



ATLANTA, GEORGIA. - Lynne Thompson has been promoted to Communications Coordinator, Special Markets, in the Marketing Planning Department of Coca-Cola USA, according to an announcement by Mr. Charles H. Boone, Manager, Special Markets, Marketing Planning Department of Coca-Cola USA.

Miss Thompson will be responsible for maintaining liaison with and coordinating efforts involving the advertising agency, advertising manager, public relations department and manager, special markets.

INTERNATIONAL NIGHT SPAGHETTI DINNER

Meany Middle School will host an International Night Spaghetti Dinner and Fine Arts Festival on Wednesday, March 19, 1975 from 5 - 8 p.m. The event will be held at Meany Middle School.

Concert band selections

will be featured throughout the evening. Art, sewing, metal and wood shop and photography displays will be available.

For more information, contact Meany Middle School.

LESCHI TO HOST ELECTRICAL REPAIRS WORKSHOP

On Saturday, March 15, 1975, the Leschi Project Area Council will be serving the community with helpful assistance in minor home electrical repairs.

Some specific things we would like to cover at this workshop is the preventive type repairs, both in and around the home such as: 1. Repair of electrical outlets, light switches, light fixtures, replacement of electrical plugs and cords; 2. Give residents the opportunity to apply correct procedures and safe tech-

niques; 3. Fuse box vs. Breaker box.

The workshop will be held from 11:00 a.m. until 1:00 p.m. at the PAC office located at 16130 Avenue at East Spruce. Admission is naught.

The workshop will demonstrate how to make easy electrical repairs and eliminate the added expense of the skilled tradesperson when they are not needed. Please make it a point to try and attend. Preventive Maintenance Is Like Money In The Bank. "Fix It Up And Keep It Up".

EMPLOYMENT AVAILABLE WORK STUDY

State funded work/study employment, designed to benefit both local college students and business organizations, is now available.

Wm. Kelly Toomey, director of student placement and financial aid at Seattle Central College, said that under a new program, 35 percent of a student's salary is paid by an agency or firm, and 65 percent is paid from state funds.

"It is hoped that under this program students will obtain better career type jobs and that they will have

a better understanding of the fields they are studying", Toomey said.

Students must meet the federal guidelines for needy students, and must be employed in the type of work that they are studying in college. Wages paid must be in compliance with the Fair Labor Standards, and all positions are limited to no more than 15 hours a week.

Firms or organizations interested in participating in the program should contact Toomey at SCCC's Placement and Financial Aid Office, 1705 Broadway, 587-3844.

'Urban League Needs Blood Donations

Central area churches will be asked this week to help the Seattle Urban League in its campaign to give blood pressure readings to residents of the seven census tracts along Lake Washington between Mercer Ave. and Hinds St.

The Black Panther Party and community leaders already have agreed to assist in the project which is being funded by a grant from the Washington/Alaska Regional Medical Pro-

gram.

Marian Rivers, nurse-coordinator of the project, said screening will begin in May with the aim of giving free blood pressure readings to 375 patients a month as well as presenting educational programs and conducting a follow-up monitoring to determine whether needed care is obtained.

The committee to recruit volunteers includes Elmer Dixon, chairman, Brenda Churchill, Verna Hill and

Ruby Massingale.

On the education committee are Dr. August Poper, Jr., Ronda Konkell and Barbara Moore. In charge of follow-up are Pat Watts, Verna Hill, Dr. James Logerfo and Elmer Dixon.

Educational sessions, open to any resident of the Central Area, will be conducted by a panel of nurses and physicians. Patients found to have elevated readings will be

referred to their own physician or to a community clinic.

SUBSCRIBE TO THE MEDIUM 323-3070

For "Good Things To Eat"

PORK LOIN END ROAST Fresh	Cut From 14-17 lb. Loins 3 to 5 lbs.	88¢	CUT-UP FRYERS FRESH	Washington Grown	65¢
FRESH PORK RIB CHOPS	Cut From 14 to 17 lb. Loins	\$1.18	PURE PORK LINK SAUSAGE	Common's Fresh	\$1.19
BEEF BLADE CHUCK STEAK	U.S.D.A. Prime or Choice	65¢	LARGE BOLOGNA & BRAUNSCHWEIGER	Hygrade By The Piece	59¢
COUNTRY STYLE SPARE RIBS FRESH		89¢	Ham Patties	Swift's Premium	\$1.59
CORNER BEEF	Shenson's Famous U.S.D.A. Choice Brisket or Select Rounds	\$1.29	Brown & Serve Sliced Meats	Land O' Frost; 6 Varieties	35¢

TOMATO SOUP STANDBY, Condensed 10 1/2 oz. Tin	16¢	Cottage Cheese 1% Milk, Small or Large Curd	43¢	CHUNK TUNA Bumble Bee Light 6 1/2 oz. Tin	46¢
FACIAL TISSUE CHIFFON, Assorted 200 ct. Pkg.	39¢	Niblets Corn Vacuum Pack White Kernel	3/\$1	SALTINE CRACKERS H.B.C. Premium 1 lb. Pkg.	52¢
MAGARONI & CHEESE MAJORETTE, Dinners 7 1/2 oz.	5 \$1	Peanut Butter Jif, Creamy or Chunky	\$1.43	FRESHIE MARGARINE All Vegetable Regular Limit 6 Cts. Additional at 55¢ ea. 1-lb. Ctn.	3 \$1

ORANGES
Sunkist Snoboy Navel

CELERY
Crisp Stalks

CARROTS
1-lb. Cello Smoothie

ONIONS
Sweet, Yellow

AVOCADOS
Calif

APPLES
Green Newlands

POTATOES
U.S. No. 1 Baking

29¢

25¢

29¢

6 \$1

25¢

3 \$1

7 \$1

Prices effective Wed., Mar. 12th thru Sat., Mar. 15th. LIMIT RIGHTS RESERVED. An equal opportunity employer.