

Director of Traffic  
Roosevelt Day, Dies



QUAKERTOWN . . . . . visit

The other day we got into the car and motored out to Quakertown, Pa., where my friend Charley Meredith runs one of the best country weekly newspapers I know of, the Quakertown Free Press.

I was struck by the apparent prosperity of that section. I talked with several business men and a number of farmers in Bucks County. It's good farming country and there is no distress that I could learn of among the farmers there. Very few people are on relief. About the only sign of relief activities are the train-loads of city unemployed sent out to work on some projects in the southern part of the country.

Self-reliance is a traditional characteristic of these sturdy Quaker and "Pennsylvania Dutch" people.

HOUSES . . . . . 2-ft. walls

We had luncheon in an old stone house built more than 200 years ago and still occupied by descendants of the original builder. We saw hundreds of similar stone houses, with two-foot walls and slate roofs, built to withstand the elements. There is plenty of stone all around that region both red sandstone and limestone, and the early settlers did what the first settlers in every new country always do—build their homes of the native material close at hand.

We hear a great deal about "prefabricated" homes, built of steel or plastic slabs made in factories, and I have no doubt that we shall see great developments in that line. But I think they will be mostly erected in city suburbs. They are not likely to replace local materials, where those are available, assembled by local labor in country districts where almost every man can turn his hand to carpentry or masonry.

WASHINGTON . . . . . crossing

We crossed the Delaware River at the very spot where George Washington crossed it in a rowboat on his historic retreat from Trenton. The bridge at Washington's Crossing connects two state parks, one maintained by Pennsylvania and the other by New Jersey.

Paralleling the Delaware River on both sides are canals, dug by early colonists to provide safe navigation no matter what the stage of the water was in the river. Both canals have been long since abandoned except as millraces for occasional sawmills and gristmills along the river bank. But the State of Pennsylvania is making a park a hundred miles long out of the banks and bed of the old Delaware Canal, to provide picnic and recreation ground and smooth, safe water for canoeing.

There will be no preaching at the Bohon Christian church Sunday, August 16 as the pastor is away on his vacation but there will be preaching the fifth Sunday, August 30.

Misses Dorothy and Virginia Shewmaker spent the week end with Miss Nancy Johnson, near McAfee.

Mr. and Mrs. Howard Dean and Mr. William Dean, of Harrodsburg, Mr. and Mrs. Jesse Bunnell and children, of McAfee, Mr. and Mrs. Geo. Dean and two daughters were guests of Mr. and Mrs. Kellis Chilton Sunday.

Mr. and Mrs. Kyle L. Teater, of Lawrenceburg, visited Mr. and Mrs. W. O. Teater Friday night.

Mr. and Mrs. J. B. Sanford and daughter, Patricia Anne, Mr. and Mrs. W. C. Sanford and Mrs. Sam Shewmaker and children spent last Wednesday with Mr. Charles Sanford and children.

Mr. and Mrs. G. L. Gabhart entertained at 6 o'clock dinner last Tuesday evening Mr. and Mrs. J. B. Sanford and daughter, Mr. and Mrs. W. C. Sanford and Mr. and Mrs. George C. Sims.

Mr. and Mrs. J. Lee Ransdell and children, of Lexington, visited Mr. and Mrs. Harvey Ransdell Sunday.

Mr. and Mrs. W. I. Burns visited her mother, Mrs. Hannah Sanders, at Tablow Tuesday. Mrs. Sanders remains quite ill.

Mr. and Mrs. J. B. Sanford and daughter returned to their home in Charleston, S. C., last Thursday after a three weeks' visit with his parents Mr. and Mrs. W. C. Sanford and other relatives.

Mr. and Mrs. John Horn and children visited Mr. H. J. Burns and Mr. and Mrs. Robert Shepseron Sunday.

Mr. and Mrs. Owen Sanford and two sons, Jack and Bobbie were the week end guests of relatives in Danville.

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I am not everything  
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Plain toe style. \$1.69 value.  
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Just received a new shipment. All fall patterns. Each piece contains from 2 1/2 to 5 yards.  
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Cut from bolts, thousands of yards to sell at this price

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Extra heavy  
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\$1.50 value. Double bed size. All colors.

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Made of heavy Covert cloth.  
Sizes 8 to 18.

79c Value  
SPECIAL 49c

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Full sizes ladies' handkerchiefs. Fancy borders.

SPECIAL 6 for 5c

FAST COLOR

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New fall patterns. Sizes 14 to 46.

SPECIAL 39c

## Mandy Hart's HOME NEWS

Let's begin at the bottom of things to begin with. How are your feet feeling treated and how do they feel about it? Hot and tired and complaining? That means poor circulation, most likely. Try exchanging massage services with your daughter or neighbor. With a strong, vigorous movement, massage from the knee to the end of your big toe. Get the blood traveling in those sluggish veins so it doesn't obey the law of gravity too much. Bathe in warm water, then in cold, and finish with dusting powder. Various foot powders are on the market which have a soothing effect when sprinkled in the shoes.

Are those cool sandals giving you enough arch support? A good exercise for strengthening the arches is to sit with crossed knees and rotate your relaxed foot, slowly, with an upward, outward movement. Beginning with a few minutes a day, increasing the time as lazy muscles begin to harden. And always walk on the outside edge of your foot, with toes pointed straight ahead.

We're down off our stilts, thank heavens, and are enjoying better foot and body health as a result. But low heels, though a help, can't do all the work. Be sure your toes have enough room. And of you should wear a C width, don't let the enthusiastic salesman sell you an A; and never, never tolerate runover heels.

An idea of ours that amounts practically to an obsession is that a woman's stomach can make or mar her entire appearance. A fat stomach means laziness more often than not. Practice holding your stomach in. When you do this you instinctively lift the chest, and tighten the muscles of the buttocks. It seems hard but it can become a habit, and your clothes look better on you, your entire posture improves; you acquire poise and confidence. A woman is as old as her stomach!

When you're in a big hurry and a run in your stocking threatens to waste precious moments, stop it with a drop of nail-polish. The drop will withstand several washings. And while we're close to the subject of nail-polish: Have you ever found a man who liked bright polish on his wife's or girl-friend's nails? Whether or not it is smart will never be agreed upon anyway, so why not stick to what "he" likes.

A white pique jacket is an invaluable addition to the summer wardrobe. A sleeveless Eton can be made out of half-yard of material. Wear it over prints and pastels, with white

their guests Sunday Mr. and Mrs. Lloyd Catlett and daughter, Eveyleen, little Annette Atkinson Mr. and Mrs. J. T. Lay.

Mrs. Louise Wash, of Bloomfield, spent Monday with her sister, Mrs. Arlie Pinkston. Mrs. Marvin Lay went home with her for a few days.

Little Eugene Lay, son of Mrs. Hanly Lay, is improving since being taken to Louisville to a specialist Thursday.

Revival services are in progress at Bethel Church conducted by Rev. Sparks of Harriman, Tenn. Mr. Harry Wesley also came with him to lead the singing. Members of the church came early Tuesday and cleaned the graveyard.

A number of the citizens of this community went to Springfield Monday to see about getting the machinery out here for the road work which is badly needed.

Mr. and Mrs. J. M. Sanders who have been by the bedside of their son in Louisville for some time came home for a few days leaving him still unconscious.

Ferns grow upside down at Hamill pool, reached by mountain road from Austin, Texas. The pool was created by centuries of waterfall over a stone ledge. Erosion below has left a large part of the edge overhanging the pool. The upside down ferns grow from the ceiling made by this ledge.

ATTENTION!

## THRIFTY HOUSEWIVES

We certainly appreciate the patronage the folks of this town have given us and we want other thrifty housewives to give us a try. You are bound to be satisfied.

Last month was the best one we have had since we opened our Quality market.

It just shows that people want the BEST and are learning that we have IT.

### SPECIALS FOR ONE WEEK ONLY

Cherries, at less than wholesale price .55c  
Peas, Phillips extra sifted No. 2 can 12 1/2c  
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