

The Woman's Page

The Family DOCTOR

By JOHN JOSEPH GAINES MD.

THINGS TO DO—AND NOT TO DO

The suffering man or woman is generally willing to gasp at the straw which promises even the slightest alleviation. It may be an inflamed and swollen joint, a throbbing, agonizing, inflamed nerve, a passing calculus, or the pain of peptic ulcer. Local applications afford a measure of relief worth going after, besides keeping the mind occupied so far as possible on the work in hand and away from the suffering.

easily. Ointments containing menthol are cooling and soothing to inflamed surfaces. The use of vaseline for the incorporation of drugs forms an ointment that does not enter the pores as a rule.

Hot packs, either wet or dry, have their special uses. They expand the small vessels and permit an increased flow of blood through the part; this increase of new (and purer) blood may remove the dammings of the passages inflamed. Hot packs should be of short duration, and frequently renewed—as hot as can be borne is not too warm.

Cold packs must be used with judgment. A fevered, "pounding" headache may be relieved temporarily by cold packs, while the cause is being attended to. I have always been timid about putting cold packs about the throats of children in acute affections; in fact, I never do it. Cold drives blood away from the part, by contracting the vessels.

THE WORM TURNS!

Answering an appeal by Boston husbands to do something about gambling wives, Police Captain Thomas Connelly conducted a second raid and arrested five women.

Recently Captain Connelly assumed command of Division 19 after making a raid in the Mattapan section and arresting 32 men. Immediately, he said, several men asked him to do something to keep poker playing wives from dissipating family funds.

Early one morning Connelly led a squad of officers into the home of Mrs. Sadie Goldberg. They arrested Mrs. Goldberg and five other women. The captain said he found 13 decks of cards, a supply of poker chips and a small amount of cash.

WOMAN HAD RIGHT TO BE AN ANGLER

When Mrs. Edward Berrefson, of Danville, Ill., appeared for a fishing license she explained to the clerk why it was only natural she should be an ardent angler. Her mother's maiden name was Fish; her father's was Herring; and she was born at Fountain Creek in the "Sucker" State.



ARE YOU FORTY?

If you are, perhaps your eyes are crying out for extra help when you read fine print. Have your eyes examined. Then, if bifocals will help you, ask us about the new type that is so much more comfortable for your eyes—the modern, Full-vue bifocal, that reduces the uncomfortable "jump" of vision found in ordinary bifocals and avoiding "rainbows" before your eyes.

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THE HERALD
Harrodsburg, Ky.

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Social & and Personal

Accessories for Evening



New York-Paris Fashions

ONE of the very newest materials for evening ensembles is seen in this selection of matching slipper and bag shown above. The shoe is made of Fabrikoid in a new non-tarnishable silver kidskin grain with a low heel and T-strap sandal design. The bag is of the same material, restrained and simple in style and of flat vanity shape.

Return From Nashville

Mrs. Hanly Bohon, Miss Ann Tilden Bohon, Mr. and Mrs. Lindsay Ingram have returned from Nashville where they were the guests for a few days of Mrs. Bohon's sister, Mrs. Tilden Hill.

Attending K. E. A.

Miss Martha Ransdell is the guest of Miss Elizabeth Sorrell while attending K. E. A. in Louisville this week.

Former Residents Here

Dr. and Mrs. R. W. Muller, Misses Isabel and Barbara Muller, of Berea, spent Saturday in Harrodsburg.

Motor Trip To New Orleans

Mrs. B. F. Norfleet and Mr. Morgan Soaper left this week on a motor trip to New Orleans to visit Miss Helen Norfleet and Mr. Bennett Norfleet. Mrs. Harold Cooke accompanied them and will be the guest of Miss Frances VanArsdale.

Visiting At High Point, N. C.

Rev. T. H. Bowen, Mrs. Bowen and little Miss Jane Bowen are spending the week at High Point, N. C., with Mr. Bowen's parents, Mr. and Mrs. W. H. Bowen.

Guests From Lawrenceburg

Mr. and Mrs. George W. Edwards entertained Easter Day Miss Allie Saffell, Mrs. Todd Bartlett, Miss Wallace Bartlett and little Miss Mary Saffell Edwards.

Family Reunion

Mrs. T. H. Gordon and Mr. and Mrs. Roy Riley entertained with a family reunion Sunday, the guests being Mr. and Mrs. I. N. Gordon and son, Billie, of Frankfort; Mr. and Mrs. John Gordon, Mr. and Mrs. Ralph Davenport and small daughters, Jean Price and Emma Katherine Davenport, of this place.

Home From Delray Beach

Mr. and Mrs. Douglass Curry and little son, and Miss Lilly Hunter returned this week from a stay at Delray Beach, Florida.

Birthday Surprise

Mrs. Clell Coleman was given a

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Do they look dull and listless and appear to be ready for the rag bag? Let us add that new life to your wardrobe by our expert cleaning process which makes last year's duds look like they're just out of the tailor's shop.

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pleasant surprise Wednesday evening when the children and grandchildren gathered at her home on College street to celebrate her birthday. Mr. Coleman, who has been seriously ill, was able to join them at the table in a wheelchair and the family reunion was a very happy one.

Visit Home Of Ancestors

Mr. Charles Green and daughters, Mrs. Stevie Baer, Misses Sue Bell and Martha Green, of Osceola, Mo., were guests of Mr. and Mrs. J. H. Grimes Friday. Miss Sue Bell Green, a gifted violinist, is studying at the Conservatory of Music, Cincinnati, and the other members of the family joined her for the Easter week end and came on the Harrodsburg to which the young women are bound by ancestral ties.

Mr. Green's wife and mother of the three attractive daughters, was formerly Miss Sue Bell Lucas, the youngest daughter of Mrs. Nannie Cardwell Lucas, and the late Col. William Lucas, prominent attorney of Osceola and Kansas City, both of whom formerly lived in Harrodsburg.

Spring Vacation At Home

Miss Martha Hume will return to Stuart Hall, Staunton, Va., in a few days. She has been spending the spring vacation with her parents, Mr. and Mrs. B. T. Hume, on College street.

Visitors From From Ohio

Mr. and Mrs. F. L. Rouse have returned to Bowling Green, O., after a few days visit with Mrs. B. M. Bonita and family, North Main street.

Mrs. Carroll Smith, who has been sick with grip at her home on Beaumont avenue, is much improved. Mrs. Louis Bonta, who has been quite sick, is improving.

Misses Imogene and Betsy Masters are spending the week with relatives in Lexington.

Mr. and Mrs. R. J. Fulkerson have returned to their home at Ewing, Va., after a few days in Harrodsburg at Old Fort Inn.

Mr. and Mrs. Elmer Catlett and family, of Lexington, spent Sunday with Mr. and Mrs. J. E. Catlett.

Miss Verna Lee Nichols, Mrs. Gladys Begley and Mr. W. T. Nichols have returned to Louisville after a week end with their parents, Mr. and Mrs. Henry Nichols.

(Continued on another page)

Call and pay your subscription to The Herald.

WOMAN'S 106th BIRTHDAY

Postponed as two granddaughters can be present, the 106th birthday party for Mrs. Sarah Ann Crowe will be held Sunday at the home of her son and daughter-in-law, Mr. and Mrs. James Crowe, who live on the Cadiz Pike, just outside Hopkinsville. Her oldest child is 82 and youngest 50 years old.

The two granddaughters who could not be present for the party originally planned April 10 are Miss Nora Crowe and Mrs. Opal Deck, of Louisville.

Mrs. Crowe is very active despite of her age. When her husband Richard, who has been dead nearly 60 years, went off to war "against the Yankees" Mrs. Crowe took her children to the fields and ploughed and did other manual labor until his return. She says the hard work she has done all her life is the secret of her longevity.

WHITE HOUSE GROCERY BILL IS \$2,500 MONTH

The White House grocery bill averages around \$2,500 a month for the President's family and the 58 persons employed in and around the mansion. These are the "regular boarders." In addition, extra meals must be provided frequently for "company." Of course, the Roosevelt family dines alone ordinarily. Employees of the White House, from secretaries down to the kitchen help, receive their meals in a special dining room in the basement. All the White House cooking now is done on the new electric range recently installed at a cost of \$5,000.

MRS. COOLIDGE SEEING SPRING IN BRITISH ISLES

Mrs. Calvin Coolidge, widow of the late President of the United States, is now on an automobile tour of England. She went there to catch the springtime in the British Isles and later after the season advances will go to the continent for an extended visit. Her plans on returning to the United States are indefinite since she has sold The Beeches, the house she and the late President lived in at Northampton, Mass., for a short time after he left the Presidency.

WOMEN STILL IN THE POLITICAL RUMBLE SEAT

Women are still riding in the political rumble seat, according to one of them who isn't.

Representative Florence Kahn of California admitted that so far as having a real voice, women have no chance to steer political machinery and little opportunity to advise its course. The majority of women have little or no party consciousness, thinking more of policies than they do of politics.

HOW WOMAN KEEPS TIME
A woman in Elgin, Ill., keeps correct time by giving birth to a third set of twins, each fifteen months apart.



APRIL WEATHER

Oh, hush, my heart, and take thine ease,
For here is April weather!
The daffodils beneath the trees
Are all a-row together.

The thrush is back with his old note;
The scarlet tump is blowing;
And white—ay, white as my love's throat—
The dogwood boughs are glowing.

The lilac bush is sweet again;
Down every wind that passes,
Fly flakes from hedgerow and from lane;
The bees are in the grasses.

And Grief goes out, and Joy comes in,
And care is but a feather;
And every lad his love can win,
For here is April weather.

Lizette Woodworth Reese.

Let us have faith, that right makes might. And in that faith, let us to the end dare to do our duty as we understand it.—Abraham Lincoln.



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