

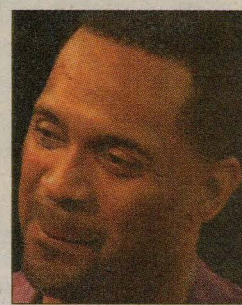


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# The Seattle Medium

## A Message From The People... To The People

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NOW IN OUR 48TH YEAR

WEDNESDAY, APRIL 5, 2017

## Off-Duty Seattle Police Detective Helps Stabilize Unresponsive Woman



Seattle Police Detective Denise "Cookie" Bouldin

By Aaron Allen  
The Seattle Medium

Last Friday, a "Good Samaritan" was spotted at the Fosters Bar and Grill in Tukwila during a night of Karoke and social activities.

According to reports, at approximately 10:20 p.m. a woman fell unconscious at the local golf course and bar in Tukwila. Witnesses of the incident claim that the women, while enjoying the music, suddenly slumped back in her chair with her eyes closed and looked as if she was enjoying the vibe of the music. However, unbeknown to many in attendance, the woman was unconscious and in need of medical attention.

Unresponsive, the victim was laid on the floor as the crowd gathered around with concern, all looking to each other for answers and help. At that moment, Seattle Police Detective Denise "Cookie" Bouldin stepped forward and began to administer CPR to the woman.

Bouldin, who was off-duty at the time, was attending a birthday party at the bar when she noticed the woman in the chair was unresponsive. A seasoned police officer with the Seattle Police Department, Bouldin's training and instincts took over.

According to Bouldin, she checked the woman for a pulse and after not being able to find one, she identified herself as a police officer and began CPR.

"This was my first time doing CPR on a human," says Bouldin, affectionately known as Det. Cookie.

"It seemed like hours," said Det. Cookie about the amount of time that passed while she was performing CPR. "My arms were

getting tired, but I knew I could not stop, my arms felt like spaghetti."

"I knew I had the support of the people who were observing because I could hear the people in the background actually praying," recalled Det. Cookie.

As she continued CPR, a Tukwila Fire Department medical unit arrived relieving Det. Cookie of her CPR engagement and administered a defibrillator in the hopes of reviving the woman and transported her to Valley Medical Center in Renton.

According to hospital officials, the woman, who was unofficially diagnosed as a possible heart attack victim, was admitted into the intensive care unit (ICU). As of press time, the woman was still in ICU but her status had improved as she was both alert and talking.

Thanks to "good Samaritans" such as Detective Cookie rising selflessly to the occasion, her training and knowledge of CPR helped to save this woman's life.

According to the American Heart Association, almost 90 percent of people who have a cardiac arrest out of the hospital die. Health experts say that CPR, especially if performed in the first few minutes, can double or triple a person's chances of survival.

"Because of citizens such as Det. Cookie and citizen's recognizing the need for CPR training, it keeps a victim or patient in condition to be revived initially," states Marty Grisham of the Tukwila Fire Department.

As of press time, more information about the woman was unavailable.

## CBC Delivers "We Have A Lot To Lose" Paper To President Trump



Members of the Congressional Black Caucus (CBC) met with President Donald Trump in the White House to discuss a range of issues affecting the Black community. Photo/Lauren Victoria Burke/NNPA.

By Lauren Victoria Burke  
NNPA Contributor

Carrying a 130-page document titled, "We Have A Lot To Lose: Solutions to Advance Black Families in the 21st Century," members of the Congressional Black Caucus sat down with President Donald Trump and Vice President Pence to discuss a range of issues affecting the Black community.

Congressional Black Caucus Chairman Cedric Richmond (D-La.), and the CBC executive board, which includes Reps. Karen Bass (D-Calif.), Gwen Moore (D-Wisc.), Andre Carson (D-Ind.), Brenda Lawrence (D-Mich.) and Anthony Brown (D-Md.) attended the meeting; senior CBC member Rep. Jim Clyburn (D-S.C.) also attended the meeting.

The CBC delegation discussed proposed federal budget cuts, Historically Black Colleges and Universities and jobs with the commander-in-chief.

The meeting, which was the first between CBC leadership and President Trump, started in the Cabinet Room and later moved into the Oval Office after members of the press recorded part of the gathering.

There has been a lot of discussion about whether the CBC should take a meeting with Trump, because of the president's rhetoric regarding Black communities. On the

campaign trail, Trump often painted the Black community with a broad brush, sensationalizing the poverty and violence that plagues some neighborhoods while neglecting the stories of Black achievement and success.

Despite his parade of Black celebrity friends, Trump's relationship with the African American community is often defined by the incendiary media campaign he ran against the "Central Park Five," four Black and one Hispanic youth, who were charged and convicted for the brutal sexual assault of a young, White investment banker in New York City's Central Park in 1989. Trump paid for ads in four of the city's newspapers.

"A couple of weeks after the attack, the real-estate developer Donald Trump reportedly paid \$85,000 to take out advertising space in four of the city's newspapers, with the headline: 'Bring Back The Death Penalty. Bring Back Our Police!'" wrote Quartz, the news website. "The boys' lawyer, Michael Warren, told the Guardian that Trump and his ad 'poisoned the minds of many people who lived in New York and who, rightfully, had a natural affinity for the victim.'"

Years later, all five men were cleared of all charges, their convictions were vacated and Mayor Bill de

Blasio supported a \$41 million settlement in 2014.

Trump and his father, Fred Trump, also faced housing discrimination allegations in the 1970s, when it was discovered that Blacks were routinely blocked from living in some of the apartments operated by the Trump Management Company. The case was settled, "with no admission of guilt."

So why meet with Trump? Members of the Black Caucus were pointed.

"President Trump has met with various African Americans, however we're the only African Americans that are elected to the United States Congress that can develop policy and offer a different viewpoint," said Chairman Richmond as he left the White House. "The CBC represents 78 million Americans, we consistently fight [against] poverty, no matter who it affects."

Rep. Lawrence, who represents parts of Detroit, said that the CBC doesn't have the luxury of passing on a meeting with president.

"If there's an opportunity to improve life for our constituents, we will take it," said Lawrence.

The congresswoman spoke with Trump about recent news that the Environmental Protection Agency has set aside \$100 million to address the water crisis in Flint, Mich.

Lawrence said she was surprised that Trump knew the details of the situation and asked her who was at fault.

"It was a meeting where both sides listened and it was a meeting where we were very candid about disagreements," said Richmond at the White House. "The surprising part is when we talked about the goals; there were more similarities than differences. The route to get there is where you may see differences; part of that is just education and life experiences."

Each member at the meeting said that there were several direct and blunt exchanges with the president.

Rep. Bass said that she told the president that his comments about African American communities were not only hurtful, but also had the potential to perpetuate negative stereotypes about Blacks and to shape the discourse surrounding mass incarceration and police reform.

Rep. Carson, a former police officer who was the second Muslim elected to Congress in 2008, said that he confronted Trump about some of the negative comments that Trump made about Muslim Americans and Islam during his 2016 presidential campaign.

The CBC members were surprised when Trump

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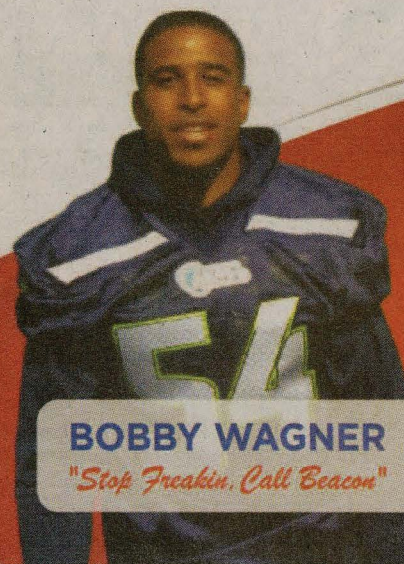
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