



100 ans au service du Canada ★ 100 years of service to Canada



THE ROYAL MONTREAL REGIMENT

BATTLE HONOURS — HONNEURS DE BATAILLE

FIRST WORLD WAR — PREMIÈRE GUERRE MONDIALE

† Ypres	Thiepval	† Passchendaele
Gravenstafel	Crête d'Ancre	† Amiens
† Saint-Julien	Arras	† Drocourt-Quéant
† Festubert	† Vimy	Ligne Hindenburg
† Mont-Sorrel	Arleux	† Canal du Nord
† Somme	Scarpe	Poursuite vers Mons
Pozières	† Côte 70	France et Flandres

SECOND WORLD WAR — DEUXIÈME GUERRE MONDIALE

† Calais	† L'Escaut	† Canal Léopold	† Nord-Ouest de l'Europe
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HONORARY DISTINCTION — DISTINCTION HONORIFIQUE

The Second World War badge of the Canadian Armoured Corps borne on the regimental Colour and appointments, for service with that arm. — L'insigne de la Seconde Guerre mondiale du « Canadian Armoured Corps » est inscrit sur le drapeau consacré régimentaire et les insignes du Régiment en raison du service avec cette arme.

† These battle honours are on the regimental Colour.



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† Ces honneurs de bataille figurent sur le drapeau consacré régimentaire.



**HONORARY
COLONEL
HONORAIRE**
COLONEL ANDREW MOLSON



**HONORARY
LIEUTENANT-COLONEL
HONORAIRE**
LIEUTENANT-COLONEL COLIN ROBINSON, C.D.



**COMMANDING OFFICER
COMMANDANT**
LIEUTENANT-COLONEL PAUL LANGLAIS, C.S.M., C.D., ADC



**REGIMENTAL SERGEANT-MAJOR
SERGENT-MAJOR RÉGIMENTAIRE**
CHIEF-WARRANT OFFICER — ADJUDANT-CHEF WILLIAM CRAWFORD, C.D.



**AFFILIATED REGIMENT
RÉGIMENT AFFILIÉ**
THE YORKSHIRE REGIMENT



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Sommaire - Vol. 4, N° 1 - Mai 2014

Mot du commandant.....	4
Mot du Sergent-major régimentaire....	6
RMR Foundation.....	7
News from Cadets.....	13
EX BUSH WALKER.....	18
March & Shoot Competition 2014	19
The Extended Family.....	20
The importance of realism.....	22
My experience in Afghanistan.....	24
The Canadian War Museum	26
We Shall Remember Them.....	27
Médailles, éloges et promotions.....	30
RMR Museum : The year in review	33
Exercise Polar Strike 2014	34
Considérons la sécurité	35
Lest we forget.....	36



**Honour Duty Loyalty
Integrity Courage**

**Honneur Devoir Loyauté
Intégrité Courage**



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Mot du Commandant Commanding Officer's Address

*Par le Lieutenant-colonel
Paul Langlais, C.S.M., C.D., ADC*

Chers membres du RMR,

Au cours de la dernière année, notre Régiment s'est encore fort bien illustré. Grâce à vous, nous avons pleinement atteint nos objectifs de recrutement. De plus, depuis septembre dernier, nous sommes passés de 145 à 161 membres actifs. Une progression constante car lorsque j'ai pris le commandement en juillet 2011, nous avions 126 membres actifs.

Au niveau de l'entraînement individuel, là aussi nous faisons très bonne figure puisque plus de 10 de nos membres se sont qualifiés sur des cours de leadership. Par le fait même, nous avons aujourd'hui 3 nouveaux caporaux-chefs, 2 nouveaux sergents et un adjudant-maître de plus à l'unité. À cela, s'ajoute l'équipe d'officiers composée de 26 membres.

À l'égard de l'entraînement collectif, là encore, nous avons dépassé les attentes de nos quartiers généraux supérieurs quant à notre participation aux exercices du GPE, POLAR STRIKE et de NOBLE GUERRIER. Grâce entre autres au professionnalisme des membres de notre compagnie opérationnelle, nous avons démontré notre grande expertise en matière de « bush lanes » lors de la conduite de l'EX BUSH WALKER à Valcartier l'automne dernier.

Et que dire aussi des succès obtenus par les membres de notre famille régimentaire. Tout d'abord, notre lieutenant-colonel honoraire a été nommé légionnaire de l'année. L'Association du RMR (Branche 14 de la Légion Royale canadienne) s'est quant à elle illustrée par son excellente campagne du coquelicot et par le lancement d'une nouvelle bourse d'étude et nos trois corps de cadets affiliés ont connu une excellente année. Et je m'en voudrais de passer sous silence le dévouement de l'un de nos membres, le Capitaine Furholter. Pour en savoir plus, je vous invite à prendre connaissance de l'article « We Shall Remember Them ».

Comme vous le savez, il y a quelques semaines à peine, les Forces armées canadiennes ont officiellement descendu le drapeau canadien en Afghanistan, mettant officiellement fin à plus de douze années d'implication dans ce pays. Les Canadiens seront d'ailleurs

*By Lieutenant-Colonel
Paul Langlais, M.S.C., C.D., ADC*

Dear members of the RMR,

Over the past year, our Regiment has again shone. Thanks to your efforts, we have fully attained our recruitment objectives. In fact, since last September, our ranks increased from 145 to 161 active members. This demonstrates a constant growth, for when I assumed command in July of 2011, we were 126 active members strong.

We have also excelled with regards to individual training, and over 10 of our members have qualified on leadership courses. As a result, we count 3 new master corporals, 2 new sergeants, and a master warrant officer among us. In addition, our officer corps has grown to include 26 members.

In collective training, our remarkable participation on the GPE, POLAR STRIKE, and NOBLE GUERRIER exercises has again surpassed expectations. And thanks to the professionalism of the members of our operational company, we were able to display our expertise in bush lanes during EX BUSH WALKER in Valcartier last fall.

This is to say nothing of the successes enjoyed by our Regimental family. First of all, our Honorary Lieutenant-Colonel was named Legionnaire of the Year. The RMR Association (Branch 14 of the Royal Canadian Legion), meanwhile, conducted an outstanding poppy fundraising campaign and was able to create a new academic grant. Our three affiliated cadet corps also experienced an excellent year. And I would be remiss if I did not mention the admirable devotion of our very own Captain Furholter. To know more, I invite you to read the article "We Shall Remember Them."

As you know, only a few weeks ago, the Canadian Forces officially lowered and removed the Canadian flag in Afghanistan. This marked the end of over twelve years of Canadian involvement in that country. Canadians will now be invited to take part in the National Day of Honour on May 9th to pay their respects to our Fallen soldiers, to the sacrifices of the injured, and to the heavy burden borne by many Canadian families.

invités à prendre part à la Journée nationale de commémoration qui se tiendra le 9 mai prochain afin de rendre hommage à nos soldats disparus, et de souligner les sacrifices consentis par nos militaires blessés et le lourd fardeau que portent leurs familles.

Évidemment, la fin d'une telle mission signifie pour les Forces armées canadiennes une période de réajustement. Cela implique aussi une nouvelle posture financière pour laquelle plusieurs informations circulent. Pour ma part, j'ai reçu l'assurance de nos échelons supérieurs que le seuil minimum de 37,5 jours d'entraînement par année est toujours la norme et donc, il n'y a pas lieu de s'inquiéter.

Ce qui inquiète toutefois notre Chef d'état-major, le Général Lawson, ce sont les récentes allégations d'inconduite à caractère sexuel au sein des Forces canadiennes. Vous devez savoir que cette question est prise très au sérieux aux plus hauts niveaux, que de tels gestes répréhensibles ne seront jamais tolérés et que tous ont droit à un milieu de travail emprunt de respect, y compris au sein d'une unité comme la nôtre.

Évidemment, les succès de notre Régiment reposent sur l'atteinte de nos objectifs en matière d'entraînement individuel et d'entraînement collectif mais aussi sur le respect et l'application rigoureuse des normes en matière de discipline, de valeur et d'éthique, comme nous le rappelle le Général Lawson.

Mais voilà que la prochaine année d'entraînement comportera encore plus de défis que la précédente. Déjà, au cours des prochaines semaines, plus de 20 membres du Régiment iront sur des cours de leadership. Sans compter une trentaine de membres qui occuperont différentes tâches durant la période estivale. Une situation exceptionnelle pour le RMR.

Et que dire des activités reliées à notre 100^e anniversaire. Déjà une dizaine de membres du Régiment nous représenteront à la marche de Nimègue aux Pays-Bas en juillet. Et puis le 1^{er} novembre prochain, il y aura le grand bal qui marquera le lancement officiel de notre centième anniversaire. À cet effet, je vous invite à prendre connaissance des prochaines pages où il y a plus de quatre articles sur le sujet dont le calendrier des activités à venir.

Merci à tous pour votre professionnalisme et votre excellente implication au cours de la dernière année. Continuez à représenter fièrement le RMR et je vous souhaite un excellent été !

HONI SOIT QUI MAL Y PENSE !

The end of such a mission signals a period of adjustment for the Canadian Forces. Accordingly, new financial considerations have come to light, certain details of which are already being made public. For my part, I have received assurances from higher authorities that the minimum target of 37,5 training days per year is still in effect. There is therefore no cause for alarm in this respect.

However, our Chief of the Defense Staff, General Lawson, is very concerned over the recent allegations of sexual harassment in the Canadian Forces. Let me assure you that this issue is being taken very seriously at all higher levels. Such reprehensible actions will never be tolerated. All persons have the right to work in a respectful environment, and this includes of course a Unit such as our own.

The success of our Regiment may very well rest on our ability to attain our individual and collective training objectives. But, as General Lawson reminds us, it is also contingent on upholding the Canadian Forces' values of respect, ethics, and discipline.

With all this in mind, the upcoming year will prove even more challenging than the last. In the weeks to come, more than 20 of our members will depart for leadership courses. And this is to say nothing of the 30 or so members who will be deployed on various tasks this summer. These are exceptional numbers, and we are proud to see our members spread their wings.

I would also like to mention the activities unfolding for our Centennial anniversary. Already, 18 members of the Regiment are training to represent us at the Nijmegen March in the Netherlands this summer. And on the 1st of November 2014, there will be a Grand Ball marking the official launch of our Centennial Anniversary. I invite you to peruse the Centennial section of this edition of the Intercom, where you will find several articles providing further details and a calendar of events.

I thank you all for your professionalism and your superb dedication in the past year. I ask that you continue to proudly represent the RMR, and I wish you an excellent summer!

HONI SOIT QUI MAL Y PENSE!





Mot du Sergent-major régimentaire Regimental Sergeant-Major Address

*By CWO William Crawford, C.D.
Regimental Sergeant-Major*

Welcome to this edition of the Intercom, I would like to take this opportunity to talk about the future of the Regiment. The CAF is going through a series of changes with the close-out of the Afghanistan mission, fiscal challenges and a host of other issues that impact everyone from the Commanding Officer down to the private soldier within the RMR.

The experience gained in Afghanistan by members of the RMR is invaluable and has come at great expense to the CAF. We're now faced with the challenge of taking that experience and knowledge and ensuring it is passed on to the next generation of our Regiment. We also have to refocus our efforts towards basic war fighting skills as one of the reasons the CAF is regarded as a world class Military is our ability to adapt to the changing environments.

We are able to do this because we have a solid foundation based on being the best Infantry Soldiers we can be! So, I challenge you all to take advantage of the training you will participate in on Regimental Exercises and the major Brigade Exercises. The experience base that you will develop from those training events will be the foundation of the future, remember... today's soldiers are tomorrow's Leaders!

You have all no doubt heard of the budgetary cuts within the CAF, there have always been fiscal challenges within the military and that is not about to change. The important take away from this issue is that the Leadership of your Regiment and the Brigade is fully engaged in making sure that YOU, the soldiers still benefit from the quality of training you will participate in. Though the fiscal issue will drive some initiatives for the most part this will be transparent and will not affect the quality of training you participate in.

The final point that I would like to leave you with is the issue of mental health. Soldiers become soldiers for various reasons however one common point is our spirit to

be the best at what we do and to not show weakness. This is a warrior spirit that proves useful on the Battlefield but the reality is that injuries happen both physically and mentally. While we tend to heal our bodies in order to get back into the game we often neglect our minds. The message that I want you all to understand is that the Regiment fully supports not only taking care of your physical health but your mental health as well. There are multiple agencies and organizations available to help and support our members and everyone from the CO, DCO, Capt Adj, Padre or any other Leader within the Regiment can and will help you!

"An injury that is left untreated will only get worse".

I would like to thank you all for your commitment to the RMR and in the future we will no doubt face a host of challenges, at the end of the day every soldier lives for a good challenge!!

HONI SOIT QUI MAL Y PENSE!





Mot du Colonel Honoraire Honorary Colonel Address

By HCol Andrew Molson
Honorary Colonel
The Royal Montreal Regiment

So who is the RMR Foundation, precisely? Well, it is short form for "Fondation Royal Montreal Regiment Foundation" (reflecting our bilingual heritage) and was known for the past 90+ years (until 2013) as "WAMA" the Westmount Armoury Memorial Association.

Essentially it is a non-profit incorporated body, which has a clear mission statement to *"Serve the best interests of The Royal Montreal Regiment and accept such tasks designated by the Trustees to help any member body of the Regimental Family."*

Notable amongst its contributions over the years have been:

1. Raising the fund to build the RMR's Armoury in 1925 (yes, that's right - it was built with private funds, not by the Canadian government).
2. Securing a lease with Westmount for the land on which the RMR's Armoury rests (99 years at a buck a year, not too shabby a deal).
3. Purchasing the bulk of the furniture & fixtures within the present-day Armoury.
4. Funding all of the RMR's internal awards (Best Soldier, Most Improved Soldier, etc.) over the history of the Regiment.

5. Providing emergency financial assistance to deserving RMR soldiers, upon request of the CO.

6. Providing "seed money" or capital for RMR heritage projects such as the current Centennial history book being produced.

7. Most importantly, maintaining the Armoury as it was originally intended: A memorial to our RMR comrades who paid the supreme sacrifice.

In 2013 the Trustees voted unanimously to change the name to "Fondation Royal Montreal Regiment Foundation" (Fondation RMR Foundation for short) in order to make it more obvious to both those **donating to**, and those **benefiting from**, just precisely who the organization is.

The mission & mandate of the RMR Foundation remains unchanged:

1. Administer and act as custodian to all of the assets belonging to the Foundation for the benefit of this member bodies and/or of the RMR family.
2. Be responsible for and maintain those portions of the Westmount Armoury designated as memorials to the Fallen Comrades to The Royal Montreal Regiment (example: the plaque on the North of the parade square).
3. Provide assistance for the needs of The Royal Montreal Regiment family.
4. Advise on request, the Commanding Officer of The Royal Montreal Regiment or any of its affiliated units.

5. Promote the role of the Militia or Reserve Forces within the Canadian Armed Forces and the City of Westmount.

6. Lobby for the promotion of a more effective Canadian Defence Force with a strong Militia controlled by Reservists.

The RMR Foundation is a registered charitable organization and all financial contributions are gratefully accepted. Contributors will receive a tax receipt and every donation made online will have a receipt automatically emailed to the donor. Cheques are still gratefully received, and can be sent to:

RMR Foundation
C/O LCol (ret'd) T.M. Glickman, CD.
1751, rue Richardson
Suite 6.106
Montreal, QC H3K 1G6

The President of the Board is the RMR's Honorary Colonel and the Vice-President is the Honorary Lieutenant Colonel. Other Trustees are elected from time to time from nominations recommended by serving Trustees, and generally come from a solid RMR background. Throughout our Centennial Year, the RMR Foundation will be opening up membership and all who are interested in serving should contact the Vice-President at 727.robinson@gmail.com or 514-262-3310.

I look forward to meeting with you at the various Regimental social occasions during our Centennial year.

Honi Soit Qui Mal Y Pense

Examples of awards & trophies funded by the RMR Association





100 ans au service du Canada  100 years of service to Canada

By 2Lt J. Dobrosielski

In 1914, as the world's nations braced for one of the bloodiest conflicts of the modern era, Canadians across the country answered the call to arms. In Westmount, volunteers were brought together from three leading Montreal Militia units – two English and one French – to form the 14th Battalion. As unremarkable as it seems today, this was a radical idea in 1914. It would also prove to be exceptionally successful.

Upon reaching the battlefields of Europe, the 14th Battalion – which began calling itself “The Royal Montreal Regiment” – was quickly distinguished by the bold and courageous actions of its soldiers. It was awarded Battle Honours at Ypres in 1915 and '17, Festubert, Mount Sorrel, the Somme in 1916, Vimy in 1917 and '18, Passchendaele, and Amiens. By the war's end, the RMR had won more than 20 battle honours and participated in every major engagement of the First World War in which Canadian soldiers were involved.

Sadly, tremendous sacrifice was endured to earn these victories. The RMR left 1,192 dead in the fields of France & Flanders by

the time it crossed into Germany as the lead unit of the entire Canadian Corps. The RMR then proudly became the first regiment of the British Empire to ever be awarded its Colours on conquered soil.

When the guns blazed anew in Europe, The Royal Montreal Regiment was sent to fight once more. Again its soldiers shone, earning another set of Battle Honours at Calais in 1944, the Scheldt, Leopold Canal, and North-West Europe in 1944-45. More remarkably still, the RMR was presented with its second set of Colours, yet again on foreign soil.

Since that time, the RMR has become a Reserve unit contributing over 200 soldiers to a number of conflicts and military operations around the world, including Korea, Cyprus, former Yugoslavia, and Afghanistan. On the home front, the RMR has been involved in the Cuban Missile Crisis, the October Crisis, the Oka Crisis, and the 1998 Ice Storm. Recently, the RMR provided soldiers for security operations during the 2010 Winter Olympics in Vancouver and contributed to relief efforts during the floods of 2011 in the Montréalégie.

From November 2014 to November 2015, the RMR will celebrate the Centennial Anniversary of its storied past and commemorate a century of service to Canada. Beginning with a Centennial Ball, we will be hosting a year's worth of unique Anniversary events to which all are welcome.

We invite you to join us in celebrating the memorable place our Regiment and Armoury hold in Canada's military history at the Grand Opening of our Regimental Museum. You can also take part in one of our Parades as we exercise “Freedom of the City” in our affiliated municipalities, or during our annual visit to St. Mathias Church. We look forward to honouring our forefathers by trooping our Colours in Parliament. Even Canada Post will be joining in our celebrations by issuing a unique commemorative envelope featuring the RMR.

In all of these events and throughout our Centennial Year, we wish to renew the RMR's ties to its community and citizens. We warmly invite you to join us and share in the success of our Centennial Anniversary.

Honi Soit Qui Mal Y Pense

RMR Centennial Events and Activities

By 2Lt J. Dobrosielski

Valcartier Centennial March

To commemorate the 100th anniversary of CFB Valcartier on 19 June 2014, the RMR Nijmegen Marching team will join soldiers from all over 2nd Can Div to march the 30Km from the base to the port of Quebec – the same path that was marched by soldiers 100 years ago to board the ships for the Great War. The march will end with a combined navy-army commemorative ceremony aboard the HMCS IROQUOIS.

Nijmegen March

The Nijmegen March is a rigorous and prestigious event in which Canadians have participated since 1952. It was first established in 1909 by the Dutch monarchy as a means of promoting leadership, stamina, and teamwork within the Dutch Army. The March continued to grow over time, and today includes foreign militaries and up to 45,000 civilian participants. The event itself consists of marching 160Km over four days – roughly 40Km a day. Prior to the event the Marching teams will visit the Vimy memorial in France and the Groesbeek Canadian War Cemetery and Memorial in the Netherlands. The RMR will be sending a 10-man team (with an attached medic) from 11 to 21 July 2014. The team is already well into their collective training phase and, before all is said and done, will have marched almost 1000Km.

Centennial Golf Tournament

This summer, the RMR will be hosting a Golf Tournament to start getting the word out about our Centennial. We also hope that this will become an annual event in the future. So if you're not on course or on a tasking, be sure to come out with us and enjoy the sunshine. Whether you're a seasoned pro or a golfing recruit, good

times are guaranteed both on and off the greens.

Commemorative Envelope

We are pleased to announce that Canada Post will be launching a Commemorative Envelope this year to help us celebrate our Centennial Anniversary. This will be an historic moment for the RMR, and it will also help advertise our Centennial far and wide. Even if you're not fond of regular mail and prefer the convenience of electronic communications, you will want to pick up a copy of this envelope. Distribution is sure to be limited and, given the circumstances, very unique.

Regimental Indoctrination – History and Traditions

We've all been through basic training, and we all work at the RMR. But how much do you actually know about your Regiment? Who was our first CO, and RSM? When

did the name "The Royal Montreal Regiment" first appear? If we fought in the Great War, and our Armoury was built in 1925, what happened in the years between? Who, exactly, were "The Westmount Rifles"? And what does "Honi Soit Qui Mal Y Pense" mean, anyway? If you know the answers to these questions – without the help of Google – then you should apply for the position of Regimental Historian. But if some of these questions leave you scratching your head, let us suggest that you take part in the Regimental Indoctrination event, and learn something you didn't know about the History and Traditions of the RMR.

RMR MMHL Hockey Team Anniversary Uniform and Patch

Our MMHL Hockey Team is used to winning, and doing so in style. But for the Centennial year, we felt something special was in order. Hence, it is with great pleasure that we will be outfitting



the RMR MMHL Hockey Team with new Centennial jerseys. With a hundred years of excellence at (and on) their backs, first place is all but guaranteed. So be sure to make time in your schedule for Thursday nights and come out to cheer on the team as they play Canada's game.

Grand Centennial Ball

The RMR's Centennial ball will be held in the Regiment's Armoury on Saturday 1 November 2014 in order to officially launch our Centennial activities, celebrate 100 years of RMR achievements, commemorate our sacrifices, and to connect with our supporting communities. The Regiment's official birthday is the 2nd of November, and it will be marked appropriately when we raise our glasses at the stroke of midnight to celebrate the closing of one century of service and the dawning of another. All currently serving and former members, as well as friends of the Regiment, are encouraged to attend. Tickets will be on sale starting in June 2014 at www.royalmontréalregiment.com/centennial.

RMR Commemorative DEU Pin

Everyone likes to add something to their DEUs, so we're introducing a DEU Pin that will be worn by RMR members throughout the Centennial Year. Details of its design and wearing are still to come, but be advised – the DEU pin will not look good at all on CADPAT. If your CFs are still in the box (or if you don't have them yet), do yourself a favour and make sure that, when our Centennial begins, you can proudly pound the pavement in style with the rest of us.

Centennial Commemorative Coin

This coin will be intended for general distribution, and will be available to anyone who wants to take part in our Centennial. We hope that it will contribute to our fundraising efforts, but we are also certain that the coin will take on a value of its own given the historic circumstances of its issue. You will certainly want to get one (or more) as a souvenir.

Centennial Agenda

DATE	ACTIVITY
2014	
June 15	2CDSB Valcartier - 100th Anniversary March
July 11 to 21	Nijmegen March
August 23	Golf Tournament
September 1	Regimental Indoctrination History and Traditions
September 2	Launch of Commemorative Envelope
October 1	RMR MMHL Hockey Team Anniversary Uniform
OFFICIAL START OF CENTENNIAL CELEBRATIONS	
November 1	Grand Centennial Ball
	RMR Commemorative DEU pin
	Centennial Commemorative Coin
November 2	Regimental Anniversary – 100
November 7	Remembrance Day
	Freedom of the City Parade
November 8	Remembrance Day
	Freedom of the City Parade
November 11	Remembrance Day
December 13	Soldiers' Christmas Dinner
	Challenge Coin
	New Trophies
2015	
May 15	Change of Command
May 16	Church Parade
June/July 15	Trouping of the Colours on Parliament Hill
August 29	All Ranks' Ball
September	Grand Re-Inauguration of the Regimental Museum
October 11-12	Open House - Meet & Greet
November 2	Regimental Anniversary – 101st
November 7	Remembrance Day /
	Freedom of the City Parade
November	Dedication of Regimental Monument





Remembrance Day & Freedom of the City Parades

The Centennial Year will feature a large number of high-profile Parades. On our annual Remembrance Day celebrations, we will also be exercising our right to the Freedom of our affiliated Cities. From Montreal, Hampstead, Westmount, and Pointe-Claire, there will be a whirlwind of activity as we visit our communities to mark the Centennial of our Regiment and its place within them.

Soldier's Christmas Dinner, Trophies, and Challenge Coin

Although the annual Soldier's Christmas Dinner is not, strictly speaking, a Centennial event, this year it will feature a distinctly Centennial flavour. We will be unveiling a set of newly refurbished Regimental Trophies and presenting them to the deserving few. And since all of our serving members will be seated under one roof for the Christmas Dinner – a rare occasion in and of itself – we will also take the opportunity to distribute the Centennial Challenge Coin. Those who plan on missing this important day should beware... it might get a bit costly the next time you pay a visit to your Mess.

Change of Command and Church Parade

As mentioned, the Centennial Year will see the RMR taking the lead in a number

of important Parades. On the weekend of 15-16 May 2015, we will be out in force for the Change of Command Parade as we bid farewell to our current CO and RSM, and welcome the incoming Regimental Command Team. We will also be awarding the remainder of the newly refurbished Regimental Trophies. Equally momentous will be our annual pilgrimage to St. Mathias Church to pay our respects to our Colours, our forefathers, and our Fallen one hundred years after the founding of the RMR.

Trooping of the Colours on Parliament Hill

It is with great pride that we look forward to sending a contingent to Troop the RMR's Colours on Parliament Hill. A tradition of British and Commonwealth armies since the days of the British Empire, this time-honoured ceremony will not only help us to celebrate the history of our Regiment and to commemorate our Fallen – as it always does – but also to give our Centennial some very high-profile exposure. We welcome all and sundry to be there with us in the summer of 2015 when the RMR and its Colours will be on display in the nation's capitol.

All Ranks' Ball

In November of 2014, our Grand Centennial Ball will be held to mark the opening of the Centennial Year. But a less formal event has also been planned for

the start of the 2015-16 training year. The All Ranks' Ball will be an opportunity for members and friends of the RMR to get together in a semi-formal atmosphere and, quite simply, have a good time. Details are yet to be confirmed, but it will be scheduled near the end of the summer and before the official start of training to ensure that all friends and members, both former and serving, will be able to come out.

Grand Re-Inauguration of the Regimental Museum

Our Regimental Museum, which also doubles as our kit shop, is run by a pair of very dedicated gentlemen: Ron Zemancik and Nino Lambertucci. Over the years, they and their predecessors have been able to keep the RMR's history alive by safeguarding unique memorabilia from days past, including everything from notebooks and cap badges to machineguns and anti-tank weapons. To mark a Century of Regimental history, however, this remarkable collection will be expanded far beyond the room in which it is kept today. In the fall of 2015 we will proudly unveil the RMR's new Regimental Museum, which will incorporate most of the Parade Square, the balcony, and adjoining areas. With this new design, the Museum will augment the original purpose of our Armoury, which was built as a Monument to the RMR's Fallen. Our home will thus become a unique historical destination in the heart of Westmount, open for all to see.

We look forward to welcoming neighbours, friends, and first-time visitors at this auspicious event.

Open House – Meet & Greet

With the re-inauguration of the RMR Museum, we will be opening our doors to the public. But the Museum will only be one aspect of a larger Open House / Meet & Greet event lasting several days. From Montreal, Hampstead, Westmount, Pointe-Claire, and beyond, we look forward to hosting visitors from all of our affiliated cities and neighbouring communities as they re-acquaint themselves with

their Regiment. Our Messes will be open throughout the event and we look forward to sharing our love for the RMR, our passion for military service, and the pride with which we pursue our unique calling. Whether you wish to attend our information sessions to learn more about the Regiment's history and traditions, or whether you are just interested in seeing some of the unique military pieces from our Museum, we look forward to seeing you there.

Dedication of Regimental Monument

To mark the closing of our Centennial Year, we hope to erect a new Monument outside our Armoury. Scheduled to coincide with our Remembrance Day parades of 2015 and our Centennial's last Freedom of the City parade, the consecration of this Monument would serve as a fitting bookend to our celebrations. It would also help increase the RMR's visibility outside of its own walls while standing as a testament to our past, present, and future service to Canada. Nevertheless, due to the magnitude of this undertaking, it is as yet unconfirmed.



CC2806 : The year in review

*By Capt Sibyl Brooker
Commanding Officer
2806 RCACC Pointe-Claire (RMR)*

As we approach the end of another training year, we look back upon the activities and experiences that have enriched us and challenged us. CC2806 has had one of its busiest years ever. We participated in some completely new activities and fundraisers.

Back in October we were welcomed by Wal-Mart in Vaudreuil, where we did a bagging fundraiser. With the support of the terrific staff and customers, we had our most successful fundraiser ever. Those cadets (and officers) who participated were rewarded by a day of indoor paintball, a first for CC2806. In November we had our first CC2806 poker tournament fundraiser. Parent volunteers had to learn the fine art of poker tournament rules and regulations. They did such a fine job that we will be repeating the event later this fall – everyone is welcome. We held our annual non-perishable food drive in November, going door-to-door throughout Pointe-Claire.

Thanks to the generosity of Pointe-Claire residents, we managed to fill 24 boxes that we delivered to the West Island Mission in time for the Christmas holidays.

On a cultural note, we participated in a trip to Ottawa in December, where we toured the Diefenbunker and the Museum of Science and Technology. On April 12, 2014, we spent the day at the RMR, where our cadets received lectures on CF weapons safety and CBRN, from RMR personnel. We toured the RMR museum, where the cadets got to experience RMR history hands-on with many of the exhibits. We ate lunch in the Officers' Mess where the cadets got to appreciate the traditions and accomplishments of the Regiment. The cadets participated in a turkey shoot at the RMR SAT range, where the best and worst shot won a frozen turkey. Our thanks to all who participated in that important day of familiarization with our unit of affiliation.

This past training year, we tried several new sports activities. In December we had a day of indoor wall climbing and an aerial obstacle course. We went to Mont

Tremblant in February for a day of outdoor zip-lining and tubing. Our most unusual activity was a sports day of sumo soccer where participants wear an inflatable transparent plastic ball while battling for the soccer ball. It's quite a sight to behold, watching participants bounce and somersault off each other in their quest for the ball. Our regional cadet advisor, Capt Martin Bilodeau, participated with us. It was so much fun that this activity has been recommended by RCSU as an activity for cadet corps' sports days.

On March 15, after 5 months of hard work, the CC2806 shooting team won the silver medal at the zone championships. C/Sgt Kevin Doughty took the individual silver medal. Congratulations to all.

This summer we will send approximately 30 cadets to various summer courses at CSTCs Valcartier, Connaught and Argonaut. We wish to congratulate three of our senior cadets who have been chosen for staff positions, C/CWO Boisvert, C/Adjum Savaria and c/Sgt Li. Congratulations also to c/Sgt Jacob Morgan for his acceptance



CC2806 : THE YEAR IN REVIEW

on the Fullbore Marksman Phase I course at Connaught and to C/WO Elin Forsyth, who will be participating in the Army Cadet Exchange in Australia this summer.

We bade fond farewells to C/MWO Alexander Kearney, C/WO Alex Minh Hoang-Cao and C/WO Matthieu Hoang-Cao, who enrolled in the CF Reserves earlier in the training year. We thank them for their many years of loyal service to CC2806 and wish them all the best in their military careers. We also wish to thank SLt Jean-Luc Blanchard for his service to CC2806, who leaves us to return to his original unit, RCSCC 139 in Toronto, to OCdt Daniel Saenz, who will leave the CIC to concentrate on his studies at Concordia University, and to CI Aiden Forsyth, a former RSM, who leaves to pursue university studies out of province. It has been a privilege to have had all on you on our team.

Our training year will culminate with the presence of The Honourable Pierre Duchesne, Lieutenant Governor of Québec, as Reviewing Officer for our annual cadet review on May 31.

CC2806 wishes to thank the RMR for its generous support of our activities and program. RMR personnel have been involved in all of our field training exercises this past year, providing vehicles and expertise to enhance our program. Your



implication and encouragement are greatly appreciated and inspire our cadets with pride in their affiliation with the Regiment.

CC2806 wishes to acknowledge the generosity of the City of Pointe-Claire, whose support of our unit has spanned the past 47 years.

We look forward to the challenges and rewards of the coming training year.



On the CC2862 side

By CI Sebe Albert

The Royal Canadian Army Cadets has three main goals in order to fully develop youth within the cadet movement. The three objectives are leadership, community service and physical fitness. In order to achieve these objectives the RCACC 2862 RMR Westmount cadets have participated in many activities throughout the training year. Such as poppy sales, cleaning up the local park, rock-climbing, field training exercises, learning how to teach a course, basic first aid with CPR and missions tasking.

The cadets will experience 5 phases of training, green, red, silver, gold and master cadet. Green being the entry level where they learn basic drill, discipline, military terminology, the true meaning of team spirit and being a great follower. The saying goes... in order to be a great leader you have to be a great follower. By the last year of training in the master cadet level,

cadets are expected to be able to take on senior leadership roles, be able to plan group activities, do mission tasking's, be able to teach, motivate, lead and inspire junior cadets. The program is extremely rewarding to those who truly embark in the full challenge upon them.

Here is a recap of what we have been doing this year.

An honourable mention that the cadet core helped Branch 14 Legion in the poppy drive one full weekend.

The RMR regiment had a few seats for our cadets to visit the war museum and they had a great time.

Another worthy mention is the gold star expedition, they spent one day canoeing down rapids, the next day hiking up a mountain. What a humbling experience tipping a canoe in rapids. It builds character and toughens the skin!

The winter ex was a first for many cadets, for a few the first time leaving a city home!! They all came back safe and sound!

One worthy mention...The cadets agree the ration packs maple oatmeal sucks! Zapple sauce is in !!! Every thing tastes better with hot sauce!

Some off the wall adventures literally!!! Rock climbing and sky venture!!!

Finally the cadets shooting program has produced some good shots. We might be confident in challenging the RMR regiment next year to a shooting match!

Our final parade will be held 30 of May 2014 at the regiment. The cadets will have a chance to display all of the skills learned throughout the year. Some cadets will then prepare themselves for summer camps and venture in new stories to tell in the fall.



At the 1 West Montreal Squadron

By Capt Jean-Philippe Décarie
Commanding Officer

Since the last issue of The Intercom, 1 West Montreal Squadron has been both very busy and successful. Since the Squadron no longer regularly trains in the RMR Armoury, most members of the RMR might not be aware of our activities but we are still very glad to be able to count on the continued support and close relationship with the Regiment.

The Squadron will be celebrating its 75th anniversary in 2016 as Canada's first and oldest Air Cadet Squadron. We're looking forward to that important milestone but also to the many years ahead during which we will continue providing dynamic and meaningful activities to the local youth.

Increasing Numbers

Over the last year, the Squadron continued to attract more and more new cadets and now boasts an effective strength of over 90 members. This growth in number has been accompanied by an equivalent increase in the number of Senior Cadets and of Officers and volunteers who help train, supervise and mentor the junior cadets. These increased numbers have allowed us to continue to deliver a diversified training

program with a broad range of activities such as Drill Team, Biathlon, SCUBA diving, Fall and Winter Field Training Exercises (FTX), etc.

Citizenship and Community Service

One of the goals of the Cadet program is to create more involved citizens and our cadets rose to the challenge again this year: they volunteered with the NDG Food Depot to prepare and distribute 4136 donations bags for their annual food drive.

Our cadets also volunteered with Royal Canadian Legion Branch 24/106 to sell Poppies to support the Legion's activities and provided a Flag Party for Remembrance Day Ceremonies at both Royal West Academy and Place Kensington senior residence, thus honouring our Veterans and increasing their knowledge of Canada's military heritage.

Summer Training

This coming summer, over 30 of our cadets have been selected to attend various 2, 3, or 6 week courses or to be employed as Staff Cadets at various Cadet Training Centres (CSTC) across the country. The courses cover a wide range of subjects such as Aircrew Survival, Aviation and Aerospace Technology, Sports and Fitness, Drill and

Ceremonial etc. All the cadets attending courses will come back with increased skills and knowledge to share with their peers during local training.

As our training is highly focused on aviation, we are very happy that our cadets demonstrate a lot of interest for this subject: 2 of our cadets will attend the Glider Pilot Scholarship (GPS) and one the Power Pilot Scholarship (PPS) and will earn their pilots licence. This comes at the end of a very rigorous selection process involving supplemental advanced training and rigorous exams and interviews.

We will also be sending Warrant Officer 1st Class Bindman on an International Air Cadet Exchange (IACE) to Hong Kong to represent our Squadron and the Canadian Air Cadet program abroad. As only a handful of cadets are selected every year for an International Exchange, we are extremely proud of WO1 Bindman's achievement, which comes at the end of 7 years of involvement with the Squadron.

Sponsoring Committee

We are still looking to find new members for the Squadron Sponsoring Committee (SSC). The Sponsoring Committee is composed of members of the local community who help support



ROYAL CANADIAN AIR CADETS



the Squadron by handling finances, fundraising, recruiting and community relations. Members at large of the RMR Regimental Family are more than welcome to volunteer their time. For more information, contact the Chairperson at chairperson001@hotmail.ca.

73rd Annual Ceremonial Review

The 2013-2014 Training Year will end with our 73rd Annual Ceremonial Review on May 24th at the RMR Armoury. This will be the occasion for our cadets to showcase all the progress they've made to parents, friends, and members of the community at large. All are welcome to attend to support our cadets.

SECOND TO NONE



CADETS
CANADA

EX BUSH WALKER

By Cpl Nolan O'Flaberty

On 29 November 2013, "A" Company of The Royal Montreal Regiment deployed to CFB Valcartier to take part in Ex Bush Walker. During the field training exercise (FTX), members of the RMR conducted relays of scenarios with the end goal of increasing their responsiveness to enemy contact as well as their overall situational awareness.

Under the control of Captain Paul Delplace of the RMR, members engaged in single-man live fire bush lanes, and then followed up with live fire bush lanes performed in fire teams. Throughout the training exercise, troops followed lessons on MEDEVAC procedures, including 9-LINERS and MIST's as background activities.

After having completed several relays on each bush lane, members were given the opportunity to confirm the knowledge covered on the exercise in a final CASEVAC scenario. This final scenario covered all aspects that were instructed throughout

the FTX. Members were expected to actively engaging bush lane targets, retrieve a simulated wounded soldier and perform the proper radio procedure to report the incident, and then extract the wounded soldier while maintaining proper drills and a safe training environment.

The end state of the FTX was achieved with great success as soldiers were able to practice their drills in a safe environment

without any incidents. Ex Bush Walker was a great example of a value-added training exercise that effectively motivated troops to develop their individual soldiering skills. Despite the snow and cold weather, the members of the RMR displayed a high state of motivation and morale. Between training, troops participated in several group cohesion activities including a friendly game of touch football.



March & Shoot Competition 2014

*By Sgt Nguyen
Team Leader*

The training for the competition started early September 2013. We started with a unit wide selection in order to assess the candidates' physical conditioning. Many of them from Op Coy attended the trial, but due to the limitation, only a dozen were selected for the team.

Once the team was selected, we started the training. At that point, we did not know the date or the content of the competition. One thing that we knew for sure is that it will involve PWT level 3.

The training involved mostly FATS and general military knowledge. Before we broke off for the holidays, the whole team went hiking on Mont St-Hilaire. An activity that promoted team cohesion. I believed everyone appreciated the experience and it was a nice opportunity for the guys to know each other outside the unit.



After the Christmas break, we continued our training and the weekend before the competition, we spend a day on the range to practice PWT level 3. The next day, we practiced different stands that will be on the competition.

For this years' competition, all of the infantry units from the 34th CBG participated. Also the Fusiliers de Sherbrooke sent a team to represent their unit. Needless to say that the degree of competitiveness was very high. The

competition was held at CFB Farnham on the 22nd of March 2014.

We were the first team to step off. The competition's walking distance was a total of around 12 km of march. Along the itinerary, we needed to complete different stands like pulling an MSVS, military knowledge, setting up a 10-man tent and conduct a stretcher carry. We finished the competition with a PWT 3 shoot. For each missed round, one minute was added to our overall time.



At the end the day when all of the teams finished, the soldiers that represented 4 R22eR were declared as the winners. We finished 4th out of 8, however, the results did not reflect justly on how close the RMR were to winning the competition. Only 9 minutes separated us from the winner.

I would like to thank all the members of the team of their professionalism and their dedication. I would like also to thank the staff of Op Coy and the RMR family for their support. Even though we did not bring the cup to the RMR, I believe we took a step in the right direction for future projects. Moreover, the training have helped some the members of the team to develop their leadership. The experience they had gotten out of this will make them future leader of the RMR.

The Extended Family

*By Comrade Andrew Ross
Public Relations Officer
RMR Association (Branch 14 RCL)*

Sharing the message of Remembrance

As part of the Regiment's extended family, the RMR Association (Branch 14 Royal Canadian Legion) is very proud to work in the community on behalf of veterans and serving members of the Canadian Forces. That has translated into a number of very successful initiatives over the last several months.

The most important initiative within our Branch was the annual Poppy Drive, launched on October 25. It began with the official pinning of the first poppies with Marc Garneau, MP for Westmount-Ville-Marie, and the Mayor of Westmount, Peter Trent. The branch had kiosks at three key locations in Westmount - Alexis-Nihon Plaza, the Cinq Saisons, and Metro Grocery - and welcomed residents of all ages to honour the courage and sacrifice of the more than 117,000 men and women who paid the ultimate price in service to their country. The response was inspiring, and our volunteers were impressed with the generosity of donors in both money and spirit.



Poppy Drive launch, with MP Marc Garneau and Westmount Mayor Peter Trent (Credit: Westmount Independent/Martin C. Barry)

"Seeing people of all kinds come to our booths and tell us their stories of their loved ones who served in the military is one of the highlights that we experience each year," explained Cde. Sue Guerin, CD, 1st Vice President. "For our members, these stories are the best part of the poppy campaign, and continue to remind us how much support there is for veterans in the wider community."

The 2013 poppy campaign was a spectacular success, raising \$36,320. The funds will be used to charities selected by the branch membership and executive committee.

The Executive Committee wishes to express its gratitude to all members who volunteered in sharing the message of Remembrance in the lead-up to November 11. The Branch also would like to thank representatives from Canada Company, the Army Cadet Corps 2862, for their gracious assistance. Finally, our most sincere appreciation goes to the serving members of the RMR, without whom we would have been unable to keep our kiosks manned throughout the campaign. It is thanks to all of these dedicated volunteers that we can continue to share the message of remembrance within the community.

Lest we forget.

Legionnaire of the Year

It is also with great pride that we report special honours for someone within our own ranks. In May 2013, The Royal Canadian Legion Quebec Provincial Command named our comrade HLCol Colin Robinson, CD as 2012 Legionnaire of the Year. Nominated by the Branch 14 executive, HLCol Robinson was recognized for his dedication to veterans through his work not only with the Legion, but with Canada Company, a non-profit organization that build bridges between Canadian servicemen and women and the business community. Well deserved indeed!



Legionnaire of the Year HLCol Colin Robinson (centre), accompanied by Cde Trevor Holmes (left), and Br 14 President Cde Mike Fitzgerald.

New Bursary Program

The RMR Association (Br 14 RCL) is also very proud to launch a new bursary program specifically designed to help children, grandchildren or great-grandchildren of eligible branch members to pursue higher education.

This bursary is made possible by donations to Branch 14's annual Poppy Drive. Special thanks to our Bursary Committee - Cdes. Lech Kwasiborski, SC, CD, Thomas Stibernik, and Richard Sun - for their dedication to this important project. For more information and details on the new bursary, please email the Committee at Branch14RMR.Bursary@gmail.com.

14th and 22th Battalions – Ties that bind

*By Major George Siket
Deputy Commanding Officer*

Back in September 2013, the Regiment received an invitation to attend a Gala Dinner sponsored by the R22R in honour of the units that helped form the 22 battalion CEF. Of course, we graciously accepted the invitation, but had some doubts as to our exact role in forming the R22R.

The “Soirée hommage aux unités fondatrices du R22R” was held on Campus Fort St Jean on 17 October 2013 and was attended by an impressive array of members of the different regiments that contributed to the creation and sustainment of the R22R. The RMR showed up with a full table of 10 (which included our RSS members) and enjoyed a wonderful evening in the company of our brothers in arms. It was towards the middle of the evening, after supper that we learned of our contribution to the 22nd Battalion.

The master of ceremonies (MC) called upon the representatives of each contributing unit to accept a stained glass window displaying its regiment’s crest as a gift of appreciation from the R22R. The windows are scaled replicas of similar windows found in the R22R Memorial within the walls of the Citadelle in Quebec City. The CO, LCol Langlais graciously accepted the stained glass window and brought it back to the armoury where it will be displayed.

We noted from the speech given by the MC that the 14th battalion contributed many officers and men to the sustainment of the 22nd battalion during the Great War. The following was also recited by the MC: “Le 14^e bataillon a maintenu deux compagnies composées de Canadiens français lors de la 1^{re} Guerre. Des officiers issus du 14^e Bataillon, revenus au pays pendant la guerre, ont contribué à lever des bataillons, notamment le Lcol Hercule Barré (150^e), et le Lcol Henri



Le Sgt (ret) Albert Ganin (à gauche), le Brigadier-général Richard Giguère, le Major-général (ret) Alain Forand et l'Adjudant-chef Jean-Marc Godin présentent le vitrail du The Royal Montreal Regiment au Lieutenant-colonel Paul Langlais, Commandant de cette unité, lors de la soirée Gala reconnaissance des unités fondatrices du Royal 22^e Régiment (R22^eR), au Pavillon Dextrase du Collège militaire Royal de St-Jean, le 17 octobre 2013. Le vitrail est une reproduction du vitrail ornant le Mémorial de la citadelle de Québec. Photo: Cplc Simon Duchesne, QG 2e Div CA/FOI(Est)

Desrosiers (163^e). Ces derniers bataillons n'ont pas participé au conflit mais plusieurs de leurs membres ont rejoint les rangs du 22^e Bataillon.” If anyone is curious about Lcol Barré and Desrosiers, I will invite you to visit our museum and view some of their artifacts and personal belongings.

The ties between the R22R and the RMR have always been strong and with the recognition of our contribution to their battalion are the point of origin strengthens our bond. Since World War I the RMR has provided a great amount of support to the R22R on multiple peacekeeping missions as well as the war in Afghanistan. It is also important to note that many members of our regiment have crossed the line from the Primary Reserve to the Regular Force and have joined ranks with the R22R, most notably Maj Nicolas Guathier who is presently OC of A Coy (Para) 3R22R. At the time of writing, the RMR has five members on

EX RAFALE BLANCHE 14 serving with 2R22R. It is clear that our histories are intertwined and that our future bodes well for the health of each entity.

*Je me souviens
Honi soit qui mal y pense*



The importance of realism

By 2Lt Jan Dobrosielski
OCA Coy

In the early morning hours of the 2nd of January, 2013, the members of the Royal Montreal Regiment (RMR) deploying on *Exercise Noble Guerrier 13* gathered in the Royal Canadian Hussar's parade square along with the other units of the 34th and 35th Brigades participating in the Ex. This somewhat unpleasant step was necessary to provide the *Groupe Primaire d'Entraînement* (GPE) an opportunity to rehearse its own ability to deploy soldiers – in this case, to the US National Guard's Fort Pickett in Virginia. Once there, the soldiers of the RMR not tasked to other formations would constitute 3 Platoon, A Company during the week-long *Noble Guerrier* that serves as the culmination of the GPE training cycle.

As soon as our flight landed, we were hastily transported to Fort Pickett's Base Theater where we sat through a flurry of briefings. The next step was to get us situated in the commodious barracks, where we enjoyed hot meals and showers before our preparations for deployment into the field began in earnest. Over the next few days, we refreshed ourselves on the basics of close-quarter battle drills, Platoon hasty attacks, and prisoner/detainee handling techniques. In the meantime, our quartermasters and administrative staff did their best to meet the logistical requirements of our operational deployment.

After a few days of this garrison routine we moved into the field; in all, we would be out there for three days and two nights. The first day saw our Company pushing through enemy-held positions in a Company-level advance to contact. On the second day, we raided a group of enemy installations in an urban environment with the intent of capturing a high-value target. On the third and last day, the Company conducted a deliberate attack aimed at clearing the enemy from an entrenched

and well-defended position. The overall tactical scenario persisted throughout those three days; at night, for instance, we would move into Company hides to sleep in ten-man tents while soldiers manned observation posts and walked fire pickets. Commanders, for their part, huddled in their tents to discuss battle plans for the following day, and even the MSVS drivers sported cam paint and tactical vests since they, too, were part of the fight.

Much could be said about the events of the training scenarios during this Exercise; I will only relate that the training was first-rate, and that the soldiers of the RMR did justice to our reputation as a leading infantry unit in 34th Brigade. But where I think some interesting lessons can be learned, and consequently what I will focus on hereafter, was the excellent value of training provided by the WES equipment that was used by all participants throughout the Exercise.

While no training scenario can actually replicate the modern battlefield, the WES gear nonetheless provided a simulation that is incomparably superior to that afforded by blank ammunition. And while,

in CQB scenarios, debate exists as to the preferentiality of WES gear or *Simunition*, there is no doubt that across open spaces and Platoon-level distances laser-based technology can teach soldiers the hard lessons that blank ammunition and *Simunition*, due to its limited range, cannot.

Even the intimation of being “shot” at fuelled an adrenaline rush that motivated our soldiers to move to cover with urgency, take small bounds to minimize exposure to enemy fire, and to adopt proper fire positions engaging the enemy with maximum effectiveness. These kinds of fundamental soldier skills, which are taught in every lecture, stressed in every course, and detailed in every military pam, are simply neglected by the nonchalant and perhaps even irreverent character of training with blank ammunition. To those soldiers who have seen their fair share of training exercises and deployments, scenarios lacking the element of danger amount to little more than the rote execution of practiced movements, devoid of meaning and completely disconnected from the tactical reality dictated by the ground. Kneeling or prone, quick bounds or loping runs, aimed shots or not – such





infantry basics lose their relevance and become streamlined in the interests of economy of effort.

But this indifference applies not only to the degradation of soldier skills; it is unfortunately also present in other aspects of Platoon- and Company-level operations. With blank ammunition, there is little difference between fast and rapid rates of fire, except for the amount of smoke and noise being generated. Yet when WES gear is involved, the measured use of ammunition and fire becomes vital. The importance of using bursts of fire to cover movement becomes immediately apparent, and so is the very limited duration for which these bursts can be sustained if there is any ammunition to be left in reserve. Junior commanders, for their part, develop an appreciation of the actual manoeuvrability of a Platoon or Section, and for how long these elements can remain in the fight: too many elements moving in the open, requiring covering fire, translates into an unnecessary loss of firepower and combat

effectiveness. Similarly, one realizes the importance of preserving the impetus of an attack and not allowing the Platoon to stumble into a lull from which it might never recover, where meaningless exchanges of fire can rapidly deplete any chance of seeing the attack through to its end.

Moreover, this type of training drives home the crucial importance of machine guns. It is amply stressed in all levels of infantry tactics that machineguns (especially the C6 GPMG) are the lifeblood of the Platoon; but again, this doctrinal truth is simply not in evidence during training with blank ammunition. However, when casualties become a reality, *winning the firefight* takes on a new meaning as the primacy of manning the C6 and ensuring its proper operation is made obvious to all members of the Platoon.

A final lesson that the training of WES gear allowed us to take home was the vital role that each soldier has to play in the successful conduct of any battle. While it may seem

that one infanteer is no force to be reckoned with or that being tasked as a simple rifleman is a thankless and unimportant position, nothing could be farther from the truth. Again, although WES gear can only mimic an actual firefight, the reality of combat is that the Platoon's leadership can only do so much. In the end, the day is won by the motivation, dedication, and professionalism of individual soldiers and how well they apply their skills in battle. During our time in Virginia, soldiers learned that carelessness or laziness easily translated to high mortality rates, and watched with their own eyes as the combat effectiveness of friendly elements dwindled with each successive casualty. Even the difference between well-placed shots and effective fire was clear over the insincere habits promoted by training with blanks, driving home the point that a highly motivated, well-trained section will defeat a lazy, dysfunctional Platoon-sized element on almost every encounter.

In the end, these are the real lessons that I believe should be drawn from our experiences in Fort Pickett this winter. The value of training with a system that can actually simulate the battlefield – whether it is WES gear, MILES gear, *Simunition*, or even paintballs – is incomparably more beneficial than the use of blanks, which only encourages the development of exceedingly poor habits that threaten to become permanent and potentially lethal. The importance of infantry fundamentals, the use of fire and movement, and the value of ammunition and machineguns all become immediately apparent. More importantly still, soldiers learn never to underestimate the impact they exert as individuals. This understanding lies at the heart of every successful training endeavour, and it is a goal we should constantly be striving to reach.



www.fb.com/royalmontrealregiment

My experience in Afghanistan

By Capt Paul Delplace
A/Ops O

Lots of people who I talk to, both military and civilian are curious about what I actually did on tour. Most have at least a general knowledge of the previous mission in Kandahar, but weren't too clear on the new mission in Kabul, some not even knowing we had one! So what did I actually do on tour?

Firstly, I was a part of a large Canadian run, multi-national TAG, or Training Advisor Group attached to the Kabul Military Training Centre (KMTC), the central individual training institution for the Afghan National Army (ANA). This facility was responsible for the training of thousands of Afghan soldiers in areas as diverse as basic warrior training, Up-Armoured Humvee training, artillery training, computer training, as well as leadership and literacy training just to name a few. Just one basic warrior course could be as large as 1700 soldiers and the KMTC ran up to 5 of these simultaneously, not including the hundreds of soldiers on specialty and leadership courses. Already you can see the great management and operational challenges that inherently come from housing and training such a large

amount of soldiers. As part of the Training Advisory Team attached to the Special Skills Battalion (SSB) of the KMTC my mentoring team was responsible for supporting the ANA "bridmal" or NCO training, Up-Armoured Humvee training, computer training and literacy training, all while simultaneously supporting the headquarters of the SSB that oversaw and managed this training.

My primary mission, aside from being the TAT's 2IC, was the literacy and numeracy program. At first I didn't know what to make of that. For one, I would be advising an Afghan Colonel, his Lieutenant-Colonel, his RSM and support staff; and for the other I was thinking what can a young Canadian infantry captain do for the literacy program and a fully staffed organization of Afghan senior officers. As it turns out, aside from also mentoring the operations officer of the SSB and eventually assuming overall oversight of the entire SSB and the KMTC TAG's Training Officer (S7) portfolio at the end of the tour, the literacy and numeracy portfolio was actually the most engaging and rewarding of all my tasks.

Afghans are joining the army by the thousands, they are also leaving by the thousands but that's another issue entirely.



Sgt Cusson and Capt Delplace having a late afternoon Chai with Afghan literacy administrators as 1000 ANA soldiers march in for training.

air support, calculate a resupply, recognize written intelligence or even read or write reports and orders, you can see the problem. Literacy, a fundamental strategic military skill that acts as a powerful force multiplier that we in Canada and much of NATO take for granted.

At the KMTC up to 7000 soldiers were going through literacy training mixed in with their warrior training at any given time. Throughout my 8 months in country I would often be one of the busiest advisors in my TAT along with my security element Sgt Cusson. As we were the primary vision at the tactical level we were also the primary source of information at the strategic level, informing our ISAF colleagues downtown mentoring the Ministry of Defense on what was actually happening on the ground. It was actually pretty cool to be one of the primary tactical informers, making suggestions for courses of action that had strategic effects and were even discussed by US senators in the US Senate Arms Committee debates. Sgt Cusson and I went out on a daily basis, drinking chai with our Afghan counterparts, checking in on the progress of the program, listening to their challenges ranging from infrastructure to security to program management, and advising on appropriate courses of action.

The strategic reach of the program often had Sgt Cusson and I planning and leading Convoys from our bases in the Eastern



RMR Members based at ALAMO: Cpl Sheets, Sgt Lavigne, Capt Delplace, Sgt Cusson, Cpl Lescarbeau.



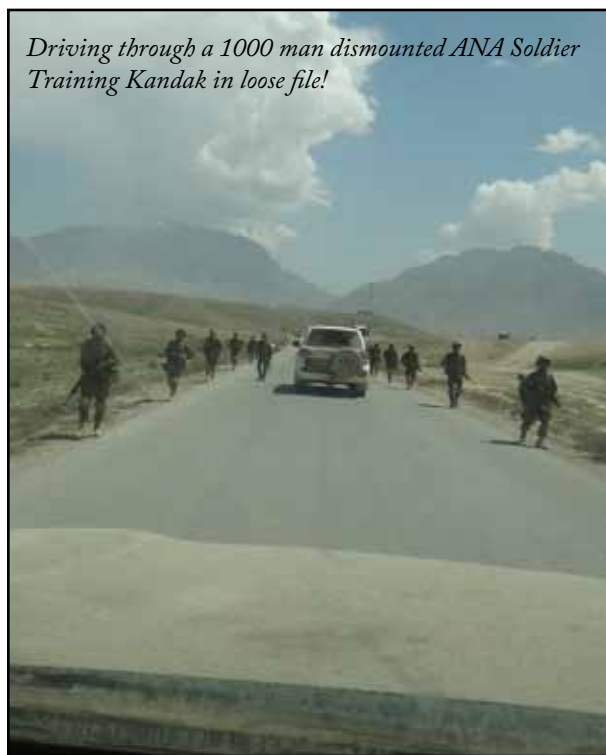
The SSB at it's height in Camp ALAMO, complete with Canadian and Romanian advisor/mentors and the CO KMTC TAG, 8 months later I would be the only one left.

outskirts of Kabul into the downtown core, often referred to as the "Green Zone", for meetings with Afghan ministry officials, contractors and other ISAF mentors. This lead to us being coined as the default convoy guys for our TAT which was one tactical planning element I enjoyed as it seemed a bit more attuned to my infantry specific skills rather than my general staff officer mentoring ones. Another great infantry specific tie-in was through the intrinsic link between literacy and the warrior training the Afghans were simultaneously receiving. We were thus able to collaborate with the

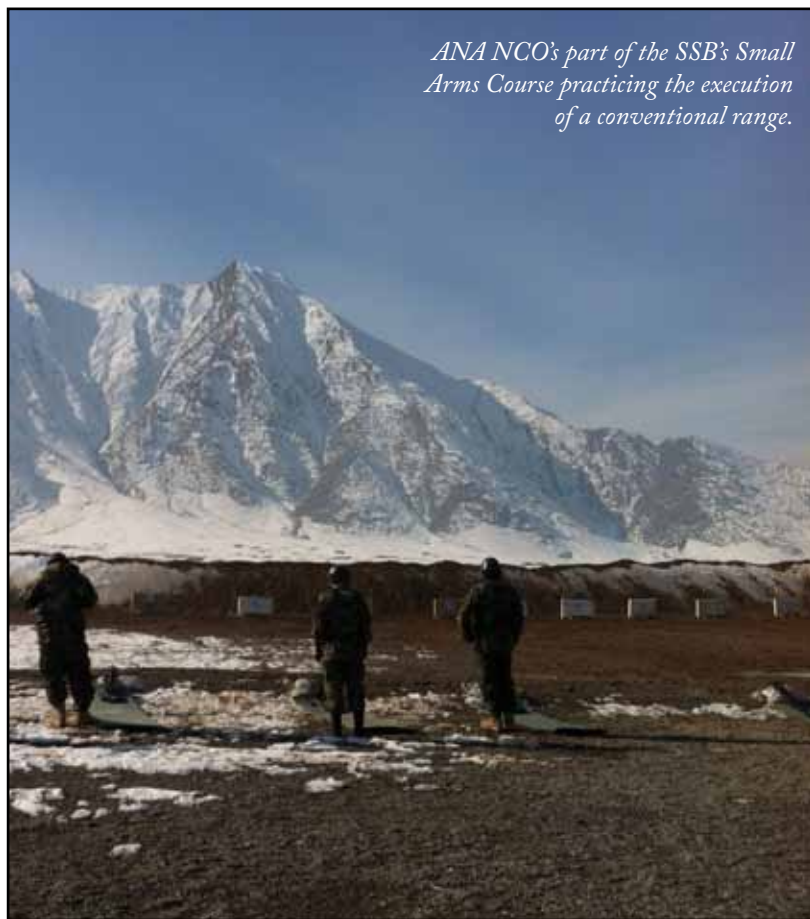
mentors of the Soldier Training Brigades on more effective learning plans and more effective ways of delivering warrior training with literacy so that both skills complimented each other. The literacy lesson plans were thus built for a military audience and included trade specific instruction depending on the audience, whether it was general recruits, leadership

courses, artillery courses or special forces courses, literacy adapted to better serve each group with military specific content. This lead to great success exclusive to the KMTC where our 10% of arriving recruits with grade 1 level literacy rose to as high as 90% of the original group at the end of their 12 week basic warrior course.

Ultimately I am grateful for the experience and the amazing team I was surrounded with. One element that truly affects a team and your personal experience on any operation is the cohesion and morale with those around you, and I was lucky enough to work with and alongside some great people with vast repertoires of knowledge, from the MWO with 3 previous tours in Afghanistan to the contractor with 8 years in country to the Afghan who has been living and persevering through conflict his entire life. Not too mention the various coalition partners who definitely value the quality and work ethic the Canadian soldier and officer bring to the coalition table. It was a humbling experience and great opportunity, and I can only hope to serve with the same calibre of individuals on further operations.



Driving through a 1000 man dismounted ANA Soldier Training Kandak in loose file!



ANA NCO's part of the SSB's Small Arms Course practicing the execution of a conventional range.

The Canadian War Museum

Par le Slt Gabriel Banica

Arrivant au Musée canadien de la guerre, on voit le bâtiment qui émerge du sol, et sa taille imposante et ses murs de béton massifs nous font penser à un bunker ou un château fort, ou simplement à ce que l'armée canadienne est. Le bâtiment a aussi une partie végétalisée en harmonie avec son milieu naturel, ce que l'armée canadienne cherche à suivre. Les espaces intérieurs sont larges, aérés et simples. Une exposition en hommage aux victimes de la guerre mondiale, l'holocauste est présente dans le hall d'entrée.

La visite continue dans une grande galerie où des véhicules blindés, datant de la Première Guerre mondiale, sont exposés. Voir ces machines extrêmes, qui ont contribué au succès des missions de notre armée, est un moment rare. On peut nommer le Char Léopard C2 du Régiment Royal Canadiens (un blindage de 110mm, un canon de 105mm et il peut se déplacer à une vitesse de 65km/h). Également, on voit les canons de la marine et un avion de chasse.

La visite continue avec l'art de la guerre des Premières Nations et des colons européens. Les confrontations entre les Français et les Anglais ont duré près de 150 ans pour se terminer à la Bataille des Plaines d'Abraham le 13 septembre 1759. Le Canada participe aussi à la

guerre des Boers et, par la suite, à la Première Guerre mondiale. La bataille de Vimy, en 1917, permit au Canada de se démarquer de la Grande-Bretagne et devenir un pays à part entière.

Par la suite, le Canada participa à la Deuxième Guerre mondiale. Durant cette période, 70% de la production industrielle est destinée à la guerre, ainsi que nos ressources minérales, énergétiques, forestières et agricoles. À cette époque, le Canada produit 8653 navires, 16 418 avions, 42 966 artilleries, 50 663 blindés, 815 729 camions et, enfin, 1 767 392 armes légères. La dernière exposition est faite pour la patrouille de Nord, un effort militaire pour assurer la souveraineté du Canada en Arctique.

Enfin, une place est dédiée à la commémoration des militaires morts au combat et à honorer leur sacrifice.

Le Musée canadien de la guerre reflète la position de notre armée à assurer la sécurité de pays, à défendre le Canada en tout temps et à demeurer une institution solide comme le roc.

Je remercie le commandement du Régiment Royal de Montréal d'avoir organisé cette journée au Musée canadien de la guerre et de nous y avoir invités.

Other point of view

By 2Lt Benyamin Eisenbruk

John Adams once said, "Liberty cannot be preserved without general knowledge among the people." This is why, in my opinion, the most meaningful part of my War Museum visit was its motto "*Educate. Preserve. Remember.*"

Without any doubt, it is the **education** of history from the Boer war to the Afghanistan mission that gives a sense of relevance to the whole institution and gives significance to all its artefacts.

Unlike conventional museums which typically only cover the past, the CWM's design is focused on regeneration and sustainability, which I find to be a key symbolic factor to preserve our history and values, but is also in touch with preserving the environment for future generations by its own sustainable architectural design.

Probably like most visitors, the bunker-like design of the museum awakened me on entering, but looking at it post-visit, it resembled more the German bunkers on Juno beach which Canadian soldiers, among others, faced during landing on D-day.

How could a visit at the CWM not remind anyone that Freedom isn't free?

www.warmuseum.ca



We Shall Remember Them

*By Captain G. Furbolter
Regimental Museum Officer*

In December 2013, a wooden crate measuring 1m x .45m x .16m and weighing 75 kgs arrived at the Regimental Museum. In this package was a Grave Marker made of Portland stone. This was a standard Commonwealth War Graves Commission marker. The same type used for hundreds of thousands of soldier's graves though out France and Flanders. But this marker was special, its inscription, it said "A CAPTAIN OF THE GREAT WAR, 14TH BN CANADIAN INFANTRY, KNOWN UNTO GOD".

The Man

August 1914, at the start of The Great War, Captain Richard Steacie was a Westmount Resident, husband to Alice Kate MacWood, father of Edgar William Richard Steacie and a Captain of the 1st Regiment, Canadian Grenadier Guards. Richard Steacie was one of the first to enlist and a founding member of the RMR. Initially he was OC of B Coy of an 8 Coy unit and later as 2 i/c of 2 Coy when The RMR reorganized into a four Coy unit. Within three months he was in England and in France in 8 months. During those months, he routinely wrote his son.

The Battle

The 2nd battle of Ypres started on the 22 April 1915 outside the city of Ypres, Belgium. The Germans used poison gas against Algerian troops, whom broke and in the process created a huge gap in the Allied lines. The Canadian 1st Division was used to stop the German offensive. The RMR was in reserve at the start of the battle with No 2 Coy detached and in the town of St Julien. No 2

Coy was ordered north of St Julien. During this move, No 2 Coy was engaged by the Germans and Capt Steacie was killed with by bullet in the neck. "We marched up the road in column of route and Capt Steacie was struck by the first volley from the Germans" Sgt Fred Bagnell. Sgt Sam Elliot, a relative of Richard Steacie, propped up Capt Steacie against a tree, wanting to recover his personnel effects for the family, but the fighting was too intense and he had to abandon his attempt. He came back after the battle, but could not locate the remains.

The Burial

After four years of static warfare, the grim task of searching the battlefield for remains commenced and lasted for years. The remains of a 14th Cdn Inf Bn Captain with no identification was eventually discovered and brought to Poelcappelle British Cemetery. Poelcappelle is a battlefield clearance cemetery and remains throughout the area were transported there for burial. The cemetery holds 7,479 servicemen and of which 6,230 are unidentified.

Captain Richard Steacie was considered missing along with 200 hundred RMR in Belgium. To commemorate him and all missing servicemen, his name was placed on the Menin Gate Memorial. This huge memorial lists over 54,000 missing in the Ypres salient.

The Discovery

In August 2008, LCol Robinson and I visited the Menin Gate in Ypres, Belgium for the first time. It is an awe inspiring and somber monument. There are so many missing in a relatively small area. The missing is listed in Order of Battle and by rank within Units. Looking at the 14th Cdn Inf Bn, there is only one Captain Missing in all of Belgium, Richard Steacie.

In December, I was advised that in the book "King and Empire", there is a story about the burial of an unknown Capt of the 14th Bn Cdn Inf buried at Poelcappelle. The assumption was that this is the grave of Captain Richard Steacie. If that being true, I wonder if any thing can be done. The RMR has one missing Captain in Belgium and there is one unknown RMR Captain buried. Why does this unknown grave exist? Is there some reason or purpose? Is this known at a higher level? If



UNKNOWN CAPTAIN OF THE 14th CANADIAN INFANTRY BATTALLION (R.M.R) CEF

so, why does the grave have to stay as an unknown? If not, can something be done? Can the grave marker be replaced? Richard Steacie served the Empire and gave his all. He was a person and deserves to rest in peace with dignity. His family deserves closure.

The Change

In January 2009, I start the investigation process, little realizing how long it would take. I contact the Directorate of History and Heritage (DHH) Casualty Identification department, Ms. Laurel Clegg. I propose to DHH that the unknown officer is Captain Richard Steacie. In April, DHH accepts that the grave is that of Captain Richard Steacie. The proposal is forwarded to the Commonwealth War Graves Commission (CWGC).

February 2010, the CWGC (Americas Department) advise me that they are investigating the file. They are reviewing the files and service records to eliminate other possibilities. That the remains could be a recently promoted Lt or a member from another unit like the 13th Bn attached to the RMR.

In May, I am on a Battlefield Tour in France & Flanders. I visit the grave of the unknown Captain of the 14th Bn at Poelcappelle British Cemetery. There are a few RMR buried in that huge and lonely cemetery. Even knowing where the grave was buried, actually finding it was difficult. Stumbling upon it by chance, the odds would be slim.

For the next two years, there is little activity and progress in the file.

In March 2013, I am contacted by Pam Steacie, great granddaughter of Captain Richard Steacie. She intends to visit Ypres, Belgium in June and wanted to know if there has been any progress. Events begin to rapidly accelerate. I contact Dominique Boulais, CWGC for an update. Within a couple of weeks, CWGC (Americas) agrees that the grave is that of Captain Richard Steacie. The recommendation is submitted



to the Head Office in the UK. In early April, the CWGC Head Office accepts the findings that the grave is that of Captain Richard Steacie. His name will formerly be listed as buried in Poelcappelle and no longer considered missing. MISSION ACCOMPLISHED! ... or so I thought.

The CWGC needs more details and I assist them to make contact with the descendants so they can provide pertinent information/ documentary proof. With these rapid developments, I provide an update to a few individuals aware of the case. Michel Gravel (RMR Historian) inquires if we can obtain the old grave marker for the Regimental Museum. It's a great idea! I follow up with CWGC and within days, permission is granted to the RMR Museum to obtain the grave marker under certain conditions. First, The Regimental museum arranges to collect and ship the headstone from Ypres to Canada at their expense and second, when the headstone is no longer required the Regiment must undertake to ensure that it is destroyed to prevent any misuse. Retrieving this marker will be our next daunting task.

At the same time, we receive a message from Dick Steacie, grandson of Capt Steacie, thanking the Regiment for its efforts in identifying his grandfather and emphasizing the importance to the Steacie family.



UNKNOWN CAPTAIN OF THE 14th CANADIAN INFANTRY BATTALLION (R.M.R) CEF

In June, the marker is changed and a few days later, Pam Steacie, great grand daughter, visits the new GM. The first time in 98 years the Steacie family was able to pay their respect in person.

The Transportation

With the primary objective accomplished, the focus switched to the new task. In July, Logistic discussions were started with Martin Menard, Cargo Contracts and Resources, Air Canada. Martin's involvement was providence. Martin is Ron Zemancik's neighbour and once Ron explained the situation, he offered to help bring the GM to Canada. During our discussions, there were a lot of factors to consider, the particulars of Grave Marker, size, weight, clean from any agricultural contamination, packaging, shipment from Ypres to Paris, costs involved, shipment from Paris to Montreal, customs documentation, acceptance of the package, transportation from the airport to the Armoury. There were a lot of details to review and decide upon.

Martin's role was to organize the transportation from Paris to Montreal and make the arrangements to clear Canada Customs. What was required was to get the GM transported from Ypres to Paris. To accomplish this, Pierre Pilon, Manager

Transportation Strategy & AOG Logistics was invited to participate in the GM project and he gratefully accepted. Pierre's specialty is ground transportation, which was much needed.

In autumn, Martin advised The RMR that this story received high level support by Air Canada Cargo. There would be no costs to The RMR. It was all pro bono. This was great news!

The pressure was on to have this moved by mid-December. Christmas was approaching and AC Cargo was going to be booked solid. In the beginning of December, the arrangements were made. The GM was to be picked up by Sterling Transportation and Sterling also offered to make this a pro bono operation to the RMR. A much welcomed surprise.

On the morning of the 09 December, Sterling Transportation picked up the GM and within a few hours, had transported the GM from Ypres to Paris. The first stage had gone smoothly. The GM was now with AC Cargo and they were well prepared for it and were going to give it the best of care. The GM was loaded onto Flight AC870 / 10 Dec, Paris (CDG) to Montreal (YUL). It arrived into Montreal on time. The second stage went just as smooth.

The Arrival

The next day, Ron Zemancik went to Canada Customs at Trudeau airport to pick up the GM. All the documentation was well prepared and went through Customs hassle free.

The next day it was delivered to the RMR Museum safe and sound. The entire transportation phase of the grave marker was executed flawlessly.

After 98 years, a RMR Officer who made the supreme sacrifice was given his just dues and this journey of an unknown Captain of the 14th Cdn Inf Bn came to a conclusion.





100 ans au service du Canada ✦ 100 years of service to Canada



**Barrette à la Décoration canadienne
pour 22 années de loyaux services**

Cpl Laciak et l'Adj (ret) Jordan.



Médaille du Jubilé de diamant de la Reine Elizabeth II

M. Lambertucci, Adj (ret) Jordan, Sgt Hill et le Sgt (ret) Yu.



**Barrette à l'Étoile de campagne générale
Asie du Sud-Ouest**

Capt Delplace, Sgt Rutkowski, Cpl Iaconetti,
Sgt Lavigne, Cpl Sheets, Cpl Laciak et le Cpl Zerkler.



Commendations and Awards



Mention élogieuse du Commandant du 34^e GBT : Cplc McNair.
Mention élogieuse du Commandant du RMR : Cpl Daoust et le Cpl Iaconetti.
Brevet d'officier : Capt Furholter, Lt Anani et le Lt Szostak.
Trophée du meilleur soldat : Cpl McLeod.
Trophée de la meilleure amélioration : Cpl Jasmin.

Félicitations!



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Promotions

Lt Anani, Lt Szsotak, Slt Ruiz-Laing, Slt Rousseau-Filtean, Sgt McNair, Sgt ElKhoury, Cplc Ancil, Cpl Prince-Finkelstein et le Cpl Silber.

Félicitations!



RMR Museum : The year in review



By Ron Zemancik

Once again this past year the RMR was invited to attend the Military Cultural Festival held at the old port over the Labor Day weekend. The theme was "From Wool to Kevlar", and the regiment was asked to provide such items as mess dress, and dress blues for display. In addition we also



provided items of clothing that families sent to the soldiers from Canada in 1942. There were sweaters, socks, and scarves knitted in the RMR colors, along with the old standby of a RMR blue sweat shirt with the regimental crest. Just what the troops needed for a cold and damp winter training session in England. Also on display was a barrack box from LCol. Lewis, CO of the unit in 1944.

In December the museum received a call from Miss Kelly Barta, a teacher at the Sunshine Academy in D.D.O. Her grade 5 students were reading a book on WWII in Denmark and were very interested in how a Canadian soldier was dressed and

equipped in WWII. We arrived with our WWII mannequin along with a number of helmets for a show and tell with the students. Kelly also asked if we could talk a little on the mission to Afghanistan. To make it more interesting for the students we brought along an example of an IMP and a MRE, to let the students see what the troops would eat in the field. They were suitably impressed with the chow.

After a six year wait, the good folks at Directorate of History and Heritage (DHH) in Ottawa persevered and were able to bring back an RPG-7 from Afghanistan for the museum. Once we had the green light for a pick up the RQ, MCpl Fulop, had the all important paperwork sorted out in record time, and it was off to Ottawa to pick up our new museum addition. Our RPG-7 was made in 1974 at the Tula Arsenal and was probably brought to Afghanistan during the Russian invasion in the early 80's. After which the Taliban appropriated it to use against the coalition troops.

Another addition to the museum collection is a cap badge from the 117th Battalion (Eastern Townships), Canadian Expeditionary Force (CEF). This unit was formed in the Eastern Townships and shortly after it arrived in England it was disbanded, its members were then transferred to other units such as the 23rd Reserve Bn. Later they were assigned to the 14th Bn. Some notables were John Watson and Fred West MM & Bar. Fred West's medals and other memorabilia now reside in the museum. For more information on the 117th Bn. Visit their site at www.117thbattalion.com



EXERCISE POLAR STRIKE 2014



By Lt Anani
RMR Platoon Commander

Polar Strike (PS14) was a winter warfare Ex that had a more ambitious goal than any other winter warfare Ex the Royal Montreal Regiment (RMR) deployed on. The main effort was focused on training safety, communication, winter warfare and leadership but PS14 also included all of the mainstream infantry tasks such as conducting offensive and defensive operations but spiked up with a lot of ice. The RMR had worked up to this Ex since the beginning of the training year under A Company (Coy) of the TBG, along with the Canadian Grenadier Guards (CGG) and the 4th Royal 22nd Regiment (4R22^eR).

PS14 was a deliberate Ex that started in January. It had many names but in the end it would only be remembered as PS14. It began with Quorum Numérique (QN) which took place on the 24th to the 26th of January 2014 in CFB Valcartier. It was a training Ex based on a simulation of the complete scenario of PS14 on a computer program titled the "JCATS" and its main effort was to build the command & control as well as communications skills of the Montreal TBG as well as A and B Coy command teams.

It then followed through with Quorum Préparation which took place on the 14th to the 16th of February 2014 in CFB Valcartier. It was a small rehearsal of PS14 which

focused on building platoon cohesion and sharpening the skills learnt on the winter warfare basic course. It was a fast paced Ex with a lot of tasks to complete but nonetheless the RMR Platoon took on the challenge and came together as a Platoon to prepare them for PS14.

PS14 took place on the 1st to the 8th of March 2014 in Chisasibi Quebec. The RMR Platoon deployed with either the advance party or with the main body but they all linked up on the 2nd of March in the coy patrol hide. Unlike the usual winter warfare Ex, PS14 was a tactical Ex which brought a new challenge to all its participants and when the RMR Platoon was assembled they spent the evening working on tent routine.

On March 3rd, The RMR platoon occupied their defensive position where they built four trenches, it was initially a challenge due to the restriction on cutting trees but time quickly became the key factor. The occupation was like a strategy game where every player had a crucial role to accomplish, be it cutting snow blocks, digging in or transporting the logs of trees the combat engineers dropped off, only one thing was sure; there was no place for individuals as only a synchronized team effort would be required to build solid arctic trenches with ice crete. At the end of the day the RMR completely built all four trench successfully and camouflaged the position to the extent where, when the platoon moved 100

meters to observe the position they couldn't locate the trenches which was an indicator of a job well done.

On March 4th, The RMR Platoon moved 3KMs away of the defensive position only to switch roles! During the defensive position the RMR platoon along with the remainder of the infantry platoons deployed on the Ex were the enemy forces that the armored recce platoon had to recce. After switching from the opposing forces to friendly forces the RMR platoon under A Coy stepped off with an advance to contact all the way to a new coy hide location to prepare for a deliberate attack which was to be conducted as a live fire range on the next day.

On March 5th, A Coy conducted a platoon attack by fire in succession starting with the 4R22^eR followed by the RMR and ending with the CGGs. At the end of the day the RMR Platoon became renowned for their effectiveness because there was not a pause during the fire fight, this was thanks to the RMR leadership and the professionalism the RMR troops portrayed on the Ex.

On March 6th It was the last day where the RMR platoon was together, we sent up a section to participate on the culture day with 4R22^eR and the natives of Chisasibi, another section was detached with the CGG on an army exposition (Show and Tell) in downtown Chisasibi, and all the RMR platoon as well as all the RMR



members deployed on the Ex met up at the hockey arena to watch a hockey game between the Montreal TBG and the natives of Chisasibi, where for the purpose of saving ink on paper I won't mention the score but the natives did smoke us out!

On March 7th, the teardown took place and re-deployment back to Montreal. And to end it on a good note, there was many photo-shoot session between the TGB, Coy's and units and the RMR decided to take one with the rangers and this was the official End Ex.

I would like to thank all the members of the RMR Platoon for their dedication towards the unit and the level of professionalism they maintained while deployed in Chisasibi. Nonetheless, I dedicate special thanks to Op Coy, Instr Coy and the RMR family alike as without their support we would not have deployed with such great numbers and had the greatest morale in the 34th CBG.



Considérons la sécurité

*Par le Capitaine Eric Provencher, ing.
Officier de sécurité générale, RMR*

Le manège de la rue Ste-Catherine est la maison du Royal Montreal Regiment depuis 1926. Cet édifice de pierres et de briques abrite maintenant non seulement le RMR, mais aussi le 34^e Escadron des Communications, un corps de cadets, et la Branche 14 de la Légion royale du Canada. Elle est utilisée par toutes ces entités, mais aussi par divers organismes, associations, regroupements, etc...

Cependant, il ne faut pas oublier que ce bâtiment, que nous chérissons comme notre résidence, est avant tout la propriété du ministère de la Défense nationale en bail emphytéotique à la Ville de Westmount dont le commandant paie le dollar symbolique chaque année au maire. Il est donc assujéti aux ordres et directives relatives à la sécurité générale de tout bâtiment du MDN.

Étant un établissement militaire, sa sécurité est primordiale et tous les membres en sont responsables. Voici quelques rappels des principales directives de sécurité à respecter :

1. L'accès au bâtiment est restreint à ceux qui y ont à faire; c'est-à-dire au personnel militaire et à leurs invités ainsi que les civils voulant s'informer sur les procédures d'enrôlement. Les autres personnes autorisées sont les pompiers, les commissionnaires, les civils participant à une activité dûment autorisée. Toute personne suspecte ou qui ne semble pas à sa place doit être interceptée et questionnée sur les raisons de sa présence à l'intérieur du manège;

2. Les portes donnant sur l'extérieur du bâtiment doivent être gardées fermées en tout temps, sauf lorsqu'un membre garde cette porte afin d'en contrôler les entrées et sorties. Ces portes ne peuvent être gardées ouvertes (par une boîte de conserve, un

morceau de brique ou autre objet) sans surveillance active. Toute personne qui observe une de ces portes ouverte sans être gardée doit la fermer immédiatement;

3. Les portes-coupe-feu des cages d'escalier ne doivent pas être laissées ouvertes sans raison valable (sortir ou entrer de l'équipement, des armes, etc.). Ces portes ont une résistance au feu de 2 heures et ont comme fonction de bloquer les flammes et la fumée en cas d'incendie afin permettre aux gens d'évacuer de manière sécuritaire. Toute personne qui observe une de ces portes ouverte sans raison valable doit la fermer immédiatement;

4. Il y a des zones restreintes à l'intérieur du bâtiment, par exemple la salle des rapports, le quartier-maître, etc. Seulement le personnel autorisé et/ou les personnes invitées à y entrer sont autorisés à y pénétrer. Ces zones sont restreintes afin de protéger les documents ou les biens qui y sont présents. Respectez ces consignes; et

5. Enfin, tout personnel, situation, objet inusité, bizarre ou qui ne semble pas être à ça place doit être reporté sur le champ à votre supérieur immédiat ou à la personne en devoir afin d'être investiguée plus avant afin d'en évaluer le danger.

Ces directives peuvent vous sembler pénibles et superflues, mais elles sont mises en place afin d'assurer la sécurité de tous les usagers. Les activités associées avec notre 100^e anniversaire feront en sorte que nous ayons un afflux accru de visiteurs à l'intérieur de nos murs et ils ne sont pas tous aux faits de nos procédures de sécurité. Faisons donc en sorte que notre manège soit un milieu sécuritaire et accueillant pour eux et pour nous.



MURRAY, Walter — It is with great sadness that the RMR mourned the passing of Major Walter Murray, on 3 May 2013. Born on Christmas day 1932 to Murdo Ewan Murray and Edythe Euphemia Murray (nee MacDonald) on the family farm, Township of Whitton, Province of Quebec, he was the fifth in a family of three boys and three girls. He traced his Scottish ancestry through Hebridian forebears from the Isle of Lewis, Scotland.

Despite never serving directly with the RMR, Major Murray was always a great supporter of our Regiment during his tenure as Chief of Staff, District 1. Indeed, in the words of his close friend General (Ret'd) Peter Cameron, Major Murray was there "to help when the RMR needed help." In particular, it was thanks to the direct intervention of Major Murray that our Regiment was assigned LCol G.J. Javornik

MUSTARD, Peter — Very peacefully, Peter died on the morning of Monday, October 21, 2013 in the Veterans' Wing of Sunnybrook Hospital after a long illness. Beloved and loving, he was the husband of Binty (Margaret), father of Susan (Martin Foster), Julia (Alex Lowy) and grandfather of Andre and Benjamin Lowy. Peter was born in Montreal in

and his successor, LCol R.J. Brooks to serve as our CO. Again, to quote Gen Cameron, he and Major Murray believed that "an excellent Unit deserves excellent Officers." With such men standing guard over us, the RMR was truly blessed. Today, we proudly strive to be worthy of the noble inheritance bequeathed to us by Major Murray, and which we are honored to call our own.

In the wake of her husbands' passing, Mrs. Nancy Murray contacted the RMR to donate six glasses engraved with the RMR crest. These glasses had been presented to Major Murray by the RMR in gratitude for his support over the years. Upon his death, it was Mrs. Murray's wish that they be returned to us. The donation of the glasses reminded us of the close bonds of friendship shared with Major Murray and the esteem in which we held him. As we prepare to celebrate the Centennial Anniversary of our Regiment, this has breathed new life into an important chapter of our history.

Walter is survived by his dear wife Nancy, by his son Pierre and wife Rolanda and grandson Aidan of whom he was immensely proud.

1918, and educated at Lower Canada College. In 1940, he went overseas with the Royal Montreal Regiment, ending his army career as Canadian Personal Assistant to Field Marshal Montgomery. Returning to Canada as a married man, he resumed his work with the Prudential Assurance Co. of London where he stayed until his



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Lest we forget Nous nous souviendrons

BROOKS, Robert Joseph (Bob) — Passed away suddenly on Sunday, July 28, 2013. Loving husband of Margaret (McGowan) Brooks, father of Donna Brooks and Robert T. Brooks, grandfather of Brody, Dylan, Sydney and Emerson. Loving brother of Lynda (Brooks) Donovan, brother-in-law of Richard Donovan, brother-in-law of Gladys (McGowan) Ulley, many nieces and nephews as well as close friends.

Honourary Colonel Brooks was the Honourary Colonel of The Stormont, Dundas & Glengarry Highlanders, a past Commanding Officer and Honourary LCol of The Stormont, Dundas &



Glengarry Highlanders, and a past Commanding Officer The Royal Montreal Regiment, and the 712 Communications Squadron (now 34 Signals Regiment). He also served as Squadron Commander with The Royal Canadian Hussars, and as a sapper with 3 Field Engineer Regiment (now 34 Combat Engineer Regiment).

retirement. Peter was a great lover of nature and some of his happiest times were spent in the mountains, hiking or skiing. He was an accomplished artist and craftsman, having created many works of art, including a log cabin, sculpture, woodworking, pottery and painting. The Sunnybrook Creative Arts and Music Therapy Program provided him

with the opportunity to pursue these passions. The family is profoundly grateful to the nurses on K2E and LTSW, and all the therapists and doctors for their professional competence and generous friendship during Peter's nine Sunnybrook years. A special thanks to Connie for her loving care and devotion over the years.