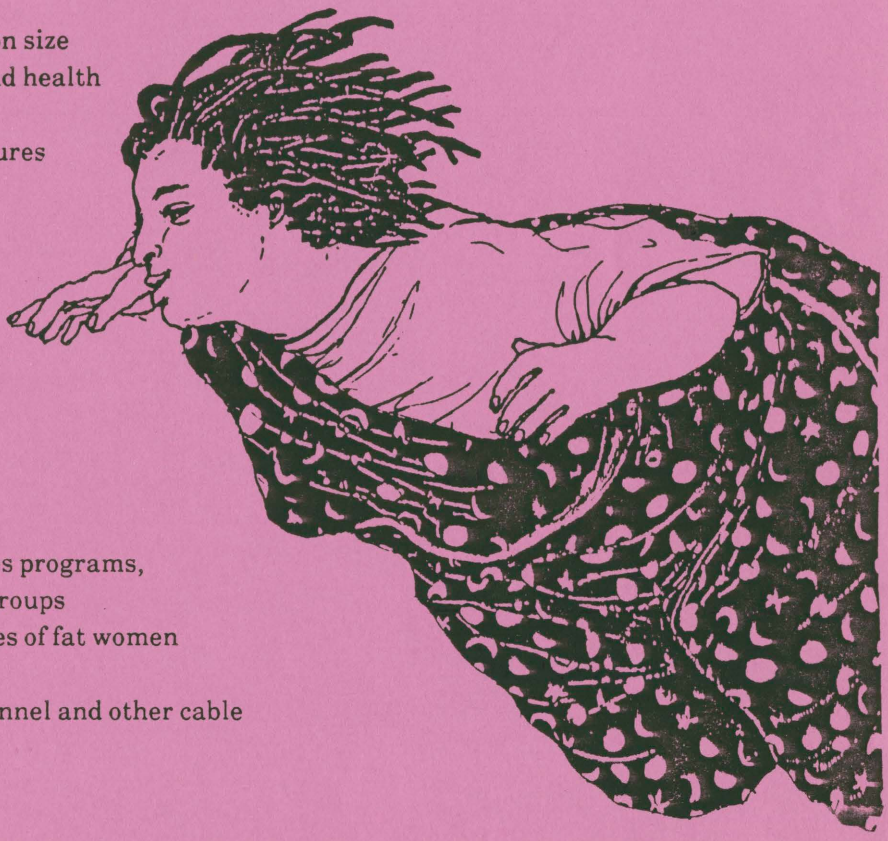
PLEASE POST!

"THROWING OUR WEIGHT AROUND"

A Video About Fat Women's Lives

FAT LIBERATION:

- working to end the oppression of women based on size
- exposing the myths around food, fat, weight, and health
- struggling to end the medical malpractice of dieting and other dangerous weight loss procedures
- encouraging fat women to love ourselves and value our strengths and capabilities



"THROWING OUR WEIGHT AROUND"

- an independent production by Sandy Dwyer, a fat activist who sees video as a tool to educate, promote discussion, and incite social change
- produced in cooperation with Boston Area Fat Liberation and the Boston Community Access and Programming Foundation
- an excellent educational tool for women's studies programs, health institutions, and consciousness raising groups
- a positive, self-affirming examination of the lives of fat women -- at work, at play, and at home
- will be cable cast on the Boston cable access channel and other cable channels around the country

YOUR HELP IS NEEDED!

This community based project is produced by volunteers. Projected costs to completion are around $6,000 including $2,500 for closed-captioning. A 20-minute "rough" version of "THROWING OUR WEIGHT AROUND" is available for fund-raising parties. Please help!

YES! I'm interested in:

( ) helping complete this video. My contribution is enclosed.

( ) organizing a fund-raising house party . Please contact me.

( ) helping with other fund-raising. Please contact me.

( ) being on your mailing list.

YOUR NAME : _____

ADDRESS: _____

_____

PHONE: _____

Send checks (made payable to Sandy Dwyer) and correspondence to:

BOSTON AREA FAT LIBERATION
P.O. BOX 1836
JAMAICA PLAIN, MA 02130

Cable Access networks interested in "bicycling" this tape, please contact the producer.