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The Seattle Medium

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WASL Scores Improve, But Still Nothing To Brag About

By REBECCA COOK
Associated Press Writer

BURIEN, Wash. (AP) - Washington students improved their scores in reading, writing and math on the Washington Assessment of Student Learning last spring, but only about one in three children is meeting state standards.

``We've got to do something about this, and it's a shared responsibility,'' said state schools superintendent Terry Bergeson, who said schools, teachers, parents and communities will need to make radical improvements to get every child meeting standards. ``We're going to have to have a big, breakthrough performance to meet this goal.''

Bergeson announced the results of the 2003 test on Thursday. Students in grades four, seven and 10 take the WASL (pronounced WAH'-suhl) in reading, writing, math and listening.

Schools that receive federal Title I money and get low WASL scores will have to make ``adequate yearly progress'' toward the standards or face consequences under the federal No Child Left Behind Act.

This year, 436 of the state's roughly 2,000 schools failed to make ``adequate yearly progress.'' Of those, 386 are on alert _ they have to improve or face consequences next year.

Fifteen Washington schools have gone two years without making adequate improvement, which means they must allow students to transfer to higher-performing schools if they desire. Thirty-one schools haven't made adequate progress for three years now, which means they must offer tutoring and similar support services to poor students. Four schools have gone four years without improving scores enough, which means a host of changes aimed at completely upgrading the school.

Thirteen schools worked their way off the alert list this year.

Bergeson said parents shouldn't panic if their child's school is on the needs-improvement list. It doesn't mean the school is failing, she said.

``If I were a parent I would go to the school and talk to the principal,'' Bergeson said. She said parents should ask what their school is doing to improve, and ideally they should participate in the efforts.

Bergeson said she agrees with the goals of No Child Left Behind, and she thinks the WASL is a good way to test whether schools are really teaching kids what they need to know. But, she said, she has some problems with the rules in the federal law.

For example, students who don't speak English are expected to reach the same standards as everyone else. That's good in theory, Bergeson said, but in the real world many schools get a new influx of students every year who speak absolutely no English and can't read the test. Whatever progress the school makes with one group of students will be rolled back the next year, when new non-English-speaking kids arrive.

(Cont'd. On Page 2)

African American Company Participates In High Point Redevelopment Project

By Shrinda Mitchell
The Seattle Medium

West Seattle's well-known High Point housing project is getting a new look and what developers hope will be a new reputation for the impoverished area.

For many years, High Point has been associated with drugs, violence, gangs and the deteriorating look of the buildings made it, what some would consider, one of the most undesirable housing areas in the state.

The Seattle Housing Authority (SHA) is redeveloping the High Point neighborhood. They are undertaking several levels in the two-phase project that will include initiatives such as: deconstruction, solving drainage problems, preserving natural habitats and building healthy homes. Deconstruction is one of the key levels of the redevelopment because it is a new approach to traditional demolition procedures. This approach involves taking apart everything, in order to help save most of the valuable materials such as cedar planks, siding layers, high-quality growth lumber, doors, bricks and appliances. It is a process that will also help save most of the trees within the neighborhood.

Knight Construction & Development Firm, Inc., an African American owned company, was awarded the contract to deconstruct twenty of High Point's 716 Units by SHA after submitting the lowest. The twenty-five year old founder of Knights Construction, Elmore Williams, jumped on the bid when he received the SHA invitation for the redevelopment project.

With a bid contract for a little over $200,000 and a work crew of fifteen, with four former High Point residents added to the crew, the deconstruction process is in progress. Knight Construction is working under the wings of Absher Construction, which is the general contractor for the project. According to SHA project manager Tom Phillips, one of Absher's goals is to have minority owned businesses be a part of their contracts.



Crew members of Knight Construction take apart buildings at the High Point Housing Projects in West Seattle, and salvage vital parts. ***Photo/Shrinda Mitchell.***

With the lack of African Americans working on these kinds of jobs, it is not only good to see African Americans being responsible for an important part of a big project, but it is also good to see people that used to be residents in the housing area working on the job. This is one of the reasons why Williams felt it is a good reason to have some of the High Point residents working along side of him and his crew.

"These people lived here their whole life, so it's only right when you have construction projects going on that you include the people that the construction project is going to affect," Williams said.

Rontrell Stiles, who formerly lived in High Point and is on the deconstruction crew, stated that it has been a fun and heart felt experience so far.

"Growing up here and now deconstructing the place is kind of like a little heart pain, but at the same time it feels good to know you're a part of something you helped build," stated Stiles. "It's really been fun, I get to see my old friends that used to live here. It's just a pleasure being here," added Stiles.

Knight Construction has been in business for two years and High Point is one of their biggest projects so far. Williams' states it is a good learning experience and he is looking to take on more deconstructing jobs like this as well as others such as landscaping and framing. The National Association for the Advancement of Colored People (NAACP) president Carl Mack believes it is beautiful for an African American owned company to be awarded the contract.

"It represents opportunity and hope. It is sweet, but at the same time it can be sweeter," said Mack. "Now we want a $22 million dollar contract for that. It's not to minimize his (Williams) contract because I think it's outstanding news for the African American community. But based on the lack of opportunity we have had for so long we'll celebrate it but we're not satisfied," added Mack.

The first phase of the High Point redevelopment project will not be completed until mid-2005 and the second phase in 2008. When it is all complete High Point will be a new and improved community of houses, townhouses and apartment homes decorated with parks, trails and new public amenities. With a whole new look, West Seattle's High Point is looking to take on a whole new reputation.

Auburn Police Investigating Death Of Man While In Police Custody

The Auburn Police Department is investigating the circumstances surrounding the death of Jason Lee Tucker, 23 of Tukwila, who died on Aug. 24 after being taken into custody by Tukwila Police. Pursuant to a Mutual Aid agreement between several Valley Cities, outside agencies are routinely called in to investigate certain types of incidents, including those involving persons held in police custody.

According to Police Reports, Tukwila Police responded to a domestic violence call at approximately 9 p.m. on Saturday Aug. 23.

A responding officer observed Tucker driving in the area of the residence where the alleged assault occurred and stopped the car. Tucker was taken in custody without incident, and was taken to the Tukwila Police Department for processing on 4th degree assault charges.

While in the holding cell at the Tukwila Police Department, Tucker had what appeared to be a medical emergency. Tukwila Fire Aid and Medics were dispatched and transported Tucker to Harborview Medical Center, were he was pronounced dead at 4:09 a.m. on Sunday Aug. 24.

The body was turned over to the the King County Medical Examiners office to investigate the cause of death. The investigation is looking into information that Tucker possibly ingested some type of narcotic prior to his arrest.

The results of the investigation is pending the completion of a toxicology report. According to police officials, the results of the toxicology report might not be available for about 1 to 1-1/2 months.

Religious Leaders Struggle To Support Black Gays—But Not The Lifestyle

By Hazel Trice Edney
NNPA Washington Correspondent

WASHINGTON (NNPA)—For years, it was an issue that many African-Americans were uncomfortable discussing. But now that gay rights is out of the closet, many Blacks are struggling with how to support gays as people without sanctioning their lifestyles.

There is no question that Black gays and lesbians are out of the closet. Last week, Atlanta, like 18 other cities around the country, hosted its annual Gay Pride Week, with an expected attendance of more than 15,000. Openly gay men, such as E. Lynn Harris, have published widely read books that discuss their homosexuality.

Despite the books, parades, coming out parties and "proms," many African-Americans have mixed feelings on the subject.

"It is a wedge issue. It is a very divisive issue. But, it is an issue that up until most recently in the last four or five years, would not even be approached," says Rev. Timothy McDonald, president of the People for the American Way's National African-American Ministers Leadership Council, a group of more than 700 ministers. "We've always dealt with it behind the scenes. I think more recently in the last three to five years we've started having more and more conversations about it."

Those conversations may have multiplied after the recent March on Washington. At that event, Martin Luther King III, president of the Southern Christian Leadership Conference; Rep. John Lewis (D-Ga.), Democratic presidential candidate Al Sharpton, and Coretta Scott King linked the rights of homosexuals with the struggle that African-Americans face in the United States.

"We are here because our lesbian and gay sisters and brothers are being subjected to persecution, discrimination and violence because of their sexual orientation," Martin Luther King III told the crowd. "Let me say this. Homophobia is nothing but fear and hatred. That has no place in the beloved community."

Few Black churches are willing to go that far.

For example, the Council of Bishops of the African Methodist Episcopal Church (AME), the governing body of more than 7,000 predominately Black congregations in more than 30 nations, reaffirmed last month at a special session in Dallas its official position against openly gay clergy.

"The Bishops reaffirmed again that the official position of the African Methodist Episcopal Church is not in favor of the ordination of openly gay persons to the ranks of the clergy of our church," states Bishop Richard Franklin Norris in a letter that he ordered read in every AME church. "This position reaffirms our published position papers, public statements and prior rulings, all of which indicate that we do not support the ordination of openly gay persons."

While the AME Church makes its position clear, some denominations remain curiously silent.

Rev. William J. Shaw, president of the National Baptist Convention USA, which claims a membership of 6.5 million, refused NNPA's request for a comment on the issue. Rev. Roscoe D. Cooper, former general secretary of the organization, says the subject has not been debated by the organization.

Cooper's personal view coincides with the official position of the AME bishops.

"I think one of the things that's happened with the Civil Rights Movement is that it has been broadened to include so much that what it has done is effectively put the Black issue to the side," says Cooper, pastor of the Metropolitan African-American Baptist Church in Richmond, Va. "I think that there are some folks who, because they need public attention, grab a hold of every issue and want to be politically correct."

The Bible is clear on the evils of homosexuality, says Hasani Pettiford, author of "Pimpin' from the Pulpit to the Pews: Exposing the Spirit of Lust in the Church."

In his book, Pettiford points to Leviticus 18:22 (King James Version) as a key scripture: "Thou shalt not lie with mankind, as with womankind: it is abomination."

He also cites I Corinthians 6:9-11: "...Be not deceived: neither fornicators, nor idolaters, nor adulterers, nor effeminate [homosexuals], nor abusers of themselves with mankind...shall inherit the kingdom of God. And such were some of you, but ye are washed, but ye are sanctified, ye are justified in the name of the Lord Jesus Christ and by the spirit of God."

Sylvia Rhue, director of the Equal Partners of Faith, a national advocacy group that included the rights of gay and lesbian Christians, says scriptural interpretations are often misleading.

For example, as Leviticus uses the word "abomination" in the King James Version, she says, "There is no Hebrew word for abomination. The word is 'toevah' or 'toebah,'" she says. "It means ritually unclean to enter to the temple as were any women when they were menstruating."

However, other translations of that verse command abstaining from homosexual acts without referring to the word "abomination." The New International Version reads, "Do not lie with a man as one lies with a woman; that is detestable."

Rue argues that some of the confusion is because the term homosexuality is not used in the Bible because the term wasn't invented until 1869 and didn't become a part of the American lexicon until the 1900s. However, there are references to "effeminate" behavior, such as I Corinthians 6:9.

McDonald, pastor of First Iconium Baptist Church in Atlanta, understands both sides of the argument.

"There are those who are in the ministry who just blatantly, unequivocally, define homosexuality as sin. There are others in the ministry, who are still struggling with that," McDonald

(Cont'd. On Page 2)

WASL Scores

Continued From Front Page

``If a school has a large number of English-as-a-Second-Language students ..., they will never get off the school improvement list, no matter how hard we work,'' Bergeson said. ``It's a good idea to be held accountable but this is not the way to do it.''

Bergeson said she's determined to close the gap between poor and rich students, though she knows that's a big challenge.

``As poverty increases, achievement goes down,'' she said. ``We don't want the accident of a child's birth or the income of their parents to determine their achievement level.''

Bergeson is lobbying for changes in the federal law to give schools more flexibility in testing special education and non-English-speaking students.

The WASL is designed to measure critical thinking skills and how well students can apply what they have learned. Unlike old standardized tests, the WASL requires students to write essays and explain math solutions in writing. The test costs about $24 per student to administer.

Officials last year said they could tell by the test results that high school sophomores were blowing off the test. Tenth graders left more than 22 percent of the open-ended math questions blank and were three times as likely to leave questions unanswered in the writing and reading portions as younger students.

Bergeson didn't have comparable figures on how many questions were left blank this year, but said the response rate has improved slightly.

She said schools have done a better job of explaining the importance of the test to kids. She wants to create partnerships with state colleges and universities, so that kids who perform well on the WASL in the 7th grade could get letters encouraging them to think about college and the SATs in high school.

Details Of The 2003 WASL Scores

By The Associated Press

A look at Washington's 2003 school test results:

TESTED: About 230,000 children in grades four, seven and 10.

HIGHLIGHTS: Students in every grade improved in reading, math and writing.

LOWLIGHTS: Listening scores dropped in grades 10 and four (though they improved in grade seven). Only about one in three students met state standards in all four areas. Special education and non-English-speaking student performance lags far behind state standards.

MEETING STANDARDS: 34.4 percent of fourth graders met state standards in all four areas; 27.2 percent of seventh graders met standards in all areas; 33.5 percent of 10th graders met standards in all areas.

NEEDS IMPROVEMENT: Fifty schools have failed to adequately improve WASL scores for two consecutive years or longer. They are:

Schools that haven't made adequate WASL improvement for two years:
Brewster Elementary, Brewster
Oakwood Elementary, Clover Park
Southgate Elementary, Clover Park
Grandview Middle School, Grandview
Harrah Elementary, Mount Adams
Robert Frost Elementary, Pasco
A.W. Dimmit Middle, Renton
Cleveland High School, Seattle
Meany Middle School, Seattle
Minor Elementary, Seattle
Rainier Beach High School, Seattle
McCarver Elementary, Tacoma
Stewart Middle School, Tacoma
Wellpinit School, Wellpinit
Westside High School, Wenatchee

Schools that haven't made adequate WASL improvement for three years:
Brewster Jr./Sr. High, Brewster
Neah Bay Elementary/High, Cape Flattery
Granger High School, Granger
Cascade Middle School, Highline
Chinook Middle School, Highline
Artz Fox Elementary, Mabton
Mabton Jr./ Sr. High, Mabton
Midway Middle School, Moses Lake
Mount Adams Middle School, Mount Adams
Nespelem Elementary, Nespelem
R.B. McFarland Jr. High, Othello
Stevens Middle School, Pasco
African American Academy, Seattle
Aki Kurose Middle, Seattle
Concord Elementary, Seattle
Madrona Elementary, Seattle
Harrison Middle School, Sunnyside
Gault Middle School, Tacoma
Jason Lee Middle School, Tacoma
McIlvaigh Middle School, Tacoma
Roosevelt Elementary, Tacoma
Toppenish High School, Toppenish
Morris Schott Middle School, Wahluke
Saddle Mountain Intermediate, Wahluke
Satus Elementary, Wapato
Wapato Middle School, Wapato
Adams Elementary, Yakima
Barge-Lincoln Elementary, Yakima
Lewis & Clark Middle School, Yakima
M.L. King Jr. Elementary, Yakima
Washington Middle School, Yakima

Schools that haven't made adequate improvement in WASL scores for four years in a row:
Quincy Jr. High, Quincy
Garfield Elementary, Toppenish
Kirkwood Elementary, Toppenish

Religious Leaders Struggle To Support Black Gays

Continued From Front Page

says. "I used to be one of the strongest gay bashers there was until I encountered loving, compassionate gentle people who said, 'I did not choose this. There's no way that I'd be in my right mind and choose this lifestyle. This is who I am.'"

McDonald continues, "The fundamental theological question of homosexuality is: Is it by birth or is it by choice? That is the fundamental theological question. And then there are several thousands hermaphrodites born every year, babies with both sex organs. It is not as clear-cut as some ministers want it to be."

And if people are born that way, as many contend, McDonald says he needs another answer. "I don't know why God did that. I haven't figured that out yet."

Rev. Joseph Lowery, former president of the Southern Christian Leadership Conference, has heard gay rights activists equate their struggle with the Civil Rights Movement.

"I don't think it's synonymous," he says, referring to the two movements. "I think there are similarities. It always has been divisive but it's time for the choir to sing. I don't mean just an excluding choir. I mean an inclusive choir. And if I'm going to err in terms of critical issues like that, I'm going to err on the side of inclusiveness."

David Almasi, director of Project 21, a Washington-based Black conservative think tank, says, "Unfortunately, a lot of those people recognized as the leaders of the Civil Rights Movement are happy to have that [gay and lesbian] political backing behind them. And so they're embracing it. The civil rights community is not doing this for a civil rights reason as much as a way to maintain power, maintain authority, to have large political backing that maybe someday they may be able to call on the homosexual lobby or the anti-war in Iran lobby or whatever for political favors."

Black gay activists disagree.

"Dr. King said none of us is free until all of us are free," says Keith Boykin, former executive director of the now defunct National Black Lesbian and Gay Leadership Forum. "I don't think that the movement stops when Black people achieve equal rights. I think the movement continues until all of us are free."

Boykin explains, "I've met thousands and thousands of gay men and lesbians over the years and none of them would voluntarily choose to be a part of another oppressed group, especially those who are Black or Latino."

Recent polls show Black support for gay lifestyles on the decline, especially after a Supreme Court ruling on June 26 overturning Texas' anti-sodomy law.

Support for homosexual relations between consenting adults has varied from a low of 32 percent in 1986 to a high of 60 percent last May. The Supreme Court ruling apparently touched off a dramatic reversal, with support for such unions dropping 10 to 12 points in just two months.

The poll initially showed Blacks and Whites about even in their levels of support for legalized gay relations, with 59 percent of Whites favoring them and 58 percent of Blacks holding a similar view.

In July, after the Supreme Court's Texas ruling, the percentage of Blacks supporting such relationships dropped by 23 points, from 58 percent to 35 percent. The overall drop in support for all races was 10 percent. The margin of error was 3 percent.

McDonald concedes that Black ministers in particular are of two minds.

"The jury is still out," he explains. "In the Black church, there is just now beginning to be debate and the semblance of open discussion on this issue. Not by a long shot are we there yet."

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Joan Owens & Chris B. Bennett, Co-Publishers

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Prison Escapee Shot During Capture Dies

(AP) - A convicted kidnapper and rapist who was shot after escaping from a prison near Aberdeen died on Saturday.

Thomas D. Guinn, 33, was pronounced dead around 1:30 p.m. at Harborview Medical Center in Seattle, said Veltry Johnson, spokesman for the state Department of Corrections.

Guinn escaped from Stafford Creek prison on Friday after assaulting a prison gardener, commandeering a maintenance truck, crashing it through a fence, then climbing over the prison's outer perimeter fence, Johnson said.

State corrections officers and Grays Harbor County sheriff's deputies found Guinn in a wooded area about a mile away from the prison, Johnson said.

Guinn, serving a 175-year sentence for rape, kidnapping, robbery and burglary in Pierce County, was shot after refusing to surrender to authorities, Johnson said.

Prison Superintendent Doug Waddington said Guinn, who was unarmed, was given numerous warnings before he was shot. He said Guinn was apprehended within 90 minutes of his escape.

Waddington said two officers found Guinn in a wooded area and ordered him to stop, but he yelled profanities at them and kept running. The two officers then used pepper spray on him, gave him three more verbal commands to stop, then fired a warning shot, then gave him another verbal command but he continued to run, Waddington said, and then they shot him.

Waddington said the two officers could not have surrounded the man in the area of dense brush and forest where they found him.

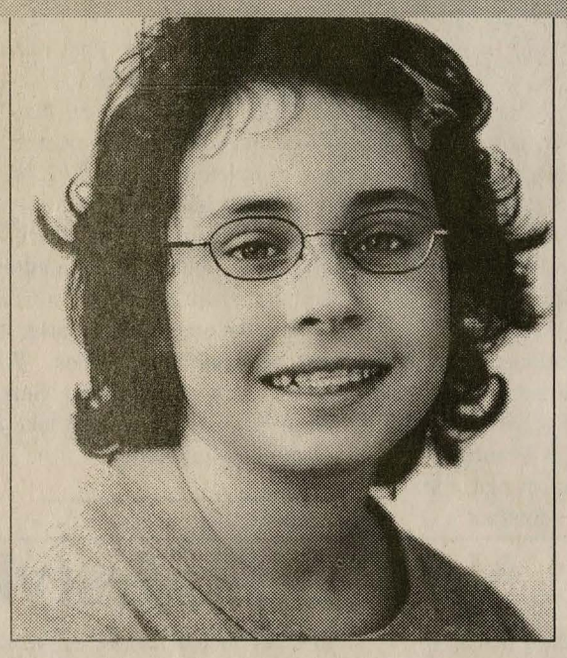
Agencies investigating include the sheriff's office, Washington State Patrol, the U.S. Coast Guard and the state Department of Fish and Wildlife.

Stafford Creek, a 1,936-bed prison on the outskirts of South Aberdeen, has been open since April 2000. Earlier this month it had 1,875 inmates, and 533 staff members, according to Waddington.

The facility has units for long-term minimum security offenders, medium security and maximum security offenders.

BONkids

young achievers



Michala Watford
Arbor Heights Elementary

Age: 10
Favorite School Subject: Michala really enjoys reading, especially books by Sharon Creech.
Hobbies/Interests: She takes piano lessons and likes to draw pencil portraits of her friends.
Proudest achievement: Her improvement in reading skills.
Ambition: To design kids clothes.
How She'll Get There: By doing it and going on from there.

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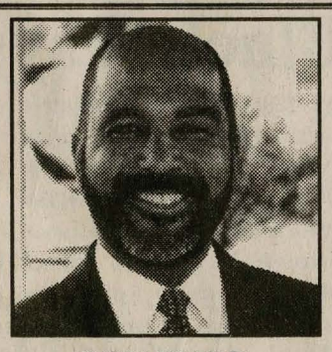
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EDITORIALS • COMMENTS •OPINIONS

Bush Tax Cuts Damage Higher Education

By Ron Walters

I wonder how long it's going to take for many of those who voted for George Bush to wake up and understand that his tax cuts are killing them. What happens is something strange. Bush supporters rally for his tax cuts at the national level, only to find that governors and mayors are absorbing them by cutting the heck out of services and in some cases raising taxes. One service that has come under the knife in most states is higher education.

I knew something was up when my own university raised tuition in mid-year last academic year. I discovered that as a result of the growing federal deficit and the downturn in the economy, 43 states were in deficit and looking for ways to balance their budget, something they are mandated to do by their state charters. Last year, many of the governors made it clear to Bush that they were hurting and needed a bailout from the federal government only to be politely but firmly ignored by Bush.

The consequence is that governors are cutting. Take higher education for example. The following table is a picture of the probable tuition increases this fall at several institutions that are popular with Blacks and Hispanics.

Institution, 2003-4 Tuition and Fees, Percent Increase Over 2002-3, Dollar Amount

U. of California System,$5,437, 29.5, $1,239
State U. of New York, $4,350, 27.9, $950
U. of Oklahoma, $3,741, 27.7, $811
Indiana U, $6,517, 22.8, $1,202
U. of Virginia, $6,149, 19.1, $984
U. Mass., Amherst, $7,482, 15.4, $1,000
U. of Maryland-College Park, $6,759, 14.6, $861
Ohio State, $6,474, 14.3, $810

Source: National Assn. Of State Universities and Land Grant Colleges.

These figures show a disturbing fact that the average increase in tuition for this coming Fall will be right at $1,000 for most of these institutions, a reflection of a much wider problem affecting colleges and universities of all kinds.

Conservative politicians in these states are making all kinds of excuses, such as that the tuition increases reflect a normal increase to make for times in the 1990s when funds were flowing to the institutions in much greater amounts. Others have tied the increases to some patriotic rationale, which says that the institutions of higher education must share the burden of protecting national security and homeland security. And doubtless many people will fall for these reasons.

There would be some relief if the Congress were able to give Bush an increase in the Pell grant, which would offset some of the increases. However, in July, Democratic lawmakers sought to increase the Pell grant from its present per-student level of $4,050 to $4,200 for this coming Fall, but the motion was ruled out of order by a 222-to-199 vote in the Republican-controlled House. To pay for the increase in the Pell Grant, the proposals had sought to increase taxes on those earning more than $1 million per year. At the same time, historically Black colleges and universities were flat-funded for this coming academic year, while Hispanic-serving institutions will receive an increase of $1.2 million from $92.2 million to $93.5 million.

I don't get it. George Bush is getting a pass at the national level for cutting taxes, looking good, while his constituency, middle-class White suburban voters, are paying through the nose at the state level to support their children in college and universities. And the situation will only get worse because the last report from the Congressional Budget Office is that the size of the budget deficit is still growing and is likely to pass half-a-trillion dollars this year alone.

Black and brown young people will be especially vulnerable to the hikes in tuition and the lack of support from the Pell Grants. And although there has been much talk about Black and Hispanic drop-out rates because they were not intellectually ready for college, there is far too little talk about those who drop out because they just can't pay, a much more important factor.

Those who are ardent Bush supporters approve of his Iraq war policy, which has sucked America into a guerilla confrontation that is costing our taxpayers upwards of $1 billion per week. Rather than putting that money into higher education, it is flowing abroad to cover up an ill-fated venture that was based on lies in the first place. How much can Bush's supporters take? You know that ideology is the reason why they support him, because it has a tendency to triumph good common sense. So, I guess that they figure keeping Bush in office is worth more than educating their kids.

Ron Walters is Distinguished Leadership Scholar, director of the African American Leadership Institute and professor of government and politics at the University of Maryland-College Park. His most recent book is "African American Leadership," with Robert Smith.

Remembering W.E.B. DuBois

By Bill Fletcher Jr.

"No nation threatens us. We threaten the world."—W.E.B. DuBois (1958), commenting on the role of the United States internationally.

While we commemorate the 40th anniversary of the historic 1963 March on Washington, we should as well be commemorating another event. On the eve of the 1963 March on Washington, the life of one of the 20th century's most brilliant individuals came to an end. W.E.B. DuBois, scholar, Pan Africanist, political leader, champion of the struggle against White supremacy in the USA, died Aug. 27, 1963, in Ghana.

It is easy to forget about DuBois since an orchestrated effort has been conducted by the larger society to minimize his contributions and, in fact, to expunge him from our collective memory. Beginning with the Cold War in the late 1940s, the government and the Right-wing went out of their way to harass DuBois, restrict his travel and opportunities and limit his access to those who wanted to or needed to hear his words.

For us at TransAfrica Forum, the work and life of DuBois was particularly significant because of his commitment to the struggle against racist discrimination at home, as well as against imperialism and colonialism abroad. DuBois saw no inconsistency in taking up both struggles, usually at the same time. Thus, DuBois is acknowledged as the "father" of the modern Pan-African movement. He was directly involved in organizing and helping to lead the first five Pan African Congresses. He also was one of the leaders, along with the great Paul Robeson, of the Council on African Affairs, a U.S.-based advocacy group on Africa which was, in many ways, a political ancestor of TransAfrica Forum. DuBois was also a founder of the NAACP, editor of its magazine, "Crisis," and author of the monumental and definitive study, "Black Reconstruction in America."

DuBois would probably have been heralded by the larger U.S. establishment if he had restricted his criticisms to racial matters in the USA. DuBois refused to be so constrained. His critique of U.S. society expanded over time to examining the economic roots of racial oppression, as well as his expansive analysis of Western colonialism and the U.S. role in propping up colonial empires, allegedly in the name of fighting communism.

Following World War II when the United States came to the aid of various European colonial powers, in some cases reinforcing their domination, in other cases attempting to replace them, DuBois was one of the courageous few who would not be silenced. DuBois saw that anti-communism and red-baiting were not aimed at stopping the spread of a totalitarian ideology, but rather were aimed at silencing any and all dissent from policies that advanced corporate interests. For his recognition, the forces of repression came down upon him.

Ultimately DuBois chose to leave the United States and reside in Ghana. Before his death he began work on an encyclopedia of the African world. He did not live to complete it.

It is not enough for us to honor the memory of DuBois, though that is itself important. Reminding ourselves, and particularly younger activists and scholars of the renown of such a human being has a value in and of itself. Yet for those who work with and support TransAfrica Forum, and other organizations committed to a democratic foreign policy on the part of the USA, the life and work of DuBois has an additional value. All too often I hear people suggest that international events are too distant from the realities of the everyday person. DuBois repudiated such notions, suggesting instead that it is inconceivable that we, African-Americans, can fight the good fight here in the United States for social justice in isolation from the fight for what we now call global justice. A system that would ignore the plague of HIV/AIDS as it ravages Africa and the Caribbean; a system that would promote the interests of pharmaceutical corporations over those of the individuals living with HIV/AIDS, can never be expected to discover humanity in its treatment of those of African descent living in the USA.

The reverse is also true. As often as we attempt to illustrate our patriotism through volunteering to support U.S. wars overseas and other such adventures, we may achieve awards and note, but it brings us no closer to achieving actual freedom, equality and dignity at home. To the extent to which we stand up for what is right rather than what the establishment deems to be popular, we regain our humanity. If there is no other lesson to learn from the work and life of W.E.B. DuBois, it is that one simple point.

Bill Fletcher Jr. is president of TransAfrica Forum, a Washington, D.C.-based non-profit educational and organizing center formed to raise awareness in the United States about issues facing the nations and peoples of Africa, the Caribbean and Latin America. He also is co-chair of the anti-war coalition, United for Peace and Justice (www.unitedforpeace.org). He can be reached at bfletcher@transafricaforum.org.

NNPA Spotlight

The Dream And The Diversion

By Jesse L. Jackson Sr.

The commemorations of the 40th anniversary of Dr. Martin Luther King Jr.'s "I Have a Dream" speech too often ignore Martin's real message of that day. They focus on the unfulfilled dream and not the broken promise. Dr. King had a powerful dream—a hope for the future, a hope that can only be realized by fulfilling the promise in policy and in priorities.

We cannot let the "dream" become a diversion from the promise. On that day 40 years ago, Dr. King reminded the nation of the promise that America had made to its former slaves—the unfulfilled promise of equal protection under the law, new budget priorities and policies to compensate for the entrenched damage of centuries of slavery and segregation, and reconstruction of the failed society behind the Cotton Curtain into a New South that would lift up all its people.

For its first century, the United States had accepted slavery as the law of the land. It took a Civil War, the deadliest in American history, to end it. The Emancipation Proclamation and Gettysburg offered the promise of participation, reconstruction and freedom with equality. The promise was to be enforced with federal protection against those who would claim the state right to suppress the former slaves.

But in 1876, the promise was broken. The presidential election was rigged—even to the point of stealing electoral votes in Florida (and two other states), ramming Republican Rutherford B. Hayes into the White House despite his defeat in popular votes by Democrat Samuel Tilden. The new administration ended the Reconstruction, withdrew federal protection of former slaves and broke the promise of Lincoln. That is one reason Dr. King led his people to Lincoln's Memorial 40 years ago—to remind them of Lincoln's unmet promise.

Breaking that promise condemned not just former slaves but the entire South to poverty. An end to slavery was essential to give labor the right to organize, without the shadow of slaves forced to work without wages. In 1876, federal enforcement of equal protection was removed. The masked terrorists of the Ku Klux Klan ran amok. By 1896, the Supreme Court legalized apartheid in America in "Plessy v. Ferguson," making segregation the law of the land. Poor Whites suffered along with Blacks and were encouraged to turn their frustration on the repressed minority.

Apartheid continued for decades, even as African-American men fought in Europe against fascism. After the war, former German POWs had more rights and privileges than African-Americans behind the Cotton Curtain.

It took Dr. King and the Civil Rights Movement to bring segregation to its end.

But that movement first had to overcome the diverting fears of Black violence. Great alarms were sounded about outside agitators and Negro riots. The pundits and editorial writers questioned whether Dr. King could keep his movement non-violent. But across the South, the violence was being done to African-Americans not by them, much of it committed and abetted by officials. The fear of Black violence was a diversion from the reality of White riots and the broken promise of equal protection under the law.

Churches were bombed; houses were bombed. In 1963, the year of the march, Dr. King wrote the world a letter from a Birmingham jail, Evers was assassinated and four little girls died in the basement of a Birmingham church from a Confederate terrorist. The next year Fannie Lou Hamer was beaten in her prison cell. Robert Moses and Freedom Summer came to Mississippi, and Goodman, Chaney and Schwerner were murdered simply for trying to register Blacks to vote.

Yet on Aug. 28, 1963, the question posed was not would the federal government provide African-Americans with equal protection of the law, but whether Dr. King could prove he was "worthy" as a leader by maintaining nonviolence on the march. President Kennedy asked King not to come to Washington; he called out the National Guard amid fears of that the marchers would riot. But Dr. King not only demonstrated the discipline of his non-violent movement, he touched the moral conscience of a nation with his "dream."

Yet that dream was rapidly turned into a new diversion from the subject of Dr. King's address—the broken promise of Gettysburg, of the Emancipation Proclamation, of the post-Civil War Constitutional amendments, of the abandoned Reconstruction, of the forgotten 40 acres and a mule.

Today, 40 years later, we should focus not on simply whether Dr. King's dream is realized, but whether the broken promise has been fulfilled. Much progress has been made. And yet, too many of our schools are still separate and unequal. Our criminal justice system is still disfigured by racial profiling and discriminatory sentencing. Blacks still struggle against economic discrimination that starves them of capital and leaves them paying more for less. The great resources of this nation are mobilized to rebuild Iraq, but not to insure that every child in this nation has a healthy start. Dr. King's dream still inspires but to reach it, we must change our priorities to fulfill the broken promise.

Jesse L. Jackson Sr. is founder and president of the Chicago-based Rainbow/Push Coalition.

No Rush To Watch Limbaugh

By George E. Curry
Editor-in-chief of the NNPA News Service

Beginning this week, the "Sunday NFL Countdown" program on Disney-owned ESPN will feature Rush Limbaugh as a color commentator. There is a certain irony in hiring a color commentator who became famous and wealthy by bashing people of color. Mark Shapiro, ESPN's executive vice president of programming and production, describes Limbaugh as "a fan's fan." Well, fan is a derivative of the word fanatic. And Rush Limbaugh is indeed a fanatic's fanatic.

In response to a caller saying African-Americans should be heard, Limbaugh once responded, "They are 12 percent of the population. Who the hell cares?" He told another Black caller, "Take that bone out of your nose and call me back." In 1972, on his television show, he ranted about Spike Lee urging African-American students to take off from school to see his movie, "Malcolm X." Limbaugh's comment: "Spike, if you're going to do that, let's complete the education experience. You should tell them that they should loot the theater, and then blow it up on their way out."

I am not going to be in any rush to watch or hear Limbaugh on Sunday or any other day. Not simply because he is a Right-wing fanatic—though that would be reason enough—but also because he has no regard for the truth. Limbaugh is so factually challenged that he makes Jayson Blair, the former "New York Times" serial liar, seem as believable as George "I Cannot Tell a Lie" Washington.

For several years, the watchdog group, Fairness and Accuracy in the Media [FAIR], has documented Limbaugh's wayward missives. Below are few of the many examples of how his pronouncements often don't square with reality.

LIMBAUGH: "The videotape of the Rodney King beating played absolutely no role in the conviction of two of the four officers. It was pure emotion that was responsible for the guilty verdict." (Radio show, quoted in FRQ, Summer 1993)
REALITY: "Jury Foreman Says Video Was Crucial in Convictions," read an accurate "Los Angeles Times" headline the day after the federal court verdict." (4/20/93)

LIMBAUGH: "There are more American Indians alive today than there were when Columbus arrived or at any other time in history. Does this sound like a record of genocide?" (From his book, "Told You So," p. 68).
REALITY: According to Carl Shaw of the U.S. Bureau of Indian Affairs, estimates of pre-Columbus population of what later became the United States range from 5 million to 15 million. Native populations in the late 19th century fell to 250,000, due in part to genocidal policies. Today the U.S.'s Native American population is about 2 million.

LIMBAUGH: Praising Strom Thurmond for calling a gay soldier "not normal," Limbaugh said, "He's not encumbered by being politically correct... If you want to know what America used to be—and a lot of people wish it still were—then you listen to Strom Thurmond." (TV show, 9/1/93)
REALITY: In the America that "used to be," Strom Thurmond was one of the country's strongest voices for racism, running for president in 1948 on the slogan, "Segregation Forever."

LIMBAUGH: "It has not been proven that nicotine is addictive, the same cigarettes causing emphysema [and other diseases]." (Radio show, 4/29/94)
REALITY: Nicotine's addictiveness has been reported in medical literature since the turn of the century. Surgeon General C. Everett Koop's 1988 report on nicotine addiction left no doubts on the subject. "Today the scientific base linking smoking to a number of chronic diseases is overwhelming, with a total of 50,000 studies from dozens of countries," states "Encyclopedia Britannica's" 1987 "Medical and Health Annual."

LIMBAUGH: "Oh, how they relished blaming Reagan administration policies, including mythical reductions in HUD's budget for public housing, for creating all of the homeless! Budget cuts? There were no budget cuts! The budget figures show that actual construction of public housing increased during the Reagan years." ("Ought to Be," p. 242-243)
REALITY: In 1980, 20,900 low-income public housing units were under construction; in 1988, 9,700, a decline of 54 percent (Statistical Abstracts of the U.S.). In terms of 1993 dollars, the HUD budget for the construction of new public housing was slashed from $6.3 billion in 1980 to $683 million in 1988. "We're getting out of the housing business. Period," a Reagan HUD official declared in 1985.

Considering Limbaugh's incurable lying, what message is ESPN and the Walt Disney Co. conveying by hiring him, especially when 67 percent of the players in the NFL are Black? What does it say about sponsors who will still advertise on that polluted program? And, more important, what does it say about us if we still watch the program or support the companies that advertise on it?

~ COMMUNITY CALENDAR ~

FRIENDS OF THE SEATTLE PUBLIC LIBRARY BOOK SALE SET FOR SEPT. 29-21

Thinking about starting your own library? If you love to rummage, there's a treasure trove just waiting for you.

More than 100,000 books, CDs, records, and videos, sheet music, art prints and posters are among the items up for sale at bargain prices at the 2003 Friends of Seattle Public Library Book Sale, scheduled Sept. 19-21.

The popular event is open from 9 a.m. to 5 p.m., Saturday, Sept. 20 and from 11 a.m. to 4 p.m. Sunday, Sept. 21, at Sand Point/Magnuson Park, 7400 NE Sand Point Way, Building no. 30. For more information, call Friends of the Seattle Public Library at 206.386.4098, or e-mail book.sale@spl.org.

A preview for Friends of the Library members will take place from 6:30 p.m. to 9:30 p.m. Friday, Sept. 19.

This widely anticipated event is attended by families, the young and old, book-lovers, students, teachers, book store owners and bargain hunters, according to Joan Amatucci, chairwoman of the sale.

THE ROYAL ESQUIRE CLUB SETS UP MUSIC SCHOLARSHIP FUND IN HONOR OF WOODY WOODHOUSE

The Royal Esquire Club announced the establishment of the Woody Woodhouse Scholarship Fund for Musical Education. This scholarship, established by the Royal Esquire Club, in honor of Woody Woodhouse, a regional vocal jazz artist, will be awarded to deserving students as an incentive to begin or continue the post-secondary study of music. Special consideration will be given to students who demonstrate an interest in the study of jazz.

The scholarship will be formally established during a community tribute to Woody on Sunday, Sept. 14 at the Royal Esquire Club in Seattle. This event will feature more than 50 of the best local and national singers and instrumentalists.

SEAHAWKS, PUGET SOUND BLOOD CENTER TEAM UP TO MAKE A MORE ETHNICALLY DIVERSE BLOOD AND MARROW SUPPLY

For the third year, the Seattle Seahawks and Puget Sound Blood Center will join forces to score a win for the community blood supply during the annual Seahawks rare donor blood and bone marrow drive.

Taking place on Tuesday, Sept. 9 from 10 a.m. to 8 p.m. at the West Plaza Club Level in Seahawks Stadium, the drive commemorates the 6,000 local blood donors who came forward after the Sept. 11 tragedy. Since the drive was created, it has helped raise awareness for the need to have more ethnic diversity in the blood and marrow supply and has encouraged more minorities to donate blood or join the national marrow registry. Several Seahawks players and the Sea Gals, the Seahawks cheerleaders, will be in attendance. Free parking is provided at the North lot of the stadium.

For information about the Rare Donor Program, the National Marrow Donor Program, or to make an appointment for the Seahawks drive, call 1-800.266.4033. To schedule an appointment online, visit www.psbc.org.

CAYA CORNER

Sign up now for CAYA's after school Homework and Education Center. The sign up dates are September 2 and 8 through the 12th from 3-6 p.m. The Center opens September 15 at 2:15 p.m. and hours are from 2:15 p.m. to 6 p.m. Starting in October, CAYA will begin the WSAL prep courses. Sign up now, space is limited. CAYA is located at 119 23rd Ave., Seattle. Please call 206.322.6640 for more information. Parents/Guardians must accompany students when registering.

MATH HELP FOR HIGH SCHOOL STUDENTS

Would you like some extra help with your high school math in a new atmosphere with a fresh point of view? South Seattle Community College is now providing a study alternative for area high school students - math tutoring.

For the cost of one college credit ($65.80), high school students can find inexpensive help for their math studies every quarter at SSCC. Quarters on average last for 11 weeks at SSCC, providing a great study bargain for students.

Interested students or parents can learn more about SSCC's math tutoring for high school students by calling Sherry Reichert, Director of Student Outreach, Admissions and Recruitment, at (206) 768-6691.

STUDENTS FIND HELP FOR COLLEGE ENTRANCE EXAMS

Spaces are still available at South Seattle Community College (SSCC) for students who want or need help preparing for the SAT college entrance exam.

SSCC is offering verbal and math SAT prep courses this fall quarter. Taught by exceptional faculty, each class offers a thorough review of core topics and provides test-taking strategies. Students also have the exciting opportunity to be exposed to a college environment, as well as earn college credit.

Students who participate in Washington state's high school college credit program, Running Start, can take the courses at no cost. To learn more about this tuition-free program, students can ask their high school counselor or visit their Web site at http://dept.seattlecolleges.com/running

Interested students or parents can learn more about the SAT prep courses by calling the Academic Center at SSCC at (206) 768-6600 or can sign up for courses by calling Registration at (206) 764-7938.

COMMUNITY TO "WALK FOR SENIORS"

The John C. Cannon Retirement and Assisted Living Residence is requesting your support for "Walk For Seniors" event. The purpose of the event is to promote the health and wellness of seniors in our community. It also aims to educate and increase the community's awareness of their needs.

Seattle Seahawk's running back Shaun Alexander will be Honorary Co-Chair of the campaign. Join them on Sunday, Sept. 14 between noon and 4 p.m. at Seward Park for a picnic and the 'Walk For Seniors."

Your charitable contribution will support the non-profit mission of The Cannon House, which is to promote affordable assisted living for seniors. Make your tax-deductible donation to The Cannon House.

Volunteers are also needed to make this event a huge success. An invitation is extended to visit and tour The John C. Cannon Retirement and Assisted Living Residence, 113 - 23rd Avenue So. in Central Seattle.

For additional information, contact Eudora Carter at (206) 219-5952

NEW PROGRAMS FOR SINGERS AT LEON SULLIVAN HEALTH CARE CENTER

Learn how to prepare shows for nursing home residents. Free workshop at Leon Sullivan Health Care Center begins Tuesday, Sept. 2, includes a CD with 15 songs of piano accompaniment in your key and a list of facilities with instructions on how to get gigs. Call (360) 961-6485 or www.heart-soul-music.com for more information.

NEW SKILLS FOR NEW JOBS

If you're age 50 or older and looking for work, don't miss the free job fair New Skills for New Jobs Sept. 24 from 9a.m. to 2p.m. at the Seattle Center House. The fair includes workshops and information booths to help older workers improve job-hunting skills. Sponsored by the Mature Workers Alliance and the Seattle Center. For more information call (206) 624-1221.

FREE PRE-SCHOOL

The Refugee and Immigrant Family Center - Early Childhood Education and Assistance Program (RIFC-ECEAP) now enrolling 3-5 year olds for 2003 - 2004 school year. Free pre-school. Classes start Sept. 22.

ALZHEIMER'S ASSOCIATION OFFERS FREE SEMINAR

Alzheimer's Association offers free seminar in Renton area. Classes Target those who suffer from Memory Loss. A free nine-class seminar for those suffering mild memory loss problems will be held in Renton beginning September 4, at Elderhealth NW, Connections Branch near Valley Medical Center, from 6:00 to 7:30 p.m. The seminar, sponsored by the Alzheimer's Association Western and Central Washington State Chapter in cooperation with Elderhealth NW, will offer individuals the chance to meet others who are experiencing the same, learn about ways to cope with memory loss, and learn about legal and financial planning.

Space is limited, so pre-registration is required by calling 800-848-7097, extension 227. A concurrent group for family members, companions, and care partners is offered at the same location.

Participants will meet once a week with trained leaders. Free educational materials will be provided.

ADDICTION HELP

Help Someone Overcome Addiction. Call Narconon at 1-800-468-6933 or go to www.solveaddiction.com for your free information packet or a free assessment or referral to rehabilitation centers nationwide.

BE A MENTOR ALL YOU NEED IS A LITTLE TIME AND A DESIRE TO MAKE A DIFFERENCE

Community for Youth Steps Ahead and Steps Beyond Programs seek adult volunteers to work one-on-one with Seattle public high school students who are having difficulty in their academic and/or personal lives. Many young people benefit from the guidance of a supportive adult. Having an adult mentor during high school can mean the difference between staying in school or dropping out, between making good choices or not. We ask volunteer mentors to make a commitment to one school year of regular weekly contacts with a student. Mentors receive prior training and on-going support and guidance. Please contact us at: 206-325-8480 or info@communityforyouth.org.

For more information: www.communityforyouth.org.

MEALS ON WHEELS

Meals on Wheels will bring the food and offers a selection of 36 complete breakfast, lunch and dinner entrees to homebound persons age 60 and over.

The cost of each meal is a suggested donation of $3.00. Participants decide for themselves, what if anything, they wish to contribute.

If you know a senior that could benefit from meals being delivered tot heir home, call the Meals on Wheels program at 448-5767.

Walgreens

Sale Thursday, Sept. 4 thru Saturday, Sept. 6, 2003

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Includes 50% more FREE!
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3.99
At One Sensitive Scalp No-Lye Relaxer Kit
Regular formula with herbs and moisturizers.
Limit 2

Warning: Follow directions carefully to avoid skin and scalp irritation, hair breakage and eye injury.

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3.49 Sale priced!
Luster's Pink Smooth Touch New Growth Relaxer Kit
Warning: Follow directions carefully to avoid skin and scalp irritation, hair breakage and eye injury.



3.49 Sale priced!
Africa's Best Organics No-Lye Relaxer System or Olive Oil, 7.5 oz.
Warning: Follow directions carefully to avoid skin and scalp irritation, hair breakage and eye injury.

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Sale Thurs. 9/4 thru Sat. 9/6/03

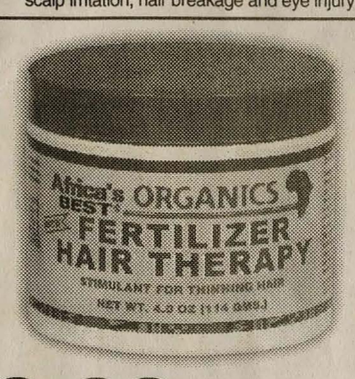


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2.99 Sale priced!
Luster's Short Looks Gel, 6 oz. or Styling Spray, 8 oz.



3.99 Sale priced!
Africa's Best Organics Fertilizer Hair Therapy, 4 oz.
Stimulant for thinning hair.

Walgreens Coupon
Sale Thurs. 9/4 thru Sat. 9/6/03



1.99
BB Castor Oil, Hair Food, 6 oz. or Moisturizer, 12 oz.
Limit 2

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Prayer Saturday at Noon

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Foyer: (206) 722-9972

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Order Of Service

Sunday School.....9am - 10am
Baptist Training Union...10am - 11am
Worship Service.....11:15am
Prayer Service....7:30pm - 8pm(Wed.)
Bible Study.....8pm - 9pm (Wed.)
Broadcast Ministry: 4pm to 5pm
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Service...7:30pm

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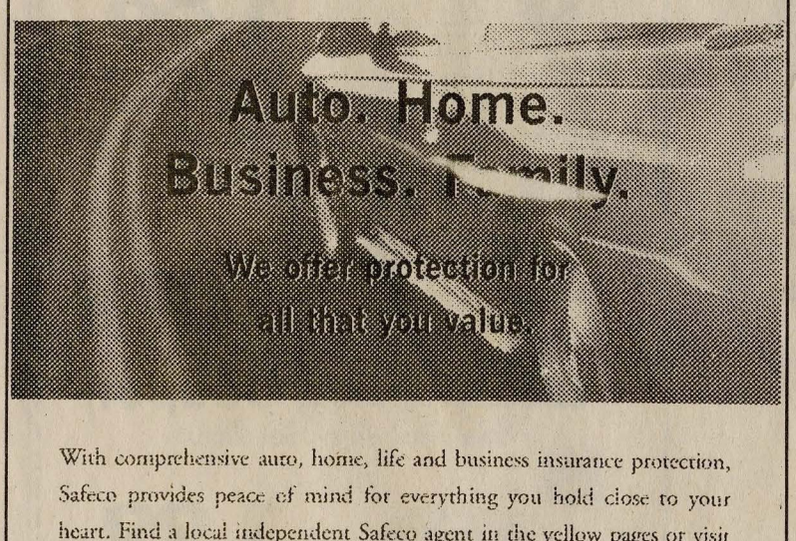
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CHURCH & SOCIETY NEWS

Church Calendar

Trinity Gospel Choir Live And Silent Auction

The First AME Trinity Gospel Choir invites you to attend their first Live and Silent Auction Saturday, Sept. 20, 6:30 - 9 p.m. at First AME Church, 1522 14th Avenue. Recently, Trinity Gospel Choir celebrated their second year anniversary and continues to inspire audiences throughout Washington singing God's praises. Auction items include sports gear signed by Seahawks and Sonics team members, spa certificates, vacations, and much more! Proceeds from the auction will be used to support Trinity's continued community outreach ministry. For more information contact Rache Boston (425) 652-6473.

PREACH THE WORD

Sunday, September 14, 2003
Preach a 15-minute Sermon
An invitation is being extended to all Licentiates (those who have been Called to Preach) who would like an opportunity to improve their skills and techniques in delivering the Word of God.

Come Hear The Word Of God Every
2nd Sunday @ 5:45 p.m. at

Daystar Baptist Church
324 So. Smithers
Renton, WA 98055
Contact: Rev. Jackie Jackson
(253) 735-4009

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KZIZ AM 1560
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SUNDAY LINE-UP

•6 am	Prayer Hour
•7:10 am	Sunday School Lesson with Rev. Samuel B. McKinney
•7:30am - 8:30am	Martin Luther King, Jr. Memorial Baptist Church
•9am - 9:30am	Bethelem Baptist Church
•10am - 10:30am	Allen AME
•10:30am - 11:30am	Pacific Christian Center Church
•11:30am - 12:30pm	Mount Zion Baptist Church
•12:30pm - 1:30pm	New Covenant Christian Church
•2:30pm - 3 pm	Mt. Calvary Christian Center-COGIC
•4pm - 5pm	Goodwill Missionary Baptist Church
•5pm - 6pm	Tabernacle Missionary Baptist Church

REQUEST LINE:
King County: (206) 325-1420 *Tacoma* (253) 863-1588

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Brotherhood Time At Paradise Baptist Church

Everyone is invited to The Paradise Baptist Church, 4353 So. Henderson Street. Each fifth Sunday is Brotherhood time. It is the time when singing, testifying, and praising the Lord takes place with all designed to help the less fortunate. Rev. B.T. Kindrick is pastor.

Dr. Flora Bridges Is New Pastor At Madrona Presbyterian Church

The new minister at Madrona Presbyterian Church, Dr. Flora Bridges, an African-American, is already known to many in the community thanks to her powerful sermon to the combined congregations of St. Therese, Epiphany, and Madrona Presbyterian churches during last January's celebration of Martin Luther King Day.

Formally installed as pastor in July, Dr. Bridges succeeds the interim minister Rev. Christine Dickerson.

Dr. Bridges is the first person of color to join the full-time faculty of Seattle University's Graduate School of Theology and Ministry, where she serves as a tenure-track assistant professor of Pastoral Theology. She holds a MA in Religion from Yale Divinity School and a PhD. from Vanderbilt. She has served as a minister in Atlanta; Mount Vernon, New York; and Gadsden, Alabama. She was a dean and instructor of religion at Fisk University and at Spelman College and was the first African-American professor of religion at Colorado College.

Among the several awards she has received have been those for preaching and for community and humanitarian services.

Assisting Dr. Bridges for three academic quarters will be a lawyer who is now a theology student, Elizabeth Stanhope, who was drawn to Dr. Bridges during a presentation Dr. Bridges made at a Town Hall meeting on peace and justice. Stanhope was formerly director of Washington Protection and Advocacy System.

Madrona Presbyterian Church is located at the corner of 32nd Avenue and Marion Street. The Sunday service is at 11, adult Sunday School at 9.

Bethlehem Usher Ministry Will Celebrate Their Annual Day

The Bethlehem Baptist Church Usher Ministry will celebrate their 57th Annual Day on Sunday, Sept. 21 at 3 p.m. The guest speaker will be Rev. Dr. Amos Landry of Peoples Institutional Baptist Church in Seattle. Every one is invited. Bethlehem Baptist Church is located at 4818 Portland Ave., Tacoma, WA.

The Electrifying Mighty Warriors Spiritual Singers Will Celebrate 35th Anniversary

The Electrifying Mighty Warriors Spiritual Singers will celebrate their thirty-fifth anniversary on Saturday, Sept. 27 at 7 p.m. and Sunday, Sept. 28 at 3 p.m. This event will be held at the New Hope Missionary Baptist Church, 124-21st Ave. in Seattle.

The Total Experience Gospel Choir and the Sons of Thunder are among the many gospel artists that will perform during this event.

For more information call 206.725.7418.

Shining Star Faith Ministries Annual Back To School Drive

Shining Star Faith Ministries Church of God In Christ is now taking donations to help families with children. Lend a helping hand and sponsor a child back to school. For more information call (206) 772-4574.

Foster Families Needed

Foster adoptive families are urgently needed for children under the age of 9 for the Permanency Planning Program of the Lutheran Community Services. A free information night will be held Oct. 13 from 6 to 8 p.m. at the Family Support Center, 6330 195th St. SW in Lynnwood. Call 694-5713 for more information.

Preacher Man, The Book

Preacher Man, The Book is available at The Medium and Z-Twins Studios, at 2600 South Jackson Street, Monday through Friday, from 9 a.m. to 5 p.m. In the Washington, D.C. area, Preacher Man is available at the Howard University Book Store, 2225 Georgia Avenue Northwest. For more information, call 206-323-3070 x 110.

ANNOUNCEMENTS IN THE MEDIUM, Z-TWINS

Send all church announcements for the newspaper and radio to: The Medium Newspaper, 2600 South Jackson Street, Seattle, WA 98144; or e-mail (which we prefer) to mediumnews@aol.com

Deadline is THREE WEEKS before the event. Only announcements that appear in The Medium will be read on the air. For additional information, in Seattle call 206-323-3070.

Appreciation Musical for Sister Juanita Patton

Friends of Sister Juanita Patton cordially invite you to attend an Appreciation Musical for Sister Juanita Patton on Sunday evening, September 7 at 6:30 p.m. Sister Patton is a faithful and loyal member of the Walker Chapel AME Church, 28th S. and S. Dearborn where the musical will be held.

Sister Patton served untiringly as a chaperone for Total Experience Gospel Choir for man of its infant years and the choir will be on hand to show appreciation. She is one who always pla s other's needs ahead of her own. Along with Total Experience will be e Messengers of Christ and other musical groups, soloists and surprises.

We want to be a financial blessing to Sister Patton so we are asking that you would be prepared to give a generous gift.

Rev. Gwendolyn Coates is the host pastor and Minister Jean Barrier will serve as mistress of ceremonies. For additional information or if you would like to be a program participant, please contact Pastor Pat Wright at 206.322.7904.

1620 AM
KYIZ

SPORTS

U.S. Cruises To Gold Medal At Tournament Of The Americas

By CHRIS SHERIDAN
AP Basketball Writer

SAN JUAN, Puerto Rico (AP) - Let there be no doubt: The United States is once again better than Argentina in basketball. Much, much better.

Turning the game into a dunking exhibition with a brilliant first half, the United States humiliated Argentina 106-73 Sunday night in the gold medal game at the Tournament of the Americas.

Unbelievable alley-oop dunks were followed by even better ones that sent the ``ooh'' and ``ah'' meter off the charts in the strongest all-around performance by a U.S. team since the Sydney Olympics.

``I think that game right there is really going to leave a taste in somebody's mouth,'' Tracy McGrady said.

A much more competitive game was expected after Argentina, which defeated the United States last summer at the World Championships, performed brilliantly in its semifinal win over Canada on Saturday night to qualify for the Olympics. Argentina also competed well against the U.S. team in the second round, losing by just eight.

But with nothing at stake aside from national pride, the Americans showed themselves ready to restore a sense of normalcy to a basketball universe that changed so drastically last summer when the U.S. team lost three times at the World Championships.

Led by Tim Duncan, Tracy McGrady, Vince Carter and Jason Kidd, the Americans brought a much stronger team to this tournament, a team that peaked in its finale.

One sequence over the first 51/2 minutes of the second quarter went like this: a dunk by Elton Brand, a high-arcing alley-oop pass from Mike Bibby to McGrady for a dunk, an alley-oop dunk by Carter off a pass from Bibby, a basket for Argentina, a fast-break dunk by Carter, a steal and layup by Bibby, an alley-oop dunk by Jermaine O'Neal off a pass from Kidd.

When it ended, the score was 53-19.

Game over, except for the formality of the final 241/2 minutes.

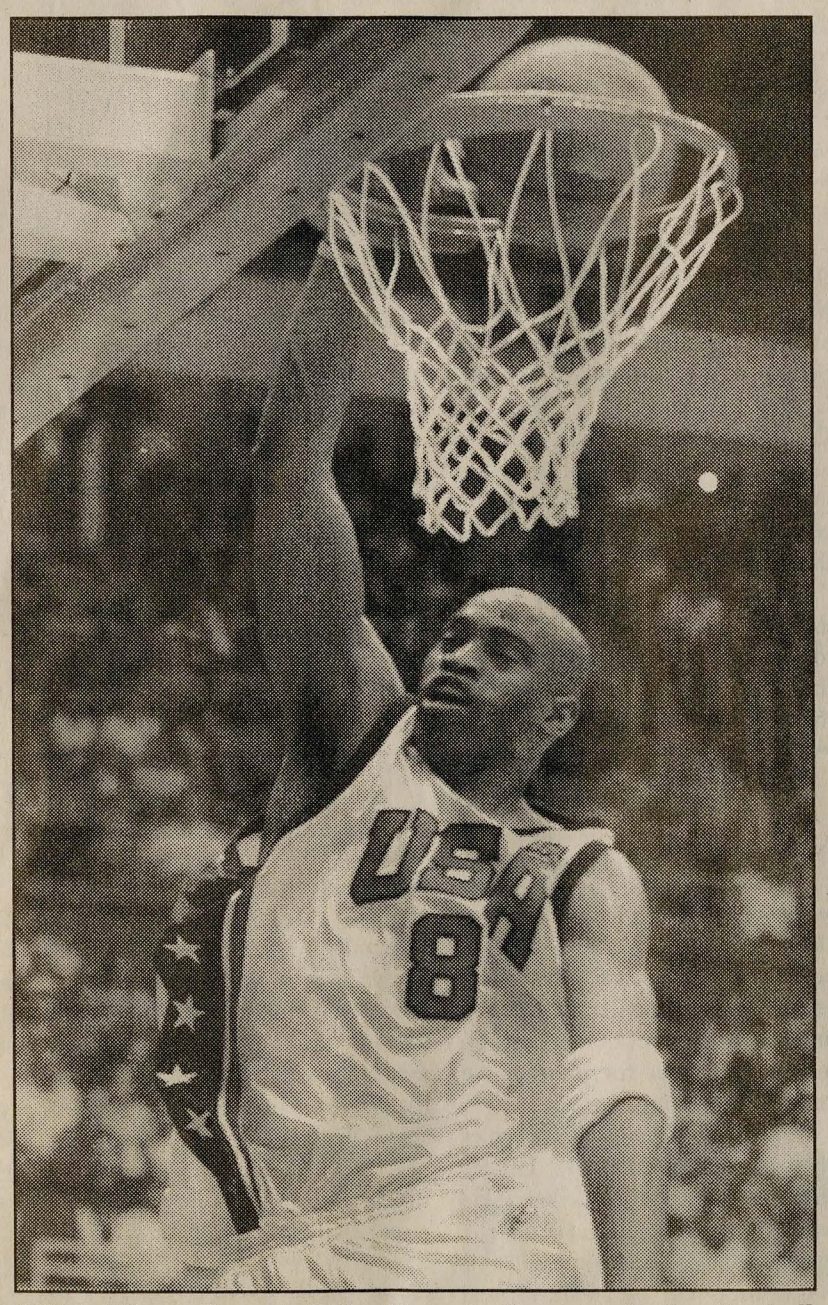
``The U.S. played their best game. They surprised us during the whole game,'' Argentina center Fabricio Oberto said. ``The intensity was so much that we couldn't go up to that level. But we're very happy because our first objective was to classify for Athens.''

The Americans opened the second half by scoring their first three baskets on dunks, two of them by Duncan in his most dominant performance of the tournament with 23 points and 14 rebounds.

Duncan nearly out-rebounded Argentina all by himself in the first half, grabbing 12 to Argentina's 13. He also had 19 points at the break as the U.S. team shot 70 percent from 2-point range and walked off with a 33-point lead, 60-27.

``It's expected to win, but it's a [illegible] come out here and do it the right way,'' Duncan said. ``Was it surprising? A little bit. We didn't expect to take it to them like that, but at the same time we knew we were capable of doing it.''

It was 83-47 after three quarters, and Richard Jefferson got the Americans to 100 points on a foul shot with 90 seconds left.



USA's Vince Carter of the Toronto Raptors dunks the ball against Argentina during the gold medal game of the FIBA Americas Olympic Qualifying Tournament at the Roberto Clemente Coliseum in San Juan, Puerto Rico on Sunday. The three top teams qualify for the 2004 Olympics in Athens. *AP Photo/Frank Rivera.*

``We wanted to come out and be extremely sharp, give the world something to think about for a year,'' Jermaine O'Neal said.

This performance should result in the United States entering the Athens Olympics as the strong favorite, although not a prohibitive one given the strength of several of the best European teams.

Although they executed and performed to perfection on their final night together, their 10-game, two-week trip to Puerto Rico showed the U.S. team to be in need of at least one more big man and another outside shooter.

Karl Malone and Kobe Bryant are expected to be on the roster next summer, and Kidd, Allen Iverson, Ray Allen, McGrady, Duncan, O'Neal also have been guaranteed spots. Carter, a veteran of the 2000 Olympic team, seemed to play more than well enough to earn himself a spot, and Brand, one of only two holdovers from the 2002 World Championship team, may have done the same.

As for Argentina, the consistent crispness that they showed at the World Championships was replaced by a striking degree of inconsistency that will need to be corrected if the team expects to be in medal contention next summer.

Argentina, which had stunning losses to Mexico and Venezuela in the first two rounds, was sloppy throughout the gold medal game as the Americans shut down all of their best players and left them hanging their heads as they walked off the court, and that was only at halftime.

Iverson sat out with a sprained thumb and Kidd stayed in the locker room during the second half due to a sore ankle, but neither was needed on a night when America re-established itself as the best team on one side of the world.

Ohio State Humbles Huskies 28-9

By JOSH DUBOW
AP Football Writer

COLUMBUS, Ohio (AP) - Craig Krenzel dropped back, surveyed the defense and ran 23 yards into the end zone for a score while Maurice Clarett watched from the sideline.

With Krenzel directing the offense and the same stout defense that won the national title, Ohio State didn't miss its star running back a bit.

Krenzel accounted for 230 yards and ran for two first-half scores as the second-ranked Buckeyes opened the season with a punishing 28-9 victory over No. 17 Washington on Saturday night.

``I don't think we ever relied on just one person,'' Krenzel said. ``This year, we have so many weapons offensively that we're only going to be as good as our ability to spread the ball around.''

Clarett showed little emotion as he stood on the sideline in a red sweat suit serving the first of his multigame suspension for violating NCAA rules.

But even without their best player and five defensive starters who are in the NFL, the Buckeyes looked just as tough as they did in winning their first national title in 34 years in the Fiesta Bowl against Miami in January.

``It was great to play football again,'' coach Jim Tressel said. ``That's what we like to do. That's one of the reasons these guys are at Ohio State. It was great to play in front of 105,000 fans. The atmosphere was extraordinary.''

Clarett's replacements, Maurice Hall and Lydell Ross, each ran for a score in the Buckeyes' 15th straight win, the second-longest streak in school history. Hall finished with 58 yards on 15 carries and Ross had 43 on 12.

``More than anything else we sent a message to ourselves. We feel confident with the players we have and the coaches we have that we can beat anybody in the country,'' Krenzel said.

The defensive line led by Simon Fraser, Will Smith and Darrion Scott gave Cody Pickett no time to throw and held the Huskies to seven yards rushing.

Washington had nearly as tumultuous an offseason as Ohio State, firing coach Rick Neuheisel for taking part in an NCAA tournament pool. Offensive coordinator Keith Gilbertson, who was promoted to the head coaching job July 29, had no answers in his Huskies coaching debut.

``They are as advertised,'' Gilbertson said. ``They are big and powerful and quick and they have lots of athletes.''

Washington, which averaged 420.7 yards per game last year, was held to 147 yards through three quarters and didn't score a touchdown until Pickett's 2-yard run with 3:27 remaining.

``We were flying around,'' Buckeyes defensive lineman Tim Anderson said. ``We were making good open-field tackles. I don't think we missed very many tackles. That was the key.''

With Clarett sidelined, the Buckeyes came out throwing the ball early for a change.

Krenzel, who had more than 22 pass attempts just once last season, threw 18 times in the first half as Ohio State took a 21-0 lead in front of an enthusiastic crowd of 105,078 in the sixth night game ever at Ohio Stadium.

With running back Rich Alexis bottled up by Ohio State's line, Washington's high-powered duo of Pickett and receiver Reggie Williams generated little offense.

``They were a pretty solid defensively,'' Williams said. ``They have four guys up front that put a lot of pressure on you and it causes you to do things you shouldn't do.''

Buckeyes cornerback Chris Gamble shadowed Williams every time he lined up wide and Williams got most of his 10 catches on short passes in the slot. Pickett finished 26-for-49 for 255 yards.

On Ohio State's second drive, Krenzel hit Drew Carter on a 37-yard pass to set up Hall's 2-yard score.

Krenzel completed three straight passes for 37 yards on the next drive before weaving his way through Washington's defense for a 23-yard score that made it 14-0.

After punter B.J. Sander pinned Washington on its own 1 late in the second quarter, the Buckeyes defense forced a punt. Gamble returned Garth Erickson's 34-yard kick 10 yards to the 25 with 2:07 left.

Krenzel completed a key third-down pass to Santonio Holmes before scampering into the end zone on third-and-10 from the 11 with 11 seconds left in the half.

``The most important thing a quarterback does is make decisions,'' Tressel said. ``He goes back and sees if the routes are open. If not, he steps up and goes.''

Krenzel finished 15-for-27 for 203 yards and ran for 27 more to improve to 16-1 as a starter.

Washington started the second half with its first sustained drive of the game, using short passes and five-receiver sets to go 47 yards to set up Evan Knudson's 46-yard field goal.

But Ohio State put the game away with a punishing Clarettlike 15-yard run by Ross, who bulled through Jimmy Newell's arm tackle on his way into the end zone to make it 28-3.

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Black College Football Scores

Alabama State 33, FAMU 28	Morgan State 19, Towson 16
Alcorn St 37, Arkansas-P Bluff 10	NC A&T 25, N.C. Central 0
Benedict 18, Elizabeth City St. 6	Northwestern St 23, Jackson St 3
Bowie State 27, West Virginia St 7	Shaw 44, Livingstone 34
Bethune-Cook 62, Savannah St12	Southern 29, Miss. Valley State 0
Carson-Newman 21, Win-Sal St 14	St. Augustine's 43, Ed. Waters 16
Fort Valley St. 23, Morehouse 10	Tennessee St 37, S.C. State 20
Gardner Webb 45, Clark Atlanta 0	Texas Sout 42, Prairie View 3
Jacksonville St 9, Alabama A&M 3	Valdosta St. 21, Albany St. 3
Lane 12, Virginia Union 6	Va. State 16, Norfolk State 15
Lane College 12, Virginia Union 6	Villanova Univ 41, Hampton 6
Miles 43, Tuskegee 11	Virginia State 16, Norfolk St 15

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21 MEANS 21.

Minority Contractors, St. Louis Officials Sign Pact For Contracts

By Alvin A. Reid.
Special to the NNPA from the St Louis American

ST. LOUIS (NNPA)—After a summer of heated allegations of racism and civil disobedience, minority contractors, MOKAN and the Concerned Citizens Coalition have cooled off and adopted a memorandum of understanding that all parties say will lead to more minority participation on current MetroLink expansion projects and future contracts.

Larry Salci, Metro CEO, said in a statement "we recognize minority contractors face a financial capacity problem in the St. Louis construction industry and have agreed to work together to help resolve it."

"Financial barriers often prevent minority contractors from bidding on large public projects."

The three parties have agreed to implement several "short- and long-termed goals" including:

Continuing to improve minority participation on existing cross-county contracts.

Increasing minority-bidding opportunities on remaining contracts by breaking them into smaller increments of work.

In cooperation with Mayor Francis Slay and County Executive Buzz Westfall, an Economic Review Council will be formed to address problems, formulate strategies, make recommendations and identify opportunities for building capacity for minority disadvantaged businesses in the region.

Launching financial and lending institution support programs targeting bonding and working capital needs of small to medium-sized minority firms within 45 to 90 days of Metro projects.

Eddie Hasan, MOKAN executive director, said the agreement of understanding would end threats of continued civil disobedience at MetroLink stops.

"We got separate goals between African-American owned and women-owned businesses, and we got the goal from 20 percent combined to 30 percent," Hasan said.

"Metro has also agreed to go back on existing contracts to identify any chances for minority firms to become involved on the contracts that have already been awarded."

Hasan said the rewards would come in the future, if not immediately.

"Some people will say to me after we make the announcement, 'Is that all you got out of this?' And others will ask Metro, 'Why did you give anything up?' I would say to the former, you couldn't eat an elephant in one bite. I say to the latter that whatever you give, it will come back to you double or triple, especially when you invest in people," Hasan said.

"So goes minority- and women-owned business, so goes the region. We must continue to re-commit ourselves to inclusion and diversity because these are the sources of our strength as a city and region."

Hasan said the commitment is larger than just Metro's agreement.

"It is a commitment from major stock holders in our region to help grow minority and female businesses and their capacity," he said.

Earlier this summer, MOKAN and the concerned Citizens Coalition called on Metro to halt the award of a contract for the lack of minority participation on the Cross County MetroLink expansion. On two occasions individuals were arrested for blocking rails.

Protestors, including presidential candidate Al Sharpton, briefly interrupted MetroLink's 10th birthday celebration recently.

Subconsultant Open House
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Engineers/Consultants

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SEATTLE MONORAIL PROJECT

Networking Session

Design, Build, Operate and Maintain (DBOM) Opportunities

The Seattle Monorail Project (SMP) invites you to attend a networking session for the Project's DBOM Process.

DATE, TIME, LOCATION
Wednesday, September 17, 6 - 9 p.m.
Seattle Central Community College
Rooms 1110 and 1111

AGENDA
6:00 - 6:30 p.m.
Registration
6:30 - 7:00 p.m.
Presentation
7:00 - 7:15 p.m.
Q & A
7:15 - 9:00 p.m.
Networking

Please join Seattle Monorail Project staff and over 1,200 invited participants including major consulting and sub-consulting firms related to the Project.

For more information contact Ray Finnen, SMP, at (206) 587-1798 or ray@elevated.org

NAACP Opposes Proposed Thurmond Memorial

By. J. Zamgba Browne
Special to the NNPA from The Amsterdam News

NEW YORK (NNPA)—An aggressive movement in Congress to name the planned Visitor's Center in Washington for the late Sen. Strom Thurmond is being vehemently opposed by the nation's leading civil rights organization, the NAACP.

Congressman Gersham Barrett (R-S.C.) has already introduced a bill in the House of Representatives and one is expected soon in the Senate to be introduced by Sen. Lindsey Graham (R-S.C.). Construction of the center may cost as much as $400 million, according to the NAACP, which opposes the bestowing of this high honor upon the late senator.

Thurmond, who died earlier this year, served in the U.S. Senate longer than any other member. But the NAACP said it is unfortunate that his 48 years on Capitol Hill were marked by a "bigoted and segregationist" philosophy. During his tenure, "Thurmond was well known for giving exclusive representation to his White constituents, often at the expense of his constituents of color," according to the NAACP. The civil rights organization has asked its members to write to their respective representatives in Congress asking them to vote against naming the Visitor's Center for Thurmond, citing the following reasons:

*He holds a dubious record for the longest filibuster in congressional history, 24 hours and 18 minutes, in his attempt to derail passage of the 1957 Civil Rights Act.

*In 1948, as a U.S. presidential candidate, Thurmond ran on a platform of states' rights to preserve the "prerogatives of the people of a sovereign state to deal exclusively with domestic problems such as voting, qualifications for voting, segregation, law enforcement and private employment."

It was during this campaign that he reportedly told a group of supporters, "There's not enough troops in the U.S. Army to force the Southern people to break down segregation and admit the nigger race into our theaters, into our swimming pools, into our homes and into our churches."

The NAACP declared that the "U.S. Capitol is meant to be a building of people, all the people of the United States, and to name its visitors center after a man who fought so hard for exclusion and division is insulting to American citizens as well as the building itself."

Thurmond's record, the NAACP continued, "is one that should by no means be celebrated or commemorated; rather it should be studied in the history books as a lesson of hurt, hatred and divisiveness."

Office of Black Augusta Paper Raided

By George E. Curry

WASHINGTON (NNPA)—The owner of the "Augusta Focus," a Black weekly in Georgia, says a recent raid on his office by state and federal agencies was carried out to diminish his chances of obtaining $6 million each year for printing the county's legal notices.

The newspaper's owner, former Georgia Senate Majority Leader Charles W. Walker, has been the target of several investigations, none of which have found him guilty of any crimes. He is president and CEO of the Walker Group, which owns the "August Focus," a construction firm and a temporary employment agency.

"They tried to come after me with my temporary employment services, political influence and all of that and they couldn't come up with anything, and now they're trying this," says Walker, who was defeated earlier this year in his bid to get re-elected after serving 12 years in the state Senate. In 1996, he became the first African-American to be elected majority leader of that body.

Ed Reinhold, supervising agent of the FBI's office in Augusta, says the Federal Bureau of Investigation, the Georgia Bureau of Investigation and the Internal Revenue Service, conducted the joint raid of Walker's offices in Augusta.

"The warrant was sealed and continues to be sealed, "Reinhold says. "So, I can't tell you what we were looking for or what we took."

Walker says, "This investigation is being led by the FBI. What kind of federal interest is involved here? None."

Authorities are usually tight-lipped about an investigation at this stage. Generally, if they develop enough evidence to seek criminal charges, they will present it to a grand jury for consideration. If a grand jury agrees, it will issue an indictment that most likely will be made public.

Walker denies any wrongdoing.

"We started a major 34-billboard campaign to expand the circulation and distribution of the 'Augusta Focus,'" Walker explains. "Now this is what the real deal is: We are going to apply to become the legal organ for Richmond County. And that's why we got this investigation."

The White-owned daily, the "Augusta Chronicle," now prints all city and county legal notices.

"It's worth about $6 million annually," Walker says. "Plus, you get all of those news subscribers and other people will want to advertise with you because of the larger subscriber base."

In a front-page story last week, the "Augusta Focus" recounted a string of investigations that targeted Walker.

"The original probe started out with allegations contained in an article in the 'Augusta Chronicle' and the 'Atlanta Journal-Constitution' accusing former Senate Majority Leader Charles W. Walker of various ethics violations that were later dismissed," the newspaper noted. "The allegations were that Walker had illegally done business with Grady Hospital and the Medical College of Georgia. These investigations obviously have not produced the desired results.

"The feds then moved to an investigation of the non-profit CSRA [Black football] Classic where Walker serves as the honorary chairman. The status of that investigation is unknown.

"Now the feds have taken on seemingly a new project: The investigation of the 'Augusta Focus.' Some people close to the investigation have suggested that the outcome is not important. The goal is to financially ruin the Walker Group [which owns the Black, NNPA-affiliated paper] and its subsidiaries."

In its story, the paper blames U.S. Attorney Richard Thompson, a Republican, for what it calls a politically motivated investigation into Walker, as well as other Democratic politicians.

Dan Drake, a public information officer for the U.S. Attorney's office, declined to respond to those allegations or give any details of the investigation. "At this point, I can't confirm or deny that there is an investigation," he says.

Walker's paper left no doubt that an investigation is underway.

"The FBI confiscation of all of the 'Augusta Focus's' electronic files, including those from employees' private laptops, raises serious constitutional questions," the paper says. "How far can the government go in its attempt to neutralize news organizations which represent unpopular political or social views? If the 'Augusta Focus' is silenced today, who do they come for tomorrow?

Amin's Children in Family Feud Over Inheritance

By Gabriel Packard

JEDDAH, Saudi Arabia (IPS/GIN)—Dozens of the late Idi Amin's 54 children are arguing over who will inherit his fortune, says his second-eldest son, Kirunda Amin.

But Kirunda, speaking to the BBC, said that the disputes are not out of control and that he hopes that the family can resolve the matter by following Islamic law.

"We shall rely on religious elders to distribute the wealth and choose the heir," he said.

Idi Amin—who died Aug. 16 in Jeddah, Saudi Arabia, of multiple organ failure—is reported to have had a personal fortune of millions of dollars stashed in Saudi banks. He also owned expensive cars and houses, including one in Uganda.

At least 22 of the children, many of whom live in the United States or Europe, have gone to Jedda to visit their father's grave and to speak to one of Amin's 13 wives, Hajat Madina, about who will be heir to the estate, say reports in Kenya's Daily Nation newspaper.

An official from the Uganda Muslim Supreme Council, established by Idi Amin while he was in power in Uganda, told the BBC that there was family conflict over the wealth but that the children say they will follow Islamic law to resolve the matter.

"The council and the children have appointed a panel that will deal with the whole issue of inheritance," said the official.

Amin seized power in Uganda in 1971, and his eight-year reign is considered one of the bloodiest in Africa's history. An estimated 300,000 Ugandans were killed by his agents, and thousands more disappeared or were forced into exile.

Study Finds Women Own Bulk Of Swaziland's Small Businesses

MBABANE, Swaziland (IRIN)—Swaziland's women own nearly three-quarters of their country's small businesses, according to a new government study. The figure flies in the face of conventional wisdom that Swazi women, because of their legal status as minors, are economically disenfranchised.

"We are capable business people, but we have been kept from advancing in big corporations. Small businesses allow women to apply their business skills and prosper, and these types of businesses also offer time flexibility," says Janice Simelane of the women's empowerment group, Umtapo WaBomake.

Popular small businesses include general stores, poultry farms, beauty salons, dressmaking shops or agricultural businesses.

But "many Swazi women are finding their own financing, and they are opening newer types of businesses. We find women heading real estate agencies, private schools, public relations outfits and even their own law firms," says Simelane.

The study by the Ministry of Enterprise and Employment found that 71 percent of small businesses listed with local and national tax authorities were registered under women's names. This high figure is in spite of the fact that Swazi women cannot own property in their own names, enter into contracts, or secure bank loans without the sponsorship of a male relative.

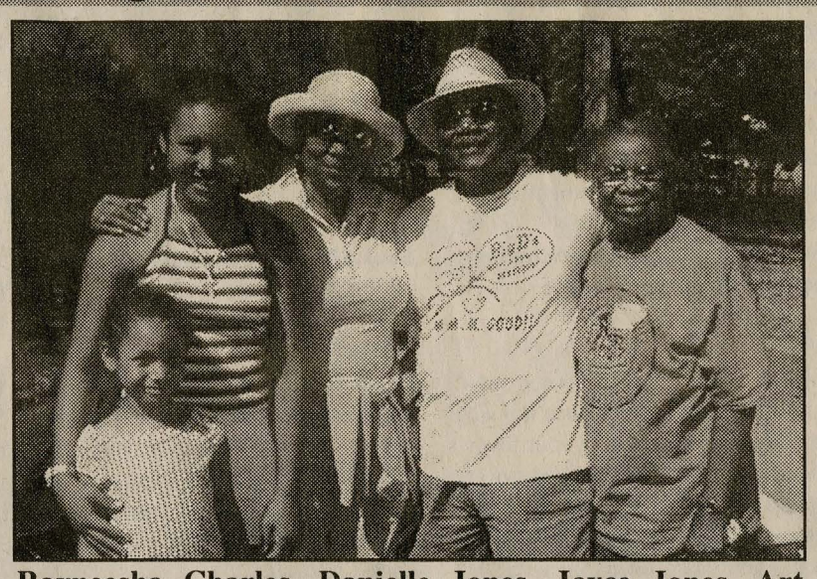
The government seems committed to women's empowerment, as evidenced by a draft constitution that would remove legal barriers now hindering women

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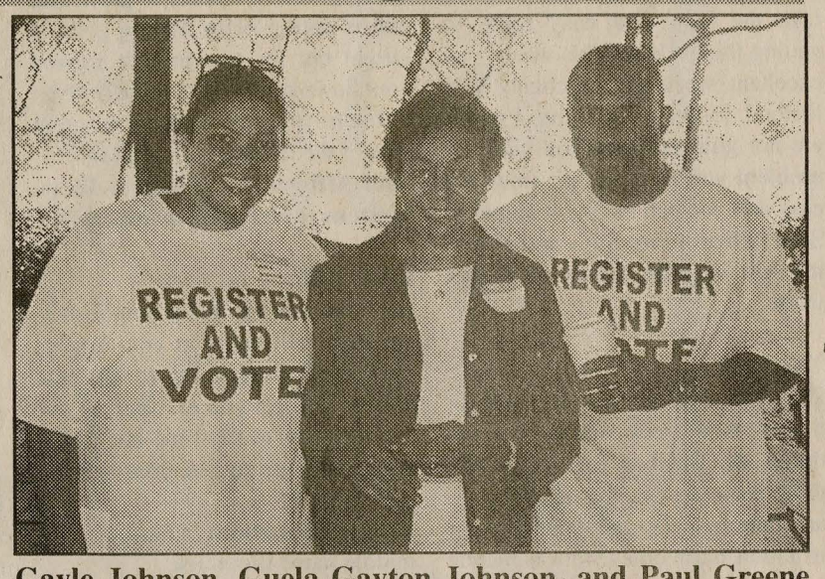
2003 Roots Family Picnic Pictorial Highlights



The Bascomb Family came out in full force for this year's event.



Rayneesha Charles, Danielle Jones, Joyce Jones, Art Martin, and Minnie Tucker.



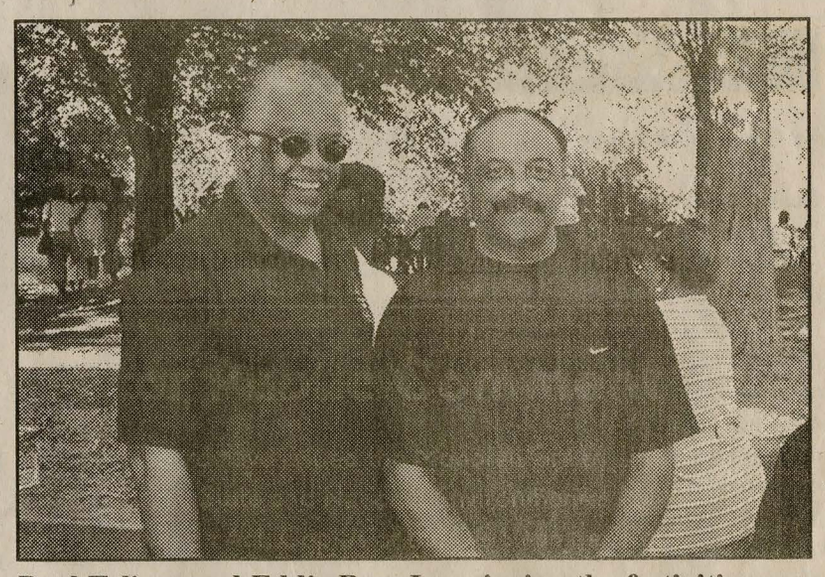
Gayle Johnson, Guela Gayton Johnson, and Paul Greene take a break from registering people to vote.



Winnie Allen, Marella Francois, Roscoe Bass, Pearl Richard, Annie Jones, and Don Alexander.



Mayor Greg Nickels poses with event organizers Dr. Robert Gary, Paul Mitchell, Dr. Charles Mitchell, Ernie Dunston, and Ernie's Grandson Cameron Dunston.



Paul Toliver and Eddie Rye, Jr. enjoying the festivities.



Mary Donley, Wilhelmina Patterson, and Zhalena Slaughter relaxed in a nice spot in the shade.



Dr. Roz Woodhouse, Harriet Williams, and Grace Holden enjoyed the days festivities.

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The Nelson/Melonsen Family was well represented at this year's picnic.



Michael Collins, Tracey Delgardo, and Tyrone Perry liked the turn-out for this year's event.



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Green Line Draft EIS Issued for Public Comment

SEATTLE MONORAIL PROJECT

The Seattle Monorail Project (SMP) and U.S. Coast Guard have issued the Monorail Green Line Draft Environmental Impact Statement (DEIS) under the State and National Environmental Policy Acts and Section 106 of the National Historic Preservation Act. Copies of the DEIS can be found at all Seattle public libraries, neighborhood service centers, local colleges and universities, City Hall and the SMP office. The DEIS is also available on SMP's website at www.elevated.org. To order a free CD-ROM or a printed copy at cost, call (206) 382-1220 or e-mail info@elevated.org.

Public Hearing Scheduled

The SMP and U.S. Coast Guard have scheduled a public hearing to allow you to share your comments on the DEIS. You can sign up to speak at the hearing in advance by calling the U.S. Coast Guard at (206) 220-7282, however everyone at the hearing will be given a chance to speak.

Draft EIS Public Hearing
Monday, September 29, 2003
Seattle Center NW Rooms
305 Harrison St.
Open House: 1 p.m. - 9 p.m.
Public Hearing: 1 p.m. - 3 p.m., 5 p.m. - 9 p.m.

For more information visit www.elevated.org.

For ASL and interpreters in other languages, please contact 206-587-1742 by September 22, 2003. Child care will be provided. Meeting facilities are ADA accessible. This notice is available in alternative formats for individuals with disabilities upon request, by calling (206) 382-1220.

The DEIS comment period ends on October 14, 2003. You may send written comments on the DEIS to Ross Macfarlane, Seattle Monorail Project, 1904 3rd Ave, Suite 105, Seattle, WA 98101 or email eis@elevated.org.

Avoiding Power Struggles with Your Kids

(ARA) - One of the most difficult and emotional challenges of being a parent is having conflicts with your children. Some people think like they've failed as parents, and may even feel embarrassed about the power struggles they have with their kids. The truth is that it's a common problem that, with a little training, can be overcome.

Parents can often find themselves inadvertently creating power struggles and reinforcing their child's troublesome behavior. The problem starts when a child experiences a stressful event, like frustration or failure. Stress activates a child's irrational beliefs that nothing good ever happens to them, or all adults are unfair. These negative thoughts trigger your child's feelings. His feelings, and not his rational forces, drive your child's inappropriate behavior. That negative behavior is what incites you. As a parent, you pick up on your child's feelings. But where many parents start to have trouble is when they mirror their child's behavior during a conflict. They find themselves yelling back, threatening and so on. This negative reaction increases your child's stress, escalating the conflict into a self-defeating power struggle. And although your child may have lost this battle, he wins the war by reinforcing his irrational beliefs. Then, he has no motivation to change his beliefs or inappropriate behaviors.

The first thing you, as a parent, can do is to recognize some common irrational beliefs children can have. Some examples include, "Everything must go my way all the time," "I should never have to do anything I don't want to do," and "I must be stupid if I make mistakes."

When your child has those irrational beliefs and their feelings are triggered, they may resort to bad behavior. Your response to that behavior is critical in de-escalating the conflict between you and your child. As a parent, you could be sending what's known as "you" messages that make the argument worse. These include, "Can't you do anything right?" "You apologize immediately!" and "Don't you dare use that language with me!"

Fortunately, experts in the conflict management field say you can overcome the cycle of conflict. Jennifer McEldowney, executive director of No Disposable Kids, a national training program that encompasses parents, school children and educational staff, says you can break the cycle by changing those "you" comments to "I" comments.

"I comments are less likely to provoke additional aggression, are less threatening to your child, and are a model of honest exchange between two people," McEldowney says. "I messages are also helpful in interrupting a power struggle and in releasing adult stress in a healthy way."

No Disposable Kids has a number of additional strategies developed by its parent organization, Starr Commonwealth, that you can use for managing conflict with your child. Remember to stay centered, appear calm and controlled and try, hard as it may be, to put yourself in the psychological shoes of your child. Also, be aware of the nonverbal messages you send and be willing to accept responsibility for your contribution to the conflict.

As the parent, you make a choice to permit your child's irrational behavior, tolerate it, stop it, or prevent it. The key, according to McEldowney, is to create a structured and predicable environment. "Come up with clearly stated rules, and stick to them," she says. "Establish rituals and routines and maintain a daily schedule as best you can."

If you'd like more information on No Disposable Kids, and its multi-faceted training programs that help schools identify their strengths, analyze their weaknesses and utilize practical prevention-oriented tools for creating safe and productive school environments, call (800) 315-8640 or visit the Web site at www.ndk.org.

Founded in 1913, Starr Commonwealth is a private, non-profit organization. It serves children and families from locations in Albion, Battle Creek, and Detroit, Michigan as well as Columbus and Van Wert, Ohio. The gamut of services ranges from foster care to residential treatment, and from in-home counseling to programs that help young adults learn to live independently. For more information on Starr Commonwealth, call (800) 837-5591 or visit the Web site at www.starr.org.

-- Courtesy of ARA Content

REDUCE PROSTATE CANCER RISK WITH PREVENTION AND EARLY DETECTION

LOS ANGELES, CA- September is prostate cancer awareness month. Prostate cancer is the most common type of cancer found in American men other than skin cancer. The American Cancer Society estimates that there will be 220,900 new cases of prostate cancer in the United States this year and 28,900 men will die from the disease. Fortunately, the death rate for prostate cancer is going down and early detection is on the rise.

Timothy Wilson, MD, director of Urology at City of Hope Cancer Center in Los Angeles, emphasizes that prevention and early detection can reduce the risk of prostate cancer and improve treatment outcomes for those who are diagnosed with the disease.

"The exact cause of prostate cancer is unknown but risk of its development is associated with age, family history, race, environmental exposure, and certain nutritional deficiencies," says Dr. Wilson. "Prostate cancer is often called a 'silent disease' because it frequently develops without obvious symptoms."

When symptoms are present, they may include some of the following:

* a weak flow of urine
* frequent or painful urination
* blood in the urine or semen
* pain in the lower back, pelvis, or upper thighs

Dr. Wilson recommends that all men over the age of 50 visit their physician for a yearly exam. This exam should include:

* a discussion about risk factors and possible symptoms
* a digital rectal examination (DRE) to detect irregularities of the prostate
* a prostate specific antigen (PSA) blood test

Men who are at high risk for prostate cancer - especially African Americans or men who have close family members with prostate cancer - should consider beginning these tests at an earlier age.

Prevention is the best way to reduce the risk of prostate cancer. Men should take proactive measures to live free of the disease. Dr. Wilson suggests the following:

* eat a balanced diet, high in fruits and vegetables and low in fat
* watch your weight, and exercise daily
* limit alcohol consumption
* know the risk factors and be aware of changes in your body
* see a physician for a yearly exam

For more information about prostate cancer research and treatment at City of Hope Cancer Center, call 1-800-826-HOPE or visit www.cityofhope.org.

Many Workers Find Little ToCcelebrate This Labor Day

By The Associated Press

Many workers had little to celebrate this Labor Day, gripped by worries about layoffs, health care costs and other economic woes.

In the Philadelphia region, several teachers unions were threatening walkouts over salary and health care issues, while a Labor Day parade went on in Pittsburgh Monday despite fears the city's budget crisis would cancel the annual event.

``I'm trying hard to find something more in the salary range I was at," said George Gray, 26, of Coraopolis, a laborer who lost his $10-an-hour job at the American Bridge company in January.

Gray isn't excited about possible prospects in the retail industry, which now employs 13 percent of the Pittsburgh work force, surpassing the 12 percent who work in the manufacturing sector.

``You have to train yourself if you are going to be in the job market for any length of time," said Pat Bruno, legislative chairman of the Erie Central Labor Council. ``The downside is that probably 90 percent of the people even after they take their training are probably going to start out at less money than they made before."

One analysis of state and federal data shows Pennsylvania has lost 20,400 jobs since the latest recession ended in November 2001. The ``State of Working Pennsylvania 2003," an annual report on the health of Pennsylvania's economy released by the Keystone Research Center, also indicates that Pennsylvania lost 180,000 manufacturing jobs from 1990 to 2002.

Even workers who tried to plan for the future are being hit. Pilot Michael Bonnette, 47, of Pine, lost his job with US Airways in January. Three weeks later, the airline terminated his pension, meaning his family of six will receive half the original benefit, or about $1,000 a month when he turns 60.

``After more than 15 years with US Airways, I was furloughed on Jan. 7, on my birthday," Bonnette said.

Meantime, a potential teacher strike loomed for 22 high schools run by the Archdiocese of Philadelphia, while schools in suburban Springfield Township, Montgomery County, would not open Tuesday because of a teachers strike.

The Philadelphia-area archdiocese continued talks of avoiding a strike by about 1,000 lay teachers.

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Sound Transit, the Central Puget Sound Regional Transit Authority, hereby gives notice pursuant to 49 Code of Federal Regulations Part 26, issued by the U. S. Department of Transportation, that Sound Transit will adopt the following DBE utilization goal for 2003-04:

Federal Transit Administration
Federally Assisted Projects:
15%

To accomplish this goal Sound Transit will seek to meet 10% DBE Participation on Construction Contracts, and 18% DBE Participation on Professional Services Consulting Contracts.

Sound Transit has submitted the above-referenced DBE utilization goal to the Federal Transit Administration. Background information on the goal and how it was determined is available for review until September 19, 2003 during normal business days from 9:00 a. m. until 4:00 p. m. at Sound Transit's address shown below. Persons interested in obtaining a copy of Sound Transit's submittal to the Federal Transit Administration may contact JoAnn Koplitz via phone at 206-689-4914, email at koplitzj@soundtransit.org or write to the Sound Transit address below.

Sound Transit will accept written comments on the DBE program and goal until September 22, 2003 addressed to Sound Transit, Union Station, 401 S. Jackson St., Seattle, WA 98104-2826, Attention: Diversity Programs Office.

Comments may also be directed to the Federal Transit Administration, Region X, 915 Second Avenue, Suite 3142, Seattle, WA 98174-1002, Attention: Regional Civil Rights Officer.

Joni Earl
Executive Director