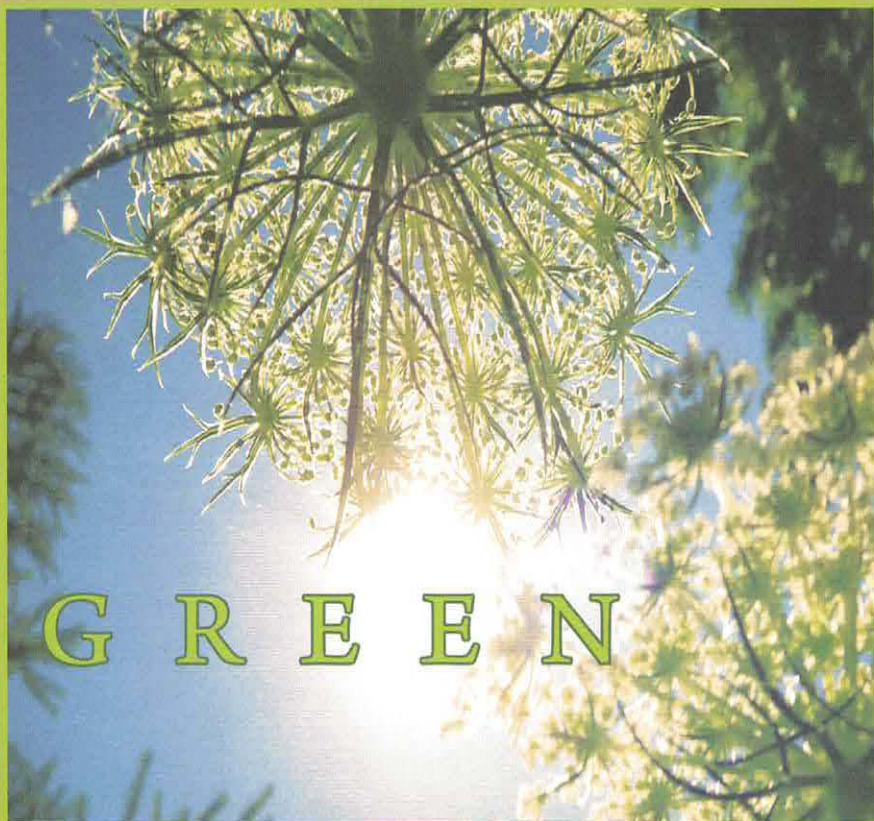




# THE FLYER

NUMBER 61 • VOLUME 01

2011



GREEN

Green is the prime color of the world, and  
that from which its loveliness arises.

*Pedro Calderon de la Barca*

Dear Friend of Norman Bird Sanctuary,

It is finally beginning to feel like Spring here at NBS. Although it seems that winter would be quiet here, we were busier than ever preparing for another season. Our Education team has been contemplating and planning for programs that will engage our community and are relevant to what is happening right now in the world. We have an exciting plan to expand our garden area and rename it "The Good Garden" (located along the main trail that starts at the Welcome Center) so that we can utilize it for more programs. I love the idea that kids will be discovering nature through encountering vegetables, herbs, flowers and dirt when they come visit NBS. Smelling the scent of fresh basil and tasting a plump tomato are the simplest ways to find our connection with nature and with The Good Garden it will be possible for so many more folks. NBS summer camp is going into our 52nd year and we are as excited as ever to welcome over 800 children for summer 2011! It is amazing to imagine how many generations of kids have hiked, played, sang and daydreamed at camp over 51 summers.

Our Development team is busy getting the details together for our 2011 events. We are very proud that the Bird Ball was named the "Best Fundraiser" by Newport Life magazine this year. We agree wholeheartedly that it is one really great party! All of our events are run by committees of incredibly dedicated and thoughtful volunteers. The success of NBS relies on those kind and generous people who meet on snowy, cold evenings and rainy grey mornings to plan for events that feel like a lifetime away. Their level of commitment to this organization is inspiring.

Last but not least we continue to manage our breathtaking 325 acres very carefully. This year marked the completion of our Grassland Restoration project that successfully created 40 acres of grassland for ground nesting bird habitat. The next project in the works is New England Cottontail Habitat restoration which happens on our Third Beach property over the next three years. We continue to strive to make the Norman Bird Sanctuary relevant, dynamic, educational and fun. I think that there is something here for just about everyone to enjoy.

Please visit soon and find what you love about NBS!

All the best,



Natasha Harrison  
Executive Director

## OUR WISH LIST (New or Gently Used)

Office Desks, Vacuum, Microwave, Griddle  
Shovels, Loppers, Leaf Rakes, Composting Bins  
New Hoses, Garden Tools, Rain Barrels  
Children's Tables, Shelves, etc.  
Sensory Tables (i.e. Water Tables)  
Children's Toys, Blocks and Games  
Children's Storybooks or Nature Books  
CD Player and CDs - Children's Music, Nature Songs  
Gift Cards for Book, Craft, Grocery, and Computer Stores  
Paint (Tempera, Acrylic, Water, Craft, Floor/Wall)  
Frames and Mats for Student's Art  
Kids' Raincoats and Rain Gear  
Traditional and Night Vision Binoculars  
Arts and Craft Supplies, Laminator and Supplies  
Dissecting and Video Microscopes, Dissection Tools Handheld GPS  
Digital Cameras w/memory cards  
Passenger Van, Scanner, Plastic Totes with Lids  
Double Boiler with Canning Supplies, Beach Towels, Sunscreen  
Bug spray, Toilet Paper, Paper Towels, Napkins, Jars and Plastic Containers  
Binders, Manila Folders/Files, Letter Paper (printed on one side is ok!)







Mabel Norman Cerio



"...for the propagation,  
preservation and protection of  
birds, and where birds and bird  
life may be observed, studied,  
taught, and enjoyed by lovers of  
nature and by the public generally  
so interested in a spirit of  
humanity and mercy."

## Norman Bird Sanctuary

### *Board of Directors*

John Ceglarski~ *Chair*

Belinda Nattress~ *Vice Chair*

Patrick Sweeney~ *Treasurer*

Judy Tucker~ *Secretary*

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Jay Manning

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Norman Bird Sanctuary  
583 Third Beach Road  
Middletown, Rhode Island 02842  
(401) 846-2577  
[www.normanbirdsanctuary.org](http://www.normanbirdsanctuary.org)



THE FLYER • NO 61 • VOL 01



# MEET OUR STAFF



Natasha Harrison  
Executive Director



Joseph McLaughlin  
Property Director



Lesley Muir  
Development Director



Kim Botelho  
Education Director



Nikki Lavoie  
Education Coordinator



Rachel Holbert  
Education Coordinator



Sarah deLencastre  
Office Manager



Suzanne Garvin  
Development Officer



Hawk  
NBS Mascot



Jerry Moriarty  
Maintenance



Erika Glob  
AmeriCorps Member



Chelsea Pescosolido  
AmeriCorps Member



Beth Alamo  
AmeriCorps Member



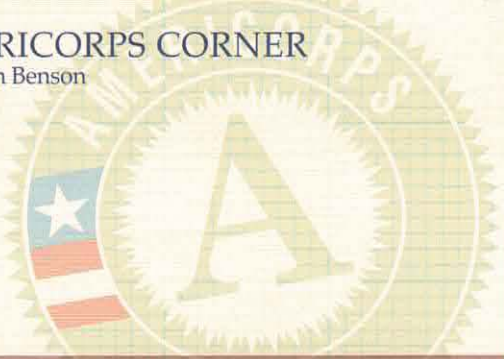
Carlene Bermann  
AmeriCorps Member





## AMERICORPS CORNER

by: Karen Benson



**Erika Gibb** is from Scituate, Rhode Island and a graduate of Plymouth State University. This summer Erika is planning to extend our garden activities. Her independent project, is to develop and present gardening workshops for families. Erika will be sharing information about companion planting, composting, and all the benefits of growing your own food. The garden project is being developed in collaboration with Kim Botelho, Director of Education and Education Coordinator, Rachel Holbert. The plan is to grow herbs, vegetables and flowers to attract butterflies and to create a classroom within the garden itself. In Erika's own words: "It's really exciting. I am pumped to actually get into the dirt and get planting. For the workshop I am looking forward to inspiring people to grow their own food and, if they don't have the space, we are going to talk about container gardening."

**Carlene Bermann**, also has a special project planned for the summer, to undertake some improvements on our barn museum. According to Carlene, the museum that we currently have in the historic barn building has existed for a long time. As a result there are a lot of displays that are underutilized or outdated; as well as specimens that have been removed or disappeared. For some of the specimens that we do have, we have no information. All of this makes it difficult for a family to enjoy an educational experience in the museum. Carlene's plan is to create background information on many of the specimens, add pictures, and work to acquire new specimens. There are some things that we could use right away. For example, displays that are hands on and involve inquiry to actually learn something on your own. She is also working on an inventory of the existing specimens and has made a wish list of new specimens we could use. This summer she will be rearranging some of the exhibits so they are more appealing, so that the labels are streamlined and have better lighting. All of this effort is designed to actually take advantage of the things we already have. And yes, she would welcome help with her effort!

**Chelsea Pescolido** hails from Vernon, Connecticut. Her project for this summer is improving animal enrichment and the quality of life for NBS education animals. As much as Chelsea is devoted to wildlife she also loves working with kids. NBS is a natural fit for Chelsea who has a background in education. Her interest is to create a bridge between the animals and children here at NBS. Her project will be to build an outdoor enclosure. The enclosure is geared towards our rabbits and turtles but, other educational animals can also benefit from it. Chelsea is collaborating with our fourth Americorps member, Beth Alaimo, on building improved enclosures for the raptors that live at NBS as well. Chelsea, loves that the Sanctuary is a hands on place. "I am a doer and I love being a doer here. It's one of those places where everybody has something that they are great at...It doesn't matter if you are an artist, if you sing or if you are somebody who just likes to sit by trees and look; it's a place for everybody."

**Beth Alaimo** has a Bachelors degree from UCONN in Anthropology and Ecology. Her project for the summer includes writing a training manual for working with the raptors. Once completed, the manual will ensure that when new staff come in they will know how to handle and care for the birds properly. It is going to be a complete manual, with instructions on everything from medical issues, to aviary layout. Additionally Beth is going to improve the existing raptor enclosures. Plans call for putting our owl in a new enclosure that is a better fit for him as it is designed to be a bit more secretive. Beth thinks he will be happy and healthy there. Like her Americorps colleagues, Beth is looking forward to the summer, and summer camp. She is excited about the opportunity to work with the kids, bring them out on the trails, and help them to learn all about nature. Beth feels she has a lot to share about birds, but hopes to improve her knowledge of plants and trees this summer.

# Look What's Happening

## FAMILY PROGRAMS

### Full Moon Yoga at Third Beach

Wednesday, June 1, 8-9 p.m.

**\$8 members, \$10 non-members,**

Come join us for a wonderful gathering during sunset on Third Beach in honor of the full moon. The class will be led by Mary Leonti, a certified yoga instructor and teacher of healing and creative arts for over a decade. AmeriCorps member Erika Gibb will help facilitate this program. Bring a bottle of water and yoga mat or blanket to lay on the beach. You must register in advance for this program.

### A Hike for Horseshoe Crabs

Monday, June 13, 5-6 p.m.

**\$3 members, \$5 non-members, children under 3 are FREE**

Horseshoe Crabs congregate on shores across R.I. during the full moon high tides of May and June in order to lay their eggs. Join Director of Education, Kim Botelho, for a discussion on the unique history and adaptations of this local ancient mariner. The presentation will begin at the Third Beach Education Center and then the group will head out for a hike along third beach in search of these fascinating animals. Please register in advance.

### Father's Day Hiking and Hamburgers

Saturday June 18, 11:30-1:00 p.m.

**\$8 members, \$10 non-members,**

**Dads and children under 3 are FREE**

Start Father's Day weekend with an interpretive hike to hanging rock to enjoy the picturesque views of the Atlantic Ocean. Following the hike we will gather by the studio for a delicious lunch prepared over a camp fire. The entire family is welcome!

### Sunset Rhythms on the Beach

Thursday, July 7, 7:00 - 8:30 p.m.

**\$8 members, \$10 non-members**

Enjoy an evening on third beach with NBS staff. This program will include an interpretive walk along the shore followed by a campfire, songs, drumming, and marshmallow roasting.

### Sunday Bird Walks with Jay

**Manning**

Every other Sunday throughout the year, 4/3, 4/17, etc., 8 a.m. FREE

No registration required.



**Black-crowned Night Heron**  
at NBS.

### Wildflower Walks with Sue Williams

June 19, July 17, August 14, 10 a.m. \$3 members, \$5 non-members Please register.



## ADULT EDUCATION

### Birding 101

**Part 1:** July 13, 5:30-6:30 p.m.,

**Part 2:** July 15, 8-9 a.m.

**Total Cost for both sessions: \$10 members, \$12 non-members.** Please register in advance.

**Part I:** Confused about which binoculars you should be using? Having trouble using your field guide? This presentation will help resolve these issues, as well as teach you how to look for and "see" birds successfully in the field. Learn how to quickly zero in on field marks that are essential for bird identification. This class is suitable for older teens and adults.

**Part II:** After learning about bird watching during the first part of this series, put your new skills to use! This hour-long guided hike will take you through several different habitats along our trails as you search for birds. Attendees are encouraged to bring binoculars. This class is suitable for older teens and adults.



### Sea Squirt Science

**Thursday, July 28, 6:00-7:00 p.m., FREE members, \$3 non-members**

Join Rachel Holbert, NBS Education Coordinator, for a one hour presentation on the fascinating world of the sea squirt. Rachel will discuss the anatomy, adaptations, and importance of this marine invertebrate. Please register in advance.

### Waterbirds as Indicators of Ecosystem Health

**Monday, August 29, 6:00-7:00 p.m., FREE members, \$3 non-members**

Charles Clarkson, a PhD candidate from the University of Virginia, will present his research on waterbirds. He is assessing the health of local aquatic food webs through the analysis of feather growth rates, dietary caloric intake, and mercury accumulation in nestling waterbirds, primarily Glossy Ibis and Double-crested Cormorants. Please register in advance.

## ECOTOURS

### Mount Auburn Trip

**Saturday, May 14, 6:30 a.m. – 5 p.m., \$60 members, \$70 non-members**

Mt. Auburn Cemetery in Cambridge, MA has long been recognized as the best place to see spring migrants in the Boston area. The combination of mature trees, available water, and high altitude relative to its surroundings makes this island of green in a sea of concrete a magnet to passing warblers, thrushes, orioles, vireos and a host of other birds. We will also stop at one or two other migration hot spots in Massachusetts to round out the day's bird list. This trip is not to be missed! The van will depart promptly from the Sanctuary at 6:30 AM and return at 5 PM. Snacks and drinks will be provided. Please dress for the weather, and wear appropriate footwear. Please register in advance.

More education opportunities on page 9. To register call 401-846-2577

# HELP US CELEBRATE OUR 52<sup>ND</sup> YEAR OF SUMMER CAMP!

PROGRAMS FOR AGES 3-17 • EIGHT WEEK SESSIONS BEGIN JUNE 27!

Looking for something fun and exciting to do this summer?

Nicole Lavoie  
Education Coordinator

NBS offers a variety of summer camp programs for children of all ages. All sessions incorporate age-appropriate nature based activities such as hiking and outdoor exploration, crafts, songs, games, and more.

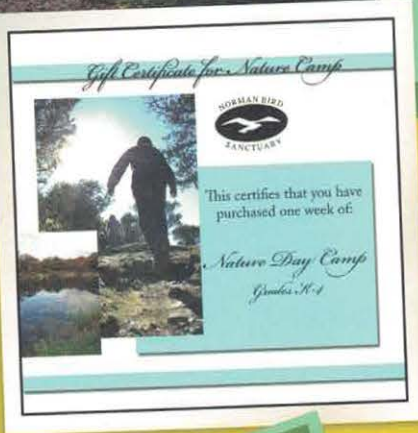
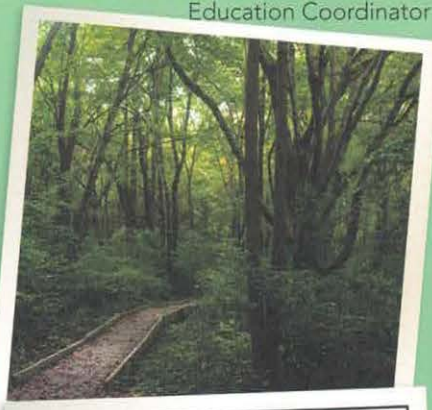
We are excited to announce the addition of two new camp programs. Our new Chickadees camp for 4 to 6 year olds will give preschoolers who wish to extend their day the opportunity to eat lunch with their friends and explore even more of NBS' property. Our High School Community Service Camp will give campers the chance to work with local organizations and NBS staff on current environmental issues. Along the way, these campers will participate in fun activities such as kayaking and hiking.

There's something for all ages at Summer Camp!

Online registration available at:  
[www.normanbirdsanctuary.org](http://www.normanbirdsanctuary.org)  
Scholarships available.

We want to build strong relationships with our camp families and invite you to share your questions, comments, or suggestions. Please feel free to contact us anytime at (401) 846-2577 or via e-mail at [nlavoie@normanbirdsanctuary.org](mailto:nlavoie@normanbirdsanctuary.org).

Thank you for your support and participation. We look forward to a great summer camp season!



NBS CAMP IS  
ACCREDITED BY  
THE AMERICAN  
CAMP  
ASSOCIATION



## WHAT DO KIDS SAY ABOUT NBS SUMMER CAMP?

"This [camp] is so great I never want to leave!" - Camper, age 4

"I love it, it's awesome, I love hiking"  
- Camper, age 8

"This is definitely my favorite camp!"  
- Camper, age 6

"I can't wait to go again"  
- Camper, age 12

### 2011 Camps

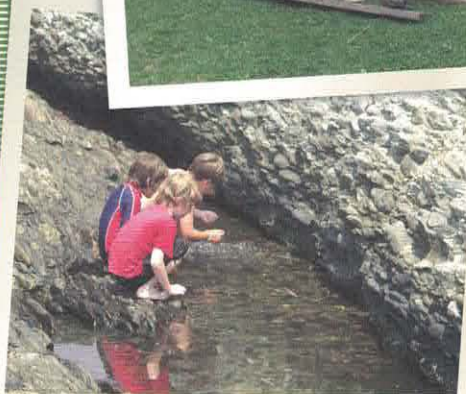
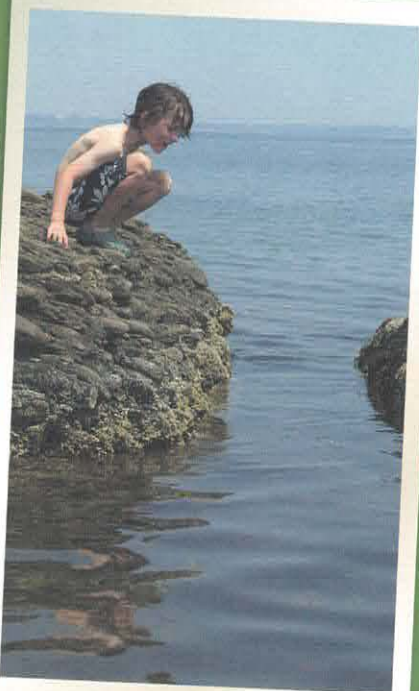
Preschoolers with Parents	Ages 3-5
Fledglings	Ages 3-5
Chickadees	Ages 4-6
Nature Day	Grades K-4
Explorers	Grades 4-6
Field Explorers	Grades 5-7
Rhode Island Adventures	Grades 6-8
Summer Challenge	Grades 6-8
High School Service	Grades 9-12

### Camp Gift Certificates Now Available Year Round!

The dollar value is your choice and each certificate is custom designed for that special child in your life.

Give the Gift of Nature Today!

For details please contact:  
Kim Botelho, Director of Education  
401-846-2577 ext. 15  
[kbotelho@normanbirdsanctuary.org](mailto:kbotelho@normanbirdsanctuary.org)



## THE GOOD GARDENS



**Rachel Holbert**  
Education Coordinator

*The Rainbow Garden. Fall 2010*



During the past two summers, hikers at the Norman Bird Sanctuary have started to notice a small fenced-in garden along the start of the Universal Trail. At times, the garden has been spare and wilted or bursting with tomatoes and colorful flowers. It has consistently been wild. During the last two growing seasons, a few local families had the opportunity to let their children get involved in a Saturday program called "Rainbow Garden."

Alongside recent changes in the NBS staff, the garden is evolving too. This spring, the garden soil will be turned and prepared during a free Earth Day gathering on Saturday, April 23rd. The northern border will expand beyond the current footprint to make room for exciting future projects. A new fence, donated in memory of Eda and Ralph Nelson, will encircle the expanded garden and signal renewed efforts to teach about nature and sustainability.

The revamped area will be called The Good Gardens. Instead of existing as a singular vegetable/flower patch, the area will be divided into several miniature teaching gardens. Each smaller area will have a theme, such as the Native American "three sisters," attracting butterflies with native plants, supplemental food for animal care, herbs, and companion planting. The layout will include a shady outdoor teaching area for story time and other programming. In addition, the Education department is planning to offer programs for under served children and families in Newport County.



# Garden Workshops

## One Saturday Per Month, April-November

10 a.m. - 12 p.m., June 18th only - 1-3 p.m.

Individual workshops: \$10 members, \$12 non-members

Sign up for series and save \$10 per person.

\$60 Members, \$74 non-members

May 21 - Companion Planting

June 18 - Irrigating Responsibly

July 16 - Organic Gardening 101/Garden Tour

August 27 - Garden Grub: Outdoor cooking class

September 17- Native Plants and Backyard Habitats

October 15 - Native American Gardens and Games

November 19 - Preparing your Garden for winter



If you are interested in gardening or need community service hours, The Good Gardens is the perfect place. If you have tools or plants you would like to donate, please call 401-846-2577.

# Storytime in the Garden

## Story Time in the Garden

Tuesdays, 10-11 a.m. \$4 members, \$6 nonmembers

These programs will take place in The Good Gardens at NBS and will feature a children's story followed by games or a craft.

June 7 - Very Hungry Caterpillar by Eric Carle

June 21 - Salamander Room by Anne Mazer

July 5 - The Giving Tree by Shel Silverstein

July 19- Dear Children of the Earth: A letter from Home  
by Schim Schimmel

Aug 2 - Near One Cattail: Turtles, Logs and  
Leaping Frogs

by Anthony D. Federick

Aug 16 - The Great Kapok Tree

by Lynne Cherry

Aug 30 - Stellanluna by Janell Cannon

Sept 13 - Verdi by Janell Cannon

Sept 27-Ready, Set, Swim! By Marcus Pfister





## PONDERING WAYS TO HELP?

The Norman Bird Sanctuary couldn't be the wonderful place it is without the help from friends like you.

Your membership, support, gifts, and volunteer time help ensure a memorable nature experience for each visitor who explores the Sanctuary, and a quality of life for each animal that resides here.

Thank You!

A special thanks to  
**The Green Grocer**  
for supporting  
our animals!

### Gifts of Stock

Many donors choose to take advantage of a gift to NBS in the form of appreciated securities.

Before transferring stock, please contact us to discuss benefits and the process with you.

We welcome your broker's or financial advisor's questions.

### Memorial/Honorary Gifts

A gift in honor or memory of a friend, family member or beloved pet is a wonderful way to acknowledge them while recognizing their love of nature. You can make a tribute gift on-line or call 401-846-2577.

For longer term recognition opportunities you can *Adopt a Bench* or *Plant a Tree*.

### Membership

An NBS membership supports the Sanctuary and is a great value for you and your family. Great benefits and a variety of membership levels make joining now easier than ever. Your membership helps us directly fund our year-round efforts to provide innovative environmental education across Rhode Island and Southern Massachusetts and enables us to continue being stewards of this spectacular property.

*For gifts of stock or planned giving please call Suzanne Garvin at 401-846-2577 x16 or email: [sgarvin@normanbirdsantuary.org](mailto:sgarvin@normanbirdsantuary.org)*





Suzanne Garvin  
Development Officer

### Matching Gifts

Many employers sponsor matching gift programs and will match any charitable contributions made by their employees (even your membership dues!)

Ask your Human Resource Department about their matching gift policy.

Use  
[www.goodsearch.com](http://www.goodsearch.com)  
as your search engine and  
NBS earns money.

Visit Good Search and choose  
NBS as your favorite cause!

The more you search...  
The more we make...

### Planned Giving

The majority of planned gifts are made in bequests. These provisions in your will or living trust would direct a portion of your estate to NBS. You may even choose how the funds are utilized.

Bequests ensure that future generations will have the opportunity to love the Sanctuary as much as you do.

## ALL NEW ANIMAL ADOPTION PROGRAM

### Level 1 - \$25

Framed 5x7 photo and certificate of adoption  
Animal fact sheet  
2 day passes to NBS  
Recognition on our animal care web page

### Level 2 - \$50

Framed 5x7 photo and certificate of adoption  
Animal fact sheet  
2 day passes to NBS  
Meet your animal up close with a  
15 minute introduction  
Recognition on our animal care web page

### Level 3 - \$100

Framed 5x7 photo and certificate of adoption  
Animal fact sheet  
A 30 minute program featuring your animal  
for you and 5 of your friends  
Recognition on our animal care web page

### Level 4 - \$250

Framed 5x7 photo and certificate of adoption  
Animal fact sheet  
Host your birthday party at NBS:  
You get a 2 hour block time that includes  
1 hour of programming  
Recognition on our animal care web page

### Level 5 - \$500

This is a gift that keeps giving all year!  
Framed 5x7 photo and certificate of adoption  
Upon purchase, you will receive a binder  
and adoption kit in the mail.  
Each month you will receive a new  
Certificate of adoption and animal fact sheet.  
Recognition on our animal care web page  
Tour behind the scenes of animal care!



## Eagle Scout Improves Third Beach Education Center

In March, Troop 3-Newport Life Scout, Michael Flynn Jr., earned his Eagle Rank after planning and completing his project in the Third Beach Education Center. Twelve Troop 3 Boy Scouts, A-1 Roofing, scout leaders, friends and family, volunteered time to finish the interior of two of the unfinished rooms with plywood walls, seam and wall molding, and window trim. Material donors to the project were Sean Napolitano, owner of A-1 Roofing, The Home Depot, the Flynn Family, One Stop Building Supply Center, and JT's Lumber.



Michael Flynn and Joseph McLaughlin

# PROPERTY MANAGEMENT

Joseph McLaughlin  
Director of Properties

## New England Cottontail

NBS has once again entered into a partnership with Natural Resources Conservation Service (NRCS) and the United States Fish and Wildlife (USF&W) to protect the New England Cottontail rabbit (NEC) through species identification and restoration of its preferred habitat. The research and restoration will take place on Norman Bird Sanctuary land.

The NEC was added to the endangered species list in New Hampshire because its present-day population occupies less than 25% of their historic range. As recently as the 1960's, these rabbits were found throughout southern and central New Hampshire. The University of New Hampshire Cooperative Extension has carried out this research which is relevant to surrounding states and was a significant component in USF&W's move towards recovery of the New England Cottontail.

Despite the rabbits prolific breeding, it's still experiencing a significant decline in population. The rabbit was once a staple for Native Americans and early settlers, but it's now threatened by habitat loss.

Now, from east of the Hudson River and up through New England, efforts are underway to save the rare rabbit species. In an attempt to avoid placing the rabbit on the Endangered Species List, the USF&W is trying to increase its numbers by creating new habitat.

## Life History

There are two species of cottontail rabbits in New England. Both the Eastern cottontail and the New England cottontail occur in Rhode Island, but only the New England cottontail is native to Rhode Island. The Eastern cottontail is a lot more common, often seen bounding across suburban lawns. It looks similar to the New England cottontail, since both have that trademark cottony tail. But the non-native Eastern cottontail was introduced to this region in the early 1900s by hunters who wanted more game. With its large eye diameter, the Eastern cottontail can spot predators more easily and doesn't need as dense underbrush to survive.





## Shrubland Habitat

Thicket habitats provide rabbits with abundant food and dense understory cover, which protects them from predators. The New England cottontail's home range can vary from ½ to 8 acres, with adult males having larger home ranges than females. These small rabbits are most active at dawn and dusk. They feed on grasses and leaves of wildflowers and other non-woody plants in the summer, and they eat the bark and twigs of shrubs and trees in winter. New England cottontails prefer "early-successional" or thicket habitats such as overgrown fields and regenerating forests usually less than 20-25 years old. As a forest matures beyond this point, the tree canopy shades out understory plants and rabbits no longer have adequate food or cover.

## Reproduction

Increased day length will induce the onset of reproduction. Behavior prior to copulation includes chases by the males, the two sexes jumping over each other, face-offs, and one rabbit jumping straight into the air while the other dashes beneath it. Several litters are born from late winter to late summer. Gestation is believed to be about 28 days.

Nests are simple depressions in the ground lined with fur and grass, and capped with twigs and leaves. Nests have been found in a variety of habitats: 43% in brush, 25% in woods, 16% in hayfields, and 17% in grass fields. Three to eight young are produced per litter, with 5.2 being the mean. Lactation lasts about 6 days. Interbreeding has been observed in captivity between the New England and eastern cottontails, but fighting and genetic isolating mechanisms usually prevent this. Females produced about 24 young annually.

## Community Effort

*A Landowner's Guide to New England Cottontail Habitat Management*, a recent publication by the U.S. Fish and Wildlife Service and the Environmental Defense Fund details how land owners can help New England Cottontail rabbits through management practices. To learn more, visit: [www.edf.org/cottontail](http://www.edf.org/cottontail).



## Volunteer Opportunities For Habitat Restoration

Interested in helping the  
New England Cottontail?

**Come alone or bring a friend!**

**Work includes:**

**Invasive Plant Removal  
Planting Shrubs  
Mulching  
Watering**

Contact Joseph at:  
401 846-2577 ext. X 12  
or

[jmclaughlin@normanbirds sanctuary.org](mailto:jmclaughlin@normanbirds sanctuary.org)

Lesley Muir

Director of Development



**Birds & Breakfast**  
May 15th

## **Birds & Breakfast** **Sunday, May 15th**

A tradition for 29 years, Birds & Breakfast is our way of welcoming spring at the Sanctuary with a morning of guided bird walks and a delicious breakfast buffet prepared by the chefs at the White Horse Tavern. Located on the lawn outside our studio, overlooking the rolling fields with breathtaking ocean views, this is the best place to spend a Sunday morning in May with your family and friends! The NBS education staff welcomes children to join in fun activities. Guided Bird Walks on the half hour, 7:30 – 11:00am  
Breakfast Seatings – 8:00am, 9:00am, and 10:00am  
Adults: \$20 in advance, \$25 at the door,  
Children: \$5 (ages 4 – 12), Children ages 3 and under – free



**5K Run**  
June 18th

## **5K Run, Walk, & Kid's Run** **Saturday, June 18th**

Get your running shoes on and come out on Saturday, June 18th for one of the most scenic road races around! The 5th Annual NBS 5K is a USATF sanctioned event with chip timing provided by Race Wire. With the start and finish at NBS, the route brings you along Hanging Rock Road, by the beaches and back up Third Beach Road. The Frosty Freez Kid's Run is a shortened 1/2 mile race with all entrants receiving a coupon for ice cream.

Register to race at [www.racewire.com](http://www.racewire.com) - while there, be sure to set up your fundraising page and raise money for NBS while you run! 100% of proceeds raised benefits NBS!  
8:15am – Frosty Freez Kid's Run  
8:30am – 5K start



**Bird Ball**  
August 20th

## **Bird Ball** **Saturday August 20th**

Voted "Best Fundraiser in 2010" by the readers of Newport Life Magazine, the 8th Annual Bird Ball is set for Saturday, August 20th. With "Birds & Blokes, London Calling" as this year's theme, the décor, music, and food will reflect all things British. Don't miss out on this fun party - with a limit of 500 tickets, the Bird Ball sells out every year. Located on the Paradise Farmhouse lawn, the spectacular setting provides the backdrop for a night of dinner, dancing, and a silent auction to benefit the sanctuary. Tickets: \$125 (\$150 at the door) or "Flock of 10 tickets" - \$900



**Harvest Fair**  
October 1st & 2nd

## **Harvest Fair** **Weekend, October 1-2**

Always the first weekend in October, the Harvest Fair is an island tradition. For 37 years, families have looked forward to spending a fall weekend at NBS, where the fields become fairgrounds with something for everyone, young & old. Food, entertainment, pony rides, hay rides, the "Mabel Express Barrel Train", midway games, field games, children's crafts, mud pit, monkey bridge, home & garden competition, country store, over 60 crafters & artisans, and more.

To register for events, call 401-846-2577



# SUPPORT NBS

## How can YOU be a Dashing Duck, Piccadilly Coot, or Pumpkin Chucker?

Event sponsorship is a great way to show the community you support our mission of providing quality environmental education to thousands of children across the state, as well as continuing our efforts in habitat conservation and the preservation of open space.

We are looking for  
business, family and  
individual sponsors!

### For just \$75...

\* You or your child can be a *Dashing Duck* and see your name printed on hundreds of t-shirts worn by runners in the 5th Annual 5K

or

\* Sponsor at the *Grosbeak & Granola* level and see your name displayed on all printed materials at Birds & Breakfast

-also includes 1 reservation (\$20 value)

#### Other Sponsorship benefits may include:

- \* Signage on The Mabel Express Barrel Train at the 37th Harvest Fair
- \* Recognition on printed materials, email blasts, and our website
- \* Tickets to the 8th Annual Bird Ball

For complete sponsorship details please download sponsor forms on our website:

[www.normanbirds sanctuary.org](http://www.normanbirds sanctuary.org)

For further information  
please contact:

Lesley Muir 846-2577 x17  
[lmuir@normanbirds sanctuary.org](mailto:lmuir@normanbirds sanctuary.org)



# Artist in Residence

Aaron Phaneuf



ART lives at the intersection of living things. When life bumps into life, ART is born. Happily, the Norman Bird Sanctuary is full of intersections. Our lovely namesake, Mabel, used the space where land and sky meet as her inspiration. Gazing to the north out her large studio windows, Mabel confronted a large stand of Norway maples, and allowed her eyes to dance with sparrows, cardinals, and robins. Their presence affected her own and ART was born. Mabel used painting as her medium to convey her love of this beauty, and a precious few examples remain with us to this day.

pencils and paper for trips through the Sanctuary. The connection between this space and art, has been a long and glorious love affair.

You, your family and our entire community are invited to join us for **"Something of that Nature" September 9 – 11**. NBS is pleased to invite artists to submit artworks for their non-juried show, one weekend show, Art work inspired by nature in all mediums, including music, writing, unique genres and 2-dimensional work no larger than 24 inches in the longest dimension, ready for display, will be accepted. Outdoor sculpture and installation will also be considered. One piece per person, \$15 for members, \$20 for non-members and a 15% commission for all. The event spans the weekend of September 9- the 11th with a reception Saturday the 10th. Drop off for work is Wednesday, September 5th and Thursday the 6th from 2-6 pm.

For three days, the Sanctuary, specifically the Third Beach Education Center, will play host to an exciting array of art shows, demonstrations, and interactive creation. Beginning Friday evening (5-7pm), there will be a dynamic opening reception full of art inspired by the Sanctuary. Paintings, sculpture, spoken word, song, and dance will occupy our evening under the stars. On Saturday, a wide range of interactive art shows and demonstrations will take place at the education center as well as on the beach. Most events will be scheduled between 11-4pm. Then on Sunday (11-4pm), come back to enjoy the final day of the group art show. A call to artists (both professional and amateur) will be issued soon, and guidelines for submissions will be posted on our website in the coming weeks. You can find out more about this event on our website, along with posts to our Facebook profile.

The "Something of that Nature" event will be the first of several planned art happenings at the Sanctuary. And once the Paradise Farmhouse project is completed, an entirely new range of art related activities will be possible. While September's event will be a special time of focus on the connection between art and the Sanctuary, we encourage you to join us whenever inspiration should strike. We love finding individuals hunched over a flower with their camera, or nestled near a warm rock with their sketchpad. There are plenty of nooks and crannies waiting for you. The Sanctuary is full to the brim with life and intersections equally full of inspiration.



# Kid's Corner

*Nature is right outside your door!*

Scavenger Hunt: Search for Nature in your Own Backyard  
Can you find everything on the list below?

1. A bird's nest
2. An acorn or nut
3. Berries (but don't eat them)
4. Three different leaves
5. An Insect
6. A spider's web
7. A bird feather
8. Tree bark
9. The sound of a bee
10. Two different colored rocks
11. Dirt
12. A water source for animals
13. A hole in a tree
14. A sunny spot to relax
15. Fungus on a tree



## How to make a Container Garden

Grow your own veggies and flowers this summer! Container gardens can be set up on your bedroom window sill, patio, a balcony or door step. These small gardens are a great way for you to get your hands dirty! Here's how:

1. Pick your favorite veggie or flower!
2. Pick your container - almost any type of container can be used (bushel basket, drums, or gallon cans for example). Most veggies will need a 2-5 gallon container; smaller containers can be used for herbs, lettuce and radishes. Have an adult drill holes in the bottom of the container, so water can drain out!
3. Fill your containers with soil and compost.
4. Plant your veggies! Most vegetables do best when are planted from a smaller container. You can buy these small containers of veggies from your local plant nursery.
5. Let your plants grow! Be sure to follow watering and sunlight instructions for your plant!
6. Make a gummy snack with your veggies!



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