

Hi! Everyone says it was the best cocktail party ever! People who usually see each other in jeans, if at all, were the boys who were gussied up in neckties and the gals in dresses! Thanks to all who came and those who worked to make it be success it was. As to the Harvest Fair--well-- never have so many had so much fun and in an alfalfa field at that! Is it vulgar to talk about the profit when its so huge as six thousand? Guess it is sort of gauche, so we wont. Again, to the workers who slaved for days before and the three days during, our thanks seem anemic, but thanks anyway.

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All our summer visitors have gone back to their homes. Peggoty, Nasturtium and Dahlia have gone to goat and sheep farms. The old grey goose, after 14 years of faithfulness has left for Gardiner's Pond, and one scentless skunk escaped! Many rabbits, ducks and doves have found winter homes or were released. Adam Apple has been freed, with his winter coat growing nicely--all that corn oil, walnuts and hand lotion did the trick with his super dry skin. He's now wandering between St. George's and Indian Ave. Pray for him--let no gun-happy idiot shoot him down. F.L. says he was named Adam because he's going to be our first deer to make it. And Apple because we name evrything after Nature. Fanny Fox's cage door was open 2 days & nights before she left (My very chains and I were friends!) She has not been sighted. Poe Crow is providing amusement for the entire neighbourhood. We must warn once again, he steals! Especially shiny things like car keys.

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The family of one of our deceased members suggested memorial gifts go to N.B.S. So far en ough has been given that we can finish the aerie for wounded raptors that is rising behind the Ed Shed. You can see the uprights as you pass the big pen where Nasturtium was all summer. We have two wounded hawks, one is blind and the other's wing was partly shot off. This Fall the new barn should go up, thanks to volunteer labour and the Harvest Fair.

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Soon you'll begin to think of Christmas and when you do, remember the Sanct's gift shop! You do have "difficult" people on your list. The Gift Shop has the answer! It is closed Mons & Tuesdays. Open all other days from 1-4:00 p.m.

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A shocking number of children and adults are turning up in hospitals victims of iron poisoning. T.V. lately has been telling us to take vitamins & iron tablets daily!! Unless the doctor tells you to take iron (this deficiency is very rare indeed!) rely on a varied diet. Iron is found in many foods so if you don't like ham try raisins! Maybe raisins in rice pudding sounds dull, try soaking them in a sweet wine, then stir them into the pud. or drip 'em over ice cream, if you're skinny.

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Have you read about the Great T-Paper Rip-Off? To make a point on conservation, the Rodale Press shaved $\frac{1}{4}$ inch off the toilet paper used in the plant. The employees not noticing the difference, used the same number of rolls per month. Seems a miniscule saving? It would come off to be a national savings of 300.3 metric tons of paper per year, or 2 $\frac{1}{2}$ million trees, or a forest 4 times the size of the District of Columbia. Per Annum.

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Five Foundations have financed a workshop to learn how much petroleum is polluting the oceans. Somewhere between 5 and 10 million metric tons a year! Most spillage comes in the transporting, docking, bilge cleaning and accident departments. Off-shore drilling and pumping seeps as little into the water as nature itself does.

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In a national paper recently an article raved about the abundance of edible mushrooms to be "found right in our own back yards". Sensibly it dwelt in length on the poisonous ones. Be sure you know your mushrooms before you eat them. Don't rely on old wives' tales (Granma's teaspoon will blacken if the mushrooms are poisonous etc.) Don't rely on simple tests such as easily peeling skins to prove them edible. Rely on knowlege only.

Last summer soft drinks appeared in a new plastic bottle called a Lopee. It is so durable it can't be destroyed in normal trash treatments. It is non-refillable, non-recyclable, non-bio-degradable! Consumers must make the moves against it as the FDA can't--it meets all health requirements. Wouldn't you think the cola-gang was more with it than to sponsor such a stupid bottle! We should push for the old fashioned glass bottle that we had to return to the store to get our money back. It was a nice bottle,--re-useable, recyclable and bio-degradable.

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With everyone looking for inexpensive food, the old fashioned rib-stick toers come into their own. Baked beans take all day to cook in a slow oven, so do up two huge pans of them and freeze what you'll want in the coming weeks. If corn bread is your family filler-upper you can vary to flavour with any one of the following-- 1 t. of poultry seasoning; $\frac{1}{2}$ cup diced cooked ham or bacon; minced onion; or 1 t. chili powder. Or combine compatibles--like poultry seasoning and onion, ham and onion, etc.

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Some novel ways to make a few bucks have come to light recently. Mothers' milk sells for \$25.60 a half gal., Blood sells for \$50.00 a pint if its blue enough!! Hair goes for \$150 if there's sufficient for a wig and skeletons sell for \$500.00 But that skeleton deal is final--no refunds.

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Writers seem to think that archeologists of the future are going to puzzle over one aspect of our civilization. They are going to wonder why we were so fond of algae that we pumped it through pipes into deep enamel bowls in the smallest rooms of our houses. Indeed there's scarcely a house left in the USA that does not have a conduit to a pool of algae! * * *

Sin and Flesh Brook in Tiverton gets its name from the fact that one, Zoeth Howland on his way to Quaker Meeting in Newport, was murdered there by Indians (Manasses was one of them) and they threw his body into the brook that flows into Nanaquaket Pond at Highland Road. When his horrified friends found the body they named the brook "Sinning Flesh River" Over the decades it the name has changed a bit.

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Animal Lovers!!! The Robert Potter Animal League is having its kick-off on the New Shelter Fund drive on Nov. 14th. A cocktail party at "Elmhurst" in Portsmouth will be quite an affair. For reservations call Mrs. Jelke at 847-4893. Tickets are \$10.00 a person tax deductible. If cocktails are not your dish of tea, get out a tea bag and your check book & mail the check to the Shelter on Harrington St. Newport. If the Fund can not be raised for the new Shelter, the State will not renew the license for the old one. So now, it's do or die, literally.

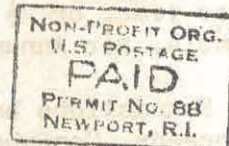
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President Truman said, "The only things worth knowing are the things you learn after you know it all".

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COMING EVENTS : Dec. 7th. OPEN HOUSE. COME DO YOUR CHRISTMAS SHOPPING IN OUR BOOK STORE. REFRESHMENTS, MOVIE, ETC.

The Norman Bird
A Flyer



MR. & MRS. GEORGE SZPINALSKI
664 THIRD BEACH RD.
MIDDLETOWN, R.I. 02840