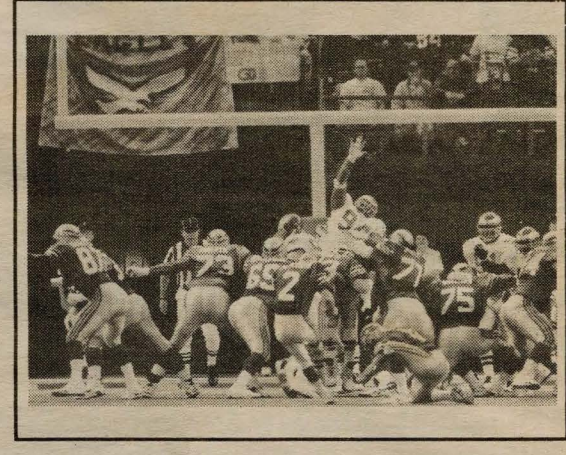
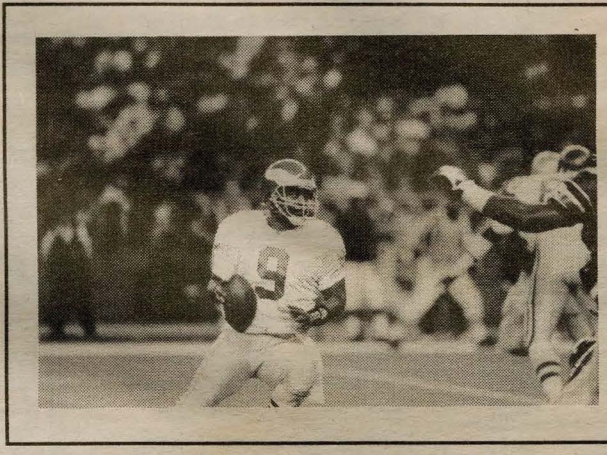
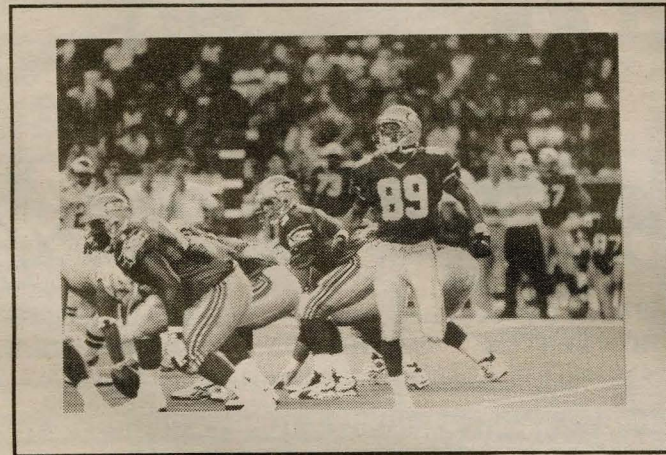
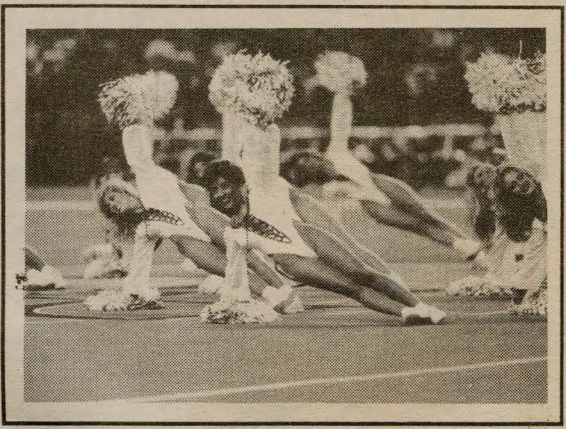
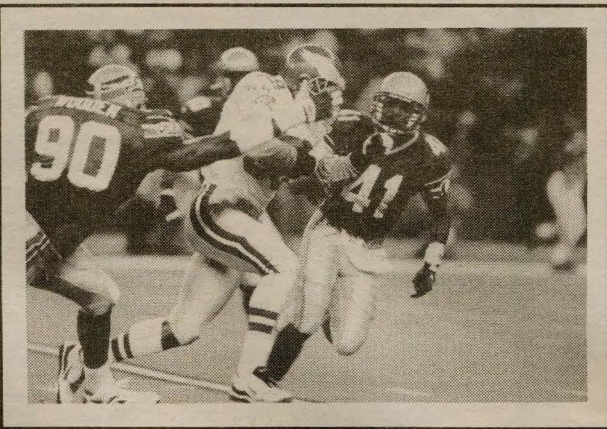
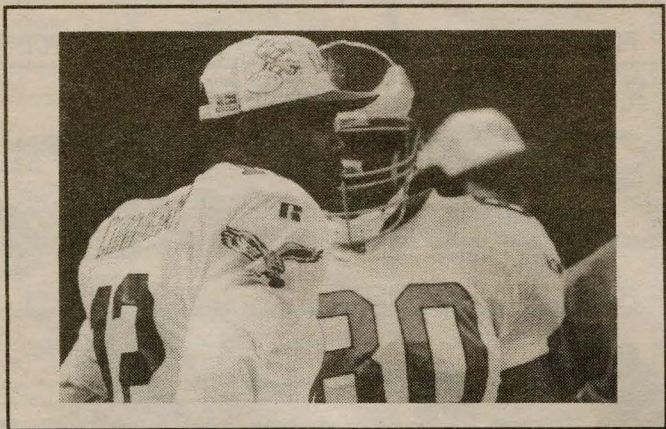
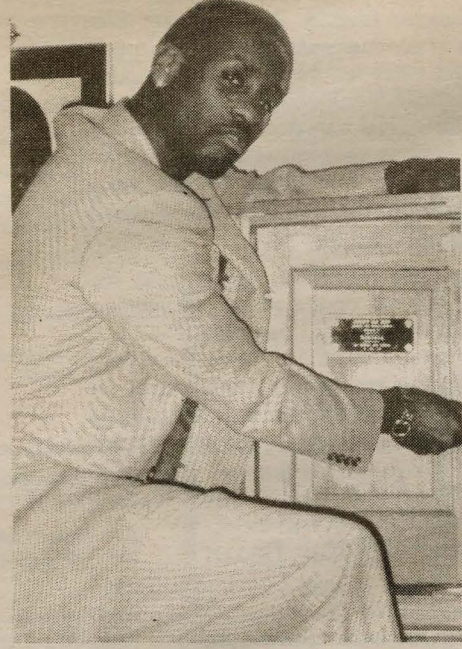


SEAHAWKS FLY PAST EAGLES



THE SEATTLE SEAHAWKS (6-7) KEPT THEIR SLIM PLAYOFF HOPES ALIVE BY BEATING THE PHILADELPHIA EAGLES (8-5) SUNDAY 26 TO 14. THE EAGLES ARE ONE OF THE NFL'S MORE PROGRESSIVE TEAMS WITH A AFRO-AMERICANS IN LEADERSHIP ROLES; HEAD COACH RAY RHODES, STARTING QUARTERBACK RODNEY PEETE, AND BACKUP QUARTERBACK RANDALL CUNNINGHAM.

Seattle Super Sonic Gary Payton Shut THA DOE! at The Darnell Show, Seattle Seahawk Brian Blade Sings A Song IT WAS ON!!



Darnell continues to ring out the Joy in all kinds of people. Recently he was putting on such a great show that Brian Blade C.J. the D.J. and Ray got up on the stage and turned the club inside out, people were rolling out of there seats with laughter as these three just clowning for the audience. All of a sudden Gary Payton for to feeling good and went to DARNELL'S DOE! and started shutting it. at the fabulous Royal Esquire located at 5016 Rainier S. including Seattle Seahawks Brian Blade, Black Shear, Chris Warren and a host of other players along with Seattle SuperSonic Gary Payton, friends and fans. Last Thursday Ronnie Jones showcased at Thompsons Point Of View 2308 E. Union, he had the audience eating out the palm of his hand. His stage presence was great, vocal ability strong, and overall performance magnificent. I'm sure he'll be invited back. The SHUT THA DOE attire is in for Christmas order better place them now because there going fast. Everyone is giving them now as Christmas presents they look great. Come on by Lady M's this Wed and watch Darnell and Theresa SHUT THA DOE! The fellas love to watch her, and the ladies love to watch him SHUT THA DOE! For more information call (206) 719-5781 or (206) 314-1344.

Mann Bits & Pieces By Dave Mann

Can anyone figure out the Seattle Seahawks? One game they put it all together and the next game they play as if they couldn't whip the church league team. Consider the ugly showing a week ago when both offensively and defensively they stunk-up the Kingdome against the New York Jets. Then in a reversible move they showed up last Sunday in the same arena and put a hurting on a good Philadelphia team.

In last week-end win over the Eagles Rick Mirer and Chris Warren each ran for a touchdown and Todd Peterson kicked a career-high four field goal to pace the offense, while the defense held down an Eagle rushing attack that came in ranked second in the NFL.... Is it or is it ain't - the on again off again trade of Mariners Tino Martinez to the New York Yankees, it is seemingly off again.

The hold up seems to be Yankees third base man Wade Boggs reluctant to sign his 1996 contract.

The principles involved in the trade were the availability of Yankees third baseman Russ Davis to the Mariners for Martinez an this huge salary.....can't wait to watch the next four years as Slick Watts son over at Husky-ville go against Fred Brown son (Terik) down at Oregon State. Both Eastside boyhood friends are expected to contribute loudly to their respective collage agendas.....Fir-state buddy Jabbo Ward gave me and others a little scare last weekend when he went down an eradite heart-beat, but Jabbo told me a few days ago that every thing is O.K. and that he will be back on the putting green very shortly..Don't forget the Annual Fir-State Banquet being held at the Beautiful Esquire Club in Lake City...The few golfers you see at the driving range at Jefferson Park are fellows getting ready to make the journey to Phoenix, Arizona for the Annual East-West Classic. since you asked - who's making all the money in the sports field. Michael Jordon, with 4.3 million - Mike Tyson 4 million - Shaquille O'Neal 3.7 million and Deon Sanders 3.4 million.

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CNG. Entertainment Present....
Mr Kevan Edwards and
The First Light Band Live
 December 30, 1995
 Place Prince Hall Masonic Temple 24th Washington Time 8pm food no host bar.

PHOTOS BY: Tim Collins Photo/Writer Images

"A Day Of Dialogue On Race"

A United Nations Human Rights Day celebration
 Featuring A Performance by Diversity Dance Workshop
 Sunday, December 10th 2pm
 At Langston Hughes Cultural Arts Center
 104 17th S. Seattle
 Program's Theme:
 Freedom From Racial Prejudice;
 America's Most Vital and Challenging Issue
 Presentation:
 "The Vision Of Race Unity"
 by Spiritual Assembly of the Baha'is of Seattle
 Presentation:
 "A Day of Dialogue on Race Guide"
 Published by the Church Council Of Seattle
 by Bill DeTally, Gina Williams, Diane Wood
 Presentation
 Diversity Dance Workshop
 Multi-Ethnic Potluck Dinner Celebration
 For more information call 723-5282 or 525-7312
 A Free Event Sponsored by the Seattle Baha'i Community.

DAMASCUS PRE-SCHOOL & CCC

Today Little Stars Child Care announced its sponsorship of the USDA Child and Adult Care Food Program administered by the Office of Superintendent of Public Instruction (OSPI). Meals will be made available to enrolled children at no separate charge without regard to race, color, disability, age, sex, or national origin. Parental income determines the amount of money OSPI will reimburse sponsors to provide meals to enrolled children. The income eligibility guidelines listed below are used to determine the reimbursement from OSPI.

Family Size	FREE	REDUCED PRICE
1	\$810	\$1,152
2	1,087	1,547
3	1,364	1,941
4	1,642	2,336
5	1,919	2,731
6	2,196	3,125
7	2,474	3,520
8	2,751	3,915
For each additional family member add:	+278	+395

Any person who believes that he or she has been discriminated against in any USDA-related activity should write immediately to the Secretary of Agriculture, Washington, DC 20250.

5237 RAINIER AVE SO.

Holiday Gifts For Homeless



Every year, homeless women and children face the Christmas holidays with sadness. There may be no gifts and no special meal to look forward to. But, there is a way for the community to give a special holiday to some of these families. To make giving easy for holiday shoppers, Southcenter, Union Gospel Mission, YWCA and Kickin' Country K106 are combining efforts to help homeless men, women and children have happier holidays through the 8th Annual "Gifts for the Homeless" event.

Look for the large tent in Southcenter Mall's south parking lot on December 15, 1995 from 6:00am to 10:00pm. Kickin' Country K106 will be broadcasting live during the event, and shoppers can drop off gifts to benefit homeless men, women and children. "Christmas is the time of sharing and giving. This year the need has never been greater," said Herb Pfiffner, executive director, Union Gospel Mission, based in Holly Park. "Each year we see more and more homeless families who have nothing to look forward to but an empty holiday, no toys, no gifts and very little to cheer about," said Leslie Leber, YWCA of Seattle-King County community resources coordinator. Both agencies will share in the gifts donated. Union Gospel will receive gifts from 6:00am to 2:00pm, the YWCA from 2:00pm to 10:00pm. The gifts should be new and suitable for a homeless man, woman or child. Donors are asked to drop them off, unwrapped, at the tent in south parking lot at Southcenter Mall.

The Washington State Citizens Advisory Council on Alcoholism and Drug Addiction

is recruiting members. Persons in recovery from alcoholism and /or drug addiction are encouraged to apply. Meetings are generally held every other month. This is an opportunity to give input on policy decisions related to public funded alcohol/drug prevention and treatment services. Positions are voluntary. Members shall not be employed in an occupation relating to alcoholism or drug addiction. Interested individuals should submit a resume and cover letter to : Division of alcohol and substance abuse, Attn: Doug Allen, Post Office Box 45330, Olympia, Washington 98504-5330.