

The Black Woman Today

The civil rights struggle in the United States has been too often synonymous with the role of the Black woman in the struggle . . . oppressed even more than the Black man, by the slave system.



Mary Church
Terrell

But in spite of the fact that a woman has to work harder than a man to achieve the same recognition and earn the same money, the Black woman also worked for the emancipation of her race, as a whole. On many occasions after emancipation, the currents of these two streams, Black rights and Women's rights, crossed and merged with each other . . . one of the ways, Black women fought both battles was to form a strong club movement, designed to improve the Black overall welfare and broaden the horizons open to women. The matri-coping with their many roles. With the guidance of professional staff and volunteers, participants learn to improve basic math and communication skills, management of money, consumer habits, health and nutrition, and family planning. Beyond these immediate concerns, career information is made available. In 1974, 180 heads of households took part in the project; plans are being drafted for expansion of the project to other cities and for development of the Bethune Family Learning Center in Washington, D. C.

Another of the impressive undertakings which reinforce the NCNW's well-deserved reputation for service is Operation Sisters United. This project is an alternative to detention, focusing on establishing one-to-one relationships between troubled girls and NCNW volunteers. During 1974, forty girls, aged 11-16, were matched with a volunteer in a setting conducive to counseling, companionship and cultural activities.

The Center for Career Advancement, an after-hours program in language arts and business communication, was established in New York City with New York University to help under-educated women to upgrade their skills. 116 women enrolled in the Center in 1974 and, many, under the guidance of secretarial and administrative volunteers, went on to enroll in regular college programs.

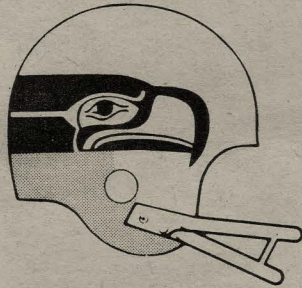
Among the many other programs sponsored by the NCNW are the Liberty House Project in Jackson, Mississippi, the Fannie Lou Hamer Day Care Center in Ruleville, Mississippi, and Food For All, Inc. in Mississippi and Alabama.



THE FIRST COLORED SENATOR AND REPRESENTATIVES.

In the 41st and 42nd Congress of the United States.

The Seattle Seahawks



Salute
The Medium
and

BLACK HISTORY WEEK

THANKS, SEATTLE

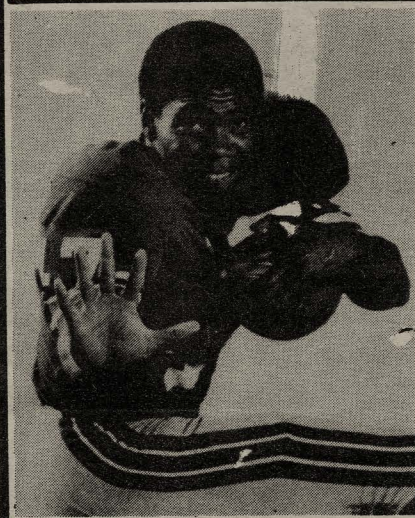
FOR YOUR TREMENDOUS SUPPORT
DURING OUR FIRST THREE YEARS
IN THE NFL

JOIN US AGAIN IN '79 WHEN WE HOST THESE
GREAT TEAMS IN THE KINGDOME

Oakland Raiders	Minnesota Vikings	Kansas City Chiefs
San Diego Chargers	San Francisco 49ers	New Orleans Saints
Los Angeles Rams	Denver Broncos	Houston Oilers
New York Jets		Dallas Cowboys



SOAR with the SEAHAWKS in '79!



Yes, I'd like information on Seahawks tickets:

___ Season ___ Groups ___ Individual Games

Name _____

Address _____

City, Zip _____

Phone _____

Send to: Seattle Seahawks, 5305 Lake Washington Blvd.,
Kirkland, WA 98033 or call 827-9766