





# TEAM CHAMPIONS

When Carrie Diamond's daughter wanted to play rugby, she became a USA certified Rugby coach and worked with SPASH to form the Panthers Rugby Club in 2017. The 2022/2023 team includes girls from SPASH, Pacelli, Amherst, and Tigerton. The Panthers compete in the Wisconsin Rugby Union league with 12 active teams in the state with a fall season (15 player teams) and a spring season (7 player teams).

SPORTS  
QUIZ

How many rugby teams are in the United States Women's Premier League?



2017 Inaugural Panther Rugby Team



Rugby "family" photo, 3 original players from high school team whose mothers were part of original UWSP rugby club. Olivia Schustek, Jennifer (Toepel) Schustek, Rachel Placeway, Carrie (Porter) Diamond, Mja Wandtke, Tim Wandtke (head coach), mother not pictured Jen (Thompson) Wandtke



2022 Panther Rugby Team

## PAM DOMRES

Pam, one of the team's leading tacklers and most reliable players for the past two years, is profoundly deaf, and the only deaf player in the state.

She has an interpreter on the sideline and the team has devised a system of hand signals using American Sign Language. Teammate Michaela Gleason says "I know she is going to catch my passes.... and her tackles are amazing."



The SPASH Panthers Rugby Club and the Brookfield Bruisers pose for a photo after their game in Milwaukee on Oct 30. SPASH Rugby Club

## Panthers fight for fourth in State Rugby Championships

**BY JACOB HEID**  
MILWAUKEE — After starting the season 3-0, the SPASH Panthers Rugby Club lost two straight games. The Panthers lost the final regular season game against DSHA and then lost a playoff game to Hamilton on Oct 22. With the loss in the semi-finals, SPASH traveled to Milwaukee on Oct 30 to play in the third-place game against

the Brookfield Bruisers. SPASH fell in a tight match, 20-17. The Panthers finished 3-1 in the regular season, finishing 3-3 overall after the two postseason losses. The Panthers played the Bruisers competitively, tallying three scores and one conversion kick. SPASH's Savannah Worzalla, Scout Spadoni, and Grace Kelly accounted for the tries.

Kelly also converted the conversion kick for the Panthers. Even with a handful of scores, SPASH lost a closely contested game to take fourth place in the state. The team will be back for its spring season, but only having a seven-player team. There are 15 players in the fall season.



# TEAM CHAMPIONS

The first WIAA girls state soccer tournament was held in 1983 in Menomonee Falls with a four team program. By 2014 as girls soccer programs continued to grow, the tournament moved to four divisions with four teams qualifying for the state tournament from each division.

In Portage County, the SPASH girls soccer team began as a club team in 1991. Amy Radford, who had moved from Illinois and New Jersey where she played on a girls high school soccer team, started a petition to establish a girls team and took it to Frank Bosler, the boys soccer coach. He agreed to coach the new team during Amy's senior year. In 1994 it became a varsity team and in its second year, qualified for the state tournament.

Pacelli's soccer program started in 1993 and remains a co-ed team with numbers as high as 7 girls on the team.

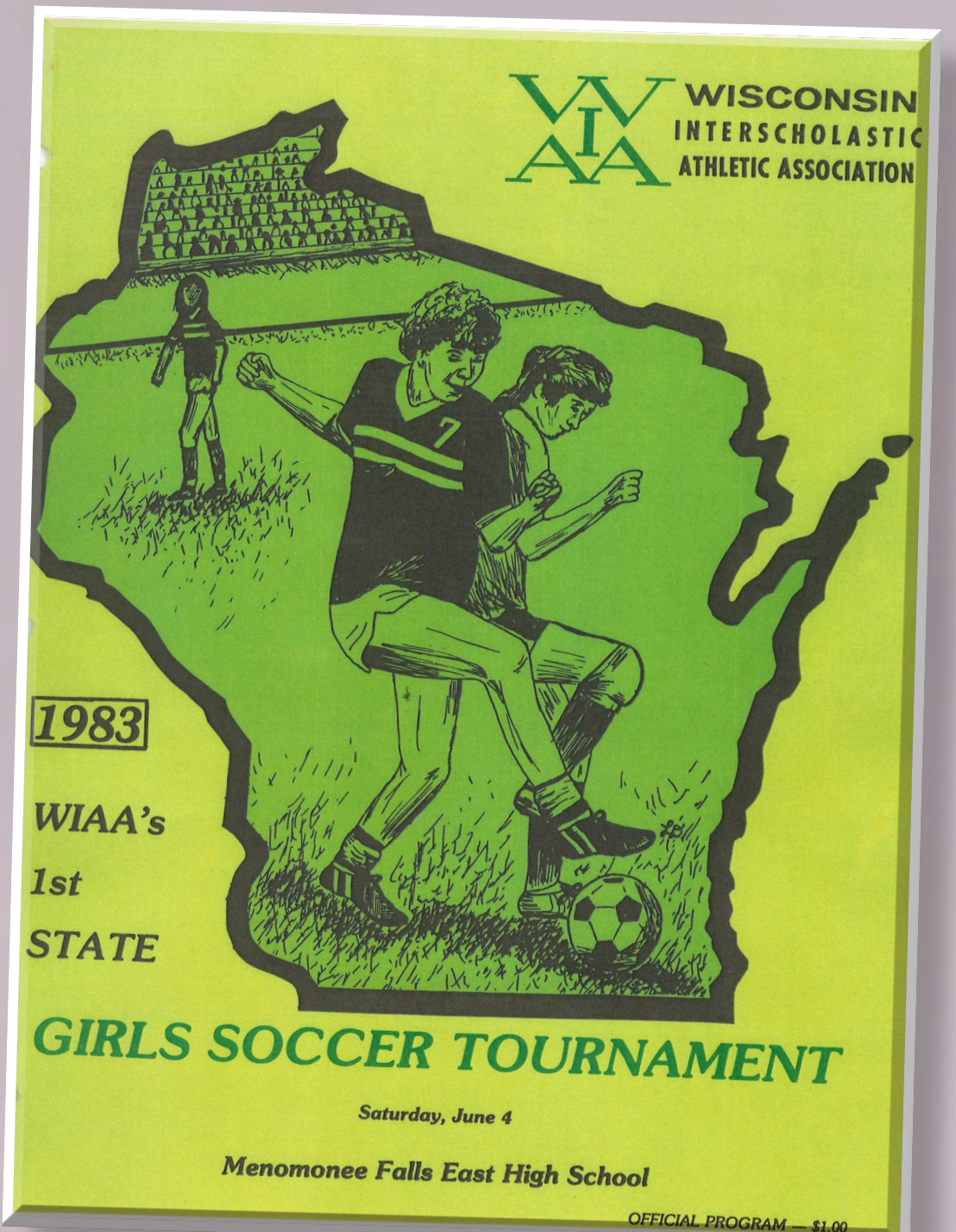
In 2012, Amherst formed a co-op girls soccer team with Iola Scandinavia called the Thunder-Falcons. This team played an independent schedule until spring of 2021 when it joined the Mid-Western Wisconsin Conference

## SPASH

3 WIAA State Tournament Appearances  
1995, 2000, 2007

## SPORTS QUIZ

In the 1991 inaugural Women's World Cup soccer Cup in China, how much was the women soccer players' daily stipend?



1991 SPASH club soccer team



1995 SPASH soccer team



2010 Pacelli co-ed soccer team under Coach Sara Ceballos (not pictured)



2022 Amherst Soccer Team



Stevens Point Journal November 9, 2000



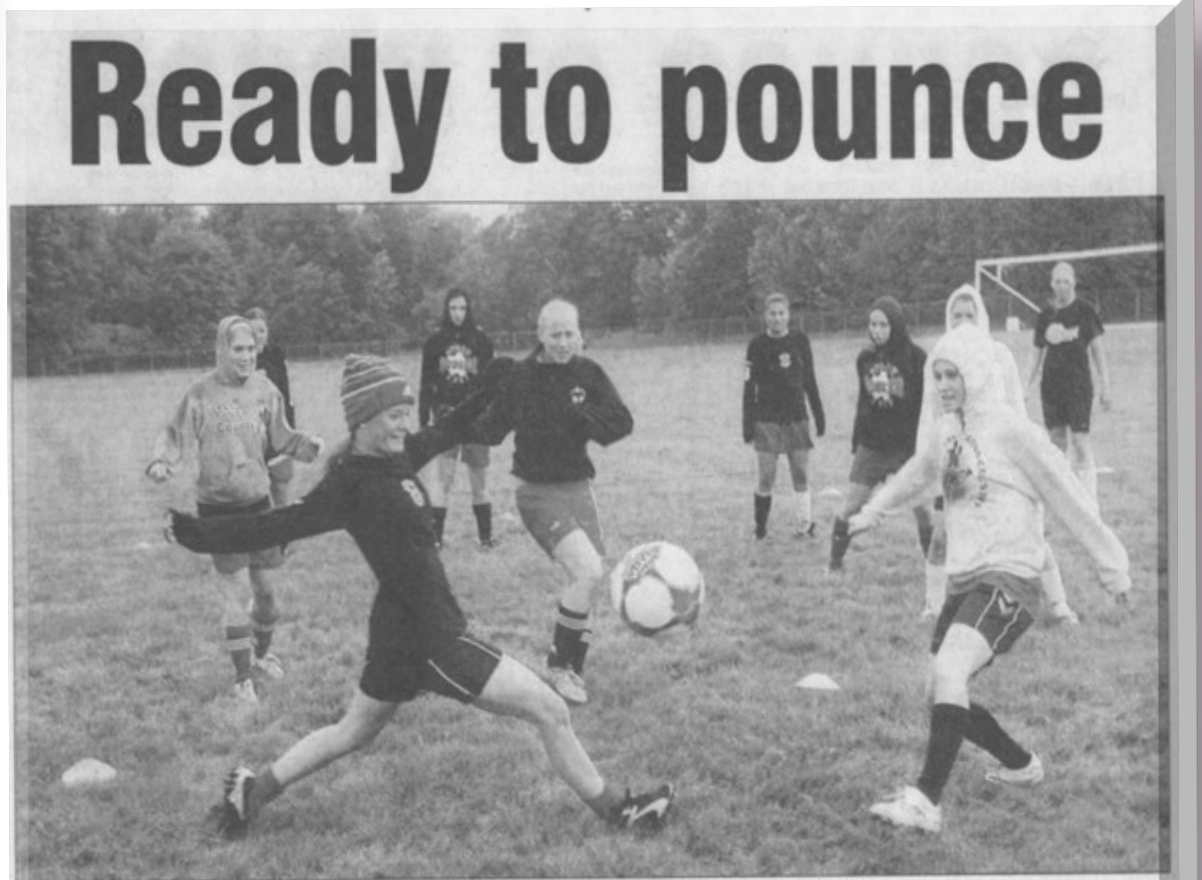
Stevens Point Journal June 7, 2000

## Amherst's Kilawee a goal-scoring machine

Star continues her streak with 23 goals this season



Stevens Point Journal May 18, 2018



## Seniors lead Panthers to state for first time since 2000

The rain may come and the teams may be unknown, but as long as they don't have to play in sub-zero temperatures at the Division 1 state tournament, the Stevens Point Area Senior High girls soccer team may be OK.

Before leaving for Milwaukee on Wednesday, the Panthers regrouped in one last practice as a driving rain surrounded them. The girls went about their work as reported in a report by making the school's first state tournament under coach Marie Mahovic.

In her fourth year leading SPASH soccer, Mahovic gets to send off her first senior class in the best way possible. The Panthers will be competing. This is SPASH's first state tournament since 2000.

"This is my first class coming through, so that's special. Everyone on the team is just that it's so many seniors," said Mahovic, who as a sophomore made state with the Panthers in 1996. "Not too many people get to play in the state tournament, come back and coach for the same high school and coach it."

With today's forecast also calling for bad weather, there may be a chance that SPASH 2007-08 will have to play under more precipitation in its state quarterfinal against Hometown 123-21, which begins at 7 p.m., but they've seen worst this season.

"The beginning of the season we had a tournament at Wisconsin Rapids where it was below zero, really windy and really cold," Goshorn said.

"It doesn't matter what the weather is now because it's a lot better than that."

Forged by their extensive history together, which includes four straight Wisconsin Valley Conference titles and a state quarterfinal in 2005, the Panthers did not doubt they will do their best at state.

"Whatever that brings will be a gift after all the work made to bring them to this point."

"All of us seniors, nine of us have been playing on a traveling team since we were nine," said Mary Giles, the Panthers' leading scorer who has signed recently to play for the University of Wisconsin.

"The Panthers going to be the last time we play together. It's really special for us to end our careers together at the state tournament."

That 2005 season was heavy on the mind of senior defender Brittany Burnett, who said a 2-1 loss in second round to Fox and Lee first put the goal of reaching state in the team's mind.

"We got really close," Burnett said. "It put into view that you can actually have those kind of goals, it's actually in our reach."

Last year saw the surprising first round regional loss to Wisconsin Rapids Lincoln that may have looked like leading into this season, but the team won't show it. The possibility of making it this far never left the Panthers.

"We've just improved and we've matured in a soccer sense," Hunter said. "We know how the big games are going to go, how to get used to how to play in the big games."

All the while, Mahovic kept teaching the Panthers to force its style of play on opponents.

SPASH has the beautiful game and SPASH has "our" game, which can be a number of things. Mahovic cites her team's speed and versatility, which leads to a high-tempo game score from different field positions.

Hometown is one of four state tournament returnees from last season, so despite the advantage recently, SPASH wants to carry away as a lot of an underdog in the early rounds. "We just got to go out there and prove that kids from our area can actually play," Mahovic said.

Stevens Point Journal, June 6, 2007

## Pacelli soccer stepping to next level

In case you didn't know, there is still some high school soccer in Portage County. The Cardinals were still looking for some success — any success — in the regular season in the Mid-State Soccer Conference.

SPASH always redefined what it was to be a Cardinals. SPASH was also welcoming yet another new coach, Sarah Ceballos, who was relieving a former coach who couldn't even get out of work to make some of the team's 6 p.m. starts at Scott's Field.

It may take away from some of the Cardinals' charm, but you can't really call Pacelli an upstart anymore.

As far as Division 3 seed programs go, Pacelli is looking good right now and it was today against Wausau Newman Catholic in a D-3 sectional semifinal, then were talking about one of the better teams in the state at its respective level.

At the beginning of the 2009 season, any postseason success for boys and girls — some have

played soccer for years, some were just starting — looked little like the deep roster of Portage County Youth Soccer talent that SPASH always redefined what it was to be a Cardinals. SPASH was also welcoming yet another new coach, Sarah Ceballos, who was relieving a former coach who couldn't even get out of work to make some of the team's 6 p.m. starts at Scott's Field.

"I wasn't sure that I wanted to take the job, but I was excited to be a part of the team," said Ceballos in the midst of starting her first season with the team. "They're doing a lot of things right, they just need to see the holes."

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On the field, the Cardinals' mix of boys and girls — some have

Stevens Point Journal October 21, 2010  
Coach Sara Ceballos, co-ed team

Sports Quiz Answer: \$10 & there was only 1 media person to meet the World Cup Championship team.



# SOFTBALL

# TEAM CHAMPIONS

In 1976 the first WIAA girls softball tournament was held in Madison with 4 teams competing in 1 division. By 2017, the tournament had expanded to include 5 divisions.

Portage County high school teams have been a dominant force in state tournaments since the 1990's. Combined, Portage County teams have made 36 appearances at WIAA and WISAA State tournaments, winning 13 WIAA championships and 6 WISAA championships for a total of 19 state championships.

SPASH won 4 consecutive WIAA Division 1 state titles (2001-2004), the most of any WIAA team. In the 1990's, Pacelli won 6 consecutive WISAA state titles, the most in the WISAA tournament history. With all of the Portage County high schools qualifying for the state tournament over the history of the WIAA tournament, Portage County has a rich softball tradition.

Gatorade Players of the Year: Alexis Mains (2002), Katie Maultra (2006)

Wisconsin Fast Pitch Coaches Players of the Year: Lindsay Rosicky (2003), Stacy Tuskowski (2008), Kelly Franks (2011), Aubrey Drohner (2016)

## ALMOND BANCROFT

2 Tournament Appearances  
1982, 1984

## AMHERST

5 Tournament Appearances  
1981, 1983, 1998, 1999, 2003

State Champion  
1999

## PACELLI

6 WISAA State Championships  
1992, 1993, 1994, 1995, 1996, 1997

10 WIAA Tournament Appearances

2002, 2003, 2011, 2012, 2013, 2015, 2017, 2018, 2019, 2021

3 State Championships  
2003, 2012, 2015

## ROSHOLT

1 Tournament Appearance  
2009

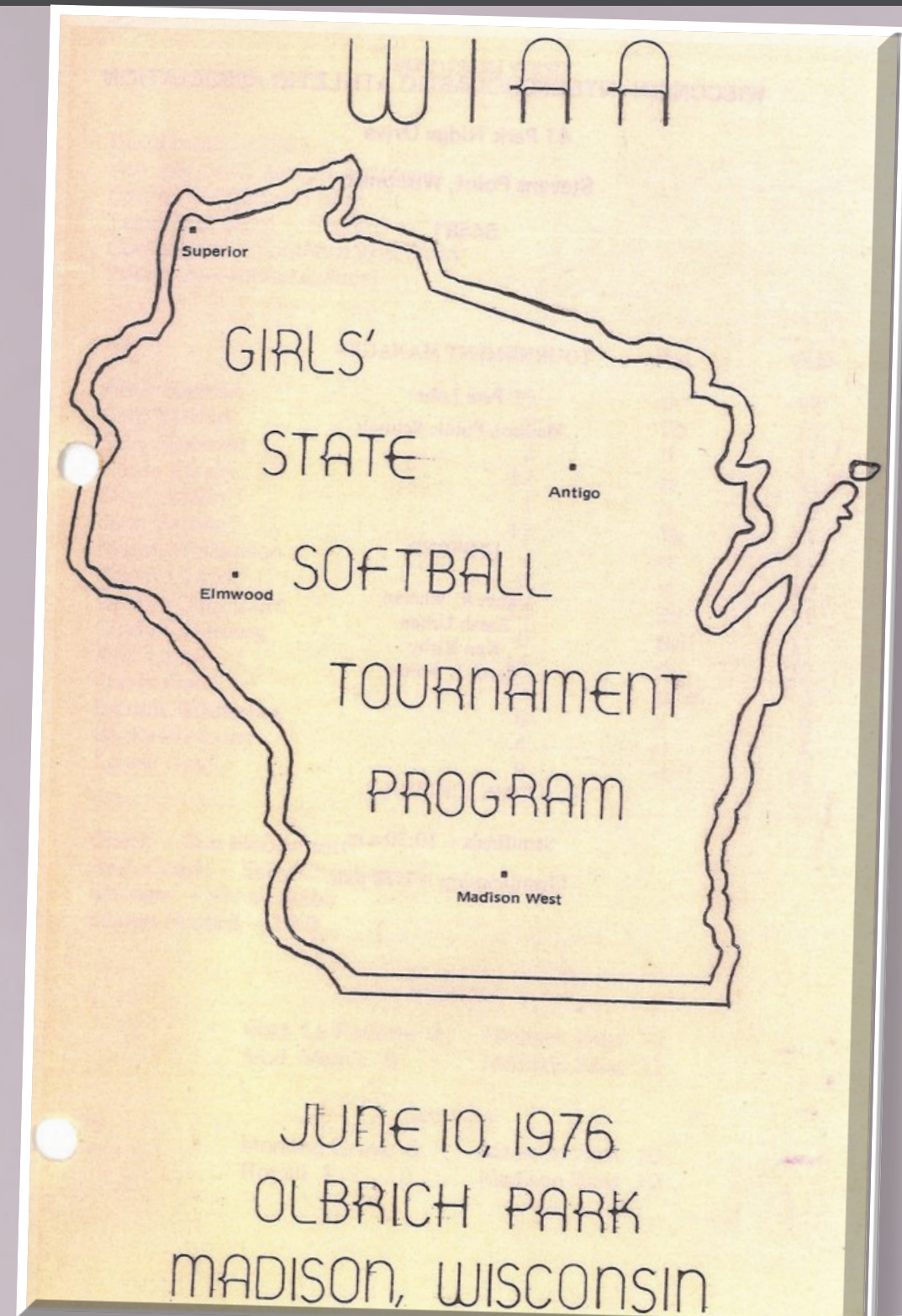
## SPASH

18 Tournament Appearances  
1984, 1985, 1986, 1989, 2000, 2001, 2002, 2003, 2004, 2006, 2008, 2009, 2011, 2012, 2013, 2014, 2016, 2017

9 State Championships  
1986, 2001, 2002, 2003, 2004, 2008, 2009, 2011, 2016

## SPORTS QUIZ

Who was the first girl to play in Little League Baseball as a result of a lawsuit requiring Little League teams to allow girls to try out?



## Rosholt's run ends

Hornets lose to Thorp 3-2 in 12 innings in state semifinal

By Kate Moore  
moore@stevensjournal.com

MADISON — One year after losing to a surprise 12-11 upset in the 12th inning of the state semifinal, the Hornets lost to Thorp 3-2 in 12 innings in the state semifinal on Friday.

The Hornets were the only team to play in the 12th inning in the state tournament. They were the only team to play in the 12th inning in the state tournament.

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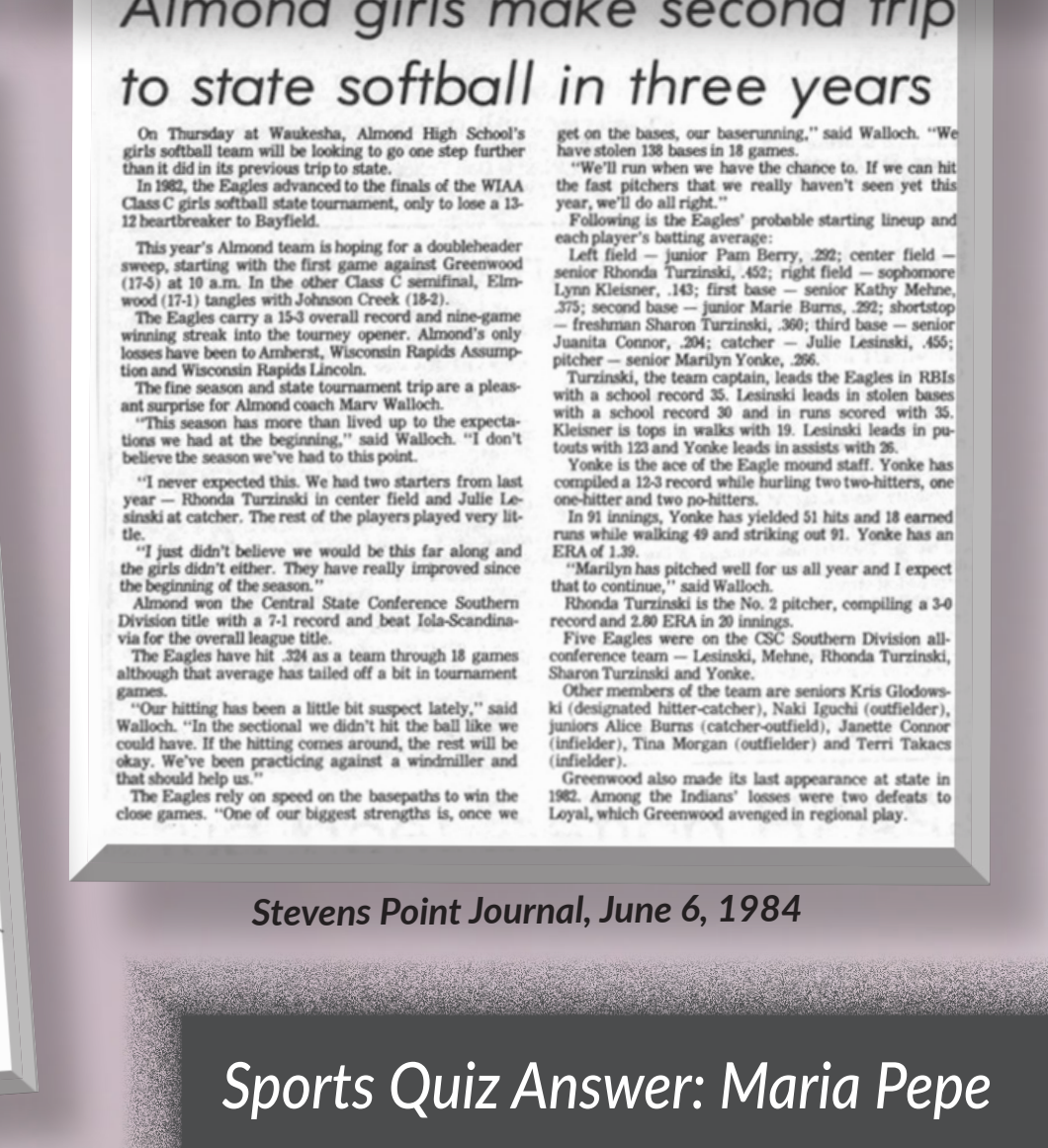
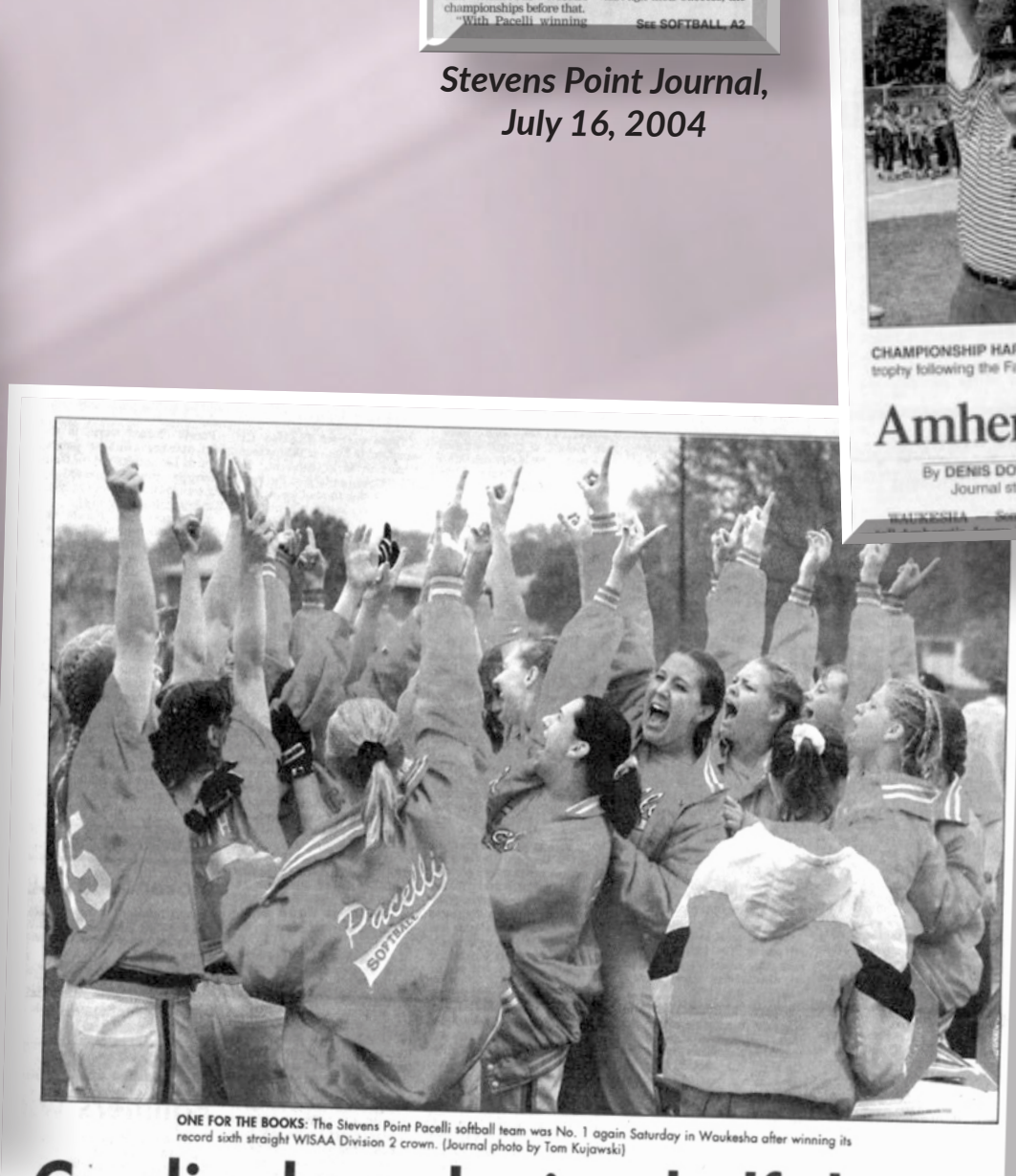
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# TEAM CHAMPIONS

Before Title IX legislation was passed, the WIAA hosted "Wisconsin State Girls Track and Field Sports Day" in 1970 at Appleton East High School with 15 events. Maria High School (now known as Pacelli) sent one girl, S. Menzel, and P.J. Jacobs High School (now known as SPASH) sent 8 girls, Sue Bengelsdorf, Linda Bohm, Janet Dake, Cathy Hartman, Lark Klish, Sue Larson, Marcy Mirman and Robbie Schweers. The WIAA held the first Girls State Track meet in 1971 at Appleton East High School with one division and 14 events. Although there is no program for the 1971 meet in the WIAA archives, the 1972 program shows entries from 25 schools in Class A and one girl from Portage County, Kim Fletcher, competing in the 400-yard dash.

Rosholt is a track powerhouse being one of only two high schools in the state to have won an impressive six team championships as well as three runner-up titles. Competing in WISAA, Pacelli won two WISAA team championships and 4 runner-up titles.



GIRLS TRACK TEAM

The Senior High girls track team will be represented by Kim Fletcher in state competition Saturday at Appleton East High School. Kim qualified by finishing second in the 440-yard run in sectional competition last week at Merrill. The sectional closed the season for the rest of the Point team. Team members were, front row (from left), Coach Sandy Dzikoski, Debbie Fink, Sugar Frisch, Krystal Brooks, Lyn Konopacki, Nancy Frisch, Janelle Leff and Coach Judie Janquart; second row, Linda Lubinski, Ann Rozner, Marla Levandowski, Sue Bloom, Kim Miller, Lori Shudarek, Jackie Bloom, Linda Bohm, Penny Katzer and Jackie Jadack; and third row, Jane Shaney, Mary Belmont, Kim Fletcher, LuRae Herr, Nancy Glennon and Laura Hackler.

## PACELLI

2 WISAA Team Championships  
1985, 1986

4 Runner-Up  
1981, 1982, 1987, 1988

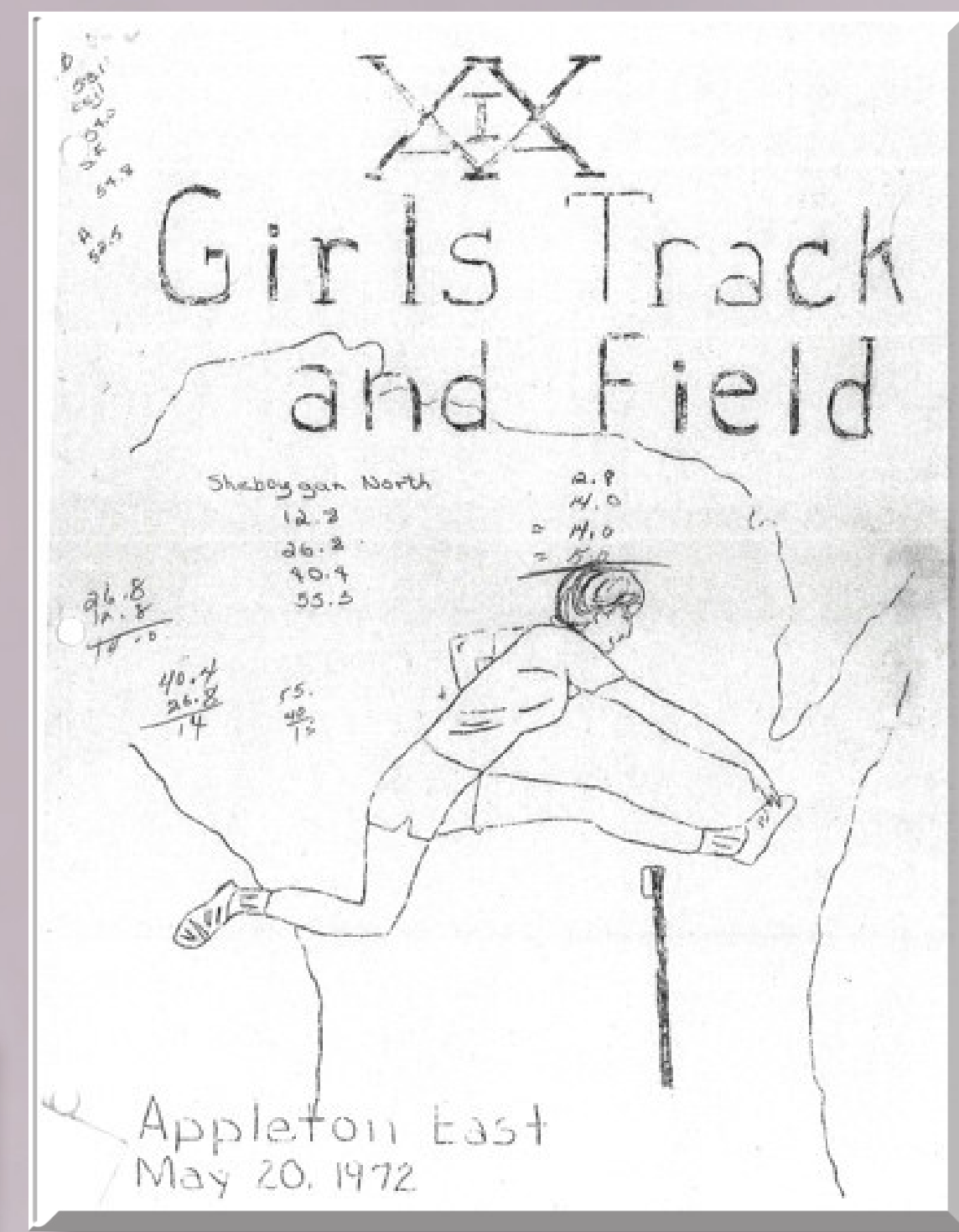
## ROSHOLT

6 Team Championships  
1989, 1990, 2001, 2002, 2005, 2006

3 Team Runner-up  
1981, 1998, 2004

## SPORTS QUIZ

Who was the first woman to run the 100 M in under 10.5 seconds



## Rosholt repeats

Hornets girls win 2nd straight D-3 title

By Nathan Vine  
Stevens Point Journal

LA CROSSE — Mike Trahtenowski took a consolation, and the role that each plays in making it happen. The Rosholt track and field coach was looking at just such a consolation on the final day of competition at the WIAA State Track and Field Championships, as the Hornets claimed their fourth Division 3 state championship in six seasons and second straight after scoring 60 points.

"Some people might think that it isn't exciting because we've done it before, but every time is special," Trahtenowski said. "It's about each of the kids doing what they can to score those key points and all of that adds up to something big."

Mike Trahtenowski, Rosholt track and field coach



Rosholt High School's Jessica Heitsch, left, stays ahead of Jackie Ajala of Hurley as she crosses to a win Saturday in the Division 3 girls 100 meters at the WIAA State Track and Field Championships in La Crosse.

Stevens Point Journal, June 6, 2007



Stevens Point Journal May 20, 1985



Stevens Point Journal June 5, 1989



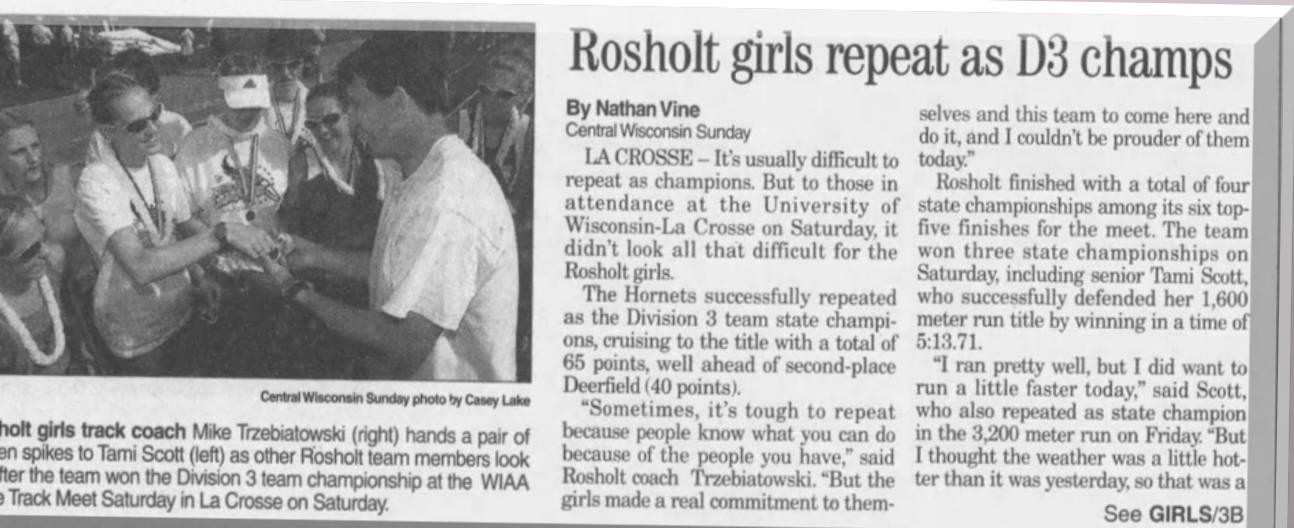
Stevens Point Journal May 27, 1986



Stevens Point Journal June 3, 2001



Stevens Point Journal June 5, 2005



Stevens Point Journal June 2, 2002

Sports Quiz Answer: \$10 & there was only 1 media person to meet the World Cup Championship team.



# TEAM CHAMPIONS

The first WIAA Girls Cross Country meet was held in 1975 in Wausau with 1 division. After moving to a variety of locations, the meet has found its home at the Ridges Golf course in Wisconsin Rapids with 3 divisions. The girls raced over a 3,200 meter course until 1993 and a 4,000 meter course until 2014 when the current 5K distance was established. To win as a team, the performance of 5 runners on the team count toward the team point totals and the lowest score wins. For a team to be successful, runners must focus on improving their own times while encouraging teammates to do the same.

Portage County has been a dominant force in cross country on the state level, with 11 individual state cross country titles won by 6 girls from 4 different Portage County high schools. Together, Amherst, Pacelli, Rosholt & SPASH have had an astonishing 50 teams qualifying for the state team cross country meet. Pacelli sent 20 teams to the state meet while it competed as part of WISAA and won 10 team titles. SPASH has won 3 State Championships and 4 Runner-Up titles in addition to sending 31 teams to the state meet.

## AMHERST

4 State Team Meet Appearances  
2000, 2008, 2012, 2015

## PACELLI

20 WISAA State Team Meet Appearances  
1980-1999

10 WISAA State Team Championships  
1981, 1982, 1984, 1985, 1986, 1987, 1988, 1989, 1990, 1991

1 State Runner-Up WISAA  
1983

2 WIAA State Team Meet Appearances  
2013, 2016

## ROSHOLT

13 State Team Meet Appearances  
1988, 1989, 1991, 1993, 1996, 1998, 1999, 2001, 2005, 2014, 2016, 2017, 2018

## SPASH

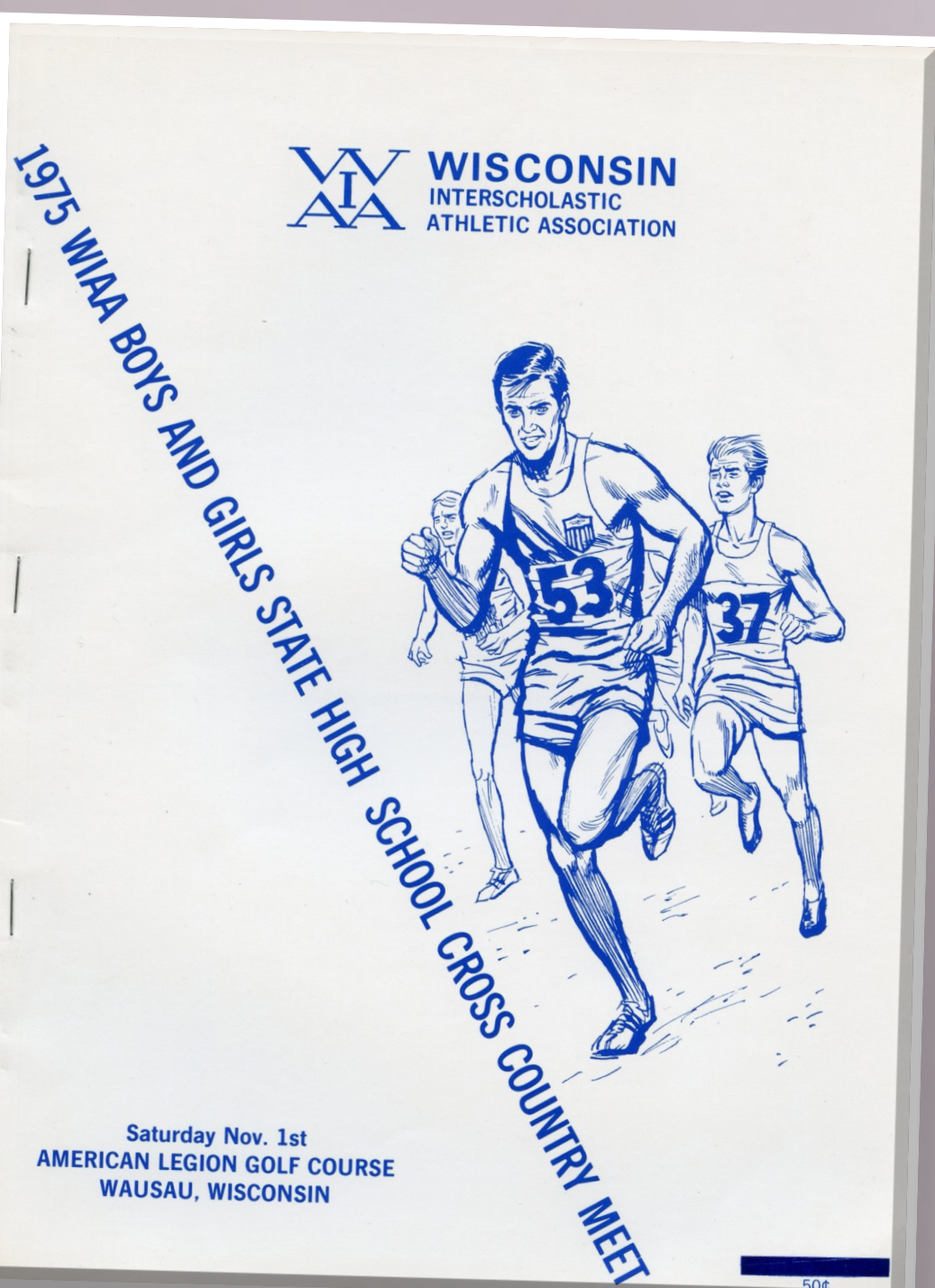
31 State Team Meet Appearances  
1977, 1978, 1981, 1982, 1983, 1984, 1986, 1987, 1988, 1989, 1990, 1991, 1992, 1993, 1994, 1995, 1997, 1998, 1999, 2001, 2002, 2003, 2004, 2007, 2012, 2013, 2014, 2016, 2017, 2018, 2019

3 State Team Championships  
1987, 2002, 2003

4 State Runner-Ups  
1981, 1982, 1983, 2014

## SPORTS QUIZ

How many women ran in the 1972 Boston Marathon, the first year women were allowed to run?



**Panther boys, girls 2nd in state cross country meet**

**Stevens Point Journal November 1, 1982**

Stevens Point, Wis. (UPI) — The Portage County Panthers boys and girls cross country teams finished second at the 1982 Wisconsin State Cross Country Championships in Wausau.

The boys' team, coached by Jim Schaefer, finished second with a team score of 104 points. The girls' team, coached by Mary Johnson, finished second with a team score of 104 points.

Individual winners for the boys' team were Mike Olson (10:00) and John Schaefer (10:00). Individual winners for the girls' team were Mary Johnson (10:00) and Mary Johnson (10:00).

**SPASH girls win first state crown**

**Stevens Point Journal November 2, 1987**

Stevens Point, Wis. (UPI) — The SPASH girls cross country team won the 1987 Wisconsin State Cross Country Championships in Wausau.

The team, coached by Mary Johnson, won the title with a team score of 104 points. Individual winners for the team were Mary Johnson (10:00) and Mary Johnson (10:00).

**Falcons flock to state meet**

**Stevens Point Journal October 25, 2008**

Stevens Point, Wis. (UPI) — The Falcons cross country team won the 2008 Wisconsin State Cross Country Championships in Wausau.

The team, coached by Mary Johnson, won the title with a team score of 104 points. Individual winners for the team were Mary Johnson (10:00) and Mary Johnson (10:00).

**Pacelli dynasty still going strong in WISAA cross country**

**Stevens Point Journal October 31, 1988**

Stevens Point, Wis. (UPI) — The Pacelli cross country team won the 1988 Wisconsin State Cross Country Championships in Wausau.

The team, coached by Mary Johnson, won the title with a team score of 104 points. Individual winners for the team were Mary Johnson (10:00) and Mary Johnson (10:00).

**Pacelli girls WISAA cross country champs, boys 3rd**

**Stevens Point Journal November 3, 2002**

Stevens Point, Wis. (UPI) — The Pacelli cross country teams won the 2002 Wisconsin State Cross Country Championships in Wausau.

The girls' team, coached by Mary Johnson, won the title with a team score of 104 points. The boys' team, coached by Mary Johnson, finished third with a team score of 104 points.

**Rosholt girls take 5th in close Class C meet**

**Stevens Point Journal October 31, 1989**

Stevens Point, Wis. (UPI) — The Rosholt girls cross country team finished fifth at the 1989 Wisconsin State Cross Country Championships in Wausau.

The team, coached by Mary Johnson, finished fifth with a team score of 104 points.

**Cardinal girls run streak to eight**

**Stevens Point Journal, November 4, 1991**

Stevens Point, Wis. (UPI) — The Cardinal girls cross country team won the 1991 Wisconsin State Cross Country Championships in Wausau.

The team, coached by Mary Johnson, won the title with a team score of 104 points.

**Long time coming: SPASH girls hoist trophy**

**Stevens Point Journal November 3, 2002**

Stevens Point, Wis. (UPI) — The SPASH girls cross country team won the 2002 Wisconsin State Cross Country Championships in Wausau.

The team, coached by Mary Johnson, won the title with a team score of 104 points.

**State-bound runners push each other to excel**

**Stevens Point Journal October 30, 2015**

Stevens Point, Wis. (UPI) — The Stevens Point cross country team won the 2015 Wisconsin State Cross Country Championships in Wausau.

The team, coached by Mary Johnson, won the title with a team score of 104 points.



# TEAM CHAMPIONS

*In 2008 Jim Mendyke and Clayton Benz started the Stevens Point Youth Lacrosse program. After the co-ed youth program (2nd-8th grade), boys are eligible to play on the Pacelli United High School Lacrosse team, a co-op program between SPASH, Pacelli and Wisconsin Rapids Lincoln High School. The Pacelli United High School Lacrosse team is a member of the Bay Valley Lacrosse Association which sanctions both boys and girls lacrosse teams. The high school teams have a spring schedule and the state tournament is sponsored by the Wisconsin Lacrosse Federation.*

*Lacrosse is the oldest organized team sport in North America, its origins with the indigenous people as early as the 12th century. Played with a Lacrosse stick and ball, players use the head of the lacrosse stick to carry, pass, catch and shoot the ball into a goal. It is a contact sport and all players wear protective gear.*

*In 2018, there were not enough girls to field a full team in Central Wisconsin, Maya Hernandez's lacrosse days almost came to an end. Clayton Benz, the Pacelli coach, was able to get the BVLA to approve letting Maya play on the Pacelli United Boys team. The team finished ranked 11th in the State in their 2022 season.*

SPORTS  
QUIZ

How many boys and girls (ages 3rd grade through high school) play lacrosse in Wisconsin?



Pacelli United High School Lacrosse team - 2022



Maya Hernandez, #12

Sports Quiz Answer: 6,500. It is the fastest growing sport in the state of Wisconsin.



# TEAM CHAMPIONS

## RED PANTHER & WISCONSIN VALLEY UNION

The WIAA began sponsoring a girls hockey tournament in 2001-2002 with six schools. By 2016, there were 33 teams, many co-op teams between high schools. These co-op teams changed configurations depending on the number of girls from each school and which school was willing to host the team.

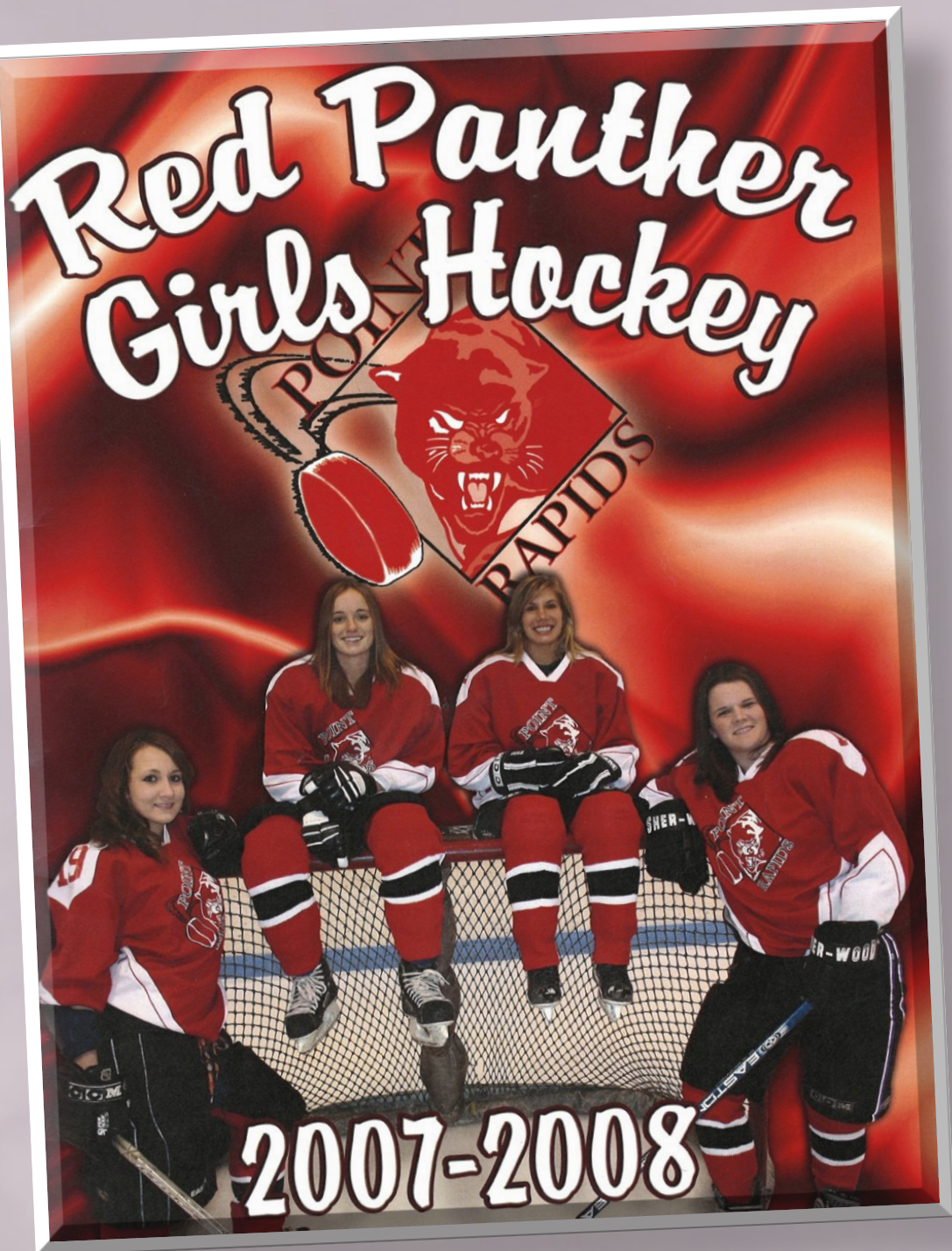
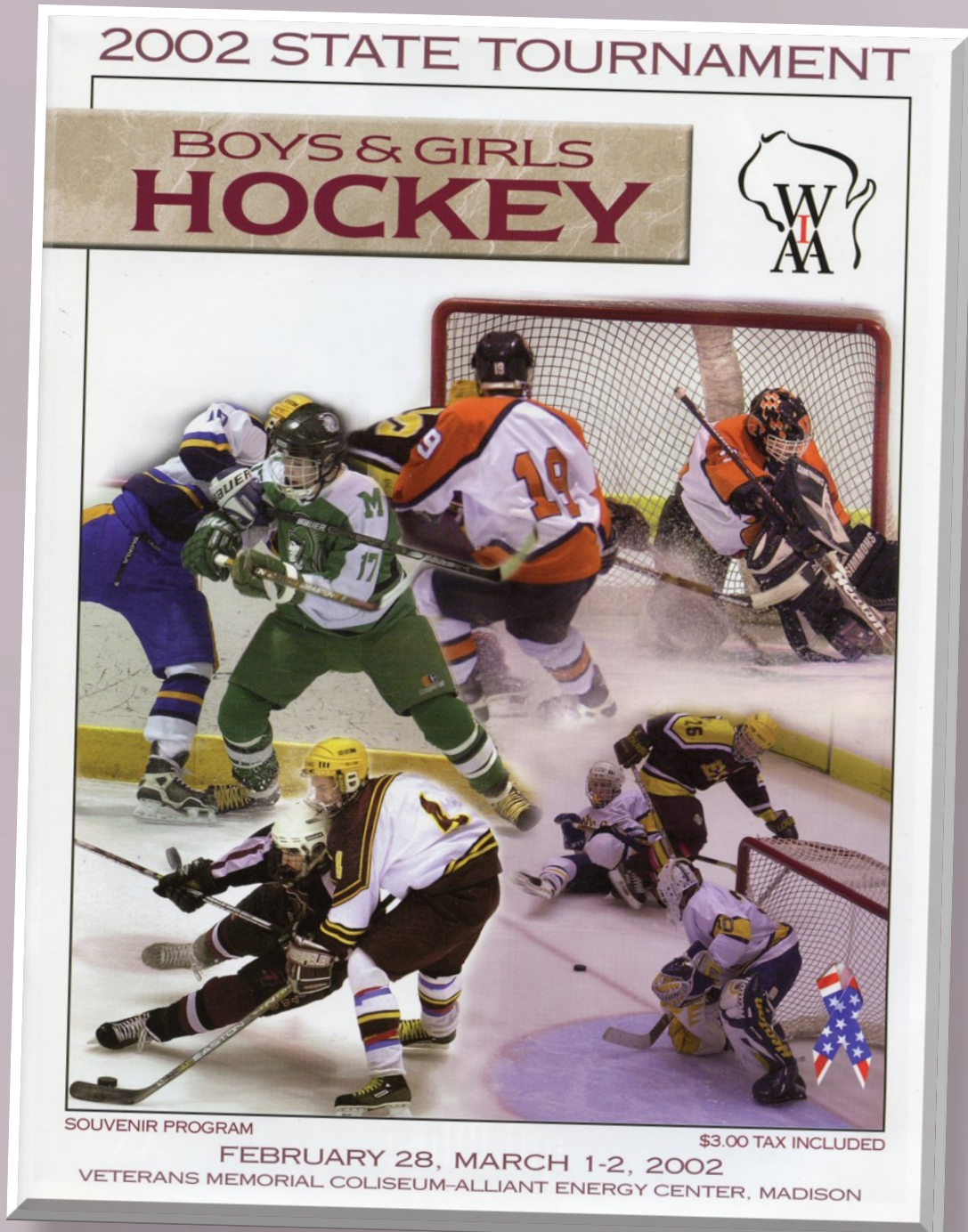
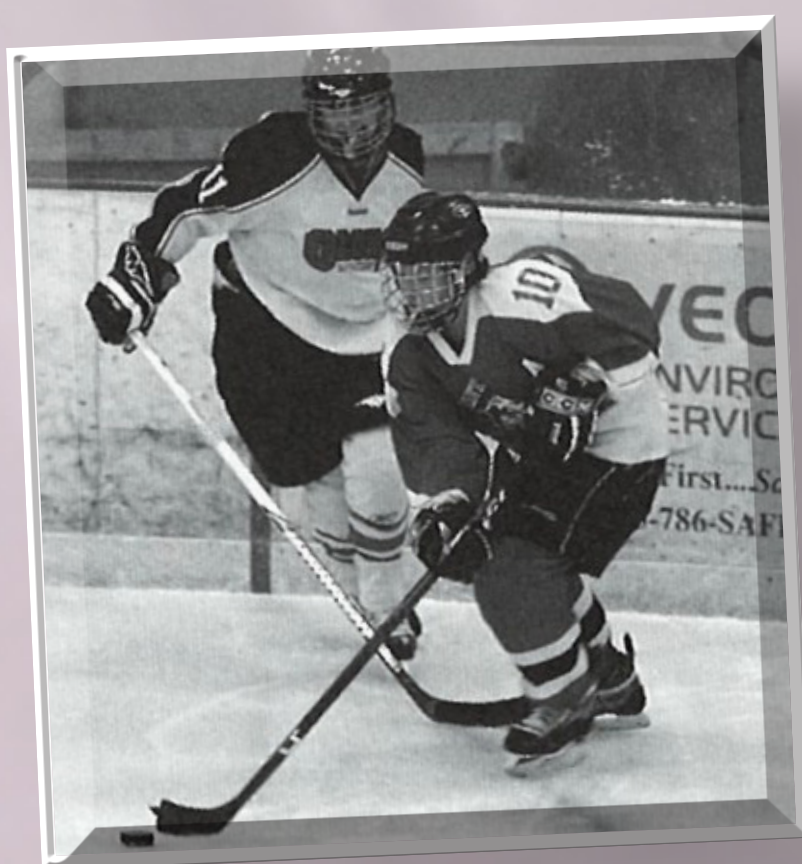
In Portage County, the inaugural 2007 Red Panther girls hockey team coached by Hayli Hupp, a former UWSP women's hockey player, included 21 girls from area schools including SPASH, Pacelli High School, Wisconsin Rapids Lincoln High School, P.J. Jacobs, Ben Franklin and Wausau West. SPASH served as the "host school" for the program. In the 2007 WIAA tournament, the team made it to the sectional final game where they lost to Onalaska.

In 2017 the Red Panther team became the Wisconsin Valley Union Hockey team with Marshfield High School as the host school. In the 2017/2018 season, the team went 17-2-2 the WIAA Section 2 Runner-Up. The current team includes girls from Marshfield, Wisconsin Rapids, Stevens Point, Amherst and Waupaca.

Building a team from multiple high schools poses special challenges for coaches and the girls themselves. According to former coach Dan Bauer, "The segregation was as obvious as the obstacles they faced. With the bulk of our players from super-sized SPASH and small-town Waupaca the cultural divide was wide as the school enrollments. Believing that building team unity would be our biggest challenge I branded our team as the "sisterhood" and inked it to their jerseys like a tattoo they couldn't escape. More quickly than I could have imagined this group began buying into the family concept."



Front Row Amanda Hansford, Kailey Otis, Micaela Hansen, Megan Gallegger, Vaughan Kukler, Citlin Lacasse, Abby Wanserski, Maggie Christie, Allie Thompson, Jordan Kern, Gretchen Pearl  
Back Row Coach Scott Johnson, Miranda Mendyke, Emily Haluska, Amanda Pioneck, Brittney Vruwink, Alyssa Miles, Mikayla Rodencal, Maj Britt Nelson, Keela Patterson, Margot Debotm, Nora Piac, Bri Koch, Jackie Cherney, Coach Hayli Hupp



2022 WVU Hockey team



Stevens Point Journal November 24, 2007



Stevens Point Journal February 21, 2007



## TEAM CHAMPIONS

### RED PANTHER HIGH SCHOOL SKATING TEAM

The Red Panthers High School figure skating team was established during the 2007/2008 academic year with nine team members from SPASH and Pacelli. During its first year under coach Lynda Schrader and her daughter Lindsey, the girls skated in one competition in Marquette, Michigan with great success, with their B team (team level based on skills testing through USFSC) placing 2nd and the C team placing first.

In high school figure skating competitions, skaters on each high school team are divided into skills based groups based on their United State Figure Skating testing levels and these groups compete against similar groups from the competing high schools. The skaters compete with their skills in a variety of jumps (flip, waltz, salchow, axel) and spins (2 foot spin, sit spin, back spin, camel spin) and their scores are combined to determine which group wins a particular skill level (beginner, low, intermediate, high). The skaters compete as individuals as well as a team. The Red Panther club competes in through the Wisconsin High School Skating Organization and hosts a competition in December.

The current Red Panther Figure Skating team is coached by Katie (Heck) Trzebiatowski with 19 members. Over the years the team has had members from SPASH, Ben Franklin, P.J. Jacobs, Pacelli, Amherst, Rosholt and Homeschool students from freshmen through seniors. The team is organized under the Crystal Ice Figure Skating club at K.B. Willett Arena.

### SPORTS QUIZ

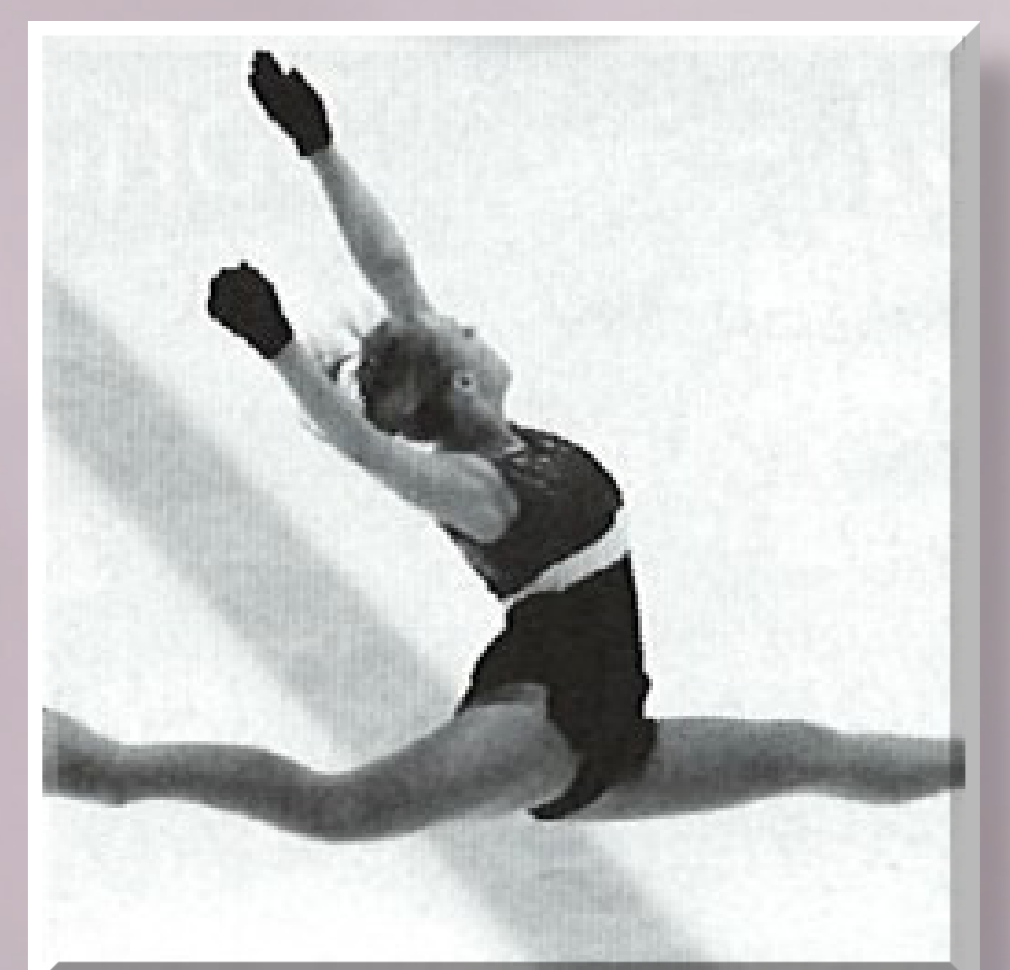
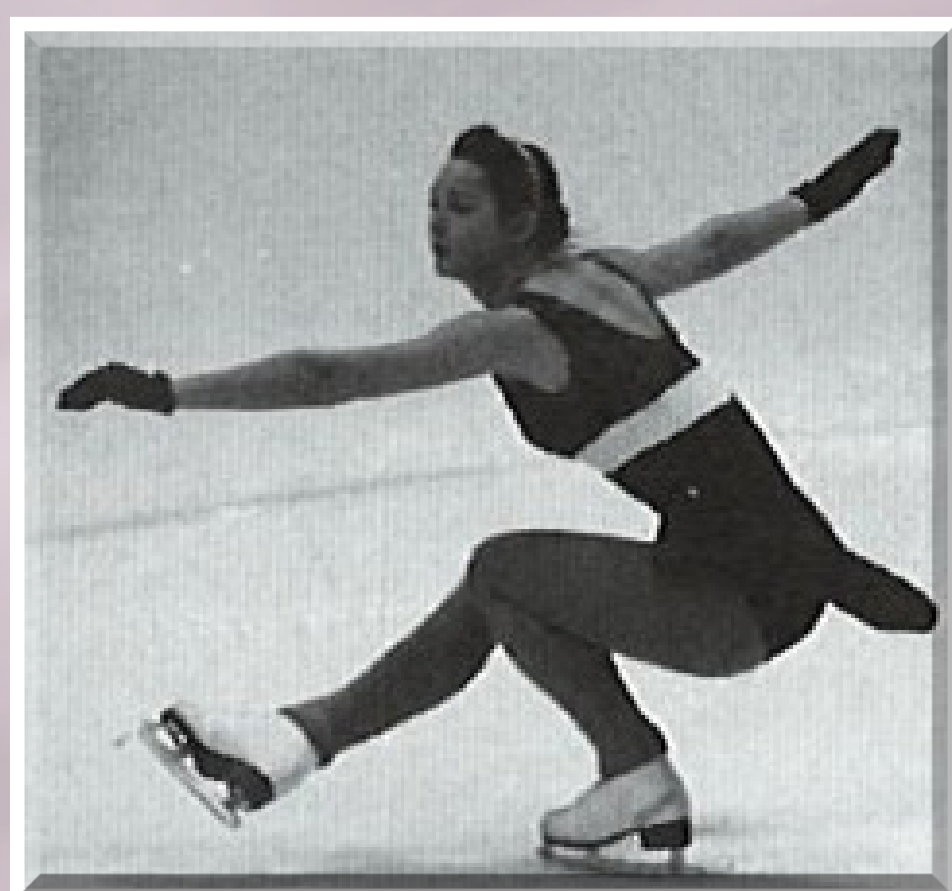
In what year did Tara Lipinski become the youngest woman to win the World championships?



2007/2008 Inaugural Red Panther Skating team



First competition in Marquette, Michigan



Sports Quiz Answer: 1997 the next year, she would also become the youngest Olympic figure skating champion at 15?



# TEAM CHAMPIONS

For many years, cheerleading was considered an acceptable way for girls to be involved in an athletic activity, cheering on their male counterparts. Many schools had cheerleaders for different sports, with names like Mat Maids, Icettes, and Bat Girls.

Today cheerleading has evolved into competitive cheer and dance teams. These teams may perform at half time at sports events, for both boys and girls, but also compete in regional, state and national levels. Teams practice many hours per week and are judged based on the skill level, form, execution and precision of movements, team formations and team unity during the performance. Some competitions include tumbling and gymnastics movements within the routines.

Pacelli and SPASH have all had very successful competition teams over the years. Amherst teams perform at home sports events.

“Cheerleading was very instrumental in my athletic success. Dance moves improved my footwork, but more importantly cheerleading gave me the confidence that I could perform at my best in front of large crowds. I’m grateful for that experience.”

-Sheila Meich, Former UWSP Soccer Coach & Athlete

**PACELLI**

United Performance Association  
Cheer & Dance National Champion  
2006, 2007

United Performance Association  
Cheer & Dance Division Champion  
2008

**SPASH**

Wisconsin Association of Cheer &  
Pom Coaches State Champions,  
Cheer Non-Stunting Division  
1999, 2000, 2001, 2002

Wisconsin Association Cheer &  
Pom Coaches State Cheer Champion,  
Co-ed Large School Division  
2006, 2007, 2008, 2010 (Co-Champion)

SPORTS  
QUIZ

What was  
the largest  
cheer  
pyramid?



LEGION BATGIRLS PROVE HIT  
The use of batgirls this season has proved to be a popular innovation by the Stevens Point American Legion baseball team. A total of six girls, outfitted in new uniforms featuring hot pants, have taken turns appearing at all Post No. 6 games, both home and away.

“Bat Girls” at American Legion Baseball, 1972



2021 SPASH Cheer and Dance Team



2021 Amherst Cheer Team



2023 Pacelli Dance Team





# TEAM CHAMPIONS

Bowling is one of the fastest growing high school sports over the last decade. Nearly 200 high schools in Wisconsin have high school teams and more than 200 colleges across the country have bowling teams with nearly half offering scholarships.

High school teams and individuals compete in the Wisconsin High School Bowling Club State Championship. The first state championship was held in 1999 at Super Bowl in Appleton with one division with only individual championships. Team championships began in 2000 with one division and expanded to two divisions in 2010.

Amherst has become one of the premier programs in the state and are perennial state title contenders. Since the expansion to two divisions, Amherst girls, under Coaches Steve Cieslewicz and Barb Conradt, have won four high school and one middle school championships.

## SPORTS QUIZ

What is a "perfect" bowling score?



2016 Championship Team



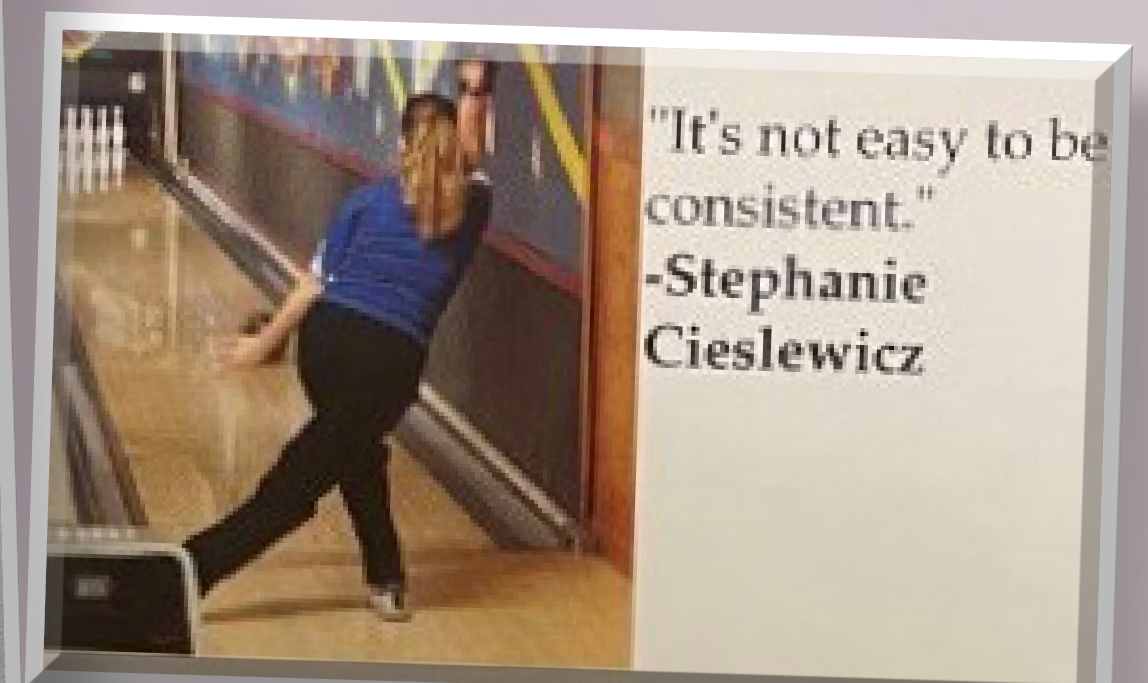
2012 Championship Team



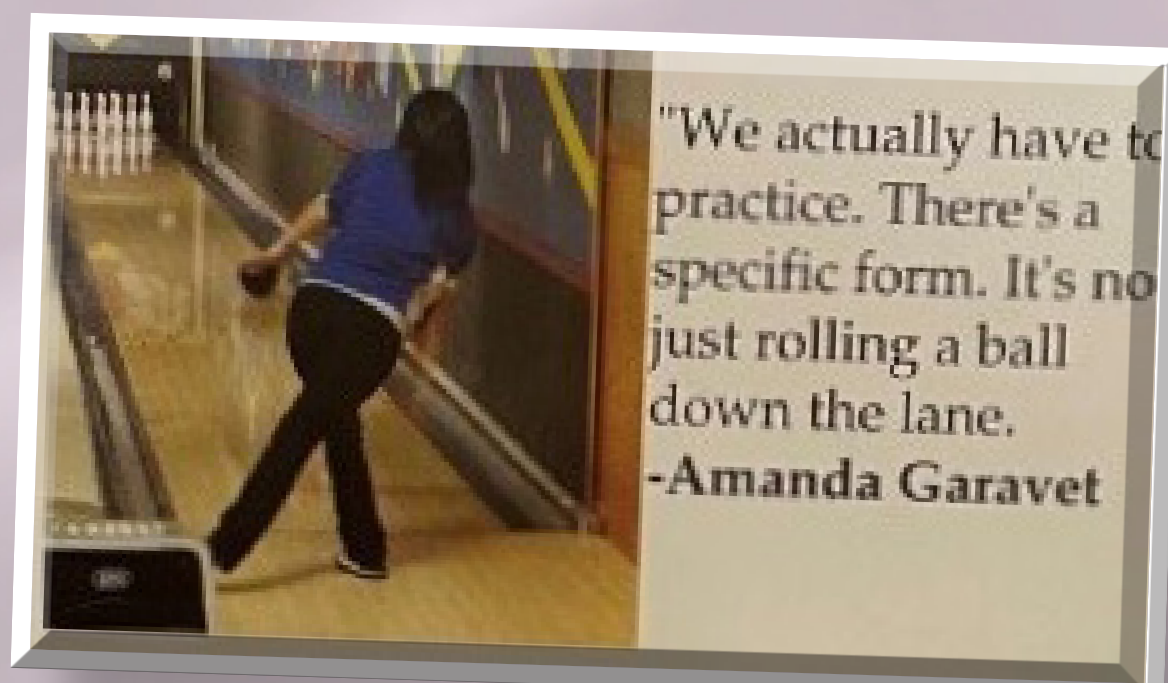
2017 Championship Team



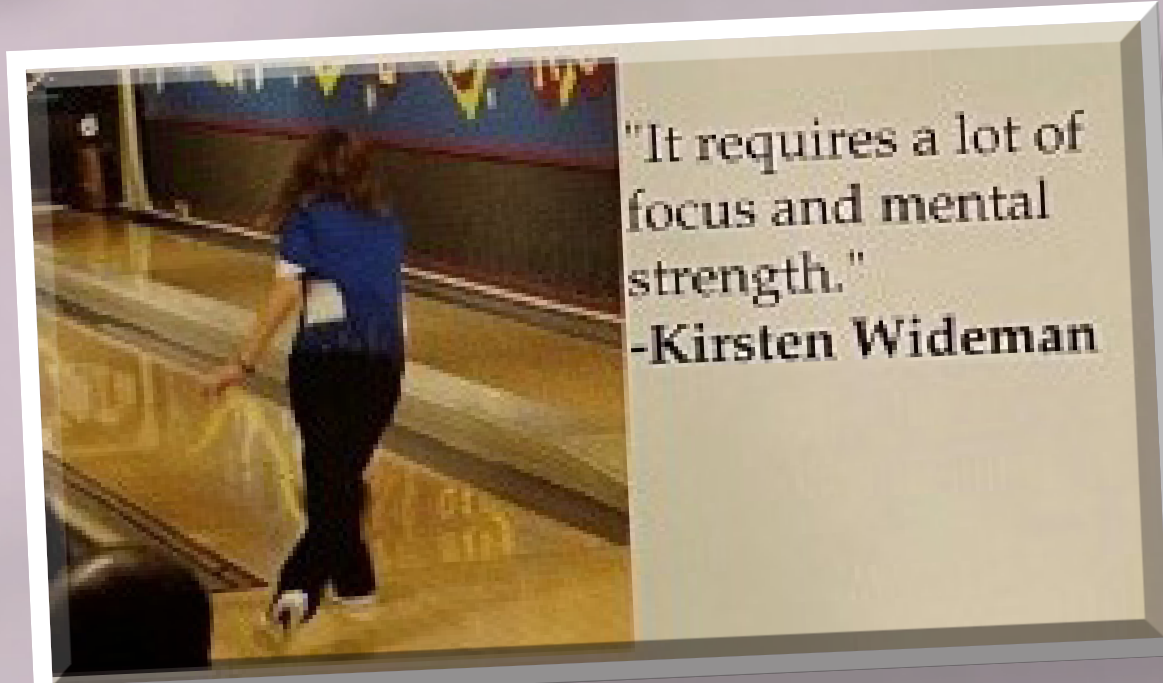
2018 Championship Team



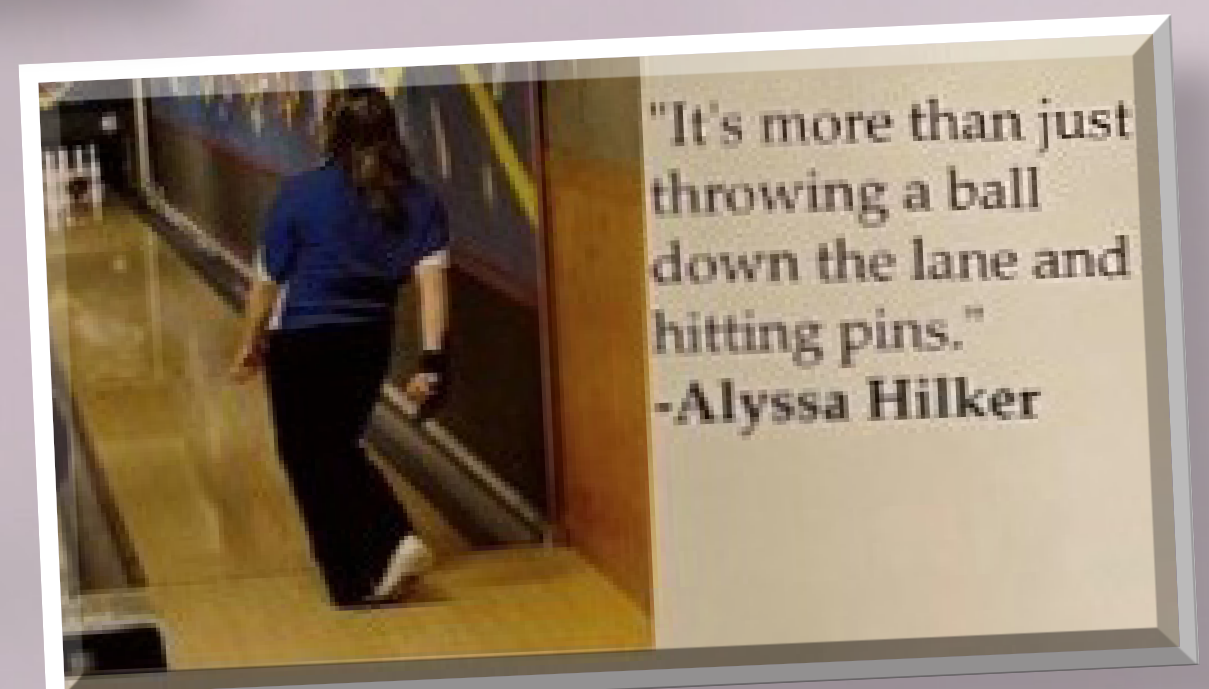
"It's not easy to be consistent."  
-Stephanie Cieslewicz



"We actually have to practice. There's a specific form. It's not just rolling a ball down the lane."  
-Amanda Garavet



"It requires a lot of focus and mental strength."  
-Kirsten Wideman



"It's more than just throwing a ball down the lane and hitting pins."  
-Alyssa Hilker



# TEAM CHAMPIONS

*The Stevens Point High School Curling team was organized by Patti Henning and Lori Kawlewski in 2003 to support their daughters’ interest in competing in curling. The team has students from Ben Franklin, PJ’s, Pacelli, SPASH and home-schooled children (Queen of Mary), but all students are in the Stevens Point Area School District.*

*Curling involves sliding granite stones, called rocks, across the ice into a target area at the other end of the “pitch” or the strip of ice. The team that propels their rocks closest to the center of the target scores points. Team members sweep and brush the ice ahead of the stone to influence the course or curl. There are 4 players on each team and each team curls eight rocks. In high school, each team gets 8 turns or sides in a match.*

*The Wisconsin State Curling Association sponsors a state high school curling tournament which hosted on a rotating basis around the state. 16 teams are ranked by coaches and put into 4 pools of teams that play each other. The top teams from each pool advance to the semi-final and championship rounds.*

**Wisconsin State High School Curling State Champions: 2016/2017 and 2017/2018**  
*(The Championship team for both years was made up of the same 5 girls.)*

**Wisconsin State High School Curling Runner-Up: 2022/2023**



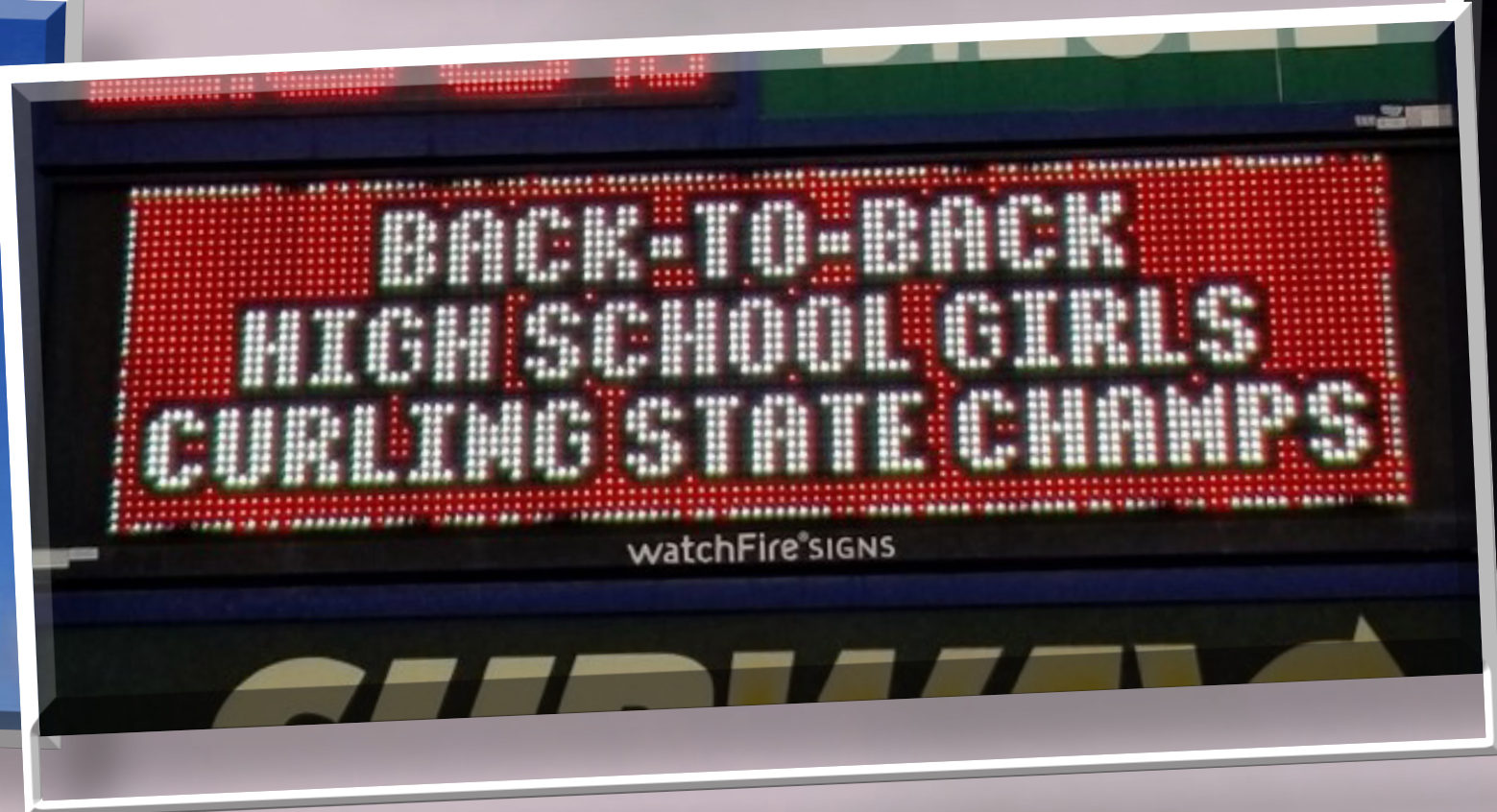
2016/2017 and 2017/2018 Wisconsin State High School Curling Championship team



2022/2023 Wisconsin State High School Runner-Up, Girls



2007 team



## SPORTS QUIZ

What line must a curling stone need to pass to be considered in play?