

## Fall Programs for Adults

Fall Migration Bird Walks
Every Sunday morning at 8 am
through December 27

Larry Taft, NBS Director will lead these Fall walks in search of song-birds, hawks, and waterfowl as they fly through or settle for the season. Walks may take place on the Sanctuary trails, or down along the shore. Meet in the Sanctuary parking lot, bring binoculars, and guide books, and wear sturdy hiking shoes. If weather is inclement, walk will be cancelled.

Rock Climbing
for Teens and Adults
Saturday, October 17 1 pm

Learn the basic rock climbing knots, the important calls and the safe use of climbing equipment. Then, challenge yourself as you scale one of the Sanctuary's ridges under the guidance of Sanctuary staff, Lisa Pritchard, and Larry Taft. You must be at least 16 years old to participate. Wear loose fitting clothes and sneakers or rock climbing shoes. Fee: \$20 (\$15 NBS members) Limit: 10.

<u>Fall Foliage Walk</u> Saturday, November 7 1-3 pm

Autumn is the most popular season for hiking on the trails. From the ridges, splashes of vibrant colors from our red maples, black gums, and cherries mix with the neutral tones of the oaks and beeches. Come on this casual Fall walk with a Sanctuary Naturalist who will explain some of the mysteries and subtleties of this season. Fee: \$4 (\$2 NBS members).

To register, please use the form provided on page 5, or for more information and reservations, call 846-2577



Wreaths and Baskets with Sharon from Hilltop Gardens
We are happy to offer the following seasonal wreath and basket making
classes taught and inspired by Sharon Culberson from Hilltop Gardens in
Tiverton. Sharon is a certified organic vegetable and herb grower who is
able to teach even those who consider themselves to be inexperienced,
through her enthusiam and love of growing and crafting. And.. she's
always open to suggestions for new baskets, wreaths or other natural
crafts.

<u>The Elbow Basket</u> Saturday, October 17 1-4 pm.

This beginner-intermediate basket will hold dried flowers on a door or letters

hanging near a desk. Made with neutral Fall colors accented with bright purples, greens, and/or blues, it's a perfect basket to give as a gift for the holidays. Please bring heavy scissors, and clothespins. Fee: \$21 (\$18 NBS members). Limit: 12

Fall Wreath Making
Thursday evening October 22 7-9 pm.

Use the golden, creme, and amber tones of dried Tansy, Pearly Everlasting, Artemesia ferns, grasses, and seeds and pods to decorate this grapevine wreath. Hang on your doorway to welcome Autumn, or save to give as a holiday gift. Please bring heavy scissors. Fee: \$19 (\$16 NBS members). Limit: 12

<u>Large Cat's Head Basket</u> Saturdays, November 14 and 21 1-5 pm.

For basket makers with some previous experience, this Shaker design basket is a wonderfully challenging project. It has a square bottom that

tapers with flaring sides to a round top. A sturdy oak-knotched handle and a walnut dye will complete this basket for storing yarn, or goodies for the holidays. Fee: \$28 (\$24 NBS members) Limit: 10

Key Basket
Saturday, December 5 1-5 pm.

Known as the pocket design, or "classic half", this basket is perfect to hang on the door with some greens, or by the door to hold cards or keys. Beginner weavers will

welcome this easy design decorated with holiday color tones. Fee: \$19 (\$16 NBS members). Limit: 12

Tote Basket
Saturdays, January 23 and 30 1-5 pm.

This is a great basket to carry all your essentials in! A variation on a flat bottomed basket, the bottom will be woven in a closed weave. It's

height is 19" and it is 12" wide. Provided will be two swing handles for sturdiness. Fee: \$24 (\$19 NBS members). Limit: 12.



## Fall Children's Programs

Preschool Nature Hour Wednesday afternoon 1-2 pm

Preschoolers, ages 3 and 4 are welcome to come with a parent or guardian for these nature hours taught by Marilyn, our NBS Parent Volunteer. She'll explore nature's Fall themes with short walks, simple crafts, stories, and lots of silliness as a wonderful introduction to the Sanctuary. Adults are expected to join in with the fun, and both participants should dress for the weather. Limit: 10 child/parent pairs

New! Fledgling Nature Hour...
...and a Half
Wednesday morning 9:30-11 ar

Those 4 and 5 year olds who are ready to venture on their own can come to this new Fall program taught by Mary Beth, our NBS Parent Volunteer. She'll explore Fall themes with hikes, crafts, stories, and lots of creativity. Children should dress for the weather. Limit: 8 children

Both Nature Hour Class Schedules (Please register by session only)

#### Early Fall Session:

9/30: "Apples of my Eye" 10/7: "Leaves, Leaves, Leaves"

10/14: "Creepy, Crawly, Spiders"

10/21: "Let's Go for a Hike"

#### Late Fall Session:

10/28: "Plump as a Pumpkin" 11/4: "Squirmy and Silly Squirrels"

11/11: "Goosey, Goosey, Gander"

11/18: "Wigwams, Toms Toms, and Brave Bears"

Fee per Session for both Fledgling and Preschoolers: \$16 (\$14 NBS members)



Nature Club Saturdays 9:30 am 12:30 pm October 10, 17, 24, and 31

Invite the Fall season into Saturday mornings with hiking, games, natural crafts, songs, and outdoor exploration. Hap Morgan, NBS Naturalist will lead a group of ten children, ages K-4 through these four, funfilled weeks. Participants should dress for the weather, bringing boots and rain gear if necessary. A midmorning snack will be provided. Fee: \$40 (\$36 NBS members)

Pre-registration and pre-payment are required for these popular children's programs. You may register by using the registration form provided on page 5, by phone, or in person. However, we cannot guarantee your space until payment is received.

Call 846-2577 for more information.

In the Garden...

The Root Children
Go Underground:

Planting Bulbs in and around the
Children's Garden
Saturday, October 10 3:30-4:30

Listen to the Story of the Root Children, by Sibylle von Olfers, when Mother Earth shelters all the root-children for the cooler months. Then, don your overalls, bring your trowel and get ready to plant some wildflower bulbs so we can have a showy Spring. Children accompanied by a parent or adult friend are welcome. Refreshments served to all who get their hands dirty!

Fee: Free, but please let us know that

After School Native
American Story and Craft
Thursday, November 12 3:15-5 pm

Relax and listen to the story about the Wise turtle, or Grandmother spider. Learn about the life lessons they tell. After the story, make a traditional craft to take home. A snack of cornbread and juice will be served. Open to boys and girls who are in grades K-4. Fee: \$6 (\$5 NBS members). Limit: 10 children

After School Fall Hike Tuesday, November 17 3:15-5 pm

Release the pent-up physical energy from school by coming on a walk at the Sanctuary! Open to boys and girls in grades K-4, we'll look at Fall discoveries-leaves, the pond, flocks of birds, and insects along the way. Dress for the weather. Fee: \$4 (\$3 NBS members). Limit: 10 children

Down to Earth Day Saturday, November 28 10-2 pm

Come to explore the core at the Sanctuary-its ridges! Children in grades 2-5 can come for this four-hour adventure hiking the rocky ridges of the Sanctuary. Children should bring a "hikers lunch" with lots of energy to eat out overlooking the rest of the world. Dress for the weather and wear sturdy shoes. Fee: \$15 (\$12 NBS members). Limit: 10 children

<u>Children's Holiday Crafts</u> Saturdays, December 12 or 19 1-3 pm

Children in grades K-4 can experience the joy of creating and giving handmade gifts made from natural materials. Each child will bring home finished crafts for the holidays. Children can sign up for either day, but not both. Fee: \$6 (\$5 NBS members).

# Special Event for children...

## Night Hike and Mystery Tour with Newport Children's Theater Friday nights, October 16 and 23 7-8:30 pm

Raindates: October 17 and 24

You're invited to come to our second annual night hike and a new mystery tour with the help from our friends at the Newport Children's Theater. You'll be guided through the woods of the Sanctuary, share with the telling of some stories and help to solve some ecological mysteries. As always, there'll be goodies for you after "woods". Children in K-4 are welcome to come, with a parent, if needed. Wear any garb or costume that looks green and "earthy", but make sure it's good for walking in! When registering, sign up for either 10/16 or 10/23.

P.S. If you're older, and would like to help out as a volunteer on this night, please come to the dress rehearsal on October 10 (time TBA-call NBS to let us know that you are interested.)

Fee for the night hikes: \$6 (\$5 NBS members) Limit: 30 children per night.



### Trrrreat!

Give a holiday gift from the Sanctuary store and you'll be giving a pleasure that lasts throughout the year.. for you and the birds!

Support the Sanctuary by purchasing items from our store.

(NBS members get 10% discount!)
We stock a full line of Droll Yankee Feeders

(If we don't have what you're looking for, let us order it for you!)

\*NBS T-shirts and sweatshirts

\*Bird and Bat houses

\*Margo Davis Herb and Wildflower Posters
\*Wildlife Posters

\*Bird, Tree, and Flower ID books
\*Soothing instrumental and folk cassettes

\*Spice pads \* Wreaths \* Swags

\*Why not a Sanctuary membership for someone special?

And for the stockings... Rainforest Crunch, bug boxes, bird calls, track and tree ID cards, and pocket golden guides for the young naturalists!

\* Open Tuesday through Sunday 9 am-5 pm\*



Summer Volunteers and Donations

Through the hot, muggy, mosquitoey and rainy days, we thank you for giving us your time and goods:

Gardens: Karen Roberts-Johnson, Sharon Culberson, Barbara, Keelan, and Conor Maguire, Glenna, Nolan, and Neal Macaffrey

Mailings and Office work: Fran Holmes, Kim Richardson, and Yong and Michelle Marhoffer.

<u>Education</u>: Edith Anthony, Betsy deLeiris, Mike Mitchell, Tony Petrarca, Kelly Sullivan, and her friend Ashley, and Jason Parker, our CCRI Summer Intern.

Volunteers and Donations for the animals: Matt Oakley, Landon Merrill, Joellen Densley, Laura Poulin, Laura Mazuroski, Forster Peabody, Mike and Karen Kosinski, Jim Sammons, Sugg's Market, Clement's Market, The Banks family, The Berube family, The Wright family, The Logler family, Millie Ladd and Tom Richter.

## Wish List for Donations:

-We're still trying for that SE 30 Macintosh Computer (any offers?)

A paste-up waxer
 A fax machine

-A pair of walkie talkies

-Chicken necks and /or window fatalities for our hawks and owls

-Stale cereal or bread

-Clean towels, sheets or blankets for injured animals

# Volunteers Needed:

-For office/trail reception- any hours, weekend days
-For new hawk and owl perches- creative builders,
sturdy lashers, and/or aspiring carpenters
-At the Harvest Fair! For games, set-up,
parking and food!



Fall Program Registration

Please complete and return with payment for program registration. If you need more space for additional registrants, please copy this form. Grade: (if child) Age: (if child) Name: Address: Program Fee Program Title TOTAL PROGRAM FEES: Parent Authorization Emergency Form For children ages 16 and under attending NBS programs for more than 3 hours in duration, parents must complete the following: Parent or Guardian\_\_\_\_\_ Child's name : Phone Number(s) where we can reach you during program hours: Neighbor or Relative: Phone: Phone: Allergies/Medications/Special Needs: Waiver: In the event that I cannot be reached in an emergency, I hereby give my permission to the Norman Bird Sanctuary's staff or medical personnel to take emergency measures as necessary. Parent Signature: \_\_\_\_\_ Date: \_\_\_\_ Norman Bird Sanctuary Fall Bird Seed Sale Saturday, October 31 and Sunday, November 1, 1992 from 10 am-3 pm Throughout the weekend, the NBS store will have bird feeders and accessories for sale. Stock up now for the long winter ahead. Feed the birds and at the same time, support the programs at the Sanctuary. You can help further by purchasing a feeder at our store! (Members receive a 10% discount on seed, feeders, guides, and accessories.) To order: Fill out the order form below and mail it with payment to the Norman Bird Sanctuary, 583 Third Beach Road, Middletown, R.I. 02840. Orders must be received by Friday, October 16, 1992. Please make checks payable to the Norman Bird ■ P.S. If you would like to volunteer to help in the store during the Bird seed sale pick-up days (10/31 and 11/1), please give us ■ a call. Name: Phone: Address: Type of Seed Price per Bag Quantity Amount Non-member/Member Black Oil Sunflower- 25 lbs \$ 9.28 / \$ 8.36 Black Oil Sunflower Seed- 50 lbs \$ 17.56 / \$ 15.21 \_ SongMaker mixed seed- 25 lbs \$ 7.78 / \$ 7.00 Thistle Seed- 5 lbs \$ 6.15 / \$ 5.54 (R.I. sales tax included) TOTAL BIRD SEED FEES: Please make checks payable to Norman Bird Sanctuary. **NBS** Send to: 583 Third Beach Road TOTAL AMOUNT ENCLOSED: Middletown, R.I. 02840

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Norman Bird Sanctuary 583 Third Beach Road Middletown, R.I. 02840 Non-Profit Org. US Postage Paid Newport, R.I. 02840 Permit No. 43

To Current Resident or

Folklore Forcasting:

"The larger the crop of acorns, the longer the winter."
"A wide band on a wooly bear caterpillar means a harsh winter."

"Onion skins very thin, mild winter coming in. Onion skins very tough, winter's going to be very rough."



**NBS Education Program Receives Grant** 

This Summer, the Sanctuary learned that it has received a grant of \$10,000 from the North Family Trust for the continuation of **Project ISLLE** for the 1992-93 school year and to help with the cost for an educational video currently in progress. **Project ISLLE** is also partly sponsored by the Rhode Island Foundation.

Project ISLLE, an acronym for Island Schools Learning about their Local Environment, teaches 4th grade students about local wildlife on Aquidneck Island. At the end of the school year, the students will write a wildlife guide about the animals, and their habitat needs.

The video will be used to supplement the Project ISLLE classroom visits, as well as an introduction to the Sanctuary, wildlife, and it's relationship to people.

During the 1992-93 school year, the Sanctuary will offer Project ISLLE in the following schools: Coggeshall, St. Michael's, Middletown's Elementary Annex, Forest Avenue, Hathaway, The New School, St. Philomenas, and Wilbur.

The Norman Bird Flyer is published quarterly by the Norman Bird Sanctuary, a non-profit 450 acre nature preserve established under the will of Mabel Norman Cerio.

Trustee: Rhode Island Hospital Trust National Bank Board of Directors: Betsy deLeiris -Chair, Dickson Boenning -Vice Chairman, Paul Raducha-Treasurer, Charles Moore-Secretary, Larry Allen, Cheryl O'Neil Fisher, Thomas Gunzelman, Katherine Irving, Allen Libby, Candace Powell, Ray Rogers, Gay Sheffield, Jocelyn Sherman, and Julie Toland.

<u>Director:</u> Lawrence Taft
<u>Education Coordinator:</u> Lisa Pritchard
<u>Naturalist:</u> Hap Morgan
<u>Caretaker:</u> Matt Benson
<u>Secretary/Receptionist:</u> Sue VanDerhoof
Address: 583 Third Beach Road, Middletown, R.I.
02840
(401) 846-2577

<u>Fall Hours:</u> 9 am- 5 pm Tuesday -Sunday Closed Mondays except for holidays. Please, no dogs, horses or bikes.

Graphics include works by Lucia deLeiris, Amy Wright and/or UMD Illustration students under the direction of Bob Barry.

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