take a short detour along the way to Sandy Landing, which overlooks Mather Gorge.

Heading north, back to the visitor center, the same trail passes the intriguing remnants of the settlement of Matildaville that grew up around the Patowmack Canal's construction.

Other parts of the canal route and its locks are temporarily closed for restoration but are expected to reopen this year. For the latest updates and additional information, check the park's website at [nps.gov/grfa](https://nps.gov/grfa). ✕



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## SUSTAINABLE SUSHI

By Cynthia Nims



» **Anticipation of that first bite of tuna** often starts before sitting down at the sushi bar, peaking just as chopsticks lift the crimson fish from the plate. Rich in flavor and texture, tuna's appeal is easy to understand. But less simple is whether the items we order at the sushi counter are sustainable. For reasons that include overfishing and habitat destruction, it might be preferable to emphasize some types of sushi over others. Identifying the best choices can be challenging due to an often-complex supply network, and the fact that few seafoods are simply all "good" or all "bad." But sushi establishments that have committed to serving sustainable seafoods help us navigate these issues.

When Bamboo Sushi opened the first of its restaurants in Portland, Oregon, in 2008, "sustainability was intertwined in the DNA of the company," says founder and CEO Kristofor Lofgren. There was some early disconnect with customers, including some offended at being told what they should or should not eat. But, he says, "We didn't do it to patronize or be condescending. We believe in the future of sushi and of the oceans, and help direct [customers] toward better options."

On its website, Bamboo Sushi shares where it is currently sourcing seafood. You might see that the octopus from Spain is

caught by divers (good) rather than dredged (bad). And that the tuna is Oregon-caught albacore instead of severely depleted bluefin. "Our focus first and foremost is finding the most sustainable seafood we can," Lofgren says. "Then we find the closest source and most efficient means for getting it to the restaurants."

Bamboo Sushi also is mindful of its carbon footprint, which it tracks and shares online and in the restaurants (five in Portland, one in Denver and three opening this year in the Bay Area).

Ten years ago Hajime Sato, chef and owner of Mashiko in Seattle, turned his focus to sustainable seafood after 15 years in business. He encourages sushi fans to think about eating lower on the seafood chain. For a long time, "sushi comprised mostly smaller fish such as mackerel, ocean smelt, herring," he explains, and that practice still makes sense today. "Smaller fish are a better way to go in every way. They're good for you with lots of omega-3s; they mature and reproduce more quickly; and they have wonderful strong flavor."

Ask your server for more of the story behind what you want to order when you go out for sushi. Engaging in the conversation is a valuable step toward ensuring diverse, delicious and sustainable sushi selections for generations to come. ✂

■ **SUSTAINABLE SEAFOOD APP** For searches at the sushi counter or for advance reading, consult the Monterey Bay Aquarium's Seafood Watch app. Users can scroll through "Sushi A-Z" for a glance at all sushi ratings, or search by common seafood or sushi name to see whether it gets a "Best Choice," "Good Alternative" or "Avoid" grade. The resulting info may lead you to ask your server a question or two, such as about seafood origin, and whether the fish is farmed or wild. —C.N.



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Visitors enjoy sake at SakéOne's tasting room.

## STYLES OF SAKE

By Brad Japhe

» Rice has been made into sake for more than 2,000 years in Japan. The beverage also is gaining in popularity in the United States. The U.S. is a top destination for sake imports, with more than 5.7 million liters imported in 2017, according to Sake Experience Japan. And with a rapid rise in domestic producers from locations as varied as Austin, Texas, and Denver, Colorado, sake just may be the next big player in the craft game. Here's what you need to know before you choose your next pour.

"The most popular types of sake to drink are *junmai daiginjo* and *daiginjo*," explains Alastair England, a wine and sake director for the Zuma restaurants, including in Las Vegas. "These are sakes in which the rice is polished to less than 50 percent of its original size [before fermentation], creating richer, more textural and complex liquids." Associated flavors for these styles are delicate, including

fragrances of plum and pear—notes that pair brilliantly with raw fish. England recommends a classic pairing of scallop sashimi alongside Kirinzan—an elegant junmai daiginjo from Niigata prefecture.

Timothy Sullivan, a brand ambassador for Hakkaisan Sake, recommends two eminently inviting styles for American palates: *nama*, a bold unpasteurized variant, and *nigori*, a coarsely filtered, cloudy style with a rich texture akin to a piña colada. "For Americans trying to find their way in the world of subtle and nuanced sake tastes, these styles stand out as beacons of flavor that are accessible and easy to get a handle on," he says.

Which is probably why Texas Saké Company has found immediate success with its nigori bottling. The company's taproom in downtown Austin serves the semisweet beverage on draft. Colorado Sake Company follows a similar

model in the hip RiNo neighborhood of Denver. Its tasting room offers a wide range of filtered and unfiltered rice wines with interesting added flavors such as chai. And SakéOne, which became one of the first U.S. sake producers when it opened in the 1990s, offers tours and tastings at its tasting room in Forest Grove, Oregon, where you can enjoy a rotating selection of the company's sakes on tap, including sparkling and fruit-infused sakes.

Sake is becoming more approachable, and more available, as a function of producers and vendors expanding the craft throughout the United States. "I often hear people lament that they can't get good sake in their area," observes Sullivan. "If your local liquor store or favorite restaurant does not currently carry premium sake, ask them to. The more consumers ask for premium sake, the faster we can increase access to it." ✂

■ Learn more about the history, production and characteristics of sake in the new book *Saképedia: A Non-Traditional Guide to Japan's Traditional Beverage* (2019) by Jeff Cioletti.



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# TOP VEGAN AND VEGETARIAN CITIES

By Giulia Szanyi

» An estimated 8 percent of the U.S. population, or about 26 million people, identify as vegetarian or vegan, according to a 2018 Gallup poll. And the number of people abstaining from meat or all animal products is expected to continue growing in the coming years. The following are the five top U.S. cities for vegetarian and vegan lifestyles, as compiled by WalletHub, a financial advising website. In 2018, WalletHub ranked the 100 largest U.S. cities, using 16 key indicators, including the cost of vegan and vegetarian groceries, the availability of vegan and vegetarian meals at restaurants, and the number of salad shops and juice and smoothie bars per capita.

## 1) New York City, New York

The Big Apple came in first in the survey, tying for first place in the percentage of restaurants offering vegan dishes. It also had the most juice and smoothie bars per capita. In New York, stop by the family-owned Seasoned Vegan restaurant for home-cooked vegan dishes with a soulful twist. You may also like spaghetti & wheatballs or seitan picatta at Candle 79 restaurant.

## 2) Portland, Oregon

Portland is home to one of the nation's only vegan mini-malls, which features the Sweet Pea Baking Co., one of Portland's first all-vegan retail bakeries, and the vegan grocery store Food Fight! The mall also is home to Scapegoat Tattoo, touting all-vegan ink and aftercare products.



## 3) Orlando, Florida

Famed for its theme parks, Orlando has also earned a reputation for its meat-free fare. WalletHub tied Orlando with New York for the top spot in the number of salad



shops per capita. Also, Orlando ranked in the top five for the percentage of restaurants serving vegan options, the number of vegetable nurseries per capita, and the number of juice and smoothie bars per capita.

## 4) Seattle, Washington

Meat-free and vegan options abound in the Emerald City. Seattle is also among the top five cities for the number of farmers markets per capita. When in Seattle, visit the University District's Vegan Haven, a 100 percent vegan grocery store that is owned by Pigs Peace Sanctuary, a charity that takes in abused and unwanted animals.


## 5) San Francisco, California

WalletHub ranks the City by the Bay first in the number of farmers markets per capita. Also, the Bay Area has developed a reputation for meat-free options. For instance, Berkeley passed a city law last year that all city-operated institutions must serve only plant-based foods once a week. If you visit Berkeley, stop in at the Cinnaholic bakery chain's original shop for a taste of one of its famous all-vegan cinnamon rolls that were featured in 2014 on the ABC TV program *Shark Tank*. ✂



» Clockwise from top, WalletHub ranks New York the nation's top city for vegetarians and vegans. San Francisco is known for its many farmers markets. Portland's Sweet Pea Baking Co. creates all-vegan baked goods.



A close-up portrait of Dr. Renato G. Martins, a man with dark hair and a slight smile, looking directly at the camera. The background is softly blurred, showing green foliage.

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## “THANKS, IT’S VINTAGE!”

By Lora Shinn

» One of the most eco-conscious ways to shop is to buy used clothing, furniture and housewares. After all, you’re keeping an item out of the landfill while also not using additional resources to make something new. Many of today’s resale, consignment and vintage stores are clean, bright shopping spaces—and treasure troves of stylish finds. Here are a few favorites:

**Bad Mother Vintage:** In Downtown Fairbanks, this shop features high-quality fabrics and craftsmanship, along with unusual discoveries, such as an 1840s hand-tatted German lace wedding jacket. Unique souvenirs to bring home include butter-soft, Alaska-themed vintage tees ([instagram.com/badmothervintage](https://www.instagram.com/badmothervintage)).



**Facère Jewelry Art Gallery:** This Seattle gallery’s cases cradle 1890s diamond rings, Art Deco necklaces and 1940s cocktail rings. Founded 46 years ago by jeweler Karen Lorene, who once worked as an appraiser on *Antiques Roadshow*, the shop offers vintage items as well as new jewelry crafted by contemporary artists. Unique pieces abound, including an Edwardian necklace made of hexagonal amethyst stones, and a Victorian matching set of snake earrings and a pendant, made with opals and rubies ([facerejewelryart.com](http://facerejewelryart.com)).



**Old Portland Hardware & Architectural:** This shop in Portland, Oregon, features antique and vintage house hardware, mirrors, furnishings and lighting from the 1890s through the 1930s. Visitors can find Victorian doorknobs and Art Nouveau stained glass, along with barometers and old-time physician equipment. The creative staff upcycles items, too—for example, a 1955 copper pipe made into a standing lamp ([oldportlandhardware.com](http://oldportlandhardware.com)).

**Decades Inc.:** This Los Angeles store is so impressive that celebrities consign (and shop) here. Roam among the rows of glamorous party dresses, Yves Saint Laurent blazers, vintage Hermès Kelly and Birkin bags, and a selection of collectible men’s designer fashions, such as Christian Louboutin shoes. Branded luxury bags are on the shelves this spring, including 1980s Chanel, 1990s Gucci and 2000s Dior ([decadesinc.com](http://decadesinc.com)).

**Bad Madge & Co.:** Entering this shop in San Diego is like time-traveling to a mini department store from the 1950s and ’60s. You’ll find midcentury fashion and accessories, along with furniture and low-tech items such as records and typewriters. Bad Madge staff scour local resale shops, flea markets and estate sales for pieces by notable designers, including Herman Miller Eames furniture ([badmadge.com](http://badmadge.com)). ✈



» Clockwise from top: Decades Inc.; necklaces, rings and earrings at Facère Jewelry Art Gallery; Old Portland Hardware & Architectural; Bad Madge & Co.; T-shirt at Bad Mother Vintage.





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## THE HEART OF THE MARINERS

Seattle's Edgar Martínez, a fan favorite for his timely hitting and humility, heads to Cooperstown

By Dave Boling

» Regardless of how the wins and losses stack up this season for the Seattle Mariners, baseball fans in the Pacific Northwest already know that the summer of 2019 will be highlighted by the long-awaited recognition of one of their most beloved players, Edgar Martínez.

He has finally been recognized by the Baseball Writers' Association of America, which elected Martínez in his last year of eligibility, to the National Baseball Hall of Fame in Cooperstown, New York. Martínez will be inducted with this year's class on July 21.

The message of Martínez's induction is one of persistence, dedication and commitment. As a boy growing up in Puerto Rico, he learned to hit by batting rocks with a broomstick. Martínez was 27 before he was able to work his way onto the Mariners' major-league roster on a full-time basis.

While stars such as Ken Griffey Jr., Randy Johnson and Alex Rodriguez eventually left Seattle for other teams, Martínez played his entire 18-season career with the Mariners.

"Staying in Seattle ... was a combination of a great relationship with the organization and also with the fans," Martínez said at a press event in Seattle after the announcement of his impending induction. "It just felt right."

Known simply as "Edgar" by fans, Martínez spent most of his career as the team's designated hitter, earning a reputation for his clutch hitting. A seven-time All-Star and a two-time American League batting champion, Martínez hit over .300 in 10 of the 12 seasons from 1990 to 2001, ending his career with a .312 average.

In 1995, arguably his greatest season, Martínez led the American League in batting average (.356), and also in runs scored (121), doubles (52) and on-base percentage (.479).



In the divisional playoffs that season, Martínez batted in seven runs in Game 4 against the New York Yankees, and the following game hit the two-run double for the deciding score in extra innings to send the Mariners to their first American League Championship Series.

It's common for fans to say that Griffey saved baseball in the Pacific Northwest—with his glove, bat and charisma—at a time in the 1990s when the franchise was mulling possible moves to other cities. But if Griffey was the face of the franchise, Martínez was the heart ... consistent and powerful.

Martínez's connection to the fans deepened even further as his humility and pleasant nature were soon featured prominently on the team's annual promotional TV commercials.

So why did it take until his final ballot to

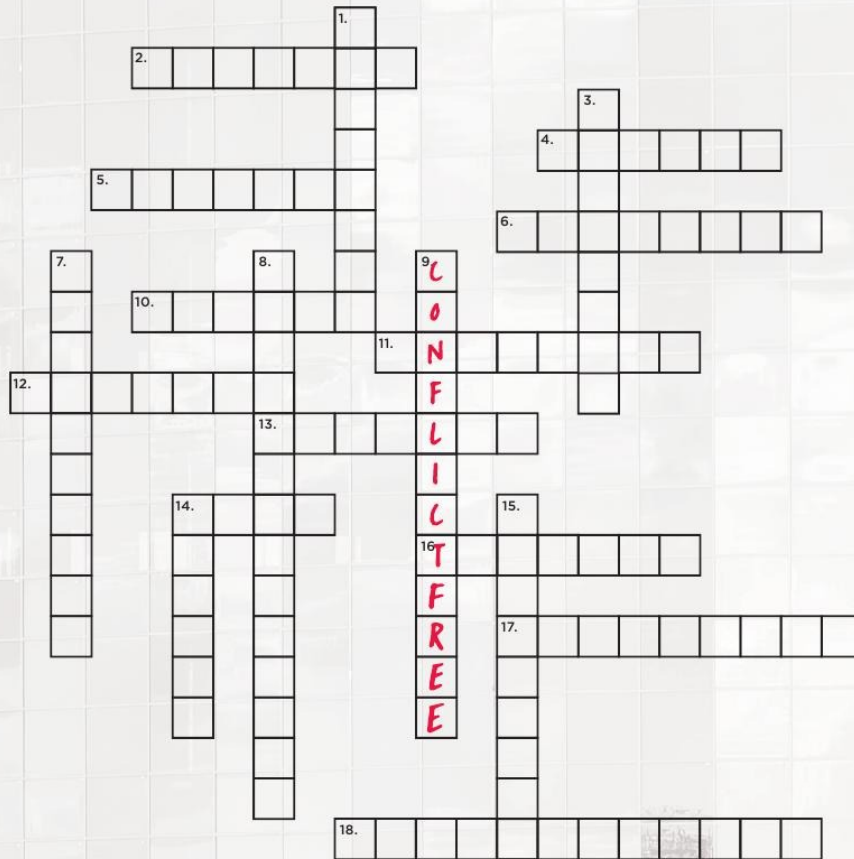
reach the required 75 percent of votes by the panel of baseball writers? Mostly, it was the customary devaluation of the contributions of designated hitters, such as Martínez, who don't play a defensive position.

An aggressive program by the Mariners' organization, stressing a set of advanced analytics, helped some reluctant baseball writers realize that Martínez's batting statistics compared favorably with many Hall of Fame icons such as Stan Musial, Ted Williams and Babe Ruth.

Fans of Martínez have even more to look forward to this summer than his Cooperstown induction, because he has authored a memoir (with Larry Stone of *The Seattle Times*) that is scheduled for release on June 11. The title, simply and fittingly, is *Edgar*. ✕



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- 7. valued ideals  
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- 8. tenants only, \_\_\_\_\_
- ~~9.~~ only have one fiduciary, the tenant
- 14. to grow; prosper; flourish
- 15. incomparable

### ACROSS:

- 2. energetic; principled leadership
- 4. act of acquiring buildings/office space
- 5. act of renting buildings/office space
- 6. constructing
- 10. integrity-based; always does the right thing
- 11. fair; impartial; our client's best interests are our best interests

- 12. specialized; custom
- 13. outcomes; consequences
- 14. tribe; squad
- 16. companies that lease/occupy an office/building
- 17. genuine; real
- 18. earning accolades  
*[Helpful hint: Hughes Marino was voted #1 Best Workplace in the nation by Fortune.]*

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## CHARGING INTO THE FUTURE

Tesla's Model 3 offers some of modern driving's best features

By Bengt Halvorson

» When Tesla revealed the Model 3 in 2016, the California automaker received more than 450,000 \$1,000 deposits before deliveries even started. Tesla already had the Model S and the Model X, but with the Model 3, the automaker presented a more affordable, mass-market electric car that still performed like a powerful sport sedan. In 2018, the Model 3 was the top-selling premium-brand vehicle in the United States.

Earlier this year, I took a Dual Motor Long Range version of the Model 3 (costing about \$47,000 at publication time), with a 310-mile rated range for a weekend road trip from Portland into the mountains. Over several hundred miles of Pacific Northwest highways and back roads, I discovered why the Model 3 is being so widely heralded.

*The Model 3 has a purposeful sport-sedan profile distinctive in its super-low hoodline and lack of a grille. The cabin has a bright, airy feel thanks to a roof made almost entirely of glass that protects against heat and UV radiation.*



### ■ Supercharging

The true inflection point for electric cars might be when charging is as quick and easy as filling up your gas tank. At present, the ease is here: Tesla's Superchargers are located at smart waypoints along major highway routes—you just plug the Supercharger into your vehicle's charge port, and the system recognizes your car automatically. However, the speed is not here—yet. But it's getting closer. At a Tesla Supercharger today, plugging in for 30 minutes gains you up to 170 miles of range. And with the V3 Supercharging that Tesla is starting to roll out this year, you'll be able to gain as much as 75 miles of range in 5 minutes.

### ■ Touch-screen controls

Want to adjust the temperature, aim the climate vents or turn on the defroster or wipers? It's all on a touch screen. The shelflike dash and center console are completely free of buttons, and a 15-inch touch screen and two small thumbwheels on the steering wheel are your only physical points of interface with many of the Model 3's functions.

### ■ Autopilot driving

Tesla's Autopilot system manages the steering and following distance on the highway, provided you have your hands on the wheel. A "Navigate on Autopilot" feature helps the driver change lanes and take the right highway interchanges and exits after the driver confirms the moves with the turn signal. Model 3 will continue to improve over time with over-the-air software updates. ✕

### ■ Automatic entry

The first time you get into the Model 3, you'll need to pair your phone with the car and swipe your RFID keycard. From then on—as long as you're carrying your phone—you can store the card away, and the car unlocks as you step up to it and activates once you're buckled in. It was a bit of an adjustment for me at first but quickly became second nature.



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## Exploring the unexpected in three of Japan's enchanting locales

By Chaney Kwak

The Land of the Rising Sun is full of surprises, whether you're on your first or hundredth visit.

From the latest tech and time-honored rituals to creative individuals and peaceful pocket neighborhoods, the international gateway of Tokyo delights visitors with its traditional and modern experiences alike.

To the southwest, the Seto Inland Sea islands are centers of artistic immersion, including a triennial festival that takes place this year, and feature bucolic scenery such as olive groves.

And in Sapporo, a city on the northern island of Hokkaido, visitors can explore underground art galleries and try ramens featuring local ingredients such as crab.

Here are three destinations in which to explore Japan's many unique wonders.



*From top: Noteworthy Japan attractions include terraced rice paddies; ramen shops; and cherry blossom-lined moats and other waterways.*

JAPAN





Sensō-ji Temple, one of Tokyo's most significant historical sites. Below, a Shinkansen bullet train.

## TOKYO

For centuries, the Shinagawa ward has been many travelers' first impression of Tokyo. This southern part of Tokyo served as a *shukuba machi* (a post-station town, where travelers could rest and sleep) on the main road between Tokyo and Kyoto. Today, Shinkansen bullet trains call at Shinagawa Station, which is one of the world's 10 busiest train stations, located just north of the Shinagawa ward. At the station, direct trains to Haneda and Narita airports connect with the iconic Yamanote Line, which encircles Tokyo in an hour-long loop and includes popular stops such as Ueno Station, where visitors can walk to the Tokyo National Museum.

As I stand outside the train hub with my friend Noriko, I become part of a typical Tokyo tableau, office workers in suits hurrying past. A middle-age woman

in a velvet wizard outfit, complete with a cone hat, shuffles a deck of tarot cards in a passageway linking hypermodern high-rises. A sign at her table lists all the services she offers, such as palm reading, and Noriko offers to interpret into English for me. I'm not a believer in prophecies of any kind, but the juxtaposition of her outlandish outfit and the sleek setting gets me intrigued.

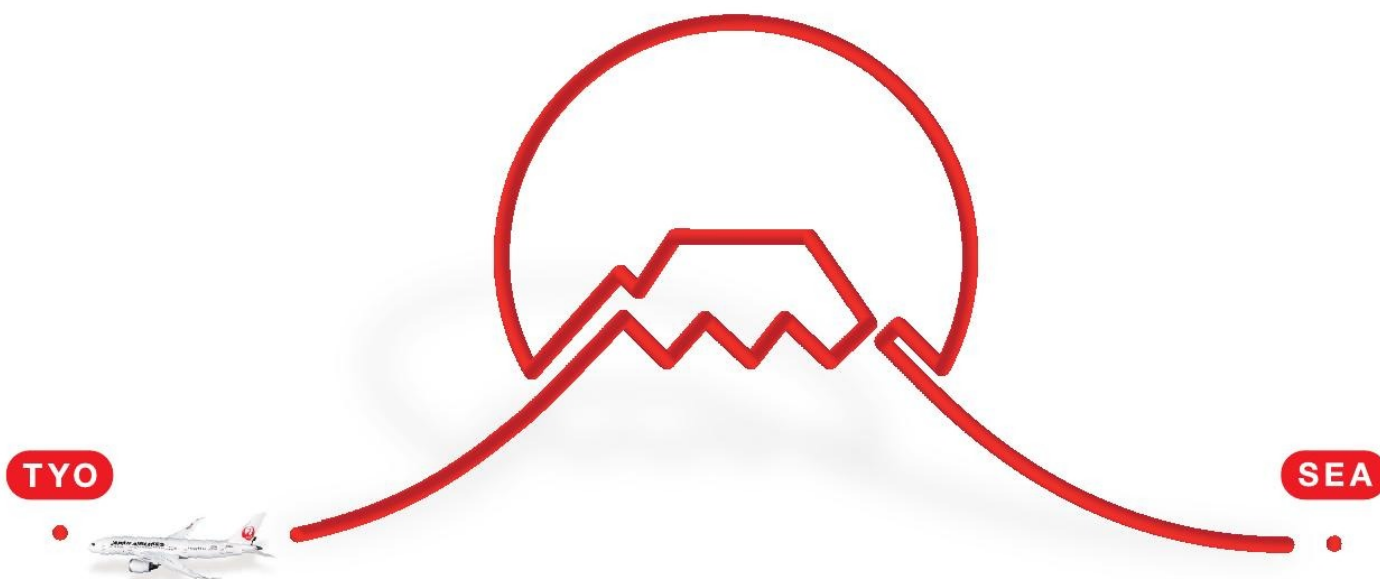
In the shadow of the office towers outside the Shinagawa station, the street oracle consults an ancient Japanese book of destinies and looks into my future, as determined by my birthday, for 2,000 yen, or about \$18. Around us, groups of visitors walk by on the way to nearby restaurants and bars.

Along with the constant energy of so many people, there's a sense of composure and order in this metropolis of



13 million. To experience two key aspects of Tokyo, stand in the middle of a busy station such as the one in Shinagawa, and watch the crowd swell. Then, head to one of the many quaint corners hidden in plain sight between the neon lights and gigantic skyscrapers. Spread over 845 square miles, the Japanese capital seems





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The charming Yanaka Ginza shopping street has more than 50 vendors, which sell items ranging from hand-made goods to green tea.



like a physical manifestation of time travel, with Zen gardens and traditional Shinto shrines sharing the same postal code with restaurants staffed by robots.

My favorite among such old-fashioned pockets? The Yanaka, Nezu and Sendagi neighborhoods, collectively referred to as Yanesen. A 25-minute ride on the Yamanote loop takes me from the kinetic bustle of Shinagawa to Nippori Station, where Yanaka Ginza shopping street awaits. More than 50 vendors line both sides of the narrow alley, which is shorter than 200 yards. This is the kind of place where a store that sells only a dozen different kinds of rice can survive alongside tourist-pleasing snack stands.

Niku no Suzuki, for instance, has been serving roasted pork, dumplings and *mechi-katsu* (meat cutlet deep-fried in panko crumbs) since 1933. There's also a shop that's been preparing and roasting its own green tea for more than 50 years.

Also in the Yanaka area, Isetatsu pro-

motes the art of origami with its brilliant assortment of woodblock-printed *chiyogami* paper. Still owned by the family that began selling fans from this same store in 1864, the paper shop is a refreshing reminder of our tactile past before our era of touch screens.

When I fold away the map and lose myself among the preserved alleyways, I find myself strolling past wooden homes and potted plants and bicycles left unlocked. This homey, quiet residential neighborhood provides a balance to the thrum of karaoke bars.

As for my Shinagawa oracle, she tells me a lot of things that may or may not come true. After the timer goes off, she invites me to flip one tarot card as a parting gift.

"It is safe for you to love," the card reads. "Open your heart and give and receive the highest energy of all."

One thing is for sure: I already did open my heart, to Tokyo.

## TOKYO

### Top attractions:

The Tokyo Metropolitan Government Building, with its free 45th-floor observatory. • The iconic Shibuya Crossing, where an estimated 1,000 to 2,500 pedestrians cross during each walk signal. • The national park of Shinjuku Gyoen National Garden, an open-air park in the middle of the urban area. • The new Toyosu Fish Market (formerly the iconic Tsukiji Fish Market), which hosts the famous tuna auction in the wee hours of the morning.

### Where to go first if you're a ...

...Foodie: In the Nakameguro district, which lines a portion of the Meguro River, streets brim with *izakaya* (gastro pubs).

...History buff: Its origin dating to 628, Sensō-ji Temple is one of Tokyo's oldest temples.

...Family: Hop on the old-fashioned Toden Arakawa Line to the hands-on Paper Museum.

### Best time of year to visit:

April, when the cherry blossoms are in bloom.

### Key history moments to know:

**1603:** The Tokugawa Shogunate is established in the town of Edo.

**1868:** Edo is renamed Tokyo, meaning "eastern capital."

**1964:** Tokyo hosts the Summer Olympic Games. The city will host them again, July 24–Aug. 9, 2020. —C.K.



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## SETO INLAND SEA

Rows of gnarly olive trees spill down a steep hill by the sea. The late-afternoon sun warms my nape, and the dry breeze carries sticky residues of salt. I can almost pretend as if I were lounging on a Mediterranean island—except that next to the olive grove is a Buddhist temple.

This is Shodoshima, one of the islands in the Seto Inland Sea. With its relatively temperate climate year-round, Shodoshima has been quietly producing olives since 1908. Today, this island, also called Little Bean Island in reference to its tradi-

*From top: Olive groves on the island of Shodoshima; one of Shodoshima's many Buddhist temples; Yayoi Kusama's Yellow Pumpkin sculpture on the island of Naoshima.*

tional crop of soybeans, produces extra-virgin olive oil, pickled olives and even olive-fed wagyu cattle.

The temple next to the olive grove is Chosho-ji, number 33 on the 88 pilgrimage sites of Shodoshima, which are threaded together with trails totaling about 93 miles. Some visitors take upward of a week to visit all the sites on foot, but I take a cab. The reason I'm here is more temporal: to eat and to look at contemporary art.

For lunch, I settle inside the chic minimalist space of Farm's Table Chuzaemon, a restaurant run by a cosmetic company that grows island olives for skin-care products. The restaurant puts a Spanish accent on Japanese ingredients, such as a paella of *hamo* (daggertooth pike conger), dotted with pickled olives and sashimi and served “carpaccio style,” with a generous helping of local olive oil. The dish is rich but not greasy—a Japanese skill.

The downstairs store offers free olive-picking experiences to customers. A kind-faced store manager herds me and three Japanese visitors into a small van, and we drive past traditional homes with sloping eaves to a terraced farmland rising among mikan mandarin trees. The steep slopes maximize the exposure to sunshine, which might be why this Mediterranean

### SETO INLAND SEA

#### Top attractions:

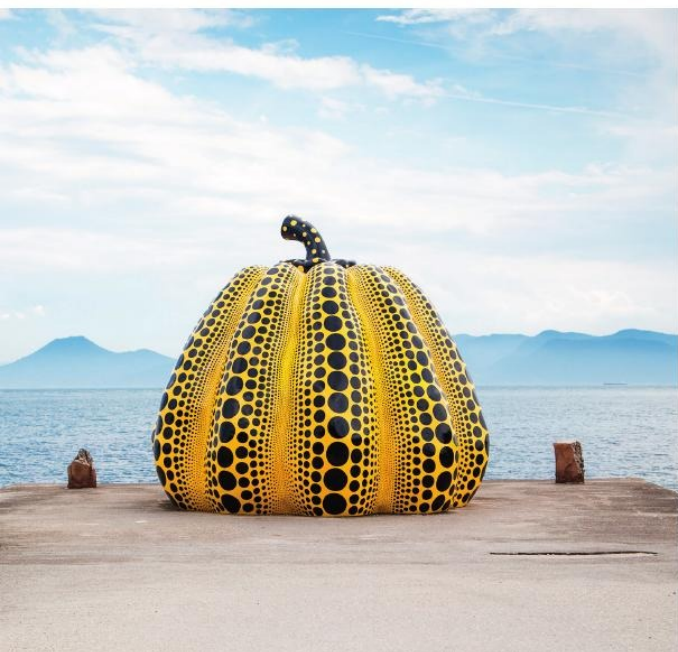
- **The Art House Project** on the island of Naoshima, which transformed traditional residences into artistic spaces.
- **The subterranean Chichu Art Museum** on Naoshima, features a handful of notable works, such as five of Claude Monet's *Water Lilies* and incandescent installations by light artist James Turrell.
- **Lee Ufan Museum** on Naoshima, a collaboration between the Korean artist and the celebrated architect Tadao Ando.

#### Distinctive dish and where to get it:

Olives, olive-flavored drinks and soft-serve ice cream topped with olive oil on Shodoshima island.

#### Key history moments to know:

- 1908: Olives are introduced to the island of Shodoshima.
- 1989: The Benesse Art Site Naoshima opens, jump-starting the islands' revitalization.
- 2010: Setouchi Triennale art festival begins. —C.K.





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import flourished on Shodoshima.

Hand-picking olives, it turns out, can be oddly satisfying. Looking for the ripe ones feels a little like *Where's Waldo*, and the light snap I feel when I pluck these drupes off the branches keeps things viscerally fun.

"We're a developing country when it comes to olive oil," says the store manager—one of my Japanese cohorts on this excursion interprets for me. "But the quality has jumped in the last 10 years."

On the lot is a tree that's more than 70 years old. It looks gray, but younger trunks have begun sprouting from the same root. Japan is far from an ideal location for olive cultivation because typhoon season deprives the plants of sunlight while bringing too much water. Still, like this tree, the olive farmers of Shodoshima have been resilient for generations.

With a landmass just a little under 60 square miles, Shodoshima is the second largest of the 3,000-some islands—most of which are inhabited—that fill the Inland Sea. Delightfully rural and rugged, the sparse island of cliffs and rock formations jutting into the sea has 28,000 people. Its olives and temples draw visitors, and this year, there's all the more reason to head to Shodoshima and its neighboring islets. Once every three years, the famous Setouchi Triennale art festival takes place on several islands as contemporary artists exhibit and install new works of art. In 2019, events and exhibitions will take place April 26 to May 26, July 19 to August 25 and September 28 to November 4, at the region's many venues for the arts. A 20-minute local ferry from Shodoshima, for instance, travels to neighboring Teshima, where the



In Sapporo, visitors can stop at Ganso Sapporo Ramen Yokocho, left; buy fresh seafood at outdoor markets, below; and explore Odori Park, bottom.



spaceshiplike Teshima Art Museum blends into the voluptuous landscape of undulating hills and rice terraces. On Naoshima, the Seto Inland Sea revival began in the late 1980s when the publishing tycoon Soichiro Fukutake built the Benesse Art Site Naoshima, a complex of a museum, a hotel, and outdoor works by artists such as Yayoi Kusama, famous for her polka dot-covered sculptures.

Together, such surprising features as olives and contemporary art help distinguish the Seto Inland Sea's islands.

## SAPPORO

Standing in Ganso Sapporo Ramen Yokocho, an alley barely wide enough for three







Okurayama ski jump.

salarymen to walk side by side, I face a typical traveler decision: Where to eat?

What began in the mid-1900s as a cluster of half a dozen ramen spots has now grown to become a prime destination for noodle-soup lovers. Its claim to fame is as the originator of miso ramen: a perfect meal for the cool temperatures here in northern Japan. Given the abundance of options, I defer my dining decision while I explore the city.

Sapporo, the largest city on Japan's northernmost island of Hokkaido, is often

associated with ice sculptures and snowfall. In 1972, Sapporo became the first city outside of Europe and North America to hold the Winter Olympic Games. So it may come as a surprise that the city is more than the sum of its ski jumps. With its galleries and hipster shops, the city has been compared to Portland, Oregon.

The median of the main *odori* (large street), which forms the mile-long Odori Park in the heart of the city, harbors a secret. Underneath this dozen-block park, you'll find the 500-meter Underground Walkway Gallery, which exhibits sculptures and paintings by emerging Japanese artists. I pass by an installation that shows mobile phones in various states of distress, with signs listing causes of demise; another nearby series of paintings features a man taking a picture with his phone of a painting portraying the exact

## SAPPORO

### Top attractions:

- **Okurayama Ski Jump Stadium**, a 1972 Olympic venue at the base of which is the Sapporo Olympic Museum.
- The 400-acre **Moerenuma Park** is perfect for cherry-blossom viewing and cycling.
- The **Sapporo TV Tower** at the eastern end of Odori Park is a great place from which to view the city.

### Traditional music:

**Hokkaido Museum's** exhibitions include artifacts and recordings of the music of the Ainu, the indigenous people of Hokkaido island. —C.K.

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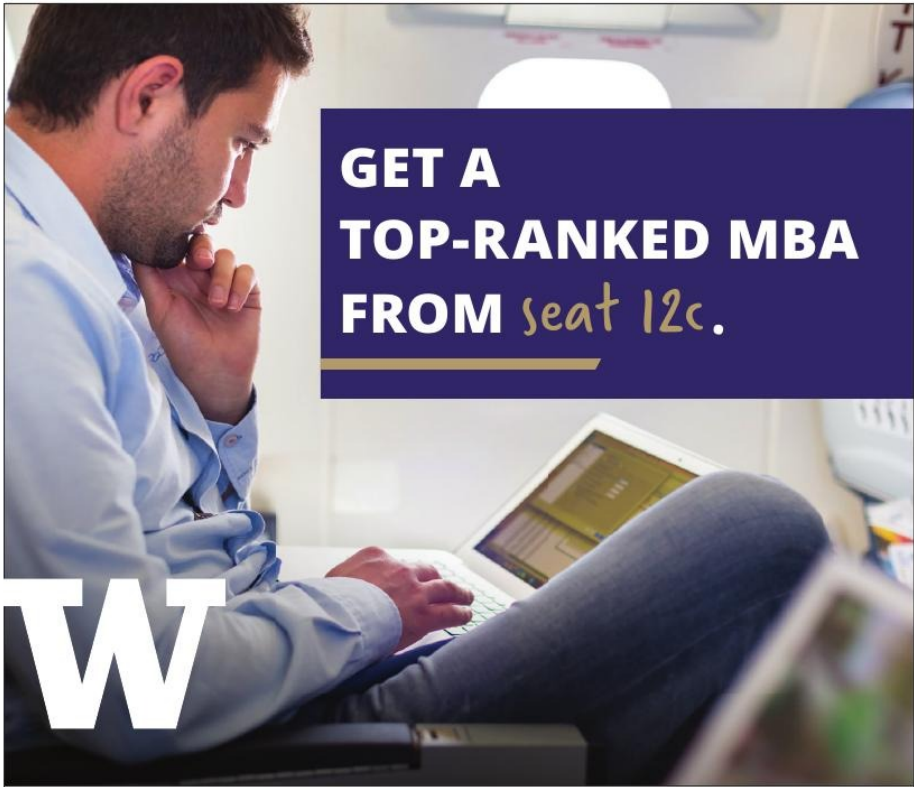
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same image. The ironic works of art show how young artists are grappling with the self-referential nature of today's society.

After leaving the gallery, I make my way among fishmongers at the nearby Nijo Ichiba, a one-block public market. Giant crab legs are piled next to fresh catches from the surrounding seas. But even such a traditional setting is never far from urban accoutrements. Across the street from the market is a building designed to look like shipping containers haphazardly stacked on top of one another. The building contains coffee shops and clothing shops where teenagers exclaim "kawaii," or "cute," at each other's outfits.

For me, the most unexpected surprise arrives inside my ramen bowl. After walking back to Ganso Sapporo Ramen Yokochō, I randomly pick one of the many dozen-seat ramen shops without a sign in English. The ramen that is placed before me is a microcosm of some of the island's abundant ingredients: corn, crab and butter, the latter paying tribute to Hokkaido's status as Japan's dairy. Ramen is a humble dish in Sapporo, a quick, affordable meal that can bring locals and tourists together. But it's also a reminder that, like Japan itself, a surprising combination of the familiar and the unfamiliar can make a very satisfying experience. ✕

*Chaney Kwak writes from the San Francisco Bay Area.*

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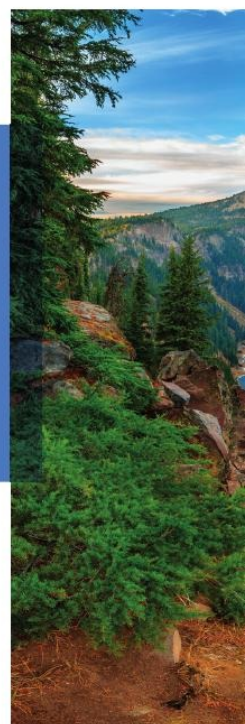
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# VIEWS



FINDING NEW  
PERSPECTIVES IN  
NATIONAL PARKS  
AND MONUMENTS

BY CRAIG HILL

*Clockwise from top:  
Green coniferous  
trees are part of the  
beauty at Crater Lake  
National Park;  
wildflowers color  
the grasslands  
beneath Mount  
Rainier; a unique  
angle of Delicate  
Arch reflected in  
rainwater at Arches.*





**I pull into a tiny parking lot** next to the Carbon River, just inside the lightly trafficked northwest corner of Mount Rainier National Park in Western Washington. I can't see the 14,410-foot mountain from here, but a short bike ride and hike will take care of that in less than two hours. I enjoy the burble of the river as I set out pedaling under a thick canopy of evergreens, knowing that I'm heading toward a view of Mount Rainier that many visitors never see.

I've watched the morning light cast golden rays across Mount Rainier from Sunrise. I've hiked from Paradise through colorful fields of wildflowers growing beneath the icy giant. These are some of Mount Rainier National Park's iconic postcard settings that every visitor should experience.

But Mount Rainier, like other national parks and monuments, has plenty of additional wonderful sites—places that might be a highlight of your trip, as you access different perspectives.

The Carbon River area, which I call the

park's back door, is where I go to find unique angles of Mount Rainier. Chenuis and Ipsut falls are two worthy destinations in the area. Respective roundtrips of 7.8 miles and about 10 miles take you to these beautiful falls, which are both rolling flows that emit soothing sounds of water emptying into small pools.

A 9.6-mile adventure leads you past the more-than-100-foot Ranger Falls to Green Lake, which lives up to its name as its clear waters reflect Western hemlock.

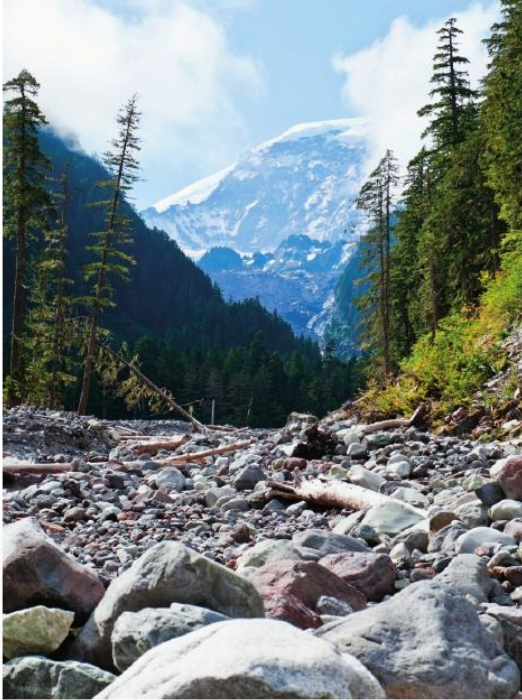
"It is really too bad more people don't visit the Carbon River area," says Kevin Bacher, the park's volunteer outreach coordinator. "It's so beautiful."

Today, an approximately 17-mile roundtrip (roughly 10 miles of pedaling and 7 miles of hiking) will take me past the toe of Carbon Glacier, the lowest glacier in the contiguous United States. I set out on Carbon River Road, which was classified as a trail open to hikers and bicyclists after being damaged in a 2006 flood.



FROM FAR LEFT: BRET EDGE; SHUTTERSTOCK.COM; STUART WESTMORLAND / GETTY IMAGES





After about 5 miles of biking along Carbon River Road, I leave my bicycle at Ipsut Camp by the Carbon River trailhead and continue on foot.

Roughly 3 miles later, a quick side trip across a suspension bridge gives me my first view of the glacier, and then I return to the trail and follow it uphill for about a half-mile, to a view of Mount Rainier's regal peak appearing above the ridge.

I see icy seracs hanging over Willis Wall—the most imposing of Mount Rainier's many faces. In the foreground, Carbon Glacier backs the 30-mile Carbon River. As I sit on a rock and eat my sand-

wich, it's hard to say what's really the trip's highlight: the park's star or all the unsung cameos.

Read on for more great experiences you can enjoy in Western parks and monuments.

## APE CAVE AT MOUNT ST. HELENS

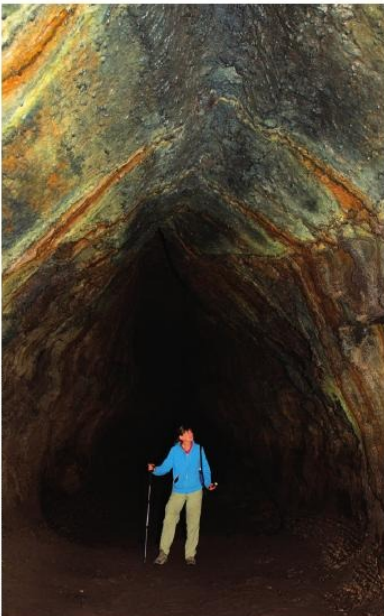
A visit to the Johnston Ridge Observatory at Mount St. Helens National Volcanic Monument in Washington puts you in the 1980 blast zone, where you can see vegetation slowly reclaiming terrain that still looks like the surface of the moon. Visitors marvel at the sight of a once symmetrical stratovolcano, torn apart by the eruption, and a lava dome inside the gaping crater.

Named the nation's first national volcanic monument in 1982, Mount St. Helens has long been shaped by volcanic activity. In fact, one of the monument's interesting features formed about 2,000 years ago, when an eruption sent glowing lava flowing into and through a stream drainage. The lava cooled on the surface and sides, and when the flow halted after about a year, it left behind a cave.

Today, the nearly 2.5-mile Ape Cave is believed to be the third-longest lava tube in North America. Located on the forested south side of Mount St. Helens, the cave gives visitors an underworldly adventure. Descend a staircase into the cave, then take a 0.75-mile (each way) easy walk in the lower cave, or make the more challenging 1.5-mile hike to the end of the upper cave, where you'll ascend a ladder to the surface and hike a trail back to the parking lot. Or simply peer into the subterranean setting from the steps at the cave's entrance.

There's no light in the cave, so the U.S. Forest Service recommends carrying three sources of light and extra batteries. Rangers also recommend sturdy shoes, warm clothing—it's 42 degrees year-round in the cave—lightweight gloves with good grip, and checking in prior to any visit at the Ape Headquarters Center for information on the cave's latest conditions and safety notices.

While some might tell you Ape Cave is home to Bigfoot, the creature's address remains unlisted. The cave's name comes from the Mount St. Helens Apes, a youth group that explored the cave in the 1950s.







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*Clockwise from top left: Mount Rainier National Park's beautiful Carbon River area; Yellowstone's colorful Grand Prismatic Spring; Mount St. Helens National Volcanic Monument's majestic namesake peak and intriguing Ape Cave.*

## BIKING IN YELLOWSTONE

Landmarks such as Old Faithful and the Grand Prismatic Spring, colorful as a rainbow, are sights to behold in Yellowstone National Park. And indeed, more than 4 million visitors come to the United States' first national park

each year to see these geothermal wonders in person.

But sometimes the journey is as meaningful as the destination, and that's why one of my favorite ways to experience Yellowstone is on my bicycle. I recommend riding in the spring and fall, when

most park roads are closed to public motorized vehicles but open to bicycles.

The spring riding window usually starts in April as workers begin removing snow from the road. In the fall, the roads typically close to motorists in early November, but bikes are allowed until snowplow operations end (usually the third week of November). Rangers note that conditions can vary, and it's safest to ride with a buddy or group.

Experienced cyclists recommend arriving at West Yellowstone, about 90 miles south of Bozeman, Montana. From West Yellowstone, the most ambitious riders can make it about 50 miles to Mammoth Hot Springs and enjoy the thermal area's mystique. But if you don't have a century-ride in your legs (or a

second car to park at Mammoth Hot Springs), ride about 20 miles (40 miles roundtrip) from West Yellowstone to Gibbon Falls, an 84-foot waterfall that rushes over remnants of the Yellowstone Caldera rim. From the South Entrance, a 40-mile roundtrip takes you to the west thumb of Yellowstone Lake, where hot springs border the shore.

## SEEING GREEN AT CRATER LAKE

The Watchman overlook, with a view fronted by the Wizard Island volcanic cinder cone, is a heavenly scene that attracts many visitors to Crater Lake National Park, about 70 miles northeast of Medford, Oregon. Standing here, you're bound to find yourself immersed in blue, from the sky above to the deep caldera lake below. But seasonal volunteer park ranger Larry Smith urges visitors to look for another dominant color: green.

To the west, the dark greens of mountain hemlocks and lighter greens of lodgepole pines are part of a mosaic stretching toward the horizon.

Smith, who is a co-author of a chronological history of Crater Lake National Park with his twin brother, Lloyd, says visitors are treated to different forest zones in the park. There are more than a dozen types of coniferous species, creating a verdant landscape worth exploring.

The trees you see and the order in which you see them depends on your arrival point. Arrive from the south (from Medford), for example, and you'll travel past ponderosa pines, identified by their orangy bark and bright-green needles. Next, at about 5,000 feet, notice dense stands of thin lodgepole pines. Climb another 1,000 feet and the dominant species is mountain hemlock, which has a droopy top, thin branches and short needles. By the time you reach the crater rim, find small, twisted whitebark pine—durable trees capable of surviving the high winds and snow above 7,500 feet.







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Pooled water creates the opportunity to take memorable pictures of Arches National Park's red rock features reflected in still surfaces, top. At Yosemite, visitors can play the nine-hole Wawona Golf Course, situated in a beautiful forested setting.

"It's quite a variety," Smith says. "I think it's an interesting experience for visitors."

## PHOTO TIPS IN ARCHES

One of the most stunning photo ops at Arches National Park is as rare as Utah's high desert rain, says Bret Edge, a photog-

rapher from nearby Moab, Utah.

Edge, who wrote *The Ultimate Guide to Photographing Arches National Park*, loves recommending that visitors head to

the park after it rains, when water fills potholes in the red sandstone. He follows his own advice about twice per month.

In addition to visiting Delicate Arch, the 46-foot-high freestanding structure that's arguably Utah's most famous landmark, Edge recommends stopping at the Courthouse Towers viewpoint. After a rainstorm, photographers can make images of giant towers and monoliths such as Three Gossips, The Organ and The Tower of Babel reflected in pools of water. Whether taking pictures with your phone or with a more extensive setup, reflections allow you to compose images that are striking and surprising, considering the arid landscape, Edge says.

But how do you know where and when to go? Several parks, including Arches,

have guides to help everybody, from expert photogs to recreational Instagrammers, know when, where and how to make special images. Park websites also often offer contact information for photo tour concessionaires.

"It's something most people might not think about when they visit a national park," Edge says, "but, as a photographer, it's really helpful to have tips from somebody who's familiar with the park."

## GOLFING AND SKIING AT YOSEMITE

As if El Capitan wasn't already famous enough, it recently went Hollywood. The 3,000-foot rock wall in California's Yosemite National Park was the setting for *Free Solo*, a documentary about Alex Honnold's successful attempt to become the first person to climb the wall without using ropes or other safety equipment.



FROM TOP: BRET EDGE; YOSEMITE HOSPITALITY



The film won the Oscar this year for best documentary feature and is likely to inspire even more people to visit one of the nation's most popular national parks.

Yet there was a time when natural wonders such as El Capitan were only part of what drew people to national parks. Features such as golf courses and ski areas within parks also helped attract visitors. Many of these amenities have long since been removed, as people started to think differently about national parks, says Jamie Richards, public affairs officer for Yosemite, but some remain.

For instance, Washington's Olympic National Park is one that still operates a ski area. And National Park Service lands with golf courses include Rock Creek Park in Washington, D.C., and the Cape Cod National Seashore in Massachusetts.

There are also golf courses on inholdings (surrounded by national park land) in California's Death Valley National Park and Golden Gate National Recreation Area.

Yosemite offers skiing *and* golf. The Yosemite Ski and Snowboard Area (formerly Badger Pass) opened in the 1930s and has five lifts and 10 runs, with 85 percent of the terrain classified as beginner or intermediate. Big Trees Golf Course, operating May 10–Oct. 20, first opened in 1918 in the Wawona Valley, 14 years before the area was added to Yosemite National Park.

The varied terrain of the par-35, 3,050-yard, nine-hole course is challenging for golfers. And the grounds crew helps keep the course environmentally friendly by using reclaimed water and not using pesticides. At an elevation of 4,000 feet

and surrounded by forest, your gallery might include birds, deer or even bears.

## CAVES IN GRAND CANYON

Most of the more than 6 million annual visitors to Grand Canyon National Park in northern Arizona explore the South Rim. Here, they are often overwhelmed by the immensity of the mile-deep, 277-river-miles-long wonder that is the Grand Canyon, which is celebrating its centennial as a national park this year. Shuttle trips take visitors to scenic overlooks, as well as shops, restaurants and campgrounds. Visible layers of limestone, sandstone and shale form the canyon's steep red walls.

Hidden amid the canyon's beauty are an estimated 1,000 caves. Some caves were locations of Native American settle-



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“A lot of people come to Grand Canyon and don’t realize that our caves are a world-class resource in their own right,” says ranger Emily Davis.

About a third of the canyon’s estimated caves have been recorded (most are located on sheer cliffs), and one, the Cave of the Domes on Horseshoe Mesa, is open for visitors. Reaching the cave means taking a nearly 8-mile roundtrip hike from the South Rim on the Grandview Trail and descending about 2,600 vertical feet—an elevation that must then be climbed on the way back to the rim.

The trip is not for novices. Visitors should check in at the backcountry office before heading out, and bring a light source (plus extra batteries), says Davis, who also advises that it is always best to have a hiking companion.

*Hikers take in the stunning view from the Cave of the Domes on Horseshoe Mesa in Grand Canyon National Park.*

ments, and scientists have discovered prehistoric artifacts, fossils of extinct animals and mineral formations. Endangered California condors sometimes nest in the caves.



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The dry cave has several rooms and passageways. Most have enough room to stand, but some require crouching or crawling. “You can spend a good part of the day exploring the cave,” Davis says.

In the cave, you can see inscriptions from before Grand Canyon was declared a national park. Don’t add your name to historical graffiti, Davis says. “Cave of the Domes is a fun place to explore,” she says, “but, if you go, please take care of it.”

While many visitors might not be aware of Grand Canyon’s caves, these caves are a good reminder that no matter what iconic landmark motivated your trip to a national park or monument, there’s always more to discover. ✈

*Craig Hill lives in the shadow of Mount Rainier and probably spends too much time hiking.*

## ENGAGING PARK EXPERIENCES



### Junior Ranger Program

Did you know you can enter a national park as a wide-eyed visitor and leave as a badge-toting ranger? Most national parks offer a Junior Ranger Program geared toward children 5 to 13 but open to guests of all ages. Swing by a visitor center and get a workbook with a series of activities to complete around the park. You might be asked to walk a path, finish a puzzle or visit a scenic overlook.

When the tasks are finished, return to a visitor center to go over the

answers with a ranger, who will then swear you in as a junior ranger and present you with a plastic badge.

Some parks also offer ranger programs geared toward teens and adults.

For more information, visit [nps.gov/kids/jrangers.cfm](http://nps.gov/kids/jrangers.cfm).



### EarthCaches

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For more information, visit [geosociety.org/earthcache](http://geosociety.org/earthcache). —C.H.

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View from the Beartooth Highway, a National Scenic Byways All-American Road



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# GOLF *SOME OF THE WEST'S BEST LAYOUTS* GETAWAYS


BY KEN VAN VECHTEN

It's an annual rite of spring that, as the weather warms, golfers begin to think of traveling far and wide in search of special courses to play. However, you need not go very far to find quality layouts. Here in the West, you can take a short plane ride to find a veritable cornucopia of exotic landscapes and fascinating golf environments. The following are some of the quality courses the West has to offer.



CHANNING BENJAMIN





The Santa Rosa Mountains make an impressive backdrop to SilverRock Resort's 10th hole in La Quinta, California.

## CALIFORNIA

### ► SilverRock Resort

La Quinta, CA  
[silverrock.org](http://silverrock.org)

**Nutshell:** As a capital of the game of golf, the Coachella Valley offers high-quality private and resort play. However, what I respect most about the Greater Palm Springs area is the commitment of many

of the cities to develop municipal golf courses, such as SilverRock, that play more like elite courses.

**Snapshot:** The playability panache here comes courtesy of the slope change that is at play on a course skirting the edge of the very impressive Santa Rosa Mountains, a major departure from the nearly pancake-flat expanse of desert that makes up most

of the valley. The course has free-form fairway edges and corridors that cut through and leap over various large waste areas.

**Play It:** The 16th is a 180-yard par 3 that runs downhill and beside a lake to a saddle-contoured green, guarded by a large bunker to the left and a rock-strewn stream on the right and back.



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### ► Indian Wells Golf Resort— Players Course

Indian Wells, CA

[indianwellsgolfresort.com](http://indianwellsgolfresort.com)

**Nutshell:** When the two courses at Indian Wells were reimagined more than a decade ago, they quickly became must-plays, with a clubhouse, restaurant and pro shop to match. Walk the property, admire the surroundings and remember that this is a city-owned facility.

**Snapshot:** Designer John Fought doesn't demand so much as suggest or, better yet, invite options off the tee on many holes, with bailouts away from lakes, bunkers and waste areas that then require longer approaches. For big hitters up to taking on the challenges, the reward is a shorter route home.

**Play It:** The 18th hole is a gut check 400-plus-yard par 4 that plays dead straight off the tee—and don't we all like to visualize the perfect ball flight for a drive? You play to a green guarded by a large waste area to the front and right and bunkers behind.

## ARIZONA

### ► Papago Golf Course

Phoenix, AZ

[papagogolfcourse.net](http://papagogolfcourse.net)

**Nutshell:** The Papago remodel is now complete. A previous redo 10 years ago rebuilt the greens and fairways. Recently,

the course added a new clubhouse and event pavilion and upgraded its practice facilities. The results are awesome.

**Snapshot:** Papago jumps out for its playability. Stretched out, it's toothy enough to serve as the home course for Arizona State University, but it's also a public course we can all play. Enjoy its wide corridors, movement on most every hole, big, receptive greens, and views of the rich red Papago Buttes.

**Play It:** The new clubhouse, the addition of Lou's Bar & Grill, and the repurposing of the practice facilities have made the indoor/outdoor entertaining spaces and practice amenities on par with the course. The changes pay heed to the fact that golf, above all else, is a social endeavor.

No. 18 on the  
Players Course  
at Indian Wells  
Golf Resort  
in Indian Wells,  
California.



### ► Wickenburg Ranch Golf & Social Club

Wickenburg, AZ

[wickenburgranch.com](http://wickenburgranch.com)

**Nutshell:** Located about 60 miles northwest of downtown Phoenix, the small town of Wickenburg once billed itself as the "Dude Ranch Capital of the World."

Wickenburg Ranch still offers the cowboy vibe, blending a modern golf-resort lifestyle with the area's Western heritage.

**Snapshot:** Big Wick is Wickenburg Ranch's burly bruiser of an 18-hole layout, tearing through and over the arroyos and ridges that make up the local topography. What puts the course at the vanguard is that every shot is meaningful, even for those playing from the shorter tees.

**Play It:** I think the nine-hole, par-3 Li'l Wick course is one of the best things to hit our game in a long time. The short-iron haven boasts lights on the putting green and four holes for night play, music wafting throughout the course, and The Watering Hole bar and grill located on an island in the middle of the course.

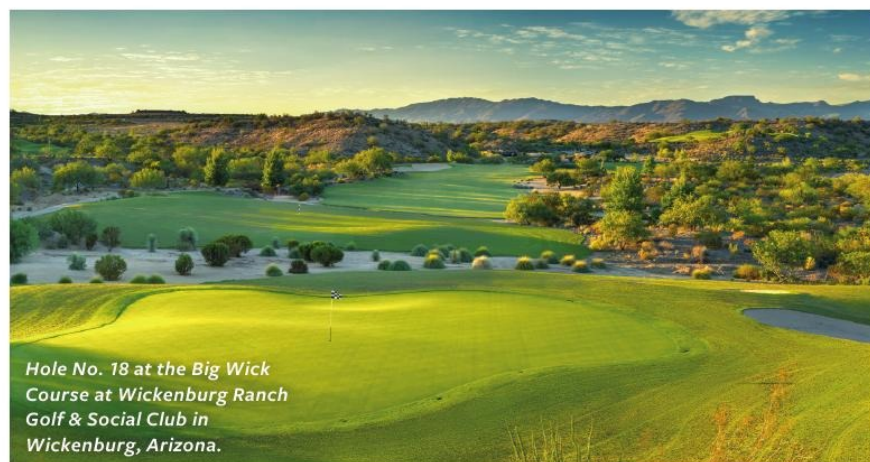
## HAWAII

### ► Kapalua Golf—Bay Course

Kapalua, Maui, HI

[golfatkapalua.com](http://golfatkapalua.com)


**Nutshell:** When your sibling is the Plantation Course, host of the PGA Tour's





Hole No. 18 at the Big Wick  
Course at Wickenburg Ranch  
Golf & Social Club in  
Wickenburg, Arizona.




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Sentry Tournament of Champions each January, it's understandable if you might not get the credit you deserve. That is about to change. With Plantation shuttered this year for cosmetic surgery, Bay will be carrying the spotlight.

**Snapshot:** By some measures, the Bay Course is a more notable play for a wider range of players than its famous relative up the hill. What it lacks in Plantation's roller-coaster thrills, Bay makes up for with its friendlier nature, and a recent resequencing of the holes has put the best eye candy at the end of the round.

**Play It:** The 17th hole is a quintessentially Hawaiian over-a-surging-blue-cove par 3. It requires at most a mid-iron—and an effort at keen focus—to hit the green from the skill-appropriate tees.

#### ► Wailea Golf Club—Gold Course

Wailea, Maui, HI  
waileagolf.com

**Nutshell:** Wailea delivers its prototypical Hawaiian golf aesthetic from an elevated location that offers water views and that provides great flow and movement.

**Snapshot:** With three courses, Wailea demands a decision, unless you're lucky enough to be in South Maui for three straight days of play (yes, you should). If



The eighth hole at Crosswater Club in Sunriver, Oregon.

you have to pick one course, go for the Gold, which is the beefier test, with its swoops, uneven lies and heaving greens.

**Play It:** The Gold Course offers a breathtaking par 3, the 154-yard eighth hole.

Play it from the white tees, the ones most of us should be playing when we park our egos. This angle offers the full sweep of Pacific blue—as opposed to the heroic shot one must play from the farther-back tees—with Molokini, a partially submerged volcanic crater, and Kaho'olawe Island in view.

#### OREGON

##### ► Crosswater Club

Sunriver, OR  
crosswater.com

**Nutshell:** My favorite course in Oregon. That doesn't mean I don't love Bandon Dunes or Brasada Ranch or Pumpkin Ridge or Tokatee. Crosswater simply touches all my happy buttons. And there's an eagle's nest on No. 13.

**Snapshot:** Crosswater spreads out like golf on a walkabout, strolling through 600 acres, laced by two rivers, and with enough lakes and seasonal wetlands to qualify as a stopover on the Pacific Flyway, and all with volcanic peaks as a backdrop.

**Play It:** My pick is No. 4, a midlength par 4 that favors a hybrid or long iron off the tee and leads to a horseshoe of a green that is surrounded by marshland.

##### ► River's Edge Golf Course

Bend, OR  
riversedgegolfbend.com

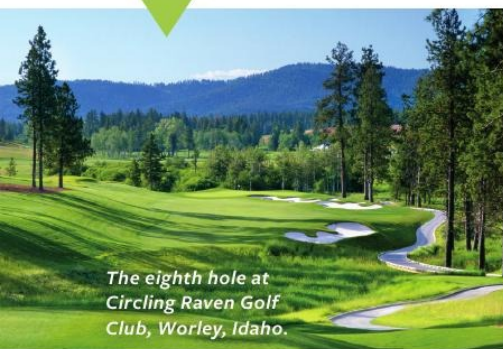
**Nutshell:** Who doesn't love golf in Bend, a town with something like 3,000 breweries. Who doesn't love golf and Bend and suds?

**Snapshot:** River's Edge is a strategic, placement-demanding play that stair-steps its way across the flank of Awbrey



The eighth hole at the Wailea Golf Club—Gold Course, Wailea, Maui.





The eighth hole at Circling Raven Golf Club, Worley, Idaho.

Butte on the north side of town, with several holes etched above the Deschutes River and framed in pines and lava outcroppings.

**Play It:** The 16th hole is a severe downhill par 3 (177 yards from the white tees), requiring two less clubs for the length. The Smith Rocks formation is the long-range backdrop. Be sure to swing for the left side of the putting surface.

## IDAHO

### ► Circling Raven Golf Club

Worley, ID

[cdacasino.com/golf](http://cdacasino.com/golf)

**Nutshell:** You're hiking through a forest and come across an open area of grasses and flowers, guarded by conifers and hardwoods, tickled by a stream, and with a forever sky above: that's a glade. That's Circling Raven. You feel this place as much as play it.

**Snapshot:** When the game is played amid the enlightened routing, limitless horizons, and twists and teases of a place such as Circling Raven, the environment makes golf the pleasure it can be.

**Play It:** Opening holes don't usually get a lot of cheer. However, at Circling Raven, the wetland doglegging par-5 first hole sets the stage beautifully and gives a preview of the journey to come.

### ► The Coeur d'Alene Resort Golf Course

Coeur d'Alene, ID

[cdaresort.com](http://cdaresort.com)

**Nutshell:** OK, yes, there's the justly famous floating island green on the par-3 14th hole. It's fun; it's novel; it's iconic; and I once four-putted it. Still, it's only a small part of the allure of this highly commendable track that offers a lake view on nearly every hole.

**Snapshot:** The takeaway from the first visit to Coeur d'Alene is the flawless service, and the course conditioning is superb. Then you get to bat your ball over crests, through pine-clad alleys and across broad corridors to the lake's edge.

**Play It:** The par-3 fifth hole. While not the most famous par 3 on the course, the fifth offers a different kind of aesthetic. The downhiller requires a wee wedge from an

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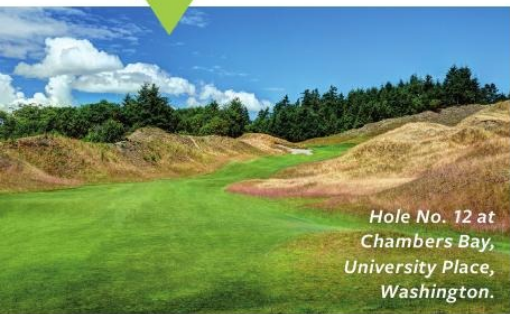
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GOLF  
GETAWAYS



Hole No. 12 at  
Chambers Bay,  
University Place,  
Washington.

erie of a teeing area to land on a Salvador Dalí-distorted three-tiered cloverleaf green. The putting area has a fall-to-oblivion off the back.

WASHINGTON STATE

► Chambers Bay

University Place, WA  
[chambersbaygolf.com](http://chambersbaygolf.com)

**Nutshell:** I adored the U.S. Open at Chambers Bay in 2015. The course was already

tough, but it was set up even tougher. It's our national championship; it's meant to be difficult. If a few greens dried out, it affected everyone equally. Jordan Spieth showed a lot of grit in taking the title. Besides, the backdrop is stunning. For 2019, the greens have been completely resodded, with an expected opening date of April 1. That should help make the course a better play.

**Snapshot:** Copywriters on this side of the "pond" like to wax poetic about every course without a tree and in sight of salt water being a links course. OK, this course has one tree, but it still fits the links bill nicely. Don't be afraid to play the ball low and use the contours.

**Play It:** The 12th hole is a short, drivable, uphill par 4, with an obscured and undulating green that, in the past, played so slick, it resembled a skate park.

► Wine Valley Golf Club

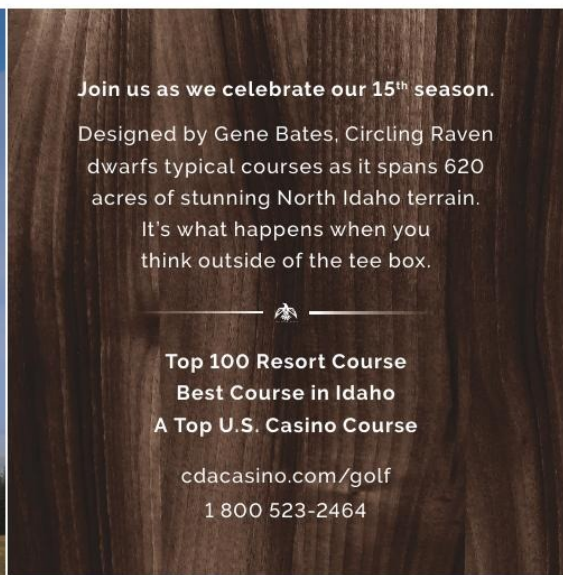
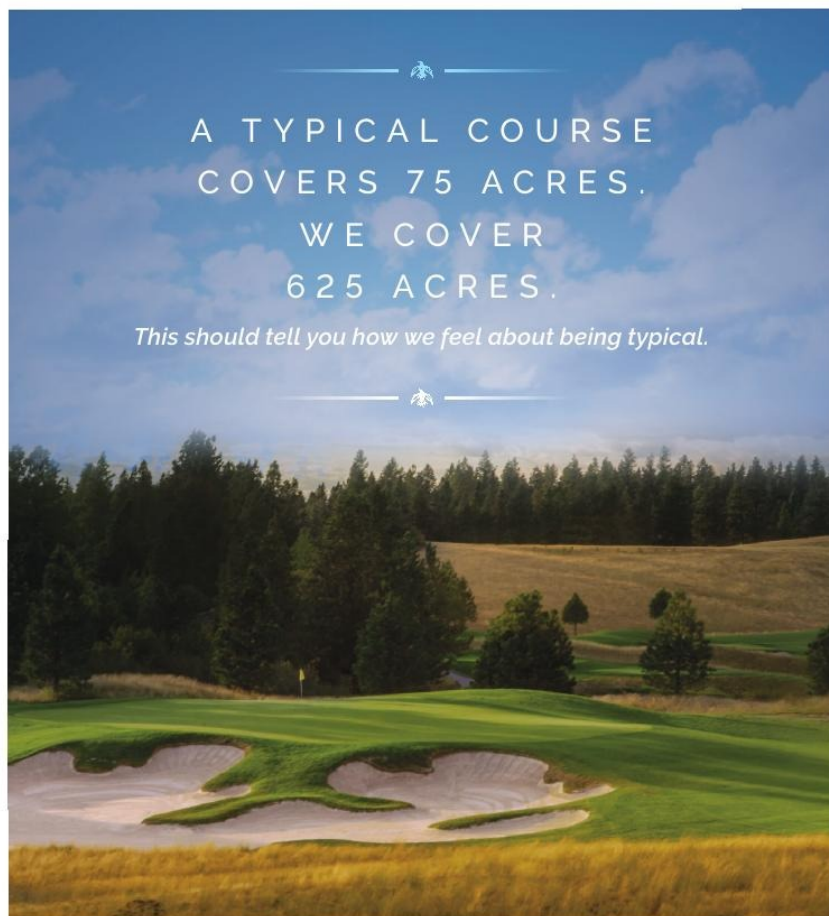
Walla Walla, WA  
[winevalleygolfclub.com](http://winevalleygolfclub.com)

**Nutshell:** As a desert/coastal guy who hails from the west-of-the-Sierras/Cascades world, I am mesmerized by the rolling hills of Eastern Washington. For years I thought the Walla Walla Valley was a great place to build a top-notch public golf course, and in 2005, my dream came true with the opening of Wine Valley.

**Snapshot:** Take an inland "sea" of wind-tussled golden waves of grain rising and cresting to the horizon. Now slip in a golf course; edge it with native grasses; incise it with sandy hollows and arroyos; water it green; and mow it low and fast.

**Play It:** No. 15 shows that a par 5 need not be Pacific Crest Trail long to be notable. Measuring between 430 and 515 yards, depending on the tees you choose, the

MARTIN MILLER







MLS #201808416

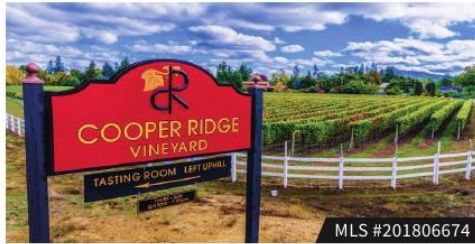
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tebbsandlittle@cascadesir.com



MLS #201900808

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3 BD | 4 BA | 4,484 SF | .45 AC | \$1,299,000

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Sandy Kohlmoos, Broker, CRS | 541.408.4309  
John Kohlmoos, Broker | 541.480.8131  
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MLS #201703558

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Pam Mayo-Phillips, Principal Broker | 541.480.1513  
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MLS #201900835

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4 BD | 4 BA | 4,889 SF | 1 AC | \$799,500

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brookmhavens@gmail.com



MLS #201901362

**STUNNING CUSTOM HOME**

BEND OREGON

4 BD | 3.5 BA | 3,216 SF | .49 AC | \$1,195,000

Home on Awbrey Butte with many high-end upgrades and finishes. Spacious open floor plan with level living & bonus media room downstairs. Covered deck, eastern views and ample windows for natural light.

Scott & Robyn Tuttle, Brokers | 541.408.0067  
tuttleandtuttle@cascadesir.com



MLS #201804771

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GOLF GETAWAYS

JOANN DOST



The par-3 17th at TPC Danzante Bay, Loreto, Mexico.

hole is reachable on paper, but the fairway kinks at enough of an angle, through a riot of wasteland and hay, to cause considerable doubt. Oh, and the greenside bunker could swallow a circus tent.

MEXICO

► TPC Danzante Bay

Loreto, Baja Sur California, Mexico  
tpcdanzantebay.com

**Nutshell:** Golf on Mexico's Baja Peninsula melds together three of the West's most sublime playing environments: mountain, desert and ocean. These elements are expertly fused in Loreto.

**Snapshot:** The stunning thing about the routing of Danzante is that it makes full use of every attribute that the land—and in a sense, the Sea of Cortés—has to offer. There are holes running to the sea, holes clawing up mountainsides and cascading down mountainsides, holes dancing through rocky hillsides and broad canyons. And all of these elements are surrounded by desert.

**Play It:** The 17th hole offers one of the finest green settings anywhere in the world: a narrow, rocky promontory hovering 250 feet above the deep blue of the Sea of Cortés. On a calm day it asks only a short iron; the visual is of a ball as thread through a needle's eye landing on a thimble.



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Photo by Aaron Hawkins

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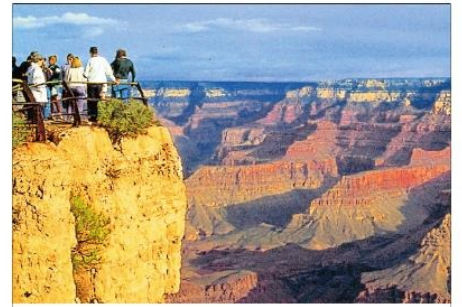
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|  <p><b>Afternoon Tea</b><br/>\$39.95++ per person<br/>Saturday,<br/>12:00 pm to 3:00 pm</p>   | <p><b>Patricia Welch</b><br/>Starred with<br/>Yul Brynner, Wayne Newton<br/>and Rober Goulet<br/>Performing Classics and Standards<br/>Thursday, 6:00 pm to 9:00 pm</p>  |  |
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**GREG NORMAN'S  
RANCHO SAN LUCAS  
COURSE TAKES SHAPE**

► New courses are rare these days. However, there is one new layout near the tip of the Baja Peninsula that is gaining plenty of attention: Rancho San Lucas Golf Club ([ranchosanlucas.com](http://ranchosanlucas.com)).

Designed by Greg Norman and located in the heart of a residential and resort enclave of the same name, just west of Cabo San Lucas, the Rancho San Lucas course stretches from the Pacific shore through ambling dunescape to arroyo-covered heights.

"Located on a prime stretch of beach just 10 minutes from downtown Cabo San Lucas, I can truly say this will be one of the most spectacular courses in Mexico and a centerpiece of this premier destination," Norman noted in a written statement. "It is nothing short of breathtaking."

The course is grassed stem to stern in SeaDwarf Seashore Paspalum. It is a heat- and salt-tolerant turf that provides tight, joyously playable lies. It will also feature revetted bunkers—with those stacked-sod walls popular in the old country, constructed of a synthetic material.

The move is a unique approach to using a traditional architectural and playing feature usually not seen in a warm and dry location.

Rancho San Lucas is slated to open for play at the end of this year. —K.V.V.

**From sea to shining sea?** There's no need to go that far for an epic golf adventure. Whether you like your rounds saguaro-shrouded, wave-kissed or mountain-peaked, the West has the perfect course at every point of the compass. ✈

*Ken Van Vechten writes about golf from central California.*



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# The Past *is* Present

## **Standing atop a sandstone hill in Cabrillo National**

Monument on the Point Loma Peninsula, west of downtown San Diego, I breathe in salty ocean air. I watch frothy waves roaring onto shore, and look down at tide pool areas harboring creatures such as tan-and-white owl limpets, green sea anemones and pink nudibranchs. Perhaps these same species were viewed by Juan Rodríguez Cabrillo in 1542 when, as an explorer for Spain, he came ashore on the peninsula, making him the first person from a European ocean expedition to step onto what became the state of California.

Cabrillo's landing set the stage for additional Spanish exploration in the 16th and 17th centuries, followed in the 18th century by Spanish settlement. When I gaze inland from Cabrillo National Monument, I can see a vast range of traditional Native Kumeyaay lands, including the hilly area above the San Diego River where, in 1769, an expedition from New Spain (Mexico), led by Franciscan priest Junípero Serra and military officer Gaspar de Portolá, founded a fort and mission. Their establishment of the settlement 250 years ago has been called the moment that modern San Diego was born. It also is believed to represent the first permanent European settlement in the part of North America that is now California.

As San Diego commemorates the 250th anniversary of the Spanish settlement, this is an opportune time





THE 250TH ANNIVERSARY OF EUROPEAN SETTLEMENT IN SAN DIEGO IS A GREAT TIME TO EXPLORE SITES THAT HELP TELL THE STORY OF THE AREA'S DEVELOPMENT

by MATTHEW J. BLACK



*Clockwise from top left: Colorful birds can be seen at the San Diego Zoo and San Diego Zoo Safari Park; a scenic view from Cabrillo National Monument; dynamic performers in Old Town; the bell tower at Mission Basilica San Diego de Alcalá.*



to explore some of the fascinating historical sites that have helped to make San Diego the internationally known destination it is today. To that end, I'm enjoying an itinerary that spotlights several history-themed locations, including Presidio Park, Mission Basilica San Diego de Alcalá, Old Town and Balboa Park.

***The Presidio and Mission***

**The site where the Serra/Portolá group first settled** is now an 18-acre National Historic Landmark on

Presidio Hill, which is part of the approximately 50-acre Presidio Park, created in the early 1900s. While no structures from the original fort and mission remain, grass-covered mounds mark spots where original presidio buildings were located.

As I walk along the park's present-day lush green grass and amid dozens of species of trees, including fragrant eucalyptus and California incense cedars, I imagine the hilltop as it was during its presidio years.

A 1772 mission report, drafted by a priest to provide



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- I don't—I am a news junky (1 pt)
- Dressing in my power suits (2 pts)
- Whaaat? I have young children (3 pts)
- Blasting my abs (4 pts)
- Practicing my headstands (5 pts)

### YOU PREFER TO LIVE IN A:

- House in the 'burbs (1 pt)
- Fancy motorhome (2 pts)
- Floating home (3 pts)
- Treehouse (4 pts)
- Space Station (5 pts)

### WHEN TRAVELING, YOU BUY GIFTS:

- Because it's expected (1 pt)
- That are carefully chosen (2 pts)
- Last minute at the airport (3 pts)
- For yourself—why not? (4 pts)
- Nah, I'd spend it at the zoo (5 pts)

3-6 pts

## Homestead



### Determined, family-oriented, protective

You have a pragmatic, energetic and friendly vibe. You are inclusive and communicative. Visit Julian for pie or San Diego Zoo Safari Park, and then head out to Anza-Borrego to camp or enjoy the hot springs—you can relax here.

7-9 pts

## Influential



### Accomplished, visionary, discriminating

You have a commanding, cool-headed vibe. You are goal oriented. Visit La Costa Resort for a spa treatment or play golf and then enjoy the shops and restaurants of La Jolla, Del Mar and Coronado—you will be treated well here.

10-12 pts

## Hipster



### Independent, trendy, extrinsic

You have an ethereal, airy vibe. You are design and image conscious. Visit Barrio Logan or San Ysidro for authentic Mexican food and then hang out in Hillcrest, North Park, and Little Italy—you look right at home here.

13-15 pts

## Surfer



### Free spirit, aspirational, intrinsic

You have a fluid, easy vibe. You are Gaia conscious. Explore 50 miles of coastline and catch your waves at Swami's State Beach and then linger in Ocean Beach, Mission Bay, and Pacific Beach—your peeps are here.

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## The Presidio

The Junípero Serra Museum is located on a hill where a 1769 fort and mission became the first permanent European settlement in San Diego.



to his superiors, described a chapel constructed with poles and roofed with tules, rooms constructed with adobe and wood for missionaries, two bronze cannons, and livestock ranging from cattle and sheep to horses and pack mules, according to [militarymuseum.org](http://militarymuseum.org).

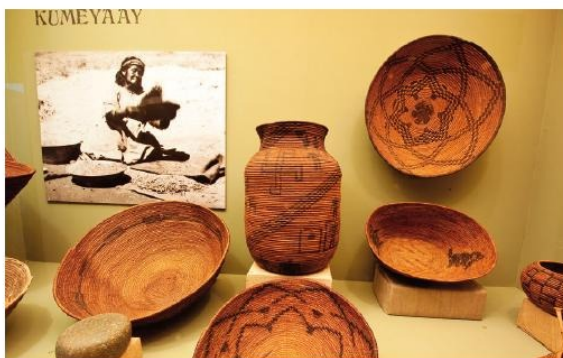
A main park attraction is the 1929 Mission-style Junípero Serra Museum, which will be closed April 15–July 15 for the creation of new exhibitions focused on people who have lived along the San Diego River. The new exhibits will include a virtual-reality re-creation of the presidio, based on archaeological data, and of a Kumeyaay village that was located at the base of what became Presidio Hill. Today, Kumeyaay people provide their perspective on their ancestral homelands and area history via websites such as [kumeyaay.com](http://kumeyaay.com) and museums such as the Barona Cultural Center & Museum and the Sycuan Cultural Resource Center and Museum.

I travel to another hilltop, about 6 miles east of Pres-

idio Park, to visit Mission Basilica San Diego de Alcalá, which displays representative Kumeyaay *'ewaa*: housing made with flexible new branches from plants such as willow and sycamore. This mission site dates to 1774, when the mission part of the original Serra/Portolá settlement was moved to this hill, which had a better water supply from the San Diego River, and more fertile soil for crops. This location is believed to be where some of the first olive trees in California were cultivated.

I stroll to the front of the mission church (the fifth to be located on this hill), which was built in 1931 and features Spanish-style architecture, complemented by groomed gardens. Some of the five bronze bells in the nearly 50-foot-tall campanario are in motion, and I stop, enchanted, as they seem to joyfully ring. The bells that have crowns were cast in a Spanish royal foundry, while the large bottom-right bell was recast in 1894 with what were believed to be fragments of the original

**The Mission Basilica San Diego de Alcalá has displays about Kumeyaay baskets, and an impressive 'ewaa home.**





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## Old Town

*Papel picado* banners complement shopping and dining in this historical area, which grew from a mission outpost to a pueblo in the early 1800s.

late-1700s mission bells. Over the years, the mission's bells have been used to announce everything from siesta time to the arrival of guests.

### Old Town

The smell of fresh tortillas fills the air, along with the music of mariachi musicians, as I stroll down Old Town's San Diego Avenue. Restaurants such as Cafe Coyote that serve authentic Mexican food have skilled *señoras* hand rolling tortillas at stands along the sidewalk. The dough is patted by hand into a round shape, then rolled into a thin circle and placed on a heated cast-iron surface. What comes off the grill are soft tortillas that are used for fantastic dishes such as tacos filled with meat, cilantro, guacamole and salsa.

The area now called Old Town was founded in the early 1800s as Spanish soldiers moved down from Presidio Hill to develop the plain below, and were joined by settlers, including cowboys and traders, from around the world. The present-day Old Town features more than 30 restaurants, dozens of unique shops, several hotels, and numerous museums and historical buildings, such as the mid-1800s Whaley House Museum house/theater/courthouse/store. Whaley House is said to be haunted, and as I savor my two excellent tacos at Cafe Coyote, the person next to me shares that when he toured Whaley House, he felt something tickle his hand while he was alone in the dining room.

Perhaps a famed Cafe Coyote margarita with tequila would chase his shivers away, or a mezcal at the nearby Tahona Bar & Tasting Room. I decide to cap my own Old Town visit at Tahona, whose mission is "to educate and give reverence to the complexity and beauty of the Mexican culture through its most iconic beverage,

### More Historical Attractions

**Asian Pacific Historic District** ([sdchm.org](http://sdchm.org)): Historical structures include the 1927 Chinese Mission Building that now houses the San Diego Chinese Historical Museum.

**Chicano Park Murals** ([chicano-park.com](http://chicano-park.com)): Admire the many vibrant outdoor murals in Chicano Park, a National Historic Landmark.

**Gaslamp Quarter** ([gaslamp.org](http://gaslamp.org)): Listed on the National Register of Historic Places, this quarter, known for its Victorian buildings, continues to be popular for dining and entertainment.

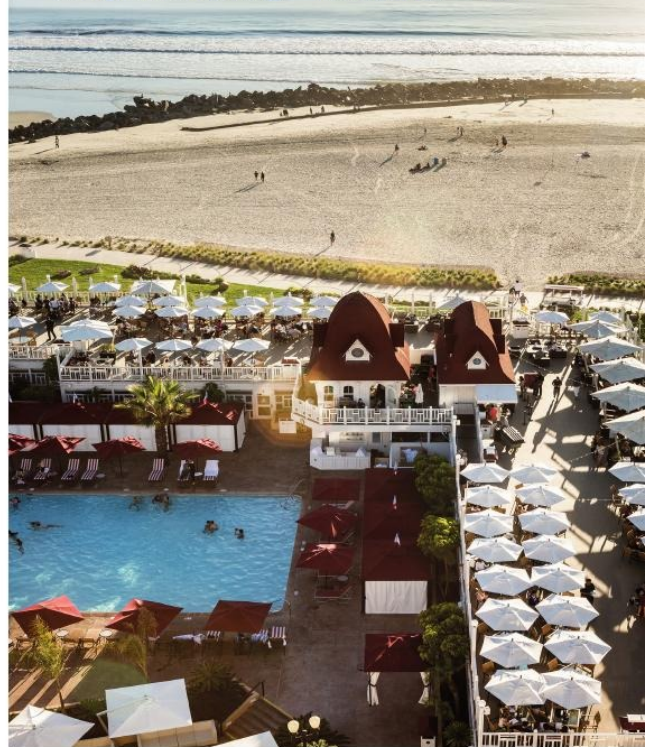
**Hotel del Coronado** ([hoteldel.com](http://hoteldel.com)): Take a docent-led tour to walk through the hotel, dating

to 1888, and its grounds (shown below), where celebrities have played.

**Kumeyaay-Ipai Interpretive Center** ([poway.org/369/kumeyaay-ipai-interpretive-center](http://poway.org/369/kumeyaay-ipai-interpretive-center); open specific Saturdays): Learn about Kumeyaay life via artifacts, 'ewaa homes, and a milling and grinding station.

**Little Italy** ([littleitalysd.com](http://littleitalysd.com)): In the 1920s, Italian families helped to make San Diego a major player in the world tuna industry. Today, the neighborhood is known for its hip restaurants, farmers markets and historical buildings.

**USS Midway Museum** ([midway.org](http://midway.org)): The floating 1945 aircraft carrier is now a star museum in a city that has a rich naval tradition. —*M.J.B.*





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mezcal. ..." I'm enthralled as I sip one of the smoky spirits and learn about the mezcals of different Mexican regions from a mezcal sommelier.

### **Balboa Park**

**After the Panama Canal was completed in 1914,**

San Diego became the first major U.S. destination for ships traveling to the West Coast via the new passageway. In celebration of this distinction, the city organized the 1915-1916 Panama-California Exposition, an event that also marked San Diego's arrival on the world stage, at a park north of downtown.

I enter 1,200-acre Balboa Park from the west, walking along the 1,500-foot-long, 125-foot-tall Cabrillo Bridge, which was built for the exposition and resembles a Roman aqueduct. Soon I come to an impressive cathedral-like building that houses one

of the park's 17 museums: the Museum of Man. Museum exhibits spotlight cultural-anthropology themes ranging from "Maya: Heart of Sky, Heart of Earth" to "Kumeyaay: Native Californians." The Museum of Man complex also includes the spectacular 198-foot-tall California Tower, built in a variety of architectural styles, from Baroque to Rococo to Gothic, for the Panama-California Exposition.

Continuing east to Park Boulevard, I think about the exhibits of animals that lined a section of this road during the exposition. The animals were subsequently left behind by the company that had been in charge of

the exhibits, and the city had been forced to take over their care. In September 1916, as local physician Dr. Harry Wegeforth was driving past Balboa Park with his brother, he heard a lion roar, and he said, "Wouldn't it be splendid if San Diego had a zoo! You know ... I think I'll start one." The very next month, Wegeforth and his brother collaborated with others to found the Zoological Society of San Diego. The society took over care of



**Balboa Park**  
Cabrillo Bridge and the California Tower were built for the 1915-1916 Panama-California Exposition, which brought international attention to San Diego.

the exhibit animals and secured the land in Balboa Park that would become the San Diego Zoo.

Now the zoo, whose partners include Alaska Airlines, is home to more than 3,500 rare and endangered animals. On my visit, I particularly enjoy the "Africa Rocks" section, completed in 2017, which spotlights animals ranging from bee-eaters to lemurs and leopards. I'm fascinated as one of the "Africa Rocks" silver-maned hamadryas baboons appears to mediate an altercation between his sons when big brother won't stop harassing little bro.

Animal species that found a home in the original zoo are still here, as well, including bears, monkeys, wolves and lions, and visitors can get deeper insight into some of these species through special "Upgraded Experiences" such as "Inside Look Tours."

Thanks to sites such as the ones I've been visiting, I've found that reaching into the past in my hometown usually requires nothing more than exploring my surroundings. By combining the physical locations with my imagination, I can see more than 250 years of history unfold before me. ✈

*Matthew J. Black writes for a digital history magazine in the San Diego area. For 250th-anniversary-related events, see [sandiego250.com](http://sandiego250.com). For more on San Diego history and recreation, see [sandiego.org](http://sandiego.org).*

*Alaska Airlines ([alaskaair.com](http://alaskaair.com)) provides regular service to San Diego (SAN) from many cities, ranging from Albuquerque (ABQ) and Baltimore (BWI) to Maui (OGG) and Puerto Vallarta (PVR).*



**Balboa Park attractions include the San Diego Zoo, where visitors can see animals ranging from lions to lemurs.**

CLOCKWISE FROM TOP: SAM ANTONIO PHOTOGRAPHY / GETTY IMAGES; KEN BOHN, PHOTOGRAPHER SAN DIEGO ZOO (2)



## “THERE’S ONE, OVER THERE,”

my young daughter Shea shouted excitedly, pointing beyond jagged cliffs toward a cerulean stretch of ocean. She and I were ascending the upper half of the paved path known as the Makapu‘u Point Lighthouse Trail, at Kaiwi State Scenic Shoreline, and she had just spotted her first humpback whale. “There’s a baby next to it, too!” she said.

For the rest of our roughly 2-mile roundtrip hike, my daughter’s glee was apparent as she animatedly—and repeatedly—described the thrill of witnessing mother and calf break the water’s surface together. It was mid-spring on O‘ahu, so before the hike, we had been unsure if we’d spot any of the North Pacific humpbacks that can sometimes be seen off the point (whale-watching season here typically runs from November through May, with the best viewing between January and March). Yet luck was with us that day.

And the hike delivered even more than this glimpse of the majestic sea creatures that migrate here each year to breed and give birth in Hawaiian waters. Perched near the easternmost point of the island of O‘ahu, we were also rewarded with a picturesque vista that included the stunning Kaiwi coastline and the dormant volcanic outcroppings of Koko Head and Diamond Head, farther in the distance. At the trail’s summit, we

JACK WOLFORD

# ALOHA FOR ALL AGES

*Family travel in Hawai‘i*

*By Karin Gallagher* >>







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were treated to views of the red-roofed Makapu'u Point Lighthouse; the azure sea; the volcanic islets Mānana Island and Kāohikaipu Island; and a gorgeous coastline that stretched northwest to the windward town of Kailua and beyond. It was a good day in Hawai'i.

My family (*'ohana*, in Hawaiian) experienced countless magical moments such as the one on the Makapu'u Point Lighthouse Trail during the 10-plus years Shea and her older brother, Finnegan, spent growing up in Hawai'i. Our children and their friends, now teenagers, played together on the terraced slopes of extinct volcanoes, swung from the aerial roots of magnificent banyan trees, hiked to rainforest waterfalls, and came of age in the endless waves lapping at Hawai'i's shorelines.

Families with *keiki* (children) of all ages can enjoy many experiences cherished by Hawai'i residents—on each of the most-visited Hawaiian Islands. Here's a primer to get you started on planning your family trip to the Aloha State.

## O'AHU

Known as "The Gathering Place," O'ahu is home to about 75 percent of Hawai'i's



residents and has much to offer. You might be interested in historical sites, such as the Hawaiian royal residence 'Iolani Palace, the World War II Valor in the Pacific National Monument at Pearl Harbor (check ahead about access), and the National Memorial Cemetery of the Pacific, within Punchbowl volcanic crater. Or you might prefer the luxury shopping at Ala Moana Center, International Market Place and shops along Waikiki's Kalākaua Avenue. And then there are the epic beaches: The island's many miles of shoreline include world-famous Waikiki Beach, the surfing-dominated North Shore, and the scenic northeast-facing windward coast. The beaches of Hawai'i—with the endur-

» *The author's children enjoy climbing coastal trees, above. A platform on the Makapu'u Point Lighthouse Trail, below, offers a view up the O'ahu coastline and of Mānana and Kāohikaipu islands.*

ing allure of sandcastle building, wave chasing and bodyboarding—are likely the greatest attractions throughout the state.

Hanauma Bay Nature Preserve, a marine-life sanctuary located on the southeast coast within the remnants of a volcanic cone, hosts close to a million guests each year on its idyllic beach. The preserve, which closes on Tuesdays, provides a limited number of parking stalls that fill quickly each morning. Many visitors take a bus from Waikiki or arrange drop-off and pickup with a tour company.

"I had never been snorkeling in my life, and I wanted to take the kids on an adventure they would remember," says Keith Milligan, who hired the Honolulu-based company Snorkelfest to transport him and his two young children from their Waikiki hotel to Hanauma Bay, while his wife was at a conference. The company provided the family with rental snorkels, fins, masks and GoPro underwater cameras.

"Once we were comfortable in the water, we started seeing marine life and taking photos," says Milligan, who, with his children, encountered colorful convict tangs, surgeonfish, parrotfish and the state fish of Hawai'i, *humuhumunukunukuāpua'a* (reef triggerfish). "I looked



FROM TOP: KARIN GALLAGHER; TOR JOHNSON / HAWAII TOURISM AUTHORITY



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over at my daughter and saw through her mask that her eyes were wide open, and she held two thumbs up. With her, two thumbs up is as good as it gets. The kids will never forget that day. They were so amazed by all of it.”

Along with beaches, hikes are another draw. On O‘ahu, many trails are great for families, depending on children’s ages and level of physical fitness. My daughter still likes to boast that she completed 90 percent of the iconic Diamond Head State Monument summit hike (1.6 miles round-trip, 560-foot elevation gain) on her own two feet a month before her third birthday, and only needed to be carried near the top. Another favorite was the Mānoa Falls Trail, an out-and-back forested hike of about 1.5 miles to a marvelous cascade.

Near the Mānoa Falls trailhead are the Lyon Arboretum trails, in a rainforest research area administered by the University of Hawai‘i at Mānoa. This set of trails features an assortment of tropical plants and flowers, and includes a short hike to the charming ‘Aihualama Falls. Hawai‘i’s hiking trails get muddy (read: slippery) after rainfalls, so closed-toe footwear is recommended for safety.

Active families visiting Honolulu might consider renting a turquoise Biki bicycle from one of the self-service locations around town (helmets are available for purchase at Biki HQ in the Kaka‘ako area and for rent at Bikeadelic Hawaii). Simply check out a bike using your cellphone, and return it to any other self-service station near your destination. Need a little more oomph? The electric bikes at Pedego Waikiki provide the thrill of a traditional bicycle with an electric boost that helps you tackle challenging inclines. The company caters to families, via bicycles built for two and single bikes with child seats attached. Helmets and locks are included with every rental, so you can stop along the way to rest, fuel up on food or play.

Seeking indoor activities? Consider the Science Adventure Center, which focuses



on interactive natural science exhibits, and the J. Watumull Planetarium, both at the Bernice Pauahi Bishop Museum. The museum has some of the world’s finest exhibits devoted to the cultural history of Hawai‘i and other Pacific Islands. Waikīkī Aquarium, next to Waikīkī Beach, showcases vibrant Pacific marine life. And the Hawaii Children’s Discovery Center has hands-on activities for young children.

A 25-mile drive west of Waikīkī is Aulani, A Disney Resort & Spa. This O‘ahu destination entralls families from around the world with its impressive pools and waterslides, expansive grounds, and Auntie’s Beach House kids’ activity club, which provides on-site child care while parents enjoy time alone. Visitors not staying overnight at the resort can sample the Aulani experience by attending the



public Ka Wa‘a Lū‘au, held on Tuesday, Wednesday, Friday and Saturday evenings on the resort’s Hālāwai Lawn. Reservations are required for Aulani activities.

## MAUI

*Maui nō ka oi.* That’s what locals say, and it translates as “Maui is the best.” Thrill-seekers and beach loungers alike can find something to entertain and charm them on the “Valley Isle” of Maui.

The dormant volcano Haleakalā, Maui’s highest peak, rises to an elevation of 10,023 feet within Haleakalā National Park. The park’s 33,000 acres—24,000 of which are designated wilderness—offer hiking, stargazing and backpacking, as well as a popular place to watch the sun rise—*Haleakalā* means “house of the



» From top: snorkeling at Hanauma Bay Nature Preserve, on O‘ahu; exploring Ali‘i Kula Lavender Farm on Maui; a humuhumunukunukuāpua‘a, the Hawai‘i state fish.





» Families enjoy Hawai'i's natural wonders and outdoor activities, such as playing in the mellow surf at Poipu Beach Park on Kaua'i.



sun.” A reservation is required for each vehicle entering the park between 3 A.M. and 7 A.M. Reservations can be made up to 60 days in advance at [recreation.gov](http://recreation.gov). If you plan to include a Haleakalā sunrise on your itinerary, pack warm clothing for the cold early mornings. Reservations are not required for sunsets.

Maui Ocean Center, in the Mā'alaea area, provides an engaging educational outing for families eager to learn more about the vibrant world beneath the ocean's surface. With outdoor tide pools, a 750,000-gallon “Open Ocean” exhibit with a clear tunnel you can walk through, and 20 daily educational presentations, the engaging aquarium provides something of interest for visitors of all ages.

Older children who are comfortable in the ocean and wish to see marine animals in their natural habitat may enjoy a snor-

keling tour with their parents (from one of several local operators) to Molokini Crater, off Maui's southwest coast. The crescent shape of the islet helps protect snorkelers and scuba divers from currents.

To view marine life at depth, without getting wet, families can join a submarine tour run by Atlantis Adventures. These fascinating trips depart from the town of Lahaina (the company also runs tours from O'ahu and Hawai'i Island).

In Lahaina's Front Street neighborhood, daytime visitors enjoy art galleries and boutique shops, while a vibrant scene comes alive at night. One of the town's main attractions is the Lahaina Banyan Tree. Planted in 1873 when it was only 8 feet tall, the tree has grown to more than 60 feet and has added 16 major trunks with roots that grow down from above. It shades nearly two-thirds of an acre of the

town's courthouse square—perfect for little ones to enjoy while eating an ice cream cone.

Ali'i Kula Lavender, a 13.5-acre working lavender farm in the Upcountry Maui town of Kula, on the slopes of Haleakalā, grows 55,000 lavender plants, which are used to make fragrant products suited for everything from the bathroom to the nursery. The company has daily guided tours of the farm in an open-roof, limousine-style, five-passenger vehicle (children under 5 are free). The farm also has a self-guided treasure hunt (maps provided).

“Kids can seek out locations on our farm and mark them each with a stamp,” explains Ali'i Kula Lavender spokesperson Sarah Adams. “Anyone able to gather all the stamps to complete the treasure hunt wins a small prize in our farm's gift shop.”

## KAUAI

The oldest of the islands in the Hawaiian archipelago, Kaua'i has a peaceful charm, verdant topography and relaxed atmosphere. There is much to appeal to families on the laid-back “Garden Island.”

If you're on Kaua'i's North Shore, be sure to dish up some coolness at Wishing Well Shave Ice. Located in Hanalei Town, not far from an entrance to Waioli Beach Park, the small business is owned by childhood best friends Jesse Merle Jones and Aamion Goodwin (the latter of whom you may have seen traversing the globe with his wife and young children in the 2016 surf/travel documentary *Given*.)

Wishing Well's Tropical Bliss shave ice is their most popular menu selection. It is sweetened with organic fresh passion fruit and coconut syrups, served atop macadamia-nut ice cream, and covered with locally sourced fresh papaya and shredded coconut.

“We make our syrups in-house with local fruits that are in season,” explains Goodwin. “Each unique flavor brings you a new fresh taste of Hawai'i.”



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The slogan at Wishing Well Shave Ice is “Slow Yourself Down,” which could serve as the motto for the island of Kaua‘i.

“Get outside as much as possible,” recommends Goodwin to Kaua‘i visitors. “Spend less time in the car and more time at the beach. Try not to have too much of an agenda, and all will unfold nicely.”

Beach lovers typically flock to Poipu Beach Park, on Kaua‘i’s south shore, one of the sunniest parts of the island. A family-friendly, generally calm spot for swimming, snorkeling, bodyboarding and tide pooling, the reef-protected beach also shelters *honu* (green sea turtles). State law protects these gentle creatures, and visitors should always show respect and remember to give them a wide berth. Another good option for families to relax by the ocean is Anahola Beach, located on the east side of the island.

For an inland island adventure, head to Waimea Canyon, one of Kaua‘i’s top visitor attractions. Often referred to as “The Grand Canyon of the Pacific,” it is more than 13 miles long and more than 3,000 feet deep, in places. Overlooks offer stunning views of deep multicolored gorges. Families should be aware that visiting the canyon involves a long road trip. Also consider a short, one-third-mile hike on the Iliau Nature Loop/Kukui Trail (near mile marker 9, on the western edge of the canyon), so the kids can stretch their legs. Mornings are recommended for canyon trips, before the weather gets too hot.

## HAWAI‘I ISLAND

Known affectionately as “The Big Island,” as it is larger (in land mass) than all the other Hawaiian Islands combined, Hawai‘i



» Enjoying the courses at Kohala Zipline, above, and hiking in Hawai‘i Volcanoes National Park, facing page, are popular Hawai‘i Island activities for families seeking adventure.



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Tell someone you've been to Hawai'i Island, and the first question you'll probably hear is, "Did you see the volcanoes?" Each year, many people answer this question with a resounding "Yes!"

At the Hawai'i Volcanoes National Park's Kilauea Visitor Center, you'll learn about Pele, the Hawaiian goddess of fire, and Kilauea, the volcanic area on the east side of the island that has had repeated periods of activity since 1983.

In May 2018, a volcanic event closed parts of the area to residents and visitors,

and resulted in the most single-year damage in the national park's 103-year history. By September 2018, the park had reopened, though some areas could be permanently closed off. The park is a fascinating place to observe Earth's geological processes at work. Before you visit, be sure to check [nps.gov/hawaii/volcanoes](https://www.nps.gov/hawaii/volcanoes) for updates on park conditions and safety guidelines.

North of the national park, the 'Imiloa Astronomy Center of Hawai'i was named for another field of science. A 40,000-square-foot complex located at the University of Hawai'i's Science and Technology Park in Hilo, this center has a planetarium and more than 100 exhibits dedicated to astronomy, as well as to ocean wayfinding and Hawaiian culture. Visitors can also learn about Mauna Kea, a sacred peak and one of the most favored places in the world



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for astronomy (visitors should check in advance about access to Mauna Kea sites and to determine whether a high-altitude trip is right for them).

For active adventure, visitors who are at least 8 years old and weigh at least 70 pounds can enjoy a tour at Kohala Zipline in the charming town of Hawi, near Hawai'i Island's northernmost tip. The company offers a three-hour zipline Canopy Tour among the trees of Hālawā Gulch, or a full-day Kohala Zip & Dip, which includes a picnic lunch and swimming under a private waterfall, in addition to the zipline course.

Families with younger kids also can find adventure tours in Hawi. "One of our most popular family tours is the Kohala Waterfalls Adventure," says Steve Leto from the local tour operator Hawai'i Forest & Trail. "It's a reasonable mile-and-a-half hike through some really beautiful rainforest to a waterfall. We provide everything: food, water, umbrellas, walking sticks and car seats, if necessary. Kids of all ages can enjoy this one."

**Hawai'i truly has an abundance** of attractions suited to children as well as adults. From urban activities to outdoor explorations, the experiences available in the Aloha State make the Hawaiian Islands hard to beat for family adventures. ✈

*Karin Gallagher recently moved to California after living on O'ahu for most of her children's childhoods.*

*Alaska Airlines offers daily service to Kaua'i, O'ahu, Maui and Hawai'i Island (Kona). For flight reservations, visit [alaskaair.com](http://alaskaair.com). Book a complete Alaska Airlines vacation package to Hawai'i at [alaskaair.com/vacations](http://alaskaair.com/vacations).*



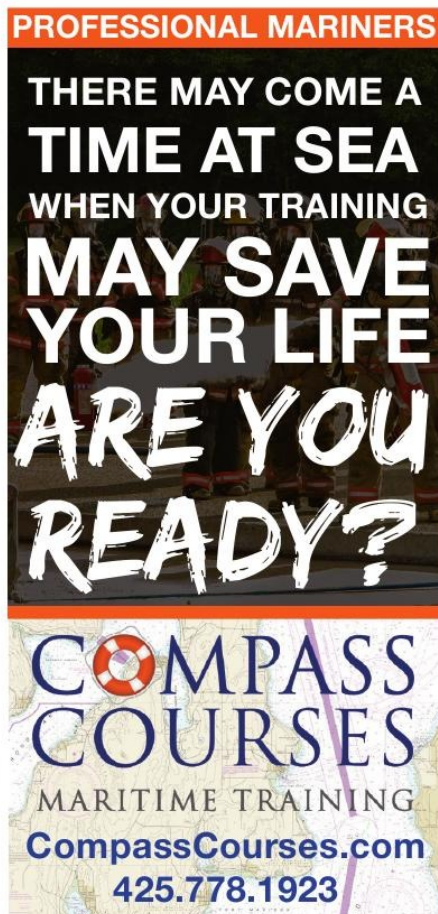
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## FANTASTIC ORLANDO

The theme-park center is a top vacation destination

By Sarah Sekula

» When a ride operator at “Harry Potter and the Forbidden Journey” asks me how many Muggles are in my party, I enthusiastically say, “Just one.”

Immediately, a goofy grin spreads across my face for two reasons: I’m about to board the ride in which you appear to fly with Harry Potter, one of my favorite attractions at Universal’s Islands of Adventure in Orlando, Florida. And, instead of waiting 20 to 75 minutes in line for the ride, I only spend 45 seconds.

Magical, indeed. It’s almost like donning Harry Potter’s invisibility cloak and sneaking right past everyone. Luckily, I have a legitimate reason for forging past

the pack. I’m on a private VIP Experience guided tour, a perk open to anyone willing to pay the extra fee. For five glorious hours, I get to hang out with a guide who allows me to bypass lines on eight attractions of my choosing, get several glimpses behind the scenes, and enjoy a gourmet breakfast and lunch. Oh, and did I mention the valet parking?

Part of the fun of the tour is learning park trivia along the way. For instance, on the “Amazing Adventures of Spider-Man,” a 3D simulated-motion ride with amazing graphics, my guide points out each time the late Stan Lee—co-creator of the popular comic-book character—is featured.





# NEAR & FAR»

Something I would have never noticed. And, the icing on the cake: We never waste a minute, thanks to the guide's beeper, which alerts him when a ride is delayed or unexpectedly closed.

For the times when my guide doesn't ride along with me, he is always there waiting at the exit, holding my belongings like a pampering parent and sharing in my post-ride enthusiasm with high-fives and "woohoos." It's like hanging out with a very-in-the-know friend who thinks of every last detail from having a poncho at the ready, just in case I choose a water ride or there is an afternoon shower, to steering me toward the most photogenic backdrops, including the best spots to get a picture of Hogwarts Castle.

After five hours, eight rides and a boatload of fun tidbits, I head home in a blissful state. The tour is a major time saver, and thanks to the red-carpet treatment, I feel like a real amusement-park expert and an A-lister.

## Touring area theme parks

Knowing your way around a theme park comes in handy in my home of Orlando.

The Central Florida city, often referred to as the theme park capital of the world, is one of the globe's top vacation destinations. That is thanks, in large part, to the surrounding region's unique collection of entertainment, which includes multiple Universal Studios locations, and the area's first theme park, the Walt Disney World Resort, which opened in 1971.

This is also a place where acting like a kid, no matter your age, is perfectly acceptable. And dressing in character is encouraged. It's not uncommon to see an adult sporting a polka-dotted tutu at Walt Disney World Resort or toting around a stuffed Minion at Universal Studios. These two major attractions can be a bit overwhelming, so here's a short overview of what to expect when you visit.

Walt Disney World Resort consists of four main theme parks: Magic Kingdom,

Animal Kingdom, Hollywood Studios and Epcot.

There are also two water parks, Blizzard Beach and Typhoon Lagoon. And don't forget the 25 resort hotels, four golf courses, two full-service spas, Disney's Wedding Pavilion, the ESPN Wide World of Sports Complex and Disney Springs, a large shopping, dining and entertainment area. The entire Disney World Resort measures 30,000 acres. However, the Disney Company owns much more land in the area that can still be developed.

Magic Kingdom Park is home to many of the classic Disney rides such as "Space Mountain," "Pirates of the Caribbean," "Haunted Mansion" and "Peter Pan's Flight," to name a few. For those who love park trivia, sign up for the popular Keys to the Kingdom tour, which lets participants roam the famous utilidor system of tunnels under the park.

When visiting Disney's Animal Kingdom Park, I always steer my friends toward Pandora—The World of Avatar, where you can experience the *Avatar* story and take various rides including a 3D flight over the Pandora landscape and



» Opposite page: Universal's Islands of Adventure features crowd-favorite rides such as the "Flight of the Hippogriff," top, and "The Amazing Adventures of Spider-Man," below. This page: Walt Disney World's Pandora—The World of Avatar attraction includes a bioluminescent rain forest, above, and the Valley of Mo'ara, below.





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**DID YOU KNOW?**

Walt Disney World Resort covers almost 40 square miles and is nearly the size of San Francisco.

» **Walt Disney World has various nightly fireworks shows, such as in the Magic Kingdom Park, above. Disney's Star Wars: Galaxy's Edge attraction, below, is scheduled to open in August.**

travel by boat on the Na'vi River Journey into Pandora's glowing bioluminescent rainforest.

Disney's Hollywood Studios, formerly MGM Studios, is home to Toy Story Land, where the fun roller coaster "Slinky Dog Dash" and the 4D arcade game ride "Toy Story Mania!" are big hits. And coming August 29 is *Star Wars: Galaxy's Edge*, which will be a major draw with its

collection of rides and attractions.

Epcot celebrates human achievement and international culture. It also has exciting rides, such as the "Frozen Ever After," a song-filled boat tour, which takes you through the Kingdom of Arendelle, over short waterfalls and to Queen Elsa's Palace. Visitors will want to stay at Epcot for the nightly fireworks show, "IllumiNations: Reflections of Earth."

Disney's two vast water parks include the 66-acre Blizzard Beach Water Park and the 61-acre Typhoon Lagoon Water Park.

Disney also offers a variety of special passes, such as the Ultimate Day of Thrills VIP Tour, a seven-hour experience that includes access to numerous rides in Magic Kingdom Park, Epcot and Hollywood Studios Park.



FROM TOP LEFT: MATT STROSHANE; JOSH SCHMITZ; RENDERING, © 2019 DISNEY ENTERPRISES, INC./LUCASFILM LTD.



*Padding a clear kayak at Rock Springs in Kelly Park.*

**AT A GLANCE**

**Hidden gems:**

- Hang glide at Wallaby Ranch, the first full-time "aerotow" hang gliding park in the world.
- Take an Elite Bikes tour through Winter Park, one of the Orlando area's most exclusive communities, 7 miles north of Orlando.
- Enjoy a meditative workout, with a touch of whimsy at the Original Goat Yoga Orlando, held Saturdays and Sundays in the Sanford area to the north of downtown Orlando.

**Where to go first in town if you're a ...**

- Foodie:** Eat at The Ravenous Pig restaurant in Winter Park.
- Romantic:** Kayak at Rock Springs in Kelly Park, about 30 miles north of Orlando.
- History buff:** Tour the Orange County Regional History Center.
- Family:** Spend an afternoon at the fascinating Orlando Science Center, where you can virtually fly a plane and dig for dinosaur bones.
- Lover of literature or pop culture:** Enjoy independent features or a cult classic at Orlando's Enzian Theater.

**Distinctive dish and where to get it:**

Turkey legs were first offered at Walt Disney World Resort in the late 1980s and have become a favorite food item. The legs are cured in a salt solution and some are also hickory smoked.

**Classic drink and where to get it:**

Butterbeer at Universal Studios Florida.

**What to take home:**

Mickey Mouse ears or a Harry Potter wand, of course.

**What's in a name?**

There are many theories about how Orlando got its name, ranging from a character in the Shakespeare play *As You Like It* to a local rancher to a soldier.

**Personal favorites:**

- Splurge on a rooftop hammock massage at The Ritz-Carlton Orlando, Grande Lakes.
- Rent a cabana at Wekiva Island, 16 miles north of Orlando. The cabanas are on the Wekiva River. —S.S.





The Kennedy Space Center Visitor Complex presents the history of the U.S. space program.

## » NEAR & FAR ORLANDO

Coaster” and the water ride “Popeye & Bluto’s Bilge-Rat Barges.”

When you need a breather, book a private cabana at Volcano Bay, a 30-acre water park with various waterslides.

Other area attractions include Legoland Florida Resort, located about 50 miles south of Orlando, in the town of Winter Haven. The park is specially designed for kids between the ages of 2 and 12, but it has rides, attractions, games and live entertainment that will appeal to everyone in the family.

For a different kind of experience, visit the Kennedy Space Center Visitor Complex at Cape Canaveral, located about 45 miles east of Orlando. With an astronaut-training experience, 3D films and the U.S. Astronaut Hall of Fame, it’s a great way to spend a day learning about the history of the United States space program.

About 10 miles northeast of Disney World is Universal Orlando Resort, composed of Universal Studios Florida and Islands of Adventure, both known for thrilling rides. They also both house parts of the resort’s most popular attraction, The Wizarding World of Harry Potter.

At Universal Studios Florida, visit Diagon Alley, where butterbeer ice cream is a crowd pleaser and spellbinding scen-

ery makes you feel like you are literally in Harry Potter’s world. Be sure to ride the exciting “Harry Potter and the Escape from Gringotts.”

At Islands of Adventure Theme Park, you can visit Hogsmeade, tour Hogwarts Castle and ride the exhilarating “Harry Potter and the Forbidden Journey.” Also make time to enjoy the “Jurassic Park River Adventure,” the “Incredible Hulk

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# photo... pop!

“Keep your eyes and ears open” is just one of my rules in Alaska. She juttied her head—shaking loose barnacles or trying to communicate? I didn’t know, but I got the shot. And not even a splash. Extrasensory and uncensored.

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### Exploring downtown Orlando

Another destination to explore is downtown Orlando itself. A good place to start a city tour is at Lake Eola Park, a 23-acre green space in the heart of downtown that is a prime gathering spot. The park includes a mile-long walking path around the lake, and many bars and restaurants can be found in the surrounding neighborhood. On Sundays the park is packed for a weekly farmers market.

Also located in the downtown area is

the Dr. Phillips Center for the Performing Arts, which showcases everything from plays to concerts to comedy acts. The dance production *Derek Hough: Live! The Tour* performs at the center on April 11, and the Tony Award-winning Broadway musical *Dear Evan Hansen* is being performed April 16–21. Professional-soccer fans can cheer on the Orlando City SC, and the women's team the Orlando Pride, at Orlando City Stadium. The nearby Amway Center is home to the NBA's

### » NEAR & FAR ORLANDO



» Lake Eola Park, above left, is a popular gathering place in downtown Orlando. Visitors relax on the grounds of the Mennello Museum of American Art, above.

COURTESY: VISIT ORLANDO (2)



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## » NEAR & FAR ORLANDO

THE ORLANDO MUSEUM OF ART



» The Orlando Museum of Art is known for its collection of contemporary art, dating from 1945 to the present.

Orlando Magic and the National Arena League's Orlando Predators football team, which begins the 2019 season on April 13 at home.

To the north of downtown is the Loch Haven Cultural Park, home to the Orlando Museum of Art, which has more than 2,400 works, including a collection of contemporary art created since 1945 by artists such as Robert Rauschenberg.

The nearby Mennello Museum of American Art specializes in contemporary and traditional American art, with an exhibition of the paintings of Lawrence H. Lebduska through May 12.

With Orlando's wide range of attractions and activities, the city can please everyone in the family, no matter their age or their interests. See, dreams really do come true. ✕

*Sarah Sekula writes from Orlando, Florida.*

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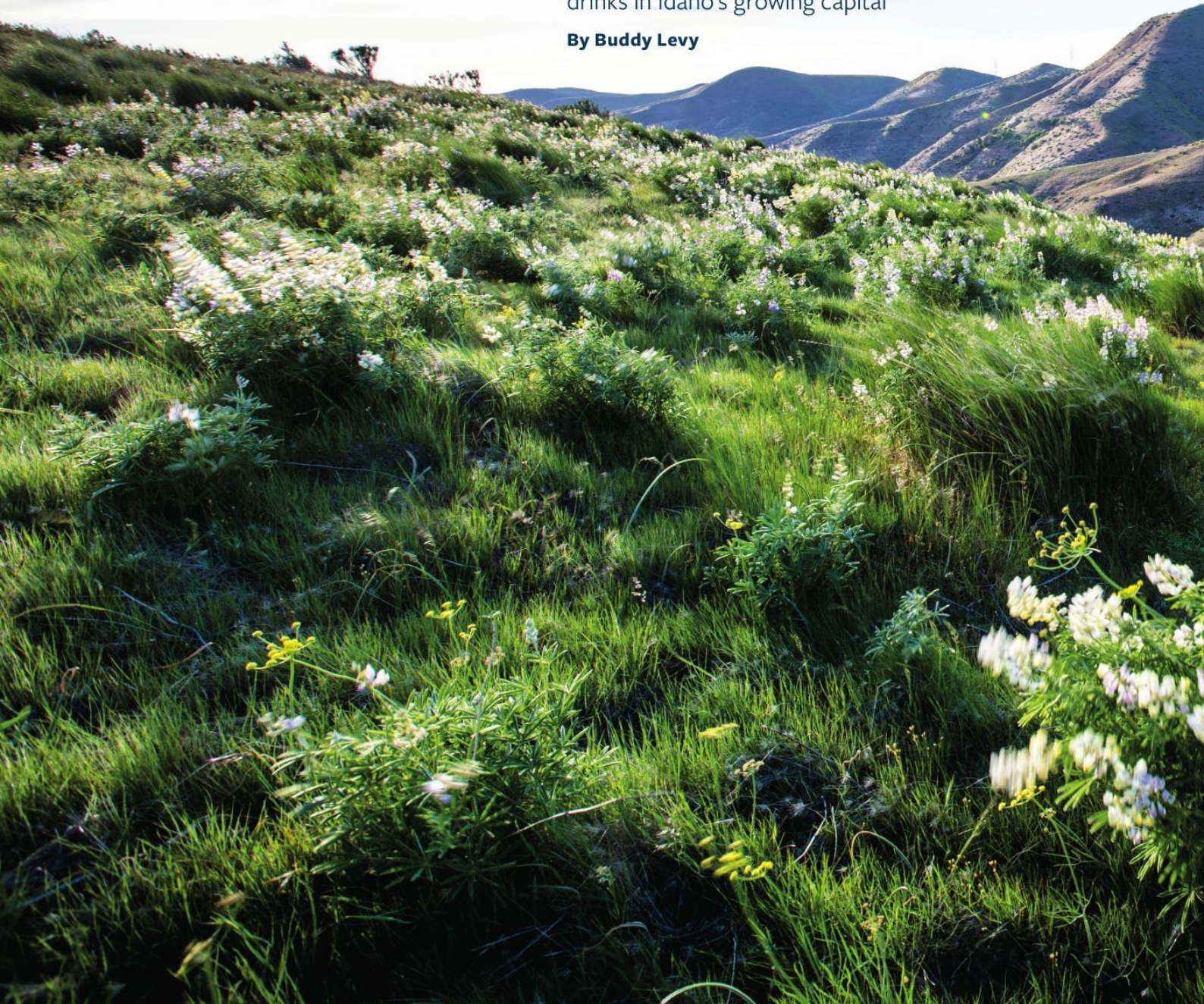
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# Vibrant Boise

Recreation, culture and craft  
drinks in Idaho's growing capital

**By Buddy Levy**







GLEN OAKLEY / IDAHO STOCK IMAGES

» Visitors take a spring hike in the Boise Foothills.





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» From the fourth-floor window of our downtown boutique hotel, we watch the lights of Boise blink and flicker like beacons, sparkling with possibility. In the four decades we've been visiting the city, we've witnessed a gradual but steady metamorphosis, from a rural-feeling state capital to a colorful and modern city pulsing with art, culture, eclectic eateries, and civic devotion to green space and community.

Four times a year (we try for one visit per season), my wife, Camie, and I make a trip to Boise, and we're always delighted by something new. Boise annually makes many "top cities in America" lists in categories ranging from livability and work-life balance to urban adventuring and hippest city. Lonely Planet, in its "Best in the U.S." roundup, cited Boise as the No. 2 destination to see in 2018 (second only to California's Redwood Coast) and described Boise as "what cool looks like before the rest of the world has figured it out." Well, we figured it out a long time ago, and Boise's cool keeps us coming back. After years of visits—and taking into consideration the city's newest offerings—we've developed a list of some must-sees and must-dos in Boise.

## OUTDOOR RECREATION

Recently, Camie and I strolled down the paved foot and bike path known as the



» The Boise River, above, has many recreational attractions, including the Boise Whitewater Park with its wave features designed for water sports. Outdoor adventurers can ski and more at Bogus Basin, left.

Boise River Greenbelt. The winter's deep snowpack high in the mountains had created big flows on the Boise River. Black cottonwood seedlings—with their rust-red stems and serrated green leaves, sprang from the sandy soil. Northern flickers and chickadees flitted and chirped, perched in the mature cottonwood branches above us. As we walked, luxuriating in the warming morning sun, we could see snow-capped peaks of the Boise Mountains past the Boise Foothills to the northeast. Continuing on, we saw a fox that had come to drink from a slow-swirling pool at the river's edge.

The 25-mile urban pathway along the Boise River is one of the major draws and defining features of the city. The path is available for walking, cycling and skating, and provides easy access to Boise's spectacular, varied riverside parks. Two of our favorites for recreation are Bernardine Quinn Riverside Park, where we can kayak or stand-up paddleboard in the river and

fish in 22-acre Quinn's Pond; and the Boise Whitewater Park, with adjustable wave features and waterflows available to the public. We love to watch the surfers and kayakers play in the waves, and to rent watercraft ourselves from Idaho River Sports and hop in.

On nearly every trip to Boise, we also go to the fabulous foothills, with their more than 190 miles of interconnected trails and paths. Some of the trails wind through neighborhoods before linking to public lands, providing adventure for everyone. There are designated trails for dog walkers, equestrians, mountain bikers, hikers and runners. On all Boise area trails, visitors should stay on designated paths and avoid wet or muddy trails.

When Camie and I were younger (and very fit because we were running marathons and racing on mountain bikes), we enjoyed some of the more difficult, steep loops, but now we are just as content doing family-friendly nature hikes,





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such as the 2-mile Crestline Trail #28. This connects to Kestrel Trail #39A and Lower Hulls Gulch Trail #29 to provide a terrific feel of the foothills. I love the sweet scent of sage, the views of the city spread out into the high desert of the Treasure Valley, and wildlife sightings such as mule deer, coyotes, and various owls and other raptors.

Another outdoor-adventure must-do in Boise is Bogus Basin—a nonprofit mountain recreation area less than 20 miles from downtown. Recent improvements have added to Bogus Basin’s already awesome appeal as an alpine and Nordic ski spot. There’s now a mountain coaster called the “Glade Runner,” with more than three-quarters of a mile of serpentine excitement; a bungee trampoline that (with harnesses and ropes) allows kids to bounce nearly 20 feet in the air; and a 32-foot tall rock-climbing wall.

A lesser-known outdoor gem is the Oregon Trail Reserve, a 77-acre system of walking paths in Southeast Boise. Visitors can view remnants of the Oregon Trail, including the Kelton Ramp, a steep trail dating to the early 1860s that cuts through rimrock of the Boise River (hiking on the ramp itself is not recommended). Kelton Ramp is listed on the National Register of Historic Places.

## ARTS AND CULTURE

Boise’s natural outdoor bounty is complemented by its vibrant arts-and-culture scene. Last spring when Camie and I visited, we were struck once again by the wealth of fine public art (about 80 site-based public art installations and counting) that has been commissioned around downtown. The city’s commitment to public art runs deep and is evident nearly everywhere you look, from the stunning 2017 installation by artists Dwaine Carver and Zachary Hill called *Cottonwoods*—seven 24-foot-tall weathering steel struc-



» *Clockwise from top left: In Boise, you can learn more about Basque culture; see art installations such as Cottonwoods, located in the City Hall Plaza; and walk among Freak Alley’s artistic murals.*

tures reminiscent of a cottonwood grove, publicly funded and located at the City Hall Plaza—to Freak Alley, a downtown outdoor gallery with rotating murals.

Art and culture convene beautifully in Boise’s famous Basque Block (Grove Street between Capitol Boulevard and Sixth Street), the central gathering place for the more than 10,000 members of the Boise-area Basque community. Some are descendants of those who came to Idaho in the 1880s to work as shepherders, or of those who fled Spanish dictator Francisco Franco’s reign in the mid-1900s.

Don’t miss the Basque Museum and Cultural Center, which is dedicated to preserving, perpetuating and promoting

## LODGING

**The Modern Hotel and Bar:** The chic boutique hotel is located in the heart of the downtown Linen District (just a block away from Big City Coffee and Cafe, another Boise must-visit). The Modern features 39 rooms and four apartments outfitted in Midcentury Modern appointments. Features include walking and biking access to downtown, and a bar and restaurant with innovative dishes such as braised collard greens, duck confit and “Beet-balls,” fashioned by James Beard Award-nominated chef Nate Whitley.

**Hotel 43:** Urban chic, named for the 43rd parallel in the 43rd state. Stylish rooms and suites with striking views of the Capitol Building and the Boise Foothills, just a few minutes’ walk from Jack’s Urban Meeting Place (JUMP) and The Grove Plaza. Hotel 43 also has its own gourmet restaurant, Chandlers Prime Steaks & Fine Seafood.

**The Grove Hotel:** Luxury accommodations, with 250 contemporary rooms, appointed in white-and-green color schemes. Great location right next to CenturyLink Arena (concerts, Steelheads hockey). Dine at the delicious Trillium Restaurant, which serves breakfast, lunch and dinner. The hotel also boasts the illuminated public art piece *River Sculpture*, by artist Alison Sky. —B.L.



# Boise

Basque history and culture. Originally established in the 19th century Cyrus Jacobs/Uberuaga boarding house in 1985, the museum expanded in 1993 and has rotating exhibits that include photographs and artifacts.

Visitors also can enjoy Basque foods and drinks at Bar Gernika, which serves Kalimotxo, a beverage made with cola and red wine.

For an entirely different and wholly modern experience, spend a few hours at Jack's Urban Meeting Place (JUMP). It's a six-story, 65,000-square-foot nonprofit creative center that comprises a vintage tractor collection; an urban park, complete with multistory slides; an outdoor amphitheater; and a dance studio and high-tech classrooms for programming such as dance, cooking and improv.

Camie and I took a country swing

dance class during our last visit, alternately laughing and cringing at our "technique," which we could see in the mirrors of the light-flooded Move Studio.

Outside at the JUMP Park, I played around on "The Climber," a three-story pyramidal net structure that was challenging, tiring and really fun. Camie surprised me by braving the five-story "Spiral Slide," a twisting corkscrew chute that took her from the top of the park to the bottom in a matter of seconds.

An exciting new Boise venue is the James Castle House. The cultural center, opened in 2018, was once owned by Idaho-born artist James Castle (1899–1977). Born deaf in the town of Garden Valley (about 50 miles northeast of Boise), Castle began drawing at an early age and was entirely self-taught. He worked with found items—scrap paper, cardboard



Cocktails at Bardenay.

COURTESY BARDENAY

boxes—on which he created "soot drawings." The house features ongoing exhibitions of the artist's life and work.

## FOOD AND BEVERAGE

In 2000, Bardenay in Boise—which describes itself as the first restaurant/distillery in the United States—served its first cocktail, created with rum made on the



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## Boise

premises. Unfortunately, Camie and I missed opening night, but we've dined there many times since, and it has always delivered for us: excellent food paired with in-house distilled spirits.

It's fun to follow the distillers' recommended pairings. Last time, Camie paired her Capellini Pomodoro with a Negroni (Bardenay gin, Campari and sweet vermouth, with an orange twist). I complemented my charbroiled salmon with a Bardenay house martini, served with Lillet Blanc French aperitif and Basque olives. Sublime.

Over the last two decades or so, Boise has fully established itself at the forefront of the adult beverage industry, and a handful of artisanal spirits distillers have started up recently in the area. They are typically family-owned, use locally sourced ingredients and produce premium, small-batch products. For instance, 8 Feathers Distillery uses grains and artesian well water from Weiser, Idaho, about 75 miles to the northwest, to produce stellar whiskeys and bourbons. The distillery uses local corn to make Idaho Moonshine, which is finished in uncharred barrels.

**Yeah, Boise is cool.** And getting cooler all the time. I always look forward to revisiting classic favorites and discovering new ones, and enjoying all the city has to offer. ✈

*Freelance writer and book author Buddy Levy lives in North Idaho. For more information about Boise recreation, see [boise.org](http://boise.org) and [visitidaho.org](http://visitidaho.org).*

*Alaska Airlines ([alaskaair.com](http://alaskaair.com)) provides regular service to Boise (BOI).*

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# HERE & NOW»



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## PIKE PLACE MARKET

Iconic attraction is an inviting 9-acre village within the city

By Mary Bacarella

» **Every day,** I spend time strolling through Pike Place Market, enjoying the aromas of baked goods, barbecued foods, fresh fish, coffee and other items that will please market visitors.

As executive director of the Pike Place Market Preservation and Development Authority, I serve as a steward of one of Washington state's vibrant, thriving, iconic landmarks. My office is tucked away near the legendary Gum Wall in the market's Post Alley, but I love getting out to join some of the 15 million visitors to the market each year. I enjoy the smiles, laughter and banter of the vendors; the live music of the buskers; the eye-dazzling produce and flower displays of

the farmers; the delicious offerings of the specialty-food purveyors; the artisanship of the craftspeople; and the enchanting spirit as the market awakens with deliveries of the day's many wares and "Good mornin'" greetings.

I think of the eclectic and inclusive market as the soul of Seattle. Locals and visitors alike mingle and munch here. Tech workers, rock stars, Hollywood celebrities, newcomers and Seattle natives all come together to explore and experience this city jewel. People have been known to propose or marry beside the market's mascot, Rachel the 550-pound bronze piggy bank (which raises money for social services). Even our hometown famous love the



market, including Macklemore, who has stopped by the Magic Shop, and Duff McKagan and Mike McCready, who have performed on the rooftop next to the giant “Public Market Center” sign and clock. And a scene from the film *Sleepless in Seattle* featured Tom Hanks’ and Rob Reiner’s characters conversing at The Athenian, a seafood restaurant that dates to 1909. Pike Place Market shops range from Starbucks, whose first store opened in 1971 in the market, to national-award-winning Chukar Cherries, founded in 1988, which has had a market stand since 1992.

With approximately 100 farmers, 250 shops (of which 70 are restaurants or takeout spots) and 230 artisans, Pike Place

Market is a 9-acre historical district that is like a village within the big city. Founded in 1907 to allow local consumers to purchase produce directly from local farmers instead of paying higher prices to intermediaries, the market has become a true neighborhood, as well, complete with residences for about 500 people, and myriad services, including a dentist, barbers, a food bank, a preschool, a senior center, a medical clinic, an assisted-living facility and more. Caring for this community is a core value I take seriously.

A Michigan native, I moved to Seattle more than 30 years ago, and Pike Place Market has always been a part of my life here, long before I became executive director early last



## EAT AROUND THE WORLD AT THE MARKET

» Explore and celebrate a wide range of cuisines at some of Pike Place Market’s 70-plus restaurants and eateries. Below are just a few of the many options.



**Bolivia:** Try a *salteña* (baked, stew-filled pastry) at **Copacabana Cafe** (whose patio deck is shown above, atop some other market businesses).

**China:** Watch Chinese dumplings being prepared at **Country Dough**. Try Mongolian beef or prawn chow mein at **Pike Place Chinese Cuisine**. Savor pork *hum bow* at **Mee Sum Pastry**.

**France:** Visit romantic **Maximilien** for the signature duck confit. Enjoy the charcuterie at **Le Pichet**, or 17 types of crepes

at **Crepe de France**. Northwest bouillabaisse is a popular entrée at **Place Pigalle**. Savor *poulet roti* (roast chicken) at **Cafe Campagne**. The treats at **Le Panier** bakery range from croissants and macarons to tartes.

**Germany: Bavarian Meats** gets raves for its assorted wurst meats. At **Uli’s Famous Sausage**, enjoy a rosemary-chicken-sausage sandwich with sauerkraut and curry ketchup.

**Greece:** Flavors such as lemon curd and marionberry are among the many delicious choices at **Ellenos Real Greek Yogurt**. At **Mr. D’s Greek Delicacies**, enjoy yeeros (gyros).

**India:** Beef samosas and spinach paneer are popular at **Saffron Spice**. At **Kastoori Grill**, also serving cuisine of Nepal and Tibet, you’ll find meat dishes such as chicken *tikka masala*, and vegetarian fare such as *saag aloo*.

**Italy:** Housemade pastas star in dishes at **Pasta Casalinga**—the menu changes biweekly based on what’s available from the ocean, farm and garden. Diners are enthusiastic about the lasagna at **The Pink Door**, while



**Il Bistro’s** cioppino is another Seattle favorite. Panini sandwiches are tasty lunch fare at **DeLaurenti Food and Wine** (whose tomato section is shown above). Pizzas, pastas and meatball sandwiches are available at the **Pizza and Pasta Bar**.

**Japan:** Sushi bowls are popular at **Urara**. At **Wild Fish Poke**, choose from topping options to go with diced raw fish such as ahi tuna. A special dinner awaits at chef Shiro Kashiba’s acclaimed **Sushi Kashiba**. The chef is a 2019 James Beard Award nominee.

**Mexico:** Acapulco-style shrimp tacos and mahi-mahi tacos have diners coming back to **Mariscos Mexico**. The enormous burritos at **La Vaca Burrito Express** make for a hearty lunch. **Los Agaves** breakfast burritos are

filled with egg for a protein boost. Savor the Coca-Cola-braised shredded pork shoulder at **El Borracho**.

**Middle East:** Try a traditional *ghormeh sabzi* (herb stew) at **Farvahar Persian Cafe**. If you love lemon and garlic and strong flavors, the *shish tawook* at **Falafel King** is for you.

**Russia:** Watch bakers stuff and fold pastries as you try one of the many options at **Piroshky Piroshky** (such as the apple cinnamon roll shown below).



**Thai:** Oyster beef, *Panang* curry and yellow chicken curry draw positive reviews at **Jasmine Thai**.

**Turkey:** Enjoy a meal of lamb stew and a stuffed pastry called *börek* at **Turkish Delight**. Turkish flatbread pizza known as *pide* is a specialty at **Miss Cafe**. —M.B.





year. During my parents' first visit to Seattle in the late 1980s, I left them to explore the market before meeting them later under the clock.

When I rejoined my parents, my mother immediately exclaimed, "We had our first 'hum bow!'" She then went on to describe the wonderful soft, doughy bun filled with savory barbecued pork. "Oh, and let's not forget the filling pot stickers," she said.

As we walked the market together, my parents pointed out the bounty of fresh produce for sale, including items they recognized from their own garden back home. They asked fishmongers questions and regaled me with stories of how my own Italian grandparents had cooked octopus and squid. I will always cherish seeing the market through my parents' eyes.

Early in my Seattle life, I was part of Unexpected Productions, the improvisational troupe located at the Market Theater in Post Alley. Someone in line outside placed a piece of chewed gum and a penny

on the brick wall next to the entrance. Soon the entire brick wall was covered with gum and coins, top to bottom. Market management told us to scrape off the gum. Then another waiting audience started it again.

Colleagues and I hand-scraped gum off that wall twice before the market's management said, "We give up—it's as quirky as the market. You can keep the wall of gum."

Now I delight in viewing the wall as I come and go from my office. I also love to catch a sunset from our new MarketFront area, with its large viewing deck overlooking Elliott Bay, or from one of the market's fine-dining restaurants. And if I follow that with one of the comedy or cabaret shows at the market, I'll have enjoyed a truly exceptional day. ✂

*Mary Bacarella likes doing grocery and holiday shopping at Pike Place Market.*



» **Top: Flower vendors are popular at the market. Above: Rachel, the market's bronze piggy bank mascot, raises money for social services.**

FACING PAGE FROM FAR LEFT: DANITA DELMONT / ALAMY STOCK PHOTO; NANCY O. (2); SHUTTERSTOCK.COM  
THIS PAGE FROM LEFT: PEP ROIG / ALAMY STOCK PHOTO; TANYA SINKOVITS / COURTESY PIKE PLACE MARKET

## PIKE PLACE MARKET OPENING BELL



» **Every morning at 9 A.M.**, the Market Master steps in front of a group of artists and craftspeople gathered at the north end of the Main Arcade, in front of the market-stalls map. He or she rings a handheld vintage brass market bell—one, two, three times in a row—and the morning chatter begins to quiet. It's the start of the daily ritual for craft-stall selection.

While some stalls at the market have assigned occupants with annual leases for their particular locations, other stall designations, such as for artists and craftspeople, are determined anew each morning. The crafts market changes daily as any of 230 craftspeople who sell handcrafted original goods set up their table displays, taking them down in the evening.

For these stalls, the Market Master begins calling the names of merchants who have signed in on clipboards, starting with those who have the most seniority as market vendors. As merchants hear their names, they call back the number and location of the stall they choose for the day. Robert Crew (shown above), owner of Metamorphosis Leathers, has the most seniority and gets first choice. He has been selling at the market since 1970. The vendors choose stalls each day based on factors ranging from whether a table has poles, which can be used for vertical displays, to where a table is located. Some vendors prefer to be amid the highest volume of pedestrian traffic. Others prefer a spot where customers can take their time without feeling the pressure of a crowd.

For the ceremonial bell ringing that starts the stall-selection process, you may see a different face ringing the bell on occasion. Pike Place Market frequently invites guest bell-ringers from the community to participate in the tradition. Famous authors, musicians and celebrities, such as Rainn Wilson (Dwight from *The Office*), have participated. Sometimes people are even chosen from among the spectators to ring the bell and begin the day at one of the largest, most diverse crafts markets in the United States. —M.B.





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## HONORING THE EARTH

» **Earth Day is April 22**, and many Puget Sound-area organizations are hosting special celebratory events on or near that day, and some have even extended the commemoration to an Earth Week or Earth Month. Below are a few of the many activities (be sure to check websites for details and requirements).

■ **Bellevue Parks & Community Services** ([parks.bellevuewa.gov](http://parks.bellevuewa.gov)) invites volunteers to an April 20 Arbor Day–Earth Day event at Lewis Creek Park & Visitor Center. Participate in morning tree-planting and park-enhancement projects, followed by a Family Festival with activities and demonstrations.

■ **The King County Department of Natural Resources and Parks** ([kingcounty.gov/earth-day](http://kingcounty.gov/earth-day)) offers opportunities such as repair events at which clothing and small household items are repaired, if possible, for free, thereby reducing waste, April 2, 9 and 27; potting of bare-root plants for future use, April 13 and 20; a noxious-weed-control class, April 15; and an invasive-blackberry-removal workshop and work party at CitySoil Farm, April 23.

■ **Metro Parks Tacoma** ([metroparkstacoma.org/calendar](http://metroparkstacoma.org/calendar)) is hosting events such as an Earth Day Extravaganza, April 20 at the Tacoma Nature Center:

“Explore your creative side as you learn about the Earth and things we can do to keep it healthy.” Also on April 20, you can participate in a Point Defiance beach cleanup or in work parties at other parks, or enjoy a naturalist-led Family Nature Walk at Oak Tree Park. On April 21, certified arborists lead “Tacoma Giants” walks (as shown below), featuring trees in Point Defiance Park.

■ **Mountains to Sound Greenway Trust** ([mtsgreenway.org](http://mtsgreenway.org)) invites volunteers to help plant native trees and shrubs, remove invasive blackberry and expand a new connector trail at Sammamish Cove Park (shown at top) in Issaquah, on April 20. Or, that same day, help remove weeds at the Duwamish Hill Preserve in Tukwila. In March, the Mountains to Sound Greenway, connecting 1.5 million acres surrounding Interstate 90



between Seattle and Ellensburg, was designated a National Heritage Area.

■ **National Parks** ([nps.gov](http://nps.gov)): Entrance fees are waived on April 20 during National Park Week, April 20–28.

■ **Seattle Parks and Recreation** ([seattle.gov/parks](http://seattle.gov/parks)) is organizing volunteer opportunities on different dates during the month to restore trails, parks, forests and beaches.

■ **Washington State Parks** ([parks.state.wa.us](http://parks.state.wa.us)) is celebrating spring and Earth Day by making April 20 and April 22 “free days” when a Discover Pass is not required for a day-use visit to a state park. Also check the website for specific events. ✂

*For more information about Earth Day, which will celebrate its 50th anniversary next year, see [earthday.org](http://earthday.org).*



### GO TO:

## Washington State Apple Blossom Festival

» **This fun festival, taking place in Wenatchee**, is celebrating its centennial this year. Festivities, on various dates, April 25–May 5, include live entertainment; parades; car shows; golf, basketball and pickleball tournaments; fun runs; cycling events; a carnival; a food fair; a cake-eating contest;

arts and crafts; and a festival ball. A pre-festival screening of a documentary celebrating 100 years of the festival takes place April 20. For more information, go to [appleblossom.org](http://appleblossom.org). Wenatchee is served by nonstop Alaska Airlines flights from Seattle, and is also reachable by driving about 150 miles east of Seattle.





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**WATERS EDGE / Kirkland, WA**  
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 MLS #1405148. WRE Midtown.  
 Barbara Cahill & Shawna Ader / 206-261-7272



**ELEGANT COMPOSURE / Woodway, WA**  
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 WRE/GH LLC. [GraciousWoodwayLiving.com](http://GraciousWoodwayLiving.com)  
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**MEDINA BEACH HOUSE / Medina, WA**  
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**BELLEVUE VIEWS / Medina, WA**  
 Landmark home sited on two buildable tax lots atop Medina Heights. Sweeping views, detached guest house, entertaining deck and pickle ball court. \$5,500,000. MLS #1403171. WRE/Bellevue Commons.  
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**YARROW POINT / Bellevue, WA**  
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**WATERFRONT / Mercer Island, WA**  
 Gorgeous new construction farmhouse with open floor plan, stunning architectural details, dock and private setting. MacPherson Construction & Design. \$5,998,000. MLS #1402980. WRE/East, Inc.  
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 MLS #1361962. WRE/MI. [TimelessModern.com](http://TimelessModern.com)  
 Larry Williams / 425-445-9870



**EXPANSIVE VIEWS / West Seattle, WA**  
 Mediterranean Masterpiece perched high above the street. Crafted with precision, designed with intent, yearning to entertain, this home is one of a kind. \$2,350,000. MLS #1403107. WRE/Wall Street, Inc.  
 Kathrin Faulkner / 206-300-5511





**LAKE WA WATERFRONT / Renton, WA**  
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Bryan Loveless / 425-968-8181



**WOODLANDS ESTATE / Redmond, WA**  
Tranquil 7,640 sq. ft. custom estate on 3.4 acres. Fabulous views of the Cascades and the Pegasus Equestrian Facility. \$3,800,000. MLS #1397387. WRE/NE, Inc. [BryanLovelessRealEstate.com](http://BryanLovelessRealEstate.com)  
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**THREE TREE POINT ESTATE / Burien, WA**  
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## CALENDAR

■ More than 50 craft beers, along with cocktails and spirit flights, are showcased during the **Seattle Scotch & Beer Fest**, April 19–20. The festival also includes seminars, a food truck and a beverage shop ([scotchbeerfest.com](http://scotchbeerfest.com)).

■ The 2019 live-racing season begins April 20 at **Emerald Downs** in Auburn, south of Seattle, and continues through Sept. 22. The Longacres Mile, billed as the Northwest's premier race, will be Aug. 11 this year. Other key events during the season include the Bank of America Emerald Championship Challenge for quarter horses, which is part of a quarter-horse triple-header on Aug. 25. Spectators can also enjoy special events such as Family Fun Weekend, May 25–27 ([emeralddowns.com](http://emeralddowns.com)).

■ The North American tour of *The Lightning Thief: The Percy Jackson Musical*, adapted from the bestselling



novel and featuring an epic quest involving Greek gods, comes to **The 5th Avenue Theatre**, April 23–28 ([5thavenue.org](http://5thavenue.org)). Alaska Airlines is a sponsor of The 5th Avenue Theatre.

■ Costumes, puppets and papier-mâché creations that evoke the beauty of nature are on parade in the "Procession of the Species Celebration" during the **Olympia Arts Walk**, April 26–27. The annual art walk in Washington state's capital city also features artwork, live music and sidewalk pop-up performances ([olympiawa.gov/city-services/parks/artswalk.aspx](http://olympiawa.gov/city-services/parks/artswalk.aspx)).



■ Learn about arts such as origami, watch martial-arts demonstrations such as judo, and enjoy music such as taiko drumming at the **Seattle Cherry Blossom and Japanese Cultural Festival**, April 26–28 at **Seattle Center** ([cherryblossomfest.org](http://cherryblossomfest.org)). The festival is part of Seattle Center's Festál series, whose sponsors include Alaska Airlines.

■ Expand your knowledge of guitar music or further develop your existing skills during the **Tacoma Guitar Festival**, April 27–28 in Tacoma, south of Seattle. The festival includes workshops led by industry experts, along with live performances and 150 exhibitor booths ([tacomaguitarfestival.com](http://tacomaguitarfestival.com)).

■ One of the world's most popular operas, Georges Bizet's *Carmen*, will be on stage at **Seattle Opera**, May 4–19. *Carmen* is known for its memorable melodies and intriguing characters. The role of the free-spirited title character will be played on alternating nights by Sicily-born singer Ginger Costa-Jackson and, making her Seattle Opera debut, Latvian singer Zanda Švēde ([seattleopera.org](http://seattleopera.org)).



■ Showcasing clothing from the mid-1800s to the present day, the exhibit "**Seattle Style: Fashion/Function**," at the **Museum of History & Industry** (MOHAI), May 4–Oct. 14, will highlight how elegance and practicality have co-existed and converged in Seattle wardrobes ([mohai.org](http://mohai.org)).

FROM TOP: COURTESY THURSTONTALK.COM; JEREMY DANIEL; WOOLSKI ENSEMBLE; SEATTLE WOOLEN COMPANY; SEATTLE, MAKER, ABOUT 1948; © MOHAI COLLECTION; GIFT OF FRANCES SEELY (BYRON L.) NEVILIER



## WINDOWS TO THE SEA

New features at celebrated Golden State aquariums

By Jill K. Robinson

» **California's sweeping coastline** gives people access to the state's vast beaches and the Pacific Ocean. Growing up near the coast, I regularly visited San Francisco's Steinhart Aquarium and the Monterey Bay Aquarium to see the animals that lived beneath the waves, and I fantasized about being the next Jacques Cousteau. As an adult, I still reach into touch tanks with kids for the amazing sensation of connecting to marine life by running my fingers gently along the smooth, slippery surfaces of bat rays or rough-textured ochre sea stars.

Over the years, Golden State aquariums have added even more hands-on activities and innovative features, with several opening this spring—including a large, flashy expansion, an exhibit devoted to fascinating and diminutive creatures, and a care center focused on marine veterinary science. The state's proud aquarium tradition gives curious visitors such as myself the opportunity to learn more about our oceanic animal neighbors and their habitats.

Here's a look at some new and upcoming enhancements to California aquariums:

### A Visionary Addition

The **Aquarium of the Pacific**, one of the largest and most-visited aquariums in the United States, is exploring what it means to be an "Aquarium of the Future," through its new Pacific Visions wing, scheduled to open to the public on May 24. Included in the expansion of this popular Long Beach aquarium (about 25 miles south of downtown Los Angeles) will be a dynamic new entrance with multimedia art and orientation galleries showcasing rotating exhibits and a giant touch-screen media wall. These features are aimed at nurturing visitors' emotional connections to the ocean and marine life.

Overall, the Pacific Visions wing consists of a 29,000-square-foot sustainable structure



designed by the award-winning San Francisco-based architecture and design firm EHDD (Esherick Homsey Dodge and Davis), which also designed the Monterey Bay Aquarium. Visitors will first notice the undulating colored-glass exterior intended to reflect light and suggest ocean waves. Inside, tactile and technological elements will stand out. In addition to the art and orientation galleries, the new wing will house an immersive theater with a 130-foot-wide by 32-foot-tall screen arcing around a central projection disc that doubles as a platform for presenters and performers. There will also be an expanded exhibition gallery with changing live-animal exhibits and multimedia displays.

More than just a place to view marine animals, Pacific Visions is designed as a space that integrates arts and sciences. The aquarium has partnered with leading scientific, artistic and cultural organizations to create presentations, performances and discussions that tackle issues including climate change, extreme weather, sea level rise and expanding people's food supply through ocean farming.

Pacific Visions forms a natural extension of the Aquarium of the Pacific's existing facilities. When guests come to see the aquarium's additions, they can also explore beloved educational exhibits and activities that have

» **Clockwise from above: A multimedia art gallery opening at the Aquarium of the Pacific (rendering); a weedy seadragon at Birch Aquarium; the care center at Monterey Bay Aquarium.**

### More California Aquarium Experiences

- The **Aquarium of the Bay**, at San Francisco's Pier 39, highlights the beauty and diversity of Northern California aquatic life, with more than 23,000 marine animals.
- The Frank Gehry-designed **Cabrillo Marine Aquarium** in San Pedro (about 20 miles south of downtown Los Angeles) focuses on the rich diversity of Southern California marine life, with interpretive displays, exhibits and connected research facilities.
- Steps from the water, the **Santa Monica Pier Aquarium**, in the Los Angeles area, has more than 100 local species on exhibit, as well as activities and educational programs.
- In San Francisco's Golden Gate Park, **Steinhart Aquarium at the California Academy of Sciences** hosts more than 38,000 animals and 900 unique species. —J.K.R.





inspired people to visit the aquarium since its founding in 1998.

### Enter the Dragons

Often, the marine life that gets most of the attention at an aquarium is either big and imposing (such as rays and sharks) or photogenic and funny (such as sea lions and sea otters). But sometimes ethereal and funky-looking species can steal the show.

On May 17, **Birch Aquarium at Scripps Institution of Oceanography**, in the San Diego County community of La Jolla, will introduce the new permanent exhibition “Seadragons & Seahorses,” which brings seadragon conservation to the forefront. Home to weedy and leafy seadragons, as well as to several species of seahorses and pipefish, the addition will be one of the largest seadragon exhibits in the world (by tank volume). The total exhibition space is 900 square feet and includes a centerpiece tank that holds 5,375 gallons of water. The exhibit has been designed to create the ideal environment in which to breed leafy seadragons.

Featuring an expanded seahorse nursery that visitors can observe, and a Seadragon Lab, which guests

will also be able to see into, the exhibition will plunge guests into the underwater lives of seahorses and seadragons while giving visitors insight into the work that Birch Aquarium’s Husbandry Team is doing to help these species.

The new exhibition builds on the aquarium’s tradition of providing hands-on displays that detail some of the research discoveries of the renowned Scripps Institution of Oceanography. The institution has greatly expanded what we know about our watery planet and made discoveries relevant to people’s everyday lives.

### Caring for Sea Life

The **Monterey Bay Aquarium**, located seaside in the city of Monterey, has been inspiring ocean conservation for more than 30 years. In November 2018, the aquarium opened its new

Juli Plant Grainger Animal Care Center, which allows the aquarium to better meet the growing needs of its animals and provides the space, tools and technology to expand work with ocean wildlife, particularly shorebirds, seabirds and sea turtles.

To construct the center, the aquarium received community support from the adjacent City of Pacific Grove, as well as contributions from more than 2,000 donors. The center’s cutting-edge diagnostic equipment and technologies assist with urgent-care needs, expand the field of conservation medicine, and provide training opportunities for veterinary students and graduates. Many of these students are from communities that are underrepresented in the veterinary field.

The aquarium’s behind-the-scenes tours have recently been expanded to include the opportunity for a closer look and insight into animal care by stopping in the care center’s anteroom, which has windows looking into two new animal hospital wards. Want to get closer? Details are being determined, but a new guest experience within the center will soon be available. ✈

*Writer Jill K. Robinson guides tours of the California Coast by kayak and stand-up paddleboard. She lives near Half Moon Bay, California.*



CLOCKWISE FROM TOP LEFT: CORAL FILMS / HOWARD HALL PRODUCTIONS; BIRCH AQUARIUM AT SCRIPPS INSTITUTION OF OCEANOGRAPHY; MONTEREY BAY AQUARIUM





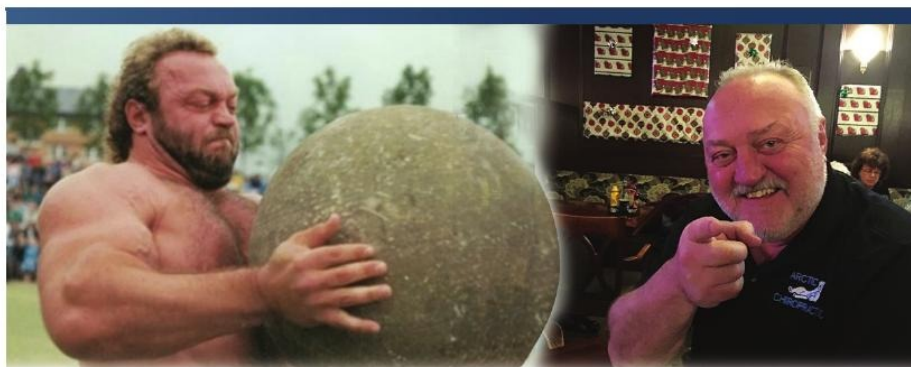
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## A RICH TRADITION

Gold panning is still a mainstay—and a fun activity—in Alaska

By Eric Lucas

» **“Here, let me help.”** Laura Reeves gently takes the tin pan from my hands and, swirling the contents as deftly as a ballerina pirouettes, drains away the pebbly sand to reveal a half-dozen flakes of gold that magically flash like fireflies. Although gold’s sheer weight is what keeps it on the bottom of the pan, the process still requires a light touch, and I am a rank gold-panning amateur.

Reeves is not. She and her sister, Jordan, are the Gold Daughters, members of a multigeneration gold-mining family and owners of a popular, eponymous Fairbanks gold-panning attraction—and thus among the guardians of an Alaska tradition that shines as brightly as gold itself, like the six bits shimmering in my tin pan.

Almost every corner of this vast land has been touched by gold rush history, from the far Southeast panhandle to the beaches of Nome. While the story of Alaska gold is one of arduous effort and dauntless pioneers, the activity can be easily accessed by modern visitors. You’ll most likely find just a few, if any, gold pieces, but panning is an engaging way to experience an iconic aspect of the Great Land’s character.

William Faulkner’s axiom that the past is never past holds true in Alaska, where gold remains a

mainstay of life and business. In the 19th century, Alaska was the main gateway for gold booms in British Columbia and, most famously, the Yukon’s 1890s Klondike rush. Today, the state produces more than 1 million ounces of gold a year, second only to Nevada. The state of Alaska manages roughly 40,000 state mining claims, and Alaska gold miners range from residents working summer-only claims to industrial enterprises—one mine near Fairbanks is named, colorfully, Fort Knox.

“Fairbanks was founded as a gold rush city, but it’s not just history,” says Reeves, whose father has several friends who run gold-mining operations on remote properties. A fair number of Alaskans, Reeves adds, either have their own claims or visit claims owned by the Gold Prospectors Association of America. And she and her sister have often used their pans to prospect on family properties or elsewhere around Fairbanks.

“You’d be surprised at all the places you can find gold in Alaska,” Reeves declares, based on her own experience—adding that it’s, well, inappropriate to ask people exactly where they’ve found gold. “The point is, this heritage is alive and well today.”

Several gold-panning sites across Alaska allow

» Visitors pan for sparkling nuggets, such as those shown top left, at Gold Daughters in Fairbanks.



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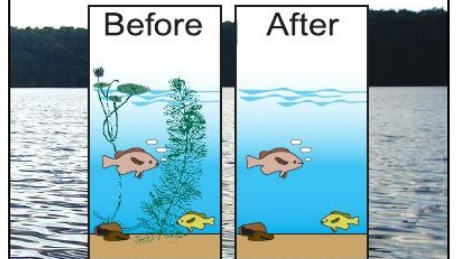


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travelers to try their hands at a simple technique prospectors have used for centuries. Simple but not easy: Despite the hands-on guidance I get from Reeves, my second pan of dirt, filled from the trough in front of me, remains covered in worthless debris.

Nearby, more adroit young panners exclaim in delight at their yield, even though everyone knows the little sack of “pay dirt” included in the price of admission was salted. Visitors interested in trying the real thing can scoop up free buckets of unsalted dirt from nearby piles trucked in from an Interior location.

For an authentic experience southeast of Anchorage in Girdwood, visit Crow Creek Gold Mine, offering mine tours and other excursions that include panning. This still-active claim borders its namesake creek, and visitors are offered pans, buckets, shovels and the advice of knowledgeable guides. To procure their own pay dirt, visitors head up the creek, where, shaded by tall cottonwoods and surrounded by snowmelt cascading from the Chugach Mountains, the scene is much like it was when the area was first prospected in 1890.

As always, Alaskans leaven their endeavors with a unique humor. “You know what leverite is, don’t you?” a greeter at Crow Creek asks while offering a panning demonstration. I shake my head. He grasps a thumb-size



piece of worthless rock—even I can detect that—and pitches it aside. “You take this stone and ‘leave ‘er right’ here.” Guffaws accompany the advice.

While I’ve yet to master the finer points of panning, it’s OK if my entire pan yields “leverite,” because I take home an engaging memory of an iconic Alaska experience as real today as it was a century and a half ago. It’s a treasure worth more than its weight in gold. ✕

» **Many Alaskans still pan for gold in the state’s creeks and rivers.**

## PANNING ADVENTURES

**Alaska Gold & Resort, Nome:** A family vacation to prospect for gold? This resort in the Nome area offers exactly that, with extensive equipment, such as metal detectors, available to guests who stay in solar-powered cabins. Mid-June to mid-September ([akaugold.com](http://akaugold.com)).

**Crow Creek Gold Mine, Anchorage:** Crow Creek’s mess hall is one of the oldest buildings in the Anchorage area, and the site, which is family-owned and -operated, includes several other historical structures and a small museum. Crow Creek is also a unique wedding venue. Mid-May to mid-September ([crowcreekmine.com](http://crowcreekmine.com)).



⚡ **Alaska 360’s Dredgetown, Skagway:** A reconstructed gold dredge from the Yukon’s Klondike region anchors an attraction that includes gold panning and costumed interpreters. May to September ([alaska360.com](http://alaska360.com)).

**Gold Daughters, Fairbanks:** The site includes a small museum and a peerless collection of quirky Alaska signs. Memorial Day to September ([golddaughters.com](http://golddaughters.com)).



⚡ **Gold Dredge 8, Fairbanks:** Visitors learn about the history of gold dredging in the Fairbanks area and then try their hands at panning with sacks of pay dirt. Mid-May to mid-September ([golddredge8.com](http://golddredge8.com)).

**Last Chance Mining Museum; AJ Mine/Gastineau Mill Mine Tour, Juneau:** Visit historical mining sites near Juneau, where Alaska’s first gold rush began in 1880 ([travel-juneau.com](http://travel-juneau.com)). —E.L.





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## NORTHERN OREGON WINE COUNTRY TOURS

Excursions in the Oregon towns of McMinnville, Carlton and Dundee

By Alex Pulaski

» During a winemaker dinner at the exquisite Allison Inn & Spa in Newberg, Oregon, my wife, Mica, and I clink glasses with other diners to celebrate the region's burgeoning wine industry.

Next to me, wine writer Karen MacNeil remarks that she considers the Willamette Valley to be "one of the most exciting wine areas in the United States."

"Oregon has worked so hard since the 1970s to make their wines compelling and undeniable on the world stage," says the best-selling author of *The Wine Bible*.

I share MacNeil's enthusiasm, especially for the Willamette Valley Wine Country, which boasts more than 500 wineries and runs from just south of Portland to south of Eugene.

Few parts of this region are evolving faster than the northern Willamette Valley, an area anchored by McMinnville and the smaller towns of Carlton and Dundee. These three towns—located between 30 and 40 miles southwest of Portland—draw my wife and me back again and again for weekend trips to enjoy



the views, meals and accommodations that are equal to the world-class wines served here.

Recently we visited McMinnville, with its numerous brick buildings and tree-lined streets. The town is said to have more than 250 wineries within a 20-mile radius. In town, my wife and I walk and bike to wine-tasting rooms, including Willamette Valley Vineyards, which features the 2017 Whole Cluster Pinot Noir, a charming fruit-forward varietal.

We also stopped by The Eyrie Vineyards. Eyrie founder and winemaker David Lett was one of the people who helped put Oregon on the world wine map, planting one of the state's first commercial vineyards of Pinot Noir grapes and surprising French winemakers with a third-place finish in an international competition in 1979. Lett passed away in 2008, but his family continues to produce excellent Pinot Noir and Pinot Gris wines.

At the end of the day, Mica and I relaxed at the rooftop bar at McMenamins Hotel Oregon and enjoyed the incomparable view of the area.

Less than 10 miles north of McMinnville is

» Clockwise from left: Carlton's landmark grain elevator greets visitors to town. The Allison Inn & Spa is a popular area retreat. Vineyards surround the Domaine Drouhin winery in the Dundee Hills. Flâneur Wines will open a new tasting room this summer in the Carlton grain elevator.

the bucolic town of Carlton, which has more than 20 wine-tasting rooms in the downtown area. Among them is Carlton Cellars, which sells tasty Pinot Noirs and white wine varietals, including Pinot Blanc and Pinot Gris. The small tasting room leads right into the winery's barrel room, a great spot to sip wine and learn how oak affects both taste and price. Another favorite place is Cana's Feast Winery, specializing in lesser-known grape varietals, including Barbera and Sangiovese.

In 2003, acclaimed local winemaker Ken Wright made a handshake deal with a Carlton businessman to purchase part of the town's small business district, including two imposing grain towers and several red-brick buildings.





The deal's cornerstone was that Wright would agree to preserve the old structures.

Wright and his wife, Karen, have been major players in Carlton's revival ever since, working to pass zoning laws aimed at preserving the town's architectural character, with its many storefronts and brick buildings.

They have also renovated the city's former railroad depot into the stylish tasting room for Ken Wright Cellars, which specializes in creating wonderful single-vineyard Pinot Noir wines from 13 different vineyard sites.

The Wrights have partnered with other business owners on local projects such as The Winery Lofts, a group of apartmentlike hotel rooms that visitors can rent. The rooms are located on Main Street. A block away is The Horse Radish restaurant, one of our favorite wine-country stops for a sandwich or cheese plate. Also in the area is the wonderful Carlton Bakery, where we often buy fresh, steaming-hot baguettes. Work is underway to convert one of the downtown grain elevators into a tasting room and garden patio for Flâneur

Wines. Currently, the winery has opened a tasting room next to the elevator. Wright sold the grain elevators to the winery's owner, Marty Doerschlag, in 2013, and the new tasting room is expected to open this summer.

In the hills outside of Carlton are dozens of delightful wineries. One of our best new finds has been the renovated farmhouse that is home to Dominio IV Wines, just east of Carlton, where we've sampled great Pinot Noirs, a Viognier and a Grenache blend.

"My dad said when he would drive through Carlton in the 1970s that it was a boarded-up lumber town," Patrick Reuter, winemaker and co-owner of Dominio IV, told me during a visit. "Now you can see the evolution happening, the life running through the community."

A variety of wineries between Carlton and Dundee boast views of this spectacular landscape of rolling hills. Three standouts are Anne Amie Vineyards, Stoller Family Estate and Domaine Drouhin Oregon. All three wineries are known for their excellent Pinot Noirs.

Anne Amie also serves top-quality Pinot Gris

and Pinot Blanc wines. Stoller makes Chardonnays and refreshingly dry Pinot Noir Rosés, and Domaine Drouhin has Chardonnays that are known for their bright and crisp acidity.

The nearby community of Dundee offers a number of world-class wineries, including Élevée Winegrowers, located just to the north-west of town. For the past decade, owners Tom and France Fitzpatrick have tended the 5-acre vineyard that surrounds their home, and have now opened a small tasting room on the property. On weekends they welcome visitors to explore their garden while sipping a glass of single-vineyard Pinot Noir or Riesling. The Fitzpatricks are gracious hosts, treating new visitors like long-lost friends.

In Dundee, you'll find some of the region's best restaurants, including the Red Hills Market, with its wood-fired specialties, and The Dundee Bistro, serving delicious dishes such as pork loin, and linguine and prawns.

Not long ago, we visited Angela Estate tasting room, where General Manager Jessica Endsworth showed us samples of soil from the winery's vineyard and surrounding areas. She explained how different soils affect the development of the vines, giving the wines a distinctive fruit profile, supple tannin, voluptuous mouthfeel and ample baking spice character.

She offered us some soil to take home. We passed on the soil but, along with several superb bottles of wine, left with more warm memories of Willamette Valley wine country. ✈

*Alex Pulaski writes from Portland, Oregon.*





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## ARTISANAL TRENDSETTER

Elephants Delicatessen celebrates its 40th anniversary

By Susan G. Hauser

» In the early 1960s, Portland native Elaine Tanzer made a decision that would help bring about a food revolution in her hometown. The Portland State University student signed up for a study-abroad program in Italy.

Tanzer spent a year in the Northern Italian town of Pavia, which introduced her to a *dolce vita* of drinking fresh-brewed espresso, enjoying an array of cheeses and wines she had never heard of before, and eating tasty foods that brought her palate to life.

“I just wanted to live that way,” Tanzer says of her time in Italy.

To follow her dream, Tanzer founded the Portland institution Elephants Delicatessen in April 1979, filling it with all the wonderful foods she enjoyed in Europe. She would order fresh cheeses from Paris that would be airfreighted directly to the deli, which began as a cozy space in the Uptown Shopping Center in West Portland. In the deli’s tiny kitchen, Tanzer and her staff cranked out fresh pasta, baked baguettes and artisanal breads and crafted their own fresh pesto. She also bought a contraption called an illy espresso machine, making Elephants among the first places in Portland to serve espresso coffee drinks.

“I knew there was a lot of stuff available that we in Portland didn’t have, and zillions of cheeses that we didn’t have,” she remembers.

“It was fun bringing it all in.”

With seven (soon to be eight) locations throughout the Portland area, Elephants remains a local trendsetter and tastemaker. Tanzer also has helped promote local food artisans and their products, including the Jacobsen Salt Company and Ruby Jewel, the gourmet ice cream company. Both firms have benefited from the collaboration, as well as the opportunity to introduce their now hugely successful products at the deli.



» Clockwise from top: Elephants Delicatessen is filled with goods from around the world. An employee shows off the store’s bakery treats. Tomato orange soup is a longtime deli favorite.



In the 1980s, Tanzer hired Portland chef and restaurateur Scott Weaver, whose wife, Anne, was then Elephants’ store manager and is now the company’s CEO. Anne Weaver says her husband was drawn to Elephants by the idea of being able to work with “a playground of foods.” Since then, he has created about 5,000 original recipes for the deli, including one of the all-time customer favorites—Elephants’ tomato orange soup (the recipe is at [elephantsdeli.com/tomato-orange-soup-recipe](http://elephantsdeli.com/tomato-orange-soup-recipe)).

Tanzer, who is still the deli’s owner, remains active in the business by tracking food trends and identifying new foods and products for Elephants to sell.

As a special 40th-anniversary treat, the Ruby Jewel shops and Elephants Delicatessen locations will be selling tomato orange soup ice cream beginning in July. The dessert honors the store that has played a pivotal role in the development of the city’s nationally recognized food scene. ✕





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## TIMBERS' TIME

Portland's MLS team plans another run for the Cup

By Jim Moore

» **The Portland Timbers** impressed many soccer fans with their performance in the 2018 MLS playoffs. After finishing fifth in the Western Conference during the regular season last year, the Timbers advanced to the MLS Cup championship match, losing to Atlanta United 2-0.

Starting the 2019 season with clear title hopes, the Timbers essentially kept the same roster and just bolstered the team in a few select spots. The main moves included acquiring experienced French defender Claude Dielna, adding Paraguayan veteran Jorge Moreira at right back, and signing young Slovenian Aljaž Ivačič to add depth at goalkeeper.

The Timbers are still in search of what may be the final piece—a goal scorer up front to complement the team's midfield play from 2017 league MVP Diego Valeri (10 goals, 12 assists in 2018) and rising star Sebastián Blanco (10 goals, 11 assists). Team members are also dealing with the \$85 million transformation of their home pitch, Providence Park, to be completed June 1. That means the Timbers will play the season's first 12 matches on the road. The upside is that they will play 11 of their final 12 games of the regular season in the remodeled home park. Alaska Airlines is the Timbers' official airline and jersey sponsor. ✕



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Your overview of the Alaska experience.

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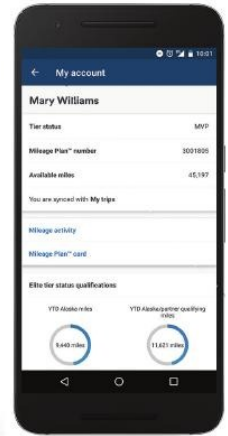


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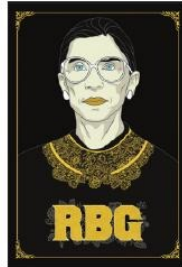
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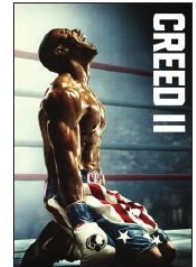
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Our new travel show lets you explore the best of our destinations. Each episode highlights a different city and features little-known facts, along with essential information about attractions, restaurants and accommodations.

Where We Fly is produced in cooperation with In-Flight Media Associates.

Start watching today at [AlaskaWiFi.com](http://AlaskaWiFi.com) or via the seatback screen (on select flights).

## Like our tunes?

### THIS MONTH'S BOARDING MUSIC PLAYLIST:

| Artist           | Song                     |
|------------------|--------------------------|
| Teleman          | <i>Between the Rain</i>  |
| machineheart     | <i>Do You Love</i>       |
| Steven A. Clark  | <i>Feel This Way</i>     |
| Steady Holiday   | <i>Love and Pressure</i> |
| Big Wild         | <i>Maker</i>             |
| CHVRCHES         | <i>Graffiti</i>          |
| Wild Nothing     | <i>Letting Go</i>        |
| Mt. Joy          | <i>Jenny Jenkins</i>     |
| Tender           | <i>Closer Still</i>      |
| The Lumineers    | <i>Ho Hey</i>            |
| Molly Burch      | <i>Wild</i>              |
| E.B. The Younger | <i>Used To Be</i>        |

## Forgot your earbuds?

We've got a stylish pair of reusable earbuds available for just \$3. They're yours to keep and use for future flights, at the gym or wherever you enjoy your music and podcasts.

**Pro tip: Keep a backup set of earbuds in every backpack or carry-on. That way, if you forget your favorites, you're not totally without your jams.**



\* Compared to other U.S. airlines as of Dec. 2018. Movies are available to stream to guests' own devices, on flights with Gogo Entertainment.



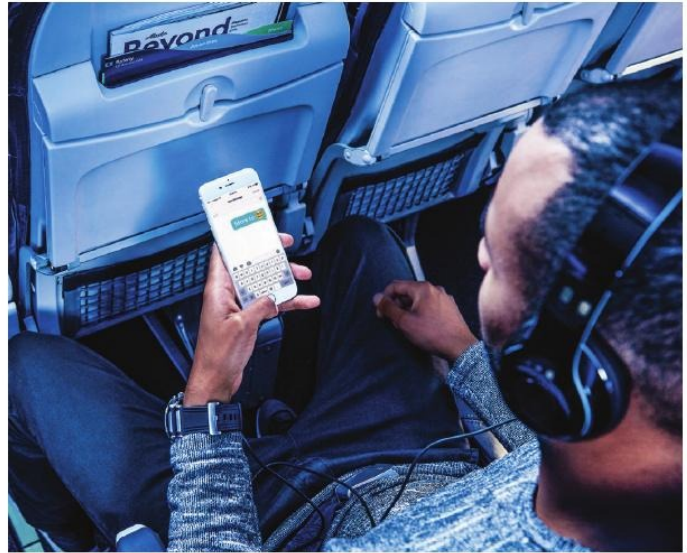
---

## You're now cleared for text-off.

Never miss a thing when you can text for free using Wi-Fi. Text your friends from your smartphone using iMessage, Facebook Messenger and WhatsApp. Please keep in mind:

- Free texting is for text-based messages only. Photos and video are not supported.
- Both you and your recipient must have one of the compatible apps.
- Free texting is available only on flights with Gogo or Viasat Inflight Internet.

Inflight, go to [AlaskaWiFi.com](http://AlaskaWiFi.com) to get started.



---

## Go online.

Inflight internet is available on all of our Airbus, Boeing and Embraer aircraft.

### TIPS FOR MAKING THE MOST OF INFLIGHT WI-FI:

It's great to be able to stay connected while you fly, but inflight Wi-Fi is different from the Wi-Fi you may be used to.

- Work smarter. Use webmail instead of Outlook to check your inbox. You never know what large files might be lurking in there.
- Wait to send that TPS report. Large attachments can slow things down: avoid sending while in air.
- Bookmark or favorite [AlaskaWiFi.com](http://AlaskaWiFi.com) to quickly access inflight internet.
- Huh? Live Help is available on flights within the coverage area. FAQs are at your fingertips on all flights.

---

## Rent one of our premium entertainment tablets.

On many of our longer flights, you can rent one of our inflight entertainment tablets featuring the newest movies onboard, plus recent hits. Each tablet is preloaded with 25 to 30 movies (depending on the month), plus TV shows, Xbox games and music. Tablets are free in First Class, and available to rent for \$10.\*



### NEW MOVIES ON THE TABLET:



**Mary Poppins Returns**



**Creed II**



**Welcome to Marwen\*\***



**Mortal Engines\*\***



**The Hate U Give**

\* Flights that offer our tablet include all flights to/from Hawai'i, and flights to/from Boston, Baltimore, Fort Lauderdale, New York, Orlando, Philadelphia, Tampa and Washington, D.C. Tablets are not offered on aircraft with seatback screens.

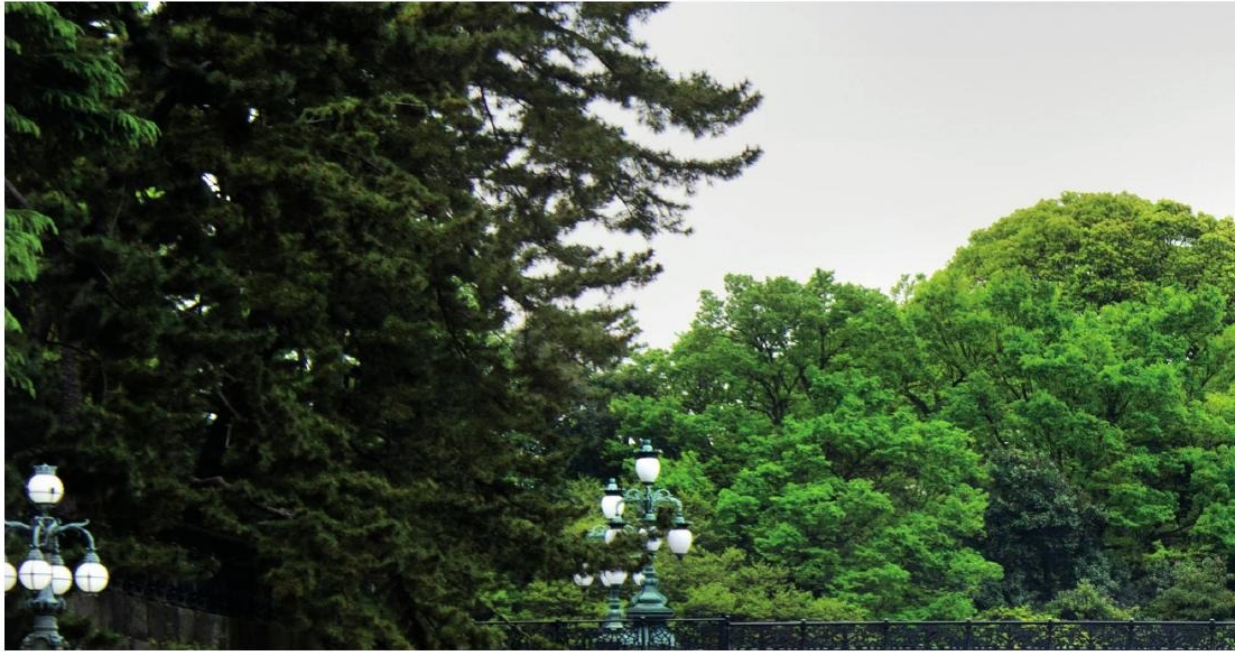
\*\* Available on tablets only.



# Alaska Airlines Mileage Plan™

Welcome to a world of rewards.

Earn miles on hotel stays, car rentals, and everyday purchases, too.



See the world and earn miles doing it.

Earn or redeem miles on every Alaska flight and flights to more than 900 destinations worldwide with our airline partners.

**Alaska**  
GLOBAL PARTNERS



The more you fly, the richer the rewards.

Partner miles flown also count toward elite status qualification.\*

## MVP

(20,000 miles flown on Alaska)

- Priority check-in
- Two free checked bags
- Eligible for complimentary First Class upgrades\*\*
- 50% bonus miles and more

## MVP GOLD

(40,000 miles flown on Alaska)

All MVP® benefits, plus:

- Waived ticket change fees on Alaska\*\*
- Four annual guest upgrades
- 100% bonus miles and more

## MVP GOLD 75K

(75,000 miles flown on Alaska)

All MVP Gold benefits, plus:

- Four Alaska Lounge day passes
- 125% bonus miles and more
- Complimentary inflight entertainment player, when available.

\*Miles flown on PenAir and Ravn do not count toward elite status qualification.

\*\*Saver Fares (booked in X class of service) are not eligible for elite upgrades or waived change fees.





IMPERIAL PALACE, TOKYO  
JAPAN AIRLINES

## Get more than just miles.

Get a **40,000 bonus mile** offer, Alaska's Famous Companion Fare™ offer, a free checked bag, and more.

- **Earn 3x miles** on eligible Alaska Airlines purchases.
- **Earn 1 mile** per dollar spent on all other purchases.



**Cardholder perk:** There's no limit to the number of miles you can earn.

## Apply now with an employee before wheels down, or at [AlaskaOffer.com](http://AlaskaOffer.com)

The benefits described herein are subject to certain restrictions, limitations and exclusions. For more information about rates, fees, other costs and benefits of this credit card, or to apply, see an Alaska employee or visit [AlaskaOffer.com](http://AlaskaOffer.com) and refer to disclosures accompanying the application. This credit card program is issued and administered by Bank of America, N.A. Visa and Visa Signature are registered trademarks of Visa International Service Association and are used by the issuer pursuant to license from Visa U.S.A., Inc. ©2019 Bank of America Corporation

## Big adventures using your miles.

Book one-way award travel within the continental United States and Canada starting at just 5,000 miles.\*

| Starting price* | Distance each way                | Sample routes          |
|-----------------|----------------------------------|------------------------|
| 5,000 miles     | Less than 700 miles (intrastate) | San Jose–Orange County |
| 5,000 miles     | Less than 700 miles              | Seattle–San Francisco  |
| 7,500 miles     | 701 to 1,400 miles               | Los Angeles–Portland   |
| 10,000 miles    | 1,401 to 2,100 miles             | Portland–Chicago       |
| 12,500 miles    | More than 2,101 miles            | New York–Seattle       |

\* Plus taxes and fees from \$5.60 each way. Award availability and pricing may vary.

Join today and start getting rewarded. [alaskaair.com/mileageplan](http://alaskaair.com/mileageplan)

NEW

## Need a Place to Stay?

You can now use Mileage Plan miles to stay at more than 400,000 hotels worldwide with [alaskaair.com/hotels](http://alaskaair.com/hotels)

Visit [alaskaair.com](http://alaskaair.com) to explore all the ways to use miles.



# Mileage Plan gives you the world

## Earn and redeem your Alaska Airlines miles to more than 900 destinations worldwide.

Find tips on how to earn and use miles on our global partners at [blog.alaskaair.com/mileage-plan](http://blog.alaskaair.com/mileage-plan).



Explore more with Mileage Plan.



**Bangkok, Thailand**  
Japan Airlines



**Paris, France**  
Condor





**LEGEND**

- International partner hubs
- Partner destinations



**Bogotá, Colombia**  
LATAM Airlines

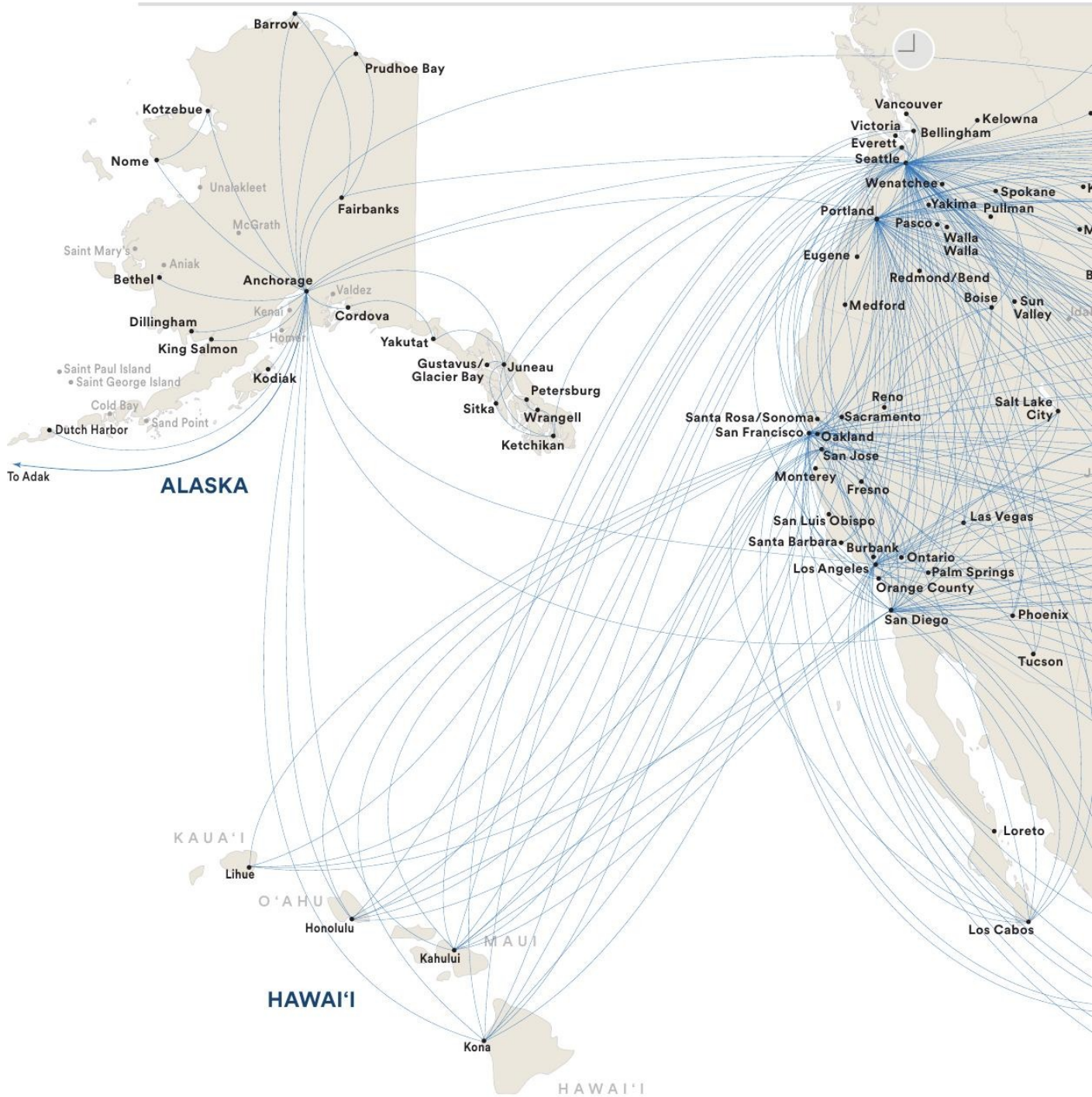


**Hong Kong, China**  
Cathay Pacific



# Where we fly

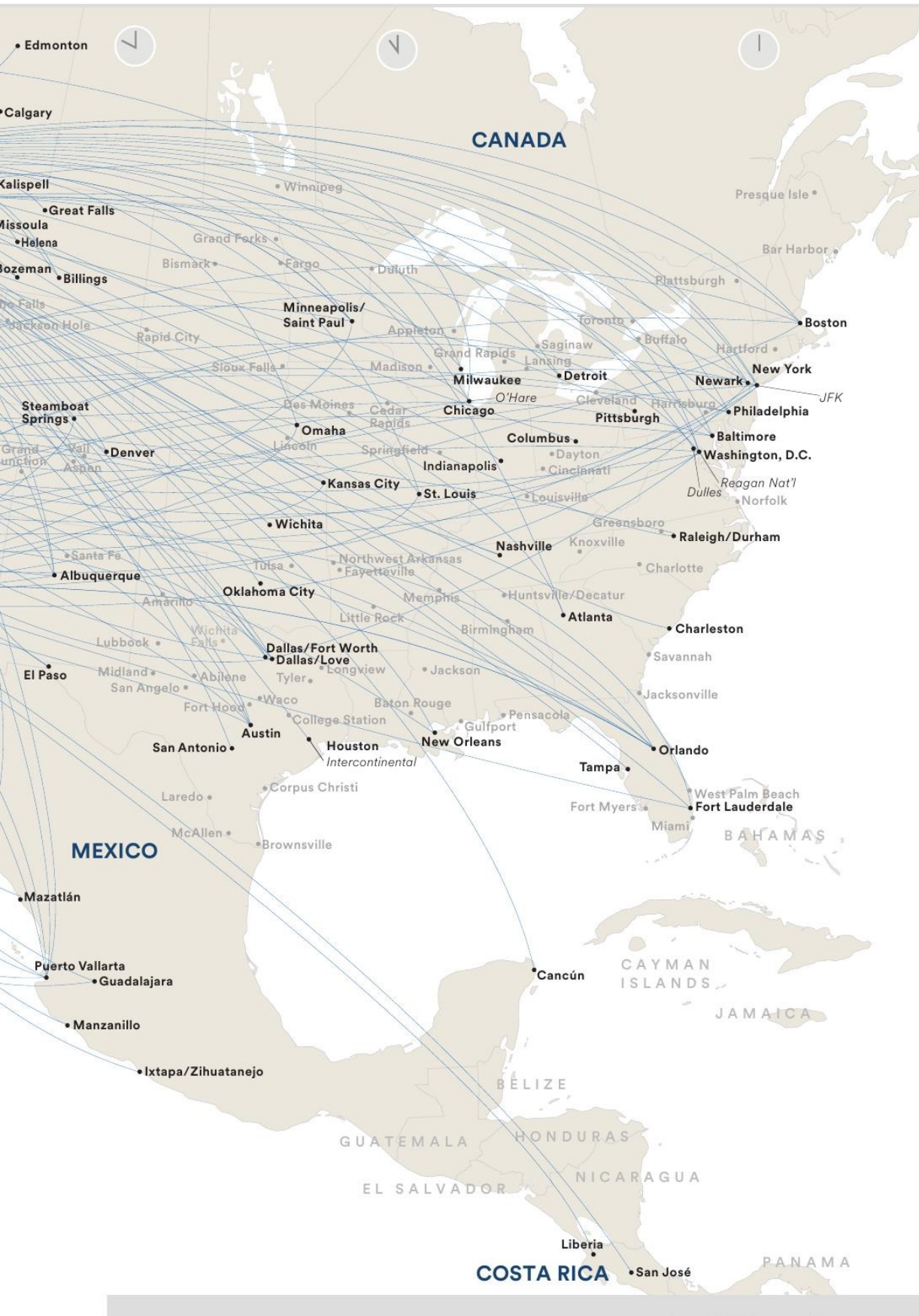
## 115+ destinations and counting.



### LEGEND

- Destinations
- Partner destinations
- Alaska Airlines routes





Some Alaska Airlines service operated by Horizon Air or SkyWest Airlines.

Some routes shown operate seasonally.



# Airport terminal maps

## SEA Seattle/Tacoma International Airport

- i Tip:** Connecting to an Alaska Global Partner? You'll need to take the shuttle train to the South Loop Train to get to the S gates.
- i Tip:** The Concourse C train stop is closed. When connecting with N Gates, use the D Concourse train stop.
- i Tip:** Our new Alaska Lounge is open in the C Concourse.



## PDX Portland International Airport



- i Tip:** Heads up: We fly out of more than one terminal at SFO, please check your boarding pass to ensure you arrive at the correct gate.

## SFO San Francisco International Airport

- i Tip:** Alaska Lounge members have access to the Cathay Pacific Lounge at SFO when traveling on Alaska.



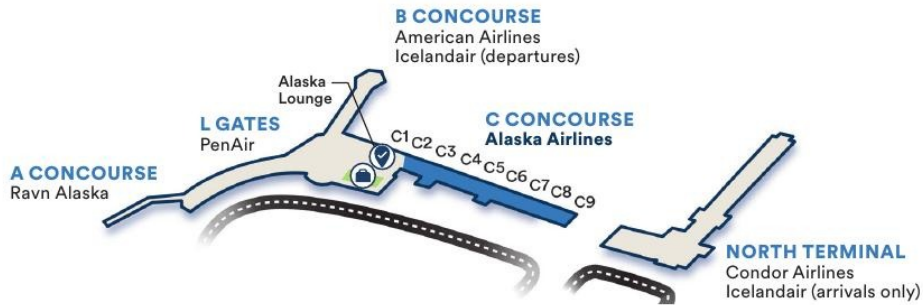


- Legend: Lounge Alaska Airlines check-in Public transportation  
 Dining Options Airport transportation Underground walkway

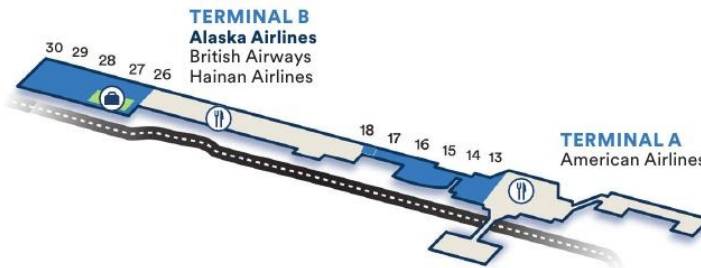
## LAX Los Angeles International Airport



## ANC Anchorage International Airport



## SJC San Jose Mineta Airport



## SAN San Diego International Airport



**NEW**

Alaska Airlines has moved all SAN operations to Terminal 2 East. Alaska now occupies Gates 20, 21, 22, 24, 26 and 28, with Gates 30 and 32 available as alternates.



# Customs and immigration

Please use all capital letters with blue or black ink.

Por favor use letra mayúscula en tinta azul o negra.

Global Entry is a U.S. Customs & Border Protection program that offers expedited customs entry with no processing lines, no paperwork, TSA Pre✓® eligibility and access to expedited entry in other countries. Apply at [www.cbp.gov](http://www.cbp.gov).

The image shows a digital form titled 'Customs Declaration' for Mexico. It includes fields for 'Family Name', 'First Name', 'Sex', 'Date of Birth', 'Country of Residence', and 'Country of Birth'. Below these are several 'Yes/No' questions regarding travel history, health, and items being carried. At the bottom, there is a section for 'Value' and a checkbox for 'I have made a Mexican Declaration'.

Customs and Immigration forms are distributed by flight attendants during your flight. Prior to landing, complete all forms that pertain to you, following the tips below. Completed forms are presented immediately upon entering the International Arrivals building.

Las formas de Aduana y Migración son distribuidas por los sobrecargos durante el vuelo. Antes del aterrizaje en su destino final complete las formas correspondientes usando las indicaciones que se proporcionan a continuación. Las formas completas serán presentadas en la Terminal Internacional.

## TO THE UNITED STATES PASSPORT CONTROL KIOSKS

Automated Passport Control kiosks expedite the entry process. Eligible travelers scan their passport, take a photograph and answer a series of questions at the kiosk. Once complete, present the printed receipt from the kiosk to a Customs Officer.

### Helpful tips

- Only citizens or nationals of the U.S., Canada or Visa Waiver Program countries are eligible to use the kiosk.
- Customs declaration forms are unnecessary.
- Kiosks available in Los Angeles (LAX), Portland (PDX), San Diego (SAN), San Francisco (SFO) and Seattle (SEA).

## U.S. CUSTOMS DECLARATION

All travelers to cities without Passport Control kiosks must complete this form.

### Helpful tips

- One form per person or one per family (family defines those in the same household who are related by blood, marriage, domestic relationship, or adoption).
- Lines 5, 6—If not using a passport, leave these lines blank.
- Line 9—Enter “AS” for Alaska Airlines
- Sign at the “X.”

## QUIOSCOS DE CONTROL DE PASAPORTES

Kioscos automatizados de control de pasaportes acelerar el proceso de entrada y se encuentran en muchas ciudades servidas por Alaska Airlines. los viajeros elegibles escanear el pasaporte, tomar una fotografía y contestar una serie de preguntas en el quiosco. Una vez completa, presentar el recibo impreso en el quiosco a un oficial de aduanas.

### Datos de ayuda

- Sólo los ciudadanos o nacionales de los países del Programa de Exención de Estados Unidos, Canadá o Visa son elegibles para utilizar el quiosco.
- Formularios de declaración de aduanas son innecesarias.
- Kioscos disponibles en Los Ángeles (LAX), Portland (PDX), San Diego (SAN), San Francisco (SFO) y Seattle (SEA).

## DECLARACION DE ADUANA

Los viajeros a ciudades sin quioscos de control de pasaportes deben completar este formulario.

### Datos de ayuda

- Una forma por persona o por familia con la misma dirección.
- Línea 5, 6—Si no tiene pasaporte, deje esta sección en blanco.
- Línea 9—Use “AS” para Alaska Airlines.
- Firme en la “X.”

## INTERNATIONAL TRAVEL TIPS TO MEXICO

- All travelers must complete a Mexico Customs Declaration form; one per traveler or family with same address.
- All travelers, except for citizens of Mexico, must complete the FMM; one per traveler or family.

## TO COSTA RICA

- All travelers must complete a Customs Declaration form; one per traveler or family.
- All travelers must complete an Immigrations Form; one per person.
- Costa Rica requires a \$29 departure tax for each traveler. For tickets purchased before June 1, 2016, pay fee prior to check-in with Alaska Airlines at the service centers in terminal check-in area. The fee is included in the price of tickets purchased after June 1, 2016.

## CONSEJOS DE VIAJE INTERNACIONALES A MEXICO

- Todos los viajeros deben completar un formulario de declaración de aduanas México; uno por cada viajero o familia con la misma dirección.
- Todos los viajeros, excepto para los ciudadanos de México, deben completar la FMM; uno por cada viajero o familia.

## A COSTA RICA

- Todos los viajeros deben completar un formulario de declaración de aduanas; uno por cada viajero o familia.
- Todos los viajeros deben completar un formulario de Inmigración; una por persona
- Costa Rica requiere un impuesto de salida de \$29 para cada viajero. Para los boletos comprados tarde del 1 junio, 2016, pagar la cuota antes de check-in con Alaska Airlines en los centros de servicio en el área de registro de entrada en el terminal. La tarifa está incluido en el precio de los boletos comprados el 1 de junio 2016.



# Your safety and comfort

## SEATS

- Seat belts must be fastened whenever the “FASTEN SEAT BELT” sign is on. Keep your seat belt fastened at all other times when seated, in case of rough air.
- Seatbacks and tray tables must be in the upright, locked position during taxi, takeoff and landing.
- Seat-belt extenders are not allowed in exit rows. They can tangle and obstruct access to exit doors.

## CARRY-ONS

- All carry-on bags must be placed under a seat or in an overhead bin for takeoff and landing.
- Prior to takeoff and landing, service items provided by our inflight team must be picked up.

## LAVATORY

- Guests are requested to use the lavatory in their assigned cabin.

## PETS

- Pets must remain in carrier for entire flight. Carrier must be stowed for taxi, takeoff and landing.

## CREW AND GUEST SAFETY

- Under federal law, no person may assault, threaten, intimidate or interfere with crew members in the performance of their duties aboard an aircraft. Penalties for crew interference include fines up to \$11,000, imprisonment or both. An incident report may be filed with the FAA regarding a guest’s behavior.
- We respect the privacy and well-being of our guests and employees. We do not tolerate inappropriate verbal, digital or physical conduct of any kind, including sexual harassment, invasive photography, and assault. Please report unwelcome behavior to an employee immediately. Any crime committed onboard is considered a federal offense.

## TRAVELING WITH INFANTS AND CHILDREN

- To be used onboard, your child-restraint system must conform to all applicable federal motor vehicle-safety conditions, and the restraint must be certified for use in motor vehicles and aircraft with an FAA-approval sticker.
- Some restrictions for child-restraint systems apply based on seat locations and flight numbers. Visit <http://bit.ly/InfantTravel> for details.

## ALCOHOL AND TOBACCO

- Alcohol may not be consumed aboard an aircraft unless it has been provided by a flight attendant. No alcohol may be served to any person who appears to be intoxicated, or who is under 21 years of age.
- Guests are expected to drink responsibly and behave in a safe and respectful manner at all times.
- Smoking, chewing tobacco and electronic cigarette use are not permitted on any Alaska Airlines flight.

## DEVICES

- During taxi, takeoff and landing, larger electronic devices, such as laptops, must be stowed.
- Cellphones may be used while the boarding door is open until advised by your flight attendant that cell service must be turned off. Upon landing, your flight attendant will advise when cell service can be enabled.
- During flight, electronic voice communications of any kind (e.g., cell, FaceTime, Skype) are prohibited.
- Headphones must be worn when using electronic devices such as personal music players, Inflight Entertainment Tablets, handheld games, etc.

## OTHER PROHIBITED ITEMS

- We prohibit the use of items that do not meet FAA Regulations or Company regulations. This includes the use of seat-belt extensions not provided by Alaska Airlines, devices that restrict the recline of seats, self-heating meals or beverages, air filters placed on overhead vents and personal air-purifying devices.

## USING YOUR DEVICES

We know use of your electronic devices is important, and we’ve adjusted our procedures to give you more time with those devices.

### Allowed on the ground and in the air

- Laptops (must be stowed for taxi/takeoff/landing)
- Tablets/smartphones (Airplane Mode after door closure)
- Wireless mouse/keyboard
- e-readers
- Media/CD/DVD players
- Noise-canceling and Bluetooth headphones
- Cellphones (prior to door closure only)

### Not allowed during flight

- Voice calls of any kind, including VoIP
- Devices with cell service enabled
- AM/FM radios or TVs
- Personal air purifiers
- Remote-control toys
- Electronic cigarettes

The Federal Aviation Administration (FAA) and Alaska Airlines have set these rules and regulations to assure your safety and comfort.

## CONTACT US

Customer care:  
800.654.5669  
(Mileage Plan, Customer Care)

Toll-free reservations:  
Within the U.S. and Canada:  
800.ALASKAAIR  
(800.252.7522)  
(TTY 800.682.2221)  
[alaskaair.com](http://alaskaair.com)

En Español:  
800.858.5525  
From Mexico:  
001.800.252.7522

Alaska Airlines Vacations:  
844.762.0087  
[vacations.alaska-air.com](http://vacations.alaska-air.com)



# PLUSES AND MINUSES

**ACROSS**

- 1 Patrolmen
- 5 Breathing sound
- 9 Andean tubers
- 13 Taj Mahal's site
- 17 King of the Huns
- 18 Hebrew measure
- 19 Wan
- 20 Runner Bolt
- 21 Plus: abundance
- 23 Plus: parade
- 25 Noisy snakes
- 26 Mitt
- 28 Japanese religion
- 29 Agrees
- 30 Stop
- 31 Your, to Jacques
- 32 Snitch
- 33 Fog
- 34 Priests
- 38 Small drinks
- 41 Drone's home
- 44 Dens
- 45 \_\_\_\_\_ roll
- 47 Craggy peak
- 48 \_\_\_\_\_limits
- 49 Type measures
- 50 Breeze
- 51 Judge Lance \_\_\_\_\_
- 52 Minus: unburdening place
- 58 Singer Brickell
- 59 Brightness
- 61 \_\_\_\_\_Barbera
- 62 Voids
- 64 Join forces
- 65 Around
- 66 Former French coin
- 67 Missing part
- 69 Crazy state
- 70 One who digresses
- 73 Not in favor
- 74 Plus: expert player
- 77 \_\_\_\_\_ Got a Secret
- 78 Comedy piece
- 79 Mature
- 80 Joan of \_\_\_\_\_
- 81 Grease
- 82 However, shortly
- 83 Fake
- 85 Mollusk
- 88 Artist Warhol
- 89 Breathing tube
- 91 Sidewalk edge
- 92 Sandwich meat
- 94 Mideastern initials
- 95 Capital of Vietnam
- 96 Allocates, medically
- 100 Poem verse
- 103 Famed barbarian
- 104 Obtain extra coverage for
- 105 Minus: act of yielding
- 107 Minus: befuddlement
- 108 Regularly
- 109 Hooked on
- 110 Party thrower

|     |     |     |    |    |    |    |    |     |    |    |    |    |    |     |    |    |    |    |     |    |
|-----|-----|-----|----|----|----|----|----|-----|----|----|----|----|----|-----|----|----|----|----|-----|----|
| 1   | 2   | 3   | 4  |    | 5  | 6  | 7  | 8   |    | 9  | 10 | 11 | 12 |     | 13 | 14 | 15 | 16 |     |    |
| 17  |     |     |    |    | 18 |    |    |     |    | 19 |    |    |    |     | 20 |    |    |    |     |    |
| 21  |     |     |    | 22 |    |    |    |     |    | 23 |    |    | 24 |     |    |    |    |    |     |    |
| 25  |     |     |    |    |    |    |    | 26  | 27 |    |    |    |    | 28  |    |    |    |    |     |    |
| 29  |     |     |    |    |    |    |    | 30  |    |    |    |    |    | 31  |    |    |    |    |     |    |
|     |     |     | 32 |    |    |    |    | 33  |    |    |    | 34 | 35 |     |    |    | 36 | 37 |     |    |
| 38  | 39  | 40  |    |    | 41 | 42 | 43 |     |    |    | 44 |    |    |     |    |    | 45 |    | 46  |    |
| 47  |     |     |    |    |    | 48 |    |     |    |    | 49 |    |    |     |    | 50 |    |    |     |    |
| 51  |     |     |    | 52 | 53 |    |    |     |    | 54 | 55 | 56 |    |     | 57 |    | 58 |    |     |    |
| 59  |     |     | 60 |    |    |    |    | 61  |    |    |    |    |    | 62  | 63 |    |    |    |     |    |
|     |     | 64  |    |    |    |    |    | 65  |    |    |    |    |    | 66  |    |    |    |    |     |    |
| 67  | 68  |     |    |    |    |    | 69 |     |    |    |    |    | 70 |     |    |    |    | 71 | 72  |    |
| 73  |     |     |    |    |    | 74 | 75 |     |    |    |    | 76 |    |     |    |    | 77 |    |     |    |
| 78  |     |     |    |    |    |    | 79 |     |    |    |    |    | 80 |     |    |    |    | 81 |     |    |
| 82  |     |     |    |    | 83 | 84 |    |     |    |    | 85 | 86 |    |     |    | 87 |    | 88 |     |    |
|     | 89  |     |    | 90 |    |    |    |     |    | 91 |    |    |    |     | 92 | 93 |    |    |     |    |
|     |     |     | 94 |    |    |    |    |     |    | 95 |    |    |    |     | 96 |    |    | 97 | 98  | 99 |
| 100 | 101 | 102 |    |    |    |    |    | 103 |    |    |    |    |    | 104 |    |    |    |    |     |    |
| 105 |     |     |    |    |    |    |    | 106 |    |    |    |    |    | 107 |    |    |    |    |     |    |
| 108 |     |     |    |    |    |    |    | 109 |    |    |    |    |    | 110 |    |    |    |    | 111 |    |
| 112 |     |     |    |    |    |    |    | 113 |    |    |    |    |    |     |    |    |    |    | 115 |    |

**DOWN**

- 1 *It's a Wonderful Life* director
- 2 Alternates, in Seville
- 3 Connives
- 4 Sieves
- 5 \_\_\_\_\_ stone
- 6 Moslem princes
- 7 Tolstoy and Durocher
- 8 Seabird
- 9 Go against
- 10 Whittle
- 11 Healing plant
- 12 Dry
- 13 St. Francis of \_\_\_\_\_
- 14 Increase
- 15 Public melee
- 16 Part of A.D.
- 20 Theater workers
- 22 Arm bone
- 24 Poly closer
- 26 Equipment
- 27 Slow
- 30 Irritate
- 34 Showy flower
- 35 Marge's girl
- 36 Minus: heat transfer
- 37 Slow mover
- 38 Mix
- 39 Bit
- 40 Plus: manufacture
- 42 \_\_\_\_\_ de Leon
- 43 Uncertain
- 44 Ms. Helmsley
- 46 Copies
- 50 Medicinal plant
- 52 Abel's brother
- 53 Ready to be served
- 54 Gleam

- 55 Indian garments
- 56 Old Peruvians
- 57 Baby bug
- 60 Greenland native
- 63 Brad
- 65 Bistros
- 66 Fight with swords
- 67 Newest
- 68 Egyptian symbols of life
- 69 Big shot
- 70 Hamlet
- 71 Roman bard
- 72 Depend
- 75 Fury
- 76 Metrical feet
- 83 Shameless
- 84 Gumbo pods
- 85 Moon, in Milano
- 86 Steel source
- 87 Savings banks, e.g.
- 88 Accumulated
- 90 Pound parts
- 91 Is unable to
- 93 Japanese aborigine
- 95 Scornful shouts
- 96 Edgy
- 97 Father \_\_\_\_\_ Sarducci
- 98 Eat away
- 99 Mexican mister
- 100 Highlander
- 101 Soybean curd
- 102 Stake
- 103 French movie
- 104 Large crucifix
- 106 Bro, e.g.
- 107 Frat letter

**SOLUTION ON PAGE 206.**



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Code: **PUBAKFP419**

Limit one Free Play redemption per guest per month. Not to be combined with other publications, promotional offerings and holidays. Alteration, duplication, or unauthorized use voids this offer. Must be or become a Players Club member to participate. Membership is free! Offer expires April 30, 2019. Free Play may not be available on all machines. For Free Play limitations, rules and details, see Players Club. Promotions are subject to change without notice. Management reserves all rights.



### LADDERGRAM

First, write the word that fits the first definition into space 1. Then drop one letter and rearrange the remaining letters to form the answer to definition 2. Drop one more letter, rearrange and get the answer to definition 3. Put the first dropped letter into the box to the left of space 1 and the other dropped letter into the box next to space 3. When you have correctly solved the puzzle, the dropped letters on the left and right, when read down, will spell out related words.

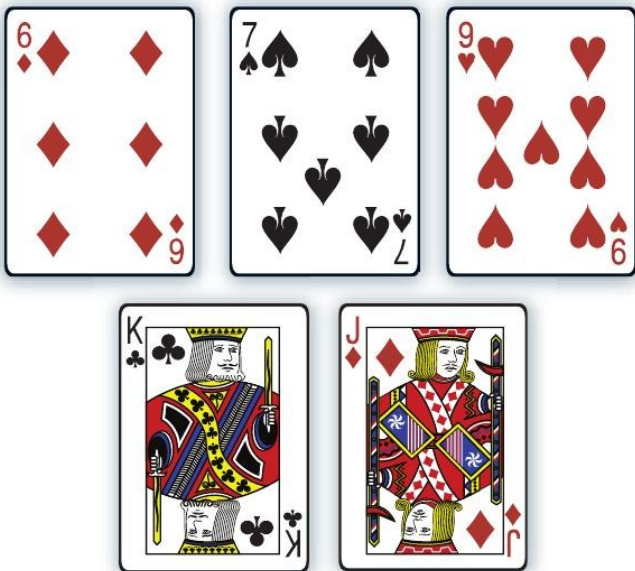
|     |     |     |  |
|-----|-----|-----|--|
| 1.  | 2.  | 3.  |  |
| 4.  | 5.  | 6.  |  |
| 7.  | 8.  | 9.  |  |
| 10. | 11. | 12. |  |
| 13. | 14. | 15. |  |
| 16. | 17. | 18. |  |

#### DEFINITIONS

- |                    |                        |                            |
|--------------------|------------------------|----------------------------|
| 1. Plentiful       | 7. Weird               | 13. Pious                  |
| 2. Ashen in color  | 8. Red gem             | 14. Decided on a candidate |
| 3. Swiss peak      | 9. Monetary award      | 15. Bird symbolizing peace |
| 4. Worth           | 10. Main dinner course | 16. Postage sticker        |
| 5. Scaloppine meat | 11. Come into          | 17. Historian's study      |
| 6. Pub brew        | 12. Oak or maple       | 18. Liable (to)            |

### CARD SENSE

Five playing cards were shuffled and put in a pile, one on top of another. Using the clues, can you identify each card's position in the pile?



- Both black cards are somewhere below the six.
- Neither diamond is on top.
- One face card is second from the top, and the other is on the bottom.

### ANAGRAM MAZE

The diagram contains 36 words, 21 of which are anagrams of other everyday words. Start at the top arrow and anagram TRAM. While solving, move up, down, right or left to the only adjacent word that can be anagrammed. Continue until you arrive at the bottom arrow. There is only one path through the maze.

|            |            |            |            |            |            |
|------------|------------|------------|------------|------------|------------|
| 1<br>TRAM  | 2<br>LIFE  | 3<br>GEAR  | 4<br>PEST  | 5<br>CORK  | 6<br>FIRM  |
| 7<br>CELL  | 8<br>GROW  | 9<br>MALT  | 10<br>BEAU | 11<br>CHAR | 12<br>LESS |
| 13<br>TINY | 14<br>MINK | 15<br>VETO | 16<br>COIN | 17<br>IDLE | 18<br>FANG |
| 19<br>PROD | 20<br>DUES | 21<br>RIOT | 22<br>HAVE | 23<br>AFAR | 24<br>MAZE |
| 25<br>SIRE | 26<br>WOOL | 27<br>HOOT | 28<br>MUCH | 29<br>BURY | 30<br>DUBS |
| 31<br>FACE | 32<br>COED | 33<br>BEAN | 34<br>FEAT | 35<br>MAKE | 36<br>CARS |

SOLUTIONS ON PAGE 207.

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Complete each sudoku grid by placing a number in each box so that each row, column and small nine-box square contains the numbers one to nine exactly once. **Solutions on page 206.**

DIFFICULTY: **EASY**

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 3 |   |   | 2 | 8 |   |   |   |   |
|   |   |   | 4 |   |   | 9 | 1 |   |
| 5 | 6 | 4 |   |   | 9 | 2 |   |   |
| 6 | 7 |   |   |   | 5 |   |   | 3 |
| 8 |   |   | 3 | 6 | 2 |   |   | 7 |
| 9 |   |   | 7 |   |   |   | 2 | 5 |
|   |   | 3 | 6 |   |   | 8 | 7 | 2 |
|   | 9 | 7 |   |   | 4 |   |   |   |
|   |   |   |   | 2 | 7 |   |   | 9 |

DIFFICULTY: **MEDIUM**

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 2 |   |   |   | 5 | 3 |   | 6 |   |
|   | 7 |   |   |   | 6 |   |   |   |
|   | 3 |   |   |   |   | 8 |   | 2 |
|   | 6 |   |   | 9 | 2 | 7 |   |   |
| 9 |   | 8 |   |   |   | 1 |   | 6 |
|   |   | 2 | 6 | 8 |   |   | 4 |   |
| 4 |   | 7 |   |   |   |   | 9 |   |
|   |   |   | 2 |   |   |   | 7 |   |
|   | 1 |   | 7 | 3 |   |   |   | 8 |

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CROSSWORD ON PAGE 200.

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|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| C | O | P | S | R | A | L | E | O | C | A | S | A | G | R |   |   |   |   |   |
| A | T | L | I | O | M | E | R | P | A | L | E | U | S | A | I | N |   |   |   |
| P | R | O | F | F | U | S | I | O | N | P | R | O | C | E | S | S | I | O | N |
| R | A | T | T | L | E | R | S | G | L | O | V | E | S | H | I | N | T | O |   |
| A | S | S | E | N | T | S | C | E | A | S | E | T | E | S |   |   |   |   |   |
|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
| S | I | P | S | A | P | I | A | R | Y | L | A | I | R | S | O | N | A |   |   |
| T | O | R | O | F | F |   |   |   |   | E | N | S | S | N | A | P |   |   |   |
| I | T | O | C | O | N | F | E | S | S | I | O | N | A | L | E | D | I | E |   |
| R | A | D | I | A | N | C | Y | H | A | N | N | A | A | N | N | U | L | S |   |
|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
| L | A | C | U | N | A | M | A | N | I | A | D | E | V | I | A | T | O | R |   |
| A | N | T | I | P | R | O | F | E | S | S | I | O | N | A | L | I | V | E |   |
| S | K | I | T | A | G | E | A | R | C |   |   |   |   |   |   |   |   |   |   |
| T | H | O | B | O | G | U | S | L | I | M | P | E | T | A | N | D | Y |   |   |
|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
| S | N | O | R | K | E | L | C | U | R | B | H | A | M |   |   |   |   |   |   |
|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
| S | T | A | N | Z | A | C | O | N | A | N | R | E | I | N | S | U | R | E |   |
| C | O | N | C | E | S | S | I | O | N | C | O | N | F | U | S | I | O | N |   |
| O | F | T | E | N | I | N | T | O | H | O | S | T | E | D | D | O |   |   |   |
| T | U | E | S |   | B | E | S | T | I | D | E | S | D | O | E | R |   |   |   |

SUDOKU ON PAGE 205.

DIFFICULTY: EASY

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 3 | 1 | 9 | 2 | 8 | 6 | 7 | 5 | 4 |
| 7 | 2 | 8 | 4 | 5 | 3 | 9 | 1 | 6 |
| 5 | 6 | 4 | 1 | 7 | 9 | 2 | 3 | 8 |
| 6 | 7 | 2 | 9 | 1 | 5 | 4 | 8 | 3 |
| 8 | 4 | 5 | 3 | 6 | 2 | 1 | 9 | 7 |
| 9 | 3 | 1 | 7 | 4 | 8 | 6 | 2 | 5 |
| 4 | 5 | 3 | 6 | 9 | 1 | 8 | 7 | 2 |
| 2 | 9 | 7 | 8 | 3 | 4 | 5 | 6 | 1 |
| 1 | 8 | 6 | 5 | 2 | 7 | 3 | 4 | 9 |

DIFFICULTY: MEDIUM

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 2 | 9 | 1 | 8 | 5 | 3 | 4 | 6 | 7 |
| 8 | 7 | 4 | 1 | 2 | 6 | 5 | 3 | 9 |
| 5 | 3 | 6 | 9 | 4 | 7 | 8 | 1 | 2 |
| 1 | 6 | 3 | 4 | 9 | 2 | 7 | 8 | 5 |
| 9 | 4 | 8 | 3 | 7 | 5 | 1 | 2 | 6 |
| 7 | 5 | 2 | 6 | 8 | 1 | 9 | 4 | 3 |
| 4 | 2 | 7 | 5 | 6 | 8 | 3 | 9 | 1 |
| 3 | 8 | 5 | 2 | 1 | 9 | 6 | 7 | 4 |
| 6 | 1 | 9 | 7 | 3 | 4 | 2 | 5 | 8 |

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BRAIN BOOSTER PUZZLES ON PAGE 202.

**LADDERGRAM**

|   |            |           |          |   |
|---|------------|-----------|----------|---|
| M | 1. AMPLE   | 2. PALE   | 3. ALP   | E |
| U | 4. VALUE   | 5. VEAL   | 6. ALE   | V |
| S | 7. STRANGE | 8. GARNET | 9. GRANT | E |
| E | 10. ENTREE | 11. ENTER | 12. TREE | N |
| U | 13. DEVOUT | 14. VOTED | 15. DOVE | T |
| M | 16. STAMP  | 17. PAST  | 18. APT  | S |

**CARD SENSE**

The top card isn't the club or spade (clue 1) or either diamond (clue 2), so it is the nine of hearts. By clue 1, the king of clubs isn't second from the top. The jack of diamonds, then, is second from the top and the king of clubs is on the bottom (clue 3). By clue 1, the six of diamonds is third from the top and the seven of spades is fourth. In order, from top to bottom: nine of hearts, jack of diamonds, six of diamonds, seven of spades, king of clubs.

**ANAGRAM MAZE**

The path through the maze, with just one anagram given for each, is: 1. mart; 2. file; 3. rage; 4. step; 5. rock; 11. arch; 17. lied; 16. icon; 15. vote; 21. trio; 20. sued; 19. drop; 25. rise; 31. cafe; 32. code; 33. bane; 34. fate; 28. chum; 29. ruby; 30. buds; 36. scar.

↓

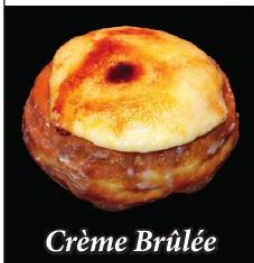
|    |    |    |    |    |    |
|----|----|----|----|----|----|
| 1  | 2  | 3  | 4  | 5  |    |
|    |    |    |    | 11 |    |
|    |    | 15 | 16 | 17 |    |
| 19 | 20 | 21 |    |    |    |
| 25 |    |    | 28 | 29 | 30 |
| 31 | 32 | 33 | 34 |    | 36 |

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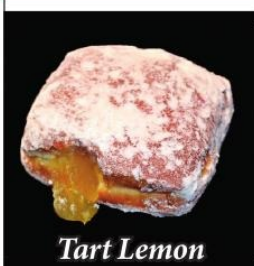


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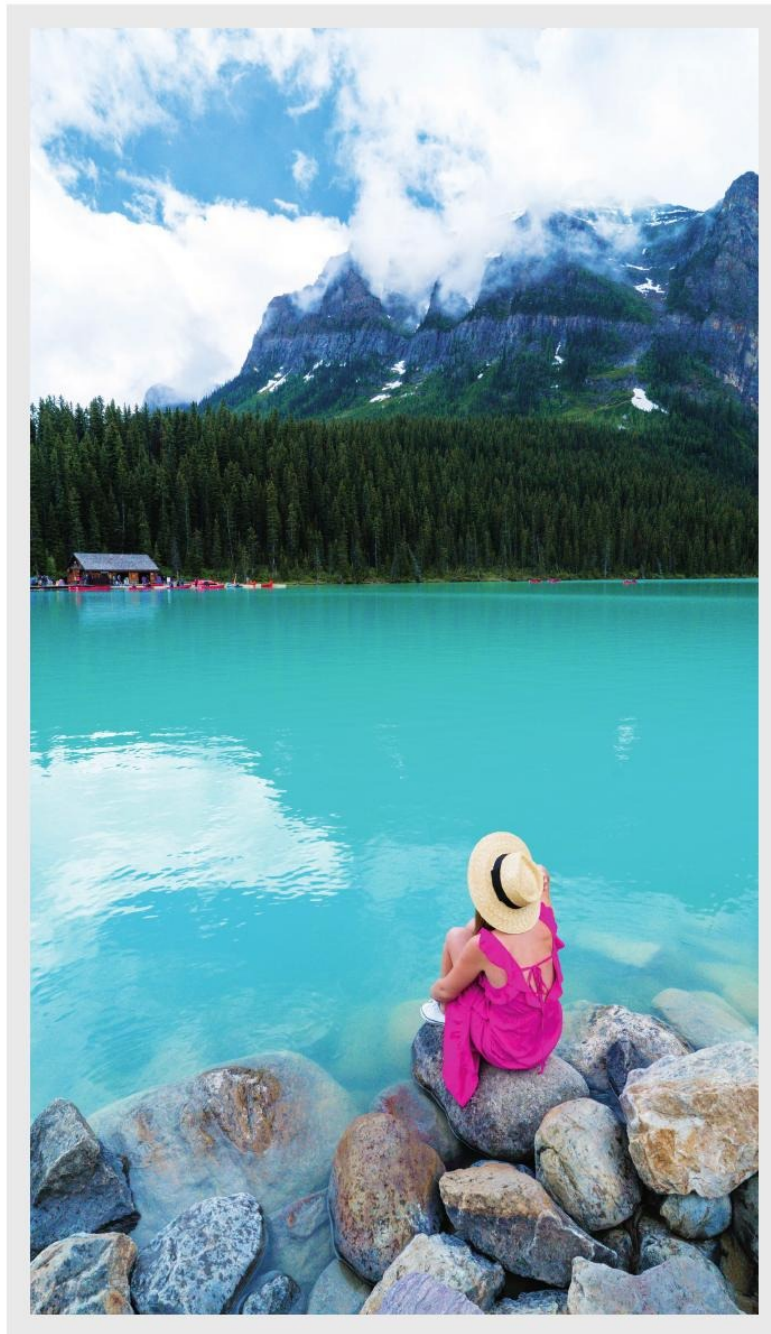
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