



Astrology

— by —

Dr. Feelgood

ZODIAC LADIES

ARIES, 3/21-4/20. Wow! But a no-no for Dr. Feelgood. Why? Because this attractive competitive does not know her own mind. She at once wants to lead yet be led! She wants a knight in shining armor who completely dominates her, one whom she feels is worthy of her. Yet being a native of the sign Aries, she must constantly test and challenge his power and authority. Result, Battle! Some men need this type of aggressive female. How about you?

TAURUS, 4/21-5/20. To the Doctor this woman seems like "Eve of the garden of Eden". She is an earth sign with Venus the goddess of love, beauty and luxury as her planetary ruler. The main aims and desires of this woman are basic. That is, she is interested in eating, feeding, working and resting, giving and receiving, loving and being loved. Sensuality is her game. But whatever she does she does all the way. She does not believe in useless games or wasted motions. Because she takes her time making up her mind, and once it's made up that's it! This is a real woman.

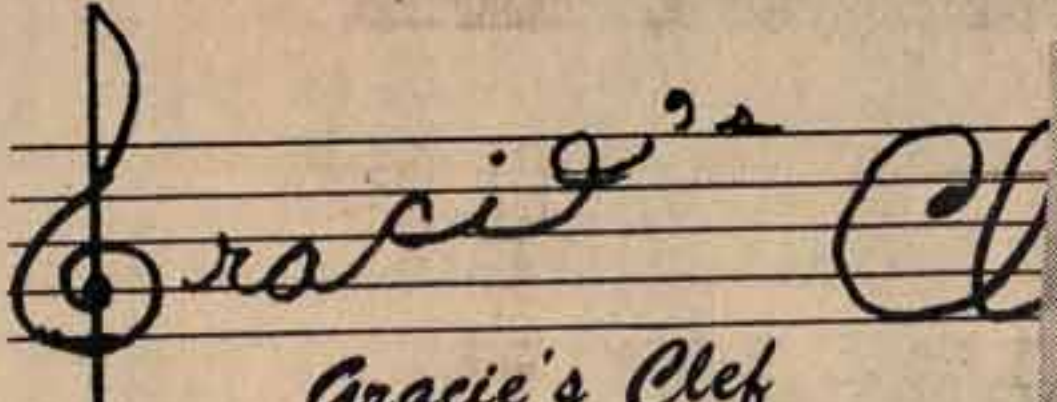
GEMINI, 5/21-6/20. When the doctor feels like fun or intellectual stimulation he heads for this woman. It is such fun to try to catch or trap these women. And I might add, difficult. But there lies the fun! These women, because of their intellectual agility and curiosity constantly get themselves entwined in a seemingly impossible situation, usually two lovers. But time after time because of this great intelligence, charm and wit, they manage to slip by! They seem to have difficulty developing deep feelings and permanent attachments. But the, how deep and permanent is air? (Gemini is a dual air sign).

CANCER, 6/21-7/20. The moon rules the sign Cancer and also rules women in general. Cancerian females are feminine. This woman wants to mother everybody! She is sensitive, emotional, and protective. A curiosity, this woman despite her obvious femininity, is nobody's fool about money! A Cancer woman (given planetary assistance) can easily head a board of directors or run a business. This is because of her powerful instinctive drive for security. In the presence of a man she gives the impression of a need to be protected, yet she faces the charge of a hungry beast to save a child or a loved one! Do you like being mothered?

LEO, 7/21-8/21. Most people I'm sure have heard of Leo's charm, sex appeal and sense of drama. But if you haven't heard it, here it is again. Leo women are sexy, charming and dramatic. Her planetary ruler is the sun, the life giver of the universe, and as we star gazers say, "As above, so below". She commands attention, she wants to be the center of activity, and the sun usually gives her the ability to do just that. Men can't seem to escape her power! Nor do many want to. Her secret is a kind of self esteem that is infectious. She thinks so highly of herself that others naturally do the same. A man feels flattered indeed when he is the object of her affection. Doctor Feelgood has felt the warmth of the she-lion, and he felt good!

VIRGO, 8/22-9/22. People have a tendency to underestimate Virgos. This is mainly because of her willingness and need to serve and assist. And of course who thinks highly of servants? Well, I'm here to tell all those who feel that way about Virgo...you're the fool! True, Virgo is interested in assisting. Her planetary ruler Mercury is service oriented. But to this astrologer that fact alone makes me uphold and revere the Virgin! There is no sign in the Zodiac that can compare with the Virgoan for analyzing and manipulating facts and details. And in our perfection oriented society this is a great asset. Not to mention the fact that most Virgos are good looking. A Virgo in service to her man is beauty in its best sense. Some of the females of other signs could well take a lesson from this lady!

Next week Dr. Feelgood will give his impressions of the ladies of the signs, Libra, Scorpio, Sagittarius, Capricorn, Aquarius and Pisces. So watch for it! **FAMOUS AQUARIAN OF THE WEEK** - Frank Oleynick, guard of the Seattle SuperSonics.



Gracie's Clef



Hello Friends,
It is good to be with you again. Today, I will share some of my mail which I think you might find highly interesting.

Dear Ms. Jones,
I am a good musician. In fact, I am far better than anyone else I have ever heard either on TV or radio. I am one of those who was a born singer. My biggest problem is that no one wants to hear me. Even when I offer to sing to them for free, they turn me off. This kind of treatment doesn't discourage me from singing, but it sure makes me angry.
Miss Talented

Dear Miss Talented,
I would certainly like to know where you got the information that you were such a good vocalist. Having not heard you, I certainly wouldn't be in a position to make any type of evaluation or form any judgement.
You say that you were a "born singer". Well, we were born people, but we all work and study to become better people. Have you worked and studied to become a competent singer? By working, I mean have you worked with a qualified vocal instructor? If not, invest in securing help from a qualified instructor and, or buy a cassette tape recorder, and record yourself and play it back.
You might be in for a surprise!
Gracie

Dear Gracie,
I studied voice for one solid year with an instructor. Do you know that every single week he would take me over the very same vocal exercises? Even when he would give me a new exercise, he would have me repeat the same old ones.

After one solid year of study, I asked him when would I be ready to travel for the concert hall. He looked at me as if I had lost all my marbles! I am at the ripe old age of 19, and I am not studying just to be studying. I am studying because I am serious and intend to make a career out of singing. Can you please tell me what to do?

Mr. Serious
In school, if you had studied reading, writing and arithmetic for only one year, where in life would you be? To study music and really be efficient takes time and many years of work and study. In my letter to you, I am enclosing some information which I hope you will find helpful. After you have studied this data, please write to me again and let me know your plans and your feelings.
Gracie

Questions for Gracie? Either write 3847 Rainier So., Seattle, WA 98118, or phone 722-4500.
Gracie L. Jones, President and Instructor
at Jones's Clavier, Academy of Music,
at 3847 Rainier Ave. So.



call JONES FUEL CO. for Heating Oil EA5-1177





ABC of Beauty

by Charlene Roberts

I did not want to keep my diet news from you so I delayed this report. It's that time, and Spring and Summer clothing is being purchased and is on the way for you.

January 25, at 8 a.m. at the Olympic Hotel along with a marvellous breakfast and relaxing with Melba and other fellow buyers, I came across these tips of great significance for you.

Youthful fashions in large size knitwear are being made up for all you lovely large gals. (smile). I noticed that some of the designers are trying to place emphasis on fashion knitwear that is youthfully designed for the size 36-52. It looks as if the designers are moving away from the "big Mama coat look", and are favoring more m'issy and junior type styling in tops. They also have a European look to add that special touch of youth. Most of the Spring and Summer line is said to be a delicate jacquard type design, in monotone sweaters of light weight orlon acrylic yarns. I also saw other materials done up in interesting patterns. The designers also offered upholstery and tapestry look in a min-tone yarn. The color combinations they chose were the pale pastels, which were taken from colors of ivory, sea foam, orchid, light pink, light beige, soft white, peach and doeksin, which is a new color.

Another important color combination will be a group done up in the variegated yarn which includes 15 basic bright and muted colors. The yarn causes distinctive patterns in which part of the garment is a certain pattern or a shading will be predominant.

But both Medieval and Oriental influences are detected in the styling. Also, the touch of Chinese detailing as slit sides, Mandarin collars (which I love) and frog closings. So you see you young large gals will get your break.

Moving On.....Blouses are still done up in figures of animals, faces, flowers, angles and you name it. (Smile) In other words they are still showing up in the busy look.

You will have to purchase the oldtime off the shoulder look which was the look out of the past. But as you know this is the Bicentennial year which says everything from 100 years ago is moving (smile). So add one blouse off the shoulder to your blouse collection. Choose one in any color you like (the one that will fit your personal wardrobe). The vest is a hot item and will be for a long time. Don't sweat the vest for you may wear it with everything. You might look at it as being an all occasion pal. (smile). Select one that will suit your color combination.

Good news from the pant lovers.....pants are not dead by a long shot. Pants are hotter than ever and will be on the scene for a long time. The jumpsuit has solved your problem. You will see pants go from short to a very long, the designers have made up a short jump suit also. Sweater-look pants are also in the new running race. The tuck-in-back-look is in. But I would suggest that the thinner figures wear that look and you heavy hip gals pick up the mid-knee look (smile). It will slim all looks. Jumpsuits with skirt plus the tunic look is still going and moving.

Blazer jackets had died off a little but they will be going again this year. Do your selecting in any color you please. But remember to chose your blazer with a short sleeve.

Bracelets are a must. I realize that a lot of ladies say that they do not like a bracelet, but I can tell you this.... men love them. If you don't believe it check out some of these young fashion conscious men. When society made it a low that men could wear tracelets in public they grabbed it. Now they have taken off with the wearing of bracelets. I have seen some guys with two bracelets on each arm. African jewelry is moving on strong. It is said to be number one whether we like it or not. We will have to get into the act. So bear in mind that fact. I think we all could change up a little.

Dear Readers - I hope that this report will be of some kind of help to you when you shop for your Spring and Summer clothing. Feel free to use these hints for they are the facts.

Also, I would like to take the time to thank a lot of my beautiful friends for the nice compliments and thank you cards that they have sent me. Indeed, I do appreciate your thoughts plus your kindness, from each and every one of you. But the one thing I hope we will always keep between us is our friendship and all the kind thoughts that we can tell others about our respect and relationship for each. So long and may God bless you all.

For further information I can be reached at 322-8296.



What's At Stake?

By Calvin Hightower

A SEA OF RED TAPE

King County is requesting all social services agencies who receive county funds to buy professional liability and include the county in the coverage. They must comply by March 1st or suffer termination of their contracts.

Whether they come from King County or Washington, D.C. new rules and regulations as of late seem to be falling like rain. The only problem is there are not extra funds falling to assist the agencies in meeting the new regulations. Someone needs to inform King County that complying with new regulations calls for extra funds. Extra funds the county, state, and federal people say they do not have to disperse. Not only do new regulations call for extra funds, but it also means hiring people who have more technical skills to help the agencies comply. Overall, it adds up to spending money that many agencies do not have.

Slowly social service agencies are being drowned in a sea of red tape which means the client will be receiving less and less attention. As a result many agencies will possibly suffer a decline in their success rate. Success and effectiveness is what the people and the government are asking for as a justification for funding that is going to the social service agencies. So the question has to be asked, how can we expect agencies to do a good job when they do not receive proper funds with which to do it?

Everyone cries about rising social problems but no one wants to pay for dealing with these problems. Rules and regulations should be an accepted fact. But, there should be a certain amount of flexibility involved in their enforcement. The people who make the rules should do a proper assessment as to the agencies ability to absorb the added cost of a new regulation. If the agencies do not receive the proper time or financial assistance to help them comply, many of them will be forced to close their doors. There are many agencies that are currently operating without proper funding. Asking them to comply with a lot of expensive regulations without extra financial assistance is just simply asking too much.

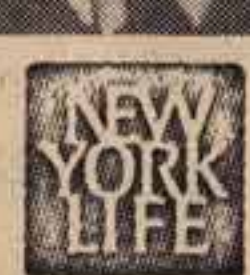
It will mean tragedy for our city and many of its people who depend on these services that the agencies offer. But, sometimes it takes a tragedy for people to realize a fact. Let us hope a tragedy does not occur in King County before we deal with these problems facing our social service agencies.

JUST POCKET CHANGE...

everyday can buy a young family more security thru life insurance

Larry Bizzell

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Job Hunting

By Chuck Hatten

When is the best time to start a career? Since timing and preparation play a major part in choosing a rewarding career, is one time better than another? You can bet your bippy it is! The answer is, as soon as possible. The sooner you make that decision, the better off you are. If you are old enough to read this article you've already wasted a lot of time. Don't get me wrong, it's not too late, but you have wasted at least three years. Why three years, you ask? Because if you're reading this article you're more than likely thirteen or older and you should be making steps toward your career around ten years of age.

Let's take a look at some cold hard facts and see where my reasoning comes from. Most Black people have come a long way from being sold in the market place. However, we have just as far to go before we receive true equality. This just means that we have to work harder, start sooner and finish later just to end up at the same place as our white counterparts. That is not fair, but it is fact. If the competition is starting at 8:00 a.m. then we must start at 7:00.

It is the teachers, parents and peers of our youth who must plant the seeds of success in our heads. It is we who know that we must exchange those comic books for school books. It is we who have made our marks upon society to show the way through example and good deeds to our brothers and sisters. How can we expect motivated and ambitious children if we are not motivated and ambitious? Our forefathers did not let the fact that they were in a strange land with strange customs, living in poverty and open discrimination stop them for preparing the next generation to do better. Need I say anymore?

We are caught in the middle of this country making a gigantic turnaround when it comes to one's living standards. Except for the super-rich, things aren't as plentiful to all as they once were. The right time to get prepared for a career is now.



The Wall Street West Report

by Abe Moore

Tax time: a good time for estate planning as reported in *Business Week*. If you're going to be seeing an accountant soon about your 1975 tax return, you might also want to discuss your estate planning. There are some important tax angles you should consider - especially the advantages of leaving the bulk of your estate to your spouse.

No matter how big your estate, half of it can go to your spouse tax free. You also have an automatic exemption of \$60,000 on your estate, regardless of who inherits it. If you leave your spouse a net estate of \$120,000, for example, there is no federal tax due at all.

Beyond that, the estate tax starts at 3% on the first \$5,000 and climbs to 7% on taxable estates over \$10 million.

Assume, for example, a net taxable estate of \$200,000, with half of it going to your spouse. With a marital deduction of \$100,000 and an automatic deduction of \$60,000, your taxable estate amounts to \$40,000. The IRS cuts itself in for \$4,800. Without the marital deduction - with the \$60,000 automatic deduction alone - the IRS would collect \$32,700.

With an estate valued at \$300,000, the tax amounts to \$17,500 if you use the marital deduction, \$59,100 if you don't.

You can leave property to your spouse outright with full power to dispose of it, or you can leave it in trust. But if your holdings are sizable, consider the potential drawbacks to an outright transfer.

For a starter, how do you rate your spouse's sense of judgment? With an outright transfer, you must be able to trust it - at least to the degree that your property won't wind up in the hands of someone whom you don't wish to benefit. Your spouse can remarry, for example. There can be other drawbacks, too. Suppose you own property that calls for expert management. An outright transfer might saddle your spouse with unmanageable burdens.

There is a way to avoid many of these problems - called a marital deduction trust.

The marital deduction rules must be strictly followed. Keep in mind that the trust property stays out of your estate only if you direct that your spouse gets all the trust income for life. You can withhold any right or control over the assets in the trust during your spouse's life. But your spouse must have the unrestricted right to decide on subsequent beneficiaries.

After your spouse dies, what then? One way to minimize a second round of estate taxes when your spouse dies is to leave only half of your property outright or in a marital deduction trust. You can channel the remaining half (after transfers to other persons, debts, expenses, taxes, etc.) into a "remainder trust" - one of the devices the wealthy have long used to lower their tax bills.

Under this type of arrangement, all the income goes to your spouse until he or she dies. Then the assets in the remainder trust go to persons named by you, but without a second round of taxes. That way, your spouse gets the income from both halves of your property despite the reduction in the estate tax on his or her death.

A trust can be complex to set up. But the basic idea is simple. Your property will be managed by trustees named by you and in accordance with guidelines set by you.

The trustees can be professional, such as a bank or trust company. But if the trust property is relatively small, trustee costs can be avoided by naming a family member or friend as trustee.

A chance for second thoughts about IRA. If you set up an Individual Retirement Account last year to take advantage of the new tax break for retirement savings, and now are having second thoughts about it, take heart. "You still have time to change your mind without paying a penalty," says Edwin E. Gatewood Jr., president of Oakland Financial Group, Charlottesville, VA.

Under the pension reform act, a premature distribution from an IRA usually produces a 10% penalty, in addition to the normal tax on the distributed funds.

Now the Internal Revenue Service has announced that an IRA can be revoked retroactively, without penalty, until April 15, 1976, as long as no deduction is taken for contributions to the account.

Even if you have already filed your tax return, you may amend your return before April 15 and get the same result. For further information, please contact Foster & Marshall in Seattle, WA or call (206) 344-2432.

DINING OUT IN SEATTLE

CAPTAIN MORGAN'S GALLEY
Located at Pier 70 on top of the building is a new restaurant that just opened recently, Captain Morgan's Galley, formerly The Principle. The Galley has a very pleasing assortment of entrees, ranging from seafood to choice cuts of beef, veal, and pork. The new management just happens to be the executive chef and head bartender. John Randolph Jones and his brother have created many new items on the menu and have also retained specialties from the former Principle menu. What I found most surprising was the extremely low rates and still offering gourmet quality food.
I chose Salmon stuffed with Crabmeat dressing, Baked Potato, Sauteed Mushrooms and a lovely chowder, Clam Velvet, which was excellent. The service was very good and the atmosphere was beautiful, looking out over the waterfront by candlelight, enjoying fine piped in mood music.
The house also offers a very good wine list, our choice being Vouvray Chateau Moncontour '73 - Demi-Sec, which proved to be an excellent choice to accompany our meal.
We later enjoyed cocktails in the lounge which were very complementary to our highly enjoyable evening. Captain Morgan's Galley is really a very nice restaurant and will prove to be another asset to Seattle's waterfront, undoubtedly.

GET

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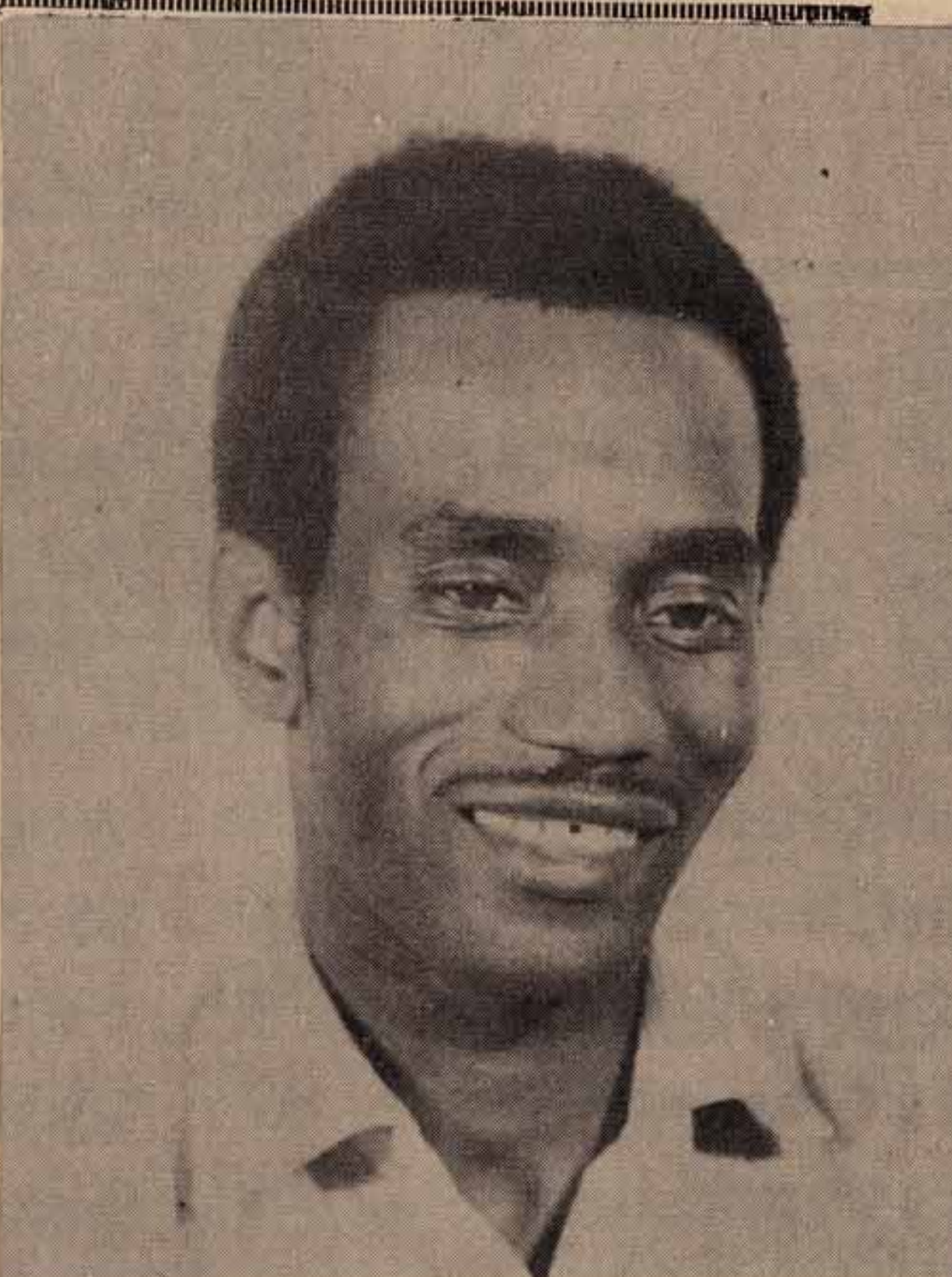
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THE FACTS NEWSPAPER has more readers than the combination of any two weekly newspapers in Seattle-King Surveys

Letter to Editor



A Request For Human Justice

WHY.....is the plea for help and understanding only heard by one in a thousand, especially when it comes from one who has reached out his hand so many, many times to lift a fellow human who has fallen? The answer perhaps is self centeredness. The question may be coming out loud and clear from these imprisoned minds: "Why is he asking for my support, the one who has always been there in the past to help me?" How very sad it is that the average person is a receiving person, not a giving one, or they might be saying, "If I should bend down to lift a friend, what will people think of me?" It could all be summed up by Robert Lifton's quotation "WILL YOU SURVIVE OR WILL I?" This is the question which passes through the mind of Robert L. Anderson today, as he sits in the county jail because circumstances put him there and a verdict may keep him there or in the state prison.

Who is Robert? A man who is a friend to all, a community worker, a loving Christian in whose life God plays an important role. He has a family whose encouragement now and in the past has given him strength to fight a good fight, and sincere friends giving him the knowledge as he has given them, that someone cares and loves him at this hour.

Oh yes, Robert has done time. However, many have. He was released from Washington State Prison on October 17, 1972, and was on probation from October 17, 1972 until July 5, 1973. After only nine months he was put on unconditional probation because of his congenial attitude and his desire to take advantage of opportunities of advancement. He was released from probation a short time thereafter.

What events have taken place in Mr. Anderson's life since that October day when he walked out into the sunlight of freedom? In February 1973 he was employed in special services as a community worker. In conjunction with his job he wrote several articles for the news media on the situation of poverty, but above all else tried to awaken the members of his community to the pit falls there were, and to encourage them to better themselves. He was an active member of the community council and was responsible for block watches being set up in the community. He also worked with youth, especially juvenile delinquents, helping them to better themselves and to find constructive programs for advancement. This last project backfired on him. One of the youths he had been working with stole a tape deck from his car one night and Robert signed a complaint against him. Revenge caused the circumstances that led to Mr. Anderson's arrest several months later.

Robert was out on bail for seven months, during which time he continued in his community work, in addition to being on the staff of a rest home working with alcoholics. Also during this time, he realized the benefit of therapy through a mental health program, as these months had been a great trauma for him.

By now you must be wondering what a person's attitude would be, who has gone through so many changes in such a short period of time. Most people would be very bitter, but you must remember Robert is unique. Therefore he continues to have faith, to help others (even while he is in jail) and to make himself available for opportunities of advancement.

This was the frame of mind in which he entered the two day trial in October, a trial which after ten hours of deliberation the jury brought back a verdict of guilty, although he could never be placed at the scene of the crime. The sentencing was January 14, 1976, at which time the judge recommended that the probation board set the length of the term. So my friends, that is where we are today! What will the probation board do?

The plea for help is still loud. Will you free your mind and answer it? For remember, the best investment you can make on this earth is in a human life. Give Robert L. Anderson the keys that turn the door to freedom by exercising your duty of citizenship today. You can do that by contacting me through this paper.

C. Jane Samuelson

LETTER TO THE EDITOR

Dear Editor,
My name is Bud Davis. I have lived in Seattle for five years now and had come to like it a lot before my third eye was opened and my right eye closed.

The facts are: on the morning of February 7th, 1976, my lady and I had just come from the Jet Inn partying with "Brougham". Leaving the Jet Inn, we decided to go see what was happening at the "District Tavern", so we thought. Just as we entered the District parking lot, some white man I did not know from John Doe, started pounding on the side of my car. I got out to see what his problem was, and before I could get a word out, this man hit me in my right eye, at the same time screaming, "Don't give me that s---, you M. F. n-----!" Not knowing who he was and where he was coming from I got my gun to protect myself. When he realized what was about to come down he started to run. I immediately got dead on his case. When I caught him I turned him every way but loose. I knocked him down on the ground and started to see what his problem was. All this time he was still calling me "black M. F. n-----" and "black a-- n-----". After thoroughly getting off into his case, and while he was still calling names, the cops came on the scene. Off the top, the police knocked me to the ground and started choking me and hitting me. After doing that they threw me in their car and took me downtown and put me in jail. Never at one time did they ask me what happened. Off the top again, they took the other man to Harbor View Hospital. At this time I am at the jail, booked in tight. By this time the eye he had hit me in was closed up. It was the following morning before I was allowed to see a doctor about the hurt he had put on me. It was then I realized not only had he hit me in the eye, but also shot me through the hand. The same gun I had got to protect myself with, I had been shot with. I was left in jail from 3 AM, February 7th, until 5 PM, February 10th, booked on Assault Investigation. Even though I was finally released, it took three members of my family to convince them to let me out.

So, if the law says you are innocent until proven guilty, at least, he was, then why were all these acts allowed to take place? All I'm saying is if it happened to me it can happen to you. These are the facts! While I was on this extended trip I wrote this poem?

Black Like Me

If you have eyes what do you see?
Cold cold people walking all over you and me.
They will take you on a trip that will blow your mind
This is no bull, people I'm not lying.
The man he takes your rights
No matter how hard you fight
In his course the judge says he's right
Just because his skin is white.
If by chance you are as black as me, my brothers
You have very little chance to be really free.
He will put you in his jails
That is cold as Hell
And tell you he is holding you
For seventy-two hours without bail
Trying hard as he can to break your will
But no one pulled his coat,
It's not his to give.
Black man - red man - it's all the same
It's what he calls the money game.
Points A to B to C to D,
If you don't have none
Your just as black as me.

Cold cold people.

Bud Davis

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