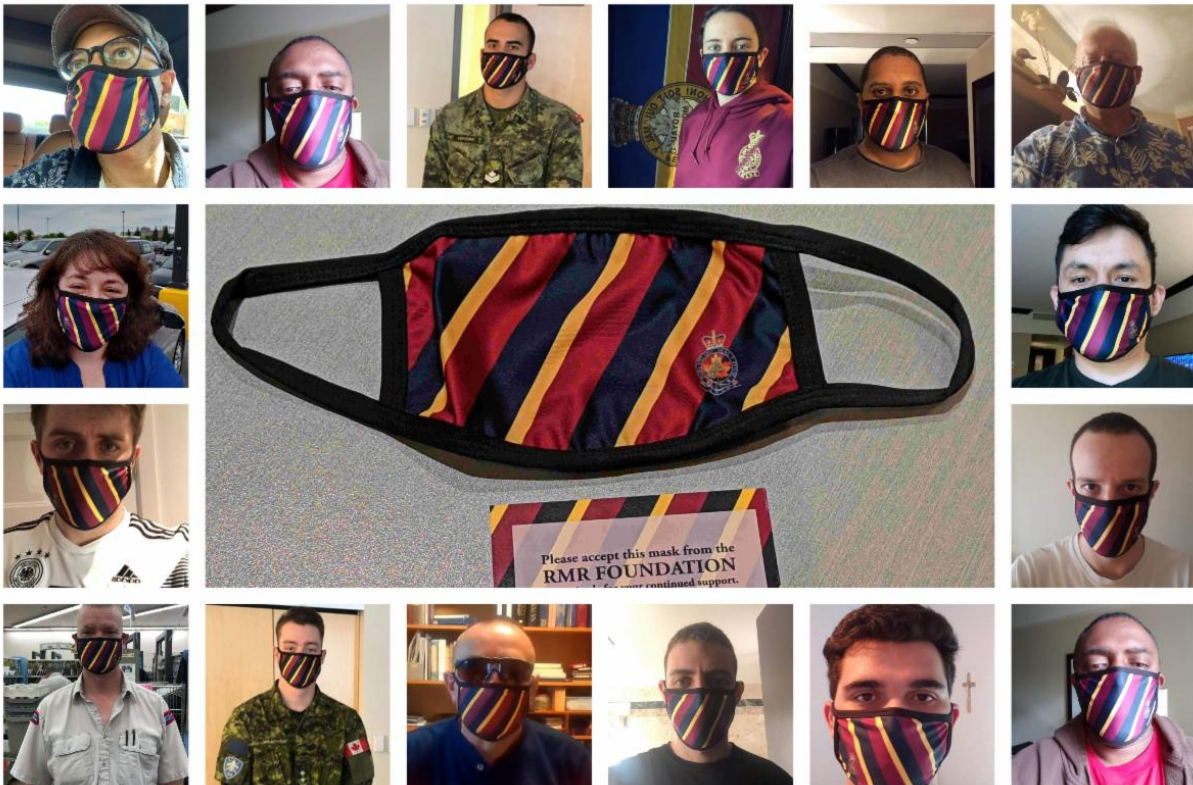


Hi, just a reminder that you're receiving this email because you have expressed an interest in Fondation RMR Foundation. Don't forget to add info@royalmontréalregiment.com to your address book so we'll be sure to land in your inbox!

You may [unsubscribe](#) if you no longer wish to receive our emails.

**July
2020**



The INTERCOM

The INTERCOM is the RMR family's newsletter, which originally started as "The Bugler" in 1914 on the troopship carrying the 14th Bn (RMR) overseas. Censorship quickly squashed the initiative, but the RMR tried again in 1916 with "The Growler" (which was also squashed!).

In WW2 the RMR had two battalions, one overseas from 1939-45, and a Home unit stationed in Westmount. In an effort to boost morale and keep the lines of communication open between the two battalions, the "Intercomn" ("n" intentional) was born.

The current "Intercom" is published monthly and is intended to keep the friends & family of the Regiment up to speed with the accomplishments of the current serving members of the Regiment and all affiliated organizations.

Happy Canada Day!

Covid 19 has restricted one of my favourite Canada Day activities that the RMR has recently taken on as a tradition: [supporting citizenship ceremonies](#). It is a wonderful feeling to participate in these warm yet dignified ceremonies where our neighbours become our fellow citizens. For those of us who were fortunate enough to have won "the lottery of life" and were born here in Canada, it is a great reminder of just how lucky we are, and how much people will sacrifice in order to have access to the same opportunities that we have taken for granted ever since we first drew breath.

It has been impressive to see how the RMR Family has adapted to the Covid reality and overcome challenges to ensure that the missions are still accomplished. More than 50 RMR soldiers volunteered for deployment as part of Op LASER into CHLSD's, and at the time of writing, nearly a dozen are still in strict isolation as part of their post-tour quarantine protocols. The RMR Association (Branch 14) has stepped up to help the deployed soldiers with supplementary rations and Tim Hortons gift cards, both as a 'thank you' and as an encouragement for the important work being done.

Other aspects of 'normalcy' were promotions continuing (story below), and the amazing accomplishment of the leaders of the RMR's affiliated Cadet units who organized 'virtual parades' that included awards, promotions, addresses, flash mobs, and musical interludes from the joint Squadron-Corps band (# 1 Squadron + CC 2862). The level of involvement from all ranks within the Cadet units and the overall delivery of the 'virtual parades' were impressive and demonstrated the power of leadership. You can read about them below.

Please take a moment to read this selection of the accomplishments of the RMR Family over the past month that are shown below - and to reflect just how lucky we are to be living in a country like Canada. As well, please take a few moments to think of or utter a prayer for deployed RMR members and those of our extended regimental family who are battling illness or disease.

On behalf of the Honorary Lieutenant-Colonel, David Bensadoun, the Regiment's Commanding Officer, Lieutenant-Colonel John Shone, and the Regimental Sergeant-Major, Chief-Warrant Officer Stephan Leroux, please accept our continued best wishes for a wonderful Canada Day.

Honi Soit Qui Mal Y Pense.

A handwritten signature in black ink, appearing to read 'Colin Robinson', with a large, sweeping flourish underneath.

LCol (ret'd) Colin Robinson, CD
Honorary Colonel



RMR Intercom being produced during WW2

A fun photo recently discovered in the RMR Museum's digital archive project! Little is known about the origins of the photo, however it is presumed to be part of the 2nd Battalion RMR during training in Farnham during the early 1940's.



PROMOTION DURING A PANDEMIC

Major Dexter Ruiz-Lang

Westmount, Quebec - 12 June 2020: In a small ceremony that is certainly a 'sign of the times', the RMR's Commanding Officer, Lieutenant-Colonel John Shone promoted Major Dexter Ruiz-Lang, Officer Commanding 'B' Coy, in a physically distanced fashion on the parade square last Monday 08 June 2020.

[Read the complete article here](#)



VIRTUAL CADET PARADES

Annual Cadet Reviews move online for 2020

Westmount, Quebec - 31 May 2020: In a definite sign of the times, cadet units affiliated with the RMR have adapted quickly to help their cadets finish their training year with some semblance of normalcy.

Certainly haircuts were not being inspected, nor was it possible to ascertain the brilliance of a shine on a particular pair of drill boots, however the cadets and officers showed up on their Zoom calls in uniform and keen to participate.

Kudos to the officers and senior cadets who worked so hard to ensure that their Cadets were able to experience a sense of accomplishment for all of their achievements throughout the training year.

[Read the full article and see photos here](#)



PANDEMIC FASHION

Regimental face coverings

Westmount, Quebec - 23 June 2020: The RMR Foundation began distributing reusable face coverings decorated in the regimental colours this week.

Free masks were delivered to the armoury for issue to all serving members, and masks have been mailed to all members of the RMR Association (Branch 14) and/or to anyone who has made a donation to the RMR Foundation in the past two years.

If you don't meet the above criteria but would like to receive one, there are a few left, so simply make a donation of \$25.00 or more, indicate in the comments that you'd like to receive a mask, and a mask will be mailed to the address that you indicate for your tax receipt.

Donations can be made here: <https://www.canadahelps.org/en/dn/15455>



Fondation RMR Foundation

The Royal Montreal Regiment Foundation
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Westmount, Quebec H3Z 1S4
royalmontrealregiment.com | rmrmuseum.com

Contact

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The Royal Montreal Regiment
and accept such tasks
designated by the Trustees to
help any member body of the
Regimental Family."*

**Please DONATE to
support the RMR
Family.**