

Frank Hooks Runs for Executive Board with Local 587 A.T.U.



Frank Hooks

Minority Affairs
• ATU member for 5 years
• Shop Steward for 2 1/2 years
• Treasurer Black Transit Workers Association
• 32nd Degree Mason

When Frank joined Metro five years ago, he could not understand how our union, which prides itself on being a fraternal organization, could ignore a large percentage of its brothers and sisters. To change this situation, Frank got actively involved as a shop steward. When some people said there were no blacks interested in running for union office, Frank proved them wrong. He faithfully attended 23 of the last 24 union meetings.

Frank was raised in Albany, Georgia, by parents who were active in the civil rights movement, marched with Martin Luther King and were arrested for their activities. He left home at 18 to join the military where he served as a paratrooper. Eventually, he came to the Northwest as a civilian employee for the military. Frank worked at McChord Air Force Base as the EEO compliance officer for four years. In this capacity, his ability to make responsible and fair decisions was recognized.

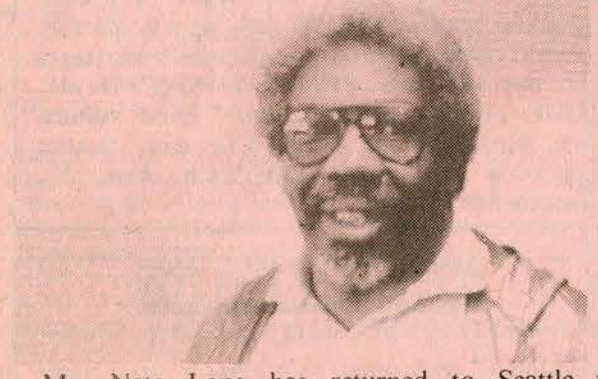
For 30 years, Frank has channeled much of his work helping others through the Masons. He is a 32nd Degree Mason, a Past Master and a Past Grand Lodge officer for 12 years in Washington state's first chartered and first black lodge.

In order to ensure that blacks receive a fair shake from our union as well as the company, Frank helped set up the Black Transit Workers Association. Through this association, Frank has continued his charitable activities with projects providing food baskets for the needy and dental care for senior citizens. Currently, he is helping the association develop a day care center for Metro employees.

Frank is an avid learner who has received much knowledge from the union members he has helped. In the process, by constantly questioning cases of discrimination, Frank has demonstrated his effectiveness in dealing with the company.

As he has in the past, Frank will give 100% for our members. Committed to fighting for equality with our TEAM, Frank will make sure that all minorities have strong representation in our union.

Nate Long Returns To His Seattle Roots



Mr. Nate Long has returned to Seattle to reactivate Oscar Productions to do Feature films and T.V. productions. Mr. Long insists that he has never left Seattle in spirit and that Seattle will always be his home.

Nate Long moved to Seattle in the Fall of 1963, and has had a long and distinguished involvement in the City of Seattle since 1967 when he established the Rainier Heights Dojo, tea ching judo, karate and self defense classes to the children and residents of the area. He also taught in several recreation centers for the Parks Department, and was an instructor in the police training program.

In 1969 Mr. Long became assistant director of the SEEK Program -- a joint venture between the Seattle Public Schools and Model Cities--which consisted of 17 projects for young residents, including water safety, sewing crafts, outdoor education, arts and crafts, cinematography, and the Soul Academy which stressed drop-out prevention for students. Mr. Long was responsible for the city's acquisition of Red Barn Ranch, which provided a year-round outdoor education project for disadvantaged youth. He also served as administrative assistant to the Director of Model Cities Program.

In 1970, through his Oscar Productions, Mr. Long initiated a training school for high school and college students in still photography, cinematography and television production. Trainees from the program worked on the weekly TV series "Action Inner City," which emanated from KOMO-TV (ABC) for ten years.

Nate Long was part of the committee which, in 1971, planned the design and reconstruction of a synagogue on 17th St. and Yesler which became the Langston Hughes Center.

Mr. Long is most proud of having revived Seattle's Black Community Festival during 1971, 1972 and 1973, which brought to Seattle such dignitaries as producer Melvin Van Peebles, actress Denise Nicholas and actor Jim Brown to serve as Grand Marshalls.

Nate Long has always been active in the community, and many Seattle residents remember him as a moving force, especially among young people. Mr. Long has gone on to become a widely respected member of the film and television industry as a producer, director and actor. He created and produced the television series "South by Northwest," in conjunction with Washington State University, and rose to national prominence for the innovation and direction of TVAC (Television For All Children), an agency that successfully marketed 22 children's TV series' from 1977-80. These efforts have won for Mr. Long three CEBA Awards, a Prism Award, the Clarion Humanitarian Award, and many proclamations and citations.

In 1981 Mr. Long serves as second-unit director on the feature film *Tex*, becoming the first Black to hold that position in the long history of Walt Disney Studios. He is a member of the National Black Media Coalition, the Minority Affairs Committee of the National Cable Television Association, the Academy of Motion Picture Arts and Sciences, American Film Institute and Screen Actors Guild.

Mr. Long is very active in the Directors Guild of America, is a founding member of the Association of Black Motion Picture and Television Producers.

Victim Assistance Project Talks about Crime!

The Yesler Terrace Victim Assistance Project offers information and supportive services for victims of misdemeanor crimes. The project is located at Yesler Terrace Neighborhood House, 825 Yesler Way. The phone number is 447-4522. This is the sixth in a series of montly columns talking about aspects of crimes and the criminal justice system.

HOW CAN I AVOID HAVING MY PURSE STOLEN.

While purse snatching is not a serious crime, like murder, aggravated assault, etc., it certainly is a frightening experience for the women who becomes a victim. Particularly elderly women run a high

risk of injury as a result of a purse snatching.

This crime is one where awareness and knowledge of crime prevention techniques offer the best protection. Let's look at purse snatching from the muggers viewpoint for a moment. Like the burglar, he/she wants your possessions with as little hassle as possible. The purse snatcher wants to grab your purse quickly and hopes that he finds money or other valuables in it. He/she looks for an easy target, someone who makes it easy for him to commit the crime. You can make purse snatching difficult. Don't be an easy target!

Don't carry a purse. Without a purse, there can be no purse snatching! Carry your money and housekeys in an inside pocket of your clothing instead.

Don't go out alone at night. Take someone with you. One person is an easier target than two. Stay away from deserted places, day or night. If you feel apprehensive about being in a certain place, follow your intuition and leave quickly.

If you must carry a purse, be conscious of its contents. Take only the amount of money that you need that day. Always carry your housekeys separately and never have your identification attached to your keyring. That is like an open invitation for the mugger to enter your home to steal your other valuables. Look through all the things in your purse and remove all items that are important to you (photographs, etc.). Take only what is absolutely necessary.

Don't dangle your purse on your side, which makes it easy to grab. Carry it under your arm close to your body.

Be discreet with your money, especially around the first of the month. Some purse snatchers pick out their next victims at banks and grocery stores during that time. Remember, they want lots of money in that purse - a good haul.

Be alert in crowds and stores. Don't let your purse out of your sight, not even for a second.

If someone does try to take your purse, let go of it. Don't fight back. The mugger might become violent if he/she encounters resistance. You might be thrown to the ground in a struggle and get hurt. What ever is in your purse can be replaced somehow, but your health or your life cannot.

Instead get a good description of the purse snatcher and notice which direction he/she flees in.

Then call the police.

THE FACTS is 20 years old and has a readership of over 40,000.

Help Make "Community Harvest" A Big Success!

Central Area residents can help Central Area food banks during "Community Harvest," a county-wide food drive scheduled for April 26 to May 22.

The campaign is co-sponsored by Pacific Northwest Bell and participating King County media. Northwest Second Harvest, which coordinates donations to 35 Puget Sound food banks, is assisting with the project.

Vic Kucera, PNB district manager-community affairs, said during the campaign each King County PNB vehicle will serve as a collection station. "Because our vehicles are easily recognized and in the communities daily, we felt this would provide people an easy and convenient method of donating food," Kucera said. "Another feature of the project is that food collected in the Central Area will be earmarked for use by Central Area food banks.

Kucera said if a person seeing a parked PNB vehicle wishes to make a donation, the person should give the food item to the driver. The food will be taken to a PNB garage where it will be stored until being trucked to one of the Central Area food banks.

In addition, collection barrels will be located at PNB PhoneCenter Stores.

Kucera said PNB became involved in the program because of the increasing number of hungry in the Puget Sound area.

"We are all aware the economy is having an effect on our friends and neighbors, but sometimes we don't understand the magnitude of the problem until we begin working with the hungry," Kucera said. "From our involvement in other food drives it became apparent a more concentrated effort was needed."

In February, PNB donated \$12,000 worth of canned food to Northwest Second Harvest.

"While that was a lot of food, it only fed approximately 1,250 families for two weeks," Kucera said.

The media was asked to become involved because of the role it plays in the community.

"This is a unique program that involves two major community citizens -- the media and the phone company -- joining hands to help the hungry," Kucera said. "The media is playing a big role in this project and the community should recognize this involvement."

**THE FACTS
20TH
Anniversary**

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CUCUMBERS

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JUMBO WHITE ONIONS

3 lbs. \$1

SWEET NEW CROP

LARGE GREEN GLOBE ARTICHOKE

3 FOR \$1

GROUND COFFEE

MJB: Reg., Drip, Elec./Perk

\$6.98

3 lb.

HI-C FRUIT DRINKS Grape, Orange, or Fruit Punch 46 oz. 79¢

Salad Dressing Kraft: French or Italian 16 oz. \$1.49

Salad Dressing Kraft: Catalina 16 oz. \$1.49

Salad Dressing Kraft: Reduced Calorie: Creamy Cucumber 8 oz. 89¢

Instant Potatoes French's Assorted 5.6 oz. 69¢

Bar Soap Jergens's Mild Lotion 3.75 oz. 29¢

Saltine Crackers Sunshine Kitchens: Regular or Unsalted 16 oz. 79¢

Pineapple Juice Dole: Unsweetened 46 oz. 99¢

Pineapple Juice Dole: Unsweetened: 6 Pack 6 Pack \$1.49

AA LARGE EGGS

BROADVIEW FARMS

68¢

1st 3 Dozen; All Addit. 1 at Reg. Price

Cartoned DOZEN

HEINZ TOMATO KETCHUP 32 oz. \$1.29

Life Cereal 20 oz. \$1.75

Cap'n Crunch Crunchberries 15 oz. \$1.89

Corn Bran Quaker Cereal 16 oz. \$1.49

100% Natural Cereal Quaker: W/Fruit 32 oz. \$2.89

Freshie Noodles Wide, Medium, or For Extra Wide 12 oz. 69¢

Salad Dressing Kraft: 1000 Island or Creamy Cucumber 16 oz. \$1.49

KRUSTEAZ BAKING MIX 40 oz. 79¢

QUALITY FRESH MEATS

U.S.D.A. CHOICE BEEF BONELESS CHUCK ROAST

\$1.69

lb.

CUT FROM 14 lb. to 17 lb. LOINS FRESH PORK RIB CHOPS

\$1.69

lb.

IVORY BAR SOAP

10¢ Off Label

68¢

3 Pack 13.5 oz.

* BAKERY DEPT. *

White Bread Family Favorite: Giant Sandwich Bread 30 oz. 79¢

Wheat Bread Family Favorite: Crushed 22.5 oz. 73¢

Bran W/Granola Bread Raisin Flakes 24 oz. loaf 99¢

* DAIRY DEPT. *

Yami Yogurt Assorted Flavors 8 oz. 35¢

Buttermilk Vitamin 16 oz. 52¢

* Health & Beauty Aids *

Alka-Seltzer Effervescent Alkaline 36 ct. \$1.89

Batteries Eveready: AA Size 4 ct. \$2.39

PARKAY MARGARINE

KRAFT CUBES

48¢

1 lb.

Pineapple Dole Juice Pack: Crushed, Chunks, Sliced 20 oz. 79¢

Garbage Bags 34 gal. 4 Gallon 30 ct. \$1.19

Graham Crackers Sunshine Honey 16 oz. \$1.09

Bath Tissue Merino White 4 Pack \$1.13

Potato Buds Betty Crocker: Instant Mashed 13.75 oz. \$1.19

Miracle Whip Kraft: Salad Dressing 16 oz. 88¢

Parmesan Cheese Kraft: Grated 3 oz. 98¢

Pillsbury Biscuits Refrigerated: Butter, Country Style, or Buttermilk Like 7.5 oz. 4/51

Coast Soap Bath Size Bar Soap: 2 Pack, 15" Off Label 10 oz. 99¢

Grape Juice Seneca 64 oz. \$1.98

CINCO de MAYO SPECIALS

Help us celebrate Mexico's most special holiday - CINCO de MAYO - and pick up some of these Mexican favorites!

Taco Sauce La Victoria Red: Salsa Brava 7 oz. 75¢

Taco Sauce La Victoria Green 7 oz. 75¢

Salsa Suprema La Victoria 12 oz. \$1.18

La Victoria Refried Beans Salsa Victoria or Salsa Ranchera 12 oz. \$1.18

Refried Beans Old El Paso 16 oz. 2/51

Refried Beans Old El Paso W/Sausage 15 oz. 79¢

Nacho Chips Old El Paso 7 1/2 oz. \$1.09

Enchilada Sauce Old El Paso Mild 10 oz. 55¢

Taco Sauce Old El Paso Mild 9 oz. 73¢

Taco Shells Tostitos 4.7 oz. 79¢

Taco Casserole Tostitos 8 oz. \$1.49

Chili Rellenos Tostitos 13 oz. \$1.98

Hacienda Burritos Fresh: Variety 10 oz. 69¢

Alex Beef Tamales Fresh 12 oz. 99¢

Hacienda Chili 16 oz. \$1.19

Flour Tortillas Alex: XLNT 15 oz. 59¢

Olympia Cheese Pepper Jack or Cheddar 8 oz. \$3.19

Cheese Kraft: Monterey Jack 8 oz. \$2.49

CHEERIOS or WHEATIES GENERAL MILLS

\$1.48

Cereal 15 oz. to 18 oz.

PAPER TOWELS

CORONET - PRINTS

58¢

125 ct.

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QUALITY FRESH MEATS

U.S.D.A. CHOICE BEEF BONELESS CHUCK ROAST

\$1.69

lb.

CUT FROM 14 lb. to 17 lb. LOINS FRESH PORK RIB CHOPS

\$1.69

lb.

Thighs or Drumsticks Tyson's Brand Grade A/FRYERS Frozen 1 lb. 89¢

Chuck Steaks U.S.D.A. CHOICE Boneless Beef 1 lb. \$1.79

Ground Beef CLEAN Fresh 1 lb. \$1.49

Beef Liver Fresh Sliced 1 lb. 99¢

Sliced Bacon Old Faithful Regular or Thick 14 lb. Pkg. \$1.59

Breakfast Strips Swift's Sizzlean 12 oz. Pkg. \$1.49

Pork Sausages Jimmy Dean 12 oz. Pkg. \$1.59

Smoked Sausages Hillshire: Knockwurst, Provolone Cheddarwurst, Hot Links 1 lb. \$2.69

Smoked Chubs Hillshire: Beef, Thuringer or Summer Sausage 12 oz. Pkg. \$2.49

Halibut Steaks Previously Frozen 1 lb. \$3.49

Fresh Snapper Fillets 1 lb. \$1.69

Squid 1 lb. 79¢

HYGRADE WHOLE BONELESS SMOKED HAM

\$1.69

Fully Cooked, Water Added 5 lb. to 8 lb. Avg. lb.

FRESH NORTHWEST LAMB U.S.D.A. GRADE A

LEG OF LAMB 1 lb. \$2.69

LAMB RACK ROAST 1 lb. \$3.39

LAMB LOIN CHOPS 1 lb. \$3.69