THE MEDIUM

a message from the people...to the people

VOLUME XII NUMBER 34 | Wednesday, August 25, 1982 | 18 PAGES 15 cents

Don't Cry Injustice When You Don't Support The Cause

THOUGHTS FROM THE PUBLISHER
By CHRIS BENNETT

Last Saturday, a group of concerned citizens marched and carried protest signs in front of several South Seattle merchants who filed a law suit to prevent the name change of Empire Way to Martin Luther King, Jr. Way. The protestors may have been few in number, but their commitment and enthusiasm were tremendous as they braved the hot, humid and rare Seattle sun to gain "R-E-S-P-E-C-T."

Only time will tell if the protestors were successful. However, there were several questions that need to be examined. Why did less than 100 Blacks and other minorities show up? Could it be the negative media coverage before the boycott? Timing of the event? Or has the Black community become so complacent, secure and wrapped up in their own individual world that they refuse to believe in the struggle from whence their "temporary success" came?

What happened to the organizations that run to the community when their own individual pet projects or jobs are threatened by economic and social racism? Where were you? Did your own personal ego and pride not let you socialize with the organizers? Or did the organizers fail to run the "respect protest" past you for approval?

Where were all those who constantly complain about no community support for their membership drives, or no community support for the Black theater, parades, construction jobs, unemployment? Where were the politicians? Where were you?

What about the other so-called minorities who are always hollering "me, too" when the pie is being divided, but are never there to help cook the pie? Where were you?

There is not enough space to print the names of the thousands of individuals and organizations who chose not to attend last Saturday's boycott. But most of them have frequented the pages of The Medium and other so-called minority papers about some kind of injustice. And speaking of so-called Black and other minority media, where were you? You play our music, seek our patronage for your advertisers and our dues and subscriptions, but you can't support us when we need you. Where were you?

We hear the self-proclaimed philosopher describing what Dr. Martin Luther King, Jr. would have wanted. We even have a few misguided newscasters, all-white of course, saying Dr. King would not have wanted this, or he would not have wanted that. One commentator even had the nerve to say that race was not a factor. His own frame of reference should have told him anytime there is a confrontation between Whites and Blacks, history will verify that the underlying issue is race.

Dr. King wanted and died for what Blacks strive for everyday --- freedom, justice and equality for all mankind. The Black civil rights protest movement through non-violence, respect and preservation of dignity is what Blacks die and live for. Dr. King used his God-given talent to amplify it. In short, he amplified what Black people felt was right for them.

Yes, Seattle's Black community is a divided community, confused through trickery. But it is a sophisticated and intelligent community. And there will be other opportunities for sophisticated Black Seattleites to reassess their prior commitments, for the encounter with racism is a frequent occurrence. Maybe you were not able to carry a protest sign or sit in a rocking chair in front of the businesses like some of our Black senior citizens did. But you can still participate by exercising your economic muscles. The protest leaflets read, "Don't shop where you can't get R-E-S-P-E-C-T."

Boycott Of Insensitive Merchants Continues

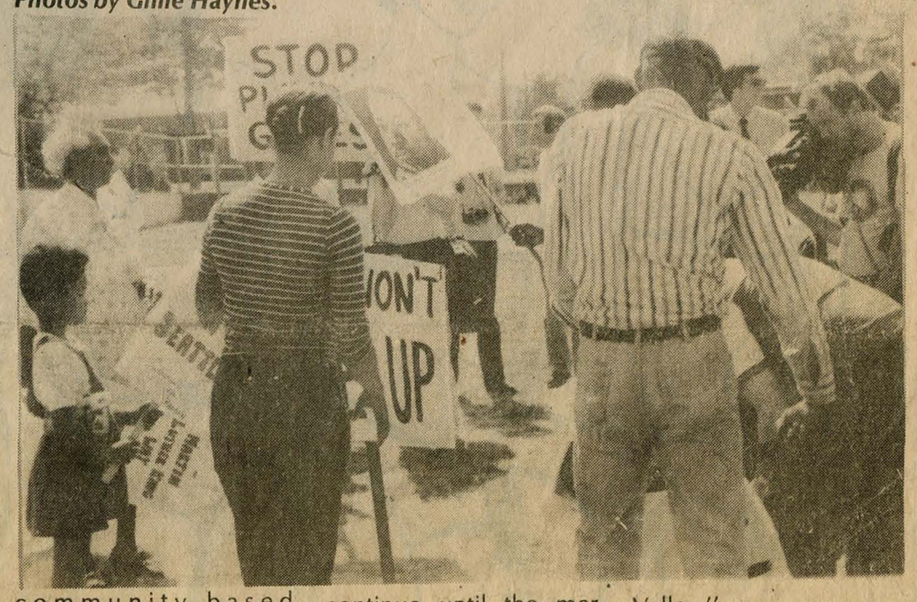
The Coalition For Respect will continue its boycott of Rainier Valley merchants who oppose the street-name change from Empire Way to Martin Luther King, Jr. Way.

The Coalition picketed merchants Saturday, August 21. Eddie Rye, Jr., one of the organizers, said, "While it was only a two-day notice, I thought that it was a success. For the first time community residents could physically identify the places of business who were opposed to the name-change. There were also a thousand leaflets distributed to the community during the four-hour period."

The Coalition plans to resume picketing at 10 a.m. Saturday, August 28. The picketers will meet at the corner of Martin Luther King, Jr. Way South (formerly Empire Way), and South Orcas, the site of last week's picketing.

Some of the groups supporting the boycott, according to the Coalition For Respect, are: Shipscalers Local 541, Blacks In Government, Black Transit Workers Association, Hotel Motel Restaurant Employees and Bartenders Union Local 8, National Black United Front, The Community Exchange, most of the leading Black churches and several other community-based organizations and unions.





Shown above are Larry Gossett and children, Tony Orange and Ed Russell at Saturday's protest. Below are young and old, Black and White gathering picket signs before going to protest locations. See additional photos on Page 14. —*Staff Photos by Gillie Haynes.*

"Plans for daily picketing are underway," stated Rye. "They will continue until the merchants display the sensitivity and respect warranted by the racially mixed community in Rainier Valley."

For further information, call 722-0726, and come out Saturday morning to demand R-E-S-P-E-C-T

Study Reveals Washington Has Highest Incarceration Rate Of Blacks

Washington State has one of the most disproportionate rates of ncarceration of racial minorities in the nation, according to a new report released by the Washington Council on Crime and Delinquency. In fact, two different studies comparing incarceration rates of Blacks in all fifty states found Washington to have the highest rate in the nation.

This is one finding included in the recent summary of research prepared by the Council on Crime and Delinquency, entitled "The Disproportionate Representation of Racial Minorities in the Criminal Justice System of Washington State."

Hubert Locke, dean of the Graduate School of Public Affairs at the University of Washington and a member of the Board of Directors of the Washington Council on Crime and Delinquency, presented the report's findings at a news conference on Wednesday, August 11. He explained that the report is intended to serve three functions: "First, to increase public awareness of the disproportionate representation of racial and ethnic minorities in the state's criminal justice system; secondly, to promote a better understanding of this problem based on an objective summary of competent research; and finally, to offer various constructive steps which need to be taken to address the problem."

The Council on Crime and Delinquency believes that in addition to the disparities in incarceration, all stages of the criminal justice system, including law enforcement, prosecution, defense, and sentencing, need examination in order to gain a more complete understanding of the problem. They also argue that all racial groups be considered and not focus on just one. The Council cautions those who read the report to recognize the distinction between the clear evidence of disproportionality and allegations of discrimination as the singular cause of the disparities.

Larry Fehr, executive director of the Council on Crime and Delinquency, stated that "this report will serve as a catalyst to increase public awareness of this issue as well as a confirmation for the need of a thorough and objective assessment of the reasons for the disparities in this state which are not satisfactorily addressed in he research currently available."

Although the council's report summarizes the factors which have been argued to explain the disproportionatlity--including differences in offender and offense characteristics, socio-economic conditions, demographic variables, and discrimination--the council found that "without a more comprehensive research project, the relative strength of these variables cannot be stated with confidence."

What is known is that although racial and ethnic minorities account for approximately 11% of the Washington's population, they comprise 30% of the population in adult correctional facilities. Of the total inmate population in state facilities at the end of 1981, 20.6% were Black, 4.1% were Hispanic, and 3.9% were Native Americans. This compares to their proportion of this state's population of Black, 2.55%; Hispanic, 2.9%; and Native American, 1.47%.

The report concludes with a 16 point "action plan" designed to address the problem through various public education, planning/coordination, and advocacy activities. Among the actions outlined are organizing a major statewide conference on this topic, assisting and monitoring the Legislature's response to Senate Resolution 1982-197 which requires the Senate Social and Heath Services Committee to present "a study to determine the underlying basis for the fact that as many as one of every 50 Blacks in Washington State at any one time is in prison," and coordinating with all criminal justice training agencies and professional associations to increase sensitivity to this problem.

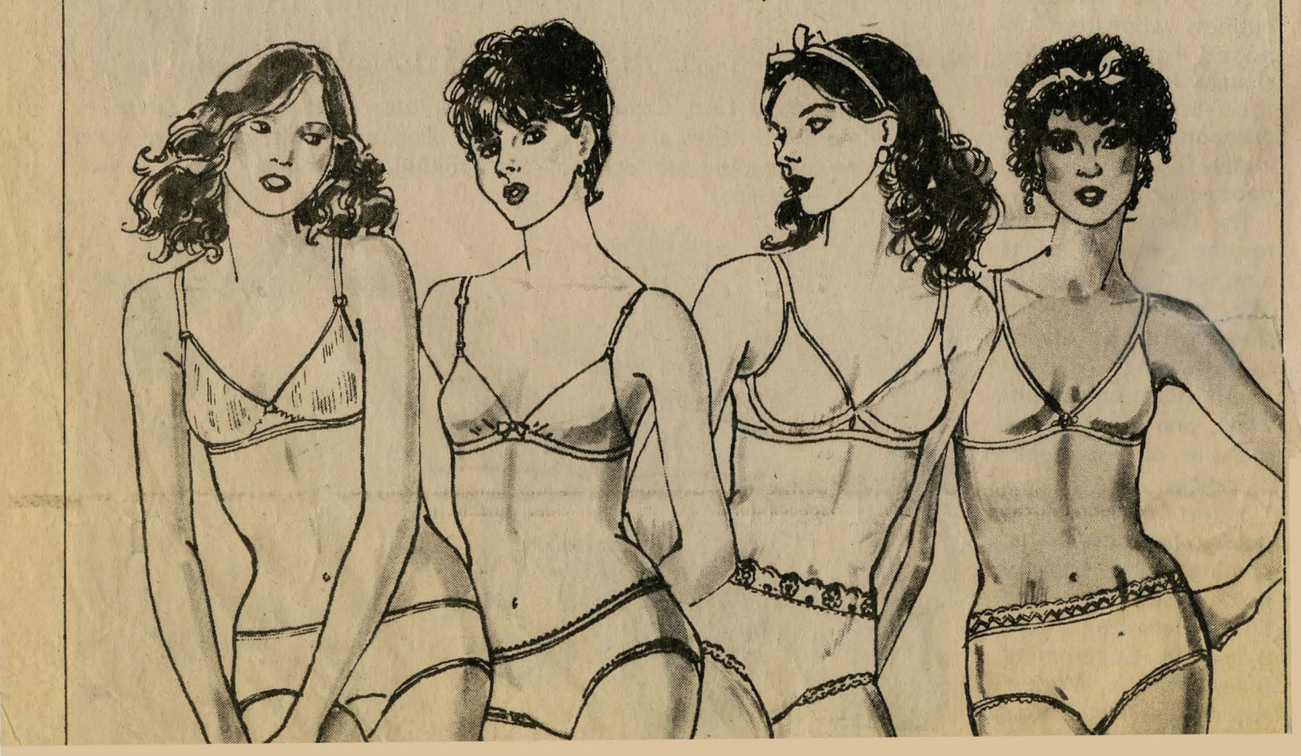
The Washington Council on Crime and Deliquency is a private, non-profit statewide citizens' action group devoted to improved effectiveness, efficiency, and fairness of the criminal justice system in Washington State.

25% off

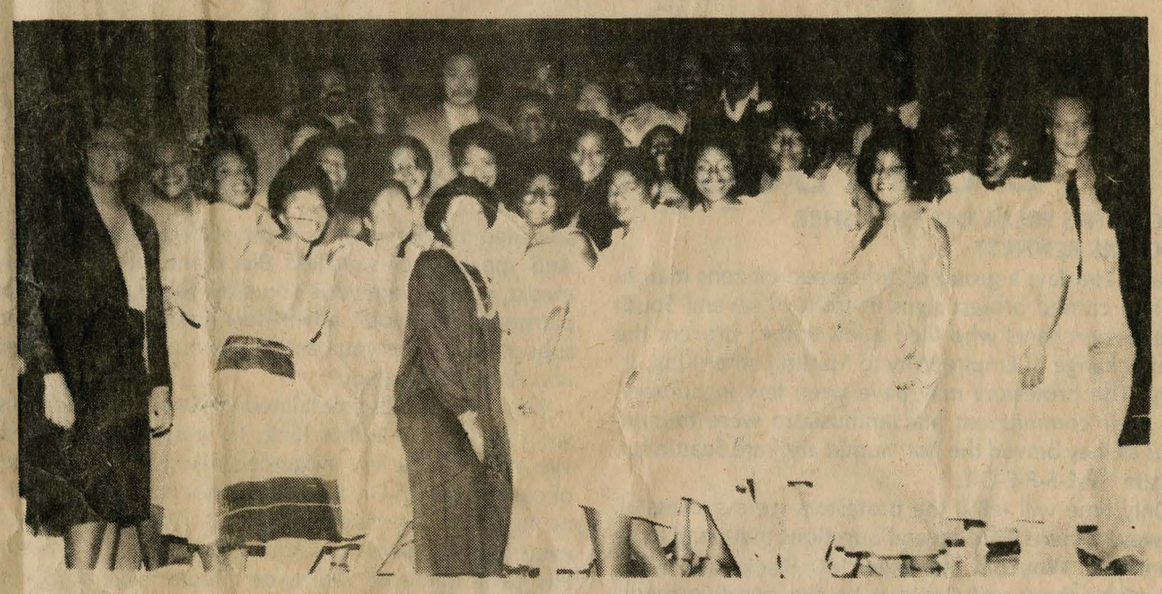
Get the inside story! Our great 1,000,000 family underwear sale.

Save on these Women's bikinis. Top quality fit and savings you deserve.

	Reg.	Sale
SaniTerry® bikini	1.89	1.42
Cotton bikini	1.39	1.04
Nylon bikini	.99	.74



Ten Year Reunion For Garfield



The Class of 1972 from Garfield High School poses for 1982 photo at the ten year reunion held recently at the Butcher Restaurant. —*Staff Photo by Gllie Haynes.*

Women In Unity Urges Citizens To Get Out And Vote

A survey made by the Seattle Urban League after the 1980 (Reagan) election contains some findings which should alarm all Blacks.

Nationally it is estimated that 60% of the White voter age population is registered; 50% of the Black voter age is registered; and 38% of the Hispanic voter age is registered.

Among the Black voting age population in the 37th District, for every 100 people of voting age, only 50 are actually registered; and for every 50 people who are registered to vote, only 18 actually vote.

For those who are unsatisfied with the priorities of the local or national budget, unemployment, medicare, nuclear weapons, high interest rates or the high percentage of Blacks in prison, get out and vote.

Don't let someone decide your destiny. Politicians listen to voters. Too many sacrifices were made by parents and grandparents to get and keep the vote. Vote for them at every election.

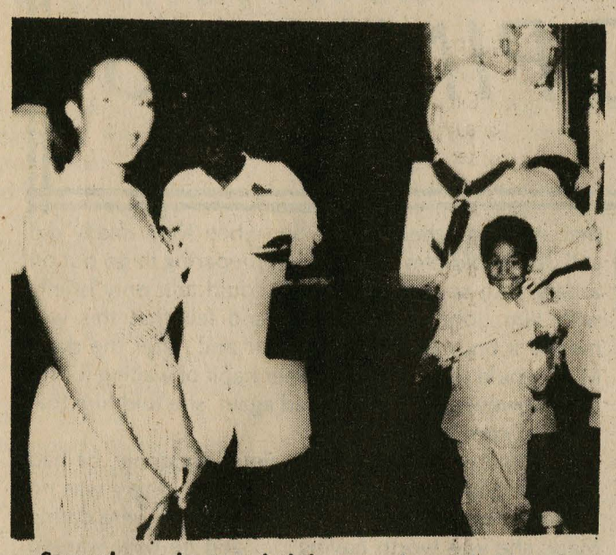
Women In Unity is sponsoring a Candidate's Reception on August 27 from 5:30 p.m. to 8:30 p.m. at the Edgewater Inn, with food, music by Barney Hilliard, and a no-host bar. Donation is $10. Come out and meet the candidates. When you go to the polls--be an informed voter.

Garfield High School Registration

complete second semester due to exemptions or suspensions must personally contact the Department of Student

main office (587-3506) for an early admissions appointment. Appointments will begin Wednesday,

Open House At Medina



Several people attended the open house held recently at Medina and learned of the effectiveness of the program. —*Staff Photo by Gillie Haynes.*

Medina Children's Service held its first annual Open House on Sunday, August 15 at agency headquarters, 123 16th Avenue. Those who dropped by to learn more about agency services included Ella R. White, Lois Sanders, S. M. Taylor, Mr. and Mrs. Aaron Johnson, Aria Jackson, Leona Williams, Rosie Lee Adams and Shamiko L. Louie.

Others attending were Louella Jackson, Minnie Scott, Shirley Hilliard, Nadya and Michael Williams, Florida Daniel, Leola T. Bell, Bertha Lowe, Margarita Westberg, Gary and Becky Melonson, Lornetta Mitchell, Willie Stephens, Reuben Smith, Joseph McCray, Paula Marcus and former board member, Mildred German.

Medina offers several services including pregnancy counseling, counseling of school age parents, adoption of special needs children, and minority adoption.

Vergie Burks and Mary Mason, staff members, were on hand to answer questions about how to qualify for the adoption of Black children. Brochures are available at Medina and interested families are urged to contact the agency any time by calling 329-3833.

Study To Be Conducted

During the month of September, a research team, headed by Dr. Wayne R. Williams, will be conducting a survey of the language attitudes of Black community residents. Williams, who is currently the director of Afro-American Studies at the University of Washington, feels that issues related to language are more important to the general development of the Black community than most people realize.

He and his research assistants: William Hodge, Sultan Mohamed, Carol Rodney, and Audrey Wright will try to determine how Black Seattlites feel about the predominant dialect of the Black community, how they see it in relation to Standard American English, and how they see it in relation to their educational goals. Determining these attitudes may help educators and language specialists develop educational programs for Black youth that will lead to real progress in a number of areas.

A group of approximately 350 Black residents are being selected for participation in the survey by a scientific method to ensure that the results of the study are representative of target population. Prospective participants will be contacted in person by a member of the research team and will be asked to answer a few demographic questions in addition to questions about their language attitudes.

The information gathered will be kept in the strictest confidence. No names will be used and participants can refuse to answer any of the questions. The greater the participation in the study, the more valid it will be. Williams requests that those who are contacted willingly give 20 to 25 minutes of their time to assist in this worthwhile project. Final reports of the study are expected to be available the end of November.

Applications Being Accepted For Low Income Housing

The Housing Authority of the City of Renton is accepting applications for apartments in its latest subsidized rental development, Cole Manor.

Cole Manor is a 28-unit, 8-building complex for low-income families and is being constructed at 2811 N.E. 4th, on a 2.1 acres site.

The townhouse-style units consist of two-, three- and four-bedroom designs. Two of the two-bedroom units have been designed as handicap units for family only. Applications may be submitted at 970 Harrington N.E. in the Renton Highlands.

The eligibility requirements include income and asset limits as well as family structure requirements. Persons applying will be interviewed and will be given pre-application packets. Completed applications must be returned to the Renton Housing Authority office. An order of priority is given only when completed applications are submitted. Assignment of units will be on a first-come first-served basis.

Persons on waiting lists for other low-income housing programs must apply separately for Cole Manor eligibility, but application will not effect other requests or priority listing.

Nontraditional Jobs For Women

Women interested in high paying, trades jobs can get a headstart by contacting ANEW, Apprenticeship and Nontraditional Employment for Women. ANEW offers free three-hour "Orientation to the Trades" where women will learn how to enter nontraditional employment, hear tradeswomen speak of their experiences, and view an slide show on the ANEW Job Skills Training for Trade and Industry Course.

"Orientation to the Trades" will be held on: September 8 from 7 p.m. to 10 p.m. at the Downtown Seattle YWCA at 5th & Seneca, Room 213; September 15 from 7 p.m. to 10 p.m. at the Sartori School in Renton, 315 Garden N.; and September 25 from 10 a.m. to 1 p.m. at the Sartori School in Renton, 315 Garden N.

Attending an orientation is the first step toward enrolling in the Job Skills Training. The course is a mixture of hands-on and classroom training in the construction and metal trades. Women get to try their hand at framing, welding, masonry, as well as blueprint reading and drawing. Some graduates of ANEW are now carpenter apprentices, utility helpers, painters and machinist apprentices.

For more information and to register for a free "Orientation to the Trades" call ANEW at 235-2212.

Registration At Washington Middle School

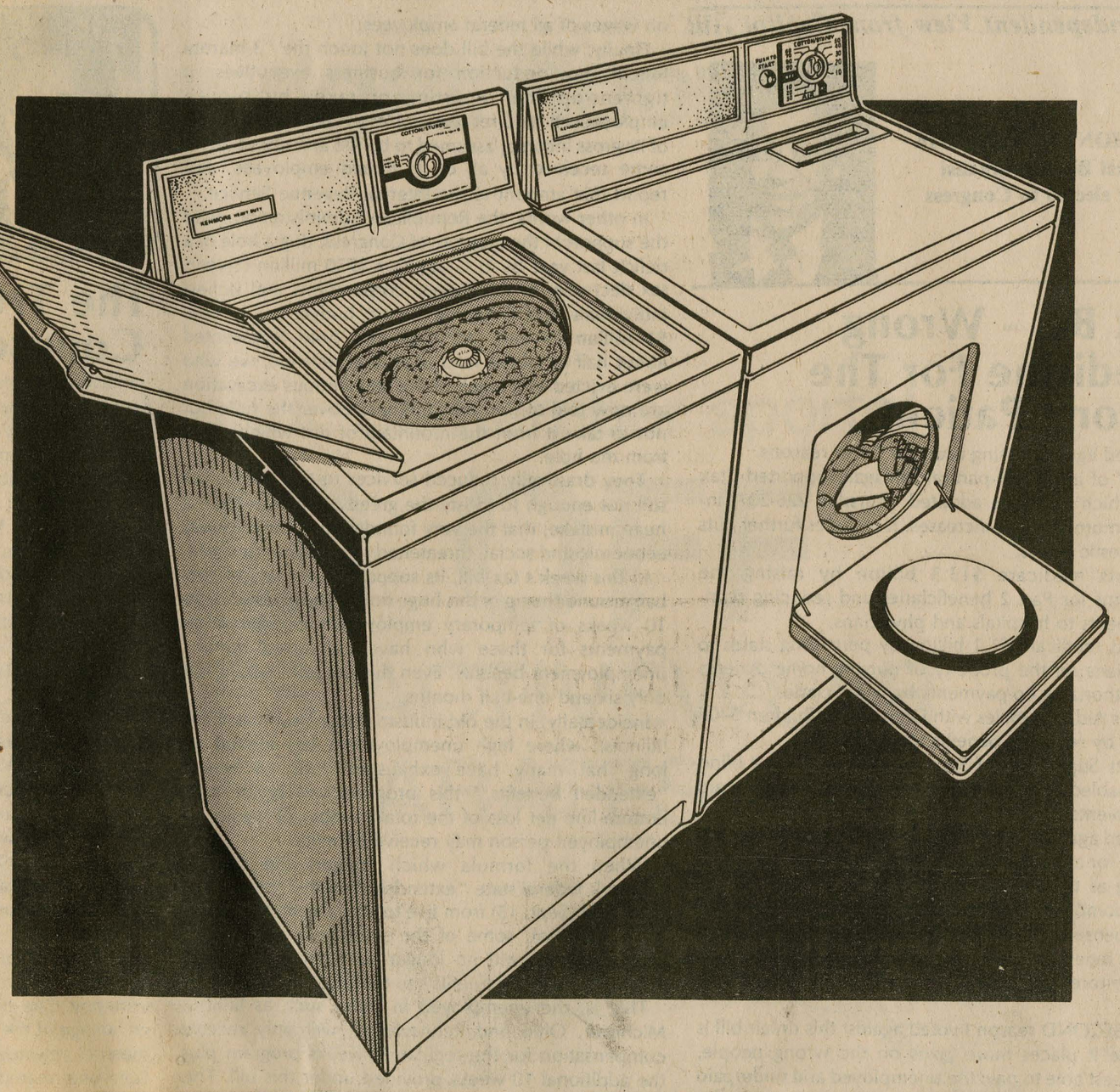
New students to the Washington Middle School attendance area should register at the school prior to September 8.

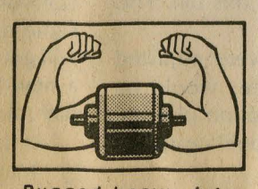
The school office is open daily from 8:30 a.m.-3 p.m. Students and parents are urged to come to the school, 2101 South Jackson Street, to make program selections.

Students who register on Wednesday, September 8, will not be able to attend classes until Thursday, September 9. They will make program selections which will be processed by counselors.

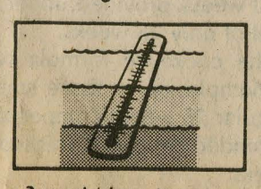
Questions should be directed to the school counseling staff fat 587-6482. School administrators are Joan Allen, principal and Carl Salvino, assistant principal.

Sears **Home Appliance Carnival of values**





Rugged heavy-duty motor is constructed for durability.

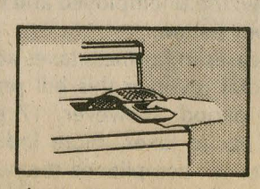


3 wash/rinse temperature combinations for proper fabric care.

11151
61151



"Air-only" option for gentle fluff-drying of special items.



Large top-mounted lint screen pulls out easily to clean quickly.

Kenmore®
Automatic washer

Heavy-duty construction with 3 pre-set water temperature combinations for proper fabric care. All have rinses. Pump protector and lid safety spin switch.

Sears low price **$299** White only

Kenmore®
Electric dryer

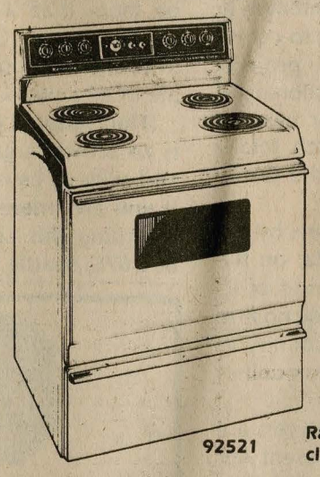
Cotton/sturdy timed cycle plus air-only setting for fluff-drying. Pull-out top mount lint screen cleans easily. Safety door switch.

Sears low price **$239** White only

Dryers require connector (not included in price shown).

Each of these advertised items is readily available for sale as advertised.

SAVE $140



92521

Kenmore® 30-inch electric range

Reg. $539.95
399.95

Continuous-cleaning automatic oven. Visi-Bake® window. Clock. White. Color extra.

Sale ends Aug. 28

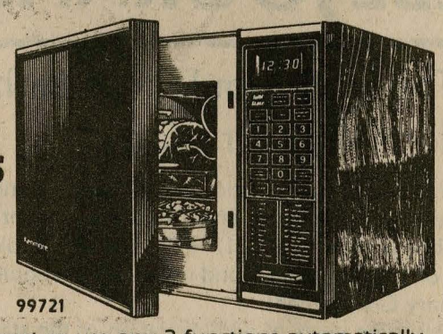
Ranges require connector not included in price shown.

SAVE $130

Kenmore® microwave oven with 2-stage memory

Regular $529.95
399.95

Sale ends August 28

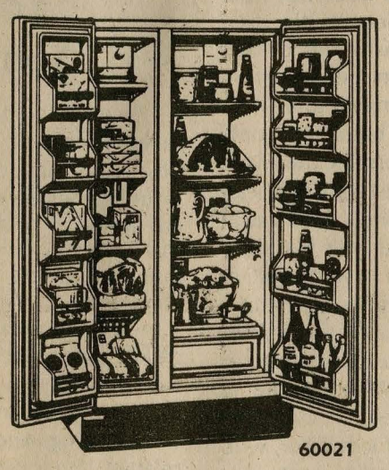


99721

Defrost and roast or use any 2 functions automatically. Cook a whole meal at one time. Probe. Delay start.

Kenmore® microwaves begin as low as $199.

Choose a Kenmore® Refrigerator/freezer at Sears low price



60021

19.0 cu. ft. Frostless side-by-side

Sears low price **$599**

12.71 cu. ft. fresh food section with meat pan, 6.24 cu. ft. freezer.

14.0 cu. ft. Top-freezer/refrigerator

Sears low price **$479**

No defrosting ever. 10.67 cu. ft. fresh food secton with full-width crisper, 3.44 cu. ft. freezer.



61401

Ask about Sears Maintenance Agreement on each of these products.

You can count on Sears
SEARS, ROEBUCK AND CO.

Satisfaction Guaranteed or Your Money Back

All Items Available At These Stores

FIRST AVE. (344 4830) · BELLEVUE-REDMOND (641 1000) · AURORA (364 9000) · RENTON (226 2323) · EVERETT (355 7070) · TACOMA MALL (473 7000) · ALDERWOOD MALL (Lynnwood) (771 2212) · SEATAC MALL (Federal Way) (941 1000)

Call These Stores For Merchandise Availability On * Items

CHEHALIS (748 4473) · MT. VERNON (424 3111) · OLYMPIA-LACEY (491 4000) · BREMERTON (377 7611) · BELLINGHAM (733 8120) · ABERDEEN (532 0440)

EDITORIALS • COMMENTS • OPINIONS

An Independent View from Capitol Hill



BY HON. GUS SAVAGE
First Black journalist ever elected to Congress

Tax Bill - Wrong Medicine For The Wrong Patient

I voted against raising taxes for TWO reasons.

FIRST of all, the bi-partisan, Reagan-supported "tax bill" which Congress adopted Thursday 226-207, includes more than tax increases. It includes further cuts in domestic needs.

It cuts medicare $13.3 billion by raising the premiums for Part 2 beneficiaries and reducing reimbursements to hospitals and physicians.

It cuts medicaid $1.1 billion by permitting states to place liens on the property of nursing home patients and authorizing co-payments by beneficiaries.

It cuts Aid to Families with Dependent Children $405 million by reducing benefits to recipients.

It cuts Supplemental Security Income for the blind and disabled by $386 million by reducing benefits paid to recipients.

I voted against this mess because I have promised not to vote for any more cuts in needed domestic services, as long as the savings are for the purpose of buying more bombs and bombers and feeding the greedy at the expense of the needy. The only fair way of balancing the federal budget is to reduce the budget for war and restore graduated taxation on overpowering wealth.

The SECOND reason I voted against this unfair bill is because it places more taxes on the wrong people, those least able to pay: the unemployed and underpaid working people of our nation.

True enough, increases in business taxes account for 43 percent of the total revenue this bill proposes to raise over a 3-year period. However, 17 percent is derived from more excise taxes, more individual income tax, and stricter tax compliance measures.

In some instances, under this bill, the unemployed and the underpaid have to pay excise taxes in the same amounts as the multi-millionaires.

Under this bill, the federal excise tax on cigarettes is doubled, from eight cents a pack to 16 cents a pack. The tax on telephone bills is tripled, from one percent to three percent.

In addition, the bill estimates entirely the income tax reduction for health insurance premiums. Until now, taxpayers could deduct one-half of the premiums they pay for health insurance, up to a maximum deduction of $150.

Also, the bill limits income tax deductions for non-business casualty losses, such as from theft and fires, to only that amount which exceeds 10 percent of the taxpayers' adjusted gross income.

Furthermore, the bill adds a 1.3 percent medicare tax on wages of all federal employees.

Finally, while the bill does not touch the "3-martini lunch" tax deduction for business executives, it tightens-up the reporting of taxes by service employees. It requires restaurants to take eight percent of its gross income, assumed to be the amount of tip income received by all of its tipped employees, and report that amount to the Internal Revenue Service.

In other words, the Republican Administration, with the support of the majority of Congress, dug a hole of a deficit last year by 1) Granting a $750 million (3-year) tax decrease for the biggest corporations and richest individuals, and 2) Raising the war budget to a historic $1 trillion (5-year). Although this hole represented about half of all the land of federal revenue, we who were evicted as a result of this tremendous excavation are now told to find the landfill to cover the hole but not to take it from the mountain of dirt which came from the hole.

They drastically reduced services to the needy, but still not enough to satisfy the greedy. This was such a huge mistake, that the very foundations of our nation, economic and social, threatened to cave into the hole.

In this week's tax bill, its supporters did wrap a tiny bait around the tip of this huge hook. They added six to 10 weeks of temporary employment compensation payments for those who have exhausted current unemployment benefits. Even this program would last only six and one-half months.

Incidentally, in the old industrial states such as mine (Illinois), where high unemployment has existed so long that many have exhausted their 13 weeks "extended benefits," this program will result in a bottom-line net loss of the total number of weeks an unemployed person may receive benefits.

When the formula which triggers the current 13-week federal/state "extended benefits" program is increased (Sept. 15) from five to six percent of covered unemployment, some of the states with the highest unemployment will no longer be eligible to pay 13 weeks "extended benefits" to the unemployed.

That is, the unemployed in states such as Illinois, Michigan, Ohio and Pennsylvania will only receive compensation for the regular 26-weeks program plus the additional 10 weeks provided under this bill. This represents a total of only 36 weeks.

However, if the cockeyed formula were adjusted properly, the unemployed in those states would be receiving the regular 26 weeks compensation plus the 13 weeks of "extended benefits." This would represent a total of 39 weeks.

Therefore, I voted against the tax bill because it is a wrongside-up inside-out fraud on the working and unemployed people of America, Black and white, by that Robin Hood-in-reverse who occupies the White House and strangely dominates both the Republican and Democratic leadership of the Congress.

Our nation's elected public officials should be too proud of their trust to accept the choice of eating poisoned-crow or not eating at all. I would rather starve for right than feast on wrong.

P.S. I am proud to say, the 17 Black voting Members voted 12-5 against bill. Those voting for the bill are: Cardiss Collins (Ill.), John Conyers (Mich.), Harold Ford (Tenn.), Mickey Leland (Tex.) and Charles Rangel (N.Y.) The total vote found 123 Democrats joining with 163 Republicans voting for passage.



Coping

By Dr. Charles W. Faulkner

The Truth About Counseling

I have counseled and helped thousands of unhappy people during the past few years and have discovered a striking similarity in a significant number of the cases. Most of my clients are honest, kind, loving people in search of a reliable mate who can make them happy. When they find a potential mate they bestow enormous affection. When they do not receive the same thing in return, they become unhappy and seek counseling in order to find out what went wrong. Their mate usually takes them for granted, finds the challenge disappearing in the relationship and becomes bored with the mate's loving predictability.

Invariably, counselors tell these unhappy people to be honest, kind, loving and affectionate, and they will receive the same thing in return. They are told to continue the very behavior that caused the unhappiness in the first place. Wouldn't it be nice if this were true? It is such a nice concept. But, is it true? Answer yes or no to the following questions: Are you always treated kindly by your mate when you are kind, loving and affectionate? Most of the time, Some of the time, Never. Are you taken for granted and treated rudely by your mate when you are kind, loving and affectionate?

Unfortunately, many people who turn the other cheek find that cheek getting slapped, also. The honest, kind person often gets abused and made to feel unhappy. The hard-nosed manipulative person takes advantage of the kind person, reaps great personal and material rewards and achieves a level of happiness. Everyone manipulates practically everyone else, to some degree, in order to get what they want: A smile will get you a pleasant hello; a compliment will get you a new friend; a "pleasant" personality will get you a pay raise.

Manipulation has found an important place in society. Manipulation, which is used by each of us, is ethically acceptable as long as the behavior is not intended to harm the other party. Following is an example:

Mary loved John and treated him with continued kindness and affection. John became bored with Mary's loving predictability and wanted a new challenge, so he stopped calling her and began to date other women. John knew that Mary would always be there when he needed her and that she constantly sat by the phone waiting for his telephone call. John felt that Mary was not desired by any other men because she was always at home waiting for his call.

In essence, he felt that no one else wanted Mary and, thus, John did not want a woman whom no one else wanted. He did not want a loser. Mary decided that she would play a mild "trick" on John by making him think that she had other suitors. So, when John finally did call, Mary told him that she was preparing to go out on a date with someone else and could talk only briefly with him. John was skeptical and felt that this was merely a once in a lifetime affair and, after the date, Mary would return to her former habit of waiting for his call. However, when he called again, she told him that she had company.

John immediately became jealous. Suddenly, he had a tremendous need for Mary. Suddenly, Mary was no longer a "loser." He felt that if other men were dating Mary, she was worth having . . . and he now wanted her desperately.

The truth is that Mary had no other suitors but had "conned" or manipulated John into thinking otherwise. Thus, Mary manipulated John into wanting her. John was not harmed by this behavior.

The result of this behavior was happiness and personal fulfillment for both Mary and John.

Your suggestions are welcomed. Suggestions for future articles will be appreciated. Cassette tapes of this and other articles are available for individual use, discussion groups and classroom use. All letters and inquiries should be sent to Dr. Charles W. Faulkner, Post Office Box 50016, Washington, D.C. 20004.

VIEWPOINT



JULIAN BOND

Reagan must love the poor

By Julian Bond

Abraham Lincoln once said that the Lord must love poor people because he made so many of them.

Well, the Lord can move over in that department. Now he has an earthly competitor who is rapidly increasing the ranks of the impoverished.

His name is Ronald Reagan.

More than 4 million Americans will become poor during the second year of the Reagan administration. That's quite an accomplishment for any earthly being.

Last year Reagan only managed to push 2.2 million unfortunates below the poverty line.

In fairness, it must be noted that this trend began even before Reagan took office. This will be the third year in a row that has seen a rise in the percentage of Americans below the poverty line.

In 1979, 11.7 percent of all Americans were considered poor. The poverty-level population rose to 13.2 percent of the total in 1980 and to 14 percent in 1981. The percentage had fallen in the two previous years.

"But, hey," you may be saying. "How can you blame President Reagan for a trend that began while President Carter was still in office?"

"Easy," I reply.

I can blame Reagan for something he didn't start because he has done all he can to make it worse.

Poor Americans made up 14 percent of the U.S. population in 1966, the first year of President Johnson's War on Poverty. The percentage was back at 14 last year and will be even higher by the end of 1982.

Part of the blame must go to the economy, whose weak condition is not entirely the present president's fault. But neither are inflation, recession and high interest rates solely responsible for overpopulating the poverty precincts.

It's also the scissoring of the safety net that is driving millions of souls into the surplus-cheese lines.

And that's where Ronald Reagan jumps to the head of the class.

He moves ahead of Lyndon Johnson, who sabotaged his own War on Poverty with a foreign war that fueled the inflation rate. He slips past Richard Nixon and Jimmy Carter, who trimmed the War on Poverty to the dimensions of a backyard skirmish.

But Reagan was the only one of the bunch who made severe slashes in the federal assistance programs that helped half of all poor households in 1980.

That puts this president first in poverty production. He surely cannot want that title — no matter how much he loves the poor.

NCBL JOURNAL

Why The U.S. Should Normalize Relations With Grenada

Grenada is a small island nation in the Eastern Caribbean. It is the only free Black, english-speaking country in the Caribbean. On March 31, 1979, Grenada broke the chains of neo-colonialism and installed the Peoples Revolutionary Government.

In the past three years of administration of the state apparatus by the PRG, Grenada has made significant progress. Grenada has reduced unemployment to 25%, down from 55%; created a climate which trade unions have full bargaining and recruiting rights; established equal pay for equal work among women and men; and created Worker's and Parish Councils for the purpose of allowing direct worker input into government policy. Yet, despite these positive steps designed to create a better life for the 110,000 Grenadians, the U.S. has rebuffed the repeated attempts of Grenada to establish normal relations between two sovereign states.

In response to this impasse caused by the intransigent posture of the U.S., the NCBL made the following statement on June 15, 1982, to the U.S. House Sub-Committee on Inter-American Affairs, in the course of its hearing on U.S. relations with the government of Grenada:

Over the last two years, the NCBL has sent several delegations to Grenada that have had an opportunity to observe first-hand the process of social transformation underway. Even though Grenada is a poor country and underdeveloped from a technological standpoint, nevertheless, our members state that significant strides have been made in the areas of health, education and political participation. Discussions with various sectors of the Grenadian population revealed genuine support and a sense of pride in the achievements being made by the present government under the leadership of Prime Minister Maurice Bishop.

Although numerous requests have been made first to the Carter Administration and now the Reagan Administration for normal relations between two sovereign states, those requests have been ignored. Instead, there have been a series of efforts to interfere in the internal affairs of Grenada by attempting to cut off international support for developmental projects underway in the country such as the international airport. Additionally, there has been an increase in military maneuvers in the Caribbean, which totally disregards the international call declaring the Caribbean area a zone of peace.

The NCBL notes with a sense of irony efforts by the U.S. to justify its position regarding Grenada, on the ground that Grenada is undemocratic because of its failure to hold elections, while at the same time no firm stand has been taken against efforts in this country to disenfranchise Black and other minority communities through a dilution of the Voting Rights Act.

We of the National Conference of Black Lawyers are of the view that it is incumbent upon the present Administration to begin to have discussions with Grenada and work towards the establishment of normal relations which respect Grenada's right to national sovereignty and self-determination.

The continuing selective focus by the Reagan Administration on the fact that Grenada does not hold regular elections, and is therefore undemocratice, is a pretext. Reagan is not concerned with democratic ideals as they apply to Grenada. Reagan sees a western neo-colony of former African slaves rising up to be free. A people unafraid to tell the world that henceforth only Grenadians will have the power to determine their fate.

In April of this year at a meeting of Eastern Caribbean leaders in Barbados, Reagan declared that "El Salvador isn't the only country being threatened with Marxism. All of us are concerned with the overthrow of Westminister-parliamentary democracy in Grenada." We ask, "What Democracy?" Eric Gairy, the former Prime Minister, convened York House, the former Grenadian parliament, at his whim. The people in Grenada had no say in the government of Grenada. The policies of Eric Gairy were those of a dictator, who only conveniently used the facade of parlimentary procedure to cover his hienous acts against the people of Grenada. Yet, Ronald Wilson Reagan continues to declare present day Grenada an undemocratic state, as he continues relations with Chile, South Korea, South Africa, and Israel, all known for their model democratic governments. Free, sane and progressive people understand that the record proves otherwise.

The Reagan policy of non-recognition of Grenada will continue as long as the Grenadian people aspire to be more than a neo-colony in the backyard of the United States. Grenada is on the road to peace, freedom and cooperation. Virtues by which save people of all cultures chart and direct their lives.

(The National Conference of Black Lawyers (NCBL) is an activist organization designed to use the talents and skills of its members in the battle against racism. If you are interested in the group or have questions regarding this column, please write to NCBL, P.O. Box 675, Seattle, WA 98111.)



The Black Family

By Ray Willis
Family Life Education, Catholic Community Services

You Must Have Something To Say

While attending a recent Parents' Support Group meeting, several members raised the question, "Why do parents and children, particularly teenagers, have trouble talking with one another?" As various members attempted to problem-solve this question, it appeared that the group's level of frustration increased, perhaps due to barriers existing in relationships with their children.

In sharing ideas with this group I discussed how a child's personality, learning behavior, and interactions with parents may influence the way he/she chooses to communicate. In many families young people will share feelings and thoughts with a particular parent or relative who is seen as being caring and understanding.

Parent/child communication is influenced by many factors, however important measures for beginning open communication are the established parent/child relationship, level of trust or respect, family stability, and a parents' awareness of their child's developmental stage. These measures serve as a foundation for building open communication styles between parents and children.

It is commonly seen with teenagers a reluctance to share feelings or thoughts with their parents. This is a normal phase in the adolescent's development, however it can and does create tension between parents and teenagers who lack a clear understanding of what is appropriate behavior.

Many parents fall victim to some poor communication habits, non-attentive listening (i.e. watching T.V. while your child is trying to talk with you, lengthy lectures, and/or body language which shows a lack of interest in what your child has to say).

For parents who are experiencing problems in this area here are some helpful hints:

(1) Have good eye contact when your child is talking with you.

(2) Encourage expression of feelings and thoughts.

(3) Give supportive feedback.

(4) Be a role model for communicating; that means show or express your feelings and thoughts to your child.

(5) Learn the art of listening instead of the tendency to lecture; allow your child to talk to you.

These are some techniques that can assist parents and children improve their relationship and communication patterns.

Next week: Are You Ready for School?

THE MEDIUM NEWSPAPER is published weekly on Wednesday for $16 per year by Tiloben Publishing Co., Inc., 2600 South Jackson Street, Seattle, Washington 98144. Second-class postage paid at Seattle, Washington and additional mailing offices. POSTMASTER: Publication No. 564370: Send address changes to THE MEDIUM NEWSPAPER, P.O. Box 22047, Seattle Washington 98122.

Any reproduction of material in whole or in part without written permission from the publisher is prohibited. Copyright, 1982, TILOBEN PUBLISHING COMPANY, Inc.

Christopher H. Bennett Publisher
Connie Bennett Cameron Managing Editor

Central Area Residents Can Keep Repair Costs Down Through Rebound

Purchasing lumber, doors, paint and other materials for home improvement can quickly add up to a sizable cost, even for the small jobs. Residents in Seattle's Central Area can keep repair costs to the minimum through a salvage operation known as Rebound.

Rebound, which started last January, is an outgrowth of the Inner City Self Help Program, which is developing repair skills among local residents. Sponsored by the Central Area Motivation Program, Self Help set up a free tool lending library and sponsored home-improvement training classes. It also created a labor exchange bank so that residents could lend their talents to a project in return for other skills they might need.

Although residents were acquiring valuable training and access to needed tools and labor, many still could not afford to buy materials to fix up their homes. As a result, Self Help began investigating construction sights as an alternative means of obtaining building materials.

To make use of these materials, the group applied for and received a grant from the U.S. Department of Energy's now defunct Appropriate Technology Program. With these funds, it rents warehouse space to store the materials, pays some staff costs and promotes the project.

After publicizing Rebound through local newspapers, radio and television shows, area businesses and contractors began supplying the project with a steady stream of leftover trim, shelving products, insulation, doors and other usuable materials. In return for their contribution, the doners receive a tax deduction.

Rebound sells damaged goods at one-half to one-third of retail costs and used materials for even less. Residents, for example, can purchase a used window for $3 to $5 that would otherwise retail new for $60.

Through continued outreach to local contractors, businesses and residents, Rebound hopes to generate $4,000 or $5,000 in sales per month, which will cover the costs of running the program and net some funds for the tool bank and other activities of the Inner City Self Help Program.

Rebound is located at 1517 12th Ave. Call 324-0802. The office is open Thursday-Saturday from 10 a.m. to 5 p.m.

Anti-Klan Chairman To Speak Here

Rev. C.T. Vivian, chairman of the National Anti-Klan Network and 20-year veteran of civil rights struggles, will be in Seattle August 30 and 31.

Rev. Vivian will present an anti-KKK curriculum, developed by the National Education Association, to a meeting of educators and Seattle School Board members on Monday, August 30, 3 p.m. at the Seattle Teachers Association, 720 Nob Hill Ave. North.

KKK - Can It Happen Here? Rev. Vivian will discuss the resurgence of the KKK nationally and locally and the state of the anti-Klan efforts at a meeting for the general public, at 7:30 p.m. at the Empire Plaza. Spruiell White of the Seattle Urban League and Ralanda Webb of the Seattle Anti-Klan Network will also speak.

Tuesday, August 31, 10 a.m. Rev. Vivian will meet with leaders in the Seattle religious community at Immaculate Conception Church.

Solar Energy Group To Offer Workshop

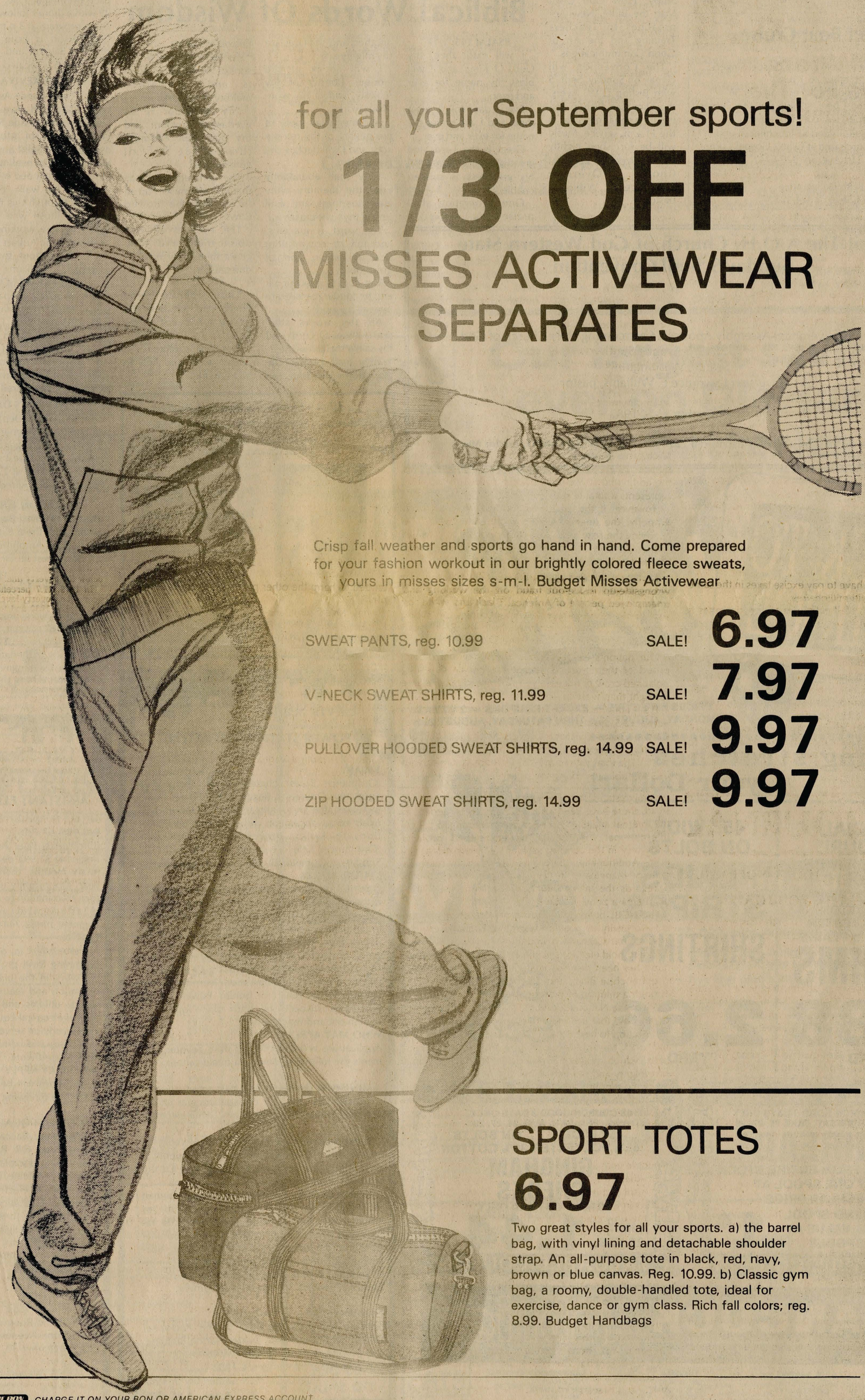
Uninsulated windows lose a lot of valuable energy during the winter. In fact, for every square foot of window area in a heated space, you lose up to $1.50 a year. Conventional drapes and shades do virtually nothing to slow window heat loss, but there are alternatives. Insulated shades and shutters are available that will cut window heat loss by 60% to 90%, thus lowering your energy bill.

The Western Washington Solar Energy Association is holding a free, lecture-workshop on insulated window covers at the University Public Library, 5009 Roosevelt Way NE, in Seattle from 7 to 9 p.m., on Tuesday, September 7.

Participants will see a variety of window covers and learn how they work. In addition, techniques for constructing your own insulated covers will be discussed.

For more information call 622-9334.

THE BON budget floor



for all your September sports!

1/3 OFF

MISSES ACTIVEWEAR SEPARATES

Crisp fall weather and sports go hand in hand. Come prepared for your fashion workout in our brightly colored fleece sweats, yours in misses sizes s-m-l. Budget Misses Activewear

SWEAT PANTS, reg. 10.99	SALE!	6.97
V-NECK SWEAT SHIRTS, reg. 11.99	SALE!	7.97
PULLOVER HOODED SWEAT SHIRTS, reg. 14.99	SALE!	9.97
ZIP HOODED SWEAT SHIRTS, reg. 14.99	SALE!	9.97

SPORT TOTES

6.97

Two great styles for all your sports. a) the barrel bag, with vinyl lining and detachable shoulder strap. An all-purpose tote in black, red, navy, brown or blue canvas. Reg. 10.99. b) Classic gym bag, a roomy, double-handled tote, ideal for exercise, dance or gym class. Rich fall colors; reg. 8.99. Budget Handbags

THE BON CHARGE IT ON YOUR BON OR AMERICAN EXPRESS ACCOUNT.
SEATTLE, ALDERWOOD MALL, SOUTHCENTER, NORTHGATE,
TACOMA MALL, EVERETT MALL. A UNIT OF ALLIED STORES.

Religious News & Events

Sunday School Convention At Faith Deliverance

The pastor and congregation of Faith Deliverance Assembly A.O.H. Church of God, Inc. located at 5321-17th Ave. South in Seattle, Washington would like to invite our friends and neighbors to attend the A.O.H. Church of God's Western States Regional Sunday School Convention, which we will host from Sept. 2 through Sept. 5.

Workshops and seminars will be held daily starting at 10 a.m. Thursday through Saturday. Service will begin each night at 7:30.

Workshop topics will be: The ABC's of Sunday School, The Who, What, Where and How of Home Visitations, the Dynamics of Teaching, Fund Raising in the Sunday School, Teaching for Results, Lesson Preparation, Developing Christian Maturity through Bible Study, How God Gave Man the Bible, New Approaches to Teachers Training and the Art of Good Communications.

The Convention will climax on Sunday, Sept. 5 with Bishop G.W. Ayers, the Diocesan Bishop giving his annual message at the 11 a.m. service. Music will be furnished nightly by the Western Regional Choirs. Overseer Lawrence E. Williams, pastor.

Sunset Boat Cruise

sponsored by Faith Deliverance Gospel Singers
September 26 7 p.m.
aboard the Goodtime II Ferry on Pier 56
Dinner includes: roast beef, scallop potatoes, green beans, toss salad, rolls, tea, coffee or punch.
Tickets are $10 for adults and $5 for children under 12
Tickets may be purchased at Ollie's Gospel Corner
1400 31st Ave. So. 329-8742
or
Faith Deliverance
323-5620 or 324-1272

Concert At Beacon Hill

The Young Adult Choir of Beacon Hill First Baptist Church will present the Martin Luther King Singers from Grace Chapel in Fort Lewis, WA along with Beacon Hill's mass choir in a full concert Friday, August 27 at 7:30 p.m. The Martin Luther King Singers are well known and recently toured California.

Young Adult Choir president is Jeffery Smith, Denise Hall and Sharon Smith are chairpersons.

The Senior Mission of Beacon Hill First Baptist Church invites the public to attend a 3 p.m. worship service August 29. U. Lewis is president.

Beacon Hill First Baptist Church is located at 1607 So. Forest. Dr. Robert Houston, pastor.

Biblical Words Of Wisdom

PSALM 145: 1-17

I will extol thee, my God, O King; and I will bless thy name for ever and ever.

Every day will I bless thee; and I will praise thy name for ever and ever.

Great is the Lord, and greatly to be praised; and his greatness is unsearchable.

One generation shall praise thy works to another, and shall declare thy mighty acts.

I will speak of the glorious honour of thy majesty, and of thy wondrous works.

And men shall speak of the mighty of thy terrible acts: and I will declare thy greatness.

They shall abundantly utter the memory ofthy great goodness, and shall sing of thy righteousness.

The Lord is gracious, and full of compassion; slow to anger, and of great mercy.

The Lord is good to all: and his tender mercies are over all his works.

All thy works shall praise thee, O Lord; and thy saints shall bless thee.

They shall speak of the glory of thy kingdom, and talk of thy power;

To make known to the sons of men his mighty acts, and the glorious majesty of his kingdom.

Thy kingdom is an everlasting kingdom, and thy dominion endureth throughout all generations.

The Lord upholdeth all that fall, and raiseth up all those that he bowed down.

The eyes of all wait upon thee; and thou givest them their meat in due season.

Thou openest thine hand, and satisfiest the desire of every living thing.

The Lord is righteous in all his ways, and holy in all his works.

CHURCH BRIEFS

FAITH DELIVERANCE SPONSORS BOAT CRUISE

The Faith Deliverance Gospel Singers will sponsor a boat cruise with live gospel music and dinner aboard the Goodtime II Ferry, September 26. Boarding time is 7 p.m. Rev. John L. King of Columbus, Ohio is guest speaker. For more information contact Faith Deliverance at 323-5620.

TABERNACLE TO HOLD 32nd ANNIVERSARY

Tabernacle Missionary Baptist Church will celebrate its 32nd Anniversary and Homecoming August 25-27 each evening at 7:30. The celebration will end August 29 with a dinner following the morning worship service and a program at 3 p.m. The public is invited to attend. Chairperson is Essie Mae Davis, co-chairperson is Beatrice Satcher and Rev. C.E. Henderson is pastor The church is located at 2801 S. Jackson.

CRUSADE REVIVAL AT FAITH DELIVERANCE

Faith Deliverance Assembly A.O.H. Church of God, Inc., 5321-17th Ave. So., Seattle, will present a Deliverance Crusade Revival. Guest speaker is Bishop W.A. Tumlin of Montgomery, Alabama. He is a dynamic evangelist and revival speaker that God is using in a special healing and deliverance ministry. God has opened blinded eyes, unstopped deaf ears, caused the lame to walk, cured cancer and many other diseases through this man of God. So come bring the sick and those who need deliverance and witness God's miracle working power. Services will be held nightly at 7:30, August 24-29. Music will be provided by choirs throughout the Pacific Northwest. Overseer Lawrence E. Williams, pastor.

BREAKFAST SOCIAL AT TRINITY FAITH

The Women's Department of Trinity Faith Temple will sponsor a breakfast social Saturday, August 28, 9 a.m. at Lylia's Near The Park, 4920 S. Genesse. The menu includes: fresh fruit, orange juice, coffee, tea, cheese, omelets, beef bacon, grits, biscuits, jelly and jam. For more information call Jean Roberson at 722-6358 or Debra Brooks at 271-2342. Jean Roberson, president, Elder Alfred L. Roberson, pastor.

WOMEN'S DAY AT TRINITY FAITH

The Women's Department of Trinity Faith Temple will hold their Women's Day Program Sunday, August 29 at 11 a.m. Speaker for the program will be Evangelist Dorothy Terry. Guest soloist will be Gwen Davis. Trinity Faith is located at 2201 East Union. Jean Roberson is president, Elder Alfred L. Roberson is pastor.

BEACON HILL AT AMPHITHEATER

Beacon Hill First Baptist Church invites the public to worship with them September 4 from 11-5 p.m. at the Seward Park Amphitheater. Beacon Hill is located at 1607 So. Forest St. Dr. Robert Houston is pastor.

THANK YOU

Trinity Faith Temple would like to thank everyone who helped make their First Annual Youth Day a success. Cathie Sims, youth president, Elder Alfred L. Roberson, pastor.

THANK YOU

The family of the late Deacon Cecil Lewis, Sr. would like to thank the many people who extended their help and support during the family's time of sorrow.

Sincerely,
Gladys Lewis, family

Visit The A.O.H. Church of God Western State Sunday School Convention

at

Faith (Deliverance) Assembly Apostolic Overcoming Holy Church of God
5321 17th Avenue South
Seattle, Washington
Overseer Lawrence E. Williams, pastor

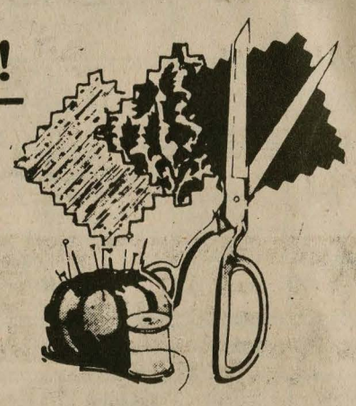
September 2 - 5, 1982

For registration and more details call 725-7535, 762-2684 or 747-8383, ask for Mrs. Williams.

BACK TO SCHOOL FABRIC SALE

PRICES EFFECTIVE — EXCEPT COUPONS — 2 WEEKS
MONDAY, AUGUST 16th THRU SATURDAY, AUGUST 28th

Sewing stretches your Dollar!



SPECIAL GROUP!
45 TO 60" WIDE
ON BOLTS
100% COTTONS
70% COTTON
30% POLYESTER
STRETCH & PLAINS
DENIMS
2.88 YARD

45" WIDE
ON BOLTS
PLAIDS
STRIPES
SHIRTINGS
2.66 YARD

Back to School

CLIP & SAVE
THIS COUPON GOOD 3 DAYS ONLY
THURS., FRI., SAT., AUG. 26, 27, 28
THREAD
CHOOSE FROM ENTIRE STOCK
BUY ONE SPOOL AT REGULAR PRICE
GET THE 2ND SPOOL OF EQUAL VALUE AT 1¢
LIMIT 10 SPOOLS
VALUABLE COUPON

CLIP & SAVE
THIS COUPON GOOD 3 DAYS ONLY
THURS., FRI., SAT., AUG. 26, 27, 28
45" WIDE ON BOLTS
65% POLYESTER 35% COTTON
GINGHAM CHECKS
STOCK ON HAND ONLY
LIMIT 20 YDS. 1.44 YD.
VALUABLE COUPON

HANCOCK fabrics

S. SEATTLE
6034 EMPIRE WAY S.
NEXT TO LUCKY
723-6859

TACOMA
38th ST. MALL
38th St. at CEDAR
474-8681

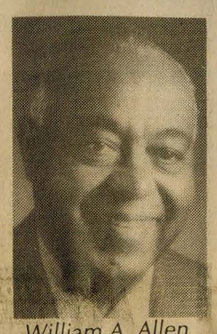
LAKEWOOD
VILLA PLAZA
SHOPPING CENTER
582-1232

OPEN MON.-FRI. 10-9; SAT. 10-6; CLOSED SUNDAYS

Allen's Evergreen Funeral Home

Seattle-King County's only Black-owned funeral home

"A QUIET, DIGNIFIED SERVICE IN WHICH YOU DETERMINE THE COST"



William A. Allen
FUNERAL DIRECTOR AND MORTICIAN

Purple Cross Burial Insurance Plan

Telephone 325-0283
(ample parking area)

526 - 19th Ave. E.
Seattle, WA. 98112

City of Seattle
Equal Employment Opportunity

POWER STATION OPERATOR

SALARY
(Ordinance Titles: Hydroelectric Operator I; Substation OperatorI) Begins at $12.80 per hour, increases after six months to $13.57. Opportunity exists for advancement, without further examination, to Senior Power Station Operator (Ordinance Title: Hydroelectric Operator II; Substation Operator II) salary $15.42 per hour.

MAJOR DUTIES
Employees in these positions perform increasingly responsible work in the control and regulation of the electrical generation and/or distribution load in an electric power substation, hydroelectric power plant, steam powered generating plant, or group of electric power stations; participate in a formal training program and study all aspects of electric power station operation; learn the duties of and act as relief for Senior Power Station Operators; inspect, oil and adjust operating equipment and machinery.

WHO MAY APPLY
Applications will be accepted from anyone who meets the following minimum qualifications:

MINIMUM QUALIFICATIONS

Experience: One year of experience as an apprentice, helper or trainee in any of the electrical trades.

Substitution: Completion of two years of coursework (90 quarter hours or equivalent) in electrical technology may be substituted for the required experience.

License or Other Requirements: A valid State of Washington Driver's License is required for employment. Successful applicants will be required to pass a City of Seattle driver's examination in order to qualify for employment. Successful applicants will be required to join the International Brotherhood of Electrical Workers, Local #77, within 30 days of employment.

EXAMINATION
Applications must be filed at the Personnel Department, Room 446, Dexter Horton Building, 710 Second Avenue, Seattle WA 98104, no later than Thursday, September 9, 1982.

FILING CLOSES: September 9, 1982

Your Seattle Personnel Department

City of Seattle
Equal Employment Opportunity

ASSISTANT ELECTRICAL ENGINEER

SALARY
(Ordinance Title: Assistant Electrical Engineer I) Begins at $1,993 per month, increases to $2,073 in six months, then to $2,157 in an additional year. Opportunity exists to advance without further examination to Assistant Electrical Engineer II ($2,073-$2,428) and to Assistant Electrical Engineer III ($2,244-$2,626).

DUTIES
An employee in one of these positions does beginning level professional electrical engineering work in the planning, design, construction, operation and maintenance of municipal public works, utilities and services projects; conducts tests of electrical equipment and materials; supervises work or serves as construction inspector; supervises and trains subordinate personnel; and does related work.

WHO MAY APPLY
Applications will be accpeted from anyone who meets the following minimum qualifications:

MINIMUM QUALIFICATIONS

Education: Baccalaureate degree in electrical engineering; OR Baccalaureate degree in any engineering discipline, or a current Engineer-in-Training certificate, and two years of professional experience in electrical engineering.

Delayed Eligibility: Applicants who will receive their degree by June, 1983, may apply and compete for later eligibility. Upon receipt of their degree, applicants must notify the Personnel Department in writing in order to become eligible for appointment.

EXAMINATION
Applications must be filed at the Personnel Department, Room 446, Dexter Horton Building, 710 Second Avenue, Seattle WA 98104 by Tuesday, November 30, 1982.

FILING CLOSES: November 30, 1982

Your Seattle Personnel Department

Sports



Gourmet food and faultless service are two of the top qualities that enhance the already impeccable Longacres reputation.

Food Manager Steve Franceschina is in large part responsible for both the excellent food and service. But his climb up the ladder didn't come early!

Six years ago Steve started as a sweeper with the early morning cleanup crew. And they do start early, as early as 5:00 a.m. He moved to busboy and later to waiter in the private Turf Club and spent six years learning his trade which he evidently learned well and performed efficiently.

Two years ago he was offered the job as Assistant to Catering Director, Don Campbell. Steve Franceschina was on his way. He was gaining the expertise necessary to be a complete and polished food man. He learned so well that last year he was promoted to Food Manager.

The promotion brought more responsibilities and opportunities. In cooperation with the Chef he prepares the menus, schedules and supervises five employees, works with inventory control and looks for and implements creative ideas for constant and improved food service.

Born in Seattle and now a Renton resident, Steve was graduated from the University of Washington. He has two brothers who presently are undergraduate University students. Both are employed part-time during the summer at Longacres.

As busy as he was, Steve found time to court his bride of three months, Darcy (nee Darcy Armour), a Bellevue native and Executive Secretary in the Longacres Special Events Department. She holds an A.A. Degree from Green River Valley Community College and a degree and teaching crediental from Seattle University. She's looking for a teaching position. Any close-by school district looking for a brilliant scholar and well-prepared elementary teacher?

Both Steve and Darcy plan to presently continue their careers at Longacres. Their future looks bright. Both have careers that are personally satisfying and can lead to real personal progress.

Did you know? This is not for chalk players! An eight horse field at one prominent track finished in exact reverse order. The eight horse won, seven was second, down on the line one horse finished last. The odds? 40,320 to 1. Long shots, doubt!

SUNDAY, AUGUST 29th: The Sacajawea Handicap for three-year old fillies going a mile and a sixteenth for $25,000 added.

Seattle Summer League Team Takes Crown In California

Trailing after each of the first three quarters, the Seattle/Golden State Summer League team rallied in the final period to pull out a 115-112 come-from-behind win over Indiana in the Summer League Championship game Sunday evening. The final contest saw Golden State's Lewis Lloyd grab high point honors with 27 points, with help from Seattle's own Mark Radford who dished out 12 assists.

Earlier in the week, Seattle had advanced through the playoff bracket by trouncing Chicago 143-122 and stopping New Jersey 120-112.

Coach Dave Harshman was elated by the play of his entire team: "I can't say enough about the way the team worked. We asked them to work hard and that's what they did." "Every game we were outmanned...Chicago with Quintin Dailey and Wallace Bryant, New Jersey with Buck Williams and Albert King, and Indiana with Herb Williams who was MVP of the Summer League; but the kids wouldn't quit and I think that's a tribute to them."

"I think this is a great thing for the franchise", Harshman continued. "I hope the people in Seattle understand how gratifying it is-combining two teams together is a long, hard process." "One NBA executive put our championship in good perspective. He felt the big key was the combination of two distinct teams and making one."

Asked for a quick synopsis on each of the Seattle players, Harshman made these comments:

1) Danny Vranes..."played superb basketball when he was down here...I think he's on the verge of getting over the edge...He has a definite chance to crack the starting squad...He played really well away from the basket..."

2) Ray Tolbert..."came on in the second half of the season...Ray played consistently and shot the ball well away from the basket which was a pleasant surprise..."

3) Mark Radford..."had some great games...he did a much better job of tempo control in the last half of the league and in the playoffs which really helped us..."

4) John Greig..."got off on the wrong foot because of his injured ankle in the first practice...prior to that he was playing very well, very aggressively...I know his ankle had to hurt him since he injured it again in a scrimmage...I started him in the last four games, including the championship and he responded with great defensive play..."

5) Ken Owens..."Did everything I asked of him...His only drawback is his height...Ken ran the club extremely well...really did a good job as our second point guard..."

The five Sonics will return to Seattle for Training Camp which opens October 1st in Bellevue at the Supersonic Racquet Club's new basketball facility.

Central Seattle Boys' And Girls' Club Offers Ceramic Classes

The Central Seattle Boys' and Girls' Club is offering classes in ceramics for adults, senior citizens and youth interested in participating in this program. Classes are scheduled to begin September 20 and continue throughout 1982 and 1983.

The cost will be $25 per quarter for adults and seniors. Classes will run Monday through Friday, 6:30 p.m. to 8:30 p.m., with an open workshop on Saturdays from 4 p.m. to 6:30 p.m.

Contact Jerry Reno, arts and crafts instructor or Charlotte Bannister at 324-7317, between 10 a.m. to 4 p.m. or stop by 201-19th Ave.

Football News From CAYA

Last Saturday, August 21, C.A.Y.A.'s football coaches were on hand to greet last year's players as well as the new faces. Sign-ups are still being taken at the office located at 115 - 23rd Ave., between the hours of 9 - 6 p.m. If you are unable to drop by during those hours, the teams will be involved in conditioning, drills, and a getting acquainted period all week long at the Garfield playfield. Participation fee is $30. which covers insurance, league fees, equipment costs and the use of the uniforms. All uniforms must be returned to C.A.Y.A. at the season's end.

***

You will see new faces on the side lines this year, but a few of them carry years of experience in coaching, especially football for C.A.Y.A. The following is a list of the head coaches along with their assistants:

Coaches for the 89ers are: Larmar Mills, Sam Gaughen, Dave Moore and Roy Dunn; the Midgets, Eddie Leon, Milton Watson, Luther Carr and Robert Smith; the Bees, Joe Bee (new), Rick Brown and Wayne Erickson; the Pee Wees, Charlie Hampton, Jerome Russell, John Ward, Charles Bellinger and Jimmy Williams.

The following coaching staff has a total of 35-40 years of coaching experience. The head coach is referred to as the Dean of C.A.Y.A. football coaches, due to 15 years of volunteer coaching for C.A.Y.A. and the Central Area:

The Gil Dobies: Michael Yasutake, John Yasutake, Robert Franklin, Heyward Watson and Robert Bass.

***

C.A.Y.A. Practice Schedule

The 89ers, Monday - Friday, 6 - 8 p.m.; the Bees, Monday - Friday, 6 - 8 p.m.; the Midgets, Monday - Friday, 5:30 - 7:30 p.m.; the Pee Wees, Monday - Friday, 5:30 - 7:30 p.m.; the Gil Dobies, Monday - Friday, 5:30 - 8 p.m.

Ages for the teams are: the 89ers, 7-9; the Bees, 8-11; the Midgets, 9-12; the Pee Wees, 9-13; and the Gil Dobies, 9-15.

SPORTS QUIZ . . .

QUESTIONS: What year did the Seattle SuperSonics first make the NBA playoffs? Who was the coach?

ANSWERS: In 1975, the Seattle SuperSonics made the playoffs for the first time in the team's history. Bill Russell was the coach.



Football star O.J. Simpson suffered from rickets and had to wear leg braces as a child.

TILOBEN PUBLISHING CO.

The MEDIUM Printing Division
2600 South Jackson
Seattle, WA. 98144

Price List
323-3070

ALL PRICES BASED ON CAMERA READY COPY--ALL PRICES SUBJECT TO CHANGE WITHOUT NOTICE

	8½ x 11-20- WHITE		8½ x 14-20- WHITE		8½ x 11-20- WHITE RAG BOND OR BRILLIANT BOND		8½ x 11-65- CARD STOCK 67- WHITE INDEX SPECIALTY PAPERS In Stock	
	Printed 1 Side	Printed 2 Sides	Printed 1 Side	Printed 2 Sides	Printed 1 Side	Printed 2 Sides	Printed 1 Side	Printed 2 Sides
1-25 Copies	4.23	8.45	4.88	9.75	5.53	10.08	6.18	12.29
50 Copies	4.55	9.10	5.53	11.06	6.50	12.35	7.15	13.65
100 Copies	5.14	10.27	6.44	12.35	7.74	14.30	8.39	15.60
200 Copies	7.09	13.20	8.71	15.93	10.66	19.50	12.29	21.45
300 Copies	9.04	16.12	10.99	19.50	13.59	24.70	16.19	27.30
400 Copies	10.99	18.95	13.26	23.08	16.51	29.90	20.09	33.15
500 Copies	12.94	21.97	15.54	26.65	19.44	35.10	23.99	39.00
600 Copies	14.89	24.90	17.81	30.23	27.52	40.30	27.89	44.85
700 Copies	16.84	27.82	20.09	33.80	25.29	45.50	31.79	50.70
800 Copies	18.79	30.75	22.36	37.39	28.21	50.70	35.69	56.55
900 Copies	20.74	33.67	24.64	40.95	31.14	44.90	39.59	62.40
1,000 Copies	22.69	36.60	26.91	44.53	34.06	61.10	43.49	68.25
1,500 Copies	30.81	51.55	38.29	62.40	48.69	87.10	62.99	94.25
2,000 Copies	38.94	65.85	49.66	80.28	63.31	113.10	82.99	120.25
3,000 Copies	55.19	95.10	72.41	116.03	92.56	165.10	121.49	172.25
4,000 Copies	71.44	124.35	95.16	151.78	121.81	217.10	160.40	224.25
5,000 Copies	87.69	153.60	117.97	187.53	151.06	267.10	199.49	276.25
6,000 Copies	103.94	182.85	140.66	223.28	180.31	321.10	238.49	328.25
7,000 Copies	120.19	212.10	163.41	159.03	209.56	373.10	277.49	380.25
8,000 Copies	136.44	241.35	186.16	294.78	238.81	425.10	316.49	432.25
9,000 Copies	152.69	270.60	208.91	330.53	268.06	477.10	355.49	484.25
10,000 Copies	168.94	299.85	231.66	366.28	297.31	529.10	394.49	536.25
Each Add. 1,000	16.23	29.25	22.75	35.75	29.25	50.70	37.70	53.30

ADDITIONAL COLORS: $6.00 PER COLOR PER 50,000 IMPRESSION. $15.00 COLOR WASH-UP FEE

11 x 17	1 Side	2 Sides
100	11.70	23.01
200	15.47	28.28
300	18.85	31.85
400	22.62	38.22
500	25.81	42.64
1000	45.24	73.06

Business Cards
500- $18.01
1,000- $24.51

Envelopes- 10 Regular
1000- $35.30
11 x 17 Posters

MINIMUM CHARGES:
Typesetting $10-$30.00 p/hr.
Paste up Charges-$5.00 (Min.) to $30.00 p/hr.

NCR (carbonless forms) Prices available upon request

Bindery:
Collating-90¢ per 100 sheets/9.00 per M (Min. 1.85)
Drilling-20 or 3 Holes, Standard Position® 18¢ per 100 sheets, 1.80 per M (Min. 2.50)
Padding-18¢ per Pad, 1.80 per 10 pads (Min. 1.80)
Folding-1 or 2 Parallel Folds® 3.60 For 100 Sheets, Additional 100's® .90 (Min. 3.60)
Stapling-3¢ Each Staple, 3.00 per 100 (Min. 3.00)
Cutting-75¢ Per Cut (Min. $2.25)

MINIMUM CHARGES:
Reductions & Enlargements-$5.00 ea.
Negative ($12.00) & Plate ($7.00)

Sears

Sears Tire and Auto Centers
We Install Confidence

Sale ends August 28

Our largest savings ever on DieHard® car batteries



25% OFF
Regular $69.99
52.49 with trade-in
Installation available

Sears Best—helps give fast starts. 525 amps cold cranking power. Group 24. For most American-made cars, many imports.

SAVE $16 to $36 on 4 all-season radials



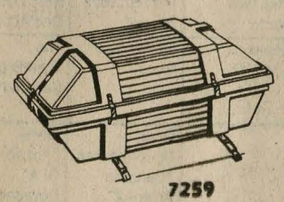
FREE tire mounting and rotation (on standard rims)

30,000-mile wearout warranty

- Great traction. Computer-designed tread for great grip on wet and dry
- Two fiber glass belts

WeatherHandler radial whitewall	May be substituted for	Regular price each	Sale price each	plus F.E.T. each
P155/80R12	155R12	$46.99	42.99	$1.54
P155/80R13	155R13	$51.99	47.99	$1.51
P165/80R13	AR78-13	$61.99	56.99	$1.60
P185/80R13	CR78-13	$67.99	61.99	$1.74
P185/75R13	BR78-13	$69.99	63.99	$1.81
P185/75R14	CR78-14	$72.99	66.99	$1.99
P195/75R14	D/ER78-14	$77.99	70.99	$2.08
P205/75R14	FR78-14	$84.99	77.99	$2.23
P215/75R14	GR78-14	$89.99	81.99	$2.40
P225/75R14	HR78-14	$94.99	86.99	$2.63
P205/75R15	FR78-15	$92.99	84.99	$2.39
P215/75R15	GR78-15	$99.99	91.99	$2.54
P225/75R15	H/JR78-15	$104.99	95.99	$2.68

Federal Excise Tax



SAVE $20 on X-Cargo® top carrier
Reg. $99.99 NOW 79.99
Holds 16.8 cu. ft. of luggage on car-top. For most American-made and import cars.
Ask about Sears credit plan.

At most Sears Auto Centers



Services for most American and foreign cars and most light trucks.

Engine diagnosis
Sears low price 19.99
We'll set timing, adjust carb., do scope analysis and infrared emissions test when applicable. We suggest only parts and services needed.

You can count on Sears
SEARS, ROEBUCK AND CO.

Satisfaction Guaranteed or Your Money Back.

All Items Available At These Stores
FIRST AVE. (344-4836) BELLEVUE-REDMOND (641-1000) AURORA (364-9000) RENTON (226-2323) EVERETT (355-7070) TACOMA MALL (473-7000) ALDERWOOD MALL (Lynnwood) (771-2212) SEATAC MALL (Federal Way) (941-1000)

Call These Stores For Merchandise Availability On * Items
CHEHALIS (748-4473) MT. VERNON (424-3111) OLYMPIA-LACEY (491-0900) BREMERTON (377-7511) BELLINGHAM (733-8170) ABERDEEN (532-0440)

Arts And Entertainment

Marion Moore, Black Soprano, In Featured Recital At Mt. Zion



Marion Moore

By Gwen Simpson Davis

Seattle Opera's Community Involvement Committee and the Seattle Trust and Savings' Guest Artist Program, will feature Marion Vernette Moore, in recital Sunday, September 12, 6 p.m., at Mt. Zion Baptist Church, 19th and East Madison.

Miss Moore is a highly promising young, Black soprano from Nashville, Tennessee. Her family was especially active in the music program at the Baptist Church and Marion showed particular talent for singing early in her childhood.

She began studying piano at the age of six, after high school she attended Oberlin Conservatory in Ohio and then the Institute of Music in Cleveland. She completed her studies in New York where she won a fellowship to study voice in Italy.

Privileged to study under the celebrated maestro, Ettore Campogalliani, Miss Moore remained in Mantua to compete in numerous vocal competitions throughout Europe. She proceeded to win every competition she participated in during 1979, including the prestigious "Maria Callas" award in Athens.

These contests brought good fortune to her newborn career. She has had contracts with the RAI of Milan and Naples, sung at the Fenice in Venice in Mozart's THE MAGIC FLUTE, and has performed a recital for television.

Gifted with a warm voice, primarily lyric, Marion Vernette Moore has all she needs to pursue the path marked out by other famous singers: Leontyne Price, Grace Bumbry, Martina Arroyo, Shirley Verrett and others.

The Mantua Gazette praised Moore as having "...tremendous class, her voice is beautiful. She combines a musicality of the first rank with and excellent technique and a very fine intelligence. She is more than promising; she is a sure thing."

Miss Moore will also be giving her Seattle Opera debute as the English Leonora in IL TROVATORE, September 26 and October 1. Her recital in Seattle should prove to be a very special and rewarding event to those attending.

Tickets to her recital are free and may be obtained from any of the following outlets:

Seattle First Baptist Church, Seneca & Harvard; St. Mary's Church, 611 20th South; First A.M.E. Church, 1522 14th; Mount Zion Baptist Church, 1634 19th; Douglass-Truth Library, 23rd and Yesler; Grace United Methodist Church, 722 30th South; The Medium Newspaper, 2600 South Jackson.

There will be a drawing for a pair of IL TROVATORE tickets at Miss Moore's recital. Ticket stubs should be filled in and left at Mt. Zion Baptist Church on September 12.

Astrology For The Mind

August 23 to September 22: Virgo. Family concerns and romance are two items on your mind. You can work through domestic problems if you try. Friends are willing to give advice but you must be astute enough to take it.

September 23 to October 21: Libra. Domestic scene changes. You are regaining sense of direction where mate and offspring are concerned. You also have opportunity for career advancement. Chart out steady path for achievement.

October 22 to November 21: Scorpio. Transitions occur on the homefront. The key is to remain flexible. This is a good time to establish priorities and rethink possible problems. Mate will be most sympathetic to cause. A good time to make long range plans for future.

November 22 to December 21: Sagittarius. Do not allow yourself to get caught up in someone else's squabble. You could make things worse for the relationship you have established between yourself and the person in question. Remain neutral and you may actually be of some help in solving the difficulty.

December 22 to January 20: Capricorn. Reach out and try the untried, the unconventional. A good aspect for public relations. Make contact with those who may be able to assist you. The key is to act now and not delay. A good time for family and domestic matters.

January 21 to February 17: Aquarius. If health problems persist, you may need a change of doctors. Work remains positive and you may be up for advancement or promotion. Finances may be a bit uncertain at times. Make sure you maintain adequate cash flow reserves.

February 18 to March 18: Pisces. Establish priorities where money matters are concerned. You may need more than your fair share of rest. A good time to let others help you through changing times. You may be in for a pleasant surprise where career matters are concerned.

March 19 to April 18: Aries. Family matters continue to dominate your scenario. You are called upon to give support to one in need. The key is to remain pleasant especially if relations between you and your spouse are restrained. Do not let ego interfere with progress.

April 19 to May 19: Taurus. You may find yourself traveling back and forth from the houses of relatives. This is a good time to reestablish friendships and reopen rapport with old business associates. Be generous throughout these trips.

May 20 to June 19: Gemini. Watch who you talk to. You could spoil opportunity for yourself by talking a lot of hot air. Make sure you are clear in your mind about personal plans. Map things out on paper. Seek advice from those in the know, not just those who speculate wildly.

June 20 to July 20: Cancer. What began as a rocky path may begin to clear up. You are involved in legal matters and legal affairs of associates. You must make sure that your name remains clean. Family is supportive of you if you know how to solicit their help.

July 21 to August 22: Leo. Career focus is at hand. You are busy establishing work techniques which are productive. Many seek your advice. You are able to walk on firmer ground. Mate and romance are no stranger to you. You feel loved and you share that with partner.



RUFFIN STAGES

Presents

Fantastic Specials

Touch-Up Special
Reg. Price
Touch-Up - $27.00
Ferm - $8.00
H/C - $20.00
SBC - $20.00
SBC - $20.00
total - $95.00 - special price - **$50.00**
(save $45.00)

Shampoo Press and Curl Special
Reg. Price
SPC - $25.00
SPC - $25.00
SPC - $25.00
H/C - $20.00
Ferm - $8.00
total - $103.00 - special price - **$50.00**
(save $53.00)

Virgin Perm Special
Reg. Price
V-perm - $32.00
Ferm: $8.00
H/C - $20.00
SBC - $20.00
SBC - $20.00
total - $100.00 - special price - **$50.00**
(save $50.00)

Shampoo Blow and Curl Special
Reg. Price
SBC - $20.00
SBC - $20.00
SBC - $20.00
Henna - $30.00
Ferm - $8
total - $98.00 - special price - **$50.00**
(save $48.00)

For those who are unaware of the many specials offered by Ruffin Stages, above is a list of our three week specials and their super saving prices.

Conveniently located on the corner of 7th and Union downtown, Ruffin Stages is easily accessible by bus or car. For your added convenience Ruffin Stages will be open 7 days a week, Monday - Saturday, from 10 - 9 p.m. and starting September 12, every Sunday from 12 - 5 p.m.

save, save, save!!!

Ruffin Stages is open Monday - Saturday from 10 - 9 p.m. and Sunday from 12 - 5 p.m. For more information call 587-4005.

The Beat of the Fox
Is Now
24 Hours A Day

K-Fox
1250 am



Catch The Beat
On A Radio Near You
Daytime, Nightime, Anytime!

K-Fox
1250 am

Moonlight Cruise To Benefit Children's Hospital

The Corrine Carter Orthopedic Guild will sponsor a moonlight cruise on Puget Sound aboard the vessel, Goodtime II on September 4. The Goodtime II departs Pier 56 at the Foot of Seneca Street at 8 p.m. and returns at 11 p.m. Boarding will begin at 7:30 p.m.

The $12.50 cost per person will benefit the Children's Orthopedic Hospital and Medical Center and is tax-deductible.

Music for your listening and dancing pleasure will be provided by Johnny Moton and his group. Light refreshments and a no host bar will be available for your enjoyment.

Tickets are limited so call 722-2944, days and 723-2615, evenings and join members of The Corrine Carter Orthopedic Guild for a wonderful evening on beautiful Puget Sound.

Kabby Mitchell To Do Concert

Kabby Mitchell III is presenting a concert of his newest choreography on Sept. 4. Mitchell, recently performed as soloist dancer with Pacific Northwest Ballet and has served as artistic director for Ewajo Dance Workshop.

In this concert, "Urban Renewal," Mitchell draws from many different dance disciplines to create a truly unique and exciting style of contemporary movement. "Urban Renewal" will be performed by his newly formed group, Sphinx Dance Theatre, with guest appearances by Jerome Jackson and Lovers of the Spirit.

This concert will play for one performance only at Langston Hughes Cultural Arts Center, 17th & Yesler at 8 p.m. Admission is $6 in advance or $7 at the door. Call 622-1015.

Good Black Music Ends Soon

As this month of August rapidly closes, so ends the Fourth Annual Black Musical History Month.

Ending also this weekend is the Paul Robeson Community Theatre Group tribute to Black musical greatness "Good Black Music." There are only three performances left to experience the dynamic directing of Marcia Tate Arunga before her departure to Kenya.

"Good Black Music" is at Langston Hughes Cultural Arts Center, 17th and Yesler, Friday and Saturday, 8 p.m.; Sundays, 7 p.m.

For more information call 322-7080 or 241-6718.

Orientation At Eckstein

An orientation program for students and parents new to Eckstein Middle School since June will be held on Thursday, September 2, between 1-2 p.m. in the school auditorium.

Team leaders and counselors will be present and a tour of the school will be conducted.

The school is located at 3003 N.E. 75th St.

Seattle 4-H Holds 1st Annual Community Exhibit



Youngsters prepare for 4-H Exhibit.

The Seattle 4-H Program will hold its annual Community Exhibit at the Central Area Senior Center, 500-30th Avenue, Saturday, August 28, from 8 a.m. to 5 p.m.

Although 4-H is relatively new to the Greater Seattle area, we have many young people that are active 4-H participants, as will be evidenced by the exhibits on display. We will be featuring garden produce, and bestowing an Ethel Dupar Award for "Outstanding Service to the Development of Young People through Urban Gardening". There will also be exhibits in the areas of baked goods, canning, sewing, arts & crafts, photography, nutrition, and so forth.

The Dupar Award will go to a 4-H leader who has exhibited outstanding dedication and effort to the training of young people in the area of quality urban gardening. Ethel Dupar is a long-time member of the Washington 4-H Foundation and a supporter of the Seattle 4-H Program.

City Councilmen Sam Smith, Norm Rice, Representative Peggy Maxie, and Senator George Fleming have been invited to present a special award in their name to the 4-H participant exhibiting excellence in their chosen project area.

These special awards will be presented at 10 a.m., Saturday, August 28. 4-H exhibits will also be presented traditional 4-H ribbons, based on judging that will take place during the week of August 23.

The community is encouraged to attend this exhibit, and support our youth. 4-H volunteers and staff will be on hand to answer questions and sign up volunteers, as well as participants. Anyone between 8 and 19 years of age can participate in 4-H. The only requirement to be a 4-Her is interest; there is no entry fee, no uniform requirements.

TV Circles

By Gayle Discoe

Clue: A NOVEL IDEA

T N C S O A I E F A M I L Y E
S O H N E L A U R A T N R R S
L D A E E M A R H P L A I N S
E N R E D A E T S E M O H G E
N A L T O N A C I R E M A E V
F L E L I Z A J A N E I L N O
R E S C H O O L T E A C H E R
O U I A R W E I R R A C P R G
N S N R A I N N N E K S R A T
T R G O L L O D B I A E A L U
I E A L U D S I C L N V I S N
E T L I P E E A L L S L R T L
R S L N O R L N H E A O I O A
I E S E P T O S U N S W E R W
P H N E D L A D N E R E V E R

(SOLUTION: 23 letters, 5 words)

Almanzo Wilder, American, Caroline, Carrie, Charles Ingalls, Eliza Jane, Family, Frontier, General Store, Hester Sue, Homesteader, Indians, Kansas, Landon, Laura, Mary, NBC, Nellie, Nels, Oleson, Plains, Popular, Prairie, Reverend Alden, Schoolteacher, Teens, Walnut Grove, Wolves

© United Feature Syndicate, Inc.

ANSWER: Little House on the Prairie

Movie Guide

THE CLUB. The Egyptian, Pine and Harvard, 1:30, 3:30, 5:30, 7:30, 9:30.

CHARIOTS OF FIRE. Seven Gables, N.E. 50th and Roosevelt, 7:00, 9:20; CrossRoads Quad, N.E. 8th St. and 156th Ave. N.E.(Bellevue), 2:20, 4:45, 7:10, 9:35.

E.T.-THE EXTRA TERRESTRIAL. UA Cinema 150, 6th and Blanchard, 12:30, 2:55, 5:20, 7:45, 10:10; CrossRoads Quad, N.E. 8th St. and 156th Ave. N.E.(Bellevue), 1:00, 3:20, 5:40, 8:10, 10:30; Seatac 6, S. 320th at HWY 99 (Seatac Mall), 12:00, 2:15, 4:45, 7:15, 9:45; Midway, So. 240th and U.S. 99.

MY DINNER WITH ANDRE. Crest, N.E. 165th and 5th N.E., 7:10.

STREET MUSIC. Crest, N.E. 165th and 5th N.E., 7:20, 10:05.

ANNIE. King Cinema, 6th Ave. and Blanchard, 2:00, 4:40, 7:20, 10:00.

DAS BOOT. Crest,N.E. 165th and 5th N.E., 7:20, 10:05.

DIVA. The Harvard East, 807 E. Roy, 2:00, 4:30, 7:00, 9:30.

FIREFOX. Lynn Four(Lynnwood), 19802 HY 99, 2:30, 5:05, 7:45, 10:20.

NIGHTSHIFT. Grand Cinema #1, 184th and Mall Blvd.(Alderwood), 3:10, 7:00, 10:45; Lewis and Clark, 15820 Pac. HY. S., 3:10, 7:15, 11:00; Lake City, 125th and Lk Cy Hy, 7:15, 10:55.

ON GOLDEN POND. Aurora Village, 205th and Aurora Ave. N., 2:20, 4:45, 7:10, 9:35.

THE ROAD WARRIOR-Grand Cinema #3, 184th and Mall Blvd.(Alderwood)-3:35, 7:20, 11:10; Lewis and Clard #3, 15820 Pac. Hy. S.-2:55, 7:00, 10:55.

THE SECRET OF NIMH-Ridgemont, 78th and Greenwood-7:00, 8:45; Grand Cinema #2, 184th and Mall Blvd.(Alderwood)-12:45, 3:50, 7:00, 10:00.

THE WORLD ACCORDING TO GARP-Music Box, 5th Near Pike-11:25, 2:00, 4:25, 7:00, 9:35.

A MIDSUMMER NIGHT'S SEX COMEDY-Uptown, 511 Queen Anne-7:20, 10:55.

AN OFFICER AND A GENTLEMAN-Cinerama, 2100 4th Ave.-2:15, 4:40, 7:05, 9:25.

ROCKY III-Roxy(Renton), 504 South 3rd-7:45, 11:45.

STAR TREK II: THE WRATH OF KHAN-Greenwood, 85th and Greenwood N.-7:00, 9:15, 11:20, Grand Cinema #4, 184th and Mall Blvd.(Alderwood)-1:15, 3:20, 5:25, 7:30, 9:35.

VICTOR, VICTORIA-University Cinema #1, 5510 University Way N.E.-8:05.

INTERNATIONAL TOURNEE OF ANIMATION-Top of the Exit, B'Way and Roy-2:45, 5:00, 7:30, 9:45.

POLTERGEIST-Southcenter, HY 405 at I-5-12:55, 3:00, 5:15, 9:45; Northgate, 10 N'Gate Plaza-12:30, 2:50, 5:10, 7:30, 9:50; Factoria Cinema #1, 3505 125th Ave. S.E.(Bellevue)-12:30, 2:50, 5:10, 7:35, 9:45.

THE BEST LITTLE WHOREHOUSE IN TEXAS-Coliseum, 5th and Pike-6:00, 8:15, 10:30, Sat&Sun-1:40, 3:50; CrossRoads Quad, N.E. 8th St. and 156th Ave. N.E.-1:40, 3:50, 6:00, 8:15, 10:30.

THE PIRATE MOVIE-Renton Village, I-405 and Rainier Ave.-12:45, 2:50, 4:55, 7:00, 9:05; Aurora Cinema, N. Aurora at N. 130th-12:45, 2:50, 4:55, 7:00, 9:05; Overlake, N.E. 20th and 148th N.E. (Bellevue)-12:45, 2:50, 4:55, 7:00, 9:05.

THINGS ARE TOUGH ALL OVER-Aurora Village, N. Aurora at N. 130th-1:30, 3:35, 5:40, 7:50, 10:00; Overlake Cinema, N.E. 20th and 148th N.E. (Bellevue)-1:30, 3:35, 5:40, 7:50, 10:00.

TRON-Bay Theatre, 2044 N.W. Market-7:00, 9:00, 10:45; Pike Place Cinema, 1428 Post Alley-7:15, 9:15.

YOUNG DOCTORS IN LOVE-UA 70, 6th and Blanchard-1:00, 2:50, 4:45, 6:40, 8:35, 10:30.

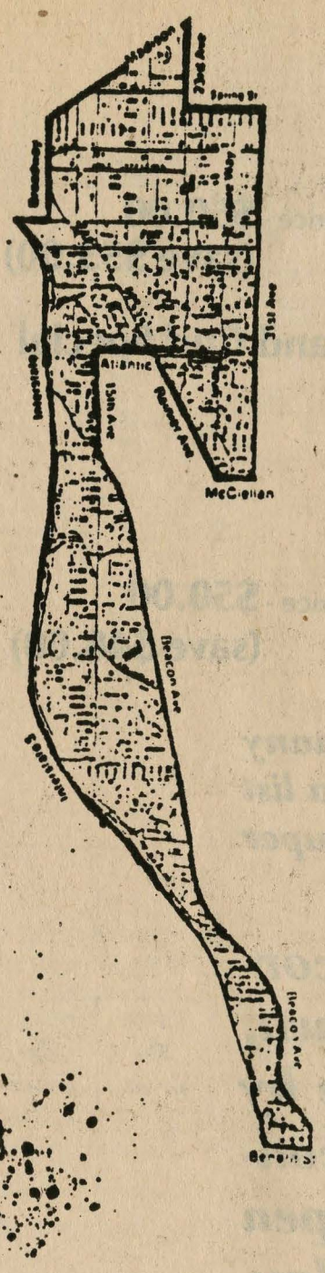
Parnell's

Jazz

AUGUST 26-29
Thurs-Sunday

CHET BAKER comes back to Parnell's for a special engagement, this time with guitarist DAVE PETERSON. Enjoy the delicacy of Chet's gentle style on trumpet and vocals, backed by a sensitive guitarist.

WORLDS FINEST JAZZ PRESENTATIONS
SEVEN NIGHTS A WEEK-LUNCH SERVED DAILY
SHOW TIME: 9:15 NIGHTLY
624-2387
PIONEER SQUARE
313 Occidental Mall (One block north of the Kingdome)



You deserve the best -

Only GROUP W CABLE has the resources on hand

We'll make it happen

★ Now

GROUP W CABLE

15241 Pacific Hwy. S.
Seattle, WA 98188
(206) 433-2160

★ with City Council Approval

HAIR FAIR

feels that people go to salons not only to have their natural beauty enhanced, but for comfort and relaxation. One way a person can totally enjoy the services of a salon is if they are familiar with the person they will work closest with. Allow us to introduce to you, owner and stylist—

Annie Harper



A long-time resident of the community, Annie is a graduate of Franklin High School and has studied business administration at the University of Washington. She attended Mr. Lee's Beauty School and worked with Gene Juarez Hair Design for four years. She is licensed under the Washington State Board of Cosmotology and has attended various industry seminars.

Come In... Meet Annie...

and take advantage of ½ off on all services until August 31.

VALUABLE COUPON

Throughout the month of August HAIR FAIR will feature ½ price on all services. Also every Monday is Senior Citizens Day and services for seniors will be ½ price. Call 323-8242 for an appointment. Offer expires August 31.

Pictorial Highlights Of Saturday's Boycott

Staff Photos by Gillie Haynes and Chris Bennett



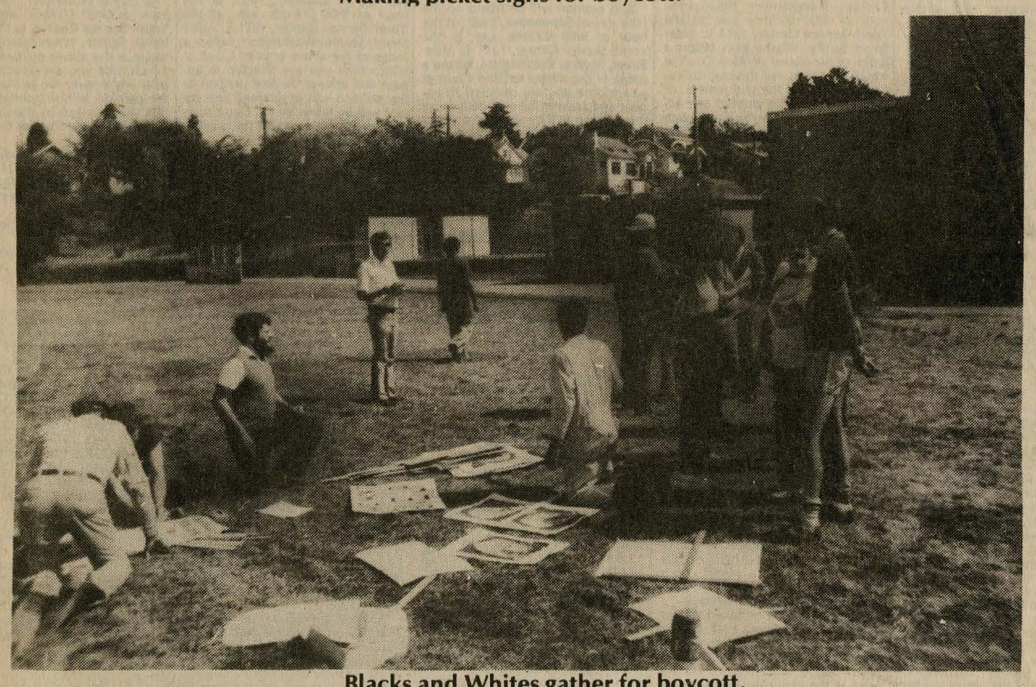
Members of Magic Wheels protected boycotters.



Making picket signs for boycott.



Children join the boycott for Martin Luther King, Jr. Way.



Blacks and Whites gather for boycott.

You've probably heard about PNB's upcoming separation from its parent company, AT&T. A separation that was prompted by the U.S. Department of Justice.

What you've probably little idea of, is how, exactly, the changes will affect you.

First, we'd like to dispel any fears you may have. It has always been, and will always be, our primary concern to provide you with quality, affordable telephone service.

THE REASON FOR THE CHANGE.

In the developing days of the telephone industry, the overriding goal was to provide every home with a phone. Today, more than 96% of all households in America enjoy the use of a telephone.

With the advent of near-universal service, the philosophy of regulating the industry is changing.

Regulators and legislators are now looking to competition in the marketplace to decide what services will be provided at what price and by whom.

WHAT WILL IT COST ME?

Telephone service will continue to be a good value. In fact, we've recently added two new low-cost services called Basic and Budget Measured Service.

With these new services, you'll be charged for your phone service on the basis of how much phone service you use.

If you're a light phone user, you can expect to pay less than a heavy phone user. And visa-versa.

You will still, however, have the option of flat-rate premium service in your home, as well as the new measured services.

While these changes may mean increases to some, they will mean decreases to the majority.

IF YOU HAVE ANY QUESTIONS, LET'S TALK.

At PNB, we realize that the exchange of ideas and comments is invaluable. In fact, it's the very foundation of communication.

That's why we want you to know that we're ready to talk about the coming changes any time you are.

Just call 1 800 555-5000.

We'll answer any questions and provide you with more information.

In short, do everything possible to ensure that the transition to new ways of doing business is as smooth as possible for you.

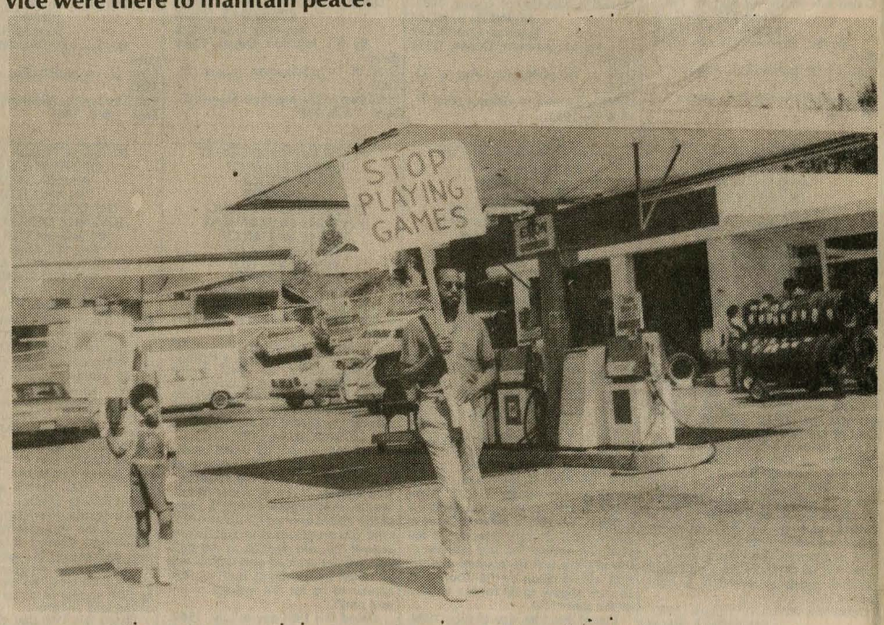
Pacific Northwest Bell

HOW COMING CHANGES IN THE TELEPHONE INDUSTRY WILL AFFECT YOU.





Bob Lamb and John Mathis of the Justice Department's Community Relations Service were there to maintain peace.

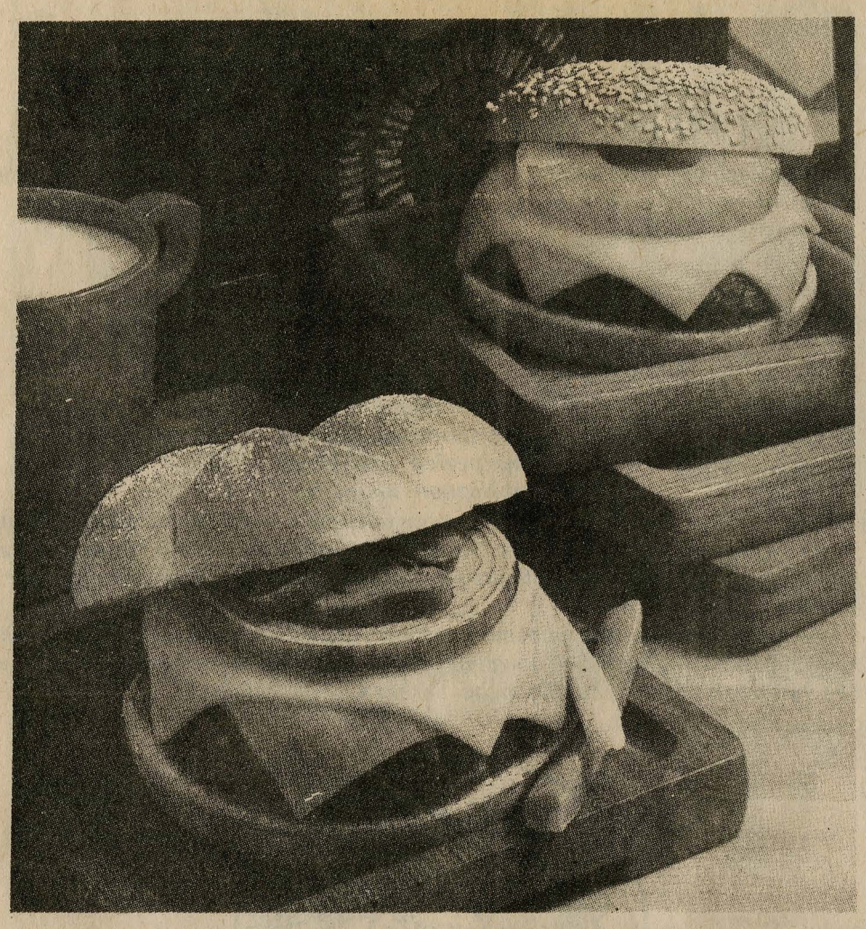


Protesters discourage patronage at service station.



People protested in the hot sun.

Tasty Burger Recipes For The Burger Lover In You



Blue Cheese Burgers

1 pound ground beef
1 cup (4 ounces) crumbled Casino brand natural blue cheese
4 hamburger bunds, split
Soft Parkay margarine

Shape meat into 8 thin patties. For each sandwich, place 2 tablespoons cheese on a patty. Top with second patty; seal edges. Broil on both sides to desired doneness. Spread bottom half of bun with margarine; top with patty and additional 2 tablespoons of cheese. Serve with top half of bun. 4 sandwiches

Cantonese Burgers

1 pound ground beef
1 16-ounce can bean sprouts, drained
Soy sauce
½ teaspoon onion salt
Kraft American Singles pasteurized process cheese food
6 seame seed buns, split
6 pineapple rings
Miracle Whip salad dressing

Combine meat, bean sprouts, 2 tablespoons soy sauce and onion salt. Shape into six patties. broil or grill on both sides to desired doneness. Top with process cheese food; heat until process cheese food melts. For each sandwich, cover bottom half of bun with patty and grilled pineapple ring, brushed with soy sauce. Serve with top half of bun spread with salad dressing. 6 sandwiches

Barbecued Frank-Burgers

A teen favorite-franks and dill pickle in a "Sloppy Joe." East to make when you use tangy barbecue sauce.

½ lb. ground beef
½ lb. frankfurters, sliced
¾ cup Kraft barbecue sauce
1/3 cup chopped dill pickle
¼ cup chopped onion
6 hamburger buns
American process cheese food

Brown meat; drain. Stir in frankfurters, barbecue sauce, pickle and onion. Cover; simmer 15 minutes. Fill buns with meat mixture and cheese food. 6 sandwiches

Occasionally substitute canned luncheon meat for franks and chopped green pepper or olives for dill pickle.

GOOD FOOD IDEAS!

Spudburgers

1 pound ground beef
1 cup shredded potato
¼ cup chopped onion
1 teaspoons salt
Dash of pepper

Kraft American Singles pasteurized process cheese food
5 Kairser rolls, split, toasted
5 red onion slices
Mushrooms slices

Combine meat, potato, onion and seasonings. Shape into 5 patties. Broil or grill on both sides to desired doneness. Top with process cheese food; heat until process cheese food melts. For each sandwich, cover bottom half of bun with patty, onion slice and mushrooms. Serve with top half of bun. 5 sandwiches

Sloppy Joe Grills

½ lb. ground beef
½cup Kraft barbecue sauce
¼ cup water
2 tablespoons chopped green peppers
2 tablespoons chopped onion

16 white bread slices
1 8-oz. pkg kraft pasteurized process American cheese slices
Soft Parkay margarine

Brown meat; drain. Add barbecue sauce, water, green pepper and onion. Simmer 15 minutes. For each sandwich, fill two bread slices with 2 tablespoons meat mixture and process cheese. Spread outside of sandwich with margarine; grill until golden brown on both sides.

8 sandwiches

Variation: Substitute Kraft sharp natural cheddar cheese slices for process cheese slices.

Mock Caesar Salad

2 cups Italian bread cubes
Kraft Italian dressing
Kraft grated parmesan cheese
1 qts. torn romaine
1 cup iceberg lettuce chunks

1 cup red onion rings
1 hard-cooked eggs, finely chopped
½ cup pitted ripe olives

Toss bread cubes with 3 tablespoons dressing and 2 tablespoons cheese; place on ungreased baking pan. Bake at 400°, 8 t0 10 minutes oruntil lightly browned, stirring occasionally. combine greens, onion, eggs and olives. Add ½ cup dressing; toss until greens are well coated. Add croutons and 1/3 cup cheese; toss lightly.

6 to 8 servings

Now On Sale For The First Time...

BIG BIRD'S SESAME STREET® DICTIONARY

FEATURING JIM HENSON'S SESAME STREET MUPPETS



An Ideal First Book of Words Complete with
• Stories • Picture Puzzles
• Tongue Twisters • Games

VOLUME 1
99¢
VOLUMES 2-8
ONLY $2.49 EACH

Your Children Will Enjoy Learning New Words the Sesame Street Way!

Big Bird's Sesame Street Dictionary is a wonderful collection of 8 volumes of words and their meanings...prepared by educators especially for children.

Each word is beautifully illustrated in full color. The definitions are simple and expanded by sample sentences. It's ideal for children from 3 through 8 years old.

Throughout, Jim Henson's *Sesame Street* Muppets are featured in stories, picture puzzles, tongue twisters, and *Sesame Street* games that will help teach your children the meanings of words.

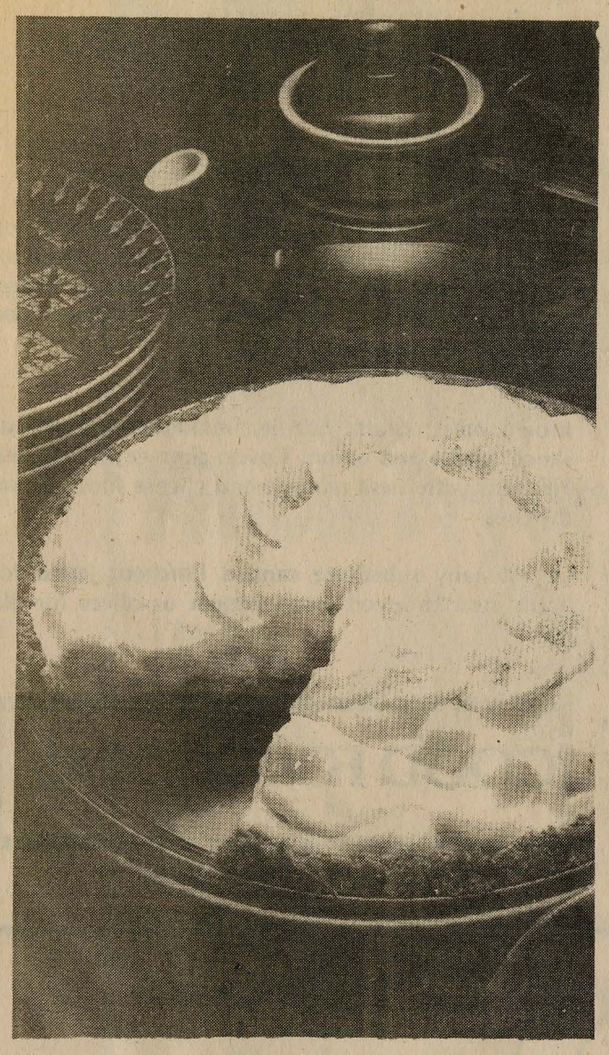
What a fun way to learn! Every volume covers several letters of the alphabet, and when the set is complete, your children will have a first dictionary, a fine collection of storybooks, and a vocabulary builder.

There's no better way to prepare your children for the school years ahead than with *Big Bird's Sesame Street Dictionary!* So when you visit one of our stores this week, pick up Volume 1.

Today's Safeway.
Where you get a little bit more.

SAFEWAY

Special Desserts For That Special Dinner



BANANA MALLOW PARTY PIE

A Kraft original that has appeared repeatedly on television commericals and in magazine ads.

1 3-1/8 pkg. vanilla pudding and pie filling mix
1½ cups Kraft miniature marshmallows
1 cup heavy cream whipped
2 bananas
1 9-inch baked vanilla wafer crust, chilled

Prepare mix as directed for pie filling on package, except using 1¾ cups milk. Cover surface of pie filling with waxed paper or transparent wrap; chill. Mix until well blended; fold in marshmallows and whipped cream. Slice bananas into crust. Pour filling over bananas. Chill several hours or overnight.

STRAWBERRY CREAM CHEESE PIE

A glorious strawberry pie with a marvelous cream cheese layer!

1 8-oz pkg. Philadelphia Brand cream cheese
2 tablespoons milk
2 tablespoons sugar
1 9-inch baked pastry shell
2 pts. whole strawberries
½ cup sugar
2 tablespoons cornstarch
⅓ cup water

Combine softened cream cheese, milk and sugar, mixing until well blended. Spread onto bottom of pastry shell; cover with 1 pint strawberries. Combine sugar and cornstarch in saucepan; gradually add water. Bring to boil, stirring constantly. Cook 1 minute or until mixture is clear and thickened. Halve remaining strawberries; add to cornstarch mixture. Pour over whole strawberries. Chill several hours or overnight.

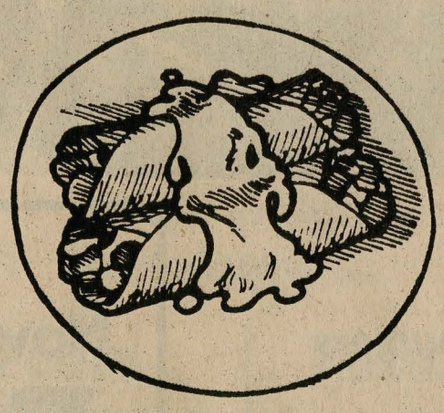
CHEDDAR-CRUST APPLE PIE

Apples and cheese are natural companions. This golden cheddar crust is something special for the spicy apple filling.

1½ cups flour
Dash of salt
½ cup shortening
1½ cups (6 ozs.) shredded Kraft sharp cheddar cheese
4 to 6 tablespoons water
½ cup sugar
2 tablespoons flour
¼ teaspoon cinnamon
6 cups peeled apple slices
2 tablespoons margarine

Combine flour and salt; cut in shortening until mixture resembles coarse crumbs. Stir in cheese. Sprinkle with water while mixing lightly with a fork; form into ball. Divide dough in half. On lightly floured surface, roll one half to 12-inch circle. Place in 9-inch pie plate.

Combine sugar, flour and cinnamon; toss with apples. Place in pastry shell; dot with margarine. Roll out remaining dough to 12-inch circle; place over apple mixture. Seal and flute edges of pastry; cut slits in top. Bake at 425°, 35 minutes.



RINDERROULADEN

A speciality from the Kraft Kitchens in Germany, unique steak roll-ups in tangy Catalina French dressing that flavors and tenderizes the meat as it cooks-an excellent recipe for a slow cooker.

2 lbs. lean, boneless round steak, ½ inch thick
12 carrot sticks
6 dill pickle spears
¾ cup Catalina French dressing
1¼ cups water
1 medium onion, sliced

Cut meat into six pieces. For each serving, wrap on piece of meat around two carrot sticks and one pickle spear; secure with picks. Brown in ½ cup dressing. Add remaining dressing, water and onion; bring to boil. Cover; simmer 1 hour or until meat is tender. Thicken gravy, if desired. Six servings.

To Make in Slow Cooker: Prepare roll-ups as directed. Place roll-ups, dressing and water and onion in slow cooker. Cover; cook on high setting 4 hours or low setting 8 hours. Thicken gravy, if desired.

HERB RICE

A colorful rice specialty-uniquely seasoned with dill-that can be prepared in advance and reheated just before serving.

1 cup thinly sliced carrots
1 cup chopped onion
¼ cup Parkay margarine
3 cups water
2 cups rice
2 teaspoons salt
½ teaspoon dill weed
Dash of pepper
2 tablespoons chopped parsley

Saute carrots and onion in margarine 5 minutes, stirring occasionally. Add water, rice, salt, dill weed and pepper; bring to a boil. Cover; simmer 20 to 25 minutes or until rice is tender. Stir in parsley. Eight to ten servings.

ZUCCHINI STICKS AU GRATIN

New way with an old favorite-parmesan makes the flavor difference.

4 medium zucchini, cut into julienne sticks
¼ cup Squeeze Parkay margarine
Salt and pepper
½ cup dry bread crumbs
2 tablespoons grated parmesan cheese

Stir-fry zucchini in margarine until crisp-tender. Season to taste. Stir in combined crumbs and cheese; heat thoroughly. Four to six servings.

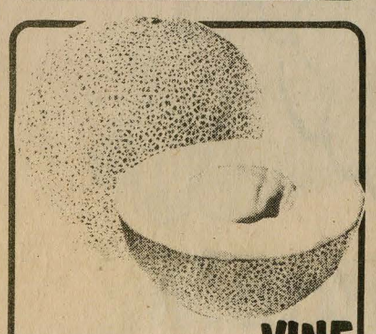
TURKEY & WILD RICE SALAD

2⅓ cups water
1 package (6 oz.) Original Long Grain & Wild Rice
2 cups cut-up cooked turkey
¼ pound fresh mushrooms, quartered
1 cup firmly packed spinach leaves, cut into thin strips
2 green onions with tops, sliced
⅓ cup dry white wine
¼ cup vegetable oil
2 teaspoons sugar
¾ teaspoon salt
¼ teaspoon pepper
10 cherry tomatoes, halved

Combine water and contents of rice and seasoning packets in medium saucepan. Bring to a boil. Cover and simmer until all liquid is absorbed, about 25 minutes. Transfer to large bowl. Cover and chill. Add turkey, mushrooms, spinach and green onions to rice; mix well. Blend wine, oil, sugar, salt and pepper. Add to rice mixture; mix well. Chill. Add tomatoes before serving. Makes 6 servings.

TREAT YOURSELF TO QUALITY and LOW PRICES AT TRADEWELL!!!

FARM FRESH PRODUCE



VINE RIPENED CANTALOUPE 23¢ lb.

LEAF LETTUCE Fresh Red, Green, Romaine, or Butter Leaf each 39¢
SEEDLESS GRAPES Red or White "The Natural Snack" lb. 79¢
BARTLETT PEARS Northwest lb. 39¢
CUP TOP CARROTS Fresh 4 lbs. $1
LARGE STALKS of CELERY each 49¢
BAKING POTATOES No. 1 Premium Size 3 lbs. 99¢

RED-RIPE SALAD TOMATOES 49¢ lb.

* FROZEN FOODS *
Van de Kamp's Dinners Mexican Beef or Cheese Enchilada 12 oz. 99¢
Grape Juice SNOBOY Concentrate 12 oz. 75¢
Crispers Potatoes Ore-Ida 20 oz. $1.19
Cookin' Bag Banquet Entrees Asstd. Varieties 4 oz. to 5 oz. 49¢

* BAKERY DEPT. *
French Bread Family Favorite Sliced 15-oz. loaf 59¢
Wheat Bread Family Favorite Crushed 22 5-oz. loaf 65¢
Bread Cascade Mills Honey Wheat Berry 24-oz. loaf 85¢
Wheat Bread Country Hearth Whole Wheat 100% Stone Ground 20¢ Off Label 24-oz. loaf 99¢

* DAIRY DEPT. *
Country Spread Shedd's 3 lb $1.69
Lemonade Minute Maid Refrig or Fruit Punch 64 oz $1.19
Soft Parkay Kraft Diet Margarine 2-Tub Pack 1 lb 73¢

* Health & Beauty Aids *
Hair Conditioner Finess, Regular or Extra Body 7 oz $1.99

LAYER CAKE MIXES PILLSBURY PLUS Asst'd. Varieties 18.5 oz. 78¢

M.D. BATH TISSUE Asst'd. or White 4 Pack 88¢

FIRESIDE SALTINE CRACKERS 16 oz. 59¢

KINGSFORD CHARCOAL BRIQUETS 10-lb. Bag $2.98

POWDERED LAUNDRY SUN DETERGENT 42 oz. $1.39

ASST'D. FLAVORS CUP-O-NOODLES Pork, Beef, Chicken or Shrimp 2.25 oz. 2/$1

Cream Cheese Kraft Soft Philadelphia 8 oz. 98¢
Cream Cheese Kraft Philadelphia: Plain or With Chives 3 oz. 36¢
Soft Margarine Freshie; Tub 1 lb. 59¢
Planter's Snacks Pretzel Twists, Corn Chips, Cheez Balls or Cheez Curls 5 oz. to 7.5 oz. 98¢
Tablemaid Spread Cubes 1 lb. 49¢
Parkay Spread Kraft Light 2 lb. $1.39
Clam Chowder Mariner New England 15 oz. 88¢

KRAFT MIRACLE WHIP SALAD DRESSING 32 oz. $1.39

C & H SUGAR GRANULATED 1st 2; Addtl. at Reg. Price 5-lb. Bag $1.48

Paper Towels Scott: Decorator Colors 119 ct. 79¢
Toasty-O's Malt-O-Meal Breakfast Cereal 10 oz. 79¢
Honey Nut Cheerios General Mills 14 oz. $1.69
Cap'N Crunch Breakfast Cereal 16 oz. $1.79
Frosting Pillsbury Ready-to-Spread Cream Cheese, Choc. Fudge or Milk Chocolate 16.5 oz. $1.39
Apple Juice Tree Top 32 oz. 89¢
No Pest Strips Texize Each $2.69
Oreo Creme Cookies Nabisco Creme Sandwich Cookies 19 oz. $1.79
Graham Crackers Nabisco Honey Maid or Cinnamon Graham Treats 16 oz. $1.29
Pepsi Cola Reg. Diet or Pepsi Light, Pepsi "Free" or Sugar Free Pepsi "Free" or Mt. Dew 12-oz. Cans 6 Pack $1.89
Pepsi Not Available in Edmonds Stores

Yoplait Yogurt New Breakfast Yogurt: Assorted Varieties 6 oz. 59¢
Uncle Dan's Salad Dressing Mix: Milk Recipe or Southern Style ½ oz. 2/$1
Worcestershire Sauce Lea & Perrins 10 oz. $1.49
Pine-Sol Cleaner Liquid 40 oz. $3.33
French's Mustard Prepared Mustard in Squeeze Bottle 16 oz. 88¢
Taco Shells Lawry's 4 oz. 75¢
Tostada Shells Lawry's 4½ oz. 75¢
Taco Seasoning Lawry's Mix 1¼ oz. 39¢
Paper Towels Browny: Asstd. Colors 85 ct. 79¢
Bath Tissue Northern: Asstd. Colors 4 Pack $1.25

GROUND COFFEE MJB: Regular, Drip, Elec. Perk 3 lb. $6.98

FLAKE COFFEE MJB: Premium Flake 39 oz. $6.18

TOTINO'S PIZZA Sausage, Hamburger, Cheese, Combination, Nacho Cheese, Pepperoni, Canadian Bacon, or Mexican Sausage Frozen 10 oz. to 12.5 oz. 98¢

QUALITY FRESH MEATS

BOTTOM ROUND ROAST BONELESS U.S.D.A. CHOICE BEEF lb. $1.78

LAMB SHANKS U.S.D.A. Choice, Previously Frozen lb. $1.38
TOP ROUND STEAKS U.S.D.A. Choice Boneless Beef lb. $2.28
EYE of ROUND ROAST U.S.D.A. Choice Boneless Beef lb. $2.68
CUBE STEAKS U.S.D.A. Choice Boneless Beef lb. $2.68

FRESH SILVER SALMON HALF or WHOLE 4 lb. to 6 lb. Avg. Head Off lb. $2.38

PORK SPARE RIBS Previously Frozen, 3 lb. to 5 lb. Avg. lb. $1.68
SLICED BACON Agar Prestige No. 1 Grade 1-lb. Pkg. $1.88
LITTLE SIZZLERS Hormel Link Sausages 12-oz. Pkg. $1.58
CHEESE HOT DOGS Oscar Mayer 1-lb. Pkg. $1.98

TURKEY ROAST JENNIE-O BRAND Hindquartered 3 lb. to 6 lb. Avg. Frozen lb. 48¢

MEAT HOT DOGS OSCAR MAYER (BEEF $2.08) 1-lb. Pkg. $1.98
AMERICAN CHEESE Kraft Sliced Singles 16 oz. Pkg. $2.28
FRESH SNAPPER Fillets lb. $1.78
FISH STICKS Heat & Serve, Breaded, Previously Frozen lb. $1.38

FRESH PORK RIB CHOPS Cut from 14 lb. to 17 lb. Loins lb. $1.88

TRADEWELL
4801 Rainier S. 2711 Rainier S.
PRICES EFFECTIVE AUG. 25TH THRU 31ST, 1982.
LIMIT RIGHTS RISERVED. An Equal Opportunity Employer.

SALE PRICE GUARANTEE "RAINCHECK" - Each of these advertised items is required to be readily available for sale at or below the advertised price in each Tradewell store except as specifically noted in this ad. We strive to have on hand sufficient stock of advertised merchandise. If for any reason we are out of stock a SALE PRICE GUARANTEE (Raincheck) will be issued enabling you to buy the item at the advertised price as soon as it becomes available.

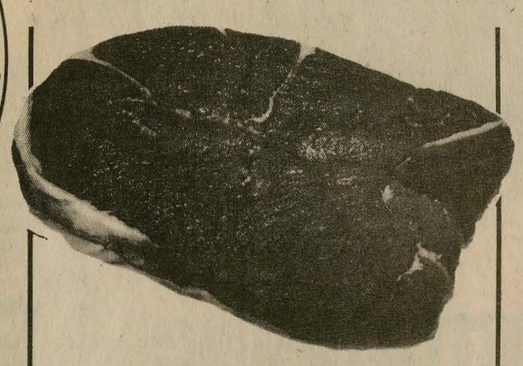
THRIFTWAY

We Guarantee Our Meats — 100% Fresh

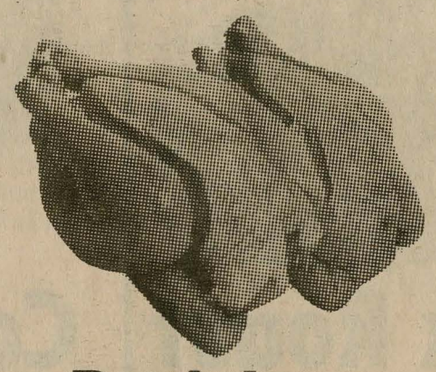
QUALITY & SERVICE the Proud Crowd 100% GUARANTEE

we welcome FOOD STAMP SHOPPERS

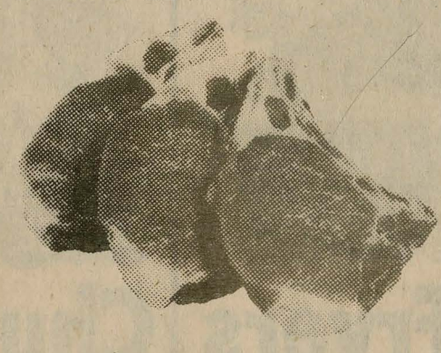
Prices Effective August 25 thru August 31, 1982
We Reserve the Right to Limit



Beef Round Steak, Boneless
USDA Choice Beef
$1.79 lb.



Patti Jean Game Hens
USDA Inspected, Frozen
79¢ lb.



Fresh Pork Rib Chops
Cut from Armour's Veribest 17 to 20-lb. Pork Loins
$1.79 lb.

Grade A Cut-Up Fryers
Frozen, Southern Grown
59¢ lb.

USDA Inspected Turkey Wings
Bake in Barbecue Sauce or Fricassee
39¢ lb.

Meat Deli Features

Sizzlean	Breakfast Strips, Swift's, 3 Varieties, 12-oz. Pkg. ea.	$1.69
Dinner Franks	Armour, Meat or Beef, 2-lb. Bag ea.	$3.69
Lunchmeats	Hygrade, 12-oz. Pkg., 7 Varieties ea.	$1.29
Armour Smokees	Smoked Links, 12-oz. Pkg. ea.	$1.79
All Meat Wieners	Western Family lb.	$1.49
Wrangler Franks	Hormel, Meat or Beef lb.	$2.49
Pork Loin Chops	Cut Thick for the Barbecue lb.	$1.89
Roasting Chicken	USDA Inspected, Frozen, 6 to 7-lb. Avg. lb.	69¢
Boneless Pork Loin Roast or Chops	lb.	$3.49
Hormel Cure 81 Half Hams	Boneless, 3 to 4-lb. Avg. lb.	$3.29
Tyson Chick'n Quicks	4 Varieties, 12-oz. Pkg. ea.	$2.69
Reser's El Toro Corn Tortillas	14-oz. Size ea.	53¢
Mr. Turkey Canadian Bacon	or Pastrami Chunks 1 to 3-lb. Avg. lb.	$2.39
Domsea Salmon Trout	Farm Raised, Frozen, 22-oz. Avg. lb.	$1.59

Extra Values

Shasta Canned Pop
Assorted Flavors
6 Pk., 12-oz.
$1.39



Gold-n-Soft Margarine
1-lb. Tub
69¢



Heinz Keg-O-Ketchup	32-oz.	$1.29
Nalley Imitation Mayonnaise	32-oz.	$1.19
Big G Cereals	Cocoa Puffs, 13-oz.; or Lucky Charms, 14-oz.	$1.69
Ballard Biscuits	Buttermilk or Sweet Milk, 7.5-oz.	4 for $1
B & M Baked Beans	28-oz.	99¢
Kerr or Ball Wide Mouth Quart Jars	12 Count	$5.89
Western Family Charcoal Briquets	10-lb. Bag	$1.99
Kleenex Boutique Facial Tissue	Prints or Assorted Colors, 125 Ct.	79¢
MD Bathroom Tissue	White or Assorted Colors, 2-Ply, 4-Roll Pkg.	99¢
Ocean Spray Cranberry Juice Cocktail	32-oz.	$1.19
Yuban Coffee	Regular or Drip, 3-lb.	$8.29
Nabisco Snack Crackers	Assorted Varieties, 8 to 10-oz.	$1.15
9 Lives Dry Cat Food	Liver and Chicken, 3.5-lb.	$2.39
Pampers Toddler Diapers	12 Count	$2.39

Dairy-Deli



Darigold Butter
Quarters, 1-lb. Pkg.
$1.79

Chilled Orange Juice	Minute Maid, 100% Florida Orange Juice, 32-oz.	89¢
Darigold Buttermilk	Quart	47¢

Frozen Foods



Cookin' Bag Entrees
Banquet, Assorted Varieties, 4 to 5-oz.
39¢

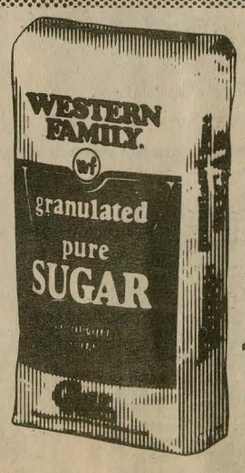
Fried Miniature Clams	Blue Surf, 5-oz.	49¢
Eggo Waffles	11-oz.	79¢
Lemonade	Regular or Pink, or Limeade, Minute Maid, 12-oz.	67¢

Discount Non-Foods



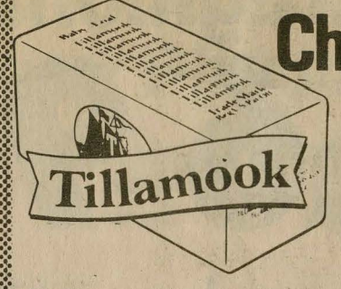
Freezer Containers
Pint, 1½ Pint or Quart
79¢

7-Jar Canner
Get Set for the Canning Season
$8.99



Western Family Granulated Sugar
10-lb. Bag
$2.99

Tillamook Medium Cheddar Cheese



2-lb. Baby Loaf
$3.99

Tyson Ozark Fried Chicken



2-lb.
$2.09

Nalley Potato Chips



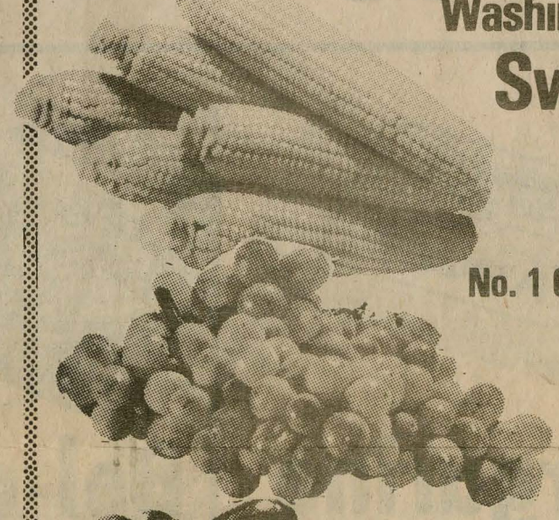
Regular, Dippers or Barbecue, 10-oz.
99¢

Golden Grain Rice-A-Roni
Assorted Varieties



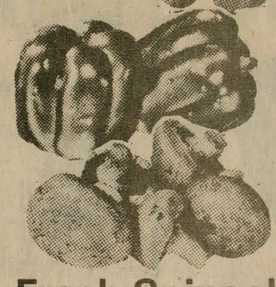
6.25 to 8-oz., Your Choice
59¢

Produce



Washington Grown Sweet Corn
8 for $1

No. 1 Green Seedless Grapes
69¢ lb.



Green Peppers
Yakima Valley, Stuffing Size
6 for $1

Mushrooms
Fresh, 8-oz. Cup ea.
89¢

Fresh Spinach	Washington Grown Bun.	49¢
White Shafter Potatoes	from California	3 lbs. $1
Marie's Dressing	Ranch or 1000 Island, 12-oz. Jar ea.	$1.29
Bartlett Pears	Washington Grown	3 lbs. $1
Green Cucumbers	Salad Favorite ea.	3 for $1
Casaba Melons	Sweet and Flavorful lb.	29¢

In-Store Bakery Features at Promenade 23 Thriftway Only

Date Nut Hermit Cookies Dozen
$1.49

Dinner Rolls	Dozen	$1.29
Chocolate Chip Cookies	Dozen	$1.49

Van de Kamp Bakery at Roger's Thriftway Only

Van de Kamp's dutch bakery home owned

Bakery Prices Effective Aug. 23-Aug. 29, 1982

Sliced French Bread	16-oz., Reg. 99¢	69¢
Wheat Bread	Small Loaf, 16-oz., Reg. 93¢	69¢
Gold Nuggets	15 Count, Reg. $1.49	$1.19
Powdered Sugar Donuts	8 Count, Reg. $1.55	$1.19
Bear Claw Coffee Cake	9-oz., Reg. $2.17	$1.49
Blueberry Cream Cheese Coffee Cake	18-oz., Reg. $2.19	$1.89
Butter Ring Bar Cake	14-oz., Reg. $2.69	$1.99

Quick Quality

Fast Professional Photo Finishing
C-41 Process Only. 110-126-135-Disc Film. We Use Kodak Paper

Reprints from Negatives	Reg. 25¢ ea.	5 for $1
Reprints from Slides	Reg. 59¢ ea.	3 for 99¢

At Participating Thriftway Stores Only

MEMBER ASSOCIATED GROCERS

THRIFTWAY

Promenade 23
• 23rd and Jackson
Mon.-Sat. 9 a.m.-10 p.m.
Sunday 10 a.m.-8 p.m.

MEMBER ASSOCIATED GROCERS

ROGER'S THRIFTWAY

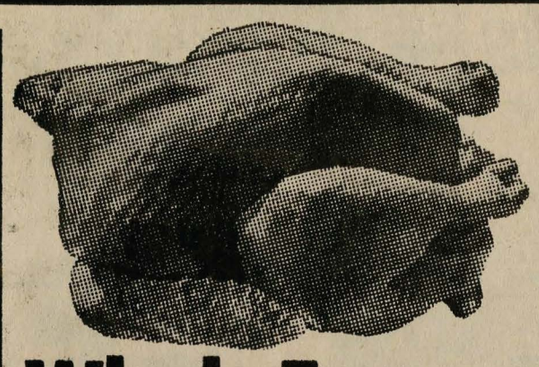
• 1126 Empire Way
(Empire at Union)
Mon.-Sat. 9 a.m.-9 p.m.
Sunday 10 a.m.-8 p.m.

COPYRIGHT (C) 1982 ASSOCIATED GROCERS, INC., SEATTLE

Guaranteed Quality

BIG FOUR DAY SALE

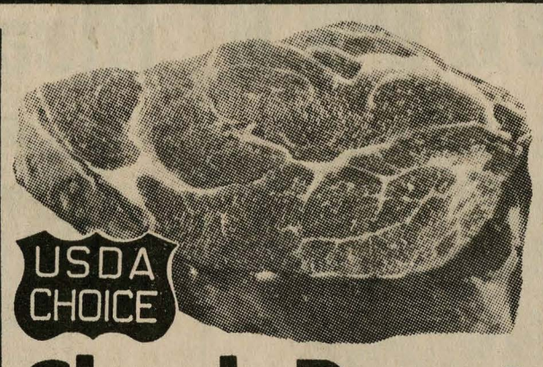
Prices effective thru Saturday, August 28th Only.



Whole Fryers

Fresh Southern Grade A

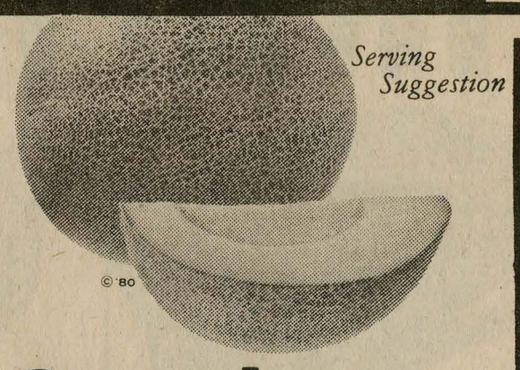
lb. **49¢**



Chuck Roast

BONELESS U.S.D.A Choice Beef

lb. **$1.59**

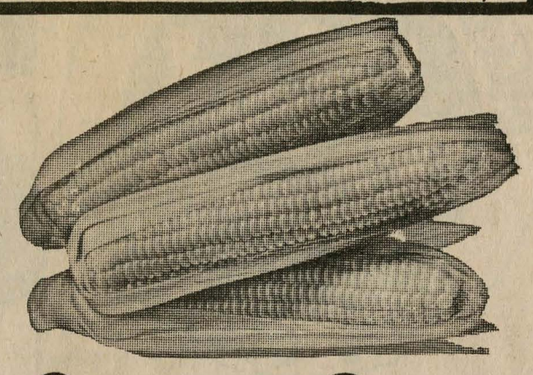


Serving Suggestion

Cantaloupe

Fresh, Sweet Ready to Eat

Each **39¢**



Sweet Corn

Locally Grown NO LIMIT

10 Ears $1

Beef Stew Meat		lb.	$1.79
Cross Rib Roast	Boneless, U.S.D.A. Choice	lb.	$1.99
Pork Rib Chops	From 14 to 17-lb. Loins	lb.	$1.99
Spareribs	Country Style Pork	lb.	$1.99

Safeway Franks		12-oz. Pkg.	$1.19
Cooked Ham	HYGRADE	4-oz. Pkg.	99¢
White Fish	(Orange Roughy) Frozen, Fillets, New Zealand	lb.	$2.39
Fish Sticks	Capt. Choice Frozen	8-oz. Pkg.	99¢

Seedless Grapes	(Also, Black Grapes) Red or White	lb.	79¢
Russet Potatoes	New No. 1	5 lb. Bag	98¢
No. 1 Bananas	A Natural Snack	3 lbs.	$1
Green Peppers	Ex. Large	5 For	$1

Ruby Grapefruit	Breakfast Treat	3 For	$1
Roasted Peanuts	Salted or Regular	1.5-lb. Bag	$1.69
Danish Squash	Large Size	4 For	$1
Watermelon	Whole Red & ripe	Each	$1.59

Turkey Ham

LONGMONT Whole or Half

lb. **$1.49**

Lean Ground Beef

Any Size Package

lb. **$1.59**

Peaches

Ex. Fancy NO LIMIT

26-lb. Box **$7.98**

Pears

Bartlett Ex. Fancy

28-lb. Box **$5.98**

Tomatoes

Yakima

16-lb. Flat **$4.89**



Margarine

Scotch Buy Cube

SUPER SAVER 1-lb. Pkg. **39¢**



Bel-air Pizza

Frozen

SUPER SAVER 13-oz. Pkg. **89¢**



Cragmont Pop

SUPER SAVER **6** 12-oz. Cans **99¢**



Ice Cream

Snow Star Assorted

SUPER SAVER Half Gal. Carton **$1.29**

Five Alive	Snow Crop Chilled	64-oz. Carton	$1.71
Cube Butter	DARIGOLD	1-lb. Pkg.	$1.95
Velveeta Slices	KRAFT	16-oz. Pkg.	$2.29
Light Spread	KRAFT Parkay	2-lb. Tub	$1.35
Lucerne Cottage Cheese	Sm. or Lg. Curd Also, Low Fat	1-lb. Ctn.	69¢

Pillsbury Plus **Layer Cake Mixes**

SUPER SAVER 18.5-oz. Box **79¢**

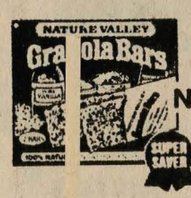
QUAKER **Cap'n Crunch** Cereal

SUPER SAVER 16-oz. Box **$1.85**

Tasty Nuggets **Safeway Dog Food**

Dry 50-lb. Bag **$10.99** SUPER SAVER

Orange Juice	Bel-air Frozen	12-oz. Can	99¢
Orange Drink	Scotch Buy Frozen	12-oz. Can	65¢
Ice Cream	Sandwich Lucerne	Pkg. of 6 3-oz. Bars	$1.19
Hawaiian Bread	KING'S Frozen	16-oz. Loaf	$1.49
Apple Juice	MINUTE MAID Frozen	12-oz. Can	95¢



Granola Bars

NATURE VALLEY

10-oz. Pkg. **$1.59**

Dog Food

SUPER SAVER BLUE MTN. Natural or Cat

3 14.75-oz. Cans **$1**

Bathroom Tissue

SUPER SAVER Scotch Buy . . . . . 6 Rolls Pkg. of **$1.09**



Drink Mixes

Cragmont Pre-Sweetened

SUPER SAVER 26.5-oz. Can **$1.79**



C & H Sugar

Pure Cane

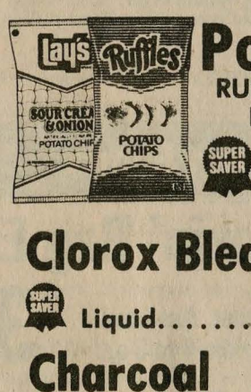
SUPER SAVER 10-lb. Bag **$2.99**



Yuban Coffee

Regular or Drip

SUPER SAVER 3-lb. Can **$7.49**



Potato Chips

RUFFLES or LAY'S

SUPER SAVER 8-oz. Pkg. **$1.09**

Clorox Bleach

SUPER SAVER Liquid . . . . . Gallon Jug **99¢**

Charcoal

SUPER SAVER Scotch Buy . . . . . 10-lb. Bag **$1.99**



Coca Cola or DIET COKE

TAB, SPRITE or S.F. SPRITE

SUPER SAVER 2-L Bottle **99¢**

Pork & Beans	Town House	30-oz. Can	69¢
Baked Beans	B & M	28-oz. Can	$1.13
Lipton Tea Bags		Pkg. of 100	$2.29
Clorox Pre-wash		16-oz. Pump Bottle	$1.49
Clorox 2	Dry Bleach	40-oz. Box	$1.49

VARIETY DEPARTMENT

Jhirmack	Shampoo or Conditioner	8-oz. Bottle	$2.29
Sure	Anti-Perspirant (2.5-oz. Roll-on, 4-oz. Aerosol or 2-oz. Solid)	Each	$1.99
Aim Toothpaste		4.6-oz. Tube	99¢
Raid Yard Guard	Insect Fogger	16-oz. Can	$3.19

WINE AND BEER

Andre'	Pink or White Champagne Cold Duck or Sparkling Burgundy	750-ML Bottle	$2.99
Franzia	Pink or Golden Chablis or Rheinflur	1.5-L Bottle	$2.99
Budweiser Beer	Light	12 12-oz. Cans	$4.99
Schlitz Beer		12 12-oz. Cans	$4.15

Nice 'N Soft	ZEE Bath Tissue	Pkg. of 4 Rolls	99¢
Mayonnaise	NALLEY Imitation	32-oz. Jar	$1.25
Dill Pickles	NALLEY Banquet	46-oz. Jar	$1.49
Kitchen Bags	Safeway Tall	Pkg. of 15	99¢
Soy Sauce	KIKKOMAN	10-oz. Bottle	$1.05

SAFEWAY BAKED GOODS

Giant Buns	Hamburger Mrs. Wright's	Pkg. of 6	79¢
French Bread	Sliced Mrs. Wright's	16-oz. Loaf	59¢

PRICES EFFECTIVE AT THESE SEATTLE AREA SAFEWAYS

RAINIER BEACH—GENESEE— HOLLY PARK

BROADWAY— 1401 EAST JOHN

Prices effective Wednesday, August 25th thru Saturday, August 28, 1982.
Sales in retail quantities only.

SAFEWAY