

COMMUNITY CALENDAR

WWU EXTENDS COLLEGE QUEST DEADLINE

A few places remain for College Quest at Western Washington University July 27-Aug. 2. College-bound high school students can immerse themselves in college life - and even earn one college credit. The application deadline has been extended to July 15 on a first-come, first-served basis.

Presented by Western's Extended Education and Summer Programs, College Quest gives students the opportunity to experience residence hall life, search for the right college, answer admissions interview questions, write an admissions essay and explore scholarship opportunities.

Participants will have access to the library, classrooms, computer labs and campus recreation facilities. Trained, experienced residence advisers will provide supervision, recreational activities, counseling and support.

For more details, disability accommodations or an application form, call (360) 650-6820, e-mail

adventures@wwu.edu or visit www.wwu.edu/~adventur/.

LUPUS SUPPORT GROUP MEETING

The Seattle Lupus Support Group meets the second Saturday of the month from 1 to 3 p.m. at the Gideon Mathews Apartment Complex, 323 - 25th Avenue South. There is no need to register and there is no cost to attend.

The Lupus Foundation of America, Pacific Northwest Chapter, is increasing its efforts to educate you, your family and friends about this least known, but serious, disease. Lupus Support Groups are informal meetings for people to join each other and share skills and experience for coping with this disease. Your participation is important to help you cope with lupus.

The Seattle Lupus Support Group is one of many in the Pacific Northwest sponsored by the Lupus Foundation of America. Meetings are open to all communities.

Contact Cecilia at 206-720-6245 if you will be attending and for more information. Refreshments

will be served.

CROHN'S DISEASE VOLUNTEERS NEEDED FOR RESEARCH

The University of Washington School of Medicine is looking for volunteers who have active Crohn's disease to help evaluate the safety and effectiveness of an experimental medication. The Food and Drug Administration has approved the drug, Bupropion, for treatment of depression and smoking cessation, but it is still being evaluated for its ability to improve symptoms of Crohn's disease.

Adults over age 18 who have had active Crohn's disease for at least three months and who have been on stable medications for three months may be eligible for the study. It requires up to eight clinic visits over six months. Women participants may not be breastfeeding, pregnant or planning to become pregnant over the course of the study. Eligible participants will receive the study medication at no charge.

For more information, call William at (206) 221-3338.

ADOPT A CAT

As part of its ongoing outreach efforts to find suitable permanent homes for foster animals, the Seattle Animal Shelter hosts a cat adoptathon on Saturday, July 19, at the Meadowbrook Community Center, 10517 - 35th Ave. NE in Seattle, from noon to 3 p.m. featuring numerous cats of different breeds.

Adoption prices range from \$72 to \$77. Anyone 60 or older is eligible for a 50% discount on adoption fees for any Seattle Animal Shelter cat aged 2 or older.

The Seattle Animal Shelter is open Tuesday through Sunday and is located at 2061 - 15th Ave. W. The phone number is 386-PETS.

DEADLINE NEAR TO NAME 2 PARKS

Seattle Parks and Recreation invites the public to submit potential names for two parks, one in the Fremont neighborhood, and one downtown, in the Belltown neighborhood.

The Naming Committee will consider all suggestions and make a recommendation to Parks

Superintendent Ken Bounds, who makes the final decision.

Submit suggestions for park names in writing by July 24, and include an explanation of how your suggestion matches the naming criteria. Send to Seattle Parks and Recreation, Park Naming Committee, 100 Dexter Ave. N, Seattle, WA 98109.

SUMMER PLAYGROUNDS OFFER LUNCH, FUN

Supervised play sites at playgrounds sponsored by the Seattle Parks and Recreation Department will be offered throughout Seattle June 25-Aug. 19. This is a free neighborhood drop-in program for kids aged 6 to 14 that features trained playground leaders who involve kids in organized games, crafts and sports.

Many sites offer a free sack lunch, and each playground has its own fun highlights. You may find a wading pool, basketball hoops,

ping-pong tables, a water spray feature, or a softball field.

The sites will be open from 11 a.m. to 6 p.m. daily. For more information or to find the site closest to you, call 615-0303.

AFRICAN AMERICAN FAMILIES NEEDED FOR PROJECT

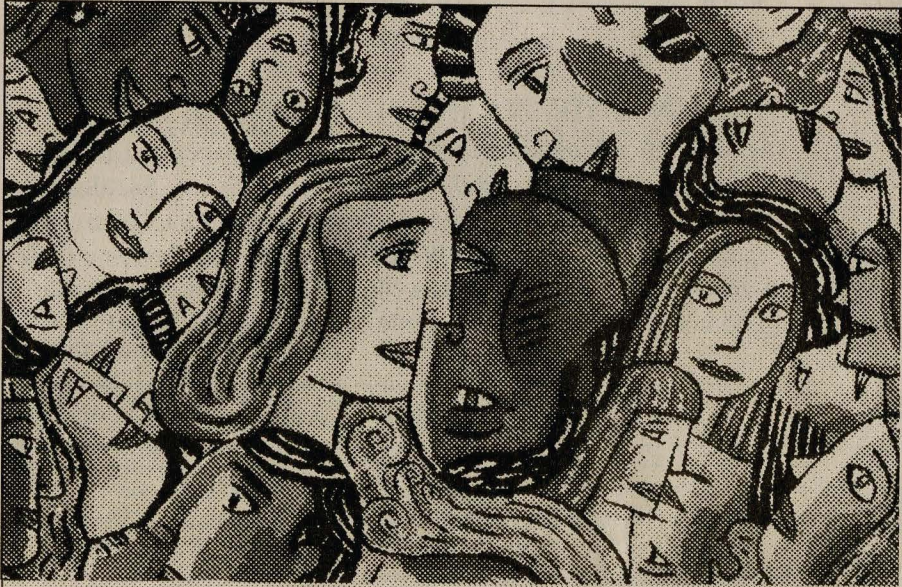
African American families are needed for the Family Health Study Project at the University of Washington. The study focuses on family relationships and communication.

The UW is seeking families who are married with a child between the ages of 7-8 years old. The study takes place over four years of a child's life. All information is confidential.

Families have the opportunity to receive up to \$1,280 for participation in the study. Call 543-8089.

SOUL FESTIVAL 2003

July 11, 12, 13
Franklin High School Play Field



BON diversity month

our communities our cultures

July is Cultural Diversity Month, a celebration of the influences and contributions of the diverse people who have made the Northwest the best place to live...hosted by The Bon Marché, the best place to shop.

PLAY

DIVERSITY OF BEAUTY- A COSMETIC EVENT FOR WOMEN OF COLOR

Thursday, July 10-Wednesday, July 16 at Downtown Seattle, Northgate, Bellevue, Alderwood, Southcenter and Tacoma

Find your perfect makeup colors as makeup artists from both traditional and ethnic specialty lines share expertise with women of all ethnicities and colors. We'll be offering makeovers, complimentary facial massages, skincare analysis, free gift offers and debuts of new products. For an appointment, call (206) 506-7348.



SHOP

THE CULTURAL STREET OF SHOPS

Friday, July 11, 10 a.m.-6 p.m. in the Stewart Street Room, 3rd floor

Visit our Downtown Seattle store where minority and women-owned businesses will present their merchandise in mini retail shops.



LEARN

NORTHWEST PIONEERS EXHIBIT

Reflections of Seattle's Chinese Americans: The First 100 Years and Latino Pioneers of the Northwest, Sunday, July 6-Saturday, July 12 in Tacoma

Northwest Black Pioneers, Sunday, July 13-Saturday, July 19 in Southcenter

Explore a comprehensive historical tribute to the first minority pioneers of the Pacific Northwest, from before Washington became a state in 1889 to the present.

TASTE

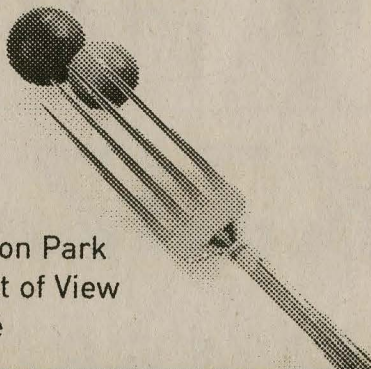
COOKING EVENTS

Downtown Seattle Bon Marché demo kitchen, 6th floor

Saturday, July 12, 1-2 p.m.: Maritza Texeira from Gitanos in Madison Park

Saturday, July 19, 1-2 p.m.: Louise Thompson of Thompson's Point of View

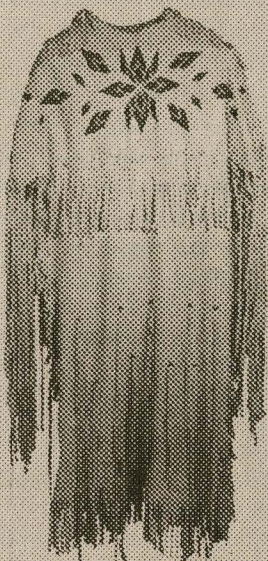
Saturday, July 26, 1-2 p.m.: Jared Velasquez of Isabella Ristorante



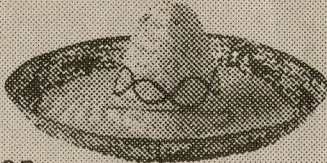
Coyote Junior High is an after-school program that offers arts and academics enrichment and community art programs to fifth through ninth grade students in the Seattle area. For more information about the exhibit, call 206-506-4FUN.



Around the World from Head to Toe, through July 21



We'll be showcasing artwork created by students from Coyote Junior High featuring art pieces that represent images of adornment from around the world: hats, headdresses, jackets and kimonos. Stop by the windows in our downtown



Seattle store and enjoy these inspired creations, and reflect on



the similarities and differences we share from head to toe, all around the world.

The **BONMARCHÉ**
YOUR NORTHWEST DEPARTMENT STORE SINCE 1890

for life, for you