

THE K-ZAM KAZETTE

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 Publisher - Foremost Broadcasting, Inc.
 Editor - Joe Jones

Contributing Editors:

Merlie Ann Burton
 Rev. C.E. Williams
 Mrs. Yvonne Beatty
 Isiah Edwards
 Sidney Gerber
 Dr. James R. Warren
 Gladys Woods

Representatives of:

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VIVIAN'S TRAVEL LOG

By Vivian Caver of
 VIVIAN'S TRAVEL AGENCY

Some folks travel alone and love it. But most people find it more enjoyable traveling with company. For those who fall in the latter category, an eye should be turned to the many features offered by a "Group Fare" travel plan. This plan is especially an advantage to clubs, fraternities, or any group with a minimum of 25 people who wish to take a trip together. When traveling in a group such as this, there is substantial savings in individual fares. It goes without saying that the more money saved on transportation, the more money available for entertainment. There are no seasonal restrictions on group travel. In fact, they only real qualifications for a "Travel Group," besides having a minimum of 25 people, are:

- 1) All participants must travel as a single group throughout the entire itinerary.
- 2) Tickets must be purchased 30 days prior to departure (any individual in the group may take advantage of the pay later plan).
- 4) Cancellations and refunds must be accomplished 30 days prior to departure.

All told, this plan reveals itself as a great chance for any group to have a thrilling time with a minimum amount of travel worries and expense.

TRIP TO TAKE

For those of you who have not done so already, may we suggest that you take advantage of the Salt Water Cruise from Seattle to Victoria, or Vancouver, B. C. There are many different tours available in this bundle, one of the nicer ones being a three day and two night stay in Victoria and Vancouver. This will offer a beautiful cruise by Canadian Pacific Steamer into Victoria. Upon arrival, you are checked into a hotel. Afternoon sightseeing, lunch and dinner at the hotel. On the second day, you leave by Parlor Motor Coach on the seventy mile scenic drive to Nanaimo via famous Malahat Drive. Leave Nanaimo via the Canadian Pacific for Vancouver, where you are again checked into a hotel. On the third day, enjoy the morning sightseeing of the third largest city in Canada.

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 The Corporation To Be Formed

Johnny was a promoter who had saved up a nest egg of \$20,000 and wanted to make a "big deal."

He planned to form a corporation and get financing to buy land for a shopping center. He found a location he liked and signed an earnest money contract to buy it, paying \$5,000 down and agreeing to pay the balance on closing 90 days later by forming a corporation and getting a loan.

He signed the earnest money agreement, "John Jones, as agent for a corporation to be formed." The agreement provided that the purchaser would immediately apply for a loan on the land.

The next day Johnny changed his mind and decided not to go through with the deal. His wife said, "Aren't you afraid you're going to lose your \$5,000 down, and maybe more?" Johnny replied, "That contract isn't binding. I signed as agent for a corporation to be formed. If I don't form the corporation, there's no one to be bound by the contract."

Do you think Johnny is right? Unfortunately for him, he is not. An agent who purports to sign for a principal who doesn't exist, and who the other party knows doesn't exist, may bind himself. In such a case the rule is that the parties intended to bind someone, and since the agent is the only one who could be bound by such a contract, the courts hold that it was the intention of the parties to hold him to the contract, as an individual.

Johnny discovered, to his dismay, that the contract was binding on him, whether or not he formed a corporation.

(This column is written to inform, not advise. Facts may change the application of the law.)

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STYLE

Helpful Hints
To Hygiene

by Gladys Woods

Most people know that diet and health are closely related, and understand that the growth and normal development of children and the strength and efficiency of adults depend to a great degree on what they eat. On the other hand, there are few who have not at some time in their lives been made ill by eating the wrong kind of food or even too much good food. If it were possible to eliminate all the diseases and disabilities of mankind that are due to a faulty diet, the average health of the human race would be greatly improved.

As was stated diet is related to health thus we shall try to give some helpful hint to hygiene in the following weeks by discussing the importance of a balanced diet.

Foods may be divided into five great classes: first, proteins, which fundamentally enter into the structure of every living cell; second, carbohydrates, which furnish energy to the body and to a slight extent help to build certain types of cells; third, fats, which also furnish energy and help to build most cells; fourth, minerals, which make up a large proportion of the material in bones and teeth and help to regulate body activities; and fifth, vitamins, which help to keep the growth processes and normal body activities in harmonious progress.

The Balanced Diet.

To have all the essential food factors present, and in the proper proportion and amounts, will provide both an adequate and a balanced diet. To know whether or not these conditions are met in any given diet requires at least a general knowledge of the composition of foods, especially of those that are the best sources of the various fundamental food factors.

It should always be kept in mind, however, that foods differ considerably in composition in different countries, in different parts of the same country, in different stages of maturity, or if packed or stored in different ways, so any figures that might be given here or in other publications concerning the composition of foods should be considered only as rough approximations. This is especially true with respect to the amounts of the various vitamins present. This column might be too much to digest in understanding a more balanced diet, but I feel all these things are important for this discussion.

Next week we shall go further into the meaning and functions of a balanced diet.

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Democratically
Speaking

By William Cannon,
 Guest Columnist

There is one candidate, ROBERT FORD, who is asking the people to RETAIN him as County Commissioner. This man deserves our combined consideration and vote, not from just one party but, both parties, and all the people of King County.

Mr. Ford thinks and acts for the interest of the little man, the big man, the poor, the rich, big and little business, and the unemployed. He thinks and acts for the good of all people regardless of race, creed, or religion.

Since Mr. Ford was appointed to the office of Commissioner of the Central District of King County, he has hired or had a hand in hiring more Negroes and members of the minority races, than have ever been hired before, in County Government. These jobs have not been just janitorial jobs, but jobs according to their qualifications and abilities, in the various departments of the King County Court House.

I have been employed in the Court House for nine years under both the Republican and Democratic Party. I have approached County Commissioner's of both parties for hiring persons of the minority groups from the Central District, but to NO AVAIL. There were excuses of all kinds.

Shortly after Mr. Ford was appointed I was given an appointment to meet and talk with him. I explained to him our needs for more and better jobs, which as taxpayers, voters and American citizens should be considered. Within a short time Mr. Ford was the instigator of not one but three persons being hired within an eight month period of time. Since then there have been six or seven persons of the minority groups from the Central District hired.

Mr. Ford was the first Commissioner ever to put two Negroes to work for the summer. Boys who wanted to enter college and earn money during the summer to help pay their way in becoming better qualified for a better position in later life.

Commissioner and Mrs. Ford have given much of their time and interest to the Cherry Hill Improvement Club and to the Jackson Street Community Council. These organizations are helping toward improving our communities which are predominately people of the minority group.

This is THE man we need for Commissioner and we need HIS TYPE of men and women in all public offices to represent all the people. Those of you, who are NOT registered to vote can register at the Jackson Street Council, or the 37th District Democratic Headquarters. Registration Deadline is October 6th.

VOTE - Win a victory on November 6th, with a team! Fred Dore - Senator, Sam Smith and Ann O'Donnell, Representatives! Robert Ford - County Commissioner!

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