

## THE HOUSE OF HAZARDS

By MAC ARTHUR



**666** checks  
**COLDS**  
and  
**FEVER**  
first day  
**HEADACHES**  
in 30 minutes

Liquid - Tablets  
Salve - Nose Drops

## Help Kidneys

If poorly functioning kidneys and bladder make you suffer from Getting Up Night, Nervousness, Rheumatism, Pain, Stiffness, Burning, Smarting, Itching, or Acidity try the guaranteed Doctor's Prescription Cystex (Blue-Test) - Must fix you up or money back. Only 15¢ at druggists.

# MOTHER!

don't experiment  
with your  
Child's Cold



Often, "mere colds" have serious consequences. It is dangerous to neglect a cold—equally dangerous to experiment with half-way measures.

Feel safe! Use Vicks VapoRub—the proved external method of treating colds. No risks of constant internal "dosing", which so often upsets delicate digestions and lowers resistance when most needed.

## DOUBLE DIRECT ACTION

Just rubbed on at bedtime, VapoRub fights a cold direct—two ways at once—by stimulation and inhalation. This combined poultice-vapor action loosens phlegm—soothes irritated membranes—eases difficult breathing—helps break congestion. Often by morning the worst of the cold is over.

**LOWLY MUSKRAT BECOMES "MARSH RABBIT" AT TABLE**

If the "secret" can be kept from the wife of a certain official in the United States Biological Survey, the Bureau has agreed to tell how muskrats can be used to enliven the family menu.

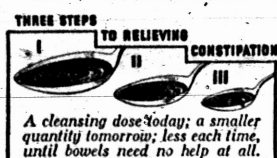
Returning from an inspection trip in muskrat areas of Delaware, one of the Bureau's biologists carried to his Washington home some meat obtained from these fur animals and introduced the food as "marsh rabbit." The results, he says, were delightful and the dish proved to be an interesting delicacy, but he hopes that in his own home "marsh rabbits" are not identified.

The flesh of the muskrat for human food is variously esteemed, with diversity of opinion as to its palatability. Muskrats are sold in some parts of the East and Middle West. In the retail markets of Philadelphia, Baltimore, Wilmington, and other cities they are sold from about the middle of December to the middle of March as "marsh rabbits," but no attempt is made to conceal the fact that they are muskrats. They are bought and eaten by both well-to-do citizens and by people who seldom indulge in high-priced game.

The animals are trapped primarily for their pelts, but after they are skinned, the additional labor of preparing the meat for market is so slight it can be sold very cheaply.

## NO UPSETS

The proper treatment  
for a bilious child



A cleansing dose today; a smaller quantity tomorrow; less each time, until bowels need no help at all.

ANY mother knows the reason why her child signs playing, eats little, is hard to manage. Constipation. But what a pity so few know the sensible way to set things right!

The ordinary laxatives, of even ordinary strength, destroy all hopes of restoring regularity.

A liquid laxative is the answer, mothers. The answer to all your worries over constipation. A liquid can be measured. The dose can be exactly suited to any age or need. Just reduce the dose each time, until the bowels are moving of their own accord and need no help.

This treatment will succeed with any child and with any adult.

Doctors use a liquid laxative. Hospitals use the liquid form. If it is best for their use, it is best for home use. The liquid laxative they generally use is Dr. Caldwell's Syrup Pepsin. Any druggist has it.

# BRUCE BARTON Says:



**Marriage is for the Wise**

A man who many years ago organized a bachelors' club committed suicide the other day, leaving a note in which he advised all young men to marry. He said: "Living alone is unnatural and can end only in unhappiness." He should have made this discovery earlier, as a majority of his fellow-men do, but he probably made the mistake of paying attention to the poets and the philosophers.

From Diogenes down they have tended to cynicism. Diogenes, asked when is the proper time to marry, answered: "For a young man not yet; for an old man never." Socrates, under similar circumstances, advised a young man: "Whichever you do, you will repent it." Fielding wrote: "One fool at least in every married couple." Mme. de Rieux left this warning: "Marriage is a lottery in which men stake their liberty and women their happiness."

Probably the most widely quoted joke that Punch published was: "Advice to those about to marry—Don't!"

Luckily, young people are not much impressed by this accumulated cynicism. If, before marrying, the boys stopped to consider whether they would be able to support a family, or the girls to measure the chance of disappointment, there would be a few matings. They have knowledge that is deeper than judgment; they take the plunge, and they and the world are better for it.

Only once in my life did I ever attempt to head off a marriage. The young folks were penniless, jobless and in debt. They wanted to borrow from me to finance what looked like a sure loss. When I refused, they promptly borrowed, elsewhere, and are now as happy and successful a couple as you would want to meet.

Most of us had parents who were hard up all their lives, but they had each other, and in spite of struggle they knew the truest happiness. They were wiser than all the cynical wise-men since the world began.

## Can We Afford Not To Have Recreation?

Voicing a strong plea that the integrity of local recreation bodies be maintained, and cautioning local leaders against leaning too heavily upon national funds and direction, Mrs. Eugene Meyer, Chairman, Westchester County (N. Y.) Recreation Commission, told the delegates at the National Recreation Congress, in Chicago last month, that recreation offered a valuable means of helping to save democracy in America. Mrs. Meyer said:

"Any community which loves the free institutions of this country and wishes to preserve them should be not only willing but anxious to support a recreation program in addition to its regular provisions for public schools."

"So definitely and clearly is this true that the property owner and taxpayer who is anxious to stave off fascism or communism must no longer ask himself, 'Can we afford recreation?' If he has any insight whatsoever, any interest in protecting and furthering our democratic form of government, he must say to himself, 'Can we afford not to have recreation?' In other words,

**Opportunity is Where It's Needed**

A city man, out to visit friends in the country, found when he was ready to return that his motor would not start. He was told that "Ed Bostwick, just down the road," probably could fix things for him, and in a little while Ed arrived with a basketful of tools, and the job kept him busy for nearly two hours. When he had the motor purring pleasantly, he was asked what the charge would be. "Well," he said after some consideration, "I guess about fifty cents."

Upon inquiry, the car owner learned that Ed formerly had worked as a mechanic in a city garage, but had given up his town job to live on a little farm inherited from his father.

"But your ability," said the city man, "I should think you would want to be where you have better opportunity."

"I wouldn't want a better opportunity than I have here," Ed replied. "All the farmers have cars, trucks, tractors or other kinds of machinery to be kept in repair, and they keep me busy. I'm making a good living and, besides that, I like being where I'm needed. The folks around here all depend on me sort of."

Many other people feel as Ed does. Some of them are college graduates, but they are perfectly content as country preachers, country doctors, store-keepers, or farmers. They find golden opportunities where some of us imagine that we would feel buried alive.

I once made a talk to a college class on Neglected Businesses, trying to point out that too many graduates make straight for the bond business, or advertising, or law, or medical practice in a city, while too few think of insurance, retail store-keeping, or running a gasoline station. Yet people in these unthought-of fields often do better than the members of the more popular callings. We live a very short time, and the important idea seems to be to live happily. Happiness is not geographical; it is being needed—being where, as Ed expressed it, "people depend on me sort of."

let's stop our apologetic, defensive attitude toward our various local budget makers and demand that recreation be given the importance in our educational scheme to which it has proved itself to be entitled.

"But we have no right to prate of liberty nor to boast of our leisure so long as there are large numbers of children who do not know green fields, and just as many adults whose lives are spent in the unbroken routine and daily grind of the city worker and factory laborer."

Letter writing will not be a bore to you if you take advantage of this special offer of RYTEX RIO Stationery at \$1.00 a box for 50 sheets and 50 envelopes printed with your Name and Address. The stationery comes in two attractive patterns—with a waving Palm Tree in pastel shades or an Aztec border design on the sheets. See samples at The Herald.

## SHIRLEY TEMPLE TOPS

**BOX OFFICE RECEIPTS**

The Motion Picture Herald took its annual poll of independent exhibitors, asked them to "list the ten players whose pictures drew the greatest number of patrons to your theatre from Sept. 1, 1934 to Sept. 1, 1935." The winners:

1. Shirley Temple
2. Will Rogers
3. Clark Gable
4. Fred Astaire and Ginger Rogers
5. Joan Crawford
6. Claudette Colbert
7. Dick Powell
8. Wallace Beery
9. Joe E. Brown
10. James Cagney

## Watch Your Kidneys!

Be Sure They Properly  
Cleanse the Blood

YOUR kidneys are constantly filtering waste matter from the blood stream. But kidneys sometimes lag in their work—do not act as nature intended—fail to remove impurities that poison the system when retained.

Then you may suffer nagging backache, dizziness, scanty or too frequent urination, getting up at night, puffiness under the eyes, feel nervous, miserable—all upset.

Don't delay! Use Doan's Pills. Doan's are especially for poorly functioning kidneys. They are recommended by grateful users the country over. Get them from any druggist.

**DOAN'S PILLS**

## FREE! about STOMACH TROUBLE

Explain the marvelous World Treatment which is bringing amazing relief. Sold on terms—money-back guarantee.

**PRICELESS INFORMATION**—for those suffering from STOMACH OR DUODENAL ULCERS, DUE TO HYPER-ACIDITY—POOR DIGESTION, ACID DYSPEPSIA, SOUR STOMACH, GASTRITIS, NERVOUS HEADACHE, CONSTIPATION, BAD BREATH, LASSITUDE OR HEADACHES, DUE TO EXCESS ACID.

Ask for a free copy of Willard's Message.

C. M. Dedman & Son, Druggists

## GARRARD CO. BIRD DOGS

DIE OF DISTEMPED

The Lancaster Record says: Distemper has been the cause of the death of a number of registered bird dogs belonging to Lancaster sportsmen during the past two weeks. Two dogs belonging to Ben Wood and John McRoberts, tow owned by Walter Cox, and one each belonging to M. E. Miller, S. B. Sanders, Stanley Clark and Wade Walker have been lost by this disease. These were all fine pointer dogs several of which had won prizes in the field trials, recently held at Somerset.

## LANCASTER BUILDS

\$40,000 GYMNASIUM

Contracts for the new \$40,000 gymnasium, to be erected on the Lancaster high school grounds, were signed Tuesday morning at The National Bank between officials of the City of Lancaster and the S. S. Lumber Company. The successful bidders on the project. Bond was executed by the S. S. Lumber Company with the National Surety Corporation as security. The city was represented by Mayor W. R. Bastin and H. Clay Kauffman, City Attorney.

## KENTUCKIAN ON HIS WAY

TO OPEN SAFE IN ALASKA

E. J. Goodenough, of Covington, Ky., executive of a lock company, left Wednesday for Fairbanks, Alaska—to open a safe.

Goodenough said he was advised that the vault of the First Bank of Fairbanks had not been opened for ten days, due to a broken time lock.

Call and pay your subscription to The Herald.

## Don't Get Up Nights

MAKE THIS 25¢ TEST

Use Juniper oil, Buchu leaves, etc., to flush out excess acids and waste matter. Get ride of bladder irritation that causes waking up, frequent desire, scanty flow, burning and backache. Get Juniper oil, Buchu leaves, etc., in little green tablets called Bukets, the bladder laxative. In four days if not pleased go back and get your 25¢. Get your regular sleep and feel "full of pep." Dealers Names—Corner Drug, Druggist; C. M. Dedman & Son Druggists.

## Before Baby Comes

Turn the months of waiting into ease and comfort. YOU can now avoid unnecessary pain and after regrets by preparing your body for that dear baby's coming. A massage medium and skin lubricant, called Mother's Friend, helps to relieve and prevent skin tightness... abdominal tissue breaks... dry skin... caked breasts... after delivery wrinkles. Mother's Friend softens and tones the skin, tissues and muscles. It makes them supple, pliant and elastic. It is scientific in composition—composed of special oils and highly beneficial ingredients—extremely applied—pure and safe. Quickly absorbed. Delightful to use. Highly praised by users, many doctors and nurses. Time-tested for over 60 years. Millions of bottles sold. Try it tonight. Just ask any druggist for Mother's Friend. Bradford Co., Atlanta, Ga.

## Mother's Friend

—lessens the pain

Countless thousands of people who have taken Bayer Aspirin year in and out without ill effect, have proved that the medical findings about its safety were correct.

Remember this: Genuine Bayer Aspirin is rated among the fastest methods for relieving the relief of headaches and all common pains... and safe for the average person to take regularly.

You can get real Bayer Aspirin at any drug store—simply by never asking for it by the name "aspirin" alone, but always saying BAYER ASPIRIN when you buy.

**Bayer Aspirin**

—lessens the pain

## How Calotabs Help Nature To Throw Off a Bad Cold

Millions have found in Calotabs a most valuable aid in the treatment of colds. They take one or two tablets the first night and repeat the third or fifth night if needed.

How do Calotabs help Nature throw off a cold? First, Calotabs are one of the most thorough and dependable of all intestinal eliminators, thus cleansing the intestinal tract of the germ-laden mucus and toxins.

Second, Calotabs are diuretic to the kidneys, promoting the elimination of cold poisons from the system. Thus Calotabs serve the double purpose of a purgative and diuretic, both of which are needed in the treatment of colds.

Calotabs are quite economical; only twenty-five cents for the family package, ten cents for the trial package. (Adv.)

5 p.m. is a test of how you FEEL

"How do I feel.....  
Rotten! why do you ask?"

"Because,  
you are not yourself!"

It is all so simple, too! That tired, run-down, exhausted feeling quite often is due to lack of a sufficiency of those precious red-blood-cells. Just build up these oxygen-carrying cells and the whole body takes on new life... food is really turned into energy and strength... you can't help but feel and look better. S.S.S. Tonic restores deficient red-blood-cells... it also improves the appetite and digestion. It has been the nation's standby for over 100 years... and unless your case is exceptional it should help you, too. Insist on S.S.S. Tonic in the blood-red cellophane-wrapped package. The big 20-oz. size is sufficient for two weeks' treatment... it's more economical.

**SSS TONIC** Makes you feel like yourself again

# Are YOU HAPPY After Meals

Or Do  
Gas on Stomach  
and  
Sour Stomach  
make you  
Miserable?

Too much food, or the wrong kind of food, too much smoking, too much beer, make your body over-acid. Then you have distress after eating, gas on stomach, heartburn, sour stomach. ALKA - SELTZER relieves these troubles promptly, effectively.

Use Alka-Seltzer for Headache, Colds, Fatigue, "Morning After Feeling," Muscular, Sciatic and Rheumatic Pains. Alka-Seltzer makes a sparkling alkaline drink. As it contains an analgesic (Acetyl-Salicylate) it first relieves the pain of everyday ailments and then by restoring the alkaline balance corrects the cause when due to excess acid. Alka-Seltzer tastes like carbonated mineral spring water—works like magic. Contains no dangerous drugs... does not depress the heart... is not laxative.

Get a drink at your Drug Store Soda Fountain. Keep a package in your home medicine cabinet.