

FREE


Newcastle and District
Chamber of Commerce

About the Town

*A Newsletter about the businesses and happenings in
the Village of Newcastle and District*

inside

Focus:
Newcastle Bowling Alley

**Spotlight: Newcastle
Massage Therapy
Centre**

"Downtown West"

Tax Time!

**Garden Dreams
Wellness Centre**

**Wilmot Creek
Shuttle Bus**

Chamber Members

Coming Events

Focus:

Newcastle Bowling Alley



Manager Dorella Lancaster-Forget with two league bowlers.

Did you know that our beautiful Town Hall has a bowling alley? When I first came to town that was something that surprised me. It is located in the lower level just west of the "Lion's Den". The manager, Dorella Lancaster-Forget offers four different leagues, plus open bowling at different times throughout the week. Check the following schedule for a time that suits you. Then drop in on an open bowling night and see if you can score a perfect game. Or give Dorella a call at the alley (987-5234). Remember, bowling is for everyone. Have fun!

Schedule

Monday	Ladies League 7-9 p.m.	Mary	786-2912
Tuesday	Seniors League 10-12 p.m.	Marilyn	987-4937
Tuesday	Open Bowling 7-9 p.m.	Dorella	987-5234
Wednesday	Open Bowling 7-9 p.m.	Dorella	987-5234
Thursday	Mixed League 7-9 p.m.	Ruth	987-5603
Friday	Closed		
Saturday	Youth League 8-12 a.m.	Lyn	987-1778

About The Town

Published By: The Newcastle and District Chamber of Commerce

Written By: John Clark

Edited and Designed By: Troy Young

Printed By: JJ Printing

Comments and questions related to this publication, or the Chamber of Commerce in general are welcome. Address correspondence to the Newcastle and District Chamber of Commerce, 20 King St. W., Box 11, Newcastle ON L1B 1H7

President's Message

Happy Y2K! Thank you for picking up our first Chamber of Commerce "About the Town" Newsletter for the new millennium.

The year 2000 promises to build on the exciting changes seen in our village in 1999. Dunbury Homes has welcomed their first wave of home owners to the Newcastle Village subdivision. The Chamber of Commerce would like to extend a warm welcome to our new neighbours. We look forward to meeting and serving you. By now, you already know that Newcastle is a great place to live and work. The Chamber is hosting a Spring Dance Fundraiser on Saturday, March 18th at the Newcastle Community Hall featuring Pynx Productions. This is an "all request video dance party." Check out the ad in this issue. Attendees last year had a blast. Mark March 18th on your calendar.

There is a lot more happening than meets the eye. Read on to find out about "Downtown West", the Newcastle Shuttle Bus, and much more.

At this point I would like to announce that I am stepping down as President of the Newcastle and District Chamber of Commerce. It has been a pleasure serving the community in this capacity. A new president will be elected at our annual dinner on January 31st.

On behalf of the Chamber of Commerce, I want to thank you for your patronage and support.

Have a great year!

Sincerely,

Dr. John Clark

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Finding the right means to get your message across is not always easy. It takes a lot of experience, creativity, and resources to successfully promote your ideas and objectives. School Zones International Marketing can help you find the right item to fit your specific audience, objective, time frame, and budget.

Let our creative staff and in-house graphic department and multimedia specialists keep your logo in view. Quality products combined with service and competitive pricing will ensure great value for your promotional dollars spent.

Our company offers a variety of profitable fundraising products for large and small groups. One popular item offers 40% clear profit. Call me for more details: Gord Carey: Tel: 987-4423, Fax: 987-1915. E-mail: hawkeye@durham.195.net.

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It's That Time of Year!!!



After the Holiday season comes Visa bill season. That is followed closely by RRSP season and then the dreaded Tax Season.

Minimize your stress this year by giving one of the Chamber's accounting, bookkeeping or financial services a call.

Graham's Computerized Bookkeeping	987-3980
Mark Hendrikx Chartered Accountant	987-0570
Mike Sullivan Chartered Accountant	697-3736
John Bugelli Insurance and Financial Services	987-1631
B.K. Office Services	786-2748



Tammy Downie
Principal

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Shuttle Bus Operating Between Wilmot Creek and Downtown Newcastle



All Aboard! Residents of Wilmot Creek are enjoying weekly shopping trips into Newcastle on a free shuttle bus courtesy of the Newcastle and District Chamber of Commerce, the Newcastle BIA, and fifteen local businesses. Regular passengers include Lorraine Bartley and Jay Webb.

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Michael Sullivan, B.A., C.A.
Chartered Accountant

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Bowmanville, ON
L1C 3C2

Phone: (905) 697-3736
Fax: (905) 697-3758
E-mail: ms@ican.net
<http://home.ican.net/~ms/ca>



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PRESIDENT

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NEWCASTLE, ON L1B 1L2

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Fax: (905) 987-2049
E-Mail: durhamcs@ibm.net
IN-HOUSE & ON-SITE SERVICE

"We'd like to thank Newcastle for all of its support as we enter into our second year of serving the community"

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"Downtown West"

There are two home-based businesses on Newcastle's west side which are not exactly downtown, and they are not exactly on the outskirts either. They are in "Downtown West". If you haven't visited the showrooms of Sturrock Period Furniture or Newcastle House, you should. I think you will be pleasantly surprised.

Sturrock Period Furniture

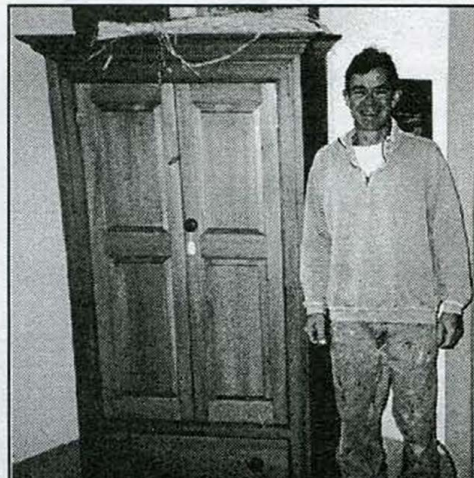


Proprietors Dan and Jane Sturrock have been residents of Newcastle since 1980. An interest in antiques turned into their passion for pine reproduction furniture that reflected those made in Canada in the eighteen hundreds.

I was impressed by their showroom's assortment of pine harvest tables, hutches, buffets, book cases and other pieces. Their work is beautifully completed with a natural or painted finish.

ish.

When you visit their showroom, if you don't see exactly what you are looking for, don't worry. Over half of their business is custom order. Would you like a TV/Stereo cabinet to fit your system, or a unique style of harvest table? They can make it for your specifications.



Dan Sturrock

To compliment the tables a selection of Canadian made chairs are available. A modest selection of antiques, collectibles and unique decorative arts allows for some accessory shopping.

The Sturrocks live on site which allows for flexible working hours. Give them a call (987-4489) to set up an appointment or just drop in. They will be happy to see you.

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John B. Bugelli
DISTRICT MANAGER

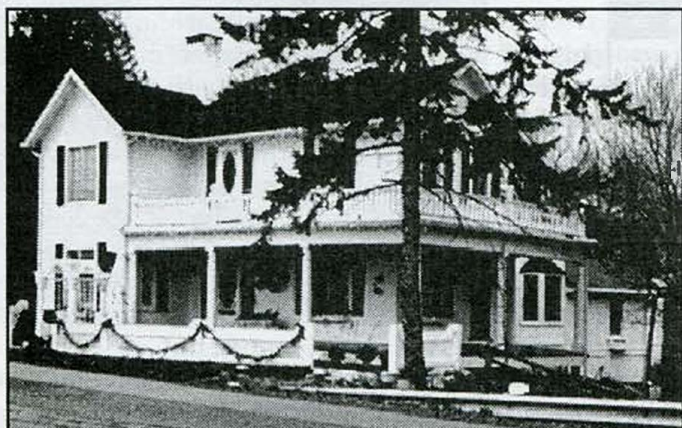
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Bus: 987-1631
Fax: 987-9809
email: jbugelli@hotmail.com

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"Downtown West"

(continued)

Newcastle House



It's easy to forget the winter blahs when you enter the door of Newcastle House on Highway 2 in Newcastle. Your senses will be heightened by the combination of spring scents and summer bouquets that conjure up wistful thoughts of the garden.

Anu Thorne, proprietor and interior designer has carefully chosen her one of a kind selection of specialty gifts for your home and garden. You will find wrought iron lanterns, Victorian Planters and stands, candle sconces, decorative shelves and mirrors. Various candles will tantalize your senses and there are Toland art flags for every season. Anu also specializes in top quality silk florals and will customize floral arrangements, wreaths, and swags to match your decor. If you wish to give your

garden some charm and character Newcastle House carries a unique line of decorative castings. Bird baths, statues, wall sconces and plaques, which have an Old English garden finish to them, await your perusal. They have every item you could imagine to accessorize your home with style. Drop by today and see for yourself what they have to offer.

Coming up Sunday February 13th, and Monday February 14th, Newcastle House will be hosting a Victorian Valentines Tea in the front parlour of the home. Tickets are now on sale. Phone 987-1978 for more information.

Between them, Sturrock Period Furniture and the Newcastle House have all you need to turn your house into a beautiful home. Visit "Downtown West" soon. Your house and family will thank you.



Anu Thorne

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Armond Young, President

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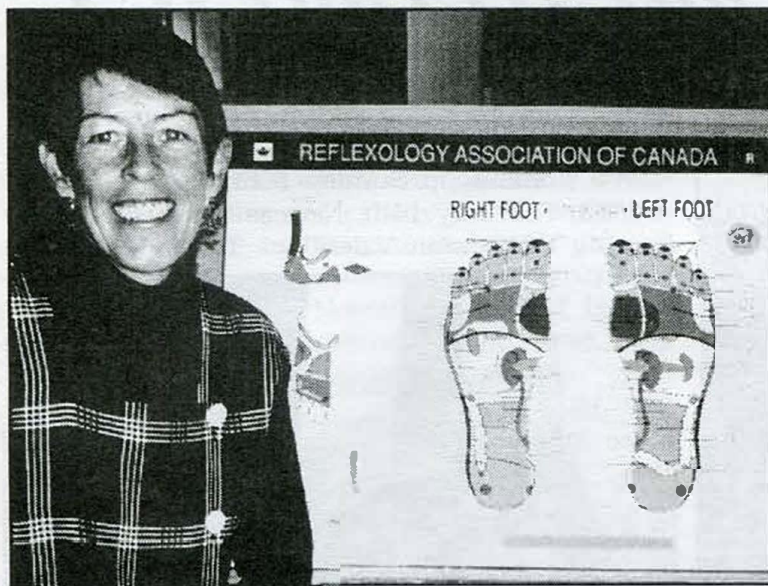
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Tranquility & Rejuvenation



by Patti Kennedy

Imagine a wellness centre in a natural garden setting. An orchard, pond, birds, deer, water fountains, soft music and a calming environment where your eyes will find peace among leaves, flowers, angelic sconces and candles. Time stands still there. Imagine this relaxing centre located on Concessions Rd. #3 in Newcastle. Imagine no more. Your going to be spoiled!. Garden Dreams Wellness Centre is open to lavish you with stress-free personal care.

Brenda Thompson RN is the gentle owner who nurtures you with her certified expertise in professional footcare, reflexology, and ear candling. She believes in alternative, complimentary health

strategies, natural healing and preventative maintenance of health. With 19 years nursing experience she is pleased to offer appointments at the centre or home visits on consultation.

Reflexology is a natural healing art with a history of 4,000 years. This technique for optimal health is very popular with today's public and it allows one to assume control in enhancing their quality of life through management of stress and chronic illness. Her passion is evident the moment you meet her. "I believe that many people in all walks of life could benefit from this very simple and effective technique that helps the body to normalize itself naturally, without adverse side effects."

Her accumulative experience and education include Registered Nurse, Pediatric and Adult Medicine and Surgery, Medical Rehabilitative Care, Bone Marrow Transplant and Oncology. For the past twelve years she worked for the Ministry of Health, Long Term Care Division.

Brenda also sells professional footcare products and gift certificates. She has current certification in Advanced and Diabetic Footcare, Reflexology from the Reflexology Association of Canada and is registered with the College of Nurses of Ontario.

Indulge yourself with a visit soon or give a wonderful gift to yourself, a loved one or special friend whom you know would benefit from Brenda's caring connection. Garden Dreams Wellness Centre, by appointment 987-1250 or e-mail 3plm@netrover.com.

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Spotlight: Newcastle Massage Therapy Centre



Janeen Calder, RMT

Do you have aches and pains? Winter getting you down? Stressed out? Would you like to have better health? Have you considered therapeutic massage?

Janeen Calder recently moved her practice from Bowmanville to Newcastle. She is located at the Clark Family Chiropractic Centre.

Massage is not just a luxury, "feel good" treatment for the rich and famous. Massage therapy can be used to treat a variety of everyday conditions including muscle sprains and strains, tendinitis, sports injuries, motor vehicle accidents/whiplash injuries, pregnancy related aches and pains, stress reduction and headaches.

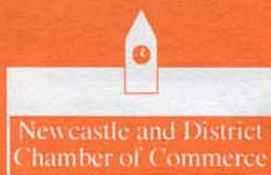
Massage therapists use many different modalities to treat conditions including hydrotherapy, trigger point therapy and remedial exercises. They treat the cause of your condition, not just the symptoms.

She has convenient evening appointments to accommodate your busy schedule. Remember, massage therapy is covered by most extended health insurance plans.

So give Janeen Calder a call today (987-4618) and have your aches and pains removed and your health enhanced.

Coming Events Spring Dance

~ Fundraiser ~



"ALL REQUEST VIDEO DANCE PARTY"
Newcastle Community Hall
Saturday, March 18, 2000
8:00 p.m. to 1 a.m.
\$12.50 per person

- Video Music by Pynx Productions
- Prizes • Cash Bar • Lunch
- * Must Be of Legal Drinking Age*

Chamber of Commerce Members

- Advanced Concrete Technology
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- Clarington Hydro Electric Commission
- Clarington Promotions
- Clark Family Chiropractic Centre
- Clarke High School
- Common Sense Fence Systems
- Community Care Adult Day Care
- Cooper Fuels
- Cooper Systems Development Corporation
- Durham Computer Systems
- Eddie's Edibles
- Effective Health Services
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- G. Sone and Associates
- Graham's Computerized Bookkeeping
- Green Leaf Restaurant & Tavern
- Grist Mill Auction Barn Ltd.
- Hairworks & Barbering Services
- HMB Wiring Services
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- Hope's Video
- I.M.S. Inc.
- JJ Printing
- J. P.'s Motel and Sports Bar
- Dr. D. Jefferson
- Kawartha Southern Electronics
- Lars Enterprises
- LCBO & Beer Store
- Dr. R.K. McArthur, Dentist
- Mekhab Exteriors
- Mike's Place
- Regional Councillor John Mutton
- Nathalie's Aromatherapy
- New Massey House Restaurant
- Newcastle Cement Block
- Newcastle Community Hall
- Newcastle Family Connection
- Newcastle Funeral Home
- Newcastle Golf Course
- Newcastle Health Care Centre
- Newcastle IGA
- Newcastle Laundromat
- Newcastle Pharmacy R/X Central
- Newcastle Veterinary Clinic
- Newcastle Junior Y YMCA
- Pegasus Farm Riding School
- Ralley Graphic Design & Printing
- Reedtronics Security
- Rob's Renovations
- School Zone Promotions
- Sensational Seams
- Sonbon Homes Ltd.
- Square Boy Pizza
- Stedman's Department Store
- Sturrock Period Furniture
- Syvan Developments
- Tina Marie Hair Design & Tanning
- Councillor Charlie Trim
- Tsunami Martial Arts Inc.
- Ultra Seal Asphalt Sealing
- Masood Vatandoust - Sutton Group
- Village Card & Gift Shoppe
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- Wilf's Custom Hydraulic Services