

# Get Your Bikes Ready For Bicycle Parade

Sunday, June 22, from 2-4 p.m., the concerned central area citizens for environmental protection will be sponsoring a bicycle parade. The ride will begin at Garfield High School and end at Seward Park. Mayor Uhlman has volunteered to be parade

marshall. It is also very possible that both Sounder and Sonic representatives will be on hand. Radio Station KYAC will announce the ride as well as the lucky winners whose names will be drawn from a big hopper at the end of the ride. Participants must be

18 years of age or under and a resident of Seattle to be eligible for the prizes. However, everyone is encouraged to participate. Entry blanks can be picked up at Safeway parking lots (Empire, Rainier, 23rd) or by calling 324-6539.



BICYCLES



## GET READY

### Bicycle Sunday To Begin June 22

The season's third Bicycle Sunday will happen June 22.

Seward Park will be closed to automobile traffic from 10 a.m. to 5 p.m. Sunday. To park near Stan Sayres Memorial pits, turn east from Rainier Avenue South on South Genesee Street, then turn left on 43rd Avenue South.

A first aid station will be located at Sayres pits. Participants who have not already registered their bicycles with the

Seattle Police Department are urged to do so. Registration forms will be available at the first aid station.

Bicycle Sunday program has attracted record numbers of people this year. More than 2,000 bicyclists pedaled the six-mile route from Mount Baker to Seward Park on Memorial week-end Sunday.

Other Bicycle Sundays are scheduled for July 20, August 24, and September 28.

### COMMERCIAL PROPERTY AND COMMERCIAL CASUALTY UNDERWRITER TRAINEE POSITIONS ON-THE-JOB TRAINING IN SEATTLE FOR ASSIGNMENT ON THE WEST COAST

Six-eight months training in our Underwriting Department; office and field exposure to Hartford's underwriting principles and practices. The use of programmed texts and audio/visual equipment is featured. Upon completion of the training, the successful candidate will be promoted to an assistant underwriting position and may be relocated at our expense to a regional office in the Western states. Pre-requisites include:

- 2 or 4 year college degree preferred
- Good record of academic achievement and outside involvement
- Mobility

Excellent training and company benefits

Send resume of your qualifications, including salary history and requirements, to Mr. Robert Mitchell, Office Administration Manager, The Hartford Insurance Group, P. O. Box 1875, Seattle, Washington 98111.



An equal opportunity employer/male and female. **THE HARTFORD**

### ... FOR GOOD THINGS TO EAT!

|                                                                                |                                                                                                  |
|--------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------|
| <b>BONELESS BEEF SIRLOIN TIP ROAST</b><br>U.S.D.A. CHOICE<br>lb. <b>\$1.58</b> | <b>FRESH WHOLE FRYERS</b><br>WASHINGTON GROWN<br>CUT-UP<br>lb. <b>59¢</b>                        |
| <b>BONELESS BEEF SIRLOIN TIP STEAK</b><br>U.S.D.A. CHOICE<br>lb. <b>\$1.68</b> | <b>LAMB SHOULDER ROAST</b><br>U.S.D.A. CHOICE<br>lb. <b>98¢</b>                                  |
| <b>GERMAN WIENERS</b><br>MORRELL'S<br>1-lb. Pkg. <b>\$1.19</b>                 | <b>PAULY'S SLICED CHEESE</b><br>Sliced Swiss, Cheddar, Swiss<br>12 oz. pkg. <b>89¢</b>           |
|                                                                                | <b>SWIFT'S PREMIUM HAM PATTIES</b><br>21 oz. Tin <b>\$1.59</b>                                   |
|                                                                                | <b>ALEX'S FRESH SALADS</b><br>Potato - Macaroni<br>Cafe Salad - Lettuce<br>14 oz. cup <b>49¢</b> |
|                                                                                | <b>LAMB BLADE STEAK</b><br>U.S.D.A. CHOICE<br>lb. <b>\$1.19</b>                                  |

**FACIAL TISSUE**  
LADY SCOTT  
200 ct. Package **38¢**

**FRIED CHICKEN**  
BANQUET  
2 lb. Package **\$1.68**

**KRAFT VELVEETA**  
KRAFT  
Processed Cheese Spread  
2-lb. Loaf **\$1.48**

**LARGE EGGS**  
GRADE AA  
Farm Fresh!  
DOZEN CARTON **53¢**

**HIGHLAND COFFEE**  
Regular or Electric Pot  
3 lb. Tin **\$2.79**

**CAT FOOD**  
Nine Lives: Tuna, Tuna & Chicken, Tuna, Tuna & Chicken, Tuna, Tuna & Chicken  
5 oz. can **5/51**

**GLAD BAGS**  
Plastic, Sandwich Size  
100 ct. **73¢**

**GLAD BAGS**  
Plastic, Garbage  
30 ct. **73¢**

**WHEATIES CEREAL**  
GENERAL MILLS  
18 oz. Package **74¢**

**RICE MIXES**  
M.J.B.: Beef, Herb & Butter, Fried  
8 oz. **39¢**

**HILLS COFFEE**  
European Flavors  
Cafe Mocha, Cafe Vienna, Cafe Capri  
8 oz. **\$1.25**

**SOY SAUCE**  
Kikkoman  
24 oz. **99¢**

**POTATOES**  
Pillsbury Heavy  
Jack Instant  
32 oz. **\$1.33**

**RENUZIT**  
Aerosol Room Deodorizer  
Bougainville, Lemon, Powder Room  
7 oz. **59¢**

|                                                                                            |                                                                                         |                                                                                                                              |
|--------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------|
| <b>RIPE OLIVES</b> Standby Large: Pitted 6 oz. <b>48¢</b>                                  | <b>CRYSTAL WHITE</b> Liquid Dishwashing Detergent Regular or Lemon 48 oz. <b>69¢</b>    | <b>FISH FILLETS</b> You de Kamp: Frozen 24 oz. <b>\$1.99</b>                                                                 |
| <b>COOKIES</b> Bore: Choc. Chip, Choc. Fudge, Choc. Chisel, French Cream 18 oz. <b>88¢</b> | <b>APPLE JUICE</b> Tree Top 48 oz. <b>59¢</b>                                           | <b>RED MOUNTAIN</b> Wines: Burgundy, Vin Rouge, Chateau 75 Gal. <b>\$2.39</b>                                                |
| <b>SALAD DRESSING</b> Kraft Liquid: 1000 Island, Golden Caesar 8 oz. <b>65¢</b>            | <b>PURITAN PRESERVES</b> Apricot-Pineapple, Grape, or Grape Jelly 32 oz. <b>98¢</b>     | <b>WINES</b> Annie Green Springs: Apricot Splash, Berry Frost, Peach Creek, Country Cherry, Plum Melon 4/5 qt. <b>\$1.25</b> |
| <b>MARSHMALLOWS</b> Kraft Miniature 18 1/2 oz. <b>43¢</b>                                  | <b>POTATO CHIPS</b> Halley's: Family Pack, Dipper or Reg. 15 oz. <b>\$1.18</b>          | <b>FRENCH BREAD</b> Freshie: Sliced 15 oz. loaf <b>3/51</b>                                                                  |
| <b>PRESERVES</b> Standby: Apricot-Pineapple 18 oz. <b>78¢</b>                              | <b>HASHBROWNS</b> SNOBOY Frozen Southern Style Potatoes 2-lb. <b>3/51</b>               | <b>SHAMPOO</b> Head & Shoulders 7 oz. Tube or 11 oz. Lotion <b>\$1.88</b>                                                    |
| <b>RAID SPRAY</b> Aerosol: House & Garden 13 1/2 oz. <b>\$1.66</b>                         | <b>SNOBOY BROCCOLI</b> Frozen: Cut 18 oz. <b>4/51</b>                                   | <b>WOODBURY</b> Asst. Bath Soap 4 1/2 oz. <b>6/51</b>                                                                        |
| <b>PIZZA MIX</b> Jov's: Cheese 25 1/2 oz. <b>\$1.18</b>                                    | <b>VEGETABLES</b> SNOBOY Frozen: Peas, Peas/Carrots, Mixed Vegetables 24 oz. <b>59¢</b> | <b>ALBERTO BALSAM</b> Conditioner: Sugar, Regular, Extra Body 8 oz. <b>98¢</b>                                               |
| <b>CHEESE NIPS</b> H.B.C.: Crackers 16 oz. <b>85¢</b>                                      | <b>ORANGE PLUS</b> Birdseye Frozen Orange Breakfast Drink Concentrate 12 oz. <b>59¢</b> | <b>MYLANTA</b> Liquid Anti-Acid 12 oz. <b>\$1.66</b>                                                                         |

### CORN

New Crop California Fresh Sweet Ears

**7 for \$1**

**ZUCCHINI** Flavorful Squash 1 lb. **39¢**

**BROCCOLI** Tender 1 lb. **33¢**

**PEACHES** New California 1 lb. **59¢**

**PAPAYAS** Hawaiian 1 lb. **59¢**

**AVOCADOS** California 4 for **\$1**

**ROMAINE** Fresh Locally Grown 1 lb. **29¢**

**APPLES** Granny Smith 1 lb. **49¢**

**CHERRY TOMATOES** Red & Ripe 10 oz. Cup **39¢**

**SUNKIST GRAPEFRUIT** WHITE 4 for **\$1**

Prices effective Wed., June 18th thru Sat., June 21st, 1975. LIMIT RIGHTS RESERVED. An equal opportunity employer.

**we welcome FOOD STAMP SHOPPERS**

Maple: 2226-22nd Ave. West Kenmore, 17582-90th Ave. N.E. Edmonds, 500-5th Ave. S. Laurelhurst, 5440 Sand Point Way Wedgwood, 5400-35th Ave. N.E.

West Seattle, 4732 Calif. Ave. S.W. Port Angeles, 1018 E. 1st St. Bellevue, 18430 N.E. 8th Newport Hills, S.E. 5625 & 119th S.E. Inglewood, 855 N.W. Beach Rd.

Midway, 23400 Pacific Hwy. S. Columbia City, 4801 Rainier Ave. Edmonds, 8401 Main St. Ball Park, 2717 Rainier Avenue S. Ballard, 1425 N.W. Market Street

Mercer Island, S.E. 28th & 70th S.E. Revere Village, 21 South Grady Way Lake City, 12915-31st Avenue N.E. Lake Mills, 1510-1420th Pk. S.E. West Seattle, 4291 S.W. Margate