

The girls ran a 3,200-meter race until 1993, 4,000-meter race up until 2014, when the current 5 kilometers distance was set. Cross Country is a challenging discipline with varying weather conditions and a variety of terrain. Courses are full of surprise bottlenecks, sharp turns and confusing forest turnoffs.

Suzy Favor of SPASH has won the state title 4 years in a row. To date, only 2 girls have accomplished this feat.

[illegible][illegible]

Suzy Favor
1982, 1983, 1984, 1985

ALISSA NIGGEMANN

away the field with a tremendous kick down the stretch.
Pulii just kept an even keel.
"I just ran with the group

human Brittany
in a 16:41 to
for Amherst,
stalwarts Jane
16:48) and
Diver (17:14)

Sports Quiz Answer: 380

INDIVIDUAL CHAMPIONS

The WIAA began hosting State Gymnastics tournament in 1971, before the Title IX legislation was passed. The initial meet was held at Eau Claire Memorial with one division. Since 1982, the state meet has been held at Wisconsin Rapids Lincoln with two divisions.

SPASH and Pacelli are the only schools in Portage County who have had gymnastics programs. Pacelli had a gymnastics team from 1975 through 1984, competing through WISAA. There has been only one individual event champion from SPASH, however, on a team level, SPASH has qualified for 23 times and placed 3rd in 1987.

Athletes compete in four events for individual champion; balance beam, floor exercise, uneven parallel bars and vault. Team champions are determined by totaling the scores for each team member for each event.



Kimberly Barden, SPASH Balance Beam State Champion, Division 1, 2000



Kimberly Barden, age 7

KIMBERLY BARDEN



BARDEN

Barden wins state title on the beam

WISCONSIN RAPIDS — Stevens Point Area Senior High senior Kim Barden closed out her prep gymnastics career by winning the Division 1 state title on the balance beam at the WIAA State Gymnastics Meet at Lincoln High School. Barden won the event with a score of 9.383. The second place finisher, Michelle Fritsch of Sheboygan South/North had a score of 9.267. "Kimberly was very deserving of winning this title," said SPASH coach Mary Olaszewski. "She had a clean routine and a routine with a lot of difficulty and went through it without any major wobbles." SPASH's other competitor, senior Tracy Knippel finished 14th in the floor exercises.

CLASS B
GIRL'S SIDE HORSE VAULTING: The horse vault consists of two principal parts, the pre-flight and the after-flight.

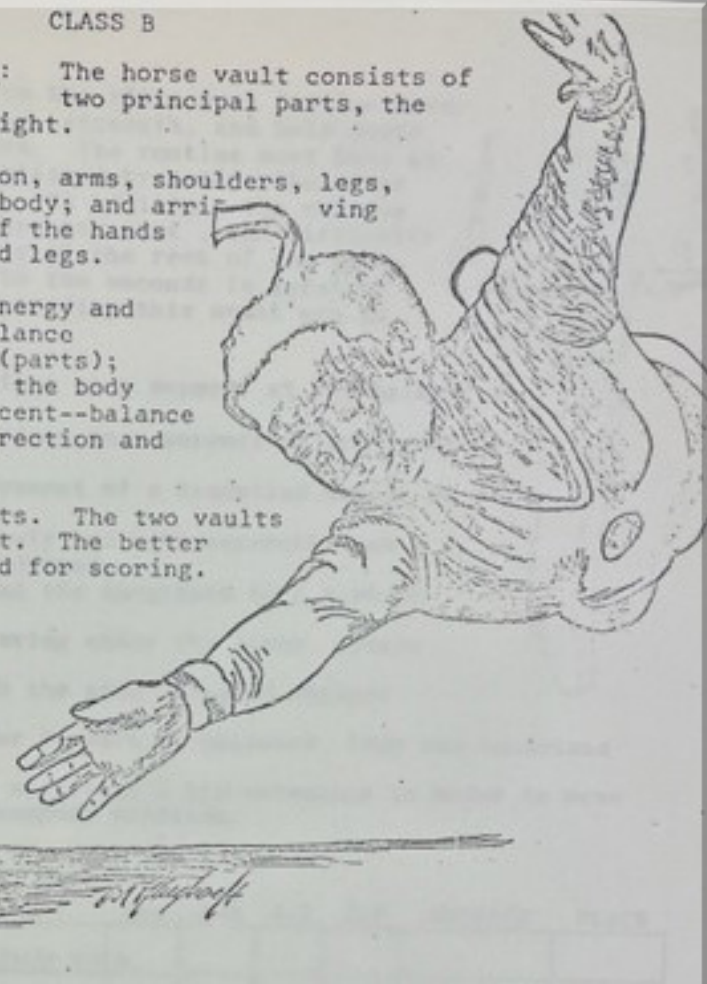
PREFLIGHT: Take-off position, arms, shoulders, legs, trajectory, lift of the body; and arriving on the horse—position of the hands, arms, shoulders, hips and legs.

AFTER-FLIGHT: Repulsion—energy and vitality of reaction; balance between the two flights (parts); stretch and extension of the body during after-flight; descent—balance on the floor; general direction and balance of the vault.

Each girl performs two vaults. The two vaults may be the same or different. The better of the two vaults is counted for scoring.

Some types of vaults:

- STOOP OR SQUAT
- CARTWHEEL
- HICHT—Stretched bodyline
- HANDSPRING—Stretched body
- YAMASHITA—Piked handspring



1976 Pacelli Gymnastics team

SPASH gymnasts net best state finish

WISCONSIN RAPIDS — Stevens Point Area Senior High's girls gymnastics team capped off another successful season by posting its highest finish ever in a WIAA state meet Saturday. The Panthers gymnasts finished a strong third behind Madison West and Brookfield Central in team competition at the Lincoln High Fieldhouse and placed three girls in the individual finals. West won the Class A crown with 111.667 points, followed by Brookfield Central with 111.533 and the Panthers 110.875. Whitefish Bay was fourth with a 110.4 score, followed by La Crosse Central with 110.287, Kimberly-Kaukauna 107.667, Kenosha Bradford 104.633, Salem 103.167, Neenah 102.700 and Hudson 96.667. The third place finish was the best ever at state for SPASH, which was stuck in sixth place the last few years. "We simply had a great day," said SPASH Coach Dean Calhoun. "Facing third at state has been our goal ever since the first day of practice this season. The team worked hard together all year to achieve their goal."

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1987 3rd Place SPASH Gymnastics Team

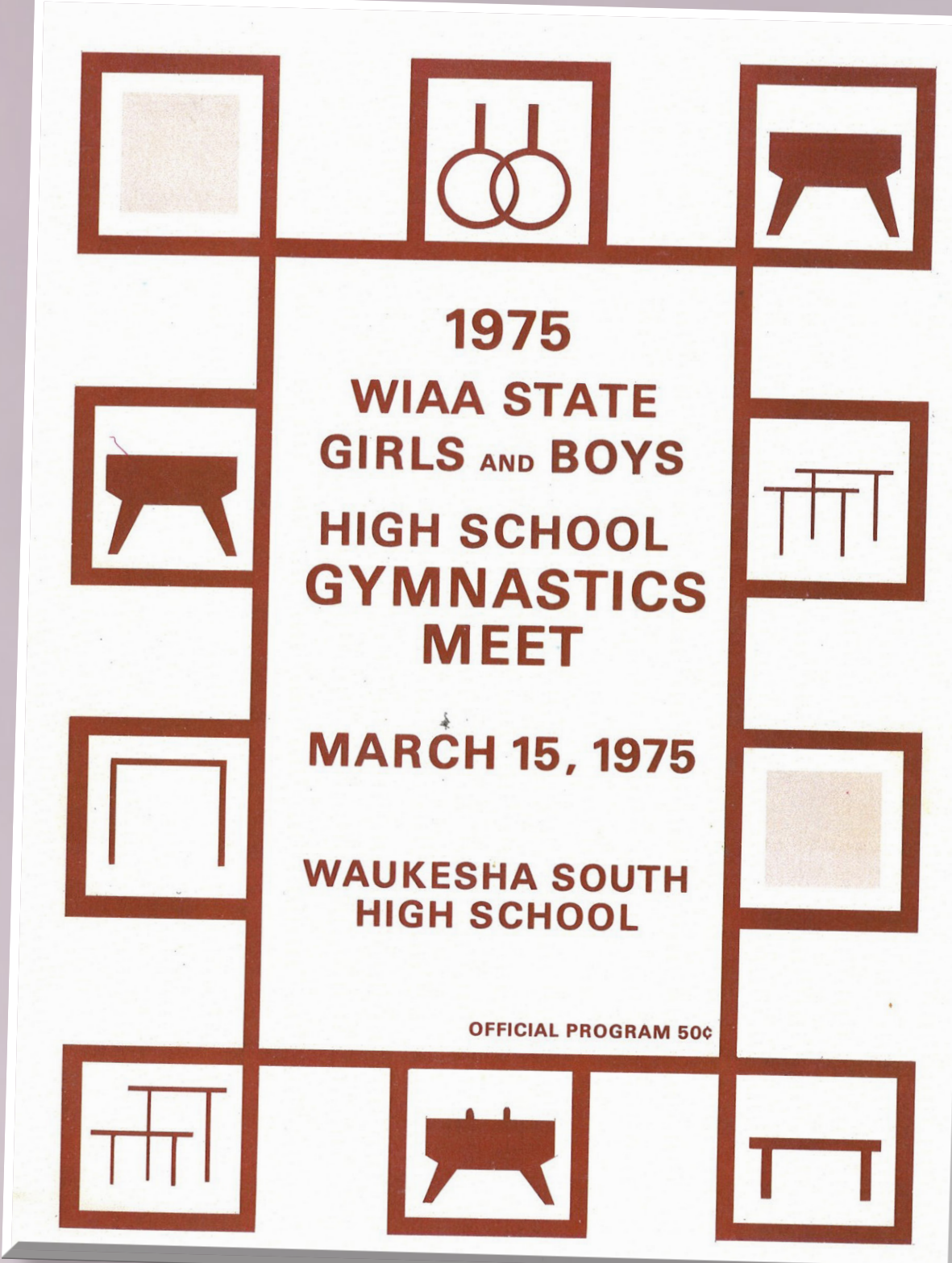
Panther gymnastics team ready for state

The final barrier to clear for the Stevens Point Area Senior High girls gymnastics team comes Saturday when the Panthers compete in the WIAA State Meet at Wisconsin Rapids. "We're looking to do well," said Calhoun. "If we can capture the scores we had at regional and sectionals, we should do pretty well at state."

The Panthers went head-to-head with the winner that will compete in the regional and state-level competition. "We're looking to do well," said Calhoun. "If we can capture the scores we had at regional and sectionals, we should do pretty well at state."

SPORTS QUIZ

How many individual all-around Olympic gold medals have been won by United States women?



YMCA GYMNASTS who won medals in recent state competition included (from left) Kelly Rogers, Krista Wright, Tiffany Barden and Sara Derbick.

YMCA gymnasts do well at state

The three Stevens Point YMCA girls gymnastics teams made strong showings in recent state tournaments. The top-level Optionals Team finished fourth among the 12-team field in Neenah with 118.55 points. Tiffany Barden finished second in the all-around in the 11-and-under division with a score of 31.1. She was second in the balance beam (7.1), floor exercise (6.5) and uneven bars (7.55) and added a third in the vault (7.55). Krista Wright also had a third, a 7.25 on the bars, in the 11-and-under group. Kimberly Mence, in the 12-and-older division, captured a sixth place in the floor exercise with an 8.4. Other members of the Optionals Team include Katie Sipiers, Aimee Osborne, Kelly Olson, Tannon Houlihan, Heidi Miller, Rachel Schoessow and Katie Trachte. They are coached by Audrey Schneecle and Dawn Simpson.

Sara Derbick won the 10-and-under balance beam competition by posting an 8.6. She was just .05 points away from winning the floor exercise, scoring a 9.0 for second. She also finished eighth on the uneven bars (7.9) and was sixth in the all-around competition (32.45). Natasha Wick, competing in the junior division, finished fifth on the uneven bars (8.55) and sixth on the balance beam (7.55) to capture ninth all-around (30.56). Jo Picconatto added a sixth place finish for Team III, scoring 8.1 on the uneven bars.

Other members of Team IV are Aimee Wright, Kelly Rychter, Jackie Viertel, Kimberly Tesch, Julianna Osborne, Kelly Olson, Tannon Houlihan, Heidi Miller, Rachel Schoessow and Katie Trachte. They are coached by Audrey Schneecle and Dawn Simpson. The beginning level Team IV placed sixth out of 17 teams in the state meet at Glendale with 123.9 points.

Many girls got their start in gymnastics at the Stevens Point YMCA

INDIVIDUAL CHAMPION

Hailey Thompson, a 2011 SPASH graduate, competed in Whitewater Canoe Slalom events nationally and internationally from 2008-2011 but has been playing on the whitewater since age 12. Whitewater canoe involves kneeling with a single bladed paddle navigating a slalom course. In 2010, she was the top ranked women's whitewater canoe paddler in the United States and took the bronze medal in IFC Canoe Slalom Junior World Championships in Foix, France, becoming the first American woman in her sport to reach the podium in international competition.

Hailey continues to kayak the whitewater rivers near her home in Anchorage, Alaska as well as around the world, championing the cause of protecting wild riverways and their habitats.

HAILEY THOMPSON

- US Senior Slalom National Team Member
- World Cup Semi-Finals 2011
- National Champion 2011
- 1st in US. National Team Trials 2011
- Bronze medal at Junior World Championship 2010
- 6th Senior World Championship 2010

SPORTS QUIZ

Where did the word canoe come from?

Battling the waves



Hailey Thompson, of Stevens Point, competes Saturday during the USA Canoe & Kayak Team Trials at the Whitewater Park in downtown Wausau.

Stevens Point teen makes national canoe, kayak team

en's whitewater canoeing. She placed first, making her the top ranked paddler in the U.S. She also made the junior national team for canoeing and kayaking. In 2008 and 2009, she was on both the junior and senior teams for canoeing. This is the first year she made the junior national team for kayaking, said Ashley Knutson, operations manager for the Wausau Kayak and Canoe Corporation. This summer, Thompson will compete in the Senior World Cup Series, which involves three different races in Europe. She'll compete in a variety of races to determine her International Canoe Federation ranking. She also will compete in the Junior Midwest Olympic Committee. Thompson has been maneuvering through a whitewater river in kayaks and canoes since she was 12. Whitewater kayaking involves sitting down in the kayak with a double-bladed paddle. In a canoe, she is kneeling with a single-bladed paddle. In addition to making the national teams, she has been the Junior Olympics Overall Champion three times. She won the Junior Olympics freestyle, extreme slalom and boat-er cross events and has been the Junior Midwest Freestyle Champion. She won the U.S. Open, a slalom race, in 2009 and 2010, after she took third place in 2008. She placed second at the Olympic trials in 2008 and fourth at pre-Worlds in Tacen, Slovenia in 2009. Thompson was not available for comment by press time.



Hailey Thompson (far right) smiles at the awards ceremony after she received the bronze medal in women's canoe at the 2010 IFC Canoe Slalom Junior World Championship in Foix, France, on Sunday, July 11. (John Michael Thompson photo)

Portage County Gazette August 13, 2010, photo by John Thompson



Portage County Gazette October 14, 2011

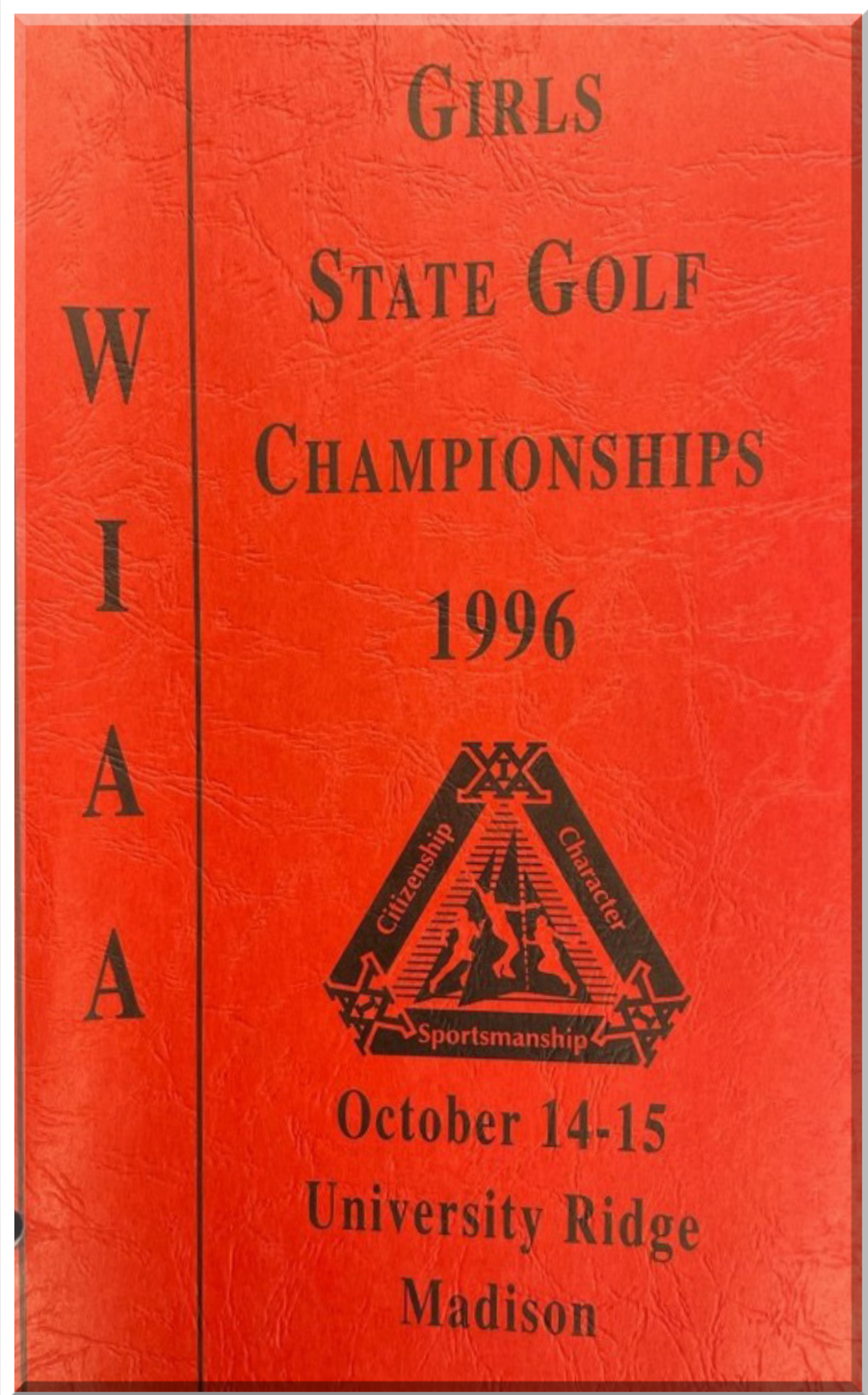
INDIVIDUAL CHAMPIONS

The 1st WIAA girls golf tournament was held in the fall of 1972 at a golf course in the Appleton area with one division but the earliest program in the WIAA archives is from 1996. The current tournament is held at the University Ridge Golf Course near Madison with two divisions.

Although there has been a girls state golf tournament since 1972, SPASH formed its first girls golf team in 2008 and in 2021 Riley Pechinski won the Girls State Championship. Prior to this time, girls were able to play on the boys teams, if they could qualify for the team. Over the years, Pacelli has had girls on the boys golf team. Jesse Thompson qualified as an alternate on the SPASH golf team at the 2003 State tournament. Jennifer Glodowski played the #2 spot on the Amherst team in 2003.

SPORTS QUIZ

Who holds the record for the most professional golf tour wins?

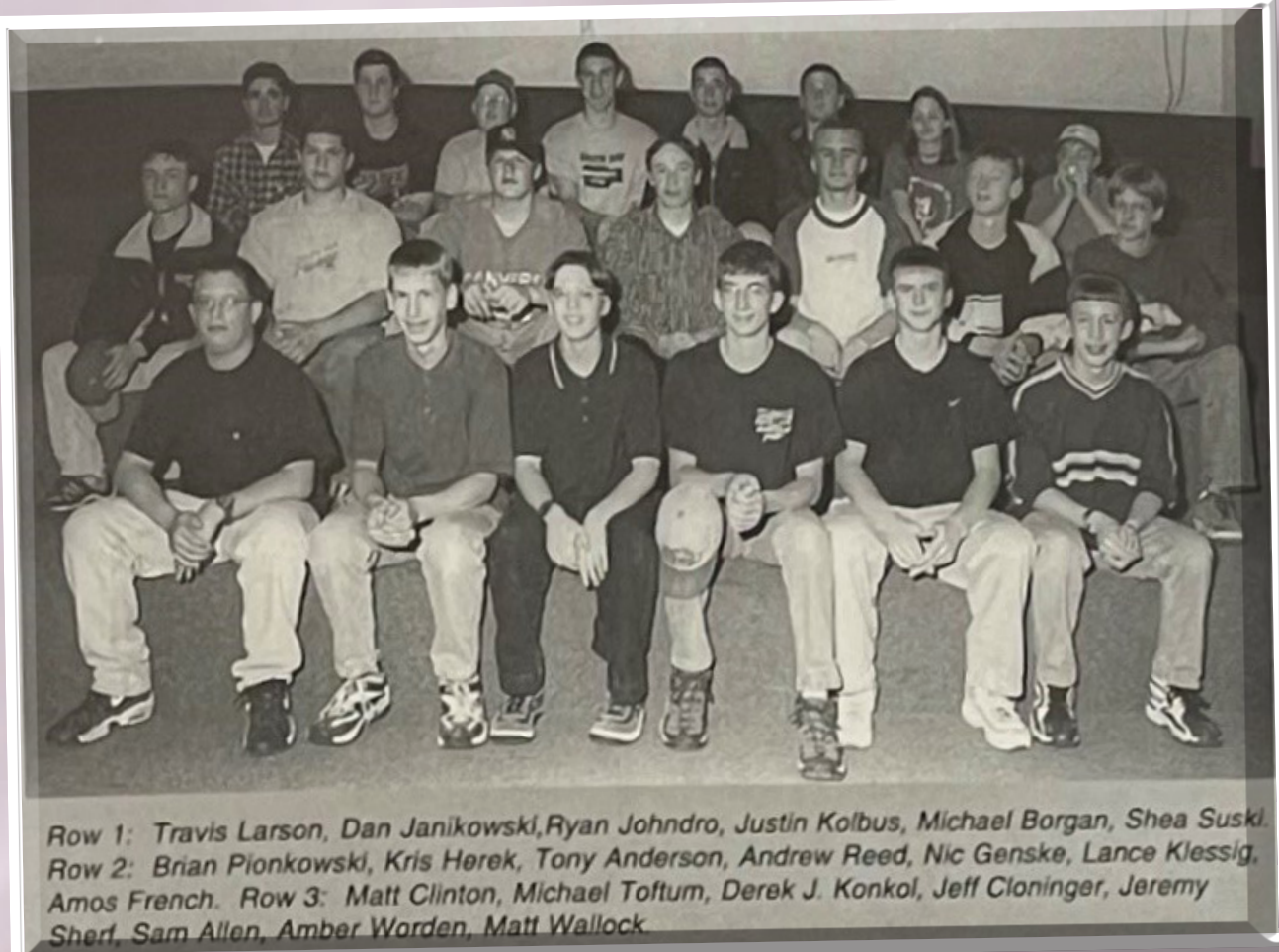


RILEY PECHINSKI

- SPASH - WIAA Girls Golf State Champion 2021
- 2022 10th WIAA State Tournament
- WPGA Junior Tour Par 3 Champion Sand Valley 2020, 2021, 2022
- Players Tour - 2nd at Blackwolf Run (2022) & 1st at Bullseye Country Club
- Qualified for PGA Junior National Championship
- 2023 Wisconsin Cup Team Member
- Girls Golfer of the Year, Nominee, NEWI (North East Wisconsin) Prep Award show



1987 Pacelli Golf team, Becky Schmidtke



1999 Amherst Golf Team, Amber Worden



2002 Amherst Golf Team, Jennifer Glodowski



Stevens Point Journal 5/24/03, Jesse Thompson



Hannah Frane, Pacelli, 2015

Sports Quiz Answer: Kathy Whitworth, 88 LPGA tour wins, more than anyone else on the PGA and LPGA tour.

INDIVIDUAL CHAMPIONS

The Iola Winter Sports Club Nordic ski team was formed in 2001 with team members from Rosholt, Amherst, Iola Scandinavia, Stevens Point and Waupaca. Skiers compete in distance and sprint events individually and as a team in the Wisconsin Nordic Ski League (WNSL) with 400 athletes participating on 33 teams. Team champions are determined by the top 3 finishers for each team.

Skiers can also qualify to compete as part of their regional team at the United States Ski Association Nordic (USAA) Junior Nationals based on points accumulated during a season.

TEAM

State Team Championship
1st 2014, 3rd 2018

INDIVIDUAL WNSL

Emma Barnes
2nd 2014, 5th 2013
Alissa Niggemann
Champion 2015

USAA JUNIOR NATIONALS

Emma Barnes
Lily Kraft
Alissa Niggemann

SPORTS QUIZ

When did women start competing in cross country skiing events at the Olympic Games?



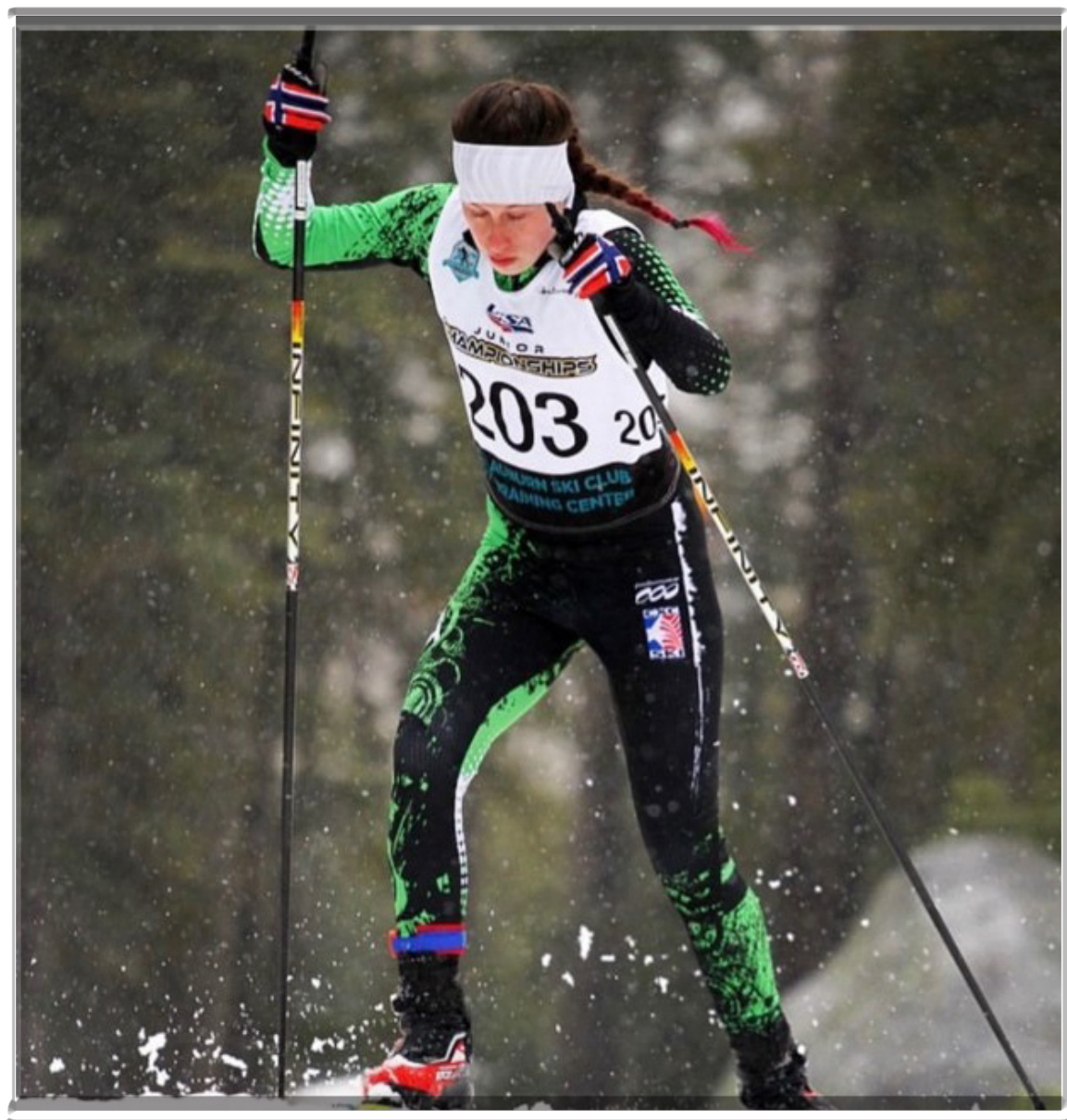
2014 Wisconsin Nordic League State Champion team



2018 Wisconsin Nordic League 3rd place team



2022/2023 IWSC Girls Nordic team



ALISSA NIGGEMANN



EMMA BARNES



LILY KRAFT



Emma Barnes and Lily Kraft


INDIVIDUAL CHAMPIONS

In 1970 the WIAA began sponsoring a tournament program in girls swimming and since 1978 the meet has been held at the UW-Madison Natatorium. There was one division until 1993 when a two-division format was adopted. In addition to diving, swimmers compete in 8 individual events at distances from 50 yards to 500 yards with 4 types of swim strokes butterfly, backstroke, breaststroke and freestyle as well as 3 relay events.

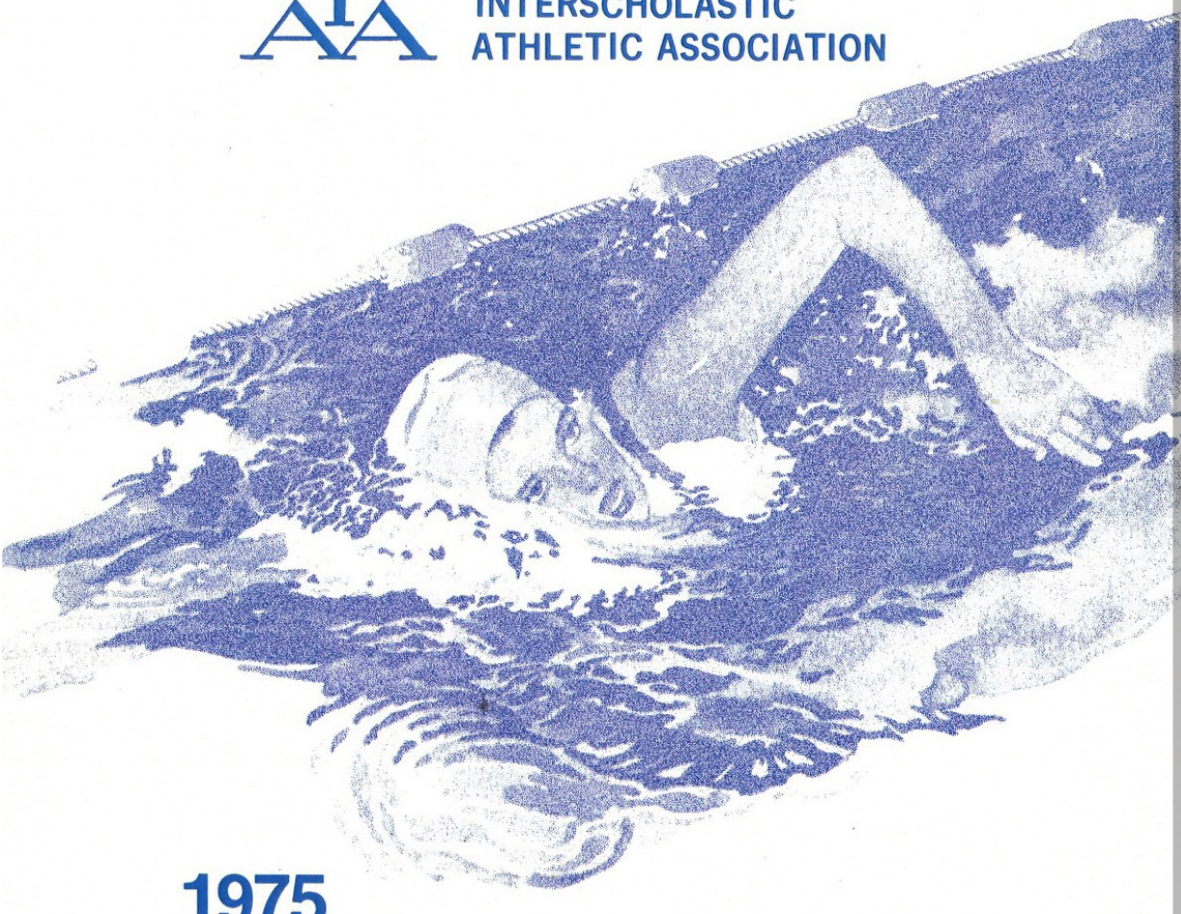
SPASH is the only school in Portage County with a swim program. Although there are no team or individual state champions from Portage County, SPASH girls swim team counts 20 Wisconsin Valley Conference Championships. Natalie Neuwirth had a very successful swim career both at SPASH and in YMCA national competition and went on to compete in college.

SPORTS QUIZ

Which female has won the most Olympic swimming medals for the United States?



WISCONSIN
INTERSCHOLASTIC
ATHLETIC ASSOCIATION



1975
WIAA GIRLS STATE HIGH SCHOOL
SWIMMING AND DIVING CHAMPIONSHIP

WHITEFISH BAY
High School

Oct. 31 - Nov. 1



1971 Stevens Point Area YMCA Dolphin Swim team, P.J. Jacobs pool

SPDY swimmers take National Championship in 200 free relay

Four area swimmers from the Stevens Point Area SPDY swim team captured a National Title in the 200 free relay in the Y Long Course National Championships in College Park, Md., July 26-30. The team of Janna Check, Becca Weiland, Rachael Weiland and Natalie Neuwirth won the event in a time of 1 minute 49.57 seconds. The time was approximately one second from setting a new National Record.

"It was exciting to be a National Champion at my first National Meet," said Check, the youngest member of the four-person team.

"With a small team heading out to a National Meet, we had an amazing meet," said Becca Weiland. "I couldn't have asked for a better ending."

Each swimmer qualified for multiple individual events, as well as four relays. The girls also made it to the podium as a team with a third-place finish in the 400 free relay in a time of 4:01.07.

Coach Eric Demrow said he was impressed that such a small group could emerge not only with a National Title, but could capture eighth-place overall out of 48 teams at the meet.

"I am very proud of all four girls and all that they accomplished at the meet," he said.

Becca Weiland, a 17-year-old from Wisconsin Rapids, made the championship finals in all of her individual events. She was the National Champion in the 50 fly in 2009 and narrowly missed first place this year against her East Coast rival, Emily Lloyd. Lloyd fell short of Weiland's 2009 record, while Becca took second with a time of 28.22 seconds.

Becca Weiland also placed in three more individual events, as she was third in the 50 free with a time of 26.57, sixth in the 100 free at 59.20 and 10th in the 100 fly with a time of 1:04.70.

Natalie Neuwirth, 15, who will be a sophomore at Stevens Point Area Senior High School, made the finals in the cogulation round in two events, the 100 free with a time of 1:01.25 and the 200 free with a time of 2:12.84. She finished 26th out of 152 swimmers in the 50 free in 28.12 seconds and earned a personal best in the 200 intermediate medley with a time of 2:31.81.

Rachael Weiland, who will be a junior at Lincoln High School in Wisconsin Rapids, improved her times in numerous events, with a 34th-place finish in the 500 breast at 35.93. She also competed in the 100 free



The 200 free relay team from the Stevens Point Area YMCA SPDY swim team captured the National Title in that event at the Y Long Course National Championships in College Park, Md., July 26-30. The team won the event in a time of 1 minute 49.57 seconds, about one second short of a new National Record. Team members included, from left, Rachael Weiland, Janna Check, coach Eric Demrow, Natalie Neuwirth and Becca Weiland. (Contributed photo)

(1:01.90), the 200 free (2:16.00) and the 100 breast (1:20.98).

Check participated in her first National Meet and competed in the 50 free (29.26), the 100 free (1:02.95) and the 200 free (2:22.73).

The girls have a week of rest before their high school seasons start but said they want to return to the Y National Championships in Atlanta, Ga., next summer.

August 6, 2010

SPASH senior eyes podium



Neuwirth has sights set on top-three finish at state meet

By Nate Weiland
For the Journal

Like a growing number of the state's best high school athletes, Natalie Neuwirth only competes in one sport.

But the Stevens Point Area Senior High swimming standout likes to keep her training routine well-rounded.

"I just like to stay like a multi-sport athlete even though I'm not in other sports," Neuwirth said. "I like to run every day. If I don't get my run in, I don't feel fit for the pool."

Neuwirth, who started swimming competitively when she was 5 years old, still likes to draw from her experience in other sports, just to keep things fresh.

"I used to be a gymnast for still on my trampoline on my backyard every day for an hour. The various training methods have made her fit to compete in a wide range of events."

She is the definition of an all-around swimmer. She'll swim in any event," SPASH coach Ben Hall said. "All of her strokes are fundamentally strong, and she has this natural ability to get up and go and the drop of a dime."

The three-time state qualifier has some unfinished business. She has flirted with the top-three places taking fourth in the 200 freestyle, her freshman and sophomore year, and claiming fifth in the 50 freestyle a year ago.

The goal for 2012 is pretty clear-cut.

"I want top-three. I really want top-three," Neuwirth said. "Besides that, I want to get my best times and I just want to be better as a swimmer. I just have to focus on the little things this year that will help me be a better overall swimmer."

Her coach knows that she has put in the work to help her claim one of the elusive top spots.

"I think she's already been putting in the extra work outside of the pool practices, she's going above and beyond making sure she does some dry land exercises," Hall said. "I think that's really going to help when we get to the end of the season."

Hall believes that Neuwirth's drive is what ultimately sets her apart.

When she gets a goal for herself, she's out there making sure that she does the necessary work to get that goal," Hall said. "You don't have to push her. There's a lot of internal motivation going on there."

While improving upon past finishes is a clear priority for Neuwirth, her career likely will continue beyond the high school level. She hopes to swim at the collegiate level, but it takes her where that goal will take her.

"I'm going to kind of let it come to me. I have no experience with this recruiting stuff," Neuwirth said. "It's a little overwhelming, but it's fun. I'm just going to see where it takes me."



NATALIE NEUWIRTH



Local swimmers compete in Badger State Games

Four area swimmers from the Stevens Point Area SPDY swim team participated in the swimming events at the Badger State Games in Wauskegan on Friday through Sunday, June 22-24.

Natalie Neuwirth competed in the 11-14 age group and won six gold medals in 50, 100 and 200 freestyle, the 200 relay, and medley (IM). The 100 backstroke, an individual event, was also won.

Neuwirth heads to the state meet looking to clinch a couple more spots on the podium in both the 200-yard freestyle and the 100 freestyle.

As never, there are legitimate reasons to believe in only one Neuwirth.

But perhaps it's in contention for a state championship.

That is particularly true in the 200 freestyle where her time of 1:01.90 is currently the fourth fastest in the state — and just 3 seconds off the top qualifier Abby Jagfeld of Waukegan Sunday.

She is needed 11th in the 100 freestyle (1:25.51).

"I've been stuck at around fourth in the 100 freestyle, so I really want to get higher on the podium," Neuwirth said. "At sectional, I swam a decent time, so I hope to go faster. We have good competition around here (central Wisconsin area), and I'm going to see good competition there."

Hall believes seeing the strong competition at state will bring out the best in his talented swimmer.

"The stronger she swims and faster she goes, I think Natalie can be at the top five in the 200 and the top 10 for the 100," the Panthers coach said. "There is going to be a lot of positive energy to feed off there."

Neuwirth, Check will be looking to have her mark in the 100 freestyle, where she holds the 19th best time coming into the state meet at 56.75 seconds.

"I'd like to see Janna maybe get in the top 10 and get on the podium," Hall said.

Check and Neuwirth will also help comprise the 200 freestyle and 200 medley relay teams for the Panthers, along with Sara Taiter and Skyler Vain.

SPASH enters the meet seeded 10th in the 200 medley relay with a time of 1:51.54, while the 200 freestyle relay comes in seeded 2nd in 1:51.28.

"We really hope we can break the record in the 200 medley relay, and in the 200 freestyle relay we would like to really improve on our time," Neuwirth said.

Neuwirth, Check heading back to state



Stevens Point Area Senior High will be represented at the WIAA Division 1 State Swimming meet this weekend (clockwise from left) Natalie Neuwirth, Sara Taiter, Ashley Tikalsky and Skyler Vain. Not pictured is Janna Check.

Duo set to swim individual events, relays

By Scott A. Williams
For the Journal

Natalie Neuwirth and Janna Check will be busy Saturday at the WIAA Division 1 State Swimming Meet in Madison.

Then again, putting in a long day at the UW Natatorium is nothing new for the Stevens Point Area Senior High.

Check and Neuwirth will each be making their fourth, and final, appearance at the state meet, and their coach feels it's only fitting to both cap off their careers on the same stage.

It's really exciting to see them work so hard and see them go to the state meet," SPASH coach Ben Hall said. "I'm confident Janna and Natalie are going to win at a highly competitive level at state."

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SPASH Girls Swim team, 2021 Wisconsin Valley Conference Champion 20th conference championship title

Sports Quiz Answer: Katie Ledecky, 7 Olympic gold medals and 19 World Championship medals.

INDIVIDUAL CHAMPIONS

According to the WIAA History archives, girls had competed on boys teams for a number of years before the Board of Control approved the establishment of the State Girls Individual Wrestling Tournament at its meeting on June 24, 2020 to be implemented in 2022. The first-ever State Girls Individual Wrestling Tournament was held on Jan. 29, 2022 in La Crosse with 261 wrestlers in 12 weight classes. Girls are able to continue their participation on boys teams for sectionals and the Boys State Team Tournament if they elect to forego the girls tournament.

Lia Peterson of Amherst competes in the WIAA Girls Wrestling and trains with her fellow male Amherst teammates. Lia follows in the footsteps of another Amherst woman wrestler, Kathy Pacocha.



Amherst Wrestling Team, 2022/2023 - Lia Peterson first row, left



Wrestling Team: Front Row—Tricia Sankay, Tracey Miller, Row 2—Martin Collin, Steve Shaller, Paul Hansen, Kathy Pacocha, Cory Suski, Joel Karpinski, Alan Konkol, Back Row—Coach Pete Sippel, Steve Borski, Ray Millong, Rob Carey, Turb Borgen, Mark, Brueggeman, Todd Ostrowski, Missing: Matt Peplinski, Dale Hintz, Jeff Bleskey, Chris Rzentkowski, Coachleaders: Chrissa Kluge and Alicia Kolluf.

1987 Amherst Yearbook article

Winter Teams Hot

At the beginning of the season the wrestlers weren't expecting much. But Paul Hansen, Cory Suski, Rob Carey, Al Konkol, and Todd Ostrowski were all able to advance as far as Sectionals.

Rob Carey was rated MVP, Turben Borgen MIP, and Todd Ostrowski was captain of the squad. Rob Carey was also a standout on the team for his 21—3 record; unfortunately he was hit by the flu during tournament season. New on the team was Martin Collin, foreign exchange student from Sweden, though he had to drop out due to a broken finger. Kathy Pacocha was the first girl to go out for wrestling at Amherst and received much attention for her meet challenges.

Mr. Sippel received his 100th team victory as a coach against Menominee, and he had high expectations for the next year with four sectionalists returning.

KATHY PACOCHA

Kathy Pacocha of Amherst made Portage County athletic history, becoming the first girl to compete on a boys wrestling team in the 98 pound weight class in 1987. Growing in up a wrestling family, her parents and her coach Pete Sippel supported her athletic dreams.

At the 1987 conference meet as the #8 seed, she took 1st after pinning the #1 seed in the 3rd period. Kathy took 4th at Regionals, becoming one of five wrestlers who ever scored points against 4x state champion wrestler, Matt Hanutke of Pittsville. At the dual meet against Menomonie, she won her match, giving her coach his 100th career win, an extra special moment for Kathy and her coach.

As a female wrestler, she faced many challenges, from using her coach's office as a locker room, to swim suit weigh-ins in the boys locker room in front of teammates, to a referee who cut her hair at the weigh-in, claiming her hair did not meet WIAA standards.



Kathy & Coach Sippel



Kathy and her parents



Kathy & Jodie Hein of Manawa, the only other female wrestler in state at the time



SPORTS QUIZ

What is the wrestling uniform called?



Wrestling coaches push for girls division at state

Mark Stewart

Stevens Point Journal, September 12, 2019

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Stevens Point Journal, September

INDIVIDUAL CHAMPIONS

The SPASH Co-ed Mountain Bike team was started in 2014 with members from SPASH, P.J. Jacobs, Ben Franklin, Tomorrow River Charter School, Wisconsin Rapids, Iola and Pacelli. The 2022 team has 54 members (18 girls) and competes in the Wisconsin Interscholastic League.

The athletes compete on a 4 ½ to 5 ½ mile lap course. Depending on the age group, athletes compete over distances ranging from 9-16 miles. Athletes compete individually at each race and points are also accumulated over the season to determine final season standings. Individual scores are combined to determine team standings at each meet and across the total season.



2022 SPASH Girls Mountain Bike Team members



Annalisa Jaeger



Clarabella Jaeger



Practice at Standing Rocks



INDIVIDUALS

Abby Dahlseng
2nd JVII 2019

Annalisa Jaeger
JVII State Meet Champion 2022
Season Champion 2022

Clarabella Jaeger
6th JVII State Meet 2022
4th 2022 Season

TEAM

3rd Team Championship 2022

SPORTS QUIZ

What is the name of the device used to change gears on a mountain bike?



Abby Dahlseng, right, #114 and below on the course #116



Jaeger leads SPASH to third in state, second place in final race

BY JACOB HEID

WATERLOO — The SPASH Mountain Biking Club took to the race track on Oct. 23 for the final time in 2022 at the Trek Trails in Waterloo. The Panthers came into the last race in fourth place in the state. After completing all the racing, SPASH moved up to third in the state after a second-place team finish. Sophomore Annalisa Jaeger won the JV 2 girls' race, also finishing first in season points in her division.

The Panthers wrapped up the season with a couple of podium finishers on the girls' side. SPASH had a second-place finisher in a middle school race, and Jaeger took the top spot in her race with a time of 49:45.45. She ended the year in first place in JV2 girls' points by one point with 2,005. Her sister, Clarabella Jaeger, took fourth place in the JV3 girls' season points with 2,059 points.

SPASH sat in fourth place and trailed Eau Claire Memorial by 33 points in division one going into the last race. As the day went along, the Panthers got up



SPASH's Nevyn Klassig turns a corner on the racing trail in the varsity race at the Trek Trails on Oct. 23.

SPASH Mountain Biking Club photo

to second place and ended in third place on the season after the JV3 and varsity boys' race. SPASH also finished the season on the podium in 2021 with a second-place finish.



The SPASH Mountain Biking Club poses for a photo after finishing in third place in the state after a race on Oct. 23. SPASH Mountain Biking Club photo

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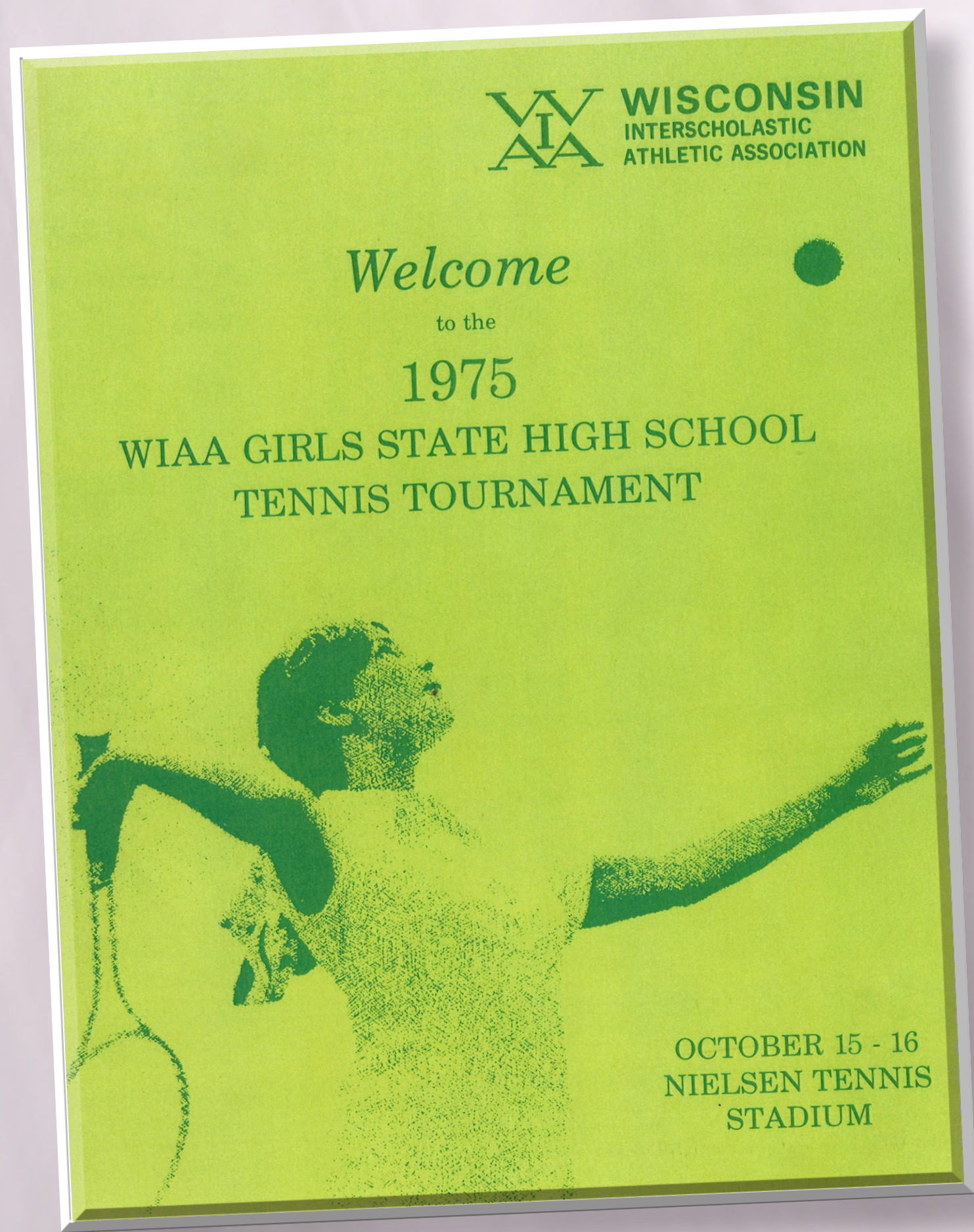
Stevens Point Gazette, October 28, 2022

INDIVIDUAL CHAMPIONS

The 1st WIAA Girls State Tennis Tournament was in 1971 with one division. The 1975 program shows 20 doubles teams and 35 singles players, with two girls from Stevens Point, Nancy Dowling and Cindy Newby.

SPASH has had a long history in the tennis on the state level, with many singles and doubles teams qualifying for the state tournament.

The Pacelli tennis program was started in 1978. Pacelli has sent many singles and doubles players to the state tournament and in 2016, sent its 1st team to the WIAA State Tennis Team Tournament.



WIAA TENNIS

Pacelli makes girls tennis history

SCOTT A. WILLIAMS
USA TODAY NETWORK-WISCONSIN

STEVENS POINT - Anna Koehl has been in this position before at a WIAA Division 2 sectional tournament.

The Pacelli senior had seen her team put itself in a great position to earn a trip to the WIAA state team tournament only to be left disappointed by a point here or a point there that would leave the Cardinals on the outside.

Koehl and her partner at No. 1 doubles Julia Grygleski, and the rest of the Pacelli doubles teams made sure that didn't happen again this year.

The Cardinals brought home all three sectional doubles titles at the Columbus Catholic Sectional and with them the first state team tennis berth in school history. This time Pacelli edged Antigo by two points for the sectional championship.

"It's crazy," Koehl said. "At first I didn't know it was the first time in school history, so I was like, 'Oh, it's just been awhile.'"

See TENNIS, Page 3B



JACOB BYK/USA TODAY NETWORK-WISCONSIN
Pacelli will be making its first appearance at the WIAA Division 2 state team tournament on Saturday. Team members include, from left, front to back: Jenelle Higgins, Alliey Krusa, Stephanie Vaughan, Julia Grygleski, Anna Koehl, Morgan Kukkah, Kaitlin Rogers, Katherine Mueller, Sophie Schroeder and Amanda Cisevski.

Stevens Point Journal October 2, 2016

Cooper singles champ, Pacelli netters fourth



Anna Cooper, a senior at Stevens Point, won the WIAA Division 2 girls' singles title on Saturday. She defeated the top seed, Anna Koehl, in a hard-fought match. Cooper's victory was a significant achievement for Stevens Point, as it marked the first time the Cardinals had won a state singles title in girls' tennis.

Stevens Point Journal October 4, 1991

State-ing their cases



Stevens Point Journal October 14, 2004



Stevens Point Journal, October 20, 2016

ANN COOPER

Barrington 2nd, Pacelli fourth at state

WARRIOR OF WISCONSIN
Senior Anna Cooper, who won the WIAA Division 2 girls' singles title on Saturday, was a key player for Stevens Point. She defeated the top seed, Anna Koehl, in a hard-fought match. Cooper's victory was a significant achievement for Stevens Point, as it marked the first time the Cardinals had won a state singles title in girls' tennis.

Stevens Point Journal October 17, 1988

LAUREN HOM



Stevens Point Journal October 17, 1988

Panthers earn date at state

OMOSHORE - If this is a dream, the Stevens Point Area Senior High girls tennis team doesn't want to wake up. By virtue of winning Thursday's Oshkosh West Sectional, the Panthers are going to the WIAA Division 1 Team State Meet Oct. 19-20 for the first time in the history of SPASH tennis.

Stevens Point Journal October 14, 2004

SPORTS QUIZ

How many Grand Slam women's singles & doubles championships did Venus & Serena Williams win over their career?

EMILY LUETSCHWAGER



Luetschwager, Tang roll at state tennis

SCOTT A. WILLIAMS
USA TODAY NETWORK-WISCONSIN
Emily Luetschwager, a senior at Stevens Point, won the WIAA Division 2 girls' singles title on Saturday. She defeated the top seed, Anna Koehl, in a hard-fought match. Luetschwager's victory was a significant achievement for Stevens Point, as it marked the first time the Cardinals had won a state singles title in girls' tennis.

Stevens Point Journal, October 14, 2016

BETH BARRINGTON



Stevens Point Journal October 17, 1988

WIAA TENNIS

Panthers earn date at state

OMOSHORE - If this is a dream, the Stevens Point Area Senior High girls tennis team doesn't want to wake up. By virtue of winning Thursday's Oshkosh West Sectional, the Panthers are going to the WIAA Division 1 Team State Meet Oct. 19-20 for the first time in the history of SPASH tennis.

Stevens Point Journal October 14, 2004

Sports Quiz Answer: 44 (Singles titles; Venus - 7, Serena - 23, Venus & Serena doubles - 14)