

THE LOCAL SEATTLE SCENE...

Fashion, Beauty, & Health Tips

By Linda Neal



HAPPY NEW YEAR'S

As the new year fast approaches, many are contemplating on beginning weight reduction programs after the first of the year. It is good to make these kind of plans. However, the stickiness of the glue is another matter. It is impossible to correct in a short while what has become a lifelong pattern. Maintaining good health is a way of life, not a destination. Therefore, concentrate on changing bad eating habits this coming year, and enjoy good health.

God Bless you, keep you and make the coming year be prosperous.

Send Inquiries: FACTS Newspaper - C/o: P & B Editor.

Parade of Stars Excitement at the Knight Lounge Dec. 29

"Solid Gold" television show host Marilyn McCoo adds to the excitement of the Budweiser-supported "Lou Rawles Parade of Stars" as a performer and as co-host with Lou Rawles and Ed McMahon. The Puget Sound Chapter of the United Negro College Fund is bringing you this event as well as hosting a special viewing party for all the community. The party will be held from 5 pm until 2 am at the KNIGHT LOUNGE, 820 Martin Luther King Jr. Way South in Seattle, Dec. 29. A Ten dollar donation is being



asked, however, any support you can give will be most appreciated. So come on out, and remember, A MIND IS A TERRIBLE THING TO WASTE.

DUPLICATE BRIDGE AT THE CENTRAL AREA SENIOR CENTER... THURSDAY NIGHT AT 7:30 by Fleecie Jordan

The Xmas Party of the Le Etta King Bridge Club was held Thursday, Dec. 21st, and in spite of the gaiety and revelry, we did play BRIDGE! Jim Motin directed a Howell Movement and the results are as follows: 1. Braxton Price - Jim Motin; 2. Octavia Jackson - Al Walker; 3. Cecelia Holmes - Carolyn Benning.

We shall take a few days off, and return January 5th, so mark your calendars accordingly.

Our benefit bridge sessions at the Westin Hotel on Sunday, Dec.18th, produced nineteen tables in support of the United Negro College Fund. Jim Motin was Director in Charge, assisted by Herb Jackson. At the conclusion of the game, Marion Sutherland, who is General Chair of the LOU RAWLS PARADE OF STARS for our area thanked everyone for supporting the event and reminded us to pledge additional cash support during the telethon, Dec.29th, 1983 on King 5 TV, 7:00 p.m. to 11:00 p.m.

Gertrude Peoples, who arranged the Bridge Game, also thanked everyone for coming out and helping. We have had a wonderful year and we made much progress; for that, we thank all who supported throughout the year. We would also like to thank Mr. Fitzgerald Beaver, publisher of the FACTS Newspaper for giving us such wonderful coverage during the entire year.

Happy New Year! See You January 5th!

In a recent survey the results showed THE FACTS Newspaper as the number one weekly with more community news than any other weekly in Seattle!

HAIR CUESIGN

FOR APPOINTMENT PLEASE CALL 329-4923

201 Summit Avenue East

SATURDAY NIGHT DECEMBER 31ST ERNESTINE'S NEW YEAR'S PARTY AT THE TRADE CENTER



A full evening of entertainment by internationally acclaimed jazz vocalist ERNESTINE ANDERSON with the Allen Youngblood Quintet, m.c.'d by Jim Wilkey with live broadcast.

Cocktail Hour 7:00 p.m. (no-host bar)
Dinner 8:00 p.m.
(includes a bottle of champagne per person)

MUSIC AND DANCING THROUGH THE EVENING

PACKAGE PRICE \$50.00 per person.
\$2.00 of each ticket will go to benefit the Variety Club. Parking garage and sky bridge available to party guests. TICKETS WILL NOT BE AVAILABLE AT THE DOOR. Advance tickets may be purchased at Century 21 offices, Bud's Jazz Records or call 623-3630 for information. This event is co-sponsored by The Variety Club of the Pacific Northwest and Century 21, Dwyia Donohue, chairperson, and will take place at the Seattle Trade Center, 2801 Elliot Ave.

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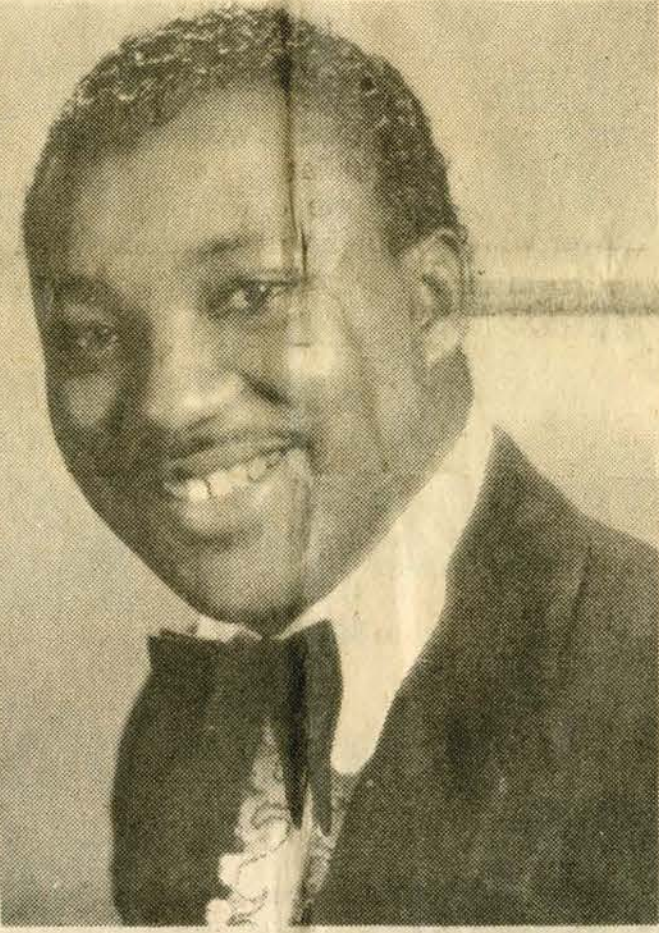
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LOCKHART DOING IT AGAIN!



DARYL LOCKHART

Daryl Lockhart, the very excellent and successful pianist and singer is doing it again! As you all know, Daryl has returned from a Japan Tour in October and is now performing nightly at the Landing Restaurant and Lounge.

Daryl has only been home two months and have already accumulated a regular Seattle followings of over 250 people. (That's not including records sales!). Daryl will also feature on January 1st, at 5:30 p.m. on Channel 5, Third World Program, so tune in and check out this very talented performer for showtimes at the Landing Restaurant and Lounge. Call 329-1956.

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SEE YOUR DOCTOR

This information comes from Smith Kline and French Laboratories, a leader in high blood pressure research and therapeutics.

Smoking is the Number 1 risk factor for heart disease. The risk of heart attack is doubled in heavy cigarette smokers.

If you stop smoking, the risk decreases almost to the same level as for people who have never smoked.

See your doctor. Working with your doctor to eliminate or control coronary risk factors can help combat heart disease.

Miami Teen Wins Love's National Model Contest



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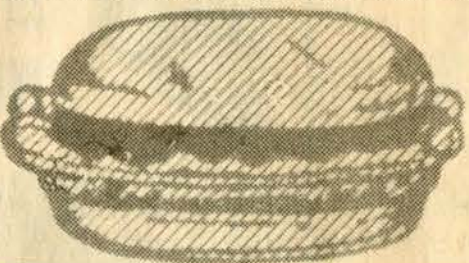
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Remember, community news of interest is exclusive in THE FACTS and you read it first.

Odia Coates: from Vegas to Seattle....



ODIA COATES

A capsulized version of Odia's early career will reveal that around 1968 she landed her first professional gig while moonlighting as a secretary in the San Francisco Bay Area. Later she became lead vocalist with Brotherly Love, which played Vegas and the Bay Area. She stayed with that group a few years, learning her craft by singing rock and r&b before joining the Sisters Love with her old friend Merry Calyton. Then she parted to try a solo career, a move which lead to her introduction to Anka via their mutual friend, Edwin Hawkins.

On their initial hit, "Having My Baby," only Paul's name appeared on the label. It was all part of a plan, according to Paul, who speculated that, "If we didn't put her name on the label, everyone would ask-'who's the girl?'" If that was the plan, it worked. By the time the follow-up, "One Man Woman, One Woman Man" was released and Odia's name did appear on the record, she was already identified as a veteran of one of the biggest hits on the year.

ODIA COATES: The lady with the great name and the talent to match it. Although she has already been praised as she shared the Anka spotlight in such notable Las Vegas resorts as Caesars Palace, and the MGM Grand Hotels, as well as such far ranging places as Japan, Europe, The Caribbean, Canada, and throughout the United States, entertaining fans that were also becoming familiar with Odia's credits as a recording artist.

Odia is now at the juncture of something new, and in many ways her road is just beginning.

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