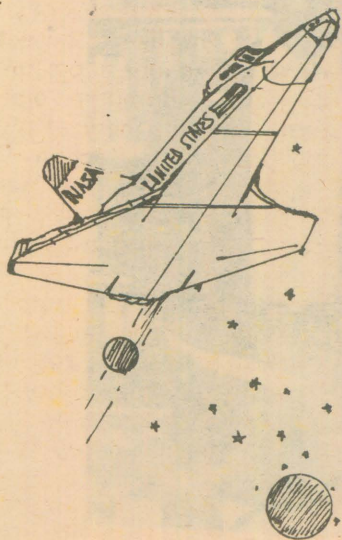


THE SPACE SHUTTLE



Scientists Seek New Foods

WASHINGTON, D.C. — Scientists are developing new foods that would look strange on today's supermarket shelves but their discoveries won't change your diet much any time soon.

This research focuses on the day nutrients might be scarce.

It's not that the food and nutrition scientists of the U.S. Department of Agriculture's Agricultural Research Service are predicting a nutritional doomsday around the corner. Rather, they expect food supplies to sustain most of America's eating habits for decades to come.

At the same time, the USDA considers it prudent to be ready for any disaster that might cripple the food chain in the future. In case this happens, the scientists are looking for new uses of existing plants as well as little-known crops that could help fill food bins.

Some foods that are not well known could come from certain ancient plants that once were popular and then were largely abandoned long ago. A few of these are believed to have considerable potential, particularly in countries where more nutrients are sought in the face of severely limited resources.

Putting new foods research off until an emergency arises would be sheer folly, say the scientists. Now is the time to do the work because it usually takes years to develop new concepts to the point of practical use.

Scientists say new foods already are emerging from the research. As examples, USDA researchers have learned that beef tallow, cottonseed, animal hides, clover and blades of grass can be added to the human diet in new nutritional forms you may not recognize.

"By the year 2020, it is predicted that the world population will double to 8 billion people," said Terry B. Kinney Jr., administrator of the USDA research agency. He says the USDA foods research is insurance against a long list of potential food losses people face even if the population climbs at a much slower pace than expected.

Among troubles that could trigger a desperate hunt for new nutrition sources, said Kinney, are the possible failure of yields to rise; a scarcity of rich farmland caused by erosion, construction or other factors; a drastic drop in food production as a result of bad weather; devastation of a staple crop by insect pests or disease; or other disasters we have not thought about.

For varying reasons, millions of human beings on some parts of the globe already are glad to get nutrients in nearly any form.

Even in America, some nutritional foods eaten overseas — such as tofu and miso — are gaining popularity. Still more new food sources are emerging as USDA scientists continue the search. A few specifics: Edible beef tallow is a substitute for cocoa butter; cottonseed and citrus juice create a protein-enriched beverage; okra becomes a margarine and a coffee-like drink; and tobacco and animal hides provide protein.



Alfred S. Cab'Uang

Modeling

Modelling Career

Shelley Leone Aitchison is from Tacoma and pursuing a career in modelling. Born in Seattle, and gifted with blue eyes, brown hair and a lovely face that "my friends say I look like either Ann Margaret or Morgan Fairchild", she said. Sure do!!! We took some test shots and see what we've got. HOLLYWOOD, Watch out!!!

Shelley started her career when she joined Vogue Modelling School in Tacoma. According to Kerry Fandel, Administrator of the School, "I remember her coming to us about a year ago and wanted to enroll in self-improvement class. Her desire to improve and create self-confidence just built up and I suggested that she pursues professional modelling and she did it herself." she added, "she photographs pretty well too."

As far as Shelley is concerned, her experience in modelling school gave her the kind of self-confidence and desire to fulfill her dream of someday becoming a successful model internationally. Presently she is enrolled in a vocational school in Tacoma, taking up Barbering and expects to graduate in two months.

To keep herself in good shape, she jogs two miles a day, lifts weights at YMCA, does facial exercises, drink lots of water, and sometimes, does one day of fasting a week. "I'm a vegetarian, too," she added. To the aspiring models, Shelley advises, "Positive mental attitude helps me in attaining my goals. I practice affirmation to provide me with better reassurance and further strengthen my self confidence to succeed." Shelley's other interests are preventive medicine, midwifery, physical and mental health, landscape and animal photography.

Modelling School and Agency

Vogue Modelling and Finishing School is located in Tacoma. The school offers courses on self development, individual make-up and color evaluation, professional modelling and executive grooming as well as offering service as a modelling agency.

courses on self development, individual make-up and color evaluation, professional modelling and executive grooming as well as offering service as a modelling agency. On an exclusive phone interview with Kerry Fandel, Administratrix and Modelling Teacher of Vogue, she said, "Desire and self confidence are the main key that can open doors for successful modelling career."

Asked about a good description of a perfect model, she responded, "For women to excel in high fashion modelling like in New York, a model must stand 5'7"-5'11", weight is proportioned to the height, and for men, they must be 5'10"-6'1", with 38-40 regular size jacket, pants size is 30-32, short hair and clean shaved. In general, Kerry reiterated, "aspiring models must possess good bone structure, high cheek bone, narrow nose, eyes are normal to wide and good clear skin." Should a person be a perfect "10" to succeed in this career? "Definitely, NO," she answered, "ten is just an image created by the media which differs from one year to the other. A perfect image can be an old-fashioned country girl in the '60 to an international look of the '80. Anybody can be rated "10" based on his personal merits." She finally mentioned that going to modelling school is an advantage for aspiring models because "....some advertising agencies in Seattle will not even look at you if you don't have any experience in modelling school."