



# The Flyer

SUMMER 2008

## Annual Report for FYE 2008

At the close of each fiscal year it is our pleasure to report the Norman Bird Sanctuary's successes to our members, friends, and donors.

During the past year, NBS made great strides in our programs, our property, and our budget. In March 2007, the Board of Directors adopted a five-year strategic plan to guide the efforts of our organizations. We are pleased to report that during its first year of implementation we met 90% of our annual goals. We continue to follow the plan and look forward to continuing success in our pursuit.

There were many factors that led to our success in FYE 2008, including charitable contributions and special events. Our major fundraiser, Harvest Fair, raised \$81,000 (a record amount), we added a new event the NBS 5K Road Race, and broke another revenue record with the Bird Ball (\$88,000). In addition our annual appeal generated \$33,000, 82% of our goal. In total, NBS received \$174,000 in contributed support and \$183,000 from special events.

Our education programs were well-attended last year, with more children participating in our programs last year than ever before. In FYE 2008 we served more than 7,000 students through our school programs alone. Summer camp and school vacation camps continue their popularity and we strive to serve more people with NBS

programs. Education programs serve double duty for NBS as integral to our mission as well as our bottom-line. NBS education programs generated \$156,000 to Support overall operations.



Visitation continued to strengthen and we estimate that more than 11,000 people visited NBS over the course of the year. General admission brought \$20,000 into NBS coffers. Membership also saw growth, as we maintained a membership of approximately 1,400 households and generated \$67,000 from membership dues.

We hope all of these accomplishments show our dedication to our mission of conservation and education. As always we say "THANK YOU" to you, our members and friends, who demonstrate your commitment to our mission by visiting us, participating in our programs, and providing generous financial support. Thank you!

**You are invited!**

**The Annual Meeting of Friends of the Norman Bird Sanctuary**  
**Thursday- JUNE 26, 2008 6PM**

### **Chairman's Welcome and Remarks**

Michael Hayes

### **Nominating Committee Report**

Paul Croce

### **Board Elections**

Michael Hayes

### **Director's Report**

Robert Cardeiro

### **Guest Speaker**

Matt Largess

*"Forest Journey- In Search of  
 Champion Trees"*

### **Awards Presentation**

*Volunteers of the Year*

### **Closing Remarks**

Robert Cardeiro

*Please Join Us for Refreshments and Conversation Following the Meeting*

# Norman Bird Sanctuary Statements of Financial Position

Assets	3.31.2008	3.31.2007
Cash—operating	\$42,190	\$36,823
Cash and investments	\$1,423,903	\$1,182,683
Inventory	\$9,863	\$7,637
Property and equipment—net	<u>\$6,529,144</u>	<u>\$6,577,920</u>
Total assets	<u><b>\$8,005,100</b></u>	<u><b>\$7,805,063</b></u>
Liabilities and net assets		
Liabilities		
Camp deposits	\$14,202	\$42,239
Other liabilities	<u>\$2,540</u>	<u>\$2,044</u>
Total liabilities	<u><b>\$16,742</b></u>	<u><b>\$44,283</b></u>
Net assets		
Unrestricted		
Undesignated	\$235,499	\$135,180
Property and equipment	\$6,529,144	\$6,577,920
Third Beach designated	<u>\$210,107</u>	<u>\$202,021</u>
Total unrestricted	<u><b>\$6,974,750</b></u>	<u><b>\$6,915,121</b></u>
Temporarily restricted	<u><b>\$1,013,608</b></u>	<u><b>\$845,659</b></u>
Total net assets	<u><b>\$7,988,358</b></u>	<u><b>\$7,760,780</b></u>
Total liabilities and net assets	<u><b>\$8,005,100</b></u>	<u><b>\$7,805,063</b></u>
Revenues and other support		
Contributions	\$129,510	\$121,602
Grants	\$117,805	\$60,060
Entrance fees	\$20,171	\$14,925
Education programs	\$156,101	\$139,881
Membership	\$67,076	\$45,572
Rental income—net	\$23,136	\$25,387
Owl shop sales—net	\$1,592	\$2,637
Special events—net	\$78,785	\$64,859
Miscellaneous	<u>\$110,836</u>	<u>\$50,444</u>
Total revenue and other support	<u><b>\$705,012</b></u>	<u><b>\$525,367</b></u>
Expenses		
Education programs	\$271,767	\$253,925
Sanctuary maintenance	\$139,283	\$75,461
Museum/ visitor center	\$46,376	\$84,383
General and administrative	\$71,449	\$107,853
Fundraising	<u>\$73,548</u>	<u>\$49,502</u>
Total expenses	<u><b>\$602,423</b></u>	<u><b>\$571,124</b></u>
Change in net assets	<u><b>\$227,578</b></u>	<u><b>\$124,871</b></u>



# Preventing Tick-Borne Diseases

By Catherine Arning, Director of Education

As we make plans to head outdoors this summer, I wanted to highlight the steps that NBS is taking to ensure a safe and memorable experience for all of our visitors. As you may know, tick populations have been on the rise throughout New England. While their numbers are not significantly higher here at the Sanctuary than in other areas, we want you to be safe no matter where you go. The following guidelines apply to all NBS campers and visitors, but we also suggest that you use these tips as you travel throughout parks, neighborhood yards, and the rest of the great outdoors this summer.

- **Wear appropriate clothing when outdoors.** Wear long sleeves, pants, and socks; light colored clothing makes the ticks easier to spot. We encourage visitors to roll up long socks or tuck pants into their socks to prevent ticks from reaching the skin. Ticks do not jump or fly and are most commonly picked up on your shoes and socks.
- **Stay on the trails.** Deer ticks prefer moist leaf litter and tall grasses and avoid mowed lawns and the center of trails. Visitors are not allowed to venture off the trails at NBS; we ask you and your family to set this same example on walks.
- **Stay off of the stone walls.** Despite their name, deer ticks can be found on many animals— including squirrels, some birds, and the mice that make their home in the region's stone walls. Climbing and sitting on stone walls is prohibited at NBS and should also be discouraged in other locations.
- **Tick checks!** We train our staff to integrate numerous tick checks into their daily teaching schedule. Checks should be conducted after hikes and before heading home. We also ask parents to check their children after camp and at bath time.
- **Repel ticks.** Use insect repellent on areas of your body and clothing that may come in contact with grass or brush. For maximum protection, treat your clothing with Permethrin, which kills ticks on contact. We recommend using a repellent with DEET on your skin and one with Permethrin on clothing (you can stock up on these products in the NBS gift shop.)
- **Stay calm.** If you find a tick, you should remove it as soon as possible with fine-tipped tweezers. Grasp the tick firmly and do not use alcohol, nail polish remover, matches, or Vaseline. Remember that infected ticks must be attached for at least 24 hours before they can transmit Lyme disease.
- **Attend an NBS Camp Open House.** We will be holding monthly camp open houses to highlight new procedures for our summer education programs. These meetings will be held on June 10, and July 8, at 7:00 p.m., and will include speakers on preventing tick diseases. By learning the simple steps to prevent tick-borne illnesses, you can help to educate family and friends and feel more confident spending time in the natural world.

## Election of Board of Directors and Officers

### OFFICERS

Michael Hayes, Chairman

Paul Croce, Vice Chairman

Jennifer Capodilupo, Treasurer

Judy Tucker, Secretary

### 2008 BOARD OF DIRECTORS

Jennifer Capodilupo 3rd Term 2010	Elizabeth MacGillivray 2nd Term-2009
John Ceglarski 1st Term - 2010	Jay Manning 1st Term-2010
Paul Croce 3rd Term- 2009	Belinda Nattress 1st Term - 2010
Laura de Ramel 3rd Term - 2009	Jocelyn Sherman 2nd Term-2010
Elizabeth Gibbs 2nd Term-2010	Patrick Sweeney 1st Term- 2009
Michael Hayes 3rd Term-2010	Judy Tucker 1st Term -2009
Heather Lynch 3rd Term-2010	

Board members are eligible to serve up to three consecutive two-year terms. The year following the Board member's name denotes the expiration of their current term.

## NORMAN BIRD SANCTUARY STAFF

Robert Cardeiro, *Executive Director*

Catherine Arning, *Director of Education*

Kelly Carpenter, *Office Manager*

Natalie Coletti, *AmeriCorps Member*

Natasha Harrison, *Assistant Executive Director*

Jennifer Klein, *Education Coordinator*

Joseph McLaughlin, *Director of Properties*

Jerry Moriarty, *Custodian*

Lesley Muir, *Development Associate/  
Volunteer Coordinator*

Stephanie Zanati, *AmeriCorps Member*



# Programs Feature Hands-on Discovery in Nature

*By Catherine Arning, Director of Education*

"I feel like a real scientist writing things down about nature," enthused one Sullivan Elementary third grader during a recent NBS Exploring Ecosystems class, while a Shining Star preschooler observed, after a discovery-filled morning at the pond, that "Now my brain is bigger than a monster truck!"

With memorable moments like these occurring every day, our staff has been hard at work, engaging learners of all ages through hands-on discovery and inquiry-based programming. From January through May 2008, 1081 school children visited the Sanctuary for a field trip, and more than 539 students participated in one of our unique outreach courses. Meanwhile, during the same period, over 597 children experienced the natural world through interactive Family Nature Nights, scout and afterschool programs, vacation camps, special events, and birthday parties.

Learning about the natural world shouldn't stop with children, however, and our courses for adults and families continue to grow in popularity. With our monthly wildlife lecture series, bi-weekly Sunday morning bird walks, and seasonal birding day trips—there really is something for all stages of learning here at NBS.

As we enter the summer months, I am more excited than ever to be a part of this talented team. I was fortunate enough to join NBS in January as Director of Education and have enjoyed getting to know the Sanctuary's amazing natural resources and its wonderful members. Our education staff features a number of other new faces, including Education Coordinator Jen Klein and AmeriCorps members Stephanie Zanati and Natalie Coletti. Together, we are working to expand our popular offerings to include over 45 new school programs and an extensive variety of seasonal workshops and night courses, vacation camps, and seasonal EcoTour trips. We will also soon welcome several new education animals, including a second red-tailed hawk and an eastern screech owl. These non-releasable animals serve as our "education ambassadors," teaching school children and visitors about adaptations, wildlife biology, and conservation.

For updated class lists and other opportunities, stay tuned to our website, [www.normanbirds sanctuary.org](http://www.normanbirds sanctuary.org), where we will unveil a new, user-friendly format this summer. Our education webpage will feature a teacher's guide, interactive kid's corner, naturalist's blog, and many other resources. As always, you are encouraged to contact us with your own ideas and suggestions for programs—please contact me directly at [carning@normanbirds sanctuary.org](mailto:carning@normanbirds sanctuary.org), or by phone, at (401) 846-2577 x15. Please also email if you would like to sign up for our monthly education E-notes newsletter, which will be launched in July.

Finally, I would like to invite you to take an active role in our educational efforts by becoming a NBS education volunteer. From leading field classes in the forest, field, or beach, to caring for our non-releasable animals or simply helping with data entry, we could use your expertise and support! We will hold a volunteer training session in the fall, but we will also have ongoing opportunities throughout the summer; please call or email for additional information.



## Tides and Trails

*By Joseph McLaughlin, Director of Properties*

I would like to take this opportunity to welcome Bob Helmbrecht to the Norman Bird Sanctuary as the Seasonal Properties colleague. He has years of experience ranging from trail work, building maintenance, and is a problem solver. Bob pays great attention to safety, has genuine concern for the environment, and is a self-motivated Marine. The seven miles of trails, thousands of feet of stone walls, and our ten buildings will keep Bob moving straight through to the Harvest Fair, when he will set his sites on, once

again, laying out and constructing the Monkey Bridge with the help of the Naval Prep Academy.

With the warm summer winds blowing in, I encourage everyone to bring a friend that has not yet experienced the wonders of the Norman Bird Sanctuary. Open fields, forest, beaches, salt marshes, and pond habitats make the Sanctuary a peaceful memory.



# Events & programs

For more information visit us at [www.normanbirds sanctuary.org](http://www.normanbirds sanctuary.org)

To register, please call (401) 846-2577

## June-August

*Saturdays*

*All day*

### Craft Stations, Guided Hikes and "Amazing Animals" Presentations

These weekly programs are free with NBS admission or membership. Call NBS for program times and details.

## June 6-July 15

*Tuesdays and Fridays*

*7:30 am*

*Wednesdays*

*7:00 pm*

### Tai Chi Ch'uan

Join Ty Romijn for sessions that are open to all backgrounds and levels. Please call for more info/costs. Registration requested.

## June 8, 22, July 6, 20, Aug 3, 17

*Sundays*

*8-10 am*

**Bird Walks** every other week with Jay Manning. Free.

## June 2-June 30 (5 weeks) and July 7-August 12 (6 weeks)

*Mondays*

*6-7:30 pm*

### Gentle Yoga with Clara Morgan

Members \$40, Non-members \$50, Seniors \$25. Registration encouraged.

## June 10 and July 8

*Tuesdays*

*7:00 pm*

### Camp Open House

Will your child be attending NBS summer camp this year? If so, please join us for our Camp Open House! We will highlight new procedures and policies for 2008. Guest speakers on preventing tick-borne diseases will also be featured.

## June 23-August 15

*Monday-Friday*

*9am - 3pm*

### NBS Summer Camp

Join NBS for our fun-filled nature camp! One-week sessions are filled with animal presentations, crafts, experiments, and outdoor discovery. Age-appropriate sessions are held for ages 3-Grade 8.

## July 2

*Wednesday*

*6:00 pm*

### Medicinal Herb Walk

Join Clara Morgan for this informative walk through NBS. Learn the variety of medicinal plants that are visible this time of year.

Members \$6 adults 12 & over; Non-members \$8 adults 12 & over; Registration is required.

## July 2, 9, 16, 23, 20, Aug 6, 13, 20, 27

*Wednesdays*

*10:00 am*

### Bird Tales

Join us for animals, authors, and art! Meet in the orchard for our weekly nature storytime. Every week will feature a children's story, craft, and animal presentation. Members \$4 children, Non-members \$6 children. Adults are free. Registration is requested.

## July 11

*Friday*

*7:00 pm*

### Family Nature Night - Seas the Day

Discover what puts the ocean in motion, as we dissect a fish, learn what makes the sea such a special ecosystem, and meet a variety of water-ready creatures. Members \$6 adults 12 & over; \$4 children 4-11, Non-members \$8 adults 12 & over; \$6 children 4-11. 3 & under free. Registration is required.

## July 12 and August 9

*Saturdays*

*10:00 am*

### Seashore and Salt Marsh Ecology

Meet at Third Beach for this interactive beach sweep! We'll investigate the shoreline and study the plants and animals that call our coast home. Members \$6 adults 12 & over; \$4 children 4-11, Non-members \$8 adults 12 & over; \$6 children 4-11. 3 & under free. Registration is required.

## July 17 and August 21

*Thursdays*

*7:00 pm*

### Wildlife Speaker Series

Join us for an interactive look at current research, wildlife studies, and other local issues in our monthly speaker series. Members \$6 adults 12 & over, Non-members \$8 adults 12 & over. 11 & under free. Registration required.

## July 25 and August 29

*Fridays*

*6:00 pm*

### Nature Notes Picnic Series

Bring your blanket and join us for our second annual picnic series. Families and all ages are invited to bring dinner to the orchard and enjoy live music, kids' activities,

and a guided hike. Members \$6 adults 12 & over; \$4 children 4-11, Non-members \$8 adults 12 & over; \$6 children 4-11. 3 & under free. Registration is encouraged.

## July 26

*Saturday*

*1:00 pm*

### Urban Ecology

Explore the natural side of the city! We'll look at the ecology of backyards and city streets. Bring your binoculars! Members \$6 adults 12 & over; \$4 children 4-11, Non-members \$8 adults 12 & over; \$6 children 4-11. 3 & under free. Registration is required.

## August 1

*Friday*

*7:00 pm*

### Family Nature Night - Bats, Man!

Join NBS as we go batty for these often misunderstood mammals. We'll learn about bat adaptations for survival, play themed games, and venture outdoors with a bat detector! Members \$6 adults 12 & over; \$4 children 4-11, Non-members \$8 adults 12 & over; \$6 children 4-11. 3 & under free. Registration is required.

## August 16

*Saturday*

*7:00 pm*

### Bird Ball

Mark your calendars for the 5th Annual Bird Ball. This year's theme is "Paradise in Blue," and will include delicious catered dinner, a silent auction, and cocktails. The highlight will be live music provided by local blues legend James Montgomery and his band, featuring Aerosmith drummer Joey Kramer. Tickets \$100 in advance/\$125 at the door.

## August 23

*Saturday*

*8:00 am*

### Ecology of the Cliff Walk

Join us for an interactive look at the fascinating ecology of Newport's famous Cliff Walk. We'll explore animals, plants, lichens, geological formations, and more. Members \$6 adults 12 & over; \$4 children 4-11, Non-members \$8 adults 12 & over; \$6 children 4-11. 3 & under free. Registration is required.

**October 4-5** - Save the date for the 34th Annual Harvest Fair!

This Annual Report / Newsletter is generously sponsored by:

**Largess Forestry, Inc.**

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The Norman Bird Sanctuary  
583 Third Beach Road  
Middletown, RI 02842

## Our Wish List!

- Tanks, aquariums, and cages
- Vacuum Cleaner
- Hand towels and blankets
- Humidifier
- Children's games, puzzles, and toys
- Area rugs for classrooms
- Framed pictures and art for classrooms
- Craft and art materials
- Double boiler and hot plate
- CD players
- Passenger Van
- Volunteers

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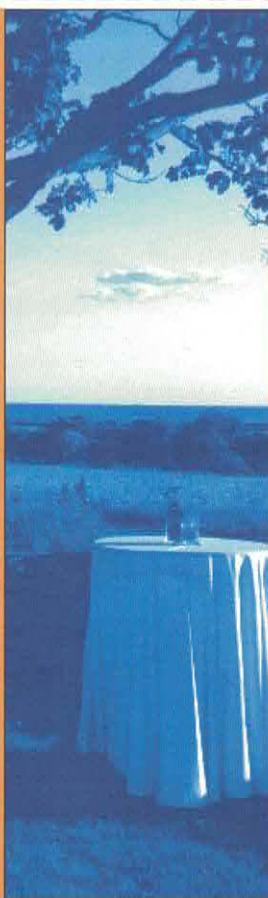
## NORMAN BIRD SANCTUARY BIRD BALL 2008



Paradise  
In  
Blue

August 16, 2008

# SAVE THE DATE!



## 5TH ANNUAL NORMAN BIRD SANCTUARY BIRD BALL 2008



Paradise  
In  
Blue

Celebrate the return of the Eastern Blue Bird to  
the Norman Bird Sanctuary!

Support our mission of:

- Providing Environmental Education
- Protecting Open Space
- Promoting Environmental Awareness

August 16, 2008 — 7 pm

Tickets \$100 — (\$125 at the door)

Bring your flock! (10 tickets purchased in advance \$800)

Sponsorships from \$100

Catering by Blackstone Caterers

401-846-2577 or [www.birdball.org](http://www.birdball.org)

# SAVE THE DATE!