



Be Well With Gail

God called my mother home on January 10th 2013 she had Alzheimer's disease. In spite of all my training on health, wellness, nutrition, vitamin supplements she chose to only listen to her doctor. Through him she agreed to take Vitamin D3 and B-12, Omega 3 fatty acids, garlic capsules and health smoothies daily. I knew these vitamins alone could not help her memory so I prayed for a miracle to God that she would remember all her 5 children up to her last day and she did!! Sadly, all other memory was gone: To God be all the glory for mom aka Missionary Alice Haynes age 85.....

May she rest in peace. AMEN

Disclaimer: My Nutritional Therapy Certification allows me to educate, assess and offer counseling on healthy foods, vitamin supplements, natural remedies and embracing a wellness lifestyle.

Contact information:
Gail - Nutritional Therapist/Wellness Educator
Email: envision2bwell@yahoo.com

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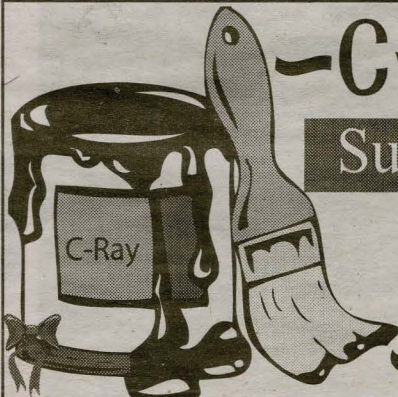
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