

The Family DOCTOR

By JOHN JOSEPH GAINES MD.

COOL DAYS BRING ON SKIN IRRITATIONS

Cooler weather is the signal for the spread of skin diseases. This is because many people neglect proper bathing and are exposed to radical changes of temperature on the surface of the body. To rush out into the cold air while perspiring even the least bit aggravates skin troubles or brings them on. To working men in shops or the indiscreet in farm houses this article will be timely.

Eczema is by far the most common skin disease. It may develop on any part of the human being whether protected by clothing or not. It is not contagious—and may become a chronic disease if neglected. Its chief symptom is itching or burning. Excessive "scratching" which seems imperative may arouse moisture, even bleeding. Rarely does eczema scale or peel off. You should consult your physician if you get a persistent skin trouble that you don't understand.

My advice must be general though correct. Remove every source of irritation if you have eczema. You will not recover with the best medicines if you do not. I once compelled a lady to cease wearing a fur neck-piece much against her will, but she recovered from a fierce eczema of the neck and shoulders. Even very soft garments may irritate. Therefore, change to less irritating. Use nothing on the skin that irritates. A "famous" patent medicine that I know of, does nothing more than relieve the itching—it never cures. Even that is fine—for the charlatan who sells the nostrum.

If, unfortunately, your eczema is all over or universal, you should consult a nerve specialist as well. The cause may be found in a deep-seated nerve affection. Local medicines should be soothing in the highest degree.

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King Ethelbert

The man originally responsible for the fact that most Anglo-Saxon descended peoples are Christians, was baptized in 597 A. D. This was Ethelbert, Saxon king of England, whose conversion by St. Augustine was the most important since Constantine the Great was baptized on his deathbed at Constantinople. Ethelbert's Christian zeal caused 10,000 of his subjects to be baptized in the River Swale the following Christmas day, and firmly established the faith in the West.

System of Checks Provided

The framers of the Constitution greatly feared that the government they were to set up, particularly in the person of the President, would exceed its authority and become autocratic, hence the system of checks and restraints in the form of the President, Congress and the Supreme Court.

COLLEGE INHERITS CATS

Rollins College, Winter Park, Fla., has just acquired a collection of more than 100 cats.

They are of many kinds—China cats, furred cats, wool cats, plaster cast cats, papier mache cats. Their poses are as diversified as the personalities in catdom—sleeping, playful, snarling, gentle, alert.

The shipment came as a gift from the heirs of the late John Uri Lloyd, Cincinnati plant scientist, writer and pharmaceutical manufacturer.

Once admired in Lloyd's office by Dr. Hamilton Holt, President of Rollins, the cats were sent there when the estate was settled.

U. S. Appeals Ruling On Tobacco Taxes

Decision Will Affect Millions Paid To Kentucky Growers Under Kerr-Smith Act.

The government Thursday filed an appeal in the Kerr-Smith tobacco tax recovery case involving the status of all taxes paid under this act. The case is the first of its kind in the United States and is expected to serve as a test case.

Incidentally the amount of taxes involved in the case is relatively trivial, \$607.08 plus interest, but the outcome of the litigation, which has been referred to the United States Circuit Court of Appeals at Cincinnati, involves several million dollars.

The appeal is from the decision of Federal Judge Elwood Hamilton, who held that the Kerr-Smith Act was unconstitutional and that therefore all payments made were in accordance with a void statute. That act never was referred to the Supreme Court because it was repealed by Congress February 10 of this year. Judge Hamilton ruled that the plaintiff in the case, C. H. Smith, Fayette county tobacco grower, was entitled to the return of the taxes plus interest. Judge Hamilton's decision was given July 2 of this year.

Two Kinds of Rabies

There are two kinds of true rabies—first, what is known as dumb rabies and, second, furious or violent rabies. In the first the dog acts as if it has something caught in its throat. Generally behaves abnormally. Lower jaw becomes rigid. Naturally a dog with this type of rabies does little biting. Condition of his lower jaw prevents it. In violent rabies the symptoms are much the same as in the dumb variety, with the evidences of uneasiness or nervousness, and drooling. In violent rabies the dog always snaps at things or people. That is the outstanding difference between the two types.

Copper Indestructible

Copper comes from a thousand sources and goes back into use in as many and varied ways. Though copper is virtually indestructible and seemingly could reflux to balance with consumption, this is not the case. Home scrap eventually equals all consumption because it goes back into use, but there are losses from wear and through the dissipation of small objects. Supply is, of course, controlled by the obsolescence rate of copper products and this may or may not balance with consumption at any given moment.

Learning and Thought

Learning undigested by thought is labor lost; thought unassisted by learning is perilous.

Sausage of Middle Ages

Made Tasty With Spices

The development of modern sausages took place mainly in Italy and the Germanic countries. These peoples had a real flair for the blending of flavors and developed techniques far in advance of other countries, according to an authority. The warm climate of Italy led largely to the preparation of dry sausages preserved with salt and the more virile spices, such as pepper and garlic. Scarcely a city of any importance exists in Italy which does not have a type of sausage named after it—Milano, Bologna, Romano, Genoa, Salami, etc.

In Germany, the cooler climate and the use of caves led to the development of fresh and cooked sausages, most of them being adapted to frying. These varieties included bratwurst, liver sausage, blood sausage, head cheese and Berliner sausage (a ham sausage). In addition, the Germans made many varieties of summer sausage (that is, sausage made in winter to be consumed during the summer).

The Germans and Scandinavians were more partial to the milder spices than the Italians, but the rapid spread of the desire for sausage and its convenience for trade during the Middle ages led to a further competition for trade with the spice countries.

The motivating impulse in Columbus' discovery of America was the short route to the spice countries of the Indies, while Magellan's passage south of Cape Horn, and Hendrick Hudson's search for the northwest passage alike were stimulated by the desire for a shorter trade route to the spicy orient than the land route through Asia Minor or the water route around Africa.

Extinct Dodo Was About Size of Well Known Swan

Most famous of the extinct birds was the dodo. Its chief characteristics seem to have been extreme clumsiness and a touching confidence in the kindness of man and its fellow-creatures. European settlers and the animals they imported had exterminated it in Mauritius by 1681. The dodo was about the size of a swan, and Portuguese sailors spoke of Mauritius as the Island of Swans.

At one time this bird had made its home in South Africa, and the carcass of the rare bird is exhibited at the Natural History Museum, says the New York Times. Anything less swanlike, however, it would be difficult to imagine; its Latin name, "Didus ineptus," is appropriate, for it seems to have been singularly inept.

Its huge bill ended in a large horny hook. Its plumage was multicolored, and its short legs were quite out of proportion to its enormous, clumsy body. The curly tuft at the end of its stumpy tail lent the final touch to its absurd appearance. With its usual optimism, it laid one large egg in a heap of grass.

Tell the Bees

In savage countries and in many country districts of England and the world over, the bees are held to be members of the household. A death in the family must always be "told to the Bees,"—otherwise they will be offended and desert their hives, taking away with them the luck of the house. When a wedding occurs the bees expect their hives to be decorated with white ribbon or rosettes. When treated with this consideration the bees are supposed never to sting members of the household. Other superstitions about bees are that one should never shout at them, but tell them important news in whispers; one should not quarrel near a hive, lest the bees fight, too, and destroy one another. Nor will bees sting half-wits, even when disturbed.—"Tit-Bits" Magazine.

Yellow Fever Germs

In 1888, when people still thought that yellow fever germs flew or drifted about in the air, an epidemic of this disease took place in Jacksonville, Florida. In the belief that the microbes could be killed by concussion, writes M. B. Johnson, Jacksonville, Florida, in Collier's Weekly, cannons were fired for several days in the principal streets—to the delight and profit of the glaziers.

Amount of Rainbow Seen

The amount of a rainbow seen at any time depends upon the height of the sun, being low when the sun is high and high when the sun is low. On high mountains or from balloons, when the sun is very low, completely circular rainbows are observed. Lunar rainbows, formed by the light of the moon and appearing as luminous arcs with very faint colors, are occasionally seen.

"Coal Trees"

"Coal trees," trees that have remained complete through the ages which turned them into coal, are one of nature's strangest sights. They are found in mines, standing in their normal position and as perfectly formed as the day they reached maturity, except that their roots, trunks, branches and even their leaves have been converted into black, gleaming coal. — Collier's Weekly.

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Home of Silk
Como, largest city on Lake Como, is the center of the Italian silk industry, and as such rivals Lyon in France and Paterson in the United States. Mulberry trees are grown everywhere in that region to provide the silkworms raised there with leaves for food.

Cultivation of Cheerfulness
Cheerfulness is not always spontaneous; it is greatly a matter of habit and bears cultivation. One who can contrive to bear a smiling face through a world where there are so many troubled hearts, may unconsciously be a public benefactor.

Cultivation of Rice
The process of the cultivation of rice includes, step by step, the raising of the seedlings in the seedbed, the puddling and preparation of the rice fields themselves, the after cultivation and irrigation, and lastly the harvest, thrashing and storage of the grain and straw.

Meaning of "Better 'Ole"
Any situation preferable to that occupied is a "better 'ole." The expression originated in the World War, when Captain Bairnsfather told of a soldier who refused to leave a shell hole until a better 'ole' was provided.



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