



# NORMAN BIRD SANCTUARY

583 THIRD BEACH ROAD \* MIDDLETOWN, R.I. 02840 \* PH: 846-2577

## WINTER PROGRAMS

January – March, 1983





# NORMAN BIRD SANCTUARY EVENTS

Every Sunday Morning  
8:00 AM

BIRD WALK. A brisk way to start a winter Sunday. Our winter walks focus on coastal life, including seals, and wintering land birds. Everyone welcome. Dress warmly!

Sunday Afternoons  
2:00 PM

## FAMILY PROGRAMS AND FILM SERIES.

Film Series: With the exception of Rattlesnake Country, all films are free and generally run for 40 minutes. Films are geared for primary to junior highschool-aged children (dates subject to change).

January 9  
January 16  
January 23  
January 30  
February 6  
February 13  
February 20  
February 27

Rattlesnake Country  
So Little Time  
Life of the Beaver  
Bighorn, with John Denver  
Birds of Prey of the NE United States  
Silent Spring  
Tundra Wolf  
The Incredible Flight of the Snow Geese

Family Programs: Special programs in natural history for the whole family.

March 6

Children's Story Hour- Reading Aloud several special stories from Nature.

March 13

Mammal Adaptations- Using live mammals and artifacts, this program teaches the importance of fitting the niche to survival of the species. Also discussed will be the topic of endangered species.

March 20

Birds of Prey- This is a program on the special relationship between predators and their prey.

March 27

Insect Architecture - A program on the master builders in the insect world.

January 13  
7:30-8:30 PM

STAR WALK. North America has the best star-gazing in the winter of anywhere on the Earth, with many of the brightest stars visible. Join us for a tour of the constellations through telescope and legends. Dress warmly!

January 19  
7:00-9:30 PM

CROSS-COUNTRY SKI WORKSHOP. See description and registration form on facing page.

January 22  
5:00-6:00 AM

OWL PROWL. A pre-dawn stroll through the Sanctuary to listen for the calls of the Great-horned and Screech Owls. Call the Sanctuary if you plan to come on this one.

February 9  
7:30 PM

THE ECOLOGY OF SALT MARSH BIRDS. Natural History Lecture Series. Slides and lecture by Steven Reinert on studies he has made in a Barrington, RI salt marsh. Learn of the fantastic nest-building techniques of the red-winged blackbird, the secrets of seaside sparrows and the haunts of the seldom-seen clapper rail.

February 16  
7:30-8:30 PM

STAR WALK. See above description.

February 19  
1:00-4:00PM

NESTING BOX BUILDING WORKSHOP. Description and registration information on facing page.

March 5  
1:00-4:00PM

CHILDREN'S NATURE POETRY DAY. Description and registration on facing page.

March 9  
7:30 PM

PLANTING THE WILD. Natural History Lecture Series. Slides and discussion by Jorie Honkin of "Garden in the Woods", on propagation of native wildflowers in both garden and natural settings. Information for both the curious naturalist and gardener on the very specialized habitat requirements of some of our native wildflowers.

March 14  
7:30 PM

STAR WALK. See above description.

March 19  
5:30 PM

WOODCOCK WALK. An informal stroll through the refuge in search of one of Spring's earliest celebrations: the courtship flight and song of the male woodcock.

All above programs cost \$1.00 for Sanctuary members and \$2.00 for non-members, except Sunday morning bird walks and Sunday afternoon films, which are free to all.



# WORKSHOPS AND CLASSES

## Cross Country Ski Workshop

Learn the basics of x-country. Workshop will include tips on Equipment choices, care and waxing, skiing techniques, clothing, winter safety, winter botany and animal tracks, and much more. Slide show and hand outs.  
INSTRUCTOR: Suzi Williams  
COST: \$5. member, \$7. non-member  
DATE: January 19 TIME: 7:00-9:30

## Wooden Decoy Carving

Bird carving is high craft and art form combined. Learn the history of wooden bird and decoy carving, the basics of carving, and the tools required. Participants will work on their own carving throughout the course under the tutelage of an experienced carver.  
INSTRUCTORS: Jim Williams/Barry Murphy  
COST: \$20 members, \$25 non-members  
DATE: Feb. 3 - Feb. 24, plus Feb. 26  
TIME: 7:30-9:00pm

## Nesting Box Building

Build a nesting box using the simple design and construction methods of staff carpenter Gary MacDonald. Martins, Bluebirds, Swallows, and Wrens will thank you! Take home your own birdhouse.  
COST: \$5.00 members, \$7.00 non-members  
DATE: February 19, TIME: 1:00-4:00pm

## Naturalist Writers Discussion Group

The evolution of human attitudes toward nature will be one of the topics of this discussion group. Writings from Darwin, Henry David Thoreau, Aldo Leopold, and contemporaries like Edward Abbey, and Annie Dillard will be discussed.  
DATE: February 15- March 8 TIME: 7:30-9:00  
COST: material costs only (copying costs)



## CHILDREN'S PROGRAMS

### Nature Club

A Saturday morning alternative for your child, the Norman Bird Sanctuary's Nature Club is a place where children can safely do things that have always excited their curiosity, under the guidance of a knowledgeable and enthusiastic staff. Seven to 10 children per instructor. Children learn by doing and have fun at the same time. For children in grades K - 6.  
TIME: Saturday Mornings 9:00-12:00  
Session # 1: Jan. 29 - Feb. 26  
Session # 2: March 5 - April 2  
COST: Members: \$20/five week session  
Non-members: \$25/five week session

### Winter Week

A vacation at the Norman Bird Sanctuary! Crafts, films, hikes, games, nature discovery activities. Vacation does not need to be an end to fun learning. For children in grades K - 6.  
DATE: Feb. 21 - Feb 25, 9:00-12:00  
COST: Members: \$20 Non-members: \$25

### Children's Nature Poetry

This one afternoon workshop will be an exploration of the sanctuary on foot and through the imagination. Workshop leader, Lida Whitman, will lead children through a number of observing and writing exercises.  
DATE: March 5 TIME: 1:00-4:00pm  
COST: \$4.00 member, \$5.00 non-member.

## PROGRAM REGISTRATION FORM

NAME \_\_\_\_\_ TELEPHONE # \_\_\_\_\_

ADDRESS \_\_\_\_\_

SANCTUARY MEMBER \_\_\_\_\_ NON-MEMBER \_\_\_\_\_ PLEASE SEND MEMBERSHIP INFORMATION \_\_\_\_\_

		# Attending	Fee
_____ Nature Club Session # 1	Jan. 29-Feb. 26	_____	_____
_____ Nature Club Session # 2	March 5-April 2	_____	_____
_____ Winter Week	Feb. 21-Feb. 25	_____	_____
_____ Children's Nature Poetry Day	March 5	_____	_____
_____ Wooden Decoy Carving	Feb. 3-Feb. 24, Feb. 26	_____	_____
_____ Cross-Country Ski Workshop	Jan. 19	_____	_____
_____ Naturalist Writers Discussions	Feb. 15-March 8	_____	_____
_____ Nesting Box Building	Feb. 19	_____	_____

Total Enclosed \$ \_\_\_\_\_



## THE REFUGE

Norman Bird Sanctuary is located in the southeastern corner of Aquidneck Island. Its 450 acres, together with the acres of the adjacent Sachuest Point National Wildlife Refuge, protect over 1000 acres of undeveloped lands. Just several miles from each of the island's communities, including historic Newport, the bird sanctuary is a refuge for native plant and animal forms. Visitors are welcomed to roam the over 15 miles of trails.

## GENERAL INFORMATION

Trail fees: \$2.00 adult, children under 12 and senior over 65 free. Sanctuary members free.

Hours: Open 9:00am - 5:00pm  
Wed. - Sun: Fall, Winter, Spring  
Daily: Memorial Day - Labor Day  
Open holidays except Thanksgiving and Christmas.

Tours: Special programs, group rates, summer camp, workshops:  
Please call Sanctuary office,  
846-2577.

## MEMBERSHIP

Operating costs are supported largely by family and individual memberships. In turn, the Sanctuary is open to members, free of charge, 7 days a week. Members are entitled to summer camp and educational program discounts, and they can choose to garden in Sanctuary garden plots.

If you would like more information on membership, please call the Sanctuary at 846-2577.

DO YOU HAVE A FRIEND OR NEIGHBOR  
WHO ISN'T A SANCTUARY MEMBER ?

The Norman Bird Sanctuary  
583 Third Beach Road  
Middletown, RI 02840

### Annual Membership

<input type="checkbox"/> Individual...\$10	<input type="checkbox"/> Business...\$30
<input type="checkbox"/> Family.....\$15	<input type="checkbox"/> Patron....\$100
<input type="checkbox"/> Sustaining...\$25	<input type="checkbox"/> Life.....\$1000

Name \_\_\_\_\_  
Street \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Contributions and membership dues are deductible for Federal Income Tax purposes.

NORMAN BIRD SANCTUARY  
Third Beach Road  
Middletown, Rhode Island



NON-PROFIT ORG.  
U. S. POSTAGE

PAID

NEWPORT, R.I. 02840  
PERMIT NO. 43



# NORMAN BIRD SANCTUARY EVENTS

- Every Sunday BIRD WALK A brisk way to start a winter Sunday! Guided by Sanctuary staff, our winter walks focus on wintering land birds and coastal life, including waterfowl and seals. All levels of experience welcome. Dress warmly. 8:00 AM. No charge. Registration required.
- February 16 THE NIGHT WORLD Are you afraid of the woods at night? With any luck at all, you won't be after this walk! Sanctuary Teacher/Naturalist, Larry Taft will guide participants through a variety of activities designed to make them familiar with all the sights and sounds of the woods and fields after dark. All ages are welcome. Dress warmly! 7:00 PM. M/\$2. NM/\$3. No registration required.
- February 17 CROSS COUNTRY SKIING The numbers of cross country skiers that flock to the Norman Bird Sanctuary after each snow fall has grown dramatically in the past few years as more people have discovered this relaxing way to enjoy the winter woods and fields. Join us before or after your Sunday afternoon outing for the wonderful film, "SKINNY SKIING," which portrays cross-country skiing in all its moods from a peaceful glide through the woods to the thrill of competition. The film lasts  $\frac{1}{2}$  hour. No charge. No registration required. 2:00
- February 24 THE YEAR OF THE EAGLE Eagles! These bold birds have long excited our national imagination, but they are becoming increasingly rare. Well-known fish and wildlife photographer Jack Swedburg is one of those lucky few who has observed eagles in the wild and for this program he will share and personally narrate two of his dramatic films. "The Year of the Eagle" portrays the daily life of wintering birds in the Quabbin Reservoir, while "Home Free" tells the story of the translocation and hand rearing of baby eagles from Manitoba to new homes in New England in an attempt to bolster our diminishing populations.
- This exciting program is suitable for all ages and will be held in the newly remodeled auditorium of the Sachuest Point National Wildlife Refuge, just down the road from the Sanctuary. No charge. No registration required.
- March 1 OWL PROWL Winter is mating season for the Sanctuary's owls. Join us for a night walk as we try to hear the calls of the Screech owls echoing through the woods. Learn of the specialized haunts and habits of these refuge dwellers. All ages welcome. Bring a flashlight for owl spotting and dress warmly! 7:30 PM. M/\$2. NM/\$3. No registration required.
- March 2 MAPLE SUGARING Since the days of the Native Americans, New Englanders have relished the delicious amber maple syrup. Through this workshop learn how to tap, gather, and "boil off" maple syrup using equipment made from simple household objects. Sanctuary Teacher/Naturalist Larry Taft will guide participants through all phases of sugaring, from identifying the proper trees to a taste of the final product! All ages welcome. 1:30 - 4:00 PM. Pre-registration required. M/\$5. NM/\$7.
- March 3 WINTER BIRDS "I keep meaning to get to one of those Sunday morning Bird Walks, but when Sunday morning comes around, I kind of open one eye, stare at the clock and roll back under the covers, thinking, 'Next week for sure!'" Sound familiar? Well, here's some incentive to break the pattern. On this special Sunday morning, directly following the bird walk as we cozily munch on pastries and hot drinks, Dartmouth photographer Andy Provost will share his superb slides of the wintering birds of the Norman Bird Sanctuary. Join us! (For those who don't want to take the plunge all at once, the slides will start at 9:00 AM.) 8:00 AM. No registration required. M/\$1. NM/\$2.





# NORMAN BIRD SANCTUARY EVENTS

- March 6 COOKING WITH SEAWEED From delectable sweet blanc mange pudding to zesty kelp chip snacks, the world of seaweed provides many tasty delights. This workshop will cover collection, identification and preparation techniques. Included will be recipes for seaweed desserts, snacks, soups and breads. Come join the feast! Pre-registration required. 7:00 PM. M/\$5. NM/\$7.
- March 10 WILD ANIMAL BABIES For wild animals, childhood is the age of delight and discovery, as well as the time for quickly learning essential survival skills. This program will feature the lively film, "Wild Babies", produced by Marty Stouffer, which looks at a wide variety of North American babies, from baby skunks and owlets to Bear cubs. Included in the program will be a presentation by Delia Clark on the Norman Bird Sanctuary's own wild babies and what you can do if you come across one of your own in your wanderings. Suitable for all ages. No registration required. 2:00 PM. M/\$2. NM/\$3.
- March 15 WOODCOCK WALK Greet this wiley Spring reveler and welcome Spring itself with a walk through the Sanctuary in search of Philohela minor. Learn about this bird's unique nuptial flight and courtship, then enjoy a champagne toast to his return! No registration required. 5:30 PM. M/\$3. NM/\$4.
- March 20 NATIVES OF MIDDLETOWN Since shortly after the retreat of the last great glacier, many groups have populated Southeastern New England. Recently, archeological investigations along the greater Narragansett Bay have discovered many sites left by these ancient peoples, including one very large and essentially undisturbed site right here in the Norman Bird Sanctuary. Co-sponsored with the Middletown Historical Society, this program will present Alan Leveillee and Peter Thorbahn of the Public Archeology Lab Inc. discussing the lifestyles of these early southern New England natives, with a focus on Middletown. The program will include slides and an artifact exhibit. Join us! No registration required. 7:30 PM. M/\$2. NM/\$3.

## CHILDREN'S PROGRAMS

### NATURE CLUB

A Saturday morning alternative for your child, the Norman Bird Sanctuary's Nature Club is a place where children can safely do things that have always excited their curiosity, under the guidance of a knowledgeable and enthusiastic staff. Nature crafts, hikes, films, games, nature discovery activities - fun learning! For children in pre-school through grade 4. Children are grouped by age. Saturday mornings 9:30 - 12:30  
Session # 3 February 16 - March 16  
Session # 4 March 23 - April 20  
M/\$25. NM/\$30 per 5-week session.  
Pre-registration required.

### WINTER WEEK

A vacation at the Norman Bird Sanctuary! Crafts, hikes, films, games, nature discovery activities. Vacation does not need to be an end to fun learning.\* For children in pre-school through grade 4.  
M/\$25. NM/\$30. Pre-registration required.

\*Watch for Spring Week, April 15 - 19!

