

THE LOCAL SEATTLE SCENE...

OUR GUIDE TO ENTERTAINMENT
In & Around Seattle For • FUN •
• ENJOYMENT • RECREATION •
• RELAXATION • HAPPINESS •

SEATTLE SYMPHONY ORCHESTRA

Rainer Miedel, Music Director and Conductor

Richard Buckley, Resident Conductor



presents

LEONTYNE PRICE

THURSDAY, JANUARY 13 OPERA HOUSE 8 PM
RAINER MIEDEL, Conductor LEONTYNE PRICE, Soprano

Mozart: Overture and "Dove sono"

from Marriage of Figaro

Wagner: Overture and "Dich Teure"

Halle" from Tannhauser

Wagner: "Liebestod" from Tristan and Isolde

Strauss: Don Juan

Barber: Death Scene from Antony and

Cleopatra

Tickets: \$20.00, 16.00, 15.00, 11.00, 8.50, 8.00, 6.50. Call 447-4747 and charge.

Fashion, Beauty, & Health Tips

By Linda Neal

Anorexia

One of the dangers of chronic dieting is Anorexia. Anorexia is defined as loss of appetite. When one diets for a long period of time, the normal eating patterns are disturbed, causing physical as well as psychological changes in the body. As a result, once the desired amount of weight has been lost, it isn't possible to resume normal eating patterns, weight continues to be lost. This may bring many hazards to the health, i.e., Anemia low blood pressure, and may even prove fatal.

For this reason, for long periods of weight loss, one should be under the constant supervision of a physician.

Direct all inquiries to FACTS Newspaper/Fashion Editor.

★ For FUN In a relaxed atmosphere come and enjoy with other Seattleites
J & M TAVERN

located at 3758 Rainier Ave. So. 723-1880
★ We have Three Pool Tables at your disposal. Food service is from 10 a.m. till closing. Featuring: Hot Links, Chili, Famous J & M Chicken Wings.

★★ For additional Tavern entertainment, PAL's Tavern at 2101 E. Union has been remodeled for your pleasure!!

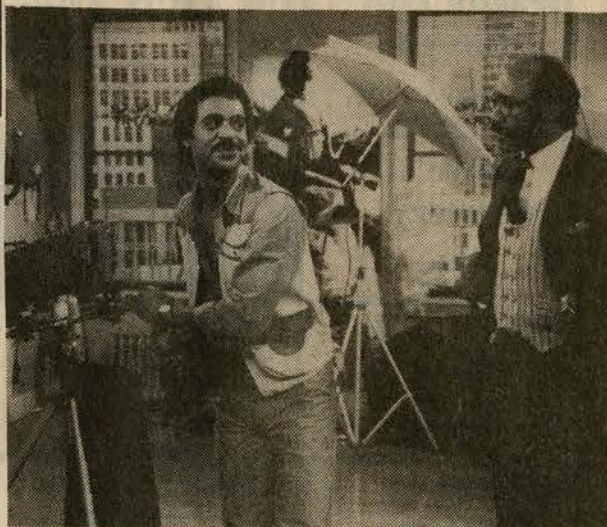
Winter Classes at Langston Hughes

Winter Class Registration---This week and next week you may sign up at Langston Hughes Cultural Arts Center for winter classes. Some of the classes that will be offered at the Center are: Karate (\$20.00) twice a week for ten weeks, Capoeira (\$20.00) twice a week for ten weeks, Self-Defense Workshop (\$20.00) twice a week for two (10) weeks, Aerobics (\$20.00) twice a week for ten weeks, Body Conditioning (\$20.00) twice a week for ten weeks, Calligraphy (\$20.00) once a week for ten weeks, Belly Dancing (\$15.00) once a week for ten weeks. These are a few of the classes that will be offered at the center this winter. If interested or wish further information please call the center at 625-5357.

New Years Resolution Aerobic Class

It's time to pick up the pace and get into a new exercise program for 1983. Classes are open to everyone, even a beginner will enjoy it and see results. Because of the pre-Christmas fire, Mon., Wed. and Fri. session will no longer be held at the Church of the Immaculate Conception. However, Rev. Griffin has been kind enough to allow us to relocate at Ebenezer AME Zion Church, 1716 23rd Ave. The Tues. and Thurs. session will still be held at St. Mary's School, 620 20th Ave. S. There will also be a Sat. morning class. All evening classes will be at 6-7 pm. To sign up or receive further information, please call 325-4291.

"Bachelor of The Year"



Felix (series star Ron Glass, left), is all modesty when the representative of a prestigious magazine informs him that he has been chosen "Bachelor of the Month" - but modesty turns to jealousy when he finds himself competing with Oscar in "Bachelor of the Year," on the ABC Television Network's "The New Odd Couple," Friday, Jan. 14, (8:30-9:00 p.m., PST). J.A. Preston guest stars as the magazine representative.

"The New Odd Couple" airs over KOMO-TV 4.

A-1 CLEANERS

FREE PICKUP SERVICE SAT. ONLY
4 HOUR SERVICE 10:30 - 6 PM

ALTERATIONS - WATERPROOFING
REWEAVING - BUNDLE CLEANING (Clean Only)

329-4229

Corner of 34th & Union • 3317 Union

January Events At The East Madison YMCA

Jan 3 - New "Before School Latchkey Program" begins. 7-9:30 am Monday to Friday; After School Latchkey winter session begins. 2-6 pm Monday to Friday; Fun, challenging activities for youth.

Jan 10 - Language School classes for adults begin. French, Spanish, Russian, Japanese, Farsi, Tagalog.

Jan. 14 - Rev. Martin Luther King Jr's Birthday. All Day Latchkey Program.

Jan. 17 - YBA games begin.

Jan. 18 - Poncho Theatre Youth Drama Classes begin. Discover the actor in you!

Jan. 21 - Overnight (monthly event) staffed by all volunteers! \$3 members; \$6 limited members. 5-13 yr. olds.

It's your community.
And it needs you now.



Darlene Slade - Chosen to Represent Curtis West Realty



Darlene Slade decided a couple of years ago to accept the challenge of the Brokerage world. After scrutinizing several Realty Firms, she settled with the oldest Real Estate firm in the city; Curtis West Realty. Darlene is a native Seattleite who graduated from Garfield Hi-School. She is the proud wife of Rev. James Slade and the mother of Shandra Slade.

Darlene holds the unique distinction of being one of two prominent sales people chosen to represent Curtis West Realty. Curtis West Realty is located at 1515 Dexter Ave. No. The Realty's present location is only two months old.

Our congratulations go out to Darlene for her hard work and efforts that have promoted her to her present pinnacle in this brokerage firm, that is known thru-out the state as an honest brokerage, whose integrity is without question.

Call 285-0243 for your real estate needs.

**COSMETIQUE & AESTHETIQUE
COLLEGE OF BEAUTIE**
464 - 12th Ave. • 3rd Floor
Seattle, WA. 98120
328-1542
Tuesday - Saturday 9 AM - 5 PM

SCULPTURED NAILS	30.00
MANICURE	4.50
PEDICURE	10.00
BROW ARCHING	3.00
MAKEUP APPLICATION	5.00 up
FACIAL WITH MACHINES AND EUROPEAN	17.00
SKIN CARE PRODUCTS 15 hrs.	6.00
BASIC FACIAL MASSAGE	25.00 up
COLD WAVES	40.00
CURLS	30.00
RELAXERS	25.00
TOUCH UP	15.00
HAIR COLOR	4.50
CONDITIONER	7.00
SHAMPOO/SET	8.50
SHAMPOO/BLOW DRY/CURL	9.00
SHAMPOO/PRESS/CURL	7.00 up

COMPLETE HAIR AND SKIN CARE PRODUCTS AVAILABLE!
• SENIOR CITIZENS DAYS: Tuesday & Wednesday 20% DISCOUNT

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Seattle, WA 723-0500

BINGO BINGO BINGO

SEATTLE JAYCEES

11030 E. Marginal Way. - Seattle
Phone: 767-7190
3 SESSIONS DAILY
Sun., Mon. & Tues. 11:30 a.m.-3:00 p.m.-7:00 p.m.

\$5,000

Monday Night Football Bingo
7:00 P.M.
January 3, 10, 17, 24 and 31
\$5,000 in 53 No. \$3,000 in 54 No.
over 54 No.

3-\$1,000 Consolations WILL GO!
ALSO! - Monday -3 P.M. Special
\$2,000 B.O. Will Go! JAN. 10TH & 31ST
(\$1.00 per sheet of 3)

Take I-5 to Exit 158, go west to light at E. Marginal Way & make a sharp left hand turn, proceed 1/3 mile, turn left into driveway between Rebuilders Supply and Berger Equipment.

Gold strike at Jaycees!
Starting on Monday, January 3rd and every Monday in January, the Seattle Jaycees will be giving away with their regular cash prizes, a one Troy ounce pure silver medallion!
Also, they have five (made up so far) pure gold medallions that have an equivalent cash value of \$700 each! These will go in 53 numbers or less with \$50 added to the "pot" each session until it is won. For example: pure gold medallion, pure gold medallion and \$50, pure gold medallion and \$100, pure gold medallion and \$150, and so on until won! Good Luck!!!

How many times have you wished there was a way to permanently preserve those special photographs YOU Cherish?

Those photos of loved ones, old friends or good times gone by? And how many times have you despaired of ever finding a way that would do justice to the memory? Despair no more!

We will mount your favorite photo on a fine china plate that will last a lifetime. You will get a work of art!

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★ Baby Showers
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Serving a Variety of Fine Food

Family Style Fried Chicken

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Woodpit Bar-B-Q Here or to Go. Open 7 days a Week
Major Credit Cards Accepted
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Texas Tender Smoked
Convenient Drive-Thru Window

1706 Rainier Ave. So. • Seattle • 324-7466
Open: 11:00 a.m. - 2:00 a.m. Mon. thru Thurs.
11:00 a.m. - 4:00 Fri. & Sat. • Closed Sunday

**UNITED WAY
FOLLOWS AN OLD
AMERICAN CUSTOM
WHEN IT COMES TO
DISTRIBUTING FUNDS:**

Let the people decide.

If people are good enough to volunteer their time and money each year and make United Way a success, they're also good enough to decide how the funds are used.

A lot of ordinary people with extra-ordinary dedication devote long hours looking at budgets and community needs to determine how the money you give can be used to your community's best advantage.

RICHLENS Super Mini--
23rd & Union

featuring
SHELL GAS at Low prices!!

CHITTERLING
MORRELL 10LB. BUCKETS
\$9.49

MON-THURS, 5 am to 1 am
FRI - SAT, 5 am to 2 am
Sunday 6 am to 1 am