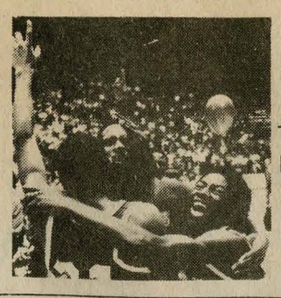
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THE MEDIUM

a message from the people...to the people

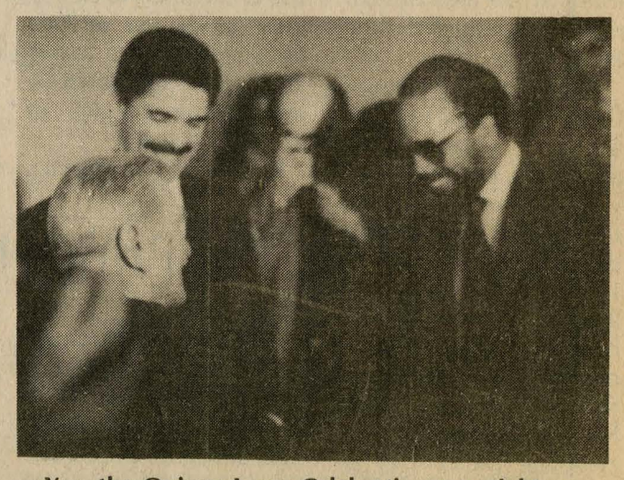
VOLUME XIII NUMBER 11 | Wednesday, March 16, 1983 | 18 Pages 2 Sections 15 Cents

Bulldogs State Champs!



For the fourth time in 10 years, and the 10th time in 28 years, the Garfield Bulldogs have been crowned State Class AAA Basketball Champions, defeating Walla Walla 44—42 in double overtime last Saturday night in the Seattle Coliseum. Members of that dynamic team proudly display their trophy as the man responsible for the successful Bulldogs, Coach Al Hairston (far left), proudly looks on. See related story and pictures in our SPORTS Section on Pages 11A—12A. Photo by Jef Jaisun.

Quincy's Birthday Celebration Was Right On "Q"



Yes, the Quincy Jones Celebration was right on "Q." Quincy (far right) is shown here with former classmate Carver Gayton (center), and Parker Cook, his music teacher at Garfield High School. See related story and pictures on Page 5. —Staff Photo by Joe White.

Summer Youth Jobs

Need some help to make that community improvement project happen? The Summer Youth Employment Program may be the answer.

The City of Seattle, Department of Human Resources, is now accepting proposals to operate Summer Youth Employment Program Group Projects.

Non-profit and public agencies are eligible to submit proposals for projects employing 10 youth over an eight-week period. Youth wages and a project supervisor are provided by the program.

A limited amount of funding is also available for materials and equipment.

Examples of past group projects include development and maintenance of a community garden, repair of an agency facility, construction of playground equipment and staffing of a summer day camp for children.

The deadline for proposals is March 25. To request a proposal package or receive further information, call the Summer Youth Employment Program at 625-4370.

Ebony Fashion Fair Comes To Seattle In April . . .

Meeting Set For Juneteenth Festival

Slow traveling news and reluctant masters delayed the "freeing" of the slaves in Texas, Louisiana and Oklahoma until June 19, 1863--six months after the Emancipation Proclamation.

Since that day, June 19 or "Juneteenth" has been a time of gathering in Black communities across the nation in recognition of that historically suspicious delay, which was the first indication of miscarriages of justice following the promise of equality.

A group of individuals have come together to form a Juneteenth Festival Committee in Seattle. Their goal is to produce a week-long festival which will serve as an opportunity for Blacks in Washington state to express historic and cultural pride.

"We will also use the festival to build a framework for strategizing the most effective means of ensuring our basic human rights and of addressing urgent issues that confront our community," said an organizer of the event.

The first general meeting of the Juneteenth Festival Committee will be held on Saturday, March 19, 5-7 p.m. at the Madrona Community Center, 832 32nd avenue.

Urban League Dinner Focuses On Youth

The Seattle Urban League's 53rd Annual Dinner will be held on Thursday, May 5, at the Seattle Sheraton.

The theme of this year's program is, "A Focus on Youth." Nationally known playwright, Ntozake Shange is guest speaker.

Ntozake Shange has received national and international acclaim for her writing skills. The best known is "For Colored Girls Who Have Considered Suicide When The Rainbow Is Enuf." Her latest book, "Sassafrass, Indigo and Cypress," has received rave reviews.

Local ethnic minority youth who have demonstrated excellence in academic, artistic, civic and athletic endeavors, will be honored as a key part of the dinner program.

Tickets are $65 for sponsors and $35 for general admission. Table and ticket sponsors receive preferential seating, have their names listed in the program, and will receive an invitation to attend a pre-dinner cocktail party with the guest speaker.

Call Carol Faucette, dinner staff coordinator, 447-3792.

"Fair" Inquest Rally

Concerned citizens and community organizations are urged to attend "Rally for a 'Fair' Inquest" on Saturday, March 19 at noon at the King County Courthouse, 3rd and James. It is sponsored by the Citizens Coalition to End Racial Violence.

According to a press release from the group, the rally's demands, endorsed by several community organizations, include that justice prevail at the March 22 public inquest of Riley Frost, the Black inmate killed in the King County Jail, January 19, 1983; an immediate, unconditional and permanent ban of the choke hold within all Washington State correctional institutions and full and impartial investigations into the racist and violence prone conditions in the King County Jail.

Call 324-7221 or 932-2651 for more information.

United Negro College Fund Campaign In Full Swing

The Northwest Regional office of the United Negro College Fund is in full swing for its 1983 drive. The northwest region of UNCF includes the states of Oregon, Idaho, Montana, Washington and Alaska, with headquarters in Seattle.

There are positions available for key volunteers in the following areas: clerical, research, phone bank operators, entertainers, writers and business developers. If you are innovative, have a sense of humor, are shut-in or just need a valid excuse to get away, UNCF would like to talk to you about joining this exciting campaign. Call 324-8623.

Upcoming events will be announced in The Medium.

Tax-deductible donations should be made to: **UNCF, INC.,** and mailed to: United Negro College Fund, Inc., 454 - 12th Avenue, Seattle, Washington 98122.

The UNCF slogan is "A mind is a terrible thing to waste."

Time Extended For Murder Charge

OLYMPIA--A March 1982 King County robbery and shooting incident has led to a change in state law regarding the filing of murder charges.

In that tragic holdup, a young attendant in a service station was shot and remains today in a coma. Old state law would relieve the men responsible for the shooting from any charges of murder if the attendant does not die within one year and a day after the incident, according to Sen. Phil Talmadge (D-34th District).

The new law extends the period in which murder charges may be brought to three years and a day.

COMMUNITY BRIEFS

Deadline for community announcements is Friday at 4:30. Deadline for church news is Monday at noon.

VOLUNTEERS NEEDED

The Central Boys and Girls Club is seeking volunteers in tutoring, physical fitness, coaches, referees and gamesroom activities. If you enjoy working with children and don't mind giving a few hours a week. call 324-7317 or stop by the office at 201 — 19th Avenue.

FOSTER PARENTS NEEDED

Foster parents are needed for small children up to six years old, in the Capitol Hill area. These children need people who can make their temporary separation from their own family secure, stable and loving. Call 464-7407 for more information.

FREE TAX SERVICE FOR LOW INCOME TAXPAYERS

The National Association of Black Accountants will provide the low-income citizens of the community, a tax serivce two days a week now through April 13, on Wednesday, 7 p.m. to 9 p.m., and on Saturday 9- noon. The location is the East Madison YMCA located on Olive and 23rd. Donations will be accepted to benefit the YMCA Child Care Center and NABA's Scholarship Fund. There is no charge for these tax services.

NEW HOPE SKATING PARTY

The New Hope Young Adult Usher Board is hosting a skating party at the Carousel Roller Rink on 23rd Avenue, Thursday, March 24 from 7 p.m.-10 p.m. See any young adult member for tickets which are $4.00. Rev. C.E. Williams is pastor of the church.

AEROBIC-DANCERCISE

Let's jump to it before it's too late for those luscious Spring Fashions you'd like to squeeze into. Aerobics can help you do it. Classes will be held at Ebenezer AME Zion Church, 1716 23rd Avenue and St. Mary Immaculate School, 620 20th Ave. South. Call 325-4291.

REPORT ON INDIAN STREET YOUTH

SCOPI and the United Indians of All Tribes Foundation recently completed a survey designed to provide a statistical profile of the condition of Indian Street youth in the Seattle area. Interested persons may obtain a project report and access to statistical data by contacting Sue Walsh, executive director of SCOPI at 382-5013 or by writing to SCOPI at 909 Fourth Avenue, Seattle, WA 98104.

TRAINING UNDER G.I. BILL EXTENDED

Under a recent law, eligibility dates for training under the G.I. Bill have been extended for some Vietnam era veterans. The extension, to Dec. 31, 1984, applies to veterans who do not have a high school diploma and for those who are found to be in need of vocational or job training because they are unskilled. Futher information can be obtained by contacting the Seattle VA Regional Office. Toll free numbers to the Seattle office listed in community phone books.

FREE TAX HELP

Free tax assistance for seniors age 60 and over in preparing 1982 returns is available each Thursday from noon to 4 p.m. in Room 231 of the Downtown Library, Fourth and Madison, through April 14. This service is provided by the Tax-Aide/TCE Program of the American Association of Retired Persons. Call 285-3110 for information and for other locations.

KUNG FU CLASS AT EAST CHERRY YWCA

A Kung Fu class for beginners is being offered at the East Cherry YWCA. The instructor teaches mental and physical discipline with an emphasis on self-defense. Ages four through adult are accepted. Classes are Mondays from 6 to 7:30 p.m. Call 322-0186 for more information.

NEED A SPEAKER? CALL SEATTLE U

Seattle University's Speakers Bureau is now underway for 1983 with more than 60 faculty members and administrators ready to speak to clubs, organizations and schools in the Puget Sound region. SU speakers are available to talk about a wide variety of subjects ranging from alcoholism, economic trends, computers and the arts--to the University itself. Call Seattle University's Office of Public Relations at 626-5656.

CHILDREN'S FAIR FOR YOUNGSTERS

The Parent Cooperative Preschools at North Seattle Community College are presenting a Children's Fair for youngsters through seven years of age, from 9 a.m. to 3 p.m. March 12 in the college cafeteria. The fair will feature a fish pond, fabric crayon art, a cardboard box maze, mask making, and fee and face painting. Admission to the fair is free. Call Sandy Rankins, 634-4477, in the NSCC Home and Family Education Division.

JOB-FINDING WORKSHOP

Are you an unemployed woman discouraged by an unrewarding job search? The Women's Employment Network offers a free job finding workshop and placement assistance. The Women's Employment Network will be holding a special introduction to the program on March 17 at Seattle Central Community College. Find out how you can find a higher paying job. Call the Women's Employment Network at 764-5815.

APPLICANTS NEEDED FOR PLANNING COMMISSION

Mayor Charles Royer is seeking applicants for two openings on the City Planning Commission. The 15-member Planning Commission advises city government on major physical development plans and policies. The commission reviews major land use and development policies and plans and makes recommendations to the mayor, city council and city departments.

HELP FOR VISUALLY IMPAIRED CHILDREN

Vision Services, an agency for the visually impaired, has implemented a specially designed vision stimulation program for children who have visual impairment or low vision. This program offering necessary activities to aid a child's full development is a vital approach toward the realization of a child's full potential. The purpose of vision stimulation is to maximize the use of remaining vision, as well as be a preparation for the possibility for optical aids.

More COMMUNITY BRIEFS, Pg. 6

PHILIP L. BURTON—KEN C. BURTON

ATTORNEYS AT LAW

Personal Injury—Employment Discrimination

(no charge for initial consultation)

Seattle First 5th Avenue Plaza, Suite 3500

(5th at Marion) 623-2468

SPORTS Cont'd.

Black Skiing Organization Celebrates Tenth Year

They call it the Black Summit. They call themselves the National Brotherhood of Skiers (NBS).

And when the NBS meets later this month in Big Sky, Montana, it will be its sixth Black Summit and tenth anniversary.

Every two years since 1973, hundreds of Black skiers get together for an action-packed week at one of the nation's major ski resorts. This week-long ski gala happens to be the second largest skiing convention in the world.

From March 19 through the 26, more than 1,500 Black skiers will take on Big Sky, located 45 miles south of Bozeman and a mere 18 miles north of Yellowstone National Park, Wyoming.

"This is the first time the Black Summit will totally occupy all of the lodging facilities in a ski resort," boasts NBS President Ben Finley.

Finley has a right to be proud of the Black Summit and the NBS.

He and co-founder Art Clay hosted the first Black Summit in Aspen, Colorado in February, 1973. Finley, president of a Los Angeles-based Black ski club, Four Seasons West, and Clay, then a member of the Chicago Sno-Gophers, joined nine other Black clubs for a week of skiing at the "summit" of Aspen Mountain. That was 10 years ago.

Today, the NBS claims 32 Black ski clubs and 6,500 members.

"Our membership mirrors the Black community", says Finley. "We've got professionals, scholars, blue-collar and white-collar workers, men, women and children, even some unemployed. Skiing might be limited to the affluent among whites, but that's not the case with us".

"Of course, we ski for fun", he added. "But we also have a purpose".

The NBS has a dream. Its members want to see lots of Blacks on future U.S. Olympic Ski Teams. "Maybe as soon as '88", says Finley.

One of the major goals of the organization is to identify, promote, and finance young Olympic-caliber minority skiers. Currently, it sponsors five young Black skiers. They are Jeff Thompson, a 12-year-old Chicagoan and the NASTAR Midwest Junior champion; 18-year-old Mark Gunn of Cleveland and 10-year-old Deanna Lowman of Denver.

The NBS also sponsors two handicapped skiers. 18-year-old Bonnie St. John is an amputee from San Diego and Chris Montgomery, 31, is a blind skier from Chicago. St. John, a one-legged whiz kid and Harvard freshman, has an especially good chance of making the '84 US Handicapped Olympics Ski Team.

The week-long Black Summit, although filled with skiing and socializing, is designed for serious planning by the NBS leadership. They want to raise at least $100,000 this year for the Olympic Scholarship Fund. Another $50,000 is expected to come from the fund-raising efforts of the 32 member clubs.

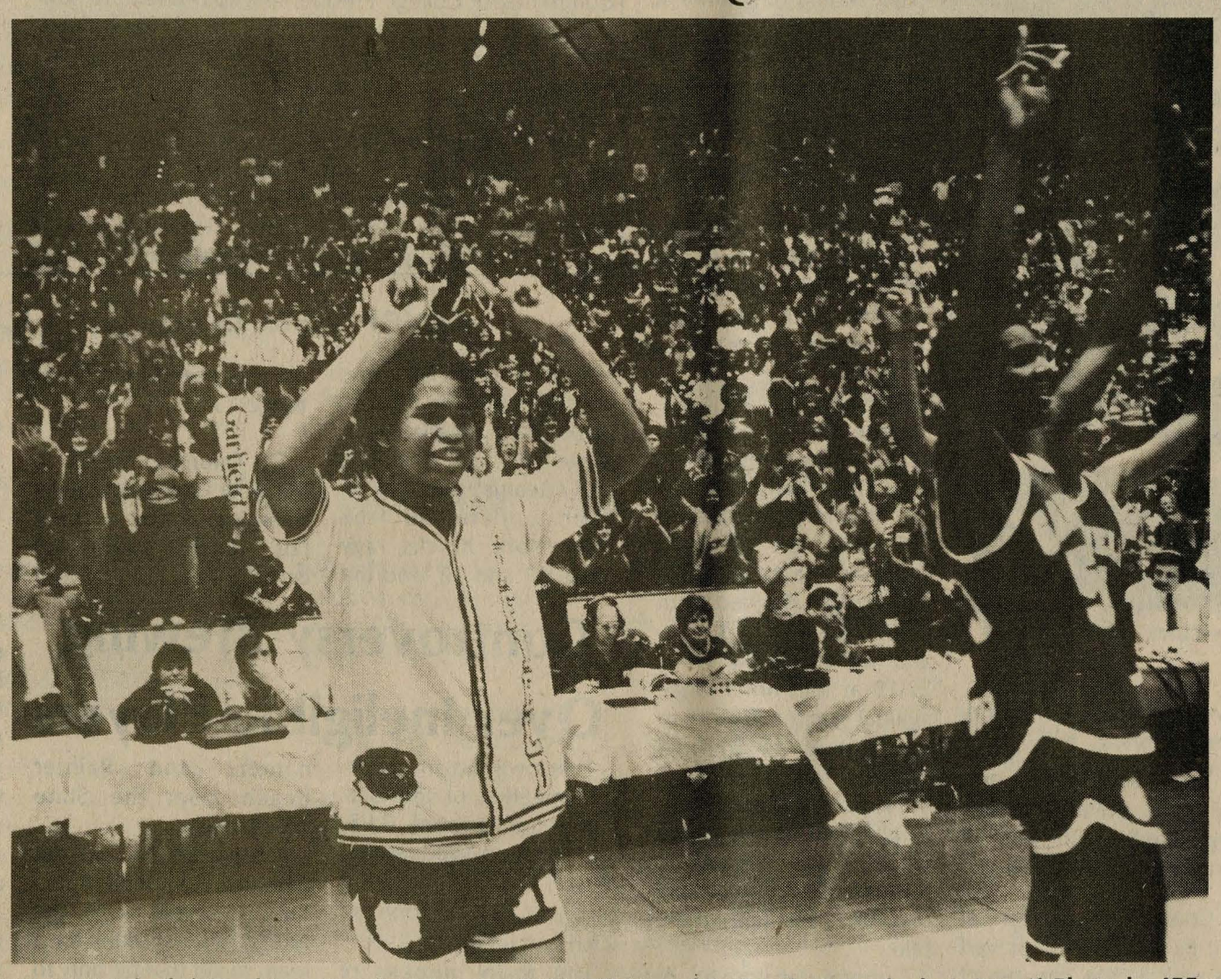
This biennial event always attracts a few stars from the entertainment and sports worlds. Black Summit '83 should be no exception. Expected to challenge the Big Sky slopes along with the NBS downhillers are LeVar Burton of "Roots" fame, former heavyweight champion Ken Norton and popular ebony songstress Dionne Warwick.

Finley is realistic, however, despite his group's 10-year success. "The NBS dream of an Olympic skier by 1988 might not materialize, but in time, "he believes", it will. Like everything else, it takes money."

Tax-deductible contributions can be made to the "NBS Olympic Scholarship Fund" by mailing them to: Frank Jones, NBS Assistant Treasurer, 1977 Sussex Road, Teaneck, New Jersey 07666.

For additional information, contact Gus Pannell, (303) 758-2885.

Garfield Bulldogs No. 1!



Jeff Woods (left) and Van Beard (right), Garfield Bulldogs, showing the crowd who's No. 1! Photo by JEF JAISUN.

Track Season Begins For SCAA

Saturday, March 12 marked the official opening date for the 1983 South Central Athletic Association track season. Sign-ups were held at Garfield High School.

The 1983 program will feature group teams from 8 years to 18 years old. Practices will be held Mondays, Wednesdays and Thursdays at 5 p.m. at the Garfield track. Novice meets will begin in April.

SCAA has developed a national caliber track and field program over the years. During the 1982 season, over 175 boys and girls participated in the program which resulted in one of the most successful teams in the nation.

SCAA won 17 national championships and established several national and regional records. Seven South Central athletes also earned college scholarships for track and field.

The 1983 program should be a very exciting one, with many outstanding young people looking forward to a rewarding athletic experience.

SCAA is located at 521-20th Avenue. Call Leonard Smith at 442-0584 for more information.

Karate Classes

The art of self defense is the oldest, most comprehensive study of the capabilities of the human body and economics of motion. It's also a very effective way of defending yourself against many forms of personal attack -- and is one of the best forms of physical exercise known today.

A Rainier Beach area school of Chinese Kenpo Karate is offering a special group rate through the Southeast Youth Service Bureau for women who wish to learn a modern, updated method of self defense. The group rate includes 12, one-hour sessions, twice a week for six weeks.

Sessions are held weekday afternoons or evenings and Saturdays. Cost is $55 per person.

The seminars provide intensive instruction on self-defense theory and basic answers to common self-defense situations in a workshop environment.

Direct inquiries to: Kenpo Northwest Headquarters, 722-5510, or Southeast Youth Service Bureau, 721-5542.

Part of this fee will go to help support the Youth Service Bureau's effort to reduce juvenile crime in Southeast Seattle.

The Wheedle Skates For Heart

The Wheedle, the official mascot of the SuperSonics, has come to terms with the American Heart Association of Washington and the Roller Skating Rink Operators Association, and will serve as the honorary Skateperson for Skate For Heart.

As the "spokesmascot" for this fund raising activity, Wheedle will be making several appearances at local skating rinks March 26-27.

In exchange for his services, Wheedle will receive ten pounds of chocolate cookies, 15 gallons of two-percent milk, and one pair of over-sized roller skates.

Wheedle will now train the youngsters in the area as they prepare to promote the good exercise value of skating, and help raise money for heart research. Participants can win T-shirts, jackets, gym bags, roller skates and video games.

TV Circles

By Gayle Discoe

Words in the list below appear across, up, down, backwards and diagonally in the diagram. Find each word and circle it. Some circled letters appear in more than one word. Letters that form answer are left over. Arrange them in order to arrive at answer.

Clue: IF YOU WISH UPON A STAR...

M E V R E H C P L S C S W N E
R U Y A P O A E U H D I R T L
R A N O U R V O A E S E A I C
O C W P A A I L E H N F F B S
A E I D R R L D E W U E A E E
R A I T E E E S O L S N R C N
K S A T N B D O T E A I N A S
E L S G O A T I S E S A B O T
E Y E N S T M I C E R L D R S
M T A D A A R O D T A R O E E
M I G T T P N P R T A P L T J
R L U E R T E O N C I B O U A
A A E U E R S O I C A M L E F
H E S S I E M R A F E I R E L
C R T L R N T L D R E A M S I

(SOLUTION: 13 letters, 2 words)

ABC, Area, Challenge, Charm, Contest, Coup, Debonair, Deeds, Desires, Dreams, Fables, Fate, Guest, Herve, Julie, Life, Montalban, Mr. Roarke, Mysterious, Ocean, Owner, Paradise, Peril, Power, Reality, Remote, Resort, Ricardo, Romantic, Surprises, Tale, Tattoo, Trance, Travel, Tropical, Ultimate, Unpredictable, Wishes

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ANSWER: Fantasy Island

GRAND PRIZE WINNER'S WORDS

"Three generations of nurses will share my year's supply of 13 wonderful General Foods foods!"
Ms. Vernelle McGhee, Tampa, Florida



"I was never a big winner of anything before, so I was knocked off my feet!" That's how Vernelle felt about winning the General Foods "biggie"—the Meal Ticket Grand Prize for her super-enthusiastic letter about Jell-O Gelatin. Fact is, she seems to love all 13 General Foods products above.

We were glad to hear that, because Vernelle will receive a year's supply of every one of them...which she plans to share with her Mom, Ocie, and her daughter, Rorrie. Both are nurses, just as Vernelle is. If you'd like a winning experience—taste a General Foods product! Quality can be delicious.

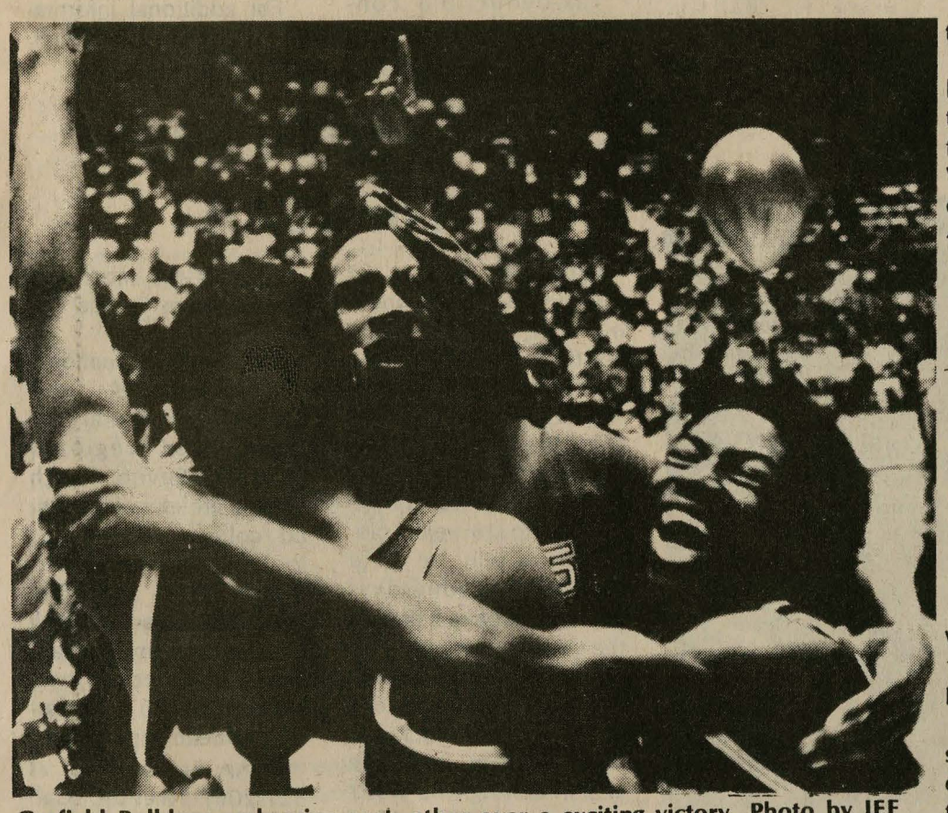
GF GENERAL FOODS

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The Medium's SPORTS Section

Wiley Davis, Executive Sports Editor

Garfield Bulldogs Capture State Title



Garfield Bulldogs embracing each other over a exciting victory. Photo by JEF JAISUN.

By Wiley Davis

For the fourth time in 10 years and the 10th time in 28 years, the Garfield Bulldogs have been crowned State Class AAA Basketball Champions, winning over Walla Walla 44-42 in double overtime Saturday night in the Coliseum.

On the strength of their fine team play and outstanding individual efforts, the Bulldogs beat back the challenges of Shadle Park, Curtis and Walla Walla enroute to Coach Al Hairston's second state title.

For Glen Tinned, Van Beard, Frank Wilson, Eric Briggs, Roger Brunswick, Jeff Woods, Henry Munroe, Steve Johnson, DaVon Ball, Kevin Johnson and Andre Linear, it has to be a tremendous accomplishment to come away with the ultimate of high school basketball prizes.

Garfield finished the season with a 20-6 record, but it was the last 6 victories that truly tested the Bulldogs' character. To wear the crown of state champions, one must endure and survive extreme pressures and emotions. For Garfield, the state tournament was exactly that.

In the first game of the finals, Garfield defeated Shadle Park 58-57 in overtime. Eric Briggs paced the Bulldogs with 16 points followed by Glen Tinned with 12. Garfield trailed at the half 31-26 but scored the first seven in the third quarter to take over the game's tempo.

With Tinned and Briggs scoring on layups and bank-shots, and Van Beard asserting himself on the defensive end, Garfield was able to hold off the stiff challenge of Shadle Park. This set up the dream match-up between the state's No. 1 and No. 2 rated teams. Curtis of Tacoma, rated No. 1, had beaten Oak Harbor 45-43 in its quarter final game Thursday night.

Riding a 25-game win streak, Curtis was to face its most formidable challenge to date in the semi-finals against the Bulldogs. The opening tap went to Garfield and Eric Briggs scored the first basket of the game. It was then that Curtis knew they would be in for a game.

However, Curtis soon found the range and took an impressive 18-10 first quarter lead. But as the case has been all season, Garfield's defense went to work, holding Curtis to 5 second-quarter points.

Garfield trailed by only 1 at the half. The Bulldogs picked up the tempo in the second half. Spurred by Van Beard's shot-blocking, Glen Tinned's shooting and Frank Wilson's passing, the Bulldogs were on the march. The rest of Garfield's points came from the charity stripe with Roger Brunswick, Jeff Woods and Wilson doing the honors.

Tom Redburg led Curtis with 17 points followed by Dave Morrison with 13 and Bob Ostlund with 12.

Coach Don Huston of Curtis felt his team played as well as it is capable of playing but Garfield played a little better.

Walla Walla which had beaten Franklin in the other semi-finals game 68-52, was next in line for the Bulldogs.

Considered by many to be one of the state's better balanced teams, Garfield went on to defeat Walla Walla in a thrilling double overtime game 44-42. Frank Wilson's free throw with less than a minute remaining in the second overtime proved to be the winning points.

Glen Tinned, who was named AAA tourney MVP, led the Bulldogs in scoring with 15 points followed by Frank Wilson with 10.

Dave Martin led Walla Walla with a game-high of 17 points. Toby Long and Earl Streufert each had 10.

Garfield got off to a sluggish start, perhaps emotionally drained from their big win over Curtis, and trailed Walla Walla 22-19 at half time. Once again it was the defense to the rescue as Garfield limited Walla Walla to 5 third-quarter points.

But Walla Walla stayed tough, finally forcing the Bulldogs to go into double overtime to nail down the title.

Congratulations to Al Hairston and his staff for providing an exciting and enjoyable season of basketball. Now the task of placing his senior into colleges and universities is uppermost on his agenda.

Franklin Finishes 5th

The **Franklin Quakers** finished the tournament in 5th place, after an opening game victory over Bethel 49-46 in overtime. The Quakers dropped the next two games 68-52 to Walla Walla and 58-54 to Curtis.

The loss to Curtis was a much better performance by Franklin for they were soundly beaten in an earlier match-up in the regionals. Michael Bryant, who was chosen to the All-Tournament Team, and Mark Kaska who was earlier selected to the All-Metro Team, led Franklin throughout the finals averaging 19 and 9 points, respectively.

Franklin finished the season with a 19-9 record. Coach Dave Belmonte, chosen as Metro Coach of the Year, has the task of placing his seniors into colleges and universities of their liking.

Congratulations for a fine season of basketball.

Boys Class AA

The **O'Dea Irish** lost to Centralia in the semi-finals Friday night 71-60 despite Troy Miles' 32 points. This ended O'Dea's quest for the AA title. O'Dea had opened the tourney with a 64-62 victory over Sehome when Troy Miles culminated a 30-point effort with a game-winning 20 foot jump shot at the buzzer.

This was to be O'Dea's only victory as they lost to Cheney on Saturday night 62-57. Eric Nelson led O'Dea with 21 points followed by Troy Miles with 15.

Miles was selected to the All-Tournament Team in addition to being named first team "All-Metro and Star Times" by the P-I and Seattle Times.

Congratulations for an outstanding season.

Girls Class AAA

The **Garfield** girls beat Rogers of Puyallup 84-73 Saturday night to earn third place in the tournament. The Bulldogs set four records and tied another enroute to their third place finish.

Garfield set the single game scoring record with 84 and the three-game tourney scoring record with 233. Tracy Heliton passed for a tourney record 16 assists and a three-game total of 31.

Garfield's 35 field goals tied the tournament record set by Clover Park in 1979.

In Garfield's victory over Rogers, Shirley Walker scored 31 points while Dawn Pruitt added 28 and Tracy Heliton 17. Walker and Heliton were selected to the Seattle Times' "Star Times Team."

Congratulations to the team and the coaching staff for a fine job.

Girls Class AA

Chief Sealth finished in third place beating North Kitsap 74-57 Saturday night at the Arena. The 74 points set a tourney record for most points in a single game. The 29 field goals tied a two-day old tourney record held by Sehome.

Carolyn Laufasa, Sealth center, and senior guard Antoinette Daniel paced Sealth throughout the tournament. Sealth finished the season with a 23-3 record.

Congratulations to the coaching staff and the players for a fine season.

1983 Tournament Placings

Boys Class AAA
1. Garfield (Seattle)
2. Walla Walla
3. Curtis (Tacoma)
4. Oak Harbor
4. Franklin (Seattle)
6. Bethel (Spanaway)

Boys Class AA
1. Olympic (Silverdale)
2. Centralia
3. Cheney
4. Bellingham
5. O'Dea (Seattle)
6. Sehome (Bellingham)

Girls Class AAA
1. Auburn
2. Everett
3. Garfield (Seattle)
4. Richland
5. Rogers (Puyallup)
6. Gonzaga (Spokane)

Girls Class AA
1. Sehome (Bellingham)
2. Woodway (Edmonds)
3. Sealth (Seattle)
4. Olympic (Silverdale)
5. North Kitsap (Poulsbo)
6. Hanford

Send your sports announcements to The Medium, c/o Wiley Davis, Executive Sports Editor, P.O. Box 22047, Seattle 98122.

Time Out... With Wiley

New NCAA Academic Rules To Be Modified

Black college presidents will meet this spring with the Committee of College Presidents who drafted the newly adopted rule on academic requirements for athletes. Their assignment will be to develop strategies that will modify the new regulations, which require that students earn a minimum standardized-test score and a minimum grade point average in a specific curriculum to participate in sports in their freshman year.

It became apparent to the committee that mandatory test scores do not adequately predict college success nor address the problems associated with college bound students, but could be perceived to have a discriminatory impact on Black student athletes. Sources close to the committee feel that a proposal to eliminate freshman eligiblity in football and basketball will be adopted.

The 37-member president's committee is sponsored by the American Council on Education. Samuel L. Meyers, president of the National Association for Equal Opportunity in Higher Education, said that ending freshman eligibility was gaining support among Black college presidents and others who are critical of the new rules concerning freshman eligibility.

Meyers went on to say that "Whatever compromise is reached in the dispute over the rule, it must be one that puts emphasis on educating the people to bring to universities, not on restricting access to the universities."

The presidents have established other subcommittees to study issues involving recruiting, enforcing rules on recruiting, T.V. Revenues, divisional structure of the NCAA and the Governance of the NCAA.

Rainier Vista Boys, Girls Club Basketball Highlights

The Rainier Vista Boys and Girls Club is running basketball leagues that range from ages 6-18. Out of 17 teams, two still remain undefeated: the New York Knicks, age range 11 and 12, and the Milwaukee Bucks, age range 13 and 14.

On Saturday, March 5, the New York Knicks led a smashing victory over the Los Angeles Lakers by center, Ian French and guard, Mike Jackson.

French tallied the night off with 22 points, 6 assists, 26 rebounds, and 6 block shots while Jackson added 14 points, 10 assits, 4 rebounds and excellent ball handling.

Coach Nate Miles of the New York Knicks was asked what makes his team burn: "I asked my team at the beginning of the season what did they expect their record to be at the end of the season and they said 11 and 0. So, all I do is keep them in shape and let them win!"

Miles added that guards, David Phillips and DeDe Phillips, and forward, Kenny Buss, have a lot to do with their winning success. "The team works together."

The Milwaukee Bucks are led by center, Troy Frazier and forward, E. Motley. On March 5, the two combined to score 42 points in a victory over the Washington Bullets, with an ending score of 56 to 24.

Frazier's season high is 40 points against the Bullets on Frebruary 12. One thing that makes this team click is their vibrant and sophisticated coaching staff, Robert Fisher and Charles Matthews.

Fisher and Matthews were asked about their philosophy in dealing with their team: "We just find out where each person on the team is coming from and try to work their personalities into the kind of game we would like to be played. We feel that because of this we are coming out on top!"

The Rainier Vista Boys and Girls Club would like for you the public to watch the exciting games on Wednesdays, Thursdays, Fridays and Saturdays. Call Rainier Vista at 725-4197 for game times. Refreshments will be sold.

James Buchanan is program director of the Rainier Vista Boys and Girls Club.

Controversy Brewing Over Ineligible Players

There will be an important meeting of the Garfield High School P.I.E. and PTSA on Wednesday, March 16, from 7:30-9 p.m., at the school on 23rd and Jefferson.

The main purpose of the meeting, according to John Breland, president of P.I.E., is to discuss alleged player-ineligibilities at Garfield and Rainier Beach High Schools, which disqualified Garfield from a portion of the Metro League Tournament and Rainier Beach from the State Tournament.

"We want to find out what really happened and how to avoid it in the future. It's disgusting for a team to get that far only to be kicked out for player ineligibility at the last minute," stated Breland.

Breland said Barbara Twardus, athletic director for Metro, will be on hand to answer questions. For more information, call Breland at 325-4597.

In 1974, playing for the St. Louis Cardinals, Lou Brock stole a record 118 bases.

CENTRAL AREA YOUTH ASSOCIATION

BINGO!

MON - TUE - WED

INTRODUCING C.A.Y.A. BINGO

23rd & Union St. — 12 Noon & 7:15

DAY SCHEDULE
Doors Open 10:30
HARDCARDS $40
COST 50 CENTS
Blackout No. 1 $500 In 50 No's
$50 added daily — One number added weekly
Blackout No. 2 $1000 In 48 No's
$500 In 52 No's
$1 per throwaway — 3 consolations

EVENING SCHEDULE
Doors Open 5:30, Warmup Games 6:30-7:00
HARDCARDS $75
COST 50 CENTS
Blackout No. 1 $1000 In 50 No's
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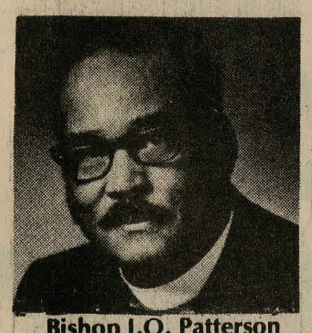
MONDAYS - TUESDAYS - WEDNESDAYS
12 Noon & 7:15 PM — 322-6607
23rd & E. Union — Seattle (Carousel Roller Rink)
On Metro Bus Line No. 2, No. 48, and No. 205

Religious News & Events

Bishop Patterson To Tour COGIC

Presiding Bishop J.O. Patterson, head of the nearly 4 million-member Church Of God In Christ, headquartered in Memphis, Tennessee, announced that he will tour the entire Church Of God In Christ this month.

The denomination leader of the predominantly Black Pentecostal church annonced that ASU (All Saints University), scheduled to open in Memphis in late 1984, is near completion, and his visits to the several areas of the church, are designed to expose the national church to the grass-roots members who never attend national conventions or convocations.



Bishop J.O. Patterson

The Presiding Bishop will introduce many new and innovative programs for the church's youth ministries and mission ministry.

Those interested in attending the sessions should call the Church Of God In Christ nearest your residence or the bishop of the Church Of God In Christ in your community.

Annual Men's Day At Walker Chapel

Walker Chapel A.M.E. Church welcomes the entire city of Seattle to participate in its annual Men's Day observance. The theme for the Men's Day is, "The Christian Man - The Hope and Strength of Our Community".

The Men's Day theme seeks to highlight the essential role the Christian man plays in the life of the Black community.

"We readily recognize the contribution of athletes, entertainers, politicians, and other high visibility professionals but rarely the hard working, dedicated, sincere spiritual man who has always been the backbone of our community. So in honor of that "Man," regardless of his profession, we celebrate Men's Day at Walker Chapel," said an organizer of the event.

The Men's Day weekend will consist of three major events, all at the church. Saturday, March 19 at 7:30 will be family night of the featuring the Honorable Judge Charles V. Johnson as guest speaker. He will speak on the role of the man in the family.

Reservations for the banquet can be made by calling the church at 325-8468 Wednesday and Friday 10-3 p.m. or Thursday 9-12 noon.

The morning Worship will be Sunday at 10:30. The speaker will be Rev. Winthrop Cameron. There will be an afternoon service at 4 p.m. and the Rev. Leslie Robinson of Bailey A.M.E. Church, Everett, will be the guest speaker.

The pastor Rev. Madison T. Shockley and the entire Walker Chapel family invite you to participate in any or all of the events during their Men's Day weekend. The church is located at the intersection of Dearborn and 28th Avenue South.

Arts Bazaar Invites Participants

Opportunities will be aplenty for artists, artisans, product distributors, counselors and entertainers to exhibit their goods and services on March 26 at a festive arts bazaar, sponsored by the Seattle Church of Religious Science.

Kicking off the church's eight-day Easter celebration, the bazaar will take place from 10 a.m. to 4 p.m. in a large circus-like tent at 11700 First Avenue N.E.

In addition to the arts bazaar, activities at the site will include entertainment for children throughout the day and a sale of fresh baked goods. The public is invited to attend free of charge.

The cost of booth space is $10. For details and booth reservations, contact Candace Smith at 522-4293, or Ann Peterson at 644-4456.

Prince Hall To Honor Two

The Prince Hall Grand Lodge F. & A.M. will honor Jeri Ware and City Councilman Sam Smith, two of Seattle's most outstanding citizens, on Saturday, April 2 at 7 p.m.

The event will be held at the Sea-Tac Marriott Hotel, 3201 South 176th Street. Tickets can be purchased from the Cherry Cleaners, 2510 East Cherry Street, and the Masonic Temple on Thursdays between 7 and 10 p.m., and Saturdays from 8 a.m. to 2 p.m.

Donations are $20 per person. Reservations are required prior to March 30.

For more information, call the Masonic Temple at 323-8835, or the Cherry Cleaners at 323-8844.

Chapter Meeting At Prince Of Peace

The Puget Sound Chapter of the Gospel Music Workshop of America, Inc., will be held at the Prince of Peace Baptist Church, 740 25th Avenue S. at S. Dearborn, on Saturday, March 19 in the sanctuary, at 12 noon.

All persons interested in hearing the report from the National Board Meeting, which was held in Chicago last week, are urged to attend. The meeting will only be held for one hour.

Persons wishing to join are also cordially invited to attend. Other important business will also be discussed.

Women's Day At Mt. Zion

The Annual Women's Day Program at Mt. Zion Baptist Church will be held March 17—20 at the church on 19th and E. Madison.

The theme is "Continuing the Challenge to Serve and Daring to Grow." Keynote speaker is Rev. Brenda Williams-Piper, assistant pastor, Second Baptist Church in Evanston, Illinois.

Chairperson of the event is Eve Reingold; Nan Edwards, president. Rev. Dr. Samuel McKinney is pastor.

For more information, call Mt. Zion at 322-6500.

KFC Gospel Music Competition

WASHINGTON, D.C. — The Kentucky Fried Chicken Corporation has announced its plans to sponsor a major gospel music competition in the Baltimore - Washington area. The competition kicks off this April with a series of preliminary auditions in both cities, with finalists competing for a grand prize at the John F. Kennedy Center for the Performing Arts finale scheduled for July 10, 1983.

The KFC Gospel Competition is open to church-sponsored singers in four categories including: choirs, gospel singing ensembles, and male and female soloists. The Louisville-based food chain has enlisted the National Coalition of Black Church Musicians to assist in this effort.

Coalition Director, Whyethia Knight, said, "This first-of-its-kind effort by a major corporation operating in this community marks an important step in presenting Black gospel music to a wider public audience. We are especially pleased with the range of the competition which we believe will result in a greater appreciation of the gospel music form, and will also result in the discovery of new talent."

In addition to trophies, churches sponsoring grand prize winners in each of the four categories will receive a contribution of $1500 with $750 awarded to the runners-up.

Entry forms, carrying a deadline of **March 18, 1983,** can be obtained, along with competition guidelines, by sending a stamped, self-addressed envelope to: KFC Gospel Music Competition, P.O. Box 28604, Washington, D.C. 20005.

For more information, call Shelley Jackson or Joanne Williams in Washington, D.C. at (202) 347-3440.

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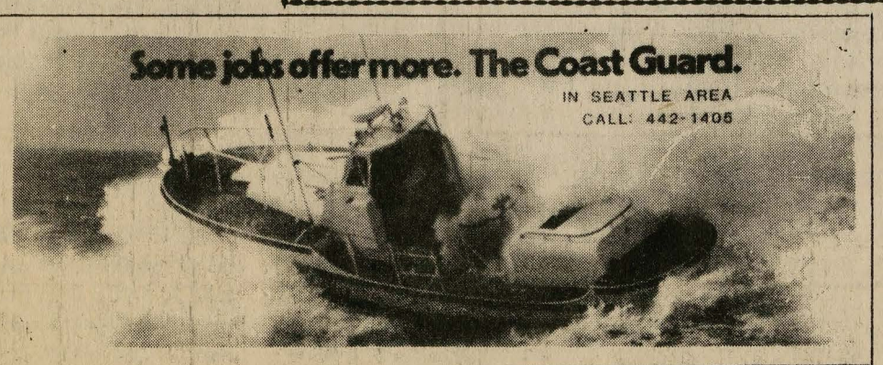
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Spann To Address Renton Pentecostal



Dr. Mary L. Spann

Dr. Mary L. Spann of Brooklyn, New York will address the Renton Pentecostal Full Gospel Church now through March 18 at 7 p.m. each night. The church is located at 1015 N. 29th St. in the old Kennydale area.

For more information about this dynamic woman of faith, call the Renton Pentecostal Full Gospel Church at 226-7411 or 722-2413.

Elder James Shaw is pastor of the church.

Benefit For F.A.M.E. Head Start

The F.A.M.E. Head Start Parent Activity Committee is sponsoring a benefit on Friday, March 18, at Campion Towers from 9 p.m.-2 a.m. to provide monies for children and parent educational activities, such as computer workshops, swimming lessons and field trips.

F.A.M.E. Head Start is a federally funded program serving 143 children and families throughout the community.

Our children are the future, exposing them to the opportunities provided by this program, guarantees them a brighter and happier lifetime. The children of F.A.M.E. need your support.

Donations are $4 for singles and $7 for couples. Music will be provided by Dr. Funkenstein.

For more information, call 329-5800. Campion Towers is located on the Seattle University campus.

CHURCH BRIEFS

TRINITY FAITH AT ITS BEST

The Trinity Faith Temple Family invites the community to attend "Trinity At Its Best". There will be many talents displayed during this service: poetry, songs, and personal testimonies. Special guests include the Northwest Connection, and Sugar Bear (from the Emerald Street Boys) will bring "The Gospel Beat" composed and sung by Pete M.C. Sweet. The event takes place March 19, 7:30 p.m., 2201 East Union. It is directed, produced and presented by the Trinity Singers' president, Minister Brenda (Wells) Frost. Elder A.L. Roberson is pastor of the church; assistant pastor, Min. G.W. Frost, Jr. Call 325-7184 for more information.

PRIMM TABERNACLE THANKS COMMUNITY

Primm Tabernacle A.M.E. Church wishes to thank their friends in the greater Puget Sound area for making the concert and revival services with Rev. Cheviene Jones of St. Louis, Missouri a total success. A special thank-you goes to The Medium for superb photo coverage and articles written about Rev. Jones and the revival week. If anyone would like cassette tapes of the revival services, call Primm Church at 723-2038. The tapes will be available for purchase in two weeks. Presiding Elder Jewel B. DeWitty is pastor.

CHICKEN DINNERS AT PRINCE OF PEACE

The Sunday School Department and the Mission Department of the Prince of Peace Baptist Church are sponsoring a chicken dinner on Saturday, March 19, at the church, 740 25th Avenue South at South Dearborn, beginning at 11 a.m. Dinners may be taken out or eaten at the church. For orders, call 322-3271. Dinners will also be delivered in the Central and Southend to Rainier Valley. Rev. O.J. Moore is pastor

VOLUNTEERS SOUGHT FOR PROJECT SKILLS

Project Skills needs volunteers this spring to serve as guides for former substance abusers who are re-entering the community from residential treatment programs. Volunteers will assist clients in becoming involved in community organizations in an effort to broaden their social networks. There will be 10 Monday evening training sessions and an additional 2-3 hours a week spent with individual clients. An orientation session will be held Monday, March 21 at 7:30 p.m. in the School of Social Work. Course credits may be arranged. Call Barbara Cunningham, 543-6584 or 545-1997 for further information.

MUSIC OF PRAISE CONCERT

The fifth in the Masters' Music of Praise Concert series will be presented by Gethsemane Lutheran Church on Sunday, March 20 at 4 p.m. "An Encore Concert" will feature the Pacific Lutheran University Chorale in a program from their Hawaiian Winter Tour. The Choir is under the direction of Edward Harmic. The organist will be Joseph Petit. Gethsemane Lutheran Church is located at 911 Stewart Street.

MULTI-CULTURAL DINNER AT CLEVELAND

Cleveland High School's Associated Student Body will sponsor its annual Multi-Cultural Dinner from 6:30 to 9 p.m. on Friday, March 18, in the Cleveland High School Gym. Money from this event will be used to help finance school activities. The school is located at 5511 - 15th Avenue South. Call the school at 587-3550 for more information.

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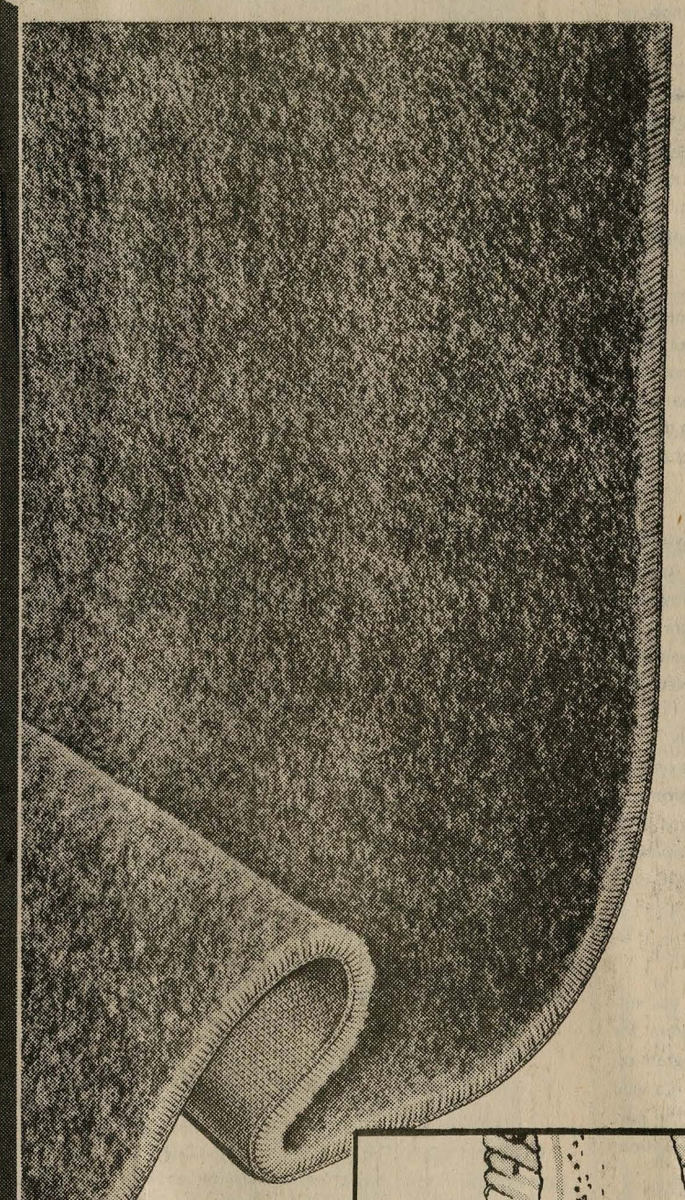
SPECIAL PURCHASE CARPET

Special Plush **9.99** sq. yd.

Enjoy features found in our $19.99 sq. yd. Positively Plush at 1/2 the price

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Co-ordinating rugs also on sale.

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Save 30% on bath size towels

Diane Von Furstenberg® solid color terry towels are made of super absorbent cotton and polyester.

While quantities last.

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Save 50% on twin sheet sets

Diane Von Furstenberg® Perma-Prest® sheet sets, in solid colors. Twin set includes flat and fitted sheet, standard size pillowcase. **Other sizes also 50% off**

Sale prices throughout this section will be effective Wed., March 16, thru Sat., March 19, unless otherwise noted. Most items at reduced prices. Sears Washington State Contractor's permit number: SEARS-SR-372NT.

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CRIME REVIEW

(Editor's note: Crime Review is a public service of The Medium Newspaper, through the cooperation of the Seattle Police Department. This information is provided to inform citizens of crimes which occur in area neighborhoods. Hopefully it will inspire you to take the necessary measures to protect yourself and your valuables. For emergencies dial 911 for police, fire, Medic I, etc.)

March 8, 1983

Burglary

Police are looking for a person who stole a tape deck from a home in the 700 Block of 26th Ave. So. The suspect apparently entered the house through an unlocked bedroom window. The tape deck is valued at $200.

Stolen Credit Cards

Two gasoline credit cards were stolen from a Seattle business and the owner gave police a lead on a possible suspect. When police located the suspect and talked with him, the cards were found in his possession. The suspect was placed under arrest for possessing stolen credit cards.

Theft

A student at a high school on 23rd Ave. reported that a young man who does not attended the school approached her in the hallway as she talked with a friend and ripped the gold chain she was wearing from her neck. The value of the chain is unknown.

Theft

A saxaphone was stolen from a student locker at a high school on 23rd Ave. Two male suspects were seen running from the school carrying a case which fit the description of the one stolen. The saxaphone is valued at $1,040.

Criminal Trespassing

Two teenagers were seen pulling the fire alarm at a middle school on South Jackson Street. The suspects are students at the school who were suspended during the first week in March. The school custodian who witnessed the incident identified the students.

Theft

A woman in the 2500 block of So. Lane reported that while she was on vacation, her welfare check ($500.31) was stolen from her mailbox. $130 worth of food stamps was also stolen. There are no known suspects.

Burglary

An unknown suspect burglarized a house in the 3000 block of 20th Ave. So. and stole a Winchester rifle. The bedrooms of the home were ransacked. The owner does not know the cost of the rifle.

Robbery

A man reported that he went to a cafe near 4th and South Holgate and as he was getting out of his truck, some one hit him over the head. When he awoke $200 was missing from his wallet. There are no known suspects.

Assault

A woman reported that she was at a restaurant in the 7000 block of Martin Luther King, Jr. Way So. (formerly Empire Way) and a man told her she owed him $5. She reportedly cursed the man. He then punched her in the face with his fist. The woman who has a bruised nose can identify the man.

The Medium Wants To Know...

Text and Photos By Gillie Haynes

Sen. George Fleming has proposed a bill that would ban the use of the choke hold by law enforcement officers (corrections officers, sheriffs and city and county police) except in life-threatening situations. Do you think the choke hold should be banned?



Yes. When people are already bound and shackled I find it hard to comprehend that they're presenting a threat to those who bound and shackled them.

-Juan Huey-Ray



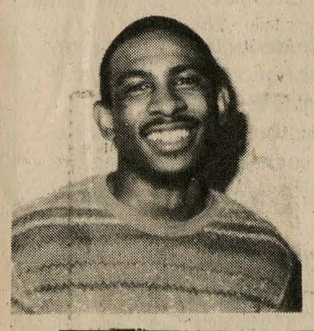
Yes. There are enough policemen where they could subdue a person without endangering their lives.

-David Route



I definitely think it should be banned. There are always three or four officers going on a call, so they don't need that type of control over a person. I feel the way people are being killed is because of emotions rather than logic. The choke hold is an ineffective means to control a person. With the Ron Settles case they say he tightened it himself. That is a bunch of garbage.

-Deborah Miller



There should be a more effective means of subduing a person than by a choke hold. I don't think it should be banned but used with extreme caution. The problem is - who is to decide when a situation calls for extreme caution.

-Victor Lee



I think it should be banned. I was a military policeman in the army in Vietnam. That kind of restraint (the choke hold) is not necessary. It's inhuman and unjustified. What can you do? It's just not necessary.

-Bob James

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spring savings SALE

Most items at reduced prices

Sale prices shown in this section are in effect through Saturday, March 19.
Sears has a credit plan to suit most any need.



They'll lead the Easter Parade in dresses, suits and separates, now on sale save 25%

Dresses. Little girls' Winnie-the-Pooh hand smocked dress, sizes 4-6x, reg. $21.99 . . . . . **16.49**
Toddlers' dress, reg. $18.99 . . . . . **14.24**
Big girls' dress, 7-14, reg. $30 **22.50**

Winnie-the-Pooh sets and suits for boys. Three-pc. set includes vest, slacks, shirt, 4-6x. Reg. $26.99 . . . . . **20.64**

Styles shown are offered only as representative of Sears assortment.

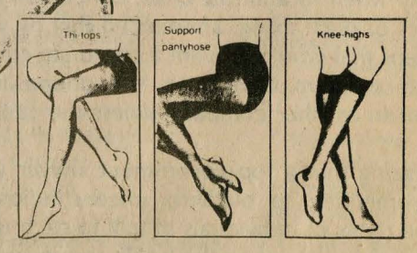
Three-pc. suit of machine washable polyester, acetate lining in jacket and vest. Sizes 3-6x, reg. $42.99 . . . . . **32.99**

Classic Collection. Handsome separates in colors to mix and match. Machine washable polyester.
Blazer, 8-12, reg. $29.99 . . . . **22.49**
Sizes 14-22, reg. $34.99 . . . . **26.24**
Vest, sizes 8-12, reg. $11.99 . . **8.99**
Sizes 14-22, reg. $13.99 . . . . **10.49**
Slacks, sizes 8-12, reg. $15.99 **11.99**
Sizes 14-22, reg. $17.99 . . . . **13.49**
All colors not in all stores.



Sheer, lasting beauty...all Endurables hosiery from pantyhose to knee-highs over 1/3 off

Endurables. What better name for our long wearing sheer hosiery, designed to last and last! Try a pair today. Any style means savings.
$3.99 Pantyhose **2.19**
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Fitting savings on our Misses' Skirts, Pants and Blazers That Fit $4 to $11 off

Skirt, pants and blazer are made of 2-way stretch woven Celanese Fortrel® polyester. Pants and skirt come in regular and full-hip sizes; pants in petite, average and tall lengths; fully acetate-lined blazer in regular or full-cut sizes.

Blazer in basic and fashion colors to match skirt and pants. Reg. $40-$41 **29.99**

Pants with shirred elastic back and inner safety button. Reg. $16-$17. **11.99**

Skirt has set-on waistband with side elastic, slash pockets. Reg. $18-$19. **12.99**

4-way blouse with detachable jabot and string tie. Polyester. Reg. $15-$16. **10.99** each

In our Misses' Sportswear Dept.



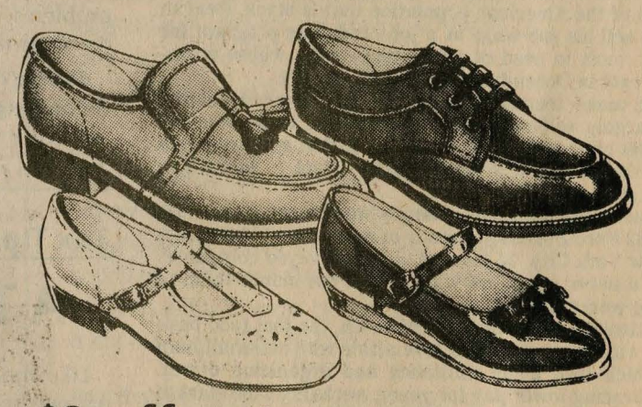
Classic collection Perma-Prest® separates

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All styles have easy-care vinyl uppers and durable PVC soles. Girls' styles come in white or black, boys' in brown or black.

Boys' oxford or slip-on. Regular $13.99 . . . **10.99**
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Girls' T-strap style. Regular $13.99 . . . . . **10.99**
Infants' T-strap. Regular $11.99 . . . . . **8.99**
Girls' wedge style. Regular $15.99 . . . . . **12.99**

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The Medium's ENTERTAINMENT Section

Joe White, Assoc. Entertainment Editor

The "Q" Was Electrifying

By JOE WHITE

Quincy Jones, dubbed the "Q" by his musical counterparts, returned to Seattle for a gala birthday celebration and benefit last Friday, Saturday and Sunday only to leave the Emerald City still rocking from his electro-magnetism. Never before in my existence here, have I witnessed one man captivate a city from the day he arrived, until he departed.

The three-day festivities began with a noon birthday luncheon with over 700 in attendance, where he was awarded citations by government, public and civic officials including proclamations proclaiming March 11, 12 and 13 "Quincy Jones Days" in Washington state, King County and the City of Seattle.

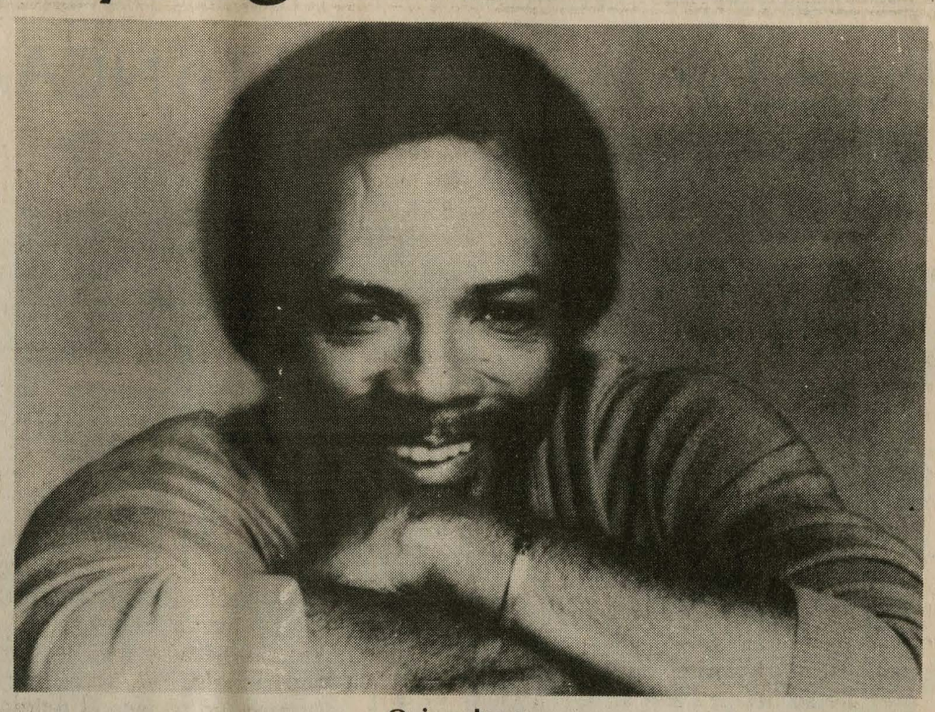
Additionally, greetings from the President and Mrs. Reagan, leaders of the Congressional Black Caucus and Sen. Slade Gorton were read. Garfield High School Auditorium was renamed in his honor.

It was also announced that Garfield and Seattle Central Community College would each receive $120,000 of the $250,000 that was raised from the events. The funds will be used to aid music students.

On Saturday night a capacity black-tie crowd of over 3,000 packed the Paramount to witness one of the most electrifying shows in Seattle that left the whole town talking.

Backed by 25 hand-picked musicians from studios in Los Angeles, which included Grammy award-winner Ernie Watts (*Chariots of Fire),* the Seattle Symphony String Section, Quincy brought out the best in Patti Austin, James Ingram and the legendary Ray Charles.

This event could very well be rated the show of shows in Seattle. Judging from the audience, who ranged from Gov. Spellman, Councilmen Smith and Rice, Rev. Samuel McKinney, Nick Ashford, Alex Haley, the Brothers Johnson and Henry Mancini to welfare rights activist Leola Woffort, I can safely say that the "Q" was not only electrifying but quite on "Q".



Quincy Jones



Among the principal musical instruments developed in Africa were the xylophone, drum, guitar, zither, harp and flute.

Afro-American Salon

Relocation Easter Special

Press & Curl - **$20.00**
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Children Welcome
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Spend A Day Learning To Improve Your Life
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Fit & Together
Health And Fitness Fair
Meet Janice Darling



Date: Saturday, March 19, 1983
Time: 8:30 a.m. to 3:30 p.m.
Place: East Madison YMCA
1700 23rd Avenue
Registration: Fee:
$25.00 Adult pre-registration
$12.50 Students (ID required) and Senior Citizens

Workshops
Exercise (with Janice Darling)
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Making positive choices
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For permanent weight loss, don't diet
How to design your own exercise program
Your workplace can be hazardous to your health

A limited number of scholarships and half price registrations will be available for women who are unemployed and/or who qualify as low income.
The Registration fee includes:
All meals and snacks, workshops, materials, resource information and the **Positive Pulse** Healthy Lifestyles booklet.
For more information call Georgiana Arnold at 587-2788.
Presented by the Black Women's Network & the Seattle-King County Public Health Department.

Emerald City Happenings

By JOE WHITE

Night life in the Emerald City finds Ruby Bishop appearing at **Simonetti's Ristorante** Sundays and Mondays, then moves to the **Oyster Grotto** Tuesdays-Saturdays.

Woody Woodhouse jams Sundays at **Hugo's Bristo Lounge** at the Airport Hyatt. The everlasting **Johnny Lewis,** remains intact at the **Sea-Tac** Red Lion Inn.

The **Johnnie Otis** show featuring Shuggie Otis appears tonight only at **Parker's.**

FASHION SHOWS

On Thursday, March 17, **Garfield High School** will present **"Steppin' Out",** showtime, 7:30 p.m. Fashions from **Jim Hadley's Active Wear, Sister & Co., TJ's, The Bridal Shop, Tux Shop and W.E. Hats** will be featured. For more information call 587-3506.

The **First A.M.E. Missionary** luncheon and Fashion Show will be held Saturday, March 19 at the Edgewater Inn beginning at 12 noon. Fashions from Terry Banks' Europa in the U. District (modeled by yours truly) will be featured. For ticket information: call the church office at 324-3664.

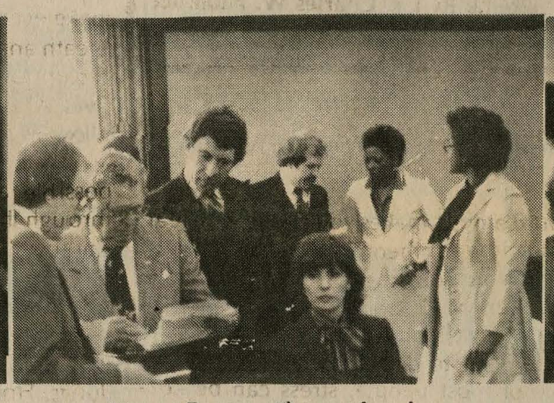
Joe's master blaster of the week: "You Are" by Lionel Richie.

NOTE: The Medium relies on clubs, restaurants and organizations to keep us and our readers informed about entertainment around the Emerald City. The deadline for news is 12 noon on Mondays. Mail the information to P.O. Box 22047, Seattle 98122.

Highlights From The Quincy Jones Luncheon



Quincy Jones, Gov. Spellman



Mayor Royer, others at luncheon



Quincy, David Moseley, Don Phelps



Rev. Art Bushnell, Carver Gayton and Morrie Alhadeff



County Exec Randy Revelle, Seattle Urban League President Spruiell White and Congressman Mike Lowry



Rev. Art Bushnell and Morrie Alhadeff

—Staff Photos By JOE WHITE

sears QUANTITIES AND ASSORTMENTS ARE LIMITED, SO HURRY IN!

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We sell first quality and discontinued merchandise from Sears Retail and Catalog Distribution. Each of these advertised items is readily available for sale as advertised.

"Was" prices quoted here are the regular prices at which the items were formerly offered by Catalog or in many Sears Retail stores around the country.

SAVE $139
30-inch Range with Self-Cleaning Oven
Was 529.95
NOW $389.99
White Only. Compare the Value.
From our 1982 Fall Catalog.

SAVE $109
Kenmore® 15 Cu. Ft. Frostless Refrigerator
- Porcelain on Steel Liner
- Spacemaster® Shelves
- Textured Steel Door

Was 609.95
NOW $499.99
White Only.
From our 1982 Summer Catalog.

½ PRICE
2-Setting Heater w/24 Hr. timer - thermostat control
Was 69.99
NOW $34.99
750 watt and 1500 watt.
From our 1982 Fall Catalog.

½ PRICE
Folding Step Stool
Was 19.99
NOW $9.99
While 50 Last. Foam padded seat.
From our 1982 Fall Catalog

SAVE 60%
3 Hour Timers
Were 19.99
NOW $7.99 pkg. of 2
Turns Lights, Appliances On and Off.

SAVE 40%
32 Gal. Permanex® Trash Cans
Were 11.99
NOW $6.99
From our 1982 Fall Catalog

SAVE 63%
Women's Hooded Jacket
Was 29.99
NOW $10.99
Sizes S, M, L (8-18). Cream & Navy.
From our 1982 Fall Catalog

SAVE $100
Gas Grill Outfit
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From our 1982 Fall Catalog

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EDITORIALS • COMMENTS • OPINIONS



TO BE EQUAL

by John E. Jacob
Nat'l. Urban League President

Attacks On Free Speech

I'm troubled by some recent developments that raise serious questions about the attitude of some government officials toward the Constitution they are sworn to uphold, and especially toward First Amendment guarantees of freedom and speech.

The Justice Department recently ordered that three films originating in Canada be labelled "political propaganda." Distributors of the films were ordered to send the government lists of groups that have asked to see the films, which deal with acid rain and nuclear war.

That action came just hours after the State Department launched to sell democracy to the Justice Department.

Labelling films and keeping tabs on the people who view them has less in common with democracy than with its opposite, as practiced in many authoritarian states. When government intimidates its own citizens and hampers the free flow of opinion, it takes a dangerous step away from democracy.

The Justice Department was still embroiled in that controversy when its antitrust chief, concerned about the dangers of price fixing, announced that he would support steps that would prevent a corporate chief executive officer from talking on the phone to his counterpart in another company unless the call were taped.

It is amazing that a top government lawyer would propose something so blatantly unconstitutional as limiting the rights of individuals to talk to each other.

There are already laws on the books to prevent conspiracies to fix prices. If further action is needed, it can be taken without tearing up the Constitution. And if federal snoopers will be monitoring phone calls of corporate chiefs, what will stop them from keeping tabs on civil rights leaders, newsmen, or even opposition politicians?

Of course, those Justice Department actions are clearly unconstitutional and have little hope of prevailing, at least while the courts are free. Far more dangerous is the Office of Management and Budget's proposed new regulations that would limit the free speech of organizations that hold government contracts.

OMB has proposed new rules, supposedly designed to limit "political" advocacy and lobbying activity among federal contractors. They are so sweeping that they represent an attempt to muzzle free speech.

There are already regulations that prevent recipients of federal money from lobbying, and others that limit the amount of resources spent on advocacy work.

But that's not enough for OMB, which appears to be trying to force into silence all critics of current policies. The new regulations would prevent organizations from filing court briefs, dealing with regulatory boards, or contracting legislators, even when such contacts for informational, not lobbying, purposes.

They are so detailed and sweeping that they even govern the use of copying machines and office equipment. An organization that contracts with the government, no matter how small a portion of its activities are covered by that contract, would be forced to restructure and to make changes just to comply with the new regulations.

The practical effect would be to prevent those organizations from providing information to the public about the issues they are concerned with and are experts in. The alternative would be to give up their contracts and thus refuse to provide services the government believes to be desirable and which their constituencies want and need.

OMB's feeble defense of its position says it wants to prevent abuses. But the real meaning of its proposal is to respond to demands by the New Right that the government "defund" groups that have taken liberal positions on key issues. Ironically, many conservative organizations would be hit by these regulations too, and are opposing them vigorously.

OMB says it will modify its proposals to take account of some of the criticisms. That's not enough. They should be scrapped entirely. And OMB officials should be required to take a course in freedom of speech and the Bill of Rights.

An Independent View from Capitol Hill



BY HON. GUS SAVAGE
First Black journalist ever elected to Congress

Social Security Reform Bill Reflects Upside-Down Priorities

I voted against the major revisions of the social security and federal employees retirment plans which the U.S. House of Representatives passed last week.

I am against changing federal employees to social security because their existing retirement plans were superior. Instead, social security should have been brought up to federal retirement standards, and the deficit should have been made up by revising the federal budget priorities.

I am against any increase in taxes on working people, against raising retirement ages, and against postponing or tampering with the cost of living increases of retirement pay.

As I elaborated in the six-hour debate of this issue on the floor of the House, I opposed this bill because:

"...Just as we seek to balance the federal budget on the backs of the needy to give to the greedy -- we are seeking to balance our social security system on the backs of its poor beneficiaries and future beneficiaries.

"If we want to find the money to heal social security, take it from bombs, not from bread. Pass a real jobs bill and put people back to work, and then the unemployed can pay into social security.

"Take away our millions of dollars from the tyrannical El Salvadoran dictatorship with which it is murdering its citizens. Disengage the United States from its support of the racist/facist South African dictatorship. Don't cut taxes any further for the big corporations and those who earn more than $50,000 per year.

"Divert funds from the MX missile to retirement benefits. Switch our appropriations from nuclear weapons escalation to the health, hospitalization and educational needs of the American people -- and there will be no need to force federal civil servants' retirement plans down into social security, but rather the opportunity to lift social security up to the level of those retirement plans.

"The hodge-podge of political compromise before us did not require any courage of convictions, but putting the people first would.

"The problem with this bill is not a matter of adding or subtracting a dollar here or there, or switching categories from here to there. We need to send the whole mess back to committee where the entire priorities of the ingredients of our federal budgetary recipe need to be turned rightside-up.

"We must restart by totally rejecting the upside-down priorities of that Robin Hood-in-reverse in the White House, rather than merely seeking to reconcile the difference within Reagan's priorities between Democrats and Republicans.

"We must consider the people above power!"

VIEWPOINT



JULIAN BOND

Cheap Jobs, Cheap Wages

Once again, President Reagan is asking for a sub-minimum wage for teen-agers.

Introduced this time as a summer jobs program, the new sub-wage is intended to accomplish several aims for the Reagan White House.

It throws a bone to those economists angered at Reagan's retreat from strict supply-side economics by highlighting a coveted article of their faith: that the minimum wage creates youth unemployment by pricing young people with limited skills and experience out of the job market.

It represents another clumsy attempt to address the constituency most hostile to the Reagan administration — that 13 percent of the American population that is black. Reagan can try to sell his sub-wage as a job producing program for the people most in need of jobs, black youth, whose unemployment rate in December 1982 was 50 percent.

It must make members of the Reagan kitchen cabinet happy. Largely self-made men themselves, these Western millionaires cling stubbornly to the belief that any American can rival their riches if given the proper start — working in a grocery store for $2.50 an hour.

It all sounds great, except it simply won't work.

In a 1982 Ford Foundation study of more than 400 employers in New York City, 90 percent of the surveyed companies said that a lower minimum wage would not induce them to hire young workers.

The nation's largest employer of youth, the fast food business, has withdrawn its initial love affair with sub-minimum wages which feed union militancy and organizing drives. After embracing lower pay for young workers at the start of the Reagan administration, Burger King and Ronald McDonald have now put low pay for teen-agers on the back burner.

But the most telling argument comes from a member of the Reagan cabinet.

George Shultz, now secretary of state, opposes a sub-minimum wage for young workers. At least he did more than a decade ago, when he was Richard Nixon's secretary of labor. Shultz told Congress that a Labor Department study showed it was difficult to establish a direct relationship between minimum wages and employment effects on young workers.

Both the NAACP and the National Urban League opposed a pay differential for youth on similar grounds, thus robbing Reagan of any gains from black voters delirious at the prospect of children gaining employement at their parents' expense.

The sub-minimum wage is an idea whose time has never come. Its value as a political plum tossed to conservatives makes it all the more suspect.

It is introduced as the president's fortunes fold, and likely precedes a serious initiative aimed at rescuing presidential popularity from the lower end of the political scale.

A sub-mimimum wage for teen-agers straddles the low ground between the president's economic policies and the social agenda that helped the party of privilege gain entrance to the pool hall and bowling alley.

The absence of social agenda items from the priority list of the first two years of the Reagan term caused severe defections from the coalition that put the Californian in the White House. Reagan has given little more than lip service to school busing, prayer in the schools and hostility to abortion.

The White House planners know they'll need those voters motivated by fear and prejudice to win again in 1984.

Those unemployed teen-agers — and their unemployed parents — ought to know by now that opposition to school busing and abortion doesn't fill any pay envelopes.

And they ought to know that a half-full envelope for junior will probably mean an empty envelope for mom and dad.

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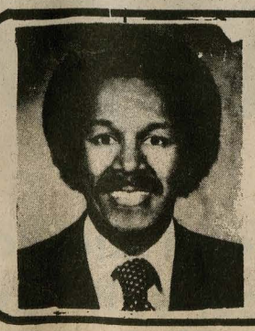
ASK WENDY

My daughter has a problem with drugs that I have been unable to help. I need some help myself coping with the stress of her problems. (R.E., Seattle)

There are new groups being formed around the Seattle/King County area sponsored by NARONON.K Similar to the Alanon program, these groups are for the families and concerned friends of people with drug problems. You can locate the group nearest to your home by telephoning the NARANON office, 626-7171.

Where can I get information about day care in Seattle or King County? (H.B., Shoreline)

Crisis Clinic manages the day care information line. You can reach the line by calling 447-3207.



Coping

By Dr. Charles W. Faulkner

How To Reduce Stress

STRESS! The word almost makes you cringe with fear. Everybody has felt the tormenting effects of stress. Some people suffer strokes and heartattacks as the result of stress. Others lose confidence in themselves and go into deep depression.

Can anything be done to defeat stress?

To the surprise of most people, stress can be conquered, controlled and used as a positive tool for personal progress.

This is the first in a series of columns that will show you how you can eliminate and control stress. You will find out what you can do to eliminate the symptoms of stress such as tension, depression, irritability, sleeplessness, boredom, loneliness, fears and phobias, and impulsive eating. You will learn how to use deep breathing to eliminate stress; how to progressively soothe and relax your muscles; how to effectively use meditation and hypnosis; how to use biofeedback; and how to eliminate the distasteful symptoms of stress.

Let's form a powerful army against stress and again make our lives worth living. Stress is a natural characteristic of every human. Everyone wants to be accepted and regarded as a worthwhile human being. When we achieve success, and the praise of others, we feel good. (Even praise can cause stress however, when we feel that we do not deserve it). We feel enormous stress when we are criticized and rejected by those whom we love. Undeserved criticism can drive us into depression. But we can still defeat stress.

This seemingly overpowering element is used by athletics as a means of propelling themselves to success in competition. Public speakers use stress to achieve vigorous and exciting presentations. You can use stress, too, as an important motivational tool to help you achieve happiness. First, you must eliminate excess stress and controll the remaining stress that is a natural part of your physiology.

Use the following procedure to reduce your stress. (1) Sit in a comfortable chair or, if you wish, lie down. It is best to be in a quiet room but this procedure will be effective no matter where you are. Close your eyes and make every muscle as limp as possible. (2) Take a deep breath and fill the lungs completely with air. Hold your breath for five seconds while you count from one to five. When you reach the count of five, exhale slowly allowing the air to flow easily from your lungs. As you exhale, make every muscle in your body as limp as possible and imagine that you are floating down through the chair. (3) Repeat the above procedure five consecutive times.

If you wish to achieve an even deeper degree of relaxation you may tense and tighten every muscle in your body at the same time that you inhale and fill your lungs. Hold the tension in the muscles for five seconds while you are holding your breath. After you have counted from one to five, slowly and simultaneously release the air from your lungs and release the tension from your muscles. Repeat this procedure five consecutive times. You will feel a sensation of relaxation completely engulfing your body. Each time that you use this exercise its effect will double until your body achieves a consistent state of relaxation all day long.

You should use this exercise whenever you are tense, nervous, depressed or under stress. If you use it before stress becomes intense and intolerable, you will be able to think and commit information to memory better than ever before. Your compulsion to overeat or to smoke will slowly disappear. You will sleep soundly and peacefully. You will deliver the most relaxed and comfortable speeches of your life.

This is an important tool. So, use it to master your own feelings.

Editor's note: Your suggestions are welcomed. Suggestions for future articles will be appreciated. Cassette tapes of this and other articles are available for individual use, discussion groups and classroom use. All letters and inquiries should be sent to Dr. Charles W. Faulkner, P.O. Box 50016, Washington, D.C. 20004.

Tax Tips From Washington CPAs

A Tax Audit Is Not The End Of The World: But Here's How To Avoid One

Like most taxpayers, Paul M. didn't think it would happen to him. But, a year after filing his federal income tax return he was notified by the IRS that his return was to be audited.

That news is commonly met with some alarm, but a tax audit is not necessarily something to worry about, advises the Washington Society of CPAs. The IRS action doesn't mean you've done anything wrong, or that you will wind up owing more tax.

In fact, in about one out of four cases an IRS audit ends up with no changes being made in the tax bill. If Paul M. has complete records to back up his expenses and deductions, and has properly listed all his income, he should expect to weather the audit without any problems.

Even after an audit, if he believes he has valid grounds to bring his case to Tax Court, he has about a 50-50 chance of winning.

While anyone might be audited, some are more likely than others, CPAs point out. What often triggers audits are deduction claims which may be larger than the average for a taxpayer's income level, certain tax shelter activity (especially with large losses), as well as heavy travel and entertainment expenses, home office deductions or casualty losses.

Paul M.'s return may have touched off any of these "triggers" or he may have been part of a "target" group selected by the IRS for close tax scrutiny.

It may also have been that information filed by his bank or employer didn't match what he put on his return; an informant may have provided a tip concerning his income or return; or his return contained confusing or misleading wording or deductions. Another possibility is he may have been selected at random in a special audit survey the IRS conducts approximately every three years.

Generally the audit notification letter contains some indication of areas that are in question. Some items may be resolved by mail. Otherwise an appointment with an IRS examiner or appeals officer has to be made.

In preparing for an audit, gather as much back-up material as possible to support your return. Be prepared to justify deductions with sales receipts, paid bills and cancelled checks.

For business expenses Paul M. did well by presenting a diary of persons entertained, phone calls made, and reasons for certain expenditures. CPAs strongly suggest maintaining records year-around bearing in mind you could eventually be audited.

For example, you may have a larger than average deduction for sales tax because you bought a car or boat. In that case, be sure to list the property bought, and actual sales tax paid, on "Schedule A-Itemized Deductions" with your Form 1040. Also, hold onto your sales receipt.

If you claim a large charitable deduction, you are required to attach copies of descriptions of the gift and appraisals of property you donated.

Be careful to describe a deduction accurately. For example, certain legal expenses such as tax planning are deductible, while other legal expenses, like a personal lawsuit, are not.

At the same time, CPAs have some suggestions that could help you avoid being audited. If you have unusually large deductions in a specific area, be sure to include extra disclosures with your return to support the claim.

Keep proper records. When you claim a deduction, be precise. Confusion over a few deduction explanations may lead the IRS to audit your return. So, keep explanations simple.

Keep in mind that the higher your income the greater your chance of being audited. A shade under two percent of individual tax returns are audited, while eight percent of returns reporting over $50,000 in income are audited.

COMMUNITY BRIEFS

AFFIRMATIVE ACTION COMMITTEE TO MEET

The Bellevue School District's Affirmative Action Advisory Committee will meet at 7:30 p.m. Wednesday, March 23 at the Educational Service Center Board Room, 310 - 102nd Avenue N.E. in bellevue. The meeting will deal with sex role stereotyping in advertising and the media. It will feature the film "Killing Us Softly" based on the research of Jean Kilbourne. A discussion will follow on the implications of advertising stereotypes for education. Call 455-6011

CERAMIC CLASSES

The Central Boys and Girls Club is offering ceramic classes for adults, seniors and youth. The cost is $25 per quarter and will include all materials needed. Classes begin March 21 and run through June 17, Monday through Thursday, 10 a.m. to 2 p.m. and 7 p.m. to 8:30 p.m. for adults and seniors. Youth hours are 4 p.m. to 7 p.m. Saturdays. Classes will run from 4 p.m. to 6:30 p.m. Call Jerry Reno at 324-7317 between 1—9 p.m. The club is located at 201 — 19th Avenue.

IMPROVING YOUR COUNSELING SKILLS

A practical one day workshop on "Improving Your Counseling Skills" will be presented in Seattle at the Boeing Holiday Inn on Monday, April 25, 8:30 a.m. to 4:30 p.m. This activity is designed for persons who have not had professional counseling training and who wish to improve their ability to understand and influence others. For more information write to: Oregon State University, Endeavors for Excellence, Continuing Education Building, Corvallis OR 97331, or call (503) 754-2677.

FRIENDLY VISITORS NEEDED

Do you have time to help someone in your neighborhood? Many elderly and disabled people in the Seattle area are alone, confined to their homes, and in need of friendship. If you can reach out to provide companionship, grocery shopping, transportation or other assistance once a week, call the Volunteer Coordinator of Community Home Health Care at 282-5048.

RALLY AT CAMP

The Political Rights Defense Fund is sponsoring an emergency protest rally "Bill of Rights Under Attack" to inform the public about an important trial in Los Angeles. The rally will be held on Saturday, March 19, at the C.A.M.P. Firehouse, 722 18th Avenue, at 8 p.m. A panel of speakers will include several community and civil liberties organizations.

HISTORY MUSEUM NEEDS VOLUNTEERS

The Museum of History and Industry needs help! If you can spare time (4-8 hours a week) to help in the museum shop, prepare exhibits, aid in educational programming, do office work, or spend some time learning about public relations, call Sally Hughes, between 9 a.m. and noon, weekdays. The museum is located at 2161 E. Hamlin St.

DIABETES SEMINAR

The American Diabetes Association presents a public, educational seminar designed for people of all ages with diabetes, their families, and for health professionals. The seminar will be held Saturday, March 19, from 8:30 AM to 3:30 PM at Seattle University, Pigott Auditorium. There is a $5.00 registration fee. Scholarships and free transportation are available. Forms for registration can be obtained by calling 632-4576. Attendance is limited.

Central Seattle Child Development Training Cooperative Receives Funding

The Central Seattle Child Development Training Cooperative has received a one-year grant of $22,460 from the Northwest Area Foundation of Saint Paul, Minnesota.

The cooperative includes the Cherry Street Carousel, Martin Luther King, Jr. Day Home Center, Mt. Zion Preschool/Kindergarten, Little Day Care Home, and Frederick Douglass Day Care Center.

The grant, which begins April 1, 1983, is to train child care staff in the understanding and nurturing the development of young children, ages 0-6 years.

Forty-eight proposals were submitted from an eight-state region (Minnesota, Iowa, North Dakota, South Dakota, Montana, Idaho, Oregon, and Washington). Fifteen were funded, including the Central Seattle Child Development Training Cooperative.

The grant will be administered by the East Cherry YWCA. Training conducted by the Cooperative will be available free-of-charge to other child care staff in the Central and South Districts, on a space available basis.

Call the East Cherry YWCA at 322-0186 for more information.

Black Woman Named To NCAA Council



Sondra Norrell-Thomas, associate director of athletics at Howard University, observes a Howard football game from the sidelines with Lou Jones, the university's equipment manager. Norrell-Thomas was recently elected to the NCAA Council, the decision-making body of the National Collegiate Athletic Association.

Woody Woodhouse MC's Miss Black Community Pageant

The 1983 Miss Black Community Scholarship Pageant will be held on Friday, May 20 at 7 p.m. at the Butcher Restaurant Atrium in the Design Center Northwest, 5701 6th Avenue South.

The purpose of this pageant is to recognize and provide financial support to young Black females from the Seattle and Tacoma communities. The first, second, and third place winners will receive scholarships toward continuing their scholastic careers.

The popular Woody Woodhouse will be the master of ceremonies for the evening, and Joe Brazil and his Community Orchestra will provide the music.

Ticket prices are $35 for reserved seating and $25 for general admission. Call Debra Esquibel Carter, pageant director, at 362-3774 for additional information or write: Miss Black Community Scholarship Pageant, P.O. Box 95857, Seattle, Washington 98105.

Delta Sigma Theta Sorority To Give Scholarship

The Seattle Alumnae Chapter of Delta Sigma Theta Sorority is again offering its Annual Bertha Pitts Campbell Scholarship.

The scholarship is given to a high school senior planning to enroll in a four-year college in the fall of 1983.

Applications have been sent to counselors in each Seattle high school. Interested students are encouraged to contact their counselor or call Sherrilyn Jordan at 641-0271 for more information. Applications must be submitted by April 15, 1983.

Delta Sigma Theta Sorority is a public service organization composed of predominantly Black women dedicated to academic excellence, cultural enrichment and community service.

Seattle Writer To Keynote Sorority Function

Esther Hall Mumford, author of Seattle's Black Victorians, will be the featured speaker at Sigma Gammo Rho Sorority's Fifth Annual Community Appreciation Reception Sunday, March 20, from 3-6 p.m. at the Central Area Senior Center, 500 - 30th Ave. South. The program will begin at 4 p.m.

Ruth Dawson, who is coordinating the event this year, stated that the reception is an annual affair which gives the sorority an opportunity to thank the public for supporting its many community service projects.

Carlton Turner, "Mr. Rhomania 1983 - Bachelor of the Year", will be on hand to display his winning charm. In addition, some lucky person will be the winner of $100 cash in the Sigma Scholarship Raffle.

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PAPPY PORTER'S BARBER SHOP
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322-992?

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725-8115

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TV TANGLE

UNTANGLE THE LETTERS AND USE THE CLUE SHOWN TO SPELL THE NAME OF AN ENTERTAINER.



ANSWER: JUICE NEWTON

SATURDAY



First Lady Nancy Reagan vists Arnold (Gary Coleman) on NBC's "Diff'rent Strokes," to air Saturday, March 19.

Free Community Workshops

The Inner City Self-Help Program at CAMP is having a series of workshops to help build skills and confidence in home repairs and maintenance. Workshops are held year around and CAMP is very open to putting your ideas into workshops as well.

Here's what's going on in March: Weatherizing, Thursday, March 24, 6-7:30 p.m., CAMP, 722 18th Avenue; Electrical Maintenance for the Home, March 26, Sat., 10-12 p.m., Rebound, 1517 12th Avenue; Drywall and Taping, Sat., April 2, 10-1 p.m., 4544 35th Avenue South.

For information or registration, call Bernadette, 324-0500.

Minister's Wives Fashion Show

Seattle Chapter of Minister's Wives & Widows will present its annual Fashions, Food, Fellowship & Fun, Saturday, March 26, at 1 p.m. at Songbird Hall, 31st Avenue South and South Day St.

Fashions for all occasions will be displayed as luncheon is served. Minister's wives will serve as models along with other members of the community. The public is invited to see what the well-dressed modern minister's wife is wearing this spring.

For ticket information, call 325-3592. Mrs. Doris Watts Lloyd is chapter president. Mrs. Nel Thornton is general chairwoman.

The Medium's ENTERTAINMENT Cont'd.

Suzanne Vikstrom...In Hollywood

JUST WHAT THE COUNTRY NEEDS, MORE FOOTBALL??!! Well, now you got it for 11 months non-stop, with Los Angeles hosting three pro teams: the L.A. Rams, L.A. Raiders, who still may end up back in Oakland, and now the L.A. Express.

The debut kick-off of the USFL franchise was a big success, with more than 34,000 cheering bodies in the stands. Of course, many feel that the novelty of spring time football will wear off in a few weeks and the brand X teams will be hurting for fans and finances, considering the high-priced salaries on the payrolls.

The **L.A. Express** got off to a good start by defeating **Herschel Walker** and company, the New Jersey Generals, 20-15. Frankly, I was rooting for Herschel, the man has had his woes since his now famous denial of leaving college turned out to be light years from the truth.

ABSOLUTELY NO—BODY WAS SURPRISED...when **Michael Jackson's** latest album "Thriller" was declared double platinum. CBS Records presented Michael with the new addition to his trophy room, with actress Jane Fonda doing the honors. The word is, Michael may be gearing for a world tour. When the dates are announced, we will certainly let you know.

SPEAKING OF TOURS, **Marvin Gaye** and his "Sexual Healing" medicine show is about to hit the road with a cross country tour. First stop we hear will be New York, April 17 and San Francisco April 22-24. When asked about the upcoming tour, one top promoter confessed, "If he isn't backed up by a top opening act, there maybe a few surprises along the way. Marvin hasn't toured in a long tome and in the past, he has been known to pull a few "no shows."

SOMETHING IS BETTER THAN NOTHING...Ran into **Dr. Herbert Avery** recenly and was surprised to hear that the City of L.A. was requesting a new trial in his chokehold case, and his $1.3 million award was on "hold." The new trial was denied, but the settlement was reduced to $750,000 which the Hollywood physician accepted. BUT, the City has not agreed to the $550,000 reduction either. It could be a long hot summer for the good doctor.

FEEL THE FIRE... Capitol recording star, **Peabo Bryson** was in town recently for his performance at the Beverly Theatre. The sexy singer was booked for two nights, but for some strange reason was cut to only one night with two shows. Big mistake! Both shows were solid sell-outs, with many disappointed last-minute ticket buyers.



Peabo Bryson

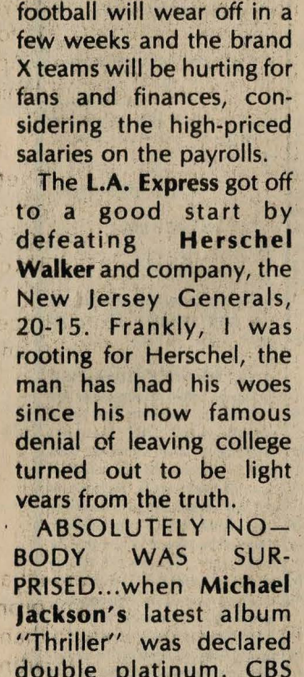
Peabo's performance was terrfic, and his voice was at its best. Each of his popular tunes were met with thunderous applause, but it was still his million seller "Feel The Fire" that drove them wild. the Georgia native has added one thing to his routine, more choreography and a few extra pounds to go with it Good living will do it every time.

REALLY NOW!! Nina Simone's recent limited engagement at Mark's, a local supper club, commanded the ridiculous price of $25 per person. A well known man about town and his lady love caught one of the lady's fine shows and nearly stroked out when he was presented a bill for over a hundred bucks. We hear the gentle soul raised quite a fuss before making an angry exit. Seems the poor fella thought the admission was $25 per couple.

"TRADING PLACES" will be comic Eddy Murphy's next big screen project co-starring Dan Aykroyd, the remaining half of the Blues Brothers team. Currently filming in New York, "Trading Places" is a satiric look at the upper echelons of high finance. If Murphy's performance is as good as his showing in "48 Hours," it will be another blockbuster for the young star.

IS IT REALLY ONLY A RUMOR...that Dick Griffey and his Solar Records is facing serious difficulties in the department of finances, and a big cutback is in the works. Just about every record company in town has had several major lay-offs -- so why so much fuss over Solar's problems?

Could it be because Griffey, who is a Black man, has definitely made his mark in the all-white recording industry, up to and including having his own office building constructed in the heart of Hollywood.



Electrical genius Granville T. Woods, a black man who lived in the late 1800's, obtained 50 patents during his lifetime.

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Win $1,000 a week...every week of your life.

Now, you don't need a treasure map, a sailing ship and a trustworthy crew to find buried treasure. You don't even need a shovel.

In fact, all you need to find buried treasure today is a $1.00 Lottery ticket.

Because when you play the Buried Treasure Instant Lottery® Game, you can win anywhere from $2 to $10,000 instantly. And if you win $50, you could be on your way to the prize of a lifetime–a thousand dollars a week...every week of your life! (That's $1,000,000 guaranteed. Paid at $1,000 per week, starting at age 18 or older.)

Go for Washington's biggest Grand Prize bounty ever! Now up to 50,000 people could be eligible for the Grand Prize Drawing–that's twice as many people than ever before. Because now, if you win $50 and you claim your prize within 30 days after the announced end of the game, you're eligible for the finalist selection process for the Grand Prize Drawing. And you could win one of these 20 top prizes:

Grand Prize (1) $1,000-a-week-for-life prize (That's $1,000,000 minimum, guaranteed. Paid at $1,000 per week, starting at age 18 or older.)
One (1) $500,000 prize ($50,000 a year for ten years, guaranteed.)
Two (2) $250,000 prizes ($25,000 a year for ten years, guaranteed.)
Two (2) $75,000 cash prizes.
Four (4) $50,000 cash prizes.
Four (4) $25,000 cash prizes.
Six (6) $10,000 cash prizes.

Washington wins! Remember, when you play the Lottery, everyone in Washington State wins. So play the Lottery, mateys, and follow the fun!



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Washington State "Buried Treasure" Instant Lottery Game Prize Structure
(Based on 60 Million Tickets Sold)

Instant Prizes Amount	Chances of Winning	Grand Prizes Prize	Chances of Winning
$ 2	1 in 10	(1) Grand Prize $1,000 a week for life	1 in 60,000,000
$ 5	1 in 50	(1) 2nd Prize $500,000	1 in 60,000,000
$ 50	1 in 1,200	(2) 3rd Prizes $250,000	1 in 30,000,000
$ 1,000	1 in 24,000	(2) 4th Prizes $75,000	1 in 30,000,000
$ 10,000	1 in 240,000	(4) 5th Prizes $50,000	1 in 15,000,000
There is no exemption from Federal Income Tax for Washington State Lottery Prizes.		(4) 6th Prizes $25,000	1 in 15,000,000
		(6) 7th Prizes $10,000	1 in 10,000,000

Minors (under 18) are not permitted to buy tickets but may win prizes.

Section B

SOCIAL SECURITY INFORMATION

By Ruth B. Saunders, Manager
South Seattle Social Security Office

Challenges Facing Social Security

The cash crisis currently confronting the Social Security system arises from a broad array of problems—some of them economic, some political, some demographic, some sociological. Many of these problems were never contemplated, since their development was not foreseen by the architects of the system.

People are living much longer today than they did in President Roosevelt's time, and thus are collecting Social Security benefits longer. They are also retiring earlier, thereby discontinuing payment of their Social Security taxes sooner and collecting benefits over longer periods. Costly programs have been added to the system. Benefits have been vastly increased and coverage has been extended to many more beneficiaries.

Unemployment has cut sharply into the number of potential Social Security taxpayers, and giving unemployed people 62 and older a reason to retire and collect benefits. And inflation has further drained the system's funds under legislation tying the size of the benefits to increases in consumer-price levels.

There are many ways of measuring the enormous impact such factors impose on the funds designated for paying Social Security benefits, but perhaps the most striking assessment is provided by these statistics. Just 12 years ago, annual Social Security benefit payments totaled $31.9 billion. In 1983, they will run an estimated $182.8 billion. That figure amounts to 26 percent of all expected federal expenditures.

The initial legislation provided coverage only for workers in commerce and industry, their spouses and dependents. It did not cover such others as the self-employed, service workers, farmers, government employees and their spouses and dependents.

Since then, however, the law has been revised to provide benefits for such persons as the self-employed (including lawyers, doctors and dentists), farm and domestic workers, employees of state and local governments, members of the armed forces, ministers and their spouses and dependents.

Thus, everyone from a retired day laborer to a multi-millionaire may collect Social Security. Almost all of those who have ever paid Social Security taxes and even some who haven't are eligible for benefits. Spouses who have never worked outside their homes and thus never paid Social Security taxes are given at least partial recognition for their service to society in the form of benefits equal to half of those earned by their spouses.

Still other changes in the original Social Security law, which have added further programs to the system, have also placed strains on the available funds. The disability program, for example, was started in 1956 and its eligiblity requirements have gradually been liberalized over the years. It now pays benefits totaling over $19.8 billion a year. Medicare pays another $43.6 billion.

Many diverse developments—including American's greater longevity, earlier retirements, the expansion of Social Security programs, and stubborn problems in the nation's economy—have combined to produce another danger signal for the system. In 1950, there were 16.5 workers paying taxes into the Social Security funds for every one person receiving benefits.

Today, only 3.2 workers pay taxes for every one person receiving benefits. Obviously, such an adverse change in the ratio between those paying into such a fund and those drawing money from it is bound to exert severe pressure on the available reserves.

In 1975, the first year that benefits were indexed to compensate for inflation, Social Security's pension fund paid out more money than it collected. Within the next two years, the cash drain worsened so seriously that the solvency of the entire system appeared threatened. Congress reacted with the imposition of an additional Social Security payroll tax expected to raise $227 billion over the succeeding ten years.

Congressional sponsors of the new tax legislation assured the public the measure would ensure the Social Security System's solvency for at least a half century. Actually, however, it did not ensure solvency for even four years.

In spite of the increases in Social Security tax rates, tax collections lagged because of recession and unemployment. The effects of unemployment on the system can be devastating. For every American worker who loses his job, the system is denied an average of $157 a month in taxes that he and his employer no longer pay.

At this point, it is difficult to forecast what lies ahead for Social Security. But despite warnings in some quarters that the system may fall into bankruptcy, that seems most unlikely. No matter what its ills, political leaders have long recognized that Social Security is considered sacred by Americans.

If Social Security is to overcome the series of challenges ahead and come closer to fulfilling its original purpose, greater assumption of responsibility by individuals will be an essential element. The vehicles for assumption of that responsibility are in place—company pension plans, individual retirment accounts (IRAs) and Keogh plans.

When it was initiated, Social Security was never intended to be the chief source of income for most pensioners. Early in the program, Social Security pensions averaged about 30 percent of a retired person's last monthly paycheck.

The current average is about 56 percent. About 1 in 5 of today's Social Security recipients also receive private pensions. About one-fourth of the beneficiaries rely on Social Security checks for 90 percent of their income. An estimated 16 percent have no other source of income.

Thus, the consensus is that some means—yet undetermined—will be found to save and reform the system, and authorities are confident they are within the nation's capacity. Even with all the uncertainties that exist, with adequate precautions Social Security can be expected to continue indefinitely to fulfill Franklin Roosevelt's vision of providing "some measure of protection to the average citizen and his family...against poverty ridden old age."

WATCH FOR SOCIAL SECURITY OPEN HOUSE COMING SOON

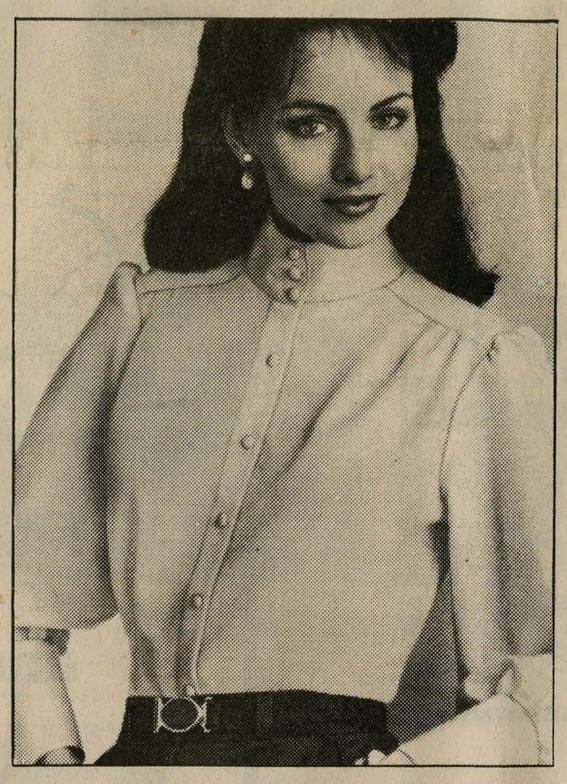


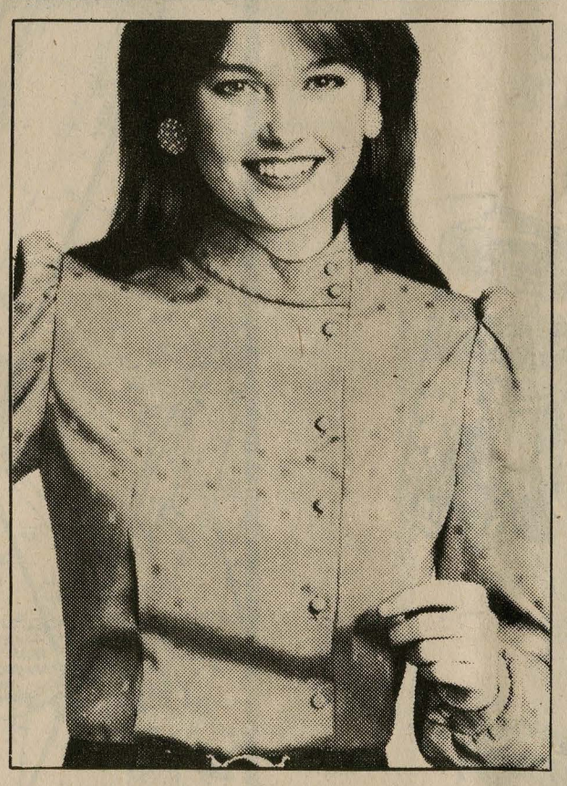
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Georgia Sea Island Singers Perform In Seattle Area

The Georgia Sea Island Singers performed at the Rainy Town Folk Music Club in Ballard last week.

These talented singers offer a unique glimpse into the Afro-American Folk heritage. They perform songs, games, dances, and stories handed down for over two centuries in the isolated communities off the coast of Georgia. Far from being esoteric, this material has been woven so thoroughly into the general American cultural experience that it strikes a familiar chord with people of all ethnic backgrounds and ages.

Audience participation is the keystone of a performance by the Georgia Sea Island Singers. Each song has a chorus or clapping response for the audience. Several times in each set the performers will bring a dozen audience members on stage and teach them a children's play or courting game.

Elements of these "slave games," so called because they harken back to the ante-bellum South, exist today in children's folklore throughout North America. Using the Sea Islanders records and "Step It Down," Bessie Jones' book with Bess Lomax Hawes, educators across the country have incorporated portions of their repertoire into school curricula.

The group consists of Frankie and Douglas Quimby. Frankie comes from one of the few



Frankie And Douglas Quimby

American Black families that can trace its ancestry to a definite location in Africa. Her family came from the town of Kianah in the District of Temourah, in the Kingdom of Massina, on the Niger River in what is now Nigeria. They were members of the Foulah tribe. Many of the family were slaves on the Hopeton and Altama Plantations on the Georgia coast.

Frankie was born in Brunswick, Georgia, in 1937, and was raised on the Georgia Sea Islands. The old slave games were handed down to her from older children, and she played them after school with her friends. It was not until she met Miss Bessie, however, that she learned many of her childhood favorites were actually as old as her slave ancestors.

Douglas Quimby was born in Lester, Georgia in 1936. He has been singing as long as he can remember, spellbinding audiences since he was four.

During the 1950s, Doug's family sharecropped in southwest Georgia, earning as little as $9.25 for a year of work. They later moved out to coastal Georgia to escape the sharecropping system.

The Georgia Sea Island Singers have been selected to represent the nation's Afro-American heritage at Carnegie Hall, President Carter's Inauguration, and at the Olympic games in Mexico. But regardless of whether they are on a major concert stage or in an inner-city classroom, Sea Islanders Frankie and Doug Quimby bring such warmth and joy to their performance that it may be several days before the audience realizes that it has also received an intense lesson in American history and cultural dynamics.

HELP US HELP OURSELVES

Black Americans Need the NAACP Now More Than Ever.

The mood of the nation has swung to the right. Reaganomics has erased many gains we had made. Black Americans need the NAACP's strong voice now more than ever. The payroll deduction method is one way you can support the NAACP painlessly.

Please tell your employer (city, county, state government or major corporation) that you'd like to give to the NAACP/SCF (Special Contribution Fund) through a payroll deduction plan. (Your contribution is tax deductible!)

Support your NAACP—HELP US HELP OURSELVES.

NAACP

Fundraising Event At Sonics' Game

CAMP is co-sponsoring "The Great Kingdome Brick Break" along with the Greater King County Food Bank Alliance, at the March 30, Seattle Super-Sonics Basketball game at the Kingdome.

The event will feature Bill Corbett who will break bricks with his bare hands for the benefit of the five largest food banks which serve over 60% of all food recipients.

Help the efforts of the food banks by making a small pledge for each brick Billy can break in a three-minute period. You can pledge 10 cents, 25 cents, 50 cents, $1.00 or more per brick broken. Pledge cards are available at CAMP, 722 - 18th Avenue. Call Bruce Wilson at 329-4111.