#### Spring 2004 Volume 26, Issue 1

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#### Sanctuary Pics



Above and below: Birds & Breakfast, May 2003



Melissa Martin Ellis photos

# THE FLYER

the norman bird sanctuary newsletter

## The Sanctuary Welcomes New Executive Director

by Stacy Couto

We are delighted to welcome new Executive Director, Robert Cardeiro to the Sanctuary family! Rob arrived in mid-February and brings a wealth of experience with him, having been involved in the non-profit environmental field for over ten years. He is a New England native, but comes to us from Fairfield, PA where he most recently oversaw the operations of the Strawberry Hill Nature Center, a 600 acre preserve and environmental education center.

Rob has done it all! In addition to his experience in non-profit management, Rob has also worked in many other aspects of the field, including environmental education and facilities and ground management, at institutions such as The New York Botanical Garden in Bronx, NY and the Berkshire Botanical Garden in Stockbridge, MA.

Rob received a Bachelor of Arts degree in zoology from Connecticut College and a Masters of Science degree in Natural Resources from Washington State University. His expertise in strategic development, fundraising and special event planning, financial management, as well as grounds and facilities management, is just what we need to guide us in upcoming projects and events, including capital renovations set to start this spring and our first ever Bird Ball, scheduled for August 21st.

After a nationwide search, we were certainly fortunate to find such a good fit for the organization. Rob definitely has a full plate to start, but he has jumped right in and is up for the challenges ahead! We are thrilled he has arrived and look forward to working with him in the coming years. Please join us in welcoming Rob and his family: his wife, Dawn and three children, sons Grady and Avery, and daughter Sonia to the Norman Bird Sanctuary and Aquidneck Island.

#### A Word From Rob Cardeiro

Many of you are curious to learn a bit about the new Executive Director. I am a native New Englander who grew up just outside of Worcester, Massachusetts. I have degrees from Connecticut College and Washington State University, and have enjoyed working with environmental non-profits for more than ten years. I am passionate about environmental education and conservation. I am impressed with the accomplishments of this institution and very excited to be a part of the future of the Norman Bird Sanctuary.



Dawn Cardeiro photo Rob Cardeiro

When February 11th finally arrived and I stepped into the Administration Building at the Sanctuary, I felt at home almost immediately. David Collins, Stacy

#### **Board of Directors**

Christopher Greene CHAIRMAN

> Lorrie Burns VICE CHAIRMAN

Jean Lambert SECRETARY

Charlotte Yeomans TREASURER

Gail Abromitis • Larry Allen
Brian Arnold • Bob Barlow
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Nancy O'Brien • Constance Sullivan
John Woodhouse, Jr.



Each staff member has an identifying icon. Please follow the guide to identify articles in the newsletter.



Rob Cardeiro
EXECUTIVE DIRECTOR



Lauren Parmelee
DIRECTOR
of EDUCATION





David Collins
EDUCATION SPECIALIST









#### Sanctuary Update

Continued from Page 1

Couto, Chris Greene, Nikki Hinds, Linn Lydon, Jerry Moriarty, and Lauren Parmelee all welcomed me to the Sanctuary and my day began. As soon as my jacket was off, we set to work. Chris Greene briefed me on the most urgent projects and from that first meeting, I just kept moving right along.

Over the course of my first three days, I toured the Third Beach property and the Paradise Farmhouse; discussed the plans for the Bird Ball and the renovation plans for the Ed Shed and parking area; and welcomed the newest member of our staff, Megan Bradley, our new Office Manager, to the Sanctuary. It is such an exciting time here and the staff and board are so motivated to succeed.

On Friday, I had my first opportunity to walk around the Sanctuary. I set out on a meandering hike to Hanging Rock. The warmth of the sun took the edge off the biting wind and I had a wonderful walk. I took my time, walking slowly along the paths. I stopped often to look at the ice formations, listen to the wind, or smell the salt in the air. The view from Hanging Rock was, of course, breathtaking. What a truly special place this is.

At the close of my first week I had a moment to walk around the fields. I watched the sun set over St. George's as a skein of Canada Geese flew overhead. It was the perfect ending to a great beginning.

I look forward to the coming year, the Sunday Morning Bird Walks, the summer camps, the Bird Ball, and all the programs and events. I hope to meet many of you at the Birds and Breakfast program this spring,

Rob Cardeiro Executive Director

#### Welcomes & Farewells

A bientôt to our former Office Manager, Suzanne Goulart! Thank you for all your hard work, your creative ideas and that wonderful sense of humor you bestowed upon us over the past two years. We miss you and wish you lots of luck in your new profession. Ciao, bella... but come back and yolunteer!

We are thrilled to announce that Megan Bradley has taken on the role of the Sanctuary's Office Manager! Without a doubt, she is the best person to fill the large shoes that Suzanne

Goulart left behind.

Megan has a strong background in office administration and is very familiar with the Sanctuary staff and



Stacy Couto photo Megan Bradley

programs. For the past two years, Megan has been an integral part of the NBS Education Department, both as a Teacher Naturalist in our summer camp program, and as our part-time weekend educator. She is personally responsible for the increasing popularity of our Birthday Party programs! This winter, she added weekend office work to her list of responsibilities and then applied for the Office Manager position as a logical next step.

Originally, Megan is from the Chicago area, but earned her undergraduate degree in English at the University of New Mexico in Albuquerque. Last spring, she completed her Master's thesis on "Animal Imagery in the Works of Author Toni Morrison," and earned her graduate degree in English at U.R.I. Her love of literature, animals, and children, as well as her organizational and computer skills, make her an excellent choice as a permanent staff member of the Norman Bird Sanctuary. Welcome to 40+ hours, Megan!

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#### Feature Article

## Meet the New AmeriCorps Team

by Lauren Parmelee

AmeriCorps is here to get things done! We are pleased to welcome to the Norman Bird Sanctuary education team three in-

dividuals who have been chosen to serve with the Ocean State Environmental Education Collaborative (OSEEC) Ameri-Corps project in the year 2004. Catherine Rosario, Jessica McCauley, and Jeanne Tierney will be working with NBS educators and summer staff to develop and present more environmental education programs on the island, particularly for the City of Newport schools, afterschool programs and community centers. The project's aims are to increase our availability to work with lower income

children and families, to increase the amount of time spent with individual children, to engage more children in environmental science activities and service learning projects, and to support the teaching of science in the public schools.

Who is OSEEC? The Ocean State Environmental Education Collaborative is "an ad hoc association of three environmental organizations with a shared belief: the quality of life in our communities is linked to the quality of environment". These three organizations, the Norman Bird Sanctuary, Roger

Williams Park, and Save the Bay, have been working together for well over a year to plan, research, and fund this AmeriCorps project. OSEEC recognizes that all of our citizens must be informed about the importance of natural resources in order to ensure that a healthy environment will be preserved for future generations. Hence, our proposal targets the "core cities" of Rhode Island, where the percentage of children



AmeriCorps volunteers, left to right: Catherine Rosario, Jessica McCauley and Jeanne Tierney.

living in poverty is 15% or more: Central Falls, Newport, Pawtucket, Providence, West Warwick, and Woonsocket. Does it surprise you that over 20% of children in Newport live in poverty? (2002 Rhode Island Kids Count Factbook).

Who are these committed individuals who are willing to dedicate a year or two of their lives to this new initiative? Cathy Rosario, a native of the New Bedford area, holds a Bachelor's in English from UMass Dartmouth, and chose to work with NBS because of her love for birds. Originally from Chicago, Jessica McCauley is a graduate student at Salve Regina studying Holis-

tic Counseling. Jeanne Tierney, originally from the Bronx, now lives over the bridge in Wakefield and is pursuing a degree in History at URI. In return for their 1700 hours of service this year, the AmeriCorps members will receive training, a living allowance, health insurance, and an education award.

Jessica, Jeanne and Catherine are part of a larger, diverse group of

members who are working at Roger Williams Zoo, Botanical Garden, Natural History Museum, and Save the Bay. This larger group gathers regularly for trainings, team-building activities and service projects. Training sessions focus on a wide variety of topics including: conflict resolution, classroom management, first aid and CPR, science standards and developing lesson plans, basic biology and ecology, and more. The NBS education staff has also participated in a number of these training sessions and contributed their

exptise as well.

Kate Douton, OSEEC's Program Director, is the human link that weaves these three organizations together, who oversees the members, deals with all the government paperwork, and generally ensures that everything runs according to plan. Kate is a graduate of Roger Williams University in marine biology, a former AmeriCorps member, and a professional environmental educator. Her organizational skills and sense of humor will no doubt carry us through this three-year project with great success!



## Owl Prowls on a Winter's Night

Children and adults walked into the darkness of a cold, clear winter's night, listening intently for owl calls at the Sanctuary. When all was quiet, the recording of the whinny-like call of the Eastern Screech Owl emanated from the speaker and traveled throughout the woods.

Each winter, the Norman Bird Sanctuary traditionally holds Owl Prowls for the community and local schools. During five early winter eve-

nings, children and adults listened and watched for these birds of prey at the Sanctuary. Two of the species of owls that we listen for are the Eastern Screech Owl and Great Horned Owl. During the winter months, these owls select mates, set up their territories and nest.

These calls begin in the winter when males are staking out their territory. Eastern Screech Owls may claim more than one nest hole. The Great Horned Owls uses nests of large birds such as herons or hawks. They are also known to nest on ledges, in caves, and in hollow trees. When the male owls hear the recording, they think it is a male intruder and sometimes respond to the call.

The night began with a slide presentation of these nocturnal raptors. During family night and school programs, children enjoyed investigating and trying to identify what was on the owl's menu by breaking apart owl pellets (the undigested portion of the owl's meal consisting of fur and bones that has been regurgitated). Kids guessed that the owls' favorite dish was rodents. Lastly, the group hiked down dark nighttime trails to listen and watch for owls.

On our first family owl prowl with twenty children, we heard a Screech Owl near the Red Maple Swamp pond after playing the Screech Owl call tape for only two minutes. Everyone was very excited to hear the screech owl call back. Near the southwest field that borders Hanging Rock Road and Third Beach Road, a Great Horned Owl replied after

hearing the distress call of a bluejay and a Great Horned Owl's hoots. Unfortunately, we were not able to see either of the owls.

By Linn Lydon

In January, we had three more Owl Prowls. One night, we heard two Screech Owls responding to the Screech Owl tape at the Red Maple Swamp. Once again,

we played the call of the distressed jay and Great Horned Owl in the southwest field. Instead of hearing Great Horned Owls, we instead heard four to five different Screech Owls from different locations calling back. We were puzzled by this response, since the Great Horned Owl calling would normally be a threat to Screech Owls.

Our school groups were also pleased to be able to hear Screech Owls calling in response to the tape.

The Owl Prowls this winter were a great success.

A great follow up for these young owl prowlers is the story of the *Guardians of Ga'Hoole: The Capture*, by Kathryn Lasky.

Book Review

#### New Book in the Barn Owl Shop

By Linn Lydon

Guardians of Ga' Hoole: The Capture, by Kathryn Lasky is a wonderful adventure story for young readers, about a Barn Owl named Soren.

Soren, a baby Barn Qwl, dwells in the tranquil Forest Kingdom of Tyto, with his family. Lasky weaves facts about owl behavior into the story, while adding a clever vocabulary to describe many of the habits of the owls.

At only two weeks old, Soren is pushed out of his family's comfortable nest and lands on the forest floor. Then, Soren is captured by a pair of evil Great Horned Owls and is taken to St Aegolius Academy for Orphaned Owls located in a deep canyon.

At the Orphanage, Soren meets up with a captured Elf Owl, Gylfie. They both realize that their only hope of escaping the Orphanage is to fly away.

What keeps them going is the legend from the Guardians of Ga'Hoole, knightly owls, "who would rise each night into the blackness and perform noble deeds." Soren and Gylfie meet up with two other orphans, Twilight and Digger and journey together to search for their families and alert the owl world about the dangers of St. Aegolius Orphanage.

## MAY 2004



SUNDAY	MONDAY	TUESDAY V	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						Plum Island 1 Road Trip
Guided 2 Bird Walk	3	4	Preschoolers 5 W/Parents Session C	6	7	8
Guided 9 Bird Walk	10	11	Preschoolers 12 W/Parents Session C	13	14	15
Guided 16 Bird Walk Birds & Breakfast	17	18	Preschoolers 19 W/Parents Session C	20	21	22
23 Guided Bird Walk	Memorial 31	25	Preschoolers 26 W/Parents Session C	27	28	29

## JUNE 2004 😂



SUNDAY	Y	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4	5
Guided Bird Walk	6	7	8	9	10	11	12
Guided Bird Walk	13	14 Flag Day	15	16	17	18	19
Guided Bird Walk	20	21	22	23	24	25	26
Guided Bird Walk	27	28	29	30			



#### Educational Programs

#### Sunday Morning Birdwatching

Every other Sunday at 8:00AM February 29 & March 14 Every Sunday at 8:00AMbeginning March 28

Spring birding on the island is a fabulous way to shed the winter blues! Put on your outdoor clothing and footwear that will keep you dry, grab your binoculars (or borrow a pair from us), and join us in the Sanctuary parking lot at 8:00 AM for a couple of hours of birding around the local area.

#### Woodcock Walk

Friday, March 19, 5:30 - 7:00PM \$3 Members, \$5 Non-members One parent free in each family

Family Program

During early spring, the male American Woodcock, a rotund short-legged bird, performs an unusual courtship display. Often referred to as a "sky dance", the Woodcock's flight is a joy to witness. Join an NBS naturalist on an evening nature walk to seek out this interesting bird and to celebrate the arrival of spring.

Maximum 20.

Herbal Spring Tonics

Sunday, March 21, 3:00 - 6:00PM \$30 Members, \$40 Non-members (includes materials)

Adult Program

Join Clara and Hap Morgan for an herbal introduction to spring! For hundreds of years Spring Tonics have been used to facilitate a smooth transition into the new season. Tonics and bitters can be used for a healthy liver, to build more energy and to help with seasonal allergies. In this class, you will learn about specific herbs and some of the many ways they can be prepared, including tinctures, decoctions and herbal capsules.

Spring Star Gazing
Fridays, March 26, April 30
7:00-9:00PM
Free to the public

Join Kenneth Conca and the Gaudet Astronomy Club as they peer through telescopes at the moon, stars and planets. Learn more about constellations and the night sky in an informal setting. These Friday night star sessions will take place weather permitting. Clear skies only! Dress for a chilly night, wear sturdy shoes and bring a flashlight to find your way to the field!

## Dragonflies of Rhode Island

Thursday, April 1, 7:00PM \$3 Members, \$5 Non-members

Adult Program

Virginia Brown is Coordinator for the Rhode Island Natural History Survey EIMS Program and the principal investigator for the RI Odonata Atlas that has been underway since 1998. In other words, she is our state's ex-



pert on the fascinating world of dragonflies and damselflies! Join us in the Studio for her slideshow presentation on the identification and life history of these beautiful insects.

#### Preschoolers with Parents

Wednesdays 1:00 – 2:00PM Session B April 7, 14, 21, 28 Session C May 5, 12, 19, 26

Ages 3-5 years

\$30 Members, \$35 Non-members

This series of four one-hour programs is an engaging and hands-on way to introduce your pre-school age child to the wonders of nature. We'll explore the outdoors using our five senses, songs, crafts, and explorations of the plants and animals of the Sanctuary.

Parents will have fun too! Marilyn has been teaching this program for several years and has quite a following, so register early.

Maximum 10 children.

Spring Egg Hunt

Saturday, April 3, 1:00PM – 2:00PM \$8 per child for Members, \$10 per child for Non-members

Ages 3-10 years

Welcome the spring season by participating in the Sanctuary's traditional Spring Egg Hunt! A short program about caring for animals will be presented by an NBS educator. This will be followed by an enthusiastic search for plastic eggs filled with sweets. Children will seek their treats around the barn, orchard, and upper trails of the Sanctuary. Dress for the weather and bring your own collection basket! Register early.

Maximum 35 children.

#### Piping Plover Project

Thursday, April 8, 7:30PM Free to the public

Suzanne Paton, Senior Biologist for US Fish & Wildlife in Rhode Island will be speaking on the management of piping plovers on Aquidneck Island and around the state. If you are interested in learning more about the life history of these beautiful little shore birds, or if you are interested in volunteering to help protect and monitor their nest sites, please join us in the NBS Studio. Information and sign-ups for volunteers will be available.

#### Spring Vacation Camp

Tuesday-Friday, April 13-16 9:00AM-3:00PM each day Children's Program for Kindergarten-4<sup>th</sup> grade

\$135 Members, \$165 Non-Members

Theme: Celebrate Spring!

Outdoor adventures at the Norman Bird Sanctuary are a perfect way for kids to welcome the warmer weather. Explore the fields, forests, ridges and wetlands of this beautiful wildlife



#### Educational Programs

refuge. All of our camps include science explorations, hikes, stories, games, arts & crafts, and a field trip or two. Dress for the weather and bring your lunch, snack and a water bottle, too.

Maximum 12 campers.

#### Newport Kids Fest April 9-18

Newport, Rhode Island is the place to be during April vacation week, when the city plays host to the 1<sup>st</sup> annual Newport Kids Fest. The Kids Fest, a nine-day festival offering a plethora of activities in art, sports, theater, history and much more will take place throughout Newport County. Coinciding with many school vacations in New England, the event is coordinated by Newport for Kids and Families, an organization that promotes kid and family-friendly activities in and around the Newport area.

www.newportforkidsandfamilies.com for information.

See below for Sanctuary activities.

## Stories and Science at the Sanctuary

Tuesday April 13, Wednesday April 14, Thursday April 15 10:00 – 11:00 AM Free to Members & Kids Festival Passport Holders, \$3 for Non-members Activities and stories appropriate for children ages 4–8 years. Parents stay for the program and siblings are welcome. Location: The Orchard and Barn at the

Location: The Orchard and Barn at the Norman Bird Sanctuary, 583 Third Beach Road

Listen to some of our favorite children's stories with a natural history theme. Participate in hands-on explorations around the grounds and along the trails. Meet some of our education animals. A different theme will be offered each day.

## Third Beach Exploration for Families

Saturday, April 17, 10:30 AM – Noon Picnic afterwards! \$6 Members & Kids Festival Passport Holders, \$8 Non-members, \$24 maximum fee for member families PRE-REGISTRATION Required 846-2577 Minimum 10 Maximum 30.

Celebrate Spring on the beach you help to protect! Join the Sanctuary staff for an exploration of the sandy beach and rocky shore. We'll use buckets, nets, and field guides to help us investigate the flora and fauna of the coastal zone. Look for shells, crabs, seaweeds, and birds. Dress for the weather and plan to get your feet wet! Bring a picnic lunch and relax after the walk. The Sanctuary will provide drinks for lunch.



#### Plum Island Road Trip

Saturday, May 1, 7:30 AM – 5:30 PM \$25 for Members, \$35 for Non-Members Adult Program

We are hopping in the Bird Van for a day-long trip to one of the best birding sites on the east coast.

Newburyport Harbor, Joppa Flats, and Parker River National Wildlife Refuge on Plum Island provide habitats for a wealth of spring migrants from herons to warblers, raptors to shorebirds. Dress for the weather, wear sturdy walking shoes, bring a lunch, binoculars, and your curiosity. We will provide birding expertise, snacks, bird guides, and humor. Maximum 12 adults.

#### Birds & Breakfast

Sunday, May 16

Breakfast Seatings: 7:30, 8:30, 9:30 &

10:30AM

Bird walks: 6:30-11:00 AM

Tickets: Adults - \$15 in advance

\$20 at the door

Children - \$5 (ages 4-12)

Children 3 years and under are free For reservations, please call 846-2577

Join us for a spring morning of guided bird walks, a delicious country breakfast, and fun education programs for the whole family.

## Registration & Cancellation Policies

- Please come by the Sanctuary or call 846-2577 to register for programs that require a fee and/or have a maximum number of participants. Payment is required at the time of registration via cash, check, or Visa/MC.
- · Free programs that have no maximum number of participants such as the Sunday Morning Birdwalk and Stargazing do not require prior registration.
- · If you must cancel your registration, please call and let us know. Refunds will only be provided if you call at least 7 days in advance of the event. A check will be mailed to you within two weeks of cancellation.
- Programs that do not have a minimum number of registrants will be cancelled five working days before the event. (The minimum number is determined by Sanctuary staff and is usually based on the program's expenses.) In the case of program cancellation, your fee will be returned in full. In some cases, we will offer you the option of another date or a program credit.
- · The Norman Bird Sanctuary Summer Camp has different registration and cancellation policies. Please refer to the Summer Camp brochure for that information.

## MARCH 2004 😂

	1	2	Preschoolers w/Parents Session A	4	5	6
7	8	9	Preschoolers 10 w/Parents Session A	11	12	13
Guided 14 Bird Walk	15	16	Preschoolers 17 w/Parents Session A St. Patrick's Day	18	Woodcock 19 Walk	20
Herbal 21 Spring Tonic Class	22	23	24	25	Spring 26 Star Gazing	27
Guided 28 Bird Walk	29	30	31			

## APRIL 2004



		2. 沙科斯特民				
	÷ ,			Dragonflies 1 of Rhode Island	2	Spring 3 Egg Hunt
Guided / 4 Bird Walk / Palm Sunday	5	6	Preschoolers 7 w/Parents Session B	Piping 8 Plover Project	<b>9</b> Good Friday	10
Guided Bird Walk Easter	12	Spring Vacation Camp	Preschoolers W/Parents-Session B Stories & Science Npt Kids Fest	15	16 >	Npt Kids Fest 17  Third Beach Exploration
Guided 18 Bird Npt Walk Kids Fest Ends	19	20	Preschoolers 21 w/Parents Session B	22	23	24
Guided 25 Bird Walk	26	27	Preschoolers 28 w/Parents Session B	29	Spring 30 Star Gazing	



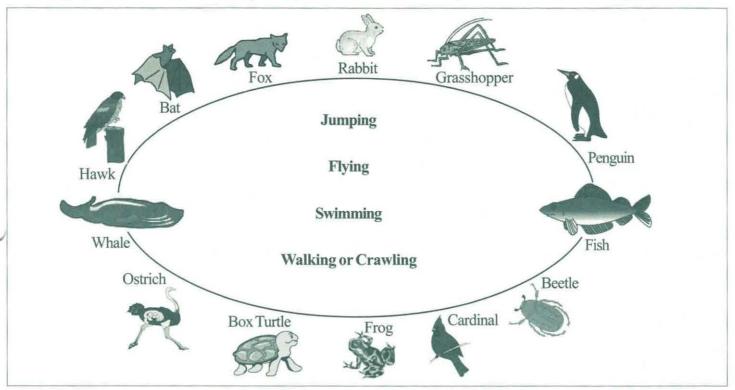
#### Norman's Activity Page

Cheerio, Everyone! Aaahhhh!!! At last, I can feel the sun beginning to warm my tail feathers! It's so nice not to have to thaw my beak before I eat. Well, all my animal friends are going to be very busy now that it's spring. Let's go outside and see what they're doing!

#### 'Loco'motion

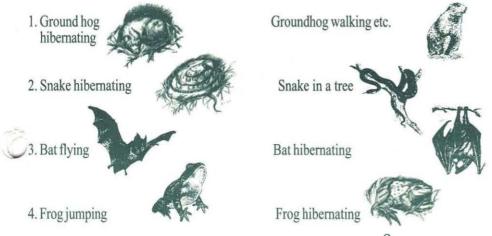
Have you ever noticed the way that animals move? They move in different ways depending on where they live, what they eat, and how they capture their food. Animals that we think of as being very different can move in the same way.

In the circle below are pictures of animals. In the center are words that describe how some animals move, like jumping, swimming, flying, and walking or crawling. See if you can draw a line from the picture of the animal to the way that it moves.



Before (Spring) and After (Spring) Pictures

These are snapshots of my animal friends. There is a picture of each friend in the winter and in the spring. Some of my friends do very different activities depending on the season of the year. See if you can guess which picture of each of my friends is a winter picture and which one is a spring picture. Then write a 'W' for winter or an 'S' for spring next to the picture.



#### Answers:

Loco' motion
Jumping: Rabbit,
grasshopper, frog.
Flying: Cardinal, bat,
hawk
Swimming: fish, penguin,
whale.
Walking or Crawling:
Fox, beetle, box turtle,
astrich

S-quirrel climbing - W
Groundhog standing - S
Snake in a tree - S
Bat hibernating - W
Frog hibernating - W
Frog hibernating - S

Snake hibernating - W Bat flying - S Frog jumping - S

Before and After Photo's
Groundhog hibernating -

#### Volunteers & Events



### Save the Date!

by Stacy Couto

The Norman Bird Sanctuary is pleased to announce its 1<sup>st</sup> Annual Bird Ball gala event on Saturday, August 21, 2004.

Enjoy a beautiful summer evening and our breathtaking water views from the Paradise Farm meadows, complimented by the spectacular atmosphere created by Richard Carbotti and Perfect Surroundings, Inc. Tickets are scheduled to go on sale in June. Stay tuned, more details to come...

#### Worker Bees Needed!



Spring is quickly approaching and we have some fun opportunities for volunteers this season. One of our most popular events, Birds & Breakfast is just around the corner. Volunteers are needed for set-up, serving breakfast and clean up on the day of the event.

We are also looking for volunteers to assist in set-up and clean-up activities for our upcoming **Bird Ball** on **August 21**<sup>st</sup>! Join the excitement and assist us in making this new event a great success!

If you are available to lend a hand, please call the Sanctuary at 846-2577.



Join us for a spring morning of guided birdwalks, fun educational programs and a delicious country breakfast buffet!

#### Sunday, May 16th, 2004

Bird Walks - 6:30- 11:00 am
Breakfast Seatings - 7:30, 8:30, 9:30 & 10:30 am

#### **TICKETS**

\$15 in advance - \$20 at the door \$5 - children 4 to 12 Children 3 and under - Free

For reservations, please call **846-2577** 

583 Third Beach Road, Middletown, Rhode Island 02840 www.normanbirdsanctuary.org



#### Trails & Tails

## Birds, Birds And More Birds

by Veronica Hinds

Its all about the birds! We had some great birding experiences this winter and we've got great birding to look forward to this spring.

The Rhode Island Rarities
Trip (January 24, 2004) was incredibly cold, yet it was a day that
warmed all our birding hearts.

We left the Sanctuary at 7:30am, and headed over to Jamestown's Beavertail Point in hopes of seeing a **Barrow's Goldeneye** or a **King Eider**, but to no avail.

Back into the van and over to Wakefield and the Saugatucket River, where we checked out the **Tufted Duck**.

Next, we drove up to Coventry and the Tiogue Pond to pick up the **Tundra Swan**, then over to East Providence and Watchemoket Cove to find the **Common Black-headed Gull**.

Finally, we returned down to Middletown and Sachuest Point to view the Short-eared Owl.

We arrived back at the Sanctuary about 4:30pm, happy and exhausted! All in all, we tracked down 69 different species of birds, including the many rarities to the state which we set out to find.

The Essex Eagle trip, (February 8th, 2004) was another cold and windy day. The Connecticut River is home to a number of Bald Eagles.

Sure enough, as soon as the van approached the bridge crossing the river, we got our first glimpse of our magnificent national bird! Although much of the Connecticut River was frozen, which can keep the Eagles at a distance, we did get some great views of both adult and juvenile **Bald Eagles**. On our way home, we picked up a couple of other rarities to add to our list.

In Groton, Connecticutt, we sought out the rare **Iceland Gull** and in Ashaway, Rhode Island, we found the wintering **Black Vultures**.

## Up and Coming Birding Adventures

**Woodcock Walk**: Friday, March 19th, 5:30-7:00pm. Join us as we marvel in the "sky dance".

**Piping Plover Lecture:** Thursday, April 8th, 7:30-8:30pm. Suzanne

Paton, senior wildlife biologist at USFW, will be talking about the history and management of Rhode Island and Aquidneck Island Piping Plovers.

Plum Island Birding Trip: Saturday, May 1st, 7:30am-5:30pm. Another great birding adventure. The spring migrants are fabulous at Parker River Wildlife Refuge.

**Birds and Breakfast:** Sunday, May 16th, 6:30-11:00am. An annual favorite. Bird walks every half hour!

Check out our full list of programs\* on pages six and seven, for complete information on these trips, as well as additional information for all of our other upcoming spring activities.

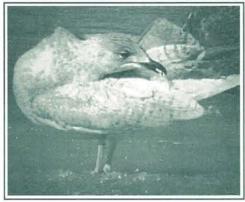
(\*Editor's note: For easy reference to upcoming Sanctuary programs & events, pull out

the center spread, pages 6 & 7, with program listings and handy calendar on the reverse side.)



Top, below left: Two amazing shots of Rare Iceland Gulls.

Below right: A closeup of a Common Blackheaded Gull, all three courtesy of avid birder and nature photographer Bill Saslow.





Norman Bird Sanctuary 583 Third Beach Road Middletown, RI 02842

Non-Profit Organization U.S. POSTAGE PAID Newport, RI 02840 **Permit No. 43** 

TO CURRENT RESIDENT OR: