

WINTER 2004

VOLUME 27 • ISSUE 2

The Norman Bird Sanctuary Receives Federal Appropriation for Third Beach

The Norman Bird Sanctuary is happy to announce that it has received a \$742,108 Coastal Zone Management Award from the National Oceanic and Atmospheric Administration (NOAA). The coordinated efforts of Senator Lincoln Chafee, Senator Jack Reed, and Congressman Patrick ennedy made this appropriation ssible. It is the final piece of the funding puzzle for Third Beach that included a tremendous spectrum of community support, from local corporations and foundations to donations from schoolchildren.

"The Norman Bird Sanctuary does a stellar job protecting and preserving some of Rhode Island's most scenic and valued natural resources and wildlife habitats which are among the state's greatest assets," U.S. Senator Jack Reed stated. "We must do all we can to protect and maintain our environment so generations of future Rhode Islanders can enjoy the scenic state we have today."

The success of the Third Beach acquisition project lies squarely on the generosity of the community. We are so happy for the financial support the Norman Bird Sanctuary has received from Senator Reed, Senator Chafee, and Congressman Kennedy, as well as the National Oceanic and Atmospheric Administration.

"In Rhode Island, we are blessed to have some of the most pristine, beautiful natural habitats in the country," said Kennedy, a member of the House Appropriations Committee. "I was pleased to work with Senator Reed, Senator Chafee, and the terrific staff at the Norman Bird Sanctuary to secure this funding which will go a long way toward protecting the land at the Third Beach. We owe it to our children to ensure that we pass on the land in the same state that we found it."

This Coastal Zone Management Award from NOAA is managed by the Office of Ocean and Coastal Resource Management through the Coastal and Estuarine Land Conservation
Program. The Coastal and Estuarine
Land Conservation Program was
established to protect coastal
and estuarine lands considered
important for their ecological,
conservation, recreational, historical
or aesthetic value. The program
provides funding for projects that
ensure conservation of these areas
for the benefit of future generations,
and that can be effectively managed
and protected.



Another Successful Harvest Fair

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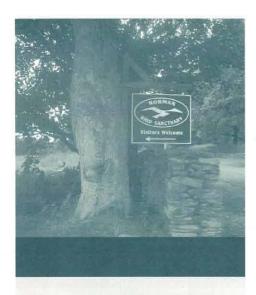
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From the Director

Motion or change, and identity or rest, are the first and second secrets of nature: Motion and Rest.

~ Ralph Waldo Emerson

This quote from Emerson's "Nature" seems so appropriate for the Norman Bird Sanctuary. Since my arrival in February the Sanctuary has shown me never ending cycles of motion and rest.

Walking the trails I have witnessed the trees come out of their winter rest, their buds burst, leaves and flowers unfold, and seeds falling to the earth. I have watched the swallows court, build their nests, raise their young, and fledglings leave the nest. This constant motion sits against the backdrop of a restful landscape. The ridges and the trees appear as constants as insects and wildflowers race through their life cycles.

Motion and rest, I've witnessed the same cycles in terms of the activities of the Sanctuary. Children and teachers arrive by bus to explore and discover the natural world. A new day brings new students and yet each new class shares the same sense of excitement, of happiness, and eagerness to learn. When the school year ends we welcome campers to the Sanctuary. Again I see new faces and continual change against the static backdrop of the landscape and each child's individual excitement.

Our special events tread that same path; staff and volunteers gear up for Birds & Breakfast, or the Bird Ball, or Harvest Fair. The community comes to the Sanctuary and enjoys a wonderful event; we wind down and anticipate the next event.

The Norman Bird Sanctuary follows Emerson's secrets of nature in every way, shape, and form. We witness the change of seasons, we welcome the change of students and campers, and we drive the cycle of events.

Now I will witness yet another example of motion and rest. As many of you have heard, our Property Manager, Veronica "Nikki" Hinds will be leaving the Norman Bird Sanctuary. Nikki is a fixture here at the Sanctuary, a rock, or part of the land-scape if you will. She constantly reminds us of the mission of the Norman Bird Sanctuary, she keeps us rooted in what is so fundamental to our work: the land and the birds.

Motion and rest, again these secrets of nature so perfectly summarize Nikki's tenure here. The only thing restful about Nikki is that she put more than 10 years of her life into the Sanctuary. Motion more accurately describes the woman. She is the force behind maintaining the Sanctuary. I invite you all to read more about Nikki inside this newsletter.

I know I speak for the entire Norman Bird Sanctuary family when I say that Nikki will be missed. We wish her and her husband Chris LaMonica the very best. And once again the Norman Bird Sanctuary continues its endless cycle of motion and rest, motion and rest.

Rob Cardeiro

Providence Third Graders Explore the Sanctuary!

As many of you know, the Norman Bird Sanctuary is a member of the Ocean State Environmental Education Collaborative (OSEEC) which is an AmeriCorps project coordinated by NBS, Save the Bay and Roger Williams Park. As a culmination of their year's training and teaching, the OSEEC AmeriCorps Team is currently teaching science enrichment programs to all of the third, fourth and fifth

grade classrooms in the Martin Luther King

Jr. Elementary School in Providence.
On October 28th, as part of this educational initiative, 80 enthusiastic third grade scientists visited the Norman Bird Sanctuary for a two-hour field investigation entitled "Exploring Ecosystems". Working in small groups, the students explored the ridges, forests, and pond of the refuge; compared

and contrasted the plants and animals of each environment, and used science tools to gather information. The students' visit was held on a beautiful autumn day and everyone had a

wonderful time!







Thank you and best of luck to all the OSEEC AmeriCorps members who will be going off to new adventures at the end

of the year: Jessica McCauley, Cat Rosario, Jeanne Tierney, Amy Mocarsky, Drew Van Housen, Lauren Bourque, Rachel Lawler, and Tena Davis. A special thank you to Kate Douton, the OSEEC AmeriCorps Program Director, for all her hard work in this first year of the project, and for committing herself to the entire three years!



Harvest Fair 2004 -- A Great Success!

It was a picture-perfect weekend for our 30th Annual Harvest Fair on October 2nd & 3rd. Sunny weather and blue skies welcomed over 12,000 people to the Sanctuary over the course of the weekend. Fairgoers enjoyed the traditional favorites, such as hay and pony rides, pumpkin painting, midway games, live entertainers and children's crafts. In addition, huge crowds also enjoyed new activities like the bungee jump and train ride. Many thanks to our Harvest Fair committee, sponsors and dedicated volunteers who work so hard to make this year's fair a wonderful success.

2004 Home & Garden Contest Winners

Thanks to all who participated in this year's Home & Garden Contest. It was a tough competition this year as there were so many fabulous entries.

Congratulations to the winners!

Flowers

Single Dahlia- 1st Place: Jeanett O'Neil; 2nd Place: Diana Bardorf; 3rd Place: Kathleen Kosinski

Fresh Arrangement- 1st Place: Teena Hiebner; 2nd Place: Pat Frizzell; 3rd Place: John Bagwill

Best Sunflower- 1st Place: James Tollefson, Jr. & Jackie Tollefson

Biggest Sunflower Face - 1st Place: Kathleen Kosinski

Young Grower-Best Arrangement - 1st Place: Chrissy Kosinski; 2nd Place: Bethany Reise; 3rd Place: Jackie Walker

Produce

Single Fruit - 1st Place: Emlen Drayton

Single Vegetable - 1st Place: Minnie DelRoss; 2nd Place: Kathleen Kosinski; 3rd Place: Bethany Reise

Best Collection - 1st Place: The Drayton Family; 2nd Place: Kathleen Kosinski; 3rd Place: Bethany Reise



Biggest Pumpkin - 1st Place: John Peckham, 129 lbs; 2nd Place: Dick Wimpress, 111 lbs; 3rd Place: Kay Kosinski, 108 lbs

Most Unusual Vegetable/Edible Plant -1st Place: Jim Kyle; 2nd Place: Matt Reise; 3rd Place: Luke Walker & Kathleen Kosinski

Young Grower-Best Produce - 1st Place: T.J. Moore; 2nd Place: Emo Drayton, Jr.; 3rd Place: Julia Peckham

Food

Best Apple Pie - 1st Place: Betsy Peckham

Best Pesto - 1st Place: Christa Reise

Best Salsa - 1st Place: Ellen Toner; 2nd Place: Betsy Peckham Savory Relish/Preserves - 1st Place: John Bagwill; 2nd Place: Lee Bagwill

Best Jam/Jelly - 1st Place: James Tollefson, Sr.

Quick Bread/Muffins - 1st Place: Nina Tollefson

Cookies/Dessert Bars - 1st Place: Nina Tollefson

Young Baker - 1st Place: Cam & Will Doherty; 2nd Place: Adeliza Grace; 3rd Place: Fraser Mackechnie

Scarecrows

Best Scarecrow - 1st Place: Rachel Williams; 2nd Place: Bethany Martin; 3rd Place: Sophie Primiano

Tractors

Special thanks to our local farmers for their extensive display of tractors and farming equipment, both old and new.

Jesse Almeida Jimmy Booth Lyle Booth Billy Hibbit John Maritin Tom Moore John Peabody Andrew Peckham Iim Peckham John, Betsy & Julia Peckham Julian Peckham George Peters Manny Peters RI Nurseries Roy Richardson Paul Rodrigues Joe Silvia Peter Silvia Tony Silvia Manny Vedar David Warren Charles Williams



The Norman Bird Sanctuary would like to extend its sincerest thanks to all who made our 30th Annual Harvest Fair a wonderful success!

Community Sponsor



Fair Contributors

Chase's Farm • Coca Cola of Southeastern New England • Newport Tent Company St. Michael's Country Day School • Ocean Coffee Roasters • PDQ Graphics The Newport Daily News

2004 Harvest Fair Committee

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And Our Many Dedicated Volunteers!





Educational Programs

Sunday Morning Birdwalks

Every other Sunday at 8:00 AM December 5, 19 - Holiday Break -January 9, 23 February 6, 20 Free to the public.

Winter birding on the island is cold, but exhilarating! Sea ducks, raptors, and flocks of songbirds abound. Dress appropriately for the weather and wear proper footwear for hiking on rough terrain. Bring binoculars and meet us in the Sanctuary parking lot at 8:00 AM for a couple of hours of birding around the local area.

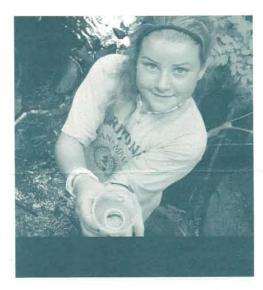
Holiday Owl Prowl

Friday, December 10 6:00 - 8:00 PM \$6 Members, \$8 Non-members, \$24 maximum fee for member families

December is a busy month for owls and people. During early winter evenings, owls are hooting and screeching as they choose their mates, set up their territories, and build their nests. People are planning and celebrating holidays. The Sanctuary has decided to blend the two, by presenting an evening of owl prowls, children's stories and activities, and holiday spirit! Owl walks leave every 30 minutes. Our Barn Owl Gift Shop, filled with tried and true children's toys, books, and activities, will be open for holiday shopping.

NBS Holiday Day Camp

Tuesday - Friday, December 28 - 31 9:00 AM - 3:00 PM each day Children's Program for Kindergarten -4th grade \$135 Members, \$165 Non-Members Home for the holidays from college, teacher naturalists Mary Dolan and Andy Dutra are thrilled to be able to offer this special edition of NBS day camp. Explore the Sanctuary forest in winter, play games in the snow, create works of art, sing songs and hear a story or two. Dress for the weather and bring your lunch, snack and a water bottle. Maximum 12 campers.



Winter Rarities Road Trip

Saturday, January 8, 7:30 AM - 5:00 PM \$25 Members, \$30 Non-members Adult Program

Rare birds anyone? Winter is the best time for northern vagrants, such as Snowy Owls, Bohemian Waxwings, and interesting gull species. The plan is to keep an ear open for rumors of rarities that can be found within a few hours of our island, pile into the Bird Van, and seek them out as a team. Last year was a fabulous success with lots of species and great views of Tufted Duck, Tundra Swan, Black-headed Gull and Shorteared Owl. Bring binoculars, mittens, proper footwear, a bag lunch, and we will provide snacks and drinks. Maximum 12.

New England Grasslands

A Joint Program with the Rhode Island Wild Plant Society & NBS Thursday, January 27, 7:00 PM Free for Members of NBS and RIWPS, \$5 for Non-members

Join us in the Studio for a talk on the history and restoration of grasslands with naturalist Garry Plunkett and NBS staff. When 17th century settlers planted "English grass" for livestock forage it proved to be a huge agricultural success, but clearing forest and planting nonnative grasses began the first transformation of the post-settlement New England landscape. In the mid-nineteenth century, that transformation began reversing itself with the return of forests to the region. That trend continues today and has led to serious losses of grassland dependent species, most notably grassland nesting birds. This program will explore the historical background and challenges of grassland restoration in the context of a project now ongoing at Norman Bird Sanctuary.

Connecticut River Raptors

Saturday, February 5, 7:30 AM - 5:00 PM \$25 Members \$30 Non-members Adult Program

Road Trip! Winter is an excellent season for eagles, hawks, owls, and water birds. Join us in the Bird Van as we explore the Connecticut River and Long Island Sound near Essex, CT, home of the Eagle Festival. We will seek out bald eagles, harriers, rough-legged hawks, and wintering ducks, such as goldeneye, scaup, and long-tailed. Grab your binoculars, mittens, proper footwear, a bag lunch, and let's go! We will provide snacks and drinks. Maximum 12.





Educational Programs

Natural Beauty

Saturday, February 12, 2:00 - 5:00 PM \$35 Members, \$40 Non-members Adult Program

Come and enjoy a fun and relaxing class about natural beauty remedies with herbalist Clara Morgan! You will learn how to create herbal foot-baths and effective skin care preparations, such as facials and a nourishing, silky cream. Bring a towel, an old shirt and a friend. Be ready for an afternoon of relaxation and pampering. All herbal materials included. Minimum participants 7, maximum 18.

Winter Vacation Camp

Tuesday - Friday, February 22 - 25 9:00 AM - 3:00 PM each day Children's Program for Kindergarten -4th grade \$135 Members, \$165 Non-Members

Explore the Sanctuary during the winter season. Seek out wildlife signs such as tracks, scat, fur, and feathers. If there's snow, we'll build our own snow fort! All of our camps include science explorations, stories, games and art projects. Dress for the weather and bring your lunch, snack and a water bottle too. Maximum 20 campers.

(FYI: Spring Vacation Camp will be held Tuesday - Friday, April 19 - 22. Look for a description in the next newsletter.)

Preschoolers with Parents

Wednesdays 1:00 - 2:00 PM Session D March 3, 10, 17, 24 Ages 3 - 5 years \$30 Members, \$35 Non-members This series of four one-hour programs is an engaging and hands-on way to introduce your pre-school age child to the wonders of nature. We'll explore the outdoors using our five senses, songs, crafts, and explorations of the plants and animals of the Sanctuary. Parents will have fun too! Maximum 10



Woodcock Walk

Friday, March 11, 5:30 - 7:00 PM \$3 Members, \$5 Non-members One parent free in each family Family Program

During early spring, the male American Woodcock, a rotund short-legged bird, performs an unusual courtship display. Often referred to as a "sky dance", the Woodcock's flight is a joy to witness. Join an NBS naturalist on an evening nature walk to seek out this interesting bird and to celebrate the arrival of spring. Maximum 20.

Registration & Cancellation Policies

- Please come by the Sanctuary or call 846-2577 to register for programs that require a fee and/or have a maximum number of participants. Payment is required at the time of registration via cash, check, or Visa/MC.
- Free programs that have no maximum number of participants such as the Sunday Morning Birdwalk do not require prior registration.
- If you must cancel your registration, please call and let us know.
 Refunds will only be provided if you call at least 7 days in advance of the event. A check will be mailed to you within two weeks of cancellation.
- Programs that do not have a minimum number of registrants will be cancelled five working days before the event. (The minimum number is determined by Sanctuary staff and is usually based on the program's expenses.) In the case of program cancellation, your fee will be returned in full. In some cases, we will offer you the option of another date or a program credit.
- The Norman Bird Sanctuary Summer Camp has different registration and cancellation policies. Please refer to the Summer Camp brochure for that information.

Our Thanks

To The Newport Children's Theater for making Autumn Night Hikes 2004 an Enchanted Affair!

Once again, on a few special nights in October, the wild animals of the Sanctuary were blessed with the ability to speak so humans could hear. When the sun went down, children and their families walked quietly along the dark trails seeking out these special forest creatures.

A Brown Bat greeted the groups at the junction of Woodcock Trail with her true tales of life in the night. She pointed the way to a sly Red Fox and a brazen House Cat who spoke of their common interest in hunting and their ability to stalk in the dark. Bidding us farewell, they loped off with noses to the ground in search of rodent prey.

Near the pond, we stumbled upon a Great-horned Owl circling a Striped Skunk. Having excellent eyesight, but no sense of smell, the owl was convinced she had found a meal, but skunk was not to be such easy prey. Along the boardwalk we continued listening to the wind in the trees and the sounds of the night.

At the next corner, we were surprised by two masked Raccoons plotting their raid on a large garbage can. With their paws like hands and their cunning minds, they wrestled the lid to the ground only to be surprised by a child hiding inside! Away those raccoons ran! Last and quite small, forest mouse and her city cousin were out and about. The city mouse could not comprehend how one could live in the woods and work so hard for a living! She was quite used to a different lifestyle. Then they both squeaked goodbye as they ran into the trees to avoid a sly fox and his cat friend who crept down the trail.

The Norman Bird Sanctuary would like to thank the Newport Children's Theater for its wonderful performances in the woods!





Farewell Veronica

We are very sad to announce that Property Manager Veronica Hinds is leaving the Norman Bird Sanctuary after more than 10 years of dedicated service. At the same time, we are happy to tell you that Veronica (Nikki), her husband Chris LaMonica, and their three Labradors, Dudley, Daisy and Jake, are heading off to begin a new adventure on another beautiful island called New Zealand!

Nikki's position as Property
Manager at the Sanctuary has
been a job that knows no
bounds. In her line of work,
the grass continues to grow;
birds nest; seasons change; nonnative plants invade and the
Harvest Fair quickly rolls around
each year. For all these years,
Nikki has been behind the

scenes with her tractor, tool box, binoculars, extensive knowledge of the property and straight shooting confidence-solving problems, installing bird boxes, mowing trails, supervising contractors, giving advice on animals, and serving as the long term memory of our organization. This is a woman who has enjoyed much of her job, even the pressures and challenges of preparing for special events like Birds & Breakfast, and Bird Ball. In fact, she measures her time here at NBS by the number of Harvest Fairs she has worked!



Nikki created and developed the Property Manager position over the years. Beginning as a trail crew supervisor, she built her job into a professional position as the director of habitat restoration, building construction, property maintenance, landscaping, volunteers, wildlife rehabilitation, and security. Living in Paradise's Farm old laundry cottage has been her compensation for burst water pipes, fire alarms, midnight trespassers, and early morning carpenters. And she will tell you "... bottom line, I have the best view on the island and there is no better place to live than at the Norman Bird Sanctuary". Her love of the landscape, the change of seasons, the birds and wildlife, and the mission of this organization come shining through when

she talks about her life here. We will miss you Veronica, but we know that New Zealand will be better for your love of animals,

adventure and life.

Bon Voyage!





Norman's Activity Page

Hey there girls and boys! Winter is on its way and my wild bird relatives would love a little help finding food and water.

You can enjoy watching feathered visitors from your window if you give them some healthy snacks, clean water, and shelter. The songbirds that migrate south each fall do so because they do not have the kind foods they need to survive the winter. For example, swallows love to eat mosquitoes and other flying insects, but there are none to be found now so they go to South America. The songbirds that live here during the cold months

are the species that will eat seeds, berries, insects living under the bark of trees, and food at your feeder.

Peanut butter and suet are high energy foods for winter birds! Tie a string to a pine cone, smear it with peanut butter, roll it in seed, and hang it from a branch. Woodpeckers and chickadees will gobble it up.





Black oil sunflower seed is the best kind of seed for the greatest number of birds. Hang out a feeder for chickadees, cardinals and jays. Throw some on the ground for others, such as doves and sparrows.

A mixed seed containing a black oil sunflower seeds and millet will be popular with finches and sparrows. Cracked corn thrown on the ground will be popular with doves, blackbirds and others.

Birds need clean fresh water to drink and to bathe. A shallow, easy to clean birdbath is a great way to attract birds. It doesn't have to be fancy, an old frying pan will do.

Keep your feeders clean! Place them near some natural shelter such as bushes or trees. Put your used Christmas tree out near the feeder!



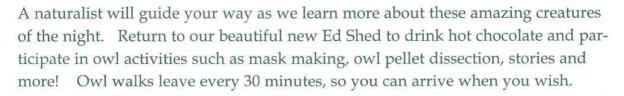
Holiday Owl Prowl & Open House

Friday, December 10 6:00 - 8:00 PM



The Norman Bird Sanctuary invites you and your family to participate in a wild winter celebration! Come along on an evening tromp through the winter woods of the Sanctuary

listening for the hoots and screeches of Great Horned and Screech Owls.



Visit our Barn Owl Gift Shop filled with books, puzzles, toys, and hand made items. Don't miss the special holiday sale!

Please RSVP at 846 2577 ext. 10 • \$6 Members, \$8 Non-members, • \$24 maximum fee for member families

Barn Owl Shop Holiday Coupon

Present this coupon at the register and receive a 15% discount on any item in the store.

Members, take an additional 10% off with your year-round member discount.

For even more savings, visit us on December 10th for the Holiday Owl Prowl. Select items will be on sale, including bird feeders, children's books, Burt's Bees products, and great stocking stuffers!

Coupon expires January 31, 2005.



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TO CURRENT RESIDENT OR:



Give the Gift of Membership to the Norman Bird Sanctuary

This holiday season, give friends, family and loved ones a gift that lasts all year long... a family membership to the Norman Bird Sanctuary! Your gift will include the following benefits:

Free Trail Access

Discounted Educational Program Fees

A Subscription to Our quarterly newsletter: "The Flyer"

Invitations to Special Sanctuary Events

10% Member Discount in The Barn Owl Shop

We'll even throw in our signature coffee mug and festive holiday wrapping to complete the package, all for the price of a regular \$40 membership.

Don't miss this opportunity to support the Norman Bird Sanctuary and give a gift that will be used by the whole family throughout 2005.

Happy Holidays from the Norman Bird Sanctuary!