



## October 2022

*The INTERCOM is the RMR family's newsletter, which originally started as "The Bugler" in 1914 on the troopship carrying the 14th Bn (RMR) overseas. Censorship quickly squashed the initiative, but the RMR tried again in 1916 with "The Growler" (which was also squashed!). In WW2 the RMR had two battalions, one overseas from 1939-45, and a Home unit stationed in Westmount. In an effort to boost morale and keep the lines of communication open between the two battalions, the "Intercomn" ("n" intentional) was born. The current "Intercom" (masthead from the the 1950's) is published monthly and is intended to keep the friends & family of the Regiment up to speed with the accomplishments of the current serving members of the Regiment and all affiliated organizations.*



*Corporal Sivaraman undergoing his drills with the NM-72 LAAW as part of background activities on the RMR's PWT3 range weekend on 27-28 August 2022 in Farnham.*

Greetings,

The Regimental Family certainly has been busy over the past month making up for lost time. Covid had restricted so many activities that is now wonderful to see them coming back. From the annual 'Call to Arms' exercise where the image above of Corporal Sivaraman was taken, to the Regimental Reunion 'Smoker', to the new tradition of the RMR Foundation Fundraising Run (heck, it's been done twice now, so it must be a tradition in the RMR!). In fact, there are so many coming up that I figured it would be helpful to recap them for you:

- Poppy Campaign begins: Friday 28 October 2022
- Westmount At War exhibition opens at the RMR: 03 November 2022
- RMR Officers' Mess Reunion Dinner: Friday 04 November 2022
- Remembrance Sunday parade(s): Sunday 06 November 2022

- Battalion Review and change of Honoraries ceremony: Sunday 06 November 2022
- Official reopening of the RMR Museum: Sunday 06 November 2022

On a sad note, we lost a former Honorary Colonel when Lieutenant-Colonel (retired) John Eggenberger died at the age of 90. You can read about his service and access his obituary [here](#).

There are several RMR's currently conducting a battlefield tour in Europe. Ably led by former Commanding Officer and Honorary Colonel, Lieutenant-Colonel (ret'd) Harry Hall, you can follow their exploits on Facebook by searching for Henry Hall. Scroll to the bottom of the newsletter for a teaser photo!

There are some interesting articles below, including some that are highlighting the members of the Regiment who won various trophies and awards at the last Battalion Review held in May after the Church Parade. I encourage you to take a few moments and read them, because those are the folks who are the top performers and leaders in the Regiment, setting the standard for the rest of us to follow.

On behalf of the Honorary Lieutenant-Colonel, David Bensadoun, the Regiment's Commanding Officer, Lieutenant-Colonel Maciej Jonasz, and the Regimental Sergeant-Major, Master-Warrant Officer Jim Quesnel, please accept our continued best wishes.

*Honi Soit Qui Mal Y Pense.*



LCol (ret'd) Colin Robinson, CD  
Editor

## Articles from the past month:



### REGIMENTAL REUNION 'SMOKER' HELD 03 SEPT 2022

Westmount, Quebec – 06 September 2019: The RMR Association held yet another successful reunion 'Smoker' this past Saturday, with lots of folks from all parts of the RMR Family showing up for the seventh annual event (the Reunion Smoker originally started for the RMR's centennial in 2014, but had to take a break for Covid in 2020 and 2021).

[Read more here.](#)

### SERGEANT BERGERON: RMR'S BEST RIFLE SHOT

Westmount, Quebec – 31 July 2022:  
The trophy for the Best Rifle Shot in  
The Royal Montreal Regiment (RMR)

is awarded annually at the Church Parade to the soldier receiving the highest score on his/her annual Personal Weapons Test (PWT). The Regiment's Commanding Officer, Lieutenant-Colonel Shone, and the Regimental Sergeant-Major, Chief Warrant Officer Leroux, were pleased to announce at the Regiment's battalion review parade held on 15 May 2022 that Sergeant Bergeron had earned the Best Rifle Shot Trophy for the 2021-22 training year.



### **RIP: LCol (ret'd) John Eggenberger, OMM, CD, PhD**

Westmount, Quebec – 23 September 2022: The RMR Foundation regrets to announce the death of Lieutenant-Colonel (retired) John Eggenberger, OMM, CD, PhD. He served as the Regiment's Honorary Lieutenant-Colonel from 1985 – 1990 and then as the Honorary Colonel from 1990 – 1994.

[Read his obituary here.](#)

### **MCpl Prince-Pugh Wins Colonel Trent Cup**

Westmount, Quebec – 10 August 2022: The "Colonel Trent Cup" is given to the most deserving soldier who displayed the best attributes of physical robustness in the previous training year and who is considered to have set the standard for



excellence in overall physical fitness. Master-Corporal Prince-Pugh had earned the Colonel Trent Cup for the 2021-22 training year being deemed as the RMR's fittest soldier.

[Read more here.](#)



## RMR FUNDRAISING RUN 2022

Westmount, Quebec – 30 September 2022: The RMR Foundation sponsored a 'RMR Fundraising Run' primarily as a team-building activity and to strengthen the links between The Royal Montreal Regiment (RMR), and its affiliated cadet units. Executed as a fundraising running/fitness challenge for the Cadet units and the RMR Foundation, the volunteer participants trained over the summer to complete 5K, 10k, 15k, 21.1k, or 26.1k runs on 25 September 2022. Donations to the RMR Foundation qualify for a tax receipt (sent automatically when donations are made online) and the funds will be distributed to our affiliated cadet units in support of local initiatives that align with the charitable mission of the Foundation, subject to approval by the Foundation Directors.

[Donate here.](#)

## Hampstead Trophy Awarded to Captain Be

Westmount, Quebec – 18 August 2022: At the Regiment's battalion review parade held on 15 May 2022, Pro-Mayor Leon Elfassy of Hampstead presented The Hampstead Trophy for Community Service to Captain Rici Be. The Hampstead Trophy was presented to Captain Rici Be for his exceptional community service in having volunteered to serve as part of a **humanitarian mission in Roumania** to help the millions of Displaced Persons, Evacuees, and Refugees fleeing the Russian invasion of Ukraine.

[Read more here.](#)





## RMR PILGRIMAGE: 2022 Battlefield Tour

Comrades from the RMR Association (Branch 14) paying their respects on 29 September 2022.

### About the RMR Foundation



Foundation

The RMR Foundation is a non-profit incorporated body with charitable status, designed to

*"Serve the best interests of The Royal Montreal Regiment and accept such tasks designated by the Trustees to help any member body of the Regimental Family."*

Donations help with providing emergency financial assistance to RMR soldiers identified by the chain of command, and providing relief to veterans of the RMR.

Beyond direct veteran support, the RMR Foundation provides assistance for the needs of the RMR family, advises on request, the CO of the RMR or any of its affiliated units, promotes the role of the Reserve Forces within the Canadian Armed Forces and the Regiment's affiliated municipalities, lobbies for the promotion of a more effective

Canadian Defence Force, funds the operation of the RMR Museum's annual exhibitions, and supports the *Je Me Souviens* education program which provides free materials to supplement Quebec's history curriculum.

**Please DONATE to support the RMR Family**

Tax receipts issued automatically.

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[royalmontrealregiment.com](http://royalmontrealregiment.com)



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