

## Appreciation Of Mother Doris Tate First Lady of Rosehill Missionary Baptist Church



You are invited to come and help us celebrate this Woman of God. Our guest speaker will be Bishop Lois Sharpe of Seed of Abraham Pentecostal Church and to her guest churches in the community!

Come with praise in your heart and your shouting shoes on and Don't forget to WEAR YOUR MRS. TATE'S FASHIONS!

Sunday, May 25th, 2014

Time: 3:00 PM

Place: Rosehill Missionary Baptist Church  
7550 Martin Luther King Way S., Seattle, WA 98118  
Dinner will be served from 1:30 pm to 2:30 pm.

The colors for the evening will be pink, black and silver! Mother Tate's children will have Mrs. Tate's Fashions for sale. Her children will be setting the prices; you are sure to get a good deal!

If you have any further questions, please contact Sis. Wanda Peterson at (206) 763-5055



### GROWING GREATER BY DONNA BAILEY

I send you peace, love and light! I've had to check myself during the past few weeks about my mess. I became disappointed in myself as I let my mind (ingrained thoughts & beliefs) & its associated emotions (anger, animosity) control my interactions with others. As with many, I am an individual who does not forget the racist & discriminatory history of this nation. With that being said, I've

allowed my mind/thoughts to consume me in certain situations (to the point of becoming physically sick); one being the interference/involvement of people from certain groups in things that we, as a people, have established/built out of great necessity & exclusion. What I share here in no way means my (our) feelings are unjustified, it just means that I choose to no longer live in turmoil with myself, about things I have no control over. It means that I choose to be kind rather than right; to be in peace with myself. Being consumed by negative thoughts; mind/ego, is what supports counterproductive/pointless living... just look in the mirror & around you; notice how thoughts/actions have negatively impacted our life situations & our relationships with others; even our children. Know that the key is to refocus our attention on inner body energy; just be still/quiet for 5 mins a day & you'll begin to notice it all; this is the great source of calmness, lasting peace & joy. "We have to get out of our minds, before we go out of our minds" © 2014 Donna Bailey, MBA; aspiring writer, poet & artist. To learn more about leading a spiritual (not religious) and self-aware life contact her at [dlbaileysgrowinggreater@gmail.com](mailto:dlbaileysgrowinggreater@gmail.com). Or visit [www.flickersnframes.com](http://www.flickersnframes.com) to see her beautiful products.

## Rainier Beach celebrates strengths and explores challenges through art and music

SEATTLE – The public is invited to "The Gathering," an interactive event to creatively explore the stories of the Rainier Beach community and identify collective and individual steps to address the negative perceptions of the community and reduce youth violence. "The Gathering" will take place on Saturday, May 31 from 1:30 to 5:00 p.m. at Southshore K-8 School (4800 S Henderson St.). Community members will experience the stories of more than 120 local residents through art, video and photography exhibits, audio recordings, and live storytelling. "The Gathering" is a result of a unique partnership between Breaking the Pane, a United Story project, and Rainier Beach: A Beautiful Safe Place for Youth. For one week in April, Breaking the Pane engaged South Seattle community members through storytelling to explore themes of community identity and perceptions. Rainier Beach: A Beautiful Safe Place for Youth is an innovative, community-led initiative to address youth violence in the Rainier Beach neighborhood through non-arrest approaches.

"The Gathering" will mark the start of a 21-day challenge designed to address themes that emerged through the storytelling process and kicks-off the implementation phase of the Rainier Beach: A Beautiful Safe Place for Youth initiative.

Cambrie Nelson, United Story Coordinator, says "Breaking the Pane is an opportunity for Rainier Beach to engage and assert the reality of our community beyond the perceptions some may hold about it. United Story believes that our experiences and stories are the key resource we need to create actions that break the cycle of negative perceptions and unlocks the power of our vibrant community."

Barb Biondo, project coordinator for the Rainier Beach: A Beautiful Safe Place for Youth initiative commented that Breaking the Pane has been an integral part of getting youth perspectives on how to prevent youth violence. "Breaking the Pane will foster positive relations between youth and the community, which are critical to creating a safe place to where youth can grow and thrive."

The event will include performances by a premier Seattle DJ, a community hip-hop artist Mike Day, and a special guest appearance. The event will culminate with food and recognition of the community volunteers.

## A Community Conversation on Housing and Homelessness

"What housing services are available for people experiencing homelessness? And will more housing be developed anytime soon? We keep seeing people who are experiencing homelessness in our communities, and wonder what is being done? And where is the religious community?"

Well, it's time to set the record straight. People of faith, whether affiliated with a religious congregation, or not, want to speak up. To tell our stories of how we are already engaged in providing housing, or developing new housing opportunities, or advocating for housing policies that are more fair and just.

One-hundred people of faith will gather on Saturday, May 31st at University of Puget Sound and we will learn from one another on new funding initiatives, new housing projects like Catholic Community Services' New Nativity House and Habitat for Humanity's The Woods, and new housing program ideas like tiny houses (<http://tinyhouseblog.com/>). And we will talk with one another about our own ideas, and our own hopes for our community.

Associated Ministries is sponsoring the gathering as its 3rd Annual Conference, but instead of people talking at the audience, the audience will be talking with one another, learning more about the issue of, and building sustainable relationships that will lead to action to address housing and homelessness. Come join us by registering today: <http://associatedministries.org> or calling Michele: 253-426-1507.

## Rose of Sharon Pentecostal Temple

4103 Rainier Ave. South  
Seattle, WA 98118

What's happening at the Rose of Sharon?

When? May 26 thru June 1st. The Pentecostal Festival Will get on the way, come one and all wear some good shouting shoes, going to be hand clapping and foot stumping, good old fashion down home singing and preaching. Mark the date, whatever you do don't miss it.

Bishop Dr. A.L. Hardy, Pastor

## ARE YOU SAVED?

### A HOUSE DIVIDED AGAINST ITSELF CANNOT STAND

How can a body be divided into several pieces and still function as a whole? For the body is one and has many members and one head. Each member has a different function. Christ is the head and we are the members, right? What use is a body if it has been chopped into pieces? Denominations equal division! "Now, I beseech you, brethren, mark those which cause divisions and offences contrary to the doctrine which ye have learned: and avoid them" (Rom 16:17) Where there is unity God commands the blessing (Psalms 133:3) There are Laws and Order in the Kingdom of The Most High! His plans and not man's shall stand! MANY PASTORS HAVE BUILT THEIR OWN KINGDOMS and the people are operating OUT OF ORDER! THEY HAVE MADE MERCHANDISE OF YOU! There is only one true church ARE YOU A MEMBER?

Kingdombyforce66@gmail.com



## BE WELL WITH GAIL

People don't begin smoking with thoughts of getting cancer. It starts out as a grown-up thing, to be cool with friends and a new experience. The problem is that it's a dangerous health hazard, highly addictive and a habit that's hard to break. Did you know there are 600 ingredients in a cigarette. When you light it this releases 7,000 more chemicals in your body which includes 69 chemicals that cause cancer. Go to [www.lung.org](http://www.lung.org) American Lung Association and see a list of chemicals. Read more on that website to be educated. Second-hand smoke is just as dangerous to non-smokers. Take action and quit now..... that's the cool thing to do.

Send questions by mail to: Wellness at P.O. Box 22195, Seattle, WA 98122 or Email: [envision2bwell@yahoo.com](mailto:envision2bwell@yahoo.com).

Disclaimer: I'm not a licensed doctor trained to treat, diagnose or provide medical advice.

Gail

Holistic Wellness Educator



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TOUCHDOWN ENTERPRISES PRESENTS

# JOKES AND JAZZ BRUNCH

JUSTIN HAYES FRANK BROWN

FEATURING

## MICHAEL POWERS "LIVE"

NATIONAL COMEDIAN JUSTIN HAYES  
COMEDIAN FRANK BROWN

SATURDAY - MAY 31, 2014 - 11 AM  
BETHLEHEM BAPTIST CHURCH FAMILY LIFE CENTER  
4818 PORTLAND AVE. - TACOMA, WA 98404

FULL BRUNCH & SHOW  
\$20.00

DOOR PRIZES - VENDORS - AND MORE  
FOR MORE INFO CONTACT TRACIE DAVIS - 253.241.8644